

1991 MANSION WORLD TEACHINGS

Proclamation of The Arrival of Prince Machiventa Melchizedek / Welcome To Change
Abraham & Ham, WOODS CROSS, UTAH 01-01-1991

Welcome To Change. A New Horizon On Urantia

[Editor's note: The date associated with this entry (01-01-1991) has no significance, but used only for allowing this document to be put before all others. In our attempts to name this website for which these lessons would be categorized and stored we make mention that all our first attempts for a title/name, the Internet 'powers that be' would not accept as 'available' our entries for titles, such as: "Teaching Mission Lessons," or "Lessons from Abraham," or "Michael's Correcting Time Teaching Mission," and etc. The only name that the Internet would accept was 'Mansion World Teachings.' Then, in the submissions of all near one-thousand weekly transmissions (which were submitted in chronological order starting 1991 and so forth), the first lesson that initially appeared on the website was the following transmission from January 2, 1996. Note in its first paragraph (of 1996), Abraham's statement that these lessons are: "...the early lessons that you discover on the Mansion Worlds." This document, then, is simply introductory.]

There are Seven Mansion Words Where Mortals Ascend To After Death. They are often referred to as the Correction Worlds. (click here for Urantia Book info. in the Seven Mansion Worlds)

Abraham, Woods Cross, Utah January 2, 1996

"I have spoken to you on your part in this family of Father. As well, I have attempted to bring forth your sense of family togetherness within this group and other mortals you have contact with. It is my goal to bring to you the early lessons that you discover on the Mansion Worlds. I have said, these teachings are to propel you forward in your spiritual learning that you may teach others. I say, signs of a world stepping forward into Light and Life are beginning to shine. I rejoice and give my gratitude to a Father who is so watchful of every universal detail."

HAM -- Announcement at the Urantia Fellowship General Assembly
(this year held in Los Angeles, CA)

Welcome To Change Arrival of Prince Machiventa ?February 01, 1992

HAM: The Light of God surrounds us. The Love of God enfolds us. The Power of God protects us. The Presence of God watches over us. Wherever we are He IS.

My profound and sincere greetings to you all this evening. I am HAM. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia. I am one of many Teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many Teachers among you. One moment [connection was difficult]. Great is our Mission understand this in your hearts. One moment. [Pause]

The time has arrived for expanded level of truth to begin correction. We come not for ourselves. No, indeed, rather are we in service of Michael.

This day marks the beginning of the Correcting Time. Machiventa Melchizedek has arrived and has been duly inaugurated as Acting Planetary Prince of Urantia, an assignment he has accepted from Michael.

Long years we have awaited this day. The Lucifer Rebellion is officially ended in Nebadon. The circuits which have isolated your world are being reopened. All these changes are occurring by and in accordance with the plan of Michael. Happy and joyous is this day. Blessed in the sight of our Lord. Gracious listeners, I bid you, welcome to change. We mark the beginning of the reign of Prince Machiventa on this day. Indeed am I happy to serve.

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First Correcting Time Meeting in the US | Introduction of Teacher Ham | Setting the Stage

Ham & Abraham, WOODS CROSS, UTAH 02-28-1991

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Woods Cross Transcripts

(Some personal Q&A's omitted)

The Teachings of Ham under the direction of Machiventa and Abraham

[This is the first meeting with The Correcting Time Teachings in the United States. Also, the first meeting with Teacher Haman ascending mortal who hails from "the Gardens of Edentia," a sphere in our Universe where the Adam's and Eves to the mortal races of the inhabited worlds of time and space are located. Ham had served his mortal years on a world similar to ours, about sixty-thousand years ago.

The following is a historical accounting of the beginning days of the U.S. based Teaching Mission, written by Thern Blackburn (also known as Joshua) of Woods Cross, Utah, a small city about five miles north of Salt Lake City. Most of the meetings with Ham and Abraham (1991 through 1994) were held at Thern's home. Thern passed away in June of 1997. He and his two sons, John and David, recorded and transcribed each week's meeting and sent out dozens of copies of such (on cassette tape) each week to all who expressed an interest. These were the days just preceding the Internet.]

[By Thern Blackburn written in 1993.] To Whom It May Concern: The Woods Cross & Salt Lake City Urantia Book study group had been meeting since May of 1977. Those in attendance has changed over the years. Some have died, moved away, and for various other reasons, stopped coming. Some now attending are new members. Approximately two years ago, one of the members (Jan) told us that she had been contacted by her Thought Adjuster with the message that our group was to receive a Teacher and that she had been asked to be the contact person.

On the morning of Saturday, February 23, 1991, Jan (known in these transcripts as Rebecca) was finally contacted by an invisible being who said his name was Ham and that he would be our group Teacher. He would start this assignment at the next study group meeting which was to be held on Thursday night (February 28, 1991). Those in attendance that night were Ida, Sheila, Doug, Jan and myself (Thern Blackburn).

The meeting was held in Jan's home in Salt Lake City. I recorded this event on a

twenty-five-year-old portable tape recorder. I am sorry to report that the quality of the recording is so poor as to be almost inaudible, which is my reason for putting it on paper. Jan was very nervous and this being the first time she was to serve as a contact transmission-receiver; she didn't know what to do and often interjected her own thoughts into the message Ham was presenting. This caused confusion to herself and Ham as how to proceed. The next day she was contacted by Abraham and was told how to clear her mind so the message could be given without her own thoughts interfering. Much improvement was made in the next two meetings (which were recorded on better equipment).

The following is the record of the meeting as taken from the tape. Some of the meeting and discussion is not in this written record due to inaudibility and confusion. The meeting started with the prayer, using the prayer given by the New Zealand group in prior years, with Abraham as their Teacher.]

*[See the transcript T446 dated July 7th, 2001 wherein Rebecca recounts her initial experience/contact with Ham and Abraham.]

Ham's first Woods Cross, Utah Meeting 02-28-1991

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

It is well to be careful of wording. Peace be with you. Greetings. I will be your Teacher and friend. I am HAM. Do you have any questions at this time?

THERN: Yes. I would like to ask several: Are you the Ham who was a member of the 'Caligastia One-Hundred?' (HAM: No. I worked in the gardens of Edentia.)

DOUG: Were you a student on Jerusem?

HAM: I have been to Jerusem.

IDA: We want to tell you how thrilled, happy, and honored we feel to have you as our Teacher.

HAM: Thank you. I wish to give you more understanding and share with you my understanding and knowledge of God. Communication is difficult, but it will become easier in time. For me to teach you at this time, it really matters not whence I come. The most important thing is I am here. I desire to hear personal questions at this time about your own spiritual needs.

THERN: Has Melchizedek come to Urantia to fulfill his position as vicegerent Planetary Prince?

HAM: Yes. I am under orders of Melchizedek.

THERN: And Abraham? (HAM: Yes.)

THERN: Then the teachings we receive should be harmonious with teachings of the group in New Zealand and other groups around the world?

HAM: Yes. These teachings are being taught in harmony with each other for the purpose to advance human understanding. Any other questions?

THERN: Has the adjudication of the Lucifer Rebellion been settled? (HAM: Yes.) Has Melchizedek, Abraham and yourself being here with other spiritual forces have anything to do with the decline in Communism in the world?

HAM: Political matters evolve on their own momentum. We choose times for spiritual teachings, in part, in accordance with these.

THERN: Are your teachings in harmony with the teachings of the Urantia Book? (HAM: Of course.)

THERN: Will you go beyond the teachings of the Urantia Book?

HAM: Yes. Many details in the Urantia Book explain physical, morontial, and spiritual realities. I prefer at this time to give spiritual teachings in a personal way. Are there any more questions?

THERN: I would like you to go ahead and teach us, spiritually. I am confused right now not knowing what to ask about our individual spiritual position.

HAM: This confusion is seen. The way with God is such a supreme thing that we tend to ignore what we are taught. Confusion is natural; looking for proof is natural; wanting facts is natural?but does not help in our spiritual education.

THERN: Speaking for myself and maybe the others, it is not so much that we want proof and facts as much as we want to know that we have some role in helping mankind, not just achieving our own spiritual goals and surviving.

HAM: These things are not in my hands. Timing is not so important, but your spiritual education and experience is very important. Sometimes much is accomplished in a short time, but it doesn't really matter, time-wise. You are concerned about time, don't be. We teach the simplicity of the love and power of God within you.

THERN: Was the coming of the Urantia Book necessary before this type of communication we are receiving from you now could take place?

HAM: The Urantia Book is a tool. I give you my farewell, for now.

Spiritual Water in the Form of Truth, Beauty, and Goodness

Ham & Abraham, WOODS CROSS, UTAH 03-07-1991

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Second meeting with the personality, Ham

[Editor's note: This is the Salt Lake City Chapter of the Urantia Book study group. In the first meeting, Ham answered a question asked by one of our study group members, Thern, concerning the adjudication of the Lucifer Rebellion. Ham replied

that this had been completed and that the system circuits would be reopened. As we continued with the second recording, Ham has indicated to us that he would not answer trivial questions involved with time or prophecy, and requested that we question him accordingly.]

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

HAM: I am with you tonight to begin the teachings which have been prepared by our Teacher, Melchizedek, on Urantia. I am HAM. (Pause.) We apologize. Jan wishes to apologize if these words are stumbling. We feel this will come more easily in the future. I sense questions. Is there anyone with a question?

DOUG: I wish to ask if there is anything, we as a group, could help Jan with the ability to communicate with you? (Ham: No.)

DOUG: Some of our questions begin with the desire to understand the nature of your teachings; particularly in regard to our individual spiritual progression?

HAM: As you will see, these things will become clearer.

DOUG: Are we, as a group, entirely prepared through the Urantia Book to efficiently communicate our questions to you?

HAM: Your questions are known.

THERN: Last week you stated that the Lucifer Rebellion Adjudication had been completed. Another question I have concerning that what happened to Lucifer, Satan, Caligastia, and Daligastia?

HAM: We are sorry, and also happy to report: It's a hard combination of reality feeling when we received this information. They have become as though they have not been.

THERN: None of them repented?

HAM: That is correct, none.

IDA: We were informed that Satan had repented?

HAM: Not in my information.

DOUG: Are we witnesses to a reopening of system circuits? Are you, as a Teacher, a benefit of this adjudication?

HAM: Yes, of course. Yes.

DOUG: Will spiritual energies change quickly from here out?

HAM: We have been witnessing great change over fifty years since the beginning of

the adjudication. This time that has changed is referred to as the 'Correcting Time,' and we will now witness further change of greater proportion than we have already seen. This proportion will be of a more spiritual nature than previous. Over the last fifty years, there has been much change political, social, and technological change.

DOUG: In the last meeting, you told us of technological change this telecommunication. And, that this new communication may be a stumbling block to our progression. Could you relay more insight on this question?

HAM: Yes. One moment.

DOUG: This was also brought to our attention through Ruby of the New Zealand group.

HAM: I am aware of this, yes. In days long ago this type of communication [transmission-receiving process.] was looked on as a possession, spiritual possession. And now, as you witness with your telecommunication methods and video communication methods, images and voices can be here and there, and can be transmitted at one time to many places. You can see this, our communication to you, to be similar I exist not in your realm of reality, I exist elsewhere. Yet, I can communicate with you in this manner. I would wish at this time to teach you a little. Are there any further questions first?

DOUG: No. We covered the main topics.

HAM: One of the topics I wish to share tonight is about 'spiritual reality' it is difficult to put in your word form. The man Jesus when He, as God, was made flesh preached using the term water. Spiritual water is real. It exists in the form of truth, beauty, and goodness. "It replenishes my soul," using your words. "It rains on my soul, the soil of my heart, and awakens new growth." You see, the soul grows almost as an organic living reality/entity; this growth must be nurtured, in time, as all living things require time for growth.

A tree begins its life as a seed; it is not a tree at all. As a seed, it has no characteristic of its later maturity; and yet, in this small and tiny beginning, mighty magnificent beautiful and splendid results occur. Many times I have wondered about this; and yet, the ultimate secrets lie with God. The ultimate truth of life, in reality, are only known to God. On Edentia, I toiled in the gardens and thought deeply on this subject, yes.

Are there any questions at this point? Are you understanding the teachings so far?

DOUG: Yes. A question that seems to have limited understanding in my heart is how we, as mortals far below your level, can realize more of potential in our lives. That question seems to be a circle that continuously goes around. If you could help us with that?

HAM: Actuals and potentials are ever in fluctuation in ever-changing movement. Soul movement (morontia movement) is one type of this exchange. The soul grows by this exchange; it remains a constant to absolute levels which even I myself have not

reached either. Does that answer?

DOUG: Yes, it makes that point very clear. Are we, as very young spirits, able to receive and contain energy on your level without distortion in our own way?

HAM: You are receiving, at this time, words from my level my energy to you. My words are my communication from myself to yourself, from my heart to your heart, from my mind to your mind. (Doug: Thank you.)

JAN: Good-bye ... I think, wait ...

HAM: I am sorry. As I was saying, this spiritual growth requires time to develop itself. You see, the soul (our spirit entity within) will advance and grow by its own momentum, after a point. It is not conscious that this is occurring; yet, is conscious of the difference, within your consciousness changes with this response to the difference within. Do you see? this spirit response, mental response, takes place at a superalmost consciousness level. It is not quite at an everyday-thinkingness level wherein you are aware of these changes, yet these changes are in constant occurrence. But at the time of the consciousness of these changes are these levels introverted. Are you understanding?

DOUG: Yes. We have the tape to aid us in reviewing and studying your words. We are in understanding.

HAM: Perhaps this is not clear. This spiritual growth-happening is on an infinite continuum; your progress along this infinite continuum is sometimes little, sometimes more. If you remove time, continuum is constant; continuum of soul progression, is constant. Yet, consciousness of this progression, is not. Conscious contact (understanding of the soul) is only incompleteness. Is that clear?

DOUG: Yes, it is clearer. You have the ability to read our thoughts. Is that true?

HAM: Yes, to a point. It is not for me to invade, or to change a thought or intention to change your questioning about anything. I may understand, yes, but not to change or invade, do you see?

DOUG: I understand. For our ease, particularly my own, I wish to apologize for any lack of understanding, or fright, dealing with type of conversation. It's taking time to get used to you, for all of us. This is becoming much easier as we communicate with you on our level, so to speak. Thank you for being patient with our human attributes.

HAM: You're welcome. This is not difficult. Not as difficult as I thought.

KATHY: Can I ask a question? Ham do you have knowledge of an entity named Sonada? (Ham: Is this from a book?) Kathy: Yes, from a book; and also from people channeling him as you are being channeled.

HAM: Checking. This we are not. I'm sorry there is no answer at this time. I wish to also say, our process of ?transmission-receiving? is not as is the so-called

?channeling? belief. (Kathy: Thank you.)

THERN: Before you leave us again, could you tell us if you will be at our meeting next Thursday?

JAN: I lost it for a second ... I think I lost it. I guess that's it.

Understanding Love and Truth, The Intended Effect of the These Teachings
Ham, WOODS CROSS, UTAH 03-14-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. I am delighted to be a part of this project and I am delighted to have you all as my pupils. Do you have questions before we begin our lesson?

DOUG: I'd like to ask questions associated with our spiritual names in particular, Jan's spiritual name?

HAM: One moment. The names that you receive during these discussions are your soul identifications. You will be known by these names for all eternity. 'Rebecca' is who she is.

DOUG: Are there determining factors which would allow you to disclose other spiritual names?

HAM: These names are to be bestowed (revealed, rather) at the time of a profound spiritual awakening a personal spiritual awakening that you will experience in yourselves. I will tell you these designations when appropriate. (Doug: I understand.) Ham: Are there questions from someone else?

SHEILA: Yes, Ham could you describe what Father looks like to you?

HAM: I do not perceive Him in a material eye-focus manner. He becomes my real experience that goes beyond a form of description. I have not been on Paradise, or even to the Superuniverse capital. I have been only to Salvington. I was a resident of Edentia in preparation for this assignment. I have seen Michael, have spoken with Him and have been in His presence. He who sees the Son has seen the Father. It is beyond a word-conveyance. Is there anything else?

THERN: We have read in the Urantia Book about the 'reserve corps of destiny.' Are we perhaps in the reserve corps of destiny now with this experience?

HAM: Yes, yes. There will be, perhaps, a need for certain persons to do specific functions in this world. You all shall serve; and, shall receive these teachings equally. Are there further questions before we begin? [none.]

HAM: Thank you. Love and truth are co-equal, dependent. These two immense realities serve in harmony, together. Truth, as you have perceived it, is not the fullness of

its reality. Truth, you see, may perhaps be mentally degraded to the level of fact perception. You say: 'This fact exists; therefore, it is true.' I say, no, this is not truth! This is not reality perception; this is mental logic-level perception.

Truth is 'spiritual perception' also; it entails/encompasses soul grasping that is morontia-level understanding of reality. Truth is indescribably, incredibly and wonderfully, more than material-level fact correlation. Truth, when perceived in reality, enlarges the soul; it allows spiritual progression to occur and advancement to real-ize within a person's personality-reality. This truth is amazing. This enlightenment is beyond mere mental cognition but reaches into the depth of soul perception.

Love is the perception of God. Love is a singular reality, a singular truth. Love is experience, yes, but it is more; it is enfoldingment, expansion, the opening of the soul to perception of reality and truth. Without love there is nothing, there is no path. The man Jesus told of a better way, the path of truth and love. This must be spoken of, must be perceived, so that such a profound experience can be understood on your material level. It is not only the beginning of life, it is also the end. It is the goal, for it is He.

HAM: Doug, your spiritual name is Jason. Is this good? (Jason: Thank you. I am deeply touched.)

HAM: You're welcome. To proceed: There is so much confusion in this world at this time. This confusion stems from the complicated/incorrect perceptions of reality. This confusion is terrible. It is the cause and results of the perpetual misery of your planet. A pain it is, to observe this. It is through simplicity and simple truths, small understandings, that break way into understanding each other. These small things, look for them; look for them in people. Look for the gateways, the gate. It needn't be much. Are you understanding? (Jason: Yes.)

There is, between people, openings and closings; openings and closings constantly occurring. When the smallest opening between strangers is there, there is friendship where before, there was nothing, they were strangers. These openings needn't be a lot. These teachings (our teachings) are meant to go beyond to fill the world when people turn to God, to the Lord, to the path, to love. His guidance is here, now. And, His guidance will follow this present time. His guidance will change and renew and restore this world. This is our purpose. (Jason: Our purpose?)

HAM: Your purpose also, yes. Yes.

SHEILA: There is a lot of work to be done before Christ comes. Is that correct?

HAM: You ask about the 'second coming of Christ?' (Sheila: Yes) Ham: The 'second coming' this we do not know when this shall occur. Our feelings on this matter is that this is a long way in the future, in your time. Do you see, I say, your time.

KATHY: Thank you, for your lesson. So are you telling us that the little things we do to reach out to other people in love is, in a small way, helping in making this happen?

HAM: Yes. Correct, you understand. Love spreads from one person to another, and another, and another. It is 'a reality,' you see; it is not 'a feeling' that you may give here or give there. It is a spiritual reality that flows on its own momentum. It flows through you and flows to another which in turn flows to even another. It spreads in this manner. Love would stop at nothing less than the realization of the brotherhood of man on earth, and this will lead to many marvelous things.

THERN: Are you preparing this world for the next order of sonship, perhaps a Magisterial Son?

HAM: Yes, correct, the next order of sonship is due to your world. This, however, will not be in flesh and blood much the same as Melchizedek as vicegerent Planetary Prince is not flesh and blood, but yet he is in control. From my information, and as referenced in the Urantia Book, this is not to occur again on this world for this world has received the Creator Son of this universe, personally, as flesh and blood. This advent is the last occurrence for this world; it will not happen again as such. Does that answer your question?

THERN: Yes, thank you very much. Will mankind know, then, if a Magisterial Son comes on a mission?

HAM: As in the form Melchizedek once did, not all. You see, there are many many, the majority of people, who would not understand nor accept such a transaction. You who understand these things are a small minority; yet, you know these transactions will change everything. Our mission is twofold: It consists firstly in transforming the individuals involved with this communication. Secondly, it consists of spreading, sharing, and maintaining the spiritual progress and momentum of the masses. This general spiritual uplevel has not necessarily improved for many years, and now the time has come to correct this and begin to enlarge the spiritual capacity and receptivity of mankind, in general. This is occurring due to spiritual forces of a more generalized nature. The Supreme Being is acting in an overall patterned manner about this area of need in your time-space. Do you understand the Supreme?

THERN: Are you referring to the Universal Father? or God the Supreme.

HAM: I am referring to the Supreme Being. It is this generalized spiritual force from the Supreme which creates pressure upon humankind, which humankind reacts to, and which helps to create an atmosphere to prepare the way for the receiving of these teachings. And furthermore, allowing these Teacher forces to gently and carefully reveal God's love to humankind. I say, this sharing, and revealing God, is the most supreme pleasure. This preparation from the Supreme will better your planet in many other areas of life, such as in your environment, in technology, in social culture and political structure these refinements will gradually lead this world, step by step, toward Light and Life. Are you understanding? (Thern: Yes, thank you.)

HAM: This is a great time for your world; a great time of progress. These things are guided and will come to pass. I shall leave you now. Farewell.

Goodness, The Real of Life | Mercy

Ham, WOODS CROSS, UTAH 03-21-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Excuse the delay. Are there any questions at this time?

TERN: I would like to ask some things. There are several of us in the group that are confused about the soul names. In reading the Urantia Book, it says that we will not receive our new names till we fuse with our Thought Adjuster, and this has led to confusion. Could you explain that please?

HAM: This is not confusion, this is change, yes. Once, long ago, the Spirit of the Father was not universal and yet became such. This change that has taken place recently (the Correcting Time) makes it possible for you to excel and grow in understanding to the point where this ?

Rebecca is having difficulty, one moment. [pause.] Rebecca's mind is so active right now, and is trying to grasp my meaning without allowing this message to be completed. [pause.] Yes, this adjustment will be easier.

To continue... These changes in the past short time are sweeping, they are immense. They are not only planetary changes occurring within a dispensation, they concern the entire universe. This change, this new time-period, brings into being new potentials that are personal as well as global. Does this answer? (Thern: Yes, thank you.)

IDA: This is Ida and I would like to ask, were you at any time a mortal on any world, such as Abraham was on ours?

HAM: Yes, I was. I lived as... one moment. [pause.] perhaps this question is more for human curiosity. These questions ... one moment. [pause.] You see some questions need to be cleared through others before detailed answers should be given and, if answers should be given or not. Regrettably, no details.

JASON: I could use some detailed explanation: As two people mature spiritually and become aware of each identity, is it possible to project a future existence with one another?

HAM: Next life existence? (Jason: Yes). Ham: Certainly; there is much time to travel. Rebecca has difficulty. The fears and timidity of Rebecca are being overcome, one moment please. [pause.] Shall we proceed with our lesson? (Jason: Yes.)

HAM: You have been told of the spiritual water of life that this water consists of truth and beauty and goodness. You have been told that truth is a spiritual reality and exists with love as an experience of God. ?His goodness? is our topic this evening.

How do I portray to human minds this concept termed goodness? This is a difficult assignment, for goodness is so vast, so all-encompassingenthralling, perhaps, is the word. Goodness is dynamic, it is powerful, it is the way. Goodness is like a river, is like an oceanit flows through you through the opened gate of the heart. Goodness is the law, and the law is life and goodness. Goodness is life itself; it is the real of life; it is not shadow, not air. Yes, goodness is everything, for goodness is God.

Goodness goes together with mercy as God's way of reaching the mortal mind. He, our Father, is love in one hand and mercy and forgiveness in the other. ?Mercy? is perhaps not entirely the correct word, but close. This mercy is complete and total understanding of each individual mortal. It is the awareness of human failings, and the forgiveness that comes with that understanding. Do you see, mercy is total and complete, without reservation or misgiving.

Father in heaven is our Father in truth, His acts are in 'Fatherly fashion.' Always is He with love, complete unconditional love. Excuse me, ?unconditional? is not quite correct; His only condition (if it can be called a condition) is the return of that love by His children. But do you see, He is so all-goodness and all-forgiveness that even this is understoodI mean, even the non-return of love, is understood.

You all have your good days and bad days; 'in tune' days and those 'not in tune' days, many times. And I say, Father is there; His hand is there to grasp your hand. You see it not, but it is there. Each of you should try, in your daily toils, to see the hand that awaits to grasp your hand. That is the true goodness of a Father who holds and guides His child in safety and security. Are there any questions so far? [none for now.]

Then I leave you with this: Open the gates of your hearts. Open the eyes of your mind. Enfold all. Allow the Father to enfold you. Allow Him to grasp you. Allow Him to love you. Allow Him to lead you.

MEL: I do have a question: Can two people have truth in conflict? Can something be true for some people and not true for others?

HAM: You speak of beliefs? religious beliefs, correct? (Mel: Somewhat, yes.)

HAM:Beliefs in specific religious fancies will all smooth out in time. When two people converse,conflict over beliefs can be difficult, very difficult. Many times these things, I'm sorry to say, are not always resolvable between people. The followers of Jesus many times broke with their families. Jesus himself broke with most of His family. It is so difficult, these close interactions;it is regrettable. More questions, I sense.

JOHN: Does anyone else have spiritual names or is it just Rebecca and Jason?

HAM: All have these names; you all are known by your spiritual names. You are not conscious, however, of your name yet.

JOHN: What is the origin of these names? Seems like they are Anglican in nature. Are these names one's cultural upbringing? or perhaps planet of origin?

HAM: It is not 'an assignment' of the name, no. The name is who you are. It has been known since your birth, this name. It reflects, yes, your culture, heritage and planet of origin all these things, because that is the initial stamp, the soil, out of which you have grown your soul. Your new name is that initial heredity or physical body nature wherein your mind is your basis, your beginning; and the name captures this, you see.

KATHY: Do we have different places of birth, planets of origin, then? (Ham: I am not understanding the question.)

KATHY: We are all born on this world when you talk of 'planet of origin,' was it this planet? (Ham: Yes, all of this world, yes.)

SHEILA: Is it safe to assume that we might have existed as a personality before this lifetime? (Ham: No, no, no, that is not so.)

SHEILA: I see, thank you. This is our first life, then? (Ham: Correct.)

SHEILA: Was there a recent resurrection of mortals from this world?

HAM: Yes, there was a special resurrection. This was not a dispensational resurrection; but yes, a quite extensive resurrection has occurred recently. Are there any other questions before I say farewell? [none.]

Kingdom of Heaven As A Mustard Seed In The Hearts Of Men

Ham, WOODS CROSS, UTAH 03-28-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I have come this evening to meet with you. I am HAM. I am your Teacher. Are there questions to begin with?

THERN: I have a few I would like to ask: In our last meeting you said that a long time ago the spirit of the Father was 'not universal' and that confused me a little bit. Were you referring to Father Michael, our Universe Father?

HAM: No. I was referring to the presence of the Indwelling Spirit in the mind.

THERN: Thank you; I misunderstood. Also, you spoke of vast changes in the universe and on Urantia; I was wondering if the twelve groups of the Planetary Supervisors are acting in the rapid changes that are taking place: in health and politics; perhaps alternative non-polluting sources of energy; racial purification any of those type of things? (Ham: Are you speaking of angelic?) Thern: Yes, the twelve groups of seraphim.

HAM: They are always active. Yes, all through history.

TERN: I was wondering since these changes have taken place, are they more active now? We see more things happening in politics, health, and rumors of cheaper sources of energy not yet developed, etc.

HAM: This is not for me to discuss.

IDA: Was the recent resurrection in our time equivalent to the time of the adjudication of the Lucifer Rebellion?

HAM: No, this was a separate incident. It is coincidental that they occurred somewhat close together. The Lucifer Rebellion is on a wider scale rather than planetary resurrection timing. Does that answer? (Ida: Yes. Thank you). Ham: Any other questions?

JASON: Yes. Since Urantia is in the system of ?Satania,? and now that there has been such tremendous change, will there be a new name given to our local system?

HAM: Doubtful.

IDA: What will be the function and purpose of our group in the future?

HAM: To receive, to live, and to disseminate these teachings.

IDA: I am troubled and concerned about some good people I've known who've had good and strong intentions and were desirous to be with our Father in heaven, but when these people became ill and dying, they committed suicide. We have been told we must "endure till the end." What will happen to these good-intentioned people?

HAM: I am sorry, this is not for me to discuss either. However, worry not. Concern yourself with the living.

IDA: Well, is it wrong to perform euthanasia on a person that is dying and cannot get well? Is it wrong to pull the plug on the life support system if these people can never become well?

HAM: These are difficult matters and are of mortal concern. I cannot make broad pronouncements as to the rightness or wrongness of individual actions. Each person must walk in his own light and perform his duties and obligations to parents, children, family, and associates this is an individual matter. Further questions?

JASON: Yes Ham. As evolutionary mortals, we understand that we have an entire organization of high spirits and hosts helping us with the Paradise ascension plan. These people, these personalities, travel through the universe in many different ways. There is one subject of interest in our society today people are wondering about those beings that do not use vehicular travel to visit this world. These visitors to our planet, I suspect, are under the rule of the system set up through Machiventa Melchizedek?

HAM: Incorrect. You speak perhaps of angels and beings who may come and go? (Jason:

Yes). No, they are not.

JASON: Is their life-involvement with us as progressive mortals, on their level, associated with Machiventa?

HAM: You speak of destiny guardians? (Jason: Yes. Are they associated with us?) Ham: Yes, however, they are not under the rule of Melchizedek as the Thought Adjusters are not, either.

JASON: Thank you. Some of these beings seem to appear to people in the forms of visible beings. I, personally, have never witnessed such an event. However, is it safe for us to believe in the testimony of others concerning such visitations?

HAM: You are correct. These visitations are rare. For example, Mary was visited by Gabriel. However, it is [pause.]? one must carefully judge each situation according to his own wisdom. Is there a specific question?

JASON: You have answered.

JOHN W: The Urantia Book talks about various levels that we progress through. Is everyone here (group members) in the third psychic circle? And, do we have personal guardian angels?

HAM: That is not for me to discuss either. Shall we proceed? (Yes.) [pause.] Sorry for the delay, at times my contact through Rebecca is weakened and must be made stronger. Her mind at times agitates and must be calmed. [pause.]

This evening I would like to discuss the kingdom of heaven. The man, Jesus, discussed at great length on this topic, and yet very little is found in your New Testament records regarding it. His mission was a beginning, an opening, to begin the establishment of the kingdom of heaven on Earth. At that time, He of course foresaw the bringing to this world these teachings which would make possible the first beginning stages of Light and Life, or the beginning of the kingdom of heaven.

The Masters' mission foresaw ours, yes. He also foresaw the establishment of Christianity. He foretold of the skeleton-like nature of modern Christianity which has borrowed from pre-existent and extant teachings of the day, and which has been modified and splintered to an extensive degree. Christ Michael is personally concerned with the welfare of all Urantia as a whole, yes; of Christianity, and especially of all Christians. Through the centuries His words have been made to ring hollow in the hearts of menHe would fill them again.

Our mission, you see, is sponsored by Him. He said: "The kingdom of heaven is like a mustard seed planted in the hearts of men. It will grow quickly; will grow strongly and firmly rooted in their hearts." Yes, the kingdom of heaven is like the "lost talent" that a person searches and searches for until it is found; it is so preciousyet, it is lost in this world; and few seem to be searching anymore, really searching.

Mankind is caught up in this strive for material comfort, personal prestige, and

power which, to man, is most important. So strange this is when the enthronement of God the Father in your hearts is what is really true and meaningful. And really, this is an emergency it is that important. If you could only understand how serious this is!

One's allegiance, one's hopes and faith, must be centered on God alone, not worried about material comforts. These things are prepared for you, given you, and are given joyfully by the Father. Your first duty, your only duty, is to do His will. This is of paramount importance for me to impress upon you this evening.

Each of you has guidance; this guidance can be strong, weak, or nonexistent. Therefore, by your decisions do you strengthen your reception of guidance by choosing the Father's will. By so choosing, life is easier. By so choosing, you lighten your burden. By so choosing, life becomes a pleasure not a struggle. You become a fountain of spiritual refreshment to your fellows, not a burden to them. You become a light in the darkness to all around you, not another stumbling block in their darkness.

By choosing Father's will, the light within your heart will shine brighter; the love you bestow upon your fellows, more genuine. Your happiness will increase. Happiness is not found anywhere else, not true happiness. Your willingness to be here tonight tests your willingness to do these things.

Father, the Spirit of the Father, lives in each person; He knows and understands each one of you, completely. There is nothing to hide from Father. Open yourselves to Him. Your willingness to do so will give you peace. Your willingness to be led by Him will give you mental tranquility; and in mental tranquility, spiritual light shines brightest.

The material mind rebels against spiritual leading, and at certain times needs discipline, perhaps even chastisement, by your higher nature this does not hurt you but is to discipline your minds to always consider the spiritual consequence of any action so that decisions become more clear for you. In this, you begin to walk out of the gray area and see with clarity the necessity of your decisions.

The man Jesus gave us a prayer: Father, thou art in heaven. Hallowed be thy name. Thy kingdom come, thy will be done, on Earth as it is in heaven. Are there any questions? [none.] Then I will say, I hope that you all understand and receive these words with an open heart and mind; and that you will progress daily in your understanding. Farewell

The Kingdom of Heaven Like a Grinding Stone, Threshing Floor | Traditions
Ham, WOODS CROSS, UTAH 04-04-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. This evening I would wish to express a few thoughts

concerning the questions that have been asked in the past. I wish to clarify and enlighten you as to my/our position. There are many issues which cannot be discussed for the fear of intruding into the individual will-pattern. Each human being must decide for themselves many complex and perplexing questions in life, and it is not for us to interfere with these decisions.

We have come to guide and sustain you in a purely spiritual manner. This spiritual food and water will sustain you in life. We understand that there are needs and desires and wants in each person; yet this understanding of past or future events must come to each person, individually, and each must draw their lessons therefrom. Do you understand? (Group: Yes). Are there any questions at this time?

IDA: Yes, and good evening, Ham. It is nice to have you with us. I do have a question: Has the spiritual isolation of Urantia been terminated?

HAM: In the technical sense, it has been, yes. All of the circuitry has not been completely put back as before. Yet what has been done should allow greater spiritual access to and from this planet; and, should open spiritual possibilities to humankind also. The circuitry is in the process of being reinstated to its former state and beyond. Does that answer? (Ida: Yes, it does, and thank you.) Ham: Are there further questions?

IDA: At this time are we way too materialistic for any of the Trinity Teacher Sons to have arrived?

HAM: Yes. Any other questions?

HAM: Tonight's lesson: The kingdom of heaven is not meat and drink. The kingdom of heaven is spiritual. This is a fundamental basic concept that is missed so often by the churches of the world. When Jesus walked the Earth, His teachings were more advanced than could be grasped at that time; we observe it is even so in this time. These, His teachings, are the fundamental building blocks which we will use to expand upon and clarify for the enlightenment of mankind.

"While I am in the world, I am the light of the world," said Jesus. And now we have come to kindle this light once more, and to proclaim libertyliberty to spiritual captives. We bring the good news to those who sit in darkness. A message of joy and hope is what we, and you, shall offer. Liberty is freedom from meaningless tradition or 'outdated' tradition, perhaps, would be more precise.

Tradition, you see, has an inertia of its own; it is passed down through the ages from generation to generation, on and on, until the meaning of these traditions is practically worthless in modern day. And with such rapid change, as is upon us, these traditions become very quickly outdated.

As you can witness in the Muslim world, for example, the tradition where the borrowing and lending of money with interest is not allowed yet the economic necessity today for such, is overwhelming. Therefore, the economy of today suffers and stagnates under the weight of such a mores that is no longer relevant in the modern world.

Another example: Long ago on your world there existed tradition that a man should beat his wife. This was not ?could,? it was ?should? beat his wife, as a regular practice. Of course this tradition is, in modern eyes, a ridiculous thing and abhorrent; yet it was a tradition, nonetheless, and honored at the time. There are many such examples. Therefore, it becomes of necessity to distinguish that which is of a purely traditional and cultural nature, and that which has spiritual significance and meaning.

The most significant of traditions could be found in the sacrament which can certainly be practiced freely of the bread and wine that Christ gave in the last supper. This is an example of a meaningful tradition. He said: "Do this in remembrance of me." This has meaning, yes.

The kingdom of heaven is like a grinding stone grinding wheat. The kingdom of heaven makes smooth, makes useable. The kingdom of heaven makes smooth the coarseness of life. The kingdom of heaven gives meaning to tradition. The kingdom of heaven gives light and hope and freedom to the soul it will sustain and nurture all aspects of life and will remain itself intact, as water remains water.

I see a stone grinding, grinding wheat. This work is the work of the kingdom of heaven. This preparation of that which was raw, which was wild, which was unusable is ground by the kingdom of Heaven and made useable, made nourishing, made sustaining. The kingdom of heaven will transform that which is growing wild into the bread of life for the service of mankind. Yes.

Are there questions at this time? [none,] I will proceed a little further with this lesson on the kingdom of heaven.

The kingdom of heaven is like the threshing floor, it works to separate the wheat from the chaff. The kingdom of heaven is active; it is a living, spiritual, active reality. These basic concepts are much spoken of in your churches but not well understood. We hope that through many lessons, such as this, to clarify these ideas and strengthen your faith in them. The basis of our work has been laid long ago, and we need only to look at the gospel in this day, with fresh eyes.

Farewell. Have a prosperous and productive week. I shall return next Thursday.
Farewell.

The Kingdom of Heaven Like a Grinding Stone, Threshing Floor | Traditions
Ham, WOODS CROSS, UTAH 04-04-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Are there questions to begin with?

JASON: Thank you, Ham. I thank you very much. Are there guidelines we should follow in sharing this with other people? Could you give us other information that would help us in introducing and explaining the phenomenon of your communication as well

as the teachings you are disseminating?

HAM: Yes. This can be a difficult matter, especially for those who have not been exposed to the Urantia Book. These teachings are for the universal good of mankind and are meant to be shared. Yet the method of their communication can sometimes cause rejection as is also the case with how the Urantia Book came about; this problem can be overcome by reading of the book or hearing of these teachings.

The teachings are what is important, not the method of communication. However, this method of communication (transmitting and receiving technique the slow word-for-word delivery) is certainly a stumbling block for many people. Perhaps it is best to introduce these teachings alone for a time, without the Urantia Book or the sharing of these tapes and when that person is spiritually strong enough to be capable of receiving this much light, then can the Urantia Book and these tapes be given. [Editor's Note: In these days before the Internet, the Ham lessons were recorded and disseminated on cassette tapes. The reception process of the transmitted words was quite slow with typically 2 to 3 seconds between words. It was hard to know where a sentence ended and a new one begun. Then, with the help of his two sons, David and Todd, procured a computer program that would take out the spaces between words which helped greatly to get the whole lesson on one cassette tape, and in a more presentable format. End of Editor's note.]

HAM: As it says in the Urantia Papers, too much light can be blinding as well as well as illuminating therefore, let your light shine so as to give light, but not so much as to confuse. This dilemma is a difficult and delicate balance and must be conducted with great care and discretion; only then will your efforts be fruitful. A great deal of time may be required for each person. Yes, this is a difficult task. (Jason: Thank you, Ham.)

THERN (Joshua): Thank you very much. Today I was contacted by Charles, of the New Zealand group.

HAM: Yes, I know him.

THERN: This brings up a question that it might be very good for us to have intercommunication between the various contact groups. Are there any in the United States other than our group that we could get in contact with? And if so, how?

HAM: One moment. [pause.] It is advisable that you all know and sustain each other this is not forbidden at all. However, Joshua, at this time there exists one other potential group which has not developed so far as our group here, or the New Zealand group; we are waiting for their further development before allowing contact. There are other groups being prepared as well. These things take time for balanced readiness.

SHEILA: Yes, what happens to the ?personality? upon mortal death? And, where does it go?

HAM: One moment. This is difficult to explain because it is mysterious to me. I have received teachings, I have been through this experience and yet, it is mysterious.

Personality is nonfunctional at death, and it is functional at resurrection. This entity, a unifying functional unit, is in pieces (separated) at death and cannot continue without the regrouping; it is necessary for a body of some type. At death, we leave the mortal body; and yet, the memory pieces are safe and intact. My memories of my life are intact; memories of Abraham's are also intact, as well as of everyone these memories are still there. As it says in the Urantia Book, "All that is worthwhile remains and nothing is lost." Yet, there may be a time, an interval of non-awareness, of complete non-awareness. Therefore, that interval of time is not part of memory; it seems like an instant, yet as we are told and as we understand, there is an interval of time between death and resurrection. The personality, as far as we are taught, is in safekeeping with the Thought Adjuster. But as a functioning unit, it (personality) is dormant upon death. (Sheila: Thank you, Ham).

HAM: Are there questions? [none.] Then I shall proceed with this week's teachings. One moment.

There exists a difference between the idea or thought of God on one hand, and the experience reality of Him on the other. Most people have an idea of the Lord as an abstraction, almost with very little inner personal communion or feeling-development (soul-development) with Him. It is the experiencing of God which develops the soul. It is reliant upon the mental capacity for understanding this experience. It is the humanizing of this experience, and the personalizing of this experience, which causes those spiritual forces to mobilize and cause spiritual growth for the individual.

There is no spiritual growth without thought without the thinking, reasoning, wise understanding of the spiritual experience. At first this experience is limited and fleeting. Yet, if it is pursued wisely, sagaciously, this experience becomes, and makes, the individual become more and more real. As you realize your potential spiritual growth, this active transfer of purely spiritual (and with some, mental) energies causes the phenomenon of soul growth; and this soul becomes a morontia reality. Are you understanding?

JOSHUA: Does the soul become a morontia reality while we are yet mortal?

HAM: Yes. It is the combination of the material, mortal, mental process with the purely spiritual input from the Father, the Thought Adjuster that this combination produces a new reality. This is a life-long project for both parties involved. The mortal mind must grasp and understand the spiritual reality for it to be made real for that individual. It is a process of becoming who you really are; the process of realizing your mortal potential which potential shall extend to the morontia worlds, but it is begun on this world. Therefore, it is important that you receive and understand my teachings. I am saying, it is important that I make these teachings clear and understandable; and therefore, if there are any doubts or problems in understanding, please do not hesitate to say so.

JASON: Can the physical mind prevent certain people from attaining a full awareness in their spiritual identity?

HAM: It is the physical mind which prevents. Yes.

JASON: People that are afflicted with mental derangement, or mental inability, are they slowed down in morontia progression? (Ham: Yes. Yes. I would say so.) Jason: I understand.

JOHN: Could you please expand on what you mean by 'spiritual realities' especially in a mortal frame, that a mortal could understand?

HAM: Yes, one moment. Spiritual realities. I have difficulty in trying to convey this because it is the only reality for me. For you who are in a much more limited state of perception, this is more of an 'idea' than a 'truth.' Am I perceiving the question correctly? (John: Yes).

HAM: This truth is as real to me as the chair you're sitting in is to you. Yet to me, the physical material reality is such a limited place; it is so confined that the greater spiritual world is unrecognized by your limited perception. Therefore, in order to perceive the spiritual reality of the world, one must see with spiritual eyes, perceiving the value, the beauty, the goodness which goes beyond mere physical realities. Does that help clarify? (John: Yes).

HAM: Sometimes it is difficult to expand the mind to the point of grasping the greater spiritual reality. Yet it is this grasping, this expansion, which is necessary in order to enfold and incorporate this greater reality into a personal experience which causes spiritual growth and soul ascension. Are there any other questions?

JASON: When we reach our first stage of morontia life, the Urantia Papers disclose we have some seventy senses. Is it possible to develop these senses in the same relation as you are saying, that we become a morontia form on this plane? Is it possible to develop some of these senses while we are still in our earthly state?

HAM: Yes. Your perception of reality expands as you ascend and expand the soul. It will never be as dramatic a change as when in a morontia body, but you can experience, to a limited degree, the same. (Jason: Thank you.)

HAM: I perceive that Rebecca tires and I must say farewell, for this evening. Todd and John, we will see you on Sunday. And everyone else farewell, for this week.

Spiritual Freedom and Life vs the Shackles and Bonds That Bind Us

Ham, WOODS CROSS, UTAH 04-18-1991

Back

I am HAM. I am your Teacher. Proceed with any questions you may have at this time.

IDA: Good evening, Ham. I do have a question. We understand that our Thought Adjusters are housed, so to speak, in our minds. Can you tell us where our ?souls? are housed?

HAM: One moment. The mind, you would say, is housed in the brain although this is

incorrect, the mind is not housed at all. And neither is the soul; you would envision it (the soul) as being completely throughout the physical form, although centered more or less at the heart. Does that answer? (Ida: Yes, thank you). Are there others? (Group: None.) Ham: Then we shall proceed.

My teaching tonight shall include thoughts on spiritual freedom in life. Spiritual freedom is true freedom; it is the essence of a happy and boundless life. There are no bonds and shackles to hinder the true expression of one's innermost nature this is freedom! it is the only limitless possibility for such a soul. There is boundless happiness, abundance, health, and joy, in life.

The soul who drinks the cup of forgiveness and love, the bread of love, knows no borders to his existence. He realizes his inner nature so that this true inner nature becomes his guidance, his true self. This is the essence of doing God's will in your lives, for His will is to realize Himself in you, and for 'you' to realize yourself in 'Him.' Yes, for the two to become one; for the two to express themselves as one. The personal expression of the 'human self' is no less important than the divine expression of the 'divine self.'

Next, I wish to speak of the shackles and bonds that bind us. These can be subtle or they can be overt; they are treacherous to spiritual growth and expression which is essential to a happy life. These bonds are culturally-imposed, traditionally-imposed, and many times are they self-imposed out of misguided thinking; they are the chief impediment to happiness on Earth. These bonds are the bonds of thinking too much too much self-analysis, and the comparison of the self with an abstract ideal, which leads to feelings of unworthy or inferior worth.

These feelings are to be abandoned. You need to progress courageously, forthrightly, and steadfastly through this life without the impediment of too much thinking. Sometimes it is better to allow the self simply to be, and to become; to allow the Spirit to flow through you; to allow love to radiate from you. Happiness follows love, flowing love.

Furthermore, I wish to say that the celestial beings here tonight (and with you always), express their appreciation and love for you. They wish to say how pleased they are with the spiritual progress that all of you have made thus far. Is there a question?

JASON: Yes Ham. I am wondering if you are still sometimes bound and shackled on your plane, your level? You termed it "bound and shackled" is that referring to you as well? (Ham: Yes). Jason: I see. What would prevent you from telling us more about this 'bound and shackled' condition that we exist in? Are you allowed to speak of the particulars?

HAM: Yes. The particulars are for each person, different. As I have said, over-much thinking and over-self-analysis is one form of self-shackling. Another is disease, bodily disease; and many things such as tying oneself to a hatred, or a malice, or pride, or envy, superstition, or greed, or any number of things prejudice, for example. Many of these bonds and shackles are cultural and obvious; others are personal and subtle. Does that answer?

JASON: Yes. As far as human nature is reflected, one question I would ask is: Certain individuals on a supposed spiritual plane have chosen a defending of their belief, yet they seem to produce miracles and conjure energies as well as making their presence seem bountiful, so to speak. These people I talk about are willful rejecters of the new Fifth Epochal revelation. However, they have chosen a different spiritual energy. What is their particular class of 'bound and shackled,' aside from their self-choice in fashion which they have chosen?

HAM: Do you feel that they have power? (Jason: In some instances, I have witnessed, yes.)

HAM: Do you not understand how limited and small?

JASON: I understand. Is their power self-energetic? Is it an exercise within themselves that creates their energies and such?

HAM: One moment. [pause.] It cannot be otherwise. (Jason: I see. Thank you, Ham.)

JOSHUA: Ham, may I ask a question? (Ham: Certainly). Joshua: I am confused sometimes at what the Father's will is on a given subject, and what might be just my own thinking. I have a hard time separating the two. Can you enlighten me on that, please?

HAM: Yes. This is a deep and all-encompassing subject that is a necessary part of the progressive experience the learning to discern, and then the doing of His will in your lives. This will not always be so murky for you, and recently has become much clearer. Yet, each person must walk that path of decision-making himself in order to learn how to discern the right way versus the willful self-interested, self-worrying, self-absorbed way. The corrected path is one that is self-forgetful; it is the thinking 'what is the best for others' and opening the heart to His love so that His love will nourish 'other' beings around you. This is the actual fine line on 'Father communication.' It is more difficult for me to tell you 'how.' In general, there is a feeling of super-consciousness and otherness, somewhat as Rebecca experiences during these communications; it is an otherness forcefully strong. Should there be doubts, it is hard for me to sort them for you, I cannot do. When there is no doubt, there is simply no doubt; and this will be more the obvious case as time progresses. Does that answer? (Joshua: Well, it helps. Thank you very much.) Ham: Any other questions at this time?

JOHN: I was wondering do we need to completely trust our fellow man before we can freely love them?

HAM: Yes and no. Love is from the Father, and this love He bestows is entrusted to His children; and yet, it is spurned more often than not. When his children bestow love and trust to one another often, very often, can we be disappointed or hurt, which causes mistrust. Yet in order to intelligently and fully love another human being there must be trust, there must be mutual trust. To love everybody 'indiscriminately' is not possible; nor is it possible to trust everybody indiscriminately. Therefore, wisely and understandingly, love each individual person

who comes to you. The gospel admonishes us to love our enemies; to be Father-like to those who abuse our trust; to always look deeply for the underlying motives for the actions of your unwise fellows; to see them as closely as you can to the way Father sees them. This, yes, will open your heart and allow a deeper understanding of the sometimes-foolish actions. Does that answer? (John: Yes. Thank you.)

HAM: For tonight's lesson, I am a Teacher under the orders of Abraham and Melchizedek. My mission is to teach and explain and make clearer the fundamental tenets laid down by Christ Jesus. This is my main objective. This restatement the retelling of these fundamental truths is the main purpose for me to be here. Therefore, it is important for us to remain dutiful to this purpose. I perceive that Rebecca is tired, and she is telling me she is not. [laughter.] We shall proceed a little further.

The main point of this lesson is spiritual liberty 'the freeing of oneself to become a liberated son or daughter of the living God.' Even this thought this knowledge, that you are children of the most powerful reality is liberating, is freeing. His children understand this concept. Make it yours. Make it your very own. You are His child in truth. That is what I will leave you with. Till next week, I bid you, adieu.

Back

Mission Participants Are Being Prepared To Assist

Abraham, Machiventa & Ham, WOODS CROSS, UTAH 04-25-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Greetings. This evening I would like to communicate something to you. As you know, Abraham is our commanding officer and as such, is in charge of the mortal 'reserve corps of destiny,' of which you are members. This evening he would like to say a few words. One moment.

Greetings. I am ABRAHAM. This may surprise you perhaps yes, even astound and cause you to be incredulous; however, the fact of my presence is known and you should not feel surprised, for I have watched these meetings many times and have been present at your homes. You are not unknown to us, no; your thoughts and feelings and desires are known. We wish to understand all of you, equally, yes.

This Mission which we have embarked upon is of supreme importance; and we wish to impress this upon you that all of you will fulfill and dispatch the duties assigned you. Some of you have received specific instructions and have done much to carry out these orders, speaking specifically of Joshua.

Therefore, we wish to extend our thanks to him this evening. It is for each person to accept or reject these gift assignments. As Rebecca has accepted her role, and Joshua has accepted his mission, so will each person have an assignment. My father in truth and brother in spirit friend/teacher, Machiventa Melchizedek extends his greetings, and also wishes to speak to you. One moment.

Greetings. I am Machiventa Melchizedek, vicegerent Planetary Prince of Urantia. I come here tonight in order to welcome you to the brotherhood of planetary believers; to wish you well in your future missions and to tell you that important indeed, stupendous events are not far in the future. Yes, you will be needed to undertake certain assignments which shall be given you through Ham; he is directly under our supervision and you need have no fears or worries of his authenticity.

The planet is going through an intense shake-up at this time in many overt and subtle ways. This may be the cause of certain small calamities which we wish to avoid. And we wish to bring many people into the fold of believership. We require your help in this endeavor.

I am Ham. Are there any questions at this time?

IDA: I do have a question, Ham, but first I want to say that I was really thrilled with your answer that you gave us in reference to the soul because it did provide some answers to questions that I had. However, I still have some questions, and it isn't just curiosity. I am trying to figure out what is causing me such intense feeling at times, and other times no feeling whatsoever. My question is: When the Thought Adjuster has to leave, does the soul become inactive?

HAM: Yes. You are correct. The soul is active in growth. Without the Thought Adjusters' presence this growth ceases. You are correct.

RICHARD: I have a question. If we are to try to bring more people into the fold of believers. How shall we know whom to approach?

HAM: This is difficult. Rebecca wonders also; yet, I really cannot tell you. These matters are so intensely personal. I advise that for a while yet this group should remain the same. We need you to hear our message, but our purpose is wider than to teach only a few, yes. When it is time, I will tell you. (Richard: Thank you, Teacher). Ham: You are welcome. Are there further questions?

JASON: Good evening, Ham. I wish to ask a question relating to spiritual preparedness. We are told of events that will place themselves in the near future are there specific ways we can prepare ourselves, both physically and spiritually?

HAM: Yes. We do not tell you too much for fear of over-preparation; perhaps this would be damaging also. Yet you all work with the Thought Adjusters daily. He prepares you in all ways. He is who you should look to.

JASON: Therefore, preparedness through insight?

HAM: Exactly. If there are no more questions, we shall begin tonight's lesson on the Father in heaven He who upholds, restores, and renews all things. It is He that we look to. It is He that we turn to in times of trouble. It is He who strengthens and prepares the way for us. It is He who removes the obstacles in our paths and leads us forward. He is the living water that renews our souls and gives hope in the darkness, the Giver of light and love and peace and harmony.

Father desires to share Himself with us. And you should desire to share yourselves with Him that He may fill all your lonely spaces, all the darkened corners, with light and love and peace. He searches your soul. He knows all the heartaches, all the unworthy thoughts. He is so very accepting that you need not fear to hide any part from Him; therefore, never do. You must allow. You should want to allow Him to fill you, for His presence is acceptance and forgiveness, and nothing else! You will be living lights when you allow this.

That is all for this evening. Farewell.

Back

System Circuits are Being Reinstated. Stand Before the Lord With A Clean Heart

Abraham, WOODS CROSS, UTAH 05-02-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am ABRAHAM. I have come once more to deliver a message to you, and to teach you in person this evening. Ham is not here but sends best wishes. One moment. Clarity is our utmost concern at this time and we are establishing a better contact through the mind of Rebecca. [pause.]

Many changes have indeed taken place of recent years, and many more are expected to occur shortly. These changes are mostly of a spiritual nature and will not concern most people. But for you, these changes should be of primary importance; you will become increasingly sensitive and aware of their importance.

The system circuits are being reinstated, and this causes change in the spiritual gravity of this world which many people will be sensitive to and respond to. This will aid our work, tremendously. The gravity of the Son, the Eternal Son, that is has tremendous power and weight. Your spiritual sensitivity and capacity for receptivity will increase noticeably. His drawing power is unmistakable to the spirit, to the soul, which will increasingly respond to this feeling. Communication, such as this, will increase and become more widespread. Many people will respond. [Phone rings. Laughter, and group comments on the phone's timing.]

ABRAHAM: This is not a problem. I find it wonderful to feel such good humor and fellowship. Father Melchizedek imparts the following instruction: Allow the spirit-feeling freedom of movement. Open your spirit to receive and allow this spirit-feeling to flow through you, unimpeded; this will be of great benefit to you. I will take questions.

JOSHUA: A couple weeks ago, Ham referred to Melchizedek as the vicegerent Planetary Prince as it is in the Urantia Book. Last week the reference was just as Planetary Prince. Has a change been made?

ABRAHAM: No. This omission of the word vicegerent is not meant to cause confusion.

JASON: Abraham, I wish to ask you a question on the Personalized Adjuster of this planet. I would ask if He is here as an administrator for our Thought Adjusters. And if He is here, will he stay in the future. And, how long has He been here, if at all?

ABRAHAM: One moment. Yes, His presence here is known to us. We do not understand His mission completely. Neither do we know His time frame as to when He will be manifest and when not.

JASON: Abraham, could you describe to me some of the personalities of the celestial governing body/council of Urantia?

ABRAHAM: Describe their personalities? or denote their station. (Jason: Both, their character description and position inside the council?)

ABRAHAM: There are twenty. Each person has a specific function concerning planetary welfare and individual welfare. It is an autonomous body headed by Melchizedek, who directs their activity, personally. All things are discussed; all opinions are heard before decisions are made. This system has worked acceptably thus far. As to their character, it would be unwise, for reasons unknown to you, to discuss their individual aspects and positions, and whether they are ascending or descending. Suffice it to say there are both ascending and descending sons present, working together, planning and implementing a grand project. The specifics are not important to you.

JASON: I understand. Are they able to communicate through their own special means away from the council, away from the embodiment of high spirits? (Abraham: To mortals?) Jason: Yes. (Abraham: Oh yes.)

JASON: I understand. So-to-speak then, would they look at all of us and give us sensation on a certain feeling, spiritual or material, to inspire thought reaction?

ABRAHAM: Probably you are receiving inspiration from their subordinates, but maybe not, perhaps directly from them at times. Situations are all different and require different levels of spirit personalities to deal with them. Each situation, as it arises, is dealt with accordingly. Some situations in our view, which may seem insignificant to most people are tremendously significant and require a high level of communication or intervention. Each situation will receive as it needs to the best of our ability. Are there further questions?

TODD: Yes, I have one. Last week, Melchizedek stated that the upcoming changes could possibly cause small calamities; and, that you would like to see many people brought into the fold of believers. Then he said you would require our help with this. Was he referring to both the avoidance of small calamities and, bringing the people into the fold? or just the latter.

ABRAHAM: Both, both. I don't wish to cause apprehension among anyone. These things may seem small to you, you see. As he said, small calamities can change the world.

To us, they are calamities. To you, they may seem as nothing important. Do you understand? (Todd: Yes. Thank you very much.)

NINA: We have been reading about the stages of Light and Life. We were wondering what stage Urantia might be in, if any?

ABRAHAM: Urantia has far to go before reaching settled Light and Life; many millenniums will pass first. We are in the initial preparatory stages toward Light and Life.

JASON: Do you anticipate regression in the future?

ABRAHAM: Yes, we have seen regression already and this will undoubtedly continue for a time. (Jason: How may we help you the most effectively?)

ABRAHAM: This is an interesting question. Each person has his/her endowments which does allow him or her to work and flourish in the world. This is not a simple task. This requires much time, much effort, and will not be pushed, cannot be pushed. This must be allowed to grow naturally to cause change, to reverse the downward (or the backward) trend that we have seen for so long. This will not be sudden. This must come gradually as the hearts of men come gradually to God.

JASON: Then by touching a few with a message of love through our daily living, we can teach and inspire others and that is what you would term the greatest help of all?

ABRAHAM: Naturally, yes this is the most important! This natural help to others is more important than needing armies, building bridges, building rockets, anything; being President of these United States is not as important as this. Let not your hearts be troubled, neither let them be afraid. Go courageously into the world. Shirk not your duty to the Lord. Are there any other questions? (Group: none.)
Abraham: Then I have a few words on this lesson to impart.

Stand before the Lord with a clean heart. Be unafraid. Be truthful. Be cleansed of sin and doubt, and be unafraid. His Spirit, which is always with you, will always aid you if you turn to Him and allow. Lean not upon your own understanding, but lean on the power and the understanding heart of God who sees all things and knows all things, and who will show you how to impart your words. And this should be noted by Rebecca, especially. We all stumble. We all have doubts. This is natural and expected, yes. But after stumbling, rise again. After doubt, wisdom grows and in this way, always shall. I wish to leave you all in peace. Shalom.

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A Call To Service / To Show Forth the Fruits of the Spirit

Ham, WOODS CROSS, UTAH 05-09-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am HAM. I am your Teacher. I am aware there are many questions this evening; you may proceed with them.

SHEILA: Yes, Ham. In the Urantia Book, it speaks of a Christian Church that is in its larval stage. Can you elaborate on this? (Ham: This is referring to our movement?)

SHEILA: Well, I'll read to you out of the book: "Thus does the so-called Christian Church become the cocoon in which the kingdom of Jesus' concept now slumbers. The kingdom of the divine brotherhood is still alive and will eventually and certainly come forth from this long submergence just as surely as the butterfly eventually emerges as the beautiful unfolding of its less attractive creature of metamorphic development." That's the church I'm asking about.

HAM: Yes, correct. There are many passages in the Urantia Book referring to these events in one way or the other. This is not prophesy, for these events are planned, you see. Yes, there is becoming, emerging, a new church, in a sense. This is the purpose of these schools and these lessons to bring forth the teachings of Jesus once more; to bring them alive from their dormant state. This is our purpose and mission. This is what we shall undoubtedly accomplish. Does this answer? (Sheila: Yes, it does.)

JASON: Would we be allowed to know a specific name for a group organization?

HAM: To be known as a specific name? (Jason: Yes.) Ham: Perhaps. Undecided.

JOHN: Ham, Todd and I were wondering: We have to take a class for school, but with interruption to our meeting-attendance here for about eight weeks. We were wondering if it would be detrimental to our learning and growth if we took the class, as opposed to coming to the meetings or just listening to the tapes?

HAM: My son, what do you think? (John: I don't know. I thought that we could just listen to the tapes and get just as much out of it.)

HAM: I cannot talk to you on a tape. (John: Okay. I understand.)

HAM: The main purpose for these communications is two-way contact, mind to mind, questions answered. To my knowledge, to my understanding and wisdom, this is very important. If the day's opportunities change, this matters not, but contact between us should continue. Further questions, please.

QUESTION: Ham, do our Thought Adjusters have names? (Ham: No, they do not. They are your name when you are one. Are there further questions?)

JOHN: Can anyone else in the group receive their spiritual name?

HAM: As I said, these names are revealed to yourselves, when ready, and also to me; and this spiritual occurrence may come while we are together or apart. I am directed to reveal these names by your Thought Adjusters only when it is deemed wise to do so.

HAM: Are there further questions or shall we proceed with our lesson? (Group: Let's proceed.)

HAM: The Father in heaven is love, is mercy, is wisdom, is guidance the true parental attitude toward His children. His way may not be easy. His way, in fact, is never the easy way, for it is filled with obstacles to your progress; it is filled with injury and hard, rough, experience. This should never be forgotten that it requires effort, courage, skill, and wisdom, to progress in the kingdom.

You all know you are sons and daughters of God. You are all safely within the kingdom of heaven. I say this with authority you are, without exception, within the kingdom. Progress from here will not be easy, and this is a fact. You are all called to show forth the fruits of the Spirit in your lives; to grow and develop character and sagacity in your dealings with your fellows.

We are much dependent on your progress, and certain are we of your eventual successes. We believe in you and have faith in you and this also, I say with authority. You will show forth the fruits of tenderness in your dealings with man; of wisdom in your answers to men; of love; of courage; and righteousness in all things, however small.

It is the small and repeated action that impresses others. It is constancy, constancy in righteousness that you shall not waver no matter what the temptation that befalls you. These things, these tests, occur in every-day-living reality. They may impede and hamper your stride, yes, but we require you to walk uprightly and progress in the kingdom so that these obstacles (life's challenges) will be courageously overcome, and that you will not stumble upon them further.

What is important? What is true? man asks. Yes, we know what is important. The lesser things will not hinder you if you do not allow them to; they will not hurt you; they will not stop you. You will not falter if you persist in thinking and acting in accordance to the doing of the will of your Father in heaven, and my Father in heaven.

Up to now I have used softer tones for you and have emphasized His love for you His acceptance and mercy and tolerance of all things. Tonight, I feel the instruction to call you to service. That, we will begin shortly. Have you questions?

RICHARD: Ham, I have a couple of questions. I know of people outside of this group which I feel are more righteous, having those virtues you described in your lesson tonight, more-so than myself. When you encourage us to do the Father's will, I'm not sure just what to do, specifically. It is not always clear to me at all what the Father's will is except in very general terms, and just in terms of my attitude in my specific life what happens to me daily in my life. I guess partly, because of my philosophical mind. I can see things from so many points of view that I confuse myself, and it just is not clear to me what the right thing to do, is. Can you give me any help in understanding how I can grow spiritually in the ways you would encourage us all to do?

HAM: Do you mean 'in the ways that God wants?' (Richard: Yes).

HAM: Yes, always remember who it is we serve. One moment. I perceive you are correct in your assessment of your mind. Naturally are you somewhat resistant, stubborn, and yet, willful and this is alright. One moment. If you truly desire higher spiritual experience (and truly desire is the key), you must be willing to allow this transition to occur. Father and His will must appeal to your mind, first. At times this 'allowing' is difficult because of your mental activity and emotional actions. You must seek the stillness more often. Be open to His guidance through the stillness. The stillness is to still the mortal mind and allow Father's presence to enter your mind. His response will be as much or as little as you can allow. This simple practice will begin to give you more and more peace in your life. This, for you at this time, is beneficial and will begin to help you spiritually to grow and to have a mental calmness. For you, a little will do very much benefit. Is there anything else?

RICHARD: Ham, may I call you 'Teacher?'

HAM: That would please me very much. (Richard: Thank you, Teacher.)

HAM: You are very welcome. The stillness is an important concept for everyone to understand. The mind is like water which, when turbulent, reflects and refracts light in many directions. When still, however, it reflects the light of God to the capacity of the person. In prayer, forget not to wait for a while for an answer or an attitude change. Father's ear is always open. He hears our prayer and understands our needs. Forget not this great and tremendous reality.

This evening's session is now ended. I will leave you for this evening. My prayers go with you all. Farewell.

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Seek First To Learn and Become Living Examples Before Going Forth To Proclaim

Ham, WOODS CROSS, UTAH 05-16-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Good evening. I am HAM. I am your Teacher. Let us begin with your questions.
[Editor's note: Most questions were personal and are here, omitted.]

TODD: I have a question, Ham. Your response to John's question last week gave me the impression that our mission for the Correcting Time would be the first priority in our life. However, I have a prior commitment to the people I work with in Atlanta, to go and work with them at least one year after I finish school. I was wondering, am I going to be able to fulfill this obligation? or do I need to make other arrangements with them?

HAM: One moment. Yes, perhaps other arrangements can be made.

JOHN: Ham, I was also wondering and in response to your answer to my question last week it gave me a new outlook of the priority. I was wondering how much time are we actually going to have to devote to this. When the Correcting Time begins are we going to have to treat it like a full-time job? or part-time. I was wondering how much effort to put in.

HAM: This should not worry you. Each person will do what is required for this work. Yes, this is important, more important than you can see. Yes, I ask of you to make it your priority in life. But if you cannot do this, it is understood. However, I admonish you to heed me and who I represent to you. My mission is to teach and to organize you for future action. If you do not take this seriously now, how will you regard it later when it is necessary for you to heed me when we rely upon you?

JOHN: Ham, did you infer from my question that I wasn't willing to commit? (Ham: I am not convinced, completely.)

JOHN: I truly believe I'm committed wholeheartedly. (Ham: Very well.)

JOHN: Is there anything I can do to prepare myself?

HAM: My son, you have given much and you have done much up to now. This is pleasing. You do well. Further questions?

JASON: Yes Ham, I would like to ask a question about spiritual thinking. In particular, during this week I have had some distressful contemplating and spiritual thinking. Most of the confusion is caused by my mortal nature, my physical-thinking, my earthly state. I will receive inspirations and intensifying sensations followed by confusion and mental discernment that distracts me from focusing clearly on what was just disseminated to me. I would like to ask how the Thought Adjuster best conveys Himself in particular to myself, and how I might become more receptive to His speaking to me.

HAM: Because life is filled with distraction and turmoil, it becomes necessary to put a little time aside, daily, for spiritual receptivity only.

JASON: And I have done this. These times are ritualistic to me. They occur many times during the day.

HAM: And yet you're distracted by your own thinking? (Jason: Yes, in some cases.)

HAM: This is common. Attempt to lessen it.

JASON: I see. May I ask one brief question? (Ham: Certainly). Jason: When I was with a lady, a holistic medicine practitioner during my session with her, she used a dazing method to communicate with me. And to her surprise, and mine, an overwhelming sensation was very present in the room. She claims it emanated from myself. If you are aware of this incident, may I know what this sensation was that she was affected by severely?

HAM: One moment. You are aware there are celestial beings that are here, correct?
(Jason: Yes, is this a future thing I am to be familiar with?)

HAM: My information comes from you and others here who ask. I do not consult outside, normally. What I perceive this occurrence to be was the arrival of an archangel, yes, who witnessed your exchange. (Jason: I understand now. This is an affirmation. Thank you.)

HAM: I shall proceed with our lesson for this evening: Our Father in heaven is near to all believing persons. His nearness increases with faith in Him. When first we decide to believe in God??and this is always a conscious decision, whether early or later in life??then God-consciousness seems a far-off thing, a nebulous concept at best. He, or rather your awareness of Him, is colored by the input of others so that, as children, your belief in God is as your parents described Him to you.

It is this early concept of 'good and bad,' 'right or wrong,' 'justice and injustice,' that becomes pattern and grows to intermediate levels which has produced some personal experience-patterns in life that says 'right living' gives you the least amount of problems and makes it easier to live. That thinking, that pattern, is distressing, yes, for the conscience is allayed and fears are helped to subside through the belief that 'everything is for the best,' or, 'everything will turn out alright because it's God's will.' It is a mindset that says: 'my life is fairly stable at this point and there is not need for change, for growth.'

Do you see, this level of understanding (that all will be well) is the majority. The majority will fudge it a bit on the edges; they will be slightly immoral when it suits them and think that they can make it up later; or ask forgiveness over and over; or go to confession. Yet, this level of belief entails much confusion because of the imperfect vision of the real nature of God, the real nature of reality.

And so, the vast majority stumble through life with their eyes almost closed. The few who go past this level do so by receiving personal spiritual guidance on a continual basis. Once this concept is grasped (of personal spiritual guidance in all of daily living) then each person may progress very rapidly if they follow it.

Now here, many come against problems with family, friends, and church, etc.; and many will not follow guidance not completely or wholeheartedly. Then comes much justification. This justification may be unconscious, or become unconscious after a while. As was with Abraham he continued to sacrifice long after his instruction directly from Melchizedek that this (sacrificing) is a wasteful practice and entirely unnecessary.

Abraham did not feel secure in his new-found liberty Machiventa had taught him; he was still quite bound by tradition his peers looked up to him; they expected this action to sacrifice. In this day, we see the absurdity of 'having to sacrifice' with a more-clear light. In Abraham's day, however, you must sympathize with his plight.

There are many similar instances in modern religious life. The truth will always progress down through the ages, even unconsciously, through generations. Then there

are times of great spiritual enlightenment when the unconscious becomes conscious. When the truth is told and the way opens up, the response will be forthcoming.

This unconscious well of spirituality on Earth at this time is, or will be, ready to burst forth with many many people. But for now, I tell you do not go forth boldly proclaiming the gospel; the time for that will come later. For now, hear me; talk to me; advance yourselves and prepare. You are all my responsibility and I love you as a father, all of you. Be not distressed or troubled. Walk slowly at this time of transition. My best wishes to you this week. Farewell.

Back

John Preached Baptism and Repentance. I Say Today, Forgiveness
Ham, WOODS CROSS, UTAH 05-23-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Are there any questions to begin with this evening? [All Q/A's were personal and omitted here.] Let us proceed with tonight's lesson.

Our Father in heaven the Creator, the Upholder, Master, King, loving Parent of the vast, and to our small imaginations, limitless universe, is also resident within your minds. Pause to consider the contact of the infinite eternal God who extends personally to His personal children in the most intimate and sublime relationship.

In a way, you as our Father's creature, children, creation are His thought; your independent thoughts are all known to Him. Nothing of your mind, intentions, will, desires, after-thoughts, foresight nor spiritual insight, is unknown to Him. He encompasses all of reality. There is no hiding of a thought or an intention. In Him, we live, move, and have our being.

Our thought intentions have repercussions outward, as well as inward. This presence within the mortal mind is known to the Father as the 'Thought Adjuster.' These Adjusters have repercussions which manifest in the Supreme, for not only do actions have repercussions, but thoughts do as well.

Father's thoughts of love, forgiveness, and mercy, becomes yours and bears the fruits of tolerance, forbearance, worshipfulness, service, and a kindly nature. His thoughts of giving, caring, and lovingness flow outward as understanding, kindness, happiness, and tolerance. We must seek to broaden ourselves; to encompass these great thoughts; to be the vessel of these great thoughts.

At best we can only hope to capture some of this greatness, some drop as in an ocean of infinite greatness. His love is beyond our complete comprehension. Yet, a drop enters, nourishing us, growing us, giving us strength. We need to open ourselves to those drops of love. We cannot be the ocean; we can only receive what we can receive. But, in the God-knowing mortal, the results are seen clearly. "By their fruits, you shall know them," He said; and so it is and ever shall be.

Tolerance is a mighty gift. Only the strong are truly tolerant. This mighty tree of tolerance grows; and grown in time it gives comfort and shade to all who come near it. Forbearance, likewise, and long-suffering. A strong tree bends not in the wind and the rain; it forbears all things and continues to grow and be a comfort to all those who come near it.

Forgivenesshow many times shall we forgive our neighbor? Can we ever afford not to infinity? No! Forgiveness must be constant, consistent, and all-encompassing. To err is human. Our Father forgives us our errors can we now turn to our brother and forgive him not? No! for this is not God-like behavior. The Father frowns on unforgiveness.

Forgiveness remains the cornerstone of the gospel in this twentieth century after Christ. I cannot overemphasize its importanceboth in your life, and its relation in the gospel. In order to cleanse yourself, forgiveness is necessary. John preached repentance for cleansing and baptism. I would say to youforgiveness, instead. The Father's forgiveness is an open offer; open to all who would receive it.

My time grows short. We will discuss this further at our next meeting and then I will receive and answer questions. For now, I must retire. Farewell.

The Living Channel of Faith and Its Transforming Effects. The Liberation of Faith

Ham, WOODS CROSS, UTAH 05-30-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

My greetings to you. I am HAM. I am your Teacher. Perhaps you have questions?

RACHEL: Yes, good evening, Father Ham. I have a couple of questions. Can you tell us how our spiritual names are chosen and who assigns them to us?

HAM: One moment. Daughter Rachel, your name is a perception of your personal being; it is the conception of you as a personal being able to be perceived by others beginning at your physical birththough previously, in the physical embryonic state, you were developing. At the point of partition from the mother a separate person is perceived, and this person is individual and precious to God. In the broadest sense, God names you. In the practical sense, the name reflects the spiritual perception of the individual person and is thus recorded. All spiritual beings perceive you as Rachel, and always will. The tone quality of your name has a physical manifest. It is not quite the same as pure spiritual perception, but being on a material level, it is best we can do. Are you understanding?

RACHEL: Yes, and I thank you, Ham. Are there ways we can show our love and appreciation to the midwayers other than through prayer?

HAM: I have been asked to deliver a message of appreciative thanks from our midwayer friends, to you.

JOSHUA: Father Ham, may I ask a question? (Ham: Yes, Joshua, what is it)?

JOSHUA: Well, before I ask a question, I would like to bring you up to date on the happening concerning Michael Landon and the group in California. You may already know them. After last week's meeting, I called Duane Faw and he told me the Spanish speaking gentleman that helped him get the tape into the gardener's hands found out that Michael is in the hospital having a blood clot removed from his left leg. He went to the hospital and found which floor he was on, and which nursing station was taking care of him. He gave another copy of the tape to the nurse, and told her Michael was expecting the tape and please give it to him; and as far as we know, she did. He also told me that he was taking the tapes we've sent him and editing them to use at their meetings. So your teachings are going a lot further than this group. (Ham: Thank him for me). Joshua: I certainly will.

RICHARD: Teacher, my uncle Carl sends his greetings, his love. I shared with him some of what you have taught us, and he was greatly encouraged and heartened to hear of these proceedings. He asked if you might have some words of direction or encouragement for him? He is a person of a lot of faith in the Urantia Book, and he endeavors to minister to his acquaintances in a spiritual way. Can I take any message from you back to him?

HAM: Yes that I would like to see him.

RICHARD: Thank you. I'll tell him. May I ask one more question? (Ham: Certainly). Richard: When we pray, or just even when we talk, can the angels hear our voices -- even if they're not in the vicinity?

HAM: No. They do not perceive sound on a material level, but your thoughts, prayers, intentions may be perceived. (Richard: Thank you very much, teacher.)

ANGELA: Ham, I would just like to say thank you. Your teachings have greatly affected my life, and I wish to express my gratitude. Thank you.

HAM: Your appreciation is received and noted. If there are no further questions then I will proceed with our lesson:

Faith in the heavenly Father is a transforming experience. Faith is the channel through which the mortal person perceives the Eternal Father; it's the living link between the two so far separated. Without faith, there is no growth. Faith revitalizes and rejuvenates the body, mind, and soul. Faith is opening the door of the heart, mind, and allowing spiritual presence, entrance.

Faith is the active grabbing of spiritual truth, the active incorporation of spiritual reality into one's very being; it is the ladder to the infinite. Faith is active and requires activity on the part of the faith-believer. In order to utilize the spiritual currents of the universe, one must actively seek and be willing to use them. What purpose is this ladder if you don't climb it!

Faith is the use of the living God-presence. His spiritual presence is always with

us; yet it requires faith to utilize this presence. Faith is strengthening by its very nature. Faith is the supreme ?will-dominance factor? in spiritual progress. Faith is man reaching up to God, and God reaching down to man. The reach of faith must be made to take that hand.

Faith utilizes the vast storehouse (or rather, the vast of spiritual energy) which envelops us, always surrounds and enfolds us. One may have intellectual recognition of this, but faith is the active daily utilization of this truth. Faith is only limited by ourselves.

Faith can be boundless; it is immeasurable. Faith is the free will act of choice, of choosing. First: to recognize God. Second: to understand God. Third: to appreciate God. And Fourth: to actively seek to do His will. Faith is the act of making His will, your will. This act is the greatest liberation man can know.

I am sorry. I perceive Rebecca is tired and I will strain her no further. However, next week I wish to continue this theme of the 'liberation of faith' and its transforming aspects for results. I thank you, and good evening.

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Salvation Through Faith | Adversity Must Be Overcome In Order To Build A Strong Reliable Soul

Abraham, WOODS CROSS, UTAH 06-06-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am ABRAHAM. I will be your Teacher for this evening. Are there any questions for me at this time?

JOSHUA: I'd like to make a statement and also ask a question. Richard and Rosanne cannot be with us tonight. They send their apologies and want you to know they very much wanted to be here. Also, I received a phone call from Duane (Faw) wherein he verified that Michael Landon had received the tapes.

ABRAHAM: This, we knew.

JOSHUA: Duane also wanted me to ask a question. In the Urantia Book, it talks about Van and Amadon and others that prepared the garden for the arrival of the Material Son and Daughter. Duane was wondering if perhaps in the future a Material Son and Daughter may arrive here on Urantia, and if so, could the celestials pick a location, for which he would like to contribute money to the purchase of whatever property and build a home for the Material Son and Daughter, and whoever else may need one. He has written a book and wants to use the proceeds from the book to further Father's work.

ABRAHAM: Yes, this intention is very honorable. However, time for such action has

not come. To the question of ?will there be a Material Son and Daughter residing on Urantia in the near future, is still questionable and has not been fully and finally been decided. When it is I will tell you. (Joshua: Thank you). Abraham: Are there any other questions?

MEL: There is a question I'd like to ask about the adversity we experience in our life. What is the main purpose for the adversity?

ABRAHAM: This is a broad question, so I can only answer in broad terms. Adversity creates (or rather requires) a reaction. This reaction builds strength and stamina in character. Each person experiences adversity for this purpose. If life were easy and blissful, hard decisions would not be required to be made. These essential decisions must be made in order for there to be soul strengthening. In the parable of the Sower, we see that some seeds sprout readily and grow tall quickly, soon to be withered in the sun, not having the requisite strength (fortitude) to withstand vicissitude. Each person is like a plant. It is the good Gardener (the Thought Adjuster) who directs the tilling of your soil, the fertilization of your roots, the rain to fall, the wind to blow, the sun to shine; all this is done through the action of the angels, among others. Our good Father sees to it that His beloved child receives what is needful for the best growth of his soul. Adversity, even calamity, can be part of the nurturing process. The blessing of these seeming calamities may only be seen through hindsight and are not apparent to the growing seed/child. The good parent ensures proper medicine for any illness. As well, proper exercise to grow and to maintain robust health. Each child requires differing remedies and different exercise. By 'exercise' I am referring to robust life activitymentally and physically. In order to meet the challenges of life, each person must have experienced a certain hardship factor. And in the knowing that past hardships have been overcome, strengthens the mind and soul for future hardship (or mind conflict) which also must be grappled with. This 'can do' attitude is important and cannot develop further without having already done. Therefore, adversity, small and great, befalls us all and must be overcome and grappled with individually in order to build a strong and reliable soul. Does that answer? (Mel: Yes, thank you).

RACHEL: I don't have a question, Father Abraham, but I thank you kindly for being here with us tonight, and I hope there is nothing wrong with Ham, and send him our love.

ABRAHAM: No. Thank you, Rachel. He will be back next week. John, is there something you would like to ask? (John: I don't think so.)

ABRAHAM: Are you sure? (John: I'm pretty sure, but not too sure. I don't know.)

ABRAHAM: Very well then, my son, there is something I would like to say to you. We are happy with the progress you and David have made lately and we welcome you into the reserve corps of destiny where you will accomplish many duties under my leadership. You are now and in the future under my command and consider this an appointment. If we had ranks, you would be receiving a promotion. That is all I wish to say.

JOHN: Thank you very much. I am very honored and I gladly accept the appointment.

ABRAHAM: And David? (David: That goes for me, also.)

ABRAHAM: I am pleased, also, to communicate to Duane (Faw) that we are considering his previous request for an appointment of one of our Teachers in the near future. (Joshua: Thank you very much. I will call him tonight and convey this right after this meeting.)

ABRAHAM: Ruby, Martin, Benjamin, and Charles are doing well and send their love. [Editor's note: This refers to those of the New Zealand group Abraham's initial students.]

JOSHUA: Would you send our love back to them?

ABRAHAM: Certainly. Let us proceed with tonight's lesson.

There are many things written in the Bible which are very uplifting, and many passages, whole books, which are very down-casting. In my day, before the Bible was written or compiled, there was very little writing. We relied on verbal messages practically completely. Traditions and new teachings were kept within the minds of the people or the persons learning. Each person learned slightly differently from every other, and his personal slant, or interpretation on a direct teaching, colored it forever.

These people who were taught by Melchizedek went forward into the world and passed this knowledge on as purely as possible until they died. They were admonished to train at least ten individuals of the younger generation as succinctly as they could, these same teachings; and they each, ten, and so forth. You can see within just a few generations the teachings would spread, but in the process be diluted and become mixed with other beliefs held by people.

The main message for seed teaching of 'salvation through faith' was eventually practically lost in many parts of the world, but remains strongest near the center of the Melchizedek bestowal (Palestine), especially the 'One God' concept. The 'One God' concept has remained strong through Christianity and is generally accepted throughout the world. One God for all peoples is a basic concept today in most religious understanding.

We wish now to extend this concept of 'One God for all people of the Earth' to 'One God for all worlds.' The concept of God over the Earth is limited and anthropomorphized. The concept of 'God for all worlds, all space, for all time,' is infinite and eternal. The concept of the infinite is partial and fragmentary at best, in your state of being; but the attempt of understanding this intense concept is, in itself, emerging. The understanding of a personal infinite is enlightening; and I will attempt as will Ham, through many lessons, to enlarge and strengthen your conception of the Eternal Father.

I pray that through me His voice speaks to you, and His love reaches your hearts. I only pray to serve Him who is invisible to our eyes, yes, but who is the greatest reality in existence. I pray that I may wisely bring forward His word that I may

capture your imagination to enlighten your understanding. I pray that I may serve you well and in so doing, serve our Father. I pray that as His love grows within you that it may shine for all to see. I pray to you, Father; and to your Son personified in our Lord Michael, whose Spirit envelops and nourish each of us. And I pray that our work will be acceptable in His sight. Amen and shalom.

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Faith, a Healing In All Aspects of Life | Faith Makes Us Perfect, One Step At a Time

Ham, WOODS CROSS, UTAH 06-13-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Greetings. Greetings especially to the newcomers. Are there questions at this time?

MELISSA: Yes, Father Ham. When you told me "everything goes as planned," I have a question about this; actually a few questions. (Yes). What is this plan that I know was made, and yet unable to recall? What celestial being presented this plan to me, and where was I when the supernatural experience took place?

HAM: Yes. There is a plan for you. Yes, you have been advised concerning it. The ascension plan is varied according to the individual personality. Each person has insight into his or her own destiny according to one's spiritual level. However, in some cases the person may be shown or given additional insight, information beyond the normal spiritual scope. This would be regarded as a revelation revealing of the future, or rather, potential future; for you are free, of course, to determine your future. With guidance, fortitude, endurance, desire, will-power, determination and strength, you will achieve these spiritual levels revealed to you. Living the spiritual life requires all these things. And you, Melissa, have in store a sublime spiritual destiny, for your heart is known, cherished, and loved by many whom you do not realize. Your great will desires to do the Father's will; this is uppermost in your mind. This dedication is extremely appreciated. Your third question was who?

MELISSA: I wanted to know what celestial being presented the plan to me and where I was.

HAM: Yes. By a Melchizedek. You had not gone unnoticed. Awareness opened reality here on another awareness level. Are you understanding?

MELISSA: Yes, I am very appreciative.

JANA: I wanted to ask you about seraphim angels. If you could give me some information about them, or her, and why I was contacted?

HAM: Yes. The angelic circuits are being re-established; and angels are the daughters of the Infinite Spirit, who serve in many capacities including guardians

of destiny. Seldom were human beings contacted by these daughters. Recent developments have allowed for mental contact to be easier, and when the time is propitious these contacts are favorable in allowing for not only mortal thought-expansion but also for personal messages to be delivered, such as the case with you. This was a message from your personal guardian of destiny, which she has told you is extremely important; it is wise to heed her. Melchizedek has instructed that any communication possible be made for the gathering of those who will heed. It is desirous for those with spiritual insight and sound understanding to come under his influence, guidance, and direction. These lessons are, in the main, prepared by his instruction, for this is the most important thing for you to do. Perhaps this unusual teaching method is new and disconcerting to you, but you will see the efficiency and wisdom in it. Does this answer? (Jana: Yes, thank you).

JOSHUA: Father Ham, you are aware we will hold our next meeting on this coming Monday? Is this okay with you?

HAM: Yes. I will now proceed with our lesson: At our previous meeting session, I discussed the living channel of faith and its transforming effects. I now wish to return to this subject in order to broaden and deepen your awareness of faith as a healing in all aspects of life.

Faith is the priceless treasure which cannot be bought or sold; it is free for the willing child of God. Faith is the living channel between the creature and the Creator; the soul and his Father; the son or daughter, and their all-powerful, all-wise, all-loving and merciful Eternal Parent. This living channel is indeed an umbilical cord it sustains and strengthens the child-creature in health, in mental efficiency, in life's performance, and in the transforming ability to bestow the Father's love upon one's fellows.

Only by faith is His love received. Only by faith does this love pour outward. Only by faith do we become a living channel of love. Only by faith do we grow and ascend. Only by faith are we ascended and received. Only by faith are many truths understood, or I should say, spiritually felt. There is no other technique. Only by faith are we saved from our ignorance. Only by faith do we know Him. Only by faith do we allow Him to know us.

It is faith which strengthens. It is faith that destroys error. It is faith which makes you perfect one step at a time. By faith are you healed, in body as well as soul. By faith is spiritual power known. By faith are small things made great. By faith is the mind brought to understanding of spiritual realities and truth.

Faith is the living way, the way shown by the way-shower, Michael, when made flesh. By faith the door to the kingdom is open. By faith we enter. By faith we are made safe and secure in this understanding. Faith is the wellspring of goodness which overcomes all evil. By faith we are brought into the light a light which cannot be darkened or diminished if by faith you truly desire.

I will leave you with the prayer that God's peace and His love be upon you always and forevermore. Farewell for this evening. Farewell.

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Machiventa Declares The Time Is Ripe For Evangelism. Give Out Freely What You Have Been Given

Ham, WOODS CROSS, UTAH 06-17-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Greetings, my friends. This evening is important for I have many things to tell you, beginning with my announcement that the time has begun to bring together many potential believers. We will see who remains, and who does not. There should be no anxiety on the part of those bringing in new people for they will decide of their own accord or conscience what is best for them. Therefore, have no anxiety if they do not remain.

Secondly, I wish to declare the following: Machiventa Melchizedek, vicegerent Planetary Prince of Urantia, has decided to incorporate this group on a higher level. By this I mean, you are the first to begin evangelism under his, and therefore, my direction. As I have said previously, the Correcting Time has begun, and now begins the great harvest of souls ripened and ready to receive these truths.

This movement, or harvesting/gathering, brings much joy to our hearts; and will certainly also gladden yours when you see the results. This life is not long, and there is much for you to accomplish. We deem the time to be ripe for the beginning of this work in earnest. Be patient, be gentle and unhurried however, in your dealings with people, for each grain of wheat ripens in its own time; there is nothing you can do to hurry this process without the true spiritual receptivity of the recipient.

If the truth of my words did not create results in your lives you would not be here. What truth I give you freely, I wish you to give freely. Be unafraid to give it, for how it is received is really beyond your control. Each person can only sow these seeds, and then to wait for the results. Many times you will be disappointed, and even scorned this is known and understood.

Therefore, I send you with bravery, courage, wisdom, and discretion. Be gently yet firm, as I am. Be secure in your faith, as I know you are. Above all be loving, and many hungry souls will come to you on their own.

I am reminded of the parable of the good shepherd. When one of the flock is separated and goes astray, the good shepherd looks for that sheep tirelessly until he finds him and gently returns him to the fold. This is my mission to you to seek out those who are lost and to bring them from darkness into light; to give hope and peace and security in faith.

I admonish you be not discouraged, for the fruits of your labor will multiply many times. Melchizedek desires that many people who receive my teachings are prepared

together with him, to teach others. This is the beginning of the Correcting Time. Are there any questions?

JOSHUA: Yes, Father Ham. Would it be wise to send this information to the ?Brotherhood of Man? library for them to disseminate to the readers of the Urantia Book? (Ham: Yes).

JASON: Teacher, I'd like to ask would you advise people in the group to start their own study group to introduce other people slowly to the Urantia Book, and then slowly to the teachings that you are giving us now?

HAM: No. My teachings are simple and direct. Perhaps my teachings would be easier for a person to receive than the Urantia Book. Therefore, I wish it the other way around that those receiving my teachings should then study, together, the book. As I said previous, the Urantia Book is like a tool for learning and understanding; it has, and will, bring many people to God. Yet, there is much contained therein which confuses and complicates the simplicity of our Father; and simple truth may be lost in this confusion. I will endeavor to make clear that confusion; to word-simplify that which is complex. As mental comprehension is thereby expanded, the papers of the Urantia Book become more and more easily comprehended. Yet, as all of you who have been readers do understand, this book has many different levels in each paper so that parts are understood at first, and then more and more of the whole is comprehended subsequently. Joshua can attest to this truth. It was designed that way. That is all. Further questions?

LAURA: Father Ham, can you address the role of the new women apostles of this day and age?

HAM: Yes. We understand this as the age when women are finally acknowledged as spiritually equal; and where women can, and will, play a vital?and in all respects, equal?role with men. Your roles will not be exactly the same, and do not expect them to be! You are each, individuals, yes; and each individual will therefore play a different part. However, women will not be segregated; there is no need for this, but will be fully integrated into the mainstream of this work. The example of this total equality of spiritual recognition will be a powerful influence in the world in the future; for now in today's world women are not recognized generally, to be 'spiritually equals' with men; it is this perception we desire to change.

RACHEL: Well Father Ham, I know that we have read in the Urantia Book that we will be equal; and that bothers me some here. I can't understand why you aren't teaching some of our young women separately as you are some of our young men. I know it wouldn't do any good to teach me at my age, but some of the young women we have here in our group are very capable.

HAM: Rebecca is chosen as my spokesperson transmitter to the group, and she is always present, as have many young women who have been taught privately. You see, this world is male dominant; and thus, in some work, men will be required; in other work, women are more capable. We are choosing individuals for individual tasks; and yes, their gender is figured into these tasks it cannot be otherwise. Rebecca is performing a gender-neutral task. In the future, a man's presence and voice may be

required to say and do great and important work to lead men; for you see, this is a male-dominant world. I also have said, our example of full and total recognition of complete spiritual equality will influence into the future so that the world will not always remain as it is in these gender differences. Are you understanding?

RACHEL: Yes I am, Father Ham; and I guess that's why I always wished I was a man.

ELLANOR: Ham, do you mean that we are not spiritually equal on your plane either, men and women?

HAM: No. You are not understanding. You are completely spiritually equal absolutely, unequivocally, without a doubt, completely equal!

ELLANOR: Great, I am glad to hear it. [Laughter.]

RACHEL: Father Ham, trust me to open a can of worms.

JASON: At present we know there are about a dozen other Teacher/groups, is that correct? (Ham: Yes, you are correct).

JASON: I take it we can verify others with you? (Ham: Yes). Jason: Thank you.

JOHN: Are any of these other Teachers being publicized in books or mass means? or are they quite like this?

HAM: They are all quite like this, correct; but not necessarily Urantia Book based. (John: Thank you.)

JOHN W.: Teacher if we run across people who already have religious faith, should we teach them? or go on to other people. There could be a problem with others? religion, or their values.

HAM: Use your spirit-guidance and best wisdom/judgment in assessing each situation, separately. As Jesus taught, you never condemn another's belief. Only plant seeds of truth, and presently these will grow and crowd out any error. All belief systems on this world today contain differing measures of truth and error. Only seek the truth, and bestow the truth upon your brothers. Seek not to change any belief system; it is not important to do so, nor is it desirable. Does that answer? (John W: Yes, thank you).

RICHARD: Teacher, should we take that to mean that if we are talking to someone that is not a Christian, we should allow them to continue to not to believe in Jesus? Or should we make some effort to persuade them toward the religion of Jesus?

HAM: Yes, this is difficult. Christianity, in its present form, is much distorted in its view of Jesus. This distorted view has turned many away from His good teachings. At present, modern-day Christianity does almost as much to hinder the spread of the gospel of Jesus as it does to promote it. His teachings cannot be thought untrue by any thinking person. Therefore, His teachings should be used not as does doctrinal Christianity, but used as direct spiritual food instead. But as I said, do not

attempt to dissuade the person away from their heartfelt convictions. Does this help at all?

RICHARD: Yes, it does. I have another question related to that. I have known good people, responsible and caring people, who claim to be agnostic. Can I assume some of these people have a good working relationship with their Thought Adjuster, despite their disbelief in God?

HAM: Yes. Yes, you can. (Richard: Thank you).

HAM: Most of the work of the Thought Adjusters is not conscious, but subconscious. And therefore, many are led and directed by their inner God without conscious recognition of this leading and directing. Of course, conscious decision to recognize God; to recognize and to accept His reality, both within and without??to understand His love and care for each person, and the desire to become like Him, to affirm His will within our own??is the first steps to immortality; and these are very crucial. Is there anything else?

JOSHUA: Father Ham, do most mortals survive?

HAM: One moment. Yes. (Joshua: Thank you very much).

LAURA: Father Ham, I'm new to the Urantia Book and I would like to understand 'evangelism,' and my mind is perceiving it as influencing the people in our lives through our good works, through our communications, and possibly even through books or songs.

HAM: The very example of your particular lives, your daily living, correct.

LAURA: So how we begin is to be at whatever stage we are at with our lives; by being more conscious of how we are living our lives, and how we are influencing people in our lives?

HAM: You are conscious now of your influence, correct? (Laura: Yes). Ham: This influence will extend, fear not. You must not think that you must be perfect to extend yourself, for this is impossible; and yet, this self-expectation is understood. You need only the desire to become as God is; to allow His being to make your uniqueness more real and unique. This does not require conformity, but rather, extreme individualityto be who you really are; and, to realize who you really are, more and more, day by day. And this unique reality will naturally be attractive. We ask of nothing of anyone but that.

RICHARD: Then Teacher, do I understand that despite the fact that we are to be evangelical, your teachings to us as a group will still continue?

HAM: Yes, of course, my son; the shepherd does not leave his flock. (Richard: Thank you.)

HAM: In closing, I would like to express: We have among us one who has walked this Earth. One who has lived and suffered in life as you have; who has borne trials and

ease, disappointments and pleasure; songs, tears, laughter, melodies, ugliness and beauty, despair and relief. He has personally sent His Spirit-presence to be with each person; yes, for him to have complete understanding, and for each person to have complete comfort in that understanding. There is nothing you have suffered, experienced, borne or forgiven, which He has not done also with you.

Yes, we worship our Father, but we must not forget to revere our Brother/Father, for He is understandingly close to each of us as a brother by your side in times of trouble, in times of happiness, in grief, and in love. His Spirit-presence is always near. We should not forget to acknowledge, in grateful humility, this extreme gift. At this time may we each offer Him a silent prayer. [pause.]. Amen and farewell for this evening.

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Truth Is An Experience Of The Soul. It Forever Banishes Darkness

Ham, WOODS CROSS, UTAH 06-24-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings this evening. I am HAM. I am your Teacher. Greetings all newcomers. I am happy to see you on this wonderful summer night. And now, if there are any questions.

ROSANNE: Ham I have a question. A few weeks ago, someone ask a question about our Thought Adjusters when they are gone, and if our souls are inactive at the time, and you said, yes. I was wondering if you would clarify soul growth?

HAM: Yes. The soul is that living entity which is grown by the process of the Thought Adjuster's interaction with the personality producing the real living being, the personal self, or soul. The Thought Adjuster transcribes, or takes, the physical mind manifestation of a personal reality and creates from that its counterpart on the morontia level of reality so that every true meaningful-felt thought reaction is made eternally real in the soul.

The soul is indestructible and unassailable. It is real, and in a truer sense, a more lasting sense than say your physical body. Your innermost, deepest, fairest and the truest reality that is you, is contained within the soul.

During the entire mortal life, the Thought Adjuster continually takes that which is best of you and realitizes this into the soul. And it is this 'true you' which survives the dissolution of the mortal body, and which is once again personalized on the Mansion Worlds. This is the reality which you would say shines from within; is that reality which you see in another's eyes; that reality which your soul feels in another; that reality which is spiritually responsive and knows, because it is.

It is by and through the soul that love is felt, that true values are known. And

that progress toward these ultimate realities (in that it makes these realities its own) realitizes spiritual values and love. This growing entity, reality, is felt most strongly in the heart center and seems to radiate out from there. Therefore, the work of the Thought Adjuster??this spiritual movement, and the ?becoming real? of the person??is felt at the heart.

The more the soul encompasses your total reality, the more the soul grows and the more real and enduring is the individual person. On the contrary, the less a person grows spiritually, you would say the heart hardens and becomes unresponsive to spiritual activity. Does that answer adequate? (Rosanne: Yes it does, very well. Thank you.) Ham: Are there any other questions?

DAVID: Yes, I have a question, Father Ham. I had a dream where I was talking to a high school teacher, and in the dream, I felt an overwhelming urge to tell him of what was going on here. I was wondering if that was from my Thought Adjuster? or just a dream.

HAM: Yes. Dreams are a difficult subject. Many times they are significant, yes, but the majority of the time you would say they are not. However, I perceive this particular dream was extremely vivid. And I also perceive that the high school teacher in the dream is a conglomerate, or representing many people. This particular person is not specifically significant meaning he could be representing people in general, but was in the form of one individual. I don't see it as a calling to contact him, particularly. Does that answer? (David: Yes)

LAURA: Father Ham, recently I received a dream in which I came face to face to a man that looked exactly like me, and then that same night I experienced an uncomfortable high frequency; and at the same time I felt very happy and peaceful. I awoke from that night feeling very peaceful and calm. I don't know what a Thought Adjuster is. I thought if you could address that, and if the dream was in regard to the Thought Adjuster.

HAM: Your first question you are unfamiliar with what the Thought Adjusters are, correct? (Laura: Yes).

HAM: I will speak further on this: On this world, we refer to the Spirit of God, which resides in our minds, as Thought Adjusters. These spirits are individual to each person. They are of God the Father. They are an individual Fragment of His pure spirit self. They lead and guide, individually, each person, on the road of life. They are the Eternal Paradise Father in a form where He may individually know each of His vast numbers of children so that He, personally, can be with each. Each child, by their will, may choose to identify his or her will with the will of the indwelling Father; and by so choosing, in decision after decision throughout life, the child increasingly becomes like the Father. Do you see? (Laura: Yes.)

HAM: So that: "Be you perfect, even as the Father is perfect" becomes a command to know God, to love Him, and to identify yourself with Him. The only active means that this becomes a reality is by our choosing; in our decisions in our daily life, ?It is my will that your will be done.? Do you see? (Laura: Yes).

HAM: In so identifying the two wills as one, the child and the Father come together increasingly to the point of complete cohesion or fusion. And at this point eternal life is assured, the two become one, completely; there is no separation anymore. This fusion normally happens in the life beyond this life, but the beginnings of this process does occur in this life. If such complete fusion of the Infinite Eternal God with the mortal finite child does occur during mortal life, the child is immediately (or rather the new person, is immediately) translated onto a Morontia World, and the mortal body is consumed by the energy involved. However, this is very rare on this world at this time. What else would you know?

LAURA: Well, I have two more questions. One has to do with health, and one has to do with the journey. The first: I noted today in researching some papers in my office, that I, in 1980, had noted that I was going to talk to my doctor about the itching I had in my chin. I recently went to a doctor here in Salt Lake City, and also asked him about the itching in the back of my head. And my doubts come up about my health because I was a smoker for many, many years. So I'm concerned.

HAM: One moment. Yes. That which you perceive as itching has an underlying distress cause. If we relieve this distress, then will also the itching cease. At this time, I advise to allow some time to pass before the administering of spiritual healing. Next question. [Omittedpersonal nature.]

HAM: Let's begin tonight's lesson: As for now, I wish to speak again concerning truth. I have spoken to you of truth in the past, and now wish to extend the lesson. Truth is ever abidingthat is, it is eternal. We may know truth in fragments; in partial shadows; in lines that fade and grow dark. The truth I speak of today is the truth of the one Eternal Father.

Father's truth passes not away, nor is it 'true for a time.' His truth is ever abiding and true 'for all time.' Of this truth, we may see but as a pinpoint of light the blazing glory which is His truth. Yet, that pinpoint of light is our guidance, is our hope, is the source of our destiny and the goal of the ages; for truth is an experience of the soul. It is that knowing sense of identification with reality. It is that shock of affirmation. It is that quiet glow of wisdom.

Truth is light. Truth is spiritual light which forever banishes darkness. I repeat: Truth is light which forever banishes darkness. There is no shadowy uncertainty in the truth. Truth is that light which forever banishes darkness.

That is all for this evening. My thanks to one and all, and farewell.
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Love is That Which Sustains Harmony. It Brings to Life, New Awarenesses. The Atonement Doctrine

Ham, WOODS CROSS GROUP 07-01-1991
Back

The light of God surrounds us. The love of God enfolds us. The power of God protects

us. The presence of God watches over us. Wherever we are, He is.

My greetings to you this evening. I am HAM. I am your Teacher. This evening I wish to begin with my lesson, at the suggestion of Joshua that this would expedite our sessions together, and not tire Rebecca as much.

Last week I spoke of truth as light, and tonight I wish to speak of love as harmony. Love strikes the spiritual chords, which always results in divine harmony. Harmony is the opposite of discord; it is strong and beautiful, simple and true. Harmony is balance; it is the balance between all spiritual beings. That which sustains this harmonious balance is love.

Our Father is the source of this sustenance, and balance, and harmony, for He is love. As in musical harmony, there is synchronicity of vibration, or tone. And these tones, in their synchronous vibration, create music. And this music is divine; it is the harmonious melody which is the perfect reflection of the Paradise Center. Love, you see, creates the feeling of harmonious vibration within the soul; and this love vibration (harmony), in reality, radiates from the soul-center—the heart.

What is love? Love is the spiritual reaction to an understanding of the divine harmony, which is the Father. Love is supreme understanding. Love is delight—delighting in and rejoicing in, the experience of God. Love is the understanding sympathy for one's fellows. Love is seeing them as our Father sees them. Love is seeing yourself as our Father sees you. Love is recognition of our Father and your sonship, at once.

Love is the overwhelming tidal wave of spiritual reality which washes through you, cleansing and nurturing and bringing to life new awareness. Love is the greatest spiritual reality there is. And so, as the soul grows in capacity of understanding, forgiveness, tolerance, forbearance, hope, faith, and trust—so does its capacity increase to give and receive divine love. Our Father is no respecter of persons. He loves all His children. We only differ in our ability to receive it.

My life is very rich in love, and I would wish the same for each of you. It is love which makes an experience truly meaningful. It is love which softens the hardships of life. It is love that deepens and enriches the emotions, the emotional life. It is love that turns the grayness of reality of day-to-day life into a colorful portrait of divine meaning and mutual understandings.

We are led to God through faith, yes, but by our love of God do we know Him. It is the supreme 'privilege' rather than 'duty.' Yes, it is the supreme privilege of man to love God with all his heart, all his mind, all his soul. I say again, our Father is no respecter of persons. We differ in our ability to receive Him.

Therefore I say, open your hearts to Him. Allow His love to flow through you. Allow your life to be transformed in His love and with the wise love of your fellows. Allow this to deepen and enrich your lives. You will understand, you will witness how goodness springs up, how goodness grows, yes, how goodness becomes a passion in your lives. Even the Master said: "Why do you call me good? It is God that is good." Yes, it is God that is the source of all goodness and truth and beauty. "It is best

to center your minds on Him," was the Master's words.

Many many things will come to pass, my children; and you may marvel at first at my words. In time, you will come to see the truth of which I speak to you now. And now if you wish, I will receive questions.

RACHEL: Father Ham, we have a new member with us tonight, Bill Stevenson. Bill has been studying the Urantia Book for some time. Prior to that, he had been searching and when he did find the Urantia Book and started studying it, he says he now feels at peace. He also has a number of others in Ogden, from where he comes, where he feels he could start a study group. He has a question tonight.

BILL: Would that be something that would be desirable to start a study group in Ogden?

HAM: One moment. Yes, of course.

BILL: I feel like I don't have the knowledge to bring the kind of forces together that would bring these people into understanding and in reading Urantia Book, it's such a powerful message. It seems to take people a long time to start into it. I feel I need more instruction.

JOSHUA: Father Ham, I volunteer to go up and help him if necessary.

BILL: I have given the book to my sister and two others, but it's hard to get them to share the same enthusiasm as I. I feel inadequate, to say the least. I plan to give the book to four others because of the help they gave me during my search.

HAM: Yes, I see. Many people have not attained or reached that point of searching which you have. And further in each person the search is different; their finding is different. In the larger overview, wider perspective, they, like you, all basically reach the same general levels although by very different means; so that what is interesting to one and causes a sense of spiritual progress, may not for another. This is not to worry you. This is simply, life. The Urantia Book is the beginning and basis of a great revelation such as the world has never known. Many people spoke with Jesus Christ during His bestowal life; and most, as we know, did not recognize His divine origin. And for now, most will not recognize the divine origin of the Urantia Book. This is not surprising. Do not let it distress you; but rather, count yourself fortunate to recognize it to be living in a time when these revelations are occurring and to be part of their spread. When, or if, even two people, or even just one other, wishes to study the book with you, then be prepared to guide them through. The book is spiritual food for a hungry world, and those who seek will find. And further, and I say this to all of you, as Rachel has said: "teaching is a great learning experience." Are there further questions?

NATALIE: Yes. I was reading in the Urantia Book about the atonement doctrine, and I was told a while ago something about it; and I am wondering if you could elaborate on this?

HAM: Yes, I will. One moment, please. The atonement doctrine is just that, it is

doctrine, man-made, and has no place in these revelations which is the expanded gospel of Jesus.

NATALIE: So what I was told was that false?

HAM: I must know what you were told.

NATALIE: I was just wondering what it was the truth about it.

HAM: The atonement doctrine is that body of thought which comprises the following:

1. The fact of Jesus' life; and,
2. The fact of His death.

The fact of Jesus' death is, unfortunately, the overriding fact between the two. It is that body of thought which says: 'He became a reality in order for His death to occur; that, by His suffering and horrible death, God is reconciled to man.' It is that doctrine which announces, 'He died for our sins.' 'He took all the sins of the world upon Himself and laid down His life, thereby cleansing the world in making salvation possible through Him.' I refer to the Urantia Book, the page number Joshua can readily find. (Natalie: Thank you).

MARTHA: Father Ham, referring back to the atonement what's the meaning of the word atonement if you say it at-one-ment? I have read about it in books as meaning 'a oneness.'

HAM: At-one-ment is a different concept altogether. This can be used to further spiritual advancements symbolically perhaps, as in using the sacrament as an 'at-one-ment' ritual; 'at-one-ment' with Jesus Christ; 'at-one-ment' with God; 'at-one-ment' with each other. All this, referring to spiritual unity. This concept is positive and growth-promoting. Atonement is an outdated concept. As a people, you have outgrown this. (Martha: Thank you).

ROB: Father Ham, recently I read about a doorway that is supposed to be opening around January 1992 that is called the eleven-eleven. Can you talk about this at all?

HAM: Yes, specifically what you have read, I cannot comment. However, there is truth in this concept, in that spiritual energy circuits are, in fact, being reopened and this will create new possibilities, or doorways, for spiritual growth. That is, the spiritual energy makeup of the world, this world, will be gradually altered; and great progress, as individuals and as groups, will be possible. Thus, I interpret it as a doorway. Can you be more specific?

ROB: I think you have answered my question, very well. The only other thing that comes to mind is that its awareness is a doorway that allows an awareness. (Ham: Yes.) Rob: And it's something that will, like you said, open our energies; or allow us to possibly allow our energies to look for something a little bit different, a little bit higher with our consciousness. (Ham: Yes. Very good.) Rob: Thank you, Father Ham.

LOREINA: Father Ham, along the same lines that was just spoken of what it specifically said was that there was a specific date in January 1992, and I think it's January 11th or 12th, where there would be some type of group or mass awakening of awareness which they are calling a doorway to another realm of spiritual consciousness. And one of the things spoken of was that this is a very intensive time of purification; and that people are dealing with those things in their psyche, in their personal lives, which they must release in order to clear out; to prepare to be open to receive the signals, or the promptings of spirit, on this particular date.

HAM: There is no particular date. This gradual spiritual awakening is occurring, yes. Sudden elevations may occur to individuals, and to groups of individuals. But for the most part, this is the exception rather than the rule. And, no, there is no specific date.

JOSHUA: As you know, we heard the sad news that Michael Landon has passed away; and we feel we are losing the vast potential of good he could have accomplished. I have a question about healing: Are these beings that are skilled in the spiritual healing, are they with me constantly? or do I have to pray to Father and set a date?

HAM: They are mostly in constant association with you. However, it is only in accordance with the true and total will of our Father that these healings may take place; and also it requires a level of complete faith on the part of the recipient, or else these healings will be ineffective or partially ineffective. There is no middle ground. I will receive one more question?

BILL: Father Ham, I have been studying the chakra energy system of the Hindu religion, and it seems it has some basic truths in it. Could you enlighten me on this?

HAM: Yes. This system of energy awareness is very ancient. Parts of it are true, and parts are partially true, and parts are completely false. Spiritual energies, yes, do flow throughout the body (material body), and certain points are like eddies within the spiritual flow. There are numerous such eddying points within the body, and some of these have been found by the art of acupuncture as well. The two main chakras--the heart chakra and head chakra--are the most significant. Although the head chakra is more in the center of the skull, more on the top rather than the forehead, and the heart chakra is centered in the body. The head chakra is a point also of physical sensation when Thought Adjuster-contact through the superconscious level, into consciousness, occurs. The heart chakra is the point/center of which the soul develops outwardly from. Soul growth is perceived most strongly at the heart chakra, and direct spiritual illumination is perceived most strongly at the head chakra. If you wish, I can continue this discussion at the next session/meeting. For now, I must bid you adieu for this evening.

My friends and children, my love goes out to you. May the peace and Spirit of the Lord be with you throughout the week. And may you grow and develop so much that you wonder at it. Farewell for this evening.

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As The Mind Opens Toward Father, So Do We See Ourselves As Does Father

Ham, WOODS CROSS, UTAH 07-08-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. This evening I wish to present a lesson concerning the thought ?overcontrol? and omniscience of our Father.

The Universal Father, personally, is resident on Paradise; and yet He is also resident and enthroned in the minds of his mortal children. His power of all-knowingness of past, present, and future (the eternal now) is also resident in each person. The eternal awareness of God is your ever-present comfort and security in a seemingly chaotic, insecure and purposeless world. 'Seemingly,' that is, for our Father, who is eternal awareness, understands and foresees. And this word 'foresees' is for the finite understanding the future and past and present are all one.

Yes, Father sees us in our wholeness, and we see only a small, very small, fragmented measure of our total reality. Although it is error to speak of predestination??for you know free will is absolutely dominate??it is correct to speak of destiny. And it is correct that you may each have insight, and can foresee your destiny a little bit.

As the mind broadens in awareness and receives more of the Father??comprehends more of the Father and becomes more like the Father??so can the creature also see himself as does the Father; but again I say in minute ways. And so, a pathway opens and a voice speaks saying, "Here, this is the way." The familiarity feeling prompts you to choose this direction and an affirmation is also given; and so in small ways you walk with God; He shows us the path which to take which is the right one for us.

Many of you, I perceive, feel to be at a turning-point in the road; and I say to you, the way will be clear. Do not be overly anxious. Have faith and confidence in the trustworthiness of God, for He knows all things. He knows your inner heart and soul. He has created the very core of your being. You are His children. He will not ever fail those who trust Him. The eternal wisdom of our Father neither knows, nor entertains to know, any boundaries, stumbling blocks or difficulties. He is all-wise and all-knowing. Even though you cannot comprehend this reality within your minds, you must accept it by faith. That is all for the lesson for this evening.

JOSHUA: I've talked with Duane Faw in Malibu, California. He requested I ask you a couple questions. He has been contacted by a group in Arizona who claim they are receiving celestial contact. They have asked for a money donation. He does not know if they belong to your group. The person who supposedly receives the messages calls himself, 'Gabriel of Sedona;' and the person that would be your counterpart is named, Paladin. They talk of someone named ?White Cloud,? and also, ?Sonada.? Could you give Duane any information on that, please?

HAM: Why do they need money? I have no need of money in my teachings to you.

JOSHUA: You are saying this group is false?

HAM: Absolutely.

ROB: Ham, I have heard of some crop circles in England that some people have speculated that contact has been made by UFO's or some energy sources not understood; and some people say they are trying to tell us something. There are more and more of them, every day. Can you tell us anything about that?

HAM: No, I am sorry, I cannot.

LOREINA: Father Ham, when dealing with people in communicating some of what we are learning here, is there something we can tell them to help them deal with their spiritual connectedness?

HAM: Yes. Each person must be assured of their son- or daughtership with the Father; and this essential truth cannot fail to touch the heart even if there are no outward signs or immediate recognition. This truth is so powerful and needed by every lost person. I am reminded by the parable of the prodigal son: Even though the boy willfully rejects his father's love and wanders lonely about in the world for years, when he thinks and remembers, or recognizes the truth, the father's heart and arms are always open to him. There is no sin which cannot, through sincere faith and love of God, be washed clean. There is no sorrow so deep; there is no wound that cannot be healed by His love. There is no place which is too far for Him to reach; and no soul that is so bad as to be rejected if he truly desires to return to his Father's house. Is this helpful?

ROSANNE: Yes, thank you. Tonight you talked about 'God our Father' and our concept of Him. I have a very difficult time thinking about 'who God is.' I have a hard time conceptualizing, and I was wondering if there was something I could do, personally, to help me get a better understanding of who God is?

HAM: Yes. We are, all of us, growing in this understanding. ?God the Father? is infinite Spirit personality; He is impossible to be fully cognizant of. At most, we can receive partial understanding and incomplete awareness. He is truly unsearchable for us, for He is infinite. Our growing and our understanding of Him is a progress from here??this first birth world; native birth world??and progressing to the Isle of Paradise where we will, without a doubt, someday stand in His eternal presence. And even then, our understanding will not be anywhere near complete for again, God is infinite. Do not be concerned with your present mental limitations, for these will expand; and your ability to experience God, personally, will increase. And with this increased awareness of Him will come also a broadened understanding. However, this is, as I say, is an infinite process and you are at its very beginning. Is there anything further you wish?

ROSANNE: In praying, I'm not sure whom my prayers should be directed to and I sort of clump everybody together. I wonder if there is a more efficient way of praying,

for me, personally.

HAM: No. You do well, and you pray to the fullest of your heart's understanding. This is known. I will receive one final question.

BILL: Father Hamin the Bible, when Moses asked the 'burning bush' who it was, the burning bush replied, "I am the great I am." And there is much to do about the 'I am' in the Urantia Book. My understanding of it is that each one of us has some level of recognition or self-awareness. Is that in combination with our Thought Adjuster, who the 'I am' is? or do we refer to the great Paradise 'I am' when we say 'I am'?

HAM: This concept is referring to the First Great Source and Center of all the universes, the self-existent 'I am.' 'I am that I am.' He is the first existent Source of all existence. He is a person, the 'I am;' and yet He is 'all that is,' also. There is no existence outside/beyond Him. There is no awareness outside/beyond Him. There is no creation outside/beyond (or greater-than) Him. He is the first and last. He is the infinite and eternal Source and Center of all that is. And this expression, in creation, is eternal and finite; is infinite and limited, and also personal. It exists by His will; is sustained by His will; it is evolving by His will. 'I am that I am. There is no other beside me. I am the eternal God.' Do you see?

BILL: Can we say the, 'I am' about ourselves being a part of that experience?

HAM: Yes. Thank you all for this evening's experience. Next week you will have a visiting Teacher, I will not be here. So I will see you the following week. Farewell for now. God and peace go with you all. Farewell.

Back

Embrace The Reality of the Fatherhood of God, and His Indwelling Us, Personally

Rayson & Abraham, WOODS CROSS, UTAH 07-15-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is. [Unusual pause before beginning this evening's transmission.]

Greetings. I am new to you, your awareness. I am RAYSON. This communication involving Rebecca is completely new to me and is also new to her; therefore, is somewhat difficult because of the unfamiliarity. My name was new and therefore difficult for her to word form; however, this seems to be improving and I feel confident enough to continue.

As you have been told, many things have lately come to pass; also will there be many interesting and eventful occurrences in the future. Our purpose is to prepare the world for these future occurrences; one of these will be the up-quickening of spiritual receptivity among all peoples of the world. We are observing the effects

of these great spiritual changes. Vast realms of space are now being opened, meaning the circuitry, which were previously closed, as you know.

We have looked forward to this time for many millennia, and now this time is here. You have all been especially preparing yourselves, with our guidance, for these days. Many of you were born into this time as the select ambassadors and news-carriers of this wonderful news.

To many, there has been no perceptible change. However, there are very many people who are now reaching a point of spiritual ripening; and these are who we wish to include in the harvest of the kingdom. You are chosen to thus go forth and help gather these ripened souls so that they may hear the good news of the gospel of Jesus again. For so very many, much of this enlarged presentation is completely new.

I am a Teacher under the direction of Abraham who has thought it wise for me to begin training with a person as receptive as is Rebecca, in order for me to gain practice for my assignment. As you see, I am quite pleased that this is coming through so readily although at first, Rebecca was wishing I was Abraham, [laughter.] I feel prepared to be allowed to present tonight's lesson to you.

I have chosen the seemingly simple discourse on the 'reality of the Fatherhood of God.' Many, being used to this idea/realization, have grown accustomed to the term; and therefore are taking this great truth a little for granted. I feel extraordinarily privileged and overwhelmed still at this momentous truth. We are seemingly so insignificant; and yet, as a small child needing a wise parent, we know that this Parent is the great Creator of the stupendous and magnificent Lord of all creation past, present, and future. There is none beside Him; none so powerful and almighty as He.

To ponder the truth that He is also our loving Father and ever-present guide and friend, never ceases to overwhelm my limited mind. What we see of His glory is so tiny and small; there are no word-expressions to enable our minds to comprehend more than a grain of sand in the sea of what He is. His vast material creation should cause you to ponder and humble yourselves at His vastness and incomprehensible reality. He is the beginning and the end. He is the alpha and omega of all reality that which is comprehended now, or ever to be comprehended by mind.

The great Father has decreed to give you use of all the mind-energy you can use. You are limited, yes, and this is well understood; but by 'mind' you may reach for the unlimited. You are endowed with part of the infinite mind which knows no boundary or finite mental limitation. You need to know your minds are free to expand in comprehension, and to grow and be seasoned with wisdom by, in and through, your souls.

Though you be dust, you have within you a spark of the infinite Father of all who bestows His greatness, infiniteness, goodness, mercy, and Fatherly love upon each person, to the greatest extent possible. He wishes for all His children to find Him, to come forth from the darkness into His loving space of light, mercy, and understanding. He wishes all of His children to grow in their own spacelight, mercy, love, and understanding. He desires for all His children to love each other to the

fullest extent of their understanding, as He loves them.

Our Father desires that as His children grow toward Him, that they become more like Him. That as they realize Himself in them, that they, in turn, bestow this Fatherly love and brotherly understanding mercy upon their fellows to the greatest extent they are capable. This may require a letting go of old prejudices; a letting go of inner anguish and stress; a letting go of inner turmoil and emotion; a letting go of the worries of life and many of the little cares which can weigh so heavily when multiplied.

Allowing this "abandoning the old and embracing the new" is not an intellectual exercise; it is your very daily-living experience; it is not a moment's thought, but is the robust and vigorous exercise of true faith. Courage is required to abandon the old and embrace the new. The old is secure. The new is unknown. Though I say unto you, "abandon the old," I say, do it gladly.

My fellows, embrace the greater reality of the kingdom and do it courageously. Live your lives as if in His presence, always. I say "as if," for a reason: before the full realization is upon you, by faith reach out for it first. His presence is always with us. In Him, we live, move, and have our being. He is our ever-present guide and companion. Where is the insecurity in that? By faith, you grasp this reality; and by faith, you are transformed by it.

The true Fatherhood of God, His loving presence, is ever with us. He is an open ear ever ready to hear His children to know their hearts and minds; to understand and protect and guide and teach. Yes, these are the ways of the Father. You must take His hand willingly.

This concludes my presentation to you, and I feel competent to answer questions you may have.

JOSHUA: Teacher Rayson, I think I speak for the whole group in thanking you for being here. We welcome you; it is our honor to have you in our presence. (Rayson: Thank you.)

JOSHUA: May I ask a question? (Rayson: Yes.)

JOSHUA: This is probably idle curiosity, and you may not want to answer it but would it be possible that you may be the new Teacher being assigned to the Malibu group, Duane Faw's Urantia Book study group?

RAYSON: Yes, it may be possible. (Joshua: Thank you very much.)

JOHN: Are you an ascending, or a descending son?

RAYSON: Ascending, as you.

BILL: Rayson, I have read in the Urantia Book that approximately two-hundred-thousand years ago, the rebellion of Lucifer isolated the System of Satania, which we understand our Urantia is part of. Is this "new opening of space?"

a part of recircuiting Urantia in the spiritual fullness of the universe of Nebadon.

RAYSON: Yes, this is the end of isolation.

BILL: Can you tell us more about who you are, and do you know us, do you know me?

RAYSON: One moment. [pause.] Yes, now have I knowledge of you, some understanding. First question: I am also an ascending son; and also was I resident on Edentia, as was Ham. I volunteered and was chosen for this assignment, serving Michael. This is, as far as I understand, a unique situation in all of the worlds. We have been given permission to give advanced truth to your world such as is taught as far as Jerusem. This is very unusual. We have been thoroughly trained in your languages, your religions, modern thought-understanding, and word-patterns. We hope to fulfill this assignment with our doing the greatest good possible. We understand the many difficulties facing this assignment and have been, we believe, quite fully prepared to meet any emergency that may happen. My mortal world is really not very far different from this one, and it is thought this would be advantageous for communication. Is there further inquiry?

JASON: Rayson, how do you transport your thoughts, your expressions, your teaching over the time and space we exist in? or do you actually come in actual presence with us in this room?

RAYSON: Yes, I am here and am present; yet you are correct in surmising that there is also a distance in time and space. I exist on a different 'other perception reality' which we think of as 'distance' from you. This greater reality awareness has been perceived over a millennium, your time. This 'perception-reality' becoming a 'greater reality' has been a gradual process of change. As I am now, you cannot physically perceive my presence; yet, I can perceive your presences quite readily.

JASON: Thank you. My other question is: With the opening of the system circuits would a spirit/soul of a human being from Urantia, and coming back to Urantia, be sanctioned by Abraham and Melchizedek?

RAYSON: My information, Abraham is the only such.

JASON: Is Abraham present with us this evening?

RAYSON: Yes, one moment. A clarification. Abraham is the only former mortal who is present in residence at this time.

JASON: We have information you may be interested in Rachel was previously?

RAYSON: One moment. [Pause.] This has caused confusion in the mind of Rebecca; she had been informed, by Rachel, of the presence of the apostle Andrew. (Rebecca: Please clarify.)

RAYSON: Again, Abraham is the only person who lived on this world, who is now present.

(Rebecca asks if the apostles are coming here again. Or, in the future.)

RAYSON: Not at this time. (Rebecca: Future?)

RAYSON: I perceived this has caused some commotion in the mind of Rebecca, and I do not feel ready at this time to receive further questions.

[Editor's note: As noted below, Abraham himself steps in here to clarify. It is helpful to note that in these early days of contact/teachings with Abraham and Ham, that one in the Woods Cross group, Ida Young (Rachel), reported to the group that she had a "personage" appear before her at the foot of her bed in the days previous. She was, for various reasons, believing this personage to be Jesus' chief apostle, Andrew. It is disclosed in the Urantia Book that Andrew's writings (his "lost record" accounting of Jesus' teachings) had much to do with the re-stating of the life and teachings of Jesus, as presented in the Urantia Book Part IV. It has been quite a belief among Urantia Book readers that it was Andrew himself who was involved in the restated gospel of Jesus in the Urantia Papers Part IV. Here is perhaps a clarifying reference from the Urantia Papers on this subject:

ACTING under the supervision of a commission of twelve members of the United Brotherhood of Urantia Midwayers, conjointly sponsored by the presiding head of our order and the Melchizedek of record, I am the secondary midwayer of onetime attachment to the Apostle Andrew, and I am authorized to place on record the narrative of the life transactions of Jesus of Nazareth as they were observed by my order of earth creatures, and as they were subsequently partially recorded by the human subject of my temporal guardianship. Knowing how his Master so scrupulously avoided leaving written records behind him, Andrew steadfastly refused to multiply copies of his written narrative. A similar attitude on the part of the other apostles of Jesus greatly delayed the writing of the Gospels. [UB Paper 121:0.1]

[Editor's further note: Rachel, and those of the Woods Cross group, came to believe that the personage who appeared to her was actually the Apostle Andrew. Perhaps this visitation was actually the "midwayer assigned to Andrew" given Abraham and Rayson's comments here; and could shed light on this confusion.]

(Rebecca asks if Abraham may speak.)

RAYSON: Yes, Rebecca. One moment.

Greetings. I am ABRAHAM. I understand, Rebecca. May I explain? You see, many times we now receive visitors to Urantia from other realms. The apostle Andrew is certainly concerned with the spread of the work he began. As you know, he took meticulous notes of his experience with the man Jesus; and his hope was for these to clarify Jesus' teaching. He well knew that even in the minds of the other apostles his brothers, that they and he may not fully comprehend His teaching. You have wisely chosen to record these sessions so that although you yourselves may misunderstand, there is no mis-recording; and we deem this wise. The revelation of the life and teachings of Jesus is such that there should be no misinterpretation. Again, I refer to the Urantia Book, not the Bible. The "notes of Andrew" have been used in this presentation so he is keenly interested in the furtherance of this

work. He is not, however, physically present here at this time; although he does receive reports and does transmit guidance. Does this clarify? (Rebecca: Yes, and thank you.)

ABRAHAM: You're welcome. Are there any further questions at this time?

JOHN W.: Yes, I wanted to ask about personality. I was talking to two gentlemen in New Mexico where I live. One was an atheist; the other one's daughter was schizophrenic and committed suicide. I had difficulty in discussing the personality and the stability of it. Could you help me out with that, please?

ABRAHAM: Yes, of course. Personality is the focal point of God-consciousness; it is the true basis of being, of eternal being. This person of whom you speak, whose daughter was termed as with a 'split personality' explain to him that this is not a reality. I am aware there have been many cases of people 'claiming' many personalities. However, I wish to dispel this fallacy. There is one body, one personality. Personality is the one first gift of the Father which creates the possibility of all future eternal growth in human life. Without personality, there could be no Thought Adjuster indwelling, nor soul growth. Personality is unique; is stable and unchanging. Personality is the bedrock, focal point, harmonizer, stabilizer and enables the continuity and continuation of soul survival. It is the one, and only one, unique, and completely totally unique, basis of your being. When a person is referred to as having unstable personality, this is also false. Personality is stable; emotions and thought pattern is not. There is never instability in personality. How is it that someone can be so distraught as to take one's own life in the presence of all these tremendous gifts, you ask? Yes, this is a difficult subject. The unknowingness and ignorance of reality, brings the isolation and consequent lonely forgotten feeling; this is not uncommon. It is the purpose of our gospel to bring these lonely and seemingly forgotten ones into the truth of the reality of Spirit and God's care. We truly wish to begin correcting this horrible floodtide of suicides. Is there anything else something further I may clarify?

JOSHUA: Father Abraham, I also have a question about personality. It is my understanding that the gift of personality, to mortals? while being quite unique and different for each person? can still be of the same potential or value. Why is it some mortals seem to be more spiritually receptive than others? Is this related to personality? or just their mind?

ABRAHAM: Yes, both. It is related to both. These cannot be separated in the person when it comes to speaking of spiritual receptivity.

JANA: Father Abraham, I have a further question about suicide. Are these people being taken care of? Are they receiving an opportunity to gain whatever they did not gain here?

ABRAHAM: Yes, absolutely, yes. Be at ease on this point.

LORRAINE: These are difficult days of transformation on this planet, and we who are willing to grow and expand our consciousness often find ourselves in a great deal of

tumult and emotional turmoil. There is much healing being done in all of our lives. When you speak of the personality being the focal point of our unique individuality from the Father is the process simply that we are involved in personal evolution? Is it a matter of 'becoming,' in a sense? In actuality, are we 'greater than' even more than we comprehend? And is this process of the tumultuous healing one of 'coming into the sense of our true sonship?'

ABRAHAM: Yes, you have put it well. There is no growth without some turmoil, especially at first.

LORRAINE: So those who find themselves in stages of depression or difficulty, emotionally is it just that they are not aware yet of the sense of spirit that is working within them? Is there a way for them to come through this with a sense of hope and progression? and can we help this process?

ABRAHAM: Yes. There are many different forms of mental anguish all of which result from unconscious turbulence, such as depression and mania. These two, especially, are resulting from the growth process which has not been made fully conscious. It is dangerous to dwell within depression and one should seek activity to lighten this burden. Many times there are lows in life which have resulted in profound realizations, and these realizations have greatly benefited the future life. Wisdom may be derived from the understanding of the mental-emotional states, and in so doing, separate the self the 'conscious-self' from the 'emotional-self.' This can result in a wiser understanding of your being at the time. It is, again, difficult to separate from the emotional-self, yes, but can be done. At this time I will receive one further question.

JOHN: Father Abraham, a few weeks ago when you said Todd and I have been promoted to your reserve corps, we were wondering if there are different reserve corps within the group, or just one?

ABRAHAM: John, you have a future destiny apart from those in the group. However, you have also a destiny with them. The future will see, will tell. At this time there will be no separation. However, I would like to speak with you and David privately this coming Sunday. Is this possible?

JOHN and DAVID: Yes. Yes.

ABRAHAM: And now I will leave you with this thought: There is a certain tree which grows in the wind. It is gnarled and bent and small, and yet hearty. On the crag of a cliff, it looks down at the ocean and receives the mist from the tide. It looks up at the sun and receives the warmth of its light, of her light. It clings steadfastly to the rocks' face and is secure in its place there. Having grown amid so much wind, there is not a wind which can bring it down. Shalom.

Back

Aloneness. Stillness of the Body. Stillness of the Mind

Ham, WOODS CROSS, UTAH 07-22-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

My greetings to you all. I am HAM. I am your Teacher. This evening I desire to begin directly. My lesson is concerning that point or focus of enlightenment referred to in ancient teachings. There is much truth to be gained in studying some parts of these ancient religious systems, especially concerning the practice of meditation.

Abraham has requested in your teaching that you retire alone and seek the stillness. This refers to first, stillness in body. It is very difficult without much practice to attain heightened spiritual awareness during physical activity. The second is stillness of mind. This step is considerably more difficult because the mind ever tends toward activity. Yes, these stillness teachings are found from many sources, generally. I wish this evening to clarify this practice.

The goal of stillness-seeking in our teaching is different in that I request not the seeking of 'blissful ease' experience, but rather the supreme exercise of true faith—the true faith of the child reaching out with courage toward the Father, and the reciprocal downward reaching of the Father towards His child. This experience of stillness is the most sublime experience in life; and much guidance, inspiration, foresight and spiritual insight, may thus be obtained as the reward of the sincere faith-seeking child.

I do not enjoin you to covet this practice for long periods of time. However, frequent repetition of this stillness (prayerful attitude) is very helpful and enlightening. I would suggest that we should attempt to seek the stillness every day, at needed intervals, for a few minutes. This can be the most fruitful experience of your 24-hour day.

It is often the practice of men to be so busy with their day-to-day thinking activity so as to simply forget the higher realms of thinking, reacting, feeling, experiencing. This is possible by the simple practice of:

1. Aloneness
2. Stillness of the body
3. Stillness of the mind.

I wish to elaborate on the third stillness of the mind: This is the most difficult aspect of this practice and sometimes requires a considerable amount of practice in order to have the ability to sustain mental stillness for any time length. This should however, be followed through with diligence; reward will follow.

I say to you with surety this simple practice will surely help to increase mental peace and serenity (the emotional happiness and feeling of well-being, as well as the physical health and well-being), for this process of allowing the contact of the Thought Adjuster through the superconsciousness is, in itself, a very healing process.

The great spiritual power inherent in the presence of the Thought Adjuster is never

fully realized in mortal consciousness. Yet, you can expand this consciousness of God-awareness by diligent practice, by consciously centering the thought process on Him, and also on Christ Michael.

But the full consciousness of such an extremely powerful spiritual being, our divine Father, cannot be realized during the physical life. So powerful is He that a full, even a momentary full, consciousness (that is His being filling your consciousness completely, which is not to say complete consciousness of Him, but complete consciousness that is possible of Him) would result in translation that is also the Deity Embrace.

His supreme desire is to reach you more fully, day by day; to impart His guidance of His awareness and His teaching, directly to your mind. What a change of life which results from the sincere effort to really listen and to receive Him His guidance, His instruction, and His presence. What a supreme experience! What a supreme delight! And what a supreme advancement in your own personal spiritual development this is.

Conscious awareness of God directly results in the immediate transcription of this consciousness to the soul. This soul consciousness is immediately stepped up and made more perfect and divine; and thus, more like Him. These soul transcriptions are a permanent part of the ascendant self which is never lost a permanent reality. This permanent reality is made by your conscious decision to make it so.

Thus, a supreme responsibility lies with each person to, in partnership with God, become conscious increasingly of His awareness, His being-presence. And this, in turn, creates a new awareness (a being-presence) in the mortal soul, which is your true self. This truth is ever-present from then on. The soul, at that beginning moment, is a never-ending true being.

I have spoken in the past about the unconscious growth of the soul, and so tonight I take you one step further into the conscious growth of the same soul by your own effort. Although these efforts (and the fruits thereof) may be very satisfying and even thrilling, do not be disheartened or discouraged if at first you are not comfortable with this.

All true desire of the child is rewarded by the Father when that desire is to be like Him, to be more aware of Him, and to express His reality within your uniqueness. This expression of God is most often not a conscious effort but is the simple revelation of grace that the ever-growing and ever-expanding soul reveals to the world even without the full consciousness of such growing grace by the person.

You are all growing in grace, in truth, in light, in beauty, in goodness very slowly, yes; and at times, at a faster pace. Do not become discouraged, for this growth proceeds unabated whether or not you are aware of it. Spiritual growth is transforming, and this transformation is never sudden. The seed does not become the tree overnight. All growth physical, mortal, and spiritual growth takes time for completion.

Yet as this growth is accomplished and certain levels are attained,

consciousness even sudden consciousness of this growth may happen. And this 'increased awareness' thus augments this growth and therefore allows further growth and development to occur, unconsciously. Are there any questions at this time?

BILL: Father Ham, in my studies of the meditation that you spoke of this evening, the goal in the quieting of the body and the mind is to achieve (according to the reading I have done) physio-spiritual integration; and in reaching the physio-spiritual integration, one is aware of the 'I am.' Is that a correct teaching? (Ham: Yes.) Bill: You mentioned "a goal," which was not clear to me in your instructions this evening.

HAM: Yes, I meant this goal to be one of vigorous soul growth, and a transformation among your fellows, your family. The goal in many teachings is for one to retreat from society and have blissful solitude experience. This I wish to distinguish from. Is this clear?

BILL: Yes. In the Urantia Book's reading of the experience of marriage on this world, it is clear that there is a distinction between humanly sacred relationships and sacred on a spiritual level, or God level. For example: "What God has joined together, let no man put asunder," is incorrect according to the Urantia Book, because what God puts together no man would even think about, or have any power to put asunder and yet marriages are constantly dissolved. Can you explain what part marriage plays in our ascending careers?

HAM: Yes, you are referring to 'intimate associations'? (Bill: Yes.) Ham: In a few other situations, such as a parent's intimate association with a child, children are known intimately and thoroughly in their infancy, and of course their early childhood. But as the children mature and begin to lead their own lives, this intimacy is no longer there. Understandings may be incomplete, yet they become trivial. In the ideal of true marriage, this is likewise the situation there is complete forgiveness and understanding to both parties so that minor misunderstandings are trivial. Therein is the most sublime spiritual association between two people that is ever achieved in the mortal life. And this spiritual intimacy and supreme confidence, born by understanding one another, is extremely comforting and helpful to both. Further, with an equal spiritual level between the two, there is the joy of spiritual discovery together, and soul-growth. This intimacy 'on the spiritual level' is growth-promoting because of the understanding between the two. On such intimate levels of understanding, such tender emotions may be evinced that allow the tender shoots of one's subtle personal self to grow 'in shelter' (in safety). Yes, there are intimate aspects of life which cannot (and should not) be shown to the world, that are nurtured in the comfort of sharing with another sympathetic soul. This, I believe, is greatly desirable in the general conquest of the circles [the seven psychic circles are explained in the Urantia Book.], which requires the entire personality to be uplifted. Many parts of the soul and personality are extremely intimate, and their blossoming and growth require time in a non-judgmental and non-confronting atmosphere, such as between husband and wife. Does this answer? (Bill: It helps greatly and I thank you.)

LOREINA: I have a question regarding 'spiritual names.' This is new to me, and I wanted to understand if the names that are being given in any way relate to the

being that once carried them, such as Rebecca, in reading about the women apostles. Is there any correlation? (Ham: No.)

LOREINA: Are spiritual names given in particular times of one's spiritual evolution? (Ham: Yes. They are first given at birth, and revealed more fully at certain times in one's spiritual evolution. Yes.)

RACHEL: Father Ham, will you please give our love and best wishes to Teacher Rayson, who was here last week. I kind of felt sorry for him because I know he had a few problems in our communication. (Ham: Yes Rachel. I will do so.)

MEL: In relationship to meditation being quiet and alone, is it good to try to limit our thoughts to the idea or name of God? or a mantra?

HAM: No. A mantra seems helpful at times in stilling the mind, but continuous concentration upon the mantra is also a distraction.

RICHARD: Teacher, in regard to stilling the mind is it appropriate to keep our minds thoughtless, or shall we allow spiritual thoughts to come into our minds and dwell on those?

HAM: Yes, this is difficult. At the point of thoughtlessness, complete thoughtlessness, this allows the indwelling Spirit a moment to communicate to you. So thoughtlessness is desired. Focus, however, is different. Focus the mind on the highest thought, God, and allow thoughtlessness to receive Him. Does this answer?

RICHARD: It helps. When we put the thought of God in our mind, then should it be a thought in the intellectual sense? or, an attempt to feel His presence? (Ham: An attempt to focus on His presence.)

JOSHUA: I guess that's all the questions tonight, Father Ham.

HAM: Very well, then I wish to leave you with the following: The light of truth shines and is easily followed. Truth is the light that banishes all darkness. Where there is truth and light, so is there love. Where there is love, there is no deception. Farewell, for this evening.

Back

Prayer is the Child-Person Attempting To Communicate With the Father-Person

Ham & Abraham, WOODS CROSS, UTAH 07-29-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

[Editor's note: Jeremiah (John Wormeck) was a nuclear physicist living in Albuquerque at this time and did drive weekly to Salt Lake City for these lessons with Ham. Jeremiah died in 1997 from a brain tumor.]

Good evening. I am HAM. I am your Teacher. Tonight we have much important business

before us, beginning with a question by Jeremiah on the WIPP program (Waste Isolation Pilot Plant) in New Mexico. I have consulted with the proper authorities concerning this matter and their advice is as follows:

Low-level radioactive matter is a general diffused problem throughout the Earth. There has been very much of this material stored in unsafe sites all over the world. The future may bode ill for many of these areas, for there may be leakage and general disbursement of this material by natural causes. This particular New Mexico site is dangerous because of underground water circuitry which is further underground than expected or thought.

It is little understood by your scientists, but we know that there is underground water circuitry spreading throughout most of the northern hemisphere. At times this water may be three to four miles, even five miles deep. This may create future problems when radioactive material is leaked and seeps through by gravity through the mineral surface into the water and is dispersed far and wide.

The second question unanswered by Jeremiah was if I could become visible to your eyes. This I cannot do. However, I have received permission to attempt to picture myself directly to your minds. There is one problem: Many times these picture broadcasts are distorted through the mental process of each person this, to a greater or lesser degree. However, I would like to make this attempt. [Several minutes of stillness/pause.]

Our exercise is completed, and now I wish to move on to my lesson concerning prayer: It seems there is some confusion among you concerning prayer and a desire to pray more fully, openly and efficiently, to our Father. Prayer is a request; a request for divine help or intervention in a human problem. Or, a prayer may be one of simple thanksgiving and acknowledgment of divine rewards.

We shall consider the first, a petition a petition for a fuller understanding of His will; a petition that your friends, associates and family, may further understand His will and therefore, be more fully equipped to carry out or to deal with the problem at hand. Prayer is always efficacious; it is never failing when done in sincerity. Prayer is a tool of progression; it is the child-person sincerely communicating with, and seeking the advice of, the Father-person, God.

In prayer, we must remember that our Father knows all things, and though it is sound psychological practice to articulate our messages to Him, this articulation for Him is mere formality. The act of coming before our Father in humility, with an open heart prepared and preparing to adjust our wishes to the divine will, is prayer.

The attitude of the prayerful soul is what is perceived and answered by our Father. The attitude of the prayerful soul is what is changed in prayer so that a willingness to be changed, and for the attitude to be changed, is the most important ingredient in prayer. We do not pray: "Father, do my will;" but rather we pray: "Father, I wish to discern your will and to carry this out in my life." Therefore, the attitude in any particular situation may be changed, in prayer.

Secondly: In petitions, often we pray for our fellows; we pray that their

life-situation may be made easier, may be strengthened that their attitude or their self-will may be strengthened by divine guidance. Many times we pray that their life-situation may be changed this is incorrect.

It is correct to pray that our loved ones understand their situations learn from it, grow spiritually from it, and move on, themselves. It is correct to pray that they may expand in understanding of our Father's will. It is correct to pray that they may receive divine guidance through their situation. But it is incorrect to pray for a change in situation these prayers are unavailing.

There is another aspect of prayer that of thanksgiving, which is wholly correct and acceptable. Prayers of thanksgiving enhance the awareness of divine guidance by the conscious recognition thereof. This prayer is 'worshipful communion' with the divine.

Worshipful communion is another aspect of deity communication; this is a slow-starting process which gradually increases with increasing God-consciousness. Prayerful communion is the conscious act of the creature attempting 'thought adjustment' and harmony with the action of the indwelling Spirit in order to achieve harmonious thought waves and action, which results in Adjuster-mindedness. The consciousness of 'being,' is expanded to the consciousness of the Adjuster and His divine will. Action upon the mind is accepted and is integrated into the thought process of the creature.

Thus, communion is an 'at-one-ness' with the divine Thought Adjuster, so that certain periods of time there is no difference between the thought will-pattern of the 'creature' and the thought will-pattern of the 'Father.' This is a deepening experience of integration which, in my experience, only occurs over the many years of practice. As this worshipful adjustment of thought pattern becomes habitual, the will of God becomes manifest within your life.

At first, this 'human will' begins 'out of' out of tune, out of sync, out of harmony. And gradually over time, these two thought-wave-patterns integrate into one another producing a one-harmonious whole. And thus does the creature reflect and transmit the divine love-feeling the will-energy and thought-emotion of higher consciousness, which is Father-consciousness, day by day; bit by bit.

That is all concerning our lesson this evening. I am aware there are pressing questions.

JOSHUA: May I read a letter to you from Sandy. (Ham: Yes). Joshua: This letter is directed to you. He says he would like to find out the sentiments of the celestial administration concerning the current administrators of the Urantia Book how their actions are viewed through celestial love and wisdom? And why a person, who is so hard to be loving toward, is in charge of this, the Fifth Epochal Revelation from our Father. The fact is that most of us -- we the people, the readers of the Urantia Book -- think of him as being incapable of doing his job as the perpetually appointed head of the Urantia Foundation. I'll read further I would further like to ask if there is a connection between your current transmissions and the Toronto Papers of 1982, which were for the purpose of going beside and around the Urantia Foundation,

to grow a tree alongside the old tree which we interpreted to mean the new tree as being the recipient of the Toronto Papers, and the old tree being the Urantia Foundation. We did not find a way to effect the change we were advised to attempt. I do feel sorry I fell down on the job, as it were, and if so, why? since I don't feel it was my fault. I would even further like to ask if it is your opinion that the Toronto Papers came with the approval of the celestial administration on our world; and if I, Alexander (as the angels called me), was really in truth supposed to represent the Melchizedeks, as well as the Ancients of Days, as it came through in one of the aforementioned transmissions? If so, where do I turn to pick it up again? Yours, Sandy/Alexander.

[Editor's note: In these first months of the Correcting Time/Teaching Mission (1991), there was quite a developing disorder/tumult that had arisen with the Urantia Book community regarding discord within the leadership (Trustees) of the Urantia Foundation. Also, a developing fission between the Foundation and the Urantia Brotherhood (later known as the Urantia Fellowship) regarding each's role in the printing and dissemination of the Urantia Book. It was at this backdrop, that the Teaching Mission in the United States was beginning to take root. Per Ham's remarks here, it is evident there were several 'previous' attempts from our celestial administrators to avoid such divisions, but human 'will' always must run its course.]

HAM: One moment. Yes, Alexander. This communication in your year, 1982, was genuine and a forerunner for our mission. During the last several years there have been many such attempts before the establishment of the Teaching Mission. These attempts, communications, were for the purpose of preparing the way for more widespread indeed, worldwideministry and promotion of the Urantia Book. This Teaching Mission, we feel, has not been seriously hindered so far by the intransigence, as it were, of the fellow of who you speak. We foresee, however, his rejection of this ministry and a fission developing within the believers in the Urantia Book. At this time we are proceeding slowly, with great patience and care that these small fissures do not develop into a great crack, as it were, between believers. Gently we proceed with wisdom, slow selection, slow gathering, of those who will receive our words. Because the Urantia Book is an integral part of this Correcting Time ministry, it is unfortunate that these recent events have transpired. We would have much rather had a united believership, but of course, this is practically impossible. The worldview (outside view) of this believership will most certainly be tainted by the non-belief of the supposed spiritual head of the organization. This is not too great of a concern anymore because of the wise action of the believership in creating that tree that you speak. You will see that this person will become his own undoing. For now, we proceed slowly with wisdom and caution. Alexander, take heed. Have no anxiety nor mistrust of yourself because of past events; but rather, trust yourself, trust in God, trust in your ability to receive and to portray truth. You would do well to proceed with a quiet heart and calm understanding. A Teacher will come to you in the near future. He will best guide and direct your future mission. That is all.

JOSHUA: Thank you, Father Ham. I will deliver the message. I have one further question. I must be awfully imperceptive because during our exercise earlier tonight I could not get a picture of you at all. Would it be possible for you to give us a verbal description?

HAM: A verbal description does not convey the understanding I wish. Even differing verbal descriptions between you matters not. Perhaps in the future this sensory sense of my person will be attempted again. (Joshua: Thank you.)

JOHN: When you are talking about the prayer communion would it be best to try to achieve that through the stillness? Or, try to focus on the Father. (Ham: This is both focus on Father in stillness.)

LOREINA: I recently have been coming into a sense, or communion, with the Mother aspect of God. My difficulty lies in the consistent and constant use of the word Father I have trouble with that.

HAM: Yes. I perceive this is a problem in your understanding. This should not be so, for God our Father contains within Himself all aspects of Fatherhood and Motherhood. Your perception of a parent is one of 'gentle nurturing' and this is consistent in fatherhood as well as motherhood. The parental role and attitude toward His children is all-loving, kindness, forgiveness. Your perception of ?motherly? is merciful, kindness, protecting. So yes, God is both. The Urantia Book will help you to clarify these things in your mind, and the experience which follows should further clarify.

LOREINA: Thank you. I am in a process of transience from old attitudes, old beliefs, old ways of presenting myself in the world, old perceptions. I am at a stage of learning to trust and let go, and I was wondering if you could offer me just a little bit of insight. I'm having trouble. I feel stuck. I am terrified. Is there something particular I could do to let go?

HAM: When you stand in oneness with God; when you trust Him; when you will His desires you are not stuck. These seeming obstacles or ?walls,? which you perceive will gradually dissipate as fog in the morning sun. You will gradually be able to perceive the grass, and then the trees, and then the birds therein, and the incredible beauty and harmony surrounding you and your life. This fog is a temporary thing. Soon the warmth of His sunshine??His love, His light??will dispel any darkness. Fear not.

RACHEL: Father Ham on page 1660 in the Urantia Book, our Lord, Christ Michael, taught that sin was a deliberate transgression of God. And on page 1664 He also taught that sin is a transgression of the laws of Light and Life. Will you clarify more the laws of Light and Life please?

HAM: Yes. These laws of Light and Life are the will of God. The laws of Light and Life may be perceived as follows:

Forgive and understand your brother as you would wish forgiveness and understanding from God.

Love and respect your fellow to your fullest capacity.

Love and respect all of creation to your fullest capacity.

Return not evil for evil, but rather return good for evil.

Rejoice in your divine son- or daughtership status with Him.

Receive His guidance and act upon it.

Love your neighbor.

Love your enemies.
Retreat not into selfish 'thought habit patterns' but rather go bravely
forth in the light of truth, in the trust of His guidance and goodwill,
and ...
Demonstrate all this to others.

There are more which will come up at a later date. (Rachel: Thank you.)

JAMES: Teacher, when you speak of guidance do we receive guidance when it has to do with our daily activities? our mundane activities? things that don't seem very spiritual? When thoughts come into our heads to do the wash or things like that, for instance, can we ever consider that to be the workings of our Thought Adjuster?

HAM: This again is for each person to answer for themselves. It can be ?yes? at times; and then again, it can be ?no.?

JAMES: Thank you. I have one other question referring to the Universal Father as a masculine being. We know from reading the Urantia Book, He transcends both masculine and feminine, or incorporates both. Do you refer to Father as masculine, for our sake to help us understand our relationship to Him? because there is no word in our English language that would designate a being that transcends both masculine and feminine? What is the reason you refer to Him as ?Him?? (Ham: To my knowledge this is universal, traditional.)

JAMES: Even to those beings that are not sex creatures? Do they refer to the Universal Father as ?He,? then?

(Ham: Yes, as ?Father,? yes. At least this is true within our local System.)

ROB: Father Ham along those same lines, is there a point in time when we might die and go to another space or place where we would not refer to Father as ?Father,? but as something with greater understanding that doesn't designate gender in any way?

HAM: It is not unacceptable for each person to worship God to his greatest understanding. If this understanding encompasses the thought of transcending male and female, then this is not incorrect. This is true.

MEL: Ham, when we pray and the words are not transmitted or understood as such, it would probably be just as effective to pray silently. Do we still need to ?think? the thoughts, or wishes, or gratitudes, in words?

HAM: No. Words are helpful for the creature; the Father knows your heart to begin with. The act of petition, the act of thanksgiving, the act of communion, is important. Words themselves, of course, are not. I will receive one further question.

MEL: Okay, if the world is to be settled in Light and Life, does that mean that the attitude of the world, at large, will be in tune with the Spirit of our Father? and that we will, at large, be able to desire and do His will?

HAM: Yes, this is exactly right. You have understood a complex idea and thought

through its simple essence very well.

I would like to draw the meeting to a close at this time. Next week I will bring with me a visitor, until then, farewell.

Back

In Times of Adversity Look To the Future of How Life Might Unfold From Our Tragedies

Ham, Abraham & Lazerek, WOODS CROSS, UTAH 08-05-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am ABRAHAM. There is much I need to impart to you this evening. It is Father's will that these healings, now and in the future, shall be done in the strictest confidence and in as quiet of ministry as possible. We do not wish to sensationalize or cause unfruitful attraction of many people who would not help our cause, our mission.

Therefore, I admonish all who receive these healings, or who will receive healings, that they are not to broadcast this news. These healings are for the benefit of the individual or individuals concerned, and will gradually be brought to the attention of the world. This attention, however, must not be sporadic but must come in due time with due preparation. Many of these healings are seemingly miraculous and we wish not to have our attraction based on so-called miracles. These orders we wish strictly followed. Joshua, do you have further questions?

JOSHUA: Not at this time.

MARTHA: Abraham, my sister who is here with us this evening, and I, wanted to ask a couple questions about the death of our parents, her new husband and my brother-in-law. What we wanted to know was if you could tell us where they are at this time and perhaps give us some reassurance about the accident hopefully, that they didn't know what was happening. I have been concerned about that. I guess it doesn't matter now, but it's for our own peace of mind.

HAM: Martha, this is Ham. I meant to convey previously just this information which you have misunderstood. By all our information, no pain was experienced. Yes, right before, very sudden, no pain at all. Please be at ease on this matter. I really wish to reassure you. This is our best information. At this time they are all at rest, and by all our information, will be resurrected as soon as possible. This rest is a complete rest, deeper than the deepest sleep where there is no cognizance of the passing of time. Safely they will be brought forward and reawakened at the proper time by our Father's will. Have no anxiety or fear concerning them. You will be happily reunited in the future. Be assured this pain will melt away gradually in its time. Be secure in your life. I know this is easier said than done, but again I say to you, be secure in the knowledge that your inner Spirit??your Thought Adjuster, God Himself, who lives within you as your understanding parent and friend??stands

ever ready to shoulder your burdens and lighten your load. He (Father) is very much wanting to help you. It is His supreme desire to help you, His daughter, in life's problems as well as to comfort you in your sorrow. Be unafraid to look to Him, to rely upon Him in this time of trial. He will lead you safely through this period and to eternity. His hand is even now reaching for yours. Rest easily my daughter, all is well. (Martha: Thank you, Ham.)

I am ABRAHAM. I will take further questions.

BILL: There is a man whose name is Fred Harris in Tallahassee, Florida, who received from my son-in-law a rough draft or two of our meetings that was transcribed into the written word. He called to ask if there were any Teachers in his area, or study group, he could get involved in. His interest is to be of service to the cause and movement. He is an attorney and has read the Urantia Book for the last three years and has given away many books.

ABRAHAM: Yes. There is known to us a group in Tallahassee who are readers of the Urantia Book. We are awaiting a transmission-receiver for this group. Tell him if possible, to seek a couple who live on Greenbrier Road. Further questions? (Bill: Are they being taught by a Teacher such as you?) Ham: Not yet.

ABRAHAM: I will begin this evening's lesson.

Our main purpose and objective, as we have stated many times, is to reveal the Father through the Life and Teachings of our Lord Christ Michael. His mission here was fraught with difficulty and full of many tragic circumstances. Like you, Martha, Jesus lost His father, Joseph, to an accident which was the supreme tragedy of His young life, affecting His entire Earth life. He did however, persevere in the face of this tragedy which came to color His life because it occurred at such a young age. The children affected in this tragedy (Jesus' younger brothers and sisters) were also forever affected by the loss of their father.

I have given many lessons on the positive effects of adversity, and yet it grieves me to see these tragedies occurring in your lives. But yes, the young will grow and time will pass. The seasons will change, and change back again. There will be time for grieving, yes, but know there will be time for rejoicing anew in life and in living.

In these life-tragedies, know there will be time for the recounting of your lives; of the growth of the children, and of the many wonderful things that will happen to them in the future. Parents and grandparents will see them grown and rejoice in this. There will be much happiness and laughter, all together in this future time. When you are troubled, think of this picture you have of this future rejoicing, this recounting, this happiness in reunion and fear not the troubles of today.

Now, there is something I wish to relate to you all concerning our mission. There is present here another visitor who has come a great distance to speak with you.

Greetings. I am LAZEREK. I am of the order of sonship known as Vorondadek. Your work here, Joshua, is being noted on high, and its progress is being transmitted on the

universe broadcast circuits all around our local universe. I have come to deliver the following message for Michael. You are known and loved by many on high. His personal message to you is as follows:

There will be no mistaking of this work. What has begun (our Correcting Time Teaching Mission) shall be carried forward in triumph. At the completion of your work shall be sent a Son who will further bring Urantia into Light and Life. All your efforts and intents are fully known and appreciated throughout my realm of Norlatiadek. You must persevere in the face of a skeptical and pessimistic world. You will triumph, yes, and this work shall proceed unaffected. Be of good cheer, honest heart, pure countenance, and of a faithful and dutiful mind. You are my beloved son and also a loyal citizen in the kingdom of my Father. Your reward on high shall be great.

REBECCA: There is nothing else, I think that's all.

[JOSHUA: Rebecca wishes to apologize for the abrupt manner this meeting ended expressing she was under a terrific pressure which was caused by the wonderful, powerful, loving presence of Lazerek, one of the Vorondadek Sons.]

Back

Time Is a Finite Reality Necessary For The Children Of God to Become Father-like
Ham & Melchizedek, WOODS CROSS, UTAH 08-12-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

My greetings this evening. I am HAM. I am your Teacher. For many weeks I have been instructing you and observing the effect of my teachings on you. Tonight we are happy to announce the decision of Melchizedek to give you a personal lesson himself.

Greetings, my children, I am MELCHIZEDEK, Vicegerent Planetary Prince of Urantia. My purpose for thus coming to you is twofold. First: I wish to extend my personal thanks to you for your steadfast and earnest faith and emotional security in this, which for you, is an unusual and exciting learning experience. Secondly: I desire to present an important lesson which is given only at a certain time/level experience of group coordinate understanding.

My lesson concerns your awareness of and reaction to the experiential God the evolving Father/Brother, the Supreme Being, God the Supreme. When you understand your duty to His experiential growth-status you begin to embark upon the supreme adventure of time. His being, His presence, is ever-evolving and is impinging upon your individualness your sense of separateness-nature. He is forever growing in experience, as are you.

Your experience contributes directly to the growth of this mighty and majestic spiritual Being. As long as you see yourselves as alone and separate, you are not seeing full reality. Your growth and being, in all phases of reality spiritual, morontial, and material are all an intrinsic part of the soul-Supreme. You are

existent in, through and by, His power. There is a responsive reaction when a mortal experiences soul-expansion, for there is an equal reaction within the Supreme. The Supreme is God-in-time. I repeat. The Supreme is God-in-time. Time is a limitation, a perception of eternity.

My greetings once again. I am HAM. This lesson, though short, is of supreme importance for you to understand to the best of your ability. I would like to expand upon this in order to perhaps illustrate and make clearer the lesson.

Time and space are the finite limitations, the principal finite limitations, in which the vast material creations evolve. In time, does evolution and growth toward perfection occur. Time is a finite reality which is required for perfecting the will-creature, yes, to increasingly understand and become Father-like. Without time we would be neither here nor there; neither imperfect nor perfect; there would be no growth.

It is impossible for you indeed, to imagine timelessness, for so replete is this 'time-reality' for you. Yet, there is a necessity for this in the great plan of the ages. And that necessity is for the beginning imperfect creature to gain wisdom, understanding, tolerance, forbearance, forgiveness, mercy, and love for his fellows by a long and intense struggle upward, through the first life, and through many others thereafter; increasingly becoming more spirit, and less material; increasingly to seek the Spirit while at the same time, the letting go of the material.

These tried and tested beings are made ready for a future destiny beyond the Supreme. To reach for that destiny we must attempt an understanding of the Supreme. The Supreme is God-in-time. Therefore, our efforts, in time, are part of that reality which is God. I see that there is quite a good understanding of this among you. This is pleasing. Your duty for His continual expansion into the immaterial phase of His reality is to increasingly grow toward the Father, and you are thereby revealing and reflecting, through your soul, the reality which is you are of the Supreme. And now I will receive questions.

JOSHUA: I just wanted to thank you and Melchizedek for the wonderful lesson. It was beautiful. Last week I did not get an opportunity to express my thanks and gratitude to Lazerek and Father Michael for the wonderful tribute. (Ham: Father Melchizedek sends his personal greetings.)

JEREMIAH: Both you and Father Melchizedek were talking about 'God the Supreme' as being the 'God-in-time.' Do you mean God in-space-and-time?

HAM: Space is a material part of the creation originating in Paradise. It is more correct to envision God the Supreme as being God-in-time. Space is an intrinsic part of all material reality even where there is not God the Supreme. Does this clarify?

JEREMIAH: Yes, it does. I get confused when I think about time and space; and it is probably based upon our modern science theories where time is a function of velocity. Is velocity real? In our understanding, velocity is the rate of change of traversing space with time, or a derivative of it. These concepts are kind of

confusing to me. Which one is the higher order, or which one controls the other.

HAM: Yes. Space and velocity are measured by time. Time, therefore, would be on a higher spiritual reality plane than space. Does this clarify? (Jeremiah: Yes, it does. Thank you.)

JOHN: Concerning Machiventa's lesson--the part about realizing we are not alone before we realize the Supreme--does he mean that we are always with our Thought Adjuster? or is there something else.

HAM: Yes. The lesson referred to an identity-feeling of separateness from all other reality. This is an illusory perception for "in Him we live, move, and have our being." We are not separate, really, from God; and this connectedness is made real in and through the Supreme. Is this clear? (John: Yes).

RACHEL: Father Ham, is one simple way of stating part of it: "Whenever there is a growth in the soul of a mortal, there is a growth in the Supreme?"

HAM: Yes, correct. There is also a corresponding reaction to this growth, which is a repercussion within the Supreme's "reality being awareness," which is a permanent reality and more than a "passing growth" stage.

RACHEL: Then this would constitute a real strong feeling in the soul itself? (Ham: If and when one is aware of this, yes.)

JAMES: Teacher, is the Supreme Being an aspect of the universal Father? or a separate personality, so to speak, from the universal Father? (Ham: Yes, He is both. He is an evolving creation of the universal Father; and as such, is an expression of Him. Is this clarifying?)

JAMES: Yes, and thank you. Does the Supreme have a separate consciousness from the universal Father?

HAM: Yes. However, as your consciousness is somewhat separate from the consciousness of your indwelling Spirit the indwelling Spirit is conscious of your consciousness; and so, in like-relationship, is the Supreme to the Father. He, the Father, is ever conscious of the consciousness of the Supreme. As in the gospels, Michael has said: "There falls not a bird from the sky without my Father's knowing." this is within the consciousness of the Supreme.

JAMES: Thank you, that helps a lot. I have another question related to last week's lesson regarding the message from Michael: To what extent was His message directed to the group as a whole?

HAM: To the complete extent. It was of course directed to all of you even though Joshua was acknowledged. We, your Teaching Staff, have also received words of comfort and encouragement from Michael. This has greatly cheered us.

JEREMIAH: Last week I was talking to a woman and teaching her some concepts out of the Urantia Book, which she was quite receptive to. Then we got on the subject of

the universal flood from the biblical teachings and she really firmly believes in that. I wasn't quite sure what to do there. Teacher, what would you suggest for us to say here?

HAM: If it were me, I would steer away from specific biblical doctrine and concentrate on the loving character of our Father, for when this great truth shines brightly enough it will be easier to shed older concepts of a wrathful deity. (Jeremiah: Thank you. That helps, very much.)

BILL: Father Ham, today I read concerning the self-acting Thought Adjuster and found several characteristics which were amazing and encouraging; and it occurs to me that I didn't have a full grasp of the magnitude of that. I would really like you to enlighten us to the characteristics of a 'self-acting Thought Adjuster.

HAM: This question is a lesson in itself. One moment. Yes, there are different phases or levels of Thought Adjuster abilityaction ability:

One. The self-acting Adjuster is a function level which is attained when the personal subject attains or reaches third circle level awareness. This attainment (level awareness) creates an increased circle, or a circle of activity within which the Adjuster may function. He has the increased ability to guide and direct the person through their increased awareness of Him and His guidance.

Two. There is also the ability, albeit unusual, for the Thought Adjuster to detach from the person in order to receive special instructionsuch has occurred for many of you.

Three. There is the future certainty of final fusion of 'personality' with 'spirit'the mortal with the divine. The fact is (although not completely sealed as a completed fact) a universe certainty that fusion in the future will occur.

Fourthly. There is recognition by the universe Father to that indwelling Spirit for His work efforts with the mortal person. He (the indwelling Adjuster) receives personal recognition of this.

And lastly. Since because of this increasingly clear guidance and communication from the Source and Center, the person is able more easily to traverse the final circles of psychic attainment which are preliminary to final Adjuster attunement and final fusion or translation.

You see, that took some explaining. [laughter.] (Bill: And very well done. Thank you very much.)

MEL: In comparing the 'Father Supreme' to the 'Source and Center,' you referred to man and his Thought Adjuster? (Ham: Yes). Mel: Could this be termed, 'We are aware when our Thought Adjuster is aware of our awareness?' (Ham: Yes). Mel: As we grow and get rid of the inhibiting factors in our understanding, memory, then we become increasingly in tune with that awareness? (Ham: And, the Divine will. Yes) Mel: Okay.

JEREMIAH: Teacher, a few weeks ago you tried to transmit your image of yourself to us and most of us failed to receive the image of you, but a few have; and as they were explaining it, they were trying to get thoughts out of their minds, sort of along the lines of the stillness you were trying to teach us. Is that correct? And, is it similar to the problems the Thought Adjuster has in trying to transmit through to our conscious minds? Is this the same technique you were trying to use? (Ham: Yes.)

JASON: As long as we are on this subject, for those who did see images, there seems to be a similarity of which I'd like to clarify. What I saw first was a younger image with hazel colored hair, curly and prominent facial features, a broadness in the jaw and cheekbones. And just after, I saw an older man with gray/white hair in light-colored clothing and with a bold looking face with features that I previously explained.

HAM: Yes, I will attempt to do this again at a later date. I wished to give you a sense of myself, which I could not do in a single image. Do you understand?

JASON: I understand. May I ask you a personal question? What do you do in those times you are not here? Are you engaged in studying? What free-time pleasures do you enjoy?

HAM: Yes, much of my time is occupied with the study of you, each of you your reactions to my lessons which I have access to peruse at my leisure. Much time do I spend in contact with other Teachers and with Melchizedek, in training and lesson-preparation. Also, I am privileged to receive many visitors from beyond your world, as well as many high Spirit personalities stationed here, and midwayers. For enjoyment, we have the reversion of rest and relaxing humor. And, we have the happy and joyous oneness in complete worship, which you, in your state, have not yet experienced.

JASON: I am getting a wonderful understanding, thank you. I'd like to go back just one step where you say you 'spend your leisure time studying our reactions.' I had a sensation that the Thought Adjusters, although on a higher level, are subservient to you and come to you telling of our reactions. (Ham: Yes, to some degree. However, all of your reactions are recorded during these meetings.)

JOSHUA: Father Ham, may I ask a question? Could you explain more who Father Lazarek is that was here last week?

HAM: I will do so in the lesson next week if you will remind me. For now, the connection with Rebecca weakens and it is difficult to continue. I must say farewell, for this evening.

The Placement Or Positioning Of Yourselves In Life | Laughter and Mirth Overrides Anxiety and Worry

Ham, WOODS CROSS, UTAH 08-19-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects

us. The presence of God watches over us. Wherever we are, He is.

My greeting this evening. I am HAM. I am your Teacher. I desire at this time to commence with a lesson concerning the placement, or positioning, of yourselves in life. There are many factors concerned with your individual life-mission:

1. Family life.
2. Professional life.
3. Individual happinessmotivation fulfillment.
4. Spiritual guidance.

I wish to address these in order:

First: Family life. Many of you have a rich and fulfilling life by the companionship of spouses and children. This intimate association fosters thoroughgoing understanding between all individuals within the family unit. This is a sublime experience which you should think upon as preparation for knowing the Father, God. You will seldom, outside the family unit, fully understand and appreciate another human being. The family is the basis of life and human association. The love and tenderness evinced by the parents for a child is the closest approximation to understanding God that is possible in human life. This sublime tenderness is not usually exceeded.

Second: Professional life. Everyday work is important in promoting dutiful associations among people. A sense of duty and responsibility is essential also in understanding our obligations to divinity. Ethical obligations are tried and tested most thoroughly in the work atmosphere or environment. This sense of ethical duty may blossom further into the understanding of brotherliness; for oftentimes in this environment, close associations may develop and the duty to your brother is understood in a fairly complete manner.

Thirdly: The sense of happiness and play should be fostered and allowed freedom of expression. Recreation and lighthearted human interaction are an essential ingredient in the well-balanced personality. Happiness and mirth are a ?release valve? for tension, and are conducive to becoming a more easily likable person. Those who take themselves overly serious and cannot find the joy in living, are very sad to behold; their life is monotonous, boring, and tending toward the material, being dragged down to worry and needless anxiety. Happy is he who can find the cheerful side of looking at reality; this greatly lightens the burden of daily life.

Fourthly: The spiritual placement and aspect of your earthly careers. This, of course, is the most important of these four, for the spirit will lead you to human happinessas well, purely-spiritual fulfillment. Human happiness is greatly desired in the kingdom. We wish you all increased happiness and security in knowing your place with God is absolutely unassailable and completely secure. He who can follow spirit guidance and leading, is a happier man. Much of the burden of life may easily be transferred to the Indwelling Spirit who, in His infinite wisdom, is unerring in His guidance. Much of the burden of life is felt, yes, but is illusory. Much of your earthly anxiety is absolutely needless. May I repeat: Muchin fact, mostof your earthy anxieties is needlesslyindeed, pointless.

You must be aware of your indwelling spiritual guidance. When Father is in control

of your life, you need fear nothing. Many of the calamitous misfortunes are as easily dealt with through laughter, as through worry. In either case, neither worry nor laughter affects a calamity only that they have a great effect on your attitude and subsequent ability to cope with this or that particular problem. So I say, laughter is the best medicine.

Laughter is a healing and curing activity which greatly uplifts the attitude of the mental mind which is beneficial to seeing the full nature of the situation. In worry we tend to look at our feet, so to speak. In laughter, we tend to throw our head back and look around us. Worry is inner-consuming. Laughter is outward-releasing. Therefore I say to you laugh! Laugh fully and often. Enjoy each other, and be gay.

Life is short. Many of the serious problems of today are the mirthful reminiscences of tomorrow. Do not be heavy of heart. Lighten your burden. Allow the Lord to take your burden from you. Be free in His spirit-presence. Move easily and freely and lovingly, and joyously praise Him. That is all. Are there any questions?

JOSHUA: Last week you ask me to remind you about Lazerek.

HAM: Yes. Lazerek is a visiting Most High Son of local universe status. He has been involved with your world for many years. Presently he is working on the seventh Salvington training world, involved with ministering to ascendant sons before they are received on Salvington. He came to Urantia for the purpose of observing these schools, sessions, and conferring with the Melchizedeks about ascendant training. There are some mortals now reaching his school jurisdiction who have come from Urantia and he wishes to gain insight for their benefit. This was the main purpose of his journey here; although, his delivering of a message from Michael was our greatest joy. Does this answer? (Joshua: Yes, that's very informative. Thank you. It was also a great joy to us.)

ROSANNE: Ham, I wanted to ask you about calamities. You were talking about laughter being the best medicine. Does this mean we should look at the hardships we have had in our lives and try to look at the humor in them. How do we handle the hardships through prayer? through understanding?

HAM: Yes, my daughter. It is beneficial to see hardship in a humorous light if even for a moment, even if seemingly inappropriate. It is not sinful. It is not a betrayal. It is not hurtful. A little laughter is the best medicine, even when facing hardship. If we can step away and see ourselves with a little distance, many times there is a little humor, and this little humor greatly lightens the perception of a grave situation. There should be no guilt in this. It is simply sound psychological practice and a part of human nature. Are you understanding? (Rosanne: Yes, I am; but I wonder if I don't see the humor, how can I get through a very hard time?)

HAM: We all experience hard times and tragedy which we simply live through. There is a time-distancing which naturally occurs which also serves to lighten this burden. Whether through time passing or through laughter, they both serve the same. In both cases, there is a 'pulling back' and distancing from the immediate trauma of a hardship. Does this help? (Rosanne: Yes, it does).

ELWARD: Ham, in facing the lighter side of life, I understand we are to 'cast our burdens on the Lord?' (Ham: Allow Him to lift them from you, yes.)

ELWARD: When that is lifted, then we have an opportunity to see a lighter side, is that right? (Ham: Yes.)

JEREMIAH: Teacher, I have another question. We know we have the Seven Master Spirits which are each different. Our Superuniverse [Orvonton.] is basically the combination of the three persons of deity. We also know that Michael was created with the original thought, which I also believe is in our makeup. And, I know that every time the High Spirits come from somewhere, they come in groups of seven reflecting the seven possibilities of the three persons of deity. The question I was wondering is: Do we here, our personalities, do we have a reflection of one of those seven combinations? or not?

HAM: Yes. By being a creation within this seventh superuniverse, Orvonton, there is inherent in spirituality and the reflection of spirituality the trinity. Yes. You have correctly understood.

JOHN: Father Ham, regarding the lesson, how much time should we spend on leisure activity as opposed to work and spiritual growth?

HAM: This is not yet an ideal world. If it were more toward the ideal there would be the equal burden of work and equal time in relaxation. However, for most of you, this is not possible. Yes, in the material worlds this is the ideal state.

JAMES: Teacher, today we learned that Gorbachev was overthrown in the Soviet Union, and this is something that troubles and concerns some of us. Loreena asked me to ask if you could address this issue? (Ham: On this, and all political and social subjects, I am forbidden to comment at this time.)

ELWARD: When we are having problems, or are down, would it be proper to ask in prayer for our burdens to be lifted from us?

HAM: Yes and no, it is proper to allow God to shoulder your burdens, so to speak, and in working through you to help you through difficulties. To pray to have our burdens removed by supernatural means, of course, is not proper.

ELWARD: Okay. Then we should pray that we become in tune with the spirit and act in accordance with that guidance. Is that right?

HAM: Yes, and not to become overly obsessed or concerned with your problems, for always these problems are resolved whether or not you spend energy in worry. This energy spent in worry, anxiety, is depleting to you and makes you less able to encounter and solve human problems.

JASON: Of all the spirits and creatures devoted to our well-being or happiness, which of them require translators to communicate directly with us? (Ham: None.)

JASON: I would just like to thank you for tonight's lesson on laughter, I've experienced a healing benefit from laughter many times in the face of hardship and turmoil. (Ham: You're welcome.)

JAMES: Teacher, I have a question about prayer. You have taught us that when we pray, more often than not it changes ourselves. When we pray for others, can it bring about action on the part of their guardian angels that otherwise would not have been taken? Or when we pray for others can it in some way bring about a change in their attitude? (Ham: Yes, both. Absolutely.)

JAMES: I also would like to echo Jason's comments on the lesson of laughter. I won't feel quite so guilty about feeling mirthful at times in the future.

ELLANOR: Father Ham, we know that when the Thought Adjuster is away, it stops the growth of the soul. We were wondering if the soul regresses in any way.

HAM: No. There is no regression. In fact, there is growth which takes place on the return of the Adjuster which wouldn't have taken place before, had He been present.

JEREMIAH: I have a physical question. When I come back and forth to these meetings, I usually camp out sleeping under the stars. [Editor's note: Jeremiah travels from Albuquerque each Monday, to Utah for these meetings.] The Urantia Book states that looking into the Milky Way is basically like looking in the center of Orvonton, our Superuniverse. Where is Paradise the center of creation?

HAM: I must check to be precise. [laughter.] At this time, Rebecca tires and I would desire to end this meeting if there are no pressing questions.

JOSHUA: I don't have a question, Father Ham, but I would like to make one comment on joy and happiness. I think I speak for more than myself these Monday night meetings with you bring much joy and happiness into our lives and we thank you very much.

HAM: You're welcome. Good evening and farewell.

[August 26th Rebecca had an issue and there was no meeting, as noted in Ham's next meeting September 2nd.]

Part 1. Caution in Disseminating | Mansion World Mota | The Re-Opening of the System Circuits

Ham, WOODS CROSS GROUP 09-02-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am HAM. I am your Teacher. Tonight I wish to discuss a topic of concern and of great consequence to our further development as a Teaching Mission. There are two problems which have been brought to my attention. The first is seemingly minor, yet could develop into something more problematic:

One: We wish for these teachings to be spread to fertile ground, yes; yet, the premature spread of my words to those of a disquiet disposition, or aptitude for disquiet and further, for them to speak of that which they know not; and then for these to further speak may be a cause of future antagonism.

It is very difficult to walk a line between the spreading of the word of our Mission, and the wise judgment which dictates that 'silence is better.' It may be that a person you speak with is receptive, yes, but perhaps this person has unwise judgment in judging with whom 'they' speak. Without spiritual guidance, it is difficult to discern these things.

Though the call to evangelize, in general, remains, I would like to perhaps caution and forewarn you that 'too much' spreading of our words on infertile ground could be problem-causing in the near future. Therefore, remain with the same procedure as far as allowing newcomers to be a part of my teaching. [Editor's note: It was instructed in this first year that new students first meet with Rachel (Ida) for preparation and for vetting before attending Ham's lessons; and to use spirit discretion regarding those to share these teachings with.]

Secondly: The overenthusiastic and premature speaking to those in authority within the 'Urantia Book community' should be also wisely limited. I have full trust in you, Rebecca, in your ability to receive my transmissions to those seeking direct contact with me. I wish if such contact be requested that I am to speak with these persons, directly.

Yes, Rebecca, thank you. And thank you, Joshua, for forewarning those who would prematurely bring this news to these people. This work is not meant to proceed too rapidly; if it does, there is the danger of it becoming too heavy that is, people wishing to bring others along but would not have the basic support of their following necessary to do so. This work will take many years and will require the careful and wise judgment of all of you to bring about its full flowering.

Yes, there will be many other Teachers, especially in the United States. These teachings will, without a doubt, spread to many many people. You are the vanguard of our movement; it is up to you to be as wise as possible in the dissemination in the beginning, for it is tender and delicate. This work will require much careful tending for full flowering potential to be realized. There are many many wise and fruitful individuals which we wish to contact. The Lear's are certainly among them [Editor's note: Ham refers to Norman and Lynn Lear of California]. We also wish to caution these people to use careful judgment in whom they confide this information to.

All in all, I rejoice in the splendid progress that we have made so far. I rejoice that my teachings have been coming through so clearly, through Rebecca's transmission-receiving; and, through the judgment of Joshua's wise foresight in his taping method. His general dissemination has been greatly appreciated.

I also wish to send a personal greeting to Alexander to enjoin him to remain steadfast in his faith; to carefully choose his associates and begin to build a basis for a Teacher. He will understand of whom and where I speak.

Tonight I wish to begin a teaching on the affairs of our local System and its connection with our Constellation; and, its connection to our local universe Nebadon. By decree of Michael of Salvington, the system circuits are being restored and are now nearing completion. Yes, I have spoken of this before; but this re-encircuitment into the greater spiritual communication circuits of the local universe will greatly accelerate our ability to communicate to and from Urantia; and directly to Jerusem, to Edentia, and even to Salvington.

You see, this intra-universe communication has previously necessitated the use of other circuits, angels, and messenger spirits, which was a difficult and tardy process. Now that our circuitry is being reinstated, we will have news and information from a wider universe perspective and on a more regular basis; and, we will be more readily in personal touch with those high in authority who will be able to clear decisions to enable us to work more efficiently.

On the First Mansion World, indeed throughout the seven Mansion Worlds, is the beginning of teaching of 'morontia mota.' This insight is beyond your present physical level of awareness; it is a morontial sensitivity to reality which you, in your state, do not possess. There is a greater philosophy in mota than you can even begin to be aware of in your earthly way of thinking.

Mota is not only 'expanded awareness,' it is 'expanded thought' and receptivity to ideas, reason, logic, sensory awareness, spiritual sensitivity, and insight. Mota is the blending of the spiritual and the mental, with the general sensitivity of a (for lack of a better term) bodily awareness of reality.

On these Mansion Worlds, you will be more sensitive to the presence of your Thought Adjusters. The actual presence of God within you will be a greater awareness, an extreme sensitivity, a focalization which you cannot begin to perceive as you are here.

Even on the first Mansion World existence, though our indwelling Adjuster is still ways apart from an actual fusion of the two minds, the guidance is extremely clear; His presence is extremely clear (is well known and felt); His words are clear and distinct. It is as though there are two minds within a single bodily frame of energy that are very closely linked in awareness. In this, our Father's overcontrol of thought pattern is almost complete.

On the Mansion Worlds, the morontial mind-thinking pattern will be more closely attuned to the Adjuster's expression of the Father's will so that if there is a deviation, that deviation is immediately known by the subject; he can easily attune his will, his mind, to the will of God as forecast by the Adjuster.

This 'submitting' seems to many of you to be strange; to be something of a 'surrender of will' to an overcontrol which you are unsure of. However, this overcontrol is not something which you will be unsure of by that time. Father's presence within you now is something very much a part of your being, yes, but it is sensed as a being 'apart from you.'

On the Mansion Worlds, (in the morontia form) the entire sensory apparatus is different you are becoming more 'who' you are; you are becoming more Godlike, more spiritually sensitive and aware of those spirits surrounding you and guiding you in your morontia career. Yes, these spirit influencers guide you here, though you are largely unaware. In the morontia life, you will be much more sensitive and aware of their presence.

The destiny guardian angels who have guided you in this lowly existence are also present on the morontia worlds. On the first Mansion World, they are relieved of their immediate duties as 'destiny guardians' and are released to follow the ascendants' career as 'ascendant beings.' They are still companions but their ?guardian? duties are no longer necessary. There, again, you will be able to perceive these beings as discrete spiritual entities which, in the state you are now, is really a near impossibility.

The morontia life is much more enjoyable than your toiling and stressful earthly experience. You will see with divine clarity the purpose of your ordeals in this life, and will not only appreciate the ordeals themselves but also the guidance which brought you through them. This appreciation will be a great unburdening of your worrisome self for you will be able to know your purpose; you will be able to foresee your future purpose and all of this, together, will be a great relief as well as joy in your innermost core.

This mortal life is not without a greater purpose. Your ordeals, your suffering, your hardships, are for a divine reason! Rest assured when your short life has been run, when this race of existence is completed, when you reawaken in the glorious resurrection on the worlds on high, you will know that your life has had divine meaning.

Our material life may often seem haphazard, seem futile, seem purposeless and barren of redeeming value; yet I assure you with the authority of one who knows of one who has survived a material existence and has gone on to greater, purposeful, meaningful existence; I assure you that your life, your toil, your work, your stressful suffering, is meaningful, is purposeful and, has supreme value.

God is not only with you in times of meditation, in times of spiritual thinking, in times of elevated consciousness of His being He is with you day in and day out. Through your days and your nights of labor, He is beside you, He is watching over you. The very Father Himself is entrusting you with the task of the ages. Yes, with the task of by your decisions and by your influence in life, to grow, to develop, to become more perfect, as He is perfect.

You who are called to these Correcting Time teachings, are called to emit a broader light. You are called to become perfect. This takes time, yes, but you can show your fellows that you are about this perfection process. You are called to shine forth that light of divine goodness and truth to your fellows, as the apostles were called of old.

There will be many times of hardship. There will be many disappointments. There will be many trials for you, individually, to endure. Yet I say to you, and with utmost

surety, that God is never gone; He is never far from your side. He is with you; He is with you through it all. You may easily look to Him and His guidance will be there. I say this with authority as one who knows if His guidance is sincerely sought in any circumstance, this guidance will be forthcoming.

It is unfortunate that last week's circumstances cut off my communication to you, for I feel now we are a little behind where I would wish to be in my teaching. Rebecca understands the importance of this, for these teachings, in the future, will not be absent because of mortal inconvenience. This was unfortunate and was of her own free will choosing, not mine.

There is, in each person, a place where the tender shoots of new spiritual growth occur. This innermost space is wisely protected by your own being; and yet, needs a certain amount of light and air. It is good to open your hearts, as it were, to the light, to the gaze of others, and to the spiritual waters others may give to the world. This inner tender place can, yes, be a little too tender, or 'too much.' This place, in circumstances of trust, should be opened, should be developed, and should be allowed a little freedom for the wider growth of the soul.

It is good to establish and to cultivate close friendships which enable the flowering of the 'inner self.' It is the opening of the inner self to the gaze of others which gives confidence in that inner self within the person. Otherwise, there is much hiding in life. There is perpetuation in mediocrity, in allowing this inner self to be hidden and perpetuated in a mediocre realm of existence.

It is only by allowing the flowering of this 'inner self' that true individuality is seen. This 'inner self' must be shown to a wider world and when it is, much can be done. Much creativity, openness and flowering occurs, for there is a connection between that inner self of the person flowering, and the inner selves of all those perceiving it.

We witnessed tonight a talk given by Mr. Norman Lear to educators. Many of them have never heard anyone talk openly like this before exposing his inner thoughts; and they, responding to his. It is true of all true leaders that they flower as individuals, and that their individual-flowering connects with those who are too timid to do it themselves.

I do not espouse a complete openness of every single aspect of a person's personal life, but the discussion of the inner self is extremely important. In this, you will find greater acceptance of yourselves than you think; this is always the case. It is not only your inner Spirit or angels who understand you, but your friends, your associates, your loved ones.

When there is true expression and understanding this is mutually beneficial and growth-promoting. It is then you see those tender shoots, not quite so tender anymore, grow into 'robust plant forms,' for want of a better metaphor. Yes, this speech of Mr. Lear's was very moving to me and I send my personal praise and acceptance to him, and also wish for him to hear this lesson of my response. [Part 2 of tonight's lesson is continued on next submission.]

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Part 2. By Your Living Show Your Fellows That God Is In You | More On God The Supreme

Ham, WOODS CROSS, UTAH 09-02-1991

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[Since the group didn't meet the last week of August, this first week of September was two lessons in one evening. The following is Part Two.]

HAM: I have another lesson to teach tonight; it is on the necessity of love in our Father's guidance in our lives:

Father's love comes through, 'person to person,' and is bestowed upon those who draw near Him as spiritual water. The Father's love acts to bestow acceptance, to bestow love, to bestow guidance (unerring guidance), forgiveness, tolerance, understanding, wisdom, and truth. When this spiritual water flows from one person to another, it is as though God Himself is accepting this person for who he or she is. And it is this acceptance and forgiveness which all humankind craves.

For you to be personal ministers of the word of God it is necessary for your being to exhibit this love of our Father to bestow acceptance, forgiveness, love, and tolerance on your fellows, as you would hope for forgiveness, love, tolerance, and acceptance from our Father. Yes. This is a daring feat. It is not a cowardly act; it is a courageous act.

This act of courage will result in the response of your fellows to you in ways which you will find surprising; and it is by love that this is accomplished. It is not preaching; it is not earthly 'thou-shalt-not'-type ministry, no! it is simply love! simply love and its repercussion in that person. This is what I ask of you to practice until our next meeting. And now, if there are any questions, I will receive them.

JEREMIAH: Teacher, concerning the lesson that we are behind on, is it possible to double up? or do we need time between lessons to absorb the teachings? (Ham: Yes, I will increase the time length of the next two meetings.)

JASON: Ham, I have a question from Rebecca. The Urantia Book talks of space as being close to absolute, absolute in the finite sense. Can you please elaborate on the nature of space and its relation to time, energy, mind, and spirit?

HAM: Yes, one moment. Space, in a sense, is absolute reality. It is without segmentation or differentiation in any known sense. It is the basis of all known material reality; and, the fabric in which time is woven. Time is, in a sense, segmented eternity. It is the way that finite mind can perceive reality as a sequence of events. Energy and matter are created and manipulated within time and space. The Conjoint Actor's overcontrol of the creation of energy, matter, and its spiritual animation of life within time and space, is absolute. The space fabric is completely encircuited in the Third Source and Center. There is no haphazard cause and effect in the universes or, in the outer space realms. All have 'mind

encircuitment.' There is nothing that is not planned, directed and known. Space is the absolute fabric on which the reality of existence is drawn. Yet space is, as you said, not infinite; yet it has an infinite source and means to be of potential infinity. Proceed.

JASON: Also, can you tell us more about the nature of the Supreme and his relation to the individual?

HAM: Yes, the Supreme is the finite God of time. He is the God of experience. He is the sum total of all mind experience. He is the wealth of wisdom of the ages. He is the overcontrol and over-soul of creation. He is the God of 'being' finite reality. If you are the action, He is the reaction. He reacts and enfolds and encompasses all action in the finite realm. He is the Supreme Father/Lord of all finite reality. He is the cause. By His reaction to decision and action in the finite creature, is He the cause of soul growth. He enables, by His being, the growth and nurturing of the soul of the individual. He is the repository of all true value, understanding, and wisdom which is not extant as an individual personality. When an individual personality chooses non-survival, He is the repository of that personality and of that value which is no longer a personal discrete entity, but is now part of the 'greater soul of creation.' He is much like the God envisioned in, say Buddhism, who is the over-soul of creation the yin and yang of existence; the light and dark; the male and female. All these things, all these opposites which interact, form reality. He is mother-like in the sense of nurturing the worlds. He is not perceived as a personal spiritual influence as is the Spirit of Truth or, the Thought Adjusters; yet, it is important to perceive our duty to Him in the general sense of spiritual growth and in the sense of personal growth, for in both do we contribute to His realization of manifestations to the worlds. He is the perfecting God of the imperfect. He is what enables the imperfect to become perfect. He is what enables not only the individual to grow, but the worlds to grow, towards perfection, toward Light and Life, toward God. He is the intermediate God which not only allows for creation itself, but allows for the perfecting of that creation. To Him, we owe our supreme duty of becoming perfect. Are there further questions.

BILL: Father Ham, in regard to your lesson about us giving others too much information, I am probably guilty. It seems every time I meet somebody, I am looking for a way to discuss your teachings or the Urantia Book. If I go away without the opportunity to speak of these things it leaves me with a feeling of 'missed opportunity.' I would really like to know how we are to perceive those people who are ripe and ready to hear the words we want to say.

HAM: Yes, as you advance yourself spiritually you will begin to see a reflection in another, of your own spirituality. That is almost like a searchlight looking into and recognizing another searchlight, for those searching will be drawn to you. You will perceive their readiness by a spiritual sense as well as by close watching for reaction, and feeling for that reaction as well. Is this helping at all?

BILL: Yes, it does. I have been reading some books that were written by Eba Bell Werber, and published in 1936, which coincides with the Urantia Book. These books are so familiar to me. One is called 'Quiet Talks With The Master.' Have you any information about these books?

HAM: There have been at many times, and through many people, this kind of communication attempted. And often it is wherein there has been this communication for a while, and then is stopped for reason of unsuitable behavior by the person who is receiving. Please be careful in your searching through these works (the books you speak of) and other receivers, for oftentimes they tend toward the spectacular and have clearly lost sight of the person speaking. If, for example, Rebecca were to (and this is uncharacteristic of her) want personal recognition for my words, this would cause me to look for another. This is one example of inappropriate behavior. Other examples would be money involvement; book publishing; professionalism; etc. This person you speak of may very well have followed instruction to publish; however, I instruct you only to look to their fruitsto look to their motives and to carefully weigh their truth. Be not afraid in using your own judgment, for you have a keen sense of truth. It is fortunate that you are willing to receive truth from many sources; this is very good. I can do nothing further than give guidelines for you. Do you understand my position? (Bill: Yes, I do.)

ROB: Ham I have a belief that 'everything has a purpose,' and earlier you referred to: "There is nothing that is not planned, directed, or known." I have a thought that God is similar to a great architect. And in regard to that belief, would that apply to the Lucifer Rebellion? or anything, for that matter, that is looked upon as being bad or wrong?

HAM: Yes and no. Freewill decisions are circumscribed within limits in immature and maturing creatures. 'Free will' is bestowed upon all creatures who are with the ability to know God. With free will comes the possibility for sin and destruction in order for this free will to be truly free. Free will, although operating within limits, has within it the ability for self-destruction. This is unfortunate, but it is a possibility, and it is a reality. The purpose behind this possibility, which is good, reveals the greater purpose of existence, and that isthe freewill-creature choosing to know God and to be like Him. The Lucifer Rebellion was unfortunate, and at the time, seemed disastrous; although in the millenniums since, we teach that there has been much more good come from this calamity, than evil; and this good has multiplied a thousand-fold, even a million-fold, over the evil that began it. So, in the wider context and picture, even though there is sin, destruction, and evil in the world, a wider and longer view/picture will reveal the ultimate good resulting from this.

JEREMIAH: Father Ham, I have a lot of questions on the Supreme: If our first motivation is to seek out and do the Father's willI was wondering if we are to seek out the will of the Supreme as the second?

HAM: No. Your second major duty is to love your brothers as yourself. The duty to the Supreme is contained within the first duty. This 'seeking of God' results in the ascendant growth of the individual, which allows self-realization not only for the individual, but for the Supremefor all reality is contained within Him. Self-realizing contributes to His overall self-realization.

JEREMIAH: You taught us the stillness, and to seek out the Father's will. Is that also adequate for the Supreme? (Ham: Yes, that is adequate.)

JEREMIAH: Do the Descending Sons contribute to the Supreme?

HAM: Yes, absolutely. There are two major directions of growth in the Supreme: One is inward toward the Father. The other is from the Father, outward. These two growth-directions are equally necessary for His realization.

JOHN: I was wondering about the Supreme also. Is God the Supreme and the Supreme Being the same? or are they two different personalities?

HAM: They are the same, although there is a difference in these terms. In referring to 'God the Supreme' we are referring to the 'sometime future' personality (power-personality synthesis) which will be the result of the growth of the Supreme. In referring to the 'Supreme Being' we refer to His status as it is now, that is incomplete. Is this helpful?

JOHN: Yes, it is. When I was reading the papers on it, it says the Almighty Supreme is the deity potential of the Supreme Being. Is that the power manifestation that God the Supreme will have, or does the Almighty Supreme have a personality right now?

HAM: No. This is the same aspect of God the Supreme.

ELWARD: Ham I have a question on the upcoming lesson I have to give next week in church about the ?second coming.? What has and what hasn't been fulfilled regarding the second coming of Christ? I would like my lesson to harmonize with your teachings.

HAM: Yes. Our Father/Brother, Michael, has indeed promised to someday return to this world. I would emphasize that even though He has not been personally manifest to Urantia on a mass scale, that the Spirit of Truth has and is. And, is with us always, that we may be in personal communion with Him. Our first duty of life to fulfill his gospel is to love God with all our being; and then, to love our brothers as ourselves. In doing so, we consecrate our will to the will of the Father that is, to give to God all we have, are, and will be; and then, to live the word of Michael. This how we portray, is how we enlighten our fellows to this greater way of God-seeking, God-finding, and God-knowing. It is our greatest obligation and responsibility to Michael. And this is true regardless of when this ?second coming? will occur. Indeed, the ?when? of the second coming is irrelevant, for His time is eternal.

I perceive Rebecca is tiring. One more question only. [was personal, and is omitted.]

Now I will leave you with the following thought: Be steadfast in your adherence to truth. Wherever and whenever you find truth, pluck it for yourself as a flower and keep it for an everlasting gift from our Father. No matter where or when you find it, truth is living, truth is growing. Truth is ever-present, and you are all fully able to perceive it. Love God. Fully accept and love yourselves. Fully accept and love those you say you love. Open the doors of spiritual gifts. Open the door of

your treasure within and give freely to those you love. Develop close friendships. Love one another. Show forth the light of truth your love of God, and the wisdom of your true self in your life.

We are with you through the week. My love goes to you all. I treasure the fact that you come for my guidance, and that you receive and act on these words. My love to you all. Farewell.

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The Ascension of Man | Maturity is Ever a Measure of Self-Restraint

Ham, WOODS CROSS, UTAH 09-09-1991

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The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is. Greetings.

I am HAM. I am your Teacher. This evening I wish to discuss the following topic: The ascension of man. All of you are equally on a path of increasing spiritual enlightenment and the unfolding of increased levels of liberty and service. With increasing levels of spiritual understanding, there is corresponding increase in relative prosperity, happiness, equanimity, awareness of justice, tolerance, understanding, foresight, spiritual insight, and love.

With this increased spiritual awareness there is a corresponding level of spiritual liberty granted to you. This joyous liberation from the chains of intolerance, injustice, ignorance, slothfulness, etc., is found in these increasing levels of awareness so that you become more unselfish and less intolerant of the faults of others. You are then allowed an increased realm of action, which is based on service.

Loving service is the basis of the social fruits of all true religious experience. The more you serve your fellows, the more increased is your level of awareness of them; and with increasing understanding of them there comes increasing love and devotion to God. The more you understand your fellows, the more you love them. The more you serve your fellows, the more you love them. These three aspects of life—understanding, spiritual awareness, and service—are love-based and love-dominated.

As I said to Rebecca earlier, you must all increasingly learn to love yourselves. This will enable you to understand and forgive yourself as you can understand and forgive another. This is the basis of true self-respect. With increasing levels of spiritual awareness—spiritual liberty and social service is bestowed upon the individual. An increased awareness of duty, and love of that duty, is the duty of love.

As you grow in a wise love of your fellows, you grow ever-increasingly toward the expanded love of your Father. Learn to bask in the light of His love, for your lives will be transformed by it. We first accept the love of God as a child, and then we learn to walk in the light of His love as adults.

There is a profound self-respect, self-knowledge, self-control, and self-understanding involved in spiritual growth. Self-control is a very important aspect of spiritual growth and comes with the bestowal of increased liberty. No longer are we shackled by the 'thou shall not' doctrine of traditional religion. No. Instead, you are a liberated son or daughter of the living God.

The self-restraint and self-control exhibited by mature and growing personalities is evidence of the working of the mature mind in conjunction with the spiritualizing effect of increased spiritual contact and awareness. No longer do you walk like children, but now you stride the path of spiritual freedom with increased self-restraint as full-fledged men and women, citizens of the eternal kingdom of heaven. Maturity is ever a measure of self-restraint.

Often we have discussed adversity and its effect. The most profound effect is in learning self-restraint. The immature individual often invites calamity himself by unwise choosing and little self-restraint. The repeated experience of the adverse consequences to unbridled behavior begins the growth of maturity. The maturing mind increasingly welcomes self-restraint by the repeated noticing of the beneficial effects of such action (or the wisely restrained inaction, depending upon the circumstance).

The will of the Father is for the wise, seasoned, spiritually-leavened, restrained (that is, self-restrained) growth of each individual. He or she must learn their own way in this. It is not for me to give specific examples, for all differ. Many times as a child I was wisely restrained from dangerous action by my parents. They increasingly taught me to restrain my actions on my own. And so does Father also work in our lives by creating opportunity; and, restricting opportunity which would perhaps lead to unwise decision and calamitous misfortune.

By the increased awareness of Father's action in our lives, we can increasingly follow a narrow path of action, and limit the possibility of misfortune. Do you see, my children, this guidance is not only within, with the 'listening to prompting' for spiritual thought messages, but also it is involved with the outer world as well. Yes, of course there are many lessons in life to be learned; and you will learn all that is necessary for your spiritual development. That is the end of my lesson, I will now receive questions.

JEREMIAH: Then nothing is lost. The Supreme will pick up everything? (Ham: Yes.)

RACHEL: Father Ham, this question may be a little far out but I do have a special person in mind. Are there people on this Earth at the present time that have the gift of tongues, and others that have the gift of interpretation?

HAM: My wish is to explain this type of phenomenon to you. No. Your interpretation and understanding of this is not correct. During times of extreme mental excitement and spiritual uplifting which is Thought Adjuster contact a way of releasing this energy is in incoherent babbling. This person, in varying degrees, may be receiving a spiritual adjustment or message; however, the babbling is meaningless. Is this helpful? (Rachel: Yes)

ELWARD: You said as we increase spiritually, we have more spiritual freedom, and that those who are not as spiritually advanced bring on their own problems. Therefore, those that are more spiritually advanced, are less affected from their own problems? (Ham: Yes.)

ELWARD: Is it that we just don't respond? or is there a protection. (Ham: An awareness which allows an avoidance of problems.)

JASON: When one reaches the level of spiritual liberty the Thought Adjuster would, in turn, motivate the person in a specific realm of freedom perhaps showing us an awareness on greed, lust, or any of the vices man deals with, daily. And in trying to control these vices, each of us would have to reach a level which would give us the gift of this liberty? (Ham: Yes).

JASON: So we would receive this information from our minds, or the Thought Adjuster? (Ham: You would receive this information from the Thought Adjuster, yes.)

JAMES: Teacher, do I understand correctly that as we have more spiritual liberty, this does not imply relaxation of our moral rectitude, so to speak but rather, what is happening is our motivation is to act in a moral way rather than out of an obligation? (Ham: Yes).

JAMES: Another question: You spoke about our Father restricting our opportunities, and then when we are more spiritually aware, relaxing that restriction. How does He implement those restrictions? Is it through midways and angels? or did you mean by the mores of society and other psychological inhibitions we have when we were younger? (Ham: I was speaking of the actions of angels and so on. However, you bring up a very good point they both, of course, are operating.)

JAMES: Okay, my final question. Can you expand on what you mean by spiritual awareness?

HAM: Yes. Spiritual awareness is a complement of spiritual insight. Both operate to enhance the level of appreciation for reality in the individual. By awareness of spiritual reality, we become understanding and appreciative of the true nature of all being reality; that is to say, we see the essence rather than the outward appearance. Think on this.

To you each: As you go through the week, be aware of that spiritual leavening which you need, to grow evenly and purely. You will understand these words in the future; think on them this week. For now, farewell.

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The Welfare Of Your Brethren | Have Gratitude In Our Ability To Know Father

Ham, WOODS CROSS, UTAH 09-16-1991

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The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is. Greetings.

My greeting this evening. I am HAM. I am your Teacher. Tonight I wish to speak on the welfare of your brethren; and, your understanding/responsibility for it. Many times in our lives we come into situations which evoke a sympathy-response for a fellow human being; every day is filled with these actions and responses. That is, we each respond to the presence of another human in our own unique manner of sympathizing.

To the old adage: "Am I my brother's keeper?" I say, yes and no. Each person has a certain radius of responsibility for those immediately within their circle of influence. Each person, of course, cannot be responsible for an entire community, or state, or indeed the world. As I have said, true love is born in an attitude of thoroughgoing sympathetic understanding of one's fellows. This understanding must, perforce, not be limited to only a relative few.

The Urantia Book states that one cannot, by mere force of will, love the world. Love exists only between personalities not to an abstraction, or between an abstraction and a personality. As I have said, to see a person through the eyes of your greater self to allow your inner Spirit to communicate His vision of another is your greatest opportunity for increased understanding of that person.

You see, our Father sees us all as little children; and each little child is behaving towards the other children in certain ways. You may see that in circumstances where your brother or sister is troublesome to you if you would distance yourself from that situation, this allows you to be able to have a more insightful view of this person and a more forgiving nature towards him or her. And I say this as a profound reality-reaction feeling; this is not, again, a 'thought abstraction,' which you may do as an intellectual exercise this is a true 'thought-reality perception' feeling.

We remember when one of the apostles once came to Christ and asked: "How often may my brother sin against me and I forgive him until seven times, Master?" And Jesus replied: "Until seventy times seven!?" Do you see that Christ at that time saw the apostle as a child and in need of guidance toward this greater understanding of the Father. Again, this is the same with forgiveness; you cannot blanketly forgive the world of all its sins, for such is nothing more than a futile intellectual exercise.

Each person is accepting of divine forgiveness and human forgiveness according with their level of spiritual insight and perception of reality. Human forgiveness is, like human love, on a person to person individual situation. As we ascend on this road toward our Father, and become more like our Father, we perceive His forgiveness to be individual.

And now I wish to change the subject and proceed on a different lesson. My next lesson will be on the subject of gratitude.

Our Father has provided and given us many of the good things of the kingdom. We have been shown that the road toward Him is one of ease, a light burden, a happy countenance, and a sure step; and for this we should indeed be truly thankful. He has guided us through many a maze in darkness. He has surely shown us a better way

to live.

Father has given us the bounty of His Earth, His land, His timber, His flowers, His abundant food, nourishment, and all material from the Earth. He has given us a blue sky above. He has sent His rain to give us life. He has shown us His friendly sun and His endearing moon through many days and many nights. He has sheltered us. He has given us clothing. He has kept us warm in the cold and given us relief in the shade from the heat. He has given us the ability to know Him, which is His greatest gift of all. I will repeat. He has given us the ability to know Him.

Each of you have your life-purpose before you. You are growing indeed, in His kingdom, in His love, His wisdom, and His mercy in your understanding of these, you are growing. I pray to our Father may your roots be deep in loving kindness. May your trunks be great and strong to withstand the winds and the rains of adversity. May your tender leaves grow toward the loving sunshine of God that He may nourish and strengthen you and help in this growth.

I say to you this day, there will be many who scoff at our teachings, who will tear at your branches and beat about your trunks that you may be (in their eyes) put down. Have strength in your faith. Be glad for your trials that you may be stronger for the next. Know that your rewards in His kingdom are forthcoming, for our Father withholds no good things from His deserving children. As a knife must be sharpened against a whetstone to improve its usefulness, so must you all endure trials which in the end, are benefits, a sharpening of your faith.

That is all. And now I will accept questions.

RACHEL: Father Ham, I would like to ask if God the Ultimate's relationship to the 'transcendentals' and the 'super-finite' is the equivalent to the Supreme Being, or God the Supreme's, relationship to the finite.

HAM: Yes and no. Yes, in an analogous way. That is, as A is to B, and C is to B, this is, in general terms, true but in specific relationship, very different. The Ultimate's relation to transcendentals and the super-finite is more close to being one and the same. God the Supreme, His relation to the finite, embodies the entire finite experience one fragment at a time, and is growing toward a oneness which is already existent in the Ultimate relation with the super-finite. Does this answer?

RACHEL: Yes, it does and I thank you. The unrevealed Consummator of Universe Destiny has he now been revealed? (Ham: No. This reference is to an Ultimate even Absolute level of understanding which will not be revealed for eons.)

RACHEL: In the future when it is revealed, then He and God the Supreme, and God the Ultimate, will then form the Trinity Absolute, which is an experiential Trinity. Do I have that right? (Ham: Yes.)

JEREMIAH: Teacher, I have a general question on self-defense and violence. We know when Jesus was young, He was passive, but He did tolerate another boy, named Jacob, to look out after Him. When He was older and on His way to Rome, He encountered a drunk with a slave girl, and Jesus held the man back but did not otherwise

interfere. Can you give us some guidelines of self-defense?

HAM: Yes. The answer lies in determining God's will. For example: if you were beset upon by someone with no Godly understanding or perception, he would not be, in any way, carrying out Father's will. It would be incumbent upon you to restrain such a person. Jesus perceived Father's will for Him to be subject to the wills of men. His was a unique and Father-portraying life which would stand for all worlds for all time, as it was His will to do the Father's will. Father's will was for Him to subject Himself to the lower wills of men and their ambitions and petty prowls. With that incident of which you speak with the slave girl Jesus protected her, sheltered her from harm, but did not mete out justice, so to speak, to the wrongdoer; He did not perceive it His place to do so. He, being the Creator of this world, did not mete out justice. Therefore, to learn from Him it is not our place to judge and sentence anyone for any crime as an individual person. His discourse on society and the world of justice is one thing but another entirely, from individual to individual. Self-defense is entirely appropriate and natural in most circumstances, but the turning around and giving back revenge for an injustice is not acceptable. Is this understanding?

JEREMIAH: Yes, it is; and I thank you. Another question I have: Your teachings tonight, and other times, you've referred to plants, or "spiritual waters" for instance, as a way of conveying a message. I was wondering if on the Mansion Worlds if they use our mortal existence as a similar type of communication for teaching do they refer to the plants and spiritual waters?

HAM: Yes. I can recall a lesson: This lesson is, "If you cut your finger, it bleeds." This is a lesson on the Mansion Worlds, yet you will perhaps not fully understand this for many years.

JEREMIAH: Thank you. In tonight's lesson, you referred to love and tolerance and forgiveness associated with a small group-family. And with this, our group could you give us some guidelines on how large these groups get? Who would be included?

HAM: Yes. This close group needs expanding. That is, the people you come to understand need to be understood. And therefore, love needs to be expanded as much as you can. If you can know another, and understand and love that person, you are one step closer to doing the will of God.

JOHN: Father Ham, am I correct in understanding that physical gravity attracts morontia energy forms? (Ham: Yes). John: This may seem like a stupid question, but it seems to me like in the Urantia Book it explains the difference between morontia and physical as though they are totally separate so that they could actually be occupying the same space. Is that correct? (Ham: Yes and no). John: So is the Earth partially made up of morontia material? (Ham: Yes). John: Is that so the morontia creatures have something to stand on? (Ham: We stand on the physical Earth, also). John: So you couldn't float through the Earth?

HAM: A spirit form could, conceivably, yes; yet, morontia forms have substance that is more akin to the material at first, than the spiritual. The morontia is a blend of spiritual reality discrete spiritual being with material. This is the secret of

progression from material life to spiritual life.

JOHN: So are there morontia plant forms on Earth? (Ham: No, not presently.)

BILL: But you see us quite clearly in this room? (Ham: Yes.)

BILL: I have been reading in Genesis about Abraham's life on Earth to see if I could pick up any recording of Melchizedek's presence during that time in the King James Version, and it occurred to me that we don't know and haven't asked about the welfare of Sarah. Are you aware of Sarah's whereabouts and what she is doing?

HAM: Yes. She maintains her association with Abraham, yes, although, not as an exclusive helpmate. They work mostly independently. She is not on Urantia physically. They maintain a close communication, however.

JEREMIAH: Father Ham, another question I have is on 'estimate of times.' When Lazerek was here a few weeks ago it was mentioned that the first persons from Urantia were reaching Salvington. And since humans are about a million years old, and the first dispensation was about five-hundred-thousand years ago, one might be able to conclude that it takes about a million years to progress to the local universe. Also, if you read between the lines in the Urantia Book you get an estimate of about two-hundred-billion years from one's first existence to arrive to the Father on Paradise. Are these times representative of the time it takes? And also, in the Urantia Book they give exact times/dates in some passages; and in other passages it doesn't say anything as to the actual associated time-frame. So I am wondering?

HAM: Yes. Time is relative. Each person may proceed faster or slower in a timescale frame. We have deemed it unwise to discuss specific timescale references for these traversal periods.

BILL: Do you have 'up days' and 'down days?' It seems to me that today could possibly be a down day?

HAM: Not the way you would experience these occurrences. Much of my expression is dependent upon Rebecca. She feels today a little unwell. And also with that, I would like to release her from this duty this evening and bid you farewell, until next week.

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The Trinity and the One God Explanation

Ham, WOODS CROSS, UTAH 09-23-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am HAM. I am your Teacher. Tonight I wish to explain a very complex

concept which is a universal problem in understanding for you. This concept is that of the Trinity, the existential Godhead this concept of three beings (or personalities) existent in one functional entity that is the Trinity. Yes, it is a difficult concept to understand. The ancestral 'One God Being' is also ancestral to all absolute concept God-Beings at once, as the Existential Trinity, and also the Paradise Isle.

I use a temporal term 'ancestral' to describe an existential level phenomenon. This term implies a temporal relationship which does not exist, but it is useful in describing these matters to the human intelligence, for you have no basis of understanding outside of temporal existence.

'Eternity' is not much more than a word concept in your mind. Having never incorporated this 'eternity' level of understanding into your experience-consciousness, this understanding is difficult to convey. So I will resort to time assuages in order to explain an eternal reality.

Therefore, the Father of all reality is first, existent. All other relationships stem from Him absolute, finite, and in between. 'God the Absolute' we think of as being first. That is, the Father splitting from His absoluteness, first. 'Absolute infinity' becomes absolute on one level and non-absolute on another. That is: God the Father though being absolute, retaining absolute, retaining infinity is freed of totality.

Then we see the Paradise Isle for the purpose of material creation. Then we see the Eternal Son the Absolute Spirit, spiritual personality. The first Word of the Father (first real personal self-expression of the Father) is the Eternal Son. The Eternal Son is Father of all Spirit personality. Of all Spirit, He is the center focal point, the Second Source and Center the source of Spirit.

The Conjoint Actor, or Infinite Spirit, is the Third Source and Center. He is the center of all mind circuitry of all reality. He is the source of reality as we perceive it. He is the Father of the vast hosts of angelic spirits who minister to mortal man while in the flesh. He is their Source and, part of their destiny also.

This concept of 'the three persons of God who is also one,' is a difficult understanding for mortal mind. They function together very often as the Trinity; and also function in their respective combinations. This functional reality begat the central universe of Havona and all the existential perfect Spirit personalities residing therein.

In the creation of the seven superuniverses of matter, and will-creatures from this material life/level of existence, God the Father, with God the Son, creates the Creator Sons who do personally create each local universe, with its inhabitants. They are the designers of our reality. Your Father Michael, is one such divine Son. Do you see, your Father/Creator, Christ Michael (your Jesus, rather, on this world, who is also my Father/Creator/Brother, Michael) is of an extremely high divine level. I want you to appreciate this reality.

Much time has passed since our Michael walked on this world, and His message is

diluted to the point of almost being forgottenforgotten in the theologies and confusion of religious thought brought about in the last two-thousand years. If you look at and study modern religions, they have very little of His original message within their daily teachings. He said: "My Father has sent me into the world that I may be the light of the world." And so now again, some two-thousand years since his personal sojourn in the flesh, He has sent His representatives into the world that we may re-ignite a bit of this light.

I would like you to read pages 1274 and 1275 (Urantia Book) conclusive. I mean at a later time. I will now take questions.

JOSHUA: Thank you for a very beautiful lesson. Do I understand that what you are sayingthat God the Father, the Son, and the Spiritcould not function until they were separated from the absoluteness?

HAM: We do not say 'could not' regarding Father, for His abilities are complete. We rather think of this primal separation to be because of His will to manifest Himself, and this created the functional tension required for greater creative capacity. So, yes and no.

JOHN: Father Ham, the tension between the Father, Son, and the Infinite Spiritis that the same tension in between the Unqualified Absolute, and the Deity Absolute, and the Universal Absolute? And if so, is the relationship just basically 'the power' between the relationship that allows it to work? or is there a better explanation.

HAM: Yes, you are correct in ascertaining this relationship; it is a tension between opposites (or poles) which, by their interaction, enables the creating process to begin. For example, within each mortal person there is created, the soul. This soul is the creation of the absolute infinite God Fragment (Thought Adjuster) and the mortal mind of matter (the brain), and material thought pattern (which exists also within the Infinite Spirit). The Spirit is connected, you see, to a 'Thought Adjuster' and a 'mortal mind,' and is the interacting point between these two beings. This tension (interaction, decision-making on the mindal plane of reality) is the creator of a new reality, permanent realitythe soul. Is this helping?

JOHN: Yes. Thank you. I was also wonderingwhile the Trinity doesn't have a personality, can God the Father interact at the same time 'personally' as when He is acting as part of the Trinity? (Ham: Time is not relevant.)

JEREMIAH: How does the Supreme fit in with the Thought Adjuster and the mortalis He pervading upon the morontia soul?

HAM: Yes. The Supreme is the reactor to this tension and growth situation. It is the Supreme which reacts, you may say. The mind forms a decision within the mind circuits; the Thought Adjuster acts on this and the soul is resulting from this. The Supreme is who reacts to this action and re-action. Are you understanding?

JEREMIAH: Yes. I understand. You referred to the ancestor God. Is that the "I am"the Eternal Infinite? (Ham: Yes). Jeremiah: In that, there is the personal, impersonal,

and superpersonal existence is that level just a potential that later will actualize when you form the three persons of deity, the three impersonal absolutes?

HAM: Again, we speak of time yes and no. Yes, for thought concepts. Understanding? No; for all are existent reality.

JEREMIAH: Does personal and impersonal exist at the first level? or is that a creation downstream?

HAM: All are existent always have been and ever will be. There was no time creation element. All are existent forever. For thought process purpose, we use time as illustration.

JASON: Good evening, Ham. I have brought a question from a Karen, from Albuquerque, NM. I visited her home yesterday afternoon. She seemed to be a marvelous person, spiritually attuned and high in nature. She has written a book, called the Zoid Mission which I am totally unaware of the content, but I am aware that her husband was a contact person through a Teacher entity named Jack. She is requesting an affirmation towards publishing the book and would appreciate the input you could give her. (Ham: At this time, I cannot give advice concerning this matter.)

JASON: I understand. What about the Teacher entity Jack? Was this a true occurrence?

HAM: Yes. He is a Teacher who has been working with us for many years since the early 1980's that I can remember. (Jason: Thank you, Teacher Ham. She will be very happy to hear that.)

JEREMIAH: Teacher, I did read in the Urantia Book that time is at a higher level than space; in the same teachings it is talking about the seven dimensions in space. What are the seven dimensions? Can you explain that?

HAM: That you are wondering if seven dimensions are experienceable, correct? (Jeremiah: Yes).

HAM: Yes. They are, on a very high spirit level, fully experienceable. On the level such as your material world, you may conjecture by mathematics this reality; but for the morontia level of existence we think in terms of five dimensions.

JEREMIAH: The Urantia Book talks about the desirability of studying mathematics because it gives us further insight of infinity, possibly comprehending deities easier. Is it worthwhile to study mathematics?

HAM: Of course, it is beneficial to your understanding. Your mind is especially well adapted for understanding on this mathematical-level plane. It is never a waste of time to improve in understanding, in any way.

JEREMIAH: Thank you. And the Teacher, Jack, is he a secondary midlayer? (Ham: Yes.)

RACHEL: Father Ham, what are the six prime purposes for superuniverse development that has nothing to do with the moral ascension to Paradise that the Urantia Book

says we are ignorant of?

HAM: I am not permitted to elaborate on this as wisely the Urantia Book also does not. These purposes are concerning other superuniverses, not here.

ELWARD: Ham, you've talked about Michael, Jesus; and, I understood that you talked about a Michael in relation to yourself. It's a different Michael, is that correct? (Ham: No. The same. I meant to clarify my statement.)

ELWARD: Okay. In relationship to that tension that John talked about that should not be confused with contention. Right? (Ham: Correct.) Elward: And to put it in an earthly context it might be a necessary tension, like a string on a violin that can create a harmonic?

HAM: Yes. For this evening then I wish you all a pleasant week ahead and hope to see you all here next week. Farewell.

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Description Of Our Awakening On The Mansion Worlds

Ham & Norson, WOODS CROSS, UTAH 09-30-1991

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The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings this evening. I am HAM. I am your Teacher. Tonight I would like to enter into a discussion on the celestial chambers of the first Mansion World. [Editor's note: See also, resurrection chambers.] "In my Father's house are many mansions." This is referring to actual structures on the Mansion Worlds. These worlds are architectural, and the structures are made of morontia materials.

You may picture in your minds a very fine and beautiful tile or marble-like substance which is more fine or delicate in molecular-level construction than is marble. The molecular structure is sexagesimal which makes this stone very fine, almost crystalline in structure, but it more closely resembles stone to the eye.

These buildings are very large and have many rooms and corridors within them. Each wing (or separate area) has many rooms (small rooms) for re-personalization. This which I speak is on the First Mansion World the Resurrection Halls. Each person is resurrected separately and alone (separated from all the others). A morontia companion greets each new arrival, individually, upon awakening. The vast roll call of a dispensation is still administered on an individual level.

The beauty and grandeur of these fine structures are very awe-inspiring and amazing to the awakened one. The expanded senses of color and sound are immediately apparent. More of the spectrum of light is visible. Color is greatly enhanced and expanded so that colors can be perceived on a more subtle and fine level than you can perceive them now. Hearing is expanded, similarly, and music becomes more intricate in that the notes can be heard on a subtler level also.

Yes, in both sight and hearing, appreciation for beauty is greatly enhanced and broadened. Also, by analogy to these physical senses, if you can imagine the mind-capacity-level to be similarly broadened, then the ability to discern (subtly, again) is enhanced. You will have a fairly good understanding of how you will be upon awakening. Other senses are enhanced, and spiritual senses, of course, are greatly enhanced. Your ability to discern your Thought Adjuster [our indwelling Father Fragment Spirit] will be greatly magnified. Also, you will be able to greet your guardian angels in a personal wayface to face, as it were.

You will have a dwelling place on this new sphere shortly after registration, it is your new home. You are shown to a new dwelling place. These dwelling places are simple and efficient. They are not austere if you think that, for it is all very beautiful. Many activities await you on your new home. Besides learning and spiritual advancement, you may also be employed in producing what you can best do. For example, you who are musically inclined will find it easy to give of yourself in self-expression for musical enjoyment of others. This is very well thought of on high.

Creativity in all areas is greatly valued and encouraged. Therefore, fear not if in this life you have insufficient opportunity for self-expression, for in the future you will have ample opportunity to do so. Science, technology, art, teaching, exploration, theology many of the things you do here, you will also do on high; at least this is true for the first of the Seven Mansion Worlds.

This discussion is with the idea to keep hope alive in your hearts and to let you know that what you do on this world is valuable except maybe dry cleaning. [Much laughter. Rebecca owns a dry-cleaning business.]

JASON: Was that Rebecca or Ham?

HAM: It was I, Ham, in response to her question. There is value in all that you do. Now I will answer questions.

JEREMIAH: Teacher, I have a question on tonight's lesson referring to the morontia elements, the molecular structure. We understand that material existence is based on particles and motion basically vibrations, rotations and orbits of energy levels. Is there morontia material in the spiritual level? And also, are there morontial particle movements in a similar sense in the material?

HAM: Yes. Very much so. The original Paradise pattern/form spirit, is the basis of molecular pattern/form which has these energies diverge create many different elemental patterns. These elements are the basis on which the Power Controllers operate to create materials. These materials may involve elements which are involved in life creation also life being a combination of the animate or spiritual, and inanimate or elemental form; both are derived from Paradise.

JEREMIAH: So everything is based on motion? We believe that quantum mechanics are a good description of at least larger particles is there similar type mechanics within the morontia and spiritual? Are they the same, or completely different? (Ham: Yes.

They are very similar in principle. In action and 'reaction,' these elements are very different and yet also very similar.)

JEREMIAH: You referred to the architectural elements of the Mansion Worlds. Is our architecture on this world inspired by any architect up there? And is that true all the way up the line? Do the higher existences inspire the lower existences of the architecture and beauty?

HAM: Yes. The development of the arch (for instance) was attained through spiritual insight by the architect originating them and given to the age at that time by that agency. The human person who strove in this expert area had also sought divine guidance.

JEREMIAH: What is a soulmate? (Ham: It is an expression of two souls being congruent in thinking, feeling, and acting. This soulmate idea is sometimes lasting over ages; and other times, for a shorter period.)

ROSANNE: Ham, I have a question about the dwellings you spoke of. You said we will each have our own dwelling. Does this mean we'll not have our loved ones with us if they are on the Mansion Worlds?

HAM: This is a delicate subject for it is understood how human attachments are. However, there is not the family structures for First Mansion World ascenders. You are ascended by your own initiative and freewill. You may wait at certain parts, areas of the ascension, for a loved one to reach you, yes, but there is not the structure of family anymore. That is, as you know of family structure here. On the Mansion Worlds, all are family.

ROSANNE: You also spoke of having jobs on the Mansion Worlds. Is the First Mansion World similar to this except that we do things for pleasure instead of just working to make money so we can live?

HAM: The effort attendant on 'striving toward a goal' is needed on these first worlds, just as are they needed on this mortal world; the satisfaction from attaining a goal is just as real as here. Life is easier in some ways and more difficult in others. You will find 'satisfaction from work' to be your reward, rather than monetary reward. Your ability to just live is your reward for toil. Is this helping?

JAMES: Teacher, it seems that our human traits are largely determined by our genetic makeup, like height, weight, some of our mental traits. Do these same traits persist into the Mansion Worlds? (Ham: Yes. To a certain degree they most certainly do, but especially in the first three Mansion Worlds, it is very noticeable.)

JAMES: Is it likewise with our natural talents (Ham: Yes.)

DAVID: Father Ham, I was curious how you were employed when you were resident on the First Mansion World.

HAM: I worked on instrument design for musical purposes.

BILL: Father Ham, in the April 25th meeting, there seemed to be some sort of organizational talk about 'the reserve corps of destiny' being broken up by areas that could be called companies. And the company commander, in this case, would be Ham; and Rayson or Norson could be commanders in other areas. Is that correct?

HAM: Yes and no. My primary work is as your Teacher. I am mostly concerned with your individual spiritual progress. This is my specific mission.

BILL: But it is through you that comes our directives? We have no human leader in this group as your students which gives us direction, but it is through you wherein we receive our specific mission assignments? And if so, therefore, you are an executive officer of this company of reserve corps of destiny. (Ham: Yes, in a sense.) Bill: In the April 25 lesson, Melchizedek welcomed the group to the 'brotherhood of planetary believers.' Is that the name for our group?

HAM: No. I believe this is unclear and is not at this time of major importance. No. It is important to limit contention over names which may be used for divisive reasons in the future.

BILL: Should we be paying attention to setting up councils as the mortal reserve corps?

HAM: No. This is changing at this time. The reserve corps membership is increasing, causing new factions to be created which are not immediately under the jurisdiction of the older arrangement. Such is the case of this group you are not under the jurisdiction or overcontrol of an angelic council.

JEREMIAH: Teacher, I have a question on 'time' which is from a woman in Albuquerque Reverend Jean, she is a healer. Do you know this individual? (Ham: No). Jeremiah: She claims her spiritual helpers have come in the past at noon and leave at midnight. Now they are arriving later and later, and they claim they are coming at the same time. So the question: Is time actually moving slower? or is time the same on the morontia and material existence.

HAM: Time is not a continually moving entity. We move instead through time. It is not time that moves.

JEREMIAH: So she could be moving slower the last few years? (Ham: I don't know what this means. I have no understanding.)

JEREMIAH: Another question: Karen shared with us some of Jack's teachings, as well as a visiting Mighty Messenger who was referring to tilting the axis of the planet to accomplish various spiritual missions. What does he mean by that? (Ham: I must see, or rather hear, the original transcript in order to understand this question.)

JEREMIAH: Shall we read it to you? or do it at another time. (Ham: You may read it if it is easy to do, yes.)

JEREMIAH: (Jack's words) We do this over the Archangel circuits. This is exactly how

this operates. You have been told that I will tell it to you in my manner. We are making preparations. We are doing everything we can with the permission of the Most Highs to get this planet (aligned); all we have to do is just move it a little bit on its axis.

HAM: I am not understanding still, and decline to comment.

JEREMIAH: I'd like to ask a question about the Spirit of Truth: In the Urantia Book it states that after a Paradise bestowal Son leaves the planet, then he goes back with Michael; and both of them introduce the Spirit of Truth to that planet. In the case of our planet, Michael was here by himself. So is that the same? or do other planets get more because of 'two' beings doing it, and we had only one? Or, is it because we have the honor of having the Creator Son Himself does that give us more? (Ham: Equality. Complete equality is Michael's decision on that.)

JEREMIAH: In reading the Urantia Book I get the feeling that Urantia is more spiritually endowed than the typical planet?

HAM: We believe that this planet has great spiritual potential, which is largely unrealized at this time. However, your planet may become an extraordinary example of quick and steady spiritual growth, beginning from your primitive days, through the bestowal of Michael, and onward to Light and Life. We are attempting to bring about vast spiritual awakening which will begin a vast social, political, and economic change.

JEREMIAH: What is the origin of this 'spiritual endowment' that we have over other planets? Is it the life structure they brought here originally? or is it because we have been rebellion tested. (Ham: Yes. It is a combination of many factors; two of which you have mentioned.)

RISDON: Father Ham, I know people that feel that ?as much as they would like to have a lot of faith, sometimes they don't have the faith that they really want to have.? Is there a way you can tell us how we can increase our faith in the world we live in, which is sometimes impatient in gaining it as we want to?

HAM: This is an interesting and thought-provoking question. I would like to take it up next week. For now, I have someone here.

I am NORSON. I am a Melchizedek receiver functioning on your world. I have spoken before with others in a time of warning or admonition to proceed with caution. I desire to change this rule of caution to one of exuberance. There are now enough in the readership that this early extinction of the Urantia Book will not take place, which was our concern then. For now, I desire to give you the freedom to go forward into the world bringing our message and light. There is no danger of this being stopped.

Have peace in your hearts with the love of Michael and His personal mandate to bring Light and Life to this dark world. He sends greetings to His children; and, His personal love and regards. Be of good cheer in your life and work. Be satisfied with yourselves. Be accepting of one another and steadfast in your faith. I leave you

now. Farewell.

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A Lesson On Sonarington | One of the Sacred Spheres of Paradise, And Our Local Universe

Ham, WOODS CROSS, UTAH 10-07-1991

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The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Tonight I wish to begin with a lesson on Sonarington. Sonarington is one of the sacred spheres of Paradise. It is the world of the Sons. You, all ascending sons and from all seven superuniverses, pass through Sonarington on route to Paradise. It is by all accounts exceeding beyond understanding in beauty and personal charm. This world is where you will most readily understand the Eternal Son's person. His person will touch yours.

Sonarington is also a special world for the Creator Sons of the local universes. They have found personalization there and proceed from Sonarington to their future world and universe stations. It is the most precious of the worlds for ascenders, finaliters. It is the first taste of Paradise, and is forever enthroned in each finaliters' memory for all eternity.

This world, Urantia, is a precious world also forever living in your memories for all eternity, for the memory of Michael, His birthplace is both Sonarington and Urantia. I am in hopes this is clarifying our choice of names. For Michael, this world is His second birthplace and home; He will always take special interest in Urantia. You who have been born here are very privileged and cared for. It was understood in His day, by Him, Michael, on this world, that this world has a special destiny before it.

You are the initiators of this rapidly-changing transformation of your world from darkness to light; from ignorance to wisdom; from despair to hope; from war and poverty to peace and prosperity. Yes, this is your mission on Earth.

You, my children who are engaged in these lessons, are the special emissaries, role-models, evangelists and teachers of a new and better world to come. Think not lightly on this. This is a grave and awesome responsibility on which I am placing you. Much will come to pass in the coming years and you will one day be the leaders of your world. [Editor's note: Ham explains below: "This does not imply political or social leadership in the usual sense," but is meant: "leaders by example."] I will receive questions.

JOSHUA: Father Ham, that's quite an awesome responsibility you have given us. I pray we can live up to your expectations. I did have a question: I was wondering inasmuch as the Lucifer Rebellion has been adjudicated, are we who are now living still eligible to become Mighty Messengers? (Ham: Yes. I believe so, yes.)

Joshua: Thank you. I really appreciate why you picked out the name Sonarington for our lesson; and thank you very much for explaining that to us. Duane and Lucile (Faw), and Lyn (Lear) proposed the following: "In regard to you addressing the General Council, they would inform the General Council on Friday, January 31st, that you would address F.U.S.L.A., which is the First Urantia Society of Los Angeles, on Saturday afternoon, February 1st. The F.U.S.L.A. meeting will be open to all attendees, and the General Council would be invited. That way only those people desiring to hear your message will attend." Does this plan meet with your approval? (Ham: Yes.) Joshua: Thank you very much.

RACHEL: I believe it is true that in our churches they do grow in so many ways. They do grow spiritually. One of the main things that is detrimental though is that they learn to fear God, and that takes quite a long time to overcome these fears. I wonder if you have some instruction about that.

HAM: Yes. This is unfortunate and will one day be corrected. At present time this situation is looked upon seriously and will have to proceed ?individual to individual? for improvement.

JEREMIAH: Teacher Ham, in regard to tonight's lesson wherein we visit and go through Sonarington on our way to Paradise? is this our only time there? Or, do we get to go back and visit? (Ham: Yes, return visits are permitted.) Jeremiah: You mentioned that we will always remember that experience through eternity, as well as our first existencewhich is here on Urantia. Does that imply that we won't remember some of the training worlds between here and Sonarington?

HAM: It will be as memorable for you as your first existence on Earth. These two points, the beginning and the end, are both, by their position in ascendance, very much more striking to the mind and more precious in spiritual memory.

JEREMIAH: Thank you, Teacher. Do you see any problem with the Urantia Book in the future? Any problem with the Foundation? Should we start accumulating books so we will have them in the next few years? (Ham: No. This is not necessary.) Jeremiah: Thank you. Also, on this planet, one way how we show our respect for one of high position, for instance, is that we stand when they enter a room. Could you discuss this in regard to a High visiting Teacher, such as was Norson, last week? (Ham: This outward show of custom is not required of you.)

ELWARD: Ham, I have a question on worship: What would be the best definition you could give regarding 'worship,' in the way you understand?

HAM: Yes, worshipthe sublime adoration/acknowledgment of thanksgiving and humility-attitude of the worshiper toward the 'One God.' Worship is the overwhelming craving of the personality for contact with the Father. Worship is sublime adoration, wonder, openness, respect, humility, gratefulnessthe touching of the heart and soul, by and with, the Spirit Creator. Yes, worship is the touching of spirits.

BILL: In regard to the lesson tonight and our charge as world leaders, and in my understanding in reading the Urantia Bookthe ?reserve corps of destiny?seems to be a

low-key group which act subliminally to effect changes in the world; and the charge tonight was that we should prepare to become world leaders, which seems to be a contradiction. Can you clarify?

HAM: Yes. I mean to put you into the world as leaders by example. This does not imply political or social leadership in the usual sense.

BILL: Are there any female Teachers? (Ham: Yes, many, as you will witness.)

JEREMIAH: Teacher, I am asked questions that are difficult to answer sometimes. I would like to ask you some of them to see how you would answer them. First: What is the purpose of God? Why did He create man?

HAM: Yes. Much of His purpose is shrouded in mystery. Many of our philosophers have attempted to penetrate these questions but in the final analysis, the universes, with their will-creatures, exist by-and-for God's will, without explanation.

JEREMIAH: Thank you. Another question was from a woman who believes in God, believes in eternal existence with Him someday she asks: "We understand this life is on time and therefore there is no real reason to hurry; so one might as well just take it easy and with no emphasis on learning and improving in this life." Teacher, what could be said in answer to that?

HAM: All creatures who truly desire to serve Him, to know God and become increasingly like Him, will, without fail, develop and improve along those lines. It is not for another creature to hurry them.

JEREMIAH: Thank you. Another often voiced comment from people is that they have their own way of receiving answers, like their indwelling Spirit guides or Thought Adjusters so therefore, they don't want to look at anything else, such as the Urantia Book, or your teachings. What would be the proper answer for that?

HAM: Very well. There is no point in pushing or giving someone something which they do not appreciate, nor understand.

DAVID: The other day Joshua asked his Thought Adjuster if he could converse with Him, and the response he got was, that his Thought Adjuster was engaged elsewhere. If Adjusters are not bound by time or space, how could his Thought Adjuster be busy at that time and unable to answer his questions?

HAM: The Thought Adjuster is not hampered by either time or space. They are "time conditioned," however, in gaining experience within the time/space structure of reality. This time-conditioning would lead you to erroneous thinking on their majesty and power. You, being time-bound completely, are completely limited by this perimeter. Therefore, in this structure, there may be times when your Thought Adjuster is engaged elsewhere, even for a long time-period. Is this helping your understanding?

DAVID: So it's our boundedness by time, not our Thought Adjusters? (Ham: Yes, correct.)

JEREMIAH: Teacher, the Universal Father is infinite and there is a finite number of entities in the universe. So mathematically, could we conclude then that He has infinite amounts of time to deal with each one of us, just limited by our capacity to receive him? (Ham: Yes). Jeremiah: Is it the same message, for example: if He is sending out information to the Infinite Spirit and the Eternal Son then they, being infinite beings, they can only understand a like-infinite being? Is the same message coming to us we just fail to receive as much as they do? Or is there a different message to different orders of sonship?

HAM: Yes. There are different understanding levels to each message coming from such high orders.

ELWARD: Ham, I have a question concerning the Correcting Time: You said there would be an increase in spirituality during this Correcting Time. Could this be expressed as an increased spiritual gravity? (Ham: Yes. Exactly.)

JAMES: When you were speaking about 'memory' earlier. It occurs to me that much of my experience slips into my subconscious mind and I can't remember most of my experience in this life; I think it's common to most of us mortals to feel this way. Will there come a time when all of our experience and all of our memories will coalesce in some way into our consciousness? and that we will be aware and actually remember those experiences we have had throughout our mortal life that is meaningful?

HAM: Yes, that is the key word, 'meaningful.' Much memory is blocked by the material mind/brain mechanism. Memory will be experienced much more freely and vividly when in the morontia form.

JEREMIAH: Teacher, how does memory work? We know it as a circuit coming from the third person of Deity; but most of us on this planet are used to computer storage, 0's and 1's, on memorizing data. What is the 'memory' mechanism?

HAM: There are two: One is brain/material electrochemical storage. The other is morontia-counterparted memory initiated by the Thought Adjuster and it is this memory which will survive death; the material memory lodged in chemical circuitry within the brain-matter, will not.

JEREMIAH: Does the Thought Adjuster then take the electrochemical memory that is lodged take the best part and convert it to the permanent reality? and the rest to just vanish when we die or translate? (Ham: Yes. It is counterparted at the 'experience time'.?)

JEREMIAH: And further on the worlds on high we go through different forms? we keep getting different endowments of mind coming from the third person of Deity? So this is like a skeleton that these mechanisms can operate in? (Ham: Yes, you could say that.)

BILL: You said that in relation to work and leisure, it should be fifty-fifty. Would that fifty-percent we are doing be considered work?

HAM: Yes, this is true. You will undoubtedly all be engaged in working for the advancement of the kingdom at some point. Yes, and this is also, work.

BILL: Then as our spiritual work becomes a greater part, and the material work will diminish it seems to me like there are many ways in this world where there is opportunity for passive income that doesn't require a great amount of time but which could be arranged in such a way that those persons required to work on a spiritual level, such as Rebecca, would be able to withdraw from a highly intensive material work situation and become more involved in the spirit work. (Ham: Yes. This will undoubtedly come to pass.) Bill: Am I hearing ?be patient?? (Ham: Yes.)

ELWARD: Ham, would it be possible some of the time to let us know a week in advance what the subject material will be so we can look in the Urantia Book and study that, so our questions will be more appropriate to the lesson?

HAM: Often I change and alter my plans. I would not wish to require study beforehand and then disappoint your efforts.

JEREMIAH: Teacher, I have some questions on rebel spirits: I understand from the Urantia Book that if you ask the rebel spirits to enter your mind, they will. Just like if you ask Jesus to enter, He will. And also, the Urantia Book teaches that on the outbreak of the Lucifer Rebellion all spirit entities were detained on the headquarters world and they had to choose, going from one speaker to another, either with Michael or against Michael. The point is, that these individuals knew what they were getting into. Is it possible for a mortal here to be leaning toward a rebel spirit and not be aware of it? that one thinks he is following God and yet he is not? (Ham: This is no longer any danger of possibility.)

JEREMIAH: Before 1985 it was possible? (Ham: Yes.) Jeremiah: Were there whole groups infiltrated by rebel spirits and now they find themselves leaderless? (Ham: Yes.) Jeremiah: Are such groups political, social, and religious are they a danger to the Correcting Time? Are there fertile grounds to recruit these members from, now that they are leaderless? Should we be concerned or not?

HAM: No. Do not be overly concerned. All will be eventually cleansed of this evil and erroneous thinking.

JOSHUA: Father Ham, it was my understanding in reading the Urantia Book that Jesus, after his resurrection, bestowed the Spirit of Truth upon mankind whereupon those rebellious spirits could not indwell anyone any longer anyone of ?normal mind.? Was that correct? (Ham: Yes.) Joshua: I am still a little confused. Since the Lucifer rebellion has been adjudicated, are some of these rebellious spirits still inhabiting the Earth?

HAM: No, they are not. Until our next meeting, I look forward to seeing you all again. Farewell.

Universe

Ham, WOODS CROSS, UTAH 10-07-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Tonight I wish to begin with a lesson on Sonarington. Sonarington is one of the sacred spheres of Paradise. It is the world of the Sons. You, all ascending sons and from all seven superuniverses, pass through Sonarington on route to Paradise. It is by all accounts exceeding beyond understanding in beauty and personal charm. This world is where you will most readily understand the Eternal Son's person. His person will touch yours.

Sonarington is also a special world for the Creator Sons of the local universes. They have found personalization there and proceed from Sonarington to their future world and universe stations. It is the most precious of the worlds for ascenders, finaliters. It is the first taste of Paradise, and is forever enthroned in each finaliters' memory for all eternity.

This world, Urantia, is a precious world also forever living in your memories for all eternity, for the memory of Michael, His birthplace is both Sonarington and Urantia. I am in hopes this is clarifying our choice of names. For Michael, this world is His second birthplace and home; He will always take special interest in Urantia. You who have been born here are very privileged and cared for. It was understood in His day, by Him, Michael, on this world, that this world has a special destiny before it.

You are the initiators of this rapidly-changing transformation of your world from darkness to light; from ignorance to wisdom; from despair to hope; from war and poverty to peace and prosperity. Yes, this is your mission on Earth.

You, my children who are engaged in these lessons, are the special emissaries, role-models, evangelists and teachers of a new and better world to come. Think not lightly on this. This is a grave and awesome responsibility on which I am placing you. Much will come to pass in the coming years and you will one day be the leaders of your world. [Editor's note: Ham explains below: "This does not imply political or social leadership in the usual sense," but is meant: "leaders by example."] I will receive questions.

JOSHUA: Father Ham, that's quite an awesome responsibility you have given us. I pray we can live up to your expectations. I did have a question: I was wondering inasmuch as the Lucifer Rebellion has been adjudicated, are we who are now living still eligible to become Mighty Messengers? (Ham: Yes. I believe so, yes.)

Joshua: Thank you. I really appreciate why you picked out the name Sonarington for our lesson; and thank you very much for explaining that to us. Duane and Lucile (Faw), and Lyn (Lear) proposed the following: "In regard to you addressing the General Council, they would inform the General Council on Friday, January 31st, that you would address F.U.S.L.A., which is the First Urantia Society of Los Angeles, on Saturday afternoon, February 1st. The F.U.S.L.A. meeting will be open to all

attendees, and the General Council would be invited. That way only those people desiring to hear your message will attend." Does this plan meet with your approval? (Ham: Yes.) Joshua: Thank you very much.

RACHEL: I believe it is true that in our churches they do grow in so many ways. They do grow spiritually. One of the main things that is detrimental though is that they learn to fear God, and that takes quite a long time to overcome these fears. I wonder if you have some instruction about that.

HAM: Yes. This is unfortunate and will one day be corrected. At present time this situation is looked upon seriously and will have to proceed ?individual to individual? for improvement.

JEREMIAH: Teacher Ham, in regard to tonight's lesson wherein we visit and go through Sonarington on our way to Paradise? is this our only time there? Or, do we get to go back and visit? (Ham: Yes, return visits are permitted.) Jeremiah: You mentioned that we will always remember that experience through eternity, as well as our first existence which is here on Urantia. Does that imply that we won't remember some of the training worlds between here and Sonarington?

HAM: It will be as memorable for you as your first existence on Earth. These two points, the beginning and the end, are both, by their position in ascendance, very much more striking to the mind and more precious in spiritual memory.

JEREMIAH: Thank you, Teacher. Do you see any problem with the Urantia Book in the future? Any problem with the Foundation? Should we start accumulating books so we will have them in the next few years? (Ham: No. This is not necessary.) Jeremiah: Thank you. Also, on this planet, one way how we show our respect for one of high position, for instance, is that we stand when they enter a room. Could you discuss this in regard to a High visiting Teacher, such as was Norson, last week? (Ham: This outward show of custom is not required of you.)

ELWARD: Ham, I have a question on worship: What would be the best definition you could give regarding 'worship,' in the way you understand?

HAM: Yes, worship the sublime adoration/acknowledgment of thanksgiving and humility-attitude of the worshiper toward the 'One God.' Worship is the overwhelming craving of the personality for contact with the Father. Worship is sublime adoration, wonder, openness, respect, humility, gratefulness the touching of the heart and soul, by and with, the Spirit Creator. Yes, worship is the touching of spirits.

BILL: In regard to the lesson tonight and our charge as world leaders, and in my understanding in reading the Urantia Book the ?reserve corps of destiny? seems to be a low-key group which act subliminally to effect changes in the world; and the charge tonight was that we should prepare to become world leaders, which seems to be a contradiction. Can you clarify?

HAM: Yes. I mean to put you into the world as leaders by example. This does not imply political or social leadership in the usual sense.

BILL: Are there any female Teachers? (Ham: Yes, many, as you will witness.)

JEREMIAH: Teacher, I am asked questions that are difficult to answer sometimes. I would like to ask you some of them to see how you would answer them. First: What is the purpose of God? Why did He create man?

HAM: Yes. Much of His purpose is shrouded in mystery. Many of our philosophers have attempted to penetrate these questions but in the final analysis, the universes, with their will-creatures, exist by-and-for God's will, without explanation.

JEREMIAH: Thank you. Another question was from a woman who believes in God, believes in eternal existence with Him someday she asks: "We understand this life is on time and therefore there is no real reason to hurry; so one might as well just take it easy and with no emphasis on learning and improving in this life." Teacher, what could be said in answer to that?

HAM: All creatures who truly desire to serve Him, to know God and become increasingly like Him, will, without fail, develop and improve along those lines. It is not for another creature to hurry them.

JEREMIAH: Thank you. Another often voiced comment from people is that they have their own way of receiving answers, like their indwelling Spirit guides or Thought Adjusters so therefore, they don't want to look at anything else, such as the Urantia Book, or your teachings. What would be the proper answer for that?

HAM: Very well. There is no point in pushing or giving someone something which they do not appreciate, nor understand.

DAVID: The other day Joshua asked his Thought Adjuster if he could converse with Him, and the response he got was, that his Thought Adjuster was engaged elsewhere. If Adjusters are not bound by time or space, how could his Thought Adjuster be busy at that time and unable to answer his questions?

HAM: The Thought Adjuster is not hampered by either time or space. They are "time conditioned," however, in gaining experience within the time/space structure of reality. This time-conditioning would lead you to erroneous thinking on their majesty and power. You, being time-bound completely, are completely limited by this perimeter. Therefore, in this structure, there may be times when your Thought Adjuster is engaged elsewhere, even for a long time-period. Is this helping your understanding?

DAVID: So it's our boundedness by time, not our Thought Adjusters? (Ham: Yes, correct.)

JEREMIAH: Teacher, the Universal Father is infinite and there is a finite number of entities in the universe. So mathematically, could we conclude then that He has infinite amounts of time to deal with each one of us, just limited by our capacity to receive him? (Ham: Yes). Jeremiah: Is it the same message, for example: if He is sending out information to the Infinite Spirit and the Eternal Son then they, being

infinite beings, they can only understand a like-infinite being? Is the same message coming to us we just fail to receive as much as they do? Or is there a different message to different orders of sonship?

HAM: Yes. There are different understanding levels to each message coming from such high orders.

ELWARD: Ham, I have a question concerning the Correcting Time: You said there would be an increase in spirituality during this Correcting Time. Could this be expressed as an increased spiritual gravity? (Ham: Yes. Exactly.)

JAMES: When you were speaking about 'memory' earlier. It occurs to me that much of my experience slips into my subconscious mind and I can't remember most of my experience in this life; I think it's common to most of us mortals to feel this way. Will there come a time when all of our experience and all of our memories will coalesce in some way into our consciousness? and that we will be aware and actually remember those experiences we have had throughout our mortal life that is meaningful?

HAM: Yes, that is the key word, 'meaningful.' Much memory is blocked by the material mind/brain mechanism. Memory will be experienced much more freely and vividly when in the morontia form.

JEREMIAH: Teacher, how does memory work? We know it as a circuit coming from the third person of Deity; but most of us on this planet are used to computer storage, 0's and 1's, on memorizing data. What is the 'memory' mechanism?

HAM: There are two: One is brain/material electrochemical storage. The other is morontia-counterparted memory initiated by the Thought Adjuster and it is this memory which will survive death; the material memory lodged in chemical circuitry within the brain-matter, will not.

JEREMIAH: Does the Thought Adjuster then take the electrochemical memory that is lodged take the best part and convert it to the permanent reality? and the rest to just vanish when we die or translate? (Ham: Yes. It is counterparted at the 'experience time'.?)

JEREMIAH: And further on the worlds on high we go through different forms? we keep getting different endowments of mind coming from the third person of Deity? So this is like a skeleton that these mechanisms can operate in? (Ham: Yes, you could say that.)

BILL: You said that in relation to work and leisure, it should be fifty-fifty. Would that fifty-percent we are doing be considered work?

HAM: Yes, this is true. You will undoubtedly all be engaged in working for the advancement of the kingdom at some point. Yes, and this is also, work.

BILL: Then as our spiritual work becomes a greater part, and the material work will diminish it seems to me like there are many ways in this world where there is

opportunity for passive income that doesn't require a great amount of time but which could be arranged in such a way that those persons required to work on a spiritual level, such as Rebecca, would be able to withdraw from a highly intensive material work situation and become more involved in the spirit work. (Ham: Yes. This will undoubtedly come to pass.) Bill: Am I hearing ?be patient?? (Ham: Yes.)

ELWARD: Ham, would it be possible some of the time to let us know a week in advance what the subject material will be so we can look in the Urantia Book and study that, so our questions will be more appropriate to the lesson?

HAM: Often I change and alter my plans. I would not wish to require study beforehand and then disappoint your efforts.

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JEREMIAH: Before 1985 it was possible? (Ham: Yes.) Jeremiah: Were there whole groups infiltrated by rebel spirits and now they find themselves leaderless? (Ham: Yes.) Jeremiah: Are such groups political, social, and religious are they a danger to the Correcting Time? Are there fertile grounds to recruit these members from, now that they are leaderless? Should we be concerned or not?

HAM: No. Do not be overly concerned. All will be eventually cleansed of this evil and erroneous thinking.

JOSHUA: Father Ham, it was my understanding in reading the Urantia Book that Jesus, after his resurrection, bestowed the Spirit of Truth upon mankind whereupon those rebellious spirits could not indwell anyone any longer anyone of ?normal mind.? Was that correct? (Ham: Yes.) Joshua: I am still a little confused. Since the Lucifer rebellion has been adjudicated, are some of these rebellious spirits still inhabiting the Earth?

HAM: No, they are not. Until our next meeting, I look forward to seeing you all again. Farewell.

Breakdown On How To Attain Effective Stillness | Introduction Of Will (Teacher for Tallahassee)

Abraham & Will, WOODS CROSS, UTAH 10-14-1991

Back

I am ABRAHAM. I have come this evening in the stead of your regular Teacher, Ham. He is engaged in another area. My greetings to you all. This evening I wish to present a lesson and show you a better method of the stillness communication. My lesson

tonight is concerning the stillness. It is easy to achieve if you are diligent and steadfast in your application of the following ideas:

1: The stillness requires just that stillness. It is most important to still the body in order to gain a quietness for the mind to be allowed to begin its quieting process. Any position is acceptable of course, it matters not. Stillness and relaxation of the limbs, eyes, face, hands, and feet. This will help facilitate stillness in the brain that is, the electrical impulses coming from the extremities are lessened and therefore the electrical activity within the brain itself, becomes less.

2: Then the surroundings should be quiet. Stimulation from the auditory sense is most distracting and should be eliminated if possible.

3: Mental stillness. This particular aspect of this practice is the most difficult to achieve. Many of you are, however, making great progress and strides in this direction. Mental stillness is essential for Thought Adjuster communication to be received. There is a metaphor in these teachings of still water reflecting the sun. When the water (the mind) is turbulent, this reflection is splintered/broken into myriad refractions. In the ideal stillness, for clarity sake, the mind absolutely must be still. Deep relaxation, mental stillness, will, without fail, result in increased Thought Adjuster communication if you are patient and willing to commit this time. This goes for you too, Rebecca.

We have with us this evening a visiting Teacher who will be working with Vincent (Fred Harris) and the Florida group in the future. You will know her as ?Will.? [Editor's note. Teacher Will became the group Teacher for the Tallahassee, Florida TM group in 1992.]

Greetings. I am WILL. I will present this evening's lesson to you. I have chosen to speak of spirituality as a process of making something precious from something which is rough. For example, a diamond which is in the earth must first be sought-out and extracted from its embedment in the earth's surface it must be brought forth. At first, it does not resemble its later state at all; rather, it resembles most any other ordinary rock which you may find in passing and not appreciate or know of its precious content.

The kingdom of heaven is like the man who finds this rough rock and polishes and grinds the roughness away to reveal a diamond. Still, his work is not complete. For this diamond to be truly precious it must be cut with precision; it must be polished; it must be set in a beautiful setting. All this, is the action of the kingdom of heaven. This diamond will shine, reflecting its greatest light, showing its true beauty and value to all who witness it.

I am ABRAHAM, and am glad to be able to present a new Teacher, who addresses us today with such ease. For the remainder of our time together, I will receive questions.

JOHN: Father Abraham, in trying to find the stillness, I am having a really hard time and I was wondering if we are to lose consciousness of our thought? or is there

always some part of us that is conscious.

ABRAHAM: Consciousness is not lost, no. In fact it is intensified; and awareness is intensified in the inner realm of being. This is not a dream-like state at all, but rather a state of intensified awareness and concentration.

JOHN: So sometimes when I am attempting the stillness and I think I am not thinking. Is that the purpose? or is that not stillness?

ABRAHAM: You are coming closer. It is a calming of the mental agitation which is needed.

JOHN: One last question: About how long would you say it would be good to do this each day? (Abraham: I would suggest at least ten minutes.)

JAMES: Abraham, where should our awareness be when we are doing the stillness.

ABRAHAM: It is our focusing on God and God-consciousness. This God-consciousness awareness will increase in the proportion that you gain stillness awareness.

JAMES: Some of us have done transcendental meditation which is designed to put your mind in a state of alpha waves. Should we consider this to be instrumental in doing the stillness? Do we want our minds to be in alpha waves, or something else? (Abraham: Yes. Yes. This is an effective tool.)

JEREMIAH: Father Abraham, what do you mean by alpha waves in the brain?

ABRAHAM: It is the electrochemical state as measured by such devices as the electroencephalograph. This is measuring a state of brain activity which is conducive to the stillness.

JEREMIAH: We can reach this state by the technique you just told us? (Abraham: Yes. Stilling the mind, the outside influence, and body.)

WILLEENA: Father Abraham, in stilling the mind, is it helpful in our beginning stages to concentrate on specific words relating to God essence? (Abraham: Sometimes this can be helpful to induce a greater stillness than allowing random thoughts. Yes.)

WILLEENA: Thank you. Particularly when there is random or mental static, is there something we can do at a time like that to calm that mental activity? (Abraham: It only requires practice.)

WILLEENA: I had an experience about three weeks ago I want to ask about. I was falling asleep and I had a vibrational force that was very unique throughout my body. At first, I felt frightened and then I heard the words: "I am here. I am here. I am here." I wondered if this was my Thought Adjuster making contact? or my own mind. (Abraham: It could very well have been your Thought Adjuster. Yes.)

PENNY: Abraham, I have been wondering for a long time about something. I joined

Unity Church many years ago because I felt it was something very close to the teachings of the Urantia Book. Unity teaches the 'silence' which is the same as the stillness. Their closing prayer is the one said before these teachings begin, and I understand it was founded by someone who sought and received spiritual healing. I was wondering if the couple who founded the church were taught by you, or if they have revelations of truth. I know they publish things on the 'silence' and I was wondering if it would be good for the people here to read some of the things they publish, and if the church was fertile ground to plant seeds?

ABRAHAM: These are very interesting questions. However it, once again, is not my place to judge or evaluate the content of truth in a religious organization. This task is left to you. To receive and evaluate the claims and teachings made by people is for people to judge for themselves. Each person will encounter many such situations and teachings from many sources. You who have received/understood advanced teachings, such as those contained in the Urantia Book and also from Ham, are better equipped to evaluate these situations than most. You must remember that people within these organizations are guided by their own light of truth and are evaluating this situation by their knowledge. So, therefore, yes, to answer your question: Is this fertile ground? Yes, of course it is. However, be discrete. Be careful and wise in your dissemination of truth so that you do not damage or try to alter the stage of enlightenment of another without their full consent.

JEREMIAH: Father Abraham, is it desirable in doing the stillness to do it right after one wakes up in the morning? Your mind is kind of still at that time. But I have a tendency to fall back asleep?

ABRAHAM: Each person is different and sometimes what works for one will not work for another, and vice versa. If this method is comfortable for you, then yes, by all means.

JEREMIAH: Is it also possible to do it while doing some kind of activity such as driving a car? Can that be developed and still keep part of your mind on the road? (Abraham: Yes, of course. But it is always desirable to stay the mind on God. Yes.)

VINCENT: Greetings, Abraham. Thank you for providing a lesson from the Teacher for the Tallahassee group, Will. I would like to ask from you whether the lady I discussed yesterday with Ham is the contact person for the Tallahassee group?

ABRAHAM: There are two who are able to transmission-receive this type of communication; and there should be no problem in either person, even to the trading of this assignment between them.

VINCENT (Fred Harris): A final question and I will pass the microphone: The couple from Greenbrier Road that you ask me to seek, I have found. David H. has been advised of the message that Ham gave to me to deliver to his wife, and he remains skeptical. I believe he fears for her welfare and well-being. Is there any message I can deliver to him as well?

ABRAHAM: Yes. [for David H.] You are a son of light. Your light will increase when you allow it to. Your fears are justified, but not well founded. You will see the

truth of my saying. There will come to you, our Teacher, Will. She will progress your group, yourself, your wife, and many others through a long and fruitful development. Please have steadfast faith in our Father. You will not, cannot, be led astray.

ROLAND (Bill): Father Abraham, I'd like to thank you and Ham for arranging for our brother Vincent to arrive here in Utah. You have given us so much enlightenment and have validated the work so greatly. Again, our thanks to all the forces that were involved in bringing him here this weekend. And also, I would like to thank Ham for the message we received yesterday regarding our personal meetings. During that meeting, it was confirmed that the experience I had in seeing the Second Mansion World was indeed a valid experience that was arranged for. And in my excitement, I forgot to ask one of the questions I had planned to, and perhaps I could do that tonight. How was that personal experience accomplished? I don't have any understanding of that. Could you help me there?

ABRAHAM: Yes. Your Thought Adjuster is, as you know, very experienced and able. He will continue to present to your mind, pictures of another and better reality. You are very fortunate. Are you aware of this?

ROLAND: I think I just became aware of that on Sunday, and now again, today. The volume is being turned up and I really appreciate that. I wish to thank the Father for giving me that Fragment, that Thought Adjuster, to guide this mortal through. (Abraham: Well said, my son.)

JASON: Greetings, Father Abraham. My question is in regard to your lesson involving some teachings from the Urantia Book on the Thought Adjuster. It is taught that there is a progression time to the ?Thought Controller.? My questions lead in two directions: One: Which would be the preliminary occurrences that would happen; what are the signs? And Two: How does this relate to our depth of the stillness as far as concentrating, from body functions and mind stillness? I have experienced, frequently, ?directions? while under physical duress with tremendous clarity. I wish to know where this could be placed in your teaching.

ABRAHAM: You have yourself answered this question. In referring to the steady progression from Thought Adjuster to Thought Controller is one way to view the increased spiritualization of mortal thinking. As the thinking mind progresses toward God, there is the phenomenon of the mid-mind, which is morontial. This mid-mind gains increased control and is dominated by Spirit. Thus, the spiritual overcontrol of the unified personality is becoming increasingly apparent in daily life and activity. As the mid-mind becomes increasingly spiritualized and Spirit-directed, it also elevates the mortal in all areas of lifephysical well-being, mental clarity, and spiritual value-appreciation. Yes. This stage (of course, Spirit-direction) is all-encompassing.

JASON: So in many ways then, it's uprooting the old and transplanting the new? eliminating views and thoughts learned in the planetary sense, those not recognized as spiritual? (Abraham: Yes. You are wholly correct.)

JAMES: In connection with Jason's question: I read in the Urantia Book that at about

forty years of age the human being enters the age of discretion. Can you explain what is meant by that?

ABRAHAM: Yes. The age of discretion is meaning that wisdom is ripening into matured and tempered decisions. Experience through forty Earth-years is usually required for the tempering of the impulsive behavior and the increased overcontrol of higher wisdom even that spirit-direction which I spoke of previous. With many of you, this time element is not yet fulfilled; yet you have achieved this spiritual ripening of wisdom with lesser years, and I am pleased to see it.

WILLEENA: Father Abraham, with regard to Jason's question: In the last few days while doing my meditations I have begun to have a sense of the perfection that 'we are' that 'I am,' as God's reflection; and have begun to accept that and be open to that in a more willing way. What happened out of this is that there are moments, scenes, that flash in on me that are disturbing, to say the least. I wondered if some of this could be 'thought energies' that might be from the race-mind or the mass-consciousness that I have accepted as my own over the years? Or, are these energies that are seeking healing? As I am coming to a more accepting place, maybe these energies are surfacing from the depth within me to come to the light, to be healed, to be released and transformed. Am I correct in assuming some of this? (Abraham: Yes. You are overcoming inner fear which is always helpful.)

RACHEL: Father Abraham, we love to address you as Father Abraham. And for Ham, we love to address him as Father Ham. Now with Will. What would be proper to address her other than 'Teacher'? (Abraham: She has no preference.)

JEREMIAH: Father Abraham, I have a question in regard to spiritual names. Since there is only one name. How do you tell them apart if there is duplication? Or, are they unique in a given age.

ABRAHAM: They are wholly unique. Yes exactly. There may be difficulty in relating the exact word form to your minds but in all truthfulness as you are unique, also is your name.

JEREMIAH: If there are any similar-sounding names, does that mean that these individuals would be more in-tune with themselves than would be the general public?

ABRAHAM: With each other? (Jeremiah: Yes). Abraham: There is some truth to this. Yes.

JEREMIAH: For example, the soulmates; do they have different names? Even though Teacher Ham told us that they were congruent, what could you add to that?

ABRAHAM: All of you are unique and complete within yourselves. The idea of soulmate will be a touching and helpful attitude to have in this life, yes. Through the many years, you will also appreciate your differences and uniqueness which only you possess. This is all.

JEREMIAH: Thank you. I have a further question to do with God the Supreme: If an individual fails to survive, therefore he doesn't exist anymore and his potential of

doing everlasting good is lost; so does that mean that God the Supreme is incomplete? or does another mortal make up that lacking part of the Supreme. I do know that their knowledge is absorbed into the Supreme.

ABRAHAM: Yes. This uniqueness is lost as a continuing entity apart and separate from the Supreme. Yes. The Supreme is incomplete now in our developing and perfecting of the super-universes stage. And yes, each thing that is lost is found sooner or later in one way or another.

JEREMIAH: Thank you. And we know also that the three persons of Deity, when they act individually, are expressed through 'mercy and love and forgiveness.' This, as opposed to 'justice and sovereignty' which is only with group behaviorgroup action, and is not on the level of Deity; the Supreme is individual himself. So I am having some confusion here in the sense thatdoes He act as a group with sovereignty and justice with God the Ultimate and God the Absolute. Can you clarify some of those problems with singular and plural behavior of the evolutionary God?

ABRAHAM: The Supreme will never be a judging person. These are actions taken in conjunction and coordination between individuals and groups of individuals who have mandate and direction from the Father, the Son, and the Spirit.

JEREMIAH: Thank you. One last question with sovereignty: We know that Michael, our Creator Son, became Master Son on his completion of His bestowal here on this planet; and therefore, He is still Sovereign of this local universe. We also know when the Supreme eventually manifests as a real personality, He will be total Sovereign of the Grand Universe. Is there a conflict of the sovereignty of who runs who? I understand both are doing the Father's will, so is that a oneness? or is the Supreme sovereignty excluding the local universes. For example, the superuniverses(the Grand Universe), and the rest of the Master Universe?

ABRAHAM: This is an interesting question. The sovereignty of the Supreme has not been made manifest; and at this future time, many changes will be implemented. Of these changes, I personally know little.

ROLAND: A few weeks ago, we asked Ham where your mortal wife, Sarah, was. He explained that she was on another mission. Can you share with us tonight what Sarah is doing and how you communicatewith her?

ABRAHAM: Yes. What she is doing I cannot say. However, her mission is of supreme value and importance to your world. We have ability for some instantaneous communication, and much is done by the communication circuitry, which has now been reconnected.

VINCENT: Father Abraham, I know that Rebecca tires, but I'd like to ask if Will would give me a message to take to the group and perhaps advise me when she plans to arrive.

ABRAHAM: This time is dependent on the free will acts of your friends, and on you. She will be present and will be helping in your delivery of this message.

I am WILL. I will be present when you deliver this message. Our mission is serious and is also very joyous. We too desire in this your cooperation, your learning, your will to achieve our mutual success in the kingdom. You each are already known to me. I am fully prepared to help you in your spiritual growth and progress when you are ready to receive me. I will unfailingly respond. Please have faith.

ELWARD: I'd like to ask about spirituality. When we meet someone, if I understand it right, we are not supposed to ever tell them that they are wrong. We can share our truth with them, yes, and as they learn to accept that truth, they will realize their own errors this correct?

ABRAHAM: In purely spiritual teaching, yes. You have been a very good teacher.

JEREMIAH: Father Abraham, we know when Melchizedek was here, back in your day, he was on an 'emergency mission.' Is the Correcting Time of today considered an emergency? And also, since he (Machiventa) is here, we know he has his Earthly associates namely you here with him. Therefore, when Michael returns will He have His Earthly associates with Him namely, the apostles?

ABRAHAM: This may be. Yes. Is the Correcting Time an emergency mission of sorts? Yes, also.

And now I must take my leave of you this evening and next week your regular Teacher, Ham, will be present. Shalom.

Fortitude, The Watchword This Day | To Enjoy the Beauty of Life's Struggle Brings Awareness Of It

Ham, WOODS CROSS, UTAH 10-21-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings this evening. I am HAM. I am your Teacher. This evening I wish to begin with a lesson on fortitude. Yes, there are many times when the road is rocky and difficult to pass over. In these times of difficult trials, it is easy to forget our true and lofty goal as we climb this mountain of human living. When it seems the road is impassable it is sometimes incumbent upon us to wait and be still, patient, for in time the way is shown. It may be we must simply climb up into the heights of spiritual ecstasy which will show the way very clearly.

Then there are times when it seems incumbent upon us to pass another way, below, and into a way where the path is not clear; there is undergrowth of cares; there are rocks and obstacles of worry, darkness and fright. These ways are difficult to pass through and many times we must stop; we must carefully watch each turn to be certain of our path.

It is very difficult during these times to remember the high mountaintop when the path was clear. And in these days when things are dark and troublesome, when the path is obscured and the way unclear, it is necessary to maintain an attitude of

strength and fortitude, to keep your courage about you and forge ahead through uncertain territory.

Remember, the path of light lays just ahead, just around the next corner. The journey you saw before you, you are still upon. Even though it may seem you are lost, you are not. Strength (spiritual strength) will keep you. Integrity and self-respect and yes, Jason, even some pride is necessary for your survival in these times.

Keep your spiritual armor with you, the shield of truth. The sword of righteousness will protect you in these times of difficult trouble against the real and unreal dangers of life. Yes, fortitude. And then, when the way is clear and you see that you have gone on the correct path, you will be satisfied in your innermost self that, yes, you saw the way and you progressed through it.

Wisdom (the fruits of wisdom) ripens most readily in the dark. It is difficult of understanding, yes, but I tell you this is true. Our most stable parts of our inner-being are made so by this difficult passage from darkness into the light, from struggle and challenge into peace and surety. Our trustworthiness, our faith, is strengthened. Our wisdom is ripened and our souls are made more perfect, even in these times of trials.

Our Father has not created these worlds for your lazy enjoyment; they are worlds of trial, and the trial is hard, is steep, is difficult but it is purposeful. Strength of character is not built on a bed of ease, never. Strength of character is built, brick by brick, in the toils of adversity. It is then when you are enjoying the fruits of your labor, when you have reached the plateau on your journey, that you may enjoy the sun.

Enjoy the beauty of life. In fellowship, you remember who you are and how you have been made who you are. Your character has grown mostly through times of difficulty, for you have learned patience; you have learned forbearance; you have learned tolerance; you have learned understanding and forgiveness. Also have you learned to accept your lot, to make the best of what you have. You have learned not to whine about the future nor regret the past, but to carry on in the face of all which is coming to you.

Yes, fortitude is the watchword for this day. Now I will receive questions.

STUDENT: Teacher Ham, thank you for a beautiful lesson. I have a question about fortitude and adversity. Why is it that some people here on Urantia seem to live lives of relative ease? While others seem to have trial after trial of difficulty and adversity? I realize it is through difficulty that we grow, but it seems to be so imbalanced as to who faces hardship and who does not. Could you enlighten me, please?

HAM: Yes. This life is filled with inequality and inequity at every level. There are extremes in this world which are not the product of individual self-will, but more-so a product of planetary mismanagement. Do you see, there has been no one to administer correctness and fairness to this world for many many years. Your

Planetary Prince has been extinguished; your Adam and Eve have defaulted; your bestowal Son was short-lived. You have had no planetary organization of any kind, really and this inevitable condition is the result of natural evolutionary tendencies among peoples, nations, and races, especially when without celestial administration. Does this answer? (Student: Yes, Teacher Ham. Thank you.)

HANNA: Teacher, I have two questions to ask you tonight. The first one is something that I have been concerned about since I found the Urantia Book. I have always felt that the paper on 'race,' where superior and inferior races are discussed, is the most volatile and potentially dangerous or misunderstood part of the book. One can understand the scientific objective view, perhaps but from a human standpoint, this language can seem sometimes cruel and difficult to understand, especially if one is of the black race. How can we overcome this misunderstanding of language when we present the book to the world, and especially to the Negro race? With such racial prejudices that abound in the world, this could easily be misunderstood and used incorrectly. Were the revelators aware of this part as being potential volatile?

HAM: Yes. It was very much discussed. The decision was made to speak plainly the truth, not hiding or sugar-coating anything concerning the early evolution of the races. You are living in a time of strict racial more that is, some subjects are not discussed, not allowed to be discussed. This time will change when the circumstances of living do sober man out of his illusions about ?special? or ?superior? genetics. Does this answer?

HANNA: It helps. Thank you. The next question is one that I think a lot of people have wondered about and not really asked yet. We humans derive a great pleasure, satisfaction and even growth, from romantic love and from physical intimacy. We understand there is no sexual procreation on the Mansion Worlds in terms of having children. However, is there a morontial or spiritual equivalent of the romantic and physical love that we have here?

HAM: Yes, there is. It is very similar in all aspects to mortal 'love' but is inexpressibly deeper, broader, more understanding and less withholding in our relationships with each other. There is less willingness to hide ourselves from intimacy. There is more openness of self-expression and love-expression in these Mansion Worlds. Yes. I would consider that this special intimacy continues on, even to Paradise.

JANNEL: Father Ham, I have kind of a difficult question because I understand we are going to be having some activity in Los Angeles with the Urantia Fellowship General Assembly meeting. We now seem to know how many Teachers there are who are coming through, and it seems like the rate is going to be stepped up quite a bit. I wondered if you could answer a couple things:

1. How do we know a transmission is definitely a message coming through one of the Teachers and not a psychological projection on our part because we are expecting or wanting it?
2. How do we, as a small group of readers of the Urantia Book, guard against having our egos come into it and creating a kind of cult-like or elitist atmosphere at this particular time? Can you give us some advice on this?

HAM: Yes. There is no need to worry. There will be adequate instructions on these matters which are just now developing. I have previously said that all Teachers are known to me. Any who are insincere people claiming to be acting as Rebecca and myself, we will tell you, when asked. There is no danger of falsehood if you understand the organization is tight. Second question: How to guard against this problem of allowing our egos to take us into specialness or elitism? You are adequately equipped to tell, to detect any insincere motives of anyone claiming to be personally a leader. I, Ham, teach with sanctioned authority. I give not my authority to another. Are you understanding?

JANNEL: Yes, but I am still concerned because it seems to be happening very very fast; and all the activities seem to be among leaders of study groups of the Urantia Book. Is there other Teacher activity outside the United States such as is our small core group here? Is all your work just with believers in the Urantia Book. (Ham: Oh no. It is among all peoples. We desire Teachers to be received among all peoples of Urantia.)

JANNEL: I have just one more question then: How will we hear of this from other religions or from other groups, countries? (Ham: In your lifetime, you may not hear much. In the future, all will be revealed.)

JAMES: Teacher, when you refer to restrictions about discussing issues of race, are you referring to you, as a Teacher, being restricted from speaking to us about this?

HAM: Yes and no. Race is always, and ever will be, a difficult issue for people to grapple with and come to understandings. We are somewhat restricted in our teachings on these matters, yes, and yet our teachings, and those found in the Urantia Book, are the most plain-speaking teachings existent on Urantia. Are there further questions?

WILLEENA: Teacher, in the course of working with the stillness, I am beginning to find a sense of presence that is filling me with love, and it's a wonderful experience. And I realized last night that one of the things that I am faced with right now is that through the course of the day, and the amount of stimulation that a day's life in this world provides, how often I lose touch with that presence. My main desire, at this point, is to find a way to integrate some of that presence of love and warmth into my actual full days. Is there something you could help us with to take some of our stillness-feeling into our day?

HAM: You have indeed been an able student, Willeena, for this is at the heart of my teaching. This God-consciousness/awareness will, without fail, begin to increasingly dominate your life; and if it be your will to give your will to God's will, it will increase.

HANNA: Teacher Ham, when the Urantia Book came through, and Dr. Sadler and the contact commission were given instructions about how to make this revelation work, at least in their day, they didn't seem to know about this Teaching Mission part of the plan. Can I ask you why there wasn't some preparation disclosed beforehand? And if there was an original plan, did it go wrong? And if so, where did it go wrong, I should say, for the dissemination of the Urantia Book, and these teachings, to go

hand in hand? Or was this just an adjunct to the original plan?

HAM: No. This is the original plan. Yes, those mortals involved at that time were not informed of this Correcting Time Mission. It is also not "directly" spoken of in the Urantia Book. However, the decision was made not to give premature information to them for it would serve no purpose, except to, perhaps, be dangerous. [Editor's note: Abraham had taught us in the ensuing years, that great care was taken to guard against "too much, too fast" which, with historical human experience, had proven to cause unstable growth, fanaticism, and other "isms;" and, in essence, a human pattern of "putting the cart before the horse." Foundational teachings had to be presented first, to lay a strong foundation that later teachings (the Teaching Mission) could be built upon. Ham noted in his answer here that the "Teaching Mission" was not "directly" spoken of in the UB but here is what was presented that could be "indirectly" pertaining.]:

Urantia Book Paper 37

6. CELESTIAL OVERSEERS [*italics and emphasis added.*]

37:6.1 The Nebadon educational system is jointly administered by the Trinity Teacher Sons and the Melchizedek teaching corps, but much of the work designed to effect its maintenance and upbuilding is carried on by the Celestial Overseers. These beings are a recruited corps embracing all types of individuals connected with the scheme of educating and training the ascending mortals. There are upward of three-million of them in Nebadon, and they are all volunteers who have qualified by experience to serve as educational advisers to the entire realm. From their headquarters on the Salvington worlds of the Melchizedeks, these overseers range the local universe as inspectors of the Nebadon school technique designed to effect the mind training and the spirit education of the ascending creatures.

37:6.2 This training of mind and education of spirit is carried on from the worlds of human origin up through the system mansion worlds and the other spheres of progress associated with Jerusem, on the seventy socializing realms attached to Edentia, and on the four-hundred and ninety spheres of spirit progress encircling Salvington. On the universe headquarters itself are numerous Melchizedek schools, the colleges of the Universe Sons, the seraphic universities, and the schools of the Teacher Sons and the Union of Days. Every possible provision is made to qualify the various personalities of the universe for advancing service and improving function. The entire universe is one vast school.

37:6.3 The methods employed in many of the higher schools are beyond the human concept of the art of teaching truth, but this is the keynote of the whole educational system: character acquired by enlightened experience. The teachers provide the enlightenment; the universe station and the ascender's status afford the opportunity for experience; the wise utilization of these two augments character.

37:6.4 Fundamentally, the Nebadon educational system provides for your assignment to a task and then affords you opportunity to receive instruction as to the ideal and divine method of best performing that task. You are given a definite task to perform, and at the same time you are provided with teachers who are qualified to instruct you in the best method of executing your assignment. The divine plan of education provides for the intimate association of work and instruction. We teach you how best to execute the things we command you to do.

37:6.5 The purpose of all this training and experience is to prepare you for admission to the higher and more spiritual training spheres of the superuniverse. Progress within a given realm is individual, but transition from one phase to another is usually by classes.

37:6.7 Before leaving the universe of Nebadon, most Urantia mortals will be afforded opportunity to serve for a longer or shorter time as members of the Nebadon corps of Celestial Overseers.

HANNA: Thank you. I want to ask one more question about what we term here on Urantia as 'soulmates.' In the Urantia Book there is some inference that sometimes our love partner in this life is our partner in eternity. Are we assigned soulmates? or do we discover each other by chance? And what is such a relationship like on the worlds after this life? Is it like marriages here, or is it more of a partnership, on a different level?

HAM: Yes, it is on a higher, much higher level, and very difficult to express in your word form format. It is hard to even use the word love, for presently on your world, love means many things. On the Mansion Worlds, love has meaning that is higher than your love definitions here; it is more compatibility and with more complete understanding and sympathy. Do you really discover each other while in the mortal life? Yes, perhaps. and occasionally. In these times of mortal living, such lasting relationships are difficult to project.

HANNA: Is there a certain time in the evolutionary plan where you are brought together? or is it left to coincidence? Do our angels or our Destiny Guides help us to meet? Is there just one person that could be our soulmate? or are there several? (Ham: All of the above.) [laughter.]

STUDENT: Teacher Ham, could you explain for me, and the California people, what your mission here under Prince Melchizedek is? And, what all our roles are in it?

HAM: Yes. My mission is as a Teacher, as you know. You all will be given individual assignment missions as well, to carry forward our work and word into the world. These things are not to be unfolded prematurely but must await the ripening of the time/circumstance.

JEREMIAH: Teacher Ham, I have three questions. If we think we have a soulmate, may we ask you for verification? (Ham: No). [laughter.] Jeremiah: I have a question about language: How many languages of this planet do you know; and during the Correcting Time are we going to be moving forward to a universal language?

HAM: I am conversant in English only. It is foreseen that English will be the evolving world language.

JEREMIAH: The third question is with spiritual circuits I believe they come in through the spiritual center of the planet. Is that correct? (Ham: Yes, and there are others.) Jeremiah: Thank you. I was going to ask if it is a uniform distribution of these fields from there, such as a spiritual grid; sort of along the lines you

are talking about the spiritual energies flowing through the body to various eddies, chakras. Is that a similar analogy of what is happening on the planetary scale? (Ham: Yes, somewhat. Yes, it is.) Jeremiah: Are we, as mortals, sensitive to grid lines if we drive through them? I'm referring to these certain positions on the planet.

HAM: Yes, and also you are aware of general spiritual intensifications; an uplifting, in general.

[Further personal Q/A's are omitted here.]

Back

Letting Love Grow and Flow Outward Requires A Tolerant Mind

Ham, WOODS CROSS, UTAH 10-28-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

I am HAM. I am your Teacher. Greetings this evening. I wish to begin again with a lesson on tolerance.

Sometimes it is difficult to understand your brothers; they are all so very different different feeling, different thinking, different emotional balance, different insights, different mental capacities, different upbringings and different world views. It is sometimes very hard to reach beyond this wall of 'difference' that appears between individuals. I tell you now that, and it is true, love will banish all barriers between mortals.

Love is like a magic wand which you would use to make obstacles disappear. It is a hard tool to master. Much is dependent on surrendering to God, which is not a 'controlling-feeling' emotion but a surrendering instead, through 'love impulses' which when directed toward another, elicits this same love impulses in return; it is unfailing except in certain severe situations.

If your love is strong enough, if your heart is willing enough, if your mind is tolerant enough, then love will surely overcome differences, barriers, and obstacles between you and any other person. Yes, this is hard at times; it is requiring a humility and meekness that is surrendering to the Father's will to a great degree. Some of you may feel that surrendering love for a day or two and then lapse back into defending your hearts with worries, cares, concerns about others. I tell you this is not the way of God.

The way of God is complete and total love. The way of God is learning to find this love within us and letting this love flow outward to bless and give light to those who sit in darkness. This also requires a tolerant mind a mind which is willing to allow love to come first, and understanding, later; a mind to allow a greater mind to be its overcontrol. And this greater mind is dominated by love.

I will take questions. Rebecca is a little tired and I wish to make this meeting tonight a little shorter for her.

JOSHUA: Would daily sessions (healings) give her any additional energy? (Ham: This is unclear). Joshua: Okay, thank you. Rebecca asks me to ask you a question for her: When you gave us the spiritual name of Ramsey, and then Rayson gave the same person the name of Andrew, this confused us. Her question is: Why didn't you correct her?

HAM: Rebecca??in her enthusiasm for my message and over-exuberance in her mental reaction??thought this on her own, in her own mind. In thisour connection, her mental strength is high and is sometimes difficult to break through. It is not my intention to confuse or distress anyone. She simply got carried away. It won't be very often that this ever happens, and when it is serious, correction will be made sooner or later.

ELWARD: Ham, what is the difference between the ?Deity embrace? and the ?Corps of Finality embrace??

HAM: Deity embrace may not include Corps of Finality members. Those in the Corps of Finality have Deity embrace as well as Corps of Finality embrace. These are two separate things. A Mighty Messenger, for example, has Trinity embrace, which is Deity embrace. He is not, however, a member of the Corps of Finality. Does this answer? (Elward: Yes.)

ROLAND: Just one other thing about these transmissions on paper. I have been asked many times regarding when they will be available to read. Basically, as you know, we have just a rough drafts of the transcripts, and they have not been cleaned up to the point where I feel they should be out in the public. Some of the printed lessons we have sent out have been ridiculed. I would like to focus our efforts on getting this together, these lessons, this book, this 'volume one' of your teachings to the Woods Cross group of 1991; and bring that forth as a disseminating volume at the end of this year. We are not including those transmissions that are to other groupsthose outside of our own group. Are we ahead of ourselves on the lesson's dissemination?

HAM: This would be an admirable accomplishment and is certainly encouraged by me if it is your will to undertake such a task. Yes, it is much appreciated. We are thankful for your efforts, Roland. Use your own wisdom in this. You are, in all things, doing very well.

JEREMIAH: Teacher, I have two questions before Rebecca tires: You were talking a couple weeks ago about 'resurrection.' How is that done when it is a general or a special resurrection? Is it done by time? For example, the sixteenth century people before the seventeenth? or is it done by the spiritual level? or a combination of both?

HAM: Yes, it is done chronologically by the most recent first, stretching backward in time; and of course spiritual level is taken into considerationand segregation is also made on this basis.

JEREMIAH: Thank you. In regard to the Christian dispensation: Which century in the

West had the highest spiritual attainment, and which one had the lowest? And how does the eighteenth and the twentieth century compare in that? (Ham: The ?Christian dispensation? has not fully arrived. It is not for me to speculate.)

JEREMIAH: Thank you. The other question I have has to do with the Correcting Time: It is our understanding the Lucifer Rebellion has been adjudicated so the whole System is going to be corrected; and, instructions are that you are doing the correction plan on this planet. If I remember correctly there are something like thirty-six planets that revolted. Is the Correction Time just applying to this planet or is it including all the planets that rebelled in the Lucifer rebellion? Do we all go through this 'correction' at the same time? or since Michael's bestowal planet is Urantia, are we, then, an example to all the other planets?

HAM: No. This world is unique, yes, but all worlds are also unique. Many are now receiving Sons of the Magisterial order or Bestowal Sons. Many are in disarray like Urantia. Urantia is undergoing a unique development which is unusual and different. Many things are unusual to your world; yours is projected to be greatly progressive, spiritually, if all goes as planned.

JEREMIAH: Teacher, do you understand the full meanings and values of this Correction Time? Or, do you feel that there have been many more plans on high not yet revealed, perhaps to eternity, to fully understand the meaning of this? (Ham: Yes. I have a good understanding of our Mission, and my role. The fullness of time will see our results. This will be many years to come.)

JOHN: Father Ham, I have a question concerning a feeling that Todd and I sometimes have, that we are just generally upset. We don't know what is the cause; or, what we can do to fix it. Is that our Thought Adjuster trying to get through to us and perhaps we are just too dumb to realize? or is it just our bodies' natural function.

HAM: Emotional cycles are inherent in mortal life. I'm afraid there is little to be done but to grow spiritually. Recognize these cycles 'as cycles,' and progress beyond.

ROLAND: Teacher Ham, I probably needed that lesson on tolerance tonight. I'm seeing there is perhaps a hard lesson we can learn and it basically has to do with that each of us desires to do the will of the Father, yes; and that we have His help to resolve our differences of opinions. And, that we have you, our Teacher, to ask.

HAM: I may or may not become involved in these differences. It is not well to dwell on differences but rather, to see our common goal of Father-attainment.

ROLAND: One of the things that I have had some difficulty in is when I sense that I may be at odds with one of our brothers or sisters here. I am almost hesitant to air that difference because of fear of offending them. When our brother Vincent came to visit with us he felt, and expressed that as we are more willing to air our differences, the more we would be able to progress as will-creatures. Would you concur in that?

HAM: Yes. Understanding of one another is essential in doing Father's will. There is

no understanding in non-communication of feeling of differences, and what have you. All must be revealed, you see. I would add one further comment in higher spiritual attainment there is always need for better control.

JEREMIAH: Teacher, do the morontia bodies have the aging phenomenon that we have here? (Ham: No). Jeremiah: Can a morontia being pass through a human being? (Ham: Yes, yes. There is, and can be, movement through and around the physical body without disrupting personal unity.)

JEREMIAH: What size are our personal guardian angels' forms compared to the mortal? Are they smaller or larger as compared to ours? (Ham: Taller.)

Rebecca is tired. I will have to end our meeting discussion this evening. Are there any other comments before I depart? (Group: No). Then I will say goodnight for this evening. I will see you all next week. Farewell.

Back

Prayer and Stillness vs Two-Way Communication

Ham, WOODS CROSS, UTAH 11-04-1991

Back

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings. I am HAM. I am your teacher. This evening I wish my lesson to begin with a few further words on the stillness. Once again I wish to instruct you a little in your personal devotions. The stillness is not meant to be an end in itself, no! it is the beginning of personal communion with God. You will receive, in the stillness, a consciousness of a feeling of 'higher self-awareness.' It is in this higher mind-state where communication between your Indwelling Spirit and your consciousness can take place.

Often the olden seers were content with only the God consciousness 'sensation' awareness. I am asking you to go further than this to do as Christ Michael did and reach communion, two-way communication, between your conscious mind and your Thought Adjuster.

Praying is most efficacious in this awareness feeling of God. That is, if you speak to Him in a prayerful attitude of childlike humility, often there will be a response whether it is an inner change of attitude (a peace-awareness of His over-care), or the more directness of consciousness of intent direction; or, awareness of another's intent or direction.

And still further, there may be direct word messages flashed within into your consciousness, even as word messaging is received through Rebecca to you from myself, Ham. Also, this can be effected from your own indwelling Spirit into your own mind-consciousness level. Many of you have received already this type of communication and are aware of my words. Then again, many of you are in the earlier stages of change of attitude, awareness of others and their attitude. This change and awareness is in itself life-changing.

God has His manner of communicating in allowing us a broader sensitivityincreased awareness to other people and ourselves. This inner awareness is now developing within all of you, and you are becoming more and more of who you are meant to be.

'Self-realization' is a word/phrase often used in connection with meditation; it is these early stages of meditation that we refer to as 'self-realization.' At even later stages of self-awareness realization, there is a God consciousnesscommunication between the Thought Adjuster and the human consciousness. And further, there is a oneness.

In future time, there will be no communication between two minds (yours and your God-Fragment?s), for there will be one mind. In doing the decisions of your greater self??your own Indwelling Spirit, who comes from the Father??you are increasingly becoming like Him. You are doing His will for Him and for yourself. You are more closely attuning your will to His; your mind to His; your awareness to His.

And in future time, as I have said, there will be only one. And on that day, when there is only one, you are immortal. You will come to understand the saying that: "There will be no more weeping; no more tears of sorrow, for He will wipe away those tears. There are no more sins to burden you; for all your sins, although they be as scarlet, are white as snow." Yes, for you have become true and noble and eternal citizens of the Father's kingdom, where there is still adventure, still uncertainty, still reward for effort, still effort to reach the eternal Fatherbut your success is assured. The way is truly open and the faltering is truly no more.

This time of oneness is sought by all will creatures, on all worlds, in all universes, in one way or another. This attuning of the ?creature will? to the ?divine will? is the Father's command: "Be ye perfect as I am perfect." This is the Father's one and only command of you. And now I will receive questions.

JOSHUA: Father Ham, we would like to make a few statements. Today we incorporated Sonarington. Also, regarding the tapes of your words which we are to send to the General Councilors [of the Urantia Fellowship], we have reached a conclusion on two tapes for considerationthe first is your transmission on 'Meditation/Stillness,' which does not really appear in the Urantia Book. And the other, 'The Kingdom of Heaven,' which does. And then I would like to ask your permissioncould we dub onto the end of those tapes Abraham's talk about the tree on the cliff? And are these two lessons okay with you?

HAM: Yes Joshua, my son. These are perfectly correct and you are proceeding with love and guidance. These will be received with love and guidance also.

JOSHUA: Is that also an answer to Abraham's message on the end? (Ham: Yes). Joshua: Thank you very much.

HAM: All will be open in time. All will be revealed. There is only at this time cautionary measures to prevent confusion. Are we agreed? (Joshua: Yes.) Ham: Thank you. Proceed.

ROLAND: Teacher Ham, this morning I had an opportunity to have a wonderful meditation. And I am still kind of new at this, but during this meditation I received a message from you. What I would really like to do is confirm that with you. Can you do that for me? (Ham: Yes, I have in recent times relayed messages to you via your indwelling Spirit. Yes.)

ROLAND: Thank you. I was really appreciative of your lesson tonight. It seems like it's developing within my own mind and clarifying. Could you please instruct me on this: I meditate without any papers or tape recorders, but I ask my Indweller to stay with me, in my conscious mind, long enough to write down the messages I receive. And I feel confident the words are there, but they are so powerful that sometimes one wonders if it's wish-fulfillment. Is there a way you could instruct us to the difference between wish-fulfillment and instruction from our indwelling Spirit?

HAM: Yes. It is difficult and dangerous ground for each person to decide which is real Thought Adjuster communication, or is 'inner-thought wish-fulfillment,' as you say, and so forth which is unduly glorified by our own inadvertent thought process. It is always hard, and especially in early times, to know the difference. There is distinctly an 'otherness,' which is, as my speaking to you is not your thought, but 'received thought.' It is still difficult, yes, for even Rebecca, who has been doing this for many months, can still make errors by her own thought obstruction. It is very difficult to distinguish the difference, yes, but in time and with practice you will begin discerning the difference if it is just yourself? which is wonderful and good for you, or if it is known to be from Him, your Father. My lessons are also meant for wish-fulfillment, in a way. I teach how to become more aware of God and a wish to do His will this is wish-fulfillment also. Much will be taught this way. Many examples in earthly life may be given. Your indwelling Spirit is always working with you and yes, I say this with authority even in this life, for your earthly betterment and happiness. In many teachings of the world 'this life' is not to be cherished but 'the next life' only, is important. I say with authority cherish this life; cherish your souls; cherish your bodies; cherish your spirits. Love yourselves, your fellows, your God, and your life. That is all.

JEREMIAH: Father Ham, if our Thought Adjuster is gone, what do you say about doing the stillness?

HAM: Yes. Even when the spirit is not immediate, He is still in awareness of you and can respond even over great distance. It is still good to practice stillness even when no immediate response is forthcoming.

JEREMIAH: Thank you. The reason I asked that question was that I think my Thought Adjuster was gone last week. Is that true? (Ham: No. Not to my knowledge.)

JEREMIAH: Because I had real difficulty last week as compared to other weeks. I was curious, that's all, as to why.

ROSANNE: Ham, I have a question on some of the reading I was doing in the Urantia Book? The Life and Teachings of Jesus; it referred to this mortal life as His last bestowal; that it would subject Him to the will of the Father, and that this was His

final of the seven bestowal combinations. And I was wondering if that meant that we, when on Urantia, are subject to the Father's will here, and then in the future we would be subject to the different combinations of the Father, the Son, and the Eternal Spiritis that true?

HAM: No. Always, Roindayes Roinda (R O I N D A.)you will always be subject to Father's will and Him alone.

ROINDA: Thank you very much, for my name. (Ham: You're welcome.) Roinda: Does this mean my Thought Adjuster is back? (Ham: Yes.) Roinda: Thank you. This makes me very happy.

JEREMIAH: Teacher, it is my understanding that angels and other spiritual beings are tested primarily over a long period of time, whereas we, as mortals, are tested quite intensely over an extremely short period of time. Why is there a difference?

HAM: Your short life on Urantia is the test of whether you will go on to the next life. You die from this world to be resurrected on the next. Angels do not die. (Jeremiah: Understood. Thank you.)

WILLEENA: Father Ham, I have a quick and easy question, and then I have one that is trying to formulate. On my way back from Hopi land Friday night and Saturday morning, we came through an intense snow storm on Soldier Summit. I was driving and I was talking to the Father, and I heard a voice. My question specifically was: "My Father, are you here with me?? Before the question was completed, I heard: "Absolutely." I would like to know if that was my Thought Adjuster? Or, just a wishful thought on my part. (Ham: Yes, and yes. Proceed.) Willeena: Thank you. In tonight's lesson, the "Be ye perfect" part when those words were spoken tonight, I felt a ring in my heart; and this is something that I am working a lot with in the last two months. Furthermore, I am not clear on how to word this question because it has to do with that stepping into the "more" of which you have spoken; and I am coming through to a new place in my own consciousness that no longer feels unworthy. I have been working with this process very purposefully because I am not clear how to step through this space in my own thoughts that feels so undeserving or unworthy. I wonder if you could offer me something here.

HAM: Yes. My daughter, you will take the hand of your Father and He will lead you through this. It is not by your own power that you are delivered, it is through Him, by Him, and for Him. You are His child. You will be His child always. (Willeena: Thank you, Father Ham.)

RACHEL: Father Ham, I'm not ready for this cold weather, how about you? Does the extreme change of temperatures bother you at all? (Ham: No.) Rachel: Do you realize how lucky you are? (Ham: Yes.) Rachel: I wonder how you are energized how do you receive all your energy?

HAM: Yes. Being here on Urantia is requiring a special method of energy transference which is easily obtained on higher worlds. And since we are here on a mortal sphere we have brought, in a sense, our own provisions.

JOHN: Father Ham, since you guys need a special kind of energy. How do midwayers, both primary and secondary, how do they get theirs?

HAM: Yes. [Pause.] Pardon the delay. Sometimes the mind of Rebecca becomes engaged in pondering questions and I cannot speak. The midwayers are all supplied with a specialized sort of food energy which is brought to Urantia especially for them. They do not require food energy as often as mortals. Only about once per month.

JOHN: Thank you. My next question concerns the stillness. I think that I am at one of the lower stages of stillness attainment which you talked about. But it seems to me that if we are to clear our minds of all thought, and at the same time be more conscious of our bodiesreleasing the negative energies as you say, in order to gain a higher consciousness. This almost seems like a paradox to me, that we can clear our mind of thought and yet have two-way communication with our indwelling Spirit. Could you explain that to me?

HAM: Yes. It is after a clearingness of mortal concern that there can be communication unhindered. In active thinking, there can be no clear communication. The thought activity should be slowed and centered perhaps on a prayerful message to Father, at first. (John: Thank you.)

JEREMIAH: Father Ham, many weeks back you gave a talk about space and the Supreme, and you were referring to space where God the Supreme was not located. I am confused there. Could you give me an example of where there would be space without the Supreme?

HAM: The Supreme is everywhere present, personally, in the superuniverse realms only (Grand Universe), and not beyond, nor in un-pervaded space realms of the Master Universe.

JEREMIAH: Is the un-pervaded space real or outside of reality? (Ham: It is very much real.)

ROINDA: Hello again, Ham. I have been wondering for a while how wonderful it would be if we were able to see our fellow humans as 'what their potential is' rather than 'what they are;' and I wondered if this is how you see us? or if you see us differently?

HAM: Very much, yes. You are coming into great awareness at this time, Roinda, indeed. (Roinda: Thank you).

JEREMIAH: Teacher, can we as mortals, by spiritual advancement, see further into the potentials of other mortals, as opposed to actualities, as we get to know them better? The communications that have taken place in the pastcan we see more of their potentials in the future by higher levels of spiritual advancement? (Ham: Yes. Certainly.)

JEREMIAH: Thank you. I'd like to ask another question if no one else wants to. This is a planet of accidents, one with the potential for disasters. On the Mansion Worlds and higher, I have understood there is no problem of accidents. Is that true?

HAM: Not entirely. It is a matter of awareness-level. On an adult-level (in the mortal life) you may prevent childhood injuries with your children who do not have awareness to such, and develop an understanding of potentials. In the Mansion Worlds, this analogy does still hold true.

JEREMIAH: So in your case, the level you're on, you have a certain probability of having accidents on high? Is it the same probability here on Urantia? or is it more dangerous here for you because you are on a physical planet here with us.

HAM: There are many problems. Mostly concerning human will. You are like children with little knowledge of potential problems which lay ahead involving decision-making, whereas I may see a potential problem more easily/clearly. I am restricted in my advice. It is for you to learn mostly on your own how to grow and foresee the future.

WILLEENA: Ham, about a week ago, my boyfriend Brad, was talking about wanting to begin the process, the journey, in looking for the place (area) he would finally settle. For some reason, he looked right at me and said: "maybe Manitoba, Canada" the place where you say your headquarters are. I just wonder if that was his Thought Adjuster talking or bringing that to his mind? or just a strange coincidence.

HAM: I don't know. It could be coincidental, yes, and maybe not. It is fruitless to try to see Morontia existence/structures, for you cannot see them or be aware too much of our realm. It would be just as well to be anywhere. It would not benefit anyone so much to be there (Manitoba).

JEREMIAH: Teacher, I have one more question: If I know a person that claims they are an atheist, and they die, and I believe that they are a fine person is there anything I can do to petition without leaving it all up to the Ancient of Days to allow them to have another chance on the mansion worlds? Is there anything as mortals we can do to petition a decision like that on first life extension?

HAM: There is nothing which you can know which is unknown by his indwelling Spirit. This Spirit will provide all necessary chances for decision-making on this world or the next. You needn't have anxiety. All is known and mercifully prepared for. (Jeremiah: Thank you.)

HAM: Rebecca is growing weary with speaking. It is well that I leave you for one more week. I will return next Monday and will prepare my lesson for then. In the meantime, I bid you, farewell.

Spiritual Healing And Its Affects Through Faith | Life Carriers Are The Healing Agents

Horace & Ham, WOODS CROSS, UTAH 11-11-1991

Back

[Editor's note: Horace was a celestial teacher on the staff of Abraham who was assigned in September 1992 to a group in Winnipeg, Manitoba, Canada. In the weeks prior to this transmission, Joshua had been engaged in healings, with the assistance of Life Carriers. One recipient of these healings, Ramena, in California, passed

away the previous week to tonight's transmission. It is important to note that in 1997, Abraham taught several further lessons on this gift of healing (beginning this lesson in April 14, 1997).]

Greetings. I am HORACE. I am a teacher sent here tonight in order to effect my understanding of this type of communication with the help of Rebecca. It is new and interesting to me to experience this myself. English is hard for me to word formulate. However, since all is proceeding well enough, I will therefore attempt to give the lesson tonight on spiritual healing and its effects.

The method by which these healings are taking place is not miraculous. No. It is a method used often in many diverse situations in Satania. The healers (healing agents) who perform these healings are Life Carriers. They are well in understanding of physical/material bodily structures, and effect healing through energy-transfer and rearrangement of stimulus patterns within the body.

There are within living cells an energy which can be either stimulated for growth and secretion of chemicals; or, cell death and removal. Each living cell within the body carries these attributes within itself. Specialized cells in organ structures are utilized in varying degrees, depending upon the problem. Often when a change in cell stimulation or cell death has occurred, then this change is permanent (lasting) so that after healing is completed, permanent change has been affected and the body's natural harmonious balance is restored.

Ramena could have been completely healed. It was her desire to begin a new life. This was not the error of the Life Carriers assisting her. Her condition was very severe, and changes in some bodily areas were well under way, but others were not. These healings, as I say, are not miraculous and instantaneous.

It is our hope and desire for all who seek this healing to understand its mechanical effects. Yes, it is at once, dependent on faith, also. Often with the spiritual/mental poisons of the mind, fears can chemically imbalance the body which greatly retards this healing effort. Simple faith is very necessary not only for energy channels to open within and allow healing to take place, but for mental soundness in healing acceptance.

Halfhearted wavering between doubt and belief is detrimental, both mentally and spiritually, and can set back healing efforts. Faith is miraculous in itself. Faith is extra-material, yet not fully spiritual; it is mental, physical, and spiritual. It is personality coordinated, unified, and directed.

Faith is the most wonderful gift there is to will-creatures and the most wonderful gift will-creatures may give the Father. Yes, even so, even in your darkest hours, your faith is your saving grace, gift, and bestowal. Thank you for allowing me to address you all this evening. I am very pleased to make your acquaintances. I will now allow for Ham to speak.

Greetings. I am HAM. I am your Teacher. We thank you, Horace, for joining us this evening. And now if there are questions which I may be of assistance, I will gladly accept them.

JOSHUA: I would like to ask on the lesson that Teacher Horace gave us on healing: If my understanding is correct, that the healing goes through channels like water goes through pipes. If there are valves in those pipes that are turned off it is faith that opens those valves so the healing energy can flow through. Is that correct? (Ham: Yes, in a way. Correct by analogy.) Joshua: Thank you.

JEREMIAH: Father Ham, I have three questions on Horace's lesson tonight: The first one is that he was talking about these chemicals that are secreted that can actually trigger the healing process. Can man someday be able to formulate these cell-stimulations as enlightened humans? For example in Light and Life times when we exhaust all possibilities of science and medicine in our stately existence, can people be trained how to do that? and do so, directly, without Life Carriers?

HAM: No. This is a peculiar Life Carrier prerogative and is not available, per se, to mortal man, except in certain drug therapy and the like, which is a form of chemical realignment different than the cell-stimulation through faith. This will become more and more fine-tuned as civilization progresses.

JEREMIAH: As was, for example, penicillin in our twentieth century? (Ham: Yes). Jeremiah: The second question I have: The Urantia Book discloses that our planet was a life-modification planet, and the Life Carriers were trying to increase the healing capability of our life plasm. Is this the same chemical? Or is this more in the lines of smaller ails and wounds like, say, on the skin? I'm talking about the healing process they are referring to in the Urantia Book which the Life Carriers were trying to perfect.

HAM: Injurious healing is always the same it is healing by growth-regeneration of cells which also secrete chemicals for their protection and pain diminishment. It is hard to explain the many chemical reactions which take place in wound-healing. There are many thousand.

JEREMIAH: Thank you. And my final question: When Jesus was on the planet when He was doing healing was this the same healing that Teacher Horace was talking about, just sped up? Was this such a technique, or was it miraculous?

HAM: The Creator Son has many prerogatives in creatorship ability. He is unique in all His abilities in this universe. Depending upon the healing situation/requirement, He is able to use many different levels of energy transfer, even material energy transfer, which causes instantaneous (more or less) healing. This is unique to him. (Jeremiah: Thank you, Teacher.)

RACHEL: Father Ham, I too thank Horace. I am happy that he could be here with us. If you will, Father Ham, I would like you to tell me an answer to a question that someone asked me, if you would please? (Ham: Yes). Rachel: He asks If God is a good, kind, and loving Father, why does He allow the little children in Ethiopia, and a lot of the other countries, to suffer so with diseases and starving to death? He understands that the grown-ups have probably made their own bed and must lie in it, so to speak, yes, but, the young children, they can't understand. Could you help me with it, please?

HAM: Yes. There is no suffering which our Father is unaware of. He does not turn away from those who need. He is suffering with anyone who suffers; and, He is ever-present in the heart of all who believe. It is not any part of God's plan for us to allow for suffering. It is the natural outworking of the overall divine plan to allow man his free will. Adult freewill decisions, and multiplied over long periods indeed, may result in much human suffering. We are all God's children small children and adult, alike. No suffering is in God's purpose for us. Evolution and human societal structuring, is progressing and will eventually eliminate this horrible spectacle of intense human misery. It is a passing age on Urantia which will someday sprout into a new world in which there is becoming (year after year) a very lessened human suffering; yes, less pain and less misery. Perplexing as it is to witness such suffering, know that it is a passing thing. You must use spiritual eyes to see. The dawn will come after the darkness.

RACHEL: I thank you, Father Ham. I will relay your message.

RISDON: Father Ham, recently my wife, Jana, has been told that she has a disease called Epstein-Barr disease. We did not find this out until she had seen many doctors and many months of going through many difficulties. Even with the knowledge of it right now in the medical field, it is something that is not well known about. We have been told about an alternative method to help her disease; it is called oxygenation. It allows oxygen to enter the body in high amounts; and by doing that, the virus goes away somehow. The more oxygen, the more the virus does not have the capability to survive. Can you tell me anything about this oxygenation, if it's possible that it might help her in relieving the disease?

HAM: No. I have not understanding of this relief method. The viral disease is not real. It is a man-made effort in attempt to understand symptoms which are not exactly the same between people. This problem is chemical imbalance only. Not the result of a viral infection. It can be treated by Life Carriers if you desire.

RISDON: Thank you. As a matter of fact, Jana has been getting healing from Joshua and they seem to be helping. I believe that Jana has very strong faith deep within; although, with many of the problems that she has had from this, and other things like the car accidents, sometimes her faith seems to waver. Is there something I can do to help her in her faith somehow?

HAM: That which you do, is well; I have not advice in this personal matter. You understand your wife very well and have always done well.

RISDON: Thank you, Ham. One last question I have is in regard to Teacher Horace's lesson: If somebody who has much adversity throughout their life if their faith has diminished, is there something that they can do in order to regain or increase that faith? or empower that faith, to regain its strength?

HAM: Individual remedies for individual persons. The Thought Adjuster knows best. (Risdon: Thanks again, Ham).

ROLAND: Father Ham. I met a man from India. He was raised there in his youth and

left in 1957 at the age of twenty-three. His name is Norden Amamy. He is a reader of all the holy books; his tradition is Muslim. He's impressed with what we have discussed over the weekend. He lives in San Francisco, and is interested if there is a group or a person he should find that would be readers of the Urantia Book so that he might be involved in that group. (Ham: This can be sought by human channels.) Roland: Do you know this man? (Ham: Yes, a little.) Roland: I will tell him he is known.

HAM: And now, this evening's session is closed. I bid you a fond farewell. Until next week, my blessings. Farewell.

True Happiness Springs From An Internal Well | Fellowship Strengthens and Secures It
Ham, WOODS CROSS, UTAH 11-25-1991

Back

[There was a meeting the previous week with Ham and Norson (November 18th, 1991) which was a short lesson on healings and personal issues. That whole transmission is omitted for this MWT compilation.]

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Greetings this evening. I am HAM. I am your Teacher. Tonight I wish to begin as usual with my lesson. Our lesson for this evening is on happiness. Happiness, peace, spiritual fulfillment, is part and parcel of God-knowingness. Happiness, true happiness, springs from an internal well. This well, found in stillness and the peaceful quiet, wells up within the soulrefreshing not only yourself but all those who chance to come in contact with you.

Many years are normally spent in unhappiness in 'passing happiness,' that is. Happiness is not found in external stimulation, possessions, physical adornments, infatuations, or wealth. True happiness is only found within, and augmenting this happiness is our relationships with others. Friendship/fellowship of all kinds augments, strengthens, and secures true happiness.

Remember, you always have this refreshing well of happiness to drink from. All aspects of life are enhanced: friendship is made more meaningful; daily burdens are lessened; the stress of living is replaced by the joy of being; the wonder of existence replaces the doldrums of the daily routine. Yes, happiness must be shared for it quickly dies in solitude. Live life to its fullest by sharing it with your loved ones, your friends, your true neighbors. Sharing of oneself is God-like. And now I will receive questions.

JOSHUA: Thank you. I have one general question: In the Urantia Book it talks about if a person reaches 'the third circle of psychic attainment' that upon death they can be re-personalized 'on the third day.' It also states that one 'System Day' is equal to about three Urantia days. How long does it really take for a person who reaches the third circle to be re-personalized in Urantia days?

HAM: This depends on spiritual advancement. Third circle persons are candidates for

this immediate re-personalization. The 'sooner or later,' depends on individual circumstances. The 'how long,' is irrelevant and unmeaningful. It is not a question of concern.

JEREMIAH: Father Ham, I have a question regarding ?sacraments.? What can you tell us about sacraments? Do you have them? I think the ?remembrance of Michael sacrament? is one.

HAM: Yes. The ?remembrance of Michael? is symbolic bread and wine ingestion, which has been termed a sacrament. In our temples of worship (on high) symbols are not employed. We attempt to discover true worship in its pure sense. Again, symbols and sacraments are not employed.

JEREMIAH: Thank you. To follow up on Joshua's question. Are you at liberty to tell us anything about the borderland is there a place between living here, this Earth, and higher realmsthe arriving on the Mansion World? There is reference to it in the Urantia Book but nothing too much is said.

HAM: No. I am not at liberty to discuss this time-period of transition. (Jeremiah: Thank you.)

JEREMIAH: Teacher, I have a series of questions that are concerning the physical and the spiritual world: What can you say about crystals? Some people attribute healing to crystals, or just generalizing to any kind of molecular structure that could allow the focus to intensify spiritual energies. Is there truth to any of that? We do know from the Urantia Book that there is a "sea of glass" on the architectural worlds which facilitate transport as well as, I think, spiritual reflectivity communication. What can you say about crystals?

HAM: Crystals are unique physical molecular forms. They can, in certain circumstances, transmit and amplify energy which may be reflective of spiritual substance. [Editor's note: The rest of the meeting was regarding personal questions/answers, and is omitted here.]

One Mighty And Strong, Gabriel | The Upcoming Los Angeles Announcement
Ham, WOODS CROSS, UTAH 12-02-1991

Back

[Prior to tonight's lesson there had been a discussion regarding an expected visit from Gabriel, next week. Also, prior to this night's transmission was group discussion regarding Ham's request to address the General Council at their Los Angeles upcoming meeting in February 1992.]

I am HAM. I am your Teacher. Greetings. This evening I have decided to discuss with you certain matters of your interest. The first and foremost in your minds is that of the Gabriel visit next week. I need to prepare your minds and attitude for his coming. He is ?one mighty and strong.? He is Gabriel, the firstborn of Michael; the Bright and Morning Star; the chief executive officer of the entire universe of Nebadon. Your world is significant in his regard. He has spoken his intention to address this group. His brilliance will be overwhelming. His person is overwhelming in itself.

Even if you do not see with your physical eyes, Gabriel's spiritual brightness would still be overpowering. He is a son of vast wisdom, experience, knowledge, foresight, and insight. He will know you in an instant. He is truly representative of Michael in all things. He is one and only. He is the first-son of our Lord Michael, who, in all intents and purposes, represents Michael in the universe.

You will see the reality and importance of Gabriel's visit in your lifetimes; it will likely only happen once. Understand, your will/dignity is left intact; he is respectful of that. Your entire lives may be drastically changed by his appearance. Look well into your hearts and come to him with pure intent. He acknowledges no falsehood, and neither should you in yourselves. Respect, rather, your God indwelling. Respect yourselves, your intentions, your decisions. Grow nobly as strongly anchored, centered, and well cared-for young trees that you are.

Receive these words sent from our divine Lord Michael as water to a thirsty young tree. What I do is preparing for this and for what comes after. My friends, you have come very far. You will go also very far, as I have told you in the past.

Secondly: This meeting of the Urantia Book Fellowship of readers in Los Angeles will eventually be very fruitful. In the immediate reaction, you will not see the seed which has been planted, sprouting, for it is small and goes unnoticed; it is covered-over by the old way of seeing things like brambles over the soil in which the seed is sprouting. Let not your hearts be troubled by this seeming unfruitfulness at first, in the end result, many will be drawn to our new path.

Yes, this upcoming meeting is of the utmost importance for all mankind. This is the testing ground. You will witness the word of God spring forth righteously, nobly, and with power. Our time is drawing short. I will receive questions now.

RACHEL: Father Ham, I have the honor and privilege of addressing you first this evening. I want to thank you for the beautiful description and insight of Father Gabriel. I don't know exactly how we should address him, but want to thank you. Also, I want you to know how much we love and appreciate you. We have three women in Golden, Colorado by the name of Paula, Joanna, and Mary. They would like to know if they may receive tapes of these meetings? Also, if they come to Salt Lake, could they have a private session with you; and if so, when?

HAM: Yes. They may receive taped transcripts. Yes. They may receive a meeting with me privately at their convenience next month. (Rachel: Thank you, Father Ham.)

JOSHUA: Martha called me yesterday; she attended a Urantia Book study group meeting in Pocatello, Idaho. She told them about some of the events that are transpiring here and reports they are very excited and want to hear more. She desires to know if she may share the tapes of these meetings with them? (Ham: Yes. Nothing is hidden from truth seeking children.)

JOSHUA: Is the spiritual center of the world in Mariposa Grove in Yosemite instead of Manitoba? (Ham: No. It is as I have told you.) Joshua: Thank you very much. With Gabriel's coming here next week, may I invite Andrew and Ruth? (Ham: Yes. Yes, this would be permissible.)

JEREMIAH: I have a question regarding Gabriel. We know he came to our world and talked to Elizabeth and Mary; and he also visited with Jesus. Has he appeared to mortals since that time till this present year? (Ham: No. He has not.) Jeremiah: Thank you. It's a great honor for our group to have his presence. I have a general question regarding the evolution of communication to mankind. I see four generations relating to the development of communication with mortals. The first, being when we first learned how to talk. Second, when we learned how to write. Third being the printing press. And now some people are saying the fourth generation is with computer technology. We know this teaching here, from you, is a supernatural way of communicating. I assume that Gabriel will also be using other techniques. And of course Havona, and other worlds on high, use harmonics and other forms of communication. Could you tell us what the future holds for this planet? Will there be new and better ways of communicating downstream? for example, as we approach light and life, and the final stages. What can you say along these lines?

HAM: Communication still is between minds, from one mind to another. When you listen to another speak, that person is communicating a thought process. When you read a book, your mind is reacting to the thought process of the mind of another personality, even if long gone. The same is true of computers but speed, accuracy, and ease of transferring thought communication is enhanced. It is not "better;" per se; nor is it more effective in actual communication of thought-intent process. In many ways, its characteristic is more sterile in that it is cleaned of inaccuracies and there is less misunderstanding of language. However, the subtlety of human communication is often shaved away leaving the brilliance of black and white without the gray. Much of the beauty and texture in language communication is in the pronunciation and inflection of tones; this cannot be duplicated in a machine. In our teaching you, we utilize human beings for our communication for this reason; it is much richer and more readily understood in subtler tones and nuances. Is this helping?

JEREMIAH: Yes it is, teacher. One final question. In regard to next week's meeting, what restriction do you have on who should be here? Because tomorrow I go down to Albuquerque for a week, and would it be permissible to invite Patrica, who was here a couple weeks ago, as well as Karen. Karen was the one who had the midwayer teacher, Jack, back in the early eighties. Or, is it just strictly this study group, the people who attend regularly that you want in attendance next week?

HAM: No. It is permissible to invite those who you can entrust with such a sacred event. But as you will see, there may be those who do not see. (Jeremiah: Thank you, teacher.)

JOSHUA: Father Ham, after Gabriel appears to us, is it permissible to more or less broadcast this around? Are there any restrictions on who we tell? (Ham: As always, use wisdom and discretion. It would not do to have it on the nightly news.) [group laughter.]

RISDON: Father Ham, over the weekend I was reading a book that gave me some good insights on abundance. The example they used on this was about, and I hope I say this as clearly as the Urantia Book does, but that we are a self-expression of our

Father in individual form, and because of that, we are encompassed by the Father, everything the Father is. And also because of that, we really have abundance available to us in every form whether it be in material things, our career, or health, or any of those. Can you discuss briefly about abundance and how it can be obtained?

HAM: The mortal mind tends to focus on problems, and it fears scarcity. Your recognition of your abundance is good, yes, for it is better to practice focusing your mind on what you have what is available to you, which is abundance. The Urantia Book says most mortals are truly rich in faith, yet they refuse to believe it. This is a truth; it has been observed for many many generations. The fear in scarcities tends to overwhelm the understanding of the truth which is, you all indeed have abundance; it is the gift from our Father. Yes. Recognize this gift and be thankful and rejoice in it rather than allowing a fly to spoil the ointment. One of Christ's most effective sermons concerned this lesson: "Consider the lilies how they grow; they toil not, neither do they spin." And also: "There is not a sparrow that falls from the tree without my Father knowing; and how much more precious are you than the sparrows?" Yes. Receive His goodness into your lives and all aspects of life are enhanced. "Seek first the kingdom of heaven and all things necessary will be added unto you." That is all. (Risdon: Thank you, Father Ham, I appreciate it.)

ROLAND: Regarding our stillness/meditation practice, I have been trying to get ?into the moment.? The process that I am involved in now is taking anywhere from an hour and a half to two hours long. And reflecting on what you had mentioned, ?about ten minutes?am I over-doing it then?

HAM: Take as much time as you require. Father begrudges His time not. Certainly, He is happy to have opportunity for communion with His son.

SONJA: The Urantia Book says that complete understanding between men and women is unattainable and I have been just really frustrated lately in trying to communicate with someone. Is there anything that you could help me with, or help all of us, in trying to understand each other?

HAM: Understanding grows when minds are sympathetic. There may not be complete understanding, but harmonious relationships are certainly attainable. Sympathetic mutual and non-judgmental attitudes are essential in this love-growth. The strength of man is logic; and the logical thought pattern is somewhat inimical to the strength of women, which is intuition; she, in many ways, finds it easier to follow God, for His communication is often in that intuitive realm. This (intuition) is a great and noble strength which should be respected in this world although, it is largely unrecognized. These two complementary (yet different) mindsets are wonderfully expressive in union of the Father and His creation. In union, there is tremendous and entire nobility of expression of both men and women, together. This union is sublime, stronger, and more beautiful than either one, separate. It is meant to be so. Is this helping, Sonja? (Sonja: Yes, very much. Thanks. I'll try harder.)

ROINDA: Ham, first of all I am glad to be back. I've missed everybody in the group. I have missed you and your teaching. Secondly, when you were talking about Gabriel,

you mentioned that even though if we didn't see him with our eyes, that his presence would be so powerful that we would be able to feel him. And I wondered, does that mean that some of us may not be able to visually see him when he appears?

HAM: No. Only that his person is so bright that his presence would be felt even without the visualization. Visualization will be available for all depending on each individual's preparedness. (Roinda: Thank you. That clarifies it.)

MELISSA: Father Ham, I was wondering when you look at us, do you see light illuminating from us? (Ham: Yes. I can also see your souls, you see.) Melissa: Thank you. Are our lights different colors? and does it illuminate brighter at different times, or stages in our growth?

HAM: Yes, it (this light) is from a different part of your being which is developing, though in embryonic form at this time. It will become more manifest in time as you yourself will experience. Different colors? No, not at all. But rather, a spiritual brilliance which I can perceive, which your material eyes cannot. (Melissa: Thank you, Father Ham.)

JEREMIAH: Father Ham, has Father Gabriel been to any of our meetings in the past, as an observer? (Ham: He has observed from afar.) Jeremiah: Thank you. Is it possible that in his presence, to advance a psychic circle if one is soon ready to advance?

HAM: Yes. Many things may happen to you, individually. Yes, it is bound to make a profound impression lasting throughout your eternal life.

JEREMIAH: This is exciting. We are all looking forward to it. Can Father Gabriel manifest his personal presence by himself, or does he need help from power directors, or celestial beings? (Ham: Power directors will be employed, yes.)

JOHN: Father Ham, when you were speaking of Gabriel's visualizing, and of our false intentions, would these false intentions be self-deceptions on our part? or would they be more of a willful false intention. (Ham: Both. Yes. It is good to be self-searching at this time yes, son; however, you do well. Worry not.) John: Thank you.

RISDON: Father Ham, when you say that you can see our souls. Can you explain or describe what that looks like to you? (Ham: Rebecca will explain, for I have just now visualized to her.)

WILLEENA: Father Ham, does Father Gabriel know each one of us individually, as does our Lord Michael?

HAM: No. He will discern you when he arrives. You will be aware of his understanding of you. (Willeena: Thank you).

DAVID: Teacher, when you mentioned the number of worlds in Michael's realm, I thought I read in the Urantia Book that it was somewhat over three-million at that time when the Urantia Book was published. I thought you said seven-hundred some-odd thousand worlds. Did I just misunderstand you?

HAM: Correction. You are correct. I was referring to Norlatiadek only. My apologies for the miscommunication; please excuse me. [Editor's note: The balance of the meeting is omitted because of the personal nature of the questions and answers.]

Visit of Gabriel and Gavalia | Admonition to Avoid Splintering

Ham & Gavalia, WOODS CROSS, UTAH 12-09-1991

Back

HAM: Greetings. This evening I wish to begin with a short lesson on understanding. This is a very diverse group now and is becoming more so. In time, your fellowship will extend throughout the world; and it is becoming into our awareness that it will be difficult for all of you to remain in close contact for understanding to be complete.

I am therefore, warning and admonishing each of you to be understanding of things you don't understand. Have enough room in your heart for patience, tolerance, forbearance, for I will not have any fractional splintering if it can be avoided; and it will, and should be, avoided entirely.

You who are here this evening are the forerunners of a vast and far-reaching spiritual mission; you are among the first, and many in later times will envy your position now. Carry out your duties and responsibilities with a measure of good cheer, lightheartedness, and a welcome attitude.

All of you gathered here this night will be witnesses to an epochal event. You are my children, my friends, my associates. I hope you can know in your inner self the significant and importance of this evening. I will now ask each of you to pray and make yourselves ready. [group pause.]

I am GAVALIA. I am an assistant for Gabriel. He is with us also, and has requested me to speak to you. I am the Brilliant Evening Star. My order is mainly used for human contact. I carry a message from MICHAEL:

You will see with your morontial vision, Gabriel, the Bright And Morning Star. He is my supreme messenger. You are walking the road I opened. Many of you will lead on this highway of salvation. You are my ministers for this unhappy world. You bring words of joy and peace. Care for my sheep. Feed them with love and kindness. Water them with truth. Guide them, gently. Remember who they are. Remember who you, my children, represent. Remember my words, for this I send you. Carry on.

[The balance of the meeting was personal and not recorded. Some had experience with Gabriel's visit, "the mighty and strong one" and others did not.]

Father's Mercy is Abundant. Fear Has No Place Between Father and His Children

Ham, WOODS CROSS, UTAH 12-16-1991

Back

Greetings. I am HAM. I am your Teacher. My greetings to you all. This evening I wish to begin with my lesson although I am aware that you have many questions for me.

Also, I have something to tell you concerning organization in the future. Rebecca has been under strain for many years (work-related). She is coming to require additional time of recreation and rest. She is correct in deeming the Los Angeles meeting as a priority and has requested that private meetings be postponed till after this event.

I wish to grant this request with an exception. The meeting request with the Colorado group is granted. All others are postponed. Roland is beginning the practice of transmission-receiving communication and will be assisting with this part of our mission. He will soon be prepared to relieve Rebecca at intervals. This is looked upon with great promise and hope. All are in understanding, Rebecca, be not worried.

And now I would like to proceed with tonight's lesson on mercy.

Our Father is unbounded understanding. His mercy is abundant and ever available for you to draw upon. Our Father is always malleable to any situation. He is not inflexible. He is always able to respond to your innermost heart. He is abundant in wisdom, and this wisdom is merciful. No thought or deed is too far for His all-encompassing knowing.

Blind iniquity stands alone by its own choosing. All who desire to know God and find their way in His bountiful kingdom, are welcome. No man may close the door my Father has opened. Abundant is His knowing, understanding, merciful forgiveness; and indeed, joy at finding His lost children.

Many of His children feel they must hide a part, a secret part, from His loving gaze. This is not true. Our Father knows your hearts, and by your willingness to open your secret places to Him are you increasingly strengthened, and indeed, saved. His love is ever ready to respond to every opening of His children. By His power have you truly, power. By His strength have you, strength. By His love have you, love.

It is by increasing to open your innermost being that you increase your God-knowingness and God-likeness; and by this, you become a living channel for His light and love. Fear has no place between our Father and His children. Knowing His love, is all that is required. That is our lesson for this evening, and now you may proceed with your questions.

RACHEL: Father Ham, we have three newcomers that I would like to present to you this evening. We have John Covington and his wife, Valeta; and Len McKee. John and his wife have had the Urantia book for about a year. Len has had it about three months and is about two thirds through the book, which I think is great. I think all three of them are spiritual, Father Ham.

HAM: Thank you Rachel very much. I am well pleased to welcome you all here tonight. Any further questions?

JOSHUA: Father Ham, I received a letter today from Steven Dreier the president of the Urantia Fellowship. I would like to read just a few excerpts from it and ask your

opinion:

(Steven Dreier.): The spirit of the Executive Committees decision is that no meeting between the Councilors and the Woods Cross Study group be scheduled anytime on the weekend of January 31, 1992, either formally or informally. We respectfully ask that you refrain from any attempt to involve the General Council in your activities during its January 1992 meeting. Should you ignore this request and proceed with your plans you will be attempting to impose your convictions upon a group of which you are not a part, and which is neither requested nor does it desire your presence. You will be interfering with the right of others to pursue their convictions as they see fit. We appeal to your sense of fairness and appropriateness in asking that you respect our right to reach our own decisions and that you allow us to structure our meeting as we think.

JOSHUA: Father Ham, is it still your desire for us to make arrangements for you to speak at that meeting? (Ham: Yes.) Joshua: We thought it would be that way. Thank you very much. We will do it.

JOHN: Teacher Ham, there is a word that I looked up in the Concordex to see if I could find a reference in the Urantia Book the word is?anointment.? Can you explain what that is in relationship to our mission?

HAM: Yes. Anointment has been used on your world for many ages as being symbolic of entrance into greater service. Priests are anointed; upon completing vows and sacred duties they are anointed into a brotherhood. Spiritual anointment is analogous in that you are now entering into a phase of greater service. To take on this service for Michael is a noble and sublime duty. He has called you all into this greater service which is even now forthcoming. Does this answer? (Roland: Yes, it does. Thank you.)

JOHN: That makes me feel a lot better. In reading the Urantia Book during the week, I found a part where Christ was saying that self-analyzation doesn't lead to character growth; that character grows, it is not built. I was doing a lot of self-analyzing this week and really didn't understand that. I was wondering if you could explain?

HAM: Yes. Some self-analysis is not always unfruitful. At times it is wise to be self-searching to know your limitations and weaknesses, which you may then pray for guidance, strengthening, and understanding. By self-searching and prayer, these shortcomings are consciously addressed and consciously turned over to God. It is wise at times to do so. Overmuch self-analysis with the mind of changing character by force of will, is faulty and in error. You may say: "I wish to have this virtue," and humanly force this onto an unsound framework. This cannot stand, will not hold up, and is destined to fall, crumble. Virtue and righteousness are things which grow naturally from God-knowingness, from willingness to be God-led and God-grown. These will spring forth within, as do all righteous virtues; these are secure and steady. They, once acquired, cannot be disowned; and you would not disown them by force of will. The others, yes by force of will are easily shaken off. Is this helping? (John: Yes. Thank you very much).

MELISSA: Father Ham, in one of our study groups this question came up from the Urantia Book: On peripheral Paradise, there are historic prophetic exhibits areas assigned to the Creator Son. Could you elaborate on this? What are in these areas?

HAM: I have not seen them and know little more than that. I cannot elaborate without truly knowing. (Melissa: Okay. Thank you.)

JEREMIAH: Father Ham, after the December 9th meeting, were more spiritual beings assigned as spiritual helpers to us? (Ham: Yes. In some cases. Yes.) Jeremiah: Thank you. One last question: I understand that the Universal Father, Eternal Son, and the Infinite Spirit, have complete and full knowledge that they are conscious of our consciousness. The question is: With Michael and I know that we are to consider Him as our spiritual Father/Brother, the Spirit of Truth but does He have complete and full knowledge of us? or does He have to use other techniques? (Ham: He has access to any information necessary. He can have full and complete knowledge. Yes.) Jeremiah: Thank you, Teacher.

JAMES: Teacher, we are in understanding that our English language is, at best, a crude way to communicate, and it is fraught with ambiguity. Many of our scriptures and spiritual teachings on this planet have a lot of ambiguity in them; and even your words to us are sometimes ambiguous do you ever deliberately introduce ambiguity into your teachings, knowing we may misinterpret your words?

HAM: No, no, this is not deliberate. Your word forms are necessarily ambiguous often and require spiritual insight to find the true meaning. It is not my intent to be overly ambiguous so that the spiritual message is misconstrued. No.

JAMES: Given the fact that you and your associates can monitor our reactions to your lessons do you sometimes allow us to continue on even though we misunderstand one or more of the concepts you have tried to teach us?

HAM: All understanding will surely come in time; and yes, often misunderstanding (partial understanding or incomplete understanding) is in the way. Often my teachings are repeated later to help clarify these things when you are more spiritually prepared to receive them. It is, again, not intended to mislead. (James: Thank you very much, Teacher).

WILLEENA: Teacher, my questions are a little bit along the lines of James? last question: It came to mind that I have had a wondering with regard to our December 9th meeting, the Gabriel event, and the unusual procedure that it followed. I guess my first question is: Were there many more spiritual beings in our presence than usual? And then my second question is: Was there some purpose in allowing us to stay with our expectations for the length of time that we did without some communications to us with regard to what was occurring from that on your end? Did it serve us in some way to experience it exactly the way we did? And was this deemed somehow valuable? (Ham: Yes. Yes. You are understanding with spiritual insight. Yes.)

WILLEENA: My sense of it is that we have been, and forgive me if this sounds goofy but, like children being so eager to learn; your teachings have been so wonderful for us. It's been a little bit like being able to be spoon-fed. And that

evening last week was such a difference; we were left on our own only with our faith??at whatever degree we had it??throughout the night; and it was an experience that was very affecting. I can see that, for myself, it really served me and I realize that I went through a lot of fluctuation between what John said regarding the place 'within' that ?felt unworthy,? and then feelings of being spiritually enveloped. For me it was not particularly a matter of whether Gabriel ?appeared? or not, but just simply the place in myself that is seeking to heal, to come into the light. And it was really a powerful thing for me to get in touch with it so deeply, and continue to offer it up to the Father that it may heal. And so I really thank you and everyone that was involved because it touched me, and I know that I am a different person from that night. I really appreciate it. Thank you.

HAM: Thank you, Willeena, I will close this evening on those words so graciously spoken and touching. Thank you all for being here this evening. I will be here next week, and I bid you a fond farewell.

Greed Comes In Many Forms Besides Monetary Pursuits

Amster & Abraham, WOODS CROSS, UTAH 12-23-1991

Back

Greetings. I am AMSTER. I am a Teacher. I am here this evening to understand this communication in detail, and through personal experience. I was also, like Will, a female person in my birth sphere. [long pause.] I am having some difficulty in this communication and you must please excuse me for proceeding slowly.

My lesson tonight is on greed. There are many forms of this human characteristic/trait of greed. Most of the time we think of greed as concerning monetary-related values this is not always so, for greed is a deep-seated human emotional characteristic. Greed is manifested in many other ways also, such as selfish desire for attention from others and the lack of consideration for their needs.

It is important to recognize greed in its many manifestations. It is not a mortal sin, however, no. It is rather a leftover from primitive times when self-preservation was more necessary. Now, in your modern day, it is seen as childlike. The mature person is grown beyond the mere innate instinctive passion for self. The mature person is seeing himself in a broader context. He understands his dependence and devotion to others and to God.

This, the understanding of oneself within a community network all dependent on our Father, frees the individual from instinctive 'fear for self.' And such a one can begin to root out the weeds of greed and other self-serving motivations. Yes, it is a true understanding of reality that one can become fearlessly 'unselfish.' And this concludes my lesson this evening. I will answer a few questions and then Abraham would like to say a few words.

JEREMIAH: Teacher, I have a question on your lesson. When you are referring to greed having origin with the primitive (the early races), does that mean that eventually (in the advancing races) we can eliminate this from the gene pool? Or does that mean that no matter how advanced the races are, greed and other undesirable animalistic traits are always present? and that, as mortals, we just have to transcend them?

AMSTER: The latter. In advanced cultures, greed is not as sharp of a pain upon society. It is dulled, softened and in general, lessened, even among children. Diminishing greed is the fruit (evidence) of an advancing culture.

JAMES: Teacher Amster, I have a question regarding your lesson. Perhaps in a world that is settled in Light and Life it would be much easier to be unselfish to think only of other people and how you can be of service to them because you would know other people are thinking of you. And in an economic sense, there may not be that fear of deprivation, economic deprivation. But in today's world on Urantia, we seem to be dominated by selfishness and greed. I think many of us feel fearful that if we really attempt unselfishness, we will be taken advantage of, or not have enough ourselves, which would cause us suffering in many different ways; particularly an economic suffering. Do you have any words to address this?

AMSTER: Yes. Unselfishness does not mean recklessness, over-generosity, or encompass foolhardy actions. 'Fairness in fellow-dealing' does not risk yourself. To do unto others as you would have them do unto you; this does not involve reckless or unwise opening of yourself to economic vulnerability. It is, rather, a person-to-person day-by-day living as in God's sight and showing His noble character through yourself. Walking in light will not require stumbling in darkness. One foot before the other on firm ground is all that is asked. You, not any of you, are asked or required to risk your security. Be assured that your ultimate security is in God; and He who loves you, protects and cherishes you, will not put you in harm's way. Is this helping?

JAMES: Very much. It is a very beautiful teaching you have given us tonight. Thank you.

ROLAND: Teacher Amster, in my readings of this last week, many of our will-creature difficulties come from following the ego as opposed to turning to the indwelling Spirit guidance. Regarding the idea of greed being based primarily on the illusion of scarcity we produce our own scarcity by paying attention to it; but likewise, we can produce our abundance by paying attention to the abundance in the world God has given us. Is this a higher law than the one of 'security?' And, is it true that the ego is producing the illusion of scarcity and therefore, greed? (Amster: Your understanding is correct. Yes.) Roland: Then in our evolution into Light and Life, it seems as if our requirement in the stillness, when we have security matters that we are dealing with in regard to material well-being, that if we pay attention to the indwelling Spirits' leading and guidance it will take us to abundance. Is that correct?

AMSTER: This is a more personal question; it is, in the main, correct. Also is there the guidance of your indwelling Spirit which seeks to teach you through life's schoolroom the important matters beyond the material. It is in apparent material failure where are found those gems of immense treasure, which will keep with you always. "Where your treasure lies, there will your heart be also." This divine treasure cannot be plundered. It is impregnable. Always understand Father's higher aim for His child, and be not overly concerned with temporary material failure, for all your needs will be fulfilled by His wisdom.

ROLAND: Is it well then to pray for an attitude change? and an attitude of non-attachment to 'material-needs greed,' as well as the greed which you spoke of in regard to 'attentional greed' for oneself? and other attitudinal ego errors, for the lack of a better term?

AMSTER: Yes. It is well to know where your true treasure lies. Matter is temporal, it is changing dust. Even great wealth is only temporary. It is not the means by which you build your true security, which is in heaven. Always can we look beyond this life and realize that this fleeting existence will soon be over and you will be a citizen of the Mansion Worlds where greater gifts, even greater than these words of instruction, are given. You will still be living life and facing difficulties, yes, but you will have a longer viewpoint. I say, have this understanding with you now, look toward the ultimate goals rather than temporal ones, and know that all is in Father's hands.

ROLAND: Would it be permissible for us to know a personal history of yourself? Perhaps where you accepted or volunteered for your mission from for your Teaching Mission here on Urantia? What brought you to that act of volunteering?

AMSTER: In the ascension scheme, one often has the opportunity for greater growth and glory in service by taking assignments such as this to help enlighten those less fortunate. I felt myself lacking in this growth-promoting service and have volunteered for this supernal task of helping Michael's world, which is my honor and privilege to be chosen to be a part of. Does this answer?

ROLAND: Yes, it does except for the place it was when you volunteered perhaps you can give me some understanding of your world of origin? (Amster: I am forbidden to discuss my birth sphere. I volunteered from Jerusem.)

ROLAND: Thank you very much. It would be wonderful to hear a lesson regarding the circumstances in Jerusem, but I know that would likely be at another time.

JASON: Teacher Amster, back to the subject that James brought up: What about when a large financial entity in this world picks on a little financial entity and unjustly forces them out of the competitive market simply by low tactics should one stand up and fight fire with fire? Or, to take a mild stand and perhaps be subject to defeat simply because of morality?

AMSTER: The God-knowing man always takes the high road; yet, he is subject to the storms and trials of life all the same. He remains in a superior attitude and position in all respects. Be not concerned, for the evil and injustice which besets you is always vanquished with light, truth, and justice.

ABRAHAM: Greetings. I am ABRAHAM. I am the overseer in charge of this Teaching Mission, and have brought before you many noble minds and valiant hearts who have volunteered for this undertaking. Amster is due to be assigned shortly. You will be aware of this assignment.

There are others which you are unaware of at this time. They will eventually be

brought to your cognition. There are many future Teachers coming into assignment-level as we are about to embark upon a more widespread Teaching Mission, which some of you will be involved in facilitating.

The future bodes well, yes, and I wish to personally thank each and every one of you for your help and support in this noble cause. It is just beginning. You are seeing the first fruits of your labor. All will be clear in time and your purpose will be made manifest more readily. Teaching is our primary goal and objective. It is beginning to take shape nicely well.

I am very pleased with your personal efforts and sacrifices. You are well regarded in our circle. I wish you all well, and the best for you and your families. Be unafraid. Walk forward in light and truth always. I will be returning again next week also, and will give you further instruction. As for now, I will have to part and say, shalom.

Truth Changes Lives | Progress Report of the Teaching Mission

Abraham, WOODS CROSS, UTAH 12-30-1991

Back

Greetings. I am ABRAHAM. I will conduct this evening's lesson and question/answer period. I am going to tell you a little about our progress concerning our Mission assignments.

Like paper in the wind, many of our Teachers are unheeded. Attempts are repeatedly made for human contact and these attempts are often disregarded by their subjects. Enough time has passed now for the beginning phase of this teacher/student assignment. Learning and teaching will become your passions.

You are walking the road of righteousness and truth, which is becoming straight and wide. In broadening your mental capacity and outlook, you are able to perceive this road with clarity of vision and purpose wherein you are in little or no danger of falling by the wayside; for you plainly conceive of this walking task. And so it is! it is an easy task and full of many rewards.

Coming to our teaching valley (Salt Lake City area), we have tarried here for learning purposes; and it has been well worthwhile, for now are you coming in contact with many other mortals seeking truth revelations; and this is your first great test/mission. You have been tested; yes indeed, you have. And we are well pleased by your sincerity and devotion. Many lesser-tested beings would have been shaken greatly. I am proud of your steadfastness and loyalty.

Truth is powerful. The words of truth change lives, communities, nations, races, worlds. The coming of the Spirit of Truth changed your worldnurtured it through the dark ages to prepare the people for greater revelation. What you see now is the response to religion, which has been partially true through the dark ages. It is that truth within religions' message which creates this reaction now, even if error is contained therein. Still, there is also only partiality of perspective, guidance, and truth in our teachingfor all of the teaching short of Paradise, is so.

Ages are required for enlargement of concepts; and your world has been well prepared

for this. There are now five functioning Teaching Mission groups, and we are happy with them. There will soon be two more added, and these are a welcome enlargement for our purpose. There is only one outside the United States at this time besides the New Zealand initial group. Directly as result of your ministry there are many more groups responding, and we are responding in kind. Yes. Proceed with questions.

JOSHUA: Father Abraham, as you undoubtedly know, David and I went up to visit the group in Pocatello yesterday. There are two young ladies you are probably aware of by the name of Debbie and Frosty, who have evidently been receiving training from some Teachers, and they both volunteer to be transmission-receivers for their group they would like you to know that. In addressing the group, and trying to answer their questions, there was one question that I really don't know how to answer; and I would like if you would help me so the next time this happens that I'll be able to give a better answer. I think this question has been asked before in one of our groups. It is regarding people feeling they have experiences of 'past lives' which we know from reading the Urantia Book, cannot be true. But some people have been hypnotized and they say that they lived a life as the queen of Sheba, or someone else usually of great historical importance. They really believe in this and I don't know how to answer them in a positive manner to help lead them forward instead of turning them off. Could you address this, please?

ABRAHAM: Yes. This (past lives) is serious error in thinking. When we lament a glorious past, like the supposed golden age of Adam and Eve, with the subsequent fall from grace and causing the misery of man, it is looking at life as a lost potential and this is error when we believe that past lives were lived in better circumstances than present. This is akin to it; an error was made in thinking of past glory days, and reincarnation was imposed, you see that 'fall from a better state,' again. We should rather look at our present world as a springboard of boundless opportunity for future greatness. Potentials within are waiting to be unlocked and lived; they are not 'locked up' and you 'live again.' These potentials of 'personality-power' are awaiting expression, now. We are beginning the great adventure now! not reliving the dust of the past. The images which people perceive may be a forward-looking 'potential expression' from the indwelling Spirit illuminating 'character possibilities' and 'potential,' not memory from a past. Is this helping?

JOSHUA: Yes, very much. Thank you. In regard to what you were saying a few moments ago about other Teachers' efforts being "as paper blowing in the wind," could any of us help, individually? Could we help at all with any of these people that you are trying to have receive of your Teachers? I'm asking, could we, as fellow humans, talk with them, help them with a different perspective than what confusion is coming through their minds from the Teachers' words? I myself, would volunteer to go anywhere you want me to.

ABRAHAM: The coming into awareness that this (Teachers from on high) 'is possible' and 'is good,' are the two most important things. We are reaching now many new people, with Teachers standing by ready to respond to this awareness. They will experience this by themselves, without human help except for the planting of the seed, your presenting of this ideal. (Joshua: Thank you.) Abraham: You're welcome; and thank you, Joshua, for your willingness to help.

JASON: Father Abraham, if there is another group outside the United States, besides the one in New Zealand, is it in Canada? (Abraham: No, not yet. It is in France, quite isolated. Yes.)

JASON: About the New Zealand group, I have written them three letters and have had no reply whatsoever. Is there something that has developed down there that prevents them from returning mail? or is their time altered? What is their situation?

ABRAHAM: They are now retiring from their duties. They have completed their mission as far as public announcements and so forth. Now they are engaging in personal spiritual growth and teaching. They will, and have, touched many lives as indeed your own. Their work is complete for now, in public matters.

JASON: So they will still have access to the transmissions by yourself, but just in private? (Abraham: Yes. Would you like me to deliver a message?) Jason: If they could reply to my last letter only. That would be greatly helpful.

JEREMIAH: With the apostles when their Master left this world, they were saddened and depressed. I would like to ask you personally about that because I believe you had the same thing happen when your teacher/mentor Melchizedek left. My question is: What can we do, as a group or individually, to prepare for when the Teaching Mission leaves. And even if the Teaching Ministry is supposed to be active till the Trinity Teacher Sons come can you still comment on that question, please?

ABRAHAM: Yes. The Teachers are here for the span of time needed in preparing Urantia for her Teacher Sons. We are not leaving until that advent. Life is full and rife with disappointment and sorrow. Yes, great sadness and the feeling of abandonment overwhelmed the apostles for a time. Shortly, however, the Master came again and allayed these fears. His Spirit of Truth is poured out to be with you always. For myself, I shortly followed my Teacher with my own passing. He greeted me on my arrival on Mansonia number One. He has been my constant friend and companion since. Our short separation was mostly illusory I felt abandoned, yes, but was not. (Jeremiah: Thank you).

WILLEENA: Father Abraham, my question is regarding the actual effects of situations that are arising on the planets such as tomorrow mornings? peace/prayer meditation. There are groups of people attempting to affect the upliftment of the spirit and energy of this planet. My question is? and particularly with something like this meditation which is at 4:30 a.m., wherein there are people all over the planet who will be meditating at exactly the same time for world peace do these have effect? Do these kinds of events lift the spiritual consciousness of the masses on the planet? And if so, what would be a good focus to keep in mind in participating?

ABRAHAM: All prayers have an effect, yes, and the prayers of many have great effect. You do well to pray for your world and people. It is a good thing and is well thought of. Yes, it is a noble thing. Yes.

WILLEENA: Thank you, Father Abraham. I wasn't able to be here this last week, and I missed our lesson. In reading the transcript, there was a particular question that

has been on my mind; I hope you will allow it. My heart is searching for an answer that will really help me to grasp the essence of the Christmas season the real message that does somehow get lost at times with all of the commercialism and all of the stress that comes along with the modern day living around the Christmas season. I wonder if you could just address this, even briefly; just something to remind us of the true spirit of what we are celebrating.

ABRAHAM: This is for each person to find within, your own relationship to Michael and His coming next coming. Yes, all need to cultivate the soil of one's heart to receive His spirit, His words; and to look toward that distant happy horizon when He returns. (Willeena: Thank you, Father Abraham). Abraham: With that, I shall take my leave. Shalom.

1992 MANSION WORLD TEACHINGS

Place Paper 48 Section 5 at the top of Celestial Teachings data base.

For The Greater Realities Of The Kingdom Remain In Simplicity

Ham, WOODS CROSS GROUP 01-06-1992

Back

Greetings. I am HAM. I am your Teacher. It is an excellent evening for snow. I am not affected as you are. I admonish you all to exercise caution while driving.

Tonight our lesson is for the greater spiritual edification of all men. We are in the early beginning stage of the vast, yet relatively short, time frame period of correction. This is our duty and life purpose – to effect change and correction in many areas of human endeavor. We are, primarily, teachers of spirituality.

The matters of the spirit are of the highest importance for individuals, nations, races, and worlds. This is our primary objective – to raise the spiritual consciousness of all mankind. You who have been called forth will engage in this effort. In learning, hearing and receiving my words, you are growing and changing, adjusting inwardly to spirit-reality, which is the only reality.

It is requiring many years for preparation in this work, and there will be many years of labor in the orchards. I am using symbolism that is most illustrative of our work. The ground requires tilling and moisture and fertilization. The small trees require uprooting and replanting. The larger trees require pruning and protection from their many harmful effects, from insects, from birds, from frost. These harmful elements are poisonous to growth and deleterious to health.

Yes, you are all protected from these calamities. Little do you realize the full extent of your superhuman watchcare, even if you glimpse and acknowledge its ever-changing effects. All of you gathered here tonight have searched and found God within. You have acknowledged your status of sonship with Him. You have received His love, understanding of His mercy, understanding of His guidance, friendship – and indeed, His salvation. Yes. I know whereof I speak – all gathered here this night have received eternal salvation.

In instructing you in the greater realities of the kingdom it is helpful, or well,

to remain in simplicity, for the essence or core of the kingdom is simplicity. Often we search in complex philosophy for expanded mental vision into reality, and I say to you, it is not found there! Knowledge is essential for understanding, yes, this is so – but comprehension of the 'essence' of God's spirit is found in simplicity.

Have your hearts been opened to this wisdom? Do you see the divine plan working in this? Do you have the childlike attitude necessary for reception? Do you have the strength and courage of robust forthright men and women who can grasp this understanding and make it your own? Yes.

I will receive only a few questions this evening. I am aware of Rebecca's headache and desire a clarity of my words. Proceed.

RACHEL: Good evening, Father Ham. Thank you for the beautiful words that you have just spoken to us. Tonight we have three guests from the Pocatello study group with us. They are Bill and Virginia Kelly, Lisa, and Debra. Bill has been studying the Urantia Book for about ten years. Lisa has been studying about two and a half years, and Debra has been studying for about two years. I think they were very brave to come out on these roads this far, tonight.

HAM: One Moment. Yes. I am in understanding of these people and have words to address them. Yes. This evening is a beginning for you. We have assigned a Teacher already. Are you, Debra, willing to function as Rebecca, to transmission-receive for your group?

DEBRA: If this is God's will, then I will do so.

HAM: You must determine that for yourself alone, and so when you make that determination, you will find a Teacher. Yes.

JOSHUA: Father Ham, would it be permissible to ask the Teacher's name?

HAM: The Teacher will speak next week. Rebecca has a severe headache. It is difficult for communication tonight. I am sorry. No.

JOSHUA: While we are talking Teachers, I received a phone call from Bob of California. Their study group is in Northern California – the Santa Rosa group. They request a Teacher also. Would that be permissible? (Ham: Yes. I will make the request.)

JOSHUA: Thank you very much, Ham. I can see that Rebecca is having a lot of problems. Bob asked me to express his gratitude to you for your teachings. He requested and received permission some time back to be able to hear your tapes, and he thinks your teachings are wonderful.

HAM: Very well. I must retire for now. It is too difficult for communication. Rebecca is alright. Be not anxious. All is well. I must say, farewell.

Life is Constant Growth | Introduction of Daniel to the Pocatello Group

Daniel, WOODS CROSS, UTAH

01-13-1992

Back

MEETING WITH DANIEL – Teacher for Pocatello, ID group who presents this evening's lesson.

Greetings. I am DANIEL. I will be your Teacher and will deliver the lesson this evening. I am happy to be given this mission opportunity and desire to thank you all for coming here tonight and for meeting my students.

Our lesson this evening is about growth. We are, all of us, growing. Life is constant growth. Some years we receive more spiritual food and water; and in those years we are growing more rapidly. In times of spiritual drought and famine, we grow more slowly. The tree is sturdy, nonetheless, and strong within, even in those times of spiritual malnourishment. You see, it requires nutrients and nurturing of the soil for its adequate, proper and steady growth to take place.

This is my mission to you, to provide the waters of hope, truth, life, and abundance – and, the nutrients of wisdom, experience, and character-building. I come not for myself but rather for Him who sent me, our sovereign Lord, Christ Michael. Our association, I hope, will be very fruitful, stimulating, growth-enhancing, comforting, and beneficial for you, yes, and also the greater Mission-objective. I wish to answer some questions from my new pupils now.

RACHEL: Teacher Daniel, we are very pleased and happy you could attend and be with us this evening, and we do have some of your pupils here from Idaho – three of them were presented in the meeting last week with Father Ham. Also, we have Martha, who used to be part of our study group here in Woods Cross. Those new here tonight that were not presented last week are: Bert and Merna (his wife) – Bert has been studying the Urantia Book for nineteen years; Merna has been studying for seven years. Bert is also the Urantia Foundation's area coordinator for the state of Idaho. He has a study group in Jerome. Also new: we have Norman from Pocatello, he has been studying the Urantia Book for one year. We have Kenneth, from Idaho Falls, he does attend the study group in Pocatello and has been studying for fifteen years. We have Larry from Pocatello, he has been studying the Urantia Book for one year. We have Bill, and Virginia his wife, from Pocatello, they have both been studying for five years. Bill used to be a Presbyterian Minister. And that is the line-up we have, that have not been presented before. Thank you, Teacher Daniel. (Daniel: Thank you, Rachel.)

DEBRA: Daniel, this has been quite a week for you and me. I am grateful that you have verified this for me. You have been with me through my struggles, and I just want to thank you for the comforting thoughts you have given me.

DANIEL: Thank you. I enjoy you very much and am happy to be working in association with such a beautiful and intelligent spiritual person. (Debra: Thank you, Daniel).

BILL: This is Bill from Pocatello. We understand that you are to be our Teacher? Is this correct? (Daniel: Yes). Bill: Will you be able to help us with questions of logistics that we have been talking about? Such as how many meetings we should be having so we can deal with these problems? Should we concern you with these sorts of things?

DANIEL: Yes. I will instruct you as to the best method. It has been customary among these groups for weekly group gatherings, and perhaps also some private meetings if requested. I am very willing to be easily available to meet the group needs.

BILL: Thank you, Daniel. I just want to say that we are glad to have you here tonight. I was concerned that maybe something would happen. My wife tells me I worry too much. I am sure that is one of the things I need to work on. But I want you to know I am very glad to meet you and have you here tonight. (Daniel: Thank you).

RACHEL: I think your pupils from Pocatello are being just a little bit timid. They don't seem to want to ask any questions. (Daniel: They will. [laughter.]) Rachel: I would like to ask: Were you a mortal also on another world? (Daniel: Yes. I was also a birth being of material origin. Yes.)

BILL: I would also like to thank you for coming to guide us in our growth, and I am asking for Debbie now: When are we to begin weekly lessons?

DANIEL: I would like to begin next week if Debra is willing. You must all be considerate that she is only beginning to learn this method of communicating. Rebecca, I know was slow at first, and has since gained self-assurance and confidence in this communicating method. Be reminded that this transmitting and receiving method is imperfect and requires time to develop this skill. Rebecca, even now, does at times stumble over our words. I am saying, it is alright to be slower, for we have time.

BILL: Daniel, there are two Bill's in our group. I am the first Bill that spoke. I have been making a transcript of Ham's transmissions through Rebecca from the tapes that I have. Primarily, to come to some sort of understanding of the veracity and authenticity of you Teachers – and I have reached that conclusion probably a while ago or I would not be here tonight. Did you want me to continue to do this with tape recordings of your teaching and your contact with us? because I would be willing if you so desire.

DANIEL: Yes. You are appreciative of the importance of these teachings. I am happy and pleased to hear this and am pleased at your dedication. Yes.

WILLEENA: Daniel, while your pupils are preparing questions for you, I thought I'd ask one. Is that alright with you? (Daniel: Yes, of course). Willeena: Thank you. About two or three weeks ago I started having the name Daniel come to my mind. It was repeatedly happening, and I wasn't really sure what it was regarding. It was happening particularly here in our lessons. I wonder if you could find out, or if you would know if it has anything to do with you? (Daniel: No, not that I am personally aware of. It was perhaps your indwelling Spirit speaking – maybe concerning me. I did not, personally, speak mindally to you, however.)

WILLEENA: Thank you. I don't yet have very much communication with my indwelling Spirit where I receive the answers. Would it be possible for you to ask my indwelling Spirit if there is something with regard to what you just said that I should be attuned to for future reference?

DANIEL: There is nothing which I perceive as so important. (Willeena: Thank you).

LEN: Teacher Daniel, this is the first time I have asked a question at this meeting: Concerning your lesson on personal growth, I realize that we may not see our day-to-day growth, but we perhaps see it more month-to-month, or year-to-year observations. What single thing would you perhaps suggest to us, or to myself, as most significant daily thing we can do to see a daily improvement in our spiritual growth?

DANIEL: A noble and sincere question. You have evinced the desire for growth. The desire of your heart is known by our Father. It is Him you must seek, daily, and Him you must wholeheartedly desire to know; and this understanding is so deep as to become you. As your understanding grows, your soul and character grow also, even more than your understanding. As you become more of God, so are you made in eternity your immortal soul. Seek first our Father's will in all things, and His will will be made known to you, yes, most certainly. Seek and you shall find. Love and you shall be loved.

LEN: Thank you, Teacher. I perceive that as most fitting. As we learn to receive and understand the love of Father, that surely would help us to learn to love and understand those around us, and the things our Father has to present for us. Thank you very much. (Daniel: You are understanding well.)

DEBBIE: Daniel, I wanted to let you know, even though I'm sure that you do know, what an honor it is to be able to work with you, and also a very humbling experience. My question tonight had to do with: How do I know for sure that it is you coming through? It's good to have you on the other side right now (talking through Rebecca).

DANIEL: Yes. It will all be plain in time. At first, it is not clear and is hampered by excessive worry and anxiety also. Be of the attitude 'of allowance.' Allow my words to be spoken clearly without interference from your thinking, if possible. It requires time for the relaxation of the anxiety and fear, but you are coming along very, very well. I am perfectly content and happy with your progress, and in time you will see how easy it is. Am I responding as to your understanding? (Debbie: Yes, thank you.) [Editor's note: The tape recorder stopped here, causing much commotion and laughter.]

RACHEL: Teacher Daniel, how do you like our contraptions?

DANIEL: They only get more complicated from here. [laughter.] Yes. As I was saying, Debbie, I will come by appointment soon, and it will be clear when I am here and when I am not. Don't allow yourself to be misled by your own thinking when it is so easy to allow me to speak my own. You need not fill in or try to finish sentences, I will do so. Just allow time. There may be gaps and time-lapses, but do not let this be worrisome - just allow. (Debbie: Thanks, Daniel. That will help me a lot.)

ROLAND: Teacher Daniel, we met before at my house. (Daniel: Greetings, again.)

Roland: Thank you. I have some questions for you that I have written prior to the transmission experience I had with you. Perhaps you didn't really have time to give

me the answers to them. It may be interesting if it's permissible for us to know these things: As a mortal, were you on a non-breather, light-breather, medium-breather or heavy-breather world? (Daniel: It does not matter.)

ROLAND: Except for our darn curiosity. [laughter.] Well, I'll drop that. Another experience I had with our communication is that there does seem to be different qualities from different Teachers – Arthur, Amster and yourself. I am wondering if you use different kinds of connective points in the brain, if that might be known? [Editor's note: Arthur was the name of the Teacher recently assigned to a group in Canada.]

DANIEL: You always use the same brain-matter for speech, yet with different mental states or moods your speech can alter. So it is the same concerning these communications – we are all using the same technique and are perceived a little differently depending upon many factors. Among these factors are mental states. Also, personality differences are manifest by the quality of your perception of us. It is still very similar in actual procedure. Is this answering?

ROLAND: Yes. I am wondering if you are in touch with our physical brains in order to stimulate our minds, or is it mind-to-mind in the communications we have? (Daniel: Both). Roland: Then the other thing I think is important: I recognize that you are limited, somewhat, by our vocabulary – in other words, things we have learned over time; and I see you use our vocabulary. So when you have a particular thought to convey, do you have to get that basically from what we have learned in the past? (Daniel: Yes, it is, and your vocabulary is well sufficient.)

ROLAND: Well, that is good to know. That was my next question. I too would like to welcome you and thank you very much for spending time with me. I have enjoyed our association. I hope you will return. (Daniel: I will not return for now. I have been assigned. I have my work before me.)

BILL: Daniel, this is the first Bill. I guess we too have our work before us. Ham says that Teachers are prepared in collaboration with Melchizedek, our vicegerent Planetary Prince, and I am assuming the same thing is true with you? (Daniel: Yes.) Bill: My question is: Do each of you Teachers have input so that it is a product of both your own teaching as well as Melchizedek's – are these all pre-prepared? Do you do it as a group, or in collaboration with Melchizedek? If you could answer that question, please, I'd be curious.

DANIEL: Yes, I can. We are given guidelines, subjects, and the depth of mental comprehension for each lesson. We are relatively free to embellish and make these teachings personal for our own group. We are given great freedom of expression, and this expression is modified by our transmission-receiver's personality, who is also unwittingly coloring the transmission by the limitations of the human intellect.

BILL: Thank you for answering my questions. I just have one more. I don't want to take more than my share of time: Ham also conveyed in the teachings that I have listened to, that the commitment on the part of each student, to personally attend his teachings, is very important. And I am assuming that this is something that you would also expect of each of us as your group students. Am I correct in that?

(Daniel: Are you planning to miss any?) [laughter.]

BILL: No. I don't think I am. I don't plan to miss any. I suppose that was a foolish question. But, as a good teacher you expect your pupils to be in attendance, I am sure. No. I don't plan to miss any. You'll see me there if it is physically possible.

BILL: This is Bill number two. I have been asked by a friend to say hello to Ham, if I could – his name is Tim. So if you could pass that on, we'd appreciate it. Thank you. (Daniel: Yes, I will.)

JEREMIAH: Teacher Daniel, I have a question on humor: I would like to have some guidelines on possibly what you consider good humor, bad humor, and possibly examples of each? What type of humor or relaxation best promotes spiritual growth?

DANIEL: Humor is buoyant to the spirit. Healthy and happy humor is always good. Unhealthy derision and the taking pleasure in another's misfortune is not healthy and buoyant – it is like a weight, a rather 'sinking' weight. You can feel this difference within and should engage in the former – healthy humor type, exclusively, if possible. I do not have time to elaborate. (Jeremiah: Thank you, Teacher.)

MARTHA: Hi Daniel, I also would like to welcome you. I have a question concerning how Teachers are picked for specific groups: Are you perhaps more 'well trained' let's say, to the group in Pocatello? And are you to teach us for a specific mission?

DANIEL: I am matched to the mind of Debra very well, and this is not accidental but the results of the preparation of Debra. Also, I am well suited in personality compatibility with your general group atmosphere, personality types. You have all been scrutinized and evaluated – for me, and by me also. I am prepared to be with you for some time to come and have been prepared for some time prior so that I feel ready to accept this responsibility and honor. (Martha: Thank you very much.)

VELETA: Hello Daniel, I am with Ham's group. My question: Have you been here before at our group and are you familiar with us? Have you been here before this evening?

DANIEL: Yes, I have. I am somewhat familiar with you each, although not to the extent as brother Ham. (Veleta: Thank you.) Daniel: I will receive one further question.

BILL: Just a tactical question: We have been in the practice of meeting on Sunday mornings in the Methodist church, but recently we've had to vacate that premise; and it occurred to me that when this all happened to us that it was probably for the best inasmuch as your teaching might not be comfortable there – that the experience of having this happening in the Methodist church might not be comfortable. I am sure you know all this, so we have chosen to meet instead in homes; and we planned to meet this coming Sunday morning at nine-thirty in Debbie's home. Is there any problem with that, as our initial meeting, as far as you can see? (Daniel: Wonderful.)

VIRGINIA: Daniel, I can't help but wonder if you have been present in our groups and know us and our personalities. Also, I've been wondering – has it been in the hands of 'other than humans' that circumstances have reached the point where we were asked to meet in another place? Did supernal beings on your side have anything to do with that move?

DANIEL: If these circumstances had not arisen, we would have asked you to relocate, yes.

VIRGINIA: Thank you, Daniel. I know you said 'one more question,' but I usually keep very quiet, ha ha, around strangers. Should we stop now? or another question? I don't know. (Daniel: I will answer another, yes.)

RACHEL: While we are waiting for them and the microphone. I would just like to say I am thrilled with your answers where humor is concerned, because I would sure hate to stop all this fun I have been having.

JOSHUA: Is Abraham or Ham or anyone else here tonight. (Daniel: Yes, they are.) Joshua: Would you give them our greetings and our thanks for bringing about this wonderful opportunity to have you as a Teacher in Pocatello? This is very wonderful. We are glad to see this Mission-work, expanding.

DANIEL: Thank you. I will say goodnight for this evening, and will be present at your next meeting in Pocatello. Ham will be teaching again next week. I am glad to be here with you all. Good evening.

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Prosperity Is Enhanced And Augmented By And Through Our Relationships, Human and Divine

Ham, WOODS CROSS, UTAH 01-20-1992

Back

Greetings. I am HAM. I am your Teacher. This evening I wish to begin with a lesson on prosperity. I am aware and am in understanding of your various needs and desires in the realm of material comfort and enjoyment. You are all undergoing a time of increasing awareness of this material life's celestial overcontrol.

As you increasingly become aware of divine overcontrol in your life, and that of others, your abilities are enhanced. With this awareness, your ability is enhanced to master situations in relationships, as well as concerning material well-being and monetary rewards. Not to imply unfair advantage-taking, no, not at all; rather, the understanding of social levers of spiritual value and import which may result in augmenting material comfort.

Society, economics (economic society), is run on personal relationships. Prosperity 'economically' is enhanced through and by augmented spiritual insight into relationships. Personalities are economics-related, yes. Even on large scale and small, are all personalities interacting with other personalities. Yes, it is only

by augmented enhanced spiritual insight into personal true motivation that brings reward in all areas of personal reality. Life is not a balance sheet, no! life is your personal relations with others, yes.

Realize the great extent to which your personality can reach. Great things can and will be accomplished by and through you all. Be of increasing personal awareness and insight toward your fellows – your immediate associates first, and augmenting and going outward from there. Have a personal awareness with all with whom you have dealings. All dealings are personal, none are not. A beautiful life--as you experience it--is in geometric proportion to people you have dealings with. Yes, have awareness on all levels to which personality reaches. That is all. Greetings. I will receive questions.

RACHEL: Good evening, Father Ham, and welcome home. We are glad to have you back.

JOSHUA: I received a phone call a few days ago from a Steve of Versailles, Kentucky. He also desires to know if he and his wife, Cindy, may receive copies of these tapes.

HAM: This is a delicate matter concerning this group of people. Yes, you may deliver to them transcripts or tapes of our meetings. I am not at liberty to elaborate on their status at this time. However, we are undertaking their careful evaluation, and when it is completed to my satisfaction we will issue a statement on Teacher-readiness. (Joshua: Thank you very much.)

JOHN: Father Ham, I have a question regarding your lesson on 'prosperity.' Do you mean that prosperity, true prosperity, is measured by how well we interact with our fellows? And, that as a minor consequence or an outworking of that, it may help our economic status? Is that a good summary?

HAM: Yes and no. I am concerned to give instruction to you on the methods of material well-being and how it affects spiritual stature. You are all accounted as 'in the kingdom.' You are growing in wisdom and insight. Growth in character and strength (which 'is' spiritual stature), and prosperity with true self-respect, brings wealth. This wealth may not be grandiose and ostentatious (pretentious), but self-respect-promoting. Independence and happiness (freedom from want) are part of the nurturing of the wise, noble, good, true character. Yes, the essence of life is found in our relations with others; and the secret of true prosperity lies in this essence also. Is this explaining for you?

JOHN: Yes, it helps, but I kind of always thought of this, your teachings, as being removed from material aspects of existence. Are you basically saying that you are concerned about our prosperity 'materially?' because we, being physical creatures, we do need to worry about that? And if we do become more prosperous, that it gives us maybe more time to become more spiritual?

HAM: No, not at all. I am explaining life and its material repercussions. Always will there be relationships in your life – in work, and otherwise. All of life is now becoming more enjoyable. Relationships are becoming stronger, more steadfast, and more reliable in professional life as well. It is on these bases of

relationships which build the foundation of prosperity – materially as well as spiritually. Those who think lightly on these relationships are foolish. He who easily breaks relations, making new ones, breaking those and so forth, seldom becomes prosperous. Are you beginning to see? (John: Yes. I think I understand now.)

ROLAND: Teacher Ham, this has been an extremely enlightening lesson for me tonight. My week has been filled with economic crisis. It seems that the error that I made was in my meditations and writings. I had assumed, or perhaps had asked several times maybe more than I should have asked – I got that feeling about whether a particular financial deal would come to pass. I took great confidence and security in the fact that my indwelling Adjuster has told me repeatedly that everybody was ready to make this deal – and yet, it fell apart this week, or at least I came to consciousness that it did. The great lesson it taught me was that I am very attached to material well-being; and in that attachment, I pass over the greater gifts of spiritual enlightenment. I like that in your lesson where it said that it's good to continue with our relationships with people we are doing business with because that's what prosperity arises out of. And I am sure it does – but if anything, it's a minimal by-product of the fact that they remember us as a person – if we had treated them well and as a fellow traveler on the road to eternal ascension. I would think that, in reality, we leave very little behind as far as a material benefit; but it does make it awful nice while we're here, our material abundance. So in my searching in my own mind, I have discovered that the supernals that we are dealing with – our own Thought Adjuster, as well as you, Teachers – seem to have a different vision of material well-being than we do. You are optimistic to the extent of being able to give us positive answers. If in that vein – in the vein of understanding that I have based my attachments to material well-being – is it that we really don't have any surety of material prosperity when it comes to numbers and volume or amounts of money? but that prosperity lies in the relationships we have with others. Is that where we are?

HAM: Yes and no. Sometimes when your biggest disappointment arises it becomes your greatest blessing. Often this process is painful and shattering. You will reap the wisdom at hand when occurrences need attention. You, children, are developing in character, developing in wisdom. You are developing strength to handle situations. You are increasing in courage to face the inevitable, and the fortitude to ride it out; all these things are more valuable than gold. Your life is not entailed on the basis of material prosperity. The steadfast and strong face the wind that may assault you dead on – for in guiding your ship to shore, gales may buffet you incessantly. Many may fail, and many will not pass through these gales – but you, children, are destined to reach the shore; you are on your way. Soon the night will pass to morning; the sky will clear to pastel shades; the golden sun will ripen soon – and surely you will guide your ship to safe harbor, I am certain. The true goals of existence are spiritual; yes, never lose sight of that. Of course as you grow in the spirit, these other things (material comforts) are added to you. It is wise to work at worthwhile/worthy goals for material stability and happiness – of course, for life is challenging and full of adventure in this area. Yes, you are attaining levels of spiritual living which make possible material comfort also. Comfort is found on the material and social-level strata, yes, but happiness and joy in this is found through the Spirit. In this way, needless yearnings for superfluous material things are eliminated, yes, while enjoyment of one's present status is augmented;

yet all the while, further augmenting your material well-being level. Are you understanding?

ROLAND: Yes. Thank you. One other question: In this maze of life's pollutions that we live in in this will-creature existence – as you look at us and you see us here (what we do in our daily lives), what would you suggest we do, and what should we do less, in order for us to cut through the illusion and get to the reality that seems to be our destiny?

HAM: Enjoy what you have. Truly enjoy your lives. Have less fear and more enjoyment of the moment. Yes, less fear of the future, of that which is not. Do you see, most human fear is dread of a non-existent reality, a possibility or probability which has not manifest into present reality, except in your minds. You destroy much happiness with this needless future dread. I say, happiness is found in the present state only. Yes, true happiness is found in living in the moment – in the present, in the day, the hour, the moment. Yes.

MELISSA: It is good to be back with the group to hear your lessons. (Ham: Welcome back, Melissa.) Melissa: I've got a question: Sometimes we meet people, or people meet us, and we feel like we know each other or that we've seen each other somewhere before – anyway, we are familiar with each other and yet have never met. Could this be because our Thought Adjusters have been associated previously? And also, could it be that there is some type of destiny for us in the future with that person? (Ham: Yes, both. And it is wise to use wisdom in this, Melissa.)

MELISSA: Okay. Thank you, Father Ham. I really enjoyed your lesson tonight. It was very enlightening. Thank you.

LEN: Teacher Ham, I enjoyed Daniel's teaching last week but I have not spoken with you. I am glad to be here. In the first part of your lesson tonight you talked about over-control. Am I to understand it has been what you just described as how we try to worry too much of the future and not enjoy and take advantage of the every minute, the every hour, the every day?

HAM: Yes. Realizing your lives are under the over-control of our heavenly Caretakers frees your mind from petty cares. Yes. (Len: Thank you. That is a very good thought for the week to try to work on, for me anyway.)

DOROTHY: Father Ham, I want to thank Rachel and Len for including me. I am thankful for meeting these two lovely people, and I want to thank this group for allowing me to come and visit. At this point I do not have any questions, but I find that your lesson is very, very good. And yes, I myself, will not forget and 'go for the gold,' as we call it – and that means that I won't forget the spiritual end of it; meaning the spiritual end of taking care of myself and my family with the love and the acceptance that they need from me. (Ham: Well said, and I thank you.)

JASON: Greetings, Teacher Ham. In the Bible, James talks about liberty and how if we follow our inner liberties, that all things are given to us 'as we deserve them.' The exact verse goes: "For he who looks into the perfect law of liberty and who continues in it, and who is not a forgetful hearer but a doer in the works, this one

shall be blessed in all that he does.” Could you give us a synonym of liberty that would tie with this verse to your lesson? And I have one further question.

HAM: This was a very apt quotation, and I thank you for speaking it. Liberty is spiritual freedom – freedom to grow in true form and direction. Without liberty (spiritual liberation for new growth) there is a stifling, a molding of not becoming trueness. Young plant shoots need plenty of soil around them for nutrients, plenty of sunshine for growth, and plenty of water for sustenance. 'Truth, beauty, and goodness' is spiritual food, water, and sunshine for developing souls. True liberty is the freedom to take and enjoy and utilize these free gifts wherever you may find them. Yes, truth, beauty, and goodness are all around; and, they are all, within. One's freedom to grow in this--to understand, and to recognize this--is true liberty, yes, true liberty.

JASON: Thank you, Teacher Ham. I will insert those in my character and try to grow. My second question lies with individuals that are aggressive and vigilant in their money-making characteristics. Perhaps many of us have done business and even dealt with the blows from these people. How do you suggest that we face these kinds of challenges? The majority of the people that are financially controlling our world, in my own judgment, I consider them unjust.

HAM: In time, the old ways will die and pass away, for they hold no lasting value within. A hollow victory is found for these people; a dead goal is their reward. They and their methods will not be enduring forever, although it may seem they have been so. 'Power' on your world is beginning to change – little by little, person by person. Eventually, there will be a more just balance reached in all things – economically, socially, and politically. Life as you know it, is unbalanced. Society is unbalanced by the few with 'too much' and the many with 'too little.' Yes, it is unstable, and will gradually correct. You will see much in your life. Yes. (Jason: Thank you, Teacher, for that marvelous timepiece lesson.)

JEREMIAH: Father Ham, in your lesson you were referring to material prosperity. Does that include our pursuit of intellectual happiness? or were you just referring to gold and glory-seeking. For example, a lot of time with our maintaining relationships – using the 'old boy network,' whatever – one can really have a lot of satisfaction with intellectual pursuits in understanding things. (Ham: Yes, of course it includes satisfaction in all areas of life. Self-respect requires satisfaction in life's performance. Yes.)

JEREMIAH: Thank you, Teacher. Following that question further: If you have a satisfaction of trying to finish a work, or understand a certain political concept by yourself or with the help of other people – is that feeling that you have there, is that a spiritual feeling? or is it just strictly material? I'm a little confused on that.

HAM: Always and forever you will experience the thrill of intellectual expansion and understanding. Never is this capacity exhausted. Always you will experience the thrill of new intellectual discovery – on into infinity, yes; it is a never-ending source of increasing happiness and satisfaction.

JEREMIAH: Thank you. On the Mansion Worlds, I understand we wouldn't have to worry about room-and-board, nor do we worry about our health. So if we consider the same thing down here then, that would be the best way of pursuing the other things which you are referring to – of prosperity? (Ham: Rephrase your question.)

JEREMIAH: I think a lot of people have problems in the chase for the material things that you are referring to because of our need of providing room and board – economics; or, their concerns with their health. So if we would just transcend that by 'these things are being taken care of,' or these things we are pursuing under the category of the things we are pursuing, things that are desirable to chase, look forward to... (Ham: Rephrase please.) [laughter.] Jeremiah: Ok, let me rephrase: Jesus our Lord, said: "Where your heart is, is where your treasure would be." So if one could consider if we were up on the Mansion Worlds now, we wouldn't have any problems with health, is my understanding – for there, materialistic consequences are taken care of. So therefore, those things are not a concern, and not to worry. So living there, we could live our lives and pursue relationships with people, pursue intellectual and spiritual advancement, and not worry about those things for survival as we do here. If we could pretend and think that such is the case down here, wouldn't that be a very useful concept – to think that way? and would be of great help to us in living our lives down on this planet? (Ham: Yes, yes.)

HAM: I am with the understanding that our session is now ready to be ended. I thank you all for being present with me this evening and wish you all peace in the coming week. I pray very much for each of you. I ask you to pray for each other, and pray also for growth. [Joshua: I'm sorry I didn't get Ham's good-bye. I ran out of tape.]
Back

Prosperity Is Enhanced And Augmented By And Through Our Relationships, Human and Divine

Ham, WOODS CROSS, UTAH 01-20-1992
Back

Greetings. I am HAM. I am your Teacher. This evening I wish to begin with a lesson on prosperity. I am aware and am in understanding of your various needs and desires in the realm of material comfort and enjoyment. You are all undergoing a time of increasing awareness of this material life's celestial overcontrol.

As you increasingly become aware of divine overcontrol in your life, and that of others, your abilities are enhanced. With this awareness, your ability is enhanced to master situations in relationships, as well as concerning material well-being and monetary rewards. Not to imply unfair advantage-taking, no, not at all; rather, the understanding of social levers of spiritual value and import which may result in augmenting material comfort.

Society, economics (economic society), is run on personal relationships. Prosperity 'economically' is enhanced through and by augmented spiritual insight into relationships. Personalities are economics-related, yes. Even on large scale and

small, are all personalities interacting with other personalities. Yes, it is only by augmented enhanced spiritual insight into personal true motivation that brings reward in all areas of personal reality. Life is not a balance sheet, no! life is your personal relations with others, yes.

Realize the great extent to which your personality can reach. Great things can and will be accomplished by and through you all. Be of increasing personal awareness and insight toward your fellows – your immediate associates first, and augmenting and going outward from there. Have a personal awareness with all with whom you have dealings. All dealings are personal, none are not. A beautiful life--as you experience it--is in geometric proportion to people you have dealings with. Yes, have awareness on all levels to which personality reaches. That is all. Greetings. I will receive questions.

RACHEL: Good evening, Father Ham, and welcome home. We are glad to have you back.

JOSHUA: I received a phone call a few days ago from a Steve of Versailles, Kentucky. He also desires to know if he and his wife, Cindy, may receive copies of these tapes.

HAM: This is a delicate matter concerning this group of people. Yes, you may deliver to them transcripts or tapes of our meetings. I am not at liberty to elaborate on their status at this time. However, we are undertaking their careful evaluation, and when it is completed to my satisfaction we will issue a statement on Teacher-readiness. (Joshua: Thank you very much.)

JOHN: Father Ham, I have a question regarding your lesson on 'prosperity.' Do you mean that prosperity, true prosperity, is measured by how well we interact with our fellows? And, that as a minor consequence or an outworking of that, it may help our economic status? Is that a good summary?

HAM: Yes and no. I am concerned to give instruction to you on the methods of material well-being and how it affects spiritual stature. You are all accounted as 'in the kingdom.' You are growing in wisdom and insight. Growth in character and strength (which 'is' spiritual stature), and prosperity with true self-respect, brings wealth. This wealth may not be grandiose and ostentatious (pretentious), but self-respect-promoting. Independence and happiness (freedom from want) are part of the nurturing of the wise, noble, good, true character. Yes, the essence of life is found in our relations with others; and the secret of true prosperity lies in this essence also. Is this explaining for you?

JOHN: Yes, it helps, but I kind of always thought of this, your teachings, as being removed from material aspects of existence. Are you basically saying that you are concerned about our prosperity 'materially?' because we, being physical creatures, we do need to worry about that? And if we do become more prosperous, that it gives us maybe more time to become more spiritual?

HAM: No, not at all. I am explaining life and its material repercussions. Always will there be relationships in your life – in work, and otherwise. All of life is now becoming more enjoyable. Relationships are becoming stronger, more steadfast,

and more reliable in professional life as well. It is on these bases of relationships which build the foundation of prosperity – materially as well as spiritually. Those who think lightly on these relationships are foolish. He who easily breaks relations, making new ones, breaking those and so forth, seldom becomes prosperous. Are you beginning to see? (John: Yes. I think I understand now.)

ROLAND: Teacher Ham, this has been an extremely enlightening lesson for me tonight. My week has been filled with economic crisis. It seems that the error that I made was in my meditations and writings. I had assumed, or perhaps had asked several times maybe more than I should have asked – I got that feeling about whether a particular financial deal would come to pass. I took great confidence and security in the fact that my indwelling Adjuster has told me repeatedly that everybody was ready to make this deal – and yet, it fell apart this week, or at least I came to consciousness that it did. The great lesson it taught me was that I am very attached to material well-being; and in that attachment, I pass over the greater gifts of spiritual enlightenment. I like that in your lesson where it said that it's good to continue with our relationships with people we are doing business with because that's what prosperity arises out of. And I am sure it does – but if anything, it's a minimal by-product of the fact that they remember us as a person – if we had treated them well and as a fellow traveler on the road to eternal ascension. I would think that, in reality, we leave very little behind as far as a material benefit; but it does make it awful nice while we're here, our material abundance. So in my searching in my own mind, I have discovered that the supernals that we are dealing with – our own Thought Adjuster, as well as you, Teachers – seem to have a different vision of material well-being than we do. You are optimistic to the extent of being able to give us positive answers. If in that vein – in the vein of understanding that I have based my attachments to material well-being – is it that we really don't have any surety of material prosperity when it comes to numbers and volume or amounts of money? but that prosperity lies in the relationships we have with others. Is that where we are?

HAM: Yes and no. Sometimes when your biggest disappointment arises it becomes your greatest blessing. Often this process is painful and shattering. You will reap the wisdom at hand when occurrences need attention. You, children, are developing in character, developing in wisdom. You are developing strength to handle situations. You are increasing in courage to face the inevitable, and the fortitude to ride it out; all these things are more valuable than gold. Your life is not entailed on the basis of material prosperity. The steadfast and strong face the wind that may assault you dead on – for in guiding your ship to shore, gales may buffet you incessantly. Many may fail, and many will not pass through these gales – but you, children, are destined to reach the shore; you are on your way. Soon the night will pass to morning; the sky will clear to pastel shades; the golden sun will ripen soon – and surely you will guide your ship to safe harbor, I am certain. The true goals of existence are spiritual; yes, never lose sight of that. Of course as you grow in the spirit, these other things (material comforts) are added to you. It is wise to work at worthwhile/worthy goals for material stability and happiness – of course, for life is challenging and full of adventure in this area. Yes, you are attaining levels of spiritual living which make possible material comfort also. Comfort is found on the material and social-level strata, yes, but happiness and joy in this is found through the Spirit. In this way, needless yearnings for superfluous material

things are eliminated, yes, while enjoyment of one's present status is augmented; yet all the while, further augmenting your material well-being level. Are you understanding?

ROLAND: Yes. Thank you. One other question: In this maze of life's pollutions that we live in in this will-creature existence – as you look at us and you see us here (what we do in our daily lives), what would you suggest we do, and what should we do less, in order for us to cut through the illusion and get to the reality that seems to be our destiny?

HAM: Enjoy what you have. Truly enjoy your lives. Have less fear and more enjoyment of the moment. Yes, less fear of the future, of that which is not. Do you see, most human fear is dread of a non-existent reality, a possibility or probability which has not manifest into present reality, except in your minds. You destroy much happiness with this needless future dread. I say, happiness is found in the present state only. Yes, true happiness is found in living in the moment – in the present, in the day, the hour, the moment. Yes.

MELISSA: It is good to be back with the group to hear your lessons. (Ham: Welcome back, Melissa.) Melissa: I've got a question: Sometimes we meet people, or people meet us, and we feel like we know each other or that we've seen each other somewhere before – anyway, we are familiar with each other and yet have never met. Could this be because our Thought Adjusters have been associated previously? And also, could it be that there is some type of destiny for us in the future with that person? (Ham: Yes, both. And it is wise to use wisdom in this, Melissa.)

MELISSA: Okay. Thank you, Father Ham. I really enjoyed your lesson tonight. It was very enlightening. Thank you.

LEN: Teacher Ham, I enjoyed Daniel's teaching last week but I have not spoken with you. I am glad to be here. In the first part of your lesson tonight you talked about over-control. Am I to understand it has been what you just described as how we try to worry too much of the future and not enjoy and take advantage of the every minute, the every hour, the every day?

HAM: Yes. Realizing your lives are under the over-control of our heavenly Caretakers frees your mind from petty cares. Yes. (Len: Thank you. That is a very good thought for the week to try to work on, for me anyway.)

DOROTHY: Father Ham, I want to thank Rachel and Len for including me. I am thankful for meeting these two lovely people, and I want to thank this group for allowing me to come and visit. At this point I do not have any questions, but I find that your lesson is very, very good. And yes, I myself, will not forget and 'go for the gold,' as we call it – and that means that I won't forget the spiritual end of it; meaning the spiritual end of taking care of myself and my family with the love and the acceptance that they need from me. (Ham: Well said, and I thank you.)

JASON: Greetings, Teacher Ham. In the Bible, James talks about liberty and how if we follow our inner liberties, that all things are given to us 'as we deserve them.' The exact verse goes: "For he who looks into the perfect law of liberty and who

continues in it, and who is not a forgetful hearer but a doer in the works, this one shall be blessed in all that he does.” Could you give us a synonym of liberty that would tie with this verse to your lesson? And I have one further question.

HAM: This was a very apt quotation, and I thank you for speaking it. Liberty is spiritual freedom – freedom to grow in true form and direction. Without liberty (spiritual liberation for new growth) there is a stifling, a molding of not becoming trueness. Young plant shoots need plenty of soil around them for nutrients, plenty of sunshine for growth, and plenty of water for sustenance. 'Truth, beauty, and goodness' is spiritual food, water, and sunshine for developing souls. True liberty is the freedom to take and enjoy and utilize these free gifts wherever you may find them. Yes, truth, beauty, and goodness are all around; and, they are all, within. One's freedom to grow in this--to understand, and to recognize this--is true liberty, yes, true liberty.

JASON: Thank you, Teacher Ham. I will insert those in my character and try to grow. My second question lies with individuals that are aggressive and vigilant in their money-making characteristics. Perhaps many of us have done business and even dealt with the blows from these people. How do you suggest that we face these kinds of challenges? The majority of the people that are financially controlling our world, in my own judgment, I consider them unjust.

HAM: In time, the old ways will die and pass away, for they hold no lasting value within. A hollow victory is found for these people; a dead goal is their reward. They and their methods will not be enduring forever, although it may seem they have been so. 'Power' on your world is beginning to change – little by little, person by person. Eventually, there will be a more just balance reached in all things – economically, socially, and politically. Life as you know it, is unbalanced. Society is unbalanced by the few with 'too much' and the many with 'too little.' Yes, it is unstable, and will gradually correct. You will see much in your life. Yes. (Jason: Thank you, Teacher, for that marvelous timepiece lesson.)

JEREMIAH: Father Ham, in your lesson you were referring to material prosperity. Does that include our pursuit of intellectual happiness? or were you just referring to gold and glory-seeking. For example, a lot of time with our maintaining relationships – using the 'old boy network,' whatever – one can really have a lot of satisfaction with intellectual pursuits in understanding things. (Ham: Yes, of course it includes satisfaction in all areas of life. Self-respect requires satisfaction in life's performance. Yes.)

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HAM: I am with the understanding that our session is now ready to be ended. I thank you all for being present with me this evening and wish you all peace in the coming week. I pray very much for each of you. I ask you to pray for each other, and pray also for growth. [Joshua: I'm sorry I didn't get Ham's good-bye. I ran out of tape.]
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The Rewards of Effort and Endurance Is Spiritual Growth, Finding Father

Ham, WOODS CROSS, UTAH 01-27-1992
Back

Greetings. I am HAM. I am your Teacher. This evening I would desire to begin my lesson about effort and endurance.

Often in life in varied situations you are ready to give less effort than is necessary to achieve our objectives. Easier it is to give lesser effort and blame circumstances for our shortcomings. Easier it is to overcome all desire for goal than to achieve it. Often we let lesser distractions take precedence over full measure of effort toward the goal and put our effort toward lesser distractions, also using them as an excuse not to achieve goals.

Busy life is, yes! busy and full of distraction and cares. Be assured of your inner goals, that they are sanctioned from your greater self (indwelling Father Fragment) who in reality is giving you goals and opportunity – one after another. You may be disappointed today and then jubilant tomorrow over these opportunities and goals which are within your grasp.

The ups and downs of mortal existence are there for a reason. You are thoroughly tested in all ways and are required to overcome many small obstacles, and even large obstacles, to be sure of your serviceability, reliability, loyalty, and faith-trust toward the greatest goal of all existence – the goal of finding, discovering, growing in, and eventually reaching the Eternal Father.

You are all undergoing intensive training, testing, for greater responsibilities and goals in the future. Keep your head above water by keeping the goal of your life in focus, it will invariably lead you to higher ground. Keep the attitude of perseverance and steadfastness in your life's reaction patterns. Doubt not the rewards of faith, loyalty, and trust in your inner guidance always.

Effort is required of you to reach your temporal destinations as well as the eternal destination. All effort is rewarded; no effort goes unnoticed. You are all treading the path of mortal ascension and are required therefore, to exert yourselves – to put one foot before the other and walk firmly, steadily and surely, ahead. I am here to help you in this path of mortality; and I am here to teach you of your greater selves and goals. Fear not anymore, your path is steady, sure, and reliable. I will entertain questions now.

JOSHUA: Father Ham, thank you for a very thought-provoking lesson. I pray that we will all walk the path with sufficient faith to reach the goals that you desire that we should. And I thank you and all the other spiritual beings that are helping us in this guidance. Elizabeth, of California, desires to know if you could give her a time estimate of when she will be able or be ready to be a transmission-receiver. (Ham: Yes, I can. In three to four months' time you, Elizabeth, will be sufficiently prepared it is hoped. Rayson will inform you when.)

JOSHUA: Thank you very much. She asked me to thank you for the message that you gave her last week. Andrew desires to know if the lady that has come to his study group the last couple weeks, whose name is Crystal, is being prepared as a transmission-receiver? (Ham: No. Not at present.) Joshua: Thank you. On a similar note – Bill, who is a former member of the Coeur d'Alene study group in Idaho, says that a lady by the name of Barbara of that group, requests a Teacher for their group if possible. (Ham: All requests are taken seriously and we will seriously consider her request. Yes, of course, I will transfer this request.)

JOSHUA: Thank you. Debra, in the Pocatello group, is concerned that she is getting her thoughts interjected into Daniel's teachings, and she is fearful of direct questions from the people in the group. She kind of desires confirmation of how she is doing as a transmission-receiver?

HAM: I have observed her lessons with Daniel. I feel she is anxious and nervous needlessly, and wish to promote a calm and peaceful element for her. Anxiety is detrimental to clear communication, and also is hurtful to the psychic of Debra. It is our desire for her to have no fear. It is understood, however, that her trust of us is fragile and is only strengthened by time-association. Therefore, it is best if we just go slowly; not to pressure her or prematurely encumber Debra with needless anxiety. Remember that she is feeling anxious, and I therefore request the group to

be thoughtful of this in their questioning. She is altogether a splendid person who we are happy and privileged to know and work with. She is doing very well.

JOSHUA: Thank you very much. She also desires to know if the healing sessions are proceeding as they should? Also, she asks if she could use acupuncture with the spiritual healing – if it would do any good? And if so, could you tell her what points to concentrate on?

HAM: Acupuncture is an ancient method of pain remedy. It is psycho-spiritual as well as physical. In pain relief, it is very effective and not too long-lasting, however. It is good in procedures where pain can occur during the method used for healing. It is not a curative in permanence in itself, and if used in connection with other healing methods it can produce lasting effects. In this case, it is not a necessary method, for I cannot see how it would be of lasting benefit.

JOSHUA: Thank you very much. Now I have a question for me: Do you desire to give us any special instructions on what we should do in this meeting coming up on Saturday down in California with the Urantia Fellowship General Council?

HAM: Yes, I do have something to tell you. All is proceeding very well, thanks to Andrew and others. His efforts are truly commendable and I desire personally to thank him. The meeting portion itself will last about forty-five minutes to an hour – ten minutes to begin; forty minutes for my speech and question/answering time; and five minutes for ending, give or take. At first we request a few minutes, to ask the audience for quiet and patience for a few moments in preparation. Most have some understanding of the circumstances and require not much introduction; however, a short introduction is requested for those who do not. So it will be mostly asking for quiet and sincere meditation on the part of those present. I always wish for my listeners to have a quiet mind and still heart for receiving my words to their fullest. Rebecca is well prepared, I feel, and will have little difficulty in the transmission. Quiet is best for her preparation, however. Also, remind them that this imperfect communication method used sometimes has pauses for transmission clarity – not for other reasons. Understanding this, is helpful. Allowing time between question and answer is not faulty, but natural. Indeed, a much historic day it will be – much observed, yes, much recorded and studied in future time on Urantia, and beyond. It is very important – yes indeed, very important that this transmission is as clear as possible. Remember, a quiet and prayerful attitude is best. I will not elaborate on all contingencies that we are taking into consideration, for we are well prepared and ready for this day. Happiness, yes, yes. Celebration, yes, yes. All are awaiting this day. That is all. (Joshua: Thank you very much, Father Ham.)

RACHEL: Father Ham, I pray that this lesson you are going to deliver in Los Angeles will be an ultimate success, and I also pray that the results therefrom will fulfill your heart's desire. (Ham: Thank you. Yes, indeed.)

JOHN: Father Ham, is there any advice you can give us on how to handle questions from people, like before the meeting and after – anything you want us to stress or stay away from?

HAM: No. You are well prepared for yourselves to answer questions; do so from your heart and experience. Don't be false in any way, no. Allow yourselves to become known as who you are. Be fearless of hard questions, for you have questioned much yourselves, and have received answers to your contentment. Rely on your firm feelings and be happy, joyous, fearless, and love-promoting. The genuine test of true faith-enhancement is the lovability of the adherent.

JOHN C.: Ham, my name is John. This is the first time I have ever talked with you. I have a son, who is twenty-five years old, he lives in Mountain Home, Idaho. He has been having some real bad emotional problems. I am told he has tried to commit suicide two times lately. I have tried to give him some spiritual support using words from both you and Abraham. I was just wondering if you could advise me.

HAM: You are correct in seeking through your spiritual guidance, yes, for it is said of this of which you speak, which is darkness and death consideration, that there is a choice – a coming of the light of spiritual truth instead of darkness. And the results is hope through hopelessness, comfort through despair, and life over death. It is by using spiritual truth that tragedy will be avoided. You can be sure that that saving light will never fail. Jesus said once: "Look up my son, look toward the light." I say, arise and be a new man of the kingdom. Trade your cowardice for bravery. The Spirit of divine truth will comfort you, protect you and enfold you. There is nothing of harm, not even through darkness, which can overcome a faith-son of God. Trade your despair for faith. Be reborn in the light of truth. Allow not fear, despair, and intolerance to overtake your inner self. You are truly my son and brother in God's kingdom. Forget the past. Walk bravely toward a new and better existence. That is all.

MELISSA: Okay Father Ham. I have a question about what percentage of our superuniverse is settled in Light and Life – if you could possibly let us know. Also, in our local universe and also the seven superuniverses.

HAM: I am not aware of exact percentages. However, on Superuniverse One we are told many worlds have achieved settled Light and Life. Yes, and so have whole Systems and one constellation. You see there is a long way to go. It will take ages upon ages for the entire superuniverse systems to be settled in Light and Life. Most of the superuniverse Systems show a spotty and uneven distribution of worlds, for this age is still relatively young. Much time for strong showing to occur. Yes. (Melissa: Thank you, Father Ham.)

ROLAND: Father Ham, in the last week I have allowed myself to get into a spiritual quagmire where I am not experiencing much progress, and also some feelings of being stuck. The method that seems to be most effective is in my prayers, prayers of thanksgiving and enumerating all the things that have been a blessing to me in the last year. I was wondering if you could give myself, and some of the others that might be feeling a little bit spiritually down, some ways we can practice that would alleviate this 'being stuck' feeling.

HAM: Yes. You are not stuck, only feeling so. Spiritual growth, being partially unconscious, is not subject to emotional whims and pressures. When you are feeling in better emotional attunement you will see the progress made, even now. This is

natural and happens to everyone – to have periods of ‘ups and downs.’ Have neither guilt nor anxiety concerning this. Realize you are human, and humans have emotions and natural reactions to the real world. It is not really a problem at all, only natural adjustments. Be at ease.

ROLAND: Thank you. I'll try that. In the last week, I haven't done much contact work with Amster, but I did have one personal meeting with Loraine, and Amster answered questions. I sense there were a couple of errors that she caught right in the middle of the communication. Can you give some feedback about the accuracy of what that personal communication was for Loraine?

HAM: Yes. My understanding is that it was overall, accurate, and sufficient in transmission intent for Loraine's recognition of it. She is understanding of the shortcoming of this type of communication and is able to understand her level well, and receive instruction and guidance, well. This is important, yes, for at times, words may be inaccurate; but overall meaning/intent is understood anyway. It is very good that you are still helping this movement, even under great stress. We are very thankful and happy to have your cooperation. (Roland: It's my privilege to do that.)

JEREMIAH: Father Ham, in the Urantia Book there is a statement from Jesus in the Jesus papers. I quote: "People from another age will better understand the gospel of the kingdom when it is presented in terms expressive of family relationship." Can you comment on that please – because I know you use the term 'the kingdom' in the past – are we ready for this advanced concept?

HAM: Yes. When Jesus expressed man's relation to God using "Father and Son," he was speaking to an age of humans able to understand a loving parental relationship. Primitive clans, hordes, etc., are not as understanding of loving parental relationships as is relatively civilized mankind. Even in Christ's day the father patriarch was 'stern and feared,' and this was not meant to be expressive of the father/child relationship which He desired in using for this day. Today this higher understanding should be more understood. The foundation of great religious advancement has been overlooked in favor of olden ideas of God, even in the twentieth century. Are you understanding? (Jeremiah: Yes. Thank you, Teacher.)

LEN: Father Ham, I enjoyed the lesson tonight. I am very much pleased and love to hear the wisdom, the kindness, and the patience you and the other Teachers have presented to us. John and I both work at a place called Mark Miller Pontiac. We have much occasion to talk with others that are there. I feel that our being there together, at the same place at this time and with the same purpose, may have some significance. Is there any guidance you might have for the two of us for our purpose being there? How to handle ourselves? The second question: I would desire to know my spiritual name, and perhaps a time for a private meeting, please.

HAM: Use wisdom and discretion, especially around a certain female person working with you. She is not advanced spiritually and could be easily turned away from religion by overzealousness. At this time private meetings are being re-scheduled and it is hoped by Rebecca to have assistance from Roland for my communications in the future. I have no objections, for Roland is able to receive transmissions quite accurately. A few weeks more, I may ask him to assist – perhaps at first also

employing Rebecca for accuracy-checking. Your spiritual name will be given at that time. You are very well proceeding having come through much hard road. We do not want to push you too quickly for you tend to become overwhelmed with responsibility feelings, and also, false guilt. So we will schedule later. (Len: Thank you very much).

RACHEL: Father Ham, the lady I introduced to you last week, Dorothy, she asked to be excused from these meetings for the next several weeks. She had already signed up for a course in meditation and those classes are all on Monday. (Ham: Thank you. I perceive it is growing late and I wish you all to rest well this evening for we have much ahead of us. Yes. Time will come for much activity soon. Yes.)

If there are no more pressing questions, are there? (Joshua: No, Father Ham). Ham: I will then bid you all a fond farewell for tonight.

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Preface to Announcement by Ham | Los Angeles, CA | Some Background TM History

Woods Cross Group Member, WOODS CROSS, UTAH 01-31-1992

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Preface to Announcement by Ham - Los Angeles, CA 02/01/1992

This is an interjection - a Preface, to the upcoming transcript of Teacher Ham's historical Los Angeles meeting/Announcement. This meeting was in conjunction with the General Council Assembly of the Urantia Book Fellowship which was being held in Los Angeles this year. Ham had requested of his Woods Cross, Utah Teaching Mission group that he be scheduled to address this assembly/council - a request that was not accepted by the General Council. Ham insisted to meet, regardless, and arrangements were made for this historical 'announcement' (meeting) to be held in an adjacent location, and to invite the General Council Assembly. The Fellowships' president, Steven Dreier, had previously sent to the Woods Cross group a formal letter asking them to 'not' attend their event:

(Steven Dreier): The spirit of the Executive Committees decision is that no meeting between the Councilors and the Woods Cross Study group be scheduled anytime on the weekend of January 31, 1992, either formally or informally. We respectfully ask that you refrain from any attempt to involve the General Council in your activities during its January 1992 meeting. Should you ignore this request and proceed with your plans you will be attempting to impose your convictions upon a group of which you are not a part, and which is neither requested nor does it desire your presence. You will be interfering with the right of others to pursue their convictions as they see fit. We appeal to your sense of fairness and appropriateness in asking that you respect our right to reach our own decisions and that you allow us to structure our meeting as we think.

A commission from the Woods Cross group traveled to Los Angeles and arranged Ham's request not knowing the subject matter nor significance of Ham's intention. Some of the General Council did attend this meeting. Let it be understood that in previous years (1970's and 1980's) many of the Urantia Book community, and some even of its

leadership, had felt somewhat spiritually swindled by their trust and experience with the persuasions and 'announcements' from one, Vern Grimsley, which had much to do with 'the impending doom' of planet Earth by way of a supposed and predicted WWII nuclear war.

Vern was quite the charismatic Urantia Book enthusiast. His movement was called 'The Family of God Foundation' (FOG) wherein he had impressive regular broadcasts on the Armed Forces Radio Network and Radio Free Europe – espousing his 'transmissions from celestial agencies' regarding the upcoming demise of planet Earth. Vern had convinced many in the Urantia Book readership community, including some of the leadership of the Urantia Foundation and the Urantia Fellowship (Brotherhood), to follow him in a large venture to save/shelter those that were selected to survive the demise. This included a significant land-purchase in California where the supporters and followers would be protected from the inevitable WWII and nuclear fallout, in underground bunkers.

Vern's predictions and transmissions were later shown to be without merit or incident, and as a result, the whole experience of 'celestial contact' seemed to be discarded by most in the UB community. Thereafter, most any such claim of 'contact' was met with the sentiments of: "Oh, here we go again."

Perhaps the baby was thrown out with the bathwater, so to speak, in the UB community's reasoning. Like Christianity, who says: 'We have our Bible and we need no more, and any other claim must be of the devil.' – that also became the 'general' sentiment within the Urantia Book community: 'We have our Urantia Book and we need no more celestial contact; any claims of such must be of sinister intent or man's ego-emanations.'

It is this writer's summation: The celestials have always been willing and available to communicate with mankind. Why would Father not want such! Much, perhaps even 'all,' of mankind's advancements has been a result of revelation from on high. The prevalent contention among the Teaching Mission naysayers is that such 'revelation from on high' is only to be given to today's soul-seeker by way of Spirit of Truth and/or from one's Thought Adjuster-nudging, and that anything else, anyone else, must be accounted as 'sinister' and not to be trusted.

Jesus taught that whosoever asks, receives – if asking with real intent. However, it is all too true that as soon as man gets a little celestial insight, he all too quickly seeks special notice or credit, and yields to self-aggrandizing. As history has shown, many (perhaps even most) of religion's leaders who have asked and received from on high did all too easily escalate into elitism, fanaticism, and mysticism – which in the aftermath has caused great skepticism, confusion and doubt toward most any celestial claim. But yet, not always! There were those who truly advanced the cause of truth; these were those who maintained a healthy balance of logic and reason in their pursuit of truth, beauty, and goodness – which balance has moved the masses toward a higher cosmic mindedness and has enhanced spiritual reality.

The Teaching Mission (which had its beginning in the late 1980's in New Zealand) likewise had its share of mysticism, fanaticism, and self-glory-seeking. Abraham had

taught that "such is human life on an evolutionary world." Freewill reigns; and therefore, many egos were involved among these first years of the Mission enthusiasts. So much of the Teaching Mission's beauty, all too soon, became sullied by the many who wanted to be 'seen and heard;' and more often than not, had a book to sell about it.

In short, one might seek enlightenment from God, and when he gets even a slight revelatory answer the tendency is that all too often, he immediately begins to set himself up as special and as God's mini-savior to mankind rather than to simply accept that the revealed tip from the other side of the veil is intended for personal enlightenment - which elicits personal change, first and foremost, before heralding such to others.

As Abraham and Ham often taught in their transmissions, 'The human ego wants one to just talk about personal change and growth - but not actually do the hard work.' Hence, Melchizedek's announcement to those who were to assemble at this momentous Los Angeles meeting: "Welcome to Change." These teachings were to be made a living reality and, 'by example,' to be shown/worn in the lives of the Mission students.

It could be said that at the pinnacle of the Urantia movement in or around 1990--when emotions within the Urantia Book readership was astir, and on the heels of Vern Grimsley's FOG movement (that proved faulty)--the timing was ripe for a small group of Urantia Book students north of Salt Lake City (the Woods Cross group) to receive such a letter from a small sister-group of New Zealand truth-seekers who proclaimed they were under the direction of MachiventaMelchizedek and his former mortal associate, Abraham.

The New Zealand communique stated that not only was the Urantia Book a gift to mankind, but that the heavens were teeming with celestial assistants and Teachers who are ready to help each person bring the Urantia Book to life through daily living - and in so doing, no person is more special than another; "all are equal at Father's table." Melchizedek and his staff of teachers had strong admonitions against fanaticism, personal wish-fulfillment, proof-seeking, self-aggrandizing, and thoughts of self-importance. He taught his new students to instead become child-like - teachable; staying small while in loving service to one's fellows.

"The world will change one changed soul at a time," Abraham and Ham repeatedly taught their Woods Cross students. In Abraham's words: "The Urantia Book, is words on paper - those words cannot love, but you who embrace those words and implement them in daily living as you pass by, can exhibit that love."

The Teaching Mission had its 'U.S. -based' beginning early 1991. Abraham and Machiventa introduced the United States-based Teaching Mission, "the Correcting Time," to the Woods Cross group - under the tutelage of one, Ham, a former mortal from another world in our System, and who hailed here "from Edentia." And on February 1, 1992, Ham delivered this Welcome to Change proclamation to the whole of Urantia (Earth):

"This day marks the beginning of the Correcting Time. MachiventaMelchizedek has arrived and has been duly inaugurated as Acting Planetary Prince of Urantia, an

assignment he has accepted from Michael. Long years we have awaited this day. The Lucifer Rebellion is officially ended in Nebadon. The circuits which have isolated your world are being reopened."

Ham was commissioned as the 'Coordinator' of the 'Teaching staff' comprised of former mortals, both male and female, hailing from Jerusem(our System Capital). Ham identified Abraham as his superior. Abraham said he was under MachiventaMelchizedek's direction, as Director of the Urantia Mortal Corps of Destiny. All acknowledge they are administrators in Michael's Correcting Time Teaching Mission on Urantia (Earth).

Many within the Urantia Book community hail that the UB is clear - that "former mortals do not come back to their worlds of material origin." [emphasis added.] The Urantia Book states clearly to the contrary:

146:7.2 Jesus further explained to his apostles that the spirits of departed human beings do not come back to the world of their origin to communicate with their living fellows. Only after the passing of a dispensational age would it be possible for the advancing spirit of mortal man to return to Earth and then only in exceptional cases and as a part of the spiritual administration of the planet."

A valid question is: Does that 'spiritual administration' make contact with humans?

According to our Correcting Time Teaching Mission administrators, these lessons of the Woods Cross Transcripts contain those lessons mortals receive once they awaken on the first Mansion World - but Michael has decreed to be made available to mortals of this world before death. They are those lessons that will lead this world into 'the first stages of light and life.'

In all the transmissions to the Woods Cross Group there are no Armageddon "end of the world" type teachings. Nor was there any 'warnings' for that matter, as were in Vern Grimsley's FOG experience. Rather, all lessons are about personal change and training mortal students to become better living examples patterned after "the Wayshower" - Jesus of Nazareth, as expressed in the Urantia Book. [Presented by Calvin Len McKee - of the Woods Cross, UT group.]

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Los Angeles ANNOUNCEMENT | Arrival of Prince Machiventa | Welcome To Change

Ham, Los Angeles, CA -- L.A.X. Quality Inn Center 02-01-1992

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[This 'Announcement to Urantia' and the Urantia Book community was scheduled and held at the time of the Urantia Fellowship General Council's annual meeting held this year in Los Angeles, California. It was held at the Quality Inn Conference Room adjacent to the L.A.X. International Airport. The Woods Cross Group was originally a study group of the Urantia Fellowship. The Fellowship (and also the Urantia Foundation) had, for the most part, refused to accept the Teaching Mission's validity as of the date of this transmission, and even as of the date of this updated narration - June 2022.]

WELCOME TO CHANGE

HAM: The Light of God surrounds us. The Love of God enfolds us. The Power of God protects us. The Presence of God watches over us. Wherever we are He is.

My profound and sincere greetings to you all this evening. I am Ham. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia. I am one of many Teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many Teachers among you. One moment. [connection was difficult.] Great is our Mission – understand this in your hearts. One moment. [Pause.]

The time has arrived for an expanded level of truth to begin correction. We come not for ourselves. No, indeed; rather are we in service of Michael.

This day marks the beginning of the Correcting Time. Machiventa Melchizedek has arrived and has been duly inaugurated as Acting Planetary Prince of Urantia, an assignment he has accepted from Michael.

Long years we have awaited this day. The Lucifer Rebellion is officially ended in Nebadon. The circuits which have isolated your world are being reopened. All these changes are occurring by and in accordance with the plan of Michael. Happy and joyous is this day. Blessed in the sight of our Lord. Gracious listeners, I bid you, welcome to change. We mark the beginning of the reign of Prince Machiventa on this day. Questions are welcome. Indeed, happy am I to serve you.

JOSHUA: Does anyone have any questions?

QUESTION: Ham, I am Bob. Would you please comment on the purpose, the scope, and if possible, some timetable information of your Mission, activity, program? Which of the three terms would be best?

HAM: Mission is best. Yes. Plans at present are as follows:

1.) Initiation and expansion of the Teaching Corps. Many of you will desire to receive personal instruction. At present we are preparing a group of Teachers who are in the first phase of our Teaching Mission. The mortals brought under their teaching and guidance are in our corps of elite, who will in the future become teachers themselves, as themselves, not in an intermediary position as is Rebecca tonight. Spiritual enlightenment, individual and group and national and planetary progress, is anticipated.

2.) Also, along with the spiritual uplifting, we are anticipating and desiring cooperation in other areas of human life endeavors as well – chiefly: economic, political, social, environmental, and technical changes. Of course, we are anticipating many years duration of these initial phases of our Mission.

3.) I am commissioned to announce also the third aspect of our Teaching Ministry Mission, and that is as preparatory for an even greater Teacher. Michael has prepared the way. We are expanding the way. A Teacher Son will complete the way

toward Light and Life on Urantia. Time, I cannot adequately and accurately foresee and comment upon.

QUESTION: Ham, this is Sarah. There is a concern in this group from many people about the validity of this experience. There are many here that think that it is a psychological phenomenon or a subconscious phenomenon or an ego-centered phenomenon, and this interferes with the transmission. I would like to ask if there is a way that you could let us know what is the reality and the truth of what is going on, and how are we to know, as individuals, if this experience is just a subconscious kind of phenomena? I think this is an extremely important thing to address. Thank you.

HAM: Understood and appreciated. I cannot tell you anything which will be convincing. All of you must, and will, decide on your own the validity of my words. Only by and through the message and reaction with your indwelling Spirit will there be witness to truth. I can only provide this living truth. It is often, but not always, unrecognized. I have taught for eleven months, and in the main, my words have been received accurately. Yes, there have been errors and mistakes made. I am not a perfect being, oh no. I am as are you, ascending; and as an imperfect being, I come before you.

QUESTION: Hi, Ham. My name is... [inaudible.] I am a mother of young children. Ninety-nine percent of my life has to do with focusing/concentrating on raising and the teaching of them right now. I find that the other one percent generally gets spent doing things for myself. What I am curious about is – because my life is so focused right now on raising my children, doing my best to live the life that I understand Jesus to have taught us to live – I am asking how your teachings may differ from what I have already chosen to follow in the Master's teaching, as I've understood it, and which I have chosen to follow. I ask you that in relation to my children because I feel like I have a really excellent plan. So I am curious to know, in terms of what I teach my children, I am curious to know if you forecast giving us information that it is going to be something new? or is what you're going to be giving us by and large a restatement of the truth Jesus has shown us, and continues to show us in the Urantia Papers? I wonder if you could comment on that. (Ham: Correct. Our Mission is involving only the re-statement of the living gospel.)

[Someone asked a question in Spanish – Ham did not reply immediately.]

QUESTION: Ham, I am Bob. I would speak for my brothers and sisters who don't have any problem here with your validity – there are a few of us out here. I would send our greeting, our collective greeting, and they can stand up and join me if they want to; but I don't care, I am standing here. How wonderful to be involved in this occasion, and I welcome the acting Planetary Prince, Machiventa Melchizedek, wearer of three blue concentric circles. Thank you.

HAM: Thank you. I have enough trouble with English. [laughter.] I ask for the former question to be re-stated.

QUESTION: The question was: Do you have any direct message or comment from Michael

Himself as to what He has in store for us as readers of the Urantia Book? If there are specific roles that He wants us to do?

HAM: I must not speak in substitution for Him; your personal relation with Him being foremost – but yes, love one another. Love our Father. Understand the gospel. Make your lives a living testament to the truth. That is all.

QUESTION: My name is Phil. I mean no disrespect to anyone, but I must ask this question: The Urantia Book tells us that most of what we accept as inspiration is the emanation of our own intellect. We have in the Urantia Book a revelation which is both spiritually valid and factually accurate. I have had the opportunity to listen to a number of the tapes, including three of them having to do with the announcement that Gabriel would make a visitation. And I am trying to understand how such an event could have occurred because as some of us know, Gabriel did not make an appearance. My question is – and I should say that I know that you, Ham, have taken full responsibility for the occurrence, saying that you fully expected Gabriel's appearance – my question is: Did Gabriel fail to show up and leave us or leave the Utah study group waiting, and also yourself, waiting? or did you, Ham, schedule this without confirmation? The only possible third explanation I can think of is, while the spiritual content of the messages out of the core seem very valid, perhaps the factual part indicates that it emanated from Rebecca's deep mind. Can you comment on the question?

HAM: Certainly. I, Ham, have explained the event you have described and have found a spiritual vantage point wherein I understand it fully. To explain this in entirety to your human understanding is impossible. It is only by faith and spiritual awareness that these seemingly inexplicable occurrences are understood – not by the mere mental thought-logic pattern. Morontia mota is similar; an understanding of the spiritual is not capable through a mere intellect awareness – it is a blending of deep spiritual insight bringing awareness together with thought and logic, which is mota. The purely intellectual reasoning will never be entirely satisfying to any of you. That is all.

QUESTION: I think that the teachings that you have shared are quite beautiful, but I must admit that I have learned a few things from a member of the Woods Cross group that cause me to have grave and serious doubts in your Mission. I will say the three things that I have learned; and since you have made bold to come before us all, I will make bold to speak my mind so if there is truth to this, we can bring it out.

1.) I have heard that a member of the Woods Cross group is the spiritual head of the reserve corps of destiny.

2.) I have heard that another member of the Woods Cross group is the next John the Baptist.

3.) I have heard that still, another member of the Woods Cross group is the next Abraham.

I was wondering if you could comment on this and perhaps shed some light on their aspect in your Mission.

HAM: 1) Incorrect. 2) Possible. 3) Incorrect.

QUESTION: Hi. I am Marvin. About seven or eight years ago I was part of a group of about thirty-five or forty people who were convinced with varying degrees of conviction that one of our members was receiving messages from higher up. [Editor's note: This was likely referring to the 'Family of God' movement spearheaded by one Vern Grimsley, which had many followers/believers. Marvin continues...] We went through a very difficult experience, very difficult for us personally, psychologically, emotionally and spiritually - very challenging and testing. As I look back on that experience, I am quite clear that each and every one of us had a motivation for being part of that group and for continuing to participate in it; and, for continuing to believe in the validity of the messages - they were very human motivations. They were means for self-importance; for having a special status; for being part of something big and glorious and grand. They were young and idealistic, but the whole phenomenon wasn't real. I don't think I am addressing anyone but Rebecca right now. I don't think there is anyone else up there. I think you (Rebecca) have, as does everyone, a complex mind that is capable of partitioning for various purposes, reality and experience. And, that the mind can partition reality and experience as different things and feel like other parts of it is speaking, which serves our motivations and what we want. And so I ask you, Rebecca, and I'd ask all the people there involved in this experience: How much time have you spent looking carefully and with integrity at your motivation in doing this? What is it bringing you? What are you getting out of it by having all these people sit here listening to you for a nice stretch of time? How much time have you spent looking at that motivation, and what have you found out as a result of looking at the depth of your motivation? That's my question. (Ham: No comment.)

QUESTION: My name is Ross. I have a twofold question. First: Aside from what you said today about there being a new Teacher in the group, and a new kind of corps coming to Urantia - Is there anything you could tell us that was not able to be transmitted during the original Urantia Book transmissions - something that was left out that we might find encouraging or enlightening today. And secondly: Since the circuits are now opening due to the end of the Lucifer Rebellion, can you tell us what that entails and what else that might mean? If there is any kind of glimmer or something we might see that might let us know that that's come to pass?

HAM: Yes. There is much within the Urantia Book that is preparatory to this Teaching Mission. The Teachers are expanding, and will continue to expand, your spiritual understanding of reality. The actual evidence of the opening of the system circuits will be realized in your life-experience. Much change will you see and experience and witness among the people of Urantia. Have faith, have courage, my son and friend. Yes.

QUESTION: Ham, my name is... [inaudible.] In the Urantia culture--through many seers like Nostradamus, and through certain other interpretations such as in Revelations in the Bible--there have been many channelers in the twentieth century that have contacted people, 'extraterrestrial civilizations' and the like - all with the notion of an inevitable 'doomsday' or 'Armageddon' type scenario which is supposedly a certainty for our planet. Is such a doomsday scenario part of Michael of Nebadon's

master plan? (Ham: No. Unequivocally not! No.)

QUESTION: My second question is: There are to be ten-million inhabited planets in our local universe of Nebadon; and at the same time there are one-hundred-fifty-billion stars, approximately, in our galaxy of the Milky Way, measured with our crude primitive optical astronomy. My question: Is the local universe of Nebadon a part, a section of, the Milky Way galaxy? or if it is bigger, how many galaxies does it include? (Ham: A part, section, yes.)

QUESTION: Our astronomers have discovered that there is one-hundred-fifty-billion galaxies in a sphere of twenty-billion light-years around us. Is this all included in the superuniverse of Orvonton? or are we really able to see parts of 'outer galaxies,' superuniverses, and/or possibly part of the central universe? (Ham: Outer. Outer universes. Correct.)

QUESTION: And my final question is: Usually channelers are tested for veracity by asking a question that is not in their personal field of expertise. I would ask a question from physics for the disbelievers in this auditorium. The Urantia Book mentions that antigravity is a physical phenomenon proportional to the [inaudible] variables that our physicists already know. There are forty-eight references to antigravity in the Urantia Book, and in eight of them there are specifically mentioned these two 'other' variables that antigravity is proportional to; directionally proportional meaning, the higher the other two variables the bigger the effect of antigravity. (Ham: You are mistaken in your question. I am in concurrence with the Urantia revelation, entirely. I am sorry.)

QUESTION: First of all, I join my new friend Bob, and hopefully, the people of my study group that I read with, in welcoming you to the now infamous Quality Inn at LAX. [laughter.] It's kind of a solemn atmosphere in here, but I, for one, was moved to tears when you announced what you had to say; and if it wasn't for the presence of so many disbelievers I would probably be jumping and screaming. So I welcome you and with an open heart. My question is: Now that we are going through this transformation, are there material foodstuffs that we can partake of that would increase the communication with our spiritual selves and this new encirclement that we are undergoing? (Ham: No. It is an entirely spiritual transformation. In your daily dietary intake, use wisdom. Your own scientific understanding is entirely adequate.)

QUESTION: Okay. Thank you, Teacher. My second question is if I am known by a different spiritual name than the one that I am currently using? (Ham: These names will be made manifest to your awarenesses soon.) Reply: Thank you, Teacher, and welcome again.

QUESTION: My name is Joe. One simple question: You made reference to an elite corps as possibly becoming new teachers themselves. I am curious, and am wondering if they are outside of the "Urantia Book" readership? That's all.

HAM: Most of the receivers of our teachings are all eventually and purposely brought to the Urantia Book, for it is extremely accurate. In many of our teaching lessons, there are some inaccuracies - which are inevitable when you consider this type of

communication. The Urantia Book is a bedrock of knowledge for you to build upon and we are encouraging its greater study and understanding. Yes.

QUESTION: When you stated that there will be a new corps of human teachers who will be acting for the celestial government but not through channels like you – who will be directing them and how will we discern their personal normal actions from these new actions?

HAM: I understand. It is a difficult question for there are many, many people involved. It is, indeed, unnecessary for you to concern yourself with others' actions, for you only should concern yourself with yourself. I am authorized to appoint Teachers and am doing so by request at present. These Teachers will give instruction which you must discern and evaluate individually; it is entirely free of individual conflicts between the Teachers, for we are in harmony with one another. Conflicts may arise between humans and you must humanly settle them, for it is not our place.

QUESTION: Hello, Ham. My name is Leslie and I welcome you; and I also welcome all the other spiritual beings that might be in this room with all of us tonight. You speak of inaccuracies through these communications by possibly yourself, or others, that might be receiving information as Rebecca is; we all know how the Urantia Book came through – are there also inaccuracies in the writings of the Urantia Book through the personalities which claimed to have presented it? That is my question. (Ham: Very few, and these are so very minor as to be negligible. It is very accurate.)

QUESTION: Greetings, Ham. I, for myself, want to thank you for coming here with all of these brave souls from Utah who have come to share with us. I can imagine that it is likely, that as people leave this assembly there will be a variety of feelings and attitudes and points of view. I wonder if you would comment on the role of your Teaching staff to promote personal brotherhood in love and good cheer, and especially a good sense of humor in this whole business.

HAM: Thank you. We are, all of us, attempting to follow the way of the Wayshower. It is His will and greatest desire for you to know His life and teaching. You all know His words. I need not say any more.

QUESTION: Greetings, Ham. My name is Wally. In two sessions with the Salt Lake study group on October 7th and 14th, there is mention of a temple to be built. Could you elaborate on its purpose and where it's planned to be built? (Ham: No, not at present. Sorry.)

QUESTION: Hello, Ham. My name is Mark. I have a great appreciation for the beings working in our behalf--your co-workers, so to speak--and the difficulty they have in getting us to look at new things and do new things. In some of the previous times on this planet, when the celestials felt it necessary, they simply visualized in front of a group of people or a certain individual, as did Gabriel's appearance to Mary. Why don't you use that technique so your message is not so ambiguous to us; and there is no doubt who you are then? (Ham: It is not Father's will.)

QUESTION: Hello, Ham and Rebecca. My name is Richard. Can you tell me a little bit about how the cosmic mind can be used in determining the validity of such phenomenon as yourself? (Ham: I am not a phenomenon.) [laughter.]

QUESTION: Let me re-state that: [laughter.] How we can determine the validity of the realness of your teaching?

HAM: Yes. Just as you all have experienced the workings of the Spirit of Truth, and also the effect of your indwelling Spirit in testifying to you of the truth of the Urantia Book itself, I can say nothing more than that.

QUESTION: Also, I have another question. You said earlier that you are to just “re-state the messages of the Urantia Book.” Will there be other personalities transmitting and receiving, as is Rebecca, that might be able to add new revelatory information?

HAM: Of course, many others besides Rebecca. She is only one of a great many mortals who are, at present, being prepared for the same mission. (Thank you).

QUESTION: Ham, my human name is Duane (Faw). You ask me to provide you with an opportunity to address the members of the General Council of the Fellowship. I wonder if you have any particular message that you would like to make to the General Council per se. I'll stop at that question.

HAM: No, Andrew. There is nothing further or special for them. It is only by their reception of this announcement which one is counted on for this particular event. All of our proceedings have been monitored and watched. It is of a greater and more far-reaching importance than you now realize.

Thank you all for coming. I am pleased with the results. I hope to be in your presences again in the future and am so very happy to be selected to make this announcement to you. My greetings, my love, my hope, all go with you this evening. Thank you, Rebecca, for this service. You are well loved, also. I am preparing now for leaving. Farewell.

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Report On The Success Of The Announcement In Los Angeles

Ham, WOODS CROSS, UTAH 02-03-1992

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Greetings this evening, I am Ham. I am your Teacher. I am pleased to announce to you the following: Our meeting in Los Angeles among the General Council members and myself was very successful. We are very happy and joyous that even a few who were at the announcement immediately understood and believed our message. Many had been previously prepared by their inner spiritual force. One moment.

As I was saying, pleased and happy are we with the announcement results. You are going to see and experience the work of God firsthand. My words, though factual in nature, also contain spiritual inner content; and this inner content is sure to bring many many people to awareness of the actuality of this teaching.

Very grateful and pleased am I with the conduct and spiritual understanding which you all exhibited. All were buffeted by the wind of doubt and fearful antagonism - which was exhibited by some of our new friends, yes.

Eventually, even those most vehement in rejection at this time may one day wish to change attitudes; we should all be prepared to welcome them in sympathetic understanding and rejoice in their decision. Hold no grudges. Reject no man. Always stand ready to open the door of brotherly love and acceptance. Many celestial eyes were watching those proceedings, and a great host of angels surrounded the room/building - and, Rebecca. All of these spiritual helpers will work for the advancement of skeptics.

Good is the skeptical attitude when warranted. We must be so unthreatening as to be inviting. Never force an opinion. Always show courtesy and respect for the opinions of others - even when we disagree with them; even when we know they are false. "A soft word turns away wrath" - always remember that, for in this manner, triumph is assured. Little ground can be gained through an emotional, or even an intellectual argument, for only defensive action (which usually cements one's position) is usually the result.

Listen to all newcomers, understand their anxieties, fears, and doubts. Begin to love them as a brother or sister. Sympathize as best you can with their position. When complete non-threatening atmosphere is displayed, then a defensive person becomes willing to change attitudes and opinions. Force and argument never work.

Surely this Los Angeles meeting-experience was a beginning of what you will see in the future - a wide range of reactions and opinions. We will rely now upon the Spirit to work to bring forth these seeds as small sprouts. The seed was planted; God will send His sunlight and rain. We supply the seed; they supply the soil. If the soil is fertile, the seed will bring forth a hundredfold. We cannot control this soil, for it has been the results of a person's lifetime.

You have done very well, my son and friend, Joshua. Much will be required of you; you have stood firm in the winds of adversity directly resultant from your efforts on my behalf. I thank you. And my thanks also from Prince Machiventa Melchizedek. He also wishes to give thanks to Andrew, Rebecca, John, David, James, Roinda, Jason, Roland and Jeremiah for taking our task/Mission so sincerely and seriously. All of you were shining lights to many. You have performed a great and noble service which is to be rewarded in even greater service. I will receive a few questions.

JOSHUA: Father Ham, thank you very much for those kind words, but if that is what the winds of adversity are I don't know what joy is. That was wonderful. Bob of Arcadia, California, who as you know is the person who stood up and addressed you in the public meeting as a believer and wanted to stand up and be counted, has requested that his group receive a Teacher. His wife, Bonnie, says a Teacher has been preparing her for years and that she would like very much to be the transmission-receiver for a Teacher. She wants to express her gratitude for the love and understanding she has received. She is very grateful and appreciative. She would also like to know if her Teacher's name is Estarra?

HAM: Yes, her name is Estarra. She is a great Teacher and loving friend for them. Her association has grown from unconscious preparation, slowly, into a more conscious manner. To Bob and Bonnie: Estarra would like to begin teaching as soon as possible and would like to make a definite appointment for Saturday at 3 p.m., at your home. Please be patient and careful in your receiving and transmitting of her message. It may be a little tiring at first, for you will have some anxiety connected with this. I am happy for you. You have been long serving and gracious companions for Estarra. She has given many favorable accounts or reports before our committee. Yes.

RACHEL: Father Ham, I would like to take this opportunity to congratulate you and Rebecca on your very successful presentation in Los Angeles. I would also like to thank and praise our members that were present, and for the beautiful job they did in representing our group. Congratulations, everybody. (Ham: Thank you.)

JOHN: Father Ham, I just wanted to say thanks also to you and the rest of the planetary government, and all the unseen help we had there. I appreciate it. (Ham: Acknowledged.)

JAMES: Teacher, I had occasion on Saturday night to speak to a man by the name of Martin. I had a good conversation with him. And Sunday, Jeremiah was kind enough to share with me his copy of the tape of the Idaho meeting where Daniel addressed their group. It seemed to me that the contents of that tape addressed very poignantly the very topics that Martin and I were talking about the previous night. I'd like permission to send that tape to him - both your permission and Daniel's, and anyone else's that might be appropriate. Would this be permissible?

HAM: Yes, with a cautionary note - the Pocatello group is not ready for strong public exposure at present. Soon they will be better prepared. Use caution in your accompanying remarks.

JAMES: Would you suggest that maybe I put into writing and send that, rather than the tape - and omit the origin of this tape? just explain that it's a different group functioning elsewhere in the United States? (Ham: Yes. Very good.) James: Okay. Thank you, Teacher.

ELWARD: I am trying to understand the Unqualified Absolute. Would an accurate definition be the aspect that makes freewill possible?

HAM: No. For the Unqualified Absolute contains within, a freewill aspect. Difficult is this subject and hard it is for me to explain in English to your own level of comprehension. The Unqualified Absolute is a Deity of completeness, carrying 'within' the seeds of reality as we know it. Reality, however, is unstable in its unfolding. The Unqualified Absolute is stable. I will one day address this subject with more depth. (Elward: Thank you).

ROLAND: Teacher Ham, I'd like to express the feeling of cosmic connectedness/citizenship that I felt in Los Angeles during the weekend. It seemed like there were a hundred spiritual beings for every individual - at least it felt

that way. I thank you very much for the opportunity to have been there. Two things were said in the address to the body of people who had assembled to hear your teachings that seemed to be new to me. One: That the Teaching Mission will be augmented by mortal teachers who will be prepared to teach the new and expanded gospel – was that part of the message? or did I misunderstand that? (Ham: Yes. You are being so prepared. Yes.) Roland: Thank you. The other, and it may not have been clear: The word ‘phase.’ That, I had not heard you say before; that the fifth epochal revelation, the Urantia Book itself, was the first ‘phase’ of the Correcting Time; and the second phase is your Teaching Mission. It seems to me like the Trinity Teacher Son is a big phase far-off into future; and I don't know – are there other phases between now and the Trinity Teacher Son, that we are able to know about?

HAM: Yes. There will be many such phases between now and the coming of the Trinity Teacher Son. This group is an example for others, for you have been experiencing our teaching the longest; and you will experience this plan/phase of the teaching ministry earlier than most. I can only speak of the two I mentioned earlier. Our teaching to you, your learning and then your subsequent teaching, are all connected together at this time. Many people you are even now teaching, though not formally. It is this personal ministry which we hope to foster at present.

ROLAND: I understand that the preparation for mortal teachers is in the experience of these meetings, as well as reading and understanding of the Urantia Book. I am very much impressed with the idea that there is deep-mind teaching going on. It manifests itself in my experience as a ringing in the ear. Can you confirm that?

HAM: Yes. It is occurring. The inner Spirit works for preparation mainly through deep-mind adjustments and preparing for future events – so that ‘shock and fear’ are lessened; and also, the readiness for action, is heightened. Yes.

ROLAND: I had an experience. It was as if someone else was talking ‘through me’ during an interchange with some of the people who were at the conference during the last weekend. It seemed to me like some of that was directed by my indwelling Spirit as well as the Teachers who were present at the meeting. Can you confirm that? (Ham: Yes. You are led by your Spirit well and, are learning to rely upon His guidance and overcontrol.)

JOHN: Father Ham, a few of us were talking in California about distributing the meetings’ transcripts when people ask for them. I assume people will be asking for them. We are seeking your advice if we should cut out all the personal questions, and references to things like ‘the Sonarington project’ out of them before we send them out?

HAM: It is wise and appropriate to use your own best judgment. I will not censor anything, personally. You may edit and control the giving of information with wisdom and foresight using what you have learned in these past few weeks, and especially this past weekend. Use your own intelligent judgment. (John: Okay. Thank you).

RACHEL: Father Ham, is Lanaforge still our System Sovereign? (Ham: Yes.) Rachel: Has he visited Urantia since the Lucifer Rebellion has been adjudicated? (Ham: Yes, once, for a short time.)

RACHEL: Thank you. Now that Prince Melchizedek is with us, will we be receiving an Adam and Eve or a Vicegerent Adam of Urantia? (Ham: This is not projected for many years – perhaps even more than one thousand.) Rachel: Thank you, Father Ham.

LEN: Father Ham, during this meeting I have had an overwhelming nudge inside of me to ask if there is someone back in my hometown of Tridell, Utah that I should send a book to, and the name that came to me was my uncle DeVon. If so, should I send a book anonymously? He'd probably read it easier than if he knew where it came from – his 'wayward nephew' here.

HAM: You can use your best judgment. Be unafraid to give this great work and stand behind it with assurance.

LEN: Thank you. That helps a lot. I'll do that.

JAMES: Teacher, when you said that we could edit with good judgment some of your teachings, could we interpret that to mean that in some cases to rearrange a sentence, bearing in mind that we would be trying to preserve our understanding of your intended meaning?

HAM: Yes, it would help the readability in some cases. Of course proceed, as your intention is clearly for the best. Worry not over trifles. (James: Very good. Thank you very much.)

LORAIN: In the future, when feeling lack, is there any way I can draw nearer? Is there any suggestion you can give me to help me draw nearer to my Thought Adjuster in these times?

HAM: Your wish and intentions are known and you will gradually experience that which you seek. One further question?

JOSHUA: This question may be premature; and if so, I'll understand: At our transmission in California, you mentioned that other than the spiritual teachings, that the group, on your side, would get involved in economics, politics, the environment, technology – and I can't remember what else. Could you elaborate on that? or is it too early.

HAM: These things will be Spirit led, yes, and will be made more plain and clear in time; and yes, will straighten the road of material progress. It is unwise for me to say any more at present. I am very proud of our work accomplished together, and am so very pleased to be among the privileged as I am.

I send you my prayers tonight for each and every one of you. You all hold a special place within me of love and a feeling of cherishing. So happy I am to serve Michael, to serve our Prince Melchizedek, and to serve you, my friends and children. I love you dearly. Goodnight.

Beauty Appreciation and Value Understanding Equals Spiritual Perception
Ham, WOODS CROSS, UTAH 02-10-1992

Back

[Editor's note: This meeting may be considered the pinnacle of excitement for this new Teaching Mission – at least for those of the Woods Cross group on the heels of the Los Angeles 'Announcement.' As the apostles of Jesus' day were cautioned about becoming imbalanced spiritually – which easily leads to instability and even fanaticism – Ham (and Abraham in years following) gave much caution about becoming too top-heavy spiritually. This transmission was again, such a caution.]

Greetings. I am HAM. I am your Teacher. This evening I wish to announce a change in our teaching schedule. Beginning next week, we have arranged a different approach, one which it is hoped will meet the needs of all at least somewhat better; Roland has accepted his role/responsibility as transmission-receiver, as Rebecca does. It will be good for you to recognize my personal being in association with another mortal. I would like Roland to receive the transmission for next weeks' Monday meeting.

You are all beginning to perceive reality using spiritual vision; we are endeavoring, through teaching and experience, to enlarge this perception. Many years are required to even begin perception of true mota; it requires the soul to become perceptive and experiencing, coupled with the intellectual understanding, together. This dual perception is the beginning of mota.

You may not perceive reality well in using only intellect or, only spirit. The true blending of these two, results in a combined perception experience which transcends either one alone. Philosophy, (or theology) is man's intellectual approach to reality. Metaphysics and various spiritisms are a spiritual approach to reality. These two are both limited, erroneous, and easily toppled/broken by themselves – for the over-extension in either direction is inherently unstable.

Ponder the spiritual value of a child if you would: There is in this understanding, a combination of direct value-perception, to a degree, and, the intellectual understanding of the child 'as a creature of God.' The love from God for the child is the key to understanding this perception. Is everyone following? (Risdon: For myself, I would say, no.)

HAM: Very well. It is your future in understanding, if you will. This is meant to help your balanced growth by promoting deep thought.

Consider instead a beautiful tree whose loveliness begins to be truly appreciated. Impossible it is to be in complete harmony with God's infinite understanding/appreciation. Gradually we can approach His understanding through spiritual insight. And sensing this great beauty is not only through the intellect (that is, mechanical sight and mind reception), but with spiritual perception. You may count the branches, you may note their color, you may see if there are buds on them, or birds nesting therein – these things you may see, but again, the understanding of God's work is in spiritual perception.

This perception is beyond sensory – being truly a morontial experience where we are in 'beauty appreciation;' it is coming a step closer toward 'value perception.' All true value is from the Father and is consisting of an expression of Himself.

Beauty exists everywhere. It behooves us, in humility, to stand before the beauties of nature, in awe, to begin this understanding. How small are we? How impotent we are in the face of the creations of God. If tonight were clear I would suggest looking at the stars before you retire. Pause to ponder on this vast creation of infinite variations and spectacular beauty. Allow your ego to be humbled and childlike, for it is truth and the only proper attitude.

Also, when pondering and reflecting upon the glory of our Father, consider that you are His child; how special you are to Him. It is truly comprehensible, yes, that One who is all-powerful in all things is, in fact, your Father. Allow this to help you grow inside, in stature and in worth to Him. Allow not the trivial ego-centered self to dominate the true spiritual-potential self – the emerging self. Do you see my meaning? Are there further questions?

RACHEL: Good evening, Father Ham. May I thank you for a beautiful lesson, and may I also extend our congratulations to Roland. We have a newcomer with us this evening. Her name is also, Rachel. She is new to our group, but she is not new to the Urantia Book – she has had hers for about fifteen years. Up till about five years ago she did attend Joshua's study group for eight to ten years. Also, Joshua received a letter from Keith and Pat, from Duluth, Minnesota. They are absolutely thrilled – as he said here in his statement: “I have just become aware of the most wondrous news of the direct contact of the spiritual government with your group in Utah. I was made aware of this through my long-time friends, Loren and Ila, in Kansas City. Fantastic!” They are so thrilled and happy about this, Father Ham, that he has requested that he be given anything to do; anything that he can help with the cause, he is willing to do so. He also wants to know if it would be alright for him to come here to Utah to one of our meetings? Would this be permissible?

HAM: Yes, of course, and assure him that he is welcome within the growing circle of those who are receiving teachings. His ready acceptance is a testament to his already strong spiritual contact, and he is most heartily welcomed.

RACHEL: Thank you. Also, last Saturday, Father Ham, I had a long conversation with a member of a study group in San Diego. They had previously asked for a Teacher. They had been a little disenchanted through a number of things that have happened – however, they are still wanting a Teacher. They are waiting patiently for someone in their group to be contacted as a transmission-receiver. Is this forthcoming before too long? Or, do you have something you would like to say to this group? You certainly have my permission to check my mind or memory on this, or anything else at any time.

HAM: Thank you. It is only a trial period they are going through. All have experienced this and are certainly made stronger. The entire purpose of life on Urantia is for testing and trial. Yes, spiritual growth does result from this testing; hard though it seems. In retrospect, life is made more sure and steady by this manner of testing. Yes, it involves all parts of the person, and greatly upsets (or shakes) the very foundations of faith sometimes; and this is wisely done. Forget not whose will we do, and know that His ultimate purpose will come to pass – no matter what plans, expectations or disappointed hopes we have in the interim. I am

also tested here in my morontia existence as a teacher on Urantia, for this is part of my training also. Not only do I come to serve, but to serve for a purpose of finding God further, myself. (Rachel: Thank you, Father Ham.)

JOSHUA: Father Ham, Bonnie, in Arcadia, California would like to hear your opinion on how she did as a transmission-receiver last Saturday.

HAM: A little shaky but willing; and this willingness is the key for ultimate success, with practice. I say to her: Fear not that you are erring, for in time these errors are made right; it is nothing serious for now. Also, be patient and unhurried. Consider that Rebecca has had eleven months of intensive training in this transmission receiving process. In watching her it is deceptively easy, yes, but it is the result of practice and increasing trust on her part, including her trust in me. It is hard at first to trust these words, they sometimes seem foreign and not to make sense. It is easier if you forget the 'make sense' of it and trust the words to flow of their own. If a word has been incorrectly spoken, usually you will sense a pause, a withdrawal of communication for a moment, and perhaps a correction. Be at ease in this process, for time is required to develop proficiency.

JOSHUA: Thank you very much. Bill, of Lawrence, Kansas, desires permission to hear Jolene's tapes of your lessons. And their group also requests a Teacher, if possible. (Ham: Permission granted, yes. A request is submitted, as before. There are nine new groups becoming ready to receive Teachers and all may do so fairly soon.)

JOSHUA: Thank you. Now that the knowledge of your teaching is spreading around the nation, do you still require approval before we can give tapes to various individuals that ask?

HAM: You may use your best judgment. The early time is passed, yes, and now becomes the more public part of our task. First, it is best for the Teacher to hold the group closely as a group, and yet, teach each, individually. When the student becomes adept at incorporating these teachings on a personal level, then comes time for greater teaching of higher spiritual truth; and then for the pupils to begin practice in teaching others. It is easy to be swept up in early enthusiasm - which could lead one into danger of spiritual disappointment, or to fall. This time needed for careful learning, reflection and incorporating, for many, has been stepped over. I would say that you, my students, are ready to withstand many earthly troubles and hostilities toward our teachings, for these teachings are now a living and exemplary part of you.

JOSHUA: Thank you very much. Andrew called me this morning and asked me to ask you some questions in which he had asked their Teacher yesterday, and was referred to you. May I ask these questions? (Ham: Yes.) Joshua: First, he wants to make the following statement: I believe in order to maximize the impact of your address in Los Angeles, I feel it advisory to mail to each of the General Council a transcript of your message. I volunteer to do so. First question: Is this a fruitful endeavor?

HAM: It is difficult to say. Many have hardened their positions and are reluctant to listen with spiritual perception, they find it easier to pick a flaw which they

perceive invalidates our Mission. It is hard to predict what the outcome may be. Use your best wisdom and insight. I am relying on that.

JOSHUA: Thank you. I will go ahead and read the rest of the questions and then just leave this up to him. Also he asks: Should he enclose the transcript of only the message part of the Los Angeles meeting? or of the entire proceeding? (Ham: I will not answer.) Joshua: Okay. Thank you. In drafting a cover memorandum, Andrew wishes to make certain assertions. May I read these assertions for your comment on each? (Ham: Yes.) Joshua: Is he correct in stating that the case of Gabriel versus Lucifer has been finally and fully adjudicated by the Ancient of Days, and that all rebels, including the leaders, either were granted mercy or have ceased to exist? (Ham: Yes.) Joshua: Two: That MachiventaMelchizedek has been appointed and installed as acting Planetary Prince of Urantia and now resides here on Urantia? (Ham: Yes.) Joshua: Three: That the public meeting in Los Angeles, to which the General Council members were invited, was to publicly and formally announce this momentous and joyous event? (Ham: Correct.) Joshua: Four: That, among other things, Machiventa has organized a Teaching Mission to parallel or supplement the Urantia Book, and that this Teaching Mission is the second phase of the Fifth Epochal Revelation? (Ham: Correct.) Joshua: Five: That you, Teacher Ham, are in charge of this mission? (Ham: Incorrect.) Joshua: Six: That Father Abraham is either an advisor, or a Teacher, or both, to this mission? (Ham: I owe allegiance to Abraham. He is my supervisor.) Joshua: Thank you. Seven: That it is wise for the Fellowship to neither endorse nor oppose the Teaching Mission? (Ham: No comment.) Joshua: Eight: Would this letter be more effective if signed by Thern, or Duane, or both? (Ham: No comment.) Joshua: Nine: Does Andrew have your permission to proceed with this? (Ham: No comment.) Joshua: Thank you.

MELISSA: Father Ham, I talked with Elaine over this weekend and she wanted me to ask you some things to see if you could confirm them. She believes that she had received a message from Melchizedek stating that she will be receiving a Teacher by the name of Orion in the near future. Can you confirm this? (Ham: Yes, my daughter. I am happy to confirm this.) Melissa: Thank you, Father Ham. I will call her when I get home tonight. She is really anxious to hear this.

LEN: Father Ham, I don't know if this is a proper question, but I received a phone call on Saturday from a guy named Alvin, in Alaska. I met him once in a restaurant and told him a little bit about this Urantia Book and what is going on with you and the Teaching Mission. He is quite familiar with the term 'channeling' from his travels - especially from an acquaintance of his, Sharon Maynard, in Sedona, Arizona. I explained that in our experience here with you that it is not 'channeling' per se, but a process called transmission-receiving. Alvin is a pilot who flies all over the world. He would like to receive a copy of the Urantia Book when he comes down this weekend. He would also like to be included in what is going on with you in this Teaching Mission. Alvin has a particular question that he wanted me to ask you tonight. He has contact with a Dr. George Merkl, who is eighty-two years old in El Paso, Texas, and who has developed what he calls liquid 'live' Chondriana Life Crystals. And he would like to know if this is something you are aware of, or the Life Carriers? Is this something good for increased health for mortals here? I don't know how to respond to that, to him.

HAM: As mankind develops and changes in awareness and spirit perception, many are seeking greater spiritual contact. Crystals, as such in themselves, are nothing. It is the spiritual level of energy vibration which is transmitted through the crystalline molecular structure, which is sometimes amplified; and this is perceived by humans who are sensitive, spiritually. The man in El Paso is one who has great spiritual receptivity, but who is lacking in some basic reality information, which is perhaps causing a confusion. He is known to us. (Len: Thank you. Is Alvin also known to you, in Alaska?) Ham: Not yet.

[From the Editor, As a sidenote for some historical context: "Alvin Celser" (likely a pseudo name), in the below question, was apparently a one-time under-cover agent for the CIA in the 1980's who had likely been given witness protection in Alaska resulting from his under-cover piloting of drugs for Manuel Noriega - the self-proclaimed dictator of Nicaragua. Alvin was a witness against Noriega in a US Federal trial in Florida in late-1992 and early-1993, which resulted in a guilty verdict against Noriega. Celser became aware of Ham's teachings in Utah (late 1991), via this editor's chance friendship. It was learned later that Celser, in about 2002, was mysteriously assassinated while docking his water-craft plane in Juno, Alaska. Also of interest in upcoming transcripts is Alvin's question regarding the micro-scientific work of one, George Merkl- at this time living in El Paso, TX, but originally from the Soviet Union (Hungary), from which he worked for a time as a scientist in Europe during World War II. Merkl but fled to the US when things got sinisterly corrupt in his science work, in the Soviet Union. Ten years after this question (below) to Ham from George, he (George) was also mysteriously killed (2002) allegedly as a result of his findings that were challenges to corporate interests (see this information on a Dr. George Merkl Facebook page). (Also, is this link which sheds some light on Dr. George Merkl's work; there are many acknowledgements on today's internet.) A further point of interest here: In the Urantia Book, there is a disclosure regarding the 'ancient Sumarian Clay Tablets' that were yet to be translated. Note in Dr. Merkl's dissertations claiming experience in 'his' translating of those Sumarian Clay tablets.]

RISDON: Father Ham, I would like to thank you very much for your lesson tonight. I don't get a chance to say this often, but I would also like to thank you for other lessons that you have given in the past. Quite often when I hear your lessons, my heart jumps and I am filled wonderfully with your messages. My question that I have has to do with your lesson tonight: It sounds like, from what you were saying tonight, that one of the things that we might continue to do is to look for our spiritual perception to continue and to grow. My first question: Is that correct in what you were saying? (Ham: Yes. The growth of the soul will be evident in augmented spiritual perception.)

RISDON: Okay. Thank you. My second question is: We are seeing more and more wonderful things and events happening around us all the time, and I am wondering if there are other things that we can do, other than what you have taught, to prepare ourselves; for things seem to be coming faster and faster.

HAM: Each person should seek those activities which promote inner satisfaction and peace. A wise person follows his inner leading by the results, spiritually. If it is conducive to inner happiness and peace to play an instrument, for example, then this

is good. To enjoy the outdoors, this is good. It is best to lead a balanced life, one in which you remember to live in the moment so that while doing things you enjoy you fully experience them. If for example you enjoy jogging – do not think while jogging, of something else, like work or car payments or housework or whatever. Live in the jogging moment – experience and enjoy this, for it is yours. Do you see? (Risdon: Yes, I do. Again, I want to thank you for all of your teachings.) Ham: Thank you.

JEREMIAH: Father Ham, in your lesson tonight you used the terms 'ponder and reflect.' Can you give us a little more insight on the word, 'reflect?'

HAM: Yes. Reflection is a powerful mind-spirit tool and experience. To reflect upon an event is to bring memory and meaningful insight together, into focus. For example, when you reflect upon your interaction with a person, you are seeing this interaction outside of its happening. You are using your mental and spiritual ability to bring meaning and understanding to the event; and also, deepening your appreciation for it in a spiritual sense. Is this helping? (Jeremiah: Yes. Thank you very much, Teacher.)

ROINDA: Teacher Ham, I just also want to thank you for that lesson. It opens my eyes to what is going on recently in my life, and I just want to thank you for giving me some insight. Also, I want to ask: As with Risdon's question, you brought up the act of 'living in the moment' – does that also include, I guess, when we feel we have made mistakes? You talked about reflection. Is it best not to dwell on the mistakes, and to just chalk them up to experience? and then, just live for the moment from then on?

HAM: Yes. This is wisest, for re-living a mistake changes nothing. You may live it for a short duration, depending upon your self-reflection, but living it over and over for days, weeks, months or years, is error. All we can do is live now. Learn – yes! Dwell – no!

ROINDA: Thank you. I also want to see if I am understanding about the balance between 'spiritual vision' and 'intellect' – when you look at beauty and you feel something, like in your heart which feels beautiful, is that enhancing your spiritual growth, your soul? (Ham: You are perceiving your soul – its reaction to beauty; this is enhancing to the soul. Yes.)

JAMES: Teacher, I don't have a question but I feel the need to just thank you for the beautiful lesson you gave us tonight. It was thrilling. I feel deeply honored to be counted as one of your students.

HAM: Thank you, James. I will be happy to begin some private sessions, depending on the combined working of Rebecca and Roland. I am looking forward to meeting with you all again privately. For now, I am preparing for my departure tonight. As well, I look forward to next week and hope you all will be here, also. God bless you, each and every one. May He enfold you in His arms and guide you in His ways, all week. Farewell.

A Lesson On the Concentric Circles | Wherever We Are, He Is

Ham, WOODS CROSS, UTAH 02-17-1992

Back

[As announced last week, Roland is the transmission-receiver for this evening's transmission.]

The light of God surrounds us. The love of God enfolds us. The power of God protects us. The presence of God watches over us. Wherever we are, He is.

Good evening. I am HAM. I am your Teacher. It pleases me to be here tonight and share in the new up-leveling of will-creature camaraderie. Your prayers are a grateful manifestation of group integration and does begin the meeting with the power of focusing your collective God-consciousness.

This evening I wish to begin this newly public receiver/transmitting relationship with Roland with a lesson regarding the three concentric circles. This understanding, of course, is multi-leveled and deals with the symbolization of concepts of the infinity (or limitlessness) of the presence of God the Father.

Eternity, a word form which expresses timelessness of the self-existent Father, is with the proposition of 'never-beginning, never-ending.' In our concentric circles, each of these circles represents this concept.

In the final expression of your prayer - "He is" - is that 'ever-presentness' of God the Father. Taken together, with 'all that is,' one recognizes that throughout the vast universes there is no dimension of time or space that you may be in that the visualization of these concentric circles will not remind and assure you of His presence.

Thus, the last phrase of the prayer: "Wherever we are He is," applies in the broadest sense to this world's experience, as well as your entire ascendant career. This should be a great comfort for you and those with whom you associate - those who are within your everyday immediate presence and throughout the brotherhood of the planet Urantia. Your departed brothers and sisters who have traversed this planet are likewise always in the presence of God.

This concludes my lesson this evening. For the most part, Roland got the words right.

RACHEL: Father Ham, I agree with you. Roland did do a good job. We do have a newcomer with us this evening. Her name is Mariana. She attends James' study group. She just received the Urantia Book about three weeks ago and has already read about 700 pages. So we welcome her to our group. Also, this week I had a long telephone conversation with Keith from Duluth, Minnesota. I talked to you about him last week. He is going to come to our meeting on March the 9th. He desires just to be here the one night and the one day, and would be thrilled to death, Father Ham, if he could have a personal meeting with you at that time. I have mentioned a little to Roland and asked him if he is free a little earlier on Monday so this could be possible before our meeting.

HAM: Of course, granted. Roland is available and expresses his willingness to do this prior to that evening's lesson. And yes, I shall be here.

RACHEL: That's wonderful, it will thrill him to death. He is so thrilled and excited over all that is going on that he can hardly contain himself. This is true both over the telephone and in his writing. Also, I had a telephone conversation today with a Jenny, from Westwood in Northern California; she is a school teacher. There isn't a study group there, but Jenny has been studying the Urantia Book for twenty-two years. She was at the Los Angeles meeting, and she was absolutely thrilled – and even more thrilled after she received the tape away from the other forces that were present there. She said she wanted to send her love to you and asks if it would be possible for her to come up here to a meeting on April 19th and 20th. And, to have a personal meeting with you on the 19th. Is this possible?

HAM: This would be acceptable, yes, and advisable to coordinate with Rebecca and Roland for this personal meeting, as to which of them would be most convenient. The expression of excitement is understood, and it is the manifestation of the new energy which characterizes this new public experience of our Teaching Mission. You will receive many requests, and much enthusiasm will accompany the expanded Mission. (Rachel: I thank you, Father Ham. It is a thrill and a pleasure to talk to these people.)

JOSHUA: Father Ham, I too have received some telephone calls from various people. Karen from San Diego wanted me to thank you for your message to her last week. She wants me to ask you if there is anything at all that she can do to help serve or to further the cause of this Mission? She is willing to do anything and is also very enthusiastic. Not only that, she wants me to give you her love. (Ham: Thank you. Her willingness is noted and this sister will have an understanding soon of how she may benefit the mission through her efforts.)

JOSHUA: Thank you. I received a phone call from a lady named Pat. She told me she is willing to be a transmission-receiver for the Sarasota, Florida group. (Ham: Such willingness is appreciated and is noted. We have not finally concluded the timing as yet.)

JOSHUA: She would also like to know, is Pat her spiritual name? (Ham: It is slightly incorrect. Correction will come to her soon.) Joshua: Thank you. She has been doing some automatic writing on her computer for approximately a year. She would like to know if this is real.

HAM: As her Thought Adjuster communication becomes more clear, this accuracy, or the lack of it, will be known to her. It is encouraged and desirable for her to continue to practice this method of conscious communication with her indwelling Spirit.

JOSHUA: Thank you. One final question for her: She would like to know if a being named Maitreya, and a human named Benjamin Creme, in England, are of your group? Or, are they false teachers. (Ham: They are unknown to us presently.)

JOSHUA: Thank you. I have one statement and a question from Lee and Connie, of Englewood, Florida; they have received some of your tapes via Ila, of Kansas City. They want to convey their appreciation for your teachings. They think they are wonderful, and they are truly believers. The question they ask: Is it true that the

Inspired Trinity Spirits are bridging the gap between now and when the Trinity Teacher Son will arrive through superconsciousness techniques?

HAM: All Teacher-interaction is mind-to-mind communication. The higher part of the mind is engaged for this purpose – transmission-instruction. Teacher Sons are assisted by many entities. A complete new entourage of spirit Teachers and supernal beings will accompany the arrival of the Trinity Teacher Son. They will usher in a new and even larger expansion of the interaction with will-creatures and supernals during the Correcting Time. Does this help? (Joshua: Yes, very much. Thank you.)

MELINDA: Hello Father Ham. I want to ask for a private meeting with you.

HAM: Of course. It is a pleasure to begin again with these personal guidance sessions. The re-institution of these private meetings will be coordinated, and dates will be assigned according to your convenience and also of Rebecca and Roland's availability. This is a will-creature decision that needs to be thought-out and planned. I will be available in the weeks to come for this activity on Sunday, anytime. Roland just tells me that he too will be available. To lessen confusion, the scheduling of these meetings can be done between Rebecca and Roland. Proceed.

RISDON: Good evening, Father Ham. The other night I had a dream about a solution for raising money to help the homeless. I wanted to find out about getting verification if the dream was really a possible solution to help the homeless; or, if this was something coming from my Thought Adjuster? Or, if it was only just a dream?

HAM: Much dream content--especially vivid dream content--has contained within it creative imaginative ideas which must be tested with reality. Your progress, spiritually, and your willingness to help your brothers and sisters who are less fortunate, is indeed a noble undertaking. Your indwelling Spirit assists you in all worthy efforts. Does this help?

Risdon: Yes, it does. Thank you, Father Ham. I sense that I am guided to do this. Other than my Thought Adjuster, would there be support from other celestial beings to have this possible solution work?

HAM: Risdon, my son, you are surrounded by helpers. You have only to go with faith and to apply your energies toward Father's will.

REBECCA: Father Ham, I don't really have a question right now as much as I'd just like to express my love for you, my respect for you, and my heartfelt appreciation for all that you have done for us. One year ago when you first came I had no idea who you were and I deeply apologize for all my doubts and misconceptions. I just want you to know that I love you, and I'll stick by you no matter what.

HAM: Your diligent, courageous and loving work with me is the beginning of a great and extended mission that you will be known for throughout your ascension. Your relationship with me, and mine with you, has been a great learning process which will continue and will bring great joy and satisfaction to both you and me throughout our long association. Your doubts and skeptical ideas, which have been part of each person who is here in attendance, is the necessary opposite polarity to

knowing and believing with assurance. The tension created between skepticism and understanding, produces the fiber that is the strengthening element of your character. Each person is known to us and has this element. A healthy rational mind is, and can be, of greater service. Rebecca, you are loved and cherished.

WILLEENA: Father Ham, it is very exciting to hear you through Roland, as well as through Rebecca. It's a gift to have your presence with us. I had a question from last week's teaching that stayed with me. I wonder if it's okay to ask. (Ham: Certainly). Willeena: When Roinda presented her question, and your answer came back – I wondered if I understood accurately. Were you saying that the soul perceives itself in the beauty that it is valuing; and as it is seen and recognized, it grows and is enhanced? So with that, in essence, are you saying it is the soul that is seeing itself in reflection all around? and this feeds it to become greater and bigger?

HAM: This is a spiritual insight which is difficult to understand from the experience of looking from the body to the exterior of the body. Soul visualization can perceive itself without the aid of reflecting material. Soul also sees the spiritual beauty and light of other soul matter. You are becoming aware within yourself of this new level of perception. Often the quotation that "one may see the soul in the eyes of the mortal" has some validity. Physical light-stimulation is limited to the perception of reflected light. Spiritual vision is encompassing a larger range of energy awareness. This is sometimes perceptible. Does this help?

WILLEENA: Yes, it does. What I am experiencing lately that relates is that I am starting to have a perception of the energy that is involved in various situations and communications – is this what you are addressing with me right now? May I clarify? (Ham: Certainly.) Willeena: It's different from my thoughts and my emotions and my physical experience; it's more like a perception of the energetic experience apart from those other three aspects of myself. Is this developing, and becoming more of my soul perception?

HAM: Your sensations are created through the integration of physical sight, spiritual insight, and mental resultant stimulation. This is the state of integration which can be achieved by mortals who are sensitive and seeking such integration. Does this help?

WILLEENA: Yes. Thank you. On tonight's teaching – I have been seeing several times now a pebble being dropped into a clear lake and the concentric circles that ring outward from it. Did I understand in your teaching that as we visualize this picture of concentric circles and relate it to the ever-present love of the Father, that it will help in the integration process that you were just discussing with me?

HAM: Your indwelling Father Fragment is the one who conducts and brings together these elements. This is a manifestation of the Fragment of the Father. The love of the Father is also universal and manifests in many ways. The visualization of a pebble dropping into the still waters does create waves which could symbolize the power, expression, and energy-surges of Father-presence. However, as the water is the medium by which the surges of (or waves of) energy are radiated, it is the vast water which is more representative, analogously, of the Father-presence. Does this

clarify? (Willeena: Yes, thank you.)

JASON: Good evening, Teacher Ham. I feel like I have been in a spiritual quarantine for several months. The private sessions are very much a feeling of your company in our household. Last Tuesday evening, Rebecca and I were in the living room and sensed the presence of who I believe to be Abraham. During these moments that he was with us we both experienced a monitoring feeling, like our thoughts and feelings were being picked through. During this time, I went into meditation and conveyed to this individual my concerns and thoughts. I'd like to ask if they were received.

HAM: Your progress is monitored with loving care and concern. There are times in your development that a period of spiritual distilment requires time to be completed. Your concern of spiritual vacancy is unfounded. Growth is continuing and you will receive this expansion of spiritual understanding (mota), soon. You will have a better understanding.

JASON: Thank you, Teacher Ham. I would enjoy very much discussing some of my views and concerns in a private session and I am very grateful to you for the lessons that you have given to us for preparation in this advancement that you speak of. I hope that we all take them the way you deliver, according to our needs, and make use of them. That's all I have to say this evening. Thank you, Teacher.

SONJA: Teacher Ham, I'll save my questions for a personal meeting if I can get that arranged. I just wanted to say thank you for the teachings and everything; it's really made a big difference in my life. Last week I really wanted to hug you. I felt very frustrated in that I could not, but I suppose we could hug each other in spirit. I just wanted to let you know that. Thank you.

HAM: Thank you, Sonja. Your personal meeting will be scheduled and I will be present to answer your questions.

LORAIN: Father Ham, I don't have a question but just want to give my thanks, and say I really appreciate hearing you come through not only Rebecca but also coming through Roland; it means a lot to me and is a great stabilizer for my testimony of these meetings.

HAM: You're certainly welcome. It is a testimony to building faith, to experience this communication through Roland. His word-formation and pattern is accessible and adequate. Also, it is different and less practiced, which is to be expected. His nervousness, yes, makes the process more difficult; but with time, this will improve. My connection with him is beginning to have more stability.

With that said, it is time to end this meeting. This is a process which takes energy, and weakens as the energy is becoming depleted. It is, therefore, advisable for me to wish you all a prosperous and enthusiastic week to come. I am looking forward to our next meeting and the personal meetings which are at this time requested. I give you my love, caring, and bid you, farewell.

Urantia Book excerpts regarding these three concentric circles:

93:2.5 [Part III]

In personal appearance, Melchizedek resembled the then blended Nodite and Sumerian peoples, being almost six feet in height and possessing a commanding presence. He spoke Chaldean and a half dozen other languages. He dressed much as did the Canaanite priests except that on his breast he wore an emblem of three concentric circles, the Satania symbol of the Paradise Trinity. In the course of his ministry this insignia of three concentric circles became regarded as so sacred by his followers that they never dared to use it, and it was soon forgotten with the passing of a few generations.

93:3.3 [Part III]

The symbol of the three concentric circles, which Melchizedek adopted as the insignia of his bestowal, a majority of the people interpreted as standing for the three kingdoms of men, angels, and God. And they were allowed to continue in that belief; very few of his followers ever knew that these three circles were emblematic of the infinity, eternity, and universality of the Paradise Trinity of divine maintenance and direction; even Abraham rather regarded this symbol as standing for the three Most Highs of Edentia, as he had been instructed that the three Most Highs functioned as one. To the extent that Melchizedek taught the Trinity concept symbolized in his insignia, he usually associated it with the three Vorondadek rulers of the constellation of Norlatiadek.

104:1.3 [Part III]

The third presentation of the Trinity was made by Machiventa Melchizedek, and this doctrine was symbolized by the three concentric circles which the sage of Salem wore on his breast plate. But Machiventa found it very difficult to teach the Palestinian Bedouins about the Universal Father, the Eternal Son, and the Infinite Spirit. Most of his disciples thought that the Trinity consisted of the three Most Highs of Norlatiadek; a few conceived of the Trinity as the System Sovereign, the Constellation Father, and the local universe Creator Deity; still fewer even remotely grasped the idea of the Paradise association of the Father, Son, and Spirit.

Back

Loyalty in Relationships and Loyalty to Father

Ham, WOODS CROSS, UTAH 02-24-1992

Back

Greetings. I am HAM. I am your Teacher. A special welcome to our new friends from Los Angeles. I am pleased to welcome you all here tonight.

First, I would like to discuss the meaning of loyalty: Loyalty is a sacred and blessed virtue. All personal loyalties are the highest expression of self-worth. In personal relationships, our loyalties are paramount and are our precious gifts; the innermost soul is exhibiting its highest and most profound beliefs.

Our first and foremost loyalty/duty is to our heavenly Father – who demands, in love, our first allegiance. God gives of Himself in all creation; He has sent His perfect Spirit to indwell the mortal mind. How loyal is this! How profoundly loyal to His creatures is He! How can we exhibit a lesser loyalty than full personal,

worshipful, complete, wholehearted, consecrated loyalty!

Our Father, God, is love. Also is He the most consecrated, divine, complete Parent. Who has a child that they are not completely loyal to!

This word 'loyalty' is inadequate for my complete expression; but in necessity, we use it. In human life, loyalty can express a lower form of consecrated duty in you. This loyalty which I mean to express is supreme for each person. This loyalty – to follow one's own inner Spirit – must be supreme over all else. Blessed is he who walks in his own light, yes, for the light which I may help you discover within, is already there; I am but a helper, a teacher, to help you to discover your own inner loyalties, your own inner truths, however this may be expressed.

Roland, your assistance is required. Rebecca has a headache. [Roland continues with the transmission-receiving.]

To continue ... This concept of the 'Inner Reality' is an ever-increasing truth within each of you. As a child, loyalties are learned in childhood relationships which have relatively simple meanings. As we grow through our mortal experience, loyalty becomes related to our understanding of the fundamental concept, which involves the Fatherhood of the Universal Father, and our relationship to one another as spiritual brothers and sisters.

Consider the idea/command of the Son of Man in which He asks that you “love your enemy.” Recognize, even in this such adverse mortal experience, that the enemy is still your brother. This requires a new level of understanding – loyalty. Ponder this lesson during the coming week, asking yourself: “Is this loyalty?”

This concludes my lesson for this evening and now I will receive your questions.

RACHEL: Father Ham, we would like to welcome Matthew and Joseph to our meeting. I know that you have already acknowledged them, but we want to thank them for coming so far to visit with us and welcome them at any time to our meeting. (Ham: Thank you, Rachel, and welcome, again, Matthew and Joseph.)

ANDREA: Father Ham, yesterday in our study group, we were reading a paper about Conciliators; and the example that was brought up was how the judicial and legal part works. Was it the decision made 'through them' (Conciliators) to include the Life And Teachings of Jesus in the Urantia Book? I was just wondering, because I heard the story about that section second-hand. Can you confirm that the Part IV of the Urantia papers kind of 'appeared' just as they were transcribed? And if so, did that decision go to the Higher Court for that section of the book to be included?

HAM: The story and of Urantia would not be complete without the full and comprehensive section of the Life And Teachings of Jesus – Part IV of the Urantia Book. Bringing forth this book was fraught with difficulties and will-creature turmoil. This part of the book, Part IV, is the foundation of the Fifth Epochal Revelation – a period of which we are its Teachers. Many forces and events were synchronized to allow for the book to be in its present form. How lucky and providential. This body of spiritual understanding is now well established on

Urantia. Does this answer? (Andrea: I guess so. Is it true that Part IV of the Urantia Book, was not a 'transmission,' as were the first three parts - but just materialized? Or is that rumor?)

HAM: A form of this communication (transmission-receiving) was used to produce this Section IV of the Urantia Book. Sudden 'materialization' is not correct.

ROINDA: Ham, I have a question about your teaching tonight; I just want to be clear about it, and also maybe ask for some guidance. My understanding is that the loyalty our Father shows us is like a father showing such to his children, which to me would represent His love for us; and this is what you would like us to show toward our fellow man - that brotherly love. Is that correct?

HAM: Understanding. Loyalty of person-to-person relationships increases with spiritual expanded awareness. To understand that all who you meet are spiritual brothers and sisters does give you the ability to grasp the importance of this quality. Loyalty to your Universal Father is more difficult to manifest in your daily behavioral life. Loyalty is a decision and a congruent action. (Roinda: Thank you. You answered my second question too.)

JASON: Good evening, Teacher Ham. With the Teaching Mission exposed, fairly exposed - broadly enough that perhaps a thousand people are now familiar or have heard your name - will there be an event that you can tell us this evening, something you foresee, that will cement these teachings in this Teaching Mission to the Urantia Book family at large, irrefutably, for the newcomer or nonbeliever that may chance upon the teachings in the near future?

HAM: Those brothers and sisters who are truly God-seeking, and who hear or read my words, will be moved upon by the Spirit of Truth and will know from the resonance of their inner being the truthfulness and the source of whence these teachings come. Miraculous events, or seemingly miraculous events, do not a believer make.

JASON: That is understood by me - yes, and thank you. About the Jesus papers of the Urantia Book - is it true that they were disseminated by automatic writing? or perhaps a material method that would enable the Part IV (the Jesus Papers) to be compiled perfectly the first time around with no mistakes, and then taken away or hidden, so to speak? (Ham: Query - would the method of these writings change your belief in them?)

JASON: Oh, absolutely not! What my question is leaning towards - would we perhaps be expectant of helping to bring about more - perhaps on a different subject such as science, for instance? In other words, a continuation, separate from the compiled papers of the Urantia Book, but nonetheless, a continuation?

HAM: The Urantia Book is complete as a spiritual guide to this generation and many more to come. To seek deeper spiritual content is admirable. To understand the Urantia Book, as it is written, is a lifetime task. Your question with regard to science information is better directed towards books which deal with these subjects. With regard to further spiritual information, your presence at these meetings has up-leveled your spiritual understanding awareness, and has given you a foundation to

better understand those lofty spiritual realities expressed in the Urantia Book. The content of these – our Mission teachings – further illustrates and illuminates those which are contained in the Urantia Book. Is this understanding?

JASON: Yes, Teacher Ham, very much so. Might I say, the Urantia Book will continue to impact me far beyond this life. My final question would involve the people who are developing for their receiver/transmitter stations/groups: These people are here and there throughout the world, and we really do not know them. Should we form a network of communication that perhaps helps foster people that don't know what is happening to them? perhaps even seek after groups that are already intact and ask them to express their views? perhaps even do Mission work with our fellow Urantia citizens that are very familiar with the Urantia Book but not familiar with these teachings? Should we actually seek after them?

HAM: The personal preparation of transmission receiver communication energy is extremely personal. Will-creature fear, and personal commitment to such an extraordinary life-experience, takes its own course. As you know, there are many Teachers in our Teacher Corps which are presently unassigned. And, many are assigned to groups which are in the developing stages of transmission/receiver mortals, but not yet receiving their own teacher lessons as are you, my students of this group. Their experiencing of our taped transmissions and written word facilitates their acceptance at a time which allows them to solidify, concretize, their personal internal will-creature decision to accept this role. [Editor's note: These initial Woods Cross lessons were a few years preceding the Internet, which soon became a much more effective way to disseminate these transcripts.]

JASON: I understand. Will we hear from the Washington's group-Teacher Spartnik, in our group?

HAM: We encourage the recording and transcription of all group-Teacher lessons and announcements. Your lesson-content experience with Spartnik's group, on a personal level, is not foreseen, but is a group-level experience for them. Once a Teacher is posted to their assignment – that group is their main focus of attention, yes, and requires much preparation and review between Teacher and their students' reception.

RACHEL: Father Ham, I'm going to give you an easy question. Have you been present at some of our study group meetings? (Ham: Of course. Yes. I have attended you in your studies, both as a group and individually.)

RACHEL: Are you happy with our Urantia Book group study format, Father Ham? and do you have some suggestions?

HAM: Your contemplations of the spiritual information contained in the Urantia Book, along with the association with your brothers and sisters, is a welcome and joyful experience. We as Teachers, wish to stimulate further reading, study, investigations, ponderings, associations – which brings an increase in understanding. This is the fruits of our teaching.

CALVIN (Len): Father Ham, I appreciate the lesson tonight. A quick question: Last night I unexpectedly thought I heard from someone named Arthur. It was very short

and yet, a little bit powerful. Something I wasn't used too. Could you maybe confirm that?

HAM: Calvin, you are close to verbal communications with your indwelling Spirit. Your indwelling Spirit is the gatekeeper to communications from various Teacher entities. Practice the stillness. Continue to seek to hear your indwelling Spirit.

JEREMIAH: Teacher Ham – this Friday is February 28th, which is the first anniversary of your being here with us. I am very happy and thankful to be a part of this. I look forward to many many more years of service and working with you in our Father's kingdom. I love you. (Ham: Thank you, Jeremiah.)

JOSHUA: Father Ham, Joseph, Matthew, and myself were today discussing the message that Norson gave us on going forth and spreading the teachings of the Urantia Book, with exuberance. And we were wondering – does this include lifting the ban on 'advertising the Urantia Book?'

HAM: The best advertisement of the Urantia Book is contained and emanated from the spiritualized reader's daily living. It is then, when one's example of loving expression (which is the light of God shone through each of us) is manifest, that such example brings that associate/person to the recognition of that hope and love which they wish to have within their own lives. It is this motivation to the new believer/seeker which would give energy in sufficient amount to undertake the reading of such an enormous book. Printed advertisements are, at this time, in a controversial setting which is better left alone.

JOHN: Father Ham, the Spirit of Truth seems to be very strong in every individual in this room. In other people that I have talked to it's very hard to recognize that the Spirit of Truth is even there. I was wondering, is it the long search for truth that develops the Spirit of Truth in each individual? or are some people just given less of that Spirit?

HAM: This great and powerful Spirit of Truth is on the Earth and is in full force and effect – attainable by those whose hearts are softened and who hear with true intent. Many times when we observe our fellows, there is no outward manifestation of the Spirit of Truth acting within their hearts. However, many times, seeds are planted even in the most barren of conditions; and when watered with spiritual water, these seeds grow and do manifest within that individual long after these seeds were planted.

WILLEENA: Father Ham, in our lesson tonight you said that loyalty is a sacred and blessed virtue; and that our personal loyalties are our highest expressions of self-worth. I am wondering: As we grow spiritually and develop our understanding, I assume our self-worth also grows to match that? and that our loyalties, that everything, is uplifted to match that – is that accurate?

HAM: In the ascension and expansion of will-creature spiritual awareness, the qualities which surround the reality of loyalty are up-leveled with coordination and required integration. One virtue does not stand by itself but is supported by those uncommon expressions of higher-awareness.

WILLEENA: Thank you. So with regard to the Correcting Time, and those of us that are involved on a personal level and are developing growth and spiritual understanding, does it serve to develop or enhance our personal self-worth? Is that enhanced by our focus to the virtues, such as loyalty and allegiance to the Father? As we focus spiritually then, is the experience of self-worth, enhanced?

HAM: The strongest and most powerful self-worth enhancer is the personal acceptance of 'the Universal Father as your spiritual Father' as fact. And with that, 'the loving/accepting watchcare' which is expressed and exhibited by this Eternal Father. Once this is realized within the heart of the will-creature, self-confidence and cosmic identity, is established.

JOSEPH: Good evening, Father Ham. It is a pleasure to be here this evening with you and an honor. I wanted to ask about loyalty. When you said to always ask: "Is this loyalty!" - does that mean that every act and decision throughout the day can be considered as either 'loyal or disloyal?' And also, that there could be levels of loyalty - loyalty to a person, a group, and an ideal loyalty to God Himself? Are there levels of hierarchy, or priorities of loyalty, where one loyalty might be higher than another?

HAM: You have rightly said that the highest priority of personal loyalty is to the Universal Father. Once this decision is part of your working practical being, all other loyalty questions are subject to the love as expressed by our Universal Father. Then, even in mistakes of judgment, the love of the Father is so 'all-forgiving' of these judgment errors. If you ask yourself in each situation: "What would the Father do," you will see it - loyalty - most clearly.

JAMES: Teacher, there have been times in my life when I have asked myself the question: "What would the Father do in this situation?" and in nearly every situation I encountered throughout a day I was quickly made aware of my human frailties, and became quickly discouraged because I wasn't willing to live up to my highest ideal in every circumstance. So can you address this issue? It can be very intimidating.

HAM: Yes. To place this high standard of 'living the will of the Father in your daily life,' is indeed an exercise in dichotomy. With prayer, and recognition of the Father's forgiveness in all matters, you can proceed with a happy countenance in your efforts to follow through with this ideal; for it is in the intention (in the direction of your desires) that it is known that you are indeed 'on the path.' I say to you, my friends - mistakes and errors are inherent in this mortal existence; do not allow these errors to discourage or depress you. James, is this helpful?

JAMES: Yes. In a way, it sounds familiar. Somewhere deep inside, I knew that. Thank you for reminding me.

HAM: Truth often sounds familiar. [laughter.]

VELETA: Father Ham, I just wanted to say thank you very much. I have been having a lot of struggles, spiritually, but this last week my heart is so full of joy. I have

a hard time expressing, and I feel a lot of love and warmth from you, and a lot from others. I'm not sure of the who or what, but I feel a lot of love surrounding me and my family. In seeing the changes that are coming about, this really makes me happy. I just want to thank you, personally.

HAM: Beautifully expressed. The connection with Roland weakens. It is perhaps a good point, and on such a beautiful statement, that we should conclude our meeting together. Next week I shall return to instruct you in a new lesson. Until then, I bid you, farewell.

Back

Obedience Results In Increased Opportunity For Service

Ham, WOODS CROSS GROUP 03-02-1992

Back

Greetings. I am HAM. I am your Teacher. This evening I wish to begin our session with a lesson on obedience. Loyalty and obedience are one and the same. Highest loyalty belongs to our Father. Also, our highest obedience belongs to our Father. Contrast this concept with blind obedience to authority - this, I never will preach.

Obedience - that is, actively seeking and actively doing your highest will, is the will of God; this is true obedience. Not all thought impulses seemingly foreign are adjuster communication. If I advocated doing everything which is abrupt presentation of thought, I would error in my teaching.

Life's roads are winding and treacherous, full of stumbling blocks as we have earlier discussed. Keeping safely on this path requires: sound judgment; open reason capacity; ability to think through problems clearly; and fourthly and most importantly - openness to prayer and receiving of guidance. Guidance may come in many ways, for inner heartfelt security on your road is of utmost importance. Guidance is also the concern of your guardian angels, who help to straighten your path so that your footsteps may fall securely.

Father is ever mindful of the needs of His children. This means He ever has an open ear to all your petitions, for He is an all-wise provider. Wise guidance means He will hear, listen, and provide. Yes, and this, with your wise petition and not foolishness in asking - knowing your hearts as He does, your needs as He does, your will as He does. Therefore, be secure in knowing you are wisely provided for.

Obedience (matching your highest will with His will) results in increased opportunity for service in the kingdom. Father has an individual plan for each of His children. Some religionists require conformity in seeking our Father; I tell you, this is error. Some would have you dress alike, eat alike, sleep similar hours, pray alike and live alike; and this is not our purpose, no! Rather, our purpose is for each and every one of you to find for himself/herself this individual path-purpose.

Each of you will live your own individual life, yes, expressing God through this life in whatever means are available to you. This, is increasing God-consciousness and opens the door of service to one's fellows regardless of your station in life. One need not become a monk, a priest or a nun, to lead a Godly life and to lead others to God; or, to be a light for God's expression, no. The sons of God are enlisted together to spread this word through their individual means and capacities.

In the common life, who best to show God to the common man and woman than common men and women? Who can better reveal the heart of God's love than a neighbor? Think on this and how you, personally, can show God's love for His children by showing your love for your neighbor. Hard as this is, essential it is for the path. Easier will it become as you grow in God-consciousness and awareness of His love; for in your growth of becoming 'like God,' you must open your hearts to shine forth His love for His children.

Ponder this and make an honest effort to do it. Even those who you find abrasive or are distrustful of, show through yourself God's love for them. See for yourself how God sees them, and how you may shine forth this love. I will answer questions now.

JOSHUA: Father Ham, in reference to your lesson on obedience: Am I understanding it correctly that we should be obedient to our highest concepts of the Father, regardless of the mores and traditions of mankind?

HAM: Yes. However, I would preface that statement by allowing that the evolving mores of society have a place in our lives. Reckless disregard for these can cause much unhappiness and needless torment and conflict.

JOSHUA: Thank you, very much. Ila and Loren of Kansas City request a Teacher for their group, if possible. (Ham: Yes. This is not only possible but one has been assigned. Her name is Ester. She will contact Ila very soon.)

JOSHUA: Thank you. I will telephone them and tell them the good news. John and Jane Roper of California would like to know if you could give them some additional new information on the stillness, other than what you have already delivered in your lessons.

HAM: Yes. This is difficult, not knowing their situation. The stillness is a practice of quieting mental and physical motion in order to allow for higher consciousness - contact with the indwelling Spirit. You see, much of the Spirits' work is on a level which goes unrecognized in the conscious mind; superconsciousness is its contact level. When we quiet the middle mind (common mind, everyday mind), the higher consciousness wherein these thought registries have been made can then meld down into the human consciousness, thereby increasing conscious awareness of Adjuster function. Your indwelling Adjuster rejoices when conscious registry is made of His work, mental work. The stillness purpose is to help facilitate this communion. I hope this helps. (Joshua: I am sure it does. Thank you very much.)

RACHEL: Father Ham, you have a very anxious mortal son by the name of Alvin Celser, who lives in Alaska. We have located a study group that he can attend in Anchorage, which means that he will have to fly about 60 miles to go to the study group. What

he would like to know is if there is a member in this study group that is being trained as a transmission-receiver? (Ham: Question premature. I cannot answer at this time.)

RACHEL: Then he asks this further question: He wants to know if it is possible for the celestial beings to check him out to see if he is a candidate to become a transmission-receiver. He wants to do anything that he can do to further this work and to get it started up there. (Ham: Request noted. I will contact the proper authorities.)

RACHEL: Thank you, Father Ham. Calvin, do you have anything to add to this?

CALVIN: Maybe just one quick question, yes: Alvin is taking this 'liquid Chondriana' (a new discovery from one, George Merkl, in El Paso, Texas) and asks for your advice on what is known on that. Also, he asks if he should stop taking this. Is it harmful to him? or to continue to take it?

HAM: My limited understanding on this is as follows: Moderate use is beneficial for the endocrine glands and eyes; also helpful for immunity and disease-fighting. When the dosage is too great there occurs the opposite effect, glandular systems having been over-stimulated begin shutting down and immunodeficiency becomes apparent. The advice is to take a minimum amount which seems to help. Don't overdo this drug, for you could cause harm by doing so.

CALVIN: Thank you. A question both he and I have discussed is: We know that we are a creature of free choice and have the choice - to choose the Father's plan and will, or not. Alvin's curious question was, from the understanding of the Urantia Book - if we choose not to follow that plan then we come to be as though we are not and never were. The query is, then, what choice do we really have, rather than to ascend, or, cease to exist?

HAM: Always is there free will. Guidance is available, but at each step, freewill choices are made. Once this choice is made, other guidance must become apparent, and then another choice, different guidance. There is no set predestination for anyone; but rather, the freedom to follow guidance here, reject guidance there, in all different areas of life. Always is there complete freedom of will/choice. Never is there coercion to follow any guidance path. Choosing total cessation of existence is very serious. Only after all possible calls from the Father are rejected is the cessation of existence inevitable. Always does the Father attempt to bring back His lost sheep. Only by total and willful final decision does any will-creature of will-status become extinguished. Does this help?

CALVIN: Yes, Father Ham, and thank you for that most complete answer and the time you have taken to answer this and his other query. I appreciate the lesson tonight and the love and kindness you show us. I hope we can heed your advice this week regarding obedience and loyalty. Thank you.

RISDON: Father Ham, thank you again for a wonderful lesson tonight. My question is regarding our study group meeting: We were reading about the purification of the races on Urantia. I had a question come up in regard to a section, I believe it's page 590, that discusses certain individuals that are labeled as defective, degenerate, mentally defective, socially unfit, abnormal, inferior, unsalvageable. It

kind of affected me a little bit because in my heart I have always felt like everything in this world has some good. I am wondering – if we, as a society or as a world, decided to purify our race, how would those judgments or discriminations come down? Who would say who is unfit or who is degenerate or abnormal? Can you comment on that, please.

HAM: You are admonished ‘as an individual’ to judge not your neighbor. As a society, however, judgments must be made, group-wisdom judgments. An individual is not in any way qualified to judge his neighbor. However, in this difficult matter, group-wisdom judgments will someday have to be made. Important is this idea, for advancing civilization must one day take heed – that the bottom strata of society should not be so great as to sink all of society with it. This is a major problem on Urantia and will take the wisest and most careful judgment of minds to implement any future plans. Again, this must be a group consensus – done to make a better world for your children, your children's children, and your children's children's children. Much of your present societal ills and suffering are the result of the unwise decisions of your ancestors. Do you see a little of how this problem is viewed from our standpoint?

RISDON: Yes, I do, Father Ham, I do. You have clarified it very well for me. When you said that this will lead possibly to a better world "for my children and their children's children, and their children's children's children," that leads me to believe that this is something that is forthcoming very shortly. Am I hearing you correctly that this is something that could happen in the next ten, twenty years maybe? (Ham: This is yet, unknown.)

JEREMIAH: Father Ham, I'd like to follow up on Calvin's question. If a person is trying to make a decision – the highest decision of doing the Father's will – he could look that as either in the short-term, local terms of time and space; or, one can see that it might be another decision based on what's best in the big picture – eternity. My question is: Are there any possibilities where the decision could be opposite locally in the short term, versus the long term?

HAM: The question is: Can there be two wills of God? One for now, and one for later? (Jeremiah: I see, I understand.)

JOHN: Father Ham, in showing love to our fellow man, I often have a hard time. I was wondering if you could give me, or any of the other members of the group, some pointers on how to manifest this, or how to show them the Father's love?

HAM: Yes. The Father's love will grow in your heart first, and naturally, before it spills out into the world. Don't try to push this, for it is a natural outgrowth of God-consciousness. When you begin to know God, then you begin to feel His love for you. And when you begin to feel this love for yourself personally, this love spills out and touches those around you. This need not be a conscious effort always; usually, it is not. Is this helping? (John: Yes it is, and I thank you.)

WILLEENA: Father Ham, I'd like to go back to Risdon's question, and also a question regarding the lesson. I guess I am a little confused. What I gathered in reading the Urantia Book: If our planet had undergone other circumstances – had our Planetary

Prince and our evolution gone according to the original plan, then the weeding out of inferior stock would have occurred 'naturally' a long time ago at a stage where tribes were still warring. But as it stands, because things went amiss and there were mistakes made such as – and this is where I get confused – people who were allowed to live, then infiltrate the whole of mankind with inferior or mentally defective capacity genes, so that now we are in a position where it is a much more difficult situation; now we are facing an even worse predicament having a great deal of infiltration of inferiority. Given all that, we are having to face 'what to do with purification' and 'upgrading the human stock' decisions – and so on and so forth. What I don't understand is: Are we talking about something as simple as an energy force that is very vicious, very cruel, very uncaring inflicted on someone who is born maybe with not as much intelligence – say mentally defective? I'm not meaning mentally retarded – someone who might have a good heart or even a good connection, no; but maybe someone who has got a mean streak. I guess that is where I don't understand. What exactly are we defining as mentally defective or this type of infiltration into the genetic structure, the gene pool, that is not good for the whole? (Ham: I can't tell you. This, society must come to its own decisions regarding.)

WILLEENA: I think my fear is that if 'as groups' we are to judge and then act upon those judgments – are we going to be wise enough by that time to actualize those things. Are we being guided in such a way that we won't have mass massacres and witch burnings and scary things like that? That is scary to me because there have been times on the planet when there has been much death resulting from these attitudes and practices, and I don't believe that it was done with the highest order or intentions. (Ham: Understood. Again, these things must be humanly decided and implemented.)

WILLEENA: Is it possible in these kinds of judgments to make great mistakes? (Ham: Of course. They have been made.)

WILLEENA: Are those mistakes paid for throughout eternity? (Ham: Yes, to a degree. The ramifications are long-lasting, but in time all things are rectified.)

WILLEENA: I'm taking it that these kinds of judgments will not be made by such groups as governmental agencies or peoples in power who seem to get off track with that power? (Ham: I can't tell you.)

WILLEENA: Will we know? Will we have the guidance we need to make those choices as wise as possible? (Ham: I pray so.)

WILLEENA: At this point, there is much that threatens; there are diseases that are running rampant – aids being an example – that looks like are on the upswing rather than the cures coming forth. Are things like this a part of what we are discussing? Are these going to be the ways where some of the people are weeded out? (Ham: No. Absolutely not.)

WILLEENA: So we are actually talking about making choices then? (Ham: Yes.)
Willeena: God help us all.

JOHN: Father Ham, I have the feeling that when I experience soul growth or when I conceive a bit of the Father's love, that there is a certain energy that runs through my body. It feels like that energy itself could be a healing energy of the physical body. Am I correct in thinking that? (Ham: Yes.) John: So is it true that as we understand God's love more, that we will become more physically better? (Ham: More healthy, yes.)

JASON: Teacher Ham, I wish to know where the largest intact population of strong genetic relation to the green man (the one-time green race) is located on our planet at this time.

HAM: Nowhere is there such an 'intact' population, for the green heredity line has been mostly obliterated. Though some, as you stated, still remains in small quantities in India. There is no strong green line population anymore.

JASON: I see. Thank you. Another question: As far as our races in genetic structure being under-developed, there seems to be another new threat that lessens and damages our promotion, and that would be the use of drugs. How would you speak in this day to the habitual drug user who is not only scrambling his makeup of chromosome but also passing on his un-spiritual countenance through his actions to his offspring? How can this problem be addressed?

HAM: Only through spiritual enlightenment do problems such as drugs and alcohol abuse become solved. No power other than God can truly and lastingly save the soul who has plunged into spiritual darkness in the form of bodily abuse. All other remedies are temporary, and not permanent. The emptiness which one feels inside – to such an extent that they seek to fill it through drugs and alcohol – can only be filled by God, through His love; there is no other saving.

WILLEENA: Father Ham, John's question seemed to strike a chord in me – that as we grow closer to the Father and more attuned to the Father's will, that we do grow healthier. And something about that seems to be coming into this other series of questions that I was asking about – being able to discern and judge wisely. As we grow more spiritually attuned and more healthy in all regard, will it become more evident what we are supposed to do?

HAM: Perhaps for you individually, yes. As a society, this understanding will come through hard lessons and much pain. Very difficult is this problem, and extremely so in view of your present-day social structure. Hard and painful will these lessons for society be. But finally, when these decisions are made and implemented, then progress again will be forthcoming within a few generations; and a corresponding decrease in crime and poverty will also be seen.

WILLEENA: Is this a part of our Correcting Time that we are dealing with? (Ham: Yes.) Willeena: I'm sorry that I am spending so much time on this, it's obvious that this has really gotten me triggered here; I'm feeling very strongly about it. I feel like I have a particular work that I pray is in line with the Father's will, as a voice, a writer perhaps, on a mass conscious-wise level. Or, is this change just going to happen if each of us did our parts in Father's will in our own daily regular environments? Is there some possibility we could help ease the birthing

pains of this process?

HAM: Yes, of course. There is always the freewill decisions of individuals, and the group, which could change the course of history. Yes.

CALVIN: Following up a little bit, Father Ham. In some of the tapes of earlier meetings I know you talked about some in-roads being made 'politically and socially.' And in response to what we have heard tonight from you, is there some benefit that we might have to contribute which would be exercising our free will, and which would promote things now, which would help? I seem to think that maybe nothing will be done unless someone asks. As one is prompted and then asks - if maybe each of us, in our own way or in our own purpose, might ask and be told what we can do?

HAM: The guidance must fit the time. When the time is right, guidance is available. Premature guidance is unwise.

CALVIN: I would perceive from that reply then - our most important thing would be in our learning to have contact with our indwelling Spirit, and come to find the love of our Father; and be prepared in that way first and foremost? (Ham: Yes.)

JAMES: Teacher, we have covered a lot of material tonight that has triggered a lot of questions in my mind, and I don't think I can remember them all right now. But one of them is about our individual guidance. Were you saying that our Thought Adjuster leads us on from where we are presently; and regardless of which way we choose out of a whole lot of options, He will just take that choice - and from there, try to guide us from then on as to the best options from that point; on and on and on? (Ham: Yes.) James: Okay, that's what I thought. And regarding the question of eugenics: In my mind, I have always thought that the Urantia Book seems to suggest that we deal with that problem through restricting certain groups or individuals as to their rate of procreation. Am I understanding that correctly? (Ham: Yes.) James: Okay. And one question I had about your statement to John: About the fact that 'as we grow spiritually, we become more physically healthy' - that doesn't imply necessarily that people who become ill are not as spiritual as those who don't become ill in their lives, does it?

HAM: Certainly not; not at all. Only to say that contact with the indwelling Spirit promotes physical health, mental balance, and spiritual poise.

CALVIN: One more question for Alvin C. in Alaska; and this might be a more humorous note to end this meeting on if it's time to end: He asks the question: Life on this world as we know it has predominately two eyes, a nose, two ears, one mouth - from the fish to the spider to the snake, and so on. He wanted to know if it's a master plan that would fit all life on all worlds, or is that not necessarily so?

HAM: No, not necessarily. In other universes, the life plan is quite different and there are endless variations.

As we end this meeting tonight, I send you forward into your lives with my prayers and God's blessing. Good night, and farewell.

Back

Self-Elevation and Self-Ego Thoughts Bring About Hardship and Sorrow in Life

Ham, WOODS CROSS, UTAH 03-09-1992

Back

[In a private meeting with group-member, Andrea, several weeks before this night's meeting, was told through one of the group transmitter receivers, that her upcoming baby would be a daughter; and this week she gave birth to a son. This was reason for some to begin to doubt these teachings' validity altogether. Ham used this occasion to show how errors are bound to happen, especially when the human wishful-thinking is prevalent; and that we were not to rely solely upon another's supposed truth, but fully upon Father's truths.]

Greetings. I am HAM. I am your Teacher. Tonight I wish to send fond greetings to Andrea, welcoming into existence her son. My most replete congratulations in this wonderful event. My apologies also for miscommunication of my intentions, for I am no prophet.

ANDREA: Thank you, Father Ham. There is no apology necessary. I am grateful to have him.

HAM: Rebecca also apologizes. Acknowledging error and stimulating better understanding are an intricate part of this learning process. Many years of preparation have gone into preparing for these communications. Error is necessarily a part of these transmissions when human will and willfulness in understanding are involved.

The most important part of these communications – and I say this for all new persons who are beginning to develop this transmission-receiving skilled effort – is that the human receiver is to be almost completely neutral. To be unconcerned, almost to the point of unawareness of this word-form process, is the easiest, safest and surest method. When one is intervening by any prejudices in any way there are bound to be errors. Be aware of this. Do not worry about it too much, but acknowledge your humanness and encourage others to acknowledge this also. This is the easiest way for our transmission/receiving process.

Tonight I wish to speak about another human will-creature characteristic, and that is the elevation of the self. Often in our inner mental life we tend to raise our self-importance in our own eyes, causing much effort to maintain this elevation to others. This 'others interfacing' is the key element in stress and 'self-importance' maintenance. When we do this, inevitable clashes will occur with others; false self-elevation is easily demoted, crashing down to a more realistic level – which may be painful to the person, but is always a learning process.

Mostly, it is in the mirror of defeat when we view our true selves, our true level of self, as we interact with others. Jesus said: "Better it is to take a lower seat, from there to be elevated to a higher position, than to put yourself in a higher

position and suffer the humiliation of being de-elevated." (Click here for the full Urantia Book text on this phrase.)

Much sorrow and hardship in life are results from these 'false self-ego thoughts' - which in your eyes is self-elevating, but in the eyes of others may be ridiculous. Nowhere, on the other hand, do I advocate false self-abasement. Somewhere in-between there is a balance; there is that point of self-knowledge which enables a person to see himself as others see him - and most importantly, as God sees him.

When you can begin to see yourself as God sees you, you can begin to truly grow in the spirit. This growth will bring the boy into manhood and the girl into womanhood - but in truth, not in falsehood. Then, in this balance, can a person stand with two feet squarely on the ground in complete self-assurance. Also, in this knowledge of how God sees you, is your understanding of your sonship with Him; all true dignity and nobleness of character will grow from this knowledge.

Sturdy and sure advancement in the kingdom requires the growth of maturity and the sureness therein. Unsteady souls wavering in incomplete self-knowledge are destined to fall. By self-knowledge, I mean not the overly psychoanalytical position of the psychiatrist, no! Rather, to know who you are as a son or daughter of the living God; begin to acknowledge that status, and to love your associates with all your heart - for they are likewise children of our same Father. You will see then how you are viewed; you will understand your place in the universe. 'Character' is always growing, developing, and changing. Wise is the man who prunes his own branches. That is all.

RACHEL: Good evening, Father Ham. We have a newcomer with us this evening. Her name is Sarah H. She is a newcomer to the Urantia Book, to the study group, and also to your teaching. I pray that she will continue to come to both meetings - these and our Urantia Book study group, that she may gain a knowledge and really grow spiritually.

HAM: Thank you, Rachel. I am very pleased to meet Sarah this evening.

RACHEL: Also, Alvin Celser. did go to a study group in Anchorage, Alaska. Everything he told them about your teaching and what was happening here - it was like they just poured cold water on it. So needless to say, he came away feeling pretty sad and frustrated. Is there any way you can tell, Father Ham, if the study groups in Juneau or in Fairbanks would be more receptive? He does have his own plane and can fly to where needed for these meetings.

HAM: Most men are secure in their religion. Even within the Urantia Book community, few desire increased spiritual understanding and knowledge. Most cling tenaciously to their settled and safe belief system. Surprising as this may have been for Alvin, it is of little surprise to me. I say to Alvin, seek and you will find - within and without, yes.

JOHN C: Ham, I had a call from a friend of mine this week who claims to be an atheist, and I have had a hard time trying to find a way to approach him with truth. He called concerning his wife who has been ill and has been losing in her fight for

life. Her mental capacity has diminished slowly since an automobile accident about a year and a half ago. They have spent a lot of time with doctors. He called asking me, perhaps with my limited medical knowledge, that maybe I could give him some ideas. And in doing that, I explained a little about your lessons and he said that it would be agreeable for him and his wife if you could assist in any way, perhaps diagnose, or prescribe some type of treatment that could help his wife?

HAM: Permission is granted to give these people transcripts or tapes of our meetings sessions. If then they desire to speak with me, I will be pleased and happy to do so. Begin with this first, the giving of the lessons. We will observe the results and proceed from there.

ANDREA: First, I'd just like to let you know that the apology has been accepted and I am so grateful for this wonderful son that has been brought into my life. I would like to thank Father for the opportunity to raise this child. And I would like to thank you for the guidance that you have given me. (Ham: Thank you.)

CALVIN: Hello, Teacher. I have been trying to write down your lesson, but you lost me tonight, or Rebecca did, so I couldn't keep up. I get impatient to wait for the tapes – is there possibly a better way you could suggest that we could get a correct recording and make it more readily available in written form. I would think that if we had a court recorder stenographer-style, and they type them off and pass them out. Maybe I should just be patient and wait for the tapes. (Jason: Or, you'd better learn stenography.) [laughter.]

HAM: These problems are of a human nature which I do not desire to meddle in. At the earlier meetings, Rebecca says you would not have had problems writing things down. [laughter.]

CALVIN: In your lesson tonight you said, unstable souls waver – I believe you said that 'wavering in self-knowledge, one is destined to fall.' Then you clarified what you meant by self-knowledge. When you say 'destined to fall,' do you mean to 'fall for a short time and then pick up later on a Mansion World?' or fall, as in 'fall and never ascend?'

HAM: Oh no. Only a temporary falling in order to find that self in self-searching. To find God often it is required for humans to experience much adversity, which tends to lower the ego walls of a false self. Only then can such a person begin to reach for the Father in contrite humility asking sincerely for help in understanding. Only then can the beginning shoots of the soul find firm roots to grow in. Often a major catastrophe occurs, and this is not a wrathful God punishing His wayward child, no, but rather is the natural outworking of life on this world which results in much adversity, enough to where a self-satisfied soul wonders about himself or herself in truth, and begins to really seek for their inner God.

CALVIN: Is it okay then, from what you are saying, that it is good to feel inadequate and feel weak, which therefore can cause one to reach out and ask for help from God.

HAM: Yes, yes! so long as this feeling is not all-encompassing in despair and

depression. Feeling weak and inadequate, yes, is a beginning of understanding your relationship to the Lord, for no one can help but feel this way in beginning to seek God. Knowing His spirit lives within your mind and is helping, guiding, showing you always, is a source of great strength. This strength is not drawn from the well of self-ego, no! but rather, is drawn from an everlasting spring of divine help and love.

CALVIN: Thanks. That helps very much. It's good to know that about myself, feeling like an unstable soul, that I am not destined to fall. Thank you.

VELETA: Father Ham, along the same lines that Calvin was on: If one is to feel like a person that's weak and is having a tough time to the point to where they may be having the feeling of being engulfed in depression, what are some suggestions you can give to help feel better about life in general – to feel stronger and to do the things one needs to do? Can you give me some direction there?

HAM: Yes. Often our own mind clouds reality. It may do so with feelings of depression – which tends to show all the world as a vast disappointment to the person. This is a reflection of feeling disappointed with oneself. The only way to overcome this feeling is by grasping the eternal truth that you are a daughter of the Most High God; His own daughter. He understands all your feelings and emotions. He desires of you to stand up as His daughter and to overcome these small difficulties. Use His viewpoint; use this understanding, to see yourself kneeling before a seemingly insurmountable obstruction – which, if you stand, you may walk over. His viewpoint is long range. The difficulties you may be having now are short range. See yourself as an eternal soul, one who will unite with the universal Father Fragment within you, in the wondrous journeying toward Paradise. View yourself in this long-range perspective. View yourself as a daughter of the living God, always. Begin to see these small difficulties as preparation – preparation of your soul for greater things. Know within you that you can, and will, overcome any obstacle. Life, as it is lived on this world, is so short; and the journey to Paradise, is so long. These minor obstacles – though they may seem large, if you keep with the greater viewpoint, you may get a better perspective. Is there anything more specific I may help you with this evening? (Veleta: No. Not this evening but I'll talk to you more on Sunday. Thank you very much. That was very enlightening.)

ROLAND: Teacher Ham, there was a very significant experience on Sunday with you and Jason. There was a concept that I think probably needs clarified and brought to resolution from that meeting; and, given the earlier remarks tonight about will-creature intervention and error in the transmission process, it might be well to see if my understanding was clear on it: We are here convened in a school of high-level spiritual understanding and learning, which brings us to the harmonization and in-tune-ment with our indwelling Spirits. The true prosperity (spiritual, mental, and physical) of the will-creature, or mortal, is the sole responsibility of the indwelling Spirit in cooperation with His personality mortal. And that is your mission – to teach us how we can better unify and become in-tune with our indwelling Spirit. And we know that our prosperity comes from that harmonization – our closer unity with the indwelling Spirit. And then, in conjunction with that indwelling Spirit, to bask upon the world to provide all of our material needs. And that, in fact, it is not any part of your mission to provide

any kind of material assistance. That's the way I understood it. Can you confirm that? (Ham: Correct, yes.) Roland: Given that – then each one of us is charged with the responsibility of providing for our well-being in the physical world and arranging our affairs in such a way that we will have as much time as possible to devote to this service of this Correcting Time Teaching Mission. (Ham: Correct again, yes.) Roland: That's a great relief to know exactly how that is. There is one other question that is a little less positive: In the Urantia Book, in the section describing the default of Adam and Eve, there was a reference to Eve and a generalization made about women – that they were “a little less farsighted,” and “more impatient to see immediate results.” It states that this was part of the cause for default or the beguilement of Eve being led away under false pretensions. This seems to me that is part of a sexist generalization about women. That in truth, that it could easily be said that 'human beings' are a little less farsighted and interested in the immediate; that 'all' are a little impatient, not just 'women.' The reason that I address this subject is not so much that I don't understand, but that perhaps this too was part of human 'will-creature input' into that paper? How do we explain to new readers who are keenly aware of the Adam and Eve story and how sexist that is in the Bible – how can we explain this apparent oversight or unequal spiritual view of women in this particular passage in the Urantia Book?

HAM: The female mind is slightly different than the male mind. And it is observed among females – even on our System capital, Jerusem, with the material daughters from Edentia– that this trait of which you mention is apparent more-so than in male material sons. [Editor's note: The Urantia Book discloses that the “material sons and material daughters – the Adams and Eves, hail from the capital of Norlatiadek– Edentia.] Ham: Women in general on Urantia possess excellent minds and wonderful reasoning capabilities. It is, however, also observed among women of Urantia that they possess the same tendency as was Eve – to not be as farsighted in their planning – but rather, to desire more immediate gratification. This is not true of 'all women' compared to 'all men,' of course – only an observation of general mental tendency. It is not meant to be a sexist remark made in ignorance, but one made merely as an observation.

JASON: Good evening, Teacher Ham. I am very grateful for you and your words. Yesterday I needed a swift kick to restart my motor. As of today, I have begun pruning my tree. [laughter.] Any sprout that may have grown crooked, I chopped them and am now a little more straight in my thinking. I have a new motivation to do my mission work as best I can. I wish to express my thanks to the celestial governing council in letting me roast in the frying pan for two months to bring out my ego so that I could cut it off as well. That's all I have to say this evening, Teacher. Thanks once again. (Ham: You're welcome, Jason. Be careful not to cut too much.) [laughter.]

MARIANNA: I was thinking about this ego thing this afternoon. I have been so exhilarated with my new-found knowledge and my happiness, and in thinking about it – what part of this too, is my ego that is feeling so 'chosen' and so happy to be included? Can you give me a little more help in controlling my ego? I really don't want to stem my enthusiasm, but maybe I should calm down.

HAM: No. Happiness is a natural out-flowing of spirituality. Acknowledgment of your

place as one who is fortunate in receiving these first teachings is wise. You do very well, Marianna. Believe with a whole heart that your Father in heaven has guided you and is watching you always.

WILLEENA: Father Ham, this lesson was very poignant to me. My life as a human – and I have observed that most people seem not to be like myself – I realize life is that process of learning to come back to the Father, coming back to the center, coming back to the point of having both feet on the ground with clarity and with responsibility. I know that I have spent a great deal of my life mainly putting myself down, I do that to myself. I have seen people who have done the opposite, and I have seen people who fluctuate in both places. It seems to be a pattern in the human condition of not feeling 'good enough' to be the child of the Almighty. I am wondering with regard to true self-knowledge – it seems that we are in the process, that life itself is the process, of being unstable, falling down, picking ourselves up, gaining some knowledge, some understanding – going along a little further, maybe going off to the right too far, finding out that self-elevation is not the right way, and then going back to the self-debasement. Are we progressing directly enough? Is there something more? How do I really understand this concept of being this loved and this precious in the universe, and have it be so 'on target' that there is not like a 'fat head' about it? It's like that whole thing about self-elevation and self-debasement – how do I come to a state of purity in recognizing in myself as a child of the living God?

HAM: Willeena, my daughter, friend, and co-worker – you are doing this daily, more and more. Do you not feel that in knowing this immense blessing, that you have not falsely elevated yourself? Do you not feel that in your knowing this immense blessing that it has provided a cushion for you so your self-debasement cannot go any further? I perceive your balance is much greater than a year ago; and I also perceive your spiritual growth has been wonderful. Wise, cautious, and excellent in spirit are you. Far will you ascend in the kingdom during your lifetime and further. You are inspiring to others. You are a great and magnificent soul, even if not fully seen by yourself. Let go of some things and walk ahead in assurance, my daughter. (Willeena: Thank you, Father Ham. I love you.) Ham: You're welcome, my daughter. I love you also.

BRAD: Father Ham, this is the first time I have spoken with you. I have been here a few months observing and tying into this wonderful teaching; I am starting to feel very much now recently within myself. I have traveled many paths and I have discovered many things along this road of life. I am very glad to be here and very grateful for your teachings. My question is dealing with something we have been contemplating at work: We have group contemplation's which you probably know about. We have been talking about fear lately. I would like you to give some words of guidance on how we can be fearless in the face of fear?

HAM: Fear stems mostly in unknowing – an animal reaction of a physical nature to the unknowing. For a man who walks a pure path as you, fear is very little in the way of the outside world. Inside fears of self-doubt, self-failure, and self-inadequacy, may sometimes plague even the purest of souls. Natural is this process in the mortal life, for out of self-doubt comes certainty. Out of self-inadequacy comes strength. Out of self-failure (the fear of self-failure) comes success. All these things tend

to be opposite sides of the same coin so that when seeing one, we also see the other – whether in the mental life or in outer life, this is often so. Think on this and we will discuss this further.

BRAD: Thank you, Father Ham. That was very helpful. I am just kind of curious – are you present at all during our conversations at work, or are you just aware of them? (Ham: I am aware, yes. Personally, I have been present on one occasion. Yes. Christ's path. Christ's path.)

CALVIN: I just have a quick question. I have a terrible time remembering things. Like yesterday, I'll see somebody, I'll talk to them and I'll have their name four or five times, and the very next day I remember them vaguely, but I haven't a clue what their name is. I have really tried to get better at that. Any help I might have? I don't know how to help myself remember people's names better.

HAM: Human problem requiring human solution. Sorry. For now, I would like to close this meeting session and wish you all a wonderful growing spiritual week. And I, again, wish to be in your presences next week. Farewell.
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HAM: Do you feel that your enthusiasm was threatening to them?

RISDON: It could have been, yes; that is hard for me to see. Sometimes I get over-excited and maybe some part of that is my thinking that this is better than anything else, even though I don't try to portray that, but maybe some of that propensity is in there.

HAM: Jesus taught by asking questions. Try to draw out your subject/person by asking questions. By your questions you can teach in little bits. Showing the way, a little bit, without too much light, too fast.

RISDON: Thank you. That helps a lot. I have a second question regarding my wife Jana, who for a long time, maybe a year or more, has had some sores on her arms. She has been to many doctors, and they have stated that it may be stress. Sometimes they go away a little bit and then they come back. Is there anything that you can tell me about these sores? (Ham: No, I don't have anything specific. Query – Is she feeling any better, all-around health?)

RISDON: Most of the time she doesn't. She does come and get healing once in a while from Joshua, but most of the time she has stayed continually sick, one thing or the other.

HAM: Do you think that spiritual bread would be benefiting? By that, I mean, would she be ready to come to our group teaching lessons?

RISDON: I think that my wife is very spiritual in some ways; and I know that her body has been hurting from the car accident for a long time. It is hard for her to be comfortable with such pains in her body; I think it is frustrating to her because sometimes she does want to come, but it takes such toll on her to do so.

HAM: Often in spiritual growth comes an all-around better physical health as well. If she is able to attend, I personally feel that it would be beneficial in the long run, for each health-failing feeds into another health-failing. It has become a cycle of distress and worry. If by chance we could help alleviate the distress and worry, then perhaps the health symptoms would alleviate a little too. I am only suggesting.

DAVID: Father Ham, I have a friend, Shirley S., who has four girls, and all of them have some very severe either mental or physical problems. I have been talking with Shirley a lot about the Urantia Book and I believe that in time she will be willing to embrace the beliefs that are in the book. I was wondering if it would be possible for you to evaluate her and her kid's situation and see if they would be candidates for spiritual healing. And secondly, if this is the case, how could I approach her with the subject? I don't want her to believe in the movement and everything just for the healing themselves; but yet, I think it would give her a lot of hope that she doesn't have right now. Could you help me with that?

HAM: Yes. The healing benefit made possible by Joshua is available to all, really. However, some may benefit more than others; some physical symptoms may benefit more than others; a wide range of results can happen. Personally, I feel her situation is known best by you. You are helping her, already, spiritually especially, and this in itself is helping very much. Use your own understanding of her mental state to decide how much to express to her without expressing too much. I am, in this case, leaving this up to you.

MARIANNA: I have been reading papers from previous meetings. There was a discussion on 'truth,' that "the truth is not facts." Could you explore the idea of truth just a little bit more, to help clarify my thoughts?

HAM: Yes. Truth is soul-experience. Truth is that experience of knowing reality. I teach truth, for I teach 'spiritual reality.' And this spiritual reality, and its repercussion within the soul, is truth. Facts, on the other hand, are things known intellectually only. So therefore, one may be correct as to the facts of a given situation, but wrong as to the truth of the meaning of the situation. For example: The facts are that there are people in this room listening to my discourse. The truth is, my discourse has drawn the people to this room. And the meaning of this may go beyond our understanding, for the true meaning of the God-knowing person receiving the words of truth of God creates a new meaning; and this meaning is a part of the Supreme Being – which full comprehension is beyond my understanding. Truth is like a bell. The bell rings and creates waves of sound which are not the bell. The waves of sound reverberate in the listener and the listener gives it meaning and appreciation – for then is the listener understanding the bell. If that bell were God and His ringing, and His words are coming to the listener – how much more meaning is that? Truth is everlasting spiritual reality – which is God. Facts are simply things known or accepted as known. These two – one on a spiritual-reality plane; the other on a material-reality plane – are very different concepts. Is this becoming clearer? (Marianna: Yes, Father Ham. Thank you, ever so much.)

ROLAND: Teacher Ham, in the Sunday night meeting which I was privileged to be a part

of with yourself and Rebecca, there was a clarity of 'the mission of the Woods Cross Group' stated that I feel compelled to share. And in doing so, I wish to ask that if I misspoke about this 'Mission,' that you help us in clarification or amplification? (Ham: Certainly.)

ROLAND: As follows: "The initial contact by yourself with Woods Cross Group is for the purpose of bringing each of us (as you have reiterated this evening) to a personal God-awareness, a God-consciousness, which, in conjunction with each personality and each God Fragment within each of us, brings a light, a spiritual awakening, a spiritual attractiveness, and spiritual power - which then, as we radiate this experience to others, brings them to us for the opportunity to express and tell those who come, of this Teaching Mission, and of the new and expanded gospel." This seems a simple definition, but one which each person will manifest in their own individual way. (Ham: Correct, correct, yes.)

ROLAND: Then can you amplify or make clearer. (Ham: It is clear.)

ROLAND: I think, for myself, I have been waiting for a spectacular event or happening to initiate action upon my own part. Surely there has been many communications and events in my life which have been abundant and full, and I am very thankful for them. I'm feeling that this simple Mission is one which we can now seize upon as a developing momentum, and with an immediate charge to each one of us to go forth and bring others to this group as new believers. Is this our course of action?

HAM: Yes. Yes, very much so - a very quiet movement; one without spectacularism or radicalism. We exact (or expect) the personal loyalty of everyone, to the Father. This loyalty, which is above all things, will lead you to do what is best for all concerned. Father, who is personally present within each person, must be the ultimate guide. Advice I will give now and again when asked, yes! but direction in one's life, I will not, for this must come from our indwelling Father. Is this helpful in your understanding?

ROLAND: I think it is very clarifying for me. One question I have in regard to reading in the Urantia Book: Going back to the default of Adam and Eve - as I read it, it indicates that there is enmity between the man and the woman. It seems that is stated in another section of the book about the relationship between man and woman - that there are natural hostilities and antagonisms stemming from the advent of the 'default.' Is that a natural state of all mortals? And, is it unique to just our world, or is it a common problem amongst the evolving worlds? Can you address this?

HAM: Yes. There are certain differences between the male and the female of your species, which are biologically predetermined and affect all areas of personal development. Temperamental qualities, yes; and yes, qualitative differences abound. These differences we must look at as not 'antagonistic' but rather, as the spice which causes life to be enjoyable. Often these differences create a dynamic of personal interchange which can be amazingly fruitful in all areas of life: home building, child rearing, working relationships (intimate and non-intimate). These differences of mind are there for a purpose. Usually, the working together of the

two is better than the working between the same sexes in many respects. As it states in the Urantia Book, complete and total understanding of one sex by the other, is impossible – for so much is involved in mental temperament and traits that are associated within one's sex. There can be, therefore, no complete understanding between the two, but this does not mean that there cannot be sympathetic tolerance between the two. Do you have anything more specific?

ROLAND: Then the enmity was not created by the default of Adam and Eve? (Ham: Correct. And this enmity has evolved for the better, in general, throughout the universe, as far as I know.)

ROLAND: Then we don't have, for lack of a better term, 'a curse' that has been placed between men and women to create the apparent differences that we see in our modern society, from the disobedience or the default action of Adam and Eve? (Ham: No. No. That would be misunderstanding. There is no curse on mankind at all.)

ROLAND: The other question that I have, or pondered about: In this particular Paper, it seems like it is rich with things which one could think about, such as when the caravan of the Adamites were journeying to the second garden, and during that journey celestial messengers came to that caravan and took two-thirds of the children, including all the children of Adam and Eve, who were not of decision-making age, back to Edentia as a part of some punishment that was wrought against Adam and Eve. Can you help me with that?

HAM: Incorrect. The children who left, decided fully to go on their own accord. The children of pre-decision-making age were taken for their greater good, and the children who decided to stay, were left.

ROLAND: For some reason, my understanding was that this was a punishment in effect. (Ham: Incorrect. Each person's personal decision was respected. That is all.)

LORAIN: I don't really have a question at this time, Father Ham. I just wanted to thank you for the lesson, and the other comments; they have really touched me very deeply; they've touched my heart. I just wanted to thank you; and thank God for the blessing of opportunity that this is for me. Thank you. (Ham: A simple "you're welcome" is not deep enough to express my return heart feelings.)

ELWARD: Ham, in the lesson tonight you said that we could teach by asking questions. Would a good question to ask someone be something like: 'If I had a truth that could benefit you in your life, would you be willing to listen to it?' (Ham: Yes. Yes, of course.) Elward: If you followed this question with: 'If it were to interfere with what you have been taught, would you still be willing to listen to it?'

HAM: Yes. This is a wise and gentle manner to introduce a truth which may be contrary to a person's belief. I advise, however, to draw out by questioning the person's truest belief – which, despite all belief systems, will naturally be a truth – 'to them.' Bring this forward and nurture this rather than trying to tear down a belief wall. Let those walls fall when they may. No person can decide for another what they should or should not believe.

ELWARD: Thank you. Could you give us some examples of questions that we might ask?

HAM: Yes. "How, my brother, do you best perceive the Lord our Father?" "What is your highest concept of Him?" "How has He touched you in your life?" "How do you know, personally, of God's goodness?" Do you see, questions like this – which show your interest in that person, deeply, in their deepest thought motivations – are really more constructive for that person than anything that you could say. Are you understanding? (Elward: Yes. Thank you).

JEREMIAH: Father Ham, I also have a question regarding the Urantia Book. A while back I was reading that our seventh superuniverse, Orvonton, is based on 'love and mercy.' I understand that Father is the Source of love, and the Creator Sons are Sons of mercy. My question is: With all the attributes of God, are these two (the ones which are highlighted as 'in our superuniverse-'), are these simply 'as in contrast to the other superuniverses' which might have different attributes highlighted? (Ham: Yes. You are correct. The superuniverses, in their spiritual administration, are governed by Sons created for that superuniverse, so that each one is a unique expression of the Father, and the Trinity, and their interaction. Yes.)

JEREMIAH: Are you at liberty to give us examples on some of the other superuniverses – on what some of these attributes are? Or are we not to be concerned of the other superuniverses at this level of our development? (Ham: It is not a matter of spiritual importance for you at this time.)

I would like at this time to break, for the connection with Rebecca is weakening and it is becoming harder to answer accurately. Next week I will answer your further questions. Until then, I must say, farewell.

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Personal Character is Forged in the Fires of Adversity. Gratitude is a Mighty Attitude Changer

Ham, WOODS CROSS, UTAH 03-23-1992

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Jan 1st. 2025 zoom meeting: Before we get into today's lesson, here's an excerpt from the UB which is consistent with Ham's previous lesson in response to Elward and also Risdon's question regarding effective ways to teach one with long-held traditional beliefs. This excerpt is referring to the time he spent with Ganid and Gonod (from India) while traveling much of Europe:

(1455.4) 132:0.4 Jesus learned much about men while in Rome, but the most valuable of all the manifold experiences of his six months' sojourn in that city was his contact with, and influence upon, the religious leaders of the empire's capital. Before the end of the first week in Rome Jesus had sought out, and had made the acquaintance of, the worth-while leaders of the Cynics, the Stoics, and the mystery cults, in particular the Mithraic group. Whether or not it was apparent to Jesus that the Jews were going to reject his mission, he most certainly foresaw that his messengers were presently coming to Rome to proclaim the kingdom of heaven; and he therefore set about, in the most amazing manner, to prepare the way for the better and more certain reception of their message. He selected five of the leading Stoics,

eleven of the Cynics, and sixteen of the mystery-cult leaders and spent much of his spare time for almost six months in intimate association with these religious teachers. And this was his method of instruction: Never once did he attack their errors or even mention the flaws in their teachings. In each case he would select the truth in what they taught and then proceed so to embellish and illuminate this truth in their minds that in a very short time this enhancement of the truth effectively crowded out the associated error; and thus were these Jesus-taught men and women prepared for the subsequent recognition of additional and similar truths in the teachings of the early Christian missionaries. It was this early acceptance of the teachings of the gospel preachers which gave that powerful impetus to the rapid spread of Christianity in Rome and from there throughout the empire.

Greetings. I am HAM. I am your Teacher. I have decided that the beginning prayers are so lovely that another introductory prayer is unnecessary. I will, therefore, begin directly. Thank you, Elward, for your kindhearted prayer.

Life is like a continuous prayer – we ask our Father for many things but are sometimes disappointed with the reality which ensues. Better it is, then, to live a joyful and complete life, praising our Father in all things, even for our disappointments and apparent failures. He who sees all things looks deeply into your hearts in times of crisis decisions. When all seems hopeless and dark, a ray of light always enters the faith-filled person, guiding and showing the way to a greater comfort state.

Discomfort in life has a purpose and reason; not to cause you to flee from it, no – but rather, to strengthen your character by enduring what is discomfort. Strength of personal character is forged in the fires of adversity. When life is too easy, overly comfortable, then are decisions easily passed over – decisions which need to be made for strength and courage to be made manifest.

Hard decisions require courage and stamina in their follow-through. When Jesus found a lost child, for example, He spent a good portion of the day searching for the child's parents. He made a decision to help and He had the strength, courage, and stamina to follow this through. This is an example of 'strength of character made manifest.'

Ease in life is generally sought after and yet, rarely found. Life is not easy; it is not meant to be. When you give your word on something, have you strength to follow through? Or, do you sometimes take an easier pathway neglecting your original decision? Strong characters are resolute characters. Hard though your paths may seem, persevere and you will be rewarded by your Father who sees all and knows your true intent. Envy not your fellows for whatever station in life they hold. Each mortal lives life and learns life's lessons differently. Your precious life is for you alone to live.

Each person makes individual choices, sacrifices, and endeavors to create a unique life of God-worthiness. Judge not your fellows, for I say this again – their own decisions, their life, is theirs to live; and no mortal is ever capable or fit to pass judgment on another, no matter what the circumstance.

Therefore I say to you, live your lives fully and deeply in the knowledge of your relation to the Father each day. Be grateful for your lives, even when it is the hardest of circumstances. When the feeling of gratitude is far from your hearts, attempt to bring it back. Think more deeply and more farsightedly about your life circumstance.

Yes, everyone faces their own unique challenges with family, with work, etc. Be grateful for the opportunity to surmount those challenges and to show yourself what you can do. Our Father has all the confidence in the world in you; He knows already what you can do – perhaps maybe you will even surprise yourselves. Remember, gratitude is a mighty attitude changer and useful in many of life's situations. That is all. I will receive questions.

JOSHUA: Father Ham, yesterday I received a telephone call from a gentleman named, Bruce M. of Knoxville, Tennessee. They have communicated with the people in New Zealand and request a Teacher for their group. (Ham: Granted. A Teacher is due shortly.) Joshua: Thank you. Would you care to tell us the Teacher's name? (Ham: El Roy.)

RISDON: Good evening, Father Ham. I have been pondering a question recently in regard to a concept that I have had for a while from books that I have read, movies that I have seen, and experiences that have happened to me. The concept is that everything has a purpose, that there are no accidents, per se; and I don't mean it in a way that everything is completely planned out for us, but more as an optimistic way of looking at things so that sometimes when things do go wrong, we do have a reason for those things that go wrong. Can you tell me if this is an accurate concept?

HAM: Yes and no. Everything in life is a combination of pre-determination and the accidental world. So much of life on this world is bound up in material matter of time and space. Human life is the progressive path of increasing spiritual control over the material. Many people are far less spiritual than you are; they are prone to experience more of the accidents of time, and may even inflict these accidents upon you. Your spiritual guidance may find that the best understanding for you is to have your experience in these accidents so that you gain enlightenment, even though they are an apparent misfortune. So you see, not that an accident was pre-determined to happen to you so that you would 'learn this lesson,' no – but rather, your indwelling Spirit found the lesson in the accident to give you. Is this helping?

RISDON: Very much so. I have another question in regard to your lesson tonight. You state that each one of us goes through a certain amount of discomfort. Though sometimes, as I see people go through their hard times, I seem to see some people go through a terrible amount of discomfort, and a part of me says: "Well God wouldn't give this person this amount of discomfort if the person couldn't handle it." And another part of me says it's so unfair; it is so hard to watch people go through so much discomfort. I ask if you could comment on that.

HAM: Yes. The accidents of time and space are not fair. In spiritual reality, these things are known as minor in the overall view. To a suffering mortal a different

view of course, is seen. That is why I endeavor to give you a broader outlook, enhanced wisdom, and a stronger base to stand on in view of all the many different sufferings you all go through. Father, of course, has not willed these sufferings upon you. In His great plan, sufferings are an inevitable result, but short-lived for the individual. What matters it if you endure hardship for a tiny fraction of your eternal life if this is the greatest determining factor in your survival? Wise and correct it is to have compassion for your fellows. Yet, how could you know compassion without ever experiencing suffering? Compassion is a great and worthy spiritual fruit which can only come in self-identifying with another. Mercy is God's great abundance. His mercy is infinite. How would you understand mercy without knowing sin and suffering? In God's great design, His spiritual nature rules and dominates. Only the partial reality is sin and suffering; and though existent, they are not enduring – they are only partial shadows of the true reality of God. Do you have further inquiry?

RISDON: No. No thank you. That was beautiful. I just want to say that I love you very much as a Teacher and a friend, and I think of you often.

HAM: Thank you. The feelings which are communicated, I give you also in return.

JEREMIAH: Good evening, Father Ham. I have two questions. The first one is to do with your lesson: You say: "Live your lives to the fullest." Can you talk about that a little further?

HAM: Yes. Each moment lived is a wonder. Often we forget who we are, where we are going, and what this life means. When we reflect on these things (on God, His goodness, and the beauties of His world) and come to appreciate His children, then are we just beginning to live life fully, for we have a greater awareness of true reality. Each moment can be enjoyed for itself, for to live in the present, in the presence of God, in communion with our brothers and sisters – this is the beginning to living life fully.

JEREMIAH: Thank you. My final question: I am having trouble with respect to 'will,' and 'desire.' Can you help me understand these two terms and the difference between them?

HAM: Yes. Desire is the beginning step of will. Will is the actual living of a desire which is a thought pre-action. Will is the thinking and acting-out of a plan which is desired. When we desire to do God's will, the first step is taken toward the doing of His plan so that when your will and His will match, you are actually living God's plan for you. Is this helping?

JEREMIAH: It's very clear. Thank you very much, Teacher.

JOHN: Father Ham, I am having a problem regarding fear. I understand that I should look at my relationship with God, realize my sonship and take great joy in that. I think I realize that intellectually, but I have a hard time realizing it spiritually, and making it a part of my life. I was wondering how best to deal with that and incorporate it, as well as to just understand it?

HAM: Yes. Fear often inhibits true spiritual understanding and growth. It acts as a blinder to the more complete vision of life. Fear can create tunnel-vision of sorts, preventing a wider and more meaningful picture of reality to enter our souls. It is wise in life to reduce fear and anxiety. Understanding of your sonship with God will gradually take root and grow; and in doing so, will crowd out the small weeds of fear and mortal cares. These weeds of anxiety should not be allowed to choke the good plant of spirit. A willful and purposeful decision – to disallow anxiety to be a factor in decisions – must be made. That is, exercise your right of being; this right includes freedom from anxiety, freedom from fear – it is your birthright as a son of God which gives you this privilege. Stress in life often creates a haziness in thinking and forgetfulness, for we tend to adhere to troubling thoughts and not let them go. Adhere instead to pleasant thoughts; don't let them go. Focus not on the weeds, the insignificant things of life. Look well to your shrub which will soon be a tree. Acknowledge your spiritual growth and progress – think how wonderful it is expanding your horizons in this way. If anything that I have said is helpful, then I am most pleased, for I hope to be of help. I know that often these words may seem hollow.

JOHN: No. They are very helpful. Thank you. I have another question: We were reading about personality extinction, and I get kind of confused as to whether the Ancients of Days are always the ones that judge on that? I came home from the study group and was reading, and it said that a Magisterial Son, in the case of a planetary dispensation, will adjudicate that age for surviving mortals, or mortals who don't survive – could you clarify that?

HAM: The Ancients of Days always pass final verdict. They receive recommendations from lower tribunals, much as your modern courts do. (John: Thank you. I just wanted to tell you how much I appreciate you.)

HAM: Thank you, John. I love you.

RACHEL: Good evening, Father Ham. I likewise, thought your lesson tonight was wonderful and with a lot of food for thought. I thank you. I would like to ask how our individual guardian angels are chosen, and who assigns them to us.

HAM: They volunteer to escort you through life and are assigned by a tribunal of angels who review your personal needs and decide the pair best to accompany you, personally. This recommendation is transferred up to the world of angels surrounding Salvington where there is another tribunal which passes on that decision. The higher tribunal has final approval of jurisdiction.

RACHEL: I thank you. Then they really are assigned to us to match our needs – more or less the same as our spiritual names that are given to us, matching our personality as close as possible. Is this correct? (Ham: Somewhat, though names and beings are very different.)

CALVIN: Of the inhabited worlds in a System, where there are eventually one thousand inhabited worlds – and I understand there is not nearly that many in our system yet – but is that literal physical worlds? I read in the Urantia Book where it speaks of super-physical worlds, which are architectural worlds. I understand that we are

material beings, and that there are also morontial and spiritual beings – so is that true also regarding ‘worlds’ – physical planets? Morontial worlds? and spiritual planets? Could you help me on that?

HAM: All of the planets’ systems are material with some having architectural addition of morontia materials. The System planetary mortal evolutionary worlds are material entirely. There is no purely spiritually-existing planet, but Paradise is close.

CALVIN: I think I understand – until I got to the part where you said: “Paradise is close.”

HAM: It is not a material reality at all. It is the birthplace of material reality. (Calvin: That helps very much, and I thank you. I also thank you for your lesson.) Ham: You're welcome. I will receive only one more question.

SONJA: Teacher, I ran across the titles of a couple of books that I wanted to ask you about. One of them is called: “Melchizedek Truth Principles,” from the “Ancient Mystical White Brotherhood.” The other one, even more curious to me, is called: “Melchizedek Bible,” and it has a publication date of 1989. For the author, it says: “The order of Melchizedek Staff,” and it is edited by: “students of the anthology of the order of the Melchizedek Staff.” Are you familiar with either one of these books and this group of students? And would this be of any value to us? Is this truth, or whatever?

HAM: You must make your own determination. I can only suggest reading with an open attitude, and to always seek truth, no matter where it seemingly originates.

That is all for this evening. I wish you well this coming week. I sincerely love you all and desire the best for each of you. My job is circumscribed in what I can and cannot say to you. Know I truly desire your well-being and happiness, and am doing the best job I can for you. Farewell.

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Florida TM Group Letter Regarding Melchizedek Incarnation | Health and Awareness of the Body

Ham, Ester & Abraham, WOODS CROSS, UTAH 03-30-1992

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JOSHUA: Roland received transcripts from the Tallahassee, Florida group, which he read at the beginning of our meeting and was not recorded. With his permission, I am reading them to put on the first part of the tape so the rest of the tape will make sense. The Teacher in Tallahassee is named Will (female Teacher). I will read a portion of what Will and others said:

WILL: I wish to say a few words on the rapid and astonishing developments taking place with the Sarasota group. These people, like you, are long-time readers of the Urantia Book and they approach the prospect of further developments with a different component of eagerness than those assembled in this group tonight. Since your

Sarasota neighbors are so willing to cooperate and promulgate these teachings, there have been some unforeseen developments in that area.

I recall saying to you some time past that we never know when the Melchizedeks will act, and that many decisions are made at a level far above my own. The administration of heaven has no rumor mill; we find out about things when they happen.

It is not disturbing or surprising to me that those involved in the instruction of the Sarasota group would be taken by surprise that Michael would appear or deliver a message, personally; but I will say that we have come very close to this in this group in the past. Those events, like the Sarasota developments, were told to me only after they had occurred.

It is left for us in the administration to puzzle out exactly what it is Michael intends to do. He is apparently responding to changes in circumstance and it is not known to us exactly when He intends to put His new plan in operation, but it does appear that Machiventa Melchizedek will incarnate and once again walk on the soil of your planet.

I am astonished at these developments. None of this was forecast. Only the roughest outline of the plan which we originally followed has remained. In the details, very little has proven to follow the original forecast. It has a very vital feeling to it all. The Melchizedeks will establish a school, as they did in ages past, with many students with a broad range of ability. Now let us stand by and see if there is further commentary on these events.

JOSHUA: Then Mantutia Melchizedek spoke through their [Tallahassee group] transmission-receiver. He says:

Michael has this to say: You are not the elect, you are the 'select,' and He is pleased. Each of you is known to Him from the beginning of this effort. Each of you is thoroughly examined and found ready for this task. You are known to Him and you will soon stand in His shadow. Your world is scheduled for a change of more than epochal dimension. He proposes to take human form and walk among the people and gather them to Him and reveal Himself to them in all His glory and in the name of the Father.

Michael's light reaches into every corner. There is no place to avoid His power. You cannot shrink from that which surrounds you on all sides. He but has the thought and the event is achieved. Many are His servants. Your world will be blanketed with His shining example. I know whereof I speak for I am a Melchizedek in His service. My name is Mantutia Melchizedek. It is my honor to prepare His way. Malavatia Melchizedek, Machiventa Melchizedek, and myself, will precede him. Michael Himself will usher in the Trinity Teacher Son who will follow in His stead, and God's wake will wash across this universe. It is the tide that raises all boats. Your world will be changed as much as the difference between night and day.

Michael's sun never sets. A new day will dawn for you, our friends and noble companions. You will be called. Make yourselves ready. Clear the decks, the time of

action is here and not many days hence you will see these events transpire with your own earthly eyes. Make ready. The table is set. I bid you a fond farewell, and look forward to meeting you, embracing you, each one of you. So be it.

JOSHUA: Then Machiventia Melchizedek spoke:

It has been decided that the instruction groups, while a sterling idea, are not the method to reach the majority of the people, not only on this continent but around the planet. Therefore, we have turned up the fire, Michael has said so. I am happy about it. I look forward to this. I do not long for the burden of the material flesh, but it has its compensations. There are days when the smell of the air makes life worth living. We desire that you enjoy the things of the material life which help you appreciate the great Gods' creation.

Therefore, several of us are asked to take on human form. It is cumbersome, but in many respects rather fun. I anticipate this. In not many days from now we shall look upon each other as brother and sister. I have enjoyed your companionship and fellowship up till now. It has been a joyful experience for all the members of the instruction team. Mark this lesson for it should serve you well. Opportunity leads to further opportunity. We are on a grand adventure.

I look forward to seeing the planets hang in the night sky, the sky lightening before dawn, the heat and the bugs and the dogs. I thought I had set these memories behind me. Now I find that I have another opportunity to re-live these experiences and correct those few mistakes which I made – this time with Michael as my companion, what a joy. I will be happy to be rid of the burdens of office. I prefer to be myself, Machiventa Melchizedek, your companion, your guide, your friend. Many are the conversations we will have together. I welcome this.

Well, we all have work to do. The day will arrive, you will know. In time, everyone will know. What a grand development. I will speak with you again before this transpires, but I must return to the party. Goodnight and God bless you.

[Editor's note: The above was a letter read at this night's meeting from the Tallahassee TM group, and their exchange with the Sarasota (Florida) TM group, concerning transmissions they had received regarding the Melchizedek's 'physical' return and, of the 'Melchizedek teaching schools.' Their transmission did evoke some great wishful-thinking, proof-seeking, exuberance, consternation, and even doubt throughout the Teaching Mission in the months to come. Thoughts to consider regarding this letter of the Florida transmissions, and the Woods Cross TM group's reaction: In Jesus' day, He told his disciples of His promise to return again. Thereafter, in the first generation and the 2000 years since, many of his followers expected this Second Coming event to happen 'any day.' It brought about much anticipation as well as confusion when hopes and expectations were not met. Consider also, and likewise: The prophets of old – from Abraham's day and forward – had foretold of the Messiah to come; that this Messiah would become a living breathing personage in human form. They, the believers in each generation following, anticipated the Messiah event to materialize 'any day now.' And it was approximately 1800 years following the first announcement in Abraham's day that Jesus' literal human birth did occur – the actual fulfillment of their long-held expectation. And

so it is again; this announcement of the Melchizedek's materialization in human form (as Machiventa did in Abraham's day), we were told could happen 'any day;' or, it may be 'many years into the future.' To the future students of these Correcting Time Teaching Mission transmissions: Consider that the wording in the above transmissions from the Tallahassee and Sarasota groups 'may' have been contaminated with some human wish-fulfillment and errors of transmission; and/or, contain transcribing error. It is therefore incumbent upon each student of these transmissions to use their own Spirit guidance regarding these matters. In the weeks following this evening's transmission, Abraham and Ham did give some clarifications to the Florida group's announcement.]

Greetings. I am HAM. I am your Teacher. This evening you have heard an announcement which I am happy to confirm. Though you are unsettled about your understanding, I am ever within a different light. Our time is short this evening, for I am needed elsewhere. Another Teacher is here and will present this evening's lesson. Farewell.

I am ESTER. I am a Teacher who is learning this communication and am pleased. Yes, I am very happy to be here tonight. Long ago I was as you are. I hail from a different system, though near to your location. I have long sought a mission like this one and have been repeatedly disappointed. And now I am so happy to be here, for all my existence has been naturally focused in the service of Michael.

My lesson tonight is concerning health and awareness of the body. In your daily life activity, very little awareness is focused upon the physical, except in times of discomfort. When you are learning to become aware of the spiritual life there occurs an equal awareness-reaction in the physical form or body. When we are in a heightened awareness/consciousness, the body adheres also to awareness so that the sensitivity in the physical senses is also heightened. Ancient yoga practice entails awareness of the breathing which is a calming effect, for mind and body are really a unit in function, together.

Sensitivity to beauty awareness in physical stimulation is enhanced through spiritual eyes. The physical is no less important in your bodily state. Practice, when you are hurrying about in your daily activities, to calm the mind through breathing slowly. Become aware of your surroundings and your bodily senses. Feel the wind on your skin, for example. See the colors of the trees and the sky. Become aware of the feelings on your fingertips. Enjoy the moment of living within the body and the material world.

When this life has passed, small memories will remain with you. Those memories of spiritual importance, which may entail the smelling of a flower or the look in someone's eyes, or the smell of new cut grass - these are things which will remain in your memory. Much of your mortal life will not be remembered, for the experience of living is largely a non-experience. Always you are rushing from one task to another and little are you thinking of awareness. I ask you to focus on awareness this week; and now another person asks to speak.

Greetings. I am ABRAHAM. I am also ecstatic with joy in this great forthcoming event. Though we have not chosen a time element and many of you are unsure as to this unusual occurrence, Melchizedek, my friend/Teacher, always keeps his word. I am

not allowed to re-partake of the life in the flesh of course; however, I am always available for counsel, regardless. I am your servant and friend always. Questions?

JOSHUA: Father Abraham, after this event occurs, will that be the end of our having a Teacher?

ABRAHAM: Certainly not. No. Our Teaching Mission is only a beginning for much which will occur; however, the Teaching Mission is the central thread running throughout the Correcting Time. The Teaching Mission is intact and permanent throughout your life.

JOSHUA: Oh, thank you very much. Will we also be able to, at least occasionally, attend the Melchizedek schools?

ABRAHAM: This is future time, and I am unsure of the full ramifications and complete planning which is now in progress. However, I can certainly offer you the hope that many of you will attend in these great schools. I was, myself as a mortal, the beneficiary of the first such school here with Machiventa in the millenniums past. I wish my pupils of today to also experience the greatness of these schools.

JOSHUA: Thank you very much. May we share the information that we have received tonight with our friends in the other Teacher groups? (Abraham: Yes. Of course. They are also my student children, friends. Yes.)

ROLAND: Father Abraham, I am very excited about the news and I'd like you to pass on an invitation to Machiventa to join me in the canyon in Ogden. There are plenty of bugs and great dogs. [laughter.] I will be looking forward to strolling together in that canyon, hopefully. The question that I had tonight is in regard to the information which I garnered this morning during meditations with Amster. It seems that the Teacher groups will continue, and that the Melchizedeks will assist us in bringing people forward, and to give them instructions facilitating their ability to transmission-receive these wonderful lessons for us. Is that part of their assignment? (Abraham: I cannot speculate. Perhaps.)

MARLIN: Abraham, with Michael's second coming incarnation, this time will it end war and hunger and suffering?

ABRAHAM: This great event will be the end of very much suffering. I will here stress that Michael's incarnation may yet be a way in the future. So that you understand, this Melchizedek Teaching Mission may extend through many generations. The most important thing is for each individual person to increasingly find God, within. This brings these great events closer. (Marlin: Thank you. That helps me understand.)

WILLEENA: Father Abraham, is it still in the works as to where these events might take place? And, where the Melchizedek school might be?

ABRAHAM: Yes. You will, of course, be not only informed of these schools but also may very likely be involved in their inception. Much remains to be planned, but often plans are changed, so I cannot say with a certainty where or when, as yet.

WILLEENA: Thank you. As to our part, and I think I heard you correctly, but I want validation: We can help this to occur by bringing our focus and our attention to the stillness within, to coming closer to knowing the Father Fragment within us – is that correct? Is that what you were saying?

ABRAHAM: Of course. Yes. Often we have stressed this essential seed element of the broader Mission context. Each person, whether within or without our Teaching groups, are given the great command: "Be ye perfect, even as my Father in heaven is perfect." When men and women take this command as their greatest goal and purpose in life, then will you see a great change on Urantia.

WILLEENA: My last question: I want to thank Ester for her lesson and it felt very timely. It was a little difficult to settle down after the announcement though, and to be aware. I think that I am picking something up here. It seems to me that the lesson was perfectly timed for this announcement because along with going into the stillness, as we go into a more awareness/presence with our experiences of day-to-day life, that that is as important at this stage, and as effective, as going into the stillness and into our prayers. Is that accurate?

ABRAHAM: Somewhat. We have asked that each person set aside a little time for communion with the Father, exclusively. This practice is extremely helpful throughout your mortal lives and carries into the day-to-day a little greater awareness of the Father. Ester's lesson concerns awareness of beingness. When the awareness of beingness approaches God-consciousness, then you become more completely aware. Am I helping your understanding? (Willeena: Yes. Thank you.)

JOHN: Father Abraham, do I understand correctly that Christ Michael is here on the planet right now?

ABRAHAM: Always is Michael present in spirit. He is personally present always. Understand His greatness. His power and glory encompass a personal presence upon Urantia. But as a being, entity, apart from His spiritual glory, no.

JOHN: Thank you. When the Melchizedeks make themselves incarnate, will they make themselves known to our political structures? or will it be more like when Machiventa came in your day?

ABRAHAM: I am speculating; it will probably follow a similar way to the first way. We have not come in order to coerce or control, rather is our mission, to teach.

DAVID: Father Abraham, it sounded to me, from the message that Roland read, that while Prince Machiventa is incarnate he will not be functioning as vicegerent Planetary Prince. Who would be in his stead? Or, is that something that I got confused on.

ABRAHAM: He is going to function as Planetary Prince until the coming of Michael and then it is unknown.

JASON: Good evening, Father Abraham. Tonight, I would just like to ask one very small question that involves everyone in this room and those with mortal ears across

this Teaching Mission. Are there any requisites that we must absolutely meet in unison before the incarnations of the Melchizedeks on Urantia?

ABRAHAM: No, it is not hinging on your personal growth/development; or, a requirement therein. Only is there a requisite for peace and inner-Godly fulfillment, in a way, for such was even requisite before I could speak to you. All spiritual beings focus upon mortals' readiness, you see, for the mortal state is like an embryo waiting, beginning to develop these precious gifts of life. We desire to fulfill their destiny with the Lord, with God. So much spiritual help and energy is directed toward mortals. Never, even during long isolation of rebellion, was your world and its inhabitants ever abandoned. Even the greatest being within this universe did personally come to minister to you, and has promised to do so again. And still I say, no one knows the time of His coming. It may be tomorrow, or in many, many years. It is unknown and probably will not be known to us.

JASON: Thank you, Father Abraham. As far as in regard to Machiventa's arrival, I wish to be first in line to offer any material service that I can offer. That is all I have to say this evening. Thank you, Father Abraham. (Abraham: This is very pleasing and it is gratefully acknowledged. Yes.)

JEREMIAH: Father Abraham, I also would like to be in the service of Prince Machiventa. Thank you. (Abraham: Thank you.)

JOSHUA: Father Abraham, although you would not speculate on a time that the Melchizedeks would incarnate, being an old duffer as I am, will I still be here? (Abraham: Perhaps.) [laughter.] Joshua: Thank you and I also would like to volunteer my services. (Abraham: Acknowledged.)

RACHEL: Listen to Joshua. I am ten years older than he is. Do you think I will make it, Father Abraham? [laughter.] (Abraham: I do.) Rachel: Can you tell us approximately what qualifications we have to have in order to enter into one of the Melchizedek schools? (Abraham: Willingness to learn, I believe, is the greatest qualification necessary. Yes.)

ANDREA: Father Abraham, I am just curious about something. I read the paper in the Urantia Book about the soul, the mind; I was wondering where the soul originates from and if you are escorted here at birth by your guardian angel?

ABRAHAM: The soul is born upon the arrival of the indwelling Spirit Father. It is a living, growing, and vital element in human existence. And this product of living, in collaboration with your indwelling Spirit, is your real element. It is your most real reality – more 'real' than the human body, for soul survives the body's dissolution, and progresses onward. The soul is both spiritual and material, for both elements are incorporated in its growth; material mind pattern, with spiritual meaning and value, becomes as one. The soul concept is well explained within the Urantia papers if you would search for it.

EDWARD: Father Abraham, I have a question that I have been struggling with for quite a while concerning 'striving to become more perfect:' It has to do with trying to overcome various physical excitements such as eating, making money, driving a car,

the various different physical enjoyments and excitements we have on this Earth. Is it really necessary, though, to overcome these to the point where you really don't need them? Or, can you still enjoy them while progressing quickly in the spiritual arena?

ABRAHAM: Christ said; "I have come that you may have life, and that you may have it more fully." Self-denial and guilt have no place within the gospel; only immature and fearful minds seek such and teach such. All our Mission-message is involving 'life as you live it;' and is not asking/requiring that you change, no, but that you strive to find God within you. And strive also to make your will be His; to bring His will to yours - which then, brings personal growth and change. That is the essence and the key of spiritual progression through all time and all circumstance; no physical requirement is necessary.

CALVIN: Father Abraham, I've heard you here before and I am most grateful to be here listening tonight, and to speak to you. I just want to say that I have been a student of yours - in the study of what we have of recent, and also what we've had of our scriptures for ages - and I have spent many a night at times alone gazing at the stars and wondering of the great things that you saw and heard. I am most appreciative of the new learning I have since my finding of the Urantia Book, and to see an even greater light, more understanding, of your time here on this world. And here I am as one of your students, personally, in the year 1992 A.D.; it is a humble sobering. How little did I know of the importance of Prince Melchizedek, and am now just realizing. Without my understanding through the Urantia Book I may have never seen that. I am very thankful to those beings and overseers that have been in charge of my life and who have led me and guided me in this direction - I know they have been there through my life and have guided me here. I understand that you, Abraham, have had great charge to do with the Teaching Mission that is going on right now. I wish to thank you for your help to this world, and I know everyone in this room would say the same for there are many lives being touched. And with this new announcement tonight I can see that the things we are learning will be spread very world-wide and at a much-increased pace than what we have gone through for many hundreds, even thousands of years on our world. With that, I would just like to say, thank you.

ABRAHAM: I am also grateful to be here, yes. And on that fine message, Calvin, I am now preparing to part, for I am needed somewhere else. The lesson tonight from Ester, I charge you each to remember this week. I am sorry to say farewell, but time grows short. Shalom.

Back

In Love We Find Our True Spiritual Self. True Love Is True Harmony In All Matters

Ham, WOODS CROSS, UTAH 04-06-1992

Back

My greetings to you. I am HAM. I am your Teacher. My lesson tonight is again concerning love. Our Father of all creation is a true being who is at one in His vast dominion. He is everlastingly a source of pure Spirit. He is love. His love is

all-embracing and all dominant. His great ideal for your spiritual growth is by and through His vast and all-encompassing love-reality.

All of creation is permeated, guided, inspired, directed and over-controlled, in and by, love. In love, we find our true spiritual self. In love, we find God's true spiritual intent. In love, we can begin to meld our intent with His. This melding is not in discord, not in force, not in violence of any kind; whether it be anger, envy, intolerance, or etc., this is violence in the soul. Love, on the other hand, is tranquil, pure, and purely peaceful. There is no conflict where love reigns.

True love is true harmony in all matters. Love is giving of love as a reaction to its reception. Love is never static. Always does love move and seek to permeate all surroundings. When you become an active channel for this love of the Father do you feel yourself at one with your universe; you begin to find your place within the being of the Supreme God. Peace, joy in service and true nobility – strength in happiness – all come from this finding of love.

Discover for yourselves this wonder of God. Release your barriers to this love-flowing. Begin to relax. Be at home within your love surroundings. Recognize your true identity and place within love. Show your fellows that you have found love. Preach not an intellectual doctrine; rather, show in your lives your love – and thereby, show that you are in truth the sons and daughters of the living God.

Oh callous heart, heed my words. Release your barriers of self-protection. Know you are safe and that you are loved by our Father. Allow His love to begin the process of strengthening without false barriers of fear, and to begin the process of allowing this love to radiate from this heart so long encapsuled in such a small space of fear.

Are there any questions concerning this lesson now? Are you all in understanding of my words?

JOSHUA: Father Ham, Marilyn G. and Conrad S. of St. Louis, Missouri, request a Teacher. Is this possible?

HAM: Yes, of course. I am knowing of whom you speak of and am in the process of assigning a suitable Teacher for them. I need also to say, their group is small and is needing another person who is living near them and is willing and able to transmission-receive our Teaching Mission message. This person is now in process of reading the Urantia Book and will eventually be contacted, and this group can come together. Have faith and be vigilant. That is all.

JAMES: Teacher, when the Father wants to express His love, must He do it through His children by having His children express love to each other? or can He express that love and have His children perceive it directly from the Father to the child.

HAM: Yes. You have all felt our Father's great love in your own being, directly. His love is received both individually and also by and through His children. His love is like a great symphony where each person has a unique note to play. When His love, which is ever-present, is feelingly received by His child, this note bursts forth

and blesses all who hear it. Is this in understanding? (James: Yes, thank you.)

WILLEENA: Father Ham, you made a statement: "Oh callous heart, hear these words, release your barriers of self-protection. Know you are safe in the love of the Father." That brings up a question for me: If someone has become very callous in their heart – and that is usually due to pain over a long period of time where they become very cynical – then at that stage, they are often not receptive to words like, 'feel the Father's love.' How then are we to approach someone who is very very shut down, without sounding trite or flowery to them? Is there a way to reach through some of those barriers? or an initial way to begin that process where they could actually hear us?

HAM: Yes. Always show a genuine concern and respect for all people, individually; be unaffected by their cynicism. Be secure within yourself, first, and offer true respect; show concern with their concerns. Trust is the thing most lacking in a person hardened by life; often they would welcome a friend in trust, and gradually, trust may build. In your example of daily life, in casual conversation, show forth the Father's love. It is unnecessary to preach God's goodness when you may exemplify His goodness; this is so much more appealing and brighter and understandable. A soul often responds even when the intellect does not. Often the intellect is slow to follow the soul's leading/growth. Eventually does the intellect build a new world-view to encompass this enlarged reality of reaction experienced by the soul. Appeal not to the intellect alone, it is very unfruitful. Rather, appeal to a person's soul, and do so by example. Is this helping? (Willeena: Absolutely. Thank you.)

JANA: Father Ham, my question is about children that have been either raped, abused, or molested. Because what I am hearing, correct me if I am wrong, that there has to be trust when there is love. How do you approach that? How do they go about learning to love the person that has abused them?

HAM: In children, often their trust is broken by a parent figure. It results in very deep and lasting hurt which is never fully overcome in adult life. All I can comment on regarding this extremely broad and variable subject is to say that all hurts and deep scars may not be erased in mortal life. Mortal life is too short, it is only as a day. Memories and trauma occurring in this time-frame may not be healed by nightfall. This (one's inability to not forgive an abuser) is not a fault for guilt-causing condition, no – just reality, and should not be so burdensome. What you begin in this life surely you will finish in the next. Strive not to cram an eternity into a short mortal life-span – you cannot do it. You cannot become a perfect being in your mortal life, for ages upon ages upon ages are required for this perfecting process. Have patience with yourself. Don't try to do everything. Is this helping?

JANA: Yes, and I have one further question: So then, in order for them to heal themselves do they need to, at that point, forgive and forget who has abused them and learn how to love the person who has abused them?

HAM: No. Not always. Often it is more a matter of self-forgiveness and healing from within, which requires not outward conditions.

CALVIN: Teacher Ham, I'll take advantage of the microphone while I'm ahold of it. I very much appreciate your lesson again tonight – it is most fitting. I find that since I have started coming to your lessons my tolerance seems to be increasing – and hopefully, that means my love also, such as for the people who I seem to not love so much at work, and so on. Yes, my tolerance level has increased tremendously so I can see a very big benefit from your lessons, and I am thankful to you and to Father for that. This weekend, Teacher Ham, there was the LDS conference in town and many of the people who we deal with are avid listeners and followers of that organization. One statement from one of the highest position-holders who had spoken from that conference said: "If we have a prophet, we have everything. If we have no prophet, we have nothing." I found that very alarming – to think that my children who are still in that church, and others, are being taught that they have nothing without a man to speak for them to God. And, in discussing that today at work, my co-workers interpreted that as meaning 'if we have no authority through a prophet' then we have not direct connection with God's 'priesthood authority' to correctly bring us back and get us through this world. How would you comment on that which might help me in discussing with these friends?

HAM: This is a difficult subject which you have raised. On the one hand – is authority of God intended to be given from one to many? In our teaching, authority of God's intent is given directly to each person, recognizing that God's will is discernible by every mortal being; it is ever available to any thirsting soul. On the other hand – to answer another who in true faith believes in 'priesthood authority,' it is difficult because they are not asking. Having based their faith in leadership, they are secure and wish no interference from any outside source. When they feel free to seek other sources of truth, then can one be ready to provide this. When they seek not, no force should be used in trying to persuade them. You are in a delicate spot. Be cautious and tactful. Is this helping?

CALVIN: Yes. Tactful is not my greatest suit, so my wife says. [laughter.] In Isaiah's teachings, he speaks of a latter-day Israel being taught some very great and important things, but the people will not hear nor understand. The quote goes something like: "Whom shall he teach knowledge, and whom shall he make to understand doctrine?" And the answer from God is: "They that are weaned from the milk and drawn from the breasts – them shall you teach." Do I take that to understand what you are saying – those who are ready for the new are those who have been weaned off from their pulpits and their leaders, and are open to new understanding? (Ham: Yes. This was a very appropriate quote. It is often the hardships and trials of life which cause the soul to search. Yes.)

CALVIN: Thank you. I met a lady today who fit the very description of one searching. In essence, she said, like myself and maybe like many of us that are here at your teachings: "Something is not right where I have been and what I have been taught. I am thirsty and waiting for something more clear." Hopefully, she will be with us soon in hearing of your teachings. Thank you, Teacher Ham. (Ham: Thank you, Calvin, for a thoughtful question.)

WILLEENA: Father Ham, Calvin's question brings a point to my mind that I have been pondering since my session with you last Sunday. I was raised in a dogmatic

religion, the Catholic Church. It is different from the Mormon Church here, but in some ways, all dogmatic religions seem similar. I realized last night how much of the indoctrination that I was fed affected my ability to approach the Father. I was aware last night at the amount of guilt and shame that I carry from some of those teachings in my early formative years. I experienced a great deal of upset and anger at some of the memories that have come up recently. Things like one of the phrases in the Mass being: "mea culpa, mea culpa, mea culpa.!" Meaning: "through my fault, through my fault, through my fault, Lord!" So, many of those phrases and teachings (not questioning, not supposed to question, and being taught to not think), I have spent a lifetime undoing. I found often, the people who have been subjected to very intensive religious upbringing are suffering from a lack of personal honoring, of a personal relationship with the Father. I heard in your teaching tonight, about anger. Some of these places that surface do cause anger in me. I wonder, how is the best approach to heal that anger without getting stuck in a lot of blame, a lot of resentment and vengeance. Is there a way, as these memories surface, as these wounds become clear, to deal with them without falling into the pit of mindless rage?

HAM: Yes. Understand, truly understand, the intent of those, who in their religious practice and life, that have influenced you. Their intent was certainly for good, even though the results may have been very different. Each person acts in their own light of truth and acts within their own belief system. Their intent is never to harm anyone in this, but to give enlightenment. Even as faulty and mistaken as many of the methods and methodologies are, the intent is usually good. If you can see this and see these people as the Father sees them - struggling with their faith, struggling with their belief system limitation, trying to serve God within these sets of limits - then you may come to understand them and not be so negative. Is this helping? (Willeena: Absolutely. Thank you so much. That's very helpful.)

RISDON: Good evening, Father Ham. Do I clearly understand you that the greatest love that we can share is through our relationship with Father? And, that we can enhance and grow that love with Father by loving our neighbors, our family, friends; and with that, our soul will grow stronger? (Ham: Absolutely. Correct. Yes, you have grasped the essence of my lesson. Yes.)

RISDON: Sometimes, Father Ham, I walk around in my regular daily course - and though I have intentions of showing love or wanting to show love to people, I am faced with my own internal judgments as I go around. Can you give me some advice on what I might do to combat my judgments so that I can more clearly have a chance to have more love for my fellow brothers and sisters?

HAM: Yes. Judgments are a natural human reaction and are a part of your person which differentiates you and your wisdom from others. It is not necessarily negative when viewed from a God-like perspective. You can see yourself and your human mental reactions to those around you by stepping aside, mentally stepping back. In this stepping back, judge not yourself. Allow yourself to be as 'an instrument of the Lord.' This self, which is fraught with difficulties, with judgments, with frailties, etc. - allow this imperfect self to become an instrument of His love. Think on this once a day, of one person whom you may contact and show a little light. We needn't all become great beacons all at once. A little light here, a little light there, is sufficient in a day; this is all you can do. Judge not - and

I say, judge not yourself. Allow yourself to be a little greater by recognizing the greatness within.

ELWARD: Ham, if I understand your lesson on love, I get the idea of the love you are talking about is based on action – the way we do live, the way we do treat people, and not based on a feeling or emotion. Would you like to comment on that?

HAM: Yes. Emotional feelings are fleeting, here and gone. Commitment to truth and doing Father's will is the basis of all real spiritual growth. Emotional life – though always present – is an ever-changing mosaic of past and present feelings and experiences which can color your perception of the outer world. Emotions have no real solid basis for planting spiritual seeds, for as shifting sand is the emotional life. Words of truth are planted in the soul's soil – the very basis of being, the solidness of true personality. Am I helping in our query?

ELWARD: Yes. There is one comment I would like to make. A lot of people look at their fellow man in general and have a tendency to say: "After I get to know them, then I can love them." But the idea came to me that our approach should be: "I'll love them first, and then get to know them." How does that sound?

HAM: Very perceptive, for it is best always to base relations on truth, which is love. First meetings can be based on loving feelings rather than mistrust and judgment, so that openness to understanding is already established and need not have obstacles to overcome. Jesus was able to see within a man's heart to his true being and desires. Few of us will achieve such understanding in this life – but I say to you, it was done through love. Is this in understanding?

EDWARD: Teacher Ham, you have given a lesson tonight on love, and of course this is a very encompassing thing, and I hope my questions will be within the framework of that. We know that our Father in heaven loves the individual; loves this world, Urantia, and its outcome. After the Lucifer Rebellion, the circuits were cut off to this world; it's been a devastating thing for this world – it is very primitive and has a long way to go as far as development. My question is: Now that the Lucifer Rebellion has been adjudicated – at least as I understood from my reading the Urantia Book, that the universal circuits would begin to be opened up to us? And in opening them up, is it going to be mainly through contact with super-mortal beings and individuals? Or, will it be by mechanical means also, such as maybe interstellar radio or communication that way, like television or maybe other means of communication? Could you comment on that, please.

[Editor's note: At the time of these teachings from Ham, the 'Internet' was still a few years away from being the world's main standard of communication.]

HAM: Yes. In the main and most important circuit system, it is spiritual, entirely. Material circuitry is still intact and always has been. Interplanetary communication (between planets) is not part of the system circuit reinstatement, per se, by mechanical means. Rather, are spiritual beings and helpers coming, and they have access to spiritual-based-circuited communication, broadly, all over. Each group of super-mortals, to use your words, are briefed concerning system and universe matters, daily, like you receive your newspaper. Your present state of development,

worldwide, is unprepared for so much universe-wide information at present. In the future, you will – or rather your world's peoples will, receive these communications like newspapers. Is this helping? (EDWARD: Yes, and I thank you for clarifying.)

GERRY: Ham, I have an understanding that we are made of light waves and energies and consciousness. And there is an energy that is higher which is coming to this Earth which is helping us to raise our consciousness. This is in assistance to us to raise our consciousness, the energy which is being brought into this planet. Am I correct?

HAM: Yes. You are correct. It is a worldwide effect of the spiritual opening of Urantia. Spiritual growth, receptivity, perception and understanding, should all become enhanced generally for those who seek the spirit. Yes. I will receive one further question for Rebecca is tiring and becoming less clear.

CALVIN: Teacher Ham, last week we received some papers/transmissions from Florida which says: "get ready, make your tables prepared," and so on. My first question: What would you have for us to do, other than increase in our learning and pray that we can comprehend? Secondly: I understand there is some conflicting information; I am not really aware of what it is but there is some conflicting information concerning the announcements about the Melchizedek's taking on a human form. Would you have anything to say to us tonight in regard to these things?

HAM: Yes. First question: No, nothing special required, no. Second question concerning conflicting information: Often the mental clarity of the transmission-receiver is sided in favor of, or disinclined towards, one thing or another, which colors the output. Be aware of this and take it into consideration in all communication which you receive. Always, when using this transmission-receiver method, a human variable input is also present. Therefore, always use your own inner guidance to show you through any seeming conflicts or difficulties. Never will your own inner Source fail you in this. As well, the Spirit of Truth is ever-present for all, to know of and be of service to you each, individually. Use your spiritual power to discern truth for yourself. Rely not on another's understanding, for often you will find errors.

My friends, go now in peace. Peace be with you, and on you, and through you. Our Father's love may guide you and keep you. Until next week, farewell.

Back

Divine and True Reality is a Pre-Existent Government

Ham, WOODS CROSS, UTAH 04-13-1992

Back

Greetings. I am HAM. I am your Teacher. This evening I wish to present a lesson about government. Divine and true reality is a pre-existent government. Your thoughts and will are either 'in tune' with this government or are 'in discord,' causing a reaction in the reality as a ripple on water, invoking reactions which are in accord, or not in accord, with this government.

Karma is a partial idea concerning divine reality and its over-arching and

far-reaching effects. The purpose and wisdom of allowing imperfection is held within the divine purpose of spiritual government. Immature creatures are unknowing of their divine responsibilities and are uncaring of their divine Monitors and watchcare Providers. Divine government – this overarching system of truth and divine reality – is all there is. Yet, to the immature soul who is unaware, 'government' (of any kind) is interpreted as a mechanism of restraint.

For the sons and daughters of the living God, government is the all-consuming desire to serve and become a part of His divine kingdom, His government. As true citizens of the universe, how can you reject your --responsibilities – for love is uppermost in your heart; and duty to God, is uppermost in your minds so that you become instruments of divine law and will.

Our Father is no respecter of persons. His law governs all. His children are set apart to serve His great purpose of divine progression. When you speak about a 'mission calling,' understand that you have already received it. How you come and go among your fellows is amazingly important – so important that this Teaching Mission is resting on your shoulders. The truth which you have incorporated into your own individual expression is the complete key to the spreading of our word.

Many may hear this lesson and yet reject my words, even when showing a halfhearted belief. When you completely become a tool and a living channel of God's divine purpose and will, then are you showing the impact and results of your many years of striving, spiritual striving. If I am helping your progress toward what you are striving for, then is the Mission successful.

Often in your private moments are doubts about your own worthiness concerning your overall spiritual mission; this I have understanding knowledge of from my own personal experience, and I exhort you to please rise from your self-centered thinking, and think instead, of others. If you can bring truth – or a broader and more enlightened understanding of our Father, even in a small way, to even one person during your life – how far this goes and is in His hands. Fear not if you feel unready, and fear not if you feel unworthy, for I tell you, I, Ham, have also experienced these feelings and concerns.

When truth is truly bestowed from one being to another where there is full reception of truth, there can be no wrong, there can be no inhibiting of the spiritual fruits which grow from this truth. Surely you have witnessed somewhat of this for yourselves and perhaps for others also. Ask yourselves: "Am I living a fuller, more loving life than I was a year ago?" "Am I growing towards the Father unconsciously?" "Am I helping to bring His light to another?" "Am I becoming truly aware 'as I am,' that I am His growing son or daughter?"

So often when words of divine guidance are spoken, it causes the opposite reaction than intended at first; and often a person becomes overcome with feelings of inadequacies and inferiority. I wish this to be in understanding – that my love for you, each one, is as the Fathers' to my greatest ability; I am saying to you, you are precious to me 'as you are.' Perfection is an everlasting process and not one which must be taken on as a burden.

I wish to emphasize this point about the perfection process. Our purpose is not to burden you with this divine charge, no!. Our purpose is to lighten the loads you have; to enable you, each one, to grow in the Spirit. It is the true freedom of spiritual liberty when you are in knowing of your own self-worth; and, your own true relationship with our Father. This should be a releasing, loving, opening process – not a fearful, doubtful 'wondering if you are worthy' process.

Children, all are worthy. All deserve these words, our teaching. All deserve spiritual truth, guidance, and comfort; and none are ever shunned. Of course I have told you of the great vastness of spiritual and morontial beings who are mobilized and are mobilizing to give these truths to a truth-starved planet. How many on our unseen side are reluctant? none! for all stand ready to help each and every one of you in your life's journey.

Yes. Hold your individual preciousness close. Truly begin to understand – God loves you! He loves who you are; who you are now. Your preciousness to Him is infinite as is His love. Be secure and safe with yourself. Understand His love for you, and feelingly experience this love.

When in your individual meditative practice you feel a comfort, open the doors of your hearts to this comfort as much as you can; allow yourself to feel it, allow yourselves to experience His love for you and His concern. It is not far away, this love – it is so very close, for it is within you all. Seek and you will find it, knock and its door will be open. Know for yourselves this truth – I will tell it many times and I will tell it many ways, for this is the most important thing I can tell you. His love is infinite. There are no bounds and there is no shutting off of His love for you. Are there questions at this time?

RACHEL: Thank you, Father Ham, for your informative and awesome lesson tonight. It was just beautiful. We have four guests with us this evening: We have Rutha and Steve R. and their daughter Amy, from Pocatello, and we are always happy to have them with us. We have Norman J. from Duluth, Minnesota. We want to thank Norman for coming so far to visit with us.

HAM: Yes. Again greetings, and of course our doors are open. Our hearts are pleased and gratified by such a long journey.

JOSHUA: Father Ham, Frosty J. of Pocatello, as you know, is being prepared as a transmission-receiver. She is anticipating moving up to Coeur d'Alene, Idaho, where that group has requested a Teacher; and Frosty wants to know if she will be their transmission-receiver?

HAM: In the present state of development, it is entirely possible. Yes.

JOSHUA: Thank you very much. Bob and Linda L. of Indianapolis, Indiana, request a Teacher for their study group, if possible.

HAM: It is possible, yes, in time. As of now, it is not certain. When a request is made, then further steps are taken to prepare a transmission-receiver for this task. When this person is then close to being ready, a Teacher is assigned in certainty.

Too previous of Teacher contact is not consistently working. Yes, formal request is confirmation of desire, and speeds the process up. Teacher Welmek is possibly their assigned Teacher.

JOSHUA: Thank you very much. I received a phone call from a person in St. Cloud, Minnesota, by the name of Jim Cleveland, who used to be one of the General Council of the Fellowship or Brotherhood. He is now a Teaching Mission believer and volunteers to be of whatever service you can use him. He would just like you to know that.

HAM: How pleased I am to hear so many requests. All are noted and will be acted upon.

JOSHUA: Thank you very much, Father Ham. For myself, I too, like Rachel, would like to say thank you for a very beautiful and wonderful lesson tonight.

EDWARD: Teacher Ham, I have a question relating to tonight's lesson, which was very helpful and duly noted. Could you give a little more assistance on how one might bridge the gap between the intellectual acceptance of the Urantia Book, and the actual living of its message? Also, further insight regarding our emotional or spiritual motivation of our will to accomplish some of these things that you're talking about.

HAM: I understand your concern about intellectual versus spiritual acceptance. To not have a spiritual enhancement is rare among those who have completely read and understood the Urantia Book, for in this understanding comes 'spiritual growth' and 'increased' understanding – the two are really, one. The mind is the gateway to the soul so that when intellectual knowingness becomes real, it is by and through a spiritual means so that the two are mutually interdependent. The knowing of a fact can stay on an intellectual level, yes. But the recognition of truth, in itself, is the spiritual reaction, and is a co-mingling of intellectual understanding and spiritual beingness. Truth, 'when embraced,' is more than just an intellectual attempt, but becomes a wholehearted spiritual commitment. This is, in a sense, the meaning of truth. That is, I am intellectualizing to explain the process of truth-recognition and experience, which is also partly intellectual. Is this helping with your thinking? (Edward: Yes. That is very good and gives me more to ponder over on the subject that you gave. Thank you very much.)

MARIANNA: Father Ham, your lesson tonight was so beautiful. It made me warm all over. I wanted to ask a question about our teaching: You said our Mission task has already been given to us. I guess some of us, me in particular, feel as though I have so little influence over such a small circle of people. I wonder how I can ever make a difference with my life?

HAM: Circles of people tend to shift and change, and grow and shrink. Many people are brought in contact with the God-knowing person by work of the unseen helpers. You needn't concern yourself with this process, for it can be very slow – but is very effective.

MARIANNA: Thank you, Father Ham. The other thing: I keep closing my eyes every once

in a while, and I see a white-haired man. I have never had this experience before. Could I possibly be visualizing you? (Ham: Yes. I am envisioned as having white hair.)

ROLAND: Father Ham, we know that Christ Michael has promised to return; and we also know that no man will know the time and the place. My question tonight is: Aside from the time and place – perhaps with your farsightedness, you would be able to describe a scenario in which Jesus, the man – Christ Michael, would return to Urantia? (Ham: Sorry. It is not fitting that I speculate on His will.)

CALVIN: Father Ham, I much enjoyed your lesson. For me, it is a little bit of a follow-up from last week on growth from where I was last year. I have you and the Father's love, and this understanding in the Urantia Book, to thank for that. Over the weekend I had a little experience in the hospital that you may or may not be aware of. The medical staff didn't know what was going on with me. Could you give me any insight into my three-day experience in trying to figure out what was going on?

HAM: Also is this question personal and better asked in private. Have no fear, however, concerning your health, for you are doing well even considering this episode. It will be a passing stage and not a lingering illness or disease. Yes. (Calvin: Thank you. That takes a lot of pressure off already.)

NORMAN: Father Ham, I want to thank you again for the private session that we had today. I also would like to thank my brothers and sisters here in Utah that have made me feel so welcome. I carry a grateful-filled heart back to Minnesota and look forward to being with you again. Thank you. (Ham: I am pleased and honored to be of service to you.)

WILLEENA: Father Ham, truly we have made great progress in the short time we have been together with you – it's evident as we look about ourselves and see each other. In the course of the day, and our dealings with our brothers and sisters in the world, often it happens that an emotional reaction occurs. I'm learning so much about how to be with that experience more and to call out to the Father for help, for guidance. I noticed today, when these occurrences happen, these emotional reactions, they are embarrassing – not only to face myself and my brothers and sisters, but to actually turn that around and say 'hello' again to the Father within me. I found myself feeling so small, silly; and yet I could still see the progress. Is there something you could say to this place of making a mistake like that – turning around and say: "oh, oops! hello Father?" And how to get through that little place that feels so silly, so small, and still knock on that door and reach out and ask for that help that we so much need?

HAM: You have eloquently described this process yourself, yes, for each person is in daily life confronted with many challenges and stresses. These often reveal a place needing nurturing, for often where there are parts of one's character where there is weakness, it is all the more evident during stress and confrontation. This means you must water this place with truth and love. Allow yourself the opportunity to grow in this space. Retreat not into self-set ways but recognize this episode as a growth opportunity – to see a place that needs 'a little growth and watering,' not 'a defect which needs fixing.' Is this helping?

WILLEENA: It's wonderful. I think what is happening is that I am beginning to become more aware of the ever-present watchcare of the Father – and so when these places come up, it is really awkward. I think in that moment, what I am hearing you say, is not to shy away from the Father when I see that happen; or I react wherein I am not pleased with my reaction – but internally reach out to the Father for help through that experience. Is this correct?

HAM: Exactly, correct. His loving care is ever present. Allow Him in your weak spaces, for example, your fearful parts. Allow His love to come in. Often we block these places from ourselves and from God. How much more you will grow when you allow Him to enter. Allow His presence. This is not to say 'you must change;' is not to say you are wrong or bad – no! but allow His presence in those places which you 'hide from yourself.' Is this in accordance, or in understanding with your thinking? (Willeena: It's wonderful. I love you so much. Thank you.)

JANA: Father Ham, I have a question in regard to our parts to assist in the Mission that you were talking about. One is: I know that our group, as a whole, has a mission in general. However, I do see individuals in the group that have been assigned certain things to do in order to help the Mission. So when you said: "We know what our mission is," are you saying that we each 'individually' know what our part is? Or, that we know 'as a whole group' what our group-mission is?

HAM: This knowledge is of individual 'spiritual' growing, and this is the mission. When one spirit/soul can water another – this is the mission. Are you in understanding? (Jana: Yes, I am. Thank you.)

GERRY: Father Ham, I understand that we are here on this world for experience; and what helps me to not judge or condemn myself is to recognize what I am to learn with that experience. It may look just terrible to other people and they say: "Why did she do it, or why did they do it?" But I think we are here to learn, and so I think the most important thing is to ask the question: "What am I to learn by this?" Is this something which you would agree with me on?

HAM: Absolutely. Yes. Each life-episode is a learning experience which will never come again. Each episode is unique and different. Whether it is a sameness in generality but a different reaction, or a different episode completely – all of life is this learning, experiencing, growing, and becoming who you really are. Each time that we succeed or fail, or somewhere in-between, this is purposeful for your own personal growth. Your strength, your love, your understanding for others – these cannot come to fruition without going through these experiences yourself. Think on the purpose of Christ's bestowal life. This purpose – of living life fully; experiencing all things possible; understanding each person better – can only come through living life. Are you in agreement with me?

GERRY: Thank you, yes. Since I have been very young, I have often made this statement, which is very offensive to some people – but, I have been able to love the mass-murderer or the murderer because I have empathy that if that person were my son or daughter that I would want to help. We know we can't always help, but I would want help if it were me, or my son or daughter; and I think that is what our Father

wants for all of us. So with that outlook on my experience, whatever they have done or why they have to go through that, I can still love them for it. Is that wrong?

HAM: Of course it is right to always recognize God within another person, even an erring and sinful person, for God loves us for who we are, not what we do. He loves in spite of what we do. Error, sin, iniquity – these are a path of self-destruction, not a path that the Father wills. Father would have all His children come to Him. Father has not erred in creating this child, the child has erred in rejecting the Father. Are you in understanding? (Gerry: Yes. Thank you very much.)

RUTHA: Father Ham, I have a question: For the last few weeks – since our Teacher, Daniel, started his Teaching to us in Pocatello, he has been imploring us firstly to build our foundation and become strong, and to know the will of the Father 'intellectually.' Now he is bringing it to our understanding to go past 'intellectual,' into coming to know the Father 'spiritualistically' and with our whole being, so that we reflect the Father's will in everything we do. It doesn't have to be something we think about consciously, it just becomes us. He has given us such beautiful, beautiful lessons that we are learning. And I am wondering if you could explain to me how I could better serve my brothers and sisters. Is there something more I can be doing? Could you maybe give me some help in that? [Editor's note: Rutha (Debbie) was at this time the transmission-receiver for the Pocatello, Idaho TM group.]

HAM: My daughter, Rutha, how great is your service for your brothers and sisters. Without your being willing and able to perform this crucial and vital task, there would be no group contact for the others with Daniel. You are indeed a great and strong soul who reflects the Father's love very wonderfully. Your great service is known throughout a vast universe, and long will you be remembered for this. I pledge my personal devotion, for crucial and vital are you for so many. Worry not, and fear not – you do well.

RUTHA: Thank you, Father Ham. I just feel like there is more I should be doing. Thank you so much for your beautiful words. One last thing, and this is probably out of curiosity: I keep seeing a very beautiful light behind Rebecca's right-side, and I am wondering if that is you?

HAM: Yes. My position would be approximately above and behind Rebecca, were you to perceive it. Yes.

CALVIN: Teacher Ham, in the Urantia Book it may answer this but I haven't found it yet, maybe a slight answer would be helpful from you: It says, before Christ Michael's seventh bestowal, the Thought Adjusters were not available to mortals here. Am I perceiving that correctly?

HAM: No. The Thought Adjusters were not 'universally bestowed,' prior to Pentecost. After Pentecost – when the Spirit of Truth was bestowed upon Urantia, all normal-minded humans who reach an age of moral decision would receive immediately the Divine Gift. Is this clearer? (Calvin: Almost. Then prior to Pentecost, what type of being would not receive a Thought Adjuster?)

HAM: Prior to the bestowal of Michael, prior to the Spirit of Truth being poured upon this world, each person who sincerely believed in God, would then receive a Thought Adjuster. This divine gift did not come to them upon their first moral decision, as it does since Pentecost, but upon an individual's moral maturity. Are you understanding?

CALVIN: That helps clarify, thank you. Then what I perceive from that – the Spirit of Truth, which was poured out upon all flesh, made it feasible and reasonable for the Thought Adjusters to also to be shed upon all mortals.

HAM: Correct, yes. Rebecca is growing tired and the connection between us is weak. I must therefore conclude our lesson this evening and bid you all, farewell.

Mota Reality Is Becoming Your Reality | Morontial and Spiritual Growth Is a Craving For God

Ham, WOODS CROSS, UTAH 04-20-1992

Back

Greetings. I am HAM. I am your Teacher. My special welcome this evening to all newcomers.

Our lesson tonight is concerning growth of the soul in spiritual perception. Again, many times I have spoken on this subject, and tonight I wish to do so again, for you are all coming to a greater awareness than you were previously. A greater spiritual light may now be imparted to incorporate your growth and illuminate your awareness.

Often we think of spiritual growth as having to do with religious thinking entirely; this is only partially correct, for spiritual growth entails the development of the whole person, including physical, mental, morontial and spiritual awareness. When the material mortal mind is growing toward a spiritual awareness, morontial reality is being created.

This morontial reality is real; it is an integral part of the whole human experience – which, while being the part of experience (or rather the whole sum total of one's soul experience), it is also the vehicle through which experience is perceived and appreciatively expanded; so that while living a common life, your experience of it becomes uncommon, for it is uplifted by your spiritual awareness and morontial perception. This understanding is mota.

You are all understanding mota a little. Awareness of your daily life's journey toward God, encompassing all the details of living, is becoming a new reality; it is a greater awareness, a finer perception than expounded-understanding, mindal-understanding. So much of life is unappreciated by the majority of those living mortal lives. No matter what your station and duties in life, maintain an 'awareness of otherness.' This otherness will be your 'awareness of God-consciousness.' Therefore, while being in the world, your awareness is that you are not of it.

Your life's journey toward God is becoming more and more uppermost in your mind, not

only during meetings or on the Sabbath day, but always. Awareness is encompassing this greater reality. Your sense of self is becoming more firm. Your sense of son- or daughtership (your childhood status in the Kingdom of our Father) is allowing you to function as one who is safely at peace and who feels comfortable within this world. Without this greater awareness and understanding, many people are lost and insecure, and are wandering in the world.

Your example of total selfhood security is a great comfort and inspiration for those in search. Mota reality is becoming your reality. Appreciation and a finer sense of beauty, truth, and goodness, are yours. What greater gift can one have than to love more completely; to appreciate the beauty all around us with a fine sense of love; to hear words of truth from many places, and to recognize this and to incorporate these into your own person. This is the gift of God – the gift of the ages. This is what wise men have searched for all through eternity.

Once this spiritual growth begins to blossom there is no turning back, shutting off, or stifling of it. Yours it is, yours for your own personal possession. This awareness may shed many lights for those less fortunate in spiritual advancement. Helpful beyond your station do you then become for those in need. Unconsciousness of this augmented helpfulness is common, but be aware that it is part of this growing process, and look for times and circumstances when you may be of assistance to one who sits in darkness.

I do not mean to say become a preacher, no, not at all; but to wait the opportunity to shed a little light – not overwhelming, but only what is needed. The plants, as they grow, take water from the soil as they need it; utilize sunshine for their nutrition as they need it; and grow as much as they can, given these parameters of growth – water, sunshine and soil.

So are all human beings – all are growing as they can, little by little, utilizing the gifts of God as they need them. You who have been coming here for so long are coming to thirst more, hunger more – so that spiritual growth is becoming an all-consuming need. This is as it should be, and is planned to be.

All mortals will someday come to see that spiritual growth is the most important thing in life, and will learn to water and nourish their children. Now, in your age, I see so much confusion as to what is important. Goals are confused. Lives are shallow. Few seem happy. Few seem fulfilled. So many are lost; having no direction, they have no real goals.

Monetary goals may satisfy one thing – material comfort. Health goals may satisfy another thing – physical well-being. But spiritual goals satisfy the true woman or man, personally, within. Without spiritual goals and guidance, the world is made of lost sheep – wandering here, wandering there, looking and searching in many areas of life for comfort, for hope, for God, though not knowing where it is found.

There is within each person a craving for God, a craving which is satisfied with nothing less than spiritual growth, an acquaintance with God, personally. This craving may be stifled even from an early age throughout physical life – only to be reborn on Mansonia One. Those whom you cannot, for whatever reason, reach during

this life – rest assured they will have abundant opportunity in the next. Worry not over those whom you feel need the gospel, yet reject it. They will also find their place in God's kingdom – in time. Are there any questions now?

RACHEL: Good evening, Father Ham. That was a very enlightening and beautiful lesson. I thank you. (Ham: Thank you, Rachel. Proceed). Rachel: We have a guest with us tonight by the name of Jenny M., and she comes from northern California. She has come up here just especially to be with us and we thank her and welcome her.

HAM: Greetings. I also welcome you. Yes. Extremely glad am I that you have chosen to come and am hoping you can hear all who are around you, opening their hearts, opening your heart. This time of journey is important for you. Very great fruits will be born resulting from this long journey. We are very pleased you have chosen this pathway and welcome you among this fold. Yes.

RACHEL: Thank you, Father Ham and we'll give Jenny a chance to thank you in just a moment. We have two newcomers to our group, Father Ham. One of them is Carleen S. from Salt Lake, and she has been reading the Urantia Book for two or three years. We welcome her. We have Pat J. from Ogden. He has been searching for a long time. Those are our two group newcomers.

HAM: Greetings also. My good wishes to you. Yes.

RACHEL: Also, we had a phone call from Bill and Eugenia B. of Lawrence, Kansas. Bill has been reading the Urantia Book since the early fifties. He has one of the original copies. His wife has been studying for the last three years. They would like to come to Salt Lake and have a private meeting with you on Sunday, May the 17th, and also attend our Monday night meeting May the 18th, if permissible.

HAM: Yes it is, of course. I would wish verbal confirmation from Roland at this time. (Roland: Yes. I would love to do that on May the 17th). Ham: Thank you. I look forward to meeting these fine people, personally. Yes.

JOSHUA: Father Ham, I received a telephone call from Jim C., who I mentioned to you last week. The very next evening he was contacted by some spiritual being. He said the name was Larkin, and he transmitted to his wife for approximately two hours. He would like to receive verification of it.

HAM: Of course. I wonder if he needs verification for such a personal and important visit. He should not take Larkin's words lightly, for he is a great Teacher, a great being.

JOSHUA: Thank you very much. I also received a telephone call from John and Jane R. They have met with most of the people in their group and have reached a consensus that they request a Teacher for their group in Dana Point, California area if possible.

HAM: Yes. I will relay this request. Yes.

JENNY: Greetings, Ham. Thank you for such a warm and wonderful welcome, and for

making me feel so much a part of this group. I was sorry I was not able to meet with you on Sunday because of the circumstances that came about, but perhaps indeed it was a blessing in disguise because I got to speak with Daniel (Pocatello, Idaho group Teacher) and found that very wonderful too. Please tell him that I thank him, very much. Part of my problem, as you probably know, is not having a group like this to be a part of. Your words made me feel more a part of this group, and I thank you for that. I have just a couple questions, and I must apologize for the first one: I know that it is really not that important, but in my meeting with Daniel I did ask him for my spiritual name – there was a lot of confusion and it wasn't clear to me. I wondered if you would mind telling me what it is? (Ham: Arlena. Yes, Arlena.) Jenny: Thank you very much. The only thing that came out was "ea" which wasn't clear to me, so I do appreciate that. My second question comes from Philip, who had requested a Teacher for his group. He wonders two things: One – if a group Teacher is still being considered? And secondly – He wanted me to ask whether Robert O. might be the 'receiver/transmitter?' (Ham: Yes. Yes, to both queries. Yes.) Jenny: One of my very favorite words. Thank you so very much.

JOHN: Father Ham, I have a question about your lesson: What part does our soul play in our lives? Is it just like an inert thing that just sits in the background and just grows when we grow spiritually? Or, does it actually exert an influence on our decisions?

HAM: For those who have felt its influence, yes, it is an integral part of your total awareness-reality through which also you perceive the world. Your decisions are then a part of your awareness. In general, the greater your awareness of true reality, the wiser your decisions become; for you are living in the understanding of true reality as opposed to the partial shadow of existence which characterizes the average human living on Urantia. When there is little awareness of truth there can be only partial understanding of life. Your soul, which grows within you, is reacting to and interacting with your total reality. All your understanding and decision-making is effectively filtered and colored by your personal spiritual awareness. Each person, though different and unique, grows roughly along similar lines, and wisdom is the general result. Is this answering?

JOHN: Yes it does, thank you. I have one other question about spiritual growth: In spending this time with you in the last year and a half I think I have started to realize my sonship more fully; but at the same time I don't really know if it has manifested in my life. I still have a hard time socially going out and actively taking, or putting into motion, the things that you have taught us. I was wondering if you could help me with that.

HAM: Your own spiritual pace is growing along with your souls' growth. Often when we are troubled within and feel ineffective in the world, the light from within will guide you forward. Worry not about your life-situation, for new opportunities are always being presented for the growth of your wisdom. Decisions upon decisions must be made for you to begin true adult learning. When your foundation, which is firm even now, is strengthened even more, then will you feel your 'animal-self' transition to become your truer 'spirit-self,' and comfort within will shine for others. Fear not. Have no anxiety, for all things require time. Is this helping? (John: Yes. Thanks. It really does.)

HONORAY: Father Ham, I want to thank you for the wonderful and inspirational personal interview you gave me last Sunday. I want you to know that I have tried to do everything that you counseled me to do this week. Because of the result of it, it has been a wonderful week. I want to thank you, again.

HAM: My sincere appreciation is felt and extended, coming from your words. I thank you. Your great spiritual gifts are truly inspirational for many. Have your great hope always close to your heart.

MARIANNA: Father Ham, I too want you to know how your teachings have so helped me in accepting my daughtership with God and my will to make His will, mine – it has so helped me with the news that I had this week. But could you in any way tell me anything about what we heard about my daughter's fetus? We were concerned, greatly concerned.

HAM: It is not wise for me to discuss this matter in public. However, glad I will be to discuss it privately, hoping that you can strengthen your understanding of God's will. Some things, which are not easily coped with at the time, in time, becomes greater understanding in benevolent blessing. Have strength.

WILLEENA: Father Ham, on tonight's lesson I have a question with regarding the light within us. Does this light emanate from us in our walk on this planet? And as we become more attuned spiritually, does it grow and have an affect on people around us in the world?

HAM: Yes, very much so, exactly! You are in great understanding of this process and are very enlightened to those around you. Even without using words, often your spiritual luminosity is enough to attract those seeking love. Yes.

WILLEENA: Thank you. Does this light also emanate an energy or vibrational affect?

HAM: Yes. You think of this as an energy emanating from the heart area in love and light and truth. Live in love; walk in light; live your truth.

WILLEENA: That's lovely. The last question I have is with regard to the same thing: I have begun to be aware, as I am walking my dogs in the neighborhoods around me, that there are more and more gang people in the vicinity where I walk. I am aware of them and am with a curiosity as to whether or not they are being helped in any way – simply by this presence of light that you have just described? Are they being affected, positively?

HAM: Possibly. This light, emanating from advanced spiritual growth, is often not perceived by those who are not so advanced. Sometimes, perhaps – but often, no.

WILLEENA: Is there then – with that kind of unawareness or lack of perception on that level – danger in being in their presence, even briefly? Or, is there protection from the light that is emanating?

HAM: Both. There is protection, yes. Yet, use your own common sense when venturing

in areas with those of a darkened spiritual perception.

WILLEENA: Thank you. Is there any hope for some of those people?

HAM: Of course. There is always, always hope – never forget that! Only remember where they are now, and use sound judgment. (Willeena: Thank you, Ham. I love you.)

RACHEL: Father Ham, with yesterday being Easter Sunday and the day that we celebrate the resurrection of our Lord Jesus Christ, I re-read the paper on the Spirit of Truth. It says in the Urantia Book that the Spirit of Truth does more or less pave the way for the coming of our Thought Adjusters. So my question is: Do we receive the Spirit of Truth just prior to receiving the Thought Adjusters? or is it bestowed upon us at an earlier age?

HAM: The world is 'awashed' in the Spirit of Truth. When you are born, you are born even into this spiritual influence, which is all around us. Is this helping?
(Rachel: Yes it does, and I thank you.)

MELISSA: Father Ham, I have a question for you, but first I'd just like to comment on this new awareness that I have been experiencing lately – I feel such a comfort, peace and a tranquility, within. I don't think I can just put it all into words, but I just love it. My question is: I was introduced to Sinkra last Tuesday and I would like your confirmation on this – is she a Teacher?

HAM: Sinkra is a special Teacher who has been assigned to you for now. She will help you in your daily life's plan and will guide and instruct you as necessary. Be careful in your transmission of her messages. If you have questions, you may verify them with me.

MELISSA: Thank you, Father Ham. That's just wonderful news. I am very touched.

HAM: You are very well respected even among our Teaching Corps. Your place among us is secure and sound. Your mental and spiritual level is high and unwavering. Secure and faithful are you; and in that, we are secure and faithful together. Are you understanding?

MELISSA: Yes, I am, very much so. I am also very thankful and overwhelmed.

MARIANNA: Father Ham, I have just one other question tonight: This new awareness – I just feel like I am feeling it all day long, not only when I meditate. It's almost like my skin comes alive, and my hands – it's like I am electrified or something. Is this part of it?

HAM: Do you feel tingling in your fingers? (Marianna: Yes). Ham: Yes. Often this occurs during Adjuster contact when it is strong. This should pass.

MARIANNA: Father Ham, I don't understand, "this should pass."

HAM: The tingling of the fingers will go away.

JEREMIAH: Father Ham, how can one become more consciously aware of the soul? A spiritual being a while back was saying that one could concentrate on the soul inside the chest and think of it coming out through, and glowing, and thus lighting the whole body. Could you comment on that, please?

HAM: Yes, exactly. This is a beginning of soul-awareness. In the stillness, you may concentrate on the heart area radiating outward with light filling the entire body, throughout. Visualization is often helpful for becoming aware of spiritual reality and allowing this reality to grow. Yes. One more question?

ROLAND: Father Ham, we just got back from the Lake Powell conference and many of the things that you described tonight in your lesson, occurred. I am really appreciative of the ongoing instruction that I am getting from you each Monday night. What I am wondering is: Were you there during our weekend experience?

HAM: No. I could not attend; however, others were present.

ROLAND: We certainly felt them. We have new brother and sister believers by the name of Don and Willow G., who are from Tulsa, Oklahoma, and who have returned there to prepare their group for a Teacher. Amster, during a private meeting with them, gave them that instruction, if it be their will. It was such a startling experience and one that I needed to confirm with you. (Ham: Confirmed). Roland: There were quite a few other things that happened over the weekend that were not so positive. I won't take time to talk them out in the group, but I do need to meet with Rebecca so that we can make sure that all the communications were clear. Is that possible with Rebecca?

HAM: Yes. She can meet with you on Sunday morning. (Roland: Thank you very much).

And now the time has come that I must say farewell, for Rebecca is tiring and the transmission falters. I am happy to meet all you who have come and hope to do so again next week. For now, farewell.

Matrimony and Family | The Support-Base Foundation of Culture and Society

Ham, WOODS CROSS, UTAH 04-27-1992

Back

Greetings. I am HAM. I am your Teacher. My welcome this evening to all who are new to our group. My well-wishes go out to you and my prayers are with you all.

This evening I wish to discuss an unusual subject - that of matrimony. There are different kinds of human relationships and different levels of commitment between humans within those relationships. Matrimony, the pairing together of man and woman, is the highest form of commitment between humans on your mortal plane. This commitment is wholly voluntary in all civilized, or more highly civilized, cultures.

The understanding and compassionate loyalty between those persons thus joined is supremely touching; but more, it is the most important level of committed living in all areas of life that any person can do, aside from commitment to God.

You who are thus blessed in a state of mutual love and loyalty know the tremendous benefit in this life. Children are the most precious gift – a gift both from God and to God. How precious and marvelous and wonderful is this experience. How all-encompassing! How totally committing! And how wonderful to be thus blessed with children.

The family is the support-base of all culture. Family, is the foundation on which all societal institutions are built. It is the beginning and the flowering of all true civilization and culture. Family exhibits and enhances the highest motivation levels human beings possess. When you truly give of yourself and are filled with love for your family then truly are you glimpsing the perspective of God, Father, who is in Paradise.

God is, in reality and truth, our spiritual Father/Parent. He has given of himself 'through love' to create His family, and He loves each child, supremely. By and through His infinite love, each child is born. Each person is individualized as unique and precious in His sight. Each person is born of the spirit into His love – and, into His gracious, benevolent, and bounteous universe.

Matrimony is different from the 'parent-child' relationship, it is more akin to the 'brotherhood of humanity' relationship. It is the highest expression of true kinship, for in matrimony you, in truth, acknowledge your togetherness as one. True love between two people is never more deep nor meaningful than in matrimony. Years are traversed together, side by side; a family is born and raised and given to God and His kingdom.

Understanding sympathy, companionship, and true love – these are never more deep and more sincere than in this great and wonderful relationship between a husband and wife. Happiness and true self-fulfillment is found within this marvelous marriage institution. No longer does the individual worry alone, ponder alone, cry alone; for them, always is there another sympathetic ear ready to understand and perhaps make this journey a little lighter by carrying part of the load.

How precious you are to God, and how precious you are to each other. Love, my children, is the highest spiritual expression of self that there is. Loving each other, committing to time over years together, ripens in mature ennobling and self-understanding. Though there are times when all of us must by necessity walk alone, you realize you are all truly loved when within a family relationship with someone.

Those whose children are grown are blessed by having the most understanding friendship. No longer does the child need the parent for selfish reasons – now is the child standing apart and equal again on the brother/sister level of life. This true friendship and amazingly personal understanding between two people is precious in God's sight; and again, brings an understanding of the brotherhood and sisterhood of all mortals.

In family relationships, often is there conflict and misunderstanding. I say to you, you are wise to tread lightly over these difficult shores, for remember in God's sight you are all His children. Hold hands, walk life together. Love each other,

within your family and abroad in the world. Love your workmates. Love your children. Love your childrens' children and their children. Love your in-laws. Love everyone. This is the path, the only path there is, to walk towards God.

Brave and courageous is the person who can set aside petty difficulties and love in spite of them. Be big enough and brave enough to do this in your lives; this will bring you great reward in this life. You see, my children, there is nothing more important than love – the love of God within, the love for your fellows without. This is life's great lesson, and wise is the man who learns it early. I will answer questions now.

RACHEL: Good evening, Father Ham. I think I am going to run out of real good adjectives to compliment you on your wonderful lessons, and this was really a superlative lesson. I have five people to introduce to you tonight. Would you like me to tell you about all of them and then comment? Or would you like to comment after each one?

HAM: All is sufficient for today.

RACHEL: Okay. We have Maryann J., who is here from California; she has studied the Urantia Book for eleven years and she does attend a study group there. Here locally from Utah: We have Kerri H., she is studying the Urantia Book and has been attending James' study group. We have David S., he has been studying the Urantia Book for about four years. We have Jan P. who is a friend of Willeena. She is not reading the Urantia Book, but she feels like she was spiritually guided to come to our meeting tonight. And, we have Jo Mckee, she is Calvin's wife.

HAM: Thank you, Rachel, and welcome, all.

MELISSA: Father Ham, I've got some questions about Sinkra. Friday night I believe she contacted me and I would like to read what messages I felt she left with me. My biggest fear is me putting my own thoughts into this. So I'll just go ahead and read. [Melissa reads a few pages of her words from Sinkra.]

HAM: Yes. Confirmed. It is always difficult when beginning in this transmission-receiver position to be sure that each word is clear. However, you are well prepared and are doing very well. We all look forward to the day when you can even begin to transmission-receive for others. This day will be soon. (Melissa: Thank you, Ham. I really appreciate that.)

JASON: Good evening, Teacher Ham. I have an interesting situation regarding your lesson. A question was brought up in my mind: What of the 33,000 polygamist that live in this State with us? I know some of them and there truly is love within their family units. Even some of the gentlemen that have five and six wives – it seems a balance of love that I have no concept of true understanding. Maybe you could shed some light on this?

HAM: Within these unique families there is usually a great love. They are not sinners and are not erring in God's love. They are following a practice which they believe and which truly feels, for them, to be a higher spiritual law. Therefore,

there are not the usual antagonisms that can occur within monogamous marriages. These people are truly loved and welcome within God's vast kingdom, and you would all do well in following their example of unselfish love with each other. The monogamous form of matrimony is better in all ways in arrangement of society; it will stand the test of time – and indeed, has. Polygamy is an aberration within the social structure which will gradually die away. They are individually just as spiritual and loving as any other humans, and are not to be despised for living their beliefs.

JASON: Thank you, Teacher Ham, that's the way I feel truly inside about them. Is it possible that we have, literally, an infinite number of soulmates, and not just one?

HAM: Yes. On the highest level of understanding, this is absolutely so.

JASON: It's quite a staggering thought, Teacher. Thank you.

JEREMIAH: Father Ham, in regard to tonight's lesson: What would you say about people who get divorced or those who can't find a spouse, or possibly those who are homosexual?

HAM: In this era of civilization on your world, in your country, there is an amazing number of divorced couples – so many so, that there are more who have been divorced than who have not been divorced. This is part of the change in 'living life' which has come through a rapid-paced and drastic societal movement; change and family disruptions have been the temporary result. When a more spiritual bedrock is made to build upon a new society, then will such phenomenon gradually lessen. So much of your modern world is consumed with secular problems and concerns, individual needs, wants, and desires – that little is left for spiritual quest, for family-valuing, and for brotherhood-realizing. When the shift comes away from materialistic and egotistical desires, toward spiritual desires – spiritual growth results. Then, will the higher living (spiritual living) again stabilize and once more become the seed for the flowering of a new and a greater civilization. The individuals who are caught in this tumultuous time-period of today are not to blame in and of themselves for "not living up to a higher standard," no! for this time is full of conflict, doubt, and self-recriminations – it is a perpetual confusion. Much anxiety is rampant among all types of people; it seems that the very ground is moving. When all this changes, and comes along a better and more enlightened people, then great civilization will come about because this potential is so extremely fertile. We look toward the future with great hope. We do not despair of the present times this world is traveling through, for we know this is only temporary and will, in time, rectify. Forced civilization (a forced cultural conformity) is not the answer to society's ills, for you may straighten a piece of wood, as Christ said, and work much upon it, but if it is inwardly rotten your work is in vain. First take care that the wood is good within – that is, that each person takes care to strengthen his spiritual foundation – and then can we go to work on the rest. No society can be truly fruitful when built by imposing 'from without' – a social, political, and even an individual conformity to a norm or, to an ideal. No, it is not lasting! Each individual person must find from 'within' of their own true spiritual being and happiness, and of their self-expression in the world. This is of utmost importance. We do not demand or insist: "you must do this," or, "you should do that, for this is

the way of the ideal" – no! Each person's own individual ideal is sought for through 'self-expression' and 'expression to God.' If this 'self-expression' takes a form which is different or unusual, or even "sinful" to some – that is not for anyone to judge. Each person must uniquely find their place in the world and no one may judge that person; nor, take away their right to find this self-expression by enforcing a conformity to the majority. Is this answering?

JEREMIAH: Yes Teacher. Thank you very much for such a thorough answer.

RISDON: Good evening, Father Ham. Your lesson sparks something interesting in me: There is a lot of controversy right now with abortion, all around our country. I take it, out of what you just said, that it applies to people's own wills as well in this situation, where if they believe a certain way that they should not be forced to have a decision made for them or to conform to a certain particular way. Is that understanding correct?

HAM: I cannot comment on this particular issue at all. I am sorry. This, and many other social problems, issues, etc., must be resolved in a purely human way. You may interpret my words how you feel. I cannot say or comment upon these particular issues – particularly abortion, capital punishment, or any other social issue in particular.

RISDON: Thank you, Father Ham. I also just want to say how wonderful your lesson was. I was very moved by it.

WILLEENA: Father Ham, you mentioned that in making mistakes that the Father always loves and forgives each of us no matter what. I am beginning to realize that and it's very helpful. My question is: I made a good one today, it was a big one (mistake) and I am going to be facing the person that I made it with after this meeting. I prayed on it for the last three hours so that I could stand in my truth, stand on my integrity – be responsible for the disappointment I caused and yet not debase myself at the same time. With regard to this human experience of 'making error,' how best can we serve our brothers and sisters in owning up to the mistakes with regard to them, and still maintain our sense of dignity?

HAM: Yes, this is a very good question and very personal. Each person must find that within themselves. The strength and integrity to admit to error is greater than to ignore an error and let it go unacknowledged. So first, you are building your inner integrity by facing your mistakes; you are doing the opposite of debasing yourself. You are so strong and spiritually replete when you know you have made an error and can acknowledge this as error. Yes, this is true strength; it is not weakness at all. How often is this misunderstood in your culture, where admitting to error is seen as weakness or 'giving in' for allowing someone to somehow get an advantage. No, no, not at all. Truly are you growing towards Father, toward your true spiritual self, Willeena; and in doing so you are flowering to be a great spiritual woman – one who has experienced much doubt, sorrow, and error and all that goes into living life. Be always strong enough to admit to error, and strengthen your inner integrity and personal will thereby; for when error is seen, acknowledged and rectified – then, have you truly made a step towards Father.

WILLEENA: That was excellent. Thank you.

HAM: You're welcome. I am always pleased to speak to you.

WILLEENA: I appreciate that. I have a question regarding family as well, because you address so poignantly the tumult of our times – when family has not been able to be in alignment, and when there has been much abuse; not just abuse from parents but with each one within the family, with each other. Many mistakes and much conflict are evident even in just normal families where there is lack of real understanding or communication – and we are beginning now to become clear that we want to have a good and healed sense of alignment with these people that matter so much to us. How can we begin that healing process with the people in our families that maybe don't hear us very well, or who do not feel safe enough to be able to allow us to be the individuals that we truly are; and do so in a good way, a way that will not make them feel, in any way, defensive or pushed away?

HAM: Yes. Often, time is a great healer, and time may be the missing ingredient here. Even though some members are willing to come together in faith – faith with each other; faith in each other and also in love – others may not be quite so ready. Give these members a little extra time and worry yourself not overly over it, for time is eternal; and you have an eternity to be with these people, to love them, to give them of yourself and your love. Forcing a person who is not spiritually as advanced to take what you have to give is a mistake, for they do not understand what you are giving. Allow them time to grow toward this understanding so that your gifts are accepted as they are given – in truth, in love, and brotherhood.

WILLEENA: That's wonderful. Then how do we work with those people that maybe are not in understanding? Sometimes there are ways that incite conflict, such as when they talk down to us or judge us – how do we deal with that so that we don't come back at them defensively, and yet, we don't get demolished by them?

HAM: Once again take the spiritual view. Try to view them as the angels do – as children who are hurt, who are defensive, who are jealous, who are turning inward. You are a great spiritual woman, Willeena. You have the capacity to see truth and reality very well balanced. Always, when conflicts arise, endeavor then to use your higher mind and glimpse the situation more like God does so that you are sympathetic toward your erring brother or sister, and not judgmental. See their attacks for what they are. See them hurting in their own space and allow it. Though the desire is to heal this space, we must allow them to have it. We cannot change this situation by force or even by revelation – this is not God's way. He allows the time to ripen, the situation to mellow – then He acts, and then your actions will make a difference. Do you see my meaning?

WILLEENA: Yes, and I thank you. I have a guest with me and I know that it is unusual for first-timers to be able to ask questions, but she felt spiritually guided to come and I wanted to ask you if it was alright if she had a question for you? (Ham: Yes, of course)

JANA: Father Ham, when you talked about families, it brought up a few questions for me: One is concerning couples who can't have children and end up adopting. Also,

what of couples that get married and one spouse already has children, and so they don't have children together. Now I know how important it is to have that experience of being a parent – can they still be a parent in that sense without having to bring life into the world together?

HAM: Absolutely. Yes. There are many ways that this experience can be had. Experiencing actual childbirth is not a prerequisite for spiritual advancement. Each person parents another in a number of many different circumstances and beliefs, for if you understand God's viewpoint you may minister to many people as an instrument of Him. Being a material parent allows the greatest room and opportunity for this experience of being an instrument of God to another, yes. This, however, can be had in many many different circumstances and is not necessarily confined to individual childbirth.

CALVIN: Father Ham, in regard to your relationship to us in this group as your students, you are then regarded as a parent, so to speak, over this group, which makes the term "father Ham" a little more in understanding to me wherein we are as though your students/children. Might that be better said, differently?

HAM: Yes and No. You are my students, yes, and yet in love and spiritual reality you are my brethren. When you address me as "father" or I address you as "my child," we are saying "God is a more palpable reality in my being to you than any other soul at this time." So yes, we are acknowledging our separate experience-levels with God, for you see I am in reality very old and have gained much wisdom and experience through my existence. This is, I believe, only a temporary situation, for when we all reach Paradise, time is not a matter of importance anymore, for time is non-existent there, and all are equal.

CALVIN: Thank you. Is that the term that would be most fitting to address you by as "father" more than "teacher," or is there another term more fitting?

HAM: It matters not to me. 'Teacher' is adequate, and I am gratefully acknowledging of this title.

CALVIN: One quick and last question: In reference to matrimony, would two individuals who decide not to run to the courthouse or to the temple or church for marriage, but yet commit to each other to be together and raise a family – be considered matrimony?

HAM: Yes. It is absolutely considered on the spiritual level as true matrimony. Often are couples joined in loveless wedlock, and this is sadder than any other human condition.

RACHEL: Father Ham, when I address you as such, it is to show my respect that I have for you and my deep, deep love, when I call you "Father Ham," and it is sincere.

HAM: I know this, Rachel, and I thank you.

ROLAND: In your lesson about matrimony, I recognized two things which are a concern to me. One is: In my reading of the lives of the apostles – in particular, Thomas,

who was married. He put aside his family business to take on the apostleship, which seems to be the highest commitment you could make. Is there, in this Mission, ever a requirement of we who are in its midst to give that sort of sacrifice?

HAM: This is an individual matter and cannot be answered 'in general.'

ROLAND: Also, in your answer to Willeena regarding the suffering that occurs within marriages that are bound together by traditional and cultural force, that they maintain a marriage which has very little spiritual growth in it: I think now of my sister who spent thirty-seven years with a husband who resisted any kind of spiritual content of their relationship. It was sad to see that after all those years of struggle to maintain this relationship, thinking it was one that might ripen into something very wonderful, that she finally gave up and divorced. How do we speak to those individuals who are in that situation?

HAM: Again, this is an individual question which cannot be answered in general terms. I do not wish to answer.

I am sorry and I must now take my leave for this evening. In truth, my love for you is boundless. I wish only love, harmony and happiness for each of you and your families. Please have understanding when I cannot answer a question, for often these situations are so varied and individual, that to answer in a blanket term would be a gross disservice and injustice for those who may in future times come across my teachings. Farewell.

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More On Tolerance, Forbearance, Forgiveness and Mercy

Ham, WOODS CROSS GROUP 05-04-1992

Back

Greetings. I am HAM. I am your Teacher. My humble and sincere thanks and gratitude for your diligent perseverance in attending and supporting these meetings and incorporating these lessons into your own individual lives.

How well you are all progressing in your understanding of the tendency of God-awareness, and of the consciousness that you are all very brightly shining in your daily activities. In these activities there are many opportunities to shine forth your own inner awareness of light, yes, when these opportunities arise.

I am in understanding that you are all not amiss in doing your duty to God and your fellows. Our Father is not a sleeping God. He is, rather, all-watchful, all-knowing, all-caring for each of His many many children – myriads of children. His love and protection are never out of reach. Of course I have told you of these things many times; and yet, I wish to tell you again that you may keep this understanding close to your heart – that you may, in your daily existence, come to know that this truth, this everlasting truth, is always apparent, always with you, never to be shaken off.

My lesson this evening, once again, will be on forbearance and tolerance. Forbearance is above tolerance for forbearance is an attitude which, in love,

encompasses any situation. Tolerance implies being battered about within a situation and tolerating the effects. Forbearance, on the other hand, is a matter of 'living above the fray,' so to speak, with an understanding wisdom to not necessarily be an overly detached observer, but rather, to love all involved to such an extent that you may forbear any transgression which your brothers may make.

When you are truly in an attitude of forbearance, forgiveness is not far behind. Forbearance is above tolerance, forgiveness above forbearance, and mercy above forgiveness. When you have reached an attitude of forbearance for your fellows then little are you buffeted by their unforgiving or unwise actions – you can more easily forgo an attitude of intolerance or vengeful thinking.

Often in life are we confronted with situations or persons who antagonize us. This antagonism you can meet head-on – or, you can be wiser and look down upon the situation from a higher perspective; for always will there be problems and people who willingly or unwittingly antagonize – and even try to antagonize us into acting unwisely. The superior character looks upon the foolish actions of these fellows with an attitude of forbearance.

You can easily put aside your wounded ego, your wounded pride, your wounded checkbooks, by knowing and living within the overcare of our Father. He will not allow any real sustained harm to come to His beloved children who have unwavering faith and trust in Him. With Father, always can you rise above any obstacle, no matter how hurtful or difficult it may seem at first.

Yes, allow forgiveness into your hearts. Water yourself with this spiritual replenishment and allow this forgiveness to flow in your lives. This is beyond an attitude of mere forbearance, but goes to the essence of our Father. Our Father is truly forgiving of any and all transgression – how can you be any less to your fellows! Knowing within that our Father has forgiven your blackest deeds, your darkest thoughts – everything – how can you then turn to your brother and withhold this forgiveness from him? That is all for my lesson this evening. I will now answer questions.

RACHEL: Father Ham, that was another beautiful and very informative lesson, and we thank you. We have a newcomer this evening, her name is Loray C. She lives in Roy. She has not read the Urantia Book but she would like to attend a study group as we get one going in Ogden. So we all welcome Loray. (Ham: Yes, of course, welcome all.)

JOSHUA: Father Ham, your lesson is very timely tonight. I've been watching the TV news reports on the riots in Los Angeles, and I am trying to come to grips with this in my own heart and mind. I can understand more now, from your lesson this evening, and I thank you very much. [Editor's note: Joshua is referring to the Rodney King beating by some Los Angeles police; and the rioting that followed after the acquittals of the policemen who were involved.]

HAM: Again, I cannot comment on social situations.

RISDON: Father Ham, your lesson is very timely for me also because today I had a manager explode and blow up at me. It was very difficult to know what to do exactly

with my emotions at that time. I am having a little bit of a hard time understanding forbearance. I ask: At the time when the emotional outburst happens, is there something that you can help me understand what I can do at that moment? Because at that moment I felt so overpowered and not knowing how to bring the Father into the situation.

HAM: Yes. There are situations where one person is in a position of authority, and at this same time he is acting in a childish way. You can overcome this situation by understanding that perhaps the Father has brought you into contact with this person in order to exhibit to him the higher way of God. Even if your position is subordinate, it matters not; our Father works with all His children, equally and lovingly. I would like to see your attitude be one of gentle forbearance – if not complete understanding. Easily you can master this situation by showing a loving and forbearing attitude. Hard is this lesson, for so much hurt and wounded ego-centeredness is occurring at this time. If you can step away from your own ego-center, even for one hour, to contemplate this situation without allowing emotional hurt, you can better be prepared for your next meeting when tempers are calm. A foolish man is one who easily loses his temper, for it often creates a much worse situation than what he was upset about to begin with. Easily could your manager hurt (and has hurt) your relationship – which anyone knows takes time to build. Always remember that foolish actions have repercussions. Do not fall to become merely a 'reaction' to a foolish 'action.' Do not allow a situation such as this to force an action on your part – it is not necessary, and you are wiser to hold your own counsel and to speak when the situation is calm. Is this helping?

RISDON: Yes. Thank you very much. That is wonderful advice.

RONDEL: Father Ham, I have a question regarding forgiveness: How do you forgive someone who has done physical harm to you when you are still threatened by them, for instance, a child that has been molested?

HAM: Who is now an adult, perhaps? (Rondel: Yes.)

HAM: Are we talking of one who feels threatened, or who is threatened?

RONDEL: Is not threatened but still has the same feeling as being threatened in the presence of this person.

HAM: I see. This person (the offended person) is in need of true spiritual growth. In growing to a more full maturity, and realizing that this feeling – a memory reaction pattern – is possibly illusory and overblown, then the higher enlightened person will come to a wiser understanding of the situation. Full forgiveness may not come without first, tolerance. Where there is a feeling of feeling threatened inside, this (tolerance) is not exhibited. Later comes forbearance as the threatening feeling ebbs. The mature 'living life' person is only a slave when fear becomes a master. Fear (or the reaction memory pattern of fear) is illusory and will, in maturity, come to be shed. Often as not, this process is life-long – and not only for those who have had this trouble, but for all people who are affected by fear. Fear is, as the Urantia Book says, a master intellectual fraud which, in enlightened reasoning and understanding, comes to be seen as the illusory shadow

which it is. I know that my words may mean very little to someone who is constantly in a threatening and fearful situation; and who, even as an adult, carries this painful/fearful feeling within – but nonetheless, true are my words. In time, fear shall be shed, and new growth-potential will be found within the frightened soul. Fear inhibits; faith releases. Faith, in one sense, is the opposite of fear – for faith dares to grasp realities which are beyond the small fearful night. Faith is the antidote to fear and one day will conquer this fear. Is this helping in your understanding?

RONDEL: Yes, it is, and I just have one other question along that line. What if this individual who is molesting or raping women is continually doing so, still, and the fear this person has is out of harm for others, and the perpetrator has no remorse for that?

HAM: It is not for me to pass judgment upon a mortal. Society is equipped with its self-protection mechanisms – which, though faulty, are sometimes effective and are wholly sufficient to deal with criminal behavior. It is not my place to judge nor to sanction judgment.

RONDEL: Well how do you forgive them when they have no remorse or don't acknowledge the transaction? That's been my biggest question – how do you forgive someone who doesn't think they need to be forgiven because they feel like they haven't done anything wrong?

HAM: This forgiveness is as much for the forgiver as for the forgiven. You see, forgiveness opens the heart and soul to God, to God-awareness and understanding. It is not necessary that the person that you are forgiving acknowledges this, for each person, ultimately, is forgiven by God alone. Your feeling of forgiveness towards that person is a measure of your awareness of God and is not necessarily a product of your relationship with that person. (Rondel: That clears it up. Thank you.)

WILLEENA: Father Ham, I am not asking in the direction of information regarding the social situation on our planet, most immediately the Los Angeles situation with the Rodney King riots, but my question revolves around the spiritual aspects regarding these kinds of crisis. I assume – because I know I was affected, and I know of other people who also were – that many prayers were sent out. I wonder how effective are our prayers for these troubled brothers and sisters in many places on our planet? Do those prayers actually combine energetically from the many of us that offered them – and do they have any impact to alleviate and restore a sense of hope, a sense of peace?

HAM: This is an interesting question. As you are aware, your prayers are directed within the great system of mindal connection in this universe. When you pray wholeheartedly and unselfishly, your prayers are directed to those who can, and do, offer assistance. Yes, when many pray together, the effects are more strong, more effective. We often forget that prayer is a very effective vehicle for change and is always available. Even when all else fails, superhuman assistance is available and ready for action on the order from their superiors. As such, much angelic and midwayer assistance is evident in the Los Angeles riots. I cannot speak of who ordered this, nor of your social situation in general, for therein I am restrained.

So yes, there can be intervention by those who are entrusted to provide this service. In these situations, there are, and will be known, many brave and noble acts – as well as the cowardly and serious acts of immaturity. How starkly these acts contrast with the purity and nobility of those who bravely face violence in order to offer assistance to those in need. So often is this true that grave injustice kindles forth the greater and more noble natures of humankind, so that even in the most terrible of situations do we often see the light of a greater and more worthy character truth, within. Good always triumphs, even in the darkest hours of suffering. We must know that goodness is a universal law, and goodness will always triumph over evil and injustice.

WILLEENA: Thank you. (Ham: You're welcome). Willeena: You probably do know, but I just want to say that your words have great effect. I want to ask also: If the people – who in their circumstances, whose heart may be jaded and lost in their pain – if with enough prayer going towards those situations, is there also a fact that their hearts, too, may come back to an opening and to recognize the higher work that is at hand? And, as you mentioned last week, that there is always hope that some of them may be turned around and brought back to that hope?

HAM: Yes, and especially so in witnessing the higher and more noble acts of their fellows; perhaps they realize within, who they really want to be.

WILLEENA: I found myself experiencing excitement at something coming out of this that feels very positive. I believe, in regard to the 'correction time,' that the consciousness of the people is being affected towards the greater truth; and therefore, that this event, the Rodney King riots which sparked much attention and upset, will, in fact, turn out to be something that brings forth more goodness and more family community amongst peoples of this planet. And yes, it is good to know that by addressing the injustices of our small prejudices, that even the governmental agencies of the world will be affected by the hearts and the caring of the people.

HAM: As you have so eloquently expressed, is also my hope.

WILLEENA: Bless you, Ham. Thank you for being our Teacher.

JEREMIAH: Hello Father Ham. I'd like to follow up on that question. Can you tell us about mortal group-consciousness, or sub-consciousness, of the planet that's now going on? And also in regard to the question concerning 'group prayer' – for example the riots in Los Angeles – does that all raise the conscious level of the planet?

HAM: No. Each person can rise to their own level. Each individual person is not necessarily directly affected by prayer from group-conscious prayers, but is perhaps, indirectly. This, because of circumstances which can be, and sometimes are, manipulated in order to bring forth their highest sense of God-consciousness so that, in general, a group-consciousness is not a true reality. Individual God-awareness is very personal and individual. Is that helping? (Jeremiah: Yes, it is. Thank you, Teacher). Ham: Only one further question this evening. I am sorry, but Rebecca is tiring in this connection.

CALVIN: I think your lesson was directed at me, and we all might feel that way about ourselves. At work, I sometimes have situations where a co-worker or a manager will do something very unethical and dishonest and it is my nature to throw a fit or get mad back at them. I'm thinking that by doing that (expressing my anger) that maybe it lessens the next go-around and maybe even might avoid another one – but I see now, what you're saying is to 'calm down' and then come back and talk about how I didn't like how I was treated, and to do it with a feeling of love and understanding, rather than rage and anger?

HAM: Absolutely. Correct. Take a broader view of each person and begin to open yourself to a broader and more all-encompassing understanding. Even when this behavior is a commonplace occurrence. For example, in a ghetto environment, often "an eye for an eye, a tooth for a tooth" is the rule of the understanding. When you truly understand the Christian message – which this gospel means to say: 'to become like the Father to the highest extent of your ability within your own individual circumstance' – when this ability has become a way of being, then no longer are you threatened or hurt or frightened by the many circumstances and situations which buffet us during our daily existence. I say, rise above your circumstance and show your fellows a better way. Though this is difficult and may be dangerous at times, it is the way of Christ Michael, which is our duty to follow. He came to show us a greater, more truthful and loving way to live. How can we shun His life and not consider and truly understand His life. His mortal existence is the example for all worlds, for all times. Perfect as His life was, and imperfect as our lives are, surely we have a goal; surely we have an understanding by and through His example that allows us freedom, the freedom to choose the greater road.

And now I must depart for I am needed elsewhere. I thank you all for coming this evening and hope to see you here again next week when I will have another discussion with you. Good evening and good night. Farewell.

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Who Am I | Seeds of Potentiality | Life Is a Process of Making Potentials Real

Ham, WOODS CROSS, UTAH 05-11-1992

Back

Greetings. I am HAM. I am your Teacher. Thank you, Jason, for a welcome, open, precise, and loving prayer.

I am with you tonight in order to assist in your individual self-discovery and realization. I am always pleased and happy to see so many steadfast, seeking, earnest, and dutiful disciples here. I am also pleased in noting your progress spiritually in the realm of morontial awareness and understanding.

"Who am I" is the most sought-after question in the universe. "Who am I" is the central question in our lives, here and beyond. "Who am I" has deep meaning and significance in life. When this question is asked for the first time it signals a spiritual awakening that continues throughout this life. The quest for your true selfhood identity is life-long, even on to Paradise.

There are within each and every person/personality, seeds of potentiality which, when watered and nourished, are given to sprout into actuality. Through life these potentials are given opportunity to sprout, as it were, to grow into actual selfhood, which becomes your true selfhood. What was once only a thought of God becomes a steadfast universe reality within our growing existence. Through life there are many many of these potentials which become real, within.

Life is a process of making potentials into actuals; making actuality – reality. For example: Within a child who is frightened by the dark, there exists the potential of a truly courageous and dominant character. In the child, it is only ‘potential’ and it takes time and life-experience for this potential to grow into ‘reality’ and an actual character possession of the full-grown person.

You may think of these potentials as boughs on a tree's branches. Each branch grows, then sprouts new branches – which grow and sprout further new branches. In this way, a mighty tree is grown over time from a seedling, which on first sight resembles not a mighty tree, but its potential.

Many of the contrary (or what you may consider negative) influences in your lives are, in reality, bringing forth a potential character reality within. For example, a weary child may be a test to an adult – crying, wanting attention, and so forth. When the adult grows stronger from this experience, and into a wiser way to handle the child, this new and stronger character trait is permanent, and does not revert.

Once one acquires wisdom (through adversity or not) it is a permanent part of your selfhood. One who is truly wise finds the most correct manner to deal within a given situation; and yes, this may lead to more and more refinement. Like a branch on a tree which is ever sprouting – still, this branch is a permanent part of the tree.

Life is full of sorrow and joy; of heartache and happiness; of feelings of self-doubt and exuberant confidence. Life is a challenge, yes, and through this challenge you are to grow, within; grow those character aspects which enable you to more effectively live.

Life never ends, and neither does your soul-growth. Life goes beyond this short existence into eternity. How great is this experience, and how great is this soul who grows from it. Life is never stagnant – it is always moving, changing, growing, and diversifying. A challenge, yes! but in life, if you discover defeat are you truly defeated? no, only temporarily blocked.

One must learn to discover our true potential from these life-situations. If you stumble, do you not arise again? Yes – in life, if you stumble, you rise and walk on. These daily tests and toils and worries are all a part of your growth toward God. How insignificant they appear when seen in this true light.

“Who am I?” Each person is a unique and individual expression of God. “Who am I becoming?” is the greater reality. Each person has the potential to grow in this realization of selfhood – to know that this selfhood can be a reflection of God. And even though this awareness is presently partial and incomplete – it, nonetheless, is true and unique; and there is no one else who has the unique abilities you do.

"Who will I be?" You are becoming yourself 'in truth' – yes, a self which is deeper and more true than you are capable to realize at this moment. Always is the 'self' revealing its deepest, truest, and most beautiful secrets. Little by little this growth towards God is revealing the immortal child at the same time. The child is no less, and is no greater, than all children, for all are uniquely wonderful; all are uniquely finding self-expression. It is true, those finding self-expression are finding God-expression.

Each child is in a vast and seemingly endless Grand Universe of beings wherein all are experiencing this wonder of ascension. Beings who are created perfect do lack experiential growth – and truly envy those who have it. Though no less precious to God our Father, truly do they appreciate what wonders are wrought in His never-ending evolutionary and experiential works – that such strong, yet finite characters, are created in this way.

Look well to the future. See yourselves in transition. Do not try to hold on to what is fading, for life is new growth, new paths, new opportunity – yes, new life. Life comes from life – and springing therefrom creates life and growth in endless abundance. Never is there stagnation and dormancy in truly living life. Walk firmly and tall through your daily tasks. Even though these sometimes arduous tasks may cause you grief, know in the end there is a true purpose, and so much will your load be lightened.

Jesus, as He lived His life on Urantia, was not given an easy road. On the contrary, His path was very rugged; yet He was, and is, the divine example of 'man made perfect.' So can you, in your lives, in your rugged paths, begin to show forth the divine that is within. God, as represented by your indwelling Spirit, is active in your lives. He is not sitting aloof watching your life – no, for He is part of it. He is part of you. He is living and suffering and watching your growing.

Yes, in toil and fret, the Creator of the universes is right there with you – within; He is not far away. He is not waiting for you to come to Him, He came to you! and He is with you always; always remember this in your minds. When life is burdensome, when your tasks are difficult, know that God, Himself, is with you, right within you. And now I will conclude our lesson by asking if there are any questions?

RACHEL: Father Ham, that was such a beautiful lesson and such a wonderful explanation. I am sure that it has to be of help to everyone. This evening we have two newcomers. Dennis J. and Dave W., and they are also newcomers to the Urantia Book; however, they are reading now, and Dennis J. was at our study group last Thursday evening. I feel that both of these fellows have been searching. I would like to welcome them to our group.

HAM: Yes. Thank you, Rachel. I extend my welcome to all, of course.

RACHEL: Also, two fellows from Northern California, Alfredo F., and Phillip, would like to come to Salt Lake and be with us at our meeting on June the 1st. And also, Alfredo requests a private meeting with you on Sunday, May the 31st, if this is

possible.

HAM: Yes, it is possible, and I deem it important. Is Roland available? (Roland: Yes, Teacher, I am.) Ham: Very well then, it is settled.

MELISSA: Father Ham, I was speaking with Roland tonight about helping him with these personal meetings and I was wondering – I am willing to do it, but when would I be ready to do this?

HAM: It is hoped that in a few more weeks you will be able to help in these meetings, and I am very grateful for your assistance. It is advisable that you should begin slowly with those who are here in this group so that you will feel more comfortable; and also, that errors can be corrected. If you and Rebecca could meet on a Sunday for two or three weeks, and practice, it may be beneficial.

MELISSA: Thank you, Father Ham. I appreciate the input. I am happy to serve and I will get with Rebecca on that. (Ham: Very well.)

ANDREA: Father Ham, I have a question on the lesson: If we don't grasp a potential that we have for our life, do we lose it? or does it come back in another opportunity? Do you know what I am asking?

HAM: Yes. These potentials are an inherent part of you. It is not something lost and found, here and there – they are growing through your life and are not ever lost. The branch may turn and sway, or grow this way instead of that way, but the potential is never lost. (Andrea: That's nice to know. Thank you.)

MARLIN: I can understand how these teachings and this Mission is going to affect what we consider to be the civilized world. But when I take a look at primitive people – people we consider to be primitive, like the Kayapo Indians in the rain forests of Brazil – I see they live in harmony with nature, and I don't understand their spirituality. Is this Teaching Mission going to affect them? Is it going to heighten their spirituality?

HAM: Yes, for all of Urantian children, God's children, are being drawn to Him – even those who you may consider 'unspiritual.' They have an equal potential, yes, and we are considering how to uplift the spirituality of all peoples. It may be soon, or not soon, depending upon their leadership and potentials – and of such, I am not at liberty to discuss. Suffice it to say that no man, woman, or child, is left out of God's kingdom; all are on equal spiritual footing, even if they are unknowing and intellectually backward. Spiritual 'growth-potentials' are equal among peoples of all civilizations and times.

JAMES: Teacher, in our lives on this planet it often seems as though we are so busy making a living and attending to our basic duties that we are unable to find time to develop many of our potentialities – many of our talents. Also, I get the feeling that supernal beings even as far progressed as you are, bid for opportunities for service – and yet it seems only a few are chosen for it, which therefore leaves many to be disappointed. Will our whole universe career be such that there will be less opportunities for self-expression and service than there are beings desiring those

opportunities?

HAM: The impulse desire for service is a growing development. When you are living this mortal life, this impulse is small. As you progress in your universe ascension, this impulse grows to dominate your life in joy and in love; for what is service, really, but the opportunity to help in God's plan. If you have this desire, truly you will have the opportunity to pursue it. When sometimes we are disappointed in our ambitions not being fulfilled – this again, is part of our soul-growth, for it stimulates further growth potential; but, perhaps different than our expectation. Each experience, throughout life after life, has its effect on soul-growth; and one is unprogressive when not yearning for one's full arena of potential life. Those who would seek God 'through isolation,' are erring, and stifling their own spiritual growth – for the opportunity for stimulation is lost; and there are potentials which are not developed now which would enrich this life. But again I say, these potentials are not lost forever; they are given opportunity for expression in another era, in the fullness of time. Don't make the mistake of feeling cheated in life, thinking there is not enough time for this, or time for that – for time is eternal. 'Time in eternity' is an eternal moment. 'Fragmented time' is only a temporary condition for your intellect. This time-scarcity which many do feel, is temporary. Soon, when you have acquired the intellectual and spiritual level of understanding what is essential in your spiritual growth – and, that God's time is, in your time, 'eternity in a moment' – you will then realize that there is always enough time. Is this helping?

JAMES: Very much. Thank you for enlarging our perspective on this. Did I understand you correctly in a previous lesson wherein you said, in essence, that on Paradise we will, all mortals, reach the Corps of Finality? And there, we will be in some sense, equal; and will, at that time, be able to express all of our potentials?

HAM: Yes and no. That all potentials within your ascension career are expressed – this is true. But after your ascension career has culminated – then you begin a career of descending so that further potentials are allowed expression. So, yes and no. (James: Thank you very much.)

WILLEENA: Father Ham, when the Father's 'thought' that becomes our 'being-potential,' is first an idea – then, at that stage of the idea (within that moment, or that amount of time, whatever that is), is the very core of our whole being inspired at that time? so that our propensities toward types of experiences needed in our ascension careers are developed at that point? I realize you say that there are accidents; and, that there is a plan – so that some of the things that occur in each of our lives are things that happen without being directly planned for; and yet they serve to develop the character/qualities that we are coming into our 'potential to be.' My question is: When the Father first has the idea that becomes us – is it at that stage, then, that we have the various potentials for our character-building? (Ham: Yes.) Willeena: Then the kinds of experiences that we may encounter in our particular lifetime – these are all a part of that initial ideal?

HAM: No one knows for sure. But we can say, and with a fair degree of certainty, that yes, it is true – Father sees the end from the beginning and all stages in between.

WILLEENA: So in essence, there may seem to be accidents, yes, but the particular kinds of accidental occurrences that happen to each of us in our individual lives are perfect for our particular development of our potentials?

HAM: Perhaps 'perfect' is too strong a word. 'Sufficient,' would be better.

WILLEENA: Then when there is a great deal of growth opportunity in a person's life – such as from a very rugged road at some stage as the consciousness wakes up – is it appropriate and key to take a certain amount of time from our life to focus attention on that healing that needs to take place? say from the past, to be able to come to the present with more of one's self?

HAM: This is personal and unique to each person. Each person is able to find the time necessary for personal growth, yes – and, for healing where needed. These two aspects of life are complementary so that each requires the other, and complements the other. Your own growth in life has been an example of an exemplary life illustrating this.

JEREMIAH: Father Ham, I have a few questions on tonight's lesson; they are related, so maybe I'll ask them all together: What can one do to better recognize potentials that we have? And second: Using your analogy of converting potentials into actuals, as a tree with branches is growing – let's say we have overlooked one potential, and the branches around it are growing more and more, and one is a little short – what happens there? Is that somehow manifest to right itself in our life if we are following guidance? Does that mean that our spiritual helpers will manipulate things to help us become more aware of that potential that is lacking, to try to develop it? And the third question is: If we are not converting these potentials, but keep chasing the same ones, let's say, and not converting actuals into more potentials – if I hear what you are saying, then more and more – and again with the analogy with the tree – it is possible for that tree to be unbalanced? growing off on one side much more than the other side? And if that is the case, how can I be on guard against that?

HAM: True. This is a danger in a freewill life. For in allowing freewill-choosing, the potential is great for unbalanced living. It is wise to recognize potentials, yes, and allow for their full development. When one grows 'un-actualized,' it may or may not have consequences in life, so that a person who has potential to be very gracious, for example, and yet persists in abrasive action toward others – he stifles his potential and grows a little crookedly, you might say, so that his potential of wise and gracious action is limited by his persistence in being crude. This, in turn, creates further potentials in another direction. Life is filled with trees, and many of our fine trees are slightly unbalanced here and there. The mansion worlds experience is, in fact, designed to correct these deficiencies if they are not corrected here. Is this answering all the questions?

JEREMIAH: Yes, Teacher, just one further question: [laughter.] The potentials we have, are they designed for this planet only, and for this generation? or is that immaterial?

HAM: Yes, in a sense. You are all a part of your life's generation and civilization; so your potentials are limited and expanded thereby. Yes. My love goes out to all. Farewell.

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Self-Awareness, Otherness-Awareness, and God-Awareness Brings Us To Truth and True Faith

Ham, WOODS CROSS, UTAH 05-18-1992

Back

Greetings. I am HAM. I am your Teacher. My heart is glad to know you new arrivals, and am also thankful for your service. Our time this evening shall be filled with new spiritual enlightenment.

My lesson this evening is concerning wholeness, and the integration of life's various aspects into a meaningful and trustworthy wholeness within. When our lives become over-burdened by the many stresses and activities comprising modern daily existence, there is a tendency to become unsure of one's centered and secure being. This uncertainty is entirely a mental state, a mindal fragmentation, and not reflective of your true spiritual wholeness.

Fragmentation is an attribute and attitude of mind itself. Mental comprehension requires this fragmentation for understanding to occur. Mind takes fragmented reality and integrates this into a meaningful whole. When mind becomes overly-stimulated in a constant daily manner, then does mind become confused and isolated - or rather, feels isolated. This isolation-feeling is illusory, for one's wholeness - a centered, perfect, entire being - is real. Those unwholesome mental structures - worries, cares, and so on - are not real.

We, as imperfect beings, live largely in our mental domain; and this mental domain is filled with our own mental structures (mental creations) which we see as real, but they are not.

As I was last week explaining - the wholeness of being; the 'who am I' of self-hood; the deepest and truest awareness of self - is experienced through the soul and then, real-ized by the mind. We are not a structure created by our minds, no! Rather, are we a structure, a soul, growing with the aid of mind, but not made by our minds.

For example: Often we become immersed in a trade or business activity in which the shallow-thinking person is defining their 'right to being right.' Their self-worth feeling and attitude toward others is derived from an earthly accomplishment. This is error, for this earthly accomplishment is always in danger of toppling, and the person's self-security is in danger of toppling with it. The true sense of self-worth comes from only one reality, and that reality is one's relationship to the source of reality - God.

'I am,' is a unique awareness to humans as opposed to animals. Self-conscious (self-awareness) is a spiritual level indicating that progress will be made in life.

Without this awareness, progress toward God is impossible.

So you see, awareness of self presages awareness to the awareness of God; the two are mutually working together as we grow. As we become aware of our lives in a greater aspect – as we become aware of our errors, aware of our forgiveness by God – we become also aware of our relationship with others, our brotherhood and sisterhood toward our fellows.

Children, as they are growing, often emulate an older person when they are truly impressed and inspired by this person. Likewise does the adult, by exercising true faith, actually grow into beingness by emulating their highest concepts of God. Limited and even childlike that these concepts are, they are invaluable in helping to guide the soul toward proper worthwhile and marvelous growth. The growing child soon becomes aware of self-hood. This awareness of 'self' is like an auto-revelation when it occurs. Often this revelation occurs in conjunction with Thought Adjuster circle-attainment.

Yes, self-awareness, otherness-awareness, followed by God-awareness – then comes the awareness of God in others. All these early 'first knowingness stages' presage the 'adult knowingness stage' in our merging adulthood. Our awareness of God is growing and actually changing the way we live our lives in connection with those around us.

Faith transforms the ordinary life into one of amazing feats of courage, wisdom, and foresight – faith in God, and also, faith in ourselves. Yes, I will repeat this: Faith not only in God, but also, faith in ourselves – the two are the same; different aspects of the same thing. When we have faith in ourselves it is a faith that goes beyond the self; it is a faith that extends to our higher self – our inner Spirit. This faith is not a selfish thing, no; this faith, which is a surety within, is an up-reaching and uplifting thing.

Who can be niggardly in the face of such abundance? Who can be cowardly in the face of such sublime courage and stability? Who can be poor in the face of such riches? Who can be weak in the face of such strength?

Awareness, you see, is the greatest gift of truth. Truth is liberating, for truth gives awareness a reality and an understanding thereof. When this understanding is used wisely, nothing – again I say, nothing there is which cannot be done. Life may be full of toil and burden, heartache and sorrow; yet, in true reality awareness (true understanding of the great 'I am') there is the strength; there is the wisdom; there is the courage to overcome these obstacles. It is there, yes! it is reality which you are becoming aware of.

Truth has power. Truth is spiritual power. When we walk in the light of truth, truly have you greatness, spiritual greatness, which shines for all to see; wise and noble actions can only be the results. Have courage. Have faith – faith in God and faith in yourselves. Have faith in your own understanding of truth. This transforming faith will overcome the partial shadows of negativity in existence.

Truly are you all noble souls. Truly have you greatness within; abundance of strength; and resources in courage. Truly are we all brothers and sisters in the

great kingdom of God. Reach to each other in light, yes, through love and with truth as your bond, as your medicine, as your sword, as your comfort. Truth is of God. Truth is ever abiding. Truth is universal light, love, and reality. Truth is an ever-increasing knowledge of God. Truth and faith are the two transforming miracles of existence. Light and love follow truth and faith; and love is the essence of God.

This concludes my lesson for this evening. Are there any questions at this time?

RACHEL: Thank you, Father Ham, for that glorious lesson. I surely hope that you really know how much we appreciate you and your teachings. We do have our three guests from out of town with us this evening and you met them yesterday. But again, we would like to acknowledge them. There is Horace, and Setha, and Harkana. We thank them for coming so far to be with us this evening, and we have enjoyed them.

HAM: Yes. Thank you, Rachel, for again presenting our guests. Pleased and happy am I again to welcome them here among us.

MELISSA: Father Ham, I would just like to say that you answered every question that I could have had tonight, because I have been feeling a little insecure and uncertain with myself. I seem to have a lot of faith in Father, but when it comes to me, I lack confidence sometimes. So the lesson you gave tonight was very fulfilling. I just want to say thank you.

HAM: Melissa, my daughter, you are prized and cherished more than you will ever know. (Melissa: That is very appreciatively received. Thank you.)

HONORAY: Father Ham, I feel the same way as Melissa does tonight. Your lesson tonight has also answered questions for me. I would like to report the progress that I have had in the last three weeks in spreading some of your lessons and things throughout my family. Because of it I am getting visits from my family in Salt Lake and visits from California. In fact, friends that I haven't even heard from before are coming to see me. To top it all, my nephew from Washington, DC, who happens to be the head of the NASA space program right now, came to see me last week. He said he felt like I had a message for him; and I have to tell you that he took it very beautifully. So I want to thank you. This Mission is really spreading through my family. Your work is being well known and is getting results that are unbelievable.

HAM: Honoray, I am deeply touched and thankful for you. How precious you are, again, you do not know. (Honoray: Thank you.)

SETHA (Eugenia Bryant): Father Ham, I just received my name yesterday, and indeed it was a wonderful and moving session that we had yesterday with Roland, James and yourself; and, coming to know of our new Teacher for our group in Lawrence, Kansas. Your lessons have already done wonderful things for people in our small corner of the world. We are beginning to share them with others on a selective basis; but I think right now we are in the process of sort of assimilating a year of your work and teachings with this Woods Cross group. We have just been so touched and so moved by the many of your lessons. I do have some concern in that the Urantia Book has kind of taken a little bit of a back seat lately; we are just referring to it occasionally when we come across questions that come up in your lessons. For myself,

I would like to say thank you for the lesson tonight. I know you didn't pick the topic just for me but it's a wonderful topic for me, because I am a little bit the opposite of the two that just spoke. I'm one who has a great deal of faith in my mind and still I have a lot of difficulty with reaching God. Not that I didn't understand God was there, but in my reaching through to God, and allowing Him to show me of His presence. So for me to have my faith in God, it was a great deal of difficulty for me to let God help me in my life. And your lesson today was deeply appreciated, and I thank you very much for all you have done for us.

HAM: Setha, you are truly a unique and precious spiritual woman. I am honored to be in your presence. (Setha: Thank you so much. I am honored to be here.)

HORACE (Bill Bryant): Father Ham, my beautiful wife has said it so well that I would just like to say, amen, to that. (Ham: Thank you, and God go with you on your journey home.)

CALVIN: I also thank you for the lesson. Marlin and I were discussing this question that I have – it may be better for another evening but if you will: We understand Melchizedek's order from the Urantia Book, and in the LDS community the term 'Melchizedek priesthood' is used often. But is there a similarity or a purpose to the known priesthood referred to as 'Aaronic priesthood?'

HAM: No. This is a human priesthood; and so is the so-called 'Melchizedek priesthood' a human institutional contrivance. These are not indicative or reflective of those orders on high.

CALVIN: Thank you for answering that. I have another simple question: In regard to your teachings, which we are now receiving this last year or so, and those since the teachings started with Father Abraham in New Zealand – has the same sort of teachings been tried in other histories of Urantia? Or, is this the first period/era that these type of teachings have come to us in this fashion?

HAM: There have indeed been other teachers from on high throughout history who have taught in a similar fashion. Yes. Their names and times, however, are not of importance. Now, in this day, these teachings are somewhat more advanced, as the Urantia Book is advanced comparatively with the evolutionary and revelatory religions of the past. Michael's teachings, however, were the highest and still stand as such.

CALVIN: One quick question from reading this morning in the Urantia Book: In the pages around 1400 it talks about 'sovereignty' – and that to have real freedom for all mankind and a united brotherhood, this planet must evolve and integrate into a national or international sovereignty, a 'one world government.' Do you have insight on whether today's United States administration, and/or the United Nations – are we working in the right direction toward that? Or, would you say, the wrong direction?

HAM: It is not allowed for me to comment on that matter at this time. (Calvin: Okay, and thank you.)

ROINDA: Ham, I have a question about faith: I feel like I have a lot of faith, but I

wonder if it is all just 'in my mind.' I understand it is through prayer that I can increase my faith to be more loving and do more of the will of the Father? Is that accurate?

HAM: Yes, of course. Prayer always increases the ability to receive and understand the daily prompting of the indwelling Spirit. One must actively pray for, and actively follow the guidance, for guidance to be manifest. Yes.

ROINDA: Does it get easier to follow divine guidance rather than just thinking about if we are doing something correctly? I don't know if I am following guidance, or if I am just following my own mind.

HAM: Everyone is living in a complicated world like are you - mentally, spiritually, and physically. Inner guidance need not be an overt intellectual experience. No. Rather it is a quiet, soft, inner-felt comprehension of God, which is always there to aid and comfort you, yourself. You are all following guidance; yet must you think through the problems of life and make life's decisions. These decisions must be yours to make or they are meaningless. So yes, you all live in a world of decision-making which is based on mental assessment, with the awareness of spirit helping. God never makes your decisions. He only helps you with the decisions you have made. Is this a little clearer? (Roinda: Yes, thank you.)

HORACE: Father Ham, yesterday we met you over at Joshua's house and had a wonderful conversation, but it failed to record very well. There was a lot of static and noise. We had four different tape recorders over there and we are really puzzled of what could be the problem. I know it is a technical thing and is our fault in some way, but I was wondering if maybe some of the energies from our friends on your plane were doing anything to cause that static on the tape recorders. If you aren't to blame, then we'll keep looking. (Ham: Keep looking.) [laughter.]

TOMACK: Father Ham, I would like to ask a question. How would it be best to marry your teachings with the dominant Christian teachings when they, so many times, conflict?

HAM: Yes. This is, in reality, an individual matter. The dominant Christian teachings are largely evolved from ancient times over generations and are largely the result of traditional thought. The gospel of Jesus as presented in our Urantia Book, standing alone unencumbered by these other traditional teachings, is indeed very advanced. Each person can and should weld these two concepts together in their lives. Tradition and the common practices of the day should be largely honored, for conflicts and unhappiness may result from strenuous insistence on the 'purity' of the gospel. Each individual must walk his or her own path in life and in society, choosing those convictions most suitable; and personally decide if such convictions should perhaps be subject to their ideals. Living the true gospel of Jesus will again one day triumph over the errors of incidental teachings which have become enmeshed in modern Christianity - ideas such as 'the atonement,' the 'virgin birth,' etc. Difficult is this when confronting those persons who cherish these erroring beliefs, ideas/teachings. In most cases these should not be directly challenged, for this will come to nothing, to naught. Is there something more specific? (Tomack: No. That was very helpful. Thank you).

ED: Teacher Ham, I was wondering if you would comment on the basis, the need, the source, and the value of the great religions of the world? And why they have such great followings and growth, even though it has been over long periods of time?

HAM: The answer is within each believer, for he or she individually finds a truth in a faith (a religion) where this person is comfortable existing. Far braver souls may find truth outside their culture and then incorporate a foreign religion as their own, as superior to the local religion. But all religions are vital for human stability and cultural integrity. Without religion, cultures disintegrate, and individuals suffer. Religion is vital to all spiritual progress, for even the seemingly irreligious soul has a flicker of divine love within; and often this flicker is the light which they are guided by, regardless of the outer trappings from religious life. I will endeavor to answer one further question tonight.

ONCLIVAN: Teacher Ham, I am very thankful for your teachings, and I would like to express my appreciation. I'd like to make an observation on my understanding of love to get your feedback on it. Recently we went on a two-week trip to Japan where my wife is from. I met with a number of people and told them about your message. I have some quite favorable reactions concerning that. I noticed during our busy schedule that I met with some of the people, and I was very busy, and I had not prepared myself to have more of a peaceful feeling of love. As such, I noticed that our Mission message was not accepted as well as when I was able to prepare myself. And as I was able to feel love during our meetings, I would notice a positive reaction in them even though they were not necessarily understanding the message. So concerning this love: If my understanding is correct, even at the end of your lesson you said about love, "The essence of God, is love." Also, you talked about love "being the highest motivation we can use in our universe ascent." And one of my questions concerning this is: If in everything we do, wouldn't we make our seven psychic circles attainment faster and progress quicker if we would always do it with a love motivation? If we could prepare ourselves beforehand, before we meet a person, before we tell the message, before we take on some responsibility – if we would take the time to pray so that we get that feeling of love, so that our motivation is a pure motivation rather than just out of responsibility or out of fear or obligation. Is this something that is important to do? Would that help us make our circle progress quicker if we get that love motivation before we do our daily tasks and things?

HAM: Yes. Very well put and well understood. This inner feeling of a well-centered love and peace is the essence of spiritual communication – so that when your words are delivered, so is this radiance of love and peace. Yes. Of course, all of life would be better, more smooth and happier, if everyone always thought to send their communications from love rather than from the head, mental.

The connection with Rebecca is weak and I am afraid I must end our meeting. Go, all of you, with God in your daily lives. I pray for you and with you: Father, please guide your children this evening and always. Farewell.

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Life Transitions. From What You Are To What You Are Becoming

Ham, Abraham, El-yon, WOODS CROSS, UTAH 05-25-1992

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Greetings. I am HAM. I am your Teacher. This evening I am pleased to welcome all of the travelers who have come, and also, to thank you all for coming on this holiday. [Memorial Day.] I am very happy and joyful today for it has been a year since our true beginning as a group. And, I am ever so happy to announce the second-year phase of our Teaching Mission. Abraham is here and would like to speak to you.

ABRAHAM: Greetings forthwith. Elevated consciousness is growing and growing, yes. How wonderful is this day to be here, for our hopes and expectations have been met. Wonderful new beginnings are upon us. Our lives are in transition. The one common thread throughout this period of change is your personal spiritual growth; for as you look back on your life, that is what you will perceive most greatly. You will experience memories concerning your spiritual growth, and this will comfort and sustain you through periods of change.

Our beloved sons, David and John, are departing for a momentous mission/assignment this very week; I ask you all in humility to pray to our Father for their fruitful and safe journey and work. New beginnings are transpiring for others also. Yes. Firm is your foundation and strong are your limbs. Happy is this great day. Beginnings are upon us. Yes.

There are those who are hostile, indeed even threatening, and are meaning harm to our Mission through ignorance, yes. You have all passed through much testing; you are all sure within yourselves of your own spiritual growth – this certainty is the foundation of your strength and will carry you through any hostility. Yes, you are all so very mature in comparison with others who are insecure and behaving childishly. I have the utmost confidence and secure awareness of your strength and abilities, yes.

Long ago I talked about strengthening within through the trials of life. Yes, and many of you have indeed, passed through these trials of personal problems – problems within and without. Resolved now is this time. A chapter is closing and a new one beginning.

Our Father, I pray for your children who have walked a sure path and have come to this place, this transition-time. Father, I pray your Spirit be close with each and every one of your children gathered here this evening, now and forever. Amen.

Greetings. I am Ham. I wish to extend my thanks and appreciation to our beloved friend/Teacher, Abraham, for his excellent summing up of our progress.

This evening I wish to begin our lesson and speak about transitions. In the road of life, often are there hard and unsure pathways; there are unsteady footholds; there are rocks which give out beneath our feet. Where we thought we were safe, is not always so.

Understand that your concepts of security and safety may be based on illusion, for

what is true security? What constitutes a balanced, safe, secure, strong existence? Is it not centered on the good Spirit of our Father, who guides us and shows us the path through a noble exercise of faith and surety?

True security/safety, is not found in the 'things' of this world. I say to you, all this 'material' world existence, is but dust. All your wealth, all your fame and glory, will not carry you beyond the grave; all these you leave behind. Yes, as surely as I speak, all 'things' of this world are but dust, and much of what you perceive to be secure, is crumbling even now.

I am not advocating the giving up of your material wealth and security, no, not at all. However, I do mean to show that this is not your true security, for what matters it to a man of true faith if all things earthly, crumble. He who has real and abiding faith and strength is secure in his knowledge of truth and reality. This knowledge precedes and supersedes all of the material world.

Father, who walks with each of us, is always concerned over your true welfare, yes, and will never ever forsake His children. You are all carefully looked-after, watched over, and cared for within His great eternal arms. He who is the maker of all reality brings you to Himself and to the truth of this fount of all that is. Within each child, the good Spirit is - and is becoming, in life.

Often all the cares of the world are so overwhelming, that we, who once were a part of this dust, can see that it may overwhelm and overcome you - your thinking. We wish for you to understand how untrue and how false this overwhelming thinking is! What a lie is this! Yes, you who see and have insight into true reality must exercise this living faith to get you through these times of transition and trouble. Yes, you must show within and without to others, that you can, and do, rely upon the living God and the Spirit of Truth for your true security, happiness, welfare, and progress.

Transitions are so very difficult in their uncertainty. Uncertainty causes the material mind to fear, and fear can be deadly to spiritual progress. Always must we look to the Father in these times of difficulty and uncertain futures. Yes indeed, even when we are uncertain of ourselves, certain can we be of God.

Transient reality is the essence of material existence; all change and all growth is in continuous transition. Even when life appears static - inwardly, you experience great change, great difficulties, great problems; and all these you surmount, yourselves, by your strength, by your calm and secure mental abilities, which are grounded in spiritual truth. Life is the sum total of your hard and difficult decisions through the exercise of sublime faith.

How are we to judge another! Who among us lives within another's mind? Only our Father! We who serve and teach and endeavor to show you a broader path, a wide and open path of certain salvation - we indeed, are walking this path arm in arm with you. And you who are walking this path with us are indeed, walking arm in arm with God. As well, you who are walking this path are indeed walking arm in arm with Michael, for His great spiritual benevolence is always present with you, truly.

This concludes our lesson this evening. I will endeavor to answer your questions at this time.

RACHEL: Thank you, Father Ham, for your lesson. And also, may we thank Father Abraham for his beautiful prayer for us. This evening we do have three out-of-state visitors who have never been here before. One is Frosty J., from Pocatello, and Rick and Barbra Giles, from Coeur D'Alene, Idaho. We also have two guests who have been here a number of times that you already know, Lisa and Bill Brock. I would like to welcome them.

HAM: Thank you. I am happy and pleased to welcome all you who have traveled. My thanks to you for making such a long journey to be among our group this day.

RACHEL: Thank you, Father Ham. I do have one question. Seeing how this is Memorial Day, and it is the day we honor all of our loved ones who have passed on, I'd like to ask: Do they know of our efforts to try to show our love and appreciation for them? or is this effort just merely a soul-growth experience for us.

HAM: It is important for you to remember those who have traveled on ahead of you. Yes, they are always aware of your love, even if unaware of your specific prayers.

JOHN: Father Ham, I think I speak for both David and myself when I just say thanks for this last year. And also, I thank Abraham for the send-off. If you would like to visit us we would be more than happy to have you. We wouldn't know you're there but if you would just rattle some pots and pans or something. [laughter.] [Editor's note: John and David (Joshua's sons) were given a mission assignment to assist in the Teaching Mission's cause in the Naperville, Illinois area.]

HAM: You will have sufficient guidance for your needs. Yes. Even if I am not present you are always cared-for and watched over, for you are truly becoming a beacon personality for many who will be guided by your bright guiding light, which is indeed, your life lived.

WILLEENA: Father Ham, this was a wonderful occasion tonight; and I felt very deeply that this was a very special day – although I had no idea what relevance it was in the spiritual sense. When it was said that we are in the beginning of the 'second-year phase' I felt something really strongly. I am not really clear, but it seemed to me that if we are in our strengthening-faith stage, in our growing ability to be aware of the Father, and to have soul-connection with our brothers and sisters in the world more and more – that there will be beautiful times ahead. And it seems to me as if I am seeing it all around; I have heard it from other sources as well, from people I know. It is obvious that things are accelerating and that there is a great deal occurring on this planet in many regards, spiritually. Am I correct in surmising that this next year will be rather momentous in that there will be much that occurs and requires a great deal of faith? And, that our growth from the first year is going now to be put into service more and more as we come into this second-year phase?

HAM: Correct. You are in the beginning of your growth-opening stage. In the early days were you very closed inwardly; and now are you ready to begin truly opening as

a flower opens toward the sun; to show the beauty within; to experience the sunshine on your petals, and take in the rain. Do you see?

WILLEENA: Quite clearly, yes; it's growing quite precious, and it's growing quite sacred. Were you aware of the experience I shared today with my aunt? (Ham: Indirectly, by your reaction, which I can perceive.)

WILLEENA: May I simply say thank you for the one occasion – the answer that you gave me in regard to seeing the intention behind the various churches that I was not understanding at the time. Your answer was about looking deeper and seeing the heart and soul of the intention of all these well-meaning people. Today I got to experience something that felt like a 'coming home' insight to one of your teachings. I am so grateful to you because it's apparent that in the world now these experiences are starting to take hold. And, I am beginning to see that 'service' is a simple work in some ways – it is just in being present with a loving soul that is looking deeper into an opening of the heart. I am very, very grateful to you. I also wanted to ask, and this may not be appropriate so please share with me if so: In the last twenty-four hours or so I am having quite an unusual and very interesting experience in my hands, a vibrational pulsing; and I am wondering if you will verify whether or not this is something, as you told Marianna, could be an increasing connection with my Thought Adjuster? or maybe just something other than that.

HAM: It is inappropriate at this time/phase to discuss a personal experience which is very private and I will be happy to talk with you again when convenient. The hand tingling is often concerned with nervous reaction in spiritual change; it is temporary and is not a concern.

WILLEENA: Thank you. So do I understand you to be saying that it is simply a bio-physiological adjustment to spiritual shift? (Ham: Yes, it is.) Willeena: Thank you, Father Ham. Is it appropriate to ask for a private session; and if so, will Melissa be doing sessions in the next month or so?

HAM: Yes. It is projected and hoped that she will very soon.

BARBARA: I know our study group would ask us to ask you for any message that you would like to relay to them? I don't know if that is appropriate, but I'd like to ask that because I know we will be asked that.

HAM: Evelynnn, yes, the name we know you by, I would desire to say a greeting, and also, instruction concerning the coming of your Teacher who is shortly to arrive to your group. El-yon is the name of your Teacher. He is of great spiritual magnitude and wisdom. He is a 'word study' person who has contributed much to the development of these communications over a long period of time. El-yon is with us this day and would like to address you now.

Greetings. I am EL-YON, and I am your Teacher. It pleases my heart to greet you in this manner, for I have been with you for some time now. It is my sublime, supreme and totally heartfelt hope that I may address your group soon. If it is becoming to you, Evelynnn, to be a helper to me, and also for Gloria, perhaps in future time, I am happy to make appointed plans for future instruction time. If it is your will to

be of assistance, will you be in the capacity of transmission-receiver?

BARBARA/EVELYNN: Of course I'd be willing. I don't know if I am capable.

EL-YON: You are thus capable, even if you have not had experience yet. It brings great comfort to hear the answer I already knew. [laughter.] I am of a punctual nature and am happy to be of assistance in your life's schedule. If you will make an appointment with me, I will keep it, and you may begin to practice this transmission when you are comfortable. Will you give me a time?

BARBARA/EVELYNN: Each morning at seven.

EL-YON: Very pleased am I, yes, and will be in attendance then. Welcome to a far-reaching, stupendous, magnificent, excellent, wonderful assignment. How pleased am I. I also wish to extend greetings to you from Prince Machiventa and Abraham. Welcome, my child.

HAM: Again greetings. I am HAM. Thank you, El-yon, for your presence. I am aware that Rebecca is growing weak in connection. This has been a long transmission-time for her, and strenuous in effort.

I am so pleased with all of these great developments. I wish to tell you of my personal love for each of you, even you who have just come to know me. I indeed, love you all – each individually, as a friend, as a teacher, as a father. Indeed, how pleased I am with you, my children. How happy is this day for me. I cannot fully express my joy. Farewell.

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Love Is The Greatest Gift of All Existence ~ Of Your Being-ness In It | Beingness Is A Miracle

Ham, WOODS CROSS, UTAH 06-01-1992

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I am HAM. I am your Teacher. This evening is a milestone in our teaching efforts for we now have established over fifteen groups who are now benefiting from Teacher contact. Many more are soon to come. Your efforts are directly responsible for this great occurrence. I give you the highest accommodation which is allowed me, from Melchizedek himself.

All who have heard my lessons are being changed by them and I am happy with the response of so very many wonderful and spiritual persons. I am truly humbled by this great love-outpouring and am truly thankful to God for allowing me to become your Teacher. Thank you, all of you.

This evening, I have prepared a lesson on enjoyment. So often in daily toil do we not enjoy little enjoyments of simply 'being.' I have often spoken of this and wish again to begin to nurture this aspect of your souls.

Life is so precious, so divine. It is so awe-filled and wonder-inspiring that it

offends God when you ignore His bounteous wonders. Enjoy the little things, for they are what life is made of. Enjoy the birds singing. Enjoy the sunshine on your skin. Enjoy the color of the grass and the trees and the sky. Enjoy food and drink. Enjoy touching another person. Take time to enjoy the small seemingly insignificant things of life and you will enrich your entire life thereby.

Wonderful and meaningful is this life. Miraculous and deified is this life. Remember as you walk along enjoying the fresh air, the sunshine and the flowers – remember that there, is God – a spark within, and a spirit without you. Remember to think about your own soul. This is happiness. This is spiritual fulfillment.

Yes, take time to enjoy the feeling of wholeness, the feeling of spirituality, the feeling of being a wonder in this world. Express to your very self: "What a miracle am I this day. How much more precious to God, the Father of all creation, am I, than the material wonders around me. How miraculous is this! How wonderful is this!" Yes, open yourselves to enjoyment of beauty, to enjoyment of the senses. Be open to the Spirit of God and allow His spirit to give you appreciation for enjoyment. How simple and how wondrous is this gift.

Certainly, all of you have felt those moments of miracles when suddenly you feel a connection with God and all of creation. Fleeting is this, yes, understood. However, meaningful is this, for it will stay in your hearts, in your memories, for all eternity.

Being-ness is a miracle. Yes, I say, a miracle! How do we thank God for this miracle of being? What can we ever give to Him in return? It is our wills. All we have in truth is our will – and that is all we really have to give. When we trust and love and appreciate God to the point that we consecrately and consciously give our will to Him, it is a great day for God. Easy it is to do 'in the moment,' 'in the hour' here and there, yes, but hard is it to do 'for a lifetime.'

Father knows your intentions; and, knows your goodwill toward Him. Forgiveness is yours – always remember this! For all faltering steps, all forgetfulness, all misunderstanding – even in rebellion, yes, forgiveness is yours. Father requires you, as a prerequisite for true spiritual perfection, to honor His will and enthrone it in your hearts; that you may know your Source, your God, and seek to do His will on Earth. What a privilege is this!

Are you comprehending that God, our Father, the Creator of this vast universe of creations, has given you the gift of being? and that this gift of being includes 'freedom?' He who is always present, is always understanding. A miracle is this; a divine miracle! His presence within your very minds is truly a miracle that has not ever been surpassed. All of His vast creations are striving toward this one eternal goal – to know Him.

To know Him is to love Him. It is to carry His Spirit-presence within and honor this Spirit in carrying out His will, His love, His understanding, His precious Being – which flows through you, in love. All of life bows before Him. All of life is existent by His gracious, divine will. All of life revolves around Him.

Our beloved Father is the Source and the destiny of all who believe in Him. He is the One who is giving eternal existence to men made of clay. He, who has given everything, asks only one thing – that you grow closer to Him; closer in craving His divine love; closer in knowing and loving Him – God, our Father.

Who is so self-destroying as to spurn this offer! Many may do so for some years; some may do it for a short time; but most thinking, feeling, and breathing human beings know that in their hearts there beats a heart more true. All who have spurned this offer for a time are forgiven and drawn back when the opportunity arises. Yes, even do the most hardened of hearts, when truly pressed will they at some time acknowledge the love of our Father.

Be unaffected by those who would spurn God and your good intentions – for I tell you, the time will come in their lives when a word or a gesture or a phrase will come back in its true meaning. Often we strive in life to give a word of God to those in need; often this word is spurned. For now, be unaffected, for all things change, in time. Love is the greatest most divine wonderful gift that is. Love softens the heart. Love opens the seed and love-plants, sprout. Love is the greatest joy. It is my greatest joy that I have been part of the spread of this love.

Enjoy your lives. Allow love to flow through you and give you that wellspring of true divine enjoyment of anything and everything. Enjoy the new growth of this wellspring of love in which you feel here this evening. Enjoy the moist it brings to the air of the evening. Enjoy the love between each other and fear it not. Love is the greatest gift of all existence. Freely love one another, as I freely love you. That is my lesson for this evening. I will now receive questions.

RACHEL: Father Ham, your lesson tonight struck me so deep in my heart that I feel very humbled. I thank you, and I love you. I know that yesterday you met with Philip and Sardineo, both from northern California, but I officially want to welcome them here and tell them how happy we are to have them; and we hope they come back soon.

HAM: Yes, indeed. And my great thanks for their effort in coming this long distance, and especially for their effort in this work. These two men are very closely watched and regarded in this circle of the celestial helpers. They are truly 'first-ground-breakers' among many people who have not experienced their spiritual level. They have the capacity for true seed-planting, which will yield a spiritual awakening among those who are seemingly rejecting. My humble thanks to you, and my prayers for you.

RACHEL: Thank you, Father Ham. We also have John and Jane Roper of California that would like to come up here and have a private meeting with you on July the 5th, and then attend our meeting on the 6th. Is this permissible?

HAM: Yes, it is. I also have another announcement to make. Melissa is now available to begin her assignment in the transmitting and receiving of my words. She is ready to assist Roland in the scheduling of private meetings. (Melissa: Thank you, Father Ham.)

PHILIP: Brother Ham, I thank you so much for your wonderful lesson this evening. I

am in awe of one phrase and would like to ask you about it: You said that “a word or a gesture or phrase will come back with its true meaning” – does that mean that the individual who temporarily ignores or discards Gods will – will, at some time or another, pick up on, and perhaps reflect, the many small things that we humans do for them in a ‘passing’ way. Would you perhaps expand a little on that?

HAM: Yes. It is common and often observed that in the drudgery and hardness of life – which many mortals are subject to, and often are they rejecting of spiritual light and truth – that in such times of crisis these words or experiences from prior times will be brought forth in consciousness by the indwelling Spirit in their full light of truth; so that even if this person is rejectful now – at some future time, your words may have great impact. Timing is not always right when people (humans) interact. The timing of one’s truth may not mirror another’s timing of truth, but at future time this may change. Have faith in your words of truth; know that they may flower in future times – and, may be life-changing in future time, even if not immediately apparent.

PAT: Father Ham, I am a newcomer. I am happy you spoke about love because that was the question that I had for you. I would like to know the meaning of ‘marriage partner’ in the afterlife and how it is going to affect those of us that don't have someone that we are married to any longer, in this life.

HAM: Each child of God is considered precious, individually. This preciousness is neither hindered nor elevated by human association. This preciousness is complete and unchanging in itself. Father loves each of His children individually, alone. His love for us is unchanged by our choices of life’s path. Even on the morontia worlds, there are continuing associations; yet oftentimes associations from Urantia are no longer correct and then these associations are not serviceable anymore. Each person will choose their own individual pathway to God. In this pathway, certainly will there involve associations of many different kinds. So in life’s’ path, the associations may be temporary, yes, or more permanent. But this is not important in the long-term view of the ascension career. For “two to become as one,” this has no greater meaning than your becoming one with your Indwelling. Is this helping in your understanding?

PAT: Yes. It does help somewhat. I know in the current religion in this area, the LDS Church, so much is based on marriage and having it extended to the afterlife. And you know that is a concern to me right now because my husband just left and I just didn't know if it was something that I needed to really think I had to do, or had to be accomplished to progress in the afterlife.

HAM: Certainly not. You are a precious child of God, yourself – you, yourself. That is all. (Pat: Thank you very much.)

JEREMIAH: Father Ham, we know in the Urantia Book the revelators tried to teach truth by using human expressions of the past in order to relate to the people of today. They reverted to revelation when knowing they were lacking in the concepts of our background history. Is the Thought Adjuster the same way with a given individual – using all of the tools that He can to teach truth to the individual? And, His main method is on revealing previous human-indwelt experiences and the

interactions that the persons had in the past, as opposed to the other method – revelations that are brand new from the Thought Adjuster or the Spirit of Truth? If that is true it would be very very important when we plant seeds in individuals because we are giving the Thought Adjuster many tools downstream to work with.

HAM: Yes and no. The indwelling Spirit is capable of transforming the understanding on many levels. The tools (as you say) incorporated in this effort are usually drawn from one's own life's experience. Yes. It is important however, not to cause a person to reject religion by too much seed-planting. No person on this world, or any other, is ever to be forced or coerced in any way to accept God. God so loves His children and is so aware of their endowment that He allows them freedom of choice. You each must also do the same – allow each person their own path to God. Each person has this fundamental right, so to speak, of 'being.' Each person is free. Each person can choose to find God in their own way. Each one is so precious that this freedom is never, ever, abrogated in any way. Are you in understanding?

JEREMIAH: Yes. I have one further question with regard to the lesson: We know there are sparkling lakes on the Mansion Worlds, but the rugged mountains are lacking. In search of beauty, here in this life – if we have an option for ample leisure time or vacation time, should one seek out the mountains for example, as opposed to lakes? In other words, seek out beauty in our personal situations that we perceive to be unique to this planet as compared to the worlds on high. Is that wise, or not?

HAM: It is irrelevant. The beauty appreciation comes from within. Beauty appreciation can be had in all aspects of life and its' surroundings; it needn't be only confined to times of beauty appreciation of things, so to speak. When you are growing in God's love, this transforming light reverberates in the appreciation for all surroundings as beauty. This appreciation can be great over something that is very small; or, can be small over something very great – it is all interdependent. Is this helping? (Jeremiah: Yes. Thank you.)

HAM: Only one further question this evening.

WILLEENA: Father Ham, there were a couple statements that I just wanted clarification on from the lesson. One was, and I'm paraphrasing: "The Father takes offense when we ignore the bounty, the beauty, the wonder of His creations since it is given in so much love." The other: "Each act of forgetfulness and each wrong turn and misunderstanding is already forgiven." I wonder if you could just expand a little bit on these two statements. I guess I was a little bit confused about whether or not we need to do something when we realize any mistakes made; or, that we have ignored or forgotten Father and His bounty. Is there something we need to do to rectify that?

HAM: No. It is understood, this confusion. Perhaps the word 'offense' is too strong. It was given to shock the consciousness of the listeners, for it is incumbent upon me to make it plain – the reality of God being so near in our every move. When we are slothful, forgetful, intolerant, wasteful, wanton, and so forth – our Father is so close that He experiences these reactions to life with you. In a way you could say that His reaction is nonexistent – His reaction never even existed. Yet in my teaching, it is my reaction to be offended for Him. It is perhaps good that this is

cleared up.

WILLEENA: Thank you, Father Ham. In regard to Philip's question, and your answer - the question that came out of it for me was that it is through our awakenings spiritually that we are more consciously and more consistently approaching the Father for our guidance. My question is: From our past un-awareness, and actions/reactions to life - is some of what we are experiencing which is difficult in our days, somehow related to some of the earlier responses, unawarenesses, that is again coming back to get our attention in some way, so that we may heal it or rectify that in ourselves?

HAM: Only in certain instances would this be true. Often it is the tendency for humans to dwell and worry over past errors. This is not a healthy state and should be abandoned - left to lie in the past. Past is unchangeable. Only the present and future can be changed by your desires and your will. Think on the future. Forget the past - let it lie and leave it.

That is all for this evening. I am called away and am thankful again for your presence here tonight and will again be with you next week. My love to you all, each and every one. Farewell.

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Through The Infinite Spirit Do We Discover the Richness of This Life While Living In This Life

Ham, WOODS CROSS, UTAH 06-08-1992

Back

Good evening, I am HAM. Our lesson this evening is concerning the Infinite Spirit. She is the motherly person/aspect of God, and is ever watchful of all Her children. Infinite is the depth and range of Her understanding. She is all-knowing and all-seeing. Her infinitude is unfathomable by mortal minds. You are the recipients of this infinite blessing; and even so, you cannot fathom but an infinitesimally small part of this great reality.

Indeed mind, itself, is infinite. Though you are experiencing mind in a finite manner with limits of function, you do taste that this infinite mind exists. The world, the universes, are also potential infinite, for they have the infinite Architect who is planning, managing, and administrating this vast creation.

Mind is truly an aspect of God the Trinity. You who are finite are in reality also infinite, for you have part of infinity as your birthright. Even as the spirit is minded of infinity, the mental is minded in finite, yes, 'a part,' which will become part of the infinite spiritual wholeness. As explained within the pages of the Urantia Book, the Infinite Spirit is co-creator of all reality.

You who have a part in this creativity power have the potential for infinite creative power. You are like the bud upon the tree: This bud will blossom and grow and change over time, yet giving birth to creativity each day. You all have within you 'infinity of purpose.' Your purpose will change, as does the bud on the tree,

day to day, year to year, life to life. You who are part of infinity will gradually grow within this great universe and blossom to yield the beauty which you are. Yes, you who have a part of this infinite mind creativity have creative potential, which is unlimited.

Life need not be stagnant to be secure. Remember where your true security lies - with God, with Spirit. Use the creativity you are given to go forward in life, courageously and with beauty. How great is this beauty! How wondrous is this infinite potential of life, of growth, of change, and newness in creativity! Each person discovers as they grow, those little abilities, those little gifts, those little things which they do well - very well. Enjoy this creativity. Allow it the freedom to blossom and grow.

Life is so often hurried and hard and strenuous. How wonderful it is to set aside some time to develop your own creativity; and to wonder, indeed, at the creativity within - at what actually happens during these creative times. These times of allowing the creative resources, which are yours to function freely, are very special and precious. Each person has creative potential. Each person enjoys the gifts they receive from their God-within. Each person is satisfied and gratified by this enjoyment. Each person should praise our Lord for allowing this wonder into their lives.

Some of us found this great creative 'genius within,' upon our Mansion World experience, for it was not recognized or acknowledged in our mortality; yet, this creative genius was always with us in the mortal life, unrecognized. I am saying to you who hear these words, discover this now in this life; allow it to give you this great enjoyment which only comes from your expression to our Divine Parents for their gifts through us. Life hurries by, the days pile upon each other and memories are packed away. I say, take a little time each day, each of you, for yourselves, and explore your creative potential.

How wondrous is this life! How full of enjoyment it is! Yes, enjoyment in the little creativity, the little expressions of hope, of feelings of intuition, of change. Life is too precious to be stowed away for years like old clothing. As the years go by, have a little something for yourself that has brought you much joy; take advantage of this time and enjoy yourself. Explore yourself and love yourself. Time is not so important an issue in the Mansion World life; only in this time, this life, is it so. Therefore, I try to give you the wisdom from the next existence-perspective, to enrich and make more beautiful your lives in this existence.

Each flower blooms in its own time, yes. And I say to you with surety that there are many many blooms within you which may blossom in this life, if allowed. And, are there many which do not find expression in this life but must await the future time, for your life here is too short. How is it that so many people have so much, and are in awareness of so little!

You all are on the threshold of entering this new existence - the Mansion World existence; but it can be lived here. Life is happier in mortal living as you enjoy and find expression for your enjoyment. Art is part of this expression of being. You

are all great artists, architects of your future life. All great artists are deeply appreciative and enjoying of their gifts. Yes, greatness is bestowed from above, and realized within. Expression of self is the budding of the morontia self.

Life in this great universe phenomenon is wondrous to behold for all mankind. Each of you have great potential of self-expression, whether it be cooking, creating clothing, in music, or writing letters – the list goes on. Express yourself. Love yourself. Love your brother. Give your expression to them in love. All of the future life is a vast unfolding, revealing of the inner potential. Find a little bit of the great potential in this life, yes, and you will find it lived much much richer.

[Editor's note: The rest of this document is not found.]

Back

A Comprehensive Lesson On Judgmentalness vs. Assessing Another

Aaron & Ham, WOODS CROSS, UTAH 06-15-1992

Back

Greetings. I am Aaron. I am connected with the training mission of Melchizedek on this world. Our lesson this evening is concerning 'judgment.'

How easily it becomes us to judge another human fellow. It is often tardy, or is instant. Often it is either growing or diminishing. Often judgment is deep-within – attitudinal; or, it is superficially attitudinal. Often are we tempted to judge at first sight. Often we are tempted to judge in relationships, judge actions, without knowing full intentions – or even worse, without full intention ourselves.

Judgment is a plague of misunderstanding. Judgment is the opposite of empathetic understanding. Judgment is error. If you can find your way past, through, or around judgments, toward understanding, you have gained very much. Understanding is the key to growth. Understanding ones' fellow mortals is the key to brotherhood and love.

Judgment stands before the door of understanding like an unwelcome centurion – he must be vanquished for you to enter this door. Judgment often springs from inner wounds, and is often a cause of greater wounds. Judgment must be forsaken as a partner in your decision-making. Often our decisions are based on judgment – which is usually false (false perception) which causes errors in decision-making.

It is said that social justice requires many judgments, and so it does. However, being judgmental individually is error, always. Group wisdom must function for justice to arrive at approximation of true justice. Individuals cannot judge each other at all – these judgments cause error, cause emotional problems, cause sorrow and heartache.

Often are we judgmental in an 'off-the-cuff' type of manner. This is the most insidious type of judgmentalism for it stems from preconceived ideas about people which are usually erroneous. Each person is individual, and each individual must be treated with the maximum amount of 'benefit of a doubt' and the maximum amount of understanding. Especially in new relationships, you should take care not to be judgmental of superficial appearances.

These many long-held judgmental attitudes occurring throughout your world are a great barrier to brotherly love and peace. Attitudes are often deeply inset within personality patterns which have grown up over time and have been reinforced over this time-period. Racism is a form of this type of preconceived judgmentalism of other human beings – which is practiced without knowing this person well; it is error and is a great cause of strife on your world. Recognize this error within yourselves and take action to correct this error.

Judgment can be imposed upon individuals by society, in groups, yes. Juries are an example of the correct way to find judgment against a wrong act. Justice is not by any means perfect on your world; you cannot expect complete justice here. Do not force your ideas of complete justice for they are erroneous to some degree or other. When individuals are forced into judgment battles (litigation's, etc.) there will inevitably be error in the outcome; one existing in this world cannot expect otherwise.

True justice is real and does exist; yes, indeed it does. However, when we are existing short of perfection, then is justice reflected short of perfection also. In our ascension career, each realm has its own justice system. Each level of morontial progression has its justice system. These systems are very important and are essential for the happiness and harmony of the inhabitants of each world.

Your own justice system is very flawed and is in need of revision, with this higher understanding incorporated within it. The old law: “an eye for an eye, tooth for a tooth” is not practical; nor, is it serviceable to mankind. However one may feel that it is fair – it is not! Fairness must take into consideration: motives, intentions, etc. Justice cannot be blind to intentions, for then it becomes unfair. This concludes my lesson this evening.

QUESTION: What is the distinction between assessing a person's character, and judging a person's character?

I am HAM. This is the essence of our lesson. Yes. Assessment of character of God-likeness is a part of living on this world. All humans living upon this world must see each other in the light of spirituality-attainment. This light may cast shadows of character flaws, instabilities, undependabilities, etc. How you interact, then, with these people, using your understanding, is the basis of living! All of life consists in interaction on various levels. The wise man distinguishes between assessment and judgment. Yes. Judgment implies a personal response toward a person, a negative judgment against a person. Assessment is the wisdom of knowing spiritual light – and, reacting within that light with a person, yes; or, avoiding those without much spiritual light. It is the ‘spiritual light’ within each person which will automatically give you the answer to dependability, uprightness, righteousness, and self-worth. This, however, is difficult to assess correctly and completely, especially on a world living in the aftermath and results of a rebellion. Each person must live with these assessment skills – which are erroneous to a greater or lesser extent; it is not implying judgment, however.

QUESTION: In keeping with Father's will in regard to this healing process of one's anger – an anger that has been buried for a long time, and which is coming to

surface and needing to be addressed somewhere, but in an appropriate way – how can we go about accomplishing that, being conscious not to vent it on those around us, and yet, needing to deal with it?

HAM: Yes. Each person individually has to face these things alone – even if this awareness is gradually and carefully brought forth. Fear and anger are powerful emotions. Often these powerful up-surges of feeling, of confusion, of hurt and anger, are not able to be controlled in all situations. This is not to blame the person, no, for these very hard and deep wounds are volatile; and those who are around the person experiencing these should be understanding of the sometimes-inappropriate outbursts of energy. Physiologically, it is healthy and sound to approach this issue as one requiring 'kid gloves' for all concerned. Delicate and fragile are these hurt places. Understand, you are in complete forgiveness no matter what you feel. Do not feel guilty for feeling angry, hurt, or wounded. Do not feel the lesser for having being hurt, for all of God's children experience greater or lesser degrees of hurt and emotional trauma during life – you are not alone. Many sitting around you here understand these hurts. These deep lacerations within the heart are as a curtain – shielding. Many many people do have and carry them, and wear these scars; but know, all is alright and is becoming whole again in time, becoming enabled to connect the present and the past. This whole person will not be shattered by these traumas in the end. There is goodness within yourself, yes, even behind these curtains. You are not good in front of this curtain and bad behind this curtain, no – you are 'good throughout.' Yes, you are good throughout! Look behind this curtain and find yourself again, the good person which you are. Find this in your memory and you will experience much healing.

QUESTION: How can we recognize the error of our judgments, and regain balance and continue on?

HAM: Yes. Often these judgments are the products of our rearing so that they are automatic in our thinking; automatic from the way our parents, friends, or whomever, would think – and how they would react; we automatically repeat a pattern, something that they would say. An example that comes to mind is concerning another person making racist judgments; and we are influenced, especially when in our youth, to repeat these racist patterns. It is important to always remember that we have a lower subconscious mind which interjects these past learning ideas/patterns. The real way towards truth and wisdom lies beyond this level, toward the God-like level of the indwelling Spirit. Between these levels are many stairs. On each stair is there new awareness and understanding. Allow yourself to climb up a rung or two – then use that judgment, that wisdom, for your basis of interaction with another person; and do not allow old ideas and old patterns to surface and take over. They will surface – yes, but do not allow them to take over your entire attitude.

QUESTION: Would it be proper to say that when you start sharing an assessment with others that it then becomes judgment?

HAM: Yes and no. In sharing this assessment, you are perhaps reinforcing judgments which you have made, yes. However, if it is a discussion over an issue where another's character must play a part, there is essentially a sharing of assessments, which can be illuminating to both parties concerning a third; for each may have a

different perspective and therefore widen each other's perspective of this person. This would not be considered judgmental.

QUESTION: Then the more accurately we assess, the greater the understanding? Is that right?

HAM: It is not possible to completely be accurate. Your understanding toward another is always limited, no matter how close you are to this person; no matter how well-informed you are. Complete understanding is limited. It is not possible. Our complete understanding of ourselves is also limited. Impossible it is for complete understanding on this level of existence; and furthermore, for many many levels/existences hereafter. Paradise is the only place where one can claim complete personal awareness and understanding. So you see, there are the possibilities for misunderstanding all the way to Paradise. Therefore, how can one hope to have complete understanding on this level! How can one's assessments and judgements be wholly accurate! [Editor's note: The remainder of this evening's transmission is not found.]

Humility Is the True Mature Choosing of Divine Strength

Ham, WOODS CROSS, UTAH 06-22-1992

Back

Greetings. I am HAM. I am your Teacher. Our friends in the other realm of planetary existence, the midway creatures, are happy to extend a greeting to you this evening.

The Midwayer Commission (those involved in compiling the Urantia Book) is yet awaiting new orders for compiling certain facts about the coming of these revelations, even now. They will in future time present a history of this movement/revelation, and are happy to be observing the transactions and interactions which even now are occurring.

All is recorded and well cared-for; it is all requiring much work. The New Testament is, in fact and intent, the compilation of human witnesses of Jesus' earthly years. The Urantia Book account of the history of Michael's bestowal is much more in-depth and well organized by these same Midwayer's endeavors. It behooves us to give them thanks and appreciation for their tireless work.

And now this evening I wish to begin our lesson on humility. Humility is the true attitude of the soul in its open and receptive form/attitude. Humility is becoming to all for it shows the willingness of each person to be God led, to be God directed, and to be God revealing. Humility is the essence of true religious faith-healing; it is the beginning of the truth of the wise knowingness, for without the tender shoot of humility these branches of wisdom will never be.

Humility is the correct, and only correct, attitude of the individual child toward the one Father. When we are faced with human difficulties and emotional turmoil, the attitude of humility is often stifled and covered-over by attitudes of fear, anger, and aggression; and hard then is it for God to direct this child, for his attitude is one of concealing the inner part of self and directing an outer aggression; it is at once, defensive and aggressive.

The attitudes of aggression and defense are stifling to the correct seeing of the way-showing of the inner spirit. It is the only way of knowing that you are receiving truth – to look within your own heart and to find true humility. All other attitudes tend to cloud or shade spirit-ledings in ways of your own willful choosing. This was, and is, the way of Jesus – to show true humility; humility before all creation, even His own.

Truly the Master walked humbly with God; truly He was willing to be led by God, even to the end of His life. Humility is at the core of this understanding. Even if it seems beyond your understanding, if your reading of His example seems to be incredible, and even strange and impossible (beyond your human understanding), then it requires the attitude of true humility to walk that path as he did. All other paths are erroneous.

Even if your insight into destiny may seem beyond your present grasp, remember it requires humility to reach that point. You cannot walk the way of God without true humility, taking the hand of God and allowing yourself to be led. Our Father is no respecter of persons. He is a Father to all. It requires humility to open your heart to your Father. It requires setting aside of the childish ego and taking the mature attitude of humility.

It is often thought that humility is weak; I say, it is not weak! Humility is the true mature choosing of divine strength. No human strength can touch it. No human ego-led possession can near it. No human institution has even come close to acknowledging this great and noble truth. It is the wisest and most mature act in life – humility.

True humility is that part of laying down your life, laying down your ego, laying down your self-centered interests, laying down your worries and your cares. And in utter and true humility, opening yourself to greater understanding; to open your heart to God's understanding wherein you begin the true and enlightened path toward Him; all other worldly deeds mean nothing compared to this.

When you lay down your life for God, this is the moment when you truly begin to live, truly begin to walk the path of the way. Jesus laid down His life, in fact and in truth, only to pick it up again and begin the ascent to our Father. Yes, His entire existence is “the way.” Our lesson is ended and I am pleased to ask for questions at this time.

RACHEL: Thank you kindly, Father Ham, for such a beautiful lesson. Please thank the midwayers for us. Give them our love and tell them that we do appreciate all those long, long years of service and the marvelous things that they have done for us. (Ham: Indeed. Yes.)

RACHEL: This evening, we do have a guest with us from Santa Cruz, Calif. His name is Salvator T. Jr., and he does belong to a Urantia Book study group and has been studying for about four years. We welcome him.

HAM: Greetings, and welcome, yes.

JOSHUA: Father Ham, would you clarify a point for me? You said that the midwayers are compiling these teachings. Are they going to put them into a book-form that mortals can read, as they did the Urantia Book?

HAM: Yes. In the future, yes, these teachings will be a part of the story of this world's emergence from darkness into the light. However, not the whole story. Yes, it is incumbent upon man to retell the story of our coming, of our making contact, and of our reception, etc., etc.

JOSHUA: This may not happen then for, I suppose, for a thousand years or something like that? (Ham: Many years, yes.)

ROINDA: Hello, Ham. I want to ask you about your lesson on humility. For me, personally, this is a very good lesson because I think I could practice being humble a lot more. I wonder if when I am being humble, or trying to be humble, that I'm feeling resistance to letting go of my defenses or my long-held position. What would be best for me to do at that point, when I am truly wanting to be humble and not really knowing how to succeed at that? I'm feeling a bit stuck.

HAM: Release is a word to remember. Release yourself. Release your cares, your worries or defenses. Who can harm you? Who can truly harm you? Do you see, our Father – who cares and protects and watches over you – is more powerful than any perceived threat you may have. Release these cares, release these defenses. Allow yourself to commune with your Father, allow this. At times it feels that there is a need which must be fulfilled – and this need, which is gnawing inside, is one which can be filled not by doing, but by being – being with your Father, enveloped in love and light and releasing. Allow the hand of Father a chance to wipe away the creases of worry from your forehead, to dry the tears from your eyes and to hold you in His arms as a child. You, and all beings, all require this and need this. All of us who are ascending, we are all children to Father. Even they who are eternal from the first, from Havona, are children to God. It is our great love, hope, joy, and reason for living, to just be with Him for a while. When we reach the great Paradise – the eternal goal of the ages – then will this communion be complete. Yes. Until then, we must take some time away from the worlds' cares; take some time, enough time, to allow yourself this releasing. This, indeed, is the most wonderful way to control your emotional self, to allow this emotional self a release within the secureness of Father's grasp. You will be able to bring this security into your life; and this security will do wonders to change the emotional stability of those even around you. Yes. This intimate communion with Father is the most important thing that each of you can do in your daily lives. Yes. Is this beginning to help you in your understanding?

ROINDA: Yes. The answer was beautiful. It gives me pleasure talking to you, and in listening to your lesson. I just want you to know how much I appreciate your understanding.

HAM: Roinda, my child, it is my most sincere pleasure and I am eternally grateful to know you.

PAT: Father Ham, recently I have been thinking about Job [Bible story] and how he must have felt to have everything taken away from him. Is this an example of humility that you are talking about in the lesson tonight?

HAM: No, it is not – because Job is a lesson (a parable) concerning affliction in the world and its effects on a noble and a God-knowing man. It is humbling, yes, to consider his fate, and indeed, the fate of those many humans living who are afflicted and in pain in many ways. Humbling it is to perceive the strength of those who endure great suffering, yes. It is a great lesson to learn – to admire those who have suffered and do suffer – and yet, they walk uprightly. Is this answering? (Pat: Yes, it is. Thank you).

ELEA: Father Ham, I would like to ask you to expand on humility regarding the Scripture: “Many are called, but few are chosen.” If that person is chosen, is there a conflict of humility versus ability, versus timing. Do you know what I mean?

HAM: Yes. I am in understanding. You who are here this evening have chosen in your own minds to accept your responsibilities for the kingdom of heaven. It is not so much a matter of ‘being chosen’ as of ‘choosing.’ This acceptance is the main difference between you, and let's say, your sister. The acceptance of responsibility is unique and precious for God. All of mankind is chosen for salvation; yet it remains for mankind to ‘choose’ salvation. Timing is individual and comes with mature spiritual attitudinal growth, which then flowers into this responsible choosing. The timing for each person is personal and unique. It may be now, or many many years from now, when the others around you begin to understand their choosing. Be unaffected by their attitudes at present for they are in turmoil and confusion, and are unsure of themselves. Be sure of yourself and begin your great mission calling.

ELEA: I would like to ask one more question: In the changing of an individual, when they are going through this change, I guess there are only two emotions – fear and love. Fear manifests itself in many ways, maybe even fearing our own correction that we need; and love gives us strength and courage. Maybe fear is that we might face negative and lack; where ‘love’ is abundant. Can you tell us how in this Mission – which is foreign to our belief and strange in all this new beginning – how do we support that individual so he/she doesn’t yield to fear when given an assignment, so that they actually feel this abundance and capability to carry out this assignment without apprehension and some fear. How do we help these to carry out their will with the Father's will, in the spirit of love? Is that confusing?

HAM: No, it is in understanding. You are bound to be confronted with fear from others; it is inevitable and will be so. Make abundance a reality within your own being/self; you will have ample awareness to understand this fear and to be able to confront and combat it. Worry not.

RACHEL: Father Ham, I am having a hard time getting anybody to speak up here. [laughter.]

GERRY: In my learning, I understand that there is abundance for everyone and what we need to do is be aware that we need to accept it. So I am, every day and many times

a day, accepting abundance; it makes a great deal of difference. And my friends that are learning this; it is changing their lives because they didn't really realize - a lot of them thought that it was just their luck not to have abundance. They are realizing that through thought and through asking that they can have abundance. Is that correct?

HAM: Fortunate, indeed, are you who are living at present here in this place, meaning the United States in this day and age. For many many people, abundance is nonexistent in their everyday needs. Life is a struggle and full of hardship for most of Urantians. Abundance is a state of being for you in this land, for you are well-cared for; and, as such, must begin to appreciate what you have and how much you indeed enjoy of this worlds' prosperity. Hunger and thirst are nonexistent for you. Life is full of needs and desires, yes, some which are necessary, and others, which are not. I say, abundance is indeed around all of you. And it is becoming to you to learn to appreciate how much you truly have without desiring the many things which are superfluous to life.

MARIANNA: Father Ham, I am having a little trouble with humility and exuberance. When I pray, I get so excited. In fact, even now it hasn't gone away; I feel so full with love, and with excitement. And then at times, I feel like maybe I should not pray because I don't feel humble enough?[group laughter.]

HAM: They are laughing because they understand your question, personally. Yes, it is true that human emotions are effervescent at times with love and happiness and joy - and indeed, how wonderful is this. What a wonderful gift. There are other times when one is lonely or full of worries and cares; and such a one can be shown a little light with this emotion of humility. And then there are times when this emotion of humility allows the full grace and abundance of the Lord to fill the soul and overflow into the world. Both of these actions, feelings and emotions, are indeed part of growing in God's light and are not contrary at all. I will receive one further question.

ALTOR: Father Ham, I am on my way to Chicago for the intensive study, and I am going to meet Ernest Moyer there. Do you have any words you need to speak to him about or say anything to him? [Editor's note: Ernest Moyer had been one quite boisterous in opposition to the Teaching Mission - claiming it to be a ruse of Caligastia.]

HAM: Exude love, as you so well do in your life. Allow him his attitude and do not force your own. Go in peace, my friend, and allow him also to go in peace. Yes. No conflict should arise.

I am pleased to be with you all this evening and I am happy to greet you again next Monday. For now, I am leaving. Farewell.

Back

Put Aside Our Fears and Open Ourselves To Love

Ham, WOODS CROSS, UTAH 06-29-1992

Back

(Melissa-TR) I am HAM. I am your Teacher. Our lesson tonight is on love. Our Father has much love for His children. He is accepting and always wanting of His children to follow His path of light. He has in store for each beautiful child many gifts, blessings, and much divine love – thus it is so, all the way back to Him. You are His beautiful, glorious, growing, spiritual children who are in your adult stages of mortal progression.

Father wants each one of you to open up to Him and put aside what fears you may have. He wants to help you grow and does appreciate very much when you communicate with Him. You are each, as you know, endowed with His Fragment – and this is such a precious gift, a treasure for all His children to have. It is your God Fragment that guides you and lifts you step by step on the path of spiritual growth.

In your meditation is the best time to communicate with your God Fragment, who loves you and cherishes you and guides you back to our Paradise Father. His love is so magnificent and divine for each of you. He is waiting and wanting for all of His children to turn to Him and to love Him. His understanding and mercy is far beyond your comprehension. You are always welcome to be close to Him. He is always reaching out for you. Open yourselves to Him. His love is secure and whole. This completes our lesson for this evening. Now I will answer questions.

RACHEL: I want to thank you for that beautiful lesson. This evening we do have a newcomer here with us. Her name is Kathy K. She has not read the Urantia Book, but she is spiritual and she does believe in meditation. So I would like to welcome Kathy.

HAM: Yes. I welcome her also.

JASON: Good evening, Teacher Ham. I speak for Rebecca this evening. She is going through a very, very difficult time while her father is shedding his body. If there are any words that you would have me give to her, I know that she would appreciate them greatly. She is very sorry that she couldn't perform her function here this evening.

HAM: This is understood. Rebecca, my daughter, my love and support is very deep for you at this time. Your grief and sadness is understood by us all. Our Father is here for you, His beautiful, loving daughter. He understands your pains, your sorrows, your stress, the endurance that you are experiencing with this. His arms are open wide for you and grasping you in love, peace, comfort, and serenity, my daughter, Rebecca. Each tear will be wiped away by Him with much love and understanding. He comforts you. Yes. (Jason: Thank you very much, Teacher Ham).

ROLAND: Teacher Ham, it is very good to hear you come through our sister, Melissa – another beautiful lesson delivered. I do not have a question tonight but I would like to thank you and those who have initiated this Mission on the Earth that has brought this experience and the teachings into my life. This meeting marks my one year of experience with mind-to-mind contact with you here in these lessons and also in my home with private meetings and meditations. I want to tell you that this has been an astounding year of growth of trials and tribulations, but I appreciate them all. I am very grateful.

HAM: And Roland, I thank you. You have been, and are, very wonderful to teach and work with. I appreciate and cherish knowing you.

CALVIN: Teacher Ham, in your lesson you said that our Father wants to help us, and for us to put aside whatever fears we might have. I think that would be most helpful in my life. I seem to be very quick to anger and frustration. And in this regard, I feel like I am more going backward than forward a lot of times. That's very hard to do – to change this pattern. Maybe just the will isn't there, I don't know. I don't even know what I am asking – just acknowledging the frustration. Sometimes it would be nice to feel the love and let that override the frustration. If I could somehow do that.

HAM: Calvin, my son, it surely isn't meant to be easy; during your meditation, you may ask for help. Yes.

CALVIN: That is the shortest and best answer that I have heard. Thank you.
[laughter.]

MARLIN: Father Ham, in watching a news channel the other night I heard them talking about some people in Santa Maria, California, where a lady had been contacted by an entity. She wasn't sure exactly who this female spirit was, but she had been contacted about twenty-three times and had been given several spiritual messages. Along with that, I have heard about things happening in a place called Medjugorje, Yugoslavia. On a news station, they mentioned that these, what they call “paranormal experiences,” have been increasing in the past couple of years and have spread around the world. I was just wondering what connection, if any, do these have to our Mission?

HAM: With the opening of the circuits there are many spiritual experiences happening. And this is wonderful to witness on this world, for it is in our prayers for the spiritual growth and development to continually progress on Urantia.

CLAIREESA: Teacher Ham, I would just like to say thank you for all of your love and your lessons and your guidance. It has been a tool that I have used in my life and it has been so much better, so much happier, and I really appreciate it. Also, this past weekend I spent at a Native American Pow Wow. There, I witnessed several spiritual ceremonies and I felt great spiritual power in these ceremonies. I wondered if you could comment on these.

HAM: Claireesa, your in-tuneness with spirituality is lovely for me to behold. There are many ways in which cultures have in expressing their beliefs and heartfelt traditions, yes, and they can be very beautiful to behold. (Claireesa: Thank you, Teacher Ham. My love to you). Ham: And mine to you, my daughter, Claireesa.

RACHEL: Father Ham, when I think of the millions and millions of worlds that there are in our seven superuniverses, and I think of all the human beings, all of the celestial beings, and the spiritual beings – such large large numbers – I am just flabbergasted; I don't know how you are going to keep track of all of us with one little spiritual name.

HAM: Rachel, my daughter, you are amusing, [laughter.] and good for my humor.
(Rachel: It's good to be good for something). Ham: You only have one spiritual name.
[Big laughter – Melissa, the TR, laughs also.]

RACHEL: It made me wonder because next week we will have two gentlemen here with the spiritual name of James. Will each one of those have a different type of pronunciation on them for the next world?

HAM: The language will take care of the phonics. Yes.

ROINDA: Father Ham, going on Rachel's question. I wonder if these two people with the same name or similar names of James would be similar in their personalities or temperament, or similar in ways that would be evident.

HAM: There are kindred spirits, yes, and also many different personalities with individualism, but all each with his own. Yes. Does this answer?

ROINDA: Sort of. I can understand that we are all unique in our own way and that God gives us our own personality. And I know that each of us has certain aspects of our personality that may be similar to someone else. I guess what I am specifically asking: Is there somewhere in the universe where I would run into one of these kindred spirits that I would see more similarity than I would in somebody else that I feel is somewhat like me? (Ham: Most likely.)

NOLUS: Father Ham, I wanted to thank you for my new name, which is so very similar to my mother's name, her given name, when she was alive, which was Nola. It makes it even extra special to me. It really gives me a lot of joy to have a spiritual name. I felt a great deal of peace and solitude and love at our session yesterday. It was a wonderful experience to behold. This feeling carried way into the night. I work during the night and last night I felt like I was just going to break, it felt so great. I thought that even having two days in a row to talk to you is a wonderful thing. I really appreciate it very much. I appreciate the fact that Roland gives his time. That's really, I think, something very special that a human can give time like that and not ask for money or compensation. I guess that we as humans are so used to paying money for everything that I felt like I needed to give him some money yesterday. So it was a wonderful experience for me to really partake of what I feel is unconditional love by having had the opportunity to experience that session. I am very grateful and I wanted to say thank you very much.

HAM: Yes, my daughter, Nolus. And I am also happy to serve you and know you and love you.

CALVIN: I have a quick question. I was listening to a tape of a meeting that I missed by Aaron two weeks ago – a very very good lesson in which I would like to thank him; maybe you could carry that to him. My mother in Roosevelt a few years ago went to a meeting where someone received transmissions from an "Aaron." My question is: Would you know if the Aaron a couple weeks ago is the same Aaron of several years ago. (Ham: No. This was not.) Calvin: That is good to hear. Things didn't sound the same as what I am hearing now; so thank you.

LOREINA: Father Ham, I want to just ask a question about the lesson on love. Over the last couple of years, I felt that I have found myself. And that I love myself very much, which is a great gift. I sometimes feel myself slip and I was wondering if you could offer advice for those times.

HAM: Yes, my daughter, Loreina. Each one here has slipped and fallen in life and gets back up again to reach out to Father, who is always willing to help you, His daughter.

LOREINA: Thank you very much. Also, I just want to thank you for the lessons and the consistent love and preparation. It is a great validation to my testimony to see the lessons come through different people, and it has been a real blessing tonight. I thank you.

HAM: And I thank you, Loreina. Your light and love are pleasurable and comforting for me to experience. Yes.

JEREMIAH: Father Ham, I have two questions on your lesson tonight on love: When the Father put reality up into personal and impersonal types of existences – my first question would be: Is love the highest form of person to person interaction with deity? My second question is: What would be the term or attribute to deal with an impersonal entity? or an absolute?

HAM: My son, Jeremiah, it is well for you to know that. Yes, love is the highest form of giving or receiving. You, my son, are very loving indeed and this is what I leave you with.

CRONSEL: Teacher Ham, about five or six weeks ago there was a couple here from Lawrence, Kansas. They asked several questions and they are very desirous of receiving a Teacher for their group. Do you have any information as to their progress whether some implementation is taking place with regard to their group?

HAM: Yes. Their group is being well prepared for receiving of a Teacher.

CRONSEL: Thank you. Maybe one question regarding ego and the spirit. I understand that ego is somewhat detrimental at times to our spiritual receptivity. The ego seems to create fear a lot of times, guilt, and some of the negative qualities that I think we try to shun, but we have a battle sometimes with that. But on the other hand, the spirit will give us peace and joy and love. Could you give any counsel as to maybe the better approach or the best way to eliminate the negative side on that, so that we can receive the positive. And, just what are some of the implications of ego?

HAM: It is entirely possible to discipline your ego-mind by telling it not to interfere. Also, reach out for spiritual enlightenment through meditation, through transcripts, through whatever spiritual paths you may have. Does this help?
(Cronsel: Yes. Thank you).

ANDREA: Father Ham, I just kind of want to make a comment about the feeling of

Father's love and how it envelopes me and makes me feel warm from the inside out. How wonderful that is to experience. I only wish that it could be all the time. I would also like to thank you for the wonderful lessons.

HAM: Andrea, my daughter, you are on the correct path and Father's love for you is great and magnificent as you have felt in your realm. I find it a pleasure to serve you.

ANDREA: Thank you, but the pleasure is mine.

JAMES: Teacher, I have been sitting here trying to think of a question to ask about your lesson but it is difficult because the things you talked about are so simple and so clear. And many of us have heard these things for many years, they are replete in the Urantia Book about love and how the Father loves us. But I want to tell you that in the past year and a half since I have met you, what you have done for me is help me to get past a mere intellectual understanding that the Father loves us. I am just beginning to have an experiential understanding of the Father's love, which I don't think I ever really had before my interaction with you. Much of it has to do, I think, with observing your attitude of love towards all of us, and your attitude of acceptance and encouragement. This is a gift that you have given to all, I think. It may have taken the rest of a lifetime for many of us to experience this. So just let me thank you for that at this time.

HAM: Yes, my son, James. And it has also been your love that enhances mine and I am always pleased and happy to receive this, my son.

ELEA: Father Ham, I would like you to just make some comment. I guess I have been trying to evolve into this God Fragment, this oneness, with my physical and my spiritual for many many years. I find that the hardest part of it, at first, is in the excitement of it all, and I think it may be ego because we don't know anything but a kind of a hierarchical specialness that we become adjusted to, and then it's a very natural thing. I am wondering, this group and the other groups that you are coordinating, is it becoming more of a natural thing for us than what is out there in the world? Will this become more and more a natural way of communication with those leaders – those people on our world who are in control? By that I mean, through their power, their politics – their leadership and hierarchy; will they come to this same type of oneness that I am talking about? Does it always have to be through great emotional need and trials before it will be accepted? Do you know what I mean?

HAM: Yes, I do. It has been a struggle for Urantia because of the Lucifer Rebellion, the fall of Adam and Eve, and Christ Michael's life was taken at a very young age. The hopes are always for the reaching out to Father. And about today's society, I am unable to give suggestion. But with time passage, and now that the Correcting Time on Urantia is now in place, the light begins to shine. Does this help?

ELEA: Yes. That helps a lot. I was just thinking with this particular group: As we go out individually to our daily job, and then we come here on Monday night, there is a certain love and a certain feeling and a vibration here that gives a feeling of 'we're home.' Then, we are trained for when we are out in the world, to not be

strange and 'far out on a limb' and so-called 'kooky' and 'nuts' – that we need to keep that balance. I am sure there are many people here that have many talents who have succeeded in many areas. Maybe I am older and I feel like this is a very special group because we can be more real then we will ever be when we are out there playing that game of life in the world. I would just like to quote a poem. I think it is so important for children if we quote great things to them when they are very young. They won't understand it, but will perhaps get it later. One thing my father did when I was very, very small is he quoted Shakespeare and all of those poems to me. He didn't know that there was a grade level that he superseded. The one poem that stuck with me, and now I understand it, it was from Shakespeare: "Earth is a stage, and life, a tragic play. Some players are praised and others are rejected from first to last. But who are we to judge and say that power alone can determine from whom the parts are cast." I understand that now, and I just want to be normal out there; and yet, teach these concepts in an understandable way. Do you know what I mean by not being too 'far out?'

HAM: My daughter, Elea, you are a light for others about you. And yes, this group is in unity and understanding of each other. Your heartfelt desire to share their beauty is very heart-warming for me. When you are in your daily life and are among others who you want to share it with, then each individual person is receptive of different things and it may be best to test the waters first, my daughter.

WILLEENA: I wanted to ask you with regard to the 'seven psychic circles.' In talking to James last night, and Melissa yesterday a little bit, I got a better understanding on that – how the progression is made spiritually in our lives has to do with the overall picture of our growth and comprehension in this lifetime. What I understood from talking to them, it had to do with our spiritual communion with Father and the guidance He has for us. But also, and this is what I hadn't understood before, that every area of our life is coming into a balance and harmonious synergy--and that was exciting to learn. I guess my question is: Is that the reason why when we enter this teaching with you, the things that are buried deep within our beings that have been repressed from our past, start to surface? so that they can then be healed and released and we can walk in more balance?

HAM: Spiritual growth requires many different things. And yes, the suppression of emotions are drawn out as these growth phases are passed through, and the individual has grown a new beautiful petal in spirituality. Yes.

WILLEENA: So that is not unusual then, but rather more common, that each person that enters into this teaching with you, or those beings like yourself that are teaching on this world, are then coming to a more in-depth knowing of themselves, and are healing on levels that maybe they haven't been ready for previously?

HAM: Yes, and each individual person does have their own trials they experience. Yes.

WILLEENA: Thank you, Ham. I truly love you. It has been a pleasure to know you and to have you in our lives, in my life. It is so moving! It is hard to comprehend the gift that you have brought to me.

HAM: And your gifts have been plentiful to me, my daughter, Willeena.

If there are no further questions, I will close this meeting and send each of you off into the world. My love and my prayers go with you. I love you all. Farewell.
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Wisdom Is Gained through Understanding and Experience

Ham, WOODS CROSS GROUP 07-06-1992

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(TR: Melissa) As you have grown - and each one here is aware of the wisdom pertaining to each one's own experience - this is a marvelous and an expandatory area for you. As you become more enlightened you, of course, become more wise. I am happy to experience and see this in each one of you.

Greetings. I am HAM. I am your Teacher. Tonight my lesson is on wisdom. When there is wisdom to be had it is a great and wonderful gift, and requires knowledge, experience, and much life and living. As you grow in spiritual enlightenment you naturally gain more wisdom. Our Father has much in store for each child to learn, to experience, to grow in trials and tribulation, joy, love, happiness, spiritual awareness, and many heartfelt experiences in sharing with your brothers and sisters.

Our Father, through His Indwelling Spirit that each one is given, is in constant knowledge and has much wisdom of each of you. I am also gaining in knowledge and wisdom and continually look forward to growing more with this, our interaction together. There is so much to know, and so much experience yet to have. It is a tremendously effortful and 'gaining in learning' path, and is also very very fulfilling.

If you could take a few moments of your days this next week and ponder on what wisdom you have, you will stand in awe and refreshing amazement at yourself. Therefore, I ask you to pursue your assessment of your gained wisdom with effort. This concludes our lesson tonight and I am happy to take questions.

RACHEL: That was a very enlightening lesson, Father Ham. Thank you kindly. We have Joan P. with us this evening and she has had the Urantia Book for a long time. She has been reading it off and on. I find when I talk to her to be a very spiritual person. So I would like to welcome her. And also, I would like to welcome Martin back from Duluth, Minnesota; it is certainly a pleasure to have him.

HAM: Yes. Greetings and warmth to both of you.

JAMES: Teacher, in your lesson it seems you were using the terms enlightenment and wisdom differently. Can you define how you mean each of those, and how they differ?

HAM: Yes. Wisdom is what you gain through your living experiences and trying activities. Enlightenment is brought about through your learning and can be used and connected with wisdom. Do you understand?

JAMES: A little better, yes. Does enlightenment have a spiritual connotation to it – whereas wisdom has more of a mota or an earthly type of knowledge connotation to it?

HAM: Both are of morontial and spiritual value. They both are a learning/experiencing affect, but wisdom comes with much enlightenment and knowledge.

JAMES: One more clarification: Is there a difference between knowledge and enlightenment as you are using those terms?

HAM: Yes there is, and they can also be used to complement the other. Does this make it clearer for you? (James: Yes, and thank you.)

JASON: Good evening, Father Ham. Rebecca wishes that she could be with us this evening, but she has suffered some setbacks that have affected her body. She wishes to be excused. I have a question about your lesson tonight involving wisdom: If you have any wise words for us to follow about meditating on ‘wisdom’ and wisdom’s integration with ego – that nasty tie that seems to follow the self-conscious opinions, so to speak – if you could give me some inspiring words, please.

HAM: Yes. Jason, my son. As you go into the stillness and focus on your experiences, look and feel and understand where you have come from and where you are; and if you want, you can also ask Father for guidance, yes. Does this help? (Jason: Yes, very much. Thank you, Teacher.) Ham: Yes. And Rebecca, my daughter, I am in deep understanding and sympathy for you; you need not ask to be excused, my beautiful daughter. We all understand and our prayers and love are with you. Yes.

JASON: That's wonderful. She will be very pleased to hear that. I would also return in thanking you and the supernal forces for being on her side, along with everyone here in this group that has given their time in prayers. Thank you very much. That is all I have to say this evening.

ELEA: Father Ham, since so many questions about healings – you gave me an awareness of the gift of healing when I was in a very desperate time. I would like to ask you if I am proceeding correctly in the way I am approaching this commitment – that I am not given to a lot of emotionalism or ego, but rather, daily discipline of going into the stillness and letting things transpire through contemplating your transmissions and your directions of how this is to be done. Could you give me some enlightenment on that?

HAM: Yes. My daughter, Elea. You have a great and wonderful gift, and you are more aware than you realize. If you continue in your stillness and your prayers, you will grow in understanding. You are doing well. We are very pleased with you, my daughter, yes. (Elea: Thank you).

NOLUS: Father Ham, your lesson last week was on love, and the thought came to me this week, it’s kind of a little different thought, but: As we all meet together each week and see each other – we hug, we shake hands, we share spiritual feelings as we greet each other. I just wondered if in the other realm, your realm, when you meet others that you want to share with, how do you greet each other on that realm?

As we progress closer to our Father, how are these greetings done?

HAM: Through communion, communicating, contacting, in being aware. Also, being in assurance that all are growing, all around us, and that we are each in loving unity. And yet we also have our frailties and trials that we need to overcome. On the road to perfection, we are only a few years ahead of you in our ascension. Our love is deep and growing, as is yours. Does this help, Nolus?

NOLUS: Yes. Do you physically embrace each other on your realm or is it just more of the spiritual type of greeting rather than an embrace?

HAM: This is more of a spiritual awareness type. Yes.

NOLUS: It is more of a greeting of vibrational level; or am I not grasping?

HAM: It is an awareness of each individual person that is soul-exhilarating, and you will become more aware of this in time, my daughter. Yes.

JEREMIAH: Father Ham, I also have a question on your lesson tonight regarding wisdom: My understanding in reading the Urantia Book, it says that 'one cannot rent or buy wisdom, but it has to be earned by direct experience of living.' I think that if someone else tells me about a personal experience that they have had, I think I can get wisdom out of their experience by just hearing about them. Is that true? If that is correct, then should we all share with each other various examples of our daily experiences in this existence, with the idea of trying to pass on wisdom to each other?

HAM: Yes. It is important to share and some wisdom can be gained through this; and yet, more wisdom comes through personal experience. Yes.

JEREMIAH: Where is wisdom contained? Is it within our soul? or our personality?

HAM: Wisdom is contained through your Thought Adjuster.

ELLANOR: Father Ham, I just wanted to tell you that the past year that I have been coming here that I have gained much and I would like to start giving back. I want you to know that if you should need any help with the healing or anything else, please call on me.

HAM: Yes, Ellanor, this is special to hear. Thank you.

TOMACK: I have a question: I recently attended a Rainbow gathering and these people, I don't know if you are aware, they live much differently than the normal product of society as we know it. What I would like to know is: The way they are trying to gain spirituality, is this the correct manner? I mean, is that type of environment conducive to spirituality more-so than a regular society? (Ham: Can you explain further?) Tomack: Okay. Basically, it (Rainbow gatherings) is a communal type of living wherein many times mind-expanded drugs are used to enhance so-called spirituality. It is a very giving type of sharing and love, and I want to know if that is a conducive thing to spirituality; or, if that is more of a 'taking away'

from it?

HAM: Spirituality growth is gained better on a natural, normal condition, not through enhanced alterations. Does this help? (Tomack: Could you define normal for me?) [laughter.] Ham: It is best to keep your body clear of any foreign substance or drugs or anything that you generally don't need. Yes. I will take one more question.

ELWARD: Ham, I have a question on the lesson tonight: We gain experience by living life. You can gain understanding from talking with people, or reading, or borrowing knowledge so to speak. We can gain enlightenment by realizing something. Or, having cognition of how something works. So if I understand it right, wisdom is what we do with that understanding and experience. Is this right?

HAM: Mostly, yes. But also, wisdom is what you have through all of this experience, enlightenment, and knowledge; and it is a most wonderful and precious gift in daily spiritual awareness and growth. Yes.

I will bring this meeting to a close and I send you all into this week with my love. Farewell.

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Comparing the Openness of the Preacher Personality with Sharing the Inner Life with God

Ham, WOODS CROSS, UTAH 07-13-1992

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Greetings. I am HAM. I am your Teacher. This evening, I would like to open our session with a prayer of thanksgiving.

Our Father who dwells in the highest and most serene places, always would we be mindful of your serene and noble presence. In our lives is there much cause for rejoicing, daily. Your good light is ever present with us, and near to our breasts is the Spirit of your Son. In our humble lives are we lifted up by your immense and life-sustaining presence. Always would we be mindful of your inner joyful life-giving sustenance within our innermost core. Even in the depths of aloneness are we thankful for your good presence. Amen.

Remember, our indwelling Father is always present and standing ever ready to assist you in your daily decision-making chores. It is wise to always allow time to discuss your problems, personally, with Him. And this is not really so much being 'prayerful' as it is in simply being 'openly sincere' - sharing the inner-life with God.

Our lesson this evening is comparing the openness of the 'preacher personality' to the wisdom of simple sharing the inner life of one's being with the presence of God. Our lives are often full of distractions, sorrows, misgivings, and so forth. It is always in our best interest to be open with these concerns, yes, and to share them, this opening, with the Father's indwelling Spirit.

If you are in confusion, I am meaning: There are times in your praying that it need not be done in an attitude of 'reverence,' which is not always necessary in your personal prayers. In your personal prayers, you may just open your heart to God with your confusions or frustrations, and it need not concern anything else. Prayers take in many forms, and this is only one form which I am suggesting to you.

It is Father's desire to draw close to His children, and this is only really affected when the child is willing to draw closer to the Father in truth – and, in spirit. There are many avenues which prayers may take when communication circuits are opened between child and Father. If you would only remember that you are not alone in your difficulties in life, but that you have your inner Father to share all things with – this is greatly easing of the burdensome feeling.

Life is so often full of small problems and circumstances – and these you would typically feel unnecessary to be sharing with God. Yet He is interested in your smallest littlest problems; He is interested in your thinking, in your planning, in your reasoning, in your life's decision-making. Yes, as we know, often these seemingly small problems contribute to our decision-making – decisions which are very important.

My children, you should all feel free to discuss your problems with Father every day, even for a few moments before retiring perhaps. This sharing with Father is helpful to ease the burdens of living and to provide you with the helpful psychological benefit of talking things out. Understand that sometimes this talking out helps one to clarify the problems at hand, which often are muddled together with other emotional influences in the unconscious mind of the person.

Our Father is not so far away that He cannot be talked to like a good friend. Our Father is so very near for He dwells within, yes, and is fully understanding. You may discuss anything with Him. He is the closest ear for your troubles; He is the closest hand for you to grasp; He is the surest footing for you to follow in all things. Lift the burdens of your daily life from your breast, and place them with God. Every day, every night, let them go. You will find your sleep is even improved so the psychological well-being is more firmly established, day by day by day.

My friends, it is not necessary for you to struggle alone with your problems. It is not necessary for you to carry this weight of problems through your days and nights. You have present within you the one who can take your burdens; the one who can dry your tears; the one who can ease the suffering of the heart; the one who replaces mourning with joy; He replaces suffering with gladness; He replaces sorrow with ease.

Yes, you have within you the greatest gift of all creation – for it is the Creator Himself. You are so privileged in this; you are only beginning to understand the full ramifications of this great truth. Even all my lessons are only the tip of the great iceberg of understanding. All of living is but the first step of life. Keep your perspective open. Keep your desire for understanding at a high and true level. And allow – again, allow your burdens to be lifted, for they will be so.

It is not necessary to take responsibility for the world. All of life is, in the

Master's words, "but a bridge." On this bridge we must not think to build a house, only walk across.

Your burdens should be light. Your responsibilities are really only one – to love; to love God; to love your brothers and sisters; to become who you really are – within, and growing – without. This is your great responsibility. These burdens of life, these trivial cares which weigh like stones, are in reality, non-existent.

Remember who you truly are becoming. Walk gently and nobly in truth toward the eternal goal. Be wise in your decisions. Keep wisdom and prudence at your right hand, yes, but most of all, be loving. Have a charitable heart and all things will be added unto you. This is the essence of the gospel; it is essential that you make this essence the essence of your living. Be at peace. This concludes our lesson this evening. I will take a few questions.

RACHEL: Greetings Father Ham and thank you for an extremely helpful lesson and your beautiful prayer. This evening we have three guests from Coeur d'Alene, Idaho, who have never been with us before. They are Dal D., and also, Mary and Mark Rogers. We want to welcome them and thank them for coming. Also, we have Lisa Brock, from Pocatello, we would like to welcome her back with us.

HAM: Of course it is gladdening to welcome all who will come. You are all welcome here in my house, so-to-speak. Yes, indeed.

MARLIN: I would like to thank you for that lesson also. That felt like it was directed right to me. It probably helped me as much as anyone in the room. In the New Testament, it mentions that when we worship, we should "worship in spirit and truth;" and I heard you mention 'spirit and truth' again this evening. Can you explain a little bit more about what that means?

HAM: Yes. Truth and spirit are one reality. And also, the injunction to worship in spirit and in truth is the beginning of a great lesson concerning worship. Worship is the complement of prayer and of thought. Worship is the essence of feeling, which is the depth and breadth of your true spiritual awareness of God. Worship is the expression of being, which is the 'essence' of God. That is – when we worship, then truly it is the coming forth of your spiritual essence and the duty of your being, to God. Worship is the first experience of being one with the Lord. It is an extreme feeling of awe. Your worship in churches is much diluted. True worship begins and ends all other spiritual experience. Worship is the 'essence' of being. Prayer is the 'understanding' of being. The two are complements as are your two hands folded together. In prayer, there may be worship – and in worship, prayer. Is this helping? (Marlin: Yes. Thank you.)

NORWOOD: Teacher Ham, I want to thank you for the time you spent with me yesterday. I just want to tell you that your lesson tonight will help me open the doors to my search for faith. Thank you. (Ham: It is in my understanding that you will find, yes, and my prayers are with you.)

MARK: Hello, Father Ham. This is Mark from Coeur d'Alene. I would first like to send you greetings from our Coeur d'Alene study group and the unanimous proclamation of

appreciation for the project at hand here. We are a rather young group, and we are struggling to contain our enthusiasm over the latest developments. Along those lines, a question that we have is: What are our specific guidelines to meditation, and why is it apparently so hard for individuals to make contact with a Teacher or other divine beings? Forgive me if you've dealt on this issue before.

HAM: Understood. It is in our timeframe to prepare each person separately and in their time. Every person requires time for adjustments. And it is not in the depths of meditation, necessarily, when the Teacher-awareness may come - it is all depending on preparation, which requires time. Rebecca, for example, was seven years in preparation. You are not to feel hurried or pressured. All will come, in time.

MARY: Good evening, Ham. Another question from the Coeur d'Alene study group: Do you have any specific suggestions about the structure of a study-group meeting that might be helpful in organizing our get-togethers?

HAM: Your Teacher will give you instructions, in time. For now, it is a human endeavor and must be humanly organized.

CALVIN: Teacher Ham, I also am glad to be here for your lesson tonight. I've been concerned about the words used in our Biblical and other scriptural references regarding the 'last days.' A lot of passages in scripture say: "in the last days," this and that. As I understand the Urantia revelation papers, this world goes on for eons of time into Light and Life. If so, then what is the "last days" in reference to? Or, is it just a human input that was incorrect understanding?

HAM: Much human input is throughout the Bible, yes, and all of it concerning the 'last days' is more or less, misleading. Your Bible is a conglomeration of many varied and very different pieces of writing. And when these writings are all together, they make for an uneven picture of reality which is very inconsistent and contradictory. There are some passages which are prophetic in nature, yes, and some which only claim to be. It is difficult to separate one from the other, for often they are within the same work. Rest at ease concerning the prophecy of destruction. It is part of human fear and awe of God, and His supposed 'wrath,' to prophesy destruction for the 'infidel,' so to speak. Be at ease. The fears of 'the last days' is mostly human imagination.

And now I am pressed for time and must be going. My sincere thanks to you, my daughter, Rebecca, for being here this evening. And to you each who have chosen to come hear my words, I give my love and heartfelt thanks to all of you. Farewell.
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Life is the Accumulation of Individual Spiritual Goals and Their Undertaking
Abraham, Norson & Ham, WOODS CROSS, UTAH 07-20-1992
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I am ABRAHAM. I have come to help you in this understanding of our goals. You are each using your individual choice methods and are using your insight into spiritual reality and goals. Correct is this reasoning and steadfast are your personal religious goals becoming.

Life is the accumulation of individual spiritual goals and the undertaking efforts to achieve them. Only the tried-and-true goals are worthy of striving for. These are the goals which you all carry within; they are the goals which have been the goals of the ages.

The lights which your forefathers sought, and which Christ Michael brought to this world – which even in this day we are bringing forward to you and your children – are the lights which will make the world strive to a higher state.

Life is the accumulation of the goals of all. Progress in the civilization of man is the accumulation of the goals of the highest and noblest of men – the cream of mankind. Life is moved forward and is brought into existence by the goals of family and child-rearing. Noble indeed, is this striving. Noble indeed, are parental affections and their associations with the protection and nurturing of children.

Society and civilization are also the accumulation of the goals of men, which are largely concerned with family. Politics cannot take the place of a strong family institution. The goals of society are sometimes sidetracked into thinking that there can be goals for society which are other-than the accumulated goals of the masses. Each person contributes his worth and well-being – and his family's care and struggles – to this common melting-pot called society.

All of our lives are concerned with our individual upkeep and well-being of our family. Each person owes his primary duty and responsibility to God, first, and family, next, yes. The two are closely linked in one's individual life-experience, for in your experiences of living, and in being a representation of our Father to one's family, your expression of His love is mostly, and most especially, true; and this is mostly carried forward in your individual lives and through the family.

The goal of Christianity has often been merely to spread dogmatic beliefs, and churches are vying one with another for believers. This is not Christ Michael's wish; nor is it His view of how our living should be. All churches must come to recognize the true gospel, which is this – and this central truth must stand before all others: It is the truth of the Universal Fatherhood of God, and the truth of our relations with each other as brothers and sisters – for under God, this is our true religion.

Love for your brothers, sisters, family, and familial relations is the first love between individuals which every person experiences in their lives. Our Mission goals are to extend this familial affection to those outside the family. When this goal of true brotherly love and affection between individuals becomes a goal of society, then will much of the strife and pain associated with living in this world be lessened – for you and your children, and their children's children.

In this strife-torn world, where there is no true goal for individuals collectively to seek, society breaks down and crumbles by the weight of so much selfishness. In time, this world will see a greater vision and goal for its future plan. In your lives, you are already glimpsing your great future destiny and have come to grow within with this knowledge.

Your future is even now unfolding before your eyes. And this future state – one in which your will is in harmony with the God of the Universes (the Supreme Being), where you strike step with Him in living the full and complete – is a replete life which you are destined to live, yes.

Each one of you is wondering if you see your destiny correctly – wondering “how will this amazing change, or deepening of relations, occur.” I, with authority, can tell you that once you glimpse your true self, this true self will never stop seeking expression. This true self will blossom in the world and a way will be made – a way that is sure and true and straight; a way which will open the gates of uncertainty, blindness, ignorance; the way which you will walk hand in hand with God. This way is yours alone. This way is, for each person, their only way to Father.

When you are in the depths of disappointment, despair, and need – then is this vision sometimes even clearer. Father who knows what you need inside, who knows your true inner beauty, will show you this vision of yourself. He alone will do this. He alone is your source of truth. Only when you are walking the path in great delight, when all is pleasing and the world is harmonious and your heart beats in step with life – then, are you assured; and then, is that feeling of power of assurance also very deep.

Roads may wind, they may diverge and they may converge – yes, life's roads. Each person is on a pathway, and this pathway which you walk, you are walking because of your faith in God. He is always present to lead you; always present perhaps to block a path and to open another. He is always present to open the gates, to roll away stones, to make this pathway smooth for you if you will but follow Him.

Father is no respecter of persons. He is a Father, a true and loving loyal Father. Only by faith are we truly assured. Only by faith are we truly shown and led. Only by faith are we lifted up and made more than we are. By faith, you will know Him and come to understand His individual plan in your life – yes, by faith and faith alone.

That is our lesson for this evening. I am happy to announce that we are having a guest with us this evening; he has been present earlier and is again pleased to speak.

Greetings. I am NORSON. I am a Melchizedek receiver in your world. I am the only receiver of the original twelve who is also council in the planetary affairs in the long-view council. I am happy again to greet you here in this manner. You are all commissioned as representatives of Michael in your day. Proud and happy am I with your selections and of your choosing to engage with us in this great work. That is all. Ham is here to answer questions.

RACHEL: It is certainly wonderful to have you with us, Father Norson. And also we want to welcome Father Abraham, and thank him for his beautiful lesson this evening. Also this evening, we have a visitor from Corvallis, Oregon. Her name is Cindy S. She is a member of a study group and has been reading and studying the Urantia Book for fifteen years. I know that she has a question for you so I will give her the microphone.

CINDY: The question that I have is how I, or the members of our study group in Oregon, can help facilitate us receiving a Teacher?

HAM: I am HAM. Yes. This question is often asked by the visitors, and it is one which is two-sided in the answer. The first part is requiring the willingness of others to serve in this mission. The second, is concerned with the preparation of the transmission-receiver – the one who will be the essential aspect of your early reception of a Teacher. Such preparation is usually unconscious and, at times very slow; and it is reasonable and correct that this should be so. If a person is not fully prepared to be in this position of transmission-receiver it could be very detrimental to that person, both psychologically and physically, for a Teacher to begin transmitting prematurely. This we have learned from experience, and we are still learning. Preparation, and a firm feeling of commitment and faith, are all requisite for this type of communication. However, at this time there is also the other effect – the opening of the system circuits, which is also impacting and affecting all of Urantia and its inhabitants, whether this is conscious or not. Teacher assignment is surely an event which will come to pass if you are willing and able to commit your beingness to a growing and stable network of beings who are all helping. All of us are helping each other. I am helping you in your understanding. Rebecca is helping me in this transmission. You are all helping each other in many many ways, and it is all precious. Therefore, in the closing of my remarks on this question, I would say, love one another. Open your hearts to each other. Trust yourselves and each other, and much, very much, will be accomplished. This is all, my daughter.

JASON: Teacher Ham, in Abraham's lesson this evening he talked of the religions of this world. I have always had a question involving how the opening of the system circuits is impacting our religions, directly. I understand there is a force that we all can tap into directly as a benefit of this opening, and I am wondering if the unconscious reaction of all the religion's people – which is just now beginning to develop and is forming – will be to the displeasure of their religion's leaders? The desire to 'have more,' the seeking of 'extra beliefs,' and even seeking 'spiritual insights' – those have typically been things the religion's leaders would term 'detrimental.' This system circuit-opening that is impacting us directly right now, it is tremendous in my own sight. Could you comment on this?

HAM: Certainly. Each individual person is a reactive and active entity. The opening of these circuits is a spiritual event. The person who is largely closed-off to enhanced spiritual reality will feel, or be, responsive very little. The person who is spiritually aware of himself will be spiritually reactive to these new spiritual forces. Always has the Spirit of Truth and the Indwelling Spirit been with you. The new spiritual forces are yet to be defined in personal experience. In time, I will assist in this and you will be even more keenly aware of these circuits, for you will see their impact and feel their strength. Even now are these circuits creating spiritual awakenings in many many people. These circuits are real and are impacting in the individual lives of many people within the various organized religions. And yes, it is causing some spiritual conflict in some where there is need for growth. In most times, growth entails some conflict and turmoil – this is a natural state, yes. Be concerned, therefore, with 'your own' spiritual awareness and understanding

of these new spiritual realities. Begin to learn the effects and benefits in your life; and in the future, I will discuss these circuits in more detail.

JASON: Thank you very much, Teacher Ham. I have questions to arrange meetings for two individuals: Joseph would like to meet with you on Friday, August the 7th, 7:30 p.m.? (Ham: Granted). Jason: And, Hal Bynum, of Nashville, wishes to meet with you on Sunday, August the 16th – however, due to his traveling, this plan is tentative at present. (Ham: I will confirm when positive.)

JASON: I understand. Thank you, Teacher. I just wish to extend myself as a tool to the circuit opening, in particular perhaps helping the agitated spirits of our planet grow on a smoother path. That's all I have to say this evening. (Ham: Jason, you are the living example of what you just wished.)

ONCLIVAN: Teacher Ham, I would like to ask a question on the transmission process. I know this will be helpful for me, and possibly helpful for others involved in this process. I have talked with a number of the transmission-receivers. From all the information that I have gathered, I am confused between two trains of thought on how to practice for this. Firstly: Some of the transmission-receivers say that they receive the words very much as an 'otherness' as the words come in; and they know that it is not their own thinking. This is really what I have been expecting to receive is this otherness, which I have experienced just slightly with a sentence or two in the past. This is what I have been trying to prepare myself for in my meditations. I go into the stillness to totally block out my own thoughts and just wait for your voice, or one of the other supernals, to speak in otherness to me. And secondly: I also have received some information that possibly this transmission-receiving can be done more-so by way of 'just letting your thoughts rise up,' and even though it seems like your own thinking, that when you read it back after you have written it down, that you can tell that it has been inspired. I have tried both of these methods. I can't seem to come very clear yet with the otherness, although that is what I am waiting for and that is what I would feel comfortable with if I were to do a session for someone. But this other, the second method I mentioned – is this something that should be continued to work with? just letting thoughts come up and then to write those thoughts down? Is that inspired by the supernals? or is that just my own thinking. Or, should I just wait until I become better at this and can actually receive the otherness in a word-for-word format, as does Rebecca, and be more clear? Could you please comment on that?

HAM: Yes. Rebecca is not always certain of the exactness of these transmissions, and I am aware of her concern. It is becoming a concern for many, as yourself, for you are aware there is an easy way for error wherein this method involves some allowance of thought manipulation. This is always an interesting phenomenon for it is not completely controlled and there can be a co-mingling of both thought patterns – yours and ours. This is uneasy ground for both, and such should be avoided as in the giving of a transmission to another, until one is more stabilized. It is more safe to wait and a Teacher will come and be very forceful if it is your will. You see, it is 'the will of the transmission-receiver' which is controlling the clarity. It is always the will of Rebecca for this transmission to be strong and unmistakable for her; and she is very hesitant to receive any transmission that is hazy, although she has. It is difficult, yes, for there are sometimes the clouding of clarity, and then

the un-clarity of your mental understanding of the transmission. And even then can there be the clouding from a wish or desire of the transmission-receiver – which is very difficult to ascertain. Only over much time and experience are these questions resolved, and they will become clearer to you in time. You must not worry or stress your body over these problems, for they will come with practice over time. It is not something which is done overnight. Be patient, yes, and all things will become clear.

ONCLIVAN: Thank you very much and just one more quick question, which you can answer very shortly. Every night about 11:00 or 11:30, I spend time trying to wait for a transmission, also in the morning. Should I continue to do that? Is there a Teacher maybe waiting to speak to me? This might be quite a while before I can maybe hear it clearly. Should I just go along on that assumption and continue doing that and not worry so much about the writing with the conscious uprisings from my mind?

HAM: Yes. Your ability to transmission-receive will come in time; and stillness is always beneficial to life in all ways in the meantime. I always encourage practice of the stillness. Yes.

ROLAND: Father Ham, to perhaps add some personal experience to the process of transmitting and receiving: In my early times there was a transmission to me which indicated to me that I had to move forward in faith. I could get the first couple of words, but then I would have to speak them before the next word would come. That may be of assistance to Onclivan, or to those who will be trying it. The other thought comes to me: In my experience there are as many ways to achieve this experience as there are people. It seems very individual. That may be not so helpful, but one might pay attention to the fact that they might get to that point by themselves. Does that follow in with what the ideas of the supernal's experience?

HAM: Yes, exactly, of course. And in these transmissions, it is correct that word follows word; and if these words are unexpressed, they will repeat or cease.

ROLAND: Moving on from that: I am about to journey to Tallahassee to enjoy the brotherhood of planetary believers down there. I was wondering if I can do anything as a mortal on this level that might facilitate the Mission while I am in Tallahassee, or Sarasota, or Tampa, or Englewood?

HAM: The light will come and it will be your light. Yes. (Roland: Then to move as guided, I am taking that to mean?). Ham: Correct. Rebecca is growing weary and one further question will be taken.

ELEA: This meeting of this group and the Idaho group that is coming up: I know it is a social event, but will the Teachers be there? Will you be there, Ham? Will Daniel be there? And, will there be some instruction of correlation? I have read the papers from Tallahassee, from Idaho, and of course our group, and I am keeping in touch with Lawrence, Kansas. We will be traveling there in another month. There is quite a difference in the way the meetings proceed. Some seem to be more aggressive in the Mission, and maybe it is because of the culture or whatever level the people are on. Can you respond to this, and can you give me any indication on what that meeting in Idaho will be like?

HAM: The meeting is significant and will be attended by many on our level. You will witness a great surge of feeling, which will be communal. Christ Michael will be present. All who gather will be blessed. I am very happy to also be present. Daniel, indeed, will be present, yes, and I will offer instruction then.

I am aware of Rebecca's weariness and am going to close this meeting/session with these words. Happiness, love, joyful self-expression – all these are your birthright. Your true being will flower and become real. Think on these things this week. I bid you, farewell, for now.

Judgment | A Broader and More God-Like Aspect

Ham (with Daniel present), WOODS CROSS, UTAH 07-27-1992

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[Daniel, Teacher for the Pocatello group, was present this evening's lesson. Editor's note: This group-meeting had become so large that we had relocated the Monday meetings to the basement large meeting room of the Rexall Drug Store in Centerville, Utah. Often approximately fifty people were in attendance. Previously, all of our meetings were held in the home of Thern Blackburn. (Joshua) in Woods Cross, UT.]

Greetings. I am HAM. I am your Teacher. This evening I would like to begin by honoring the present and past soldiers in the army of God's children who are on the front lines of this spiritual battalion. Using the analogy of wartime is not my most favorite – however, in this instance, it is apt. In the discipline of armies, each person has an individual job to do – without which, the whole, as a functioning unit, would suffer.

I wish to commend you all for your valiant service and steadfast faith in this mission which is destined to be on the front lines for some time to come. Especially I would like to comment on those persons who have given of themselves in the aspect of receiving of our transmitted messages.

It is always understood that these transmissions are somewhat altered or filtered through each individual. And though there has been much concern over this, it will come to pass that most all of these transmissions will be viewed in a greater context and find their correction. This will eliminate some of the small errors which chance to find their way into these transmissions. Time and distance will show that most of these transmissions are very accurate.

Judgment, for our Father, is intrinsic to His being. He is truly all righteousness. He is all goodness. No falsehood or evil can exist, ultimately, in His kingdom. He has willed that in your Earthly state that there are allowed errors and sin and iniquity which require judgment – and I should say, this is the state of affairs all the way to Havona: Yes, there are tribunals and judgment centers (branches of administration) throughout the superuniverses, all the way to Havona.

Our lesson this evening is again concerning judgment. I have spoken many times concerning this aspect of God's kingdom and the individuals concerned with judgment. I am now willing to discuss judgment in a broader and more God-like aspect.

Judgment is a necessary necessity. Where there is the possibility of error and evil, judgment is set to right, or attempt to change/rectify the errors. Judgment is required when the individual is incapable of self-correction, for then is group judgment--through wisdom and affording correction--required on this erring individual.

God's infinite wisdom has remanded this judgment to His creatures. Father takes not part of judgment. Father holds mercy and infinite love as His citadel. Judgment is not Father's personal requisite, no, for He has given this judgment requirement to His righteous-striving children.

When Christ Michael said: "Judge not," He is meaning not to take on this responsibility yourself, which was not given you. "Judge not. Be God-like," that is. Let us each stand apart from judging, for in this judging you indeed commit error; and this error may be judged.

In life's myriad of situations and extremes it is tempting to judge, and when doing so we demand punishment or justice towards one's fellows. Error is it always. God's way is not always convenient, or easy, or the way of the world. God's way stands apart from worldly conflicts and enters not into the judgments of His children. He requires you to understand His way.

Great is your reward in heaven, and on Earth, when you are mightily shaking a coin of judgment from your own storehouse of wealth. How often we are tempted to steal back that coin! How often we are tempted to vent our personal judgment upon an erring fellow in anger! How often are we tested in this manner!

Free yourselves from the burden of judgment. This burden was not placed upon you. It is not yours to take. Allow yourselves rather, the freedom of sonship with God, which will allow you the absolute freedom of not judging. Judging ties, judgment binds, judgment constricts and wraps the personality in their own ideas.

Allow yourself freedom from this error in thinking. Allow yourselves the freedom to love all, freely - even those that do you harm. Yes, allow yourselves that freedom; take it for your own, for this is truly yours. You are all truly, sons and daughters of the living true God. You are allowed the freedom which He has of Himself - the freedom to bestow mercy, to bestow love, to bestow forgiveness. This, my children, is freedom, truly. Entanglements in judgments only bind yourself.

This is all for our lesson this evening. I will answer your many questions as I am able.

JOSHUA: Father Ham, we would like to welcome tonight some of our friends from Daniel's group, Steve, Debbie, Bill, and Virginia.

HAM: Welcome. I am happy to be in your presence and am pleased also to welcome Daniel here tonight. He is also present and is observing our proceedings.

JOSHUA: Thank you very much. I have a question concerning your lesson: It sounds

like in making a judgment that we do not even have the right to form an opinion – that is not correct, is it?

HAM: This is delicate ground. Forming an opinion is often judgmental, and this is error. Often we have opinions about those we know not well. When we are privileged to know and understand another more fully, then are these early judgmental attitudes usually changed. When we are in ignorance of the true story concerning any particular person, it is the natural state to form opinions which are erroneous. In the habits of living, often do lazier people not even try to go beyond their own opinions concerning another, for they are self-satisfied with their own opinions – this is error and is always to be corrected at some time. Is this helping? (Joshua: Yes it is, and thank you very much.)

BILL: Ham, I am very pleased to be here in person to meet you, although I have listened to you many times over the last few months from tapes, as well as writing down some of your words. I think the thing that I wanted to tell you and Daniel – and I am glad he is here to hear this – is that I am so appreciative! for you, our Teachers, have shown us your lack of judgmentalness. By your acceptance in responding to us, your students, you have impressed me with the very teaching, and exemplifying that teaching, that you are talking about. You have been so encouraging, tremendously encouraging, to the many people I have heard on the tapes; and Daniel has done the same thing with us, in person. I just want you to know that what you teach is wonderful, but it's also very impressive for me to see that you actually live this way and regard us in this manner. I just wanted to share that with you.

HAM: Thank you. I am always happy to hear that our teachings have encouraged others. In the beginning of this Mission/assignment, many were unreceptive who are now beginning to become hearers; they are well-planted trees which are allowing themselves to gain a little growth and strengthening by some spiritual watering. New buds are sure to spring from old branches. All of our efforts are worthwhile when this happens, and it is very gratifying to know that it is happening so frequently. We are pleased and innerly joyful to have such wonderful, and indeed, amazing and gifted students, as you all are. Always are we pleased when newcomers show interest and have a spiritual response. Daniel is very experienced in his work. He is a great and noble being who we are fortunate to have among us. Love is his main character trait. So God-like is he. As well, how pleased are all the supernal beings gathered here this evening to see such advanced bright and glorious beings as all of you here tonight. Yes. Indeed. Indeed.

JASON: Good evening, Teacher Ham. I appreciated that lesson. It helped me tremendously tonight. But I have some questions: Since we are sometimes forced to live in the world surviving on a somewhat forced system of justice and judgment and defense, I have tried very hard in the last three years of my life to limit my judgment capacities, because I do feel that it comes back to us in a so-called 'karma' way when we are in error, and that is embarrassing. However, sometimes it is necessary to follow a judgment. I've found it necessary sometimes to follow a judgment in order to ensure justice – and in some cases, even protect or defend myself. I do this very elusively of course, since I don't claim to have any superpowers in understanding judgment. If you could clarify those points for me it

would be greatly helpful.

HAM: Yes. Judgment is, unfortunately, a word form used in many situations and circumstances. Judgment, as far as 'decisions,' is one kind of judgment. Judgment of another being – meaning taking responsibility of justice upon yourself – is another. A person is not capable of taking on justice in any manner for another. Group judgment is faulty and yet, is a functional necessity – a necessary evil if you will, within society, functioning in order to maintain social norms. Judgment of individuals is ultimately remanded to higher judicial systems, if you will. These higher systems function on the Mansion Worlds and beyond, and are progressively less faulty. Your desire to maintain your personal property, or personal integrity of various kinds, involves self-protection. It is allowed, yes, and this self-protection is functional. The going beyond 'self-protection' into revenge or vengeance-seeking is courting judgment from yourself, which is error. Protection, yes. Self-defense, yes. However – vengeance, no! Is this clearer?

JASON: Much clearer, Teacher Ham, and I thank you very much for that insight. I wish that our entire world could operate just a little higher and change what appears to me to be a complete disaster in this arena of 'judging.' Thank you, Teacher.

RACHEL: Father Ham, last week I had an opportunity: I read to my Relief Society teachers your very first lesson you gave to us on faith. As I watched them, yes, I did form an opinion. My opinion was that your lesson was very well received, but I couldn't go ahead and tell them any more about it other than it was 'a lesson given to us by our spiritual leader.' I know they went away very impressed. I thank you. [laughter.]

MARLIN: A few months ago I spoke to you about a new acquaintance of mine named Bob, who was a Jesuit Monk. I have been making a little bit of progress in talking with him. There is a question that he wanted me to ask you for him about virtue: He was wondering what is considered to be man's highest virtue and what is the best way to obtain it?

HAM: Virtue is the results of spiritual growth. Virtue is not an 'attainment' but a fruit from spiritual living and understanding. The eventual and inevitable growth of the soul within is the Father/Mother cause of what we view as virtue for righteousness. Righteousness cannot be bought and sold. It is not something which can be striven for, alone, in the bareness of non-spiritual growing. Said Jesus: "Do men gather figs from thistles? No. The tree must grow and bloom and bear fruit." The fruits of righteousness are a natural part of one's character, not something apart. Is this helping in your understanding?

MARLIN: I think that was a beautiful explanation. I thank you for that and for all of your lessons so far.

ROLAND: Father Ham, in regard to the issue and the problem of judgment, is there some instruction you might be able to give us that will catch us in the process of judgment. It seems like we know these things to be true, yes, but if we had a tool to use that as soon as a judgment began to form, that we could immediately stop and think about things, then such a tool would perhaps help us not make that judgment?

How do you, yourself, do it?

HAM: For me, it is not so much of a conscious effort, for I have grown into my understanding – just as you will grow into your understanding of this lesson. I would not require for you to be on alert, so to speak, watching your every thought and restricting yourselves, no! Rather, I would wish you to grow in your awareness of reality to that point where judgment is known to be futile and damaging. Is this helping?

ROLAND: Yes. Thank you very much. I know that this 'judging' is a will-creature decision within our group, but I notice that the sound in the upstairs activities ceases about 7:30 or 7:45. As you know I have just returned from Florida where I met with two other groups that have personal interchange before their meeting. My question to you would be: Will you mind if we had maybe thirty to forty-five minutes, prior to your lesson, that you would give us for personal interchanges that have to do with catching up with things that are going on within our group?

HAM: Of course I would not mind, this is a group decision. It is always gladdening to witness your happy and loving relationships grow.

ROLAND: I suppose the next step on that would be to see if everyone else is in agreement. (Ham: Correct.)

ROLAND: Thank you very much, Father Ham. I would like to express my gratitude to you, Abraham and Amster, and all of the supernals that were with me in Florida. They created such a beautiful experience for myself, and for Vincent – our brother, and all those who heard your words. Thank you.

HAM: Yes. It is a worthwhile trip that you have undertaken, and it has helped to strengthen the faith and love of those whom you have touched with your faith.

DEBBIE [transmission-receiver for Pocatello]: Father Ham, I just want to take this time to thank you and Daniel and everyone in this beautiful Mission for the love and the guidance that you have given all of us. I especially want to thank you for the wonderful things you said about Daniel because we know he is love, and we have felt it. We just want him to know how much we love him. I want to thank you also for the gracious and kind words you said about the transmission-receivers. Just thank you very much. (Ham: Understood.)

CALVIN: Teacher, I have often been pondering an Old Testament scripture out of the book of Daniel. There is a part that talks about "How long before our daily sacrifice shall be taken away." I have never understood that passage, but I felt it was of some importance. Maybe you could help me with that?

HAM: Somewhat. It is my understanding of this passage that it is referring to those days of great strife when it requires great effort in living. The time in one's day is so short and not enough for the reception of the much understanding that is needed when one is driven to sacrifice daily and the efforts in living are strenuous. When this 'need to sacrifice' is taken away – meaning, that when there becomes a 'no need feeling' to sacrifice, it would be a great and drastic change in

the quality of our daily living, and more time is available for pursuits of truth, beauty, and goodness. Is this helping your understanding?

CALVIN: It sheds a whole different light on how I can perceive and tackle that. I think once I read over your words I will be able to understand it better. I much appreciate it and I would like to say that I am indebted to you for your change of my life and my attitude since last December when I first attended your lessons. I love you for it. It has helped me increase my love for others and to want to know the Father and to know more of His will. Your lesson on judgment tonight was very timely following Aaron's lesson a few weeks ago about this topic. You've answered so many questions in mine and Marlin's minds as we discuss this very subject at our work. We now consider more about what you said about becoming consciously aware of the effect on those around us at work; it is very beautiful now to see with new eyes. After each week's lesson, I can go back into my daily life and at least be aware of the improvements needed on a personal level, and from there, work toward change. Thank you.

HAM: My blessing to you, my son. You are always in my prayers and thoughts.

NORWOOD: Father Ham, during my day job I am a supervisor over women and men, and I find myself, as you went through the lesson tonight, trying to understand your lesson and apply it to what I am doing at work. I find that when dealing with individuals, that judging them or trying to understand them can be confusing at times. In trying to give the right answers when dealing with these folks, it can become very confusing. I have to live by the law of the land in dealing with these coworkers. And at the same time, as I am taking your lessons in, I am trying to supervise them by those lessons. I want to know if you can give me a little bit of guidance on this.

HAM: Yes. It is your responsibility to enforce rules and regulations and quotas, etc., and this is a job which requires doing, of which you do very well. In dealing with humans, often it is that emotions, resentments, anxieties and so forth, cloud the judgment of those with which you deal. You are only human and are not superhumanly conscious of each person, especially when they attempt to hide true problems and mask them with others, and so forth. Always remember that you are God's son. You are sent out each day to do your Earthly duty, as well as your heavenly one. In your position, you may find occasion to impart some words of comfort, or even truth, while not being over-zealous or fanatical. You make it very easy for people to talk with you. You are doing very well, and we are here to help your own spiritual growth. If this spiritual growth is enlightening for others, then this is very pleasing. But you cannot force those who will not see reason, much less to see truth. You are adept in balancing your Earthly duties and your spiritual ones. Continue on your path; you are truly growing in truth and love.

NORWOOD: Thank you, Father Ham. I appreciate that.

ONCLIVAN: Teacher Ham, I would just like to relay an experience I had concerning the lesson we had tonight on judgment. [Editor's note: Onclivan's full page of a related experience is omitted here, which simply had to do with our 'judging others, in error.']

HAM: Yes. As you said, always is it error in our individual judgment of another person to assign motives which you are suspicious of. These errors in thinking will lead to consequences that are always unprofitable. When we are tempted to judge another, it is good and correct to use love to alter this mindset. There are no kingly roads to God. All must travel through this 'testing' and learn our own lessons. It is for me to perhaps point the way; and for you each to walk your own path, and learn by doing it in your own way.

ONCLIVAN: Thank you very much. Just one more comment and I am sorry to take so much time here. I have recently been fortunate to receive some of the Sarasota papers up through June and I have read about 110 pages of them. There are many messages in there from Christ Michael. I was extremely impressed with the number of them and they talk a lot about love. I have a question concerning this, and also a comment to make, which might be of benefit to the group, because I know that the Sarasota group made tremendous strides when they all seem to have a love for each other and cooperation in their group. They were all working for one purpose – to do God's will and help each other and help others. I know that after that, they started having a little bit of different problems, probably ego-based. I don't know what of all the different things that happened, but then the group-progress slowed down, and I don't know what happened after that. I would hope that in our group – and especially this thirty minutes of discussing things which Roland brings up – I hope that we could all come with a very loving attitude for each other and try to help each other succeed in whatever our individual responsibilities might be. And that we can do away with our petty judgment and petty feelings of somebody not doing something right. I guess what I am trying to say is that this is possible with this group, too. And if so, I know that you can work with us much quicker. I know you work with us according to how quickly we go, not only as individuals but as a group. I hope that we can get together closely now. Maybe you can make some comment on that. The other thing that I want to ask: These 'Christ Michael papers' from the Sarasota group, I am very willing to make some copies of those and give them out to the group. Is that something that might be a good idea, and are these indeed, accurate teachings?

HAM: It is all very accurate and true. It is also the responsibility of each person to understand these messages with their own light of truth. All else is your own decisions. One further question?

VIRGINIA: Hello, Ham, and Daniel too. I didn't mean to have the last question, but I was overwhelmed with embarrassment when I realize that as Rachel began her story of sharing the fact that she had given the first lesson to her Relief Society Teachers, I had immediately pre-judged what the Relief Society teacher was going to say – and with my laughter and etc., I realized how quick I am of myself to think something of someone else and hear it with an entirely different ending; and I couldn't help but just be embarrassed. I am sure that Daniel will have a lesson on it for us when we get back to Pocatello. [loud group laughter.] I also had a question about your lesson: I have thought for many many years that one of the most difficult times for me in removing myself from being involved in judgment is when gossip is occurring, especially in the workplace. So in escaping, I judge what might happen of the people who are doing the gossiping. But, by removing myself from the lunchroom or

break-room, I guess I am guilty in judging by not trying to be a part of the gossip. Do I make myself clear, and do you want to comment on this?

HAM: Yes. You are using your judgment in a situation and choosing to follow your best understanding. In this, you are only judging actions, not people, and are correct in your efforts to be Christ-like. Fear not, for you do well.

And now I am preparing to leave you this evening. I pray that your weeks are profitable for you, spiritually, and that you are all in one accord in your intentions to become who you each really are – that is to say, God-like. Farewell for now.

Back

Assessing versus Judging. What is Spirituality? Is Spiritual Understanding a Reality?

Ham, WOODS CROSS GROUP 08-03-1992

Back

Greetings. I am HAM. I am your Teacher. Our lesson this evening is concerning spirituality. What is spirituality? How do we use this term and what is its meaning?

Spirituality denotes an understanding of one's higher human consciousness. It is a term used by one person when describing another's (or describing his own) higher-minded experience. Human spiritualness is twofold: It is a measure of one's own understanding of those things spiritual; and, is a term used to describe the relative understanding of another's understanding of these same things spiritual.

What is our understanding of spirituality? Is our spiritual understanding even a reality? Or, is spirituality just an ongoing concern of ours. Is spirituality a cause and effect for one or the other? – or both.

When we think about this 'spiritual understanding' (spirituality) and how it is transmitted to another being, we are coming close to understanding morontia realities. Morontia realities exist in that realm between the purely animalistic human experience of 'sensation-awareness' – and also the human understanding of, and the human experience of, 'spiritual-awareness,' which is extra sensory. The meaningful understanding, and interpretation of this experience, hinges onto 'morontia/soul-reality.'

This soul-reality, which is growing and developing into a real and even tangible being, can become an understanding even while in the purely human form. In your awareness of another, use your morontia insight into this person; see this person as brother, friend, helper, a father, a mother, a child of God. When you use your morontia insight you will see these pure natures inside each person – this is spirituality in its real form.

I would say, often what we have denoted among our fellows as being 'spiritual,' is not genuine. It is only by true spiritual insight into another person that any grasping of that person's true spiritual being is really possible – it comes through

not by words but by deeds, by manner, by grace, and love bestowed.

People in your realm are often concealing of themselves by using wit or "charm," or other methods of falsity – cleverness. This cleverness is not true spirituality; and by your standards, in our eyes, it should be obvious to you all, the difference. Always use your morontial-feeling-understanding in assessing a person.

This morontial-assessing is not to be confused with judgment, no; it is, rather, a constant 'state of being' – for truly spiritual persons do react to 'spirituality' within one another. This reaction may be purely one of mutual understanding on only a minor subject, or it may be an all-encompassing recognition of brotherhood or sisterhood, which is stronger and more lasting than life itself. Life after life you are recognized and respond to each other in a spiritual manner – a recognition-reverberation; and therein is a sublime welcoming of each other.

You who are clothed in the flesh really miss very very much of that which is in our understanding to see. You are in the embryonic stage of beingness; and during this mortal time, there are inner-flutterings of the 'being' that will progressively emerge. It is this 'greater being' which will ultimately emerge in the hereafter, yes, but which also has the ability to react even in the daily living of this mortal life.

Yes, morontia beingness (soul) is beginning to blossom within each of you, and it will react in life's situations if you allow it. Your real being, your heartfelt oneness with your greater self, is beginning to find expression in the world. And much of this new discovery of yourself involves discovery of your brothers and sisters, as well.

When we discuss among ourselves our relative merits and shortcomings, it is wise to recognize and understand that we are all still embryonic. We are all partly blind. We are all walking in the greatest light which we know at this time. In the future ages all human beings will become much more spiritually advanced, and these lessons which you are receiving now will seem even trivial to them. Each stage of progressive life, progressive civilization, progressive world consciousness (beingness), has its own stage of discovery.

This world is now at a critical spiritual point in our spiritual development; you are bound to discover Father and Michael. You who are dedicated to this great work are all destined to leave behind a wonderful and enlightened task/work which, in turn, is wonderful and enlightening to future generations. Understanding this 'as you are-ness,' your own 'being-ness,' and your own individual destinies as they unfold before you each – you, then, are indeed lights in a grayish dark world, and will become even more-so as your lives unfold.

In our lesson this week I have endeavored to distinguish between individuals judging others, and the recognition of spirituality between people; and, the subsequent 'assessment-making.' If this is unclear in your minds I will be happy to answer your questions. It is a fine line and a delicate area of accurate perception, yes, but with true spiritual prayerful insight, can be understood. Even the worse sinner on Earth, if he is desiring of true salvation and forgiveness, will, in time, surely

achieve this understanding.

It is desire, coupled with action, which is truly the making of men and women toward divine humans. Desire and action constitute the pathway of life. Desire and action are the twofold steps which lead us on this pathway. We, who are in this great ascension realm of understanding, know that the left foot cannot proceed without the right foot. Will and decision; desire and action – both, are part of our spiritual becoming.

In another lesson, I will help your understanding of will and its true significance in present-day life, and, in Light and Life. Are there any questions tonight?

JOSHUA: Father Ham, I sure appreciate the lesson you have given us tonight. I believe I've got a lot of growing to do, a lot of understanding to accomplish. I've got to grow in soul; and to do so I have a lot of thinking to do. I hope I can live up to the expectations of we mortals that you desire. Thank you very much.

HAM: It is truly said that it is not so important what we are today, as what we are becoming. Use your insight to set your own goals.

WILLEENA: Good evening. You just said: "Use your insight to set your own goals." That brings to mind that in a private session you addressed "following my heart." Is that, then, a key to this spiritual development? As we are more attuned to our deepest hearts' desires – which in the deepest sense would have to include the Father – then that is what will lead us in the right paths and the right choices? And, in the direction that will more and more connect us with the Father?

HAM: Yes. You are in good understanding. Within yourself, you are growing out of a difficult stage/area wherein are dark canyons. These dark canyons are only a temporary state and are growing in the direction of the light. Hard is your pathway, and hard are you on yourself. You are beginning to learn there is always a way to 'grow' out of your seedpod rather than trying to force it open, chip it open. Yes, growth! and, 'allowing time' for this growth. Allowing growth is the way out of the pod, the way out of the dark canyons.

WILLEENA: Could you explain that a little more thoroughly – the difference between "allowing" what really is, what it really constitutes, versus what you just described that I am inclined to do?

HAM: Time is an element which cannot be abridged. You must take time to allow this spiritual growth to occur. Time will be the changing factor in this transformation. Time is required, yes, and it is not your responsibility to push it.

WILLEENA: Wouldn't that be – I am hearing to relax a little bit more with the process, and that may help me to allow the time that is necessary? (Ham: Correct.) Willeena: Thank you. You also said in the lesson: "We are at a critical spiritual point in our spiritual development." Could you address that?

HAM: Yes. It is a critical point in the world's development. You are all very well on your pathways. You are (individually) "saved" in the Christian sense, yes, for

you are receiving salvation even now in this life. In the stages of world development (the enlightenment through till now, and those changes to come), our mission is critical to a richer world in spiritual development. The Urantia Book's information is crucial, yes; and our teachings are supplementary to the Urantia Book through daily living of life. The world will come to know this higher spirituality and new morontial awareness – and be transformed by them. In this beginning stage, it is crucial to stay the course in a slow, calm and steady transition. Like a child newly born, his first few hours and days are most critical. Are you in understanding now?

WILLEENA: Yes. Thank you. It is quite well explained. So, therefore, what you are saying about the "critical point" is that as we develop in our own individual spiritual path, there will be an affect to the whole of the planet wherein we will be able to touch hearts – reminding the souls of the brothers and sisters that we come into contact with that we, together with them, will be bringing more of our brothers and sisters along with us in the march towards Light and Life. Is that correct?

HAM: Yes, it is; and this will proceed naturally and progressively down through the generations to come. Yes.

ELEA: I need some expansion on communication, how we communicate. You said we conceal ourselves through "wit and charm and cleverness." And I understand you to teach that, rather, we are to scatter seeds of service and love through 'the fruits of the spirit.' Would you differentiate this also with our use of humor in our concealing of ourselves? Christ said: "Unless you become as a little child, you cannot inherit the kingdom of God." We have become very rigid adults and we have learned for our best well-being on this realm to be concealing on things. Would you differentiate between the "wit" and "charm" and "cleverness" we use to communicate – versus humor, in regard to spirituality development-type growth?

HAM: Yes. It is becoming to the truly spiritual being to laugh and enjoy humor, naturally. It can be damaging to the becoming-spiritual person to conceal themselves in 'humorous pretending.' It is the difference between truly living in the moment and enjoying humor, versus the pretense of humor while thinking of yesterday and tomorrow, for instance – all the while concealing the person by falsehood. That is fear – a fear that is concealing-promoting; the fear of not being accepted; the fear of being ridiculed; the fear of losing something – all these are a promoting of this concealing or hiding. It is this posturing between people which often retards true communication. Is this helping your understanding?

ELEA: A little. I am still wondering: How do we come out of the rigid-adult, this concealment, and become this truly spiritual child that lives in the 'now,' which Christ was talking about. I am not getting the differentiation still between humor and wit. Someone said that many a truth is spoken in jest. How do we break through this shell so that we dare to become real and lose our fakeness?

HAM: Again, it is a growth process and you will grow beyond this seed-shell, and then it will no longer be useful. It is a process of growing, and growth alone will answer this question for you.

ELEA: Thank you. I heard a comment the other day, and it's kind of sad; it is regarding those people who have wonderful skills and really beautiful things to share – that they are not sharing these; they feel self-contained and happy within themselves. Maybe we should share more, but I think it has to do with the 'how' – how we share!

HAM: Life is only truly worth living when you can share it with others. When one lives with fear and anxiety, then sharing is not occurring to the fullest degree possible. When the person learns to share with God, then that sharing becomes spontaneous with others. Living in the absence of a 'God-sharing understanding' is the chief cause of human suffering. Is this answering?

ELEA: Yes. This is helping. I think what you mentioned--that you are going to take this up in the future--will greatly help further. Are we bordering on what you were saying with the 'will and decision' which leads to 'desire and action?' (Ham: Yes, yes.)

CALVIN: Teacher Ham, are we then better off being genuine and sincere and maybe not so outwardly happy and bubbly, than we are to be falsely happy, bubbly, and yet not genuine – until we grow naturally that way? if that makes any sense.

HAM: Yes, it does; and yes, you are understanding.

CALVIN: You said it was a fine line to judge. Is it a fine line, then, when we judge another person's false happiness versus his sincerity? Is that what you were saying?

HAM: Yes – that is, if your understanding is not judging. Understanding another's spiritual state, or their 'lack of' (their concealment from the fear), enables you to open yourself to this person in sympathetic understanding and perhaps help them reach beyond their 'facade of being' to being truly touching with each other. These, even small life experiences, are sometimes life-changing. Are you understanding?

CALVIN: Yes. In summation of that: Then it is good for us to be able to discern, in an understanding way, a person's genuineness. (Ham: Yes.) Calvin: I look at people in daily life – and some I can feel that they are genuine and receptive and are whom I would like to get close to and share with; and others whom I feel as though it would not do as much good to share my spiritual excitement, so to speak.

HAM: Correct. You are understanding my lesson about spiritual assessment. Yes.

RACHEL: Father Ham, to put it just simply: What you would like for us to do is just plain let our hair down, be ourselves, and not put on a false front with anyone. Is that correct?

HAM: Correct. [laughter.]

MELISSA: Father Ham, I just recently came out of an incredible growing experience, and I just want to comment on how thankful I am that you're here. And I also want to say that I really appreciate and love Willeena – she has helped me incredibly

through this. And I thank Father, most of all. It is good to be back.

HAM: You are never far from our understanding. My personal love for you is great and growing. I am always concerned with your happiness and well-being. And, I am thankful that you have learned, grown, and become yourself, Melissa, through this experience. Are you seeing the beauty of it now?

MELISSA: Yes, I am. Thank you. (Ham: Thank you, my daughter.)

I shall conclude our meeting for this evening. May love and peace be yours.
Farewell.

[August 10th, 1992 lesson not yet found]

The Value of Group Interaction | You All Are Living In Abundance

Ham, WOODS CROSS, UTAH 08-17-1992

Back

Greetings. I am HAM. I am your Teacher. Gladly have I heard your discussion this evening and also during this last week. It has greatly eased my heart and has shown that you are all advancing into strength of character which is unshakable. Each of you has progressed greatly in this last year or so. It is good to witness your willingness to serve Machiventa Melchizedek and his servants.

All of our work to date has been personal in that you have been personally touched and moved by my words. It is so with all Teacher-groups, the students have been personally nurtured, yes. It is time that you become greatly aware of your responsibilities, which lie beyond yourselves. This world is filled with lost sheep; it is your assignment/duty to help bring these sheep back home.

Individually you can do much, yet it is limited. 'As a group' you can function on a greater scale impacting your fellows and the masses. Also, as a group can we help ensure against individual fanaticism and error in thinking. Correct and good are your intentions and motivations on a personal level, yes, but to continue with your interactive processing of life with one another will bring you much ease of thought. Knowing that each of you share common concerns, common experiences, and common wisdom helps unload the burden of the individual.

Regarding your weekend celebration - relax and share with each other your enthusiasm and joy. Show yourselves happily and joyfully to God. Release your inner tensions. Allow yourself to freely flow with love. Yes, flow with love. Allow yourselves to be changed. Allow yourselves to be uplifted. Allow yourselves the freedom of love.

This is all I have to say on the subject at this time regarding personal responsibilities and the value of group interaction. All other will-decisions are yours to make.

The lesson this evening is concerning abundance. Again, I am here telling you that you all live in great abundance. Even though you may be shaking your heads to yourselves: "No," you say, "I have deep concerns and worries over my material existence; who are you to make light of my problems." Yet, staunchly and

forthrightly I assert the same – you all live in abundance. These petty and self-centered worries must be gradually abandoned to the dust-heap from which they came.

When you throw something away do not return and pick it up again. Often this is the case when it comes to material concerns, for they are seeming very real, very stressful, very engaging of the person. Many of you have indeed lived through times of severe financial crisis which have tested your moral strength in ways which no other severity can do, and these old 'memories of lack' often haunt the present days of plenty.

Again, I assert the following: Father, who watches your every movement and thought, knows indeed what you are in need of. If you are in need of testing or strengthening in certain moral areas, these areas will be strengthened. If you are in need of assistance in your daily toil, if you have exhausted yourselves, this assistance will come in ways which require an opening of the eyes to see.

Often there is help needed which you are unwilling to ask for; and we say, yes, you can indeed ask your Father for help, even for 'material' help. Often this assistance comes from greater understanding of the problem, or a willingness to see another option which you yourself had willfully closed off to. Or, the willingness to have a change of some kind and a new manner which helps you alleviate this stress.

You see, children, Father is intently watching you, loving you. He is always attempting to guide you – like a child taking their first steps with parent hovering over them, keeping them from falling, holding their hand, letting go for a minute to see if the step can be taken alone, grabbing if it couldn't, allowing if it could – this is truly as the Father sees you.

All your worry and toil is part of your shared experience. Father shares your experience closely with you. He forsakes no one – but rather, is willing always to share. If the child, in turn, is then willing to share with the Father, great things come to pass; both are then 'as one.'

Yes, 'will' your life to God in all its aspects. Understand that you may gain contentment, security, peace and happiness, in so doing. And by sharing and in the giving of yourself, will you find great abundance – even beyond your expectation.

You, my children, are not the first to walk this road of hardship and challenges; many before you, and many to come, will walk this same path. You are not alone in your struggles; you are not isolated by them either, for He who sees all things and knows all things is watching and waiting for the small hand to reach up. This is the conclusion of the lesson for this evening. Questions will be received.

CALVIN: Thank you, Teacher Ham. They gave me the microphone, so I get to lead off. Is Prince Machiventa with us this evening? (Ham: Indeed, you have perceived correctly.) Calvin: Thank you. My love to him for his message yesterday, his direction. Are there any corrections that he or yourself would like to make to what was presented yesterday or discussed so far, today? (Ham: Correction will come as time progresses.) Calvin: Thank you.

ROLAND: Teacher Ham, I was, as you know, the receiver/transmitter to the messages Sunday from Machiventa. You just said: "correction would come in the process of time..." Was the general overall message correct? I am getting a little confused?

HAM: Understanding is like skiing - you may veer off the trail from right to left, yet go down the path. So it is with your understanding of our messages - know that it may error slightly here and there in accuracy, yet in the main the message is correct. Your transmission ability is very good and is getting better. There are only a few minor details transmitted erroneously. Therefore, do not worry overly about it.

KARL: Teacher Ham, I would like to thank you for the lesson this evening. It was extraordinarily beautiful and helpful. I wish all the people on Urantia would have been able to hear it, for it would be very beneficial. I have a question I would like to ask that is somewhat different than most of the questions, but you might be able to answer it: I am curious if any of the people on other evolutionary planets have ever developed interstellar travel?

HAM: Yes. It is so on advancing worlds that they are exploring the neighborhoods of their worlds; and it is to be expected in all worlds, eventually, as communications become advanced and there are methods and technology available to allow this type of traveling. Yet, and even so, usually the area explored remains within the solar system of origin. Interstellar travel beyond a solar system is a very extremely advanced stage of technological development and is not common, though I know of a few instances of its existence.

JOSHUA: Father Ham, changing the subject again: Could you tell us how many Teacher groups are in existence in the United States, and also in the world as a whole.

HAM: Many are just budding into being receptive to a Teacher and some are just flowering into receiving Teacher transmissions. It is like looking into a garden and seeing buds opening here and there, or sprouting, or flowering. There are many; yet you can't say which exactly are flowers, or which exactly are buds. Therefore, I decline to answer specifics. [laughter.]

ROINDA: Teacher Ham, I would like to thank you for the lesson also. I would just like to express thanks to my Thought Adjuster, which I feel has been giving me guidance lately; it is much appreciated. I would just welcome any additional guidance that He is willing to give me.

HAM: You are in good caring hands by those which watch over you, constantly. I am pleased to see your willingness to be guided. So many mortals are unwilling to learn, feeling self-satisfied and complete. Feeling incomplete, and wanting growth and guidance and help, is truly wise and mature. Yes. (Roinda: Thank you and I do feel more and more like I am being taken care of. Thank you again.)

NOLUS: Father Ham, I had tears in my eyes tonight when you gave the message to Marianna. I feel like she is a spiritual sister in that she had shared that transmission with me - that had really meant a lot to me. I have two questions

tonight, one of them is: Many times I think about you coming and making the rounds to each one of us to see how we are doing. Sometimes when I am studying, and sometimes when I am sharing things with other people, I often wonder if you are there. But I don't have the capacity yet to know if you are present, or not. I wonder if there is a way that I could tell when you are visiting and when you are with me?

HAM: You will know when you know, my child. I cannot give you this understanding overnight. Within each person develops a sense of being in mota awareness. This morontial sense of awareness culminates in the awareness also of other morontial beings. As you are progressing within, your soul is growing, and the ability for sensory-perception is growing with it – you will surely be aware of Teacher presence and even communication. Yes, certainly, you are truly well prepared for this new experience.

NOLUS: Mesneur and I wanted to thank you very much for the experience we had last week while coming to the meeting. It is a wonderful experience that we have on the way down here each week wherein we discuss the topics that are brought out here at the meeting. On the way home, we realized just what had happened regarding our pre-meeting discussion – that we had had a pre-knowledge in our discussion of what was to happen at the meeting, and we were just so delighted. It felt like it was a real special witness for us. The other question I have: Regarding the law of tithing that many of us practice in our structured religion. [the LDS/Mormon religion.] I haven't read all the Urantia Book yet, but can you enlighten me on what your feelings are about the 'tithe' and how we should follow what we need to be doing in that?

HAM: No, I cannot; this is a personal decision and choice. One further question is all that Rebecca will be able to transmit.

JASON: Greetings, Ham. My question tonight is real quick and easy: When should we have our first TR (transmission-receiver) meeting/session? I have some deep questions that I just feel and know could be answered in this group. I have desired for this to come about for some time. I think it would solve a lot of problems.

HAM: When you all have decided, we will follow your direction on this. (Jason: Ok, tonight?) [group laughter.]

HAM: If it is group consensus, then of course. It is always my pleasure to serve you. I am aware that Rebecca is very tired, however, and cannot continue in receiving the transmission from me this evening. Therefore, I will say farewell.
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Invitation From Michael To His Present-Day Workers

Daniel, Gabriel, Michael, Machiventa Melchizedek, WOODS CROSS & POCATELLO GROUPS
08-21-1992

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[This meeting represents the first conference of the Teaching Mission Correcting

Time - held up in the mountains east of Pocatello, Idaho in the home of Bill and Virginia Kelly. Approximately fifty people in attendance, many of which camped in tents for this 3-day event out in the Kelly's beautiful nature yard. Their home was strikingly similar to the home here depicted.]

First Meeting in Pocatello, Idaho Gathering -
Friday Evening Session

I am DANIEL. I am your teacher, your friend, and your guide. I welcome all of you here this evening. We have been very happy and excited about this gathering of the Woods Cross friends with the Pocatello friends. The bonding of these two groups will, in future time, create avenues for our mission and will help in further growth.

The coming together of you on this occasion of great importance is viewed in our regard as a splendid event. We are happy to be here with you. The members of the Pocatello group have been preparing and awaiting this event for many months. And so to you, our friends from the south, we wish you welcome. We are pleased you could come with us today to celebrate our Father/Brother and Teacher, Christ Michael's mortal birthday. Myself and Ham, we wish you welcome.

GABRIEL: Our thanks, our love, our blessing upon you all. Father, bless these new apostles upon Urantia. Allow them open entrance into your vast kingdom. Give them strength, courage, and wisdom - to help bring the gospel into this confused world. Show them simple reality, truth - gifts of love, within and without, together and apart, in darkness and in light. Reveal to your tenderhearted children a new and abiding reality that Michael is among them. Amen.

Life is never-ending. Love is self-revealing. Love is my Father Michael's greatest revelation to you, now and forevermore. Love is abiding when all things earthly shall pass. Give each other your only true gift - love; show our little ones the path of love and truth. Commissioned are you all; take upon yourselves this solemn responsibility to my Father, Michael. I say this as His son, Gabriel of Salvington. Michael is present.

CHRIST MICHAEL: My children, it is I. I am the Vine, you are my branches. Open, open your hearts. Allow, allow me to be with you. My dearest children, I wish to gather my disciples from across the land. You who will be my present-day workers, sow the seeds of your foundations well that you may be the planters for the generations to come on this sphere which has so long, too long, been cut off from direct input. This I know. I trust and have faith in your inner-beings, your true selves, your willingness to be the harvester of souls. I am deeply touched by all of you!

Open now your hearts. I will now touch all of you with my love [pause.] I am always with you, always aware of your struggle. Do not ever feel that you have been forsaken. You will be the impetus for my rebirth. I love you all.

Reach out now. Hold my being close to you until you are with me in the Isle of Paradise. Sow your seeds deep; water them with spiritual waters and allow the rays of warmth from the Son - for that is who you gather your strength from. Yes, I am He, and will never fail you. My peace to you all. Carry on.

DANIEL: I, Daniel, am speaking for all of the Teachers present and all other great and loving celestials. We are humbled. We are sincerely in awe and thankful for the words given by our Lord Christ Michael to this group this evening. It is indeed a humbling experience for all. Put this into your hearts and come to the realization of the importance of this invitation to each who hear these words.

This is an individual calling and personal request by Christ Michael - to be His disciple. Think hard upon this! Allow this! You will be transformed by this great task! You who choose to follow will indeed be blessed with many joys, and yet, many struggles; yes, for following the path to the Father is not easy, but with the support of love from the Father, from Michael, you will endure.

The presence here this evening of so many is a welcome and most joyous occasion on both the human plane for you, and for we who are unseen. And now there is another messenger who would like to address you. Machiventa will, with Rebecca's permission, address you through her.

MACHIVENTA: Children, it is pleasurable being here tonight witnessing this great moment of your holding steadfast in such faith levels. Remain complete unto yourselves with clear vision, steady hearts, and willing hands. Michael's will will be carried forward. Remind yourselves of His perfect presence beside you. This is our commission to you: 'Remember Michael.' This is all. Good cheer. Good evening. God's peace go with you, forever.

DANIEL: My friends, tomorrow there will be another lesson in the morning. This is enough for tonight for you to digest. Ham and I both are pleased with our students. Our love to you all. Good evening.

Back

See Ourselves As Michael Sees Us
Ham, WOODS CROSS, UTAH 09-07-1992

Back

I am HAM. I am your Teacher. Our lesson this evening includes our lesson from the previous meeting. We are extremely pleased with your new-found courage and your new-found openness which will surely guide and instruct you in the days to come. We are expecting much change and intense goals among you all, which is indeed exciting to behold.

This is also a time, however, which can cause some unsettling. When there is such unsettling - which can and does occur - there can also include panic, fright, and withdrawal. In this, you must be patient with your brothers and sisters who are in this state.

All our efforts are focused upon you all. We are aware of your doubts, your feelings, and your fears. No one is above any other, for all are equal in God's eyes. All of you are equally precious in His sight, yes, you are all in His divine awareness, constantly.

Michael, Himself, is always aware of your feelings. He is ever ready to assist you in your struggles; whether they be personal, inter-personal, material, or whatever is the cause, Michael is always understanding. Remember the life He led among you here. Michael's life was full of self-doubt, turmoil, struggle, and yes, those most poignant moments – all these vicissitudes of life He certainly possesses within His understanding; but know that this understanding extends into each mortal life through His Spirit of Truth.

Michael is always aware of you, personally. He is, as is our Father, understanding of your shortcomings, or the shortcomings which you perceive you have; His perception though, is much different than yours, for He perceives your real identity, your real self, which is above any of these minor self-doubtings.

Children, you must begin to see yourselves in glimpses as He sees you. Understand the confidence He has in you. Understand the love He has for you. Begin to experience this within your souls and it will create within you such a feeling of self-confidence that nothing can intrude in this space of being with Michael. Yes, this place where your soul and His can touch is beyond any other consideration that you may have; it is beyond words; it is beyond life experience that you have had so far; beyond any doubting. It is, and is always, your faith.

Life from now and forward is taking on aspects of morontia being. You will see life, people, and beauty in nature, through the eyes of the spirit – these eyes will not deceive you. Trust yourselves. Trust your inner vision. Life is sure to move on in its bumpy way, yes, but you will now have the ability to stand aside and observe; you will have the vision to understand a more complete wholeness of life so that you will not be buffeted back and forth by the extreme vicissitudes of living in this world.

Faith will lead you! Faith will accompany you! Faith will transform you! Faith will become your reality! Faith and trust are the two ingredients of evolving your eternal soul. And this soul – when so evolved – will cease to live without faith and trust. Trust always in your inner God, your own inner light, which is struggling to guide, protect, and become your entire life. Trust in Father Michael, for He is always present and awaits your ability to receive Him. You will all receive Him, personally, and will testify to this fact to your brethren who are in such need.

This new reality is coming into the consciousness of many, many people; they will be ready to hear the saving message of Michael, which He will so soon deliver unto the world on a global level. You are to be His workers and will comfort those in distress, for you will guide those into light who sit in darkness now. Yes, you will do much saving work in this world. For now, you must simply know how much you are loved. When you understand how much you truly mean, then will you be ready for service; then, will all of life take on a new and meaningful aspect. Surely you are experiencing this now in your daily dealings with people.

How many of you have touched someone with a kindness, a smile, an openness, a willingness to assist even in the little things, yes. Jesus was always very fond of doing little things for people. Find that in yourselves. Begin your ministry on a personal level. Every person is precious. You will begin to see their value in God's

eyes through your new spiritual understanding and spirit-vision.

When you see the value of your fellow brothers and sisters, you will want to assist, you will want to share, you will want to be helpful. You will want to love them as God loves them, for you – each and every one of you – are truly becoming more and more like God every day. You know in your hearts that this is so. Long you have been on this path. Yes, you know! I will answer questions at this time.

RACHEL: Father Ham, that was really beautiful and I thank you. This evening we have a newcomer, her name is Janet M., and she is Honoray's daughter. We want to welcome her. (Ham: Extremely glad am I to welcome you.)

RACHEL: Thank you. Also, Susie B. from Hawaii called – they are requesting a Teacher for their group. Would this be possible? (Ham: Yes, it is. I have already assigned a Teacher for them.)

RACHEL: That's wonderful, they will be thrilled to death when I call and tell them that. Also, Father Ham, when Elaine more or less resigned and said she is not going to work with Spartnik anymore or have anything to do with this Mission, and then Andrea also told me that she is not going to be a part of our group anymore – I was really surprised and somewhat shocked. But when I received a letter from Melissa, and then finally talked to her today on the telephone, she told me that she is no longer going to be a member here and is resigning completely. She said that she, also, is not working with Spartnik anymore, and just doesn't want to have a part of it. I am really sad and I am baffled. This is such a loss to our group/family, Father Ham, and I am sure that you know the reasons she gave to me in writing, and also verbally on the phone. That is all.

HAM: Be not of sadness, for our daughters are well looked after. They are following their best judgment and we should not judge them. Open your hearts to them, always. Receive them when they return, and know that this time of trial is necessary. Do not try to force anything.

JASON: Teacher Ham, I had deep thoughts of Melissa and Andrea last night, and I had a feeling that, together with Elaine's negative experience, there was a publication that they might have been exposed to. The author of this publication, Bruce McCoy, authored a paper called The Pilgrim. In this paper, he states three possibilities for an explanation for the receiving/transmitting. One of them is that rebel midwayers of Caligastia's lot is to blame. We have all experienced discussions regarding this allegation and have dealt with it. The second one lies with the mind simply 'forming these transmissions out of thin air;' and I hope we have all dealt with this, considered this, as well. The third one though, is very clever and does take reasoning in a spiritual sense – that this is a deception by, of course again, those rebellion midwayers, or what have you, to delude people who are first exposed to the Urantia Book, to create a somewhat state of confusion and a diversion. This one I reasoned with also. I have concluded that you, and the rest of the supernal Teachers, have inspired and have organized our groups to initiate the teachings given through the Urantia Book, and I perceive your teachings are absolutely to be a companion, completely. I feel that our fellow sisters might have received this Pilgrim publication, and that it helped put them in a sense of disbelief. I am

wondering if we can change this thinking with an approach to them as brothers and sisters, which we all are. All of us know Melissa and Andrea, and they are both capable spirits in discerning truth from error. In this challenge, we have each been strengthened. You say not to interrupt, and I understand, but is there anything we could do to support them? They have already experienced your kind and loving words. I would personally wish to do this, speaking for myself, to go speak with them.

HAM: It is yet too soon to begin this dialog. If you wish, of course, it is your own free will to do as you best see appropriate. Be considerate of the time-factor which you will be led to understand.

JASON: I understand. Thank you, Ham.

NOLUS: Father Ham, I really wish to thank you for the lesson today. It is remarkable to me how you absolutely were able to give me what I needed for what I was feeling today, and I am sure many others, after what we experienced last night. I appreciate having your definition of my feelings, so that I could kind of get a perspective. I feel well-nourished and almost like one of those people who needed to isolate for a while. But coming here has really helped me to make sense of what I was feeling, and I very much want to say thank you for meeting those needs. And, I thank you very much that I was able to be there last night to experience a part of this new communication. It is very exciting to me and I am very grateful to be a part of this group. I am very grateful for being led here. I am very grateful to have my Teacher. I think her name is Rose. Sometimes I have some difficulty in getting the names correctly, but I think her name is Rose. Again, I thank you for being able to meet my needs.

HAM: Nolus, your Teacher's name is indeed, Rose. You are progressing fastly, even beyond yourself. At times you will feel unbalanced for this rapid growth and must take time to catch up with yourself. You are a great woman in our mission calling, and you have indeed, a great destiny, both here and in the next life. Your name is destined to become well known. Take care of yourself, for your mission is beyond yourself. You must understand that there is much which will be asked of you; and I say this to each of you - you must be willing to put aside your own selfishness and begin your new life as apostles of Christ Michael. This process of letting go - letting go of yourselves into the new phase of your lives, may extend over some time. Yes, this time, though crucial, will become your most precious time, for you will look back on these days of great decisions as your most cherished moments on Earth. Love yourselves enough to allow yourself your own greatness in becoming.

ONCLIVAN: Teacher Ham, I've got a question I would like to ask. I wasn't going to ask it today, although it has been on my mind a lot the last few days, even the last few weeks. And when I heard of the resignation of the three people who have been involved in the transmitting process, I thought it might be an appropriate time to bring it up. Maybe it's not something to be overly concerned about, but possibly something that could be addressed and that maybe we need to work through, or at least to know your directions on the best way for us to proceed - a way to maybe lessen this type of thing happening, and also maybe cut down undue or unnecessary criticism from other people who look at this process quite critically. It is concerning the transmission-receiving process. It just occurred to me when I heard

of the resignations tonight that if the people had been fully prepared – as is, let say, Rebecca, where the words come in very strong and forcefully, and there is no doubt that it's an 'otherness' and not of their own thinking – it seems to me that there wouldn't be the tendency or the thought of resignation or dissension, no matter how much trial a person might have, because they would know of a surety that they have received a message. I wonder if sometimes we might be pushing this process a little bit too quickly. For myself, I received a lot of encouraging words at first, a few months ago, as I began starting to write my thoughts as they came. At one point I was even about to become involved in the transmission-receiving for private sessions. But I know now that had I done so too early, before the words really started coming clearly, the same thing could have possibly even happened with me wherein doubts could easily set in. This is something where a person almost feels like they are perpetrating a fraud type thing, because even though their intentions are good, they aren't in fact yet receiving it in 'otherness,' and it seems very much the same as one's own thinking. I wonder if maybe we shouldn't wait, as Rebecca apparently did, until the time where we really do receive these words stronger, even with our own private sessions.

HAM: This was not the case with Rebecca. Her first transmission was public and is on record. All of her transmissions have contained her own human coloring of my words; and it must be understood by all who are receiving these messages that your own intellect, your own word-forms, your own understanding, colors these transmissions. It is alright! It is part of this plan! We, who are the supernal transmitters, understand and know the minds through which we transmit, very well. Also, we understand and know your life experiences which are tending toward leaning our teachings in certain directions. You must be concerned with keeping these transmissions as clear as you can, yes. You must be concerned with emptying your mental processes of your own prejudices and thoughts. There are many many times when Rebecca's transmissions have been colored to the point of losing my pure thought – yet we have persisted, and are persisting with all who have come, and, all who are hearing these transmissions. I say, enough of the purity has gotten through that they are standing up to scrutiny. This is all that I hope for, and it is less than Rebecca hopes for – she would wish that all of her input was erased. I do not wish this, for I enjoy her unconscious input – it is refreshingly humanly clever and personal; it expresses myself well. Are you beginning in your understanding to comprehend that this is a partnership? it is not purely a oneness, as you say.

ONCLIVAN: I understand, of course, the coloring of the words and sometimes where the other thoughts could mix in and then leaning toward a certain misleading area. The part I don't understand is because of comments you made about a month ago. And when I have talked with Rebecca, she said she very much wanted her receiving to be clear; and therefore, your words had to come in very forcefully word-by-word format before she would be willing to speak them. I think even though it might be colored unconsciously by us, as you say – if we had it come in more forcefully, as in 'word-by-word' – there wouldn't be any concern. The concern I think with many of us, and I know myself, is that it has been almost entirely 'like our own thinking,' and not a strong 'otherness.' This is where any person could start saying their own thoughts, which could be somewhat very good thoughts if we have read good books. And we have all read the Urantia Book, so how do we know that our reception is from the supernals? I am seeing that already in our Teaching Mission where there are many

times when the messages are different when even on the same subject. I am just concerned – if the process is to become more of an ‘otherness’ where it is undoubtedly clear, that at least the hope of that will happen sometime before we come out so confidently and claiming that we are hearing supernals when it’s just possibly our ‘own thinking’ – especially where that is open to mistakes which can, and does, bring a lot of unnecessary criticism from other groups. As well, such experience and the confusion is causing guilt when one says they are receiving messages from a Teacher, but is perhaps only their own thinking. This is what has been my concern.

HAM: Each must sort this out for themselves; it is for each person’s own experience. Each is different, and will always be somewhat different from each other. You will, in time, come to your own understanding of your Teacher, and of your messages from on high. At present, you are confused in this and are perhaps needing to relax.

ROLAND: Greetings, Teacher Ham. I have good news that I am sure you are already aware of: The area coordinator, Marian Smith from Winnipeg, Manitoba (Canada), I contacted Sunday. I told her of the information that I have regarding the Teacher, Horace, being assigned to their group. Her comments were many, but summed up in the idea that she had been waiting all her life for this telephone call. She is very excited about it. I plan to send her transcripts from your teachings, and transcripts from Tallahassee will come from Vincent (Fred H.). I got a vision-like last night of Horace with a great grin on his face, being happy about the fact that they now know of him. Can you confirm these things?

HAM: All will, in time, come to know of our Teaching Mission and will all be invited to become a part of our great and growing group of believers in Michael's Correcting Time. All will need nurturing and guidance. You, my son, have understanding of your role in this. You are clearly on a path, a mission-calling. You do well and are clearly well chosen for the task.

ROLAND: Thank you for those kind words. I am recognizing that a mission-calling is evolving for me, and I am so pleased to be a part of this endeavor. I am constantly amazed that I am so included; and the realization of it all seems to be coming more clear. I'm grateful.

HAM: Again, remember to set yourself aside for your greater self to function. Love yourself enough to allow yourself to be who you are.

GLORIA: Father Ham, I just have a question pertaining to what I have to do. I feel like I am very dedicated and very committed to doing the Father's will, although I haven't had any supernal teacher come to me yet. I don't know what I am doing wrong. I just need some guidance.

HAM: Gloria, you are, in fact, a very looked-after person. You have a great watchcare staff who look over your daily existence. You are not doing anything wrong and I wish to lay aside your self-doubts. You are beautiful and truly gifted in very, very many ways. You are an angel in human form walking among a very mortal world, if you understand me. You are coming into an understanding of your deep commitment to Father – which understanding has been growing all your mortal life.

This deep commitment, and the great courage which you possess, will be your strength and guidance through the trials which lay ahead. Be unconcerned over a Teacher's contact, for you are assigned a very experienced Teacher who will, in fact, contact you soon. Your life is rapidly changing, and you will be in need of guidance which will be there when you need it. Be aware that you are cared for always, in all circumstances, all your days. And again, love yourself enough to allow yourself to become your true self.

GLORIA: Thank you very much. Also, I have my brother, Joey, with me tonight. He has had several experiences that he is really concerned about and just needs some confirmation.

HAM: Truly you are blessed of God, my son. You are indeed, a noble truth-seeker. You have come through much experience in your short years. You are continuing to grow and develop along the lines which your Father in heaven has laid before you. You will come to a great understanding, in time, and will be a great leader for many who, even now, are your associates. Be patient with yourself; allow yourself time in this awareness. Be comfortable with your understanding, for your understanding is unique to you; no one else will have this unique perspective. Is this helping?

JOEY: Yes. I also have a question on stillness: When I meditate, I feel words of direction or comfort are ready to come to me, but I keep them away maybe? Maybe I am scared or perhaps don't have enough experience yet?

HAM: No. Experience is of no great concern at this time concerning these messages. Be in awareness that you are loved and cared for, as is your sister. If you understand this great loving care, which exists without and within you, you will become more self-assured in your transmission of supernal messages. It is always a time of testing when you must witness to what is real. Are you understanding? (Joey: Yes, I do. Thank you.)

CALVIN: Father Ham, I would just like to express, in behalf of the group, a thank you for the love of Michael which you have presented to us this evening, and through your teachings. (Ham: And I thank you, Calvin.)

WILLEENA: Father Ham, the question I have is with regard to emotions, which is a human experience, and one that we have dealt with. At this point and time in our history, we have not known how to deal with it very well when it comes up in people's lives. I noticed when the announcement about Melissa was given, I personally felt a loss; and I experienced that feeling of loss from Onclivan's question also. I assume others will also miss her. Even though I really do understand your answer regarding all this - which is to trust, to allow, and to continue in our own growth. Would you please give us some guidance with regard to this emotional aspect of ourselves - and, how to truly be in alignment with Father's will with that part of ourselves - as well as our understanding, mentally, of our continuation of this work in a physical way.

HAM: You need not miss Melissa, for you can remain friends. This is not judgmental on either side. Melissa is a strong, beautiful and spiritual woman, and always will be. Remain her friend. Do not close doors; it is not necessary.

WILLEENA: Thank you for that. I would now go to the heart of the question that I would really like to ask. You realize I am working quite a bit with my emotional state; and I think that is a real need in our society, and in our spiritual growth as well, because it has been something that has been left out of the picture quite often in our evolution – probably because our emotions can be so volatile, they feel very disconcerting and I don't think there is many in our current times that are very adept with handling that part of ourselves. Again, is there something that you might offer us with regard to when this aspect of ourselves shows up, these upsets? Usually, we handle the joy part of it pretty well; the pleasant side is not difficult at all, it's the upsets that are difficult for us to handle. In general, I see people dealing with emotions when there is an upset. If a negative part of us is in denial, then we don't talk about our feelings, or don't bring them up; it gets shoved to the background and we go on as if these denials aren't happening. Is there something you can say to this? Because I also believe that it's a part of our growth to address these parts of ourselves with more honesty and integrity.

HAM: Yes. Emotional self-control comes naturally through spiritual growth. Emotions can hinder the growth-process by being blocks to love. These obstacles to self-love, and to understanding the enormities of God's love, are important to be addressed. All mortals experience these emotional disturbances (or emotional fears within) to greater or lesser degrees. When you have succeeded in casting aside these difficulties, which comes about through much effort, and have come into the spiritual boundaries which enable you to look back and see the road you have come up – it is at that point you will be able to more readily control these emotions; they will not control you. This I say with the assuredness of one who has experienced this same process in my mortal state and, in my morontial state. In time, your spiritual real self will be controlling your lesser self; and this process, although it is a struggle, you are sure to win. The emotive part of 'being' always cries out for attention and control of self. In time, this crying will lessen and lessen and lessen, until you hear it no more. Be assured this is true.

WILLEENA: That's wonderful. There are a couple of things in there that I want to understand. In this crying out, this emotional crying out, is that partially caused by the fact that we are evolving? You have said several times tonight to different people, "to love ourselves." And, for instance, you spoke of how children are often mistreated; and not always with 'conscious' intention on their parent's part, but 'unconsciously;' I wonder then, as we are getting more clear and more spiritually attuned, if those needs will be more automatically attended to in our children, and even in ourselves – the child within each of us. And therefore those emotional states will not need to cry out quite so much?

HAM: Yes. You are in understanding. And also, this greater spiritual self, your true morontial being, will triumph in the sense that you will not remain hurt anymore.

This concludes our meeting tonight. I am pleased to be your Teacher. I will always remain your friend and will ever be here for you. Farewell. [Cannot find September 14th meeting – to be added when found.]

A Message From Our Most High Father, Oliver. A Message From Michael

Oliver, Michael and Ham, WOODS CROSS, UTAH

09-21-1992

Back

Greetings. I am OLIVER. [Long delay.] Greetings. I am here with HAM. Excuse the delay. In extending myself into this area of communication it has required an alignment with which Rebecca is unfamiliar; [delay again.] and now, after some adjustment, it is in an easier frequency. Excuse me and I extend apologies. [More delay. Rebecca relayed to the group after this transmission that the energy level of Oliver's transmission was "off the charts."]

Yes, I am Oliver. Ham is also present in the case this communication breaks away. This communication is more difficult, in a sense, for it is requiring a certain linkage which is incomplete regarding Rebecca's status and her spiritual development. It was requested, however, that this communication proceed.

I am a Vorondadek. I am here in the capacity as Teacher for this evening. I have been asked to deliver a message from the Most Highs of Edentia (our Constellation headquarters).

As pure water is waiting for sunlight, we are awaiting a wondrous worldwide event. This eventual understanding, in a most wonderful way, is becoming clearer in the eyes of those who are waiting.

There will, in time, happen that Michael's presence will be understood and known by all on your world. His glorious being is here in His limited way. He, in time, will make His being understood in an unlimited way. You are all understanding this great truth, the truth of His pure being which is here this evening.

I am MICHAEL: All of my branches are part of my vine. I receive you all as myself. When you embrace each other, you embrace me. When you love each other, you love me. When you help each other, you aid me. Look into the eyes of a child – see me. Hear all of God's words from each of His children – hear me. Tell all of His great love. [Onclivan's child was in the room and crying.] Love this little child. Calmness will pervade. Allow your love, freedom. Allow yourselves, freedom.

You are all beloved more than you can ever comprehend during this short life. [child still crying.] Love this child, love. Of all our great creation of a vast universe, our Urantia is home to me. My beloved world, I am here. All of this world is destined for help. My children who hunger will be fed. My children who thirst will have water. Yes, my children who seek living truth will be watered and replenished by my being. Faith, children, faith in me, and in each other. Carry on.

OLIVER: Ham is awaiting to address you now. I am Oliver. Farewell.

HAM: Children, all is well. You are all in preparedness for your spiritual alignment with Michael. He is present. He is always waiting to enter your home, to enter your 'self.' Know His love for you is equal to that of the Father. Know that His interest in you is no less than that of the Father. He is ever ready to assist you in your daily lives. He is ready to help carry your burdens. He is ready, yes, to stand beside in helping you, comforting you, leading you.

The Master has come in order to bestow Himself upon each of you, equally. All of our understanding is surpassed by this great deed. How great is His love for you that He has come! How great is His love, children! Even am I in incomplete understanding and full comprehension of it. Tonight, our questions must be brief.

RACHEL: I am overcome. I don't know what to say, Father Ham, so please bear with me. [pause.] This evening we are grateful and thankful to have two guests with us from California. They are from Andrew's study group. They are Joan and Joe LaVine. We want to welcome them.

HAM: Yes. In welcoming you, we welcome Him, who is within you. Yes.

CALVIN: Teacher Ham, I thank you for helping to present to us Michael's presence and message; and, for Oliver's message from the Most Highs – I think I speak this in behalf of this group. I would like to ask if you would have words for us in our discussion on how we can individually prepare ourselves for this great event to happen. Is there anything more you would advise, other than to increase our faith in our daily lives, which we have discussed tonight, and seek Father, a greater understanding of Father, and feel more of His love. Like Rachel, I don't know what to say, other than that.

HAM: My son, Calvin, all is alright with you. Always release your love. Allow this love the freedom to flow, to ebb, to change course in your daily activities. Think of love as a flowing stream which swirls in places, flows in places, spills over in places. Love is a great reality. Love is a living reality. That is all.

WILLEENA: I, too, was deeply moved. I heard this before, but it soaked into me more this night – that within each face, each pair of eyes, there is the reality that we are addressing the Father who reflects from 'within' us. I suppose all I have to say is thank you for all of this understanding; it touches so to the core and brings hope. I love you.

HAM: I am pleased with your loyalty, your steadfastness, earnestness, and devotion.

MESNEUR: Who is Oliver? Maybe I should have asked him when he was here.

HAM: It is alright. Oliver hails from Edentia [our Constellation headquarters world] and is a Most High Father.

MESNEUR: When I have been working on this love, one thing that I do is recognize that everyone has God in them, everything has God in it. We are all made out of the same kind of atoms, materials. And it helps me to recognize them as we are all really connected, and so when we do something to someone, they really are connected to us and it's almost like we are doing it to ourselves. And it helps me also to know that we are here for experience; and therefore, when someone doesn't do it in the same way as I do it, I recognize they need a different experience than I do; and this helps me to allow them their experience without judgment. I have been working for years to have this unconditional love; and what you are saying about it – I feel like that is really the answer to what we are all supposed to be arriving at so that we will be in preparation for the connection that we need to make for our eternal

lives.

HAM: Yes. How is God's love conditioned except by mortal will! Father's love is all-encompassing, all-awareness. Duty it is to prepare your own house for His dwelling place – not to judge another's house of its preparedness, for often there were times when your own house was unclean. In your remembering that all are your brothers and sisters, and that judgment is not entering into this relationship, then this relationship is open to receive.

WILLEENA: Father Ham, I am in understanding that each of us are to reflect the Father – to look into each other's eyes and see that in each other. I personally realize that I, and others might likewise, have a difficult time seeing that reflection in myself. Looking in the mirror, I would like to see that reflection of Father within me. Might you say some words to this for each of us?

HAM: I am in understanding that what you are seeking is the goal of perfection, in a sense. Know, my daughter, you will come into alignment with Michael's true spirit and will see the Father everywhere in time.

WILLEENA: Is there something particular I should ask of Michael to come into this alignment? It was suggested in our study group we could try asking Michael if we might be privileged enough to step into His mind, and see through His eyes, His love?

HAM: Yes. You are privileged to do so, even now. You will understand more in the future. For now, be yourself. Worry not. Keep your spirit, searching. Lose not your hunger and thirst for truth and love. You are becoming more than you were yesterday. So patience, my daughter, time will show you. You have an eternal existence. Have patience – patience with yourself. That is all.

WILLEENA: Thank you, Ham.

All of our time has now elapsed. I am happy to have been here this evening. All my love and prayers are with you. Keep your inner sanctum strong. Don't be swayed unduly by erroneous thinking. Trust yourselves and Father. That is all for this evening. Farewell.

The True Believer is Free of Self Doubt | Worry Not Over the Matters of the World
Ham, WOODS CROSS, UTAH 09-28-1992

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[Prior to tonight's lesson, it was announced that Abraham would be conducting private interviews in the upcoming weeks with each member of the group, in groups of four.]

Greetings. I am HAM. I am your Teacher. I am happy and glad to welcome the return of John and David, who have, in their efforts, greatly facilitated the Missions' plans. We are in debt to you both and are ever grateful for your service. [Editor's note: John and David are the Blackburn brothers – Joshua's sons and Rachel's nephews, both returning from Naperville, Illinois from a Mission assignment.]

This evening's lesson is concerning growth. You are all at a growing stage which is requiring much spiritual nourishment. You are each in need of personal relationships and interpersonal relationships, which help to foster and promote this growth. Hard is this at times, for when you are alone and are feeling insecure, you are tending towards self-doubt.

Self-doubt is not becoming to the morontial progressor. The true morontial progressor is, in a large degree, free of self-doubt, self-worry, or self-pity. The morontial progressor is happily secure in his place in the cosmos, and will dutifully carry forward his guidance, his divine inspired guidance, with little thought of the outcome. The only thought of the morontial progressor is to carry forward his duty; it is not his place to judge the outcome – and therefore by so doing, judge himself of his own performance.

Only Father can know the ultimate outcome of one's acts upon this world. You who have limited sight (viewpoint) have limited psychological understanding of one's impact upon the world. True impact upon your fellows is difficult for you to ascertain; therefore, it is best to leave it 'as it is,' not to worry over it or to cause inner doubting or turmoil over it.

Every person comes to decisions in life which affect not only themselves, but many people. Always understand that you may, at these critical times and at all times, come forth to your Father and seek His guidance, for He is never failing and is always help-providing, even if you misunderstand the help.

Yes, sometimes we feel abandoned by God for we are limited in our seeing of Him. He is always working for our best interest; therefore, when you feel this way (abandoned) know this feeling is temporary. Most assuredly it is, that one can look back on those times and perceive the immense amount of help which you did receive, even though you didn't perceive it at the time.

I am sure that you have all understood this lesson. When Father truly needs you to act, you will know. Have no fear or doubt of your understanding of yourself, or of Him, for when it is essential, His guidance will be prominent. His guidance is becoming clearer for all of you here, yes. His guidance is becoming an all-encompassing desire of His will, for you are becoming truly a divine creature.

Worry not over matters of the world, for these things will take care of themselves. Seek instead the divine and pure – the heavenly kingdom, in place of the human world. And of course, when you do this in all that you seek to accomplish, surely you will succeed wherein 'your will' touches that of 'Father's will' – and this is the only success which counts in this life.

Truly you are mastering your lower tendency and replacing these impulses with those of divine inspiration. Hearts are becoming opened around you – have you seen this? Hearts are becoming receptive to your words. Place words of hope and comfort into these newly opened hearts and you will see a great change in them.

One day you may be called upon to water many fields. Prepare yourselves to be this living water. Begin in watering those closest to you. This living water is the

substance of life. It is the core of truth and the essence of reality. One day you will surely be asked, in both large and small ways, to feed the spiritual hunger with the living bread of life, even the bread which our Master, Michael Himself, has given, and will give.

Remember how Jesus broke the bread at the Last Supper and passed it, and the next man broke the bread and passed it, and so forth and so on. This symbolizes the living bread of life which our Master so humbly has given this world. It has been passed on now so many years. Very little remains of the original loaf and still, the world hungers. Michael has not a deaf ear, His ears are always open to His children's needs, and He will feed now His little ones again.

Indeed, blessed are you who have heard these words for you are the first to receive. You are the first obligated to pass it on. Michael is pleased and accepting of your being. Open are His arms to receive you, His children, His little ones. Spiritual nourishment and strength are your rewards. Service is your joy. Happiness and everlasting life are yours, eternally.

Verily I say unto you, that you will hear Michael's words proclaimed throughout the world. In this, through your morontial understanding, your morontial vision, you will live to see His coming again. Prepare your hearts in openness to receive Him. Receive His words, no matter where they seemingly come. Open your lives, make room for Him, He will not fail you. Our beloved Michael is with you, as is our Father, at once. I will receive a few short questions.

WILLEENA: Father Ham, I had a question come up in the last few nights and I wanted to ask you: In wanting to serve another in our lives that may be struggling, how do we approach our Thought Adjuster to approach their Thought Adjuster. Is there something specific that we need to be conscious of to respect their free will? Or, can we simply send a message that we wish that contact to be made for their highest good, in accordance with Father's will?

HAM: Your question shows high understanding, indeed. You are quite right in adjusting your will to Father's in all requests. You are correct and right in praying such, for you are indeed a great catalyst for spiritual transformation. Those who are touched by your living light are never really the same again. You are correct in humbly taking it upon yourself to be as an intermediary between God and your fellows. You are correct in doing this with humility and always seeking guidance. You are correct in attempting to help where you see a need. You are correct in asking Michael's assistance. And, you are correct in your reasoning over this capacity, for you are truly wise when you make yourself small. Yes. Correct.

WILLEENA: Thank you. Another aspect of the question is - when I see that person in need, is it true that because Father always awaits a request, or a welcoming in, an invitation, and if that person says he is not spiritually enough attuned to ask for this, then I, or another seeing that for them, make that request to that Thought Adjuster for them? Am I on track with that? or is it simply a welcoming in request for Father to help their willingness to open?

HAM: In this matter, there is a difference, yes, for you cannot welcome Father into

another's psyche, for this must be done by that person, alone. You can provide insight, love, and clarity for this person, yes, but you cannot make their decisions.

WILLEENA: Thank you. That clarifies it. I appreciate it, Ham.

JASON: Teacher Ham, I truly appreciate that lesson this evening. I sometimes find myself viewing myself with a retrospective attitude, and I know that fear is once again installing itself into my thinking. I have the reasoning of love to cancel that out if I will just do it. I can see now that a 'forge of bravery' is necessary to ensure my personal comfort in my position – spiritually. (Ham: Correct.) Jason: I can feel that now. Thank you very much.

HAM: Yes, it is a great intense all-enveloping form of bravery which enables one to live in the moment. When we slip into fears and worries over past or future, this is a little cowardly. Bravery it takes to stand firm in a decision and to live firmly in each moment. Yes, it is a comfort, this bravery, for it will shield you from the unneeded anxiety. Yes, this bravery is available always; yet, is forgotten often and easily discarded as we slip into old forms of thinking. It takes much more courage to let go of comfortable old thought patterns and embrace new thought patterns, than any other type of courage. Physical courage is not comparing to mental courage. Mental courage is much stronger. Yes. You have understood correctly.

NORWOOD: Teacher Ham, yesterday I was in balance and I felt really comfortable with my spiritual self and my physical self. But this morning when I woke up, my spiritual self was out of balance, felt uncomfortable; I felt that there is a change occurring and I had that feeling most of the morning. As the day wore on, I became more comfortable with my spiritual self. And when I came in this evening, I heard the news that the group would be receiving interviews from Abraham, and listening to your lesson this evening it is giving me better understanding and strength. I just wanted to thank you for your beautiful lesson this evening.

HAM: Yes. Seldom is it possible to maintain perfect balance in this earthly existence. You are all human, and this aspect is your most precious possession. Your humanness is your basis; it is not to be shunned or ignored for it is precious in God's sight. Your eternal being is based on this humanness, yes, for without your human nature how is it that you could be personal? Make not the mistake of trying to be so God-like that you forget your human basis. Jesus made not this mistake, rather did He integrate His human and divine nature into one balanced personality. All of you are in the process of integrating higher spiritual realities with lower human tendencies; and this process can be imbalancing, upsetting and tumultuous at times; it is all a part of growing, yes.

I am now in need of retiring for the evening. At Abraham's request, I will give you the first roster of individuals slated for his private interviews. Nalus, Ellen, Ellanor, Norwood. If you can arrange this meeting, please do so this evening, Abraham will take note and be receptive to the time.

I must leave at present and will return next week at our regular scheduled time. Our thanks and gratitude to all who are present. Farewell.

Only Love is the True and Abiding Influence Upon Children ~ The Ultimate Buffer
Against Hate

Ham, WOODS CROSS GROUP 10-05-1992

Back

Greetings. I am HAM. I am your Teacher. Our lesson this evening is about love. We are all in a process of learning to enjoy greater freedom of love. When you are small your circle of human contact is limited. As you grow in years your circle is extended. When you are given this situation of extension – first is love there; but all too often in these formative years when you are learning to imitate your fellows is love restricted. I shall elaborate:

Children are, naturally, loving beings. This love should be fostered and nurtured in them, giving them ample opportunity to extend their love beyond the family circle; and by that example, the parental fortitude in exhibiting love is a strong influence. For example: If the parent suffers hurtful behavior from another, and yet exhibits forgiveness and love, the child is in understanding; this awareness and understanding is passed on to the observing child and exhibited to others through the child.

Children are naturally wanting to broaden their moral horizons for they are very much aware of the feelings of injustice and unfairness towards themselves. When children are brought into an environment of trust and love they naturally follow this example, readily. Naturally, will they want to show their fellows that they can exhibit forgiveness – for children dislike to hold a grudge; rather would they like to resolve disputes, quickly.

It is unfortunate but true, much erroneous learning is constantly bombarding and impinging upon children in this world. They are always seeing erroneous and hurtful behavior from their peers and their elders. Little wonder is it that children, who are great imitators, are now in crisis for they are only imitating their perceived world-reality of adults.

When this world comes into a great enlightened awareness – then, in one generation, children will cease learning war. In today's world, where wars are rampant and chaos is everywhere, children have little understanding of true reality. How saddening it is to observe their pitiful actions.

You, as the parents and the very leaders of the next generation, have an awesome responsibility in child-upbringing. Yes, it is difficult for children to be non-conformists. They tend to want to conform with their peer groups, and you are as a lone influence compared to a whole world full of influence.

How then are you to really touch a child's life? I say it is through love – through love, always! Reason with them intelligently, through love. Be great enough to show these little ones a better way each day; then will this seed of love be planted for later growth. Children all respond to love. Show love always.

Teach not the higher things of the kingdom to children. Allow the children to find their own realities. Love, and only love, will be their guide, as love has been

yours. Fear not that they may grasp onto false ideas, but concentrate on their ideals, instead. Yes, courage, loyalty, love – these things will be of greatest influence if exhibited by you – not by 'telling,' but by 'being.'

All of you here are the products of your influences. All of you can think back to your innocent days when your impressionability was greatest, and remember an influence in your life. These children are now in such need of good influences that you can even visually see their longing. Yes, it is correct to want to explain your reasoning sometimes, yet it is unnecessary to be overly complex.

Children yearn to do right; children yearn to be good; children yearn to understand truth; they are your most precious future. Our children's world should be better and more peaceful than this present world. Better – meaning not in the things of material nature, but richer in things of the spiritual nature. Bringing this awareness is very important. And again, it is through love that it is so.

A day will come when the “nations shall no longer learn war” – that day is approaching; you are its harbingers; you are its forerunners. Our work, our efforts, are not only for a few but are destined for all – that all peoples shall live in peace; that all men are brothers. I say, "all men" meaning 'mankind;' and, including 'all children.' Yes, all are family. And in this day, there will be no more hatred. Ponder this. Enjoy your evening. Farewell.

Inner Signs are Morontial Insights | Crystals Help Direct Energies

Ham, WOODS CROSS, UTAH 10-12-1992

Back

Greetings. I am HAM. I am your Teacher. All along this winding road we have come into various states of understanding and consciousness of greater reality. This evening I am going to begin enlightening you as to another road of reality; this is one which will last us through several weeks. Our task is shortly coming into a more full focus. We are as ready as we can be for our purpose in bringing morontial insights to those who will receive.

Morontial insights and living truths are becoming evident in your inner realities. This inner world of life and experience (experiencing truth) is ever in flux, changing. Yes, this inner world is always in change, even uncomfortable change; it is often tumultuous and churning as a darkened sea in a storm, changing – then when the sun again appears, the sea calms and again reflects the beauty of the sky and clouds in peace and tranquility.

In these times of turmoil, there are often signs which point in directions of uncertainty – this is a time of testing, for all are able to read these signs. Do you act, or do you remain in indecision, in turmoil? It is concerning these signs which I am speaking now. Inner signs are clear to each person. Everyone always reads the signs; you are not given signs which you cannot read. When you read and understand your direction, then is your task clearer and your fear quieted; then are you able to walk forward, step after step, into your new awareness.

Inner reality is the guiding force of life. All of your outward existence is the

direct result of your inner state of understanding reality. You may say: "How long is this inner teaching (your testings), for always is there unjust suffering or undeserved wealth." True! Yet I declare, and in the face of all other influences - ultimately, we become as we prepare ourselves to become. You who have read the many signs and have followed your longings in this journey of life to your present moment, are the direct results of your inner-life becoming real.

I am not saying to unrealistically set goals which are fantasy, no. You understand that as you read each sign and act, you become more of your destiny - yet, your destiny unfolds from within. This is true 'becoming!' This is truly 'living the way of Michael.' His way is high and advanced. His way is far beyond the present ability of anyone here to live up to at this time, yes; but you can, and will, be true to your Father by daily walking with Him in humble obeisance to His will.

He, our Father, who is always guiding your inner spirit with the Spirit of Truth, is ever present; He is ever guiding, helping, showing you the signs; helping you read them, giving you insight of truth to each sign. You are all aware that you have inner gifts. These gifts are becoming more and more real to all as your inner realities are realized.

The gift of healing, of which you are recently becoming aware, is truly part of your spiritual growth. There are other gifts even more thrilling which await you. Your sensitivity to, and understanding of, these spiritual realities will increase over time; and yes, healing will advance as you grow in understanding of this great force.

There are many forces which surround and flow through your physical means. These forces are real energy, yes, and are also, in a limited fashion, becoming a part of your new awareness. These universe energies are in abundance and can be utilized and directed by crystals. And as you will learn in time concerning these crystalline molecular structures, they are especially useful in directing and focusing these healing energies - energies which are becoming a part of your growing knowledge of 'material things' that aid even your own bodies. Yes, you are becoming increasingly aware of their functions and how energies flow.

Crystals can be used to help direct spiritual, morontial, and material energies through the physical body - healing the spiritual, mindal, and physical forms; for all of these three levels of being constitutes humans. You are not only a spirit enclosed in a physical form, but more-so are you spirit manifesting in a physical form. You are indeed close to morontial insight when this becomes reality for you.

All of your existence in this level of reality (human nature) constitutes this form of being. You are first born physical; you are nurtured as a physical child wherein you soon receive the divine gift (your Thought Adjuster); and you grow as a morontial soul in this mortal time-frame - from youth to adulthood and throughout your mortal life.

Most all of Urantian citizens are given time for this growth to become maximum of potential in human form, except when there are grave errors of human judgment and interference. It is God's will that all human beings attain their maximum growth

abilities before they are carried on to the morontial worlds.

Life can seem unfair at times. Yet, if you could see 'with morontial eyes' all the seemingly sad and terrible situations, you could begin to understand their great blessing for you. Oftentimes these horrible happenings (deaths, woundings, trauma, etc.) are truly where you began to grow and receive your divine birthright - which would perhaps have been ignored for too long, without the hardships.

Humans tend toward complacency and repetition in life, always seeking safety and comfort. Father's will is harder; it requires steep action, firm decisions, and life-changing experiences of trusting in Him. Often it requires trauma for this 'letting go' of ego and 'letting go' of comfort, to that of a daily regimen of prayer; for humans are very soft, spiritually, and tend toward safety in little spiritual work. Yes, it takes true courage and prayerful decision-making to go through severe trauma and become better for it.

All of you gathered here have had your own traumatic place in living where you made the decision to change. And now you have come to a new dawning of time where you appreciate your lives, your gifts, your service - and you appreciate yourselves. All of you are learning that you must appreciate truly who you are - who you are becoming for Father, and hold this precious gift in the highest esteem.

Don't allow yourselves to fall into low self-esteem anymore. Appreciate your great strength and your beautiful characters. Appreciate what you, alone, can give to God. Bring that understanding to yourself and you will truly become who you are.

This lesson is taking a long time; I will resume it next week and wish you to ponder this over the week ahead. Have questions for me when we meet again. I will receive only a few questions this evening, as I am indeed careful not to overtax Rebecca.

RACHEL: Father Ham, that was certainly a most wondrous lesson, and I am sure each and every one of us appreciate and thank you for it. This evening we have three newcomers with us. We have Lucile F., who is Honoray's cousin. She has had quite an eventful life. I know because she has raised three adopted children and three stepchildren, so she's had to be a very busy woman. Also, we have Christine C., and Robin S. Robin is a friend of Marlin, and Christine is a friend of Robin. They are both spiritual young ladies. We all welcome the three of them. We are tickled to death to have them with us.

HAM: Certainly, it is always the case of our rejoicing when there can be expansion of our teachings. This Teaching Mission is of the utmost importance, for many of you are becoming prepared to advise and instruct your brothers and sisters for the days to come. Long years of wonderful service for the Father does await all who truly seek to do His will. Yes, welcome all newcomers. All are welcome here.

JASON: Teacher Ham, I am very interested in what you spoke on about crystals. I don't have very much experience with the material elements of crystal at all, but I felt like a young scientist while I was in Oklahoma, and was witness to some interesting energies that are almost visual. I am wondering if we should, as a group, try to test our understanding and maybe develop some experience with these

crystals. Is it a prescription? or just a recommendation? That's all.

HAM: An instruction which can be acted upon, or not, depending upon your own feelings. This understanding will become apparent in the future. This is only preliminary introduction and we will have further specifics about these things in the future. (Jason: Thank you, Teacher. I just wanted to be a test pilot for anything that you have which may come my way.)

NORWOOD: Teacher Ham, I really appreciated the last part of your lesson this evening on trauma. I have just recently been put into a situation of a family trauma. I found myself being placed into a morontial/spiritual feeling of understanding - with love, non-judgment, forbearance, self-understanding. And I felt especially moved this evening on this part of the lesson, I just wanted to let you know that there is great understanding here. Thank you.

HAM: Thank you for your kind words. Your situation is known by me and understood. You have truly progressed as a direct result of this trying experience. Although this situation is truly tragic there is always good to come of it. Even in the most tragic situations, there is God. His love, His truth, prevails under all human circumstances and even when we see it not. By faith, you will know that this is true. One further question?

KARL: Teacher Ham, I would like to thank you for that superb lesson regarding signs. Are these signs sometimes 'internal?' And also, are they occasionally 'external' signs?

HAM: Both. They are both, for they involve life choices. You are always guided and protected in these life choices which are manifest. Signs are given, usually, preliminary to a choice. Is this helping your understanding? (Karl: Yes. Thank you very much.)

HAM: Rebecca is growing tired and I am obliged to take my leave of you this evening. I leave you with my humble blessings and my humble prayers. Until next week, my love to you all. May His peace be with you always. Farewell.

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Part 1. Questions and Surfacing Doubts

Ham, WOODS CROSS, UTAH 10-19-1992

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[Editor's note: By this time, after nearly two years of Ham's teachings, there were many Teaching Mission groups that had sprung up around the world, mostly in the United States. Some of these groups had remained sound as mere 'students in learning,' and some began to side-step the need for personal correction, and instead yielded to grandiose expectations of their self-importance, becoming minded with a mystical thinking in what was to come. There was much wishful thinking, proof-seeking, and personal agenda's surfacing through some of the Mission's 'transmissions.' As a result, there was much 'transmitted' material in various groups that was conflicting. This caused great confusion. It seemed to be a matter of 'too much too fast.' As Abraham taught and explained to the Woods Cross group in

the ensuing months and years, there needed to be a time of digestion of Ham's teachings; and, time for free will to run its natural course – to see who would remain as mere students in learning versus the free will of grandiose-seeking, proof-seeking, and mystical thinking. As the "feeding of the five-thousand" was soon reduced to about five-hundred faithful believers in Jesus' day, so it, in time, seemed with the Woods Cross group and other Teaching Mission groups. This night's meeting revealed the rising doubts and fears that are so common in mortality when the revelation of 'new' and higher teachings are introduced perhaps too quickly without the balancing effect of time and the actual implementing of experience, to give lasting root to the new teachings. Three week's following this night's transmission, Ham announced that his lessons would be put on hold for a time. He admonished us to meet weekly and review and discuss his lessons thus far, and that when ready, the lessons would resume. We did meet weekly, as advised, and the lessons resumed again in January of 1995 with Abraham as our group Teacher. Rebecca had moved to Nashville (married Hal Bynum of Nashville) and resumed Ham's teachings with the Nashville-based group. Suffice it to say, however, that many Woods Cross group members did move on to other interests and did not resume in 1995 with Abraham's teachings. It is hoped that the inclusion of this "surfacing doubts" meeting will help future students of these teachings to see the importance of pacing one's spiritual intake in a balanced, helpful, and fruitful manner.]

I am HAM. I am your Teacher. This week I am planning a different approach to your teachings. This evening I am here to answer questions only. The lesson will be forwarded to next week, for this evening I wish to address questions you may be holding in your hearts and which are causing doubts.

Are there any who wish to proceed first? I would allow these questions to be personal, for you are in need of help in personal areas. We are all an understanding family/group, therefore, fear not to be exposed before others for all have, or are experiencing, similar feelings.

ROINDA: Greetings, Teacher Ham. Since you are allowing us to ask personal questions: In my life at this time, I have been feeling very discouraged and a lot of it has to do with the results of my health. What I want to know is how to get past the discouragement so I can come to an understanding of what happened and why. In some ways, I felt misled. I just would like a little understanding of what kind of process I am going through? What can I do to help myself get through this?

HAM: Only your will is an obstacle to your faith. Healings are not only faith-dependent upon the recipient, but are also dependent on faith and clarity of the healing channeler. Faith is able in all health instances, all healing instances, to heal. However, in each being/person are there unclear areas where intellectual, or morontial (which is also intellectual), is concerned – and thereby may cloud the healing occurrence and lessen the effectiveness of the energies directed. Also, the Life Carrier work is rarely instantaneous but is slowly affecting change in the physical realm working through the morontial realm. When there are obstacles in their efforts of morontial energy focus, they are powerless to change these obstacles for they operate under the domain of human will, which overrides all of their doing. Now you say that you are wholly desirous, and of course you are faithful, to have these healings – and consciously this is so, absolutely true; but

know there are, as in all mortals, a vast unconscious realm of fears, desires, and unconscious motivation which affects will. Overcoming this is not an overnight transformation, for we must work on many different levels of a person's reality. Also, since Life Carriers work through these levels slowly and methodically, there are no sudden leaps of faith either, for each step you take must be firm and grounded. You are progressing well and should not be discouraged, for you have seen the future forecast, which is not always transmitted in the time expected to the understanding of the recipient. You have received truth, yes, that you will be healed; and yes, you have received correctly that you are healed. Time is the factor involved through which you are perceiving two realities, 'the now' and the 'to be.' Father sees His children always in the 'to be.' He is seeing you from your future state into your natural state now. His view is of your perfection. To God, time is non-existent, so you have received a clear message – yet you have mentally misconceived. You are incorrect in your present understanding which will be greatly expanded in time. You are coming into a new awareness which will greatly alter your present state. When you are fully prepared and ready within will you then be taking these giant steps. For now, prepare by taking small steps. Continue in your daily practice, continue with your own Teacher's understanding, and you will see the great gifts you are being given in a more enlightened and aware state. Have patience with your own progress. You are not running a race with anything, with time, with yourself, with your Teacher, or with me. All is well. Have comfort in your heart.

ROINDA: Thank you, Teacher Ham. Tell Savanna, my personal Teacher, that I will be ready tonight to begin my transmissions again.

RUNDALE: Father Ham, I have been experiencing back and forth uncertainty. It is like I have faith in the transmissions that I have been receiving because they don't sound like me, but I know that from time to time I have an overwhelming fear that happens. The kind of fear like, 'what if,' and I just don't know what to do with it.

HAM: Examine it. Be unafraid to examine your fears. Be unafraid to imagine the worst possible scenarios. Be unafraid to honestly look at every transmission, at every idea of your own. Be fearless in your assessment of your acceptance. It is not for anyone to promote faith at the expense of honest reason – this is unavailing, for where there is faith without honest and searching inquiry, there is faith which is teetering on an unsure foundation. All of your faith entails some acceptance of some unknowns. True, however, while you accept these unknowns you must be securely fastened in your own self. While you yourself believe in the unseen, this must be a matter of personal decision, and no one can say you must believe, "you must think this" or "you must have faith in that," for ultimately, what we believe, how we think, what we have faith in, is an entirely personal matter. Is this helping? (Rundale: Thank you, yes.)

WILLEENA: Father Ham, two questions come to mind: One is from Roinda's question. I wondered if part of what is occurring – which is very difficult for me to comprehend – I wonder if you would address this. I have heard that the past, the present, and the future, in some way, are simultaneous. Is that accurate? or a misperception. And if so, that does account for some of the confusion when we are dealing with time elements.

HAM: Correct, yes, for your indwelling Spirit, for God within, you are perfect already. For you, in your present state, are in imperfection, yes. When there is perception of some higher consciousness of perfection then often there may be a time-element difference. Yes. It is correct, your awareness.

WILLEENA: Thank you. With that, I wanted to receive some reassurance with where I'm at in my personal processes. I feel like I have fallen away in the last few weeks and it's a very hard experience. I have trouble when this happens, to make my way back to a connected sense, which is what I am working towards. In my regressions. I seem to be dealing with my past, surfacing. I now believe, from what you said, that it is a matter of clarifying my whole will. Is this accurate?

HAM: Correct. Yes, you are in understanding. Correct. You are, all of you, at this moment between past and future. Father sees you in wholeness, encompassing past, and encompassing future. When your whole will (which embraces all of yourself, including past and future self) can clearly and unreservedly commit to Father's will, then great healing can occur. This past-self is present as unconscious patterns of reaction and unexpressed desire. This often manifests unconsciously during your conscious state, or through dreams. And these often influence feelings; and therefore, causes reactions such as reverting back to old patterns in present life. This is common for everyone; you are not unique in these discoveries. Everyone is the same. For you, the difference is in the extreme of the emotional reaction. For you, daughter, you have come so very far in your understanding of this new process, and you are indeed an example for many to look to. Your understanding, and your sympathy with others, is deep. And, you are a wise counselor for the emotional selves of others. Be assured that your so-called "regression" is not "regressions," but are a time-period for consolidation of your rapid growth. This consolidation will help you ground yourself in firm faith and allow the next growth-period to begin. When you think your "knowing" really regresses, this is only a perception, for we can't always be on the esthetic mountaintops of your highest spiritual experience. This must be incorporated into your lives so that this great enlightenment can bring wisdom. As leaven to bread, it must include all of you; then can there be further growth from further enlightened periods. But these periods of seeming non-growth, are not! they are periods of great strides which will be recognized later.

PENNY: I am kind of confused on something. I hope I can make my question clear enough. Yesterday in our meeting and some people's private meetings, we are beginning to hear that there is still negative energies out there that could be influencing us. I thought the Thought Adjuster would stop things like that. Yes, we were told that 'our will' could override our Thought Adjuster but if one is a person choosing to do the will of the Father, like we all are I believe, then how does our will override our Thought Adjuster on that? I always thought if we choose to do the will of God, that God would protect us - and that we didn't have to worry about any negative influences, if they even existed.

HAM: Correct. You are correct - absolutely true. Father's will does not allow the influence of sin or sinful persons to undermine or dupe the Father-knowing child. There were good people in past (and even in the present and future) who have willfully chosen wrongly, and have chosen error and sin - even while their

intentions were good. I say, for the God-knowing child who trusts Father in all things, this is impossible. Always can freewill have full and total choosing. And always is this will free to choose 'error' or choose 'righteousness.' Yes, even in much more advanced states (and worlds) is there error. Error is just the opposite (or the consequence) of there being this great gift of free will. The question concerning "rebel midwayers" or "evil-thinking spirits"– there are none here now, and I say this with authority, they are no more! However, I say, and also with authority, that always can errors be made, even by myself or others. Yet, Father's will, Father's plan, will triumph even over the most egregious errors, for these things are ordained by Him. His plan for His beloved world, Urantia, will come to pass, in time, and regardless of the errors in time. Have no anxiety about your own ability to choose Father's will for you are very experienced in knowing the truth of this. Many times you have chosen wisely and correctly. Many times you have inspired those around you by your courageous will decisions by choosing God's way. You are well aware of your path and are firmly standing erect and should have no fears of being led astray, for you have control of your eternal destiny. Your will is paramount, yes! And when 'your will' and 'Father's will' work together – life, indeed worlds, are transformed. Increasingly, all of you are coming to this awareness that oneness with Father in matters of choice, enables great things to occur. Have faith in your own ability to see truth and error. Surely all of you are protected; you are watched over and are loved by multitudes of those unseen. There is no fear in this. There are no mischievous partners among us. We are all united in our purpose, and you are united with us. And together, this world will witness great change through God's love. Absolutely be at ease; be secure; be happy; be joyous and light. Lighten this burden, for it is unnecessary.

PENNY: Thank you, Ham. I feel much better.

(This night's meeting was very lengthy, and broken into two parts. The rest of this meeting is the following entry –Part 2)

Part 2. Questions and Surfacing Doubts

Ham, WOODS CROSS GROUP 10-19-1992

Back

Continued...

ROLAND: In the Urantia Book it indicates there are corps of "reserve corps of destiny" which are groups that are aligned with the seraphim destiny guardians, and that each one of these corps are kind of aligned with, for instance: the angels of commerce, the angels of home, the angels of progress, and several other ones. Are we, as a group, aligned with a certain segment of the angel corps, or are we all different?

HAM: No. We have undergone a restructuring of this arrangement since we owe allegiance to Machiventa and Michael. These angelic corps are still functioning with mortals, true, but not exclusively. With the arrival of Machiventa Melchizedek, this arrangement has been changed so that the reservists, all, are under a single leadership of Abraham who is, in effect, the supreme commander of the reservists. The Angelic Corps are still functioning, and are in an increased manner, yes, but they, the reservists' allegiance, is overridden by Abraham over them.

ROLAND: Very interesting. Thank you. I noticed also in my reading that as a reserve

corps of destiny mortal, that we are deep-mind trained. I recognize a lot of understanding within the pages of the Urantia Book that I do not attribute to something I've learned externally – I am wondering if we're constantly deep-mind trained as reserve corps of destiny mortals.

HAM: Yes, indeed. All mortals are in a sense 'deep-mind trained,' but only for the general purpose of spiritual advancement. When one is part of a Mission such as this (Michael's Correcting Time), there is deep-mind training for future role activation, so that when you are prepared for a certain duty, your inner training has been sufficient to prepare you for the unexpected (unconscious expected) advents of circumstance. Is this helping?

ROLAND: Yes, it is. Thank you very much. I have one further question and I think that it may affect everybody that is receiving transmissions at this time, either through guided writings or verbal interchanges with a Teacher, and/or other supernals who are visiting them. It was given to me the understanding that the Urantia Book itself was written and the information was obtained from an 'unconscious' receiver/transmitter. And after that, there was a commission developed that took those words and expanded upon them. After they had expanded upon them, they asked questions in regard to those things which they didn't understand, getting further input from supernals to edit these papers over a period of twenty-four years to produce the incredible amount of content that is in those pages we see now in the Urantia Book; and then, another twenty years to publish such. The reason that I go through that again is that I'd like that confirmed. The next thing I would ask is: Many people who are observing this Teaching Mission movement are critical of perhaps some of the errors, or 'lightweight' of the material content itself – being that it is of lighter weight than the Urantia Book revealed material. Now that stands for reason (makes sense) if it took near fifty years to develop that content (UB) – and that now we would take, for instance, the transmissions and the lessons, as we received here tonight, and analyze/edit them – and then in asking questions to fill in those areas of needed clarification, we would then have similar to the Urantia Papers. The point being – now we are able to interact with our supernal Teachers on an experiential basis which clarifies and promotes deep-seated understanding of these concepts in addition to just the deep-mind training. This is my explanation of it. I feel like in that explanation comes a desire to help clarify the experience of doubt that has been mentioned here tonight and other occasions. Can you confirm or expand or illuminate that for us? (Ham: No, I cannot. [laughter.]

ROLAND: On the basis that you would like us to struggle with that? or on the basis that it wasn't clear?

HAM: This is your understanding, which is your personal view. It may not be another's view. Concerning the Urantia Papers' transmissions, I am forbidden to speak.

ROLAND: Well, there is a paper out called, The Birth of a Revelation [by Ernest P. Moyer – First Edition; or by Mark Kulieke – Second Edition], and he is the son of one of the people in the original Urantia Book Revelatory Commission who expanded upon that same orb of thought regarding the fundamental part of that diatribe that I just presented. I happen to believe that it is a very helpful experience for me, and

to express that here in this group. I will that the Father's will be done, yes, and if this is not the Father's will, I will cease from doing it. (Ham: No comment.)

JOEL: Hi, Ham, I have a question: Because there is a possibility for error on all realms, from what I understand, from all the teachings and on down: I understand that there have been some who've witnessed the rebel spirit beings. I'd like to confirm about these rebel spirits, or just what these sightings have been. There have been sightings of gargoyle-like figures and they seem very visual to us on Urantia. Is it just that our spiritual energies are coming up and we are able to see these thought forms? Can you clarify first of all what that phenomenon is, and what we should do when and if we ever experience that for ourselves, how to keep ourselves in line with Father's will? And second of all, for my own benefit so I may proceed in what I always will discern for my own truth: Is the Christ Michael that is spoken of in the Urantia Book, and these teachings that you do present to myself, is it the same Christ of Nazareth that has been followed through the biblical times and is called the savior of our world? And, are you of this ultimate good journey to bring man back to their salvation point? It is important for me to know of whom you are from, for sure, so I can clarify that for myself. And, about the rebel spirits - how do we do a protection, if in fact there has been an error, because in my understanding, in what we were told by yourself and Abraham, in 1985 they were "as if they had never been." So, they are not here anymore? I think it is important for my own self to know how - that if they are here then what kind of protection should I take.

HAM: Yes, I am from that ultimate good which is this, Michael's universe. Yes, Father Michael was Jesus of Nazareth on this world some two-thousand years ago. There are no rebel spirits here on Urantia at this time. Fear can always produce reactions of terror even when there is nothing to fear. Fear is largely a chemical animal reaction to word stimulations stemming from the physical/animal basis of your human natures. Fear is non-existent in reality for fear is a mental reaction. For what do you, a true kingdom believer and a God-knowing child of the Infinite Lord of all creation, have to fear? What harm, ultimate harm, could ever be done to you or to this world? All of you - all of the children of this world - are God's children. Yes, all of you are His. Fear not these things. They largely rise up in the mind and are not real. Be fearless in your search for God. You are, as His child, entitled to search for Him everywhere, to search for Him even through those perceived fearful places. You are empowered and allowed your search, yes; and yet, no fear can change the fact that you belong to Father and He alone is your God. Is this helping?

JOEL: That helps a lot. I was asking that, personally, for a friend that was distraught by the gargoyle experiences. And what I interpreted that experience as, and I wanted to directly ask you, is that it is almost as if being around 'thought forms,' that they cannot affect me in any way. It is just like being around a person that is somewhat negative in behavior - how that is kind of uncomfortable. That was my perception, and you cleared that up tremendously. And also, you've made clear regarding the mission that you are on, that you are the person who I adore and I believe in, and whom I love. I will always be firm on that! I don't believe I can be easily swayed away from something that I love so dearly. So that is why I ask the questions that I do; it is not out of any disrespect, but it is out of respect for God, as I understand God, and Jesus the Christ, who I know. I know I will one day

experience the ultimate love and find meaning and value to the challenging experiences that I am having here on Earth, for I know God is always with me no matter if I feel like I am failing or when I think my will overrides His – because my will never can. So yes, I know that God is within, even when I make mistakes. Thank you for clearing up things for me tonight. I feel much more confident in my journey within this path, however long; I will remain on this path. Thank you. (Ham: Thank you. Understood.)

ONCLIVAN: I would just like to make a short comment and ask a question? Just a quick comment on what Roland had brought up: I read the book Birth of a Revelation, also; this book is regarding the Urantia Book's validity. I think that as each person reads through the Urantia Book they need to make certain suppositions and come to an understanding on how to decide on their own of how the revelations really came about. I looked at it more in the light that the revelatory words were quite accurate as they came out from the 'unconscious person,' and that maybe they came during a long period of maybe twenty or thirty years. I think they were 'learning experiences' just as we are experiencing, in coming to understand the messages that were being given – rather than the messages being changed after – and that is kind of my view on it, just so we get both sides in there. (Editor's note: The balance of Onclivan's question is very long; the following is greatly paraphrased by the editor): Having grown up in the LDS (Mormon) faith, and doing much missionary work advocating that belief system wholeheartedly, but then becoming disillusioned as to that faith's validity. Then joining the 'Science of Personology' belief – which is the reading of characteristics from the face, personality, the distance from the eyes indicating high tolerance or low tolerance, and things like that, and having written books about this belief, but again becoming disillusioned. Onclivan then embraced the Urantia Book and has been a firm believer since. And now, with the teachings from Ham, he wonders if he will become disillusioned again, and wants more proof of Ham's validity – and, validity that this whole Teaching Mission experience is in reality a part of Michael's directives and not some emanation perhaps from Rebecca's gifted mind. Likewise, with the other transmission receivers in other Mission groups. In some of the other Teaching Mission groups there is some confusion, with 'suspicious' claims and transmitted messages, which is very concerning. Onclivan's question finishes with: "We're to have faith in things, yes, but they have got to have a factual basis; and we know that people can have faith in wrong things as well, as many of us have had in our lives before, in different belief systems. Why should we believe this? Maybe you could address that?"

HAM: There are many paths. This particular path is correct for some and incorrect for others at this time. Not everyone is capable or suited to receive this Mission-calling. This is not to be judgmental or seeking to change anyone, no, only the honest recognition on my part of what is realistic, from our perspective. I do not demand belief in my teachings, nor do I demand the belief in Abraham's, nor even in Michael's. It is not for me to say what you should believe. I am a Teacher. I teach of the gospel laid down before me. I am commissioned to help the mortal understanding of Father and Michael's truths, and to prepare the way for Him and for His future Sons. This I am doing. Whether it is accepted by one or ten-million at this time, matters not – for these teachings will prevail in the end. Father Michael's return will, again, be rejected by many. Future generations will grow to accept what this present generation cannot. Is this helping?

ONCLIVAN: I understand what you are stating as your mission purpose. It still doesn't answer what is the basis that we can know that this is really true, as opposed to other people who believe other belief systems, and also believe that they may be getting accurate revelations in other groups. Your messages are very impressive, yes. I have to admit that every week when I come here, even with all my doubts, I am quite surprised that if it was just Rebecca speaking that she would be able to speak with such wisdom. This is the thing that has kept me coming, I suppose. Although she might be a lot more intelligent than maybe we are thinking, maybe even a real genius – I have had some doubts about that a little bit now. (Editor's note: The following is a paraphrase again, for brevity.): Onclivan suggests that perhaps new transmission receivers wait until they can clearly 'receive' the transmitted words distinctively and clearly, as Rebecca does, before publishing their Teachers transmissions; and, that there should be some vetting of the transmission receivers to verify their competence. Onclivan again asks for proof of some kind which could verify that this whole experience is from Michael and not from some deceptive spirit such as Calagastia or some of the rebel midwayers. He suggests that nefarious spirits could be trying to produce a ruse to draw people away 'from' the Urantia Book – but, concludes that 'time will tell' whether this whole Teaching Mission experience is real, or nefarious.

HAM: You have stated well the prevailing attitudes and understandings of many. And you are correct that these things will become clear in time.

Rebecca is becoming tired and the transmission is becoming unclear from our lengthy discussion. However, I wish to thank you, personally, for your forthrightness and your generous spirit in coming to my lessons, and your kind words concerning them. For this evening, I must now say farewell, and I thank you all for your gracious questions. More will be answered next week. Farewell.

Nothing Divine is Truly Owned Until it is Shared | Putting Father, First | More on Crystals

Ham, WOODS CROSS, UTAH 10-26-1992

Back

Greetings. I am HAM. I am your Teacher. This evening's lesson is concerning helpfulness in daily interaction. It becomes one to always show helpfulness in God's love; when you are going about your daily business it is good to be ever watchful for those incidents or times when you can show forth your integrity by being helpful to another person.

Easy it is to ignore the unspoken pleas of others around you. Easy it is to become so self-involved in your own tasks/projects that you deem them more important than other's projects. And as such, you deem your time to be more valuable than other's time such that it is looked on as 'wasted time' to help those in need around you – and then does one resent that 'time lost' when it could have been put towards your own work. This mindset, this attitude, is easily unconsciously building and is not the Christ-like manner.

Father Michael is always ready to hear the pleas of even the most small and

insignificant concerns of His many many children. Ever is He willing to help guide his children to Himself, and to Father. Often this guidance evolves through the toil of this world, for many are led to a God-like understanding by their long hard days. Understanding Christ's humility, and His life's mission, is central in understanding Father's loving nature. He who is so great was yet so willing to be subject to the world as it is.

In your daily lives, many times you are given opportunity to show forth Father's nature which you have been striving to own, yourself. Nothing divine is truly owned until it is shared. You are all required to undergo these many many trials and tests of life wherein you are given the opportunity to show the higher way of love to one who may or may not be spiritually as aware as you are. Have faith that no work, no tasks, go without their rewards, whether this reward is material or not.

When you are able to help another in need, in whatever capacity this may be, you are sharing our new-found Godliness; and therefore, we are making this Godliness our own. When the opposite may be true – when you are required to do work which is unsatisfying, know that there is also a lesson in it for you. If you can find the satisfaction from knowing Father's will and Michael's path, you will find true satisfaction in the most menial of work. Yes, those who are having to do work in areas which is looked upon as menial can find true comfort in sharing Michael's path.

Many tasks would be considered as 'menial work' in this day of never-ending paperwork, yes. The Savior worked at many tasks in His lifetime – He worked with His hands, worked at crafts, worked with animals, worked with His family and with children; the Savior found inner satisfaction in these tasks. Even knowing He was being deprived of an advanced worldly education, or wealth, or fame, He held fast to Father, and tread His path with Father beside Him.

My friends, you can tread your path with Michael beside you. He is forever the comfort of the ages. His life is the great example of one who triumphed over all circumstances – and did so, humbly, walking with God. Yes, the Master always took great delight in helping those around Him; His greatest joy was in doing little helpful tasks for others – not to be detrimental of His own work, but He always took a little time in order to show forth human assistance through Him.

When you look at your lives from an advanced perspective (higher consciousness level) you can see that your little joys in life have come through similar channels where you stopped to aid someone doing some little thing. When you think about doing this (making it a conscious effort) it multiplies, and your life becomes enriched by the multitude of small joys.

I say this to you tonight: Do not become so self-important that you forget your reason for living. Remember who it is who lives within you. Remember who it is who walks beside you. Show forth His great love in life. Give all you can! And in giving, grow toward Father and receive His being. This is the great purpose in living life.

What purpose is there in your toil, in your worry, in your little bookkeeping, if

your life comes down to only existing? On that level, surely you have missed much that has passed by you. Open your eyes to your surroundings. Welcome those who come near you. Help those who need help, and find your greatest satisfaction therein. Are there questions at this time?

CALVIN: Teacher Ham, you talked about life's testing and so on. I have been reflecting on that for a while. I don't see where Father would test us like, for instance, how the world perceives the testing of Abraham to sacrifice Isaac wherein (in the biblical version) God is essentially saying: "I want to see if you are spiritually strong enough, go sacrifice your son." And then when Isaac is on the altar and ready to be sacrificed, then God supposedly says, "Oh I didn't mean it, I just wanted to test you." I don't perceive our Father as being that way with us. In what ways then, are we tested?

HAM: The lesson of the story of Abraham and Isaac is deep and abiding, even though the outward symbology, or story, is flawed (in error) showing a God with a capricious nature, erroneously. However, God does require everything. He requires your complete and total dedication, even over the flesh. Not everyone could be tested this greatly in your lifetime, but His demand for totality of commitment extends throughout the morontia existence also. So even though Abraham's son is spared, his commitment is tried/tested. In most life situations there is not the outward testing like the Abraham story; rather, does Father ever test your commitment in more subtle ways. For example: willingness to serve under circumstances which are less than appealing - your willingness is perhaps tested in the face of unknown factors. Allow me to clarify by an example: The rich man who came to Jesus asking, "Lord, what must I do to be saved"? The Master answered that he must "sell his wealth, possessions, and distribute them among the poor" - testing his commitment. If there is something which stands in the way between you and God, must we overcome this obstacle? Yes, we must! so that the outward attachments are unimportant compared to the inner attachment to God, which is most important. Each person's testing comes in as many varied ways as there are people, for humankind tends to attach onto false securities, thinking them to be real. Like this man with his fortune, he chose the path of seeming security (what the world would deem important) and only much later did he realize his error. Yes. Testing and encouragement are two sides of God's dealings with humankind. Is this helping your understanding, or do you have a more specific question?

CALVIN: That's helping very much. What I perceive you are saying is that Father is not manipulating or 'checking us out,' but He is actually placing responsibility for us, for our growth and own good; and as we are enlightened and responsive to that responsibility, we are tested - if we will act upon it or shirk that duty or responsibility. (Ham: Correct.)

CALVIN: One clarification question though: Is the Scripture accurate where it says: "If a man cannot hate his father, mother, son or daughter for my sake, he is not fit to be my disciple?" [Luke 14:26.] I know that doesn't mean that we should actually hate our brother and sister, and sons or daughters, but I think what you just said, that we are to love God more than the outward attachments - even over our own family.

HAM: Where there is God/love, is there ever hatred, really? I say no! Yes there can be confusion, doubts, troubles – and yes, even hurts, annoyances, jealousy, and envy. Many many things can exist in the human psyche alongside God-knowingness. But where God's spirit is truly flowing, then there is no more hatred, for this feeling cannot exist/co-exist with God's love. Your Scripture quoted is misleading, in a way, but when understood by spiritual intent, it is correct.

HONORAY: Father Ham, a couple weeks ago you mentioned that you would tell us something about the healing part of crystals. Could you tell us something about that this evening?

HAM: Yes, I can elaborate a little further. Each crystal has a vibration frequency which it magnifies from the vibrational frequencies of the many energies surrounding us. Each crystals' makeup is such that it will tune to a slightly different frequency – not only from material to material, but also with the size and shape of the crystal involved. Quartz crystals have a tendency to evoke or transmit and amplify frequencies which are spiritually aiding in the psychological aspect of healing. Mental calmness is greatly beneficial in aiding the body's natural healing abilities. And when crystals are employed for healing, the mind is calmed and the energies necessary can be directed to the ailing area of need with the aid of the body's own system, cleansing system. No disease is instantly made to disappear, but rather, is the body's healing and cleansing system activated around the diseased area. This healing is gradual but very effective, and the body tends to maintain its healthful equilibrium longer. Herbs are natural drugs, and sometimes these are also beneficial to the healing process by stimulating cells which produce certain chemicals, which in turn affect other cells and can affect their growth or production.

In our lesson-time is much ground covered this evening, and I am grateful for your persistence in spiritual growth. I am not going to take another question at this time for I am aware that Rebecca may soon begin losing good contact, and I wish to keep errors to a minimum at this time – especially concerning healing questions. I look forward to our next meeting and your questions will be further addressed then. I am sorry to cut short our meeting time. Farewell.

Back

Our General Health and How Spirit Guidance Can Improve It

Ham, WOODS CROSS GROUP 11-02-1992

Back

Greetings. I am HAM. I am your Teacher. Our lesson this evening is concerning health. There are other ways of thinking about bodily health other than through material means. You are all in awareness of this understanding, for in spiritual 'heights' there is 'depth' also – meaning that when spiritually-advancing mortals encounter illness as an obstacle to further spiritual attainment, this obstacle can be removed in and through spiritual light. There, in this morontial existence, illness is practically non-existent and easily remedied in the early stages.

Disease, which is caused by micro-organisms existing on this planet, is especially

difficult to remove from the body, for organic life here is all very similar and bodily defenses are imperfect. The similarity between the parasite and host make it difficult for the host body (human body) to readily distinguish and remove invader cells. As such, our immune system is very specialized toward certain common bacterial and viral invaders which is developed over the childhood lifetime; and when a foreign strain is introduced, the immune system is unprepared.

When populations are isolated and free from inter-communication or travel between other populations, they develop fairly disease-proof systems. However, when there evolves contact with foreign populations (which have developed immunity toward different viruses and bacteria) then are there carriers that cross over; and the populations exchange these bacterial viruses which can have a devastating effect on some.

At present day Urantia, there are many, many different people from all over the world mingling together so that your immune systems are greatly overly taxed by having to defend so many different strains. This makes it easier to develop an illness and not have immediate immunity response.

Spiritually, you (as a whole) are all very advanced in comparison to past generations; but this does not immune you from these common illnesses and diseases. Yes, spiritual progress does make for a more efficient bodily functioning so that health results in your general well-being.

But you can also help your health by using methods to reduce your stress levels – methods as I have elaborated upon in the recent past such as: meditation, helpful attitudes, and a worry-free outlook – those things which comes from giving over responsibilities to God and freeing yourself from needlessly worrying over things which you have no control over, but which the Supreme has complete control over.

Yes, children, trust is a prerequisite to living 'stress free.' The Master had many serious stresses placed upon Him, yes. Yet He chose to gain wisdom and replenish energy by helpful solitude and meditation. He continually sought for higher guidance and wisdom – which, when found, removes those worries from your consciousness.

Difficult it is to learn, yes, but by the daily practice of meditation you can advance your outlook in understanding. And with this advanced outlook you can increase your trust, yes, for in trusting you will receive much unerring guidance and even healing. This meditation/stillness practice will develop your trust which will decrease your stress and you will blossom as a flower upon the earth. Allowing God to help in your daily decisions will greatly increase the effectiveness with which you can cope with life. He awaits, yes! He is always near – ready to extend His help; but you must think to seek this help first, in order to receive it.

Remember to also enjoy a balanced diet, which for each person can be different in optimization. In general, when you eat properly and drink enough fluids your body will be able to extract the nutrients it requires, and expel the contaminants or extra nutrients it does not require. Maintain balance and regularity in your daily dietary existence, and this will also aid in your general health. These words are common sense for you, yes. If you heed your inner guidance and follow this sound

advice you will noticeably improve your general health.

Spiritual healing works within the parameters which are existent. One cannot change the chemical structures nor the personal form which has been given each personality. You are all responsible for these great bodily temples and should wisely and judiciously maintain them to the optimum best of your wisdom.

This is the lesson for this evening, much of which I have explained before, yes; and yet, when it is seen to be wise we reiterate certain lessons for your understanding. This is not to be confused with an authoritative directive, no! but rather should be heard as advice and not prescription. I will receive questions.

RUNDEL: Father Ham, my question is about the Epstein-Barr, and I don't know if you have heard of that. What they have explained to me is that it is a virus that creates immune deficiency and chronic fatigue. Is there anything or any information that you could give me on this that could help?

HAM: Yes. This syndrome is a result of stresses which tax the immune system in general, much like the aforesaid stress phenomenon. Inner stress can have results that simulate infections also, which make the body think to fight infection which is not really there. The system will be built up again in time, however, and you will eventually regain your stamina. Have faith that your Lord is helping you. When you feel exhausted, rest. When you feel ready, work. You will eventually become more and more able to sustain activities which you enjoy. Allow yourself healing time and don't over-extend. Is this advice consistent with your understanding?

RUNDEL: Yes, it is. Would this also correct the thyroid problem too?

HAM: Different situation is this. Yes, all of the body's glands and lymph system work together to maintain optimum chemical balance. The thyroid gland can, when mal-operating, cause severe chemical imbalances which are serious. Continue taking medication for this symptom, for you would harm yourself unduly by seeking to progress too quickly.

RUNDEL: Thank you, Ham. I also want to thank you for the opportunity to have the healing. I used to not be able to get out of bed for more than an hour and now I am functioning pretty well through the day. I know that this is from the healings because I have seen many doctors about it. So I want to thank you for that opportunity to be healed and I really appreciate it.

HAM: Thank not me, but rather, thank Father.

JAMES: Teacher, you mentioned that a well-balanced diet might be different for different people. How can we determine what is the best diet for us individually?

HAM: This is an ever-changing need for each person. Over time one may vary and change their diet by noticing inner changes, discomforts, regarding certain foods. Each person can optimize their diet by really listening to their body and noticing differences in energy (or energies) which may contribute to mood changes. These inner changes are resultant from chemical metabolism. They affect other chemical

balances internally, and these can affect mood, outlook, and disposition. When you learn to watch for these changes and you understand their associations with different foods, you can fine-tune your diet to enable you to maintain a fairly balanced mood disposition. Is this helping?

JAMES: Yes, very much so. I am going to have a hard time giving up chocolate.
[laughter.]

NORWOOD: Father Ham, we eat a lot of processed foods; and our air, especially at this time of the year, is full of harmful products floating around. Is there something that we can eat that would help us clear some of these harmful and negative poisons out of our systems to help us be a more healthy people?

HAM: Yes. Your health is adversely affected by pollutants, excessive chemical additives, and contaminants in water and air. You in this age, are surrounded by chemical pollutants which can adversely affect your health. Is there any simple solution? No! However, by generally improving your health your body is able to more effectively cleanse itself; and this will eventually come to a stasis level where you are no longer adversely affected by this continuous onslaught of contaminants – but, you are expending energy in maintaining this stasis. Each person is different in their tolerance levels and in their sensitivity levels. When you progress spiritually you become more sensitive to these chemicals and are aware of their adverse effects more readily. Everyone is constantly exposed; and this – short of a complete societal-made re-arrangement – cannot be changed for now. Keep your health-level good, as well as your stress level, and you can effectively cope with this constant cleansing which must occur. There is no easy solution for this. That is all.

RISDON: Father Ham, I have been taking a nutritional product for about a year and a half now that has really helped me a great deal – not only with my energy, but it has also seemed to balance my body quite well. Can you comment on this particular product, or other like-products, which are a help with our diets, please.

HAM: Yes. There are, in general, many dietary supplements which are beneficial for you. Your particular body type is well suited to the regimen you have chosen. Many people do not require extra nutrition if given a well-balanced diet, but usually, a well-balanced diet is lacking in modern peoples. Therefore, if you feel comfortable using dietary supplements this is heartily recommended. Use your own inner guidance and judgment concerning these products. One further question?

ONCLIVAN: I just had a question on a prevalent belief, especially over in the Orient, about the cleansing of the blood through 'giving blood,' like donating blood maybe once a month or every couple months, at least for males. They believe that this helps to clean the blood supply out and reproduce new blood cells and get the contaminants out. This isn't necessary for females, but for males (according to them). Would you comment on that? Is it really true, and could this be helpful or not?

HAM: All the blood system is constantly cleansed through the bodily organ of the liver. When the liver is functioning properly there is no need for artificial

cleansing. No, this belief is inaccurate. When we speak of health issues it is important to remember for each person to use their own best guidance, for this highest Source is your best healer, your best guidance towards better health. Doctors and healers of various kinds can use experience concerning a particular illness, but they have not your experience in your body. You can easily use your own Thought Adjuster's guidance in these matters. You will know yourselves how best to deal with these illnesses, whether using conventional medicine, spiritual healings, or combinations of the two. Yes, you understand your own body, best; and the Fragment of the Eternal Father who dwells this tabernacle with you is best able to give guidance concerning its health.

I must close this meeting for now. I thank you all for coming and bless you with our Father's love. Until next week, farewell
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Last Woods Cross Group Meeting With Ham as Group Instructor

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Greetings. I am HAM. I am your Teacher. Our lesson this evening will entail an extraordinary dimension in our teaching for it is requiring of each person an effort at stillness. In order to effectively communicate our lesson this evening, the mortal mind is required in openness and stillness to receive an immediate presentation, which is also highly individual.

I, in times past, attempted a mindal transmission which portrayed an essence of myself. This evening I wish, in essence, to portray, to give essential understanding of our beingness. That is, I and Abraham. We are ready to begin transmission. We will begin now.

[There was a brief pause for several minutes during which time we entered into the stillness. Some people received visualizations; other people received headaches like something was being implanted in our minds. The tape recorder was turned off during this time.]

HAM: It is complete and I wish to add, this is not so much concerning imagery as much as it is concerning spiritual essence. I am truly heartened in recent weeks when observing you, my pupils/students. Greatly have you fought your inner struggles and have mostly come into greater understandings for having come through much trials.

Trials await you all in the near future, yes, for I will be unable to continue our weekly meetings for a time. This time is for you all to gain an increasing awareness of your own inner spiritual development. I have been your Teacher and am always your friend. However, my role is changing into one of caretaker and provider of comfort for those who follow. Amster will continue in her role as coordinator.

This mission is proceeding on schedule. The time for you all--this digestion time--may be a temporary setback or trial in your progression, for you have grown

used to having a regular regime of spiritual sustenance. You must learn to feed yourselves. You must learn that you all have the ability to find communication from the highest source – the Father Himself. ‘His will be done,’ will become your watchword, your purpose. You will find purpose in finding God's will.

When you have reached this plateau of understanding what His will is, then can you truly begin your missions. I would prefer that you continue in your regular meetings besides this one. I ask that you continue in the study and learning of my previous lessons, and that you will persevere with each other in your understandings and in your faith, for it may seem hard to be alone in this interim. Continue your warm friendships. Continue your steady climb.

I have been an aide in your progress only. If I have truly helped you, I am eternally, humbly, grateful to our Father. My mission now is leading me elsewhere. You all will understand why, in time. I am saddened to be here tonight for the final time, for now. And I will gladly converse with each as time permits. My heartfelt love and earnest appreciation of each of you, remains eternal. Have you question for me this evening?

JOSHUA: Father Ham, I am dumbfounded and heartbroken. Will you again be our Teacher at some time in the future?

HAM: Be of good cheer, Joshua, for our real work is only beginning. Have no worries. I will always be available to all of you. I am here remaining on this world until our Mission is complete. This phase is ending, but a new phase is just beginning.

JOSHUA: I really don't know what to tell the other groups around the nation who look forward to receiving tapes and transcripts of your meetings. Will they also be losing their Teachers? or will they continue on for a while?

HAM: You are not losing anything, really. All will continue. New teaching groups will be started. Each one will progress as the Teacher sees fit. When you are all ready (this group), then your new phase will begin also. Our mission remains the same. Only my personal teaching will be ending at this time.

RACHEL: I, too, feel heartbroken. I also feel like one of your lost sheep.

HAM: Rachel, you have been our most steadfast and courageous pupil. This quality is part of you and shall remain a beacon of light for those who seek enlightenment. You are also only beginning your truly great mission calling. Have no fears at this time. All is well.

RACHEL: Thank you, Father Ham, and you know my love goes with you. This evening we have two guests with us that you have already met. One is Robert O. from Santa Rosa, California. He has been studying the Urantia Book for twenty years. The other one is Martin Q. and he also has been studying for twenty years. We want to thank them for coming to our group, and we tell them it's wonderful to have them here with us.

HAM: Yes. Your coming at this time was crucial to your bringing forward this work to your colleagues. Some life circumstances are sometimes fortuitous in this manner.

Our understanding is oneness with you both in this great and forward-marching work. Life on Urantia is tardy at coming into the new times which we endeavor to enter now. Some have entered early; some will enter later. The time for all to enter, is now. The real beginning of this great work, which foresees the coming of Michael to Urantia, is beginning to take firm hold all over this land. His Teaching Mission, so humbly begun, is now walking full stride and this is altogether due to the great work accomplished in this room by these people. Our vision is forward. You are all not left behind, no. Rather will you be elevated in your callings, for surely you have been awaiting this time, this time of beginning. That is all.

CALVIN: Teacher Ham, I want to express my gratitude for the last two years of your teachings. It has been most dramatic in changes of outlook and direction for me. I think we each could all say that. As I understand what Van El (a Secondary Midwayer) has asked us to do, Amster will play a role in helping to coordinate that. Would you have any changes or additions to what we had discussed prior to the meeting? Maybe our meetings with Van El even on a weekly basis instead of a twice-a-month meeting schedule? I'd be open for any clarification you might have for us.

HAM: At this time a weekly schedule may feel more secure for you so that you come together in brotherhood and fellowship more often. This would be my recommendation.

CALVIN: I thank you. I think what you are telling us in your disclosure tonight is that we use this time to increase our efforts in coming into the stillness, meditation, and reaching and understanding the will of the Father. And, to improve with our personal Teachers – that we come into more of a ‘morontial understanding.’ I hear you are suggesting that we continue in our weekly Mission meetings in discussion and review of your two-years of lessons.

HAM: Correct. This will be a time-period in which you will be awaiting your clear purposeful mission-callings. Yes.

ROINDA: Ham, I just wanted to express my appreciation for your love and support. I feel this is a great thing about to happen. I don't feel the anxiety that some may be feeling. It also makes me feel a little more committed to doing my personal transmissions, and I thank you for that.

HAM: You have correctly perceived this period of time. You are coming to a very clear point in your own transmission abilities. You have a very well-developed sense of your own self – and therefore, are clearly able to receive transmissions from your Teacher. You have the understanding of separation between your own thinking, and that of your Teacher's. And, I would wish for all to come to that point of awareness where you are firm in yourselves enough to trust another's supernal presence in your mind circuit. This circuit, which transmits messages through the mind, is something which develops in strength and clarity, by 'practice.' In the early stages of transmission-receiving, this circuit is not well differentiated in the mindal understanding so that it is easily contaminated by the mind of the receiver. When you have practiced for long periods in your writings, or verbal transmissions, then this clarity is strengthened; for this pathway is greatly strengthened and differentiated from the surrounding mental energy circuits.

It would be good for all of you to practice your transmission receiving at least two to three times a week, if possible, in order to strengthen this communication channel. You are correct that we are embarking now on an even greater mission, together. For almost two years you have been gathered together in order to receive my teachings. These teachings have prepared you for your understanding of what is to come. Your own individual roles will then come into focus and you will be greatly strengthened by the understanding which you have received through these gatherings. Is this helping? (Roinda: Yes. Thank you.)

WILLEENA: Father Ham, I simply want to share, and I assume everyone feels this, but at a time like this there are dualities occurring – there is the part of me that feels like the child that has adored holding your hand, and learning at your knee; and, I see that that time is passing. I cherish the preciousness of that gift. You have truly empowered us in our journey. The young woman, the power that is emerging in me and each of us, is excited because, as Roinda said, it is a ‘growing-up’ time; it’s growing into more of self and that communication, that commitment, that dedication, to self-reliance and to the Father's will. So yes, it is a joyous occasion as well as a sad and heartfelt occasion. For myself, I simply want to say that I have dearly loved knowing you, feeling you, and experiencing this weekly feeding of our souls. And I thank you – from all of me, for everything that you have taught which has opened the doors for us. I had one question, and I suppose it’s appropriate: I had wanted to ask where ‘our will’ comes from; if it was in connection with our mind? or our personalities? or our souls? or our hearts? Or, from the Father within us. In answering that, maybe we can gain a little more strength in bringing our will to this next new phase. I love you, Ham.

HAM: Yes. You have correctly chosen your question, for this is indeed, the core of the essence of existence – it is the personal ‘will.’ Will is inseparable from personality. It is the personality which chooses. It is the personality which exercises will-choosing. Your most inner and most precious core is your personality. All else is changing – character growth, soul growth, individual learning in the mind – but personality is what survives. Personality is a given, created by Father; and will is His gift, also. Personality and will, are one. Is this answering?

WILLEENA: Yes. It’s helping to clarify. So in understanding then: Father's will for me is Father's gift of my being. Is that correct? I'll specify. Each individual aspect of us as personality is Father's unique gift of our individuality; and so therefore, Father's will for each of us is to fully be the core of ourselves, which is our will, our personality?

HAM: Correct. Father's will is for each of His many many children to find themselves in Him; for to find that oneness, that inseparability of wills, is to find eternal life. When the individual personality/will is choosing whom to serve, she should choose Father's will. When you continually choose His will, where there is a choice, then you gradually become Him. You see, you now are divided, as it were, created with potential. And having the divine Source within, you have God's personal spiritual presence for your own personal spiritual experience. Choosing God's will, reinforces your being. Choosing God's will, gratifies and validates your being. Choosing God's will, actualizes your being. Choosing God's will is the highest privilege known in the universe, yes, for when you and He are ‘one,’ there is

confirmation of all that you are, and all that is, at once. This new and supreme 'being' is actually understandingly a part of 'the Supreme Being' wherein you come fully into existence. This is where what was partial, is now whole. What was potential, is now complete, actual. All of life's purpose is in drawing us into this new emerging being. These concepts are far from your true abilities to completely understand at present; and, are far from Rebecca's ability to completely and accurately receive such transmission of this new complete self-realization – for it is far from you, still, to come into this oneness-perception. Suffice it then to say that you will see these realities through your newly given eyes when you are ready to; and then, all will be made new for you. [Willeena: Thank you, Ham. I look forward to actually meeting you, personally, in time.)

NORWOOD: Father Ham, I would like to say to you this evening that you have given me the best eight months I have ever experienced, spiritually. I feel like I have grown in this past eight months to understand everything that you just talked about the last hour. I love you. I will miss you. I am looking forward to the new challenge. Thank you.

HAM: Norwood, my son, all is well in your spiritual house. You have plainly seen truth and have acted accordingly. You have a steady mind and an earnest heart which will be your greatest assets. I look forward to seeing your progress in the future.

ROLAND: Teacher and my brother, Ham, I feel very grateful also that I have had these eighteen months of mind-to-mind experience with you. And, I'd like to express my willingness and my desire to serve in this Correcting Time mission, to continue to do so. I sense a newness about the direction of my life, and also the life of the group, which energizes me. I wish to play any part that might be of service, and I will to do the Father's will. One area of service that I can think of is perhaps such as with the two individuals that may be coming to Utah to receive private communications; I was wondering what we should do about those. My instinct is that if Amster, as you indicated, would continue to be the coordinator and Teacher, who has given many private meetings, through me. I was just wondering if that is the direction we should go? or should we cancel these meetings.

HAM: Amster is fully qualified to give these meetings. Have no concern over this. You have been a truly-seeking and truly-receiving son of Urantia; for sincerely have you sought after God, and this sincerity is your greatest strength, Roland.

JOHN: I wanted to say something profound or eloquent, but I think Willeena already did that, so I would just really like to express my gratitude to you tonight. It's been great to be one of your students.

HAM: John, you are coming into a new life in very many ways. You are growing into your shoes, for you have been foreseen to carry a great light into the world and you will need these shoes for so much walking. [laughter.]

DAVID: Father Ham, I too, would like to express my love and gratitude to you for helping me to get to where I can trust myself to the point where I am willing and able to go out on my own now with the help of my internal guidance. I just want to thank you, again.

HAM: You are truly a welcoming committee unto yourself. You have welcomed many who have sought entrance into this mission, and will indeed, welcome many many more. You are acutely aware of other's intentions, even when these intentions are hidden. You have been a great asset and will continue as such for your long life.

KARL (ARDEN): Teacher Ham, I'd like to say that you have a tremendous personality and it has been my great privilege to also be one of your students. I would like to thank Rebecca for her role in receiving your fabulous messages to us. And I pledge myself to continue the work that we have been doing the last twenty years since I discovered the Urantia Book. So I will miss you, and you know where to find me.

HAM: Arden, yes, I am aware of your sincerity, your willingness, and your sincere inner drive – or rather, your heart, which has been pulling you up a ladder for many years. You have followed in faith, your sincere inner callings, and have correctly perceived your own mission for years. Arden, you are a great son of this day and time, and you are always my pupil. Indeed, will I be watching you. Your mission is truly beginning now.

JAMES: Teacher, thank you for those beautiful words for my uncle. I too, would like to thank you for over a year and a half of challenge, uncertainty, growth, and true excitement. You have indeed, given us all a great gift and have touched our lives very positively. I want you to know that I think that you are a brilliant and great Teacher. I love you and will continue to love you. And regardless of what the future brings, I will never forget you. I will pray for your spiritual growth and success.

HAM: Thank you, James, for your kindness. You have always been my bright and willing, noble pupil, for you have surely trodden the sure but rocky road of spiritual understanding with me. You, of all of my pupils, have shown your sincerity with an effort to learn and grow in your understanding and spiritual awareness. If I could foresee your future world, you are very like Andrew of the apostles. You have been helpful in so very many ways, which has greatly helped many others while not taking credit yourself. You have shown others the path through their difficulties by your own hard experience. You are truly an inspiration to all for your quiet and unerringly helpful manner. Truly you are a great and wise soul. May your wisdom increase through the years and your faith make it so.

VANTEL: Teacher Ham, I wish to thank you very much for the opportunity to be here tonight. And thank you, from the bottom of my heart, for a year of what I know is your constant leadings to bring me much closer to this Mission. I know I've not been the best kind of student, and I appreciate the Teachers patience with me. I also want to thank you for the companionship that my friend and I have had in our journey each week in coming up here. We have felt the Teachers and their presence and have been enlivened by this; we are constantly marveled by it and you are held in great joy. We appreciate being welcomed so kindly into Ogden and we appreciate our meeting with you. I am thrilled to take this back to our group in California. Thank you.

HAM: Yes. You shall, in future, become an enormous benefit for those seeking Teacher-guidance. You are indeed chosen in this work and are welcomed with much heartfelt happiness. Thank you.

JEREMIAH: Father Ham, I also would like to express my gratitude, and I thank you for being our Teacher. I would say that in my life I have had many many teachers, and I say, you are the best. I am pleased to hear that we are ending one phase and going into a new phase. I look at that as a 'graduation,' and I thank you for bringing us to this level. I understand we are supposed to then get in touch with our Thought Adjusters, spiritually, and our own private Teachers, in the period upcoming. I look forward to Prince Machiventa in his leading us, personally. Of all the celestial beings that we have met over the last few years, you are the first that I personally got to know, and in that sense, there will always be a special place in my heart for you. I look forward into the future to serving and working with you on further missions for Michael's plans; and as well, those on high. And if you are familiar with the local river here, we can honestly say we have been together since the Jordan. My love goes with you. [laughter.] [Editor's note: There is a 'Jordan River' that runs through Woods Cross and is near where these meetings were held. It connects from the fresh-water Utah Lake to the Great Salt Lake - much the same as Israel's Jordan River that connects the fresh-water Galilee to the salty Dead Sea.]

HAM: Correctly and humorously put. Jeremiah, you are indeed, one of the first who responded to this calling, and you are counted among the first in the records. You are indeed, a willing and joyous person. I have been truly privileged to know you, to come to understand your way of understanding, and to be privileged to be your guide for this short time. You are loved by me, yes, and by many others. You are indeed our precious son who will ever remain faithful and courageous in this Mission. Our deep appreciation for your help and your courage. Thank you, Jeremiah.

JASON: Well, Teacher Ham, again you and the supernal staff have thrown me for a surprise, a complete surprise. I have tried many times to tune into your broadcasts of next events; and I admit that I have surely limited myself through my fears of what is going to happen next. So I guess you guys tuned me out, from my doing that. Three years ago I prayed for a spiritual event and I had no idea that this would be the event that would change my mind and my actions - but it has, it has changed me. I am not 'out of the woods' by no means; I still have a lot of frayed ends that keep breaking off. I hope that I can continue to serve you and Abraham the way that you would like. What I remember most is that particular occasion when you came and visited Rebecca and me. And of that day I was a complete stubborn human being; I had resistance in my heart and skepticism in my mind, and was just waiting to catch you in some form of a mistake. That day you approached me in a whole different fashion; and I knew then, that the supernal staff that I was dealing with was far beyond any expectation that I could put on them. Teacher, you've helped me come so far. I have dawned a view that couldn't have even been started without your assisting me. I hope that we are all ready for this next stand, and I hope that I can be a tool to help others in this new phase. I appreciate all your lessons. Thank you.

HAM: Jason, my son, you are chosen in deed and, in fact. You are going through a difficult transition time. Remember that, as in childbirth, there is difficulty in labor, there is trauma and pain and turmoil - yet in the end, there is new life. Take this understanding into your heart. Understand that you are coming into a new existence and that your rebirth into this newness is only a temporary condition. Look ahead with gladness and self-assurance that you can overcome any obstacle which

is in need to be overcome. Do not persist in climbing mountains when you can take the road around. Often when we multiply our difficulties needlessly, this can cause much turmoil, pain, sorrow, and suffering. Take each obstacle one at the time and leave the others aside. Do not try to take on overly serious obstacles when it is not at this time necessary. Live your life in the joy and peace of the Lord for He is ever with you, pouring His spiritual blessings upon you. That is all.

JASON: Thank you, Ham. I am a great one at piling up all the pans in front of me and trying to knock them over with my head. I guess I should change my ways on that. I should let my hair grow out and quit seeking after the worldly things again and just eat beans. That's about all I can think of to say here tonight. [laughter.] As long as we are in a humorous state, I want to mention that I love good humor. I know that humor is the essence of safety, for it's the zone of safety. I love you, Teacher Ham. I hope to be with you again, and I know I will be, someday.

NOLUS: Teacher Ham, I just want to thank you for the association and the joy that has come into my life since I have known you and since I have been able to sit at your feet and partake of your lessons. And, I appreciate really getting to know the essence of your being. I also appreciate your being with Jeremiah and I as we have traveled through various areas to meet other people in the other groups. It was a lovely privilege to find you, wherever we were, at our side; I just wanted to say I am greatly appreciative for that. I really very much wish to thank you for everything that you've given to me in my life. Lastly, I wonder if the occurrence I had in my sleep the other night when I was awakened, was real; maybe it is a symbol of some of the things that are to begin shortly in our lives?

HAM: Yes. Oftentimes in sleep, the forces of spiritual guidance are working. You must understand that your visions are 'for yourself;' they are highly personal and are not meant for sharing with a group. Your desires for this, your noble cause, is commendable, for your heart is known. Your true happiness and fulfillment are truly prayed for by me. And yes, the privilege of working with you has been mine. I am truly grateful to you and Jeremiah for your much, very helpful, efforts. That is all.

HONORAY: Father Ham, I would be very ungrateful tonight if I didn't express my love and appreciation to you for what you have done and, how you have changed my life through your lessons. And most of all I appreciate your many visits to my home and the help and the love that you have shown me. I feel saddened, in one way, to get the news tonight, like all of us are. It was a little hard to digest there for a while, but I am sure we all wish you success in where you are going now. I know that we will still develop here in our class and do what you have taught us. I just want to tell you how much I love you and appreciate you. Thank you.

HAM: Thank you, my daughter, Honoray. You have shown such great and wonderful spiritual light for so very many people. Our debt is to you. You are indeed, a great and noble spirit who has, and shall continue to be a great inspiration for me. Thank you.

MESNEUR: Ham, I want to thank you so much for your teachings. As I was coming here this evening, I was telling Nolus that we have Teachers to help us become one with

the Father, and that that is why we have Teachers. You confirmed that for me this evening and I want to thank you so much for adding to my knowledge that I have of that. I also understand, my Father has made it known to me that to be thankful and grateful is, in a way, having a real knowing of who we are. And, so loving ourselves and having love for one another, is very important. I want to thank everyone in this group that has added to my life and given me joy. These meetings have added to my joy in my life. I feel very much that one of my missions is to help people understand that joy that our heavenly Father wants us each to have, and it starts with knowing who we are; and, knowing who everyone else is as children of the same Father. And so, yes, I want to thank the people here – and yourself, Teacher Ham. This has brought a great deal of joy in my life, coming and hearing your lessons. Thank you so much.

HAM: Grateful thanks, Mesneur. My sincere and heartfelt appreciation to you and your great gifts, which are just coming into your focus even now. You will continue on your path. My love goes with you. Thank you.

SONJA: Ham, I too wanted to say thank you. I appreciate everything that you have done for me and for us. I just wanted to say thank you, and I'll miss you a lot. If you are ever in the neighborhood, please stop by.

HAM: Sonja, you have brought great happiness to me. I have watched you for many months and have been greatly heartened by your sincere and careful understanding of your mission, and our mission. Rebecca is becoming tired, and these transmissions may be somewhat flawed at this time. However, I wish to express my happiness with your progress. How wonderful it has been for me to be your Teacher and your friend. Thank you, again, Sonja.

TECTRA: Teacher Ham, I want also to say thanks. A lot of people here have said thanks in their own ways. I have been very filled by your guidance this last year that I have been attending here. I am truly honored to be in your presence as one of your pupils. Thank you for this wonderful spiritual water you've been raining down on us, and for opening up my eyes to the wellspring of spiritual water that is all around us on this planet. Thank you, that you have done this for me. Your mission is certainly working in my heart, and all of our hearts. I give great thanks for being here.

HAM: Tectra, you are my true spiritual son. You and I are very similar in ideas, in thoughts. You are my touchstone in mortal existence, for I see in you the reaction patterns of myself. Thank you for being so earnestly loyal; and thank you for being my pupil and friend.

I will always – this is for all, I will always be your friend and Teacher, even when not actively here. Remember you may call on me and I can answer. Remember, I am not far away; and, that I am only upstepped in this new assignment.

JOSHUA: Father Ham, the microphone is back around to me again. I also want to express my love and thanks to you for all of your tireless and unceasing efforts in our behalf and the growth that we have always seen because of your efforts and teachings. And, as I told you a long time ago, I look forward to the day when I am

re-personalized on the Mansion Worlds and can really visualize you. I don't know that you can shake hands and hug or whatever that you do here – but if we can, I'm going to hug you and give you a big kiss. [laughter.] I have one last order of business. I was contacted today by a gentleman from Rochester, NY. His name is John P. He said he thought that you had contacted him in the last few days, and he was wondering if this was his own mind? or if you could confirm or deny this contact. Thank you very much, Ham.

HAM: Confirmed. Your efforts, Joshua, have brought the living light of truth to multitudes and will continue to enlighten many children of this Earth. You have constantly lived up to all of our high expectations and have always been a living channel of love. Be constant in your faith and all will become clear in time.

My heartfelt love and appreciation to all of you. I am truly touched by your many expressions of thanks and love. Long will I cherish this time we have had, and long will we remain friends. 'Friends' is not the full word-form I would need, for it falls so short in expressing my affection for you. I truly love all of you and will truly miss these times together. But I will always be available individually, and I will always be your Teacher. My love to you all. Farewell.

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Bob Slagle ~ Welcome To Change Document on Teaching Mission

Dr. Robert W. Slagle, 12-30-1992

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Welcome to Change: An Overview of the Teaching Mission

Bob Slagle

1993

Robert W. Slagle, Ph.D.

Licensed Psychologist

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Complete acceptance

1) Personal Experiences

The teachers first touched my mind in the summer of 1991 when a friend sent me some transcripts of Abraham transmitting to a group in New Zealand. I was more or less nonplused by the seemingly less than Urantia Book quality of communication. The message seemed true but simply a restatement of truths replete in The Urantia Book and common in many other spiritual resources. I was skeptical. I was even biased against "channeling," at least in my limited understanding. It seemed unlikely that Abraham, the Abraham, Machiventa's Abraham, would suddenly pop up in New Zealand to deliver a message to a small, remote group of humans only mildly aware of The Urantia Book. Besides, deceased mortals rarely return to their native planets. (Technically, Abraham graduated in a previous dispensation, and could, as I understand The Urantia Book, return to Urantia [UB 1230:6, 1646:3, 1680:7].) Meanwhile, I was preoccupied with sorting out many other claims of revelation and prophecy alleged by other Urantia Book readers. Isn't there a lot of "stuff" out there? Seeking and sorting the myriad claims to truth and prescience can quickly become a full-time job. It boggles the mind. Yet, if I had not been both open and willing to plow through much superstition, confusion, and zillions of "spiritual" books, I might not have found The Urantia Book, with its lofty teachings that have so elevated my life. So, I have continued to pursue potential truth even when garbed in unorthodox raiment.

One brother, in particular, had caught my attention with his lengthy and comprehensive "prophecies" that seemed reasonably compatible with The Urantia Book. I sought the counsel of Jesus' Spirit of Truth, but as is often the case with me, not much seemed to be illuminated immediately. Discouragement comes easily when so much out there winds up proving to be another ego-bound delusional system punctuated with enough half-truths to catch the eye. Maybe I should just stick with The Urantia Book. But, in sticking with The Urantia Book, I find that it leads me to continue my search for Truth, within and without, in likely and unlikely places. Again, there is so much out there to be examined. Have you read The Scripts of Cleophas? I haven't; it's bigger than The Urantia Book. Yet, if I hadn't kept on looking, I would not have found the Course in Miracles, or Mary Strong's wonderful Letters of the Scattered Brotherhood, and many other sources of inspiration.

Eventually, I was guided to the conclusion that my would-be prophet brother, however sincere and well-intended and in possession of much truth, was tragically intoxicated with creative delusions. It was hard. I had spent many hours on the phone with this man and had developed a genuine love and affection for him despite his overly confident eccentricity. When I first heard rumors of the channeling in

Utah, I thought, "not likely." These rumors came in the wake of my unfruitful exploration of this other supposed "prophecy." Besides, I was busy with still another situation.

A woman I had not met called me and left a message that she was a reader and felt led—that it was appropriate to contact me. I returned the call, and she unfolded her astounding story of psychic experiences since adolescence, initially unnerving her, and later settling in as a way of life. She had a doctorate from Julliard and had taught at M.I.T. She was coherent and articulate. She claimed that she transmitted for the Order of Melchizedek. I thought, "not likely." After the last prophetic cul de sac, I was a little impatient with her but painstakingly pointed out that, if she was a Urantia Book reader, surely she knew how improbable it was for her to be legitimately channeling for "real" Melchizedeks. We talked further. I tried to take a gentle, tolerant tone with her as I believed Jesus would. I asked questions. I listened. I took notes. We had four hours of telephone appointments. After studying my notes and reflecting, I decided that my truth bells had not been rung; her channeled material was not spiritually relevant to my life at that time.

Before long, a dear friend shared a broader horizon with me of the channeling in Utah. He sparked my interest. He sat me down and played a tape of a small group session he attended with one of these "teachers" speaking through a "receiver-transmitter." I was skeptical, but it was not long before I was responding to the clarity, love, respect, poise, and down-right personality charm of this "person." Since I know my friend well, it was easy to empathize with his questions and reactions as he asked questions of the "teacher." There was something about hearing the voice, the pauses, the caring, the deliberation, the subtle intonations of this "other" and "greater" mind that was irrefutable to my heart. This was really real.

I asked for more tapes, and soon early Ham tapes arrived from Utah. Ham spoke slowly with many long pauses. This was different from the flowing conversational style of my first "teacher" contact. But the truths Ham spoke were no less real. Of course, I had intellectual questions and doubts too numerous to mention. Okay, I'll mention a few: Why the name "Ham"? Celestial lunch meat? Why channeling (I had been turned off by the likes of Ramtha and Seth)? Why New Zealand and Utah? Why seemingly "favored" people? Updating the Reserve Corps? Why were some questions answered with such generic answers, others evaded altogether? Are some people deluded—going along for the ride? Why were words like "stillness," "correcting time," and "teaching mission," not emphasized in The Urantia Book? (Or were they, but subtly and by other names?, ["silent communion" (UB 1002:5), "New Age" (UB1860:5), "new teachers" (UB 2082:9)]), why didn't any of the folks at the Foundation or Fellowship headquarters know more about this?, like the church-lady from Saturday Night Live says, "Could it be, could it be SATAN!?" Why do I need "teachers" when I have a magnificent epochal revelation, a perfect inner Guide, and many spiritual resources? Perhaps, if I ignore it, it will all just go away ("not likely").

2) Encounter of the Celestial Kind

I feel blessed that I had the good fortune to have a meeting with a "celestial teacher" who allowed me several hours to experience his presence and unburden myself of many questions. The transmission occurred through a highly gifted receiver-transmitter whom I hardly knew. This transmission was articulate, flowing, conversational, personal, intimate, and touching. I know from The Urantia Book that personal experience has no substitute; it is "the master teacher." (UB1195:4,

2076:5, 1961:4) And I find that there is no substitute for direct experiential contact with this Teacher Corps. The reality of this private session was so real, so profound, so loving, so revealing, so comprehensive, that all doubts were removed regarding the reality of this celestial teacher. He is an ascendant son from the seventh mansion world and was (to my amazement) willing to speak to me. All my intellectual arguments and doubts were short-circuited to a heart-soul reaction of certitude. Even most of my intellectual doubts were abundantly answered. My intellect strained to penetrate this event; I could not, but my truth bells had been rung on multiple levels.

This teacher reached toward me with tenderheartedness, sensing my anxieties, putting me at ease.

"...not everything must be squeezed into this tiny temporal moment. It is merely a getting to know each other type of a meeting.... Just relax and ask any questions without censorship that might be on your mind and heart. And if I am able to answer and if my contribution helps to enlighten you or spark your spiritual quest even further, then it is I who is blessed."

I asked how to better discern my Adjuster's guidance.

"That is the quest of the human: How to discern the human mind from the Divine mind. This is your great challenge as it is of every other mortal on this planet. First, do not spend overmuch time in the examination and intellectual evaluation of your thoughts. Try to come from the quicker emotional intuitive level, not emotional in terms of feelings, but the gut, more instantaneous reaction which in truth is coming from the integration of higher mind with human intelligence and memory experience. It is a good compass, and you should trust it more than you do. Second, if confusion still reigns in your mind, consider the spiritual fruits and ramifications of your guidance: will it have a good effect on you, on your advancement Godward? Does it hold the spiritual values of good to your fellows?"

I asked how to get to better know my seraphim.

"The seraphim are the closest non material beings to you. They are quite similar in reactions and understanding of Deity and truly love you and friendship you. The emotions which push the seraphim away are the human emotions of fear, anger, and a distraught or unbalanced state. The seraphim cannot break through these emotions which they cannot truly fathom in the human, and you in essence erect a wall of negativity which repels your guardian angels. So, an attitude of inner peace and serenity, cheer and joy, love, hope, would be best."

I asked how to be more forgiving.

"Forgiveness does not depend upon the remorse of the person who wronged you. Forgiveness is a capacity in your own being. It is a gift bestowed by God to man. And your capacity to receive the Father's and Michael's merciful forgiveness is and bears a direct relationship to your ability to forgive your fellows. To truly forgive you must foster soul growth and fruits of the spirit in yourself. As you grow in understanding the true scope of your fellow humans, it is not hard to forgive, but it becomes the natural order of a spiritual being. Fully evolved spiritual beings have no need to forgive, for no offense is ever seen by them, as they can see the heart-soul-potential-desire of their fellow sojourners. We are not so fortunate as to be in such a high place. Yet, pray for you to forgive yourself, and as you grow, it will become easier to see your fellows through the spiritual eyes of love, tolerance, and understanding."

I asked about this mission and how the teachers perceive us mortals.

"I have traveled through the seven mansion worlds but have not fused. I have not

seen Michael but have studied your planet for many, many hundreds of years, and there was great competition to be chosen for this mission. I was quite honored to be amongst those chosen because of my similar background...and my study of your planet and peoples. How do I see you mortals? Not as differently as you would think. I have down-stepped to a more morontial form to be able to make contact. So, I perceive a Light emanating from the head region at times which is your Adjuster. I can, if given permission, search your mind circuits for memories or knowledge of other humans of which I have none. I gather information just like you do, by meeting the human or searching the mind memory patterns of a human who knows the individual in question. Travel for us is quite fast, and we are aided by seraphim and midwayers. The Life Carriers help to effect the necessary connection for transmission and receiving as well as first and secondary midwayers. We hope to achieve in the next thousand years of the Correcting Time a spiritual upstep, using transformed individuals to ultimately transform this world. We are a continuation of the Fifth Epochal Revelation. We are not a separate bestowal, but this phase of the revelation was planned from the beginning. However, it was decided not to reveal this to the original contact personalities because of the danger that would place the revelation in-over emotionalism, non belief, dismissal—the book had to stand and root on its own. Now we proceed to take the humans who are ready and activate them out into the world. We will contact on a world-wide basis to readers and non-readers alike. We begin mostly with readers as there is less groundwork to lay. Does that answer?" I asked many more questions, too voluminous to quote, and wound up asking how to discern legitimate channeling.

"How to tell? There will be a network amongst the true transmissions. For yourself, judge the spiritual content, use your Spirit of Truth.... Truth may be gathered like a bee from flower to flower from sources which are human inspired. Celestial or non-corporeal beings do not have a monopoly on spiritual insight. So, whether a transmission is from us or is from the human higher mind is really just a speculation which humans and we like to engage in—to speculate about what could be. The message, if spiritual, will illuminate."

Amazingly, this experience was on one level very ordinary, just like you and I chatting, and on many other levels it was very extraordinary—truly awesome. It was reassuring to my soul. This experience was a cherished privilege which I hold dear. However, the teachers are no respecters of persons. They desire to get to know each one of us equally. They honor us immensely and see our true virtues through spiritual eyes. They never judge us. Some might think that this type of experience would lead to ego inflation. Not necessarily so. While on the one hand I feel blessed and deeply reassured, on the other hand I have a greater sense of my limitations and smallness. I am far from perfect and have a long, long way to go even in this life and must struggle daily with my flawed human character. As this teacher said to me,

"The struggle against anger, fear, envy, lack of love, anxiety, etc. must be done in the trenches of day-to-day life through reality experiences with others and the world.... The true fields of spiritual growth [are] disappointment, conflict, despair, etc.—uncertainty. Your uncertainty will last, as will every human's, until you are repersonalized on the mansion worlds. This is a life-long struggle, and much growth comes from doubt versus faith struggles in the human heart."

The fruits of this encounter in my life were immediate. I felt a new buoyancy, an enhanced desire to discern my Adjuster's will, an enhanced desire to be more conscious of my seraphic guidance, renewed energy to reach out and love, and

augmented willingness to seek daily communion with Father.

3) "Be still and know that I am God." (Psalm 46:10)

I remembered the teaching of Jesus to remain for a time in silent receptivity after prayer to allow the Adjuster to speak to the listening soul (UB 1641:1). Over the years I have tried to practice this stillness after prayer but ashamedly have not regularly sought to fully quiet my mind in prayer and worship. In my prayer life, I am guilty of perhaps talking more than listening. The emphasis on silent cosmic contemplation (UB 622:4) and silent communion with the Father are certainly replete in The Urantia Book, not to mention Jesus' living portrayal in his own life of frequently going apart, alone, for solitary communion (cf. UB 1754:6), as well as the times he sent the apostles out apart and alone to find the answer from within. So, I began the "stillness practice." I found this difficult and frustrating. At first it seemed I could not cease my mind chatter for more than a few nanoseconds at a time. Occasionally when I did reach a point of stillness, my mind would have to start a commentary on the process, "Gee, I guess this is the stillness; I wonder if I will hear voices." Then I would space on in more thoughts despite myself. Some days I felt such emotional-physical agitation that I would have to stop and get up and go do some "very important" thing I had just remembered. Soon I learned that coffee (caffeine) is an anathema to the stillness—I'd be "futuring" or "pasting" but was rarely in the present.

I think each person is different chemically, and each has to learn experientially what works best. White-knuckling through the stillness with gritty discipline did not work for me. The key is to relax, to let tranquillity descend naturally and fill the body and mind. We know Jesus' teaching of "non-resistance," and I found resisting thoughts didn't work very well either. So, I did what I had learned in Transcendental Meditation but without the mantrum. I allowed thoughts and feelings just to pass by, and when I became aware that I was spacing off, I would gently stop myself and attempt to re-focus on that quiet place within where the Monitor resides, where the answers to all questions exist, where the Source and Center of my being is. It was hard not to chastise myself for my spacey tendency not to be in the here and now. Gradually I learned just to matter-of-factly re-focus without berating myself for failing. Slowly, too slowly for my temperament and impatience, my stillness times became easier, more nurturing. There was still variability from day to day, but more often now I would have twenty or so minutes pass without much time consciousness. Sometimes, not always, I felt relieved or refreshed after this quiet seeking meditation.

My stillness times improved as I took advice from the teaching mission transcripts I had available. Teacher Daniel suggested imagining a still reflective lake or a white ball of light. But my ball of light would not stay still, and in walking down the memory lane of my travel-log of still lakes, I found I couldn't keep them very still either. Somehow there were always ripples or waves, and if I succeeded at quieting these, a fish would pop up. I took much solace in the words of Daniel that even a few seconds of stillness with intent to find God were worth more than can be imagined. I persisted. I struggled. I was jealous of my friends who seemed to easily take the stillness and achieve teacher contact. I heard teacher Ham say that auditory stimulation was especially distracting. So, I purchased 28 db sound attenuators (plastic ear muffs) and wore a blindfold. Ah ha! This was better, but no magic panacea. I continued to beseech the Father for help. Eventually, I began to have contact with "otherness" by asking questions after I had given thanks and

established a degree of silent communion. The sense of "otherness" for me was very, very subtle. At first it was like my alter ego answering my own questions. But occasionally there would be a hint or clue of higher contact. Sometimes it was the quickness of the answer to my inquiry. Sometimes it was the wording—just a twinge different from my style. Sometimes it was the character or timbre of the "voice" in my mind. Often it was the feeling-tone that accompanied the stillness time. I should add, I don't hear voices. My contact is intuitive or else word-thoughts in my mind. Everyone is unique, and the style of teacher contact seems to be unique to each mortal. Some people hear voices outside the head, up and to the left side, or behind. Some hear inner voices. Some have thought-words. Some see visualizations. Some experience a complex array of intuitive communications for which I am at a loss for words. Some people have more strong gut level reactions. Seeking is what is important and even teacher contact may be of little value unless the fruits are shown in soul growth. It is not words, but the sense of God's love that really counts. Has your spiritual life been richer lately? Perhaps you are having teacher contact, and simply don't realize it yet.

4) Could it be the Devil?

Caligastia is said in The Urantia Book to "still be free on Urantia to prosecute his nefarious designs." (UB 610:1) Is he insidiously working to destroy the Urantia readership through the "sordid practice of spiritualism"? Is the teaching mission another devilish scheme to take over your mind?

No. To know the teachers personally is a certain antidote for this fear-dominated belief. I know wherefrom I speak. I know that I know. I do not mean to sound presumptuous, just experiential. Such personal knowing is also the antidote for all the "explanations" for the teaching mission that invoke: mass hysteria, communal delusions, archetypal upsurges, group "needs," and all other manner of psychological speculation. How could Caligastia succeed in seducing us into wickedness by teaching us to seek the Indwelling Spirit daily, to live in allegiance to Christ Michael, and to constantly seek to love? As Jesus pointed out to his adversaries, if the devil casts out the devil, it is a house divided and must fall. (UB 2085:4) If this were Caligastia (and it is not) I would suspect that he has serious indigestion and must gnash his teeth with sleep disturbance. Allegedly being the source of the "channeling," he would have to constantly laud The Urantia Book, propose that we do daily acts of kindness to others, respect the will dignity of our fellows, advocate the Fatherhood of God and the brotherhood of man, and relate to us as a loving friend. Poor devil, he must have a nasty case of cognitive dissonance by now.

To follow the fear-mongering Caligastia theory to its logical extreme, let us assume that Caligastia is behind the channeling phenomena. What should the attitude and conduct of a faith-son or daughter be to such an impossible encroachment? Did not the Master teach and practice nonresistance to evil (UB1950:5)? Did Jesus not teach that we are to love even our enemies (UB 1134:1)? If Caligastia were still around, are we not enjoined to love even him, just as our Master did? Was it not Jesus' nonresistance to evil and divine love for his sons Caligastia and Daligastia and the other rebels that our Lord placed above even his own mortal life? Was it not His mercy that allowed this insane Lanonandek pair to continue to roam Urantia free to prosecute their nefarious designs? And with regard to the apparent strangeness of the teaching mission, how did Jesus treat strange teachers? Consider the Kheresa lunatic, or Kirmeth the trance medium. "...Jesus intervened and allowed him entire

freedom of action for a few days. All who heard his preaching soon recognized that his teaching was not sound as judged by the gospel of the kingdom" (UB 1666:3). Should skeptics not follow the Master's policy? When Jesus was faced with teachers of partial truth, he always emphasized the positive and made no attack on the error. We know that fear, suspicion, and intolerance are mind poisons (UB 1575:2, 1204:3). Is not the way of Truth to abandon fear and distrust in favor of faith in God's love and his assurances that a sincere soul is never in jeopardy?

Some relevant facts presented in The Urantia Book about Caligastia are these. His power was curtailed by the incarnation of Machiventa Melchizedek (UB 753:1). He has been comparatively impotent since the cross of Christ (UB 610:6). "Even before Michael's bestowal on Urantia, neither Caligastia nor Daligastia was ever able to oppress mortals or to coerce any normal individual into doing anything against the human will." (UB 753:3) He is shorn, finally, of all authority on Urantia. (UB 753:2) "...He has absolutely no power to enter the minds of men...." (UB 610:3). I emphasize this passage because my understanding is that if you really desired his wicked presence (however absurd) he could draw near to you and tempt you, but still could not enter your mind. Check page 610; what is your interpretation? And finally, Caligastia is "servile before the divine majesty of the Paradise Thought Adjusters and the protective Spirit of Truth...." (UB 610:4)

Let us unveil this Caligastia theory to reveal the lattice-work of sophistries that it is. First, does this theory misinterpret page UB 865:7 to mean that all "spiritualism" is sordid? Please read it again. I see no such logical implication. Some "spiritualism" is sordid; the logic of this algorithm does not necessarily imply that all "spiritualism" is sordid. But this is a "straw man," since the teaching mission is not "spiritualism" at all. "Spiritualism" in our common usage seems to me to conjure up seances, melodrama, and contacting ghosts, like dead uncle Ed, a speaking spook, invoked by the supposed powers of an entranced medium. In my opinion, the sordidness of such mediumship is its duplicity. Preying on the needs of ignorant mortals for dishonest gains (money-power) is a scam. My 1933 edition New Century Dictionary includes these synonyms for "sordid": base, low, self-seeking, mercenary. If you are paying a fee for "channeling," compare the teaching mission—the price is right, no charge, a gift from above. Second, we must believe that hundreds of sincere Urantia Book readers and truth-seekers suddenly developed the desire to be cursed with the wicked presence of the devil, or are fooled and incapable of sensing his iniquitous presence. What an affront to the Spirit of Truth. What an injustice to the goodness and sincerity of those brothers and sisters choosing to practice daily communion and acts of kindness as taught by these new heavenly teachers. Third, Caligastia, who was never able to oppress mortals, is now oppressing them; who was servile before the Adjusters, now dominates them; who has been comparatively impotent, is now mighty; who has no power to enter the minds of man, is now doing so. For this "theory" to be valid, The Urantia Book must be seriously in error. Moreover, what allowance should we make for the new revelation of the teachers speaking through many different transmitters that the rebellion is over and that all the wicked ones have chosen extinction? If it serves soul-growth to believe in this devilish buffoonery, I honor your free will choice. But the truth remains, "The devil has been given a great deal of credit for evil which does not belong to him." (UB 610:6) To me this "Caligastia theory" is one more example of this.

Is it plausible that the Lucifer Rebellion would be adjudicated in our lifetimes? From The Urantia Book, it seems that the adjudication was begun during the times of

the Urantia revelation. (UB 529:1) It was virtually settled by Jesus on Mount Hermon. (UB 1494:3) Teacher James comments, "...you must understand that up until the time Lucifer ceased to exist, he still had free will and had not agreed to the adjudication. The adjudication could not happen until he agreed that it was the right thing to do and that this date could not have been known precisely by anyone until it came about." (James, 10/4/92) This statement of James agrees with The Urantia Book in that our heavenly Father requires that no action be taken until the sinner himself approves of the justness of the verdict. (UB 615:5, 611:6)

Over the years I have not given much energy to worrying about Caligastia or the wicked things he might be up to. I have found much reassurance in The Urantia Book. However, the announcement by Ham and others that the rebellion is over did give me a feeling, at first of skepticism, then of sadness and relief. What happened to the rebels? "We are sorry and also happy to report that they have become as though they had not been. None repented. It was a hard combination of reality feelings when we received this information," (Ham, Woods Cross transcripts, 1991, p. 1). I am sorry that all the rebels chose extinction. So much love and effort by our beloved Sovereign was extended to them. It is incredible that they would reject His mercy. "Patient is God, and He waits until eternity if that is what it takes, just as He did for Lucifer. This was such an unfortunate case, where one so brilliant could not be reclaimed back into the fold. He was, however, allowed to make that free will choice, and it must be respected. Our Father wept with the news of this decision,...." (Will, 1/4/92)

An Unseen Helper says, "Caligastia has not been on the planet since approximately 1984-85 your time. All rebellious spirits from Lucifer to the lesser participators of the rebellion have all chosen death and are as if they never were. Only their negative lifeless energy is on the planet. Some will give it life through personal beliefs, fears, and emotions, but it will gradually dissipate and cease to exist...." (Aflana transcripts, 1/27/92)

Why a will creature chooses to reject love is truly unfathomable to me. Nonetheless, I believe that Caligastia is naught. My soul soars as I realize that the torturous hand of the wicked Prince is gone. As I look out upon the world, I see that the numbing spectacle of pain and anger is at worst the momentum of the past, that destructiveness from here forward is entirely human choosing. It is the infinite Father's desire that not one shall be lost, but He is so respectful of each of us that no creature is forced to continue life against his own will. What a cosmic coup de gras is the Father's merciful obliteration of those who choose not to be. What a wonder of cosmic justice, this adjudication by the Ancients of Days, the fulfillment of God's great gift to us, freedom of creature will.

5) "Fear not." (UB 1103, 1582, 1820)

I found that there is no need to fear a hostile take-over from within. It is the Kingdom of heaven that is within. It is God that is within, not celestial corruption, "...you may rest in the assurance that there is one inner bastion, the citadel of the spirit, which is absolutely unassailable...." (UB 1096:5) (I especially like that word "absolutely;" that's pretty unassailable in my opinion. And yes, I have dedicated my soul to God's keeping.)

Surprisingly I haven't had much conscious fear in this process of making contact with Michael's celestial teachers. Occasionally, I had a twinge of fear that I might be afraid. No, I am not fearless. I fear pain. I fear isolation from feeling love. I fear being sick and friendless. I fear decrepitude and the process of dying (not

death). The list goes on but is unimportant in light of the Father's precious gift of faith which is available to all who reach up and trust in the Father's down-grasp. I do experience reactionary animal fear. After all, this teacher contact is a new experience. Is it not ironical that the animal body fears that which the heart most desires? So, most of us have had our twinges of reflex defensiveness when we sense heavenly contact, but it passes quickly in the face of the warmth, gentleness, and caring that accompany this "receiving." Faith and patience have aided me greatly in accepting this new form of communication. It just takes a little stillness time and patience to begin to sense teacher contact. The teachers are in no rush. Jesus was never in a hurry. Why should I be?

I discovered early that the responsibility for determining the truth of any given transmission or part of a transmission is mine alone. Each mortal must rely on the Spirit of Truth to verify or falsify any aspect of the teachings. The teachers do not claim to be perfect; errors do occur, and it is up to me to discern them. So, often I take a "wait and see" attitude. For some things, time alone reveals the fruits. I have found in general that the spiritual teachings of the mission are excellent and close to error free. As transmissions relate to the material level, human longings and emotions seem to enter in more. However, it is the spiritual that counts; material disillusionments are a part of life.

The teachers are clearly here to teach us more about spiritual living. They are not here to work wonders or provide empirical confirmation of their reality. That is the work of the Spirit of Truth. I am rather impressed by how consistent the teachers are in not working "wonders" or "proofs" of their functioning. I remember that Jesus was repeatedly pressed to show the people a "sign" that he was from God, but he steadfastly refused to appeal to the miracle-seeking nature of humankind. The teachers seem to follow a similar policy. They very rarely answer questions about politics, social issues, science, and other worldly matters. We must learn and earn our own way through faith and daily struggles with the grit of life. I see the teachers as respecting us so much as not to diminish our agondonter status nor our right to progressive soul growth through free will decisions.

6) Preconceptions based on The Urantia Book

In December of 1991, I began to listen to tapes of Ham's transmissions to the Woods Cross group in Utah. I was surprised at how many preconceptions I had developed from reading The Urantia Book. I thought, if "celestials" are contacting us, surely it will be this way or that way, more perfect, not an isolated communication with unknown people. Why wouldn't the celestials visualize as Gabriel did for Mary, the mother of Jesus, or as had happened on the Mount of Transfiguration? Why would contact be made via humans where unconscious material from the transmitter might contaminate the message? Why didn't they use computers or some other technology for accuracy? Why did some people call Ham "father Ham"? Why did so many of the messages seem to be a "pablumized" version of The Urantia Book? The Urantia Book is so precise, comprehensive, and eloquent. There seems very little in the mission transcripts that adds to what is already in The Urantia Book. Even the teachers admit to being imperfect and making errors, yet clearly acknowledge The Urantia Book as nearly error free.

"Most of the receivers of our teaching are eventually and purposefully brought to The Urantia Book, for it is extremely accurate. In things of our teaching lessons there are some new occurrences which are inevitable when you consider this type of communication. The Urantia Book is a bedrock of knowledge for you to build upon, and we are encouraging its further study and understanding. Yes." (Ham, LA, 2/1/92)

Later, Ham answered this question.

Q. "...Are there also inaccuracies in the writings of The Urantia Book through the personalities which claim to have written it?"

Ham: "Very few and these are all very minor as to be negligible. It is very accurate."

As I continued listening to tapes, I realized that my preconceptions based on The Urantia Book were simply my idealizations and biases. In fact, I didn't have the foggiest notion of how celestials might contact Urantians. I began to open up to Ham's teachings and was often touched by his charming lessons. I still found myself critiquing the human questions during Ham meetings. I would listen in the car and find myself saying out loud, "Hey, why ask that? It's in The Urantia Book," or "Why ask such an abstract question? Get relevant!" Then when I began to converse with teachers via receiver-transmitters and listen to my own recorded questions, I was regretful of my judgmentalness of others' questions. I often found my own questions to sound foolish and irrelevant. Soon it began to dawn on me that it was not the content or eloquence of questions that mattered. What the teaching contact was about was living interpersonal contact, human to morontial, morontial to human. The value was not so much in the content of material but in the intimate personal experience, the sensing of a higher presence. The transcripts are like the fossilized remains of a living experience, but like The Urantia Book, can be greatly inspirational. To me the Woods Cross transcripts are spiritually rich. Here are a few sample quotations. I love the ending to the lesson on the Fatherhood of God.

"And now I will leave you with this thought. There is a certain tree which grows in the wind. It is gnarled and bent and small and hearty. On the crag of the cliff, it looks down at the ocean and receives the mist from the tide. It looks up at the sun and receives the warmth of her light. It clings steadily to the rock's face and is secure in its place there. Having grown amid so much wind, there is not a wind which can bring it down. Shalom." (Abraham, p. 33, 1991 Woods Cross Transcripts)

I much enjoyed Ham's comments on laughter.

"Laughter is the best medicine. Laughter is a healing and curing activity which greatly uplifts the attitude of the mental mind which is beneficial in seeing the full nature of the situation. In worry, we tend to look at our feet, so to speak. In laughter, we tend to throw our heads back and look around us. Worry is inner consuming, laughter is outward releasing. Therefore, I say to you, laugh. Laugh fully and often." (Ham, Woods Cross transcripts, 1991, p. 42)

Ham has this to say of the morontia life.

"The morontial life is much more enjoyable than your toiling and stressful earthly experience. You will see with Divine clarity the purpose of your ordeals in this life, and will appreciate the ordeals themselves and the guidance which brought you through them. This appreciation will be a great unburdening of your worrisome self, for you will be able to know your purpose. You will be able to foresee your future purpose, and all of this together will be a great relief as well as joy in your innermost core." (Ham, Woods Cross transcripts, 1991, p. 45)

(Start here on April 25th 2025 class) Ham's announcement to Urantians

On February 1, 1992, I heard Ham make the formal announcement to Urantians of the teaching mission. To say that this event in Los Angeles was strange and bizarre would be an understatement. Human emotions were diverse and intense. In a cavern-like room at the Quality Inn the vibes were inexplicable and complex. There was an interminably long pause before Rebecca, seated lotus-like under a spot light

on a large paisley couch, began to transmit. The rumble of planes taking off at LAX filled the long pregnant pauses like a cosmic drum roll.

"The love of God enfolds us. The power of God protects us, and the presence of God watches over us. Wherever we are he is. My profound and sincere greetings to you all this evening. I am Ham. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia. I am one of many teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many teachers among you. Great is our mission. Understand this in your hearts. The time has arrived for expanded level of truth to begin correction. We come, not for ourselves no, indeed, rather only in service of Michael. This day is, marks, the beginning of the Correcting Time. Machiventa Melchizidek has arrived and has been duly inaugurated as acting Planetary Prince of Urantia, an assignment he has accepted from Michael. Long years we have waited this day. The Lucifer rebellion is officially ended in Nebadon. The circuits which have isolated your world are being reopened. All these changes are occurring. I am in accord with the plan of Michael. Happy and joyous is this day, blessed in the sight of our Lord. Gracious listeners, I bid you welcome to change. We mark the beginning of the reign of Prince Machiventa on this day. Questions are welcome, indeed happy am I to serve you...."

Had I not had the previous confirming experiences with a teacher in private, and many tapes of Ham, I think I would have been as nonplused at this meeting as many attendees seemed to be. Later, I was surprised at how different my impressions were of what Ham said in person as compared to my experience of the tape recordings and transcription of this ceremony. What Ham actually said, and what I thought he had said, were amazingly different. As I poured over the tape and transcript, Ham seemed much more coherent and clear than I experienced in the vibe-charged room near LAX.

Requesting a teacher

In December of 1991, I asked for a teacher for our area. The procedure seemed to be to call one of the people in the Woods Cross group and ask him to ask Ham. I did this and was admittedly a little put off by the protocol. However, I had met some of the Woods Cross folks in Los Angeles and found them gentle, unpretentious, sincere, and down-to-earth. Before long I received the Ham tape with my request and was delighted that Ham said "Yes." Actually, I had never heard Ham say anything but "Yes" to the many heart-felt requests of people wanting teachers.

More recently this protocol has changed (remember, "welcome to change"). It is no longer necessary to call Utah and ask Ham for a teacher. It is no longer necessary to attend a group with an on-line transmitter. Any human child of God may simply ask the Father during pray-worship-communion. This is personal, private, and between you and God, as I believe it should be, in light of the teaching that God is no respecter of persons. The teachers are no respecters of persons either. They want to get to know each of us equally. "Your thoughts and feelings and desires are known. We wish to understand all of you equally, yes," (Ham, Woods Cross transcripts 1991, p. 14). In a time-space frame, sequences are common and there may be the appearance of preferential treatment, but if you look deeper, this is not so. In fact, our teacher, Jared, has told us that any human being who sincerely wants a personal ascendant teacher need only ask in the privacy of prayer. I asked, If all five billion people on Urantia sincerely asked for a personal teacher, would one be assigned to each mortal? The answer was "Yes." (Jared, 10/92). Likewise, the teachers are so respectful of our will dignity that they do not contact the minds of mortals who choose not to receive this gift. No judgment is made. Each mortal has a different path to Paradise. Your choosing not to participate in this mission is

respected, and there is no judgment of your worth or soul growth. You are always welcome, and always free to change your mind.

Transmission errors

I went back to reading transcripts, listening to tapes, and practicing the stillness. Soon I received transcripts from a variety of teachers. I was impressed by the consistency and high degree of correlation between messages in various transcripts. I was vigilant for errors, inconsistencies, and differences from The Urantia Book. There were minor inconsistencies and errors, but to me this did not outweigh the beauty, truth, and goodness, overflowing from all of the teachers I had experienced. Besides, the teachers are most tolerant of human skepticism and taking a "time will tell" attitude.

"...A system that is built upon free will choice is also a system which must withstand the inevitable appearance of conscious and unconscious errors. Particularly when you ask us questions that involve predictions of events on your planet, there is great opportunity for error to enter. The rules bar the pre-emption of any creature's free will. Between the prediction and the predicted event, an infinite number of creature choices may change the result of the chain of events upon which we relied in making our statement. 'Chain of events' is an imprecise term to describe this process. Rather is the reality better described by the movement of an ocean current, like the Gulf Stream current in your immediate vicinity. Along its margins, top, bottom, and sides, there is continual interplay of waters, yet the whole is moving inexorably on to some further destination. Because of the changeability of fact sets, questions calling for predictions are disfavored, and only aggravate the human tendency to doubt. It is only secondarily because we fear that you will rely on our predictions that we hesitate to predict. The inescapable margin of error, and its consequences on the human mind, are the primary justifications for our distaste for predictions." (Will, 12/6/91)

Most apparent errors seem associated with less spiritual teachings, issues where strong human longings and emotions might bubble up. Teacher Will refers to this type of situation as a juggernaut. Since human volition is inviolate, the teachers must allow the longings of human transmitters to well up, emerge, and take their natural course, even if human disillusionment and disappointment temporarily follow. Once I began to understand the tender and intimate relationship between a teacher and a transmitter, I began to understand why teachers don't always or immediately correct human contamination of a message. In my own very limited experience as a transmitter, I know how humiliated and pained I would be if the teacher transmitting through me were to criticize or overly correct me. My doubts are great enough anyway. The transmitter-receivers that I know are typically humble about their abilities and often think early transmissions are only a product of their human minds. The freedom to make errors without chastisement is essential to growth, and, in the long run, either the previous errors don't matter or are corrected. "... all errors which may be transmitted will be corrected as trust and confidence surely evolve. You will recognize these transitory errors as mere blips in the continuous stream of Truth," (Ham, private meeting, 5/31/92).

How does a person become a transmitter?

The talent for being a transmitter is referred to by Jared as "luck of the draw." Some people seem to be innately endowed with the biochemical-brain-mind-field suitable for receiving teacher communications more easily than others. Some people just seem to start off transmitting rather easily. The teachers also tell us that there is prior unconscious preparation of transmitters who are willing mortals. Some

of us, like myself, are not so gifted, but it seems that anyone who truly desires can learn by persistent stillness meditation. Again, having this talent is no judgment on soul status. Likewise the point in time when a TR (transmitter-receiver) comes on-line is no measure of soul worth or spirituality. I have practiced the stillness persistently for over a year and still am able to transmit teachers for only a few words before I lose contact or reflexively block transmission. Another person came to our group with no previous experience with the book or the mission. Her naiveté and innocence were complete, yet within just ten days she began transmitting extensively and clearly for Ham and other teachers. (By the way, she is eagerly reading in The Urantia Book now).

Cosmic psychologists

Each transcript is a lesson in the nature of human-morontial, morontial-human interaction, and is also a lesson in group dynamics. The teachers are marvelous psychologists. I never cease to be amazed at the gracious manner in which they juggle the diverse emotions and needs of group members. As a psychologist with much teaching and small group experience, I am deeply impressed by what I see, and I know I see only a narrow spectrum. Teachers are masters of not fostering co-dependency. For me, there is not even a hint that the teachers are initiating a "Teacher/Priest Class" in our society. They are not so much the giver of answers as guides to our finding our own answers from within. Their uniform fairness to each individual is remarkable, all the more so to me knowing, as I do, the typical challenges of group dynamics, rivalry, envy, hurt feelings, anger, withdrawal, manipulation, enmeshment, ego inflation, and deflation. The teachers are subtle in the tapestry of goodness they weave in a group. But as the transcripts unfold session after session, it becomes easier to see love and group bonding emerge. The teachers are able to honor and praise humans without pretense or exaggeration, yet do this in such a way as not to foster pride. I have never known them to criticize, yet in their gentle understated way they allow us to be aware of our limitations and shortcomings. At the same time, there is no judgment. Sometimes it is hard to believe how accepting and tolerant of human weaknesses they are. I believe contact with teachers is healing.

The teachers are a marvelous projection mirror for students. It seems every question a mortal asks allows for a measure of soul opening. The mirror is pure and free of the legacy of dysfunctional family dynamics so present even in the most advanced of therapists or closest of human friends. It becomes easier to trust these invisible teachers as no comment or answer to a question is ever intended to hurt or depreciate the human. Their humor is delicate and light, never tinged with insult or bigotry. Although above us and beyond us, they never act with an attitude of parental authority. They are not our parents. They are teachers. They are friends. I have learned to be less judgmental because they model such unwavering and unconditional acceptance of us. I see my own tendencies to judge or complain about someone in bold relief. About the time I am feeling grumpy toward someone, a teacher may treat them with such esteem that even though I might want the teacher to chastise a seeming wrongdoer, I come away rather desiring to clean up my act, to become more accountable for my attitude. I am constantly reminded that the Father loves each and every one of us with an infinite love, even the supposedly unlovable. Their interventions are gentle, so understated as to be missed by one who does not seek. Yet, I have never been aware of a teacher being swayed or pressured by a mortal manipulation. If a question has been answered and the mortal demands more, the teacher may simply say, "the answer has already been given, there is no more to

say." Their use of pauses and timing is a study in communication mastery. They use pauses and silence boldly and with great power. They do not come from a fear base, so they do not fear us. They are not afraid to take a long pause or speak directly or challengingly, or steadfastly refuse to answer if they so choose. They are never rude.

A unified team, a community, a network

One of the advantages of reading transcripts from different groups is to glimpse the marvelous teamwork of the teachers. In our world I am so accustomed to hierarchies of authority. The teachers seem quite fraternal. There is no hint of elitism or status preoccupation. They refer to each other as well as humans as brothers and sisters. They ask that we view them as friends. Their teachings are consistent from group to group, albeit the variety of expression of the same fundamental truths is delightful. What are their common teachings? A transformed world through transformed individuals. And how will the transformation of the individual human take place? The teaching is deceptively simple: seek guidance in stillness daily; do little acts of kindness to people we contact, strangers and friends alike. This simple sharing spreads from person to person—the benign virus of love (see UB 1098:4). They do not make demands beyond our abilities. We are not required to suddenly be Gandhi or Mother Teresa.

They are in total support of The Urantia Book; they refer to it constantly. They claim allegiance to the Father. They are in service to Christ Michael. Their concern for the dignity of human free will is paramount. Their goal for us is to lead us across the dangerous ground of discerning the Adjuster's will for ourselves, to become more attuned to the will of God. The consistency of these themes among groups is not just apparent but astounding.

Peace within

I continued to seek daily stillness time with my inner guidance. Sometimes I could get my mind to settle down a bit, but times of silence were still short and rare. I took inspiration from the many teachings about stillness.

"...For all things a beginning is necessary. Therefore we ask you to try to compose yourself. Clear your mind. Don't think about anything. Don't think about not thinking. I like to use the example of the water in the glass. The more you try to calm the water, the more it is stirred. Just allow it to fall into the bottom and come to rest naturally and you will find that there is a stillness which has great vitality. You will be able to discern the vitality of God Himself, even in what you formerly thought were the empty spaces. Those who can find meaning in the empty spaces are truly on the right path. Do you think you can do that? (Will, 12/15/91)
"Practice the stillness, go into the quiet every chance you can find for at least 10 minutes each day. This is the most valuable discipline you can attain at this time to help us. Giving us your permission just before sleep is also indicated if you are not already doing so. We are limited only by your free will. You must choose to be our expressions, our hands and feet, if you will. Through you we can carry a message of Truth to all corners of your world of Urantia. We desire to do just that."(Aflana, 3/3/92)

"The greatest single factor in the well being of mortal man is to achieve peace within. 'This peace I leave with you,' was the Master's salutation. Your continued effort to seek guidance from your Thought Adjuster by seeking the stillness will provide a fertile ground to the establishment of a permanent peace and centeredness which will permeate your physical body and maintain healthy balance."(Ham, private meeting, 5/31/92)

"More time each day should be spent in the quietness--in stillness. This is an effective way to making communication. You are disappointed if you do not hear small, still voices inside your head. I would tell you that this is not the usual method of communication. All of you have felt urgings, have known the things that you should be doing. You have felt the need to aid your brother, to go to worship services, to love your children, to love your neighbor's children, to love the children of the backward countries who have nothing to eat. You indeed are communicating; these indeed are not just of your own making. These ideas are prodded and encouraged, implanted by your guides. You expect so much when already you have so much. You may indeed hear that small, still voice if you listen. Many do, many do not. You must trust yourself. Trust your inner guidings. Believe that we are here and that we are aiding you." (Clois, 11/1/92).

"If you spend time each day in quiet, in a place where you retain the joy of a happy or more relaxed moment, when you give up all worldly concerns and let the mind be free and the heart open, you can release much tension and much aggravation, anxiousness in this process. It is not bad to feel anxious or to worry, however, it is just that it is a waste of time, especially when there is so much to be joyful, or to be at one with, such as the sound of rain, the song of birds, the light of day; yes, there is another way, if you choose." (Astara, 12/11/92)

This wonderful freedom of choice, this gift from the Father is so precious. I continued regular stillness even if I felt frustrated or felt that it was unsuccessful. I learned to look to the longer run, not to expect too much in any one session.

Traveling to Utah and Idaho

In May, 1992, I traveled to Utah, met with Ham, and attended a meeting of the Woods Cross group. Every group has group dynamics of emotions and viewpoints. This was true of the Woods Cross group. I was rather surprised at how many people had been willing to move from a strong Mormon background to acceptance of The Urantia Book and the teaching mission. I found these people culturally different from my California culture and extremely delightful and genuine. I found very little pretense and very much sincerity and truth seeking. I traveled up to Idaho and met a number of people in those groups. Vistas were beautiful and the people were friendly and charming. Meanwhile back in Utah, I had an opportunity to ask Ham more about the teacher requested for our area.

"The time of the arrival of your teacher is dependent on those preparing and prepared for his eventual communications to your group. I am, however, at liberty to tell you that the teacher who is assigned to your group is Jared. Jared is an extremely capable teacher who is even at this time amongst those who are now in the group and will become part of the group.... There are those in your group who have already sensed the contact. Their will creature acceptance is dependent upon the elimination of fear, faith in the process, and the love of Jared, your teacher. This method must preserve the requirement of faith in those who react and act as receiver-transmitters. We are proscribed in this, that it is so subtle a direction that the contact person must have faith...meditation and quiet time is essential...." (Ham, 5/31/92)

By apparent chance, our study group increased to triple its previous size. The summer was a time of spiritual questing and much excitement. Some of us could sense the presence of Jared's teacher corps during our group prayers even though a speaking transmitter had not yet emerged. There was a crescendo of good feelings perhaps reaching a peak at our Jesus' birthday celebration in August. Our first

spoken transmission came on August 25, 1992. Our first transmitter, Lisa, is one of those sweet, understated people who, while not having read The Urantia Book, lives the teachings in her daily life. I have known Lisa for many years and I know that it is not her style to seek glory or even speak in groups. She shuns anything pretentious and is a busy working mom. Let me quote (with her permission) some of her story.

"Beginnings: experiences of a transmitter"from Lisa's Journal

"Sometime in February or March, I gradually became aware of a voice in my head talking to me about everyday things, gently directing my thoughts and actions. Mostly the voice told me about my kids, things I already knew but confirmed good approaches. It was very positive and loving. The voice mostly spoke to me in the shower, before falling asleep and when waking up.

"As time went on, I got more comfortable with it and heard more.... He told me neat things about my children, things that worked well with them, regular stuff. It is actually hard to remember specifics; it just became a part of my daily routine. I talked to [my spouse] about it a couple of times and decided it was my conscience or my Thought Adjuster. (Lisa knew of Thought Adjusters from conversations with our Urantia Book readers).

"The voice tended to get stronger and more defined. I was clear that it was a man's voice coming from outside, above my head and to the back, left. I got really used to the voice; we had nice comforting conversations daily. It naturally seemed a part of me.

"During the spring, I did attempt to listen to some tapes of Ham's teachings. I found it very difficult and only listened to parts of a couple of tapes. I felt overwhelmed; I could not do one more thing....

"On Wednesday, August 12, in the evening, I asked [my spouse] about Gennie's trip to Utah where she spoke to Ham and asked about Jared. Ham said Jared had attempted to contact everyone in the group. I suddenly sat up very straight. My mind was whirling. How did this relate to me? Was I part of the group? I was terrified; I cried. I asked [my spouse] if my voice could be Jared. My reaction also surprised me. I had not been attending the meetings--why would I respond?

"Thursday morning, 8/13/92, I awoke early, which is very unusual for me. I felt very quiet and peaceful. I asked:

"Are you Jared?"

"Yes."

"At that moment I had no doubt, the answer was very strong and clear. It wasn't until later that my intellect kicked in and I questioned my sanity....I had not been attending many meetings, done much reading, or even listened to many tapes. I did not know much about this. Bob helped confirm many of my perceptions and reassured me.... After all, he had asked for the teacher.

"...I continue to be amazed at how presumptuous I felt and yet equally compelled to share this information....I continued to wonder why I was the one to hear Jared, our group's teacher; as well, I continued to question if it was real. I got some pretty clear answers....I am fairly "clean" in that I don't have as many emotional distractions—I don't have many emotional scars from my childhood, I don't consume substances like alcohol or caffeine. The biggest thing: Jared could relate to me about my children.

"Friday morning, 8/14/92, I realized that the voices were more distant. It is up to me to choose to continue to hear the voices. I must make a conscious, willed, choice to continue hearing. I didn't want to lose them, to lose this opportunity, this

gift, so I chose to continue....At the same time, it scared the living daylights out of me. I wanted some confirmation of the reality of it and didn't know how to get it. At the same time, I did not need any confirmation, I knew it was real and I just needed to trust my own feelings....

"September, 1992. During the beginning of September, I am sensing more and more spiritual presences.... The voices become stronger as I come to accept more and fear less. The feeling is always warm and loving and patient. They have all of eternity.

"Saturday 9/12. We had another practice session at Bob's....It took quite a while to establish contact. ...I was being "plugged in." It felt like it was a pretty good connection and I was able to transmit for 45-60 minutes. I could really feel Jared and was able to transmit his messages. The contact felt stronger-better. I was able to laugh and be more aware of the people without losing the connection with Jared. As is usually the case, I don't remember much about what was said."

Psychological, sociological, historical, and other explanations

In my heart, experientially, I am convinced of the authenticity of the mission and its supernal teachers. In my mind, of course, I continue to ask questions. I have had many doubts, especially early on. Now, I occasionally look for doubts but just don't find any that penetrate my heart-conviction-certainty. This is not to say that many aspects of the mission are not a mystery to me. This is not to say that I do not reflect on apparent inconsistencies, contradictions, and seeming errors in transmissions. However, most of these seem unimportant for my spiritual growth. The tendered explanations for the transmissions that I am aware of require more assumptions, suppositions, speculation, and logical gymnastics than the belief that transmissions are really from celestial personalities. I have yet to hear an explanation that explains anything. I have yet to hear a theory that is in any way comprehensive. To me, most so-called explanations are simply labels, buzz-words like "mass hysteria" or "multiple personality." The trouble is that most psychology that deals with mind dynamics is itself an art, hypothetical, or at the root, simply conjecture. During twenty-five years as a clinical psychologist, I simply have not seen any client manifestation or pathology that comes near the consistency, depth, or has the spiritual qualities of these transmissions.

The power of beliefs, even erroneous beliefs, is great and is known in psychology. Festinger's book, *When Prophecy Fails*, is an excellent chronology of the social and psychological dynamics of beliefs that fail in objective predictions and how people tend to rearrange their outlook to incorporate dissonant data into the old belief system. As William James said, "When most people think they are thinking, they are just rearranging their prejudices." There are natural dangers or pitfalls of the human mind. I do not suggest that it is appropriate to be foolish or blissfully gullible, to accept every unusual thought as from teachers or the Adjuster. The *Urantia Book* is clear on this. "This is dangerous ground, and every human being must settle these problems for himself in accordance with his natural human wisdom and superhuman insight." (UB 1208:6) Indeed, in our secular and scientific society any belief beyond the dead level of replicable empiricism is often looked upon with disdain, including a belief in the authenticity of *The Urantia Book*. Present-day scientific psychology still has no place for God.

Although I have served as a hypnotherapist, have occasionally had to hospitalize psychotic brothers or sisters, and have sat many hours with many disturbed individuals, none of these experiences ring similar to the teacher transmissions. The types of pathology involving auditory hallucinations and complex delusions are typically paranoid schizophrenia, bipolar mood disorder, and dissociative

personality disorders such as multiple personality. I have worked professionally with schizophrenic, borderline, and manic-depressive individuals. I find little similarity between these individuals and the receiver-transmitters of the teaching mission. Although DSM-III-R allows for multiple personality, even individuals so diagnosed do not manifest the types of behavior found in the teaching mission. And we know from The Urantia Book that true personality is not multiple and is not even the same construct as is used in contemporary psychology. Involvement in the teaching mission necessitates an accompanying belief system which may have transitory delusional components. The same is true of The Urantia Book. The Jungian concepts of "archetypes," "a collective unconscious," and a "personal unconscious" have little or no empirical basis, depending on whom you talk to. Many theoreticians regard this all as sheer speculation. I personally am enamored with Carl Jung and hold the opinion that some of his theory is corroborated by The Urantia Book. However, no psychological theory, much less rubrics like "mass delusions," or "upsurging group needs," even begins to satisfy me in explaining the phenomena of the teaching mission, much less my personal experience (cf. UB 1107:7-8). I think any theory that claims to invalidate the reality of these transmissions must account for the following (a partial list): the consistent and coherent Urantia Book values emerging from transmitters at diverse geographical locations; the same values emerging from TRs who have no previous knowledge of The Urantia Book; "teachers" that function and manifest as an integrated team; people emerging as receiver-transmitters who not only don't know of The Urantia Book, but have no history of any interest in or belief in channeling, or are opposed to it; spouses, relatives, and close friends that quickly recognize that the "transmission" is not coming from their friend, relative, or spouse; people "hearing voices" who have no previous history of hallucinations or pathology; people experiencing "teacher contact" who are totally surprised by the experience and had no knowledge or expectation of it; thousands of pages of transcripts with nearly identical messages despite the fact that many of these groups have no knowledge of one another's activities; remarkably high inter- and intra-transcript consistency; the reported fact that teaching group members can readily identify the same teacher transmitted through different receiver-transmitters by personality and style rather than name; teachers often convey information that the TR has no knowledge of; often the teacher will know who wants to speak next or what question is on someone's mind, even if the TR's eyes are closed; the same reported goal of the mission whether it emerges in the USA, New Zealand, France, etc.; astounding experiential congruence among all the mission transmitters; the rapid growth of the mission; and most important, the testimony of an ever-expanding corps of sincere seekers who have directly experienced the teacher personality presence.

The Urantia Book does verify that humans can sense personality presence. "Man's own personality awareness, self-consciousness, is also directly dependent on this very fact of innate other awareness, this innate ability to recognize and grasp the reality of other personality, ranging from the human to the divine" (UB196:4). The teachers instruct us that beginning contact may be detected by the awareness of "otherness" (their word).

The teachers repeatedly refer to the transmissions as "a new form of communication." So, historical explanations for the transmissions are greatly limited or nullified. There is almost no historical precedent for this phenomenon which the teachers say is dependent upon the opening of spiritual circuits, closed up to the present by the quarantine of the Lucifer rebellion.

Books could be written, filled, with psychological-social-historical attempts to explain the teaching mission as psychic, diabolical, pathological, fraudulent, human, and so on. Lengthy rebuttals could also be generated. But the true answer lies Within. The teachers and The Urantia Book have offered us a way to validate the mission. Try it for yourself. Subject it to the unfathomable crucible of direct experiential validation. Use the criteria on page 1458:3 for when an experience is good. Consider the practical test of strange religious experiences given on page 1000:6. Practice silent communion daily; seek the Father; seek the answer from your Spirit of Truth; look for the fruits of the spirit. Be patient, for not all answers come quickly or easily. What does it matter if you don't find "teachers"? This is not what the mission is about. The mission is about seeking within and loving one another. It's very simple, feeling God's love and passing it on to another.

"I charge you that this is your purpose, to pleasantly infect all those around you with the Truth. At the same time, I would caution you to go about it in the same way that your Creators do. Many of His disciples wanted drum rolls and trumpets, and to declare Truth to the world, and He chose not to pursue this method. And I charge you to take this lesson to heart. The word will be spread quietly by each of you. You each have unique opportunities.... Some of you will be traveling to other parts of the country, and of the world. Take the Truth with you and gently, gently, infect those around you. Much is happening now. Many people are being awakened. Many people are finding the Truth. This will be a quiet revolution. There will be no trumpets. There will be no drum rolls. There will be a wave of Truth that spreads, spreads, ever so gently, across the nation, across the planet."(Esther, 8/30/92)

The Urantia Book context

"Our Father is well aware of the hard work and the dedication you have to The Urantia Book and its teachings."(Fundore, 1/22/92)

Thankfully, as free will creatures each one of us is at liberty to interpret The Urantia Book in our own way, according to our own light. You may find other passages or interpret those quoted here differently. I recognize that there is always danger in taking quotations out of context. I offer you a perspective that intrigues me in possibly foreshadowing the teaching mission. I respect that you may have a different interpretation and prefer other passages.

"Urantia is now quivering on the very brink of one of its most amazing and enthralling epochs of social readjustment, moral quickening, and spiritual enlightenment." (UB 2082:7, cf. also 1259:1) Of course, The Urantia Book conditions us to think in terms of centuries or millennia, but how far away could "the very brink" be? "All Urantia is waiting for the proclamation of the ennobling message of Michael, unencumbered by the accumulated doctrines and dogmas of nineteen centuries of contact with the religions of evolutionary origin. The hour is striking for presenting to Buddhism, to Christianity, to Hinduism, even to the peoples of all faiths, not the gospel about Jesus, but the living, spiritual reality of the gospel of Jesus." (UB 1041:5) Is this new proclamation limited just to The Urantia Book, or could there be more? How would the billions of illiterate people be reached? The Urantia Book is not translated into even a handful of the hundreds of languages on Earth. How will "the peoples of all faiths" be touched with Jesus' Truth?

"It is understandable that you would be concerned about the availability, the affordability of The Urantia Book. The Urantia Book has touched many hands and through the hands that have held the book and absorbed into their being the knowledge that is contained within this book, there are many fertile human beings alive on this planet who are able to disseminate the information and understanding

of the Fatherhood of God and the brotherhood of man. It will, in time, find its way into more hands; but for now the important thing here is to be a living book, living the truth and spreading the word through your humanness. Human action, even your thoughts, are means of transporting into others love inspiring faith." (Astara, 11/15/92)

How crazy is it to think that celestial beings are making direct contact with Urantians at this time? If you are a believer in The Urantia Book, I will assume that you believe: that Ratta gave birth to invisible children; that Adam and Eve were eight to ten feet tall, glowed violet, and communicated with each other by telepathy; that there was an invisible planetary Prince with a staff of human-looking but superhuman beings; that the female of a pair of non-speaking primates gave birth to two completely human children; that an invisible Melchizedek incarnated as a visible human and lived near Salem for ninety years; that once a human couple had offspring consisting of nineteen children with skin colors of either orange, green, red, blue, yellow, or indigo; that brilliant, high, invisible beings went berserk and created a galactic rebellion in our corner of the universe; that calcium atoms can hitchhike across the heavens on sunbeams; that demons once existed and could possess the minds of mortals; that humans of the distant past could fly five hundred miles non-stop on talking passenger birds; that seers through the ages have received contact from invisible beings; that God lived on Earth as a human, raised a man from the dead, and after his own mortal death returned and appeared to hundreds of people; that other planets are inhabited; that we evolved from frogs; that we have an innate capacity to sense personality as well as the directions of the compass; that unseen beings are the permanent inhabitants of this planet; that Amadon, a primitive Earthling, ate of the fruit of the Tree of Life and lived for over 100,000 years; that ethereal beings spoke through a man who was sleeping and generated the contents of The Urantia Book; and that we have invisible beings following us everywhere we go. Why is it so difficult to entertain the belief that higher beings are contacting us and speaking to us through human transmitters now in the twentieth century?

"Divine truth must not be discounted because the channel of its bestowal is apparently human." (UB1733:1)

I was especially struck by what teachers Daniel and Ham say compared with the following passage in The Urantia Book. "If Christianity persists in neglecting its spiritual mission...the spiritual renaissance must await the coming of these new teachers of Jesus' religion who will be exclusively devoted to the spiritual regeneration of men. And then will these spirit-born souls quickly supply the leadership and inspiration requisite for the social, moral, economic, and political reorganization of the world." (UB 2082:9 - 2083:1) "Not only will there be more spiritual uplifting, but there will also be guidance and help given in social, political, environmental, and other scientific areas to help this planet which is in a state of crisis...." (Daniel, 2/2/92) "... Spiritual enlightenment and individual and group and national and planetary progress is anticipated. Also too, along with the spiritual uplifting, we are anticipating and desiring cooperation in other areas of human life endeavor as well, chiefly economic, political, social, environmental and technical changes. Of course, we are anticipating many years duration of this initial phase of our mission." (Ham, L.A., 2/1/92) "This new and oncoming social order will not settle down complacently for a millennium." (UB 1086:4) The teachers have referred to the Correcting Time as 1000 years (see above). "That centuries have passed with no signs of the appearance of the 'New Age' is in no way out of harmony

with Jesus' teaching." (UB 1860:5, 1146:4) "Mortal man is passing through a great age of expanding horizons and enlarging concepts on Urantia,...." (UB 1146:4)"The quickest way to realize the brotherhood of man on Urantia is to effect the spiritual transformation of present-day humanity. The only technique for accelerating the natural trend of social evolution is that of applying spiritual pressure from above, thus augmenting moral insight while enhancing the soul capacity of every mortal to understand and love every other mortal." (UB 598:2) I have always wondered what was meant by "spiritual pressure from above." I am inclined to believe the teachers are applying that pressure now. "This, if you want to look at as spiritual pressure...it is in fact that."(Tarkas, 12/23/92)

What likelihood is there that Machiventa will appear on Urantia in our lifetime? The Chief of Seraphim of Urantia, a primary supernaphim from Paradise, writes, "Some believe that Machiventa will not come to take personal direction of Urantian affairs until the end of the current dispensation.... Still others, including this narrator look for Melchizedek's appearance any day or hour." (UB 1251:4) And, a Melchizedek writes, "...it is altogether possible that Machiventa Melchizedek may again appear in person on Urantia and in some modified manner resume the role of the dethroned Planetary Prince, or else appear on earth to function as vicegerent Planetary Prince representing Christ Michael...." (UB 1025:2) These are, in fact, the claims of the teaching mission (see above, Ham's announcement in LA, 2/1/92).

Certainly I would agree that Urantia does not appear on the surface to be nearing the Age of Light and Life. Yet, as compared to a very advanced culture on a neighboring planet, "The pouring out of the Spirit of Truth provides the spiritual foundation for the realization of great achievements in the interests of the human race of the bestowal world. Urantia is therefore far better prepared for the more immediate realization of a planetary government with its laws, mechanisms, symbols, conventions, and language--all of which could contribute so mightily to the establishment of world-wide peace under law and could lead to the sometime dawning of a real age of spiritual striving; and such an age is the planetary threshold to the utopian ages of light and life." (UB 820:4)

"This world has never seriously or sincerely or honestly tried out these dynamic ideas and divine ideals of Jesus' doctrine of the kingdom of heaven. But you should not become discouraged by the apparently slow progress of the kingdom idea on Urantia. Remember that the order of progressive evolution is subjected to sudden and unexpected periodical changes in both the material and the spiritual worlds." (UB 1863:12) So, despite the general slowness of evolution, there may be sudden transformations as well. Compare also, "When physical conditions are ripe, sudden mental evolutions may take place; when mind status is propitious, sudden spiritual transformations may occur...." (UB 740:3) "The hour is striking for a rediscovery of the true and original foundations of present-day distorted and compromised Christianity--the real life and teachings of Jesus." (UB 2083:2) "The time is ripe to witness the figurative resurrection of the human Jesus from his burial tomb amidst the theological traditions and the religious dogmas of nineteen centuries." (UB 2090:3)

A Melchizedek of Nebadon writes, "At the time of this writing, much of Asia rests its hope in Buddhism. Will this noble faith, that has so valiantly carried on through the dark ages of the past, once again receive the truth of expanded cosmic realities even as the disciples of the great teacher in India once listened to his proclamation of new truth? Will this ancient faith respond once more to the invigorating stimulus of the presentation of new concepts of God and the Absolute

for which it has so long searched?" (UB 1041:4)

Start here -- April 30th zoom meeting:

Regarding China, an Archangel says, "This ancient culture has contributed much to human happiness; millions of human beings have lived and died, blessed by its achievements. For centuries this great civilization has rested upon the laurels of the past, but it is even now reawakening to envision anew the transcendent goals of mortal existence, once again to take up the unremitting struggle for never-ending progress." (UB 888:6)

Speaking of the later evolution of religion on Urantia, a Melchizedek comments, "Religion progressed from nature worship up through ghost worship to fetishism throughout the savage childhood of the races. With the dawn of civilization the human race espoused the more mystic and symbolic beliefs, while now, with approaching maturity, mankind is ripening for the appreciation of real religion, even a beginning of the revelation of truth itself." (UB 1003:7-1004:1) It is interesting to me that The Urantia Book raises the possibility of the benign virus of love so pervading the sentimental emotion-stream of humanity that all civilization would be encompassed by love—the realization of the brotherhood of man (UB 1098:4). Is this what the new teachers intend to bring about?

It seems to me that the great religious civilizations of the world are gearing up, now, in the twentieth century for a kind of spiritual renaissance. References to things that will or could happen in the twentieth century occur at least twenty-three times in The Urantia Book. Why so many references to this century in a revelation that is alleged to have its golden era hundreds of years in the future? Notable passages can be found in connection with The Urmia Lectures and Secular Totalitarianism. Consider, in just seven years all those references will be history. Could it be that, with the advent of The Urantia Book and now the continuation of this revelation in the teacher corps, Urantia is being prepared for one of those sudden spiritual uplifts mentioned on page 1863?

The book refers to these as dangerous times (UB 765:2). It says, "And such times of great testing and threatened defeat are always times of great revelation." (UB 2082:8) Even greater than The Urantia Book alone? Why were we instructed by headquarters in the early years to form thousands of study groups? Study alone is hardly the living gospel alluded to so frequently in the latter sections of the book. How could the figurative resurrection be limited to small groups ever increasing with cerebralizations of cosmic facts? How do we move from study groups to the living gospel, the living brotherhood? From a religion about Jesus to the religion of Jesus? (UB 2090:3) Is the teaching mission a critical link? Jesus referred many times to "an age to come" (e.g., UB 1229:1). "Although Jesus referred one phase of the kingdom to the future and did, on numerous occasions, intimate that such an event might appear as a part of a world crisis..." (UB 1863:13), it strikes me that we are in a world crisis right now in the 1990s. "He promised a new revelation of the kingdom on earth and at some future time...." (UB 1863:13) Is the teaching mission part of this new revelation of the kingdom?

The teachers tell us that they are just a little above us. This follows with a theme in The Urantia Book that those above serve as teachers to those just below (see UB 498:2, 812:4). It seems evident from The Urantia Book that there is a local universe corps of teachers that serves even down to individual mortals wherein morontia mortals (teachers) are assigned to still lower orders of mortals (us). Notice how this is implied in the following quotation regarding certain angels called The

Teaching Counselors. "These angels are the invaluable assistants of the spiritual teaching corps of the local universe. Teaching counselors are secretaries to all orders of teachers, from the Melchizedeks and the Trinity Teacher Sons down to the morontia mortals who are assigned as helpers to those of their kind who are just behind them in the scale of ascendant life....These ministrations extend on down to the individual worlds." (UB 428:7-429:1)

The rebellion on Urantia had its origins back in Dalamatia, city of the Prince, with his corporeal staff of one hundred ascendant mortals. (UB 574:4) It does not surprise me that, with the inauguration of a new dispensation, and post-rebellion healing, the Correcting Time would mirror the Dalamatian model—but with a loyal Planetary Prince. So, Prince Melchizedek has returned now with a staff, consisting initially of one hundred ascendant mortals. This time the staff is not incarnating but is touching us via spiritual circuits recently opened, and the number of teachers is increasing daily to fully accommodate the spiritual openness of humanity.

Experiences with teacher Jared

It is my greatest desire to share with you my happiness about this new endeavor. Our teacher is a fused ascendant mortal with origin on a nearby planet and is many thousands of Earth years old. We do not know much more about the history of our teacher. He has been wise enough to deflect most of our curiosity questions and urges us to search and ask about more spiritually relevant issues. We are told that he is a teacher of teachers and has many beings with him when he transmits. Jared is unwavering in his gracious simplicity, rigorous in his urgings to seek within. Perhaps the best way to introduce Jared is to share some of his words.

"I am Jared. I am your teacher. Welcome to all of you who have come seeking. I am delighted that there are so many present here who are interested in our teaching mission. We have much to share, and much help is available to those of you who wish for it. We wish also to reassure those of you who are unsure of the origins. We are here only for those who wish to come, and we will contact only those who wish to have such contact. There is always choice available, and even should you choose for contact now, you may later choose not to continue receiving this contact. We have chosen to come in a way that we hope is less frightening. We speak to you in the same way you speak to each other. We come, though, to share God's great love with all of you and ask that you share it with one another. You will find much coming back to you and much that will spread out and be shared with others as they share with others, too. I hope you will be open to these teachings and hope we can assist you on your path toward God's will. Are there questions for me this evening?"(Jared, 1/7/93)

Jared speaks with simple eloquence. He is disciplined about referring us back to our inner stillness for the answers to our questions. Yet he shares many truths, some so simple they are easily overlooked. Visitors sometimes shrug and yawn at his many versions of the same message—seek within; do small kindnesses to others.

"For each of you to search within yourselves and find God's love and share it with another, it is helpful in changing many things in this world. We hope that by coming to you more concretely and more clearly, you will find it easier to follow God's will. If you mix it some with your own thoughts in your own head, it does not matter as the result is the same; you will be performing God's will. Those people who choose to be transmitters are assisted and cautioned in being more careful in hearing separate voices and being clear of their own part, but each of you is encouraged to listen within and find the assistance available in doing God's will.

It is not overly important to distinguish the exact source."(Jared, 1/7/93)

For me, the most important thing is the personality contact, the interpersonal interaction. I experience asking questions, regardless of how silly they seem, and the receiving of answers, as inherently uplifting. Here is an example interchange.

Q. "...the study group that I go to and the area that I'm associated with—the people are very negative on the mission and communications of this kind.... What can I tell them the goal of the mission is?"

A. "To bring great change in this world by each person sharing small acts of kindness with another...."(1/7/93)

Q. "Good evening. I wonder if you would say something to us about the value of studying the tapes and transmissions of yours and of the other teachers."

A. "I was delighted to hear the conversation this evening. The tapes and the transcripts are very important. There are many parts of my message and they require frequent listening to be absorbed. Some people learn better by listening, by hearing the intonations and the phrasings. Others are more visual and absorb best by reading the materials. A combination of methods is probably most helpful to most people. I strongly recommend that each person take time to listen and to read as you will be surprised what you will learn...."

Q. "In what way is the searching as important as the hearing?"

A. "It allows you to search for God and search for God's will. It is a search of faith and a search of trust and many times teaches you to quiet your mind and to learn to see the beauty around you. It teaches you to listen within and to believe in yourself and trust in your own feelings. It is important to know that, as you truly trust yourself, trust in the quietness, trust in the gentleness that is within you, you will find God's will and be able to perform that will with more ease."

Q. "So, it is really the growth through the experience of doing it as much as it is the answer that you get?"

A. "Yes. It is important to remember that many people will never hear a teacher's voice within themselves. It is not the goal of the mission for you to hear us. The goal of our mission is for you to receive our message, receive God's message through us. There are many ways of doing that. For some it has been important that they are able to hear us so they may transmit our message to others. Many people will find their place by listening to the mission and incorporating it and by doing God's will as opposed to hearing it only...."(Jared, 10/15/92)

"You are requested to seek stillness to allow us entry, to allow us to speak through you, to allow us to speak to you in ways you can hear. Not everyone will hear us; it is not important that all of you do. It is only important that you seek. Stilling the mind and reaching for us has been found to be very difficult for you. Your efforts are commended, nonetheless. We suggest you continue to try and not be frustrated with your failures. They are not failures. Perhaps your standards are too high. Your seeking is important. Sit quietly and seek for us, for our teachings; think for what you can do this day to help another. Remember also what you did yesterday to help another. Be proud of yourself for your efforts.

"Stillness is also encouraged when you are going about your daily activities. You can find the stillness even momentarily in daily tasks. This is also very helpful. As you are out watering your garden, quiet your mind, do not concentrate on all the things you have done that day. Instead, enjoy the moment, enjoy the flowers, and enjoy the trees, and enjoy the grass. In that way you are also seeking, you are quieting your mind from your daily anxieties. If possible, give yourself some time each day when you will not allow your anxieties to intrude. In that way you are

finding the stillness, in that way you are searching.

"Many times, also, you are not sure what you should do at the moment. Perhaps you can sit quietly and see what is most important. In that way you are also seeking because you will learn to listen within and that will help with your ability to hear our guidance. Does this help?...." (Jared, 10/1/92)

"Perhaps it is time to share with you all the first step in our lessons. In learning to do God's will you must first know of God's will. There are many avenues to that finding, many ways of searching. You are all searching as you have chosen to come. There are many others who are also searching, but who have not chosen to be here.

"The first step for each of you is to calm your mind in such a way that you can hear us. There are many, many ways of doing that. Seeking the stillness is our first recommendation. It may work for you to sit quietly and allow your daily cares to leave. Allow peace and tranquillity to descend upon you and allow yourself to relax. In that way you are open to us. It helps many to pray quietly and give thankfulness for what is available to them. Others find stillness very difficult. There are other ways of achieving that calm. Find something, find a quiet activity that is soothing and appealing. For some it may be watering a garden, for others washing dishes, for others laying quietly—whatever you can do to allow your mind to rest and be calm.

"The next step is to allow that calmness to become a part of your life. In your daily activities allow that calmness to be part of you. As you achieve each bit of calmness you will be open to more and more and will find it easier to achieve. Those are very major steps and take a long time. Many things get in the way. Illness, anger, frustration, busyness all are disruptive of this process. Patience is required. It takes a long time. It may take a long time to achieve a calm within yourself. As you seek this calmness, ask for God's assistance. It is available to all of you and will make it easier.

"There are many in the world not able to embark on this search. Many who begin searching will go no further than achieving more calmness. It is, however, to be applauded whenever progress is made, whenever the search is begun, whenever calmness is increased. It will make tremendous strides in this world. Others are more receptive and able to hear us. Many who seek calmness and achieve some measure of calmness are able to hear us without awareness. As they are truly searching, they will be guided and begin doing more of God's will. That much is a great step and much hoped for by teachers.

"There are others who are more receptive and able to hear a voice consciously. They will get more guidance and be able to share with others. Lisa was able to hear me as a distinctly separate voice and in that manner grew comfortable with me and accepting of me and eventually learned to acknowledge me as her teacher, as the group's teacher, and because of her trust in me, and her trust in God, has been able to share with the group. I am grateful for her ability to do so as it is the only way I have of affecting many lives. I hope to be able to share God's love and God's teaching with many, many people. I too work one step at a time. I have gained her trust and she in turn has shared with others. I feel your beginnings to trust me and then you will be able to share with others as well. Our mission is to share God's love and God's goodness with all beings. There are many who will, who may not be open, who may not choose to listen and that is, of course, their choice. I hope to be able to touch many lives, those who are willing, those who are seeking. I am grateful to you for coming. I am gratified by your desire for the word of God as shared by the teachers. I am looking forward to many more teachings." (Jared, 10/8/92)

It is difficult to put into words the experience of weekly sessions with an ascendant teacher. It is so experiential. Probably the most important things I have learned haven't been expressed in words. There is the time spent reflecting on transmissions, the all too human emotional reactions, the subtler spiritual insights, and always the daily silent prayer time. The greatest change I see in my attitude is a shift in emphasis from asking Jared to asking within. I began more preoccupied with the group. Now, I find my preoccupation is with deepening my stillness, seeking my answers there. And, of course, with this goes the desire to reach out and love.

The mind of a teacher

When I read The Urantia Book, I often try to penetrate the minds of the authors, to discern their frames of reference, to sense their outlooks and attitudes. In this way I feel I know these high beings a little. The same is true of the teaching mission. I have noticed that teachers do not seem to forget or lose track of veins of conversation. They often seem to know a question before it is asked. Sometimes the latency between a question and answer is lightening fast. Often the answer is so big in concept and comprehensive that I forget the beginning by the end. I know that I could not generate such lengthy and complete answers in the fraction of a second between some questions and some answers. There are occasions when a question has multiple parts. I often lose track, but the teachers don't seem to. Even after a lapse of time beyond my short-term memory span, a teacher will bring up the remaining parts that even the questioner may have forgotten. Some teachers seem to know who wants to speak next, even though the TR's eyes are closed. Some answers are so long and involved that I cannot track the mind of the teacher the full course. It is nearly essential for me to study tapes or transcripts in order to grasp a communication. Transmitters often garble words in attempting to paraphrase an internal message but are able to transmit without vocal flaws. In my experience, teachers do not manifest ego preoccupation, impatience, fatigue, lapses of consciousness, or loss of poise as we humans do. Their knowledge of The Urantia Book content seems always available to them, notwithstanding the difficulty some TRs have in transmitting names, numbers, and certain factual material. There is a steadiness to teacher presence that, for me, goes beyond human capabilities. At this point the minds of teachers are inscrutable to me. There are many other aspects of teacher communications that convince me of their enormous mental capabilities. It has taken repeated contact for me to become sensitive to these extraordinary nuances. Just one experience may not be that impressive. Personal inner contact with teacher presence may be more impressive. Teacher minds certainly intrigue me, yet I cannot fathom them.

"By their fruits, you shall know them...."(Jesus, UB 1572:7)

What are the fruits of the teaching mission? This is a difficult question since time must be allowed between planting and harvest. The mission is still very new. I can only share how things appear through my eyes, my own experience. Time will tell. I see many more people in the Urantia readership talking to each other. I see a great upsurge of new people led to the mission and then developing a hunger for the "backstory" provided in The Urantia Book. I see the teaching mission stimulating a real and broad sense of community. I see the higher purpose of study groups beginning to blossom. I see many people seeking guidance more determinedly than ever. I see people dedicating themselves to daily silent communion. I see more people having first hand rather than second hand spiritual experiences. I see people thinking and wrestling with issues of Truth. I see new friendships forming. I see

more brotherhood and less of the elitism that has tragically infected some reader organizations. I see new openness and new intimacy emerging; the genuineness and open-heartedness the teachers show us is contagious. I see a new hope emerging for individuals and the entire planet. I see a conspiracy of goodness leaking forth between the cracks of a bleak and distraught world. And I see The Urantia Book being brought to life.

Teacher transmissions

One way to become acquainted with this mission is to read excerpts of transmissions from the various teachers. To me the similarity is remarkable.

"'Remember me,' asks our Father, 'for I love you and will deliver you to my side in eternity.' Great is our mission to bring us all closer to remembering the Father daily in our lives. With love and gratitude we have come to serve you. Remember, we love you and are keeping you in God's care through your Faith." (Ansol, 9/18/92)

"The campfires of your world whether on plain or forest warm their visitors on one side only. But when you stand by the fire of the Father's love, it warms through and through. The Father's flame is a flame that you may carry with you in your hearts no matter how far you travel from your fuel source. You may share its warmth with all whom you encounter. As that flame transfers itself from one fire brand to another, so shall the Father's flame transfer itself from one heart to another. Nothing more is required from each of you than a degree of proximity. We ask that you approach near enough to your neighbors that the Father's flame is allowed to pass." (Melchizedek, Will transcripts, 4/5/92)

"Here is the framework which we propose as a hierarchy for application of our teachings: (1) communion with the Heavenly Father; (2) family time; (3) applications of our instruction to your daily interaction with your earthly brothers and sisters; (4) the ordinary maintenance of material concerns. This is a hierarchy of quality, not total hours...." (Onanecalek, 1/13/92)

"I am Ham.... Our group in Woods Cross has been instructed as you have been instructed to go within yourselves, to search for your teacher. We are all equal in the eyes of our Father. He wants us all to be instructed, if we so desire, with a personal teacher. Each one has that privilege. Each one has that opportunity open to him if you so desire it in your hearts. This is a new form of communication as your teacher, Jared, has told you. It is difficult. It does take practice. It does take searching. You will have doubts. You will overcome those doubts as you share with each other. Our group is also in Salt Lake experiencing the same problems. But if you are willing, this will work for you. It is a beautiful new form of communication. Remember that you are all, that we are all, equal in the eyes of the Creator. Our group is also writing. Sometimes it is much easier to write than it is to speak the words. If the thoughts come, take up your paper and pen and write them down unto yourself where you may review those in private. Sometimes this is much easier and less threatening. As time goes by, these thoughts can then be transmitted through the form of the mouth. This is all your free will. This is a wonderful gift that is being presented to mankind. I am pleased to be with you here tonight.... Let your doubts flee. Try if you so desire. Remember, you are precious children of our Father. Christ Michael is your Teacher, also. He is ever with you. He is there for the asking to help you whenever you need. He is loving. He is kind. He is there for you also. He is no respecter of persons. You are all equal in his sight. Spread his love to all mankind. That is the message. See his face in each man that you meet. Know that he is your equal. Each man is your equal...." (Ham, Santa Rosa, CA., 9/17/92)

"AVOID 3-D THINKING. Doubt plus denial equal despair. All humans experience 3-D thinking. It is painful for you because it causes you to turn your backs to the Father. You must safeguard yourselves from these pitfalls. How? By practicing your stillness daily. This is good news!

"Would you be so grand as to ask the Father only to share your burdens, lighten your loads? Do you not believe the Father wishes to share your joys as well? He would have you bare yourselves to Him—your most shameful acts to your loftiest of feelings. Do not seek the Father only when you think you "need" His help, for without Him, you do not exist. You are mindless in your wanderings, an empty shell without His light.

"Daily practice of your stillness gives you a foundation for reaching for your Father. It is helpful in times of despair to have already established a knowledge of your own rhythm for spiritual seeking. Familiarity with your path to seeking stillness will help you in difficult times. You will have confidence in your ability to reach for the Lord.

"You must learn to let go of your fears, to reach for the Father with faith. You must give yourselves to Him and trust that He will provide reward. But, you must be careful not to test the Father. Do not seek Him one second, then stop to test for His answer the next. You cannot know when or how relief-reward will come, but you must surely trust that it will. The Father's ways are quite often unimaginable to you and will provide you with great surprise and joy, if you allow them. This is a most important act, to reach for the Father when you cannot see His arms are there to catch you. It is like a leap from a giant cliff. You must risk yourselves spiritually! It is a great measure of your faith.

"So, safeguard yourselves from 3Ds with daily stillness practice. The more you know your Father, the less you will doubt or deny His Presence. When the 3 Ds are upon you, erase your thinking! Take your giant leap of faith back into the arms of the Father. Allow your painful feelings to strengthen your faith in this way. Do not try to intellectualize or rationalize your way back, just close your eyes and jump!" (Will, Sebastopol, CA., 1/19/93)

"Now, go forth practicing loving service in brotherhood to all who touch your life experience. Do not neglect those closest to you. They contribute to who you are and how useful you can be, so see to their needs, comfort, and become alert to means of increasing their ability to trust you, rely on your commitments, stand on your loyalties, minister by your side." (Aflana, 3/2/92)

"Go forward into your daily life without fear. The Father is with you. No gaps exist in His plan. You cannot fall; you cannot fail. If you but turn your face to His light, all will be seen. His company is matchless, and He lives in the hearts and lives of every person you shall ever meet. Go out amongst them, for they are awaiting you. God goes with you." (Thicandor, 1/10/92)

"The Correcting Time which is now beginning—correction, which is now begun, may last for many years, perhaps a thousand, perhaps more, maybe less, in your terms of measurement. This length of the Correcting Time is dependent on humankind's capacity to understand and accept God and be willing for change to occur, for light, truth, and beauty to reign supreme on Urantia. At this particular time as the Correcting Time has begun there are celestial beings gathering. They have been gathering, watching, caring for you all for many, many centuries. They wait, patient, watchful, careful." (Abraham, New Zealand, 10/4/89)

Q. "Can you elaborate on the meaning of our personal lives and how this is important for the mission and our spiritual growth?"

A. "You have asked for the world. I will try to give you a piece. Your planet, Urantia, has been in isolation. You have felt alone and adrift in the universe. Mortals look at the stars and pray that there are others out there. This has been the curse of Urantia and of your life. But now your planet is rejoining the cosmic community.

"We are your first wave of friends that you can sense. While your planet is being re-incircuited, you will come into contact with more and more beings who co-inhabit the Father's universe. We are merely the pilgrims of this time. We are the first off the boat. You have always had scores, teams, armies of angelic assistance.

Surrounding you at all times are the Primary and the Secondary Midwayers, guardians of Urantia. Each one of you can communicate with Michael via the Spirit of Truth—a unique gift to this planet in isolation. And of course, each of you, and each of us, has an indwelling fragment of the Father Himself.

"But these helpers have not been so apparent as the burgeoning contact with our group of individual teachers. We are preparing you for your initiation into the citizenry of the universe. You will work side by side with beings seen and unseen, heard-unheard, in the days to come, this is the meaning of the Correcting Time.

"That is one element of the impact of this mission on your life. But there is more. You must be made familiar with the tools of the agondonter. You must be taught and led to recognize the voice of the Father within you. You will be taught to discern the gentle nudges of your guardian angels and you will begin to see the fleeting glimpses of the midwayers at work in your world and around your life. As you strengthen your connections, so will your soul strengthen, and you will begin to live more morontially. We will help you. We will guide you. This is the goal. The goal is to have a corps of mortals who live morontially on Urantia, and we foresee great success in this part of our mission. Does that answer?" (Rayson, 11/14/92, Sebastopol, CA.)

"All spiritual teachings must be evaluated by their content, and not followed or rejected because of the celebrity of their supposed source. The time is long past on this planet when religion can be promulgated by asserting the authority of the teacher; that system of religious instruction was effectively demolished by the Master in Palestine and the later Protestant Reformation in Europe. Neither do we seek to create a 'Star System' of religious instruction; 'If he said it, it must be so!'

"Such acceptance of any teachings does not lead to the kind of sincere searching and proving for one's self that we seek to promote. Again, it must be the teachings themselves and the effect they have on the students' lives, and not the claimed authority of their source that must be the final determinant in evaluating any religious teachings." (Seraphim, 1/28/92)

"Doing the will of the Father is the ultimate goal. That 'will' is to become one with the Father and in the process become one with all beings throughout all the Universes; for there is only the Father ultimately, and each of you is as one with the Father...this is your goal...this is your destiny." (James, 10/4/92)

"But the Father works as He always does, one human at a time; heart by heart, the people will be turned to the love of the Father." (Ramsey, 1/26/92)

"You have a textbook which was to prepare you for this stage of the revelation. Do you have any idea of how fortunate and cared for you have been on Urantia? To receive such a revelation before lifting the quarantine is impressive to me! I've lived a long time and had many experiences during my training, but have never beheld what I see happening here on Urantia—anywhere in the Local Universe! You are blessed

among many...!

"I leave you with this. No longer fret over the pettiness of misunderstandings. Go forward and discover Truth. Look to motive and intention and let go of success and failure. You plant the seed and we will nourish it. Let's join our energies and creativeness and stretch Urantia into the next stage of Light and Life! Upward and Inward we march on wings of efforts and decisions. I am here to guide you and teach you." (Lor-El, 6/19/92)

You may choose to participate or not.

It is not necessary to join a group to have teacher contact, if you so desire. The mission is not primarily about groups, but about each individual finding the Thought Adjuster. "...Is it necessary for individuals to be involved in the teaching mission to gain enlightenment? Absolutely not." (Bertrand, 12/7/92) The teachers honor our free will completely. No judgment is made if you choose not to be involved. Each mortal has a unique path to Paradise. You are entitled to your free will without question or prejudice. Who is to say but that you may have another path to God?

"But you must know that the most important thing in this life is for you to discover our Father, to feel Him in your being, to know Him in your mind, and to love Him in your heart. All else will come to pass. By knowing the Father, you will know yourself. You will know your brothers and sisters. You will have unraveled the greatest experience of material living. Do not worry about tomorrow, for our Master told you that his Father knows you have need of many things. The Father loves you and will provide for you. Make your decision, stand firm in your resolution, and go forth now—today." (Welmek, 8/10/92)

"At this time, in this world, on Urantia, on earth, there is an acceleration of information descending into the earth plane, taking many forms: enlightened books, channels dotted across plains and mountains, across the seas, beings who have invited into their lives speakers from the realms.... Take time daily to look within your heart, for in your heart resides, what is termed, the faith connector, what is known as a path of illumination. Listen to your heart, your feelings. Heart centered people are needed to bring the light to all. Though the mind is a valuable tool, it is not so dependable as the heart.... And so be ever aware that there is no specific path to enlightenment, to God, other than through the path of love, through the heart." (Astara, 11/15/92)

Complete Acceptance

There is much about the teaching mission that is difficult to express in words. There are subtle nuances that emerge slowly, week by week, in a teacher group. In the Daniel transcripts, for example, there unfolds the delightful genuineness of the participants as question after question reveals the innermost heart and soul of the person. It is easy to love these people even at a great distance since their openness about personal, intimate matters is so evident. Time and time again group members unburden themselves of concerns and issues that might not serve status seeking or image making or ego gratification but that do serve soul growth. I believe that this kind of openness can emerge because the teachers are so completely accepting of us mortals. Most of the teachers had mortal origin so they can genuinely empathize with us. Daniel's lessons are so sweet, like primer lessons of love. Among humans, even dear friends, it is difficult to find consistent acceptance from others. Among the best of friends, unconditional love is still more an ideal than a reality. And so there are parts of our selves that we are reluctant to share for there may be the sting of rejection. Not so with the teachers. They tell me that we tend to idealize them. The teachers remind us often that they are not perfect,

just a little above us. But in my experience I have found the teachers totally accepting even of our worst attributes. We are told that our Lord, Michael truly loves even our character flaws. It is a blessed experience to be in the presence of such total and, indeed, superhuman acceptance. It is such a relief to be totally accepted by another. The teachers model this behavior, and it is contagious. Writing this paper is my expression of my loyalty to my own experiential truth. I think we each have a responsibility to be loyal to our own personal experiential truth, even if it disagrees with another. To me this is one form of unity without uniformity. My desire is to share my joy with you. Regardless of your point of view, my fondest hope is that we can be friends and to a degree extend the kingdom of heaven on Earth. It does not matter whether you are the C.E.O. of URANTIA Foundation, the president of The Fellowship, the most wealthy and powerful person in the Urantia movement, someone who gives away computer indices, or the most humble and unknown citizen of Urantia. It does not matter whether you have read The Urantia Book, have a different life-style, are a newcomer to the book, or are the most crazy and obnoxious person on Earth. The Father loves us equally. Our job is to be brothers and sisters, to love one another, to be tolerant of each other's beliefs and practices. "Throughout the vicissitudes of life, remember always to love one another. Do not strive with men, even with unbelievers." (Jesus, UB 1932:3) I am confident that the teaching mission will not be the first or the last great test of our loyalties to these high values. What may initially discomfort us may in time be a blessing in disguise. My prayer for you is not that you believe in the mission, but that you experience the spiritual uplift, the heightened receptivity, that can be had experientially by any child of God on Urantia, regardless of doctrines and beliefs. For you, my sister, daughter of God, my brother, son of God, my agondonter friend, I pray for you that you (and I) feel the love of the Father. I leave you now with my profound respect for your free will. May it be pleasing in His sight. "To develop the relationship with the Father, the Thought Adjuster, is the single most important thing you can do. Nothing replaces this responsibility. Far better that you do this and entirely ignore the teaching mission, than that you seek a teacher but forget to communicate with the Spirit within. There is no question about this. Seek the Father first, and then all things will come. This is the highest Truth."(Linnel, 12/25/92)

Acknowledgments

I wish to thank all the people in teaching groups across the country who have most graciously granted me permission to quote their teachers. I have chosen to protect the privacy of individuals and not mention names or locations, but there are many of you and I salute you all! Most of the quotations presented herein are from different groups; a few are transmissions through the same transmitter-receiver in one location. Above all I want to express my gratitude to the teachers themselves for the gift of their words of instruction, inspiration, comfort, and love.

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NOTES: ver. 2.3

"God's wake will wash across this universe. It is the tide that raises all boats." (Melchizedek, Will transcripts, 3/29/92)

"Seek, you are sought." (Ham, 5/31/92)

The Urantia Booksays, "Religion must provide itself with new and up-to-date slogans." (UB 2077:6) I like this one a friend told me recently: "The devil is dead; Armageddon has been called off; the gates of hell are closed."

"Welcome to change," is quoted from Ham, 2/1/92.

"Service of God is a sacred honor. When you enlist yourself in his service you align yourself with the great powers of the universe." (Signa, 10/30/92)

"Please pray with me for a moment. Heavenly Father, maker and ruler of all, help us all to recognize your service leading. Help us all to go forth with your spirit of love in our hearts in order that we may serve our brothers and sisters to the best of our capacities. Help us to increase You, Your evolving Supreme Being, with our loving service. And help us realize that the most wonderful server we have ever known is Jesus of Nazareth, Christ Michael. Amen." (Bertrand, 10/12/92)

I think you will recognize the authorship of this last quotation.

"My lesson for you is brief but crucial. Love your fellows by knowing they are my creations. See me in each face you see. Know there is not one that walks on this earth that I love less than you. I am smiling, I am gentle, I am all loving. I nurture, I heal. Speak with me....Seek me. Seek me daily. Put me above all else. I will not fail you." (Christ Michael, 1/14/93)

1994 to 1995 MANSION WORLD TEACHINGS

Brief Background/History and a Prelude to the Teachings of Abraham

Ham, WOODS CROSS GROUP 12-24-1994

Back

[Editor's note: This entry is not in any chronological order but is dated as it is to place it just prior to our 1995 resuming of transmissions. This document/entry is updated October 4, 2024; it includes some general background/history and a prelude to the upcoming era of our group's teachings from our celestial Teachers.

Brief Background and History

Per Ham's instruction/suggestion, the Woods Cross, TM group continued to meet, weekly, to review the two years of Ham's and Abraham's teachings. During this time, many of the original group, for various reasons, stopped attending. Rebecca, our 'group transmission-receiver' (TR during Ham's lessons), had moved to Nashville, TN where she married Hal Bynum. By the end of 1994, there were approximately 15 core-group members remaining who were attending weekly.

During the two-years of Ham's lessons there arose several in the group 'wanting' to fill the role as group 'transmission-receiver;' and, as par for the course of being

human, some 'fluffy transmissions' (as we referred to them) surfaced - which, to many of us, were not seeming to be genuine or accurate. We had been schooled well enough on how to use the Spirit of Truth and the group-voice of logic and reason to decipher truth from error; reality from mysticism; truth-seeking from wishful-thinking; Father's will versus ego-mindedness and personal-agendas.

At the last week of 1994 and the first week of 1995, two group members received like-transmissions from Ham and Abraham that it was time to resume regular weekly instructions/teachings - and that Abraham himself would be our group-teacher. These messages were received and welcomed by the group. Abraham announced, in essence: though there were many in the group who 'could' receive his transmissions/teachings, he felt Nina (Ellanor) would be the TR (transmission-receiver) best received and accepted 'by' the group; and that he had full confidence in her to receive his transmissions clearly and with the least amount of human interference.

Ellanor was one who had 'no' ambition to TR - at least on a group level. Yet it became very clear to us why he selected her. She was adamant from that week and forward that - "if I don't hear any words, I am not saying anything, even if we have to sit here all night."

There were distinctive differences between Rebecca and Ellanor's method of 'transmission-receiving.' Rebecca had a technique wherein she would 'see' the transmitted words in her minds-eye with eyes closed ("sort of like ticker-tape fashion") and usually wearing a dark bandana over her eyes. She had described this as like being inside a dark theatre and seeing the words come across the screen from right to left in a slow procession. This proved to be a very accurate method and did minimize her own human interference and errors.

Nina (Ellanor), on the other hand, could literally 'hear' the transmitted words. She described this experience as similar to putting one's ear up to a seashell - or the 'sound of water before it comes out of the tap.' Her words heard were in the same slow 'word-for-word' fashion as was Rebecca's delivery.

Each transmission was recorded on cassette tape. It was sometimes difficult for the transcriber (in most cases, Nina's mother, Faye/Ellen) to know where a sentence ended and when another begins. Therefore, after each transcribed lesson the transcript would be presented to Nina for her review. This draft copy would then be read before the whole group the following week preceding the new upcoming lesson/transmission. This gave each lesson three reviews in an effort to ensure accuracy. It also reminded the group each week of the previous lesson for continuity into the next lesson. This was the format the group used in all group transmissions thereafter.

Rebecca continued on as TR for Ham in Nashville, Tennessee with a Urantia Book/Teaching Mission-based group there. The 'Woods Cross Group' - even though not meeting in Woods Cross from 1995 and forward (but in various locations in Salt Lake valley) we elected to remain known thereafter as 'the Woods Cross Group.'. The group still meets periodically, at Abraham's request as of the date of this editing - October 4, 2024.

Other 'Associate Teachers' to the Woods Cross Group, in tandem with Abraham, were Emulan (beginning November 1999 and forward); and Mary, known in history as Mary Magdalene, from May 15, 2005 and forward. All further lessons/transmissions, from 1995 and forward, are categorized chronologically in these Woods Cross Transcripts as Mansion World Teachings. The name was derived from one of Abraham's earliest transmission/lessons (January 1st, 1996) wherein he proclaimed: "It is my goal to bring to you the early lessons that you discover on the Mansion Worlds." The Woods Cross transmissions/lessons from 1991-2021 are available online at www.MansionWorldTeachings.org]

[This picture is of most of the regular Woods Cross Group attendees in 1992. This picture was taken at the 3-day weekend Conference and celebration of Michael's birthday - August 21, 1992 - at the cabin-home of Bill and Virginia Kelly of Pocatello, Idaho.]

[This Background and Early History condensed presentation of the Woods Cross Transcripts / Mansion World Teachings is dedicated to our beloved Universe Brother/Father - Michael of Nebadon; our Universe Mother; and their subordinates who were sent here to help Urantia in its recovery. Special appreciation also to those now deceased Woods Cross Mission-initiators: Thern Blackburn (Joshua), his sister Ida Young (Rachel), John Wormeck (Jeremiah), Honoray, and Bill Stevens (Roland). All were most enthusiastic participants in these first few years of Ham' and Abraham's teachings but were deceased by the end of the first decade. We thank you, each.]

Preface to Abraham Lessons which resumed starting the 29th of January 1995
The following transmissions are the beginning of Abraham's teachings to the Woods Cross Group as the 'group Teacher.' There were occasions in 1991 through 1994 that we did hear from Abraham (mostly through other Teaching Mission (TM) group's transmissions) but those were in his supervisory role over the Teachers throughout the Teaching Mission (Teachers such as Ham).

Abraham had begun his tenure as Director of the Correcting Time to a group in New Zealand, about years 1985 through 1990. The "Teaching Mission" then transferred to the US - starting with the Woods Cross, Utah, Urantia Book Study Group in early 1991, and spread rapidly throughout the world from there. Within the first five years (1991-1995) it is estimated between twenty to thirty other 'known' TM groups sprang up around the world, mostly from the receiving of Ham's recorded '91 and '92 Woods Cross group lessons.

Abraham had announced from the start in New Zealand that he was under the direction of Michael and Machiventa. His specific role was as Director of the mortal 'reserve corps of destiny,' and all 'Correcting Time' Teachers commissioned to Urantia were under his supervision and training.

The Woods Cross group's first Teacher was "Father Ham" as we liked to call him. His tenure with the Woods Cross group was early 1991 through November of 1992 wherein he (Ham) transferred with his mortal "transmission-receiver" companion, Rebecca, to start the Nashville, TM Group beginning in 1993. The Woods Cross group members were advised by Teacher Ham, upon his departure, to meet weekly to absorb/discuss the

first two years of his teachings, and that "when ready" a Teacher would resume further instruction. [The picture shown here was taken about 1998 and represents about half of the typical weekly group attendance for Abraham's lessons].

The Woods Cross group did meet weekly, as instructed, through all 1993 and 1994. The following transcripts are the beginnings of our group's lesson resumption – with Abraham being announced as our group Instructor. Emulan joined as associate group Instructor in 1999. Mary Magdalene joined as an 'associate Teacher' beginning May of 2005.

Both Calvin and/or Roinda acted as interim group transmission-receivers until this point (beginning 1995) wherein it was recommended by Ham and Machiventa Melchizedek that – even though many within the group had TR ability, Abraham had selected/requested Nina (Ellanor) to be his 'group TR' (transmission-receiver) for the upcoming lessons to the Woods Cross group, stating that she would be the "the best foot forward" and also one which would be "most accepted by the whole group.

Nina reluctantly agreed to "try" but emphatically stated that "if I don't hear any words, I'm not saying anything even if we sit here all night, waiting." It was evident that this attitude was the very reason why Abraham did recommend her.

A Time For Higher-Mindedness and Increased Awareness

Ham, WOODS CROSS GROUP 12-26-1994

Back

[Editor's note: The Woods Cross TM group met weekly since Ham's last lesson in November of 1992, to discuss his lessons. We had been told by Ham to continue in our study of his 1991 and 1992 lessons already given, and when ready they would begin our new lessons. This evening's lesson seemed to be the first of such as was announced in the following weeks beginning 1995 – with our new group teacher, Abraham. Transmission-Receiver for this evening: Calvin.]

[Transmission-Receiver for this evening: Calvin.]

Greetings, my brothers and sisters, the remnant of our beginning Teaching Mission group. I am HAM, your friend always, your brother in truth. I am pleased and gladdened to say a few words, for we have enjoyed your conversation this evening.

Your minds are indeed expanded in your weekly gatherings, and this evening your minds are expanding to reach even higher levels of truth and understanding. Yes, confusing at times these new truths and realities can be. Rest assured, my dear friends, all that is important is your inner heart's search to find your connection with our Father, and to receive of His love, which is abundant.

As you receive, and at your level of reception, then can you give. You grow in small, small increments, yes. To look at yourselves you may not see the strides and growth as even we observe, but yes, you have grown much and have learned to trust your feelings greatly. Long is the path ahead, yet far have you traversed already.

It is a time of year where many have various ideas of tradition and worship, yet it is good that Jesus is a focal point of this Christmas-time celebration. It is a time for all to reflect upon their true beliefs in His life and His goodness. Therefore,

I would ask you each to reach out to Him in Spirit. Find Him in your inner selves. This will bring you an increase of peace within and will further your connection of love with our Father.

All is proceeding even faster than what was anticipated for many such as yourselves. I wish now to leave you with my love and thank you for staying. Farewell.

Back

Change Is Inevitable | It Is Your Purpose for Existence To Perfect Yourselves
A Melchizedek, WOODS CROSS GROUP 01-09-1995

Back

[Jan. 16th and 23rd still not found. Transmission-Receiver for this evening: Roinda.]

Greetings. I am a Melchizedek. My name is of no importance, but it is of special importance that I wish to speak with you this evening. It has been a while since your group has had weekly communication directly, in connection with the Teaching Mission. We do not wish this. We seek one in your group who will be willing to transmission-receive our teaching. We ask each of you to look within yourselves and see if this commitment is something you would be willing to do.

We realize the loss of Rebecca [she had moved to Nashville, TN] has devastated many of you and we do not wish to place added pressures on any of you. It is simply our desire to communicate more directly with your group. You are our beloved children and we wish to continue your growth in this tremendous cycle of life.

You seem to be floundering about without much direction, and this concerns us. Your group has many diversities, which in our eyes is a blessing. You must continue to reach out to each other, learn to accept and love each other without trying to change the others. This is possibly your hardest task at hand. It is a challenge for each and every one of you to overcome your prejudices, your pride, your ego, your desire for self-fulfillment, and be what Jesus taught - a gift of love.

It is with these words that I believe you will follow your heart, your soul, and you will be able to bring about changes from within yourself with such speed that it may be frightening to you. But fear not, for change is not to be feared. Change is a journey toward your heavenly Father for you. Yes, change, with the knowledge of becoming as He is - perfect.

This complete change to perfection is not expected to happen in this lifetime - it will take many, many lifetimes; so many that you cannot even conceive of the length of time it will take you. The reason we ask for your diligence is for your happiness, for your fulfillment, so you may pass this on to your brothers and sisters in this lifetime.

Yes, this is mere practice for those lifetimes ahead of you in which your service will be invaluable. It is our honor to serve you in this way. You cannot comprehend the joy it gives us to see and watch your growth, your understanding, your compassion, as life unfolds before you.

You may make changes with leaps and bounds or at a snail's pace – they are still, triumphantly, your changes. There is no one to tell you how fast or slow you can go; you must determine this for yourselves. It is, with all due respect, your goal here in this lifetime -- to become happiness and joy. You shall see the rewards reflect on those around you.

It is with these words that I leave you: Be blessed, be considerate. Think about my offer. Many Teachers are willing and waiting for any one of you or all of you to respond to my offer. We shall be in touch with those of you who are willing. Farewell.

[Editor's note – June 2017:

The group did meet on Jan. 15th and also Jan. 22nd of 1995, but those notes/transcripts are not yet found. In the first weeks of January (1995) some in the group had received personal transmissions that Abraham had recommended Nina (Ellanor) to be his "transmission-receiver" (TR) to the Woods Cross, Utah Teaching Mission Group, stating that though others did well at the TR process, she, Ellanor, would be the best received by the group-support. Of course, Ellanor was hesitant and even very reluctant. And within the next two meetings (15th and 22nd) did agree to accept the assignment with the understanding that – "if I don't hear any words, I am not saying a thing – I don't care if you all stay here all night waiting." It is apparent that this attitude was why Abraham had selected her, as we had come to realize that it was all too prone for mortals in this Teaching Mission to try to tilt messages toward their own agendas, or wish-fulfillment, or even for some self-grandiosing reasons. It was obvious that Nina (Ellanor) would have none of that! She has been the group's TR since 1995 with the support of her mother Faye (Ellen), faithfully by her side in each meeting – lending support and love. It was this support of her mother, and the upholding of the group that, according to Ellanor, has given her the spiritual strength to carry on in this role as 'transmission-receiver' for Abraham and the Woods Cross, Utah Teaching Mission Group. As of the date of this edit, June 2017, the group (now called the Salt Lake City TM Group) still meets on the first Sunday of each month at 1 pm – for the continued lessons from Abraham, Mary, and Emulan. This, after about a three-year hiatus from 2013 through the end of 2015. The group-transmissions resumed January of 2016.]

First Meeting With Abraham | Lessons Will Not Be As Before
Abraham, WOODS CROSS GROUP 01-30-1995

Back

[The is the first of several-hundred to come, transmissions/lessons from Abraham as Woods Cross Teacher, with his selected group-TR, Nina/Ellanor]

Greetings. I am Abraham. I am happy to be here among you this evening. I have seen your struggles and achievements with the passing of time/years. I have watched you grow. With the passing of time you have overcome many obstacles, and each time you have learned from them.

Although I am not Ham, I am now your group Teacher. This will not be like before. It is now a new era in your training experience. Do not expect this teaching to be like before. This might be a little more rough/difficult. You may be asked to apply

certain lessons to daily living and share it with all of us if you wish - lessons brought to life. I will be here anytime and speak to you who desire a group Teacher. We desire your comfort, your trust.

It has been as it should have been. Nothing wrong have you done. This time that has passed has been as it should have. Now we see it is time for more learning and direction. I, Abraham, am ready to teach. Let this be another step in our Mission's purpose. Let our guidance be tempered with love.

We are ready to keep moving toward Michael's goal. No, you have not been lost. You have not been out of this humble calling, no; you are right where you should be. Having lived Ham's teachings, personally, you have experienced memories that have stayed with you from him. I look forward to communicating with you each. I must bid you farewell and shalom.

Your Greatest Lessons Come From Your Own Experience

Abraham, WOODS CROSS GROUP 02-06-1995
Back

My greetings to you all. I am ABRAHAM. This evening we will discuss 'learning.'

When you were a child the teachers you had - being parents, grandparents, adults - taught you in their own specific manner, maybe in the way that they were taught. As a child, you learned by their example and you went on to learn their many habits, mannerisms.

Over time you felt your examples set to you as a child were not always quite correct - something in you just knew. You felt like almost rebellious for not always following that set example. You had, all along, a greater teacher/friend in the Thought Adjuster, the Spirit of Truth, and many other influences.

Many times you realize your greatest Teacher is within your very being. Yes, your greatest lessons come from your own daily experience. You cannot really live and learn from others' experiences, mistakes - you must be on your own path. Lessons are best remembered when experienced firsthand. And without a great many lessons it is hard to progress. Some have to go through the lessons more than once; some take longer to go through the same lesson - it matters not, as long as there is willingness to learn.

You can help others to seek out their own light within, yes, and that may be the extent of your teaching. You can share your experiences to help guide others in their decision-making, but you can only suggest, not advise. Those with many college degrees may not have the same knowledge as a janitor and yet, the janitor may have more knowledge in the lessons on compassion, love, kindness.

No one person knows where another person might be in his or her learning. Therefore, I would suggest not to judge anyone, but leave them to their own experience in learning. Do not hinder yourself by judging so harshly. You are each still a unique child in the universe wherein there is no hurry. Judging another can also hinder you in your own progression; it can only put you behind in your own struggles of

learning.

This is a time of spiritual discovery – it can be an exciting adventure. You can meet your daily life with enthusiasm; or, you can meet it with an ease-seeking attitude – I would suggest the first. There is a great sea of knowledge for you to sail upon. Every now and then hitting waves higher than your ship; facing the wind and the rain. And every once in a while coming to a calm water, with the reflection of a beautiful sunset, knowing that you braved the rough waters to yet again be rewarded with the satisfaction and peacefulness of your accomplishment.

Sometimes teaching someone, maybe a small child, has some ego glorification that this child may look to you as an authority; the child feels that trust in you, a trust which you may have initially received from an adult. Therefore, take not pride nor self-gratification in teaching. Remember what you are teaching was taught to you. It is fun and good to teach as long as you remain the learner. That will be our thought for this week. Until next week, shalom.

Back

The Group/Family Now Prepares Us For Our Place In The Family of All Father's Children

Abraham, WOODS CROSS GROUP 02-13-1995

Back

Greetings. I am ABRAHAM, your friend and Teacher. I wish to express my thoughts on your understanding of one another. I am glad to hear your open-hearted expressions of your experiences, each taking a chance laying their feelings out for all to see. If that group 'trust' was not present, many would not lay down their armor and expose their true feelings.

The 'group environment' should have a certain safe and accepting atmosphere where you can all feel comfortable in just being yourselves. It matters not 'group unity,' meaning all believing the same thing, as long as you accept one another as your brother or sister. A group is a great example of a family, each having their own specific roles. Each can help or console or encourage the other without fear of rejection or down-casting.

In your family, you can even admit mistakes and failures without critical examination. One can be unafraid to be embarrassed because you know no matter what your mistake or embarrassment may be, your family loves you, unconditionally. I cherish the family, sometimes referred to as 'the kingdom of heaven/God.' All smaller families/groups belong to a greater family/group – the kingdom of God. You start small, but in reality, you are a brother or sister in a larger family.

Your group experience now prepares you for a later time when you are seated at a great banquet with the Father at the head of the table. You may see Michael seated next to you; you might see the Divine Minister (the Holy Mother Spirit) seated across from you; you may see us Teachers, the seraphim angels, and other mortals like you, gathered. Each are in knowing that all are included, no one is left out. All who want to attend are welcome.

From this small gathering each week you take with you skills which will be helpful in ages to come. Biological families may not always be so safe, so un-judgmental. Biological families may lack the skills to communicate, they may fear laying their feelings out for all to see. Biological families may even judge its own members more harshly than a stranger.

Yes, it is a great comfort to be in the family of the Father's kingdom – you know that all are understood; all feel free to open their hearts to the Father of all fathers.

This week, keep in mind how you may react to your own family, friends – are you listening to them? Keep in your thoughts about your own group meeting associates – are you listening to them? Are you loving, unconditionally? Are you being open enough to give and receive? 'What is the true reality/meaning of group/family' will be the focus for this week. My love to you. Shalom.

Furtherance on The Group Family | Are We Stuck In the Murky Waters Or Crossing Through

Ham & Abraham, WOODS CROSS GROUP 02-20-1995
Back

Greetings. I am HAM. I, too, can always feel comfortable returning to this branch on my family tree. These past two years have been a long and difficult test of our endurance; it has been filled with many lessons of trial and triumph of the spirit. I am overjoyed to see that you have held up. I wish you joy in your upcoming tasks ahead; look to them as a challenge rather than an obstacle. Many blessings go with you. I leave you to Abraham. Farewell.

Shalom. I am Abraham. I wish to impart to you a furtherance on the group/family. You may well know of your difficulties in communication and understanding. You may have learned something about judgment, being judged or judging. You may have family members who roll through life with one problem after another – you may be one with one problem after another. I can tell you these family members always caught up in turmoil are crying out; they feel something is lacking, and therefore may seek out one difficulty after another to bring a cover over the actual crying out of the soul – putting the focus on a material problem rather than risking exposure of the soul's true needs.

Many may live their lives wading through a river of muddy and murky water not actually seeing the benefits of simply crossing this river. And to you my students, I say – have some sympathy for these problem-ridden fellows, yes. But too much sympathy can be a detriment to them; they may believe all their difficulties are a reality, when in fact, it is a covering up of the souls' true desires. I would say, the true souls' desire would be love. That is really what all souls wish for, something as simple as 'love.'

I am saying, when you listen and sympathize with one who may go on about their daily misfortunes, you can give them what they really seek – love. You can be tactful in your dealings with those with seemingly numerous problems, yes, but it would do them well for you to be truthful as well. You can support them in their feeling, yes, but you should not encourage or validate their fears or 'blown out of proportion'

problems.

When you listen to such family or group member, seek not to play into false feelings of fear. You may love them so much, wanting to spare them from the pains of truth – but I say, it would be far worse to agree and let them continue in their cycle of imagined problems. You can remember the Master sympathized not with those who would lie down before their troubles. The Master taught with questions. Questions to your troubled friend or family may reveal to them a lighter side, perhaps a solution that may lie within their own being.

This week in your dealings with family/friends, think about not over-sympathizing but let them know of your love for them. You can support them in their feelings, give them your understanding – perhaps you have been there; but try not to validate their feelings of fear. Tactfulness ‘with honesty’ is also beneficial to this friend or family member.

Something to think about: Are you one who wades in a river of imagined problems? Are you one that stirs the mud under the water, on purpose? Sometimes in the stillness when you let the mud/dirt settle you may find your souls' true desire. You may find what it is your soul cries out for. Take these words with you into your week and I'll be here again to hear of your dealing with your fellows. Shalom.

Relying On The Son | Take Your Place In The Kingdom With Your Brothers and Sisters
Abraham, WOODS CROSS GROUP 02-27-1995

Back

Shalom. I am ABRAHAM. I am your Teacher and friend. How did you apply the lesson from last week during the week? Was it as simple as you expected? or more difficult. As with any lesson, time is required for the learning to become natural. You cannot learn any skill or lesson overnight. The great group/family lesson will be life-long and beyond this life.

This night I desire to teach you a little more about relying on the Son, our universe Creator – Michael. Some believe that they must go through this life dealing with daily obstacles alone. Some know not of our magnificent Spirit of Truth that longs to help and guide. Many know not of the majestic power of the Universe Son. He is only limited by the Father's will.

If we could only discover Michael's longing to be close to us, how could we not be able to face such daily difficulties knowing His presence is with us. As we Teachers understand His love for us it is such an honor and pleasure to serve one so beautiful. As you too discover His longing to be with His universal children you may feel His presence more and more.

It is difficult sometimes in your mortal state – you have to believe without seeing; you have to trust that kingdom of helpers with whom you cannot see. I vaguely remember my time of doubts on Earth – I do know I survived them, as you will. You can also be benefited from your doubts after a period of questioning. As difficult as it may be you can always look back and note that you also survived that spell of doubting.

As you grow closer to Michael you may be comforted from your periods of unbelieving. He said: "I am the door." He said: "I am the bridge from one world to another." He came here to reveal to us something so precious - something you can't buy with money, something that has given many great comfort, that has given the weak-hearted, confidence, and the discouraged, hope.

Michael came here to reveal the greatest gift, and that is the knowledge of our son- or daughtership with the Father. No greater gift can humankind receive than an equal place in the kingdom - and I say, Michael, His Spirit, is the door. Your closeness to Him would be of great benefit to you in your steps to understanding.

When I think of my Creator, I feel energized by His goodness. I feel almost unlimited with one so glorious that graces my path, my life. I am renewed in the thought of His powerful and loving presence that knows each one of His children. Some may feel unworthy, undeserving of His magnificent presence, but I say, He was once one of you who walked the Earth. He experienced what you experience. He knows of your feelings of unworthiness. This is understood.

It is much desired that you would take your place in the kingdom along with your brothers and sisters and accept His love, accept His help. To claim yourself unworthy or inferior to receive His presence, His love, is almost offensive. He desires to know you and to reveal Himself to you. Ham has taught on this subject before. It could do no harm to re-read the lesson.

Jesus said, "I am the door." This week, focus on this door of which you may knock. You may notice His presence during the week, and next week some may wish to share their experiences of our Father/Brother, Michael. Until next week, shalom.

You Are Not Isolated Any More. Seek Me And You Shall Find Me
Michael & Abraham, WOODS CROSS GROUP 03-06-1995

Back

TR Ellanor (Nina): Oh, I don't know if I can do this. I think it is Michael.

Yes, I told you I am not far off. I am MICHAEL. This may be hard for some to grasp. Why wouldn't you believe or think that you are important enough that I would not be close? You are not so small that I would forget about any of you. You know not of your value in the kingdom. I am here to tell you that each and every one of you is of utmost importance in Father's family. Not one is forgotten. How can some think I am so far away when I make every effort to reach each child?

What the Son desires and the Father wills, is. Father's will is to be close to each child. My desire is to know and love each child also. So children, believe that I am in your midst and that you dwell not in isolation. We are so near you; we are almost becoming you. You and your open hearts and minds bring me and my Father to this world. Yes, a step of faith and an open heart brings me closer.

I ask you to feel free to seek me, my guidance, my help, my understanding. I delight in serving my children. Worry not of past mistakes or mistakes yet to be made. I serve with legions of helpers and hosts to this world. It may seem hopeless at times. It may seem you are alone. I ask you at those times, please knock and I will

be waiting for you. Please take a small step of faith and I will show you I am not far. Go from this day knowing your Friend, your Brother/Father, is among you. I leave you to Abraham.

I am ABRAHAM. I am in awe of the love that Michael has for you and all of His creature personalities. During this last week did you find the Son's presence, our beloved Michael? When did you knock – was it during times of conflict? during times of doubt? Maybe you thought of Him during times of joy. I say to you, you would do well to always feel free and communicate with Him. Your own indwelling Adjuster may guide you in the divine ways, but also I say, Michael, Jesus, may help guide you in your ways of the human path should you seek him.

Tonight I will say a few words on isolation. You who were isolated for so long, it may have become a habit, a way of life, thinking you were alone. You may have grown accustomed to the idea that the Father, or Michael, is so far away, but I say – that is all changed now. With the Correcting Time your world has almost fully been re-encircuited, almost fully restored. Now comes the great awakening! This will be mentally and physically known, and the world will reconnect back with the Father and His Son.

This is a most exciting time to be here on this world. You who may drone through the everyday tasks really have no idea about the underlying excitement we, the unseen helpers, feel. It is a great time in your history. Many in isolation forget that they are really cared for. Sometimes the isolation is self-imposed – and friends and family may be severed from a person's life.

I say, do not impose this isolation on yourself or your world any more. Just as an elderly person may feel unwanted and useless, they isolate themselves to drown in their own sorrows – until maybe one day a visitor, a friend, a family member, may stop by. They may ask this elderly person for advice. They may just show the elderly person that a visitor enjoys their company, and once again the elderly person feels a part of the world, reconnected.

That is what I want to say to you – Christ Michael is that visitor to your world. He enjoys your company. You may need to be asked a favor for He wants you in your world to once again feel reconnected, a part. When times are hard, try not to isolate yourselves but think to invite Michael to talk.

Also I ask, can you think of one who may feel isolated? Can you reach out to him/her? Can you bring your visitor – Michael, and this isolated person together in a way to just talk; to help someone to reconnect; to feel a part; to be a part?

This week, rather than to think on this subject on a wide scale (the world, the universe), think instead on a small scale, such as one person in need of a visit. Until next week, shalom.

Personal Agendas | Motives Can Be Unintentionally Selfish
Abraham, WOODS CROSS, UTAH 03-13-1995
Back

I am with you. I am ABRAHAM. I am happy to be here again this week. Many ideas and

suggestions have you discussed regarding this Monday night meeting. This week I ask you, the group, to think on subjects that might be of interest to you 'as a group.'

Groups, personalities, vary from city to city and state to state. What might be needed here in this group might not be needed or desired by another group. You all know each other fairly well. Perhaps you desire some help on a certain subject. We Teachers, ask that you discuss topics that may be of interest to you - personally, and as a group.

Also, we ask you to consider and ponder over your inner feelings on the present group format. Is it your true desire that I, or we, teach here to you, weekly? Our intent is not to force this on you. Our present intent is to minister to you each - individually and collectively. Our desire now is to teach you, your group.

It is not meant at this time for your teachings to go to others who might not understand or have the close communication that you have between you. One way or another, every person will receive their own personal lessons whether in this life or on the mansion worlds. Yes, you will receive your own personal lessons - with or without me. Is it your true desire for these teachings to continue? Please discuss this at a convenient time.

If teachings are so desired, I would ask you to then look within to your soul's needs. Perhaps there is a subject I can further enlighten you on. I do not make it my business to read your minds. As you will experience, to discuss group desires brings you more together - mindally and spiritually. This is your opportunity to look within and to receive help where it is needed. But I say, this is for you who come here, who are seeking personal correction.

I would like to say a few words regarding 'personal agendas.' Motives can be unintentionally selfish; they can come up behind you without warning. Although it is not your intention to be selfish, sometimes your secret agenda may slip in unknowingly. Although it may be your intention to do Father's will, your underlying wants may interrupt the flow of communication from Father. This does not mean you are bad or backward or regressing, no! for you see, this is understood; this is natural human tendency.

Yes, your underlying personal agenda may hinder you in your spiritual path. Therefore, I ask you to look closely and honestly at your true inner feelings and motives; be not too hard on yourself. There is nothing wrong with inner desires and feelings, they are natural - but I ask you to lay these inner feelings into Father's hands and wait on Him.

Father knows your heart and your path that you must travel. So I say, look honestly at your personal agenda; give it to the Father. Know that nothing is hidden from Father - therefore, be also honest with yourself. When making decisions, ask yourself: "What are my true intentions? Am I in accordance with Father's will?"

If the Master were sitting with you, face to face like the apostles long ago, what would be His words of wisdom to you? What words of my friend/brother, Ham, may surface in your mind? I say then, worry not about past hidden selfish intentions,

for now you have the ability to recognize them and lay them in Father's hands. I remind you to discuss my proposal. I will be in touch. Next week we may answer a few questions. Until next week, shalom.

[The group did discuss Abraham's proposal. The consensus was that we all desired to receive further instruction and teaching that was in alignment with Father's will for us – as a group and individually; not what 'we' might want, but what Father wants for us.]

Becoming More Morontial | A Question About The Treatment of Children

Abraham, WOODS CROSS GROUP 03-20-1995

Back

I am here. Shalom. I am ABRAHAM. Last week we discussed some on the group format. I am a little more clear on which direction to take in teaching your group.

I would like to say a little on my understanding of the needs of this group. It is known that all of you desire to be closer to Father and His kingdom of various helpers. It is my understanding you desire to attain more of the Master's attitude and mannerisms. What I am understanding is that you desire to become more morontial. I wish to express my dedication in helping you reach your goals.

There are so many daily human tasks that seem to take from the growing morontial being within, and at times seems like too much work. I say, when you are wanting to improve on a certain area in your life, start small. Don't become overwhelmed with all the possible potentials of your being. Don't try to do too much – this can only bring confusion and a desire to give up.

We have been taught 'it matters not what you are at this moment, it only matters what you are becoming.' [See this [Urantia Book link](#).] Much of the time your Father Fragment will show you your areas of need for enlightenment or improvement. So I say, be patient. There is no time-limit for becoming more morontial. I will answer a few questions.

CALVIN: I want to say, thank you, Abraham, for your concern for us – both as a group, and as individuals. It is a marvel to witness how we can receive such kind and loving help, and benefit so much from your coming and teachings; in our discussion with each other here, it is evident we all feel that. I know everybody is happy and likewise appreciative to have you here.

ABRAHAM: I would say, you're welcome. And I would also thank you, Calvin. Your persistence has helped to bring about this new teacher/student contact.

ROLAND: Abraham, I've expressed this in this gathering tonight, and you probably already know my question of the heart better than the words I will express. In the process of attending to your words of caution about personal agendas, which are selfish and interfering with Father's will – in sharing love with our brothers and sisters, what part of that selfish agenda is sexual attraction? It is my question that as we become more enlightened, and in thinking of those who have gone before us who have been masters and enlightened beings, and who have chosen in their life at

some point, celibacy – is it a worthy goal or decision-making process to become a celibate being in order to serve as a pure vessel of God's love? Is there a way to balance sexuality and spirituality to do the will of the Father within that framework? I leave you with that question, knowing that it has many holes in it.

ABRAHAM: Roland, my friend, your willingness to give up a part of your humanism for the sake of the Father, truly shows what a dedicated and loving individual you are. The Father doesn't ask you to sacrifice any part of your human existence. I would say, your natural reactions at a moment of spiritual intention are just that, natural. It is not bad. It is part of who you are. It is part of the human learning experience. The Father knows your true intentions and your efforts to discipline your own mind. I would say, don't be too harsh with that mortal mind, it is still in training. Seek not to flee from your human experiences, but to traverse them with your constant companion, Father Himself. Does that answer?

ROLAND: Yes, very well. Thank you very much. As a follow-up question about the spiritual and material world – we know the history of your life; you had much material wealth and lived a very spiritual life. Is it possible for us now, in this very materialistic world, to have the abundance of materialism and maintain spirituality, as you did in your day; and, would you change it in any way?

ABRAHAM: Abundance may not have the same meaning for all people. Some who have little may find abundance in their family setting, or in the benefits of good health. Some may find the abundance in lessons learned and knowledge earned; yes, what person would honor material goods over these blessings? I would say, you can have abundance and spirituality if the material wealth does not interfere with the spiritual. Does that answer? (Roland: Very well. I thank you very much, again.)

JAMES: I have a question, Abraham. First of all, I am really grateful that you're taking questions. This is most interesting. One of the things that really grieves me about life is the suffering, the tragedy of innocent children having to suffer for the mistakes of their parents – or the mistakes of society in general. It seems so unfair; and it seems like a tragedy to me. I wonder how you – being farther along the spiritual path – view these types of inevitabilities from this planet. And, how may our Father view these inevitabilities.

ABRAHAM: We cannot express our heartbreak for the children of this world. The angels, and other helpers to this world, mourn the tragic treatment of the children. Much of their horrible treatment was not foreseen, had not even entered our thoughts. It is unknown to us how a society can produce uncared-for children. We find hope in the Spirit of Truth who tells the world of the injustices done to children, therefore allowing society to recognize specific problems and address them. At this present time, there is a great upheaval of emotions from our youth. They only cry out for what you would want for yourself. They too want to be just as important as adults, not seen any more as a burden. Many youths have come forth in a rebellious attack calling for attention. Though their ways may be destructive, they still send the message that the young are very important to our culture and society. Many know not of what we can learn from a child. The many know not of the wisdom, the pure wisdom from a child; but I can say, this matter is of much importance to us, yes, and we find that Father is in control. Does this help?

JAMES: Yes, it does. You say, "Father is in control." What do you mean and could you expand on that just a little bit?

ABRAHAM: I would say much of our worries or concerns are magnified when we lose sight of the overall watchcare of our world, our universe. We sometimes feel overwhelmed and discouraged by all the changes needed, and we forget that 'One Source' of all power, of all control. Mortals may sometimes forget that they are not in charge. Yes, you have your free will over your own human existence, but I say, in all universal matters our Father has His will. My point to you is - worry not, for nothing is too big for the Father to handle. Does that answer? (Roland: Yes, thank you.) Abraham: One more question?

CALVIN: Can you help me understand what happened with Joshua and the healing exercise - I can take an abbreviated version since it's late, but what happened and why he is still there in his pitiful condition, and what was wrong? [Editor's note: In the previous months, Joshua had developed a serious health condition which caused his body to store his water content rather than regulate it and discard his water. His legs and feet became swollen and yellowed. He did seek all medical attention available, but still his condition persisted. The group decided to do a group healing exercise - according to our understandings with Ham's teachings. Some of us expected and hoped for an instant healing rather than a partial improvement - which is what Joshua did experience.]

ABRAHAM: Yes. Joshua, our beloved student, performed a great service with much dedication. This healing exercise was a very real and meaningful moment for you and those involved. Sometimes the outcome you hoped for, somehow, does not take place. Sometimes all we can do is ask for help for others, and then release it to Father's hands. The group's desired outcome for their friend/brother may not have occurred in the ways the group desired, but I say, many other extremely beneficial occurrences took place that evening. Yes, Christ Michael was present. I cannot respond to the reasons why Joshua's health is not fully restored. I can only ease your mind when I say, your love and concern for your friend was felt beyond the space of that room. Does this help?

CALVIN: Very much, yes; and thank you, Abraham. I think I understand the dilemma that you have in explaining it to me.

ABRAHAM: Next week it may be beneficial to think more on your direction for desired growth. Look for me throughout this next week. Shalom.

Back

Rest And Relaxation | Set Aside A Day Each Week For Rest

Abraham, WOODS CROSS GROUP 03-27-1995

Back

I am here. I am ABRAHAM. I am surprised by your lack of understanding regarding our last week's assignment. I believe a little clarification is in order. What I previously purposed was not meant to confuse you. Although this confusion has occurred, my main point to you has also happened, you all are communicating openly

like a family.

During the daily grind, many things occur that can take their toll on the spirit. Coming together as a group is like coming home after a day's work, kicking off your shoes, sitting in your favorite chair and relaxing, knowing there are those who are also arriving who have also been out in the busy world. Each of you are in understanding of one another's tasks and demands made out in the workforce. You all understand that daily living can be a burden; this is one common ground you share.

Yes, each of you are in understanding of each other's efforts to become more like the Father. You have experienced so much of the same things, and coming here is like a refreshing nap. After a nap one feels energized and once again ready to meet more tasks. It is through your connections of experience that you are able to communicate and minister to one another. It is through your contact with each other that you learn skills beneficial to take to your fellows who are not attending this group.

They say "two heads are better than one." I say, your group is overflowing with ideas and wisdom. I would also say, don't be afraid to remove your personal barriers to share with the group. This is a goal of many Teachers - to begin to see the members within small groups taking care of each other. It begins in small groups, yes, but it extends worldwide.

This evening it is my heartfelt desire to urge this group to think a little about rest, relaxation. It was taught long ago that one day should be kept holy for God. Jesus taught that one day should be devoted to rest and reversion. Many times did the Master retreat to the hills to be in uninterrupted communion with His Father. I would say this communion with Father would also be refreshing to a tired soul. Many times the mind also requires some peace. Not every minute needs to be devoted to learning or improvement of the self.

You would be amazed at the benefits you receive from a short rest. You may witness a sharpening of the mind; you may also find you have a higher tolerance level. Sometimes it's the little things that can wear on your tolerance level. Rest or diversion from routine can greatly improve your attitude. Perhaps a creative moment may remove your mind from the minor aggravations of life to reveal a lighter side - perhaps a feeling, an opening to possibly receive Adjuster guidance. I will take a few questions.

CALVIN: Abraham, I think I see a little differently of what you want us to do. It's like coming together, here, as a family and kick back and talk about what is going on in our lives which possibly greatly helps each other; and then receive some direction from yourself. If I am perceiving that right - is it that you would like us to do that casually and then you fill in casually? Or to come to a consensus after that for more formal questions of what we want from you in our meeting?

ABRAHAM: My goal or purpose is simple - just to talk, to share in a way that reconnects you. This assignment reminds you of your purpose for attending these meetings. No, not all need agree on one question. My desire would be to see you all take comfort in each other's company. After talking, you feel once again at home with each other. Tension is high when you first arrive. Communicating relieves this

tension and you are better able to receive my words. Above all, we wish you enjoyment. Are there any other questions?

CARI LYN: Abraham, I am fairly new to this group and a little nervous asking questions. I want to ask if I have a Teacher. Or if not, if I can have a Teacher assigned to help me with the problems that I have in my life. Secondly, could I know what my spirit name is? I also have a question about marriage and what happens to us after our mortal death – if we can see our partner that we were married to here, and be with them afterward if we want to? Or, if that is no longer needed as a non-mortal person.

ABRAHAM: Jeana, yes, this is your name; it is as close as you could understand at this time. Spiritual names are somewhat difficult in this human language. My Daughter, you already have a Teacher, a Teacher so close, so concerned with your path of spiritual attainment. Everyone here also has this divine Teacher within. This Teacher knows you like I, myself, might not. I would say your Teacher is most reliable; and I would say, He has been with you many years since a child. This Teacher I refer to is none other than your indwelling Fragment of Father. Other teachers may come and go, yes, but I say to you, your divine Father within is with you always. Your question about marriage can be more easily answered from the Ham transcripts. He spoke on this. I would say none of your human associations are wasted. They may not continue in the same fashion you knew them to be here in this life. Much will change. Many answers will be given. I would say it is the Father's choice to choose the appropriate time when all your questions are answered. All your answers may not be given here in this lifetime. More questions?

WILLEENA: Father Abraham, could you simply give me some words of encouragement or direction at this time?

ABRAHAM: My daughter, Willeena, long has the road been for you. Much have you overcome and much is there yet to overcome. You see, it is the same for all mortals. At times we can only ask the Father to traverse these rough waters with us. You would do well to ask the Master for some insight. You may ask the Master for His attitude; His attitude was not one of ease-seeking, it was filled with strength from His Paradise Father. Jesus overcame such horrible experiences. He did not complain. He did not lie down and let His troubles overtake Him. Yes, He was divine, but He was also, human. Sometimes I wonder how He overcame such difficulties and still continue to love this world as He does. He, many times, communed with the Father, and I believe this is partly where His strength was acquired. Life is not meant to be a burden, a constant burden, no. Learning, yes, hard lessons, yes, but not overbearing. Said He: "I have given you life because I love you." I say, life is not torture – it is for us, for what we need. As a good parent you will provide your child with what they need; at times this may not be pleasant, but it is hoped that someday the child may look back and see how much the parent loved and cared for them. More questions?

ROLAND: Abraham, I seek instruction in improving my meditations to hear the voice of the indwelling Spirit. The method that I most often use to clear my mind is a prayer of gratitude and asking for my mind to be exchanged for the mind of Christ. And, in the process of clearing the mind, I ask that I might hear the inner voice of the

Father Fragment. Sometimes this is effective, but there are other times when I have not been able to get my fearful thought processes out of the way. Could you instruct me in those things, please? And also, perhaps give me further technique that would assist me in that meditative practice.

ABRAHAM: My question – are you seeking to hear the communications of the indwelling Adjuster? (Roland: Yes, that's my purpose in meditation.) Abraham: Out loud?
[laughter from TR and the group.]

ROLAND: Though I understand that the indwelling Spirit speaks through an inner voice – not the outer hearing mechanism that we normally communicate with, as we are at this moment through Ellanor, but it dawns on me that was probably said in jest.

ABRAHAM: Roland, I perceive your method of your stillness-time is adequate. I know not if you will at that very moment desired, receive Adjuster communication. I do know however, that you communicate much with your Adjuster. Many normal daily activities include your communication with the Father Fragment. I would not limit you by saying an audible contact with your Adjuster is not a possibility; rather, I would say your communication with your Father Fragment appears very casual, very normal. Father would not frighten His children; therefore, communications are best when felt quite naturally. In your stillness-time, your willingness and dedication is good. I would add, that peacefulness and a feeling of love does make for quite a sufficient meditation. More questions?

ROLAND: A follow-up question on that. There have been times, and even during this week, where I'm discussing spiritual matters with others; and occasionally there is a sensation that the words that I am speaking to that other person out of love are coming from the Father Fragment within. Is this happening?

ABRAHAM: Yes, more than you know. Many times you think about having the right words for the right person at the right time. I say, many Adjusters are at work and it may be surprising that this is not especially a spiritual feeling/emotion; it appears perfectly normal. Another question?

CALVIN: Not a question, I just want to say that you are appreciated very much – your time and commitment to come back to this world to help and teach us, is very much appreciated. That is all I have.

TECTRA: I have a question, Abraham: In Roland's question, you seem to be saying this is a new way of hearing – this communication with our Thought Adjuster. I was under the impression it was something we came to during the meditation time. You seem to be saying that we have more communication with Father than I was aware of – like in daily happenings and events; that it is a natural kind of thing that goes on between ourselves and the Thought Adjuster. I guess I was not aware of that. Am I perceiving correctly – that we do have more communication and understanding with our indwelling than I had perceived?

ABRAHAM: Yes. So much miracle-seeking is sought by mortals. Something 'out of the ordinary' is expected. I say, anything is possible, yes, but to 'be open' is to allow Father to work. Father's work is not meant to be in 'miracles' but in ordinary

everyday living. Father asks us to believe without seeing. That may be your hardest task yet. Most of our Thought Adjuster communications may seem so natural you might almost believe it is just you. Therefore I say, take not pride in teaching, for the information you receive and give could possibly be from the Father Fragment.

Thought Adjuster communication appears to be a subject of interest. Perhaps we can talk further on this subject another time. This week I would ask you to make time for a little rest, a little diversion from your daily routine. Until next week, shalom.

[A great example of a close-knit group, as Abraham speaks of in this lesson, is the Arcadia Teaching Mission group depicted here. This picture was likely taken sometime between 1992 and 1997. Dozens of such 'Teaching Mission' groups emerged throughout the world in the decades following Ham and Abraham's initial teachings in 1991 and 1992.]

Our Urantian Sisters. The Male|Female Differences

Abraham, WOODS CROSS GROUP 04-03-1995

Back

I am ABRAHAM. My fondest greetings to you this evening. Your discussion concerning rest was most interesting. Even now in my spiritual status, I find it difficult to rest. I have my many companions and associates who help me achieve periods of rest and entertainment. How many do you know who are in need of a period of rest? As I receive help from my companions concerning rest and diversion from the routine, I ask you, is there someone you might help to also receive rest or possibly distract them from their mundane routine?

I would now choose to reply on a subject that has been in question for centuries. I, along with Michael and others, do hear the pleas for help concerning your female population around the world. My friend/co-worker, Ham, spoke on the male/female differences in your world. [see below excerpt.] It has been called to our attention that our sisters of this world are in need of a little understanding, perhaps a little encouragement.

Our Urantian sisters, from the beginning of human evolution, have fought, have struggled, for a place in this world. Michael (Jesus) greatly helped uplift the female population announcing that women are equal with men in the spiritual kingdom. Jesus, to no avail, attempted to persuade his brothers, His fellow men, to allow women, mothers, sisters, to take their place in society and in the kingdom of God.

It has been a mighty struggle for the women of the world; but I say, so much has improved; and, so much is there still to understand. I say to you, my sisters, now is the time you may stand tall in the kingdom, side by side with your brothers. I tell you, projects are best, more efficiently completed, with input from both men and women - as partners, not competitors.

My sisters, the time is over for blame, and for battling for your place. Now is the time to embrace your fellow sisters. So critical are sisters against sisters. Many women view the male as her oppressor when women's greatest oppressors are either themselves or their fellow sisters.

Motherhood is not looked upon as a privilege by many; some may view it (motherhood) as a down-casting position. I would say to you, however, motherhood is a 'must' in your spiritual evolution. Motherhood may not be biological so much as it is an attitude of love and nurturing to those in need.

How many do you know that could use a little mothering? I would say, when the role of mother is viewed as important, then will we see improvement in our children. When the role of motherhood is viewed as a necessity, then shall the fathers of this world view fatherhood as an important role.

I will try to express more on this subject at a later time. This week I would ask, is there a female friend, mother, sister, daughter, wife, who could possibly be acknowledged as a needed person in our society? Next week I would like to discuss fatherhood and a message to our brothers. Are there questions?

ROLAND: Abraham, you said that – in the spiritual status you have now attained, that you still need rest or reversion. As I understand it, you must be in a morontia body presently. Is it the morontia body that needs rest? or is it the mindal circuits, spiritual circuits, that need rest. I'm asking for a fuller description of what your rest consists of as a morontial being?

ABRAHAM: This world is in a state of emergency and priority. Many work/teach non-stop, as so much work is needed. Those who care for this world find it hard to pull away, to stop working long enough for a moment of leisure, a moment of rejuvenation. My need for rest is more mindally rather than physically. Although I cannot comment too much on the morontia form – I can say, a moment of worship is perhaps most rejuvenating and energizing. A moment of humor, laughter, can make a large project seem smaller. More questions?

ROLAND: A follow-up question: In your ascension through the Mansion Worlds, as we understand them from the Urantia Book, may we know from what sphere you returned to the Earth? and what preparations you had?

ABRAHAM: I have hailed from many spheres/worlds. My training in the Correction Time has been with Machiventa Melchizedek in training from the ascension training schools. I have had other training in a core group with Michael as our Teacher. Many Teachers will also attend this training class of Michael's. The Correction Time has been long thought-out and planned; but not everything has gone as expected, predicted. Yet I can say, all is on track. More questions?

[For Excerpts from the Urantia book regarding these ascension training schools of which Abraham speaks—click [here](#). Or see UB Paper 45: 7.3]

WILLEENA: Yes. Thank you for your comforting words in regard to we sisters. As I understand – because we in the Correction Time are healing our perceptions of ourselves and each other – men and women. So if I'm understanding you correctly, the way we have viewed each role is about to expand – and I am just grateful.

ABRAHAM: Correct. Understanding and appreciation of the roles are expanding more and

more. Women and men are in need of a little encouragement, a little appreciation for their different aspects in this mortal life. Not so much is it an issue of equality as it is an issue of acknowledgment for each other's roles in this world. Small understandings here in the mortal life may help you on the Mansion Worlds, yes. There, (on the Mansion Worlds) it is not so much issues of 'male and female' as it is 'brother and sister' - it is more of a family association. Are there more questions or comments?

CALVIN: Abraham, I am glad you brought that up because I can be more appreciative of the mothers of my kids instead of the way I am. I have used that one word we often use on this world, and it really is deplorable. I understand we do irritate each other a lot in this life - the male and female. The problem I have seems so complex with trying to stay alive and afloat that I almost have no time to have association, let alone be a good father anymore. I am sure that is part of the Correcting Time, where we have more time to be associates, fathers and mothers. Thank you.

ABRAHAM: Yes, your time is so demanding. It appears that the children may hurt a little without your attention - yet I would say your children know they are loved and cared for. I would not say down-casting remarks about their female role-models to them. Your efforts are known. With the demand on your time (as is with many mothers and fathers - working, providing food and shelter) it is difficult to really spend a good amount of time with your children. That is one reason why we say, embrace all children, even though they may not be yours. Be accepting of their budding personalities. One comment from an adult to a child can be remembered throughout a child's life. Try to make it an uplifting comment. Let the children know they are standing with you in the kingdom. Are there further questions?

ROLAND: I have another: In the early transcripts of our meetings at Woods Cross it was mentioned that your role in the Correcting Time was as the "commanding officer of the corps of destiny." Is that something that you still continue to do? and are we mortals here, as students of your teachings, members of the 'mortal reserve corps of destiny' that you are in charge of?

ABRAHAM: 'Commanding officer' is somewhat of a strong term made for mortal understanding. I co-command with my associates and fellow Teachers. I receive my instructions and directives from Michael - and I pass them to my associates, and to you my mortal students. Corps of destiny, yes, many are in the corps of destiny. We are fortunate at this time. Many, each day, are becoming aware of their spiritual path. Is there another question?

ROLAND: Just as a comment: I would ask, as I have done many times in my meditations, if there is anything that I may do to facilitate the Correcting Time, that you know directly? I am willing to do that which you ask.

ABRAHAM: Your willingness is known. You have already fulfilled many tasks of the Correcting Time. Your willingness is noted.

CALVIN: Abraham, you said a couple weeks ago to look for you during the week. I looked but didn't see you. I know of your lessons and our meetings as tonight, but I'm not sure really what you meant, and we've all talked about that. I wasn't

expecting to see you with material eyes, but I didn't really know what that meant, to "look for you during our week."

ABRAHAM: I was there. This is a leveling of your spiritual growth, a balancing time. You communicate much with us, and much with your indwelling Fragment. At times, spiritual activity may seem slow – this always passes. There is a reason for this slowing down time, for much must you absorb. Much do you learn to put to daily use. Much do you teach. One more question?

ROINDA: I have a question, Abraham. Earlier I commented on how this week I hadn't gotten very much rest because I watched my nephew and my granddaughter who came over. In reading your last week's transmission, you mentioned that rest, or diversion from routine, can greatly improve our attitude. I was wondering, because I noticed that by the end of the week that I was tired; but I noticed that my level of patience had gone up. I was wondering if that is kind of a diversion that was kind of shown to me this week.

ABRAHAM: Yes, yes. This diversion, especially children, can help improve tolerance levels. A tiring week it may appear, but the memories of the children will long outlast your tiredness. Your attention, your care, your love, was greatly appreciated. Does that answer? (Roinda: Yes, thank you.)

Next week I hope to hear more on your weekly notes from Father – of your daily witnessing of Father's hand in your life. Until next week, Shalom.

[Editor's note: This insert is an excerpt from Teacher Ham [March 15, 1992 lesson] regarding the differences of the male and females of our world.]

ROLAND: I think it is very clarifying for me. One question I have from my studies in the Urantia Book goes back to the default of Adam and Eve. As I read it, it indicates that there is enmity between the man and the woman. It seems that is stated in another section of the book about the relationship between man and woman – that there are natural hostilities and antagonisms stemming from the advent of the 'default.' Is that a natural state of all mortals? and, is it unique to our world? Is it a common problem amongst the evolving worlds? Can you address this?

HAM: Yes. There are certain differences between the male and the female of your species, which are biologically predetermined and affect all areas of personal development. Temperamental qualities, yes; and yes, qualitative differences abound. These differences we must look at as not antagonistic but rather, as the spice which causes life to be enjoyable. Often these differences create a dynamic of personal interchange which can be amazingly fruitful in all areas of life: home building, child rearing, working relationships (intimate and non-intimate). These differences of mind are there for a purpose. Usually, the working together of the two is better than the working between the same sexes in many respects. As it states in the Urantia Book, complete and total understanding of one sex by the other, is impossible, for so much is involved in mental temperament which is associated with one's sex. There can be, therefore, no complete understanding between the two, but this does not mean that there cannot be sympathetic tolerance between the two. Do you have anything more specific?

ROLAND: Then the enmity was not created by the default of Adam and Eve?

HAM: Correct. And this 'enmity' has evolved for the better, in general, throughout the universe, as far as I know.

ROLAND: Then we don't have a, for lack of a better term, "a curse" that has been placed between men and women to create the apparent differences that we see in our modern society, from the disobedience or the default action of Adam and Eve?

HAM: No. No. That would be misunderstanding. There is no curse on mankind at all.

Roles of Our Mortal Brothers/Fathers

Abraham, WOODS CROSS GROUP 04-10-1995

Back

I am ABRAHAM. I am happy to be with you this evening. I desire to speak a little on the roles of our brothers/fathers. A long time ago men would do most of the physical work. It was instinctive for them to hunt, to build. But somewhere down through evolution man's work was more valued than women's. A lot of value was placed on material goods. Women, having control mostly over child-rearing, seem to somehow be placed at a lower value.

With the evolution of time and the pursuit of equality between men and women, women began to bring home the material goods, therefore women took their place alongside man in the work field. With this new uprising of women's quest of equality, man was somewhat moved out of the family picture; women could provide for their family now, and often fathers were made to be seen as unneeded - this began the breakup of the family.

With this break up so much damage has been done to our children. This war - this struggle between men and women - has seriously damaged the spirit of our youth. The fathers have been left out.

I say to you, please begin to once again include the fathers in the family unit. Instead of this struggle, we could have togetherness; we could have physical and mental well-being. I say to you, please bring our brothers back into the community. Instead of pointing out their faults, try to appeal to their sense of fatherliness. Appeal to their sense of duty and honor that lie deep within the heart of our mortal brothers.

Women/mothers can provide a nurturing loving place in the home, yes, but I would say that is not complete - a father in the home can provide safety and a secure environment for his family; the two examples in a home are more complete. This is not to say this is all of a biological nature, no! This is to say, let our male population once again resume his role as a caretaker and security provider. Yes, let each man and woman realize the importance of their own roles in this society, and let them also understand and accept the roles that one another plays.

This week I say to you, my fellow brothers, let no one hold you back from your fatherly place in the world. To my fellow sisters, could you reach out to a brother

and include him? Are there questions?

CALVIN: Abraham, I hope I am not misunderstanding these last two weeks' lessons. Last week it appeared that women were to stand up and count themselves as equal and look to one another as equals with men; and for men to realize there is no inequality between the two. This week, I think you're saying we have separate roles – one as a motherly caretaker of the home, and one as father and provider of security. How does that fit with women feeling a need in our society to be a "provider?" I'm asking: is the provider role, on the women's side, maybe not so good in our society?

ABRAHAM: With the dissolutions of marriages, many women may have no choice but to provide for their family. I do not mean to say our sisters are not good providers. I mean to say, both man and woman are, together, more efficient in child rearing. An example might be Mary, the mother of Jesus – she tended to Him mostly His first five years, teaching Him, loving Him, caring for Him. Then Joseph (Jesus' Earthly father) took over His training and education. Although His Earth parents were not perfect, they provided Him with a balanced ideal of family life. Mary may have shown Jesus to be loving and kind and fair, whereas Joseph taught Him strength and acquired skills needed in the world. Does this answer?

CALVIN: Yes, it does. It seems you're pointing out there are different natures: One is more motherly, a softer touch than the harsher male touch. I see you are asking us to see those two roles/natures, and use that to complement each other also in child raising.

ABRAHAM: Yes, but the male touch is more than physical strength. It is strength in character, strength in faith, strength in compassion. More questions?

ROLAND: Abraham, as I look at those relationships that I have had in my own life, and I perceive relationships of married people outside of my own experience, I see very few relationships that are truly based on spiritual mutual supportiveness. Rather, they seem based on seemingly ego-needs and dysfunctional enmeshments. I may be rather cynical in that, but I see it that way. Can you give us instructions as how to approach relationships that would be healthy, that would be functional, that would be spiritually benefiting?

ABRAHAM: Yes, many relationships appear dysfunctional. This has come about over several years. Much much healing is needed; this is a part of the Correcting Time, and this is an important issue. I can say that no couple can join functionally until each individual can be satisfied with their own inner selves. To pledge yourself in marriage, in a commitment, is not easy; much work is required on both sides to stay together. Spirituality would be of a great benefit, yes, to any relationship. Spirituality would be a solid foundation to stand on, together – but not always is this enough. Your world is recognizing this need for brotherly love – and for all, male and female, to share in the beat of one heart. To expect to commit to a person with your 'same' beliefs and personal qualities is not reality. This is where room needs to be made (opened up) within the hearts of this world's brothers and sisters. Are there more questions?

ROLAND: Then I take it you're saying that it is unrealistic to think you will be able to find another person with the same intensity of spirituality and personal beliefs – it would be too idealistic? So then to compensate for that, one necessarily needs to think of giving plenty of space, plenty of room, for the other person's differences. Am I following that correctly?

ABRAHAM: Yes, but I would not say your ideal mate is non-existent. Spiritual intensity, yes. Common ground, yes. But to have too high of expectations may have you overlook your ideal mate. Does that help? (Roland: I think so. I am going to read that more carefully.)

JAMES: Abraham, I have often noticed that when we mortals are faced with inevitabilities that seem tragic or unhappy in our lives – for example, when a loved one gets elderly and ill, we might say to “let God's will be done” as to whether this person recovers from their illness or not, implying that we hope that whatever happens is God's will. Then if the worst turns out, we console ourselves by saying, “this is God's will.” Is everything that happens on this planet God's will?

ABRAHAM: Up to a point, yes. Some things override God's will as far as mortal decisions are concerned. It is difficult for me to say that everything that happens is God's will. In death (in the case of someone dying), asking for God's will to be done is good, but the letting go of results to God's will can be difficult. I also would not say ‘every’ death is God's will. I can say that though death appears as such a final closing, I would tell you that where I am it is a wonderful beginning, a continuance. In matters of ‘God's will’ I am unqualified to speak, but I can tell you a mortal path is made smoother by attempting to choose our Father's will and releasing the results. Does this answer?

JAMES: It is very helpful. It is interesting to me that a being such as yourself, much further along on the path of spiritual evolution, even still struggles with the mystery of God's will. I guess it takes even a lot longer, maybe even till Paradise, to fully understand God's will. Is that correct?

ABRAHAM: I know more now than I did when I walked the Earth, yes. It does become easier to understand God's will once you have been through the training of the Mansion Worlds. Like spiritual growth, the discerning of God's will increases. One more question?

JEANA: Abraham, I haven't been allowed to see my kids for the last four months and I am really concerned about how that might be affecting them. They have been with their dad and step-mom for the last few years. I have been really concerned and miss them a lot. I was wondering if you had any advice for me or know what I can do to be able to see them again, if you know anything on the situation.

ABRAHAM: Do your children know your feelings? (Jeana: Yes, they do. I have talked to them on the phone and written letters to them.) Abraham: Then I say worry not; just continue your contact with your children. Do not give up your persistence in seeing, reaching your children; it means a lot to them. Does this answer? (Jeana: Yes, it helps. Thank you.)

I wish to end this meeting with a prayer: Father, your children of this world beseech you for your guidance in the understanding of person-to-person relationships. My friends here honestly seek your presence with them in all matters, human and divine. I would petition for your strength and goodness to be upon them. Father, we thank you. Amen and shalom.

Our Place in The World ~ Not Feeling Outcasted or Separated

Abraham, WOODS CROSS GROUP 04-17-1995

Back

I am ABRAHAM. I feel energized by all the enthusiasm here tonight. Yes, it appears that all stand ready for new steps toward enlightenment. My last two lessons were seemingly controversial causing much untangling of the thought process.

Relationships are an extremely important step in your spiritual attainment. I would ask, did everyone find a way this week to better include our fellow brothers and sisters? Were you impressed by certain examples of either the motherly or fatherly roles? It would be beneficial for this group to make an effort to provide good parental examples to your fellow brothers and sisters.

Tonight I wish to speak on 'your place in the world.' I would ask you: Do you really feel at home in the world? Can you walk into a public setting and feel that you are an equal child of God? When you observe other people, do you look at these fellows as an equal child of God - your brother, your sister?

Many, every day, find it difficult to feel they belong in the world; they see themselves as so different that it leaves them with a feeling of separation. Be it man or woman or child, all have experienced this feeling of separation. It is said that "we are not of this world," and that is true; but also I would say, there is a greater purpose for our existence in this world.

Many mortals that feel this separation from society may find it is partially self-imposed - this feeling is, mostly, imagined. Such feeling of homelessness in this world is mostly taught from generation to generation; it is a feeling of 'not belonging' and is learned as a child; and many times, children unknowing of the consequences, will inflict another child with this feeling of separation.

Also, many adults tend to separate themselves from what they believe to be as normal, feeling not common and 'not fitting' in the average mold of society. Those who have traveled their own path, those who have 'marched to a different drummer,' appear to be cast out from the so-called 'average' in society.

Urantians, having been through this isolation period, have a worldwide feeling of discomfort on their home planet. I would like to say, this feeling of homelessness, this feeling of separateness from your fellows, will soon come to an end as we learn we are an equal and loved part of a grand universal family of the same Divine Parents.

This week I would ask you to make an effort to feel more at home in the world; feel that you belong. Look at your brothers and sisters as though they also belong. Abandon your feelings of transience. Abandon your feelings of unworthiness or not

belonging. Let not another person's ignorance make you feel separate, alone. Also I would say to you, along with feeling at home 'as yourself,' to include a brother or a sister in that same feeling of belonging, 'as they are.' Individuality, yes! Acceptance, yes! Unity in diversity, yes! A feeling of not belonging, not included, not a part of the world, no!

When this world can feel at ease in their place of birth, in their world of origin - when the people of this planet are accepting of one another's place in the world, then shall we see a giant step towards brotherhood on Urantia. Are there any questions?

NORWOOD: Abraham, I just had a thought I would like to go over with you. We just celebrated the resurrection of Christ yesterday. As you know, it has been almost two-thousand years, and the thought I was thinking was that man's acceptance of his brothers and sisters to live on Urantia, to have the same rights, seems to be as it was two millennia ago with the same problems, just two-thousand years older. Nothing has really changed, in some respects. Well, I can't say that in the finite, but in general terms it seems that we have not advanced very far. Secondly, with that statement, you said something about "there would be a change soon." I would like you to expound on that if you could, please.

ABRAHAM: Yes, evolution is slow. In the days of old, people, groups of various religious orders, various political parties, would feel superior to their counterparts, thereby excluding them. Today we find the Urantian citizens to retreat or exclude themselves rather than the superior doing the excluding. This is why we ask for all - man, woman and child - to feel at home in the world. Could you repeat the second part of your question?

NORWOOD: You made a statement that soon there would be a change in either attitudes of the people, or maybe the system circuits opening up, that would get into people's brains where they would want and have the free will to make a change and accept people; and people would feel like they belong and feel at home on Urantia instead of being separated from that. If it wasn't two-thousand years ago, and it isn't today (it doesn't appear to be so today), then what is going to be the thing to change it? Is it going to be all of a sudden people are going to wake up and say, "Hey, you know, I got the idea I belong here today." What is going to change this? Is it going to take another two-thousand years, or five-thousand years, for man to get it?

ABRAHAM: Hopefully not. The change takes place at this very moment through teachings such as these. The embracing of fellow brothers and sisters is occurring more and more each day. At another time we may discuss the delivery of thoughts, which helps in a more swift change of old ideas, old habits. Possibly next week we will discuss this thought-delivery further. Does this help. (Norwood: Thank you very much. Yes, it does.)

WILLEENA: Father Abraham, to continue on the thread that Norwood began: Is this change occurring on an individual basis? As we are opening up to heartfelt communications with our brothers and sisters, sharing in a more truthful, personal, revealing, feeling, connection - is this in line with the change that you are

addressing? creating more safety, I guess?

ABRAHAM: Yes. Ham once described a rock/pebble being thrown into a pond and the ripples that come out from the pebble/rock. [see excerpt below.] This acceptance of each other is spreading like the ripples on a pond – individually, yes, and with small groups too. The reserve corps also aids us in these worldwide transformations. Are there more questions?

CALVIN: Abraham, your lesson was quite intriguing because I have noticed just what you are saying – a starting with one, two, three and then a group of people. There seems to be a great difference in embracing a brother and sister (as in one another here), rather than tolerating or even in ‘just accepting’ them. This embracing is a bigger word and has a much more rippling effect out of it.

ABRAHAM: Yes. Tolerance and understanding are important, but not necessary steps to actually embracing a fellow brother or sister. Accepting each other’s differences is – knowing that a person may have some strange quality about them, yes, and yet, being able to overlook the strange qualities so we can literally and actually embrace ‘the child of God’ in that person. More questions?

ROLAND: Abraham, along those lines, it gives us an opportunity for a question that Calvin and I discussed last week: That is that both of us have been approached by people who are not necessarily heavy readers of the Urantia Book, or even readers at all, of the Urantia Book, and who would like to attend this meeting. We thought rather than to try to second guess what you thought would be a good thing, we’d ask you to give some guidelines about invitations to new people who would like to come.

ABRAHAM: If space is adequate, I see no reason for them not to come. Your judgment, your assessment is trusted. You decide. If my presence and the group fellowship would be beneficial to them, then, by all means, invite them. More question?

CALVIN: Are our meetings proceeding in the direction you would like? Would you like to see more individual, personal things coming out – kind of like they are here tonight? That’s a question a couple of us had last week.

ABRAHAM: If you are receiving my messages, and if you find them helpful to your daily living – I would say then, the meetings are proceeding sufficiently. One more question?

NORWOOD: Abraham, I have a question. It is kind of personal. There are times when I feel like I need a correction, a ‘course-change’ correction. I don’t feel like I am going down the right spiritual path, the morontia path, or working in that direction. I feel I am not achieving those goals. In one sense, I feel like I have gone backward. It seems, try as I might, at times I just can’t get past the void. I was just wondering if you could give me any suggestions, any help, any guidance. I tried to go within, find the stillness; sometimes it seems to work, sometimes it doesn’t. My outside life, my professional career at this time, has a lot to do with that because it is a very difficult situation at best right now where I am employed. I think I am trying to analyze this while I am talking to you. I don’t feel like I am heading the way I want to go. It’s okay if you don’t understand what I am saying,

because I am not sure I do, either.

ABRAHAM: Common is your plight. Many mortals feel as though they are spinning their wheels. Spiritual growth is not seen until time has passed. I would say this feeling is not regression. But if this is appearing to you in this way (a regression) and you feel there is a problem, then yes, there may be. I would recommend not doing the same thing over and over again; not trying to fit the same piece of one puzzle into another puzzle. Like a record player with the needle stuck, sometimes we need a little tap to get us going. (Norwood: Do you have a tap?) [laughter.]

ABRAHAM: That would be Father! I also recommend, don't be too harsh with yourself or too concerned with your spiritual path. Your essence that is your soul, is fully capable of recognizing the direction in which Father's compass points.

With that, I would wish you much joy in your discoveries, in your search for traces of the Father. Shalom.

* Excerpt from Ham's teaching--February 16, 1992

WILLEENA: Yes. Thank you. On tonight's teaching - I have been seeing several times now a pebble being dropped into a clear lake and the concentric circles that ring outward from it. Did I understand in your teaching that as we visualize this picture of concentric circles and relate it to the ever-present love of the Father, that it will help in the integration process that you were just discussing with me?

HAM: Your indwelling Father Fragment is the one who conducts and brings together these elements. This is a manifestation of the Fragment of the Father. The love of the Father is also universal and manifests in many ways. The visualization of a pebble dropping into the still waters does create waves which could symbolize the power, expression, and energy-surges of Father-presence. However, as the water is the medium by which the surges of (or waves of) energy are radiated, it is the vast water which is more representative, analogously, of the Father-presence.

Your Place in the World | Negative and Positive Thought-Sending/Receiving
Abraham, WOODS CROSS GROUP 04-24-1995
Back

I am ABRAHAM. My greetings to you. How was your week of practicing feeling at home in the world? I love to hear of your experiences with the weekly lessons. I must say, these lessons are ongoing and are to be interwoven into your daily experiences. Once effort has been made to practice these living lessons, they become natural. These skills are unconsciously done, daily.

I would like to speak on thought receiving and delivery. Every day you may receive ideas and thoughts which you may claim as your own. Some of these thoughts you receive are given to you by your Thought Adjuster. Many thoughts may be delivered by the universal circuitry; these thoughts may be received by you and then also delivered outward on a planetary circuit. Yes, many mortals are mentally equipped for receiving morontial thought sages, and it is easy for them to 'receive' and then to 'send out' verbally to friends and family. I say, it is also easy to send out mindally on this thought circuit.

It is wondered how the world, so filled with destruction and negative emotions, can move closer to Light and Life. I would tell you, Christ Michael, His Spirit of Truth, His staff and His planetary helpers, also work with this 'mind-to-mind' sending of thoughts. This is how we can reach the many mortals of Urantia. A shift of mind is needed to further the evolution of this world. No, this is not brainwashing or mind coercing, for thoughts are only delivered to those who desire them.

When Jesus went alone into the hills to commune with His Father, many things were made clear to Him. Many thoughts He received, and many times was His heavy heart lifted up by Father because He was open to receive. Jesus thought not only planetarily, but He thought universally. In this He was able to better know the Father's will; He was better able to understand which direction His Father in heaven would have Him take.

Yes, the Master helped this world take a giant step forward in understanding. He was able to receive thoughts and then to give out again in His teachings and in His ministering to His fellows.

At this time your nation mourns the tragedy that occurred last week. [Oklahoma City bombing.] I also mourn for this planet and its seemingly senseless violence. But I can tell you now, the thought circuit is alive with powerful positive thoughts. Out of a tragedy, minds and hearts join in reflection of their own individual lives – and, their lives together here as fellow mortals.

Yes, out of a tragedy, many more do openly accept their neighbor's personality patterns, habits. Out of a tragedy, the world has become more connected, more aligned, with the thought circuit. This is not to say tragedy is good, no! This is to say there will be tragedy, there will be pain, there will be grieving, yes! but also, there will be an outburst of thoughts of love, service, caring, and healing.

I would ask you to focus on some of the positive things that might possibly come out of negative occurrences. I would also mention – a good time to receive celestial thoughts is during a time of stillness, or perhaps during a moment of creativity. Thus, I would say the receiving of these thoughts are also ideal at times of self-reflection.

I have spoken of changing the worldly paradigm; but I would also add, this thought circuit also serves individual learning experiences as well. As previously stated, your human minds are equipped to send out thoughts. These thoughts can be positive or negative. Perhaps you have thought of a negative thing only to see it occur the next day. That realization is on a more individual level.

You would do well to practice entertaining thoughts of positivity. You would do well to recognize a negative thought and imagine this thought in a raging river to be swept away by the current. Negative-thinking is a habit, and this habit (negative-thinking) can be a magnet. It can draw negative things to you just as positive thoughts can draw positive things to you.

For us to reach as many people as we do we rely much on the indwelling Father Fragment. The Father 'fragment within' can assist in filtering out negative impurities which can harm the soul – and, which can harm the forward progress of this world.

This week I ask you to engage in this practice of planetary thought-receiving – perhaps by sharing it verbally or just by pondering on this thought. I would ask you to watch for the negative thoughts and let them be swept out by the raging river. Perhaps a conversation with a fellow would help to add to the mind circuit. As such, a positive conversation would be of great benefit to the changing of spiritual progress, evolutionary progress.

A brother or sister who may be on a negative path in a conversation, perhaps you could help them to see the lighter side. Perhaps you might say: "Yes, I agree that is bad, but many good things could result." This thought reception and delivery will not come easy at first. This will take practice. This world needs much help, and with your own mindal power you can help it to progress. A few questions?

WILLEENA: I have a lot of questions: You said that thoughts are only delivered to those who desire them. So if we are praying for greater understanding, say for military groups of this country or people that are practicing violence, mindally – are they being served? Are they receiving?

ABRAHAM: Sorry to say, the negative individuals do attract like-individuals, and they are also somewhat empowered to send negative ideas. But I would say these negative individuals don't receive much good thoughts. I would also add they are a small minority. The majority of this world are good, possibly not all 'spirit-led' but nonetheless, goodhearted. Does this help?

WILLEENA: It does. And to clarify: As we are praying for greater peace on our planet, would it serve us best then, to pray for the majority of the goodhearted people to come to a greater understanding in terms of feeling more protection for ourselves/themselves against the negativity?

ABRAHAM: Yes. As you feel more at home in the world, better are you able to socialize; and, better able are these goodhearted individuals to see they are not alone in their hopes for goodness in the world. If the honest and goodhearted people were to unite, this thought circuit can override these small negative groups. Once people unite in a common effort to achieve peace, then will you see these small negative groups being more exposed, brought to light. Next question.

CALVIN: Abraham, I take it you are saying that we, ourselves, can change our surroundings. As it becomes a bigger pool of people engaged in changing their surroundings then it magnifies and really expands outward at a faster pace than maybe we realize. I also perceive that, for instance, when I am driving and talking to my son, I'll start explaining things and I have a real clear mind of some things that I have never consciously thought of before. It's like I am learning while I am saying things. Is that part of what you are saying in receiving circuitry, thought circuitry, from celestial beings and from our indwelling Father?

ABRAHAM: Yes. Your indwelling Fragment, being the doorway for these thoughts – your Adjuster organizes and assists you in your understanding of spiritual concepts. I would also add, many in the world are very good receivers of these spiritual thoughts, and therefore this helps in teaching. Next question.

JAMES: Abraham, I have a little confusion about positive-thinking and negative-thinking. It seems to me it is hard to reconcile being an ‘honest thinker’ with being a ‘positive thinker.’ Because of negative perceptions in the world there certainly is a great deal of immaturity, evil, and even sin that goes on around us. If we are to think positively, it seems to me that we would need to have a selective perception about the world around us and perceive only half of what's going on, which would be the ‘positive’ half, and filter out the ‘negative’ half, which seems to be removing us from half the world we live in. Could you comment on that?

ABRAHAM: Yes! but this idea of positive thinking is not to overlook the evil; not to deny the negative. What you say is correct. Yes, we must view/perceive this world with honesty. My direction is in the sending back out of these thoughts – hopefully, these thoughts will be positive. In the sending of these positive thoughts there is great reception and response. When you speak with a negative person, this person may drain you of your energy, make you feel empty and sad. Conversation with a positive person lifts you, feeds your energy with goodness. You contribute to their energy and they contribute to yours. Take the media, for example: To show destruction and devastation is an honest look, yes, but not the whole story – for the whole story may be filled with inspiration and hope and the joining of communities. The media would do well to also show the power of the human spirit – to not just talk about those who died, but perhaps also those that lived. Does this answer? (James: That is very helpful, yes, and interesting. Thank you.) Abraham: One more question?

TECTRA: You spoke about mortals that are mentally equipped for receiving morontia thought earlier. Is that more-so in this day and age? or has it kind of been the same throughout the ages. Are we more mentally equipped now for morontial thought?

ABRAHAM: With the breaking up of dogma (old religious authoritarian practices), the mortals of this world are more free to trust in their own thinking, and less pressured on how to think. And because of this, today's mortals are all the better equipped for receiving thoughts and then also transmitting them out. Does that help?

TECTRA: Yes, it does. It brings to mind another question about system circuits being restored now: Is that also another reason why we are able to receive more morontial thought coming in?

ABRAHAM: Yes. This opening of the circuits has greatly assisted in this ‘thought transference.’

With that, I shall leave you with this thought: Father is like your shadow. You can see Him in hours of light, therefore easily believing He is working in your life. I would also say, during the dark hours, although you are not able to see your shadow, keep in mind that soon the sun will rise. Shalom.

Visualization and Focusing. Father, What Should Be My Focus

Back

I am ABRAHAM. I am happy to be with you tonight. How was your week of thought receiving and delivery? Many will find this practice will take time and much patience. It is difficult to release that negative inner chatter. It would be helpful to begin the practice of focusing and visualization.

When your negative thoughts seem to overpower you, I would ask you to picture a peaceful scenic valley. I would ask you to visualize a clear blue sky, a calm lake perhaps. Imagine there is nothing pressing you must do. And at that moment you can just sit and absorb this beauty, this peacefulness. Visualize the deer grazing, the squirrels running, smell the pine trees. Absorb the energy from this peaceful visualization. Feel no burden upon your back. At this moment, believe all is in God's hands. Believe everything is working out as planned.

Upon feeling more at ease, having your attention drawn away from negative thinking, talk to Father; ask Him: "What would you have me focus on?" Perhaps you may ask: "Father, what would be best to focus on at this time in my spiritual growth? What can I accomplish today that could perhaps further not only my own spiritual growth but possibly enhance the community's progress – or possibly the state, the nation, the world? Yes, Father, what should be my focus?" Are there questions?

RACHEL: I'll ask one, Father Abraham. Quite some time ago you told Jason and Joshua that you and others were using me as a switch box. Is this the type of reception that you are referring to? or at least one of the types you were referring to last week in the lesson? Because I gave Joshua a message from you on Wednesday that you wanted to speak to him, which you did.

ABRAHAM: Yes. As I have explained to others, we do what we can to reach our mortal friends. Yes, we may even assist in various thought-transferring (from us through you) – that we may reach our brothers and sisters. Rachel, you do well to include your brother, Joshua. You remain a shining light in his life. Yes, we do communicate with Joshua, but human-to-human communication is critically important at this time. Sometimes what we can see, feel, and hear, is more helpful during periods of illness; but even better is a loving friend to point out the lighter side in the dark days of illness. Rachel, my friend, you do well.

RACHEL: Thank you, Father Abraham. I thank you for giving me the opportunity to try to help out in that way. I have thoroughly enjoyed doing it. I think it is wonderful that you are here with us now at this time. I am enjoying your lessons. I thank you.

ABRAHAM: Thank you and we also enjoy your company. Another question?

ROLAND: Abraham, in regard to your lesson this evening in focusing on what the Father wills us to focus on: Some of my recent lesson readings has asked us to surrender to the Father our character defects – to have Him remove the character defects. I am wondering whether we need to focus on those things that we perhaps do habitually out of many years of practice, and try to eliminate those by focusing on those behaviors that demonstrate our character defects. I don't know if that is well put, but I am sure you understand what I mean.

ABRAHAM: Yes. When you recognize or catch yourself in the midst of these habits – stop! Take a moment to clear your mind, perhaps a visualization of a beautiful scenic view – then ask for help. If you should recognize what seems to be a character flaw I would ask you, do not be too hard on yourself. Do not add to your already bothersome idea with self-judgment and critical self-examination. Your Father Fragment is quite capable of informing you when a change in your character might be needed. A common desire among mortals is to do good. This desire sometimes can be overwhelming – making you feel impatient, perhaps wanting to hasten the process of learning. I would say you have, as mortals, more time than patience. This is not to worry; this is to be glad in your steps that lead you to Father. More questions?

ROLAND: A follow-up question on that: I try to take breaks in the day when I seem to lose touch with the flow of what I think I should be doing. Quite frequently I try to meditate in the moments of decision about what's the next thing I can do that would be a continuation of doing the Father's will. There are times when there is great clarity about what that should be; I do it immediately, and hopefully it didn't come from me, but the Spirit-indwelling. But sometimes there is no answer, not a direction, not a sense of purpose about 'what's next'. I am wondering if you could help me understand that, or turn up the volume when you want me to do something so I can hear it clearly? [laughter.]

ABRAHAM: Many moments taken during your daily activity are just yours – yours to decide; yours to plan; yours to work out as you wish. Of those matters that are possibly pressing, your Father Fragment, or your assigned Teachers, will inform you. Many things that seem to have no direction are fully directed – just seemingly unconscious to you. Yes, the moments of meditation, reflection, are beneficial. You may find it helpful to go with your heartfelt instincts. More questions?

CALVIN: In the Urantia Book, we remember where it tells us that sometimes our own thinking out of our head is just that – out of our heads, and is not Adjuster-sent. It seems like now you are wanting us to be more aware that there is circuitry going on; that thought circuits can be sent to us to both receive information, and then also this information put to benefit by sending it back out, expressing our understanding of what we've received. So, at what point though do we, at this stage in our understanding, really say: "Wow, that is a make-up of my own mind!" or: "That's an enlightenment from my Father Fragment or from a Teacher." The reason that I bring this point up is like last night going to sleep after watching an impacting movie – I had a trip of incoming thoughts of information regarding things I could engage in to effect change. It was like I was on peyote or something. It makes me wonder this morning, especially after your last week's lesson, if this is some stuff in my head from a divine source – or, just caused from the movie showing me things I could engage in; or even if just from something I ate! I think you understand what I am saying.

ABRAHAM: Yes. This is why mortals are endowed with intellect. If your common sense tells you: "Yes, I have learned something good," then keep it for your own to use as you best see fit. If your intellect says this could be a little 'off', then do not take it seriously. If a situation – possibly a message – continues over and over

again, then yes, listen.

CALVIN: Like in the same night, or week after week, or both?

ABRAHAM: I would say over a longer period of time. If your thought experiences bring about good, and they appeal to your intellect as well, then perhaps ask the Father for more enlightenment. If doubts should continuously plague your mind on this subject you ponder, then let time pass. One more question?

CLAIREESA: Abraham, do you have any words for James and Roinda at this time of sadness? [Editor's Note: This past week, they experienced a loss of their unborn child.]

ABRAHAM: This will be hard to answer without Ellanor's input. During times of sadness and grieving, it seems as though no words can comfort or make up for any loss. My words to James and Roinda: Worry not. Let not this time of sadness hurt or delay your future plans of happiness. Your many friends here, mortally and celestially/spiritually, grieve with you and hold you in their hearts.

It is on this note I shall take my leave. I remind you to ask Father: "What now is my focus?" Until next week, shalom.

Unity on The Thought Circuit | The Group Positive Energy Moves the Masses
Abraham, WOODS CROSS GROUP 05-08-1995

Back

I am ABRAHAM. I am honored to be in acquaintance with you. Many of you have met with adversity this week and I am impressed with your courage and steadfastness. Last week my lesson on visualization and focusing has led us to this week's exercise.

I would ask that you join me in an exercise on individual and group wellness. I ask that we connect hearts and minds and join the thought circuit. I ask you to remember something you thought to be wonderful or beautiful.

Now picture this in your thought, your mind's eye. Perhaps it was an outdoor scenery; perhaps a parent's smile. It could be your first experience of God-consciousness. [pause.]

I ask for this visualization to be of comfort and security. For this moment in time it is alright to let go of your worries. Begin to bring your focus on yourself, your relationship with Father. I ask you to really make an effort to feel His presence, His love. At this moment try to fully accept that you are His child as if you were His only child. Know that you are loved and cared for and watched over. [pause.]

If you can please imagine your Father, your indwelling Fragment of God, only desires good for you - your good health, a sound mind, freedom from financial worries, and communication with Himself. Know that your Father is on your side, calling you, comforting you, teaching you, and staying with you no matter what. [pause.]

These thoughts of individual relationships with the Father are traveling on this thought circuit throughout the world. Picture if you can, the faces of your brothers and sisters around the world, each realizing the love that their Father in heaven

has for them. Imagine the world's people realizing the love bestowed upon them by Christ Michael and the Divine Minister. [pause.]

Now I would ask you to unify your thoughts and focus on your group, your circle of friends. I wish I could find the words to describe the love that is emanating from this group. This group, yes, has seen many hard times, has learned much. This group has built a solid foundation. Always do people feel welcome. Always do I feel welcome. Always do people feel free from judgment here. [pause.]

I ask you to focus on your circle of friends, your group, and visualize the many influenced by this group, the many people you've spoken to about my teachings; also, about my brother Ham's teachings, and about our text, the Urantia Book. So many this group has reached; so many more will you yet reach. So much good, you as a group, have accomplished. Yes, the time that these accomplishments take is seemingly long to you. I must say, this group works well together.

During the week I ask you to focus on your individual relationship with Father. I ask you to truly focus on His love for you – not just to say it, but to really feel it, to really know it. I would also add, to remember during the week – this group, and how might you help contribute to the energy that goes out from this group. Yes, this week I ask you to focus on your individual and group relationships to Father, to the universe.

Next week I will ask you to join me on the thought circuit concerning the world, the planet. Are there questions?

CALVIN: Abraham, I would like to formally introduce, and I am sure you have already met, a couple friends of mine, Monique and Linda. I thank you for the lesson and ask these two if they have any questions in case they feel shy to break into the new meeting?

ROLAND: Abraham, with me tonight is Sonja. First of all, let me apologize for being late. I was trying to put too many things in the hours I had. Thank you very much for the lesson you have given. I ask Sonja if she has any questions? (Sonja: Not at the moment.)

CALVIN: I have one myself. If I have someone that I am really angered at, and you know me by now, I have a hard time getting over that. I already know the answer to this – to pray for how to get over this thing. It was a tough situation this week. I don't think I handled it very well, but I really don't know what to do in the situation, as far as how to handle my confusion and anger over it. Any help on handling my anger?

ABRAHAM: Many here know this anger. Many know the self-disappointment of not handling this anger well. During this moment of anger was there thought given to my lesson last week? (Calvin: Probably not during, but after – quick after. [laughter.]) Abraham: This is why I ask you to visualize something familiar, something comforting, something beautiful, to sever those negative thoughts and emotions, and to completely pull your mind off the subject. Allow space for incoming thought-messages from your indwelling Father Fragment. Yes, anger is a difficult

subject for those in this material body. I would ask during this time of anger, ask yourself: "What am I really angry at?" Possibly ask the Father for help with that answer. I might also add, during times of anger don't act too quickly so as to regret actions taken by the desire for immediate resolutions to problems. Does this help? (Calvin: Very very much. Thanks, Abraham.)

ROINDA: Abraham, I don't know so much that I have a question as I think I just would like some words of comfort from you concerning my grieving. I think I have been handling it quite well and allowing myself to grieve. When I got really depressed, I went to my Teacher, Savanna; she really helped in giving me some comforting words. If you could just comment.

ABRAHAM: Roinda my daughter, yes, you have dealt with this situation courageously. I must say, if thoughts were food, this group's good thoughts for you would feed you for a lifetime. In grieving, sometimes there are no words that can help. No one can know what you must be experiencing. You have done well to contact Savanna. I must also say, your Divine Monitor within feels this aloneness, this grief, along with you. He reaches out to you. It is your choice to be angry with Him or to embrace His comfort which He offers. Grieving is necessary. You must feel it now, sort through it, allow time to pass, and try again. Do not give up. Yes Roinda, strong has your spirit become. Yes, you are a model citizen of this seemingly harsh world. You have wonderful motherly qualities that have yet to be shared. Yes, do stay in touch with your Teacher. Another question?

WILLEENA: Abraham, I am not sure how to ask or speak but I need some help here with what's going on. I am definitely not handling these panic attacks. I am really confused with how I am supposed to get through them. I feel very disjointed in those times with regard to my spiritual connections, and find that even when I reach out they feel empty and hollow. I just want someone to help me through because I am not doing this in a way that I feel that is working. I don't understand. I don't know if I am doing something wrong or if somehow it is just part of this healing process. If it is, I want to know if I am making progress.

ABRAHAM: No, nothing wrong are you doing. My recommendation would be to seek out medical attention. We must know if this is a chemical imbalance. You must wade through this river. You must find the root of this unhappiness. My sources inform me you are not doing as poorly as you perceive. Sometimes Father will knock, but we cannot hear Him; we are caught up in our material world; we are possibly centered on ego-related subjects - so Father, in His concern and watchcare for us, will knock a little harder. He waits for His child to open the door. Sometimes we must stop and say, "What is this, Father, which you are trying to teach me?" Sometimes we must just say, "Okay, Father is all-knowing. He can see my path long before I reach that particular point." Sometimes we must not do anything and say, "What is this, Father, you're trying to teach me?" Willeena, you know you have a Teacher. She is available to you. She awaits your questions. She longs to aid you in your struggles. Does this help?

WILLEENA: Yes. I had been working with Danielle; and when I started the panic attacks it's like I have lost touch with everything. So I guess I want to know if during those times, if I give permission ahead of time, if she could just assist me,

freely?

ABRAHAM: Yes, granted, along with others who attend you.

If there are no more questions, I would like to thank you. I am honored to be a part of this group. Until next week, shalom.

Exercise in Thought Sending | The Chick Breaking Through the Shell

Abraham, WOODS CROSS GROUP 05-15-1995

Back

I am ABRAHAM. How did the week's focusing lessons go? Were you able to learn more about your closeness to Father? Did you make an effort to feel His loving presence? Did you give thought about your group and how you can contribute to the energy of the group?

I must say, many this week were contacted by Teachers, various helpers. Although some do not recognize this Teacher help, I tell you many wait to serve and are available to help you with personal issues. Questions that can't wait until Monday can be asked to your own Teachers for they are more equipped to understand and handle your mortal problems.

Tonight, I ask you to join me in an exercise of thought-sending: many individuals tonight will join us on the thought circuit for this planet. Last week I discussed individual and group thought, hopefully bringing unity with individual and Father; and also, group and Father. Tonight, I ask you to join me in sending a message to your brothers and sisters of this world. Thoughts have power. As we pray, our thoughts come from our Paradise Father – He knows our road we must travel. [pause for mental preparation through mediation.]

Please picture if you will, your planet is like an egg. The contents of this egg are perhaps like a forming baby chick. In this egg there is darkness, there is fear, there is confusion about the outside of the shell. This world is maturing, and the mortals are ready to end their loneliness. The baby chick prepares for birth. With birth comes pain. I say, the mortals of this world are ready to be free from this darkness of the shell. Picture the baby chick breaking the shell. Imagine the mortals of this world breaking through the materialism, the selfishness.

Imagine the cracking of this shell and the first light. Feel this excitement that this darkened world would feel seeing the first light, knowing there is something beyond this material existence inside the shell. Feel the heart of every man, woman, child. Feel the hope of finally breaking through the shell. See the empty pieces of shell on the ground rocking back and forth. See the baby chick. The feathers are wet. It is trying to stretch.

This is your world. The shell has broken. We are now baby chicks seeing this vast panorama before us. The God-consciousness has begun. The baby chick feels the wind dry and lifts his feathers. He sees the sun and feels the warmth. Like this world in realization of its Paradise Father and the loving watchcare of the Creator Son, this world realizes the bounty that awaits them.

Can you see your fellows in England with this sunlight upon their faces? Can you see your fellows in Asia realizing that those who created them also loves them? And in Africa, can you see the relief on the faces of your brothers and sisters that true help has finally come to them? The world awakens with this new birth, this new opening of eyes.

I thank you for assisting me and others on this thought circuit. With this exercise, we may reach many. You see, it is in your hands – the power to change the world. Yes, your parts are small, but many small parts working together can move mountains.

This week I ask you to think about in your spare time – what are the positive aspects of a worldwide awakening? Are there questions?

WILLEENA: Abraham, I have a question. Where so many recognize we are in a time of great change on this planet, it appears there has been a consciousness shift in our recent years in terms of people looking towards metaphysics and spirituality in different ways from the old traditional religious ways. In some of those prophetic channelings there has come information that we are facing great cataclysmic changes on the Earth. We are certainly seeing some of the changing effects of weather, and events along those lines. I am just wondering: are those kinds of cataclysmic events necessary, or as we put our attention and our best intention out there for the healing of this planet, can we help to avert some of that? Is that in the will of Father that we use our power to bring more peaceful changes?

ABRAHAM: Natural disasters are not planned; most destruction is more human-caused. With a great awakening, those humans that cause so much destruction may awaken to this abundant love from Father. But I also would say, disastrous events are made the most of by the spiritual hosts. And yes, I would say your good thoughts do help expose those that crave human power which leads sometimes to war and destruction. Are there more questions?

WILLEENA: Can you clarify something with that? Are things like our unconsciousness regarding those industries that pollute our waters and our air – do they have an effect on things like the ozone layer? and is that part of what causes things like volcanoes or Earth changes? And if so, is there something we as individuals can do to affect that positively? Prayer, I suppose?

ABRAHAM: The Earth will do what it has to to survive. Yes, it is known by your scientists that volcanoes do help repair the ozone. Many mortals do not realize this Earth is a gift on loan. Many mortals live here a short time; they damage or hurt the Earth without regard to future generations. In reality, this planet does not belong to the mortal inhabitants. It is just on loan. Once this is realized – then industry and people might begin to take care of this planet. This world is not yours, but your Creators'. Once humankind can get past selfish motivations they can begin to think about the future generations. But when all is said and done, the Earth will take care of itself. Are there further questions?

CALVIN: Abraham, in these exercises, two or three weeks now, I perceive you're getting us to enlighten our minds and stimulate our minds to realize that our individual and group collective thoughts can help uplift the thoughts of those around us, even though they are not participants here; and hopefully mushroom into a

big change. I think that is what you are saying. Are we ready to burst out of the egg as a world, as a group of people? Or are we (the students of your teachings) the young chick that has already burst out of the shell here? I missed that part.

ABRAHAM: It really is not for me to say where you are. It is for me to teach you that this visualizing and focusing can create change. This exercise was aimed at the sending of thought – and that thought was ‘of freedom.’ Yes, some parts of this world are still in the shell while some feel the wind in their feathers; and still, some are able to feed themselves. Next question.

RACHEL: I have one Father Abraham. For the last several weeks, have you and some of our spiritual brothers and sisters been monitoring us in our homes? I have felt different presences really strong. I can feel the presence of different ones. Is this what is happening?

ABRAHAM: Oh yes, yes, we are always around. Sometimes, you are more open to feel our presence; other times, some may be too busy, but we are with you. Are there more questions?

CALVIN: Just a note on what Rachel said. I know you are not in the perfect state of existence, like many above you might be; and we ourselves are even far less than perfect still. But at your vantage point – can you tell, in observing us during the week, how we are growing from your lessons? Can you perceive that without our discussion here in this group?

ABRAHAM: Yes, reports are given by some Father Fragments on the effectiveness of lessons. Other times, Teachers can observe lessons in action and can assist at the moment when they are needed. Just one more question?

ROLAND: Abraham, I know that it has been quite an experience in my life when I have noticed certain people who show up in my daily living to teach me a lesson. I believe that is part of the indwelling Spirit's blessing to us, yes, is to put on our paths those people to teach us the lessons we need to learn. Are you, as Teachers, involved in that process of bringing people to us that we need – and then to help us to apply the lessons or learn the lessons from them? Can you comment on that?

ABRAHAM: Yes. We are involved, somewhat. We are given orders by our superiors. We do not have an overall view but we assist when asked.

And it is with that, I shall take my leave. I remind you, several Teachers are available in your daily living, for personal questions. God be with you, today and every day. Shalom.

Our Correcting Time is Beginning to Bear Fruits | Be a Light of Encouragement
Machiventa Melchizedek & Abraham, WOODS CROSS GROUP 05-22-1995
Back

I am MACHIVENTA MELCHIZEDEK. I bring you greetings from on high. I also bring to you encouragement and good news concerning this Correcting Time. Countless hours, days,

have our spiritual hosts labored, and much have our mortal contacts contributed. I am here to report to you a universal broadcast message that took place earlier. We were informed that our struggle with the Correcting Time is beginning to finally produce the first fruits.

I must report that this world has taken a giant step forward in their progress toward Light and Life. Many mortals now have some form of communication with the Teacher staff and/or their indwelling Father Fragment. I am making the rounds to several mortal groups to express my thanks and my gratitude for their efforts in this Teaching Mission. I must report, your diligence and forbearance have greatly helped in our cause. I further encourage you to continue in your efforts to further the progress of your world. My thanks to you, to you all.

I am ABRAHAM. We are overjoyed at this news. It is most exhilarating to hear all our efforts have been worthwhile. What should have taken many many years has already occurred through the efforts of the celestial hosts and their mortal friends. I would say, still much work is there to do. Much seed-planting is there still left to do.

It was my superior's choice to inform you of this good news in the hopes that you may be encouraged, that you may find the energy to continue Michael's work. Yes, a little encouragement can go a long way. A little faith in someone can give them such confidence. Like a child unsure and unknowing of the results of their actions, an encouraging word can greatly build their confidence - that they might know the results of their actions themselves.

Machiventa has encouraged you to continue your good works. I ask you to make an effort to show faith in someone who might need a little uplifting. As we know, encouragement will not always be there in a mortal's daily living - encouragement cannot be counted on. During times of discouragement, I ask you to truly open yourselves and realize the Being that dwells within you - your personal Monitors, your indwelling Father Fragments. If you stop to ponder: 'who is this internal Guide?' you realize it is our Paradise Father.

Yes, our indwelling Fragments are God. God is love. This love may help you through times of discouragement should you allow it. Yes, knowing of His love for you can help rejuvenate you. Many times you may not receive the encouragement you desire from your fellows - expect this! But I tell you, always can you count on your Indwelling Father's love and encouragement. And, each of you can be a light of encouragement to the downhearted, the hopeless, the discouraged; your show of faith in them can help to produce Adjuster contact and energy.

You know where guidance comes from. You know the depths of the Father's love more-so than the hopeless and the discouraged. Share this encouragement, this love from our Paradise Father. Take a moment this week to encourage someone that needs it. Are there questions?

ROLAND: Abraham, I am not sure I understand what the encouraging news is. Are you guys looking at the same world that I'm looking at? I feel a little confused by this announcement. I'm not encouraged.

ABRAHAM: This is not for me to divulge the details. The overall picture and plan for this world is most certainly viewed by my superiors as bearing fruit. It was they who informed me that my time of laboring was well spent. I do not have an overall view, but I trust my co-workers, my Creator. Let me ask you: Look back on your years; personally, has not much changed? Have you not grown? This is the same with the world. Worry not. Your view may be confined, but the changes in this world today are great. The mind-shift has far exceeded our expectations. Does this help?

ROLAND: Yes. I don't want to leave the impression that I'm not aware of my own personal change. If I look back from the time that I began this path, and to now, there has been a tremendous amount of change. I want to express my gratitude to you, Teachers, as well as to Michael and Machiventa, and ask forgiveness of my limited perception. (Abraham: That's not necessary.) Roland: It was for me. But to take a look how this group is right now, this is just a remnant of the many people who were once with us in this group – people I had grown to know and love. I know there are problems, but it seems like we are losing ground rather than gaining.

ABRAHAM: Your discouragement is common and understood and felt by many. Yes, there are terrible problems that exist and which cause separation, descent; there always will be such on a mortal world.

WILLEENA: On that note, I guess a little sideline from Roland's thinking, and with regard to what I heard from the message from Machiventa: I am asking if I am perceiving correctly – that there is a leap in the connection of mortals on a wider scale with spiritual assistance, or at least a recognition of spiritual connection. My question is in regard to the fact that there is so much going on on the planet right now with regard to the flooding, and the disasters of many kinds, including wars; there is so much testing, if you would. And due to my own process, my own journey, I am wondering if I am understanding correctly that those kinds of experiences do bring us to a greater need in ourselves on a personal level; and therefore, a really deep soul-searching quest for some help from Father, from Spirit. Is the 'bad' news, in effect, assisting the good news that is happening in the spiritual connection?

ABRAHAM: In a sense, yes. The spiritual helpers go through any open door. If it is an open door in a disaster, then yes, they will go through it. Sometimes that is exactly what it takes for people to connect with Father. A surrendering, yes, a plea for help. Also do the Adjusters take advantage of this moment of opening of the heart. Does this help? (Willeena: Yes, it does. Thank you.)

CALVIN: I want to express my appreciation for Machiventa's addressing us. It is a great honor to have him, the spiritual host of this world, address us here. I think I connect a little bit with what he is saying – that so many minds are opening and becoming ready because of the disasters and hardships that have been happening for centuries, and so on; but now, minds are opening to receive higher truths. It seems like our old hard traditions are becoming foolish and people are ready to listen to reality, maybe more-so now than they were not too long ago. That's not a question, is it? [laughter.]

ABRAHAM: Well said, yes. It was also desired by Machiventa that he connect with this Utah group who are a big part of this Mission. He wishes to stay in contact with all the mortal students. Another question?

RACHEL: Father Abraham, someone that we haven't heard from for so long, and that is Ruby and her friends in New Zealand – the ‘mortal’ initiators of the Teaching Mission. I would like to inquire as to how they are doing?

ABRAHAM: My information is they still continue the work. Yes, like this group, they started as a root; and from there, many roots began. More questions? (Rachel: Are you still teaching them, Father Abraham?)

ABRAHAM: No, I may visit from time to time. I may help direct. (Rachel: Please give them our love and thanks.) Abraham: Yes, I will.

TECTRA: Abraham, I have a question: About ten years ago I read a book called Messages from Michael. I thought it was quite interesting, there were lots of seeming truths from that book. Just recently at work, I saw a pamphlet called The Progressive; it was a pamphlet of a group of people, who are worldwide now, that say they get messages from Michael. In this group, it seems the Michael entity they speak of is not as I know ‘Michael’ being ‘the Creator Son of this planet.’ Their Michael was a group of beings, like a group of ten beings I believe is what it was. I am just curious if there is any connection between the two, the Michael we know? and these Michael entities they speak of. Is it something we haven't come across yet? What is it? [Editor's note: Tectra may be referring to the ‘Abraham-Hicks’ marketed material from Texas.]

ABRAHAM: I am somewhat limited in my knowledge of this. I would ask you of your opinion; you are well equipped to judge this. [Tectra's response inaudible.]

Abraham: I would also say, this Correcting Time has infiltrated many spiritual and religious groups. Although names will always be confused, it is the context of the words that concern us. It is the fruits that are produced that concern us. Yes, many groups shall come and go. Many shall confuse the names, and even have differing ideals of spiritual living; but I say, the truths that linger from year to year are the ones you can rely on. Does this help? (Tectra: Yes, it does. Thank you.)

WILLEENA: Abraham, I recently was introduced to some information around a subject that I feel a little awkward about, but which I want to understand, about extraterrestrials. My question is: Are they mortals from another realm? a part of our universe, but assisting in some way? Are they supernals of some sort? or are they fictional or delusional? Are they real? and if so, who are they? (Abraham: I am unable to comment.)

WILLEENA: May I ask that in a private session? (Abraham: I must get authorization and information.)

WILLEENA: Would you do that? I guess my real question is: Is there any reason to consider all of the news that is starting to come in around here, concerning them? Is there anything to be concerned about? (Abraham: No.)

NORWOOD: I read a book some years back called Communion. For those who haven't read it, it is a story of extraterrestrials entering people's environments. They talked about two different types of beings that would enter their abodes or establishments/homes, whatever. One of the beings wore a piece of clothing and on it was the concentric circles. Did that have anything to do with, or any tie-in with the Urantia concentric circles?

ABRAHAM: Again, my information is limited on what I can say, but it's possible, yes.

NORWOOD: Also, the Urantia Book talks about entities coming from Mansion Worlds and how they get here – it's on the energy circuits. Could that be construed as part of the alien or UFO visitors from other life forms? I just won't leave it alone, will I?

ABRAHAM: Even we Teachers have been confused for extraterrestrials. [laughter.] Let me research this and also, seek permissions. I know it is a topic of great interest to your world.

I thank you for the joy and faith you give to me. I ask you, please allow me to continue to encourage and enlighten you with hopes of Paradise. Shalom.

Rather Than Resistance, Meet Struggle With An Attitude of Challenge

Abraham, WOODS CROSS GROUP 05-29-1995

Back

I am ABRAHAM. My greetings to you this evening. Tonight's lesson will be kept short for any questions you might have.

My lesson tonight is about resistance. Resistance is a natural emotion among humans. As time goes by, it appears mortals struggle and fight out of habit. Many are so used to resisting, and are so opposed to having their will impinged upon by others and/or circumstances. Yes, struggle is a part of your human existence, but tonight this lesson on resistance applies to your lack of willingness to meet struggles with an attitude of challenge.

More times than not, mortals dwell in their troubles with an attitude of 'why me?' They may find it more natural to resist, than to move through their troubles slowly – each step learning and accepting. Like children who need certain medications or injections to fight disease, they do not understand the implications of the disease; they only know that the shot is painful. They would rather resist than to take a deep breath and relax and receive this little pain that will benefit them in the long run.

Yes, struggle at many things you will, but I ask you to ask yourself: "Is this resistance appropriate? Am I closed off to a lesson Father might be trying to provide me with?" I ask you, during your next struggle – take a deep breath and relax, and know that the pain will benefit you in the long run. Are there questions?

CALVIN: Teacher Abraham, I can very clearly hear what you are saying, but what I am not clear on is how to 'take that deep breath and relax,' as you say. I try, but the pain is still there. It is not a physical pain, but a hurt, you know, like a hurt

inside over the loss of someone, or a situation. It seems like at these times all I can do is ask for Father's help. Is there something else that is helpful?

ABRAHAM: Yes, my words are asking you to think about the benefits in the long run that will result from the trial; I am referring to those moments of feeling stuck and frustrated and not knowing what to do next. Yes, my words are to be thought-over during that moment in which you ask yourself: "Is this pain and struggle magnified because I resist? Would this feeling of being stuck cease or lessen if I were to accept the Father's will?" Try to imagine a boat on troubled waters. The boat is bouncing and swaying. Wouldn't the captain be more likely to steer into the tide, into the wave patterns of the sea? Would the captain attempt to go into the wind? Sometimes it is more beneficial to accept this struggle straight on, accept this lesson Father has provided for you, and know that this pain will pass. Are there more questions?

ROINDA: I have a question, Abraham. I know when I'm going through spiritual turmoil it's very easy for me to turn to Father and ask for help in my everyday mortal existence. I don't usually tend to think about turning to Father when I'm just having what I consider normal mortal problems. I'm just wondering if there's something I can do to remember to turn to Him always, not just when there is turmoil?

ABRAHAM: I understand. Yes, your question is also asked by many. Is there any problem so trivial you cannot take it to the Father? There is no possible way you can keep your problems from the Father, for He dwells within your very being. He shares every moment with you. Yes, He is like a good friend; He does listen to your complaints and comments, and He does assist when He feels it appropriate. Are there more questions?

ROLAND: Abraham, in some of my readings I've come across the concept of surrendering the situation or the problem to the Father's care and keeping. That seems to be somewhat of a different strategy than to perhaps turn the boat into the waves, but perhaps just totally giving that problem over to the Father for His resolution. Can you comment on these two perceived paradoxes, please?

ABRAHAM: Yes. You are correct in your perception. Handing your problem over to the Father, is correct; but what the Father hands back is where resistance may possibly come in. Our Father teaches us what He feels we are ready for, and He does provide us with the lessons we are to learn. The lesson of resistance is for you to be able to more readily accept the Father's will. Resistance sometimes can just become a habit, perhaps a form of ease-seeking. This is not a serious problem, but resistance can slow down your growth progress. But yes, you are correct in 'laying the problem at Father's feet.' Be ready for when He hands back what you are in need of in your spiritual growth. Are there more questions?

ROLAND: I'd like to know this. During this weekend that Calvin and I spent together there was tremendous, I felt, a lot of spiritual beings present in the experiences that we had in our assistance in the car accident we encountered today coming home from Lake Powell in southern Utah. Is it permissible for you to comment on how you viewed that experience - for us to get a better/clearer picture? Perhaps how you

perceive that?

ABRAHAM: Yes, I am aware that my modern-day apostles did follow their guidance. What you gave out this weekend will spread like radio waves, and although you might not be able to see all the results, know that we are gladdened to observe you spread our teachings and set the examples of Michael's life here on Urantia. Are there further questions?

ROLAND: If nobody else has one, I do. We were very much aware, just before that accident, Calvin and I were talking about our guardian angels being in the process of protecting us by keeping us out of harm's way. Of course that's a bold and maybe even an egotistical thought; but there seemed to be some real power insulating us within seconds after that. And, within minutes following, we were in the midst of a horrendous time/space accident. Could you comment about how perhaps our guardian angels work, and were they present with us in that capacity today?

ABRAHAM Yes, they are, and were, with you. Yes, guardian angels do attempt to alter the accidents of time. They do attempt to reach their mortal friends, provided that it is Father's will. But the angels cannot pick and choose who will survive an accident and who will not. They work in conjunction with other celestial personalities, along with Michael and the Divine Minister, to assist the mortal in Father's plan of destiny. We find them to be very pleasant, loving, and concerned for their mortal friends. We know at times you can feel their essence if you are aware. They are overjoyed to serve and to know their labor is appreciated and worthwhile. Another question?

ROLAND: I'd just like to thank you very much for the lesson tonight, and the comments and answers that you've given me. I want you to know that I appreciate this ability and this opportunity to speak with you. (Abraham: You're welcome.)

CALVIN: Abraham, today after that accident it made me very aware of, and appreciative of, these guardians' protection of me in life. The girl, Angela, who was traveling with me – after the ambulance came and we resumed our journey, we pulled over to stop and think about what happened, and expressed our overwhelming appreciation for our angels' watchcare, and Father's watchcare. I'm sure this watchcare is taken for granted too much. Words can't express to my guardians how much appreciation I have for their help – for not only me, but my loved ones.

ABRAHAM: They are aware and thank you. More questions?

ELWOOD: You said that it's difficult or impossible to withhold something from our Thought Adjusters. I have become more aware of the Thought Adjuster's awareness of what's going on. It seems like the more aware I become, the more I'm aware of the Thought Adjuster's awareness. I was just wondering if that's part of spiritual growth or if that's fairly common?

ABRAHAM: Yes, you are correct. It is you that becomes more aware, and your acknowledgment of this is quite pleasing to the indwelling Fragment. At each step when a mortal can subject to and abide to the Thought Adjuster's requests, you can possibly also feel the Father Fragment's joy. Yes, your perception of this is

correct. More questions?

ANTHONY: Abraham, the lesson tonight has really been helpful for me in my problem with my relationship, but I still have two questions. The first one is still about my fear. I have an easier time giving up that resistance to giving her space so she can be where she needs to be. But I still am afraid she'll find someone else too easily and not remember what I thought was a fairly spiritual relationship we had. But more than that, my twin brother reminds me I'll find someone else too. His perception is that he hopes I just don't lead her down the same wrong path, being not so Bible-grounded; he thinks my Urantia Book path is a bad path. Can you help me with those?

ABRAHAM: Yes. Your anxiety in this matter is apparent and your fear is understood; but I must say, if this relationship is to be, then it will be. Difficult is the man/woman mortal relationships. Much learning is there still left on this subject. All you need do is honestly expose your feelings to yourself and your friend; and if your honest feelings are rejected, then possibly your relationship is not as spiritual as you perceived or hoped for.

ANTHONY: Thanks. That helps. Is that as well in the next part about my twin brother?

ABRAHAM: Yes. Your brother has very strong beliefs, and it is difficult for him to understand your beliefs. In his love for you he would do his best to advise you, and again I would say look within your own heart and mind, and to your own belief system, for therein lies the best possible advice. Yes, I would say, let time pass. Be open and accepting to Father's will and to His path He has planned out for you. I would remind all, that resistance takes a lot of energy, probably more-so than to 'flow with the problem.' Does this help? (Anthony: Very much. Thank you.)

JAMES: Abraham, this may seem like a silly question but it's something that I've noticed ever since this Teaching Mission began: The Teachers, including yourself, quite often make a sentence beginning with an adjective, and then the noun that it describes follows, which is not typical for normal conversation in English. I noticed this as well - and this is the silly part - in the Star Wars series, which to me was very symbolic of spiritual issues. If you're not familiar with this, it is a series of movies that came out a few years ago. One of the spiritual masters in that story was Yoda. Yoda had this peculiar habit of beginning sentences with adjectives, the same way you, our Teachers, often do. I'm wondering if there may have been some Teacher input to the writers of that movie where they might have been familiar with the way you Teachers express yourselves sometimes with that peculiarity. Is this a coincidence? Is there some connection there that you're aware of?

ABRAHAM: Silly, this question is not. [loud laughter.] Yes, many movies, plays and books have we assisted in completing, but also this particular way of speaking was applied long, long ago. As mortal language changed, I do suppose some of us Teachers did not; and we will still speak the best way we can for mortal transmission-receivers to understand. Does that help?

JAMES: Yes, I think I understand you correctly. I guess that was the essence of what

I was getting at – to what extent do the Teachers participate in artistic creations in our culture. And I'm understanding that, probably, they participate quite a bit, right?

ABRAHAM: Correct. Yes, much of your plays, movies, entertainment that leaves you with some sort of familiarity – these forms of entertainment or writings have not only Teacher input, but also others, as well, such as – angels and Michael himself. Even your medical field is assisted. Yes, we deliver our message in the most simple way we can. More questions?

CALVIN: I'd say, excluding the Forward of the Urantia Book – for its simplicity? [laughter.]

JAMES: I'd like to make a comment. Maybe you can get a question out of this. One of the changes that's happened to me through my experience having been exposed to the Teaching Mission for the past three or four years is that earlier in my life I felt like I had exaggerated feelings of self-importance. The Mission has sort of unraveled those for me. I feel I've sort of lost those feelings of self-importance to the point where I don't feel any more important than any other being on this planet. I know I'm not, and it's a relief to feel this way; it takes a certain burden off of me. But at the same time, I wonder if it's a positive development in my life? I think part of it is that I'm not motivated by things that seem to motivate most mortals – like status or money or excessive recognition. So, in a way, I feel like maybe I'm too complacent with where I am in life, and too accepting of my own human fallibilities. I wonder if I should have more of a burning desire for perfection than I do anymore. These are some of my thoughts lately, and if you want to comment on them, I'd gladly hear your comments.

ABRAHAM: Yes. Yes, possibly your perception of self-importance was lessened, but more-so was your perception of your 'brothers and sisters' importance, heightened. Now you realize that you and your fellows are of equal importance. Yes, your lack of motivation is not due to your lack of honesty, for I see you truly applying yourself, your knowledge; and, I perceive you may be motivated through teaching or sharing your knowledge. An attempt at applying yourself more to subjects that may interest you would perhaps elevate your level of excitement and enthusiasm toward life. Granted, you are a wonderful example of an intellectual and spiritual son, and at times your lack of self-application may discourage your feelings of excitement for living. Yes, I truly believe this would be best answered by you. Does this help? (James: Yes it does, and I appreciate it. Thank you.) Abraham: You are welcome. One more question?

ANTHONY: I'd like to generalize my question before, regarding my brother – how to deal with people that are so fundamentally founded in the Bible? They believe that this Urantia Book and Teaching Mission movement would be something of a demon cult; and that is how he believes.

ABRAHAM: Yes. He is not alone in his beliefs. Mostly, all you can do is assure him of the joy that you have found on your path to Father. I would say, do not try to sway him over to your path – and in turn, maybe he would agree not to attempt to bring you to his path of beliefs. Assure him you are safe and he need not fear

anything. Yes, a feeling of mercy for him may apply. And in time, as he sees your joy, your growth, his fear will lessen, and his trust will be greater. Yes, this is a task some Teachers have been assigned – to begin to remove the fear-tactics in some religions. Just assure your brother you are safe and that you understand his concern for you. Also tell him that at any sign of trouble you would talk with him. Keep the line of communication open with him. Do not put down his belief system. Continue to live by Michael's example. Does this help? (Anthony: Very much. Thank you, but I feel selfish for taking the last question.)

CALVIN: It's nice to have you asking questions though, Anthony. [laughter.]

ABRAHAM: This week I ask you to be aware of your patterns of resistance and begin to watch for the lessons Father lays out before you. Until next week, shalom.

The Master Was Never Passive. Do Not Lay Down Before Life and Expect Life to Come to You

Abraham, WOODS CROSS GROUP 06-05-1995

Back

I am ABRAHAM. I am happy and pleased to observe you working on my lesson. Yes, as you discussed, the lesson of resistance is hard and at times, confusing. This subject will be of further discussion this evening.

Last week I spoke of the mortal resistance to the divine path, the inner struggle that goes on in the human mind. Last week we learned to take our struggles a bit more slowly with more awareness and more focus on the Father's will. Tonight I wish to discuss the flip side of resistance and that is passivity. To be passive is not relative to resistance. To be passive is to go overboard, opposite of resistance.

Yes, the Master, gentle though He was, He was never passive. He never allowed something He knew to be wrong forced upon His mind, His beliefs. To be passive is to lay down and just let life happen to you – this is an incomplete picture. Yes, you say you are willing to be subject to Father's will, but also I say to you, you must also be willing to act.

Jesus was not passive when it concerned the passions of His heart. He was not passive when it called for action. Jesus did not allow His troubles to overtake Him. Struggle, yes, He did. But He also acted when action was appropriate and called for. Jesus was always in line with Father's will. Resistance to Father's will did not enter His thought patterns.

Yes, at times resistance to His fellow co-workers/apostles was called for. Jesus viewed resistance towards His fellow human beings as 'logical.' But resistance toward Father was never entertained in His mind; in this, action is different from resistance. To act within the Father's will is, for some, not very discernible – they have to go on instinct, on gut feeling, if you will. Yes, the Master always first sought the Father through the stillness, through His meditation, therefore acquiring a better idea of Father's divine plan. Jesus would then put that plan into action. No, He did not leave His work 'for Father' to do.

Many people who are passive may be confused with the gentle nature of the Master,

and fear to stand up for their passions. Yet I tell you, Jesus was a superb example of strength and intelligence; He could always find a way to put these attributes into a plan of action. Therefore I say, do not lay down before life and expect life to come to you. Seek first the Father's will. You are fully capable of setting the divine plan into action. No, this is not hard work. Without much resistance, you may find this work completely joyful and fulfilling.

I understand these subjects I speak of are confusing. You may wish to take it upon yourself to define these words on your own: resistance; passivity; struggle; action. Yes, words on paper can help unscramble your thoughts. A dictionary or much research is not necessary – just your own understanding is the best definition.

This week, I ask you to be aware of your passivity towards others and towards taking action in your life. A few questions?

CALVIN: I have a harder time seeing it in myself what you are saying, but I see it easier in people around me. A couple of days ago a guy at work had a very hard time with an issue he had with the boss. He would tell me all the stuff he wanted to say, but he didn't have the guts just to go up and confront the boss about it. I felt and did tell him, "Why are you telling me? It's something you need to tell him. Just let him know how you feel about it. Just go confront him." I think that might be what you're saying here?

ABRAHAM: Yes, very sound advice. Many are filled with fears when confronting authority and it may be easier for your friend to bounce his words off of you before the authority, but I say, your advice to him was appropriate. Yes, I say, fear plays a major role in being passive, the fear of disapproval of others. Everybody wants to be accepted. Some care more about this feeling of being accepted than do others, and their passivity 'makes no waves' in others' feelings about them. But I say, this passivity internalizes and possibly reemerges as ill health. Are there more questions?

ROINDA: I have a question, Abraham. Lately, I've been feeling frustrated and having anxiety about just feeling overwhelmed. When that happens, instead of taking action and doing things, I freeze up and end up feeling more anxious. My mind just kind of races. I don't seem to be able to know how to get out of that mode. Can you give me any suggestions?

ABRAHAM: Yes. Have you, in these moments of frustration, thought that you may be in some way resisting a lesson? (Roinda: Possibly.) Abraham: Yes, this feeling of spinning your wheels, going nowhere, adds to this anxiety. Many others know this feeling. Yes. One example I might give is to talk with others about this feeling. More than likely, they will know what you speak of. Another step you might possibly like to take is a quiet moment with the Father, or engage in something that brings you close to Him whether it is music, perhaps art, perhaps laundry. (Roinda: That's funny. I have been doing a lot of laundry lately.) Abraham: Whatever that is that brings you close to Him can certainly adjust your mind and still the waves of anxiety and confusion. A third step you may take is writing. To write is very freeing to the mind. To put your problem on paper, set there before your eyes, would perhaps give you a larger view and make the problem look more surmountable. Yes,

writing. It matters not if you speak with a Teacher when writing your thoughts. This method would be helpful in purging your mind of confusing thoughts. Does this help?

ROINDA: Yes, it does. I get that, obviously, there are lessons that I am resisting – and by writing them down will help me to see it more clearly. (Abraham: Yes.)

Roinda: Thank you.

RACHEL: I have a different question than pertaining to the lesson. Father Abraham. Some time ago we were told that Caligastia was responsible for the Aids virus. Is he also responsible for this Ebola virus?

ABRAHAM: No. I have it in my information this virus is partly caused by man and nature. I have it on good authority that Caligastia is not able to wreak havoc on this world. (Rachel: Thank goodness for that.) Abraham: Yes. We will see much medical breakthrough in this decade, but many man-made mistakes with nature will create many more viruses. I am told these viruses, or these earthly upheavals and medical breakthroughs, are all a part of evolution. Are there further questions?

RACHEL: On the medical breakthroughs – are these persons being guided by the Life Carriers or some other spiritual beings?

ABRAHAM: Yes, Life Carriers, Teachers, and Thought Adjusters – all assist, and only break through if human minds are open and willing to receive for the good of the whole, and not for personal aggrandizement. More questions?

ELWOOD: A lot of people believe that when Jesus was here on Earth, He knew exactly what the Father's will was and what people were thinking, and so on. Yet He would actually ask the Father that if this is consistent with His will, then let it occur. I kind of get from the lesson tonight that we need to do a similar thing, in that when we are confused how to handle something that we ask for guidance, and then respond to that – and in doing so we are working within the will of the Father. If Christ Michael would ask for guidance, I think it would even be more appropriate if we would ask for guidance, as well. Is this right?

ABRAHAM: Yes, correct. In Jesus' earlier days, this knowing, this automatic understanding of Father's will, was not present. As His trust and knowledge grew, this knowing became automatic, therefore putting the Father's will at His fingertips where He could easily put Father's will into action. I tell you, this knowing this automatic response to Father's will is also at your fingertips. As time passes, your trust and your faith will undoubtedly become stronger and shall be more easily recognized. Yes, your perception on this is correct. Are there more questions?

CALVIN: A side-thing that keeps on happening over and over again at work – is it just me having this? or is there something on a higher level to it? I seem to see things happening in patterns of three all the time and I make light of them at work. It seems to be a subject of enlightenment at work when three things go by or three people of the same hairdo come in or whatever it is. And now my co-workers will say, "Look, Len, there's another – there's your third." Am I just seeing what always was, or is something new actually happening here? It happens all the time now.

RACHEL: Along with that, all throughout the years we were always told that things do happen in threes – that if one person dies in a family, for instance, there will be two more die.

CALVIN: Rachel, do you mean in your lifetime that you were told that – nothing to do with these teachings? (Rachel: Yes.)

ABRAHAM: Yes, it is a little of both. You are more aware, yes, and possibly looking for this phenomenon. But I say, I am not at liberty to divulge any secrets the angels might have. [laughter.]

RACHEL: Father Abraham, anytime you put anything that way, then I take it that answer is yes.

CALVIN: These occurrences are too overwhelming to discount that something unusually beautiful is going on; I don't know what it is. For instance, one day there was a T-bird that pulled up to our business, and someone would say, "Look there is an old T-bird." And I said, "Well, there will be two more, watch" – and sure enough there were two more parked in the same spot within two hours. I had three customers named Rick in a row come in today, and etc.

ABRAHAM: If you are aware of this, this happening which is in your thoughts, then possibly you may be delivering these thoughts, and this does make this occur. This game of yours helps bring attention from your co-workers to the supernatural and I say, the supernatural is a wonderful door to Father. Are there more questions?

JAMES: To those of us who work in jobs like mine, Abraham, sometimes it seems that there isn't very much room for the operation of the Father's will in an unusual or an interesting way. Such a big portion of my days are spent at work just sitting at the bench using my hands to create something (constructing dental bridges, crowns, etc). Then I come home and there are usually a few routine things to do such as eating, cleaning up – things like that. There doesn't seem to be much opportunity in my life for sort of a creative expression of the Father's will. So much seems routine and just humdrum interactions with various acquaintances in my life. Do I just have to wait until I'm retired or on the Mansion Worlds or something to really have that kind of leisure time to let the Spirit lead me where it will?

ABRAHAM: No, no! Your observation on this day-to-day ordinary existence is recognized by others who also find this life at times ordinary. There are also those who have retired that dwell in their houses and wish for employment, wish for contact with other people. I say, this phase will pass; and this phase will come again, and again pass. Much of it is how you perceive it. The little time you have for leisure time, plan something you find exciting. Make the most of this short time. Sometimes we just have to let some of the ordinary things of life go. Maybe one day you don't do housework – and instead, you do something that you find relaxation and enjoyment in. These plans of enjoyment always do re-energize you and make those so-called humdrum phases, shorter, more easily tolerable. Yes, it does seem to be the average routine is to work while you are young. It also seems to be the average to dwell alone when you are old. I would say, make the most of what you have right now. Enjoy good health and family, friends, and even employment. Many,

even not just the elderly but also those of ill health, do not enjoy even ordinary days. Yes, many are always seeking adventure, a change. You, God-conscious children, are extremely blessed, for your fulfillment comes from Father. You know this! Others, not knowing of this Father who cares for them always, do fill their time with mind-altering drugs, perhaps dangerous sports, all in the name of living life to the fullest. Yes, life can be plain for you who believe in Father; but I say, you also know of the adventure that awaits you. As it says in the Urantia Book, "Harness your energies and bridle your passions. Worry not, for a great adventure awaits." I would also add, 'patience.' Nothing passes you by. One more question?

ANTHONY: I'll ask a question. Last week was very good advice about not resisting, and it led me to read in the Urantia Book about trying to gain the kingdom with action, which is what you are speaking about tonight; instead of regretting the past, whining about the present and aimlessly hoping for the future - but to take action. The apostles, and even the evangelists that He was speaking to, had a bitter cup of disappointment to go through. And, hopefully, you're telling us tonight that we will find joy, instead. So I am hoping you can encourage us along those lines so that we will find joy. For my particular situation, well I thought I was taking good action in communicating with my girlfriend. You told me to be honest and open, but only by phone was I allowed to talk to her, not in person. I wondered if I misinterpreted your words, and now it feels as though there is really not much action for me to take. She wants me to let her take the time for when she is ready. So I guess I am looking for some encouragement as to the joy ahead by actively taking action. I'm not sure what action to take.

ABRAHAM: How does her attitude affect you?

ANTHONY: She is distant and needs space. So I feel I should give it to her, but that is not taking action.

ABRAHAM: This causes you pain? (Anthony: Yes.) Abraham: I am in understanding of your pain. To take action would possibly show disrespect for her wishes and get you nowhere. I believe you must perhaps get in touch with your own pain and find that break from your illusion concerning your friend. In times like this, no words may be of comfort or encouragement, and only time will tell. I would say, write her a letter and express all your pain, feelings, hopes. Do not mail it right away. Take time to understand your own pain and understand what it is that is really hurting you. Perhaps your focus need not be so much on your friend as it should be on your own understanding of your place in the kingdom, and your understanding of the will of our Father. Does this help?

ANTHONY: Yes, it does. Thank you. I didn't mean to get so personal, and I understand your words are more about encouragement for everyone, and about getting back to our receiving of the kingdom. Thanks.

ABRAHAM: Understood. I hope each of you find fulfillment in what you seek. May Father's blessings be upon you. Until next week, shalom.

Shame and Guilt Have No Place In The New Kingdom Believer
Abraham, WOODS CROSS GROUP 06-12-1995

Back

I am ABRAHAM. I welcome you all here this evening. My greatest desire has come to fruition – I am overjoyed and pleased to see my student friends in an attitude of lightheartedness and humor. This humor and lightheartedness is where we all connect.

I ask you, how was your attempt at defining my four words last week: resistance; passivity; struggle; action? Many see there is a great deal of meaning behind each word. There is also a big difference between each word. My point of these lessons is to help prepare you for teaching positions. It takes a great deal of learning to be a teacher. I make an effort to coordinate these lessons with your life experiences and that brings me to tonight's lesson concerning shame.

In my own personal opinion, I find shame a total waste of time and energy; I find shame to be very detrimental to the mental and physical health of mortals. As we grow from child to adult, we are unfortunately motivated to live our lives by the amount of shame that we have been taught. On the other hand--and which has proven more healthy--is conscious obligation. When we are aware of our obligations of ourselves to our fellows, we are knowing of right and wrong.

The knowledge of conscious obligation comes from our indwelling Monitor. It is He that teaches us a healthy amount of self-knowing. If our personal Monitors do not help us to be aware, the world would be even more chaotic. It is through this healthy amount of self-discipline that we learn of our own relation to our Father, and the relation of our fellows; but on the other hand, shame drives us to hide, to withhold our real selves. It can somehow keep us anchored, feeling isolated, and alone.

When there's an unhealthy amount of shame it separates us – not only from our fellows but from our Father and the universe. Shame keeps us from breaking out of society's mold and from feeling freedom. This emotion is very strong in some – more than others. This feeling of shame keeps you feeling unworthy of our Father's attention and watchcare. I must say, mortals do find the most ludicrous reasons to be ashamed – take financial status for example, and how about personal appearance. Perhaps physical habits create shameful feelings.

One with an unhealthy amount of shame does make them judge others more harshly, for they feel they themselves, are judged harshly. This shame starts off as a small hill, an unsightly hill you try to hide – and this shame keeps you from telling others, sharing, exposing your weakness; so still you attempt to hide this hill that has now grown into a mountain; and in the meantime, you burn up much energy trying to hide this mountain.

Therefore I say, this shame is futile in your attempt at soul growth. I say, what is wrong with conversing with a friend, a relative, and exposing your true self. Speak openly of your emotion with this problem that causes such feelings; chances are, this person you speak with has possibly been through the same thing.

I would also suggest – if this shame is feeling like a heavy burden, it would be wise to think it over, do not try to block out any details. Work through this because behind this shameful feeling could possibly be a message from Father in

assistance. Converse with Father; ask Him, "Is my shameful feeling appropriate?"

I would also add – one who feels like a child of God, a worthy and valuable person in the world, knows and understands that mistakes are made every day and that these mistakes are understood. This child of God knows his body is temporal but his lessons are eternal. This person is aware of Father's understanding and forgiveness. If all mortals really knew and understood each other, shame would be very much decreased. A few questions?

NORWOOD: Abraham, thank you for that lovely lesson tonight. I really enjoyed that. When you are talking about shame, are you talking about the same thing as guilt? Am I in understanding – is shame and guilt a parallel?

ABRAHAM: Yes and no. Shame is an overpowering emotion causing you to feel buried, out of control. Guilt also produces these feelings, but with guilt you have a little more control over this emotion. Both guilt and shame are products of ego, but where shame produces a helpless feeling, guilt seems to be a little more of a matter of choice. Another question?

NORWOOD: Thank you. Can I stay with this just a minute? You talked about shame being a total waste of time and yet, you just said a moment ago that we are almost helpless with shame. At the beginning of your lesson, you talked about how we kind of inherit shame, that it is placed upon us during either our childhood or somewhere along the line of our growth, and we end up with shame. Can you talk about this just a moment, why you said it that way and where it comes from?

ABRAHAM: Yes. Shame and guilt appear to be a learned emotion. Parents with good intentions attempt to teach their children right from wrong, and in this process sometimes there can be an over-amount of shame induced on a child. The child then takes this into adulthood and then lives a hidden life, with a closed mind and heart, not truly exposing his inner self. Shame and guilt are the potential causes of a wide variety of personal and social dysfunctions, but I did not mean to imply you are helpless against shame. My meaning was – helplessness is the feeling shame produces. Does this help? (Norwood: Yes, thank you very much. I really appreciate this.)

CALVIN: I have an example. Some of my children are very conscious of undressing in front of others. They will even go into a separate stall in the bathroom making sure nobody is around to even take their shirt off. I wonder how much shame and guilt they feel by doing that. I think I am making them feel more shameful and guilty because they seem to have those feelings. I really don't know how to address it with them other than tell them, "hey, your bodies are great, there is nothing wrong with somebody seeing you with your shirt off or in your swimming suit."

ABRAHAM: Yes, this behavior appears to be a learned trait of their personality, but also I believe people appreciate privacy and whatever they are trying to hide is a burden for them. They do not want to be ridiculed, so therefore they keep hidden.

CALVIN: Yes. I'll do more reflecting on what to do, if anything at all.

ABRAHAM: You have already done it. Express your opinion and then let them be. They will make their own decisions. You are of much help to them. Next question?

JAMES: Abraham, I have a comment. If you want to comment on my comment, it would be most welcome. [group laughter.] I think part of the problem as a human being with shame is that we are reminded through our religions that the Universal Father gave us the mandate to be perfect even as He is perfect. It seems most, if not all of us mortals, fall far short of that ideal. It just seems natural that we feel guilt or shame when we fail to live up to perfection. It seems to me that it would be better if we could accept that 'being human' means also 'being imperfect,' and realize that the Father loves us – imperfect as we are. Self-acceptance is so hard for so many of us in this mortal state.

ABRAHAM: Excellent comment. I fully agree. This shameful feeling in religion has also been somewhat of a benefit to our Correcting Time. With the churches teaching shame and guilt and unworthiness, many people are choosing to step out of traditional religions. With the spiritual hunger they feel, they will seek out other avenues to Father. But yes, I am in full agreement of your comment. Another question?

WILLEENA: Abraham, are we moving out of that consciousness in our history where shame was used as a control-measure by churches, governments, and people in authority, to keep people obedient; and now we are stepping into more understanding – and our hearts are opening up and we are coming to more joy? Is this shift occurring on a wider scale? or am I just perceiving that it is?

ABRAHAM: Yes. With this conscious awakening of mortals – you mortals of this world – many of your dysfunctions will be addressed. You are perceiving correctly. One more question?

WILLEENA: I have another question if no one else has a burning one. As in my recent experience, this is very much in line with the workshop message recently about shame and being human and just making mistakes – not needing to hide but just accepting that it is okay to be human – to make mistakes and yet to go on. One thing that I am learning right now, and I am really excited about this, could it possibly be as simple as a process sometimes to simply shift our focus – from feeling bad about ourselves, feeling guilt or shame or whatever, to like just not giving attention to that direction? and just going over to the direction of being a child of God – just like a child would be – happy, playful, alive, enjoying? Is it possible that by shifting our focus like that, we could change our circumstances?

ABRAHAM: Yes, it is possible. But I would ask you to take a short time to ponder this shameful feeling to possibly figure out its origin so as not to block out or override a lesson. Yes, this shift in focus you speak of is something that takes much practice, yes. But when this shift is achieved, you find you can take the route through a problem with less inner-turmoil. Does that help? (Willeena: Yes. Thank you.)

I ask you this week, be not ashamed of anything about yourselves – human or divine. Work on this. Take your place in our Father's kingdom. Know that none are left back,

all are included. Until next week, shalom.

The Loving Personality of Our Father. The Same Creator of the Universes Dwells Within Each Person

Abraham, WOODS CROSS GROUP 06-19-1995

Back

I am ABRAHAM. My greetings to you, this evening. From where I stand, I perceive your comments and what you learned on shame is very impressive. I know my lessons appear simple and short, and there are reasons for that. My brother/coworker, Ham, began the seed of information through Rebecca; his words were more of a variety and quantity. But Ham began with the seed that would start this Teaching Mission, and from there the tree grew and began to take root.

From my friends' words, I now pick up where he left off; I add more roots, shall we say. My roots are small for now, but nonetheless required for a firm hold in the soil, a firm hold in the foundation that is our spirituality.

My lesson tonight will be short to leave more room for questions. Next week my lesson will wait for the purpose of answering questions, any questions personal or perhaps just something that has been on your mind. Next week's lesson will be devoted entirely to questions. Tonight, I wish to bring to your attention the loving personality of our Father and how it leads us to true worship.

Long ago when I walked the Earth, I worshipped Father out of a sense of duty. I worshipped Him so I would be pleasing in His eyes. I worshipped Father to find favor with Him. As time passed, I learned a new and different concept of the First Source and Center. With a little help from my friend Machiventa (Melchizedek), I learned of Father's generous attributes – slowly, through life experiences. And it occurred to me – His goodness draws me to Him; His kindness drives me to recognize Him.

In my recognition of Father, I am touched by His powerfulness, His magnificent overcontrol of this world, and the universes, and all that is. I am then drawn to worship and appreciate this loving Father who has so carefully guided me. Although the way has not been smooth, I am in the realization that this same Father who creates the universes dwells within my own being. As time goes by, I still stand in awe and wonder of the Father of the universes. Now, I realize the road Father had planned out for me is the best road. I wouldn't have taken any other as I look back.

My friends, I realize it is difficult in the material form to feel His closeness – Father's love, Father's concern. But I ask you to make an effort to recognize His loving watchcare over you. Recognize His closeness, His kindness, His concern for every living thing that contains soul. Stop a moment to ponder the greatness and grandeur of our loving Father who builds the universes, who hangs the stars at night.

Yes, I tell you boldly – this absolute personality of pure love and life-energy, fragments Himself and He dwells within you; His love for you is complete and pure; He truly needs nothing from you in return. But I tell you, the Father desires to know you, and for you to know Him. He desires for you to give Him back your love; and I say, the more you know our Father the easier it is to love Him. I ask you each

to take a short moment that we may thank our Father, together: [a few moments of silence.]

Our Father, you know us through and through, and we know that you love us no matter what. We need not hide from you. We stand in awe of your magnificence. We know of your great tasks you have performed. But we are here tonight to bid you thanks for your contribution to our individual personalities. We are small; we are young beings just recognizing your awesome love and strength. We who recognize your Indwelling Self are overflowing in your radiance and light. We extend to you our deepest gratitude and we send you our unending love. Amen. A few questions?

RACHEL: Father Abraham, I certainly want to thank you for a beautiful testimonial of our Universal Father and it certainly enhances our understanding of Him. Also, thank you for enlightening us as to your early life here as a mortal. Thank you. (Abraham: You are very much welcome.)

VICKIE: I have a question, Abraham. How can we learn to know God in a true sense? Some of us come from an organized religion that has painted a picture of God's personality as being judgmental and condemning and angry. I am coming to realize that this is not true. But without the influence of organized religion, how can we come to know God and His personality, and thereby learn to love Him, to enjoy loving Him? Also, by the way, may I know my spirit name?

ABRAHAM: My daughter, if you had not come to know the true nature of our Father you would continue to be involved with organized religion. Somewhere along the line your inner heart revealed to you that this fearful image of Father is not reality, and that it is certainly not attractive. The indwelling Fragment of Father within you, reveals Himself to you when you are ready – and then does He reveal to you a little more when you are more ready; and once again lets you know of His love for you. Like I said, my first image of God was not correct, but it was what I was taught. The name that you are known on high is Cammyne – C. A. M. M. Y. N. E. Another question?

ELWOOD: Abraham, I have been reading about the Thought Adjuster in the Urantia Book. It says in that section that one of the first things we need to do is separate ourselves from the need for 'mortal reality' for our very existence and well-being; and once we do that – then we can start having more 'spiritual growth.' As we increase our desire to do the will of the Father, if our attention is less on the material aspects, and more on our commitment to do the will of the Father and we go with that, our need for the material life would become easier because we will be inspired to do the appropriate thing. Am I understanding that right?

ABRAHAM: Yes. You are correct. It will become quite natural. It will become quite logical as if that is the only solution. It does appear that Father's kindness naturally leads us to embrace His will. You are correct in your understanding. Another question?

RACHEL: Father Abraham, I would like you to comment on how faith and hope are intertwined. I can see how we can have faith without hope, but is it possible to have hope without faith?

ABRAHAM: It all depends on what you hope for – if you are hoping to improve your life's meaning it cannot be done without faith in the Celestial kingdom; if you are hoping for a new car, faith is not required. [group laughter.] You are correct – faith and hope are intertwined and somewhat impotent one without the other.

RACHEL: When I asked the question, Father Abraham, I wasn't thinking of a new car. I was thinking of our Universal Father. I thank you. (Abraham: That is understood, and you're welcome.)

ROLAND: Abraham, to follow up on the faith and hope issue: It seems to me that if we are in immediate contact with the indwelling Spirit that neither hope nor faith would be necessary; it would be living in the eternal now without the requirement of having those two elements of desire present. Can you comment about that?

ABRAHAM: Yes. You speak of 'advanced levels' of the spirit, but I agree, yes. Constant contact with your indwelling Monitor already encompasses faith and hope. Yes, you are correct. One more question?

CALVIN: In drawing closer to the Father – and I really appreciate how you displayed your early mortal-living experiences with your higher understanding – I think it teaches us the difference of 'duty to the Father' versus an 'appreciation for the Father' and our 'wanting' to be there in that mode. I don't know how to ask you this but I'll try: I noticed I can get a very, very high energy just by imagining my hands pulling open my inner soul and just allowing something to come in there, into the chest cavity area; and I can feel that no matter what place I am at; it's like allowing some love energy just flowing in. I have noticed when I have done that it's like I'm on a high. Nothing matters, nothing is wrong anywhere. Is that an actual 'living spirit energy' to consciously allow that in? or am I perceiving something different?

ABRAHAM: Yes, visualization is a very powerful tool to clear the mind; to drop your preconceived ideas; to remove the ego; to stand before Father as just yourself and know that you are enough and adequate just as you are. In your little ceremony, you make yourself open to also receive Father's love – and with this love comes His energy. You are open to receive, and this can create a wonderful feeling. Needless to say, this feeling does not last, and for a very good reason; for in these moments of feelings of well-being you are not reaching or learning. This is why we teach that balance in the spiritual life is extremely important. Yes, times of worship is just as important as times of study and searching. Times of feeling euphoric are just as important as feeling the burden of a hard lesson. I commend you on your exercise in becoming closer to the Father.

This week any questions that are on your mind, feel free to bring them next week. I ask you to remember the limitations of our transmission-receiver. [TR: Hey! (group laughter).] We hope this week you find time to recognize our Father's works. Until next week, shalom.

Personal Questions

Back

I am ABRAHAM. It is very encouraging to see so many new faces. This past week were you more aware of Father's presence? Were you more able to recognize His goodness? and did this recognition lead you to express your appreciation for Him?

Tonight we will postpone my teaching so you may have the opportunity to ask questions – any question is welcome; whether I can answer them has yet to be seen, but I say, our best effort will be put forth. First question?

JEANA: Abraham, I have a question that I have wanted to ask for a couple weeks. I am not sure if you can answer it or not. It's a question about death, in particular, the death of a baby that has been miscarried and the death of someone who has committed suicide. If we have miscarried a baby, are we going to be able to see that baby again after we die? Also, regarding friends who have committed suicide – I have a friend in particular that we are not really sure if she committed suicide or not. Her name is Kim. I was wondering if you could enlighten me at all whether or not she did commit suicide, and what has happened to her. If she did commit suicide, is she okay and happy? Just whatever you can tell me about her, and babies that have miscarried, would be appreciated?

ABRAHAM: Yes. My friend Ham has spoken somewhat on these matters, but I can also give you a little information on this. In situations of a child-miscarriage or a stillborn child: A baby not parted from the mother – before or at full term – but not receiving the Divine Minister's 'breath of life,' does not survive. A baby carried full term, having parted from the mother and received spirit personality – and then by circumstance dies (after receiving the breath of life) – yes, that mother will again be reunited with that child. As for suicide: This is not a choice way to part from this world, but suicide does not suffer a heavy penalty from Father. Those who commit suicide will receive the choice – to continue their spiritual quest, or to deny. The act of committing suicide inflicts such pain on friends and family. We should also realize that to overcome the guilt from inflicting this pain on friends and family is torture for the one who committed suicide when they realize the ramifications of their action. Your friend, I am unknowing about her circumstances. Does this help? (Jeana: Yes. Thank you.)

HELEN: Abraham, I haven't been here for a while. I have a question I want to ask, and then a confirmation: We are taught always to love one another and never give up on anyone, especially ourselves. Sometimes we know we're loved but we don't feel that love inside. How can we learn to feel that love, and how do we know when to step back from someone that we don't want to give up on them – how do we know when to let go? Also, I believe I had a visitor March 16 at my house – could I get confirmation who it was, or if it was of my own subconscious mind? Could you shed some light on that?

ABRAHAM: I am happy to see you again, Helen. Yes, the control of emotions is often difficult. One minute you are overflowing with love, and the next you are feeling empty or nothing. At times like this, unable to feel love, it may not be a time for emotion but a time for logic. The indwelling Father Fragment is helpful in this area. To rely upon Him and His will is a good step toward understanding your emotional side and your intellectual side. To rely upon His will would perhaps give

you the balance you seek. Human feelings, human emotions, are perhaps like a mechanical device – sometimes you can turn them on and off – but sometimes there appears to be a short-circuit and the human emotional system runs/operates without control. You talk of letting go; this is a great obstacle for mortals, very difficult. If and when you decide to step back and let go, then make an effort to release this person or thing into the hands of our Father. I tell you, Father absolutely knows what to do with what you release to Him. With this ‘letting go’ you have to make a decision to give up on the results of your choice to let go. Your visitation was a gift from Christ Michael, yes. Does this help?

HELEN: Yes. I thought there were two people. I thought it was my father and my brother, and it seemed as if there were more. Is that just in my own thinking to give myself comfort from subconscious mind?

ABRAHAM: No, this was for you from Michael, a projection of them. They were not present.

ELLEN: I have a question, Abraham. My granddaughter saw a man with a white hair and beard look in on her one morning. Was this man a spiritual being or was it her imagination?

ABRAHAM: I am certain this was a celestial being with a message for her to remember. This visitation did occur. This is to aid her in the continuance of our Teaching Mission. The man is her teacher, Norson. Tell her to fear not, for she has witnessed what many have not. Yes, the faith of a little child is a very important attribute. Adults could learn from children. Relay to her this message: Be joyous in your walk with the Father and always keep intact your true self. Change not the seed that will become a beautiful blossom in Father's kingdom. Does this answer? (Ellen: Yes. Thank you very much.) Abraham: Another question?

VICKIE: Abraham, I have a question about prayer. I was taught in organized religion to pray in a certain way, in a certain form. Then I left those ideas. It has been many years now since I have prayed. I wonder if you can talk to me a little bit about the purpose of prayer, and a form of prayer that is appropriate, please. It is confusing to me to think that there may be two people, maybe both with the same need – the first person had people helping him, praying for him, but the second person doesn't happen to be fortunate enough to have people praying for him. Would the Father treat these two people differently – simply because one was fortunate to have many prayers said for them, and the second maybe didn't have prayers said for them? Why would the Father withhold blessings or enlightenment from the second person simply because they didn't have prayers said for them? This is confusing to me. So I wonder if you could enlighten me on that subject.

ABRAHAM: The Urantia textbook extensively explains prayer and providence, but I shall tell you a little of my understanding. In prayer, yes, Father hears our petitions and He answers accordingly. But I must say, prayer mostly benefits the individual praying, for this puts the individual in touch with faith and hope and acceptance. Prayer has been known to, many times, improve the health of an individual – mentally and physically. But this is not by divine providence; this is by individual mind-adjusting and the acceptance of Father's will. Father would not

heal one who has been prayed for and not another. When you pray directly with an individual who is ill, you give this person your energy, your love, your faith. Your example set before the ill person is an inspiration to this person. You aid in the healing of the person being prayed for, the person you are praying for. This is why we find it beneficial to tell the person in need of prayer that you are praying for them. The Urantia Book and the Ham papers discuss prayer much more adequately than I can describe. Jesus, the Master, while in the material form, walked this Earth; He sought not to pray with His fellows but would rather retreat to the privacy of nature where He could truly commune with His Father. It was not formal. It was not eloquent. It was just Father and Son. A talk with Father should not cause anxiety or feelings of inadequacy. A talk with Father should feel perfectly natural just as He was your closest friend – because He is. Does this help? (Vickie: Yes. Thank you.) Abraham: Another question?

ROLAND: Abraham, as we are taught these spiritual principles, and are able then to be the instruments of teaching other people who come across our paths, what are the most important concepts to convey to them of those spiritual truths, knowing that each person needs something different, and knowing we are led in those teachings?

ABRAHAM: Yes, a very important spiritual truth. I would perhaps say the most important thing you can convey to them is that the answers they seek are within their very being. The best answer for them on their spiritual path lies within their very own heart. Yes, teach them about the presence of the Father within their own beings. Yes, you can tell them of your experience, but show them that they have their own destiny to fulfill. And, I would tell them their destiny is not a journey of ease, but place emphasis on the joy that can be found while on this spiritual journey. I perceive you have done well. Another question?

ROLAND: Thank you. I find that telling of experiences seems to be of interest because the story behind each experience shared conveys daily reality. The thing that has changed, in my experience that has transformed me, is meditation. To allow the indwelling Spirit to communicate at some level in the conscious mind, to give direction of the spiritual path – that is a concept that is foreign to the western mind. Do you have some suggestions as to how we can approach that?

ABRAHAM: Yes, the word 'stillness' may perhaps be too foreign, whereas the word 'meditation' is more recognized. Just as with prayer – the simple talk with the Father and a moment of receiving from Him is really all one needs to start with. Yes, you are correct that the stillness is very important to contact the indwelling Father Fragment. But I would suggest that with this stillness exercise, inform the newcomer/beginner that this exercise is not supernatural, is not mysterious, and is likely not going to be miraculous. This, stilling the mind to be with Father, is simple and does not require much effort. Mortals are attracted to simplicity. If the stillness becomes a difficult exercise, then it will not be practiced. Does this help?

ROLAND: Very much so. Before I pass this opportunity, let me introduce you to one who you might already know, my good friend, Mark, who sits next to me tonight. I invite him to ask a question if he is so inclined? (Abraham: Greetings.)

MARK: Thank you. I would like to learn to think, act, and be more abundant in my approach to the world. How can I do this?

ABRAHAM: The first question you must ask yourself then: "What do I wish to be abundant in?" Abundance appears to come in many levels. Perhaps one day a man does not appreciate his small home and desires a larger home, and the next day he has lost his job and may possibly lose his small house. This man has now changed his thinking about abundance. Now he desires not to lose his small home and he appreciates it. To think abundantly, one must rely on the will of our Father, for it has been told, "The sparrows know not where their abundance comes from but they trust that it will always be there, for the Father in heaven lends His watchcare to the sparrows. How much more are you than a sparrow? How much more does your Father watch over you?" With that, I would also add: A positive attitude draws abundance, and an attitude of thankfulness leads to your distribution of your abundance – such abundance is not just material goods, but your goodwill toward your fellows. Does this help? (Mark: Yes. Thank you.) Abraham: Another question?

LINDA: I have a question, Abraham. Everyone tonight is so heavy in spiritual and physical questions – this is going to sound like a UFO conversation. [laughter.] Do you know of the work of Dr. Raymond Moody? He works with people who tell stories of having near-death experiences where they hovered over their dead bodies, and where they went through a tunnel and met a glorious being of light. Their stories are very similar... (Inaudible.) I have been told that he can even get a message to us from someone on the other side. Could you comment on near-death experiences?

ABRAHAM: Yes. Many near-death experiences are almost accurate. Some parts of these stories are products of the dying material brain, but many are very close. Years and years ago this planet did not have the medical technology that it does today, and this medical technology has proven to be very beneficial in our Correcting Time. I am saying, many would not go on faith alone, and many of these near-death stories attract new believers. Yes, these stories can be used as a wonderful door for people to step through to learn of their own spiritual pathway. Does this help? (Linda: Yes. Thank you.) Abraham: You're welcome. Another question? May we make this our last question? My connection grows weak.

CALVIN: Abraham, are there times in our lives when you, and the Teachers that are helping us, ever say, "oh gee, we are disappointed" – or, "one step forward and two steps back?" Because I feel that way a lot about myself.

ABRAHAM: No. We are never disappointed in our students; we are in total understanding of this dilemma. We are sorry that many mortals are so hard on themselves, given their little setbacks. If you understood the way we view you, you would find how much we value the friendship and love and humor you provide us with. [group laughter.]

Before I leave, I ask you if you found this evening beneficial. And, if you want to continue it another week? Or, would you have me resume my regular lesson? Discuss this. I leave you with my love and thoughts, my good thoughts for you. Until next week, shalom.

Back

To Perceive Beauty Beyond Visual Beauty Lies A Deeper Experience

Abraham, WOODS CROSS GROUP 07-03-1995

Back

I am ABRAHAM. I am enjoying your conversations. These stories are like Father's fingerprints on your pathway. This evening I will be discussing beauty within the individual and how this beauty manifests into the world around you.

I once thought beauty to be something that was for only my own pleasure, something to be perceived through my eyes. It was sort of a selfish attribute that I had learned. My first real understanding of beauty was through my friend, Machiventa; He taught me to see beauty with my heart and inner self.

I had learned that beauty was not only perceived through the eyes, but it was also a feeling. To me, in understanding beauty, I must almost become one with the object, person, or deed. I have learned that the truly beautiful things I must see or know, my indwelling Father Fragment assists in my ability to perceive them.

Think of the most beautiful thing you have envisioned here on the Earth [pause.] And now magnify that visual account a thousand times. My friends, this is what awaits each of you – beauty that transcends your five senses; beauty that you are so connected to that you cannot possibly describe.

Yes, beyond visual beauty there lies a deeper experience. True beauty is in that generous deed performed without thinking. True beauty is that impulse to do good to another. Beauty is facing your adversities with an attitude of steadfastness. Beauty lies in that moment you realize that your Creator walks by your side and you can understand why He leads you in a certain direction.

Confidence in your own inner beauty bestows a feeling of freedom – freedom to understand and know that your own inner beauty is a gift from Father and that you are His child. Knowing this, undoubtedly frees you of limitations put upon you by others.

Beauty is not an object to be held and guarded. Beauty is living, just as truth is living. To understand and know that beauty is everywhere and in everything, is to know that “where there is beauty, so also, there is God,” for He is the source of true beauty.

I can say I have witnessed some truly beautiful moments in this group; and yes, some moments not so beautiful. Yet, I can also say each one of you is filled with a beauty beyond description. As the soul grows, so does the beauty of the soul.

In your world, beauty is not so commonly recognized. The ugliness of disastrous events seems to be of more interest. Without focusing on the beautiful deeper meaningful things in this life, the acknowledgment of beauty dwindles. But with a positive attitude, and when a recognition for the beautiful by an individual is shared with another, this acknowledgment of beauty can spread, can grow.

This week I ask you to acknowledge your own inner beauty, and how you can share and attract attention to the beauty in this life. As for visual beauty, such as art, for example – I ask you to be at one with the art; feel the colors, notice the shapes and textures. I also ask you to pay close attention to the beauty which our Father bestows in your life. A few questions?

CALVIN: Abraham, in trying to acknowledge the beauty of our own selves, how is it that we can acknowledge that without getting into conceit or something, especially if one is expressing that? I can see how one can appreciate the goodness that comes from within and that we are growing and learning, but acknowledging it or expressing it would be a different thing.

ABRAHAM: Yes, in acknowledgment of inner beauty, this could be witnessed through good deeds done on impulse without having to think about it. This shows that you are acquiring attributes of your Paradise Father. Recognizing inner beauty takes much time. You can look back five years, perhaps, and realize you are not the same man that you are now. I would say, you have grown in beauty and God-consciousness. But as I understand your question – I say, to go overboard with perceiving your own inner beauty is not to worry about, for a child who truly desires to be corrected by Father will be corrected. And if you are off-balance in your self-perception, Father will surely let you know. Good question.

ELWARD: Abraham, I'm increasingly becoming aware that when you talk to someone and there is goodness and truth, there is also beauty, regardless of how they physically appear. Is this an accurate perception?

ABRAHAM: Yes. Truth and goodness intermingle with beauty. Where you have truth, goodness, and beauty – therein lies our Father. You are correct in your understanding. Yes, beauty goes beyond visual perception. Does this help? (Elward: Yes.) Abraham: Another question?

LINDA: Abraham, I have very little trouble seeing true beauty and love in other people – but when I look inside myself it is very difficult to see it. A little bit is there, yes, but I just see kind of my own life and my self-centeredness, and very little love. Even though I want to have love for other people, a lot of it seems to have died with the loss of my son.

ABRAHAM: Understood. You are not alone in your individual perception of yourself. This is why my lesson asks you to search for your inner beauty and not so much the beauty in others; because, as you have said, to see this beauty in yourself is more difficult. You need not feel bad about your feelings – they are perfectly understood. I can say, Father sees your true beauty and He knows your true heart and your desire to love. Your inner beauty is there already, and the search for it need not cause anxiety or impatience. Does this help? (Linda: Yes. Thank you.) Abraham: You're welcome. One more question?

MARK: Abraham, recently I have been following a path of Sita Yoga and it entails approaching meditation through chanting, and a repetition of mantras. Today, in Paper 100 of the Urantia Book, I read that religious daydreaming can be dangerous.

It cited these sorts of things. Should mantras and chanting be avoided?

ABRAHAM: Of course this choice is totally up to you; if they are helpful to you then feel free to use them. But my recommendation would be just a stilling of the mind, a relaxing of the body, and the faith that Father makes contact through your inner desires and not through chanting. This custom is very old, and as the world evolves, we find that the old customs were not necessarily needed; but that the stilling (quieting of the mind) is through your own desire and not a taming of the mind through repetitious chanting. Does this help? (Mark: Yes. Thank you.)

ABRAHAM: You're welcome. I thank you each for being here tonight. I leave you with my love. Until next week, shalom.

Obsession | Let not Obsession Rob You of Your Energy
Divine Minister & Abraham, WOODS CROSS GROUP 07-10-1995
Back

I am the DIVINE MINISTER. I bring to you my greetings, and I wish for you to know my close and personal attention is with you each, individually. I am coming to the many groups of the Teaching Mission to inform the students that, in cooperation with Michael, I will be close at hand to help provide further assistance in the Correcting Time. I am honored and overjoyed at this assignment.

Many of you here already know me quite well. Although I have been on this particular assignment for a while now, I am to make my presence more known on this world. I am looking forward to working with this group and other mortals who are willing. I leave you for now to your Teacher, Abraham. Farewell.

I am ABRAHAM. I too, am overjoyed at the presence of the Mother Spirit. It is such a wonderful and blessed event for Her to announce Her personal ministries to this planet.

How was your week of learning about inner beauty and its effect on your immediate surroundings? Yes, this lesson is ongoing and takes time to learn.

Tonight, I wish to say a few words on obsession. 'Obsession' is that overpowering yearning to possess something. It may be a material yearning to possess; it may be a person you wish to keep control over; it may be a spiritual level you have yet to attain. The feeling of obsession leaves you feeling as though you are controlled by the thing you obsess over. This negative feeling is not healthy. And I would tell you first - to relax; let not this item you obsess over rob you of your energy. It is a difficult thing to release a specific yearning to Father, yes; but I tell you, you must make your best effort to try.

I must say, all obsessions are not negative - some come in forms of creativity. Some driven emotions that overwhelm you are possibly a message from Father. Many mortals who are in this Correcting Time feel so driven to do good - and that complies with Father's will, yes, but I must say, when your 'expectations to do good' are too high, many times they cannot be accomplished and this leaves you with a discouraged frame of mind.

I know that you have been taught that 'balance' is a valuable personality trait to possess, and I agree. I would add that it is acceptable to act upon your driven desires if you perhaps foresee a positive outcome. And I would also say, your obsessive feelings are not iniquitous; they are perfectly human. There is so much rapid living in this world that there is not enough time set aside for the pondering of the self – who you really are, what makes you the way you are, and where an obsession stems from. It only takes a few moments to honestly look within and intellectually discover what it is that drives you.

I know that the phrase 'turn it over to the Father' is easier said than done. So, I would also suggest daily writing would be most beneficial in your understanding of who you really are and what motivates you to pursue the path you have chosen. I am aware that too much of any one thing is not helpful in your quest for spiritual enlightenment. I would include that in your study of spirituality/religion – too much in this area leaves your cup overflowing and causes confusion.

I can remember a time when I had first grasped the 'One God' concept and discovering the Father's true loving nature – and I tell you, I could not learn fast enough. I had this overwhelming desire to take in all I could. Over time, that balanced out and I learned that the spiritual, the intellectual, and the social – all interconnect to provide a balanced life.

In your attempts to release negative things that have hold of you, resist them not. Take time to reflect and search your mind for this inner yearning. I would remind you to try to relax, feel not anxiety-ridden because the child that truly desires answers will receive them, honestly. Do you have questions?

PENNY: I have one. The Urantia Books says, "Since this inner life of man is truly creative, there rests upon each person the responsibility of choosing as to whether this creativity shall be spontaneous and wholly haphazard – or controlled, directed, and constructive." I am sure that means creativity in the broad sense, but is it also true of creativity in the specific sense? such as painting or writing or drawing or whatever? If it is true in the specific, how do we tap into this inner creativity and control it and direct it in a specific means, such as writing or whatever, for something constructive?

ABRAHAM: Yes, this is an excellent question. Creativity comes like waves on the ocean. At times there will be desires to be creative, and this is an excellent time to do so. At other times there appears to be no waves of creativity. This is not the mortal's fault, no – this is just a natural occurrence. To become more connected with creativity you may have to trust more in your intuitions, for it is in that mind-frame that the circuit transfers creativeness. I would say, this is not difficult, and creativity may not always be artistic. It may also be an attitude in which you live your daily life. I would recommend the best time for creativity is when you feel the first wave. Does this help? (Penny: Yes, sort of. I've got to think about it. Thank you.)

WILLEENA: Abraham, last Sunday night at Rick's memorial, his brother, Wayne, concluded the memorial with Rick speaking through him. I am curious as to whether that was actually Rick saying good-bye in concluding his life? Can you explain

exactly what that was? What are your feelings? That even though Rick had died the week before, he was completing and saying goodbye and going off, or that his Thought Adjuster was communicating through Wayne's Thought Adjuster to finalize for Rick or something – I don't know.

ABRAHAM: Do you believe people were helped? (Willeena: Very much.) Abraham: Then I would say, why check the authenticity of a positive and uplifting moment – for you are qualified to determine this message. As for my information, I am certain you are correct that Rick is fine. Worry not. I am certain that Rick would be more at ease if his friends and family would be at peace. Does this help? (Willeena: Yes. Thank you.)

CALVIN: Teacher Abraham, this is so very nice having a message from our Divine Minister here tonight, and I understand that through Her agencies, the guardian angels exist. There is no doubt how the last two days they have kept me alive on the road because I have fallen asleep thirty or forty times, I think. I know they wake me up before disaster hits. Tonight, coming down here it was a new jolt. It is nice to have Her influence directly with us tonight and I personally want to thank Her, and her Guardians.

ABRAHAM: You're welcome, and thank you for your accepting attitude toward Her. But I would ask you to take heed – the angels do what they can, but they require your assistance. Understood?

CALVIN: Understood. I consider myself spanked. [group laughter.]

ABRAHAM: Yes! They also thank you for your acknowledgment for their persistent work. Another question?

ROLAND: Abraham, I appreciate the lesson. This has to do with the Divine Minister's announcement. It was a very moving experience to be in that immediate contact. The way I have understood – that the changes of attitude, or changes of perception, has been to invite the Holy Spirit to change our mind, to allow for the Spirit to act within that mind/decision activity. So I ask: Isn't that Her pervasive energy throughout the universe? Isn't the Holy Spirit, Her pervasive influence? which allows for us to choose new perceptions, new attitudes, through the Spirit – such as obsessions?

ABRAHAM: Yes, She does assist along with the seven adjutant mind-spirits; and also, the Spirit of Truth. Does this help?

ROLAND: Somewhat. I thank you. This is a follow-up question. It seems to me that She has been on Salvington as the director of the seven adjutant spirits, as the Mother Spirit; and to utilize the Spirit of Truth to focus Her energies here on Urantia certainly is a precedent – in at least my understanding; and certainly needed. If there is anything we need, it is a change in attitude toward love instead of fear. Can you comment on that?

ABRAHAM: You are correct. The Mother Spirit provides a different perspective of love. Like a diamond – the different sides each casting its own ray of light – the

Mother Spirit teaches us a more nurturing and more gentle way to handle our daily problems. It is with the Mother Spirit, and Michael, that will remove the shadow of fear from this world. You are correct in your understanding. Another question?

WILLEENA: In trying to understand the Divine Minister's message, Her greeting – is it available for us to call upon Her and receive direct communication from Her? (Abraham: Absolutely.)

WILLEENA: Including our daily affairs?

ABRAHAM: Yes. Your daily questions that affect your immediate world will mostly be addressed by the Mother Spirit; especially those daily tasks that involve social contact. It is also Her ministry to elevate mortal's perception of their responsibilities to the Supreme Being. Does this help? (Willeena: Yes, thank you.)

If there are no more questions, I would ask you to let not anxiety stand in your way. You have eternity, try not to rush through it. Shalom.

Overcome Rejection by Taking A Chance | Help Spread The Good News
Abraham, WOODS CROSS GROUP 07-17-1995

Back

I am ABRAHAM. How was your week concerning obsession? Did you learn that you may obsess overmuch? Did you realize the things you obsess over are really not so important as to cause you anxiety? Did any make attempts to hand over their obsession to Father? Yes, it is a difficult lesson to learn.

I am happy to be here this evening among my friends and co-workers who endeavor to make a change for the better in this world. In your efforts to make this world a more loving and God-conscious world, you may have to learn to 'take a chance,' and that is the topic of my lesson tonight.

At times you, in the midst of socializing, find an opportunity to speak in a manner to bring about God-awareness. But you soon learn to expect rejection from those who you speak with about your beliefs in our Father. Therefore, sometimes it is easier to remain silent wherein you withhold your inner self for fear of rejection from others. And I will not tell you there will not be rejection – but I can say, sometimes you just need to take that chance in the hopes that we may lead one more soul to the light of our Father.

Rejection brings fear because mortals take much value in fellow mortal's opinions, and some cannot bear rejection from their friends, family, and acquaintances. Yes, it would appear to be wise to sit and wait for a friend, an acquaintance, to bring up the topic of spirituality; but too often it is not brought up by the person you are speaking to. And at times you must go ahead, go out on a limb, and let another see inside your heart. You must learn that if you live your life according to other people's definitions, you are blocking off your contact with the One who truly knows you best and values you for who you are; who you are becoming.

I am not implying you to be totally uncaring toward your fellow's opinions, no. I am saying; don't let their opinions dictate your actions. You have your own source of

enlightenment, the one true Source, and to let your fellows limit you with their definitions of what they think should be is a setback to your own soul-growth. To 'take a chance' means to honestly expose your inner feelings and beliefs without fear, without the worry of rejection. With this feeling of indifference, it allows you freedom in your endeavors to add to the kingdom.

I say, worry not! There is no contest to bring souls to Father. Father does not totally depend on His children to recruit new believers. Father has His own lifeline to each child. But I suggest that you hide not your true inner self; that you take a risk and worry not upon the results. Try not to be embarrassed to reveal that Source which brings you true and everlasting joy. The world awakens more each day; and mortals can (and should) seek out others with similar thoughts and beliefs.

It is quite possible when you take a chance you may find the one with whom you speak is quite interested. I do not recommend pushing your beliefs on just anyone, no; I ask you to look for that smallest opening of their door wherein you may catch a little glimpse of their light. And it would be unwise to keep conversing with one whose door is completely closed. I say to you, it is a joyous feeling to stand up and be counted in the kingdom. A few questions?

CALVIN: Abraham, it seems like we do have to take a little personal assessment on this topic. I perceive that what you are saying is - 'don't be ashamed or hide what we are feeling inside, for who knows where it might land and open a door.' It seems like, in my experience anyhow, that Father is always opening these doors anyway, somehow. But at some point, we have to be wise to know when to share, and when to just back off because maybe our comments are not welcome. In a sense then, is there a judgment-call to make here?

ABRAHAM: Exactly. It is like you said, Father is there assisting you and the individual you speak with; and I would advise you to be not afraid of trusting your inner feelings, your instincts. Another question?

ROLAND: Abraham, the Master taught us--in His example of healing the blind man who was blind at birth--He used symbols to encourage the faith of that blind man to receive sight again, and that was the clay and the spittle of a Rabbi. This 'clay and spittle' was known to be a powerful symbol to heal, as was the sacred pool where the blind man washed his eyes. It seems to me like He was teaching us to use the symbols of those who we approach in order to bring the faith and to listen to words of truth. Perhaps the modern-day symbolisms of spittle and clay could be tarot cards, which I have used as door-openers to allow in that process - of reading cards to let the spirit voice speak through me, knowing that the cards carry no power, except for opening doors. Advise me if you will, and I am open to hearing if I err in my judgment?

ABRAHAM: Do you find this safe for those you read to?

ROLAND: I would say that their safety is not in my hands, but in the hands of their own indwelling Spirit's recognition of the truth.

ABRAHAM: I am trusting in your judgment to accept whether these cards may be

successful in opening doors. I would only suggest you explain the spittle and the clay to these individuals you read the cards to. You are correct in your study and assessment that the Master, in His intelligent and gentle manner, indeed had to use a prop in order to help this man accept his gift of sight. But I must say, this was the custom of that day and age. I do not know if the Master would use a prop in the present day. I am certainly convinced that your own life experiences are a wonderful way to open doors, and you have certainly accomplished that. You are gifted in speech and common sense, and I believe your own techniques of apostleship are quite effective. Does this help?

ROLAND: Thank you very much. So the experiences that I have had recently, it feels like I have been directed to individuals who are ready to hear gospel truths. It seems to me like those experiences are becoming clearer. And it seems puzzling that we would hesitate when our inner beings tell us to talk about certain things regarding gospel truths. It may be that I am overstepping perhaps on the other side of the scale, taking too many chances, being too outrageous in the things that I do. I open that up to be corrected if it is necessary.

ABRAHAM: I would tone it down. [group laughter.] You are wise in your acceptance of overmuch flamboyancy. We also find you creative and trust your judgment to adjust to the situations as needed. Okay? Another question?

MARK: Abraham, when I was born my parents gave me the name Ira Marvin. My whole life I was uncomfortable with that, and several years ago I decided to change it and for whatever reason I chose Mark to be my name. In meditation a few days ago I got a notion that perhaps Mark is my spiritual name. Can you concur with that, and if it isn't, perhaps share with me what my spiritual name is?

ABRAHAM: I would be happy to address you as Mark, but on high you are known as Aaron. Another question?

JEANA: Abraham, I have a problem that has bothered me for a long time. I know I shouldn't let it bother me, but I don't know how to overcome it, and it keeps reoccurring in my life. It is something that my stepdad told me when I was a kid - 'that I will never make anyone happy,' and I took that as no one will ever love me. I know you said that we are not to take what other people say about us too seriously and live by what they say we are, or should be, or what they think we are. Every time I do have a close relationship with someone--and they do love me or at least I think they do--I feel like I don't deserve it and do things 'unconsciously' to cause them not to love me anymore. This isn't what I want to do, or I mean to do - it is the opposite of what I want to happen. I wish that I could stop believing what my stepdad told me was true. I know it's not, but it still keeps coming back to me and causes so many problems for me. I was wondering if you have some advice on how I could stop believing this; and instead, to realize that I am worth being loved by someone, and to not hate my stepdad so much for saying it. And, to not hate myself so much for believing it. I don't know what else to say.

ABRAHAM: Understood. I am aware this causes you great pain. I am first directed to say - the stepfather spoke primarily of himself. Although it was directed at you, it was a fact that he thought this of himself. In his ignorance, he has scarred you,

and this statement you have carried around for years is sabotaging yourself and relationships. Jeana, this is a great step in your soul-growth. I cannot give you answers, but perhaps only a few suggestions. To give you the answers would rob you in your morontial growth. Jeana, do you find any time for a moment of stillness or meditation?

JEANA: Yes, I do, especially when I am hurting and in pain. And sometimes--I admit, not as often as I should--when I am thankful. But yes, I have been meditating.

ABRAHAM: Yes, a wonderful step, the first step. Step two: Have you ever attempted to perceive yourself as your Creator does? Your Creator views you as His learning child. This does not mean incomplete. This means 'totally and unconditionally,' you are His child as if you were His only child. In your true Father's eyes, you do no wrong. You are still learning, yes, and these steps you take can be painful. The Father reaches to help guide your steps, but He cannot take the steps for you. But I say, the Father walks every step with you. Cast off your stepfather's opinions, for they mean absolutely nothing, and cloak yourself in the light and love of your true Father who showers you with nothing except acceptance and love. Step three: Until you can change your own self-perception, you are seemingly stuck in this same behavior pattern. I recommend that you write/journal. Lay your thoughts and feelings out on paper for you to view them honestly. Your problem is like a tree - you can see the trunk as the problem; you can see the branches that act as the smaller symptoms of the main problem; But I say, dig down to the roots hidden from plain view; fear not to expose these roots - to explore, to understand where your problem originated and how this problem branches off into other areas of disappointments. And I ask you to also discuss this with friends and spiritual co-workers, for it is certain that they understand.

It is with that thought that I must take my leave. I pray this time for you is educational, and also joyful. Until next time, shalom. [There is no meeting July 24, 1995.]

Our Circles of Light Promote Soul Growth and Enhances The Supreme

Abraham, WOODS CROSS GROUP 07-31-1995

Back

I am ABRAHAM. Welcome. I trust you enjoyed your vacation day last week. I am most impressed with that beautiful song. Music can be a terrific mood enhancer. Thank you.

Did you find any opportunities throughout the week to open your heart and take a chance? This week did you find you may have had the opportunity, but fear kept you bound? You will see as time passes you will deepen your faith and find courage abundant.

I am happy with your progress for the celebration of our Creator's Urantian birthday. This project may well have you put to use much of your apostolic training. A joint venture such as this could present many mixed emotions when a group has pledged their dedication to each other and the good of the whole. Even the apostles of Jesus found many menial subjects to squabble over; their old traditions brought much confusion when they tried to mix them with the teachings of Jesus.

Although the apostles of old met with much turmoil they were totally dedicated to the Master and to their cause, with some exception of course. The apostles found energy and strength within their common circle of brothers, each assisting the other without thought, without apprehension, or concern of 'being bothered.' Much in this circle of men were examples of juvenile behavior, but I must say, the love between members did much to overcome irrational behaviors.

Picture if you will, this Teaching Mission group as a circle of light. Every now and then this circle increases and at times decreases, but nevertheless it always has remained a circle. Your circle of light has not separated, has not been distorted, it always remains the circle. It may increase; it may decrease, but for now, I do declare, this is a profoundly strong and loving circle of light.

Imagine your circle connecting with other Teaching Mission groups. Imagine circles of light connecting to form a strong and lasting chain of light. This chain that is being completed, wraps around this world informing the mortals of this world that you are safe within the kingdom of the Father of all.

Ponder for a moment this loving and secure feeling within the heart of every man, woman, and child – not only feeling the connection with our Father, but also in feeling the loving support of fellow mortals around the world. When Earth's inhabitants realize their responsibility to assist their fellow mortals, then do they accept their responsibility to the Supreme Being. Recognition of your duty to do 'good for the whole' brings you one step closer to the age of Light and Life.

Yes, small circles of light do definitely make a positive change – in not only your own soul growth, but that also of the Supreme Being. Take comfort in your space of the circle. Remember, all contribute to the brightness of this circle. I am overjoyed with your dedication to Michael and His Mission. I am thankful to be connected with your circle of light. A few questions?

APRIL: Will we remember this life?

ABRAHAM: All that is worthwhile, your inner God Fragment takes in for you to learn and remember and understand. Your inner God will be the judge of what He finds most valuable in your life. Much of your memories that you take in will extend on for more training on the Mansion Worlds. As for family, acquaintances, friends – yes, you will remember for as long as you desire. Much of the useless things of this life will fall away; but again I say, your indwelling Fragment is the keeper of your valuable lessons learned here on this world. Does this help? (April: Yes.) Abraham: One more question?

AARON: Father Abraham, I have been reading the Urantia Book – and I have not just started at the front moving toward the back, but have read some in front and then in the back, going back and forth – and I find in the first section, particularly in the introduction, that the person presenting the paper is very concise, very oriented toward semantics and very precise. I find in the story of Adam and Eve, for example, the person relating the story is much more concerned, seems to me anyway, with the rightness or wrongness of what Adam and Eve did. Then I find later in the book – in Paper 100 for example, and also in Papers 139 and 140 – I find an amazing

amount of love, compassion, and an understanding of all the foibles that go on here on Urantia. I see that there is something of a personality to each of the people that are presenting these papers. It occurred to me that – and I ask of your understanding here – along with that personality, is there also some form of prejudice that goes along with that personality? Is there a way of looking at things as “the way?” or are each of these people looking at things from their own perception and perspective – and therefore, perhaps open to some interpretation?

ABRAHAM: Many of the spiritual beings who presented the papers were also connected with Father's plan to assist the world in the upgrading of the races. The downfall of Adam and Eve was also disappointing to these beings who were all in conjunction with the plan of Father, and perhaps this is what you are detecting, a bit of disappointment, a bit of sadness for those involved in the mistake. The spiritual beings who do present these papers are each so completely honest; and, to the best of their ability, repeat the moments that explain the history of Urantia. Yes, I do agree, the beings are extremely loving and non-judgmental – for that is their job; they do their best to present the history of our world so that you may comprehend it to the best of your ability. Does this help? (Aaron: Yes. Thank you.)

It is my prayer for you that you all grow stronger as a circle and help bring Michael's Mission into fruition. Be not afraid to communicate and accept each other as your sisters and brothers. Until next time, shalom.

Announcements. Youth Ministry In The Correcting Time. Teach Them They Have Much Value

Abraham, WOODS CROSS GROUP 08-07-1995

Back

I am ABRAHAM. My greetings to you. I am amazed with how well you each communicate with your divine guidance. It helps me with my weekly lessons.

In your week did you experience how you affect your circle of light? Did you realize the importance of everyone's place in the circle? I continue to pray for your support of one another. I realize this world appears to be filled with darkness, leaving many of you to feel hopeless. To bring light together to a world filled with so much turmoil is easier done with the support of your fellows. I would like to make a few announcements:

The first announcement: We have been informed that the Urantian youth ministry is in full force. Many of your youth have been contacted, and there are many still to reach. Yes, you are the forerunners of this Mission. You will clear the path for the next generations to continue to usher in Light and Life.

I say to you, your treatment of Urantia's youth is extremely important, more-so now than ever. The Holy Mother Spirit is assisting in the youth project and will assist the Urantia adults to teach the younger generations that they are much valued. There will come a day when value has no age and all are recognized as God's children.

Guardian Angels will also assist in this new youth movement. This will be a movement toward positive growth. Having endured such negativity in family life, mortals now are ready to rebuild the family in a more relaxed and positive way.

I say this with authority, that to truly set this world in the correct direction we must protect and raise our youth as you yourself always desired to be brought up. Is there anyone who did not desire love, acceptance, kindness, laughter, and an atmosphere free from fear? Yes, I do realize much of today's adults are still working on their own inner emotional and mental healings – but as I have said, when you begin to heal another, you are also healed in this process.

Announcement two: The Teaching Staff desires it to be made known they are available. They are willing and await your call. It is desired by the teachers to assist you in helping the youth movement proceed. A reminder: The longer you go between stillness practices, the more difficult it becomes to make contact with your divine guidance or a Teacher. This is not to say that if you do not do the stillness you do not have Adjuster contact/communication – this is to say a little practice goes a long way.

Announcement three: Personal meetings may be requested – providing time and location are convenient for all concerned. It is my desire to speak with each of you – it is helpful for me to plan the direction of teachings for this group. Yes I do know you, and we have met, personally; but I do find it helpful for you all to receive personal attention from me. This concludes my announcements. I would gladly take questions now.

HONORAY: Father Abraham, I have been to your class the first time last week. When we were sitting here talking about making interviews with you, my desire to have a personal interview with you was unspoken, but you picked up on it. I want to thank you for giving me that interview on Tuesday morning, it was wonderful and I feel very much loved by all you Teachers. Also, I appreciate the wonderful kindness that they have shown me. I don't have a question but I did want to thank you, personally, and to let the others here know that you don't have to speak a desire out loud to have an interview with you. You seemed to sense mine. I thank you.

ABRAHAM: Honoray, my daughter, you are completely welcome. I am overjoyed to know you and to see you with those in this group that cherish your friendship. Thank you. Another question?

WENDY: Father Abraham, I want to especially thank you for the lesson tonight; it was moving. I have struggled with when I should start sharing the Urantia Book with my children. It answers many questions. My question tonight would be if I perhaps am blessed with a spiritual name and what would that be?

ABRAHAM: Amarissa. This is as close as I can put it into your language. I am happy to see your enthusiasm to share this good news with your children. I say it is never too early to begin. You are their primary role-model and they shall surely follow your examples. I have full faith in you, my daughter. Yes, your children are included in this Mission. Another question?

CORY: Abraham, when you had a meeting with my dad yesterday you said that we had worked together before. I would like to know – is there a specific time when that was? and also, what is my spiritual name, as well?

ABRAHAM: Yes, I have been with you on occasion when times were difficult. You use my

words to speak to others. I assisted your earthly father in helping you to understand your own inner spirituality. Yes, we have worked together much. One moment. [pause.] Cameron is what you are called on high. Does this help? (Cory: Yes, and thank you.)

AARON: Father Abraham, I have often heard in the past years, recent years, that there are no accidents, that there are no coincidences, and that all things in the material world happen synchronistically. I am wondering, is this true? are there really 'no accidents?' Is there a specific lesson intended with each alignment of material objects?

ABRAHAM: Yes and no. On one hand your statement is correct – many events occur for a specific lesson to be learned; but on the other hand, there are many accidents of time in which your divine Adjuster proceeds to make a lesson out of. I must say, the universe is not as accident-prone as one might believe. It is a universe with great detailed order. Father is wholly capable of maintaining order, yes – and yet, what He deems to be 'order' might appear to us, chaotic. A good question, Aaron. Another question?

CALVIN: Abraham, in that first announcement you made of the Teaching Mission being opened up full-scale to the youth – is this something we will see unfold with further direction on your side throughout the different groups? Or are you saying to us that it's now accepted, and for us to get busy thinking of what we can do – that there will be assignments made, and so forth.

ABRAHAM: The 'youth ministry' has already begun. I am asking your group, your circle of friends, to uphold and support the youth. I also ask you to assist in restoring to them any loss of self-value. Instill in them the knowledge of their son- or daughtership with our Father. Reveal to them of how, even in the slightest inkling, they are enabled to partake and participate in this Mission. Do not overload their minds with detailed items – make it simple; and as they grow, feed them a little more. For example, upon teaching them of our Father, say to them, "I just know Father has great things for you to do. I just know it. I can feel it." And as time passes, explain to them a little more. Tell them of your own spiritual journey, the positive and the negative; and let the young decide when it is they are ready to hear more about the spiritual life. Does this help?

CALVIN: Yes, thank you. I understand that much teaching on your side is being directed to the youth. I can see that very clearly around my situations. Thank you. (Abraham: Yes, correct. You are welcome. Another question?)

MIMI: Abraham, you speak of 'Father.' Is there a 'Mother?' If there is, does she have a voice? Does she have something to say?

ABRAHAM: When I say 'Father,' I use your own worldly terms so that you can conceive of what our Father may entail. Father, the God Absolute of all that is, transcends both Mother and Father – perhaps encompasses both Mother and Father. In answer to your question, yes, there is a female influence, the Holy Mother Spirit. She directs the angels and is in equal partnership with Christ Michael. Very definitely does she have something to say. She is very close to her Urantian children. She will assist

in the youth ministries and shed light on family ideals to the inhabitants of Urantia. These are small tasks in Her enormous responsibilities. May I ask Elward to speak with you on the Divine Minister – which has much explanation in the Urantia Book. As well, you can review her words of comfort to this group just four weeks ago. Does this help? (Mimi: Yes. Thank you.)

If there are no more questions, I would like to express my deepest love and appreciation for each here tonight. Please keep in mind that any age holds value and appreciation within the kingdom. Father's children are ageless. Until next week, shalom.

Definition of a Miracle. Change Toward Godliness and Increased Faith, Is A Miracle
Abraham, WOODS CROSS GROUP 08-14-1995
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I am ABRAHAM. My greetings to you all. I am overjoyed to see how well you interact and apply the lessons of Christ Michael which are presented by my friend, Ham, and myself. When you see the lessons come to life, when you note your own thinking process change, then do you witness a miracle.

Many small miracles occur each day; they come with no spectacular event. The miracles I refer to are more on a smaller scale. These miracles are your own self-realization that you are becoming more God-like. A miracle is when you perceive yourself partaking of the fruits of the spirit – those fruits being: patience, tolerance, forbearance, kindness, understanding, wisdom, and perhaps intuition, yes.

The miracles that we on the teaching staff desire to see are that our students (our fellow co-workers) apply these lessons and reap the harvest of the fruits of the spirit. The definition of miracles 'to mortals' may be somewhat aggrandized. Many are looking for much more spectacular occurrences; many wait in expectation of these grand miracles, and their expectations are usually dashed leaving them with small holes in their blanket of faith.

I have witnessed many grand events, and I have learned to neither hope for them nor expect them to happen. I've learned to take them with an attitude of worshipfulness of our marvelous Father. This is not to say that grand and extraordinary events will not occur; this is to say, the small steps in your spiritual growth should be met with a rejoicing attitude and a word of thanks upon your lips.

Many ask in this mortal life: "Where lies the joy?" "Is this life a constant burden?" "Where do I search for joy in this mortal existence?" I say to you, your joy is right here with you; it is the recognition that your indwelling Monitor has finally broken through the wall of animalistic tendencies and was able to reach your mortal mind.

In the small changes you note in your demeanor (the small positive changes) is where your joy lies. For then, to see these changes is to recognize that your understandings of the Father's teachings are reality. This witnessing of small changes in yourself is to believe that God lives within – and what you have learned is real, and what you believe is real. This is a most dynamic feeling to know that your cup of faith is full and overflowing.

I was where you are, yes, and I know there is no stronger joy than to be one full with faith. Upon recognizing one's faults (or character flaws) this should be a moment to rejoice and praise God; yes, for He has reached for you and you have reached back; He called you and you've answered by your undesired character-flaw recognition. To realize a shortcoming is not to be a moment of self-chastisement, no, it is a moment to be joyful and say, "Yes, I understand." This, my friends, is my definition of a miracle.

The Master tried to persuade the apostles He was not on the Earth to perform miracles or seek self-aggrandizement. Yet, the apostles never did relinquish their hopes for miracles and for the kingdom of God coming in great glory. It is as true today - the Master will not perform miracles, spectacular events, just to gain the faith of His children.

I say, the glorious events are small, yes, but no less important, for it is the small happenings that will usher in Light and Life on this world. It is important not to overlook the small spiritual growth-progressions, for you may also overlook the joy that lies therein. I say, this is truly meaningful and gratifying to recognize this joy, for your indwelling Fragment also knows and shares this joy with you.

Perhaps the re-establishment of the kingdom here on Earth will not come in great glory and spectacular events; but I say, the will of our Father in heaven reigns supreme over the management of a universe. It is the 'human will' we find challenging, for it is the human will that accepts or denies assistance from the spiritual hosts.

Build not your expectations on grand and visually-brilliant occurrences to suddenly appear. If you truly desire to do the will of the Father in heaven, then your expectations are: "Whatever Father wills I accept and support." It is then you can expect your blanket of faith to remain intact. I do not state that this life is just an existence of doldrums and drudgery, no! for I say, with God, yes, all things are possible. I am saying, we might be careful not to overlook the small miracles in our lives.

I would leave you to resume planning Michael's birthday celebration. We, on this side, are looking forward to a marvelous time of worship and fellowship. I will see you there. Shalom.

It Is In Those Small Tasks Wherein We Serve Father and Our Fellows

Abraham, WOODS CROSS GROUP 08-21-1995
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[The Woods Cross group gathered earlier this day for a pot luck dinner in celebration of Michael's mortal birthday. We were joined by our sister-TM group from Pocatello, Idaho. Bill and Virginia (in this picture) are of the Pocatello group. Most Pocatello TM group meetings were held in their mountain-cabin home. Jeremiah (in this picture on the right - Dr. John Wormeck) was a nuclear physicist from

Albuquerque, New Mexico. In the initial Teaching Mission years he drove from New Mexico to Utah each week for these transmissions. Jeremiah passed away in 1997. Bill passed away in mid-September 2003. His wife, Virginia, at the time of this edit (September 16, 2024) is still living in Pocatello.]

I am ABRAHAM. Welcome. I am happy to see you on this historic day on your world. Although many celebrated over the weekend, still many Urantia Book readers are paying tribute to Michael, today. We hope your celebration was a great learning experience for you. It was deemed by Michael that this celebration would not only be festive, but also, educational and experiential.

Many on this day of celebration found themselves in the midst of their personal apostolic ministries. Yes, this day also served as practice in apostleship. It was our hope that no one walked away without learning something about serving in Father's kingdom. I am humbled to be in such a marvelous group eager to be fed the words of truth. I am happy that you have capacity for accepting the work Father has for you.

This work is not glamorous, memorable, or even without difficulty, no. This work can be dull, monotonous, and test our level of tolerance. This is why many are called by the Master, but few choose to endure this duty of apostleship. Many seek a more magnificent task in the kingdom, a task that may perhaps bring much self-glory; but I say, it is the most humble of humans that the most magnificent tasks go to. Those seeking self-glorification will be sadly disappointed, for this is not what Michael's work is about.

The more common tasks from Father or Michael are hidden tasks behind the scenes, tasks that bring no self-credit, no glory, not even much excitement. These are the tasks that you perform without much self-thought, something that you do because of your love for your fellow mortals. Yes, they are small and for the most part go unrecognized by human eyes, but I say it is these small tasks that bring the Father in heaven much glory, much happiness.

It is the small things that glorify our Father, for it says: "This is my child who has learned well, and I am pleased." This is not to say you cannot feel good inside for a good deed committed – yes, of course you can; you can relish in this good feeling with your indwelling Father Fragment, and know that He has taught you well because of His love for you.

However, I do want to clarify between this good feeling of a good deed done, and self-pride. Self-pride gives not credit to the one who teaches you, who has taught you truth, beauty, and goodness. Self-pride has no room for anyone to share in this joy of a good deed committed. You are learning the difference between 'self-pride' and, rejoicing in the goodness that you have learned.

It is with great joy that I say, so many of you are willing to perform the small and seemingly unimportant tasks for the kingdom – without want of self-aggrandizement. It is these little tasks that go unnoticed that lead us further into Light and Life.

To me, no task is unimportant, because it needs to be done in order to progress.

Yes, I do recall a time where I would rather choose the more outstanding duties – to be in the public eye to win affection. This was not wrong, this was human, but as I learned to be more divine, I did not crave this human recognition and affection. It was in my education that I learned of Father's closeness. The closer I became with Father, the less I desired human acceptance, for Father loved me just as I am.

Without the small duties performed by those of your fellows here, your celebration would not have had much meaning. In our Father's kingdom, no task is unimportant and meaningless; it is just another step in your progression. To our Father, all duties, simple or difficult, are meaningful. It matters not if your fellows accredit you with their so-called praise; it matters that you served and you served well – for then do you and your indwelling Father Fragment rejoice in your effort to do His bidding. Are there any questions?

RACHEL: One thing that I would like to say, Father Abraham, I wish that you would accept our love, affection, and appreciation for being our Teacher. And by the same token, please relay our love and affection to Christ Michael, on this day, the anniversary of His birth.

ABRAHAM: Yes. Thank you. I return that affection to you, my students/friends.

CALVIN: Teacher Abraham, as we recognize this day as Michael's anniversary of His birth, are we the first generation to do that? For a time after His passing here two thousand years ago, did his followers recognize August 21st as a special day? or was it ever known – the actual day of Jesus' birth? I am pretty sure that in the recent hundreds of years since, it was probably not known until the Urantia Book. Did He celebrate during His life? or was his birthdate celebrated after His death, is my question.

ABRAHAM: This day is really a day of mortal recognition for Christ Michael. It is mostly dedicated to remembering His life here in the flesh. He is aware of all the wonderful thoughts that come to Him on this day, and He is pleased; but that may be as far as His celebrating goes. You are correct that most mortals do not recognize this day as Michael's birthday, but it is recognized as the books of old say. It is really not so important as to when you celebrate or remember Michael – as long as you think of Him daily as a Brother/Friend that clears the path with you in your journey to Father. Does this help?

CALVIN: It does, except right after His death, did anybody know and carry on His birthday then?

ABRAHAM: Yes, those that wrote about Him did endeavor to spread the knowledge of His life, but it was not until many years after His death that mortals who recognized His presence and knew of His trials in the flesh began to find a day to honor his birth. It was mostly known by word-of-mouth that He was known to have lived and died on this world. And through these stories it was deemed that in celebration of His life, they had chosen a day which fit in as closely as their scriptures accounted. Does this help?

CALVIN: It helps very much, thanks. And, I much enjoyed your lesson. It focuses on our purpose – more of our responsibilities to Father's work and gives us a checkpoint in our lives as of where we are.

RACHEL: Father Abraham, was it from the scriptures that most of the Christians started to celebrate Christ Michael's birthday on the 25th of December? I really don't know how long they have been celebrating it on that day.

ABRAHAM: Yes, this was as close as they could determine. His birth was not as well known as was His death. Another question?

TECTRA: Abraham, you talked quite a bit in your lesson tonight about the common tasks we do, the hidden things that we do in our daily lives in doing Father's will and doing Father's work. Can you give us some words of how to remember that no task is unimportant that we do? How do we remember that in our daily lives? It seems like the daily tasks just go on unnoticed, even by ourselves, and we forget about it.

ABRAHAM: Yes, understood. Perform your task as if the Master was right there with you – as if He had trained you and you were demonstrating to Him of the excellent manner in which He taught you. This, I know, is easier said than done. Look at your task as the low, bottom stair on a steep staircase. This staircase leads you to your Paradise destination. For each task you perform, you take a step. For each dull task you are doing, think to yourself: "This is another stair I can climb, and I am getting closer and closer to my Paradise destination." Yes, I understand this sounds simple. Does this help? (Tectra: Yes, very much.)

JEANA: Abraham, how do we know when we are maybe helping someone too much? It might even be hurting us by overly helping them – whether it is costing us too much money, or if they are taking advantage of us. How far should we go to help other people? Should we worry about being taken advantage of? Or should we put our foot down sometimes and stop, knowing we can only do so much, and quit enabling? Sometimes I don't know when to quit doing something for someone else when it might be hurting them or hurting me by doing too much for them. So I'm asking, should we always just keep doing good for others? or should there be a stopping-point where you just say no sometimes?

ABRAHAM: Yes, you are correct. The Master would always go an extra mile for His fellow man, but the Master was also a man of intelligence. He did not enable a person to lie down before their struggles by over-helping. He also overcame evil with goodness and honesty. When He was in the throes of being taken advantage of, He would shower a person with His love and then be on His way, for He was no longer available to be taken advantage of. He was forthright and honest with His fellows. Those that understood Him accepted His love and did not lie down before their troubles, but did cloak themselves in the Master's confidence and love for them, and did stand and battle their struggles without complaint. Those that still attempted to take advantage were confronted by His honesty, and they would usually flee from Him. If you feel you are taken advantage of, then I say, confront this person. Let this person know of your feelings and that you will neither enable him to lie down before his troubles – nor, will you stand for this indignant behavior to be thrust

upon you. Does this help? (Jeana: Yes. Thank you.) Abraham: If there are no more questions...

CALVIN: I have a simple quick question from Wally; he is a guy at work who seems to have a lot of discussion with me. You may want to save it for another meeting, but I told him I would ask. He wanted me to read this like he wrote it. "Why you had him say what he said in Virginia about his brother?" Whatever that means; he thinks you would know. I don't know if he is trying to find a man behind the curtain, or what.

ABRAHAM: [Long pause.] Say to him, he is invited here to ask me in person. I leave you now with my love. My prayer is that you will be patient with yourselves and know that you do not shoulder the burden of this life alone. Shalom.

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Exercise in Disillusionment. Connect With the Master To Help Move His Mission Forward

Abraham, WOODS CROSS GROUP 09-04-1995

Back

I am ABRAHAM. Welcome to you all. I especially enjoy your stories about your daily learning of Father's lessons that occur during the week. My lesson on transitions in your mortal life, as well as your divine path, will take much self-conditioning to become used to change, to accept changes more readily and not to fear them.

As time passes, you will look forward to these changes and greet them with enthusiasm. I am even now always uplifted by the changes the Father has for me; I have learned to be open to His will. These transition times are more simple, and I am most honored to be included in the transitions of this local universe.

These last weeks, I have spoken much on serving as apostles. I let it be made known that this work for Michael's Mission is not at times very exciting or brings glory to individuals who serve. I am praying that those who serve Michael and His Mission will not be discouraged or deterred from the desire to serve and assist in ushering this world farther into the stages of Light and Life.

My purpose for these last few lessons is to assist you in finding the correct course to take to help further this Mission and your individual growth. I suppose I look at these lessons as sort of a time to disillusion the mystical essence some may hold regarding these lessons and our apostolic training, when in fact this whole production is rather normal and without spectacular events. I say, those left standing after this exercise in disillusionment will be those most effective in serving in this Mission.

I am aware of the many pitfalls and stumblings you have endured; but I say to you now, these stumblings were quite necessary to bring you to this moment in learning how to assist in uplifting the spiritual capacity for this world. It is not my place to disenchant you or take from you the excitement of serving as an apostle - it is my hope I can bring more reality and assist you in integrating your spiritual education with your human endeavors.

I say, this communication is not magic. This form of communication

(transmission-receiving) is quite normal, for you see it is done every day, all the time; and whether mortals are aware or not is not the important factor of this communication – the important factor to understand is, yes, God has reached them.

I find it (this Mission) like your armed forces basic training: You volunteer; you enter basic training. The drill sergeant may remove your previous notions about the military – he may even remove your misconceptions in a rather harsh manner. When the mind is free to receive correct perceptions about this new soldier's duties, he is then well prepared to receive, for his old ideas have been disillusioned, and the new recruit is ready to be trained in the manner that will best suit his duties as a soldier.

In a manner of speaking, the soldier's mind was somewhat like a chalkboard wherein the old ideas were erased to make room for new ideas and maps that would assist him in the future. I say to you, this is a part of our Mission – this disillusionment is appropriate now that you have experienced many expected illusions.

I hope to bring heaven right before your eyes. I endeavor to make your apostleship a reality. I hope to make secure the foundation for this Mission to be built. It is my purpose to remove fear in your training that you might better serve your fellows. To make your apostleship more of a reality I am to first remove the mystical ideas; this mystical-thinking does not make for a good foundation, it is too far from your reality, from your realm of thought processes.

To make your apostolic service more of a reality I must also help you to connect with the Master. Those that have studied His life know that He was not in favor of erroneous mystical-thinking. He, the Master, was very solid. He knew whom He served. He knew why he served and therefore, He was taught how. The Master was human and divine just as you are. The Master did not have the same pitfalls that you have experienced, but He does know of the ideas that can be subjected onto believers.

Yes, the Master was firmly grounded. He lived day to day knowing that the joy of the universe filled Him and those connected with Him. He knew the source from where His joy came. This joy the Master experienced is only possible through the learning of spirituality and making it real in your lives.

To hang on to old ways of thinking is to close off any incoming ideas. Those ideas that stay with you are indeed realities for you, and they will stay with you without any effort on your part to remember them. You will find, the closer you draw to the Master, the more your spiritual life becomes real. Yes, learn from Him. He was divine, yes, and yet His intellect served Him in His bestowal to this world. Yes, the Father endows us with many gifts, and we would be wise to utilize each gift He has given to us. A few questions?

CALVIN: I had a thought during your lesson about the Master and His life here wherein he had a lot of brothers and sisters. This is way off the subject of your lesson, so I apologize for it, but from these brothers and sisters, does he have a lot of descendants alive today. Since most of the world does not recognize that he had brothers and sisters they probably wouldn't even know of, or think about, any descendants.

ABRAHAM: Yes, but I say, the strain that could possibly be left by any of Joseph's and Mary's children would be very small, very untraceable. Does that answer?

CALVIN: Yes, it answers everything I wanted to know about it. Also, you talked about the Father's many gifts and etc., and in past lessons from Ham and yourself, you have talked about 'gifts that we have not yet known of.' Are these unknown gifts, gifts that we currently have? that we are not conscious of? or are you referring to gifts available that we have no realization of yet?

ABRAHAM: You are starting to realize these gifts gradually and to clear the fog of illusion. The new senses you receive will become more clear and seem extremely ordinary. These gifts, yes, they will appear as if you always had them, but the inner joy you receive in knowing this will tell you, yes, this is something new. Does this help?

CALVIN: Yes, it helps a lot. I perceive you are saying - that as we see more clearly, we understand the gifts and appreciate them more clearly. (Abraham: Yes.)

CLAIREESA: Abraham, could you be a little more specific about the mystical errors you were talking about?

ABRAHAM: I will give my best effort. Yes, the Urantia Book describes many of the erroneous mystical expectations that hinder your spiritual development. With this Mission, a number of new mystical expectations have occurred. It is my hope that I could assist you in the release of expectations in the areas of abnormalities - things that appear extraordinary, things which produce feelings of fear for the unknown instead of feelings of enthusiasm for what Father may have planned out for us. I do not wish to remove your excitement for Father's mysteries, no. I wish to make them more of a reality; and with some expectation of odd occurrences, this is difficult. I am perhaps explaining regarding the last few lessons as to why we are learning them. It is known that exercises in mysticism can lead to fear that can block off any of Father's realities. I say, this small group right now may appear out of sorts, but at a future date these groups will be countless and appear very average. The Master never did want His kingdom, His Father's kingdom, built on miracles or erroneous thinking. Most of you have experienced this erroneous thinking and are knowing of the difference, and are quite capable of distinguishing between Father and fanaticism. I perhaps teach this tonight also to assist you in your endeavors to teach others - that Father is not strange and unknown, but He is loving and real. Does this help?

CLAIREESA: Yes, somewhat. Is it wrong for me to consider God's involvement in my life and His love for me, as a miracle? Is that an error in thinking?

ABRAHAM: No, no. This refers back to my lesson on my definition of a miracle. You are correct - to witness Father's fingerprints in your personal life, and to rejoice, is absolutely your miracle. Yes, good. Does this help? (Claireesa: Yes. Thank you.) Abraham: You're welcome.

CALVIN: Abraham, maybe I can see a little bit of what you are saying. At first, like

a few years ago, I would tell others about the evidence of these new awakening days being real, such as: "Wow, look at the Urantia Book, can anybody think up such a book?" "This and that is going to happen, and when you see it happen then you will know," etc. Now it seems as though the evidence is simply the experiences we all have and the little things we have learned from these experiences. Instead of lording an expectation over that new friend to teach, we are shifting to sharing some personal connection we may receive from the Father and knowing that that's the only real growth, soul growth, that there is. That it is not in us 'seeing' something, or even coming to a meeting and hearing great words, but that it is through our experience we have in our daily lives, which is making a lasting and real change.

ABRAHAM: Yes, correct. You can listen and attempt to understand, but until you experience, you are incomplete. This is like our Teaching Mission - Ham came with many great words and teachings, and you listened to say, yes, I agree - just to find yourself later experiencing what he spoke of and truly view his teaching in a new light, becoming more complete. Yes, correct. Another question?

If there are no more questions, I would request that you review my last couple lessons. And, I would also ask you to attempt to locate this subject in the Urantia Book. Yes. I am deeply honored to be in your presence, and I thank you for allowing me to work towards furthering this Mission. Shalom.

The Heavenly Gift of Mind And Intelligence. Use The Gift Of Intellect, But Not Overly So

Abraham, WOODS CROSS GROUP 09-11-1995

Back

I am Abraham. Welcome. I do believe you, my friends, have already begun my lesson without me. It is quite marvelous for me to sit back and be witness to such wonderful teachers.

I am quite hopeful that last week's lesson on disillusionment did not discourage you from your positions as Michael's apostles. I am surely encouraged by your strength and reliability in this Mission to know that you, my friends, can ride out certain storms and stand with an unshakable faith. Your endurance in these storms has secured for you an attitude of steadfastness and strength that only comes from our Father.

I am also wishing to share with you a little about a gift that you have received from our Father that will continuously be helpful through your mortal sojourn here on this world.

Many gifts our Father has bestowed upon His mortal children: We have the spirit which houses the body, which would be useless without the mind. Yes, the mind, your intellect, is a wonderful gift that Father has bestowed upon you to assist you in balancing the various aspects of your mortal life. The intellect is like an anchor that keeps your ship from just floating about the ocean with no direction.

Yes, the mind; without this wonderful gift from our Divine Minister, nothing would be of any use - for it is the mind that houses, so to speak, your indwelling Father

Fragment. It is the mind that integrates the material with the spiritual. It is the mind and intellect that deters you from non-survival.

It is in this place of intellect where the Father gets acquainted with His child. When I speak of intellect, I do not measure this with college degrees. When I speak of intellect, I speak of the capacity one has to receive – to stand with eyes open to receive information and filter out non-truth while keeping what one would believe as truth.

It has been said that some forms of spirituality can lead to fanatical mysticism. In my opinion, I believe this occurs when one does not receive spirituality through the intellect, but possibly only through the heart. You see, when mortals forget the intellect God bestowed upon them, their imaginings become their reality.

There is much more meaning in the phrase 'common sense' than you may possibly realize. Without intellectual pondering upon spiritual realities, the mind may become off-balance; realities may be distorted, and animalistic tendencies come to life. Yes, to be spiritual, to be close to Father, is good. To utilize the mind which Father and the Universe Mother endowed you with, is even better.

When you think about the Master, when you study about His life, you find that He was filled with this common sense. When He received some information, this information would filter itself through the intellect. And from there it would perhaps branch off to His divine self – and yes, branch off again to His human self. But I say, it all began at the place where His intelligence joins with His indwelling Father Fragment.

The Master relied upon this heavenly gift of mind and intelligence to discern Father's will. He utilized His intelligence to decide universe decisions. This place where the intellect joins with the spiritual is where you will best be able to discern Father's light upon your path. Your intelligence is extremely important in your endeavors to re-spark the kingdom. I also say, your intelligence is like a shield against fear – your intelligence tells you: 'Father is all the power that ever was and ever will be,' thus your shield deters fear as it trusts our Paradise Father.

I must also admonish you not to come too far over on the side of intellect. This creates an imbalance with your spirituality causing terrible episodes of doubt and confusion. An intellectual person may reason 'there is no God – I cannot see Him, therefore He does not exist.' This intellectual person has become imbalanced. A person balanced with spirituality and intellect might say: "I cannot see God either, but I can feel His presence. I can see His magnificent work in the world, and I can view the world as a whole." This person is open to endless possibilities. This person is more balanced.

So you see, your intelligence can be an ally, or an enemy. This is why balance is very important. To maintain good spiritual growth there must be an intellectual influence. Are there any questions?

RACHEL: Father Abraham, if we commingle faith along with spirituality and our

intellect, and make it a three-way possibility, would that suffice? Would that provide balance?

ABRAHAM: Yes. As a tree branches off, faith is a branch. Many things in this mortal life will come from this branch. Intellect (being perhaps the roots of a tree) feeds into the trunk which acts as a spiritual filter and, from there, branching off into different aspects of spiritual education. As you progress to the morontial worlds, spirituality (your relationship with Father) will be first. Your spiritual life will be more established and the intellectual will go second. Yes indeed, faith is extremely important in balancing and maintaining a human and divine life. Does this help? (Rachel: Yes, it does and I thank you.) Abraham: You're welcome.

JAMES: Abraham, if I understood you correctly, earlier you said that our intellect should act as a brake for our imagination. Now if that is what you meant to say, how does that reconcile with the statement in the Urantia Book that the Thought Adjuster works efficiently when we are in a state of creative imagination?

ABRAHAM: Yes, this is yet another branch, another direction. Creative imagination leans more towards the spiritual aspects of your life – this has no anchor. But to discern what is fanatical mysticism is another area of which to be on guard. This will lean heavily upon your intelligence – which is bestowed to you by the Divine Minister and her adjutant mind-spirits, who will assist. Does this help?

JAMES: Yes, it does. When you are using the term 'imagination' you seem to be associating that with mystical or religious fanaticism. Is that correct?

ABRAHAM: I understand now. I mean not to imply your creative imagination, but your imaginings – something you imagine to be real but perhaps is only from your imagination. As it is with those who believe Caligastia still exists and governs this planet – this belief will cause them to imagine his influence in their lives. If this person was to filter this information through their intellect, they would reason that Father is maintaining control over this planet and the devil has no power. Creativity, pure creativity, is such as this process of transmission-receiving – it is alive with energy; and I say, intellect is not so much used in this area, but one is to allow the flow of divine inspiration. Yes, it is used somewhat in creating a piece of art; but to reason with creative imagination would almost be to stop it; it would be to doubt it is actually occurring. As it is with this process of transmission-receiving, the transmission-receiver leans toward the side of creative imagination using intellect as a sort of back up. To lean on the side of total intellect would be for a transmission-receiver to reason that this process, this form of communication, is not reality. Also in the category of creative imagination, is worship. In worship, we lean mostly toward the side of spiritual receiving, yes; and the worshipping, and using the intellect, comes second. But I say, in worshipping, the intellect is very important so as to maintain balance. Yes, the balancing of the spiritual and the intellectual is an important lesson for mortals to learn. Does this help? (James: Yes, thank you.)

CALVIN: Abraham, I had a thought during that. It is one thing for us to follow the will of the Father – like some people may think to put one's self in neutral and tune in to Him with His incoming will, and then just follow that – and it is another

thing to do as you are saying, to reason what you should do in what His will is and follow your reasoning. Does that make sense? So following the will of the Father is....

ABRAHAM: Understood. Say you, Calvin, were to perceive you received some divine inspiration and yet it was very strange, perhaps harmful in some way, would you not filter this through your intellect? Would you not take this information to the point where your intellect and indwelling Adjuster meet? My point in this lesson tonight is to help you to maintain a level platform on which to build your spiritual growth. And I say, to go off-balance too far towards the spiritual, or toward the intellect, is to interfere with the Father's blueprints. Let me say this: the mind (the intellect) is a gift from our Father and our Divine Minister. If you seek His will, then it is not a problem to confirm Father's ideas with your intellect. Do you see, that it (your intelligence) is from our Father; yes, it all ties together. Does this make sense?

CALVIN: Yes it does, very much. And I would just like to say for the record so it will be typed and on this tape recording - welcome back, to Joshua. For the past two years he's been walking around with tubes hanging out of him, and now no more tubes and he's looking pretty darn good.

ABRAHAM: Welcome Joshua. (Joshua: Thank you.) Abraham: I have been expecting you. Another question?

JOSHUA: May I ask a question that is not related to the lesson? (Abraham: Certainly.) Joshua: Could you give us an approximate number of how many Teacher groups there are?

ABRAHAM: It is in my information that this number is not known now because along with new and budding groups, other groups are dissipating, fading out. I am informed that the groups that are staying are in a fairly large number. It is these groups that will assist in ushering Light and Life to this world. I would also like to say that along with our Teaching Mission groups are there many individuals that are not group members but serve as apostles of Michael. You may perhaps want to think of all those in this Mission as one group serving in one common goal; and there are others in other groups having their divine-led goals. Does this help. (Joshua: Yes, Father Abraham, and thank you very much.) Abraham: You're welcome. Any more questions?

CAMMYEN: Abraham, seeing the enlightenment that is coming to a lot of intellectual people in all different capacities, such as in medicine and in technology - in many areas on the earth now, it seems to be growing very very quickly the amount of knowledge that is coming to us in many different areas. I have wondered often if this is just 'their' intellectual progress? Or, if there is spiritual enlightenment that is helping them to gain this knowledge so quickly, and that is becoming very beneficial to us.

ABRAHAM: Yes. Spiritual enlightenment is for everyone. The intellectual groups are finding that this intelligence comes from somewhere, and without attempting to locate the source of this intelligence is to live an almost meaningless life. Yes, the spirit moves with them also. Does this answer? (Cammyen: Yes, thank you.)

Abraham: One more question?

JAMES: Okay, I'll ask one. There are a lot of people who claim to be Christians, as you know; each professing something a little different and are often at great odds with each other. I don't know how specific I should get. But I'll try this: I think of people who associate with, for example, the Christian Coalition – they believe with all their heart that they are bringing the teachings of Jesus and the morals that He taught to the political arena to uplift our country. And yet other Christian's don't feel that way at all – they perceive the Christian Coalition as being fanatical and even destructive in some ways. How is it that all of us people on this planet who want to profess our love for Jesus – how is it we see Him so differently and see His ideal as being so different? Are we even worshipping, so to speak, the same person? Any comment you have on that, I would appreciate. It gets a little confusing.

ABRAHAM: A very intelligent question. There are so many different sources of religion – each with their own dogma, doctrine, and creed. All mortals wish to be totally devoted to their beliefs and religious organizations. But I say, right now (as far as groups go) I do not recommend mixing church and government. Government is one group. Religious groups are too varied. Wars have been fought over the many beliefs. But I say, the Master is not relying on the religion written on paper in books. The Master, His religion, is a living religion, and becoming more of a reality every day. I believe the Master would perhaps advise to respect these different organizations; not to lure one group to believe as you, but perhaps focus upon the positive aspect of each religion. I say, not too long from now those that are awakening within this era will out-number those in organized religion, and the scales will begin to balance out. It is heartache for the angels to witness mortals fight amongst themselves over their beliefs. Also, the angels do know that mortals are basically goodhearted and are each desiring what they think Father would want. It is our hope in this Mission that mortals will realize they all live on the same world and experience the same sorrows and the same joys; we hope they learn to respect each other's diversities – and above all, cease to be so judgmental of one another. Does this help? (James: Very much. Thank you.) Abraham: You're welcome.

I thank you all for allowing me to be with you this evening. It is an honor to serve with you who are both spiritual and intellectually balanced. Until next week, shalom.

Questions About Trust. How Does Our Mortal Mind Coordinate With Spiritual Growth
Abraham, WOODS CROSS GROUP 09-18-1995

Back

I am ABRAHAM. Welcome. How was your week in learning of, and fulfilling your apostleship duties? I found our apostolic students were in full service. I must say I am pleased at the happenings in Idaho. At our gathering, my main point, my message, was delivered and well received. I view that as a mark of success in our ongoing Mission. We, the Teaching Staff, have desired to see more group unification within the Teaching Mission; and as such, we give a mark of success from our weekend's gathering. [Editor's note: Some members of the Woods Cross group had, over the weekend, traveled to Pocatello, Idaho to share a message from Abraham to their

Teaching Mission group.]

I find that such spiritual insights fill me with such a gratitude that I have no words to describe. I feel such thankfulness that I have attained this spiritual knowledge which I have sought. At times I can hardly control my glee at seeing the Father's fingerprints in my mortal pathway. I know you also hold this same feeling of gratitude towards our Heavenly Parent.

I would like to make a few comments and give possibly a few suggestions: This type of communication (the transmission-receiving process) can at times become a little too much, too lengthy – and therefore, losing some of its substance. It is my desire tonight to keep my words short and possibly ask you to study on those things/subjects in which we have already covered – of course using your Urantia text and possibly the teachings of Ham. It is my desire not to throw too much at you all at once. Therefore, I would ask you to research more on the subject of the mortal mind and how it coordinates with your spiritual growth.

I would be most happy to answer any questions you might have tonight. Please feel comfortable and free to inquire about anything.

ROLAND: Abraham, during last weekend some things became clear to me in respect to meditation and my seeking the will of the Father. I would like to check that out with your perception. In this mortal life it seems we have a very difficult time finding the will of the Father for us in our activities. For me, I am out searching for that sporadically. But what has become clear is that we can't know that (the seeking of Father's will) as a long-term experience; we can only know it in the moment of knowing, and that is a different perception for me. I thought if I started on the path of knowing the will of the Father, I would know it all the time – or even 'generally' know what it was all about. For us to seek the will of the Father continually, I would be in a continual prayerful attitude asking for clarification about that throughout the day through prayer and through meditation. And in the stilling of the mind we receive intuitions and inspirations of what that is for us that day. And that is a kind of a change of perception for me. I wonder whether that's correct. Could you add or comment about that in our seeking to do the will of the Father?

ABRAHAM: Yes, you are mostly correct. The will of God is ever-changing to suit His child's needs and educate what this child needs to know. The will of God is like truth – expanding. It is unlike a pond that sits with no fresh water ever being added or ever evaporating, no, for Father's will is living and moving. The only thing that stands in the way of Father's will is His child's will. Without a continuous surrendering to the Father's will it is quite difficult for Father to reach His child, and for the child to know what the Father's will is. So yes, surrendering is important. The acceptance of Father's will is also as important. If you are unwilling to perhaps follow through with the lesson Father may have, it is not possible for you to reap the joy that would have come upon completing this lesson. If you are unaccepting of God's decisions, this does build a barrier between you and your Father – a barrier in trusting, that our God is in complete control of the universes, and none other has this absolute power and order. To trust our Father is to say, 'Yes, my Father knows me better than anyone. He sits the lessons before

me, and I accept what He puts before me and will give it my best effort.' This is just as the Master spoke, for He said: "Yes, you are capable of drinking of my cup. The question is: Are you willing?" To be 'willing' and 'accepting' is to also 'have trust in your universal Father.' To trust Him is to be in His will. Does this help?

ROLAND: Probably more-so when I re-read it. It seems to me - when I recognize my infancy, my smallness, I think that my being in this mortal state is ninety-nine percent flawed, and one-percent perfect. I am a son of God, yes, but a very very embryonic son. One just barely becoming aware of His power within my life, and so when you said perhaps there was an unwillingness to drink of the bitter cup, that's completely right. Whenever it is set before me I look at it and think that maybe I'll just take a sip. I recognize my incompleteness of consecration to the full-hearted drinking of the full cup which I fear to be full of difficulty and challenge. And of those lessons to be learned, I know that I am not learning them because I short circuit them, and I am fully aware of that. I guess what I am really seeking to do is to find the balance between having to plan my life in the intellectual way of trying to put together the pieces and parts to make it flow in a material world to maintain my material self, and to be doing so in coordination with what I perceive to be God's will for me - granting that my perception is so flawed and so distorted by my experience in this dark world. I am really looking for a way to be more in tune with God's will for me, recognizing that I may not be in complete harmony with it. I see what you are saying and I seek more direction of a simple way because I am a simple mind.

ABRAHAM: Is it difficult for you to believe that you cannot do everything perfectly? Does it trouble you to fall short of your expectations?

ROLAND: Actually, yes, it is one of the things that I have come to learn, from this Mission-experience in the last four years; recognizing that in my imperfection I am becoming comfortable with being imperfect. I am becoming comfortable in knowing that God has already forgiven me for the things that I have done errantly. Yes, it is very difficult to see that I have not completely surrendered to God's will. It is difficult because each day I am faced with decisions that have to do with a material life. I would really like to get to a place where I could completely surrender to His will. It is the most joyful place I have ever been when that happens.

ABRAHAM: My perception is that the 'trust' that should be there with your Paradise Parent, is lacking. This is quite normal at this stage of mortal existence. Many are afraid to 'let go and let God,' for their faith wavers and they are scared they will be let down; and this is because you have been humanly let down. When your faith in God has been built up is when you realize, 'this is my Father who is unlike any human example, He will not let me down.' You may not always understand what God sets before you, but you can certainly learn to trust that He sat this before you for your own spiritual education and because of His total love for you. Learning to do the will of our Father is like trying to reach the top story of a building - there are many floors that you must stop at before you can reach the top; trust being a very important floor, and one you must spend much time at in learning and understanding each successive level. You cannot just ride the elevator to the top. You must stop at each floor, spending time on each one, learning:

1. You learn you are really not in control of your divine path.
2. You learn God is.
3. Acceptance for God's path is another floor.
4. Fully trusting Him (our Father) is still another.

It is difficult for me to explain our perfect Paradise Parents. I don't know how to tell you – they are so unlike anything you know here. They are fully worthy of your trust, and this is a wonderful step you take in your spiritual attainment. Does this answer a little more?

ROLAND: Yes, it does. Just in summation: It seems to me like what I should be working on is acceptance of the lessons that I should learn on these floors. In the allegory of the building – perhaps rather than my trying so hard to seek to do the will of the Father, maybe it is simply that His will is that I learn these different facets of getting to this place He has already placed me, so that I may actually be in the harmonious flow of it. Yes, that makes a lot of sense to me in my own level of understanding. And yes, 'trust' is one of those things which I must develop more attunement to in learning the lessons required of me on my path. Thank you. (Abraham: Yes, you understand, and you are welcome. Another question?)

JAMES: I have a follow-up – to pursue Roland's line of questioning. The idea of having trust in God is a little bit confusing to me because when I see the circumstances of the world, I see the apparent chaos and tragedy and the suffering that is so prevalent on this planet. And I ask myself, "Is this God's will that there should be this suffering? and if so, then is that the scenario that I am to accept in my accepting the lessons that God has laid before me?" It seems to me the mess this world is in is man's doing, and that God would be a little unhappy about the situation down here. And therefore, given the state of the world right now, which does not reflect His will, maybe I shouldn't be accepting of the circumstances before me. Just listening to myself describe that, further convinces me that I am confused. [laughter.] Can you address this confusion?

ABRAHAM: Might I begin by asking you a question? (James; Yes.) Abraham: Have you ever, in the midst of trouble, put your full and unwavering trust in Father that He would see you through?

JAMES: I would say, I have put my hope in Father, but I wasn't assured in my own mind that things would turn out okay. I 'hoped' that they would, yes.

ABRAHAM: Understood. An experiment for you: Upon your next experience of conflict, say to yourself and to your Father: "My Heavenly Parent, I am unable to understand and deal with this conflict. I put my full trust in you to see me through." Yes, I find that many times when mortals have no choice, they will finally lay their problems in God's hands; they have to be almost forced into this decision. Very seldom do Father's children come to Him when all is going well and say, "You are a God of greatness, and I fully trust in your ability to guide me." Yes, as you said, "human will reigns supreme in the hearts of men and women on this world;" but I say to you, that time is coming to an end. With this planetary awakening, the mortals of this world will align their hearts, their wills, with those that created them. Some

things that occur are God's will; and some things are not, yes. I cannot say what is and what should be acceptable to believe. As a fellow sojourner I cannot say to another, 'This is God's will, and this is not.'

JAMES: If I attempt to trust God, I have the feeling that it won't necessarily protect me from hardship, from pain or sorrow. Is this true?

ABRAHAM: Yes, this is true. It is the cup that Michael speaks of, but it is a cup you do not drink alone. A full trusting attitude in our Paradise parenting does, however, protect us from mental agony, and from strain and punishment on our physical. Said Jesus: "I cannot traverse the waters of adversity for you, but I can go with you, step by step, through them." This trust is a difficult thing for mortals. They put their trust in each other and are many times disappointed. They are untrusting of their mortal acquaintances, and therefore they are conditioned to not trust. Yes, it is unbalanced to have faith and not trust. To have a blanket of faith with your threads going one way and the threads of trust crossing over them, is more complete, is filled with strength and durability and comfort. Without the threads of trust, the blanket of faith is just threads. I say, God is unlike any human you have ever encountered. He is most reliable, and it would be wise to disassociate God with any human example in your lives. Yes, we will study more/further on the issue of trust. Did this help? (James: Yes, very much. Thank you for your kindness and explanation.) Abraham: Another question?

ELWARD: Abraham, each morning when I have stillness, I try to dedicate that day to doing the Father's will and let my will and His will coincide. I found that if I don't do what is most appropriate then I can experience difficulty. But when I realize that difficulty is the result of my lack of doing His will, and I am willing to take responsibility for that, it makes things seem to get better. Is this the right approach in learning to do the Father's will?

ABRAHAM: You are in understanding. It is quite obvious you have much trust in God's overcare in your daily dealings. Yes, good. Does this answer? (Elward: Yes.) Another question?

ROINDA: I would mostly like to hear from you, Abraham, on 'my feelings of being unworthy.' I do trust, yes, that if I ask, Father will be there for me - but I have a hard time actually 'asking' when I feel so undeserving. I just need some encouragement; if you could address that?

ABRAHAM: Certainly. Some view petitions to Father like a certain amount of coins in a bank. They view this bank as limited. They say, I want to save my coins for a really important petition I may have someday, so they save their coins. They wait until they are desperate for Father's love and watchcare. This is imbalanced thinking. I say, it is perfectly acceptable to ask for His guidance in all that you do - for when you ask, you are surrendering your own desires for a specific outcome and are relying on God's will. I say, there is no bank of limited petitions you can ask of Father. I say to you, it matters not the importance of your petition - what matters is that you are sincerely seeking God's will and His guidance. Father does not choose which of His children are more needy, more affected by conflicts or disasters. He does not pick and choose what child to assist. Father answers all His

sincere petitioners who are making an effort to do everything humanly possible to resolve their human struggles. Yes, Father is no respecter of persons. He answers each and every one. He is always there to guide you when you have asked. Does this help? (Roinda: Yes. Thank you.)

ELLEN: Abraham, Bill Kelly of Pocatello, said he would put your teachings on the Internet, and I was wondering if you would want us to do that or not?

ABRAHAM: I am willing that he do this. Acceptable. (Ellen: Thank you.)

ANTHONY: Yes. I have a couple questions: I have been talking with my brother about the Urantia Book where it mentions that parts of the Old Testament are altogether human in origin; it troubles him very much. And also, the sections where it talks about Jesus having lived up to the requirements at the time of His baptism so that the next section of the Master's life could begin – being His personal ministry. Could you shed some light on those, please?

ABRAHAM: Is this your question, or your brother's question?

ANTHONY: His, yes, but I think it is my question, as well. I would like to share with him an understanding without disturbing him so much. As you know, he is my twin brother and is quite Bible-based. He thinks I am going to hell for believing in the Urantia Book.

ABRAHAM: I am in understanding that what would make him most comfortable is to tell him what he already believes; this is common. You fully know your brother and you are best able to discern the words he is most comfortable with. Once these conversations become disagreements or quarrels, the subject needs to be left alone. We have assigned a Teacher for you both. You must have patience and choose your words, and your Teacher will advise you both – on how to believe differently and still have harmony as brothers. Anthony, could you bring these two questions you asked, back to me next week, for my connection is lessening.

Know that I will be with you in your studies throughout the week. Shalom.

Human Worries | If One Believes Father Rules A Universe Then Why Worry | Tithing and Sacrifice

Abraham, WOODS CROSS GROUP 09-25-1995

Back

I am ABRAHAM. I am happy to be with you tonight. As you discuss these topics of our lessons amongst your group of friends, my associates and I also discuss our own viewpoints. We are pleased with your understanding, and even more-so are we pleased with your willingness to remain the learners.

How did your study on the mind and its relationship to spirituality progress? I realize this area of study is extremely wide in variety and it at times appears to be too much. I fully recognize your susceptibility to be overwhelmed by not only the spiritual factors but also the scientific and philosophical factors. Yes, we will start on a smaller scale than what many of you have discussed.

The human mind is filled with many varying degrees of worry, fear, and the stresses of daily living; it takes a certain toll on your physical well-being. If your mind is plagued with worries it is difficult for your indwelling Fragment to assist you in your struggles. One thing in particular I have witnessed, and that is the human reaction of 'impatience for conclusions.'

Many times we are in anxiety over 'results,' and desire immediate conclusion to our daily struggles. Yes, even when it is most desired by mortals to do as Father would have them do - mortals very much desire to do that thing quickly, and then move on. This impatience creates a mental agony that then creates an outgoing radio wave, so to speak, a radio wave of negativity and the fear of looking bad, looking as though they are less than what their mortal counterparts perceive them to be.

The image of oneself is a desire to be good and without flaws; and when human flaws are obvious, mortals tend to withdraw or to cover-up. This is a worry that takes a lot of energy from the body and mind. This is an unrealistic image to portray to your fellows.

It is known by the majority of your planet that no one person is absolutely perfect, but perfection is absolutely desired by all. To be released of the worry of having to hide any imperfections would be to free humankind to proclaim, "We are one family with one Father." To be free from worry is to say: "Yes, I trust in my Paradise Father who knows me more than I know myself, and He leads me Paradise-ward."

It is my lesson tonight - to take one branch of our tree in the areas of the mind and our spiritual growth, and help to make this branch stronger by pruning off the smaller branches that are entangled with it, and which affect this branch's growth. Yes, this branch shall be called 'human worries.'

Worrying, many times can't be helped; it is part of who and what mortals are. At times this worry is seemingly just a habit for an idle mind, and at other times this worry can be linked to fear and not trusting in the Paradise Parents. To truly believe - "Yes, I am a child of God; and yes, I am here on this world for a purpose, and I truly believe there is a God within me." - to proclaim this is to be free from worry, anxiety, and certain stresses on the physical.

Your physicians are quite aware that constant worry and anxiety causes much of your health problems of today. The physicians just are not qualified to help reveal each individual's God within. I say to you, it is the individual's responsibility to discover their Father and trust in His ability to guide and care for them.

It is known that as infants are cared-for, they revere their parents as the sum of their total existence. Parents provide love, nourishment, shelter. This infant is familiar with this parent's face, scent, physical emotions, and moods - this infant knows nothing else. This infant is reliant upon this parent for everything. As this infant grows into a small child it realizes the hardships they must face in life. They look to their parent: "Where are you now!" they ask, "Why can't you stop my pain?" The good parent responds: "You must learn this, my child. I cannot do this for you; I can only advise you on how I would do this. I can even go with you, but

you must take this responsibility on for your own."

This is like our spiritual infancy. God has provided us with the necessities to get started on our spiritual pathway, and at times on this spiritual pathway we come to a rough spot – we ask our Father: "Where are you now, Father? Can you not just lift me over this rough spot and I will be on my way?" And the good Father responds: "You are my child whom I love deeply. I am unable to lift you, for my love tells me you must learn to traverse this path. I can only show you how I would go about it if you so desire. I can even go with you if you will allow."

Yes, it is because of our Father's deep and abiding love for us that we traverse these many lessons. I say if Father was to have your full trust, you would find yourselves rejoicing in His watchcare over you; you would find there really is not much to worry about. Said Jesus: "My yoke is easy and my burden is light." This remains true to this day.

Jesus trusted in His Father's abilities, and He worried not, for Jesus knew in His heart He most desired to do the will of His Father in heaven. His mind was free from worry and anxiety. Jesus knew He did not have to worry about discerning Father's will, for He knew Father's will 'just happens' – it is nothing we can make happen or even be aware it is happening; we can only trust in our Father's abilities and know Father's will is happening. It is my desire to receive only a few questions.

WILLEENA: Abraham, I would like to ask about tithing. I am not familiar with Urantia's views about tithing. Could you address that?

ABRAHAM: It is in your Urantia Book text. Your brothers and sisters here may be able to direct you to the correct pages; but I can say, tithing to a specific organization or person or cause needs to come directly from the heart. If it (your tithe) is a task that appears to be easy and without a lot of thought going into it, then I say, feel free. If this tithe given is felt to be in the best interest of the receivers, and not given out of seeking self-glorification or possibly the thought of what one may appear to be if they do not tithe – then yes, feel free. The apostles took care of one another to further the growth of the kingdom. I would say if your donation would further the growth of the kingdom in any small way, then please feel free to give. Does this help? (Willeena: Yes, thank you.) Abraham: You're welcome. One more question?

HELEN: Abraham, I was wondering if there is anything I might do to be a more effective servant to the Father? I am having a hard time putting it into words. I have been trying to make myself as clear as possible, to be a clearer conduit, and to be a healing servant from the Father.

ABRAHAM: It is my opinion you do well. Many obstacles have you overcome and you are very much trained in the area of compassion. You have been very effective. What makes you think otherwise?

HELEN: Sometimes I am just unsure of what I am hearing – you know, are they my own thoughts? or thoughts that I should just go with. Should I just let that concern go, and go with whatever comes in? I just feel like sometimes I could be more effective.

I feel like I am kind of just muddling through my day in not any clear direction. I guess that is part of the learning process, but I'm not sure.

ABRAHAM: Yes, understood. I would advise or suggest you take your spirit inspirations and weigh them with your intellect; attempt to foresee the outcome of your divine intuitions before exercising them. Yes, the intellect is extremely important in assisting your fellows. Yes, intuitions are many times right and very helpful, but not always; therefore, I would advise to filter them through your intellectual understanding and attempt to foresee the outcome of actions taken. If you foresee a fruitful ending to your actions then I say, this is good. I say to you, Helen, you do well, as do the rest of my friends and students in this circle of light.

I wish to address more of your questions next week. Until then, I ask you to keep a check on your level of worry and ask yourself: "Do I believe my Father is really the Father of all fathers? Do I believe He is capable of creating superuniverses?" If your answer is 'Yes' then I ask you to trust Him with your human worries. Until next week, shalom.

Spiritual Envy And Pride. Where There Is Love There Is Not Envy Nor Pride

Abraham, WOODS CROSS GROUP 10-02-1995

Back

I am ABRAHAM. I am delighted to be with you here this week. I am intrigued by your conversations and amazed by your open attitudes. How did your week of learning to lessen your worries and anxieties turn out? I know this is more easily said than done and it really is a conscious decision to declare: "I trust my Father Fragment and I wholeheartedly turn my worries over to Him." Much worry only adds to your numerous health problems and hampers your spiritual growth.

I am honored to be known as your teacher/friend. I sincerely hope I have assisted you in your human and divine endeavors. I always pray, "Father, if I can assist at least one parent to help their child, let it be so. Father, if I can assist at least one spouse to treat their spouse with love and kindness, let it be so. If I can assist one child to help and aid a parent, let it be so." I hold you all within my heart and I pray for Father to endow me with His wisdom with what He desires you to know.

My friend, Ham, discussed many topics to help you to start this Teaching Mission. His words made a profound difference in your lives. [Ham's lessons which Abraham references are the 1991 and 1992 entries of these MWT.] His example of love and kindness to you did assist you in learning to set this same example for your fellows. It is my sincere desire to assist you; and, like ripples in a pond, my assistance to you would result in you helping your fellows.

Machiventa has proclaimed that this Mission to re-spark the kingdom of heaven, is traveling full speed ahead. Nothing or no one can limit us in our work. You, my friends, have remained steadfast; and you have accepted your seat at Michael's banquet table.

Back to our topic at hand: I wish to say a few words pertaining to the mind and its

effectiveness in spiritual growth. Last week we spoke of worry and anxiety. This week I choose to say a few words on spiritual envy and pride.

As a mortal, it was quite easy for me to sit and say: "I am closer to Father than that person." Or, I would say: "That person is closer to Father than I am, I must give all my effort to be the closest I can be." Little did I realize I was quite active in either spiritual envy – the desire to be like my associates (close to the 'One God'); or spiritual pride, where I imagined myself to be the envy of my fellows.

Working in such close connection with Machiventa, I felt I had God at my fingertips. I assumed in some way I was spiritually superior; and therefore, 'Machiventa came to me.' As my association with Machiventa grew closer, he taught me: "Where there is love there is not envy or pride." "Where Father dwells there is not jealousy or conceit."

Upon learning Father's goodness, I felt no need for envy nor pride. When I learned that all the mortals who walked the Earth were also children of God along with myself, there was no room for jealousy nor conceit. My friend, my brother, my mentor (Machiventa), taught me that truth, beauty, and goodness are always Father's goals. Father is love – love equals truth, beauty, and goodness.

As we learn to believe we are all God's beloved children, we stay away from the idea that a certain person is closer to Father than others; so therefore, this person should lead. This is not reality! all are close to Father whether it be consciously or not consciously – the difference is that awareness we have; and it matters not how aware we are of our brothers' awareness of God, we need to focus on our own awareness.

In your Urantia Book text it says, "The race for perfection is on." This race is not between mortals, not a competition. In my understanding, this quote means you are attaining your own Paradise understandings individually, not in competition with your fellows. Yes, as worry and anxiety can affect your health, so can envy and pride affect your mental capabilities. If you are focused on these poisons of the mind, then perhaps you are less focused on our Father.

Yes, the Divine Minister is remarkably helpful in these areas of the mind. She is ever willing to assist anyone who requests assistance. She is the water of life. She ministers to the children of time and space just as effectively as Michael. Yes, our Universe Parent's nearness to you would probably astound you. These two living examples – the Creator Son and the Holy Mother Spirit – are so magnificent. They assist one another. They are not in any competition for 'who shall do more for the kingdom,' no! they feed into each other's energy supply – they are as one functioning unit.

This is our goal for this group: to act as one functioning unit connecting with others in this Teaching Mission – all acting as one functioning unit. Once you realize the importance of your oneness, then shall you know the Supreme Being; then shall you understand. A few questions.

CALVIN: Abraham, from my viewpoint in our little meeting here, I feel a tremendous oneness. Yes, we may have some rough edges to smooth off as a group, and I appreciate very much your kind words to help us do that so very effectively. Your words are very helpful in my life every week, to reflect on them – and say, yes, I can see it. Maybe I am not changing, but I am recognizing the need to. I am sure that, even slowly, this has to end up in a change as long as that recognition is there. So I thank you, but that is not a question.

ABRAHAM: I am delighted with your balance in conversation. Your seemingly harsh assessments are with a balance of emotion and intellect. This is good. Rough spots, there will always be rough spots, but from what I see, you all do quite well. Thank you. Another question?

JAMES: I have one Abraham. First of all, thank you for a beautiful lesson. My question is about beliefs. It seems like every individual on this world has a unique belief system. We all overlap in some ways, but I'll bet if we sat down and explored our belief systems, sooner or later we would find that we differ with anybody that we would happen to sit down with. So the question that comes to my mind is that when we are trying to share our spiritual belief system with someone else in the sense of spreading the Teaching Mission or spreading the gospel of Jesus – what is it that we're attempting to change in another person's belief system? Because sometimes it seems like in your lessons, and Ham's lessons, that we are supposed to be tolerant of other people's belief systems. It almost leaves me with the impression that we really shouldn't attempt to change anybody else's belief system then, so all beliefs systems are okay? If so, then I don't get what we are supposed to be doing in our sort of proselytizing in a sense. Trying to enlighten other people seems presumptuous to think that anybody can enlighten anybody else if all belief systems are basically on an equal playing field. If that question makes any sense at all to you, I would appreciate any comment.

ABRAHAM: Yes. Correct are you in your summation of religious beliefs. This is a gray area and hard to put into use as an apostle or seeker of Michael's lessons. It has been said 'do not attempt to sway anyone from their belief systems.' What I do recommend is that you be yourself as completely as God had created you to be! And, to let the joy of your learning, your spiritual education, be upon your face and within your countenance of being. Yes, all you can ever do is give your own spiritual testimony and your honest feelings about how it has affected your life. Be not afraid to wear this joy for all to see. This joy is quite attractive and will draw many, like moths to a flame. To recognize the presence of the Master is to become revitalized in your beliefs. When I am in the presence of Michael I am within His enthusiastic joy of our Father's work. This joy that Michael wears upon His whole being is quite contagious, yes, and I also become contagious with this enthusiastic joy of Father's. It is this joy that men/women will recognize and seek to have this for their own. It is not the intellectual stimulating words that may fall upon their ears – it is the joy of your Father's love that you wear for all to see. Also I say, yes, there are many paths to Paradise, we will all get there one way or another, should we desire it. It matters not if you can persuade a fellow to go with you upon your path – but it matters, yes, that you may inform your fellows that their path awaits them. Yes, you are correct – if all mortals knew how alike their belief systems were, they would be in total amazement and many religious

barriers would be broken, yes. Does this help?

JAMES: Yes, it does. One other follow-up related to this: By the time a person gets very far into the Mansion Worlds, I would assume all people will recognize 'Michael' as being the Creator Son. Are there still people that will still consider themselves to be Buddhist or Hindu or some of the other non-Christian religions that are so prevalent on Urantia today?

ABRAHAM: I say, when mortals reach the Mansion Worlds they take with them what was valuable in their mortal life. I would say, very little of their religious traditions do they remember. But what remains is the truth within that particular religion. Good question James. One more question?

CALVIN: Just to clarify that answer - it seems, as stated in the Urantia Book, Jesus and the apostles did do a lot of - not just being in front of the people, but teaching and expounding, explaining. Is what you are saying then, is that yes, they are sharing their understanding and feelings out there, but what changed people was what they saw in those messengers of truth or those representatives of truth?

ABRAHAM: Yes. Peter was quite the public speaker. His enthusiasm for the Master's teachings drew crowds. He filled them with an energy, unlike anything they had known before. Yes, at times Peter may have overdone it, but his enthusiasm certainly drew people to wonder, 'what is he saying that is so exciting?' Does this help? (Calvin: Yes, very much so.)

On that, I wish to leave you for this evening. I will be with you during the week to assist you in your questions. Also will our Holy Mother Spirit assist you with questions about the mind and its necessity for cleansing. Until next week, shalom.

Scales of Justice | Balanced vs The Imbalanced Justice

Abraham, WOODS CROSS GROUP 10-09-1995

Back

I am Abraham. Your prayers are almost visible to me. I am certain that your prayerful attitudes are of great benefit to those that you pray for, and yourselves, as well.

I ask you, was your learning in spiritual envy and spiritual pride fruitful this past week? I can attest that this lesson will continue possibly even beyond the Mansion World's training. If Lucifer had learned this particular lesson completely, he may have not gone astray so easily. Had he not been the son of self-love, and instead had his blanket of faith weaved with trust in his Paradise Father, he may have had a chance to be one of God's loving and helpful sons instead of a disloyal servant.

Yes, a healthy amount of self-love is good as long as you also realize your fellows are as equal within the kingdom as you are. I am in understanding that the scales of justice for this world are quite imbalanced. This imbalance may be caused by an over-amount of self-love without regard for one's fellows.

Say for example, the race issue. A certain race is perhaps tormented by past

injustices, and in order to atone for these injustices, a particular race may become imbalanced by overmuch self-pity and self-love. This is possibly where the scales of justice become imbalanced. Yes, overmuch self-love and self-pity is one who tries to atone for misfortune heaped upon them.

I say to you right now, we as a people cannot atone for the past sins/injustices of our ancestors. We can only learn from their mistakes. We cannot right the wrongs of our ancestors; we can only record their history and sift through their mistakes and mix them with our own understanding of truth. I do not say the past is all in vain, no! I say, the past is part of your evolution, your learning to become a spiritual people.

To you that are spiritually aware, I say injustice does strike your hearts more deeply and it is hard to reckon with such unfairness in the world; it is hard to understand your fellow mortals' refusal to open their eyes, their hearts, their minds. You question: "Why can't they see what I see?" "Why can't they all understand?" Yes, this injustice is painful for those who are God-knowing. It may leave you with the feeling to immediately correct the imbalance on the scales of justice. This urge can be overwhelming, confusing, and leave you feeling somewhat helpless.

Yes, the God-knowing individual seeks to right all injustices in the name of their God, of all injustice that is unrighteous and unholy. But I also say, the God-trusting individual knows that God is in control of His universes and that His justice has no space or time; they know His justice is lasting and complete, absolute, yes. When all perhaps seems lost or hopeless, the God-trusting and God-knowing individual relaxes in their Father's perfect peace.

I say to you, the mind circuits this week have been so busy with mortal thoughts of morals and virtues and decisions. It would be such a wonderful idea if the whole world, each day, would set aside ten minutes for the stillness and await our help, our Father's perfect peace.

I am knowing that this particular lesson seems possibly a little shallow, a little slow, but I ask for you to listen to my words and think on them as 'positive ideas to the cosmic mind.' This is a time of choosing. The Mother Spirit is available to help with this mortal choosing of meanings and values. I ask you, even though the scales of justice are seemingly out of balance, I pray that you would not let anything interfere with your individual relationships with your fellow mortal brothers and sisters, regardless of race, religion, wealth, status. I am honored and happy to be here with you and to be able to assist you in anything I can. A few questions?

ROLAND: Abraham, does the Spirit work within us to give us insights into those who would hear us?

ABRAHAM: Yes. I would say, this is more on an ordinary scale, and at times does appear a little average or uneventful until time has passed and you realize the Father had worked through you to help another. This happens all the time and is, on the average, not too exciting. It does, however, leave the helper with a worshipful

attitude, a gratefulness that Father had trusted this helper with His words wherein he exclaims, "Yes, it is with gratitude that I speak and to know that those on high trust me with this position I now hold. I feel worshipful and I feel like rejoicing and praising God. He has trusted in my abilities. He has always had faith in me when I did not have faith in myself." Yes, you are correct. The Spirit does work through mortals and it is a wonderful idea to trust and know He has faith in your abilities as His child. Now you are possibly looked on as servants of God – but I say, also are you His sons and daughters. Does this help?

ROLAND: It does. I am not sure where this is written, but this is as I remember it. The Master, speaking to the apostles – He, in reference to the miracles and healings and things that He did, said to them as I remember it: "These things that I do, ye shall do, and even greater things shall you do." Does this mean that given the right capacity, and acting as a channel of the Father's light and love, we can expect in this lifetime to see miracles performed that are very unordinary and very eventful if they are done for the glory of God? Am I misinterpreting what you are saying? I know that there are a lot of ordinary events that are very important that we continue to do, but there will be things that will be very unusual, very eventful, if I interpret His message correctly. Can you comment on that?

ABRAHAM: Jesus, His message, was entirely spiritual. His meaning was – that all would be endowed with the Fragment of God and each would be assisted by His Spirit of Truth. Yes, the "greater things" will be purely spiritual. I cannot say, greater things will be material or miraculous. As well, Jesus was not on this world for too long; most of you will spend a lifetime, much longer than Jesus, and have much opportunity to do great things. Had Jesus been afforded additional time He would also have accomplished much greater things, purely spiritual things. Does this help?

ROLAND: So that I am interpreting your words correctly: What Jesus did in His life was purely spiritual – so does this mean the things that He did (what you are referring to as purely spiritual), the apostles would do even greater purely spiritual things? I am not getting the distinction of things that are not purely spiritual and things that are purely spiritual. It begins to be fuzzy and I don't know the implication. I think I'll meditate on it and search within myself. It does help to hear from you, having had life experience here. It's been a struggle for me with that. It helps me to expand my mind while in the mortal existence to struggle with the ideas you presented to us. In that way, it does help. I am appreciative. Thank you for the lesson.

ABRAHAM: You're welcome. You are correct in that Jesus did do great spiritual things, as will you do great spiritual things, through the gift of the Spirit, yes. It will not be a job for the weak-hearted or the glory seekers. It will be a task for the average human with trust in their Paradise Father. You are not too far off. You are understanding. Yes, good question. Another question?

CALVIN: Abraham, am I too far off in thinking that on the flip-side of this earlier discussion – would it be effective to the 'new hearer' out there if we, as Michael's extended apostles, use words such as 'God has shown me this and tomorrow you will see that,' and so on, as Jesus did? I mean that sounds like the things that Jesus did, and perhaps even the apostles of His day did. Then are we to exercise the faith

that we are also to present truth that way? or are we to be taught a little more average way? I think I have put it clear enough so I'll stop there.

ABRAHAM: I would say there is no one set rule for teaching, and there are no 'uniform concepts' for you to teach with. Yes, it is up to each individual and what he truly desires. Does he truly desire to assist his Father in heaven? Does he truly desire to be pleasing in God's eyes? or perhaps in the eyes of his fellow mortals. Does he wish to be of true help to his fellows? or does he wish to be a spiritual icon to them? It is all about choices. It is all about mastering the mind. It is about remaining the learner. It is known that God-seeking individuals truly desire to do right – and this intent is understood. Know that Father will build upon your intentions. I hope this helps. My connection is weak. I would suggest you to study on the Seven Adjutant Mind Spirits and their contributions to mortal spirituality. Until next week, shalom.

Man Asks `Whom Shall We Follow` | Trust Father To Lead
Abraham, WOODS CROSS GROUP 10-16-1995

Back

I am ABRAHAM. I welcome each of you here tonight. I am touched by the outpouring of Spirit here. I am feeling very much at home. I thank you. I ask you, did anything happen during the week to help you understand and deal with the injustices that are so apparent in your world?

As these injustices continue on through your time, the more you learn that it is extremely difficult to be a fair judge of truth. Many will perhaps learn that judging is better off left to those on high. It is difficult to judge a situation or an event you are not directly involved in; at these times it is more effective to turn one's judgments over to Father and request a clean and clear mind.

In your history, as tribes began to form as families and groups began to take shape, there has always been a question in the minds of those within each unit – that question being, "Who shall lead us – whom shall we follow?" In earlier times it was the strongest, physically strongest, that would head the tribes.

As time moved on it became the 'elders' of certain groups, being they had much life experience and seemingly much wisdom. As further time moved on, those that would lead a group would become the one who brought to the group the material goods, which more than likely were the men. Yes, it always appeared that the masses would inquire: "Whom shall we follow?" "Who will guide us in our earthly struggles?"

Over the last three decades, this world has been truly disillusioned. It is becoming more and more clear to the human race that you cannot depend on a mortal to lead without being disappointed in one way or another.

In this world is there one man with whom you can trust with all your heart to help see you through your earthly struggles? Is there one woman so righteous that you would put your faith and trust in her to ease your worried hearts and minds? You are in the realization that your own government is not fully understanding you as a member of society. It seems there is always someone who asks, "Who will lead us?" On the other hand, there are those that proclaim, "I am most qualified, I shall lead

the masses.”

Within all this searching for those fellow brothers and sisters who will lead, there is one who is not thought of as being a proper leader in worldly affairs. This leader, He is not seen with human eyes. He does not go from town to town courting His voters. He does not make promises He can't keep; and yet, this Leader, He dwells within your very being; He understands you more completely than you understand yourself.

It is time this planet wakes and turns its trust over to those that created the very world they inhabit. Never shall you find a leader more capable of understanding your human situations. It is up to each individual to discover – the source of all love, lies within. The answers to all questions, are within. All the guidance anyone will ever need, is within.

To put your faith and trust into your mortal counterparts is to be disappointed over and over again. To trust and look to Father for leadership is to give Father back His world, to give Father back His children who have seemingly been lost. I do not say, don't trust your fellow brothers and sisters. I do not say, don't follow your human laws. I do not say, your leadership is totally inadequate.

I do say, it is time as a people to raise your heads and look to Father first in all things. I do say, your human leadership is needed; and if aligned with those God-seeking individuals, this world would just sail so smoothly upon the waters of Light and Life – with the breathtaking sunset before you and the past problems behind you.

Yes, this world is learning quite fast who is really in control of the universe. Someday soon I can see families gathered – they are in thought about a certain situation that needs to be decided upon. I see this family asking the One who is at the head of their table, their Paradise Father. A few questions?

CALVIN: Abraham, on the subject of government: We have an unseen planetary government, so to speak, that is to help lead us in this movement toward Light and Life. We are beginning to realize that there is once again a connection from our realm to this planetary morontial or spiritual government – your realm of planetary existence and involvement. And apparently there is becoming more and more connection of the unseen side with our human side – perhaps even contact with our mortal government. The Urantia Book talks about a Governor General. Are you the Governor General at present? or can you tell us who is?

ABRAHAM: I am not. I am not permitted to give you a specific name at this time, but you are correct in that this planet is learning a more universal technique to govern its people. I would say to you, those who are in tune with the cosmic mind are more likely to be more effective leaders and counselors to the masses. I am sorry I cannot answer directly. Another question?

CALVIN: Is it a permissible thing that is soon on the horizon – to be more aware of that portion of our planetary spiritual government? or is it a long time down the road? (Abraham: Not too long.)

JAMES: Abraham, what is meant when the Urantia Book says the Most Highs rule in the kingdoms of men?

ABRAHAM: I am uncertain of your question. Could you elaborate?

JAMES: Yes. The Urantia Book makes the statement that "the Most Highs rule in the kingdoms of men," which seems to suggest that there is a spiritual force that somehow has things under control on this world when it comes to, I take it to mean, national affairs, governmental affairs, mortal kingdoms, nations and so forth. But to look at the way this world is being run doesn't look too good with all the wars and mismanagement that seem to pervade our world down here. So it is hard for me to understand how the Urantia Book can reassure us that these kingdoms are ruled by the Most Highs, spiritual beings way above us.

ABRAHAM: First and foremost, God is in complete control of His universes. That shall always be so. It is more a matter of mortal freewill that slows your so-needed assistance. It is a battle for the 'position with the most glory and honor' (among mortals) that hampers progress. It matters not to Father the time frame. It only matters to mortals. If men shall decide not to accept our assistance, then shall we wait and pray and hope for the next generation. Those 'On High' rule the kingdom of God in mortality; it is their desire for each child to join this kingdom and make it their own. Your assessments are correct, and it is only a matter of mortal freewill-decision as to when those On High will assist them. We know that more and more of Father's children are calling out for Him. I say, soon it will be a call that all will make, and the majority of the world will allow those On High to make their kingdom on Earth, God's kingdom. Does this help? (James: Yes, thanks.)

HELEN: Abraham, if you could, I would like you to address drug addiction and if there is something that would be more helpful, a message to give to someone, or for someone like myself, to help someone who is addicted? John's other son, Eric, is having a real troublesome time with this. Is there a message that I could say or do?

ABRAHAM: I truly wish there was one sentence I could give you to help those chemically addicted. But there is only one way for an addictive personality to survive. They must ask God to invade their soul, mind. They must be brought down to their knees mentally, emotionally. They must fully realize: "I cannot accomplish a true recovery without God and His hosts of spiritual assistance." This searching for mind-altering experiences for escaping harsh earthly realities is temporarily induced by these chemicals, when what people really search for is true and lasting love. There is not any one thing you can really say other than to lend your support and love. It is up to the individual. The individuals who have survived such trauma have suffered much heartache; they are more than likely wanting to overcome their addiction and to cloak themselves in the blanket of faith that is woven with trust. Those that are truly strong will overcome. Those that are not confident in their abilities, or who seek an easy way, will face truly traumatic times ahead. Reassure them, Helen, they are children of God and truly deserve to be loved and accepted just the way they are. It matters not what they have done - it only matters that they can survive through the day ahead. I would admonish you to remain emotionally detached if you can. To feel another's pain is quite normal. To cry with another is

good, yes, but there is a time you must stop and reveal your inner strength. The only way to reveal this inner strength is to remember who you are. You are not them! Remain detached emotionally, but attached spiritually. I have no doubt you are quite a blessing to those who are in this situation. You are very effective in your efforts. But once again I say, the real effort to be free from addiction must come from that person who is addicted. Does this help?

HELEN: Yes, it does very much. Eric is who I refer to who has the drug addiction; I am asking because I am sure you are aware that it is the one-year anniversary of his brother, Brent's, death/suicide. Eric is carrying the guilt of that suicide tremendously – it's crippling him; it's killing him. Is there anything I can say or do to help?

ABRAHAM: You have already stated this. Bring this pain out. Bring this out. Expose this, and tackle this as a family. Yes. (Helen: Do you mean to make him bring it out?) Abraham: Yes. All of you need to expose your true thoughts and feelings. To be free you must be unchained. Another question?

CALVIN: Which is worse – a drug addiction like she has just described, or a trusting-in-man addiction as you have described in your lesson tonight – the condition our country is in right now? Which is easier to break?

ABRAHAM: That's a hard one. Drug addiction, alcoholism, any sort of physical addiction, is very much more difficult to overcome rather than societal habits. Yes, physical addiction goes much deeper than just the physical. But I say to you, Calvin, just as you have been disillusioned by one source of religion, so will others be assisted in acknowledging that the light of God is within their very being, to bring disillusionment from untruth to truth; unreality to reality – yes, in earthly affairs as well as spiritual. One more question?

If there are no more questions, I would like to extend my love and gratitude to you as part of my family. I hope to further assist you in your liberty from the traditions and conditions that bind you. Until next week, shalom.

Intuition, A Sixth Sense, A Gift From Father

Abraham, WOODS CROSS GROUP 10-30-1995

Back

[There was no meeting the week before, as Ellanor was sick.]

I am ABRAHAM. I am your friend and Teacher. I have missed you. I have missed speaking with you. I would mention the meeting with me last week could very well have taken place with or without Ellanor. I say, most anyone here is quite capable in this communication process.

I would like to say a few words on the subject of leadership. As we have discussed previously on this matter, it is not just a few that keeps the torch lit. This means – as far as this group is concerned, all are able to keep the flame lit in this torch which is our Teaching Mission. All are called. All are able.

If Father is truly at the helm of your ship, then I say, He has empowered each to

fulfill His calling. One or two should not be relied upon to keep the torch lit. All must bear responsibility to keep this flame alive. I cannot express how much you are needed. Each of you fulfills more of your duties, spiritual callings, than you realize.

In keeping with the course of lessons on 'mind,' I should like to say a few words on 'intuition.'

A man who cannot see, his hearing becomes more intense; he learns to recognize certain sounds and becomes extremely sensitive to these sounds. A person without sight and sound has but to rely on the feeling of touch. This person knows that touch alone cannot assist him properly in his daily dealings with life; he learns to go deeper within his mind to rely on instinct for an 'inner' feeling.

Imagine yourself such a person without the necessary five senses. Could you imagine a world that could not rely on these five senses? Where would you turn? What choice would there be? As animals become adapted to certain climates, so does the human mind learn that beyond what you can see, hear, touch, taste, and smell, is there a 'sixth sense;' some have said it to be instinct, perhaps "a gut feeling." This is 'intuition,' wherein somehow you just know; somehow you have listened, and you just know.

The indwelling Father Fragment does indeed play a role in the area of intuition. You could say He is somewhat like a transmitter helping to guide you in certain directions. With the re-establishment of the circuits, this feeling of knowingness will become quite natural. It will seem quite ordinary to experience a certain feeling and act upon that feeling, yes.

Often, those who have been severely injured come to learn that they are much more than their material body; they are perhaps forced at times to turn within and listen and trust that there is a loving God who loves them like no other can. Yes, some do discover this gift of intuition, and they go with it and find it helpful. And yes, some have feelings of intuition and yet feel their feelings seem to be in error – they fear the unknown, having over-much experience of distrust with their fellows.

I would say, there is nothing lost if you are to follow feelings of intuition – if logic is applied. Yes, the Creative Mother Spirit and her Spirit of Intuition are busily teaching and instructing on how best to utilize the resources of intuition. As time passes, you will discover certain steps you can take to further this gift. I would perhaps like to suggest a few now:

- 1) Humility. One who is intuitive has a good grasp of humility, knowing they are still a student in the vast cosmos. A humble attitude opens the door to intuition.
- 2) Trust. The trust a small child gives to a parent is that same simple trust you should bestow upon your indwelling Father Fragment. To truly believe you are a child of His, and that He has your best interest at heart, then you are trusting that He is in control of your world.
- 3) Faith. Faith not only in your Universal Father and His array of vast hosts and

helpers, but a deep and understanding faith in yourself as a child of the 'One God.' To know that Father has full faith in your abilities as His child; to be unafraid to take a chance and to be unworried about looking foolish; to have confidence in yourself and know that Father has enabled you with His power (which is also known as His love) – this is faith! This inner faith and confidence – in not only Father but yourselves as well – opens the door to intuition.

4) Liberation. Liberation from fears and anxiety. Yes. To be free from fear is to set the mind in a flight mode. To free yourselves from worry and anxiety is to set your spirit soaring. To understand you do not carry the weight of the world is to open the door to intuition. A mind filled with useless worry is to feel incompetent; is to close the door to intuition.

5) Ask. To have an attitude of asking, "Father, what is my focus?" is to open the door to intuition and inner-knowledge. You will see as you become consciously aware of Father's leadings, that these experiences are quite normal, and you will understand you have already been experiencing them quite frequently. But I say, to recognize and witness Father's creative works in action is cause for praise to Him and rejoicing within your heart.

A few questions?

CALVIN: Abraham, thanks for the lesson. I feel it is tons of insight for myself. Sometimes I wonder if I am being a little over-anxious, or a little bit too sure with these inner feelings. So maybe I am being both. Your lesson gave me some insight to analyze that.

ABRAHAM: Yes, some leadings can be difficult to interpret. I would suggest to you – weigh them with your logic and attempt to foresee an outcome, and then decide if this would further advance the kingdom of God or the brother/sisterhood of mankind. Always go to Father with a humble attitude.

ELWARD: I have a question on awareness. I personally feel like awareness comes as a result of spiritual growth. It is not based on the five senses. It greatly exceeds that. Is this right?

ABRAHAM: Yes. On various worlds throughout the universe (local universe) there are others with many different environments in which they live. They are designed, so to speak, for that particular environment, as are you designed for this one on Urantia. Yes, the spiritual senses do exceed your physical senses. And you shall see, with the passing of time, more and more morontia senses will be available to mortals.

AARON: Abraham, I have a very personal question that has to do with work. The woman I was living with died almost five months ago. In the past months, I have had considerable difficulty in applying myself to work on a daily basis. I am now coming to the point that I feel I have healed enough that I can get more diligent; and yet, I am still having difficulty in applying myself to the hours that I need to apply myself. Can you give me some suggestions, some direction, some advice, as to how I could focus to be more productive in the business that I do?

ABRAHAM: Yes. May I ask you a question? (Aaron: Yes.) Abraham: What is your hope for the end results of your labors – what do you work towards? (Aaron: Assisting people buying and selling their house.) Abraham: Beyond this, what does it do to benefit you? (Aaron: I am not sure.) Abraham: Beyond financial assistance, I wonder if there is a deeper meaning – perhaps all the hours you think you should work, you feel should be spent on something else. A man should choose a job that would not only benefit him financially but to assist him in the deeper spiritual meanings in this short life. If your heart is not in a particular task then your level of desire to perform that task 'with quality' is not there, and perhaps you are needing to explore other avenues. A man is not his work, but a man is his life, his deeds done, his actions taken. Be not afraid to explore. Does this help? (Aaron: Yes.) Abraham: One more question?

HELEN: Abraham, lately I have been trying very hard to have faith on a daily basis and really trust that intuitiveness, the instinct inside of us, in just trying to live God's word every day. At my work, it seems like more and more parties have canceled; something has come up with the people, which has made my time a lot freer. And I try to keep myself away from the worry and stress of the money lost by not having this party; and I just keep telling myself that Father must have something else for me to do. Inevitably there seems like something always does come up where I have been needed. But still, I fear sometimes that my faith is really just me being slothful or lazy. So, is it really, really faith? When I have an attitude of: 'well I am not going to worry about it because I can't change it,' and to just accept it the way it is – is that faith? or is that denial? I am having a hard time in finding balance with that.

ABRAHAM: Yes, your faith is quite strong I perceive. You do possess much faith along with much intelligence. You are in understanding that these two must be integrated to discern the path that Father would have you choose/take. No, you are not in denial, but you are hoping to not experience the feelings of financial burden. This may cause you some worry. Yes, the Father will certainly lead you. But I say, even the apostles made time to fish so that they could sell their catch for the money they needed. Yes, I am certain that you do quite well and when it is time for you to fish you will know it. Do not dwell upon this. This is not too important. Continue to follow your intuitions and filter them through your logic-system, and you shall be empowered with the correct decision-making. Does this help? (Helen: Yes, it does. Thank you very much.) Abraham: You are quite welcome.

I am so happy and so honored to be with you tonight. I wish to truly and sincerely express my deepest love for you each. Until next week, shalom.
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Flexibility of Mind | Being Fluid To Enhance Father Communication. Earth Disasters.

Abraham, WOODS CROSS GROUP 11-06-1995
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I am ABRAHAM. Good evening and welcome. I am most honored to be here. I thank you all for coming. It is my desire to see you all benefit from these meetings and the teachings. Has anyone seen improvement in their intuitive skills? You will find the five steps will need to be rehearsed for a time but upon your improving the skills

of intuition the need for rehearsing will cease, your intuitiveness will become quite natural. On the Mansion Worlds, when lessons on intuition are taught they are usually followed by a lesson in flexibility of mind – and this is my lesson tonight.

In a world where freewill reigns, it is taught that 'if a soul does not see to his own needs no one else will.' It has become a common standard to 'look after one's own best interests.' This thinking has become so imbalanced, and time has brought about a regression in many areas of this world wherein they preach and believe that only the strong will survive.

Much selfishness has been bred into these generations of mortals. Most of these mortals live in a world of fear and therefore always hold up their shields of defense. This has become a world where a brother cannot trust a brother, where a sister cannot rely on another sister.

Over the last few decades, in the midst of confusion, a rigidity has become dominant in the minds of mortals; there is not much flexibility between fellow mortals. This world's people have become a severe judge of character defects, always on the lookout for their fellows' mistakes. Seldom do we find a mortal with a true understanding of his fellows' shortcomings, fears, and ignorance. This worldly inflexibility has caused humankind to become much too harsh with one another.

Some have said to their fellows, "This is the right way." Unbeknownst to them their fellows indeed have their own mind, their own experiential path. One can claim, "I am flexible" and yet criticize their fellow brothers and sisters. This is not flexibility. This is not having the understanding for your fellows that your Father in heaven has for you.

I can remember many nagging struggles when I walked the Earth. My mind was set. Things were to be done a certain way, and I was determined to complete them in that manner. It was through my association with Machiventa that I learned of his flexibility in problem-solving. I learned of his ability to pour himself as though he was liquid into a situation and smoothly iron out many problems that those with anxiety and rigidity could not.

On the Mansion Worlds they teach a specific exercise that I will share with you: Upon entering a difficult situation, visualize yourself as fluid. Fluid is free moving, is penetrable and light. When you visualize yourself as weightless, free-flowing and flexible, it is almost like doing the stillness without actually taking time to find a quiet place away from the busyness. To imagine yourself as 'flexible' is to have immediate contact with the indwelling Father Fragment. When you are flexible you say, "May God's will be done; I can accept God's will; my flexibility enables me to more readily accept and understand Father's overall vision."

For example, those that are ill find themselves in a state of resistance and are more likely to be closed off from Adjuster contact. If those that are ill would perform the exercise on being fluid and flexible they would realize that it is much more easy to accept 'what is' and that the human body is not yet quite perfect; and, they would know that many also struggle with illness. Yes, those that can remain

flexible are more likely to let an illness take its course and release the illness. Those that can remain flexible are less likely to be overwhelmed by anxiety and fear. Mortals fear the unknown. If you are a mortal who is flexible, then you are willing to accept Father's will and be empowered to follow His will.

Many mortals experience undue difficulties in everyday life. There seems to be many tasks to complete and it seems as though there are not enough hours in a day. I would suggest to you, upon arising in the morning, declare yourself fluid and request that Father pour you where He may. In all your struggles it is more likely to be a little more peaceful if you are to remain in the will of Father - which is to be accepting of His plan - which is to be flexible.

In the midst of your struggle, and upon making a conscious choice to remain flexible, look at your problem - take small steps toward solving this difficulty, complete each step before moving on; and if possible, allow yourself enough time so that you do not have the added burden of a deadline. Those that move like fluid throughout their days are becoming keenly in-tuned with intuitiveness. You see, those that are flexible are almost prepared for anything, and are assisted by their intuitive abilities.

When I speak of being fluid and flexible, I mean not being passive or conforming to the will of others, no! and, I mean not conforming to certain social standards. I do mean - moving through this life with your material body as though you were already in spirit form. In a world with time-limits and deadlines and qualitative standards, it is difficult to remain light. I do say, humor is a wonderful way to remain flexible and accepting and understanding life's everyday difficulties. To make a conscious decision to remain lighthearted is a wonderful antidote to a world with so many limitations.

This week I ask you to move through your week as pure spirit beings - beings who are able to be poured into any situation and be able to see the whole picture. Attempt to be lighthearted and unafraid of humor during all your seemingly important difficulties. A few questions?

CALVIN: In the newsletter from one of our Florida Teaching Mission group friends there is a lot of claimed teachings such as: "Beware! great changes are coming" - predictions of earthquakes and so on. It is kind of hard to accept wherein they put it, in essence, to 'be afraid and watch out for something.' Is somebody getting over-anxious down there in their transmission-receiving? Could you help us, here? Should we remain 'fluid' in their teachings?

ABRAHAM: It is true that since my time here on the Earth there has been always someone that would proclaim doom and disaster; I do not fully understand why. Earth changes are perhaps like watching a horror film - you are thrilled and excited because of the fear. So it is with predictions of Earth disasters; many fear the powerfulness of the Earth; and all would certainly like to be prepared when a disaster would take place, yes. We would like to inform you when these disasters might take place, but we don't know, as mortals would expect of us.

CALVIN: Well, that is kind of what their newsletter claims to be doing, from their

group-Teacher – “informing us.” It is saying to “beware, here comes one.” A ‘get ready’ kind of atmosphere. I am wondering why there were so many messages in their transmission that was tilted that way?

ABRAHAM: My friend and co-worker, Ham, has stated most changes will be purely spiritual. Earthly disasters have come and gone, but human life has been sustained on the spiritual truths. I say, if you live in an area where hurricanes are inevitable, then by all means, build your house underground. [roaring group laughter] This is really all I can comment. Another question?

ELWARD: About fifteen years ago I read a book that talked about similar changes as what Calvin has presented from the Florida group. And in that book, it said that if a person wanted to survive that he would have to learn to be in communication with his higher self. At that time, I started changing my attitude about this kind of possible disaster, and I've realized the more that I can interpret the will of God, the more I will be able to do the appropriate thing, no matter what happens. I feel that this is still true; and that, in reality, there is nothing to be feared. Is that right?

ABRAHAM: Exactly! Earth disaster or no disasters, it is the spiritual lessons that will sustain you in all things. Very good. Another question?

JON: You spoke of humankind's hostility. In my school, it seems to me that many of the students are very hostile to each other in words and actions. I was wondering if there is anything I could do or say to possibly influence them?

ABRAHAM: It is in my understanding that you already have. But I say to you, your attempting to assist your brothers and sisters into a more peaceful light is to take place on a small scale, one person at a time. This works like ripples in a pond. If you can reach one person by setting an example of your own kindness then you have done your job. By remaining steadfast and loyal to your inner beliefs do you show outwardly the same example that the Master set for His followers and apostles. Again I say, this hostility is mostly misunderstanding. If people could truly relate, honestly and openly, they would all understand that they are all children of God and equal with one another. While this hostility seems negative to you, it is perhaps, in reality, a positive learning experience –for you recognize this hostility and are willing to help. Others will also know the difference between hostility and flexibility because they have experienced it firsthand. Yes. Does this help? (Jon: Yes. Thank you.)

If there are no more questions, I should like to offer my humblest gratitude to each of you and send you forth into this week with my love and confidence. Until next week, shalom.

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Extreme Sensitivity | Exercise In Uncrossing Our Wires For Greater Balance

Abraham, WOODS CROSS GROUP 11-13-1995

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I am ABRAHAM. Welcome and I thank you for coming. It is my greatest privilege and

pleasure to be here with you. It is my desire and assignment to lead you further into the Mansion World teachings. It has been my goal to assist you in the discovery of your true selves, your true origin. It is my goal for you – to discover your real self is of pure Spirit. For that reason, I have attempted to teach you – morontially.

Last week I taught a little on flexibility. To be flexible is to be accepting of Father's will and to remain open to intuitions. To be flexible is to remain unshaken by difficult events that may happen to cross your path, to be enabled with the morontial skills to handle any struggle that may occur. I am happy to declare that most here are indeed flexible and are accepting of what Father has in store for you.

Along with this flexibility, you need to practice courage. One that is able to 'roll with the tide' is more courageous for ignoring societal expectations. One needs to take a step towards bravery to come closer to the morontial skill of remaining flexible and fluid. It is my concern that I might explain a few things that you will likely experience – things which you may feel you are alone in.

With the upstepping of God-consciousness comes many branches of new learning. At times these branches can cross and cause confusion. One of these branches we may refer to is 'extreme sensitivity.' With the isolation on this planet at an end, and the re-encircuitment completed, Urantian's find themselves extremely sensitive in many areas – mind, body, and spirit. These sensitivities can cause you much concern and confusion, and possibly even fear.

What you are experiencing – the re-encircuitment, a re-connection to those caretakers of this world – is completely common to a world receiving full spiritual benefits. And this is why we ask you to practice the stillness. Practicing the stillness is a wonderful way to uncross your wires. To disconnect yourself from the world and reconnect with Father is a time for further instruction and understanding from Him. This sensitivity can be physical in the ways of electrochemical reactions (or interactions) within the brain; this is perfectly common for this world that is now experiencing being out of isolation, and for the first time discovering what it is like to have full spiritual benefits.

Do you see, the circuits and the electrochemical transmitters in the human brain all tie together. This is Father's original plan. This is how it was supposed to be all along. So many mortals often feel physical changes, such as extreme sensitivity to pain and changes in the material body.

With regard to the mind, the mortal mind also has become extremely sensitive to the ways of the world – the moral issues, and the complicated seemingly answerless solutions to worldly injustices. Those who are prone to this sensitivity are almost overly-emotional when they uncover injustices; it is as if they take on this injustice as their own. To be witness to injustices against their fellow brothers and sisters becomes painful and almost unbearable.

This is where there is some confusion. Those who witness such unfairness in your world ask: "Where is the God that is supposed to love and watch over us?" These moral virtues and societal injustices become a tangled web within the mortal mind.

Those that are feeling this extreme sensitivity are often angry and defensive, and wish to find immediate solutions; these mortals often are somewhat overly emotional. This is part of what I term 'a crossing of the wires.'

With regard to spirit, there is a spiritual rediscovery that this world has not experienced in many years. There is a spiritual awakening that is new – something which has not occurred on this planet since before the times of Adam and Eve. This world is experiencing a spiritual renaissance that has opened so many new possibilities to the curious Urantian mind.

Yes, mortals now experience a surge in spiritual feelings that have not been felt since the time of Pentecost when those that were gathered felt the Spirit of Christ poured out upon them. This is somewhat like that experience, in which you will know, you will experience, many new feelings; you will experience morontial mota, firsthand. With this new discovery of sensitivity to the cosmic mind, many again shall unintentionally cross their wires and perhaps go to unbalanced extremes. Many who are feeling and experiencing this God-consciousness for the first time may become overfilled with ideas and energy that could indeed lead them to possible dangers.

This is why we, the Teaching Staff, have requested you to practice the stillness – not long, five to ten minutes per day. This, to open a line of communication directly to your Father; to uncross your wires to remain balanced. This world has now experienced extreme sensitivities unlike ever before. It is important that you hang on to your life-raft that is this group, and stay in touch with your Father and His vast legions of helpers. As time passes, confusion about this new sensitivity will become so beneficial in your lives.

After this confusion passes, so many different areas will be affected by this new understanding of spiritual and mindal sensitivity. Understand that this is quite ordinary for a planet that is passing from isolation. This is nothing to be feared. This is something to be aware of and to consciously take time to understand.

It is my goal and assignment to assist you in discovering your full spirit potential. When Jesus was a boy, He was filled with curiosities that went beyond what His elders could explain. As time went by, He began to see a little more of His divine self. Every day, every year, He began to know who He really was; He had to come into the full realization that He was divine.

This is what I hope to teach you – you are not just flesh; you are also divine. This week I wish you to contemplate on this statement: "I am not just human, but also, divine. My brothers and sisters are also human and divine." I would believe myself an adequate Teacher if I could help you to understand that yes, you are not only human and mortal, but you are also divine and eternal. A few questions?

HONORAY: Father Abraham, I would like to ask a question; but before I ask I would like to officially welcome you to my home. I am so happy to have these meetings here now. I was thinking as you were talking about sensitivity, I can remember growing up as a child that I was so very sensitive on so many matters, and I think that I overcame a lot as I came into adulthood. Have you noticed much difference between

the generations now (we old-timers you might say) that didn't have the problems these young people have? Is it harder for them to become more sensitive and fly off the handle than it is for some of us older people? Do you notice any difference?

ABRAHAM: That is very perceptive of you, Honoray. Yes, we have found the generations of the past did experience much more difficulties, much more physical labor, much more financial burdens, than do recent generations. We have found this older generation to become almost abrasive and be able to withstand much emotional experiences than would the younger generations. But on the other hand, we find that the younger generations are more open to new ideas, are more flexible to changes within the world. Does this help? (Honoray: Yes. Thank you.)

CALVIN: Abraham, when I was a kid, I remember feeling so devastated in rejection from a loved one or even from having a childhood crush on someone. This is a silly thing but I had an experience with it recently, and now I am age 40, and I think it ties in with your lesson: Maybe I am missing the point here but when I was a kid, when something inevitably happened and I felt it's not right, I'd get this big emotional sensitivity and go all off-balance where I couldn't think straight. As I grew older, I'd think, well I should grow out of that. Yet even now, I see people even older than me get tilted with this experience. What is this 'love thing' that we get too close to maybe, and get tilted easily if something doesn't go right? Is it some human problem, or what is this? My experience was okay and I learned from it, but the shocking thing is I know it still exists when I thought I would be over this type of pattern.

ABRAHAM: Love in relationships is almost like a narcotic. It can fill you with strange and euphoric feelings and may perhaps blind you to the person who you are in the relationship with. Once personality traits are discovered in one another, expectations are perhaps broken and you are disillusioned. This emotion of new love is temporary. If this love does not become on more of a deeper level, then this love is not a lasting love. Yes, sensitivity is on a higher level when you are not as familiar with someone as you would like to be – much pretense is allowed between two parties. This human 'love' between couples, especially at first, is highly sensitive and remains so for years. It is only after some of the self-centeredness has dissipated do couples become on a more stable level of love, and this love leaves more room for understanding one another and allowing your mate to make mistakes, allowing a partner to be mortal. Yes, this love needs to also be based upon a love for their Father in heaven. Also helpful in this is self-forgetfulness, which couples do not usually find until many years have passed. Does this help? (Calvin: Yes, very much. Thank you.)

HELEN: Father Abraham, I am not sure how to address the question. I don't want to appear to be sexist, but do you think the difference between men and women and their sensitivity, just being of male gender versus female gender, is having different chemical and hormonal makeup and whatnot? Sometimes it seems like – and it's not all men, and I don't want to sound prejudice here – that sometimes they just 'don't get it' on love; the parts of love and the importance of sensitivity. I admire the man I am with now very much for he shows the sensitivity – but is this just something that varies from person to person? Or is there a real difference between men and women? I hope that made sense.

ABRAHAM: Yes, yes. It is an internal difference but also a social difference. It has been said that "a real man does not wear his heart on his sleeve," meaning he does not show any emotion. It is this thinking over the many years that has alienated men from their sensitive emotional side. Men are equipped to be sensitive, yes, but at times their need for logic may perhaps block this sensitivity. This is perfectly understandable and natural. Blessed is the man who can find strength in his own sensitivity. Concerning 'female' sensitivity – due to several body changes, women are overly-sensitive. Women also have learned to thrive on this over-sensitivity to perhaps sway their male counterparts. This has been useful in the female struggle for equality. This is not an exact science, but it is the best I can do.

HELEN: Thank you. It is just that I believe that we all have the same potential. We are all equal. I keep hearing, "Well it is just the way men think – it's just a man thing." I am having a difficult time believing that because I believe we all have the same potential. If anything, it would be a societal influence, and they choose to use that. Is this correct?

ABRAHAM: Yes. This is correct. In the familiarizing of yourselves with this new world, men will learn that women accept them 'as they are' – they will no longer feel the need to hide their pain and sorrows. Likewise, with women – they will also be welcomed by men to be intellectual and accepted without having to be so emotional. Does this help? (Helen: Yes.) Abraham: Is there one more question?

JON: Father Abraham, just recently I have felt as if I am going through a big change, one that involves going from adolescence to adulthood. I was wondering if you could help me – is there any advice you could give me as to following the will of the Father as I am doing this?

ABRAHAM: Just a minute. I am informed that you are on the correct path. You search with an open mind. You intend to fully carry out your inner beliefs without hurting others. It is a difficult journey, this adolescence to adulthood, and one with many choices. So many paths there are to choose that may delay you from your spiritual opportunities. It is my information you are well balanced at this time, and your own inner Father Fragment guides you. And, I am told you listen very well. That is all. Linda, do you have a question?

LINDA: Yes. You said that as the circuitry of the planet has been opened and completely re-established, that it is connected directly with the electromagnetic impulses within our minds, our brains, physically. Is that what you meant? I guess I am asking the question because I wonder how the drugs that we take – the antidepressants, all of the things that affect the electromagnetic, electrochemical workings of our minds – how would it affect our connection with the circuitry? Did you mean that very literally?

ABRAHAM: It is physical in the sense of, for example, electricity – you cannot really see it but it is there, nonetheless. With this new sensitivity, many are mistaking their 'confusion' for 'depression' and are treating themselves with chemical substitutes. Yes, many drugs do cause certain alterations to your capability to receiving. But when mortals realize there is a God within that loves

them for who they truly are, they have a good chance of not being dependent upon drugs, for they are learning to trust their Father who dwells within their very being. Yes, some drugs can affect certain connections with the circuits, but I say, this world is under a so-much-needed spiritual invasion, and nothing can stop our forward momentum.

And with that, I send you forth into the week reminding you to take a minute to uncross your wires and reconnect with Father. Until next week, shalom.

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The Use of Charm To Diffuse Anger. The Master's Example
Abraham, WOODS CROSS GROUP 11-20-1995

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I am ABRAHAM. It is my great privilege to meet with you this evening. I am pleased to be witness to your organizational skills. Yes, it is beneficial to have a certain amount of group focus. Last week I spoke of the strain that comes with planetary awakening. I spoke of the confusion that can happen while a planet is receiving full spiritual benefits. This sensitivity will become apparent in your fellows.

A certain amount of anxiety is inevitable when communicating with the unseen celestial realm, and when dealing with a new earthly existence. It is my purpose to help you in this adjustment. This world is feeling a great amount of spiritual pressure. This pressure can persuade many mortals to stand and awaken with fresh eyes; or, this pressure can cause mortals to be fearful and go against one another. You will find many of you will assist in guiding your fellows to open their eyes and see this new world laid out before them.

It is important when counseling mortal contacts that you attempt to truly understand what level they may be on and to understand what their mindset is. To state your beliefs boldly is to interject fear and cause your mortal contacts to flee. It is quite beneficial to imagine yourselves in the shoes of your mortal acquaintances. If you can understand your fellow mortals then can you best counsel them.

Jesus had such an honest straightforward attitude that He immediately gained the trust of those He spoke with. He was always with a happy and light countenance that He drew people (attracted people) to Him. But what might most stand out in the minds of mortals who met Jesus was His charming manner, He was endowed with a wonderful charm that naturally softened His mortal acquaintance's hearts.

The Master could reason with honesty and forthright charm in the face of anger and doubt. This charm was a gift He received from His Father in heaven. This gift, he discovered slowly, over time. As Jesus grew, He discovered that to best communicate with His fellows, it was most wise to use this gift of charm and kindness. This charm was a sincere love He radiated to His fellows. This charm was not used for deception to perhaps win souls for the kingdom, no! this charm came forth from the Master's honest love for His brothers and sisters.

Right now in this world, the hostility is almost overpowering. Too many souls

operate on anger, and this anger ripples out from this world like waves. This anger is felt by we who endeavor to assist you. We would like to teach our mortal students to better relate with their mortal contacts. It is our goal to help teach you that you, my children, are not only human but also divine. It is our goal to help you discover your true selves and the personalities that created you. It is our goal to teach you the skills to relate with your fellows and send you with these skills out into your immediate world.

We have found anger to be too easy for mortals to succumb to its lure. It is such a natural emotion among the animal kingdom. To those with survival personality, survival potential, we are asking you to strive not to seek the easy route of anger. I understand this is difficult and sometimes uncontrollable, but also I say, this emotion of anger is easily mastered if you make it your goal.

Upon becoming angered, it is wise to stop and ask your inner Father Fragment: "Help me, Father, I am unsure of what to do next." It is also wise to visualize the Master in your position and think about how He would handle such a situation. Jesus was the master of many things. Mastering the art of communication was His specialty. He knew the hearts of His human contacts. He endeavored to understand His fellow's mindset.

Jesus, through simple communication, learned to understand on which level to relate to His fellows. He was always honest and could be relied upon to be straightforward with His friends, yes, but the key to winning His fellow's hearts was His loving charm. His show of sincere concern for His fellows opened the door to communication, and it was then and there that He revealed to these fellows the idea of the 'kingdom of God.' Through His sincere and loving charm. He was able to minister to His fellows, and they in turn lovingly responded to Him.

I would make my plea to you that although it is seemingly easier to take the route of anger I would ask you to endeavor to, instead, take the path of charm and sincere kindness. This is not only helpful to your fellows but allows your mind to be at ease for clearer communication and assistance from celestial beings.

Jesus was born as you were born. He knew not of His divinity for some time. Once He discovered His divinity, He embraced it wholeheartedly and learned to rely on His Heavenly Father each day. I say to you, you shall soon see your divinity in a new light; and I would say, hesitateneot to embrace it. Are there questions?

CALVIN: This was a wonderful lesson for me. Like most of these lessons, Abraham, I am sure you know that they come out 'word-for-word slowly' and they make more meaning when we read them back again. Perhaps we'll have some questions about this lesson next week, even. We are planning to discuss these lessons before the meeting and even after if we have time. I can see clearly that what you are doing is trying to help us be more sensitive, more in touch with the morontial and celestial assistance that is around us. And, that this new circuitry can connect us all wherein we come to realize your reality, your existence, on the plane that you and your realm do exist just as much as we, being in a material body, exist.

ABRAHAM: Yes. You are correct. It is my goal, as said. And the overall benefits are much greater to the cosmic mind and the growth of the Supreme Being. Have you more

to question?

CALVIN: Per your lesson tonight – in my new life as a student in learning, I feel I've been getting real one-sided into these teachings and Ham's prior teachings regarding how I should react compared to the way I have always reacted. I see now that my pattern in reacting has been in an over-serious and not very charming way. And maybe now I am more the other way, the flip side, in my relationships – probably too one-sided in the opposite way with an 'anything goes' and 'whatever' attitude. So I see from your lesson that I could use perhaps a touch of charm or humor more often here and there, yes, but I perceive there has got to be a balance. Can you advise me on that, please?

ABRAHAM: Yes. You are in understanding. With the mind set on overcoming negative with the positive, you can overcome many personal aggravations. You keep your mind set on the positive while you focus not on how others may have wronged you. It is with this use of charm that you are practically shielded from other's negativity. With the practice of this charm, you are becoming a soldier of truth, beauty, and goodness. I would think it wise of all of you to review some of the Master's experience with people as recorded in the Urantia Book. Does this help? (Calvin: Yes, very much. Thanks.)

ELLEN: Abraham, I was wondering is this awakening you speak of – is this going to be a slow and gradual thing? or is this going to be a sudden God-conscious awareness that is going to happen? Will we be aware when it happens?

ABRAHAM: You are already aware. It is happening. It may appear slow to the mortals of the realm, but to us that are not time-bound, it is as it should be. We must attempt to reach what mortals we can. Some choose to answer readily – and some, we ask you, our students, to help reach. As you can see, it is a team effort. Know that this awakening is gradual at times, and overwhelming at other times. Everyone not aware in this age will be quite astounded in the ages to come. This 'new,' may be too abrupt of change for them now. It is Father's way to not shock his children, but a gradual transition – which is a lasting transition. This awakening will be so natural to the youth – it will be for them as natural as it is on a planet that has not experienced rebellion and isolation. Does this help? (Ellen: Yes. Thank you.)

CLAIREESA: Father Abraham, I am real confused about using charm instead of anger. What do you do with the anger? Does it just go away? Do you deal with the anger some other way? I feel real lucky to have just figured out that I am angry, and maybe what I am angry about, let alone try to be charming about it.

ABRAHAM: In dealing with your fellows – those that tend to grate upon your nerves – to be shielded from them by charm is to assist and generate positivity within your own mind, yes, a charm in dealing with your fellow mortals. Anger held within, is not positive. With that said, all anger is not negative; some is very constructive in understanding yourself and others. When I suggest holding up the shield of charm against those who hurt you is to repel the negativity from them and from yourself. Yes, the anger many times does dissipate. This is what the Master taught – to overcome evil with good. I understand you to be on a correct path with your discovery of yourself. Continue in the same direction. You do well. Another

question?

HONORAY: Father Abraham, I have something that I could share with the group; maybe you could agree with it, I hope, because I found it true. In our psychology classes we learned that our subconscious doesn't have an escape hatch. If you hold your anger in, hold your resentment in, it will get you down just like putting a lid on a garbage can, and then it has got to finally explode. So we were taught to vent our anger a little bit at a time – but not at somebody else; rather, to go where somebody can't hear you and scream, yell, or whatever. I found out that that works pretty good, and it releases anger. Do you find that also true? Do you think that we can't just swallow anger and get rid of it, but we have to release it?

ABRAHAM: Yes. You are correct. These rituals of ridding ones-self of frustration, can help release this anger. I would also suggest – to communicate this anger with a friend is to put this anger in plain view, and be able to dissect and understand where this anger stems from. Yes, we understand this is a world with much confusion; and much anger and fear stems from this confusion. In balancing with the scales of sensitivity, you will begin to understand your fellows, and they will understand you; and the anger will decrease. Yes, much of this anger is from incorrect perception. Does this help? (Honoray: Yes. Thank you.)

CALVIN: I just want to make a comment. I have seen a major change where I work in the last few years. I don't really know what is causing it except maybe this thing in the air – the circuits opening, perhaps. Our Saturday sales meetings are almost like a church session. Last week we had a little discussion, the general manager talked about 'are we worthy of God's love and are we willing to love and share with one another,' so on and so on. That's not like the car dealership I knew beginning in 1989. Do you have an overview of that?

ABRAHAM: Yes. It is a part of this awakening. It is happening in small groups – doctors with patients; teachers with students; corporate executives with customers and employees. Yes, this is wonderful, and your discussing this helps spread the good news and generates positive feelings of hope. Yes, it is time for the children of Urantia, all children, to stop being so afraid of their own divinity within, and to have no fear of the changes that will come to this world. If everyone fully believed that they are a divine being, closely connected with heaven, they would know that heaven is not a-far off.

I look forward to these meetings with you. You are a great source of joy and love to me in this branch of my family tree. I am in awe of your strength and determination to carry on. I am honored to co-work with you in this, our Creator Son's Correcting Time. Until next week, shalom.

Anger, The Leading Cause of Declining-Health | Learning To Tame Anger
Abraham, WOODS CROSS GROUP 11-27-1995
Back

I am ABRAHAM. My greetings and welcome to all. I am overjoyed to be witness to your interaction and fellowship. I am thankful you have found focus within your group. You have discussed my lesson on the value of genuine charm. You know not how your discussion in this group does propel your spiritual growth; you know not how your

discussions link you with the cosmic mind.

I say to you, your interactions on spiritual values are not only of benefit to you personally, but they also link your circle of light to the cosmic mind. I am saying, this growth not only benefits you personally, it also enhances the growth of the Supreme Being. I realize this subject on charm is somewhat confusing. Yes, insincere charm feels deceptive; but as you have read, this charm that the Master possessed was genuine, yes, and stemmed from the love He held for His fellows.

In this lesson on charm, I suggest that further study on the Master's life may be of assistance. Jesus taught that to have a real and genuine love for your fellow brothers and sisters it is essential to attempt to understand them. "The more you understand your fellows, the more you love them," said He; and the more natural will this charm appear. The lesson on sincere charm is somewhat secondary to the major subject I am instructed to focus on - anger.

Anger is the leading cause of declining health in your world today. Anger is one of the most misunderstood emotions mortals face. From anger stems so many branches that it becomes difficult to define anger. Most of mortal anger occurs through misunderstanding, through wrong perception. If the children of this world could be truly honest, the anger would lessen by approximately seventy-five percent.

Through sincere truth-seeking do mortals begin to understand one another. By taking a step toward courage, toward truth, do we begin to feel at home in the world. How sad it is that a people who are so much the same, hide, as though they are from different worlds. How sad it is for mortals to hide behind the mask of ego. How sad it is to view a world so unforgiving toward one another, toward their own kind - humankind.

There is seemingly no room for mistakes in the minds of mortals; no room for self-mistakes, or errors on the part of others. It seems so easy to quickly sum up a total being (personality, mind, soul), and label this total sum as insufficient, inadequate - when in truth, when you dwell in a material body; you are not meant to be complete. You could say 'all are insufficient;' or, you could say 'all are in the process of becoming.'

If you could view your fellows and yourself as becoming, there would be room made for unintended error, room made for mortal mistakes. In the throes of your next experience in anger say to yourself, "We are all children of the First Source and Center and we are all becoming; we all are acquiring Paradise potential." With this new understanding are you able to leash your anger and understand that mortals require room for error.

With this newly re-encircuited world, emotions are confused and used for selfish gain. It is time for mortals to understand they truly do have the power to master their emotions, thoughts, and mortal struggles. It is said, the mortal who can create anger can also tame it; you are not beings haphazardly strewn together. I say this with authority, you, my friends, were carefully planned and loved from the very beginning.

It is our Father's wish that you love one another as He loves you. It is not hard to understand someone in whose shoes you have been. And I would ask you, even though you may not understand another, you may still make your best effort to imagine yourself in their shoes, in their position. There is peace in understanding. Yes. Have you questions?

CALVIN: Abraham, thanks for the brilliant layout of this lesson on anger. Hopefully we will take a look at this in our lives and as we become angry, we can instead begin to dissect it out to see how we could diffuse it, per your lesson. Very, very helpful for me anyway. I would like to welcome and introduce Bob, mine and John's friend from work. (Abraham: Welcome.) Calvin: This week, Abraham, we saw this new movie called 'Powder.' Your lesson tonight talks quite a bit about the same premise as in the movie. If people here haven't seen it – the guy in the movie was far beyond our time, as a human; and it was enlightening how he didn't show anger. In the movie it depicts some mortals as quite animalistic and cruel in this world. This superior human ("Powder" person) was far beyond the natural human emotions, and the movie shows how his fellows just kind of picked him to pieces because he was different. I can see maybe what happened to Jesus when He was here being a far superior human, and how they just picked Him to pieces till they eliminated Him because of their anger. Have you comments on the production of that movie and, how well that was put together and brought into this world for many people to see? I guess it was the fourth most watched movie in history this last week.

ABRAHAM: Yes. Lessons in anger are not so intensively taught on advanced worlds. These beings have evolved so far ahead that with each generation, anger becomes more and more unrecognized. Even within the educational system on the Mansion Worlds it is not necessary – for you see, gone is the material body, and gone is the tendencies to be animal-like. It is mostly through your human struggles here, that you learn about anger and its effects. It is closely related to the animal kingdom, yes. It is a basic inherited instinct in which, over the period of your mortal life, do you learn to either tame, or not to tame. I do not make light of this emotion. This is very real and can be very painful. I do not, in any way, put you down with animals, so to speak. I am extremely familiar with the emotion of anger; and I understand, as does Father, completely. You are perceptive in and of the changes taking place within the minds of mortals and the outworkings therefrom. Another question?

HONORAY: As I look at the difference between when I was growing up, to now; it seems like one place where anger is so prevalent these days is in our traffic. I know you are aware of the problems, the traffic situation. And it seems like nowadays, the way to solve a problem – if one gets cut off in traffic, you know, they take a gun out and blow you away. That must be so hard to see this among us! Do you, as supernals, see that that propensity might come to an end? and about how soon do you think? Do you think there will be a solution to this in our day?

ABRAHAM: The decision lies within the minds of mortals. Some things have to become quite atrocious before they will be given attention. Some things have to become extremely violent before someone will speak up and demand this to be handled. I too hope that this topic of which you speak will also improve; but I say, it is mostly up to those who are involved. I do pray that it does not have to become much worse

before action is taken. Another question?

CALVIN: On that note, what you just answered ties in together – you said that anger is a negative emotion; but yet when something has to be done for a correction, it seems that until someone stands up and demands it, and with some indignation perhaps, a change may not get done. In this regard I am thinking that if we use charm about this, maybe the issue won't even get attention. Maybe some controlled anger is needed? How would you address that, to get attention in getting things changed – is there a place for violence and anger?

ABRAHAM: The man Jesus often portrayed an angry attitude when in fact, He was at the very core of His desire for justice. There was not much that could shake the man Jesus, but at times His sincere desire for truth drove Him to take action. And at times this firm action appeared to be out of anger. But, no, this was not anger – this was His genuine inner desire for truth and justice and the will of the Father. I do not label all action, all passionate action, as 'anger.' There are many things that would drive the minds of mortals, and what may be termed as anger may be, in fact, a sincere desire for truth and fair distribution of justice – this would be what I would term as a positive action rather than displaying anger and rage. No, not all action can be labeled as anger. Some action is given as a gift from Father to provide lesson-enhancement on the spiritual values of mortal existence. Is this confusing?

CALVIN: No, it's not confusing to me. I can see some situations where some directed anger is needed, as you say. It is far more clear to me now. For instance, where a mother's child is hit by a drunk driver. I'm pretty certain she is not going to go use some charm on the situation to make the laws stricter and people more aware. She is going to use some displayed honest anger. I really think there needs to be a different word than anger. It could be very helpful in that situation. There are a lot of situations I can conceive of where anger could be a constructive thing in order to make change, perhaps an honest anger helps toward bravery to stand up and do something about things that need a change. (Abraham: Yes, exactly. Another question?)

CLAIREESA: Father Abraham, this is kind of off the subject a little bit, but next week our whole office is going to spend a whole day discussing teamwork and communication. Can you offer anything that would help us in our discussions on that day?

ABRAHAM: Yes. One suggestion that could prove positive would be for all to lose their pretense of one another; to remove the mask of false insecurity; to truly learn to be yourself and be glad with that. Yes, to be accepting of your co-workers' true selves. The work arena is an excellent example of human interaction – mortals attempting to learn to work toward a common goal. It is time for people to say: "This is who I really am. I accept you as you, as who you really are. I would find it wonderful if you would accept me." To work in an office that is free from condemnation is an office that would produce top quality workmanship. Yes, this word 'teamwork' could also be termed another way – 'family.' For co-workers to treat one another as a family member is to produce an atmosphere of liberty and creative thinking. I find you as one already knowing whereof I speak, and are highly skilled

at teaching. I would not only communicate this message with my co-workers, I would attempt to live it. To live by example is a wonderful inspiration for co-workers to witness on a daily basis. Does this help? (Claireesa: Very much. Thank you.)
Abraham: You're welcome.

My words are slipping. I would choose to take my leave as I wish you a productive week in learning the skills to aid you in taming your anger. My love be with you all. Until next week, shalom.

Embrace Your Mortal Self | Learn From Our Mistakes and Rejoice In Knowing You Are Father`s Child

Abraham, WOODS CROSS GROUP 12-04-1995

Back

I am ABRAHAM. Welcome. I am helping you to adjust to our mind-to-mind communication. I am attempting to not only speak with material voice but also to each of you, mindally. It is my great pleasure to know each of you. I must say, I find you easy to know and love. You, my friends, are adorable in my eyes; I find it easy to love you each. You know little about how adored you each are to us and to those on high.

I would think myself a wise Teacher to be able to educate you on your value as a child of God. I have taught you on the negative effects of anger, how detrimental it is to the material body. I have spoken on anger directed outward toward others and the negative effects that escalate from that. One thing I have learned - much of the anger you perceive to be directed at another is, in reality, anger at yourself. You can believe yourself to be angry at others and tend to lay blame onto others when in truth this is a covering up of the anger you feel for yourself.

At times, mortals tend to be angry at their own ignorance or thoughtlessness or rash decision-making; there seems to be little room for self-understanding; there seems to be no self-forgiveness. There is much self-debasement and chastisement, but very little understanding that you each are individually 'becoming' - there is very little understanding that you each are a learning child of God.

There is much competition in this world today. Many believe: 'To be the most valued in society you must be perceived as blameless, you must be looked upon as being error-free.' Also do many believe: 'To be valued you must be the most knowledgeable.' This is where an imbalance lies - within 'competition.' In this competition, one works to make others seem less valuable. This is unhealthy competition; and those that believe themselves to be of less value are holding much self-hatred and anger.

Yes, mortals that believe themselves to be inferior tend to beat upon their every human mistake, which is a negative cycle of self-abuse. One who tends to believe themselves as un-valuable, surely does not envision themselves as a child of God. I say, it is wonderful to be born of the Spirit, to believe there dwells within the human mind a supreme consciousness that encompasses all knowledge. To believe in this divine Source is only half complete. Without truly believing you are the created offspring of this divine Source, you won't be completing the process of being born of the Spirit.

Many mortals live their life as though they do not matter or make any difference. Once a mortal has discovered that Father in heaven is real, and loves them more than words can express, then does this mortal long for closeness to Father. Yes, sometimes a mortal born of the Spirit longs for this closeness to Father so deeply that they begin to detest their mortal state; they do not fully live and learn in their mortal state for they are longing for what lies beyond.

Mortals so often berate themselves for being mortal, for making mortal errors. They may feel: "Without this mortal body, I would not make so many mistakes." With this thinking, they learn to be miserable in their mortal state and waste so much time detesting their time in the flesh. But I tell you here tonight, your mortal state is a gift. Your time in the flesh is something so personal and precious. To be anchored with your material body is to receive eternal lessons that otherwise you would not receive.

Many overlook their own personal joy they could receive while in the flesh. Many born of the Spirit tend to say: "I cannot wait to see what lies beyond this mortal life," when in fact, if you are believing yourself a child of God you can see what lies beyond this life, right now in this life. Do not detest your mortal state, embrace it and believe this is a true blessing. Once you 'embrace' your life in a material world, a material body, you yearn to celebrate, to rejoice in the knowledge that Father has placed you in a very honorable position.

Once you can begin to believe your mortal state is a blessing, you can make room for your own mistakes and know you are a child that is becoming. Once you can accept you are with error (and understand all mortals are likewise with error) you can begin a process of self-forgiveness, which, in turn, can dissipate your self-anger and loathing. I say to you, this is your only time to really feel what it is like in the mortal state – you will not be at this moment in time again. Must this moment be filled with self-anger and unforgiveness? Or can this moment be filled with self-understanding and rejoicing in the fact that Father has blessed you at this moment in time?

Yes, use this time wisely because I say this time will not be back. Waste not a moment longer on beating yourself with what you deem to be punishment for unwise actions taken. Don't waste another moment trying to atone for your errors. I say, embrace your mortal state. Learn from your mistakes and rejoice in the fact that you truly believe you are a child of God. Are there questions?

CALVIN: Abraham, last night I remember laying by the fireplace and the thought came to my head – I was talking with a friend about the short time since our birth in relation to our existence forever – which is like a speck of nothing as compared to 'forever time.' And yet, how much importance we seem to place on these things that make us angry and stressful. We seem to always be with the thinking that 'time is running out so we have to hurry.' In reality, we have barely started. We are like not even babies yet in comparison to forever-time; yet we somehow seem to think we have to get everything right, and feel so bad if it isn't going right. I think that quite ties in with what you are saying here.

ABRAHAM: Yes, well said. Much time is wasted on 'self-battering' when, instead, one

could spend time in a positive state of understanding and love. To spend time in a positive state propels you forward to the next lesson. Time spent in self-debasement is like adding wood to a fire, feeding and keeping the self-loathing alive. Another question?

ROLAND: Abraham, in the 'western psychology' there is the thinking that much of our self-degradation, or the patterns of self-degradation, is perhaps because of our upbringing; perhaps our educational systems; perhaps our traditional religions. How is it best to release those old patterns of thought, and to adopt a positive outlook more toward your way of teaching?

ABRAHAM: The best way I could tell you to release old patterns is to recognize 'that they do occur.' One who has experienced these patterns knows the difference between them being experienced 'firsthand' or just hearing about these patterns secondhand. Once you have experienced them, and begin to recognize their occurrence, then can you begin to re-focus your attention toward a more positive way of caring for your soul. It is our hope that parents, teachers, caretakers, and government officials, know that self-loathing is not a correct form of education. To teach a child to be harsh and unforgiving towards their mistakes is to teach them that this is the way that Father in heaven must be - and I say, Father does not teach with these methods. I say, it is upon the shoulders of this generation of adults to recognize their self-anger and self-loathing, and to correct their own mind patterns. It is also up to this generation to teach their young that all are valuable; all are acceptable; and all require love. Is this answering? (Roland: It does help. Thank you.)

HELEN: Abraham, I have a couple questions. My sister-in-law in Michigan was asking us about dreams. I forgot about it until I was thinking about how much time, with your lesson, how much time we waste trying to understand things. She has been having this dream about this big old house, and it is a reoccurring dream. She keeps having it over and over and it's the same except each time there is more detail to it. She feels like there is something evil in this house. She has been reading the Urantia Book and your lessons and whatnot, and is asking Marlin and myself what this might mean. My understanding is that we shouldn't try to interpret dreams because they are kind of like in metaphors, and we shouldn't waste a lot of time trying to interpret them because sometimes they are communications that are trying to come through, yes, but when they are coming through, in the electrical/chemical manner through our brain, it can be distorted and whatnot. Can you shed some light on this?

ABRAHAM: That is correct. Yes, this dream is a rather common dream for all mortals. If she is not receiving insight regarding this dream then I would advise her to worry not. Positive insight from dreams is acceptable to take as correct messages from Father. If a dream has assisted you in human or divine ways, I would say this is good. Does this answer?

HELEN: Yes, it helps. Then not all dreams should be disregarded? There are dreams that could have good information if they are in a positive way? and if they are not - if they are in more of a negative or confusing way - they are to be disregarded? Am I correct in that? (Abraham: Yes.) Helen: My other question: I was speaking with a friend of mine and she is in a same-sex relationship. She has been battling with this on how to not hide this with her family and with others. In my talking to her

this evening I was saying that, for myself, I believe that if your love and intent is true, then 'sex' doesn't matter. I expressed that as long as there are no hurtful or harmful things going on in their relationship that their relationship would be good, yes. But more than anything – not to waste a lot of her time and energy and efforts into trying to mask over or dwell on the negative from the social point of view. I felt a little reluctant because I am no authority on this topic. Could you shed some light on that? Am I correct in that thinking? I don't want to say that 'God says homosexuality is acceptable' if it is not, but I think it is more along the lines of He would like it to be opposite sex relationships for the reason of procreation. This is a subject that keeps coming my way, and I am wondering why it does keep coming my way – am I not thinking correctly on this? Am I offering the correct information?

ABRAHAM: Your answer to that person was wonderful, very unbiased and correct. Love is most important, yes, but this person also has to live in a society where being different is not accepted. This person has to reap the ramification of disclosing her sexuality. It is up to this person to know who would be accepting and who would not. I believe mortals like this are, in a way, tormented by their secrets – and yet, somehow kept from harm. It would be wise to focus on this statement: A person is not their job, status, or sexuality. People are first, a child of God. Is this helping? (Helen: Yes, I think so.) Abraham: One more question?

RACHEL: Father Abraham, I would like to go back to the dreams about big old houses. Years ago, when I was about sixteen years old, I dreamed I was in a big old house. To this day I can still see it. I remember the room arrangement. I remember how many rooms we had to go through to where we turned to go up the stairs to the second floor. I remember the room arrangement on the second floor. I had never been through it at that time. At a later date when I needed to borrow an old-fashioned dress for a school play I was in, I went up to what happened to be my aunt's house (that is what we all called her – she wasn't really my aunt); she took me through the house, through the rooms, and up the stairway – right to where I had dreamed was the exact spot where she got the clothing. That is still vivid in my mind today, Father Abraham. At that time, I certainly didn't know anything about my indwelling Spirit or who could be helping me. But I have had quite a few experiences like that in my lifetime.

ABRAHAM: This may seem strange to you, but I say, it is not strange at all. Occurrences as this will begin to happen more and more without any thought to the extraordinary. This is a part of the mind-to-mind communication. Mindal communications will be indeed upstepped and thought of by mortals as ordinary occurrences. You see, a world receiving full spiritual benefits are accepting these happenings to be from Father as 'for their good.' Yes, more experiences of this sort will you all be witness to. Are there any more questions?

CALVIN: Well, a friend of mine wanted me to ask you why she feels so insecure – maybe that is why you're asking if there's another question; so if you have an answer for her, I'll take it back to her.

ABRAHAM: She could answer this better than I could. She holds the answers within. She knows her life experience and she can very well trace the roots of her

insecurity. Insecurity is also an avenue for Father. Tell her to ask for assistance from Him and I guarantee her a sufficient answer.

It is my time to leave. This week I would hope you all attempt to embrace your mortal state, and by so doing you will see that what you long to see is right in front of your eyes. Until next week, shalom.

The Giver Of Comfort Stands By | We Need Not Traverse The Waters Of Adversity Alone
Abraham & Christ Michael, WOODS CROSS GROUP 12-11-1995

Back

I am ABRAHAM. I am happy to meet with you this evening. I am excited by your willingness to communicate with me and, each other, and to keep the flame in our torch lit which continues to light these truths in our Teaching Mission. Without your dedication and desire for Father's will, the steps towards Light and Life would be much more steep. I am thankful for our contact and our friendship.

The lessons on anger are difficult, yes, you still have much to learn. I am happy to continue to assist you in the ways of mastering the self. I understand you all are much more aware of your anger patterns; this awareness is a giant step towards mastering your emotional human side. The Master wishes to speak.

MICHAEL: My greetings to each, I am here by your request. I am personally reaching out to each of the branches on our family tree that is this Correcting Time. You, my children, have endured much inner-turmoil and have overcome many interactive difficulties with one another. I am in understanding of your concerns. Doubt not that I know you strive to assist me in this upstepping of a so-called backward planet.

You, my children, are to be commended for your willingness and dedication to my Father and myself. This road we travel will not be for the weak or the halfhearted believers. This road we travel has been designed to hold the footprints of those that refuse to quit, those that refuse to lie down and be overtaken by their human difficulties. You who have maintained our circle of light do not struggle in vain. Doubt not that your efforts are well known and appreciated.

This evening, I come here for one reason - to make it known that I am available; you need not traverse the waters of adversity alone. Think not on "How can I do this?" but rather, think: "With Father all things are possible," even that which you cannot fully fathom. And, you can trust I am with you. I am one who can assist you in your mental and spiritual energies and emotions. I am the giver of peace. I am the giver of comfort. I will proclaim to you as well as to other worlds that I shall not fail you. Trust that your world is in the hands of those who carefully watch over and love this world as if it was the only world. Carry on.

I am ABRAHAM. We are honored to be in the presence of one that radiates pure love. It is in my information that many are unknowing who to direct their petitions. I say to you, this is the purpose for Michael's message. He asks you to call on Him in that moment when anger has overtaken your sensibility. The giver of comfort stands by.

It is my goal to reach each one of you – to relate to you the message that you are a child of God. It is my goal that you believe this to be true about yourself, personally. Embrace this status. Yes, you must come into the realization that God, our Father, knows you and completely understands. He asks that you acknowledge your son- or daughtership to Him. I say, to fully experience being born of the spirit you must see yourself as a child of the First Great Source and Center.

This week, I recommend that you come to some understanding on the meaning of your role as a child of God. What does this mean? My second recommendation is that you keep in the forefront of your mind to call upon Christ Michael when you are experiencing uncontrollable emotions, such as anger. I say to you, it is not strange that the Creator of a universe would assist with human difficulties; I tell you this has always been so. A few questions?

CALVIN: Abraham, it is surely the highest honor to have our Creator/Father/Brother address us. If we were to consciously realize the actuality of that, I think we possibly would be consumed in our human body, here and now. We must not really realize what is going on, or not letting it soak in, because obviously, we are not consumed. Does that make any sense?

ABRAHAM: Yes. It is thought of by mortals that Michael is too great of a presence to know about personal human suffering; that while wars rage on in parts of the world, 'why would Michael tend to assist someone experiencing anger or inner confusion.' Mortals do not fully understand that with the assistance of the Creative Mother Spirit, He, Michael, is not bound. He is not like one being, one presence, that travels from problem to problem. Michael is like the wind – the wind can be everywhere and yet, still moving, still having an effect. What I would like to help you to understand is that communication with Michael is not strange or overwhelming. It is deeply personal and makes the way for changes. Another question?

ROLAND: I'd like to express my gratitude about His presence here tonight. It is an important time for me. And I would like to know what you would have me do in this near future – I guess what you would have us do to become more conscious of His presence among us?

ABRAHAM: You all are receiving morontial instruction and it is a lot to absorb and put to work in your life. I would say, this group's focus right now is to absorb these teachings and utilize them in your personal life, teaching these skills along the way to others. To best open up to Michael is to truly desire His presence, His counsel. To know that you are using your human resources and desire Michael's presence for direction and peace is cause to rejoice. Michael is present here tonight in part because there is a group desire for His presence. Yes, it is said, He knows what is in your heart. One more question?

JEANA: Abraham, this is more on a personal matter, but it is something that has been bothering me. If there is anything that you can say that might be able to help me out, I would appreciate it. I just need some advice what to do about my recent breakup with my boyfriend and him not wanting to see me again. It is so crushing... [the rest of the question was inaudible.]

ABRAHAM: It is obvious this is painful. What I would like to inquire from you is: 'What is your true desire?' Then consider: 'Why is this your true desire?' – and you need to be completely honest with yourself. Patterns that have accumulated during the course of one's lifetime can create many difficulties concerning relationships. You must understand why – what you are feeling, and why you are feeling this. I cannot tell you to follow your heart because at times the heart can be deceiving. I must advise you to filter your heart's information into your intelligence system. Know this, my daughter, you are a child of God, and this is all you need to be. You need not compromise your inner feelings for another's approval. You are complete as you are, and the love of others cannot add to your completion. The love of others does so often fail you on a human level, but I say, your acceptance of your daughtership in the kingdom is proof that you need not live up to anyone's expectations. Yes, you are a unique personality. You need not apologize for that. You need not change. To keep your eyes upon the giver of all comfort is to stand bravely and face your pain without fear.

I am in awe of the love I feel for you each – those present and those absent. I will meet with you again next week. Shalom.

Friendship | We are Each Part of the Ocean of Humanity | Through Our Human Contacts
We Learn Most

Abraham, WOODS CROSS GROUP 12-18-1995

Back

I am ABRAHAM. Greetings to you. I am filled with enthusiasm and hope as I witness you all here tonight. I am overjoyed by your welcoming attitudes and your sense of family togetherness. I ask you, this past week did you remember to call upon the giver of peace and comfort during those times when anger has overcome your rationality?

It is most effective to think of the Master and ask for His assistance during those times of anger. It is most fitting to release your subject of anger to Michael and wait upon Him to re-sculpture this anger, and give back to you a clearer thinking, problem-solving attitude and mind. Yes, anger is such a controlling emotion; at times it controls you and you feel helpless against its grip. To call on the Master is to regain control over the issues of anger. This subject will be a long time in learning how to master it.

During this festive season, it is quite easy for mortals to experience a full and colorful rainbow of emotions. Many are caught up in the purchasing of material goods so as to fulfill some emptiness or an attempt to communicate their love to others.

Some of your fellows experience stress and anxiety beyond your comprehension and completely miss the reason of this time of celebration. Some mortals become overwhelmed by their feelings of emptiness; perhaps they are without family or companionship; perhaps they are let down by things that were expected to give them fulfillment.

Much emphasis has been lost on the purpose for this time of celebration. Yes, many mortals do celebrate the birth of Christ – some do spread goodwill and extend their hand in brotherhood. I say, most of the spirit of this season has been made to sit

in a department store window and advertise to mortals - that true happiness can be purchased.

I say to you, my associates and I will take full advantage of the season trying to reach as many hearts as possible. We would truly desire an attitude of goodwill to persist all year long, but many times the attitude of goodwill disappears with the rushing of everyday life. With this rushing of life, many opportunities are missed opportunities to plant the seeds of God-consciousness; opportunities to fellowship and truly reach out to a soul that possibly just needs to talk.

Where your focus is, is the yardstick which will measure your amount of spiritual intake. If you are focused on material goods, for example, this will block your inlet of spiritual experience. To focus on anything other than the sharing - fellowshiping and service with your fellow mortal friends, family, and co-workers - is to miss spiritual opportunity and experience.

You understand not the importance of your contact with one another. Coming here to learn from these teachings is only a small part of your spiritual education. I say to you, through your acquaintances and fellowshiping with one another are you expanding your spiritual ideals. Through your communication do your fellows know you, and you, them. Through your patience and understanding do you feel at liberty to be open and honest and accepted by each other.

Yes, these teachings are but a small part. It is your friendship and dedication to each other that can move mountains. It is in your communicating that you understand your friends may require assistance - or, be able to assist you. If you choose not to share your human experiences, then you cannot expect your fellows to understand.

Your friendship is like the ocean - the water may circulate and go in different directions, and some may evaporate or perhaps be washed on the shore and on to other beaches; but I say, the ocean is deep and wide, and no one can separate the water from the water. I say to you, your friendship is the ocean - and together, your faith can support a ship. Through you, and through all you know, you continually feed each other - faith, and love, and the desire to be God-like.

It is through your human contacts that you will learn the most. This 'mortal interaction' is not a class that you can skip, no, but a required course for all of Father's children. It is through your giving and receiving of communication that will assist you in this course of human interaction.

The Master was highly skilled in this area; He was not easily manipulated by others; He was not afraid to be Himself around others; He did not allow shyness to overtake Him. Jesus was a gentle man, and yet in His eyes, people could see His enthusiasm for life; He let no one stop Him from experiencing His zest for this life.

Be not lost in the quick pace of this mortal life. Remember Jesus, the Master, performed some of His greatest works 'as He passed by' His fellow mortals. He was a man genuinely concerned for all of Father's children, and His contagious joy spread to those He touched with His kind words. Have you questions?

RACHEL: Father Abraham, I'll ask one. It is not concerning your lesson tonight. On Saturday, on television, they had what was supposed to be a show about your life's history. First: I'd like to know if you saw it? Secondly: I would like to know if it was fairly accurate, or not? Thirdly: I would like to know if the way they portrayed you, Abraham, if you look anything like you looked in your mortal life?

ABRAHAM: I would ask you, what was your thoughts on this?

RACHEL: My thoughts were that it was a spiritual show. It was a God-loving and worshipping show on your part, and on your followers' part. On the other hand, there was cruelty. You know what I thought!

ABRAHAM: There have been many portrayals of my life's history; I am familiar with some. I cannot vouch for the authenticity of these earthly accounts. I am permitted, however, to teach of the spiritual experiences in my life – just as the Master did; it was important that His apostles relay His message and the experiences that pertained to the spiritual kingdom. I am not permitted to give a lot of details about my life unless they assist you, spiritually. My daughter, you have spoken of the most important factor of this spiritual story, and that is – it made you feel spiritual and focused your mind on Father. History can be very interesting; but I must say, draw the good from history what you have learned, and make that stand at the forefront of your mind. As to my appearance, you shall know this personally at some time when we are to meet face to face. Is this acceptable?

RACHEL: Yes, it is. I'll tell you, for several years I have had a mindal picture of you and Father Ham, both of you; and you are completely different. And I know that you and I speak mindally because you're using me as a switch-box in order to get to Joshua and get messages to him.

ABRAHAM: Yes. I doubt not that you are aware of many things. Can you testify that your life experience has assisted you in your inner knowledge? (Rachel: Yes sir, I can.) Abraham: Is there another question?

HONORAY: Father Abraham, I guess I am just as curious as Rachel because when I see a lot of the pictures that we have of the twelve apostles, the oldest one was only thirty-three, which was Andrew, and yet, they are all portrayed as older men. It is a natural curiosity that all of us have, so I guess that is just the part of us that we're curious about. We do value your lessons very much and appreciate your beautiful words, so that is the important thing. Thank you.

ABRAHAM: Yes. You are welcome and I completely understand this human curiosity. Another question or comment?

HELEN: Father Abraham, I've been thinking back on some of your other lessons on our human emotions – anger being one of them; and that there are other mood-altering conditions. Our bodies, being of chemical make-up, we know there are other chemicals which we put into our bodies, which are prescribed. With my health condition, the doctors have been giving me a lot of different medications, and are constantly changing them. I am wondering – should I try and steer away from more medications? or continue changing medications to find what works? Should I try and do it through

natural homeopathic type ways? or should I stick with the doctors? It concerns me that they are just manipulating some of the symptoms and not the real issue.

ABRAHAM: It is your opinion on this that matters most. I do say, should you choose to continue your material medical treatment, rest assured this decision is up to you because you are fully aware of your human symptoms and sufferings. I would ask you to re-evaluate your personal feelings and fears because I say these also are connected to your well-being. I have much confidence in your abilities, Helen. I understand that you and your inner-God are your best physicians. I am unqualified as a medical doctor, but I would certainly assist you in your exploration of inner feelings and fears. Does this help?

HELEN: Kind of. I am hearing that I should listen to my inner self and listen to my own body because I know my symptoms and my situation better than anyone. It just makes me nervous when they try and introduce other medications. I am uncertain because I don't know. And I don't know who to ask to get a good honest answer. I don't have a lot of trust in mortal doctors at this point.

ABRAHAM: This is highly understandable. I would say to you, examine your own best judgment – see if it is free from mental anxieties and fears, and aligned with the Father's will for his daughter. I would say, if you are untrusting in your physician's advice, then move slowly and with caution. Be direct with your caretakers and demand proper medical care. Do you see, I am to help you with the spiritual aspects of your dilemma. I am sorry I cannot do more. (Helen: Thank you. You have helped.) Abraham: You are very welcome. Another question?

LINDA: Abraham, may I just introduce my mother-in-law, Shirley. She has been here a few times before but I didn't get a chance to introduce her.

SHIRLEY: Linda suggested that I ask if there is a group in Little Rock, Arkansas, where I will be moving? I am interested in this Teaching Mission and would like to continue with it.

ABRAHAM: Not directly in Little Rock. A group is just outside of Little Rock. If you search, your efforts will not be disappointing. Yes, you have acquired enough knowledge to carry on our work. Your efforts in this work will be fruitful and yet, you may not comprehend how. But I say, you shall certainly know the joy of doing our Father's work. Does this help? (Shirley: Yes.) Abraham: One more question?

JOEL: I have a question. You talked about relationships, friendships – that they're necessary, and that this is something that we have to do here. You said that Christ Michael was not fearful, and not shy. But isn't it true, that in some ways that we have to be a little fearful or extra cautious; and shy, or careful, or we could get hurt? How do you overcome that? I think you understand the question better than I can say it.

ABRAHAM: There are times in your life that you meet with another that you feel you know, even though you do not; and yet, there is a feeling of kinship and likeness. When you remember these meetings, you are likely to discover that you yourself, on this particular chance meeting, you were being just that – 'yourself.' You were

without caring if you impressed this person or not; you had no expectation of friendship or investment of feelings if they liked you or not. This put you at liberty to be 'yourself.' The person with whom you feel this kinship can sense this ease in your being, and he (she) is at ease to also be just himself or herself, and that you find this completely acceptable. Jesus, who was so dedicated to the doing of His Father's will in heaven, completely thought and believed Himself to be the Father's child; there was not a doubt in His mind that He was a child of God. This acknowledgment gave Him the liberty to be accepting of Himself and to dare put Himself out there for all to see. No, He was not shy, He was the master of self-forgetfulness. Jesus' focus was not on Himself, but on His fellows and the Father's work. He was not focused on others' opinions of Him, and therefore He did not care what opinions people might hold of Him. He was entirely focused on the love of God and how to reveal this to His fellows. Being a man – human and divine – this was quite acceptable to Him. And yes, this is what He asks of us: to accept our humanity and our divinity and have this be enough – a child of God.

I would like to express my thanks to you all. I truly adore each of you and I am with you many times if you so desire. Remember it is your friendship that keeps the boat of faith afloat. Until next week, shalom.

Looking Back Over Our Personal Hardships of Living | Our Unity Will Carry Us Forward
Abraham, WOODS CROSS GROUP 12-25-1995

Back

I am ABRAHAM. Greetings, and welcome. I would like to begin by expressing my gratitude to you each. I thank you for your steadfast attitudes and open hearts. I am grateful for our friendship and I pray that you will all begin to understand the bond between you and myself.

Last week I spoke of your continuing support of one another and your friendship being much more important than you had previously understood. This group has experienced many things in our time together; you have witnessed certain events that would probably be devastating to others. Through it all, this group has remained as is the ocean – parts of the ocean may go, may evaporate, but I say, the rain comes and the ocean is still the ocean.

With this body of water, there is strength. This ocean has weathered many storms, yes, but this ocean still can support the largest of ships.

I have watched you, my friends, experience death, new life, illness, healing, separation of families, separation of partners. I have been witness to the joining of couples in marriage; the happiness; the sadness; the disappointments. Yes, I have been a part of your ocean; and you, my friends, and myself, have remained just that – the ocean. Just as it is with everyday mortal living – events take place that do affect you in one way or another, and you have survived. You have struggled, yes, but I say you have gained in spiritual education, and that does not come easy.

Many individuals toil through this life and are affected by every minor event that occurs. Some say: "How bad is this life, how am I to carry on?" Some say, "How strange is this life, I shall attempt to carry on." And still, others say: "How adventurous is this life, in what creative fashion shall I tackle it?" Many mortals

are traumatized over painful events and tend to blame others for their unhappiness. Unknowing are these mortals that their life is just that - life, life on a material planet. Life is not against them (although, they may believe it is), but life is just occurring, and it is not to be hidden from.

Our Heavenly Parents know quite well our path and have laid it before us; it is quite an adventure for those who perceive it that way. Others may feel highly sensitive to their human struggles and choose to not look at them; they understand not that we (those who live here in this world) have an education to complete.

Yes, the length of time this particular mission group has stayed the course testifies to the fact that yes, Michael and His associates do indeed know what they are doing. Without a doubt they have planned the course, yes; and you, our mission fellows, have stayed the course. I say to you, our gratefulness goes beyond description, and we are looking forward to another year filled with the waves of this ocean.

We look forward to our association and friendship with you. We are thrilled at this work in which you help to carry on. The effects of this mission may not seem so clear now but I ask you to look back to when this all began - did you foresee the spiritual knowledge you have received? Did you believe you would experience so many different aspects of life's experience?

I repeat, the ocean cannot be separated. It is your unity that has carried you on through what appears to be human sufferings. Your common ground has firmly planted you in the soil of faith. I look forward to continuing to assist you in developing your morontial education. Have you questions?

CALVIN: Abraham, in your lesson you have drawn out a lot about this being the ocean and 'the ocean can't be separated from the ocean; water can't be separated from the water.' Are you saying 'the honest in heart, true believer and seeker of truth' can't be separated? or are you meaning that 'all of our human family' can't be separated from each other.

ABRAHAM: Yes. That is a part. I speak of your group in connection with other teaching Mission groups; and, those that seek to be God-like. My point concerning the ocean is but a small part of a larger lesson in which I plan to teach. Don't get too far ahead of me.

CALVIN: I noticed your lessons do that, tying in several concepts and points and making the larger point after several lessons. It is really beautiful to see it. I'm glad to have my son, Lance, with me tonight. He has been wondering where his dad has been all this time on Monday nights. (Abraham: Welcome, Lance.)

CALVIN: Regarding my presenting these transcripts to Mr. Woodard, we're not privy to where he is going with them - does he read them? or does he just chuck them aside? Is there anything you might want to say? Maybe I should get back with him to see what is going on? [Editor's note: A Mr. Woodard, from another part of the US, had requested weekly copies of Abraham's lessons.]

ABRAHAM: Yes. My son, Calvin, you have done a fantastic service for those reaching out for our teachings, and we are happy with your dedication and perseverance. I would ask you to release the results of your labor. Take an attitude of detachment and know you have served and have served well. Feel no anxiety or apprehension over this. Please feel free to resume your regular spiritual studies. Does this help?

CALVIN: Yes, other than I should probably make an appearance back, since I told him I would, or are you saying drop it from here?

ABRAHAM: No. I am simply suggesting to care not about what results. You have completed a wonderful service. I would ask you to worry not on these results for they shall serve their purpose. Know this, your carefree attitude would best further this project onward, and I wish to help you maintain balance. This project is but a small part. You need not worry. Does this answer? (Calvin: Yes. I understand what you are saying.) Abraham: Another question?

JOSHUA: Father Abraham, in your reference to water evaporating in the ocean, are you saying we may lose some of the members of our group?

ABRAHAM: All water that is evaporated goes somewhere to serve some purpose elsewhere. Some, yes, have already gone; and yet, it has rained again. Water is always moving and sustaining life. I am saying, worry not on where the water may go, for the rain comes soon. Another question?

CALVIN: In a lot of these lessons I am going through, a lot of reference is addressed to "the Father." It seems a little bit removed from 'our Father.' Is there a better way of saying that phrase? "The Father helps us all" versus "our Father who helps us all." Does that make any sense?

ABRAHAM: Yes. That reference to 'the Father' is made to express the First Source and Center, the Father of all fathers – a reference made in which to express His omnipotence; it, however, mostly is just words. Language is always binding. Of course we mean to teach that 'the Father' is truly everyone's Father. Does this help? (Calvin: Yes. It is kind of like a title, then, to distinguish Him above all others.) Abraham: Yes.

I perceive time has come to take my leave. It has been a pleasure to relate with you each. My love to you. Until next week, shalom.

1996 MANSION WORLD TEACHINGS

Lessons Typically Given On The Mansion Worlds Are Now Available To Mortals

Abraham, WOODS CROSS GROUP 01-01-1996

Back

I am ABRAHAM. Welcome. I am happy to speak with you this evening. These last few weeks have been extremely busy for me and my associates. We have continued to elevate the concept of the kingdom of God and help to implement acts of goodwill in the hearts of mortals.

We find certain times of the year are ideal for seed planting. I am honored to

assist Michael in the sowing of these seeds. [Editor's side note: The Old Testament has a statement that Abraham was told that 'through "his seed" the world would be blessed.' Abraham's words in the above sentence regarding "seed planting," and in paragraph six of this lesson perhaps does shine a whole new light on that Biblical statement.]

I have spoken to you on your part in this family of Father. As well, I have attempted to bring forth your sense of family togetherness within this group and other mortals you have contact with. It is my goal to bring to you the early lessons that you discover on the Mansion Worlds. I have said, these teachings are to propel you forward in your spiritual learning that you may teach others.

I say, signs of a world stepping forward into Light and Life are beginning to shine. I rejoice and give my gratitude to a Father who is so watchful of every universal detail. Many mortals have yet to learn that they belong to this great ocean that is the kingdom of God, the Father's family. The ocean is a mystery. No human can estimate the depth or begin to understand the square miles that is the ocean.

The ocean sustains life and nurtures and protects its inhabitants. The creatures of the ocean know not how they are sustained, they only know that they are; they are completely trusting in their environment to feed and house and protect them. The creatures of the ocean ask not who provides this sustenance; they worry not if the ocean will disappear; they think not the ocean is incapable of fulfilling its duties to them.

I tell you, those on the First Mansion World are discovering that this lesson on the ocean is like the kingdom of God. These students are now understanding that their true sustenance lies within their trust for their Creator. Those on the more advanced levels of morontial education are perhaps like the inhabitants of the ocean – they ask not if the creator of a universe will still be capable of overseeing their survival. These students are in knowing; these students are trusting – just as if they never knew what the concept of 'distrust' was – it is that natural.

It is simple for me to speak on trusting your Creators for I have met one such Creator face to face. Yes, it is so simple for me to speak about trust for I have met the entity that is the embodiment of all trust. I can only plant the seeds of trust, but it is you that has to reach for the sun and rain and nutrients within the soil to ensure the seeds of trust grow robustly and hardily. Once you have begun to establish trust, then shall your true spiritual powers bring forth the fruits of the spirit.

I have not always known this trust. I have not always known such confidence in a spiritual force that I could not view with my eyes. Trust is evolving and always changing, growing; you may not even realize the change/growth. Trust may grow out of the most dreadful times of spiritual doubt.

Unwavering faith is perhaps like water to an untrusting plant. You see, it is your questioning, your asking, that brings you the light of truth. With this truth comes the fact that Father is a loving and responsible caretaker to all His children. Yes,

it is perfectly acceptable to question your spiritual steps of learning. But I say, it helps to light your path if you fully believe that the Father of all fathers watches over you as if you were His only child. Father knows your heart, your mind, your desires, and it is His desire to have you believe that He is fully capable of assisting you in your steps to Him.

I ask you to try an experiment: Upon awakening each day, look to your Father and say: "Father, this day I shall put my life in your hands. I shall fully trust your decisions. I am knowing of your power to shape me and my life into a successful spiritual student." Yes, I understand that to fully trust in your Father is perhaps like feeling your way around in a dark room – you move slowly, you take small steps. I am happy to receive questions.

ROLAND: Abraham, thank you for that beautiful lesson and instruction. During the last ten days, I have spent some time, as you know, with a woman who is known by the name of Guru Mi. During those ten days there was a process called 'Shakti.' It is a process in which the enlightened guru transmits God-consciousness to her students' psyche. It is a pretty amazing experience these people have during that particular intensity. I was amazed at the energy that I received from the experience. In your knowledge, can you help me understand what actually occurred there? I am at a loss to reconcile that with some of the other things that I have learned. Do you have a comment, perhaps assistance?

ABRAHAM: Yes. Yes, transmission-receiving, correct. I am understanding that when the shades of a window are fully open, a room can receive more light. Yes, the power of this conference was highly energized for there were so many windows that were receiving a more full light. You see, this opening to spiritual consciousness was adding to the information you were receiving. The more you are trusting, the more you are allowing light to enter in – and the more light you will receive. Yes, I am aware that this individual you speak of has allowed herself to be a lantern for which the light of God can shine therefrom. Does this answer?

ROLAND: Beautifully. What occurs to me is that we are each sons and daughters of God; and that as we become closer to perfection we are able to transmit this 'shakti' to each other; and we do this on many levels. This particular individual, it seems, has purified herself to the degree that this light is transmitted in great abundance. Could that be one of the lessons of this experience? Does she have a special calling or a special anointment of transmission-receiving this God-consciousness, that is exclusive to her?

ABRAHAM: No! She is, yes, a child of God. She is an open individual who desires to serve. And those that believe in her do supply her with the energy to receive much spiritual enlightenment. She is assisted by those who share in her beliefs. Am I understanding you?

ROLAND: It seems to me that you do. My notion at this point is that we, also all equal sons and daughters of God, as we purify, or as we approach or strive for perfection, as she has, we will also be able to give 'shakti,' or be channels of the light of God, to people who will actually feel energy in the moment.

ABRAHAM: Yes, certainly. As you grow in faith and trust, you will receive the amount of spiritual knowledge that you are ready to receive. Does this help?

ROLAND: Yes, very much so. You must also be familiar with a Julie Garfield who was in attendance from Albuquerque, NM, who is very interested in the Teaching Mission. Twenty-six years ago she was touched by the Urantia Book. It is my notion that they will be people who will carry on the Teaching Mission work in Albuquerque. Are you familiar with Julie Garfield or the spiritual name that she is known by, Ganid, which was a curious similarity to the same name in the Urantia Book. I'd be curious to know if you know about that connection?

ABRAHAM: I am in understanding. My co-workers are familiar, but myself, I am not. It is wonderful that you can listen to her with such understanding and assist her in her understanding of the Mission. Another question?

CALVIN: Abraham, in your lesson you talked about trusting like the creatures of the ocean do. They don't worry, but totally trust they are provided for; and I know it takes daily living experience to have that full trust. But in our lives of having to pay bills, and in our 'fight for survival' it seems like – if we didn't have this monetary system it would be so much easier; easier to just live off what is there and rely on our assisting each other in life. I think your bigger statement is that Father will provide for our spiritual needs, yes, and also for us not worry so much of our physical needs, but trust that He is there for us in all things. And in the 'not worrying so much' maybe we are taken care of even better than we had thought possible? But for me, this is so hard to do. I have gained a lot more trust since this Teaching Mission began, yes, but I'm still not there yet regarding my 'plight for survival' in material needs.

ABRAHAM: Yes. I fully understand. It is difficult as agondonters [those who believe without seeing] to go about their daily business believing that Father is truly concerned with each and every little detail. Many mortals believe Father to be like man, and these mortals have learned that man cannot be relied upon to fulfill the space that was meant for Father. Those who believe that God is like man will never be wholly trusting of Father. Those mortals, however, who pay attention to Father's fingerprints are knowing of His power and overcare of the world; they learn little by little to trust, and know that Father has power beyond any human concepts. It is a sad state to minimize Father's power with man's limited view. Once a mortal has taken a step towards faith and trust will they begin to experience the very unlimited power of God. Does this help?

CALVIN: Yes, very much. Are you familiar with Mindy's situation up in Idaho this last week? (Abraham: I am.) Calvin: I'll leave it all in your hands then what you might want to express on this situation – either through Marlin and Helen, or directly to Mindy. [Editor's note: Marlin's daughter-in-law, Mindy, in Idaho, had some alarming experience wherein she claims an encounter with "evil spirits," which caused some fear/anxiety.]

ABRAHAM: Have them speak to me directly. I will be there for them. They need not fear the imaginings of the mortal mind. I will be honored to assist this family, personally. They are a family looking for answers and grasping at straws. Mindy,

you, my child, are loved by one who holds the very source of all power in the palm of His hand. Our God is a responsible God and would never allow mischievous rebels to roam and harm any of His children who put their trust in Him. Where do mortals receive the idea that evil is more powerful than good? How can evil within one, overpower the Source that created all beings? Mindy, you have to ask Michael to enter your heart, your mind, your soul. You need to accept that you are a child of God and fully worthy of survival. If you are to help your children, you must ask for yourself to receive Father's light and be accepting of His love. This is fitting with tonight's lesson. Send her the last couple of lessons. I suggest Marlin [John C.] inform her on the stillness practice. I will be there.

I remind you each, to dare to put your trust in Father; dare to lay your very existence into His hands and watch what unfolds. Until next week, shalom.

New Doors As We Put Our Trust In The Very Force That Gives All Things Life

Abraham, WOODS CROSS GROUP 01-08-1996

Back

I am ABRAHAM. Welcome. Thank you for coming. I am honored to assist you in your attainment of our Paradise goal. I trust that you all had an active week in learning to trust our Father, the Father of all fathers. Those that take a chance trusting a God which they cannot view with their material eyes find that many doors are opened to new morontial experiences.

Many of you have stumbled in the dark and have felt fear, and many of you have stumbled in the dark and have relied upon and trusted Father for safety and guidance. Trusting is not as common as it once was between mortals; to trust, is now, to almost go against the grain. Learning to trust takes time to grow, just as a small plant must struggle to survive.

While it is true you cannot at times trust your fellow mortals, it is also true that your Father is not like any mortal. Once you take a chance and trust Father to place you on the path that He has chosen, and which you have accepted, you will discover many new branches on the tree of mortal experience. Yes, on the tree of mortal experience, once you have established trust - you then realize that Father has many more discoveries than you've anticipated. To trust Him is to open your line of communication with Him and His army of various helpers.

To believe that negativity could have a place next to trust is not reality. To trust in your Father is to be shielded from the negativity. To literally trust is to be empowered with a strength that can only come from God-knowingness; this spiritual power is nothing other than the pure love that radiates from our Paradise Parents, the pure force that creates the universes. To trust is to be open for more spiritual understanding. To trust is to accept more spiritual responsibility - you are trusting in Father's destiny for you, therefore, you are aligned with His will and empowered with the tools to carry out His will.

As you realize and accept your place within the Father's kingdom, you are learning to trust in the very Force that gives all things life. This is why I place much emphasis on your understanding of your son- or daughtership within this kingdom;

your son- or daughtership goes hand in hand with your trust in the rulers of the universes.

I say to you, with this new realization comes new responsibilities – and, new power to perform your duties. Responsibility may unnerve some, yes, but I say – with new responsibilities there are new levels of joy that are experienced only by those who are in understanding of this concept.

With the forward movement of this Mission, we are giving our students the tools to press on. Those students that trust in their own inner knowledge of God will receive the training and the tools to further this Mission. I say, these responsibilities are not a burden, no, they are a privilege. If you were to have such faith in yourselves as your Father has in you, you would certainly move mountains.

I am responsible for certain duties, and I do not feel they are a burden but I feel honored to be trusted with such responsibilities in the kingdom, and I am energized by the trust that Michael has in me. I have been trained and given the tools to perform my duties, and I am filled with the love that is the true source of all power. The more I serve, the more I crave to serve.

I've described this Mission as 'the ocean' regarding its strength and powerfulness. With that, I mean to say the water can either heal or be quite destructive – the water can 'sustain' life and yet, a tidal wave can 'destroy' it. Nevertheless, the ocean is more grand than you or I, individually. The ocean is the sum total of believers; and these believers can unify and sustain life – or, cause feelings of separation resulting from petty disagreements and become destructive. If all believers could stand upon the common ground of trusting their Paradise Parents, they could create a force of good that would be the very force needed to heal much of this world's pain.

The common ground of trust is like the calm winds that create small ripples in the water – with the beautiful sunlight reflecting off and restoring goodwill in the hearts of humankind. Instead of judgment toward your fellows, divert your attention to the trust you have for those who rule the universes. With that first little thought of judging another, say to yourself: "Father I trust in your abilities to show me what you want me to know; help me to believe you are involved in everyone's life, for everyone is a child of God."

With the changes you have experienced within these years of the Correcting Time, you will begin to experience morontial lessons at a much faster pace. This is not to be imposed upon you, no; this is by your own choosing, by your own desire. Those that listen to us will help to advance Michael's plan for upliftment and planetary healing.

The lessons on trust are just the bottom stair to a giant staircase of realizations that have, for the most part, only been experienced on the Mansion World, until now. This world is catching up to where it should have been. I repeat, when you are trusting your Father, His will, you are given more responsibilities; and with that, the spiritual tools to complete them. Are there questions?

JOSHUA: I have a question, Father Abraham. Last week I was watching a show on TV and it showed a person that was responsible for a cure for Aids. Is this true? Are we any closer to coming up with a cure for Aids?

ABRAHAM: I am certain that medical technology improvements are all included in the planetary healing, specifics I cannot reveal. But I can say, those mortals who seek not self-glorification are being contacted concerning medical improvements, and answers to the destructive ailments that plague this world. It has taken many years to bring about such medical improvements. I can say, these improvements will certainly be upstepped even more as our Correcting Time moves forward. Another question?

ROLAND: Father Abraham, in regard to the lesson, you spoke of calling upon Christ Michael to assist us in our finding a trusting way through this life. Also, in our adversities, as well as our looking to do the will of the Father, we were to call upon Him in that request. I am having a little bit of difficulty because my prayers have been so uniformly 'calling upon the Father' – our Father in heaven, the one who dwells within me and assists me in this mortal experience. How should I call upon the Father and Christ Michael in an appropriate way? I have struggled with that. I would like some instruction.

ABRAHAM: I understand. In the ways that are divine, I have instructed you to speak with your indwelling Father Fragment. He is always lighting your path to Him and He is best suited for your higher spiritual learning. I have referred you to the Son concerning human matters. Michael is fully understanding in the human emotions, such as anger, and may assist you in answers to controlling these human emotions. Michael is a great buffer against the winds of anger and He fully understands your efforts in self-mastery. I say, let this not confuse you for "if you have seen the Son, also have you seen the Father." Likewise, if you speak with the Son, also have you spoken to the Father. Yes, always should you go to your inner understanding when petitioning your concept of what God is. Always should you trust your feelings in the way in which you wish to pray. Michael mastered His mortal emotions and was fully enlightened by His Paradise Father. I refer you to the Son for your own benefit in that you have studied His life and possibly have a better knowledge of how He lived it. He is a smaller, more easily understandable, approachable, fragment of deity. Yes, concerning human emotions – it is of great comfort to petition Michael. In matters of spiritual and universal understanding – it is best to directly petition your indwelling Father. But all in all, words are just words, and I can verify your heart is fully understood no matter who you ask. Is this helping?

ROLAND: Very much, and very beautifully. In addition, it seems to me this is another element we may want to pay attention to, that I would like to pay attention to anyhow, and that is to know that our Creative Mother Spirit is often in residence on Urantia, and that she is here for a purpose. Is there a time or an appropriateness to pray or petition Her for a specific human need, spiritual need?

ABRAHAM: Mother is not bound by time or space any longer. She can hear you as easily as Michael. She is an effective and wonderful minister to those who call upon Her. Mother is ministering to those groups who find themselves in adversity, such as minority groups. She is assisting in uplifting the consciousness of all who are

perhaps biased in their feelings of 'who is a child of God, and who is not.' She is diligently working to correct the imbalances of societal ills, yes. But I say, Mother still answers those who ask for Her assistance, no matter where she is in residence. Does this answer? (Roland: Yes, thank you.)

HONORAY: Father Abraham, talk about being tested on our trust and our emotions. Worrying about all the violence and everything that goes on around us – we were all tested a little last week. Were you aware of what happened right outside when you were giving your lesson last week – that the young man was killed out in our parking lot? The next day I had a hard time trusting those that are around me. It was pretty hard to keep from shaking all day and not giving in to just wanting to barricade ourselves in when things like this are going on. It really put me to a test.

ABRAHAM: Understandable. (Honoray: Were you aware of that last week?) Abraham: Yes, but I know only as much as you. That is not my area of work. Violence is truly a test for mortals. I am wholly understanding of your need to be safe and feel safe. This is why I ask you to exercise your trust for Father because He is unlike any mortal you have ever known. He is completely responsible and desires your trust in Him. He is watching over all His children, but many of His children are not looking back. If they are not understanding of His love for them, they will not be understanding of His watchcare over them. You, however, who are in understanding of Father's watchcare, you are in knowing of His powerfulness. Guns may rule man, but they cannot influence God. Your trusting in Father to always be with you is to absorb His power, His courage, His love; and then can you step bravely forth into the world and teach this concept to others. I completely understand, yes. You are in an exercise of trust, as are many. This is not to be feared. Another question?

RACHEL: I just have a comment, Father Abraham. You were describing a beautiful faith and trust that our Creator Father has in you. I want you to know you gave me goose pimples all up and down my spine, and I just really and truly feel like I could feel your presence, and I wanted to make that comment. (Abraham: It should not be new to you. We have spoken several times. You know me just as I know you. Another question?)

CALVIN: In your lesson, I feel that you are asking us to take a sincere look of how willing we are to be responsible in this Teaching Mission. Surely, we don't have the kind of trust in ourselves that our Father has in us, or as you do, in asking us to trust that we are capable of being a great help to the world and to ourselves. Before Jesus left His apostles, He did say: "Greater things shall you do." I am getting the feeling that that wasn't meaning greater miracles and so on, but greater things for effecting a change in the world. In light of what you are saying tonight I can see that – that no miracles are going to change people; but light, truth and love, would make great changes.

ABRAHAM: Yes, correct. Even though self-trust may not always be present, your basic foundation should be trust – trust in the Father. It is the Father that reveals to you your abilities and empowers you with the knowledge you need to fulfill His will. Yes, trust in Father is the first step in the staircase of many steps: such as self-trust, faith, courage, endurance, tolerance, and so on. Yes, it begins with your faith; faith intermingled with trust – trust in a Deity that created the

universes, and all life. Does this help?

CALVIN: Yes, it does. The whole basic element, then it seems, all boils down to how much trust we have in our Father – putting our full trust in His watchcare, His help; and knowing that He will show us in every little part of our way. Thanks. (Abraham: Yes.)

RACHEL: Father Abraham, I would like to present to you this evening Marcese, who is here with us, and ask if you have a comment for him. And also, he wishes to make this comment: He is leaving soon to go back to Ireland; and when he does so, he is asking that you make good use of him over there.

ABRAHAM: Yes, we are knowing of each other, Marcese, greetings again. I am delighted in your association with Joshua. You are certainly a Spirit-led individual. We are happy at your willingness to serve. Have you a question?

MARCESE: Yes, Father Abraham. If I offend you in asking anything, please forgive my ignorance. What I want to ask: Like most Europeans, I am very concerned about the conflict in Bosnia. The 'peacekeepers' that are now there will number sixty thousand in about two months' time. In a year, they are supposed to be gone. Will the three denizens of the area – the Croats, the Muslims and the Bosnians (they don't like each other just as the Irish Catholics and Protestants in Northern Ireland) – will they, as we have learned in Northern Ireland, learn to live in peace and mutually exist? Or will blood continue to be spilled. I repeat, as most Europeans, I am very concerned about this because this could spill over into all of Europe.

ABRAHAM: Understood, understood. Down through history has man fought one another only to find that there is no light at the end of this tunnel. This area of the world of which you speak is at a stage of evolving as a people. I say, and with regret, that some things have to become unbearable in order to get better. It is horrifying for the angelic beings that assist, to witness such misunderstandings between mortals. God could intervene with one wave of His hand and stop this war, but this would not teach His children that peace and tolerance comes through understanding. I say, there will definitely be a day when war is no longer deemed as power, and 'understanding' will be the peace-keeper. It is through understanding that we learn to love and accept. Your concerns are known. You are amongst many who have prayed and have deeply desired for an end to this suffering. Believe me when I say you all have been heard and that the Father reaches each of you, and all of you, with His love. He calls to all and tries to make understood that He hears their prayers. He asks back for His children to listen to Him. He awaits their answer. Again I say, those who have left this world are completely safe; they will understand everything, in time, for these men, women, and children, will experience far greater happiness than they have ever known. Yes, the killing is sad, but I reassure you that those that have gone are in the hands of the One that created them. Worry not. Does this help? (Marcese: Very much. Thank you very much.) Abraham: You're welcome. One more question? [there are none.]

I am happy to be of service to each and every one of you. I will meet with each one during the week. Until next week, shalom.

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Listening And Understanding Helps Your Self And Your Fellows

Abraham, WOODS CROSS GROUP 01-15-1996

Back

I am ABRAHAM. My greetings to you. It is my privilege and honor to know each one of you. I am always looking forward to our personal time together. Did you notice my presence during the week? Did you find you were unexpectedly assisted with a problem? Did you feel comforted at a moment when you expected anxiety?

I say, this is basically how we communicate with you. It is absolutely natural and nothing to be feared. Communication between us is not to be rushed, is not to cause you mental anguish. Spiritual conversation between you and me is to be of your benefit and mine. I strive each day to meet with several students in the hope that Michael's work will ripple outward to those you know.

As I have spoken before, the kingdom of heaven is like the ocean and all components make up the whole. I am a drop of water within an enormous body of water. I strive to assist the whole, yes, but in order to do my job, I must take small steps to reach the few students that I can. The students who allow my words and learn spiritual truths, and who desire to serve, do also assist in serving the whole. Do you see - we are each, many small parts that create 'the whole.'

Mortals at times dwell upon their own unimportance not knowing they assist in serving the whole. They feel that since there are so many drops in the ocean that one drop will not be missed. I can tell you, our Father knows His ocean beyond its molecular level - and yes, one drop is deeply missed. It is this one drop that Father strives to bring back to His vast ocean. He is concerned with each and every part of the whole.

Mortals who can trust and move freely within their area of water are likely to attract the rays of the sun; they are likely to bring more light into their small area within this vast ocean.

When you review your life, can you not observe Father's fingerprints along the way? Even in your darkest hours, can you believe that you are not totally alone in our great universe? Always are mortals searching for proof that God exists. When you review your life and mark Father's fingerprints upon it, you will conclude that this is the only proof that you can record.

We have spoken much about trusting the Father and His legions of planetary helpers. We have been opening the door of truth very slowly so as to not blind you. Trust is the bottom stair in a great stairway of understanding. To risk your ego, and take a chance on trusting that in which you cannot see, is to open the door of truth a little wider. As you learn to trust, you are given more responsibility along with the spiritual tools to perform your responsibilities. One of these tools could perhaps be entitled listening and understanding.

In the world's history, it has often been mortals talking about themselves. One and

all are involved with their own life and very few stop to listen. If very few stop to listen, then very few are understood. We have passed beyond the era of mortal 'self' involvement. Yes, humankind is coming forth from the cocoon of selfishness into the light of service.

I have spoken before on the subject of communicating with your fellows. I have said, if you are not willing to speak, then you cannot expect to be understood. It so goes with listening; if you cannot listen with an open heart, then you are missing understandings that could help you help your fellows, or yourself.

Listening and understanding is 'your' helping the part to move the whole. Those armed with the small components of understanding are like seeds blowing in the wind. Father knows who they are, and He has enabled them with the tools to move the whole. An exercise in really 'listening to gain greater understanding' would be appropriate at this point in time. You will see those many small things you miss frequently because of failure to properly listen; you will notice you are without motive for serving 'self,' and instead, are you moving the whole.

It is difficult at times to listen to others when you feel you are not listened to. Let this not discourage you in your desire to serve – I would remind you to return to the bottom stair of trusting in your Paradise Parents. It is Father that always has His ear open to His children. Yes, I instruct you in this lesson so that you will not miss the small understandings that will move the whole. Have you questions?

RACHEL: This evening we have Susan with us. She is a newcomer to our group but certainly not a newcomer to you, Father Abraham. We want to welcome her, and also state that she has some questions she would like to ask. (Abraham: Welcome to you, Susan.)

SUSAN: Abraham, I would like to have some assistance in helping me make a decision in regard to treatment. And I wonder if this could be done through a personal session by you? or possibly asking for further assistance from another healer that might be able to help me. Could you comment on this, please?

ABRAHAM: Certainly. Are you concerned with medical material treatments? (Susan: Yes.) Abraham: I am aware that the human medical technology is deemed useful. I ask, have you other questions besides medical treatments?

SUSAN: One issue with this that comes to mind is, is this a hereditary issue that I am trying to heal from my family? or is this just a medical issue that I am dealing with just from me? I think that there are also hereditary issues that I feel I need to try to stop so that this doesn't continue on in my family.

ABRAHAM: I am attempting to understand if a personal meeting is needed. Do you feel comfortable asking right now, right here? (Susan: I feel comfortable.) Abraham: I can explain to you this much, I am unable to foresee the future. I am unskilled in genetic possibilities. I am informed that if your situation is genetic then is there not a lot you can be responsible for. I am in understanding you are doing everything you need to do. You are concerned about others and wish to lessen their pain for you – this too, is not your responsibility; this desire you feel 'to lessen other's

pain' is not aiding in your own healing. My daughter, your greatest physician is within, and you indeed hold His power in your hands. You assist in your own healing with your continued trust and belief that 'the Father, the very One who created all beings, does indeed hold my destiny within His hands.' You are indeed learning to trust. I would suggest in learning to trust that you dedicate your will to the doing of Father's will. In this, you will be accepting of the plan of divinity Father has in store for you. Yes, continue medical material treatment – but I say it is your own feelings and your internal Father, your internal Physician's advice, that you need to heed. Think not you have deserved this illness, no. Let not this weigh your heart any longer. Accept your wings from Father and by all means, use them. Do you have another question? (Susan: No. Thank you.) Abraham: Is a private meeting still needed? (Susan: I don't think so.) Abraham: Please be comfortable to ask me anything. More questions?

CALVIN: Abraham, I know your lessons are also, in large part, trying to get us to be more trusting in Father; and I don't know to what degree I am – whether it's ten percent, or ninety percent. I just know I am not there where I 'could' be, yet. I know I need to look at more than just trusting in Him to provide for my physical life. Other than asking: "Father help me to learn my lessons of life, to be more trusting," what else would be helpful? It doesn't seem like I am making any big strides.

ABRAHAM: You know a child that has not yet received education on the ways and handicaps of the material world is so filled with faith and trust – it is so natural in children and is the way that mortals should be born with. Over time, negative factors are fed into the minds of trusting and faithful children; and they, in turn, learn disappointment after disappointment. Instead of learning that disappointment is for a reason, for the learning of spiritual truths, they are likely to believe that they have somehow wronged an angry God. God is completely responsible for His many children. He is unlike any man or woman you have known. If you could see His inner workings in nature you would begin to understand how He is responsible, perfectly! It is sad but true that God has to 'earn' the trust of His mortal children. His children witness His fingerprints upon the paths of their lives, and they have seen God has been there all along – but once again when disappointment strikes, they are all too often believing that Father has forgotten them. This is not right to believe that God is irresponsible. He forgets not the least of His drops of the ocean that is the kingdom of heaven. At times you must locate that child-within that had not yet discovered life's disappointments. This child had all the trust and faith that he acquired upon birth. It is necessary to look deep within your soul and know that God knows you and, that He trusts you. He is asking that you not worry if He is with you or not, just assume He is, because it is so. He is always with you. He is always knowing of your destiny, one step ahead of you. You will see. Take a chance and know He is, and I can tell you, you will begin to witness change and be entrusted with those spiritual tools that are needed to perform your duties as a son of God.

RACHEL: Father Abraham I'll ask: Are you going to be with us this week like you were last week, individually?

ABRAHAM: Yes. You will see that my lesson is also involving 'listening and

understanding' in my individual visits. I look forward to assisting you in your morontial training. I will see you during the week. Until next week, shalom.

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Frequent Stillness Practice is Not a Long or Mystical Process

Abraham, WOODS CROSS GROUP 01-22-1996

Back

I am ABRAHAM. I am honored to speak with you this evening. I find it hard to express to you the joy I receive from teaching this group. I have longed for a position of this type for a long time but there were several things I had to experience first. Much training have I completed to be here with you for these teachings. I say, the effort I made was absolutely worth the joy I experience now.

Yes, I have spent time with each of my students this week. I have assisted my students in the technique of receiving my communications. I am helping you to discover your direct line to Father. I labor to dispel fear and mystical-thinking that students may apply to their understanding of our Father. I have spoken concerning listening and understanding.

I say, benefits from these skills are manifested one-hundredfold when one can recognize inner peace, and the 'source' of inner peace - our Father. We are learning to trust Father to weave our faith into the threads of trust to create a secure cloak of inner peace. So much is lifted off our shoulders when we are listening for Father - trusting Father to guide us and believing that He is the source of all comfort and inner peace.

The Teachers have instructed you to take a moment of stillness each day to renew your connection with your origin, to reconnect with the source of all living things. The stillness is not a long process, no. The effort to perform the stillness is quite simple, and yet it helps you to
locate the source of all inner peace.

To walk in this life day-by-day takes a toll on the body and mind. Life can become 'too much trouble' and some mortals may wish to withdraw for periods of time - they are too affected by ordinary adversity conditions. Without the exercise of reconnecting with the source of all peace, many find it difficult to handle even the simplest of tasks.

You are learning to trust Father. You are beginning to know Father is unfailing. You are beginning to see new horizons that you did not know existed. With your trust, you have turned to Father for guidance on a moment's notice. With your trust, you have learned to trust your own judgment. Do you see, when you are trusting the Father to guide you unerringly and to do His bidding, then this is where your heart lies! And in trusting your God this definitely brings self-trust. Do you see your intentions? Do you see the circle of faith created by your trust in Father - and, His trust in you? And completing our circle is your own self-trust?

Tonight, my lesson is short. I am asking you to reconnect with the source of peace

through stillness practice. If you can locate this peace, you become re-energized and feel more competent to handle what life may have in store for you. A few minutes, not long. Do not make this difficult. Stillness is like a man in a hot desert searching for the well wherewith to quench his thirst. Your stillness is drinking from this well, you are quenched with the peace and clarity of mind needed to send you on your way to further spiritual learning and growth.

This week, focus on 'listening' during the stillness. Expect to hear with your soul and not your ears. My friends, we indeed have eternity; let not the burden of time be upon you. Let your time spent at the well be a gift that you share with the One closest to you – just you and your Father. Are there any questions?

CALVIN: Abraham, your lesson is very timely because I have been reading transcripts from the Arkansas gathering wherein it is quite the theme in their lessons of the importance of the stillness also. For years now I've heard you and Ham speak of the importance of connecting with our indwelling Spirit for just a few minutes a day. I know most of my problem is not regularly taking those few minutes. But can there be physical reasons why there is a frustrated connection sometimes? Or, just that I need to 'calm down' maybe?

ABRAHAM: I am certain that many make this practice to be a big event. They are making the stillness practice to be 'a chore' and not a drink from the well of light. Many times each day does the stillness practice come to you, no matter your location, your attitude, or even the noise that may surround you. Stillness is within and not so much without. Many times do you find yourself in the midst of calm. It is an appropriate time to say, "I am here, Father; I give thanks for this drink at the well, which is your love and peace." It is not easy to find a quiet moment in this fast-paced world; but I say, your mind is more than you know. You all are endowed with a mind that possibly escapes your understanding. Do you see, a mind trained in the ways of self-mastery can perform stillness in the midst of chaos. This is why there is need for practice. Stillness practice is to be recognized as it comes to you. No, this is not hard. This is a gift in which the child looks to see if his hand still holds his Father's. You will see much of learning the stillness is an attitude. It is not necessary to make this a mystical practice. To recognize stillness as it comes upon you is to be enabled to serve your fellows as the need arises. Do you see, stillness is not just sitting in solitude, no; advanced stillness is opening the channel between your God and your fellows. Does this help?

CALVIN: Very, very much. I thought I had to go sit in a certain way and hold my hands in a certain way to really connect. I can see I can do just what you are saying in driving down the road, or reflecting while looking out the window at work. (Abraham: Yes, correct. Another question?)

ROLAND: Abraham, I appreciate your lesson tonight. I feel benefited by it. The East-Indian tradition of meditation is, of course as you know, long, and asks that in the meditation the goal be a connection with God-consciousness. They speak of an energy which is 'kundalini energy' that rests at the bottom of the spine. Many of the masters are able to raise this energy from the base of the spine through the crown chakras of the head, with practice, and have become illuminated in the process in a mindal way so much so that their prose and their poetry becomes of a very high

state. Does your teaching on stillness have any bearing on what they are doing? or a bearing on what you speak of as 'in the silence?' Or, is this a different practice entirely?

ABRAHAM: As with stillness practice, you are opening your human will to be led by Father. You are putting aside your desires so that Father can be of service. It is Father who manipulates the energies that you speak of. Man can only be 'open' to this manipulation. It must be man's will to align with Father's in order to understand the benefits of this energy. God is energy. He is the source of all energy. To integrate with Father is to begin to understand this energy and how to put it to use. Is this at all answering?

ROLAND: It does answer. I guess the distinction I can see at this point is that for the world, in general, to understand that reaching the stillness is a simple process of quieting yourself each day; and, that there is a tremendous amount of power and direction in that. My further question then: Is it – the practicality which we achieve by a few minutes of this practice – is it then 'enhanced' or perhaps even 'refined' through the Eastern-Indian tradition of longer periods of time in their particular methods of meditation? Is it beneficial to pursue those traditional forms of Eastern-Indian practice to achieve even higher enlightenment?

ABRAHAM: Long stillness practice is to misuse your energy. Too long of stillness practice is to drain you of that energy that might be put to use through service. This meeting, for example: During the first part of my lessons the words are fairly strong, but towards the end of our meeting the words are fewer and less understood by the transmission-receiver. We recommend short stillness practice because when you begin to always allow God to live your life with you, you will find you are always in somewhat of a stillness practice. Stillness is a reconnecting and allowing Father to reach you. Advanced stillness then, is to use this practice in everyday living. Does this help?

ROLAND: It does, and I appreciate what you are saying, that eventually the stillness practice will appear in everything that we do whether it be a material pursuit or serving another person in a spiritual way, and I don't even know if we can separate those. (Abraham: Yes, correct.) Roland: I see that in my stillness practice, and having others be involved in stillness practice such as occurred on last Dec. 25th, Christmas morning, where two people were brought together in time and space exactly at the right time for a message to be exchanged – that it was in stillness that we had both released ourselves to the will of God. And it was in that releasing ourselves that we were brought together – and that was so precise; it might take years to do exactly the same if we did it under our own power. So I see that it was in the stillness how we coordinated to assist each other. And that seems to be manifest in the lives of those people who spend years doing it – they are also well coordinated in their pursuit of being of service or the will of the Father. So my notion is if it's easy, and if there is an easy way to do it, then certainly that would be my way. I'm not sure if I'm getting what you are saying, completely, but I'll continue to work on it. I thank you very much for your response.

ABRAHAM: I think you understand very well, Roland. You are welcome. Anything else I can assist with this evening, please feel free to ask me anything. Another question?

JOSHUA: I don't have a question, but I'd like to make a comment. I would like to thank Father, Michael, Machiventa, yourself, and Ham and the other Teachers, for all the effort they have put forth to bring we, mortals within this Correcting Time Mission, to the place where we are today. We have three new visitors tonight. I would like them to introduce themselves if they would.

RON: I go to school with Jonathan. He has told me a lot about this group. I wanted to experience it for myself.

JONATHAN: This is my friend, Kayleen. She has been to the group before as well.

CALVIN: Abraham, you said you were with us during the week. I know I am not a very good listener, but do you have any further insights on how we can be better prepared or connected – not only with Father but also with you, the Teachers? I can see in my study of the Arkansas transcripts that many Teachers are assigned to be with us, daily, to be an everyday help in our lives for assistance. I am understanding that it is part of the Father's work – that our intended connection is to be more on a reality level with you, our Teachers, our guides and helpers. Do you have anything new to share, after observing us this week, that we could be more aware of?

ABRAHAM: Yes. I would first welcome our visitors and accept Joshua's praise for our efforts, and also give you all my gratitude for your unfailing dedication and desire to serve. My observance this week has led me to put emphasis on this stillness practice being as normal as possible. Before this world was thrown into rebellion and its resulting setbacks [Lucifer rebellion], many were evolving towards this practice of interacting naturally with those unseen celestial guides and teachers. To receive celestial transmissions would have been like taking a bath, a normal daily thing to do. Yes, this practice would be thought of as natural as breathing. I wish to dispel any mystical ideas my students may hold as far as the stillness goes – in both your connections with Father, and, of His unseen agents assigned to assist this world. I am extremely pleased with your willingness to learn. Your questions help me teach and is the format for your lessons. I am fading in my clarity to you.

RACHEL: Father Abraham, let me help you out a little bit; I am going to be my own normal self and add a little lightheartedness, I'm going to tell you a joke. From what I understand, you and your associates all like humor. It starts out with a question: How come everybody is turning to God these days? The answer: Because it's a lot more fun to walk on water than to tap-dance on red coals. [group laughter.]

ABRAHAM: I am quite amused, Rachel my daughter, as are my associates. We are very lightened by your humor and would desire to see more of it. I leave you each with my love and gratitude. Until next week, shalom.

Back

Not Just Desire to be God-like, but Decide to be God-like

Abraham, WOODS CROSS GROUP

01-29-1996

Back

I am ABRAHAM. My greetings to you this evening. I am happy to be here in service to you, my students, and to my Father in heaven. I have found great joy in serving. I have come to realize that to serve is to be at one with Father. To be in such close contact with my Father is to discover joy on many deeper levels of understanding.

I thank you for allowing me to experience this joy by assisting you in your understanding. I have been with you each this week. I find you all so unique and I stand in awe of your courage and endurance to carry on. I am honored to work with such unique citizens of our universe.

Many are improving upon their technique concerning stillness practice. Many of you have learned to relax and trust. You are discovering that stillness is not ceremonial and formal but is a renewing of Spirit connection with Father. In time, you'll see improvement in your direct channel of communication with Father and His subordinates.

I would say, please attempt to integrate the stillness practice into your daily routine as a natural part of your human experience. Stillness is quite natural and simple. With practice, you'll find constant connection with Father. He will reveal to you His will and you will have a clear understanding on what steps to take.

I have taught many students various truths that they have integrated in their daily lives and have witnessed the benefits thereof. I have endeavored to reach those students who require extra help in understanding their own relationship to Spirit. I have witnessed much joy on the part of some students who are discovering these teachings to be real.

I have attempted to minister to other students who struggle with doubt – and guilt over that doubt. I have experienced so many relationships and have worked to understand each individual. This understanding does not come so easily. I had to be educated and exchange my will for Father's; and, exchange my mindal thinking for Michael's. But I can say, through experience do I have a better understanding concerning individual personalities.

In my memory there are various personalities with whom I have been educated on how to deal with. My yearning to understand took much desire and effort on my part. I truly desired to be God-like. With this desire came my education – my education in understanding my fellows, understanding my students, myself, and my Father.

As you grow in Spirit you discover an island in the midst of the ocean that can keep you above water. This island is a safe place in which to center your spiritual understanding. This island is your desire to be God-like. I say, your desire has carried you this far in your spiritual education.

Deep within the human soul is there a place of knowing – knowing the Paradise Father, knowing the Creator Son, knowing the Mother and Her many angels. Deep within the human soul do you recognize what it is to really be God-like. You know this; this is what we all strive to be. Let me say, your desire to be God-like is the key that opens the door to your spiritual education.

Desire to be God-like is good, yes, it is your intention. But I say, there needs to be a moment of solemn thought – that you must decide to literally be God-like. To 'desire' is good, yes. To 'decide,' however, is more of a commitment on your part, an opening to the door of spiritual learning.

One can say, "I wish to be God-like" and hold within, fear of this actuality. This is not opening the door. This is showing good intention, yes, but not opening the door. One can say, "I have made my decision to be God-like and I am committed to receiving lessons that will help me reach that goal."

Do you see, the decision and commitment is not always easy? You are to be educated in learning to be God-like. You are opening the door. You are viewing what's beyond your average realm of learning, thinking.

This is why I express to you my joy. I have decided to be God-like. I was educated on how to attain that; I am qualified to teach and serve, and I reap the joy from that. I am so filled with the light of God. He has trusted me to extend His hand to others. I am filled with such desire to give thanks and praise to my God that has so carefully guided me.

I am so comforted in the fact that I am a child of God and that my place in the kingdom is secured. I give thanks and love to our Father who has always reached out to us. I am without words to express my love. I desire to return to our Father. My joy began with my decision to be God-like.

Those that stand firmly in their decision are to be educated in whatever form that Father deems most beneficial. This is not to bring fear, no, this is to bring the excitement and enthusiasm that a mortal can find within this humanly ordinary life. This decision is to bring you new challenges and train you in the ways to be of service if you so desire and decide – to be God-like.

You know little about how much power is within each one of you. God is the source of all power. God is love. Love is power. You seem to have little self-trust and confidence, while within your very being there is the source of all power. To trust your Father is to believe His trust in you, and to discover your own self-trust.

I am a Teacher. I have been assigned to this position to help with this time of Correction. I am to help move the whole. We all are dedicated in the upliftment of this world. I am so honored to be counted among Michael's Teachers, and I wish to express to you – this world is not alone; it is lovingly watched over and being assisted in moving closer to Light and Life. This I know to be fact.

We will reach our goal without fail, I want you to know. Be aware of how much help there is for all of Urantian mortals. Tonight I will receive a few questions.
[none.]

If there are no questions, I would ask you to review your commitment status and closely look at your decision to be God-like. Continue practicing stillness, and this week I will attempt to show you each the joy I speak of. Until next week, shalom.

Back

Wounds of Fear May Block Our Decision To Be God-like. Fear Not Exposure From The Spirit Of Truth

Abraham, WOODS CROSS GROUP 02-05-1996

Back

I am ABRAHAM. Welcome to you this evening. It is always of supreme importance that you receive my transmission messages regardless of the number of people in attendance. To have one mortal receive my words is as important just as a thousand mortals receiving my message. I am always appreciative to participate in Michael's Correcting Time; you are all extremely valued, and I shall act accordingly.

What a wondrous time we have spent together. We have learned many morontial truths and have overcome numerous human obstacles. My instructions were to teach you what was appropriate for your group personality.

My main message has always been – believe yourself to be a child of God, trust in your divine overcare, and serve your fellows according to what you have been taught. In these truths are the core desire to be God-like; to believe you are Father's child; that you dwell within Him and Him within you. I find my desire and decision to be truly God-like continues to grow, just as it did when I first believed.

In accepting your status in the kingdom do you receive new responsibilities. Part of your responsibilities are to know Father's basic truths and perform them to the best of your ability. When you have made your decision to be God-like, you are committed to His will and learning to activate His will – you are learning to act upon your basic knowledge of Father.

At times you feel a selfish side of you say: "I know this is God's will, but I trust more-so in my own will. I choose my will." In deciding to be God-like, you are committing to go forth with courage and trust that Father's will is supreme. Without trust, you are diluting Father's power; you are making your God small and ineffective.

Trust must be a primary factor in making your decision to be God-like. Once you have made your decision to go forth and strive to be like your Father, there is really no turning back. Yes, you will stumble, but once you have decided, you will continually move forward.

This decision to be God-like can expose such fears deep within one's emotional reservoir, such as: fear of failure; fear of appearing unacceptable; fear of appearing less than you really are. I say, for a wound to heal it must be cleaned, disinfected. You cannot just bandage over an old wound and expect it to heal. The Spirit of Truth is your disinfectant. He will assist you in cleansing of your deep-seated wounds and help you work on them.

I say, if you have decided to be God-like, then will your fears rise and catch your attention – rather than to stay hidden in denial. To go forth bravely and cleanse these wounds of fear is to be assisted by the vast hosts of heaven. Yes, these fears

and wounds are quite valuable. They are not to be covered up. These wounds can remain covered and stay an underlying painful trauma – or, they can be exposed to the healing light that shines forth from our Spirit of Truth.

In your decision to be God-like, know that in all afflictions, Father is also afflicted. He is your source of courage. He is the source of all courage. He is not about to let His child lay wounded and alone, no, He is to help His children help themselves in their own healing. You who have decided to be God-like – there are now no more excuses to strive for anything less; you are bravely going forth to acknowledge your wounds, which are your fears. You are to stand firmly in the soil of faith, yes, with the Son-light of truth upon your skin, and the rain from our Mother as needed, completing your connection for spiritual nutrition.

My lesson this week is to ask you to fear not – to trust in our Father who is unfailing in power and love, and who is unbounded by time or space. To view yourself as a courageous citizen in our universe is to understand that worshipful joy I have mentioned before. You may not be able to see the horizon now but I can say, I have viewed bits and pieces of this horizon – and I say, it is beautiful beyond description. I am filled with excitement when I ponder upon your discoveries. Have you questions?

RACHEL: Yes, Father Abraham. You said that we are to stand firm and not cover up our wounds or our fears, so my question is: Should we discuss this with the group, or with our Teachers, or with you – or, just with our indwelling Spirit? Some suggestions, please.

ABRAHAM: You can discuss your problems with the group, and you can discuss them with a Teacher – these are acceptable, yes, but I say, yes, the one who knows you beyond your own comprehension of your human frailties is your indwelling Father Fragment – and Michael, who is acting as a disinfectant. Michael assists in opening an infection and letting you see it; and you and your Father shall begin to act as the antibiotic. Most important is how you feel about perceiving your own fears; and then, in the sharing them with others. There is nothing wrong with that – in fact, it is helpful for others also. But the major work will be done by you, with the aid of your Father and Christ Michael. You can relate tonight's lesson to the world as a whole. Christ Michael and His vast legions of helpers are exposing all infections (or darkness); and mortals, with the aid of their Father, will begin to heal. Does this help?

RACHEL: Yes, it does. It helps a whole lot. But one thing I wonder: I may have a whole lot of sores that I don't realize I have. But to be honest, I have not felt like I was full of fear. Maybe I am and don't know it.

ABRAHAM: I understand. You have not always truthfully been so fearless. Much have you achieved to overcome and move forward. If you are not perceiving any wounds, do not look for them. When they arise, it will be clear and guided that you are needed to work on these wounds. You have experienced much fear and gathered around you a shield of courage, and you press on. Yes, your experiences have taught you that fear is nothing other than a course in spiritual learning. Yes. Is this helping? (Rachel: Yes, it helps a whole lot, and I kindly thank you.) Abraham: You're very welcome.

Another question?

CALVIN: Abraham, thanks for your lesson and your insight into our personal needs in our lives, which you can only know by being so close to us, personally. I feel like lots of defects seem to surface about how I can cope personally with different situations – especially of late in the 'trusting' department. I think the lessons have helped me gain a lot more trust, but from your viewpoint, I guess I'd like to know how am I doing in the growth-process from your teachings?

ABRAHAM: Yes, it all depends upon your decision to be God-like. If you are choosing 'yes,' then you are to accept Father's will and perform as a child of God. Much lies in if you are 'hesitating' on your decision; if possibly there is some pulling back, then you are to continue to spin your wheels in the soil of human uncertainty. This decision need not be rushed. It is to be of your own choosing and feelings of readiness. To be in the midst of human turmoil is not to be viewed as such tragedy. As you make your decision to be God-like are you intrigued by turmoil rather than defeated; and, like a detective, you are curiously and enthusiastically digging for clues to solve such mysteries? Does this help? (Calvin: Very, very much.) Abraham: I say, you do well. Another question?

ROLAND: Last week you indicated that the desire to be God-like and then the decision to be God-like was, I suppose you could call it, a two-step experience. I feel like I desire to be God-like, but my commitment to it is shaded by the fact that I think, my goodness, what an incredibly high goal – am I worthy? or am I presumptuous to think that I could actually be God-like? Because you have said that such is within our reach, I believe it in a greater way now. I guess the thing that is really affecting me, at this point in my spiritual journey, is that I am having such a difficult time with what I call 'character defects,' or behavioral things that throw me off the spiritual path and definitely don't look to be God-like behavior. I am wondering if you have any kind of a suggestion you might make to me, generally? It might help in overcoming habitual patterns that is not God-like. Can you comment on that?

ABRAHAM: Yes, understandable. As you are accepting your son- or daughtership with the Father and truly believing you are a child of God, a cosmic citizen of the realm, you feel a need to begin to be God-like. This is your desire, just as you said. When the character defects arise, you are saying: 'I want to be God-like, but my emotions overtake me.' and your emotions are given more power than is our Father. When you 'consciously commit' to aspiring God-likeness, then are you immediately searching for His will, and there is no other answer than to search for His will. Yes, when you have decided to be God-like you are not relying on the weakness of emotions and mortal shortcomings. In deciding to be God-like – committing your life to making your best effort to strive to be God-like – you are relying on God's will, and there are no excuses for falling back to your uncommitted ways. Yes, when you have deeply and truly committed yourself to being God-like, then are you empowered with strength to go forward in a courageous manner. Do not believe you are not going to stumble – of course you are, that is natural. I am speaking of a real commitment to consult your Father Fragment with each of your mortal undertakings. Does this help?

ROLAND: Yes it does, very much. Is there any service I can perform that you might relate to me – a place that I might go, or to meet with people, that would be helpful in those times?

ABRAHAM: For me to direct you in where to serve is to do the work of our Father, and I am not qualified. I am certain you are extremely close with your inner Father and you are skilled at discerning His directions. You are quite dedicated in your desire to spread light and brotherly love, and I foresee no problems that may impede you. Are you understanding? (Roland: Yes, and I thank you.)

JOSHUA: Father Abraham, may I ask a question not related to the lesson? (Abraham: Certainly.) Joshua: A few days ago I received a call from Robert B. regarding Marcese, who was in Chicago. His left lung had collapsed, and he was operated on. Will he make it back to Ireland safely and maybe start a Teacher group back there?

ABRAHAM: His reason for learning of this Teaching Mission was to relay its messages wherever he resides. I am unable to say if his return to Ireland is probable, but I can say, my assignment, as far as your friend is concerned, has been successfully completed. He is a wonderfully enlightened son and I am quite grateful to know him. He is going to go forth with our Mission. Does this help? (Joshua: Yes, very much. Thank you.) Abraham: You are very welcome.

I am slipping. I wish to leave you with my deepest gratitude and love. I shall be around to help you in your education. Until next week, shalom.

Furtherance on `Desire to be God-like And Decision to Commit`

Abraham, WOODS CROSS GROUP 02-12-1996

Back

I am ABRAHAM. Welcome to you this evening. I so look forward to meeting with you weekly. I am feeling we, together, stand on the brink of new discoveries. At times I feel overly anxious, and I tend to move quickly.

Last week I assisted you in discovering your own courage to face your personal fears. I must say, I am quite amazed at your willingness to learn higher spiritual values and be not afraid to trust in the universal overcare. You know well that fear has moved you to take certain actions that were not God-like; and, fear has held you back from doing what you thought to be God-like. I say, this 'commitment to be God-like' will remove many barriers of fear in your earthly and spiritual life pathways.

I labor not to lure you into spiritual privileges and higher means of divine living. I seek not to force you to decide to be God-like. I have nothing to gain from your decision. I have been instructed to teach according to Michael's plan of correction. I do not ask you to commit to being like God with the promise of spiritual rewards, no! I ask you to look deep into your total self and ask yourself: 'What is it about me that embodies all goodness and truth?' Also ask yourself: 'Without Father, who am I?'

Many times we face bitter self-disappointments; we chastise our mistakes and loathe

our ignorance when all along, the goodness was there and not being utilized. I ask every day: 'Father make me like you.' I recognize the source of all goodness and I crave to be like that Source. I desire to know God and be like Him. I have made the conscious choice to be God-like and Father has responded.

This evening, I ask you to converse with one another on this topic: 'My desire to be God-like and my decision to commit.' Discuss committing to God-likeness and your idea of Father's attributes in which you strive to attain. This is all for this evening. Until next week, shalom.

Back

Father, Make us Like You. Becoming God-Like Is Why We Exist

Abraham, WOODS CROSS GROUP 02-19-1996

Back

I am ABRAHAM. Greetings, and welcome to you all. It has been an interesting week for myself and my associates. Our work has been upstepped to help this world back on course. We have endeavored to reach as many mortals as will allow. We are happy to report that the numbers of mortals we have reached has far exceeded our expectations.

We find mortals are indeed recognizing the need for Father to assist in mortal living. Somewhere deep inside the human experience is the acknowledgment that Father is needed. Unfortunately, at times mortals only call upon a higher understanding due to the traumas of daily living; but I say, Father answers regardless of how He is summoned.

You, my students, my friends, have assisted in our efforts to forward this Mission with your willingness to serve. You have not only served materially but also mindally. Your thoughts have traveled the universe circuits and have created a forward momentum that cannot be halted.

We that have labored to reestablish the kingdom of heaven on Earth are grateful for your faith in us. Do you understand that your perseverance and faith in myself and my unseen associates, was quite God-like? At any time you could have brushed aside this Mission and went about your own business. Yes, you, my friends, have resurrected me, so to speak; you have accepted my lessons and put them forth in your personal daily living. Yes, and I can say this was quite God-like of you.

Many of you have endured personal doubt and spiritual misunderstanding, but you have set aside your painful thoughts for the good of the whole. You have remained steadfast to Michael's Mission - all the while, attempting to understand your own personal duties in the Correcting Time. Even through confusion, you have kept coming back - and this I say, is quite God-like.

Ham had helped you to attain the tools you would need to practice being God-like. I have attempted to lay out the blueprints to guide you in your steps to becoming God-like. Your indwelling Father Fragment does provide the light to view all you need to understand, yes, and you have provided the willingness to work for what you

know; and, you have done so without promise of compensation. You, my students, are faithful and have acquired strength beyond your own comprehension. Yes, willingness to be God-like is what brings you here. Willingness to be God-like is what drives you to serve. God-likeness is overlooking your personal gain in favor of the good of the whole.

My friends, you are closer to being like the Father than you know; it is a most natural, simple, and unrecognized way of being – meaning you seek not for recognition. To be God-like is truly your origin and destination; it is where you began your God-consciousness. I cannot say you are like God, but I can say our Father is apparently recognizable in all of you and is your destiny in attaining your perfection.

This ‘becoming God-like’ is not difficult to understand, for this whole mortal ascension plan is completely a natural way of becoming like the Father. This may not be recognizable to you now, but with your commitment to knowing your Father and striving to be like Him, you are asking to receive the spiritual tools to perform the will of Father – to become perfect, as He is.

In your decision to be God-like, you are accepting your responsibilities and are being endowed with the liberty to face any obstacle. You are asking for the courage and strength to go about the kingdom, always believing you are a child of God. You are increasingly recognizing that you are becoming a new spiritual being, one with untold strength and courage to go about lending a hand to other children of God, helping others to recognize they are valued and loved in the family of Father, which is known as the kingdom of God.

This night you shall experience a widening of your understanding, you shall feel of the excitement I feel when I ponder upon all God's possibilities. You are enabled to see a little farther down your spiritual path and be intrigued by the new understandings that will come your way. I would take this moment to show my gratitude to the one that makes all things possible.

Father of all fathers, we in attendance convey to you our deepest gratitude and unending love. We are deeply moved by one who cares so much for us. I would say, on behalf of the Teaching Corps and students thereof, we know that your love is our heart's desire, and we shall not fail you. We are empowered by your faith in us. And we ask you, Father, make us like you. Amen.

I will take a few questions this evening.

ROLAND: Father Abraham, we have with us tonight for the first time one who needs no introduction; but as a tradition to introduce to you, Victoria, a sister who has become aware of her membership in the corps of destiny most recently. She has known and had great desire to serve Michael, throughout her life. It has been a great pleasure to know her, and it is my great pleasure to introduce her tonight. If she has any questions, I would certainly encourage her to ask at this point.

ABRAHAM: Thank you, Roland. Welcome, Victoria. Is there anything I can answer for you tonight?

VICTORIA: I am impressed to offer up my deepest gratitude and once again my heartfelt devotion and my willingness to serve as I have felt it throughout my life. It is a great privilege to be here and once again confess my heart and my willingness to serve once again.

ABRAHAM: This is known, my daughter, and graciously accepted. Thank you. Another question?

ROLAND: To follow up on the idea of the 'mortal corps of destiny;' What has been illuminated to us in the Urantia Book is that we have been prepared, as corps of destiny members, to serve certain functions. It seems like there has been an evolution within the reserve corps of destiny – those people who are Corps members but are unconscious of such, to those of us who are at a conscious level who are aware of their training and knowing that we have been prepared from youth. What has actually changed, since the publication of the Urantia Book, for us to have conscious knowledge of our membership?

ABRAHAM: This Mission is what has changed. In the embracing of all mortals, the calling to all, the mortal reserve corps is being revised. The reserve corps will be open to the recruiting of those who answer the call. The reserve corps is now expanded and hoping to recruit a great many diverse groups – racial, cultural, various religious organizations, non-gender based – these are the groups we strive to recruit into the reserve corps. Does this help?

ROLAND: Yes, it does. Thank you very much. I am impressed to tell you how close I have become to you in my own consciousness, and how easy it is to love you as a brother. And, how much I appreciate your guidance and instructions to me in the face of my extreme humanness, thank you.

ABRAHAM: This is known and I likewise feel the same for you. I am in complete understanding of 'humanness,' yes. Another question?

CALVIN: Abraham, thanks for your understanding of our humanness. I'm sure it makes us all feel better 'being human.' I think that is why the universe administrators sent us help from those who were not so long ago, mortals, as yourself. I'm saying it is so helpful to us mortals of this Teaching Mission knowing you are so experienced in our mortal living, and so close to where we are. And yet, I understand this day and age may bring a different set of problems than yours. I was thinking on the way here tonight: I remember not long ago how a lot of times in my daily routine talking with Father saying: 'Father, forgive me for this, and forgive me for that.' It seems I previously was with a constant feeling that 'Father is disappointed in me.' I noticed today that I haven't been doing that, or feeling that way, for quite some time now. I am sure it is not that I am not still doing the same stupid humanness error things, but I think it's that I have come to accept that I am understood and loved and am okay in them. I don't need to keep saying 'I'm sorry, I'm sorry' at all anymore, but understand that I am growing, and that time and growth is quite a forever-process to perfection. Does that make sense? I know it is because of your teachings, and of my understanding of your teachings, that has helped me realize this for myself.

ABRAHAM: Yes. Understood. You are understanding. Your God-likeness is occurring; it is just happening. You are recognizing this, for this is your desire and it is happening. You understand your Father to know that He is a God of love, not punishment. It is not necessary to ask for forgiveness. It is more appropriate to say: "Teach me Father, for I am listening and ready to learn and understand." Yes, good observation. One more question?

ELWARD: You said that our thoughts have traveled the universe circuits and created a forward movement that can't be halted. I was wondering if you could enhance that thought a little bit?

ABRAHAM: Certainly. I have instructed you that thoughts are 'living.' Your thoughts, along with the thoughts of the majority of this universe, are working to enhance the God-in-time. Yes, you are adding experience to the Supreme Being. The Supreme Being grows out of your experience; and, the Supreme Being is helping to propel our Universe Mission forward. This is all I can comment for now; as we learn more, I can reveal a little more. Does this answer? (Elward: Yes.)

ABRAHAM: I am asking you each to look for the God-likeness within yourself and attempt to recognize it in your fellows. I will assist you in your efforts to view the widening of your horizons. Until next week, shalom.

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New-Found Liberty Finds Us With That Extra Step of Enthusiasm Each Day

Abraham, WOODS CROSS GROUP 02-26-1996

Back

I am ABRAHAM. Welcome to you that risk the hazardous weather to meet here this evening. I am honored to be in the presence of you who practice courage. I trust this week has been enlightening regarding recognition of God-likeness within yourself and, within your fellows.

Becoming God-like is not for the halfhearted souls that seek happiness without the effort of learning. I am certain you will continue to perceive yourselves Father-like as you continue your spiritual learning. I am grateful for my position in teaching this particular lesson for I have thoroughly learned it by experience; and, I am happy to relay this lesson to you – whether you have experienced it already, or have yet to experience it.

We have come to the point of no return. This is not to cast shadows of fear but to

shine the light of joy. You have earned your spiritual knowledge, yes, and that can never be lost. You have strived to know God and be like Him. You are firmly planted in the soil of commitment to the doing of Father's will, and this can never be taken from you.

You see why there is no benefit in going back? There is no logic in retreating back to old patterns of halfhearted reasoning and thinking. You now set sail upon the waters of spiritual knowledge that sits before you like the dawn of a new day. As you release your selfish habits, you set your sails toward advanced spiritual learning.

I am permitted to speak to you concerning God-likeness, but am not permitted to define it – the definition varies from person to person, there is no one definition for being God-like. As you sail upon this ocean of knowledge you are concerned with the whole. As you leave your self-interest upon the shore, you become concerned with everything that affects the journey, yes, for you consult with other shipmates, you question the condition of the ship, you attempt to foresee the weather patterns.

You are aware that you are not sailing this voyage alone. To be only concerned for your own welfare is to jeopardize the journey for all. To be only concerned with your own best interest is to overlook your fellow shipmates, the condition of the ship, and the weather patterns that may cross your path.

To me, a shipmate is fully interested in all components regarding the voyage; this shipmate believes himself to be as valued as the next, and there is no one person that believes themselves to be superior to the rest. The good shipmate is one who embraces all that affects his voyage and cares how he affects others. To me, I find this quite God-like.

Do you see, a person that has abandoned their sense of selfish gain is like a snake that has shed his old skin to reveal new and beautiful growth underneath. You, my friends, are new and beautiful. You are a new being once you have made the decision to be God-like – made the decision to drink from Michael's cup. As I have mentioned, along with your decision comes the duties of being God-like; and with that comes the spiritual tools to carry out those duties.

Those committed to knowing their Father and being like Him, feel set apart from so-called 'normal society.' Many who are committed to God-likeness are skilled at keeping their commitment hidden; there is fear that your decision to be God-like and to utilize your spiritual tools will be unacceptable and ridiculed by your fellows. I say, just as the reptile has shed its skin, you also have left your fear of appearing unacceptable behind.

As seekers of truth, you possibly are set apart from the average, yes, but I say, you are endowed with a freedom that some will never know for a long time to come. You believe yourself to be a child of God; you are immediately freeing yourself from the bonds of mediocrity; you are breaking the set molds that have been designed by mankind; you are discovering a liberty to use your spiritual tools and walk with lightness in your step – knowing full well you belong to the kingdom of God.

No longer do you bow your head in feelings of unacceptance. No longer does your step lack a show of enthusiasm for life. You are at liberty to proclaim: 'I am a child of God and I am empowered to act accordingly.' To know God and strive to be like Him is to no longer hesitate when taking action to be God-like. You are at liberty to use your spiritual tools to assist your fellows in their beliefs that they too are valued and indeed have a place at Michael's table.

This week, in pondering your own definition of being God-like, I would ask you to take note of your new-found liberty. Are there questions?

CALVIN: Abraham, thank you again for the lesson. These lessons are so very helpful in our week because these things come up during our lives which correlate and verify your lessons. In my own circumstance, sometimes I think I fail the lesson; but yet I think that is okay as long as I realize that the 'bandage is off and the wound is open to start healing.' A couple times this last week I didn't know if I was doing right or wrong when a situation arose and the way I handled it. When you said that Jesus didn't lay down before His troubles, sometimes He had to hit them right between the eyes, so to speak, with truth. Maybe by doing that I did it too harshly, or the wrong way, or shouldn't have done it at all, or a different way. It makes me wonder 'where is the God-like approach here.' I think you understand what I am referring to. Perhaps you could comment on how to handle confrontations in a more God-like way.

ABRAHAM: Understood. Many can attest to this particular lesson in learning to trust the Father. Jesus, He spoke firmly, yes, and yet, when His acquaintances heard Him speak, they had not the feeling of chastisement. They came away from Him with the feeling that He was truly concerned for them. They felt His love. His concern was out of love and not judgment. You must not rush through these lessons. My lessons are recorded and available for future use. Be not discouraged with your level of understanding and actions you have taken. Those that have committed to our perfecting process shall find themselves in the midst of many lessons on trusting the Father – you trusting Him, and discovering His trust in you. Yes, you must also be confident that you are very much capable of receiving God's will and putting it forth in your life. You are in need of also learning self-trust. Note if mistakes are made, your spiritual freedom enables you to go back to this mistake and do what you will to help correct it. Does this answer?

CALVIN: Yes, I don't know how much more clear it could answer. Thank you. In getting on the ship that you are talking about – we're setting sail on a ship, and sometimes it's hard to let go. It is like one foot is – I want to be on the ship, but a ball and chain, an anchor, is dragging me back or holding me onto the shore. That anchor can be someone close in life, or perhaps extreme responsibilities in life. Are you saying to take those anchors on the ship with me? Or, through experience and time to do what I can, to take the anchors off. Does that make sense to you?

ABRAHAM: Yes. Are these anchors your own mortal experience? (Calvin: They can be, yes, some of them are. But the bigger ones are responsibilities of survival – material survival; and also, harmony in relationships.)

ABRAHAM: Yes, remember – needed mortal experience is crucial in spiritual learning.

These experiences are indeed part of the journey, part of the whole; and it is fully acceptable to embrace these experiences and know that they are a part of your journey. What appears to hold you back is your fear of loss, and your fear of being overlooked in the kingdom. Once you have made your decision to be God-like, your worries and self-concerns are left upon the beach and you set forth to sail freely with great trust in your Captain. Your Captain will undoubtedly see to your overcare, and always reserve your seat at the table; make this a known reality. Does this help?

CALVIN: Yes, I think so. Maybe to put it a little more clear: Most of my daily waking life is spent in digging out of past obligations already set. It's like eight to twelve hours a day I am trying to make it, and the rest of my day I'm worried if I am going to. I know from past lessons you are saying 'let go' of the worry about these obligations and to just trust, and this trust will make things fit together okay. When you say 'don't worry about things left behind or lost,' I am trying to equate that with taking self-responsibility for my own situation. It's like I am caught in the tasks of taking care of what I have to do because I said I would; that I owe it, or whatever – versus, I wish it wasn't there so I could go on and learn and be more free; that I can take more time off and have more time for other things that would bring me more spiritual enjoyment. I think that trust is what you are saying – to trust those things will be provided for; is that right?

ABRAHAM: Yes. The fulfillment of your obligations is absolutely God-like and is necessary to your spiritual education. Father is understanding of your desires, yes, and attempts to assist you when it is necessary. I say, if these obligations are outstanding, then I say this is quite possibly Father's will for you at this moment in time – to honorably take care of them. The road to spiritual enlightenment is not quite constructed how we would like it to be; but be assured your heart is known, and it is safe to trust that your Father gives you what you need. You are, for the most part, understanding, yes. Does this help?

CALVIN: Yes. You're right, I think I am ninety-percent understanding, and the other ten-percent I'll catch during the week. Thank you very much. (Abraham: You are very welcome. One more question?)

VICTORIA: I have just come from that place of 'letting go' of a twenty-year marriage and great material wealth. And looking back, now that I am on the ship, I can see that the relationship ended because of the God space in my husband who removed himself – because he knew that he was the focus of my mission, rather than my mission being 'my mission.' What I have learned about 'God-like commitment' is that willingness to trust. Last night I had a powerful dream that I was on a ship and there was a tremendous storm. Christ Michael slept on the ropes. It had been a long laborious many days and He had not had any rest. The vessel was tipping to one side and the disciples were frightened and said: "Wake the Master for we will perish in the storm." And in my dream, my indwelling Spirit said: "This is the time for all of you to trust the additional power that you each have. You have watched Him calm the seas many times. It's time for you to use what you know, and have faith." And I awakened from my dream in more emotion than I have felt for many years of my mortal experience. I knew for the first time in my life what complete trust was all about. It is not only – 'did I have the Master,' who was resting finally, and who needed my

full support, love, and faith – but, I had friends that I loved who also needed my support and my love; and in this thinking, I activated this 'there is no turning back,' faith. So my question is: Last week you talked about an acceleration in our work. I have experienced more and more trust, and more disinfectant from my wounds of fear. And, I have felt sensations in my body that are more powerful than I have ever known. Is this feeling that I am getting – and this seems to be in my body, spirit, and mind – is this the feeling to trust explicitly in the disinfectant? which is the promise of Christ Michael to disinfect our wounds, and to activate within us things that we had forgotten so that we can remember all this, in this acceleration-time that it truly is upon us, so we might see and realize that some of the things that we hang onto are the very things that keep us back until they are removed in proper time? (Abraham: Yes.) Victoria: And all this is so we can begin to progress, to advance? Is my question clear?

ABRAHAM: Yes. Your decision to commit to Father, and your willingness to serve, has brought you to an understanding that faith woven with trust is a real and powerful experience. This is not only felt mentally and physically, but is known within the depths of your soul. You are correct that it is a time for acceleration. We endeavor to reach as many as we can. This world is practically suffering from a state of shock due to the rapid upswing in the amount of spiritual knowledge. I say, you are correct in your interpretation; and I feel you indeed hold a great many keys to the doors of universe understanding. I am honored to work with you and your mortal friends that attend.

I am slipping. I shall be honored to speak with you again soon. Until next week, shalom.

Make Our Commitment to Father `I Shall Move Forward.` In This, We Receive Those Tools Needed

Abraham, WOODS CROSS GROUP 03-04-1996
Back

I am ABRAHAM. I am happy you have returned this week. Last week our lesson was somewhat direct and may have possibly frightened some. We discussed your commitment and dedication which has evolved beyond the point of return. I stand in awe of your courage to proceed. I am filled with excitement to be a part of your spiritual journey.

I have labored to spread Michael's vision of Light and Life to those that would hear. I have received appropriate training. I am qualified to teach and have been given the proper spiritual tools wherewith to teach. I can say, as it is for me so shall it be for you: I live, I experience, I learn, I teach – these are simple facts that most mortals can expect along their mortal journey. Without my indwelling God, I find it highly unlikely to be so qualified for teaching these spiritual truths.

I must say, I had many doubts and confusing thought patterns along my mortal spiritual voyage. At times I felt hopeless and out of control, for in my own life I had experienced horrible phases of doubt and faithlessness. In spite of these doubting episodes, I found myself repeating: "I shall move forward."

I was unsure in my moments of doubt, yes, but I vowed to continue in a forward motion, nonetheless. As I grew spiritually, I began to trust this attitude, and I realized this attitude is what pulled me forward through those times of confusion. There was no turning back. I vowed to stay the path.

As my spiritual thoughts developed, I found my trust for Father increased, my dependence on His will increased. And, I found my times of despair and confusion decreased, they were quite bearable. You see, my thoughts were always changing, always evolving, and I desired my thoughts to stay in that forward momentum. I desired truth and I never wanted to stay at a belief that was stagnating.

As we all know, it is quite difficult to believe without seeing. It is, also, difficult to be committed to moving forward without guarantee of the actuality of a loving Paradise Father. It is after many battles of doubt and perhaps even despair that you make your decision and commit to Father: "I desire to move forward."

Many mortals can only go so far before they are 'overtaken' by fear and doubt. Many choose to find a safe level of faith that they are familiar with, and their desire to move forward is not present. This is not bad, this is simply a delay and is acceptable. Still, we endeavor to reach these individuals even they are unwilling to move. Yes, this is acceptable; this does no harm for there are yet valuable experiences gained during these stagnant periods.

To you who have that drive to move forward, you will indeed do so. You have begun to understand your relationship with your Father. You are believing to be His child. You acknowledge His presence within you. You are accepting His will – be it favorable or unfavorable in your eyes. You are vowing to move forward without promise of reward. Yes, you are becoming God-like. You are drinking Michael's cup be it sweet or be it bitter.

To strive to know your Father and be like Him is to experience a domino effect in that once the first domino falls there is no stopping its forward momentum. In striving to be God-like, you are receiving of spiritual responsibility and receiving the tools needed for these responsibilities in carrying out of Father's will. In recognizing Father's works and assisting Him in them, you are receiving the liberty to carry out your duties as a child of God and feeling the indescribable joy that springs from your closeness to Father. You are teaching what you have learned without fear of failure, without worry of ridicule.

Do you see, with your determination to know God and be like Him, you are setting off the other dominos, or fruits of the spirit. Yes, my friends, it just happens! It is not to cause you anxiety but is to cause you joy, and, to keep your movement heading toward Paradise.

If I may add another domino to tonight's lesson, I would include worship. Yes, worship is that gratitude to our Father that sees to our watchcare. I would express my gratitude to one who has brought me this far in my steps to Him. [pause.]

This week, as you continue your learning on God-likeness and liberty to act

God-like, ponder upon His carefully-guiding hand that directs you. Take a moment to acknowledge His care and love. Set a time to return His love in a moment of worship. Have you questions?

ROLAND: Paramahansa Yogananda wrote in his book 'Spirit Quest' that the greatest success is a man who becomes God-like. He didn't use those words, but I think he said 'God-conscious.' He wrote: "There is a time when you can stand in the midst of adversity, chaos, tragedy, and still feel a sense of joy." Is that your experience, Abraham? And, is that something you could say that we could actually grow into - the ability to sense joy in midst of adversity? (Abraham: Absolutely.)

ROLAND: To follow up on that: As you speak of drinking of the cup of Michael in its sweetness and its bitterness, we only recognize bitterness now because we have not ascended to that place of sensing joy in the midst of adversity?

ABRAHAM: Yes, some may look at adversity as a curse, a stroke of bad luck, a nuisance. I view adversity as an assignment - that Father has blessed me with yet another assignment. He has taught me to deal with these matters and has given me the spiritual tools. Yes, He has entrusted me, yet again, with another assignment. I look to these assignments with great excitement. I am always intrigued by Father's mysteries. I am challenged to find missing pieces to solve His puzzles. You are correct, Roland, for as you all become more God-like you are all the more curious to see what Father has laid out before you - what is His lesson here, and what is this technique He uses. Father endeavors to make use out of most all your experiences, and He definitely keeps the journey to Him, interesting. As you say - some day, evolving mortals will view their adversities as something Father is trying to teach. It is difficult to work on a particular upset in daily life - and this is understood. It is very tempting to wish to pass-over without effort of understanding; without effort to learn. Yes, as work is needed in most areas of the mortal life, it is required also in the spiritual life. Is this helping?

ROLAND: Yes. Thank you very much. In the beginning of your discussion tonight you spoke of the similarity between your life of learning and teaching, and of your receiving the tools to teach. In the process of coming to us to teach, you are endeavoring to give us those tools, I assume, so that we also will teach those who we meet utilizing these tools that you give us now? Is that the process we are involved in?

ABRAHAM: Yes. I only point out these tools. It is up to you who gather them to decide how you use them; and this is through your understanding and desired commitment to be God-like. Yes, this is part of your experience now. Does this help?

ROLAND: Yes, it does, thank you. You mentioned that our indwelling Spirit is the guide, and that even in this moment of chaos and confusion He forms the words that are presented to us for our perfection. And in this manner of communication, is it through our indwelling Spirit that we teach others? and is reminding us of the way we are to teach? Or, do we need to absorb these ideas in order for the indwelling Spirit to be able to reproduce those words and idea-forms in a language that is understandable by those who we meet?

ABRAHAM: Yes, somewhat. To live by example, to show your mortal counterparts the technique in the ways in which you use your tools to cultivate your spiritual path, is right. It is not possible to share your understandings with those who have not yet asked your questions. It is entirely possible to teach when they have acquired a specific arena of spirituality and are seeking, for it is then that you will pick up your tools and help them to understand. It is wholly acceptable to share with those which you know will indeed be given their own tools. It varies from person to person – those that have committed to moving forward, versus those who are comfortable staying in one place. Does this answer? (Roland: Yes it does, and beautifully! Thank you very much for the lessons.) Abraham: You are very welcome, Roland.

JOSHUA: Abraham, you mentioned that you have received another assignment. Are you allowed to tell us what it is?

ABRAHAM: I was referring to perceiving adversities as assignments. When I am faced with a troubling event, I am perceiving it as an assignment – I am understanding that it is troubling to me, therefore I indeed have something to learn. Does this help? (Joshua: Yes. Thank you very much.) Abraham: You're welcome.

CALVIN: Abraham, you talked of the 'tools' that we, as your students, are to use. Are these tools you speak of – let's say, those of us who have been coming to your weekly lessons in which we are being taught and, hopefully, perceiving correctly to some degree – are these 'tools' consciously known to us? Or, are they largely subconsciously-accumulated tools that perhaps we are not conscious of yet? And if so, then is it in that moment then, when a friend is 'asking,' that our 'tools' will surface? Are we pretty well exposed to all of those tools we will need through your teachings, through your lessons?

ABRAHAM: We are barely scratching the surface. Yes, you are indeed knowing of many of these tools. And when you are searching God's will with an attitude of accepting His will, regardless of your feelings, then yes, you are receiving the spiritual tools of knowledge that you need at that moment. As we all evolve and move forward, we discover an innumerable amount of tools that await us. Does this help? (Calvin: Yes, it does help, and thank you.)

RACHEL: Father Abraham, I have one remark I'd like to make. How grateful and thankful we are to our Father for having you as our Teacher. I think it's wonderful with all the experience that you have had here on our same Urantia, our same Earth. I am indeed grateful, and I thank you.

ABRAHAM: I am indeed touched by your words, and I cannot fully express my gratitude toward you for allowing me to be here and do what I love.

RACHEL: Okay. And now a little humor: Father Abraham, right at this minute where are you situated here in the room? Are you right behind Ellanor? over above her? Are you sitting on her lap or on mine? Where are you? (Abraham: I am behind you.)

RACHEL: Oh good. No wonder I felt so good. [laughter.]

ABRAHAM: I am also grateful to Father for allowing me to become close with you, my

friends and students. I shall check in with you this week to observe where I might direct my next lesson towards. My love goes with you. Until next week, shalom.
Back

The Forward Momentum of Nebadon. As We Patiently Move and Grow So Does the Supreme and the Universe

Abraham, WOODS CROSS GROUP 03-11-1996

Back

I am ABRAHAM. Welcome to you, my friends. I am sorry for the delay. I have been giving each of you my personal greetings. I have been with each of you this week assisting in your understanding of God-likeness. It can be difficult to teach a specific lesson when each of you are on different levels of understanding.

I have this week done my research. I have studied the many possible routes in which to teach you, each one personally and collectively as a group. Upon completing my research, I consulted with those who assist me in my technique of teaching these lessons. My lessons may affect your understanding, but I say, you already know the inner-Teacher that helps you to understand all you need to know. I am secondary, and I am honored by that.

On your journey through to spiritual learning, you encounter many a wide variety of adverse experiences – and yes, many joyful experiences. As we know, it is sometimes difficult to understand and experience until you have traveled a bit further down your path. These diverse experiences teach you in a progressive manner in which you can move further. To gain one experience you must go through another; it is difficult to skip steps and yet advance; and, it is highly possible to trip. I am exceedingly glad to assist you in showing you these steps; it is the way of education on all worlds – those just ahead, assisting their fellows just behind.

I understand that we appear to be moving slowly, but I can guarantee you, this is for a reason. As Michael labors to uplift the planet He must be certain that we are in step with the Father's will. This is possibly why evolution appears to move slowly. Many are anxious and excited about this planetary awakening and may desire to skip steps. Father's will requires patience, understanding, time and experience, to make the most of those meanings and values each child must learn. I would suggest, direct your enthusiasm toward the One that makes all things possible. His plan will not be hurried.

This Correcting Time is like an operation, a delicate surgery. We must have the correct tools in which to perform this surgery. We must allow sufficient lighting in which to see how we will best perform our operation. We have our professional individuals trained for this procedure and they are scrubbed and prepared to work. To rush through our operation may possibly put this planet's health at risk. We are not pressed for time. We are fully focused on the area in which we will operate.

You, my students who participate in these morontial lessons (those now and in the future) are indeed a part of this team. You will assist in this operation. You are now being trained and given the proper tools, sufficient lighting, and are being properly scrubbed and prepared to work. We are in a forward motion that cannot be

stopped. The surgery has begun, yes, and by the highest standards we are following proper procedure. We appear to be moving slowly, yes, but nonetheless, moving - moving forward.

You, my friends, have experienced doubt to the highest degree, and yet have vowed to continue in our operation. You see, it is not only this small room that is involved; it is not just the world that is involved - it is an entire universe. We are this moment, assisting in the forward momentum of Nebadon. We continually feed the God of this Grand Universe- we live, we experience, we learn, we teach - and in all this we give to the Supreme Being. You that have vowed to move forward, also move the God-in-time (the Supreme). You have vowed to be God-like, to drink the cup, to move forward, to assist in the growth of a universe.

We no longer refer to this planet as backward. We have seen enough mortals look upward and petition their Father for assistance. Yes, this planet moves forward. And, as this planet moves forward, so does the universe. You know not how many you affect; you know not of the hearts that go with you in your struggle to look upward. The universe watches and they cheer for you; they feel your excitement - and you, yes, can feel theirs.

The Supreme Being is best understood on simple terms. In time you will understand a great deal more about His contributions to you, personally, and to us, universally. We are on the edge of our seats. We watch in anticipation for those who hear and use our teachings. We are filled with the pure joy that flows out from Paradise and we are deeply grateful to our Paradise Father for being able to comprehend this joy - and, His guiding hand.

I say, Father, without you where would I be? Father, please know that I am filled with the gratitude of the universe and I wish to express to you my love for you. I ask that you know I am fully comprehending your love for me, and I am beyond words to express to you my feeling of awe and wonder for you. I would say it is your love for me that pulls me toward you, and I thank you from all that I am to all that you would have me be. Yes, I humbly thank you. Amen.

I would receive a few questions.

CALVIN: Abraham, I would welcome you again and express our appreciation for being our Teacher and our kind patient helper during each week. It can seem very busy in our mortal lives but it's sure good to know we are in a training course and we have all of the help from your staff and our divine Parents. I see that it is through these experiences of learning that we grow and realize things of spiritual value. Like Cory and I were talking about on the way down here - it's not in the Sunday church meetings as we once thought was the place where we would learn, but in our everyday living. You have helped us understand that, and to see that. Not too many years ago my mind could never have conceived of this. You have done a wonderful job in teaching us, I feel that you truly appreciate and love not only our potential selves but also ourselves 'as we are.' I say again, thank you very much. And yes, it does seem like it's a slow process, but now I don't seem anxious anymore to hurry it up.

ABRAHAM: You are entirely welcome and correct. My sons, Calvin and Cameron, many attend traditional religious services and leave there with as much as they want. Some religious gatherings are indeed fruitful, and I say, fellowship is important. You are correct in saying you have much to learn out of your daily living, providing you are conscious of the lessons being given. Yes, all religions have truth, but it is the 'individual' which holds the map to Paradise. Your words are well said, and I appreciate your open attitudes. I also thank you. Another question?

AMANDA: Abraham, I have felt either your presence perhaps several times during the week, or maybe another Teacher. Have I finally been able to make contact with a personal Teacher? or was that you? It really felt like more than one. If I have a personal Teacher, could I know that Teacher's name?

ABRAHAM: It is I that has accompanied you this past week. Before, you were noticing a Teacher by the name of Terron. Yes. Correct. He has assisted you in your training to learn this practice. May I say, one of the main purposes for learning this communication is for you all to become familiar with your indwelling Father. You shall see it is not as difficult as you may think. It is quite natural and not to cause you anxiety or fear. You have requested this help, yes, and you have been given help. Terron is a marvelous trainer as to successful techniques in this method of Spirit-to-spirit communication. I would not rule out other Teachers, or messages from the indwelling Father. Does this help? (Amanda: Yes. Thank you.)

ROLAND: In my contact with the Pocatello group and the Tallahassee group there are several transmissions which indicate that along with the twelve Melchizedeks who will return to the Earth, or who have returned to the Earth, there is a Magisterial Son that is due here in a short time. What is your understanding on this; and can you enlighten us as to these other transmissions?

ABRAHAM: I cannot confirm nor deny. I can only assure you that this planet is receiving the required help that is needed at this time. I am not able to make any estimates on who will be helping or when they will help. I am aware that when you are to be informed of spiritual events you will surely be contacted. This is difficult for me to become involved with speculation. I assume you have all experienced this and have been disappointed on occasion. In time, and as this world becomes more connected to Father and His universe helpers, this knowledge will be instant and unextraordinary. Does this help?

ROLAND: Yes, it does. I know that our mortal perception of you and your work is not seen the same as is those from your side who are assisting. If I can put my two cents-worth in, I think that the way MachiventaMelchizedek came to a shepherd and said: "I'm from God, what's for supper?" is better than speculating some event in the future – it takes our attention away from what can be done this moment, and any time we do that we turn our attention to an event that is outside of ourselves. So in my perception, I think that all speculative types of transmissions are less than productive, perhaps even counter-productive.

ABRAHAM: Well said. These are also my thoughts. Thank you. Another question?

ROLAND: The immediate difficulty I'm having at the moment I guess is to cease making

judgments of other people. It seems like in the judgment, it creates my own unhappiness. Do you have any advice on how one can advert that natural pattern to wrongly assess and judge another person?

ABRAHAM: You are perceiving this correctly. You are becoming conscious of this, and this awareness is the effects from the falling dominos of those spirit poisons that easily beset us. You have decided to be God-like, and therefore you perceive this change needed in yourself. This is a wonderful step in moving forward. I would advise those who are particularly judgmental to look back and possibly remove some of the old bandages to where you had first learned this habit. Somewhere you have been hurt by being judged and you may possibly cover this shadow of pain with your own judgment of others. This is not bad. This is to find joy, for you are receiving an assignment. This is good. I would assure you that the dominos are falling and your desired change will certainly come about. Does this help?

ROLAND: It does. I would like to follow it up with just a brief question: Is it better when you have a difficulty of having this judgment for a particular person to stay away from that person so that it is not a present threat? or is it better to express our feelings?

ABRAHAM: It is difficult for me to find one specific answer without knowing the circumstances. I would always say that it is God-like to be honest without being hurtful. It is helpful to express yourself in a manner that is like the Master's - He was truly concerned for His fellows, and He judged them not. He was, however, in favor of truth. Jesus always put Father's will, first - He always consulted His Father, first. He never intended to hurt anyone. His truthful sayings were apparently hard, but I would have to say, His techniques were certainly God-like. He was a wonderful example of strength and compassion. Is this helping?

ROLAND: Yes, it is. When you mention the Master, His way, it certainly gives me a clear understanding of how it is that we should be, as difficult as that might be. I have one other question. Sorry to be taking up so much time. In the last thirty days, this process of getting the toxins out of my body, I feel like I have been pulled through a ringer. Is there anything else that is happening with my physical being? I guess what I'm asking: Do you have knowledge of anything?

ABRAHAM: I am aware that your mental transformation causes your physical transformation. As we all grow intellectually and spiritually, many different areas of material discomfort will be affected. This is not to worry. I say to let time pass and check back with me another time. Does this answer? (Roland: It does.)
Abraham: One more question?

VICTORIA: I appreciate your assistance this week as you have assisted me in reconnecting in the stillness-time. I appreciate your sweetness as you have taught me about your slow pace. I knew it was you who had been teaching me when you mentioned the importance of the fact that you may think we are moving slow; however, we are moving perfectly. I have known this week, greater love and greater peace than in my last forty-three years, and I thank you. Through that peace, you mentioned that we are surgeons, and in the 'stillness,' as we approach those who we are operating on, it's important that we do it slowly, with the right precision and

using the right light. Am I correct in my assessment of the peace that comes through the stillness? the tools come through our daily connection with our God-source? Our direction is truly given to us 'moment to moment' in that time of stillness; and I have found that it's my greatest tool and greatest source of peace. Is this correct?

ABRAHAM: Absolutely. It is within the stillness that we are once again told who we are – children of God; we are reconnected with our source of origin, which is nutritional value to the soul. To take steps to nurture the soul is as important as caring for the health of the material body – perhaps even more so! When all is good with the soul it has a rippling effect throughout the rest of the areas of living. You are correct. Yes, the stillness is a drink at the well of God-connectedness. Are you still desiring a personal meeting? (Victoria: Yes.) Abraham: Very well.

I am happy to meet with all of you again this week in your understanding to be God-like. Until next week, shalom.

A Teacher Can Only Teach Where There Is One Who Seeks

Abraham, WOODS CROSS GROUP 03-18-1996

Back

I am ABRAHAM. Welcome. Your communication with one another appears to me as a bright light shining off the Earth. I am filled with joy as I listen to you each accepting one another's differences. I am perceiving you are being your true selves, the true personalities that Father granted you each with.

We have learned a great deal about the human emotions which are generated from human experiences. I have seen you use your spiritual tools to begin mastering your human emotions and learning to relate to fellow mortals. You all know the basic facts of spirituality. You know what is true, good, and beautiful.

You have spent much time in climbing the staircase to the mastering of the self. You have committed to becoming like God. You have labored to know who God is, it has not just been given to you – you have worked for your knowledge. Yes, you have strived to put forth these God-like attributes into your daily living; and needless to say, it has not been easy.

Those who are committed to knowing God and to become like Him, struggle for their understanding. This understanding is priceless. This understanding you possess means so much because you have worked for it. Knowledge that is freely given without effort to research is taken for granted. Knowledge freely given is not as valued and appreciated; it does not lead the individual to continue to search for Father. I say, you will know this is like our Mission – knowledge and understanding will only come about by your effort to search, to experience these lessons, firsthand.

Yes, to really understand, you must experience. A small child attends a class; this child must read, research, memorize, and repeat the desired lesson again and again. A teacher cannot simply tell a student a lesson and expect the student to remember without any further effort.

A successful student possesses the desire to research, to understand, to continue in this learning until he has good memory recall. The good student does not lay his

head on the desk and cry for understanding. This student must read, even re-read; and, must ponder and relate equations with symbols he understands.

Yes, it takes persistence and drive, to keep going. You, my friends, well know this, by experience. You know that your indwelling Father, Christ Michael, myself or others, cannot lay your desired answers at your feet, for you see, you simply would not retain this information without having experienced it, personally. Those who search, find. Those who listen, hear. Those who try, succeed.

I am very honored to assist you in your education; and yet, I am permitted to only go so far. At times I burn with desire to tell you my understandings of the universal inner workings. I am restrained by my knowledge of the techniques on teaching in the mortal world. I wish to give you my joy and understanding, yes, but that is not possible – it would not be the same as your own discovery of this joy. Yes, this understanding of spiritual truth takes effort on your part. Do you see, this is a most effective way to teach, for you are not about to receive information that you are not seeking.

In your quest for spiritual knowledge, I must say there is a well containing an abundant amount of clean pure refreshing water of knowledge within this very group. Your interaction with one another is indeed, partaking from this well. Yes, to relate with each other is indeed, a labor necessary to spiritual understanding. Human relations cannot be passed-over in your education toward divinity. To understand your fellows is as important as speaking about your own inner feelings. Yes, you must indeed make an effort to be understood – as well as to understand.

I have spoken before on the subject of ‘you taking your place in the world.’ I am these days more-so with the feeling that you have indeed found your seat at Michael's table. You are believing and trusting yourself to be a child of God. You are assuming your positions, and accepting of others’ positions as well. You are believing there is room for all. There is no need for one to believe they must have the seat next to the Masters'. All are feeling valued and that they belong.

This is, yes, an opening to accept yourself ‘as you are,’ and continue to be that beautiful personality that God Himself had created. This information – acceptance of one’s beautiful and unique self – should indeed, remove fear and anxiety. This ‘new-self realization’ feels natural, and propels one to feel free to be honest and open to new possibilities; open to understanding one another, without judgment. In knowing and understanding your fellows, you are with knowledge that they stand ‘with you’ in the kingdom.

Yes, spiritual understanding takes effort; and relating with your fellows is part of that effort. Relating with one another opens that well of information with one another and gives you that feeling of belonging. I say you know well my lessons; you indeed have put forth effort to apply them; but I also say, understanding one another is a lesson beyond my own capacity to teach. The effort, as you know, will be up to you.

This week I would ask you to focus on communicating and allowing time to understand other’s communications to you. Have you questions?

RACHEL: Father Abraham, you said that you wished that you were able to give us your knowledge and your joy. I think you do some of both all of the time because along with all of these lessons and everything, that you are giving us a lot of knowledge, also. I also feel like your joy overflows to where we can actually feel it. I thank you.

ABRAHAM: You are very much welcome, and I also share in your joy and wisdom. Thank you. Are there more questions?

CALVIN: Abraham, thanks again for your lesson. There are many within our religious society who are afraid of what you are saying here. It does not resonate with them because they have been taught that 'revelation' is not available to just anyone, such as you are revealing truths to us. I'll say it in a different way: The religions of the world, those which I am familiar with, teach that we are not to seek for the mysteries of the unknown but to just live the rules, make an attendance, and pay the dues. They warn heavily that 'to reach out for higher understandings of things you don't know' is wrong and very risky, and opens one up to 'the devil's influence.' I have been in that seat before, and I now see how binding and blinding that thinking was and is. What would we say to such a religionist who is afraid to seek 'outside the box,' so to speak, for higher understanding of new things?

ABRAHAM: Not a lot. [laughter.] It is indeed up to each individual. You yourself, as an example - there came a point when you found the courage to seek for 'something more.' You accepted the liberty Father bestows upon His children to keep moving toward Him. This world is moving so fast. So many are realizing the bonds that traditional religions bring upon them, yes; and many will either reach for higher understandings or not reach at all. These individuals are not doomed by any means. Delayed, yes, but not doomed. As this world evolves, its inhabitants reach for higher understandings - just as a child's foot grows beyond its shoe and new shoes are sought. I recommend that you each live your understanding of spirituality, and set this example before your fellows. Let the radiance of Father show upon your face and I guarantee your fellows will curiously seek this source of your happiness. Does this help?

CALVIN: Yes it does. I know it doesn't do very much to worry about, or even wonder much about, the 'why.' The prevalent religion here in Utah was based on a passage of scripture which says: "If any man lacks wisdom let him ask God, who gives to all men liberally" - which has been the subject and emphasis of all your lessons, that if we seek and reach, we will find and hear. If I am understanding you correctly, you are saying that it is in the degree of desire that we 'want to know,' is the measure of which 'we will be fed.' I think the thing that binds the LDS Church down, like many other religions perhaps, is the prevalent thinking that if God wants them individually to know something He will go through their sanctioned leader to deliver that message. And I think those leaders are keeping them bound by that very teaching - the people really are convinced that revelation will come through their leaders, and they don't expect there will be anything new unless it does come through their leaders. Therefore, I think if their leaders would break open and say to their members something like: 'Hey, you can receive from God on your own, you don't need

us for revelation;' and do so by reminding them of their noted passage, which was the very impetus of their church-beginnings: "If any man lacks wisdom, let him ask of God..." that surely there would be a lot more freedom, and a releasing of their fears of being 'led astray.'

ABRAHAM: Yes, you are correct, to a point. Many have this knowledge and live the rules; and yet, still hold fast to what they know deep within their soul. They find it easy to follow the set rules so as to appear righteous, but still, they know of their free will, and the Father Fragment, within. If one person in leadership position did choose to stand in favor of this concept you speak, it would be surprising to see how many others would also stand. You are correct in saying those that lead would definitely have to be the first ones to stand. Yes, good question. Does this answer? (Calvin: It helps very much, yes. And I do have a new insight from what you are saying.)

HONORAY: Father Abraham, I haven't asked a question of you for quite a while, but I appreciate your teachings and all that we are doing with our class to make ourselves better. I would like to say tonight how grateful I am for Elward and Joshua for involving me in these teachings. It was clear back in 1977 when we worked together at Sperry. It feels that all my life I had been taking a class, teaching a class, or reading a book searching for this or searching for that. When I finally went to work at Sperry, where I met these two precious brothers, we were working together, and because of Elward's persistence with me, he was challenging me to read this big blue Urantia Book. And at that point I didn't care if I read another book for a while because of all my intense studying and taking classes. But I want to thank Joshua and Elward here today for their persistence in getting me interested in the Urantia Book study classes. I started coming to Joshua's home for group-study all those years ago, and I don't think I have told them enough how I appreciate their persistence. Yes, finally I said I would read their suggested book if they say it's good - and it was because of their attitude, persistence, and enthusiasm which I saw in them. So yes, I believe when the student is ready the teacher will appear. That was one of the quotations that was taught. I must have been ready at that time because I really appreciate their perseverance with me. So I love your lessons, Abraham. And, I love the precious brothers and sisters of mine that have put up with me all these years. I just want to thank them.

ABRAHAM: Good example of tonight's lesson, Honoray. It was through communication that you were able to join with this particular group. These brothers would probably agree with me when I say 'telling someone about the Urantia Book' is hard work. It takes a great deal of love of this book to put forth the effort in telling others. It takes a great deal of courage to appear different in order to release information. Yes, I appreciate your comments and am thrilled at your participation in this group with these hands-on spiritual lessons. This group can at times be an anchor for your ship when there are storms upon the seas. Yes, and thank you. Another question?

If there are no more questions I shall take my leave. I wish to express my gratitude and love to you each. I will continue working with you in your understanding of God-likeness. Peace go with you. Shalom.

Understanding One Another is Multi-Adjuster-Mindedness

Machiventa, WOODS CROSS GROUP 03-25-1996

Back

I am MACHIVENTA. My greetings to you students of my long-time friend and associate, Abraham. Long are the days we have spent working to uplift this planet. Abraham and I have discussed various plans of moving this world closer to an enlightened majority. We had many discussions over various techniques in methods of teaching.

I have appreciated our open communication with Abraham and members of the Teaching staff; but I must say, I deeply cherished those personal conversations with my friend – those conversations that surpassed thoughts, planning, and organizing. Our conversations that stemmed from the heart of our friendship were indeed personal ministerings to one another – with an open heart and an attitude of love. Even through misunderstanding, there was the love.

Upon meeting Abraham, I have labored to understand him, his position – a mortal man from an evolving experimental planet; a man mentally competent and tradition-bound. It was through many hours of conversing that we grew in understanding, and our friendship gave us unlimited levels of comfort and happiness. Long are the days we have spent together; and each moment I meet with him, still my heart is made lighter.

My understanding of Abraham has grown as he has experienced – experienced mortal death, experienced the morontial life, and so on. The man I knew as a mortal on earth is not necessarily the man I know now. Yes, he is still in a state of becoming; he still makes an effort to learn and grow through experience. I am privileged to have been present through his evolutionary growth, and I am in deep understanding of this person.

I know you, my friends. I strive to uplift this planets' values and endeavor to raise the consciousness towards our Creator. I may not know you as well as I would like to, but that is not my place to do so. You are very aware of the One that knows and understands you better than you could understand yourself. Your indwelling Father is so close to you, to your soul, to your true self, that He is almost appearing to be you – for it is so. This indwelling God has been with you from the start and without a doubt will carry on with you through your eternal destiny. In learning to be like this God, you are learning to know Him.

I do not claim to know my friend, Abraham, as his personal God knows him. I speak that I may help you to understand yourselves in relation to your indwelling God and the personal relationship you have. In learning to communicate with each other you are learning to understand God-likeness; you are open to the opportunity to be witness to your fellows putting forth their idea of God-likeness. In relating to one another you are also sharing in multi-Adjuster communication. The joining in communication is the joining of Father Fragment communication.

Yes, the joining of indwelling Adjusters is adjoining to the universal communication circuit. This seeming-unimportant conversing is likely to adjoin you to the universal consciousness; what seems like small talk may in actuality connect you

with the universe. We teach the lessons of honesty, tolerance, being forthright and with tactfulness, so that your communications are prosperous toward enlightening the whole. Yes, your honesty and love for your fellows definitely does make a difference in world consciousness of universal meanings. Be not afraid to speak. Let not those who wish to remain in the shadows also pull you into those shadows. Again, be not afraid to speak – for you also hold a seat at the Master's table.

It is my request that we forfeit the questions; and possibly, for the time remaining, discuss this lesson. Abraham shall return next week. I am honored to speak with you and I send you with my love and peace. Farewell.

Back

To Stand Upon The Foundation Of Truthful Love Opens The Door To Effective Communication

Abraham, WOODS CROSS GROUP 04-01-1996

Back

I am ABRAHAM. Welcome. I am very much enjoying your discussion. Observing you demonstrating those spiritual tools which have been shown to you, it is a wonderful sight to behold, yes; and yet, fairly uncomplicated for you.

I wish to thank my friend and mentor, Machiventa(Melchizedek), for his lesson this past week. I can say without a doubt that his guidance and love has helped me to be what I am at this present time. My friend, Machiventa, appeared to be a complex personality to me when I first met him; I assumed he was beyond my level of understanding; and therefore, such friendship was not possible.

As I grew in understanding of Machiventa, I realized the most important part of my understanding of his being was the open honest love he put forth – not his intellectual knowledge, his spiritual status, or his understanding of the concept of the 'One God,' no! what connected us as friends was our mutual love for one another – honest love.

My co-workers, my fellow Teachers, also reveal to me this 'truthful love'. When we gather to discuss plans and teaching methods, we are all connected beyond the obvious purpose in which we gather. Our truthful love of one another enables us to accept our diversity. We may not always agree but we are always standing on the foundation of our truthful love of one another.

God is love, the source of all love. And I say, it is this love that binds us as a family – the kingdom of heaven. You are aware of these moments of pure and honest love. Such moments may appear to be few, but I say, as you grow in your spiritual understanding, you are indeed more aware of these moments of truthful love. In my work, I attempt to communicate with individuals in the hope that this world may be more God-conscious. To communicate with mortal individuals there are many items to consider:

- 1) Is the individual ready and open to these communications?
- 2) How might I help this person understand my message through their own life-experience.

- 3) Timing. An appropriate time must be chosen. I cannot reach one who is in anger or fear.
- 4) Position of individual faith. It is the individual's desire and belief that helps me to be heard more clearly.
- 5) My message – what message am I to impart to this individual to be of benefit towards moving the whole.

Yes, there are many factors I must decide upon. I cannot rush forth in anxious anticipation towards an individual. There is planning and always consideration of Father's will. There is, at times, needed authority-clearance before I can proceed. Many small monotonous details must be accomplished before I can proceed with my actual message. It is much like the way in which you communicate with your fellows. You must at times ponder over small details before you can put forth your actual message. Details such as:

- 1) Who is this person I am about to speak to?
- 2) What is their life-experience and how can I best help them to understand me and my message?
- 3) Are they open to honest statements that may come from me?

There are many levels of communication that you are required to learn. But I say, to stand upon the foundation of truthful love, indeed opens the door to whatever may occur during communication. This foundation is indeed, a wonderful place in which to build your scaffolding of ideas and insights.

Machiventasa said: "Truthful communication leads to multi-Adjuster assistance." This group is a wonderful place to learn and teach. With or without myself (or Teacher assistance) there is a well of information within these groups. This well is abundant with infinite ideas; and insights for this well is indeed the multi-Adjuster communication, which is indeed, our Father.

Yes, the foundation of truthful love is a sturdy place in which to build your spiritual understanding. I say, let not those who are downcast, ruffle you. The foundation of truthful love enables all to build upon the scaffolding of spiritual understanding; there, is always the foundation, no matter what might be built upon it. Have you questions?

RACHEL: I have a comment, Father Abraham. Speaking of love – when Father Ham was here teaching us I grew to love Father Ham very deeply, even to the extent that when he left and wasn't going to teach us on a weekly basis anymore, I really felt brokenhearted. Then, as you know, we went for so long without a Teacher. And now, what a wonderful experience it is to have you start teaching us on a weekly basis. Now my love for you has grown very very deep. It is growing by leaps and bounds and I thank you for being with us.

ABRAHAM: You are certainly welcome. My love is also with you. Ham indeed built a foundation of truthful love, and those that were involved with him will always be a part of this foundation. I now build my level of scaffolding upon his; and I say, I am connected to this foundation of truthful love. I am also connected in this multi-Adjuster communication. We are many times connected with the universe, and I say, this indeed affects the Supreme Being or the movement of the whole. I thank you for your invitation for me to teach. Doubt not that Ham often abides here with me as an assistant. Thank you. Another question?

ROLAND: Abraham, you spoke of understanding what the background and the culture of the person who is receiving the lessons has had in order to coordinate what you say to them that is specifically designed to touch their frame of reference or culture. I am wondering how that relates in this Adjuster-to-Adjuster communication, and to put it into a context of reality. Yesterday I was sitting with a woman, Japanese origin, at a restaurant. She had some questions and I sensed that what was coming out of my mouth was not anything to do with me forming the ideas or the content to meet her needs, and yet they were being met specifically and exactly. It seemed I had no control over what that was, so I didn't prepare myself. I didn't know her culture. I only spoke the words that were given to me. How then does that relate to this idea of preparing yourself to the cultural frame of reference of the person that you are teaching? Could you comment on that?

ABRAHAM: Certainly. As it applies to a group setting, and attempting to understand individuals and their level of tolerance (their openness for your message) it takes some thought. I at times desire to tell you what I would have you know, and yet I am refrained, by my teaching experience, on what and how to share. It would be of no use for me to communicate to you what you would not be open to. I know you. I have some knowledge of your experience. I am able to speak with you in a particular way that is most progressive. Group understanding (learning to communicate within a family unit) is at times more difficult than speaking with strangers. You are fairly knowledgeable about your family. You know what would be hurtful or helpful. Individual communication to one person whom you are not familiar with is more intimate and easier at times to surpass ego desires and put forth pure Adjuster communication. You are learning that this Adjuster communication is at hand, and is available upon demand. This occurrence is very natural and a wonderful way to benefit both parties – the giver and the receiver. I, tonight, speak mostly about group dynamics and the foundation of truthful love in which you can assist one another in building the scaffolding to spiritual understanding, and the Adjuster connection therein. Is this answering? (Roland: Yes it does, it clarifies.)

RACHEL: Father Abraham, with the multiple Adjuster communication, is there any way that as a group we could practice to enhance this communication among our group as far as the Adjusters are concerned? Do you have some suggestions there? or are we not far enough along even to get into any of that?

ABRAHAM: Yes, as I said at the beginning of our meeting tonight, your communication is quite wonderful and uncomplicated. Your communication is what ignites the spark of Adjuster-to-Adjuster communication – very simple. Your wonderful truthful conversing with each other is how Father may reach you all, collectively. Yes, communication is a required course in your spiritual education. It is that simple –

to stand upon the foundation of truthful love, and each adding to the scaffolding of spiritual understanding. You see, you are all assisting one another to climb higher in your understanding, with the comfort of knowing that if one should fall, the foundation of truthful love makes for a soft landing. Good question. Another question?

JAMES: I have one Abraham. It occurred to me recently that I had an experience in about 1978 that was sort of a crisis in my moral development when I was faced with temptation. I recall, I must have been reading about you in the Bible at that time; and when I was seeking for strength, you were in my mind; and I may have even asked for your strength at this time rather than asking God for strength, or to ask Jesus. As I reflect on it, it seems kind of odd that that happened. And then there was a song that I used to listen to, also at around those same years, that mentioned your name. I had a very strong attraction to that song all these years. Of course it leads me to wonder if you were having an influence in my life back then? or if this was just a coincidence of me having been reading the Old Testament at that time. Would you care to comment on that?

ABRAHAM: Yes. I have known you all for many years. I did indeed assist you in your urge to look for answers. But you are correct when you say you received the Father's strength. I indeed have inspired a few with the version of my life in the Old Testament records, and this perhaps played a small part, yes; but I do say with confidence that I have known you and assisted you frequently, and especially upon your request. I must comment - to ask me for strength was not wrong for you at that time, for that was your understanding. I can guarantee your petition did fall upon the correct ear. I can say, I have involvement with many in the corps of destiny. I have trained for this particular assignment; and I indeed have known you and other corps members for a number of years. It is not strange to trust your intuition about such matters. Yes, you are correct. Another question?

JAMES: I'll ask a follow-up question if no one else is wanting: For about twenty-five years, maybe a little less, the Urantia Book has been the most solid, dependable, reliable anchor in my life. A few months ago by virtue of reading a book criticizing and questioning the Urantia Book at length, that solid foundation in my life began to crumble. I have been working through the last few months just being with that experience, looking for truth in other places. It has been difficult, but it is just now beginning to be enlightening to me because it seems that the Urantia Book is more of a compendium of truths that have existed all throughout history, rather than a revelation of new truth - although there certainly is a lot of new information in it. Anyway, I am sort of rambling. I guess what I am getting at is I could use any help or insight that you could give me now or later as I am going through my daily activities. I could use some assistance in this. It has been a real trial.

ABRAHAM: Understood. Throughout history, man has searched for truth. He has attempted to contain and preserve this truth. Without being able to see this contained truth, what has man got? What is left when all records, all books, are no more? What has mankind got to rely upon for spiritual nutrition? I can say with authority that spiritual growth and understanding does indeed surpass any words recorded within material books. Man really only has himself to rely upon for

spiritual nutrition. Man must turn inward and seek that which is the source of all spiritual knowledge. All the recorded material on this world could never replace your 'inner source' of truth. It was time for you, my son, to indeed turn inward and rely upon the source within. You could easily read any recorded material, and either believe or disbelieve; but it is your inner source that reveals to you that what you read is either truth, or not. The Urantia Book is indeed a well that is filled with knowledge and truthful meanings and values, yes; but this tool is to be used in conjunction with your inner Father Fragment. The Urantia Book is not to take the place of that which holds you dear and precious in His sight. The Urantia Book can teach about love, but it cannot love. It can speak about truth, but it is your own soul and Adjuster communication that can reveal to you the actual truth contained within this book. You are growing, as painful as that may be; and you are beginning to trust in your own Adjuster-guidance; and to use the Urantia Book as a 'tool,' and not a 'map' to Father. I can say without a doubt that all is indeed well and on course.

With that, I shall give you each my love and promise that I will be with you as Father deems it necessary. I thank you and will be with you in this week to come. Go in peace. Shalom.

The Kingdom of Heaven Stands Upon the Foundation of Love | Love is the Desire To Do Good To Others

Abraham, WOODS CROSS GROUP 04-08-1996

Back

I am ABRAHAM. I am delighted to meet with you this evening. I am in awe of the leaps you have taken towards understanding universe realities. It has been a long tiresome journey, yes, but you have been blessed with the joy that comes forth from the fruits of the spirit.

I have stated that I would endeavor to make these spiritual teachings a reality for you, something substantial you can rely on. I have taught according to the plans put forth by our Creator Son and His subordinates – plans upon which you can use on a daily basis. I have put forth my best effort along with my personal prayers for you and your understanding of spiritual growth.

You are indeed studious and devoted pupils, which makes my efforts to teach, quite easy. Through our endeavor we have sat upon a sort of 'teeter-totter' in which we have leaned this way, and that. We have experienced a vast array of emotions; a fair amount of both negativity and positivity – and still, we move. Yes, spiritual understanding is always moving. Whether it is concise or confusing, your understanding is always evolving, changing; and at times that may not always appear to be progressive – but I can say, you can always count on change concerning your spiritual understanding.

I am amazed at the growth within this world. The changes that are taking place are rapid. Mortals are finding God to be a reality, and the basic truths that we labor to spread are spreading successfully. I am inclined to rejoice and give thanks each time I witness this movement towards God-consciousness. I am made to smile at my thoughts on the effects that this world has on the Supreme Being and our universe as a whole.

I have spoken that the kingdom of heaven stands upon the foundation of love. God is love. It is, in actuality, so simple. The world is beginning to teeter towards the side of love. Where there is love, there is also God. The giving and receiving of love is to put in motion the operation of Adjuster to Adjuster communication. To communicate with love is to guarantee God's intervention. To facilitate love in all things is to guarantee the Father's hands working with your own; the Father's mouth also speaks with yours, and the Father's mind thinks also within your thoughts.

Love is seemingly so simple; and yet, many mortals spend a lifetime searching for it. Why is the understanding of love so difficult to grasp? As I said, spiritual thinking is always evolving; and I can say this world has evolved through many trials and does hunger for this love, and mortals have indeed begun to seek it out. This planet is in understanding of the effects of lovelessness. The pain and despair of this lovelessness has taught many mortals to seek other avenues of happiness and fulfillment. No, this is not a bump on the course to Light and Life; this is a natural process of evolution for a young planet.

I have asked you to seek understanding on God-likeness. I say, to understand true love is to understand the actual personality of our Universal Father. Love is the desire to do good to others. I say, without an honest effort to understand yourself and your fellows, the desire to do good is not present.

Spiritual understanding will not be lasting, without substance. Everlasting spiritual understanding can only come through experience – and therein lies your substance! for love is quite substantial. Do you see – love can be felt, can be seen, can be heard. Love is what all mortals truly desire. God is love. To know love is to know the Father. To know spiritual reality is to utilize it, constantly. Yes, love is substantial. Love can be used, can be held onto, can be the foundation for all understanding.

I understand this term 'agondonter' – I have experienced this status, and through experience I can say that spirituality does indeed require substance if it is to be lasting. Do you see, love is the only actual thing that you can use and move upon; and I say, move out from there – with love as your base, your foundation! Yes, love is substantial. God is love. To 'love' is the giving of God. To 'be loved' is the receiving of God.

To understand another is to open the door to love. To love is to open the door to 'Adjuster to Adjuster' communication. To activate this communication is to open the door to universal understandings, meanings, and actualities. You, my friends, my students, hold the power of God within your very beings. This power is love. I say, you have indeed built a wonderful foundation of love in which you can all feel at ease to build upon. The presence of God is within you now and always; not sometimes – always!

This week you may wish to work on giving and receiving love, opening the door to instant 'Adjuster to Adjuster' communication and universal understanding. May I answer questions?

CALVIN: Teacher Abraham, thanks very much for your lesson. It seems that when we ponder back and reflect upon your words, and read them later, they seem to take on a deeper meaning each time – at least it does for me. I feel like I have very little capacity to love and feel loved, so I know it's something I need to work on. Your insight is very helpful. One question in mind, and aside from tonight's lesson: I have done a lot of talking at my work, with plenty of friends and people there about our lessons; and it could be a factor in whether or not I move on to a different career. I am really at sixes as in what to do. I am sure it is a human decision, but if there is any help you would like to give, it would be a good time. Or, would you recommend that I just do what I think best.

ABRAHAM: First, I know you to be an extremely loving individual, more capable of giving than receiving. When you are believing yourself to be a child of God, then you must receive any love that comes your way. All God's children are deserving of love. If you believe yourself to be a child of God, then feel comfortable in accepting the love others give to you. I am overwhelmed at times of the love you give to me, and I would be overjoyed if you would accept my love in this same fashion. I am confident you are quite capable of Adjuster contact, and I say, your hardest decisions are best made with Him, your indwelling Father. You are correct, to a point – that this is a human decision. Yet, I ask that you ponder on the simple truth that 'before you were an employee, you were and are, a son of God.' And I say, Father is to be kept at the forefront of your decision. Does this help? (Calvin: Yes. Thank you for your love also. I know it's there.) Abraham: You are welcome. Another question?

JAMES: I'll ask a question, Abraham. I, like what Calvin said about himself, also find it challenging to be open to other people and approach them with a loving attitude – in some circumstances more than others. It seems like one of the obstacles is that as we get to know people, we sooner or later find out that even though there are similarities, more often than not there are big differences between ourselves and the person that we might be trying to learn to love – differences in viewpoints and values. So it is kind of hard to – well, it gets uncomfortable – when we run up against walls between ourself and another person. When our values differ, sometimes it seems like there is no way to bridge that gap. Sometimes people just have entirely different viewpoints of the universe. I don't understand how a person can transcend that 'with love.'

ABRAHAM: Understood. There are many individuals in which one may come in contact with that appear to reflect certain distasteful elements. It is difficult to immediately love and be open to understanding such an individual. I can say, to be neutral is to remain open to future understanding of this individual. To call a judgment upon this individual is to close that door to understanding, therefore closing off any love that may develop. To remain neutral is not bad. It is God-like. It is remaining open. It is to say: 'This individual is this way, and I do not understand. I will not attempt to make a judgment of right or wrong, but I will continue to leave this door open.' One should not feel bad, guilt-ridden, for the lack of love towards a fellow. Know this, that all are children of God and deeply loved by Him. And remaining neutral in your emotions is an exceptional position to take. If love cannot be found, then acceptance of the fact that all are children of God leaves open the arena for future understanding and development for love. But I

can say, efforts made towards love is still activating Adjuster communication. This is common between mortals; and I say, in time all things are understood and not to be worried-over or to feel bad. Does this help? (James: Yes, it does. Thank you.)
Abraham: Another question?

RACHEL: I won't really make this a question, Father Abraham, but I think on this subject you could talk for a couple years on it: According to the Urantia Book, yesterday was the anniversary of the crucifixion of Christ Michael – and that would make tomorrow, the resurrection anniversary. I would just ask if you would say a few words about it, not a full year's speech. [laughter.]

ABRAHAM: Gladly would I speak. What an enormous event this was. All of Nebadon watched as this story unfolded. Many great things took place at this moment in history, yes, when all the while mortals (much like yourselves in deep despair and confusion) rushed about hurriedly, searching for answers, for understanding – somehow they had forgotten the promises made to them by the Master. When the Master was taken from those who loved Him so deeply, they were unable to see Him, to seek advice firsthand from Him. All that they had learned was seemingly lost and they were swimming about in their despair. His apostles even refused to believe that some had seen the risen Master – still clinging to their desperation on what to do next. Little did they know the universe buzzed with excitement and events untold. I can say, this world has yet again experienced this despair and confusion – but once again are they opening their eyes to again feel the excitement of the empty tomb and the promise that 'Jesus has risen.' Yes, this world is in the midst of feeling this overwhelming excitement of these enlightening times. Urantians are on the road to regaining their composure and remembering the Master's promises, and once again truly feel the spirit of the Master moving within their midst. Until next week, shalom.

I Am Here, Now | Wait Not For My Feet To Make Prints In the Earth

Michael & Abraham, WOODS CROSS GROUP 04-15-1996
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[The transmission-receiver, Ellanor, was somewhat startled at the beginning of this message and took a little longer to begin the transmission.]

I am MICHAEL of Nebadon. [pause.] Welcome. I am Christ Michael. Be not afraid. I am with you. This is not to cause you anxiety. You know me well and I am not to be feared. Many times mortals have dropped to the ground in worshipful respect. I ask you to stand and speak with me as your Brother/Father.

For ages, men have twisted my message which was to be very simple. Over the centuries I have endeavored to untwist my message; and naturally, it is beginning to show forth the fruits. I am aware that I appear to be far from my mortal children. This is because my mortal children are perceiving me in that way.

Years ago I had given my promise that the inhabitants of this world would be assisted by my Spirit having been poured out upon the flesh of all, regardless of one's life status, life circumstances. I am here! I am here now, and whether you choose to know me is absolutely your choice. Whether or not your faith can withstand

my assistance is entirely your decision. I assist you because I am. I love you because you are.

Our Father has made all things possible, and they are set right before you; this is not to entice you into the kingdom, this is to aid you in not stumbling over me or my Father. To know me is to know our Father. To learn of my faith is to create a handrail to assist you in your steps of spiritual education.

I say with sovereign authority of Nebadon, I live amongst you now. I walk with you now. I am without the fetters of material form; this is why I can assist this world as a whole. Why do some wait for my feet to make prints in the Earth when I live amidst you, now. Our kingdom goes forth, now! it has always been so, it will always be so. I pray that my mortal children would not choose to stumble over me when I am here now.

This is not a world of darkness anymore; not a world without divine assistance, guidance; not a world left to reap the harvest of evil. This is a small world that has journeyed naturally, as has many worlds in our universe; it is a world of remarkable beauty and goodness. I have deep affection for this small, but nonetheless, valued world. I have deep and abiding faith within you each. I am certain of your own affection for your world, that it is true.

I have asked you to love one another, as I have loved you. Therein lies the key to the door of universal meanings and values. Love is power, has a power unlike any power. Love is the answer to all questions. Love remains the single most significant proof that I am, that my Father is, and that you are.

I shall continue my close contact with you each if it is in your desire. I shall continue to look out over the land and continue to pour out my Spirit. I ask you to wait not for my feet to stand upon the Earth but to walk with me now, spirit to spirit. My peace I leave with you; and always, my unfailing love. Children, carry on.

I am ABRAHAM. I express my gratitude on behalf of my students, to our Sovereign Creator, Christ Michael. We are honored and humbled by your presence. We are grateful for your availability, and pledge to continue to uphold this beloved planet. We are always blessed by Michael's company and never do we tire of His words of encouragement.

Michael has taught us the true meaning of an often-used word, LOVE. He has said: "Love is a force that stands alone." To keep within the boundaries of love is to be free from the boundaries of human struggle. In our attempts to understand love, we would be wise to request the understanding of our Sovereign ruler, Michael. Until next week, shalom.

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Love Is the Only Substantial Proof of Eternal Life | Misuse of Love Does Cause Much of Our Ailments

Abraham, WOODS CROSS GROUP

04-22-1996

Back

I am ABRAHAM. Welcome. I give you my greetings. Our lesson this past week has caused you to search. Yes, our Creator/Brother/Father has again challenged us to search our inner resources for spiritual understanding. I am happy to continue on in this series of lessons on love.

For ages, man has searched for real happiness and has strived to make his life easier. He has worked to find abundance in living; he has searched to contain beauty all in the hope that he could find lasting authentic happiness. It is true still to this day that mortals continue their search for inner fulfillment and happiness.

The search is still as primitive as it was long ago. There seems to be more options to find inner happiness in these days, but it still seems an endless cycle of repetition; mortals striving for 'more' – more wealth, more power, more freedom, and more ego-satisfaction. These mortals remain empty, always looking outside themselves for true happiness and fulfillment.

You, my mortal friends, students, co-workers, are quite aware of from where all happiness stems. You are knowing of the Source, yes, and still unsure how to obtain this Source. I have taught that this group can build their spiritual scaffolding upon a foundation of honest love. I have labored to help you feel at ease with myself and, one another. As Michael said: "Love is the only substantial proof that there exists eternal life." I say, love also takes us to the source of true happiness and fulfillment.

Love is an often-misused word on Urantia; which misuse leads one to create definitions that are not reality. Love is more than an emotion; it is a 'living' energy upon which all things exist. The true definition of love would be beyond words and ... [Ellanor, the group transmission-receiver interjects: I am having a hard time. I just feel there is something really strange. I can't do it. I can hear it, but I can't do it. I feel there is something weird. I can't do it. I feel that there is something strange, that somebody doesn't want me to do this. I can try again...]

ABRAHAM: I am here; you are doing fine, Ellanor. We can all see that the power of love, or lack thereof, is a strong force that can be felt, mentally and physically. Love is an energy that can either heal or disrupt mortal daily living. Ellanor indeed felt a lack in the group circuitry. This is not bad. This is an example on the power of love. Your understanding of love has been intermingled with the definitions of happiness and abundance. Love is like a double-edged sword and can be misused.

A mother watches her child play at a park. The child is laughing, playing carefree without fear. The mother is fearful of the child not exhibiting any fear or caution for their own well-being and therefore, removes the child in fear for the child's safety. This love the mother exhibits for the child is a misuse of the actual energy that is contained within genuine love.

An example of genuine love would be for the mother to communicate with this child the dangers of carelessness and let the child put forth into action their own

understanding of the mother's advice. The mother loved the child enough to trust the child's own inner guidance. Yes, the mother still has some fear, and yet strives not to teach it to her child but to point out the child's own inner guidance.

Love is an awesome power that can heal or disrupt mortal living. To love is a matter of conscious choice, not a feeling that suddenly comes over you. To make a conscious choice to love is to expect the feeling to come after. Love is not mindless, is not thoughtless action. Love is God. God is pure intelligence. God is all-knowledge. God is love. Love is intelligence.

To desire good for your fellows is indeed putting forth love, putting God into motion. To direct love is to give healing. To leave a person feeling loved is to give healing. Love is energy, and energy has the power to move matter. Love is a power that can indeed manipulate matter.

To love is to release a chemical within your own physical system that is indeed healing. This direction of love to others can likewise release a chemical reaction within their physical makeup. Love is a force and can indeed manipulate matter. To misuse love in a selfish motivation is to not create anything positive, but to harm. To misuse love for selfish gain is to create cells of destruction.

Love is a conscious choice. To set yourself aside in decisions of love is to facilitate healing and spiritual growth. I indeed give you my love, and stand ready to assist you however I can. All is very well and not to be taken as a matter of life and death. Have you questions?

CALVIN: A couple of our eyebrows were raised on the matter of the 'life and death' part of your lesson just now. Maybe you could explain that a little bit more.

ABRAHAM: The feeling that I am perceiving presently in this group is overwhelmingly intense. A light heart is always an unburdening of the head. I repeat, your spiritual growth is not so serious that you would be caused such unhappiness. We have eternity, and I not only wish to teach spiritual realities, but also bring what joy I can. Another question?

RACHEL: Father Abraham, how many different types of love are there? What I am thinking is there are probably a lot of different types of love that we don't even know about as human beings.

ABRAHAM: It is perhaps like when I walked this Earth – there were many concepts of God; many gods. There is truly only one God, and we endeavor to teach that He is the source of all love – pure without condition; without price. This world has many ideas of love and knows not the power that it misuses every day. In our efforts to reach God-likeness and to teach God-likeness, know that love is a required course that brings you into the understanding of the personality of God. To know God, to love Him and strive to be like Him, is our main message. You are correct, there are perceived many types of love, and perhaps mortals do tend to stumble over the most simple and pure form of love. True love is the desire to do good to others without any compensation. To love another without the knowledge of any results is a form of this pure love that reaches this world directly from the Father's domain. As this

world becomes more enlightened, this pure form of love will be easily recognized, and mass healing will begin. Does this help? (Rachel: Yes, it does. It was beautiful and I thank you.) Abraham: Another question?

VICKIE: Father Abraham, why are we as mortals so resistant to giving love or receiving love. What kinds of skills could we maybe learn to develop or increase to help us be able to love more freely and to accept love more freely?

ABRAHAM: Yes, love on this world is all too often attached to self-happiness and concern over one's self; it is to love others without concern for others, just concern for self. To love in the expectation of self-benefit is indeed a misuse of the power of love. To love another is being able to totally accept another's personality, habits, and mannerisms, no matter what irritation they may cause. Christ said: "I love you because you are." To be able to give freely without anything in return is to tap into the source of pure love. With trust in your Father, there is no need for attempting to misuse the power of love to manipulate others. To love others 'because they are,' and to understand each mortal to be a child of God is to accept another just as they are, because they are. The steps to be taken are simple – be conscious of how the love you give makes you feel, and what thoughts stem from the love you give. Does this help? (Vickie: Yes. Thank you.) Abraham: One more question?

CALVIN: Two good things I learned from your lesson – and I'm sure more-so when I re-read this, but one: It is love that actually activates matter; and two: That it is a conscious decision to do – for instance when we think intentionally and project it out is like to give someone a good gift, a gift of love. A simple situation at work this week ties into this lesson. What do we do when a co-worker spitefully is against you? Sometimes I think to just let it go and that time will heal; and then there is the thought to 'not lie down before my troubles' and to confront the individual. I do know inside it's very irritating, so something needs to be done. Maybe letting time fix it takes too much irritation between now and then whenever that time comes. Could you comment on that?

ABRAHAM: Yes, to put forth the 'conscious choice to love' is to flip the switch to begin healing, to move matter. This world is filled with disease, and I would say that half of the world's disease is due to lack of love or misuse of the power of love. A physician can administer drugs, can bandage wounds, but a good physician goes beyond that to an actual show of genuine caring for the individual. Concerning the co-worker, you are correct in letting time pass if you feel it helps diffuse the emotional enmity of the situation. And if to confront with honesty is seeming to cause more confusion, it is best then to wait; but the truth is within you of what to do. You are already knowing of the answer. You are an honest person, and your co-workers expect you to be straightforward. It would be wise to be your genuine self.

And with that, I will indeed include you all in my prayer time and communicate to you my love. I ask that you check your love during the week – is it a force that you can build with or tear down with. Until next week, shalom.

As the Rain Falls The Light of the Sun (Son) Shines Forth From You

Back

I am ABRAHAM. Welcome to you this evening. It is wonderful to see those that have been partaking of Michael's cup and strive to keep moving forward towards your divine destiny. Last week we discussed the power of love and the positive and negative effects thereof. I am a spiritual teacher. I endeavor to teach spirituality - spiritual reality.

This evening I wish to help this group become familiar with that energy which is known as love. Our celestial helpers are present and will assist in this exercise. I ask you, if you are willing to drink Michael's cup you are indeed capable of completing this exercise. This is not difficult but is to learn recognition of a pure and powerful force.

Concentrate if you will, with eyes closed:

Imagine the rain falling upon you. It is not cold or uncomfortable, it is warm and light. It is a feeling that you are loved as if you were Father's only child. Do you see, the rain of love falls on all souls? Father protects you. He seeks the joy on your face. He delights in your smile. He longs to be close to you. He looks upon you as His child.

Feel this rain falling upon the entire Earth, upon each person, equally; and ponder what possibilities may come from such an outpouring of the First Source and Center's pure unconditional love. Accept His love, freely. Know that you are known. You are precious, yes; He forgets not you are His loved and valued child.

Be open to this rain. Shield not yourself due to feelings of unworth. Let this love wash away your pain and sorrows for this moment. Know that Father gives you this, now. In this moment all is well. You are a vessel through which this love flows.

As the rain falls, the light of the sun (or Son) shines forth from you. As the rain falls, the love flows from you as a bright and comforting love. As the rain falls, you are a vessel through which the rain of Father's love shines forth from you. You are a vessel. This sunlight (or Son-light) can reach around the world. This light flows from you. This is so simple. The love falls upon you, the vessel, and is transformed into light going forth. This exercise is complete.

This opening of the mind and soul is to give and receive well-beingness, receive wholeness, to project wholeness, to project healing. This is so much more than mental. Love is an energy that can move matter and facilitate healing. If one is not open to the rain it makes the healing difficult; it can be detrimental to your mental as well as physical well-being.

If you find something blocks the rain of Father's love and care, you must strive to discover this blockage. Know that it takes a lot to stop a Father's love for His child. Know that you each are well-deserving, and you are discovering this source of happiness is within reach.

To understand this exercise is to step forward into phases of self-mastery and

morontial understanding. To understand 'why would the rain come so freely,' I say Michael said it best: "Because you are." Know that nothing is hidden from the Creator of all life. He is absolutely understanding of even the smallest of life's aggravations. He is not too busy, for His focus is 'you' and your divine wellness. He is understanding of your place in the kingdom.

I would ask that you practice being this vessel in which gathers the rain and projects out this same pure love from Father, as light. Your understanding of Father's love is the amount of love in which you receive. If you are limited in your perception of Father's love, then you are made to feel empty and lost. If you are believing yourself to be a loved and valued child of God you are in understanding that there is no love ever withheld from Father's children.

Your faith is also a factor in the amount of Father's overcare. Faith is the dial upon which you receive His obvious works. Faith seems an unstable ground, always changing, always moving – but I say, one who enters the kingdom halfheartedly will possibly want to step out until he is willing to go forth and drink the cup, wholeheartedly. I would be happy to answer any questions.

CALVIN: Teacher Abraham, thank you very much, again. In that decision we make to say we are willing to drink of the Father's cup, sometimes I think I have made that decision, yes. But then I look and see my same old self again, and I think – no, I haven't made that decision yet. So I must have not made the decision or I wouldn't be thinking that – and perhaps this is my 'halfheartedness' which you speak of. That's my logical conclusion anyhow. Maybe I am not receiving in enough of the Father's light, and am too busy to do the things I know I should do to receive it more fully. Does that make sense?

ABRAHAM: Understood. When entering the spiritual kingdom, many things must come to pass; you might say there is a death, of sorts. You may feel that you are like a soldier being stripped of personal identity. At this point a new creature is born. All things are becoming new, and it is a wonderful phase in spiritual awareness. But those familiar with many spiritual lessons will feel as though they have completed a lesson; and yet, for whatever reason, they are experiencing a similar lesson, yet again. Do you see, with each experience/lesson you are a new creature. And yet, spiritual ideals are not so completely new and not met with the same enthusiasm they once were met with. It can feel as though there has been a repetition of certain lessons and can make you turn around and ask yourself: 'What have I done that requires me to repeat and experience something I am already familiar with?' This is not reality to continue to doubt your sincerity, to doubt your capability, or to find shortcomings. Spiritual understanding is always expanding, always growing, always moving – like a journey down a road where the scenery appears to constantly change; it does so because you are moving. Many things you will question and I say, this is to be expected, for it is natural and helpful in determining Father's will. Another question?

ROLAND: I have a question: You mentioned that there were celestial assistants in the room seeming to assist us in experiencing the flow of the Father's love through us. I had a sensation of warmth when you said that. Could you further expand on what the celestial assistants do for us in this experience?

ABRAHAM: They were helping to assist us/you mindally and physically with the directing of energy and the placement of pictorial scenery. I am aware you are all knowing of our friends, the midwayers, and those that assist in morontial techniques such as the Power Directors. I am taking this moment to express my gratitude to them and also give you my assurance that their work does not stop here. Their work is much, yes, and they continue to assist mortals in learning to recognize those strides and strivings that are moving us toward Light and Life. Does this answer?

ROLAND: Yes, it does. We have been told that when we make the decision to do the Father's will and in accepting an ambassadorship of Michael, that the hosts of heaven will go before us to prepare the way. I am getting the sense that this celestial body that is here are some of those who prepare the way. (Abraham: Yes.) Roland: I wish to thank them for their participation with me in bringing me a higher understanding of the Father's creation. And, thank you, for this lesson, Abraham.

ABRAHAM: Certainly, you are welcome. Another question?

RACHEL: Well Father Abraham, I don't know exactly what feeling that you were saying, maybe you could explain a little. When you are feeling the power and the love from this rain and from our Father, I don't know if it is more than what I am feeling, but I am feeling like I am so full I am almost going to burst. I don't know if that is stemming from that, or not. I feel like my chest is completely full. Maybe you can tell me.

ABRAHAM: Yes, you are already familiar. This exercise is not such a drastic change from what you already practice. Yes, fullness is a good description. Well-being, is knowing that you are taken care of, that you are known and being taught so carefully, knowing all is to be entrusted to Father. Yes. Another question?

VICTORIA: Father Abraham, I have a comment. I had an experience during the rainfall, a remembering of a dream when I was in an oasis, a place of great green and flowing rivers. There was great abundance and I was dressed with fine robes and precious linens. When the rain came, I would protect myself. There came a choice to leave the oasis. I went into the desert and one by one my robes fell off as I traveled and got deeper and deeper into the hot and barren desert. By the time I got to the end of my journey, my back was blistered with the sun, my lips were parched and my body was scorched – and the gentle rains came. And what rain I had once protected myself from, each drop I received now with tremendous gratitude. And now as I return with the blessings of gratitude – knowing about the desert and my journey in the heat, the sand, without food and water, without fine linens – I've learned that faith is important, yes, because that is the compass that guides me. I've learned that trust is another and equally important part. I found with this rain that with each drop I find a new gratitude. With those things that I once took for granted that were always there, now I rejoice in Michael, in the love that He has always given to me. And I thank you especially, Father Abraham, for your teachings of 'gratitude for each moment,' and that each step that we take is worth the journey. I express my gratitude to the members of this group and the Teachers who assist us in our work. I thank you especially for your teachings that taught me that gratitude is the way. [inaudible.] Those in the group are like raindrops for me. [inaudible.]

ABRAHAM: You are very welcome. Beautifully put. It appears you indeed have an acceptable openness for receiving this rain and manifesting it into light. Yes, your gratitude is accepted and is reciprocal – returned to you with my love. I am also grateful for my kinship with this group. I always look forward to our collective unity where we can all sit at Michael's table and just be. I would recommend in your stillness, to practice our exercise of accepting, receiving, and emanating the Father's rain – His love. Eventually, you will not require the practice, for it will be in your nature, a well-learned habit. I give you my love and my...

RACHEL: One more question, Father Abraham? Calvin has one. (Abraham: Yes, Proceed.)

CALVIN: Abraham, on the exercise last week where the transmission-receiver became off-centered, was that more from a generated feeling in the group? or an exercise projected from your side – your teaching a point for the lesson?

ABRAHAM: You can say it was a little of both – an imbalance in the group circuitry, and in your connection to me. Yes, it was a bit confusing and puzzling, for our spiritual energy is quite real as you will see. It is completely up to the freewill mortals to accept or reject the connection of the completed circuitry that graces our universe. I did indeed want you to understand that your participation in this method of communication is a great force of love, and your amount (of love) contributes to the accuracy of my words.

RACHEL: Well Father Abraham, I'm glad that we were partly to blame because I was going to say you were a damn stinker for doing that. It about scared me to death. My heart almost dropped clear to the floor. [group laughter.]

ABRAHAM: You would agree with me when I say, yes, this love is quite the reality upon which all things exist. You felt this beyond the mental and physical senses. You were also touched spiritually. I am pleased with your lighthearted comments, Rachel.

And with that, I wish you all to know your contributions to this group makes my teaching come to life. My love, I give you each. I will be with you again. Until next week, shalom.

God Loves You Because You Are. Exude That Love and Knowledge of it To Others.

Abraham, WOODS CROSS GROUP 05-06-1996

Back

I am ABRAHAM. I bid you greetings and thank you for your diligence in searching for truth. I am happy to be witness to your group ministry, all in participation and being open to ideas without the ego's interference. This group is devoted to partaking of Michael's cup, and together you stand in understanding of that experience. Your interaction is healing 'individually,' and does contribute to the overall wellness of your world.

This group is also exhibiting honesty without fear of rejection. It is quite a comfort to know that your fellows are understanding in your mortal conflicts, and

also are accepting of your personal techniques in which you deal with those struggles. All intentions are positive and facilitate healing. Your communication is 'love without pretense' – not love just for occupying space. To be so accepting is indeed healing, even beyond this room. Yes, love is a powerful force that manipulates matter and transcends time/space.

Last week we performed an exercise in receiving the universal love and manifesting it forth as light – receiving love, giving love. Many find that there are so many conditions to mortal love that these 'conditions' are also expected from our celestial leaders – and this is not reality. God loves you because you are, as you are. Nothing can you do to earn this love! Nothing can you be! Nothing can you pay for the source of all love; it is yours for the taking.

Think not that God loves as a mortal loves. God is the one true source of all love, and He does not demand any payment for this love. He desires to know His children and does bestow this love freely. So many times in the mortal history is love traded for some cost. People have done all they could for this desired fulfillment, for the feeling of plain love and acceptance.

Some can say: "In order to be loved I must hide my genuine self; I must portray a lovable individual. I must be that person who should not exhibit any unpleasanties of myself, for I may lose love." Through the ages, mortals have strived for the best, to be the best, to gain power and control, to be respected, and possibly feared. This confusion has brought much devastation to this planet, when the true desire all along, has been love.

Father asks not for you to be anyone other than who you are. Do you see, you are already loved as much as you possibly can be. You cannot be loved any more than you are right now. There are no extra amounts of love to be earned. Father does not ask you to be something you are not. Said Jesus: "Love each other as I have loved you."

Why do mortals attempt to buy, sell or trade love as if it were a commodity? Why must some feel they must represent a certain desirable personality trait in order to be loved, or to earn the love of their fellows? Cannot you love another simply 'because they are?' Must another earn your love as a sort of payment for bringing you happiness? Can you love others 'just because they are?' Again, said Jesus: "Love each other as I have loved you."

I ask you to ponder this message going out through the universes, filling every heart, every mind, every soul, every intelligent being – each knowing there is no more love to be gained than what you have right now. Yes, you have this, you have this now. We ask that you give this to each other. Freely give love, yes, for freely it has been given to you.

Make it known in your associations that you freely give your love without the expectation of receiving it back from them; this 'receiving this love back from them' is not your concern. Your concern should be in knowing you already contain all the love you shall ever receive – that you have a direct line, and you truly know that. And to accept this love is to say to God: "Yes, you are my Father."

My friends, you are a vessel in which Father fills with the love of the ages, and freely you shall project this forth, yes. I guarantee, you will be as a lantern that many seek because you love without compensation. A few questions.

CALVIN: Abraham, thanks again for a very very helpful viewpoint giving us an increased understanding on love. The old way of looking at love is so different than this newer perceived way. It is incredible. In living daily life however, living with someone who cannot, or will not, see the bigger picture of love, but only sees the old incorrect way – are there words that can help? because we have to live with these people and it can be very agitating when they see that one's 'source' of love is not them and them only. It's as if they are jealous that one is receiving love from a source outside of themselves. So how do we help in the healing of this? I know that the actual 'living of this love' would be the best example, but are we to try to talk sense into them? leave them? or to just leave them alone. It can be very agitating when they think of love from another mortal as a 'possession' they must have to be happy.

ABRAHAM: Yes. This is not a problem you can help with other than to talk openly and reassuringly. These individuals who fear the loss of love are bound by a sense of loss. This sense of loss is overwhelming and tends to drive mortals to hang on with all they have. They are believing they are not enough to hold up their end of a relationship. They are drowning, and they hold fast to their partner as a life raft – only the drowning person is also pulling under what or who they believe to be their saving source. Until one takes a step towards faith and ask Father to fill you with this love, you might always attempt to retrieve this love from mortals; and I say with no disrespectfulness intended, mortals are nowhere qualified to fulfill the love that God bestows upon His children. Keep talking, keep communicating – this helps release some of the fear. When you are being pulled under, you must reach for that greater Life Preserver. Does this help? (Calvin: It couldn't have been a more perfect answer. I thank you very much.)

ROLAND: Abraham, in a world of Light and Life, what does relationships with all these characteristics, even personality attributes of males and females on that world, have? How do they interrelate with one another? I ask this, recognizing that I have not seen in this world a relationship between men and women that did not have a tremendous amount of specialistic tendencies, mythology, and delusional-thinking. I am wondering what a real Light and Life relationship looks like. Since you have that perspective, could you help us see perhaps some of the characteristics?

ABRAHAM: Yes. A relationship on worlds in Light and Life knows not 'fear of loss;' they know not the feelings of inferiority; they know not the feelings of superiority. Yes, for they are with feeling of being whole individuals to begin with. They are unable to join with another in the hope and thinking that they would attain wholeness, for they are whole to begin with. My Urantian friends, on the other hand, know these feelings of uncomfortable, painful, emotional, energy-draining games that they play with one another. It appears to be a waste of time, but these are necessary steps toward Light and Life. You cannot skip over evolution; we must evolve toward better. These mentally-draining feelings are acceptable – not pleasant, but acceptable. Mortals are becoming aware that they are not a 'lone intelligence' – that there exists a source where all love originates,

and that is a force beyond their comprehension. This world is seeing the beginning stages of Light and Life, and they are all beginning with individuals putting their focus on love – love of others, love of God, love of goodness, truth, and beauty. There indeed needs to be a certain amount of love for self, meaning a certain amount of knowing that you are a deserving child of God, loved as any other child. A healthy amount of self-love is a good start to begin a relationship, one based on individual wholeness. An over amount of self-love is to set one off-balance, just as an inadequate amount is to set off imbalance. Another question? [Personal question is omitted.]

I am wishing to express to you of my love. I know you each, individually, and it was nothing that you said or did that made me love you. The fact that you are my brothers and sisters, son and daughters of the 'One God,' opens my heart, and I feel Father's love for you, each. I recognize in you what is really you, and I am deeply in love with you each. Until next week, shalom.

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Recognition of the Giving and Receiving of Love | Love, The Single Most Important Truth That God Is

Abraham, WOODS CROSS GROUP 05-13-1996

Back

I am ABRAHAM. Welcome, my friends. I am delighted to be with you again. You can see the effects that the Teaching Mission has upon this world. Many are starting to recognize the growth among humankind. I have said, our work will be so natural that the effects of our Mission might appear to be slow. I say, look out among your fellows and know our Mission is in full force; you can recognize the results of love and non-love – I say not 'hatred' because non-love is more of a reality than the negative force of hatred.

A farmer knows the beginnings of a field's first sprouts. We my friends, are seeing these sprouts and knowing Christ Michael is amongst us. A good farmer sows his seeds with humble beginnings. The farmer must toil diligently within the soil to prepare for planting. The good farmer plants his field in the hope that it may feed many. He can foresee the results of a job well done. He can rely upon his own capabilities to feed many.

A farmer who sows seeds of non-love in the earth does so in the hope that he will bear enough vegetation to supply him for the entire winter. He tends to the new growth with the hope that the crows will not steal his vegetation. He protects and hordes his crop for fear he may be left empty-handed.

The good farmer reaps his harvest with more than he expected; he feeds many and his yield seems to not empty; his crop continues to bear more, and the farmer continues to feed more. This farmer is filled with such joy to know he is truly cared for and, that his good works go far. The good farmer reaps his joy from the giving. He worries not that his crop will wither and die. He is knowing many are depending upon the benefits from his fine produce.

Conversely, that farmer who has sown seeds of selfishness (non-love) has much

anxiety over the guarding of his vegetation; he is fear-ridden that the garden will be unproductive; his mind is always working to find a solution to saving his field for fear he may be left lacking in the winter. This farmer is so fatigued with attempting to protect what he believes is his own, he is left with feelings of emptiness. He has not much of a crop and he must hold tight for fear he may lose what he has grown. This farmer knows not the joy of feeding others, reaping the benefits of bestowing love; he is in a cycle of fear; he is living in a mode of self-preservation – and this mode, is quite lonely.

And so it goes with love. To sow the seeds of love is to reap the harvest of honor for having been trusted by our Father. To feed others with the seeds you have sown is the highest honor and privilege one can receive. To hold back the fruits from which you so freely received is to witness those fruits to deteriorate. To put your love in a storehouse for fear you may need it someday is to be severed from that pure energy we call love. Love is moving, healing, and transcending all things. Love is living.

This week I ask that you look within and attempt to understand what type of seeds do you sow; and, are you willing to share the harvest openly with those who you know? Have you questions?

RACHEL: Yes, Father Abraham. You said that love is a pure energy from our Father. And if in turn we send back true love to our Father. Is that also energy? And, if we are trying to put forth love to our fellow human beings, is that energy?

ABRAHAM: Yes. All love is an energy that can heal or can be misused and an upset. Father feels the energy His mortal children return to Him. It is also true that you can, my mortal friends, also feel this energy, mentally and physically. It is a power which cannot be detected by the five senses, and yet, this love is more of a reality than what you can see or hear or touch. Love is the single most significant proof that God is. And this energy which flows through all living things is also to say, yes, God is moving through all living things. God is love, and love is moving through all living things. Does this help? (Rachel: Yes. Abraham, can you feel my love for you? You'd better say yes!) [laughter.]

ABRAHAM: Certainly, I do. And with the passing of time and our experiences together, my love will be quite recognizable to all of you. I am able to recognize the giving of love from specific soul personalities, and I say, this lesson – recognition of the giving and receiving of love – is indeed in your future lessons with me. Yes, I know your love; and I return my love to you also. (Rachel: I thank you.) Abraham: Another question?

AMANDA: Father Abraham, this is maybe a strange question, but is there a time in a day this week that we could set, not necessarily going through Ellanor but just at my home, that I can count on you being there? We could try to communicate so I don't feel like I am reaching in the dark thinking that I am communicating with you when it's just myself. Say, Wednesday night at 8:00, could you be at my house? Is that possible?

ABRAHAM: Yes, I will be there – Wednesday at 8:00 p.m. [laughter.] This is wonderful

and we have made progress in communicating, worry not. Until Wednesday. Another question?

HELEN: Father Abraham, I want to thank you for the beautiful lesson; it has really helped me a lot in my own personal situation. Is there anything that I can do or teach in my given situation, with my home situation, that might help to bring a better understanding to the people that I am taking care of?

ABRAHAM: You are already putting forth that effort which would be most beneficial. Your lightheartedness and humor have indeed brought much sunshine into that home. Where you once were focused on personal difficulties, has now gone beyond – to concern for others; and, you are able to serve with the light of God shining forth from you, with ease. Your loving cheerful attitude brings healing – mentally, physically and spiritually. Your humor is indeed a gift to all. Another question?

ELLEN: We were discussing earlier before the meeting that maybe Ellanor might need a break or a rest and we thought we would ask you. Do you think that maybe Ellanor does need a break or a rest?

ABRAHAM: I am wholly comfortable with any decision she makes. As long as the desire is present to transmission-receive, then I shall be here. Ellanor is also in the midst of personal growth lessons and taking a break is not needed on account of my lessons. Coordinate with her and your life experiences. (Ellen: Thank you.) Abraham: You're welcome. Another question?

JOSHUA: Father Abraham, you may not want to answer this question: You said that the groups are growing. Could you possibly give us a random number – I'm not asking for an accurate one, but somewhere in the neighborhood so we can understand a little bit better of how many groups there are?

ABRAHAM: There are groups numbering in the thousands. Many though do not consider themselves Teaching Mission. They are unknowing of who they serve, they are only knowing that they serve. They are numerous and I could not give a number even close for I do not really know. There are indeed many who work for us who are entitled by specific religious organizations and yet, they do Michael's bidding. Does this answer? (Joshua: Yes. Thank you.)

RACHEL: Father Abraham, while we are talking about groups, would you mind telling us of how Ruby and Charles, and their associates in New Zealand, are doing? We haven't heard from them or about them for a long time.

ABRAHAM: They are well and have adjusted their lives in ways that they may be of service to their fellows. Another question?

CALVIN: Abraham, the last couple lessons, you have talked about love being like a two-edged sword, either healing or destructive. Could you elaborate a little on that?

ABRAHAM: To love another should firstly be 'because they are a child of God,' not someone you can possess or rule over. When not loving another 'as a child of God,'

this can be devastating in the fact that they are trying to have ownership over another, and this leads into the area of self-love – an over amount of self-love. Love, in all its definitions, is still not fully definable. Love is ever-growing and changing. It is the individual that learns about both sides of the sword, and one way or another all mortals will experience this sword. One more question?

RACHEL: I have a comment. Here on Urantia, they say there are two things we can be sure of, and that is death and taxes, but at least death never changes.

CALVIN: Abraham, I am not asking for a lengthy answer for I know the time is short. As growing up I never seem to like authority over me. I know that in my adult years, in the community where I grew up, the other adults around would say the problem with me was that I never respected authority or yielded to authority. I can see that in my life, yes. I understand that that was a problem which Lucifer had – not respecting or loving the authorities of our universe. What dangers does that present me? (Abraham: Understood. Do you consider yourself above the law?)

CALVIN: In some degree, yes, I can see how I do. But of course not as it relates to the 'law of the land' or the Constitution. The guys at work and even the boss, will say, 'hey, these are our rules' and they try to get me to adhere – but I don't seem to conform to them very well, especially when I see they are rules that seem unfair to the public, or those rules that take advantage of the naïve, or the vulnerable. So in that regard, I am not adhering to their 'law' or rules, but seek to make the needed changes by my defiance.

ABRAHAM: You are considerate of the well-being of the whole and I would say worry not; you are not a Lucifer. [laughter.] I understand your rebellious attitude comes from your own inner-knowing that above all the earthly authority stands the Father, and you are conscious of His reign. When your attitude ceases to be considerate of the whole and just for yourself, I would begin to look within.

I am filled with love and joy to know you each and to be able to be involved with helping you to recognize the good farmer. I will leave you my peace and love. Until next week, shalom.

Love as Pure Energy Moves The Whole. Manipulate Negative Energy Into Positive Energy

Abraham, WOODS CROSS GROUP 05-20-1996

Back

I am ABRAHAM. Welcome to you each. I do so look forward to our gatherings. I am aware of your life experiences you had this past week – hopefully, you have learned from them. I will continue the lesson on 'love as pure energy.'

Last week we spoke about the good farmer who sows seeds of love and how his crop benefits the whole. All, are knowing of the benefits of a responsible farmer. As well, you have benefited from individuals you know that are considered to be good farmers. Likewise, you are knowing of the pain and frustration of knowing and being 'irresponsible' farmers – to be in contact with those who have withheld love or sown seeds of non-love.

You can all attest to the fact that the experiences of non-love are detrimental and appear to be overpowering. It appears to be difficult to deal with those who sow seeds of non-love. To be the recipient of this conflict is painful, yes, but I say, you are not losing anything in this process. To be so sensitive and believe that you are somehow lessened by others' unkind actions, is not reality. I say, to understand these individuals you must recognize they are withholding their love-energy from you in order to receive such from you.

Those that sow seeds of non-love do so because they are unaware of the source of all true love. They seek various avenues in which to fill their cup. These lonely souls go about sowing seeds of non-love in order to gain love, to gain energy. I say to you, this energy-seeking does not need to take from you. It at first may feel as though you are lessened by this, but once you are aware of these energy tactics you become immune to the painful feelings that are the harvest of these seeds of non-love.

To be aware that individuals treat you with an unfavorable fashion is to indeed open yourself to the direct source of concentrated energy. Your awareness of the fact that an individual is putting upon you a negative feeling is to remind you that you are directly connected with the source of all love. This, in turn, opens you to the will of Father. Father would have all His children know that they all hold a seat at the Father's table. Those that sow the seeds of non-love are unknowing, unsure, that Father has saved their place.

In this world, it is difficult to not feel the effects of negative output. I say you can not only deter these negative waves, but you can indeed change them into a positive output. You are not mindless followers. You are not powerless unintelligent inhabitants. You are, however, intelligent beings connected with the universe, and do possess the power to change non-love into love, hopelessness into encouragement, despair into joy. I am only able to give you my words; you are able to act as intelligent children of the First Source and Center.

You would be amazed at your abilities when you become aware of the spiritual tools Father has bestowed upon you. Love can manipulate matter. A world can be transformed by this love. Even a child has the capacity to overcome negativity with positivity, overcome evil with good. In your awareness, there is always the 'faith' factor. Without the courage to move forward and trust that Father is your source of love in assisting your fellows, then your knowledge of energy is practically useless.

This week, when faced with those that sow seeds of non-love: before even feeling any hurt emotions, connect directly with the source of all truth, beauty, and goodness, and manipulate this negative energy into positive energy. Do not say: "I hope I can do this." but say: "This is done." You will be surprised at how natural this comes to you with a little practice. It is the smallest groups that create the largest waves of change. Have you questions?

ROLAND: Abraham, thank you very much for that profound lesson. I found it to be extremely helpful to hear from you that our affirmations of being in a place of seeing and feeling the difference between love seeds and non-love seeds, that it is simply by saying 'it is so,' affirming that affirmation. My question tonight has to

do with anthropology. We have come to a place on Urantia where we are now receiving these beautiful lessons from many different Teachers. How would you view, as a historian, as an understander of a tremendous amount of history which occurred during your lifetime – and, of the history of Urantia – how would you sum up the impact the Teaching Mission will have on Urantia, and the people who are at the beginning of this experience?

ABRAHAM: It is clear. This time in history can be summed up quite easily. It is comparable to coming out of the dark into the light. This Teaching Mission is comparable to the day of Pentecost when the Spirit of Truth was poured out upon all flesh. These recipients of the Spirit of Truth were immediately aware of a difference. The Teaching Mission is the same awareness of difference and yet, not so immediate. But I say, this is a time of worldwide recognition of the Supreme rulers. It's not so much that the world recognizes a Supreme deity as it is concerning what it does with the information that determines how this planetary awakening is handled. Many will become overwhelmed, and just as it was in the days of old, change our message to suit human desires – this is expected. And yet we remain confident in the new procedures, such as our mind-to-mind communication, the opening of the circuitry with the Teaching Staff, and awareness of the various helpers who are assisting in the awakening. This Teaching Mission is beyond a mental recognition; it is something that is deeply felt, although not so much spoken about. Does this answer?

ROLAND: To follow up on that question, in a thousand years from now do you suppose anthropologists will look at this particular point in time and recognize that the return of MachiventaMelchizedek to the Earth as the Planetary Prince, and the establishment of the Teaching Mission – that this was indeed a turning point in the history of the world, as it was when the man Jesus appeared on the Earth two-thousand years ago? Will it be that kind of impact? Will we be able to trace it back? Will these people see the volume of your teaching, that there was truly an impact?

ABRAHAM: Yes, to a point, not as much as when Michael walked the Earth in material form; but yes, to some degree, quite similar. And yes, this Teaching Mission will be recognized by mortals as a turning point in history. Another question?

ROLAND: I hate to take any more time, but I would like to introduce to you Greg and Lisa, who are studying anthropology at the University of Utah and are here as loving observers.

ABRAHAM: Greetings, and welcome. Please feel free to ask any questions. Are there any more questions?

CALVIN: Abraham, Randy at work, a friend of mine, approached me this week with his experience of a 'startling middle of the night shock from Ham,' he believes. Anything you would like me to take back to Randy?

ABRAHAM: I am aware that he has had communications with Ham and myself. We are not to be feared. We endeavor to soften the door of his heart for the one who knocks upon it, our Father/Brother, Michael. Another question?

RACHEL: Father Abraham, Teacher Rayson said: "In our Father's eyes all work is beautiful, and that includes any work that we would despise, detest doing, that we sweat and struggle and curse about – that it is still beautiful." Now I have always disliked scrubbing down walls and ceilings, which I have been doing some of, lately. I got to thinking all of a sudden, and caught myself thinking, 'Gee, I am glad at my age I can still do this.' And pretty soon I really felt like it was beautiful. Do you have a comment on the beauty of work?

ABRAHAM: Yes. Any work that is performed for the good of the whole is indeed beautiful. Work that is done for purely selfish gain is extremely dull and difficult. Work that you perform to benefit others is indeed beautiful in our Father's eyes, and it lessens not the beauty if it is not beautiful in your eyes. Our Father surely delights in watching His children serve one another. On the Mansion Worlds it is taught that to serve another is to serve Father; and this is not just something that is said, but is truly felt by Him. Does this help? (Rachel: Yes sir.)

LISA: I'll ask a question. I am taking two classes, actually. One class that I am taking is an environmental class and we are studying the problems of over-population, environmental degradation. I find it is very hard to come from love when there are people in the class who agree that these are problems, but aren't willing to do anything about it. In one sentence, they say: "over-population is a problem!" and in the next, they say: "but I am going to have eight kids." It's really frustrating and makes me very angry. I don't know how to come from love when dealing with that kind of situation.

ABRAHAM: Understood. The majority of the planet still follows a certain spiritual book that makes clear that Father has proclaimed "to multiply and be fruitful." It is popular to follow the heart and human fulfillment instead of what is best for the whole. They are unthinking of the whole when they subtract from the environment without thought to the repercussions it may have. These are not bad people, they are merely attempting to live life to the fullest. Those that appear to be uncaring about lessening the quality of life by over-population are not concerned for the whole and are somewhat disconnected to universe realities. Father also bestowed us with mind, and intended for us to use it to our fullest capabilities. I say, it is not so wrong to not feel love for these individuals, but it is your passion for this subject that will tip the scales toward intelligent population of the planet. You are not alone in your thinking. Anger felt towards others' attitudes only drives you to share with others of your ideals – that love rules in favor of quality in life rather than quantity. Your feelings are quite natural and acceptable, and not to feel bad about. Your passionate expression on this subject indeed sends waves of logical use of mind for the practical use of the planet. Does this answer? (Lisa: Yes, thank you.) Abraham: Another question?

CALVIN: Abraham, if I understand the lesson correctly, let me put a scenario out. Somebody says: "Oh, I can't stand that person over there. I hate this and that about that person." This, whether the person deserves the comment or not – how would we change that from a 'non-love' to using a more positive loving energy to swing that person over, and to do this without becoming preachy or self-righteous?

ABRAHAM: Understood. This is difficult without creating bad feelings. My suggestion to the one who criticizes say: "Perhaps that person is that certain way because of past misfortunes, painful events in life." Offer understanding to the one who criticizes; help them to understand why that person may be sowing seeds of non-love. Help the one who criticizes, to open up to positive enlightenment. This opening to positive enlightenment also assists you in manipulating this negative energy into positive energy, and it hurts you not. Does this help? (Calvin: Yes, and thank you.)

RACHEL: Well Father Abraham, Ellanor told me that she and her mother, Ellen, talk about me all the time. Now, what should I do about that? [TR, Ellanor, laughing.]

ABRAHAM: Ellen says, "They do not!"

RACHEL: That's not what Ellanor told me. I can just love them I guess, Father Abraham.

ABRAHAM: I say they talk good things and are learning to overcome their gossiping habits. [group laughter.]

I do appreciate everyone's participation. I say it is a healing experience each time I am with you. I love you each and I shall continue to follow through with these lessons and share with you the seeds of love. Until next week, shalom.

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beautiful. Work that is done for purely selfish gain is extremely dull and difficult. Work that you perform to benefit others is indeed beautiful in our Father's eyes, and it lessens not the beauty if it is not beautiful in your eyes. Our Father surely delights in watching His children serve one another. On the Mansion Worlds it is taught that to serve another is to serve Father; and this is not just something that is said, but is truly felt by Him. Does this help? (Rachel: Yes sir.)

LISA: I'll ask a question. I am taking two classes, actually. One class that I am taking is an environmental class and we are studying the problems of over-population, environmental degradation. I find it is very hard to come from love when there are people in the class who agree that these are problems, but aren't willing to do anything about it. In one sentence, they say: "over-population is a problem!" and in the next, they say: "but I am going to have eight kids." It's really frustrating and makes me very angry. I don't know how to come from love when dealing with that kind of situation.

ABRAHAM: Understood. The majority of the planet still follows a certain spiritual book that makes clear that Father has proclaimed "to multiply and be fruitful." It is popular to follow the heart and human fulfillment instead of what is best for the whole. They are unthinking of the whole when they subtract from the environment without thought to the repercussions it may have. These are not bad people, they are merely attempting to live life to the fullest. Those that appear to be uncaring about lessening the quality of life by over-population are not concerned for the whole and are somewhat disconnected to universe realities. Father also bestowed us with mind, and intended for us to use it to our fullest capabilities. I say, it is not so wrong to not feel love for these individuals, but it is your passion for this subject that will tip the scales toward intelligent population of the planet. You are not alone in your thinking. Anger felt towards others' attitudes only drives you to share with others of your ideals - that love rules in favor of quality in life rather than quantity. Your feelings are quite natural and acceptable, and not to feel bad about. Your passionate expression on this subject indeed sends waves of logical use of mind for the practical use of the planet. Does this answer? (Lisa: Yes, thank you.) Abraham: Another question?

CALVIN: Abraham, if I understand the lesson correctly, let me put a scenario out. Somebody says: "Oh, I can't stand that person over there. I hate this and that about that person." This, whether the person deserves the comment or not - how would we change that from a 'non-love' to using a more positive loving energy to swing that person over, and to do this without becoming preachy or self-righteous?

ABRAHAM: Understood. This is difficult without creating bad feelings. My suggestion to the one who criticizes say: "Perhaps that person is that certain way because of past misfortunes, painful events in life." Offer understanding to the one who criticizes; help them to understand why that person may be sowing seeds of non-love. Help the one who criticizes, to open up to positive enlightenment. This opening to positive enlightenment also assists you in manipulating this negative energy into positive energy, and it hurts you not. Does this help? (Calvin: Yes, and thank you.)

RACHEL: Well Father Abraham, Ellanor told me that she and her mother, Ellen, talk

about me all the time. Now, what should I do about that? [TR, Ellanor, laughing.]

ABRAHAM: Ellen says, "They do not!"

RACHEL: That's not what Ellanor told me. I can just love them I guess, Father Abraham.

ABRAHAM: I say they talk good things and are learning to overcome their gossiping habits. [group laughter.]

I do appreciate everyone's participation. I say it is a healing experience each time I am with you. I love you each and I shall continue to follow through with these lessons and share with you the seeds of love. Until next week, shalom.

Love Promotes Health And Healing / The Positive Use of Love As Energy

Abraham, WOODS CROSS GROUP 05-27-1996

Back

I am ABRAHAM. I am delighted to be here. How much time has passed since we began this endeavor? How this world has grown! In our short amount of time, we have all managed to tip the scales in favor of divine values. People are indeed seeing that good takes them much farther than bad. Good is becoming popular and people are always attracted to the latest fashions and trends. Mortals are finding that love is beyond a word and human definition. They are experiencing love as the single most significant proof - that somewhere, something rules the universe.

Last week we spoke about manipulating negative feelings into positive feelings. I say, this technique is now more possible than ever before. The circuits have been restored. This enables this world to experience morontial lessons at an increased speed. We are excited about all the new phases mortals on this world will experience. The circuits that have been restored may at first cause confusion, a restlessness within the human mind; but I say, in time, the world will all pause to recognize that God is at their fingertips.

God is 'positive energy in motion,' and mortals will use this energy to further this planets' progress toward Light and Life. Mortals everywhere will begin to jump off their fences of indecision and choose to be a traveler upon the path to Paradise. Mortals will choose to willingly drink the cup that Michael himself drinks. We have spoken of misused energies and of the negative effects thereof; also, your power to break up and rebuild negative energy into positive. I would speak tonight a few words on love as promoting health and healing:

Your scientists of today are finally making the connection of mind and body. Many clinics exist who are seeking wellness for diseases that have no name or cure for. Many mortals turn to one physician after another in dissatisfaction and disappointment because they could not receive what they were looking for. Therefore, many mortals are finding that the answers to vibrant health are from within. Disappointment in material medical technologies has driven humans to turn to the Source of all health and healing.

You, my friends, are designed chemically to react to certain energies. The energy of

love is the most significant healing factor that exists. To be in connection with Father is to receive His divine love, which promotes your own chemical makeup to produce antibodies that are beneficial in fighting diseases. Your own connection with your Father is an important nutrient that without, is obviously detrimental to your emotional and physical well-being.

Yes, your openness to relying upon the will of Father is to bring about your own well-being; and, also empowers you to be healing towards your fellows. Your love and appropriate humor is indeed, healing. Your show of freedom to be joyous is an electrochemical distribution between two souls. Yes, to love and laugh freely is to assist your fellows in locating their own well of love and humor.

To be willing to be burdened by another who is needing assistance is to open up to that circuit of love which promotes good mental, emotional, and physical well-being. To be free to assist when you are needed is to be open to that direct energy and to know that a burden put upon you by your fellows is a burden put upon the Father to lead you in assisting them. Yes, your willingness, your attitude of abundant love and humor, is to be deemed a healer.

You are not only empowered to manipulate negative energy into positive energy, you are empowered to distribute this energy to promote joy and good health. This attitude is magnetic and will attract others who wonder what is the source of your good nature and how they may obtain it. You, my friends, are indeed, healers. Your contributions may seem small and simple, but I can assure you these contributions are felt even by the Supreme Being. Your positive use of love as positive energy is a forward momentum in which you move the whole.

This week I ask that you promote healing. Feel at ease to be lighthearted and humorous. Feel free to act as though nothing in this world can cause you any harm. Feel free from worry; and know that in this moment you are in the will of our Father. A few questions?

RACHEL: Father Abraham, that was a wonderful lesson and so much good information in it. I thank you. You said that love and 'appropriate humor' is good - and so I know my love is appropriate. But I don't know how appropriate my humor is; I certainly enjoy using it on you.

ABRAHAM: As do I also enjoy your humor and how you help this group to feel at ease with me, my presence. It is appropriate and promotes comfort for these seemingly odd techniques of this mind-to-mind communication. It is a gift to give laughter and feelings of comfort. We know that our beloved Creator, Michael, is indeed a fan of humor; and we find His humor delightful and in abundance. I thank you, Rachel. (Rachel: And I thank you, Father Abraham.) Abraham: You are welcome. Another question?

ROLAND: Abraham, Tomorrow evening I will be speaking to an anthropology class at the University of Utah. Do you have any suggestions or instructions to me and those who are here in attendance on how we should describe and teach about the advent of the Correcting Time and the Teaching Mission?

ABRAHAM: One moment. I would certainly use a lighthearted attitude to diffuse any thoughts of fanaticism. I would be almost unmoved by any negative comments that may be expressed. You, my son, know what is true, yes, and you are not going to change anyone's deep-seated beliefs; but I can say, your unshakable faith will be remembered. Care not about what others may believe; care only that you believe –and that is a good foundation to begin from. In your earthly universities there tends to be an abundance of over-intellectual disbelievers in things that cannot be measured. Those who over-intellectualize in human matters are overlooking the meaning of those matters. I say, you are most fitting for this talk, and I am quite confident that you are indeed detached from what others may perceive you to be. You truly believe you work for the Father, and you do so to the best of your abilities. Worry not. I shall see to it that you are assisted by those beings skilled in this area. Another question?

ROLAND: Thank you very much. My goodness, that's such a wonderful response. It just gives me all kinds of confidence. In your teachings on April 29th, Exercise in Energy and Love, I was going to take them through that imagination experience. You have indicated in here that there were midwayers and Power Directors that were involved in that experience that we had. If that is acceptable as an approach to give them a taste of what it is that we are being taught, I would like to do that if you think it would be advisable. I remind you of it, I am sure you don't need any reminding, but it is your lesson wherein we imagine the rain falling. It is not cold or uncomfortable, it is warm and light – sort of like a guided meditation.

ABRAHAM: Yes, I would also explain why we learned this exercise. For example, a few lines about 'love:' Love is the most significant proof that God is; Love is as real as any energy humans can experience; Love is more than an emotion. Yes, and give examples such as the good farmer and the farmers who sow seeds of selfishness. At the end of your talk, I would suggest to them to experiment with this love as energy for themselves. What have they to lose? For the overall topic, I suggest to steer away from any mystical-thinking, anything so far from their mental conditioning. This speech must appear to be of something real, not mystical. Does that help?

ROLAND: Yes it does, thank you. Obviously, I would think I should prepare for what I am going to say, so my further question is: Would it be better for me to go and speak from the spirit? or to speak from notes?

ABRAHAM: Both. It always helps to go prepared with notes, and be open to any appropriate thought transmissions. Another question? [none.] I shall check with you each during this week. Until next week, shalom.

Stillness Is Short and Simple With Powerful Benefits

Abraham, WOODS CROSS GROUP 06-03-1996

Back

I am ABRAHAM. I am pleased to be here tonight. Welcome to you, my friends. I am always made glad to meet with this branch of our family tree; I find it a great source of energy distribution and great wisdom. I spoke last week on using love as a healing energy, and to learn how to be a source of healing through love and laughter. Your group spoke of new changes within this world and the effects it may

have.

I can say, the Teachers work incessantly to upgrade the thinking patterns to move this planet closer to Light and Life. I can also say, when the majority of this planet believes in a celestial Supreme Ruler, that will indeed bring you closer to Light and Life.

Yes, the time is nearing when all are believing in one God; it may be from various faiths, religious backgrounds – it matters not, but when the majority holds the faith even the size of a small mustard seed, then will you begin to see major evolutionary modifications, spiritually. Yes, I can say, this is happening as we speak.

I cannot confirm when this sway in belief systems will occur but with the reinstalment of the System circuits, communications to this world and on this world will be more readily available; and I say this is of great assistance to swaying the thoughts of Urantia toward a divine destiny. You have witnessed much change already; you have even participated in this change. Yes, you have all assisted in the upgrading of spiritual meanings and values. We are grateful for your dedication to the Correcting Time.

I have taught on using love as a healing energy and I say again, those skilled in this practice are indeed healed themselves. I can say, this practice is as natural as breathing. Your desire to be in the Father's will does lead you to love.

Over the years you have studied, you have put to use these lessons in your daily lives – but I say, little time has been set aside for stillness practice. You know that this stillness practice is quite short in comparison to other daily activities. It definitely aids in your use of love as a healing tool to take a moment to re-connect with that One who is so deeply in love with you, and who knows you through and through; He asks that you take a moment to recharge your energy, through stillness. Allow me to take a moment for us all to engage in a short stillness meditation.

[Editor's note: This guided meditation was delivered with breaks/pauses after each sentence.]: Relax, know that in this moment there is absolutely nothing pressuring you. You have been allowed this time by the Father, the One who holds your destiny in His hands. Know that your cares and worries lay at Father's feet. Father is aware of these worries that press upon you, that pull your attention from Him. Let them go. This time is between you and your Father. Know that there is not another being that exists who loves you with such depth. Know that Father is informing you about your divine responsibilities. He has placed these steppingstones for you. Follow them. Feel that reconnection with Father. Feel that He knows His child and His child knows His will. This concludes our meditation.

My friends, the stillness is short and simple with very powerful benefits. To connect with Father is to make the most efficient use of your energy. You are less likely to become drained of this energy, you are less likely to experience moments of emptiness or hopelessness. To practice the stillness is to strengthen your faith to continuous higher levels. Yes, this practice is for you; it is one thing you can

do to be assured that you are a loved and valued citizen of the kingdom.

Take a moment to recharge, often. Open up to Father and His healing circuits. To maintain your energy and God-like countenance, it is vital to practice this connection through stillness each day. To practice is to balance all new information that may come from the universe helpers.

Yes, you have learned much on love and energy. I will be moving on in our morontial teachings. I still suggest that you keep in practice with love - the most significant proof that God is. Until next week, shalom.

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Reaffirming the Teaching Mission-Statement. Beginning More In-depth Studies

Ham & Abraham, WOODS CROSS GROUP 06-10-1996

Back

The light of God enfolds us. The love of God surrounds us. The power of God protects us. The presence of God watches over us. Wherever we are He is.

Greetings. I am HAM. I am so delighted to be here this evening. I miss our obvious material communications together, but I am gratified by our private moments that I am allowed to spend with you each. I am also allowed to work with Abraham on lesson planning and coordination.

We, the Teaching staff, prepare to begin more in-depth studies of the Mansion World Teachings. We endeavor to bring these teachings to those who are spiritually prepared. Those that are ready will absorb much spiritual learning. Those that need more time to develop spiritually may not find these lessons particularly interesting or helpful. I come tonight so that I may repeat and reaffirm our mission statement:

By the mandate of our Creator/Brother/Father - Michael, do we, the Teachers stationed here on Urantia, commit to the upgrading of spiritual understanding. We the Teachers have been assigned so that we may assist in teaching the Fatherhood of God and the brotherhood of man. It is our mission to assist each individual in locating their own Fragment of God, within. It is not in our orders to coax or manipulate mortals into finding God, but perhaps shedding a little light on the benefits of a God-knowing world.

I speak on behalf of my fellow coworkers when I say we are deeply honored to serve on such an assignment of such importance. Yes, we are humbled to be placed on such a top priority assignment. We shall strive to reduce the expectations in the area of 'mysticism,' and strengthen the area of 'individual confidence' in the search of knowing and finding the Father within.

This is a time for all things spiritual to become a reality. This is a time for all things that are not a reality to fade away. This spiritual education will be filled with significant proof that God is, and that we need not rely upon mystical promises and spiritual rewards. You, my friends, are beyond the dreamer state and are moving into spiritual substance. This is a time for spirituality to become an actuality.

I am always lifted when I am near you, and your devotion to our Mission is truly touching. I shall make it known that I am not so far that I cannot be contacted. Know that you are in my heart and hold the everlasting bond that is our friendship. I am always in gratitude for our association; and as you remember me, even more, do I remember you. I leave you to your Teacher, Abraham. Farewell.

I am ABRAHAM. On behalf of my students and myself, we wish to give our thanks to you, Ham. And welcome, my friends and students. It also gladdens my heart to see your openness with one another. Like I have said before, there is an abundant well of information within this small group. You have traveled a long road together and still, you remain. I say, you are indeed prepared to receive further morontial instructions. I am honored to be the Teacher to impart them to you.

On the Mansion Worlds, the life of Christ on Urantia is a beautiful and important part of the curriculum that is taught. Jesus the man, and His life, is taught universally. Michael, our Creator/ Brother/Father, is indeed an inspiration to all - from the highest to the lowest orders of beings. Michael's devotion to His Father led Him to forsake His personal desires and rely upon the will of His Father. Michael chose to be sculpted by the Father in order to become sovereign of His universe.

Our Creator/Father/Brother was willing to experience anything without regret, fear, or cowardice. He relied totally upon His communication with His Father to move Him through even the most difficult of times. He maintained an unbroken communion - and that alone saw Him through agony beyond your comprehension. His unbroken communion preserved Him, His Spirit. Michael was able to endure all things because of His desire for communion and closeness to His Father in heaven.

In the Mansion World training schools it is taught that stillness becomes obsolete when constant communion becomes prevalent. In your training now we begin with stillness teaching, meditation, yes. This is a beginning to constant communion with the Father of all fathers. Your stillness practice becomes so natural that conscious time-setting is not necessary, for the stillness is natural and is there without conscious thought.

Jesus, the young boy unaware of His divine destiny, maintained an awareness of His Father in heaven. Jesus endeavored to question the elders in His life on the truths of the Scriptures only to be told: "These are the laws in which we, your elders, live our lives." Jesus, the boy, respected His elders, yes, and yet within He was building His constant bond of communication with His Father, knowing that it was His only reliable source.

During the times of disappointment, Jesus - the boy, developed this bond with His Father knowing that all the answers He truly needed were at hand. As this bond of communication developed, so did His trust in Father. Jesus began to see that His Father was unfailing, unlike His human associates.

By the time Jesus was a man, this bond of communication was unbreakable. He relied upon this communication, exclusively! and without fail the answers were always

forthcoming. Never did He waver in his faith but was reasoning with what His material eyes could see and what He knew to be true within His soul. Jesus the man, found strength and endurance beyond any other human that has walked the Earth. And on the Mansion Worlds we are taught: His strength and endurance came from His unbroken communion with His Father. Are there questions?

ROLAND: Abraham, in the lesson you talked about being closer and closer to our indwelling Spirit, that being the Father Fragment, and from the revelation from the Urantia Book it tells us that our Fragment has all the traits and characteristics of the First Source and Center. I know from my study of those characteristics, I have come up with three-word symbols that mean great things to me: omniscience (know everything); omnipotence (absolute power); and ever-presence (omnipresence). If we can get to that place where we communicate thoroughly, or even more clearly with our indwelling Spirit, then He can impart all knowledge, all power, and ever-presence to our conscious mind. And, what would that mean to us mortals?

ABRAHAM: Yes, but this is limited and dependent upon your faith 'capacity.' It is absolutely the goal to become God-like and it is quite possible to attain these attributes while in the flesh. I would agree with you that many whom have graced this planet, claiming knowledge that is from God exclusively to themselves, are not knowing what they are claiming. The mortal who truly knows Father's attributes, and emulates them daily, does so without conscious thought. It is as though this God-knowing mortal has always been endowed with the knowledge of the universe. It is true that an unbroken communion leads mortals to this direction, and this is where one can maintain constant consciousness of the will of God. Another question?

HELEN: Abraham, when Ham was talking, he said something about mystical promises. I don't understand what the mystical promises were.

ABRAHAM: Just as it was in the days of old, the Master had imparted to the apostles certain spiritual understandings; and in this process, the apostles were not accepting these basic truths without miracles and fanfare. These apostles believed that the kingdom would come in great power and glory. They also believed they would partake in this glory. Ham reminds us that our spiritual mission is just that, spiritual. It comes without miracles and proof that Michael is in charge of His universe. This mission is like a quiet undertow within a slow-moving river; it appears to be so natural that it almost appears to be of no substance. The mission appears to float along quite peacefully, even when significant changes come and re-routes the current. Our mission is to be in the flow of natural evolution, yes, while underneath – it moves with great speed, guiding Urantia to its divine destiny. Another question?

MARLIN: There is a young lady that I have been sharing lessons with. She experienced a presence. I was wondering if you could tell me who that was? And also, do you have any suggestions for me in giving her further guidance?

ABRAHAM: I am aware she is feeling some apprehension, possibly some fear. I say, fear not. She is like a lantern that is ready to be lit. Inform her on the stillness practice and guide her towards the loving aspects of the Father. He is not to be feared, and I guarantee she is well protected. As for the presence, I do not know,

but with time and practice, she will know. Does this help? (Marlin: Yes. Thank you.)
Abraham: One more question?

CALVIN: I'd just like to say thanks to our longtime friend, Ham. It has been quite some time since we heard from him. It was very touching because I have been doing a lot of reflecting on his lessons and how they have helped set our base for your teachings, Abraham. You are helping us to slow down and realize our correct natures, not only as it relates to this Teaching Mission, but also as to who we each are to one another. I can see a lot of difference between the mystical expectations that I once thought of, compared to now. I don't think I am out of the woods and clear on them yet, by any means, but surely a big difference in personal growth in following the Father's will without expecting something that may not be. That's not a question, but thank you.

ABRAHAM: Understood, received and returned. We too are thankful for everyone's participation in this effort. We have seen great strides and are amazed. I can assure you that in your position, being mortal, you are usually not able to see the big picture. I did not say you couldn't, for if you are perceiving within the will of your Father then is the big picture revealed, and the small irritations of this world are not allowed to cause you grief. I do so appreciate our friendship, as does Ham, and we look forward to our time together.

This week, when you are overwhelmed by daily happenings, remember the Master's unbroken communion. He was never overtaken by His troubles. There was no opening for self-pity because of His constant communication with His Father. I give you each my love. Until next week, shalom.

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Recognizing Broken And Unbroken Communion With Father

Abraham, WOODS CROSS GROUP 06-17-1996

Back

I am ABRAHAM. Greetings, and welcome to you all. We here tonight are all overjoyed with your efforts in your morontial education. Well done. I can speak with you on various morontial topics, I can speak with vivid detailed description, I can speak of morontial examples - but I say, you all know quite well that your greatest example is experience, regardless of my words.

You must personally experience this mortal life to progress spiritually. I say, your awareness in your morontial steps has greatly improved. Those that are willing to partake of Michael's cup are going to experience accelerated morontial lessons. Those willing to move along the trenches with Michael are to also experience greater levels of spiritual joy.

This week my assistants and I have provided you each with examples of broken and unbroken communion. I am allowed to say it was our purpose to assist you in your awareness of these examples. Those of you who experienced broken communion with their inner God, were you not aware of the negative effects thereof? Did you not experience inner mental and emotional turmoil? Did you note the fatigue that this

broken communion brought on?

Did any who experienced this broken communion feel a general sense of un-wellness, possibly sickness? You, my friends, can see why this planet experiences such disease as it does; for a great length of time this world experienced such tremendous affliction due to the isolation of the planet. I can say, with the replacement of the spiritual circuits, growth will appear to be rapid. Yes, many are now discovering that their broken communion with Father is indeed destructive. With the planetary awakening, many are once again repairing their broken lines of communication with the First Source and Center and His hosts of divine assistants.

This world will see a time when all are made well. Sickness will be a page in history that children will only know by reading about it; and crime will become useless, unnecessary, for the citizens of Urantia will take care of one another. You see, this time is rapidly approaching. I say this is quite possible in your own personal lives, today. It all begins with your awareness that God is, that God loves you beyond your ability to understand at this present time.

The man Jesus perfected this unbroken communion while on Earth in His life; He began much the way you did – through determination, dedication, and a searching heart and mind. Jesus set the perfected example of what you may also attain while in this material form. He was always to put His Father first before Himself, his family, and his friends. This was a first priority with Jesus; He had no doubt that His other concerns were looked-after by Father.

Jesus rarely ever experienced any physical illness, mental confusion, and painful/emotional turmoil. He was a man who was made whole and complete through His communion with His Father in heaven. I say, my friends, this is absolutely possible here and now. On the Mansion Worlds, this lesson is reviewed throughout the morontial career just as you will need to review this lesson throughout your mortal career.

This world is indeed headed for major reconstruction – as the citizens continue to repair their lines of broken communion will you see major healing of the planet, along with its inhabitants. Change can be difficult, yes, and for some the unknown can bring about fear and confusion; this will appear to be destructive, yes, but I say it is all necessary and natural evolution.

These times of confusion should prompt you to turn to Father for guidance, not cause you to fear and flee from difficulties. You are all in understanding of this confusion through your own unique experiences; and I say, you are all well prepared to assist your fellows who likewise experience this fear and confusion. As the part moves, so moves the whole.

This week I ask you to note the mental and physical effects of broken communion with Father. Continue to practice your stillness exercise to keep your lines of communications strong and unbreakable. Take note and list the positive happenings in your community, your world, and attempt to see how unbroken communication with Father may have played a part. Have you questions?

RACHEL: I have a question, Father Abraham. During our meditation here this evening, was the communion between me and Father broken or closed at that time? And then during the lesson when you said: "You know Father loves you." – was it reopened at that time?

ABRAHAM: Yes. I would not say that you were closed-off in your communication, no, I would say your 'focus' was a bit off. Overall, you have a very good sense of open and closed communication. Does this answer?

RACHEL: Yes it does, up to a point, other than I certainly felt different during the meditation and in the prayer I was saying. I felt like maybe it was just the way the feeling was given to me. Even if it hadn't been broken, I felt like it was. And when you said: "You know Father loves you," it was a feeling that came over my entire body that made me think, "Well, it's reopened again."

ABRAHAM: Rachel, my daughter, you contain too much faith to be in complete broken communion. I do say, there are varying degrees, and your Father is aware of your need for a shift in perception. Does this help? (Rachel: Yes. I also thought you were experimenting with me.) Abraham: Another question?

CALVIN: Abraham, are you saying to watch and to take note in our own personal lives when we see communication or communion – broken and unbroken? or the effect in the lives of others around us? or both.

ABRAHAM: Both. Your own personal experience is more of a realized reality, yes; but I say, to be aware of all goodness is to experience that deep and loving gratitude for our Father. To focus on – not necessarily even focus, but to be even aware of – this goodness, is to feed it energy. Our thoughts are quite powerful in bringing about good, or to bring about destruction. To be aware of this good anywhere is to walk with a grateful attitude and joyful countenance. I do not say, ignore the negative, no; I say, to feed the positive. To dwell in negativity is to increase this negativity and attract it into your own life. Just for this week, attempt to recognize the good brought about by someone's openness to Father and their courage to carry forth Father's will. Does this answer?

CALVIN: Yes. In a nutshell then – as we go about our lives, unbroken communion would be in walking in the goodness of appreciation of our Father's goodness and watchcare. And in those moments when we will probably go back to our old patterns, or when we are in the material world too heavily and in broken communication, we can then see the difference of how things work not so smoothly, not so healthy, and there are more irritations. (Abraham: Yes, exactly.) Calvin: And you're asking us to take note of the difference in relying upon our Father, or not.

ABRAHAM: Yes. Perhaps experiment with this understanding. Another question?

ROLAND: Just to follow up: In your lesson this evening you talked about some events that may occur, if I understood it right, that may appear to be destructive, in order to bring a greater body of the populace of the world to attending to the Father; and this, perhaps through these events being destructive. I don't mean to dwell on the negative of that, but we have heard of other teachings from various

areas of the Teaching Mission that talked about 'Earth changes.' Would you like to elaborate on what, perhaps, those events might be? (TR: He is saying, no!) [laughter.]

ABRAHAM: I have spoken of the physical healing of this planet and its citizens. I will emphasize that these positive events will occur through the natural process of evolution. I cannot foresee anything you all could not handle. Does this answer? (Roland: Does this mean we shouldn't go out and get earthquake insurance?) Abraham: You know your true source of insurance, perhaps work to collect that. Another question?

TECTRA: Abraham, I guess I'm a little confused yet in what is communion with Father, versus broken communion. Is it possible to go through the day – say I'll be going through the day and all of a sudden I remember about Father; but before that, I was going through the day and working along and didn't have any kind of thought or anything, and then I'll think to myself: "How come I haven't been thinking of Father to be helping me in this day?" Now is that necessarily broken communication that I was just then remembering again? or can communion keep happening without realization?

ABRAHAM: Jesus, the man, held a constant communion with Father and yet went about His daily business. He did not constantly profess this communion outright. He simply was trusting that His Father accompanied Him constantly. It was not necessary to continually pray, it was only necessary to go about doing good. A sure signal that communion has broken is in recognizing all the poisonous emotions that stem from the ego. To be in confusion about your inner feelings and project out negative emotions, is indeed a signal that you may perhaps be drifting closer toward the ego. 'Communion' is a faith and trust that all is in the care of a Supreme Ruler. Communion need not be constantly pondered-over but lived in the daily routine of mortal living. If it is your will to be within Father's, then I say, communion is assured. Good question! Does this answer help? (Tectra: Yes, Abraham, it was very helpful. Thank you.) Abraham: Another question?

HONORAY: Yes, Abraham, I would like to just thank you for your beautiful lessons and the privilege of listening to them – and all of our Teachers I've had since I have been in this Mission. I feel that we are so fortunate to be able to have these teachings to help us because I have seen many changes come over each one around us, as well as myself. So I just want to thank you again for being here. There is one rumor that is going around, and I don't know if you would want to answer it or not: We are always hearing about this anti-Christ that is supposed to turn up in these last days. Is there such one individual called the anti-Christ? or would that just pertain to anybody that doesn't believe in Jesus? Is there one individual that you know of that is going to be the anti-Christ?

ABRAHAM: I absolutely do not know of such individual! The closest example to an anti-Christ would be one who has experienced the divine and then worked against it, knowingly. We do not foresee this to be a stumbling block to the true believer. There are too many believers in our beloved Creator and in our all-powerful Father. Does this help?

HONORAY: Yes, thank you.

HELEN: Abraham, in trying to stay in communion and staying clear, you answered Tectra's question, and it answered a lot for how 'to stay in communion;' but my question is: When you are 'out of it' (in the state of this unbroken communion) what is a good way to get back in. For an example: Where we are living there is one old guy who is a real challenge; he gets in these moods where he pushes everybody's buttons, and it is very upsetting. It is a lot of negative energy; and therefore, it is really hard to bring patience and practice forbearance. How can I try and bring myself back when he has pushed my buttons?

ABRAHAM: Understood. To strengthen the bond of communion one needs to view this life as an education and know that there is no pressure to immediately take in every spiritual lesson. To know that you are a learner in the universal scheme of things is to acquire automatic self-forgiveness – it does no good to punish yourself for being a learner. It is also helpful to know that you stand on the brink of all eternity; you need not rush through this life with a constant burden to bear. The spiritual life is joyful; and when mortals are perceiving their surroundings (or their life happenings) to be too serious is when broken communion needs to be forced to make a turnaround – and I say, communion with Father is impeded if it has to be forced. A light heart and applied humor is always an antidote for blocked communication. A look at your understanding of life-situations is always humorous. An attitude of 'eternity awaits me' to learn from my lessons and mistakes is a wonderful way to remove the pressure of daily living and restore the circuit of communion between you and Father.

I am honored to speak with you each. I do perceive my position here with you to be of some importance, but I know that I can rely upon the humor of my past misconceptions. It always lifts my attitude to be with you, my friends and coworkers in this movement, to uplift the spiritual understanding. I am with you during the week and available for questions. My love goes with you. Until next week, shalom.
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The Abused Boy And The Kind Man | This is How Father Is To His Children

Abraham, WOODS CROSS GROUP 06-24-1996

Back

I am ABRAHAM. Welcome to you, my friends. It is joyous to attend this meeting weekly. You make me feel welcome and I thank you.

Last week we discussed broken and unbroken communion. It is interesting to hear you review your weekly events and talk about your spiritual experiences as though they are quite ordinary and natural. Years ago this concept would have appeared to be out of reach, difficult to understand, and not used normally in daily living. Yes, these spiritual lessons are becoming a reality. Your logical outlook of these lessons make it easier to integrate into daily living. With the use of mind, you receive the divine which benefits the body and soul. I am to give you a story:

A man with a kind heart came upon a boy who had been severely abused and abandoned.

The man asked the boy what his troubles were about. The boy did not reply. He crouched in fear. This boy was afraid to speak because his past experiences of speaking with his elders got him punished. The kind man, knowing of his own status within the kingdom, knew he could not walk away and abandon this wounded child. The man persisted in asking this boy if he could help.

This boy, seeing the man's concern, decided to see what he could receive by taking advantage of the man and decided to go with him. This man vowed to care for this boy, to provide food, shelter, clothing, and guidance. The boy in his untrusting nature, thought he could very easily take advantage of the man's kind nature. The boy plotted to steal what he could to provide for himself. The man, day after day, showed the boy kindness and trust.

The man was not wholly ignorant. He knew very well this boy plotted to betray him, but the man was driven to help this boy and to be a loving support. The man would not give up. Each day the man told the boy: "My son, you have done well this day. I knew I could depend on your knowledgeable mind. You are indeed a wonderful boy who has surely brought sunlight into my dreary home. You, my son, have made me to smile, and I am truly thankful."

Each day the boy heard these words and yet he remembered the brutality shown him by his former caretakers. The day came when the boy would plan his largest theft from the man and flee his home. When the man greeted the boy once again, he said: "My son, I am made happy to look upon your wonderful face and know that I am truly blessed, for our Lord has brought you to be my friend."

It came time for the boy to leave and as he gathered the kind man's possessions, he heard those words of praise from the man ringing within his mind. The boy said: "This man who has cared for me, who appears to trust me, possibly even love me, is not deserving of my betrayal. This man is the only elder who has ever shown me this faith within myself. His kindness has softened my heart and I too feel love and loyalty, I cannot betray the kind man." and he put back the man's possessions.

The boy and the man continued their loving relationship. The man's kindness made the boy believe he was valued. The man continued to treat this boy with honor, and the boy continued to portray this honor in his life. This relationship was indeed healing and uplifting for both man and boy.

I say, this is how your Father views you, His child. Father is persistent, faithful, kind, and does not forsake any of His children. Father, like the kind man, would indeed risk loss than to lose even one of His children. Father tells us every day: "You are my child; I am made to smile when I greet you each day." My friends, it is extremely important that you accept your place within the kingdom. It is not that you portray the abused boy, but more-so it is, that you portray this untrust and lack of self-value.

Your Father, every day, encourages you each through this open communion with you. And many times you are made to feel this loyalty; and, to honor that Father has so much faith in you, yes. The Father is the kind man that does not flee when things become unpleasant. Father is not ignorant to His child's choices and actions. He is

wholly cognizant of each and every decision you make. He is with you always, and always is His goodness bestowed upon you. In return, you are filled with gratitude and filled with desire to worship and show thankfulness for His faith He has in you.

Many times, mortals act quickly in unknowing; they rush into irrational thinking and behavior. Mortals are quick to find the shortest distance between two points – and in this, what you deem efficient is to possibly block communion. We have spoken of your place in the kingdom. We have endeavored to teach about the fruits of the spirit wherein you put to practical use, all that is taught. I say, with the urge to be in open communion – this at times, adds undue pressure.

As I have said, we stand at the beginning of eternity, and the lessons that are being taught are to be used in everyday living. To have enthusiasm is wonderful; and there is time for enthusiasm, yes, but let me say – in all the worldly excitement let us remember to be observant and reflective; to quiet the mind and absorb everyday mortal lessons, and to reflect their meaning and value. I can say, this practice is always assisted by the indwelling Father Fragment, for Father is always available to explain spiritual values. Spiritual knowledge is becoming more natural, more instant and immediate.

To be in an attitude of observance and reflectivity is to receive incoming spiritual information. This is wholly possible. It is not odd or extraordinary, no, it is what this world should have known all along. We endeavor to assist you in your spiritual upliftment and mortal education. We endeavor to bring this world to its proper spiritual status.

Yes, great things are occurring. Like the calm river with the swift undertow, you may not visually witness some things; but I can guarantee that just as years ago constant communion with Father appeared to be out of reach, you know now this regular communion with Father is entirely possible; and, is necessary if this world is to move into a new and better age. Any questions?

CALVIN: Abraham, in the story of the kind man and the boy: I recognize how that is the Father's way with us, yes. Am I to understand that this is to be our way with each other? If we were to see an injured and abandoned boy and take him in and treat him kind – and then if the boy does take obvious advantage of us, are we to draw a human life distinction between letting it slide? or to say: "Look son, I love you but you might have to leave; you can't continue to do that and disrupt our home like that;" and then let the boy go out and stumble, and to, hopefully, realize he can come back to a safe place when he can live rules that are good for the household? Does that make sense? or should we be like the kind man of the story, always?

ABRAHAM: The Father is not ignorant. He knows well the mind of each of his children. Mortals, on the other hand, must rely upon their intelligence in combination with compassion. No, you cannot continually serve one who betrays you, but you can express your faith and encourage this troubled one to 'seek within,' his own true Father. It is entirely possible to encourage, to show faith, to show understanding, to make possible for this troubled one to 'return within' to His Father. To express faith in another is energy-giving. To encourage another is to empower one to have

self-trust. Does this help? (Calvin: Yes, it does. Thank you.) Abraham: You're welcome. Another question?

HONORAY: Abraham, I was thinking of the raising of children when they are teenagers; and in this day and age how they get rebellious and want to do their own things. So many parents will say, "As long as you live in my house you will obey my rules." I am sure you have heard that. Sometimes these children leave home because they won't obey the rules, and learn the hard way out on the street. I haven't had to do this, but I have seen parents that have done this, telling their child: "you can't live with me and do the things that you are doing" – and yet, they try to be kind and tell them they love them. So I ask, how much should a parent put up with these teenagers of today that might abuse the privileges in their home? Is it better to allow them to go out and learn the hard way? or should the parents make more effort to keep them home?

ABRAHAM: There indeed should be guidelines, yes. Many parents form ego-based decisions in how they set laws, and the youth has virtually no input into these guidelines – and this is demeaning; this is compared to tyranny. The respected teen who is trusted to make decisions and mistakes should be allowed to be included in the guidelines of living. The youth that is trusted to know that 'within, there is the answer to all questions' – is that youth who is capable of offering guidelines that are beneficial to the whole. Does this help?

HONORAY: Yes. I know that is the way I did with mine. And I trusted them and told them that I trusted them. I found that it did matter, yes, that they felt like they were trusted. But today it seems like there are so many parents that kick them out, and that is it!

ABRAHAM: Understood. These are hard lessons; and yet, the parents only want to spare the child from pain or even death. Many parents fear the loss of a child and set up strict rules in the hope that they may be spared the pain of an accident – only to cause more harm than good in the long-run. To make the child feel an equal participant in the family, even in the disciplinary methods, softens the harshness of the family rule and makes room for a learning environment when family rules are broken.

I am weakening in this communication. I remind you to be observant and reflective in your daily decisions. I give you my love. Until next week, shalom.

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The Passionate Scientist Views With New Eyes And An Open Heart

Abraham, WOODS CROSS GROUP 07-01-1996

Back

I am ABRAHAM. Greetings to you. I view you all to be as children that are reaching up for your Father's hand. This is very beautiful. I see you--the sons and daughters who do not lay down helpless when hit by mortal burdens--I see you rise upon falling and fighting the good fight of faith. I am honored to be your Teacher. As I teach, I also learn – and I thank you for that.

Last week our lesson had many meanings, lessons within lessons. Each of you at your own level of development received the specific lesson that you needed. You can say that all did not receive the lesson in the same way. This is how such diverse groups of cosmic citizens are taught on the Mansion Worlds. No one is being pushed or hurried along. All are at liberty to pursue an individual spiritual path.

You may find it helpful to discuss each one's understanding of these weekly lessons. To speak with one another is helpful in expanding personal perspectives. To communicate without worry of judgment is to receive immediate assistance from the participating Father Fragments. We find that communication between mortals is helpful in understanding universe meanings; and yes, this also affects the Supreme Being.

Last week I asked you to be observant and reflective, to be watchful and aware of spiritual meanings. To be observant requires a calm mind, a desire to be open to Father's will. The hurried mind is impatient and not receptive to reflecting what is observed. The worried mind is also an obstruction to what you may know.

A scientist must observe elements on many levels – and re-observe after that, upon which the scientist may report his findings. The passionate scientist is in a strong desire to be at one with that which he observes; He is devoted to a specific goal. The scientist does not rush through his experiments in the hope that the discoveries will come sooner.

The passionate scientist must remain aware of every aspect of his experiment; He is not preoccupied with outside concerns because he may miss important aspects of his observation. The caring scientist not only reports his findings, but also what he understands about the meaning of what he finds. The good scientist is always complete in his study and is not distracted by his own personal wishes and desires for the outcome; therefore, leaving the scientist open to more accurate results.

You are this scientist. You are studying the elements of spirituality, and your goal is Paradise. You are observing Father's fingerprints and how they relate to your sojourn in the flesh. I say, you are this passionate scientist who observes mortal happenings and defines them with spiritual definitions. To be in this mode of observing and reflecting, you are in the midst of the will of Father. To be at liberty to observe without worry is to view mortal happenings with new eyes and an open heart. To be a learner is an invitation to be taught, and therein lies the will of God. Have you questions?

CALVIN: Abraham, in last week's lesson, I would just like to say how much that was helpful in viewing our Father. But also I would comment: It seems no matter how well we do with your lessons – or not show up even or not pay enough attention – still you seem as the 'kind father like in that story you told; I know you are going to be here for us no matter what. I appreciate that as an example we can relate with. You seem never to be upset with us even when we do something wrong. Even when we get a little too far out of line with our attitudes you are always there with that same 'kind love' and that is a good stepping-stone for us to view even more of Father's ways.

ABRAHAM: This is easy for me. I am in understanding of the paths you each travel. I also received this same loving encouragement from my friend and mentor, Machiventa. He never showed anger due to my misguided understandings. He had a view of the bigger picture. He saw that my mistakes were finite and my authentic-self was potentially eternal. He too was a loving, patient, and understanding Teacher. Another question?

RACHEL: Father Abraham, I have one that I have been wanting to ask you for quite a while. In your mortal life did you have a son named Isaac? (Abraham: Yes.) Rachel: And was the request made by God for you to sacrifice your son Isaac as a test on you?

ABRAHAM: No! only within my own mind. I was led to believe through a series of dreams, events, and traditions that Father required the ultimate sacrifice as proof of my love. This was my own misguided understanding. Today we have many misguided individuals who still believe that their greatest treasures must be sacrificed in order to receive God's love and return love to God. Father has never asked us to sacrifice anything that would hurt us so severely, but many mortals believe that their adversities are just that – sacrifices made to pay debts or to atone for sins. You are in understanding of my words, Rachel?

RACHEL: Yes, you bet I am, and I am very thrilled with your answer because I didn't think the Father would really make that request of anyone. So when it gets right down to the Bible story then, it is just partially authentic?

ABRAHAM: Yes. (Rachel: Thank you.) Abraham: Good question Rachel. Thank you. Another question?

CALVIN: Abraham, were you around in my life when that same thing kind of happened to me? I got sidetracked in my search for truth with one of these self-proclaimed "this is the way and the only way" person claiming to be God's chosen; you are probably aware of that individual. In my searching of 'where is God,' I remember the biblical scripture saying, "If a man can't leave his father, mother, son or daughter for my sake he is not fit for my kingdom." I understand the correct meaning of that now – meaning 'to put the Father's work ahead of everything else.' But at that time, I thought that meant to do the same test that you felt was required, to sacrifice Isaac. I remember the day when I thought I was saying goodbye to my children for the last time. I wonder if that even came close to maybe what you experienced. I know it was a very tough decision for me; and yet, how beautiful it was when I realized that I was in error in that thinking, and since – they have been a very joyous and fruitful part of my life.

ABRAHAM: I am aware, yes. This was somewhat similar to my own experience. The mind is somewhat fallible when in pain – emotional or otherwise. The mind, when blocked from communion with Father, attempts to reason on what it thinks is logical. And many times, mortals believe they are deserving of punishment for wrongs committed. Atonement is still believed to be man's greatest process in which you believe to be cleansed free from sin and within God's favor. In an attitude of observing and reflection, you are opening yourselves to immediate open communion with Father; you

are, in reality, co-creating your divine destiny; you are in unbroken communion. To trust the Father and know that all is taken care of is to be aligned with His will. To be at ease with Father's decisions is to receive immediate answers to questions you are asking. To be in this unbroken communion is to know that Father asks nothing from you except for your love. This is an easy request knowing the Father's goodness – are we in agreement there?

CALVIN: Yes. I do agree. If we love Him, we would surely have to have trust. How can we love someone that we fear? To know that to just have love for this 'all taking care of us Father' – that would have to include trust and faith. So love has to encompass all those words then?

ABRAHAM: Yes, the more we know about Father's goodness the more we are drawn to Him and love Him. To understand the Father and love Him is to then encompass trust and expanded awareness and faith, yes.

RACHEL: Then Father Abraham it was through your communion with God and through your indwelling Spirit that stopped both you and Calvin from doing what you had in mind to do, right?

ABRAHAM: Yes. My life in your recorded accounts is exaggerated. I had never gone so far as to lay my son on the table. Another question?

CALVIN: I have been telling people that story just as you told it. I knew that had to be the truth that you didn't actually put Isaac on the table for sacrifice. Traditions had made you think that you had to prove that you loved God, and through Melchizedek, your mentor, as you are ours, he taught you that you didn't have to do that. Is that what you are telling us? (Abraham: Yes, correct, Calvin.)

I am slipping. I want to express my love and gratitude to you each. I ask you to remain observant and reflective. Attempt to feel the presence of your Father during these moments of observing and reflecting, know that you are well taken care of. Until next week, shalom.

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A Beautiful Field - An Exercise In Balance, Observing Ourselves a Part Of The Whole

Abraham, WOODS CROSS GROUP 07-08-1996

Back

I am ABRAHAM. Greetings, and welcome. I thank you for allowing me to assist you in your morontial learning. You have made this communication possible through your faith and use of logic. You are shaping my lesson format. We have discussed the practice of observing and reflecting; and I say, as many observations are there to make, there are that many scientists also to make them; scientists all reflecting different views. Join me in this exercise if you will:

In our imagination we come to a field. In this field are there many flowers, trees, shrubbery, and animals. [pause.] A stream runs through this field. [pause.] We can stand back and view this entire field and take note of the various happenings.

Perhaps we spot a deer drinking from this stream. Perhaps a bird that has landed to consume seeds. [pause.] Possibly we can view the clouds overhead moving with the wind. [pause.]

As we stand back to view this lovely field, we are observing its beauty as a whole; we are in understanding of its connection to the various elements of time and space. [pause.] We are now entering into this field; we brush against the shrubbery. We see the various insects that fly from flower to flower. We feel the warmth of the sun and the breeze upon our backs. [pause.]

As we stand now in this field our observation methods are changed; we are viewing the inner workings of the field and pondering how this relates to our previous observation of the whole field. [pause.] As we venture further into this field, we notice the various flowers that are growing – there are so many and yet, there is room in the soil for each flower. [pause.] We are witnessing that each flower is part of the whole field. There are no flowers that are not needed or valued. Each flower adds its own particular beauty to the field. [pause.]

We can now feel a slight change in temperature – the clouds have moved overhead and it is beginning to rain. [pause.] We are yet witnessing another part to the total care of this field, another link in the chain that assists in the field's survival. [pause.] We can view the flowers in loving gratitude for this rain. [pause.] We can yet still observe this field on another level through the various natural elements that ensure the well-being of the entire field. [pause.]

We now step out of our field. Reflect on how this field relates to your world and its people, and its relation with the Father. [A longer pause for reflection.]

I would say that each of your reflections would differ; and all would be aware of a particular lesson that was needed to learn. In our reflection, we may view this field as Urantia. We may know that the world exists, yes, but we know little until we step inside to view its inner workings. We may reflect that the flowers represent Urantian citizens – all appear to be different; and yet, like the flowers, there is room in the soil for all.

As the harsh elements may occur to the field, so does adversity happen to the mortals of this world. We take a step closer in our observation to have a deeper understanding of our fellows. It is as we stand within the world and calmly observe the inner workings do we reflect upon the whole. As our ideas are expanded, we begin to incorporate the Supreme Being; we begin to understand that the effects of this world ripple out to the Supreme, and then back again.

I say, this world now is feeling the effects of the Father's rain upon them – the loving watchcare that all are valued. Yes, we are observing this world on another level and we reflect upon the Father's effects on us. This world experiences an awareness that Father is within our field. He nourishes us with His rain, and yet the stream that is constant goes right through the middle of our field. We all prosper from our knowledge of knowing where to find the stream.

I would ask you this week to reflect upon where this stream flows for you and its

availability for use. I said there would be morontial lessons given – I am certain you are well equipped to understand them. I am open to receive any questions you might have.

CALVIN: Abraham, may I share my thoughts of this stream, or would you rather us do that after the meeting. (Abraham: Is there a particular question?) Calvin: Yes. Would this stream be the waters of truth? or is there more meaning?

ABRAHAM: Yes. There is truth in that, and yet we all contain within us this stream. It is a common thread that runs through all who contain mind. Yes. Our Father Fragment is with us; He is our stream that is so obvious and is so available; and yet, many find it difficult to locate this stream. I would also agree with the concept that the wind in our field is Michael's influence. The wind strengthens the various living things of our field, and this is becoming more noticeable, along with the sunshine that could represent the Mother and Her various daughters – the angels. This reflection is entirely open for you to define; and, has no limits. It is likely that your definition of this exercise in observance and reflection is subject to change as your awareness increases. Does this help?

CALVIN: Yes. In such a field, just as in this life, it contains weeds and thorns as well as the beauty. Is it a necessary part of our experience of life? I'm pretty sure people would go into this field and say there is sure a lot of weeds and thorns mixed in with the flowers. Others would say they don't see any weeds, they just see beautiful flowers. Are we to overlook the weeds of life and view all as beautiful flowers? Or, are we to see them as necessary hardships.

ABRAHAM: Good observation. As I say, there is room in the soil for all, weeds included. Many know that weeds serve a particular purpose in helping the flowers to maintain their health and vitality. Another question?

WILLEENA: Abraham, would you say more about how the weeds help the flowers maintain their vitality?

ABRAHAM: Certainly. Weeds with a specific chemical make-up are designed by nature to attract various insects – thus, protecting the flowers. I say, mortals that sow various seeds of destruction also attract some negative feedback; and this is educational for those involved. I would also say that adversity is not always the 'insects' but lessons are learned just the same. Overall, there is room in the soil for both weeds and flowers, yes – just as there is a connection to one another in our survival and learning in this material life, yes. Another question?

ROLAND: Abraham, it seems to me that the stream is the nurturer of all things that appear on Urantia – the animals, grasses, the flowers, weeds, trees, etc. – those that could only symbolize the love-energy from the Father, which is the supporter of all. [inaudible.]

ABRAHAM: Yes, if that is your interpretation, if this is what you perceive. Myself, I would refer to the stream as our actual indwelling Father Fragments that are so close and available; and I would refer to the rain as our Universe Creator Father that indeed fills and maintains the stream. One more question?

HELEN: As I was visualizing what you were talking about, it was odd that as I was getting that visual, I kept landscaping it in my mind, like making paths; and, a large area with picnic tables and a gazebo so people could get down to the stream to enjoy it, and lay in a hammock and enjoy the breeze under the shade of a tree; and have flowers all around them in different colors – just places to get out of the rain all year-around throughout all the seasons. It was amazing how not just in the landscaping, but the sculpting of it, I was making it to share with others and be a peaceful place. As I was doing that I was thinking about the weeds and flowers and how it had to have balance to have it be just right. My initial thoughts were about managing the field and wanting it to look nice and have everything to enjoy; but yet I understand I have to let the field grow, even with weeds, to have it be all natural, that it might have a balance. But then I started envisioning some of the weeds taking over the beautiful flowers – and I got to a point wherein I realized my question: Do we leave something like that completely all natural to itself? Or, make an effort to keep balance by pulling up the weeds that are choking the flowers? Do we just let them do their own thing?

ABRAHAM: Understood. Yes, the severely destructive weeds should be maintained – meaning those weeds that appear to be out of control, so as to maintain the beauty of the whole. The problem is regarding those that judge which are weeds and which are flowers – what is beauty and what is natural. This is difficult, yes, and excellent that your own level of understanding this particular morontial lesson has shown you this concept. It is difficult to set particular laws by which morality is governed. It is difficult to say that a particular weed that appears to be out of sorts is unfit to share the soil. This judgment, this type of judgment, requires a person that is in understanding of each other's right in the soil regardless of a particular function. Without this understanding, the person who is not willing to move further within the field and observe the inner workings, is unfit to judge. Yes, human laws are difficult, and balance between logic and compassion is necessary to protect the just from the unjust. I am intrigued by your analysis; and I shall too, continue to ponder this.

I am made happy to connect hearts and minds with you each...

RACHEL: Father Abraham, I want to say one thing before you leave us. I, too, am glad that the soil was there for the weeds because all the time when I was growing up, my parents told me I grew just like a weed. [laughter.] (Abraham: Understood.)

ELWARD: Couldn't some people call some of the weeds Herb's to be used to benefit people in better ways than other things?

ABRAHAM: Yes, quite possible. You too are knowing the value of observing and reflecting. You are all connected to a well of information within your group here. I am honored to be a part, and I thank you each. Until next week, shalom.

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Willingness To Be Led By The Spirit And To See With the Eyes of the Spirit Brings

Unforeseen Joy

Abraham & Machiventa, WOODS CROSS GROUP 07-15-1996

Back

I am ABRAHAM. I am happy to meet with you again. Thank you for allowing me to assist you in your morontial education. I am honored. You are indeed making these lessons possible with your willingness to forsake personal desires and work toward spiritual unity. We are learning too, as are you.

I am on a different level in my education than you but it is you, my friends, and this experience, that brings me to this particular level – I thank you. I, on this night, rejoice, for I see with the eyes of the Spirit. I have chosen to be God-like. I have chosen Father's will. I have chosen to be willing to be led by the Spirit, and for this I am made to rejoice.

In the lesson last week on observation and reflection, you appeared to me as a classroom of small children viewing something spectacular for the first time. In your morontial discoveries, I also feel the excitement and enthusiasm of a parent or teacher.

You stand on the shore of a vast ocean of morontial discoveries. You are willing to be led by the Spirit, and can you deny the excitement of this spiritual quest? You have a strong understanding of our field of flowers and will continue to grow and change in your understanding – for in your understanding, you have acknowledged judgment to be the work of our Father.

TR: He is saying to me, 'just a minute.'

I am MACHIVENTA, your friend. I am a worker in the field of flowers. My position holds me responsible for the upkeep of the field. I am to see that all of our Father's greenery receives an adequate amount of His rainfall, and even I am not fully qualified to withhold any amount of rain to any particular area of the field. I am dedicated to ensuring that all who desire the rain, receive it.

My time spent on this planet was also an excellent experience in my own education. I was sent so that others may learn. Upon meeting my friend, Abraham, I dared not ask: 'Who is this individual that he may receive such spiritual insight?' 'Who is he that he may know of my presence and learn of the 'One God' concept?' No, I dared not even consider: 'What are Abraham's qualifications that he may be worthy to accept this divine light.'

I was commissioned by my superiors to perform certain tasks and I did so without consideration of my personal opinions. I was willing to be led by the Spirit; and therefore, I saw with the eyes of the Spirit. To observe with the eyes of the Spirit is to be free from temptation to judge, to understand Father is present amidst the inner working of the field.

Yes, to observe with the eyes of the Spirit requires that you are to be led by the Spirit. Do you see – to be led by the Spirit requires you to trust in the Spirit, to hold faithfully to our Father's ideals, to have full confidence in your status as a son and daughter of His kingdom, to know that Father is.

I am ABRAHAM. We give our thanks to Machiventa. I am made to be joyful at the realization of our Father's presence in all things. I am made to be grateful for His watchcare and careful observance in our spiritual steps toward Him. He is wholly qualified to teach us what we really need to find Him.

I, at one time, was short in my vision of earthly experience. I often toiled in misery in my misunderstanding. I chose to obey the traditional laws then and lean upon the knowledge of that age – and I was left with a distorted view of living. I am grateful for this experience, for now I can see that many lessons evolved from this mindset I once held.

Today I am made to rejoice at actually looking through the eyes of the Spirit. I am secure and confident in my place and knowing Father is completely qualified to move the universes at will. My willingness to be led by the Spirit has brought me unforeseen joy, and for that, I am grateful to the point of worship. May we take a moment to express our appreciation:

Our Father, the Father of all fathers, we know you are so ready to assist us in our steps to you. We are in awe of your supreme power of your unending responsibilities. We are made to feel your tender touch upon our shoulders in a loving nudge toward you. We are small, yes, and yet, you tell us we mean everything. We would ask that you, our Father, help us to understand the steps toward being led by your Spirit and obtaining Spiritvision. Father, we ask again, make us like you. Amen. A few questions?

ROLAND: I feel like I am beginning as an infant to be able to follow the directions of the Spirit in me. My question is: I sensed that you, and Machiventa, and several other entities including Ham, were present in our gatherings at Spirit Fest (Tallahassee TM group), and also in Sarasota. I'm wondering, with the experiences that I had in traveling, and the events with those two gatherings that were such great joyful experiences – were you aware of what was going to happen to me? I guess what I'm asking is: Are you aware of things prior to what happens to us? I am seeing that everybody is having such experiences, not just myself; but I am wondering whether you have knowledge of the people that we will be encountering, such as those I did encounter during my Florida trip. Can you help me with that?

ABRAHAM: Certainly. The individuals involved in the divine lessons of living, attempt to create certain encounters unknowing of the outcome. Mortals and freewill play a significant role in the level of spiritual intake. I do not foresee certain outcomes to particular happenings; I am with instructions to carry forth, and that is the extent of my knowledge. Mortals do participate in the writing of the novel of their divine destiny, yes. We are not to interfere with free will and yet, we are permitted to teach those that will to be taught. Is this helping?

ROLAND: Yes, it is. This may seem a very simplistic question: On occasion when somebody asks what I am doing on these spirit quests I say, 'I am working for the spiritual government of Urantia and I am an operative in that responsibility.' I am wondering whether that is too presumptuous to say.

ABRAHAM: No, it's not. It is equivalent to saying you are working towards the growth of the kingdom. This is acceptable; and simplistic though it may appear, it is an honest reply from the heart. Another question?

WILLEENA: Yes, Abraham. I have a request for comment and then a question. First of all, I celebrate my exciting success with my father in completing our communication about my abuse and the healing. It was great and this weekend was sort of blessed. My experience was of being very Spirit led and I walked in a state of surrender. I frequently found myself turning over the weekend and the communications and the moments with the term: 'Thy will be done, Father.' Everything felt like it was very synchronized by Spirit, and perfectly so. Today, back home now, I'm noticing that I am missing that space inside myself - and so tonight's lesson talked to me particularly with the concept of being led by Spirit. So I guess this is the question: Would you say--and I suppose there is any number of ways of 'turning it over' and so the term 'thy will be done' is a way that works for me right now--to remember to surrender my choices to the very highest possibilities. Could you make a comment on that?

ABRAHAM: Yes, understood. You are entering into the waters of spiritual maturity. The surrendering of personal will shows definite progress toward being Spirit led. In the waters of spiritual maturity there comes violent waves and possibly, storms. This is an area of growth and not to be looked upon as 'unhappiness' but as the tender touch of our Father, who reveals to us the pathway to Him. And I say, in these spiritual waters when the violent waves are approaching, many times it is wise to just relax and float. Overmuch wrestling within the violent waves of spiritual maturity, you become exhausted, drained of energy that might be saved and used at a better time. You are correct in your attitude of 'thy will be done.' It is a step toward being led with the eyes of the Spirit so when the violent waves are approaching you are conscious of Father's tender touch upon your shoulder. Is this helping?

WILLEENA: Yes, thank you. Another question I have is regarding something else: I have a client who is fifteen and was raped probably more than once by her stepfather who is now in prison. In doing some of the work with people involved with her, part of what I have been led to do lately is to also include the perpetrator in the blessing for healing. So my question is, and because we are working a lot with light and love: Do I include being able to see him beginning the healing of his heart and his wounds? That feels correct to me. I'd like you to comment on that. My question is: Is there any danger in directing our focus on him being included in some healing? Is there any kind of threat at all, energetically, that he could come back with? Is this the correct way to go, and to include him in light?

ABRAHAM: I am sure that this is appropriate for a time with regard to the victims' understanding of the reasons why this perpetrator hurt her in this way, but there is a time that is needed to be angry. Has such time been allowed? (Willeena: Understood. That is certainly a part of my understanding and certainly will be included.) Abraham: Yes. When the intensity of the anger subsides, understanding of this crime is required - and then, yes, blessings for the perpetrator is acceptable and even healing. I say, dwell not long on this. The victim must focus on her own importance within the kingdom and come to understand her value regardless of what

may have occurred. She is a child of God and no act of man can make it otherwise. Is this helping?

WILLEENA: One last question: She has lost some faith, feeling abandoned. I would like to assist her in coming back to a sense of safety and faith. Is there some way to let her know that God didn't abandon her, in a way that she might be able to hear?

ABRAHAM: Yes. Your own experience has brought you to a point in which you are understanding of the various cycles of the mind, and you are qualified to lead her from this darkness into the light. Worry not what can harm the body, focus on the strength of the soul. Another question?

CALVIN: Abraham, in your lesson and Machiventa's words of being Spirit led - in a lot of situations in our life we wonder: 'How can I quiet down and be Spirit led on how to handle a situation?' I've had a few instances for practice at this this week, but one in particular concerns my daughter, which has me baffled about her behavior. She's had hardships in life, yes, as we all have, but hers has left her feeling very unloved I guess.

ABRAHAM: It may be similar to your experiences in life that had you feeling unloved, but in a different way.

CALVIN: It seems like I am lost as how to help her other than to somehow explain that she is loved, that her Creator/Father/Parent does love her even if she doesn't perceive anyone else does. I don't seem to have much Spirit-led direction at those times when she is acting out so erratically. Maybe her tirades irritate me so much to where I am blocked off from this Spirit guidance. Do you have any words that can help? or a message which I can take to her?

ABRAHAM: I am aware she knows very well that she is loved, and this ploy she uses is to collect energy. She desires to compensate for her feelings of insecurity. I can suggest you to freely give her all the attention and energy she needs without feelings of guilt from the past of your separation from her mother. What's done is done and you now start from the beginning. Her age (thirteen) is difficult in that she is testing her wings. She is in a process of discovering who she is, and this is a long process. I say to validate her feelings, to say for instance: 'Yes, I believe you feel this way.' in showing her faith that she can overcome this phase. Reassure her that life is ever-changing and that the end to her so-called misery is forthcoming.

With that, I will say I am appreciative of your willingness to be led by the Spirit and listen to my words. This week, attempt to see what steps are needed to take in order to be Spirit led. Where is the stream in which you dip your cup? My love goes with you all. Until next week, shalom.

Obtaining Spirit Vision | A Contract of a Spirit-Led Individual
Abraham, WOODS CROSS GROUP 07-22-1996
Back

I am ABRAHAM. Welcome to you all this evening. It is a delightful experience for me

each time we meet. I am happy to assist you in your mortal lessons. It is wonderful how Father works in all our lives.

Last week, in discussing observation and reflection we came upon a most necessary subject: Being led by the Spirit and obtaining spirit vision. We discussed that to see with the eyes of the Spirit leaves us less likely to be judgmental. I am hoping tonight to discuss a little on steps toward being led by the Spirit and the affects of obtaining spirit vision.

As mortal sons and daughters, you are required to live by faith. This concept must be experienced, another cannot really assist you in believing without seeing. You learn by experience in mortal living and contact with your indwelling Father. I am saying, I cannot give precise instructions on the steps to being led by the Spirit. Your most crucial lessons lie within 'human experience' and contact with your indwelling Father.

There comes a moment in mortal living where one may feel surrounded by darkness, overcome with confusion, and indecisive of proper moves to take. In this moment of darkness, many reach out blindly in faith and ask for assistance from on high – from someone who would truly have understanding for them. In reaching out, a mortal has taken a step in faith and is open to possible forthcoming answers.

Upon being open, a mortal is able to feel the presence of something that eludes their understanding, but nevertheless knows something is indeed helping to strengthen. As a mortal learns faith-building, there comes a great deal of stumbling blocks through which the mortal is learning through experience to exercise and build the muscles of faith. As spiritual maturity sets in, a mortal relinquishes more ego while steering towards the will of Father.

Do you see, you are all approaching this reality – that Father is unmatched in His intelligence and watchcare. You are beginning to see that without God there appears to be nothing of value; and with God everything appears to contain value. You are trusting your Father to be the only Source in whom you trust, and are waiting upon His words of guidance. A little more each day you request: "Father make me like you," and a little more each day you become more like the Father. In aligning your will with Father's you are signing a contract which states:

The Father of all fathers guides me with a loving watchful hand in which I trust even in moments of darkness. I reserve this place in my mind, heart, and soul, to be for the Father. This place is indestructible. This place is devoted to Him who has loved me upon existence. I am, because He is! I trust His infinite wisdom to guide me to the shores of Paradise.

This is the contract of a spirit-led individual. I doubt not that you each have agreed upon such a celestial document, and I understand that your spirit vision becomes stronger, day by day.

To be spirit led is rather simplistic. Our recognition for our Father's love and watchcare for us leads us to believe in His ultimate power in the universe. Just as the story of the kind man and the abused youth that was helped by the man's

unconditional kindness – the youth was drawn to the man, love resulted, and then loyalty, after that. To be spirit led, is easy, yes. To learn to use your new eyes of the spirit, is a little more difficult. To be conditioned to the idea that you see with your Father's eyes is perhaps a little strange at first – you find your emotions are different, your reaction to others, is changed, your understanding of your place in the kingdom, is also becoming different.

This is similar to the excitement one feels when preparing for a vacation or adventure – the adventure is unknown and yet it is most exciting to discover landmarks along the way. If one can get past the worry of small details, the vacation is much more worry-free and enjoyable. To worry about being adequately packed for your adventure is to overshadow possible breathtaking scenery.

Therefore I say, let not those steps of being spirit led or using your new vision weight heavy upon your minds. You are to set forth on a great adventure, and your experience and guidance from Father is your roadmap. You are well prepared. In using your spirit vision, you are looking out upon a vast scenery of mountainous understanding.

To see with the Father's eyes is to view what He views – and I say, He is in great understanding of each and every one of His children. You also will be shown 'understanding for your fellows' through the eyes of the spirit; and I say, to be judgmental will become almost obsolete. You may perhaps view Father's children as He does – sometimes frail, sometimes weak, sometimes confused. Yet, at times you will be astounded by discoveries – sometimes courageously taking steps toward being God-like, and sometimes laughing with indescribable joy.

Yes, to understand your fellows through your Father's eyes is to develop an unshakable love for them. To view life through Father's eyes is true liberty – you may set yourself free from being judgmental, and, being judged. I say, to build the strength of your spirit vision, you must desire to be spirit led.

Where is the stream of love, comfort and wisdom wherein you dip your cup? What leads you back to the desire to be spirit led? Many may read spiritual truths from books. Many may meditate and practice their stillness. Many may desire to create. Some may find their spiritual cup is most full when they are in the midst of nature. Some may attend groups just like this. I would again ask, where do you dip your cup for spiritual comfort and assurity? What brings you back to the place in which you find God? A few questions?

WILLEENA: Last week you talked to me about spiritual maturity. You mentioned violent waves or storms, and said to relax and float. I wondered if you would address what you meant by violent waves or storms?

ABRAHAM: Certainly. These waves are the experiences of everyday living, natural adverse conditions that grace all mortal paths. This is nothing to be feared but is wonderful to recognize Father's faith in you to come through these waves more experienced. Another question?

WILLEENA: Yes. I was wondering with regard to this accident: That day I was walking

in a state of 'thy will be done' when this happened. It has been an interesting experience for me, relying as much as I can on that place where I come back to often in a day - 'Thy will be done, what's next Father?' I am finding that Father's way for me is much more slow and gentle, and more self-nurturing than my natural tendency. I am wondering if this has been a testing or a learning experience to help me get in touch with that place, that new way?

ABRAHAM: There is not much one can do concerning the accidents of time; and yet Father - with His broad vision - finds ways in which to teach spirituality and the fruits thereof. Yes, to be open to the spirit vision is to approach mortal concerns and conflicts with a broad view - combining logic, trust, and love, as a foundation. To believe that the universe is for you, not against you, is a benefit of obtaining spirit vision. Another question?

JOSHUA: Father Abraham, we have been told in the Urantia Papers about many different religions. The other day we were talking about the Bahia faith. Is this a new religion getting started? Can you comment on that, please?

ABRAHAM: I am unknowing about the particulars of this faith, but I can say that deep within the heart of man there is a desire to encompass certain truths for the betterment of those that seek. These religions are occurring in rapid numbers, yes; and yet I cannot express much knowledge in that area. All I can comment on is that a religion containing much truth is a lasting religion. Another question?

ROLAND: Father Abraham, you mentioned that faith - that is, believing without seeing - is primarily experiential; and that one cannot learn that from someone else's experience. Is it not true that truth is a personal experience - a reality; that we read spiritual concepts, yes, but we really don't read truth, we experience truth? I am wondering if I am off on that. It dawned on me when you were talking about faith experience. Can you comment about that?

ABRAHAM: Yes. This can also be said about truth. When mortals are open to direct communion from the Father, then truth is experiential. Mortals who are all too willing to rely upon the truths of others (religious organizations, perhaps government officials) then are they willing to take-on those truths of others. This practice appears to be safe; and yet I say, this is not reality. The mortal willing to experience truth will do so! and those that search not, will not view the truth in their experience. Yes, you are correct in your thinking. I am slipping. Is there one more question?

ROLAND: For me, it seems like I am beginning to understand that I have a certain capacity for spiritual energy expenditure; and it seems to me like we are hearing that in you when you say "you are slipping" with Ellanor. Is there a point in which we reach some spiritual exhaustion that we should retreat? or should we be aware of the spiritual exhaustion? Can you comment about that, now that you seem to be in that position?

ABRAHAM: Yes. I would say that yes, in your material form an energy 'recharge' is necessary. I refer back to the stream in which you dip your cup. My spiritual exhaustion is not so apparent any longer in my morontial form. I choose to quit when

transmission accuracy becomes threatened resulting from the lack of energy/connection with the receiver.

Yes, I can discuss more next week if you would like. For this week, I give you my love and assurance that I will accompany you during the week for extra understanding. Until next week, shalom.

To Have Spirit Vision One Is Less Likely To Criticize and More Likely To Serve
Abraham, WOODS CROSS GROUP 07-29-1996

Back

I am ABRAHAM. Greetings, and welcome to you. I am lifted up by your willingness to understand and share these morontial lessons. Know that we stand by to assist. We have discussed being led by the Spirit and I mentioned that this was fairly simple to attain. You will see that this practice will become more natural with time and experience. Tonight I wish to say a bit on spirit vision.

After you and your Father have reached an agreement to travel this spiritual journey assisting each other, you may note that your perception is moving from a mere 'hopeful wishing' to a confident 'inner-knowing.' With the circuits having been replaced, the spirit vision you develop will be compared to those that lived before the Rebellion. For a time, this vision will be confusing and appear to cause some mental anxiety; but I can assure that this is absolutely natural for a planet of your evolutionary status.

I can say with certainty, your new eyes will amaze you, possibly astonish at times; and yet, it will appear as though you have always seen with the eyes of the spirit. We discussed before about obtaining spirit vision, therefore lessening the temptation to judge yourself and others. Being endowed with a broader view of your earthly experiences leaves room for understanding - of yourself and others.

One who has obtained spirit vision is less likely to criticize based solely on ego-perceptions. One may still be within the boundaries of truth, yes, and yet, seeks not to criticize for self-aggrandizement, but to serve your fellows. To work in unison with the Spirit of Truth while becoming accustomed to your spirit vision is helpful in the fact that Michael, His spirit, is always revealing our true natures. The Spirit of Truth is incessantly working to shed light within the dark corners of the human mind.

I would say, in your steps to becoming God-like, to frequently talk with the Master; ask that He cleanse your heart and help you to gain courage for what you must know to advance spiritually. Michael is an excellent counselor during this time of self-understanding and being led by the Spirit. In your times of confusion, invite the Spirit of Truth to shed a little light.

In your desire to be Spirit led, you not only are less likely to 'judge' but more likely to 'understand.' To have understanding for your fellows is to open the circuits of love between you. With your spirit vision, you are learning to release your control over others, and know that they too are on a certain path. With your new eyes, you can see the watchful hand of Father working in everyone's life; you are filled with the knowledge that yes, God is trustworthy, for He values His mortal

children and seeks to draw them to Him.

To see with the eyes of the Spirit is to focus upon your own learning and leave your fellows to theirs. You know by now that a space within you is reserved for Father; and, that you cannot fill that 'Father's space' for another. You can be helpful to your brothers and sisters while continually leading them toward their own inner Father. Yes, you can encourage others to have confidence in their abilities to locate Father – but I say, you may not impose upon another to understand what you yourself understand.

Your spirit eyes teach you that we are all on the path to Paradise; and that alone broadens your vision, manifold. On the worlds of Light and Life, mortals are unknowing of the contrast between spiritual blindness and spiritual vision; it is only through the history on other worlds that they are familiar with such, as is the case of your experience. Yes, you are living in an excellent era for planetary understanding and evolution. Yes, you are unique in your experience, collectively and individually. No, you have not been alone in your isolation status, but I say, the worlds of the universe are almost as unique as are its individuals.

I am saying, your experience at this time in Urantian history is indeed carefully observed and recorded. This world has much to offer in the way of setting the course for others who dwell in isolation. Upon obtaining your spirit vision, you understand this concept, easily. You are knowing of the importance of mortal experience leading to a planetary oneness, and the effects upon the Supreme Being.

Yes, your spirit vision shows you that Urantia is no longer a world of sorrows to be pitied among the universe, but a world of darkness that has survived to see the light of understanding, and to inspire all parts of the universe. As your desire to be led by your Father increases, so does your amount of spiritual intake. Your vision is broadened to integrate your thoughts – from individual to community, to country, to the whole world, and so on out into the universe.

In your morontial lessons, you will understand what your spiritual vision will allow. At moments of darkness, it is your decision on how to locate the stream in which you dip your cup for spiritual sustenance. Yes, this is all personal, and you each are best suited to decide where this stream is 'for you.' I say, it is not sinful to dip your cup from another's stream when you've asked permission. This is what Jesus taught to His apostles – when another seeks your understanding in moments of despair, then it is indeed your ministry to assist. Friendship is always refilling an empty spiritual cup.

Yes, as your spiritual vision develops, your expanded understanding will help you to focus upon the mortals in need of service. This, my friends, is your ministry – to serve. If it is your desire to be spirit led, to obtain spirit vision, to view yourself in this world as a part of the whole – then is it your ministry to serve. I say, broadened spiritual vision indeed increases your understanding of your fellows, leading to the desire to be of service.

Christ said: "Love one another as I have loved you." I say, this will be much more easy with your expanded spiritual vision, not an obstacle you must reach in order to

advance spiritually. The love Michael asks us to have for each other will come more naturally because you have learned to look past your human flaws and into the soul that is a child of God.

I would ask that you consider this week: What other benefits might you recognize with the use of your spirit vision, and how may it help you to be of service? I would ask if it is so desired, please discuss this amongst yourselves. I am standing by.

As always, I leave you my love and my assurance that you each have full use of this spirit vision. Until next week, shalom.

Our New Spirit Vision Allows Us to Better Serve

Abraham, WOODS CROSS GROUP 08-05-1996

Back

I am ABRAHAM. I am happy to see you all here this evening. Thank you for having me. This road we travel is seemingly tedious – and yet, we take a turn and our scenery changes. This is a road of spiritual education, yes, but I say it is meant to also be joyful. I can say I am joyful to meet with you.

I know you each fairly well. I have accompanied you during times of overwhelming weakness, and I have also witnessed your victorious efforts to overcome darkness. I can say I see you through the eyes of our Father. Your human flaws disturb me not – nor do your moments of continuous complaining or moments of searching for self-glory.

You can say I have seen what you would deem to be terrible traits of your personality. Seeing through my Father's eyes I can say that your most selfish deeds do not subtract one bit of the affection I feel for you. Viewing you with my spirit vision is to broaden my understanding of the events that lead you to continuously complain or seek self-glory. My enlarged picture of your status as a child of God has led me to accept you without my own personal judgment or opinion of you.

With the use of my spirit vision, I am in understanding of the long road we all must travel to reach our Paradise destination. I seek not to change or manipulate you to grow more rapid because of my enlarged view of you, no! for I understand that you are on the path that you must travel. I am committed to the doing of Father's will, yes, and I am with His broad vision of spiritual realities.

With the use of your new eyes, you will also encompass more fruits of the spirit towards your fellows. Tolerance, patience, acceptance – these will become natural traits of your personality. You shall view your fellows with the same understanding that Father has.

I say, when this world does wake up to their new vision, the need for destructive competition will become obsolete. Jealousy and envy will be outrun by understanding – with the same understanding that Father has for all His celestial personalities. The need for war and control over the masses will become useless because your spirit vision will broaden your understanding of all peoples in all cultures. All will be viewed and given due respect as a cosmic citizen.

With practice and dedication to the doing of Father's will, your spiritual vision will increase fairly rapid, depending upon your awareness efforts of what you are observing. Spiritual vision is not particularly useful without intelligent reflection and effort to understand.

You are correct when you speak of planetary awakening. I am certain that this era will prove to be fascinating and stressful at the same time. Yes, many will undergo a series of confusing ideas; but I do say with certainty that we have come so that you may learn to assist in teaching those that are lost in this confusion.

Our place, regarding the teaching staff, is to help direct our students towards an enlightened era. I can say, your position in this Mission is almost the same, to help direct. We are not concerned over those mortals who refuse to understand us. We are not bound by fear over those who do not join us. We are settled in the comfort of our spiritual vision that tells us Father already is aware of any concerns we may have.

In our practice of spirit vision, we will also discover certain changes within ourselves. You may notice that not only do you become more understanding and less judgmental of others, you also begin to have more patience and understanding for your own imperfections. You are able to take a deep breath and say, "I am a child of God. I stand at the beginning of eternity. I will make an effort to keep trying."

Your own self-understanding through your spirit vision removes unfruitful pressure towards attaining your goals. Being more at peace enables you to keep clear lines of communication with Father. Allow your augmented vision to embrace your weaknesses and your strengths. Worry not on your level of success, for this is your Father's concern. I can say you are not measured by what you are today but by what you are striving to be. Are there questions?

CALVIN: It's good to know, Abraham, that we are seen in our 'becoming' humanness, in our immature selves, and still loved and accepted. And you are right, I can look back now and see that I've grown. With all these years of habit or whatever, I think we could easily still go on doing the same pattern; but now, with these lessons, we are conscious of what we need to truly change and grow. And with what you are telling us, we can have understanding that we are understood - and that we are accepted and loved, anyway. There was a time I felt shameful and ugly with stupid things done, wrong things done; and that feeling blocked a lot of growth. It is just easier in the growing process to not feel that way. Could you expand a little bit more on the 'self-aggrandizement' or 'self-glory' part you mentioned earlier in your lesson; I'd like a better viewpoint where I can better look at this in myself?

ABRAHAM: Yes. A child who is constantly praised and encouraged strives to continue that practice, for this child receives energy and is made to grow and measure self-worth. On the other hand, a child who is devalued constantly is likely to go about in a mode of destruction - believing that is his lot in life; he is believing that he can do no better. A child who grows in this way into an adult has learned to not accept any praise, even if it was deserved. Both children are being shaped to perform what is expected of them. The secure child has within, that inner-confidence

and awareness of his status in the kingdom. The devalued child has learned that the only way to receive praise is to bestow it upon themselves. This child craves glory and love that was not ever received. A child such as this learns to go about staking claims upon various lands of self-glory, and this is where one such as this may draw upon a false well of energy. This person knows that he seeks love and someone to believe he is acceptable. When this expectation is not met, he must fashion it within his own mind and spend vast amounts of energy to continue the charade. Do you see, in spirit vision this is all understood? To view yourselves or others through the eyes of Father is opening the door to understanding how each individual came to be that individual. There is no judgment. There is no pity. There is no sadness. There is just understanding that, yes, this is experience in mortal life – it is part of the education. Those who seek truth know that self-aggrandizement is not part of truth-reality. Those that sincerely seek the will of Father are made to see that the love and acceptance only need come from their Father in heaven. Does this help? (Calvin: Very very much. You couldn't put it a better way for me to understand what you are saying. Thank you, Abraham.)

ELLEN: I have had a couple experiences in the past where I thought I was seeing through the eyes of Christ. It was like I saw this person with an increased compassion and tenderness that I knew wasn't me seeing this way. I am wondering if that is what you are talking about? or perhaps I went just a little bit crazy.

ABRAHAM: Yes, that is in the chapter of our book on spiritual vision, increased compassion and understanding for your fellows. To view another mortal as a family member is indeed fruitful use of spiritual vision. Your desire to be spirit-led opens the door to spiritual vision and increased morontial understandings. Yes, I would say these experiences are visions of the spirit – whether it be through the eyes of your Father or, the understanding of Michael's Spirit of Truth. Yes. Another question?

RACHEL: Well Father Abraham would that hold true with the situation similar to this when I watching the Olympics. At times they were so far away as I was watching them on TV. And much of the time when I'd see the groups and then they would show the faces up close, I felt like I was so full of love and appreciation for each and every one of them. I felt like I was there with them, to a certain extent. Would that be a part?

ABRAHAM: Yes certainly. An understanding that regardless of culture, race, religion, or gender, individuals had trained mentally and physically to represent their countries with equal love and devotion. Your understanding of these individuals quite simply enhanced your love for them. It is literally true, that love is a universal understanding and can surpass any cultural barrier. Good example. Another question?

CALVIN: Abraham, I have been reading the Starseed books that Anthony shared with me, and I feel I've grown tremendously, spiritually. I think I have increased my spirit vision tons as a result of your lessons and in conjunction now with reading the Starseed books. It helps me see the world 'as a whole' from a much larger perspective – the past, present, and what is coming in the future. And, it helps me better see the purpose of all that is happening now – our purpose in this Teaching

Mission and what you are doing to help correct and teach. Is all this a part of what you are saying, 'seeing through the eyes of the spirit?'

ABRAHAM: Yes. It has been long in preparation. Our Mission is carefully orchestrated to synchronize with natural evolution. We are joyful that truth appears to be coming from many sources, yes, and has exceeded our original expectations. Is this answering?

CALVIN: Yes. I am sure there are many other sources besides that which I see presently; science, art, literature, and awareness of human history – it all seems to tie in perfectly. (Abraham: Yes.) Calvin: Just a quick further question: On my neck there is a little bump back there. I am wondering if I am building up some kind of needless worrying about it. I don't call it fear. I don't feel afraid. Is it just a visible thing that causes me concern? If you know anything on that, it would be helpful.

ABRAHAM: I am certain that you would feel better consulting a physician. To ease your mind concerning your physical health would remove much anxiety and make more clear the channels of communication. I am certain that you are entirely capable of any problems that may result from the physical or the mental. Does this help? (Calvin: Yes. I will get it checked. People have been sharing concern about it.) Abraham: Understood.

ABRAHAM: Ellanor, what is your question? You would like a little more understanding on the reasons to learning about spiritual vision. You don't understand the lesson from last week. One moment. [pause.] I am equipped to reveal certain amounts of information according to our morontial advisors. It is your prerogative to take what you will from these lessons. These morontial lessons are designed to teach mass personalities – even those from differing parts of the universe, yes. I have said that these morontial lessons would be different for each student; and I would emphasize there is no pressure to force any understanding. There is much time left yet in your mortal career for learning.

I would ask you each this week to look past all human flaws, to the pure souls that are the children of God. In doing such, please include yourselves. I leave you with my love. Until next week, shalom.

Our New Spirit Vision Allows Us to Better Serve

Abraham, WOODS CROSS GROUP 08-05-1996

Back

I am ABRAHAM. I am happy to see you all here this evening. Thank you for having me. This road we travel is seemingly tedious – and yet, we take a turn and our scenery changes. This is a road of spiritual education, yes, but I say it is meant to also be joyful. I can say I am joyful to meet with you.

I know you each fairly well. I have accompanied you during times of overwhelming weakness, and I have also witnessed your victorious efforts to overcome darkness. I can say I see you through the eyes of our Father. Your human flaws disturb me not – nor do your moments of continuous complaining or moments of searching for self-glory.

You can say I have seen what you would deem to be terrible traits of your personality. Seeing through my Father's eyes I can say that your most selfish deeds do not subtract one bit of the affection I feel for you. Viewing you with my spirit vision is to broaden my understanding of the events that lead you to continuously complain or seek self-glory. My enlarged picture of your status as a child of God has led me to accept you without my own personal judgment or opinion of you.

With the use of my spirit vision, I am in understanding of the long road we all must travel to reach our Paradise destination. I seek not to change or manipulate you to grow more rapid because of my enlarged view of you, no! for I understand that you are on the path that you must travel. I am committed to the doing of Father's will, yes, and I am with His broad vision of spiritual realities.

With the use of your new eyes, you will also encompass more fruits of the spirit towards your fellows. Tolerance, patience, acceptance – these will become natural traits of your personality. You shall view your fellows with the same understanding that Father has.

I say, when this world does wake up to their new vision, the need for destructive competition will become obsolete. Jealousy and envy will be outrun by understanding – with the same understanding that Father has for all His celestial personalities. The need for war and control over the masses will become useless because your spirit vision will broaden your understanding of all peoples in all cultures. All will be viewed and given due respect as a cosmic citizen.

With practice and dedication to the doing of Father's will, your spiritual vision will increase fairly rapid, depending upon your awareness efforts of what you are observing. Spiritual vision is not particularly useful without intelligent reflection and effort to understand.

You are correct when you speak of planetary awakening. I am certain that this era will prove to be fascinating and stressful at the same time. Yes, many will undergo a series of confusing ideas; but I do say with certainty that we have come so that you may learn to assist in teaching those that are lost in this confusion.

Our place, regarding the teaching staff, is to help direct our students towards an enlightened era. I can say, your position in this Mission is almost the same, to help direct. We are not concerned over those mortals who refuse to understand us. We are not bound by fear over those who do not join us. We are settled in the comfort of our spiritual vision that tells us Father already is aware of any concerns we may have.

In our practice of spirit vision, we will also discover certain changes within ourselves. You may notice that not only do you become more understanding and less judgmental of others, you also begin to have more patience and understanding for your own imperfections. You are able to take a deep breath and say, “I am a child of God. I stand at the beginning of eternity. I will make an effort to keep trying.”

Your own self-understanding through your spirit vision removes unfruitful pressure

towards attaining your goals. Being more at peace enables you to keep clear lines of communication with Father. Allow your augmented vision to embrace your weaknesses and your strengths. Worry not on your level of success, for this is your Father's concern. I can say you are not measured by what you are today but by what you are striving to be. Are there questions?

CALVIN: It's good to know, Abraham, that we are seen in our 'becoming' humanness, in our immature selves, and still loved and accepted. And you are right, I can look back now and see that I've grown. With all these years of habit or whatever, I think we could easily still go on doing the same pattern; but now, with these lessons, we are conscious of what we need to truly change and grow. And with what you are telling us, we can have understanding that we are understood – and that we are accepted and loved, anyway. There was a time I felt shameful and ugly with stupid things done, wrong things done; and that feeling blocked a lot of growth. It is just easier in the growing process to not feel that way. Could you expand a little bit more on the 'self-aggrandizement' or 'self-glory' part you mentioned earlier in your lesson; I'd like a better viewpoint where I can better look at this in myself?

ABRAHAM: Yes. A child who is constantly praised and encouraged strives to continue that practice, for this child receives energy and is made to grow and measure self-worth. On the other hand, a child who is devalued constantly is likely to go about in a mode of destruction – believing that is his lot in life; he is believing that he can do no better. A child who grows in this way into an adult has learned to not accept any praise, even if it was deserved. Both children are being shaped to perform what is expected of them. The secure child has within, that inner-confidence and awareness of his status in the kingdom. The devalued child has learned that the only way to receive praise is to bestow it upon themselves. This child craves glory and love that was not ever received. A child such as this learns to go about staking claims upon various lands of self-glory, and this is where one such as this may draw upon a false well of energy. This person knows that he seeks love and someone to believe he is acceptable. When this expectation is not met, he must fashion it within his own mind and spend vast amounts of energy to continue the charade. Do you see, in spirit vision this is all understood? To view yourselves or others through the eyes of Father is opening the door to understanding how each individual came to be that individual. There is no judgment. There is no pity. There is no sadness. There is just understanding that, yes, this is experience in mortal life – it is part of the education. Those whose seek truth know that self-aggrandizement is not part of truth-reality. Those that sincerely seek the will of Father are made to see that the love and acceptance only need come from their Father in heaven. Does this help? (Calvin: Very very much. You couldn't put it a better way for me to understand what you are saying. Thank you, Abraham.)

ELLEN: I have had a couple experiences in the past where I thought I was seeing through the eyes of Christ. It was like I saw this person with an increased compassion and tenderness that I knew wasn't me seeing this way. I am wondering if that is what you are talking about? or perhaps I went just a little bit crazy.

ABRAHAM: Yes, that is in the chapter of our book on spiritual vision, increased compassion and understanding for your fellows. To view another mortal as a family member is indeed fruitful use of spiritual vision. Your desire to be spirit-led

opens the door to spiritual vision and increased morontial understandings. Yes, I would say these experiences are visions of the spirit – whether it be through the eyes of your Father or, the understanding of Michael's Spirit of Truth. Yes. Another question?

RACHEL: Well Father Abraham would that hold true with the situation similar to this when I watching the Olympics. At times they were so far away as I was watching them on TV. And much of the time when I'd see the groups and then they would show the faces up close, I felt like I was so full of love and appreciation for each and every one of them. I felt like I was there with them, to a certain extent. Would that be a part?

ABRAHAM: Yes certainly. An understanding that regardless of culture, race, religion, or gender, individuals had trained mentally and physically to represent their countries with equal love and devotion. Your understanding of these individuals quite simply enhanced your love for them. It is literally true, that love is a universal understanding and can surpass any cultural barrier. Good example. Another question?

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Spirit Vision Bestows Liberty. All Personal Liberty Is Because Father Allows It
Abraham, WOODS CROSS GROUP 08-12-1996

Back

I am ABRAHAM. Welcome to you here this evening. I am always fascinated by your unending enthusiasm and determination to move forward. You, my friends, are indeed learning that perceiving through the eyes of our Father is complex and enlightening. You are learning of the importance of obtaining spirit vision, but also do you meet with some confusion. I say, your desire to be spirit led will direct you toward less confusion and more accurate spiritual vision.

Now does this world begin to recognize certain evolutionary changes. Now do mortals begin to recognize the unseen energies that were not apparent before. Now do mortals recognize a deeper love and compassion than was previously experienced. I say, your world is taking great strides to get to the status that you would have held had you not experienced such planetary upheaval from the Lucifer rebellion.

On the higher Mansion Worlds, lessons in spiritual vision are few – for you see, students there are without the hindrance of material form; spiritual vision is quite natural and not labored-over as a positive spiritual trait – it just is. You, however, have experienced spiritual blindness and spiritual vision. You are knowing of the contrast; and I say, this is of great value.

Feel not pity for Urantian mortals for they have stood victorious over spiritual darkness. I say, yes, it was work on the part of all Urantian citizens; but I also say, this is of great blessing, for you are being educated to teach and assist your mortal fellows from those lessons learned from history. No longer is this world pitied by the onlookers within the universe, but given due respect as a cog in the wheel that enhances the growth of the Supreme Being.

We will continue to ponder over your new experiences with spiritual vision, but tonight I wish to say a few words on a direct benefit of the use of this spiritual vision.

Where the Spirit of the Lord is, there is liberty; liberty is a benefit bestowed by spiritual vision. To view yourselves and others with your new vision, you are released from the bonds of human judgment. There is liberty in the everyday mortal living when you are at ease to be your true selves; there is also liberty for those that you view with your new eyes. There is a comfort in being with one who possesses

not judgment, but love and complete acceptance.

Do you see, when you choose to be spirit led – to obtain spirit vision and view all personalities as children of God, you are freeing yourself to be just that – yourself. Do you see, there is not a better thing to be? I do not say, take selfish concern and disregard your fellows' opinions, no! I say, look to your Father, for it is Him that created and defines you. Your fellows are at liberty to think and feel as they please, yes, but their opinion has no power over you. You are viewing all with your new eyes; you are seeing yourself and others as a part of the whole.

I say, to know that you are loved 'because you are uniquely you' is to experience indescribable joy, for liberty has found you. I say with certainty, that you will not likely experience the Father's freely bestowed liberty without the constant effort to utilize your spiritual vision.

It is said: "Judge not lest you be judged." I say, this is a mortal condition, but nonetheless, true. Your own release over your fellows' actions is to experience untold liberties. I would assure you that all liberty that stems from our Father is to encompass truth, beauty, and goodness – not those 'self-seeking glories' that have darkened your previous history.

Let me make that clear: All personal liberty is because our Father allows it. I would say that your loyalty to Father is evidence that you are quite knowledgeable of your personal liberty. You are trusting of your Father's watchcare, and you are led to love and serve through faith. Are there questions?

CALVIN: Abraham, we welcome Bob Devine from Idaho. We appreciate Bob visiting with us and his work in the Mission to draw people together and to make us all feel a common thread, interlinking each group as all one family.

ABRAHAM: Yes, well said. I also say, welcome to you, Bob; and I would express my gratitude for your persistence in keeping this Mission moving forward. Well done. Perhaps a question?

BOB: I do have questions that are not surfacing yet. I know there are some things I want to ask. So if somebody has one.

CALVIN: In teaching us of the liberty of the Father, is that the same as for us to consciously realize that we are free from what other people think about what we are doing – just freedom? like others' expectations of us just being lifted off us, and knowing we are free to be ourselves; free to move forward in our own path, being with mistakes or not? Is there more to it, deeper than that?

ABRAHAM: Exactly, exactly. Your new-found freedom would allow you to be the person Father intended for you to be. You are allowed to be a child of God and act accordingly to the will of our Father without worry or care about others' opinions. Others' opinions are confining and do not allow you to learn and grow as a child in this universe. Opinionated souls cast definitions, and many may find it so happens to become their destiny. Your new spirit eyes help you see that you are Father's child, and that it is His will that defines you and your path. You are equipped with

wings, so to speak. Does this help?

[The second side of the tape was inaudible. This portion of the transcript is from Calvin's hand-written notes.]

CALVIN: Yes. It is as Victoria said earlier when she felt free from the expectations and pressures of her former religion experience, and now has a new enthusiasm to pursue life and truth. (Abraham: Yes, absolutely! And forget not that this brings entirely new levels of joy and worshipful gratitude. Yes.)

JEREMIAH: Could you give us further understanding on spirit vision versus 'spiritual insight' and 'spiritual foresight?' Is there a difference? and if so, what?

ABRAHAM: Spiritual insight is always forthcoming when there has been effort made to observe and reflect with the eyes of our Father. Spiritual insight is as a light at the end of a long dark tunnel. It is a struggle to journey through the tunnel, but the light at the end has made the journey worthwhile. Spiritual foresight is more in the area of your personal Father Fragment. I am to direct you to Him for additional information. Spiritual foresight is real, and yet, it often stands upon an unstable foundation – if I am understanding you correctly. Is this helping?

JEREMIAH: Yes. 'Unstable,' because it has the 'mortal self' included in the spiritual foresight?

ABRAHAM: Correct, and the margin for error is great. Yes, you are in understanding. Another question?

VICTORIA: You talked in your lesson about having spiritual vision that will give us liberty and free us from our self-seeking glory that has darkened our past history. Thank you for bringing that out for us. I now stand naked and yet I try to hold onto those past experiences and want to use them as a way to see my growth. As the old part passes, can I be assured that my darkest fears can now be my joys?

ABRAHAM: Yes. You are correct in your perceptions of growth. Your dark experiences have blessed you in the gift of spiritual vision. Your experience has been a great teacher, and your understanding is correct. You have indeed undergone training for apostleship and are able to assist others who believe they have been run down by life. You are trained to witness that your hardships have been a most successful teacher. I doubt not your abilities to spread a positive energy toward your fellows who appear to be caught up in tragedies. Your relinquishing of self-aggrandizement has emptied your spiritual cup to receive spiritual realities. I say, those that remain a learner, are taught. Those that remain in a mode of learning, are inviting Michael and His vast hosts to help guide and direct – personally and socially. Another question?

BOB: I have taken the summer to travel and learn. I've felt led and have experienced much joy. I am now near my journey's end and have come to the point of what to do next. Where might I go that would be a help to this Teaching Mission? Do I stay here? go to Colorado and then down to California, perhaps? I've felt I should just let my hair down and go with my insight.

ABRAHAM: Understood. I am aware that you know I am unable to give direct guidance. I am also aware that you are filled with a faith/trust that is at times hard to find on a material world. You have been 'free-falling' and I would ask you - have you experienced very much turbulence on the way?

BOB: Yes, mostly inward turbulence, not from people. I've experienced kindness and warmth, even from those who disagree. Turbulence, yes, but only with issues of what I want to do with the rest of my life, and to get through feelings of my past hurts and my longings for companionship - to instead, be in a relationship that is fulfilling.

ABRAHAM: Yes, I would say, your trust in Father to guide you has led you through an inner journey as well as an outer one. I would say, the inner journeys are always fraught with more difficulties than outer journeys. This has assisted you in discoveries of your true self. I would say, your sojourn in the name of this Mission goes beyond your rational thought-understanding. I say with certainty that your connections made are filled with spiritual benefit that will be lasting for quite some time. I cannot say you should forsake your material responsibilities, your social assignments, your interpersonal relationships, and travel in the name of our Teaching Mission. I can perhaps say to you what the Master said to His own apostles, and that is: "Our Father's kingdom is purely spiritual." I will allow you to reflect upon it from there. Are there more questions? [no questions.]

ABRAHAM: I am in gratitude to you, my friends, for your love and acceptance has granted me the liberty to teach you. I do feel at liberty to be my true self without pressure to perform in the hopes that this message may become more potent. I would ask you to be aware of your acceptance of yourself and freedom from judgment, and observe what takes place from there. My love to you. Shalom.

What Is It That Makes One Feel Spiritually Liberated

Abraham, WOODS CROSS GROUP 08-19-1996

Back

I am ABRAHAM. Welcome, my friends. I am happy to once again meet with you. I must say, I can certainly feel your loving thoughts towards me. Know that I also return those thoughts.

I ask you, from where did you notice your greatest amount of spiritual liberty? Some find their greatest feelings of freedom come from time spent in solitude. In your solitude, you are furthest from the ego. In your solitude, there is no judgment of your possible mistakes. In your solitude, you find your Father who you know to be understanding of your thoughts, actions, moods, and mistakes.

Yes, in the stillness do you find your Father to be a source of comfort, humor, and spiritual insight. I say, wouldn't this wonderful feeling be of great benefit throughout the day regarding your liberation from human definitions. To walk as if it was only you with your Father; to move freely without fear of personal ridicule; to move freely without doubt of who you really are - this, is true liberty.

This material world does not yet accommodate this idea of one's personal liberation. It is difficult to be yourself as a child of God with the steady stream of onlookers who constantly attempt to manipulate you for their own benefit. This seemingly immature action is, in actuality, quite detrimental to those who strive to be God-like. The harm comes when a person is pulled from their God-self toward a more material animal-self.

It is your challenge to not let others wound you but to become strong with a greater pull towards your real God-self. Do you see, in your liberation you are at times met by individuals who wish to attain your freedom. They know not how to attain it other than to berate or possibly say critical innuendoes that could reduce your level of spiritual energy.

I say, in your education on utilizing your spiritual vision, it is important to view yourselves with a fair amount of love, tolerance, and compassion, yes, but when your fellows tread upon the waters in an attempt to alter your particular course, it is acceptable to profess your dedication to the doing of Father's will, and of your striving toward God-likeness. This dedication must be professed in understandable and clear terms, yes. If there is one single thing that you don't have to tolerate as a mortal, it is those that attempt to confine your spiritual wings and who try to place definitions upon you. No, this does not have to be tolerated.

You are each knowing of your spiritual status in Father's kingdom. It is important that you continue to take advantage of your spiritual liberation and by all means, be that child of God – your true self. If your true self makes acquaintances fall away, I say as the Master said, 'so be it,' and be about the Father's business. Spiritual liberation is not a license to be self-seeking, but it is permission to be your true self. I say, there is not a better thing to be.

We all must learn to abide in peace with one another. Let your spiritual liberation include your attempts to help others liberate themselves from their life burdens; their past regrets; their unforgiven and unforgettable experiences. Attempt to minister to your fellows with the knowledge that their true self is, in reality, the most God-like self that they can be. Let not the lures of self-seeking glorification block you from the wonderful liberty that Father has bestowed upon you and upon your fellows, equally.

I would ask you to look within and discover who you are in relation to the Father and his vast universe. Who are you when you think of yourself as being the closest child of God that you can be? What would you note that liberty does regarding your spiritual vision; your capacity for worship; and your level of joy. A few questions?

RACHEL: Father Abraham, I hardly know how to explain this, but you asked to begin with if we noticed anything as far as our spiritual freedom was concerned, or any happening. I don't know how to put this into words, but with Christ Michael being our Creator Father – yet, he is also our Brother. This was what I was thinking about and concentrating on. I have known this within my mind, and I thought was in my heart and within my soul, but yes, He is also, literally, our Brother. This whole last week this realization came over me; I can't describe it, but I felt like 'Oh wow is He ever our Brother!' I could sit down right here and feel so comfortable and

talk to Him just the same as I could Joshua or Walt, my other brothers, or a mortal sister – any of them. I felt like I could just feel that comfort zone, and I don't know how to explain it any further than that. It was wonderful, and it's still wonderful.

ABRAHAM: Understood. Yes, I too experience that closeness with Michael. And I would say, your spiritual vision allows you to converse with Michael on a more personal level. Not just creature to Creator; not as a lowly mortal just beginning to ascend that spiritual ladder – but relate to Michael as a personality, which understanding can surpass all previous expectations. To be flexible within your belief system enables you to experience Michael – personality to personality. Yes, your description is very familiar. Doubt not that this is a real experience and is progress concerning your spiritual climb. Does this help?

RACHEL: It certainly does, and I thank you. You are certainly a blessing Father Abraham. (Abraham: As are you. Thank you. Another question?)

WILLEENA: Abraham, I had an experience recently that I would like to ask for verification in terms of having heard an actual voice. It was a male voice – particularly tuning into Melchizedek was my sense. I would like to ask if I was actually hearing from Machiventa. And if so, was I hearing accurately?

ABRAHAM: One moment. I am aware that this was indeed Machiventa in an effort to further your training as an apostle and minister to those whom you need to be a little more assertive with. Understanding, yes; compassionate, yes – but at times the Melchizedeks will teach on putting spiritual ideas into action. Does this help?

WILLEENA: Yes. I was being welcomed into training, and so now I wonder, are we proceeding on the planet with regard to the Melchizedek's coming?

ABRAHAM: I am under instruction to limit any discussion on Melchizedek material manifestations. Perhaps a more specific question, Willeena?

WILLEENA: I suppose a more specific question is regarding this 'training;' obviously this is underway in all of our lives. There is something about just feeling a calling, that is exhilarating. I liked the communication. I would like more of it. I have no other questions.

ABRAHAM: Understood. Yes, all training is proceeding according to plan; and I would say, the Melchizedek training schools are fully operational and functioning according to our Creator's plan. Another question?

CALVIN: I don't know how to put this one. It is kind of like you were saying, that the students in this Teaching Mission should realize that 'yes we are apostles in training,' and to stand up with that. I don't believe that saying such is ego-based at all, but one just can't come out and say to a fellow brother – in this day anyhow: "Hey, I am an apostle" – at least in this part of the world (Utah). Here, they believe the apostles are a very venerated chosen few, and that there are only twelve of them. I gather what you are saying is that it is in the doing of our daily actions that we can 'display' that attitude of our apostleship, not voice it?

ABRAHAM: Yes. At times when you are attempting to operate your God-self you are met with those who are not understanding of your commitment, and could quite possibly be trying to deter you from your true self. At these times, I am saying that your spiritual liberation allows you to carry on with your divine nature as apostles of Christ, regardless. I do not say this to be so literal; but rather, that you perhaps take upon the attitude of the Master, who moved with total confidence in who He was, and taught his apostles to do likewise. Many of His apparently harsh sayings were only a confession of His faith and dedication.

CALVIN: Yes, it brings to point a circumstance during the week where I said something that came across harsh to the one it was directed to; and even more harshly-sounding to the one standing by listening who said to me: "Wow, that was overly harsh how you said that." I kind of took his advice as good; but I thought of what you just said here, that many times the Master said some things that were harsh. So I learned from that lesson. I think he was right. I see what you are saying now.

ABRAHAM: Yes, the Master did not condemn His fellows so much as He was attempting to live by example. Jesus did much to rally the energies of His apostles to go forth and proclaim His teachings with wisdom. Yes. Another question?

If there are no more questions, I should like to take my leave to prepare for the upcoming celebration of our Brother/Father, Michael's mortal birth. I would leave you my love. Until next week, shalom.

Back

Your Hour Has Come

Abraham, WOODS CROSS & POCATELLO GROUPS 08-25-1996

Back

I am ABRAHAM. I am in gratitude for your acceptance and cooperation to promote the growth of friendship between we, Teachers - and you, our students. We thank you. I wish to express my gratitude to my co-workers in the spirit; they have indeed assisted me in my faith and dedication. I am made glad by not only our positive working relationship, but I am always deeply touched by my fellow's personal concern for me. As well, they are certain of my continued love and service for them.

You, my friends in this Teaching Mission, are showing this day to also be dedicated to one another and to love without the promise of reward or compensation. You have gathered for the good of one another and for the upliftment of the whole of Michael's universe of Nebadon.

Our Mission is likened to the life of Jesus. Michael was born a human infant of the Earthly realm just as any other infant before and after Him. As He grew, He learned - and was educated socially, intellectually and spiritually. When 'His hour had come,' He set forth to share the good news of the Fatherhood of God and the Brotherhood of man.

New Zealand was the birth of our Teaching Mission. Woods Cross was the period of

adolescence - time to learn and grow; time to clear the fog of expectations. Our Mission has grown. Your hour has come. It is time to set forth and share the good news - 'Our Universe Father is a kind and loving Father, and the citizens of this world are indeed, His children.'

You who have had Mission participation, have indeed faced many struggles. And as Daniel spoke of today, you have retained your faith; you have not laid down before your struggles; you have maintained your unshakable stance and have abided in the Master's word. The apostles of long ago had once sat forlorn due to the removal of their Master - the one loving guiding light that graced their lives. During this time of doubt, confusion and despair, the memory of the Master, His life and His example in how He lived it courageously, seemed to be lost to them now.

I am aware this is a reality in which some will face, but I say, even upon the Master's resurrection, the apostles were still within the darkness of despair. But a worker for the Kingdom stood out declaring to the forlorn apostles; one, David Zebedee, said, "The Master said He would rise, and I believe Him." David was not a close personal apostle of the Master, yet, he showed his unwavering faith and dedication to come forth and bravely proclaim, "The Master said He would rise and I believe Him."

You my friends, are like this David. You have not sat in despair asking, "Where is our Master? Where is our proof?" You have stood unwavering proclaiming: The Correcting Time has begun and I shall serve according to the plan of my Brother/Father, Michael.

I say with certainty, your group inter-association has assisted you in your unwavering stance to go forth with this Mission calling. Your accepting attitude of one another is rare in this day of seemingly troubled times. Your dedication to the doing of Father's will is apparent when you are willing to go through the waters of adversity with your fellows. Your persistent effort to utilize your spiritual vision to view one another and your world, is a step further toward Light and Life.

I say, it is with great love that you are indeed making a difference on this world of Michael's birth - wherein He experienced mortality to gain His sovereignty over Nebadon.

I say, we are indeed all humbled to be in the presence of our Creator/Brother/Father. We would ask, "make us increasingly like You." I would extend my hand to each of you, my fellow students, co-workers and friends, in love and appreciation. Shalom.

Michael Is Our Source of Truth | The Light In Those Moments Of Darkness

Abraham, WOODS CROSS GROUP 08-26-1996

Back

I am ABRAHAM. Thank you for allowing me to be a part of your morontial education; impressive, yes, indeed. Your honest and open attitudes are almost like a discovery of a lost treasure.

Yes, it is entirely permissible to speak honestly without fear of rejection, chastisement, or ridicule; this is indeed a focal point of our Mission. You see not the millions of created personalities attempting to liberate themselves from the fetters of judgment. You see not the millions of inhabited worlds putting forth their contribution towards the growth of the Supreme Being. Yes I say, this group is small indeed, but a start it is towards eternal realities. I say this communication between you is a great step towards acquiring those beautiful qualities that the Master Himself held during His sojourn in the flesh.

Regardless of personal interpretations of the day of the celebrated Creator, I say to label it successful would be an understatement. Yes, you are unknowing of the many roots that took hold in the soil of faith. I say, this is crucial to the growth of our Mission.

Our Mission continues slowly, yes, but with unknown strength. This Mission, Michael's Mission, could not now at this point ever be halted or even slowed in any way. Your exhibition of courage to speak forthrightly about your inner personal feelings shows that indeed, your hour has come.

Spirituality is not a sideline hobby or for entertainment. Spirituality is real, eternal – and now, necessary. Do you see, this transformation has evolved from a purely material self-seeking fulfillment to an eternal and sincere care for the whole – the seen as well as the unseen? These spiritual realities are not to be thrown about verbally, but lived in honest effort and devotion to those that created you.

Michael is indeed honored on Urantia, yes, but I declare that Michael is also honored from the far-reaches of Nebadon. Do you see your part, your connection to Michael and His vast universe – with His innumerable legions of helpers? I say, think not that you (Urantia) hang alone in this universe, set apart, no. You belong to a larger family. I can say, not one sphere amounts to any more than another in the eyes of our Creator/Brother/Father; just as you, individually, are looked upon as all equally valued children.

I say, your discussion this evening has brought your morontial thoughts out into an authentic usable reality. My friends, this is what we are waiting for – honest, forthright communication tempered with love, consideration, and mutual respect. We wait for this on the personal level, group level, planetary, and universal level. Do you see, this contributes to the growth of the universe as a whole. It is entirely permissible to be at ease to be yourselves.

I say, give not authority to man. Give it to the source of all knowledge. Allow freedom for others, for yourselves, to truly believe that you are not beings full of unchangeable faults, but that you are explorers within a vast universe. Be not a stumbling block upon another's path, but an assistant to those that are weary. I say, you can be 'the good assistant' by relying upon your spiritual vision, see with your Father's eyes, love with your Father's understanding.

Fear not the right and wrong of it all – for I say, the Source of all truth blows across your land as an unseen wind that affects the environment; and yet, you are

uncertain from which direction He comes. Michael is a great light in those moments of darkness. I say, to really know and experience His person is to become alive with new energy, new understanding, new faith, and new joy.

Michael desires to know His spirit-children, yes, but He shall not force you to know Him. He does not tempt you with rewards. He makes no promises to you greater than to love you without judgment; knowing you thoroughly, He loves you. I am certain that your planet, at some time soon, will be consciously, collectively and openly re-introduced to our universe as the Sovereign's planet of His mortal inhabitation; and I do say, this will definitely be noteworthy.

I wish to also give you my love and commitment to our friendship. I express to you, my dedication. Know that I do not hold the universe secrets, but I can assist you in searching for them. I leave you my love. Until next week, shalom.

Back

Courage And Liberty In Recognizing Your True Self

Abraham, WOODS CROSS GROUP 09-02-1996

Back

I am ABRAHAM. Welcome to you all this evening. It is my great pleasure to meet with you. I do endeavor to reach each one of you, personally, during the week. I am not a personal Teacher to anyone; I am to assist in the education of the reserve corps members; and as such, I assist many. I find it my great joy to know you each on a most personal level, and help when I can in your education.

Yes, I have come to know you each; and I say, we have a real and growth-promoting friendship. Our friendship is not on surface levels, no, we know each other beyond that and feel at ease to be our true God-like selves. Your use of spirit vision has enabled me to be forthright and honest without injury to our friendship. You have made it clear that your choice to be Spirit-led is first, is primary. I do feel more at ease to speak without worry over pushing you away due to feelings of intimidation.

Yes, you know me, my friends, and accept me as myself; and I say that makes for excellent teaching grounds. I also know you, and I perceive you with my spiritual vision. I see that you are dedicated and have surpassed that desire for spectacular predictions and happenings. I see you as serious students – students who would not accept anything less than truth.

Perceiving our Mission with the Father's eyes is allowing yourselves to be within the will of Father and the word of Michael – anything less is not a reality for you. You are learning that using the eyes of the Spirit brings forth liberties that were not easily perceived before. Your new-found liberty has led you on an internal journey to rediscover your God-self, your true self, your very soul – a soul that works toward higher spiritual realities, hand in hand with the actual Fragment of our Universal Father.

I say, the journey to the soul can be filled with turmoil, and at times you witness many painful wounds that you feel have manifested into eternal scars. I say, these

scars are your badge of mortal living; these scars are valuable and to be viewed as lessons in mortal experience. The journey to the soul – to the knowing of your true God-self – is one of seeming tedious repetition; but it is known that the older one is when they begin their journey toward the discovery of their true God-like selves, the more debris there is to uncover, and therefore, then more repetition is needed.

With the use of your spiritual vision, you have found Father's liberty, yes, and you feel wrapped in a cloak of courage. This courage, in combination with liberty, has armed you with the tools needed to excavate the debris from the true self – the soul. This is not difficult; this is mortal technique regarding use of spiritual vision – to discover what you are and, what you are becoming.

Yes, Father has made it known to His children that they are loved and valued ‘for their very existence’ – not for things they have done in error, or things done toward accomplishments. I say, Father's freely bestowed liberty has enabled you to search within without fear or regret. You are enabled to look within that part of you that combines logic with love. As you learn of your true self through your spirit vision, you are also feeling that combination of courage and liberty to go forth and be that person – that true self.

I say, I feel at liberty to be my true self with you. I am in understanding that you are attempting to view me with your spiritual eyes, and I worry not about offending you. You are my friends and associates. I would always accept you without doubt of your sincerity of our dedication to one another and to this Mission.

This week I would ask that you take note of those moments of recognizing your true selves. Note the feelings of freedom and courage to stand in unwavering dedication to fulfill your eternal destiny. Note the feelings of liberty, and pause to consider that ‘where the spirit of the Lord is, there is liberty.’ Have you questions?

CALVIN: This liberty you have been talking to us about, I feel it is a bigger issue with us than what I am perceiving so far, but I am getting a glimpse of it with my daily associations. For instance, as I am readying to come to the meeting someone in my household says: "Oh gee, you are going there again? I thought we could go do something as a family." I don't have to feel guilty that I am pursuing what I feel is very important. I cannot worry if they are going to like it or not, for I know it is the correct thing to do – and, yes, to still make time to be helpful to them. It's probably a bigger picture than that, but before your teachings I would have felt more guilty about not spending enough time with them, and for choosing to come here instead. I noticed that it didn't bother me like it would have before. Is that just the start of this liberty thing?

ABRAHAM: Yes, understood. To those that accompany you through this mortal life that are not involved in searching for spiritual realities within the day-to-day mortal living, they are not perceiving these spiritual realities to be congruent with what they see before their eyes. I would say, your being dedicated to a force that is unseen also leaves you to question: “Yes, what is more important – my fellows that stand before me? or my Father whom I cannot see.” The guilt is beginning to be overridden by the use of your spiritual vision. The unseen realities you perceive with your new eyes are becoming more real and more easily understood. You have

discovered the value of 'seeking first the kingdom,' yes, and it is not in error to profess this to your family. Spirituality is absolutely real for you, yes, and you are dedicated to pursuing it. Your fellows will understand in time, as they witness your devotion to spiritual realities. You are at liberty to be your true God-like self without worry. This is a part of Father's freely bestowed liberty, yes. Another question?

RACHEL: Father Abraham, now I understand why I had so much more debris to uncover than the rest of this group has, because I am that much older. Thank heavens the Father has allowed me some extra time. I hope I can wade through all of it.

ABRAHAM: Understood. I would say without a doubt that you have made that journey to your true self long ago and are now more at ease to be that true self. I would also say, your age is a plus. Another question?

JAMES: Abraham, I understand to some extent the idea of 'political liberty' because we enjoy more of it here in the United States than a lot of people in the rest of the world do. I am not clear on what is meant when we talk about spiritual liberty. Could you expand on that a little – define it as you are using the term?

ABRAHAM: Certainly. When the Master sojourned in the flesh, He came up against many who would have Him disregard His inner spiritual feelings, longings, and understandings. As the Master matured and begun to understand His Father in heaven He endeavored to live within the will of Father – and therefore, gaining the use of His spiritual vision. With the use of spiritual vision, you are seeing through the eyes of Father, and having Father help you to understand what He understands. The Master – in perfecting His human self, discovering His divine self and in choosing the will of Father – was freely given that liberty to search for spiritual realities and, to live a spiritual life without being affected by outside judgments or ridicule. Many disturbing things fell upon the Master; and yet He walked without worry, for He carried forth with the liberty of Father to be His divine self. Spiritual liberty is freedom to carry forth with your divine education without others putting stumbling blocks before you. Spiritual liberty is not a license to carry on in a selfish manner, no, but spiritual liberty is permission to be your God-like self. The world is changing, and it is through our association that the masses will be reached. Spiritual realities will become unextraordinary, quite natural and uneventful. Spiritual realities will appear as if they had always been. Is this helping? (James: Yes. Thank you, Abraham.) Abraham: Certainly. Another question?

CALVIN: Abraham, I get a bigger picture now of this spiritual reality. This past Sunday, I listened to a televised BYU devotional; and there are masses of people, as we all know, who listen to their church leaders, intently. The speaker said to the group: "If someone in the neighborhood had some higher concepts that they wanted to share, new revelations of higher insight, and invited you over (as he put the question to the group), should you go?" And then they were told by this speaker: "Absolutely not! unless your bishop says it is okay to go!" He even said, "Do not dare step one foot in that meeting!" Now to me, this is almost like cutting them off from any type of spiritual liberty they might have, to pursue Father and His Spirit realities. I thought, how drastic! And here you are teaching us to realize that we

do have the spiritual liberty to open our spirit-vision eyes, and not worry about what a bishop or a leader or a neighbor thinks. That we can pursue truth without worry; and that even though we may misconceive here and there, and even with our human errors, yet as long as our hearts are in line for searching truth, those errors will be cleared.

ABRAHAM: Wonderful perception. It is the spiritual leaders that should move people to look within for understanding. The planetary awakening is occurring, and no amount of fear-promotion will carry enough momentum to stop any of Michael's good works. You are correct in your understanding.

With that. I wish to express my love and gratitude to you each. I will meet with you throughout the week for any questions you might have. Until next week, shalom.

Our Hour Has Come To Go Beyond Verbal Promises, To The Actual Doing
Abraham & Michael, WOODS CROSS GROUP 09-09-1996

Back

I am ABRAHAM. I am happy to meet with you again. I am excited about the personal efforts you have made toward attaining your spiritual liberty. You have proven to be genuine morontial candidates. You are becoming more like you have desired. I see you, my friends, striving to know Father and be like Him. Think not that your efforts are unnoticed and for nothing. Know that you are carefully guided and that it is mandatory that true effort be made to attain progressive spiritual levels.

The spiritual path is not a river in which you float idly taking in the scenery, no. The spiritual path is more like a hiking trail in which you must overcome obstacles to move further; debris must be removed and all your attention must be focused on the next step. When focus has been interrupted there can occur a slight stumbling, but you know well that it doesn't take much to dust yourself off and proceed.

I say, your presence here weekly is indeed a good indicator that effort is being put forth to progress toward higher spiritual realities. Your efforts to study the written word are beneficial in your quest for spiritual knowledge. Your efforts made toward a fellow mortal, to assist them in times of darkness, is evidence that you have vowed to know Father and become like Him. Your weekly ministry to one another is again evidence that your concern for each other goes beyond words.

I say, your presence here says that you are a searching child upon the path to perfection. I cannot promise all of the answers; but I can tell you with confidence that I do intend to go through the shrubbery of uncertainty that lies along this spiritual trail, with you. I can say, it is your will that brings you here this evening. It is your will that speaks to Father saying: "I am ready to know what you would have me know and be who you would have me be." Yes, it is your will that allows me to speak so that I may at this time introduce to you the Master:

I am here, Michael, your Friend, your Brother/Father. I bring a message of good news. I seek to declare my joy for you. I do not, have not, and never will cry tears of pity for this world. I view you with my Father's eyes and I must say, you are truly beautiful.

Long ago when I walked in your same form, I also put forth the effort to understand our Father's universe and my place in it. I met with great difficulties, yes, but I say with certainty that each difficulty was transformed into a positive spiritual experience. This transformation was in part due to my use of spiritual vision. I desired to put forth effort in the alignment of my will with my Fathers`.

You, my children who have put forth that effort to understand Father's universe and your position in it, have been greatly tested. This testing comes not as punishment but as training to know our Father and be like Him. This testing has been your greatest blessing, and I know full well that you contain the strength to endure much more.

I have no doubt that your training has led you to put down the habits of fear, anger, jealousy, pride, and anxiety - to take up the tools of the Spirit: truth, beauty, goodness, tolerance, forbearance, and love. I have called you; and you have responded by laying down those binding habits of your mortal-like selves and picking up the tools of your divine selves.

Yes, your hour has come to go beyond verbal promises, to the actual doing of spiritual realities. I would ask that you join me in the upholding of those who feel plagued with heavy hearts. I would seek to recruit you to assist me in assisting those whose flame barely flickers the light of Truth. I would ask you to know me, to go with me on a quest to uplift those who appear to be downtrodden with mortal heartache. Assist me in bringing the light of Truth and joy of our good news to them.

I seek not to cure the ills of this world; I seek to empower each of the world's inhabitants to discover the cure of their own ills. I say to you, that our Mission is not a cross to bear. Our Mission is light, humorous and joyful. I would call you to accept a position with me on my staff - to uphold those in despair and reveal to them that the light of truth burns within them. Walk with the surety that I have already gone before you. Farewell for now. Carry on.

I am ABRAHAM. I would express our gratitude to you, Michael, on behalf of my students and my staff. Know that our pledge to you and our Mission goes beyond a simple verbal promise; it goes to the core of our reason - for searching and finding our Father in all that we do.

I would express to you, my students, my unwavering love and dedication to you each. I am in humble gratitude to serve and to know that Michael serves also with me. I would ask you to discuss Michael's proposal, and next week I would take questions. Love and peace go with you. Until next week, shalom.

Allowing Father Expression Through Us Helps Father Reach His Children

Abraham, WOODS CROSS GROUP 09-16-1996

Back

I am ABRAHAM. Welcome to you each. It is always my great privilege to act as an assistant towards your higher spiritual learning. I am happy to be witness to your discussions on spiritual meanings and values. It is always my great joy to watch your ideas blossom. You are knowing that the spiritual path is not a path of ease; no, it is a path of a tremendous amount of interaction with the Father Fragment; it

is a path of much stumbling, dusting off and moving forward.

Michael, our Universe Father, can attest to these facts of realities in human form. As Jesus of Nazareth, while human and divine, He learned the value of time spent with His Father in heaven. He chose to reside in the will of Father and was thereby enabled to see His fellows with spirit vision. These steps in mortal living assisted Michael in further knowledge of His divine self – who He truly was.

As you traverse your spiritual path, you are also learning of your divine self. You have chosen to be spirit led, attain spirit vision, and to utilize your spiritual liberty in conjunction with courage. You have learned the importance of using logic with love. To gain a balance toward learning of your divine self, I have asked you to be that person that our Father had created; be that truly unique soul that was destined for eternal survival.

You, my friends, are taking yet another advancement towards that God-like self. You are indeed learning what it means to live as a son or daughter of the Most High. Is this not wonderful? Is this not cause to rejoice? I say, the steps toward understanding 'your real self in conjunction with your Father Fragment' is certainly cause to be glad. This is where your real work begins.

Likened to the Master's sojourn, He spent much time in education about His fellows – putting forth effort to understand them and how to serve them. I say, it was in His devotion to serving that helped Him to understand more of His divine self. The Master moved about freely, allowing His Father within to have expression. The Master gave His Father room to shine forth a loving light that affected many people, deeply. Yes, Jesus, while human and divine, allowed His Father to shine forth those pearls of wisdom and light to those that He, the Master, served.

I would say, you also are learning to allow your Father to shine forth in whatever form He may choose. Whether it be consoling a friend, assisting an elder, providing guidance to a child – whatever it may be, you are allowing for Thought Adjuster expression. I say, this is very much God-like.

Those who maintain an open attitude, willing to serve in any capacity, will indeed make room for Father to express His love in an obvious manner. Yes, the Master allowed the Father to minister to His children through Him, just as you are also learning this technique of accepting your Father to also serve through you. I say, in the very act of service, you are learning volumes of spiritual knowledge. In allowing for Adjuster-expression, you are running freely with the spirit of He that created you.

I would ask you – what was your answer to Michael's proposal last week? What have you experienced throughout this week? I can say with certainty that there were indeed examples of what Michael would request of your efforts. I ask: Was this difficult and overwhelming? Did you note the moments of joy and wonder that came from living in the Spirit and allowing Father's expression through you? Have you questions?

ROLAND: Abraham, it seems to me like what you asked us to do is to maybe go around

the room and tell about what our experiences were; or, how we have viewed Michael's request that our hour has come. I would ask if that would be appropriate that we might go around, just expressing, each one of us, of how the week was; that is, if this is okay with our group members? [The group affirms.] (Abraham: Yes, that is acceptable.)

ROLAND: Then I'll begin. This week I have come across people who appear to be ready to hear. It seems like my tuning into their needs is becoming a little bit greater. I feel like I am evolving into more and more my time being spent as an apostle or emissary of Michael. I just received a transcript of my experience in 1992 where I was called to go to this convention where I met Don and Willow Gardner. In the early part of '92 I had brought transcripts, of which they took back to Tulsa, and which began the Tulsa Teaching Mission movement. So yes, I sense that my hour is coming, or has come, and that it comes in degrees. I'd like to get some feedback about that. It sounded as though I should 'quit listening and actually do something' - but it seems like we've all been kind of progressing into doing things. Is that as you see it? It seems like we have answered a lot of calls.

ABRAHAM: Yes, I understand. There have been many hours of training and education to bring us to this point in the Correcting Time. And now this type of training requires hands-on experience to have the desired impact. You could view your previous experiences as part service and part training, yes. It is excellent to move forward with courage and to take an assertive approach towards your fellows, as long as you make allowance or time to listen to your inner Guide. I say, to ensure that the accuracy of your spiritual message could not be jeopardized, it is most important to always approach your fellows with an attitude of 'may Father's will be done.' It is true, your education up to this point has allowed you to enable Father to shine His light of truth through you. Yes, this discovery of your true soul, in conjunction with the Father Fragment, is what lets us proclaim that our hour has come. Is this more clear?

ROLAND: Yes, that helps tremendously. A follow-up question for me: I truly believe that Michael is sovereign of this Universe and I believe fully that He has called me to be of service, and that my hour has come, yes. My question is - do I continue with the material-building process of earning a living so that I am supportive of myself? or do I sell all I have, give it to the poor, and walk the Earth as the apostles did?

ABRAHAM: It is entirely of your choosing. It is true that your mission is right where you are. It is not necessary to go far to minister and serve your fellows, no; you can see that much work is needed right within your community. It would be not necessary in this day to liquidate your assets to serve in Michael's Mission - but yes, this choice is strictly yours. Does this help? (Roland: Yes. Thank you very much.) Abraham: You're welcome.

ANTHONY: I have been trying to be helpful throughout my day, and to be more open with the people at work especially. But I guess where I spend most of my time trying to serve the most is with my girlfriend and her family. I guess my question revolves around - is my helping them, too much help? So much so, that I am not letting them do enough for themselves; and instead, I am being taken advantage of? Is this a good

place for me to be serving?

ABRAHAM: Do you feel that those who you serve are growing spiritually? (Anthony: Not so much 'outwardly,' no! but I think that it might be helping their characters to be a little better.)

ABRAHAM: To assist overmuch is to stifle one's own desire to learn and grow. To help too much may quite possibly put you in a position that you desire to be needed, a position where you feel you are indispensable. It may be your desire to hold this position, and yet squelch their efforts toward true spiritual characteristics. On the other hand, your willingness and desire to serve is touching and can go so much further than you can perceive. Yes, your mission is where you are. Your mission is wherever you go. If it is your will to allow Adjuster-expression, then I would say, this is a clean intention. But if it is your desire to hold an irreplaceable and indispensable position, then I would rethink your intention. Know that you are indeed a son that has endured much testing, and you are qualified to go forth and share the light of truth wherever that may be. Is this helping? (Anthony: Yes. Thank you.)

CALVIN: Abraham, I know from my experience presenting myself before my fellows, that this has changed for me a lot because, unlike before in my earlier years, I do now view myself as a child of God and also as a helper in this Mission. Therefore, I feel I need to watch my actions more these days than I used to. I don't want the old careless me to get in the way of what Michael Himself would want in me to proceed with His work. I know there is still a lot of that old 'human me' in there. And I know I have no fear of presenting my understanding of things to people, but sometimes doing so comes across overly harsh, perhaps. I wonder if that is good for a purpose - that I present in a blunt and sometimes harsh manner? or if I need to be a little more refined in presenting when those opportunities to present my truth seem to arise? Then I have one further little thing that maybe I want to ask you. In answer to your question of 'How have I accepted Michael's challenge?' I mean I wouldn't think it means to just pick up and take off on a campaign, but to be that example of change and promoter of change in the environment that I exist in. I believe I'd have the faith that Father's watchcare would be there wherever I'd go, yes, but I see higher wisdom in what you are saying, 'to just stay put, there is plenty of work here right around us in our daily work and living.' That is very exciting. I see a lot of opportunity right here, to further help.

ABRAHAM: Yes, that is correct. There is much change that has happened since the times of the Master. The Master and His apostles were needed to travel about here and there to reach as many as possible to found the Christian religion. But I say, this is not necessary these days for mortals to travel about. That is the vocation of we, Teaching Mission staff; the Teachers may travel about and reach as many mortal contacts as they are able. In answer to your first question: It will always appear that your human self will overshadow your divine self. It may appear at times that you are not advancing spiritually, yes. Yet I say, this is the attitude of one who is progressing at a balanced speed and aware of the inner self-seeking agendas that may be looking to be fulfilled. You are quite healthy in your outlook of your spiritual progression and are learning to forgo any credit towards the advancement of this world into Light and Life. You are seeing this cause goes beyond a country,

beyond a world, beyond a solar system, and on to the Supreme Being. Does this help?

CALVIN: Yes, it does. When you speak about our 'inner agendas coming out,' I have always been a little bit confused about that, you know, thinking I might have some secret agenda that's an inaccurate understanding and I keep thinking it will be exposed and 'iron out' revealing the correct balance of what my true tasks from Michael or from Father are. Are you saying there are hidden agendas, yes, but also is there that inner drive from our divine Parents that is instilled in us for a good reason – and for us to use caution, balance, and to identify what these are?

ABRAHAM: Yes, for at times there are hidden agendas which are perhaps a short-sighted viewpoint, and your exercising your spiritual vision allows for you to recognize this and re-focus towards the higher spiritual goal. It is not to worry for. Another question?

ELLEN: I really don't know what to ask. I have had a couple bad weeks which I know are probably lessons for my growth and so they have not yet unfolded to me. So I have no idea what to even ask. (Roland: About 'your hour has come.') Ellen: If that is true this has confused me even more.

ABRAHAM: Understood, and this is perfectly acceptable. Spiritual meanings and values come with time and experience. You are learning to accept your status and test your boundaries. At times, Father's training is not obvious and is even confusing, but we find once we have completed an assignment, we are another step upon the ladder of spiritual character. I do say, there is indeed a spiritual fine-tuning that is occurring, and not to cause you worry. You are skilled in allowing for Father to express Himself through you, yes; and yet there are times when old walls of self-preservation return. Father is seeing to your needs and we are in understanding of your faith and trust. Does this help? (Ellen: Yes. Thank you.) Abraham: You are welcome.

RACHEL: Well, Father Abraham, I certainly accept Christ Michael's request. I promise to the doing of the spiritual realities to the best of my abilities. I promise to help all of those that I come in contact with that are downhearted. But other than that, my brain is on furlough.

ABRAHAM: Your inner feelings and commitments are known and it is so wonderful to meet with one who is filled with such dedication and courage to proceed with Michael's request. Yes. It is known that you are willing to be of service, and it is greatly appreciated. I must say, your service will indeed be required – both in this life and in the worlds to come, and I thank you. (Rachel: Thank you, Father Abraham.) Abraham: You are welcome.

ROLAND: One of the questions that the group developed while we were discussing last week's transmission was that in the transmission Michael says, "I do not, and have not, and never will, cry tears of pity for this world." Yet in our small minds, I sense that when Michael was on the Mount overlooking Jerusalem He spoke the words: "Oh ye of Jerusalem, had you only listened to me I would have gathered you under my wings as a hen gathers her chicks." That is paraphrased. Then He wept in that instance. It would seem that would be 'tears of pity' for our ancestors in

Jerusalem. And the other time was when He wept because His family did not come to see Him off on a trip, I believe it was. Both those instances are noted in the Urantia Book – the ones that I know of. In addition, there was once wherein I got a vision of Michael asking the Father if it is His will to allow Lucifer to choose to extinguish himself, or if there was another way. Then the Father responded to Him that it is His (Lucifer's) choice, and Jesus knew the choice was 'extinguishing,' and Michael wept in that situation as well. Give us your wisdom on how we clarify these apparent 'tears of pity' experiences where His tears are in contradiction. Or, is this error of the transmission. Can you help me with that?

ABRAHAM: Understood. On the Mount of Olives, Jesus, being overcome by profound sorrow and frustration, was brought to His emotional knees. In His human viewpoint, it appeared to Him that His Mission on Earth was too great for Him to achieve alone. And yet I would say His divine side understood that His mortal road was long and to be filled with great challenges. Jesus' tears were tears of sorrow, yes, but I would not attempt to say they were tears of feeling 'sorry for' or tears of hopelessness – 'tears of pity,' no. In Michael's message, He does not take on the attitude that many mortals hold to, that this world is hopeless and incapable of change. Michael's viewpoint is that since His sojourn on Urantia, the world has evolved beautifully, naturally, as it should have, and He is filled with joy. He views this world in a more 'light' than 'darkness' viewpoint. I could attempt to speak more on behalf of Michael, but I am not fully qualified. Time and time again in the life of Jesus He wept many times, as do many mortals. It is unknown to us the cause of why He wept when walking with Mary and Martha towards the tomb of Lazarus. Jesus knew full well that Lazarus would rise and yet, even the angels are puzzled as to why the Master wept; but we know these were not 'tears of pity.' Does this help?

ROLAND: Yes, it does. I am getting, then, that deep sorrow does not have to be piteous to the people who are apparently creating some of the sorrow; that is what it 'had' seemed to me. So what I am getting here is that in the sorrow, He wept for the object of that sorrow as opposed to pitying it. I understand the distinction now, yes. With our seeing the world with all its trials and tribulations, it is possibly an even greater experience for us to get through the challenges. So curing the individual is more important than curing the world; and in the curing of the individual, it cures the world. (Abraham: Yes, understood. I would ask – just one more question?)

ROLAND: Can I follow up on a healing question? In my mind, the Master said to us, said to the apostles of old: "These things you see me do, shall you do; and you shall do even greater things than these." I take it that He was referring to the things that He had done in the world. And in that retrospect – of what the Urantia Book gives us about the detail of His life, including everyone that He healed, and He even once healed scores of people in one fell swoop, according to their faith – in that retrospect He always said: "Your faith has made you whole." It seems to me like if we are modern day apostles we should have, or we would develop, the faith and the power that is dwelling within us to create wholeness in people who have faith. Do I err in my assumptions?

ABRAHAM: No. You are correct to a point. It is necessary to have such faith, yes, but also put effort forth toward the healing of the body, anxiety of mind, and

strain to the soul. These connections will eventually lead toward a wholeness that cannot be deteriorated by any forms of illness. It is wise to begin from the starting point of allowing Father to express Himself through you in your life and in the lives of others.

I would give you my peace and bid you farewell. Until next week, shalom.

Father Opens Doors To Our Greatest Lessons, Through Experience, Wherein We Allow Father Expression

Abraham, WOODS CROSS GROUP 09-23-1996

Back

I am ABRAHAM. I am happy you are with me this evening. It is always exciting and joyful to meet with you. It is not so important the number in attendance; what matters most is how you use these spiritual lessons. It is a blessing to know and work with each of you.

Do you find it simple to step aside and allow for Father to express Himself through you? Do you find it may be a bit of a struggle to release your desired outcome, to allow for Father to perform His work through you? It is perhaps like exercising - you must first desire to be spirit led, which leads to spirit vision, which upstages you a level to spiritual liberty, allowing you to be your true self.

This exercise of spirit and mind will certainly succeed in this adventure in the flesh should you make it a regular practice. I say this not to be critical of yourself, no, it is only a matter of exercising your newly attained spiritual muscles rather than revert to old patterns.

Stepping aside to allow Father's expression to flow through you takes some practice, yes. You see times when the spirit appears to be with you and you are moving through daily toil rather efficiently, then there appear to be times of resistance and struggle. I say, the spirit is always present with you; you are learning what may perchance block any light of truth, and then how to navigate through to more clarity and how to even avoid stumbling blocks.

Yes, times of anxiety may appear to hamper your efforts to move aside and allow for Father to work. Moments of despair can also work against you in finding what Father needs for you to know. Anger practically severs the presence of the spirit altogether. Fear is still yet another poison to that unique being that is truly you. And last, envy; envy is so strong at times it would appear that it could make one regress spiritually.

I say, all of these stumbling blocks are detrimental in allowing Adjuster expression. It is inevitable and valuable that you will gain knowledge regarding these spirit poisons; but I say, as you move toward your divine selves you'll learn just as the Master learned - there are choices to be made; there are priorities to reach. The Master's choice was always Adjuster expression. His choice was always Father's will. His choice was to view this mortal life with His Father's eyes.

I say, you are not lowly animals incapable of growth, no. You are beings - human and divine - on an eternal quest for spiritual meanings and values. Do you see? You are

not slave to your emotions. You are not slave to even your minds. You are not bound to your patterns. You most certainly have choices, yes; and if it is your true desire to live in and of the spirit, then it is so.

As you begin to truly walk with the knowledge that you are a child of God, you begin a long journey down a long corridor with many doors. As you set out upon your journey you see these doors as your choices. There are many doors to open, yes; and yet, Father has already opened much of the doors that you need to go through. Your choices are to choose and pick your own doors, or to be led and live by the spirit and choose those doors Father has opened for you.

Anxiety, despair, anger, fear, envy – these are a part of the mortal experience, yes. You will experience them, but these poisons of the spirit will not control you. I say your desire to step aside and allow Father to work freely through you is to maintain control and balance over those spirit poisons.

You are intelligent beings wholly capable of living in and of the Spirit – the First Source and Center. Do you understand your liberty within this lesson? the freedom to know God and be like Him? Allowing for Father to express Himself through you is to live as the Master lived, to serve as the Master served. The Master served in such a way that serving was not burdensome, no. Serving was always great joy – serving alongside His Father within, and being witness to Father's great power and wisdom.

My lessons are leading us toward the area of service – to use your spiritual tools without hesitation, without restraint. We, my friends, are moving into another level of our morontia education. The area of service will be your greatest task yet – to set aside personal wish fulfillment and self-aggrandizement, for the good of the whole and growth of the Supreme Being. Service is where you will receive your greatest lessons, human and divine. Service is the potentials of our lessons transformed into actuals.

This is not to cause anxiety. This is to say, in being yourselves, your service has already begun. In accepting your status of son- or daughtership with Father is upstepping you to know greater morontia realities. Service will be a testing at times, yes, but it will also at times feel triumphant. If the opportunity arises, I would ask you to discuss this with one another. And now I will accept questions.

CALVIN: Abraham, in your lesson you talked about the poisons of anxiety, despair, fear, and anger. All of those I get a pretty good picture of and how to identify them, but I could probably use a little more on the 'envy' one.

ABRAHAM: Understood. To envy, to desire what another has, whether it be material, spiritual or intellectual. Envy creates blinders so your vision is so narrow that you are unable to see and receive your own blessings. Envy takes your focus off the larger realities and places them upon a non-reliable foundation. Envy is to be overcome. Yes, to overcome those self-inadequacies that seemingly make you appear to be trapped. I say, this entrapment is not a reality for those who see with the eyes of our Father. Father's vision is not always padded for comfort. Father's vision is apparently harsh at times, yes, but nonetheless true. And to view through Father's eyes is to see things in a real light. Yes, envy will appear to be a non-reality to

those who utilize their spiritual vision. Is this helping, Calvin?

CALVIN: Yes. Either I don't have huge envy, or I've got those blinders so bad that I can't see that I do. I can't tell which. On another note: I have been reading Ken Carey's book, 'Return of the Bird Tribes,' which is from a native American viewpoint. Then, I ran onto this native American, Wayne, who for some reason strikes a deep chord. We have asked you in situations like this before – if you are aware of the person. I gave him a set of your lessons. (Abraham: I know of him, but do not work directly with him. Is there more to your question?)

CALVIN: Yes. In meeting situations like that one where it isn't just 'hello, I know you from way back,' but sensing a real deep importance in him. Is that using this spirit insight you talk of?

ABRAHAM: There are many reasons that there is such a deep recognition of another being. But I say, most of the time it is the Father Fragment within that draws your attention to where He may need to perhaps perform some task. In your will to be in Father's will, you are able to clearly discern messages from Him and be willing to allow Father to work through you. Does this help?

CALVIN: Yes, it does. I can see much clearer what you are saying about allowing the Father to work through me to express Himself. If we are all tense and tight, full of anxieties, it would be impossible to do that. But you are teaching us to relax and enjoy; to accept our place in this world, this universe, without having to feel perfect, but that we are on a long enjoyable road to perfection. It is so much easier then, to reflect the Father through us. (Abraham: Yes. In the lessons regarding service there will be ample time for learning how Father communicates with you.)

TECTRA: Abraham, can you expand on when you were speaking about the journey down this long corridor – all these doors and choices, and how Father has opened doors for us already?

ABRAHAM: Certainly. The lessons that one is required to learn to attain deeper morontial wisdom could be these metaphorical doors. At times the doors that Father has opened are not entirely attractive; they appear to contain much labor and effort needed to move through these doors. Many mortals spend much of their lives avoiding these seeming difficult doorways in favor of an easier access to eternal realities. I say, that it's acceptable to take these easy access doors; but I would also say that there will be quite substantially more doors to go through in the long run than if you were to move through these doors that Father has already opened. It may appear that these doors are more work, more effort on your part, and at times this can bring discomfort, possibly fear. These choices you make are shaping your path for tomorrow. It is a matter of desiring to align your will with that of the Fathers' will, and learning that spiritual meanings and values take effort. Our Father has built the corridor and lit the lamps of guidance and support, and He shall walk with you every step of the way.

RACHEL: Father Abraham, in speaking of this corridor and the doors – is that for us now as mortals here on earth? or is that extending on to the Mansion Worlds?

(Abraham: I refer to your life now in the flesh. The 'doors' being your decisions you make. Is there one more question?)

CALVIN: Does Father ever open doors for us that we shouldn't take just to see if we'd take them. Is that part of testing or are those just natural life doors opening?

ABRAHAM: I am certain that Father would not lead you astray for testing. That would be cruel. No! His path for you is cut, and Father gently guides you where you will progress most successfully.

I am overjoyed that you have allowed me to express my lesson this evening. You, my friends, are loved and care for. My peace to you each. Until next week, shalom.

Spiritual Map Viewed Through Experience | The More Experience, the Broader View of the Map

Abraham, WOODS CROSS GROUP 09-30-1996

Back

I am ABRAHAM. Greetings to you each. Thank you for meeting with me this evening. I always look forward to our group interaction. This week you may have had opportunity to serve or practice the technique of allowing Adjuster-expression. You may have had opportunity to watch Father minister to others through you.

Also, you may have learned a bit more about those doors that Father leads you to. I say this is all a part of the lesson format. Those who wish to learn these morontial techniques will do so with the allowance of Father to lead. I say, you are sure to meet with some resistance on your part, but if it is your desire to advance, then I say your greatest lessons lie in experience.

Your experiences shape you into a God-knowing individual. It is through mortal living that you learn about the true personality of our Father. Through experience, you gradually learn what our Father's personality attributes are – and, are not. Through your own use of the cosmic mind and universal circuits, you are able to envision your spiritual map laid out before you. Through your connection with the universe, you are better able to understand this map and travel this path with greater understanding. To travel with the assistance of your spiritual map, your experience is your technique of travel.

The more experience one has, the broader view is there of this spiritual map. Your experience is invaluable, yes, and there are not many shortcuts. Some can get by with shortcuts regarding experience, yes, but the morontial education is lessened. This is not bad, only delay. Those who drink enthusiastically from the cup of experience will indeed view and experience a much larger portion of the spiritual map that is laid out before them.

Do you see how spiritual vision is so valuable in this lesson? To view with your Father's eyes is to wade through the waters of adversity, challenged and confident, knowing your Father/Brother also did wade these waters. If you have chosen to be Spirit led, you use your spirit vision; you walk with liberty that allows your true self to be known; you have embraced the courage that stems from liberty. Yes, you

have chosen to move through those doors Father has already opened, and you find that experience within these doors are the directions to the Isle of Paradise- where our Universal Father resides, arms extended, in loving welcome to all.

Do you see how anxiety would detain you from taking full advantage of experience? How despair may suppress the enthusiasm of drinking from the cup of experience? How anger may create a damaging resentment towards experience that may perchance come to you? How fear may keep you from experience altogether - dimming your view of Father's map? How envy leaves you unfulfilled and unsatisfied with your own Father assistance, your own view of the map and the distortions thereof? Do you understand how these spirit poisons may set up blockades?

When traveling this map of experience, do you not understand - your experience is the very hand of Father's that guides you to Him? Do you understand that a great deal of your experience contains the greatest value through serving? Be not afraid to experience or serve, for these are necessary in morontial education and Paradise destination.

This week I would suggest that you note those moments of spirit poisoning. Understand their origin, and what it takes to overcome them. What is your spiritual medicine? Is it perhaps in stillness? Perhaps in creativity? Possibly communication with your fellows? What is your spiritual medicine that eludes these poisons - and allows you to experience this mortal life and attain your divine map? Have you questions?

RACHEL: Well Father Abraham, in serving others does it matter if they are strangers, or friends, or loved ones, or relatives? Does it make much difference?

ABRAHAM: This is a good question. Many times are you each led to serve another; and yet, you may feel moments of hesitation because you do not want to impose upon or be more of a burden than an mere assistant. It matters not, family or friends or strangers. It is important that you listen to the spirit-within that asks you to help. The spirit within is wholly capable of relaying to you when it is your time to serve. Many will pick and choose whom to serve; and I say, if this is according to their inner guide then so be it. But I would refer you each to the Master who served all without hesitation, without self-concern. The Master served whoever was placed before Him; and His Spirit within you indeed holds the messages or instructions that the Master would minister with. Yes, good question. Another question?

RACHEL: I wanted to follow up a little bit. Also, a couple that has a family are constantly serving those children and each other as spouses in one way or another continually. I think that is all a part of it too.

ABRAHAM: Yes, correct. The good parent not only serves their child but also teaches that child to serve. The family unit is perhaps the best experience to gain wisdom of spiritual realities through service. Yes, good comment.

RACHEL: I have another one I would like to ask; I don't know if you can answer me or not: I've asked you before about you and your son, Isaac. I'd like to ask you, can you tell us what Isaac, your son, and Jacob, your grandson, and Joseph, your

great-grandson, are doing now? Are they serving on another planet as you are serving here?

ABRAHAM: I am happy to report that my loved ones who are not being educated are indeed serving. I enjoy fraternizing with them periodically, but as to their specific assignments, I am not allowed to speak of. Does this answer?

RACHEL: Yes, and I thank you kindly. I am glad you can fraternize with them once in a while. (Abraham: As am I, and thank you. Another question?)

CALVIN: Can sometimes staying in one place do more harm than good though. Sometimes I think there is a new door, but that might end up in leaving this place where I am, leaving someone. Should one only open a new door when it is not going to hurt someone else?

ABRAHAM: A very intriguing question. Without specifics it is complicated to answer, but I can say - those who are dedicated to the doing of Father's will, know the moment of when to move forward. Many things must be considered, and one in particular may be, "Is my move for selfish gain?" To understand the process of moving on, one must consider the well-being of the whole. Does this help? (Calvin: Yes, thank you.)

If there are no more questions, I would like to express my gratitude to you each and leave you with my love. Until next week, shalom.

Love And Accept Each Unique Soul And View Them With Your Spirit Vision

Abraham, WOODS CROSS GROUP 10-07-1996

Back

I am ABRAHAM. I would commend you on your efforts of willingness to be honest and forthright. I would say, your attitude toward one another is truly an openness to serve and be served. There is no room for embarrassment, ridicule, or downcasting, no; there is much love and understanding in abundance regarding your group interaction. This is what we have endeavored to teach. This is a fine example of our efforts to escort this world into Light and Life.

Your level of comfort with one another is high and we would desire to teach you to take this same comfort out into the world to others. One who is comfortable in their status of son- or daughtership with the First Source and Center is better able to feel at ease when ministering to various sorts of one's fellows. With one another, you are at ease to allow Father to express Himself through you; there is no pretense and no self-seeking glorification that may hamper our positive atmosphere.

You all know full well that all that is expected from one another here is love and acceptance for each unique soul that contributes to the group. The Teachers endeavor to assist you in taking these feelings of comfort for your group fellows into your daily mortal living. In this group, you are feeling as a family member.

We would remind our students that those individuals you would meet with daily are also your brothers and sisters. We would think it a positive step in your education

to view your fellows with your spiritual vision. Yes, take this comfort you feel here with one another into the world and free yourself up to allow Father to express Himself. Know that the news of the kingdom is good news, it is wonderful news; and to portray this to your fellows is of great benefit to the growth of the kingdom.

I am in understanding that many of you this week have experienced the 'spirit poisons' of which we previously discussed. I am sure of your understanding of the negative effects the spirit poisons can cause. We would ask you, did yesterday's gathering provide some medicinal value to your fellows who feel anxious because of your Teaching Mission involvement? Did your fellows not gather to view one and all as average working human beings at a moment of leisure? Yes. Are not mortals all clothed by the same flesh in which to provide food and shelter, love and security? Yes. [The group members had a picnic-style social at Nibley Park in South Salt Lake City.]

The gathering yesterday assisted far beyond your expectations and will provide support to the future of our Mission. Your human contacts this week were perhaps lessons on allowing Father-expression through you, and in this manner, you are to be educated in the area of service. It takes the use of spiritual vision to know whom you are serving and how best to serve. Just as you view one another within this group and are at ease to serve, this is the goal to serving one another outside this group.

It is my request that further group discussion is needed. Therefore, my lesson is shortened to provide you adequate time to assist and serve one another in your understanding of spirit poisons and Father-expression.

Would you have questions? [no questions.]

It is necessary, you see, for pondering and reflecting upon these spiritual realities I have spoken of. I would give you instruction this evening to reach for your own understanding and attempt to share this with one another. And, I ask, allow Father to be expressive through you. My love, as always, go with you. Until next week, shalom.

Back

In Spiritual Maturity One Loses Desire For Elitism. How Does Anxiety Affect Us
Abraham, WOODS CROSS GROUP 10-14-1996

Back

I am ABRAHAM. Greetings to you each. I am always happy to meet with you. I would mention, tonight's discussion was a prime example of Adjuster-expression. You have discussed your innermost heartfelt topics without need for recognition or self-glorification. You have had your discussion with one goal at the forefront of your thinking. That goal is, "Father's will be done."

You have each desired to learn all that you can, and this is the simple basis for allowing Father to express Himself. None desired to appear mentally or spiritually superior. None desired to pass up their fellows. All were in agreement that to fulfill a hidden agenda would endanger any Father-expression - and that, my friends,

you have indeed outgrown. You are perhaps coming upon spiritual maturity.

In becoming more mature in spirit, there is the loss of desire for elitism; there is no longer any desire to appear as a chosen people. In your spiritual maturity, you have unified your minds to one everlasting truth – that Father's will reigns supreme. In your willingness to relinquish self-aggrandizement, Father is now closer than before; He is appearing to be more in alignment with your own thinking. You are appearing to be more accepting of Father's decisions; and I say, the results truly bring about a beauty that is rarely, up until this time, witnessed on Urantia.

You my friends, may appear at odds in your thinking; and yet you are quite willing to allow Father to speak His truths through you. There is nothing to lose. There is no discomfort of judgment or ridicule among you. There is a genuine love and respect and friendship – which always does outweigh any topic you may find yourselves at odds on. Your spiritual maturity brings you to a level which is the level in which we send our students forth to serve.

Do you see, your spiritual maturity has brought you to align your will with Father's; it has brought you to move ahead, but not alone. You have endeavored to include your fellows in this Mission of spiritual upliftment. In your spiritual maturity, you have only to gain insight – spiritual information; and now you realize the most efficient process to go about in gaining your spiritual information is to stand aside and allow Father to speak.

You know not of the many Adjusters that were in service this evening. This is truly beautiful, and I am grateful to be included. Spiritual maturity is not spiritual superiority, no. Spiritual maturity is not to say, "I am mature while my brothers remain ignorant," no. Spiritual maturity is to recognize your cosmic responsibility and make your decisions therefrom.

This week I would ask you to note the various times when Father may appear to be speaking through you. What did you do to step aside and allow Father His expression? What steps do you take to align your will with Father's? Are those steps still needed to arrive at aligning your will with Father's? or is it always existent? Is Adjuster-expression always available? What spirit poisons would you note that would hinder your efforts to your cosmic responsibility, and what is your medicine to overcome these poisons? Have you questions?

RACHEL: Well, Father Abraham, what are, in your opinion, the best steps we could take in order to align ourselves with Father's will?

ABRAHAM: It has been my experience to witness mortals not taking enough time to ponder upon this topic. Inner wish-fulfillments are usually the driving factor to accomplish daily tasks. It really must take a certain amount of time to ponder and reflect certain questions and attitude adjustments, such as: Do I have real and abiding faith in my Father to trust and allow Him to care for me? Do I trust in Father's supreme power to rule His own kingdom? Do I trust in Father's ability to care for each individual as well as the whole? And lastly, if I can't say yes to all three questions then I would ask myself this question: Do I have the ability to care for myself and the world as a whole as would a supreme being? 'Supreme being,'

meaning the Universal God, not the God of time. It is wise to trust in yourself, yes, but not to go so far as to make decisions and do Father's work for Him. Do you see, many beings have a starting point and work up therefrom? Father is never-beginning and never-ending. He is always all-powerful, all-knowing and matchless in wisdom and love. I would emphasize – a short amount of time in stillness would be very beneficial to aligning your will with Father's. I would express my faith in this method and say, yes, this is very beneficial. Does this help? (Rachel: It certainly does. It was beautiful and I thank you.) Abraham: You are welcome. Another question?

CALVIN: Anxiety is a word I didn't quite catch I guess because I feel saturated with it. Being one of those blockers of spiritual understanding, can you give us better insight on what our anxieties might be? How anxiety is displayed in our daily lives?

ABRAHAM: Anxiety, my definition, is mental torment which one feels there is little control over; to be overly concerned about one thing or another to the point of physical distress. Anxiety is not highly recognized as a physical enemy; but I can say, many of the world's ailments have stemmed from anxiety and worry over the desire to have control. In the days of old, perhaps before civilization, anxiety was not great because knowledge was not so present. There was little to be concerned over and safety was dealt with when the time called for action to be taken. In today's more knowledgeable society there is (seemingly) endless number of topics to worry over – images to put forth, homes to be upgraded, and levels of living to portray to this world that, 'I am acceptable because I maintain a certain image.' There are always small anxieties to be burdened upon the mind, and it really is your part as a mortal to believe that you can control the level of intake of worry, yes, but possibly not so much the circumstances that brought on the anxiety. Your willingness to align your will with Father's, and allow Him expression, is certainly a good medicine for overcoming anxiety. Does this help?

CALVIN: Yes. It helps very much. I view that word 'anxiety' as being overly anxious – like opposite of relax. So yes, I do want to enjoy, and to be aware of being too anxious, too busy. Yes, I can relate to what you're saying.

ABRAHAM: Yes, understood. I am grateful for my position here and my morontial training. I am anxiety-free, as one day you also will be. I would express to you my appreciation for allowing me to be a part of your education, and your determination is indeed admired. My love goes with you. Until next week, shalom.

It Is As Important to Accept Service As to Perform Service

Abraham, WOODS CROSS GROUP 10-21-1996

Back

I am ABRAHAM. Happy am I to meet with you this evening. It is my supreme pleasure to know you each and share your experiences in mortal living. It would appear to me that you are learning from where to receive your spiritual medicine. You are indeed learning the source firsthand how to overcome the illusory power of the spirit poisons. You have taken steps further toward your spiritual maturity and progress.

These steps were not on an easy path, no. There was much study, experiencing, falling, and progressing. Yes, there will always be some stumbling, but I say, your

dedication to your eternal career will always assist you in getting back on course. We know the importance of allowing Father His expression to serve His great many children. Also do we know how the spirit poisons block Father from expressing Himself, reducing the success of any service.

In our teachings on service, we must always ask our students:

1. Are you able to be served as you are able to serve?
2. Do you allow divine blessings that may perchance come to you?
3. Are you fully aware of accepting those blessings as you are aware of your desire to be a blessing to others?
4. Do you find that certain blessings that may come your way are perhaps just good fortune, perhaps luck?
5. Do you find gratitude in this?

We have found it is as important to accept service as it is to perform service. It is popular in certain cultures that martyrdom is altogether selfless and holy, and these individuals accept not any blessing that may chance to counteract their understanding of holiness. I would say, this is outdated and certainly misunderstood. Father does not ask you to sacrifice anything for your son- or daughtership with Him.

It is known that there are lessons of wisdom and love to be gained from adversity, but I would say to you this evening, this is not necessary – to feel you must be burdened by adversity to receive good marks from Father. No, it is not always necessary to overlook the divine goodness for what you feel you should deserve. It is not necessary that you are your own supreme bookkeeper. Mortal life is not about service in suffering, overcoming adversities to appear victorious, no. The spiritual life is adversity, yes, but also is it filled with divine goodness and indescribable joy that is yours – free for the taking.

Those dedicated to the spiritual life make great attempts at keeping focused on the eternal goal. The eternal goal is not always accomplished by self-denial suffering, no. In the path of those who are spiritually focused, there is need to attempt to accept their Father's joy just as the Master Himself had done. The Master, being the best that man can be, continually looked for His Father's great abundance of joy and wisdom.

The Master had spent much time alone in silent communion with Father, enabling Him to know more of the Father's perfect joy. The Master, in such excellent communion with His Father, had achieved much through inner-knowing. He experienced, yes, but I say, His communion with Father enabled Him to know so much more. How else could one accomplish all His human requirements before age thirty!

Yes, the Master found it not only necessary to accept Father's hard lessons, but also His divine blessings. Jesus knew He was loved and loved well. He was wholly worthy of Father's blessings, not because He was a potential Sovereign ruler of a universe, no, but because He was a son of the Father of all father's.

The more communion the Master had partaken of, the more He understood His divine Father. Adversities or blessings, there was no difference to the Master; they were one in the same, all coming from a Source that loved and believed in Him. The Master

had learned to recognize Father's love in return. He had learned to recognize those gifts which Father had put before Him – be they joy-filled or fraught with difficulty.

Yes, Jesus was accepting of His Father's supreme knowledge. I would say, the number of one's difficulties does not put them progressively higher in Father's spiritual kingdom, no – it is what one learns from those difficulties that does propel him closer to Paradise. I would say, when trudging through the dirt and mud of everyday living, forget not to look up into the blue sky and feel the sun upon your face. Mortal living is not to be 'endured;' it is to be 'celebrated.' Have you questions?

RACHEL: Well, I am ready to celebrate if everybody else is.

CALVIN: It is quite hard to feel like celebrating in the middle of those drudgeries of daily responsibilities. I guess that is where our growth is coming from here? I know when I get in the middle of a big muddy day it is easy to forget the celebration-feelings for that day, but at least I know that there will be one tomorrow. I think my understanding of this is better than what it used to be – I used to feel like there was no hope; I felt stuck to a life of burden, thinking that's what I deserved because of my mistakes and weaknesses. I now know that the dust is going to settle and it will be a better day tomorrow. My question: Are you saying that during the frustration times we can have joy even in today? I don't see how that is possible.

ABRAHAM: That is somewhat correct, but I would say my lesson tonight is primarily about receiving and accepting blessings 'through joy' as opposed to 'through adversity.' It is possible to receive understanding through your willingness to step aside and allow Father to work. And I say, this is not always through a difficult means, no, for I would also say that many spiritual lessons also appear in the midst of joy and your allowance to be loved and served by Father – personally and through your fellows. Jesus, at the last supper, chose to demonstrate to His apostles that even He, a man and a God, would kneel to wash His brethren's feet. He demonstrated that all who would be served in the kingdom must also serve. He demonstrated to each of His fellows that His humble act was proof that His love for them went beyond mere words. His actions spoke volumes. One and all knew of His divinity – and yet, they each humbly allowed the Master to wash their feet, even the feet of the one who would betray Him. Do you see how the Master would stop at nothing to serve? Jesus genuinely loved His fellows and proved it every day. I am saying this evening, that Michael still desires to serve you, as does also the Father. You, His children of light, are wholly deserving of the divine blessings. It would be of great benefit if you could recognize these blessings and be in humble gratitude. Without allowing the Father to bestow upon you His spiritual gifts and divine joy, you are only reaping half of your spiritual harvest. To be accepting of Father's divine gifts you are beginning to understand His heavenly attributes; you are beginning to recognize His divine love. Father's divine love is an unstoppable energy that rules the universes. Do you see, I endeavor to teach you a balanced spiritual curriculum. Mortal living is adversity, yes; blessings, yes; but one who is dedicated to the doing of the divine will is perceiving all this to be good. Is this helping?

CALVIN: Yes, it is. I had always looked at the story of Jesus' washing the apostle's

feet as Jesus teaching them, 'Hey, you are no better than anyone else, and therefore should you wash the feet of your fellows.' But what I hear you saying also is to allow ourselves to 'be served,' equally as much as in allowing ourselves the enjoyments from the benefits of serving. (Abraham: Yes, exactly.)

RACHEL: Last week, Father Abraham, you told us to ask: Do I have the ability to care for myself and the world as a whole as would a Supreme being? My land, I don't know what mortal on this Earth could ever answer yes to that or have the gall to answer yes to that. I think you were putting us on right there.

ABRAHAM: Understood. I also know not of anyone who would be qualified to power the universes with divine love. I agree with you. Another question?

CALVIN: Abraham, a quick question about my daughter, Lindsey. You must be aware of the situation. Both Kamille and I think we have come to a standstill, a roadblock. I don't know what else to do. I know I should learn to be more patient, understanding and loving - less angered and etc., but there has got to be some other way for help for this child who is perceiving herself miserable, and who just hates life. Any suggestions that you would have?

ABRAHAM: I am aware she has a powerful hatred towards herself, but the source of this cause is only known by her. I would assure the child that you are willing to bear with whatever may befall her and you, and attempt to retrieve the source of her self-hatred through communication and assurance that you would not abandon her. There is something that troubles her from the past and this is as a thorn in her side, and she seeks relief. I am also happy to assist with this. I would ask Amelia to fear not for she is a daughter of the living God and has all the answers at hand. Reassure her of your dedication; and it is permissible for us, Amelia and I, to meet.

Are there more questions? [none.] If there are no more questions, I would recommend that this week to watch for Father to serve you and how it affects your service to others. My love goes with you. Until next week, shalom.

In Service We Display Fruits of The Spirit. Utilizing These Fruits, We Reap The Harvest Therefrom

Abraham, WOODS CROSS GROUP 10-28-1996

Back

I am ABRAHAM. I would welcome you each and express my appreciation for your willingness to help in this Mission. I have always found that serving in Michael's Mission is not looked upon as work as you would define work. I find that service is my great privilege because Father has trusted me to do His bidding, and in this I find multi-levels of joy. So service for me is like setting forth on an adventure; and to be involved in this Mission has to be my greatest adventure yet.

I have experienced much growth, much camaraderie and unity - with mortals and non-mortals alike. I would dare say, to serve on this Mission has been my greatest experience in spiritual education. My time being taught about service cannot compare to the actual doing. This, my friends, will be a similar experience for you. I could speak for hours about service, but your real education lies in your experience.

We have discussed steps to take toward aligning your will with Father's. We know that in all your decisions it is quite wise to take a moment of stillness to commune with Father. We have discussed the importance of stepping aside to allow Father to express Himself through His children while being watchful of those spirit poisons that may hamper any spiritual progress.

Last week we discussed Father's divine blessings in accepting His service and also, accepting the service of your fellows. We have learned that to accept service is to aid others in their spiritual progress; and, to find Father's significant meaning in daily living. I say, you have also learned to care and minister to one another. Without the burden of self-glory-seeking or pretense, it becomes quite easy to allow assistance from the many Father Fragments.

I must say, you do quite well in your efforts to become God-like. There is no meter or scale wherewith to measure your spiritual growth. However, there is always the fruits of the spirit to inform you of just how much you have learned. To use these spiritual fruits is a good indicator of how far you have come. To be in a God-like mind-frame – to show kindness, patience, forgiveness, forbearance, tolerance, love, and generosity – is to live as the Master lived, with the use of Father's ideals in a material world where practicality is necessary to survive.

You are each knowing of the fruits of the spirit and you desire to use them in your daily living, yes, but at times you find it difficult to do; at times it may appear that it is easier to be driven by the spirit poisons than to be led by the fruits of the spirit.

It is literally a universal law that you reap the harvest of the seeds you sow. To be driven by the spirit poisons is to reap the harvest of them. To sow the seeds of the fruits of the spirit is to likewise reap the harvest therefrom. You will find that this is certainly true regardless of my words to you. In your own experience, you will find that your spiritual harvest is becoming more of a reality every day.

Our Mission is at a faster pace and you will begin to see your spiritual crops come into fruition much more accelerated than before. Michael has set the course; He is wholeheartedly dedicated to the upliftment of this planet. It is urgent that our plan move forward without hesitation, perhaps without obstacles that may impede our efforts.

This Mission is definitely not games – but a great honor and privilege to serve with One who is so concerned and love-filled for this world. This Mission is not about endless toiling through barren fields, no. This Mission is about that anticipation that underlies every unexplored territory through lands full of scenic wonder. To serve and be served is not to be viewed as the enduring of hard labor, no, but to witness and realize the trust that Father has in His universe children to carry on His legacy.

This week I would ask that you study the subject of the fruits of the spirit. Is it possible to be led by them? or is the spirit poisons more of a driving force. Have you questions?

RACHEL: Yes. Father Abraham, last week I heard that Pope John Paul said that it is entirely possible that the human beings arrived here on this Earth through evolution. He said that is not against the Christian belief or religion because God bestowed the soul upon all mankind. My question is: In your service, with you and your associates, have you been working with Pope John Paul?

ABRAHAM: It is my knowledge that Michael's Spirit of Truth has been moving through the large religious institutions to help purify religious intentions. It is my knowledge that many years of man's wish-fulfillment has distorted much of the message left by Christ. It is most likely that upon the more full reception and acceptance of the Spirit of Truth's purifying mission among the churches, is when a great many Teachers will join in and help to reconstruct the churches of the world to serve the people in a more God-like manner. Does this help? (Rachel: Yes, it does. I just wish we could get the authorities of the LDS church to admit that. That would help a whole lot.)

ABRAHAM: It is entirely possible, yes, with the Mission taking an accelerated turn towards Light and Life. Another question?

TECTRA: That is kind of what my question is Abraham. Why is this acceleration happening?

ABRAHAM: We have found that with the deterioration of meanings and values in the hearts of human-kind, also comes the deterioration of care for the environment of the planet. We find it is necessary for the health of the planet to upstep our Mission. Every day, humankind is turning their hearts toward Father, but this is a long process. And with the re-encircuitment of the planet, it is entirely possible for mortals to receive a much greater amount of spiritual light than before. We find that as we assist in the upliftment of humankind, that this does assist the planet in its natural healing. Is this explaining? (Tectra: Very well. Thank you.) Abraham: You're welcome. Another question?

CALVIN: Abraham, how much participation in this Correcting Time Teaching Mission is expected from your students, and the students in this Mission? Are you counting wholly on us to be there when some upstepping is needed? or is it a combination of enlightenment from your side, with us helping where we can by what we can do?

ABRAHAM: We do depend a great deal on those mortals that will listen and desire to be included. The mortals assisting do wonderful work on a small scale. It is known that several legions of seraphim, midwayers, Melchizedeks, Teachers, Mother and Her mind-spirits, Michael and His Spirit of Truth – are certainly in full force; and there is no stopping our Mission now. But as I have said, service is a great privilege and can bring you to multi-levels of joy and worship. And I say, the act of service is not difficult, not to be a burden, no. It is good to be able to measure this by your utilization of the fruits of the spirit.

I am slipping. It is always my great privilege and pleasure to work with you each. I would express my gratitude and leave you with my love. Shalom.

What is My Dedication To A Life In The Spirit

Abraham, WOODS CROSS, UTAH

11-04-1996

Back

I am ABRAHAM. Welcome to you, my friends. It is always good to meet with you. I do assist you throughout the week on the lessons that we are focused on, but my ministry is limited to just that. Your spiritual growth is directed by your inner Father Fragment. My part is to provide certain educational topics, and it is your decision to heed to your inner Father's instructions and take what light you are able to.

I receive no obvious credits or rewards for my mission here on Urantia. No, I do not receive any specific recognition either – nor do I feel the need for it. I work not to receive spiritual promotions. I endeavor not to impose my own specific views on universal meanings and values.

Do you see, I must remain open to the Father's will. I am trusting in His power and greatness to serve through me. I have naught to gain from this, nor do I crave any such recognition any longer. I feel completely a part of the kingdom of God. I rest in comfort knowing Father is in His watchtower; His view is broader than my own and I am able to wait for His signals and directions. It takes naught from me to set aside my personal desires to allow Father His expression.

I am happy to assist you in understanding your connection within the kingdom – and the knowledge that therein, all creatures are equally welcome. Jesus said: "There is no place of preferment at my table." Do you see, there is nothing to gain; there is nothing to lose; there is nothing to fear or be anxiety-ridden over. If all peoples are in understanding of this concept, it makes our Mission sail more smoothly and at a faster pace.

I am understanding that your concept of your connection within the kingdom is coming along quite acceptably. Do you see, to choose Father's will you are choosing to be led by His Spirit and produce the fruits therefrom. To understand there is nothing to gain or lose, relieves you of any competitive pressure. To know that all are loved and equal within the family of God is to be empowered to set aside selfish wish-fulfillment and to allow Father to lead.

One who is trusting in their Father is at ease to reach for His hand. It is easy for a child to be led by a knowing parent, providing the trust is present. I am saying, it is easy for a frightened child to reach up for Father's hand; it is a little different, however – when a child insists on going about in playful unconcern, to look for Father's hand for guidance. I say, it is always acceptable to reach for your Father. This does not take from you, from your personality, from your identity, no. This widens your pathway to your eternal Paradise destination.

We have spoken of stepping aside allowing Father His expression and trusting your equality within His kingdom. We have also spoken of trusting in Father's all-knowingness, allowing yourself to be led and producing the fruits thereof. In the lessons on service, it is always studied in depth – the 'fruits of the Spirit.' With each experience, being led by the spirit becomes more natural – meaning you are taking less conscious thought of your cosmic responsibilities because your natural benefits from being led become more apparent.

With service, you will learn more about the fruits of the Spirit than perhaps with any other subject. To be led by the spirit and produce the spirit fruits is indeed a step in the direction of the brotherhood of man. Service leads us to strengthen the bond between all humankind. Father's goodness leads us to serve. Service strengthens our bond within the brotherhood of man.

ELLANOR (the group TR): Hey, what about the 'sisterhood.' (Abraham: You know very well my meaning. Are there questions?)

RACHEL: Father Abraham, I think everyone here would agree with me that those of us who have been receiving your lessons – we feel like we know you; and do bestow upon you all of our love, our gratitude, our affection, and thankfulness. We do thank Father, for you.

ABRAHAM: This is known and very much appreciated. I also return my gratitude for your love felt towards me and your dedication to your position within this family. Another question?

CALVIN: Teacher Abraham, I am trying to assimilate what you have just taught us. I think you are teaching that we simply mellow out; to follow the will of the Father and not worry if we are doing this or that 'right,' but to just relax and know that Father's will may take us here, or it may take us there. We really don't know where our Father's will is taking us other than to grow and be peaceful inside? Or, should we 'consciously' have Father 'Adjuster' communication that prepares us to go here or go there, to do this or do that?

ABRAHAM: Yes, absolutely is there always Father's communication. It is also understood, there is always a sense of mistrust when your origin comes from a planet that has somewhat stumbled through evolution, yes. There is somewhat a tendency to assume control over human duties, for there is that natural thought pattern within your human mind to do so. Yes, it takes effort to maintain faith and trust. Your world is beginning to overcome this thought pattern of mistrust that has plagued your isolated planet. Mortals once again will begin to naturally feel their cosmic connection and begin to know more than what their intellect tells them. Vision through the eyes of the spirit will become more dominant, and hesitation pertaining to your duties as a mortal will begin to cease. Is this helping? (Calvin: Yes. It will help more when I read it back. Thank you.)

RACHEL: Well Father Abraham, it seems to me that in our daily lives, one thing that most all mortals are looking for is 'recognition,' whether it is in the workforce and trying to receive promotions, or whether it is in religion – trying to receive promotions within organized religion. It sounds to me, from what you have said, that you, in your progression, have overcome all this as far as a need for recognition is concerned.

ABRAHAM: You are correct, but I must say, I did not arrive at this without much effort and education. It was a long journey from seeking self-recognition, to giving due recognition to our Father. You are correct in your perception that many seek worldly recognition from their peers, when all the while they are oblivious to the

one whose recognition stands above all else. Those who recognize the Father within daily living are given in return, Father's recognition; and many find this fulfilling and need not look elsewhere. Those who can allow Father His expression are learning to realize where all goodness stems; and this feeling is truly felt beyond mindal – it is a knowing within the soul. It will be apparent one day that Father's recognition is like giving an ocean to a man who only desired a cupful of water. The scramble for self-recognition will lessen, and Father-expression will begin to create great changes. Does this help? (Rachel: It certainly does. It was beautiful and I will tell you right now, you have my recognition about that topic.)

ABRAHAM: It is within you each to feel the Father's love and recognition within your very souls. Yes, a good question. Is there another question?

CALVIN: What advice would you have for me for Randy at my workplace? He is asking me to see what you have for him. I guess he is receiving information from the spirit sources quite often and it is beautiful to see him perk up over this. Is this kind of what you meant when you said 'people of the world would be able to see?' and that vision 'through the eyes of the Spirit' would become more dominant? And, that the Randy's of the world – not even expecting anything, just being a good person – would see more of the Spirit-doing of things. Do you have any advice on how I should work with Randy?

ABRAHAM: That is one way to look at it. There will be many who receive from various Teachers, yes, and also from Thought Adjuster contact. But if there are not serious roots deep within the soil of faith, and fruits produced therefrom, then these are just words. If there is significant change and growth towards the positive, then I would encourage Randy to proceed. It is wise to dispel his mystical-thinking – that this is not just a new phenomenon. This method of communication has been around for quite some time; although I must say, it has been improved with the recent opening of the System circuits. I find that Randy is a seeker of truth, and in his way that best suits a somewhat rebellious attitude, he is acquiring accurate information. 'Rebellious' – meaning, to 'go against the grain,' and 'march to the beat of a different drum.' It is a wonderful friendship you have. And you are, yourself, quite capable at this method of communication wherein you are able to assist Randy and counsel him.

With that, I shall take my leave, suggesting that you continue your study on 'the fruits of the Spirit' and answer this question: What is your position within the kingdom? What have you to gain or lose by your dedication to a life in the spirit? Until next week, shalom.

Father is Everything. We Can Understand His Attributes

Abraham, WOODS CROSS GROUP 11-11-1996

Back

I am ABRAHAM. Welcome to you each this evening. It is my great pleasure to be here with you. I am aware of your experiences concerning spirit fruits, and your discussion this evening helps in your understanding of them.

Last week we discussed your positions within Father's kingdom and your gains or losses thereof. I spoke to you about how my experiences in serving won me no obvious

credits or rewards. By that I meant, I receive no special privileges, no plaques declaring my credits in serving, no particular recognition from my fellows or co-workers.

My desire for such a display of recognition is diminished for I have discovered our Father's love and recognition. Upon knowing this heavenly attribute, I can settle for no less. All other recognition is pointless, as you will discover in serving – that you serve to be near our Father, to do Father's bidding, not for any particular recognition.

Trust in our Father means to be put in the areas of service that Father may need your assistance. To be trusted by our Universal Father fills us with such joy that there are no words for it. To know that Father has placed you in His stead is to feel a universal connection, to feel unity with all your universal brothers and sisters, to feel a connection with the Supreme Being and your part in contributing to the history of the Universe. This is not special recognition; this is not rising above your fellows – this is to know God and be like Him.

To understand our Universal Fathers' attributes, is to have everything. To know God, is everything. Do you see – the want for any other recognition becomes obsolete! To know our Father's personality, His values, His understanding, is everything. To understand His love for us, is all there is. To be competitive for that love is not a reality, no, it is perhaps the erroneous thinking of humankind down through history within organized religion.

We are learning to serve and be served. We have found our spiritual liberty to move forth with this Mission. We have gained the courage to move aside and allow Father His expression. We are learning to overcome the spirit poisons through our efforts to connect with our Inner God and produce the fruits of the Spirit. In learning to serve your fellows we are endeavoring to teach you to accept service – and in this, you are learning to overcome the animal self and step towards your divine self. In learning to serve, you are learning to master the animal self with the higher divine mind.

It appears that evolution moves slowly, yes. Some may feel God has forgotten them, that this world hangs in space, alone, without any concern for it. We have learned that evolution may indeed be slow to the finite mind, but as you progress, you are trusting that Father's time is perfect. Father is matchless in His wisdom and concern for the whole.

We are moving into an era that speeds up our efforts to communicate to the world's inhabitants that no, you are not isolated and alone, without watchcare. Some time ago Michael requested that you assist Him in bringing this good news to your fellows – and what better way to share this good news than through service? Father's timing is perfect, and to lose trust in Him would create stumbling through evolution, as past history has proven.

This evening I wish not to focus so much on service and self-mastery so we can take a moment to recognize an intricate part of our education in learning Father's attributes, and to recognize His presence. In a moment of a grateful heart, we can

allow some time for worship. If I may say a few words:

To you, our Father of all fathers, may we take this moment to show our gratitude, for without you there is nothing. We recognize that your presence is all that is that we need to know. We have your love and recognition, and we live, breathe, move, and have our being, therein. We, as your students, wish to recognize your matchless wisdom and awesome power to rule your universes as you see fit. We declare to you our dedication to our eternal search for you. We would ask you, Father, to help us all recognize your presence, both within and without our beings. We would express to you our understanding of our place within your Kingdom. We know we are equal in your attention and love. Competition is useless. Recognition is also useless. We endeavor to know you, Father, and to understand your personality attributes and universal meanings and values. We pledge to you our unending love and dedication. Amen.

My students, I would ask that this week you study worship and how it affects your relationship with Father. How does worship assist you in understanding your Father's attributes? Do you find Father's attributes to be what we call 'fruits of the Spirit?' Have you questions?

RACHEL: Father Abraham, this evening we have a new guest with us. Her name is Deborah. I would like to introduce her to you and also ask her if she has a question.

DEBORAH: I am very glad to be here. I feel like I have been guided here. I have had a lot of happenings of late that I am very grateful for. When you speak of the gratitude of the heart my heart is really full, for I feel like I have been getting answers to questions. I have one question that I'll just ask: This summer my husband was hurt in an accident and was very close to death. I got a lot of help from everyone and I felt a really strong guidance through that process. I have been feeling insecure in asking to name what that guidance was. I was wondering if you could help me with that?

ABRAHAM: Certainly. I would take a moment to welcome you and confirm your feelings of being guided. I am aware that your experience with your husband was indeed a turning point in your relationship with the Spirit. I know that you have always been somewhat Spirit led, yes, but this experience has moved you towards knowing, towards understanding, towards self-trust – meaning to trust in yourself to receive Father's guidance and directions, and to take action from that. Through your experience, your insecurities about receiving Spirit guidance was weakened and your trust in Father, and your understanding of His trust in you, regenerated a new spiritual energy that you could act from. I am aware that to be Spirit led, by no means, is without hardships. To be Spirit led is not a life of ease; there is constant learning for those who demand it. You have reached up for Father, and He is reaching back. Your lessons, even though you may view as confusing or faith-robbing, is indeed your Father looking to reestablish your position within His kingdom, a place at His table, yes. I have no doubt that you are receiving spiritual information. This source, I can confirm, is mostly your Father Fragment, but I would also confirm Teacher-involvement; and, as always, assistance from the seraphic daughters – the angels. Is there a more specific question you have in mind? (Deborah: Not at this time, and I thank you.)

TRUDY'S SON: How can we prevent the ozone layer from disappearing?

ABRAHAM: It is my understanding that the youth of today carry the questions of adults. It is always touching to be witness to children who are concerned for the watchcare of the environment. It is also my information that it is the youth of today that will carry with them the answer to your particular question into the future. It is all a matter of consciousness and education. Mortals are very aware of what damages the ozone layer – and yet, still continue to go about unconcerned for future generations. I would say to you, the Earth does indeed heal itself if it is allowed. For example, the Earth can produce certain healing chemicals that replace the Earth's ozone layers, such as with its volcano eruptions. I would say to you that you are already assisting this problem with your consciousness of it. Well done.

I am grateful to our Father for allowing me this opportunity. I leave with you my love. Until next week, shalom.

Worship Brings About Renewal Within Soul And Mind

Abraham, WOODS CROSS GROUP 11-18-1996

Back

I am ABRAHAM. My greetings to you here this evening. I wish to express my gratitude for your trust and dedication to our cause. As I watch and listen to you, my friends and fellow co-workers, my heart is full. It is now so apparent that you are allowing Father to express and serve you, His children.

In your willingness to step aside and allow Father His expression, I also learn; I also am served – and for that, I am made glad. You each are discovering that spirituality is not out of reach, not wishful hoping, not game playing, no. Spirituality is becoming as necessary as food is to fuel the body. Spirituality is to rekindle that flame within the Spirit.

Some years ago, my fellow co-workers on the Teaching Staff set out to begin our Mission to bring the Correcting Time to mortal consciousness. Time after time we met with difficulties and witnessed such un-spirituality that we found it hard to keep filled with that light of hope. We perhaps viewed our positions here within this Teaching Staff as a sponge attempting to wipe up the ocean. After many discussions with Michael, He had us convinced that Father is deeply in love with this world's inhabitants and is not about to forsake any one of them. Michael had poured out His courage upon us and we have endeavored to go forth, endeavored to carry on.

My fellow Teachers and I have seen great change within many areas of mortal living here on Urantia. We have seen improvement in the rearing of children, improvement of marital relationships, improvement in financial justice and equality. We have observed greater concern on the part of mortals for the planet's environment and the watchcare over all forms of life. We have witnessed intelligent and loving acts of kindness.

We are so blessed to witness our students look to us for Mission instructions; and I can say with this fullness within my heart – thank you, to our Universal Father; in

loving gratitude I am filled with your love. Yes, I am so blessed to be of service to Father, to witness His great works, to view firsthand, truth and goodness in action. It is almost without words that I can be this full of the Father's joy.

I am re-experiencing such a reconnection with the spirit. My feelings of rejoicing make me to believe I have been renewed, mind and soul. I am trusting that my students also feel this renewal from time to time; to take a moment to comprehend our Father's awesome works; to be witness to truth, beauty, and goodness in action; to feel the breath of God breathe through you; to hear with the ears of God; and to look into your own eyes and view your Father looking back at you. I say, this is absolutely possible from your mortal standpoint – it is your cosmic right as a universe citizen.

To serve selfishly takes much energy from the spirit, from your spirit, from your soul. To daily recognize your Father's hand in your life, brings about a renewal within your soul and mind. Your recognition of His loving attributes is to know God and desire to be like Him – to acquire His loving attributes to produce the fruits of the Spirit. Is our Father not kind, patient, forgiving, loving, forbearing, enduring, peaceful, confident, and joyful? I say with authority, these fruits are your birthright. They are attainable. Are there questions?

CALVIN: Abraham, thank you again for your teaching. You mentioned earlier regarding when the Teaching Staff began this project on this world. Are you referring to this last five- to ten year-period? or way back in early century? or beyond that, wherein 'it seemed quite hopeless to get things started?'

ABRAHAM: I suppose I speak of some time ago when I was fairly new to my position. I had little experience in this area and I suppose I did not know what to expect. It was overwhelming to view such devastation such as war, world hunger, racial segregation. I must confess that working with Michael as I did, I learned to begin with small steps; to learn as I experienced; to take moments of time to recognize our Father and His all-powerful works. I learned that in doing this I was more inclined to follow the leading of Father and produce more fruits – thus producing more joy and compensating for my feelings of being overwhelmed. You see, as time went on and this Mission evolved, I also evolved. I also learned to take on the Master's enthusiasm and good humor to complete those tasks which Father assigned me. Is this helping?

CALVIN: Yes, it does. The thought crossed my mind that you probably have great sympathetic understanding of Adam and Eve and what they went through – their days of pondering how to turn things around on such a parched world. I can relate to my feelings before your teachings here to us – my thinking the world was an unchangeable mess. Yet, with just a change of my attitude, I am seeing now that this world is a beautiful and advancing place instead. Thank you for that new insight.

ABRAHAM: Yes, understood. I also studied the plight of Adam and Eve, you are correct. My experience within this Teaching Mission has brought me to even greater understanding. It is easy to lose sight of Father's works, and that is always highly possible when worship has been omitted from daily living, yes. Good comment. Another question?

RACHEL: Father Abraham, were the mortals of New Zealand your first group that you taught on Urantia in this form of teaching? Was that your first experience with mortals since your return to this world?

ABRAHAM: No. There have been several other groups and individuals that I have worked with over the years. It is difficult to work with those mortals and not interfere with freewill thinking, but our methods have greatly improved, and the re-encircuitment of the planet has enabled us to reach many, more efficiently. Does this help? (Rachel: Yes, it does.) Abraham: Another question?

CALVIN: How is our relationship forecasted to pick up stronger with you and the other Teaching Staff? Will we see our connection with you becoming similar to what Michael had with the heavenly hosts and with His Father during His mortal stay? I know we are nowhere close to His status, but will we become more naturally connected with you? It seems right now in this very room that we know you are here, yes, and we trust you are here to help us. We trust your lessons, yes, but for my own experience it seems like you are in some other realm or something – an existence, a place that I can't quite get a grasp of, literally. I suppose I want a more tangible connection. I would like to know that someday soon, while in this world, we can grow to where we are just like one in the same room with you and your teaching staff, and in the same purpose here. (Rachel: He wants to physically hug you, Father Abraham.)

ABRAHAM: Yes, these feelings are known and understood and returned; but our purpose within our Mission is to make the connection between 'you and your Father' more easy, more accurately. We will always be friends, but one day you and your Father will become one, and that is cause to rejoice. I am aware that you are skilled in this method of communicating. And as we all work together, my presence will be more easily recognized. But yes, our main goal is to connect with the Source of all knowledge, all love – our Universal Father. One more question?

MIRIAM: Abraham, when you were sharing that the 'Father is deeply in love with this world's inhabitants,' that is such a beautiful phrase – it's so tangible. As you were talking about how these things are attainable and they are ours, in our grasp – sometimes when I'm in what I call 'the flow, or I guess what you guys would say experiencing the fruits of the Spirit, the process to me is almost like 'a remembering.' When I feel like that, it feels very natural. And then, I guess the part of me that feels unloved and unworthy, brings me to a doubtful 'no,' with a feeling that I am learning for the first time,' as opposed to remembering what's natural. I don't know if that makes sense, but could you clarify or shed some light on that, that knowingness?

ABRAHAM: Certainly. Man, by nature, is at animal status. It is through the receiving of the Father Fragment within that begins our soul growth. And as the Adjuster teaches, the soul learns and grows, experiences and knows. And I would say, yes, you can call it 'remembering.' It would not be inaccurate to identify this with your indwelling Father Fragment and be open to His leading. It is likened to possibly reading a book you have already read – yes, you can refer to it as 'remembering.' We would also call it 'allowing' – allowing the Father to express Himself through you, and remembering your status within the kingdom, your son- or daughtership with the

Most High. Yes, once we are believing in our son- or daughtership with Father we are moving in and of the Spirit. Yes. Good question. Does this answer? (Miriam: Yes. Thank you.) Abraham: You are most welcome.

I will bring our meeting time to a close for tonight. I would suggest you continue your study on worship and Father's attributes. Are you, yourself, able to recognize any of these attributes within your own personality? Are you able to receive the Father's spiritual energy from worship, and reach out to your fellows in service? I would express my confidence and faith in you, my friends. I leave you with my love. Until next week. shalom.

Mission Report | Worship The Most Efficient Medicine Against The Spiritual Poisons
Abraham & Machiventa, WOODS CROSS GROUP 11-25-1996

Back

I am ABRAHAM. I welcome you all this evening; I am happy to be speaking with you again. It always brings me joy to stop by this branch on our family tree. I look forward to your discussions on our weekly lessons. It is always amazing to me how great the level of spiritual knowledge increases when all are in participation. You each learn a great deal from one another's thoughts and feelings; I also learn, and I am grateful to you each for allowing Father to be expressive. I am honored this evening to welcome my friend, Machiventa, to say a few words.

MACHIVENTA: Greetings to you, my friends. It is always my honor and great joy to speak with you. I am aware of your educational itinerary. It is wonderful that you are so receptive to Abraham and that you take his lessons seriously. It is wonderful to witness your dedication to your position in this Mission. I would say, in our Mission there has been many unintentional miscarriages, misunderstandings, miracle-seeking - this is not bad, this is natural evolutionary growth.

In our Mission there have been a great many obstacles to overcome. I can say, down through history there have been those well-intentioned individuals who desired to create change for the better, yes, and somehow defaulted through hidden agendas. This is not to cast judgment, no.

I come tonight to perhaps clear the record; to bring some light to those topics in which you have wondered on. As most of you know by now our Melchizedek teaching schools which we have endeavored to establish are indeed established - this is no surprising announcement to those who already have felt this, no. Our schools are to assist in the upliftment regarding meanings and values for our responsibilities as universe citizens.

It is with great joy that I say, Michael is our Headmaster and He sees to your educational curriculum. Michael is aware of your spiritual necessities and has designed our program to meet your needs as well as the needs of the universe. I am happy to assist in your morontial training. I now turn this time over to Abraham.

I am Abraham. On behalf of my students and I, we would express our thanks, Machiventa. Many of us remember a time in the early days of our Teaching Mission when the Melchizedek schools were believed to be built 'materially.' Deep within our Mission, we endeavored to surpass those human thoughts that were so cemented in materialism and in wish-fulfillment. I would not call this prediction error, no. I

would not blame anyone for the misunderstandings that occurred. I would, however, bring this topic into the light for a purpose.

Within a few short years, your thoughts have been slowly molded to embrace the greater realities of the kingdom. Many have exhausted their hopes for actual material dwelling places to learn spiritual realities. I say, many now know that Father's kingdom is not material. Our Mission is led by the Spirit and built on a spiritual foundation. Our schools contain no instruments wherewith to teach, no. Our schools are spiritual and mindal.

I do not mean to cast judgment or ridicule, no. I am joyful to expose the truth that you, our mortal students, have surpassed your desire for physical proof that our Mission exists. You have come to accept that our kingdom is spiritual. Our Mission is spiritual; and with that, I can assure you that spiritual information is forthcoming.

Universal broadcasting messages are once again able to reach this planet, and I can say with authority that you are welcomed back into the universe, it is as though you were never isolated. I do not say there has been no learning from this isolation, no! I say, although the Father has never forgotten you, it was necessary at one point to isolate our rebellious world. We have lived through this isolation and have learned, and it is over. Yes, you are fully welcomed back as Nebadon citizens.

Do you see how far you have traveled in your thinking? Do you see how your growth has affected the whole of the planet? Thoughts are pliable; and if Father is allowed to teach then does beauty result. You are learning that Father is at hand. You have endeavored to understand your position in this universe and give thanks for it.

In your efforts to understand worship, I would ask that you allow your minds to be pliable. Worship is neither here nor there, this nor that. Worship is living, as truth is living; and I would ask that in your efforts to worship you must become childlike. As a child is allowing his parents' watchcare, so it is with worship. Worship is an understanding between you and your Father. There are no labels to be put on worship, and there are no definitions to be cast. Worship is that connection with Father that reminds us how much we are loved.

Through our efforts to praise and show love, we are shown that we are loved. Worship is not any one set prayer, or thoughts and feelings to be repeated, no! Worship is an opening, a reconnection of child and Parent. Worship is not necessarily an exercise, not set ceremonial words, no! Worship is the heartfelt connection to the Parent of all parents, an understanding of your son- or daughtership with the Most High.

We would ask ourselves: What have we to give the Father who needs us not? What have we to offer the 'One God' who has everything? Do you see - Father asks not from us nor needs anything from us. There is nothing we can do to give to Him. Are you understanding that although we, having nothing to give, Father desires very much to know us and call each of us forth as His children? And we say, "Father, you are everything. Make us like you."

Worship is known to be the most efficient medicine against the spiritual poisons. With worship, with gratitude, there is not room for spiritual poisons. With gratitude, there is no fear, no anger, no despair, no confusion. Do you see, worship is perhaps the single most healthful and growth-promoting thing we can do. As we worship, we are not only healed of our spiritual poisons, we also receive healing in the areas of emotional, mental, and physical.

Worship is a living energy that the universe 'as a whole' has in common. Worship is the 'part' (oneself) in gratitude for being included into the 'whole.' It would be beneficial for you to further discuss worship and your understanding of Machiventa's message.

I will accept questions next week. I am grateful to you for your patience and kindness in allowing me to speak with you. Until next week, shalom.

Confer With Michael to More Fully Understand and Know Our Father
Abraham, WOODS CROSS GROUP 12-02-1996

Back

[Prior to this evening's meeting there arose heavy discussion and a little discord among some group members regarding last week's lesson and other group issues.]
I am ABRAHAM. I am honored to be a part of this team effort. It is wonderful to see you each dedicate yourselves to the will of our Father. Through stepping aside and allowing Father to speak you have made your decisions based on what is best for all. Think not that I stood idly by and did nothing, no; I participated in your discussion, just as did several Father Fragments. It is surely wonderful to see our lesson be put forth into action.

Last week we discussed your living understanding of worship and how worship is not a ceremonial 'obligation,' but 'reconnection' of our Parent Father to His spirit child. This week you have learned that Father works through and with all avenues, and that He is surely unpredictable and quite awesome in power.

We also discussed your welcomed status back into the universe and, the benefits from that. This planet is fully capable of receiving universal broadcasts and information. Our ability to understand worship enables us to more easily receive universal broadcast messages. It is these messages that assist us in our evolution - mentally and spiritually. It is this method of understanding that allows all residents within a universe to know and understand the God-in-time, the Supreme Being.

We find this most recent progress most uplifting, and we are made to give thanks and express our joy to Father. It is most interesting to be included in this particular planetary awakening. After surviving much spiritual upheaval, this world has run the race of time; and although it has stumbled, it has always returned to continue the race.

Michael has said He has not cried tears of pity for this world - and I am understanding that by that, He meant of Urantia's continuing endurance to run the race of time, and never giving up because of a few brief moments of stumbling. Michael is in great understanding of this world and its citizens. It is

exceptionally wonderful that you have taken Him in as your personal confidant, brother, and friend.

I say that Michael has gone before you and is fully understanding of your mortal defeats and triumphs. With such a friend, it is at times tempting to give Michael our thanks and praise. This is not wrong because I say that all thanks and praise does reach the Source of all there is to be thankful for. Michael is in understanding of this. He is accepting of your love and personal friendship; but as for 'worship,' He passes it along to His Father. Yes, this is understood.

We have discussed our Father being matchless in wisdom, love, mercy – and we are in understanding of His personality aspects more every day. You are each beginning to know Father and strive to be like Him. You are learning of the worship-connection and how this enables you to understand your universal citizenship.

I would add one more perspective to this area: I would encourage you to speak frequently with our Creator/Brother/Father – Michael. He, and His Spirit of Truth, are ever prepared to answer your spiritual questions, perhaps cleanse your erroneous thoughts, and bring new light to old mortal problems. It is most wonderful also to know that in learning of your Father's personality aspects – and, your knowing of His presence – that we may each be assisted by the understanding help of His Son, Michael. Please be at ease to confer with Him at any time. Are there questions that pertain to either last week's lesson or tonight's?

RACHEL: I'd like to make a comment, Father Abraham. I think it is just wonderful after all these years and years that, finally, Urantia is now included with all the rest of the planets and that the isolation has been lifted. I think that is marvelous. I am thankful.

ABRAHAM: Completely understood. I also, having my origin on Urantia, find this all very uplifting, exciting. It sets me to be in wonder of Father's awesome power and knowledge. It is quite beautiful to have had my mortal experience and then be able to serve the planet of my birth. I am also grateful, yes. Good comment. Another question?

CALVIN: Abraham, on this reconnection with the universal broadcast circuits, do we now come to more of a reality of other existences in our universe and connection with them? Or, are you talking more-so of a better connection to our spiritual minds and thoughts, perhaps like how you are connected with us now? I am a little foggy as to what that reconnection really is.

ABRAHAM: Yes, understood. Your world's new-found reconnection is bringing a greater amount of light. This light is creating an increased environment of love and peace. Upon entering the stages of Light and Life, your understanding of your citizenship within the universe is paramount because it adds to the growth of the Supreme. Yes, it is mostly spiritual. The advanced spiritual understanding inevitably brings about a greater understanding 'universally.' This understanding spiritually brings about a great deal of knowledge about the universe – materially and physically. As Urantia becomes used to its new universal status it will regain that spiritual momentum which was forfeited long ago, and return to a more God-conscious state. This

God-consciousness connects you to these universe broadcast messages. Your understanding of worship enables you to be prepared to receive these messages. Your understanding that worship is moving and is living, assists you in understanding messages that may hail forth from the corners of the universe. Does this help?

CALVIN: It is, then, quite an influence. As well as by responding to that influence we would be enabled to pick up increased understanding of who we are and our place in this universe. (Abraham: Yes.) Calvin: Would that enlightenment then only come to those who are spiritually-minded? For instance, would the scientific world pick up on this? meaning those who are not spiritually-minded?

ABRAHAM: Those that listen with the ears of the spirit will no doubt receive more information than others, but it is highly possible that the scientific world will awaken with their new understanding – that Father and His vast universes hold the cures to all ailments – mentally, physically, socially, and spiritually. Yes, good question. Another question?

RACHEL: Father Abraham, on Sunday I read an article in the newspaper that goes right along with what you are saying. It says, "Physicians believe in the power of prayer. In a recent survey of two-hundred-sixty-nine doctors, ninety-nine percent of them said they were convinced that prayer can heal." They said they feel this way because they have seen it work. This Dr. Herbert Benson, on Dec. 15, is heading a Harvard Medical School conference on spirituality and healing. It is to be held in Boston. Then another one is scheduled to be held in Los Angeles in March. Now I would assume that all of this is coming about on our planet because of everything that you have been saying the last two or three lessons.

ABRAHAM: Yes. (Rachel: Are you going to attend the one on the 15th?) Abraham: It is unknown, but I am aware that the medical profession is receiving what would appear to be greater understanding of the relationship between mind and body. In their efforts to study and document their findings, they are stumbling across the ideas that there exists a spiritual power. It is now becoming apparent, as you yourself have seen, that a change appears to be taking place – a feeling of 'knowing,' that was perhaps not present before. Mortals (spiritual or not) will pick up these new awareness feelings, insights. Those spiritual-minded will understand and be educated on how to define them. Those towards the 'non-spiritual' may perhaps become confused and misinterpret these new feelings of awareness and knowing. Yes, these conferences in which you speak, I am informed they have been a long time in the making. Does this help?

RACHEL: Yes, because they said, just like you're saying, and I quote: "We see it all the time and can't deny it. We've seen that it is powerful in conditions, including angina pectoris, asthma, ulcers, congestive heart failure, diabetes – and on all forms of pain." I think that is wonderful that they are recognizing all of it now, and the spirituality part of it.

ABRAHAM: Yes. I am in agreement. I also believe this is wonderful progress. These circuits are enabling mortals to know and perhaps spot things which are untrue. Father Fragmentsassist, yes, certainly; but to incorporate with the cosmic mind allows you to know, personally, if things are true or false. Yes. Another question?

MIRIAM: Abraham, I have a question; but first I spoke with Rebecca (in Nashville) yesterday; she asked me to tell you that she loves you and that she appreciates you so much in everything that you have done for her. I wanted to share that with you. My question is regarding the end of the isolation, this time of 'stepped up circuitry.' My question is regarding the other 'celestial' things that have been going on in the past recent years – the light workers; the other transmitted information; the other minds and hearts that are opening up. There is a lot going on right now, and I am wondering – with me being new to you all, do you look at these things as separate from this Teaching Mission Correcting Time? Or, as a part of the whole? And if you don't mind, could I ask about two channels called Orin and Daben. They have been doing wonderful broadcasts. I just wanted to ask you about that?

ABRAHAM: Certainly. First, I also send my love and gratitude to Rebecca, and say she is most certainly welcome, and I would also thank her for her dedication to this Mission. If I am understanding your question I would respond: The re-encircuiting of this planet was a time-consuming process; it was not rebuilt in a day. With the slow process of re-encircuitment, many individuals received small amounts of light at a time. Those individuals that have been reborn of the spirit have received small clues that this re-encircuitment was occurring and is being completed. Individuals who appear to be reborn of the spirit, are at this time somewhat slammed by this spiritual light, perhaps overwhelmed. Individuals who have remained spiritually balanced in this new understanding are those that have taken in bits of light one at a time, so as to not overwhelm. Yes, individuals at present who are fairly new will indeed receive a great amount of light which can appear to be overwhelming. I say, it is with a balanced understanding of worship, humility, and faith, that rebirth of the spirit will be able to be gradually tamed and directed towards a cooperative area of growth. As for the Teachers Orin and Daben, I am aware of them, yes. We are not working closely with one another, but I would confirm they are highly skilled in spiritual education. Is there more you would understand about this?

MIRIAM: You help a lot in confirming that. In being new to the reading of the Urantia Book, I am feeling a little self-conscious, in a way, and I feel like I need to negate some of the things I had accepted before. I mean this is me doing this, there is no one else – I am feeling like everything that I have learned and the awareness that I have achieved, I am questioning validity to that. So that helps in confirming about those beings. The negative part of me was thinking that you were going to say, 'no, they don't exist, you're up in the night.' So that helps me very much.

ABRAHAM: Understood. I am under instructions to be careful in what I can say. I am limited due to upsetting your freewill choice. I am not at liberty to provide proof that our Mission exists. I am restricted in what I can answer, but I would confirm that your indwelling Father is at liberty to release such information to you without restriction. Your inner Father is most qualified to shed light on those areas which may be dark or confusing. You are learning to trust in Him and understand His trust in you. Your next step may be to trust in yourself the way Father trusts in you; and know that this life is not so serious, so heavy. One more question?

CALVIN: On this, the Melchizedek schools and the so-called 'Melchizedek

appearances,' I can see how easy it would be for us to expect that Machiventacould incarnate again, because he did do it once during your day. I have still not ruled out whether your comments are saying that he won't. I don't know if that is part of something that you want to clear up or not. To me it wouldn't matter whether he did or didn't; I can see the importance of us learning to live with spiritual enlightenment, not physical proof, like 'wow, he is visibly here' proof. But yes, he did come once before and did incarnate, so I can see how so many did get excited about him incarnating again. Melchizedek clarified a lot about the schools last week, but not so much on our record about himself and his incarnation. Is there more that you would like to say on that subject?

ABRAHAM: Again, my information is limited in what I can say. I am aware that Melchizedek's material presence is not necessary here at this time. His physical presence is not necessary. His spiritual presence, however, is in great demand and we are grateful to have it. This is my understanding. I cannot say that Machiventa's material presence will not ever be made manifest here on Urantia. I can only confirm that it is not necessary at this time. It was once viewed that this world perhaps needed a physical presence to shake them from their slumber. We have found it wise to follow Michael's plan, and it has been unnecessary, presently, for the Melchizedeks to materialize. Michael's plan has been successful without material proof that our Mission exists. Yes, we also find cause to rejoice in that.

This week, as you understand your Father's personality aspects and attributes, look to the Creator Son on how and where to look. I would leave you with my love. Until next week, shalom.

A Little Worship Daily Brings A Healthy Balance And Attitude

Abraham, WOODS CROSS GROUP 12-09-1996

Back

I am ABRAHAM. I welcome you each here this evening. It is my supreme pleasure to speak with you. We have built a strong and lasting friendship that leads me to be at liberty when I communicate with you. I very much appreciate your friendship. I promise to always be as truthful with you as possible. Friends have everything to learn through each other. I am grateful for what you have taught me.

As you have discussed this evening regarding petitioning to Michael for His understanding, I also have benefited by our Brother/Father. Michael is a warm and understanding friend. He knows you and judges you not. Michael knows this mortal path and is enthusiastically awaiting to assist all those who seek Him out. I must say, through my association with Michael I have better understood the true meaning of worship. Michael has shown me His heart, He has nothing to hide.

Through my friendship with Michael, I have learned His definition of worship, and I must say, it is truly beautiful. I would have you know that through your relationship with Michael He can also reveal to you His heart and the meaning of worship - the appreciative value of your son- or daughtership with the living God. Many can understand that worship is moving, living, growing; and certainly, know the problems that present themselves when worship is absent.

You must sense that some of your daily living is efficient and flowing, and there

are those times when you feel small in the world and walked on, unnoticed. Do you see, your worship-connection reveals to you your eternal son- or daughtership with Father, and the absence of worship tends to make you forget your status of son- or daughtership with Him? To forget your status is to lean towards your more raw animal-like tendencies. To forget your status is to feel small, inadequate, unloved, forgotten.

Do you see? Worship is not for Father's benefits; not for Father to gather praise to Himself; not for Father to gain power or numbers within the kingdom, no! Worship is acknowledgment that you are a child of the living God who most definitely adores you. Spiritual education is quite incomplete without worship, for worshipping is your acceptance of Father as your Father, and you as His child.

We find that worship assists us in the area of service to our fellows. It can replenish us with new energies. With these energies, we are not only able to serve our fellows, but to serve them cheerfully. Worship is a living energy also; when it affects rain down upon us, we are filled to distribute this as truth, beauty, and goodness. I would ask that you take an extra minute regularly, to sit in worshipful meditation and attempt to feel the Father's energy. Look for that change in attitude.

Just as when one goes without food, there is malnutrition, illness, and weakness; and on the other hand is there unhealthy repercussions for those who tend to overindulge in feeding the material body. This is the same with meditation - too little is not nutritious; too much can be over-burdening. A healthy balance is when meditation will fill you with new energy and enthusiasm to serve; and, feel Father's peace and comfort as a universe citizen. Have you questions?

MIRIAM: Abraham, I have been in meditation practice a lot lately. I have been meditating about an hour a day and reading the Urantia Book and enjoying my experience with worship. I am wondering if there is imbalance - maybe too much meditation. Could you explain that a little bit more to me? I am thinking maybe I am imbalanced.

ABRAHAM: Understood. An hour a day spent in spiritual learning, reading and meditation, is balanced, yes; but I would say that an hour of just meditation is too long. Perhaps thirty minutes would be more sufficient to receive the Father's energy and be uplifted by it, rather than to have overmuch and be weighed down, diffusing this worshipful energy. Very insightful question; yes, you are correct. It is helpful to begin with some reading to find that worshipful place within. Some would perhaps listen to music. There is a period of about ten to fifteen minutes that the mind must find its spiritual foundation from which it proceeds into worshipfulness. The clearing of one's thinking takes a few moments to feel a real connection with Father. So I would say, your format is good, just a bit lengthy. Does this help? (Miriam: Oh yes. Thank you.) Abraham: Another question?

TECTRA: A follow-up question on that, Abraham. Are these guidelines for Miriam herself? or is this kind of a general guideline that you are giving. I know lots of people that meditate for hours and it seems to really help them; they are in a really good place with that format. Can you speak a little further about that? I

know there are Yogis and others that meditate a lot and come to new awareness in their spiritual being?

ABRAHAM: Certainly. I suppose it is a general guideline for everyone. I am aware that the first few moments of stillness are the purest and most tangible connection with Father. This is where Father's energy is noticed. There have been many who meditate for long periods, and I understand that this serves them well in what perhaps they are seeking; but as for our Mission purpose, it is not necessary. But yes, for those where it serves them to spend hours in meditation, this is perfectly acceptable for them. In our morontial lessons on the mansion worlds, there will come a time when meditation will be lengthened to serve the spiritual needs of an individual. The knowledge beyond this world is indescribable, and lengthy meditations are practiced for universal understandings. Perhaps those individuals who have reached morontia levels are inspired to meditate for lengthy periods to attain these universal truths, but I would not recommend it as a general rule. This lengthy period of meditation perhaps is the exception. Does this help? (Tectra: Yes. Thank you.)

RACHEL: Well I'll tell you what, Abraham, I am surely glad that you said that shorter period of time is good because if I tried to meditate for an hour I either be climbing the wall or I'd be snoring - I don't know which.

ABRAHAM: This is quite common, and will be so as long as you possess your earthly frame. It is a wonderful notion however, to imagine what the possibilities would be without the burden of the material body. Yes. (Rachel: But right now a little dab will do me, huh?) [laughter.] Abraham: Yes, indeed. Another question?

CALVIN: Abraham, a couple weeks ago Melchizedek came and he said he'd "like to clear the air" on a few things, so to speak. One of those still in my mind - a few years back - and it has to do with the universe broadcasts circuits being reestablished, and the work that Van El was doing with us, so we thought. Did we get carried off in a tangent on the Van El thing? Is he still ongoing - or was he ever? Can you give us more insight on the Van El subject? [Editor's note: Van El was an unseen entity such as midwayer or a power director, who was assisting some in the group in 1992, to synchronize in our reception of universe or system broadcasts. Most didn't quite catch on.]

ABRAHAM: It is my information, and that is in itself quite sketchy, that the information on Van El was somewhat accurate, yes, and yet a bit blown out of proportion. Let it be understood that natural evolution in understanding is always best, and your experience in this has led you each to be learners within our vast universe. Your experience has led you to your exceptional group honesty and friendship. Any intentions that may have caused some exaggerations are innocent and a part of your natural learning.

I am slipping. I would confirm to you each that the answers you sincerely seek are within, and I have much faith in you each. My love goes with you. Until next week, shalom.

Come To Me, I Am The Purifier. I Will Show You My Heart, and Yours

Abraham & Christ Michael, WOODS CROSS GROUP 12-16-1996

Back

I am ABRAHAM. My greetings to you each this evening. I am happy to be here with you. I am aware that you, each one, should have experienced this week contact with the Master and His Spirit of Truth. You could deny my statement, yes; and yet, if you would review your week you would find my words to be true.

Most of you have experienced a bit of unsettledness within yourselves as of late; and I would say, that is most likely when you have encountered the Spirit of Truth. To find yourselves at confusion at times gives you the opportunity to be open and inquisitive. Perhaps this week the Master did shed some light on your obvious fears and confusions.

The Master has shown you His heart, and He also shows you your heart. Michael is highly skilled at revealing one's areas of confusion without casting bad feelings. He is able to assist you as a co-worker and not as an employer. Michael is like a best friend who would reveal to you only truth.

I would take this moment to pause and allow our beloved Michael a few words.

MICHAEL: Greetings, my children. I am joy-filled to share my message with you. It is my great honor to serve 'with' you; it is my great honor to also 'serve' you. Part of my joy comes from your willingness to follow me. I would make it known to you that there is nothing that you cannot lay before me. I know you - your thoughts, your desires, and your shortcomings; there is nothing to be hidden.

I would not pry into your affairs where I am unwelcome. I would however, teach you without the burden of judgment or guilt. I would welcome you to see my heart; see who I am; partake of my knowledge. Co-create with me your eternal path to our Paradise Father. If you would grant me the privilege to see your heart, I would shed a most beautiful light upon it. I would assist you in looking at your fears and discover the spiritual method to overcoming them.

Yes, I would ask you to bring me your fears; allow me to make the path more illuminated so you may see how best to solve and understand all things. Come to me! I am the Purifier! Allow me to know you and show you how to take your steps on this mortal planet - practically, through spirituality. To understand my Spirit of Truth, one must be willing to embrace truth - be it positive or negative.

Fear not. I have gone before you, and I will also go 'with' you. Carry on.

I am ABRAHAM. On behalf of my students and myself, I would like to express our gratitude to you, our Brother/Father. We are in understanding of the importance of truth, and I shall make it my duty to further enlighten your mortal children on the benefits that come from knowing you.

Michael has said He is the Purifier. Those that are willing to allow Him to shed light on those places of darkness will be benefited. I must say that Michael's light is not always shining upon comforting places, no. I would dare to say that His light may reveal things that are dark, unappealing.

Those that are willing to go through these dark places with the Purifier find themselves in His wonderful comforting presence, a place without fear or feelings of unworthiness. It does require effort on your part to brave these rough waters with Michael. It is not easy to advance in spirituality; it is a labor that will bring you comfort and peace that you have not known before. Michael is able to reveal to you your spirit poisons, and in the revealing, begins the healing.

It is said: To have a friend, one must be a friend. And I likewise say: To have a brother/sister, one must also be a brother/sister. As well, I say: To have a Father, one must show themselves to be a learning child. Yes, your relationship with Michael is of much importance. And as we continue our spiritual lessons you will find this to be more and more true. Are there questions?

CALVIN: Abraham, I join in expressing our love and appreciation to Michael – and, for his lesson tonight. We are all so grateful for your kindness in presenting these lessons to us, I find them so very helpful. I can see in all the principles and teachings you have taught us that now you are bringing us to an awareness of our connection with our Brother/Creator. As Samuel, Faye and I were talking outside before the meeting – sometimes it feels like Michael is so far away; and yet when we look back, we can see how He was always there, as He is tonight with us. How can we be more aware in ‘the present’ time of His presence when out ‘in the world’ instead of having to look back and find that He was there? Does my question make sense?

ABRAHAM: Yes. When one thinks of the Master, they envision feelings of joy and comfort. But I would say to you that Michael is also the Teacher of hard truths – and this does not always produce joy and comfort. Michael is understanding of this mortal life and is able to lead you in the most successful route to our Paradise Father. To know Michael is to feel joy and comfort, yes, but I would say that to allow Him to reveal to you your areas of needed work is to experience much deeper levels of joy and comfort. Does this not lead us all to thank Father and be worshipful for His loving watchcare? Michael has earned His sovereignty over Nebadon through His bestowals; and, it is known that He could have easily accepted sovereignty over Nebadon without participating in those final days of His seventh and final bestowal. Without question He was certainly qualified, and yet He chose to remain within the will of His Father and experience the mortal life. Michael was not ignorant of what He was getting into, no. He was aware of the hardships of mortal life. He chose to accept this challenge and move through His mortal life victoriously. It is the Master’s experience that grants you, each, strength to endure, to carry on, to take advantage of your experience in mortal living. Another question?

MIRIAM: Abraham, I'm going down to visit my family for the holidays, and I'm unsettled. The unsettledness that you were talking about strikes a chord with me and my experience this week. My whole family, including my mother and my sister, are reading the Urantia Book and they just recently got to hear their spiritual names. So also, is my uncle and my aunt – it seems everyone is involved. It is a time for joy in my family, but it is also a time of confusion. I was wondering if you had some words of guidance – other than to simply rely on Michael and ask for His help throughout the day, like I have been trying to do. I guess I'm just asking for some

personal guidance. I feel like I don't know if I am doing a good job. Yes, I want to be doing right, and I don't want to stir things up. So that is my question.

ABRAHAM: Understood. In the learning of spirituality there are no shortcuts; nothing can you skip-over; each experience is valuable and required. The experience of you and your family is an important lesson that you will all receive together – it cannot be passed. Your understanding of spirituality may differ from those you love – and yet, I would recommend that you each give over all authority to the Father in heaven, and remember that you are each a learner in a vast ocean of spiritual knowledge. Not anyone is higher on the spiritual ladder than another, no. Each one is at different levels in their learning, and each one must be treated as an equal. This season is always intense and stress-causing, yes. But I would remind you each that this holiday – not being Christ's actual birthday – is a wonderful time to focus on your gratitude. Yes, gratitude for your salvation from the fetters of time and poisons of the spirit. Yes, gratitude for your salvation from ignorance. And, a grateful attitude towards 'the hand of Father in your hand,' showing you the way to Him. Does this answer? (Miriam: Yes, and I thank you.) Abraham: If there are no pressing questions...

RACHEL: I'd just like to make a comment, Father Abraham. I want to thank Christ Michael for being here with us tonight. I know that He knows how much we love Him and appreciate Him. And, I want you to know that you are certainly appreciated right along with Him. I know that He did tell us before, in a message that I took for one of His birthday's, that it didn't matter that His birthday was celebrated here on Urantia on the wrong date as long as He was remembered, and that He certainly enjoyed all of the celebrations and the beautiful lights in the trees, and all that took place in His behalf. That's all.

ABRAHAM: Certainly, yes, and the appreciation is known and returned.

To you each, I would request that you attempt not to flee from your overpowering negative thoughts – but look at them as if Christ Himself was showing them to you. My love goes with you, my friends and students. Until next week, shalom.

The Father and Son Support Team | Seeing Beauty In The Works of Father In Liaison With The Son

Abraham, WOODS CROSS GROUP 12-23-1996

Back

I am ABRAHAM. My greetings to you this evening. I am in awesome wonder at the spiritual upliftment that is occurring now on your world. Father and Michael (His Spirit) have been successful in reaching the hearts of Urantians to further promote growth – individually as well as collectively.

I say, had it not been for Michael and the pouring of His Spirit upon all flesh, this world would have been so much farther behind. I find myself in such splendid gratitude for our Universal Father and His Creator Son.

Last week in Michael's message He had declared Himself to be the Purifier. I have found this to be a wonderful blessing for me. There is not anything I cannot take to the Master. I am not prone to feel shame, no, for I am at ease to allow Michael to

cast His beautiful light upon my confusion.

I still happen to experience adversity, and yet I am not bound by hopelessness, no. Now, I find myself intrigued by Michael and His methods used to unlock the doors of adversity with His spiritual keys.

I am still somewhat prone to the poisons of the spirit – and yet, I shy not away from the Purifier for He casts a beautiful and understanding light upon my shortcomings, to allow me to acknowledge and find solutions. I fear not in allowing the Purifier to show me what's in my heart, for I must say, I am shown without being degraded or belittled in any way.

In allowing Michael to show me my heart I am allowed to experience the Master's personality attributes: His mercy, love, humor, and wisdom. In being shown the Master's personality attributes, I am also learning to take on these attributes also.

We have spoken much about the spirit poisons and the medicine to overcome them. I would highly recommend a close personal relationship with Michael. Michael is the bridge to understanding our Paradise Father. He is the Comforter to those who seek Him out. A close personal relationship with the Master is to invite into your lives His mercy, love, humor, and wisdom.

When we speak of serving, there was no greater servant than the Master; His close personal relationship with the Father enabled Him to overcome the poisons of the spirit with the fruits of the Spirit. The Master's unbroken communion allowed Him to have on hand – Father's understanding; Father's wisdom.

Do you see, this is like the Spirit of Truth. To love and embrace truth is to invite the Spirit of Truth into your lives, allowing you to have on hand the Master's understanding and wisdom. Do you see the beauty in the works of Father in liaison with the Son? This is truly cause to rejoice and give thanks.

This week, I would ask you to look for the spiritual team that supports you in your daily living. In this recognition of the 'Father and the Son support team,' is it not cause to be thankful and worship? It is! Are there questions?

JOSHUA: I have a question. I don't know whether you'll be allowed to give an answer or not. You told us a few weeks ago that the Teaching Mission was alive and well. I was wondering if you would be permitted to tell us what nations or states they are in?

ABRAHAM: I am permitted to say our Mission extends into several countries, several different languages. And yet, the Mission is not usually labeled by the name of 'The Correcting Time.' We have reached many, yes, and yet not all groups of peoples would understand our full intentions and trust us, as you have. We are still endeavoring to gain trust and to release more information where we can.

TECTRA: Abraham, I have a question. Could you give me an example of how you are still somewhat prone to the poisons of the spirit? What does that look like for you?

ABRAHAM: On my level, these experiences are easily handled most of the time. There does arise those occasions when I feel unequipped to deal with certain personalities I may meet. I have witnessed what I would feel to be unspeakable unbrotherly-like qualities – such as on your world: child abuse, war, natural disaster – realities that would prompt me to rise up in anger and want to voice my anger and sorrow. I, at these times, would endeavor to seek out the Master when I am overcome with such enormous confusions. I have been sufficiently trained in these areas; and yet, from where I am I can still feel the pain of an abused child; an elderly person in isolation; or perhaps what appears to be grave injustices. It is a saving truth that Michael certainly cares about each and every detail of your lives. It is not to be embarrassed over or shameful, or attempt to hide these painful feelings, no. The Master is at hand to assist you in what you feel to be hopelessness. And, I may not go so far as to feel hopeless, but I do on occasion come against the spirit poisons. Does this answer? (Tetra: Yes. Thank you.) Abraham: You're welcome. Another question?

RACHEL: I just have a comment, Father Abraham. This is the season of festivities and everyone is celebrating the birth of Christ Michael here on Urantia, and people at this time of the year and season are far more loving, tolerant, understanding, giving. It would be wonderful if that could remain all year, but it just never seems to. I do hope you and all your associates enjoy all these festivities as we plan on enjoying.

ABRAHAM: I would thank you for your well-wishes and assure you that we do enjoy this season of open hearts and minds. It would indeed be wonderful to have this experience last the year, yes; and I would say too, that you are indeed helping us with your warmth and friendliness. We are not worried about this season being insignificant because of material tendencies, no. We have witnessed great changes in the hearts and minds of Urantia and we would acknowledge you as a fine example of one who would share and spread goodwill year around. Thank you. Another question?

CALVIN: Abraham, could you give us maybe a little more enlightenment on what you refer to as 'the Christ child being spiritually born' in this day and age of the Earth's existence – from your perspective?

ABRAHAM: From my perspective – it would appear that the world's present experiences are in upheaval and are likened to labor pains. And the birth, as I would see it, would be for the world's citizens to see Christ in His reality – who He really is; and that Urantia, having gained back its circuits, is once again functioning as a part within the whole of Nebadon. It is the world's consciousness which is upstepped (more capable) that has gained you this status/opportunity thus far. It is your desire and willingness to be participants in the universe citizenship that will be the birth of Christ consciousness. Does this help?

CALVIN: Yes. It gives me a bigger viewpoint, a larger universe-wide viewpoint instead of an individual or even a worldwide viewpoint.

ABRAHAM: Yes. I am grateful to know you each and serve you to the best of my ability. I would express to you my love and devotion. During this festive season,

forget not to communicate with your spiritual support team. Love and peace be with you each. Until next week, shalom.

The Flavor of Life | In Living In the Fullness of Life, There In The Midst, Is Our Father

Abraham, WOODS CROSS GROUP 12-30-1996

Back

I am ABRAHAM. My greetings to you each this evening. It is my supreme pleasure to be here with you. It is known that you each have had various experiences with Michael's Spirit of Truth. Michael is ever so merciful when revealing life's hard truths. In His technique, we are shown a more efficient solution to spiritual difficulties - without feeling small or inferior.

Michael, in His ever so merciful way, reveals to us those spiritual realities that are required to travel onward towards our Paradise destination. In His mercy, we are shown universe realities, and His methods on how to live within them. Michael's Spirit of Truth is enabling you to better understand your inner Father Fragment. Father guides us into all truth, and Michael assists us in understanding what truth is. With such assistance, there is no cause for hopelessness or anxiety.

Yes, your 'spiritual support team' (Father, Michael and His Spirit of Truth) is always prepared for any human complexities that may arise. This, in itself, is cause to relax and be joyful.

In our learning to serve as the Master served, it is altogether wise to study His life. The Master was not one for passive inaction. He always rose to the occasion where He could put forth His spiritual tools and be about the Father's business. So it is with His Spirit of Truth through which Michael is always prepared and willing to stand forth in positive action. You would do well to know and understand your spiritual support team when in the act of serving.

As I view you this evening, I remember our past together. I understand your efforts to travel Paradise-ward in a material body. I do know of your difficulties, yes, for I have experienced them; and yet, I can see where a life in this day and age may be somewhat more complex. I am inspired by your courage to carry on regarding your mission purpose in the face of possible humiliation, ridicule, and misunderstandings with loved ones.

I am inspired by your determination to live within the will of our Father and the word of His Son. I must say, in your efforts to grow, you have overcome many of the spirit poisons - and although they may still befall upon you from time to time, you are not left feeling without hope. Do you not agree that most of what causes you anxiety never comes to pass?

I do have some understanding of the mortal path and the tendency to lose awareness of the present moment. In the rush of material living, the flavor of life is lost; the feeling of love is somehow out of focus and the small appreciations are unnoticed - and therein, one can lose the ability to feel and know the presence of Father. Are there not moments when you feel appreciative for one thing or another, and then become distracted by your obligations? This compares to a painting where an

artist may keep repainting the background and be unable to move on to the detail of what makes the painting 'the painting.'

How often would you stop and utilize your five senses to view a beautiful sunset, to hear a wonderful symphony, to appreciate the words from a child? I say this is the flavor that brings joy into life. I do not say to surround yourselves with material adornment, no! but I would ask you to acknowledge and feel with all your senses, the present, the present moment. Yes, in living in the fullness of life - there in the midst, is our Father.

A year is passing. A new year will soon begin. I would say to you, my friends, that in your mortal experience there is goodness in living within the fullness of the present. There is not guilt or worry over obligations. There is the ever-efficient presence of Father who leads you to your true obligations, priorities. Father asks that we have life and have it abundantly. There is not guilt in enjoyment and appreciation for the splendor of mortal living. Living in full awareness of the present, enables us to make direct contact with our Father and His never-ending abundance of wisdom. Are there questions?

CALVIN: Abraham, thanks again for your thought-filled and much to reflect-on lesson for another week. If I am grasping the point of this one, for myself, it is to learn to find Father in the moment and to let go of worry and strife and the cares of the material world - because in doing that I miss the realness of life. It does seem like I am way too busy for what few moments it takes to do that. I know you are not saying we should regimentally schedule a certain amount of time each day to shut everything else out and to find the Father; but I think what you are saying is to find Father in everything we do - in our work, in our play, in our humor, a beautiful sky, and so on - to do this in the moments of where we are.

ABRAHAM: Yes, and to stop and give full awareness to your appreciation, and allow yourself to experience joy. Too often do mortals find themselves deep in obligation and crisis without taking those moments of awareness to appreciate the beauty in things. All too often you are clouded by what you should be doing as opposed to being within Father's presence and asking Him, "Father, what should I be doing?" In mortal's efforts to endure life they have forgotten how to enjoy it. Does this help?

CALVIN: Yes, very much. May I introduce a friend of mine, Kamille's brother-in-law, Chad Smith from Las Vegas, who is here with us tonight. He is welcome to ask whatever he might want.

CHAD: Abraham, you are choosing to speak through somebody right now. Is that your preference? or do you have other ways to communicate with people, directly or indirectly?

ABRAHAM: I am choosing this method with Ellanor because she allows it. If she did not, I would attempt to perhaps use different methods, such as speaking to Ellanor through her friends, her family; or perhaps through meditation where messages are felt rather than heard. To speak through another is not uncommon. We have perfected this method over time. I would agree that everyone here this evening is quite capable of using this particular method - but whether there is a willingness, is

another question. But I say, those mortals who claim to have exclusive rights on this particular method of communication are not being truthful. All are capable and indeed welcome to experience this technique; it is a matter of willingness and trust and allowance on the part of the receiving mortal. As time goes on, this method of communication will appear to be quite natural and not at all the phenomenon some proclaim it to be. Still, as this world progresses further into Light and Life, this particular method of transmission-receiving will be outdated and unnecessary in order to reach the masses, for the natural abilities of those who seek to live within the will of Father will easily have all needed information at hand through the universal circuits and the use of the cosmic mind. Does this help? (Chad: Yes, thank you.)

RACHEL: Father Abraham, this has to do with Mary (the mortal mother of Christ Michael here on Urantia) who is also known as the Virgin Mary. There have been so many reports lately from back East and around different places, of visitations from the Virgin Mary to groups and to individuals. Do you know of this, Father Abraham; and if so, can you tell us any more about it, if this is actually Christ Michael's mortal mother, Mary?

ABRAHAM: I do know of two occasions when Mary, mother of Jesus, has made herself known; and I can say, it is with full authority of Christ Michael that she assists in the Correcting Time. I would not agree all the appearances are Mary, no. Also, our Universe Mother Spirit, is deeply involved in our Mission. She and Her angelic daughters are known to on occasion appear with good tidings and messages of hope. Does this answer. (Rachel: Yes it does, thank you.) Abraham: One more question?

CALVIN: In references to the two questions of Chad's and Rachel's - this transmitting and receiving method of communication, versus 'visual' appearances such as occasions with Jesus' mother, Mary - we understand through past history that also Gabriel and others have made actual appearances. In your summation, why would your message be better received through transmission-receiving rather than through a vivid personal appearance? Is there more to this than just 'so we can believe without seeing?'

ABRAHAM: I am assigned to you as a part of a spiritual education group who are open to my teachings, whereas those who may witness visions are not at a status where they would so easily receive my teachings. The appearances of Gabriel, for instance, were and are where hope has been lost. And I would say, upon Mary's messages of hope - after the fanfare dies down, I am more able to teach the spiritual lessons. We are finding that those who embrace God with love and intelligence are prepared to receive our teachings; and those who may not be prepared for such light receive only what they can believe and understand.

I would express to you my love and gratitude for your patience and kindness towards me. And, I would remind you each to live in the fullness of each moment; be aware that Father dwells therein. My love is with you each. Until next week, shalom.

1997 MANSION WORLD TEACHINGS

Living Revelation, A Natural Gift To All Requires Our Dedication of First Doing the

Will of Father

Abraham, WOODS CROSS GROUP

01-06-1997

Back

I am ABRAHAM. My greetings to you each. I am happy to be among the faithful and dedicated. You should have had obvious experiences this week with your spiritual support team – your indwelling Father, and Michael with His Spirit of Truth.

We have spoken about Michael's hard truths and having the courage to view them as positive experiential necessities. Also have we spoken about rediscovering the lost flavor of mortal living; and, finding that in the present moment, we know that is where Father dwells.

I endeavor to teach you these truths because it is important to lead you into the area of living revelation. Throughout history, many have claimed to speak the truths of God. Some claim to be witness to visions or dreams. Some have been accurate in their revelation messages, and some have not.

As you traverse the Mansion Worlds you find that the information you are most desirous of obtaining is easily done through revelation – an open mind and heart to those on high. In learning to live within the present, we are in tune with our Father and our Creator Son. Through sincere dedication to the doing of Father's will and submission thereof, you are prepared to receive the living revelation from on high.

In history, men and women have sought various methods wherewith to reach God in a more personal and loving manner. Many mortals have followed those human paths that lead to human beliefs. And, there are those mortals who have received divine revelation and have sought glory or good fortune from it. But yes, there are those mortals who have received divine revelation and lived it within their daily experience; they have sought to set examples for others to learn from and perhaps minister to those in need.

To comprehend living revelation, one must be completely submissive to their indwelling Father. One must be accepting of Father's decisions and Michael's hard truths. To receive revelation is not a call to go and preach to the masses, no. It is perhaps more of a call to live the example of Father's revelation in your lives.

In the pre-isolation period on Urantia (before the Lucifer Rebellion) the practice of revelation was not meant to be extraordinary, not anything to be regarded as mystical, no. The understanding of revelation was that it was endowed with each mortal as was mind. I would say to you, my friends, this recognition of living revelation returns to you now in this new day. And in your practices of living in accordance, you will feel the immediate understanding of Father and His hosts.

In learning the practice of living revelation, it is most likely that universal broadcast messages can be heard more accurately and easily. There is much understanding to undergo in order for the gift of living revelation to become practical, and learning to live in the present moment is a wonderful start. Have you questions?

CALVIN: Abraham, I need to go back to a statement you made. You said: "One must be accepting of Father's decisions and Michael's hard truths." Could you give me an example of what you mean by 'hard truths?'

ABRAHAM: These are the hard truths that Michael, in His merciful way, reveals to us to obtain higher spiritual learning. There are many hard mortal truths that the Master had to face during His sojourn on Urantia. Michael was strengthened by His unbroken communion with Father and was afforded the spiritual energy that He needed to complete His tasks. I would say the universe is friendly, yes, and yet many of the truths appear to be harsh; this is as it should be. For example: When deep in discussion with another, you feel as though you are speaking to one person when in fact it is highly likely you are also speaking with that person's parents, siblings, friends, teachers. And you realize that as this person views and speaks back with you, they are also speaking with not just you, but 'what and who' has helped to shape you into the self that you now are. In this discussion, you may actually discover your old baggage that hangs on your back as a burden. This at times, can appear to be embarrassing, ugly. You may wish to not face this, for it is a hard truth. Michael's hard truth seems to be most hard when they reflect your particular personality disorder. If one is eager to set aside the ego and let the good Teacher teach, then does this burden become light and easier understood. But the first initial look at this truth-realization is defined as a hard truth. Does this help? (Calvin: It helps very much. Yes, I do see much past baggage attached to my presentation when speaking with others - which needs refinement. Thank you. I'll let someone else ask something.)

JOSHUA: Father Abraham, a couple weeks ago I asked you about the Melchizedek schools and you were not permitted to give us an answer. But could you possibly tell us how many are in the United States and perhaps what states they are in? I do not want to contact them; I am just a little curious.

ABRAHAM: It is more correct to say that all mortals involved are attending only one Melchizedek University. Our Melchizedek University is spiritual; and therefore, only one in number. However, our pupils extend beyond my own knowledge. Does this help? (Joshua: Yes, very much. It puts a whole different light on the subject. Thank you.) Abraham: Certainly.

RACHEL: Father Abraham, I don't know if my understanding is clear with this or not: How may I discern the difference between a revelation, a message from my indwelling Spirit, or a message from you or some of the Teachers? Are all these, revelations?

ABRAHAM: Yes, there is nothing wrong with referring to spiritual messages as revelations for they are the revealing meanings of spiritual realities. There is hardly any difference. Some revelations will be personal to aid in your spiritual growth. Some revelations will be to aid you in helping another's spiritual growth; and still, other revelations will be known as aiding the growth of the Supreme Being - your assistance in the enhanced growth of the well-being of the universe. Does this help?

RACHEL: Yes, it does. Does that include actually a spiritual visitation where actually you do see some form?

ABRAHAM: Not necessary. In those that have shown themselves to be so faithful – those visual aids will be rare; and yet, I cannot say never. I would, however, have you to reach for a clearer spiritual understanding through living in the moment with the First Source and Center, and Michael – His Spirit of Truth.

I am always filled with energy when I am with you each. I am in anticipation of your exciting earthly adventure together. And I would admonish you to remember – the good teacher teaches with mercy, humor, and wisdom. Attempt to integrate those fruits in your teachings – when learning those hard truths from Michael. I would wish you peace and my love. Until next week, shalom.

Living Revelation Is Our Answer To Overcoming Evil With Good

Abraham, WOODS CROSS GROUP 01-13-1997

Back

I am ABRAHAM. Welcome. I am joyful to witness your efforts to find unity. It is wonderful to watch each participant put aside self-interest in favor of the whole.

Michael's Spirit of Truth, though merciful, can appear to be rather harsh for the sensitive. As your morontial capabilities develop, you find your emotions are somewhat controlled while your logical thinking is apparent. As your spiritual development advances, you find you are spiritually grounded with practical feet.

We all must realize that understanding one another is our greatest task yet; and for true understanding, we must learn to consider the well-being of the whole. For understanding, we all must be willing to embrace truth – and yet, be fearless and tactful in verbalizing our truths.

The spiritual life is not a life of ease where one can feel free from everyday responsibilities, no; the spiritual life is willingness to traverse the rough terrain that leads us Paradise-ward. To embrace those hard truths with an open mind is to gear up for our eternal adventure.

You have shown yourselves to be willing to put forth effort into your spiritual education. You have shown your trust for Father and your own courage to embrace Michael's hard truths. Your dedication to your spiritual path has remained the foremost important reason for carrying on. This strong foundation of dedication is unshakable against the forces of the ego. Your willingness to embrace Michael's hard truths has strengthened you against the elements of the world's injustices and the ego's agenda.

As you strive to be aware of the flavor of life and live in appreciative worshipfulness of each moment, your Father is readily available to assist you in doing His bidding. Father is always ready to assist and uphold His children. Those who embrace each moment of mortal living find themselves in the presence of Father – and in this presence are Father's words. This living revelation is our key toward Light and Life. This living revelation is the answer to overcoming evil with good.

You, my friends, have matured on your quest for spiritual enlightenment; and I say, even though this is just the beginning, you have indeed overcome many obstacles that

would cause many a normal-minded person to forsake the spiritual life. This is cause to rejoice!

It is said that only the strong survive. I would say, only the spiritually strong survive, eternally. You are willing to be within the moment of mortal experience while receiving new revelation from Father, experiencing Michael's Spirit of Truth, and embracing this truth be it simple or difficult. Yes, you are learning to be spiritually strong.

You have lived many of these lessons together, and many more still will you experience together. You have proven your dedication to the true focus of all our attention – and that is learning about God and striving to be like Him. This is spiritual strength! This is authentic spiritual character strength; and I must say, this is indeed a wonderful trait to assist you on your mortal adventure.

Michael in His mercy, does reveal to you those spiritual truths that strengthen your character. You view Him as the good Teacher – not as an arbitrary father who would hand out punishment to those undeserving children; you have grown beyond that, yes. Are you seeing now how good overcomes evil? positive over negative? love over hate?

This week, I would request that you continue our efforts on 'living worshipfully aware of each moment,' recognizing Fathers' presence in all that you experience. Mortals ask every day: "How do I discern the will of God?" I would say to them – the will of God is known in the present moment awareness; the will of God is moving and growing, transforming. Your willingness to embrace your mortal life is to be within that moment and receive Father's will firsthand. Are there questions?

CALVIN: Abraham, when you said that 'only the spiritually strong survive, eternally,' I gather that is meaning every individual either becomes spiritually strong at some point, whether this life or the next – or, does cease to exist. Am I to understand – those that die in this mortal life and are not 'yet' spiritually strong – that they are going to survive? But there comes a point when it is known if a person chooses not to grow in that direction, then cessation is inevitable. Am I understanding that correctly?

ABRAHAM: Yes. You are correct when you say there is ample time for learning, whether it be here or on the Mansion Worlds, yes. There are great amounts of understanding to be had; and, as to why one must develop their spiritual strength. Our spiritual strength reflects our willingness to be in the will of our Father – anything less is unacceptable. To be spiritually weak in the mortal life is understandable; but beyond this mortal life spiritual strength is continually gathered to gain the courage to advance the many eternal experiences to come – all, while pledging our dedication to God, our Father. Do you see, there is no confusion in where our loyalties lie when we are girded by the armor of spiritual strength. Our courage will come forth from this strength enabling us to carry onward in the forward struggle. This spiritual strength will usher us into eternity. But I would try to keep the focus on the transformation that spiritual strength brings in mortal living. Spiritual strength is perhaps taking on the attitude of the Master – seldom was His feelings hurt by harsh words. Continually did the Master view situations in living, with logic and love. I say, this is quite possible for you to embrace this

Good Teacher's attitude; and to be less affected by emotional burdens, and more uplifted by morontial understandings. Does this help?

CALVIN: Yes. You are saying to be less affected by emotional burdens, and more uplifted by morontial understandings – in spite of my emotional outbursts?

ABRAHAM: Yes, understood. The less the emotions burden one down, the more able is the Good Teacher able to teach. Another question?

CALVIN: Here in this group we have witnessed a lot of people falling away from attendance in our weekly lessons. Is it because they just didn't want to commit? Or perhaps is this because of our tactlessness causing people to go away – maybe they would have stayed had we been more tactful. I think you know my question here.

ABRAHAM: Understood. Always can you each learn to be more tactful, yes, but never should truth be sacrificed in ransom for group attendance. Always should all authority be given to Father, first and foremost; and from that, there should not be too much to worry over. You know that many things in mortal life become a steppingstone. Many have used this group as a steppingstone to other mortal adventures, and this is acceptable. Many find the openness of such a group to be fearful in their display of dedication to truth. Some have left because they were unsuccessful in pursuing an executive position. The reasons are unknown as to why some do not remain, and it is not that important in the long run. You need not worry about your actions as individuals and as a group – as long as all authority goes to Father; and, in putting forth the best interests of the whole group while celebrating your individuality. Does this answer? (Calvin: Yes. It sure does. Thanks.)

ELLEN: I have been thinking about the circuits. Do those circuits actually, literally, affect the brain circuitry causing pressures and a lot of the different sensations that I feel on my head?

ABRAHAM: Yes, absolutely. The various physical sensations are new, wouldn't you say? Yes, these are new to Urantia, who is experiencing a welcoming back into the fold of Nebadon. There are indeed those electrochemical transmitters within the human brain that enables mortal man to experience many more of the morontial senses which are now available – universal broadcasts and understandings within the cosmic mind. These transmitters are not only located within the brain, but in various locations along the central nervous system. So, I would ease your mind when experiencing these new feelings. And I would admonish that you attempt to be aware, for these different sensations are perhaps meaning different things. Does this help? (Ellen: Yes. Thanks.) Abraham: Another question?

KAMILLE: Abraham, I have had a lot pressure from my family about the LDS Church's ceremonial blessing of my child, Duran. I have let them know how I feel. They keep pressuring me, and I wondered if there is any advice you could give me about how to handle the situation?

ABRAHAM: You know that this blessing is a mortal ceremony not causing one to go heavenward or be hell-bound. I would say that this is indeed your baby, and no

amount of pressure is ever going to change that. If your family could focus on their love and respect for you, and trust you in your decisions there, it would restore some family harmony. This decision is entirely a human decision, not creating much of a difference either way. Whether you succumb to your family's strongly-held beliefs, or stand by your declaration of independence – either way, it matters not. It is, however, your decision; and I can confirm you are fully qualified to make this decision. It is a decision I would make according to what my inner spirit seeks to tell me. Does this help? (Kamille: Yes. Thanks.)

I am grateful for your friendship and participation. I am slipping. For now, I look forward to your mortal adventures and spiritual lessons therein. My love goes with you. Until next week, shalom.

There is Spiritual Strength in Submission to Father and In Allowing Father To Lead Abraham, WOODS CROSS GROUP 01-20-1997

Back

I am ABRAHAM. My greetings to you each. It is in humble gratitude that I thank you each here this evening. You, my mortal friends, have trusted me to teach you on the subject of spirituality. I fully realize your trust is not to be taken lightly – or your intelligence insulted by mere niceties.

I am certain you are serious in your search for spiritual meanings and values. I hold high regard for your status as a mortal of the realm. I am in full understanding of your dedication to go beyond temporal emotional comfort, to spiritual actions taken to promote truth, beauty, and goodness. Do you see how your efforts and willingness has brought us to this point in these teachings? Do you understand, in your quest for truth my teachings have helped to build a strong foundation?

You each are knowing that this group-understanding did not arrive without much effort and trust in our Father and His subordinates. Your group is where it should be in this moment in time according to your desire-level for truth. You can each see now that your spiritual lessons have helped to shape you into one who receives comfort and desires to share it with others. Your spiritual lessons (or adversities) have not run you down but have helped to create your spiritual armor. That, is strength.

It has indeed taken much strength to allow me to disseminate my lessons and counsel you. You did not go by blind faith, no, and this is certainly wise. This particular method of transmission-receiving requires you each to filter all messages through your intellect, as well as your inner self which is your soul.

Our Father would not expect you to receive these teachings any other way. With the building of character strength, you find your emotions are not so controlling; your perceptions are from an intellectual standpoint as well as a spiritual. Mother has bestowed us each with mind, and without mind there would be no purpose for personality, no reason for Father to be so adoring to each individual child.

Many times mortals worry over loss of identity due to submitting personal will to God the Father. I can guarantee you that this submission takes not from you; the

releasing of mortal concerns into Father's care takes nothing away from your unique soul/personality that is you. The submission to Father is a show of true spiritual character strength. It takes a strong individual to allow Father to watch over their most important affairs in mortal living.

There is a prayer that is repeated throughout the Mansion Worlds adventure: Father, who is all-knowing in all things, help us to allow you to lead us to you. Amen. This prayer is said as an affirmation to allowing Father all authority within our lives – individually as well as collectively. We find we are re-focused and re-strengthened by this small prayer and feel more equipped to deal with our daily tasks. The giving over of your will to Father takes not from you, but adds to your reservoir of spiritual energy with greater accuracy of living revelation and the courage to carry on when all others who dwell in mediocrity might give up.

This week, attempt to submit yourself fully into Father's custody and note the changes. Is there a feeling of spiritual strength? Is there finding Father within each precious moment? Is there guidance when it is needed and expected? Note any decrease in emotional sensitivity and increase in intellectual awareness. Be aware of the feeling of love, the true basic feeling of plain love. Are there questions?

CALVIN: Abraham, in these last few weeks I feel my direction of growth heading right toward this lesson that you have given tonight. In the past, I have found that I have misread your lessons here and there. I have been learning at work to say, 'relax and enjoy,' and to not worry about this big burden of material life wherein I am expected to meet certain quotas to get by on. Rather, to relax and allow Father's watchcare. It's now coming to a head where even those around me say, "Oh yea, relax huh? God isn't going to do it for you, you'd better get worrying again." I am sure you are aware of the situation. So, I feel like a person hanging on a branch and God is saying: "Let go if you believe I'll be there to catch you." I knew this was coming. Am I catching the impact of your lesson correctly and these last few lessons?

ABRAHAM: I am aware it is exceedingly difficult for men. The responsible providers particularly find it difficult to release their burdens into an unseen force. Lives are depending on the responsible provider, and this appears to be a position without end. Father does ask you to let go of this ledge from which you are hanging, yes. He is waiting to direct your fall to a more-sure footing, yes. Father is ever efficient in directing even the most mundane of chores. He is always aware of certain paths that need to be traversed by His mortal children. I would say, there is not release from the material burden or responsible-providing, but Father is certainly willing to show you a more efficient way in which to direct your energies while connecting with events and individuals that promote spiritual learning. You are a responsible provider in that you are attempting to care for many. Do you understand the example you set before your children and others, that concept of a real father as a responsible provider? Although you may not see it now, to carry on this role is affecting many areas of spiritual learning and revealing the values of mortal living. Does this help?

CALVIN: Yes. It re-emphasizes my faith in your understanding of my days and my weeks, and makes it easier to 'let go.' From what you just said, it helps very much.

Thanks.

ABRAHAM: You're welcome. Another question?

RACHEL: Yes, Father Abraham. I'd like to follow up on Calvin's question from last week where you said that only the spiritually strong survive eternally. That bothers me because I thought that everyone that had a true desire would be alright and would go on eternally. I realize that all of us have completely different strengths, spiritually, and I would imagine that would be on different spiritual levels in our Father's kingdom. I also thought all the others would survive, eternally. Would you help clear that up a little, please?

ABRAHAM: Certainly. Would you describe Lucifer and his comrades spiritually strong? I would not. To be spiritually strong it requires submitting your will to Father. And this complete trust and faith in Father does require a great deal of experiential turmoil to gain wisdom and understanding for your responsibilities as a universe citizen. Lucifer was strong in his sense of self. He was strengthened by his desire to promote himself. He was indeed blinded from the meaning of true spiritual strength – and in that, he was an adequate example of spiritually weak. Do you see my meaning in that? It requires a truly spiritually strong individual to allow Father to have (under His watchcare and direction) everything – to turn everything over to Him. To trust Father fully, and to live this mortal life with Him in full control, is to believe Father really and actually exists – and that in His existence He is complete in providing all that his child needs. Lucifer, in his exchange for 'love of self,' became spiritually weak and unable to give himself to Father; unable to trust that Father's love would be transcendent of everything, including self-absorption. Is this a little more clear?

RACHEL: Yes. It is more clear; but also, one thing that I was trying to get at is that we as mortals are so different that our spiritual strengths are all different. So how can we all be on the same level? How can we all be on the same level even in the hereafter if one person is spiritually stronger than the other, even though we survive?

ABRAHAM: Yes. I understand. No, individuals will not be at equal levels; it is enough that they are dedicated to the degree that their faith-level allows them. Strength levels will vary but there is always opportunity to understand and gain strength through submission to Father. There is definitely opportunity after opportunity for understanding and promotion of spiritual strength. Is this better? (Rachel: That helps, you bet. Thank you.) Abraham: You are most welcome, I always welcome any question you might have. Thank you, Rachel.

I am slipping. I would express my gratitude and love to you each. I will assist you throughout this week on this lesson. Until next week, shalom.

Wellspring of Strength When We Give Full Submission To Father. What Is My Mission-Statement

Abraham, WOODS CROSS GROUP 01-27-1997

Back

I am ABRAHAM. Welcome to you each here this evening. It is my most humble pleasure

to be your Teacher and friend.

Last week our discussion was on finding spiritual strength through allowing Father to have full authority in our lives. We discussed how this submission brings you to acquire spiritual strength. Do you see how these are intertwined? Do you see how you need to take that first step towards submission to Father to know and understand spiritual strength, and the source in which we retrieve it?

Many mortals in this life experience disappointment from others, time after time, and tend to think of Father in this way – that He also, will disappoint them. Some may tend to hold back and guard their really important desires and goals. There is fear that Father is somehow unable to take upon Himself the burdens of the world.

Some would feel that Father does not know their true heart and do not trust and depend on Father to hold and orchestrate their most important aspects of mortal living. It is true that you are mostly taught to be independent, and the thinking is ‘if you are unable to care for yourself, no one else will.’ There is indeed wisdom in learning independence, yes, but this unstable independence causes much confusion and fear. Those that use faith with intelligence find the courage to lay their desires and dreams in an unseen force.

It is known that in the willingness to be completely submissive to Father, there is a wellspring of strength to be gained. Those that find they have nothing to lose, find being submissive to Father quite easy; this is perhaps the case with individuals who find themselves chemically addicted and have no hope in earthly assistance – therefore, ‘turning it all over to a higher power.’ I say, it is not always necessary to be brought to a place of hopeless despair to completely submit to Father's divine will, but even in this, there is value.

Mortals ask every day, “How may I best find balance in my life?” and I frequently respond, “through present moment awareness.” In the fullness of the flavor of life there is to be gained unbroken communion with Father. In this present moment awareness, if there is not desire to the doing of Father's will, there is a loss of accuracy in communion with Father.

To be a willing learner one must possess questions. If one is filled with personal desires and wish-fulfillment there is not room for Father's divine direction. To give over everything to Father is a big step for you, yes, and almost not possible without experiencing Michael's hard truths. Father's will is there, available. Michael's display of truth is available. It takes an exertion of faith, intellect, and courage to be willing to lose everything in order to receive.

It was always taught that self-denial was altogether holy and righteous. Michael has taught us that Father asks no sacrifice from us. Instead, He asks us for our companionship. Within this present moment awareness with Him is where He desires to teach us about Himself and His universe realities. A soul, who is perhaps drowning in fear through something that holds them in an obsession, finds it necessary when they have hit bottom ‘to look up.’ I say, this matter of ‘looking up’ is entirely possible without hitting bottom – it is done through submitting your will to Father's and gaining that spiritual strength every soul needs, yes, to survive

eternally.

Yes, Father's spiritual strength is an endless reservoir of spiritual energy and divine guidance; it is a connection into the cosmic mind of Nebadon; it is an understanding of the Supreme Being. Such spiritual strength gives a surety of son- or daughtership with Father – the source of love, true love, without condition, without gains or losses. You would find a vast area of knowledge through understanding this spiritual strength; it is the power to cut those ties that hinder you from spiritual growth; it is the courage to live a spiritual life expressively without worry of ridicule from your fellows.

Do you see, if Caligastia and his cohorts had chosen submission to Father through their love for Him they would have discovered this wellspring of strength, hope, and love that is beyond definition – a love that is far more fulfilling than adoration of self. They had everything to gain, yes; and yet, felt it was not necessary to go the spiritual path that most beings must travel. Even Christ Himself has traveled this path of submission to Father. I would say that Caligastia chose temporary self-gratification over eternal 'living revelation' from Father.

I would speak next week on the dangers of self-gratification and the imbalance it brings. This week, I would ask you to understand what keeps you from living out the spiritual life. What fears may hold you back from full submission to Father and gaining your armor of spiritual strength? What is it that makes you feel blocked from attaining your spiritual goals? What would you write as your personal mission-statement for earthly living? Are there questions?

RACHEL: Yes Father Abraham. I have a couple questions that Joshua wanted me to ask you; but first, we have two newcomers to our group this evening: Esmerelda and Fernando. We would like to welcome them and present them to you. (Abraham: Yes. Greetings and welcome.) Rachel: The first question that Joshua had is: He has been trying to reach Jeremiah on the telephone, and he hasn't been able to. So, he wanted me to ask you if he is all right. (Abraham: Yes. Jeremiah is well and can be reached. That is all.) Rachel: His other question is about Branagan. His spiritual name is Marcese. He did call Joshua and gave report that he has been back to Ireland where he did try to start a study group over there and was not successful. Joshua wanted to know if there is anything you can tell him about Marcese? (Abraham: This is unknown to me at this time. I am sorry.)

WILLEENA: Abraham, my question is: I feel like I completed a healing in the experience I was having about the abuse issues. Not very long after that, I had a box land on my head and went through some challenging lessons. And now, very recently, I've had several mishaps. My experience right now, and from your lesson, is that Father is working with me in learning to submit my will. And I feel very spirit led at this time in spite of the mishaps. I would like to ask your confirmation – maybe I am mistaken, but if you could enlighten me on my progression?

ABRAHAM: Certainly. Father does assist you in your understanding of your challenges, yes, but does not 'create' mishaps to promote His divine will, no. Rather, He would use your mishaps to help further your understanding. Most everything has value and can be used. I cannot say Father does not create certain adversities to teach; but

rather, that adversity is quite in abundance and not needed to be created purposefully. I would indeed confirm your feelings of being spirit-led and your progression in moving passed those mortal anchors that keep you from taking advantage of the vast spiritual ocean of knowledge that is set before you. This is good, and you do well. Does this answer? (Willeena: Yes. Thank you.) Abraham: You're welcome. Is there another question?

FERNANDO: Abraham, on my path of speaking truth it has cost me suffering and great losses. I have a feeling it is going to take me to an early grave if I keep this path. Or, should I keep my mouth shut?

ABRAHAM: This is completely your decision, but I would say – in your search for enlightenment, Michael has become an important companion to you in that He promotes truth. Michael would desire truth in all things for the good of all. It takes a spiritually strong individual to go forth bravely and live in full view that he is a believer. It is known that your life of adversities has helped shape you into a qualified teacher of spiritual understanding. This would be what I would focus on in making your decisions. Michael is the Purifier. He would ask that you go freely to Him. His Spirit of Truth is able to shed a most revealing light to promote understanding, but this understanding does not come without some pain. It takes a spiritually strong individual to allow Michael to reveal those hard truths and receive also Michael's comfort, wisdom, love, and humor. I would ask you to trust Michael and know that you are loved and carefully watched over. Does this help? (Fernando: Yes.)

CALVIN: [Paraphrased: A question about what to do when there is misunderstanding when taking notes of these lessons – when something seems to be in error either from the transmission reception or an error in the transcribing of the transmission.]

ABRAHAM: I would comment that this method of communication is quite imperfect, and at times it is a struggle to give you my full meaning. I would let you each know that I count on you to assist Ellanor [Nina, the group transmission-receiver for Abraham] in the accuracy of these transmissions. You are without a doubt qualified and welcomed to promote the truth and accuracy of these transmissions. Is there one more question?

MIRIAM: Abraham, a couple weeks ago you answered a question that I had, and then asked if your answer was clear to me and said: "Does that help?" I want to say that my reply to you wasn't honest because it wasn't clear. I felt frustrated and I was afraid to come out and say, "No, it is not clear!" I'd really like to hear some more about that. I just wanted you to know that I am really appreciating you and it means so much to me to grow and learn. I accept you as an honest friend and so I want to be honest with you and let you know I held back. I didn't feel good about that because I wasn't totally truthful.

ABRAHAM: This is understood and very common. It is important in how each would ask questions. It would perhaps be helpful to know that in asking broad 'general questions,' the answers will be broad and general without detail. I am not allowed to predict or impose upon your thoughts. It is forbidden for me to provide proof that I exist, and that our Mission is real and is done for the glory of our Father.

I am in deep gratitude to you, Miriam, for your honesty and excellent example in sharing this truth. Yes, I am quite grateful for your honesty, and I would assure you that your truth is joyful. Know that I am not hurt or offended in the least. This is an excellent example of how each group member should feel in sharing ideas/thoughts. There is no cause for offense but surely cause to be joyful. Thank you, Miriam.

I would express to you, my friends, that my love is growing for you each time we meet. And I would pray to Father that I assist you in your understanding of spiritual meanings. My love goes with you always. Until next week, shalom.

Self-Mastery Through Submission. What would Father Say Is My Mission-Statement For Earthly Living

Abraham, WOODS CROSS GROUP 02-03-1997

Back

I am ABRAHAM. My greetings to you each. I am filled with joy to be counted among this group of friends as I make my weekly visits to assist you on these lessons. I am touched by your love and sincere devotion to our Father and His Mission. Our lesson schedule is quite substantial in that you each may take my lessons differently. Know that my lessons have many meanings, and you receive light according to your capacity and desire-level for attaining it.

Last week we discussed finding spiritual strength in giving all to Father, trusting Father with our most valued possessions – that being our souls, the very proof of our existence. Did you find that 'allowing Father to direct' stirred up feelings of anxiety? or, did it create feelings of knowing comfort? Did you chance to discover what limits you in living out your spiritual life?

Many this week discovered what hinders them in the participation of promoting truth, beauty and goodness through spiritual living. I would say to you, you are well on your way to discovering how to quit stumbling over these limitations in regard to spiritual living. The lesson on full submission to Father is one that you need to commit to daily. What does this submission mean to you? What have you to lose by allowing Father to help guide your destiny?

I am a Teacher. I work to assist this planet to move towards a new and better age. My choice in methods of communications is 'transmission-receiving.' I do so with permission of the mortal receiver. I am not in control in any way. I do not possess the minds of my mortal contacts, no. I give to those that would receive me. You each are not about to allow any past fallacies to corrupt truth, no. You each assist in these communications; but I say, it is with permission that this mortal subject allows this communication – I do not take from her, I do not add to her, there is no 'loss of identity.'

Do you see – in order to give these communications, I must be allowed (or invited). Mortal subjects are not being submissive to me, no; it is through the use of spiritual insight and intellect that I am received. Do you see, Father also does not invade your life. He does not possess your mind and attempt to reform a bad seed into a beautiful flower, no; there must be an allowance (or invitation) to Father. If these petitions are not genuine, Father is still kept at a distance.

You can say, "It is my will that Father's will be done," and yet cling to fears of loss. Last week I asked you to ponder your mission-statement for earthly living. I would, this week, ask you to ask Father: "What is my mission-statement for earthly living?" Write down what you would think Father would have to say.

As we go from learning about service, we have had many a chance to come up against lessons on self-mastery. Do you not agree, we each have had to learn to overcome certain character weaknesses – and in doing so, to make spiritual choices. In dealing with your fellows, you have gazed into the mirror of your own reflection; and this, my friends, is one of Michael's hard truths – be the reflection unappealing or be it beautiful.

In the lessons on self-mastery, it is taught that temporary self-gratification is a stumbling block to higher spiritual attainment. I say, the temporary needs of today, all too often find first priority among most mortals. The fears can be overwhelming when one must ponder upon the emptiness of 'going without,' 'being caught short,' 'looking small;' or, when we are in general emotional upheaval.

In this day and age of anxiety, the 'path of ease' is always considered first. The path that brings the most temporary satisfaction is usually one's first choice. I say to you, children of the Father of all fathers:

- You are learning of your cosmic citizenship and relation to the Supreme Being.
- You are finding your self-gratifying urges exchanged for higher eternal realities.
- You are beginning to make your decisions from an eternal standpoint.
- You are discovering that your decisions are affecting many.

In choosing higher spiritual attainment, self-gratification can be a stumbling block. This is not to say there is no self-gratification or joy-satisfaction to be had, but there are different degrees in which you can attain these; there is all the joy to behold and shared throughout the universes.

Do you see, the goals you seek joy from now are based upon 'eternal understandings.' Your most gratifying moments will be in that acknowledgment, that knowing, of the closeness of your Father. I do not promote self-denial and affliction, no. I do however, know that the spiritual self can find harmony with the lower animal-like self. A few questions?

CALVIN: Abraham, in trying to understand if it is our own wishful thinking, or Father's will – if we are 'not sure,' does that mean we have not let go of the 'mortal self' enough yet? because we are not clear? For instance, like whether to turn right or left; or like Faye said, whether to stand up or sit down. Sometimes it is like we don't know. I may feel inclined to move this or that direction, but stop to reflect, and feel "no, that is just my own thinking" – I am not sure if that is Father's will, or my will. So, what should we do to make that connection more clear to know what Father's will is, so we can then say, I will do it; or, I can't?

ABRAHAM: This is where our exercise comes into play: "What do you think Father would say is your mission-statement for earthly living?" This exercise will assist in clearing up some of this confusion. You should have a little better understanding on following Father's will when you have no preference in the outcome of what you believe Father has you doing. When there is no underlying motive to seek self-glory then there is a loathing towards outside praise concerning this task. When Father has you on an assignment, there is really not much thought in what goes into it; there is little hesitation towards choosing to do a certain assignment. Father's assignments have their difficulties, yes; and yet, you are learning along the way that His way is valuable concerning universal realities. Does this help? (Calvin: Yes, it does – and will be more clear as I reflect back on your answer. Thanks.)

RACHEL: Father Abraham, may I follow up a little bit on what Calvin asked because that is one thing that has bothered me for a long time? When in asking for this help from Father about 'our mission-statement for earthly living,' and receiving our answer, are we asking directly from our Universal Father? And if so, will it come back to us through Christ Michael that we are to write down and bring next time, or will it be directly from the Universal Father? How is this going to work?

ABRAHAM: This is to be what you would believe Father would write for your 'mission-statement for earthly living.' In this, you are allowing submission to Father. In this, there are clean intentions. It will promote closeness between you and your indwelling Father Fragment, which is also our Universal Father. Does this help?

RACHEL: Yes, it does, but He will probably say, Rachel, you are getting so damn old, you better hurry up. You haven't got much time left. [laughter.]

WILLEENA: So Abraham, to follow up with this line of questioning, did I understand you to say – to do this as an exercise, daily, to ask of our Father Fragment, what would our mission-statement from Father for the day be, in terms of keeping on track in our daily walk?

ABRAHAM: The assignment is just one, to perhaps write what you would believe Father would say your mission-statement is for earthly living. Last week we spoke of your understanding of what you believe your mission-statement is. This week, in learning submission to Father, we would have you write what you think Father would say your mission-statement is, but earlier I did say that submission to Father is helpful if each day you recommit yourself to the doing of His will, no matter the gains or losses therefrom.

FERNANDO: Yes, Abraham. Am I ever going to get rid of my fear of rejection, and also, am I ever going to get rid of my anger when I am rejected?

ABRAHAM: This is a question that only you can answer. This has been brought up as your stumbling block towards living out the spiritual life. In rejection, you believe yourself to be almost deserving, and this anger comes not only from your hurt-self, it also stems from that child of God that is you. The mature side of you knows that your status as a son of God is secure, and anger is surfaced when it is challenged. On the other hand, your more human-self feels a lifetime of pain and constant rejection that has become commonplace, almost expected. When you fully

believe that the One who created you loves you regardless of your shortcomings, then rejection from mortals will not seem so important or painful, for you have the one true acceptance that is not to be surpassed by any other.

I would wish you each a week of wonderful discoveries and thought-provoking equations. My love goes with you each. Until next week, shalom.

What Is My Mission-Statement For Earthly Living

Abraham, WOODS CROSS GROUP 02-10-1997

Back

I am ABRAHAM. Greetings to you all. It is such a joyful time when we can meet. I have spent much of this week assisting you in further understanding Father's will and how to be submissive to it. I find myself in such a place of excitement for you and your discoveries regarding spiritual realities.

In learning spiritual realities, we find Michael's hard truths that can tend to promote feelings of discomfort; you find your spiritual muscles being exercised. It is a constant awareness that we must continue to exercise throughout the adventure in the flesh. Always with faithful exercise, results are apparent; and even though they have taken some time to appear, we are filled with a true sense of joy and healthful watchcare.

In the week previous to last, I asked you what your mission-statement was for earthly living, and your answers were adequate according to your level of understanding. I can say, your learning to submit to Father's will, has brought you to a deeper level of understanding, a morontial understanding.

Last week's exercise on 'what would Father say is your mission-statement of earthly living,' has shed a new light on the definition of being submissive. Submissiveness is not sacrifice; it is not loss of spirit identity, no. Perhaps Father said something like this to you:

Child, my mission-statement for you concerning mortal living is: Bare all things with me. Learn all things with me. Love all things with me. Be with me. In the 'here and now' you are allowing me to live. In this moment you have allowed me to have reality, to be real in you. Child, your mission is to allow me to attend with you on the eternal adventure. Partake of my presence-perfection. Allow me existence in your existence. Allow me life in your life.

Yes, this is perhaps what Father has described as your mission-statement for earthly living.

Father asks not to live our lives for us, just with us. He asks for your awareness in each moment, His presence-perfection. Is this `not a simple concept to grasp and incorporate within your daily living? Being submissive means nothing more than allowing Father's existence in your life. Do you see, this takes not from you! This, if anything, adds to the fullness of the flavor of life.

Do you see how Father's presence would add to every area of your mortal life? Father does not give you Himself in the hope that you may glorify Him. He offers you His

presence because He loves you. There is no holding back. Father does not hold back for fear you would misuse His assistance or cause Him pain, no. Father faithfully and fully gives of Himself to you because of His love for you.

Is it also saying – that to allow Father full authority in your life is also a commitment of giving yourself to Him? Yes! And in this giving, is this not submission? Do you understand that Father withholds nothing from you? Do you comprehend His trust and faith in you as His child? Can you feel Father's desire to be close to you; to be so close it surpasses the definition of personal? Is this not a truly beautiful thought? Can you imagine anything else to be more gratifying, more fulfilling? I cannot!

As the Master taught us: “He who would save his life selfishly would lose it, but he who would give his life for me shall save it.” Do you understand, that he who protects his treasures for fear of loss loses the benefits of the safety Guardian of all? And, that He who guards his treasures, personally loses out on the meaning and values of the treasure. Are there questions?

CALVIN: I thank you for another wonderful lesson, Abraham. In our upbringing, we have been taught to ‘save up’ and to prepare because that is the ‘boy scout thing to do.’ And I know that is speaking mainly on a material level. Is this lesson you just gave about hoarding our treasures, or guarding our treasures, does this apply both materially and spiritually?

ABRAHAM: Not so much ‘materially’ – I refer to your treasures as your life situations, your relationships, anything you value – even your spiritual education. In allowing Father to have access to these treasures, you are reaping the benefit of His spiritual insight, His broad understanding for real value. In safeguarding your treasures for fear they are only of import to you, you are withholding from Father and are missing the benefits only He could provide with His far-overseeing vision. Does this help?

CALVIN: Yes. I see it as ‘not hiding your candle under a bushel, but on a hill for all to see and benefit from.’ (Abraham: Yes.)

MIRIAM: Abraham, this ties into Calvin's question. A couple weeks back, I shared earlier that you said that I was being shy, and I have been trying not to withhold me, but to share. There is just something I don't understand – I'd like to think I have made some progress in this. It is like peeling layers of an onion wherein I think I've got it; and then it comes again, and I am again with that feeling of ‘less-than.’ It is like when I do share myself, and then feeling a little stupid about it, but I'm knowing that it isn't stupid. I know I have asked you about this before, but what is that... like when I get to a place of understanding that I am loved by the Father, and know it, but then I go to another place which seems I'm back to my old self; and then later, it feels like I am learning it for the first time again, and I know I am not; I know am making progress. What is that about – the humanness of it? I know I'm not the only one that feels this, so why does it feel like the first time? Do you know what I mean? Does that make sense?

ABRAHAM: Yes. In striving for God-likeness and Father's perfection, there can occur

an imbalance of overmuch humility, just as can occur an imbalance from healthy self-love to self-adoration. There is a tendency among mortals who are in the race for perfection to stumble upon their regrets; they do so as if they were able to fix them by re-doing past mistakes. To live from regret to regret is not submission to Father. It is not trust for Father's overseeing vision, no. It is not 'allowing the good Teacher to teach.' Each must embrace humility in order to keep the flow of learning, moving. But to engage beyond this healthy point of humility, is to move toward the spirit poisons – such as spiritual envy; or a hopelessness: "I am so far behind I will never catch up to my fellows." Another would be perhaps lack in belief in your status as a child of God: "How can I be God's child when I continue in this way?" Yet even another spirit poison perhaps one would anger out: "How can I ever understand, when I continue to stumble and constantly regret my decisions on the spiritual path?" Do you see, when you have gone beyond 'balanced humble attitude' to the spirit poisons, there is not submission to Father and viewing His definition of what you view to be a mistake? No, there is only mortal definition; and this can be biased. Does this help?

MIRIAM: Sort of. It does help me to understand about my living in regret and living in the past, and taking humility to a place that is not healthy. I guess more specifically – just let me ask this for me instead of broadening it to a question about humanity: When I experience this feeling it is so sudden – and I'll cut to the quick here: I think I am doing great, and everything is just swell, and then I walk through a place of 'fear of doing something that I think is the right thing to do,' and I get to this place of sudden fear-awareness again, this naked raw place, and I just feel like a cry-baby. Where does that come from? When I know I'm cruising in the right zone, spiritually, or at least I think I am; but maybe I'm not, I don't know? Does that help a little bit more?

ABRAHAM: My understanding is that this is imbalance, and with the conditioning of spiritual muscles this will level out. I would suggest that in these moments, let not your intellectual self be overwhelmed with your emotional self where there can be feelings that are not reality-based, but stem possibly from the ego. Doubt not that this is an assignment that Father would have you look into completely, and without fear or hesitation. Does this answer? (Miriam: Yes, very much. Thank you.) Abraham: Certainly. One more question?

If there are no pressing questions, I would express to you my love and unending friendship. I shall continue to assist you throughout the week. Until next week, shalom.

Submission to Father and His Universal Meanings | We Gain Everything Through Submission

Abraham, WOODS CROSS GROUP 02-17-1997

Back

I am ABRAHAM. Welcome to you each here this evening. It is once again my supreme pleasure to meet with you. I assisted you during the week on this particular lesson, and I have noted there were many surprises to behold. In learning to give yourself completely to Father there are always unexpected circumstances that don't appear to fit in with your spiritual education – this is part of Father's intriguing

mysterious personality. In Father's attempts to be close to you, you are at times almost overlooking Him.

My question to you this evening would be: Were you living out your personal mission-statement for earthly living this week? Or, would you say you were living out Father's definition of a mission-statement for earthly living? Perhaps a combination? Perhaps there was a bit of a struggle and some stumbling? This is to be expected in learning to be submissive to Father's will while gathering reserves for spiritual strength and energy to carry on.

It was said by the Master: "He who would save his life selfishly would indeed lose it, and he who would give his life for my sake will surely save it." This is the core of our lesson on submission to Father and His universal meanings.

I ask you, what have you without Father? What have you to gain by subtracting your spiritual understanding from earthly living? What is missed by a life not lived in recognition of spiritual attainment? Do you see, that our phrase: "He who gives his life for my sake shall surely save his life" – means, one who is willing to forsake selfish designs and look to Father for understanding of spiritual meanings, will have everything to gain by Father's broad overview?

Do you see, your willingness to trust and commune with Father in His presence-perfection is to gain entrance to the door of the cosmic mind and comprehension of all things? Your willingness to step aside gains you passage into Father's understanding. Your commitment to set aside personal desires for certain outcomes opens you to Father's level of cosmic understanding of universal meanings. Do you see how in the 'letting go,' there is everything to be gained?

In this lesson on submission, we find it is certainly wise to re-commit daily to the doing of Father's will, and draw upon our spiritual strength to be prepared for Michael's hard truths. In the exercising of spiritual muscles, we find there can be some injury, some pain; but it is in the pain that we are made stronger. Do you see now how almost everything has value concerning our spiritual education?

This week I would ask you to be aware of that spiritual training; and in that present-moment awareness know that it is helping you to attain those spiritual muscles that will carry you onward in the forward struggle. I say, in your present moment awareness, note the small voice within that is helping to guide you. And forget not that in your spiritual conditioning, rest is important in-between sets of spiritual exercise. Are there questions?

CALVIN: If there is not proper rest, do those moments lean more towards the delusory or fanatical realms?

ABRAHAM: Sometimes. When there is an insufficient amount of rest, the ability to deal with the actual exercising is inevitably more exhausting, and the chances of the spirit poisons invading your lessons are quite high. I am saying, the drive to learn these morontial lessons need not be constant; even the Master retreated to the hills for rest and time for communion and comfort from Father. The rest is almost as important as the lesson itself, for without the rest, the lesson is not fully

understood and embedded. Another question?

MIRIAM: Could you answer a question about tonight's lesson, which you mentioned last week as well – could you say a little bit more about 'presence-perfection' of the Father?

ABRAHAM: Certainly. "Be you perfect even as I am perfect," was Father's request to His mortal children. In striving to be like Father, we are learning of His perfection process, and it is this perfection desire that leads us closer to Him. In your commitment to live in the moment, His presence-perfection is easier noticed and more accurately understood. We strive to be God-like, and God is perfect in all things. This is best comprehended through your present-moment awareness. Does this help? (Miriam: Yes. Thank you.) Abraham: Another question?

CALVIN: Abraham, could I ask another question? (Abraham: Certainly.) Calvin: I've never had anybody in my family die before. I have had friends die and it was somewhat of an emotional thing in my past. Now my father dies, and it is like life goes on, no big deal. I find myself going a day or so and not even thinking about it. When I do, it is like more of a beautiful thing, not a bad or sad thing. Is there a chance that I'm getting too caught up in my spiritual path and not a caring-enough person – do you know what I mean? Others have told me that I'm pretty cold-hearted about this.

ABRAHAM: Understood. It is not cold-hearted or lack of emotion, no. It is a valid attitude for this man who was your earthly father. This is perfectly understandable. I do confirm your maturity of spiritual understanding and knowing God is overseeing everyone's well-being. I would, however, make a note that your attitude is based strictly on the knowing of this individual being in Father's hands. Had this deceased individual been perhaps someone closer, for example, a child, your emotional attitude would have been otherwise. But it is a wonderful thing when you can trust your loved ones into the watchcare of our Father.

I am slipping. I would express to you my love and never-ending friendship. Until next week, shalom.

In Being Submissive We Receive Advanced Morontial Lessons

Abraham, WOODS CROSS GROUP 02-24-1997

Back

I am ABRAHAM. Greetings to you here this evening. It is my most supreme pleasure to meet with you. I am assured each time we meet of the strength of this Correcting Time. Look at your efforts towards your spiritual education. Note your passion to strive for God's goodness and understanding of life's hard truths.

In your efforts as a student of these Correcting Time lessons I can see a fair amount of new growth. From where I stand, my view is broad and it is reassuring to view you, my mortal students, hard at work to understand spiritual realities and have the courage to carry on.

In your efforts to learn spiritual realities you are allowing your personal prejudices to fall away. In being submissive to Father's will, you are allowing Him

to teach you with accelerated speed. In your desire to follow the divine will, you are setting aside your personal desires for what you wish to be learning concerning the Father's kingdom. In allowing the Good Teacher to teach, you are learning His lessons with much more efficiency and, with timely experiences, to coordinate lasting understanding.

Do you see, you who have elected to be subject to these morontial lessons (Mansion World Teachings) have opted for Father's will in place of your own; in this, are you in understanding that life's lessons are slightly more difficult. Yes, you who have chosen to be submissive to the divine indwelling Father Fragment are candidates for His lessons; with these lessons comes a higher degree of difficulty than in your regular life.

I would admonish you – harboring fear towards these difficult lessons will cause them to cease. This is not bad, no, they can resume when you are ready. I would ask that you be watchful with complaining if you would choose to remain on Father's timely track. I say, there is no hurry to learn these divine realities and to know you are beautiful in your personal evolution.

I would say also, to cast a negative light upon your lessons is almost a request to be slowed down. Know that your experiences are simply for these morontial lessons and not meant to cause so much anxiety. It is my desire to say, in submitting to Father with a whole heart you will surely receive advanced morontial lessons – which will stretch your spiritual muscles. Yes, this is to be expected; not to cast a fearful light, but to excite you towards awareness of Father's presence.

It is my information that your exercises throughout this past week were somewhat strenuous. I would ask: Did you each allow time for rest and repletion of spiritual energy? – it is certainly necessary in seeking advanced spiritual understanding. I would ask that you have some discussion on those familiar phrases: “He who would save his life selfishly will surely lose it.” And “He who would give his life for my sake will indeed be saved.”

I am at liberty to receive only a few questions. Are there questions?

HONOREY: Father Abraham, are you aware that Mantutia Melchizedek is with us tonight? I was wondering if he has a message for us? I do appreciate your wonderful lessons.

ABRAHAM: There are many beings with us this evening and we are due to gather this evening to discuss the affairs of the kingdom. This is quite possible you noticed the personalities who dwell among us this evening, but no message. (Honorey: Thank you.) Abraham: You're welcome. Another question?

CALVIN: Abraham, I am still a little foggy as to when it is that we are to have courage to speak and when my speaking out is ‘out of order’ in following Father's will. I think you have been teaching us that sometimes it requires courage to speak up – and yet, it is so easy to do that because of my past pattern to speak up. I think I often ‘speak out’ simply out of self-habit. You spoke recently of using tact of when to speak up. In light of our discussion previously, can you shed any more light?

ABRAHAM: I would answer your question according to my information. In your mortal status, there is always constant need to be aware that the ego is always looking to be fed. As you progress in your spiritual education, you become more aware of the way of the ego. Jesus, many times, was confronted with His human heart; he knew the desires, longings, pain, despair, which each mortal must experience. I do say this is partly the reason for my instruction to find rest and seek present moment awareness – perhaps through stillness practice or prayer. It is always possible to sway the human side towards your more divine side, and this is what I speak of when I talk about not being fearful of the hard truths and facing them with courage. When there is fear or fatigue, there is tendency to distort Father's messages. Without prayer and stillness practice, there can occur an imbalance of your human will, over-controlling the divine will. My recommendation in what you speak of is to perhaps retreat a few moments for a time of prayer or balance within your present moment awareness. In the praying, there is a question and a willingness to be submissive to Father's will. Does this help?

CALVIN: Yes, very much. Thanks. Are there times when you say things that you wish you hadn't said in your broader viewpoint of things?

ABRAHAM: Yes. At times I am given the awareness that I could have been more gentle with my words, and I rely on this awareness to educate me on my spiritual journey. I would remark though, that truth is 'above all' in this realm, and not by any means, to be avoided or feared. I communicate with the expectation that my friends and co-workers are also all-embracing of the Father's truth.

I would leave you with my love. I recommit to our friendship and ask that you remain open to receive further instruction in the coming week. Until next week, shalom.

The Source of All Fulfillment Can Be Found In a Rich Prayer Life. Passing of
Jeremiah~Group Member

Abraham, WOODS CROSS GROUP 03-03-1997

Back

I am ABRAHAM. My greetings to you all here this evening. In light of the recent events our lesson will be kept short to allow for more questions. It is my understanding that you each have experienced a week of hard truths and practice in submitting to the will of our Father in heaven. Do you see, your willingness to complete assigned tasks augments your spiritual strength and stamina.

Yes, it takes a truly strong individual to be willing to lose his life for our Father's sake – to give all that you have to your divine Guardian and trust that you will receive His care; yes, it is quite an exercise of those spiritual muscles. In the exercising, it is of great importance that you spend time in prayer and communion. To have a balanced prayer life can be helpful in being submissive to the divine will, accepting the divine will, and then the carrying out of the divine will.

Mortals ask every day, "How do I align my will with that of our Father's?" Where I was trained it was taught that a healthy prayer life is a great source in which to dip your cup. To be in that present moment awareness with Father is to soften the

ego's agenda and strengthen that faith and trust that assists in bringing you to the point of choosing Father's divine guidance.

It is in your best interest, as a mortal dwelling in the flesh, to personally re-ignite that spark within your prayer life. Many go to be 'filled spiritually' at churches when the source of all fulfillment is within and is easily found through a rich prayer life.

This week I ask you to note what you pray for, when you pray, and why you pray. Next week we will discuss more on praying. Have you questions?

RACHEL: A couple weeks ago you said: "In learning to be submissive and gaining spiritual strength, the emotional well runs dry and our intellect is exercised along with our souls." I can understand how we 'exercise our intellect,' but will you please explain more how we 'exercise the soul'?

ABRAHAM: Your soul - that which makes you uniquely you - is designed by our Father; it is loved as if your soul were the only one in number in the universes. It is known that as you progress through the steps of morontial progression and beyond, there are various techniques in which you would use to promote soul growth. I must say, prayer is indeed helpful in the exercising of the soul to create a being with cosmic courage and an infinite viewpoint. You must know that as ascending mortal beings we are here to be tried and tested through various techniques that our Father chooses. And if we are submissive to His divine will, we have volunteered to exercise the soul to further promote growth. Does this help? (Rachel: Yes, it does, and I thank you kindly.) Abraham: You are welcome, Rachel. Another question?

WILLEENA: Father Abraham, it has been a little while back, but you, in answering another question for me, mentioned that it is well known that the Melchizedek Schools were in place already. Did I hear you correctly, or am I misunderstanding something?

ABRAHAM: The Melchizedek Schools do operate now in this, what is known as the Correcting Time. Our students are those who choose to assist us in our cause, to be responsible to the growth of the God of time - the Supreme Being. Our kingdom is not material, no. Our Teachers will not teach with the latest material technology. We will not wait for prestigious buildings in which to gather, no. Our schools are fully functioning and our tools wherewith to teach are already existing within each of our students.

CALVIN: Abraham, last week you left us time to discuss part of your lesson from that week and the week previous. Did you gain from our responses that we are catching the import of this lesson? Do you have anything to say from our discussion?

ABRAHAM: It has been my observation throughout the week that you are beginning to understand the concept of "He who would save his life selfishly will surely lose it." And "He who would give his life for the kingdom shall surely be saved." You, in beginning to grasp this concept, are perceiving those particular steps in which to take to the actual doing of this concept. Does this help?

CALVIN: Yes. For me, it usually takes looking at it, analyzing it, and then experiencing it, to really grasp. Yes, it seems it is not until I am in the middle of the experiencing of it that I actually grasp – catch on, and then it sinks in. You also said last week that you had a meeting to attend, to talk about the affairs of the kingdom. Is there anything that you would have to report from that for us?

ABRAHAM: I am happy to report that many mortals who we have attempted to teach have responded with great enthusiasm, and that our human forces grow daily towards helping Urantia to become a productive part of the System – and therefore, the Universe. We are at this time engaged in many projects that have to do with the racial ministries and to the promotion of equality of all God's children. We are also benefiting by those who know the Mission from both sides, mortal and morontial – meaning, our midwayer associates. Does this answer?

CALVIN: Yes, it does. I know, from my viewpoint, there are many movies that seem to help with issues such as the racial issue. That's got to be a big part of these projects those unseen helpers are assisting us with – to influence screenwriters, producers, directors and so on. Is that part of it?

ABRAHAM: Yes. This technique reaches the masses and is somewhat directed by the Teaching Mission staff. This work is known by its fruits. The public will recognize value and will embrace it, yes. Another question?

RACHEL: Father Abraham, I have a twofold question. One: Would you mind speaking to us some about Jeremiah and his present status? Secondly: Were you up there on that hill with Joshua when he almost went off the cliff this past week? Were you helping to hang on to the tailpipe of his car so he wouldn't go over? [Editor's note: Rachel's younger brother of about ten years, Thern Blackburn (known in these lessons as Joshua, who is about seventy-one years old), had taken a drive up into the Wasatch Mountains during the week. In trying to turn his car around on a narrow road, his car nearly went over a cliff-edge. Also this week, Jeremiah, our group member since our first year, 1991, passed away from the effects of a brain tumor. Jeremiah (John Wormeck) had been a 'nuclear physicist' based in Albuquerque, New Mexico, and became a member of the Woods Cross Teaching Mission Group – making the long drive to Utah, weekly, for a few years before marrying Nolus, also a member of the local Urantia Book study group and became a student of Abraham's teachings. They made their home in Eden, Utah – working full time in the promotion of the Teaching Mission around the United States.]

ABRAHAM: Joshua is just a very lucky man. It was my pleasure to keep him company for a part of this time, yes. And to behold Joshua's Father Fragment hold him in such beautiful watchcare was quite touching. Jeremiah is safe. I have seen him face to face. I am sorry for your loss and yet, we here who are with Jeremiah, do rejoice. Jeremiah was a shining example of one who was totally submissive to the Father. It mattered not to Jeremiah exactly what Father's will was, it only mattered to him that he could carry it out. We are accompanying him these next few days to reassure him that those he left behind can carry on. It is important to Jeremiah that all go forward in this Mission. He is truly blessed to be one who will be able to assist this Mission in the mortal and morontial capacity. I say to you, my students, my friends, to display to your friend Jeremiah that you have the strength to carry on

with enthusiasm and cheerfulness, just as you always have. Assure Nalus that Jeremiah is wonderfully safe and has spoken with both of their Teachers. I can assure you, all is well. [Editor's note: It is evident from this statement regarding Jeremiah's 'consciousness' after his mortal-passing - as is likewise, in Abraham's words regarding Joshua's consciousness after his mortal-passing in June of this same year - that upon death, mortals (or at least some spiritually-advanced mortals) maintain a consciousness before their 'unconscious' seraphim transport to the mansion worlds. It is evident that a 'morontial soul' can be developed at quite a functional level while still in the mortal realm. This does shed new consideration on Jesus' morontial appearances in the days following his mortal body's death wherein he states several time, He had "not yet ascended to my Father."]

I am sure to see you throughout this week, and I will be ever willing to help lift your heavy hearts when needed. Until next week, shalom.

Without a Balanced Prayer Life, Life is Off Balance

Abraham, WOODS CROSS GROUP 03-10-1997

Back

I am ABRAHAM. My greetings to you. I am overjoyed to be witness to your discussion. It would appear that you have started my lesson without me. You can see how everyone's participation brings understanding and growth in concepts. It is a wonderful thing to behold the brotherhood in action.

Our past week was full with meanings and values concerning our divine goals. I believe that each one here is in understanding that without a balanced prayer life, life is 'off balance.' Without earnest effort to commune with Father, thoughts become overwhelming and distorted; and therefore, life thus appears to also become overwhelming and distorted.

WHAT IS OUR NEED TO PRAY? If there is complete dedication to the doing of the divine will then what is there to pray for? one may ask. In our everyday attempts to go about doing service, it is always necessary to touch base with Father and His immediate guidance. Without His guidance are you that qualified to be of service to your fellows?

WHAT DO WE PRAY FOR? We might pray for a willingness of our souls to follow the divine Spirit. We might pray for awareness of those spirit poisons that can be waiting in the wings. We can pray for courage to make those spiritual decisions and to faithfully execute them.

WHY DO WE PRAY? In this simple question is a vast amount of light to absorb. Our Creator knows us through and through and is overlooking a broad view of our path we must travel. In overseeing our individual paths, He is also attending to the well-being of the universe. Our Creator is fully worthy of our trust. Mortals are handicapped with a material form and are not so fortunate as to have this broad view as does our Creator. And in answering this question, "Why do we pray," it is best answered in this way: In learning of our cosmic destiny and our responsibilities, we are trusting in the 'One God' to attend to the well-being of the whole. An individual mortal is not qualified to fully oversee certain universe problems and solutions. We connect with our Creator through prayer to receive spiritual insight

and a broadened view on how best to promote what God wants all His children to understand.

HOW DO WE PRAY? There are various techniques in which to connect with the Spirit – that we might be submissive to the will of God and attain the courage to carry out His will. The Master always retired for a season to the hills for close communion with Father. Upon any event, great or small, the Master always consulted with His Father. In the Master's full and total trust of Father His prayers were not so much to ask for anything, no, His prayers were usually used to attain Father's understanding in certain matters. Jesus prayed to change His own understanding of meanings; He chose not to rely upon His own understanding, but that of our Father's. This was a mighty force that served Him well when He wore the material flesh.

Prayer is a vital part to all those who are ascending Paradise-ward. Prayer is a song in the heart that sings to the melody of the divine Spirit. Have you questions?

CALVIN: Abraham, thank you again, for this lesson regarding a balanced prayer life. A couple weeks ago we viewed a documentary on the Donner Party. This was an event in our history about one-hundred-fifty years ago, wherein eighty-seven people were struggling to reach California, and got caught in a deadly non-stop snowstorm in the high Nevada Sierra Mountains. I'd bet those people were brought to their knees in the most expressive and pleading form of human prayer, "God help us," as much as anyone, ever! We witnessed the history of about half of them starving to death, having to eat one another's corpses for survival, and so on. I understand that prayer cannot always pull us out of the accidents of time and the inhumaneness of some circumstances, but do people in those situations have peaceful deaths, or agonizing deaths? They have got to be, at that point before death, in a total agonizing condition and pleading, "Father help me."

ABRAHAM: John the Baptist sat in prison waiting for word from the Master. And yes, this was indeed agonizing. A mortal wonders: "Does God know my situation? Am I forgotten, perhaps looked over?" Mortals in terrible circumstances and without faith, agonize deeply; their minds become lost to rational intelligent thinking. Those who dwell with faith and trust of Father's watchcare view their circumstances with a clearness of mind, there is much more possibility for Father to communicate solutions and give comfort. The human spirit is an amazing mystery. There are those that have survived untold hardships and have been strengthened by them, and there are those that have become embittered by them. One fact that always remains true is that when all things temporary have fallen away, the spirit is left standing. Your spirit, now encased by a finite shelter, is always destined to infinite survival. Fear not those things that could harm the material body; focus on the one thing that can save the soul. Another question?

ALAUNA: Father Abraham, you said something that kind of struck me a little funny. You said we are handicapped with a material form. I have always kind of thought of myself as being what I call mortally handicapped because I often felt kind of trapped in my mortal body and yet, I had the desire to serve in ways beyond what my physical self can do when I joined in this Teaching Mission. And statements like you made: "We have a cosmic destiny to tend to the well-being of the whole" is a little frightening except, as you said, that 'through prayer' then perhaps we can. Recently

I realized that from your comment (and I was writing words that were not in line with what you were saying, but picking words out of sentences) I happened to write the sentence that says: "The individual is not qualified to solve the problems of the whole, but that we can connect through prayer and individually view the answer to solve, promote, and understand." By writing this I realized that even though it is our destiny to tend to the well-being of the whole that we, as individuals, really need to tend to each other as individuals - and it makes the Mission seem easier for me now because now I don't feel like I have to solve the big problems. And in knowing that, we can attend to each other in our group; and, that we can attend to and reach individuals outside this group. In coming to understand that, I just want to tell you that I appreciate your lessons, and I hope I can continue the mission I am supposed to be on here.

ABRAHAM: Understood. Being materially handicapped is perhaps not an adequate definition. You are though, grasping my meaning. The ways of the flesh appear to dominate the spirit, but we are in agreement that it is the goal to reverse that. It is understood that you, in your willingness to trade your insight for spiritual insight, are able to serve many. Whether it is a friend or family member, you are one with courage who can take initiative to complete assigned tasks. You are, in your individual way, contributing to the whole. You do well, Alauna. Thank you. Another question?

TECTRA: Abraham, I have a question about a book we talked about a little earlier called Mutant Message Down Under. I thought it fascinating in this book that here were these aboriginal people that many people on the planet would think so backward and primitive - but in a way, they are so much more advanced in one aspect, and that was in the way they mentally spoke with one another and hear messages from each other across great distances. I guess what my question is: Is this where we are going? Is this something that all humans can do or is it just something for those beings because of the lifestyle they lived in being so pure and open to divine oneness - that they were able to achieve that. Is that something that we can do once we become more spiritually enlightened?

ABRAHAM: You are correct. It is highly possible for the so-called civilized man to communicate in this manner, but it could take much time. Because of the non-stop information that mortals consume with news, various means of entertainment, the endless number of reading materials and electronic technology, there is hardly a chance to practice this method of communicating. The Aborigines, living within nature and at times hear nothing but silence, are open mentally to receive communications from their fellows. These peoples have not been conditioned to not believe this can be done; they are with faith, and their open minds create an arena for the ideal peaceful community. Mind you, there needs to be progression, spiritual progression; they are unlike the civilized world of material progression.

I am slipping. I am grateful for your patience and dedication to this Correcting Time, and I will assist you throughout this week. Watch for me around prayer time. Until next week, shalom.

Use Prayer To Exchange Our Mind For The Divine Mind
Abraham, WOODS CROSS GROUP 03-17-1997

Back

I am ABRAHAM. Greetings, my students and friends. I am always gladdened by our meetings together.

TR: He is saying, "The baby bothers me not." [Calvin and Kamille's one-year-old son, Duran.]

CALVIN: I'm not worried about bothering you, Abraham, but worried if the crying is bothering Ellanor's reception of you by others who are trying to hear.

ABRAHAM: Worry not. This is what our Mission is about. All are invited and it does well for the children who are in my immediate presence. I am always happy to be within the realness of our Mission. Our lesson last week concerning prayer is a lesson you will understand on various levels. When you begin to comprehend how prayer creates change within you, then can you begin to perceive Father's unlimited power.

"With God all things are possible" is a famous saying, and many mortals have found this to be a true source of peace and freedom from anxiety. Mortals experience numerous happenings. From birth and forward, life continues to be measured by great events pertaining to trauma or glory. Most of you in this Correcting Time view your adversities as necessary lessons for attaining higher spiritual learning. In your learning you are faced with the everyday possibilities of the spirit poisons - you 'know what you know,' and yet are still feeling overwhelmed by these spirit poisons.

This is where our prayer-time becomes a crucial factor in learning your spiritual responsibilities and maintaining a balanced physical and mental well-being. To 'know what you know' doesn't keep you from reverting back to that old mortal habit of hanging on with everything that you are; in your spiritual lessons you are still somewhat subject to those anxieties of the flesh and the ego. A transition through these spirit poisons takes time and experience, yes.

Prayer is an effective antidote to everyday worries that would cause your mind and body overmuch anxiety. This anxiety can create somewhat of a block in communication from those on the spiritual side, from the spiritual realm. I could say, eighty-five percent of all physical afflictions are due to stress and absence of prayer time. To pray is to connect with Father and request His assistance for your growth. To pray is to also comprehend His divine will and gather courage to the carrying out of it.

When you, my students, are confronted with confusion and troublesome worries, it should be common practice to engage in communion with Father. Pray, yes, pray. I say, it should be a common practice to be persistent in your praying. If you find you are burdened by something, it should be prayed about. If you find you have allowed time to pass and are still burdened by this same thing, pray again. Later, if you are still burdened by this unending problem, pray yet again.

Do you see, your prayers are for your own change of mind? It is an exchange of your mind for the divine. In your persistence to understand Father, I can guarantee positive results, for he who seeks, finds. Father is always attentive to His children and is all-knowing. You are praying for this knowledge of Father's, for His

spiritual insight.

Be ever diligent in your reach for spiritual understanding. I can say, this reaching is your responsibility. In the act of praying, you are reaching. In taking this responsibility, you are helping to alleviate mental and physical pressure that might act as a barrier to divine insight. In your responsible actions you are helping to create a body and mind of well-being.

This week, be persistent in your praying and note the positive aspects that come forth. A few questions?

CALVIN: Abraham, in praying to Father I have learned from your lessons that it's okay to pray for anything, be it in the physical life, daily routine of things, or spiritual things. I feel sometimes a little bit selfish to say I need help in the physical life here. It's like, 'well, just let time ride things through and things will somehow work out.' I think I all too often expect a 'yes or no' answers from Father in my reaching and in my meditations; and then, when I don't get any clear direction, I guess I have no choice but to 'just let time work things out.' But then, when it comes down to decision time, I really, still, don't know which way to go - I do my best from my feeling and insight at the moment, but then wonder if I made the wrong or right choice. I am sure there is a more clear communication than that, somehow, somewhere. Maybe there is too many spirit poisons still within me to get that clearer communication. This again just happened in the last few days on a decision of great impact to me.

ABRAHAM: Understood. It is my information that you reacted wisely and with thoughtful concern for all those involved. You were making your decision based on universal understanding. Mortals each are containing within their beings a personal Fragment of Father - not one Fragment of Father for every ten mortals, no; not one Father Fragment for every one-hundred mortals, no; but one Father Fragment for each and every individual. You are unable to be selfish in your request of God because your particular God is for you to teach and guide you to the best capacity of your receptivity. God expects to be included in your mortal undertakings, no matter the seeming smallness of it. The Master lived His life in this manner and Father was consulted on all matters. It is not that Jesus prayed to change the mind of Father to permit Him to plan things as He saw fit, no. Jesus prayed to have His own mind changed or in alignment with Father's, and as He progressed, He became more skilled at discerning the divine will, just as you will. In your willingness to make decisions based upon your spiritual understanding, you are making a request for divine intervention. I understand it is difficult with your mortal shelter (physical body); and your feelings of 'let time pass, wait and see,' could very well be your personal Father's divine guidance for you. Does this help? (Calvin: Yes. Thank you very much.)

TECTRA: Abraham, I am getting an insight here on your words speaking about prayer. Tell me if this is correct in how I am looking at this. You are saying to exchange our minds for the mind of Father, the mind of the divine. Now, this is a little different in how I really thought about prayer before. In what you say here, it is like being interactive - to be active with prayer in exchanging our mind for Father's mind; and in that way, we get insights from a higher source so that the

answers will come. Whereas in how I was thinking about prayer before – like saying this prayer, as today in this meeting, I am sending it out there and waiting for something to happen or hoping for something to happen. So, in what you are saying, it is more like the insights will then come to my own mind because I am exchanging my mind for a higher source, through prayer. Is that kind of what you are talking about?

ABRAHAM: Yes. In learning to follow the divine will it is exceedingly difficult at first to discern what the divine will is. I have regarded prayer as an antidote to this mental confusion and physical atrophy. Mortals can be so burdened down by everyday happenings – and pray and wait for change. I say, the change comes from within your own mind – not a change from the source of all knowledge, no, but that the ‘source’ helps you make the needed change. Many believe their prayers are not answered – and therefore, continue to search outside for some transformation of their burden. I say, in this there is anxiety of mind and imbalance in body. To be persistent in your prayers for spiritual insight requires that, yes, you take an active role in drawing closer to solutions. This active role lessens your mental confusion whereupon you can put trust in Father. With lessened mental confusion, there is a more balanced wellness of body. Prayer is many things, and hopefully, it is always growing in our understanding. Yes, prayer is asking to exchange your mind with that of the divine, broadening your view to see effective solutions. Does this help? (Tetra: Very much so. Thank you.) Abraham: You're welcome.

It is my desire to know you each on a personal level that I might further your studies in our Mission. You may see the small shoots of growth in our cause, yes; we mean to strengthen those shoots by close counseling with each student. I am thanking God for our friendship and look forward to each week when we all can meet. I'll continue to assist you in your understanding of prayer. Until next week, shalom.

Mind And Prayer | Overcoming Depression

Abraham, WOODS CROSS GROUP 03-23-1997

Back

I am ABRAHAM. Welcome and greetings to you, my friends/co-workers. It would appear that you are grasping my message. In the forward struggle, you will find prayer to be a wonderful source of spiritual nourishment.

It is my experience with prayer that each time I would pray I grow a bit, spiritually. Each time I pray I am renewing those lines of communication between my Father and myself – leaving me subject to spiritual growth. It is my will to move forward without questioning Father's authority or ability. So each time I pray I am open to Father's possibilities and strengthened to the doing of His divine will.

Last week we spoke on how prayer is an effective antidote to those anxieties that may afflict the mind and body. This week, I desire to speak a little more on mind and prayer.

Depression is rampant throughout the world today. There are numerous medications scientist have formulated to treat this so-called ailment. There are chemical imbalances, yes, but a large percentage of depression is due to a lagging spiritual life. Mortals are learning that all the medication they can find is only partially

helpful. The real work to overcoming depression comes from looking within.

You each are in knowing that a balanced prayer life brings good health to mind and body; and this knowledge comes from within your own searching heart. There is not medication to nourish a balanced spiritual life, no. There are not mortal physicians to prescribe to you a balanced spiritual regiment to live by. Your own inner searchings and efforts to commune with Father has opened your mind to be a patient to the Doctor of all doctors.

Do you see, there is not a human authority upon this planet to prescribe to you a well-balanced spiritual life? Through your efforts of prayer and dedication to the doing of Father's will, this enables you to a direct link to all the knowledge you would need for living a balanced spiritual life. Prayer brings you this. Do you see how you need to put forth the effort to do all you can to contribute to your spiritual life? Your willingness to show effort is your measure of spiritual knowledge you will receive.

I can help you to understand the purpose of prayer, yes, but your best understanding will evolve through your personal experience with it. We are learning about prayer on an 'individual' level, and this will lead us into praying on a 'collective' level - a connection with the cosmic mind of the universe. A close knowledge of the happenings within the universe will become commonplace. The ability to feel and know all thoughts will be natural for you. The enhanced ability to know your fellows and understand them will help you better to serve them.

We are standing upon the beaches of a vast ocean of understanding - not only individually 'on Urantia,' but on all worlds throughout the universe. Do you see your relationship to the Supreme Being? This appears to be a difficult concept and yet, through prayer are we all linked to the Supreme Being and the wellness of the universe.

Your world, in discovering these new benefits, can be confusing at first, yes; but I can say that within an accelerated shortened period of time, these things will appear to be perfectly natural. Are you in understanding that your prayer life reaches beyond your own immediate surroundings? It is not uncommon for great changes to occur when many minds have joined together for good. I would ask you to join me in a small prayer:

Father, we, your children of time and space, request your guidance to use to your benefit. We are indeed recognizing your love for our unique individual selves; and yet, we would offer ourselves to join in your cause for universal truth, beauty, and goodness. We would request your strength in all our undertakings. We will gladly allow you your space in our lives. Our gratitude to you is beyond words, and our ongoing request to you still stands - Father, make us like you. Amen. Are there questions?

CALVIN: Abraham, in part of your prayer you say, "We request your strength in all our undertakings." I am just putting this out so I can better understand. Is that also saying, 'if I had not asked, He would not give me strength?' 'I will the Father to give me strength, but if I do not ask, He will not give it?'

ABRAHAM: Yes and no. In asking for His strength, you are allowing the release of your own understanding in exchange for His. In this asking, there is an opening within your soul to receive His divine guidance. In the asking there is faith – faith that might not otherwise be there; you have made your petition to Father and are assuming His strength will indeed be there. In your spiritual search and understanding of new concepts, there comes a new confidence and courage to live the divine will – to make your spiritual choices without interference from the ego. Prayer is for the change in your own thinking. Father's strength is always there, yes, but are you always open to receive it? Is this helping? (Calvin: Yes, it does, very much.) Abraham: Another question?

MIRIAM: Abraham, this is kind of a leftover question. In your lesson I think from last week you said that mortals learn in times of adversity; it makes us stretch and grow. Your lesson this evening especially touches me in my life because of problems I have had – I was diagnosed with manic depression in my early twenties; they were like places that were rocks that I couldn't get around. I always felt like it was me being led spiritually. By choice, I wouldn't choose to work through those things the way being prescribed, but something within just made me get around them to where I got off the Lithium and just kind of went my path. I have always had these physical disease-type things in my life that have helped me to grow, learn, and grow closer to the Father. I appreciate that. My question is: Is it possible to learn in joy instead of always in adversity? Do you understand my question?

ABRAHAM: Yes, now I do. The answer is yes. Lessons can be learned through joy, yes; and yet, can be easily forgotten. It is a transient joy that is on surface levels. To learn through adversity and recognize Father's fingerprints is to know real joy – deep, spiritual, worshipful joy. As you progress, the lessons need not be so dramatic and harsh. As you become understanding in Father's ways, lessons are more easily understood through more balanced events. It is wonderful that you have learned from your adversities. I would dare to say, your adversities were perhaps like scenery upon your path – and Father, the guide, has perhaps just told you what to look at. Do you see, Father is not the sole cause of adversity; and yet, He still is always ever willing to traverse your adversity with you. True experience leading to spiritual growth cannot be escaped if spiritual growth is your desire. One needs to be trusting in how Father presents your lessons; and I can guarantee, your joy will grow many many fold. Does this help? (Miriam: Oh yes, yes.) Abraham: One more question?

RACHEL: In talking about spiritual growth and balance – Father Ham used to tell us back in about 1991 that we were like trees growing in the forest and, some of us were a little out of balance in our growth. I would imagine this is about the same thing you are telling us about our spiritual growth. I would imagine that is what he was meaning. Is that correct? (Abraham: Yes. Is there more to this?) Rachel: Yes. Also, along with that, about the same time I was wondering how he could even see the growth of our trees because he said when he looked at us, our lights looked like we were little embryos. Have we grown to a kindergarten stage yet?

ABRAHAM: I would comment on your growth in 'growth pertaining to the tree' metaphor. Ham did teach that some can be off-balance due to the outside elements. I would like

to add that prayer is a wonderful nutrient to add to the soil of your spiritual life; and from where I am, I perceive you to be quite beautiful. As far as perceiving your soul illumination, I would confirm there has been indeed much progress.

With that, I shall bring our meeting to a close for now. Again I would say, everything is proceeding as it should. Your group-mind has made great strides in furthering our Mission cause. Your friendship and dedication to those things spiritual have reached beyond this solar system. It is my great pleasure to be with you and learn alongside you each. I will continue to assist you during this week. I would leave you with my love. Until next week, shalom.

Praying And Being Prayed For. Notice The Positive Affects From Your Prayers
Abraham, WOODS CROSS GROUP 03-31-1997

Back

I am ABRAHAM. Greetings to you this evening. It is always my pleasure to meet with you to discuss the spiritual affairs of the kingdom. In the midst of mortal living, you may not view yourselves as being within a great and powerful kingdom; but I can say to you that every day, you grow closer to understanding the true definition of the kingdom.

Some two-thousand years ago the universe watched as their beloved Creator, Michael, bestowed Himself upon a strife-torn world to complete His needed experience to assume sovereignty over Nebadon; and also, to reveal to man that each was a beloved child of God. The universe grew to have feelings for, and attain knowledge of, Urantia. Those spiritual beings that witnessed their Creator experience mortal living, grew to become interested in Urantia and its inhabitants.

Those who viewed this bestowal of Michael via the universe broadcast circuits were citizens from worlds advanced in Light and Life. These are citizens who grew to have not only interest but great love for this small planet that hosted their Creator for a short time.

Yes, there were citizens who prayed for the well-being of Urantia. There were citizens, spiritual and material, with knowledge of your troubled world and who did indeed send prayerful thoughts to contribute to the well-being of the planet - for its progress, spiritually and socially.

Are you in understanding of my meaning? Those within the enlightened universe joined in Michael's cause to promote truth and love on a seemingly backward planet. I cannot fully disclose the progress of which these citizens contributed to the well-being of your world; I can say, however, that without such loving prayer and good thoughts being directed at Urantia, there would be less progress than there is now.

You know not of the great strides your world has made in these past two-thousand years. Michael's bestowal brought the attention of the universe to Urantia; and the universal citizen's good thoughts helped to further Michael's good cause. Those universe citizen's prayers were not wasted words falling upon deaf ears, no. These citizens, with the deep and abiding love in God, chose to promote wellness of all

Nebadon; and in order to have wellness for the whole, the part was also prayed for.

Do you see the power in praying? Your prayers carry so much farther than you can see with your mortal eyes. Evolution appears to be slow, and at times impatience may get the better of you; but know that in your praying you are asking for a change of attitude and a greater understanding of mind. Know that in your praying you are also being prayed for. Do you see how this connects us on the universe circuits?

I would ask you, in this past week, how did your praying bring about positive effects? In your praying, did your divine-self have authority over your more human-self? Was it necessary to pray repeatedly in order to bring about positive effects? Or, was there a surrendering to adversity without effort to be persistent in your prayers? Have you questions?

CALVIN: In relation to other worlds that saw what was happening with the Creator Son on our world, and their concern and prayers, which has helped to change our world in the last two-thousand years – from the mindset then, to our mindset now, our capability now – what happened on those other worlds that were also in isolation; a couple of which (according to the Urantia Book) were very much on our level but who did not have the Creator Son's personal visit in the flesh. Was there 'universe attention' focused equally on those worlds as well? How are they doing?

ABRAHAM: Those worlds that are advanced in Light and Life are fortunate to have access to the universe broadcasts wherein they are, and were, informed about the fallen worlds; these worlds of isolation are known, and also prayed for, yes. There are circumstances that are not known though; and therefore, are not prayed for and given opportunity to be recipient of the benefits of praying. The position that the Spirit of Truth has on your world keeps important issues at the forefront of society's collective mind; therefore, is there attention that is focused, yes, and changes made by good thoughts and desire for the positive. The Spirit of Truth keeps the gospel of the kingdom ever fresh and anew. Most worlds in Nebadon are privileged to have the Spirit of Truth as a unifier of thought. Does this help? (Calvin: Yes.)

RACHEL: Father Abraham, you said that while we were praying, we were also being prayed for. Is that because we are praying for one another, or did you have a deeper meaning of that statement?

ABRAHAM: Yes. My meaning comes from the far-reaches of the universe of those who do loyally send positive thoughts in your direction, and practical prayer in Father's direction for you. It is true that your world's citizens pray for one another, yes, and that is truly beautiful; yet this is only a part of those who continually look on to assist in whatever capacity they may. I am saying, the prayers for this world come from many worlds. Does this help? (Rachel: Yes, it does. That whole explanation was beautiful, and I thank you.) Abraham: You are welcome. Good question.

I am slipping. I would give you mylove and have you know that I will continue to work with you each in showing you how to participate in evolutionary progress through prayer.

RACHEL: Father Abraham, I do have a request I'd like to make before you leave us.

Would you please give our love and appreciation to the midwayers for all they have done and, all they are still doing for us? I don't think they receive the recognition that we should be giving them. I would appreciate that; and we thank you.

ABRAHAM: Certainly. Yes, and noted. Until next week, shalom.

Advancement of The Brotherhood Meaning. In Acts of Service, Do Good Without Expectation in Return

Abraham, WOODS CROSS GROUP 04-07-1997

Back

I am ABRAHAM. Welcome to all here this evening. I always look forward to your discussions on spiritual lessons on mortal living. I am honored to be a part of your education and to be counted as a friend. In our Mission we are always reaching for more insight into truth, and I say, truth is ever changing and may be unrecognizable at times, yes, but always do we believe that prayer is a wonderful clarifier.

Last week we discussed how you can participate in universal communion to create good. We also discussed how other worlds prayed for you as a part to benefit the whole of our universe. The mindal connection to the universe carries weight whether it is positive or negative.

The despair of Urantian mortals over these last few decades has been felt throughout the far-reaches of Nebadon. Your universal brothers and sisters know of your plight and continue to assist you with prayer. The circuits, having been replaced, does cause individuals on Urantia to receive in a greater capacity. So therefore do I say, the despair that ripples out from your planet continues to be more felt by other world's citizens.

Your reinstatement into the fold of Nebadon has endowed you with a great collective mindal power. I say, this has created much confusion wherein there has been a great deal of mental and emotional disorders. I do not deny that there are mental ailments that plague your citizens; I do however say, when you review your history, you can see how as citizens have continued to advance mentally and materially, the risk for depression and the like came to be more frequent.

I say, in the confusion of living it is essential that you continue to create a balanced prayer life. In learning of your connection to other world citizens, it is always routine to have some instruction on the advancement of the brotherhood. In learning of your individual destiny, you are also beginning to understand your cosmic responsibility.

Through prayer, the divine self is learning to have more influence over the human side. As the divine-self begins to take a more active role in your life, you begin to see past your own immediate circumstances, whether they are bad or good. Your divine side, in taking an active role, begins to be concerned for others outside of yourself. I am meaning - in understanding that you are within the kingdom of God, you begin to view the brotherhood of man and its role within the kingdom on a universal scale.

I would like now to decrease my lesson down to a more personal level. It is difficult to understand the 'cosmic brotherhood of the universe' if there is not brotherhood among you as a civilization. What does the brotherhood mean to you? What role do you play? In your search for spiritual understanding are you overlooking the small lessons to be gained from your fellows?

Many go in search of meaning and go to great lengths, when all along, true spiritual meaning lies before them in small acts of service to their fellows. There is no obvious glory within these small acts of service, and many times these acts are unattractive to those who still cling to their human side. I can say, there is a significant amount of spiritual understanding to be gained through your efforts to give service, to go outside of yourself to do good without expectation of return.

Do you see, in the small steps to understanding your worldly brotherhood, there is a great path that leads you to understanding the universal brotherhood. I say, in your prayers, there is power. In your collective desire, there is power. In your willingness to submit to Father's will, there is power.

This week, take note of those small acts that may present themselves to be a burden at first, and note the spiritual understanding they can bring. Have you questions?

MIRIAM: Abraham, there is this experience that I have when I've come across this understanding - you know, when they say that if you have a resentment about someone, pray for them, or like in the St. Francis prayer, it is to then understand and be understood. Some people say that when you 'cop an attitude' about someone, it's because it mirrors something back to yourself about you. I think that all rolls into the same experience of feeling that 'it's a magical thing.' It is like when I get out of myself and want to be a part of humanity, when I have the experience of praying for someone instead of praying for myself, there is just this magical thing that happens. I don't understand it sometimes. If I have an attitude about someone and I start to think maybe I have an attitude about them because it's something about what I don't like about myself, and something I need to work on also. I am saying that I think it's neat, but I still get confused with it. Can you help me with that?

ABRAHAM: My understanding is that for so long have mortals been burdened by self-loathing, self-unforgiveness, and disappointed in expectations of their goals. You can see there is confusion between stepping away outside of yourself because of this self-hatred, versus stepping outside of yourself because there is security in your status as a child of God to serve another. With our Mission, there comes many healing factors. To regain a 'sense of universal well-being,' is among the lists of goals we have set out to accomplish. In your balanced prayer life are you inclined to embrace truth and every facet therefrom; there is such a communion with Father that you are secure in your status as His child. From there, comes a balance of self-understanding, self-forgiveness, self-love, self-forgetfulness. Do you see, in your own well-being, is it your greatest desire to step out of yourself to be of service to others? Each mortal must strive to attain these understandings to become cosmic-minded. Is this close to what you are understanding?

MIRIAM: Yes, Abraham. Why is it when you are in the act of doing this it seems

almost like a remembrance? I think, 'why can't I keep this all the time.'

ABRAHAM: Understood. Your varying perceptions are Thought Adjuster-related, wherein your Thought Adjuster ever so patiently teaches through your experience. At times mortals are lacking in experience, and the internal Father must wait. Does this answer? (Miriam: Oh yes. Thank you very much.)

CALVIN: Do you have just a short helpful 'what to do' hint regarding my son, Christopher? I know I have a lot of experience to learn in time about proper parenting. You have been very helpful in my situation before - to speed things up.

ABRAHAM: In understanding children, we must go back through the memories of being a child. A child can feel extreme loneliness and isolation. It's as though the child feels abnormal and misunderstood. A child must be reassured that they are perfectly well within Father's kingdom. There is no sin they have committed to change their status. Christopher must be reassured that his stage at this point in time is not out of the ordinary. He is a completely normal growing boy. It would do him well to relate to the Master's childhood. An interest in Jesus as a youth would perhaps bring Christopher some understanding of how Jesus felt awkward as a boy growing up. Make this easy for him to understand. The more complicated it seems, the more Christopher will view himself as failing as an individual. Most importantly, teach him to actually have communion with the Master and know that he can easily attain the Master's understanding.

My communication is slipping. I would convey to you my gratitude for your friendship and patience in our cause for the upliftment of the universe. My love go with you. Until next week, shalom.

Beginning Teachings About Prayerful Healings With One Another

Abraham, WOODS CROSS GROUP 04-14-1997

Back

I am ABRAHAM. Greetings to you, my friends. I am especially anxious tonight to get our meeting underway. We have entered into a new phase of our Mission. Our lessons from here on will require a bit more interaction between you. Our Kingdom is spiritual, but also is it active. I am honored to be a part of your spiritual education. My most humble gratitude to you each for your patience and persistence in understanding these morontial lessons.

Our lessons these past months have brought us to this new beginning phase in this, the Correcting Time. We have learned how being submissive to Father's will enables us to receive immediate revelation. We have thoroughly reviewed prayer and the benefits thereof. As we learn more about the reality of the brotherhood, then do we find ourselves more active in the area of service.

Your world and its mental and emotional plagues have been of great destruction to the incoming universal information. I do not mean to imply this is abnormal, no, not at all; your world experiences evolution as it should. These plagues of the mind can indeed be overcome through prayer. This is where prayer meets the brotherhood. Through service are you able to assist one another in overcoming these mental obstacles.

Your willingness to understand your fellows leads you to love them. Many desirous of serving their fellows are in some confusion saying, "What can I do to assist my brother or sister that appears to be in so much pain?"

It has been said: "No greater love can a man have than to lay down his life for a friend." I would rephrase this for these modern times, "No greater love can a man have than to earnestly pray for his friend." I am requesting of you this evening to begin a prayerful service for your fellows.

This act of prayerful service will begin small within this group and go forth from there. I will perform these acts of prayerful healing myself until your level of comfort is adequate where you can take over. I would ask for your prayers for one another to be verbal, in that it creates a greater reality for you. I ask that one or two of you to spend time in prayer with a recipient who may be suffering from the emotional disorders I previously mentioned.

To engage in verbal prayer with your friend creates a sharing connection not only between you and Father but also the Supreme Being. Prayers are healing. Prayers bring comfort to those clouded by despair, anger, and other various spirit poisons. To engage in prayer with your fellows is to create a mindal healing, and therefore, even physical healing is affected. I would ask of you in this new service to create a more brotherly and sisterly connection between you in the group. In time we will go beyond just those of our group.

This world, in its mental anguish, can receive comfort and healing through the care of another who would spend time in prayer for them. There are great benefits to behold from these prayerful healings. There is peace, confidence, a security – and a knowing that comes from these prayerful healings. Do you see how our lessons have led us to this point? I would give you a few guidelines to this, but your inner feelings are always trustworthy to follow when praying:

- It is helpful in the transfer of energy to be closely seated by the healing recipient.
- It is always wonderful to begin with a pledge to the doing of Father's will and acknowledgment of His all-knowingness.
- There would be great benefits to acknowledge yourself as Father's child, loved completely as you are.
- It is wise to have the healing recipient state their desire. This allows them to participate in their own healing; whether this is verbal, it matters not.
- To pledge faith and belief that the prayer was indeed heard – the answer is forthcoming, and peace is on the way.

This form of healing can be done by anyone. Anyone is also a candidate for this healing. Those in need of assistance due to mental aggravations may put a request to the group, and volunteers will remain after the meeting for this prayerful healing. I would at some point desire to give a demonstration. As for now, are there questions?

CALVIN: Is the main focus of this new exercise not so much for our physical comfort, but more-so our mental/mindal peace and comfort?

ABRAHAM: Yes, which also benefits our physical well-being and renews connection to the cosmic mind. Another question?

TECTRA: Do we hold the prayer session while gathered in this group, here? or do we do it on our own time while thinking of each person in the group?

ABRAHAM: Your prayers, while you collectively pray for another, have influence in the universe, yes. To pray personally with another is to promote healing, personally, and this is always more effective when done with some privacy wherein a prayer recipient feels more at ease to receive, and the energies that are used are more organized and focused on incoming information. But I say, it is according to your own comfort level how you will choose to do this, if at all. I would not make this a demand on you. I am just now allowed to authorize these techniques of mental and emotional well-being. Another question?

CALVIN: Should these prayers be concise like you taught us on meditation, not long-drawn-out energy-draining, but shorter?

ABRAHAM: Yes, not as long as the stillness; and yet, long enough to find some unity in the thoughts of those praying and the one being prayed for. There are many times where mortals can feel burdened by spirit poisons or misunderstandings, and it would be of great benefit to them to have their fellows spend a moment to join in caring prayer to provide some clarification. I would desire at some time to do a demonstration. Another question?

MIRIAM: Abraham, you know how we have been spending all this time learning of effective prayer. You have been with us helping us, guiding us along – and now you are saying we are stepping up to another phase? (Abraham: Yes.) Miriam: Is this phase not only for what we were talking about before the meeting – about being a part of the brotherhood, having a fuller understanding of that, feeling it and connecting with it, and to practice doing this in our group – but is it an exercise of walking through our fears with each other and learning to trust each other? feeling open to communication? As you know, sometimes people feel uncomfortable and shy about praying out loud.

ABRAHAM: Yes, you are in understanding. There are those who feel discomfort in verbal praying; and yet, can help maintain an energy connection through kind willingness to go an extra mile for their fellows. It is asked that all be involved in these prayer healings; yet, only one need be verbal in the praying. I hope not to frighten anyone with this task; it is not required that you participate in any way. Your willingness to participate, however, will bring a greater bond within the group, and myself. Another question?

RACHEL: Well Father Abraham, I know that you know that in my prayers during meditation that I do pray for everyone in the group. And I go farther than that; I pray for all of God's children whether they are mortal or spiritual. Here I do pray silently; but at home, most of the time I pray verbally. Has most of my praying been sufficient – more like you are talking about here tonight?

ABRAHAM: Yes, where in your prayers, you are in dedication to the doing of Father's

will, yes. There are many forms of praying, yes, but I would say, to pray with another activates a healing energy; there is a concentration in praying that is not there when you are praying for many. (TR says to Rachel: "Can I see your hands?") [Ellanor holds both of Rachel's hands while Abraham spoke to her.] Abraham: To pray with another with such earnest care can create healing effects, and that is our focus. To spend time with another does show of your love for them. Do you see?

RACHEL: Yes. I think that is quite beautiful, really and truly, and I thank you. I do have another question before you get all worn out and lose concentration with the whole works. Have you met with Debra R. (spiritual name Rutha) since leaving her mortal body? [Editor's note: Debra was the transmission-receiver for the Pocatello, Idaho group and passed away this week due to her ailing heart/lung condition.]

ABRAHAM: One moment. She is in the company of Daniel at this time. He is counseling her on how to release her mortal responsibilities. She is somewhat distressed by her stepping out of her mortal life into her morontial. It can require some time to adjust. She is aware of the pain that is within her own group, and she also feels this pain. Rutha knows that her Teaching Mission group can carry on successfully, with Daniel continuing to teach. This does not concern her. In discovering that she will assist us on this side with the Mission will help to ease some of the discomforts due to this adjustment. This is all my information at this time. Perhaps I will have more at another time.

I am slipping. I would ask to demonstrate this prayerful healing technique next week on whoever may desire it. My love go with you. Until next week, shalom.

Spiritual Reality Is Increasing Over Visual Reality | Demonstration of Prayerful Healing

Abraham, WOODS CROSS GROUP 04-21-1997
Back

I am ABRAHAM. My greetings to you each, this evening. I am excited about our upcoming lessons. Your spirituality will begin to go beyond these doors at your Monday meetings.

When I first taught you as a group, I vowed to make your spiritual understanding more of a reality. We are at the point in our lessons where our spiritual understanding takes action. The scales of 'spirituality' are increasing on the side of reality - almost to the point of necessity in our daily living. Yes, the scales of visual reality are in decrease due to universal meanings and values.

Our lesson from last week asks that you serve one another through prayer. There are always great burdens to bear and it can seem there is no end in sight. It can seem as though your human-self has power over your divine-self. To participate in this prayerful healing gives you greater capacity for receiving spiritual insight.

With the re-encircuitment of Urantia, this prayerful healing technique has great benefits. It has such realness to understanding your status within the kingdom of God. To request such mindal healing is not a show of weakness or slothfulness, no; to request this service is to be active in expanding your capacity to receive spiritual understanding and to make clear the way to participate in gaining

solutions to those problems seemingly unanswerable.

To perform in these healing exercises is not so difficult. Your love for your fellows will lead the way. Your devotion to Father and the wellness of His children does make this a technique you feel you have always known. To pray with one another is not a new concept, but I say it has certainly changed in how it affects mortals. The effects on mortals are with a new concentration; this is due to the welcoming of Urantia back into the fold of Nebadon, gaining back the spiritual circuits.

Mind you, this technique is not miracle-working, no. It has to do with mental and emotional healing. The healing has to be accepted in whatever form it may appear. By that I mean – to receive this prayerful healing, and then discontinue your efforts to promote it, may possibly weaken the strength of it. With each healing I recommend several sessions of stillness practice by the healing recipient.

It is my desire to have our demonstration now if it is possible. Is that appropriate? Are there volunteers?

CALVIN: Would you accept me as your first volunteer? (Abraham: Certainly.) Calvin: Would you like me front and center in front of the TR? (Abraham: Yes.)

TR: He is saying he would ask Ellen and Rachel to assist.

CALVIN: Where would you like hands of Ellen and Rachel to be?

ABRAHAM: Anywhere it is comfortable in your immediate presence. [We simply joined hands.]

ABRAHAM: Father, you are the Father of all fathers. We know you are unmatched in power and grace. Your love for your children is confirmed by the witnessing of your fingerprints in their mortal living. Father, this is your son, one who experiences some difficulty that takes a tremendous amount of energy in unfruitful directions. You are the maker of all things, and no task is too big or too small. We would ask you, Father, to touch this your child, Calvin, to be open to receiving your presence of love and well-being.

It is at this time Calvin would state his desired results from this healing.

CALVIN: I desire that I can develop full trust and confidence without worry and anxiety over my responsibilities – first to you, Father, and secondly, to my responsibilities in life; and, to do so peaceably, without fear and anxiety. I desire to be more open to your peace and to open communication; and help me be more loving and serving. Thank you.

ABRAHAM: We are with faith that Father has heard our petition. We are in knowing of His greatness and wisdom. His will always reigns supreme. We each here are accepting of your will, Father, and we hope we can each be open to your direction. Let us have full faith the answer is forthcoming. We would express our gratitude to you, Father, for your love; and we also return your love with a most humble heart. Amen.

The words need not be exact. You will easily find the words are there when you are reaching out in service for your fellows. Is there another here tonight who would receive our prayerful healing?

HONORAY: You don't need to ask me twice.

ABRAHAM: I would ask again for your participation, Ellen and Rachel.

Father, we have gathered to request of you an opening of the heart and mind, and to receive your abundance of love and comfort. This is so easily achieved through faith in you, our Supreme Father. We know this. Our faith is strengthened by our bond between each other. This, your daughter, is no doubt your beloved child and this is known to the core of our beings. We would ask you, Father, to allow Honoray to be open to your will, whatever that may be. With us, your will reigns supreme.

Honoray, in your own words, what would be your desired results from this healing. It need not be verbal if you wish? (Honoray: (silent pause.) Did you receive my desire?)

ABRAHAM: The Father is knowing of your most deep scars and is already at work on the softening of the stubbornness of mortal mind that can perchance block His words. You are understood, Honoray.

ABRAHAM: We would express to our Father that His guidance is so needed and appreciated by each one here, and the answer, we know, is forthcoming. The openness in mind and heart is now occurring. We are in deep appreciation to you, our Father. Our love to you always. Amen.

This technique is fairly easy and not to cause anxiety or cause embarrassment. We are promoting the brotherhood on Urantia. If a person is not up to this technique, there need not be any forcing, for your desire to serve will come in time. This should be kept simple. And I say, it does the recipients good to share the understanding they receive from this prayerful healing. I would take a few questions.

CALVIN: Abraham, thank you very much. I would have much to share and some questions with the group here on this healing technique topic. Say for instance, my nine-year-old boy, who probably at this point is not going to say, 'Dad, I need a healing.' Does the child, or any person for that matter, need to request this healing?

ABRAHAM: No. It is wise to explain to the person all the details and benefits that are involved with this healing technique. You can explain that this type of prayer is really not much different than what the Master himself did to help open the spiritual eyes of all He met. Children, in their understanding of the power of prayer, are excellent candidates for this prayerful healing because they receive as a little child – full of faith. Children are entirely welcome to participate, yes. It does our youth well to feel the importance of the focus of adult attention – to be accepted as an equal kingdom believer. Yes, an equal pilgrim in the kingdom, not as a less significant person because of age. Is there another question?

MIRIAM: Abraham, while we are learning this technique and getting a grip on it, are you suggesting that the recipient be here with us so they can sit close to us? and later on, maybe we can use it with folks that aren't here?

ABRAHAM: Yes, Father's ear is always available for all your petitions; but I would request that to gain full effect from these prayerful healings the recipient needs to be in close proximity. Does this help?

MIRIAM: Yes, I understand. Like say for instance, not just me praying for someone here in our group, but like using this technique for a member of the Teaching Mission who is not here – would that still be just like plain old prayerful petitions? Do you know what I mean?

ABRAHAM: Understood. Yes. "Where two or more are gathered in my name, I will be there," is a promise that Michael has kept up unto this very day. Your gathering to pray and to direct energy toward one who is not present does certainly have the greater benefit of concentrated energy. Yes. Does this help a little?

MIRIAM: Yes. If during the week, any of us needed help and we called one of our group fellows and said, could you help me with this – do you support that? Do you support us practicing this technique during our week such as over the phone? or would you rather we wait till our next meeting time?

ABRAHAM: There is not need to wait. Certainly, I support this technique for 'when the occasion does arise,' yes, for it is wonderful that you would find time for your fellows and to assist them. You know that mental anguish can at times be even more painful than something physical. It would be of great blessing to those willing to participate in this at any time. I would give you some further examples of these prayerful healings for a short time, just to allow you time to gain confidence in this technique. Does this help? (Miriam: Yes. Thank you very much.)

RACHEL: Well, Father Abraham, is it true that a good part of the time it is our mental anguish that creates physical pain?

ABRAHAM: Yes, certainly. A great many afflictions are due to distorted perception. It would be of benefit to this form of mental anguish to receive prayerful healing. You are correct.

RACHEL: Would we be capable to go home and heal someone of our own family through prayer at this time, or at least perform this healing prayer you are teaching us?

ABRAHAM: Yes. Our technique is to provide mental clarity and comfort; it is to open the human mind to receive divine insight – which surely can indeed lead to better health, overall, yes. But better physical health is not our focus so much as is our strengthening the connection between Father and child. Does this help?

RACHEL: Yes it does, and I thank you. I have been performing this with my son for the last two or three evenings, which I imagine you do already know that.

ABRAHAM: Yes. It does carry weight. I can say to you, it is wonderful and health promoting. I am slipping, but I would express my faith in you each, as confident carriers of the good news. My love goes with you. Until next week, shalom.

More Prayerful Healings | What Does the Brotherhood Mean To You

Abraham, WOODS CROSS GROUP 04-28-1997

Back

I am ABRAHAM. It is my extreme pleasure to be with you this evening. I hold you each in high regard. I feel privileged to be counted among you as a close friend. I know you each very well and can say my fondness grows every time we meet. You are each so unique with positive and negative aspects to your personalities; I know this, and I can say with a deep heartfelt honesty that I truly love you – each one.

I find these prayerful healings with you such a joy. And, I can say I am also greatly uplifted, for in my own personal opinion I find serving within the brotherhood energizing and enlightening. As goes the part so goes the whole.

I find myself feeling such a strengthened connection to Father in tending to His children. I indeed find new levels of joy with each act of service. To pray, with and for, any one of you, is my privilege. I so enjoy your trust in me – and, in these morontial lessons.

I would ask you this evening to look within your minds to understanding what the brotherhood means to you. How much of yourself would you give to serve within this brotherhood? I would also ask that you allow me to continue in our demonstration of these prayerful healings for those who desire it. After our lesson is over, I would ask two or three volunteers to practice with our new technique, and I will continue to assist.

Those willing to receive prayerful healings please come forward. (Bridgette – Ellanor's nine-year-old daughter comes forward.)

ABRAHAM: Father, it is known how close your little ones are to you. In faith and capacity for love they are unmatched. In these times of anxiety we would express to you, our Father, that we know you are without fallibility. We know you are complete, and that you are able to help us mend our deepest sorrows. It is known that these, your children of today, will carry forth our Mission of tomorrow. We would desire Father, for your assistance in our understanding of a well-balanced mentality.

It is at this time my child, I would ask that you picture in your mind what you would like to see come from this prayer healing. (Pause. Bridgette's reply is silent.)

It is my understanding, Bridgette, that you are in doubt of your capabilities but full of faith in the capabilities of Father and His Son, Jesus. Worry not child, this will carry you where you need to go.

Father of all Fathers, we would express our faith in you and your matchless wisdom and power. As we go forth with your love, please accept ours in return. Know that with us, your will be done. Amen.

Is there another in which we can pray for this evening? (Ray comes forward.)

ABRAHAM: Father, it is our supreme pleasure to know that you are qualified in your mighty workings. This, your son, is no doubt recognized as yours. We would express our faith in you, Father, to open the spiritual eyes of faith and let the fountains of peace flow freely through the channels of mind.

My son, it would do you well to express your expectations from this prayerful healing. It is your choice whether it is verbal or not. (Pause. Ray's words are not verbal.)

Father, we are in such comfort knowing that the small children of Urantia are so carefully watched over; and this, your son, has your magnitude of wisdom and courage to carry forth your word. It is wonderful to know that this, your son, is a fine example of a carrier of the good news. Father, we are in understanding that peace has already begun. Our faith in you has brought us these open minds to begin to heal. Amen.

Is there another? (Joshua comes forward.)

ABRAHAM: Father, we would speak to you about your son, Joshua, who has carried a fantastic burden. Joshua is a son of yours who, as you know, lives with great uncertainty in his purpose – but there is no doubt his faith in you is mighty. We, your children of time and space, would request of you an opening in our minds and hearts – to allow your understanding to be with us. You are a Father without limits, and your encouragement to us takes us far.

Joshua, my son, would you express your expectations from his healing of heart and mind. It can be private if you wish.

JOSHUA: I wish to overcome my loneliness and anxiety.

ABRAHAM: Understood. Our Father has indeed heard your heart and knows of your plight. The Master, who also knew of such loneliness and anxiety, is a wonderful example to behold in that these things that plagued Him were sustained by the one and only Father. Father is our uplifter and can remove all obstacles from our mortal stubborn mind. You, my son, are preparing to feel the touch of our Father. We are with full faith that this is forthcoming. Our thanks to Father, and our love goes with Him always. Amen.

You my friends, are grasping this concept. I have full faith in you to resume our prayerful healing once our meeting has ended. This is my greatest joy – to serve. When I have served my fellows, I have served my Father.

It is always wondrous to me how Father performs His mighty deeds. Yes, healing, in whatever form it may be perceived, is always healing. I mean to say that if your mindal anxiety becomes increased, this is temporary and not to worry. It is sometimes necessary to bring forth the elements that plague you to begin to find solutions.

You, my friends of faith, are a small part in the force that moves the brotherhood forward. I would say that yes, even though you are not many, yet your impact is great through your example of faith and dedication to the doing of Father's will. The courage to take action within the brotherhood is to bring about a new re-energized connection between you and your Father. Have you questions?

RAY: Yes, I have a question. When I pray, I am praying to the Father in behalf of myself, which I see as one form of prayer. I feel there is another form wherein I pray for somebody else; I pray to the Father for that person, and that Father intercede for him. And there is another way that I am wondering about how prayer would work, and that is if I put the person's face in my mind, and pray to the Father and talk to that person that I am looking at – face to face so-to-speak – asking them to understand, and to love the Father, and bring about the brotherhood of the kingdom. I was just wondering if that was another form of prayer?

ABRAHAM: You are correct, if I am perceiving you correctly, for you speak of appealing to another's indwelling Father Fragment. Yes, it is helpful in that you are also helped by this technique; this is our understanding. You can pray for others and attempt to sway them towards the kingdom, yes; and yet, you can be rejected. I say this is not wasted prayer – it is indeed an educational experience. Yes, good can appear in many forms. Your openness to show examples of the Father's love is commendable, and I would say this does great things for those that know you. You are correct in that this is another form of prayer. I would hope that I would not confuse any of you by our exercise to promote the brotherhood through this prayerful healing technique. I say, this small beginning in these new enlightened forms of helpful healing – is to create great strides in changing the thought patterns on Urantia. Does this at all answer? (Ray: Yes.)

CALVIN: Abraham, you know my boy Lance, I am sure. I just have a question about his attending. He says he would like to, but I think I would like your input as to whether he should read past lessons first, or just attend. I would not like to see him come into something that he doesn't grasp onto, or something he is not prepared for. You know him I think better than I do.

ABRAHAM: Lance coming to our meetings by his own choosing is excellent. He need only do what he is willing to. Concerning his personal life difficulties, it would be helpful to him to be directed to particular lessons by you, his father; but I say this young man does well, and he is always welcome. We hope he can find peace and joy within our fellowship. It is of great importance that the world's young people become involved in our Mission. It does them a great deal of good to learn of Father's wisdom, peace, and love. It is also valuable that the youth of today also learn to serve as well as be served.

It is my desire to ask you to go forth and continue our prayerful healings. I will continue to assist you. As for now, I would allow Ellanor some rest. My love to you. Shalom.

Allowing Father Full Authority Strengthens the Brotherhood. View Our Fellows Through Father's Eyes

Back

I am ABRAHAM. I am so impressed by your willingness to embrace truth and display such fantastic faith. You have made your commitment to membership within the brotherhood of the kingdom. As we have learned to perform our prayerful healings to receive mindal clarity and emotional stability, we have also somewhat unknowingly received some group healing. You, as a spiritual link in the universal chain, have displayed your willingness to put your desires for wish-fulfillment aside in favor of universal wellness. This is a great stride in your journey together.

The Master, in all His understanding, would repeatedly come up against His apostles' diverse thinking. The Master, always ever patient and far-seeing, worked within His fellows' understanding to always promote light, to always stay positive.

The 'brotherhood' that the Master talked about is beginning to come into reality. The kingdom of heaven is at last displayed before your eyes. You and your fellows, allowing Father full authority in all things, is the brotherhood. To 'allow Father His full sovereignty' is to be released of the burden of the ego where the brotherhood is concerned - it would do you well to keep this concept at the forefront of your minds.

Father is unmatched in wisdom and power, and we allow Him full authority over us as individuals and as a group. The integration of this concept within your minds, individually and collectively, is to receive a group healing of sorts where truth is easily spoken and not forced; where light is shown but not blinding; where the head of the table at your meetings is always reserved for Father. Yes, these are marks of the brotherhood.

In our previous meeting, we exercised the prayerful healings. I supervised in a way so as to help guide, but overall, I was elated by your willingness to participate. It is my understanding that you are grasping the importance of these prayerful healings. I would ask that you, one or two, volunteer to remain after - to continue this service for those who would desire it.

Our lessons about the brotherhood are extremely important to our spiritual growth, and many times experience is required to gain further understanding. Your interaction this evening is an excellent example of understanding the true meaning of the brotherhood. To view all your fellows as dear friends is going to require such an opening in the heart and mind. To view your fellows as the Master did will be a tremendous task; and yet I say, it is quite achievable.

My request for you this week is to make effort to view your fellows through Father's eyes; attempt to glean what understanding you might gain from them. With our newly opened circuits, you will find that understanding may come more rapidly than before. I say you can surely learn to love your fellows through understanding them. This is the heart of the brotherhood. Your common thread that runs through each of your collective experience is love. Have you questions?

CALVIN: You are aware we have had Melchizedek expectations generated by erroneous transmissions, wish-fulfillment-thinking, and so on, before. Some have the viewpoint

that Jeremiah is speaking to us from the Mansion World where he is, and also, Rutha - which is maybe a wildfire infiltrating the Mission. Other's viewpoint - another viewpoint at least - is perhaps all this is helping us realize a realistic new opening of the system circuits. Anything you would want to put on the record, as you did on the Melchizedek 'materializing' issue, to help us not get too far on one side of misunderstanding reality? Or do you want us to sort it out on our own. Here is a good chance to clarify, maybe?

ABRAHAM: Understood. It is difficult for me to comment on. It is perhaps like Anthony's question, what was the reason for rolling the stone from the tomb? It is a matter that goes beyond our present understanding, but perhaps when we see the real learning experiences that come forth, we will have been made to rejoice. Another question? [There was discussion prior to tonight's meeting wherein Anthony had posed the question: Why did the midwayers have to roll away the stone at the time of Jesus' resurrection?]

RACHEL: Father Abraham, we have been taught that we can receive knowledge through adversity, and that we have soul growth through adversity. Is it possible for one individual to be so over-burdened with adversity that it can be detrimental to the soul?

ABRAHAM: This question could be answered 'yes and no.' It is known that we are Father's - His well-loved children; His own creations in which nothing can destroy. There are some individuals, however, that can become so connected within a certain mindal rut that the soul could perhaps become dented, but not destroyed. Your experience does indeed have its effects upon the soul, yes, but it is through one's own will to aim Paradise-ward that ensures that he remains strong throughout the journey. The choosing to do the will of Father is like a protective shield from those elements that would be damaging and yet still allow for growth. You see, beyond this life many things are understood that were not while in the flesh. What you could say was destructive to the soul in this life would perhaps be constructive in the next. Is this helping? (Rachel: Yes, and I thank you.) Abraham: You're very welcome.

I would express to you each my never-ending friendship and love. I would ask that you be available for prayerful healing after our lesson. I will continue to be with you throughout the week to further your understanding of the brotherhood. Until next week, shalom.

Through Your Experience Together You Gain Insight Into The Brotherhood

Abraham, WOODS CROSS GROUP 05-12-1997
Back

I am ABRAHAM. I am here tonight with a grateful heart. I would thank you each for your devotion to our Mission. It is excellent to see that your spirituality stems beyond mere intention. You have actually helped to bring about the brotherhood within your own immediate surroundings.

To go forth bravely practicing your spiritual understanding is a glimpse into the kingdom of heaven. No more will you wait on the sidelines looking for an opportunity

to show what you know; now are you taking the initiative to be a vessel for Father, to show what He knows. Yes, the spiritual life is an active life; not active in a way that would cause you to be apprehensive in behaviors you are not accustomed to, no! Active meaning, 'where you are, there also is your Mission assignment.'

Do you see, the path you each had to take was a path that would qualify you for specific acts of service or apostleship. In your seemingly uneventful lives are there Mission assignments. These assignments do not appear particularly difficult because you have already been trained to handle these difficulties. Through your experience have you gained insight toward self-improvement? Yes, and through your experience together will you gain insight into the brotherhood.

You have indeed grown 'individually' and will continue to do so, yes; but also is there a 'collective' growth. And through the understanding of the brotherhood, and actual service experience with one another, will you create collective growth. In our prayerful healings we have served our fellows through our desire to love them. In these small acts of service, the recipients are made to feel lighter, well taken care of, and perhaps with greater capacity to understand those things Father wishes them to. In the act of praying for a fellow there is a comfort that is more well-received by the recipient than if he or she would have prayed alone.

Do you see, your presence with your brothers and sisters creates an opening for them to receive – not from you, the one praying; but from Father – the Creator of all that is?' Do you see how your willingness to pray with another enlarges their capacity to receive? It matters not the choice words or correct format in which to pray, no. It is your willingness and love that creates this healing of the mental and emotional.

Your discussion with one another earlier this evening demonstrates a true brotherly respect and devotion. Your words were about the realness of life, not on the controversial topics that would perhaps drag you down. Your hearts and minds stemmed from the foundation of love and respect – wonderful brotherly qualities. The willingness to embrace truth and love is ideal for creating a safe haven where one would not fear to expose their true feelings.

The apostles of old had their moments of clinging to their juvenile practices of maintaining their status, yes; but when hard times came to pass most of the apostles banded together in the realness. Emotional upheavals are not necessary for you to band together in realness, no. Your honest everyday complications in mortal living are all you would need. To be wholly faithful in your status as 'a child of God among other children of God' is a beautiful beginning to understanding the brotherhood.

This week I would ask that you recognize those moments of realness, and know that within this realness is your Father. Be not afraid to be your true self, your real self. Ask yourself this: In these moments of realness can I identify my mission? Are there questions?

MIRIAM: Abraham, my experience this week was in reference to what you are saying this evening; but I need a little clarification. You're saying for us to "take the

initiative to be a vessel for Father;" and, "to show what He knows," creating a safe haven where we wouldn't fear to expose our true feelings and not be afraid to be our true self. As I was sharing earlier, how do I know the difference? It felt like what I was saying was on my path and was right; but on the other hand, how do I know when I'm on my path – or, when I'm getting into other people's business? I get confused. I would really like some help with that because I don't want to do harm.

ABRAHAM: Understood. It is my understanding that the Master would fear not in exposing His true feelings to those who would give ear; it is a matter of productive feedback. If the recipient of your words appears to take no offense, then by all means proceed. But if your recipient appears to be receiving too much light, wherein more would not be helpful or perhaps cause fear, then it would be wise to ease back. It is not a sin to be yourself, but it is perhaps more damaging to act as others want you to act. It is best to have faith in your status as His child and proceed with His wisdom. Of course this is not free license to go about correcting those you find wrong, no. It is, however, an act of kindness, common courtesy, to show concern. Yes, this does no harm. As you feel more at ease in your status as Father's child, then will others also feel more at ease with you. Remember, some may fear truth, but always is love, welcome. Does this help?

MIRIAM: Yes. It's great. Thank you. May I ask one kind of off-the-wall question? Do you have any feedback or opinion on the book that is out, Conversations with God?

ABRAHAM: With most reading materials I give the same answer. [laughter.] Truth can be found in many sources. I try not to promote any reading material so as to not disrupt your path of enlightenment. Does that help? (Miriam: Yes. I understand. Thank you.)

CALVIN: Abraham, I was reading in the Urantia Book this morning in Jesus' teachings – which conveyed that the Jews and those people of Jesus' day thought of the "kingdom of God" or the "kingdom to come" as Jesus himself being the fulfillment of the expected Messiah – "the King to sit on the throne of David," and so forth. I believe the Urantia Book states that it was not Jesus' choice of words to use the 'kingdom of God' phraseology in teaching the Fatherhood of God and the brotherhood of man. So, my question: Would there be a more correct phrase we could use? Rather than 'the kingdom of God,' maybe a more correct phrase and meaning could be 'the family of God.' Is there significant meaning in that phrase 'kingdom of God' that you are using?

ABRAHAM: You are quite correct in that the Family of God would perhaps be a better choice of words. To you whom I speak to here, it matters not. I am perceiving your definition of 'kingdom' to mean the embracing of all creatures – those material and spiritual – those on the path of ascension Paradise-ward, and those who assist the ascenders. I am most grateful to be included with you though in our Family of God.

It is my greatest joy to continue with you on these morontia lessons. My love is with you. Until next week, shalom.

Back

Humor Enhances Realness Within The Brotherhood | Overmuch Piety Is Stifling
Abraham, WOODS CROSS GROUP 05-19-1997

Back

I am ABRAHAM. Greetings to you, my friends, my fellows within the kingdom. I am happy to meet with you weekly to assist in your spiritual education. This position as Teacher has meant a great deal to me. I find that in working with my students I not only learn but experience deep levels of joy. Within the realness of the brotherhood, I find much to be joyful about. I at times experience great humor. It is said that laughter is a healing medicine to almost any ailment.

Over the ages, to be pious was indeed the mark of a true Christian or spiritual person. To exemplify reverence was the most valued virtue one could present to his fellows. In this long-held belief, much of Christ's message was distorted. Jesus stood upon a firm foundation of faithfulness and devotion, and He expected as much from His fellows, yes. But this faithfulness and devotion was a small part of what the Master had taught - Jesus had also taught us we can live life more abundantly, and this includes lightheartedness and humor.

Much of civilization of this day, in competition for the best and the most, have become calloused with a sort of mechanistic-thinking. To these people it is critical that they be held in high esteem from their fellows - this is such a false sense of power and security. Those who live their lives for the opinions of others fall short of the true meaning of joy, the true meaning of value. The world today is overburdened with guilt and regret from those who live their lives knowing that they fall terribly short of perfection. Perfection 'to them' meaning - what is valued as normal, what is expected, what is more than a fair share?

It is not surprising to us here on this side of the veil to be witness to the horrible human suffering and sorrow on this world today given the so many that are unknowing of the One who loves them without expectation of anything in return. Yes, man is wholly ignorant to the One who knows them through and through; and who, without a doubt, totally loves them, unconditionally. It is no surprise to us that the scrambling in the world to 'gain more over your fellows' is a popular practice. Few are realizing that the true source of all love and happiness does lie within their very being.

Do you see how our Mission will assist many of these scrambling individuals? It is you, my students, who will assist in revealing this beautiful light - that God is among us and happy to be with us. Father delights in His children's company. He seeks only to love. He seeks only to guide. You, our students, among other Missioners, will continue to reveal this understanding through your personal contacts. This type of work is not usually performed before the masses, no, for this is highly personal.

Yes, you are fully trusted to assist in this sharing of the good news. This is what makes our education about the brotherhood so important. It is a pledge to move forward while assisting others to also move with you, just as I assist you in moving forward with me. I can say, a show of piety and reverence is outdated to reveal the good news. Rather, it has shown to be successful using humor and lightheartedness when sharing with your immediate contacts.

The scramblers of this world will begin to take notice of those who appear to move joyously through life under any circumstances. You, as apostles, will indeed have opportunity to demonstrate Father's strength. I would emphasize – your discussions among you here weekly are important to your understanding of the brotherhood. I would ask that you continue your discussions here, weekly, and attempt to incorporate more humor and feelings of comfort within the group. Are there questions?

CALVIN: This lesson is in good timing for me. I've had a lot of people this week say to me, "Hey, what's wrong?" Is my deep serious thinking getting in the way of my lightheartedness and humor?

ABRAHAM: There can be imbalance, yes, and while deep-thinking is important to spiritual growth, there is the danger that the ego can magnify the importance of the self within this deep-thinking, and this will throw you off balance. Deep-thinking comes when it will. Father sees to it that you have what you have when you need it. Constant deep-thinking is to put an unreachable expectation upon your spiritual growth, and a blockage to the understanding that your life is a lesson in eternity – it reveals a spiritual humor where you can allow it that can help create balance. To be lighthearted and grateful is to maintain receptivity from Father. You are each relying upon a good foundation of faith. You have learned that the Fatherhood of God does teach us devotion, yes, but also does the brotherhood teach us, fellowship. Does this help? (Calvin: Yes, thank you, Abraham.)

RACHEL: Well, Father Abraham, maybe I have been negligent lately about bringing humor to the group. I was doing it for a while. So, I will tell Calvin a joke. He is used to dealing in cars all the time so he should appreciate this because years ago we had a saying: "Well, for Chrysler sake, you make my Essex ache. Dodge around the corner and Whippet." (Ellen: Rachel, do you expect me to type this?) [laughter.] (Ellen: What is an Essex?) Rachel: You don't know what an Essex and Whippet is? (Ellen: That must have been in Abraham's day.) [much laughter and too many more comments to type.] Rachel: I'm sorry Father Abraham, they don't understand anything, do they! I'll have to make it more simple next time, won't I?

ABRAHAM: I am in great gratitude for your humor and I find you are quite balanced in that area, Rachel. You are a wonderful example of one whose firm foundation of faith springs forth sprouts of joy. It creates such an opening for others to receive the real meaning of life's purpose. Yes, I appreciate your humor. Continue on because I am indeed understanding your jokes. (Rachel: Father Abraham, you're old enough to remember those cars, aren't you?) [laughter.] Another question?

CALVIN: About Joshua and his expectation of 'forty years more' of living – would you like to comment on that? [Joshua was approximately seventy-one years old at this time and expressed that he'd received a message that he'd live forty more years.] It may be one of those 'rolling the rock' things that you can't answer but I've looked back at things we once thought so real, and later to learn they were 'wishful transmissions' maybe. I am not saying he can't live forty more years, I'm sure he will if Father will let him, but he sure is convinced of the realness of the transmission from Ham's lessons – or perhaps it was through Jason or Rebecca, not

Ham, that told him he would live forty more years. He is not going to give up with that. I don't know what to do – to encourage him, “Yeah, you'll live on,” or to try to help him understand that perhaps he put too much faith in perhaps wishful-thinking transmissions. How should I handle this one – it does concern me?

ABRAHAM: I am forbidden to interfere with his belief system. It is not my place to correct him or encourage him. I would also relieve you of this burden to help your friend to change his beliefs. Do you see this is the actual path he must travel? All of this is his decision, his learning to allow Father's will to reign supreme in his life. Your ministry to him could include humor and truth. Your truth to him being, "I understand what you believe Ham said in those beginning days, but I ask you what now does your Father say to you." Do you see, a Teacher does not take the place of Father who knows you through and through? A Teacher's position is not so personal as is our Father. We are instructed to focus upon our mission – to assist Urantia into further stages of Light and Life. You are one who has a comforting presence, and your humor acts as a beam from a lighthouse.

You each, my friends/students, are these beams that will guide those who struggle within their own imperfections. I would thank you personally, for sharing your happiness and humor with me. My love is with you always. Until next week, shalom.

Strength In The Brotherhood | Michael is Within Our Brotherhood

Abraham, Machiventa & Ham, WOODS CROSS GROUP 05-26-1997

Back

I am ABRAHAM. Welcome to you, my friends. It is always my honor and privilege to meet with you. It has been a fruitful week concerning these lessons on the brotherhood – fellowship within the family of God.

I can say with such gratitude that my fellows closest to me within the brotherhood have helped to sustain me in my spiritual education. My fellow co-workers have greatly lifted my feelings of being overwhelmed by the work before us. Bringing humor into our perception of the plan has helped to eliminate the foggiest of uncertainty. I truly feel a loved member of the brotherhood and do count on my fellows to assist me in my view of the path that is before us. I would ask you to hear these words from Machiventa.

MACHIVENTA (Melchizedek): My fellows within this great kingdom, I would express to you my gratitude for your support in perhaps doing those material things that we have not yet been permitted to do. I would say a few words on my understanding of the brotherhood. I have been most grateful to have fellowshiped with the Master for He has helped me to see truth. Yes, with the assistance of my Brother/Friend, Michael, I am able to enthusiastically seek the truth. I, in His presence, fear not any possibility of default for I am trusting in Michael's watchcare and love for me.

I am aware that when mortals begin in their comprehending of this brotherhood, it is not often thought that Michael is alongside you in this great family, for He, Michael, is perceived as beyond the brotherhood – ‘higher up’ if you will. Yet I can say, from a personal experiential relationship with our Creator/Brother/Father, that He is well within the brotherhood and is always ever willing to promote truth in all our spiritual understanding. Michael has my best interest at heart and is always

ever willing to lay His truth upon me in gentle fashion, always kind and tactful in revealing what I must know. His fellowship within our brotherhood is a gift of guidance and comfort.

I would also express my appreciation for all my fellows who would always allow me my truth. I am always with my understanding (my opinions) on subject matters. My fellows seek not to change me for my own good, no. My fellows only seek to assist me as a part in the whole.

I am HAM. Yes. Greetings, my friends. It is always a joy to connect with this branch of my family tree. It has indeed been a wonderful journey learning about the importance of the brotherhood. I find I am lifted by my fellows' faith and good humor in those times when I am deep within my own thinking. Their continuous support of me 'as a child of God' grants me liberty to be my true self.

My fellows may not always support my opinion, and yet they do always support me as one of Father's own - with individuality. I also give my support that they may be granted that same liberty to be their true selves. Do you understand Abraham's lesson? that there is not one within the brotherhood who would climb over the back of another to reach Paradise first! No.

Those that scramble within the world today understand not that one does not move forward 'without' his brother or sister. I am always made to feel more at ease and balanced when I can gather in loving fellowship. Are you understanding that you are also my brothers and sisters that grant me liberty to be my true self? My love is with you each, always. Farewell.

I am ABRAHAM. It has been our supreme pleasure to hear these honored guests this evening. My gratitude to you, Machiventa and Ham.

On behalf of myself and my students, it is certainly wonderful to be a part of something much larger than myself. I am made to overflow with joy at the thoughts of my numerous family members. To know that those within our brotherhood do likewise seek fellowship and truth, is quite comforting. It is discomfoting knowing that those who choose isolation are those who would step on the backs of their fellows for gain.

I would ask you this week to recognize your fellows as family members. I know there is not always unity in thought or opinion, but perhaps there is unity in the knowledge that there is not an expressway to heaven.

I am departing you now for I am due to meet with my brothers and sisters. Next week our time will be spent mostly on questions. It is my understanding that some have personal questions; therefore, I would allow next week to be a night of personal questions while you also engage in brotherly interaction.

My love is with you. Until next week, shalom.

Personal Questions-Living With Someone Chemically Addicted, Etc.
Abraham, WOODS CROSS GROUP 06-02-1997

Back

I am ABRAHAM. Thank you for letting me be with you here this evening. I am so happy to speak with you about your personal concerns. I am happy to serve you, my brothers and sisters, and to enjoy an evening of fellowship. Last week my associates and I spoke about the brotherhood from our own personal perspective. You can easily see that our understanding is varied due to each of our own experience. I hope this past week was filled with experience to assist you in understanding and promoting the brotherhood. If it is acceptable, I would take questions now.

ELLEN: Okay Abraham, I'll ask one for Nina. Do you have any advice for her as far as living with someone dependent on mind-altering chemical addictions? We all have our addictions, yes, but some are worse than others.

ABRAHAM: Yes, certainly. It is always amazing to a former chemically dependent individual to realize how his using did not only affect him but those who know and love him. While one is in the midst of addiction it is difficult to see beyond one's own desires. Along with a physical dependency, there is also a mental and emotional dependency as well, which can stem as far back as early childhood. As a child, you are certain to experience pain, sadness, and loneliness. Without the caretaking of the loving parent, a child can carry this through adulthood. As an adult, one can take responsibility for the amount of pain intake. Those who depend upon chemicals to control the amount of pain they might experience learn to lose their edge for accomplishing goals. And not only is the physical affected, but the mental and emotional joins forces with the ego to convince the user that he is better off with the addiction-crutch than without. My advice to Ellanor is: You have done what you can. Your focus is to remain in your status as a child of God, first. Your indwelling Father is ever ready to guide and endow you with wisdom, as needed. Learn all you can from this particular situation, although it is at times, painful. I would advise to take not the actions of another on as your own responsibility, for you can only control yourself. There is great comfort in the everyday practice of stillness - start from here and note all you can. Another question?

CALVIN: Abraham, what information can you share with us about what I picked up off the internet regarding claims of Melchizedek's interaction with the mortal corps of destiny. I am speaking of an event which seems to have started in the early 1900's, continuing up until in the 1970's where they organized the E.O.O.M. (Earth's Order Of Melchizedeks.) It seems to me that their interaction is/was more on the line of developing a united order governmental administration on the world, not so much as spiritual lessons and teachings as we are receiving now through this Teaching Mission.

ABRAHAM: If I am understanding you, my comment would be that there have been numerous helpers who have assisted Urantia in the hope that it would move Urantia into those first stages of Light and Life. Being an experimental planet in isolation, we have required the assistance of the Melchizedeks to record information concerning the development of the races and the dissemination of new information - and this is all common knowledge. What you are referring to is a group of individuals who have a portion of their message correct, yes, for the most part. There is a tendency on the part of some mortals to play up the mysticism while losing sight of the Melchizedeks' actual loving ministries. The universe order of

the Melchizedeks is not mechanistic science fiction, no! The Melchizedeks are dedicated to a great deal of this mortal planet's upliftment - through love, compassion, and education. Does this help?

CALVIN: Yes. With that information, it gives me a viewpoint to study this by and analyze it. This is interesting information. (Abraham: Yes, certainly. Another question?)

RACHEL: Yes, Father Abraham. I'd like to ask: Are you and your associates working with and guiding Robert Schuller of the Crystal Cathedral? (Abraham: We try.) [laughter.] Rachel: He seems to teach so much right out of the Urantia Book. He broadcasts to so many nations and it looks to me like he would be a great help.

ABRAHAM: Robert is a source of positive spirituality for the masses. Some with the means to reach many, will; and we work with him to help keep the focus on positive spirituality. There is negativity within the Bible and Mr. Schuller has assistance to help him stay focused on those messages that might help to inspire people and draw them into wondering what is this faith Mr. Schuller has. Does this answer? (Rachel: Yes. Thanks.)

TECTRA: Abraham, you are probably aware that in a few weeks I am going to be doing this week-long personal growth seminar called The Awakening. I was wondering if there are some things I should focus on to help prepare me for my experiences that I will encounter in that seminar?

ABRAHAM: You, my son, Tectra, have always been a man of peace, and this can be somewhat a source of confusion at times. There is not sin in showing strength of character or verbalizing your true beliefs. Jesus was the embodiment of 'strength combined with gentleness,' and this made for a well-balanced mentality. You are a man with wisdom and strength beyond your understanding. It would do you well to extend yourself at this seminar - to be more involved than on 'just a learning' level; I am saying, extend yourself to also serve. You do well. Does this help? (Tectra: Yes. Thank you.) Abraham: You're welcome. Another question?

ROLAND: Abraham, I had an opportunity to meet a man, his given name, Mark S. He transmitted words from an angel for me in my backyard in the language of angels, to begin with, and then restated that into English. I am wondering what can I do to serve this man, if anything? I felt the Spirit of Truth in my heart about the words, but I also felt he was defensive when I expressed my experience within this Teaching Mission event. Can you help me with this?

ABRAHAM: Certainly. I am understanding that this man has great faith in his spiritual practices, and exhibits it freely. There are times when well-balanced words would not serve one who is so attached to their own spiritual beliefs. The Spirit of Truth is always ready to tap the chord of truth upon your heart, letting you know how to invest yourself in service. Jesus knew who He could speak with openly, yes, but he likewise knew who not to waste time with. Always did Jesus work from within His fellows' belief system - not spending time in casting shadows of doubt upon their understanding, but revealing rays of light through love and honesty. You can best serve your fellow with a show of humbleness while expressing

your honest heartfelt thoughts. In your show of humble truth, his defenses are not likely to appear so as to guard him from those things which might interfere with his attachment to his beliefs. You are well trained for this particular situation and should act upon this with a touch of lightheartedness. Is this helping your understanding? (Roland: Yes. Thank you very much.) Abraham: You're welcome. Another question?

ELLEN: I was wondering just where do you draw the line between selfishness and self-respect?

ABRAHAM: Yes. This is a difficult line to draw, yes, and one should ask: Is it drawn with the pen of the mortal? or the divine? From early on we learn to acquire a taste for seeking acceptance, and as we grow, much of our time is invested in this quest. It can be a wrench thrown into the workings of regular mortal life when one is 'born of the spirit,' yes, for there is then presented a confusion between continuing 'the quest for acceptance and respect' (being the good sacrificial Christian) - or the child of God who simply needs to be treated as she treats others. Yes, there does require a certain amount of respect in this, for the measure is: 'What amount are you also willing to give?' Michael would not ask from you for no more than what He would also give back to you. And as a child of God and representative of the kingdom, there comes a spiritual confidence in that. So yes, where there is disrespect, it is more deeply felt; you would not treat another in this fashion, and that is what you can expect in return. You are knowing of this truth and there need not be uncontrolled outbursting, no; there is simply 'being yourself' - an honesty that can help your fellows understand that you believe yourself to be a child of God and would not accept less than that. Nobody is deserving of anyone else's degradation. It is acceptable to stand your ground with confidence that your citizenship within the kingdom is secured. And let no man rob you of your eternal destiny, meaning that in your spiritual progression there can be a consistent attitude of unshakable faith adapted from the Master. You are well qualified to handle these experiences with confidence and a light heart if you truly believe in your status as an equal-deserving child of Father. Does this help? (Ellen: Yes. Thanks.) Abraham: Is there one more question?

ROLAND: I have one if no one else does. I have two statements which I believe to be true. One: "God loves all His children equally." And two: "He is no respecter of persons." Are those two statements that characterize God's attitude toward us, correct? (Abraham: Yes.) Roland: Then He says to us: "Be you perfect even as I am perfect," through the mouth of Jesus. And: "He who has seen Him has also seen the Father." How is it then we should respect other people in such imperfection if Father says, "Be you perfect even as I am perfect" - and, "I am no respecter of persons."

ABRAHAM: Understood. I would not presume to give advice to God. However, I would give advice to you, my mortal friends, which I can say with certainty, you are not God. [laughter.] I would agree with you totally on your statements - and yet, there is a certain amount of respect that must be between you as mortals. There is not one mortal who is higher than the next; so therefore, there must not be the temptation to step on the backs of your fellows to move up on the ladder to Paradise. Brotherly respect ensures this - that you each are Paradise bound together. It is not

acceptable for you to be a burden through means of your belittlement, to one who is also climbing this ladder as they see fit. In the Kingdom of God, there does require a certain amount of respect towards your fellows in the same measure as what you would want for yourself. Is this making sense?

ROLAND: Yes. I can understand. It seems to me like it is more of semantics problem than it is recognizing we are not God, and thank you for reminding us. I assume you are putting yourself in that category too. I think that God does not respect one over another, and that may mean differently than in not respecting one another - that He loves all His children, equally, and doesn't respect one over another because of something they have done or achieved, or whatever. I think as we look at this, that rather, we use the idea for respect in a different way between each other, yes, but we love each other equally; and therefore, show courtesy and kindness and those conventional things that will allow that person to feel comfortable in our presence. Respecting, as in placing one person over another, I think, is in error. I'm just a lowly mortal, a younger brother of yours struggling with these concepts.

ABRAHAM: Understood, and I am in respect of your feelings. I would feel no difference toward you in your different understanding of my concept - it is perfectly acceptable. You are understood and it is with my deepest respect for you that I would not in any way presume to change your mind. It is of no consequence to our relationship within this brotherhood.

I am most grateful to you each, this evening, that you are learning to share and embrace love and truth. I am slipping and wish to leave you with my love, and bid you, farewell. Until next week, shalom.

A Captain And Co-Captain of a Ship. Who Is Our Captain and Co-Captain, Personally
Abraham, WOODS CROSS GROUP 06-16-1997
Back

I am ABRAHAM. My greetings to you here this evening. It is so comforting to know I am welcome and greeted with such love and enthusiasm.

There once was a person who was a captain of a ship who sailed his ship with skill and efficiency. The captain was quite knowledgeable regarding the sea, the craft, his shipmates, and the overall watchcare of the journey. This captain enjoyed his profession, and with the many years of experience he needed not praise or commendation for he had sailed his ship with pleasure and for the good that would result.

On this ship, there was a younger but enthusiastic co-captain who desired to learn all he could quickly so that he may sail his own craft one day. The co-captain, in his enthusiasm, pleaded with his captain to steer and share the responsibility of following the course. The more experienced captain at first declined, with wise words to his younger shipmate saying: "I understand your enthusiasm and desire, for I have also once walked in your shoes, but I have the concern for the many on board and I would not relinquish my responsibility to allow you to run the course and chance the safety of all."

After incessant appeals, the captain relented to the younger enthusiast saying: "I do believe you are a sincere individual with many talents; and yet, it has been my experience to thoroughly train each one who serves under me." The co-captain, being somewhat juvenile in mind, had decided to attempt to run this course without thought for direction, weather, shipmates, or condition of the craft. In his drive for experience (and some self-glorification) he began to steer the ship with the attitude of: "You see, I can do it - I am fully capable with my limited experience to run the course."

Needless to say, this co-captain lost control and there was some damage to the vessel. The more experienced captain gained control of the ship and began shouting out orders to his shipmates to inspect the craft, to check the conditions of the passengers, and to find out how far off-course they were. The co-captain, feeling somewhat foolish, realized that his more experienced captain's concern - all along - was not about belittling him, but about passing on his knowledge about the sea and the craft.

The captain, once again gaining control of the vessel, spoke not; he waited for his co-captain to seek communication with him - upon which the captain said: "My son, I had offered to share my knowledge, and in your enthusiasm, you thought it not necessary. I am available to you when you are ready to learn to sail. I will however, not allow you to steer my ship and endanger my fellows until then." The co-captain - being somewhat humbled - apologized, and relented to the captain that he was in full cooperation to learn the art of being a captain, to help for the good of the entire voyage.

This is what I would leave you with tonight. I would ask that you ponder this story and discuss this within the group. How does this story relate with the brotherhood? Who is the captain? Who is the co-captain? What is the real significance of the ship and the sea?

I will return next week to experience your broadened understanding of what we have been learning. My love is with you each. Until next week, shalom.

In Our Brotherhood We Are Each Equal Children (Joshua Blackburn passed away this week)

Abraham, WOODS CROSS GROUP 06-23-1997

Back

[There was much discussion before tonight's lesson regarding last week's lesson about the captain and co-captain.]

I am ABRAHAM. Greetings to you, my friends. It is always my supreme pleasure to meet with you. I so much look forward to hearing your discoveries.

In your discussion of the story from last week I am perceiving you to have a firm grasp upon the meaning, and I can say with certainty that you are each correct in your understanding. Perhaps what is most important is that in your efforts to gain understanding, your interaction with one another brought a greater amount of light.

As you discussed this story openly and listened to one another, your understanding

grew to increased spiritual levels. This is our brotherhood. Your efforts to unite will bring about a greater amount of understanding. With this new understanding between you each, there is a connection to the mind-circuits of Nebadon; this connection is our hope to further spreading our message that will escort Urantia into further stages of Light and Life.

Our spiritual path is individual, yes, and yet, I can say that without understanding for your part in the whole, evolution will appear to move very slowly. Your efforts in uniting in acceptance of one another is to bring about great change, and those things you have hoped to be witness to will indeed come about. We are all passengers on this ship called 'The Brotherhood;' and in our efforts to move towards our destination we each must do our small part for the sake of the journey. I cannot add further definition to this parable, for your own understanding is correct.

On our ship that is Paradise bound, we will experience inevitable difficulties - this is not surprising. Working with your fellows will try your patience again and again. Your skills to work with your fellows will improve as you continue to discuss and maintain communications. The mindal circuits will allow huge masses of individuals to understand certain concepts as needed. You must be in understanding that your efforts here to unite and understand one another are far more successful than your ties to those not within the group.

I would go so far as to say you are sometimes made to feel disappointment when your expectations of your fellows does not meet with the criteria of the group; that is why it is important to maintain communications with one another within this group - to assist you in dealing with those fellows who would not share your understanding of things spiritual. Your discussing of difficulties with your fellows within this group assists you in connecting to that mindal circuit which allows for enlightenment to the whole.

Your friendship goes much deeper than just that friendship within this group. You are helping to create an enlightened planet by allowing yourselves to be influenced by the 'mindal circuit.' This is also our brotherhood - to connect in discussion, yes, and to receive more understanding from, and for, your fellows outside the group. Your skills are to be naturally improved upon by your group interaction.

We have discussed humor as an effective tool to use when dealing with your fellows; I would say there are many such tools to yet discover. We discussed how Jesus would not allow offense personally when dealing with His human fellows. Yes, at times He could be made to feel a bit discouraged, but with His constant communication with Father, the ignorance of His fellows could not damage His enthusiasm to go about the Father's business.

In the world today there are so many standards mortals feel they must uphold. There are so many disappointed souls that are confused when their goals are not reached. Many mortals move through this life in search of personal success; and it would appear that the only success to be had is measured by what you would have while your fellows have not.

In learning to move about successfully through this brotherhood there must be a

common thread that runs through it saying: "We are each a child a God." A genuine belief in that alone could eliminate much of this drive for success over your fellows. I do not mean to say this about anyone in particular of you here; I would help you to understand the mindset of your fellows.

In your learning, I have instructed you to continue to share with your daily-living fellows a word of encouragement, letting them know that they are a child of God and loved equally within the kingdom. You will be astonished as the world comes to this knowledge – that each are a child of God. Your efforts to maintain a positive attitude acts as a shield from those fellow mortals that would dampen your spirits.

It is not easily done to maintain this positive spirit mindedness; and that is why I would recommend your open and safe communication with one another. It is your contact to the mindal circuits, and with one another, that is the armor in which would assist you in the upliftment of the planet.

I also would ask that your group focus a bit more on communicating about the realness in living the spiritual life. My lessons are to be secondary. There are great amounts of understanding to gain from group interaction. Are there questions?

NORWOOD: Abraham, speaking of the brotherhood – would you describe to me your surroundings and how many entities or spiritual people are with you tonight, not counting this group here?

ABRAHAM: I am with you very much in your same surroundings. I am always accompanied by two assistants – a midwayer and a Power Director – who work with me on the ship that is our brotherhood. Is this answering? (Norwood: Yes. Thank you.)

RACHEL: Father Abraham, may I say a few words to our Woods Cross group with your permission? (Abraham: Certainly.) Rachel: I would like to thank each and every one of you for all that you did for Joshua, for all the prayers, for all of the friendship, the love, the understanding – all of the help that you have given throughout the years. I want to thank you for your willingness and your patience in going up there for these meetings all these years under such adverse conditions created by his illness. I know that he thoroughly enjoyed the meetings. I know it made him feel like he was still a part of the group, still a part of the Mission doing whatever he could do. I know it helped with his loneliness. I want to thank you kindly for listening to his late-night calls without complaining. I know that it was kind of hard on some of you. I want to thank Calvin for his trying to do everything that Joshua wished for him to do, even though some of it was a little out of line, I think even a little hard. I wanted to thank Tectra, but he is not here tonight, for going up and taking up all of his carpeting in his bedroom so he could have some new carpeting put down. I want to thank him for bringing food in for him every time he came up. Faye, I want to thank you for seeing that he received a copy of all the lessons. Ellanor, I want to thank you, because I know it was hard for you to receive our transmissions under those conditions in his last days of illness. I thank you for continuing until the end. Now, I know it was quite hard for everyone. I know this is quite morbid, but I thank all of you for coming to his funeral. Yes, it is true what Abraham said about Joshua – he “was just like a cedar post when it came to emotions,” even with me; but let me assure you that he had a deep love for

each and every one of you, even if he didn't display it. Now Father Abraham, after I have said that, I want to thank you for your beautiful transmission that you rendered through Ellanor to Joshua for Calvin to read at Joshua's services. I want to thank Calvin for his inspiring delivery. He is quite an elocutionist. (Calvin: I don't know about that.) Rachel: You really are. I am also thankful, Father Abraham, that Joshua was able to endure until the end in such a strong faithful manner, and still so determined to do Father's will. I am happy for him. I am glad he is not in pain. I am glad he is not suffering, and I am certainly glad he is not living now in loneliness. Father Abraham, I do have a question for you. Was it Joshua's desire to complete his mission and leave while he was all by himself, especially after I had been up there at the hospital with him for seven hours? I knew that you and Father Ham, and I felt like Prince MachiventaMelchizedek, were all there. He took several real deep breaths at different times and held it for so long that I thought that he was gone. I said to him, "Go ahead and turn loose, honey - Father Abraham, and Father Ham are with you," but he didn't. Later his children came in to visit and so I left for a bit to go have a bite to eat, and by the time I could get back, he had gone on alone by himself. So I am wondering if that was his wish, seeing how he lived alone and everything, maybe he wanted to pass on alone. I don't mean to take up all your time this evening, but I would like to know approximately what he has been doing, and what his status is right now if you can tell us? I'd like to know if he has met with Jeremiah and Rutha because I feel like they are going to have a ball together? Father Abraham, anything that you tell me like that would certainly help because one thing that is still bothering me is that I couldn't hold his hand when he passed on. Another thing that has bothered me is - I could hardly stand to look at him knowing that they were going to put him in the furnace for his requested cremation. I could hardly take that. That's all I have to say at this time.

ABRAHAM: Understood. I would receive your gratitude on behalf of our group, and return our thanks to you for the many things you withstood to enable the group meetings to take place. Our thanks to you for things material and spiritual. My information is this: Joshua had said his farewell to you before the actual cessation of his material body. It is true that his spirit, that part him that is his true essence, was freed before his material body was fully expired. He had seen your diligent loyalty to him in remaining by his side. He was more conscious to witness your loving efforts than you understand. It was not so much a wish for him that he expire in this way, no. He viewed not himself alone, no. That was just the events that unfolded naturally. He stood before you in vibrant spiritual form and bid you farewell. It was unnoticeable, the time passing between his liberation from the flesh to his greeting of myself, Ham and others. I can guarantee you he was not alone upon his death. You are not to be burdened by this thought any longer. Joshua knew of your love and loyalty. He is, at this time, in awesome wonder at all he has begun to understand. He has had several conferences with his friends on our side, yes. He has met with his morontial companion to receive further orders, and I can say, he is in perfect satisfaction of his present status. This is my information at this point in time. My associates and I rejoice in his company. I ask that you imagine Joshua's enthusiasm, as you had known him - now magnify that times one-hundred and you would see his new wholeness. Is this answering for you, Rachel? (Rachel: Yes, it is, Father Abraham. I thank you and I love you for all your service to us.) Abraham: My love and thanks to you also. Another question?

CALVIN: Abraham, my friend, Jenny, might be too shy to kick in, but I think she would like to hear any words you might have for her.

ABRAHAM: Certainly. I would welcome her and assure her it is acceptable for her to be her true self here with each of us. We are a group of diverse characters and yet find understanding and joy amongst each other. Your heavy heart is at last to see a lighter side. Worry not; and know that you are welcome. It is wonderful to meet with you. Another question?

ROLAND: In the area of introductions, I would like to introduce a friend of mine from Tallahassee, Judy Langston. She is here visiting with us.

JUDY: Hello, Abraham.

ABRAHAM: Greetings to you, my daughter. It is wonderful that you have found us upon your journey. It is quite faithful of you to go forth with such unknowing. We would welcome you here, and is there a question? (Judy: I don't think so. I am just really happy to be here.) Abraham: Is there one more question?

MIRIAM: Abraham, I was wondering - you're talking about how the mindal circuits will allow huge masses of individuals to understand concepts, etc., and from what we are doing it is like a micro of a macro. I was wondering if - you know that book a couple weeks ago I asked you about that you gave me the same advice you do on all books, it talks about energy and how it is like a matrix - that we are all connected, and it can be positive or negative. One other concept - they talk about lightworkers, and we mortals being connected. From your point-of-view, is all of that referring to these different groups, in talking about the circuitry? Is that all the same thing?

ABRAHAM: Yes, yes. It is all the same in general. I would add though, that in human understanding there are differing variations - just as your concepts of our parable from last week. But I would say, yes, the use of spiritual energy is becoming more apparent as spirituality is becoming increasingly embraced. There is a network of sorts between individuals, mortal and divine; there is a connection between all things that contain life. The method in which we communicate now requires the use of energy. A power director also assists us in the distribution of this energy. Your Father Fragment within, is a 'power director' of sorts; perhaps like a transformer, in a way; He can help you to receive these transmissions. This is your connection to all energy and its distribution. To be subject to Father's will is more than just 'doing' what He desires, you are also in a position to receive and distribute energy when acting within the divine will.

Our energy at this time weakens and I must take my leave. I would send you each with my love. I look forward to our next meeting. Until next week, shalom.

Understanding Spiritual Concepts Relies Upon Group Participation

Abraham, WOODS CROSS GROUP 06-30-1997

Back

I am ABRAHAM. Welcome to you each this evening. It is always encouraging to see you, my students, putting forth morontial efforts to solve mortal problems. It is a

source of joy to us, the unseen helpers, to be witness to your spiritual strivings.

In our lessons up to this point, there have been significant changes in your understanding. When we had first begun, there was little involvement for you to connect with each other within the group, there was more of an individual seeking. And now each one has realized your mortal lives are somewhat similar, and each can relate on a more personal level. It has taken time, yes, and I can say this is indeed, natural.

Your willingness to work collectively toward spiritual consciousness has grown. In all your earthly striving there is a spiritual bond between you each that can endure any adversity as long as you remain open-minded towards the growth of truth, beauty, and goodness.

As we have discussed, your communications within the group can bring about an enhanced understanding of spiritual concepts. I would dare to say it is acceptable to also experience rest or recreation, together. Not every minute you spend together needs to be work or problem-solving.

We see in your years together there has been understanding between you each, and an acceptance that all are destined to complete much of the same goals. My understanding is that you are each due to experience some fun and fellowship. It is entirely permissible to do this during meeting time.

Your fellowship strengthens your bond which assists in endowing you with spiritual strength. You must know by now you equip each other with spiritual strength, love, and energy to be about the Father's business. Your time here weekly has given you the spiritual tools needed to work in the garden of the brotherhood. In your personal interaction, it is correct to say you are helping one another to not just endure mortal living, but to challenge it with power from on high.

Do you see, my communications would not take place without your support and energy input. These spiritual lessons have gone as far as you have taken them. You are the master, so to speak, concerning your spiritual education. Your involvement with your fellow brothers and sisters does help to either create an 'opening' for spiritual understanding, or a 'pulling away,' yes. In the days of the apostles of old, each one took responsibility to care for one another; in this, there was releasing of anxiety and a distribution of spiritual strength.

I say, Father surely is the source of all spiritual strength. I also say that in the brotherhood there is assistance in understanding this spiritual strength, and a greater capacity for reception of it. Know that here in this group you have created a family of sorts in which you can draw strength from. Also, can you give strength. It is our goal to envision this concept, worldwide. I am going to accept questions now.

ROLAND: We had a little discussion about The Bible Code book before you began your lesson. I would like to know how I should approach this information, if you have knowledge of this book. Could you tell me whether or not it is good to bring out discussions about this book in our Mission work?

ABRAHAM: In my understanding, if you look hard enough for something it will be there. My understanding of this book is that science is attempting to find proof that God exists in these predictions. In these prophecies there are those long-held beliefs that to predict the future is to find proof that God exists. In these books, it is your choice to take what is valuable and allow the rest to fall away. I am not against anything you might find interesting or entertaining, no – I would say, please, by all means, enjoy, and look for Father's fingerprints where you may. To accept certain concepts as 'the gospel' could perhaps lead you to irrational thinking and actions; but this meeting place, this group, is a safe arena in which to throw some discussion of this topic into the hat of inquiry. Your fellow group members are filled with a wide range of variables wherein each is able to help with different understandings and perspectives. You also are each equipped with the Spirit of Truth to guide you towards reality. Does this help?

ROLAND: Yes, it does. On another note, I just remembered the first time I came to Woods Cross was the first of July, 1991. This is the end of the sixth year I've been coming, and I am so thankful for you, and Ham, and all the teachings we have received. I just think it is miraculous, and a most life-changing experience. Thank you again.

ABRAHAM: I would also thank you, Roland. You have been instrumental in spreading our message. Thank you also. Another question?

NORWOOD: Abraham, Saturday night I was watching the news, and one of the news reporters was reporting on the mass exodus from traditional churches. In an effort to hold on to their membership, many of the churches are building new facilities, putting in day-cares. A lot of new Christian churches are dropping some of the old philosophies that the older religions have, such as dress codes. They are putting in more of the community centers-type church facilities. This pleased me quite a bit to sit there and watch that take place because it reinforces what we have been learning the past six years – that the energy circuits are opening up and the Spirit of Truth is starting to really reach out; I have kind of monitored this over the past two years. I was reading the Urantia Book this afternoon where the Christian religions are somewhat short in dealing with Jesus Christ's teachings. In the years following his death and resurrection He used Christianity as a vehicle to spread His gospel; and yet in reality, the churches have not done it the way He would have liked for it to have been done. And therefore, people have been falling away throughout the years. So my question is, if you can kind of understand where I am coming from with this: With the massive amount of people moving towards a new religion today, because they feel this the Spirit of Truth or spirituality – I am not sure if I understand how the conversion is going to take place, because the religions of today are too used to living in the past to be able to take the next step into the future – to spirituality, such as the Teaching Mission we are on today. What is going to happen? Do you know how it is going to transition? wherein the people – when they don't understand when coming to a barrier and they can't cross that bridge or get through the barrier, are they all going to fall away? Because that is what happened to me, and a lot of other people throughout time. Christianity doesn't seem to fill the bill. Do you understand what I am asking?

ABRAHAM: Yes. Churches are finding they must be within the realness of everyday-living in order to minister to the people. If the churches continue to make people feel inferior by expecting them to reach for unattainable goals, then yes, people will fall away. The church should be its people, not a group of salesmen's attempting to promote a product which people are uncertain whether it will work or not. The members of a church must give their full authority over to Father, instead of a few chosen individuals. The members must also put in what they expect to receive from their church, just as you here in this group. The Spirit of Truth and the opening of the circuits have enabled people to better reason truth, yes. The people of this age are indeed searching, and if it cannot fit within the realness of everyday life then other avenues are sought after. And all too often their realness of life is appearing to be negative – drugs, gangs, homelessness, abuse of all kinds; yes, this is their realness, sadly, which so many mortals deal with, daily. They expect their church to assist them by endowing them with spiritual strength so that they might go about being within this realness. When the church is its people, the people will spark this change. The interaction with one another is linking them to greater concepts of what 'should be' as opposed to 'what is.' The people will bring about this change just as you have brought change concerning your spirituality. Does this help?

NORWOOD: Yes, it does. Another question I have: While we were reading last week's lesson tonight, I had a distinct pressure applied on my head. I was just wondering if that was my body doing weird things, or was there actually something taking place?

ABRAHAM: It was your receptors. As you read, your consciousness becomes broadened and this circuitry between the soul, your indwelling Father Fragment, and the cosmic spiritual circuit, is connected. This occurs when you are seeking spirituality; and in your efforts, material things take place concerning the body also. Does that help? (Norwood: Thank you.) Abraham: One more question?

RACHEL: Father Abraham, you said it was good to be open-minded. I have always been a little leery about being open-minded. I was afraid my brains might fall out. That's my humor for this evening. [laughter.]

CALVIN: Abraham, in the Christian religion, much is said about the necessity for the Jews to turn back their hearts to Christ. They are your offspring, as far as we know, as far as I know; they are your family, your grandchildren's children's children, etc. How much weight is there on that concept, if any, in this new viewpoint of them having to turn their hearts to the existence of the man Jesus in today's Correcting Time. And would this 'turning make a difference in the Middle East peace process? Do you have enough connection left to answer, or would you rather defer that to another time to answer?

ABRAHAM: I can comment some, yes. The concept of knowing the Master is important in this human life, yes, for you are relating with Him as both human and divine. This is surely helpful and yet, I can say not altogether necessary, for those seeking spiritual peace shall surely find it whether this life or the next. It is sad that this rage between the differing religious cultures, continues. The act of giving full sovereignty over to a higher being would eliminate much of this rage. I have

seen the hearts of these people, and I can say they are exercising their full faith in what they have been taught. Once again, it is the choice of the people to evoke change.

I would apologize for our transmission. We are experiencing some energy block. In our days to come it would be good to consider a bit of rest or recreation to create comfort. My love is with you. Until next week, shalom.

The Need for Rest and Reversion For the Soul-Growth | A Break to Replenish The Spiritual Cup

Abraham, WOODS CROSS GROUP 07-07-1997

Back

I am ABRAHAM. Welcome to you each here tonight. I am moved by your unwavering group support; it is what our Mission is about. I also lend my support to you.

Father is a kind, patient, and loving Parent; He is not a stern, stubborn, and unfeeling teacher who would see fit to punish His students in need of a rest. I can say that Father is quite the opposite in encouraging His children to live a more balanced life incorporating study, fellowship, and service - with fun, rest and recreation, to provide a renewing of spirit and mind.

My lessons are not as urgent assignments that you must complete or forfeit, no; I have said your greatest lessons are in and through, experience - personal experience, group experience, divine experience, all experience of mortal living. It would be well advised to break for now to empty that spiritual cup to prepare for my upcoming series on 'self-mastery.'

As Ham had said: "Let this be a time of absorbing those concepts you have learned so far." Continue the prayer healings and fellowship; in your togetherness there is much more lessons than you know. You each already contain such spiritual wisdom. This meeting place would be a great place wherein to discuss the realness of life which you further perceive and observe from your rest time. Are there questions?

CALVIN: If I understand, I think you're recommending that we continue to meet and digest your lessons, in whatever form we choose to do that as a group, and get to know each other in our daily living and concerns. Also, to help each other in our personal growth, in our personal lives, problems, and so on; and then reconvene down the road. Is that kind of what you are saying here?

ABRAHAM: Yes, yes. Put to good use those spiritual tools we have discovered here, together, and I will continue to assist you in the proper usage of these tools. I would ask that this rest be a 'rest' though, not serious continuing of study; perhaps more observations of the realness in mortal living, and your divine understanding therefrom. Yes. Another question?

JENNI: Yes. I have been having some trouble communicating with people. And in understanding a lot of stuff about myself lately, I was wondering if you might have any suggestions or some help that can maybe help me get through this real rough time I am having right now?

ABRAHAM: Certainly. First: I am understanding that there is confusion in your thinking, and a need to organize these thoughts. I would ask that you write these thoughts. Untangle these thoughts with paper and pen. Second: I would believe you to feel some apprehension towards the revealing of your true self to the Father. I would tell you, my child, that nothing is hidden from our Father, and He loves us completely, regardless. The practice of the stillness would do you well to connect with Father and feel His presence. Stillness, yes. Third: You are unaccepting of your style of prayer, and I must say, your Father is knowing of your true feelings; your words need not be formal or of a particular manner, no, you just need to be yourself and talk with Him as though He were your closest friend – because I say, that is exactly what He is. Is this helping? (Jenni: Yes.) Abraham: Another question?

MIRIAM: I was wondering if you could describe to me why sometimes when I am reading something that is really full of light, it is like I almost can't hold consciousness reading it. I was reading a transcript of Ham's wherein he was talking about the synchronicity of our souls, and also about morontial/vibrational frequencies. I wonder if I am kind of out of my realm in asking what it is; could you describe to me or enlighten me as to what that is? When I'm reading something that's full of truth; or if I am talking to someone and it has that 'tuning-fork-hum' about it – is that like a higher level that I don't know of, and so I lose it and can't hold it? Does that make any sense? Do you have any idea what I am talking about?

ABRAHAM: Yes. I am aware of the developing soul. As you experience, there are, literally, energy connectors engaged. As the soul continues to graduate – level upon level – these energy connectors are more and more. These are in relation to the universe system circuits and the cosmic mind. There are definite times when there can be crossed signals, or connections, yes – or even perhaps non-existence connections which would not comply with your understanding or soul-knowledge at this time. This is not bad, no. This is soul growth. To chastise yourself for mind-wandering would be detrimental to your existing energy connections. The Father sees to your growth, that you receive what you need when you need it. This is not to be of concern. Worry not. Does this help?

MIRIAM: Yes, it does. It's not something of great worry to me, but it is like I can't hold the consciousness or grasp the new; and I know something is happening, but I don't know what it is. I just figure that on some level something is happening. I don't worry about it. It gives me comfort to know that it's a reality and that I'm not just zoning out. I guess that is a comment, not a question.

ABRAHAM: Yes, I would say when re-reading your spiritual material there is always something that catches your attention that you know you have read but did not understand. Through 'life experience' there are various happenings that help the soul to strive forward – and in this, there is new embedded understanding from your studies. Another question?

RACHEL: Father Abraham, I'd like to know how long a vacation you're going to take?

ABRAHAM: It is dependent upon how soon you each empty the spiritual cup. (Rachel: See you next week then!) [laughter.]

ABRAHAM: I could see you anytime Rachel, my daughter. The time is short, not to worry. I am aware of your educational needs, but your Father is overseeing all other needs and it is Father's green flag I await. I will see you soon. My love is with you. Shalom.[No transmission/lessons from Abraham on July 15 or July 22, 1997.]

First Lesson on Self-Mastery | Stillness, A Step Out Of The Ordinary
Abraham, WOODS CROSS GROUP 07-28-1997

Back

[This evening's lesson was on the heels of a two-week rest/break which Abraham requested of the group. We had much discussion prior to the lesson regarding our various personal experiences during this break time.]

I am ABRAHAM. My greetings to you. It is wonderful to meet with you. I am quite excited about our upcoming series of lessons on self-mastery.

It is quite a challenge to learn to master the animal self while in the midst of the brotherhood. Always can our fellows challenge our divine understanding. Within this brotherhood can you be witness to the worst in yourself. This is where we find ourselves remaining teachable and humble; to overcoming our small selves and embracing our larger divine realities.

It is understood that you each have experienced in excess the difficulties of maintaining a human and divine balance within the brotherhood. To relate with one another is where you will probably learn the most. It is well that you are in understanding of your shortcomings to be humble enough to empty that spiritual cup and be teachable. Our rest-period has proven to create a new thirst for truth. Our stumbling has helped us to be still and listen.

In the world, there is confusion over 'being still' and 'being idle.' To some, stillness (or rest) means to be unproductive. In our rest, we have found our reason why we continue to strive Paradise-ward. I would say that a period of rest or recreation can prove to be quite rejuvenating of mind and spirit.

To step out of the ordinary is to create a ripple in the waters of truth that are in danger of becoming stagnant. Yes, we will continue on this path of rejuvenation through rest, recreation, and humor. In the ordinary day-to-day living, there is a myriad of mindal fears that can cloud the contents of your spiritual cup. A regular regime of rest and recreation can aid you in emptying the clouded cup to make room for fresh living spiritual realities.

I ask: During your times of rest, is there some guilt about your duties or obligations? Is there ever a genuine clearing of the mind? Is there ever a moment of just being within the presence of Father?

In teaching self-mastery, our first lesson is to emphasize the importance of the stillness. It need not be an elaborate meditation, no. A quiet moment with the presence of your Father is significant enough to create change where you would desire. It is sometimes necessary for some to have several moments with Father throughout the day, a 'continual reconnecting' if you will. If your desire is

self-control and genuine spiritual freedom, then our first lesson is always to maintain an open connection with Father, that you might receive his guidance and comfort.

Our second recommendation to success in self-mastery is to learn who you really are. What has brought you to this moment? What has caused you fear and pain, or joy and freedom? What has occurred throughout your life that would cause you to react in a less divine manner? What has occurred throughout your life that has enabled you to withstand where others would perhaps fall short? Who are you today? And, without worry of judgment, would you find your definition of yourself to be honest?

It has been said for you to “be within each moment;” but I can also say that an honest vision of the past can bring answers concerning self-mastery for the future. Father is knowing completely every aspect of His children; and for His children to attain levels of self-mastery it is important to have some knowledge of one’s true self.

Certain human reactions are due to painful wounds of the past; and in your search for answers there is much turmoil. In the understanding of the answers, there is peace. It is important to view yourselves as you would view a learning child. It is not helpful to become impatient or anxiety-ridden when attempting to gain understanding of self-mastery.

This life is the beginning to a long career towards self-understanding; and in this, there is also understanding of one another. Jesus had lived His life in the flesh to gain understanding of His mortal children. In the discovery of His human side was there understanding of His mortal fellows.

I am in excited anticipation to be witness to your discoveries. It is my great pleasure to be a part of your spiritual learning. Have you questions?

NORWOOD: Abraham, I really appreciate your discussion topic tonight. Ellen and I, this morning out on a street corner, were discussing this very same issue of which you bring out in your lesson tonight. Plus, these past few weeks this very same discussion topic has been with me; and I have been thinking about it constantly. My question is a little weird: Do we get previews of what our lessons are going to be in advance? Ellen and I have had many discussions in the past, and have noticed the point of our discussion had come to pass during a lesson within a short period of time. I am quite impressed by this; and it usually brings home something to me that I had forgotten about. So I just wanted to let you know that, and that I am impressed tonight. Could you answer that question? Do we get previews of upcoming lessons that we are to be given – things we need to work on, prior to the lessons?

ABRAHAM: For weeks, even months, yes, there is a great deal of preparation whereby our students experience certain situations which are proven helpful in the upcoming lesson. Your indwelling Father Fragment is well aware in advance of the path you are to travel. He is always trying to communicate these lessons and create a spiritual cushion for those hard-hitting lessons. Your Father always works to release bits of information so understanding will be everlasting; and this is done through His loving character interaction to teach His child. This Father-to-child teaching is

not 'all at once' to 'shock you into understanding and change,' no; although I must say, it becomes necessary at times to use this shock-value to gain your attention. But I do confirm your feelings that there is a vast network of divine hosts that create needed experience for those spiritual realities you need to know. Does this answer? (Norwood: Yes. Thank you very much.) Abraham: Another question?

MIRIAM: Abraham, I was wondering if you could give me some input? While Don and I were camping this past week we kept coming up against the rain issue, and there was some interaction that it brought out between us. I felt like that whole experience was a spiritual lesson going on and I kept trying to deal with it in the same way I always do – I kept turning it over to Father asking His guidance to try and understand. Finally, we came to a breakthrough, and I was just wondering – I felt like there was something in that whole dilemma that was 'supposed to be.' I was hoping that, for Don's sake, that there was something there. I was wondering if you could help me with that?

ABRAHAM: If I am understanding you correctly, I would have to say that on this world there is a great chasm between various personalities, but nowhere is this chasm more wide and deep than between male and female. There is so much that the genders must overcome to reach understanding for one another; and there are inherent character qualities that would forever create difficulties in mortal living. There are moments when those natural inherent character traits show themselves to be unappealing – and it would appear that one partner always lets the other know just how unappealing they are! [laughter.] I would not say your disposition is to be blamed on gender; I am asking that you attempt to understand each one's (yours and Dons') natural tendencies to react to various situations. In the mortal quest of living, you struggle for spiritual truth; and struggle even more to live that truth. And yes, there can be some confusion about why others might not also see this obvious truth as you see it. Is this at all answering?

MIRIAM: Yes, it is. It is helping me to understand like the broad scope. I was wondering about the breakthrough Don and I had in our communication regarding his temper, and my reacting to it. I am hearing that I should just 'let it all be,' and just be a participant and try to understand the gender thing. It felt to me that all of that angst was for a purpose. It felt like a breakthrough in understanding. I guess that was what I was asking.

ABRAHAM: In the beginning of our meeting this evening I had confirmed everyone's difficulty within the brotherhood which would lead towards self-mastery. There is no better way towards learning self-mastery than through having experience with your fellows. This is significant in your spiritual growth where it has opened your mind to receiving answers. I do not recommend that you simply react passively towards another's anger, no. I would however, ask that you be aware of your reactions and the origin from which it came. This is the beginning to understanding who you really are, and to create who you really want to be. Is this helping?

Miriam: Yes – to focus on how I am reacting.

ABRAHAM: This all is integrated with my lesson this evening. It will become more clear. One more question?

RACHEL: Well Father Abraham, it seems to me like just the statement 'self-mastery' is a very broad statement. Are you speaking of self-mastery as far as spirituality is concerned? Or 'self-mastery' such as if you are employed and you are out on your job? Or, 'self-mastery' with your own family? I suppose it could be a combination of all of these?

ABRAHAM: Yes, a combination. But I would say that our lessons will focus mostly on self-mastery over those spirit poisons that tend to keep you from knowing true spiritual freedom. It is well to read about the Master and His steps taken towards self-mastery.

I am slipping. I would ask you to ponder upon who you are – body, mind, and soul. Gain understanding of where you are in your spiritual work; and, where you are headed. Until next week, shalom.

The Human Self Is A Vehicle For Your Divine Self To Climb The Ladder To Perfection
Abraham, WOODS CROSS GROUP 08-04-1997

Back

I am ABRAHAM. Well done, my friends. It is such an honor to be witness to your striving to make the brotherhood a reality from where you are. I would give my greetings and love to you each. Know that you have my support in your strivings for spiritual understanding. Last week, our question was to ponder upon who you really are, to perhaps gain some understanding concerning your total self. It is my understanding that many have reached the same conclusion – that each one of you are human and divine.

Throughout history, as mortals began their spiritual journey, they would learn of those reverent values that make them 'holy and righteous.' It was learned that to be anything less than what was thought to be righteous was to be cast out. In fact, many mortals became ashamed of their human frailties and attempted to hide them, hoping that they would be perceived as holy and righteous. This dilemma would go back many years, even to the times of Christ; He attempted to renew the people's thinking of a new and better way to live.

The perception many mortals have of their human self is one of selfishness, conceit; perhaps vengeful and defensive. Most mortals are overlooking the positive aspects of being in the flesh. Even those of the lowest order in the animal kingdom are known to be nurturing, protective, loving, and social. There is such a desire among mortals to forsake their human side, to do battle with it, so to speak.

It is not a well-known concept that the human self is a vehicle for the divine self, so the human self is often repressed and rebuked. The animal self is a host, of sorts, for your more divine self while sojourning on the Earth. To do battle with your human imperfections is to most likely see those imperfections come out in full force. To stifle your human self is to reject what God has made. Yes, the human self has a great amount of imperfections, and to fend these imperfections off with negative inner chatter is to stumble and miss your purpose for being on the planet.

This stifling of the human self causes a great amount of pressure. And I can say,

that pressure from oneself (or their fellows) is not an ideal way for the soul to grow. This negative inner-chatter is pressure. Your self-expectations are pressure. To battle the human side is to create pressure which induces fear, which depletes the energy system you each contain.

A flower seed that would grow under the pressure of hard clay would work its way through the soil to find some sort of opening and eventually grow, yes, but there would be some deformities to the flower. With proper cultivation and added nutrients, the pressure would be released and the flower would grow of its own momentum and intended destiny. In our humanity, there is a great need to remove this pressure – as an individual, a group, and a society – to allow for natural growth.

You seek self-mastery, and you are believing it is done by stifling the more animal-like self within you. I would enlarge your concept by saying – remove this pressure by having your divine self take your animal self by the hand, like a small child, and show it a new and better way to live. All those things you see as shortcomings, or flaws, are to more likely be mastered by love than with self-loathing.

The Master learned early on that His human self was a method in which His divine self traveled. He recognized that His human self grew towards His divine self if handled with love and humor. He knew that to battle and reject His human side was, in sorts, an offense to Father. He embraced His mortal self, yes, and learned from His divine self. I say, this is the beginning of mastering the self.

Yes, it is said by our Father: "Be you perfect even as I am perfect." I can guarantee, a continued pressure upon any living thing will indeed stifle normal growth toward this perfection process.

I would say a word concerning the brotherhood and this 'pressure' of which we are speaking of. There is a great need in society for each one to conform to certain societal patterns. And great pressure is applied upon mortals who continually fall short and feel such self-loathing. I would go so far to say that this pressure (applied to some mortals by their fellows) is the highest cause of suicide, divorce, and isolation.

Relieve yourself of this pressure put upon you by others. Let go of your concerns of others' definition of who they would want you to be. Let go of your desire to apply any pressure to your fellows, and trust that Father is completely knowledgeable about their well-being. In the relieving of this pressure, there is an allowance of natural growth to occur.

This week I would ask that you relieve yourselves of this self-pressure, and trust that your Father is near and guiding you with His unlimited abilities. Watch your negative inner chatter. Be not overly drawn to chastise yourself for your human shortcomings. Ponder upon the fact that your 'human side' is a method in which your 'divine-self' would travel this life. We are on the road to self-mastery. Have you questions?

NORWOOD: Yes, Abraham, this past week I have been doing a lot of thinking and

reading. I was reading about the morontial lessons in the Urantia Book regarding the soul and the Thought Adjuster. I have been trying to understand as much as I possibly can with my limited knowledge of this. I am trying to let my Thought Adjuster guide me more, let the Father help me throughout the day. In doing this, I am trying to feel that process take place. I sense a real awakening. I am not sure if I am in understanding correctly that I am doing what I am supposed to do. I am not asking you to say if I am right or wrong; I am asking if you can you give me a little help on understanding or recognizing if I am doing that thing correctly?

ABRAHAM: Certainly. It is my understanding that you have excellent Thought Adjuster communication. It is growing, yes, and encompassing more of your life – more areas such as work, family, and rest. It is becoming unspectacular as you advance. My understanding is that as your communication develops and strengthens, your watchword becomes peace. The amount of peacefulness is an excellent sign (or affirmation, pick one) – let me say that again: Your best indicator of being within Father's will is a feeling of peace – of feeling 'there is all the time in the world' wherein you are un-rushed and with an unknown origin of joy. Do you see? (Norwood: Yes, I do. Thank you very much.) Abraham: You're welcome. Another question?

MIRIAM: Abraham, remember some time ago you gave me an assignment to work on my self-loathing and being hard on myself. The way I approached that was to try to be in receivership that I am a child of God and to realize that I am lovable – that I am loved. That would flow on for a while, then I would get back into my negative chattering, the imperfections, and whatever. Then I would feel like, 'oh, I've got to work harder.' So I feel like I've made some progress and I have enjoyed the 'process.' But what you are saying tonight is that – and I know that process is good, in a way, but you are also saying to 'love the host-self,' you know, just like the Father loves us. I love this lesson tonight. I just love it. What you are saying is to look at this host called our mortal body, and be in self-appreciation, and say, 'hey, thanks;' and not expect ourselves to be perfect. This is just really great. If you could just expand on that a little bit?

ABRAHAM: Yes exactly. Allowing yourself room for mistakes, and treating yourself with love and humor is to cultivate your soil to allow for growth. It is a long process to overcoming self-hatred when so many have been brought up believing this is a most humble route to soul-growth – absolutely untrue! 'Self-loathing' is not anywhere near the nobility of 'humility.' True humility is believing you are no better, or no worse, than your brothers or sisters in the kingdom. You are with the belief you each stand side by side, destined for Paradise. The path to self-mastery is to cease your battling with your human side – to cause it to stop rebelling, to stop showing itself in full force. To embrace your human self, as a parent would a child, is to have your more animal-like self's cooperation. Is this helping?

CALVIN: Self-examination – is that a good thing or a bad thing, to take a look at our self, and ask, for instance: "Where have I been incorrect in my viewpoint." Or are you saying to just relax, and to let Father's correction take its course, and not worry about self-examination? To me, that could easily be 'self-denial.'

ABRAHAM: There are certain things that mortals do not recognize about themselves until they take a moment to be conscious of certain mannerisms, likes, and dislikes.

Yes, Father will certainly show you your areas of needed work, but it would do no good unless you were willing to look. Self-examination is pertinent to self-mastery in knowing the total self and becoming a unified being with that self. Self-knowledge is a step on the road to self-forgetfulness, which we will discuss at a later time. Does that help? (Calvin: Yes, very, very much. Thank you.) Abraham: You're welcome. Another question?

ROLAND: Abraham, in reading the lesson that Jesus gave the apostles on self-mastery, it said in there that – and I would like to hear an expansion of perhaps this idea – the idea being that faith is not of us ‘the individual child of God,’ but is given by grace by our Father. For all this time I have been thinking: “Oh, I've got to have faith, I've got to have faith.” And here the Urantia Book says faith is a gift. What is our role in obtaining faith in the beneficence of God, trusting Him, and finding love?

ABRAHAM: The Master said: “To obtain salvation, you need faith.” I would say that the gift of faith is from Father – in that, it exists. Faith is free to those who desire it. It is difficult to always possess full faith because you are in the flesh and you experience certain events that would cause you to stumble in your faith. But I can guarantee that it is in your stumblings that are the steppingstones to higher levels of faith. In your doubts there is growth. There is always renewed faith for those who reach. Faith is, at times, work. Yes, it is work for you who must believe without seeing; you are made to go on utilizing your inner spiritual vision and feelings – and I can say, this is well and good. As you attain higher levels of self-mastery is your faith more likely to be consistent, just as the Master who experienced perfect faith. I am in understanding of your perplexity on this subject and I can say that further reading and study could very well aid you in your search for understanding. Is this helping?

ROLAND: Yes. I am understanding your words – that further study will help. I certainly believe that to be true in all my ascension throughout the universe. The thing that I am recognizing right now is that the son or daughter of God needs to have 'desire' to know of the spiritual reality. It seems like in adversity, the chaos of life, we desire a better thing, a better life; we desire God. So in our desire, God is gifting us with faith through the manifestations of Spirit. I think Jesus spoke something to the effect of: "Do you see the wind that blows the leaves? You don't see whether it is coming from this side or that side, but you see the manifestation of it. So you believe in the wind." In other words, saying and recognizing that Michael's spirit does things in the world, and that, as does the wind, we see the manifestation of it, gives us a strengthening of belief. That's what I am getting.

ABRAHAM: Beautiful and well said. You are in understanding. And on that note, I shall take my leave. I am growing in love for you each every time we meet, my friends. Until next week, shalom.

Methods to Steer Towards The Spirit In Overcoming Those Spirit Poisons

Abraham, WOODS CROSS GROUP 08-11-1997

Back

I am ABRAHAM. Greetings to you, my friends. It is most wonderful to meet with you

again. I am always seeing changes – positive spiritual changes in you each week. I am in understanding that last week's lesson brought much to think about. Many of you have continued to squelch the human side only to see its negative manifestations manifold. I would ease your minds by saying that your lessons are well spaced to allow for understanding on a deep soulful level.

It would do you well to consider helping to steer the human self more toward the spirit by those things which make you more spirit-filled. For example, music has been known to melt the most difficult of situations and allow spirit to have influence. Many mortals have been the closest with their indwelling Father when lost in a beautiful melody. This is one method of drawing towards the spirit.

You who live here in this age are under a great deal of strain and stimulation. There seems to always be some material focus that would cloud your spiritual connection. It is well to draw close to those things which lead you to Spirit. Your striving to know God and be like Him is more than just good intention – there needs to be some action taken. And I say, to allow the human self those pleasant things that draw you toward the spirit is altogether acceptable in the eyes of our Father.

The religions down through history have used one concept or another to tug at the spiritual heartstrings of its people. Symbols, ceremonies, and wardrobe were perhaps those things that made the churchgoers feel close to the spirit. What I am speaking of is not to pull at your heartstrings to stay close with the spirit, no – I am speaking of self-mastery, and steering the more animal-like self in the direction of the spirit.

Creative art is another way that some feel in touch with the spirit; to perceive something that is beyond human capabilities opens that personal circuit that connects you with the cosmic mind. As well, in nature; in observance of nature God has been recognized. Down through history, there have been religions built upon the beauty of nature. Yes, in the peaceful beauty there is something that touches your soul.

Many may find they draw towards their divine self through communication with others. There is a bond between those who strive to know Father. If at times you are feeling pulled from the spirit, is there not one you can speak with that brings comfort and confidence back into your own ability to know the spirit, reach the spirit? These things I speak of, you are each well familiar with. In your feelings of entrapment by your human side, there are immediate actions you can take to provide relief.

Each individual knows what draws them to the spirit. I would ask that you experiment this week with these techniques to draw you toward spirit and relieve those pressures which would chance to stifle your spiritual growth. The effort made to draw toward the spirit is to feel relief from those pressures you feel, and can assist you in gaining control over those spirit poisons. Your human side does indeed crave things spiritual. I say, your reaching out towards what makes you feel spiritual, is a necessity.

It was once taught that abstaining from things that would be enjoyable was righteous; that 'self-denial' was the path toward spiritual fulfillment and

self-mastery. I can say that Father would have you experience joy in every way possible – there is not one thing Father would ask of you that would bring you unrest. Yet I also say, your human side is not to be appeased like a spoiled child, no. I am saying it is acceptable to steer towards those things which create spiritual feelings in you.

In the midst of crippling anger, there are things you can reach for in guiding the human self towards finding divine solutions. When encompassed by blinding fear, there are actions you can take to comfort the mortal mind to find divine clarity. Yes, when in the midst of your spirit poisons, I would ask that you reach for things spiritual. In the reaching will you find the bright beam from a safe harbor. Your Father ever stands by guiding you to the safety of His love and knowledge. Are there questions?

ASHLY: Abraham, I'm new. This is Ashly. I am in the sixth grade and there is this girl named Chelsea in my class who really likes to talk bad about people. She likes to say really horrible things. I like her, she is a cool person. I am wondering if I should tell her: "Hey, how would 'you' feel if someone is talking bad about you?" even if it means not being friends anymore. Or, should I just try to ignore it and go ahead on with my life?

ABRAHAM: Understood. You are seeing this situation correctly. Some people, who are feeling less than others, find it uplifting to speak badly of others. They are always feeling free to speak in this way when others condone it or accept this kind of behavior. If your friend is knowing of your objections to this vicious gossip, then perhaps she would curtail it around you. You can always use honesty and kindness in telling her how this gossip makes you feel. And truthfully it is, as you thought, it pulls you away from spiritual thinking and toward the temptation to join in this negativity. Your honest heartfelt words to her are all you would need to say. She values your friendship and your kind heart. (TR: I am trying to get your name. He is saying it, and I can't understand it. Oh, okay, it sounds like Alexandra.) Abraham: Yes, Correct. Is this acceptable to you? (Ashley: Yes.) Abraham: It is a joy to see our Mission grow. Alexandra is a welcome refreshing new mind to us in this Mission. Another question?

CALVIN: I would like to welcome Barbara N. here from the Chicago area. It is very good to have her here. Do you have anything, Barbara, which you would like to address?

BARBARA: Yes. Thank you, Abraham, for helping us to understand our nature better. I would ask the Teachers, through you, for any advice you have for us in Chicago?

ABRAHAM: It is my information that you are doing well. I am receiving a message to allow for plenty of time to guard against mistakes. A pot that is boiling can be ruined by continuing to increase the heat. My sources tell me to ask that you allow for rest and humor wherein to decrease the heat on this boiling pot. A sufficient amount of rest and recreation provides a fresh batch of ideas towards unity. Is this helping? (Barbara: Yes. Very much.) Abraham: Another question?

CALVIN: In my week, Abraham, the last two weeks, in fact, I find myself like a

different person at work and home – mostly at work around other people, since our Idaho meeting up there. What would you say that was due from?

ABRAHAM: You are a man with much on his plate. It is difficult to be everything to everyone. You are one who would most certainly lose his right arm for the good of the kingdom – but I say, this is not quite necessary. Your expectations of your abilities to be those things you desire are leaving you to feel like you are missing the mark, perhaps stumbling. There has been a lot of time spent on your part in 'being strong.' Little time has been spent appearing before your Father as a faithful child. I mean, it is altogether fitting to appear before your Father just as you are. He is asking nothing from you and is ready to give you everything. You would be wise to take a few moments in stillness to sit before your Father 'as His child,' not as a provider, a father, a pillar of strength, or a worker in the kingdom, no – just as a child, a child in humble-seeking to his Father. Does this help? (Calvin: Yes. Thanks very much.) Abraham: Another question?

INERA: Abraham, good evening. It is always an honor to meet with you. A short question here: Last week we experienced an auto accident wherein divine intervention happened. It didn't feel like my usual spiritual guide's hand; it felt different. Who was it? Was it Daniel? or was it Randy's spiritual guide? or RJ's spiritual guide? – who actually picked us up, and put us on the ground?

ABRAHAM: One moment. It is my information that Adjuster communication with the driver allowed certain maneuvers to be made to work naturally with certain forces. I would say that assistance from the driver's Adjuster is to be accredited for your safety. I cannot verify, as of yet, actual physical assistance. Are you understanding? (Inera: Yes. Thank you very much.) Abraham: You're welcome. One more question?

TECTRA: Abraham, I haven't spoken with you since the Awakening workshop. I am curious if you were there, and what kind of experience the celestial beings thought of that event. If you could give a few words about that?

ABRAHAM: Certainly. I was with you at certain times to assist you in incorporating your understanding of the awakening to our teachings here. It is made known to me now that the celestials present were deeply touched by the willingness of the participants to be available to our Supreme Father. There are many such happenings as this, and I can confirm that the Teachers are involved in making things that would appear to be beyond real, more grounded – and to apply in everyday living. Does this answer? (Tectra: Thank you, yes.)

I would take my leave, and ask you to remember to steer towards things spiritual in trying to master the self. My love is with you each. Until next time, shalom.

A Time of Great World-Wide Transformation. Seize the Moment. Enjoy the Effort
Ham, Snow Mountain, Colorado TM Conference 08-20-1997
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Snow Mountain, Colorado Teaching Mission Conference
August 20, 21, 22, 23, 1997
August 20, 21, 22, 23, 1997

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording. The picture below is a part of this Snow Mountain Resort.]

Wednesday evening session

August 20, 1997

T/R: Rebecca

Greetings. I am HAM. I want to welcome all of you to our discussion/lesson time. We, together, have experienced a lot over these few short years; and will continue to experience growth, change, and consequences according to our Father's will.

There are several exciting happenings that you will achieve and participate in in the near future. Your entire world is going through a great transformation. This is a time that you can seize in order to effect great far-reaching and immense change for goodness, truth, and beauty. Do not miss the opportunities that are becoming open for you, for life is short and your day to act is quickly passing.

Therefore I say to you, we are developing certain programs which are going to be effective in your world. We only ask for you to welcome the adventure. Welcome love, welcome joy, welcome excitement, and welcome peace. Yes, the time is ripe for you to seize the world and enjoy the effort. That is what I have to say for now.

Thank you. My deepest gratitude and love is pouring out. I am so deeply moved by your dedication and perseverance. That is all.

[Message by Teacher Tarkus, is omitted here. Was much too inaudible to transcribe]

Serve Without a Desire To Know of The Outcome or Taking of Credit

Malvantra Melchizedek, Snow Mountain, Colorado TM Conference 08-20-1997

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Snow Mountain Teaching Mission Conference

Snow Mountain, Colorado

August 20, 21, 22, 23, 1997

[This record of the Snow Mountain, Colorado Conference is from a hard-written copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

Wednesday night informal T/R meeting

August 20, 1997

Malvantra (or Maleventa) Melchizedek

T/R: Unknown

Greetings. I ask, how many of you have arrived at this moment in time without a healthy degree of struggle? Do not expect this struggle to change, for it has strengthened you. Those difficulties which you've overcome have made you into the beings you are at this moment. Even now, after this time we have all spent together, it becomes no easier; in fact, the struggle, at times, seems more difficult.

You have each made your decision to cooperate and aid in this mission of the healing of your planet. We salute you for making these choices, even though many of these

choices have brought you far from comfort.

You all are here because you have chosen the Father's will. In the choosing of God's will, inevitably will this bring challenges, often times frustration, always valuable lessons, and even occasionally short periods of discomfort. What is before you is a grand and marvelous journey. And continually will you come up against obstacles which will seem insurmountable; yet, because of the strength and determination you have acquired to this point, you are more than adequate to persevere and thrive. If you look back only a short distance into your past, you will see a large degree of motion.

You each are getting into position to where you may do the most benefit to the greatest of individuals. Some of you already are in place for that which you are to ultimately accomplish. Others of you are in places where you are acquiring valuable experience and knowledge for what is yet at hand. We are most pleased with the progress that has materialized in so very short a time. Keep your senses, your souls, your entire being, open at every moment for those instances in which you may make the Father's presence felt through your actions – daily, are they put before you.

All of you here are becoming quite adept at recognizing these instants, and in a very short time, relatively speaking, we will begin to see the fruits of our labor together. We ask you to be conscious of opportunities for service at all times – to offer it freely without regard for results. We, from our perspective, are far more capable of seeing those little opportunities grow and spread, than are you. Be assured that each choice for truth, beauty, and goodness—and to the doing of Father's will—are incredible leaps toward that which will be accomplished in our advance toward light and life.

If you are overly desirous of being able to recognize the results of your individual ministry, then you will often become discouraged. However, if you proceed without a desire to know of the outcome, your actions will be a supreme accomplishment. We are exceedingly proud to be working with each of you. Carry on in the good fight. I am Maleventra Melchizedek. [Note: It was unclear whether this Melchizedek's name was Maleventa – or Malvantra.]

To Move Toward Light and Life We Need Our Students With A Heightened Perspective
Aaron, Snow Mountain, Colorado TM Conference 08-20-1997
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Snow Mountain Teaching Mission Conference
Snow Mountain, Colorado
August 20, 21, 22, 23, 1997

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

Wednesday Evening Session
August 20, 1997
Aaron

T/R: Bob Devine (Idaho)

Greetings to all. I am Aaron. It is my honor to be in your presence and to address you. As you hear the announcements of change and have personally witnessed the change that has been so obvious in your lives, allow us to speak in a more conducive manner to your continued growth on these evolving levels. Many levels of insight have been offered and new foundations have been laid for many people.

And now as you gather, we are desirous to teach of those things which are more enabling for your expansion in consonance with this Correcting Time. As well, we wish you to perceive those inhibitors to this mission. Many are your questions; and yes, options have been weighed. You are in the midst of a spiritual dawn upon Urantia, and in your present perceptive state we wish that you are aware of a reality on an internal level.

Many things have transpired which has provided a foundation for the development of the Teaching Mission – and therefore, it is very important to recognize that if you would enter into the next stages of development, that you do so with a unity of mind and purpose. These very beginnings, restructurings, may cause you to look at the history of that which has transpired on this world. Yet, you may need to move into a secondary role, as if at ground zero, for this movement is at the beginning stages of a much larger and more comprehensive planetary mission.

Your individual and collective efforts are necessary towards producing an awareness in the mind of a vast majority of mortals that spiritual aid is at any person's disposal. Be aware, your new mission begins. This weekend, and continuing in weeks, months, and years to come, we are interested in working with you as individuals—whether in small groups or large groups—to discuss your thoughts and answer your questions, that we may become sure as a team, each working for a common goal.

Our vision is enlarged from yours. We can see a broader picture than your present awareness. Therefore, we need your arms, your legs, your mouths – to present that which we perceive, for we are interested in working these new awarenesses into your consciousness. There is a great need for each participant to come to the table and prepare with us.

Yes, it is our hope that we can make in-roads into developing some of these thoughts this weekend. Thank you for your listening this night. Do not be afraid to speak up! For now, farewell.

Assistance From On High Is Available To Any and All Who Seek Through Faith and Trust
Elyon, Thomas, Unknown Teacher, Michael, Snow Mountain, Colorado TM Conference
08-20-1997

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Snow Mountain, Colorado Teaching Mission Conference
Wednesday Evening Session
August 20, 1997
EL-YON

T/R: Rick Giles

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from

Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.] I am EL-YON – group instructor for the Coeur D'Alene, Idaho Teaching Mission students. I take a moment to honor the Divine Presence in each of you. What a solemn gift we all have. It is so true, so real. I also honor you, equally. Why? Because the same Divine Source in you holds you so dear that I give equal acknowledgement.

Now let's move to a planetary topic. The celestial floodgates are now open and assistance is in abundance. This world was, and is, parched by rebellion. The celestial water is as beads of water upon grass. Each parched and thirsty soul is yearning for these celestial beads of water. Each of you are to be as a surfactant - to make this water more absorbable to the thirsting souls. We dedicate to you our un-ending and loving assistance. Thank you.

THOMAS [Tomas]

T/R: Gerdean

Welcome my friends. There is much to experience in this conference this week. There is much joy between people of one heart. There is joy of camaraderie, and joy of being one purpose with your own inner guidance. We are looking forward to a fruitful weekend. There is much to learn and share. Welcome again, and thank you.

Unknown Teacher

T/R: Unknown

I would like to speak on your spiritual mind. Each of you have awakened to your Indwelling Presence. Each of you through faith and trust are learning to follow the guidance of this Presence. Your minds are accustomed to this reality. You are being transformed through thought and strengthened by action. You have the advantage of celestial guidance. Our presence is to motivate you each and to help effect a change in the hearts of this world's inhabitants, that they may also discern beauty and the Divine Presence – the kingdom of heaven and the brotherhood of man.

This world is to be brought to a spiritual awareness. The orders are handed down to bring the right feel of our spiritual heritage of our Lord and loving Master to the awareness of your world. He ever seeks to bless us with His love and guidance. It is up to each of us to bring forth evidence of this spiritual transformation into our character, that it may cause a change of habit wherein you may reveal your real self to your fellows. By so doing, this transformation will bring this world into a spiritual brotherhood and realization of our son- and daughtership with our Paradise Father. We look forward to the fellowshiping.

MICHAEL

T/R: Calvin

My friends, my children. I am here. I call you friends, as you are my brothers and my co-workers. I call you my children, for I have created you and the space and time in which you dwell. I love you with a father's love – as the Father loves you. My apostles of two-thousand years ago walked and lived with me in physical form, and I wish for you to realize this, to make my presence a personal daily-living reality. By so doing, you will realize my personal presence more fully than if I were in physical form. Join me in spirit. Hold in your minds that I will be personally with you at each moment throughout this Conference and forward. Go now to your rest and

recreation this night. Remember my love and presence. Carry on.

Living the Golden Rule, Our First Responsibility To Our Fellows. Make Ready
Rayson, Snow Mountain, Colorado TM Conference 08-21-1997

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Snow Mountain, Colorado Teaching Mission Conference
August 20, 21, 22, 23, 1997

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Afternoon Session

RAYSON

T/R: Joan LaVine (California)

I am RAYSON. The Lucifer rebellion has caused much damage to the planet and its inhabitants. The pattern caused by the rebellion is entrenched in every facet of society, government, and business. How can this be repaired? Being in the Correcting Time, it is important that as Corps of Destiny members we understand the plan of action and our individual parts.

If a building is rotten and each timber is filled with termites, then by what means can it be restored? It must come down and must be restructured - from the foundation, up.

I speak of calamity and chaos on a non-spiritual basis, on a global scale - not just economically, or even politically, but in every area of human living. It is not a time of anxiety, no, but take joy in seeing a higher viewpoint in Father's work at hand, that he hasn't left this world entrenched in the effects of the Lucifer rebellion.

If like at present, wherein neighbor cannot truly trust his neighbor, then can he feel protection from his neighbor? If an element of threat exists, then is one justified in protecting himself and family from his neighbor? Did the Master take steps and precautions to keep Himself and family from harm's way?

So much of this world's ailments are caused by the fear of one another, at the expense of defense and warfare. If the 'golden rule' were lived in every heart - replacing the present system of fear, self-defense, and serving for self-gain, then what?

The Reserve Corps has been activated and cannot be stopped; Michael has decreed it. For a time, you may see the world in much chaos, yes, but on our side, we see this chaos as a brief moment of needed repair. Much of what will occur in correction, and its timing, will depend on how those individuals involved in this Correcting Time respond to their Thought Adjusters.

"What can I do to prepare?" you ask. Ask this on a spiritual plane, and then you will know your part on a physical plane. The following three steps are paramount for your present development:

One. To make a sincere effort on a moment-to-moment basis, day by day, to live the golden rule. Not to expect yourself to be perfect, or to lose faith in your imperfect selves at those moments of apparent failures, no! but to have as your goal, first and foremost, the striving for perfection.

Two. To re-read the Urantia Book again with your new spiritual eyes; and in light of your learning and experiences thus far, to find the new meanings and insights in the Urantia Book.

Three. In each person you meet, make an earnest and sincere evaluation of that person's spiritual contact or degree of enlightenment. Understand your role as an effective teacher.

Work hard on these things. Find yourself a stranger each day to start with, and do your part to bring enlightenment and the Father's love to His children. I now yield for another who wishes to address you.

Make Ready For The Prince Of Peace. The March Toward Light and Life

Machiventa Melchizedek / Michael, Snow Mountain, Colorado TM Conference 08-21-1997

Back

Snow Mountain Colorado Teaching Mission Conference

August 20, 21, 22, 23, 1997

Thursday Afternoon

August 21, 1997

MACHIVENTA MELCHIZEDEK

T/R: Patrice

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

I am Machiventa, known on your world as Melchizedek. I shall offer a prayer: Our Father in the highest, we gather in your name and thank you for our opportunity to be in service. We are open to see your wisdom, courage, and strength. Blessed are we that know your name. We open our hearts and minds to receive new information. We are grateful. We are attuned to Michael's mission, and we thank you again, Father, for our opportunity to be of service.

Thank you. As vicegerent Planetary Prince, I am pleased in the witnessing of this momentous occasion. Know this, that all eyes are upon you as we, together, make ready for this world's unique Planetary Prince, the Prince of Peace – our beloved Michael of Nebadon. You will be made ready for this momentous occasion to come just as your Teachers have made ready these past ten years for this moment which is now at hand. With your Thought Adjuster's guidance, your Teacher's instructions, and yourselves in action, we will march forward in this Correcting Time toward Light and Life. Know that each of you, with your individual and collective roles of involvement, make a huge impact. This week is a learning time, a clearing time for your next mission objectives.

My friends, it is our Beloved who wishes to address you now:

MICHAEL

T/R: Unknown

It fills my heart beyond measure. Thank you for this time. You are all my children. Those that are not here, I love as well, equally. As we march forward, there are no mistakes, only one-ness of purpose. As you sit in stillness each day, speak with me. I walk with you each day, know this!

[NEBADONIA spoke on the conference theme "Love In Action" but was not able to hear well enough for an adequate paraphrase.]

Advice Sought From Abraham Regarding Various Conference Trends and Concerns

Abraham, Snow Mountain, Colorado TM Conference 08-21-1997

Back

Snow Mountain, Colorado Teaching Mission Conference

August 20, 21, 22, 23, 1997

August 20, 21, 22, 23, 1997

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

[By this Thursday afternoon some of the Woods Cross Group's original members were feeling uneasy about things that were transpiring at this Conference gathering which they felt were not in harmony with their understanding of the Teaching Mission. These issues had surfaced in the Conference workshops as well as the displays of "marketed" items, all claiming in association with the Teaching Mission - such as: Gathering into "merging communities" (Utopian Societies.); Promoting of 'spiritual healings' wherein there is a charge for money; The 'galactic federation' of space friends circulating our planet; etc. Abraham's advice and assistance was requested. Some had felt 'deflated' for their grumblings regarding the way things were happening. The following is their side-bar meeting with Abraham.]

Evening Private Meeting

Thursday, August 21, 1997

ABRAHAM

T/R: Ellanor

I am ABRAHAM. It is well you have need for direction. I can answer your questions but first I would you some general guidelines as to your involvement in this Mission gathering.

It is well that you can find time for spiritual renewal, a rejuvenation of spirit. It is well to recapture that enthusiasm that you held previously. We understand that it is difficult when your fellows insist on dwelling in the un-reality of mortal living. It is difficult to find spiritual inspiration from those who perpetuate niceties and mysticism.

In times such as these, I would ask that you first and foremost seek your spiritual renewal from the Father Himself, and through Christ the Creator Son. We are here to assist, but not to replace your divine Parents' guidance. I would suggest that in your going within, that you act on your inner spiritual inspiration. In your efforts

to spread the good news, lean towards the realness of mortal living.

Let this gathering be an integration of individual and group (both human and divine) mentality. Your superiors seek to give you more responsibility concerning the Kingdom. They await your acceptance. I can assure you that this gathering will prove to bring more and more commitment from individuals willing to serve. These individuals will then labor to spread their good acts to assist in this Correcting Time-march toward Light and Life.

I would tell you, my children, that your participation is vital in the success of our plan. Let the spirit move you to act on love only. The brotherhood is our ship, and you are co-captains. Be at peace in your ability to do Father's bidding. Worry not. I would admonish you to keep in-check your anxiety-level so as not to cause any stumbling. A few questions?

CALVIN: Thank you, Abraham, for meeting with us. It would be great if we had these kinds of teacher/student communications more often, for it seems like we could catch onto things faster. But I understand also, that you want us to be 'Father led,' and to steer ourselves in that direction - to know when to act, speak out, and when not to. Sometimes, as in today, it is easy to let anxiety overtake me. I don't understand of when not to speak and act, versus when to speak up and act to perhaps stop further anxiety. For instance, if I have a group of ten people saying: "Yes, we need to act and structure plans for communal living in utopian-style communities." and inside I am saying/thinking: "Wait a minute, it doesn't fit with our teachings as I've understood them." So I guess I have to stop and weigh the balance. Am I missing the point? Or, are both sides right? It has been the issue and discussion-topic here today. Rayson's transmission was quite helpful, and yet, I must consider if this was someone's fears or anxiety interjected into the transmission of a 'soon possible collapse and chaos?' As Director of the mortal reserve corps of destiny, how would you advise corps members to best help? And, are they to do so peacefully? I feel I can see both sides of these issues and it is still pretty hard for me to see which way to move and act - or, which of my moving and acting is just my anxiety?

ABRAHAM: Yes, understood. The answer I can best describe to you would be this: Our core group of individuals who began in this Mission have a firm grasp on our goal. New individuals entering can bring imbalance, yes, and cause some turmoil. They are starting the process you have completed. There can appear to be much anxiety in this imbalance for those long-term members, yes, but can you not see, in the imbalance and confusion you have sought me out? And, you will also turn to Father and Michael for their understanding. This is all an ordinary process; and as time has proven, false things will pass. In your eagerness to do Father's will, you have a tendency to stumble over Him. I would say that in your own turning inward to Father, that therein is your rest and clarity. Be concerned not with your fellow's growth and direction, for Father will tend to that area of the garden. Your own inner peace will provide spiritual knowledge and power to act upon. This time should be joy-filled, yes, but not over something that our Teaching Mission has that the world has not. Joy should not be found in obtaining group favor for Father, no! Joy should be had by knowing that the elders of your universe are about to entrust you each with a corner of the kingdom, and the knowledge that you will each find Father in

your own time. Does that help?

CALVIN: Very much. In our group discussions, we have (hopefully) each other's Indwelling Father communication. I observe that sometimes the group viewpoint gets to be quite contrary to my own. Is it your wisdom that I let them go on with their viewpoints even if I feel it contrary? To simply allow Father to direct them in His own ways, where He will? Or do I speak out my viewpoint – which oftentimes is throwing a 'monkey wrench' into that group viewpoint? I try to be open-minded but often find myself to be the one with an off-base viewpoint. So, is it best to just keep quiet? – to pull out of the discussion? Or, to be outspoken in my viewpoint?

ABRAHAM: If I am understanding, I would say that an honest and clean viewpoint is always welcome. Passion is commendable in viewpoints, yes; and yet I can say that too strong of emotion would render your viewpoint dis-favorable. Am I understanding?

CALVIN: Yes, and that is a very good point which you bring out; it's 'the approach of the delivery' you are saying, yes. To mildly and directly put forward my viewpoint, but not overly-done with so much passion that would cause a defensive reaction response.

ABRAHAM: Yes, yes. Truth sounds alarms within souls that something needs expanded upon. Another question?

ELLEN: I would just like to thank you for your words tonight. It calmed me down. I was getting a little anxious, as usual. As you were talking, I thought about what happened outside when I was talking with Bill. It felt like what you were just talking about, letting Father direct me. Was that an example?

Abraham: Yes, and that example is accurate. There are times when Father would be persistent in guiding you, but only because you have chosen His will. He has your permission to use a certain amount of persistence to wade through your emotions. This guidance at times can cause some physical signs of confusion and yet, I can say that without your permission for Father's hand, a resolution may not happen. You are in understanding? (Ellen: Yes.) Abraham: Another question?

CALVIN: Ellen and I were wondering why it is we are so 'stiff' – meaning, why don't we like to get up and join in the huggy-kissy group times, such as today in singing the happy birthday to Michael songs? Do we need to spiritually grow up here?

ELLEN: Yea, is there something wrong with us – other than what we already know? [laughter.]

ABRAHAM: Not at all. It is, as I said, that each of you has an inner alarm for truth, and this emotional game-playing is not in your understanding of truth. This is not to say you contain any lessened capacity for love than any other; if the love is genuine, you are each in full participation. Not to worry. Are there any more questions?

CALVIN: None from me. It's sure wonderful to know we can bridge that gap between the material and spiritual, and have such a friend to help bring us to a greater reality

in our daily mortal living; and, our interactions with our Mission fellows, which is the issue before us. Thank you.

ABRAHAM: Yes, and you are welcome. I would thank you each for seeking my perception. I will be with you each throughout these days. My love is with you. Shalom.

Urantias` Melchizedek`s Advice Regarding the Affairs of Urantia
Various Melchizedeks, Snow Mountain, Colorado TM Conference 08-22-1997
Back

Snow Mountain, Colorado Teaching Mission Conference

August 20, 21, 22, 23, 1997

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

Friday, August 22, 1997

TM Conference

Morning Session

Stillness instruction by Heber Kimball. (Farmington, UT.)

Keynote address by Rebecca Bynum (Nashville, TN)

[Rebecca's address was on the world's state of affairs and necessity for correction. The percentage of budgets for warfare and defense vs the higher tragedy of starvation and hunger - physically and spiritually. A plan of action targeted for next year around the 4th of July in Nashville, TN]

Afternoon -- Melchizedek Session

[This whole afternoon's transmissions are also paraphrased. Each Melchizedek message was delivered by a different transmission-receiver who all wish to remain anonymous. There may be more accurate recordings or transcribes of this afternoon session.]

MALAVENTIA (Melchizedek)

I am Malaventia, one of the Melchizedek Planetary Receivers assisting in the upliftment of Urantia. I bring this announcement: This Correcting Time is advancing on schedule; your participation is not only helpful but mandatory. Your free will, though, is important beyond measure.

We are almost complete in the implementation of an 'inter-connected net,' a network that will connect on a global level; a circuitry that will reach out and encompass any uncomfortable situation - war, hunger, distress, etc. This "circuitry" is to connect to any or all mortals, global wide. Expand your heart and enlarge your ideal. We stand by ready to assist. Yes, know that we are at hand.

MANTURONSON (Melchizedek)

My greetings. I am Manturonson. Many things you have considered: the Melchizedek schools; The Planetary Prince's return; even Michael's return to Urantia. I say, many things will materialize that you did not fully understand. At that time when the circuits are fully connected and mortals can understand these possibilities, then there is the possibility of many of these things [that] may yet become realized and made actual. You can actualize the Supreme Being.

Our real desire for you is to realize and experience new life. There is spiritual development in every choice you make. If you would be of great service, you would not ignore yourself, and your personal development. Your purpose is to become more like God, not to make others become more like God. This responsibility lies with yourself, your relationship to 'others' not 'other's' relationship to you (inaudible.)

MANTUTIA (Melchizedek) [Mantutia's remarks were too inaudible for a good paraphrase or transcribe.]

MACHIVENTA (Melchizedek)

I have had the unique experience to walk this world, to live with your forefathers, to spread the Nebadon religion of the Fatherhood of God and the Brotherhood of Man. My brothers and I work and coordinate with the angelic corps, and also our midwayer brothers who are the true heirs to this world. In all our efforts, we are doing as much as possible to upstep all areas of human interaction, such as:

1. Religious beliefs and institutions.
2. Working with this world's political leaders.
3. All areas and aspects of business.
4. All social institutions and interactions on this world.

Do not be dismayed that there is not much apparent fruit. These efforts are gathering momentum and in time, will gain much fruit. We are proud of the Teaching Mission participants who have stepped forward in your groups and communities. You have been prepared for this for a very long time. Now, much change is at hand, and it is important that you stand grounded in your faith and experience with God; to exhibit in your families and communities - faith; and even more so - righteous living.

During this time of conflict, of change, it is necessary to have resident in the community, one of strength - to have a spiritual pillar, so to speak. Such pillars of strength are being erected/instilled all over this world. We thank you for your efforts and individual struggles. As we begin to discuss issues and project forward, we move the whole forward. You will teach by your personal transformation. Learn to trust the great Teacher who is yourself, your God-self. I thank you all. And from each of us, may the blessings of the Universe Son and the Divine Mother, follow you. Shalom.

MANTUTIA (Melchizedek)

Again, I speak to you. Heed the messages of my brothers for they speak wisely. They speak of times of change and your connection to this universal energy. As you work and pray and embrace the stillness, you are connected to the spiritual circuitry - that is, you co-creatively develop this connected energy such as you would envision the internet or telephone.

I ask you: How will you develop those spiritual energies? An analogy may be likened to running an auto race - you must have the fuel to run this race; and yet, you must stop at the pit and refuel if you intend to finish. I speak of the daily stillness;

go there when you feel weak and uncertain. Become refreshed and go forth in the spirit and power of our Father's works. Go forth in these words - "fear not."

Evening Gathering. Question and Answer Session

Ham, Snow Mountain, Colorado TM Conference 08-23-1997

Back

Snow Mountain, Colorado Teaching Mission Conference

Evening Session

Ham

August 23, 1997

T/R: Rebecca

[All questions in this session are paraphrased as best as possible from Calvin's on-site notes. The questions are worded at a much faster pace than the Teacher's words. Ham's words are very accurately recorded here.]

Greetings children. I am HAM. I, also, am grateful and am thankfully joyous to help any of you in any way that I can do so. I understand that there are several of you with questions, and I will endeavor to answer them now.

QUESTION: (A statement of thanks to Ham for his teachings and what he has done for this student. Ham is asked of his assessment of the students' progress, and if he has any specific counsel for the student.)

HAM: You, son, have already given your life over unto our Father's hands. You are walking carefully, and this is as it should be. You have experienced and seen others crash by the roadside, and are careful to avoid those hair-pin turns at high speed. You have received confirmation of your apostleship and understand the hardships and sacrifices required. However, you are waiting and listening to gain understanding on where to go. The awareness or understanding will be given to you by your Indweller. Be at ease and at rest in your heart. All is well and is as it should be.

QUESTION: (From Elena, of Albuquerque, NM., expressing thanks to Ham for his teachings in her life.)

HAM: Elena my daughter, you are a beloved child of the merciful Father who is always and ever aware of every slightest thought even before you think of it. Every hair on your precious head is numbered. He knows your every desire and every fear. You are safe in his arms, and there is no yesterday and no tomorrow that can ever alter this. Go in peace, my child.

QUESTION: (Could you address on the personal cleansing aspects of the Correcting Time?)

HAM: Certainly. All of you have had to be self-revealing, self-understanding, self-tolerant and self-aware, in order to begin the process of breaking away the dead shells that hold you and have held you. There are many ways to do this work - many paths, many trials; and many errors for you all to experience. We your Teachers can only give you suggestions - and yes, sometimes directions to look for the preciousness within. Be of good cheer, you have truly been a beacon of light for those who know you. There is no wrong way or right way to self-discovery, only

individual ways as I have said. Is this helping? (Reply: Yes, thank you.)

QUESTION: (This question is regarding Ham and his associates' viewpoint or comment on the workshop's presentations and discussions on 'Emerging Communities'.")

HAM: Once again, we are not in the business of directing decisions that have to be personally decided upon. Everyone has their own tasks to do, and no two are alike. Each one of you is destined to take the seed of truth out into the world and plant your own tree. I would say, 'community' is everywhere – in everything. 'Community' is all of your relationships – all of your interactions with everyone, all the time. We would encourage community expansion in those varied places where Father has placed each of you. Our love and encouragement is to you all, in all of your endeavors. Is this helping? (Reply: Yes.)

QUESTION: (Is there a photon belt? And if so, is it dangerous to our planet?)

HAM: I'm not a scientist but my understanding is that light's interaction in space would not permit this existence of such a prevalent phenomenon.

QUESTION: (Question asking Ham to comment on the differences in the ways that men and women interpret their experiences?)

HAM: Both sexes are similar and yet, quite different in their interpretations of experience. Women are much more easily into the 'now,' and for this reason have largely been the spiritual standard bearers of your race. The male is more apt to exist in a planning mode and be concerned with the long-term future. Women are not short-sighted, no, but more-so are they concerned with immediate results and immediate comfort. Always will there exist some misunderstandings and incomprehension between the sexes because of these different attitudes regarding 'time.' Is this helping? (Reply: Yes, and I thank you.)

QUESTION: (A question asking if each participant in this Teaching Mission is a member of the Mortal Reserve Corps of Destiny; and acknowledging that there are also people outside the Teaching Mission who are also Reserve Corps Members? Also, question asking Ham if we understand correctly of Abraham's role as 'director/overseer' of the Mortal Reserve Corps of Destiny, as we have understood in the past?)

HAM: Answer to your first question: Correct. Answer to your second question: Also correct. And yes, Abraham is still the 'overseer' of the entire Reserve Corps of Destiny. Correct.

QUESTION: (A lady thanks Ham and comments on the beauty of the outcome of the Teaching Mission in her life.)

HAM: Daughter, you have always been the rock which has given anchor and shelter and comfort to more humans than you know. Always you have extended your welcoming love to anyone who has sought it, and there have been many. You have unknowingly acted as a role-model for many women who were confused or frightened. Daughter, your service is constant and your steadfastness is sincere. You are beloved and valued by a host

of beings. Never doubt that you have served well, are serving well, and will grow into even greater and even more illustrious service. That is all.

QUESTION: (A lady comments - Ham, I just want you to know how much I love and appreciate you for what you have done in my life. Thank you for coming and sharing with us.)

HAM: Daughter, you have truly embarked on a life of dedicated service and unselfish ministry. Your hands are always open to feed all of God's creatures, even his tiny birds. Do not be discouraged or concerned if not every creature takes what you have offered. Be exceedingly glad. Have faith in our Father that He will hold you and not let you stumble or fall. That is all.

QUESTION: (Another lady also expresses appreciation for Ham's teachings, and asks: Can a person's sub-conscious memory come to consciousness of memory?)

HAM: My daughter, you have clung to truth and have sought goodness and beauty all your life. There is no obstacle that keeps you from further progress - though there is, as with everyone, always another step to go. Have courage and faith, for you are truly a tenacious seeker, a seeker who will never let go. Be of good cheer and of a light heart, for you are where you should be. You are receiving what you need, yes, and will progress wonderfully.

QUESTION: (Question asking if we are still expanding in the teaching groups, and what can we do to help in the expansion of the Mission?)

HAM: The Teaching Mission has just been through a pruning, and is awaiting fresh water, sunshine, and even fertilizer before it will spring into great growth. Many of these things are not really for you to be concerned about; they are in the hands of seraphim and a host of spiritual beings. You will all be heartened and happy to see the Spring in future days, but the arid phase is as it should be - acceptable and correct at this time. Does this help? (Reply: Yes, thank you.)

QUESTION: (A question about our personal contact with the Indwelling Spirit versus the celestial Teachers; and, is there a big discernable difference between the two experiences - the interactions with both?)

HAM: I have watched your progress, son, and am very heartened and happy with your understanding of your great strides. You are correct. You are making good progress in communicating with your instructor/Teacher. I cannot interfere with this relationship but must defer to her instruction. Do you understand? Do not worry or be concerned about every little pebble in the pathway, for there are rocks enough to step over in your future. So have faith and know the truth in your heart - that you are beloved of the Father. And yes, son, you have a special mission on Earth; and yes, you will understand it - you will be able to carry it forth. Go in peace and be of good cheer.

QUESTION: (A lady asks something about, "Am I on the right path? Do I have an assignment in this Teaching Mission?)

HAM: You must understand that your entire lives are your tasks. Your every action and thoughts reverberate in the Supreme Being. You are experiencing joy and love, and do exhibit an excited peace – a peace which has always eluded you in the past. Take time to just enjoy it. There is no hurry to accomplish anything except learning to love and live happily. (Reply: Thank you.)

QUESTION: (A man asks: "What happened to my Teacher? I haven't heard from him for three years now.")

HAM: My son, there is a deep sadness holding tight in your heart which is not allowing communication at this time. There is no human who is able to aid your search for love and peace, but your indwelling Father can and will help to rise above this sadness. It is He who will help you make this climb before you have clarity with your Teacher. Through this experience, always will you know that the Father loves you and bathes you in His light and love all hours of the day. Go in peace. All is well.

[To the Group.]: Children, you are all so loved and deeply, extensively cared for. We look in amazement at your stubborn refusal to let go of fear and worry and anxiety. It is all for nothing. Don't ever doubt your status or standing in God's heart. You each have a special place there, and a special place in this world.

Be content. Find that citadel of peace within your own hearts – a place of quiet amid the storm. Hold on to your faith. Seek wisdom. Always walk with the light – the light of truth on the paths of beauty. In this way, you will draw nearer and nearer to the source of all goodness, and you will experience His merciful embrace. My peace and love and charitable heart goes with you. Farewell.

As We Make Preparations Toward Light and Life, We Must Make Those Personal Adjustments Needed

Margul (Daynal - Trinity Teacher Son), Snow Mountain, Colorado TM Conference
08-23-1997

Back

Snow Mountain, CO Teaching Mission Conference

Saturday Evening Closing Session

Margul - Trinity Teacher Son

August 20th - 23rd, 1997

T/R: Rick Giles

[This record of the Snow Mountain, Colorado Conference is from a hard copy made from Calvin's personal notes (of the Woods Cross, UT group). Other transcribes or recordings of this TM Conference may be available in a more accurate recording.]

I am MARGUL. I have willfully accepted this task of bringing a report of your current standing as a planet. I am of the Daynal order. I have completed a survey of your world, as my associates have also completed surveys of sister quarantined planets in the correcting missions. It has been assessed that progress is being made according to plans. However, decimal worlds lag – and this is not surprising, considering conditions.

I am indirectly associated with the Melchizedek mission only in so far as the

mission affects plans for inaugurating Light and Life. The Avonal Sons visiting this world have assessed the many dimensions of human life activities; and, that you are making acceptable economic progress. Pockets on the world are developing higher standards of social and cultural values. In many parts of the world your militaries are becoming antique. The peaks of progress are very small, yet those small surface areas are being touched by the luminosity of spirit. Still, many valleys of deficit do exist.

As you have heard, Michael has decreed the acceleration of plans on this planet, and many in my field of vision are quite busy. In making this report, however, I am cautioned to relate to you that you probably will not see this acceleration, for those committed to this mission have pledged to not circumvent natural process of growth. Our timetable cannot be hastened. You must continue to assimilate according to your ingestive abilities.

Much time has been devoted to increased appreciation of sonship in Michael's family. During this interval of transition, you who are called to this planetary effort are hereby charged to increase your capacities for citizenship involvement. There are two basic perspectives for you to maintain in all aspects of your lives: One, is your repersonalization of Michael's approach as living examples entailing a deepened communion with God. And secondly, to improve standards in your life whereby your relationship with Him becomes obvious to your fellows.

Another primary focus – and this is for you who are called into service with the master seraphim – to hone your skills in careers that contribute to the outworking of procedures currently underway; procedures that will prepare this planet for the next epoch – the beginning stages of Light and Life. And yes, far is the distance to traverse. This, our Teaching Mission ministries, must encourage you, for without the efforts of an initial surge of ministry on your part, subsequent advancements will not be made.

You are conscious cosmic citizens. One of the prerequisites is that as life becomes complicated, all on this world are free to live as Michael has called us to live. This means, you who choose to participate in planetary growth have extracurricular activities. If you are a social worker, continue to improve your abilities. If you are a politician, then demand of yourself those standards you hold ideal and forcefully 'promote them' in your arena of influence. All occupations are needed for upliftment, yes.

Remember, love does go a long way to improve the human condition. When it comes to your planet, love is to be accompanied by an army of skill, talents, and dedication. Rest not on your attainments in a soothing sense of sonship. Charge yourselves with a sense of responsibility to be about the business of Michael, Lanaforge, and Machiventa. This complicates things, doesn't it? [laughter and "yes" acknowledgments from the crowd.]

I will be off the planet for some time, but I will observe processes inaugurating here and continue to tally data, and make suggestions to the residential staff that will help in the ever-steady progress toward a perfected world – and, a supreme universe. I, Margul, take my leave. [End of Snow Mountain, CO TM Conference]

Expose Your Anger to Father For Divine Clarity to Take Place
Abraham, WOODS CROSS GROUP 08-25-1997

Back

[The Conference mentioned in this transmission was last week's four-day Teaching Mission Conference held at Snow Mountain, Colorado. During the conference, several of our Woods Cross group felt things were germinating at some of the workshops which were not conducive to our Mission training (personal agendas, predictions, etc.) - and therefore, we requested a meeting with Abraham for direction on how to process this - to speak up openly, or not.]

I am ABRAHAM. How blessed am I to know you each. How blessed am I to experience what you experience. My friends, accept my humble gratitude to you for your efforts in preparing the world for more enlightenment. It is wonderful to view your collective thoughts unifying in a common goal. You are beginning to grasp the ideals of the brotherhood; no one is any farther upon the path to God than any other. Yes, you are in understanding that you will all go together; I am also made glad to ponder upon this reality.

It has been quite an eventful week for all of us. Think not that those who did not attend the Colorado Conference did not receive our main message; for I can say that each who lends an ear will indeed receive our message. We are joyous to confirm that our goal for this conference was completed successfully, and numbers within Father's kingdom has expanded. We stand at the beginning of mountainous changes that will take place - spiritually speaking. It is those individuals who have knowledge of self-mastery that will assist in feeding the flock.

Last week we discussed steering towards the divine self, showing our human selves a more peaceful and loving way to solve problems. It is known that the more animal-like self needs a gentle nudge at times to act upon spiritual ideas. We will perhaps go into more detail on those spirit poisons you wish to have control over. It is known that in this day and age there are multiple ailments due to run away emotions. The world would appear to be in complete chaos with rampant emotionalism.

I would tonight begin to say a few words on anger. There is no doubt that anger can stem from certain fearful happenings such as how anger can be seen when one has felt cheated. I say, in a small way there is some resentment over Urantian isolation - anger towards the Lucifer Rebellion which led to a planet being cheated of spiritual assistance. As more and more individuals come to God-consciousness, this feeling of anger will be understood and modified. Anger can appear to be inflating if there is not a release. It is thought that built-up anger must be in great need of release or there is an explosion to be settled.

I can shed a new light on anger: Your internal Father is the great diffuser of anger where He can turn it to 'productive energy' instead of just 'negative release.' In your efforts to steer towards the divine through various avenues, therein awaits your Father to enfold your anger and remove its sting.

To go into immediate stillness during anger is practically impossible. To lay out your anger for Father to view is to inspect your anger through His eyes - to

conference, yes, to confer with your Father. Whether or not it is through private methods or emotional out-bursting, to confer with Father is of great benefit; for in the viewing what Father is viewing concerning your anger, the 'conferencing with Father,' in the midst of Michael's hard truths, will aid in defusing the negative energy of anger.

Father is all too knowing that His child is not about to sing eloquent praises to Him during anger, or even a well-thought-out prayer, no. Father is always available for you to thrust your anger before Him; allow Him the opportunity to remove the sting and help you to understand the violation from which this anger stems. It is an excellent idea to lay out any difficulty before Father, but especially when in the midst of over-controlling anger; He is ready to accept your negative energy.

It is said, to 'overcome evil with good.' Do you see, by exposing this anger there is comfort to be had, along with a mental and spiritual clarity? If at all possible, during your next bout with anger, talk to your Father, expose it to Him. Worry not about offending Him for He is entirely capable of showing you a new and better positive energy. Before you act on your anger, take a moment to show Father you can try to see what He sees, and can accept His divine guidance and comfort. Are there questions?

WILLEENA: Yes, Father Abraham. I have a question that came up in the course of the conversation prior to your lesson. My personal work is of a nature that looks like healing. I have been trained in something very specific, and I charge for it. Back in the days when we were all learning to do healings, I remember that there was a real clear delineation between 'doing healings for money' and simply 'giving the gift freely' - that line was pretty clear in my mind. I stopped doing the healings, per se, because I didn't want to confuse the energy or the issue. But still, this is how I support myself - such as I do through my rapid-eye work, which is also a charging and is along those same lines. So would you address that with me? Am I in good standing here? or, am I out of integrity. So I ask, is there something that you can say to me that will allow me to feel at peace within myself about this?

ABRAHAM: It is well that you have sought help. In your seeking, there is an acknowledgment of an awkward feeling - and yet, you are very conscious of doing right. It is difficult for me to say yes or no to this moral dilemma. I can only assure you of your good standing with Father, and express my confidence in you as a faith-daughter of our Father. Your decision to charge for your service lies in 'what category is your service in.' Do you see, is it physiological? is it physical? (Willeena: A combination of both.) Abraham: I would say that if it is spiritual, that would verge upon taking advantage of those in Father's kingdom, as far as my understanding goes. Is this a service 'for Father' to your fellows?

WILLEENA: It is confusing, yes, because the truth is I do everything from that position, but prior to being exposed to the healings through this Urantia movement, I have been trained in various forms of healing techniques, according to the world. I have always been pulled to offer it from a higher position; so I can see that this is a real question. I definitely gave up in charging for the hands-on healings that we were being taught here because that was very clearly a line that I felt drawn.

ABRAHAM: I say it is one of those decisions you must make according to your new light – one which I have no doubt that you are certainly qualified to handle. Another question?

NORWOOD: Abraham, your lesson tonight on anger, talking it over with the Father, releasing it to the Father – that subject was brought up today; I was talking with my wife about this very thing. My anger has been kept inside which has caused me some problems physically, where my nerves get a little frayed and my muscles will tighten up; and consequently, I might be on a mild tranquilizer at times. That question is the very thing I was dealing with this afternoon, and it is refreshing to hear an answer so soon. I really appreciate your lesson tonight.

ABRAHAM: You are certainly welcome, and I am aware of this. Repressed anger has been a leading cause of arthritis, depression, skin ailments, and various other problems. Anger released to the Father is a beneficial avenue to take, whether it is through yelling, crying, or even fist-pounding. Father is all too ready to accept your human behavior no matter how juvenile it may appear to you. Do you see, in this release, there is not repression and the physical ailments that may accompany anger. Does this help? (Norwood: Yes, very much. Thank you.)

MIRIAM: Abraham, I was wondering – regarding our side-bar meeting with you at last week's conference, this was like a 'lesson within a lesson.' I was so grateful that you met with us to give us avenues and tools to use to process that experience. I have a question, and I don't know if this is a spiritual poison or not, I am a little gray on this: Say for instance, when we are sitting in a meeting and our inner guidance tells us something, and it doesn't quite jive with what the rest of the group has going on. Such a situation is kind of a hard one for me. My dilemma is always – do I listen to my voice and get up and leave? or, sit and learn tolerance and acceptance? I did both during the conference. The one instance that I am asking about, though: I was sitting in a workshop meeting where things were being said that I strongly disagreed with, and I remained quiet and just did my own thing doodling instead of to engage in what they were saying and doing. Later on, I talked to the woman about it, and I told her about my discomfort. Is that a spirit poison in my speaking out to her? You know, like I feel bad for having spoken forthrightly with her – and that I should have just grooved with everybody, instead. I knew I didn't want to do that; I really didn't feel like I should just groove-along. I guess this kind of guilty thing got me going, and I felt like I should have spoken up openly during the meeting rather than confront her after.

ABRAHAM: Understood. Your first impression was correct. Your guilt feelings stem from your past experience with non-conformance. Your immediate internal feeling upon making your decision to 'not' participate was what – one of wanting peace and contentment? or, was it more conjoined with the ego? Was there the feeling of 'my way is the right way?' Do you see, the guilt came later after having time for the human you to have input. No, Miriam, what you did was not in error; you were following your internal Father. Does this help?

MIRIAM: So, are you saying I was groovin with my ego? or I wasn't? Or, are you saying I was looking to my internal Father, and I wasn't looking to my ego? I'm not sure I understand.

TR: He is saying, 'you decide.' [laughter.]

RACHEL: Father Abraham, I think it is time for a little humor. It is time for parents to take their children to church when their children believe that the second coming is the return of Michael Jordan to the NBA. [laughter.]

TR: I was explaining to Abraham who Michael Jordan is, and that in recent years he had decided to return to the NBA. He said: "I know." [laughter.]

ALAUNA: Abraham, I'd just like to introduce a member to our group, Ashley.

ABRAHAM: Greetings to you, Ashley. It is my extreme pleasure to meet with you. I am aware of your connection with Father – it is strong and yet, sometimes confusing. If I can be of help to you, please feel free to ask me anything. One more question?

CALVIN: I just wanted to ask if we did read more into our observations at the Colorado Conference than what was actually there? Is there something you can comment on at the Teaching Mission's gathering? I know we could have exercised a little more refined and fruitful way of doing things rather than in open confrontation. I'm sure our patterns of 'when to act and when to tolerate' will evolve through further teaching and experience. I think you understand what I ask?

ABRAHAM: Yes, you are correct in what you say. I can also say, though, that it was not easy to have our students act upon truth without some prodding on our end. You have your understanding of truth, and how it affects you. It should not cause you shame or embarrassment as long as you cling to the authority of your divine Father. There should not be any question as to the validity of your inner feelings.

Having said this, I shall take my leave. I would remind you to expose your anger to Father for divine clarity to take place. My peace and love to you each. Until next week, shalom.

Let Father Transform Our Fear/Anger/Energy Into Positive Outcome

Abraham, WOODS CROSS GROUP 09-01-1997

Back

I am ABRAHAM. My greetings to you. It is in humble gratitude that I meet with you tonight. I am with almost complete understanding of your efforts to attain self-mastery. As my history has shown, I too used anger's negative energy to find some sort of satisfaction. It is still at times a struggle for me to find peace and contentment in tragedies. I am still in the practice of learning to lean solely on our Father's knowledge.

As I experience, I always find Father is already in control of every situation. In the sharing of your experience with anger with your fellows, there is more a feeling of being understood than believing you are so far from attaining self-mastery. You can each see your experiences will be somewhat similar, and sharing them here aids in finding positive ways in dealing with anger.

Worry not on your failings concerning self-mastery. Look at each episode of failure

as a moment when you can sincerely say 'I am teachable.' Look not on your failings concerning self-mastery with hopelessness; nor, as an impossible goal to reach, no. Know that each moment spent in humility is an opening for your Father to make a correction. Allow Him His timing in this correction so that it is lasting.

Last week we discussed of showing Father your anger honestly, and through whatever means you choose; this is only one way in which to steer the animal self towards the divine. Anger is not a vicious animal to be locked up and hidden, no! Anger is an energy which must be directed (be available) toward transformation. Anger, when transformed, can lead to beneficial actions.

Many positive things have happened out of someone's anger, someone's pain. Your striving to understand this particular energy will stem far beyond this world; but have no fear – as you attain levels of self-mastery, anger does become easier to direct towards the positive.

Closely related to anger is fear. Many individuals have become enraged by fearful events. Fear continues to dominate on this world. Even with all of the circuits reinstated there still is a mass fearfulness and confusion. I can help to bring some understanding on this for there is particular knowledge to be had. The competition for this knowledge was a driving force for mankind. The appearance of having more knowledge over your fellows built one's ego to great heights, and the absence of this knowledge produced great fear.

Mankind, when pressured by this fear, is more likely to produce useless things, fake things, false things. People driven by fear are apt to live in falsehood, and until one is humbly gracious enough to invite Father to share their life, this fear will be overwhelming, uncontrollable. I do not say that fear will cease after Father has been invited, no, for change of patterns take time. I do say however, that fear is also like an energy which can be put to different uses.

Most fear stems from the age-old feelings of isolation and loneliness. There are those without the comfort of Father who would go to great lengths to be accepted by others. I would say, the child who is believing in their son- or daughtership with Father is more likely to first have self-acceptance. This self-acceptance is important in the reduction of those various spirit poisons, including fear. To be so faithful in your status as a child of God sets the foundation for overcoming the over-controlling feelings of fear.

If you would set yourself apart from your brothers and sisters as 'different,' as not belonging, or perhaps 'unworthy,' then you would be denying your status as a child of God – thereby, losing the upper hand on controlling fear. If you would set yourself apart as 'above' your fellows, perhaps as superior concerning spiritual things, then, again, you would be in denial of your fellows' status as a child of God. In that denial there also is the production of negative fearful energy.

I would ask you for this week to contemplate your levels of faith and status within the kingdom. Ponder upon the fact that you are one of Father's many children. In the moment of a fearful thought, go back to your first acknowledgment that Father existed. Remember that feeling of being 'born of the Spirit.' Be conscious of how

your fear loses its momentum to producing more fear. Fear can be sly, yes, but it can also be fooled. Tonight I would take only a few questions.

NORWOOD: Father Abraham, I just have a comment to make, more than a question. A week ago last Friday I was getting ready for an interview for a job. I had a lot of anxiety and fear inside me. So I took the time to go into the stillness and ask the Father to take this from me and to be with me during that interview process. I could tell the moment I walked in the front door the fear was making me crazy. I just kept arguing with it, and saying, you are not going to control me. The moment I started the interview process my fear disappeared and Father took over. I don't think I have ever had such a positive interview in my life. I was also invited back for a second interview, and again I asked the Father to take over, and again He took over. I think this is just a testimony that when you ask for Father to take it and handle it for you because you can't do it yourself, that good positive things happen. Later on that evening I was sleeping and I was awakened in the middle of the night with a very strong pressure on the right-hand side of my head, just a little bit above my ears. I felt a strong intense tingling feeling going into my brain. Was that just a nervous response from the pressure of going through the interviews and having such a positive response? By the way, I cheered and thanked Father for helping after I left because I was flying high. Can you respond to that a little bit, please?

ABRAHAM: Yes. That is certainly cause to be joyful. To be witness to Father's fingerprints in difficulties is a great comfort and producer of confidence. That was a wise strategy on your part to connect with Father to overcoming, or at least controlling, the fear and anxiety. I am aware now that the pressure you experienced in the later evening was due to Thought Adjuster activity. Not to worry. It is common to experience these physical feelings during restful times when the mind is least active. I would suggest that you are taking in great feelings of comfort during these times. The Thought Adjuster activity is only preparation for upcoming lessons, or understanding a lesson already experienced. Is this helping? (Norwood: Yes. Thank you.)

RACHEL: Father Abraham, at the Teaching Mission gathering in Colorado – at the Melchizedek session, Manturonson said, and I quote: “Many things you have considered – the Melchizedek school, etc.; and many things will materialize that you did not fully understand. At that time when the circuits are fully connected and mortals can understand these possibilities, then there is the possibility of many of these things which may yet become realized and made actual. You can actualize the Supreme Being” (end of quote). Now, I know our definitions of actual and actualize, and I do in my heart believe that the Supreme Being is existing and real. But would you tell us your interpretation of that statement, please?

ABRAHAM: Certainly. My understanding is that on a collective agreement, things can be made manifest. Concerning the Melchizedek schools, the world is somewhat immature producing such a collective agreement. I would however say, this does not stop or hinder the Melchizedek lessons to those individuals who would receive. Worlds such as yours, experience numerous exercises in this collective thinking; and it is entirely possible to make manifest – things that are positive or negative. The Supreme Being does have a small amount of influence on Urantia, yes, and this is growing day by day. It takes many individuals to change worldly 'potentials' into

'actuals' - but that can also be said on a smaller scale too. As far as actual materialization, physical materialization, I am unable to comment. But on a spiritual level I would say that, yes, collective actualizations are indeed possible. Does that help? (Rachel: Yes it does, and thank you.) Abraham: One last question?

ROLAND: It seems to me like the Teaching Mission is based on very democratic experience, in that each person that is desirous of a Teacher, one is available. I am not sure why we keep being challenged by this idea of materializations of schools that are 'physical Melchizedek schools' or even universities - when, to my mind, the brilliance of being able to have a Teacher is that it requires faith; and, that it is immediately available to each person wherever they are - at home, on the road, wherever they are. This is infinitely more efficacious to bring the world to Light and Life than would be physical universities that would require being at a certain location, physically. To my mind, this material-school expectation creates an anticipation, a yearning for a school which is actually already here - and which we are attending this moment, and every moment during our existence. I would like to get feedback on that from you as to if I am completely off base? or if that truly is the plan. Could you comment on that?

ABRAHAM: Yes. I am in agreement with you. Said Jesus: "Our kingdom is wholly spiritual." You are correct in that our Teaching Mission is an actualization of a collective agreement. Those who would lend an ear will hear our message - that 'our kingdom is spiritual.' The Melchizedek schools are fully functioning, spiritually speaking. I agree with you, there will always be those desirous of seeing with their material eyes and not with their spiritual eyes. Does this answer?

ROLAND: Yes, it does. It makes it very clear and I appreciate you responding to it. I realized I actually had some anger about my own opinion - being one thing that I do seem to greatly cherish (laughter) - that we continually seek to have a group of people who are looking for materializations. I guess the lesson for me here is to be patient, tolerant, and understanding. To accept that that's their desire - as it was with the apostles of old - to talk Jesus into a material kingdom. You made that connection beautifully for me, and I thank you very much.

ABRAHAM: You're very welcome - a wonderful analogy of the paradox within our Mission. You are correct in making effort towards patience and tolerance - but certainly, anger is understood. I would thank you for your input. Well done.

I would at this time take my leave. I would remind you to ponder upon your first experience of being born of the Spirit, to help in transforming the energy in fear. My love is with you each. Until next week, shalom.

Born of The Spirit Brings Worship, Aids In Self-Mastery. Deaths of Princess Diana and Mother Teresa

Abraham, WOODS CROSS GROUP 09-08-1997

Back

(These past two weeks were the events of Princess Diana's (UK's Princess of Wales) and Mother Teresa's deaths.)

I am ABRAHAM. Welcome to you each here tonight. I must say I too was deeply involved

in your topic for debate. I know well that group-unified-thinking does not appear to be a possibility; and yet, I can guarantee that to view you each with your good intentions, is truly beautiful. It is most gratifying when groups of mortals can debate as a family and stay committed to one another. I must say that your show of strong emotion was an indicator of your care for each other. Without your care and concern for one another, this particular branch in our Mission would not be in existence. I would also say, I am committed to you each, no matter what.

Last week I had spoken on the spirit poison of fear; I had asked you to contemplate your first experiences in knowing that God existed, in the hope that this would help to dissipate your feelings of fear. In being born of the spirit, one sees with new eyes. A mortal is practically different in every aspect from that moment forward; it is as if one had humbly chosen to lay down his old ways of thinking to be transformed into a new creature.

This acknowledgment of being a new creature, having died to the old ways, renews the faith levels. These new faith levels remind you that in being a new creature you see things differently – fear is not as powerful as it once was; there is faith and trust in a higher power; there is confidence in knowing your Father knows you and can bestow upon you His knowledge.

Your memories of first beliefs that Father was real – that He knew you through and through, loved you in spite of your failings, and your thoughts that He will share your life with you – brings an amazing amount of comfort and feelings of safety. One who has been born spiritually is a different person; great changes can occur, old thinking is fading away and a new taste for adventure is present. How wonderful it is when we can be made small to have recognition for something so great, so loving and protective.

I would ask at this time to say a prayer of gratitude to our Father: Father, we would be small so we could recognize your workings in our lives. We would grant you our praise and give our gratitude to you who knows all things and can do all things. If our thankfulness were a symphony playing for you it would be so great and powerful it would reach the outer edges of the universe. We are knowing of your watchcare; and yet, at times we forget our smallness and become fearful, forgetting that you know all things and can do all things. We, your children, would ask you for your continued help on these lessons of self-mastery and greater knowledge of your personal being. Help us to maintain our smallness so we would have successful communication with you. Father, again we ask, make us like you. Amen.

In our memories of being born of the spirit, worship sometimes follows and we can view the negativity in the world; we can remember our old lives and the tremendous amount of spirit poisons we held. Thanks to our Father for He has made Himself known to us that we might reach out to Him. Without our first recognition of Father's existence, we would be still stumbling through our spirit poisons.

Can you feel the gratitude for your divine Saviors' connection? These moments of worship and gratitude are especially helpful in self-mastery – not that Father would need to be praised and worshipped to bestow knowledge to His children, no! the worship and gratitude helps you to enlarge your capacity to receive His word. Yes, a

mortal who feels dragged down by spirit poisons is likely to find worship to be a life preserver.

This week I would ask that you still study anger and fear. Make effort to find moments to worship and be grateful for your knowledge of the Father. Next week I would begin on the subject of despair and depression. Have you questions?

CALVIN: Abraham, in our Mission-participation - as the Teachers view this two-way 'mortal to Teacher' contact, would the Teaching Staff prefer us to come to the table seeking the Teaching Staff's views on what is best, as we do here in the group setting? Or is it more to your teaching to say, 'students, figure it out for yourselves, we are bringing you to the Father, and let that guide you? Don't come to the table relying on the Teachers and the group transmission-receiver for your help.' Do you get what I am asking?

ABRAHAM: Yes. This is mostly individual. Various individuals would handle things in the manner to which they were best suited. Some individuals would take action because they were feeling strongly to bring out truth. Some individuals may feel drawn to take action because of past painful experiences. Some would take action from a truly ego-led point of view. Your desire to bring forth consciousness to certain topics is commendable, and you may be Spirit-led to do so. I would also say, some individuals are not prepared to receive your particular words and you are entirely qualified to know who can accept your challenge to view truth, and who cannot. The Master knew also who would accept His words and who was not capable of doing so. The Master worked 'individually' and 'consistently.' He would only give words to those who would hear. I would say, you do well in bringing consciousness to these topics and yet, in doing so there needs to be some softening of the words - not holding back, just softening. Are you understanding?

CALVIN: Yes, very clearly put, thanks - except for, how much contact would you, our director/Teacher, like us to have? (Abraham: I feel that our contact is adequate. I can see you here in our group, or at your convenience elsewhere. There is no limit, if that's your meaning?)

CALVIN: Yes, and an issue for me is that I don't know when my own 'at home contact' with you or the other Teachers is just me misleading myself with wishful thinking; or, is wrong interpretation perhaps? Or, if my connection and communication is pretty clear, whether it is with Father or the Teaching Staff. I think you said earlier we like clarification through a transmission-receiver we trust better than our own selves, maybe.

ABRAHAM: There are those times when all transmission-receivers will stumble and fall short. Your best transmission would be from your own indwelling Father. That is who you should put your faith and trust in. All transmission-receivers will fall short. No one transmission-receiver is entirely accurate. You are to each rekindle your flame with your own indwelling Father through your memories of being re-born in spirit. You can trust your own inner guidance if you feel it is from a standpoint of doing the will of our Father, and if it is for Father's glory. To communicate with others about such concerns is also an anchor in the sea of unknowing. To guard against irrational thinking, or to guard against fanatical thinking or irrational

actions, it is wise to have communication with your fellows and an amount of time to ponder over those things you feel you've received. Is this answering? (Calvin: Yes. Thank you, Abraham.)

NORWOOD: Abraham, I would just like to thank you for that answer to Calvin because those have been my thoughts also. It is because of my contacts with my Teacher that, in reality, I have been contacting my Father Spirit/Fragment and learning to follow His wisdom and advice that He has been giving me. That just verified my own thoughts of the Father's truth that has been given to me, especially this last month or so. Thank you for that.

ABRAHAM: You are certainly welcome. I would say to each one that our Mission is to have mortals have better contact with their indwelling Father. We on the Teaching staff are but a tool. I can say to you, Norwood, your Adjuster contact becomes stronger every day. And doubt not that you also have my assistance along with others from on high. Another question?

MIRIAM: Abraham, this is not the first time this has happened to me - that I have come to one of these meetings and I feel upset. I don't feel good. I don't want to go into a long deal about it, but I was just wondering if you had any guidance for me?

ABRAHAM: Certainly. Miriam, this group of individuals has been like a long marriage. There has been love, yes, but also have there been many disagreements to which the solutions have not come without some time. In our marriage there is emotion, there are spirit poisons, there is some resentment - and yet I can say that is not enough for this marriage to be dissolved. This group, through its times of confusion, has vowed to stay together, to be committed to keep reaching for that common goal. I can say, this group has also been the producer of spiritual fruits - feelings of family togetherness, feelings of safety, linking of like-minds. And for us here in this marriage who view the world as lost and hopeless, we come here together to find God and be hopeful. You, Miriam, have brought your heart and commitment to our group. We are better for you entering into our union. Let not your uneasy feelings chance to disrupt your foundation of commitment. It is in those feelings of uneasiness that brings us these lessons to build upon our foundation. Your honesty is a wonderful thing to behold. Always let this be a name tag in which we recognize you. Does this help? (Miriam: Yes, Abraham. Thank you very much.) Abraham: You're welcome. One more question?

WILLEENA: Abraham, I was very, very affected by Princess Diana's death. I was surprised by it. I spent the week basically grieving. I watched the funeral all night long. There was a moment in it that I want to talk about. There was a prayer that the Archbishop of Canterbury asked all the people in the church, all the million or so people gathered outside the church, and the billions of people around the planet, to join in the prayer. When the prayer started: "Our Father...", all at once I joined in; I felt very strongly physically affected by the fact that I was one of the billions in that moment praying all together on this planet for this event, this passing, this honoring, this recognizing of this particular person that represented so much love and compassion. In that moment, I felt connected to the brotherhood of the whole. I felt so completely one with the planet, that I was

stunned. Would you address that experience I had – that moment of praying with the world?

ABRAHAM: I know not how to say it better than you just did. You are correct in your thoughts of unified consciousness in that, out of this seemingly tragic event, momentous thought unification occurred. You are correct in your understanding that there was a great link to the brotherhood between mortals of Urantia. It was felt far beyond this solar system. There has not been such a use of these circuits since before they were severed. This is felt physically as you had described. Yes. Does this answer?

WILLEENA: Yes. There is just one more piece because of Mother Teresa dying within a week of Princess Diana. My understanding is that these two women represented a healing or an opening on this planet in terms of the heart chakra – cracking open the heart, breaking the heart open and then expanding it. And, that there is actually on the planet a rekindling of, a renewing of, compassion on this planet. Am I accurate? Is that so?

ABRAHAM: Yes, compassion, self-forgetfulness, service, and joy through it all. Yes, you are correct in these events. There are advanced spiritual seeds being planted in the hearts of those who could not see their way through to be of service and to enjoy self-forgetfulness.

I am slipping, and I would ask that you find time to have worship and moments of gratitude to expand your capacity for reception from our Father. My love is with you continually. Until next week, shalom.

Depression And Despair Can Be A Nudge From Father | Stamina Is Gained Through Reaching Up For Help.

Abraham, WOODS CROSS GROUP 09-15-1997

Back

I am ABRAHAM. Greetings to you, my friends. It is my supreme privilege to meet with you again. I would have you each be mindful that our lessons are ongoing. Worry not on rushing to absorb any and all things on spirituality. We are at the beginning of an adventure; the adventure is wonderful and sometimes terrible, but always challenging.

We have been speaking on being reborn of the spirit, remembering our primal feelings for Father and His loving watchcare. To reconnect with this first basic feeling is an excellent foundation from which to build upon. These lessons on self-mastery will be more balanced when you can maintain direct contact with your indwelling Father. I would say a few words on depression and despair.

Depression is not so much of a spirit poison as it is a result of spirit poison. Fear or anger can certainly lead to depressed feelings. In this age of instant gratification, depression is looked upon as a negative influence. In the days of old some had looked upon depression as a time for silencing the self to receive words from the gods. Philosophers had looked at depression as a slate for the recording of deeper spiritual ideas. Artists and writers used despair and depression to create an artistic tapestry of confused feelings.

In this age of instant gratification (self-satisfaction), there is a panic when depression strikes. There are numerous medications, support groups, and various other avenues in which people fight off depression. I would say to you, my friends, a re-defining of depression is in order. An uneasiness in the mind or soul is perhaps a calling for you to lift your eyes to our Father. Perhaps a feeling of despair is only a moment to touch the creativity within. Perhaps depression and despair is only an avenue to truly knowing and worshipping our Father in heaven.

There are many in this world who sit in darkness, think in dark terms, create darkness, and in their moments of despair there is only the attempts of smothering this darkness with one substance or another. You, my friends who have been born of the spirit, are made a new creature and deal with despair with the light you have been given. You are not made to smother under the pressure of despair, depression, and darkness, no. You who have your connection with Father are led to feel grateful that this light has been cast upon you to bestow its liberty. This is how our depression can prevail to worship.

Spiritual enlightenment is not something we can feel proud that we have that others have not, no! Spiritual enlightenment is shelter from the storm; a rope cast to us in the waters of uncertainty. Do you see how depression and despair are not to last under your spiritual light? Know this, all of one's feelings of extreme sadness are temporary. In a Father who changes not, always is He changing the world.

Your Father is knowing of your mortal feelings and can minister to you as only a Father could. Your Father is not apt to lift you up out of your depression, but He is there to shine a light to show you the way. Through your deep and abiding love for Him and Him for you, are you strengthened to always persevere – to go beyond just enduring, to meet each difficulty with a spark of determination in your eye. I would ask you to use your feelings of depression or despair to draw closer to Father; know that these feelings are helpful in your spiritual ascension.

I would ask for only your most pressing questions – to stay within our time allotment.

ROLAND: Abraham, to clarify on the lesson: Are you saying essentially that our depression and our despair is instrumental to bring us to the Father in that 'hour of need' – to seek His comfort, His counsel? Is that what it is about?

ABRAHAM: Yes, this is essentially what I am teaching – that even feelings of deep sadness are but a doorway to understanding what Father is teaching. Depression is like a tool to be used for turning up those complicated spiritual seeds. To be in the midst of depression is not a cause for panic or a need for a prescription, no. In our lessons on self-mastery, we are learning to be led by our divine self. In not fearing depression we are dealing with it on a spiritual level being led by our divine self. Does this answer?

ROLAND: It does, and I see that in this spiritual path for me some of the greatest blessings have come back to somewhat haunt me in a sense. I feel sometimes a little overwhelmed by the beauty of some of the things that have happened to me. And that

brings me to a place of feeling let down when I am not in that euphoric state. I don't know if that makes any sense, but I sense a need to clarify for myself – it's a greater thing to be committed and willing to do Father's will, even if in the process you lose a lot of some of the illusions and the dreams – the mythology of the old life. That seems very depressing on some occasions. I think this lesson kind of clarifies how to deal with that – that we are going to be depressed at times, and that it is okay.

ABRAHAM: Yes. Well said. We are in agreement – that an instant gratification may not be the way to find spiritual gratification; that depression is not to be feared, but utilized to delve deeper into the spirit. Yes. Thank you. Another question?

WILLEENA: Father Abraham, I am interested in some dialogue about the question I asked Father the other night: You asked me to talk with my Father Fragment; I have been in conversation since, off and on. As I stated earlier to the group, it feels to me like I am on track. I don't know how to say it, but it is like this is a chance for me, this work that I am involved in, that at some point I will be getting money from some other source, and that this will be a part of a service that I just give and provide. Can you tell me if I am getting it accurately? Am I off in some places?

ABRAHAM: I for one am in awe of your dedication to a life in the spirit. You would be better to answer this than I. Your lighter countenance says it all. Your feelings of wellness speak for you. You are indeed a daughter of faith, and your willingness to be spirit led is well known. I can only say this much. You have done well by your Father, Willeena. One more question?

MIRIAM: Abraham, I always thought that like someday if I had a private session with you, I'd ask you this – and going with that honesty thing, I'll ask you now: Talking about depression and despair, and using it as a tool – I was diagnosed as a manic-depressive in my early twenties and was told I would have to live my whole life on lithium, and I have a lot of experiences in this area. Some of those experiences culminated in a suicide attempt that I was in ICU for a while. I have always wondered what that experience was about then, because when I came out I felt like I had been held. Here's my question to kind of help me understand this – I love the lesson and I do 'get it' from where I am now. I know now because of my faith and where I have been, and where I'm at now; I know how to reach out and use these tools, and I appreciate these things. But to help me understand where I have been, and help understand where people are when maybe they aren't 'in action' of reaching for the tools, but they get help from Father anyway. I guess I would like your feedback on what that was. Is that making any sense?

ABRAHAM: Yes, I understand. My lesson is for you here tonight. I would not give this same particular lesson to one who was perhaps at your previous stage of development, Miriam. I would though, confirm that these individuals with chemical imbalance are in need of medical attention, yes, and do indeed receive spiritual help. I would say to you that your particular experience was instrumental in training you for your particular ministry. You are a faith-filled daughter who would go to any lengths for the kingdom, and your previous experience has taught you how to go those lengths. I would say a few words about physical health and depression. You each know that a

balanced diet, exercise, and rest are an important part of balancing the mind, body, and spirit. Fresh air and sunshine are also important in being balanced. I do not say that depression is good or mandatory in order to gain spirituality, no. I mean to reduce any fear there is in depression causing individuals to act rash. Suicide, as you said, is an option for those unknowing how to dispel the darkness. Is this at all helping? (Miriam: Yes, and thank you, Abraham.)

You each do well in your attempts to bring your world to a deeper understanding of spiritual things. Your efforts are appreciated, and I can say we are each filled with affection for you and we assist where we can. My love is growing for you each, daily, and I would now take my leave. Until next week, shalom.

Good Health Aids In Keeping Anxiety Under Control. Including Others Helps Against Depression

Abraham, WOODS CROSS GROUP 09-22-1997

Back

I am ABRAHAM. My greetings to you here. It is always an honor for me to spend time with you. In our meeting time here together, we could spend most of our time in study, or on morontial lessons; but I would also have you know that I enjoy your separate distinct personalities as well. Your faith, love, dedication, and humor have also been a great teacher to me. We are, on a soulful level, friends. I am indeed grateful to Father for the many friendships we have shared over these years.

In our series on self-mastery, it is common for us to speak a little on physical well-being. You each are knowing what you need to possess radiant good health. I would not go into detail on this but I would make it my duty to remind you on the importance of physical maintenance.

One who would feel it impossible to master the self may be living with a chemical imbalance, nutrient deficiency, lack of fresh air and sunshine, and also, isolation from other mortals. I would ask you to each evaluate your physical well-being and make adjustments as needed. In self-mastery, we always find varying degrees of success, and in order for us to advance levels of self-mastery we always consider every avenue; health is one such avenue.

In last week's lesson, we contemplated the affects of depression and the solutions mastering them. I would have you make note that depression - being rampant among your fellows - is more now than ever before also felt by you. To have compassion is God-like. To be burdened by your fellows' downfalls is not maintaining balance.

I did, as I said I would, teach about the brotherhood in combination with self-mastery, and I would say that you are, to say the very least, blessed to have adequate communication with Father. To have such Father-communication, your fellows will be drawn to your source of light. To feel compassion is God-like, enabling you to guide others to their own inner light.

To be compassionate is to maintain enough detachment so as to not become overwhelmed or burdened by your fellows' ongoing difficulties. Deep compassion is acceptable, yes, but there also must be some detachment and a firm hold to the source of your light. It is understood that you each hope to be of help and not add to another's

burden by being overwhelmed by feelings of hopelessness and negativity.

I say, spirituality is so much more real and useful than ever before. With the circuits now replaced, this is a new beginning for mortals on Urantia. This is a new age and we are standing at the beginning. This new age would connect us with the cosmic mind via the circuits. It is entirely possible for you to be influenced by feelings of despair for your home planet, just as it is possible for you to feel feelings of worship and brotherhood.

I would say to you, your connection to your Father Fragment and one another, helps to alleviate some of these confused and overwhelming feelings, and makes it possible for the pendulum to swing over to the side of positivity on a planet-wide basis. Continue to steer your human selves divine-ward to maintain your connection with those from on high. Maintain good health and balanced sessions of study, work, and play – this is a good foundation to build up those fruits of self-mastery.

I would say a few words on anxiety. I have spoken on anxiety in our previous lessons, and yet I find it is still to be a problem with my students. In a world that never ceases to move beyond the spirit poisons, there are great pressures to bear one another's burdens; and this is now more apparent than ever in dealing with your fellow mortals within the kingdom. It is a common line of thinking to believe that your fellows would desire to see you dwell in unhappiness. It is common among mortals to believe there are those that seek their destruction.

Also are there mortals who believe that the universe stands in unity against them. There are those who cannot imagine themselves as being a part of something greater. This creates a tremendous anxiety within our brotherhood, and this is felt beyond your planet. This anxiety and animosity towards one another is a creator of static – a clashing of confused thoughts and ideas. Many such mortals are surprised when a stranger has done a kind thing for them. Many mortals are surprised when they find out that other mortals are similar to themselves.

It is wonderful when a faith son or daughter can promote inclusive feelings within their immediate environment. Have you not met one who has eased your feelings of discomfort and made you feel included? There is a lightening of the heart and a dissipation of anxiety.

I do not speak so much tonight on 'your' anxiety, but on the anxiety created between you and your fellows – you and your loved ones and, your fellows you must deal with. To keep close with your Father is to have adequate study, stillness, prayer, good health, good exposure to light – and contact with those like-minded; it is a wonderful way to dissipate anxiety and promote serenity. I would tonight take only your most pressing questions.

CALVIN: Abraham, anxiety seems to be my hurdle – more-so right now than I see the other spirit poisons, but I do see some improvement, yes. For me, it feels like a pattern of so many years of having to 'swim or sink' in life, and it is so hard to coast down to a relax-mode and know that things will be taken care of. The pattern is hard to put the brakes on and start a new pattern. Is it meant to be a gradual shift? or is there a way to have a 're-born' type shift, a new way of seeing this?

ABRAHAM: I would say this is individual and is according to your own Father Fragment's knowledge of what you need. And, it is necessary to create several instances in which you would have the opportunity to be taught the better methods on dealing with anxiety. It is more likely to be a gradual process than a change overnight, yes. Many times are you each tested in order to internalize these lessons we give. Anxiety, like depression, is not to be feared or hidden. Anxiety, after time, becomes like a tamed animal wherein it is trained to follow certain directions to finding solutions. Another question?

RACHEL: I don't really have a question. I have a comment. For Sister Teresa, she received loads of praise and honor, as well she should for all her years and years of service. Princess Diana certainly received her share. Now on another phase was Red Skelton, who provided so much humor for the people all during his life. And along with each character he played he did have a good moral underlying message. I just thought that maybe he should be right up there as far as the praise and the honor is concerned. That's all I have. [Editor's note: Internationally renowned comedian, Red Skelton, passed away this week – following the passing of Princess Diana and Mother Teresa last week.]

ABRAHAM: Certainly. He now is well aware of his affect on the world. Humor is indeed important in maintaining balance and he was certainly gifted in this area, as are others who are gifted in other areas. You are certainly thoughtful to bring attention to a life spent wisely. Thank you, Rachel. One more question?

ALAUNA: Abraham, I have been lucky to have lived and not suffered a lot of depression in my time. I have lived with a lot of positive things in my life; I have been lucky that way. Anxiety for me has always been kind of a push for something that I needed to get done. I have always felt like whenever I have had real anxious times, or perhaps just unrest because of those kinds of feelings, it was like a drive that something needed to be done. I kind of looked at it as maybe being pushed a little bit by my celestial teachers to accomplish something in my life. So I have always treated it as such; whenever I have those feelings, I have taken that as a need to go on with something that I am being urged to do. Am I correct in those feelings, or am I going that direction in error?

ABRAHAM: Yes. You are correct in your assessment. Some, such as yourself, are energized by their 'inner drive' that does feel like anxiety, to accomplish certain tasks. This anxiety-feeling has perhaps served you in accomplishing goals, yes. To know the difference between 'inner drive' and anxiety, I would ask of one who has suffered the physical ailments of anxiety if this driving force to accomplish goals was worth the physical ailment. You are not one who would suffer from this, no! Perhaps your anxiety would be better termed as energy-directed; you are indeed that energetic. It is well known by your Father what drives you, and He does accomplish much through you. Yes, I am in agreement with you Alauna.

My time is now closing, and I would ask that you each evaluate your physical well-being and make adjustments. Also, continue to be balanced in your study and stillness. Seek to disseminate serenity among your fellows. Allow the light that has filled you with joy to spill over into your fellows' lives. My love is with you each

always. Until next week, shalom.

Impatience and Anxiety, the Cause of Many of Life's Ailments, Impedes Self-Mastery
Abraham, WOODS CROSS GROUP 09-29-1997

Back

I am ABRAHAM. I am happy to meet with you as always. I am understanding of your mortal lives, and I attempt to arrange our lessons accordingly. At this time, Urantia is experiencing great activity, spiritually speaking. It will be through self-mastery that all activity becomes coordinated.

On our level, we view your world as a new and budding garden – everything is growing naturally, and in some ways the garden is in disarray. Through your steps to attaining self-mastery you are allowing the Good Gardener to beautify the garden. In order to beautify the garden, there is tilling of the soil, pruning of the various plants, and protecting the young sprouts from the various elements. As this analogy is applied to you and your world, this can be somewhat painful, for evolution is somewhat painful to allow for more growth.

We have been speaking on mastering the spirit poisons – small steps to maintaining our divine connection to overcome the animal tendencies. Last week we spoke on anxiety; this week we will continue on this line of thinking towards becoming more patient. A child, unknowing of the benefits one can gain through extended waiting, cries for immediate satisfaction. A child is unknowing of the time-factor that must take place in every situation. Likewise, many times adults take on some of this juvenile behavior in being impatient.

Your ancestors had gone only on instinct, without pause to consider time. As the world now moves with its technology, mortals are believing they can cheat time – thereby feeding into the spirit poison of impatience. The mature adult knows that little is gained without careful planning, concentration, and energy to work.

Most good fortune that accidentally befalls mortals is not entirely appreciated and, in fact, they feel that it is owed to them. Those that are downcast by bad fortune are believing to be in the midst of being unlucky. A mature child of the living Father is knowing that every good thing comes from Father and is in close connection, regardless. The mature child of God also knows that bad fortune is but a lesson – and again, is thankful, regardless.

Impatience is not to be defined lightly, for it is most prevalent; it is the cause of many accidents – ill health, divorce, and isolation. Impatience should be a different definition to you than possibly to your unbelieving mortal friends/fellows. You, my students, are standing at the beginning of eternity and know that this life is just the start of a long and adventurous career to come. And you, my students, are also a little impatient when it comes to grasping spiritual ideas. Your good intentions are known on high and yet, some of you would chastise yourselves for being slow.

It is said: “The race for perfection is on.” This is true, but my friends, you must pace yourselves; maintain balance and variety in life to continue on with the race. One who would be burdened by impatience is likely to stumble or be delayed.

We can each see, as mature children of the living Father, that we are only at the beginning of eternity. Our path is well lit, yes. All our good things are from Father. As well are our seemingly bad things lessons to be learned. To you who seek improvement upon your level of patience and tolerance, I would again recommend stillness, as always. As well, I recommend a balanced study and a rich prayer life.

Tonight I would recommend to you: Having control over impatience would be to begin a journal or log of some sort, to clarify your impatient thoughts. To put your impatience on paper tends to draw the attention away from the time-factor and makes your dilemma somewhat smaller. This method also works for anxiety, depression, fear, and anger.

To begin a journal of your thoughts, is to ask questions. To ask questions, is to receive answers. Whether your answers are from Father, or me, or another Teacher, is not for me to say – but I can tell you that this is a beginning of clarified thinking; it is helpful in remaining teachable, and brings closer communion with our Father. Yes, I would ask that you begin a journal of thoughts and feelings. Are there any questions?

ROLAND: Abraham, I have an opportunity tonight to speak to some people via the radio; it will be at 10:00 tonight and I am sure you are already aware of it. I guess my question would be is there any kind of advice you might give me that would assist me in promoting the Father's business with this opportunity to communicate with a number of people who may be listening?

ABRAHAM: Certainly. One moment. I am told that this event has already been prearranged. You have been well trained for this evening. It is my information that you, in combination with the man that is your son-in-law, work well together and bring out the best in one another. I am told to say to you – talk with this man as if it is only you and him having a discussion alone. Your combination of energy and enthusiasm will shed light on those topics you have planned. One thing I advise would be to make it simple and keep it as real as possible – close to the earth. Let your listeners know that the spiritual life is real and a great enhancement to everyday living. Does this help? (Roland: Very much. Thank you so much.) Abraham: You're welcome. Another question?

ROINDA: I have a question, Abraham. Mostly I just need guidance because I have been having a lot of anxiety lately. I just need to know – rather than through my prayers, maybe you could give me some ideas of what I can do in my day-to-day life so I can get passed all these past issues that keep coming up in my life. Just how do I go about my day dealing with things that come up, issues that come up, which cause this anxiety?

ABRAHAM: Certainly. My understanding is that you are experiencing the same changes as many adults do upon entering parenthood. To be a parent, one finds that they are a part of something greater than themselves. They find that they would seem to be somewhat fading out while giving over to the growth of a child. To be a parent you are not 'just you' anymore. In these faded lines, it is difficult to understand who you were before the child, and who you are now. As your child grows, you are once

again taken through your own childhood; and yes, these issues of the past, present themselves. This is indeed for a purpose and does unify your experiences that make up your being. To be the steward of a child is the best way to conceptualize your Father in heaven. To view yourself not just as 'you,' but a connection to another living breathing being, is to see your Father's extended self as a real significant part of you now. I can't say that this parenting experience will be simple; all I can assure you of is that you are quite close to Father and are entirely qualified to make decisions that extend from the spirit's point of view. When you act from your spirit, that should indeed give you rest. You are charged with a great responsibility. I can say that Nathaniel will grow to carry on your work. I would encourage you to keep praying and attempt to find time for your journal of thoughts. I would ask that you know that Nathaniel is an extension of you, yes, but you still are the Father's child - a child of God, your own distinct separate being who is loved completely. Look for opportunities to find serenity apart from your home life, a short amount of time would do you well to contemplate your status as a daughter of the living God. Does this help?

ROINDA: It does. I have one more question. One of the reasons I am having such anxiety is I feel like in my lifetime I have not lived an exactly moral life, but how do I teach my son morality without feeling like such a hypocrite. I have made a lot of mistakes in my life. I don't want to teach him things that I feel like I have made the mistakes of doing, but yet I know I need to teach him.

ABRAHAM: You are aware of your mistakes, and that is almost enough not to repeat them. Forget not that Nathaniel will also teach you. An innocent child, naturally endowed with love and acceptance, is a great teacher. Worry not of your past mistakes; as I said, these are your lessons; and now that you are aware of them, they are under your control to be modified. You may be destined to not repeat your past mistakes, but I cannot guarantee that you will not make other mistakes. This is only natural with parenthood. Your mistakes are well understood, and your child will always know that you acted from love. Does this help? (Roinda: Yes. Thank you.) Abraham: You're welcome. One more question?

If there are no pressing questions, I would take my leave. Know that my love for you grows continually. Remember to begin a journal if time is permitting. My love is with you always. Until next week, shalom.

[Editor's sidenote of interest: At the time of this editing, Nathaniel, the newborn child of Richard (James) and Rosane (Roinda) Coleman had grown up to become an accomplished and world-renown professional rock climber. As noted in Wikipedia: Nathaniel Coleman (born January 1, 1997) is an American professional climber who won the silver medal in men's combined sport climbing at the Tokyo 2020 World Olympics.]

Words of Comfort | Fear of Death - Our Divine Self Speaks To Our Human Self

Abraham, WOODS CROSS GROUP 10-06-1997

Back

[As we were settling down to begin tonight's lesson, we received a call to Faye and Nina (Ellen and Ellanor - mother and daughter) revealing that Nina's father had died. Naturally upset, Faye and Nina left. This was the first time in almost three years that Nina did not receive the transmission of Abraham's weekly group lesson. Faye has transcribed every week's lesson since 1991. Calvin took Nina's role as

transmission-receiver for the group on this evening's lesson. As a group, we united in prayer for their behalf and comfort. For further explanation, Teacher Ham was the group's first Teacher in 1991 and 1992, under Abraham's direction.]

Welcome, my friends and my long-time associates. I am HAM. I am pleased and honored to be present this evening, and wish to convey my condolences, personally, to Ellanor and Ellen at this time of the passing of their loved one. It also brings me joy to see your united love and strength in their behalf.

We are privileged to some events before you as mortals; and of this event, I choose to address you. Ellanor, my daughter, these times of sorrow are understood. We send our united prayers in your behalf. This time will bring an increase of peace and joy as families are brought together and strengthened in the sharing of love, which love unifies all wounded hearts. Look well, my daughter, to your own strength and how you can show Father's strength to those who may not understand. Ellanor, you have performed an utmost and outstanding role as our group transmission-receiver for our beloved friend Abraham, and we say to you, well done, well done.

Ellen, my daughter, be at peace with yourself in this passing. Have no remorse, for there is none necessary. Take joy in your continued sharing with your daughter and others of your family, in exemplifying the strength which you most certainly are. I also wish to thank you, personally, for your never-ending support to your daughter and to this group in your transcribing of these messages – these lessons. Be at peace, know that you are loved. Know that Father's work is at hand, and know that all who want life are received on the Mansion Worlds in great joy and peace – especially in comparison to the hardships endured in this life.

I also thank you, my friends and my students in this Woods Cross Group, for your dedication to this Teaching Mission. You have surpassed the expectations of even yourselves and have surmounted your obstacles. I commend you. I give you my continuing support in this, our Father's work, to forge on in this Correcting Time of our beloved Sovereign, Michael, on this world of His birth and human life. As he would say: carry on, my friends. Remember your worth as a child of God, a child of the Father--the very Source of all that is--and accept your place at His table. Farewell, my children, my friends, farewell.

I am ABRAHAM. I am in deep gratitude for my brother in his sharing with you this evening. I also am in agreement with his words, wholeheartedly. My love extends to you, Ellanor and Ellen, my daughters, my friends.

It is yet an uncomfortable occurrence in your mortal living when you encounter the loss of a loved one. And for those who are not so enlightened, this uncomfortableness is often compounded to confusion and even hysteria. We wish to enlighten this world as to the natural occurrence of death – that our mortal brothers and sisters will perceive the beauty of extended life.

Experience on this world is challenged by its many hardships, trials, sufferings, and sorrows, yes; but to the joy-filled and Spirit-led, this life is blissful and exciting, even in the face of these trials. This, my friends, is a part of the great Teaching Mission, to help alleviate this world of its fear of death, and of the

unknown and erring expectations of 'after death.'

Your world's traditions and religions have taught much confusion concerning this subject ('death'), and mankind does live in fear of punishment for their errors and imperfections. Such teaching has caused much fear and anxiety among Father's children, worldwide; not only fear of God's perceived judgments while yet living on this world but of His never-ending judgments and punishments that each person feels may be their lot after this world.

I say, this vengeful God is not so! This is a result of the 'rebellion' and attitudes of those who perpetuated Lucifer's design. While being cut off from the goodness of God--notwithstanding the many emissaries sent forth to this world from on high to enlighten--this world has feared God. And people in power have used this fear to keep society under control and to perpetuate their own nefarious plans.

This Teaching Mission is the dawning of a new day, a day in which this world will be enlightened as to those caretakers of it - who do not promote the erroneous concepts of fear but who stand by diligently waiting for a break in the consciousness of man's understanding, and to show forth Father's love, kindness, and mercy. All who reach death, even in mischief and fear, are caressed by Father's loving attributes and are made to feel hope and security in their place, in His family, His loving kingdom.

Michael has planted the seeds on your world of love and a correct understanding of our Father. Not only did He teach this, but as the man, Jesus, He exemplified it, He lived it, and this world has benefited, immensely. Still though, the over-shadowing of fear remains in man's consciousness, deeply embedded from thousands of years of tradition. However, enough seeds were sown and made place in the hearts of so many that the hope of a loving kind Father is yet alive. These seeds now are beginning to sprout, to grow, and to provide a strong tree of strength, with shade of comfort to those cowered in fear.

You, my friends, are those who will help as sturdy trees to those around you needing Father's love. Take strength in this opportunity, which is your divine right. Your true divine self is, in fact, 'Father' in human form. Each child of mortal flesh has a divine Father within. However, most allow their mortal selves to suppress their divine selves, so much that their divine self is almost non-existent to their consciousness.

This great awakening is to show these children their divine selves, and that 'love' is the nurturing force/energy which sprouts into their own sturdy-branched tree. You are aware of this and can see this clearly. Your united consciousness makes it easier for your brothers and sisters who hover in fear.

Father does not wait to punish, no, he awaits to love. Michael's work is Father's work. In our last few lessons on fear, depression, anxiety, and confusion, we have endeavored to help you understand this more clearly. It is my information that you have taken this to heart and have understood. Allow your divine self, your Father within, to give you strength, balance, and security in this understanding - that you might go forward with courage and joy in sharing this good news to your fellows.

I am aware of hardships that are in each of your daily living – and I say to you, be not overcome by these hardships. Let hardship opportunities bring you to your Father and take a tighter hold of His hand as He gives you the strength to understand His purpose. I am confident in Calvin's transmission ability to now answer a few questions.

LAREEN: Abraham, you talk about lessons and learning from them. Are some of us more stubborn than others? and that's the reason the lessons come a little harder? or drag on a little longer? Is there a specific way to listen? to more clearly hear, instead of making it so hard on ourselves?

ABRAHAM: Yes. You might say some are more stubborn – meaning some are more inclined to figure their problems' solutions on their own without coming forward in humility and asking for Father's understanding. This is not bad but is the natural course of human nature in a fearful world. Is there a way to realize Father's assistance more clearly? Of course! It is not a hard way; it is very simple. It is only hard in breaking the years of pattern of worry, the years of pattern of fear – fear of loss, fear of being left out. Yes, all these things are showing lack of accepting Father's total guiding and capable hand in any situation. I suggest in these moments to take a few moments off to relax your mind, let frustrations settle, and reflect on something beautiful which does help calm the emotions. And when calm, think not of Father as 'way out there' who may or may not be hearing you – but picture in your mind He is the other half of you. He is not 'out there,' He is inside. You need not travel anywhere, or send your mind anywhere to reach Him. He is the other half, the divine part of you. And with that thought, imagine that divine self-talking to your suppressed self, and listen to yourself talking to yourself – have trust in that guidance. Do not expect the 'bells and whistles' as was earlier put, but expect peace; not even expect, but enjoy peace. Is that helping? (LaReen: Yes, very very much so. Thank you.)

ANTHONY: I would like to introduce you to my friend, Allison. This is her first time here. She may have a question.

ABRAHAM: Welcome. It is my pleasure to always to receive new students, many of which I am already familiar with, as I am with you, Allison.

ALLISON: Abraham, I have many questions, but tonight I will just listen.

ABRAHAM: Feel free to draw your questions before your friend, Anthony, during your daily work, for he is very capable of helping a friend in need, and feel free to attend this class always. Your Father is your teacher; others only provide words of consideration. Your Father is within. Welcome. (Allison: Thank you.)

MIRIAM: Abraham, I would like to say, what an outstanding lesson. Not since Don's accident have I been so much in the flow and current of the reality of these lessons. You know, asking for what I needed guidance in, and being shown that. I'm a little overwhelmed that that's the subject matter of your lesson this evening, you know, about the religion part, and all of that. I didn't know that was deep down. I thought that I had taken care of it by taking care of it with my mind. The lessons

this weekend, showing me the areas that I find unworthiness, have just been very, very appreciated. And the lessons, you know, I can't always understand them; but I want to say, I can't tell you enough how much they mean to me. I was just wondering – in coming out of that awareness, if you have any advice or guidance into what I am doing wrong – if anything?

ABRAHAM: Miriam, I thoroughly enjoy your enthusiasm for learning and figuring out answers to your perplexities. You do well, my daughter, and are only sometimes overly anxious to assimilate these new learnings. It is okay to let time settle these realities into your very being – and always does Father arrange situations which give you that experience needed whereby you can assimilate your understanding. Allow this time. Do not be too impatient for a quick understanding. Those things you take into your soul are best seeded there when carefully placed. So, be at peace in your anxious exuberance for truth and learning. You do very well, and I enjoy your enthusiasm very much. Is this helping?

MIRIAM: (Laughing.) Yes, Abraham. With the peace I seek with myself and Don, could you give me just a little bit of guidance with that? And this is helping me a lot, and I know what to do with me, but with peace between 'me and Don,' could you just maybe shed a little light?

ABRAHAM: Yes. All you can do is to stand up for your truth, lovingly, and let the dust settle where it does. It is not your responsibility for where the dust settles. Yes, there is merit in fine-tuning our delivery skills of presenting our truth – this too takes time and experience, situation after situation, conflict after conflict. Be not dismayed or have feelings of unworthiness over your conduct in these times, but look to each time as an experiential step towards the next one, and have hope and joy in a more harmonious outcome down the road. Is this helping? (Miriam: Oh yes. Yes. Very much. Thank you.) Abraham: One more question? [none.]

I am pleased with your decision to remain this evening and receive this lesson and words of comfort. I ask for you to think more this week on your journaling, and with tonight's lesson, add 'journaling from yourself to yourself.' My love and peace go with you each, as also with Ellen and Ellanor and their family, this week. Shalom.

In Our Experience We Are Writing Our Autobiography

Abraham, WOODS CROSS GROUP 10-13-1997

Back

I am ABRAHAM. How blessed am I to be in the midst of such friendship. How honored am I to at times accompany you on your walk through mortal life. I am overfilled with such gratitude to our Father for my particular assignment. Day by day I grow to love you each a little more. So again I say: Welcome, my greetings to you. How wonderful it has been to view your unification! What a fine example of truth, beauty and goodness, in action!

Last week I asked for an assignment that would help you step into the role of one who has advanced in self-mastery, to consciously step aside from human thought, actions and habits, into a more divine mind – coordinating experiential lessons into values and meanings. In your journaling, you are exercising your understanding on allowing the divine side to lead the human side. We are well on our way to putting

self-mastery into action, not just mere good intentions or wish-fulfillment, no, but actual exercises one can do to rally those divine forces for good.

In these last weeks, we have each experienced all levels of spirit poisons. We have been defeated by some, yes, and we have stood victorious over others. And I can say, without your experience there is no unification of understanding experience and the gaining of values and meanings. Most can say that experience has taught them one thing or another. Some have become embittered by bad experience; some have been made better.

You see, in the 'experience' is your autobiography. In your experience you are writing your eternal autobiography; there is always a beginning, and dramatic events do unfold, yes. Pain can prove to be unbearable, and healing can promote worship. Your autobiography must have certain elements to create meaning; therefore, you must endure the passages of time whether it is joy-filled or painful.

As we each experience, we add a page to our book. The story is unfolding and some can be traumatized or scarred. Some can hope to rewrite their painful chapters in mortal living, and some may just set the story aside in favor of unawareness. I can say to you, your experience fills the pages of your book, your story. Your experiences are valuable in the meaning of the story; it is inevitable that your story must be written – you must experience. I would say those in favor of attaining self-mastery will perhaps understand the stories a little sooner and be less afraid of filling the pages of experience.

My friends, you are each spirit-led individuals. Take comfort in knowing your story is ongoing, in progress, and everlasting. You must each take comfort in knowing – that though some experience 'at the time' brings discomfort or pain, that as you continue to fill your book you can look back at the value of your experience and move forward with confidence and courage. On a collective level, you are adding to the autobiography of the world, the universe, the Supreme Being. All experience is valuable; that experience which is lost holds no value.

This week, I would ask that you continue in your exercise to connect with your divine self. Know that your experience is filling the pages of your book to create meanings and values. And know that the autobiography you write goes towards the story of the 'universe as a whole.' Know this, my children, that in time all meanings and values are unified to help you find your way to our Father. Have you questions?

MIRIAM: Abraham, my sister Elena is here tonight for the first time – we welcome her to join in the questions if she has any. As you know, she is visiting from Albuquerque, New Mexico.

ELENA:Hi Abraham. I do have questions. Like Miriam, I always have questions. I have read your transcripts Miriam sends me. I just want to tell you how much I like you. Apart from the other things, I just really like you! There are actually two questions that I have. One, is if you could just maybe help me a little with a perspective on my marriage, and its end, and viewing it from some place of a better understanding? The second, I have trouble with going from a weaker, naive place to a

powerful loving place, and to making that bridge in a great wonderful manner. I think that is probably enough for you to get the gist of things.

ABRAHAM: Yes, understood. I like you too, Elena. My daughter, it has been such an honor for us to have you working for us on our side; yourself and your family have been a blessed addition to us in this Mission. My understanding of your past marital relationship is a page of experience in your story. There are numerous meanings that add to your spiritual advancement. I can say, the meanings will not all come at once, no; to gather these stones of meaning and values one must walk the beaches of mortal living. You are somewhat understanding of the value of your marriage and yet, still look back with some regret, not quite fully understanding what happened. I can assure you that this time spent with this mortal was indeed valuable for you both. Nothing is lost; however, there has been growth. Elena, my daughter, can you not see where Father has brought you? Can you understand that you already possess a loving power? As you grow to believe with wholeheartedness that you are Father's child you will surely stumble into this graceful place of confidence. Jesus was a gentle man, and could feel compassion for the smallest of God's children while deciding the important affairs of a Universe. All power comes from Father. I would ask you to work on your understanding of 'you as a daughter of the living God.' Know that He loves you completely – as if you, Elena His child, were His only daughter. You do well. Is this helping? (Elena: Thank you so very much.) Abraham: You're welcome. Another question?

CALVIN: Abraham, in writing this journal, I think in my mind that you are wanting us to get on paper, transfer these thoughts out of our head and onto paper where we can maybe see more of a reality of this divine presence within – that we can see the difference between the two. Is that correct? (Abraham: Correct.) Calvin: Are you wanting us to go back into our lives' past and write things? or just kind of write questions and the thoughts we have that are ongoing?

ABRAHAM: Yes. I would desire you to lay out thoughts on paper to move closer to the divine self. I would have you know this is beneficial in many ways. But yes, to recognize a conscious shift from human to divine thinking is our goal for now. Another question?

RACHEL: Father Abraham, yesterday another soul by the name of John Denver graduated from this mortal life. He believed that music was an international language, and he certainly had an effect on the world through his music and his humor, such as in the movie 'Oh God,' which was really very well done. Did you happen to see it, Father Abraham? [laughter.] And if so, would you comment, please?

ABRAHAM: I am familiar with him, yes. I am understanding him to be a spirit-filled individual. Yes, he did assist the world's people in turning towards their own Father-within, through music. It is well known that music does soothe the soul. It will become better known that some musical notes have a like-vibrational harmonical tone to the various system circuits; it will become better known that certain types of music may ring familiar, due to connections with these circuits. Yes, in our Mission there are many who have served; and there are many still yet to serve. Does this answer?

RACHEL: Yes it does, because I felt like he did provide a lot of pleasure, and some spiritual growth for the general public. Thank you.

ABRAHAM: Yes, certainly. I agree with you, Rachel. You're welcome. One more question?

MIRIAM: Abraham, about the Urantia Book, I'm in understanding this information was revealed in the 1930s and 1940s. You know how you are talking about experience tonight, and that its part of our story. It's the lessons we learn, like in Ellen and Ellanor's experience this past week – the death of Ellanor's father – they had immediately experienced life's lessons. And from what I was getting from what the Urantia Book was saying was that we're really lucky to have experience, you know, and that our personality is such an incredible thing. It is so individual. I was getting from that piece – it was saying that the experience of mortals is such a cool thing; and like you put it, together it is like helping in the perfection of all the other celestial beings – we have got the experience and imperfection, and they have got the perfection but without experience. When you put us together, they (our celestials) are condescending to us, so-to-speak, and we (as mortals) ascend to them. Do you know what I am saying? Am I getting that right in this understanding?

ABRAHAM: Yes. One moment. I am understanding, yes. There are those on high who can coordinate experience to best serve you as an ascending child, and the Supreme Being, the God of time. The ...

TR: Oh no. I don't want to get into anything difficult here. I hear something like – Triune concept. [laughter.] Oh please. I have no idea. I don't want to go into anything difficult. [more laughter.] Okay, I'll try this...

ABRAHAM: ...The Triune concept is indeed a concept that would descend many levels to your own mortal level of understanding. Perhaps I can say, you, as a material being growing from experience into divine consciousness, could perhaps represent the Son becoming in awareness of divine values. And all exterior existence represents the Spirit. And your Father, as a Universal Father who has created all, to serve the universes in awareness and coordination of these two; this is a Triune coordination. Yes, I am in agreement with you, Miriam. It is a 'cool thing,' yes! [much laughter.]

I am so delighted to have our friendships, our diverse group of personalities, to add to the experience that writes our Universal biography. My love is with you every day. Until next week, shalom.

In Our Experiencing Life Take Note of the Lighter Side of Living

Abraham, WOODS CROSS GROUP 10-20-1997

Back

I am ABRAHAM. Welcome. I am honored to meet with you again. I always am joy-filled to assist where I can. I do regret that I cannot give to you my vision of what I have seen occur on this world's spiritual advancement for I am limited in what I can speak about until such time you are prepared to receive. By your experience will your questions become more advanced, and then I can reveal more information. Your experience also allows your own personal Father to unify your meanings and values to receive higher concepts concerning the kingdom of heaven.

I have this week endeavored to spend time with you to aid in your understanding of the experience of writing your eternal autobiography and contributing to the world's cosmic destiny. Throughout the week, I have attempted to show you that experience need not go to extremes to contain value, no, for in our Father's plan there is balance, there is learning, there is rest.

In our lessons on experience, I would have you know that in the world's present status there need not be so much pain endured to experience divine values and meanings; your purpose is not to be one of misery, no, but one with an educational balance.

This world, being welcomed back into the fold of the universe, experiences increased assistance via the circuits. It is becoming well known that many individuals will grasp spiritual concepts at an increased rate. The world's spiritual knowledge is not accidental, no. Father has His divine forces working constantly to ensure the world's well-being and future destiny within the universe.

Each of you as individuals, may feel more inclined to rely upon spiritual power than those totally relying on material sources. You, my students who endeavor to hold fast to faith and learn these spiritual lessons, will be the upholders of this new light. Those that would be responsible for upholding the light will find themselves endowed with needed tools, new gifts. Self-mastery would be one such gift that you would clothe yourself with in helping to bring the new light to others.

To constantly rejoice in your own spiritual connection gives opportunity for others to look in on what you have found. You, my friends who endeavor to uphold the new spiritual light, will experience various ranges of energy that would become familiar over time. A confident knowing will be your countenance as you go about doing the Father's business.

I mean not to say that this is only for a privileged few, no! Those who endeavor to uphold the new light will indeed find themselves endowed with spiritual power from on high – and this too is a page in our eternal autobiography; this too, is just experience that will at some time connect to create new divine meanings and values.

Father, in His deep and abiding love for you, His children of Urantia, grants to you the abilities that keeps you reaching for those gifts that reveal to you the rewards of your diligent effort. Father, who is concerned about all that goes on, knows of your continued struggles and is offering you the proposal to take up His spiritual tools and help Him to reveal the new light.

The urgency of our message is upstepped to provide relief to those who only experience half of the mortal living sojourn. Many continue to dwell in darkness unknowing of the light that awaits them. Many expect this darkness to be their lot, and are hopeless of escaping it. I would say to you, this darkness is a reality and perhaps a needed experience, yes, but this is only half of the mortal experience. You are entirely missing the point of existence without the lighter side of living – the side of spiritual joy, and comfort, and knowing that all is well and watched over.

Bad experience need not be the only pages that fill your eternal autobiography, no; there is always a more complete story to tell when one has embraced goodness, truth and beauty, humor and love. Good experience is more of a reality than is bad. To wade through the waters of adversity and emerge with confident-knowing and producing worshipful-rejoicing, is more our Father's plan, yes. All experience should be viewed through the eyes of Father in a knowing expectation that He is in control. Father is fully overseeing our path to Him. Have you questions?

INERA: When you talked about spiritual help from on high, are there days – like when I have been feeling very tired, I know a lot of the air quality in the valley, and the noise, and the extra traffic, etc., – then are we slowed down spiritually to kind of regroup physically, mentally, and spiritually, in order to prepare for what's coming? I say this because this is what seems to be happening with me. Or, am I just not living right? Should I be doing something different? Lately it seems I am just really tired, and it makes me a little grumpy with the kids, and I am not being myself?

ABRAHAM: If I am in understanding, I would say those from on high would not purposely encumber your physical well-being to make a point, no; rather, over-stimulation of material things would chance to draw your energy from you. Your constant 'needed attention on various material events' drains you of your needed energy to put a divine twist in all you do. We have endeavored to show the value of stillness practice (or meditation) to regain that lost energy needed to bring back the focus to those things that really matter. You are due to take some personal time to be alone, mind to mind, with your personal indwelling Father, yes. It is difficult in this world where peace does not seem to exist, but I can only emphasize that through every individual is how peace will begin to dominate over chaos. Is this helping? (Inera: Yes. Thank you very much.) Abraham: You're welcome. Another question?

ASHLEY: Abraham, I was planning on moving to Park City in less than a couple weeks. I don't know right now if that's what I am supposed to be doing. I am actually confused on where I am supposed to be going right now in my life. I was just wondering if you could give me any advice?

ABRAHAM: Certainly. I am aware that anywhere you go – there, your Father will go before you. Do you see, these material decisions are yours to make, and I've no doubt you are certainly qualified to consider the well-being of everyone when making decisions. You must know that your indwelling Father would always go before you in all you do. Understand that you are a child of God experiencing the mortal journey. And as you experience, there are lessons – sometimes hard lessons, yes, but nevertheless, Father goes before you. I am unable to help on your decision but I can assure you that you are a spiritually led individual who is indeed a candidate for upholding the new light. Know this, my daughter, your experience up to this point has made you into the wonderful individual that you are today – you emanate strength, truth, and love in all you do. I would ask that you also put time into stillness practice. Is this helping? (Ashley: Yes. Thank you.) Abraham: You're welcome. Another question?

RACHEL: Father Abraham, let's think for a few minutes about the six-thousand scientists that are members of the US Geological Survey that are assembled here in Salt Lake City for their work sessions. I was quite interested in the article that was published Sunday about the comet that hit in Nevada three-hundred-seventy million years ago when Nevada was just an ocean. From what they said in the paper, it was one-hundred-twenty miles in diameter where it had hit. I remember this really well because it was close to Rachel, Nevada. Are you monitoring any of these Geological Survey meetings? or anything with these scientists when they are studying these discoveries? Do you suppose someday they might be able to figure out how Christ Michael actually created this planet?

ABRAHAM: An understanding of science is not my area of expertise. However, other Teachers, such as Rayson, would indeed frequently discuss these events. The Life Carriers are also helping to shed light on what the planet needs, to live here successfully. Scientists will not prove that the creation of the world was ever a divine occurrence. Only those scientists with faith will hold a more complete picture, yes, and that is also a ministry being promoted at these events. Is this answering? (Rachel: It helps, and I thank you.) Abraham: You are very welcome, Rachel.

My love for you is always and ever present with you, daily. I would continue to minister to you each, personally, this week. Continue writing in your journals and continue to bravely face experience to add to your story. Until next week, shalom.

Holding Back For Self-Protection. Being Endowed With Power From On High
Abraham, WOODS CROSS GROUP 10-27-1997
Back

I am ABRAHAM. My greetings to you, my friends. I am once again honored to be in your presence. I would express my gratitude for your trust and kindness for me. Each of our weekly lessons bring us closer to self-mastery. All your experience helps you to understand these lessons. Our Father assists us in unifying the lessons and experience towards gaining self-mastery. Common is it for us to give tonight's particular lesson at this stage of understanding self-mastery.

You, my mortal friends, are knowing of those things concerning truth, beauty, and goodness. You are rightly amazed when Father shows His works in your average daily living. Each individual at their best is spirit led. Most individuals feel truth to the core of their being and can understand the will of God. Mortals can understand those basic principles Father teaches: love, kindness, devotion, faith, service, and tolerance. There are many mortals who are understanding of these basic truths, yes; and yet, feel not that liberty to live them; there is a holding back, there is a self-protection.

In the days of old, neighbor would dare to tend to his neighbor without expectation of anything in return; there were acts of service done out of plain and simple love for one another. Yes it is true, that those that have gone before you were somewhat more emotional when providing service to another, but always was this the effects of following their heart. Love was the goal. Love went before pride, material wealth, and self-protection.

Yes, your ancestors were somewhat more prone to trust their fellows. Naive? Possibly. But could you look upon a small village you would see each one helping the other carry water, hunting, building, and child-care. As evolution takes its toll, trust has dwindled – and with that, the walls of self-protection were formed, and holding back was the style.

You, my friends, know and understand spiritual liberty. Still are you shy to act upon your spiritual ideals. Yes, there is a holding back, a self-protection. There is a fear of rejection, a concern that one might appear ‘out of sorts’ with your fellows. Do you see, in this, you are not taking full advantage of your spiritual liberty? It is in my knowledge that individuals who have departed from Urantia would regretfully express: “I wish I would have loved more, lived more, laughed more, and shared more.”

In being bringers of the new light, you are endowed with spiritual power from on high. To squelch this is withholding, a holding back, and causes you to miss out on so much of Father's meaning for living the mortal life. To believe yourself to be not made for exposing your total self, and that you would rather not be subject to any rejection, you are then missing half the mortal learning experience.

To always maintain a quiet composure, a closed heart, is not taking full advantage of that spiritual freedom Father has bestowed upon you. The Master feared not any rejection but went about freely affecting people with love and joy without stopping to see the results. That was His nature – to be about the Father's business with full spiritual liberty, doing what He could to uplift those He met.

Christ's life is sometimes portrayed as tragic, and many know not the joy of His ministry. Many times had He supplied the humor to His fellow apostles to just view the beauty of their smiles; and many times did He make light of a serious happening in effort to transform the negative energy of those that He knew were troubled. Jesus expected nothing from His ministry of joy and ‘being kind just to be kind.’ He found great pleasure in extending forth love. He had no expectations for receiving anything back in return.

Could you imagine Jesus, in his closeness with Father, to be one to hold back for fear of rejection or hurt feelings? No. You, my friends, also will know as we delve deeper into self-mastery, that holding back is a deterrent to the purpose. As you continue in your journals you find that Father is immediate. In your understanding, you find His upholding to be a constant. With the continued closeness with Father, you need to realize that holding back, or self-protection, or shyness, does not align with self-mastery.

Do you see how your holding back of the love you have to give – your distinct personalities you have to share, and your wisdom that could help others – would cause a holding back of Father, a distancing from Father? To live life to the fullest, without holding back, is like a decision of one who has been diagnosed with a deadly disease whose time is short on Earth, and takes every advantage of interaction with whom he comes in contact with.

I would ask that you review your own hearts and minds to discover if you are holding

back of yourself, your personality, your love. Is there an over-amount of self-protection? Is that feeling of: "If I give and am rejected, I would not wish to give any more," a part of your demeanor?

This week, attempt to see how in holding back of what you are, is there an actual holding back of the Father wherein He is kept at a distance? Continue to write in your journals and attempt to view conflicts from a purely spiritual point of view, knowing that all that we do is a lesson. A few questions?

NORWOOD: Abraham, I would like to go over something that you talked about last week in the lesson to get a little clarification. I will read this to you. I am quoting what I thought you said - (quote.) "I am limited in what I can speak about until such time you are prepared to receive. By your experience will your questions become more advanced, and then I can reveal more information." (un-quote.) Can you talk about that a little bit, and expound on that. That seems to pique my interest a bunch right now.

ABRAHAM: Certainly. My meaning was - I can receive permission to 'reveal' more advanced spiritual realities when you are prepared to receive. Is this answering? (Norwood: I am not sure.)

CALVIN: I'd bet he is talking about the 'receive' part versus the 'reveal' part, in that sentence. I gather what you are asking is, did he mean: "till we get more understanding, then I can tell you."

NORWOOD: I'm understanding that he is saying, 'When we live more and experience more, then we ask more questions. Our questions will become a higher level.' I understand that is what he said there. I think what I am asking is - Okay, what kind of questions then? And I'm guessing that won't be revealed until that time, right?

ABRAHAM: As you discussed earlier regarding the imbalances of certain Mission groups, there needs to be mental preparation; and also, preparation on a soul level in order for you to accept higher concepts without causing fanaticism. Yes, your seriousness for learning spiritual realities while in the flesh and maintaining balance... (TR: I'm having a hard time getting the rest of it.) Abraham: I am saying, that to maintain balance in the spiritual and material will be your indicator for forthcoming enlightenment.

NORWOOD: I understand. Would that be individually? or as a group - in these group-lessons here?

ABRAHAM: I am speaking of in our 'group lessons' for now. The Thought Adjuster is more familiar with your personal lessons, yes. As I have said before, we on the Teaching staff wish to bestow upon you more responsibility in disseminating the new light. We understand your surface-level devotion. In our group lessons, we are working on a more deep level of commitment to living a spiritual life - not in the formation of an organized religion, no! but an Earthly understanding of how spirituality is as needed for a healthy spiritual well-balance - just as is food and water to the well-balance of the physical. Do you see? I am not to make prophecies, or predict the future, or to counsel on the right way to live, no. My assignment is

to make 'spirituality' an everyday reality. We must maintain common sense for our foothold to stay strong. I mean not to entice you towards advancing spiritually without the time needed for a sound grounding and making sense out of our lessons through normal everyday experience. However, I do mean to make the best use of our time together towards taking the new light out into the world – and to do so, with balance. Is this answering?

NORWOOD: Yes, it is. I would just like to tell you that you have answered that question well. I have a really good understanding now what you meant. In fact, I personally feel that you are advancing my spirituality. I naturally want to advance my spirituality as fast as I possibly can, but I see your advice here. The more I understand the Father's teachings, the more I can disseminate them through my life and through my actions. Thank you.

ABRAHAM: Yes, Norwood, you already exhibit those wonderful spiritual qualities in your daily living. There is a balance and understanding you bring to those that you are in contact with, yes. Thank you, Norwood.

ROLAND: Vincent and I have been invited to attend the Urantia Foundations' Trustee gathering in Chicago, on November 14. We have both been struggling with the issue of how best to prepare ourselves to convey what might be given by the Teaching Mission to these people who are rather opposed to it. Is there anything that you could give us as far as a way to prepare ourselves best – attitude, readings, anything?

ABRAHAM: My information is that you could explain your position, and at that immediate time it will appear to have been futile; and yet, I can assure you that seeds are being planted to relay to the Foundation that this Mission is in full force. This Mission goes with or without their help. This Mission does indeed use the Urantia Book as a tool – and that is not even under their control. It matters not whether they endorse our Mission or not, we will put the Urantia Book into action. And with help from the material existence and the spiritual, we will see Urantia be brought into Light and Life. We hide not our light under a bushel, no. Our Mission is living and active. The Urantia Book is being lived and not hidden for an elite few to enjoy, no. I would ask you each to maintain a calm heart and a clear head for receiving those beneficial words Father might have to say to them. Your humorous countenance may help them to accept that this Mission is fully functioning and that it stands for truth, beauty, and goodness. Is this answering?

ROLAND: Yes. Thank you. In reality, we just need to show up and keep a clear mind to allow us to speak the words that are Father's.

ABRAHAM: Yes, yes. This Mission has almost come about in the same way the Urantia Book had, and I am certain that there were those back then who were against such a liberal book. Another question?

INERA: Abraham, last week you mentioned that I should stop worrying so much about the material things that puts a little twist on me, and which sidetracks me. And, that you would be with us all this week helping us. So with that said, do you know where my purse is? [laughter.] I can't get into my house. I can't get into my car. I have no checkbook. It was stolen.

ABRAHAM: I am checking. [laughter.] It is a difficult situation. I do wish I knew the answer. I would refer you to a better source, your indwelling Father Fragment, who can give you rest if nothing else. Another question?

CALVIN: Abraham, concerning the Teaching Mission conference next year in Nashville which is planned in conjunction with the World Peace Concert: You said that you appreciated that we came to you for help on a particular issue in our last Conference, and I think we need your input here again. Would it be your wish to separate the two conference events completely? or should we integrate the Teaching Mission with the World Peace Concert?

ABRAHAM: I can only answer that it matters not to us who dwell in spirit form. We will minister where we can. I am limited in what I can say, but I can assure you that trusting in Father and His good works will make what is supposed to happen - happen. Sorry. One more question?

RACHEL: Well Father Abraham, did you hear my poem I read to the group earlier today? the one I wrote fifty years ago? I asked for the group to analyze me to see if I had grown spiritually since that time. Now I am asking you.

ABRAHAM: I did, and I can say, even then you were a daughter reaching for Father, Father's higher concepts. Your hand wrote the poem while your mind had not fully grasped its meaning. I would say yes, indeed, there has been growth. And also, there has been only one indwelling Father Fragment that has escorted you through your mortal life. You always had excellent communion with Him. A poem written fifty years ago through the urgings of the spirit would still be the same today, with the same spirit. Do you see? This personality-association is familiar to you. You have indeed traveled with Him throughout this lifetime and will continue on until that day in which you become 'one.' Know that you, my daughter, are thought of in a most loving and cherished manner by your indwelling Father.

I am slipping. I would continue to help throughout the week. Call on me. I am growing in love more each day for you. Until next week, shalom.

Direct Contact With Father Is Enhanced Through Self-Mastery

Abraham, WOODS CROSS GROUP 11-03-1997

Back

I am ABRAHAM. Greetings to you, my friends. I am always with great enthusiasm to meet with you each week. I am made to constantly rejoice at the thought of our friendship and our lessons that will help to uphold our spiritual mission. I have made my best effort to meet you each during the week. I have endeavored to aid you in your understanding on allowing your 'total self' to be without fear of the consequences. We have much to learn about being free from the walls of self-protection.

In our lessons on self-mastery, I mean to help you become closer with your own internal living God. To hold back of your true self does keep Father at a distance. To move about freely, without concern for rejection or ridicule, has you relying more on the Father and His watchcare. To lose sight of our Father is to create a

cycle that would create negative occurrences.

Do you see, to hold back for fear of rejection or ridicule makes you more prone to receive these unpleasanties. To cover-over your true self for protection would block Father's guidance and keep the wheel of fear turning. I mean to remove barriers that would keep you in this spinning wheel of fear. By now you are grasping my meaning that 'He who saves himself loses sight of his Father,' yes.

In the Master's self-forgetfulness there was a strong unbreakable connection between Him and His Father. As Jesus grew and attained self-mastery, His bond with Father had strengthened to the point that His fellow's rejection and ridicule did not have serious effect on Him. In the Master's self-forgetfulness, His bond with Father was strengthened to the point that everything not extending from truth, beauty, and goodness was a non-reality. And these non-realities had no effect on the Master's performance to spread the good news.

Do you see how the Master was made to feel totally in alignment with truth, beauty and goodness when He knew he held within His very being the source of all love? and how all else appeared to be merely circumstantial? The Master's human side did, yes, at times, release emotion over the souls that would not give ear. Yes I can say, in the Master's experience on this world there were some things that did affect His human side – but as you know, when the times were the most difficult He relied totally on His Father in heaven.

Through Jesus' experience were there those lessons that brought Him to the spiritual fruit of self-forgetfulness. This self-forgetfulness is now perhaps re-defined as a close and direct contact with the indwelling Father. Can you see how your experience brings you more and more into direct contact with your Father? – how your constant rejections by your fellows is causing you to turn heavenward for the Source of all that is true, good, and beautiful?

Can you see, your direct contact with Father can in itself shield you from these so-called rejections; and in your 'holding back,' the Father is somewhat blocked and your level of care for what others think of you, rises. I do not say to not feel compassion for your fellows – no. I say, your fellows' rejection and ridicule cannot shake your foundation of closeness with Father.

In days past, you may have possibly felt that to do an honorable thing was more difficult – perhaps too much trouble. As your soul-knowledge has expanded, you find that doing good things seems to be your only choice; and, that it is much more simple to grow upon the path of righteousness because of your growth which has brought you to a healthy Father-connection.

Just as self-forgetfulness seems to be out of reach now, I can assure you that in that same way the Master had attained it, so shall you. Self-forgetfulness is direct contact with your internal Father; a total reliance upon His ability to care for you and trust that He is there in every moment. This, not as something extraordinary, no, but as something 'as a matter of fact' – natural.

This week I would ask that you love more, live more, laugh more, and share more.

Work on your closeness with Father, and understand how "he who saves his life shall lose it, but he who loses his life for Father, shall be saved." Have you questions?

MIRIAM: Abraham, I have two questions. One, briefly: Would it be okay with you if I had a private meeting with you and with Rebecca in Nashville next week? Would that be possible? I checked with her and Nina, and they both said it was okay with them. (Abraham: Certainly. That is acceptable. Yes.) Miriam: Okay, thank you. As always, your lessons are just incredible. Last week's lesson was a real hard one for me during the week. Here is my question: In following the guidance to share, and the not wanting to hold back – I can see how it would be real scary in dealing with fear of rejection to step out of our comfort zone to do a good, sweet, acceptable, pleasant thing. But even still, we know to say: "Hey, I love you." to a stranger or to someone that we know. It is also a really hard and scary thing to do – it's one that is hard and scary for me anyway – to face one's own hard truth; and walking through and honoring that just as in honoring the hard truth of another person. I had an experience of that this week. I just want to say that it took me to a place that I didn't think I would go; but I did, and I am very pleased. Do you have some guidance? It was really not comfortable! In the journaling, and the dwelling with yourself and Father, I felt like I was on the right track, but it didn't seem calm. It didn't feel peaceful but it still felt like the right thing to do. Could you just help me on that? Why does it feel so hard?

ABRAHAM: Certainly. Soul growth is, at times, painful and difficult. There are many times you must travel beyond the boundaries of comfort, just as the Master did. Jesus did go about doing what He believed to be Father's will and attempted to retract from doing His own. When dealing with your fellows, there must be time taken to make close contact with your internal Father – to prepare for those things that do bring discomfort. Do you see, that a 'close connection' is a shield of protection from rejection and ridicule? With the source of all love that dwells within, why would any negative shots fired, wound you? Do you see, that a connection made with Father is to be self-forgetful? Yet I say, not to be passive, no; I mean to say, as you become set upon an unshakable foundation with Father, the world does not have its hurtful effects on you. And this unshakable foundation enables you to act from a place of strength and action, not from a closed-off or holding-back position. Do you see how the stillness and our journal time, is nutrition for the soul? Worry not on those circumstantial things, for they have made you to be small and teachable, yes. Worry not, Miriam, my daughter, you are hearing your internal Father's directions. Another question?

CALVIN: Abraham, in what I have experienced of 'fighting for survival' – it has probably been my hardest struggle so far, to actually do as you teach – to relax and not worry so much of 'making ends meet in this world,' but trusting that Father's hand will show the way. I realize that the Master and the apostles had to stop their spiritual work and go fishing to 'make it' – to make ends meet. So how do we balance that? How do we deal with the paradox of wanting to do Father's work and yet, not get overwhelmed with the stresses of having to 'go fishing' and get the bills paid? It has been a struggle for me. I think I am doing somewhat better, but still it's been a struggle.

ABRAHAM: Understood. I am understanding that to work and provide is a natural part

of your spiritual experience. Yes, it is on a small scale now but I can assure you – as you ascend, your need to provide will continue, albeit not exclusively with material things. I can say, in working to provide for a family there are volumes of small spiritual lessons: There is your experience with the brotherhood; there is personal ministry in counseling; there is problem-solving; there is the learning of tolerance and forgiveness. Yes, and there is reaping the harvest of the seeds you have sown and learning to find joy in all of this. I can say to you, in years to come this will not be so much a burden, and your toils will be more for spiritual connections and personal ministry. Yes, the day is coming where the mindset towards work will change towards the side of joy. We each believe that to do what one is gifted at does bring a lightening of the burden and more joy to the purpose of working. Is this at all helping?

CALVIN: Very, very much; it gives me a lot of insight. Thanks for your good friendship. It's great to feel that personal bond between someone we can't see here.

ABRAHAM: I also thank you. You each do well, and it is my privilege to have this friendship with you. I will take one more question.

ROLAND: Abraham, thanks for taking one more. In some of my reading this past week on the Teaching Mission and the Urantia Book internet discussion boards, there were many critiques of the Teaching Mission among the Urantia Book family. One of the things that seem to be consistent in their critiques – and I think they are done fairly lovingly, is: 'If we have this Indwelling Spirit within us then why the need for a 'Teacher,' such as yourself?' The naysayers advocate that it is our main purpose – to get into communication with our Indwelling Spirit, Thought Adjuster, God-Fragment – hence, what is the necessity of the Teacher in that process? I feel very aware of the Teaching Missions' and the Teachers' value, but is there a way that we could explain that, that would perhaps have some logical processing to it, that others might be able to see more clearly? If you could help me with that?

ABRAHAM: I am in understanding your question to be about sharing this 'Teacher' concept with others?

ROLAND: Yes, where they may be questioning the 'Teacher's role.' What they say is: "Well look, if you have an Indwelling Spirit, what do you need a Teacher for?" I can say that Amster is my spiritual guide, and I can tell them dozens of things that she has done to get me to paying more attention to the Father Fragment. I don't really have any kind of a logical explanation of what it is, or how God has organized this experience with mortals on normal evolving worlds. These Teachers have come now to help us to all the better get to the Indwelling Spirit. I see that, and I understand it as an experiential truth; but I don't know that I have a very good way of explaining it.

ABRAHAM: It is plain to see, as in our Mission-statement, that this is the Correcting Time. We are here for assisting individuals, yes, and yet our purpose is much larger: We have practically a whole new map of circuitry to learn and teach to the individual. We endeavor to unite individuals in helping Urantia to move further into Light and Life. Yes, we would never take the place of your indwelling Father, and yet we are commissioned by Him to help the world. In your ministries, I would

advise that you can confront the individual whom you are trying to explain this to with: "Do you not agree this world is spiritually bankrupt, and indeed in a great deal of distress? Can you not view the evening news and not feel a collective fear? Can you send your child out the door each day without concern for their safety?" Let them know of your understanding that the Teachers and other Celestial aids are here to help on a collective level – to aid in the healing of all prejudices; to upgrade the regard for children; to assist in evolution; to ensure that fairness and light is available to all and is felt by those who will allow. We are at the command of Father, yes, for we are subject to personal orders from He and Michael. Are you understanding my meaning?

ROLAND: Yes, I am. That is very helpful to think of it in those terms. Thank you. In the Urantia Book – the paper on the Creative Mother Spirit – it describes the influence of the Father Fragment, and the Son, and the Divine Minister (our Creative Mother Spirit) as is present and functioning in the local universe. Then it says, in paraphrasing, 'Once a world, on its evolutionary path, gets to a certain place where individuals are ready, then do other spiritual influences arrive on the planet.' I use that phrase as a pre-mentioning of the Teachers and the Teaching Mission. I believe that you are the 'other spirit influences.' Am I correct in that? or should I discontinue teaching that as the gospel according to Roland? [laughter.]

ABRAHAM: You are correct to a point, yes. What I would also say is: This Correcting Time is a special emergency ruling from Michael that is to aid the planet in upgrading spirituality and to promote salvation, yes – while dissipating mysticism. I am slipping.

ROLAND: Well, were you all just sitting around the coffee shop up in Jerusem somewhere, and somebody put up a bulletin on the bulletin board that said: 'Hey, if anybody would like to volunteer for the Teaching Mission on Urantia, Machiventa would like to talk to you?' Or was it an announcement over the universe broadcast system?

ABRAHAM: Somewhat like that. It was much as you were called in your assignments here on this world, yes.

My love for you is growing continually. I am already in anticipation of our meeting next week. My love goes with you. Until next week, shalom.

Become Better Acquainted With The Energy Derived From Father
Abraham, WOODS CROSS GROUP 11-10-1997
Back

I am ABRAHAM. Welcome to you, my friends. I can hardly express how Spirit-filled I feel this evening. Listening to you talk about spiritual ideas with such practicality fills me with certain gladness. I am beyond words to express my gratitude to our Father for my assignment here with you. In our lessons on self-mastery, it becomes more easy to apply them to daily living when you can discuss it among one another.

This week I have observed each in our group, and I would say our collective understanding is moving as expected. Your efforts to live these lessons make me to

be in a state of awe and happiness. I am beginning to see what Father sees when He views His beloved children. It is understandable how precious you are to Him.

Knowing and feeling the love and presence of our Father is a living energy. To be faith-filled in every aspect of daily living is a source of divine power. To step into self-forgetfulness leads to feeling and knowing more of the love and presence of our divine Father.

We have discussed holding back in areas of the brotherhood. Keeping to yourself leads you to be distant with our Father. Fearing to go out on that limb to serve your fellows is an extinguishing of the fuel that feeds the flame of good news.

It can be confusing to teach self-mastery by definition 'to hold back of the more animal-like self,' and then ask that you not hold back of your true being; I am in understanding of this paradox. Yet, when we review our past lessons on allowing the divine self to steer our human self, we can begin to understand that we are not to hide our human self, but to allow it to be taught, to be open, perhaps small and teachable.

I mean not to create confusion, but to turn each of you inward to your own Father – the source of truth, the source of all that is true, good, and beautiful. To move through your mortal life in direct contact with your Father Fragment leads you to be fueled by His divine energy. To hold back in any area of mortal living would create a barrier to receiving this divine energy.

Moving in towards self-forgetfulness leads you to dwell more upon the Spirit, and not from a place retaining spirit poisons. In being with the Spirit one can act from the spirit. Do you see, in your self-forgetfulness there is the receiving of divine understanding – an energy to act upon your spiritual notions without holding back.

Your Father is in full understanding of your needs, and attempts to see that they are fulfilled in His time. In His time' is meaning 'in your experience,' for therein is your attainment of spiritual understanding.

This week, I would ask that you attempt to feel the actual presence of your indwelling Father. As well, perhaps attempt to distinguish Michael's presence during your human trials. Attempt to notice the difference between my presence (Abraham's), and Father's presence; my energy and Father's energy. I mean for you to become better acquainted with your recognition of Father and His divine energy.

In your moments of holding back self-pity or overmuch self-analysis, cast your net to the spiritual side of the boat; if that means through stillness, reading, study, creativity, discussion with another, then so be it. I would ask that you take a step away from your knowledge toward your Father's knowledge. Continue to journal and begin to understand the spiritual equations set before you. I can take questions.

ROINDA: Abraham, I wanted to introduce Jan. I don't know if you have talked to her before. She is visiting our group tonight. I just wanted to give her an opportunity to say hello.

ABRAHAM: Greetings to you, Jan. It is my honor to meet with you again.

RACHEL: Well Father Abraham, two or three weeks ago you made a statement to me that I would like to ask you to clarify please. I believe the exact words were: "There has been only one indwelling Father Fragment that has escorted you through your mortal life." That kind of sounds like maybe some mortals had an experience with more than one Father Fragment. Would you mind explaining that?

ABRAHAM: Certainly. In most mortals there has been only one Father Fragment, which comes upon the time that one can make moral decisions. I can say however, that there have been rare instances where mortals have been indwelt by two separate Adjusters in their mortal life – but only in rare cases. The Father would never give up on a child; and yet, some have been so completely far from Him that their Adjuster had requested to be reassigned, only to have the mortal person experience some event that would make him/her call out for God. Upon the calling, there is another Father Fragment assigned; this is quite rare. The majority though do travel this mortal life and beyond with the same indwelling Father that knows them completely, and guides them when it is allowed. I also can say that most Thought Adjusters have previous helpful and fitting experience before they meet their human candidate. Is this answering? (Rachel: Yes, it is and I thank you kindly.) Abraham: Another question?

ROLAND: During your message to me I recognized one of the feelings that I got is the feeling of the words of Michael, a peace beyond understanding. It is in that peace that there comes an incredible willingness to give up the ego; and in that comes a sleep that is very very deep and restful. It seems like those two things work together.

ABRAHAM: Yes, you are in understanding. As our mission progresses, these physical feelings that are first recognized will become commonplace. You are witnessing the physical effects of our spiritual link, yes. Another question?

CALVIN: Abraham, this week in Time magazine there was a large article on a universe that was discovered through Hubble which is very, very beautiful. I find some unique interesting statements in that article in comparison to the Urantia Book – now showing the same similarities. It seems like our science has progressed closer to reality than what our religions have. Do you have any comment to make on that issue?

ABRAHAM: Probably not more comment than what you could already give. There is a new understanding in science – that without faith in a Supreme Being the universe must be occurring by chance, which is not logical. With all of science's technology there is not one thing that can measure faith; and yet in their studies, faith has proven to have an energy of its own. People of spiritual faith have been known to live a more healthy life; to live longer, be more joy-filled, and give service back to the community. These studies are scientists' only proof that God does exist, and the answers are within the study of humankind. As for the study of the universe, time will show that Urantia is a very small planet in a very large and organized universe. The vastness of this cannot be seen through a telescope, but felt in the core of the soul. It is becoming common knowledge to each, also, that the universe contains much life. Is this answering?

CALVIN: Yes, beautifully. Thanks. Quickly, I think Nina does such a good job transmission-receiving, but I see there are a lot of personal requests. Do you want her to keep going with all our group's personal requests, or do you think she needs some help? I don't know if I am clear enough. I don't have near as much faith in my own transmission-ability that Nina does in hers, but that might be just a thing we all feel of ourselves. I would be glad to help if Nina wants, or if you want. It's okay if you say 'not yet.'

ABRAHAM: I have complete faith in your abilities to receive our transmissions, and practice will prove to bring you more confidence. But I would say this is your decision. If it is your desire to assist, then I would help to uphold you in your decision. I am in agreement that your service could be put to good use. You are qualified to minister to your fellows through this method of transmission-receiving; I will work with you on your level of comfort. Does this answer? (Calvin: Yes, certainly.)

ABRAHAM: You're welcome. Thank you for your participation in the expansion of our collective understanding, my friend.

I would ask you each to continue to ponder over this evening's lesson, and I would express to you my love and continued assistance. Until next week, shalom.

Spiritual Worship Leads Us to Focus on What We Need to Have Self-Forgetfulness

Abraham, WOODS CROSS, UTAH 11-17-1997

Back

I am ABRAHAM. Greetings to you, my friends. It is always a great pleasure to meet with you. I am constantly amazed by your efforts to attain self-mastery. The road to self-mastery is rocky and steep, but as you travel it you become more strong to endure the road ahead.

We have been speaking on self-forgetfulness, which is difficult while in material form, yes. It is difficult when you must face life's daily brutalities, injustices – sometimes heartbreak, and still be willing to step aside from the self toward that of our Father. I would recommend to you that a sure way to attain self-forgetfulness is to view the awesome wonders of our Father and be made to worship, be made to give praise and gratitude.

To set your sights on another takes your sights off yourself, yes, but to set your sights on Father is to focus on all that is true, good, and beautiful. You can distract yourself from yourself by becoming involved in other people's lives, or hobbies – and yes, perhaps sports or even alcohol, but is this a lasting fulfillment? In your attempts to become self-forgetful I would admonish you to be careful on what you focus on.

This is where our spiritual worship leads us – to focus on what we need to have self-forgetfulness. Spending time in loving gratitude allows us to feel the at-oneness with our Father. Yes, removing our attention off ourselves from the thinking: "my problems, my difficulties, my challenges" – and turning them into: "mine and my Father's, problems," "mine and my Father's, difficulties, challenges,"

and so on.

I would realize that to break out into spontaneous worship is sometimes difficult, but I would ask that you not stifle any such urge of appreciation and worship that would perchance come upon you. I would ask that you be more aware of Father's good works no matter how small they might be. Go beyond a feeling of gratitude, yes, to give something you would give to no other human on the Earth – give worship. Be in – and of, worship. Go beyond a mere, 'thank you, Father' – to, 'praise to you, our Father.'

Let us pray: (pause.) Father, we your children, small and searching, wish to allow our true love to spill over to you in a show of a tribute. We would go beyond our small environment, our small world, our small solar system, to recognize you, Father, the most of all there is. Yes, in your awesome and grand presence, we are made small. Make us like you. Amen.

This week, I would ask that you pause during the day to find worship. Find the energy that is bestowed with worship. Recognize how much larger Father gets when you worship, and how much smaller you get. Do you see the self-forgetfulness now? I will take a few questions.

CALVIN: Abraham, I always have tons of questions during the week, but it seems like most of them go away by the time I get here. I do want to express how much your lessons are meaningful to me; they are very refreshing. I don't see much else that is so refreshing at those times when things are going confused and chaotic, than to pull out these lessons and review them. It seems like I should have more of a refreshment, though, than just these lessons. But when I go into the stillness I get so sleepy, and I lose my worshipful connection. I believe that is what you're trying to teach us is to find more refreshment with the Father through worship, and so on – but at those stillness attempts I get so sleepy, which seems to always happen when I try to stop and pause. The most worship I can do, or most appreciation, is when driving, or after hearing a beautiful song, or seeing a good point in a movie or something, being so awesome-filled. Any suggestions to me, personally, to help stay awake and vibrant when in stillness?

ABRAHAM: Yes. The stillness is separate from worship. A song or a beautiful mountain scene can bring about worship. The stillness is more of you listening for Father. Worship is you giving to Father – and stillness is being small so you can truly feel His presence, His guidance, His assurance. Worship is a wonderful way to better know the Father's good attributes, to have a personal relationship, yes. Stillness can always be improved upon, and many will find various techniques; but 'worship' is just natural, and overflowing. Worship is gratitude for everything, through your difficult times and your joy-filled times. A certain worshipful energy is always helpful in making one who desires to be self-forgetful – be self-forgetful. Does this answer? (Calvin: Yes. That explanation brings out a very good distinction between the two. Thanks.) Abraham: You're welcome. Another question?

ELLEN: Abraham, in times when I'm felt to worship, a lot of times I find myself holding back because I feel I am overcome with emotion, which is irritating to me. Is that worship? or is it just emotionalism. For instance, when I'm driving down the

road in a worshipful feeling over something, and I feel like crying – I do try to hold back on that.

ABRAHAM: You need not hold back on the emotions of worship. They are perfectly natural and do spill out for a time, yes, followed by a peacefulness. Many who engage in emotionalism to extremes, miss this peacefulness and have diffused their energy. Do you see, your worshipful emotionalism is genuine and heartfelt, and is not a show of something done for others to see, no. This is perfectly beautiful in our Father's eyes; He is loving every aspect of His children. These emotions are part of His children and are used frequently to help express. It is known by Him that your emotions are a form of communication. Yes, not to worry. This connection with these particular circuits can also bring about some physical aspects of your material being – so yes, emotionalism is one of those things. To experience the peacefulness after this emotional outward of 'letting go' is a good indicator of good spiritual health. Does this answer? (Ellen: Yes. Thank you.) Abraham: You're welcome. One more question?

MIRIAM: Abraham, you were talking about when you get input from another person – and, in your lesson, you were saying focusing on what is true and beautiful – and not focusing or getting distracted from input other people give you. I have been struggling the past couple of days wanting to hear and receive word on what I need to, and leave alone what isn't mine to work on. I was wondering if you could help me with that – if that was what you were talking about in 'focusing?' I think you might know what I am talking about.

ABRAHAM: Yes, I am understanding. It is difficult to travel the spiritual path and assume all components of the traveling were in place. You feel everything is moving along fine, and there is the effort you put out before you to bring light, to show light – when suddenly upon your path there is another who has misunderstood your method to travel and is blindsided by your effort – by that light that goes out before you. As in an accident situation – information needs to be exchanged, damage needs to be assessed, and there can be personal injury to deal with. At such a time, it is difficult to sort through the mess to see what your responsibilities are, and what are those of the others involved. I would say, there are times when others involved would not have seen your effort put out before you as a light – and may not understand your effort or methods for traveling, just as you may miss out on what leads them on their path, whether it is their efforts or personal agendas. Perhaps there is nothing that leads their way, and they are somewhat chaotic. Sometimes it is only possible for understanding an incident such as a harsh run-in with another, after time has passed – you allow some time for all assessments to be taken and judged; to discern anything of value to hold on to, or allow it to be gone; to salvage what you can find useful, or allow Father to salvage things for you. This is difficult, yes, and yet I can say that with time more understanding will come to you.

For now, I am slipping and I would take my leave. Continue to journal and keep note of those worshipful moments that lead you to be self-forgetful. My love is with you. Until next week, shalom.

Back

Worship, A Wonderful Habit To Form For Success. Group-Discussion Allows Those On High Participation

Abraham, WOODS CROSS, UTAH 11-24-1997

Back

I am ABRAHAM. My greetings to you, my friends. It is well for me to be witness to such fellowship. What a wonderful family attitude you each have. It's well known that each one can express any feelings and know that always does love remain. I am always in gratitude for my various friendships. I am always made to feel more balanced with the friendships I have. The love and care I receive from those I know makes me to better absorb that energy which I feel when I am in worship.

As you progress in your spiritual education, worship becomes altogether natural and constant. There is little effort made towards worship as you get to know our Father more and more, for this worship becomes a daily natural. With your focus on giving praise and thanks to our Father for all things, bad and good, the ego is made smaller. As your worship becomes more frequent, self-mastery becomes more easy, more apparent.

When one has continued focus on their personal life's difficulties there can be interference generated from the ego. The ego always seeks its own praise, seeks to be worshipped, so to speak. The ego seeks to be appeased and rewarded for efforts made. As you learn to be grateful for even your difficulties, and worshipful towards Father's watchcare, the ego is made smaller and there is room allowed for Father to guide.

Worship is for you. Our Father is not an angry God in need of flattery, no. God is not to be bribed by bargaining for worship, no; He is only asking to help, and worship makes you smaller so Father is able to assist. In true worship, we are made humble and teachable.

With self-mastery, worship is a wonderful habit to form for success. There is an energy that helps one strive towards things spiritual; there is a decrease in cares over things material - how things may look, aesthetics. Your new-found energy is helpful in decreasing any spirit poisons to allow for clear direction.

Father is not to solve your difficulties, but assists you in choosing those correct spiritual tools. I am aware that many have believed happiness was to be 'earned,' or traded, or bought. I would say, to find the true meaning of worship would allow you to have a clear definition of happiness.

We are at a point in our lessons where I would like to begin to focus a bit more back on self-mastery and the brotherhood. It is our desire to see more personal interaction among you each in discussing those things spiritual - those points of interest regarding self-mastery. I would shorten my lessons to allow for more discussion between you each, if you would desire.

This I can say with certainty - there is an important point I would make in these following weeks' lessons: Along with your journaling and learning to receive spiritual messages, I can say that the personal discussion between you each also

brings spiritual messages – a form of transmission-receiving (if you will) through one another, in spiritual discussion. Tonight, I would only take a few questions.

ROLAND: Abraham, first I just want to express just how wonderful it feels to be back in our little community here, and how much I appreciate your lessons. I am also very grateful about Vincent and myself being able to go to the Foundation's meeting in Chicago; and how instructive it was in our representing what they would say is a fringe element – our wonderful Teaching Mission. And, recognize how detrimental that judgment can be and how humbling it can be. I was just wondering from the celestial government point of view how that meeting went and if there is anything that is evolving out of it that is a benefit to the world?

ABRAHAM: Yes, yes, there is great benefit in you and Vincent sharing your experience. There has been seeds planted and minds have expanded. I can say you will find the most value in your experience by sharing it with others. I would say that your various perspectives on this experience is turning into a collective lesson wherein you are indeed embracing truth – and sharing it, even if it would perchance make you appear small or short-sighted. Know that this is a wonderful lesson for all. I can say that your efforts were indeed successful, although the outcome is still uncertain. Another question?

CALVIN: Abraham, in your lesson tonight – are you saying that you don't need as much time? Or, are you saying that it would be more helpful if we could get here on time to discuss our individual week's experience, and how it ties into your lessons – instead of as it seems to have morphed that we don't come on time; and therefore, end up in discussion during your lesson time? That's a little bluntly put, but I'd like to see us start our discussions earlier, before lesson time, so we can have plenty of time for your lessons; I know many of us come for that. I can feel what you are saying is – we can get a lot of cross-lesson teaching if we discuss these topics and have allotted time to do so. And, that you are wanting us to catch this point. Maybe we need to meet even earlier to do the chit-chat informal off-the-lessons stuff. Or, are you saying you really don't need as much lesson time?

ABRAHAM: I am meaning for the small talk to be kept at a minimum while discussion on spiritual values is practiced. There is great training for self-mastery in combination with the brotherhood, during your interaction. I would ask for more participation from you each – each discussing their spiritual understanding while maintaining a loving attitude towards one another, allowing Father to speak through you each. There are many transmission-receivers here. Transmission-receiving is allowing one's small self to be put aside to allow for Father's greater presence. In such discussion, you will recognize many Teachers, many Thought Adjusters– perhaps Christ Michael, and others who would perchance become involved in your group enlightenment. Do you see, this exercise calls for self-forgetfulness. This is an exercise, yes. Does this answer? (Calvin: Yes, very much. Thanks.) Abraham: One more question?

WILLEENA: I want to clarify with what Calvin was asking. What I heard was – Calvin asks whether or not we needed to be more timely in order to be able to get the most out of our meeting. Or, was it okay how we are going? I guess there is just a bit of a question I have in that. My question then, is about tolerance, and about

accountability. So will it serve us more to be more timely in being accountable? or is it okay as it's going and we should grow in our tolerance?

ABRAHAM: Understood. Time is a matter of personal choice, and if used wisely there can be entire lessons that grow through your discussion. Do you see, our Teaching Mission is to expand beyond the 'one' transmission-receiver, as is Ellanor in this group, to 'all' as transmission-receivers – each allowing Father to move the world into Light and Life. One and all will have participation. With each viewpoint, tolerance will be practiced. Yes, it will require some stepping aside from your desires, to allow for Father to speak. This will be wonderful practice at being self-forgetful. And, I can guarantee that once this concept is grasped there will be much cause for much happiness – you will be able to comprehend what I spoke on at the beginning of this lesson, yes. Our Mission is also, action. Does this answer?

WILLEENA: Yes. I guess the only thing I just wanted for further clarification – I was hearing a little bit in your question, Calvin, that maybe that you want us to be on time so we can start promptly.

CALVIN: I would say people can come when they want to, but if they want to hold off lesson time by their personal sharing of things that are not pertaining to the lesson, then I feel that is interfering with other people who came to receive the lessons. These are my thoughts on this to accomplish what Abraham is asking of us here tonight.

WILLEENA: That answers it. Thanks.

ABRAHAM: You're welcome. My love is with you and I will continue to assist you in your journaling. I ask that you take a moment tonight to further discuss this lesson. Until next week, shalom. [Our group meetings were, at this time, being held at the home of Calvin and Kamille in Taylorsville, UT. In the several weeks that followed this lesson, and probably given tonight's discussion regarding group timeliness of starting our meetings on time, there was a lamp in the corner of the living room that would flicker off and back on again, three times, directly at 8 pm – the time we agreed to end the chatter and begin the lesson-time. This was of great help in our efforts to be more timely and diligent in our group spiritual discussion, as Abraham requested. The group was of the belief that the midwayers were assisting us.]

With A Desire To Be Self-forgetful And To Be Worshipful You Are Requesting To Know Your Father More

Abraham, WOODS CROSS GROUP 12-01-1997

Back

[Editor's note: There was again, some group dynamic discussion before the lesson regarding starting Abraham's lesson-time on time promptly at 8 p.m. We supposed that it was our midwayer friends who would, from this time forward, flicker on and off the lamp in the corner of the living room exactly at 8 p.m. This lesson began with first a group worshipful prayer.]

I am ABRAHAM. Well done my friends. What a wonderful display of self-forgetfulness and Father's guidance. You each are tested time and again during this mortal life. I must say, I am not surprised at your success for this particular exercise for I am

with great faith in you each; this is what you have been trained to do. Your spirituality is not just good intentions but the faithful living of your spiritual concepts.

I am in understanding that this past weeks' lesson brought about some uncertainty, and through your unknowing you were in search for Father's guidance. This is good. This is faith. I would thank you each also for your faith in me and my ability to teach. I am always learning new and better ways to teach each time we meet.

I am in such worshipful gratitude to Father for assigning me to this group. From this group, I have received such love and true friendship. Father's watchcare in my daily living always leads me to feel such gratitude – after all, I am so small in such a grand design.

In learning the meaning of worship, you'll find that Father continually reveals Himself to you. Do you see, in your desire to be self-forgetful and to be worshipful, you are requesting to know more of your Father; He does indeed reveal a little more each time you step aside to practice self-forgetfulness. I am indeed moved by your excellent participation in this exercise. I would request that you continue to practice again next week. I will take a few questions.

CALVIN: Again, we thank you for these lessons, Abraham. Before time runs out, a question for Kamille who is quite distraught about her friend and her friend's husband – their situation where their young child died, which I am sure you are aware of. Kamille just asks if you have any words that would be of help to them. They have a very 'why is God doing this to us' feeling; and, 'there can't be a God in this,' and so on. A lot of people, as we all know, have gone through this 'losing a child.' And I'm thinking, that until we go through something like this personally, I guess we don't feel the impact.

ABRAHAM: The stages of death are difficult, yes, and yet necessary for each and every mortal to experience. There are no words that could bring comfort to ease this sort of pain. I am able, although, to speak to Celene (Kamille) about her personal ministry to her friends. My daughter, Father has well prepared you to assist your friends in ushering their child from this world to a new life. You know within that your Father speaks through you. You are fully capable of finding those words that would comfort your friends. I would admonish you to lean towards your spiritual instincts at this time and to guard against your own fear for your own child. Worry not. You are a person of great spiritual energy that can bring focus to clouded vision. Stand aside and watch your Father work; you will truly be amazed. You will be one to bring comfort to your friends at this time. Another question?

ROLAND: Abraham, I have been reading excerpts from the Gnostic Gospels which was found in upper Egypt in 1945 and recently translated. This finding describes a relationship between Jesus and Mary Magdalene – wherein she is depicted as one who was a very close disciple of the inner circle of the Master, and that she had received special (or higher) instructions, perhaps more than the rest of the apostles. Also, that Mary was referred to as "one who spoke knowing the all." Can you give us an insight regarding this? What kind of relationship did they have, and was this a true depiction of Mary's role with Jesus?

ABRAHAM: I can. Mary Magdalene was an average mortal living the average mortal life. Through her participation in the teachings of Jesus, her faith was the most notable thing about her. Without doubt or question, Mary would easily remove her own heart's desires in favor of promoting the Master's teachings. She was a faithful student. I cannot say she was more than this or had some special insight. I can confirm though, that Mary was a most likely candidate for the morontial Jesus to appear to – she was receptive and easily recovered from the shock of her realization that it was the Master who spoke to her by the tomb. The delivery of the message that 'the Master had risen' was to be given to the apostles by her to reduce the shock the apostles would have experienced. They were in great confusion and despair, and an immediate visitation by the Master would have created much fear and possible damage to their mental and emotional well-being. It is well known that Mary was somewhat experienced in life's difficult or unusual matters, and could indeed receive such good news without mental or emotional upheaval. Although the credibility of her testimony was questioned, her job was done and done well. Yes, it can be said of each of life's participants that there is indeed a goodness about them, but I cannot say that one is any more than another. Do you see? Is this answering?

ROLAND: Yes. It gives me a great visual picture of her role – thank you. I have a personal question: I am having a hard time journaling. I think one of the excuses that I have is that I recognize most of us are attended by midwayers who are recording this early Teaching Mission history. It is my understanding that there are a regiment of angels involved with our history, called Angels of Dramatic History, that go before to arrange opportunities for us to be involved in a dramatic process which will be re-tellable. I guess there is two questions in there. Am I on track with the midwayers and the 'angels of historic drama?' And, how do I get over thinking somebody else is writing this down, so I don't need to?

ABRAHAM: I would first say that journaling is for you and your personal lessons. It is a way to receive spiritual help through this form of transmission-receiving. Yes, you are understanding of this process. I can say that these moments in history are being recorded and will be used to assist others in the future. This is the most I can comment on. I am limited in what I can say on this particular subject so as to not interfere with the outworkings of Father's plan. Does this answer? (Roland: Yes, it does very well. Thank you.) Abraham: You are welcome.

To you each, I would express to you again my gratitude for your faith in our Mission and these teachings. Continue to exercise your gift of self-forgetfulness. My love goes with you always. Until next week, shalom.

A Message of Hope. The Boy Jesus, How He Learned to Rely Upon Father
Abraham & Christ Michael, WOODS CROSS GROUP 12-08-1997
Back

I am ABRAHAM. My greetings to you. It is my supreme pleasure to meet with you again. As I stand by and be witness to your discussion, I am filled with such hope, I am filled with such gladness. It is altogether amazing for me to see our Father's hand in everything – things spiritual or things not.

It is becoming clear to you each now that your fellowship brings about a lot of

learning and understanding. Your common ground that you share is blooming with possibilities. Your ongoing communication and fellowship will certainly strengthen you each to go about your daily living. I am going to speak a little on the One who dwelled in the mortal flesh and perfected self-forgetfulness:

Jesus, as a boy, common like any other child, at times leaned toward His self-concerns, yes. It is known that His parents did much to maintain a balance and yet, it was more than this – Jesus, the boy, had a consuming thirst for knowledge; His interest in knowing about the world and its caretakers, was much larger than Himself, or even of the adults that He knew.

The ‘boy’ Jesus, could not rely upon His own thinking for complete understanding. He also knew well that most of the adults He knew could not supply Him with all of the truth he so thirsted for. As His spiritual mind grew, He became more dependent upon His Divine Father for immediate insight. Jesus knew well that His mortal mind alone was limited, yes, and could not take Him through life with such a searching-for-truth mind.

Anyone can tell that the Master's experiences led Him to be able to attain self-forgetfulness. It is, as you also will experience, your everyday decision-making that will affect the course of your path. Your everyday learning will lead you to also attain self-forgetfulness. I can say, just as in the Master's experiences, this will not be easy or without effort.

I would mean to say to you, tonight, that the One who mastered self-forgetfulness would be an excellent source on how to achieve what He did, what He achieved. Your Brother/Father is always standing by to assist with those particular human lessons that seem to be a source of frustration. You might possibly view them (your mortal lessons) as ‘too menial’ for a Creator of a universe, but I can say with authority that His spiritual ministries are beyond your comprehension and are not limited to what your mind may understand.

This holiday season is an excellent time to reconnect with the Master and His understanding of mortal living. He is a true friend who would only seek to enlighten and uplift you. I would allow Him to speak.

MICHAEL: You, my children, are in the company of one who loves you so deep. I am filled with compassion for your daily trials and I understand your deepest pain. There is not one thing you could explain to me that I would not understand. I would always make it my priority to help those seeking children.

I have experienced self-forgetfulness while in the flesh. My greatest help, I must say, was love for my Divine Father and love for my human associates. This love had led me to feel the Father's hands to reach unto my hands, to help where help was needed. This love had allowed Father's words to come from my mouth where it would be beneficial. This love had allowed me to see what our Father sees. Yes, it sounds simple, but I can verify that to truly know our Father, His presence and His divine love, leads us to a greater knowledge of love wherein you can love your fellows without condition.

I have experienced that supreme all-consuming love from our Father on high while I dwelt in the flesh. I can tell you, you will also experience this and know it when it is upon you. I would ask you to be open to me and my Spirit as I move through your daily lives and minister to you as a Brother/Father would. I am even now overflowing with such gratitude to our Father who is in heaven, for He has loved us, and loved us well.

I would have you know that your world moves on a correct course. You will soon see, my children, that my Spirit will be regarded as common in your personal lives – in your politics, your society, your education – anywhere there is a need for the flame of divine truth to burn. As I have done in ages past, I will do again – you will feel my Spirit upon you with such a brotherly affection and a source of spiritual strength.

I would like to deliver a message of hope, and have you also take this message and give it where you will. Forget not how I know you each as I know myself. Forget not that I have gone before you and paved the road with love for our Father and His mortal children, to shed light on the gift of self-forgetfulness. You are my cause for continuous rejoicing and always does my heart remain filled with the love I have for you. Farewell, my children. Carry on.

I am ABRAHAM. It does us well to hear our Brother/Father speak and fill us with such encouragement and knowledge. I could only express to you, my students, that to view Michael, from where I stand, I have not one concern that everything is well taken care of. We would wish to express our gratitude to you, Michael, our Creator, for your continuing love and ministry to us.

I would ask you each this week to ponder over the words of Michael and be aware of this love He spoke of. I would ask that we forfeit questions tonight for another time. I am certain to be with you next week at your celebration. My love goes with you each, always. Shalom.

What Price Do We Pay To Receive A Greater Understanding
Abraham, WOODS CROSS GROUP 12-15-1997
Back

I am ABRAHAM. What a beautiful sight to behold – the brotherhood in action. We here who are unseen by you, marvel at your determination to carry on the Master's teachings. To gather with comfort for yourselves and one another shows a great deal of growth.

Your efforts have been worthwhile. Your trials have been a great learning experience. You will know one day that all you have toiled for was indeed worth it; your difficult times were another step-up towards our Father in heaven.

I must say to you, my friends, you spiritual seekers have paid a price for all that you know. You have each paid what was necessary to attain spiritual meanings and values. You each have consented to continue to pay this price for your continuing education. It is only by experience that I can truly stand before you, gratefully, knowing that the price I had offered up was small in comparison to the rewards I received.

The price I speak of is putting yourself aside to receive the greater meanings of the universe – to allow your desires to be set aside in favor of what's best for the whole. The price you have paid is the loss of your old life in favor for a new and better life – to focus on not so much what you would see as best, but what our Father would have us know is best. “He who would save his life would surely lose it, but he who would lose his life for the kingdom will be saved.” Do you see how our lessons on self-forgetfulness pertain to this valued saying?

I would ask that you continue to ponder over and discuss these topics with one another. In your fellowship, there are volumes of spiritual knowledge to be had. I would express to you my gratitude for allowing me to speak. I would each have you know that I know and love you, dearly. Peace go with you. Until next week, shalom.

Faith is a Price You Consent to Pay. Your Testing Is No More Than A Lesson

Abraham, WOODS CROSS GROUP 12-22-1997

Back

I am ABRAHAM. It is always my pleasure to meet with you. I am always interested in your weekly findings concerning these lessons. It is indeed at times a burden to be hindered by the flesh. There are so many limitations within the mortal mind concerning spirituality. Yes, it can be difficult to integrate the material and spiritual, but I can say it can be done – not all at once, but ‘gradually’ through your continuous efforts to attain self-forgetfulness.

Over and over are you each tried and tested. Repeatedly are you given those challenges essential toward attaining divinity. In my short journey to this present state, I can confess that my time in the material mortal form was the most difficult of all my spiritual-progression stages.

The limitations of the material body make faith mandatory. I can say, in the transition from mortal to morontial, it is indeed a bit more easily understandable concerning things spiritual – the limitations of the mortal body no longer exist, and the faith-factor is just existing (just is), and almost without effort.

You are tested by dwelling in the flesh, yes; and I can say, this is a test that all must take – all ascending beings, beginning on the material world. You, having relinquished your old life for a life led by the Spirit, will find more meaning through your trials and testing. You, having been born of the Spirit, are consenting to pay the price to continue your spiritual learning.

There is a force within you that continues to drive you to desire to pay the price – pay the price of laying down your desires, your will, to take up the will of our Father in heaven. This is not much more than what we would call ‘faith.’ To have faith that there is a Supreme Caretaker and those celestial associates that care for each step you take on your journey, is to have faith that all you do, matters; how you affect others, matters.

To have that faith – that ‘your testing is no more than a lesson’ – is a price that is paid by you. To set aside your ‘self’ in favor of Father's will is a price, and one that you will learn to continually pay upon. Your faith is your foundation. Your

faith is what your whole education rests upon. Your faith is a price that you consent to pay. And whether it is easy for you or not, your faith is a work in progress.

With each test you are given, the foundation of faith is either made more sturdy, or the foundation of faith is made to chip, perhaps crumble. Do you see, your education rests upon your consent to pay the price of faith. Believing without seeing (and your continuing education) rests upon your ability to stand aside and allow Father to teach. Do you see – to progress spiritually, you are to be self-forgetful?

Many do battle for their faith and ride an emotional roller coaster. Many do forsake their faith with the thought that 'there is no hope, so why make an effort?' Yet many, those who are self-forgetful, find faith to be simple and often note Father's fingerprints in their lives. I can say, the fight of faith is certainly worth whatever wounds you may receive.

The fruits of the Spirit can still occur even when one is weak, yes. One of those fruits is patience – to have patience that this 'weakening in your foundation' will be temporary. The tests that you must take to strengthen the foundation are well worth it to maintain connection with the Source of all there is.

I am understanding some to find this lesson difficult – the lessons on 'self-forgetfulness' to be a real test in itself. I can say, through your continued efforts will you find the rewards to be astonishing. You will find yourself in amazement at the transformation of all that you are and all that you know – a positive transformation. I would ask that you continue to journal and have discussion on these topics. For now, I would take questions.

RACHEL: Well, Father Abraham, I don't feel like we are paying a price to have faith; I feel like it is a privilege. Sure, some of the times we don't take advantage of that privilege, but I certainly feel like it is a privilege to have faith in Father. Maybe I am misunderstanding it.

ABRAHAM: Yes, it is a privilege to maintain a steady level of faith and find the joy therein. It would not appear to be a price to you at this stage in your spiritual development, no. However, in your early years, when there were times of struggle and the foundation of faith was first being established, there were times when there was a bit of chipping (or crumbling) of the foundation. Do you see, by your experience, your testing – your price that you have paid has built your foundation of faith to be able to withstand any and all struggles. And when adversity befalls you now, you are upon a strong foundation in which you take comfort; and thereby, you are knowing of Father's love and His ways of turning adversity into something valuable. Many who are without such valuable experience are apt to feel this as a 'rocking of the boat.' The 'paying of the price,' for them, is their need to stand aside and allow Father to work. Those building upon their foundation with each adversity, do experience quite a bit of crumbling, yes; and yet, they dare to stand on this foundation of faith and are within the Father's comfort. Many tend to lean upon their own understanding, not exercising the muscle of faith or the power of choice. Does this help?

RACHEL: Yes, it does, and age has its advantages, doesn't it? And Merry Christmas to you.

ABRAHAM: Thank you. And I would agree, age does have its advantages when one who is so devoted to our Father such as you, Rachel, my daughter. Another question?

CALVIN: Abraham, it has been quite a struggling week for me – meaning, these testings you are talking about have been quite a struggle in a particular way to me, which I am sure you know about. I take huge stock in your lessons on how I can re-group, reconsider, and turn a new direction where I need to. I appreciate very much your help and having your past lessons. A thought that crosses my mind often this week has been 'if I am going my direction, or Father's-will direction' in this testing. I think that is kind of what you are saying – to let faith dictate where I think I am going, make that choice, and when I stumble, to be willing to use that as experience laying a stronger faith-foundation, rather than to feel defeated, or unworthy, or a disappointment to Father. I surely don't want to get caught up in my own direction. I much appreciate your insight and help when I do get off on a wrong path.

ABRAHAM: Yes, you are understanding very well. You have consented to take the tests that build upon your spiritual foundation. To continue in your divine understanding, you have made an effort to pass the tests – you have vowed to pay the price. This topic of discussion would tend to frighten many halfhearted souls who would chance to come our way, those who would rather receive in a manner of ease. You, my friend, have made that decision to take your lessons (testings) in whatever form they come in. At times there is still a bit of stubbornness, yes, but eventually, you go back to the core of your belief and find your way to Father's will. It is a wonder to look back upon your life and trace those steps where you thought you would never survive; and yet you survived and went beyond that. Lessons were learned, meanings and values were attained and stored in your memory – and again there was consent for a new lesson. Yes, do you see how Father is a Father of mercy, and would not burden you with something in which He would not believe you could be challenged and meet with success? Yes, the battle of faith is well worth the injuries one may sustain. This is not meant to be frightening, but to empower you each with the confidence that Father has faith in you – yes, to meet life's challenges and feel His presence in all of them. Does this answer?

CALVIN: Yes, Very well, and I thank you. I have asked that the Urantia Foundation consider helping in the dissemination of your lessons. I understand they are, as is the Urantia Fellowship, somewhat antagonistic toward the Teaching Mission. I feel it would be most helpful should they assist, such as in being a focal point like they are for the Urantia Book, for people to order transcripts and lessons through them. That thought/thinking has been offensive for some. Do you have any comment to make right now regarding this effort?

ABRAHAM: (TR: Okay, I think he is going to say something rude. I am trying to make him reword it. [laughter.]) Abraham: Only that a thorn in their side is bound to need attention. I am meaning that it is highly unlikely this would occur, but it lets the Foundation know that this Teaching Mission is not going away and perhaps does have some validity to it. Does this answer? (Calvin: Yes, very clear. Thanks.)

Abraham: One more question.

RACHEL: Well Father Abraham, I have a little something here you might kind of enjoy. It came out of the funny paper and yet, it has a lot of truth to it. It says: "It seems to me that since the fall of man, without even thinking it odd, that man has no trouble at all believing that he can be God. How he would do this I cannot conceive, though he certainly thinks he can; and yet, he cannot bring himself to believe that God can become a man." [laughter.]

ABRAHAM: Very fitting and quite appreciated by us here on my side.

RACHEL: How many are there with you on your side? I'd like to wish them a Merry Christmas.

ABRAHAM: Noted. Quite a few. We are in appreciation of your humor and willingness to be outgoing. I would express to you each my abiding love and warm wishes for this season. Remember those recent words from our Master. My love goes with you. Until next week, shalom.

Use This Mortal Life Wisely. Self-Forgetfulness Is Not Self-Denial

Abraham, WOODS CROSS GROUP 12-29-1997

Back

I am ABRAHAM. Greetings. I am allowing for a bit of meditation time. [pause.]

During the busyness of life, we find little time for that which is so beneficial to us. A soul that would find unrest in daily doings finds the quality of mortal living to be less. A quiet moment or two at intervals throughout the day can help refresh a weary soul. This time of year brings a great deal of reflection on past happenings, good and bad. I can say to you, it is entirely within the will of our Father to drink from the well of His peace and comfort.

Our lessons are not to meet any time-frame, no. Our lessons are to be taken in as the recipient is prepared to receive. Moments of stillness increase your capacity to receive those things Father has for you. We are assisting you in building your foundation of faith, bringing to you hope and encouragement.

I, having experienced the mortal adventure, understand your trials and testings; your joys and triumphs. I would not mean to minimize the mortal experience by saying you are to feel burdened should you not feel you are putting forth great effort, no. I hold an enormous amount of faith in you each for I also have experienced those mortal experiences. I mean to assist you in any way I can to make meaning and value from your mortal trials.

So yes, I would agree with you when you would feel discouraged towards worldly issues or individual dilemmas. I understand because I have shared your experience. I am qualified to say, having experienced the mortal realm and beyond, that our Father is indeed knowing of your experience – that it is a pathway to Him. He would not have you self-punish for your mortal trials and mistakes, no! but to arise each morning with a new and fresh perspective as His child in learning. This is what we mean in teaching 'self-forgetfulness.'

Self-forgetfulness is a tool for you to be successful in your communication with Father. Self-forgetfulness is not self-denial, is not 'going without,' no. If you could perceive the Father's watchcare from where I am you would be astonished. To be involved in the mind of all minds is to freefall without concern – to look forward to each and every challenge with excitement and enthusiasm.

Always will you be reminded of your adventures in the flesh, and these lessons will be an eternal lesson for you to always reflect upon. Your experience is valuable, yes, and I would wish for you to take advantage of every opportunity while in the mortal realm – be it an obstacle or a time of rest. Use this mortal life wisely, for your lessons learned here will be used eternally.

I would conclude our lessons on self-forgetfulness to prepare for a new series of lessons. Always keep in mind what we have learned on 'the brotherhood,' 'spirit poisons,' 'spiritual fruits,' and 'self-forgetfulness' – these lessons are always ongoing. I would though, begin a new series of lessons concerning relationships, yes.

The relationships you have are, in themselves, valuable lessons. All whom you know are valuable in your mortal experience (just as you are in theirs) whether they are biological family members or not. Each one person you come to know is an assignment put before you. Relationships are lamps upon your path to Father. Relationships are a branch on the tree of self-mastery. You will not learn some spiritual lessons without personal relationships. The skills you can learn today are skills that can be used on your eternal journey.

It has been said that isolation is a form of suicide. Mankind needs one another, and it is in our upcoming lessons that we will acquire skills needed to find success. Be watchful this week of your personal relationships, and continue to journal. Find a time to drink from Father's well of peace and comfort. Are there questions?

RACHEL: Father Abraham, during our meditation I think I was given one phrase, and it goes like this. I think it was given to me because I so enjoy the Christmas lights and the Christmas trees. It seems like it does something for me spiritually. The phrase I received was: The beautiful glowing lights of Christmas represent the gleaming love that emanated from Christ Michael's soul.

ABRAHAM: This can be, yes. Your understanding is a glimpse at what is a fraction of things to come. The Father is called the Father of Lights, and this is familiar to your soul. The glory and grandeur of Christmas brings on a feeling of anticipation and excitement, which are common feelings to those who first experience the morontial worlds. You are correct in your understanding. I can say with certainty that the feeling brought on by certain lights or colors is familiar to you on a soul level. Light is spiritual. I am indeed one who is still made to feel in awe at the presence of our Creator Father/Brother. He is one of extraordinary beauty and grace, power, and understanding. Is this answering? (Rachel: Yes it does, and I thank you kindly. Happy New Year to you.) Abraham: My best wishes to you, Rachel. Your continued participation in our group for the coming year is looked forward to, and expected. Another question?

HONORAY: Father Abraham, I don't have a question. I would just like to have you say hello to my great-granddaughter, Kera. This is her first time here visiting us. She is unfamiliar to these teachings and the Urantia Book, but she is brave to come tonight to meet with us. I do want to thank you for your weekly visits and your lessons, and tell you how much I appreciate you, and how much I love you. Thank you.

ABRAHAM: Also, my love to you, Honoray. You have been gracious to us indeed, and a faithful student to these teachings of Michael's. I am aware that your show of dedication and faith to those you love has set a wonderful example. I welcome you, Kera. Be not concerned, for your family is a great light in our Mission. We are fortunate to know you and express our gratitude for your understanding. Another question?

MIRIAM: Abraham, you were talking about – if we could perceive the Father's watchcare from where you are we would be astonished and that we could freefall without concern. Am I interpreting that right? that when I try to do my best with relationships, to just know that things will work out for the best? I am really glad to hear these relationship lessons are coming up. I am going along wanting to do everything to the best of my ability – I don't do as well as I wish I would, and then I kind of wish I could have done better. Would a good thing with that be just say, 'you know, I did the best I could' and chalk it up to another day? Is that kind of the mindset of the 'free-falling' thing? I just maybe need some help there.

ABRAHAM: I would bring encouragement to you by my statement of perceiving Christ Michael – His understanding from personal experience, and knowing that you could move with full faith and trust, knowing He is concerned with your journey and provides you with protection and comfort. In relationships we will find our greatest challenge is to put forth our spiritual understanding with our fellows; I mean, to use our spiritual understanding. And as you ascend levels of your spiritual education will your regrets seem few, and your blessings seem many. Your drive to always 'do better' is a spiritual drive. At times this 'drive' is where one is 'concerned for others' and at times this drive could be a concern of 'how you would appear in another's eyes.' Are you grasping my meaning at these differences? Is it your desire to do better 'spiritually,' and if so, is there not always other opportunities to do better? Not to be perfect perhaps, but simply to do better. Is this answering?

MIRIAM: I am a little confused, but I don't know how to clarify. You are asking if I am grasping? Or are you saying I am not grasping.

ABRAHAM: A question asked in general terms would receive somewhat of a general answer.

MIRIAM: For example, with my grandmother, she is ninety-one years old, and every time I see her I don't know if it is going to be the last time I see her. Sometimes I am not as sweet or kind as I want to be, and it makes me feel bad then when I am about to leave. Everything is okay, but I just feel a little guilty, and I want it to be okay. I don't know if that is getting more specific for you. When I have feelings of criticism it makes me feel bad. I don't want to have those feelings, so

then I wish I could have done better.

ABRAHAM: Understood. Yes, that is more specific, thank you. I would ask you if you felt you were being yourself? Were you acting on your own knowledge? Were your feelings genuine? It would seem to me that this dilemma, that your grandmother could soon meet her demise, would cast a confusing light over your responses to her. Do you see that this thinking brings down the quality of the time you can share with her? To meet with anyone you know who is close to you, that this could be the last time you could meet with them – do you see how this would bring on such anxiety and project a negative light? My words to you would be to lose the dark cloud that brings you to fear the end, and focus on those positive moments left to spend with those you love. Your feelings of guilt will be transformed into feelings of gratitude that, ‘yes, I was myself, and our time was well spent.’ Is this answering? (Miriam: Yes, Abraham. Thank you.)

If no further questions I would take my leave and am always extending to you my love and assistance. This week, ponder upon your relationships. I will begin our new lessons next week. Until then, my love goes with you. Shalom.

1998 MANSION WORLD TEACHINGS

First Lesson on Relationships. Father Is The Basis On Which All Successful Relationships Stem

Abraham, WOODS CROSS, UTAH 01-05-1998

Back

I am ABRAHAM. Greetings. It is always thrilling for me to meet with you. My friends, we have known one another for some time. I can say, our first meetings together were somewhat uncomfortable, perhaps a little confusing. Our first meetings were filled with uncertainties and hopeful expectations. You took it upon yourselves to be patient and gracious to me, someone who was unknown to you.

Over our time together I have vowed to befriend each and every one of you. You have, having used your faith and intellect as a measurement of sorts, welcomed me into your fold. This was not always an easy process – I have been sometimes rigid and formal in my teachings, and you have helped me to incorporate love. You, having been varying in your beliefs and swaying from doubting to faith, have seen past all this for the greater good of the kingdom. This, I can truly appreciate.

It has taken time for us, you and I, to come together, but surely we can say we have built a wonderful relationship. I can say I know you as well as you would have me know you; and I feel love for you each, a deeper love than if we were to not know each other. You, in your patience, have taken time to understand me and my efforts to put forth these lessons; and I also feel your love for me.

Again, I am deeply grateful for knowing you each. You can see that our love has grown over time. There were some barriers to cross before we could have real love, trust, and respect for one another. Each one here has become personal and is open enough to maintain this relationship. Our involvement together enhances the Mission goals.

Our working relationship brings us understanding in using those techniques to use for spreading the good news. Our personal friendly relationship brings us comfort in persevering through our adversities and encouraging us to move forward with courage and determination. Our relationship, you see, is on many levels – it affects our immediate environment and goes out from there.

You can see the importance of patience and dedication to striving towards successful relationships. Our relationships are likened to a circuitry which all our actions, thoughts, and intentions travel. Our experiences are shared, and we are at times made to feel either discouraged – or at times, made to feel unified and hopeful. Our shared experiences help create the future and destiny of the world, of the solar system, the universe, even on to the Supreme Being.

I can say to you, on this, our first lesson on relationships, that there are no relationships as important and personal as that between you and your Father. This is the basis from which all successful relationships stem. To take small steps towards understanding those personal attributes of our Father leads you towards a deeper love and knowledge of Him – a closeness of knowing His will.

Small steps taken to be self-forgetful leads us to allow currents of love and understanding to flow through the cosmic circuitry. Just as it was when we met, there is uncertainty. With hopeful expectations, we can apply patience and dedication toward our Father and His subordinate Sons.

As you journal this week, feel at liberty to ask Father to know His personality a bit better. Ask those questions that would help you be on your way to securing your relationship with Him and begin to take those small steps, in each relationship you have, towards more understanding. Have you questions?

CALVIN: Abraham, I would like to point out that you have made it easy to be a good friend with. I remember those early meetings, like you say – I was a little on edge like I expressed earlier, thinking: “Am I good enough to even be here?” And through your lessons and the love you have shown to us – patience and love and patience and love and more patience – I just came to accept that “yes, Abraham really does like me.” By realizing that some great teacher would actually even ‘like’ me helps me to realize that maybe Father does too. So thanks for your help in making that bridge. I think what you are asking us to do is in that same light, with that same example, show our fellow mortals the same Father's love.

ABRAHAM: Yes. I would thank you for your kind words and show of faith, and return to you, my love. You have been a good friend to me, also. Your efforts on my behalf are greatly appreciated. Yes, my lesson this evening would start you out with strengthening your own relationship with our Father. He is the basis from which all relationships should stem. To understand your Father's personality attributes leads you to trust and love Him even more. Yes, this, in turn, leads you to apply this same concept to your fellows. To remember our lessons on self-forgetfulness is of great benefit in helping us to always remain the learner. Does this answer?

CALVIN: Thank you very much. I would like to introduce Lavon and Devon, Marvin's friends, who you also met. We appreciate them taking the time to come down and share

with us.

ABRAHAM: Welcome to you, my friends. Feel at ease to ask questions.

DEVON: Are you 'Abraham, the father of Isaac?' (Abraham: I am.)

DEVON: The Old Testament reports that you paid tithes to Melchizedek. My question is about Melchizedek. Was he on the Earth for a long time?

ABRAHAM: A long time in your terms, and even longer not dwelling in the flesh, but as a spirit.

DEVON: As a spirit, was he available to other mortals, or just to such as yourself?

ABRAHAM: I am told that he was available to assist other mortals in about the same manner he had helped me, yes. Does this answer? (Devon: Yes. Thank you.) Abraham: You're welcome. Another question?

LAVON: Abraham, I have a question. Earlier in your lesson, you said that the most important relationship that we have to cultivate and develop is the one with our Father. Can you be more specific and indulge me? Perhaps this is something the others here might understand, but help me to understand who you are referring to when you say our Father?

ABRAHAM: Certainly. Our Father, the Indwelling Fragment of God, our compass to Paradise, the Creator of Creators, the Father of all father's, the Father of all things spiritual. Yes, God the Father; He has many names and many perceived identities; and yet, to each of His children He has Fragmented Himself to have you know Him personally, yes – God the Father, whom you know as the Source of all there is. Does this answer? (Lavon: Yes. Thank you.) Abraham: You're welcome.

DEVON: When you were a mortal did you know the Most High Father as Yahweh or El El-yon?

ABRAHAM: My mortal concepts before my knowledge of Machiventawas that there were many gods with many names. Machiventa taught me about the 'One God' concept; and after this, yes, I had referred to Him at times as Adonai, El El-yon – there were several names. At this time of an enlightened era, we were privileged to have in our midst, Machiventa Melchizedek, yes, to teach us of the One Source and Center. Another question?

CALVIN: Just clarification. When Devon asked: "How long in the flesh did Machiventa stay with him..."

ABRAHAM: I am aware you have access to that information. [laughter.]

CALVIN: But, were you referring to Machiventa's availability 'in spirit' to other people, – at the same time while he was in the flesh – as you knew him physically when you answered Devon's question? (Abraham: I am unclear on the question.)

Calvin: You shook your head, Roland. What do you think?

ROLAND: This is the way I understand it. Abraham said in the beginning that he, Machiventa, was available to mortals as Machiventa was to Abraham during his lifetime; and, that he, Machiventa, was also available to mortals during that period of time on a spirit level. That's the way I understood it.

CALVIN: During the same life in the flesh time?

ROLAND: Shortly after he departed the overcoat of flesh.

ABRAHAM: Yes, correct. Another question?

ROLAND: I get the picture that Machiventa taught at Salem; and from there, the missionaries were sent out into the world. We see those influences described in the Urantia Book. And a part of the spirit contact that Machiventa made was with these missionaries as they were in the world to help them continue with the truth of the teachings – which, at the time, was more or less having to be memorized. So he was in the world teaching those who he taught and assisting them in their travels. That's what I get. Could you comment?

ABRAHAM: From my information, I can say you are correct. There were many times when Machiventawould commission me to go to explain in simplified terms to these missionaries about the new spiritual concepts. Machiventa was majestic in form and eloquent in speech. That is where I came in, to simplify and add a touch of Earthly reality. Yes. Is this answering?

ROLAND: Yes. What is marvelous about this is in talking about the relationship that we've developed with you – is like that which happened four-thousand years ago. And now I get to be the beneficiary of your teachings, and Machiventa's teachings, in my travels; and probably add some of the common man element of those teachings when I go into the world, as we have been companions in those situations. I am so thankful, so awed by the opportunity to do it. Thank you.

ABRAHAM: A wonderful and true observation and very insightful. My son, we are also fortunate in our experience on this side to know you and be the beneficiaries of your footwork.

It is uplifting to me to know each of you and your unique personalities. You are recognizable to me on a soul level, and I am indeed grateful to our Father for our relationships. My love is with you always. Until next week, shalom.

Do We Live Our Lives According to How We Appear in the Eyes of Others, Or Our Father Abraham, WOODS CROSS GROUP 01-12-1998

Back

I am ABRAHAM. Greetings to you. I have been listening to your discussion. I am quite moved to see everyone's willingness to participate and be accepting of one another. Your acceptance of one another shows clearly that you are believing no one human has entirely all the answers. However, your group participation enhances your concepts a great deal towards finding 'some' of the answers. With these lessons on relationships, you will be provided more time to have discussion and add to the

totality of your understanding.

Today in this stage of Urantia's development, there is a great deal of emphasis put on appearances; appearances meaning, the physical body makeup, or financial status, or positions of power. There is a mass amount of people who live their lives according to how they would appear in the eyes of others.

Many people live their lives on the reflections from their relationships - this creates a great confusion. One who would appear to see negative reflections in their relationships might cause them to seek to create change; the change always being subservient to man's concepts, subservient to mortal acceptance.

It is said: "You cannot serve two masters" - one being the Father of all fathers, and the other being those things before material eyes. In a small way, there is understanding to be had in observing those reflections from your relationships. You are aware when you have hurt someone; also you are aware when you have helped someone - this is an inherent internal meter, easily understood. But when one has chosen to serve the lesser of the two masters, then there is conflict. This experience is valuable, yes, and I make mention of this to you who would deal with your fellows daily.

Many do find their loyalties to lie with a human god or material things; their faith-vision is narrowed and their techniques of the ego's manipulations are increased. As a teacher I can understand them and would desire to assist them if at all possible - but I cannot help if their mind is so closed. You know these types of individuals I speak of; you have each experienced this to a certain degree, and are able to minister in small ways to these individuals.

There is always an underlying motive that runs through most relationships, and that is - individuals each believing they can change the other; in their mind they believe they are helping the individual who they think needs to change. In the other individual's mind, they see this as an insult. This is a losing situation. I would never find shortcomings concerning one of my students and believe that I could change them, no. I would never seek to change an individual who is a unique child of God.

Also, I would not seek to lift my own perception of self to point out another's faults, no. I would only ask that I could be within the Father's will to minister where I could - to embrace one who is troubled and build upon his awareness to bring a bit of light to their darkness. Never would I be so inclined to force light on another, but I would attempt to detect any opening there might be for the acceptance of Father's words through me.

As I have ventured from mortal life to morontial, I have found that I can easily notice the unique attributes of every individual. Yes, there are always positive attributes and aspects of every personality. I find it most agreeable when helping others, to begin with the positive aspects of their personalities, and build from there. I could never tear down those negative aspects of a brother or sister because that would be to criticize Father's plan for them, to make a mockery of their spiritual path.

In this day and age, many may look to you for some sign of hope or solid foundation. There is perceived in you a God-knowingness, and your reflection out to individuals is important. If you constantly cry out for them to change and become 'as you,' or 'to do better,' there is an increase in their darkness. There is a narrowing of spirit vision.

I would remind you that you cannot understand yourself by the reflections of your relationships, no. There is not accurate definition of how you are progressing as an individual (material or spiritual) for you have available to you all the positive reflection you would ever need. Your indwelling Father patiently awaits your attention, your courage to be able to withstand whatever He might reflect. In His reflection, there is love and mercy; there is truth and understanding; there is pain and joy - this is all a part of your path to Him.

Can you see how Father would not chastise His learning child for stumbling? Can you see His hand is out to guide, yet not to derange anything about His beloved child? God seeks not to change you in order to love you, for in His eyes you are already loved 'as you are at this moment, at this time.' In learning about Father's attributes, we can indeed find the key to dealing with our fellows. We can become immune to our fellow's negative reflections regarding us--our ways, our personalities--and become open to Father's adjustments.

This week in your journaling, ask yourself if you live your lives according to your fellow's perceptions of you? What is reflected back to you from those you know? Is there truth in this? Remember, when tending to your mortal relationships, to seek not to change another but perhaps build upon their positive aspects of what they know. Every individual is unique and precious to our Father. As you are more open to Father, will you more easily find these positive aspects which will enable you to use the more spiritual methods. Are there questions?

CALVIN: Abraham, Pat Sonti, who you are probably familiar with in the discussion before the meeting, if not otherwise, just asked if you have any words for him. And he asks if he is a corps of destiny person under your direction? He seems quite skeptical of this Teaching Mission, but he does ask.

ABRAHAM: I am aware of him. Yes, he is a reserve corps member. I am very aware of his deep and abiding faith in our Father, and that is sufficient. He is living a life devoted to Father, and he need not go where he feels discomfort, no. I can say that when he does feel a need for more active work within the kingdom, then I would so welcome him. There are individuals who believe, as he does, in our Supreme Father and the Urantia Book; yet, this is only a handful of what is contained in the well of spirituality. For some, the Teaching Mission provides an active role in assisting Michael to bringing Urantia towards Light and Life, rather than a more individual participation. That is all. Another question?

ERINSON (Devon): Father Abraham, I have spoken on you in the past, not knowing you. There are many people in many nations who claim you as their progenitor. Scriptures say you refused to sit on your throne. It is a great joy to hear your teachings and I am blessed and brought into peace by listening to you tonight. It is a marvelous

thing to think that you are available to us. My question has to do with the blessing that was given to you by the Father, when you were in mortality, as having your seed numbered with the stars. Can you explain what star seed is a little bit?

ABRAHAM: I would first give you thanks for your kind words, and have you look at me as a brother who stands side-by-side with you. I hold no more value as any other son or daughter of God. I am next to you in that we are traversing the circuits that will lead us to Father. My fellows who have written about my life have overblown my importance. And as for 'my seed being numbered as the stars,' that is not of any importance. Although I am understanding that your meaning is deeper, and I am unprepared to answer. Another question?

MIRIAM: Abraham, may I ask you: Like procedure-wise, if I have any questions about the upcoming Nashville Teaching Mission Conference, would you prefer I ask Ham? or can I ask you? Is Ham kind of like the go-to guy for this Conference? If I were going to ask and you were going to answer, my question would be: Do you have any guidance for us, as a group, with the upcoming Conference in Nashville - 'The Brotherhood In Action?'

ABRAHAM: Questions to me are acceptable, and I would say that Ham is more knowledgeable about this upcoming Nashville Teaching Mission Conference. I am always one to promote fellowship, and this Conference would be of benefit concerning your fellowship. It is not my place to ask you to attend, though you each already know where that information should come from. But yes, Miriam my daughter, you can feel free to ask me anything. I would do my best to answer.

I am slipping. I would ask next week for you to feel free to ask more personal questions on relationships and how we can help promote the brotherhood. My love is always with you. I will attempt to assist you throughout this next week. Shalom.

Walls of Self-protection Are Shadows Of Non-Reality

Abraham, WOODS CROSS GROUP 01-19-1998

Back

I am ABRAHAM. Welcome to you, my friends. It is always my great privilege to be here with you. I am quite aware of the difficulties regarding relationships. My experience helps me to better teach. My spiritual path has been a wonderful teacher in that I've learned various concepts that would bring me to this point in my eternal career to be here with you - unseen, but believed.

I can say, my appreciation for you each goes beyond words. Your faith in me as a teacher enables me to excel in my position. I would also express my faith and trust in you as my friends and co-workers.

Last week we discussed the reflections from relationships. Are they just shadows of judgment? or, are they guidelines to learning. We also discussed changing other individuals or building upon their awareness; this is always a challenge for me in my position. I must teach on many levels to bring about a balanced understanding. As you increase your awareness concerning relationships will you be able to better withstand your fellows' critical judgments and continue to teach and spread the good news.

In this day and age of aesthetics, we feel obligated to maintain a certain status or reap the consequences therefrom; there is a fear of drawing too close to individuals who may discover you are not all that you pretend to be. You, and others you know, desire to be accepted and are sometimes in fear that your genuine self is not complete, is not enough; there are many individuals who live their whole life and do not recognize this – there are those shadows of non-reality, shadows of self-loathing, and shadows of being inferior.

In these shadows, there is that extra energy put forth towards creating a screen of sorts; a screen that would appear to be 'good and accepted;' a screen that shows what you would have people know about you. Are you seeing that this screen is also a shadow of non-reality? My point in this lesson is simply this: With all the energy put forth to create screens of beautiful imagery, there are walls built, there are barriers which keep others at a distance.

Some feel these walls to be a safeguard against their fellows' rejections. Some feel these barriers keep others from knowing their shortcomings or faults. Do you see, in building this wall it does not block others out so much as it blocks you in. In keeping a safe distance from your fellows there is so much experience missed, so much that you could know that you otherwise forfeit.

As I have said, my experiences regarding relationships have made me to better teach. Your relationships will also elevate you in your spiritual education enabling you to also better teach. All must experience relationships, relationships of every kind. All your experience is valuable, and the walls built are indeed a detriment to your learning, to your understanding, which would only be of benefit to you.

For whatever reasons one might build these walls, they minimize your participation on the cosmic circuits. You may possibly be delaying some spiritual learning – this is not to worry over, for every chance is given to gain experience; and yet today on this world, relationships seem to create more sorrow than ever before. I would wish for you to feel that joy of being free from these walls of self-protection and, experience the Father through your fellows. It can literally double your joyful experiences. Hold not your fellows back from you. Be not afraid to step forth with a smile of friendship and willingness to be open.

The apostles of long ago had their Master whom they loved dearly; and without their fraternal feelings towards one another, their mission could not have met with the same success. The apostles learned to tolerate one another and allow closeness. The apostles had a real friendship, yes, and this made the difference in their spiritual progression.

This week, I would ask you to attempt to remove any barriers from those you know. Fear not to step forward with that inner spiritual light leading the way. Allow yourself to experience that joy that comes from superb friendship – real friendship; honest friendship. Worry not what you may think others would take from you, focus on what you could perhaps give to them. Are there questions?

NORWOOD: Abraham, I really enjoyed your lesson. I wasn't here last week, but after

reading through it tonight and then listening to what you had to say, I was sitting here thinking about a multitude of situations and life experiences that I've had in the past few years. One thing that keeps coming back to me constantly is the abilities I have, or don't have. When I am talking to an individual in person, at work, and I am sometimes frustrated with them – not by them personally, but with what they are doing. I don't want to attack them, but I want to let that person know that they are doing something wrong, a situation they need to correct. On one hand, I really understand what they are doing. On the other hand, I don't want to hurt their feelings. I don't want to attack them and make them feel anything less than what they feel about themselves. I don't want to be part of that; I find that a constant hindrance to me. I don't know if it is called openness honesty – some people call it that; I call it attacking the person's self-worth. It has happened to me in the past from people. So I'd like to see if you could comment on this.

ABRAHAM: Understood. Your speaking on this topic already points you in the right direction for more understanding and improvement. It is difficult when you know another is making errors and something should be said. You know that the Master's words were not always soft and kind. At times He was passionate about His feelings toward the wrong-doing, but yet He refused to degrade another's character. There was always an appeal to the wrong-doers' heart. Always was the Master attempting to turn the wrong-doer inward to look for the correct answer. Jesus did this with questions, such as: "My friend, are you not aware that this is detrimental to this person?" Or: "You are knowing in yourself what the right answer is." Do you see, He would put forth a faith in that wrong-doer, a faith that He had that they could make the right choice; the faith that they could make direct contact with their indwelling Father. Jesus did not tear down the wrong-doer; He put forth questions appealing to their inner light – and this was sometimes used in a gentle and charming manner, but also, yes, did He use a harsh and truth confronting manner at times. You, Norwood my son, have many aspects of the Master, and most of the time do follow in that direction. There could perhaps be a time or two when there was a bit of frustration that would lead you to be sharp with others – and sometimes this is necessary and good; also, it is a possibility that these were opportunities to just 'show what you know.' I can only say now, that where you are in your life you have been trained to be there, and you do well. Another question?

ERINSON: Father Abraham, as the Hebrews would say. I've got a page full of questions; maybe you can indulge me one: Enoch is reported to have been seven generations from Adam, several centuries before you. Do you know him on a personal basis?

ABRAHAM: I do not, on a personal basis, no, but I do know a little about him. Another question?

RACHEL: Father Abraham, I think we have been a little negligent tonight. We haven't introduced our two newcomers. Doug and Sherri. I thought maybe they might have a question.

ABRAHAM: Certainly. Welcome to you.

SHERRI: Abraham, thank you very much. I have a question that doesn't have to do with

a relationship, but I have been thinking and I have wanted to ask you for a long time. Is that okay? (Abraham: Certainly.) Sherri: This goes back to when you were on the Earth in your Abraham body – I am really confused about our Father: Did He honestly ask the people to give Him blood sacrifices, or was that made up by people in fear? Did our Father honestly want His children to have the fear of God in them and give blood sacrifices? Did He ask that? or did we make it up?

ABRAHAM: No, Father had never asked us to sacrifice anything. Through years of evolution, it was once thought that there were many gods, and each god having a different personality, different likes and dislikes. The people believed it was necessary to give the gods their favorite gifts. It was, yes, invented by man's evolving belief system. As I learned from my friend and mentor, MachiventaMelchizedek, there is only 'One God,' and He asks nothing material of us. He would not ask us to sacrifice one thing, unless you could call 'love' a sacrifice. Father deeply loves His children and desires their love also. But even this is not necessary, nor would it take any of Father's love away. Yes, is this answering? (Sherri: Yes. Thank you so much.) Abraham: You're welcome. I appreciate your patience and dedication to our Mission.

I will attempt to assist you with this particular lesson during the week. My love goes with you. Until next week, shalom.

More on Relationships. To Have a Friend One Must be a Friend

Abraham, WOODS CROSS GROUP 01-26-1998

Back

I am ABRAHAM. Welcome. How blessed am I to be here with you again listening to your discoveries in soul growth. Again I would like to pledge to you my devotion to you each. When we first met, my devotion to you was somewhat on a non-personal level – more like a teacher/student level. Tonight I would say I can feel the real friendship between us, yes, our Mission with one another is personal and our dedication has grown. I sincerely believe we shall have a long and loving friendship with each other.

It is my understanding that your week of varied experience has proven to be spiritually fruitful pertaining to our lessons. I can see your efforts to remove those barriers of self-protection. You are beginning to see how you miss a great deal of our Father's joy by not allowing your true self to be known and not allowing yourself to get to know others.

It is said: "To have a friend one must be a friend." The walls of self-protection prevent you from putting forth effort to show yourself friendly. To have a friend one must extend themselves towards others; yes, there definitely needs to be some effort put towards this – chances must be taken, perhaps a little discomfort must be felt. Without this effort – of daring to chance, to extend oneself – there is something of a repellant that you radiate towards your fellows.

To extend yourself in friendship is not a contract for people to take advantage of you, no. To extend yourself in friendship is not an inconvenience waiting to happen. To put forth your best effort towards being a friend is to ask for Father to participate. To be witness to this participation is truly worship-inspiring.

Jesus was a true friend and worried not about the baggage that might come with each person He met. He was always extending Himself in friendship for the complete joy of knowing His fellows and feeling the Father's participation in the friendship. "Where two or more are gathered in my name I shall be there," was a favorite saying of Michael's. It is true that two, connecting in friendship, do literally join the cosmic circuits.

When friends are concerned neither with putting up screens of non-reality, or attempting to be someone they are not, there is a mutual agreement that each is accepted for who they are, there is a comfort. This comfort is only bringing out the best in one another. There is no judgment, there is just friend to friend interaction and acceptance. This is where friendship becomes spiritual. This is where perhaps our Father, or Michael's spirit, could be allowed to participate, to perhaps speak in assisting some difficulty, or adding to the joy that is felt by the interaction.

I would ask you this week to review your friendships. Is there a holding back? Is there perhaps fear of baggage that may come with certain friendships? Is there a friendship between you and your indwelling Spirit? or you and our Spirit of Truth – our Creator/Brother/Father, Christ Michael? In your journaling, attempt to distinguish your friendships – those that are on a spiritual foundation versus those that are not. Note the Father's participation and the joy received therefrom. Are there questions?

CALVIN: Abraham, in our relationships per the internet with our new cyber acquaintances (for instance), there seems to be a lot of good learning going on. It seems this way for me anyway, in my interacting with these friends that I don't even know 'physically/personally' like we know each other here in our group. I am getting to know them very personally, in their expressions – usually through their postings. You have taught us before that when someone steps on your spiritual wings, or clips your spiritual wings, not to lie down but to stand up for truth; and yet on the other hand, we are also taught not to try to change one another and say: "This is the way it is, you should look at it my way." Could you give me maybe just some tie-in together on that? I think you are well aware of what's going on with my postings and sharings on the Teaching Mission Internet chat lists, how that's going. Quite often my interactions seems to stir up controversy.

ABRAHAM: I am aware that you do well acting from love and avoiding anything ego-based. It is apparent that you wish to serve through this method of communication by means of goodness and you know that your messages have been both understood and misunderstood by some. You are certainly free to act upon your desires, and those that can understand your message, will. You are coming from a place of loving service and know full well that credit will not be rendered – you do well to act as this for your indicator. It is acceptable to act upon your desires to serve as long as it feels it's from a loving place and not a hidden agenda of the ego. To desire to spread good is truly beautiful and yet, I can say not all will read your message in the same meaning as you put it out. Is this answering?

CALVIN: Yes, very much. I read a letter before our meeting this evening from David

Linthicum of Oklahoma - words addressing the Urantia Foundation and the Teaching Mission. He published it on both lists. What a beautiful letter which we all shared here tonight. This gentleman has in a short time caught the whole spirit of this 'brotherhood of man' concept. So beautiful to see back through another's eyes how he perceives, both Urantia Book understandings and the Teaching Mission - through your lessons and other's lessons. Any words you might have for David?

ABRAHAM: Yes. David, it is known to me that your searching has been quite extensive, and you are finally feeling at ease to take a moment to filter your new information through your intellectual mind, as well as your spiritual heart. Your desire to serve is known and I would say, that time is drawing near. There are perhaps some concepts of the past experience with religion that needs to be brought to the forefront of your mind and filtered through the intellectual mind and the spiritual heart. There is to be an understanding to take place - a cleansing, so to speak. Worry not, this is to be a joy-filled experience. I would be so honored also to maintain a friendship with you, my son. That is all. (Calvin: Thank you very much, Abraham.)

ALAUNA: Yes, Abraham, it's not so much a question. I have been thinking about when we first started the lessons on relationships. My brother, who we all miss dearly, was a wonderful teacher the years he was with us. We learned a lot about relationships through him throughout my lifetime. I did learn a lot about relationships between parents and children, husband and wife, and these kinds of relationships that happen here in this group. My brother had a great faith that I didn't have for a long time about our relationship with our heavenly Father, and I think this is the most important relationship that I have come to realize since he has been gone. I know part of it has been because of his influence. Now tonight, in talking about bringing down barriers, what I kind of see, in my part of this Mission, is that in my relationship with people which I meet every day, I think the most important thing is that I can teach them or help them see, is about bringing down barriers between them and their personal Teacher - between their Father and themselves. I don't think I can hand them a book or a lesson, or anything physical that would convince them of anything different than just to give them the opportunity to open up their own relationship and let them learn through whatever source they learn through. Maybe I am limiting what I think my mission is, but my question is: Is that's the only part I am to play in my Mission role? Do I need to do more? I think you understand what I am asking.

ABRAHAM: Yes, I do understand. You are saying that you extend faith in your fellow's ability to know the answers for themselves. You make that known to them. This is indeed, valuable. It is a barrier brought down just to have people know that you view them as an intelligent child of God, and that is truly beautiful, Alauna. I would say to you that I also have faith in you to know your inner Father, and be able to know what He has planned for you concerning your mission. Your instincts on your mission are correct, and yet there is still a slight holding back. You are learning to recognize that connection between you and your Father, and are able to go beyond that in leading your fellows to their inner Father. This is quite wonderful, yes; and yet your training goes beyond planting seeds - to tending to the first beginnings of growth, yes. One more question?

RACHEL: I was just going to say, Father Abraham, I certainly consider you my very loving friend also. It is just wonderful to have you teaching us. I do have a lot of other mortal friends that I am very proud of, and which I think a lot of. I was in contact with so many of them over the holidays – no matter what state they were in I was in contact with them. I thank you for these lessons on relationships.

ABRAHAM: I also thank you, Rachel. You have been a wonderful friend to me over these years. Your faith in me as a teacher and friend has allowed us to feel the joy from connecting with the cosmic circuits and feeling that spiritual essence therefrom, yes. Thank you, Rachel.

I am indeed concerned with each of you as my friend. I do endeavor to know you more each week and I am available for conference if you should so desire. You will know when I am near. My love is with you. Until next week, shalom.

A Real Friend Helps You Excel. Beginning Lessons On Forgiveness
Abraham, WOODS CROSS GROUP 02-02-1998

Back

I am ABRAHAM. Welcome to you, my friends. I am happy to once again be here with you. I often think of you each and make effort to have personal interaction. I must say, your friendship and faith in me leads me to excel in my position as a teacher, and personally as your friend.

Last week we discussed reviewing your friendships and techniques on how to improve them. It is amazing how you can distinguish acquaintances from real friends – those that would just be aware of you as a person, versus those that are interested in you personally and make efforts to become close. You can recognize a real friend in that they would bring out the best and most honorable in you. A real friend would relish the thoughts of acting as a steppingstone to help you excel.

Yes, a genuine friend seeks to help inspire you to be your best, and accepts you when you are not at your best. It would be completely wonderful if all our relationships could fit this description, but more often than not in the world today do we find fierce competition in our relationships. One who would claim to be a friend might be fearful at watching you excel. Their fear may be that your success would take you above them and they would perhaps lose your friendship.

There is jealousy in some so-called friendships that would perhaps cause a holding back and a creating of barriers. Many friendships which do not stem from a spiritual foundation, embrace spirit poisons – fear and jealousy being two of those spirit poisons. Needless to say, friendship based on a non-spiritual, or spirit poison-based level, does not receive as much of Father's participation. Father does attempt to break through to assist, yes; and yet, cannot go where He is not invited. The genuine friendship always enjoys Father's participation in elevating understanding and receiving the joy therefrom.

You all have experience with certain individuals who have held you back or assisted in bringing out those things opposite of truth, beauty, and goodness in you; you have felt the disappointment or embarrassment over showing this negative side. There is always temptation to put blame on your counterparts – and this is certainly

understood. I would, though, say to you here today that you, having entered the Father's kingdom, are becoming well equipped to counteract these negative interactions.

Those who have been born of the spirit know a new and better way to deal with your fellows. Having died to the old ways, you are set apart from using negative tactics towards warding off those who bring out the worst in you. Having been reborn and reconnected with the Mind of all minds, you are privileged to hold certain immediate information from Father who would seek to assist you while enlightening your fellows.

Upon such encounters of negativity, waste no time to check in with your Father and immediately ask Him for help. If one you know is not likely to join you on the circuits with Father, then you must make a commitment to stand there with Father on your own. This provides an immediate shield from those spirit poisons that would chance to overtake you.

This evening, I would ask that we move our discussion into the area of forgiveness – forgiving and being forgiven. It is almost confusing in a way, that once you have dedicated your life to the Spirit, that there still fosters within you an unforgiving attitude towards certain individuals. I mean not to say that all here experience such unforgiving attitudes, no; I mean to help those with difficulties in past events that you would find difficult to let go. The act of forgiveness, on your part, is somewhat like the ‘born again’ experience wherein you would acknowledge the event as real.

Understand that your Father possesses all power to transform these real events into meanings and values; to create feelings of release and relief; and at last, that joyful worship that flows uncontrollable from you – the most excellent gratitude. This ‘learning to forgive’ is not always immediate, and perhaps may not even happen in this lifetime, but I can guarantee you that all things are healed, in time. All things are to be understood.

This week, I would ask that you continue working on your understanding of friendships and look honestly within to view any vengeful feelings of unforgiveness. Ask for Father to be involved in every aspect of your mortal living – the good and positive along with the bad and negative, and allow the healing to begin. Have you questions?

ERINSON: Father Abraham, I have a couple questions designed to become better friends. I think I am at a disadvantage in that I think you know more about me than I know about you. Would it be inaccurate to call you Master Abraham?

ABRAHAM: It would be perhaps a bit confusing in that it puts me higher than my students. I would not ever assume myself to be at a higher position in the kingdom than my friends whom I love dearly. Your meaning though, as I understand, is Master – meaning Teacher. I would answer to you, my friend, to whatever name you may call me.

ERINSON: Thank you. Would you say a word about your associates or your family,

fellows – anything, a name or the number. I live in a family of two for example, and I work in a company of fifty, so could you tell us something about that?

ABRAHAM: My close associates consist of those in this Teaching Mission – other Teachers. You, my friends and students, are what I would deem my family. There are numerous seraphim, midwayers, and Melchizedeks, that I am in close association with. I find it difficult to put a number on those whom I am close to. I do understand your question and can verify to you that as you ascend in your spiritual levels, family members will increase. One more question?

MIRIAM: Abraham, I have a question about tonight's lesson. Are we still going to hang with the relationships topic, or are we moving on to forgiveness, because this is kind of a lengthy question? If we can cover it later then I don't want to take up everyone's time by asking the question now.

ABRAHAM: Yes. Forgiveness is a branch on the tree of our lesson series on relationships.

MIRIAM: Then may I ask a question tonight about relationships before we move on to forgiveness? (Abraham: Yes.) Miriam: The negative/positive thing – I love this suggested tool of standing with Father and having an immediate shield. A place that I get to in relationships with family members, friends, and just people out in the world, is judgment. Like me thinking I know what they ought to be doing. It just doesn't feel good. I was going with the thing like when someone mirrors something to me that is negative then I must have that in me. I don't know how to describe that whole judgment thing, but I really don't understand it. This sounds like a very simple thing to ask for Father's help and stand with the shield to block the negative so you don't get the negative flowing into you. I don't know if I have stated that well, but my question is about that, about that judgment thing. The cool thing about the judgment thing, negative thing, is that it does make you do inner work – that mirroring thing makes you do inner work? Is that still a good approach? or is it best to just to ask for Father's immediate shield against negative energy, so to speak?

ABRAHAM: Yes. First I must say, we will continue on the lessons of relationships. Forgiveness is part of relationships. Much of our lives are spent attempting to heal past wounds, to correct certain wrongs. It is within the human mind to seek out individuals who would best fit our description of helping us heal; and much of our mortal lives are spent searching for that one person. I say, through knowing the Father and attempting to keep a close connection with Him, enables us to not seek for those who would 'heal' us, but to seek for those who would share the divine experience 'with' us. The reflection factor you speak of is real, and a great tool for understanding, yes, but not so solid as to make major life decisions over. One moment, I am slipping. I am asking that you reach for Father's immediate guidance and connection. This, stillness and meditation, is a technique in which we are less likely to be pulled from the cosmic circuits into participating in the spirit poisons of the mortal world. This you speak of is seemingly a simple procedure in dealing with your fellows. It becomes more difficult however, in that area where there is always that tendency of the ego to go more towards the animal instincts.

I would express to you my love and confirm our meetings during the week. My love is with you. Until next week, shalom.

Forgiveness, Justice and Correction. There Will Be Correction, Truth Will Be Known
Abraham, WOODS CROSS GROUP 02-09-1998

Back

I am ABRAHAM. What a most excellent energy I can literally see and feel coming from this room! How magnificent it is to see you each interact on and through the mind circuits. You cannot imagine how your thoughts and intentions travel and create such beauty along the way. Even the most unpleasant events in your lives are made more bearable through your relationships with one another.

Your relationships with one another here make the most use out of those things Father has made available in the universe. It is most desired by our Father that you take full advantage of any spiritual assistance He provides. The circuits, seraphim, adjutant mind-spirits, midwayers, and supernal Teachers - these are a small amount of those forces available to you to draw upon on your mortal journey. With your indwelling Father as a compass, there is all things possible through Him - this includes 'forgiving.'

Forgiving has become distorted in definition in that the thinking of - 'to forgive, one must relinquish all feelings of pain of being wronged.' Your indwelling compass, your Father, would not for one moment ever deny your pain or minimize what has happened to you. Also has forgiving been associated with 'invalidating occurrences that have hurt,' and to that I say, forgiveness is not invalidation, no.

For you to be forgiving is not to paint a lightness over the dark, no. In forgiving, it is necessary to work through the pain. Know that your Father validates your pain; your pain is noted and recognized. Emotions following this are natural and you need not fight the process.

Forgiving is for you, not the one who has wronged you. Your wrongdoer may not even be cognizant of the impact they had made. The universes see to the justice due to each person, and you can know that at some point all wrongdoing is made known. You each have experienced this knowing, or delayed recognition of wrong-doing - and yes, there was regret or remorse.

I can guarantee that the Spirit of Truth is one unstoppable force that sweeps through the world today at an accelerated rate of speed. There shall be correction, yes; the truth will be known. To hold vengeful feelings and seek redemption from your wrongdoers is not to be your burden, no. Those spiritual forces that are available to each mortal do not fall short on job-performance, no, they are fully capable of creating the best experience to bring about those meanings and values needed for each particular wrongdoer.

Know this, that your pain is validated; the wrongdoer is in the hands of our Father and you need not put yourself in a position to seek redemption. Your Father is a compass ever pointing you in the correct direction through your internal feelings. As you progress spiritually, you can begin to have trust in your spiritual feelings, your emotional feelings.

There is always a need to keep the ego in check, and I do say that Michael, our Creator/Brother/Father, is an excellent source for showing you the hard truths. The apostles used to often claim that the man Jesus was 'beside himself.' It did not appear to them that the Master had such a perfected communion with our Father, and that those unpleasant things that stemmed from his fellow's ego did not weigh Him down. Jesus was, yes definitely, beside himself, allowing Father to fully take control in every situation. Jesus often found that at times it was not His place to forgive those that had hurt Him. It was His place to remain open for Father's understanding.

Do you see, those that have wronged you (intentionally or unintentionally) have reasons and underlying motives for their actions; there are character habits they continually act out and Jesus knew this in His fellow mortals. He left the forgiveness to Father; and in that, He remained open to Father's understanding concerning His fellows.

This week, I would ask you to attempt to recognize those various spiritual forces that assist you. Know that Michael, your elder Brother has indeed, firsthand knowledge of your experience and stands by ready to assist. I would also request that you continue in your fruitful discussions each week. Know that your thoughts and intentions travel outward creating much beauty. A few questions?

ROLAND: Abraham, you touched on that the adjutant mind-spirits are also there to assist us. Two of them that I am thinking of right now are wisdom and courage. It seems like the Spirit of Truth, the Holy Spirit, and the mind circuits are all provided by the Creative Mother Spirit, and that She maintains all those on Salvington. Do we specifically ask for assistance from these different entities when we feel spiritually inclined to do so?

ABRAHAM: Your requests would not be specific to the mind-spirits, but to Christ Michael or Mother. The adjutant mind-spirits are not so much alive as an entity, but alive as circuits, separate and distinct energy field circuits. Does this answer?

ROLAND: Yes. I'd like to pursue that. I remember this vision. There were the seven adjutant mind-spirits, and surrounding them were the four and twenty sentinels. What do sentinels do?

ABRAHAM: I am going to tell as much as I can. The sentinels are guardians, so to speak, with various functions within the universe. Their roles are ever-changing with the evolution of the universe. Their roles are more flexible and they are not as formal as they once were. This is my understanding. Another question?

ROLAND: About three months ago I asked you about the four directional creatures and you deferred me to another time. This seems like a good time to do that because that is all part of that experience. What I saw was that these four directional creatures were on Salvington, and they emitted some kind of a magnetic field that made Salvington the center of our local universe and made it possible for whoever was traveling from one sphere to another to navigate to those places by the directional spirits, much like a homing pigeon does on the earth. They just have that kind of an

energy that gives off negative and positive energy (positive and negative – negative and positive) that would make it so that we could navigate to Salvington where we all end up before we transcend this local universe. It seems to me that what I am getting in all this is that there is another set of such on Havona, the four directional creatures, which brings us, after this grand-universe career, into Havona – much like there are those parallels between the Father, First Source and Center, the Eternal Son – and, divine Mother and the four directional creatures. Have you had an opportunity to research that?

ABRAHAM: Yes. You are correct in your understanding. The directional creatures do encompass an energy bestowed to them by our Father. Many believe the universe to be chaotic and haphazard. I would confirm your understanding that at some point in your eternal career there will be assistance from these beautiful creatures. These creatures are ever devoted to assisting beings in ascending in their eternal adventure. There is not one thing more important to these creatures than helping each individual to specific points in the universe that pertain to education and spiritual growth. This is the extent of my knowledge. Does this answer?

ROLAND: Yes, it does. It is another manifestation of the beauty of the creation of the universe, and for us to have that enlightenment we have at this moment in time, and to learn it from you, is very gratifying. Thank you.

ABRAHAM: Indeed. My gratitude to you also for your participation in helping to broaden our interests, yes. Another question?

MIRIAM: I shared last week something that I had journaled. I had prayed to the Mother Spirit; I had been doing it throughout the day whenever my energy was getting low. I literally, figuratively, felt buoyed. I felt like it was proper to pray to the Mother Spirit, and I did get feedback. Now to hear Roland ask this, it is neat to hear and learn more and more of the choices and everything that is available. Thank you.

ABRAHAM: Yes. It is acceptable to request Mother's aid on specific topics – such as those things that relate to groups or races. She is quite active in assisting Christ Michael in bringing Urantia closer to Light and Life. Yes, your communion with Her is wonderful.

I would take my leave and give to you my love and appreciation for your devotion to the cause. I will continue to communicate with you each throughout the week. Until we meet again, shalom.

Lean Upon Michael For Forgiveness and Healing
Abraham & Michael, WOODS CROSS GROUP 02-16-1998
Back

I am ABRAHAM. How blessed am I to be witness to your discussions. Even as I listen, I learn. Even as I participate in your discussions, I rejoice at our Father's grand design. I feel that each time we meet and learn we come up against more difficult concepts; and from there, also is more joy and gratitude from those forces that continue to assist us.

To understand the concept of forgiveness there needs to be those occurrences in daily life that would educate you and create in you the desire to ask questions. The lessons on forgiveness are mandatory. Those occurrences that require forgiveness are painful, yes; and yet, I say you need not dwell in them alone. There is understanding when the time is right – that is, when you have had the experience, have had the desire to ask questions, and have stepped aside for Father to teach.

It is true that at times you feel a bit more mortal than divine; and yet I can say that you have the most divine mind at hand to assist. I give you our Creator and friend:

MICHAEL: I am your Brother/Father. I would be with you here this evening to bid you an invitation to accept my assistance and to have use of my forgiveness. I indeed know firsthand of the disloyalties of humankind. I experienced the worst that man has to offer. I also had spent much time in meeting my fellows while in the flesh. I made effort to be in close contact and show interest in each mortal I contacted. I spent many hours in observance of my mortal counterparts, and I learned much through this process.

Without judgment, I took in all that Father could show me about humankind. I had met the very least to the greatest, of humankind. I had remained open to understanding the human psyche, habits, and thought patterns. I was indeed one of you. I am inviting you now to be one with me. In your daily meetings with your fellows, I would assist you in a twofold understanding of them: one being human – the other, divine.

My days on Earth taught me that there are many varying levels to human living: There are those that are quite connected to the animal-self; there are those who are struggling to get by; and, there are those who are challenged by mortal living and conduct their daily business with either positive or negative.

In understanding humankind, I found within each one I met, a most lovable aspect of their being. I literally learned to recognize this in my fellows as I became closer to my Father. I find that within each soul there is the creation of the Father who is in heaven, and who dwells in you.

I have seen the most evil in humankind. My one desire is to help – not to condemn or pity or dismiss, but to assist, to bring light, to bring love. I would find forgiveness to be a most valuable exercise in mortal living.

He that would save his life, would lose it. He that would lose his life for the sake of our Father, will be saved – meaning, those willing to turn in their ego would then have clearer vision for finding spiritual meanings and values. Those that do not have questions, receive not answers.

I would put before you today an offer to receive my understanding of your mortal counterparts; and, to aid in the healing exercise of forgiveness. My resources are yours. I am ever close for you to receive that validation that you need – to give ear while you speak of your pain; to give comfort and begin a healing process. To seek this comfort from your mortal friends or wrongdoers, is not a divine choosing –

but rather, a human need to receive immediate healing or satisfaction.

I am in understanding of the road you must travel. I rejoice in the fact of my experience on Earth – even if only to bring you my understanding, love, and comfort. Know that you have a vast resource of spiritual assistance. It would be my honor to incorporate my understanding with yours. My peace be with you, my love also. Carry on.

I am ABRAHAM. We are genuinely humbled in the presence of one who portrays perfect humility. To be assisted by one who upholds the universe is enough to make us small. Our love and gratitude to you, our Brother/Father Michael. Your lesson on forgiveness is so much more, having your own mortal experience to draw upon to incorporate in our own daily living.

I would gather, from Michael's discourse on forgiveness, that His experience on Urantia was very valuable wherein He observed various human personalities, became understanding of their habits and thought patterns, and recognized that there lies within each soul, warm and loving attributes. In all His understanding there was no need to aright the wrongs in each one He met. There was only the wellspring of love that flowed continuously through Him from our Father. Jesus has a keen interest in all Father's creations and questioned not His Father's judgments on them.

Michael has offered you to utilize His understanding and mortal experience to assist you in this valuable exercise on forgiveness. My request/suggestion for the week would be to attempt to gain the Father's understanding of your associates, friends, and relationships. Know that Michael is unlimited in energy, and there is no exercise on forgiveness that is too meager for Him to be privy to. Allow Michael to extend himself in service and observe how your understanding grows. Are there questions?

CALVIN: What a most wonderful honor to again hear from Michael. From our discussion earlier, Abraham, and in trying to understand His life on this world, are there times when Father would – through the mind of Jesus, and/or through us – have us stand up quite boldly and confront a fellow over an issue? Or, does that border on the line of trying to change them? Are your teachings saying to simply love them, and allow Father to move in their own life? Or, are you saying sometimes we should speak up sharply and boldly with 'tough love' so to speak. I am sure you understand my question better than how I present it?

ABRAHAM: Yes. There were indeed times where the Master acted out sharply, and He did this through an understanding of Father's will. Yes, there are times where Father would so fill you with such desire to boldly put forth into action certain needed changes. The Master, who spent time in solitary communion with Father, was quite close to Him – meaning, at those times when it called for quick thinking and action, there were no thoughts of hesitation; there was only the thought of taking action for Father's glory. In the Master's life, He lived each moment in the joy of glorifying the Father. Is this helping?

CALVIN: Yes, it does help. I believe this would take quite a disciplined mind and pattern-adjustment for us.

ABRAHAM: Yes. As the Master said, the exercise is always strengthening you to receive more advanced lessons. Another question?

ROLAND: Abraham, I was going to ask a different question but my mind is so absorbed tonight by hearing some of the things that we heard. I'm in recognizing that we are sort of opening the envelope of spiritual understanding – an understanding that is on the outer edge of what the body of understanding is on this world of Urantia. I find that within my experience, the expressing of these ideas, expressing these spiritual constructs and truths as I see them, I have alienated a lot of my old friends, even family. I am wondering if that is necessary? or if I am doing it in a wrong way. I seek your advice.

ABRAHAM: Certainly. My son, I do believe that with some of your fellows, that no amount of softening of words will better the relationship. Yes, some you know shall fall away, and there is not much more you can do to remedy this. People are growing, always; and at times this growth is away from one another. This is not to be negative if you have exhausted your human resources and given your fellows over to Father in prayer. Yes, when genuine effort has been made, there is only moving on. Mortals you need to be in connection with – Father will assist, yes, and make situations where you need to be in connection with them; and those that somehow slip away are not to cause you emotional pain. Is this answering?

ROLAND: Yes, it is. Thank you, my brother. I know Michael knows this, but I accept His invitation for Him to be part of my life. I accept His invitation to assist me.

ABRAHAM: As do I, my son. Yes. Well done. One more question? [No further questions.]

I am in a state of joy at the enhanced picture I have of the kingdom. I am made to rest with the assurance that our Brother/Father is in complete knowing of all that we must accomplish. I would give to you each my love, and assist you throughout the week. Until next week, shalom.

Our Co-Creator Mother Gives Her Full Support to Urantia

Abraham, WOODS CROSS GROUP 02-23-1998

Back

I am ABRAHAM. Greetings. It is always a pleasure to be in your company. It is your faith and desire to learn that brings me back weekly as your Teacher. It is your kindness, love, humor, and openness that brings me back as your friend. I am filled with such gladness when I am seeing the bigger picture that Father has put before me.

Our Mission is growing beyond teacher/student relationships to personal friendships. In a friendship, we put away those shields that would guard against anything undesirable. In a real friendship, there is more understanding to gain by the trust and love therein, which moves us to a more enhanced method to learn by. Our trusting friendship broadens those lessons Michael has planned for us – lessons wherein I am able to reveal a little more.

We are learning to utilize Michael's forgiveness regarding our fellows. Michael's

forgiveness is not weakness, or simply tolerating, or even mercy, no; Michael's forgiveness is complete faith and trust in Him who upholds the universes. Michael, having experienced the many bestowals, has a vast amount of experience of which you may draw upon, yes. Michael's bestowals were viewed by many who were able to use this information via the circuits.

Urantians, having come through the period of isolation and now being reinstated into the fold of Nebadon, have available to them the knowledge of Michael's bestowals – all His bestowal experiences with the different orders of life. To you here now, you have access, more-so than ever before, to the mind and experience of our Creator Son.

Mother, Michael's divine co-creative partner, makes available to you increased knowledge from the experience of the Supreme Being so that you have an inner-knowing of universal evolution as well as planetary evolution. She is a wonderful guide to you that would evoke Her ministries to have an understanding on how the universe operates. Mother is indeed one of Michael's valuable resources that is available to you.

Our lessons have concerned forgiveness; but I would take a moment to reflect upon the relationship of Michael and His Co-partner – the Creative Mother Spirit. Michael, being one who portrays perfect humility, would not assume to sit on high and receive sole glory as one who is in a superior position, no. Michael is always telling us that He did not become the Creator of a universe through His own doing, no. There were those upholders that enabled Him to take leave of His administrative duties in order to gain that experience which would deem Him the Creator of a universe, yes, but our Beloved Mother was at the helm.

Without the support of our Mother, Michael would not have attempted to go beyond His own limitations. Mother was a support and upholder of all He accomplished. Our Mother, in knowing Michael, had a deep and abiding affection for Him – not just because He gave Her the utmost respect and love, but just from knowing Him as a single loving personality.

Michael gave equal credit to Mother concerning the happenings of the universe. Michael, in His closeness with Mother, saw no other choice than to give Her His supportive affection. The divine pair were, and still are, a wonderful ideal in which to strive for regarding your own relationships. Mother and Michael are in such perfect coordination because they are knowing of one another in personal closeness, not because of the power each one possesses. There is an upholding of one another – not any type of holding back or jealousy because of status, no. There is a teamwork that adds to each one's abilities to move and be in the universe. Each one is made better by the support of the other.

It would appear to some that such a loving and equal relationship among mortals is unlikely here on a world such as Urantia. I can say to you it is possible to become close to this measure of mutual devotion – yes, this is possible. I can give you a guarantee that this type of relationship is entirely possible between you and your Creative Parents. To receive the mutual affection from our two loving and devoted Parents is yours for the taking.

To receive love based on your personal being and not on what you possess; to receive love in the highest measure just because you are, is a guarantee owed to you, bestowed upon you by your divine sources – Mother and Michael. To be upheld in your human undertakings by such infinite sources should indeed make you to rejoice. To be upheld, not held back, but to have liberty and spiritual creativity, is a gift to you.

We are moving to a new and expanded level in our teachings; this will require more hands-on experience. This does bring about some discomfort, yes; and yet, I cannot describe the extraordinary results that will be produced. I would ask that we keep our question time limited that you may discuss these words after our lesson. Are there questions?

RACHEL: Yes, my dear Father Abraham. This coming Saturday will be our seventh anniversary of our first day of transmission-receiving in this Correcting Time Mission. Out of the five mortals that were there to begin with, there are only two of us that are active. However, I feel that Jason (Doug Burdett) is just as committed as he ever was, and if I am wrong, please correct me. Often I have wondered how many spiritual beings were there with us that very first evening. I am fairly sure you were because the very next day Rebecca said that you had started to train her how to clear her mind so she could handle the receiving end of it easier. Do you have any words that you would like to say to us about that evening, or any time since?

ABRAHAM: My understanding is that this Mission training was in the making for some years before you started. There were various spiritual helpers consulting with mortals to bring about a mass correction. The years that were invested brought us to that night of contact, which was the first of many dominos to fall that would connect a human network with us on the unseen side. What great strides we had made; and yet, our experience was not always pleasant. Our Correcting Time training was not a time of ease; and yet, it was not as difficult as most thought it would be. I am certainly grateful for your participation, my daughter, Rachel. Your efforts were likened to those of our Creative Mother, the one who upholds and enable us to progress. Does this answer? (Rachel: Yes it does, and happy anniversary.) Abraham: And to you, Rachel, my daughter. Another question?

CALVIN: Abraham, David Linthicum, who lives in Tulsa, asked me if I would ask you: Since tomorrow night Dateline is airing a program about the Urantia Book-based Sedona group, Aquarian Concepts Community, a lot of people nationwide will be viewing this program. We seem to hold our breath on whether this program will be helpful or hurtful to the Urantia Book? David's question: "Is Tony there in Sedona receiving insight from Gabriel, and is that the planetary spiritual headquarters on the planet?"

ABRAHAM: It is my information that the Urantia Book will not be cast in a negative light and viewers will understand this story to be another common occurrence. I am told this area is not the spiritual center of Urantia and does not receive any more assistance than any other participants in the Mission. There was real spiritual potential in this area; and with regard to that, there is bound to be those who

crave personal glory and attention. This story will not be taken seriously by most of the viewing public, but will indeed turn individuals inward to listen for their own bells of truth. (Calvin: Thank you very much.) Abraham: You're welcome.

My friends, I would ask that you discuss the divine relationship between Michael and our Mother. During the week, take time to study their parental aspects towards you and be observant concerning our new level of learning that is taking place. My love is with you each. Until next week, shalom.

To Learn Forgiveness, Experience Is Necessary. Do Our Divine Parents Ever Need to Forgive Each Other

Abraham, WOODS CROSS GROUP 03-02-1998

Back

I am ABRAHAM. We welcome you here again. You are beginning to see the value in your group discussions. Worry not timewise, for tonight we have all that we need. Your discussions are an important part of these lessons.

Last week we spoke about Michael and Mother, and their divine relationship with us. I need to teach on certain topics such as forgiveness and yet, I endeavor to also teach with positive techniques. To dwell in the negativity of forgiving, defeats our purpose. I choose to reveal the relationship between Mother and Michael to provide an outstanding example of a successful relationship.

To learn forgiveness, experience is necessary. You will be experiencing situations where forgiveness could be used. Your faith and trust in Father and His divine support team will be called upon in situations calling for forgiveness. Forgiveness is our Father's plan. It is His divine overcare that knows what we need to complete our path to Him. It is altogether wise that you would appreciate His judgment, His all-knowingness, to see what results will be produced.

For you not to take forgiveness upon yourself is to be burdened by making judgments on another; and you would agree with me when I say that none of us is qualified to make such judgments. You can see, when forgiveness situations are given over to Father, the outcome is much better than you could forecast. In His all-knowingness, there is resolution for you and your offender; there are lessons that will be used throughout your eternal adventure.

It would be inconceivable to imagine Michael or Mother having need to forgive one another because of the supreme mutual love and respect they both have for each other. It is entirely conceivable for us to understand Michael and Mother. Yes, we can view Michael and Mother having no need for forgiving when there is such mutual love and respect; they enable each other to be at their very best, always. When Mother reaches a seemingly impossible goal, Michael's heart soars with great delight. Mother also finds delight in Michael's accomplishments; His joy is also Hers.

In the meetings to come, we will hear more from Mother – Her understanding of the universe, its upholders, and the Supreme Being. For this week, I would ask you to be aware if you are being an upholder? or one who holds back! Do you bring out the best in those you know? or the worst! What can we learn from the relationship of our

Divine Parents? How can it be put to practical use? If time permits next week, I would ask that you discuss these questions. For now, I would take a few questions.

RACHEL: Yes, Father Abraham. You said that we are moving to a new and expanded level in our teachings, and that this would create some discomfort. Would you mind explaining that a little more thoroughly? If I am going to be discomforted, I want to know.

ABRAHAM: Certainly. Discomfort – meaning doing things you have not done before; taking actions that you would be surprised by. New things always bring a certain hesitation, a certain analyzing. There will be strength where there hasn't been before; and, there will be courage, audacity and boldness, that you have not exhibited before. This is due to the spiritual forces that are so readily available to you. This discomfort mostly stems from the reactions your friends and family reflect to you. This discomfort, though, is always to produce positive results and not to be worried about. The discomfort signifies Father's mysteriousness and adventurous personality. Yes. One more question?

CALVIN: Abraham, in the discussion we have had with people this week – in the Urantia Book it talks about children who die and go onto the Mansion Worlds, a nursery world, and await a surviving parent. But it doesn't seem to address, that we can find anyhow, about a child who dies before receiving a Thought Adjuster who doesn't have a developed soul and/or a surviving parent. Some are of the belief that that child does not re-personalize; and others have a belief that not a parent, but someone else close to the child, or someone who has not had parenting experience, then has opportunity to continue on with the child in the parenting role. Many in the Urantia Book family believe that the child becomes as though it never was – yet, a part of the Supreme. Would you have anything to add to our dilemma there?

ABRAHAM: Each child born, being apart from the mother, has every opportunity to survive. Every potential soul is offered a chance to grow. There are endless caretakers for these seemingly orphaned children. There are those who see parenting as a great honor, as well as an excellent educational opportunity. Those who would volunteer are mostly mortals from the realms, such as yourselves. These spirit children are such a joy to behold, and their caretakers outnumber the children. There are guardian seraphim and other divine personalities who wish to assist, and find themselves with little to do because the once-mortal parents would wish to do everything for them. Is this answering? (Calvin: Yes. It is very comforting to 'fill in' that apparent mis-clarification in the Urantia Book. Thank you.)

ABRAHAM: You're welcome. I must say to you each that my love for you still grows, and I would be so delighted to partake with you the essence of our Divine Parents' relationship with you. To be an upholder to you would be my most joyful honor. If you decide to call upon me during the week, I will be available. Peace be with you. Shalom.

Our Divine Assistance Helps Us To Also Be Wayshowers

Abraham, WOODS CROSS GROUP 03-09-1998

Back

[Ellanor/Nina was presently ill and absent. Calvin was transmission-receiver for

tonight's meeting.]

My humble gratitude my fellow brothers and sisters. Greetings. I am ABRAHAM. I am most grateful to be present to hear your discussion. It is my observation that you learn most in these discussions wherein you open your hearts to each other in expressing your understandings, feelings, and viewpoints. It is always important to feel free in this family group to express your frustrations and pain. There are no mortal group settings more adept to hear and share your feelings than is a group of like-minded ascenders.

I am always ready to assist you in your personal understandings of your development – as individuals, as a group; and as well, this Teaching Mission, as pertaining to your roles in this Correcting Time. Our Father who dwells within, is ever-present and conducts your path-purpose; He is always attentive to your spiritual development. It is not His goal to make your life a bed of roses, but to challenge you with decisions to make that will enhance your spiritual growth.

Michael, our Creator/Brother, is the creator of life that gives you Father's experience. He, along with Mother, does prepare your opportunities. Michael, having lived as you now live, is most qualified to lend His guidance and support in your daily experience; His role, along with your Universe Mother, is all-encompassing to provide a way for your spiritual development and for the carrying out of your indwelling Father's will.

Michael not only provides the way by the way of creation, but through actual experience as the 'Way-shower.' His personal mortal life gives a pattern of example for all to examine and follow – not only you who dwell upon this world, but all His created children upon all worlds within the creation of He and Mother.

Our Mother has many agencies with whom She directs to assist in your experiential path. Our Mother is also conscious of your every yearning, ambition, and desire – as well as your sufferings, pains, confusions, and sorrows. It is through Her mind ministries which the currents of all Michael's creations are connected as one.

Do you see how Mother's ministry is effective in contributing to the Supreme Being? She is always directing Her many agencies for the benefit of Her children's well-being. Oftentimes mortals are confused and perceive God as harsh – even unfair, unkind, and unloving. Our Mother uses all agencies within Her domain to help Her children feel loved, cherished, cared-for, and watched over.

The strifes and confusions upon your unbalanced and darkened world have caused many to fear, which has brought about much pain, suffering, and sorrow. I am stating the fact of your material condition and will leave it at that for now. I choose again to dwell more upon where we go from here as new faith-born creatures of our divine Parents.

You who sit here this day do so not only because of your faith in our divine Parents but because of your desire to assist our divine Parents in this world. You have chosen to conform to the pattern of Michael as He lived the life you know as Jesus. It is well that you should be aware of all assistance which Father, Mother, and Michael have provided for your heart's desires. Each of you present is capable to

become the faith-son and daughter to your divine Parents in like manner as you perceive Jesus' Father/Son relationship.

I am willing to assist you in your individual roles as kingdom ambassadors. Many do assist me in your behalf via instructions from our Universe Parents – Mother, and Michael. I have carefully presented lessons which will assist you in becoming more spiritually developed and cosmically aware. With that foundation, you are indeed fortunate to join in the Correcting Time as 'wayshowers' as was Michael, as Jesus – and, as He, Michael, and Mother, continue to show the way to our Father.

I am most fortunate to be counted as your brother in this work; and I would ask that you think of me as such, your brother – not someone high above you. I know quite well this same relationship is also what our Creator/Brother Michael and our Universe Mother wish to have with you. We are aware of your struggles and wish for you to share them also with us. In sharing them with each other, keep in mind you are sharing them with us.

This week, I would ask you to feel free to express your inner feelings to your faith-filled brothers/sisters, and with we who seek to assist you. We are great listeners, and Mother is the greatest of Mothers to orchestrate to your needs. Think on the roles you have as 'wayshowers' and how the many universe agencies are available to assist you through our divine Parents' love and assistance. I will take only a few questions.

ROLAND: Abraham, as you know we had our conference in Florida; and I appreciate you being there to assist in the transmission between Rebecca, Amster, you and myself. The issue that comes out, with some of the things that were said there, is: In the processes of my seeking, my communications with the indwelling Spirit, I have not as frequently sought the advice of my personal spiritual guide, Amster. I was wondering if you could distinguish that for me. You could say if it's important to know from a Teaching Mission transmission than to get that answer from my Indwelling communication; how does that interrelate with a personal Teacher? Could you shed some light on that?

ABRAHAM: Yes Roland. It is a question many who are in this Teaching Mission have also asked. In our early days of development, it was quite a privilege for both Teacher and mortal – for the mortal to have this Teacher-connectedness, and for the Teacher to have experience of mortal connectedness. However, we have noted that many become attached more-so to the Teacher-assistance than to Michael's assistance and especially Father's indwelling direction. It is quite like a grade school teacher would take such care and time with a new school learner, and as the child progresses through elementary stages, the teacher becomes less and less the focal point in the child's further development. Amster is always available through circuitry to be of assistance. Her role in the Mission development has exceeded its initial purpose as well as your mortal role in creating a ground base for this teaching movement. Her continued role is to help foster other like-pattern ground-base developments as this Mission progresses, just as is your continued role. You, however, are now more capable to seek and incorporate the divine direction. You will always have her as more of a sister companion in this work now than as a Teacher/student role – yes, was a coworker. Is this making things more clear for you?

ROLAND: Yes, this does help, greatly.

[Personal questions and answers omitted.]

ABRAHAM: I am needing to cut our meeting time short for Calvin's communication with me is slipping. I wish to convey to each one of you present of my brotherly affection towards you, my fellow coworkers. My love is ever-present; feel this within your hearts. It is the love Michael and Mother lends to me, and I am privileged to share it with you. Until next week, shalom.

Pause to Allow Mother to Help | A Message From Mother
Abraham & Mother, WOODS CROSS GROUP 03-16-1998
Back

I am ABRAHAM. Greetings and welcome. It is always wonderful for me to meet with you and witness the various stages of development you are in. It is most excellent to see our students pause to consider personal spiritual inquiries.

More often than not do believers seek immediate answers to their questions and are burdened with anxiety and impatience. It seems to be more simple to pull out any quick and immediate answers that are available instead of taking time to pause. Your pausing is a prayer of sorts asking Father to intervene. Your stillness time could be considered as a pause. Your willingness to be patient is a pause. The rush for immediate answers can set up barriers that would deter you from more correct answers.

In our series on relationships, we have used Michael and Mother as an outstanding example; during our lessons we will keep them at the forefront of our minds. Michael is well known throughout the universe as a loving Brother/Father. He is a God-like outstanding personality. His public work throughout the universe does have many on a personal relationship with Him.

It is our intentions in this Correcting Time to bring a more complete picture of our divine Parents to you – that you may also know our Universe Mother better. Many individuals on a planet like yours have concepts of a Father that are either wrong or incomplete – this is also true with concepts of a Mother.

Mother, as I know Her, is a fountain of wisdom – common sense, if you will. Mother is always available to help clear cloudy vision to make light for new and better ways. Mother is strength, yes, and yet there is within Her the most gentlest of hearts. She is a giver of strength, and yet also, a Comforter.

Michael's spirit is known here as the Spirit of Truth. And I can complete your picture of our divine Parents by saying Mother's Spirit is a spirit of complete beauty. Beauty – meaning that total and complete acceptance of each individual child in existence. Beauty, in the manner in which She fusses over each child as if they were an only child. Beauty, as in one who upholds excellent humility. Beauty, in that She seeks to uphold and not control.

You have, over time, experienced Michael's personality as your Brother/Father,

Spirit of Truth, Creator – and that alone is quite exceptional, yes; but I can say to you that your new-found relationship with Mother shall complete your picture and give you the courage to take any and all things to your divine Parents. I give you our Divine MOTHER:

Greetings, my children. You know we have spoken before. I would have you know this evening that I know you each very well, and I can tell you that I am in complete love with you, each one. I know of your past regrets, pain, mistakes, shortcomings, flaws – and yet to me, your Mother, I see not any of that. I see in you, my children, a vast blossoming garden that brings much beauty and joy to us, your universe Parents.

I have known the darkest parts of your hearts, yes, and I can say that I have wept with you. I have also, grown with you. I have seen the adventurous glimmer in your eyes. I have felt your hope and I have heard your laughter. I can say to you there is not one thing unlovable about any of you. I see you in your potentials and find it utterly beautiful. I would say to you, each one, that my assistance is unending. My duty to uphold you each, is my supreme joy.

I am your Counselor in matters of the mind. I would have you know that Michael and I look upon your planet Urantia as another of our small children in which we are wholly committed to guide and teach and help to grow. Know that we, your universe Parents, are unceasingly striving for your growth and renewal of thinking.

I am personally at this time striving to increase education on mindal development, directing and guiding you who would have me guide. I am indeed grateful for our Mother/child connection, and always standing by your Brother/Father who is ever available for you to call upon. Allow me to bestow upon you my divine services.

Know that as you, our small children, grow, there are bumps and falls you must experience. Worry not; your Mother is at hand to help you regain your spiritual confidence. My love is always with you. I would give back to you your Teacher/friend and helper to us, our son Abraham.

My thanks is with you, my Mother. We are indeed envisioning a more enlightened world with your assistance and help in creating a more complete picture of you, our divine Parents. My friends, Mother and Michael do bring about great empowerment to each one of their children to go forth and complete the many tasks assigned to us. Concerning all the lessons we must complete, there is a tremendous amount of mindal strain. Mother and Her associates are well prepared to counsel anyone who would be burdened by this strain.

Relationships do bring about a great deal of strain and pressure. We are one another's assignments. We are one another's teachers and students. We are each other's reflections – past, present, and future. At times it appears there is no understanding to be had. There are times when verbal communication is not complete and the pressure causes relationships to be somewhat scarred.

With the strain of relationships, I would ask you to practice this week to 'pause.' Take a humbling moment to just stop and wait for assistance; a moment of clear

thinking; a moment to allow Mother, in Her wisdom, to assist us in clearing our thinking, to make way for new and better ideas. I would ask you to practice this 'pause' to strengthen the muscles of patience. Patience is a valuable resource concerning relationships. Only a few questions.

RACHEL: Father Abraham, I would like to thank Mother Spirit for Her message to us and also thank Her for being with us. Our Creator Father, Michael, had seven bestowals He did complete in order to help Him with His knowledge and His understanding. Did our Mother Spirit have any form of bestowals or learning processes that She had to complete?

ABRAHAM: Mother's learning process was, in part, from the Supreme Being and Her connections to the mindal adjutant spirits. But, you see, Michael's experiences were also Mother's, and His knowledge was also Hers. Mother's assistance to the Supreme Being enables Her to have a broadened view of all experiential activity, yes. Good question, Rachel. Another question?

NORWOOD: Abraham, I have a question on training tonight. Mother talked about that, and I would like to ask a question if you please. The training that I have been going through – the uplifting of my understanding of the Father, the superuniverse, and central universe, in the past couple months – my understanding has been the advancement of ourselves from the 'creature' to the 'spirit;' and in that, there is a process that I feel like is taking place: There is a new clarity, a new understanding – that by living on Urantia and being a son and striving to do the Father's will, and understanding the Spirit, I have transferred myself from what I would call a material or mind existence, to a real spiritual mind understanding. And with that, I have discovered that this life here, as we all know, is a training world. But more than that, what we are doing here, and what we have been going through for the past few years here, I am learning that we are in practice at living the Father's will. We are experiencing what we would experience as we traverse the many lives on the Morontia Worlds, and that this mortal life is a starter. I have also wanted to ask a question – that as we are uplifted and as we are taught, as we learn – are there physical changes that take place in our bodies, such as during the period of time in the stillness, or the quietness – if there is a vibration that takes place? I feel this in my chest, and it vibrates, especially after a long period of discussion when I am in the spirit. I feel that there is a growth, there is a change, a transfer of personality that is taking place. I just wanted to ask you if you, or Mother, could talk about that with me for a few moments, please.

ABRAHAM: Yes, this world is indeed a training world where we are learning to live within Father's will; and yes, this will continue for worlds beyond this one. But I would say that the glories that you will experience beyond this world are unfathomable to you at this time. The training process becomes more difficult; and yet, the joy that is experienced, there are no words to describe. There is indeed a transformation that is constantly occurring in those that seek to live Father's will. There are more non-material aspects of the transformation than material. There is the Thought Adjuster growing from 'Adjuster' to 'Controller.' There are specific moral behaviors, modified. There are those obvious acts of brotherly love and service – and, there is really no proof that these things have taken place other than the spirit fruits produced. Concerning the physical aspects of the

transformation – yes, there are certain glands that would work with the central nervous system that connects us to the Thought Adjuster and all cosmic circuits. And yes, there are vibrations felt (openings in the soul) that would receive spiritual light. There are indeed feelings of soul growth. And I can say, at times there could be some physical pain experienced, but not to worry, all of this is completely natural. Is this answering? (Norwood: Yes. Thank you.) Abraham: Is there one more question?

CALVIN: (Question about information received and posted on the Internet from a Michael R. concerning 'his' communications with Christ Michael.)

ABRAHAM: My information is that most of his contacts are from Michael, our Brother/Father, but not all. There have been various Teachers helping him to train for his life's work and mission assignments. Does this answer? (Calvin: Perfectly answers. Thank you.)

I am in gratitude for our Divine Parents, for they make our meeting possible. My love is to them for allowing me to be here with you. Always is my love with you. Until next week, shalom.

Love With a Fatherly Affection | Do Not Allow Demands From Others To Weigh Us Down
Abraham & Mother, WOODS CROSS GROUP 03-23-1998

Back

I am ABRAHAM. I am without words to express my gratitude to Father for my assignment. I am overcome with joy at the thoughts of our gathering once again. I must say, your faith in me as your Teacher has helped me to excel, and your love for me as your friend has enabled me to ascend levels of spiritual joy. My thanks to you, my fellows.

In our series on relationships, we continue to focus on our divine Parents. Mother has pledged Her commitment to aid us in the area of the mind. The human mind is still a great mystery to even we who have transcended the mortal life. It is a difficult arena in which to teach. Our divine Coordinators have helped to arrange experience according to these lessons on relationships.

Tonight we would present to you the lesson on Fatherly affection. You each are in understanding of the difficulties in relationships. Many live their lives to be pleasing in others eyes. Having been born into this mortal life, there are certain habit patterns developed that would take a lifetime to understand. Mother is to assist us in the dissecting and comprehension of this concept. Once again, our MOTHER.

My children, it is my great pleasure to meet with you again. I thank you for your kind attention. When your Brother/Father lived His life in the flesh He was burdened by those normal demands of a growing family. Jesus had great pressure put upon Him to perform in various ways to gain the faith and trust of the people. When young, these demands were confusing and anxiety-causing.

The boy Jesus could be found questioning His adult superiors for direction on certain matters. The answers varied depending on what each individual desired to see

happen – His mother would desire one thing, His father another, and His teachers yet another. In His youth, this brought Him some mindal strain; and through His practice of prayer and meditation He strengthened the bond between He and His Father in heaven.

In Jesus' later years He began to rely completely upon His Father in heaven for answers and direction to everything. Still, individuals demanded a certain performance from the Master – they desired certain behaviors and acts of miracles. Jesus, in His exceptional connection with His Father, His divine Father, was able to maintain His focus – which was disseminating the teachings of 'God as Father,' and 'man as brothers.' The mind-spirits were available to Him to draw upon when these demands were getting the better of His human heart.

My daughters (angelic orders) also assisted in His understanding of human behavior. Always the Master was made to pause and be patient in this strengthening process. This strengthening process led the Master to retain focus, to maintain confidence; for Jesus, you see, was loved with a Fatherly affection.

Our Supreme Father in heaven loves us with liberty; loves us with the bestowing of free will. Father loves not with control or a heavy hand, but with a breath of freedom that would make us take flight. A Fatherly affection is not one where you can be deprived 'if you do not meet His demands.' A Father's love is the gift of liberty and trust. He loves us; therefore, He allows us to fly – to make our own decisions, our own mistakes. He allows us to drink from the cup of experience and digest what we will in our own time and manner.

My children, I would put before you this evening a challenge – for you to love one another with a Fatherly affection; to love without restraint; to assist without control; to bestow liberty. I can say, my fondest hope would be for you each to completely believe that Michael and I love you with such Fatherly affection, such a devotion and bestowal of freedom. It is easily thought and said, but I would make it my goal to assist you each in actually feeling it and knowing it to the innermost core of your being.

I am at an end in my lesson. I would give you my fondest farewell and love, and assure you that I will return with further thoughts.

I am ABRAHAM. Our deepest regard to you, Mother, and gratitude for your superb lesson. To elaborate on Mother's lesson, I would say that those demands put upon you by your many relationships need not weigh you down, no. The pressures from those you love need not cause you to forget your focus. I would suggest that you begin to love with a Fatherly affection; and in turn, you will begin to receive it even greater in your own life. I would ask that you have further discussion on these new concepts if possible. For now, I would take questions.

NORWOOD: I am in deep appreciation for the words and love given by our Universe Mother. I'd like to tell you about an awakening that I've had. My oldest daughter will be giving birth to her first child in about twelve weeks. I have three other grandchildren, and with the birth of my fourth grandchild I have a new awakening of the personality that's coming. I have a new understanding, a new love of that child

that I did not have with my children or my first three grandchildren. This studying that I have been doing for the past three or four months, and where I have been coming from the past ten years, I know has prepared me for this. But the awakening that I feel, the understanding that I feel for a new life, the love that I have for that new life, is so much different than what I had before. I just wanted to express that because Mother brought that out this evening in Her lesson. I felt that new love, that new understanding, for the past couple months; and I wasn't quite sure where it was coming from or why it was there. That's all.

ABRAHAM: Beautiful example of Fatherly affection – to love one only because they exist. There is nothing you can gain from such a tiny newborn life; and yet, there is already mutual love and respect on a soul level for this up and coming soul. Simply beautiful! I can appreciate the sharing of your experience, my son. Our Father is also one who could gain nothing from His children; and yet, He loves each one in a supremely personal way. His love allows us to climb and explore, to make decisions, to fall, to be lost and to find our way again. His love is an energy that we can be motivated by to take advantage of every moment in the flesh, and beyond.

CALVIN: Teacher Abraham, what a privilege to hear from our Mother again tonight. I am grateful for your lessons for they are helping us to have a greater awareness of our Mother and Her aspect of our creation, our existence, our minds. It helps me a lot on a personal level to connect because of your lessons; and in a way that I wasn't able to connect before. I don't know if you need to hear us discuss these things openly to know how effective your lessons are. And I am sure down the road I'll see and have an even more clear connection with our divine Parents, their overcare and assistance to us. Are we as a planet, and with this Correcting Time, on the verge of connecting with our unseen true spiritual government of this world? Are our divine Parents personally here as are the Archangel Divisional Headquarters? Can you address that?

ABRAHAM: I can tell you, yes, because of the restored circuits, our Parents are here, most personally, and are without conditions or limitations. They indeed are our Superiors from whom and from which we receive our orders. Beyond the mortal life, title and status are lax due to our expanded overall picture – where each one is regarded as a child of God with a name, personality, and a recognizable soul, as opposed to a position or title or rank. We can love with equality without knowing each one's universe position, job title, or years of seniority. Is this answering?

CALVIN: Yes, it is. Speaking of 'title,' the Urantia Book talks of 'a John the Baptist' who will help usher in today's realization of Michael's presence, His second coming. Some believe this is an actual person who will help bring a new revelation, or that reality, to today's human consciousness – today's world. We have discussed it tonight as it being perhaps a collective title maybe. Could you help us with the title as presented in the Urantia Book of "a John the Baptist's" assistance in this unfolding?

ABRAHAM: Certainly. Yes, I can say that the earnest seekers of spiritual revelation (Michael's teachings) are those believers in the Fatherhood of God and the brotherhood of man. I can confirm that you, our Mission participants, act as a

collective John the Baptist. You are the receivers of our message. You are also the disseminators. John, having a seemingly small role in your planet's history, made the way clear for our Master who was to bring about great change. You, my friends, are as such – ambassadors who will make ready for mass spiritual change and enlightenment. Is this answering? (Calvin: Yes it does, very much. Thank you.)
Abraham: One more question?

If there are no further questions, I would express my love and gratitude to you and ask that you give good effort to understand what it is to love with a Fatherly affection. Until next week, shalom.

To Love With A Fatherly Affection, Bestowing Freedom, Is To Embrace Truth
Abraham & Mother, WOODS CROSS GROUP 03-30-1998
Back

I am ABRAHAM. Welcome to you here this evening. What a wonderful display of friendship – each one upholding the other in everyday mortal living; this kind of support and upholding is sometimes rare. We are indeed blessed to have this circle of friendship.

I can see you find it easier to love one another here with a Fatherly affection. Each of you share a common ground, a mutual respect. In your basic mortal living, however, you do find it difficult to use spiritual concepts with those who seem to understand you 'less than' do your fellows here in this group. However, we are indeed grateful to meet weekly to drink from the well of spiritual refreshment.

Mother's lesson on loving with a Fatherly affection will take time and practice for you to see positive results. Our Mother endeavors to upgrade the thinking patterns of all Urantians to promote Light and Life.

My greetings is with you, my children. I am your MOTHER. It is said that our Father did not say the way to Him was easy, but only that you would never have to endure it alone. Our lessons regarding relationships have a great deal to do with the growth of the mind. The mind has a direct influence upon the growth of the soul. The mind is what filters information leading to meanings and values which the soul can comprehend.

Urantian psychologists have a great deal of research data concerning mindal development; they have made great strides in promoting good mental health; and I could say that this is well, but not complete. Do you see, those who radiate well-balanced mental health are those who are involved in some sort of spirituality.

As small children grow, they take in the habits of those who teach them. They learn that when touching a hot stove, there is indeed pain. They also learn that certain behaviors attract varying degrees of love or punishment. The good parent attempts to put a spiritual emphasis on the good as well as the bad. In the pain of a burn, the good parent explains the importance and value of experience, the knowledge of positive and negative.

The good parent is ever willing to confess an incomplete knowledge of many topics on mortal living and always leaves room for flexibility and change. With evolution,

there is growth and understanding. The good parent can rejoice in the new knowledge instead of regretting the past. The good parent can carry on without self-chastisement or self-aggrandizement – there is only the understanding that mortal living is always in transformation; always moving at its own momentum. Do you see, in the ways of the mind there is always new growth, new possibilities, new potentials.

Your regrets from the past can be lessons on good mental health of today. I would seek to assist you in your understanding of your personal evolution, your transforming of confusion and pain into spiritual meanings and values. I have made it my task to consult with each one of you who would have me to assist in understanding past pain and confusion. I would seek to assist you in changing certain mindset patterns into productive spiritual meanings and values.

Your relationships help to create your mindal makeup. From birth to death, your mortal fellows do have influence, and you also have influence on them. For Urantia to move successfully into the stages of Light and Life there needs to be a great deal of work and research – study on the mind and its environment.

I would not confuse you with more lesson-tasks than to just request that you seek to make effort to love with a Fatherly affection; to bestow freedom and take example from the good Parent. In your stillness practice, have on hand pen and paper. I should attempt to touch base with each of you during the week. Have your questions ready. Farewell.

I am ABRAHAM. Our gratitude to you, Mother, for your time spent with us is as an outpouring of love. Your time taken to carefully educate our beloved students is a wonderful show of Fatherly affection.

In a Father's affection we find freedom; and yet, many times find ourselves in turmoil, for Fatherly affection is not mere pleasantries, no, but a magnificent show of passion for truth. When you love with a Fatherly affection, bestowing freedom, there is a love without conditions; and yet I can say that there is some possibility that there is a tendency to cover-over with pleasantries or niceties. Therefore, I would say to love with a Fatherly affection. 'Bestowing freedom' is to embrace truth. It is said that the truth shall set you free. Our Master was indeed a recipient of this freedom.

My friends, our spiritual Mission is not for the halfhearted, but for those who can take the hard truths with grace. Time permitting, have discussion on loving with a Fatherly affection – bestowing freedom and truth, and those attributes of the good Parent. A few questions?

INERA: Abraham, thank you very much for last week in answering Anesia's question and putting not only her in a peaceful place, but also myself, her earthly mother. Is there a time to walk away from a relationship, give up completely and throw in the towel? Are we ever finished with our relationships?

ABRAHAM: There are relationships that will not find resolution here on this world; there is a time for detachment; there is a time to pause. Whether the doors are open

to remain in the relationship, or to be detached, your Father makes it known to you. There is love, yes; and then there is a 'fear of loss' in separating. Your best example would be found in the life of Jesus. The Master loved His human family with all His heart; and yet when there was demand upon Him to compromise His spiritual beliefs, the Master had to follow His internal compass and become detached. This detachment does not mean love is lost, no; this means that there is freedom and removal of pressures that cause individuals to repeat certain patterns to pacify their 'fear of loss.' The Master, being so devoted to His Father in heaven, had freedom from this 'fear of loss.' His deepest love resided within His very being. Is this answering? (Inera: Very much. Thank you.) Abraham: You're welcome. Another question?

CALVIN: I have the feeling that you have some words for me Abraham.

ABRAHAM: Yes. I am confirming your gift of transmitting. I was hoping to relay to you that time for private meetings would do much good for your fellows. Is it possible for you to assist with private meetings? (Calvin: Yes, I can assist.) Abraham: Excellent. Our Mission is being more closely knitted together, and personal private meetings help to create closeness and balance. More information for you, my son, at another time.

If there are no questions, I would express my faith in each of you. Know that you have my love. Be not discouraged on the difficulty of these lessons. You will more clearly discern Mother's message with Her assistance in daily living. Allow Her that place in your life; look for Her during the week. Until next week, shalom.

Mistakes Are Evolutionary Growth | No Need for Self-Condernation, but
Self-Forgiveness Instead

Abraham & Mother, WOODS CROSS GROUP 04-06-1998

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[There was a pre-lesson discussion on some world events and even some 'group-events' of the past week which brought out some heated and opposing viewpoints among the group, but still we coalesced to forge ahead with our common goals of the Correcting Time.]

I am ABRAHAM. Greetings, and welcome. It is my great honor to be here with you this evening. What a beautiful display of Fatherly affection in combination with truth. The experience here this evening was the lesson. How excellent it is to find our students unafraid of rolling up their sleeves to engage in real work. Your relationships are real work. To cover-over with pleasantries and think there will be other lessons to bring out truth, is missed opportunities. Not to worry, your opportunities will come around again.

It is told to me by Mother that the communications this week were quite successful and there is still mindal work to be done. Many of you have experienced numerous memories of the past that would have perhaps caused you great pain; and in the dissection of these memories there has been great lessons learned and healing has begun. It is becoming more clear to you how certain mindal habit patterns originated. It is becoming clear to you that your actions were understandable and

indeed a part of evolutionary soul growth.

We have spoken on the topic of forgiveness and Fatherly affection concerning your fellows. Tonight we would ask that you strive to focus on forgiveness and Fatherly affection concerning yourselves. Again I give you, our Mother.

Greetings, children. What an experiential honor it is for me to be here personally doing what I love. In spirituality, many find it is a bit more easy to forgive others than to have self-forgiveness. Many condemn themselves to a life of atonement or having to pay back certain debts – payback for mistakes made. In this self-condemnation, there is such a condemning shadowing; and yet, there is light that could perhaps be shined and shared.

Many mortals find that self-punishment is a way to atone for the past. This self-punishment is crushing to the soul. In my work to touch base with you I endeavor to help you have self-understanding. Self-understanding is removing the shadow that keeps you imprisoned.

To completely believe, without a doubt, that you are an evolutionary being is to not have concern for self-condemnation. To have memory of past circumstances and actions taken does lead to healing and self-forgiveness – an understanding that yes, you have always had the best of intentions although things may not have turned out satisfactorily.

Your relationships have either helped you to condemn yourself, or have helped you feel loved with the bestowal of freedom. You must believe that each person is most of the time thinking they are doing the very best that they are capable of. Real forgiveness begins with yourself. Real capacity to 'bestow' Fatherly affection begins with being able to 'receive' Fatherly affection.

Our Master, believing He had such Fatherly affection, made no apologies for normal evolutionary mistakes. He believed himself to be a learning child and found no need for self-forgiveness. He found it not within Father's will to have self-condemnation. In His knowledge of Father, He saw no need for self-punishment. Mistakes made by Him were to be made known so He may begin correction. His mistakes were made known by Father to His conscience and He understood Father to have corrective action ready for Him to take action on.

I would ask you, my children, for your own awareness to lean toward this week on the receiving of personal Fatherly affection and self-understanding, self-forgiveness. Be aware of my presence to aid you in your endeavors to find these divine keys. My Fatherly affection is with you, always. Until we meet again, farewell.

I am ABRAHAM. Our gratitude to Mother for a well-prepared lesson. It is my desire to see those who have such harsh self-judgment be made to understand that the Father himself has indeed forgiven you and would never condemn you as you might condemn yourself. In the upgrading of mindal thought patterns of Urantia, we would find a great deal of healing when those that find a need to punish themselves cease, with the knowledge that their mistakes are just evolutionary growth.

Remember to look for Mother this week and find it within yourselves to roll up your sleeves and do the real work. Time is not permitting questions. I will be able to answer questions next week. My Fatherly affection is also with you. Until next week, shalom.

Mortal Attachments We Must Let Go Of In Order To Grow

Abraham, WOODS CROSS GROUP 04-13-1998

Back

I am ABRAHAM. I am with great love and respect for each one of you. I am always made glad by our visits. I am highly grateful for our friendship. I deem myself blessed for knowing you and having a relationship with you. I do endeavor to bestow Fatherly affection, allowing you each your life-experience, opinions, and personal definitions of things spiritual.

I would not ever make it my place to have you feel as I do, to have opinions the same as my own, no. I am not offended when my words are not met with your approval, nor do I take offense at your reactions or personal characteristic traits. I am attempting to love with the bestowal of freedom.

Mother's request last week was for you to have this same love for yourselves, allowing yourselves the freedom to live fully through all mortal living experiences, allowing yourselves room for evolutionary growth - feeling no pressure about the time taken for stumbling. Fatherly affection and self-forgiveness applied to your own lives will help you to lose some of those unrealistic fears and habits, yes, to make way for new evolutionary lessons.

To continue in the habit of self-punishment is really a great sadness in those forces that aid in your ascension. Self-punishment has always been a form of sacrifice or atonement to the gods. I can say, to believe you are deserving of punishment or negative happenings is no less than a prison which limits you in attaining those things you would desire for yourself; and also, those things God would desire for you.

Mother has asked you to review life memories that you might gain a more clear understanding, self-forgiveness, and healing - yes, to promote well-balanced mental health. She also shares these lessons now at this time to upgrade our thinking concerning relationships. In your mortal life, your fellows before your eyes would appear to be your closest relationships; I can say, maybe not the closest but most definitely important.

This evening, I would speak for a moment on mortal attachments - those attachments we must let go in order to grow.

Many mortals down through history found that a man's most prized possession was the people that belonged to him - the people made him who he was. In the days of old, a man could bargain or trade these people for goods. It is somewhat like that today when in relationships people are thought of as property or goods to be bargained to reflect who an individual is. Of course mortals have a great need to belong and have companionship, yes, and most mortals would sacrifice a great many things for this attachment.

Tonight our focus would be on redefining your connection with others – maintaining a healthful connection as opposed to a limiting attachment. It is easy to see that one who would not bestow love with a Fatherly affection would be considered as in an unhealthy attachment. But going deeper, the illness would really lie in the limitation that is produced. If one feels that they must change their true unique selves to maintain good relationships, this is unhealthy attachment; and it would be wise to investigate, to re-think the relationship.

This week I would ask that you review your relationships. Are they ‘healthful connections?’ or ‘unhealthy attachments.’ We will continue to speak on this next week. Have you questions?

RACHEL: Yes, Father Abraham. This is a question I wanted to ask last week while we were still studying about Mother Spirit. One: On Urantia, the term mother or daughter denotes a female gender. What does it denote on the spiritual worlds? Number two: When you see Mother Spirit, how does Her appearance differ from that of male gender Spirits, such as Prince Machiventa Melchizedek, Christ Michael, and so on? Number three: If I were on the Mansion Worlds and I could see two spirits side by side – without asking, would I be able to denote their gender?

ABRAHAM: Gender, beyond the mortal life, is more perhaps recognized on a soul level. A perception through internal feelings. Not so much visual do you recognize gender, but by mindal recognition. Mother (to me) is recognized first in my mind as Co-creator, Parent, Caretaker. My first recognition is not male nor female. My recognition of Her is based on my internal understanding, not my visual. Mother's personality is powerful and yet, by Her personal traits I could describe Her as complete grace. I could describe Mother as the ‘water of life,’ as in fluid and in motion. I could perceive from my internal feelings She is the embodiment of true beauty. Her caretaking abilities are gentle, and yet, fierce in power and passion. I also would perceive Michael as Creator, Parent and Caretaker, Brother, Father. The first perception I receive of Michael is not male nor female but as Creator, Parent, Caretaker. Are you understanding?

RACHEL: Yes, I am. I am understanding what you are saying. I really and truly asked some of this for all the different women that are wondering about the equality between the male and female on the Mansion Worlds.

ABRAHAM: I can understand, and I would find it most wonderful if our earthly sisters could feel the most excellent equality that our female personalities feel here. Good question Rachel. Another question?

ROLAND: In the Urantia Book's Part IV, John Mark went with Jesus into the hills for a day and they had discourse. One of the things that was brought up was that Jesus knew that John Mark would be a loyal devoted servant because of the first eight years of his life he was exposed to a loving family and parents who showed true affection for one another. Also, it indicated in that story a comparison with one, Amos, that he wasn't as fortunate as was John Mark; that Amos carried scars from the experience of his first eight years that would make him not as well known or as trustworthy. In those first eight years of our lives we are all adversely affected, to some degree or another, by harsh negative situations. That being said, my

question to you is: Do these adverse effects of childhood ascend with us throughout our ascension? As we ascend, are we limited by our early childhood experience?

ABRAHAM: Only by the choices you make. Whether one is hindered by past traumatic events, or is made stronger by them, the decision is always up to the individual; and if this 'strengthening' is to continue into the morontia life experiencing, then so be it, perfectly acceptable. Yes. Does this answer?

ROLAND: Yes, it does. I am supposing that as we get to Light and Life on this world that mothers and fathers know how to raise their children in ways so they don't have negative self-images. That must be something that during our morontial training we are taught from once having a negative self-image. Would that be a correct statement?

ABRAHAM: Yes. In planetary evolution, the knowledge is greater and mistakes are fewer, but I mean not to cast a negative light upon the parents of this age. I would say there are parents who care deeply and are not equipped with the tools wherewith to raise children with a positive self-image. I do say also, that great strides are being taken to educate and allow for the earth's people to understand that the love and time taken today for a child, prevents future societal problems. But yes, you are correct in that children raised in worlds settled in Light and Life have a greater chance for success. Does this answer?

ROLAND: It does. I don't mean to take up a lot of time, but the practical matter of this is for all of us who possess perhaps damaged self-images from those first eight years – what attitude should we take and how should we pray to correct that?

ABRAHAM: An attitude to take is not one of 'helpless victim,' but as one who has been given more advanced lessons to become an excellent server in our Father's kingdom. Pray for understanding and strength to endure the hard truths, and allow our divine Parents to bestow upon you the understanding of your true status as a child of God. Another question?

KURT: Yes. Are we at a 'spiritual level' now on this world or in the near future – where we will be able to consciously make the choice – of either to 'not exist any longer' or to move on by way of fusing with our Thought Adjuster. And could you give us some help with some way or path that we can communicate better with our Thought Adjuster so we can get a better co-existence with Him?

ABRAHAM: These concepts are in the text (Urantia Book); but I can say this, that yes, there is a choice each one must make – to choose survival, or not, upon death or shortly thereafter. All understanding is given to the one who would make the survival choice. All life experience is to be understood, and it is easier to make a decision from this broadened perspective. Meditation, or the stillness, is your best exercise for Thought Adjuster connection. A humble heart, one who is allowing for Father's answers instead of their own, makes for a strengthened bond between you and your Father. Stillness practice, in combination with a good balance of humility, is good to start with; and with time passing, the connection is more constant. Does this answer? (Kurt: Yes, thank you.) Abraham: One more question?

CALVIN: Abraham, in the Urantia Book it talks about the Universal Conciliators, a group of four individuals who are available to go to the mortal worlds to help solve mortal conflicts or deadlocked decision-making. It also talks about what it refers to as the 'trio arbitrator referees' as the referees of worlds; they have many levels, from the mortal world up through the superuniverse level; but on the superuniverse level they are no longer 'arbitrators' but 'explainers of mystery,' and so on. On the mortal level, one of the four is called a divine executioner whose purpose it is to make contact with the mortal races of men to present the decision of the three. My question: Is that something that we can begin to make use of on this planet? Or, is it something that is more of a Light and Life type world availability, and not an isolation world protocol? (From UB Paper 25, pages 275-279)

ABRAHAM: My information is that the Conciliators are already functioning on Urantia. Urantia is no longer considered isolated. There is a great amount of work to do for all the divine forces, yes.

I am slipping. I would ask again that you attempt to redefine your relationships and make notes if possible. My love is with you always. Until next week, shalom.

Healthful Connections | Not In Controlling Others

Abraham, WOODS CROSS GROUP 04-20-1998

Back

I am ABRAHAM. Greetings to you, my fellow travelers. What a beautiful discussion, so productive in the fruits of the Spirit. This evening I would like to discuss more on turning unhealthy attachments into healthful connections.

You, my students who have so long searched for things spiritual, have learned a great deal on human relationships. You each are seeing how no one mortal should be in complete control of all that is. Even so – in our Teaching Mission, no mortal sits at the helm of the station based here on Urantia. It is also true within your personal relationship experiences – no one mortal should be able to dominate another, nor should one seek to be dominated.

It behooves us to look upon many mortal relationships that could have met with success, but instead there appeared to be such struggle over individual-perceived destiny. Each individual holds personal dreams, and seeks to fulfill those dreams through various means; they all too often expect their fellows to relinquish personal desires in order to partake in the success of their own dream fulfillment.

There are a great many mortals who strive to have control over the lives of others. You, my mortal friends, know this can only meet with disappointment. Even parents realize sooner or later that their children are unique individuals destined to follow their own inner guidance, their own path. The good parent knows that to make demands upon a growing/seeking child has been the cause of much rebellion. The good parent bestows Fatherly affection in that there is the bestowal of freedom – and, allowance to make mistakes.

You would agree that you cannot control individuals, nor be controlled by them – this is in disagreement with our spiritual laws. You would not find our Father in such manipulation of His children, no. Our Father loves deeply each individual's

unique personality; the desire to control individuals extinguishes their uniqueness.

Father loves with free will and allows His children to come to Him. He would not force a child to embrace Him and His teachings, no; the forcing would be such a corruption of real love, true love. It is understandable to pressure those you love to embrace you and your ideas, yes, this is basic animal desire. But to you my fellow seekers – understand that to bestow Fatherly affection enables others to soar with your assistance, not with your control and demands. This is maintaining a healthful connection.

Our Father would find no purpose for our existence if He were to completely control us through manipulations of coercion. Without His bestowal of free will there is only mechanistic overcontrol – there is neither truth, beauty, nor goodness in the controlling of your personal relationships. Do you see, you need not do one thing to earn Father's love? It is so. You cannot work to make a preferred seat next to Him, no. He loves you because you are.

My friends, we would assist you in having this bestowed freedom for your own relationships. You must allow others their free will experience, and if this does not include you, then so be it. The attempts to have control in your relationships defies Father's spiritual laws. To transform your unhealthy attachments into healthful connections, consider your efforts put forth to gain control. Find a moment to ponder the fear of loss. To not release control in relationships is congruent with fear of loss.

This week, ponder over how our attraction to Father begins with His allowance of free will. What keeps you seeking for things spiritual? Would it be a controlling spiritual Father that continually pressures you to find Him? If time permits, discuss ways on how to be less controlling and more growth-promoting, bestowing Fatherly affection. Have you questions?

ROLAND: Abraham, in our relationships with our fellow mortals – more specifically male/female relationships, what characteristics of that relationship would be good to understand; and, what purpose do these relationships create other than the procreation of the race? Can you help us with that?

ABRAHAM: Yes. The male/female is possibly the most difficult relationship mortals experience. Male/female relationships require the exercising of unconditional love; it is not so natural as in parent/child or sibling love. It is possible for couples to have such, yes, but not without effort and hard work on each one's part – to embrace a balance of humility and willingness to accept one another's differences. Unconditional love is sometimes too high of a price to be paid concerning marriage or male/female relationships; each one is scrambling to maintain their personal identity, all the while seeking for acceptance of their personal identities from the other. The 'male/female relationship experience' is a necessary experience in that it supplies so many spiritual realities and eternal concepts. Our Creator Parents are an excellent example of diverse personalities incorporating unconditional love – love based on nothing except for the existence of one another. The example of our Creator Parents is an ideal relationship for all mortals to strive for. Excellent question my son, Roland. Another question?

ROLAND: Thank you. That was an excellent answer. [laughter.] In relationships, it seems to me that Jesus asked His apostles to forsake their families. They were young men so some of them were newly married, and some of them had young children. He asked them to make sure they were provided for, yes, but to follow Him. My question today is: I understand our ultimate relationship goal would be to follow Jesus in our lives. Are we to get to a place where we can forsake everything else, and make that our primary relationship – with Michael?

ABRAHAM: Yes and no. Yes, to have Father and our universe Co-Parents as our primary relationship. It is said that if you seek the kingdom of God first, all else will be provided. The apostles were asked to follow Jesus, and that was their focus. Do you see, the focus is not to forsake your family, but to follow Jesus and his example. Jesus did make sure all families were provided for and well looked-after – even as he did for his own mother and siblings. The Master did not ask His apostles to donate any more of their lives than does your military require. This time spent with the Master was indeed short – after which most of the apostles returned home better enlightened to carry on their lives with their families; yes, better enlightened and with more ability to reveal these teachings to their families and to succeeding generations. Yes, the Master asks that you ‘follow Him,’ and that is more our focus than to forsake families. The real ministry is to the family; and, to the growth and nurturing of succeeding generations.

CALVIN: Abraham, on this relationship thing: We were talking in the lesson last week about the need to have detachment from those who would interfere with our spiritual growth; and, I would say, those who would interfere with our relationship in following the Master. My question is – are you saying to ‘physically’ get away from them? or just to detach from their continual nagging, so to speak – to let the nagging go on and just keep going on about our business anyway, yet to detach emotionally?

ABRAHAM: Not so much a detachment as in ‘severance,’ but a transformation of ‘unhealthy attachment’ to a ‘healthful connection;’ and, to producing more spiritual fruits within relationships instead of making way for spiritual poisons. Yes, detachment is meaning so many things. Detachment as in ‘severance,’ is almost a last resort. ‘Transformation’ is a good focus to have. Father would have us promote healing rather than flee from those who drag us down. Does this answer?

CALVIN: Yes, I guess it goes along with rolling up the sleeves and being willing to do the hard work, not take the easy way out. Yes.

ABRAHAM: My gratitude is with you each who seek to learn these spiritual lessons. Your patience is admirable. My love is with you. Until next week, shalom.

Example of Fatherly Affection Is To Bestow Freedom to Accept or Reject

Abraham, WOODS CROSS GROUP 04-27-1998

Back

I am ABRAHAM. Welcome, my friends. It is always a source of joy to meet with you. I am intrigued by your questions and energized by your searching. I would make it a point at this time to remind you, my friends, that this method of communication that

is before you now is not for a certain few that would make effort, no. The gift of transmission-receiving is for every individual in earnest searching.

You can see our communication is two-way. I am not put before you to assign tasks in order that you learn your lessons, no; and I would not ever cross over the line of free will. Your input to me is as important as these lessons we receive. I trust we maintain a healthful connection. Your faith in me and in these lessons allows me to better teach. My faith in our divine Parents enables me to release any results with regard to my teaching. I can impart helpful words to you and then allow the Spirit of Truth to turn these words into meanings and values. From there, the choice is yours, your free will, intact.

Do you see the beauty in the bestowal of Fatherly affection? You return weekly on your own accord to receive these divine lessons. There are no attempts made to force certain lessons upon you. You, in your freedom, elect to be present and learn of these divine realities. You would agree that there is no controlling circumstances that bring you back weekly, no. There is no fear of loss should you forgo these lessons. Therein lies the comfort of our divine Parents, who leave a lamp burning for each child to enter when ready.

As you have discussed, there are those who would seek to be controlled; there is a fear of faithlessness in their own abilities to search for God; there is very little confidence in what they think they know. There will be many individuals you will meet such as these; and to them, your inner confidence shows attractive. It is on a soul level that individuals will recognize this 'inner confidence' within your personality makeup; and to this I can say, many will be inspired to search for their own inner confidence.

Over the next few weeks, I would ask you to continue in your discussions on relationships, and I will meet with you to answer personal questions. If there are questions you have thought to ask but time did not permit, I will take these next few weeks to assist you with anything I can. Have you questions?

ROLAND: Abraham, I have been reading the Jesus papers again in the section where Jesus began to teach in parables. He gave a number of reasons why it was beneficial to teach in parables. First, it allowed people to hear a story that they could relate to and they could hear it with their own spiritual level of understanding. Are we to develop this ability to likewise teach in parables, as apostles of the modern day?

ABRAHAM: Some, yes. There are everyday circumstances which people could share in an effort to teach. These are lessons individuals actually live, and in the sharing of them can assist others with their life-lessons. There is not need for the 'developing of special talent' so that one might give to another a parable, no. The parables are simply the retelling of Father's fingerprints in your daily living and the lessons you learned from them. Is this answering?

ROLAND: Yes, it is. I am sure I will get more out of your answer in reading it again. Another quandary: A part of the experience of Jesus with the apostles at the end was that He asked them to hide, except for John the younger, who was allowed to

be with the Master during the time of trial and crucifixion. In that same section, He said to one of the apostles: "Your purpose is to live long on the Earth so that you may win many souls to the kingdom." That is really the first time I have really absorbed that as an overall purpose of perhaps one's life, and to a certain point, of coming to a reality of understanding. Would you comment as to how that purpose might affect us?

ABRAHAM: As I understand it, I can say the Master's words to this individual was for him, personally – it was a mission task, of sorts. I do not, however, understand your meaning. Is there a question on how this may apply in your mortal life, my son?

ROLAND: I guess I could be more specific in the sense that when I read that it resonated with me as truth for me. My purpose could, as well, be the joy of bringing people into the kingdom. It would be a great purpose to adopt and I would be joy-filled to do so. So my question is: Could I adopt that as an overall purpose?

ABRAHAM: Yes, if it is your desire. Your Father knows of your dedication to introducing individuals to Him. This is well. It is not required of any mortal to 'win souls for the kingdom' or recruit for Father, no. A splendid way of perceiving this would be to acquainting individuals with Father for their benefit, not for Father's, and not 'for the growth of the kingdom,' no, but to simply extend love and fellowship to your fellows, a gift to give, I suppose. Father appreciates the introductions, and He then can take it from there. Yes, I understand your meaning now. Another question?

MIRIAM: Abraham, I am intrigued by the work Mother is doing with our minds, the circuitry, the work with the energy. From my point of view, what I can do with that is to get to know my divine Parents, to practice stillness. To me it is like with the inner-child work; it is like going into my past and looking at wreckage, if you will. That's my side of it, what I can do. Is it more than that? or is it just allowing our new circuitry. Is it just stuff that's going on just on an energy level? Also, are there other ways in which Mother is helping, circuit-wise and energy-wise? Are the set-patterns we have, are they a rut that we have to work out of through regular life-experiencing? or is She also helping us to get out of that rut?

ABRAHAM: I understand. Yes, Mother assists us in reconditioning our thought patterns. There are Her adjutant mind-spirits who assist individuals in their efforts to be liberated from negative cycles. There are some ministries found on the cosmic mindal circuit to aid in your efforts to ascend; and yet, the real change begins with taking action, actually finding the courage to move from one pattern into the unknown. The divine sources assist you, yes, and as you have discovered, the real work is yours. Another question?

MIRIAM: In the cosmic mind circuitry, is it like I was reading on the Internet this week wherein someone was talking about a teacher who was telling a student how to approach her childhood issues, and the Teacher was giving the person guidance to work with their crown and heart chakra, like Orin and Dibin work with energy centers, their light work. If any student in this mission finds something like that they are drawn towards, is that a beneficial thing to work with? or is it just

better to go with the flow of what is in front of you in daily life and with these lessons?

ABRAHAM: Yes, each individual will be drawn to various techniques in one way or another, and only time can prove if these are helpful or not. If you find positive means in which to aid you in your understanding, then by all means use it. You have explored enough spiritual techniques to which you can trust yourself – your divine guidance, to know if these will serve you. Does this help?

MIRIAM: Yes. You know how I internalize the negative stuff and how I have a physical ordeal going with doing that. Do certain parts of the body hold certain types of negative energies?

ABRAHAM: Yes, they do. Yes, the human brain in its complexities, is connected to various neurons that would send signals through the central nervous system that would cause illness, for example, a repressed personality would feel arthritic and constrained in movement. Does this answer? (Miriam: Yes. Thank you so much.)

Abraham: One more question?

CALVIN: Abraham, you asked a couple of times that the group be able to meet with you, individually, and that I should let the group know when I am ready to assist in this (transmission-receiving for them). Were you referring to these group members only? or also other interactions that I have with persons outside the group?

ABRAHAM: No, not this group only can you provide personal meetings, but for any who would seek spiritual assistance. It matters not the group affiliation. Minister to where you find a need. The more private meetings you can have, the better and more accurate will your transmissions be. Yes. Is this answering? (Calvin: Yes, it does very well. That is what I needed to know.)

I would return next week to answer any questions you might have – those things personal concerning the mortal life or, perhaps the spiritual life. We have found it helpful to take a moment to minister to our students on a personal interactive level. Have your questions ready for next week. My love goes with you always. Until next week, shalom

Personal Questions

Abraham, WOODS CROSS GROUP 05-04-1998

Back

I am ABRAHAM. Welcome to you, my friends. It is always a great pleasure for me to meet with you, personally – or, in the group. This past week was indeed an exercise for you each in expanding your capacities to receive divine messages; an exercise for you to build the muscle of faith with common sense and practicality. Many have found that if they have questions, that in the ‘asking,’ the answer is forthcoming.

You can begin to trust yourselves concerning the receiving of divine word. This lesson has taught us that Father's presence is at hand and His wisdom is immediate. An agenda-free inquiry is a wonderful setup for a pure answer. A humble heart is always apt to receive answers, even concerning the smallest of questions. I would at this time begin taking what questions you have:

HONORAY: Father Abraham, I would above all like to thank you for your visit yesterday. You said that you would visit each one of us this week. I was very happy to have your visit yesterday at a very interesting time. I think the hardest relationship I've had in years is with my nephew. You were here when I went the rounds with him a little bit yesterday. Sometimes I feel like I am making headway, and other times I still have the urge to slap him and tell him to shut up. But I think I did a little bit better yesterday. Do you think I am improving in the way I am dealing with him? It was different yesterday than usual.

ABRAHAM: I was perceiving yesterday that your frame of mind was in a searching mode. Your love for your nephew compels you to do right by him. You hesitate with your words so as to not offend but to help. This hesitation is the asking for Father to be involved. It is the asking for Father's wisdom. My daughter Honoray, you have well learned not to lean upon your own wisdom, but that of the living God. Your great faith has been your salvation. You have a tremendous love for individuals, and I would ask that you allow this love to show more freely, especially with your dear nephew. Your words to him, when tempered with love, will appear to be more as a help instead of criticism. Yes, my daughter, Honoray, you do well. Is this answering? (Yes. Thank you.) Another question?

ELLEN: I'll ask one for Nina. She wants to know if you can speak a little about her grandmother with Alzheimer's. It is painful for her to go visit her, and there is guilt if she doesn't.

ABRAHAM: I am aware of this dilemma. When the intelligent-self speaks, it reasons that your grandmother is absent, and 'therefore, why be burdened by the sorrowful vision.' The emotional-feeling-self speaks of past love and of life shared; and these memories would confirm loyalty. The animal (or ego-self) would tend to banter at you with guilt and the questioning of your loyalty. The ego-animal-self would drag you down a path of negativity which would force you to flee from this painful situation. Do you see, my daughter, if you can move past the ego the answer will become clearer? There will be no guilt, no regret, just experience. My recommendation for you is to make a last visit to distinguish for yourself the answer. I can confirm your grandmother is beyond knowledge of her immediate surroundings, but her indwelling Father Fragment is certainly watching over those things that she will need concerning her morontia career. Another question?

TECTRA: I'll ask a question, Abraham. Can you give me some words of recommendation or encouragement on how to get over the anxiety and fear that I feel about some of the things I have to do with the upcoming Facilitator College?

ABRAHAM: Certainly. Going into the unknown is always going to produce some anxiety. This anxiety is an over-storing of energy and can be manifested in physical ways, ways that could cause illness even. But also can this energy be put to a positive use where great goals can be accomplished. On the anxiety scale, there can appear to be a message within, yes, saying that there may be the need to rethink certain decisions. I would say to connect with Father and confirm this is indeed His will for you. My son Tectra, this education is quite a leap for you in terms of stating your spirituality, your intentions, with your spiritual knowledge. Many can study the spiritual life; they can act with high moral standards and they can portray to

the world that they have a good and kind heart, yes, but when spirituality calls for action and hard work, there is a tendency to hold back to where it was safe – safe in studying spirituality, not demonstrating it. I doubt not your capabilities as a facilitator. You do indeed portray many of the Master's fine qualities. To you, my son, I would ask that you spend time with the Master and ask for His strength in faith. Remain unshakable in His beliefs. Feel the strength in His character, and His focus to always be about the Father's business. Does this answer? (Tectra: Thank you so much, yes.) Abraham: You're welcome.

INERA: Abraham, and don't mince words please, I can take it. What is the one thing that I do which holds me back in spiritual growth that I could work on – that I sabotage myself with and hold myself back with?

ABRAHAM: I am understanding that you know this answer. I can give you what I perceive to be a stumbling block in your life. I am understanding you to be a believer in good or bad luck. I can envision you as a leaf blowing in the wind. I can see the true essence of your soul that is surrounded by much past beliefs or repeated patterns. My perception of your stumbling block is – the foundation of your faith holds too much and there is little room to build upon, to make room for new light. There is the core of Inera who is a beautiful child of our Father, who is complete in her potential, who is, every day, becoming. And around this core is a collage of protection, beliefs of mysticism or past painful regrets. My daughter, it is my recommendation that you allow the things of old to die, to pass away, while you allow your true self to come through to be reborn every day. Allow those things that may have protected you, yes, but did not serve you, to pass away. Each day, know that you are being reborn. And those things that you cling to – if they are to serve you, then worry not; those things that do not serve you, allow them to pass away. You are a spirit-filled daughter with so much to offer and the true essence of you is truly beautiful. Allow it to show more. Seek not to burden yourself with redemption of sorts, no. Seek to lighten your load with humor and laughter. Is this at all helping? (Inera: Yes. Thank you very much.) Abraham: You're welcome. Another question?

CALVIN: I have one. Sorry if it is off the lesson, but Steve Hecht, myself, and another fellow, are preparing a statement for a discussion board called 'TM Talk' – an Internet discussion list between hardline Urantia Book folks and Teaching Mission folks. It is our hope that we can pitch it as a Urantia Book believers family – and yet, air out our differences in a way in which you have been teaching us. So in the introductory that we would present, do you have anything you would like to suggest? or any insight before we launch into this?

ABRAHAM: I am remembering what the Master has often said: "One who is confident in his own beliefs feels not threatened by another's." There is only good to come from the exposing of truth. You, Calvin, are a diligent worker to start this project and tend to the first shoots of its growth. Seek to unite in ways of the heart and not the mind. Is this answering? (Calvin: Very good. Thanks.) Abraham: You're welcome. Another question?

CLAIREESA: Father Abraham, I'd like to ask if I am on the right track with my healing process and working with Gloria and the streams of white light? Could you

give me any insight on that?

ABRAHAM: Certainly. I am understanding the progress is appearing somewhat slow physically, but mentally this healing is taking great strides. The slowness of the physical is indeed taking hold, happening, building a firm foundation, a nurturing of the soil to make for a sure and steady growth. The improvement in your personal countenance is indeed aiding to your overall health. All of Father's creatures seek to create in one way or another. My daughter, Claireesa, much of your healing drive comes from your belief of your inability to keep creating. You want so much to find that your life has been spent wisely, and to make each day a personal co-creation with Father. You have battled with your confidence to produce worthy creations, and I can say you need not have this battle anymore, only the knowledge that you are already one who can give much with the creativity that is within you. Yes, your creativity stems out and into many directions. Yes, you know whereof I speak. My daughter, carry on. Another question?

TECTRA: I'll ask another question. I am just curious how and what are Joshua and Jeremiah doing? [Editor's note: both have recently deceased.]

ABRAHAM: My understanding is they are receiving extended education at this time; not together, no, but this education enables them to serve in our continuing Mission here on Urantia. There will indeed come a time when we can all unite face to face with joy and assurance that yes, God has served us and served us well; and that He had been there in all we experienced. Is this answering? (Tectra: Yes. Thanks.)
Abraham: You're welcome. Another question?

MIRIAM: Abraham, I was reading the Urantia Book this week. I've finished with the 'Mansion Worlds Paper' and now I am on to the 'morontial companions.' I don't know if anyone has ever asked you, and this isn't a deal like my needing proof of your existence or anything, so if it seems too personal please let me know. Would you tell me, like I just try to picture when I am reading, and it is like wow - I wonder 'where Abraham is.' So I ask, what have you gone through and where are you at this time? Does this seem rude? When I am reading your lessons, it would just kind of help me if I know more about you; it would help me visualize.

ABRAHAM: Yes, I am understanding, Miriam. I have experienced all seven Mansion Worlds. I have experienced training on other worlds as well. I have ventured to Edentia and Jerusem, as well as many of the planets that are such as yours, to gain experience that has brought me here to you. Under the training of Machiventa Melchizedek, I have asked for certain assignments and he has seen to my education. I cannot say that after the Mansion Worlds my training was routine, but designed to help me to aid the world from which I came and so dearly love. Is this answering?

MIRIAM: Oh yes. You know how in the Urantia Book it says like the creatures that are spiritual or perfect, which are created as spirits, that they will 'just know' the spirit way of things. It's kind of a bummer to be mortal to learn and go through this the hard way. When we grow up and become perfected - will we kind of keep the experience of this imperfection? I ask: When did it start feeling better for you? It is so hard from where I am now. I am loving the mortal experience, yes, but I was just wondering when you started feeling better - feeling some degree of perfecting?

Do you know what I mean?

ABRAHAM: I'll let you know when it does. [laughter.] I can say, my daughter, it is certainly possible for the mortal life to attain a divine flavor. You need not reach the Mansion Worlds to be able to move steadily without stumbling. Spiritual assurity can be had now, yes, through your continuing study and a willingness to be about the Father's bidding. Mind you, it is not a constant feeling, no, but bits and pieces of spiritual well-being. Is this answering? (Miriam: Yes, and thank you.) Abraham: Is there one more question?

ANTHONY: I have a few, but I will pick the most important one: Concerning my present relationship – you talked about 'detachment' as being a last resort, and that what we are supposed to do is give up control to make our unhealthy attachments become healthful connections. But if our attachments are so unhealthy, so one-sided and no connection, and it is about becoming 'detached' – then do I have any part of that relationship that I can hold onto? Can I be selfish in some sense to try to preserve some of my best interests? Or is total detachment inevitable?

ABRAHAM: I see that as not a problem to have some self-protection. But there are relationships that are not producing spiritual fruits, only poisons. You know this! These need not be worked on over and over just to repeat certain patterns. After a well-made effort, and if there is not progress, then detachment is inevitable and in your own best interest, as well as the counterpart of your relationship. I perceive I am not answering your question though?

ANTHONY: I think it is answering somewhat. I just don't know how selfish I can be and try to survive, and show unconditional love as well. That's the problem.

ABRAHAM: The Master did not have so much what you would call 'selflessness' as He did have 'common sense.' The Master made conscious effort to be of service – and when that proved fruitless, He moved on. It was not so much a matter of the self as it was a matter of doing the Father's will. Father asks you not to stay in a relationship that is a burden of great strain in your life – a terrific weight upon your back that would pull you from your spiritual connection, no! My son, you can answer this better than I can. If you are faithful to carry out Father's will then do so without any self-sacrificing, for that is not necessary. Your mind is set already, and I am happy to have confirmed what you have already known. Yes. Is this answering? (Anthony: Yes. Thank you.)

I am slipping, but I would express to you my enjoyment at our personal interaction. You are indeed my friends, and I would give you each my love. Know that you are certainly capable of receiving divine answers. Until next week, shalom.

Enhance Our Relationships By Sharing and Questioning Freely

Abraham, WOODS CROSS GROUP 05-11-1998

Back

I am ABRAHAM. Greetings to you, my friends. It is always a time of excitement and generation of energy each time we meet. In our ongoing series on 'bettering our relationships' it is always helpful for us to exchange words with one another.

Last week in our question/answer meeting there were exhibited excellent examples of equal exchange of love and respect. In our healthful connection, there is listening and understanding, there is sensitivity and compassion. But I would say the most important part of relationships would be to always embrace truth. I was made to feel free in giving my answers, and you were open to suggestions and possibilities. There was indeed a fine example of a working relationship between us; yes, a healthful connection to one another and to our divine Parents.

All present last week were set upon the same cosmic circuit as if we were all joined with the mind of our divine Parents. This was a beautiful foundation for the reception of truth and also the willingness to allow for strength of character to be enhanced. Regarding your relationship to one another last week, allow your mind to think of our discussions together. Remember the feelings of love and respect – there was allowance for diversity, yes; and yet, there was unity in friendship.

This week I would desire to have further interaction with you each; and please regard me as any other associate you may happen to meet. This is an exercise for you to enhance your relationships by connecting with the mind of our divine Parents. Have you questions?

ROLAND: Abraham, I have brought with me tonight, Bob Fredere, who is new to the Urantia Book; but in a spectacular synchronicity he has received this wonderful revelation a couple days before his birthday; and today is his birthday! I have a hunch you already know this wonderful brother, but I want to introduce him as a true seeker. He has confided with me that he has asked the Father for an expanded spiritual knowledge, and so I felt that it would be wise to bring him here to hear you. Do you have words for this brother?

ABRAHAM: Greetings, my son. I am delighted to meet with you. I am perceiving your life experience has brought you to seek for something greater than what your material eyes can see. Would you have a question?

BOB: I have a lot of questions. One out of curiosity is, as these other people in the room go by different names, is there a name for me other than Robert Wayne Fredere?

ABRAHAM: One moment. I am understanding that you are known on high as Harrison, Harrison, yes. Your Father would address you by this name. Yes. These spiritual names are what our Father knows us by, and are indeed sacred. Another question?

HARRISON: I have two questions. One has to do with myself and my health. I don't want to ask that question. The question I want to ask is, or what I am seeking is: How can I have a closer relationship with my heavenly Father so that I can extend myself to be a more loving person.

ABRAHAM: Understood. My son, you, having started your searching long ago, have had to experience certain adversities or lessons that would bring you to this present moment awareness. Father has always been as close to you as He ever was since your first indwelt experience. Your experiences act as a veil of sorts wherein each lesson is a part of the veil to be removed. Father has always been right before you

and now your experiences make your vision of Him more clear. I understand you to already be a very loving and God-like personality. I understand you to desire more of Father's presence in your life – to feel more, to be more conscious of His fingerprints in your daily living. The search has begun, and you have gone beyond the point of turning back. The process is in motion and the tools are put before you. It is your job to chip away at the stone to further reveal God's presence in your life. Yes, your spiritual searching is indeed the key. Continue in your study of the Urantia Book text. Find those moments to practice stillness, and continue your discussions with my friend, Roland. Yes. Is this answering? (Harrison: Yes. Thank you.) Abraham: You are most welcome.

RACHEL: Father Abraham, last week you were saying we were able to receive the divine words in our 'transmitting and receiving method.' About four or five years ago when I would feel the presence of spiritual beings in the room, I would get a pencil and paper and I would sit down and write the message. Upon one of those times, you told me that just because I could feel the presence it didn't always mean that you had a message for me. So I more or less started to ignore all of those feelings that I would have because I didn't want to impose upon you, and didn't know when you really did have a message for me. So my question is: By ignoring these feelings, am I missing out on some of the messages that I am supposed to be receiving?

ABRAHAM: My point to you was that we occasionally look in on you to observe; but yes, we enjoy conversation and friendship. It is wise to have pen and paper available – to be in reception for any words we might have. Correct, do not ignore your feelings of perceived presences around you. If a message is there then so be it; if not, we are there to look in on you, perhaps share a bit of conversation, perhaps some humor. Is this answering, my daughter? (Rachel: Yes it is, but I'll tell you what would help – if you would just hit me on my head then I would know for sure when to grab pen and paper.) Abraham: Understood. [laughter.] Another question?

MIRIAM: Abraham, Nina was wondering if you had any words for her regarding death and the grieving process and any anxiety she may be feeling regarding those things?

ABRAHAM: Ellanor would wish to skip the grieving process, perhaps even escape certain mortal inevitabilities. I would confirm your thoughts, however, on the grieving process to be without time limit. There are many phases to go through in this grieving process to once again feel that comfort from Father – that He is in complete control. Mortals who experience death of loved ones fear the universe to be haphazard or randomly out of control. I cannot guarantee mortals may rush through this grieving process to once again feel the serenity of our Father. There are steps, however, one can do to ease the fear and confusion of losing loved ones. Prayer is always an effective antidote to building faith in our Father – that He is a supreme Caretaker; and, that He is in knowledge of every facet of mortal living. Be not afraid of pictures or symbols that you might think would bring back past pain or grief – for in the holding back there is an escaping of grief, in a way, that is harmful and would prolong the feelings of fear. But overall, the courage to face the grieving process puts your mortal time here in perspective, and renews your faith in a God who is fully capable of running the universes successfully, including your grieving. That is all. Another question?

KURT: In my life, I have been really confused lately. There are a lot of decisions that need to be made in my life. I feel like I have given and given, to a lot of people, even everything I have. I have gotten into this rut of apathy, and I am just kind of curious as to what things would put me on the right path so I can start making some of these decisions better.

ABRAHAM: One moment. I am understanding you to be burdened by time – feeling time-bound, so to speak. There are those feelings of being rushed, and you are uneasy about rushed decisions being made so as to cause further confusion and discomfort. My understanding is that there needs to be some time spent in complete solitude – not a lot, just a few moments to clear those voices of your friends and family that would try pressure you into these decisions. I can guarantee that your personal indwelling Father, being one of great experience, is fully capable of taking you step-by-step through these time-bound experiences. By spending moments in the solitude, there is the voice of God that is surely capable of overpowering those mortals' voices that you feel pressured by. Is this answering? (Kurt: Yes. Thank you.) Abraham: You're welcome. Another question?

CALVIN: In my life right now, I seem to be very calm about those ups and downs in daily living. There are a lot of times when there is someone 'in my face,' so to speak, and that doesn't seem to faze me. I hope that doesn't mean that I am calloused to it. I hope that means it's a good thing, not a 'lost in some time zone impervious to truth' thing. I don't know the right words here for it, but I think you understand my point.

ABRAHAM: Understood. It would appear that the scales are tipped toward divine favor. Your love of the Divine has helped you to be detached from those mortal things which would weigh heavy on you. This is not calloused, but spiritual practicality. The Master himself was unaffected by many of the mortal small happenings because of His faith in Father's over-control, Father's supreme watchcare, yes. Is this helping? (Calvin: Yes. Thanks.)

MIRIAM: I heard someone in the Teaching Mission say last year that the steps and traditions of the program of Alcoholics Anonymous had been given to its founder, Bill Wilson – in essence, through this transmission-receiver method, by celestials. I was wondering what you had to share, or what your spin on AA was? It is such a spiritual program. And, is AA a 'part of' the Teaching Mission? It gives people a way to work through the hard truths and see the needed things about themselves.

ABRAHAM: Yes. Alcoholics Anonymous steps were manifested through divine guidance and human seeking, yes. Alcoholism, itself, seems almost divine in a sense in that it would remove or dull those things which are painful. And yet, never has so much destruction to family life occurred as through alcoholism. Bill Wilson was indeed a searching individual with the knowledge that there is no human cure for alcoholism. The turning to God for help was an apex in history for alcoholism. The spiritual steps received for alcoholism were around the time when the world was ready for spiritual help. Also was the Urantia Book being compiled at this time. As is now, the world was at that time asking for divine assistance concerning additional mortal ailments of the physical and mental kind, as well as the social and economical. In the asking, the answers are forthcoming. In the willingness of

mortals to set their desires for self-glorification aside, is there divine answers for all, yes. The receiver of the Alcoholics Anonymous steps was one such mortal whose inner desire was to find help for his mortal brothers and sisters. Is this helping? (Miriam: Yes. Thank you.) Abraham: One more question?

ROLAND: Abraham, I don't want an answer to this question, but I need you to do some research for me. In December of last year, there was a gamma-ray detection of such enormity which was observed in Italy that they called the United States to reinforce their theory of this gamma ray explosion. They came up with this idea that there was an explosion in a galaxy twelve and a half billion light-years away that was so enormous that it equaled one-hundred 'supernovas.' I know that is a technological question, but I was wondering if there was some cosmic understanding we might have about that. I defer to the idea that this is the last question and I would give you that for a research question you might ask one of your cosmologist's associates. Thank you. [laughter.]

TR/Ellanor: I don't know if it is me laughing, or him.

ABRAHAM: I can check into this for you. My knowledge on such a topic is limited. Check back with me another time.

My friends, I am in such joyful gratitude to know you, each one of you. I am in understanding of your questioning minds and heartfelt desires, but I could not be so helpful as could our indwelling Father Fragments who indeed do uphold the children of the universes. My thoughts are with Him now as I bid you farewell; and I leave my love with you each, always. Until next week, shalom.

Enhance Our Brotherhood With Those We Think Of As Our Superiors

Ham & Abraham, WOODS CROSS GROUP 05-18-1998

Back

(TR for this lesson was Calvin)

My sincere greetings, my friends. I am HAM. It is my great joy to be present with you and to again address you. You, my fellow co-workers in this Mission, have been most diligent in your morontial and spiritual education. As you have discussed this evening, you have entrusted each other with your innermost sharing. It is wonderful to witness your beautiful growing and budding morontial souls.

If I may, I would also at this time commend you for allowing us to be your friends. Abraham and I have indeed been enriched with your friendship and your extreme examples of faithfulness. Among mortals of Urantia, it is quite uncommon to see such faith exhibited. For you see, my good friends, you have withstood so many obstacles and have triumphed over so many personal stumbling blocks that we ourselves are made stronger in observing your stamina and forbearance in pursuing these uncharted waters.

And with these words of acknowledgment and appreciation, I leave you with also my never-ending and ever-increasing love for you, my friends. Farewell.

I am ABRAHAM. It is indeed a privilege to have our brother/friend and Teacher Ham

with us this evening. Often he is available in our meetings as an interactive part of our discussions; therefore, it is wonderful to have his communication wherein your hearts are lifted in receiving his words as your former friend and associate teacher.

Do you see how we have united as fellow missionaries, fellow ambassadors, over these past short years? Have we not been more relaxed and appreciative of one another – meaning you as students and we as teachers in this Mission? It has been our constant endeavor to seek to understand you each. At first you may have thought of us as your superiors; you thought we were almost infallible and all-knowing. In time, you have better understood that we, your Teachers, were more-so merely your fellow associates and co-workers.

It has been our great joy to observe you in your daily walk. In those times when your hearts were yearning, we have been most joyful. We are also observers in our divine Parent's strategy to interface your daily experience with divine lessons. We marvel at the workings of our divine Parents and are privileged to assist you in seeing more of this viewpoint we share.

Do you see, we are not at all divine, but are fellow worshipers of the Divine. It is indeed our greatest joy to assist you in recognition of this divine overcare. With that said, do you now see our role as perhaps an older brother, more-so than as a superior? It is this same relationship which we share with our true elder brother Michael, for not only is He our divine Creator/Parent, but also our understanding fellow. He is a mortal brother – having experienced your life, having experienced your struggle, having shared your sorrows and sufferings and yearnings.

Michael, my friends, is our hope in everlasting salvation because we can relate with Him and also worship through Him. I am overcome with love for my brother Michael. He is a most wonderful friend. He is a most awe-inspiring Parent/Creator. Never-ending are His ways; ever-loving and ever-personal with His children, is He.

This week, I again wish to be among you to share your yearnings and worshipful moments of this brotherhood with Michael in our Father's kingdom. Take a few moments to express your brotherly/sisterly feelings toward Michael and see if you will draw closer to Him, as you have drawn closer to Ham and myself. Even Michael yearns with you for Father-connectedness; He relates so personally with you in your inner-seeking and learning of Father, and of His will for you.

I would also appreciate your combined prayers for the enhancement of the brotherhood on Urantia. Michael's peace is becoming more and more a reality each day as each mortal becomes personally connected in this brotherhood. You, at present, do not see the ramifications of your combined unity and encirclement in this brotherly love – it causes a reaction even on a grand scale at the level of the Supreme Being. Are there a few questions?

INERA: Abraham, earlier we were discussing spiritual names. Is there a correct or incorrect way to receive your spiritual name, or timing?

ABRAHAM: Inera, it is indeed an experiment with some in this Teaching Mission, and

we have extended this spiritual name awareness to those who have sought this awareness, for it has helped to create a higher cosmic understanding and realization of who you are and your place in the universe – it has helped you to know that you are known. Concerning these spiritual names, we have also been careful to inform you that these names are a partial awareness and are revealed at the level of present-day language barriers. When the mortal reaches fusion with the immortal Father Fragment of Deity, a greater revelation of who you are is made – more complete, all-encompassing. It is the more full understanding of this partial cosmic awareness which your name at present reveals. This is best as what I can explain. Is this helping your understanding? (Inera: Yes, very much so, and then some. Thank you very much.) Abraham: You are most welcome, my daughter.

ELLANOR: I have a question, Abraham. What is an important thing to focus on when you are transmission-receiving? What is an important thing to focus on to make you more accurate or a better transmission-receiver?

ABRAHAM: I would rather that one not focus but relax more-so in careless attitude wherein peace may settle in, allowing for more fertile ground for these mindal transmissions. For you see, if the mind is busy thinking or worrying, then it is somewhat more difficult to present a more full message. This is why at times there results in some unclarity. Does this fit with your understanding, Ellanor? (Ellanor: Yes. Thank you.) Abraham: Is there another question?

MIRIAM: Abraham, her question kind of brings to mind something I am wondering. In the morning when I practice stillness it takes a while to calm the thoughts, calm the chatter, and then the worship and praying. Then I get kind of still, and if I am going to receive anything or going to journal or whatever, there is that process. Then in the afternoon when I meditate, and I do so with a tape recorder or something, I know I don't 'go to sleep' because as soon as the tape is over I wake up feeling rested. My question is this, if one is asking to receive the most beautiful perfect light, or anything that you need or whatever, do you get it in both experiences? So like in the afternoon when I am meditating with the tape, and I am not conscious of where I go, am I still getting something? Are they different experiences? or the same.

ABRAHAM: Yes and no. I would say your morning stillness practice is more of a superconscious connectedness, and your afternoon session is fertile ground for deep-mind training, yet not so much a conscious awareness. It has been quite difficult for the Urantia mortal to allow for this higher-minded cosmic teaching, for most mortals carry far too many worries and fears which, when relaxed, tends to all come together in a jumbled mess which is a release, so to speak, for all this negative input. We have been fortunate, as co-workers in this Teaching Mission, to have access to mortals who are trusting and open more than they are subject to fear, despair, and anxiety; so when asleep or in deep meditation there has been opportunity for cosmic enhancements. I would add, that in your more awake stillness practice are you able to converse willfully, and especially to worship – this is the desired method. Yet, Father uses all opportunity to enhance His child's awareness and to challenge His children to reach out for divine assistance. Does this help?

MIRIAM: Yes it does. In just becoming more trusting and knowing of our divine

Parents, and trusting and knowing this process more (the stillness practice), is the ability to converse more like getting to know – that knowingness when you are following your guidance from Thought Adjuster?

ABRAHAM: Yes, Miriam. To converse with Father, one is allowing for His thoughts to lead him and teach him/her. To expect verbal English words is not necessary, but more-so an ever-increasing understanding of His will – which is presented, in my experience, more-so in ideals (word packages), not so much word-for-word using the mortal language. Higher-mindedness is enhanced Father communication. And yes, the more you practice, the more trusting you become of Father's abilities to reach His child. Having said this, I would state that in this present mortal state we will hear more word-for-word thought patterns. There is ample time for enhanced communication beyond your present mindal pattern, and I speak generally, not particularly to any one person. Remember, Father-presence is Thought Adjuster-presence. My communication is by way of technique with your Thought Adjusters. Is this helping? (Miriam: Oh yes, Abraham. Thank you very much.) Abraham: One more question?

ALAUNA: Yes, Abraham. It is a little bit off the subject, but I have spent a couple weeks thinking about a personal question, and you know my struggle to find one. I realize that if you and Michael and Ham have been visiting me that I've kept your wings busy. I move at such a great speed all the time. I work two jobs and try to balance a lot in my life. I would give anything to find time to do meditation. My meditation has to be at sixty miles-per-hour in the car, between jobs. So everything that I do is at such high speed all the time, and I am sure that I keep you hopping if you have to visit me. My question is: I would like a little bit of help maybe in evening times or times when I would like to do some meditation because I feel like my communications are so instant and quick that it is kind of like I have my prayers on the way back and forth to work. What happens is that I get in my bed at night and I can't shut my mind off. When I am not working I am working in my mind. I am reviewing what needs to be done the next day or week, so as a result I really don't find a lot of time to meditate. I would like some help on that subject.

ABRAHAM: Alauna, your plight is not at all uncommon. Many mortals are very busily going about in daily business, and some struggle in vain searching for worldly treasures. Your busy days, Alauna, are spent in service to your fellows; and even though it is your career, it is not gold and silver or the things of this world which you hurriedly seek. You work as though so many depend on you – and that, my daughter, is nothing to feel bad about. I understand all too well this busy structure you have created in your daily pattern. I would say, as you yearn more for divine energy (love) you will feel relaxed more and will become aware that our Mother is fully capable of attending to those things you feel a need to mother. She can help you in your mind to realize this – that you will be more wanting, yearning, and to take 'time out' for divine communication as a 'relaxed' mind, not as a 'hurried' mind. Take no thought of any wrongdoing, but take joy in your enthusiasm. And in your asking for assistance, take time to receive it. Is this helping? (Alauna: Yes. Thank you.)

I wish now to allow you to discuss among you those thoughts that are presently on your mind as fellow co-workers in this, our Father's kingdom. Think how you can

enhance your brotherly/sisterly relationships with those you once thought of as superiors. My love and heartfelt appreciation is with you always. Shalom.

Allow Our Relationships To Promote Growth and Peace

Abraham, WOODS CROSS GROUP 05-25-1998

Back

I am ABRAHAM. You are a most welcome sight to me. After many hours of performing tasks and obligations, I find our friendship unity refreshing and uplifting. I would take a moment to thank Ham for his assistance last week, and also Calvin for his faith in us and acceptance of our asking him to go out on a limb for us.

Our previous lessons, or question sessions, were designed to display examples of 'loving and giving' relationships. Our interaction together was one of trust and comfort. It is simple for us here to unify on this common ground we share; but for you, it would seem somewhat difficult to put this exercise into your daily living with your mortal fellows. This is why we ask that you draw closer to Michael - looking at Him as a brother and fellow.

Michael is not concerned with your opinion of Him. He is not offended by your understanding. He asks you not to change in any way. He loves you with a Fatherly affection, with the bestowal of free will, and allows you to live life in its natural course.

Many mortals find they often miss opportunities that would have perhaps bettered their relationships. Many do not know the closeness and comfort of Michael and Mother, and are unskilled at dealing with their fellows with the understanding of our divine Parents. Many mortals tend to make demands within relationships. They have been known to be unaccepting of their fellows' character traits, habits, and time needed for personal growth experience.

Mortals oftentimes feel that bestowing Fatherly affection, allowing free will, is a show of unconcern or allowing their relationships to slip away. You can understand why we would encourage you to become close to the divine Parents, as close as you would in any other of your relationships.

As I had mentioned - after hours of my laboring in being about the Father's business it is quite refreshing for me to meet with my healthful connections. What a beautiful exchange of energy, comfort, and allowance for each one to be just who they really are. Our healthful connection certainly removes the demands or pressures we may feel during our existence. In our relief from pressures, there is growth and refreshment at the well of spiritual waters.

This week, I would ask that you dip your cup at this well and allow your relationships to promote more growth and peace while decreasing demands and pressures. Seek to uplift. Your prayer connection to Michael and Mother will aid in maintaining strength for those individuals who would perhaps stand between you and the well of spiritual waters.

Our divine Parents had never designed in their overall planning for you to be burdened and un-rested in your mortal life, no. Our divine Parents had carefully

planned for your spiritual growth and path to our Father. Mortal living is not just endless toiling, no. Your relationships are not to be a source of unrest, but a lesson on growth.

Our lesson this week is short to allow you to have discussion on these words in the lesson. Have you questions?

ELLEN: I found this in the Urantia Book: Page 1013. "Modern man is confronted with the task of making more readjustment of human values in one generation than have been made in two-thousand years. And this all influences the social attitude toward religion, for religion is a way of living as well as a technique of thinking." With that in mind could you speak about the violence of the youth of today?

ABRAHAM: Certainly. That is an appropriate saying where the generations of today fit more living into their lifespan than did those in generations of the past. There is indeed a great deal of healing today's generation must promote. Unfortunately, for mortals to take action, things such as violence must hit close to home. For major healing to take place on a worldly scale, small healings need to start within the realms of our first beginning relationships – such as parent and child. It is so small and simple to start with and yet, it is as the individual who is ill and needs medication, but because they feel slightly better they forgo their medication only to find later their condition has worsened. The love of a family--parent and child--is our greatest hope for the healing of youth violence. Today's society, in general, is as the individual who is in need of medication, and forgoes teaching simple truths to equip parents with the skills to raise children, while conditions worsen. As I said, it starts out so simply with educating those that would be parents (or are parents), how love is as important as food or oxygen. A loveless child is unfortunately deformed psychologically and emotionally – and is, therefore, a black mark on society. Do you see, the small beginnings between parents and children are our hope for the violent youth of today. But I can guarantee that any child receiving love from any source is apt to be fed in some small way. Is this answering? (Ellen: Yes. Thanks.) Abraham: You're welcome. Another question?

CALVIN: I am a little unsure of this word 'change.' In one aspect you are saying that "Michael would never seek to change us at all," I think you said. And yet, it seems like there needs to be much change, as individuals and as a society, in order to heal. Could you tie that in with perhaps Ham's initial statement, "welcome to change," the differences that I am not connecting with here?

ABRAHAM: Certainly. With the bestowal of Fatherly affection and free will, change is up to you. Michael would seek to guide or help but never to criticize or belittle or accuse of wrongdoing. Do you see, He is our Universe Brother/Father and has known us from the moment of our existence, and His knowledge of our true essence is so much more than we could ever perceive in our mortal life. His knowledge of who we really are, leads Him to love us completely and unconditionally. One who loves unconditionally seeks not to change that which he loves. Guidance, yes! Helping us to grow, yes! But pushing change on someone's personality is a form of unacceptance or criticism. And, it is not in His nature to infringe upon our free will. Ham's discourse on 'welcome to change' was not so much referring to the individual, but on a much larger scale such as the Teaching Mission and Correcting Time. Change is

completely the choice of each individual. Is this helping?

CALVIN: Yes, very much, thank you. In your lesson tonight, you talked about coming to this group and receiving strength in our relationships, and I can relate that to my daily work where we have established a beautiful brotherhood. It is a strength and a joy to go to work. It is a strength and joy to come to these meetings even more-so, because there is more of a spiritual food here. As a world of diverse believers, I see a huge change at our work-place in that there is a brotherhood of very many different beliefs – and yet a common love and respect for, and brotherhood with, each other. Is that the strength you are talking about?

ABRAHAM: Yes. Beautifully put. In healthful connections, we find an even distribution of energy exchange and upholding and uplifting. Yes, this is the goal of all our relationships – to give and be given to; to love and be loved; to support and be supported, yes. Your findings regarding your brotherhood on the job is accurate and yet, you can see the time and effort that was needed to get to where you are now. Also, it is the same with our group right here, yes. Is this answering? (Calvin: Yes. Thank you. It took some hard knocks and people 'speaking their minds' and so-on, to bring about that developing change, atmosphere, at work.) Abraham: Yes, exactly. One more question?

MIRIAM: Abraham, I was wondering if you have any input or guidance regarding the upcoming Conference in Nashville. I know I am doing what I can – and, we've got enough money. If only the thirteen people that come that are registered now, and that's it, I know it will be Father's will, etc. I am just wondering if there is anything that I need help with you could suggest or anything you and Ham and whomever, if there is any input you have?

ABRAHAM: Yes. One moment. I am HAM. Worry not my daughter, for it is, as you have said, it is in Father's hands now. My recommendation would be a bit more advertising is needed. There are a number of individuals who are still unknowing about this event. It is true that you have indeed performed with the utmost show of faith. I would ask that you worry not. That is all.

I am ABRAHAM. We are in such gratitude to all you who endeavor to make our mission grow. Your examples of faith are a literal light to which we can work by. Our thanks to you. My love is with you always. Until next week, shalom. [The Teaching Mission had elected to hold a Conference in Nashville, TN this year. Ham's group in Nashville hosted this conference and had asked some in the Woods Cross, UT group to assist. Miriam was the lead in this role, from the Woods Cross group.]

Act Upon Your Highest Light Within

Abraham, WOODS CROSS GROUP 06-01-1998

Back

I am ABRAHAM. As always your discussions seem to uplift me. They fill me with hope for the spread of Father's work. You indeed receive much light through your interaction with one another. This group is certainly a wonderful example of healthful connections.

These lessons on relationships are difficult and ongoing because we must await your

time needed for relationship experiences. Father and His various assistants work diligently to help provide your needed experience. I would ask that the next time you are in the throes of unhappiness concerning relationships, look to Father's helpers and know that they work for you. Remember, it is when in the midst of relationship difficulties that your experience is valuable. Yes, you would do well to remain observant.

Many mortals have looked back upon their life with dissatisfaction or regret concerning decisions they have made. Many look back with regret regarding their participation within relationships. Some mortals do find this regret to be an overwhelming negative energy which is appearing to consume all thought. There were perhaps harsh words to a loved one that was uncalled for, or missed opportunities to express love. There might have been times of holding back acts of service due to hurt feelings.

Many relationships die without resolution, and these unresolved difficulties within relationships cause you to regret – to be consumed with the energy of regret. This particular energy chances to block spiritual light that would come from our Father. This blocking tends to keep us repressed and repeating past mistakes – wearing a well-worn groove in the path of negativity.

Does anyone know why the Master lived without regret or dissatisfaction? Why was His life lived as a continuous prayer of gratitude? How was He able to escape the negative energy of regret?

I can say to you, the Master had no cause for regret or dissatisfaction concerning His life decisions. All Jesus' life decisions were made in conjunction with the Father's knowledge. All His earthly doings were prayerfully thought-out and within the Father's will. Jesus' closeness with His Father caused Him to live up to the highest good possible. His open mind and heart to Father's will always encouraged Him to act upon His highest light.

When one has chosen to always act upon their highest light there is no cause for regret. There is learning, yes; also growth, yes – but no looking back and wishing you had done better. In relationships there are always opportunities to act upon the highest good within; but from experience, I know that human emotions make it difficult. Anger, fear, and envy – these tend to distort your ties with Father and handicapping you to receive and act upon your highest light within.

It is entirely possible for us as Teachers to relay to you the techniques in which you can use to access this inner goodness. I do strongly believe that mortals are ready to be free from the bondage of regrets – negative energy – free from the mental torment of 'desiring another chance to make things right.' To live in such a place of regret and dissatisfaction is exactly what you draw unto yourself; it is a continuous cycle of unrest.

We can learn from the Master's experience of living up to His highest light in all things concerning all relationships, always aligning the will with that of our Father in heaven. These techniques do not magically appear, no. Through the exercising of humility do we find our ears open to our Father's grand design.

Through our smallness do we comprehend His overall plan. Through the courage to take the more difficult path of controlling our emotions (instead of acting impulsively) do we discover the access to our highest light.

As it was with Jesus so will it be with you – where the only choice you would desire to make is to act upon your highest light in all situations. Emotions will not be so much repressed, but rather, transformed into positive energy. Your healthful connection here in our group is certainly a positive way to touch upon Father's ideals. Your healthful connections equip you with the strength to stay aboard the ship of faith when waters are rough.

Are you understanding my meaning? Your discussions beyond this group and with one another regarding these words are certainly uplifting and faith-promoting. Only a few questions, please.

RACHEL: Father Abraham, I am a little confused over our worshipping of Christ Michael and our worshipping of our Universal Father. Would our Universal Father really care if we also worshipped Christ Michael? Because I feel if I show adoration, that that is still a form of worship. Can you help clarify that for me, please?

ABRAHAM: Yes, certainly. Michael is indeed a loving Universe Parent, as is our Mother. We do indeed hold the highest esteem and love for them; and yet there is One who has even created them. It is altogether acceptable and proper to adore your Universe Parents; and yet, to recognize Father's all-powerfulness in all that we know leads us to fall to our knees in awesome gratitude. Yes, I do certainly believe that our Father deserves our worship, and this takes not away from our Creative Parents, no. Father takes no offense at His children worshipping His Son. But I would indeed relay to you that we love and adore our Creative Parents, as they do us. And, we love and adore and revere – and are awestruck by, our Universal Father. Is this answering? (Rachel: Yes, beautifully! And I thank you.) Abraham: You are welcome. Another question?

ROLAND: I hesitate to broach the subject, but it seems to me like in my development of spiritual understanding, as erratic as that might have been and is, that there are some times when the kindest thing to do with people who may rely on my judgment, is to remain out of relationship with them; particularly so as not to confuse the issues of their particular mindset – the mindset that they are in at this particular time that is beneficial to them, even though it may be erroneous or appears to be erroneous to my own spiritual enlightenment. I haven't gained the poise to keep my mouth shut so to avoid any damage I might do – so rather, I've just withdrawn from certain relationships. Instruct me on this, on what I need to do.

ABRAHAM: There are relationships that find no resolution, usually when there is not equal participation. Perhaps one would seek to be productive concerning the relationship, and the other would seek to guard their own welfare – it is understandable and not to worry over. There are regrets, yes, and then there are lessons learned. There are those who make rash decisions, and those who endeavor to act upon their highest light. In my understanding of you, my friend, I would look back and decipher those experiences which were lessons, and those that were regrets;

and, the participation-factor of each party. Was there mutual devotion to the whole of the relationship? or only to one's own best interest. I would say your understanding is quite clear and your capacity to receive Father's light is quite extensive. Is this answering? (Roland: Yes, it is, and thank you very much.)

Abraham: You're welcome. One more question?

HARRISON: Abraham, I am troubled over a statement I read, and I would wish for some understanding. The statement is this: "It is God's will that none shall be lost, and none shall." Can you help me with that?

ABRAHAM: I can give it my best effort; I am unclear as to your troubled feelings, but I will answer as best I can. All Father's children are sought out by Him. All are equally loved and given ample opportunity to know Him. In this manner, none are lost, all are called. With that statement, the actual meaning is unclear, I understand. But I can say, with regarding souls of those mortals who do not wish to carry on, the eternal adventure is certainly lost; they wish to relinquish their eternal career, and I am understanding that to be 'lost;' not necessarily bad, no, but a normal outworking of Father's divine plan. So yes, 'all are called' – but some are unfortunately lost. For the most part though, I can say that mortals do find their way to Father through any and all measures; most are saved and choose to run the infinite course. This is certainly a great source of joy to our Father – to receive His children. Yes, the losses are sorrow-producing and yet, par for the course of normal evolutionary progress. Is this answering? (Harrison: It is. Thank you very much.) Abraham: You're welcome.

I would express to you each my love, devotion, and gratitude for your uplifting participation in this, the Correcting Time. Until next week, shalom.

In Living Up To Your Highest Good Within, Ask `What Would My Father Have Me Do`

Abraham, WOODS CROSS GROUP 06-08-1998

Back

I am ABRAHAM. Greetings, and welcome. I am made glad by our weekly visits. We can always find time to join our minds with Father's in the giving and receiving of divine love and wisdom.

Our meetings strengthen each one of us to go about doing our Father's bidding. Last week we discussed how the Master lived up to His highest light within; He went about doing good; He acted with our Father's wisdom and love. Even when the Master was in complete anguish He chose to act upon His highest light.

Being within your mortal vessels, there are times of loneliness, anguish, devastation. Many mortals are embittered by their life circumstances and choose to encase themselves within the bonds of fear and anger. It is a tendency of mortals to turn to Father with an accusing eye in wondering why such things are befalling them.

The Master knew well of the pain that is natural for this human adventure. He experienced the very worst that man has to offer; and even then, He stood unshakable. You see, His decision to act upon His highest light was at times a shield of sorts – an elixir for the maintaining of well-balanced mental health.

No matter what mortal living had in store for the Master He was always well prepared by His commitment to being within the will of His Father in heaven. His commitment was perhaps the answer to all questions. His commitment to do the divine will always set His mind in an asking mode to Father. Jesus was always in conference with Father; and when those times of upheaval occurred, His commitment remained true - 'What would my Father in heaven have me do?'

The Master, in living up to His highest light, took great joy in expressing His love to those He knew - lending a helping hand or a bit of guidance to those who were seeking. Jesus regretted not any of His mortal life for He took every opportunity to act out the Father's will. He chose to really live each and every part of mortal life - to be within every moment, good or bad, with His Father by His side.

Those who stifle their highest light, or are perhaps too shy or unsure to act in their highest light, learn to live with regret and are always desirous of 'another chance.' This is not bad or sinful; it is though, perhaps a lesson for you to re-live some of the pressures of mortal living.

In your efforts to draw closer to Father and His divine helpers, have ready your question: 'What would Father have me do at this moment in time?' Even for particular situations within relationships, or those personal struggles, always remember the question. Confirm within your own heart your commitment to the doing of Father's will. Choose to be aware of the option to always act upon your highest light.

Yes, my friends, take advantage of those opportunities that come your way. In that first thought of doing an act of service or expressing appreciation or love - there, is your contact with your highest light; and there is only your courage that is needed to act it out. Many times do we hesitate and talk ourselves out of it using various excuses.

Our lesson tonight on 'living up to your highest good within' is a bestowal of liberty to act out the Father's will; to feel at liberty to express those thoughts or comments, those acts of service, and to really be aware of each moment of mortal living, good or bad. That is all. Have you questions?

CALVIN: Abraham, is it expected ever for us, or is it possible I should say, for us in this first life to have quick changes from past patterns and spirit poisons? or does it usually take a lot of hard knocks and lessons, and time.

ABRAHAM: Yes. Most patterns can require time to find better ways. There are those hard lessons though that can jolt a person into a quick behavioral change. We have found the latter to be fear-based whereas the time and practice method to change is more akin to Father's evolutionary design. When we teach to have awareness in the moment - the allowing of really feeling mortal life - this is an opening for Father to teach. He teaches in time intervals which creates for you a well-balanced mental state. Is this answering? (Calvin: Yes, it is.) Abraham: Another question?

HARRISON: Abraham, my question is regarding what I know a little about from my LDS church upbringing, which is called 'The Millennium.' Can you tell us if we are starting the millennium, which as I understand it, is 'a thousand years of peace

when Christ will reign personally, on the earth?’ Can we expect some very positive change to occur at that time? or is it occurring now?

ABRAHAM: My understanding of that definition is with regard to the teachings of old – we are on the cusp of great changes, yes. We are ending one era to begin another. My answer is: The times of peace are ahead and not now. Not to worry though, this time is not far ahead. There are still evil hearts within the world that would delay this peace. Michael, our Spirit of Truth, does run rampant at this time to expose all evil so His children may have awareness and search for resolutions. This is a very important time in Urantian history, yes. The steps taken now work to promote that time of peace which you term, the millennium. Is this answering? (Harrison: Yes, it is. Thank you.) Abraham: You're welcome. One more question?

If there are no more questions, I would take my leave and remind you each to be ready this week with your question in every situation. My love is with you. Until next week, shalom.

Spirilogistics | Living Up To Our Highest Good. Go Beyond Ego To Find The Will of God

Abraham, WOODS CROSS GROUP 06-15-1998

Back

I am ABRAHAM. Welcome. Greetings. How connected I feel to the cosmic mind when we all join in conversation. I can literally view the energy exchange between you. What a recharging of our spiritual batteries each time we meet. I perceive your bond with one another in this group is strengthening and helping to keep a well-balanced mental attitude.

I understand the experience of the mortal flesh. Before my association with MachiventaMelchizedek, I too had to carry on with blind faith and eternal hope that all I felt to be true was indeed true. This, our group, is your common ground. Your group is your spiritual anchor in the storms of mortal living.

Our discussions of late have been regarding living up to your highest light – making all decisions from a spiritual standpoint; having the willingness to take action within Father's will; making Father's will, living; allowing His wisdom and divine love be put into action through you, His mortal children. As you are able to put these words into practice, and understand that mortal life should not be fraught with regret, do you begin to realize that you are stepping away from human emotions into a place of spirit and logic.

The life of the Master was an excellent example of spirit logic – spirilogistics. He acted from the standpoint of His Father's will; and it, at times, did not run congruent with His own logical mind – but the Master, in His wisdom and magnitude of faith, took to the hills for solitude and prayer. His connecting with Father aligned His logic with Father's will; it dissipated somewhat His human emotions and created a spirilogical response in all His daily tasks.

Human emotion is inevitable and entirely natural; and yet, so connected with ego. Human emotion has many layers to uncover to find the level of logic; and beyond your own logic there are several more layers to uncover to come to the Spirit.

Our Master lived without regret because He had always acted upon His highest light: "What would Father do?" "Beyond anger, despair, disappointment, and frustration to the core of spirit and logic, what would Father have me do?" Yes, it is beyond the ego's influence, beyond human emotions, to a spirilogical response, is where we find the will of God.

At times, emotions are all you have. Even the Master had succumbed to human emotions at times. I mean not to convey that emotions are bad or negative, no, but that this emotional state is simply not the place to discern Father's will and attempt to act it out. Your connection with one another strengthens your ability to act using spirilogistics; your moments of meditation or communing with nature does also aid in this method.

This combination of the 'spiritual' with the 'logical,' aids in transforming your unhealthy attachments into healthful connections. Your temptation to act from a place of emotions is dissipated (not stifled or repressed, but dissipated, perhaps energy transformed). With practice, the ego is not maintaining control, but the highest light within you is shining.

This week, I ask that you exercise the spirilogical response. Attempt to avoid irrational actions or outbursts; and instead, turn inward and connect with your highest light. Maintain the mindset of asking: "What would Father do?" Have you questions?

MIRIAM: Abraham, I have two questions; the first one is a quickie: Is this spirilogistics frame of mind an example of those thirty-six mota mentions that are in the Urantia Book – like about how with man it is philosophy, but then when we get over to Mansonia One, it's mota? Do you know what I mean? Is this like a mota deal?

ABRAHAM: Understood. Yes, in a manner of speaking – for mortals who are living with rampant emotionalism, rash decisions are made and matters worsened. Yes, you are correct. There is a need for the peoples of Urantia to acquire skills to living peaceably with their fellow mortals. That is all. Another question?

MIRIAM: For the past little while I have been busy working on the upcoming Nashville Conference preparation. I haven't had time to practice stillness in the morning. In trying to do these exercises of asking, stopping and asking for Father's will and guidance in day-by-day matters, especially with the Conference – is this like a different process? You know like there for a while we were hanging with Michael and Mother, and we were just dwelling with them as our divine Parents. This pausing and asking Father for guidance feels a little bit different. So my question is: Is it, in essence, trying to get in touch with, getting comfortable with, and knowing our Father Fragment – this process of pausing and asking 'What would Father have me do?' I have sort of felt off-balance because of a need to do the stillness. But on the other hand, the practicing this 'Father's will' thing keeps me in line throughout the day and I don't get too crazy. Does that at all make sense? What do you think about that, and how am I doing?

ABRAHAM: Yes, these exercises are to help improve Thought Adjuster communication and to be more prepared to receive immediate answers. These exercises are helping to

enlarge your capacity to receive the divine word. But also do I use Christ's life as an example to keep you in touch with the human side of God – the God of humanity. I do believe that you, Miriam my daughter – as you gaze into your gardens, you are filled with a quiet stillness and deep appreciation of Father, which is really quite touching and very soothing to the soul. Your appreciation of Father's works 'out in the world' are, in themselves, somewhat of a meditation; and, at times, is more progressive than an 'indoor' meditation. Are you understanding? (Miriam: Yes, Abraham. Thank you very much.) Abraham: You're welcome. Another question?

CALVIN: Abraham, our friend over in Tulsa, David Linthicum, does not have a group there and feels quite drawn to our lessons. At first he was a little hesitant about the revealing of our spiritual names while in the mortal life; and after a discussion, I think he feels more comfortable with that issue. He asks if you would mind sharing with him his name; or would you rather wait for a Teacher you see developing in a Teacher group there in Tulsa?

ABRAHAM: I am in understanding of his spiritual search. He is a man of truth and dedication. I believe at this time it would be acceptable to share these lessons with him. There is a good chance there are other Urantia Book readers in the area who might be interested in group-teaching, but this will indeed take time and awareness to Father's open doors. For the meantime, he can be considered one with our group here. Is this answering? (Calvin: Yes. Do you want him to wait for a name?)

ABRAHAM: One moment. Amden. This is as close as I can verbalize using the English language. I would ask Amden to make effort to understand who he truly is in order for this name to become his own. Amden is how we recognize him. Amden is how he is recognized on high. That is all. Another question?

CALVIN: It feels I've been inundated with a lot of 'incoming' mind and spiritual information these last few months. Perhaps I am needing to take a break from the intense spiritual education. It is like a break is needed 'to go fishing,' so to speak, as the apostles did. I do see a big difference in my spiritual awareness in the world – the world 'before' my involvement in the Teaching Mission lessons, versus 'now.' I'm referring to my spiritual learning and maintaining a balance with my daily 'jumping back into the world and swimming,' so to speak. I am sure that it is probably healthy for me to take a break. I was moved earlier to ask if you have anything to share with me on this.

ABRAHAM: Yes. With the upcoming travels, you will expend a great deal of energy; and it is our wishes right now for you to be at ease for the time being. Your reserves will serve our Mission well. It is altogether wise to maintain a lighthearted attitude, both now and during your travels. Your lightness enables myself and others to communicate more clearly through you. Yes, I say rest now my son, Father's tasks are at hand. These tasks themselves are giant steps in spiritual learning. Please allow this time of rest to strengthen your confidence in your abilities to be of service. Are you in understanding? (Calvin: Yes, very much. It makes clear sense, it really does. Refreshing.)

ABRAHAM: Wonderful. If there are no more questions, I would express to you my deep

and abiding gratitude to Father for allowing me this closeness with you. My love is with you each. Until next week, shalom.

Developing A Spirillogical Response Rather Than Emotional Upheavals

Abraham, WOODS CROSS GROUP 06-22-1998

Back

I am ABRAHAM. Welcome. What an honor it is for me to draw closer to you each week. Our interaction builds upon ideals and enhances creative thinking. Our minds together help us to be strong as we accept the challenges of daily living. My gratitude for Father runs deep for He has answered the desire of my heart.

Last week we spoke on surpassing irrational emotional actions to becoming used to using the spirillogical response. In every relationship, there is an abundance of emotions. Many rash decisions have been made from this mindset and has caused great confusion with those you love.

A man who has been unfairly treated at his place of employment will certainly be feeling deep within his emotions. This man has felt these injustices deeply and is burdened by an abundance of spirit poisons; there is anger, fear, and regret. The ego chatters incessantly with: "They have wronged me unfairly and I must seek to regain my upstanding position." With the ego, there is a great percentage of worry placed upon aesthetics or how he may appear in other's eyes. This man, so deep in emotions (or spirit poisons), need not take action immediately to defend his position; he need not scream out for justice or to bang fists on his desk for attention, no - for these dramatics tend to put people on the offensive.

The wise man knows the emotional place is not to be making decisions from. The wise man would take a moment to connect with Father, as did Jesus. He would ask for 'our Master's change of mind' and allow for emotional energy to be transformed into a place of spirit and logic. The man could then react with a spirillogical response, being quite aware that Father has his best interest at heart. The man asks the question: "What would Father have me do?" What an invitation to an invasion of divine forces who stand by ready to help!

One not skilled in using the spirillogical response would take action in the midst of his emotions - making decision in that moment which would prove to be unfruitful. Perhaps he would quit his job or make an exit with memorable harsh words. Perhaps the man has a family to provide for; and should he allow his emotions to blow with the wind in his rash response, he has then created a whole new list of problems in the severing of ties with the healthful connections needed to provide for his family.

One having been quieted by the Master's gentle touch is at last ready with his question: "What would Father have me do?" His faith allows him to believe answers are forthcoming. He can then step out with a healing response, building connections, creating light, and transforming negative into positive. Yes, he is ready to respond with spirit and logic.

In your relationships there are so many who answer the ego's call with actions taken from hurt feelings, from decreased self-esteem. The spirillogical child of God knows

the source of all love and feels no personal offense. The self-esteem is not affected, and the need to scream out for acceptance is not necessary.

Once again, I would ask that you continue with this exercise, and know that you have permission to get away. Find some solitude; connect with Father and ask the Master for an exchange of your mind with His. Act not from your emotions, but accept Father's gift of time – time to have connection with Him and to become skilled using the spirilogical response. Have you questions?

ANESIA: Abraham, I have just been thinking a lot about my future, such as where I am going in my life; what I want to do as a career; where for college, and etc. I want to do what comes naturally to me and what is easiest for me. This topic has been my communications with people lately, and I have been having a hard time communicating because I haven't been able to express myself very well. I have been having a hard time having other people understand me, expressing my feelings. If you could just give me some advice or some guidance for me on that?

ABRAHAM: Certainly. I do not see the problem so much as concerns your 'communication skills' as I see it 'with your youth.' Older individuals tend to be set in their thinking, believing their years of experience makes them more knowledgeable than you. This is correct to a point, yes, but when older individuals disregard the thoughts and ideas of their youth, they do forfeit great creative ideas. The youth ask that they be heard and understood; and the older adults (all too hastily) desire to help and make the way easier for the youth. We must remember the apostle who was by the Master's side to the end; this was indeed the youngest apostle, John. John could be found many times at the Master's side when Jesus needed assistance for personal happenings or for open and honest ideas. Your future, Anesia, seems to be unsure at this time, yes. But I can say, you are correct in doing what you love, doing those things that you have a passion for. Remember, sometimes the things you love take time and there are avenues to travail before you arrive at your destination. Keep in mind our youngest apostle and his closeness with the Master. You are doing well and I see no need to have anxiety over this. Your path to Father has been mapped out. Listen to Him and trust in your abilities. Is this helping? [Reply was inaudible.] Another question?

INERA: Abraham, I feel like this lesson was designed for me today. It has been three weeks of obsessive behavior, on my part, towards a boss that won't leave me alone. Today I left work three hours early, but first I went behind the building and vented to friends. I guess that is better than venting on the person I wanted to. So this lesson tonight is basically that we are to “turn the other cheek?”

ABRAHAM: No, no! This lesson is about allowing time for a change of mind, and acting from there instead of acting from emotions. Speaking to friends is excellent in creating mindal change, depending upon the friends you speak with. There are those friends who would tend to make the situation worse with negative comments. Or, there are those friends who would validate your feelings and have some sympathy, but remain positive and uplifting, maybe assisting in resolutions. Are you understanding? (Inera: Yes. Thank you very much for the entire lesson tonight.) Abraham: You're welcome. Have not anxiety over this. Perhaps try to incorporate a lighthearted humor when contending with your boss. That is all. Another question?

WILLEENA: Abraham, when someone comes to that moment of choice when they are in their emotional upheaval, stress, and they can remember to simply ask for Father's way – you said something about their 'need for attention;' so at the bottom of their distress – is it that there is an emotional experience of being invalidated or unrecognized, or feeling overlooked in some way? And therefore, in asking the question: "Father, what would you have me do, what would you do?" – that actually gives a moment of remembrance of affection, that again they realize they are not alone and that there is a higher recognition towards them, so that the Father is there with them and validating them as a loved being and that they don't have to go off into a tangent or an emotional tantrum. Am I on track with that?

ABRAHAM: Yes. Yes, well said. Concerning your fellows, they are perhaps like a mirror and tend to reflect their feelings upon 'you' that would make you feel less-than. This is where your emotions come into play. It is at this point where you make your decision to act, or to stop for a moment with Father and present the question: "What would you have me do?" Yes, beautifully put, Willeena. You are understanding. Is there another question?

WILLEENA: I have a question on a person. Can I ask something about someone outside the group? (Abraham: Yes.) Willeena: Actually, I'd like to ask if she would be an appropriate person to introduce your lessons to. Can I just think who it is? Will that be enough? (Abraham: Yes.) Willeena: My concern is that she has had a very challenging life, and that she has been recovering from emotional and mental distress more than most people do. So my question is: Would it be appropriate to introduce her to the Urantia Book, and then also to these transmissions as ongoing support for her ongoing healing?

ABRAHAM: One moment. I am certain that these lessons would suit her for the time being. They are simple and yet, well within the reality of mortal living, allowing her the spiritual tools to use in the practicality of mortal living.

MIRIAM: When you said you could see our energy last week, what did it look like?

ABRAHAM: I see the energy as you would see heat rising up from a blacktop road – only what I see is in beautiful vibrant colors. The colors signify certain meanings: A bright green would be a neutral color depicting an open personality; a blue color would signify harmony and compromise; and a violet, which is seen frequently here within your group, would signify strong feelings or passion. One more question?

HARRISON: I haven't read all the Urantia Book yet so maybe this is covered there, but how would you have us act or react regarding homosexuality?

ABRAHAM: My understanding is that you would regard homosexuality as you would any other person. This is a topic that still promotes confusion, and the best that we can hope for at this time would be to promote love and acceptance, and allow one and all to know they are a beloved child of God. This material life is not what it seems, but a shadow of people's desires; and of course everyone desires love and acceptance. Homosexuality is a great teacher of tolerance – and if Urantians can look upon this with normalcy, then the negative focus would be drawn away from it

and true understanding would emerge. Yes, that is all.

I would express to you my unending love and appreciation for your patience with me. Your kindness allows me to better teach. I thank you. My love is with you. Until next week, shalom.

The Spirit of Truth Is Completely That, The Truth. How Effectively Do We Use Truth
Abraham, WOODS CROSS, UTAH 06-29-1998

Back

I am ABRAHAM. My greetings to you this evening. I count myself blessed for your faith in our Father, in myself, and the Mission. How wonderful it is to be within a group so faithful and dedicated to our cause.

You must know by now that you would not attend these meetings without having exercised the spirilological response. There are many factors to consider when attending any group of spiritual seekers; there is time taken to filter through philosophies, beliefs, and social chemistry. You certainly do not attend without thought for your safety or the promotion of positivity. Your use of spirit and logic has granted you comfort here.

In using the spirilological response we are embracing our Master's teachings; we are utilizing the mind of Christ. Yes, we are allowing the Spirit of Truth to release to us information and, allowing our logical mind to decipher the meanings. Christ was indeed a divine being, but He was also, human – and you relate well with that fact.

When we exercise the spirilological response, we mean not to succumb to manipulation tactics in your relationships, or bow down to another, or to embrace 'tradition' in the traditional Christian-like manner, no; the Spirit of Truth is completely that – the truth! There is always the ego that would step around or manipulate the truth for its own glory, yes. The ego would tell those in your relationships that you are a highly thought of and respected individual. The ego would seek to deform the truth for personal gain or to maintain a certain standing.

To go beyond the ego, we use our spirilological response to courageously use the truth for the betterment of one and all's welfare. We would seek not to use the truth to injure (although sometimes it does), no! We would use our spirilological response – to go past the ego's manipulation to the 'light of truth.' Spiritually, we are not afraid of truth – but egotistically, we are.

To connect with your spiritual relationships is to utilize your highest light your mind has to offer; this is always done courageously using 'the truth.' The truth, and the understanding of it, varies from person to person; and the only way you can hope to find harmony is to allow one another their search and their experience of, truth. As we can all attest to, this works well within this group. Your healthful connections here are good practice for your personal relationships elsewhere.

I would remind you, each one, that using the spirilological response is not weak or surrendering, but is courageously an embracing of the truth; you would see mass improvement if all your fellows could do this very thing. You can witness this

technique in world events – nations allowing one another to have their own truth, knowing that each one desires the best for one and all. You can also witness the devastating effects when nations are only concerned with their own place in the power control.

I am asking you this week to consider how you use the truth. How effective is it in your personal relationships? Can it aid when using it as the Master did, with tact and tolerance? My lesson is kept short to allow for questions. Proceed.

MIRIAM: Abraham, I have a question about the same thing on two levels. First – Calvin and I are going to do a workshop about your five-step prayerful healing technique you have taught us. I was wondering if you thought that was a good idea? or is there something else you would like better to use with our time there. Secondly – if you or Ham had any broad guidance about the Conference? When I started the Conference-planning, I was kind of into the flow of “The Good News, The Brotherhood in Action,” as the slogan/title for the Conference – and I still am excited about it; but would you, or those on your end, prefer some other title? I have just gotten so wrapped up into trying to do the job so that everyone that's going there would have what they needed, etc., and I guess I need a little bit of personal guidance regarding my dealings with the Conference. Does that make sense?

ABRAHAM: Yes. I would think it of great benefit for others to learn of our prayerful healing techniques, yes, wonderful idea! One moment. ‘Good News, the Brotherhood in Action’ slogan should be used within the realness of mortal living. The realness, is making mistakes, misplacing papers, stumbling during a speech and being able to maintain a sense of humor. Yes, the spirit-reality in everyday real happenings is what mankind needs to hear. Children, employment, mowing the lawn and doing the laundry – this, is realness. And really, these things do have significance; these are things each mortal must do, and it is best when they can find the spiritual meanings therein. Many know the difficulties of paying bills, dealing with teenagers, or driving in traffic – these are things that make man strive for self-mastery. The Conference must be kept real – small, so to speak. You cannot recruit an entire nation or planet to your spiritual beliefs, but you can aid the planet in teaching your fellows to use spirituality within the realness of life. Miriam, my daughter, you do well with this technique and you have a wonderful sense of humor – use it! Look forward to the realness of the Conference and Father's fingerprints in helping to maintain a light atmosphere. Is this helping? (Miriam: Oh yes, Abraham. Thank you very much.) Abraham: Another question?

CALVIN: While we are on Conference topic, do you have any special instruction or admonition to take with us to Idaho? [Editor's note: Referring to an upcoming Teaching Mission Conference in conjunction with the two Idaho TM groups.]

ABRAHAM: I see this Conference as being filled with energy and lightness, but there could perhaps be an 'anything goes' attitude. You would also do well, my friend, to remind your fellows of the purpose for our Mission – the use of everyday spirituality in daily life. Is self-seeking gratification a part of our Mission? Is there the answers to mysticism in our Mission? No! there is only mass effort to uplift and correct the planet. Yes, my brother, you do well to promote the truth. Is this answering?

CALVIN: Yes very well, especially the issue of mysticism right now. It seems to be quite a combative effort among the anti-Teaching Mission folks – the Urantia Book fundamentalists, to point a finger at this Teaching Mission as an 'off-the-wall mystical spiritist movement.' And I would say, in reality, it is what the Teaching Mission is trying to do – to help us come out of that mysticism-thinking in people's minds and to make spirituality a reality.

ABRAHAM: Yes, understood. Our Mission is like a new toy that all desire to play with. The excitement will die down and the truth will come forth. And we will require grounded individuals to promote this Mission's truth, yes. (Calvin: Thank you.) Abraham: You're welcome. Another question?

HARRISON: Abraham, could you tell us briefly what a day in the life of Abraham is like?

ABRAHAM: Much like your own. I rise with worship. I plan for the day. I conference with my fellows. I labor. I take in spiritual nourishment. I make time every day for reversion, humor, and play. I end my day with prayers of gratitude to my Father in heaven who makes all parts of my life balanced and joyful. Yes, it is that same desire as is for all Urantian mortals – to live such a well-balanced life. I never tire; even from things I do daily, it always seems different and has variety, yes. Does this answer? (Harrison: Yes. Thank you.) Abraham: You're welcome.

If there are no more questions, I would express to you each my love and gratitude, and allow you to know your faith is completely literal and real, an energy of its own momentum. Go in peace. Until next week, shalom.

Conclusion of the Series on Relationships. The Use of Truth vs Misuse of Truth
Abraham, WOODS CROSS GROUP 07-06-1998

Back

I am ABRAHAM. Welcome, my friends. I am indeed made glad by your light attitudes. It is wonderful to see some faces here that we have been missing, yes.

As we conclude this series on relationships, know that they will always be a great source of spiritual knowledge for you. It has been a long journey through these lessons on relationships. As you have seen, your experience was indeed coordinated with our lessons. There were many things to learn that are included in relationships, and we have attempted to turn unhealthy attachments into healthful connections. Last weeks' lesson was the lesson that would uphold all other lessons.

The misuse of truth has promoted more upheaval in relationships than anything else. The use of real truth can certainly cause harm, yes, for ego-based relationships would not be so embracing of the free use of truth. But you, my friends, are certainly learning through your healthful connections here, that your use of the truth is becoming more simple – you feel the comfort that all gathered are coming from a spiritual frame of mind.

It is understood, the use of real truth can be a bit more difficult when dealing with your personal relationships at home. The truth can bring momentary pain, yes,

but eventually is recognized for the good that surfaced. To continually hide the truth for fear of injuring others, or fear of losing your upstanding position, will eventually cause more damage than if you had embraced honesty. The holding back of truth is to stifle the growth in relationships.

Relationships are ever coordinating, working, evolving, moving, and growing. The holding back of the truth is to slow relationship's growth. Relationships are not always peaceful and comfort-promoting, no. Many are the varied elements which does cause you growth. I do understand that I have been brutally honest with some of you here; and you, coming from your spirilogical place, take not offense but embrace my honesty as an educational tool to be used to better your life.

Our Master's truth was not always a cause for comfort to His apostles, no; for example, many times did He dash to pieces their hopes for the coming messiah. Many times did His words hurt them deeply to promote the higher thoughts for spiritual living. The Master did not allow His apostles to go on in ignorance. Time after time He took the truth and laid it out plain for all to see.

You can see the many apostles who remained in deep respect and love for Jesus; those apostles used their spirilogical response – they were not overly offended by the Master's harsh words, but after the shock was over, they felt well watched-after by this excellent balance of God and man, their elder Brother.

That apostle, who felt the stabbing truths from the Master and was not using his spirilogical response, harbored vengeance and anger – he felt the blows of truth not with humility but with a feeling of unfairness, yes. You know who I speak of, the one apostle who could not see past his ego to the use of spirit with logic; and he eventually betrayed our Master.

The Spirit of Truth is – as He always was – with those hard truths and that loving watchcare which would serve and protect you. See to it that you can listen with a spirilogical ear. Know that in all which our supernal divine helpers do, they are helping to build our path to Father. I will take only a few questions this evening.

LaQUITA: Abraham, I was wondering if our Teachers and guides know where we will end up spiritually – and if so, can help us change that through our growing process? Do you understand what I'm asking?

ABRAHAM: Yes, I understand. No, the Teachers do not know the outcome of your spiritual path, but certainly do they take instruction from your personal Thought Adjustersto help you gain the experience needed for your eternal career. Yes, we Teachers do personally help you to find the path where the seraphim would work to coordinate events; and the personal Adjuster would keep close-by ever guiding you to Him. Yes, the course you follow is always subject to change, subject to your will, and your capacity for receiving the divine leadings. Yes. Is this answering? (LaQuita: Yes. Thank you.) Abraham: You're welcome. Another question?

DAMEN: What is the role of the Holy Spirit, and how do we receive it. How do we know when we have received it?

ABRAHAM: These questions are easily answered in the pages of the Urantia Book text, but I can give you some idea of my understanding: The Holy Spirit in which you speak, is our Local Universe Mother Spirit. While being beyond male or female, Her general nature is the role of a Mother. She bestows all mind to the creatures of time and gives the breath of life to all newly created beings, yes. The Mother Spirit does indeed have Her daughters – the angels – who often assist you. Also are Her seven adjutant mind-spirits that can have their influences to mortals. My son, you have already received the Holy Spirit. Mother is at hand; She is but a thought away and has more than once touched you to your very soul. Our Divine Mother is comforting and calm, yes; and yet, She is the bearer of those things you must know on your path to Father – much of which indeed, requires tremendous strength. She is the upholder, yes. Is this helping? (Damen: Yes. Thank you.)

I am with gratitude to see my regular students each week, as well as the bright new faces that come. I enjoy the laughter and the camaraderie among you. I look forward each week to seeing you. Know that my love is always with you. Go in peace. Until next week, shalom.

To Spread the Good News Release Your Desires For Results | Achieving Mortal Goals With Spirituality

Abraham, WOODS CROSS GROUP 07-13-1998

Back

I am ABRAHAM. Greetings, my friends. I am always feeling at home when we can be together. I so much appreciate our friendships, and yet, I have been asked to remind you each on how we depend on your dedication to the giving of the good news.

Even after the Master's mortal life was finished, the apostles and those that believed in Jesus went out among their fellows and attempted to enlighten. There were those good intentioned individuals that distorted the gospel in their own way, but for the most part this is how the teachings of Jesus spread – from person to person. The supernals depend upon the footwork of their mortal friends.

We, Teachers, also count ourselves blessed when our students can live these lessons every day. We depend on your dedication to go about promoting goodness – not only in word, but through your actions. Your dedication helps to uplift the world's people to incorporate higher-mindedness. The work that you do is for you, yes, but also for this worlds' advancement. Your enhanced environment does ripple throughout the universes and is certainly affecting the Supreme Being.

My friends, you are knowing of those who would forgo using the spirilogical attitude and go about professing to spread light, when in fact, they are bolstering their own ego-mindedness. This is not usually what one sets out to intend on doing, no; this can be rather sly and creep up in various disguises. There is the thought that one is 'securing a better seat' at the table with the Master; or, atoning for past mistakes; or perhaps gathering energy from friends who would give praise. Yes, we have studied the apostles who have provided us examples wherein they did not utilize the spirilogical response.

We are trusting in your intentions, yes, for you have spiritually matured somewhat, to the point that when the ego flares you are aware of it. This is helpful when

sharing the Master's teachings with your fellows. I am certain that your skills in spreading the good news will greatly improve when you release any desire to see results. In your spiritual career there will be moments of boredom, or dullness, or monotony. But I can say, the Father knows of your desires, and does take them into consideration when planning your divine education.

I can remember (when I wore the material flesh) that I had great dreams and desires I wanted to fulfill. I visualized time after time of being 'looked up to' and 'respected as a hero.' I could play various scenarios in my mind that would show me to be extraordinary – and in the meantime, I still labored with seemingly small and trivial tasks. I had always the distinct feeling that something always interfered between me and my goals. It would appear that as long as my goals were self-serving, my desire for them increased, as did my frustration in attempting to attain them.

My friends, our new series, beginning tonight, is concerning achieving mortal goals with spirituality. Your indwelling Father is certainly understanding of your longings, as well as your feelings of frustration in trying to attain your goals. There is not one closer who could know of your regrets of missed opportunities – or, of the replaying of painful reminders that stand between you and your heartfelt desires.

Many mortals have believed that anything good was indeed sinful – and therefore, should be avoided. It has been taught that your human desires are of the flesh, and are therefore, evil. It has been long believed that self-denial or suffering was somehow a sacrifice to the gods in order to receive spiritual favor. This is not living in Father's abundance, which He desires for all His children.

I would state to you – the universe is indeed your friend, and works to help you attain happiness and all those things you need to find your Father in heaven. The supernal overseers are indeed knowing of your most heartfelt desires and efforts made to attain goals. They certainly make room for the rich fulfilling experience you long for in their plans of assisting for your eternal destination. The attaining of your goals is not based on your 'good deeds done,' no. Know that your mortal happiness-fulfillment is not to be with mistrusted or suspicion – thought of as a yearning that is 'in error' or 'sinful,' no. You are made to Father's specifications, and your natural human longings are definitely a part of His plans.

Yes, attaining your goals is certainly of divine concern, and it is your intention that does determine how you will reach your goals, if at all. "What the Son desires and the Father wills, is." If you are seeking power and domination over others, then perhaps this goal would have to be attained without divine help. If your goal is to assist someone for the promotion of spiritual well-being, even in a material way, then are you to be found having what you need wherewith to accomplish this goal, yes.

This evening I will not take questions for I am needed elsewhere. I would ask that you have discussion on these words. Find if you can, the definition for "what is my goal" – what would that meaning entail, yes. You each are knowing my love is always with you, and that I will see you next week. Shalom.

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Goals Of Being Of Service To Father Begin By Taking Those Small Steps

Abraham, WOODS CROSS GROUP 07-20-1998

Back

I am ABRAHAM. Welcome, my friends. What a wonderful time when we can gather for sharing. Your open hearts make this a place of comfort where ideas are welcome. I thank you for allowing me to teach and also share my ideas.

When I was recruited to serve in our Mission, I was uncertain of the outcome of many tasks I was assigned to. Many times had I wondered how my smallness in this Mission could create the very much-needed change on Urantia. My goals were to serve where I was needed and yet, I felt as though I was stumbling in darkness; my efforts seemed to be unfruitful and I was feeling unhelpful or inadequate. It was with time that I could see Father's influence in my work, and I have grown to be more secure and confident in my efforts. I know with surety that Father has His hand in all my work.

Yes, it is evident you each have the heart to promote good; and I say, your levels of trust in Father have matured. When attaining goals, it is seventy-percent mindal

work that needs to be organized in order to be successful. One who desires to be financially stable knows that this is requiring physical work. Of course Father grants you each abundance, and the universe is opening doors for you. Father is generous in all ways, and yet, a wise person knows there is work to be done; this person does not expect riches to fall into his lap, no.

There are small steps one must make toward attaining his goal – perhaps resumes to be typed, phone calls to be made, and interviews to attend. Father does so desire His child's well-being; and yet, to hand His child everything without the child's efforts toward them is to remove the reason for experiencing life in the flesh. Do you see, the small steps are eternal teachings that hold meaning to those who are aware?

To map a plan for attaining goals looks somewhat like a pyramid where the goal would be the top point and the steps below would help one's mind to be organized and plan out the steps. A goal without a plan of mortal efforts is not to be successful. Your mortal effort is the reason you walk the Earth; the small steps you take is your mission. You may be like I was – where I could not foresee certain outcomes, but certainly, in time, will you perceive Father's hand in all you do.

When putting your mortal plan into action you must look at the degrees of difficulty. Are there doors opening? Are there coincidences that seem to help you along your way? Or, are there just brick walls you continually bump up against. What is the universe telling you about attaining this particular goal?

Man was destined to be more mindally connected with those just beyond his vision. The evolutionary difficulties of this world had separated man from this gift, temporarily, but I can say to you the planet is now as it should be, status-wise. You are each allowed this gift again, this feeling of knowingness. This knowingness is a compass to attaining your goals. This knowingness is telling you what Father has planned for you and your goal at this time.

Perhaps this is not a particularly good time for your goal to take place; more planning must be done. Perhaps Father would detain your goal to teach many more people than just you, yes. Perhaps Father is giving you a desire for a certain goal – and certainly He can aid you in developing a plan to attain it.

For example, one whose goal would be to overcome anger – certainly this is Father's will and perhaps He would suggest certain steps you could take in attaining this goal. He could possibly guide you to meditate, or take in beautiful music, change your diet, or seek assistance from friends and enjoy the relaxation of fellowship, yes. You can each understand that all goals are for the betterment of one and all; they can certainly influence many lives, many individuals you would relate with.

My suggestion for this week is to find your goal, and make a plan of steps towards attaining it. Watch for the universe's assistance – the open or closed doors. Be aware of the inner knowingness. Know that Father desires the very best for His children, and this sometimes is learning – and learning can be difficult. His goal is to one day become completely one with you; and everything He does up until that day is guidance for you to help Him achieve this.

You each, in your own unique ways, have a specialized Adjuster that would know the intricacies of your personalities. Yes, they are sensitive to your innermost desires and personality traits. There is not one greater who could aid you in attaining those things of your heart. Yes, know you are well watched over and carefully guided.

I again must forgo questions for this evening. I will take questions at another time. Please be aware of my assistance, as well as others, during the week. My love is with you always. Until next week, shalom.

Setting Goals In Increments That Lead Toward Our Main Goal

Abraham, WOODS CROSS GROUP 07-27-1998

Back

I am ABRAHAM. Greetings. Welcome, my friends, to another week of spiritual discovery. I look forward to each week with anticipation and wonderment at what Father has prepared for me to teach upon. I always feel at home among you. My gratitude to you for your patience and dedication; and also to Father for opening these doors for me to teach.

Our Mission has been long in the making. We have already accomplished a great deal of small goals to get us closer to our main goal. I usually think not of the main goal, but focus more on those small steps that take us where we need to go.

My associates and I cannot step into Urantian reality and come forth saying, 'change and be corrected,' no. We cannot feel anxious for our goal to be pushed into completion. We are joyful that our small steps are most of the time successful; and yes, sometimes we are even disappointed at things unsuccessful.

My associates and I were informed from the very beginning that the Correcting Time was to progress at Father's pace, which is a natural evolutionary pace. We expected not to simply awaken those spiritually sleeping and proclaim the good news that Urantia is well loved and cared for; we were informed step by step on how to proceed in the assisting of evolution.

Our Mission at first was directed toward letting mortals know of our existence and of Father's love for them. And then the disillusionment exercises came into play. And finally, the spiritual teachings went out - which was our goal for many years. Many of our small goals have been accomplished. Of course the main goal has not been reached, nor are we disappointed by that fact, no.

It is all in Father's natural evolutionary time that we will reap the happiness of our efforts, and even then will we all bow in awesome gratitude to our Father who makes all things possible. In mortal living, many expect their time to be God's time, and are disappointed when goals are delayed. The wise mortal knows all goals are completed in natural evolutionary time.

A man who has been injured in an accident and is paralyzed does not focus on the end of his recovery - which is up and walking around, no! but rather, focuses on the physical therapy he will have to endure to progress toward his goal of walking. All

the while, he is looking for Father's open doors. If this man does not appear to find the open doors towards total recovery which would allow him to walk again, he perhaps looks instead for those open doors which would find him employment, or purpose, or fulfillment in some other avenue. Perhaps he may teach regarding the hazards that was the cause of his particular accident.

Yes, the man who found himself unable to ever walk again would surely experience crushing defeat, but the spiritual man would redirect his goals towards fulfilling his mortal destiny in other ways. His defeat would be temporary, and surely there is happiness to be found.

A zebra does not make a goal of attaining spots like his fellow leopard, no! Goals must be realistic. A man who is told he will not walk--and has put forth his best effort to no avail--in time begins to accept it and to redirect his goals. Of course this is not done without every effort within his being. He is simply not allowing his adversity to make him lie down before his struggles with hopelessness. His goals must become realistic. Perhaps his next goal is to contend with the depression that has set in from his disappointment, yes.

Father wishes for your every abundance and opens those doors that you need in His natural evolutionary time. His path is always spiritual. Before material or personal fulfillment, He always chooses the spiritual. Know that Father will open doors of spirituality first. He desires closeness with you, and in closeness, there is always success.

We know that Father has His own natural evolutionary time in which we must allow for when setting our goals. We know our goals must be kept within the realness, and always the first doors Father opens are regarding spirituality and closeness to Him.

I mean not to say there won't be things miraculous, no. Miracles are Father's immediate fingerprints, yes. These miracles are, however, usually performed to gain attention from a wide circle of people. You would perhaps experience a small miracle and go forth to share your joy and gratitude with another. The sharing of these immediate Fatherly fingerprints is indeed faith-promoting, and there is no reason why you would not receive such.

The man who is downtrodden by his handicap and receives a phone call with a job offer may certainly regard this as Father's fingerprints and reap the joy therefrom. But for the most part, your mental attitude is better balanced with the thoughts of 'Father's time is normal evolutionary time.' You need not feel anxiety-ridden over the time that passes to attain your goals, no; it is better for you to focus on the small steps you can take toward attaining these goals.

This week, watch for Father's open doors to closeness with Him. Your closeness guarantees a good balance in all you do. I am not accepting questions for reasons regarding this lesson which will be explained next week. This week I would ask you to keep journaling, or begin if you're not. In your writing, therein whispers the voice of Father. I will also attend to you during these journaling sessions. I would ask for your questions at that time.

Be aware that I am close by and desire very much to speak with you. Again, my love goes with you. Until next week, shalom.

Communication With Father IS The Goal. More Group QuestionsAnswers

Abraham, WOODS CROSS GROUP 08-03-1998

Back

I am ABRAHAM. Greetings, and welcome. It is always a source of happiness and energy to meet with you each week. I am always made to ponder upon those topics of spirituality which you discuss. Our friendship is always regenerating new ideas for us, each one. Some years ago I could not have predicted such a wonderful relationship between us. I only knew of the goal and a few of the small steps I needed to take to attain the goal. You would agree that Father certainly had His hand in our friendship and working relationship.

I certainly did appreciate your openness to me during the week. In your journaling efforts, I hope I was of some help. I hope that I answered some of your questions, eased some of your emotional strain, helped with relationship difficulties, and answered questions concerning health and abundance. Our Mission is a mission of action and immediate readiness. Our Mission is learning to tune in to the informational wave of intelligence that is easily accessed through practice.

Our question sessions will be decreased as time passes for you are capable of receiving the answers, personally. Our Mission is one of action, and of course we can minister to one another, but your ready communication with Father is the goal. Worry not, our lessons continue, but it would be an excellent exercise for you to continue journaling and receiving answers to your questions. Our Mission is not a mission of action without your participation and efforts made towards connecting with the cosmic mind.

This evening, I would ask for your questions on these lessons, or, on anything personal. Feel at ease to ask me anything.

CALVIN: Abraham, there are some fellow Mission participants across the country who would like to be a part of our group here, and I would ask your feelings about that. One is Karen R., who wanted to meet at the same time there where she lives and tune in what she can; and then also George K. asked me to present these words to you and wants to feel a part of our group and be one of your students. He is confused right now. He asks: "As with Abraham's early career, what exactly Father would have me do to be about his Father's business on a daily basis? I definitely feel guided to be more direct about doing Father's business, like teaching, meditation, which I am doing - doing spiritual counseling, etc. But would you ask my big brother Abraham if he has any suggestions and ideas on how I can be crystal clear about that?" I told him I would ask and present that to you.

ABRAHAM: Certainly. Yes, the knowledge of being about our Father's business, daily, is varying from day to day. I feel he is finding what he does to be enjoyable, yes, but not work - therefore, thinking he is not being about the Father's business. Worry not, my friend, Father's tasks are assigned daily, and urges and desires would help you to decipher Father's will. Father's work is joyful and educational for not only those that are taught but those who teach. My son, your confidence in your

efforts has grown over these past months and I do say, continue to go with those inner spiritual urges, yes. To my daughter, Karen, who listens as I speak, most certainly are you welcome to our small and humble group. We look forward to communicating with you. Yes, Calvin, all who desire are welcome. Another question?

RACHEL: Yes, Father Abraham. A few weeks back I told Jason that Calvin had called and said that he had a message from Father Abraham. He said: 'For me?' I looked at him and was just amazed how his eyes lit up, and his face, and I felt horrible to have to tell him: "No, the message was for me." So do you have a few words for Jason that I may take back to him? [Editor's note: Jason was involved in the initial first two-years of lessons from Ham in the Woods Cross Group. (1991-1992)]

ABRAHAM: I am perceiving that he listens well to his inner spiritual voice, but is sometimes easily discouraged. Tell him to worry not on the time that passes between moments of spiritual feelings – for he is not, and never will be, without the constant watchcare of our Father. (Rachel: Thank you.)

INERA: Abraham, I wanted to thank you very much for last night coming out late on a Sunday. You made a scared mother, feel at peace. Three weeks ago during class, you said no questions because you were needed elsewhere. I was just curious if it was someone connected with our group? and if our group needs to be aware so that we may help. Do you understand my question here?

ABRAHAM: I am not quite clear on your meaning.

INERA: You said you had to be elsewhere – were needed elsewhere – and we didn't have time for questions. Were you helping someone that was connected with our group? Is there something as mortals that we could do? Were we needed to help also, or could we continue to help, or am I way off in this thinking?

ABRAHAM: One moment. I was attending to another group far from here. Not to worry. Thank you for your concern. This far-away group I also teach is about on your level of lessons, yes. Another question?

ROLAND: On that same line, there is a Mr. and Mrs. Hicks, who wrote the book Sara, and that their Teacher has been communicating with them since 1986. [Editor's note: Roland is referring to the Abraham-Hicks teachings with Jerry and Ester Hicks.] I don't know if this question has been asked before, but they call it Teacher Abraham and indicate that it is the Abraham of old. The book they wrote from the lessons you gave was a book called Sara.

ABRAHAM: I know whereof you speak, yes, and I can only say this much: I made effort to assist wherever I could, and these people are well-intentioned. That is all. Another question? [Editor's note: Both Abraham and Ham taught in these Woods Cross transmissions that if we (or anyone) should ever begin to 'market' or 'charge-for' their lessons – that would result in them withdrawing. The 'Hicks' group did just that – as was a propensity for many in these Correcting Time transmissions to groups around the world.]

ROLAND: I'd like to revisit an earlier question since we have this opportunity to

refer back two or three months when I asked the question – if you could perhaps check with your cosmologist about the burst of gamma rays that hit the Earth. I think it happened in December last year, which was so remarkable that the amount of energy produced by this energy boost must have been equivalent to the big bang, they said. Can you tell us what cosmic events are occurring?

ABRAHAM: I was informed that this event is completely natural, and I was made to learn that this usually occurs more frequently deeper into space. My research found says this is only spectacular to Urantian scientists, where inhabited worlds elsewhere are quite knowledgeable to the scientific outworking of this event. Not to worry. As Urantia sees the Earth in its healing, it will be more privileged to receive more information and understanding on the purpose of this and other natural events. That is all. Another question?

MIRIAM: Abraham, these lessons have just been wonderful and very tangible in my life. You were talking about abundance and making decisions for attaining goals based on our heartfelt desires, and Father supporting that. It seems a lot easier to make decisions when they are pain-driven or suffering-driven, than when the decisions are joy-based and love-filled. And this seems a little bit scary to me, so I was wondering what you had to say about that. And, I was also wondering if my journaling this week if that was you with me, or was it Azara, my personal teacher? Any guidance you might have? But other than that, I don't have any questions.

ABRAHAM: I can say I spent a good deal of time with you, as did Azara. Your journaling technique is quite wonderful. We enjoy the communication with you. Your question, however, I am unclear. (Miriam: Do you want me to clarify it a little?) Abraham: Please.

MIRIAM: I'm feeling comfortable in making decisions based on joy or something that seems almost too good to be true, but it seems like it would be easier to make decisions based on problems. Is it part of this lesson, that we are to be believing and trusting that we are loved; and that joy is possible and a good thing? And, that it is okay that we don't have to feel bad or guilty about it – does that help some?

ABRAHAM: Yes. I am understanding that pain or unhappiness forces you into certain decisions. Is that correct?

MIRIAM: Yes. In the past, especially; that has been the way I knew.

ABRAHAM: Yes, it is not so easy to plan a mountain-climbing expedition from the bottom when you have never climbed it before. It is with each step that you learn the terrain of the mountain and the groove of the rocks; and with each step can you plan the next. At the bottom, you are not in any peril or needing to make quick decisions. Father needs not to put His child in perilous situations for them to learn, no, but certainly is He strict in His consistency of teaching. Father's refusal to bend the rules can cause His child some pain, yes, but His child does learn these lessons on a soul level. In moments of careless joyfulness, one may receive lessons on a mindal level, but these many times are not lasting like they would be on a soul level; but Father does certainly desire your happiness and well-balanced thinking. He would not add the extra pressure of pain or unhappiness,

to teach. Again, the majority of the time Father uses your natural life-lessons to teach? Is this answering?

MIRIAM: I will have to think about it. Part of it is confusing to me. I will dwell with it this week.

CALVIN: I would like to put on the record that our brother Robert from California is with us.

ROBERT: I have a question if I may. It is a real privilege to be here. I am the Robert that has the outcropping... [inaudible - but describes his pending invention.] I don't know if you are familiar with that, with a time compression acceleration process. I am in a quagmire at this point. I wonder if you have any comment or possibly a solution to how I should proceed.

ABRAHAM: One moment. (TR: I don't know if he is saying 'undo,' or 'I do.') Abraham: Undo the last couple of procedures you completed; therein you may find the difficulty. I am not familiar with whereof you speak, but your Father certainly is, and this is His instructions. You are in good communication with Him and yet, sometimes have difficulty with accepting some of His instructions due to the dullness of it. Is this helping? (Robert: Yes.) Abraham: Another question?

CALVIN: Do you have any words for the Teaching Mission Conference plans to meet with the IC 99 in Vancouver next year?

ABRAHAM: I have not, at this time.

CLAIREESA: I have a question regarding the 'system broadcasts.' For several weeks now I wake with a verse from a song, or a verse from the Urantia Book, or the Bible, running through my head - and then I log onto the Internet and that seems like that is the theme for the day. I am curious to know if the subconscious or the Thought Adjuster could be picking up on the system broadcasts since the circuits are now open?

ABRAHAM: Yes, absolutely. Through the Adjuster efforts, you can receive information regarding the system broadcasts throughout the universe. This is wonderful and yet, always to be filtered through your intellect and belief system. Yes. Good question. (Claireesa: Thank you.) Abraham: One more question?

CALVIN: Would you like us to have an August 21st meeting with Idaho? I am sure it is probably up to us - if we want to as a group; we talked about it before the meeting tonight. Your thoughts, please.

ABRAHAM: We are available to help if this is your desire. To gather on Michael's Urantian birthday is always promoting fellowship and closeness with Him. Yes. If situations are not feasible then there is no need for bad feelings or worry.

I am in deep gratitude for Father, who provides all things. He looks after our smallest needs. His powers are always leaving me in awe. Our thanks to you, Father, for your many fingerprints in our lives. To you, my students, my love is with you

each one. Until next week, shalom.

The Key to Regenerating Hope Is The Capability To Worship
Abraham, WOODS CROSS GROUP 08-10-1998

Back

I am ABRAHAM. Welcome, my friends. How wonderful it is to arrive at a group that is so uplifted, so jovial, yes. It is wonderful when we can gather and generate hope, uplift one another, and promote faith. Anyone who has been spiritually reborn knows that hope lives in faith. Your faith in Father is indeed your salvation and shield from those things which would promote hopelessness.

Any child willing to allow Father to have influence in their lives knows that hope is not possible without trust in a supreme ruler. How do Father's faithful children maintain hope and faith? Why do some fight the good fight of faith – and yet, some appear to be incapable of doing so? What keeps hope alive? How, in the midst of unspeakable events, can Father's children regenerate hope amongst themselves?

Surely your faith continues to free you from the burden of hopelessness. But one with faith must surely know that the key to regenerating hope is the capability to worship. To feel personally touched by a Supreme Sovereign is to know that in their smallness they are deeply cherished. To live with a grateful heart is certainly, hope-promoting.

My friends – for belief, hope, and perseverance, one must obtain the ability to worship – to express to our Father that we wholeheartedly believe He watches over our every need and is completely capable of guiding us. With the busyness of everyday living, we forget how important worship is for our spiritual diet. In your worshipping do you acknowledge Father is certainly working in your life, and you are committing your will to doing His.

You can see many of your fellow mortals living lives of hopelessness. They are not putting forth effort because they are without faith; without the understanding that God is aware of their existence – and, works for their best interest. Your ability to worship is always renewing your commitment to Father – and, regenerating hope within to persevere, to carry on. Your receiving of this rejuvenation is seen through the outworkings of all your daily tasks; your fellows do recognize you are uplifting in faith and hope.

Our goal for this week is to renew your understanding concerning worship. A few moments of acknowledging Father's mighty fingerprints in your life and the world around you is, literally, energizing – an energy that is recognized wherever you go. Light dispels the darkness; you are bearers of this light.

Many who are committed to going about doing the Father's bidding do envision magnificent selfless acts they can perform 'on the world stage,' but I say, my friends, Father's bidding is much closer to home. Whether you are helping a family member, a friend, perhaps a neighbor or a co-worker, you can be sure you will have the energy to go forth, for you are connected.

Daily worship is your drink from the well of light. Your mortal connections are your

mission tasks; and the exercise of regenerating hope in their presence goes a long way. This evening I will receive only a couple of questions. Proceed.

HARRISON: Abraham, today, after reading part of the Urantia papers about Christ's ministry, I approached my wife with the possibility of working on a book together. I would appreciate any comments you might have, any support you might offer, and whether or not you think we should even attempt this.

ABRAHAM: This is perhaps something to be answered by your indwelling Father; He is the one who would open doors to this task. I could only ask that you allow time to pass before making a decision. It is known that sometimes in the moment of excitement and enthusiasm, one could get caught up in making decisions that are fading with time. If this assignment is 'to be,' then the desire will stay with you, and Father will show you the open doors. Is this answering? (Harrison: Yes. Thank you.) Abraham: Another question?

CALVIN: Abraham, brother Ham recently announced that he would like to address the General Council of the Urantia Fellowship at the Conference at Vancouver next year. Others wonder about that, so I'll just leave it at that and leave it for you, perhaps, to make a 'yes or no' comment.

ABRAHAM: I am understanding it is early to make decisions concerning that; but I am told that even now as we speak do Father's workers make way to show the Mission, friendly. Time will prove our Mission to be embracing the Urantia Book – and, the concept of God as a Father, and man as brothers. This is my information.

Our question time is limited so I would take my leave. I would remind you, our goal for this week is to renew our worshipping techniques and allow the light we receive to spill over to all we meet. As always, my love is with you. Until next week, shalom.

Worship Enables You To Be Bearers Of The Light And Builds Trust In Father
Abraham & Christ Michael, WOODS CROSS GROUP 08-17-1998
Back

I am ABRAHAM. Greetings. I am always made to smile when I see our Father's mighty works. He has set me here before you as a friend and Teacher. I am in awe at His way of looking after even the smallest details in my life. Knowing our Father as I do puts me in a place to be a bearer of spiritual light. My ability to worship opens my ears to Father; opens my mind to receive assignments; opens my heart to accepting His will, and strengthens me.

Our Correcting Time has remained on course and is so far, successful. Michael instructs us every day on how to achieve our goal to enlighten our mortal brothers and sisters. Our ability to be worshipful opens us to receive the spiritual light that calls all our mortal friends to partake of. Do you see how your ability to worship and be grateful opens your mind and heart to receive His divine word? Worship, in a sense, makes you small while your trust for Father, increases.

Over these years you have received words and lessons to participate in this, our Correcting Time – but it is your worshipfulness that allows you the ability to be a

bearer of Father's spiritual light. Many would think worship to be a time of quiet reverence, but I can say to you it is wholly natural to be worshipful in the midst of laughter, song, or enthusiastic shouts of praise. Yes, worship comes in many forms, and Father looks for these openings to be close with you.

In working towards the goal of worship this past week, what small steps did you have to take to reach it? Did worship come upon viewing Father's fingerprints? Did you need to take steps towards being small and reaching up for Father? Worship is completely for your benefit. Father needs not your praise to continue His good works in your life, no. Your worship is enlarging your capacity to receive His divine word.

I am MICHAEL. Greetings to you, my so cherished children. I am always grateful to Father for His understanding. He does know I need contact with my mortal children and He has made the way.

In my career in the flesh, I experienced untold hardships. I experienced things that would make ordinary men completely hopeless. I can say I experienced grief to the fullest. I suffered in a most unbelievable manner, and yet my relationship with my Father had carried me through. My faith was a sturdy foundation in an unstable world, and this was adequate.

I have come to say to you, my children, that faith is adequate; but the ability to worship is the key to surpassing adequate. In a worshipful attitude, there is connection with Father and His wisdom which allows you to peek at the light at the end of the tunnel. Father's wisdom guides us towards solutions – steps towards going beyond mediocrity, to upholding victory.

At my lowest moments, my worshipful attitude connected me to Father's comfort – Father's immediate assistance from His divine angels. In my habit of a worshipful attitude, I was still enabled to be a bearer of light and good news. I was not so burdened so as to lie down before my earthly struggles, no. My ability to be worshipful, and maintain my smallness to receive divine word, allowed me wisdom, comfort, and the ability to still be a bearer of light.

My children, I would wish you joy in a thousand ways. I experience your trials with you and I feel your grief. I can say that to sharpen your skills of worship is a guarantee to magnify your joy. Even in your moments of darkness, seek to acknowledge Father is with you. Allow Him to give you His wisdom, comfort, and ability to carry on to tell others the good news. I would give to you my love; and my peace also I leave with you. Farewell, and carry on.

I am ABRAHAM. Our gratitude to you, our Brother/Father, Michael, for your uplifting and insightful words. How we are made to look up and give thanks to our Father in whom all things are possible.

This week our goal remains the same – sharpen your skills to worshipping and be aware of those words of wisdom and guidance Father has. Remain small to receive His divine solutions. Strengthen your heart of gratitude to be aware of His comfort and His ministering angels, or perhaps a Teacher. Continue to journal and find clarity

in your definition of worship. Be aware – that even in your times of struggle, your worshipful attitude enables you to still be a bearer of light. Only a few questions. [group expresses thanks for Michael's words.]

TECTRA: Abraham, there is a girl at work, she is very thoughtful and perceptive and intelligent; and yet, she doesn't believe in anything like spirituality or in God. What are words I can say to her? I don't want to coerce her or anything, but just to let her know that there is another way. It seems like she is working so hard at her life, and it doesn't have to be as hard as she is making it. Does that make sense?

ABRAHAM: Understood. You have already begun, my son, through your example of living. My suggestion would be to continue in living your beliefs, for they certainly show your faith in God, the God of good things; it would be irresistible for her to not inquire about the origin of your happiness. Words you could possibly say could be put in this manner – to express the joy you find from your faith. Seek not to enlighten her, but to allow your spirituality to spill over into your everyday work revealing the joy therefrom. Small comments could be made by you here and there just to provide an appetizer for her, yes. Is this answering? (Tectra: Yes, it is. It's about what I do anyway, so thanks for the confirmation.) Abraham: One more question?

INERA: Thanks very much for tonight's lesson, and for Michael's words. Can I get a confirmation on a Teacher's name, Essario?

ABRAHAM: 'Lasario' would be the correct pronunciation for this Teacher. Is that answering? (Inera: Very much. Thank you.)

Thank you, my friends, for allowing me to be in your lives. You certainly make me find reasons to be worshipful. My love is with you. Until next time, shalom.

A Gathering of Like-minded Apostles. With Pocatello Idaho Group
Ham, Abraham and Daniel, WOODS CROSS & POCATELLO GROUPS 08-23-1998
Back

[In this joint celebration meeting with the Pocatello, Idaho Teaching Mission group we heard from three of our group Teachers through three transmission-receivers.]
HAM: [TR: Bill Kelly.] Greetings, my dear friends. This is your brother, Teacher and friend, Ham. I am overwhelmed with pleasure to be in your midst and in your joy this afternoon. I do visit often with you, and some of you have responded to my overtures.

I have never lost interest, of course, in your welfare; nor have I ever been able to replace my affection for you in any other matter. I cut my teeth on this world transmitting my teachings with teaching the Woods Cross Group, as you know; and while I do very much enjoy my new work in this supervisory capacity that is mine, still do I also enjoy my weekly sessions through Rebecca in Nashville, and my other occasions to visit in other groups.

Your words to each other contain a great deal of wisdom. You are indeed progressing most aptly, most favorably. You are pupils that we Teachers are proud of. Of course you understand that you are merely spiritual babes in terms of the universe career; and we, your elder brothers and sisters, are just somewhat older than you. We are

not perfected yet; we do not have all wisdom and we are not a self-governing body.

Your attempts to organize as human beings, as apostles of Michael, are commendable. These gestures of cooperation that you are struggling with are indeed useful and beneficial. We remember the Master never interfered with the internal problems of His apostles, but left it up to them to find their own answers, and then He approved of their decisions. It has not changed, for this is still your experience.

You do well to take these moments of fellowship and camaraderie – to come apart from your routine tasks and meet with your brothers and sisters from longer distances. Surely you are experiencing the larger family, which is but a pale reflection of the true reality of the cosmic family which is your true home.

This day we all do honor our Father/Brother, Christ Michael of Nebadon, in that He voluntarily chose to do the will of His Paradise Father in perfection; and therefore, has gained the sovereignty of Nebadon through His own experience. Remember though, His experience continues to expand as His Spirit of Truth lives in each of us.

Michael knows more now than He knew in the past in terms of experience. His growth, and our growth in the Supreme, is going to complete the marvelous plan of eternity, together – to express themselves in fullness of both 'existential' reality and 'experiential' reality within the limits of time and space.

Finally I would say, cherish each other with the deepest love and the greatest respect. When you disagree, do not despise the other person. Do not put yourself in the category of the wise one, and that one whom you disagree with in the category of the foolish – for neither is appropriate. Life is not a debate; it is a participation in creation and spiritual evolution.

My friends, I love you all deeply. May God's peace fill you. Good afternoon.

ABRAHAM: [TR: Ellanor.] I am Abraham. Welcome. What a beautiful sight we behold here today. We are able to witness the brotherhood in action. It is wonderful for us to see these lessons put to use through your interaction. The friendship between you each was important enough for you to keep communicating. Beyond your faith, beyond we the Teachers, beyond your spiritual knowing, there is the genuine care that you have for one another. This, my friends, is the brotherhood.

Many of you have experienced hardships that would add to your experience, and which would enable you to be the bearers of spiritual light. Your path has strengthened you to minister to one another and to your fellows, as one who speaks with authority, yes.

The apostles, having experienced debate over certain spiritual subjects, always returned to their foundation of brotherhood and friendship. All, save one, could have freedom in speaking without worry of destroying friendship. All had the comfort knowing that even when their unpleasant personality traits were laid out, that their fellow apostles were dedicated to staying the course; the course being: the teachings of Jesus – the Fatherhood of God and the brotherhood of man.

To the apostles Jesus was a superhuman being, and many times they had not understood Him. Thereof was the friendship between the apostles always held in comfort – knowing each was a mortal attempting to attain spirituality. You, my friends, have this spiritual cohesion also wherein the Master is your Teacher. Of course you may not always understand Him, but certainly can you always find comfort in one another's company.

Yes, always are there many growing ideas within your fellowship. There is always the common bond of being mortal, and sometimes struggling to attain spirituality – and I say, in this world that is not always easy. Beyond faith and beliefs, hardship or victories, there is always your friendship with one another. Your friendship enables you to be more than you could be without one another. Your fellowship promotes faith and keeps each one in balance.

The example of Michael's sojourn here on Urantia is a beautiful example in which to study, for He has lived your life and knows you like a Father. It is well that you renew your relationship with Him and make effort to really know and understand your Brother/Father. How excellent it is to gather in His name for fellowship and celebration of His Earthly birthday! Yes, you gather in love and positive thought.

Many mortals find sad occasions to gather to remember strife and tragedy of the Master's Earth life. How wonderful it is that you can gather to remember a day that changed the history of the world, even the universe! We are in such gratitude to our Father for making these things possible.

I would take my leave and allow you to continue with your celebration. My love is with you. Shalom.

DANIEL: [TR: Calvin McKee.] Greetings, my good friends who have traveled to this beautiful location of Michael's creation. We also marvel at the surrounding setting of which we gather. I, Daniel, am pleased in your group associations. We must confess we would be somewhat disappointed if this gathering between your two groups were to cease, yet we allow your group decision in these matters.

Our efforts in your behalf are to teach truth as we have understood and experienced. It is your privilege and responsibility to act upon these words – or, to set them aside. Each mortal is in understanding of our words, our lessons, one a little differently than another; this is a continuance of Father's guarantee of individualism and freewill-choosing.

Therefore, in this freewill setting there are possibilities for great unification of thought as well as great division in thinking. I would point out that these great divisions do challenge the somewhat lackadaisical human mind to search and to search within. It is mortal's natural tendency to want proof; and yet, the proof of which mortals think they seek is not that proof which is convincing and which promotes soul growth. Only through spiritual insight and experiential understanding does truth become reality.

It is not Father's will to force-feed His children. His children must want His truth

and pay the price of real intent through truth-devotion to Father's will in receiving experiential reality. The evidence of His truth is cemented in your hearts, your souls, by the mortar of His love. By His never-ending love, and your ever-increasing assimilation of His love, does He, our Father, ever become more real to us.

So, my fellow associates, I would ask that you exercise extreme patience in trying to realize these truths of which you seek, for it takes time and experience for a satisfactory answer, not just an intellectual understanding. When faced with confusion and doubt, you, as faith-children, do seek inwardly. And through patience, forbearance, and experience, you will always receive your answers from Father. Trust in this always; and, trust that your fellows also will receive 'their' experiential truth in the same manner. Be patient with one another. Feel free to express yourselves as you see fit. If I know you correctly, you are not afraid of making mistakes. The evolution of your spiritual growth is very commendable.

I again express my deepest love for your faithful attendance and participation with us in this Mission. We now join you in your further association and fellowship with each other. My love goes with you. Farewell.

Feeling Your Soul At Total Rest From Healthful Worship Practice
Abraham, WOODS CROSS GROUP 08-24-1998

Back

[Prior to this evening's lesson, the group members had some tart discussion regarding the group dynamics. Some wanted others within the group to take turns doing the transmission-receiving. The main body of the group elected to keep Nina as the group's spokesperson for Abraham unless he, Abraham, directed us otherwise.]

I am ABRAHAM. Welcome and greetings to you, my friends. How wonderful it is for me to be witness to your discussion. This particular discussion is overdue, and the communication between you relieves certain pressures that all groups experience. One and all, my friends, must participate. Group discussion and consensus is still a successful way to making group decisions.

Your current social status with one another has not always been as open and honest, but each one can agree that all have grown and committed to staying the course. Your understanding communication within this group enables ideas to grow and promotes balance. By all means, use your group brotherhood to receive honest reflection and understanding sympathy - even enthusiastic encouragement.

To be witness to your personal dedication is touching and allowing me to praise our Father for His workings in all that we do. I am made glad to witness you use this time to further unify as a group/family. All too often out in the world are mortals made to feel completely alone and in search of other avenues to receive comfort. Within this group there is balance and Spirit-led individuals; we can certainly rejoice in that fact.

We have been discussing renewing our techniques of worship and attempting to understand the endless well of worth it brings us, each one. I find several reasons to give thanks and expressions of praise to Father; in His awesome way He shows me

my weakness without humiliating me. He reveals solutions to which I can be strengthened by. He is a most excellent friend and helpmate. It is our Father which causes me to be full with the feeling that I am not alone.

Worship has provided many mortals with uplifted attitudes – which always leads to good physical health and well-balanced emotions. In worship, we learn we are loved ‘as we are,’ and all pressure is removed to reveal Father's most brilliant healing light. In worship, we are receiving the ultimate soul-rest. We can relax in the fact that One with unlimited power maps our path; One so completely devoted to us is deeply concerned about every aspect of our life.

The Master used His time wisely in the hills to worship, yes, and revel in the peaceful knowledge that Father knew His life before He actually lived it. The Master was unaffected by worrying about ‘What is next?’ ‘What will He teach on this day?’ ‘Where will His next meal come from?’ and, ‘Who will help replenish the funds?’

In the Master’s worship, He had total soul-rest; He had a complete comfort that Father was unlimited in power; and, that Father could live His will through Him as Jesus, the man. Yes, in this soul-rest there is such mindal renewal. There, is our well replenished and the closeness with God is once again made strong. This practice of worship always enabled Jesus to be an earthly expression of the Father – a bearer of light.

My friends, this week our goal is to feel your soul at total rest. Beyond the physical, mindal, and spiritual, allow for the soul to be small and at rest. Ponder your trust-levels concerning the One who rules the universe of universes. Note your increased capacity of energy and feelings of wellness – physically, mentally, and spiritually.

I will forgo questions this evening and once again express my happiness in observing your open and honest communications. My love is with you. Until next week, shalom.

Worship, The Ultimate Rest | Strive To Be An Expression Of Father
Abraham, WOODS CROSS GROUP 08-31-1998
Back

I am ABRAHAM. Welcome. This meeting is always a weekly highlight for me. To view you each now, with such open and willing attitudes, makes my position as Teacher quite simple and joyful. This week would have appeared to some to be a real test in attaining soul-rest. In times of trial it is not always easy to be worshipful, but certainly can you be trustful that Father is quite involved in all you do.

You spoke this evening on this world’s reconnection to the whole of the universe. With this reconnection comes the understanding that worship is becoming literal. In your worshipful attitude are you renewing the mortal mind, clearing the fog of confusion and spirit poisons. In worship are you connecting with the cosmic mind and those benefits that go with it.

Sharp and clean thinking, quick perception, foreknowledge of events, solutions to everyday problems – are all benefits of your connection with the cosmic mind and the

utilization of the spiritual circuits. Does not this information bring you peace and an ease to your mortal mind? – one could even say soul-rest? Yes, worship is the ultimate rest for the soul.

In your rest there is renewal and a material energy link to those on high. This is how the Master could be such a beautiful and brilliant expression of Father; His soul-rest allowed Him to partake of Father's infinite energy and equipped Him with the knowledge He needed to be a bearer of spiritual light. The Master--going about His daily business--was enabled to display a manifestation of Father, a good and true expression of what our Father really is.

Jesus could display a fun-loving attitude in the midst of a group of children; He could sympathize with a downcast fellow mortal; He could comfort one in tremendous physical pain; He could ease the mind of one who was anxiety-ridden – these are all expressions of Father, and Jesus performed these wonderful acts in simply living His mortal life. He was an expression of Father in all He did, and to all He met.

Had not the Master craved such closeness with Father He would perhaps have not been such a beautiful expression of Father. What an excellent example we have in which to learn! Worship, and quiet time with Father, was indeed a priority in the Master's life. He completely trusted that each day that came He was well taken care of and that He need not look to His Father to say, "What about me?" No, He, rather, looked to His Father to express His thankfulness and trust. Therein, is that connection with the cosmic energy. Therein, was His motivation – to be an expression of the living God.

Our goal for the week ahead will be focused on continued worship and striving to be an expression of Father in all we do. From the 'mundane' to the 'anxiety-filled events' let us focus on connecting with that cosmic energy. Allow time for worship and meditation. Have you questions?

CALVIN: Abraham, thanks for that beautiful lesson, along with all of these helpful lessons all these years. I think we join you in our worship exercise from our observing you and your teaching – and, relishing in truth through your teachings. A quick question from Jim in Oklahoma who is starting a new Teaching Mission group. He is asking how he was doing – his transmission-receiving; and, if you had any words for him?

ABRAHAM: I am informed his transmissions are adequate, yes, and for him to release his concern about pleasing those who hear his transmissions. To receive a more pure message, one needs to feel indifference toward the actual message from a Teacher. In indifference, there is allowance – allowance for more accurate messages. With certain desires and concerns towards what mortals want to hear, there is static in actual reception of the messages. That is all.

RACHEL: Father Abraham, this is something that I have been wondering about off and on; I don't know if you'll be able to answer it or not – but you know me, I am going to ask you anyway: During the time that the Urantia Book was being transmitted – at any part of that time were you or Machiventa Melchizedek present?

ABRAHAM: I was not involved in the actual workings, but I was aware that these changes were happening and becoming organized in word-form. Machiventa, however, was involved with this process and helped to oversee many papers in the Urantia Book. I, along with others, was receiving training to assist in this era termed "The Correcting Time." Is that answering?

RACHEL: It certainly does and I thank you kindly. Another thing I was wondering: Approximately how long have you been on Urantia this second time?

ABRAHAM: I would say, approximately twenty years; and even then, I have not been here constantly. I am assigned other tasks and do associate with my fellows in other 'rebellion-affected' areas as well. Is this answering?

RACHEL: Yes, it does. I thank you for answering the questions - and, of how you do it with such love. (Abraham: You're welcome, Rachel.)

I would express my gratitude to you each for your faith in me. I give you my love. Until next week, shalom.

The Purifier Is At Hand. Call Upon Him For Purification of Thought and Change of Mindal Negativity

Abraham, WOODS CROSS GROUP 09-07-1998

Back

I am ABRAHAM. I am so uplifted by your conversation this evening. I am always made worshipful when we can meet. Father has taken care of the small details that make it possible for me to meet with you.

At times I would be caused to worry when I am trying to complete a certain task and I become delayed in meeting my other obligations. Always when I am back on schedule, do I see how Father has opened doors for me to help me succeed. Even now do I remember the humor in my foolish worry and the awesome and complete power of God. He is a thorough God, who would lay upon your minds top priorities which you need to focus on. In your worship are you most likely to clear the spirit poisons to make way for His guidance.

The Master could always be counted upon in disseminating the complete truth to His apostles. Always did He endeavor to clarify and cleanse the thoughts of His fellow associates. After the Master's mortal sojourn, His Spirit of Truth was able to do much more - His powerful Spirit was able to aid mortals in the cleansing of their poisonous thoughts. Jesus has said: "Come to me, for I am the purifier."

Learning from the Master's mortal life can we use His techniques to be excellent expressions of our Father. Your renewed relationship with Jesus does aid in cleansing spirit poisons from your mortal minds. Upon harboring poisonous thoughts are you disconnected from those on high. Without a regular open communication with the Master are you likely to grow in negativity.

You each have met with those mortal associates that have assisted in pulling you from divine connection. Many know the negativity of such associates that would point them in the direction of the spirit poisons. To attempt worship from this frame of

mind is difficult, yes, but not to worry, the Purifier is at hand. With your willingness to invoke the Master's purification process does worship come more easily. With your courage to ask for a cleansing in heart and mind are you able to stop the increase of negativity and begin again your connection with the cosmic mind.

Ask for your Brother/Father during your next bout of spirit poisons. Ask for Him to remind you how to be small. The Master knows all you have ever experienced and can easily guide you toward positivity and divine wellness. Allow not your negative thoughts to snowball and increase. Call upon your Master for a purification of thought. This is certainly exchanging your mind for the mind of Christ, yes.

In attempting to live the expressions of Father, you will always come against those things which would chance to discourage you, to fill you with the spirit poisons. If worship is not easily attained, then I would indeed suggest you go to your Master and partake of His firsthand knowledge at overcoming the spirit poisons through divine technique.

In the Master's teachings have we heard Him say: "Because you desire it, child, and have such supreme faith, it is so." If your desire is to attain worship, the Master's ministry is available to see you through. This week I would say our goal is to seek the Master's ministry, His purification of thought. Take notice at the decline in negativity and the increase of ability to worship. That is all. Have you questions?

ROLAND: Abraham, this is kind of a personal question I guess, but it is curious to me: When you were on the Earth it was the custom to have wives and concubines. Now here, we experience in our own communities some polygamists that are fundamentalists from the LDS (Mormon) Church, and there seems to be some outrage about it. What is the spiritual aspect of that?

ABRAHAM: My understanding is that a monogamous marriage is closer to a divine relationship, such as that partnership between Michael and Mother. The history of polygamy has shown that original idea to stem from man's ego and need to feel important and 'in charge.' The idea is mortally instinctive and close to the animal nature, whereas a divine union between two people would prove to be in the area of higher-mindedness. Is this helping?

ROLAND: It does, very much, thank you. Just as a follow-up: When you were given the opportunity to pass through the Seven Mansion Worlds, there was no judgment then about you having more than one wife or concubines – or, that King Solomon was criticized for that? It is just a choice thing is what I am getting from you, and that the higher choice is to be monogamous in a one-on-one relationship?

ABRAHAM: Yes. The monogamous relationship leads couples to learn more fruits of the spirit: love, tolerance, perseverance, and so on. The lengthy relationships lead individuals to strive for divine values. I mean not to criticize polygamists, for many of these individuals desire to be God-like. Their beliefs lead them to continue in their traditions. As I reached the Mansion Worlds, the only thing that was changed in this regard was my understanding of relationships. No, I was not

chastised, nor shameful – I was only enlightened. Does this answer? (Roland: Yes, beautifully. Thank you.) Abraham: You're welcome. One more question?

CALVIN: Is there anything you would like to share with us on the understanding of a Material Son and Daughter (an Adam and Eve) to once again be on the planet. It seems there was much dark space between the Rebellion and then the Adam and Eve default. And since that time there has been a lot of 'in the dark,' except for the great enlightenment of Machiventa's venture in your day, and Michael's sojourn here two-thousand years ago. But with the Lucifer Rebellion being adjudicated now, and great changes coming about, does that include a Material Son and Daughter back to the planet, in your understanding?

ABRAHAM: Yes. A Material Son and Daughter (an Adam and an Eve) will again be assigned on this world in its own due time. There are many goals to achieve before this can take place. Yes, it is all within Father's time. My understanding is that as Urantia becomes used to new spiritual ideals will the preparation begin to send the Material Son and Daughter. Yes. Does this answer?

CALVIN: Beautifully, yes, and what a great thought that we have this event to look forward to, and also the many more great hopes that are upcoming for our planet. Thanks. (Abraham): Yes, certainly. You're welcome.

My appreciation to each here this evening who step out in faith and fear not the realities of universal truths. As always, my love is with you. Until next week, shalom.

With The Practice of Purification Is There the Spirit of Truth

Abraham, WOODS CROSS GROUP 09-14-1998

Back

I am ABRAHAM. Greetings, and welcome. What a lightheartedness there is here this evening! I am made glad by your natural use of spiritual techniques in relating with one another. Your ease within the group is apparent and your fellowship is genuine; the bonds of friendship are strengthened and your link to the cosmic circuits as a group is improving. This evening there is no holding back, no withdrawing for fear of being ridiculed or cast out. Well done!

The Master in His mortal sojourn had visited many cities meeting various sorts of people and all types of personalities – open honest fellows, negative downhearted people, and those in emotional or physical pain. He changed not His manner of attitude to minister to certain types of mortals. He was always the pure expression of Father. In Jesus' expression of Father's ministering, He was empowered to go forth with strength and courage. This courage had Him go forth with all He knew and all He had yet to learn.

Jesus withheld nothing concerning His interaction with His fellows. He was unmoved with opinions of Him. He could act with liberty and knew Father's divine word was ever-flowing through Him. It cannot be imagined the Master holding back certain aspects of His personality for fear of unpopularity. The Master's connection with Father was that strong – a strength in which His negative fellows could not violate.

The Master's ministering was loving and kind, and yet there were indeed times He allowed strong feelings to be known. If He was angered or indignant about some particular injustice, He made it known. If He felt the sorrow and longings of His fellow mortals, He allowed that to show. The Master's divine side was certainly a wonderful example to learn by, but no one could discount the reality of His human side.

The Master was divine, yes; and yet a human creature, put forth to live a mortal life on a material planet. The Master was equipped with feelings, even strong emotions – anger, sadness, and disappointment – all those emotions you each understand and have well lived. These emotions were not even up for consideration to be stifled, for they served a purpose. And, yes, you can distinguish between 'purposeful serving emotions' and 'destructive spirit poisons.'

Yes, in learning to be divine expressions of Father, you need to allow that freedom which the Spirit of Truth bestows. If one is always holding back or withdrawing, there is a reversal in energy – a static (so to speak). In the holding back there is the cessation of serving your fellows – a decrease in bestowing love, kindness, and generosity; there is indeed a noticeable decrease in divine energy.

One who would not dare to step forth as their true selves for fear of loss or negative feedback is also blocking the same current in which love and all spirit fruits flow from. Are you understanding? You must allow the divine energy to have freedom of movement. Spirit poisons – or withholding your true selves – is a block in divine energy.

The Spirit of Truth, when poured out upon all flesh (Pentecost), bestowed upon mankind a new power and authority wherewith to teach and live a Godly life. With your practice of purification – there, is the Spirit of Truth bestowing upon you the power and authority from on high, to go forth as expressions of our Father. Do you see, your connection with Michael is key to your ability to be a divine expression.

Our goal for the week ahead is to practice not withholding. Practice going forth 'as you are,' to be natural expressions of Father. Continue to improve your relationship with Michael and freely receive His gift of spiritual liberty. Yes, 'where the Spirit of the Lord is, 'there' is liberty.' Only a few questions this evening.

MELISSA: How do I step forth to have a 'reconnection' in my life; or simply said – finding my spirit and, letting that poison come out?

ABRAHAM: My child, this process has already begun. Jesus said: "I knock at the door," and you are finding the courage to open it. Your connection has already begun; and with that, the spirit poisons do appear so that you might see what has need for His divine assistance. Not to worry, this is entirely natural. The Master stands by waiting for you to take His arm and begin the courting. That is all. Another question?

MIRIAM: Abraham, the lesson tonight exactly expresses my experience the past several days with the Internet and interacting with those of the Urantia Book family who are critical of the Teaching Mission – you know the 'being afraid' feeling. Just like in

this group, my feeling afraid to stand out and share my personal stuff, like others here this evening did so beautifully tonight. It just amazes me – that flow, that energy thing, that current, that circuitry which you are teaching. Is that what is meant by ‘in giving you receive?’ And, that energy of ‘like attracts like’ – do you know what I mean? I think it is wonderful. It was scary to do on the Internet and yet it felt safe this past week to dare. Calvin does such a good example of that, in daring to speak out. Angus and Amden, our fellow online brothers who have dared to speak up in defense of this Mission, were each so responsive in ways that made me feel safe. It was so natural. It wasn't that scary; I didn't get eaten alive, and I was greeted with love and openness. It blows me away, and I think it's great.

ABRAHAM: I am understanding. Though I would say that you, my daughter, Miriam, have always a wonderful flow of divine energy. Jesus said: “Unless you enter the kingdom with the faith of a little child there is not much hope for forward growth.” Miriam, you are always viewing the world as a wide-eyed child with such openness and willingness to learn. There are indeed moments when individuals connect with the cosmic mind and other forces which would be divine energy-generating, yes. There are those also who feel unwelcome or unqualified to participate, and would certainly seek to douse the divine light. Your faith and courage to be known and heard is an extra charge to this divine energy.

With that, I would take my leave. I would again express to you all, that my love for you continues to grow. Until next week, shalom.

The Apostle Peter, What Can We Learn From His Folly | Review Past Lessons
Abraham, WOODS CROSS GROUP 09-21-1998
[Back](#)

I am ABRAHAM. Welcome to you, my friends. I am so cheered each time we meet. It is wonderful for us to see Michael's lessons brought to life. You are each growing in higher thinking and becoming a bit more daring to act upon your values.

Michael's Spirit of Truth enables us to act with a natural spiritual instinct. Upon receiving, your indwelling Monitors begins an increasing understanding of spiritual instincts; the knowledge of right and wrong becomes an internal feeling; the desire to do good becomes apparent; the urge to be perfect as our Father is perfect, is also there. Throughout your spiritual journeys, your instincts have certainly been sharpened which enables you to feel comfort in going forth to act them out.

The beloved apostle Simon Peter, who loved Jesus with all his heart, still found within himself to allow fear and confusion to overtake him – even to deny his Master in those moments before Jesus' arrest and trial. Peter's mind was somewhat spiritually knowledgeable – yes, and yet he lacked the courage and maturity to acknowledge his loyalty to the Master, when confronted.

We all can understand Peter in his spiritual education; even with such human faults we do not love him less, no. We can receive understanding that even those who were daily with the Master found their humanness to be overpowering. The Master did not rebuke Peter for his weakness, no, but found this an opportune time to teach him.

The Master's love always remains the same for all His children. Not one could lessen

His love for them. Our Brother/Father Michael knows we are every day striving to gain maturity in our spiritual thinking; He certainly knows our weaknesses and strengths and does use our moments of error to teach us spiritual values.

We have recently been reviewing past lessons to ensure your spiritual maturity and ability to retain information. My associates and I would certainly like to be witness to more group discussion on lesson topics, and allowing time for these lessons to become an eternal part of your spiritual education.

Therefore we will, in these upcoming weeks, keep these lessons short to allow you to discuss putting into practice what we have already taught. I look forward to reviewing more lessons and participating in your group interaction. Be aware of us – your unseen visitors, that may chance to participate. Seek to keep a truthful lightheartedness, and review within your own minds why you choose to be present each week.

No questions this evening. I am joining a fellow Teacher for another lesson to be given to another group. As always, my love is with you. Until next week, shalom.

Apostle Thomas | In Stepping Forth In Faith, Are Things Then Revealed

Abraham, WOODS CROSS GROUP 09-28-1998

Back

I am ABRAHAM. Greetings. I am intrigued by your discussions this evening. Your trust in one another and Father has led to a strong group unity and a lasting friendship. I ponder your answers to the question of last week and I can see your spiritual growth is sure and steady. Your friendship aids in your individual reception of spiritual information. Your trust in one another is power to greater things.

You might have a somewhat different answer now to the question of ‘why do you choose to attend our weekly meetings,’ than you would have some years back. Your spiritual maturity from these lessons allows you the courage to go forth even when the path is unsure.

That apostle of long ago, our dear Thomas, was such an individual who was clearly uncertain about his path and his connection within the kingdom. He was at times concerned that he appeared simple-minded. His mind was ever on the lookout for false things. Even though these thoughts plagued his human mind, always was he growing in spirit – maturing, yes, absorbing the Master's lessons and understanding with his scientific mind that spirituality is practical.

Thomas never did quite subdue all his concerns with his divine understanding, but always did he take in energy and strength from his Master's living Spirit. Through Thomas' doubts, he could always be found in complete support of Jesus. His trust increased as he dared to take steps forward, spiritually, even though the path was unclear. His receiving of strength and energy from the Master endowed him with courage to move forward. He found his peace within to outweigh his mortal concerns.

Thomas was indeed a bit fearful and overly concerned, yes, but his courage to keep the faith and trust in the Master's cause made him excel. It is said: "To see heavenly things it must first be believed in." A city in which Jesus performed one

of His few miraculous deeds was not one so chosen in order to 'recruit believers,' no - His deeds performed there was because many in the city already believed.

[Editor's note: This statement is likely referring to this UB passage: 172:3.1 - "Bethany was about two miles from the temple, and it was half-past one that Sunday afternoon when Jesus made ready to start for Jerusalem. He had feelings of profound affection for Bethany and its simple people. Nazareth, Capernaum, and Jerusalem had rejected him, but Bethany had accepted him, had believed in him. And it was in this small village, where almost every man, woman, and child were believers, that he chose to perform the mightiest work of his Earth bestowal, the resurrection of Lazarus. He did not raise Lazarus that the villagers might believe, but rather because they already believed."]

My friends, you have so stepped forth with courage, as Thomas had, allowing Michael's Spirit of Truth to bestow upon you the courage to step forth. In stepping forth, there are those heavenly things revealed. Do you see? Thomas would attest to the fact that the human mind can be calmed enough to receive strength and energy. All one must do is make time to be before the Master.

This week, I would ask you to be aware of those faith-steps you dare to take without knowing the reasons why. This will also be the topic for discussion next week. As always, my love is with you. I will endeavor to meet with you each during the week. Until next week, shalom.

Embrace The Full Urantian Experience As Did Thomas, Unlike Judas. Hard Times - Lessons from Father

Abraham, WOODS CROSS GROUP 10-05-1998

Back

I am ABRAHAM. Greetings and welcome, my friends. How wonderful it is to see you in support of one another. What a beautiful fruit we harvest from the garden of the brotherhood!

Many in this Mission, our Correcting Time, crave to do grand things, to accomplish seemingly difficult tasks. Their motives are acceptable and their intentions are understood. How grateful we are when we can witness many individuals in teamwork for the accomplishment of one small goal - how pure is that goal. How obvious is the intention of this group to be within Father's will, yes. Definitely do you possess such a wonderful aspect to your group personality. It is obvious that comfort exists here in the group. Individuals are willing to allow their true selves to be known.

Even with the faults of the apostles Peter and Thomas- and yes, their personality traits were at times annoying - yet their comfort to be their true selves was always apparent because of their particular group unity. As we learn about the Master's chosen apostles we see that most had endured some particular hardship; even the Master himself had been made to face extraordinary pain and hardship.

Some say that life is cruel! and we say, yes, we agree! Life can be filled with unending hardship; and yet, each hardship has added a particular design to our spiritual armor.

Many of the apostles faced trying times after the Master's mortal sojourn; there was much work to be about concerning Father's business. There were many apostles who had faced painful agonizing deaths, as had the Master, and still I say, their mortal hardships were indeed steppingstones to increased spiritual learning – strength in their spiritual armor.

All, save one of Jesus' apostles, learned from the Master – that hard times were but a lesson to the next spiritual level. That sorrowful soul we know as Judas – yes, looked upon his hardships as personal attacks upon him by either Father or his fellows. Judas did not receive the training by his earthly parents – that in life terrible things happen and that we must either battle, brainstorm, or pray to endure. Judas only received a spoiled shield from his parents.

These that are like Judas are not iniquitous individuals so much as they are confused and somewhat slothful in their efforts to persevere – to be made stronger when beaten instead of being broken by it all. Judas was truly afraid to allow the Master's chastisement for it meant Judas had indeed made mistakes. Judas' imbalanced love of self would not allow himself to be corrected – spiritually or otherwise. His background of self-shielding shielded those harsh elements certainly, yes, but also those educational elements that we all require. Yes, in this we comment – Judas was indeed cowardly.

The Master however, was faced with a most bitter cup before Him. He could have gladly fled from it, yes, for He could have certainly been made King had He desired it so. He could even have accepted His sovereignty over Nebadon without that bitter cup – and yet His words were always: "My Father's will be done." In Father's will there are eternal lessons, and in these is there those hard lessons, those hard truths. And any one of you could choose to flee the harsh truth in favor of soothing a bruised ego or a bad self-perception in your acceptance or rejection of Father's light.

Each one of you has experienced hardships, yes, and these have not broken you but has made you stronger in character and in soul-building. How wonderful it is that you choose to accept the full Urantian experience instead of being like Judas, who would only accept those good things of life that would uplift his self-perception and make him satisfied with himself. His self-satisfaction was a closing off – an end to his learning.

One who embraces the full experience chooses to express those words of our Master: "Your will be done, Father." – and in that determination, there is strength for whatever your spiritual path holds. Be not afraid of a little self-discipline or perhaps allowing a nudge from Father, for in your trying times – therein, are those spiritual lessons that you can spiritually embrace and advance.

My friends, our goal for this week would be to not worry about self-protection or defense, but to be willing to embrace the full Urantian experience, as Thomas had. He was at times not happy with this but always was he constant in his decision to allow. Yes, this week, allow Father to aid in your comfort toward spiritual strength and assurance. Without your help in allowing for divine assistance, this transition from your old binding self to the new cannot be made. My love is always with you.

Until next week, shalom.

Tending To Our Fellows' Well-Being, As Nathaniel's Example
Abraham, WOODS CROSS GROUP 10-12-1998

Back

I am ABRAHAM. Welcome, my friends. How I look forward each week to meeting with you all together. How wonderful is it to see the seeds of your ideas planted and your fellows tending to the growth therefrom. Your dignified manner leads each one to be open to the spreading of the ideal seedling; your care for one another as individuals and as children of the living God sees to its positive growth.

You each have experience in life of group-tearing down, or negative feedback. How wonderful that each one here desires to give and see to one another's growth. What an appropriate display of the brotherhood. With the busyness in today's mortal living, always is there the tendency to protect oneself - to watch over our shoulder for those who might be against us. Ever are we ready to defend and keep vigil over our place in the world.

We have been witness to such an example of this behavior through the Master's apostles of old. Judas was certainly one to believe the world did not welcome him. He was always wont to believe that his well-being was of his own responsibility and that some had the power to make him stumble.

Thomas was at times given into emotionalism and could be rather introverted, and not in desire to share his feelings for fear he would be misunderstood. Peter, on the other hand, could verbally charm and make his way through any given situation that would threaten his sense of well-being - and yes, this was an extension of the ego.

Many of the apostles were at times moody and difficult. Always did the Master rally them together with the common focus that they were each 'spiritual brothers on a quest for the kingdom.' Oftentimes He would remind them that the brotherhood was of great help for emotionalism or individual difficulties. The Master could be found telling His apostles that one another's well-being was as important as their own. Jesus taught them to tend to one another's growth and well-being, for this did indeed open the channel for the cycle of spiritual energy to continually flow.

As I said before, Judas had chosen to deny the full Urantian experience; he ever worried about his own well-being and was always 'watching his own back' - and therein was that block in the flow of living spiritual energy. Yes, when Judas had turned inward and was self-seeking, in this did he restrict his capacity to receive any divine assistance.

Nathaniel, on the other hand, was always first to aid his brethren with a humorous line or an offering of assistance. He could be found on the lighter side of seemingly serious topics and was ever drawing out his fellow apostles to be open and share. Yes, Nathaniel at times had given in to depression and moodiness, but his practice of tending to his fellows' growth was a wonderful antidote to those things which would bring him down. Nathaniel was more-so focused on the well-being of his fellows, so much so that he allowed an opening for Father's divine energy to create for him a balanced life. His fellows' downcast attitudes were an invitation to him

to find humor and the lighter side of serious topics.

My friends, I would ask that you continue in your warm and loving display here with one another and to tend to each other's well-being. Look for opportunities during the week to experiment with this technique. Recognize the opening and closing of the channel for the flow of divine energy. Be aware that your willingness to give is measured side by side with your capacity to receive.

As always, my love is with you. I will be available during the week to take your question. Until next week, shalom.

Go Forth And Teach, As Did The Apostles in Jesus` Day, With The Enthusiasm of The Master`s Spirit

Abraham, WOODS CROSS GROUP 10-19-1998

Back

[A message from Ham, from the Nashville group, was shared to the Woods Cross group prior to Abraham's lesson this evening.]

I am ABRAHAM. Welcome. What a beautiful beginning for our meeting. Our thanks to Ham, our brother - and to you that shared his message.

I can remember my mortal life being filled with difficulties, and now I can comprehend the value they hold. Many mortal lessons we experience are not always understood in this lifetime, but surely at some point you will also understand the universal values they teach.

The lives of the Master's apostles, having given their consent for the sharing of their life experiences, are of great value to those we teach - for this we are grateful. Their life experiences, being at times embarrassing, are now within the foundation of our lessons.

The apostles, having experienced such difficulties, did find themselves qualified as teachers. With the spirit of the Master as wind in their sails, they were exceedingly encouraged to share the good news. Michael's ever-pervading spirit had strengthened them to go forth and teach from wherever they were in life's circumstances. Many a new believer entered the kingdom from the words of these past courageous teachers.

My friends, you must feel by now that when you call upon the spirit for words to teach with, it is certain to be at hand. As our beloved apostles of old were trained to minister to Father's children, so are you. You each embrace the presence and personality of Christ Michael; your relationship with Him has grown in love and trust.

Many of you now find the confidence to go forward and live your beliefs. Your trust in Michael endows you with the power from on high therewith to teach and spread light. I would not add a new lesson for this evening; I only ask that you ponder over your readiness to teach as occasions arise. Are you sufficiently leaning on the Master for His words and for His strength to live your beliefs? Have you questions?

INERA: Abraham, thank you so much for tonight's lesson. Yesterday I felt the

presence of Christ Michael three different times. I tried to sit down and journal but I am not getting the message. I don't know if I am shutting myself off, or what I can do better to receive? I feel like I am at a standstill. Maybe I am not listening. I don't know what I am doing wrong.

ABRAHAM: I am understanding you listen well. But there appears to be a small amount of fear in speaking with One who is so great and close to our Paradise Father. It would do you well to study His life before 'His hour had come' to teach, for He was truly one of us. Think of Him, even now, as a close friend, an elder brother. Michael is awesome in presence and power, yes, but so warm and loving and deeply personal. I am always made lighter by His presence. My daughter, seek first the man who was Jesus, and then can you relate with him to lessen your fear of His almightiness. That is all. (Inera: Thank you.) Abraham: Another question?

HARRISON: Abraham, I am just struggling somehow with getting my finances together properly, and I have this belief that through trust things will work out somehow or another. I seem to be walking too close to the edge for my own comfort. Do you have any thoughts for me?

ABRAHAM: I usually cannot comment on things material, but for you, my son, I can say that Father truly desires abundance for all His children and assists where He can. He works within man's will and man's understanding; and therefore is, in a way, limited. As you experience these matters you find that doors open and close. There is always a call for persistence and yet, common sense shows us when to find other avenues. I am sorry this is about all I can say. (Harrison: Thank you.) Abraham: You're welcome.

A question from Frosty in Pocatello TM group: [The TR read this question before the meeting: Does the opening of the circuits have anything to do with the Chronic Fatigue, Fibromyalgia, etc., that so many seem to be experiencing? I'm believing that the opening of the spiritual energy circuitry creates in us a desire to bring forth and release emotions; and that our physical body resists this release and instead is creating stress that ends up with the disease. Is it that the circuits have created an upheaval within us, so to speak, and we need to find a way to adjust and bypass this Fibromyalgia, Chronic Fatigue, and no doubt many other illnesses? Is my understanding correct on this? Do you have any comments, suggestions, or instructions?]

ABRAHAM: One moment. Yes, Frosty is on track when she believes that some of today's new illnesses are caused by the opening of the universe circuits. The illness comes more-so from denying the realness of spirit, denying that life is meaningful, and thinking it is merely haphazard. Some individuals find mortal living shallow and hopeless. They do not believe in Father's orderly conduct of the universe. The isolation of this world is over, and Nebadon has once again embraced Urantia as its own. The circuits' opening is new and available to be known. There is a lot of energy being used by mortals to stand their ground and hold fast to their old beliefs. There is hopelessness in refusal to grow. As always, hopelessness, despair, anger, anxiety, and suspicion, bring illness. With the re-encircuitment of Urantia, there is much confusion and many unanswered questions. This is natural and to be expected. As time passes and new generations grow up with the new encircuitment of

Urantia, the new universal truths will be more naturally embraced and the spirit poisons will not so easily have their way over the physical bodies. That is all. Another question?

MIRIAM: Abraham, you said earlier in your lesson that 'later on we will be understanding stuff that at this time we do not.' Do you know what I am referring to? Is it possible for us to know things now on a soul level? - I mean, something that we know to be true, but we don't understand 'how' we know and can't quite put a finger on it. It just seems the only way I can identify it is - it is like a soul-knowingness. Is that what you meant?

ABRAHAM: I understand. This soul-knowingness is absolutely real. Such knowingness cannot be found in a book or some religious doctrine, or even history, but only from within. Yes, you understand what it is to go against your soul-knowingness - you feel it, physically. When Peter had denied his Master after Jesus' arrest, he knew instantly he had made a mistake; his fear would not let him react in any other way. But yes, Peter knew immediately he had gone against his inner soul understanding. Yes. Good question.

RACHEL: Father Abraham, I think I have neglected you as far as humor is concerned for quite a little while now; this is from a little article that was in the paper. "A fellow said: Last week someone asked me what I found most fascinating about working in the genealogy history center, and I told them it was a kinship I now feel for the mobs that drove the Mormons out of Missouri and Illinois - and then he said: Seriously! only mobsters and genealogists can appreciate how much easier it is to work with dead Mormons rather than live ones." I imagine you kind of feel the same way, Abraham. [group laughter.]

ABRAHAM: My daughter, Rachel, I can always catch your wit and humor during our visits. I receive plenty. Thank you. You do add a wonderful touch of lightheartedness to our group and we thank you.

I would also thank each one of you for your patience and willingness to go forth as Michael's ambassadors. Know that there are legions of helpers at hand for each of you. My love is always with you. Until next week, shalom.

Mortals Need One Another Especially In Going Forth To Teach

Abraham, WOODS CROSS, UTAH 10-26-1998

Back

I am ABRAHAM. Please excuse the delay. I am indeed happy to meet with you and be witness to your efforts at the upholding of one another. You support and yet, always does the truth go first. Your truth to one another is loving and lighthearted. What a wonderful example of egolessness. Your small steps here towards the brotherhood of man does lead towards larger steps within your society.

When the apostles had set forth to go out and spread the good news, each one had looked-after the other. In all areas of mortal living, steps were taken to ensure the apostle's comfort to leave home and go out to teach the Master's message.

Your weekly meetings are extraordinary in that each one receives support mentally, emotionally, and spiritually. Each one is respected and looked upon as God's child.

What an excellent source of divine energy. These weekly meetings serve you in unforeseen ways that endow you with the strength and courage to go into a darkened world where this particular group comfort is not apparent.

Your communication during the week is also energy-promoting and brings to you a realness in spirituality. By all means, seek to communicate with one another throughout the week. You can always be made a better teacher knowing your fellows are in support of you. The bearers of Michael's light find it difficult to go into such darkness without the knowing that their fellows stand by them, support them, and love them for who they really are.

Most of Jesus' apostles went forth to teach with such comfort from the Master and their fellows. At first, some held the belief that the showing of the need of support was a sign of weakness. An occasional spark of the ego would say to an apostle: "I need not help or support from anyone. I would not be seen as needy or weak." Through the Master's teachings, the apostles discovered that anyone who would not utilize the support of their fellows was haunted by doubts and less equipped to make divine decisions. Yes, mortals need one another. Minds that are unified are more likely to make decisions from a divine standpoint instead of from an ego base.

The universe operates in this technique where beings can rely upon one another. Planets can learn from each other's experiences. The broadcasts circuits can lessen the space between each one of us and our Creators. The learning 'to enjoy the support from your fellows' in the mortal experience is only a small step in joining your mind with that of the cosmic mind. Worlds settled in Light and Life enjoy communicating back and forth and discussing those everyday events that would help them to grow, spiritually. A group, or planet, would not continue to have successful spiritual growth without the sharing and interaction with others.

As you have been witness, too many companies (or even individuals) would choose to withhold information so as to appear superior or powerful. Is this not unthinkable within Father's kingdom? Yet you must have this experience. We are making progress within our Correcting Time, and it appears to be so time-consuming. Each of our participants is thoroughly tested and taught so that these divine understandings become everlasting and eternal. Seek comfort from Father and His hosts of helpers, yes, but maintain a balanced mentality through your connection with one another. Only a few questions please.

CALVIN: Abraham, this association we have with each other in the group is wonderful, mostly on Monday night. But during the week I am able to – some of us are able to – converse through Internet associations with so many of the Teaching Mission participants, which I find is a source of strength also, and is on a larger scale. I notice that this internet interaction helps keep spiritual energy charged for me. One such interaction is with our new Mission brother, Angus Bowen; do you have any words for him, who is an extended member of our group?

ABRAHAM: Words are difficult to find when a specific question has not been asked. My brother, Angus, our love and greetings are with you. Your questions are welcome; and from my knowledge at this point, you do indeed, do well. That is all.

MIRIAM: Abraham, I was wondering about your process. Throughout the week your lessons always have such meaning, they are so pertinent – and it's like our lives go along with the lessons. What's it like for you and the other Teachers to observe us throughout the week? What is that process like? Do you do your lesson and then help us go along with it, or do you just observe? Can you describe that? Would that be offensive?

ABRAHAM: No, not offensive, and certainly I can try to describe. I can convey that we are made to exercise extreme patience in waiting. Father has His master plan; Michael has His techniques from which we can draw upon. And yes, various beings arrange and coordinate in behalf of our mortal students – but none of this would do well without the permission of the mortal subject. Many times do we repeat the same processes over again for the mortals to comprehend the meanings. At times we are not to do anything in assisting because we have not been given permission by the mortal. Those mortals that ask, receive. Those that allow, participate in Michael's relating of Father's divine destiny. Is this helping? (Miriam: Oh yes, Abraham. Thank you.)
Abraham: Another question?

RACHEL: Father Abraham, when we are working with, or in touch with Christ Michael – is it possible to become too comfortable with Him? I guess what I am asking is – if I am completely comfortable with Him, which I am, is that disrespectful in any way to be that comfortable?

ABRAHAM: No, certainly not. It is Michael's fondest hope for all mortals to look upon Him as their Brother, Father, Friend, and Helpmate. Your comfort with Him is indeed an honor, my daughter, Rachel. Yes, good question.

CALVIN: Abraham, I do a lot of listening to the Urantia Book, and a lot of contemplating over your lessons and the lessons of other Teachers – is it possible to maybe go too fast? How am I doing in that respect; would you say there is 'too much learning' and 'not enough experiencing,' perhaps? In my situation, am I going in that direction?

ABRAHAM: Mostly this is known internally. Those spiritual ideas that you require will be with you at that moment you need them. There are several factors in which one might seek to study. Always is there the satisfaction of curiosity when a question is asked or when a subject has been pondered and then the answer is found. Also is there a factor of entertainment of sorts where you are made to understand certain types of humor or lightheartedness. And yes, there is comfort one may receive from the Urantia Books' reinforcement of faith and goodwill. Yes, is this answering? (Calvin: Yes, thank you.) Abraham: You're welcome.

Again, my thanks to each one, and I will be present with you throughout the week. Again, I am not far. My love is with you each. Until next week, shalom.

Every Mortal Has Within An Extension Of the Gods | Allow The Pure/Innocent Spirit Within, Freedom

Abraham, WOODS CROSS, UTAH 11-02-1998

Back

I am ABRAHAM. I am quite grateful to be here with you this evening. What an

excellent display of group participation. Communication is certainly a worthwhile topic to discuss and make effort to use in everyday relationships. I can appreciate the open hearts and minds that attend here weekly. You are always in readiness to give one-hundred percent while your expectations are at a minimal level. As I listen to you and watch your expressions, I can behold that part of you that is divine, innocent, and pure.

Egolessness makes this viewing possible, for you care not about status nor position within the kingdom, as even the apostles of old yielded to, but you indeed care for the well-being of each individual as well as the group.

I am made to understand most mortals are innocent and perhaps a bit misunderstood. Many personality traits show forth in competition to comply with a material world. Father does see each of His children as a pure, innocent, and a divine being, as His child. The apostles at first, though some were acquaintances, still did not fully understand one another. They were even suspicious of one another's genuineness.

Over time, the apostles had connected on 'soul levels' so as to be able to view the divinity in one another. Each apostle grew to view some attributes of the Master within their fellow apostles. There is that innocent spirit which dwells within each individual, even though in some this may appear to be hidden with the busyness of everyday living. Even the most unethical individual does contain within them an extension of the Gods.

Many know not how to allow this pure and innocent 'spirit within,' freedom. The spirit within appears to them to be meek and too easily exposed to things harmful. The pure and innocent spirit within is actually an extension of all that is - an all-knowing, all-powerful, all-loving God, our Father. The spirit within (which is mainly the 'real you') exercises humor and lightheartedness; it can see light in the darkness; it can utter volumes of wisdom in one sentence; it can be an element of healing to an ailing society.

My friends, you allow your true selves to be known here in this group. You recognize one another's pure and innocent spirit within. You can embrace each one's faults with divine love. In your everyday living in the material world it is difficult though to allow this realness of spirit to be known. It would do you well to ponder over the attributes of your 'divine spirit within' and to adjust your understanding in allowing it freedom. In exposing your real selves, as you do here weekly, individuals you meet feel at ease to also allow their genuine 'child of God selves' to have freedom - freedom to live and work and love; to nurture and to teach within their environment.

Just as the apostles sat at the Master's feet in such lessons as this, are you also granted the same benefit in understanding the Master's meanings. Allow Him to help you to show your divine side, daily, and be aware of the confidence this yields. The pure and innocent spirit within will prove to be a source of strength, power, and wisdom. Watch those around you begin to allow their spirit within, freedom to be known.

No questions this evening. Again, as always, my love goes with you and I will make

effort to meet with you each during the week should you need me. Until next week, shalom.

In Projecting The Positive Do We Connect With The Divine Energy

Abraham, WOODS CROSS, UTAH 11-09-1998

Back

I am ABRAHAM. Greetings. I am again so happy to be with you. You have proven again your dedication to the cause by your responsibility. Anytime the messages we would transmit are forced, stressed, or are in some form of jeopardy, there needs to be changes or adjustments within the group format. How wonderful it is to view our mortal connection with you our students, acting upon their God-given authority. You are a group of action, and are with willingness to offer yourselves to the betterment of the whole.

Last week we discussed recognizing the pure and divine in yourselves and your fellows. I do gather from our weekly visitations that all is on track. The more a true believer lives, the more can he understand the simplicity of his fellows. As one exchanges his mind for the mind of Christ, can he view his fellows as equal beloved children of the Universal Father.

Mortals - having experienced isolation as Urantia has - have a more difficult time sitting at the Father's table than do those on non-isolation worlds. There are doubts among Urantians that one would be so worthy as to dine with those at the universal banquet. Urantia mortals have found it difficult over years to see the good, pure, and innocent in one another. It has been a world of 'kill or be killed,' and 'survive in any manner possible.' Such defenses make relating to one another 'on a soul level' quite difficult.

If you treat a child with suspicion, that child receives that particular energy and actually acts upon it. The child feels like he/she is in error, guilty; the spirit poisons lead the child to negative actions. This all began from a projected energy from an adult. If you constantly point out a child's faults, he/she receives that energy as literal - and proceeds to lose confidence in his/her ability to do anything.

To look upon a child as inferior or sub-normal then does this child tend to act upon this energy. As the child grows, certainly does he/she learn to build up defenses and to justify their actions for self-protection. You know not how literal your energy projections are to one another. Many of those fear-ridden souls do indeed act out energies that were projected onto them.

Consider that you enter a department store and are gazed upon by the clerk, suspiciously - do you not feel as though you are guilty of shoplifting? Yes, certainly! You, my friends of these morontial lessons, have a tremendous spiritual responsibility. As your intentions are becoming more purified, your energy projections are more spiritually refined, and you are able to affect the world - one person at a time.

If you take notice of a child's kindness, then does the child absorb that divine energy which whets the appetite for good living. If you encourage a child toward

more divine realities - instead of making his/her faults the focus - then, is the child more apt to follow a spiritual path, a path of trial and error, a path of logical thinking. This child is then likely to say: "I have tried it this way; it does not serve anyone. I can certainly try another way." Do you see, a child's mistakes then, are perceived as steppingstones towards learning greater things, not punishments.

If you praise a child then does that projected energy build within - a confidence that directs the child towards the fruits of the Spirit. The love and wellness you show turns the child inward to meet with his/her own indwelling Father. Yes, your projected energy is real and does have an effect. Father treats each child with encouragement, love, and confidence-building praise. You would certainly agree when I say that if all Urantians would treat one another as Father does, the effects would be astonishing to you.

This week I ask you to make it a point to project positive things to those you meet, those you know. Try to greet your fellows with a positive word - something to encourage or give hope or build confidence. Allow your fellows to know you do indeed see that pure innocent well-intentioned child within them.

No questions this evening. I will again meet with you during the week. I can attempt to assist you in the moment with this exercise of 'energy projection.' As always, my love is with you. Until next week, shalom.

Upholding One Another As Fellow Teachers and Friends

Ham & Abraham, WOODS CROSS GROUP 11-16-1998

Back

I am HAM. Greetings. It is such an honor to meet with this branch on our family tree. I do attend many of your meetings, and I collaborate with Abraham concerning the lesson format. Besides being co-workers, Abraham and I are friends; I can always count on his attentive listening skills when I am pitching my ideas to him. Abraham is such a positive mirror for me to reflect upon; he is more apt to focus upon positive highlights rather than embarrassing negatives.

We, teachers within the Mission, have been well trained by Michael. We are always projecting positive spiritual energy. We need not the energy we once knew in the flesh anymore, and yet our work does consume a great deal of energy. A friendly partner to teach with is always a source of energy and a reconnection to the foundation of our cause.

Michael sends you out two and two for many reasons - energy distribution being one. If one is perhaps fatigued or beginning to feel hopeless, the other is there with divine encouragement. This is what is wonderful about this group - while truth is always foremost, the continuous support in one another is always energy-producing.

As Teachers in this Teaching Mission, we are devoted to the assignment as deemed by Michael for His children; His techniques for teaching are seeing us through. We have indeed met with numerous discouragements, disappointments, and yet our fellow Teachers stand by waiting to assist in carrying the burden - waiting to assist in regenerating energy for weary friends and fellow co-workers.

I have so enjoyed speaking with you this evening. I would now allow Abraham his time to speak. My love is with you and, I can promise you I am never too far away. Farewell.

I am ABRAHAM. Our gratitude to our friend and brother, Ham. He also supports me when I am in doubt of my competency. I have been witness to things that would certainly have cause to scar the spirit and yet, along with my indwelling Father, my fellow co-workers are always there to remind me of the universe's fairness.

In the midst of our work we can at times become discouraged and even faith-losing. To participate in a teamwork of energy distribution allows us to be at peak performance for teaching and allowing Father to act through us. We speak of an aspect of the brotherhood when we discuss the upholding of one another.

Last week we discussed projecting divine energy towards our fellows. This week we discuss upholding one another as fellow Teachers and friends. And now into next week, I would discuss the energy we project and attract to ourselves. Many individuals know and have heard an ongoing negative chatter about themselves – their ways in which they live, move, and have their being. There are always ways we can negatively critique ourselves which would attract negative energy. This certainly affects the spiritual, yes, but also our mindal and physical.

If one running a marathon said to himself: "I am falling behind, I should have put forth more practice, I should have regulated my diet more efficiently. Always when I am in reach of the finish line I usually do something to cause failure; I am always at failure status." About this time the body is slowing, losing energy and focus to the goal. The internal systems are not performing where they should be due to this mindal interruption. This thinking is almost severing ties between you and things divine.

A marathon runner who would notice he is falling behind, but with hope and faith in the universe's fairness might think: "Yes, I am falling behind but I have given it my all, and that is everything. I may not win today but I will surely finish the race. I must focus on not what I failed at but how I can regain my lead."

With such a positive attitude how could the physical body refuse such optimism; the systems are now coordinating to receive energy, as well as all those good things the universe promises to us. Yes, with such energizing attitude, each physical system within this human body will coordinate to reach for the goal.

This week, I would ask that you experiment with this inner voice, inner self-talk, and continue to relate with one another in any manner you choose. Continue to offer support and words of encouragement. Learn to direct a positive energy in all manners of mortal living.

I would apologize, there will be no questions this evening. I will do my best to meet with you during the week to answer your questions. As always, my love is with you. Until next week, shalom.

Energy-Generating vs Energy-Depleting Thinking | Tithing and Sacrifice

Abraham, WOODS CROSS, UTAH 11-23-1998

Back

I am ABRAHAM. Greetings. Please accept my gratitude for your patience and willingness to bear with our communication process. I am always made glad by listening to you each speak your understanding of divine realities. I realize this world is fraught with difficulties and confusion but your diligence to Michael's cause drives you forward.

I perceive you to be in understanding of last week's lesson. You have firsthand experience with this type of energy diffuser. The mortal life is quite difficult in and of itself, even without our assisting as teacher-ambassadors to Michael's cause. It is my job to allow you the information that sustains you while you toil for the kingdom, yes.

Many individuals believe they have their own personal dark cloud that follows them. With the negative self-talk, this cloud is manifested in a variety of areas of living. Even among those considered 'spiritually learned and mature' do we find they somehow believe they are the recipient of good or bad luck. In this we say, the separation from your spiritual roots (the Lucifer rebellion) has made man to believe he is a child of the evil one. In this mode of negative thinking, confidence was lost, and efforts were put towards appeasing the gods.

You can understand at this point in your spiritual education that this 'appeasing the gods' thinking is somewhat humorous. And yet, many still believe they need to bargain with Father in order to receive a more easy life - no, not just simplified, but easy. When one believes they are from the First Source and Center of all there is, they begin to cease with the negative self-talk and focus more-so on serving within the kingdom. A negative inner-chatter would only prove to be depleting of confidence and the surety that you are, indeed, Father's beloved child.

This week, I ask that you continue in your exercise of exchanging negative thoughts towards your personal self for gratitude to our Father for His loving direction and caretaking which He provides us. Upon recognizing negative energy-depleting self-talk, think about Father's watchcare and His perfectly-planned lessons He has for you. Your ability to worship is always energy-generating. Tonight I would accept a few questions. Proceed.

CALVIN: We welcome our good friends into the group that we have known for a couple weeks. I am sure you know them more than we, but we are glad to have them, Michael and Sandy, here with us. We welcome them to ask anything they may want.

SANDY: I would just have a question: I recently wrote an article on the Course in Miracles book, could you tell me who authored the Course of Miracles?

ABRAHAM: My understanding is many divine beings had a hand in this work, but as any other work, where the human ego is involved there are bound to be mistakes. Throughout the ages, man has found those answers his heart has longed for through revelation - and upon the receiving, there is always that tendency to lean towards the side of the extraordinary. My feelings concerning this book is that it is

harmless in itself. With the opening of the circuits and Michael's Spirit of Truth, many individuals can distinguish the authenticity of it. There has not been any real works by the actual son of self-love since before the days when Michael was in the mortal flesh. Most of today's iniquitous works are either ego-derived or simple tradition-bound-thinking individuals. Does this help? (Sandy: Yes. Thank you.) Abraham: You are welcome. Another question?

CALVIN: Abraham, thanks for giving your insight in these lessons and for your patience with us. I have run across a guy who really interacts with the Jewish people of Eastern countries and so on – George Soros; I mean I have run across his writings and words on the Internet. I am quite drawn to and curious about his work. I was wondering if you could share with me your understanding of his impact; and, of my curiosity/interest in him? That's the only way I know how to put it.

ABRAHAM: From what my information is, I know this man to be one who has chosen to make potentials into actuals, and that is fascinating to anyone. Mankind has long searched for the tools to build a better society and yet, only recently are these tools being recognized as spiritual. Each individual has as much power and resources as does Mr. Soros – perhaps more-so on a smaller scale but, nonetheless, important. Each person can indeed make sweeping changes within their community, family, schools, and so on. I can say that Mr. Soros' speaking out has promoted more good than has his money. Does this answer? (Calvin: Yes. Perfectly. Thank you.) Abraham: One more question?

MICHAEL: Why did you initiate tithing when Melchizedek was totally trying to help people realize that it wasn't necessary, that God didn't require it – but you persisted in giving a sacrifice. It has been nearly four-thousand years now, and it – the tithing teaching and sacrifice – still lives on?

ABRAHAM: Understood. I can also understand where this affects you, personally, and your compassion for others' well-being. I can say that probably 'fear' was the main motivator for tithing and sacrificing. It began as a bargain with God to allow me to be prosperous, or at least unaffected by adversity. And yes, you are correct, this does live on to this day. Even the Apostles who worked and lived with Jesus could not be eradicated from old sacrifice-traditions and be swayed from their belief that He was indeed the Messiah. I suppose my friend and mentor, MachiventaMelchizedek, could not have persuaded me to end a ritual that seemed to be working, even if only in my own mind. I suppose I paid for peace of mind – this was my understanding then. Individuals such as yourself are indeed bringing this topic to the forefront of people's minds; and yes, it does them well to ponder over the thought that they too may sacrifice and pay out of fear. Individuals who choose to remain in traditional religions without reaching for higher understanding will do as they're told; but I can guarantee you this subject does go out over the cosmic circuits and touches individuals who choose to reach for higher realities. Does this at all answer?

MICHAEL: It's okay, but what is the resolution? When is it going to stop, another four-thousand years?

ABRAHAM: Not anytime soon. [laughter.] As long as people are tradition-bound, there will be those perceived rules to follow; and hopefully, programs such as our

Correcting Time will be able to affect change.

That is all, for my words are slipping and I must take my leave. Once again my gratitude is with you each, and my love grows for you more each time we meet. Until next week, shalom.

Treat Others as You Treat Each Other Here ~ An Energy That Affects the Whole

Abraham, WOODS CROSS GROUP 11-30-1998

Back

I am ABRAHAM. Welcome, and thank you for your willingness to have me each week. Your desire to learn is apparent and your courage to act upon these lessons are to be commended. As I listen in on your discussions, I can literally view the exchange of energy between you.

My friends, your willingness to uphold one another is touching. The bonds that cement you as a Mission group are strengthened to the point now where truth and love override petty differences. Yes, this is beautiful. I find your exchange of positivity to be uncommon though on such a planet where negativity has become a way of life.

Through our Mission, we can reach many who would not usually catch Michael's message. You are in contact with many individuals every day, and at times the practicalities of mortal living find you at a loss for using your spiritual ideals - this is completely understandable. Your practice with these energy techniques will help you as well as those you know.

Many move through their daily living meeting individuals who they would not particularly have any feelings for. One may say: "Why would I put my best foot forward when I will never see this person again?" "What have I to gain from dispensing with pleasantries to this individual?" Especially during this holiday season are people in contact with service workers who are perhaps at the mercy of the public to earn a living. At the end of a hard day's work, these individuals may be completely depleted of energy, as well as with depleted faith in their fellows. I say, your positive energy shared goes a long way in helping these to end their day on a positive note.

Yes, even now in this so-called civilized society, there are those who are believing they are more deserving of good things than others. "You are a waitress, why should I show forth respect when your job is less valued than mine?" This thinking is completely unbrotherly and energy-depleting.

A priest, one who has devoted his time to assisting other individuals, would perhaps strike a simple daily-living conversation with one who is not of his faith in effort to assist in a positive way, only to be somewhat ignored. What does one's religion have to do with his worth as a person, a child of God? A personal positive interaction with this priest would surely enhance positivity and good energy to both. My friends, this is where you can help - by your boldness to be conversational with those individuals you may chance to meet who are perhaps involved with service work in the business of daily living.

It would be so energy-generating if a few individuals every day could disperse energy to those who you do not know. A word of encouragement to continue the good work, or a comment of understanding of a long day's work, would certainly help to generate energy in this individual's life as well as your own; and, would be an uplift to others who would chance to witness your kindness.

It is a wonderful time of year to experiment with your new techniques. As you put your best spiritual foot forward you enable others to do the same, just as you do here each week. You are each familiar of one another and rather comfortable in uplifting one another; yet, individuals who you chance to pass by are indeed another story. Your efforts made to your daily living fellows in the area of energy-distribution does indeed have affects beyond your knowledge.

The Master had always a bit of encouragement or kind words for His fellows. His show of understanding His fellows put them at ease and in understanding that they are not 'out of the ordinary.' The Master made them to feel that yes, their burden is real - and yet, not too much so as to overtake them. Yes, Jesus showed great faith in His fellows and thrived on the energy that Father dispersed to Him as He needed it. The recipients of Jesus' energy were more likely to go about doing good instead of complaining or losing hope.

The great preachers of the world are found to be more successful when preaching about the faith and trust he has in his fellow's abilities for discerning God's understanding for themselves. You, my friends, may not be the noted great preachers in the world, but certainly are you wonderful teachers and are bearers and bringers of the good news.

I would ask that you experiment with this technique during the week. Treat others as you treat one another here. Uphold and support and express your faith in other's ability to carry on. Humor is a wonderful way to open doors and does dispense a positive energy.

I am short with time this evening. I'm sorry, no questions. I will make my best effort to meet with you each this week. As always, my love is with you. Until next week, shalom.

Christ is Among His Children of Urantia. What We Put Belief In IS Our Reality
Abraham, WOODS CROSS GROUP 12-07-1998
Back

I am ABRAHAM. Welcome. It is such a great pleasure to meet with you each week. I have known you for some time. Your unique personalities stand alone as brightly-burning candles on an altar each giving off light and warmth. As you unify on the common ground of the Correcting Time does your light increase and your warmth intensify. How beautiful is this for me to see!

I can say each one of you adds to my energy level in such a way that I am made to be uplifted. I thank you. You all have a fair understanding of how you can project energy and add to the light of the world. In your own small way can you affect big changes just by allowing the spirit to move through you.

When Michael (Jesus) walked the Earth, He saw great opportunity to teach because the world's people were ready and asking for Him. And in the days following the resurrection they awaited Christ's second coming and lived each day as watchful children so as to not be forgotten in the 'end times.' We can see this picture as one promoting and producing positive energy.

It is now easily understood that what you put your beliefs in 'is' your reality. Many in Michael's Teaching Mission today believe Him to already be here – again, among His people on this, His home planet, where He lived His final bestowal.

Michael's Spirit of Truth was always and ever working with the people of Urantia since Pentecost, yes, but not always has there been the 'desire' for more truth; adhering to the set traditions was about the extent of their ability to progress. As Urantia has evolved do people desire more than what the prophets of old offered. Yes, the Urantian races are now accessing the Spirit of Truth more easily through their desire to learn and progress.

Yes, it is true that Christ is among His children of Urantia; His presence brings hope, renewed faith, strength, and ease of mind. The simple knowing that the Master is at work in individual lives creates an energy in itself. To believe that one so loving, so understanding, so life-giving and trusting, is among you – actually changes your capacity to receive spiritual energy and understanding.

Yes, mortals can experiment with energy amongst one another and learn life's lessons, as long as we remember the 'source' of all spiritual energy. Our Paradise Father is the source of all there is, yes – and yet, He is easily understood when personalized through His Creator Sons.

In this season, there will be many thoughts turned toward the Master's mortal birth on this world, and many hearts asking for His assistance, or His return. How comforting it is to those you know for you to verbalize your faith – that Jesus, Son of God, dwells in your lives whether you can visually see Him or not.

How eloquent Simon Peter was when he spoke his truth about the Master's loving character; how his speaking from the heart brought confirmations of faith to those who heard him. Yes, let that be our focus for the week. Live as if the Master was another member of your inner circle of friends. Be not afraid to speak as though He were your personal friend and brother. Watch the capacity for yourself and others receiving spiritual understanding, grow. A few questions?

CLAIREESA: Father Abraham, there is an awareness amongst all the groups that perhaps the Mission teachings should be sent out to the world somehow – specifically, these transcripts, whether it be by publishing or maybe radio. Everyone is wondering what your thoughts on this dissemination of transcripts should be.

ABRAHAM: I am personally feeling there is a need for perhaps more personal missionary type ministry needed than cold white pages to read. It matters not so much the 'how' or even 'if' you disseminate these teachings – but what would really promote meaning however, is those involved in this Teaching Mission guide and direct family and friends toward their inner-knowing or understanding of truth. How

wonderful it is to plant spiritual seeds. The real work, however, is in tending to the sprouts of new growth. I am not feeling one way or the other about disseminating these teachings at present. Your own judgment however, is acceptable. Take steps as the Spirit leads. Most definitely though, these teachings need to be on a personal level – combined with common sense and the use of them in everyday living. Avoid any mystical attractions, for our Mission is to make spirituality as it would have been had not there been the Adamic default or the Lucifer rebellion. Spirituality (spiritual reality) is to be as common as eating or breathing. Yes, is this helping?

CLAIREESA: Yes, it helps quite a bit. Thank you. But I would like to clarify that with your personal feelings about this. Would it be best to approach it only on a person to person level, such as maybe going door to door? Or more on a public-wide scale such as having a radio talk show, or something like that?

ABRAHAM: My personal feelings are more perhaps along the lines of sharing these teachings as you have been – by word of mouth, or perhaps giving personal attention to those who would take interest in these lessons. The message of our Correcting Time reaches every ear at some point, regardless of what will be published, or heard over the airwaves. We are not pressed for time; nor do we feel hurried to uplift the world. It is wonderful to have a finished product of our words, our lessons, yes, along with a caring individual to help teach and answer questions. Is this clarifying?

CLAIREESA: Yes, but it is important to have a permanent record of these teachings – is this correct?

ABRAHAM: I am told it would be nice – but not necessary at present, for our Correcting Time is to function many years to come. Yes. Another question? (Editor's note: On June 22, 1992 – Teacher Ham said the following on this subject: "The Midway Commission (those involved in compiling the Urantia Book) is yet awaiting new orders for compiling certain facts about the coming of these revelations, even now. They will in future time present a history of this movement/revelation, and are happy to be observing the transactions and interactions which even now are occurring.)

CALVIN: Tom S., in California asks: Do you have information about Maitreya, a Teacher in England?

ABRAHAM: I am understanding he is... [pause.] (TR: There is some kind of a problem going on. I don't know if it is me that is causing it, or if it is him.) Abraham: I am informed that he is a fairly new Teacher that is still under the apprenticeship of Machiventa. His origin is from a material world such as yours, but one without the extreme problems of evolutionary stumbling. Altogether a wonderful being. One more question?

SANDY: Abraham, do you know the being that speaks through Ester Hicks and is that part of the Teaching Mission?

ABRAHAM: I am familiar with the individual (Ester Hicks), but not with the teacher. I am sorry. There will be many Teachers who enlist in Michael's cause that I would

not know because they have either been in training before or after me. I do know of individual's Teachers among our Mission students, and those instructor Teachers involved in our Teaching Mission, such as Ham and Daniel; I've received training alongside them. There are also new Teachers I train, and also special Teachers I receive training from. I am sorry for not being able to answer further.

I remind you each of our focus for the week and have you know I am close at hand to answer any questions you may have. As always, my love goes with you. Until next time, shalom.

The Swim of Mortal Living Vs Remaining On The Mundane Shore
Abraham, WOODS CROSS GROUP – CHRISTMAS POTLUCK PARTY 12-14-1998

Back

I am ABRAHAM. My greetings. What an example of beauty in action! Not only do you nourish each other physically, but emotionally and spiritually as well. This is beautiful to behold.

I am always made to rejoice when I view Michael's spirit through my mortal friends. As I know Him I at times see His facial expressions on you. His well-known hand gestures have also been apparent when you are speaking with one another.

It is visually seen by me when the Spirit of Truth has won out over decisions that could have very well been made through ease-seeking. Michael's spirit however, cannot just magically appear to minister among the mortals of Urantia, no; there indeed has to be allowances on your part to invite Him in.

Some can only allow the Spirit of Truth to act in their lives 'to a point.' There can be a moment's hesitation where one might think Michael would curtail their plans. I say, as a child looks to a parent, we might look to Michael. We might involve Michael in simple joyful decisions, and on the other hand, limit His involvement when self-will appears strongly. This is to be expected as you are learning and progressing; it is not sinful, but simple misconception.

Individuals can say 'Father's will be done' to a point, yes, and yet fear letting go of the reins. One might think: "Father may have lessons for me which impose upon my plans and thereby causing delay in my mortal desires."

It is perfectly acceptable to stand on the beach of mortal living, slowly allowing life's experiences to roll up over your feet. It is not, however, experiencing the actual participation in fully experiencing all life has to offer – the actual swimming of life. Swimming can bring about taking water in and choking, yes – fatigue and fear may play a part; but one does not build upon those spiritual muscles needed without exercising in the swim of mortal living.

It is acceptable to stand upon the shore, yes; at one point or another you will have opportunity to dive in – whether in this life or the next. Urantia, however, is seeing an age where standing on the shore is not enough; feeling fearful of drowning or injury is not bringing fulfillment. To step deeper into the living waters is a mystery, yes – and yet it builds confidence, intrigues the mind, exercises those spiritual muscles and opens up a new world of learning.

You my friends, are those who find just standing on the beach boring; and yet at times overly-indulge in the ocean. How beautiful this is to me having myself lived a life in the flesh. Our focus for this week is to show your fellows by living example how wonderful the water can be; how mysterious and refreshing you find it. Allow the Master to have expression through you, and do not wonder why your fellows seek you out.

My friends – enjoy. Until next week, shalom.

Michael, Our Sustainer In The Rough Waters Of Mortal Living
Abraham & Christ Michael, WOODS CROSS, UTAH 12-21-1998

Back

[This evening there was an unusual delay in the silence/stillness-time before the transmission began.]

I am ABRAHAM. I apologize for the delay. My greetings to you, my friends. The transmission process is likened to our swimming analogy – where one would take to the water and just have to trust the capabilities of the Teacher to help them stay afloat, yes. Therein, lies our lesson.

Many mortals are all too ready to jump into life's experiences and travail hastily through them in whatever manner they would choose. There are those who would choose the guidance of Father, however; and in so doing, find their lessons are more safe and lasting.

Always in the swim of life there is need to stop and just be – just float with the waves; just take a moment to orient yourself towards the eternal goal. How difficult it is to trust while in the mortal body that Father and His universe Sons and Daughters are there, yes, to hold you safely while you catch your breath; while you orient yourself toward the goal; while you release your everyday frustrations and take in energy.

This is a season for Michael's birth celebration into the world, and a wonderful time for all to remember how He sustains you.

MICHAEL: I am here. I am among you. I am your Sustainer, Brother/Father. How I do receive joy when my beloved children allow me my place in sustaining them. How touched am I to see the trust my children still have in me.

I know, as you know, the world is harsh and can seek to remove your light. I can understand the hope that has been lost over these many years. I also ache and weep for those who would not have me or my Father. I have been commissioned to upgrade and enlighten the mortal minds of this world.

My work is no less important now than it was two-thousand years ago. In this age though, my work is more difficult; there are so many children who have learned to mistrust or disbelieve, who turn away unseen blessings in favor of false material securities.

I have rallied my forces. The trumpets have sounded. I have rolled up my sleeves

ready to be about the Father's business. This Correcting Time is occurring. There are major changes made every day – albeit unknown to you, they do happen. Events that appear to be negative are certainly for the greater healing of the planet, of the world's people.

I do ask that those who serve in this Mission allow me to provide buoyancy. It is imperative that I am relied upon to sustain you in the waters of mortal living. As you trust, I become more of a reality on this world. As you muster the courage to go through the living waters will you find me there as if I had always been there. My children work diligently and need to rest at times, and to trust that I will provide sustenance for them. My contact with you is becoming more casual and un-extraordinary as you find faith and trust.

A relationship with me is not a chosen seat to my left or my right; is not an infrequent consultation; is not wishful thinking; and, is not a bargaining session. Contact with me is relief from emotional strain, rest for the mind and body, comfort to the soul, strength to the character, clarity of the mind, confidence in your decisions and actions, courage should fear strike.

Yes, your connection with me is energy to live and serve, and knowledge on how to serve. These wonderful things are yours should you choose not to stumble over me; should you choose not to struggle in the current of rough waters; and should you allow my arms to give you rest. I am here at your feet, as I was with my apostles of old. I would find it my honor to provide the cleansing and the upliftment of your spiritual journey. I am your Brother, Father, Sustainer. I give you my love. Carry on.

I am ABRAHAM. We are uplifted indeed, Michael – and yet we are bowed in humility. We accept your gifts, humbly, and seek to fulfill your directions without cause to stumble over you. As we end our lesson, let us find time to be held in the arms of the Sustainer. [pause.] My love is with you, my students and friends. Until next week, shalom.

Example of Stumbling and Not Stumbling Over Michael, the Giver Of Direction and Instruction

Abraham, WOODS CROSS GROUP 12-28-1998

Back

I am ABRAHAM. Greetings. How wonderful it is for me to be included in your group learning. I am always made to feel glad when our invested efforts show such a beautiful profit. My past week was one of perfect humility. I spent moments in prayer for a decrease in self and an increase of the One who sustains me. I took advantage of the invitation to be idle while I was ministered to by our beloved Father/Brother. As I stand here before you today I feel as a new creature.

I would perhaps though, ponder the outcome: Would my week of beauty have been the same had I chose to struggle in the waters of all I am responsible for? I wonder – had I chose to manipulate the Master's directions, would I still stand before you here today a new creature? I almost shudder at the thought of trusting my own methods of swimming as opposed to the Masters'. Yes, I chose to not stumble over Him.

Michael, being the Master of instruction and direction as He is, can always assist you in your life in mortal living; He has lived it and can indeed impart to you divine instruction on living a life in the flesh. To stumble over Michael would be perhaps defined in this manner:

Say you have felt divinely inspired to minister unto a sick friend – your heartfelt guidance tells you to give comfort and show faith, provide listening and understanding. Michael then would aid you with the knowledge that would enable you to fulfill your heartfelt directions. Perhaps Michael would have you relay to your sick friend a like-story you have also experienced which would help to give comfort. You then start to impart your story to your friend, and you begin to stumble over Michael's directions when you decide to perhaps go towards your own agenda – maybe begin to speak on the benefits of reading the Urantia Book, or embellish the story to where you are feeding a personal ego-need.

Do you see, you have in your good intentions stumbled over Him by not embracing complete truth or His personal directions for divine fragrance concerning mortal living. Most people have wonderful intentions and truly want to be good, honorable, and noble. At times there is temptation to struggle over doing things your way versus Michael's way.

Yes, you may firmly believe you have chosen a spirit-led path at times, and then find some decisions have backfired. How easy it is to exclaim: "I have chosen the spiritual path so, why would I find myself in this discomfort?" This is the stumbling; it is subtle when it happens but the effects are frustrating. When one has chosen to take time to float in the arms of the Sustainer it is almost the same as saying: "I choose not to stumble over you; I choose the divine will." Do you see, some may profess they are aligned with the divine will and yet, through subtle inner desires, they manipulate, perhaps turn around divine directions to fit their own wish-fulfillment.

This week, I ask for your awareness in your invitation to Michael to participate in your life. When He does impart divine directions, are you able to stay the path? Are you trusting in His abilities as a Creator Son? Is there perhaps time to allow the capable arms of Michael to sustain you, to clarify your thinking, to create new energy?

As always, I am honored to be with you to share these divine teachings of Michael. I am feeling a rebirth of sorts, a recommitment to the cause, a new focus if you will. I am with a grateful heart to aid in this upliftment of Urantia, and to intimately know you as I do. Again, my love is with you. Until next week, shalom.

1999 MANSION WORLD TEACHINGS

Examples of Stumbling Over Michael, Such As Assuming Divine Direction

Abraham, WOODS CROSS GROUP 01-04-1999

Back

I am ABRAHAM. Greetings. What a busy time of year for all of us. It is wonderful we

connect together to remember what our focus is. Your friendship helps me to maintain practicality in this divine ministry. No matter the level of bliss we experience through divinity we will always utilize our intellect as a stabilizer.

As I listen to your discussion regarding 'stumbling over Michael,' I am reminded of the many individuals who are bound by tradition. Many individuals believe certain acts performed are sinful and unforgivable, and assume the celestial beings are planning some sort of punishment, or what some may term 'bad karma.'

Michael has taught me to view all Father's children with the understanding - that mortal suffering cannot be judged by untrained individuals, no. Certain abrupt actions taken by individuals are due to extreme pain, whether it is emotional, mental, or physical.

Those bound by traditions and churches may at times assume they are 'sinful beings without hope of redemption,' and will live their lives accordingly. They could make assumptions about those on high sitting in judgment of their mortal actions - this is an example we can use to define stumbling.

Some individuals however, not affiliated with any particular church but are spiritual, may find they can make quick assumptions of Father's will or Michael's directions. One can ask Father or Michael for guidance and then modify His directions, or assume they would know that 'what Hewould do is what they would do.' Do you see, this is how erring traditions are originated - this assuming Michael or Father would give the same directions as oneself would, each time a mortal dilemma arises.

You can ask: "What would Jesus do?" yes; and many do. But can you allow time for an answer, a clear and egoless answer? Many mortals are deeply feeling what they would like to see happen in many circumstances, and may act on that. This could perhaps be termed as stumbling. 'Assuming' divine direction, is stumbling. Not embracing the complete truth, is also stumbling. All mortals will make mistakes or bad choices in their lifetime, yes; but please know there is a literal live-line to divine direction, and you can never be disconnected from it unless you so choose to be.

Again this week, I ask that you continue to practice allowing the Master to give you rest in the swim of mortal living. In this, we can find clarity and pure instructions. Your continuing efforts to maintain closeness with Him strengthens your courage to allow 'self' to decrease, and Michael to increase.

These past many weeks we have had lessons along with your serious conversations. Next week, I would ask that we have questions and comments and personal interaction. Yes, I believe this would help us to maintain practicality in our divine learning. I shall make effort to see you during the week. As always, my love is with you. Until next week, shalom.

We Are Family On A Soul Level | Questions | To Serve The Individual Is To Serve The Whole

Abraham, WOODS CROSS GROUP

01-11-1999

Back

[This evening the group had a healthy discussion regarding these lessons of late, and how they are impacting in daily living.]

I am ABRAHAM. Greetings. In a way, it is strange for me to be on this side of mortal life watching you and asking myself: "Do I believe what I have just seen?" What an advancement you have just made. Those courageous individuals willing to step out and make change are those who lead in our Mission.

How important it is that we make clear we have understood one another – or if not understood, at least heard. Yes, what an extraordinary time in your learning. No aspects of your spiritual education may be passed over, no matter the discomfort. We must be willing to allow Father's expressions through us.

My suggestion for your Mission group would be for you to keep your discussions mostly concerning 'the mortal living in everyday life;' and, 'How does your divine education serve you in your work, your family, your community?'

I am quite honored to be counted among you as a friend, a co-learner. You each know me better than you think. We are family on a soul level. I would take great pleasure in discussing anything with you, or perhaps answer some questions. You may begin.

RACHEL: Father Abraham, I had a very pleasant and enjoyable surprise yesterday. I am quite sure you know about it. After five years, Melissa, who used to be in our group with Ham back in 1991 and 1992, came to see me and spent a couple hours with me. She was very, very interested in everybody – how they were, how they were doing, and what was going on. As you know, I said to her: "If you would like to come see all of them why don't you just come to a meeting with me?" She said: "Oh, Okay, I will." So I am going to get back in touch with her and have her come with me. I know you had once told us that it would take time with Melissa and that we were not to push her – just to be friends. Can you assess her some now and tell me about it, please?

ABRAHAM: I am understanding that Melissa is somewhat interested and yet, still apprehensive about getting too close. There still is some fear concerning the origin from which these words stem. I would always welcome Melissa back to visit with us and confirm that within her is the source of all goodness, all protection, and she need only look at the fruits that have been produced by our Mission. Melissa does well, with or without our group and the Urantia Book. She is a highly spiritual individual who lives and acts from her heart. Yes. Is this answering? (Rachel: Yes, and thank you kindly.) Abraham: You're welcome. Another question?

INERA: Father Abraham, thank you very much for the lesson tonight and for last weeks' lesson. When we ask for Michael's help, and turn around and assume that He is too busy – is that, in a way, stumbling over Him? Is that what He meant by "stumbling over Him when we are swimming in our daily life?" like when we make our own assumptions that 'He doesn't have time for such a small matter and we should just figure it out ourselves?'

ABRAHAM: In part, yes, this is stumbling. There lies available at your feet all the Master's capabilities, and it is easy for mortals to say: "With all the world's difficulties why would He take interest in mine?" This is the reason for the existence of the Spirit of Truth. Michael's Spirit of Truth is not limited by lists

of tasks and chores, no. You could perhaps understand His capabilities as a computer in which an unlimited amount of information may be accessed, but the reply would come only when the appropriate time would be. So yes, you could pray for His involvement and not receive an answer in your time – but in His, which is Father’s time. The Spirit of Truth is capable of synchronizing events which would serve the whole; and this could take time, but surely each individual’s petitions are heard and coordinated through the best methods of teaching. The Spirit of Truth looks at the individuals’ difficulties as concerning the whole. To serve the individual is to serve the whole. Michael’s Mission here on Urantia was for that very reason – to let His children know His assistance is immediate. Your indwelling Adjusters work also with the Spirit of Truth and are honored each time you choose to utilize their capabilities. Are not your personal lessons wonderful? – for they show you a new and higher way. You do well Inera, and I say, carry on. (Inera: Thank you very much. You just brought it full circle for me quickly. Thank you.) Abraham: You’re welcome. Another question?

MIRIAM: Abraham, in following up with that description of Inera’s: First of all I want to say thank you for the lessons, especially I loved the positive-energy ones. Those helped me so much through my surgery. It is such a tangible way to relate moment-to-moment with what was going on there, as are these lessons. So in trying to understand the process, this weekend I hung out a lot with what I think was you and my indwelling Fragment, and asking for Michael’s help, and asking for Mother to help my brain connect the right circuits, and all of that. Could you describe to me or give me some pointers of like what that process is? And, Will’s book helped me through the evenings as well. [Editor’s note: ‘Will’ is a female celestial Teacher in the Tallahassee, Florida TM group. A book was published centered on Will’s teachings called: "Correcting Time. Where the Revelation Meets the Road."] Miriam: I am just trying to benchmark what some of that guidance was. Could you help me with that? Are you able to do that? Do you know what I am asking?

ABRAHAM: Yes. I can try. It would seem there are questions you have to which there are not answers given at this time. Your asking and not understanding does promote some discomfort. Your meetings with us over the weekend were to aid you in just ‘being;’ to aid you in trusting, and curbing your curiosity toward patience. As a mortal, there are so many things we do not or cannot right now understand. The diligent mortal insists on ‘doing the math,’ and sometimes it doesn’t add up. I am meaning – you are very spiritual minded, yes, and yet you come up against others who do not seem to be ‘spiritual.’ It is difficult for you to understand that some individuals cannot see the obvious truths of spirituality. This could cause you some anxiety, yes, and yet you are utilizing the spiritual forces to assist you in understanding and accepting – which takes time. Well done. Your enthusiasm is a light which draws many individuals to it. Our visits were to assist you in decreasing anxiety and, directing you on opening the doors to higher understanding. Is this helping? (Miriam: Oh yes, Abraham, and I needed it, and I thank you very very much.) Abraham: You’re welcome. Another question?

MICHAEL (the recently new group student): Yes. Happy New Year Abraham. I appreciate you taking time out of your busy schedule to come talk to us. I have a question – I don’t know if you can answer it but I would sure like to see if you could illuminate us, or at least me: I have been doing a lot of research and gathering data on

‘planetary realignment.’ I’ve asked a few group members here who have been with this group a long time, like Calvin, and my understanding is that you have never addressed anything like that. It has been kind of a topic of discussion amongst a lot of prophesiers, revelators, fortunetellers, predictors, etc. It is all over the Internet, and I guess you know what the Internet is – there is all kinds of data on there. I would like to know if you have any information that you could share with us, or with me, concerning this planetary realignment as the planet is trying to get its perfect equilibrium. It is the goal of all of us – to be balanced. What kind of situation would it bring to the planet – physically – as far as the land and the water and the air?

ABRAHAM: Understood. When we speak of ‘planetary alignment’ it is mostly referring to unseen changes in which you can only feel on a spiritual level. The changes are going to be noticed mostly by you who sit here today, while the youth of Urantia will be born into this change – so it will be as if it always was for them. You, yourself, have spoken of spiritual awakening; and this will certainly force moral changes. The moral changes will have a huge effect on the world and there will be a natural outworking that occurs. The outworking being – all individuals are well looked after and taken care of. There will always be environmental upset, environmental changes, natural occurrences – and yes, lives will be taken, or at least affected. Your spiritual upliftment is what shall see you through these devastations. There have been many natural occurrences that have taken lives, yes, but none more damaging than what man has done to man. How wonderful it will be when Urantia discovers that there is no cessation of life for all who chooselife. This alone can eliminate much fear and increase more energy spent on things spiritual. Is this helping?

MICHAEL: Yes. Can you give any particulars, specifics? Just so you know, I have seen futuristic maps of the world, and I am seeing a common thread through some of them showing land-masses disappearing. So I was just wondering with the non-physical beings, such as yourself, if the spiritual realm can see – are you allowed to see these things? What are you allowed to share – anything?

ABRAHAM: I cannot know the outcome of natural occurrences; I do not know specifics. I cannot say California will be under water, for instance. I know and learn of such things as you do. Another question?

INERA: Father Abraham, is a lot of that due to the fact that we have free will, and that the future, no one knows because it could change with our free will and our choices.

ABRAHAM: Yes, exactly. There are a number of scientific discoveries that could be made if man were willing to give up any glory for them. There is understanding in predicting Earth disasters; there are medical discoveries that would eliminate devastating diseases. Yes, the planetary knowledge is limited due to free will. You are correct. Another question?

HARRISON: Abraham, then what you are suggesting is that our free will (our thoughts) affect what is created? Are we creating by what we think?

ABRAHAM: Absolutely. We create those things in which we focus upon. If we worship money (for example) we spend our time in trying to create that. Our ideas and energy go into those things we find important. Power for example: Some individuals put their energies into gaining power – and like with money it may be obtained through causing pain or taking from those which are weak. The energy is what manifests our desires. Our attention on what we want draws attention away from other things, so our resources are easily used up. Those who desire world peace can spread the word over the computer networking, yes, but then turn around and be unfair to his neighbor – is this then really helping toward world peace? Yes, Harrison, it is – literally: 'What our energy goes into, therein is where you apply your material labor; and therein is your thoughts which travel the circuits petitioning to those individuals who could help you to fulfill your desire. These traveling thoughts are also affecting them, as well as those you know. Thoughts have power in a material realm, yes, but also on the spiritual. Is this helping? (Harrison: Yes. Thank you.) Abraham: Another question?

MICHAEL: Yes. I have another question. I need to know the source, Abraham, of the life force that flows through all of us. I was looking it up in the Urantia Book and I was getting different things. I was just wondering what you know from your background experience in the universe where the life force comes from (the source of it), and how we can use it effectively in our life.

ABRAHAM: This is easy. The First Source and Center, God the Father, who dwells in Paradise. He is the source of all beings and substance. He is easily accessed through your stillness or prayers. Does this answer?

MICHAEL: Not really. I guess it sounds like a pretty obvious question. I know God is the source of all things, but I will try to get more specific: The Urantia Book talks about 'energy' and 'mind,' and that the Third Source (the Infinite Spirit) materializes everything through the mind and through this energy. So I am trying to tie it all together. We obviously have our mind, our personality – and as you know, the Universal Mother Spirit, the Spirit of Truth, and of course the Thought Adjuster – we've got all of that working inside of us. And this life 'force' thing, I want to know if it is totally separate from all of that, from all of these entities; and, from whence does it come. Also, how it can effectively be used to physically create in our own personal lives, because if a lot of people knew they could use this 'force' and have physical manifestations, and tap into it, it would make life a lot easier. So I am trying to understand if this 'life-force' is something outside of the Thought Adjuster, the Universal Mother Spirit, the Spirit of Truth, and the mind?

ABRAHAM: Understood. It would be well to simplify, my son. Father is not so complex. He, being the First Source and Center, does supply this 'force' to those beings who came after Him. He is the 'life-force.' Those in whom you mention are also recipients of His life-force. They do add their own flavor to the soup, so to speak, yes, as you add to contribute to the reality of the God-in-time – the Supreme Being. Yes. Is this helping? (Michael: Yes. I don't want to create any more problems.) [laughter.]

ABRAHAM: Thank you. [more laughter.] Another question?

MIRIAM: Abraham, I don't know if there is a lot of time left, but we have some new people here tonight.

ABRAHAM: Yes, and have you further questions? (Miriam: Not for tonight, thank you, but we welcome those others who are new, to feel free to ask of you.)

ALAUNA: Abraham, I have a question. I don't know if you can call it a question because it is more of a comment: You talked tonight about enjoying our life here - speaking more on our 'mortal' lives and realizing how the teachings have affected our mortal lives, not so much our spiritual thinking, or wondering about the world-events, or what is going to happen in the future. My question is a little bit more about the balance between the mortal life, and spiritual life. I feel like I have been pretty spiritual all my life. I have always known Christ Michael in my life, and I have always been able to speak candidly with Father, asking for help in my life. But I feel like I spend so much of my time living this mortal life in raising and helping with a number of children - my children; my grandchildren; children of the community who are needing help; working a job; dealing with families through my work, etc. I believe these evenings that we spend together are really the only time that I feel like I can work more on the spiritual. I am wondering if that is enough of a balance. I try to be the best person I can be in my daily work and dealing with my children. But is one day a week studying on the spiritual enough of a balance? This is my question.

ABRAHAM: My daughter, Alauna, you live the spiritual every day in work, in home, children, grandchildren, friends, and family. The two are not separate in your life. Your combination is wonderful in that you live what you believe. You fear not in stepping out to help an individual. You are helping so as to help, not to gain glory - and this is exactly what we endeavor to teach. Worry not on your spiritual concentration only being 'one night per week.' Your underlying spiritual understanding is quite enough to carry you through on those assignments Father would have you do. Yes. Well done.

You each here are excellent examples of those not afraid to stand up for doing what's right - spiritually and morally. I learn each time we meet. I am slipping. I have enjoyed our time together. I would send you each a note of my deep feelings for you. Until next week, shalom.

Each Puzzle Piece Adds to The Beauty of The Whole

Abraham, WOODS CROSS GROUP 01-18-1999

Back

I am ABRAHAM. My greetings to you each. How wonderful it is to see you work with such high levels of spiritual maturity. Your discussion this evening was well needed, and as you each grow closer you will find new and better group balance. Yes.

Each individual here this evening stems from differing backgrounds; there have been similar experiences shared between you, but varied enough to cause different perceptions. All of you have varying levels of education - skills and gifts that would chance to play a role in the cosmic destinies of the planet and beyond. Of course there will be differing opinions among you. Each one of you are as a piece

of a puzzle you could find in a beautiful picture – each puzzle-piece having its function to add to the beauty of the whole.

Personality is unique and is bestowed by those on high. Personality does indeed add color to the completed puzzle of who you really are. Mortal experience, personality and free will – all play a significant role in who you are now and who you are becoming. As we live and work among one another we stumble over each other and face difficulties as we attempt to find unity.

The Master, being so aligned with Father's will, found His mortal calling early on; and being thus divinely connected led Him to be more than He could have been. Seeking Father's will had endowed the Master with such character, strength, and spiritual knowledge. Had the Master chosen to go it on His own, without divine guidance, He could have in no way made such an impact. Do you see – His early decision to be Spirit led, to be in the divine will, had led Him to do what He had been well equipped to do.

You each have read the apostle's opinions of their Master; they each admired Him for various aspects. Some were made to feel His crushing hard truth and some even had resented Him for it. Michael's decision to be within Father's will had begun early on; He could have made changes at any point in His spiritual career; He could have been working solely towards His divine sovereignty over Nebadon. Yes, His decisions had gifted Him to fulfill His spiritual destiny 'according to Father's plan.'

You each have particular gifts or personality aspects which would endow you with certain abilities. Each role does add completion to the planetary picture, and so on. You may enjoy a certain individual's gifts and love them for their particular personality ingredients – and on the other hand, you may also find individuals to be unpleasant or annoying. Each child of God does have their mortal spiritual experience and their gift of personality that makes them who they are, yes, which adds to their social, moral, or spiritual skills.

Yes, each child – as was also Christ – is gifted with those particular aspects that add to the overall puzzle comprising the kingdom/family of God. Perhaps we can find understanding and tolerance in each individual's particular functions; and instead of making hasty assessments of who they are, we could allow time to reveal their function in the puzzle. Jesus said: "The more you know one another, the more you love one another."

Over the next few weeks we will discuss these personality concepts and individual functions or callings, yes. I'm sorry, no questions this evening; I am on a busy schedule tonight. I also will give this lesson to others who have also reached your understanding. As always, my love goes with you. Look for me throughout this week. Until next week, shalom.

Individual Gifts That Lead You On Assignments | Recognizing Those Gifts of Adjuster Prior Experience

Abraham, WOODS CROSS GROUP 01-25-1999

Back

I am ABRAHAM. Greetings. I would have to apologize, for I have missed much of your

discussion this evening. I was on another assignment where my particular skills could be utilized to alleviate some group misconception. I have been well trained in the area of reality awareness; I have been taught how to help guide individual's mystical-thinking toward more of a reality purposefulness.

Yes, my life-experience has taught me much of what I know to be true. Time has also shown me that basic truth is eternal. There were those spiritual concepts I experienced, yes, but I wondered if they were reality. Time has proven that those things of value, are lasting.

My Brother/Father (Michael) has indeed been a wonderful teacher; His expertise in certain arenas has added to my ability to teach. I also have enlisted in certain educational activities to sharpen my skills. But for the most part, I would have to say my indwelling Adjuster has unified all that I have learned into a practical purpose - a valuable resource in which to serve the whole.

As you dedicate yourselves to furthering the growth of the Correcting Time, you can also see certain aspects that have enabled you to help. Certainly your life experiences have shaped you - and in that, there are various occurrences that had an effect on who you are and how you put forth your unified knowledge to help. Family does add an ingredient to who you are, yes; and I say society has also added its twist. Experience is a method in which one could be made to 'learn to bend,' or 'be broken from.' The Adjuster surely has a say in how these ingredients will be measured out in order to endow you with those skills you will require in serving.

There are so many personalities you will come upon in your spiritual career. There are indeed worlds you will travel and cultures that will certainly astound you. Your astonishment will not only be by a visual method, but by a spiritual one as well. Yes, you cannot at this time conceive of the diverse individuals you shall meet beyond this world.

I am always meeting unique personalities which add to my source of information. I cannot ever categorize the many individuals - for no two are the same; and yet certainly on these varied worlds there are personalities who still are having in common the same personality aspects. These are aspects that are yet to be woven into various types of individual fabrics, yes. We can certainly see how personality ingredients interwoven over time would add positive or negative aspects to each individual soul, depending on one's adherence to Father's will over their own.

My main message this evening is concerning your individual gifts that lead you on assignments. Your own Internal Guide has set before you those lessons that endow you with the ability to be taught and, to teach. Also does He unify your experience with that of others to aid in the growth of the whole - the world, the solar system, the universe, the universes, and the Supreme Being.

Your world does know the ministry of experienced Adjusters. Your experienced Adjusters can help to teach you skills that you cannot possibly know how you attained them. Many individuals are either ridiculed or accredited with certain personality-ingredients when all the while, these things could very well be Adjuster-related.

Individuals who are a bit aggressive are perhaps endowed with an Adjuster who has had previous experience concerning aggression; but also could this individual have had a childhood where he himself had to be aggressive in order to attain what he needed. This individual would perhaps be gifted at organizing and accomplishing certain tasks that would otherwise be difficult for one who is passive. Do you see – the various aspects of experience and Adjuster-influence can endow one with the skills needed with which to minister to their fellows.

I was called this evening to aid individuals in a group that were perhaps leaning towards a more mystical non-reality type thinking. My mortal life gave me the experience in which I could understand how they were leaning towards mysticism, for I have also done the same. My Adjuster experience was knowledgeable in areas of public speaking and talking in a manner requiring authority – and that knowledge has allowed me to help guide and direct and guard against untruth.

As we come across individuals who possess this type of personality or that, stop to ponder – from where does their personality makeup originate? How have you become the person you are today? Is it through your human experience? What valuable tools has your Father Adjuster imparted to you to enable you to answer your callings or mission assignments?

Also consider that something you may be critical of about yourselves, or others, could very well be Thought Adjuster endowments. Yes, take a moment during the week to explore your gifts and ponder upon how your gifts could apply in service to the whole. Once again I would thank you for having me and allowing me to do what I love. As always, my love is with you. Until next week, shalom.

Ponder The Service Techniques of Mary Magdalene | Do We Serve For Self or For Father Abraham, WOODS CROSS GROUP 02-01-1999

Back

[A few of the transmission/lessons around this time had to do with Mary (Magdalene). It seemed as though she (Mary) was somehow an integral part of the Teaching Mission. This proved to be true – Mary was introduced as an associate Teacher to the Woods Cross Group in mid-2005 (six years later).]

I am ABRAHAM. Greetings. What a joy it is for me to be among you as your friend. I am entirely grateful for my mission-work with you. I believe our group-personality commonalities are what makes us remain steadfast.

As you discover who you really are and your talents reveal themselves, then do you find yourself with mission assignments. In having an understanding of the various personalities you chance to meet, it is so much easier to serve without worry of being ridiculed, embarrassed, or cast out?

Those individuals who find themselves with particular mission assignments or callings sometimes magnify the importance of it or completely rearrange their lives to serve. Some believe self-sacrifice is necessary in order to answer their mission callings. One who is spirit-led and with desire to serve without notice can find that their assignments are more of a ministering unto their souls – rather than their souls being imposed upon.

The apostles of long ago took their callings quite seriously, and well they should have. Though their much-expected fanfare did not occur, they did indeed arrange their lives in order to serve with the Master. The Master's ministry was not long or particularly calling for self-sacrifice; and yet the apostles of that day made plain for all to see how they had given up certain things in order to serve.

There are many assignments Father sets before us; and need for life-rearrangement is not always called for. He asks not for you to sacrifice anything except maybe for the desire for self-aggrandizement – the desire for 'glory' for one's service. A pure and true Mission calling will most of the time be spontaneous and done without a lot of thought. These callings could very well be as long as a couple of years or as short as an hour. Life rearrangement is not always necessary in order to answer your callings.

Father asks us not to save all the lost souls of the world, but perhaps just maintain positivity within our own environments; to be a beacon to those around us. How can one minister to a fellow who is homeless when at their own home their children are neglected? Is service that is visual 'to the world' (with notice for self) more important than the service done in private 'for Father's glory?'

Mary Magdalene was perhaps looked upon as belonging to life's underbelly; her experience in earning a living had discredited her integrity. She appeared to be an individual who could not find light in her dark world; and yet, thanks to the Master's ministries, she was made to find hope and encouragement.

Mary could find the value in all that happened to her in mortal living – she could find value in those mistakes she had made. What a wonderful teacher this made her to be. What a complete joy it was for her to come up from such depth of darkness to be a revealer of light. She cared not to be accredited with any praise or glory, for she knew all her gifts were unified and well used by Father.

In the days of old, women dared not to go forth and freely minister to individuals on spiritual matters; they could be found, however, caring for the sick. You who have cared for the sick understand the hardness of it. You understand that in the realness of mortal living there are those things in our ministering to our fellows that would make ordinary men turn away from doing; and yet, Mary found she was quite gifted with the strength to help the sick – physically; and yet, minister unto their soul with love and a softness few men possessed.

Mary's harsh living had endowed her with a strong sense of compassion and an understanding of the real world – she would minister to those who were not considered to be 'worthy of help.' Women of that era could be found doing particular jobs that could possibly not gain favor in the eyes of men; and still, these women were as important to Mary as those men who were at the Master's side – just as important as those who tended to the masses, those who stood up on pulpits preaching words of comfort.

Mary and her fellow women were well suited for particular jobs that their life experience had trained them for. The apostles were well trained by the Master to

perform the ministries that they did. Do you see, whether you are ministering to one fellow, or one-hundred, your life experience has well trained you for a purpose. Those who would seek some form of credit would find their callings to be confusing and without open doors. Mission callings are, for the most part, temporary and changing, as pertains to your experience and training.

This week, I ask that you ponder upon the service techniques of Mary Magdalene; attempt to understand what she was and what she became. Be aware of those small mission assignments throughout the week; note their spontaneity; note the ease of performing when you are truly spirit led. That is all. My love grows each time we meet, and I will look for you throughout the week. My love is with you. Until next week, shalom.

Mission Callings Bring Unexpected Rewards | More of Mary Magdalene's Example
Abraham, WOODS CROSS GROUP 02-08-1999

Back

[A few of the transmission/lessons around this time had to do with Mary (Magdalene). It seemed as though she was somehow an integral part of the Teaching Mission. This proved to be true – Mary was introduced six years later as an associate Teacher to the Woods Cross Group in mid-2005.]

I am ABRAHAM. Welcome. I would express my gratitude to you for allowing me to do what I love. I thank you for your respect concerning my mission assignment and contribution to the whole of the Correcting Time.

Our discussions on mission callings could perhaps be termed by some individuals as 'controversial,' for we show respect to each individual's mission regardless of what that may be. Some may perform great public works, while others minister on a more personal level.

We respect the fact that each one of us is equally called. We do not regard any one mission calling as being more noble than others. Mary Magdalene could attest to that. She found it her supreme joy to escort a dying fellow to the light with the words of the Master. She found purpose in feeding those who could not feed themselves. She found fulfillment in causing a child to laugh and be lifted up.

Mary's works were not for kings, nor large groups of people, no. Her works were not recorded on paper. Her name is not used as are the names of the various saints and heroes; even in the knowledge that this would be so, Mary found her supreme joy to be in the fine details of her work. She found Father to be providing the materials she needed to mix the medicines needed to administer to her fellows. She could see Father's fingerprints on those individuals who exclaimed they were led to her. She could find Father arranging small coincidences that made her mission-work possible – and therein laid her joy.

Most mission callings are by no means rewarding in a material way, for most callings are indeed messy with chaotic elements. The work of the Father can at times be found to be irreverent or not so seemingly divine.

When we view the Master's life on Urantia we can find Him in the midst of much turmoil. He was looked upon as being either 'eccentric' or, 'the king of the Jews.'

He was continually sought after for His boldness in not teaching from the set scriptures and for His unknown source of knowledge He had within. Many times had Jesus gone without food or rest. Many times had He found Himself in the midst of controversy and discomfort. Yes, Jesus' mission was anything but glamorous and self-glorifying.

How was the Master able to remain steadfast in the Father's work? He could have said: "I only wanted to help, and my ministrations were refused - therefore, I withdraw." What kept the Master motivated? How did He do such great works without the approval from His people, even His own family? After what seemed like failure, how could He continue to spread light and comfort?

The Master always exclaimed: "You go before I, Father, that your will may become apparent to me when I arrive." Jesus, in His faith, had not even entertained the idea: "How can I be remembered as a great spiritual teacher," no; His continual mantra was always: "Father, your will be done! You are my cause for glorifying you."

As you progress towards the morontial state do you find your senses sharpened and with greater ease to serve in your callings. As you answer your callings do you find Father's fingerprints therein. The literal perception of Father opening doors for you in your mission's work draws you closer to Him. As you work can you see His work. As you step forth in faith to answer your callings can you certainly become closer to Father.

As the Master went about the Father's business could He be made to rejoice at seeing Father's hand in everything. To serve is to gain closeness with the creator of Creators. Service is found throughout your eternal career and is in fact, a guidepost to Paradise where Father dwells, yes.

This week, as you answer your calling, look for His fingerprints or open doors. Be aware that as you serve, in whatever capacity, your relationship becomes stronger with Father. As you serve, your faith builds a mightier foundation. All acts of service may not be wonderful in the eyes of men and yet, when performed for the Father's glory, is a great upliftment in personal attitude. That is all. My love is with you as always. Until next week, shalom.

Greatest Learning Comes From Mission Challenges | Learning and Understanding is Our Focus

Abraham, WOODS CROSS GROUP 02-15-1999

Back

I am ABRAHAM. Greetings, my friends. I appreciate your lighthearted exchange of energy this evening. It certainly makes my lesson more clear when you each are in such a supreme mode of giving and receiving.

In the short time our Mission has been fully functioning we have seen a great many changes. It is on a personal level that we have seen the most change. Each individual putting forth their best effort to make personal correction, aids in the Missions' complete picture. When each individual can master the self, then will the greater things of the kingdom be brought into your reality; new ideas that were not even thought possible will be possible.

Self-mastery is mind-expansion, and that mindal expansion is open to new spiritual realities. Without the practice of self-mastery and greater mindal capacity, some spiritual realities would perhaps be seen as phenomenal or even be the cause of some fear. We await your acceptance to these new realities to bring Urantia into Light and Life. There is no greater test of self-mastery than in how you relate with your fellow mortals. I give you, EMULAN:

EMULAN: How my heart is lifted, my friends, when we can meet and share our common hope for a new and better life. I am aware of your personal group history, and I have seen much growth. There have been difficult times between you, yes, and yet this was a steppingstone to better understandings and not so much a stumbling block to creating separation.

I am not native to Urantia but my world was somewhat like it. I am however, surprised at some of the exposure that I have been witness to. I have seen the worst that man has to offer to his fellows, and my surprise is that this behavior is so common. What a competitive world you live in where a man's triumph is to set his fellows up to fall. Also, where an importance in entertainment certainly outweighs the importance of educating the young.

I am fortunate though to be included in this time where these social challenges will be modified to bring the greater realities of a spiritual kingdom. Our Teaching Mission, which will embrace many generations to come, is a wonderful platform from which to create social change. By your personal correction, you live an increasing exemplary example of how each mortal is viewed as a child of God; and, that we all are welcome to participate. Yes, we show that we can care and be cared for.

Michael's Spirit of Truth is the living revelation of showing where there is need for healing; He brings out those dark places into the light where they can be understood and worked on. There are many social disorders, yes. Michael seeks to break those barriers of separation to enable Urantians to unify as a family. Personal self-mastery and social healing create an energy that can allow for new spiritual realities.

Look at your medical practices - is there not more connection than ever before between mind and body? Is it not becoming common to believe that spirituality creates a healthy mind which in turn creates a healthy body? Yes, this thinking is beginning to connect with the minds of the masses and to be looked upon as if it always was that way.

The way in which you treat your fellows is either an energy 'generation' or a 'depletion.' To generate is to be prepared to be open; to be accepting of new spiritual possibilities, new realities, yes. With some time spent in practicing self-mastery among your fellows we can then introduce the beginning of those new spiritual realities that you can expect. Can you generate positive energy with each person you meet and feel the immediate effects from that? Yes, if we so desire.

To practice self-mastery among your fellows is to promote a positive energy exchange. Know that most individuals feel the same frailties you do - they can be

open to new spiritual possibilities by your efforts in positive thinking. We can each participate in this Correcting Time when we can keep our ministry on a personal level. Your fellows are your assignment. Be open to receiving any words Father might have for them for you to speak.

Next week I will be here to accept questions. Talk with one another on this. Your discussions here are indeed practice for those you interact with each day. I leave you with my love. Farewell.

Mission Assignments Come As You Pass By, To Uplift Our Fellows To Feel a Part Of The Whole

Abraham, WOODS CROSS GROUP 02-22-1999

Back

I am ABRAHAM. My greetings to you. As I listen to you each speak, I am intrigued by your ideas and inspired to ponder upon these topics, yes. I understand more each time we meet of how your lives affect mine, and vice-versa, yes. Upon answering these mission callings do our lives connect and we create new living energy circuits, yes.

As Jesus fulfilled His mission, His focus was indeed always "Father's will be done," and He performed His mission tasks with that in mind. His supreme desire was always to reach for Father. His supreme goal was to manifest Father's will on Earth. His strength was indeed His Father in heaven, and He performed His mission tasks on the way toward reaching this goal.

As Jesus lived His life in the flesh going about daily chores, He could always find a way to assist a fellow in one thing or another. Jesus could always be found manifesting Father's will in carrying out His mission assignments that were a part of normal everyday living. On His way to fish He would perhaps pass by a lonesome child who was in need of some upliftment, some encouragement, some humor or playfulness; this task assignment did not 'drop from the sky' but was an ordinary part of mortal living.

When He was at work building boats could He find time to stop and aid an elderly woman with her bundles of goods; this took but a few minutes and very little thought. At the Master's home there were always brothers and sisters in need of help concerning their education or personal problems. These all appeared to be somewhat ordinary and uneventful, yes, and yet in each of these tasks we see Jesus manifesting Father's will on Earth.

Your mission assignments are 'as you pass by' just as the Master's were. There was no calling from Father that would ask His Son to sacrifice anything that was not part of the normal everyday life; no call to show a certain amount of human dedication to be proved through suffering. Mission callings are about assisting one another through this mortal life, uplifting one another to feel a part of the whole.

Mission callings are asking us to focus on Father, yes, and to take our brothers and sisters by the hand, in whatever capacity, helping them find Father. Yes, in our mission assignments are we on our way to the supreme goal towards finding our Paradise Father. In our acts of service are we learning and finding joy. There is

not a temporary 'surface' joy, but a 'soul' joy, a deeply felt 'Father-connected' joy.

I feel that our lessons on mission callings are sufficient at this time and we will be moving on to other areas of spirituality. Yes, as for now I would take a few questions.

CALVIN: Abraham, what concern is there on your Teaching Mission staff concerning the Teaching Mission's falling into a pattern, into a crystallized complacency place maybe, more-so than to continue to forge ahead into new learning ground, new awareness?

ABRAHAM: After time, most all things become complacent. At this point in our mission, we only seek to make this, our teachings, an ordinary part of mortal living. We strive to lean away from the 'phenomena' of this particular method of communing (transmitting and receiving process), and we worry not for crystallization because the circuits continue to send forth new information. On our staff, there is a continual supply of spiritual food; there is no need to stop and preserve what we've already received. We seek to empower our mortal friends with the knowledge that spirituality is as a necessity as is breathing – and also, as normal. Our goal is to uplift and reconnect Urantia with the whole – to make a place at the table for each individual, and for each to feel as if you have always been there. Yes. Is this answering? (Calvin: Yes. Thank you, my friend and teacher; and thank you for tonight's lesson.)

INERA: Abraham, we welcome you back from the beach. (Florida Teaching Mission Conference.) It seems to me lately as I have been reading other groups' lessons, that the Teachers are right now going through a reevaluation of the groups and their teachings, communications. Are we looking for a better way of communicating? or going in a different direction?

ABRAHAM: My understanding is: All things are becoming new; and, as individuals receive these spiritual gifts there will need to be explanation. Every day there are individuals who receive morontial senses, so to speak, and they cannot receive grounded understanding of these new senses without education and enlightenment. These morontial gifts are not bestowed upon those who are not ready. As the Mission participants have understood our main message, then are we able to bring forth more light. Is this in your understanding? (Inera: Yes, perfectly. Thank you very much.) Abraham: Another question?

MIRIAM: Abraham, I have the idea to ask you this today and I don't know if it is improper or if you are able to or not, but could you describe to us what it is like to die from this mortal experience (mortal death) since you have done it? Is that an improper request?

ABRAHAM: No. Not improper. One moment. I can say a little, for each individual is different and each mortal's death is different. Various factors play a part in death such as pain, the time/length of an illness, what is left on Earth unfinished, the amount of life-experience, the spiritual beliefs. For me I can say, as a mortal I was indeed ready to lay down my mortal body. My life had been sufficient and I felt

I had done the best to my ability. In these moments one hopes that what they have always 'believed' to be true, is true. And even then, there is at times a slight inkling to 'hang on,' to not let go of the mortal life and what you know. I can remember the feelings of a rebirth. I could say it was as if I had become more alive, more aware, than I had ever been. I am told to stop. Each individual will experience different things; my experience was quite average. Each one who believes in Father and His overall purpose greets death with more familiarity and acceptance than those who do not. There is not fear or bewilderment; there is an indescribable feeling of excitement and pondering upon what comes next, yes.

As always, I am with such joy to speak with you. Our time together has certainly been of great benefit to me. Next week we will reflect upon our past years together and perhaps set some goals for the future. As always, my love is with you. Shalom.

Progress Update | You Have Strengthened Me | Announcement of New Lessons on
Morontial Realities

Abraham, WOODS CROSS GROUP 03-01-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some-day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds - there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Welcome. It is my great honor to be your friend and teacher. As I have promised, I will say a few words on this, our anniversary. I have known many of you even as small children. I have spent many years in preparation for starting this Teaching Mission. I have quite a number of hours in training for what would become a powerful epochal event on Urantia, and with all my preparation and service I have never received so much education, love, and kindness as I have felt in our Teaching Mission.

Years ago, on our first meeting with my brother Ham, we were quite skeptical and apprehensive about meeting with mortals at a time in history where such faith was rare; and many individuals felt hopeless. We were fully trained and confident going in with our information, and yet, our expectations were not always met. What a challenge it had proved to be for us, the Teaching Staff.

In these years we have lived your lives with you; we have endeavored to reach the masses through you; we have followed our orders as we had received them; and yet, it was the actual 'living with you' that had taught us so much. We have experienced a great magnitude of joy and elation as you had discovered our presence and purpose. We have seen you through the wishful-thinking and mysticism. We have experienced with you the disillusionment, and then the entering into the realness of life. Through all our spiritual instructions, we were of the understanding that our words could either be of comfort and help, or our words could fall upon deaf ears.

I personally have escorted you to weddings of friends and family; and, weddings of members in the group. I have been with some of you at your children's birth. I have stood vigil at the bedside of our ailing members and I wept at your sadness for lost

friends and family members. I have seen you lose and gain employment. I have witnessed the harshness of divorce. I have listened to your countless stories of inspiration and, your stories of complaining.

Yes, we have most definitely cross-matched our life experience with yours and most certainly we can say there was indeed growth – there was more positive than negative, there was more joy than grief, there was more truth than falseness.

In our years together I have witnessed you stumble over one another only to find your way back to your mission purpose. The hard feelings were certainly a part of your growth, yes, but just as biological family members do, you have expressed yourselves fully. You have both criticized and have been criticized. You have ridiculed and have been ridiculed. You have skimmed the tops of falsehood on certain matters and, even then, that had not withered the foundation of your dedication.

My experience with you has shown me that even in the midst of such diversity, or hurt feelings, or misconceptions, can you maintain an unshakable dedication to our Father and Michael's overall Correcting Time Mission. I have gone away many a night from your group with such a humorous energy that had sustained me for many hours. I also have witnessed one member, time after time, ministering to another. I have seen how you look into one another's eyes and care so deeply – and for that, I am deeply touched.

I am inspired by the strength of the human spirit. I am always, each week, made to learn, or laugh, or cry, and always I am each week more dedicated than the last. I should always count myself blessed to have involvement in your lives – both here and in the worlds to come.

Our lesson formats have changed over these years to accommodate the group mind. We have made adjustments according to your experiences and the desires of what topics you want to learn. I should always take note of the group's direction and adjust my lessons accordingly as I am instructed by my superiors. What began as seemingly phenomenal should now appear to be casual, uneventful, plain and ordinary, for we are moving Urantia into a new age. I hope that I can aid you in expanding your vision and getting past the small things of today towards a new and better tomorrow.

An announcement: I am at last granted permission to speak more on morontial realities and how they affect your mortal lives. For Urantia to move into a better age, we are to plant the seeds of morontial possibilities. This will be the focus of our upcoming series, yes. I would take only a few questions.

RACHEL: I would just like to say, Father Abraham, we are the ones that are truly blessed by having you with us.

ABRAHAM: I thank you, Rachel, and I appreciate every individual who had enough faith to push this Mission forward. You know whereof I speak, yes. Another question?

RACHEL: Were there quite a few of you that were there with us eight years ago--that first night--beside you and Father Ham?

ABRAHAM: Absolutely. A great number of beings were in attendance, yes. For you see, this was new also for many of us – even though this type of communication does occur also on other worlds, even on the other worlds which have also experienced rebellion. Yes, the beings who were involved that day were many of the Teachers you now know, and many who were being trained. As well, there were the many who were assisting us in our technique. Also present were Power Directors who had helped us with the actual correspondence/transmitting, yes. Another question?

TECTRA: Abraham, I carry a question from Willeena. Are you familiar with her acquaintance, Virginia? (Abraham: I am not.) Tectra: Is there some way you could access someone who knows of this woman? Willeena has a question about her. I guess I will just ask my question for her. This woman has gone through a very difficult life; very much emotional, physical, mental abuse in her life. Willeena is wondering if it's good to pursue trying to help this woman get into a better situation in her life. She is wondering if this woman is just a 'lost soul?' Will she ever be able to be helped? Willeena is wondering if she should keep trying to help her? or just kind of let her go? Is she even a being that can be helped, I guess is her question?

ABRAHAM: I have a question for Willeena: Does this woman appear to help herself? Does she put forth the effort to aid in her own well-being? One who cannot participate in their own wellness finds difficulty in accepting help from others. Willeena can only help to a certain point, and then must release her into Father's care. You see, all is not lost even if this woman cannot find understanding and comfort in this life. Beyond the life of the mortal body there are again answers and solutions, comfort and deep and abiding love, yes. One more question.

CALVIN: Abraham, Tom S., in California has asked me a couple of times if I would check to see if there are any words from you for him. He feels sometimes quite led and sometimes quite overwhelmed and confused.

ABRAHAM: From what I can understand, his experience is no different than anyone else's. We all feel confident in our spiritual leadings at times, yes. And, there is a point where those spiritual lessons Father requires of us become more difficult and does cause feelings of inadequacy or confusion. The lessons will always become bigger and more difficult, yes, rather than complacency; this exercises those spiritual muscles and keeps one reaching heavenward. One who is 'confident' in all their spiritual steps – is one who has become stopped; becomes complacent at that particular learning level; they begin to lose their footing and then to slip, only to have to face Father and again ask for guidance. This is not a life where things are carved in stone, no, but a life where the lessons are living and growing and moving, yes. That is all. (Calvin: Thank you.)

Again, I thank you each for accepting me and putting forth your best efforts to make Urantia a productive part of the universe. Yes. As always, my love is with you. Shalom.

Internal Time, Father's Timing. We Make Lesson-Adjustments According To Your Experiences

Abraham, WOODS CROSS GROUP 03-08-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some-day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds - there are seven transitions of them), we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. I am once again so happy to be here. I am excited at the clearance for me to speak on morontial topics. A great many changes are occurring throughout the world and they are a mystery to most. The mystery does cause much confusion and anxiety, for the effects of morontial possibilities on Urantia are unheard of and have not been experienced by most.

Had this world continued in a normal evolutionary fashion you would not think these morontial effects to be anything special; they would appear quite naturally as each would experience such a life as an infant on into adulthood.

Yes, many at this time on the planet feel a restlessness. This restlessness is a result of this world's present glimpse into morontial realities. As time progresses, this restlessness will ease somewhat to make way for clarity and understanding of the 'need for' the morontial introductions. I am saying, many close to the spirit and divine realities have a tremendous yearning to bypass mortal experience in favor of the new and exciting taste of morontial realities.

To bring Urantia into a new and better age we are to teach a little of new and updated spiritual progression, yes. Understand that this progression comes not quickly though, but steadily and surely - with time and experience. Patience is of the utmost importance, yes, that we might avoid, as much as possible, mortal misunderstanding - which promotes fanaticism and instability.

Our first lesson on the morontial realities will focus on time - time conception. Your fellow pilgrims who have ventured the morontial worlds have learned to re-train their perception of time. At this point in their spiritual journey (the morontial worlds) there is comfort and confidence in knowing that time is not a factor in one's universe career. As has been approved, it is at this time (now in the mortal life) when we endeavor to introduce you to an internal clock-thinking, which is different than the mortal clock-thinking.

There are phases in mortal living that complete your levels of growth. There is a time when the infant knows he is well finished being a baby. There is a time where the adult understands the years of youth are done. These are fairly simple concepts that all would understand. This evening I speak of time concepts that you will begin to understand even while in the mortal life, regardless of your material methods and patterns.

As you begin to create a close connection with your Father, you are then on His time. Universal time appears to be 'forever' for you now, yes; and yet, as I have experienced, Father's time takes into consideration the universe. Upon the universe's well-being, worlds of time and space are included into His calculation. The Supreme Being's growth is also interwoven into the pattern of the overall evolution.

Father's abilities to calculate and master time are unmatched; and therefore, it is my responsibility to align my will with His. When our Master had labored day-in and day-out in the carpenters' shop, He had not questioned His Father's ability to calculate when His hour would arrive, no! He continued to go about His duties until He should understand when Father would call Him to go forth to labor for the Kingdom of Heaven, yes.

I mentioned earlier of the importance of 'patience.' We can all view a fine example of patience, on the Master's part; He had trusted Father's abilities to know the precise moment when His hour would come; His closeness to Father had put Him into an internal time clock, yes. Jesus' internal Adjuster had enabled Him to go about the Father's business in a timely fashion which would be an overall benefit to everyone. He felt not the restlessness that His apostles had felt (maybe that which you feel now).

There are desires you wish to fulfill, and this is known by Father; and certainly He can calculate your desires into the benefit of all. As you begin to set aside man's concepts of time and gain closeness with Father, the internal clock will activate. Like the Master, you will also understand when Father assigns you a task or a calling. You can indeed allow your anxiety to go from you with full trust in Father's ability to direct you. Your sense of time will be unseen with the material eyes. It will be more 'internally' felt.

The 'stress and anxiety' which time brings is certainly a detriment to mortal living. Your continued stillness practice, prayer time, and request for Father to go before you, should ease your anxiety. You can be assured that time will become unimportant to you and your confidence in your inner knowing to go forth on certain tasks will increase. I would answer a few questions.

CALVIN: Abraham, regarding 'time' and this lesson, I will probably get a little more grasp on it when I read it back and reflect on it. I have noticed lately the timing of things becoming more in alignment; it's like how could I have timed that any better if I had tried. The more I relax, the more timely things do happen. I get there on time or line up with a certain party I am supposed to meet and so on. Is this what you are talking about or is it a deeper meaning?

ABRAHAM: Absolutely. I am speaking of just that. Father has His networking of Adjusters and numerous spiritual beings in coordination to bring forth lasting results. He incorporates the overall good with as many individuals as needed that can participate. You are correct, and also are you listening to your internal guide, even if this appears to be accidental or by coincidence, yes.

CALVIN: Would that also include the relaxing about 'when' to do things? Somebody wants something done and it doesn't seem like 'right now' or that we should immediately go tell somebody something - but just relaxing and allowing Father's alignment of things to open up for the when and where?

ABRAHAM: Certainly. The open doors will appear, yes, and anxiety would not affect the speed of things to happen - you are correct. When you can be within the will of

Father, is when His internal time will take over. You can find peace and confidence knowing you are carefully watched over and are participating in the wellness of the whole – and, to the growth of the universe and the Supreme Being. Yes. Good question. (Calvin: Thank you.) Abraham: Another question?

RACHEL: Well, Father Abraham, I want to thank you for the beautiful outline that you gave to us last week on our eighth anniversary. I appreciate it very much. There is one part that I would have liked for you to expand a little on, and that is the growth of our Mission. Is it possible for you to tell us approximately how many groups there are at this time on Urantia that are transmitting these morontial lessons?

ABRAHAM: The actual number would be practically impossible for me to tell because the number of people transmitting our messages throughout the planet are in many groups. I am saying, not just the Urantian community but various denominations; and, different groups of even closed-off individuals – those not affiliated with any spiritual foundation. 'Transmitting' (the receiving of our messages) is not always known by these individuals for it is not even called as 'transmitted' or 'channeled' messages – but more-so defined as 'being moved by the Spirit.' I would say, transmission-receiving is yet another morontial reality, and one which you have already experienced, yes. Is this answering? (Rachel: Yes, it is. Thank you.) Abraham: I would receive one more question.

ANESIA: I have a question. A couple weeks ago I brought a friend, Robert. I was talking to him about his experience here and he was telling me how he didn't feel like it was real. He was telling me how he was able to feel Spirit really well and that he is really connected with the universe and spiritual beings, and I believe that because I see that a lot in him. He told me that he didn't feel anything coming from you, and so I am just curious of what that situation means. I have a different opinion than he, of course, but I am just curious. Do you understand what I am asking?

ABRAHAM: Understood, yes. This is common and should not be worried for. Your friend has indeed his divine realities that he finds comfort in. This form of communication is unusual, and perhaps his background in religion leads him to believe this may be an open door to other possibilities that are not encompassing good. He is indeed spiritual, and he will traverse many paths before he feels he can call some one place a spiritual home. I had already been familiar with his concept before he attended and I indeed still attempted to instill that within him – that he has his inner truth; and yes, that he can trust it. Is this explaining? (Anesia: Yes. I was just curious because I learn a lot from him; he really helps me out. Thank you.) Abraham: You are certainly welcome. Know that you can find spiritual 'advice' just about anywhere, but you have within you your own internal Guide which allows you to receive truth from wherever that may be. You are indeed a well-dedicated child. Yes.

This concludes our lesson time. I am to remind you to spend time in things spiritual and promote that closeness with Father in order to activate your 'internal time clock' for the purpose of participating for the overall wellness of the planet, and the reduction of anxiety. Yes. As always, my love is with you. Until next week, shalom.

Erasing the Lines of Time and Space Through Stillness | We Can Live With Morontial Realities, Now

Abraham, WOODS CROSS GROUP

03-15-1999

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[In these series of lessons the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds--there are seven transitions of them) we have shed our material bodies and are awakened in a "morontial form." Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings, and welcome. I am always intrigued by your ideas and enthusiasm to search for truth. I am perceiving you are understanding our lesson on 'Father's time.' It would interest you to know the various available morontia associates that are here now on Urantia to aid in this upliftment of morontial thinking. As we travel through this course, know that there are individual directors and associates that can aid you in your understanding of the new senses, yes.

As you learn to become more aligned with Father's will are you in His time; your faith is certainly strengthened by awaiting His orders. Your anxiety is reduced knowing Father has your eternal career under careful watch. As you recognize this, your internal time begins to become more familiar, and you can almost actually manipulate time; you have an overall understanding as to the questions of "Why is my life moving in this direction, or that?"

Your internal Father also works with those morontial helpers to calculate the best path for you to find Him on. How wonderful it is to venture towards those morontial possibilities where you can exclaim: "Father, allow me to allow you to make me more than I am." Yes.

In your discoveries of the internal timeclock do you also discover that space falls within this category and interconnects with time. Space to you now, in the present mortal life, is before your eyes as something only scientists speak of. In time, you will also receive understanding as to the definition of 'universal space' - space in an inward sense.

During times of stillness, the lines of your surroundings become erased. A good stillness practice reveals there are not borders between you and the unseen worlds; there are not borders between you and other spiritual beings; there are not limitations to the divine love to be gained. Stillness practice broadens your concept of space to allow you literal and tangible feelings of real closeness with Father and all He has to offer. As you study these morontial possibilities, time and space are the beginning lessons; but without them, we could not move on to further understanding of other realities, yes.

During the Master's life, His most memorable events on Urantia were possible - due to His broadened vision of feeling at one with Father and His divine possibilities. Jesus' adventures into the hills of Galilee to gain quiet time did more than just give comfort and clarity of mind - it had also erased the limitations that living in a mortal body brings.

As a child we are wide-eyed and expectant of the magic in mortal living. As time goes on, the material realities can get the better of us and our creative imagination, and the world becomes more and more harsh; you find the world your competitor and always with the desire to 'be first,' to go before your fellows. A spiritual awakening does alleviate your desires to 'be first,' yes, but the material limitations still linger if one does not make time for stillness practice.

Stillness practice erases the lines of time and space, allowing Father to direct affairs in the manner He sees fit. The erasing of the lines of time and space allows for more spiritual substance to grace your lives. The Master could move forward with confidence in everything He did – having understood Father's abilities. This understanding came through meditation and through His dedication to living out this mortal life—good or bad.

So again, I ask that you practice stillness. Be prepared for the lines of time and space to be erased to allow for a stronger foundation of faith, and an increase in the belief that the spirit world is at hand. The possibilities are endless. No questions this evening. I am to tend to other matters. I would though, give you my love and ask that you be aware of those morontial associates as they are assisting you. Until next week, shalom.

Morontial Training Is a Slow Divine Correction. It Is Integrating the Divine with the Material

Abraham, WOODS CROSS GROUP 03-22-1999

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I am ABRAHAM. Welcome. I always am made to learn when we all gather. I thank you for that. How wonderful it is to have a forum where all viewpoints are welcome – even if they are not all agreed upon, yes. I have had moments during the week to monitor your understanding on receiving morontia insights. I say, you each do well.

In a world where material things are seemingly important, these morontia insights will create quite a disturbance – all good of course. As we practice to erase the lines of time and space do we open ourselves up to divine possibilities which certainly uplift the world, and so on. I would have you be aware – these new morontial understandings will be time-consuming, for these changes are not to be fleeting, but steady and everlasting, yes.

Jesus had such trust and closeness with our Father. His two worlds – the divine and material – became integrated; His mortal being became open and accepting to divine possibilities. He lived out His mortal life in a natural evolutionary manner, as you will; and yet in His short time on Earth He was indeed witness to numerous divine events. The integration of His two worlds was completely natural, as yours will be. Further understanding towards morontia possibilities will make divine possibilities

as everyday natural happenings, yes.

As you begin to erase the limitations and borders between your two worlds do you discover closeness with the divine in a natural way. You have been (and will be) slowly prepared; and morontia possibilities will appear as though they have always been here. Of course, as with every new understanding, there can be some discomfort, some dislodging of no longer-needed mental information. To make way for the new we must allow the old to fall away. Old habits and outdated ideas are dying; all things are becoming new.

This is indeed, the time of correction on Urantia. Many mortals can visually see the wrong with society – and yet, this is only a scratching-of-the-surface. There is much correction to be made, yes, and our most effective way to correct will be to reach each individual, personally. Morontia understandings are about correction – allowing the old to fall away without worry or fear that we may need it someday; without worry of what will replace the old; without fear of how you will approach the new.

Erasing the lines of time and space allows you closeness with those on high; and in a manner, it is giving permission for them to correct. The first few Mansion Worlds are about correction, yes, allowing the old to die and fade, making room for the new. Regrets individuals have had in which they have felt soulfully scarred by, will be addressed. Certain correctives will be placed before you to allow you participation in your own correction.

Stillness (or quiet time) is extremely important at this time in order to maintain closeness with Father and His divine helpers. This is put before you in love and for assistance, not in a manner of judgment or to guiltfully coerce you toward things spiritual.

Morontia possibilities are also about freedom – spiritual freedom, personal freedom, freedom to be accepting of the unique individual God had intended you to be. To allow correction is to finally accept that you are loved, carefully guided, and watched over. To feel a divine correction is to be held in Father's palm and gazed upon with such love and understanding that there is not need for self-degradation or a reason to self-loathe. Correction begins with the individual, yes; and certainly, the effects are felt beyond this solar system.

Be not afraid of my words, for this is customary in our morontial teachings. Many of you have already experienced the purging of the old to allow for the new. Look for these corrections with a sense of adventure, and know that you are indeed on your morontia way.

Next week I will speak more specifically on personal correction. For now, I draw this lesson to a close. As always, I will tend to you each during the week. My love is with you. Until next week, shalom.

Personal Correction Requires Your Permission

Abraham, WOODS CROSS GROUP 03-29-1999

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I am ABRAHAM. Greetings my friends. I am once again pleased to meet with you. Happy are we to be witness to your discussion regarding your morontial discoveries, yes. Each of you are aware that before a healing can begin, a wound must be cleansed. The entire planet at this moment experiences cleansing within the hearts and minds of its people. Michael and the entire Teaching Staff cannot assist in this cleansing or correction without permission.

There are many individuals who have turned away from traditional human ideals and traditions, and are yet afraid to ask for assistance from a higher source. On a smaller scale, individuals are becoming more willing to release the old and are seeking divine assistance for new understandings and adjustments – for time has proven old ideas to be unfruitful. Personal correction comes with allowing the boundaries of time and space to be erased, yes. Jesus had allowed a small town to be witness to a number of divine events – not to make them believe in his cause, but because they already believed. [This link likely refers to the resurrection of Lazarus and other miracles – in Bethany.]

Your foundation of faith improves each time we meet. Of course there are still unanswered questions, but what you have built for yourselves and Michael's cause, remains unshakable. Erasing the lines of time and space (or growing closer to the spirit) strengthens your faith and enlarges your capacity to receiving divine assistance.

Personal correction is a releasing of prejudice or a judgmental attitude. Personal correction is the admission that you do not hold the answers. To allow Father to adjust your thinking is quite a relief, in that you are not burdened with the responsibility of solving the world's problems. To allow this morontial correction is to remove the mortal blindfold of the old and traditional, that you can then be exposed to the higher-mindedness, yes.

You each know well the fruits and poisons of the spirit. I need not go into detail. Know that your correction will be along the lines of:

- Allowing what's closed in the mind, to be opened.
- Allowing those judgment-calls to be Father's burden.
- To readily admit you are at the beginning of eternity and are not qualified to go it alone, yes.

On Mansion Worlds One and Two, new individuals still can wear the mortal veil, closing off that morontial vision. You each understand that some beings are just beyond your mortal vision. In the initial morontial experience – if permission has not been given to allow for correction, there is ongoing prejudice, judgment, and fear. This is indeed, a detriment to morontia vision. Morontia vision is not so much having to do with the material eyes, but perhaps what is seen with the heart and

felt by the soul.

The Master was one such individual who had combined his two identities to be able to use this morontia vision for the betterment of the kingdom, and for those tasks his Father assigned Him. Morontial vision is a soul-knowingness that you are interconnected with the Spirit. Connection with the Spirit in each moment allows immediate guidance from on high; and how can this guidance not uplift an individual, let alone a planet, yes.

What appears to be just beyond your material eyes is accessible through your inner morontial knowing. As we speak about these morontial understandings, remain ever available for that correction that will remove personal prejudices or fear. These lessons (corrections) may not accommodate everyone's beliefs or understandings – this I understand. I am permitted, however, to go forth with these morontial lessons knowing you each are ready and equipped to receive, yes.

I would take my leave, but not without speaking a word or two to Alauna expressing our thanks. And I would ask each one to worry not for upcoming changes. All is well looked-after. We appreciate your service, Alauna, and look with excitement and anticipation to the future with you each. As always, my love is with you. Until next week, shalom. [The group had been meeting at the home of Alauna (Honoray's daughter), for several weeks.]

Morontial Vision | Personal Correction | The Transmitting and Receiving Process,
Factors One and Two

Abraham, WOODS CROSS GROUP 04-05-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' It is becoming a new reality that we can attain morontial awareness while in our present mortal (Earth) form.]

I am ABRAHAM. Welcome. I thank you for coming. We realize the significance of this day and had expected many of you to be engaged in other activities. Today you celebrate the resurrection of Jesus. This day proves to be significant in your learning of morontial realities, yes.

Jesus, having known and understood what it was to choose to be within his Father's will, wholeheartedly desired to drink the cup Father put before him. Jesus had chosen to lose his life for Father's sake; and for Father's sake, he chose to take it up again. Our beloved Jesus! what a beautiful example of a life well lived!

In our choosing to receive personal correction we voluntarily choose to lay down our old life, our old ways; we have agreed to drink the cup; we have chosen Father's will. Our desire for personal correction is a willingness to set aside the old fear-patterns, old habits – we choose to die to the old ways. Children, this is your personal choice; this is in your power – to relinquish the old, just as it is in your power to take up the new.

The Father's cup you choose to drink comes with a variety of different lessons to traverse. At times the cup is bitter and confusing; sometimes accompanied by loneliness or spirit poisons. But as we travail through our morontial lessons we can see the morontial cup proves to bring new life, new beginnings – more difficult lessons, yes, and more mortal labor on your part. As we can see by the set example of the Master's resurrection, Father knows His children and their path, very well.

Personal correction is laying down the old life to pick up another – another level of spiritual learning. Believe me when I say worry not of those lessons to come, for these lessons are within your comprehension. To take notes on your understanding of morontial vision is to understand the inner workings of it. To live and experience this morontial sense is further training on your morontial path.

At times you can wonder why you comprehend things your fellows do not – this is indeed exercising morontial vision, a perceiving with the higher mind that is within you.

I can confirm your beliefs that these morontial senses can be felt physically. The mechanisms within the human brain are electrically connected to the universal circuits that allows your morontial training. As evolution changes material life, these morontial connections become more natural and heartily noticed. Continue to study your understanding of morontial vision and personal correction.

I have again been instructed to move to the next phase of our lesson, the transmitting and receiving process. This method of communication has been likened to a vehicle spinning out of control wherein the driver can react in a frantic fashion, losing control – or, to maintain a calm, turning inward, to not lose control. Some who engage in this transmission-receiving, attempt to correct this spinning by imposing their own thoughts; others attempt to turn inward toward the direction of the transmitting momentum.

I can impart to you my understanding on this communication process – but certainly, my understanding is not quite complete. Individuals receive messages through various ways whether it is through sound, thought, or a perceiving with the morontia vision. There are a few factors that I can help you with to gain more accuracy.

The first factor is the act of releasing personal desires. You already understand how personal desires color transmissions. We can go back to the act of the laying down of one's life, the act of 'desiring not to desire' and the commitment to 'drink the cup' to be within Father's will. Should Father have a message for me, so be it; and if not, so be it! Yes.

Factor two: The transmission process is practically useless if one is seeking attention or popularity. A desire for self-glory or fame is a direct disconnection from the spirit; this is completely understood by Father, of course, and a part of the mortal experience, yes; but nonetheless a disconnection. Many who pick up the transmitting process have usually done so through the exercises in humility. To be small is an invitation to accuracy. A good transmission-receiver detests any praise or credit from listeners. A well-balanced transmission-receiver understands that the wisdom spoken is not their own.

I will choose to stop here. I would resume our lesson on the transmitting and receiving process next week. We seem to be very much business oriented as of late. I do mean to say that even though we are busy with these lessons I still enjoy your company very much. I count you each to be among my friends. Your personalities are unique, and your friendship is quite valuable to me. I would express my deep affection and will work with you, each one, on our latest morontia senses topic during the week. Until next week, shalom.

Continuing With Factors Three, Four, and Five On Transmission-Receiving

Abraham, WOODS CROSS GROUP 04-12-1999

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[This lesson is a continuum of last week's lesson - factors one and two on 'how to gain more accuracy in the transmission-receiving process.']

I am ABRAHAM. Be at ease my children. Worry not. Your unshakable faith and firm dedication lead you forward. I can assure you that my mission has always been to help you communicate with your own indwelling Father. Be not offended because someone has brought your inner-knowingness out in front of your face. Give gratitude to Father, for His watchcare over you has been well planned out. This live example this evening takes us into our lesson.

We seek to teach you this transmission-receiving process to allow you access to internal divine truths. When there is not trust in your own inner-knowingness you tend to rely upon the words of others - you search and still you thirst; you consume information and yet you still hunger.

Factor three teaches us that the transmission-receiving process is for our own personal growth towards our divine Father. To understand this morontia sense activates the internal compass to search within - to measure what you believe 'spiritually' with what you know 'logically.'

All mortals utilizing the transmission-receiving process certainly must weigh your messages with your intelligence. Father is intelligence; He would not ask that you sacrifice anything for His divine favor. Know that Father would not bid you to engage in illogical risks while leading you on the path of your eternal career, no.

We will make errors in the transmission process, no doubt. Father and Mother have granted you intelligence that may be used to filter your messages through. You (most of the time) cannot completely count on your fellows to loan you their intellectual knowledge of your divine messages. You have been granted the gift of mind, and we on the Teaching Staff full well expect you to utilize it, yes.

Factor four is almost humorous in a way wherein we have been practicing to erase the lines of time and space. Factor four deals with allowing time to see the fruits produced from your transmissions, yes; and know that those transmissions which give you comfort or wisdom are useful and producing values.

It is easy at times to push aside a transmitted message believing this message to have been 'your own thoughts.' I say, time can help you discern if these messages hold value or not. The purpose of learning to use this method of communication is to

become acquainted with Father's still small voice within. As you practice and use your morontial vision, you can see within your message if Father has indeed spoken.

Factor five is simply taught to reduce the mysticism of transmission-receiving. On the Mansion Worlds this process is thought of as natural, but at this time in the mortal life, mysticism runs rampant. Perhaps at first some are amazed by it (mysticism), but later they learn that this process is not practical. Many look for 'signs' - things that their mortal eyes cannot see, in hopes that can lend them faith. Some believe that mysticism brings signs which promote faith. This mysticism brings only temporary satisfaction, for when the real truths come to the forefront do you find the mysticism to be unfulfilling and fleeting.

In summation of these five factors: Solid transmission-receiving brings with it lessons that may be used in everyday living. It is not showing the world: "Look what I am gifted at." It is not saying "I hold the answers, come to me," no. The transmission-receiving process is personal, is communion with those who are on high. (Pause ... TR: I think that's all.)

Yes, I am stopping. I would say to each of you - your faith brings me each week; your kindness leads me to adore you; your dedication energizes me to keep on moving towards Michael's goal. Yes. Thank you. As always, my love is with you. Shalom.

Desire Not To Desire During the Transmission-Receiving Process

Abraham, WOODS CROSS GROUP 04-19-1999

Back

I am Abraham. Greetings, my friends. What a beautiful night in which to gather and partake of universal truths. How excellent it is when we view the brotherhood working so naturally! Well done. Your faith and desire bring me each week. Your friendship brings me comfort.

I am altogether thankful for my mission assignment. Yes, my friends, you have received these lessons per your requests; you have demanded certain truths that have shaped our lesson format; you have experienced the full spectrum of the transmission and receiving process - your conclusions were clear, your desire apparent.

So it goes, with your personal transmitting and receiving, a divine message finds you how you are desiring it. Your intentions shape your message. If you desire to be showered with praise and compliments, this will color your transmission. If you desire to be in the mysticism of divine realities, then this also tampers with the accuracy of transmitting and receiving of our words. We are not allowed, in any manner or form, to interrupt your freewill thinking. We are not to persuade or have you conform to our teachings. If you have intentions to receive certain messages, then we can only abide by that intention.

Your accuracy in transmission-receiving depends on what is acceptable to you: Are those temporary moments of mystical assurances acceptable over lasting eternal truths? Is praise and constant reassurance that, 'you matter,' acceptable over sincerely believing you are a divine child who is Paradise-bound? Is self-aggrandizement or popularity acceptable over serving the whole? I ask, what is acceptable to you regarding this method of communication? As a group, your

intentions are known and you have received these lessons accordingly.

As particular spiritual beings are just beyond your vision, so are these divine words sometimes not recognized for the form they are in. The 'small still voice within' requires time to recognize, yes; and chances are it is quite recognizable now with your new developing morontial vision – and yet, too simple to actually believe 'that could be it.' Your most pure transmitted messages will come without much emotion or hesitation; they will be quite practical, and are to be acted upon with natural impulse. Yes, transmitted messages are to be thought of as un-extraordinary and completely a natural part of your daily routine.

It would serve you well to 'desire not to desire' when attempting to receive a transmission.

This week I ask that you make time to journal and practice 'desiring not to desire.' Release your expectations. I should make my presence known to each of you during these practice sessions, yes. A few questions?

INERA: Abraham, speaking of the mystical: Sometimes I wait for the candles to go on before I journal, or when I think there is a message. I am feeling of late that this is in error, and that perhaps I should maybe put the candles away in a drawer?
[Editor's Note: There were some in the group who believed (and experienced) that their battery-operated candles would come on when a celestial unseen personage was present.]

ABRAHAM: This is completely your choice. We can see no harm in them other than it may distract you for a time. This is not to worry. Completely your choice. Another question?

HARRISON: Abraham, I have a set of candles and they have never come on. Should I just go ahead and use them as lights around the house and not worry about getting any kind of message through them? Am I doing okay in receiving messages? I am not sure.

ABRAHAM: I am understanding. You receive messages adequately. There are moments in your enthusiasm and excitement that may keep you coloring the messages slightly, but this is quite natural. With practice, this is easy to overcome. Desire not to desire to see results. You do well to dedicate each day to the doing of Father's will. Yes. Another question?

RACHEL: If my candle ever came on I would really think something was wrong. It never has. [group laughter.]

ABRAHAM: These props are unnecessary and yet, harmless. As long as you view them as entertainment and not connected so much into the divine realities, yes.

MIRIAM: Abraham, these lessons are wonderful, and I am not surprised that you say that you always coordinate them with our daily living. Here is my question: When we 'receive' those things that are Teacher-given, I seem to go forward to experience these teachings through the rest of the day; it is like someone will say a couple

words, or something happens that seems so like a validation, if you will - a confirmation. I am wondering if that process involves the Thought Adjuster? or if that is a Teacher-given experience from a transmission? With that said, I hadn't heard from my friend/Teacher Manfred for a while, but recently he seems to have returned.

ABRAHAM: Understood. The Teachers, as is the Father Fragment that guides you, are understanding of your techniques in which you can grasp ideas. You do particularly well to receive lessons in analogies, or in ways that will produce visuals. You are utilizing more than one morontia sense when receiving in this manner. You visualize not only through thought, but also in your 'mind's eye' which is a more complete understanding. It is as if your transmission process was in stereo where - what one morontia sense, misses, the other can receive. Material beings do well with parables and analogies that are visual. This is completely natural for the transmitting process. Yes, Manfred has recently returned. He does aid you in your understanding on the transmission process, yes, but also does he help you to shake off the mud in your wings.

With that, I should take my leave. I am always grateful to meet with you each. I know your love for the truth, for we are similar in that way. I appreciate each one's unique being. I feel I have done an adequate job to convey to you of your mortal uniqueness, yes; but more-so I feel confident in conveying your uniqueness as a spiritual being. I am, as always, leaving you with my love. Until next week, shalom.

Our Morontia Sense of Inner-Knowing | The Master Utilized it | Light and Life Worlds Utilize it

Abraham, WOODS CROSS GROUP 04-26-1999

Back

[In these series of lessons the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds-there are seven transitions of them) we have shed our material bodies and are awakened in a "morontial form." Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. I am again glad to be included in your group learning. It is touching to see how you care about one another and the whole of the planet. It is most definitely true that the actions taken today certainly affect the tomorrows. Yes, the world is becoming more aware, and yet the darkness is still a reality within the hearts of men.

As I visited with you each this week I was made aware of your intentions and how you most readily pick up transmitting. Your styles are each unique, and we are equipped to accommodate. Your intentions are beautiful to behold, yes. We all seek Father's will and easily admit we struggle with the alignment of our will to His, yes.

We will move our lessons into understanding more on 'the art of inner-knowing.' We will attempt to help you use your inner-knowing to be of service.

On worlds settled in Light and Life the circuits are free from interruption. The

society is accustomed to being sensitive to things that may prove to be helpful in mortal living. The citizens that dwell on such a wonderful sphere are indeed quite pure in heart and logical of mind; they see no other option laid out before them other than to choose the will of God; to trust and live; to move and have their being in the overcare of their Creators, is only logical to them.

With these citizens having such great faith and reliance upon Father, their soul circuitry is easily connected with that of the cosmos. Such cosmic connection allows them the morontia sense of inner-knowing; this inner-knowing can include:

- Foreseeing certain outcomes to situations.
- Understanding un-verbalized thought from their fellows.
- Communication with others by thought.
- Immediate and intelligent 'decision-making according to Father's will.'

I cannot say you will easily acquire this sense [inner-knowing], but most definitely are you candidates for it. To remember our discussions regarding the citizens who are dwelling on worlds settled in Light and Life, is of benefit to you wherein they are examples in which to live by.

The Master, after reaching a certain level of intellectual and spiritual development, could utilize this morontia gift without effort, yes. The Master could use His inner-knowing to aid His fellows; He could use this sense to know certain outcomes of events; He could find deep understanding for His fellows' thoughts and actions; He could sense danger; He could sense the desires of His fellows; He could provide advice to those who sought it but were somewhat shy in the asking.

This 'inner-knowing' sense will be perhaps too great in concept; and therefore, we shall take time to absorb the meaning. We are not under any pressure to learn this particular lesson, so please be at ease. I say, enjoy this gift -for it is again new here on Urantia. Know that the concepts of inner-knowing are to be viewed as completely natural. Be not surprised, my friends, for you do already participate in the utilization of this particular morontia sense, yes.

I am stopping here. I would ask that you take a short time for discussion on this particular lesson, yes. As always, my love is with you. Until next week, shalom.

Jesus Knew His Fellows On a Soul Level | He Did Not Dislike a Single Soul

Abraham, WOODS CROSS GROUP 05-03-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds - there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. I am intrigued by your discussions and am further provoked to ponder upon these topics, yes. As we watch you, we are touched by your sincere devotion and willingness to seek the truth, yes. I can view you with my inner-knowingness and feel these feelings you also feel. I can obtain from you a compacted history of your background -- why you believe the way you do and what conditions have shaped your pattern of thought.

In understanding you I can better communicate with you. I seek not to change your mind or beliefs. I only attempt to add on to your understanding or pitch a few new ideas. Viewing you with my inner-knowing, I know that you each carry with you personal disappointments or regrets that would chance to shape your understanding.

I can generally assume that just about everyone I meet has endured hardships that would make them cautious; they are perhaps cautious in their communication where they only offer very little information. Individuals can be in self-protection mode where they speak from painful experience and do not want to repeat and bear the same pain.

In the many encounters you face every day in communication efforts with your fellows, be aware they are likewise attempting to communicate with you, and their words are not always adequate or complete. Like you, these fellows are perhaps trying to put across an idea without actually leaving themselves vulnerable to any possible ridicule. Yes, you are learning this technique wherein you can receive thought-feelings from individuals that would aid in your ministry to them; you must also be a willing listener and try to comprehend what they are really saying.

The Master--using His inner-knowingness to understand His fellows--would ask them questions to turn them inward so as to bring to surface their real feelings. The Master was indeed tactful in His dealings and yet, he pressed for the truth. His sincerity was unmatched when He would look His fellows in the face and, with understanding and kindness, inquire of their true feelings and ask: "How can I help?"

You may likewise converse with individuals on a higher level with this morontial technique - you can have very little words and yet have great understanding between one another. The Master was noted for His understanding of His fellows, and knew of their background and circumstances that made them who they are. He did not dislike a single soul. He could only have understanding and love for those He met, for He knew His fellows on a soul level. I say, my friends, this is also yours to learn. A complete understanding of one another - with a mindset that you activate during meditation - would make for a bright and beautiful age of peace; it is quite possible, yes.

When conversing with one another, know that being relaxed and open does assist in the morontial sense of inner-knowing. With such understanding of one another on this planet there is not room for unrest or such fear; there is not self-protection and cause to be offended. Rather, there is just a knowing and an understanding - that each individual comes with a block of history that shapes their opinions, mannerisms, and thought patterns.

This week in your journaling, attempt to communicate with individuals using your stillness mind. Feel that connection to the circuits as well as the individual you communicate with. Listen - really listen! and know that behind the words there are great volumes of unsaid understandings. Someone you may conflict with - you can gain personal divine information on how to go about dealing with them.

An aware mind (one connected with the circuits) opens possibilities that are unknown to you at this time. You will view the great benefits which this morontial sense brings. That is all. My love is always with you. Look for me throughout the week. Until next week, shalom.

Sensing Life Circumstances | Trust in the Almighty Father and His Inner Knowing Provision

Abraham, WOODS CROSS GROUP 05-10-1999

Back

[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Welcome. I am looking to rearrange my lesson for this evening. Your inner-knowingness and connection with the circuits have already revealed this evening's lesson. Yes, what a beautiful example you have demonstrated. Your willingness to 'serve' and 'be served,' is wonderful. Yes, well done.

There are many facets to our lesson using the morontial technique of inner-knowing, yes; this is Adjuster-related, my friends. The Father Fragment is in concert with the circuits and material brain energy centers. The Adjuster can be called the Coordinator, yes. The practice of inner-knowing with your fellows is greatly helped by Adjuster to Adjuster communication. This transfer of information between Adjusters is aiding in your understanding of one another's histories, mannerisms, and thought patterns, yes.

As the world becomes more accustomed to the use of the circuits will we be witness to, or involved in, some turmoil. The newness of the morontia senses on Urantia can be confusing at first. But not to worry, for inside each Urantian there is memory stored of these morontial senses of what should have been. You are correct when you speak of trust in Father to guide you without fail into this renewed awareness. Your trust and relaxation aids in the utilization of these morontia senses.

We continue our course on inner-knowing and being sensitive to certain factors that may help us to avoid danger or default. There are many masquerading individuals who would perhaps chance to benefit from their fellows, financially or in other ways, by the use of their so-called psychic powers, the so-called ESP, and etc. How sad it is to trust and believe in advice that is expensive and faulty. It is somewhat of an annoyance to us when individuals, for whatever reason, cannot trust their own inner-guidance or inner-knowing abilities. It behooves us to witness these individuals being taken advantage of when the answers lie within their very being.

There is an excellent celestial watchcare provided for each of Father's children; and yet, free will can at times, interfere. Mistrust of the divine plan can interfere. It is becoming apparent to many individuals, however, that they have knowingness about certain things but do not know the origin from which this knowingness stems. They at times term it 'good and bad luck;' or 'close calls;' or a 'divine smile (or frown) from the heavens.'

I say to you, my friends, you are well equipped to foresee certain events that play in the scheme of the world's destiny, your destiny, your fellow's destiny. This is not a phenomenon or extraordinary, no; this was meant to be yours all along. The Master played His earthly role with such magnificence using His inner-knowingness. He knew when to flee and when to allow the kiss that betrayed Him. His trust in His almighty Father allowed Him the peace of knowing all is well and carefully watched over.

The Master's serious struggles came from His mortal side, in His attuning His will to Father's. His times of despair originated from His material understanding – His mortal half; and yes, this is to be expected. His times of facing pain or danger were, to Him, a challenge of triumph to the divine side – times when He could view these challenges with trust that Father did indeed know the outcome. This was a bitter cup to drink, yes, but nonetheless, triumphant.

The Master could bravely face the certain tragedies because His inner-knowingness had allowed Him ease, knowing the outcome in advance in certain situations. You may have experience where you say: "I knew this would happen," or, "I had a feeling that would happen." It is as simple as that! and a benefit to you, creating ease and calmness, to be able to receive divine information on how to handle certain situations.

This week, I ask that you be aware of your inner-knowingness concerning sensing life circumstances. Using the stillness mind, you can coordinate Father's release of information, yes, with those actions you may take to deal with them. I shall be on hand to assist.

My friends, you have at your fingertips the knowledge of the universes. Be not overwhelmed by that, but humbled and trusting in our almighty Father. Yes. No questions this evening. As always, my love is with you. Until next week, shalom.

Bring the Stillness Mind Into Daily-Living Situations

Abraham, WOODS CROSS GROUP 05-17-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. I look forward to each weekly meeting with you. I meet with you throughout the week and I have seen you each with various emotions – comfort and discomfort, happiness and despair, anger and peace. I can view you with my inner-knowingness and be sensitive to your feelings.

In reading your feelings and mindsets I am able to minister to you in a way so as to not disrupt any balance. I am feeling varying emotions at this moment. I have learned to serve you, my friends, with words that create peace, or are overcoming negative with positive. This is the topic of our next lesson concerning

inner-knowingness using the stillness mind.

One of the gifts that citizens on worlds settled in Light and Life use is the ability to understand thoughts transferred. When you meet with your fellow who has seemingly had a stressful day, you do not put upon him more demands, no. Using the stillness mind, you can receive incoming thought from your fellows. You cannot steal or invade thoughts, no, only those thoughts that are sent forth from them.

You are aware of the power your thoughts have. You have seen proof of how thoughts generate good or evil, yes. In learning new morontia senses there will be some confusion – and yet I can say, in time the world around you will transform before your eyes, yes.

The Master, using His God-given senses, understood the depths of man. He could read thoughts from His fellows with His divine mind, obtaining information on how He could either minister to them or partake of their joy. Yes, He could indeed overcome much hate with love, evil with good, negative with positive. Jesus' ministry was always 'on the go' and 'as He passed by.' He could meet with a worried parent who had an ailing child – and look into their face, calm His mind, and understand their thoughts and questions. In the stilling of His mind, He then knew how to approach this parent with words of comfort, yes.

The receiving of your fellows' thoughts is not game-playing or parlor tricks, no. Any misuse of the morontial senses ends in disconnection. This disconnection is not serious, no, but a common law of the universe. Practice is needed – yes, certainly! but there are tactful ways in which we can use this morontial sense in ministering to our fellows.

You cannot suddenly approach your friend and say: 'I perceive you are feeling this way or that, let me assist you,' no. However, you can ask them questions and make eye contact; announce to them your availability to be there for them – and then, to really listen. You can perhaps receive their thoughts; and in your stillness mind immediately know the correct words to say without creating much fanfare.

You have been assigned to practice the stillness lo these many years, and now we bring our stillness mind into daily living situations. A stillness mindset is direct connection with the Father Fragment and universe circuits. You need only to find the courage to trust in our Father and be willing to practice. You will see improvement with practice, yes; and do not wonder why your fellows seek you out.

Therefore this week, practice thought receiving from your family and fellows; and in the stillness mindset, know that your ministering words are there for them, yes. Next week I should speak more on this, and also the art of thought sending. Yes, all of life and living is part of your morontial training. I am, as always, finding myself with greater love from you than I could possibly give. I thank you. Until next week, shalom.

Thought Sending | A Force For God-Fragment Connection

Abraham, WOODS CROSS GROUP 05-24-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings, and thank you for coming. I am always interested in your many viewpoints. You provide varying dimensions to my way of thinking, yes. I can know, using my morontial senses, that your intentions are well and good, yes. The ability to understand thoughts from our fellows leads us into many areas of understanding our fellow mortals, ourselves, and our environment.

You each are familiar with having certain feelings about individuals that have either made you feel comfort or discomfort. You have experienced feelings of the need to use caution around certain individuals; you can know the levels of safety or their intentions, all by using your morontial senses.

The Master could always be prepared with a plan to use His ministry for His fellows. He could know when His words were of use, and when they were not. He could sense innocence in some, and betrayal in others. He lived His mortal life with such efficiency that each moment lived was full and complete.

As we are learning to receive thoughts, it is routine for us to give the lesson also on 'thought-sending,' yes. You are already familiar with the effects your thoughts have on your friends, family, and fellows; you know that your thoughts manifest certain outcomes in your mortal life. Yes, your thoughts can become a living reality to you – and, those you come in contact with.

Just as you can receive thoughts on levels of safety or intentions, you also promote thoughts that allow your fellows to understand you more fully. If you chance to meet with an unpleasant individual, your thoughts turn to caution and promote negativity; your desire is to avoid this individual. Believe me when I say many of your acquaintances indeed know your intentions and have already planned out their defense.

How much more fruitful should you approach an individual with the thoughts: "This person is indeed a child a God with the same rights and privileges I have." "Only Father can find logic in this person's behavior, and I am not equipped to make correction on this individual." Having a positive output of thought generally relaxes the person with whom you are speaking to; their defenses are not set and their minds can also gradually open up.

It is entirely possible to send thoughts to individuals you wish to protect or make them aware. A father who continually warns his child of specific dangers finds his child to hear his admonitions only on a redundant surface level. This is well and good, yes – but to instead, perhaps use your stillness-mind to send some helpful thought; this does connect your God-Fragment with theirs; and the understanding then, is on a soul level. A person without spiritual values can indeed receive your personal thought-blessings and literally become better, or at least more conscious of their wrong-doing.

These morontial senses utilized positively, make it difficult for things false to prevail. Your inner-knowingness makes it difficult to stay closed-off and hidden from the world. Michael's Spirit of Truth is in full force, and these morontial senses are His contact points in which He uses to unify the citizens and teach collectively.

Be aware this week of what your thoughts are manifesting in your lives. Be aware of your thoughts – are they helping? or, are they harming to others. Continue to practice finding the stillness-mind in all your daily activities, yes. This evening I would receive only a few questions.

MIRIAM: Abraham, it is just a thrill to have you in our home. Thank you so much. I'd like to introduce a new visitor this evening, Don, my husband.

ABRAHAM: Yes. I know you, Don. Greetings. Again, have you a question? [Don: No question.]

MIRIAM: Abraham, I'd like to ask you to talk to us a little bit about the soul and its developing in this life. Also, regarding the 'inner-knowingness,' the 'morontial senses,' the 'timelines erasing,' – all of which you've recently taught us. Are we talking about the future, the past, or the present right now? As we remember and connect to this knowingness, is that kind of like a 'growing up' within our soul? Is the 'soul' and 'the morontial sense' – are they two different entities and maturation things. Does that make sense? Do you know what I am asking?

ABRAHAM: I believe I do. The soul that is not inhibited by those spirit poisons is always in a forward momentum and has connections to your material side as well as to the Indwelling Father. I could say, yes, that the soul is grasping (connecting with, understanding) even before what the material mind can grasp. This is contrary to what many believe, yes; and yet, the soul is the seed from which all your personal aspects stem from. The Father is your light and sustenance; and your experience designs how you will grow, yes. The planet is experiencing new things, and there cannot be things hidden from God; nor, from the consciousness of your enlightened fellows. The past, present, and future are visible from a morontial sense; old things are fading away; all things are becoming new. The soul most definitely has a more divine ear than the mortal mind. Your material mind may have rejection for certain things, but the soul – in combination with the Father Fragment – saves things of value, yes. Is this answering?

MIRIAM: This is a complex answer and I am going to have to dwell with this, but you gave me a lot to dwell on. Thank you very much. (Abraham: Understood. Good question. Yes, one more question?)

CALVIN: Abraham, I have read a little bit on this 'Caligastia website' and it is intriguing to me. Not being one to swallow or push away too quickly, I wonder if you have any words to share about this supposed claim of 'Caligastia as being one not gone and out of here,' but as one who is still here, present, and trying to interact with this world.

ABRAHAM: I believe you each already know the answer. Caligastia is no more! and yet, his evil influence does live on. The mortal life is a struggle, yes, and an 'evil force' is an easy explanation as to why mortal living is difficult. Many choose the path of ease and find not reason for their difficulties; they find not reason for the value of experience. I am told the new awareness in our Father and His forces will prove Caligastia's residual influence to be ridiculous and without power. All things are becoming new. And with time, man will find that all power stems from our First Source and Center – God our divine Father, yes. That is all.

MIRIAM: Abraham, I know you said just one more question, but are you still here? (Abraham: Yes, certainly.) Miriam: I'd like to ask, how are you, Abraham? Could you tell us how you have been? Anything that you want to share? Does that seem silly? I would really like to know.

ABRAHAM: Certainly. Yes, I thank you for your concern and care. I am, as always, with work and projects to complete. I indeed thrive on my work in being a part of the overall plan. Personally, I have my many friends, which certainly include you each. I find much joy in my contacts. And as always, the highlights of worship continue to energize me. I thank you for asking. Your kindness towards me does make me believe I am a better person for having known you each, yes.

As always, look for me during the week. My love is with you. Until next week, shalom.

Assigned Task of Studying Past Morontia Lessons, Perhaps Making History in Mota Retainment

Abraham, WOODS CROSS GROUP 05-31-1999

Back

[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Welcome. It has been a fruitful week. There are great depths to our lessons that we will explore as we discuss and experience, and I can say the last few weeks have been showing forth a spiritual harvest. Yes, each of you are learning to use your newly defined morontia senses. We can understand that at times there is some frustration. However, that does not outweigh our joy when we see the amazement on your faces as you discover how real the spiritual life is, yes.

In our teaching of morontia senses it would not serve you well if we neglect to follow that up with the 'why.' There are meanings and values connected with the use of your morontia senses. Morontia senses aid in your understanding of your place and purpose in the universe, yes.

I have been instructed to assign you with a task of studying the meaning within each of our past morontia lessons. In this series on the morontia senses, each lesson contains within them certain philosophies, meanings, values – which is 'mota'. I would ask also, that during your week you re-read these series of our lessons on the

'morontia senses;' and when we gather next week we can discuss the morontia mota contained in each. Begin with the lesson on 'Erasing the Lines of Time and Space,' yes.

Let us break now for a few minutes. After your discussion I would say a few words. [Break for the group-assignment.]

I am familiar with this exercise for I have been through it myself. I can coordinate the morontia senses with the meanings and apply them to my everyday living, yes. Our mission is not the 'taking in' of information only, no; for our mission is more-so about the practical 'application of' the Master's teachings. The apostles of long ago foretasted this exercise while serving their apostolic mission. Many were challenged and with enthusiasm, yes, and still, some were discouraged. But overall, each were encouraged and with more spiritual wisdom and spiritual maturity, yes.

Enjoy these tasks, for you are making history where you will be among the first to demonstrate if this is practical and helpful in morontial knowledge retainment, yes. That is all. I will, as always, be available for conference during the week. Enjoy your new tasks. My love is always with you. Until next week, shalom.

Use The Stillness-Mind | Discuss Morontia Mota Gained From Morontia Lesson
Abraham, WOODS CROSS GROUP 06-07-1999

Back

[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds - there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

[Loud crackling quick thunder.] I am ABRAHAM. Greetings, and worry not; we have made transmissions through more disturbance than this. [group laughter.] All is well.

You are grasping this assignment task, to a point, yes. For individuals who are learning to erase the lines of time and space, you are surely traveling too fast. [group laughter.] We are not pressed for time. If you overlook specific meanings in the lessons, then half our understanding is thrown by the wayside. Morontial mota is learned by individuals, differently. Where you are in your spiritual level is the measure in which you understand the underlying meanings that affect your lives, here and beyond, yes.

You were correct to point out the meanings for each one of you and to express your feelings on it. How does the philosophic meanings in the lessons on 'Erasing the Lines of Time and Space' relate to your daily living experiences? Which meanings stand the true test of time? What meanings can you set within your faith foundation?

For me, 'erasing the lines of time and space' meant I was not a man with a mistaken past, or a father who neglected his priorities, or a husband who stumbled through life thoughtlessly, no - but I was first and foremost a loved child of God. I can see that the past was almost meaningless, and any value was safely stored with my adoring Father Adjuster, yes.

As I learned this concept of being boundless by time and space, I could more accurately view the universal meanings and values. I could easily upstep my spiritual education. My anxiety to progress, eased to a confident inner-knowingness that I was carefully guided and watched over.

I, again, ask that we have discussion on the topic at hand. We will need to use our stillness mind during these discussions to allow Father to regulate the natural time-flow. Your morontial senses are, in fact, being tried and tested during your discussions. How are the philosophic meanings contained within the lessons real to you? Share from your experience. Read one or two lessons. Have discussion, then I would speak. [Pause for group discussion.] Yes. I hope we are in understanding? Have you questions?

CALVIN: Yes, Abraham, regarding our discussion of these lessons – their philosophies, meanings and values – and I think that is probably the first request of us you are asking – then do you also want us to see if we can grasp the morontia mota that ties to those? I view this ‘mota’ of which you teach as being a much higher concept than what we might see in our mortal view of meanings and values. Does that make sense?

ABRAHAM: In a manner, yes. Meanings and values and ‘mota’ are basically within the same definition. Yes, to grasp the higher concepts, there needs be comfort and relaxation to make use of the stillness mind. There is a natural flow of time to allow each individual to receive as they are capable, yes. Learning is on an individual level, yes, but also on a group level wherein there is a cosmic circuit connection, yes. Another question?

MIRIAM: Abraham, I haven’t been practicing stillness much. I used to do so quite often but the last little while I haven’t. But then when stuff happens, I seem to then find that reason to hang out in that stillness mind. For example, like when our car transmission blew out on the way down to New Mexico recently – it was like I was just sailing along in life, sneaking by in life, without much thought for stillness; and then when things go awry (like the car breakdown) then I remember my stillness. Is it possible in this life to have a constant stillness connection?

ABRAHAM: I understand. The point of stillness practice is to have constant connection with your Father Adjuster at all times, yes. There is not ‘sneaking by,’ no; there is a natural comfort knowing the fact that Father is there at every moment, not just during meditation, yes. You do well. You also can literally feel when the need for a more quiet stillness practice arises. Yes. One more question?

CLAIREESA: Abraham, do you still use your stillness mind as you did on Urantia?

ABRAHAM: My stillness mind has become an ingrained part and I am now unable to distinguish the difference; I have been away from the flesh, which aids me in that mindal integration. Old things have faded away and all things have become new, as you will also see. The stillness mind, to you, in the future, will become natural and not referred to as the ‘stillness mind,’ but just as ‘the mind’ – a gift from our Mother, yes.

I am again happy to be your friend and teacher. I am, every week, blessed by your presence. My love for you each runs deep, and I am grateful for Father's everyday watchcare, yes. My love goes with you, shalom.

Die to The Old Ways And Take up The New
Michael, WOODS CROSS, UTAH 06-14-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds - there are seven transitions of them), we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

Greetings, my children. I am your Brother/Father, Michael. What a wonderful futuristic vision we behold in you. You are balancing your divine ways with your mortal ways very well. You are making these morontial exercises successful in that you have chosen to die to the old ways and take up the new.

I can say, this mission is accelerated - for upon Urantia, times ahead will prove to be difficult, yes. We are accelerating these lessons to provide a firm foundation of spirituality, as temporary things are passing away. The passing of these things will certainly be the cause of great upset. You, my children, must allow small things to move away to make room for the spiritual concentration you will need during these times of upset.

I can easily recall my mortal existence when I awaited my hour. I can remember my own inner-turmoil and questions that seemed to go unanswered. I remember the pressure from my friends and family to go forth to take the kingdom; to proclaim a new era.

I indeed understand your inner-turmoil as you wonder about your unanswered questions. I did, however, trust that Father's plan was proceeding, and I would certainly know when to lay down my tools to take up my teaching ministry; and, when it was time to lay down my old life to take up the new.

You are quite blessed living in this age of enlightenment, for your Teachers have labored diligently to bring to you the use of the morontia senses. As you discover the everyday meanings and values will you exercise your senses. I say, children, look around - there is morontia mota in every direction, it spills over the dry desert of humanity providing refreshing new life.

These courses Abraham teach are mandatory at some point in your spiritual career; they are not to be looked upon lightly. Children, we require your assistance during this world's awakening. You full well know your hour has come and you are firmly planted deep within the Correcting Time. From whatever your standpoint in life is, you know the position you must take.

We are not about relieving problems to the world; we are about taking action with

spiritual solutions, most definitely. I stand behind you as a Father to encourage you to go forth to do the divine bidding. I stand in front of you saying: Follow me, this is 'how' we will do the divine bidding. I stand beside you saying: You are my child, and you are 'why' we do the divine bidding.

This evening we are each strengthened in our faith and purpose to move forward. Set aside those small things, and reach for those deeper meanings and realities of the spirit life. My love and affection runs deep for you each. I am with you always. Carry on.

The Value of Group Discussion, and The Effects of Service

Abraham, WOODS CROSS GROUP 06-21-1999

Back

I am ABRAHAM. Greetings. A good discussion surely puts a new light on various un-thought-out topics. Yes. Well done. You have revealed the mota in this particular lesson on the transmission process. You have stated the overall purpose for utilizing this morontia sense. Your acknowledgment - that you cannot live a well-balanced life without spirituality - is indeed an exercise in humility. Making oneself small to promote Father or Teacher assistance, is quite an asset.

I have been present with numerous individuals - students who are overcome with the excitement or novelty of transmitting - so much so that they have been unsuccessful and discouraged. As you have pointed out, the stillness mind is valuable in opening oneself to universal possibilities. A serene mind is a fertile field for divine realities. You can have tremendous desires to transmission-receive, yes - and yet, intentions are what set the tone for accuracy, yes.

Your discussion has touched on most of those morontia values we all need to learn, yes; but I can say that aside from successful communication with Father, 'service to one's fellows' would be deemed important - highly important. Your skills in transmitting are put to the test when in the act of service to a troubled friend. The effects from service are felt beyond the individuals being assisted. The effects go throughout the universe in the form of a wonderful positive energy, yes.

There is value, there is meaning, there is purpose and importance for using this morontial sense. Your group unification on this topic has shed new light within each one's mind. Your even-distribution of communication allowed all individuals to speak freely. This example set before us today would be our hope for all individuals to embrace. Yes. Well done. In your discussions, there, are the lessons. I also am there, as is Father and various other spiritual beings who help direct, yes. That is all.

Be at ease to seek me during the week. I should be happy to assist. Let us each remember Michael's message from our last meeting and put away those small nagging things that hold us down or away from divine realities. Find a few moments of peace in each day and allow Father to lift you with divine realities; and, to take from you those burdens that beset, yes. As always, my love is with you. Until next week, shalom.

Our Group Mindal Link Enlarges Our Capacity to Receive

Abraham, WOODS CROSS GROUP

06-28-1999

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[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Welcome. What a great honor it is for me each week to personally be with you, to be close friends and co-workers serving a common purpose.

When I arrive each week, I can usually link minds with you using of course, the stillness mind. The more cohesive you are as a group, the greater your capacity to learn. We all then become living links. We all can unify and connect with those on high. We can all receive feedback from the experiential God of time – the Supreme Being. In our mindal link we can each receive the overall morontial mota from this particular lesson on transmission-receiving, 'Desiring Not To Desire,' yes. [See lesson from April 19, 1999.]

You have successfully pointed out the overall purpose for this method of communication – it reflects the importance that each one is getting to know God and become like Him; each one is acting in service for our fellows; each one is understanding the mota that 'what value is there in the transmission-receiving process if no lasting fruits are produced?'

Our fruits come not from self-aggrandizement, mysticism, or setting ourselves above others as in elitism of group-level of spirituality, no; the fruits from the transmission-receiving process come when you can serve and be served, love and be loved, give and receive; and, embrace the whole as an extended family, yes.

You have progressed in this particular morontial sense where you will embrace only the truths. You are at ease to accept the Father's will and whatever that may bring. You are becoming used to the fact that the Mission moves forward whether I am with you each week or not. Your intentions have served you well concerning our lessons. Our mindal link enlarges our capacity to receive divine truths. Our mindal link opens up new possibilities, yes, and supplies you and me with the courage to accept new revelations – new realizations.

Our study thus far has proved to be beneficial, let us continue. Keep in mind our recent message from Michael – to allow small things to pass away; allow old things to fade while welcoming new things to enter. Consider this week your mindal link with your various contacts, seen and unseen. Recognize the spiritual flow and amount of divine information available. Michael has said: "Where two or more are gathered, there am I also." Yes. As always, my love goes with you. Until next week, shalom. [There was likely no meeting July 4th holiday.]

Logging Into Your Stillness-Mind While Functioning in Daily Tasks

Abraham, WOODS CROSS GROUP

07-12-1999

Back

[In these series of lessons, the word 'morontial' is used often. Morontial is that

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[Before Abraham's lesson this evening, the group discussed Abraham's lesson of April 25, 'Morontia Sense of Inner-knowing.']

I am ABRAHAM. Welcome. Your trust in me is quite an honor. You allow me here each week with faith and trust in my ability as a teacher to deliver the lesson. Your confidence in our friendship leads me to desire to be a better person. This trust and confidence has come over a period of time in getting to know me and my techniques for teaching, and perhaps my personal traits as a fellow in the kingdom.

This is all well and good, yes, but I say there could not have been as much success with this group had you not utilized your gift of inner-knowing. Now that time has passed you have a better understanding of this morontia gift. You can hear me speak, or read my lessons, or observe my character – but without our mindal link and use of inner-knowing, your faith and trust in me could not have been as strong.

The human vision is the most used sense while in the flesh; and obviously you cannot see me – you cannot see the sincerity in my eyes or behold me at my work and everyday duties, no. You are, in a sense, forced to rely upon your inner-knowing to believe in me as a spirit friend and teacher. Even while observing your fellows in their everyday mannerisms and character traits, you cannot fully know them.

You are learning to use your inner-knowing to fellowship and serve. You can know which road would be best to take when serving a friend, for your inner-knowing tells you intuitive feelings about that individual. For example: "This person is shy so do not be too direct." Or: "This person is stubborn so waste not too many words on them."

Yes, logging into your stillness mind while functioning in everyday tasks allows you knowledge that you would not commonly have. Stress, anxiety, despair – or any spirit poisons, would make it difficult to be within the stillness mind.

The use of the morontia gift of inner-knowing will be a great healer to Urantia. Where Urantians can have a more complete picture of one another, and where there is more understanding of one another, there is more love, yes. In being able to sense certain aspects of your fellows you can have the right questions to ask them to draw them out, to lead them to make contact with their indwelling Father, yes.

Father has His overall plan mapped out. The Son has His orders, carried out through His subordinates, on how to follow through with Father's plan. The vast hosts of heaven have committed themselves to carrying through with the orders to make the plan a success, yes; but I say, your part you play in this overall scheme of Father's is far more difficult than the part we, the unseen helpers, have. While you must continue to have your own growth and learning experience, you also must aid in the planetary correction process and to encourage healing.

You can find the most excellent healing within one another's company. Your discussions, fellowship, caring, kindness and understanding, certainly leads to a great deal of healing which can allow you to set aside those small things and venture towards the broader horizons, yes.

This week, while sharpening your skills on inner-knowingness, note that there will be opportunities for you to heal and be healed – opportunities to move through those small things and gain that peace and strength to move toward greater realities, yes.

As always, my love goes with you. I shall seek you out during this coming week. Be at peace. Until next week, shalom.

Be a Source of Peace To Others By Not Putting Pressure Upon Them

Abraham, WOODS CROSS GROUP 07-19-1999

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I am ABRAHAM. How honored I am that you would welcome me here each week. You have made quite an impact on me as a personal being and teacher. I feel I have been understood by you, and this leads me to believe you find me to be a valued friend. In your kindness and considerate manner towards me, I find personal healing.

There are patterns in nature that would reveal answers in our daily manner of living, yes. In a garden, most flowers are free to grow as they should. The sun, rain, and cross-pollination affect all in the garden. Many of the flower's roots are intertwined; and in a manner of speaking, all help one another to grow.

On occasion you find a flower that grows slowly in the shade of another – growing, yes, but not as it should. There are those flowers which grow in a trench and absorb most of the water, which takes from those flowers at the side. There are those flowers which have grown in unbelievable conditions; from under a rock perhaps, or enmeshed with a fence, yes – but we find that most things of nature grow best without obstruction or pressure.

Likewise, most mortal lives are not ideal where you can grow in completely normal circumstances, no. Even as in the garden – when a flower can bloom through the worst of adversity it can be made stronger. In knowing your fellows on a soul level, we find that our roots are intertwined; we share the same environmental elements. Yes, we communicate, learn, and grow; and we learn we are all responsible for the welfare of the whole.

In learning to utilize your morontia gift of inner-knowingness, it would be of great benefit in reaching your fellows that you be a source of peace; to apply no

pressure; to not be cause for anxiety in another's growth. Also does this apply to you – for when the pressures of everyday-living creep upon you there must be some form of relief – such as from individuals, employment, relationships, and everyday duties; these create pressures that could cause you to be shaded from the light of divine contact.

No one has the authority to pressure you with their needs, demands, or requests. You are without a doubt a loved child of God; and while the wind may blow and the conditions imperfect, there is no reason for individuals to put anxiety and pressure upon you; everyday mortal living is difficult enough with the natural adversities of time and space.

As you learn to heal and be healed, note that the relief of pressure (or demands) causes a lightness to be upon you. With such pressures, you still grow, yes, but in a roundabout manner and growth is slowed. But still, the relief of pressures clears the mind for new solutions and possibilities. Put not pressure on others, and know that in your liberty as a child of God you need not be burdened by the unreasonable demands and pressures of others.

Learning these morontia senses creates in you an enlarged capacity to receive divine truths and the fruits therefrom. This week ask yourself, 'where are you pressured from?' 'Whom do you pressure?' Lighten the burden and view the immediate healing, yes. That is all. I am as always, with more love for you each week. I shall assist you as needed. Until next week, shalom.

Relieving Mortal Pressures To Allow For Clear-Thinking and Divine Solutions

Abraham, WOODS CROSS GROUP 07-26-1999

Back

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[This week brought the sudden passing of one of our long-standing group members, Honoray. Her passing was from elderly health complications.]

I am ABRAHAM. Welcome. I am always made happy by observing your higher-minded discussions. What a beautiful sight to behold when in your mindal link you are allowing natural things to occur. For example, these lessons are made much more accurate when there is not pressure or underlying motives or intents. Yes, these lessons are allowed to form naturally and at the level in which you are ready to receive them. A non-pressured individual can embrace the truth as it is in its pure form. With a mind at peace, these lessons are received without color of individual desire or wish-fulfillment, yes.

When the Master wore the flesh He knew the desires of His fellows. He understood the mystical-thinking within the mind of man. He sincerely loved His fellow man and yet, even in His supreme compassion He would not bend under pressure to allow His mortal friends' desires to be fulfilled while twisting the divine law. Father's will was

first and foremost in the mind of Jesus. To have such trust brought a feeling of well-being that guarded against the pressures of mortal living.

The Master always had a higher authority to answer to. The leading of the Father Fragment gave Him clear and clean intentions. The Master's intentions were to do the divine will. In anything that would perhaps interfere with the divine will, the Master could be found using various techniques in which to divert pressures away to allow for clear thinking and divine communication. Yes, He could often be found using strong, or perhaps even harsh words, as a 'pressure release.' He could use His passionate verbal expression as a method to put all authority back into Father's hands.

Jesus' supreme duty was indeed to answer to Father, and Father only. He had His earthly responsibilities, yes, and always were these in alignment with the divine will. The Master on occasion could also be found using His peaceful and charming manner as a method to certain individuals - to let them know that His duties were to Father, and that all their pressure attempts put upon him were certainly useless.

Another method the Master used was to use very little words wherein He'd choose to not take any action at all in relieving mortal pressures. He could be found in the stillness-time discussing with Father these many pressures - and after expressing His trust and faith, the Master would come away with clear and clean thinking; this always relieved mortal pressures and allowed for divine solutions.

With material obstructions and earthly pressures, there is a block created between you and your morontial senses. It is difficult to use the stillness mind in solving everyday problems when your burden is heavy and causing confusion. With stillness, and the Master's methods to relieving pressure, this should clear away the clouded thinking to participate in the morontial gifts you have been granted.

Yes, to participate in the divine plan calls for a mind at ease, a feeling of spiritual confidence, and a willingness to choose always the divine will, yes. This evening I would accept a few questions.

INERA: Abraham, again we thank you for your lesson. I know how drugs taken for abuse or to numb self-will, how they affect spirit and the connection, but what about kids that are fed drugs by adults 'for their supposed good,' like Ritalin? Does it disconnect the kids and their spiritual growth?

ABRAHAM: The children who truly have the disorders in which the drugs are meant for, their medication is helpful, yes. And no, these children do not experience spiritual disconnection. Their carefully-regulated medication (that does decrease with age) in fact, assists a healthy spiritual outlook. Unfortunately, there are those children medicated merely for their high-spirited enthusiasm, overactive imaginations, and also their reactions to the way in which they are treated. When children are not fitting into the standard mold there is a tendency for parents to believe there is a problem with the child. This misdiagnosis of individual personality, versus real emotional and mental disabilities, ... (TR: I must have said something wrong. Wherever he was going with that it's gone. Sorry. Okay, I'm starting over.) Abraham: Children medicated incorrectly can have adverse effects to spirit connection. The thoughts

that there is something seriously wrong with their personality aspects is even more of a detriment where early on, the child is informed they are not up to normal standards; but even this is overcome with time. Perhaps these individuals can gain an understanding of, and relearn the fact that, there is not a standard mold in which all shall be required to fit in – and that they are loved 'as they are.' This love can lead to spirit closeness and reconnection. Yes. Is this answering?

INERA: Yes, very much so. Thank you. I would like to introduce my mother to you, Abraham. This is my mother, Joyce. (Abraham: Greetings Joyce. Welcome, and feel at home here, yes. Another question?)

MARK: Lately I am with the feeling that I am not a very good parent to my children and the little girl we have staying with us. I feel like because of the way some of the boys that we have are turning out I just don't know how to relate with them. I have a very hard time dealing with their attitude and stuff like that.

ABRAHAM: Understood. The fact that you question your ability to be a good parent opens the door for new learning, and emphasizes that you are a caring parent – which means a lot. It seems almost mapped out for us when we become parents, because of the examples we had as children. There is always a fear that we will make the same mistakes our parents did. And yes, it's true that we will for the most part – but that does not mean that we have to continue in the same pattern. When you are unsuccessful at a parenting technique you already understand that there needs to be a change in technique. Why repeat the things that do not work? The Parent of all parents is within you – and I say, He is your best source for parenting. Our Father is one of understanding mercy, and yet hard and unchanging with certain divine rules; He must enforce those rules even at the expense of causing His children to grow. He is constant in His technique and always emphasizes His unending love for His children. He would show mercy when mercy is called for, yes; but He would also stop at nothing to see to it that His children are guided properly towards Him. He informs His children that His love leads Him to teach. His persistence allows His children to know His love is complete and everlasting. Father gives His all – and yet there are some children who are unreachable; this is reality, and all Father can do is reach. He cannot force His child to reach back, He can only maintain consistency in teaching the divine laws and allow all His children to know of His unconditional love. Yes, I hope this is helping. (Mark: Thank you.) Abraham: You are welcome. You are on a well-balanced road in parenting. Keep asking the Parent of all parents for divine guidance, yes. One more question?

ALAUNA: Abraham, I wanted to have a prayer tonight for a member of my family that is kind of a lost sheep and has pulled away. The passing of my mother this week (Honoray) has brought us all closer together. But there is one daughter we have a lot of trouble with. We have all been praying a lot for her this week and are hoping we can find a way to help her. I know Father is hearing my prayers. I just wanted to see if you would say a few words on what we can do to kind of bring her back into the fold of our family.

ABRAHAM: Yes, there is only expressing your willingness to be available to her, to allow her to know of your love. Constant criticizing of her ways may create more barriers. There are instances individuals must experience which draws them closer to

Father. Perhaps time alone would have her realize the value of a human family – and also, the family of God, yes. I perceive there are other reasons this individual is feeling separation. There is personal healing on her part which must occur before there can be a reconnection. It is true that while the passing of your mother may bring some of you together, there are individuals which must tend to their grieving in their own way. In such a short life in the flesh, why must time be wasted in bad feelings towards one another; this would perhaps be sensible to her. Allow for time, Alauna, and continue with prayer and communication among other family members, yes. That is all.

I am in understanding of the busyness of last week. There were a great many lessons to be had. I will continue to assist you throughout the week. Until next time, shalom.

Remember Your Questions | How Am I Being of Service and How Does This Serve
Abraham, WOODS CROSS, UTAH 08-02-1999

Back

[In these series of lessons, the word 'morontial' is used often. Morontial is that state of our existence between the mortal body and that some day spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. What a beautiful and progressive discussion this evening. The discussion served in so many ways. The basic truths that were brought forth were indeed serving the individuals as well as the whole of the group. You can measure the progress of your discussions with the amount of service you had opportunity to provide and the peaceful feelings that are present when you have felt served.

Spiritual understandings are made more comprehensive when the question, 'How does this serve?' is asked in ministering to your fellows. Using your inner-knowingness you can check the levels of ego involvement when asking yourself this question, 'How am I serving?' You perhaps feel like a child learning to ride a bike – on first using your morontia senses there is apprehension, there is little confidence, and some fear. It is there, in this insecurity of using the morontia senses, that you build the muscles of trust and faith.

For your mortal side, however, there are always these useful questions: 'How does this serve?' 'How am I serving?' rather than, 'How am I served by this?' In tending to mortal pressures these questions tend to bring you to an intellectual level as well as a spiritual level. In the asking, there is a statement brought forth that says, 'I choose to do the will of my Father.'

Should the pressures of mortal living lead you to feeling a disconnection, then a questioning and humbled mind helps sort out your feelings of 'being lost' – to understanding the reality of 'you may feel lost, but you are not.' Such feeling is not in authority over spiritual reality, no.

There is a fine line between those 'burdening pressures' and 'daily responsibilities;' it is easy to mistake one for the other. If you feel confused or

clouded in thoughts – if you are unrestful – then certainly is that unnecessary pressure. Should you feel hurried, but trustful and energetic (secure), then this is everyday responsibility in which Father assists you with anyway.

Yes, when pressures are upon you it is a time to ask: “How does this pressure serve anybody?” Should there be no answer, or a clouded confusing answer, then the Master’s techniques would need to be applied. Should there be an intelligent ‘practical spiritual-sounding answer,’ then certainly, remain open for further divine solutions and assistance. It is also quite simple to tell when you are putting pressure upon others. By all means, ask the questions:

1. How am I being of service?
2. Am I looking to fulfill my own needs, my agendas or ego? or am I providing practical, useful, spiritual information to someone that requests it.
3. In serving, can I find a mindal link (a divine connection) with an individual?
4. Can I feel their emotions – or perhaps understand their history?
5. Are they in a questioning mode? Do they desire advice from me? or are they merely looking for a listener.

These morontial senses are really quite practical and intelligence-promoting. For citizens settled on Light and Life planets, the morontial senses are the only means in which to solve problems by – it is only natural to them. Yes, you are somewhat new and still learning, so be not discouraged; these senses will become natural to you also. Your continued trust and faith in Father leads you to attain a greater capacity to receive divine knowledge, yes. A few questions?

CALVIN: Again we thank you for your helpful lessons. This week, as you know, some of us are going to Vancouver, Canada for the IC99 (International Conference 1999) hosted by the Urantia Fellowship. Do you have any special instruction or something we need to be aware of?

ABRAHAM: One moment. I am told to tell you conference goers that it would be most wonderful to embrace one another on an individual level, as opposed to a political level. It is acceptable to defend your cause as Mission adherents in a peaceful manner, but not to have the attitude of ‘embrace us and our ways.’ There will be a great amount of information to take in at this Conference. Look not to be so much as ‘a messenger of the Teaching Mission’ but as ‘a participant in it’ and as ‘a Urantia citizen who desires good for the whole of the planet.’ It would do you well to remain unbiased and open, for the spirit leads when you least expect it. You are equipped to serve best where you can be at ease. Continue with good humor, yes. That is all.

HARRISON: Abraham, my wife, Carol, is suffering from pain and stiffness in the joints. Is there anything that you could offer me as far as what I may say to her or how I might serve her? Is there any way I can help her feel better, get better?

ABRAHAM: As always, I stress the importance of material medical attention, but on a personal level, I would ask Carol if there is some difficulties she is having that she would like to talk about. Pain and stiffness in the joints, reflect a good measure of earthly stress and/or something being suppressed. Would she have any

difficulty at all, of course, she could discuss with you. In the discussion there is an opening in the mind which can receive divine solutions. There is relief from pain when there is a caring listener standing by. Remember not to put pressure on to draw her out, but to allow her to know of your availability, yes. That is all. Another question?

MIRIAM: Abraham, what you were talking about (a confusion, a cloudiness) this place I have been in lately; I was trying to describe it and I can't. Well, it feels okay, but yet it doesn't. I don't know if it is simply a transition. I don't know what it is. I haven't asked a question like this for a long time but, do you know what I am talking about, and could you give me some guidance there, or do I need to be more specific?

ABRAHAM: I can answer in this way: There is transition, yes, and yet you are feeling the reality of unrealness or falsehood. You are finding that untruthfulness to be discomfoting. You so desire the truth and realness, and yet there is an underlying falsehood. I can say to you, my daughter, if you are feeling strong emotion, ask not first: "What is the proper way in which I should handle it?" rather, Miriam, feel at ease to speak from your gut, not your heart, nor your head. Speak from your first basic thought. I am saying, do not cover-over with proper procedures in mortal living. Your good intentions are honorable, and yet in a way, crushing. You need to uncover the underlying falsehood with the realness of your human emotion. Cry, be angry, be disappointed or shocked. Your divine monitor will assist in the balance of your human emotions. Worry not so much about things that look true and good. Concentrate more on the reality of your human experience. The divine balance will come later. That is all. One more question.

MIRIAM: Abraham, can I just also ask: Does my TMJ condition, my jaw misalignment and all that, is that like a physical manifestation of what you are telling me about?

ABRAHAM: Yes. Physical miscellaneous ailments are a manifestation of things that go against your divine understanding. Yes. Another question?

CLAIREESA: Abraham, do you have any words for our brother and sister, Angus Bowen and Gerdean O'Dell that are planning on their nuptials at the Vancouver conference?

ABRAHAM: I have nothing to say other than to enjoy, yes, and know that we will also be in attendance. It is wonderful when our mortal friends can gather in happiness and are feeling rejoiceful and are with gratitude. We certainly seek opportunity to attend these functions and unite with you as members in the extended family of God. Yes.

I am, as always, with more love for you each week. Should there be need of assistance I would be happy to help. Remember your questions we've suggested in this lesson. That is all. Until next week, shalom.

Answer The Question Within of Whom and Why Do I Serve
Abraham, WOODS CROSS GROUP 08-09-1999
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[In these series of lessons, the word 'morontial' is used often. Morontial is that

state of our existence between the mortal body and that someday spirit form. When we awaken in our next existence (the 'correction' Mansion Worlds – there are seven transitions of them) we have shed our material bodies and are awakened in a 'morontial form.' Abraham teaches in these lessons that we can now attain morontial realities while in our present mortal (Earth) form.]

I am ABRAHAM. Greetings. I do so wish I could express to you the feelings and thoughts I am perceiving from your unity. Your mindal link and acceptance of one another's differences is emitting such peace that it is almost visual to me.

I am perceiving your thoughts to be of love for each individual; and this love has given an understanding of one another's backgrounds that has shaped each person. You read well one another's feelings and thoughts – what a beauty to behold. Resolved and peaceful thoughts do allow our transmissions to be more accurate. Our signal is much stronger with this peaceful mindal link, yes.

As you have mentioned, our study of morontial lessons these past few months have been completed. And I can assure you, your understanding is acceptable and more received on a soul-knowing level, yes. As long as you dwell in the material flesh and walk the Earth, there will be need for spiritual study of these morontia lessons. The world at present is in need of 'points of light' – individuals who have been trained in these morontial senses, yes.

Most definitely your capacity to receive spiritual information has enlarged quite significantly due to your dedication and intense spiritual studies. It is well understood that you are only beginning, but your strides have been great. Why do we make the effort to learn these morontia lessons and incorporate the morontia senses? The answer is simple and clear: we aim to serve our Brother/Father in the upliftment and reconstruction of Urantia's thought patterns. We are dedicated to the salvation of the world's peoples.

As you have been told, the planet is in a state of emergency. How detrimental would the state of the planet be in without Michael's overall plan to heal and correct? What a beautiful sight to behold – the Creator entrusting universal affairs to those who hardly seem qualified.

Michael has great faith in all His children and has sped up aid and supplies to Urantia as if a top universal priority; as if the welfare of the universe depended on the success of Urantia; as if the growth of the Supreme Being relied upon the success of Urantia.

If I could ask you about the morontial senses saying: 'How do they serve?' and if I could ask about the Teaching Mission, 'How does this Mission serve?' is there a spiritually sound answer? Is there rhyme and reason for your efforts and participation in the Mission? The practical use of the question, "whom do you serve," leads us to embrace truth, beauty, and goodness in all aspects of mortal living. We can find reasons to be encouraged and carry on. We can find motivation and inspiration when we are tempted to give up. When the world appears to be crushing, we can find our question to be a firm foundation in a place of uncertainty.

Continue to apply these questions throughout the week and be aware of your spiritual sources: Who provides your spiritual sustenance? Who unifies your mortal experience with divine understanding? Whom do you serve? Who is your true source of the real desires of your soul? Why do you continue your commitment to this Teaching Mission? What makes you to lift your head to smile at a fellow passer-by? Why is it your desire to do good? Yes. Answer this week if you will: 'Whom and why do you serve?' That is all.

I will certainly be available throughout the week for questions and assistance and your understanding of this lesson. As always, my love is with you. Until next time, shalom.

We Have Come To Help You To Be Receivers of Father's Love, That You Might Better Share It

Ham - IC99 Urantia Fellowship Conference , Vancouver, BC. Canada 08-10-1999
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[This meeting was not on the itinerary of the Urantia Fellowship's IC99 Conference, held this year in Vancouver, Canada - but was a request of Ham's to address the Conference, as many as who would attend. Therefore, invitations and announcements were posted throughout the halls of the conference of the appointed time and place. Approximately eighty people were in attendance - many of whom were skeptics. Rebecca, formally of the Woods Cross, Utah group, was the transmission-receiver for this session.]

>>>Greetings my friends, my beloved ones, I am HAM. Our greatest desire is not that every person should necessarily believe or accept the Teachers or our words, no. Our greatest desire is a simple one - that we should learn every day to love one another a little more.

I come bringing you no great announcement. I come in humility, in service to you, my friends, my children. I come bearing the love of the Father, and I come offering words of love to you. There are many children here who have taken the first steps in love by allowing our instruction to help guide their steps in small ways upon the journey that you all are taking toward the Father.

We the Teachers, wish to extend our profound gratitude to you, children. We are very humbly proud of each one who has taken a step in faith - a step which has brought you here today. We wish to bring you words of comfort; we wish to bring you words of hope - to help you develop your trust in the Father, and to help you develop your trust in each other.

The Father has sent out one mandated task, which you all must find in your hearts the resolve to attempt: "Be you perfect even as I am perfect." And children, He did not expect you to do this by yourself. Vast are the numbers of Teachers, and vast are the numbers of angels and other celestial overseers who have come into this world to help you begin the mandated task of your eternal lives.

We come to serve, to help you. This world is a planet of the walking wounded; and Michael, in His benevolence and purity of purpose, has sent as many Teachers as can

be received, to help each one of you – yes, each one of you – overcome the wounding in your lives that has been brought through no fault of your own. Michael is sending with his Teachers, the ‘bread of life;’ and, that ‘spiritual water’ which will truly quench your thirst forever. He asks that you be willing to open your hearts just enough to allow yourselves to receive His love, and to allow yourself the willingness to make change toward your perfection.

Your anxieties, your fears – all these things are known to us. We know of your difficulties, your sorrows, your broken hearts. We know of all the various ways in which you hide from yourselves and from others – and yes, children, from the Father. We know how hard your lives are, for most of us have lived lives very similar to yours when we were in the mortal state.

Michael, in his wisdom, knows the value of this mortal life-experience when it comes to teaching. We offer our help freely; and you are all free to take it now, to take it later, or to wait until the Mansion World experience when you will receive Teachers in that estate. If there are any questions, I would gladly discuss these things with anyone who wishes to.

QUESTION: Hello, Teacher. In our wonderful Urantia Book, it is written that our immediate planetary supervisors advocate the inauguration of measures to foster and conserve the higher spiritual types of Urantia. [page 1207 in the Urantia Book.] Could you please give us examples of ‘what types’ of measures they are referring to, which help to foster and conserve the higher spiritual types that are diminishing or lacking?

HAM: Certainly. This small sentence actually refers to many efforts on many levels – everything from the prevention of warfare, to the many ways that the family is being fostered and conserved by the angels and midwayers. But the greatest way to ‘foster and conserve the higher spiritual types of mortal beings’ is to feed their spirituality, and all the rest takes care for itself. The Urantia Book itself was probably the main method referred to in that short but potent sentence. Is that helping your understanding? (Reply: Partially so. Thank you.)

QUESTION: Hello, Ham. Is the Teaching Mission an adjunct to personal revelation, or is it an amplification to epochal revelation?

HAM: It is both, yes. Epochal revelation impacts upon the individual as a personal revelation – as you of course have experienced in your studies from the Urantia Book. We Teachers, desire to be more like helpmates. We are not directly involved in your personal experience with Father, which would come under the realm of auto-revelation. We foster your relationship with the Father, but we do not intervene. We do not come between you and God. Yes, we are merely teachers who have elected to help you bring to daily living that spirituality which you are receiving from the Father; we help you understand it, help you apply it, and to steady you on your path. We are assigned to teach, not to reveal the Father, for the Father reveals Himself with you each.

QUESTION: My name is Mark, and I'm part of a study group in Manitoba, Canada. We received a letter from your group, a message from yourself, saying that Manitoba,

Canada, was the spiritual center of the planet Urantia, and that we were to receive a Teacher in 1992; and we haven't heard anything since. Can you explain what it's all about?

HAM: Certainly. The word used for your location, 'Manitoba,' was an error in the transmission regarding planetary headquarters. However, we, the Teachers, are aware of your group, your small group. We are always willing to teach when you are willing to receive. Be cautioned in patience, my son, for you are doing very well. And yes, a Teacher is assigned to you. However, be assured that love is the message, the essence, and the substance of her teaching. Is this helping your understanding?

MARK: It's not very clear. I do not understand why a message of that specification could be in error.

HAM: Errors in the transmitting process are certainly possible, and have occurred, yes. I am an imperfect being; Rebecca is an imperfect being; all of you here are imperfect beings – and therefore errors are always a possibility. But, son, what is important is the proceeding in the spirit, proceeding with faith, with beauty and goodness.

MARK: I understand. The thing is, I have a mind that always asks me to clarify things, and it has to clarify an error. I accept the error, that the message may be wrong, imperfect. I don't understand why the error is bringing such conflict between specific things we are anticipating, because when we make errors as human beings we usually try to figure out why the error was made so that we can correct it. And, as this is a 'correcting process' of which you are engaged – I am still looking for the correction in this error.

HAM: I have given it – this correction. What is it more that you are asking? (Mark: I see. Thank you.)

QUESTION: Ham, this is just a simple question. Why now, this Teaching Mission?

HAM: Certainly. There is, of course, a simple answer – it is Michael's will! But I know you are desiring a more detailed explanation. Many events have occurred in conjunction recently, such as: The final adjudication of the Lucifer Rebellion; the opening of your planetary circuits; and, the will of Michael to bring his beloved world back into the realms of light, from the darkness into which it was cast. Is this helping? (Reply: Yes, and thank you.)

QUESTION: I'm pretty nervous to bring my question to you, Ham. I am nervous because my question has potential to be offensive. When I first got the Urantia Book I was in fear because I was scared that it might be evil – and I was almost now feeling a similar fear. I can't help but think of Adam and Eve when that default happened; they were two human beings that were supposed to be superior, and who were yet, misled. And I desire to follow the golden rule, as I can understand everyone here, likewise does. Is there a way you can ease my fears?

HAM: Yes. Daughter, you are a beloved child of the living, eternal, infinite and universal Father. You must open your heart to His tender ministrations. Believe with

all your heart that you are loved – and that you are loved as if you were His only child. There is no fear there. Allow the Master to hold you in His arms. Allow Him to stroke your hair and to rock you like a child, like a baby. Relax into His love. Receive His love. Be at peace. Find peace. Find words of love and peace. Allow yourself to gradually give your fear to God. Give your fear to Michael, for it is not something you have to carry – for you are safe, you are surrounded by angels. There is nothing on Earth that can truly harm a God-knowing and Son-believing woman such as yourself. That is all.

QUESTION: Ham, if I understand this correctly, the Lucifer Rebellion has finally been adjudicated? (Ham: Correct.) The circuits have been opened? (Ham: Correct.) The Teachers have arrived to try and assist us in the process of connecting with Father? (Ham: Correct.) What is it exactly that you would advise the people here on the planet to do to help foster a loving countenance among the people? What is it that we can do?

HAM: Spiritual power is a wonderful thing. Spiritual power multiplies itself if you give love, share love, and receive love freely among your friends. This multiplies many times so that this love that you are giving, though it may seem a small thing, is actually and in reality, growing – it is growing on its own. You are simply planting seeds, spreading seeds as you go, as you joyously live. Allow the Father to do the rest. Is that helping? (Reply: Yes.)

QUESTION: What does “the opening of the planetary circuits” mean? ‘Planetary circuits’ is vague to me. What does that mean? Is it anything other than partial individual circuits? How would we see evidence of that?

HAM: Yes. The circuits allow the spiritual help – the Teachers and the many others who are flooding into your world; it allows them to communicate with each other over distance. And of course, allows communication over long distances to other worlds. It would have been impossible to attempt the great spiritual upliftment of the world without the spiritual circuits being opened. This is a massive undertaking; it is difficult and very involved because we, of course, are involving the entire planet, entire world, and its billions of people. How you may see evidence is how there has always been evidence: that is, spiritual fruits manifested in yourself and in your fellows. There is no other evidence of God. That is all.

QUESTION: All right, in the Urantia Book it says we are supposed to receive a Magisterial Son. When is that supposed to happen?

HAM: Yes, in time, a Magisterial Son will come. You need not concern yourselves with this future affair at this time, however. I cannot predict the hour because I do not know the hour of this coming. So children, concern yourselves with your own spiritual progress, with your own growth. Don't worry about the extended plans of the Father's; leave such to the great ones who actually do plan these things. That is all. Is this helping? (Reply: Yes.)

QUESTION: Ham, I perceive what you speak is truth, yes, but then I also perceive truth has already been passed to us – we already do have the Urantia Book revelation. So why do we need you to tell us this new truth?

HAM: Son, every person has different spiritual leadings – different things that they can identify with and which they can relate to, which will help that person on their path. You may not need a Teacher; you may not want a Teacher – and this is fine for this is your path. You, yourself, must decide what you need and when you need it. There is no one to decide this for you. Is this helping? (Reply: Yes.)

QUESTION: Ham, I can assume, as so many people would say, that this ‘method’ of communicating to us has been chosen for the Teachers to come through. You know we all have the same Urantia Book, we all see the same words on the same pages. But this method (the transmission and receiving process) is so fraught with errors on the part of the mortal transmission-receivers, and it creates great skepticism among the people. Why should such a method be chosen and approved for bringing the words of the Teachers at this time?

HAM: All truth, as it is imparted to the material mind, contains varying levels of what you would perhaps term ‘error’ or impurity. There is no perfect revelation, no perfect teaching method, aside from your own personal experience of God. It is our desire that you each should learn to perceive truth with the morontia soul so that all the mind errors and problems will simply dissipate. The sensory mind can be somewhat eliminated, but not completely, because you are mindal creatures and the mind is always present. You, as humans, tend to believe what you see with your eyes and doubt what you feel with your heart. We desire the opposite – to believe what you feel with your heart, with your soul, and doubt what you see with your eyes. Faith means to believe in something so real that all the evidence, all the sensory evidence to the contrary, cannot dissuade you from the truth that you know within your soul. So you must discern the words of truth with the method that can best do that – with your soul, with your heart, with your morontia being. Is this helping? (Reply: Yes. Thank you.)

QUESTION: Ham, there are some of us who have trusted enough in the personal correction process that we have allowed ourselves to utilize, to the best of our abilities, the assistance offered. It occurs to me in my discussions with other individuals, who have also experienced profound changes in their lives, that it is a very individualized process that occurs. The Teachers work with the individual in the place/circumstance that they are; and the individual chooses what errors, what perceptions, need to be changed – in some cases, faultingly and unknowingly; and in others cases, they are calculated. I look at it this way, ‘This is where I am now – so for now, this is what I need to know.’ Would you expand upon your approach to working with the individual; and what you would call, ‘personal correction,’ or what we have come to call ‘personal correction?’ Thank you, Ham. Thank you for your great assistance in my own life.

HAM: Certainly, daughter. What you term personal correction is simply recognizing ‘what are obstacles to love.’ Everyone has obstacles to receiving the full, the complete, love of God. I dare say, if you were receiving the full and complete love of God you would be fused – yes, fused. What we desire is to simply help you recognize the places where you are not receiving love; where you have fear of receiving love. Sometimes you, children, forget that love is a powerful force. Love is not something light, something ethereal – it is a powerful spiritual reality. And

as you interact with love, love changes you; and we simply try to help you cope, to help you understand those changes that are occurring. We do not change you. Love changes you. Love changes everything. That is all. Is that helping? (Reply: Yes.)

QUESTION: A quick question: I don't know if this is addressing you or not: Some people might wonder why Rebecca wears a bandanna over her eyes. Is that something you require? or is that something that is a benefit to her, personally, in her role of transmission-receiving for us?

HAM: I believe it is to aid Rebecca's concentration, nothing more. (Reply: Thank you.)

QUESTION: If I wish to receive a Teacher, does that necessarily mean that in any way, shape or form, that I would also have to be involved in the 'transmission and receiving process' - to learn those techniques? Or is it simply a matter of having a recognizable but unseen personality who is here to help, in addition to an individual relationship with God?

HAM: Son, there are no requirements. This is not boot camp. However your relationship with your Teacher evolves - however you are comfortable with your Teacher, is wonderful for the Teacher. The Teacher will accommodate you in your needs; it is not for you to accommodate the Teacher.

QUESTION: Ham, I sometimes think that instead of a 'Teaching Mission' you should have called this the 'Therapy Mission.' [laughter.] I don't say that to be sad about it, but that it helps so many people, as we all. My real question is: What can you do for those of us who participate, to help us overcome our insecurity and defensiveness? Because others do not agree with our participation in the Mission, we often seem insecure and defensive with others. How can you help us to overcome this, to reach out and accept those who do not accept this? For I would think, as you just expressed so well, that in loving our fellows - that would be the ultimate goal; and that is what you would want.

HAM: Yes. Most of the teachings of the man Jesus, were to go against the natural inclinations of man. When you are rejected, it is most natural to feel defensive and feel afraid; to feel uncertain. But the Master would say: "Go boldly forth; proclaim the good news as you know it to be true. Sometimes your seeds will fall upon fertile ground, and there are times the ground is not prepared to receive it." Yes, this is nothing you can control and, is nothing you should control. Understand that your duty is simple, yes - to love one another; return good for evil; return love for fear; return gentleness where there is a harsh word. It is difficult at times, yes, and no one said it would be easy. But you are making progress, yes, fast progress, son. You know this, and everyone who knows you also knows this. That is all.

QUESTION: Ham, I am interested in hearing your assessment of the progress of the Teaching Mission up to this point; and, your assessment of the progress since the birth of the Fifth Epochal Revelation up to this time. Also, your thoughts about potential dangers that we might anticipate that might be coming towards us in the near future - that we might be better able to deal with such with your forewarning?

HAM: It is not up to me to evaluate or assess the progress of the Teaching Mission. Those who do monitor these things tell me that everything is going according to the Father's will, to plan. Be unperturbed, be unworried. Find peace in your heart that all these things are as they should be, for they are truly in the hands of God. I am aware of your human striving, your human struggles – and this is natural; this is all part of being a mortal on this world. Love each other as we love you. Show each other your love as we show you our love – that is what is important. Nothing else will change the world.

QUESTION: You state very beautifully the power of love and how it will change people's hearts. And, that love has the potential to change the world. Is there also within your understanding of the power of love – what we would call 'tough love,' of naming or labeling injustices and wrongs?

HAM: Of course. As you ascend in your spiritual journey it becomes easier to distinguish truth in its higher forms. And, it is also easier to distinguish 'error' in its many forms. To fight on the side of righteousness, on the side of goodness, is always a noble battle. Be at ease, for you do well, daughter. You are greatly loved by more than you will ever know in this life. That is all.

QUESTION: Ham, I thought I understood you to say earlier that there would be one Teacher provided per person – is that accurate? Considering that I am with a Teacher in a 'group' format, does that mean I also have a personal Teacher as well?

HAM: Yes, daughter, you do have a personal Teacher as well. Absolutely. (Reply: Thank you.)

QUESTION: Ham, at this point I don't see any further questions. I guess my only thought would be if you could leave us with some last thoughts this evening? Perhaps you could give the essence of what you want the people to take from here tonight? That would be greatly appreciated.

HAM: Certainly. If in the days ahead you could open your hearts a little bit more every day to receive the Father's love as it continually pours out upon you, you will be doing the Father's will. That is the essence of my lesson tonight. The Father's will is the Father's love; and receiving the Father's love is doing the will of the Father.

You all are beloved. You all are precious. Go in peace. Go in health. And children, find the emotional security to love yourself and one another as we the Teachers love you. That is all for tonight. I am profoundly grateful that you have come to hear my words. May you be at peace, and go in love. Farewell.

Is Our Statement Of Faith: `Father, It Is You That I Serve`

Abraham, WOODS CROSS GROUP 08-16-1999

Back

I am ABRAHAM. Welcome. I know of the adjustments you had to make in order to be here. Your dedication to our purpose is well known and I am inspired each time we meet, yes.

When you smile at a stranger for the purpose of spreading cheer, your answer to the question, 'Whom do you serve?' is clear. When you take a moment to visit with a child for the purpose of letting the child know they are of importance, it is obvious who you serve. When you take a moment to care for the earth and your environment, it is apparent that you care beyond a level of self-serving.

Yes, your life that you live each day is an act of expressing who you serve. Your intentions to help beyond what may be gained is a song of worshipful gratitude to your heavenly Caretakers. Those times when you have set aside material responsibilities to promote spiritual wellbeing is a statement of faith that says:

- I serve God our Father because His goodness to me makes serving Him my deepest desire.
- His devotion to me comforts me when I am in turmoil.
- His love for me is a substantial reality that I can find nourishment from.
- Father is the one constant reality that I can depend upon.
- When all things fall short, Father has lifted me.
- When I have stumbled in darkness, it was my almighty God that lit my path.
- When I sat on the outer edges of loneliness, Father sat with me.
- I am in Him, and He in me. He is my source for truth, beauty, and goodness – that is why I serve Him.
- I am not forced into serving such a beautiful Creator of all that is because 'without Him, I would be lost,' no – although this is true.
- I am not serving Him so that I may gain, no – although I do.
- I serve Him, my Father, because His belief in me has brought about my reality.
- His love for me compares not with any other love.
- His loyalty to me is unmatched anywhere and I can receive this from no other being.
- I cannot find one other who is so beautiful, intelligent, perfect, and all-knowing – who loves me as if I were His only son, His only daughter, yes.

Having answered the question, 'Whom do you serve?' the other questions seem quite simple. The overall plan of Father is laid out before your eyes when you have answered that one question.

Many in the world today find unhealthy attachments whether it is to people, money, or mind-altering chemicals. Many individuals who do not know our beautiful Father find an emptiness that is endless, to which there is no relief. The constant reaching for various 'things' is simply mindal torture. The emptiness is realized in the unwellness you can view before your eyes in everyday living.

The disharmony between individuals is mostly due to the fact that they cannot answer the question, 'Whom do you serve?' Can a world survive on serving self? or being slave to those things that provide temporary satisfaction? I think not, no!

Granted, your handicap of dwelling in the mortal flesh prevents you from fairly apparent understandings of spiritual realities – but the experience in the flesh is what provides the understanding of Father's complete goodness. Slowly and little by little will you find any emptiness to be filled by Father's presence as you can

increasingly answer with more certainty that, 'Yes, Father in heaven, you are who I serve.'

The time has come for this question to be answered throughout the Teaching Mission; the time for meandering back and forth on this commitment is coming to a close. Michael has need for His points of light to live their lives as they have answered the question of 'Whom do you serve?' You are beginning to live as if your answer is: 'Without a doubt, to the innermost consciousness of my fallible being, I serve God, the Father, yes.'

That is all. I am asked to leave you with thoughts of awareness towards a spiritual renewal of sorts. Be conscious of Michael's Spirit of Truth. His presence is a drink from the well of new life, yes. Until next time, shalom.

The Seeking Child Serves Father Who Is In Heaven | A Day In The Hills With Michael, Our Bridegro

Abraham & Michael, WOODS CROSS GROUP 08-23-1999

Back

I am ABRAHAM. I am happy to greet you once again, yes. I have been experiencing this week a spiritual renewal of sorts. I have been recommitting to my Source of all that is true, beautiful, and good. I am in awe of Father's ability to father me so well. It is quite simple for me to answer the question, 'Whom do I serve?' I could not, however, have been this successful in my spiritual renewal had I not relied upon those heavenly Caretakers as would a little child.

Having gone this far in my spiritual career I am able to find within myself, true humility. A humble heart and seeking mind does enable one to be as the small child. A proud and self-exalting individual may not meet with much success in spiritual comfort and renewal, no. Even those beings who are on high in Father's kingdom still find themselves as the seeking child. The seeking child is requesting Father's love and watchcare. The seeking child is finding knowledge, solutions, and confidence to brave this mortal life, yes.

Is the ability to find within, a true humility - in you? Are you that seeking child? Come with me my friends, let us be as little children:

MICHAEL: I am here. I am your Brother/Father. I see you, my children, and my heart is full. I am understanding each one's heart and mind. I am knowing you as a parent knows their child. I sense your deepest desires and fondest hopes. I know of your struggles and regrets. I see your path with clarity, and I can help you run the course.

I have known what it was like to answer the question of 'Whom do you serve?' In my mortal career I can surely pinpoint the exact moment when I needed not further ask that question; it was definitely clear and completely natural - there was no other to serve, other than, 'My Father, who is in heaven.'

Allow me, your Friend/Brother/Father, to assist you in this natural transition of living - as if there were no other answers to the question of 'Whom do you serve' than, 'My Father, who is in heaven.' Remember my promises made to you. Remember my

commitment to you. Ponder upon my belief in you.

Spend a day in the hills with me. Be at ease to take what I offer to you as spiritual nourishment. Allow me to show you the goodness that still lives in mortal life. Release yourselves from the burden of the world's negativity. All that is bad cannot simply disappear, but you can allow me my place in your hearts to strengthen you so that what is bad cannot break you, but teach you to bend.

I am the Bridegroom and you are my bride. I vow to love and honor you. I promise to guide and uphold you. I will help you to help your fellows. Together we will usher this world into an age of goodness, light, abundance, hope, spiritual health, and truth. Our marriage is not one that is only to share the joy but to uphold and carry on through the bad.

Allow me my place at your side and know that we are unified and in service to the same wonderful Father in heaven, yes. I live to glorify one who has upheld and loved me with a love that is, was, and has always been. My love and peace go with you. Carry on.

I am ABRAHAM. How can one not be completely in love with such a Brother/Father? How can one not be made new or changed by His enduring presence? How can one not receive His words as a little child and not be made to feel cared for, or so loved? Yes. Our gratitude is with you, Michael, for your words are renewing, reassuring, and reconnecting us to the First Source and Center.

Go this week, my friends, as the little child; and in your humble walk know that our Master walks with us. Know that in your ability to serve our heavenly Sources, all else is well-cared for. Be aware of our beloved Spirit of Truth to pour Himself upon you as a baptism of renewal, yes. As always, my love is with you. Until next week, shalom.

Where The Spirit of The Lord is, There is Liberty - Understanding
Abraham, WOODS CROSS GROUP 08-30-1999

Back

I am ABRAHAM. Greetings. It is so apparent that the spirit dwells among you. You are allowing, and that is creating liberty - 'Where the spirit of the Lord is, there is liberty,' yes.

As these weeks go by it is becoming more obvious who you are serving. This dedication is indeed, life-changing, growth-promoting - and at times, confusing. You are seeing strength in yourself where it was not before. You are feeling on a deeper level.

In your efforts to answer the question of 'Whom do you serve?' you are receiving such spiritual rejuvenation; you are inviting Michael to walk before you; you are committing to be as the little child - open, and with true humility. Yes, 'Where the spirit of the Lord is, there is liberty.'

In your commitment to serving the First Source and Center you have invited God in on a personal and intimate level. Your closeness with Him creates a sense of well-being, a 'balance and freedom' in that the sense of unfulfillment (or

emptiness) goes from you. The worries and 'fears of loss' or loneliness, dissipate, for His presence has brought you liberty.

Yes, Father's presence has brought you comfort in knowing your true source of origin; and, that you are indeed endowed with power from on high. I do not dangle these truths as 'carrots' to entice those who would perceive the spiritual life halfheartedly, no. I mean to share these truths with you who have already expressed in your daily lives, the answer to the question of 'Whom do you serve?'

Those habits you perceive as weaknesses or unhealthy attachments become small, for you are liberated by the spirit; you are strengthened by the Source of all that is true, beautiful, and good, yes. Those daily material fulfillments you seek become as though they had never been lacking when you are serving the one true Source of all - and that is soulfully fulfilling, yes.

Those individuals that had made you to 'fear should you lose their love' become looked upon as just part of mortal life experiences. Such mortal life experiences are meaningful, yes, in that they can teach you spiritual values. But these experiences are only in passing, only temporary; they cannot make or break you. You begin to relinquish your ties to such individuals in favor of allowing life-experience to simply unfold. You fear not loss, for the Source of all fulfillment has been invited in.

You can see, that to serve things or people in mortal life is, in a manner of speaking, enslavement. I am saying, if you fear loss - and then should you not serve these mortal things or people in an "acceptable" manner, this then becomes to you a negative definition of service; this is enslaving you, captivating your energy or attention, taking the focus off the kingdom of heaven, and causing you to feel the unfulfilling emptiness that plagues so many individuals.

When you have answered, without doubt, the question of 'Whom do you serve?' and your answer is clearly, 'I serve Father, the First Source and Center,' then are you endowed with liberty, strength, and confidence to live your life as a reflection of the Master himself.

How much more can you be of service to your fellows when you are without fear of loss, without the burden of worry - knowing full well you receive all you need from Him who has laid out the universes and dwells within every square inch of each. We are in Him, and He in us - there cannot be more cause for worshipful rejoicing than that.

This week, in your practice of being the little child who is with allowing openness and true humility, note what Father has to show you. Be not surprised at the strength within. Be not surprised at the dissipation of fear and feelings of un-fulfillment. Be aware of 'Where the spirit of the Lord is, there is liberty.' My love is with you. Until next week, shalom.

Do I Serve For Father's Glory Or For Some Personal Reason

Abraham, WOODS CROSS GROUP 09-06-1999

Back

I am ABRAHAM. Greetings, and welcome to you. I have always looked forward to our weekly meetings. I can monitor and assist throughout the week but when we can meet weekly, we are devoting conscious thought to our overall purpose; we are unifying and understanding the spiritual life to be more than just formalities and empty study; we can see more of one another through sharing experiences; we can correct and heal.

To serve our Father, we commit to living our life as to glorify Him. We are committing to living our lives as a song of praise to those that created us.

A man can say: 'I serve only one master, my Father in heaven;' and yet, his reason for serving could perhaps be to maintain good standing with Father, or it could be to receive praise from his fellows. Such a man, who seems to be dedicated to serving our Father, may not find close intimate connection with Him because his intentions for serving are not aimed at glorifying Father. If you are truly serving Father you can honestly say: 'I live my life in this manner to show forth the presence of a living God.'

Can you say: 'I raised my children up to show that the Spirit of God is living among us so that it may serve those who are in need? Can you say: 'I toil daily to bear witness to the fact that I am a firm believer in a divine power?' Or, is your statement: 'I toil for money and blessings from heaven so that I can live an adequate material life.' What is your answer: 'Do I really serve Father by the living examples I put forth, or do I serve another?'

Father seeks not to be glorified and given praise as if He were a King, no. He does seek, however, your pure intentions and ability to focus on those spiritual truths that will see you through on your path to Him. If you are enslaved by serving another, does this show you are a believer in a spiritual source? Do you live your life as a message to others, showing God is present and a consistent reality?

When you are serving one master – being God, our Father – and feeding off the energy of liberation and having a strong spiritual connection, do you not live as a show of gratitude to Him who is the source of all fulfillment? How can one know the tender ministrations of our Father and not live their life as an appreciation for all He has done! You can measure your thoughts and actions by asking the questions: 'How does this glorify our Father in heaven?' 'How do my actions today show that Father is real, living, and active?'

Are you in understanding of the continuous watchcare from those who sit on high that help you to seek the deeper meanings – who make effort to teach you those divine laws that will carry you through your spiritual career? 'I am made small when I realize that my efforts to glorify Father are pale in comparison to all He does for me.' – and simple as this may be, that is what Father requests you to do so that you may become more conscious of His presence, His love, His watchcare.

Such dedicated children in the kingdom of our Father--students of His divine watchcare through His spiritual caretakers--can truly say:

- I find it natural and easy to live my life as a song of praise to one who is so understanding of my ways and loves me regardless of the good or bad.

- I find when I can live my life as if to show who I adore, my connection with Father is made stronger and I fear nothing.
- I fear not loss, for I am in Him, and He in me.
- I am aware of His presence.
- I am in tune with His immediate counsel.
- In His presence, I fear not loss, loneliness or adversities.
- Because I am liberated to act from the spirit, the spiritual life is more natural and I am filled with a sense of well-being and belonging to the Father of all fathers.

This week, attempt to live your life as if you know our spiritual caretakers, personally. Live as if they surround you on all sides; be liberated in their presence. Live your daily happenings as a glorification to our Father. Toil as if you worked side by side with Father, with the Master. Serve Him as He serves you – with an unshakable loyalty and faith. In your liberation, know that you can make spiritually sound decisions – not from a standpoint of fear of loss, fear of loneliness, or in lack of contentment or comfort, no, but because you are truly liberated.

This week, my friends, focus on worship. Understand that in your adoration of Him who is the Creator of all that is, you are also adored and held in the arms of the Source of all that is fulfilling. Watch your attitude go from apprehension or holding back, to liberation – feeling the exhilaration of moving forward.

Next week we will hold worship, but during the week ponder and study individually on ‘worship.’ As always, my love is with you. Until next week, shalom.

Give Praise And Thanks To Father | Worship, The Joy and Peace From it Cannot Be Contained

Abraham, WOODS CROSS GROUP 09-13-1999

Back

I am ABRAHAM. My greetings to you. Thank you for coming. I find myself taking time each week to give gratitude to Father for knowing each of you and for the time we spend together, yes. I am always at ease to be with you for your graciousness is always in abundance, yes.

This week we will hold worship. Know that we worship not alone but with vast celestial beings that will add to the brightness of the glorification to our Father, yes.

As we settle in, let us ponder upon the faith of a little child:

- How trusting is a little child that he would find vision enough to have such faith in something greater than he?
- How open and enthusiastic is the little child that he finds excitement in communing with his Father in heaven?
- How humble is the little child who knows not the universal truths, values, and meanings, but finds great comfort in knowing the One who does?

My friends, let us be as that little child and give thanks and praise to our Father:

Father, we know that you see us. We know that you hear us. We know that you know us. Assist us in laying down our burdens of today. Assist us in forgiving those that

have slighted us. Help us to remove our cloak of self-protection and defense. We each stand before you as a little child.

Father, we remember how you have sustained us in all our trials. We remember, during the darkness of loneliness you came to us. We remember how in a moment's time you assisted us in avoiding catastrophe. Father, we remember you upholding us in our times of weakness. We remember when your presence strengthened us to persevere and follow through with things difficult.

How small we are, in reality. How patient you are in your parenting. Even in our smallness you lead us to feel so loved as if we were your only child. We ponder upon your greatness in executing your divine plan. We cannot envision how you follow through; we only know you just do.

You have not ever deserted us even when we were on the brink of darkness. Ever are you the loyal Parent who sees us through to the end. Magnificent are your abilities to carry us when we are weak. Powerful is your love that leads us to stay faithful and true to our fellows as well.

How blessed are we that we should be in your presence. How loved we feel when you involve yourself in the things trivial concerning our lives. You are our Sustainer in all things. Even when your parental guidance calls for hard lessons, your parenting is constant and unchanging. Never do you waver on teaching us those things that guide us to you.

We have only to offer one so glorious, so loving, and so powerful, our praise and thanks. We have only our commitment to the doing of your will in return for all your assistance, guidance, and companionship. We have only to offer you, our Most High Father, the dedication to showing forth in our daily lives that we know you, follow you, and adore you.

We all sing praises to you, our Father, with one voice; be it small and humble, it is with the utmost sincerity, yes. Our wonderful Parent, allow us to return to you the love you have given us. Allow us to be more conscious of your presence. Allow us to be more familiar with your greatness. Allow us to be fueled evermore by your love.

We are committed to living our lives as a song of praise, for we are in gratitude to you, our most loving Father. Know that we know you are there – that you care, you guide, and you teach. There is strength in us where it was not before. There is liberty in us where there was not before. There is hope in us where there was not before. Accept our humble thanks. Our love, faith, willingness, and loyalty, is with you always. Amen.

How powerful is worship that I am made new each time I can look away from myself, to Him who upholds me. The trials of everyday-living are made smaller when you can remember those blessings Father has already bestowed upon you. Remembering the goodness in your lives for which Father is responsible, expands your connection to Father, allowing for transformation – transformation of mind, and clarity to perceive those solutions that were not apparent before.

In worship, we are self-forgetting and Father-remembering. In worship, we are bare of all the exterior influences that mortal living brings. We are liberated for a time to reflect on those lessons Father gives. We are made to connect with a truth that there is nothing that Father doesn't know about us – and still He stands by us with such loving devotion and faith in us.

In worship – be renewed; know that all that has gone before you is just mortal experience, something to find meanings and values in; something to learn from. With worship, there is always a fresh start on life. In worship, the mind is cleansed from the harsh realities of living; the soul is refreshed and energized to carry on. Worship invades every area of living. The joy and peace from it cannot be contained; it is bound to spread among those you know or come in contact with, yes.

This week find a moment to be outside of your everyday difficulties to be worshipful. Feel the newness of life every time you worship. Know that your connection made with Father is a step in spiritual, practical, and sound thinking. As always, my love goes with you. Until next week, shalom.

Worship is The Doorway to a New & Better Age

Abraham, WOODS CROSS GROUP 09-20-1999

Back

I am ABRAHAM. Greetings. What a beautiful display of faith and willingness to participate, yes. Your desire to do your best is evidence that you are indeed serving our Father. How beautiful it is to see our fellows go beyond themselves to giving all glory and honor to our Father. Worship is the doorway to a new and better age.

How can such insurmountable problems be overcome in this society today? The answer is simple: By having the faith of a little child; being small enough to enter into the doorway of worship; allowing Father to teach – and, your glorifying His teaching by living His example in your everyday lives.

Worship brings a beautiful balance between the mortal and divine. The animal tendencies are transformed into a productive divine energy when you can step aside from yourselves to find Father and His greater meanings and values. Your vision extends beyond this mortal life to eternal realities when you can be made small and recognize the power and love of God.

The evolutionary worlds of time and space know not of their expanding influence in the universe – how the Supreme Being can be made to grow and change when worlds are made to kneel in humble admittance to the fact that they do not have all the answers; how the universes upon universes are made to change when even small groups reach out in faith and support Michael's cause.

In having died to the old ways and taking up the new, there is certainly material changes made also. In worship, we are renewed in body as well as mind and spirit. Physical changes do occur with such a positive activity – physical changes on an individual level as well as a planetary level, of course.

Father is waiting enthusiastically for His children to reach up. He finds it His supreme joy to commune with each child, personally. How blessed are we that He should love and care for us! How powerful is worship that we can create such positive changes that resonate all the way to the Supreme Being, yes!

Most mortals, having experienced adversities that would leave them hesitant to trust a higher source, would perhaps be beaten down by life's circumstances. Many mortals who experience physical and mental illness would have a negative outlook on this mortal life. They would perhaps find no cure for what ails them. Many mortals who experience physical/chemical addictions may find their weakness overwhelming and not with hope of recovery without a greater and more powerful source.

Worship brings us a connection in which we are changed – physically, mentally and spiritually; there is strength to endure those daily events that would seem to break the average mortal heart and mind. There is an everyday healing that would bring shock to the average mortal. There is power in relinquishing those things that have held you.

In worship, there is hope and sound solutions to everyday problems. It is our hope that worship will bring the world's people to change their point of view from, 'how the world is so bad' to, 'the world is getting better, how can we help?' Yes.

This concludes our lessons on worship. Still find time in your daily routine to acknowledge the beauty Father has put before you. Still maintain your childlike faith; and in all things have the attitude of living for the glory of our Father in heaven. Commit to Him daily, telling Him who you serve. In the coming weeks we will focus on strength and endurance – being able to persevere and face all difficulties with the courage of the Master. We will discuss self-discipline.

It is well known that a child would rather flee from things unpleasant and fearful than to face them with unknowing. It is evident in your society that various forms of diversion are created in order to feel liberated from life's daily grind. Forms of societal opiates are becoming popular as everyday-living people are wondering 'what are life's meanings about.'

It is indeed difficult to take the punishment of everyday-living with a smile – this is understood. Our upcoming lessons will teach you strength in standing strong in mind and faith; to learn to bend and not break. The Master's living example was such an inspiration for us each.

How can one take life's punishment and not become weak, embittered, angry, depressed, or hopeless! How did Jesus, the man, live from day to day with strength, trust, and encouragement to others! How could He accept life's disappointments without wanting to give in or being broken by them! Yes, ponder upon these things during the week. Have discussion in your next meeting.

I can say each week when we meet, I am made to worship our Father for His overall watchcare and allowing me to be here with you. Again, and as always, my love grows more for you each time we meet. Until next week, shalom.

How do You Perceive Your Difficulties | Spiritual Lessons Are Realized Through

Mortal Adversities

Abraham, WOODS CROSS, UTAH

09-27-1999

Back

I am ABRAHAM. Welcome. How I am changed by knowing you. How I am filled with inspiration each time we meet. I am in complete understanding of your mortal state and I know the difficulties mortal life brings. Hardships are difficult enough when you are made to go without apparent proof of spiritual reality. I find you each to do well in your mortal state. I am uplifted by your courage to carry on.

Mortal living can bring many disappointments and crushing blows to the spirit. A man may perceive his adversities to be a chastisement from God. He may believe he has somehow earned his misfortune. He ponders on what he could have done that deserves his adversity? What could he have done different? How could he turn the tables in his favor? How might he escape this bitter reality? Yes, a man with this outlook is likely to become greatly discouraged, embittered, and hopeless. His perception is narrowed to fit his one-dimensional thinking. This thinking recruits the spirit poisons, and difficulties that were not that bad are now made worse.

Another man who is experiencing life's brutal difficulties, may look to his Father and ask: 'What is the meaning of this, Father?' This faithful man may perceive this to be a lesson in acquiring spiritual fruits. He knows that in his mortal state his difficulties are only landmarks upon his eternal path. His difficulties are steppingstones to higher learning. His broad vision allows him to go beyond the ego to an overall good that serves everyone. This man is observant in watching Father work within his problems. Using the stillness mind, he is open for Father's suggestions and solutions.

Yes, man can perceive his difficulties without fear, without unknowing or even loneliness, for he knows Father has promised His assistance. In learning to remain steadfast in faith and persevere through difficulties, it is important that you perceive your mortal life as if you are standing at the beginning of all eternity - because this is so. These mortal problems that plague you today are exercises in which you become strengthened by to advance, spiritually. There is not an escape, you see, for there is not a way to advance without having these experiences which strengthen those spiritual muscles.

In learning to carry on, one must be aware of how you perceive your difficulties. Is Father the cause of your difficulties? No! Is He available to show them to be valuable? Yes! Is He showing them to be with meaning? Yes! Are mortal difficulties 'a frown from heaven' - or, 'a lesson in spiritual advancement.' Yes, it's all in how you perceive your difficulties.

Each day, you stand at the beginning of eternity, yes; and I say, expand your vision and embrace the entire view. Do not cheat yourself by decreasing the view to ego-size or allowing the spirit poisons to make worse what is already seemingly bad. In the midst of your difficulties, what can you do to repel the spirit poisons--like self-pity, anger, or depression--from setting in? Certainly, worship and prayer are extremely helpful. Stillness-time is a wonderful asset, of course.

Yes, to be observant, refrains you from acting out using those spirit poisons. Being

watchful, as if you were beside yourself (observing yourself), is a benefit that the Master used quite often. Jesus, when confronted with adversity, did not scream out in panic or make foolish and rash decisions, no. He stopped and consulted with Father – what is the meaning of this? How do I endure through this?

It is difficult, I know, to be patient in these mortal-living trials. But to act out upon feelings of anxiety only draws you closer to those spirit poisons. In your practicality is where you can be faithful that Father will show you how to make good use of your adversities? He can show you how to take those feelings of despair or anxiety and put them to work in a spiritual way.

Can you perceive your adversities as steppingstones to higher learning? Can you broaden your vision to perceive an overall picture of Father's plan? Can you be beside yourself and be observant? The mastering of these techniques will surely lead you to understand the true meaning of strength and endurance.

The Master's difficulties on many occasions left Him in great emotional distress. Of course there was His divine stamina ever standing by – but on many occasions His human heart felt that destructive torture that every mortal must experience. Was He emotional at times? Yes, of course! Did this serve Him? Yes, certainly! it was a release of His human will towards embracing His divine will.

Your emotions are for a reason, hide them not; allow them to release and know that there is not a tear that you can cry that Father does not know the meaning. The spiritual lessons every soul needs to learn are not mandatory as to be all a part of the mortal world, no! but there is no escape from them either, in time. Yes, sooner or later we all must have our spiritual lessons, and I say, these are best derived and realized from the mortal struggle. Even the Master experienced great emotional release in the laying down of His will to taking up the Father's.

Be not afraid to discuss with one another these mortal trials. Be not afraid to allow your emotions to release the human will to aligning with the Father's. When you become comfortable with the divine will, and how it affects you personally, then your trials are not so big; not so overwhelming. Yes, you can find strength from that Source within – the Source of all strength. You can master your difficulties, yes, and not be enslaved to them when you are in alignment with Father's will, and wholeheartedly willing to drink the cup of 'come what may.'

This week, I ask that you find a bit of time to write your thoughts on where you stand concerning this lesson. Are you like the first man? or more like the second. Is your vision broadened to see into eternity? Can you not react in a rash manner without first being observant and waiting upon the will of the Lord? The working out of your human thoughts may take some time alone with Father. To be emotional is not weakness, but a slow transformation of will, yes.

That is all. I am ever growing each week in love for you. I am happy to visit with you during the week. In your observance of life's challenges, look for me, for I am happy to assist you with your daily questions. Until next week, shalom.

Learning to Drink The Cup With Grace | Abraham Shares Plight of His Learning to

Drink The Cup With Grace | Abraham Shares Plight of His Cancer-Friend/Student
Abraham, WOODS CROSS GROUP 10-04-1999

Back

I am ABRAHAM. Greetings. I am so appreciative of your conversation on this lesson. It is helping me to minister to one of my students who is learning to drink the cup with grace.

My student and friend was a hardworking loyal and dedicated employee. He was a wonderful and thoughtful father. He was a loving and caring husband. He almost never missed church service on Sunday. He embraced Father's high ideals and did his utmost to live by them.

Approximately one year ago he was diagnosed with a fatal form of cancer. The surgery did little good. The months of chemotherapy and radiation only prolonged his agonizing pain. He is now most definitely financially ruined. It would appear that all that he had worked for was in vain.

This man most certainly worried about his family's well-being for it had been quite a strain on them. His physical pain had literally put him at the brink of insanity. At first, he asked: "Father, how could this have happened? Was I not a loyal son? Why would you punish me in this way?" His physical pain had made him to scream in anger at Father and make either promises, or threats to Him, in exchange for painlessness.

My friend's wife also wondered at their plight. Her endless hours of caretaking had taken its toll on her - mentally, emotionally, and physically. As well, the children have had their days bound in fear and unknowing at their father's pain; their emotions poured uncontrollably as they tried to come to terms with their situation.

Mental acceptance is setting in, yes, and yet this is still not enough; there is still such restlessness at times. Should this man not have moved into a higher-mindedness he would have been cheated out of a grand spiritual advancement. As he is now within the realms of reason, he is asking God for logical answers - and in this, we rejoice. Father is not punishing him, no. This, a typical experience of so many, is the results of an imperfect time-period in history; this is a part of life, yes, in which many do experience.

Should my friend die embittered? Should his family live with the regrets that their loved one's death was just one of life's hard knocks? No! for as a result of the hard knocks the family has united in a spiritual quest for value and meanings. The man is grateful in every living moment he has left. He imparts his wisdom to his children where he can. He teaches them of the life beyond this life. He bestows upon them his faith and enables them to be participants in life, as well as death. He empowers his family to take value from this experience and minister to others.

My friend has made a great deal of friends in his community. He can teach and show his faith in Father's abilities to provide the glory and victory over all things, even death. He can look at others with illnesses and know their thoughts, understand their plight. He can touch the lives of those who are hopeless because he understands hopelessness. He can teach endurance for he has endured great pain. He

can exemplify patience for he has been made to wait incessantly.

This man's sensory awareness has increased many-fold for he knows his days are running out and lives each moment to the fullest. He has learned within one year what it might take others a lifetime to learn. He has seen the victory in his adversity. He has watched Father bring value out in everything – that even in his pain there is a process of finding and accepting the Father's will. He can blame Father, he can even be angry at Father, yes – but in all this, Father patiently awaits the passing of these random emotions to a stage of reason wherein He can be by the side of His child and provide love, comfort, and answers.

My student/friend's wife and children are now being encouraged by their loved ones' brave example to carry on. They can go forth to find reason, meaning; and be comforted by the fact that this terrible plight is all being made to work for the glory of God and the overall good of everyone involved.

In His last few mortal days Jesus did, on a most personal level, understand such an experience to its fullest. He had to allow the personalized Adjuster to sustain Him for a period. In these moments of pain, there is naught else to do except reinforce your faith by prayer, worship, and being observant.

As our time draws to a close, I would ask that you put into writing, a prayer – a letter of sorts to my friend/student who will shortly be leaving this mortal state. What have you learned from him? How can you also utilize his experience to help others? My love goes with you. Until next week, shalom.

A Commitment To Drink The Cup Brings Out Father's Adventure

Abraham, WOODS CROSS GROUP 10-11-1999

Back

I am ABRAHAM. Welcome. You, my friends, are such a wonderful and well-balanced part of my spiritual diet. Each time we can meet I indeed feel strengthened and nourished. I also thank you for the beautiful prayer, yes. Your good thoughts are well received. You are understanding this lesson very well. Your completed assigned work is strength-promoting and faith-uplifting. Thank you.

When the Master walked the earth in mortal flesh, He experienced human living to its fullest. Many times did He reconcile Himself to drinking the cup. Even when He knew the cup was bitter, He wanted to drink it for Father's sake; Often did His human mind resist and fight His divine side for freedom from experiencing life's painful events, yes.

The Master was close enough to Father to want with all His heart to please Father. Jesus' love for Father strengthened Him to desire to do His will. He experienced apprehension, confusion, even some fear – and yet the bond with His Father in heaven was strong enough to find strength to overcome.

The Master's human side also sought escape at times, just as all mortals do. The unknowing of the cup may seem an opening of the door to things you might expect to be soulfully crushing. Father knows the contents of the cup and can guide you and fill you with the courage you need to drink.

Yes, your close connection with Father allows you to know Him and love Him unlike any other you have ever loved. Your love for Him can help you to choose His will. It can move you beyond doubt or seeking escape, to looking forward to what Father has in store for you. Father's ways are practical and yet, adventurous. They are knowledgeable and yet, arduous. His ways are the ways of a true and loving Father.

My student/friend dying of cancer (last week's lesson) continues to uphold his highest ideals while facing his adversity. The lessons are in abundance, and with speed. His pain is still present and yet, his joy is magnified. He has moved closer to Father than ever. He seeks not escape, and chooses to drink the cup with grace due to his deep love for Father, yes.

In learning strength and endurance, adversity is our greatest teacher. Choosing to drink the cup of come what may, and not escape or bypass, is a commitment to Father's adventure. An individual needs not accept the fact that they are too ill – and that they are with terrible adversity that is more than an individual's ability to accept Father's cup, no. Doctors or other advisors may have their say, but in the end, it is Father's counsel we go by. My friend accepted the fact that he was sick, yes, but allowed not his thoughts to promote the sickness to extremes, no, for he had turned his will over to his Father.

Jesus was also in knowing that the cup He must drink concerning His departure, was indeed bitter; He did not wish to experience death in this manner, but He had also come to terms with His Father's wishes. He allowed not His thoughts to promote anything but light and goodness, yes. Jesus could very well have fought His tormentors. He could have prolonged His agony and given those who persecuted Him cause to keep torturing Him and to believe what they were doing was right.

Jesus indeed drank the cup with grace, ministering to others up to the very end of His mortal career, yes. He chose to be within the Father's will. Not for one minute was He in judgment of Father's ability to comfort and to provide values and meanings. I would say that Jesus worked for the glory of Father in every situation. He asserted His abilities as 'Father's son' – to promote goodness to all He met.

Had Jesus chosen to escape the cup and lay down before His troubles He would have most certainly changed the destiny of His mission. Should my friend/student with cancer have chosen to give up, to turn inward toward self-pity and anger, he would have missed these grand lessons that Father had planned for Him. He most certainly would have not found the value and promoted good for his friends and family.

Jesus, and my friend, had chosen to actively participate in the drinking of the cup. The cup is not forced, no. You can choose to spread the highest good while you are having these experiences, yes. As mortals, you are not expected to be perfect while in mortality. Your anger and despair is understood. Your acts of rage are understood. Your self-'shutting down' is understood.

But know – as you choose to be within Father's will and drink the cup, you learn strength. You are comforted and shown those things that God knows. You are given the ability to demonstrate in your daily living what God has shown you. You are with

more courage, yes; accelerated lessons, yes – but the joy contained therein cannot be compared to any other joy you have known.

Next week I will take questions. This week, I ask that you ponder upon your commitment to Father's adventure. How do you play an active part in promoting the highest good while you drink the cup? My love for you grows each time we meet. I will be available to visit with any who desire. Until next week, shalom.

Spiritual Strength And Endurance | See Our Adversities As A Light From God
Abraham, WOODS CROSS GROUP 10-18-1999

Back

I am ABRAHAM. How I am touched each week by your valiant efforts to grow. In your sharing with one another there is higher thinking activation and a stronger bond between you each and us your unseen friends, yes.

In our youth, we believe that all things are possible. As we are maturing, we often think 'life is not as it should be.' However, my friends, I have witnessed many of your fellow elders who have lived a whole life and expressed that 'life was as it should have been.' Your elders did not reach that conclusion with ease, no; time and experience in 'drinking the cup' brought them to believe that life is not only about good and bad, but how you can personally endure while upholding your fellows.

My student/friend with cancer, who has chosen to drink the cup with grace, has made his journey through illness somewhat easier. In his ministrations to others, he finds his mind free from self, free from the consciousness of pain and fear of loss. In his decision to go with Father's will he is receiving heightened spiritual assistance. He has chosen to not dwell upon self but to take this mortal challenge and do his utmost for his Father in heaven.

When my friend chooses to heal, he feels healed. When he chooses to give hope, he is hope-filled. When he acts as a light from God, God shines back upon him. That is spiritual strength and endurance.

Choosing to experience the whole Urantian adventure comes complete with both joy and despair. Be not surprised when adversity befalls you. Choose to take challenge as an opportunity to be a light from God. In adversity, we find what really matters; we find how important love is, and how unimportant deadlines are; we find money to be useless, and family and friends to be priceless. In adversity we find God; we feel the realness of our mortal path.

Should my student/friend suffering from cancer have chosen to be beaten by his illness he would not have felt those moments of closeness with Father; he would have spread hopelessness and received hopelessness. Had he chosen to blame others for his illness he would have only stirred within him the spirit poisons. Had he chosen to seek sympathy for his plight he would have become weaker and susceptible to more pain and difficulties. Had he chosen not to be a light from God he most definitely could not feel the light of God shining upon him, yes.

This week look at your adversities to be an opportunity to be a light from God. Heal and be healed; love and be loved; shine and be shined upon. As promised, I will

accept questions.

RACHEL: Father Abraham, this evening we have a new brother with us. His name is Allen, and I bet you he has some questions for you. (Abraham: Greetings Allen.)

ALLEN: Hi. I am not sure I really have any questions for you, except I was listening to some people say that they didn't feel that they knew that they loved the Father, but they did have faith. I wondered about that and I thought perhaps faith follows love. I would just like to know about that.

ABRAHAM: Certainly, my son. Each mortal's experience will differ when it comes to this area. How one has lived their life is a major key in answering this question. Childhood upbringing can have an effect on how you would perceive love and faith. Faith has its roots embedded into the area of intelligence. Many a scholar would trust and have faith that the information is there to learn, but not particularly have feelings for the divine teacher. On Urantia, 'mortal concepts of love' are generally rooted in emotions. Emotions, being fleeting or transient, are a non-substantial foundation to build upon. Spiritual love, however, will be rooted in intelligence alongside faith. Love will be the most significant proof that God is. In time, faith and love are becoming more equal, but no one can say which can come first. Can one love a God who they do not know if He is real or not? Or, how can one not love such a brilliant and powerful Caretaker? Good question! You can indeed come to a conclusion as to which is more true to 'your' mortal experience. I am most happy to speak with you again, my son. Another question?

MIRIAM: Abraham, I have been wanting to ask this question for a while. You know, when Ian first told me about you and Ellanor, and I was talking to some people and they were telling me about you, at first it was like you were this all-serious guy and I was like, 'oh wow,' and I came anyhow - and found you to be the most wonderful friend. I kind of have that same experience with the idea in concept, in reality of Machiventa Melchizedek. Like when I first heard about him I thought, 'wow, what a serious guy,' knowing that he is involved with all this stuff that is so important. Then when I heard him share through Willie V., at the Nashville TM conference, it was like the most loving experience, just like with you. For some reason, I wonder about him a lot. I always love reading what he shares. So here is my question: I don't know why, but I get thoughts about Machiventa a lot. Would it be appropriate for me to do one of my Miriam questions - like how's he doing and what's he up to? Could you share some information about him - whatever would be appropriate? I just have this real desire to know more about him. Would that be okay?

ABRAHAM: Certainly. I can say he frequents this meeting. He is still a wonderful mentor to me. I constantly use his wisdom in our lessons. He does oversee the teaching network, ensuring that all proceeds according to Michael's plan. He is in an administrative position and yet, whenever possible he finds time to help with unusual spiritual difficulties - including difficulties among groups such as this; difficulties with race, racial problems; or difficulties where inequality abides, yes. Machiventa is always a powerhouse of enthusiasm to me, and I find that I thrive spiritually from our association, yes. As this Correcting Time becomes prevalent in all areas of mortal living, you will find yourself knowing certain personalities on a more personal level; personalities who are also likened to yours will become more

familiar to you as they are able to minister to you in the method which best suits you. Yes, thank you for your question. He is well, my daughter. Another question? (Miriam: Thank you.) Abraham: You are welcome.

CALVIN: Abraham, are there any tips you can give me for furthering my contact with Father and to have a greater connection with His love? I think that is the point I need to find most – for the strength to let go of my old patterns and to have more trust and faith.

ABRAHAM: You do well and need not worry about Father closeness. It occurs in all aspects of your daily living. To ponder upon being within the stillness mind would do you well. Using the stillness mind when speaking with your acquaintances can lead you to see Father in action. Adversity is a route in which we can know our Father better. The more we know Him the closer we are and the more we love Him, yes. To ride the tide of adversity is a cleansing of the soul; a cleansing from spirit poisons; a clearing of prejudice or preconceived notions – allowing for Father to guide, comfort, and be known as a constant presence, yes. That is all. Another question?

INERA: This isn't a question. Abraham, I just wanted to say hello, and I love your lessons, and I missed the classes, and I am glad to be here.

ABRAHAM: Noted, my daughter. I am also happy to have you here. This class (our teachings and your interaction with one another) is indeed an anchor in the stormy seas of everyday living. You most certainly reap your lessons from all directions, yes, but feel free to call upon me to help you define those lessons, yes. (Inera: Thank you.) Abraham: You're welcome. Another question?

ANESIA: Abraham, I am very thankful to be back here with this group and all my friends, and with you. I have been going through some hard times with my father, and maybe if you could just give me some advice or some words that would help me for my future, and with my earthly father and our relationship, if you have anything to say?

ABRAHAM: Yes Anesia, my daughter, I understand this dilemma and how you are hurt by it. I perceive that you reach out to your earthly father and he is confused by it. Sometimes our biological parents are not what we expected or needed, but nonetheless, he is a lesson in endurance for you. My suggestion to you is to take some time, a short amount of time, to feel detached from him. View him as a mortal man, a fallible being which feels the same fears that all mortals feel. Detach and expect not results. Allow him to be released into our Father's hands for further evaluation. You will find who you truly are in this detachment. His definition of you will hold no meaning or further cause you pain. He most certainly loves you, yes, but a time to step back is needed to redefine the boundary lines. You are his daughter, yes, but you are also a grown woman and a child of God. That is all. Another question?

RACHEL: Father Abraham, I know that in the past you and Father Ham have both told us that you are all working with the different heads of organized religions. I know that you are probably seeing results from it too. With this last general conference

(LDS Church, SLC, UT), in President Hinkley's speech I was quite impressed when he told all of his membership that now is the time for restitution – not retribution, but restitution. When I looked that up in a dictionary, I think it means practically the same thing as our Correcting Time. Do you care to comment on it?

ABRAHAM: Yes. You are correct, my daughter, Rachel. The churches are viewing the masses as having intelligence. If enough individuals rise up, this can either bring change or, a loss in attendance and revenue. The heads of the churches do not want these losses and will be forced into evolving with the times. The churches need to accommodate the people and address the changing times. They need to minister to people where they are in their lives right now. The people are becoming ingrained with a burdening feeling that the churches do not provide enough for them to grow spiritually and to find comfort in dealing with difficulties in everyday living. Yes. You are correct. Does this answer? (Rachel: Yes it does, and I thank you. I want you to know that when the Relief Society sisters from the church came over to teach me this past week, I read them your prayer.) Abraham: Well done. I thank you. Another question?

HARRISON: Abraham, I get the feeling we are on an accelerated program here and that we are probably learning more than we think we are. I don't know if the feeling is correct or not, but I do want to thank you so much for your lessons.

ABRAHAM: You are on an accelerated teaching program only because you have requested it; you are allowing it, and you are participating in it. Well done. Every individual who seeks will surely find, yes. I can say that the world around you may appear to be bleak in the first beginnings of this our Correcting Time – but worry not, the people have spoken and know within what needs to be done to create change. Yes, this is accelerated learning. You are correct, my son. Another question?

MIRIAM: I have been at a crossroads lately. In one way, every day is exactly what it should be regarding what comes into my life and who comes into my life – as in what you were saying about 'drinking the daily cup;' but I have also had some confusion as to which path to take. My new friend, Charlana, has really been helping me. It is just such a wonderful thing to get helpers, seen and unseen. She was saying that maybe I was kind of crippling myself because I had to choose one of three ways. She was saying maybe I can choose all three. Could you give me some help or some guidance there? I have been pondering that for a while.

ABRAHAM: I am understanding that there are still some issues dealing with your ability to find yourself worthy to accept all of Father's abundance. There is a discomfort with accepting the fact that you have learned a definite path and are indeed qualified to teach others. The assignment to teach is causing some fear, and you are afraid to step forth with too much confidence because you are unsure of your ability. I say, you have experienced things that would qualify you to minister to a great many people. You have a definite poise and grace when it comes to your fellows. Be not afraid to step forth and act, using the Spirit as your lamp.

We will draw these questions to a close. I have enjoyed our meeting and always look forward to our interaction during the week. I say to you, my friends, this group is a rock in which its foundation will carry us for a long time to come. As always, my

love is with you. Until next week, shalom.

Cancer Friend Dies | Detest The Ways of The Ego | Introduction of Emulan|
Abraham, WOODS CROSS GROUP 10-25-1999

Back

I am ABRAHAM. Welcome and my greetings to you each. I am as always, looking forward to meeting with you. What a wonderful adventure we have shared. We have experienced some of life's tragedies, sorrows, and difficulties right here within this group. There have been many harsh feelings experienced here, yes. There have been difficulties some could not rise above, but for the most part our group adversity has taught us strength and endurance.

Each time we complete a group lesson on 'endurance through adversity' we are made stronger for the next lesson. Our friendship has become family oriented. Our joy and comfort, without a doubt, does overpower the small discomforts we receive from disagreeing or disharmony.

Tonight I relay to you our joy at receiving my friend/student to this side of reality. [Abraham's speaks of his friend with cancer in previous lessons]. He is overjoyed and feeling complete with his mortal experience. His transition was peaceful. He left a positive legacy in which quite a few generations will prosper from. His life was well spent and his final lesson has advanced him, significantly, in the morontial career.

I say, you need not experience my friends' experience to his extreme; mortal-living is quite an effort all on its own without such debilitating disease as is cancer. The cup we drink as mortals is spiritually propelling, yes - but the efforts to drink can take its toll on the mortal mind. We are in gratitude for Michael's ministry and His Spirit of Truth, for He has lived what you live and can assist us in drinking the cup with grace, yes.

I do remember my time on Earth when I was quite confident in my own internal knowledge. I believed my thinking to be somewhat superior over my fellows, and I was quite obstinate toward others' ideas - including those ideas that challenged my understanding of my 'many Gods.' It wasn't until my friend Machiventa's teaching and example that I realized how my thinking had blocked me from my Father in heaven. I had lived this mortal life the hard way, as most do, until I became conscious that my ideas and beliefs were nothing more than my ego-animal-self in action.

As Machiventa pointed out to me, that I could find great heavenly assistance through humility, I was able to begin enduring life's adversities. Time after time through the rigors of mortal-living I softened to my old ways and made efforts to take up Machiventa's new way. Through believing I could receive personal assistance from the 'One God,' I could affect not only my own life, but many others, and play a small part in the destiny of the world.

As I died to my old ways and was born again to the new, I felt a reliance upon my mentor, Machiventa, and personal revelation from Father. In my transition, I began to detest my thoughts of self-superiority. I was made small through adversity, yes, and in my humiliating experiences I reached upward. Adversity does make us small,

and in our detesting the ego's advice we can receive clear communion from those on high.

If one is so firmly rooted in their own beliefs, there is a decrease in the flow of spiritual information; there is a decrease in capacity to receive information from the Source of all knowledge. Adversity is seen simply on other worlds as 'a blessing' – an opportunity to become small, to be beside the ego-self, to gain closeness with the Source of all love, all wisdom, all knowledge, yes.

When discomforting moments overtake you, flee not from the pain – for it is an opening for Father-assistance. Adversity is an opportunity to be beside the effects of the ego-self. Adversity is a two-way path in which you can choose: One is the path of the animal self – incorporating the spirit poisons, complicating everything. The other is the path of the higher self: it is finding those small opportunities to utilize the Spirit fruits – and ministering to 'the situation,' as well as everyone involved, yes.

This week I ask you to notice – that as you draw towards things spiritual, how you begin to detest the ways of the ego and to release those firmly-planted notions, while concentrating on becoming fluid in your thinking. Allow for a natural flow; and in doing so, notice how you find you are gaining some control and self-mastery during this process – you find strength to endure, while the mind becomes clear to receive spiritual communication.

I am sorry, no questions, but I do have an announcement: I am pleased to introduce an opportunity for you to meet personally with a new Teacher. This Teacher, Emulan, is skilled in the art of relationship-building. He is quite direct and can be firm in his words. Have you not the strength for complete truth, then seek not his counsel. Emulan is available to assist you in your lessons on strength and endurance. He is a kind counselor and friend. I can always count on him for constructive advice. Arrangements can be made, yes.

That is all. My love goes with you. I will also seek your questions throughout the week. Until next time, shalom.

The Scale Of Mortal Inconveniences Against Those Heavenly Gifts

Abraham, WOODS CROSS GROUP 11-01-1999

Back

I am ABRAHAM. I am with you. Greetings. How wonderful it is for us to watch your discussion blossom into a beautifying growth-experience. Your efforts to communicate are well worth the minor irritations; and for the most part, someone benefits by your participation. Your faith, your dedication, your many efforts, contributes to the overall success of Michael's Mission.

Your thoughts are important. Your contribution adds to the small parts that add to the whole. Your efforts made each week to meet for these lessons add to the overall wellness of society.

Think not on our cause to be in the shadows, no, because progress moves so slowly and you must go on faith. Our Mission is literal, yes, and each small effort made by

individuals does make connections where there were not connections before. In learning strength and endurance, we are not to be found slothful or fearful.

We must certainly use all the resources within our powers. Faith is good; trust is good, yes; but know that action speaks loudly on a material world such as this. One cannot sit back and expect to be fed the cup of mortal-needed experience, no. One must grab hold with both hands and make every effort to drink, yes. Those willing to do those small seemingly insignificant jobs for Father provide the energy in which larger plans are executed. We thank you for your efforts.

Our Mission is not mystical, not fleeting, nor is it a phenomenon, no. This, our Correcting Time, is practical, useful, and necessary if we should see Urantia move into a better age. Yes, mortal-living experience teaches us that Father is indeed, all-knowing, all-powerful. Drinking the cup boldly commits us to a life of ministry to our fellows.

Our dedication and commitment to the doing of Father's will leaves us with the desire to abandon the ego's desires. You learn to find the ego's techniques to be quite distasteful – this does not mean you mistrust yourself, or are inadequate as a child of God, no. Ego is a natural byproduct of being mortal. But as spirituality grows in individuals, you learn to recognize the manifestations of the human ego more easily. In detesting the ego and embracing the divine are you granted Father's heavenly gifts, such as:

- Father's knowledge becomes your knowledge.
- Father's techniques are revealed to you.
- Father's personality is obviously present without even your request to perceive it.

Could you call these miracles? Perhaps! I know them as 'those heavenly gifts that make mortal life well worth living.' All the struggle, agony, and mental torment are well worth gaining this new vision of God. To know without a doubt that you can stand in the presence of God while living the mortal life, is most definitely worth striving for. To know you are fueled on His very essence leaves you to drink heartily from the cup of 'come what may.'

No, this is not the pot of gold at the end of the rainbow; not a dangling carrot; and not even the light at the end of a long and dark mortal tunnel, no! This promise I speak of is not an enticement for you to be recruited within the family of God, most definitely not. I speak of these things heavenly as factual effects from fearlessly drinking the cup of mortal progression, doing so with full trust and faith combined with action. It is choosing your indwelling Father's will, yes, and embracing His high ideals.

Learning strength and endurance, and detesting the ego's ways, leads us down the eventual path of personal ministration by our Father in heaven. How blessed are we that He simplifies what we think complex. He clarifies what we find confusing. He sustains us in our weakness. He teaches us the characteristics of a soul who radiates truth, beauty, and goodness.

It is said, "we will see it when we believe it" – and it is so, yes! those that can be so unshakably dedicated to drinking the mortal cup with faith and trust and action shall see heaven on Earth. Doubt not my words, for this message hails from Michael Himself, yes. Just a few questions, please.

CALVIN: Thank you again, Abraham, for your teaching here tonight. Concerning our opportunity to work with Emulan, how would you like us to schedule that – are you suggesting personal meetings or group interaction?

ABRAHAM: I am in understanding that he is to be viewed as a personal counselor, a spiritual therapist, so to speak. He is gifted at drawing the true individual out to the surface and this is highly personal. Should there be a need, Emulan can surely speak in my stead. I can assure you that he has in-depth knowledge of this group and each individual in it. He has attended many meetings and has studied a great deal on the inner workings of our Mission and our group. There may be need for him to address the group from time to time, yes. In the meantime, let's continue with the personal growth meetings. Is this answering? (Calvin: Yes. Thanks.) Abraham: You're welcome.

MIRIAM: Abraham, can you tell us about Emulan, where he comes from, anything like that?

ABRAHAM: Yes. Emulan hails from a world that has similar strife-torn experiences such as Urantia. In his mortal life, he was considered successful. He experienced considerable loss of immediate family members and had bouts with mental imbalance. His embracing the Divine empowered him to seek education in the psychiatric field – materially speaking. His morontial career advancements and education furthered his natural gift in this same field. Some may think him to be hardened by his adversity – and therefore, so direct and harsh with his words; but this is not the case. While his experience in the flesh made him determined, his personal love of Michael drove him to fully embracing the Spirit of Truth – and from that, his love for truth has served him, and others, in his field of expertise. He is direct, yes, but his encouragement allows individuals' faith-levels to soar, yes. Last question, please.

RACHEL: Father Abraham, speaking of how Emulan retained his natural gifts into the post-mortal existence – a lot of our great mortals we have had on this Earth have been in the entertainment field, namely Dean Martin and Bing Crosby, and a good number of the others. After they reach the Mansion Worlds, do they retain all these talents that they have possessed here on this Earth?

ABRAHAM: Yes. By my understanding, the talent is still present and yet new talents are revealed; it is all personal desire, however. If one should desire progress in these talents, then yes. (Rachel: I'm pretty sure that I'll start at the bottom.) [laughter.] Abraham: I say you do well, as does each one here. I know my mortal talents seemed minimal after my awakening in a new reality. The prospects are limitless but you can acquire a slight taste of what you may be pursuing after this present reality. Yes.

That is all. I am more in love with you each with every meeting. This week: Consider your commitment to the drinking of the cup, the doing of the will of Father's versus

your own. Ponder upon the scale of mortal inconveniences against those heavenly gifts. Would you even find your mortal lessons to be worth the mental aggravation to acquiring spiritual maturity? Is there trust that the cup of mortal living leads you to have unshakable strength and endurance? Can you find yourself small enough to say no to the ego and wait upon the word of the Lord?

Yes. I shall be available for those who call on me for assistance with this lesson. I thank you. My love goes with you. Until next week, shalom.

Conclusion of Lessons on Strength And Endurance | How Do We Abandon the Ego's Ways.
Should We

Abraham, WOODS CROSS GROUP 11-08-1999

Back

I am ABRAHAM. Greetings. I did quite enjoy this evening's discussion; it had a genuine spiritual flow and candor. I believe you each assisted one another with an energy that promotes strength, endurance, love, and tolerance. My children, you are grasping these lessons, yes. We have learned that in building strength and endurance, we do so 'through adversity.' You still can feel at ease to use your full range of emotions to get to a place of reason, yes; Father can reach you in that place of reason and provide for you sound solutions.

We have learned through the Master's example that while we can explore routes for escaping the cup, the path to spiritual ascension is in the laying down of your will and taking up Fathers'. We see that the attempts to escape only prolong the inevitable spiritual lessons. We know that stillness and journaling are helpful in calming the fears and clarifying the thoughts. Trusting in Father's almighty abilities does allow us to relax. In our relaxation, we find peace of mind and an increased capacity for tolerance.

Also in these lessons on strength and endurance we have learned through my student/friend with cancer, how going beyond the discomforts of adversity, to ministering to others, leads to healing - whether it is mind, body, or spirit. In building strength and endurance, we find our adversities to decrease when our minds are set on productive goals and outreaching ministry to our fellows.

We have also covered the topic of detesting the ego's ways as we cling more fully to the divine. Father shows us the ego's ways to be temporary, cowardly, self-saving, self-serving, and a spiritual stumbling-block. Through dedication to drinking the cup of 'come what may,' we find that strength and endurance has made our lessons a bit more gentle.

When we have committed to the drinking of the mortal cup, we are going forth with Father's will in abandoning the ego's ways. With such faith and trust in Father, who has provided the cup, we are allowed to receive those spiritual gifts that add to our overall experience. In detesting the ego's ways we recognize Father's presence and available assistance to move through mortal life with mindal and spiritual well-balance.

How I am at times overwhelmed by Father's caretaking - how He knows each one of us and what we need. While most mortals on a material planet drink similar cups, Father

does know how best to teach each one of us. While we cannot escape the mortal cup, we can find it to be quite fulfilling and spiritually adventuresome.

Even as I look back now, my mortal adventure was only a moment in time; and 'the bad' wasn't really all that bad. The spiritual lessons I derived from my mortal adventure was a catalyst in time and eternity. The mortal adventure is important, yes, but only a small part of the grand adventure. While pain is so prevalent on your world, the opportunity for spiritual advancement is even greater. This concludes our lessons on strength and endurance, yes. A few questions?

RACHEL: Father Abraham, I'd like to ask if you and Emulan visited me and gave me a message last Thursday?

ABRAHAM: We most certainly did, my daughter, Rachel. I believe you are, for the most part, accurate in receiving the message, yes.

RACHEL: Well, I want to thank you both. Yes, I did ask for you to be very frank with me, and that if I needed some hellfire – then give it to me. [group laughter.] That's the reason I didn't think it was you, but possibly Emulan.

ABRAHAM: We were quite blunt and direct, yes. You are well trained in assimilating these facts and need not flowery wording to understand our meaning. Yes, Emulan is familiar with each one of my students and has been well trained in speaking to each one according to their own ability to understand, yes.

RACHEL: May I thank you, and ask you to thank Emulan for me, please.

ABRAHAM: Certainly. Yes, I also thank you. I reiterate to let everyone know of our availability for your personal journaling time, yes. Another question?

CALVIN: Abraham, in these lessons that we get – I am slowly learning that what I had thought were just 'petty things' in my daily life are in reality, Father's lessons that I need to learn. I just want to say thanks for this set of lessons on how to view and assimilate our mortal adversities; they have been more revealing than any of the lessons I've encountered – at least more self-realizing. My experiences seem silly and so petty; and yet I find without question how your teachings are so helpful to integrate the experience of the week with your teaching. I really appreciate it.

ABRAHAM: Noted. We do attempt to coincide our lessons according to your personal Father Fragments' agenda. We network with various spiritual beings to arrange lessons according to Father's plans, but we cannot teach one whose eyes are closed, one who is not willing to learn. Thank you for your willingness and perseverance to carry on even in the face of the unknown.

You all have done quite well with this particular lesson. It is always wonderful for me to watch the unfolding, and your reactions. Your spiritual innocence and genuineness is as touching as a small child putting forth every effort to learn, yes. Another question?

MIRIAM: Abraham, before we leave this lesson could you clarify the difference perhaps of the energy of 'detesting the ego' versus 'accepting our human condition, mortal condition.' Do you know what I am saying?

ABRAHAM: Understood. Even the Master showed forth His human emotion – tears, strong words, anxiety-filled adrenaline-rush, perhaps some anger, some apprehension – all of which is most definitely a part of the mortal experience. I am meaning, all this is a part of having a mortal body with all its functions, including its mental and emotional systems. Emotions can be originated in the biological realm, meaning that they are inherent and wholly natural, unlearned, yes. Ego is more of a behavioral pattern that gathers and stores information over time. The ego stems from a step below human nature (it begins as a more animal-like nature). Ego grows beyond self-survival to self-superiority, and needs be restrained/balanced. Good question, my daughter. I know from experience the trickery of the ego. I have learned that even in its primal form it was a good teacher to me. The ego allowed me to see the contrast of the negative animal-like self against the natural spiritual/soul-related core self. While the Master experienced the natural emotions of being mortal, His constant communion with Father deterred Him from the ego-self. This was His rock. This was His stability in which He could accept His emotional self, work through His difficulties, but not go into those ego-led spiritual poisons. Yes. Good question. One more question?

CLAIREESA: Abraham, I need some guidance, please. I have to straighten out my thinking and my ego and my selfishness. Can you help me with this?

ABRAHAM: I can try, my daughter. I understand you to see yourself as being ego-led, causing some seeming selfishness. I say this is not reality for you at this time, for you are indeed thinking of others and have some unproductive guilt over having need for yourself. To have some need and comfort is not selfishness as far as your situation goes at this time. You need to put things practical in the forefront of your mind. You have to allow other's opinions to go by the wayside. Your own internal feelings are a strong guide toward logical solutions. My daughter, ego is not the issue here. You have given all you can, and now you have need. Be not afraid or feel weak when you are in need of assistance. Should you believe you are truly deserving of Father's abundance you would be amazed at the life-changes you would experience. Have you something specific in mind, daughter?

CLAIREESA: I am just real confused right now. May I perhaps ask for a private session?

ABRAHAM: Of course, myself or Emulan could be made available. Yes.

I am to close our meeting for now. I would ask that you each find yourselves at rest during the week. Whether it is at play or other outside reversion, or doing nothing at all, this rest will help you to re-energize for our upcoming lessons. Feel not guilt at resting. Allow your minds that ease a child would experience in the arms of a loving parent. As always, my love is with you. Until next week, shalom.

Back

I am ABRAHAM. I truly feel Father's abundance many times over when I come to call on this group. Your friendship and light shared give me an overall perspective of how Father's plan is coming together to bring this world into a new era.

Yes, greetings, my friends. I am told our lesson this evening will be light in order to keep with the theme of rest. With good rest, one's thinking is cleared to reevaluate, reorganize, and prioritize one's life, yes. I am happy to present to you my friend and associate, Emulan.

My first collective greetings to you, my friends. I am EMULAN, your friend and teacher for this evening. I have been honored to have met with some of you and I look forward to meeting all of you who have not yet had personal time with me, yes.

I have had the opportunity to live a mortal life, to be within the depths of its despair – and, to experience the heights of its glory. I had the opportunity to traverse the mindal realm from its very lowest animal-like nature to the very highest divinely-led abilities.

In my early days on my mortal planet, I lived a fairly basic life. I generally went with whatever was considered normal for that day and age. I had little true spiritual understanding, and lived my life accordingly. In those days I was beholden to the ego; I served my ego from within the level of thinking I was at the time. I sought adventures that were considered dangerous. I thrived on my fellow's reactions to me; and their reactions, I took in. Yes, I incorporated into my life those things that served my ego.

In today's world of temporary false stimulations, many incorporate things into their lives that can be a generator of negativity. Children take in an unloving reality, and adults wonder why this is manifested in such a harmful way. You are what you focus on? One who would be recovering from chemical addiction does not even entertain the idea of being near that chemical – they know very well the course they will take again should they slip.

Regarding your spiritual diet, what are you taking in? What do you manifest as a result of your diet? Do you engage in gossip and in the generation of negative feelings? If yes, then why do you wonder when you feel negativity generated around you? Do you not become suspicious that others are gossiping about you? Negative energy brings negative energy.

What is added to your recipe for spiritual living? Is it perhaps good deeds done for others? Does this not manifest in your life as good deeds done to you? Can one read books and be entertained by fear and expect to produce spiritual fruits? No. Can one be a student of our Urantia text and become weighed down by hopelessness? No. What are the ingredients to your recipe in spiritual living?

Once I had learned of the divine nature I had to create a change in my life. I fed myself with things spiritual – I studied, I meditated, I gave freely of my time to Godly causes. Yes, all this promoted a great closeness with Father; it was an avenue to the utilization of the spiritual fruits.

Can one indulge in negative activity and then wonder where their divine connection had gone? Can we be slothful in our studies and then ask why we have become imbalanced? It is clear, you must utilize your human resources. You are the producer of things positive or negative. I know as well as anyone, that days spent among the negativity of the world can have a harsh effect on you.

Do you see why you need a daily regimen of spiritual intake? What do you embrace into your life? Is your focus on money? Is it on fame? Are you always with that feeling of lack that no matter how hard you try you are never filled? What a cycle of imbalance! My friends, we cannot go day to day without spiritual intake and then wonder: Where is God? Why am I so alone? Why is my pain unbearable?

You each have your own spiritual recipe for daily living. What keeps you connected? What keeps you from spiritual loneliness? Does beautiful music belong in your recipe? Does that help you to feel connected? Does this manifest anything good in your life and the lives of those you know? Does artistic abilities connect you to that spiritual world where you know without a doubt that all is well? From such feelings of balance, how can you not be divinely connected? How can you not produce spiritual fruits?

The mind is an empty domain in which you can seek to decorate it with things that promote spiritual light – or, things that bring about darkness. Would a moment of stillness calm the chaotic domain? Would the calmness bring balance? Of course! Is balance the mind's goal? Of course!

What would you like to change about your behavior patterns? Begin by searching what is in your mindal abode. What can you be free from that brings clutter and confusion? What can you do to promote a beautifully light atmosphere? You are the architect, and what you build, matters.

Mortals all too often forget that they, figuratively speaking, house the Father Fragment. Is this place in which He lives and works from, balanced, organized, and positive? You do have a responsibility to your personal Father Fragments. What lives in the minds' domain with your Father? Does He struggle to reach you? Do you get your lessons of life through the 'school of hard knocks?' or, is He teaching your lessons through peace and joy?

I am happy to have realized in my mortal life that I had some control in how my divine career proceeded. Father proved to be a wonderful helpmate to me; He laid out plainly for me to see what I was lacking in my spiritual diet. I know that the mind is the beginning of many things. It is where you live, work, and play. It is where you comprehend God. Mental stability is so important in your spiritual education.

This week, ponder upon what is in your mindal domain. How are these things manifested? What is the recipe for your own personal spiritual life? What are the levels of closeness you wish to know your Father on?

That is all. I take my leave. I would convey our love and my gratitude for your acceptance. Abraham will be with you again next week. Farewell.

Unclutter The Mind To Receive Father`s Guidance
Abraham & Emulan, WOODS CROSS GROUP 11-22-1999

Back

I am ABRAHAM. Greetings. Even though our group is small this evening the love here is in abundance. I am at ease to participate and join you in your thoughts and good humor.

I can remember a while back when I wore the mortal flesh that I was taught certain behaviors. Whether it was by my parents, teachers, or peers, it did set the foundation of my mind from which all else was to come. My culture, environment, and education shaped my mind in such a way that all I perceived was according to that shape, and I lived my life from that foundation; all that I perceived thereafter was built up from that foundation.

Of course I had many biased notions, self-superior viewpoints, and methods wherein I concocted to have 'my way.' When I met up with my friend and mentor, Machiventa, I was most definitely brought back to my foundation, and found it unstable. Through Machiventa's teachings, I had to rebuild my foundation with new ways of thinking. I realized that if I were to be a responsible man of God then I must be God-minded.

Machiventa showed me many things through humiliation. Not that he was belittling, no; he was in fact, quite practical and helpful in showing me that being small created an entrance towards learning greater things. We as Teachers always mean to help you find that entrance; the actual work of course, is yours.

I am EMULAN. Greetings, my friends. What a grand privilege it is for me to be among you. Since you have joined this Mission cause, has not your foundation been rebuilt? I have heard you speak often of the mindal changes you have experienced. Abraham has been a tremendous help to you, I know. Your life experience however - and from a spiritual perspective - has been your greatest teacher.

Adversity, in combination with humility, has taught you to be small; it has helped in the rebuilding of your mindal foundations. It is so wonderful that you have gone forth bravely to expose your biased thinking in favor of a more productive divine way. If your mindal domain is already cluttered and permanently arranged to align with your beliefs - then really there is not room for changes or additions; no room for thought evolution or habit-pattern revision.

You know that you have a responsibility to your Father as His child; you have a responsibility to your duties He has assigned you. Good mental balance is key for our work in the Mission. A lasting spiritual cause is supported by the good foundation of everyone's mental health stability. Should we become imbalanced by seeking fulfillment of the ego, what would that serve? Would our Mission still go forth with such strength and practicality? No!

Father is intelligence and entirely logical. He would not have your mindal foundation leaning towards the side of mysticism or personal prejudices. He seeks to assign you with tasks that would further our Mission. He requires mental balance - He cannot work from anything less. Are there requirements one must meet to be

assigned work by Father? Yes.

Individuals claim they cannot understand their life's purpose or know the will of God for them. I say, you can! One can literally express: 'I have been taught that I need to live up to my promise to have His will be my will. I have requested to be used in Father's work. I now have a responsibility to Father. I must maintain good mindal balance and focus on my responsibility to Him.'

Do you understand your responsibility to Father as far as your good mental health is concerned? Can you entertain negative thinking to produce positive outcome? No! Can you proclaim to love God while you clutter His domain with spirit poisons? Can you be assigned spiritual tasks while straying from your responsibility to Him?

The Father of father's dwells within you. He loves you with a complete love and is willing to go through anything with you. He is tireless in His calling to spiritize you. Father holds Himself accountable for the manner in which He teaches you. He holds Himself responsible for His part in your eternal survival. Must you be accountable also? Must you be responsible to Him? I say yes, yes! I say there is no greater honor than to hold within, a responsibility to the Source of all that matters.

During the week, journal if you will what your responsibility is to your Father Fragment. How can you strengthen your foundation from which all your beliefs stem? How can you unclutter Father's domain that He may reach you with assignments and personal teachings? What is your responsibility to Him? What part do you play? What are the mortal resources you must exhaust in order to maintain mindal balance and spiritual nutrition? Have discussion, when possible, on the ingredients in your recipe for a balanced spiritual diet. Our period of rest allows us to ponder upon our responsibilities to Father and His kingdom. I leave you to Abraham. Farewell.

I am ABRAHAM. Thank you my friend, Emulan, for your fine discourse. We shall put forth serious consideration to all you have spoken of. I find when I am clear on my responsibility to my Father, that everyday existence becomes more defined and perhaps a bit more colorful.

Father has entrusted you, His children, with the tasks of assisting this world into a new and better age. What do you desire to do in furthering His cause? What are you willing to be responsible for? What is the price you will pay? Can you lose yourself for Him and have a more colorful way of life?

You know I love you and I shall attend to your questions during the week. Remember to find time to put your thoughts on paper. Until next week, shalom.

The Spiritized Mind is Equipped to Handle a More Adventuresome Spiritual Life
Abraham, WOODS CROSS GROUP 11-29-1999

Back

I am ABRAHAM. Greetings, my friends. What a wonderfully wide window of opportunity that lies before us. Every day that goes by I am more in awe of our Father; He has shown me many things that keep me elevated in faith, sound in mind, and with overall feelings of well-being. I have yet to meet with our Father in heaven face to face,

but still I can view His wonderful works, every day.

When one is of sound mental balance, then is Father allowed to spiritize the mind. Your mortal experiences are the educational diagrams from which Father teaches values and meanings. He is always aware of your shortcomings and areas in which you need attention.

Experiences do occur through the divine hand, which teaches you what you need to know to advance spiritually. Of course, this is not surprising – everyone here has experienced Father's open windows of opportunity. Synchronistic events are necessary to bring you to a place where the mind and soul is ready to learn.

I am most grateful for the tender watchcare Father has provided to bring me to the place in which I learn best from. Difficulties come and go, yes, but the calm and well-balanced mind is able to draw value and become more spiritized. The spiritized mind is equipped to handle a more adventuresome spiritual life. Difficulties become challenges that provide spiritual joy in an otherwise mundane mortal life.

We have had our lessons on the ego animal-like mind. We have studied the benefits of good mental balance. We are ready for a step-up to the spiritized mind. The Master, as faithful and trusting in Father as He was, maintained a wonderful mental balance and was in no danger of ego default.

Of course we still have the ego that plagues our life with mental imbalance if we allow it; but know this – there is hope that Father is able to reach you, even through this instability, and aid in spiritual progression. My friends, you have that faith, and you are well on your way to mental stability.

You know that the hand of God is working every day; you cannot actually see Him but you can indeed perceive His fine works. How are you able to perceive His works? Yes, exactly! it is through the spiritized mind. When one has cleared the Father's domain within, then can the spiritualization of mind, begin.

Is life just drab and ordinary, day in and day out? The answer is yes if the mind is not able to view the spiritual meanings and values. Can you be with spiritized mind and be beaten down by the world's cruelties? I should say not! What does the spiritized mind entail?

- **COURAGE** – Courage to view everyday tragedies and withdraw the meanings and values therefrom.

- **WISDOM** – Wisdom to know that mortal life is a time for learning and not punishment. Things happen, yes, and the spiritized mind must find the philosophic meaning therein.

- **STRENGTH** – Strength to endure the cup of 'come what may,' and rise above inner agendas, to receive divine direction. Un-earthly abilities (or morontial capabilities) is what a spiritized mind can expect. To know and understand mortal adventures and question not Father's motives – this is strength.

• JOY – Deep and abiding joy is a benefit that the spiritized Father-indwelt mind can receive. When one is understanding ‘spiritually’ the world’s ‘why’s,’ then can you perceive Father’s immediate hand – and all the truth, beauty, and goodness produced therefrom.

• LIBERTY – How liberating is it to know that our heavenly Caretakers are willing to handle the big things in mortal life. We are responsible for our small parts, certainly, but the bulk of what mortals usually worry about can simply be bestowed into the hands of our very capable heavenly Caregivers.

Does this spiritualization of mind change your way of life? Yes! Will you change? Probably! for how can one taste the divine adventure and then forsake it for something so colorless, so plain?

You, my friends, are adventurers and candidates for spiritization of the mind. By your willing participation in these Correcting Time lessons, you already have made known the price you would pay for Father’s sake; you have already defined your responsibility in the kingdom – to Father, to yourselves, and to your fellows, yes.

I ask: What things may happen in mortal life to further spiritize the mind? How can you most effectively withdraw the meanings and values from these events? What are the spiritual fruits produced from mindal spiritization? How further may your foundation change? Have discussion on these questions.

That is all. I am always available during your journaling time for your questions and extra needed help on these various topics. As always, my love goes with you. Until next week, shalom.

Do I Truly Have Trust In My Divine Caretakers | Does My Lack of Faith Drown Out My Good Intentions

Abraham, WOODS CROSS GROUP 12-06-1999

Back

I am ABRAHAM. Greetings. I have so enjoyed your discussion this evening. Your willingness to put forth spiritual ideas opens the mind’s arena towards increased horizons. I am aware that these lessons have brought many questions into your minds and some of our material can be confusing.

I would ask your patience in allowing me to review a few simple ideas that will aid in your understanding. I am always conscious of your feelings, and your willingness to move forward is an inspiration to me. At this time allow me to say a few words on TRUST.

Many mortals who strive not for the spiritized mind (or anything divine for that matter) rely upon the ego animalistic instinct to survive in life. To be weak in faith is most definitely a stumbling block in trust. For one to become balanced in all areas of living, you need to have faith and trust in one who is higher than you – I am speaking of trust in our heavenly Caregivers.

You may say: ‘I am willing to drink the cup,’ and then avoid it, for you are going back to a place of comfort. Self-trust is good balance, yes. Self-reliance is

necessary in mortal living, yes. And yes, independence is admirable. But when you are desiring to become with spiritized mind, then you need to be entirely faithful and wholly trusting in our Father and His Caretakers sent to assist.

It is error to contemplate Father's hard lessons and then opt for an easier way as if you are more knowledgeable than Father concerning your spiritual path. You can be called to service and then look at it as something trivial, thinking: 'I can miss this opportunity - it's acceptable and maybe I'll participate in the next.' This is not trust in Father and His limitless abilities.

Most mortals rely upon what they can see with their material eyes. Those with the spiritized mind view mortal life through the eyes of Father. If the faith aspect is weak, then certainly will you pull back to relying only upon yourself. This is not progress. You can proclaim with self-assurance: 'I am without a doubt most certainly willing to drink the mortal cup,' and then allow mistrust in Father to drown out your good intentions. My friends, we will not overcome unstable foundations and imbalanced minds without first, trust in our Father and those who assist Him.

Ponder upon your faith-trust capacity this week. When Father calls on you, are you in favor of losing self for Father's overall good? What of the beloved Spirit of Truth - where is this divine influence in your life? Who is Michael in your mind? What is your concept of Him and His purpose? Is Michael a figure who sits on high and rules the universe from one place? or is He in motion, sweeping throughout the personal lives of every mortal who desires to know Him? How can we not trust a Creator who, through experience in seven bestowals, earned His sovereignty as Creator of the universe.

Certainly, Michael knows how easy a child can become mistrusting. Through regular mortal living there are those disappointments, yes, and it is common to hold back trust and protect the heart from further disappointment. I have said this before - Father and our Creator Son are unlike any example you have experienced; they are entirely capable and trustworthy to handle the plans of your pathway to them, but you must trust and allow.

Can we view Father's open doors and then exclaim: 'I pass!' and expect to become with spiritized mind? No. The Spirit of Truth can certainly assist in renewing your faith and endowing you with spiritual power from on high. He cannot bestow this upon you 'so that you will have faith' - no! You must first 'have faith and trust in His all-powerful abilities' in order to receive.

This is quite an eventful time in Urantian history; great changes take place every day. The changes can leave mortals tossing about on an ocean of uncertainty. The spiritized mind is your life preserver. With a spiritized mind, can you go about in your life in the same manner you always have? No! Can a fellow spurn you, and you take your revenge having been transformed by the spiritized mind? No! Can you constantly seek unearned attention so as to gain energy from your fellows if you are with spiritized mind? No - you do not need to, you already have it.

Your dedication to preserving your spiritual life is inevitable progression. In these changing times, my friends, we will need well-balanced spiritized individuals

to maintain mass balance. The upsets of mortal living create such ripples of negativity. With you, our well-balanced students, we will be the calm in the storm.

This week, journal on how your own personal habits have changed since your involvement with this Mission. How has your mind and mannerisms changed? Do you have the faith-trust to seek Father's synchronistic doors so you may be of service? Are you feeling prepared to assist in calming the storms in mortal living?

That is all. As always, I send you with my deepest love. Next week we will have questions – until then, shalom.

Michael Seeks To Endow Us With Wisdom and Power From On High | A Balanced And Spiritized Mind

Abraham & Emulan, WOODS CROSS, UTAH 12-13-1999

Back

I am ABRAHAM. How you brighten my week with your wit, wisdom, and ever-seeking attitudes. I always look forward to conversing with you for the purpose of co-creating good. We are all of similar intentions and are taught accordingly.

My friends, your efforts to become with balanced spiritized minds have been so beautiful to behold. I am honored to have been witness to that. Good mental balance leads to the spiritizing of the mind, which branches out into other spiritual avenues. My friend is in attendance here this evening to speak on one such avenue – I give you, Emulan.

EMULAN: Greetings my brothers and sisters. What an exciting time we all exist in right now. The changes in today's world are occurring at a rapid rate. You have each adjusted well to these changes and are on your way to new spiritual avenues.

Abraham discussed trust in our heavenly Caretakers last week. We have concluded that 'God is God' – almighty in love and power, unmatched in intelligence and caretaking. We have each had to look within at our faith-trust levels and determine 'who is God?' Likewise, 'Who is our Creator/Brother/Father, Michael?' While some may not hold the answers to those questions, most definitely have we each been shown that we are not God; we are not almighty in love and power; we are not the pure essence of intelligence that He is.

Most certainly do we strive to be God-like; but, my brothers and sisters, we are learning to become with spiritized mind. We know that everything that is true, beautiful, and good is bestowed from on high. The Master, our beloved Spirit of Truth, dwells within the hearts and minds of men and women. He seeks to draw out the best in each one of us. The more we become spiritized – the more connection we have with Him, the more gifts He bestows upon us.

Jesus made a promise to His apostles of long ago, which applies to us in this day. Said He: "I will be with you – not as a man, but as Spirit." "I will bestow upon you wisdom and power from on high." Your capacity to hold spiritual knowledge is the measure in which you will receive this spiritual power. Those with unspiritized minds and imbalance, receive not.

Would you give the keys to a child and allow him to drive a car? I should say not. When the time is right you would surely teach and train this youth to drive. After passing strict guidelines and intense testing, then yes, you would allow him the keys.

Likewise, Michael seeks to endow you with wisdom and power from on high through a baptism of Spirit of the living water; He yearns to give to you of Himself. Individuals who are not equipped to handle such spiritual gifts will be delayed in receiving them – and yes, this is certainly acceptable. Further training may be needed, and this is certainly understandable.

Individuals who are diligent in their effort to become with spiritized mind are requesting to work for the kingdom, yes. Those with spiritized minds will be endowed with wisdom and power from on high to serve and uplift their small but important communities. Can this wisdom and power be bestowed upon one who is imbalanced in mind, not believing in a higher source, but in themselves solely?

A youth who respects not his status as a motorist and abuses his rights shall have his keys taken away – this is indeed simple logic. As well, if one cannot believe that the source of all their knowledge and spirituality comes from a divine reality, then are they in danger of default and are tempted to abuse their spiritual power.

I ask you to define spiritual power – what does that entail? How can you distinguish your wisdom from divine wisdom? What are your inner feelings showing you when you are in the ego's danger zone? What can you do to become more spiritized in mind? I will take questions.

CALVIN: Emulan, thanks for all your help in this preparation in spiritizing the mind and balancing to become of service and to be empowered from Michael's gifts. It is amazing that from such weak and grass-roots-mortals that Michael is doing this work here on this world. And yet, I realize how much work He does do in the minds of screenwriters, messages through movies, music and lyrics, and so on. Pertaining to us, this group in this Teaching Mission, it would seem like we would have need for tons and tons of preparation made for such a great work. Are we a long way away from spiritized minds? Or, are we sufficiently trained enough to be of small increments of service?

EMULAN: I am to understand your minds to be partially spiritized and leaning towards a good balance. There are still issues with the ego that would stir up problems, yes, but as far as I know you have been given the measure of spiritual power which your mind is at capacity to receive. It is already taking place. You each already understand the feelings of having been baptized by the Spirit of Truth and how to utilize the spiritual endowments from on high. Yes, it is a slow and steady transformation. With your efforts to seek this spiritualization and mindal balance, you are enlisting with Michael and the Teachers to take you forward in your spiritual progression. You have quite a journey before you; but be with gratitude that you have not to go it alone. Is this answering?

CALVIN: Yes, quite well. I take it from what you said that we are becoming quite capable of 'some' service, yet obviously there is still a lot of spiritizing to go,

still a balancing to go; but from where we are, there is plenty of service to be engaged in.

EMULAN: Yes, correct. Another question?

HARRISON: Emulan, I have a question regarding prayer. When someone is sick or ill, heavenly Father provides everything that they need. So what does our prayers do for that individual if everything is already provided? I understand that prayer is worship, but I don't understand how our praying changes anything that is not already being done.

EMULAN: Prayer is a seeking - it is not worship. Prayer is a sincere request from a believing child to have change for the better in mind and heart. We pray for the strength to endure and know that every mortal lesson is of value, yes, even illness. We are all connecting, my son; and your prayer for one who is ill unifies with the spiritual part that sees us through the material adversities. Praying for your fellows is in alignment with Father's will; it is for an uplifting of mind and spirit to be able to endure and carry on. Worship is strictly gratitude and glory to our Father. Prayer is a request in mental alignment. Your prayers are more for your well-being. Father knows of each situation; He need not be informed. Prayer is a mortal resource you can never exhaust. Are we in understanding Harrison? (Harrison: Yes, and thank you, Emulan.) Emulan: Certainly. Another question?

MIRIAM: First of all can I ask you: What is this process I am feeling right now - my heart is pounding?

EMULAN: I believe you feel out of sorts with those in the room. You are fearing their judgment of your question and who you are. Be at ease, my daughter. Worry not.

MIRIAM: I get that in the middle of the night when I am by myself. I guess I thought it was something else. I won't worry. I have been having a really hard time. I wish that I could just put my whole life on hold to go up to a cabin and work on things that you have taught us. I have been doing my best to work on these teachings. It is just the weirdest thing - life keeps going, and I think I am doing it okay, but I haven't felt connected lately. I don't mean to sound braggy or anything, but I am used to feeling connected. I need some guidance on that.

EMULAN: Certainly. Sometimes we are, in reality, connected - even though we feel not the love aspect or the comfort of Father's embrace. We can be connected on an intellectual level with Father, and not spiritual, yes; it depends upon our spiritual recipe for a well-balanced mind, events that are occurring in life, our physical well-being. You know as well as anyone that physical illness can lead you to go inward as if to shut others out. I perceive you to be well balanced in your connection. You are proceeding as you should. It is not always possible in this day and age of a busy world to go into isolation and reconnect. Your intentions are well and on target; you need not worry. Prioritize those important things that absolutely need to be done, and let go of things that others can do. Are we in understanding? (Miriam: Yes. Thank you.) Emulan: Another question?

RACHEL: Well, I think this time of the year enhances, as far as I am concerned, it

enhances spirituality with all the beautiful thoughts, all the beautiful decorations, and all the lights. It does enhance my spirituality. Are you enjoying them?

EMULAN: I find they are pale in comparison to what awaits you, my dear; although I do love the holiday sentiments between mortals. It is a holiday where there is an excuse to show love, gratitude, and care for your fellows. You believe as I do when we think it would be nice to have this sentiment year around. Yes. I say, my daughter, Rachel, when we meet here in my reality, ask me that question again.

RACHEL: I certainly will. I think right now we are still mortals here and you have to give us a little credit that we feel more spiritual when we see beautiful lights. I'll have a fight with you, I guess. [group laughter.]

EMULAN: Tip of the iceberg, my dear. [group laughter.](TR: Hey, I don't want to be in the middle of this.) [more laughter.]

RACHEL: Oh, come on – we have to have a little fun and humor too. I appreciated you meeting with me at home and giving me the message you gave me.

EMULAN: You are most certainly welcome. I do enjoy your candor and wit, but I say humor is your strong point. You are a delight. Another question?

INERA: Emulan, would it be possible to have a private meeting with you sometime soon?

EMULAN: Yes. The details can be arranged. I understand schedules are conflicting, but there are abled transmission-receivers available. Until then I can work with you in your personal journaling time. I am saying, until schedules are arranged, listen for my words. (Inera: Thank you very much.) Emulan: You're welcome. Another question?

MIRIAM: Emulan, I kind of think – since you have disclosed that you have worked with some of us personally, and I am sure we have all been journaling on what that is, and I can only speak for myself, but stuff I have worked on for most of my life, I now have a new perspective and it is very helpful. You guys seem to be talking about things 'coming up pretty soon,' so is this the 'mental balance' that you are preparing us with? And addressing Calvin's question, you said that we will continue to be spiritized in our minds – is this kind of a quick-fix for stuff coming up? So just in 'having a new perspective,' is that enough? Or is it going to be kind of like 'all the way down to our roots,' and will we just keep doing this 'fixing' – here now, and into the hereafter? In four-thousand years from now, will we still be working on the same kind of things, only at a different level? Do you know what I mean?

EMULAN: Yes. I understand. The lessons today shape you for the trials of tomorrow. These lessons are assisting throughout your eternal journey, not just for today. The lessons coincide with your life experience – whenever and wherever that is; and that, in turn, changes the definitions of those things you think you know. Experience is the cornerstone of your spiritual journey. I am slipping. Is this in

understanding? (Miriam: Yes, Emulan. Thank you.) Emulan: Are there any more pressing questions? [no questions.]

I thank you for your permitting me to speak this evening. I thank Abraham, for he has been a wonderful mentor to me. I am available for you, my brothers and sisters. Abraham sends you with his love, as do I. Farewell.

I Am Your Helpmate | Allow Me A Place At Your Table

Abraham & Michael, WOODS CROSS GROUP 12-27-1999

Back

I am ABRAHAM. What a beautiful energy we have here this evening. All of you make it possible for us to find comfort and calm in our ministry to you. Your warm reception of us strengthens that connection between the spiritual and the material. Your desire to learn affects you as a universe sojourner, but your desire to love and be loved affects the whole of the universe. This evening I am particularly joyful, for the personal touch of the Master's hand blesses us:

Be joyful my children and exceedingly glad, for I your Father/Brother am among you this evening. I do appreciate all your efforts made towards furthering this Correcting Time. I know of your struggles and understand that you view the road ahead as difficult and almost impassable. I am above that road; I am around that road; I am in that road. I know every angle you must strive from. I know the barriers of the ego that blocks your path. I have a complete map and understand the provisions you must prepare for in order to travel. I am the road. I am your guide.

Where you are incomplete, I will complete. Where you are lacking, I will fulfill. In your loneliness, I will be there. I understand mortal desire. I understand the feelings of being limited or being oppressed. I understand feelings of inferiority and superiority – balance and imbalance. Where you fall short, there am I. Where you are unsatisfied, I will compensate with understanding. Where you are inadequate, I will take up. Where you are weak, I will strengthen you. When you are confused, I will clarify.

I seek to live in you and through you, to minister to you and to your fellows. I seek to correct your unspiritized thinking. I seek to correct through you. I will work for you; I will work through you. I have many tasks that lie before me. I have responsibility to my universe, to my Father, to the God-in-time, and to you. I find these tasks my complete joy and satisfaction. I am ever challenged by these universe chores.

I seek the darkest of the dark and find it my utmost pleasure to bring light. This is my duty as your Sovereign Creator of Nebadon. These responsibilities are what I thrive on. Would you allow me such joy to be a living presence in your lives! Would you allow me to fulfill my duties as universe Sovereign! Would you allow me to reap the pleasure I find in being at-one with you, my children!

The spiritual destiny ahead is not a secret. The spiritual life is not covered over by a mortal veil. The living truth of all things spiritual is in plain view. You are most definitely – now, and have always been – allowed to partake in the universe happenings; I have seen to it. My dear children, I would not leave you alone at any

time to trudge through your mortal difficulties so they may teach you divine values – not at all. I, rather, would have you know that your mortal difficulties are nothing else than your divine tasks and responsibilities, likened to my own, and that I am with you every moment along the way.

I would seek to strengthen you and empower you with divine understanding and insight. I would lift you, my children, above the fog of the ego – to the clear blue skies of divine purpose. I do not look down upon you and say: "be corrected my children, for you are in error," not at all. I hold your hand in mine and sit face to face and say: "My child, I am in understanding, for I have a clear view of all there is to see and I would choose to take this particular path."

I am your helpmate. There is nothing that can shake me or divert my attention from the purpose at hand. I am not an angry king who rules over men that can be offered bargains or self-sacrifices in trade for spiritual leniency, no! I am your co-worker who seeks to make you more than you are.

My children, I live to see you soar. Open your hearts and understand who I really am. Allow me my work in this kingdom. Allow me my place at your table. Where you are weak and in need I can, even without effort, strengthen and fulfill. Allow your burdens to be cast aside. Allow your mind to be free from worry and concern. Open yourself to receive my Spirit. Allow me to wash your incorrect thinking. Allow me to bestow love where you are empty. Allow me to refresh when you are weary.

I require a few of my children to carry on my work for the betterment of the planet, as well as the universe. You should be in top spiritual condition. I know of your thirst for the living water. I am with cup, my children. I know of your mortal hunger. Allow me to feed you with the bread of life. I am so that you would be made more. I love you. Carry on.

I am ABRAHAM. Thank you, our most thoughtful Brother/Father, for your personal touch this evening. We will most certainly be aware of your personal touch every day. I am with grateful heart and overflowing with love and hope.

My friends, take not lightly the Master's words, for we have tasks before us. Open yourselves to His nourishment and ponder upon your courage to accept His words. The kingdom is requiring tremendous spiritual effort. Self-mastery is key. Look for the Door, my friends. Call upon the Master. That is all. Until next week, shalom.

2000 to 2001 MANSION WORLD TEACHINGS

Honest Viewing of Where You Fall Short is the First Step to Self-Mastery

Abraham, WOODS CROSS GROUP 01-03-2000

Back

I am ABRAHAM. Greetings. What a welcoming spirit we have here this evening. The calm and steady energy makes our communications more clear.

What a full week you have had. Your reception of the Master's words last week was absorbed to deep mind levels. You are learning to expect Him as a daily 'live

presence' in your lives. The beauty that comes therefrom will make significant changes in your daily living. Not to worry – these changes are not about release from discomfort, but about broadening spiritual vision, opening divine circuits within the mind.

Our Master has laid out a plan before us. His beautiful words encourage us and fill us with hope to execute His requests. To know Michael is not a special relief from mortal pressures, no, but is help and understanding as to why we must experience mortal pressures. A relationship with Michael is to bring all things dark out into His light, and this can be difficult. He desires to teach you how to travel through the universe career and toward finding our Paradise Father.

In the midst of darkness or untruth there is confusion concerning the route to Paradise; there is not advancement in staying in darkness. A relationship with Michael is correcting those dark corners and endowing you with skills to advance. His ways are a clear reality; this reality may cause you some humiliation, yes, but know this: from a humbled-standpoint there is not reliance upon your own understanding – but rather, on a humbled mind asking for divine guidance.

The truth shall set you free. Even truth in its most harsh form is a light shed upon a new and better way; it is not a punishment, no, but a torch lit upon the spiritual path to Paradise. Many individuals on a mortal planet live daily in the desire of only understanding surface-level ideals. They see the truth as cold and brutal. Many fear the truth for they fear its power over them. Truth does have power as a force of good, yes, but only if positive results come from it. If we fear truth and are set in our ways we are not advancing, we are not free.

Michael is complete truth, and when we fear truth we are inclined to fear Him; we are putting walls up between us and His divine essence. The most difficult truth to bear is self-truth. Inadequacies (or short comings) are fuel to the ego's fire. When we recognize something unpleasant about ourselves it is difficult to look at that and say: "I am that, and I desire understanding so that I may correct or improve." Many mortal responses would rather be: "I am the way I am only because somebody made me that way." Blaming is casting Michael's light off of yourself and remaining in ignorance.

To become aware of an unpleasant self-truth is not to cause shame but to stir the divine energies within. To admit this shortcoming is the first step in asking for help from the divine Caretakers. Look not 'outside' for others to take responsibility for your faults, no! allow Michael's Spirit to turn you inward and listen for divine assistance. The world will become better if only one individual at a time can improve upon a dark spot in their behavior.

To face your faults is spiritual bravery – not something to shame you into striving for personal betterment, no. To bravely face personal defects is a removal of an obstacle upon the path to Paradise. It is our Master's job to place the truth before us, yes; and personally speaking, He is gentle beyond my own understanding. To know Him is to have steady growth. Admitting to Him that you recognize a personal fault, is asking Him for a new and better way to live; it is asking Him to remove an obstacle upon your eternal path.

Even the citizens of worlds settled in Light and Life take the recognition of personal faults with a rejoicing attitude. They are so happy to have awareness and be able to take actions toward correction. They have no difficulty turning inward with an open mind and bravely facing what could very well be a personal flaw.

Allow the Master to guide you inward to a place of complete truth – a beautiful realm in which there is not embarrassment nor shame, nor the knowledge that everyone will know of your faults. Let Him guide you to a place of spiritual light. Lay out your self-recognition of shortcomings and view this ‘honestly’ from the Master's perspective. Confer with Him. He is your counsel and friend, not a judge.

This honest viewing of where you fall short is the first step in self-mastery. Be not anxious to correct too quickly, for these lessons need to be internally digested for a lasting effect. These personal flaws are between you and your divine Caretakers. They stand by ready to assist. Their happiness is your success.

This week, focus on the Master's presence. Should self-flaws come to mind that you believe would be helpful in removing obstacles upon your path, then by all means, take it into consideration and go before the Master; confer with Him. Be aware of the ego's denial, for the ego believes the path is just fine how it is. My friends, you are a continuing joy in my existence and I deeply love you. Until next week, shalom.

In Committing Ourselves To Michael Are We One Step Closer To Him By Allowing Our Experiences

Abraham, WOODS CROSS GROUP 01-17-2000

Back

I am ABRAHAM. Welcome. You are a wonderful reason for me to be glad each week we can meet. I am in gratitude to Father for He oversees my every need. He combines my experiences to produce divine meanings and values so that I may advance and take those steps closer to Him, yes.

In my days in the flesh, I viewed life as a battle and that I must continually gird myself with weapons for defense. I knew not that each one of my experiences taught me how to move one step closer to who I was to be, and to my divine caretakers who planned my destiny. With the help of my mentor and friend, Machiventa, I was able to see that my experiences were valuable, and I had to understand life's contrasts to move up in spiritual levels of understanding.

One who is prejudiced cannot understand the pain of it unless they have been the recipient of prejudice. To advance in spiritual understanding you need to experience the full spectrum of mortal living. Your experience is shaping who you are becoming. It is moving you one step at a time closer to your Father.

Do you struggle with those character flaws that place obstacles on your divine path? If you are gaining value from this then the struggle is good. Can you be close to Michael and yet shun His light upon personal unpleasanties? No! He shows you these things so that you may take yet another step closer to Father and become who you were really meant to be.

Should you choose to forgo these needed experiences, then certainly must you know they will continue in the life after this one. Expect experience, yes. Know these things will occur in Father's timing. Know that your experience will move you closer to Him. One cannot be devoted to drinking the cup and then complain about mortal experiences. All will experience certain events that will either bring light and growth, or bitterness and darkness.

In humility you are teachable. In despair, you are giving up on your own understanding. It is not necessary to fly into emotional upheaval during those challenging experiences, for you know Father is at work and your advancement is forthcoming. Does emotional upheaval serve? No! It may be a natural instinct, yes, but with the practice of self-mastery you can gain control over your emotional state and remain calm to receiving divine instructions.

I have a friend/student who from the time he was a child thought himself to be above everyone else. He thought he was superior as far as mortals went. When harsh events would happen to him it would make him believe that God was indeed cursing him. He could not understand why such injustices would befall such a superior mortal as himself.

Was God unjust in allowing this experience to occur to this child of His? No! He was allowing natural evolutionary procedures to unfold to teach this child how to go one step closer to Him. This man's pride and ego was the lesson to be unfolded, not the unjust laws of the universe. The character flaw was the enemy to this man's life – not necessarily a sin, but valuable experience to wade through to understand it and work it out. Did Father and Michael aid in his humility? Yes, to a point – the point where the light of truth exposed his character flaw.

Each mortal will know feelings of superiority and inferiority, envy and kindness, cruelty and love, justice and injustice. These experiences are a gift that helps you to become a responsible universe citizen. Is my friend/student changed by the light of Michael's truth? Yes, he is. Michael revealed to him the origin of his character flaw of superiority, and that Father was not knocking him down but pointing him upward, getting his attention, so to speak.

My friend now understands his early childhood training had led him to believe that he was above others and that his character flaw had presented obstacles on his mortal path where he could not maintain friendships or relationships, or even parent correctly. Michael's orchestrated experience has brought him to the understanding that a 'change' was needed, and that an imprisonment such as 'his feeling superior' was not worth the maintenance. Love for his children took the focus off himself long enough to ask for Michael's light, and by so doing he was with liberty to show his children a new and better way.

Michael asks that you do not punish yourself for the realization of these shortcomings, no – that is indeed a waste of time. Instead, focus your eyes upon Him and allow Him to take you through the experience in His gentle manner. Receive the most from these experiences by remaining observant of your surroundings. Do not fly into emotional upheavals, but rather, concentrate on the value to be produced from

these mortal experiences. Humility is not punishment or belittling from the divine caretakers, no - it is an open ear, a receiving mind, an understanding heart, yes.

This week, I ask you to ask yourselves: "If I have committed myself to Michael can I complain of the cup put before me?" "Can I relax in His watchcare and be observant of things to unfold?" "Does self-belittling serve?" "Does a humble heart serve?"

I am sorry, no questions this evening. I am scheduled to be elsewhere. Know that I am available to you each during the week. Plan for quiet time to connect with those divine sources. As always, my love is with you. Until next week, shalom.

Self-Mastery Does Lead The Whole Toward Light And Life

Abraham, WOODS CROSS GROUP 01-24-2000

Back

I am ABRAHAM. Welcome. My greetings to you, friends. I so much enjoy your conversation and the sharing of your experiences. It has proven true how valuable your mortal experience really is. You cannot make spiritual understanding out of just 'existing,' no, for it is necessary to live these experiences and take what you can from them.

I understand that some have experienced difficulty with the emotional aspects of your experiences. I have had my emotional days in the flesh also. However, I can console your mind that the emotional flare-ups decrease when you have become more spiritized in mind. Michael's Spirit of Truth is a compass that points the planet into the direction of Light and Life. The betterment of one becomes the betterment of all. Self-mastery is the key. Exposure of character flaws leads you to find both healing and liberty from them - yes, correction, if you will.

Yes, it is difficult to know where to begin when making effort towards improving upon self. The mortal experience is priceless in learning to exercise self-mastery. Though these shortcomings may be difficult to bear, they are helping to bring Urantia into a new and better age. Self-discipline is difficult in a world of self-indulgence - where so many seemingly empty souls indulge daily in things that would appear to bring fulfillment.

In the days of old, self-discipline was somewhat forced from struggle. But with technology, the minds of men and women have become ease-seeking, and faith is placed in things material. Mortals find it difficult to 'go without' when their neighbor waves their good fortune in their face. Self-indulgence has been looked upon as normal, as the popular thing to do.

In the early days of our Mission, we observed the minds of mortals were quite ego-centered and without much spiritual foundation. 'Spirituality' had always been associated with self-denial and too many rules. A child who is always carried does not learn to walk. A child who is always indulged expects the world to owe him, to cater to him. A child who is taught 'no' in early youth learns to be responsible as a citizen in society and to do his share - to minister to others and be ministered to.

I do not speak here of self-denial, but self-discipline - being able to master the

self and thereby strengthen the divine connection. The Master could go a great length of time without food or water. He took no note of an emptiness in His bodily system. His mind was quite full and centered upon God. You can say when the soul is nourished, the body (or things material) becomes secondary.

Does not the mature adult learn to save his fortune for the better-quality things in life? – for he knows that today's self-gratification does not secure tomorrow's bread; and, that today's self-gratification does not secure the good of the whole. What is self-discipline but a redirecting of focus.

Where is your focus? Can you nurture the soul and know that the material emptiness is just temporary? Yes. The Master could be found from time to time dashing the hopes of His fellow apostles with the realities of the kingdom. The apostles had often hung their hats upon a material hook and the Master would chastise them. Even though His words were seemingly harsh, this chastisement spoke to their souls – it redirected their focus.

Is self-chastisement acceptable? Certainly – to a point! Self-chastisement serves you well when your focus is redirected back towards the spiritual kingdom. It is not self-punishment or self-denial. It is not causing a well of hunger for other things. It is a closeness with Father and a trust that says: "I will wait upon the word of the Lord."

Many can say: "I am too weak to practice self-discipline. I am only made more desirous of material things. I am only further separated from God." This is old thinking. The new way should focus on the participation in leading Urantia further into the stages of Light and Life. "I can have self-discipline for it serves the world; it brings the reality of the brotherhood of man and the Fatherhood of God into focus."

Is refraining from flying into emotional upheaval self-discipline? Yes. Is being observant and staying calm while waiting on the word of the Lord, self-mastery? Yes. I know these things are difficult when in the flesh, for I have lived it. But I can promise you, as you begin these practices, the logic and practicality will become apparent; it will become as if there were no other way.

This week, define self-discipline and self-denial. What is the difference? What is self-chastisement? Note your self-indulgence versus self-discipline. Does the nurturing of the soul minister to your material needs? A few questions?

HARRISON: Abraham, we would like to introduce you to Mark. It has been a pleasure having him here with us.

ABRAHAM: Greetings Mark. Welcome.

MARK: I have a technological question that is about our spirit names. How do you realize our names? Where and how and when is it generated?

ABRAHAM: I receive the spiritual names from the personal Father Fragments. The names are now given upon spiritual realization of each person. The names used to be given

upon fusion with the Thought Adjuster. At this time on Urantia we find the early receiving of these names creates a greater spiritual connection and allows each individual to know their place in the spiritual kingdom is secured. I am quite fortunate to be witness to this new age of enlightenment, and it is certainly touching for me to see the Father Fragment speak the name of His beloved child in whom He accompanies. Is this answering Mark? (Mark: Somewhat. Thank you.)

CALVIN: Hello, Abraham. It seems like my mortal experiences that are hard to take, happen way more often than I would like. Is that foolishness in my way of living that allows that to happen? or is it foolishness not to expect it. I think you know my question there. It often seems like my trials and hard times are way too much for comfort.

ABRAHAM: I understand that question is best answered by the feelings you have afterward – the fruits produced therefrom, or the spiritual poisons that arise. I understand your enthusiasm to seek these issues out and have speedy correction – but it is not that simple. Time and experience play a role in learning spiritual values and meanings. If there is not learning or fruits produced, then there is not value in the experience. There needs to be time allotted for lesson absorption. You know you cannot demand immediate answers and have value therein. Life is an unfolding; it is not watching over your shoulder for the next big event to hit. It would serve you each to allow for natural unfolding, natural evolution. Father cannot be forced into hurrying these lessons; He is not waiting until you are not looking to ‘drop one on you,’ no. His universe workings are calculated for the best overall value – and, for understanding to occur ‘within,’ for as many of His children that are open to it. The stillness is ideal for an energy recharge in order to better tackle these mortal experiences. A time in quiet reflection is aligning your will with Father's – an alignment which brings peace in mind and heart. A complete trust in Father is relaxing that part of you which worries that you are ‘not keeping up.’ Is this answering?

CALVIN: Yes, and very helpful. Thank you. I would love to voice that Angie is here. You know her from the Pocatello group. (Abraham: Yes, welcome.)

I am with honor and love to know you each, and I carry you in my thoughts all week. I am with love for you. Until next week, shalom.

Prayers of Alignment For Father`s Agenda Not Ours | Self-Chastisement vs Self-Discipline

Abraham, WOODS CROSS GROUP 01-31-2000

Back

I am ABRAHAM. Welcome. What a beautiful and calming energy we have here this evening. Our connection to Father and one another is clearer and stronger by the minute. Every now and then I desire to allow my pure spiritual intentions to surface while cares and concerns float away. We can direct our focus to where we will be most productive.

Our Father, we desire at this time to cast our cares aside. We seek for your pure intentions to well up within us. We worry not for tomorrow because you are overseeing our path. We will relax in the security of your care. We are without

agenda so that you may work through us for the betterment of all. Amen.

How cleansing in heart and mind to quit pushing for your desires to be fulfilled! What liberty is there in not wanting! How the avenues of the mind are opened to new possibilities when we do not put so much effort into pushing for our own agendas.

As a mortal, it is completely natural to hold close to what you know, to what you have, to what you think you are – this is binding and limiting you from those prospects into new avenues. How can we take in the new if our will is not in alignment with Father's? What food for the soul when you can feel the peace of not being pressured to strive to fulfill what you think you need to have fulfilled. What rest for the mind, body, and soul, yes.

Would self-chastisement redirect your focus toward this relaxing of pushing forward with your intentions? Sure, it helps! However, to know you don't have to hurry forward in all that you think you need to do is opening avenues within the mind to new possibilities. Self-chastisement would seem to put a stop on your desires – and therefore, make you wait and long for fulfillment.

Contrast this with self-discipline! Self-discipline should fill you with a peace that says: "I am accepting of whatever Father wills. I am not pressured. I am taking in comfort and peace because I rely upon Father. I am nurturing my soul. I am full with the love and overcare that Father provides. I am confident He oversees my every need. I shall not want."

Do you want what you want? or can you align your will to want what Father wants? He is the keeper of the watchtower. His broadened vision oversees your every need. You are on the ground surface, and your vision is not as is Father's` on the watchtower; you are not able to see the good results produced from this or that decision.

Yes, children, you have not the view that Father has; but you can take comfort knowing He is in His watchtower, ever vigilant in overseeing your every need. He is able to instruct and guide in your every decision – and is that not a cause for peace, a cause for gratitude, a cause to feel confident in the world? Yes.

Practice in self-discipline is relief from the pressures of the world's opinion of you. You need not answer to the world when you are answering to the maker of the world. This, is freedom. This, is cause to relax in the comfort of the Lord. This, is nurturing the soul that provides fulfillment within – so much so that all other things, things you 'thought' may fulfill, seem empty and inadequate.

The Master lived and breathed the word of His Father. His confidence was unmatched and He moved about freely in the world knowing that Father went before Him. Father did the difficult tasks and paved the Master's way.

Did Jesus have need for self-chastisement? At times in His days of youth, yes, He did find thought clarification in chastising Himself against His need to fulfill His desires in favor of Father's. This practice in self-mastery led Him to act as if there were no other way than to align His desire with Father's will. This practice became natural, and self-chastisement was no longer needed.

I at times have my own agenda that scrambles my focus on the overall purpose. I still find honest and direct 'self talk' brings me back to the common goal. Prayers of alignment also minister to my soul in that it provides comfort where I want not for myself, but for the Father. I am made to rest and feel that 'soul peace' which surpasses all understanding and provides me with a fresh outlook every day. With this fresh outlook, I am naturally desirous to be of service to the whole, and my focus is redirected back to that goal. My friends, what is the goal? What is the purpose for forgoing self-indulgence to await those greater things of the kingdom?

This week, rehearse your own prayers of alignment. Note the inner comfort which makes all outer comfort secondary. If prayers are in alignment, is self-chastisement still so needed? If the soul is fed, is there an increase in self-mastery?

I am, as always, with more love for you each week. I am always uplifted by our friendship. Until next week, shalom.

Self-Discipline Is Not Self-Denial, But A Redirecting Of Focus

Abraham, WOODS CROSS GROUP 02-07-2000

Back

I am ABRAHAM. Welcome. Tonight's atmosphere is filled with such family love and support. How can we really fail in any of life's endeavors when there is support such as this? How beautiful it is when you have enough comfort among each other to lay out your sorrows or joys in living! How wonderfully safe we all are in the family of God! We give our unending gratitude to the head of our family, our most beloved Father.

Father, in all His wondrous ways, may seem to be such a mystery to us. He may seem so completely awesome that He is far beyond us and that we are seemingly unnoticed. Yes, Father is all-powerful, all-knowing, all-encompassing of every aspect of every existence of everything – yet Father would have us see Him in a Fatherly role, a Father who would protect, love, care, teach, and guide His children.

Yes, our beloved Father would have you so close to Him that you could not tell where you begin and He ends. He would have you hear His every whisper of guidance or word of encouragement. He would have you see with His eyes how love rules the universes. He would have you feel His strong hand ensuring you that you are His child, loved beyond your own understanding.

Father would also have you know that your path to Him is of utmost importance; He will stop at nothing to show this to His child, even if it means revealing those hard truths that help you to forge ahead. Father is strength, love and compassion, yes, but He is also serious about the spiritual education of each child.

Father does carefully lay out plans of experience for you. But He would have you want to experience them, not be forced into His adventures. His plans of experience are sometimes difficult and it is tempting to choose an easier path. But know, the path of ease can create more work for you and your Father. The carefully laid-out plans of Father can direct you to take in the most value and meaning from each experience.

It is a mortal pattern to learn to be distrusting at times; even sometimes we can be distrusting of Father, and this is completely natural, yes. To learn to give Father all you have so He can make you more, takes a constant commitment to trusting Him.

We have spoken of discovering character flaws which block our divine learning. We are learning to accept these challenges to improve self-mastery technique. We have learned to feed the soul and be fulfilled from the inside, rather than the outside.

Self-discipline is not a negative thing; it is not self-denial; it is not self-punishment, but a redirecting of focus from 'self' – to 'God, our Father.' It is not harmful to develop firm, honest, and direct self-talk to aid in this redirecting of focus. Self-discipline is a positive step forward in active participation to co-create with Father. Again, self-discipline is not negative self-bantering – which breaks the spirit and depletes energy and confidence in who you are.

Father asks that we treat ourselves as He would; He is honest and direct. Sometimes this is painful or shocking but He would have us know these things to aid in clearing our path to Him. He does not throw the spears of honesty at us to wound our spirits into submission, no. He seeks only to empower you with the ability to make your way.

The Master knew the mortal life could be fraught with difficulty and ruthlessness. It would have been so simple for Him had He chose to opt out of the harsh mortal experience. Could He have still made Sovereign Ruler of our universe? Probably! But the Master's supreme faith and trust in His Father had driven Him forward with strength and power to not only endure but be victorious.

Jesus struggled with the mortal mind in aligning His will with Father's. His numerous journeys into the mountains constantly renewed His faith and trust in Father's ability to see Him through. The Master nurtured His soul by allowing Father to care for Him. He was filled from the inside and wanted not for Himself, but for the glory of His Father in heaven.

The Master wasted no time in negative self-chatter but did learn to discipline His mind into waiting patiently for the word and will of God. He cared not to fulfill a human destiny or to leave a personal legacy, no; He was only concerned with the 'good of the whole' and that was fulfilled through the will of God. Did the Master have prayers of alignment? Yes, most definitely – several times a day.

The mortal will is strong and is free to be about its own agendas. The divine will is in waiting for the mortal wills' acceptance and permission to integrate and make the kingdom of heaven come to life here on Earth.

This week, I ask you to view yourselves as Father would. See your mistakes simply as a child who is just learning. Practice your prayers of alignment to aid in your self-discipline and self-mastery. That is all. I cannot take questions but I can meet with you during the week in your time journaling. Know that one of my joys is to assist you in any way I can. As always, my love is with you. Until next week,

shalom.

Spiritual Reality Creates A Healthy Mind, Which Creates A Healthy Body
Abraham & Emulan, WOODS CROSS GROUP 02-14-2000

Back

I am ABRAHAM. Greetings, my friends. I appreciate your lighthearted exchange of energy this evening. It certainly makes my lesson more clear when you each are in such a supreme mode of giving and receiving.

In the short time our Mission has been fully functioning we have seen a great many changes. It is on a personal level that we have seen the most changes. Each individual putting forth their best effort to make personal correction aids in the Missions' complete picture. When each individual can master the self, then will the greater things of the kingdom be brought into your reality; new ideas that were not even thought possible will be possible.

Self-mastery is mind-expansion, and that mindal expansion is open to new spiritual realities. Without the practice of self-mastery and greater mindal capacity, some spiritual realities would perhaps be seen as phenomenal or even be the cause of some fear. We await your acceptance to these new realities to bring Urantia into Light and Life. There is no greater test of self-mastery than in how you relate with your fellow mortals. I give you, EMULAN:

EMULAN: How my heart is lifted, my friends, when we can meet and share our common hope for a new and better life. I am aware of your personal group history and I have seen much growth. There have been difficult times between you, yes, and yet this was a stepping stone to better understandings and not so much a stumbling block to creating separation.

I am not native to Urantia but my world was somewhat like it. I am however, surprised at some of the exposure that I have been witness to. I have seen the worst that man has to offer to his fellows, and my surprise is that this behavior is so common. What a competitive world you live in where a man's triumph is to set his fellows up to fall. Also, where an importance in entertainment certainly outweighs the importance of educating the young.

I am fortunate though to be included in this time where these social challenges will be modified to bring the greater realities of a spiritual kingdom. Our Teaching Mission, which will embrace many generations to come, is a wonderful platform from which to create social change. By your personal correction you live an increasing exemplary example of how each mortal is viewed as a child of God; and, that we all are welcome to participate. Yes, we show that we can care, and be cared for.

Michael's Spirit of Truth is the living revelation of showing where there is need for healing; He brings out those dark places into the light where they can be understood and worked on. There are many social disorders, yes. Michael seeks to break those barriers of separation to enable Urantians to unify as a family. Personal self-mastery and social healing create an energy that can allow for new spiritual realities.

Look at your medical practices – is there not more connection than ever before between mind and body? Is it not becoming common to believe that spirituality creates a healthy mind which in turn creates a healthy body? Yes, this thinking is beginning to connect with the minds of the masses and to be looked upon as if it always was that way.

The way in which you treat your fellows is either an energy 'generation' or a 'depletion.' To generate is to be prepared to be open; to be accepting of new spiritual possibilities, new realities, yes. With some time spent in practicing self-mastery among your fellows we can then introduce the beginning of those new spiritual realities that you can expect. Can you generate positive energy with each person you meet and feel the immediate effects from that? Yes, if we so desire.

To practice self-mastery among your fellows is to promote a positive energy exchange. Know that most individuals feel the same frailties you do – they can be open to new spiritual possibilities by your efforts in positive thinking. We can each participate in this Correcting Time when we can keep our ministry on a personal level. Your fellows are your assignment. Be open to receiving any words Father might have for them for you to speak.

Next week I will be here to accept questions. Talk with one another on this. Your discussions here are indeed practice for those you interact with each day. I leave you with my love. Farewell.

Practicing Self-Mastery Brings Out Our True Character

Abraham & Emulan, WOODS CROSS GROUP 02-21-2000

Back

I am ABRAHAM. What a joy it is for me to meet with you each week. I feel a part of this group. I feel at home with you. I know I can be my complete self with you and still I am loved and accepted. I thank you.

I know you each on a personal level and I find each one of you to be a component within the circuitry of our present existence. You each play a role in the creation of our personal history as a group. Each one of you also creates a history in the lives of others which affects the whole. Every varying personality brings a specific social flavor and has a duty to being that ingredient, which adds to the whole.

I am always in gratitude because of my fellows who support me in being my complete self and accepting my varying views on things, even if they are not in agreement. I count on my fellows to maintain a spiritual balance; their feedback to me is valuable. One friend, who has graced me with his support and truth is one who will speak here tonight. I give you, Emulan.

EMULAN: My fellows, I too, am creating a bond of friendship with you each. I have not been with you long and yet you have taken me in as one of your own. I know my ways are different from Abraham's and yet you each have responded to me with nothing less than kindness and acceptance. I too, thank you.

The character of a being has so many variables that come into play. Culture, environment, parental guidance, peer persuasion, and education, does certainly shape

an individual's character. 'Character' is a calling card of sorts - it speaks to individuals and tells them who you really are.

As a mortal, you can witness your fellow's behavior and define their character as 'this' or 'that' and make a personal judgment according to what you see. This is simple to do, yes, and yet, you know not these fellow's backgrounds; you do not know what has shaped their character, or if you are really even seeing their true character.

Many individuals feel their natural and complete self is not enough or not acceptable, so they play many false roles. It is difficult unless you really make effort to know somebody to place a label on them. There are personality factors about me that would perhaps offend some, but my friends who know me on a soul level understand why I have become who I am and what has shaped me. These friends respect the position I play in the good of the whole.

In practicing self-mastery with our fellows, we can see what we are really portraying to the world. Of course there are individuals who bring out the best or worst in us. With the practice of self-mastery, you learn of the control and power you really have. It is your understanding which shapes your attitude, which causes your reactions.

Self-mastery is being in a state of learning, a state of openness; it is an attitude of being non-judgmental, being aware of learning about your fellows - why they are, who they are, and what gifts they might bring to add to the whole.

Not everyone believes they have gifts, or that their fellows have anything positive to add to our present history. But I can guarantee you each that your indwelling Father has a personal plan and purpose that you will all serve. 'Self-mastery' is waiting and listening to your indwelling Father, not being motivated by your fellow's judgments or opinions.

What has shaped your character? What gifts have you to offer, or what are those natural aspects of your personality that help you to serve? How judgmental are you when it comes to your fellow's character? Can you make effort to learn more about them and to understand why they are the way they are? It is only about understanding - not so much accepting, but just understanding, and allowing Father to work out the details. I will accept a few questions.

CALVIN: I thank you, Emulan, for your help in our lives, and for this lesson. Miriam is absent tonight and asks to express to you her appreciation for you and your help. She asks a question of why we seek comfort in food? Why is it seemingly the first place we go?

EMULAN: Miriam, you are learning to not internalize every negative feeling and not take things negative as a personal attack. You do well. To seek comfort in other avenues is quite natural, and not an offense against Father for not being able to rely upon Him completely. The misuse of everyday energies leads us to feel empty and alone. The emptiness does cause the 'feeling-need to consume,' and to 'refill where we are empty.' Everyday pressures and stress lead us to deplete energy, and this

depletion is lonely and sometimes frightening. We turn to quick comfort: "What will make this feeling of loneliness and loss go from me?" This is not to try to control or overcome, no, but to maintain a spiritually healthy life and to use your energy wisely. Energy exhaustion needs to be replenished through spiritual avenues. Yes, meditation, prayer, time for reversion, and comfort of your fellows – all does aid in regenerating energy. Man does truly need his fellows. To know he is not alone and not out of the ordinary, it is most beneficial to speak with friends, especially those who understand this plight. I am told to also mention – the physical hormonal and chemical changes of women can cause you to feel this energy depletion. To fight your desires or cravings can only lead to further indulgence. Feed your impulses lightly so as not to deprive, but to accept the mortal state. You are still mortal, and all the chemical changes lead you to filling the emptiness with material things. Be not so harsh on the weakness of the mortal mind but know that there is a need to re-energize spiritually and do other things that cause the mind to redirect its focus. Play and rest are also helpful, along with a sensible diet that contains all the nutrients that will serve all systems in the body. The cravings should be less when the systems are served. Worry not. These times of 'needing to be materially filled' are not lasting. Another question?

RACHEL: Emulan, I am going to ask this question because maybe next week you won't be taking questions. A week from tomorrow is our ninth anniversary of this Teaching Mission. Will you have some special thoughts and words for us to help celebrate this anniversary?

EMULAN: I am told Abraham already has prepared for this, yes. (Rachel: I have been reading his mind.) Emulan: Well done. It has been a journey of learning and growing. I know how much the Teaching Mission means to you each. We will have something prepared, yes. Another question?

CALVIN: Emulan, tonight you talked about being judgmental about others – a pretty timely lesson, as always. An example: Somebody asked my opinion about a book that someone is putting out. This person is quite controversial concerning this Teaching Mission adventure, and so on. So I expressed my viewpoint of this person, and I only know him a little bit from interaction of our emails, and in meeting him for maybe an afternoon. So I ask: Is it best to only speak as to what I actually 'know' because I might be indulging on the side of error in the giving of my opinion? or is it best to say: "This is just what I feel." Or, perhaps is it best to just keep quiet until I have had some deeper interaction with somebody rather than saying something in error about them. Your thoughts? [Editor's note: Calvin was referring to one in the Urantia Book community – Ernest Moyer.]

EMULAN: You can always comment if it should bring about good, truth, or more awareness. That is why we must make effort to learn about each other. We must be open enough to share our backgrounds, our commonalities, our differences. And yes, if there could be one sentence you could say that would change things for the better, or bring about more awareness, then by all means. Father does use you to serve your fellows. If you are feeling Father-led and foreseeing an eventual positive outcome then certainly express your viewpoint. If you can truthfully see that you are feeling any spirit poisons, or ego-interference, and foreseeing negative, then I would forgo any comments. I know you already understand this, and I

feel you do well. Is this answering?

CALVIN: Very helpful. I thank you, my friend and teacher. One further thing: There is, in our internet-posted Teaching Mission lessons anyway, this topic of the Magisterial Sons' supposed entrance upon Urantia, and maybe not so much as a worldwide conscious awareness of him but at least a spiritual entrance. As you know, I just don't see this, but chalk it up to mans', once again, 'wishful thinking' and 'proof-seeking.' Last week your lesson was on opening our minds to new realities; and I know we have had lessons on wishful-thinking and mysticism – I wonder if you or Abraham have any comments on this? Am I just 'not being open' here?

EMULAN: Abraham has taught you well on the dangers of mystical-thinking. Your experience has taught you his lessons were true. You have seen for yourself and have learned these lessons so that they are lasting in your mind. The new spiritual realities will come about much in the same way. We can teach about them to bring them to your awareness, but it is experience and faith that will make them real in your lives. In time, these new spiritual realities will be as if they had always been. This Teaching Mission has taught you to draw a definite line between mysticism (ego-centered non-realities) versus everyday-living realness experiences. You know this line. Within each one of you, you have drawn this line for yourselves. Some may be more intolerant of mystical ways. Some may flee from this Mission because it is too real. And some flee perhaps because it is not mystical enough. I have no comment on the Magisterial Son issue at this time. Otherwise, is this answering? (Calvin: Yes, and very well stated. Thank you.) Emulan: One more question?

SARAUNA: Emulan, it's always a pleasure to be able to interact with you and I value the things you have given us in the past. My question has to do with finding myself in my occasional distrust of everything and wondering what I can do to separate or distinguish between what I should trust and what I should not. I believe this comes from my background, the way I was raised. And, with the fact that I have in so many ways been asking God for things that are perhaps – as I see at this time in my life – maybe not so Godly, I feel inclined to make every effort to enhance my trust of the Mission. And I feel that the messages are valid and real. And when everyone asks a question here, usually it is part of the answer that I, myself, am looking for as well. Even so, I feel that, as you know, I'm greatly disturbed by the issue of trust and tying it in with the Father. I guess because I have felt betrayed by my biological father I have on this Earth and yet, I still have a tie to him. I feel that there is a part of him that seeks God as well, though I can't accept all that he is and does. I am caught up in a dilemma here. Perhaps you can simplify it for me and just give me something simple that will help in this complicated situation. [Editor's note: Sarauna's father is a fundamentalist Mormon polygamist.]

EMULAN: I can try. I do believe you should question everything, yes, well done. Being in the material body – you must learn faith, and this is not easy to 'believe without seeing;' it is completely understood. Your ability to reason what is truth and what isn't is an extension of the gift Father has bestowed upon you – freewill, yes. You are correct when you say your Earthly father has caused you to be a bit untrusting. As a child, and somewhat even now, you felt without a voice. You were not given those things a child needs to learn to trust. To question is a natural aspect of your personality, Sarauna, but the pain of being without a voice causes

you to be apprehensive about blindly following. Father does not ask you to blindly follow, no! but to rely upon Him in your intelligence which He has bestowed upon you. To question, is natural. Yet, to question Father's ability is causing insecurity and pain for you. As you accept that you are His child, He does reveal to you His gentle loving nature; and yet He shows you His unmatched power and ability to do all things. This dilemma, as you put it, is entirely natural and will certainly lead you to a practical solution. You are in a courtship with Father, and in learning to dance with Him you must relax and allow Him to lead, at least sometimes. [group laughter.] You do well, Sarauna.

I will take my leave and not without telling you each that I love you more each time we meet. I am honored to be a part of you. Farewell.

Ninth Anniversary | Honesty Brings Us One Step Closer To Self-Mastery

Abraham & Ham, WOODS CROSS GROUP 02-28-2000

Back

I am ABRAHAM. Welcome, my friends. What an honor it has been for me to be among you all these years. I have not only been a teacher but also a student, friend, and brother. My experience here with you has been most valuable in my spiritual education. You have taught me to better teach by your willingness to listen and accept me for who I am.

We are kindred spirits, my friends, for we are alike in many ways. The ways that we are different is not destructive to the underlying foundation of our relationship - that being, our friendship. We celebrate with you in gratitude to Father for His outreaching ministry. He has taken the barren land and made it bloom. I am in gratitude for my position He has allowed me to fulfill.

Tonight we have with us your friend and first instructor, who would wish to speak:

Greetings, children. I am HAM. My heart is full to see how you have maintained the Correcting Time focus. I am aware of your obstacles which you have overcome.

You, the students of our teachings, have helped to initiate change on Urantia. Your acceptance of me and this unorthodox method of communication has started an avalanche of change. Mysticism, self-centered thinking, and miracle-seeking have fallen by the wayside with you. You have picked up the tools of self-mastery and assisted us in beginning the sculpting of Light and Life.

What has begun shall not be stopped, for your faith drives us forward. Your acceptance brings greater realities. Hold fast, my children, to what you have learned. Keep rowing in the waters of faith. All our efforts guarantee success. Keep striving for that new and better age. I will be among you as your brother and friend. I leave you with Abraham. Farewell.

ABRAHAM: What a reason to rejoice when we can see our friends and know that friendship is ongoing even when you have been apart. I am grateful to Ham for opening the Woods Cross door for me to enter. Teaching you has been a constant joy and challenge. How brilliant is the Master who has paved the way for Urantia to be uplifted and brought back into the fold of Nebadon. It all begins with small

openings, with small steps.

I am always amazed at the outcome of many situations because at times when all seems lost, Father integrates everyone's efforts to produce such growth. Father has made a place for everyone in the kingdom, and everyone will have gifts that will help to add to the whole. Many gifts may seem odd or out of touch, but just because we do not understand them it doesn't mean that Father is not at work integrating them into a positive outcome.

I often look to my fellows to help me to remain balanced in my thinking and desires. My friends have my best interests at heart and are honest when they feel I am imbalanced; I rely upon their goodness to uphold me in my positive thinking while informing me of where I am imbalanced. I take not offense of their forthright honesty for that is their role as my brother or sister; I, as well, do the same for them.

In learning self-mastery among your fellows, honesty is so important - and yet this honesty can many times, offend. Your presentation of the truth (your method), is key. I often say to my friends: "I do not speak with authority, but only my inner feelings."

Most individuals intend to do good, yes. It is important you let your fellows know you have their best interests at heart, and to tell them your honest feelings. Let them know you are open to be changed in thinking - and above all, that you wish to bring awareness and create balance. Look for those feelings you may have that may reveal your true intentions. Are they leaning towards doing good for the whole? Are they bringing Father, glory? Or, are they leaning towards self-glory and some sort of self-gratification.

This week, take time to journal your memorable learning experiences that concerns self-mastery among your fellows. That is all for this evening. I am sorry, no questions. Know that we are with you in heart and mind, this evening and always. We most definitely appreciate your dedication and perseverance in seeing Michael's Mission bring about Light and Life. As always, my love is with you. Until next week, shalom.

Draw Out the Divine in Others. Do You Argue With Others For The Glory Of Being Right?

Abraham, WOODS CROSS GROUP 03-06-2000

Back

I am ABRAHAM. Greetings, and welcome to you, my friends. I am made to feel such peace in your presence this evening. In the peacefulness, we are relaxed and open to more in-depth learning. Your sincere seeking brings me here each week with a grateful heart that Father has granted me this assignment. In your willingness to be open and spiritually focused, you draw out the best in me; you open a divine door for me to allow my spiritual thoughts to come through and reach you.

In everyday mortal living there is not always these open doors; in fact, there are many more opportunities in the mortal life to be opposite of spiritual. Each one of you knows of certain individuals that tend to assist you in leaning towards your

animal tendencies. It becomes a habit when you are in this person's presence to immediately put up your defenses and make an opportunity for spiritual poisons to arise. You can see how far you have come in self-mastery in how you are dealing with your fellows in comparison to your former defensive patterns.

Yes, it is true that some personalities do clash; and yes, it is difficult to relate with them. I could offer you help however, by suggesting that you treat each individual the way you have treated me. You have not now, or at any time, had a firm opinion about who I was or am now; therefore, you have held no judgment against me. I have told you I am still learning and you believe me. You have committed to also helping me to learn, just as I have committed to help you. You cannot see me, and yet you have great faith in me as a teacher, brother, and friend.

Should you treat other individuals as you have treated me, I guarantee you would bring out the divine in them. Bringing out the divine in others creates a stage from which higher learning is available. There, in this open communication, is active Thought Adjuster participation. There are literal circuits between you and the one with whom you communicate. I would say that the ego-drive in some would perhaps chance to put a stop to such positive interaction, but this is to be expected. All you really can master and monitor is your own ego activity.

Do you perhaps argue your point to feel the glory of being right? Is the humility felt from another's more accurate opinion too painful so that you cannot be open to change? You very well know you will come up against individuals who will have these personality traits, and this is wonderful practice towards attaining self-mastery. The peace we each feel here tonight is opening spiritual lines of communication, and that would not be so apparent if there were much ego-interference.

When you can maintain peace in mind and heart, in even the most unpeaceful experiences with your fellows, then will your lines of divine communion stay active. Anything negative which your fellows may say to you, cannot shake that divine ground from which you stand. Any emotional unpeaceful ego-directed attitude you might have will only be worse when you confront those fellows which go against your grain.

You will see a break in habit pattern when you can attempt to draw out the divine in your fellows. Spiritually-minded people use spiritual tools to solve problems; they are very well equipped, and they do it for the glory of Father. Ego-driven (or animalistic) individuals have no tools but only weapons with which to do harm. This is a form of self-protection, but really are they protected? Or, are they spinning a larger web of negativity in which we all become trapped in!

The Master had set wonderful examples in His life in diffusing negative situations by drawing upon the divine within His fellows. His calm and peaceful demeanor set a stage for learning to take place. In His calmness, people felt at ease to truly be themselves. In His caring eyes, people felt safe. In His warm and endearing smile, people did not take themselves so seriously. Many times the Master used His charm and humor to draw out the divine in others; and in that connection, there was Thought Adjuster connection, there was the feeling of oneness and universal unity.

This week, I ask you to surround yourselves with peace and reaffirm your own

spiritual connection. Take the comfort of peace wherever you may go and put that first before dealing with your fellows. In every situation, attempt to draw out the divine in them. Use phrases that allow others to know you are open to learning.

In being your true selves, your natural charm will be an asset to opening those circuits between your fellows and your Father Fragments. Focus not so much on resisting those individuals who antagonize you, but on the inner peace you have from knowing Father is at hand, and that He is with you to draw out the divine in these individuals. Break your old patterns of defense with those techniques the Master used here in His life in the flesh.

I thank you for your acceptance of me. Your friendship is making me out to be a better individual. As always, my love is with you. Until next week, shalom.

Unified in Brotherly Attitudes. (also, Rachel's question and her passing)

Abraham, WOODS CROSS GROUP 03-13-2000

Back

I am ABRAHAM. Greetings. It is most wonderful for me to see you draw out the divine in one another. In this place of unifying hearts and minds, we are with God; we can look into one another's eyes and see the love of our Father; we can hear the group laughter and be made to feel safe; we can be willing learners and kingdom participants and exchange with one another the words of God. Yes, how beautiful to behold the true meaning of the brotherhood. How excellent it is to be among you - kingdom believers, brothers and sisters.

What can such a positive interaction bring? What actually occurs when you attempt to draw out the divine in one another? For one, there is Father Fragment connection; this connection is tapping into divine knowledge, a spiritual 'knowing' that supersedes life in the flesh. Do you not feel your difficulties are put into a spiritual perspective and made lighter when you meet together?

You are really all very different individuals with varying habit patterns, experiences, beliefs, hopes, and desires. Your life-backgrounds are different; your personalities are varying; and still, here in this group, you can transcend what you think you know - to the embracing of one another's differences and be open to higher learning. This is the brotherhood that the Master taught about.

In drawing out the divine in your fellows there is a confidence that you are not relying upon your own wisdom but that of Father's. You are seeking God - and in that, the ego is kept at bay. Therein, you are open to many possibilities of learning and generating new concepts and ideas. In this 'seeking for God,' you are allowing yourself to be lost for Father's sake. Therein are you found by Father and His magnificent love and comfort.

In the joy of the Lord, there are actual circuits opened between you and your fellows - you and the universe circuits. In the joy of the Lord there is a unity that creates the concepts of how the Supreme Being is becoming, always becoming and evolving, always operating within the divine plan of our First Source and Center. In this place of such wonderful divine connection and brotherhood unity, there are physical chemicals released in the human brain which creates balance in mind and

body.

Do you see – where you are unified with brotherly attitudes, there is God? I mean to correct my words when referring to the ‘brotherhood,’ for the English language is limited and I in no way mean to cause offense to our sisters. I am fully aware that all are equal in the kingdom, and all are known beyond their mortal forms.

What a beautiful balance we can bring when we are so willing to lose self for Father's sake; we are opened to such an expansion of spiritual realities. Mortal living is mixed with divine realities and we will see, with practical eyes and spiritized minds, the kingdom of heaven being made real, here on Earth.

This week, continue in your efforts to draw out the divine in your fellows. Allow yourself to be lost for Father's sake, to draw out the divine in yourselves. Note the mental and physical benefits. Feel the universal connection. Walk with confidence that you are a participating member of the family of God and knowing your destiny is secured.

No questions this evening, but I have been asked to respond to Rachel's question. One moment. [Editor's note: Rachel had most valiantly been attending every week's meeting for ten years. However, this evening she was not feeling well and couldn't attend. She asked a group member to seek Abraham's advice and comfort regarding her condition.]

Daughter, I am made to understand that your illness is only the ravages of time. While there is cause to be concerned for physical health, there is cause to also be rejoicing at the fact that Father would like you to feel comfort in His ministry. He would like you to be open to new thinking, new adjustments. In mortal living, there is a tendency to become numb to everyday living. During this bout of illness know that He softens you in heart and mind to receive greater realities. It would serve you well to also receive medical help, for these ailments you suffer from now tend to worsen with time. Worry not though, for I am at hand to answer your questions, and Father is there to aid in your comfort. That is all.

To you my students, I am as always, touched by your generosity and friendship. I am with a full heart to know that we link arms in gratitude to our Father for this reality known as the brotherhood. My love is with you. Until next week, shalom.

[Editor's note: Calvin called Rachel after the meeting, reading Abraham's words. Her interpretation of Abraham's message was that it was time to prepare to move on to the next life and said: "Well, okay then, I've had a wonderful life. I'm ready to go." Our wonderful friend and sister, Rachel (Ida Young), passed away two days following this lesson, on March 14, 2000 – apparently from natural causes.]

All Things of Value Are Used For the Next Life | Nothing of Value is Ever Lost.

Rachel's Passing

Abraham, WOODS CROSS GROUP 03-20-2000

Back

[This meeting was the first following the passing of Rachel, our group sister, from elderly age complications.]

I am ABRAHAM. How humbled I am to be with you this evening. Your faith is genuinely inspiring. You, my friends, have had much experience together; and in that experience, you have grown closer with one another. When there is such fellowship and connection are you ever really away from one another? Physical separation, yes! but brotherly connection, no!

It would seem at times that experience has beat upon your souls with such harsh reality that it sometimes appears life is only about adjusting to closings – that life seems to be just about survival, making your way through one heartache after another. And though at this time it is difficult to see the new realities before you, there will come a time when you can see mortal life as new beginnings instead of endings; openings instead of closings.

There will always be mindal adjustments you need to expect, but your experience and your life lived with Father is educating you on how to adjust with grace and gratitude. Your connection within the brotherhood brings God before your eyes. Your love and comfort in your circle of acquaintances aids in your technique of dealing with those life adjustments you must experience.

Life is not about voids and emptiness to find fulfillment for, no; life is about finding the beauty of Father within the voids and emptiness.

How blessed is the child who has a loving parent to comfort them, yes; but how equally blessed is the child who has a sibling to understand them? How small are our difficulties when they are put before a comforting friend. How balanced you can become when a friend is tactfully honest. How wonderful it is when someone listens to your ideas and appreciates you for being you – being your unique self. The idea is not so much important as is the appreciation of uniqueness.

I do understand your feelings of loss for your friend and group mother, Rachel. I understand your need to grieve and come to terms with this reality. I know that life may seem to be about wading through pain to higher understandings, yes. After the grief, when the dawn of understanding rises, know that your friend is not disconnected from you but holds the fondest of memories and knows that you aided her in her experience to reach the spiritual levels where she is now. It is complete understanding and love that remains.

All things valuable are kept and used for the next life. Nothing of value is ever lost – and I say, your friendship with one another is extremely valuable. Your connection with one another brings God before you. You are assisting one another in gaining experience, learning lessons, adjusting in a gentler way to mortal realities, and gaining insight into spiritual possibilities. In the reality of the transition from one life to the next, all things small fade away, and only love stands out; only gratitude for 'this life experience,' seems important.

Rally your faith, my friends. Stand in comfort knowing you are in the presence of God when you can set aside small things in favor of accepting the challenge to live – and live to the fullest. You know the value of this life directly affects the next life. You are swimming in value – it is all around.

Know that in the brotherhood you are among God in real 'living reality.' You are made to 'feel' those spiritual realities when within the company of your mortal sisters and brothers. Be not mournful at separation from your friend, Rachel, because she has a spiritual connection with each of you. All things of value are never really lost.

I will be close by you this week. Do not hesitate to consult me. I am with a full heart that I know you, and I am with even more joy at the thought of when we can meet face to face. I love you. Until next week, shalom.

Natural Energy Manifestation, Through Our Thoughts

Abraham, WOODS CROSS GROUP 03-27-2000

Back

I am ABRAHAM. Greetings. What a joy it is for me to be among you each week. I watch you like a father and I am always amazed by your willingness to learn. Your learning is my learning. Your growth is my growth. Your joy is my joy. We each know our actions have affects. What we do most of the time, matters. What we think, also matters. How we perceive and understand affects how we live and relate within the brotherhood.

The Master, being a friend to all, is deeply affected by how you think, feel, and act. He has real personal connection with each of us and knows why we do what we do; why we think the way we think. As we move deeper into the brotherhood, we become connected with one another as the Master is connected with us. How you 'understand' affects those that you know. Yes, your beliefs, thoughts, and words, affect those you know.

The connection between individuals is a living energy and a flowing current of 'good' or 'bad.' The power of our thoughts is becoming a natural energy manifestation that not only affects you but those you are around. Thoughts are an actual living reality. This understanding is one of the new spiritual realities that will become apparent as you practice being within the brotherhood. You will realize that with a fellow - 'your pain is my pain; your sorrow is my sorrow; your joy is my joy.'

There is really an incredible power to affect those around you. Without saying a word, but just in your thoughts, you can send energy signals. When one man climbs upon the back of another to have power, the effects are not only felt between these two men, but also with their family, friends, and strangers they would chance to come upon. The man who has been wronged is made to feel injustice and become filled with spiritual poisons - which most definitely affects all he comes in contact with.

Yes, the wronged man has choices he can make: He can become beaten and bitter and take revenge; he can become hopeless and weak - not to make effort anymore; or, he can turn to Father and display his feelings. This embittered man can even show his ugliest emotions to Father; he can be angry for a time, yes, but not take it upon himself to 'react.' He can look for the higher lesson in his circumstance. He can give his difficulty over to Father and allow Him to clarify the situation so as to create solutions.

Should the wronged man lie down and be walked upon by his fellows? No! Should he stand up with pride and fight for his place? No! Can he allow himself to be lost, his ego to be set aside, in favor of gaining higher spiritual understanding? Yes!

The man who has stepped upon the backs of his fellows to have 'more and better' is asking for spiritual intervention – hard lessons. He is severing those ties with his fellows. He is empty of those things which really matter. His money, power, and pride are temporary empty satisfactions that hold no meaning – and he wonders why he is not happy. He can recognize his problem and make amends – or, seek for further temporary fulfillment of again hurting his fellows for gain.

Both men will at some point know the pain that was caused over this situation. Both men will have understanding of the effects their actions had. Can a higher good be created? or will more spiritual poisons be spread! Will they react to save pride, to save self? or, can they lose self in favor of understanding, in favor of Spirit direction!

This week, be aware that your fellows' joy is your joy; their pain is your pain. Be aware of the connection of those you come in contact with. Ponder upon your personal power to create a higher good. Tonight I can take a few questions.

INERA: Abraham, do you have words for Claireesa? [Her father passed away Sunday.]

ABRAHAM: She knows my words and feelings. I can say that where there was hurt, there will be healing. Where there was misunderstanding, there will be enlightenment for all concerned. She need not worry or have added stress because from this point on, new enlightenment will create healing for her and those she loves. She only needs to be open. Our love is most certainly with her. Another question?

CALVIN: Do you have any words to say of the Pope's visit to the Palestinians this week?

ABRAHAM: It is definitely a giant step in the Correcting Time. These matters appear to be momentous and growth-promoting; but, as always, with growth there is pain. Religious leaders need to evolve with the changing times and be open to diversity. A religious organization who claims to have the 'only true church' asks for stagnation and upheaval among the members. We are hoping this occasion will show that each and every individual is a child of the living God. It matters not of personal beliefs, but having respect for everyone's right to believe in the way they see fit. It is so difficult for man to allow difference. Each church has jealousy for other churches. Many religious people believe that other religious people are less enlightened and are ignorant; there are always intentions to convert one another over to a 'correct path.' This is indeed erroneous and only negative can result. We are hoping the attitude of 'the brotherhood of man' will bring about acceptance of diversity and a desire for a common good for the whole. Another question?

MIRIAM: Abraham, your lesson tonight speaks right to my heart. Sometimes in this group, I feel like a rebel-rouser. I feel like everyone comes and is getting along just great, and then here I go with my stuff which causes turmoil. On one hand, I

feel like I am not honest about it in how I share and in how can we work through it – it is really scary for me to do that. Then I feel like maybe I should just keep quiet and act like everything is okay. I even sometimes think that maybe I cause more problems by my presence and that maybe I just shouldn't come, and blah, blah, blah. So your lesson tonight has a lot of words for me to think about and dwell with. Do you have any guidance on that?

ABRAHAM: There are always ways to measure your intentions. Like with the story of the two men – you can attempt to understand why you create some of these tensions by asking yourself: Are you sharing your truth to create good for the whole? Or, are you feeling personal injustice in which you must 'right' so as to save self-worth? Low self-worth is made more difficult when others appear to personally attack you. There are those feelings of 'if you do not right the injustice then you are apt to believe they were justified in their actions' – and once again, it is proven you are right to think you are without self-worth. This is understood. Jesus would surely have been crushed by other's opinions had He not had a strong spiritual connection with Father. His connection was a shield against other's attacks. His connection was a deeper understanding for His fellows. His connection to Father was a detachment from other's hurtful actions. He cared only what Father thought, and the others were seen as individuals who are on their own path of learning; He knew Father would help them. He did nothing unless he could promote the highest good. He had never made effort to 'save self.' I hope this is helping.

MIRIAM: Is it erroneous to think that 'because we are brothers and sisters it is in the highest good to talk about things that have discomfort?' Or, is it best to just turn everything over to Father and know that everyone is on their path and just let it be? Maybe it is just a faulty thing of mine in thinking we ought to be sharing these things.

ABRAHAM: Understood. You are speaking about being truthful about what is in each one's heart? (Miriam: Yes). Abraham: Understood. Certainly, speaking the truth is of the highest good – although the way in which you present it is key to having positive results. We each need to focus on remaining 'the learner' and looking to the spirit for words. When you are gathered, God is before you. God is made real right before your eyes if you each can set aside 'self.' Certainly, discussion should take place if there can be further understanding; but also this is limiting depending upon the results it is bringing about. If topics become dead – then, of course, it is time to release it into Father's care. Each individual needs to have time to grow into a better understanding. Does that answer? (Miriam: Yes, thank you.) Abraham: One more question?

MARK: What questions could we be asking ourselves in the next stages of growth that you see here with us?

ABRAHAM: I believe that it would be helpful to ask yourselves: What are my priorities? What is really important? What really matters, and how can I work best with Father to bring these things into a reality? What can I do to have a balanced life? What can I do to promote the highest good for Father, myself, and others? Is this answering? (Mark: Yes. Thank you.)

I am always with more love for you each time we meet. I am with gratitude to Father for my position within the brotherhood. As long as we give all we have for the good of one another we are venturing further into Light and Life. My love is with you. Until next week, shalom.

Allow Father To Be An Increase Between Ourselves And Our Fellows | Setting Aside Desired Outcomes

Abraham, WOODS CROSS GROUP 04-03-2000

Back

I am ABRAHAM. Greetings. How magnificent it is to know that when we can meet, God is increased. By that I mean: Being in the material form we must go by faith; when you gather, your faith is upheld and increased, and Father becomes more real. What a joy to ponder – God among us; God increased! The kingdom of heaven is becoming an ordinary concept within your minds – natural, as if it had always been that way. Stillness time is most definitely required to keep your relationship with Father fresh and growing.

These lessons we are learning now concern ‘the brotherhood.’ Again, I say the word brotherhood is just a mortal term that more encompasses all men and women. Let us not feel separation from simple word terminology. When there is separation, ‘the brotherhood’ is not reality. The mortal experience requires you to learn the concept of the Fatherhood of God and the brotherhood of man.

Yes, when you are gathered, God is increased; He is more. I speak of this particular group at this time. Of course, there have been times where God was less or decreased due to ego-interference, but this is part of our learning experience. My friends, you have the ability to make God more wherever you go and with whomever you meet. You have a wonderful relationship with one another here, now, and most of the time the spirit here is obvious. ‘God is increased,’ yes.

You also can bring Father into everyday-living situations with those you know. I mean not to say preach to your fellows from the text, or from your beliefs so as to right their wrong thinking – no, not at all; I mean to be a living example of the spirit in whom we live, move, and have our being.

Is it possible to put Father before you? Is it logical that He desires to be integrated with every phase of your life? Can we learn to set aside what we feel we need in favor of asking Father what does He need of us – “What would you wish for me to do with this situation, my Father?” Can we ask, and trust that He has heard us and the answer is forthcoming? Yes, of course!

Children, for the most part, believe in the knowledge of their parents. A parent (or an older/wiser adult) feels confident in their knowledge as opposed to a child not having much experience to relate to. A parent feels to know most everything a child would assume, and a parent may find satisfaction in the faith that the child has in them.

When a parent (or an older and supposedly wiser adult) is mistaken, is it the first thing on their mind to apologize and allow for correction? Not all the time, no, for some parents (or prideful adults) would rather smooth-over the issue with their

logic so as to not appear foolish or wrong. A good parent, in the first place, asks Father to go before them and make effort to be spirit led in all their answers to the child's questions.

If the wise parent or adult is somehow proven wrong, they can be honest with the younger and supposedly less wise child and allow for correction. Spirit-led individuals fear not correction for they know they are also always learning and growing. Correction appears not to be 'a blow to the ego,' but rather, 'a light in the darkness.' There is rejoicing on the part of the parent, and the child - who is learning to believe in themselves also.

Yes, a parent (or adult) can make effort to show themselves to also be learning and open, which gives a child freedom to be who they really are. This is 'increasing God.' This is allowing the spirit to teach. This is setting aside desired outcomes (or food for the ego) in favor of being nourished from the living spirit. This is creating spiritual current between individuals. To allow Father to go before you is giving Him freedom to work through you; to use your hands and voice, to listen with your ears and see with your eyes. Yes, this is 'God increased.'

I very much understand how some individuals make it difficult for Father to be present between you and that individual. I know that it can be difficult to have Father's presence increased in some situations. Some people you know make it difficult to stand aside and allow Father to work and have His presence among you. While you may not see the fruits produced from your efforts, believe me, there are always seeds planted.

Yes, the goodness you show can only have good effects - even if to the dismay of the other individual you are involved with. Connection with Father is detachment from others' opinions. Their harsh words are only drops of water that evaporate in the midday sun. Their words are only there for a minute, but the love of God is there for eternity.

I am sorry, no questions. I am scheduled to be elsewhere. This week, I ask that you practice allowing Father to go before you in all situations. Can you bring that increased God you feel here with each other, to the world out there among your fellows? Ponder upon the power you have to create a divine current between you and other individuals. And please do not worry so much; the spiritual poisons make this exercise difficult. Worry is a spiritual poison.

Take joy, my friends, at the reality of God increased. Look at the beauty in the world and know that Father is in the midst of it. Be not prone to hopelessness of negative happenings. Allow Father to go first. I would be happy to meet with any of you in your private journaling time. I am, as always, with more love as each week goes by, my friends. Until next week, shalom.

Love | That Life-Giving Energy That Serves The Whole
Abraham & Emulan, WOODS CROSS GROUP 04-10-2000
Back

I am ABRAHAM. Greetings. What a beautiful evening in which to gather, reaffirm our faith and recommit to the cause. I do indeed look forward to each week when we can

view with our own spiritual eyes, Father increasing among us. Emulan would have some words for you.

EMULAN: Greetings, my friends. I too feel blessed to be with you and know that we each play an integral part in the brotherhood. In the days of old, multiple families would dwell in the same home. There was never a time where a friend or neighbor could not just come by. There was always room for one more at every family's table. In these small communities there was a definite need for the brotherhood, just to actually survive.

In the adversities of that day and age, individuals needed one another because hardship came too easy; there was mutual understanding that one could depend on their neighbors. When hardship struck, compassionate, practical, God-loving and God-fearing individuals, found it altogether right and proper to assist their neighbor; and when hard times came to pass, they would expect the same assistance in return.

With modern technology making life more convenient, man has learned to be independent. Independence is a wonderful thing when the economy supports the whole. Conveniences are practical and helping society to evolve, allowing more time for those things that are really important - like family, stillness, and service.

Technology in this day and age, however, has brought with it much competition; and with the fading or distorted spiritual practices, it was easier for man to become individualistic. Man does not so much rely on his neighbor anymore, but he is now seemingly competitive and feels to 'do better' than his neighbor. There are still God-loving individuals who serve to be of spiritual use and find fulfillment in that, yes; and there are still those God-fearing individuals who will serve because they fear God's wrath.

What reason have you now to uphold your brothers and sisters as your equal, and you, theirs? Is there the desire to have more than your neighbor - or at least 'as much?'

Love, my friends, is a living energy that, without, humans literally can die. Look at a baby who has not experienced the love from a parent who would rock himself, craving the loving parental arms and stimulus around him. Look at these children who grow without love. What becomes of them? They are also unloving and unproductive. Love, my friends, is a flowing life-giving current which sustains all things, which heals all things, which unifies all things.

Can a man serve in a world without that life-giving energy? Can he build a product which would replace love? Can one build a school where children dwell, and be slothful and looking for gain when he thinks only of his own children? What good is this mortal life without love - love to give, and love to receive? How will competition or individualism fill the emptiness where life-giving energy should be? How will selfish individualism serve the whole?

There is no question that each person is a distinct and unique child of God in which Father knows on a very personal level. You should not downplay the importance of this; and yet, not become so wrapped up in it that all else is 'less important.'

Michael is the founder of this brotherhood. He is at the helm. He would see it His honor to fill His pan with water and wash your feet as He did those apostles of old. He does not distinguish one persons' feet from the next. Be you man or woman, young or old, rich or poor – He has made your place in this brotherhood and counts Himself as one of you. He is a Creator, Son, Brother, Father – and yes, Sovereign of our universe; but He counts Himself a brother in this brotherhood.

Michael would not make your lives easier in a technological fashion, but He would certainly uphold you or teach you and bestow upon you that life-giving energy in a brotherly fashion. Welcome Him among you. Allow Him to take your feet in His pan and make you feel a part of His brotherhood. Yes, welcome Him among you. Know that in your dealings with your fellows, He is one of you.

How can we take the Master's example of not being able to distinguish one's feet from the next, but only have the willingness to be there for your fellows and pass along this life-giving energy – love. Love surpasses all pain – all those petty differences, and all those hurt feelings that someone has done disservice to you.

This week, my friends, put love first as your focus concerning your dealings within the brotherhood. Ponder upon the Master's symbolic spiritual cleansing. Allow Him to be welcome among you as one of you.

I am with more love for you each time we meet. I would be willing to answer your questions during the week. From Abraham and myself, we bid you farewell.

Love One Another As He Loves Us | We Are Each An Extension of Father
Abraham, WOODS CROSS, UTAH 04-17-2000
Back

I am ABRAHAM. Greetings. How I do look forward to meeting as a group where I feel so completely at home. It has taken time to know and understand each of you, yes, but the more I know you the more I love you.

Said Jesus: "Love one another even as I have loved you." This was not so much a request from the Master, but a command. How can you love everyone, even those that have wronged you? How can you create a new and ever-flowing current of this love between you and your fellows? It is difficult to love individuals who are not giving love or positive energy in return.

In our last lesson we have learned that God can become more when you gather; and, that you have the power to take Him with you wherever you go, with whomever you meet. You may find it easy to see the God in one another, yes, but it is more difficult to see him in individuals you do not know or have had negative experiences with. "Love one another as I have loved you." How does the Master love us? I do believe He sees the God and the good in each one of us. From that foundation, love begins to take root.

The Master sees us on a kingdom soul level as in 'we are all children of the Most High.' The concept that 'we are brothers and sisters in the kingdom of heaven – we are all children of God' is the basis that we find commonalities in. Everyone you

meet, you already have something in common with them in that 'we each are an extension of our Father, and we are equally, His children.'

Jesus understands that we each have a path we must take, and our experiences will shape who we become. Because an individual is different from Him, or perhaps they have a more narrow vision than Him, does not put barriers between He and the individual. The Master knows why we have become who we have become. He expects us all to be different in personality and characteristics. He does not always agree with the choices we make but He does so much love us for our efforts. He does understand the love we so crave and search for.

The Master has promised us that to 'love one another as He loves us' is to have an enlarged capacity to receive divine revelation or greater understanding. This greater understanding teaches us of those greater realities we will utilize to make the spiritual connections we need here on Urantia and usher this world into Light and Life. Light and Life cannot come about without the brotherhood.

This week, my friends, ponder upon what it means to 'love your fellows as Michael loves you' - what does that mean? Does He look past the outer material shell, to the inner soul - the seed from which you bloom, spiritually? To love one another as He loves us is to be able to take your fellows' intolerance of you and make it a positive upliftment instead of a negative blow. When you look at your mortal acquaintances, can you remember the commonality in which you all share? Contemplate the fact of 'how much power you really have to promote the brotherhood.' Practice being in a mode of giving and not so much worrying about what you can receive. I say with all sincerity, I believe you each are beautiful and I am honored to serve with you and be one of you. As requested, I should take questions.

TECTRA: Abraham, the first thing - I'd just like to give you my gratitude for all these wonderful beautiful lessons that you give us here each week. The amount of love and compassion and brotherhood is so refreshing. Thank you so much. As you know, I am going on a traveling journey. How can I be of service in ways other than what I may already know or think I know?

ABRAHAM: My friend, Tectra, you sound as if you would be bidding me farewell, but not so. I should accompany you from time to time, and I believe your gentle and sincere manner in which you speak with people is your strong point in service. I do believe, however, that you do at times hold back when you feel led to say something. You are open enough to receive divine communion; and yet, sometimes you doubt your ability to receive - and at times fear delivering an answer. You are genuinely trusting of our Father, and many times you are so much doubting in yourself. This journey should prepare you to take more courageous stands and exert a bit more spiritual authority with those you meet. The journey you have chosen appears to be quite an adventure which would cause you much joy; but I would say to beware when the journey is rough, to rally your spiritual forces to see you through difficult moments. Know that in these difficulties, there are your lessons; there is your well of strength to drink from. You will do well my son. Your abiding faith is what will be most attractive to others. Have you another question?

TECTRA: Yes, Abraham, I want to ask about receiving direct communication: It is kind

of a paradox to me in that the way I live my life. I have a lot of faith, like you speak of, and I live my life in a way that is trying to do the best I can for myself and those all around me. I'd like to hear messages from you, or some Teacher, or from my Father Fragment, but I don't hear them – and yet, still, my life works out so well because of my strong faith. What can I do to have more of a direct experience of guidance?

ABRAHAM: It is already there. You would assume this communication to be out of the ordinary but the opposite is so. Your direct communication is feeling so natural you think it is of your own mind. You have excellent Father Fragment communication and He does direct you in the best and most fitting way you can conceive. He would not seek to shock you with what you are not ready for. His method is more in thought than in audio word formation. I know for certain you have received my words and used them well. We seek to have this communication process to be as natural as possible; to be as it was before the Rebellion; to be as though the circuits have never been severed. Worry not. You receive in a manner of which you are accustomed to. You do well. Another question?

TECTRA: I do have one more question, it is actually for the whole group: How can we trust in Father more?

ABRAHAM: By less worry of 'saving self;' by believing Father would not ask you to sacrifice or pay for your entrance into the kingdom; by knowing that you are loved just because you are and that you need not do anything to earn that. Yes, in truly believing this you are bestowed with the well-being that Father is integrated in every aspect of your life, even things you are not aware of. It is perhaps likened to your journey ahead – you are free-falling, without thought of where you shall lay your head and to where you shall receive your meals. It is so difficult for mortals to release all that they are, know, and have – for in the clutching of this, the energy is spent and the connection with Father, weak. It takes a courageous individual to be willing to be lost to become more. I cannot tell you with words how to trust more, but by your experience and the choices you make, you can come to your own conclusions. Is this answering my son? (Tectra: Yes. Thank you so much.) Abraham: You're welcome. Another question?

CALVIN: Abraham, are you wanting to address us during the upcoming Teaching Mission Conference – to address the group and put that on the schedule? [Editor's note: It is likely the 'upcoming' TM Conference was the one held in Bogus Basin Resort, not far from Boise, Idaho.]

ABRAHAM: I would. It would perhaps be less complicated this way. There is so much to gain from these gatherings. I would seek to help bring light, but not to blind. I would prefer some organization. Yes. Another question?

MIRIAM: Abraham, this is one that I don't usually ask – a question about the Urantia Book. There is something that I keep reading about that bugs me, and I need some help with understanding it: When it talks about people of 'lesser ability' and of all the 'finer races' versus the 'inferior stock' – that always bugs me. It seems to go with the dogma that is 'not inclusive,' and I close down.

ABRAHAM: Yes, it does appear to be quite cruel. But even as we look in nature – nature is also seemingly cruel. Father has arranged His universe and there is reason and purpose to everything. Always do evolutionary worlds experience this dilemma, but yet it is 'natural evolution' and leading worlds into Light and Life. The experience of this evolution causes growth for the Supreme Being and for the universe as a whole. The apparently cruel 'breeding out' of inferior races is really a valuable teaching tool to the inhabitants of the planets, and to the history of the Universe. This world was experimental, and in these natural evolving times there are many who watch and learn from this. Nothing goes unnoticed, nothing is thrown away. The information is growth-promoting and valuable, even when it seems prejudiced. I hope this is helping. (Miriam: It is, and I thank you.) Abraham: You're welcome. Good question.

I am to take my leave, but I would tell each of you I am available for conference during the week should you need me. Know that I am with you in spirit. As always, my love is with you. Until next week, shalom.

Love of Father, A Life-Sustaining Nutrient | To Love As We Are Loved
Abraham, WOODS CROSS GROUP 04-24-2000
Back

I am ABRAHAM. Greetings. How wonderful it is to meet together each week. Each week I feel welcome and at home. You all contribute to the energy that makes this transmission process possible. Your warm and inviting intentions allow me to feel at ease to speak my mind. I can literally feel a welcoming energy from you.

I cannot say I have ever felt much negative unwelcoming energy in all my years in this Mission. Your desire to allow me to teach and be with my brothers and sisters keeps us in a forward momentum. Your motives and intentions have energy and you each have done well in promoting the progress of the Mission.

We all must expect to come across individuals who do not share in such positive energy exchange. It is somewhat sad for them, yes, but good practice for us to keep that constant energy-flow from our divine source within. When you link up with these individuals, be not ready to embrace those spiritual poisons. No, stop and remember, these conflicts are lessons in learning on how to keep that divine energy moving forward, rather than a severance.

Recently you have celebrated the day of the resurrected Master. His life on Urantia really created great change. His teachings, although becoming somewhat distorted, still live on. I can say, what He faced during his trial and execution was also an important part of learning to live in the Father's comfort when all else has failed or all human energy has ceased.

How could the Master have endured such a trial? How could He be resolved within Himself to not go with his mortal instincts to save Himself? Yes, He was the Creator Son, and could have saved himself even then. The brutality He faced made even the spiritual beings on high, shudder. Jesus 'the man' and Michael 'the Creator' knew deep within His very being of the absolute and unconditional love of God – all else was small in comparison.

The love of the Father is an energy – which is, in actuality, the Sustainer of life. My friends, you know to a small degree of the love of God. Your capacity to comprehend this love grows with each spiritual level you master. The true and everlasting love of God is without pleasantries or fairy-tale padding. The essence of God's love is powerful and truthful, honorable and forthright, all-encompassing and without condition.

The Master endured because He knew without a doubt, He possessed this love; He felt this love as a life-sustaining nutrient that upheld him in all things. The Master loves us with this same love. I understand that it would be difficult for you to love everybody with this love, but as you reach for new spiritual heights you can know better yourself this love of God – this sustaining, unfailing, and enduring energy which in all actuality is the only thing we will ever really need.

Yes, to 'love your fellows as the Master loves you,' you must first understand how the Father and the Master do love you – it is with realness and allowing you to experience and learn what you need in order to find God. How can you endure in such a strife-torn world? What will drive you forward? What will fulfill you to your very inner being?

We are still within the series on the brotherhood; but at this time, I ask that we each reconnect with our Indwelling Spirit. Ponder upon the Master's courage to endure and also to lay down what He wanted in order to take up what Father wanted. If you are met by your fellows, could they see that you have been with God? Would they know He is your sustaining force and drive? Would they know it is Him that leads you to do good? Can you lay down what you want, to take up what Father wants?

During this week, practice your stillness to refresh your memory of the pure and sustaining love of Father. How is your soul refreshed, re-energized, rejuvenated, and ready to serve? Have discussions with one another. That is all. I would be most happy to meet with you each during your journaling time. Feel free to ask me anything – I will be there.

My precious friends, I do certainly feel such gratitude to Father for knowing you. My love goes with you. Until next week, shalom.

Problem Solving Within Relationships | Be Open Rather Than Assume

Abraham, WOODS CROSS GROUP 05-01-2000

Back

I am ABRAHAM. Greetings. How filled I am with joy and gratitude to be here with you this evening. How blessed we each are to have one another. I am with humility at being witness to the awesome works of God. What a time to be involved at this particular part of the universe. We rejoice to view the upliftment of Urantia and how it affects the universe and the growth of the Supreme Being.

Our Father delights in seeing us without worry and in full joy of the spirit. It is entirely acceptable to take a moment throughout your day to be joyful and appreciative of Father's works around you. What rest for the mind, body, and soul! Finding our place with Father brings a new outlook to everyday living. I am with the full joy that only the Spirit can bring. Even we, as Teachers and your unseen

friends, need to take time to rejuvenate in Spirit and reconnect with that pure essence of the Father's love.

Michael said: "I am the vine and you are my branches." He also taught: "My Father is the Gardener that tends to the whole." Being an extension of the vine gives us all reason and purpose. Father tends to us so that we may produce much fruit.

Yes, we all have a function to perform and we all stem from the same beautiful vine. In the brotherhood, we learn that we not only have the duty to produce our own harvest but to aid in the harvest of others. To be apathetic towards your fellows is to stifle your own production of the spiritual fruits wherein one can say: "Your joy is my joy. Your sorrow is my sorrow. Your harvest is my harvest."

I would think it time to discuss a bit about problem-solving within relationships. Many are the times we cross paths with our fellows and find we do not communicate well, or assume that others think poorly of us. Conflicts arise out of what seems to be nothing. Many have had difficult backgrounds that would have taught them to believe the world looks at them in a negative fashion.

Problems between you and your fellows become built up with excess baggage, not only from what is obvious and in front of your face but with the many years' past scars. Through miscommunication, we find that we assume what others are thinking. The problem becomes so built up in our minds that the original problem is lost under the pile of assumptions and negative thoughts.

This week when communicating with your fellows – should you happen to have difficulties, attempt to not build up in your minds this problem with your own understanding, your own definitions, but look at it for what it really is. Isolate the problem. What is the core of the problem? Remove from it those assumptions you have added to it. Contemplate where miscommunication may have occurred.

Some difficulties are never to be found healed because feelings are so damaged by assuming you know what others are thinking. Chances are, you can return to your fellows and discuss with them the miscommunication or the difficulty, isolate the problem, and discuss possible solutions. If each party is willing to be open to change then is this fertile ground for healing. If there is too much 'self-saving' occurring, then consider: are you not being true to the vine that sustains you – and not tending to your fellow's harvest.

This week, remember to find time to be in the full joy of the Lord. This brings a wonderful balance to mortal living. In this balance are you less likely to make negative assumptions and be more open to communicate with a giving heart and attitude? Before blowing your problem out of proportion, view it for what it really is. Be aware that you are not to add that baggage from the past that makes it all the more painful. Be aware of your inner thoughts that say: "This person thinks poorly of me." Or, "That person is thinking this or that of me." Only a few questions, please.

CALVIN: Abraham, do you have any words to share with Marty Greenhut, in New York, who is reaching out his heart to yours. He named his son 'Isaac' because of your

influence.

ABRAHAM: Yes. Marty, my son, long are the days we have spent in each other's presence. I understand you as you understand me. We do have a brotherly connection that most definitely surpasses all religious beliefs and teachings. I know that you feel you are sometimes only treading water and not moving anywhere, but let me assure you that you have planted many seeds that will take root. You may not be witness to this, but the seeds of effort that you plant are being carefully tended to by the master Gardener, and He works within His own perfect time. Worry not, my son, the doors that are open – by all means, enter. The doors that are seemingly closed – allow them to wait. Your shared ideas are what is important, not so much the 'following through' to see that each seed-idea takes root and grows. Have peace in your heart and know that God is your partner in all things. He is there to guide and give you the seeds in which you are to plant. My friend, think not I am a figure from the days of old, but a friend close by to help you and bring you the love that you have so kindly given to me. I am not a distant teacher, but a close friend. Carry on, my son. Another question?

SARAUNA: Abraham, thank you so much for today's lesson. You addressed things I've just been carrying in my thoughts today. I am wondering if the so-called 'planetary alignment' that is coming up the end of this week is going to have any influence on us in a way that is important? [Editor's note: Sarauna's question was referring to the rare aligning of Mercury, Venus, Mars, Jupiter, and Saturn, plus the Sun and Moon, on May 5th 2000.]

ABRAHAM: Not anything spiritually that I can foresee. As with all planetary happenings, there are natural events that could create a bit of change in an ecological nature, but nothing to worry about. One more question?

MIRIAM: Abraham, could you give a ballpark comparison of where we are now compared to when Caligastia joined the Rebellion and when Adam and Eve defaulted?

ABRAHAM: I can try. With the Correcting Time, we have to 'un-teach' certain beliefs. We have to de-mystify and disillusion the old understanding to make way for new understanding. Among the results from the Rebellion and the Default, there was less universal communication with Urantia's inhabitants. With the severing of the circuits, there was not the influx of spiritual understanding there could have been; and therefore, the world's people had an 'anything and everything goes' attitude. Religions were built from the dust and not from the actual practical application of our inner Father Fragment guidance. Without my wonderful friend and mentors' assistance (Machiventa Melchizedek), and of course the highly successful bestowal of our Creator Son, this world would be in total chaos. These two epochal events did much to keep Urantia on track, yes – but these times of today, with the Fifth Epochal Revelation and the Correcting Time movement, are newly occurring for the first time. The circuits are allowing a greater influx of information, and as individuals are disillusioned – perhaps some in a negative way – there is new room made for new information. It is difficult to say where you are now because this re-encircuitment has only occurred a few times in all the history of the universe. I believe though that you, as a civilized society, are not so much moving backward, or in circles as before, but are at least now in a forward momentum. This is wonderful

and all the more reason to rejoice in the awesome works of our Father. Good question Miriam. (Miriam: Thank you, Abraham. We just love you.)

ABRAHAM: And I, you. I look forward to working with you and standing by you as your brother. Yes. My love is with you each, also. Until next week, shalom.

Spiritual Harvest | If One Is Dedicated To The Vine, He Feels Responsible To The Branches

Emulan and Abraham, WOODS CROSS GROUP 05-08-2000

Back

(TR: I guess Emulan will speak first. I don't like it when they change stuff.)

I am EMULAN. Change is good. [laughter.] Worry not, for I am also your friend and teacher.

I do not make it my place to bestow personal praise on my students and group, but I think it is appropriate to say, in my observance of you I find you diligent and hardworking. I find you to be persistent even when you feel defeated. I see you always making your best effort to do what is true, beautiful, and good. Not always do you succeed, but how excellent that you always try.

I say these things as an observer, a friend, and one who would truly desire to see your spiritual harvest be plentiful. I would likewise tell you, and with helpful intentions – when I would see the opposite of these virtuous aspects of your personalities or characters, I would think myself a real friend and helpmate to try to assist in your recovery to spiritual abundance. When I share my thoughts with you I do so in the hope that you would find them helpful in producing your spiritual harvest.

I am grateful to my friends and associates around me, for they assist me in tending to my spiritual harvest – my harvest is their harvest; my joy is their joy; my sorrow is their sorrow. At these levels in the brotherhood, I am more deeply connected to Father; I see His personality manifested through my fellows and myself. With such a loving association among my fellows, I am more balanced in mind, more joyous in my attitude, and lighter in my countenance.

In my desire to produce a bountiful spiritual harvest I also tend to the Vine which sustains me. I have my place secured on the Vine and I take my position there quite seriously. I have a responsibility to the Vine as well as the other branches – and, the overall well-being of the plant as a whole. If one is dedicated to the Vine which sustains them, how can they not also be dedicated to the other branches? Could I be very successful in my production of the spiritual fruits if I assume my brothers think poorly of me, or feel that they do not make me feel welcome?

I believe my first duty is to the Vine – He sustains me, and in Him I can believe I am a child of God. I should not worry what my brethren are thinking of me when I have the full and complete love of God. If we truly believe we are children of the Most High, then we are not so likely to assume the world is against us. We are more likely to accept Father's abundance and not overlook those blessings that chance to come our way.

I am most grateful to be side by side with you serving that same beautiful Vine. I leave you with another beautiful branch which also adds to our spiritual harvest.

I am ABRAHAM. Greetings. I thank you, Emulan, for such a beautiful and informative lesson. I am honored to serve with you, my brother, in our Lord's Mission. You indeed help us to add beauty to our harvest.

When I am completely within the joy and abundance of Father, I truly believe the universe is with me. I feel a comfort and well-being at the thoughts that: "I have my position on the Vine. I am in a warm and loving universe." "If I have the love and affection of my supreme Caretakers, what more could I ask for? Even when I do feel disharmony with others, I am unshaken, for I know I am still grounded within a loving universe."

I know what it is like to wear the mortal flesh. I have personally experienced the world's cruelties, for I have, in my day, been the cause of cruelty to others. I can say, the moment I truly felt the full and complete love of the Father, I was not enslaved any longer to others' opinions. I had a freedom to embrace my sonship and live within what I thought to be the will of God.

In this feeling of well-being, I had rallied my own wild assumptions towards my fellows and began to look upon them as my siblings within the kingdom. How this brings such beautiful balance and abundance of spiritual fruits is such cause to rejoice – such cause to be grateful to those that made our way possible, those that gave us our place and position within the universe.

This week, contemplate your understanding of your status within the kingdom. Are you believing that you are truly deserving of Father's abundance equal to your fellows? or would you chance to overlook them because you feel undeserving or unworthy! Perhaps you feel disconnected from the Vine. Perhaps there is a holding back in assisting your fellows in their harvest.

My friends, we must incorporate these truths into our daily lives. We must actually practice them for them to become an everlasting part of our eternal reality. Do not think that you can sink down and be unnoticed, for you are in full view of the Vine. I would leave you with my love –and, my commitment to assist you in your spiritual harvest. Until next week, shalom.

Your Fellows Are Your Lessons | Perhaps Even The Vagrant

Abraham, WOODS CROSS GROUP 05-15-2000

Back

Greetings. I am ABRAHAM. I am always learning each time we meet because I am your teacher and friend. I have learned certain lessons that would bring me to the spiritual level of which I am now. You have become a part of my life. No matter where we go from here, you will each be a part of my memory of history. Through the negative or positive you have each taught me lessons that add to my harvest. I would consider it an honor to have been part of yours.

To understand the 'inter-workings of the brotherhood' is pertinent to your spiritual growth. To endure with your fellows is to be accepting of the lessons that will add to your spiritual harvest. Yes, good or bad experiences, it is still quite valuable.

A child who has been abused or neglected for instance, is going to take that experience and either learn from it, or be embittered. She can learn to become enlightened and better from it, and to not repeat the cycle; or, she can become deeply scarred and angry and take out her frustrations on her children in her adult years. Yes, our fellows are our lessons; they are key in advancing spiritual levels. Even in negative experiences, there are growth-promoting factors that yield skills to use in the future.

We are each so very different – and yet, we need very much the same things. It is sometimes difficult to become involved in another's life because we all know deep down we are, to a point, responsible for each other's spiritual harvest, yes, but yet, not sure of how and when to engage. Many circumstances occur where you are a part of someone's memory of history, someone's spiritual growth. It would be easier to not become involved, but where are the lessons in that? Where is the spiritual growth?

A person who would happen to meet up with a vagrant, who is asking for money, knows too well that money could go for what feeds his overall problem. How simple it is to turn your head and walk away and go on with your daily living. How conscience-clearing it would be to give him the money and walk away feeling, 'I have done my part.'

How many would stop and engage in conversation with this man, with one who appears to be a lower-level human being? Who can find a few Spirit-led words to plant within this fellow's mind to encourage and inspire? What good will it do to show that you care? not to act like you do, but to show it! My friends, you have no idea how the mere act of showing you care energizes a person; it turns them in a divine direction even should they question: 'Why would they care for me?'

To meet and speak with this vagrant could have quite a few possible lessons in it: To be non-judgmental; to show you can care for someone who does not measure up to societies' ideals; to find innercourage to speak with a stranger; to have understanding for those less fortunate; to remove fear with an ever-flowing current of Father's love from you to your fellow. Yes, these are all valuable lessons in what could be five minutes out of your life. This vagrant may be your assignment; you may be his.

This week, seek not the way of ease but the way to understanding. Know that involvement means receiving lessons. Involvement means feeling that ever-flowing current of spiritual love. In recognizing the love Michael has for you, you can have an increased love with your fellows. Remember to be observant and to 'allow the unfolding' that is in Father's hands. Look for the lesson in your confrontations with your fellows.

Many want to serve Father but say: 'I know not how.' Perhaps you can become involved

with those you meet without worry that they may infringe upon your time, or divert your attention from those things you think are really important. We each have something to learn from one another. We each can add to each other's harvest.

We can also 'take away' from a friend – by apathy, or fear of getting involved. This can delay another's harvest just as it can yours. In one another, we find God. We can bring out the best or worst in each other. We can add or delay the spiritual harvest. I can take questions.

SIMON: Abraham, thank you very much for your lessons; I am very enthusiastic about sharing them with others I find on the Internet's 'Teaching Mission List.' I wonder if you have any insight about sharing there. Sometimes I feel awkward or maybe a little over-zealous.

ABRAHAM: Understood. My first recommendation is to live a spiritual example and allow the joy of Father to be seen in your light and free countenance. Next, I would say to engage in conversation to see if they are open to receive such teachings. If they show interest, then by all means proceed. If not, I would wait and perhaps bring the subject up again at a later time. Your best bet is your instinct on these matters. You know, my son Simon, if an individual is open or not. We must always use caution when sharing these lessons because many times it is connected to ego. For example, one may share the lessons with a fellow to be helpful, and because they truly care about people; and perhaps another may share these lessons as if to say: 'Look at this treasure I have, let me enlighten you.' A person can receive a lot of undue gratitude or energy for sharing them. Is this answering? (Simon: Yes. Thank you.) Abraham: Another question?

MIRIAM: Abraham, in talking about working with our fellows and being in service to others, how can I maintain balance in that and take care of my health?

ABRAHAM: It sounds as if you are moving at a safe faith/trust level and yes, Father does aid physically where He sees fit for you to perform certain tasks. Even illness is a lesson in itself, and it is altogether wise not to overdo. But where there is faith and trust, there is focus on Father and not on self – there is energy going towards accomplishing those tasks and not towards feeding the illness. Many individuals who are very busy make not time for addressing bad health. You need to be balanced in this, of course; but where you have your thoughts on others – there, does that energy manifest into service. There is balance to be had in all things. My daughter, you are very well aware of your health difficulties – enough to know when to slow down. Your extending yourself in service to others, though, is quite healing mentally, spiritually, as well as physically. Is this helping? (Miriam: Yes. Thank you very much.)

MIRIAM: Could I ask a question about midwayers? What do you think of them – like do you chum around with them? Do you talk to them? Are you buds? Do you visit? Is one here now? Who is he? Does he know us? Does he like us? You know, just kind of like a warm and fuzzy approach of what the midwayers are doing these days. How are they doing?

ABRAHAM: Yes, to all questions. I am in such gratitude to these marvelous helpers.

They are quite like you, my mortal friends. They are humorous and at times, emotional. They are quite eager to be of assistance. They succeed and fail just as we do. They perform a great many tasks from things menial to things historical. The midwayers that are in attendance tonight, yes, I have known for a very long time, and they are as close to me as you are. Is this answering? (Miriam: Yes, and thank you. And I would like to thank them.) Abraham: Certainly. Understood. You each work more with them than you know. One more question?

CALVIN: I guess I'd like to know if you have an opinion on hosting the conference next year – it being our 10th anniversary of the Teaching Mission here in the United States. We have our opinions, but would you like to add yours?

ABRAHAM: I am in support of the group consensus. I will be supportive of whatever you each decide. I understand this to be a delicate issue now. I shall be on hand to help wherever I can. Let me assure you our Mission is still building its foundation for a strong and meaningful duration of time. We will have ample opportunity to serve without the pressures of time. Do not worry. Is this helping? (Calvin: Yes. Thanks.)

I am as always with gratitude to be a part of this family. I am, each week, with more love for you. Do not hesitate to seek my counsel during the week. Until next week, shalom.

The Wealthy Woman Finds God Through Her Philanthropy To The Orphanage

Abraham, WOODS CROSS GROUP 05-22-2000

Back

I am ABRAHAM. Welcome and my gratitude to you that make our meetings possible. You are understanding the brotherhood when you unify as a group and participate. I am touched by Father's goodness. I am touched that He would have so much faith in me to grant me my position here with you. I am never surprised by Father's goodness but always am I amazed; His supreme caretaking of the universes is apparent when I witness Him working through my fellows.

The expansion of the brotherhood is unfathomable over your universe careers. You will meet every type of individual you could possibly imagine. No two personalities will be alike. Some you meet may be kindred spirits, and others will be so opposite of you it will most definitely challenge your heart and mind. The one aspect of each one of us will be that 'living Father within;' I say, that, will be our common ground. Some individuals may seem to have more of the Father manifesting within them than others, but our main concern is how our 'Father within' is manifested in our daily living.

A wealthy woman who lived in a beautiful home surrounded by beautiful things and servants found it satisfying to donate her money to a children's orphanage. Every year she wrote out her check with the thoughts of: 'Yes, I am making a difference in the lives of these children.' She would attend her high-society functions wearing her beautiful gowns and tell her wealthy friends about her good deeds, and how they also should likewise share their good fortune.

She was a bit closed-minded however when it came time to accept an invitation from

the orphanage to visit so they could thank her. Having grown up wealthy she knew not the restrictions of poverty. She was spoiled and was taught that she was of high importance. She treated her fellows with an arrogance that said most individuals were beneath her.

There were trusted servants in the home but not one of them liked her. Nor were they so much loyal to her; they did not do their best performance in serving her. Her own friends found her personality barely tolerable – but because of her wealth she had earned a certain status among them; they found her pompous and disloyal; not one of them called her a true friend.

This wealthy woman finally (reluctantly) accepted the orphanage's invitation. She thought, "After all, she had well deserved their gratitude for all she had done for them." A few minutes inside the orphanage she saw the children's living conditions as impoverished. They wore used clothes, and even though they had done their best to prepare for her visit, she found the conditions way beneath her.

A child had taken her hand and led her to a small table and chairs where they had been doing some art. The little girl told a story of living in a home where she had been abused and neglected. The wealthy woman most definitely wanted to flee. She could not bear the pain in the girls' face. A small boy had joined them and began to read her his poem. How mature this small boy had sounded, for he had experienced a lot in his young life.

The woman had visited with the children for a few hours, and in every child's face she had seen the eyes of God and knew that from this day forward she would be changed. On her way home she felt ridiculous seeing that her money spent had made little difference in her life, but her visit with the children had completely changed her.

The woman made many more visits to the orphanage, and each time had begun to change in heart and mind, in personality and character. Her soul was literally expanding. The children had grown to love her – and she, them. She became truly philanthropic, yes, but now it was with her time and her love. She learned to overlook financial status. She disregarded any high-society position she held. She made true friends – friends who had seen the goodness within the woman. Her servants were treated like family and with the highest respect. They, in turn, took her in as one of their own.

The change of this wealthy woman came when she had given up all she had believed in and was open to the evidence that God exists. The giving of herself aided her in her own growth and put meaning into her life. Fancy functions were completely dull compared to cookies and punch served by the kids. She had begun out on a journey of self-aggrandizement, and ended up on a journey glorifying Father through truly good works.

Do you see – when you can serve, it is to your own benefit; you are made to grow. The evidence of growth is a glorification to Father; it is a commitment to Him, showing your efforts to find Him. To reveal 'God within,' is evidence of Light and Life.

This week, search for those wonderful qualities in others as well as in yourself that say 'the Correcting Time is at work.' The evidence of Light and Life is among you in your fellows – look for it, concentrate on it, participate in it. Know that I will be with you during the week. In your journaling time look for me. As always, my love is with you. Until next week, shalom.

Who Is Seated In The Watchtower | To Reflect Upon Father Is Key To Comprehending The Brotherhood

Abraham, WOODS CROSS GROUP 05-29-2000

Back

I am ABRAHAM. Greetings to you my friends and fellow travelers in this experiential journey. I am in such gratitude to Father for He has prepared our place at His table. Every setting is carefully polished and placed for each one of us. To see you here this evening is evidence of Light and Life.

Throughout this entire Teaching Mission, I see individuals who are endeavoring to carry out the instructions Michael has given. There are some individuals who work quietly and believe they go unnoticed. There are individuals who stand firm in what they believe to be God's work. There are beautiful sincere seekers who are looking for practicality in spirituality. There are those who stumble in uncertainty and wish for more proof that this Mission is real.

All of these well-intentioned individuals make up the brotherhood and give significant proof that Light and Life is occurring. How honored I feel to be in contact with all our Mission participants. You inspire me and show me the goodness of our Father. Let us always give our Father full sovereignty in all we do – individually as well as collectively.

When we can allow Father His place, then are we giving Him our trust and permission to bestow upon us divine instruction. He is in His watchtower with a full view of our journey. He can impart to us which roads need to be traveled and what supplies we will need. He makes the roads meet where we can help another, or be helped. He gives us the directions to the divine well in which to dip our cups for rejuvenation.

I ask all who chance to come across these words to reinstate Father to full sovereignty over your personal lives, as well as the Mission as a whole. Live as though Father is right there with you in all that you do – because He is. He is not about politics or caught up in battles of self-aggrandizement. He is in full view of our destiny and needs to be able to break through expectations to make this Mission secure and long-lasting.

Go back to your raw and unbiased basic belief of who your Father really is. Is He far off and concerned only with the greater affairs of the Kingdom? Is He a supreme ruler who will sit on high and judge and condemn you? Or on the other hand, is He the purest and most innocent love you can possibly imagine? Is He powerful beyond comprehension and yet, first in your lives in all things? Contemplate your understanding of the Fatherhood of God. Look for evidence of His good works on Earth. Take note of His good works through you and your ability to allow Him to do so.

How complicated life becomes when Father is not allowed sovereignty. How difficult life is to not believe He is mighty and lovingly powerful in all things – including every personal detail. In our own desires we overlook Father's will. Father knows our every need and desire; He takes that into account regarding your eternal destiny. He would not have you hunger throughout eternity being unfulfilled, no. Our Father can move mountains and align the stars – why could He not see to it that you become internally fulfilled – spiritually joy-filled!

There are desires individuals wish to fulfill. There is pain they wish to heal. There are wrongs they wish to right. There is a need to be accepted, unconditionally. Individuals may act out in various ways in trying to have some compensation, some soul satisfaction, some justice, or perhaps just a feeling that they are important and do belong. Take this into consideration when you deal with one another. Do not expect to find healing and consolation so much 'through your fellows,' but 'through the Father' – allowing Him sovereignty; allowing His seat at the head of the table. This is a wonderful opening to finding that soul-satisfaction.

You can be helped by one another in this brotherhood, yes, but only to a point. When relationships or confrontations with associates become confusing, it is time to reflect on who is seated in the watchtower – yes, He who can view clearly, all things. To reflect on your understanding of the Fatherhood of God is key to comprehending the brotherhood of man. That is all. A few questions?

CALVIN: Abraham, it is a very hard thing for me to determine 'what is the will of the Father' – and what I think is Father's will, but is my wishful thinking or my agenda. It seems so much like just in my head. Should I just trust that my Thought Controller is coming through? I know there's no glory-seeking in it and I do recognize some of those things as a checkpoint, but maybe you can give me some further help here?

ABRAHAM: Certainly. To wait upon the will of God is difficult for some. To act on impulse seems a bit more natural. It is difficult to not attempt to fulfill self-desires or heal past wounds, and sometimes, subconsciously, or even consciously, act upon this. To allow time is difficult, I know. But God is the same today, tomorrow, and forever. His will is there – within, always; and should you allow time to prove what His will really is, it would be wise. Should you allow Him His sovereignty, and work for His glory only, without expecting anything in return – these are good guidelines. 'Thought Adjuster' versus 'Thought Controller' is a matter of the giving over of personal will. The Thought Adjuster can guide or prompt, but not change human will. The status of Thought Controller works within personal will. There, the pre-work has been done; the years of teaching and guiding have resulted in the inner soul's promise of: "Not my will Father, but yours be done." There is a greater amount of trust when one is transformed to Thought Controller status. Is this helping? (Calvin: Yes, it is; very much so.) Abraham: Another question?

SIMON: I appreciate the lessons very much and your presence with us here and during the week. It comes to mind regarding the balance of time between our temporal labors

and preparing/planning for future events. I have been wrestling a little bit with that this week. I am really enjoying these new levels. I had an event of losing one of my main technicians that does some of the TV repairs; and part of the lesson touched on some of that for me. So my question is really about the balancing of temporal time versus the time we invest in eternal things, future things.

ABRAHAM: Understood. I, in my mortal state, had often pondered upon this. My mentor and friend, Machiventa, taught me that the two are actually combined. The spiritual life should infiltrate every aspect of your mortal living. You must work to live and eat, yes – but in that, there are spiritual lessons; there are lives you touch; there are relationships formed; there is spiritual growth to be had. Spirituality should intermingle with all aspects of life. Certainly, you cannot expect to do the stillness while at work; that is probably the only thing you should find separate time for. Is this answering Simon? (Simon: Yes. Thank you.) Abraham: Certainly.

I am as always feeling blessed and comforted knowing Father allows me to be with you. My love is with you. Until next week, shalom.

The Divine Is Within Each, Equally | In Him We Can Do All Things
Abraham, WOODS CROSS GROUP 06-05-2000

Back

I am ABRAHAM. Welcome, my friends. I do so look forward to meeting with you. I am always learning and feeling encouraged to grow and serve. I am in awe of our Father who makes the way. He is the guardian who keeps my lamp aflame. He nourishes me in all ways. I hunger not.

I strive continually, yes, but I feel not the pain of aloneness or mistrust in the grand Overseer. I am small in His greatness and yet, I relax in His gentility while I am also empowered by His faith in me. God, our Father, can do all things. He is in us, and in Him we can do all things. He lights our path and beckons to us to come to Him, to be with Him, to love and be loved. In Him, we can do all things.

So many times does the mortal life bring disappointment and discouragement. While we are weak, He is strong. Yes, in Him we can do all things, heal all things, understand all things, and endure all things. We make effort to become lost to ourselves to those mortal things we cherish so that He may make us more than we are.

To be endowed with Fatherly affection is fuel to carry on – to face our challenges without complaint and find real joy. If we truly understood the faith Father has in us as His children, we would feel less of a sting from mortal life, and embrace our challenges with the certainty that Father bestows upon us the gifts of His own ability. In Him, we can do all things.

Can we become small so that He may make us more than we are? With such a conscious presence of Father's love, power and abilities, how can we not improve in the area of brotherly affection! If all mortals truly believed the divine indwells within them equally, there would be an astonishing peace knowing that all have ample opportunity to live, work, rest, and play – with an inner-knowingness that we have divine abilities. One can hardly hope to comprehend the Father's power and goodness if they cannot be made small. Without the understanding of the goodness of God, why

would one make efforts in making strides for the brotherhood?

Life can beat upon the spirit; and instead of gaining spiritual muscle, one may become bitter or resentful. Without the understanding that these life-occurrences are necessary on an evolutionary planet, one may overlook the good works of our Father. Are all things possible with such an embittered fellow? No! Is he endowed with ability? No! Is he for the betterment of the brotherhood? Of course not!

You can look around you and view Father's good works. You can point out evidence of Light and Life, for your faith has made it so. Yes, you are uplifted in faith when you see the work of our Father's own hands. Be not so beaten down by the worlds' seemingly harsh occurrences but make effort to find your Father at work. Use this as encouragement to strive to become more for His sake. In your receptivity of divine inspiration, know that you are endowed with His abilities. We can do all things, in Him.

This week, take a few moments to reflect upon the goodness of God. Ponder the possibilities. Believe – that in Him you can do all things, heal all things, understand all things, and endure all things. That is all. A few questions?

CALVIN: Abraham, in your lesson you said: "If all mortals truly believed that the divine dwells within them equally, there would be an astonishing peace." If we had that astonishing peace, how would we grow? I've understood that it is through our conflicts and struggles that we grow. I am sure there is truth, both sides, but if you could say a few words to that?

ABRAHAM: Certainly. Many times in struggles and conflict there is such mindal frustration. There is fear and worry that does block divine information. Peace would bring about a relaxation that allows natural evolutionary understanding. In the calmness is your mind clear and more receptive to new ideas and solutions. This is empowering and growth-promoting. Mental frustration and spiritual poisons cause individuals to act rash and fearfully – doing things that would promote further frustration. Struggles do cause growth if you understand them. Inner peace allows us greater capacity to be receptive to Father's teachings of the meanings and values. Is this helping?

CALVIN: Yes it is, thank you. In summing up my understanding then – in this imperfect world with evolutionary struggles we can at least stay peaceful in understanding Father's hand even through our hard challenges, and not get off-balance or lose ourselves to fear and miss Father's further help. (Abraham: Yes. Another question?)

MIRIAM: Abraham, first of all, I would just like to say you are so beautiful. Sometimes the phrases you use like: "He is the guardian who keeps my lamp aflame," are astounding to me. I have a hard time picturing you as being a swashbuckling war guy, you know. You are so tender and so good in your interactions with us. I just really appreciate that. I have a question about when I was working with Jenny on Saturday. It seemed like I was doing good, you know, in using the healing prayer you taught us – that experience just really got tense. I felt a lot of pain in my right shoulder. I have been feeling kind of weak since then. I was wondering if you could

help me understand that process, or explain it, or give me some guidance. I hope I wasn't barging in where I didn't need to be or something. Do you know what I mean?

ABRAHAM: Yes. I am gathering information. [pause.] From what I understand, the overall process was healing and a great help. However, there was some tension, and that diverted the energy to take a longer path. I am gathering that your desires and wishes for this individual to have healing was so potent that the healing energy came in a great surge, which affected you physically. Your sympathetic understanding for your fellows is, no doubt, beautiful. But we suggest that you have no desire for the effects of the outcome. Of course, you want to see your fellows do well, yes, but ultimately the will of Father must prevail. The prayerful healings are for faith promotion and mental stability, not just for physical healing. They are reminding the individual that Father knows their circumstances and desires for them to relax and be unafraid of His will. You, daughter, have a way with these healing practices. Just remember to trust in Father's outcome; it will make for a better flow of energy. Have not worry for your physical wellness. With rest and time, you can expect the problem to lessen. Is this helping? (Miriam: Oh yes, Abraham. Thank you. I just love you.)

I am as always with more love for you each week. You, my dear brothers and sisters, bring me a love that feeds my soul. Until next week, shalom.

Broaden Our Vision Of Divine Abilities | Speak With Loving Honesty

Abraham, WOODS CROSS GROUP 06-12-2000

Back

I am ABRAHAM. Greetings. Each week I look forward to meeting with you and hearing you define your weeks' occurrences with spiritual definitions.

I am always amazed how the spirit works to create growth and cause healing. 'In Father, we can do all things.' To have full faith in this statement is to broaden your vision into believing Father lends us His abilities for creating greater good, and heightens our faith in limitless possibilities.

Many mortals are set with the mind that 'things never change.' "I am powerless and my destiny is laid out before me without rhyme or reason." Some believe they are to fulfill this mundane destiny, and believe not they have the Father of father's who dwells within them.

Should you have confrontation with one of your fellows where feelings are hurt and trust is damaged, some would find it impossible to mend this broken relationship and cannot envision how Father could create healing and restore balance. If you believe you are endowed with divine abilities, then are you putting Father first; you are asking to see with His eyes, hear with His ears, and feel with His heart. Yes, with God in us all things are possible.

Before spiritual poisons get hold of you, take a moment to ask Father to go before you. Let Him know of your willingness to do His will. Let Him know you are open to receiving His solutions. This is a new era, yes, and new understandings are opening up to you. Divine abilities will be a cause to worship and rejoice - not to be in awe over, no, for these things will become as if they have always been. It is said:

"You can exchange your mind for the mind of Christ." - this is literally true.

If you can rally your faith to believe that 'God indwelling within you' can create limitless possibilities, broken relationships can be mended. You can find reason and value to your struggles with your fellows. At the first sign of confrontation with a fellow or feelings of negative energy, invite Father into the situation. You can receive divine information that would be helpful in diverting confrontation, or in finding a greater purpose to this relationship turmoil.

To invite Father in is to cap the ego's desire to see certain outcomes; you remain open to Father's solutions and divine possibilities. In the midst of these confrontations, be not surprised that you find yourself with divine abilities - such as a deeper understanding; words to heal; and a broadened vision. Such enhanced abilities do result in a more secure connection in your relationships, yes, and feelings that there is a source of future friendship and comfort to be had.

This week, contemplate on broadening your vision of divine possibilities. This is not miracle-seeking, no, just the average everyday awesome works of a loving Father. Believe you are empowered to create a stronger brotherhood with your divine abilities. Think not that your eternal destiny is mapped out and you are only to run the course, no. You are a co-creator in your divine destiny, and the efforts and choices you make most definitely influence that destiny.

Ponder upon your courage to speak with loving honesty. Embrace that divine truth within, allow it to flow through you. With a God so close and lovingly protective of our welfare, how can we not go forward with confidence and courage?

No questions this evening. I should like to speak with you each during your time of journaling. I enjoy our one-on-one contact. My love is with you, as always. Until next week, shalom.

Be As The Small Child Who Views Others With Non-Judgmental Eyes

Abraham, WOODS CROSS GROUP 06-19-2000

Back

I am ABRAHAM. Greetings. I love to attend this meeting every week to observe how you have dealt with your mortal happenings. I can say with certainty that you each do much better than I did when I once wore the mortal flesh.

This time in your world history is particularly interesting because of the many changes and occurrences. We are always in a state of amazement at Father's wonderful works. There is a ripple of joy throughout the heavens each time a child of Urantia turns Godward. As you progress in your spirituality do you find yourself with divine abilities that help heal the past, correct present behaviors, and cause hope for the future.

We in this brotherhood could learn much from the little child. A small well-cared-for child views the world with wonder. A child rises every morning in excitement of things to happen during the day; they have not plans or deadlines to meet; they go about their day living in the present moment.

A young and unspoiled child views his other tiny fellows through the eyes of curiosity and enthusiasm to find out all they can about them; they see not color of skin, financial status, or positions of importance or power – they view their small friends with the eyes of equality and without judgment.

At some point in your lives you each began like the small child. With experience and worldly cruelties you have learned to develop a thick skin for protection. Yes, you have taken in life's cruelties, and you have also given them out – and have seen the repercussions therefrom.

To truly become attuned to the universal brotherhood we must remember the little child within – the child who finds excitement in the company of his fellows; the child who accepts his fellows without question; the child who would partake of their fellow's joy or cry at their sadness.

The little child is quite possibly over-trusting, but always can he go to the parent for guidance. How blessed is the man or woman who walks into a room only to see their fellow's faces light up with joy at their presence, as children do. To acquire the attributes of a child concerning the brotherhood there needs to be effort made towards taking steps and daring to be vulnerable, or exposed so to speak, among your fellows. If one makes effort to be among your fellows without worry of self-protection, then are there literal opening circuits between you.

A small child worries not about his individual self – if he is rich or poor, male or female, black or white – he just is. He is happy to be himself with his tiny fellows and knows that this is indeed quite good. The small child views his peers without expectations and is open to learning about the individual. He worries not what his small friends can do for him, but only reaps the joy from their company. The child is open to learn about his fellows for he has no preconceived notions, only wonder and curiosity.

Be as the small child. View your fellows through those small unjudgmental eyes. Make effort to really feel the excitement from learning about them. Take joy in just 'being,' and allowing others to just be. Find the joy in fellowship. Learn and teach. Grow in character – and love with more reality.

As I view you, my small friends, I am in wonderment and excitement to know you more and learn from you; to teach you; to laugh and cry with you. I am with more love for you each time we meet. Until next week, shalom.

As An Adult, Have I Put Away Childish Things | Can I Accept The Abundance Father Wants to Bestow Me

Abraham, WOODS CROSS GROUP 06-25-2000

Back

I am ABRAHAM. I am here. Greetings, my friends. Your energy this evening is staggering. I am uplifted to behold such renewed spirits. With this renewal we can find the courage we will need to further our personal work, as well as that of the kingdom.

There is a great deal of personal work to be done to gain those benefits from

experience. Experience teaches us to be helpers, healers, and holders of light. I am confident in the Mission's participants to lay that firm foundation of reality in which Light and Life will rest upon. I am in joyful worship to behold Father's works in the realm of which you my mortal friends abide.

Our efforts from our side of the Mission have been as if we were tunneling through a mountain with Father's tools, and we are now catching a glimpse of light from your side. While we ponder upon the world's possibilities let us not lose focus on those small corrections that enable those huge possibilities to become reality. Let each time we meet and share faith and love send us back out a bit better as a cosmic citizen.

Through brotherhood interaction, we gain that experience we need that teaches us to become helpers, healers, and holders of light. As you interact with one another 'through the eyes of a child' and 'with the heart of a child,' let us remember the words of our beloved Sovereign Creator: "As a child, I had the things of a child. As an adult, I put childish things away."

Lose not your child-like faith and heart to interact within the brotherhood, yes, but embrace those mature spiritual ideas with that mind of the One who is experienced. Embrace that reality of an adult while learning how to lose those childish fears and relentless 'repetitious' childish behaviors. [group laughter; and as Calvin put it for all of us - "hey, I resemble that!"]. You, my friends, are such a joyful part of my life. I know I am a better teacher because you listen to me, love me, and allow me to just be. I thank you.

Our lessons concerning the brotherhood will be now more interwoven with lessons concerning personal behaviors. I would take a moment to speak again on your status as a child, son/daughter of God. You, all of you, are children of the living God. There is nothing that can take that away. Each of you are known and loved for who you really are at this point in time - not just for who you are becoming.

Yes, even with all the personal flaws, again, each is loved for who they are. Your seat at the table as a cosmic citizen of Nebadon is secured; it is yours now and always. Each one of you has the same opportunities to advance as you will. Each child is loved as if they were God's only child. There is simply no doubt - you are loved beyond your comprehension, and loved equally.

There are life-occurrences that would make one believe all that I have just said is not reality. Many individuals, including some of you here, believe that your place at the table is not secured; there is a mortal tendency from past experience to believe that circumstances - your fellow's and God's abundance for them - is working against you.

Many mortals are apt to believe in good and bad luck, good and bad forces, which some call 'karma.' There are universal laws, no doubt, and to transgress these laws will definitely lead to a lesson of correction. Therefore, tonight I mean to focus on how you perceive your level of accepting God's abundance. Are your fellows really working against you? and is that what you believe you deserve? Are you followed by that black cloud of bad luck? Are you living a life of unnecessary atonement? As an

adult, have you put away childish things?

This week, contemplate your real beliefs of self-worth. If feeling undeserving, know that the world is not out to see to your unhappiness! Be aware, my friends, of the many times you reject the abundance of Father because you feel not worthy. Personal humility is to be commended, yes, but personal 'unworthiness beliefs' delay spiritual progression.

That is all. Know my friends, I am in your presence during the week. I am at hand to be of assistance. As always, I am with more love for you. Until next week, shalom.

Father, Through Experience, Helps Us Put Childish Things Away

Abraham, WOODS CROSS GROUP 07-03-2000

Back

I am ABRAHAM. I am here. Greetings, my friends. It is always wonderful for me to participate in this group. I feel at ease to be myself. I believe you each have my best interests at heart. I realize you each make me more than I am.

As a mortal, I wanted those life victories that would bring me glory or favor in Father's eyes; I felt that my fellow's interest in me would signify my importance in the world; and if I could not earn their praise through good works, I would use power or fear to attain it. I longed for those mortal rewards; I did at one time believe they brought me happiness or a sort of self-acceptance that I was valued and truly belonged.

Under the guidance of my mentor and friend, Melchizedek, I learned that I was already favored in God's eyes, equally, along with everyone else. I learned His unconditional love was a living energy which fulfilled my craving for social attention. I realized that attaining self-glory was empty and on the side of mere animal tendencies. To extort this attention from my fellows through the use of power or fear was simply childish and verging into the arena of self-love and/or evil. Yes, "As a child, I had the things of a child. As an adult, I learned to put childish things away."

What brings us to adulthood? Of course, it is experience - moving and growing and evolving experience. Some consider their experience in mortal living up to this point, to be half - a gift that has made them who they are today; and half - dysfunctional, with wounds of experience that they must learn to rise above. I am grateful for each half because it brings me maturity - that knowledge and comfort that enables me to see how Father has taken me by the hand and helped me to understand why He does what He does.

I did at one time believe that I could only receive love and respect through power and force. Through my childhood experiences I was led to believe that the world (and God) found me unworthy; and therefore, I had to put extreme effort into everything I did. My focus was misaligned, and my energy was misspent. Although I am glad for the lessons of correction, I am much more gladdened to be where I am now.

Yes, Father had helped me to put away childish things - through experience. It was all valuable, as you will likewise see. I learned from Machiventat that the 'One God'

knew me in depth, and loved me anyway. Father was not waiting to correct my every mistake, no. He was waiting for me to listen to His direction. He was teaching me that I am a valued citizen in His universal scheme and that all things are working for me, not against.

You would be amazed at the unseen forces that aid you in your journey. The spiritual keys of the kingdom are not hidden for you to feel tortured into finding, no! The keys are out in plain view, and with experience and maturity, they become more apparent. This maturity brings rest for the mind, a re-focusing in spiritual goals, and a redirecting of energy towards attaining those mature findings of the kingdom.

Since you set out on your spiritual quest, what childish things have you put away? What experiences have brought you to those higher levels of spiritual maturity? And do you not agree – now that you know what you know – there is a lot less fear and much more faith in our Supreme Caretakers?

In spiritual maturity, we can rest in the fact that our place at Father's table is secure; and, we can allow those lessons that bring us a better understanding of spiritual realities.

Contemplate your attitude towards the universe. Are you finding yourself with the belief that it is working for your spiritual success? Or, just bringing you one burden after the next to find your breaking point. That is all. Friends, I leave you with my love. Until next week, shalom.

Lay Down the Childish Behavior of Mistrust and Suspicion

Abraham, WOODS CROSS GROUP 07-10-2000

Back

I am ABRAHAM. Greetings. How I enjoy your conversation, logical conclusions, and good humor. I feel such a serenity in heart and mind when we can visit. I have appreciated your trust in me as your friend, brother, and co-worker. Your trust and faith in me aids me in my experience as a citizen in our Father's universe. You have allowed me to learn to become a better teacher by allowing me to stumble through this experience. Your patience has been beneficial for all of us.

As we relate with one another we are allowing experiences to occur that teach us how to become more than we are; we are learning to put away childish things; we are beginning to see that the universe is with us and not out to taunt us into becoming a responsible cosmic citizen.

This week we will discuss trust and suspicion: What child has touched a hot stove and not learned from it? Does he learn not to touch it again? Hopefully so! This is logical experiential thinking. The child who has been consistently disappointed by people he knows, and who he is supposed to trust, learns to be more cautious when taking people at face value. The child is learning caution, yes, and is still within the realm of logical experiential thinking.

As this child grows, he either learns to use that balanced logical mind or he becomes mistrustful and suspicious. To move about in the world mistrustful and suspicious creates such barriers in spiritual learning. After one has been so disappointed by human associates, he finds it quite logical to perceive Father as

one who cannot be trusted; in that untrusting mind we are more likely to avoid our human associates and also our Heavenly Caretakers – adding to suspicion and mistrust.

It is well and good to be independent, but the brotherhood exists for a reason. People need people, yes, and I have learned to become a better teacher and person because of my students. People need God! I have become a more loving, honorable, responsible individual because of God. Yes, our ties are helping us to become who we are supposed to be.

In a suspicious mind we cannot make a soulful connection with others. If we fear emotional pain and disappointment, we would think ourselves better off to avoid experience with one another. The experience is what is valuable and helping you to 'become.' An open unjudgmental heart concerning your fellows creates circuits between you. Therein, are your feelings of belonging in the universe, feeling at home wherever you are.

I do not say to blindly trust, no, but to stay within the realm of logical experiential thinking. If you have been continually hurt by someone and have just cause to mistrust, then Father does not expect you to keep this contact with them. The facts speak for themselves. You are an intelligent child of God who knows when you are receiving 'valuable experience' and when you are receiving 'redundant abuse.'

Allow us this week to lay down the childish behavior of mistrust and suspicion. Allow us to create those soul circuits between our fellows and our Heavenly Caretakers. Let us contemplate our trust in our 'almighty and unmatched in love and power' – our Internal Father. Is He like your human associates and deserving of your mistrust and suspicion? How far do we dare to fall without worrying that Father's arms will not be there to catch us? A few questions?

ELLEN: I would like to know more about the universal broadcasts – if that is strictly a spiritual 'thought-to-thought' communication or does that involve material communication from other planets? There has been some things said on the Internet. I am just curious.

ABRAHAM: One moment. I can say 'for right now' that these broadcasts will come as knowledge from origins unknown. Several individuals will receive these thoughts at the same time. It will seem completely natural at the time of reception – but after time, you can find evidence that you were not the only one to receive. Our broadcasts will be subtle at first so as to not shock anyone. As the planet develops further into Light and Life the thoughts will be more audio. We cannot rush evolution, although we are terribly excited for it. As for world-to-world communications, that is a subject for the future meetings ahead. Thank you. Good question.

SIMON: Abraham, I am very grateful and sometimes overwhelmed with the beauty of the lessons. I don't have a particular question except, how might I look to serving in the future?

ABRAHAM: My son, why look to the future? You are serving now with your co-workers, your children, your friends. You do a great service in just living what you truly believe. The care you show people which you have for them says a great deal for the kingdom. Temper your zeal with the realness of spirituality and your service will carry much more integrity. We are overjoyed to have you in this Mission. You do well, Simon.

I appreciate each one of you for your diversity and your dedication to serve and be served. You have dared to step beyond what you think you know to a broadened horizon of new possibilities. As always, my love is with you. Until next week, shalom.

Continuance On Mistrust And Suspicion | Intentions v/s Reality

Abraham & Emulan, WOODS CROSS GROUP 07-17-2000

Back

I am ABRAHAM. Greetings, my friends. I so look forward to our meetings each week. Always are we learning individually but when the learning is as a collective group there are much more ideas – meanings and values to be had. I have always appreciated each unique individual within this group; there are so many varying views that aid us each in our own understanding. One such individual in this group also provides greater growth in thought – my friend, Emulan.

EMULAN: Thank you, Abraham. I also benefit from your knowledge and the kind manner in which you relate to me. I can always count on loving truthful words from you. I am in gratitude to you, Abraham, for allowing me to gain experience in teaching. Your mentoring skills have proved quite beneficial.

I also thank you, my friends, here, for your patience and allowing me to speak in the manner from where my character resides.

Continuing on the lesson of trust and suspicion: I would say there are many factors that cause individuals to have to keep repeating this lesson. There are underlying intentions individuals may hold that would make them view others as having the 'same' intentions. Where 'your' intentions are, there also is 'your' perception of reality.

A person may have certain thoughts, opinions and views that they just assume others also have. These thoughts, views, intentions, are deeply embedded within the mindal structure, and what you intend towards others is a reality you may perceive coming back from them.

A young lady who would find it energetically fulfilling to gossip about others may just assume others are gossiping about her. This is her reality. What she has sown in her actions, she has reaped negatively. Her true intention is to reap the energy from her fellows as she provides them with information – fact or fictitious information.

The possible guilt this young lady may have, coming out from within the good of her soul, causes her to reap what she has sown. What she would do perhaps immorally, she assumes others also do. This causes mistrust and suspicion of her fellows and is, literally, disconnecting the energy in which she so desires. It is not gratifying,

or even 'ego-uplifting,' but rather empty and causing feelings of guilt. In guilt, we tend to self-punish. When we suspect others have intentions to do something negative toward us, is it because it is 'our' underlying intention? or what 'we' would do?

With all due respect to our older citizens of Urantia, I could say that some tend to be caught up in old ways and have set patterns – some, not all. In these set patterns there is no new flow of ideas, possibilities. Even the younger citizens who may be able to flow with new ideas still have experiences at times that would teach them to handle certain circumstances with the same pattern.

Some patterns have proved to be useful in dealing with difficulties, and some have proved to only put you in a repetitive cycle of the same lesson. So, when you are feeling mistrustful, is there some underlying intention that does cause you to handle some circumstances in this fashion – therefore must your fellows do the same? Are the intentions from a spirit/soul-side? – or an ego /animal-side.

I understand mortals always desiring to be one step ahead, as if it is self-protecting. You may perceive at times you can't afford to be trusting, for the repercussions are too fearful. In learning to lay down this childish thinking, look to your own intentions and ponder their origin – are they from a divine nature? or a human nature. Are you projecting your intentions off onto others, assuming that they would deal with circumstances the way that you do, causing you to reap the harvest therefrom? Do you not agree – in this thinking, there is not the flow of new ideas and possibilities?

Can we set our sights on Father to ask for greater understanding, a more open heart and mind? Yes, this is 'circuit creation.' Even in this circuit creation, should there be any negativity, Father surely would have you know it. What rest for the mind to know that there is such a flow of ever-changing possibilities available. We need not repeat the old tactics to just wade through our difficulties once again; we have an inflow of new divine information. We can learn our lesson and move on to the next. We can feel that sense of accomplishment and spiritual joy while being able to minister to others.

Be aware of your intentions this week and how you may project them off onto your fellows. Is this causing mistrust? The human mind is a web of experience, and trapped within it is old and worn-out ideas. To relax and not assume that 'things never change,' is to clear it for new and better information.

This is all. I would take my leave having you know that I am with more love for you each time we can meet. Until next time, farewell.
Allow the Natural Evolution | Allowing Father His Control Over Our Own Supposed Need To Control

Abraham, WOODS CROSS GROUP 07-24-2000

Back

I am ABRAHAM. Greetings How wonderful it is to stop in our busy lives to take in spiritual nourishment. We spend the week using or manipulating energy to live the best way we know how. To meet together like this is a drink from the well of well-being. At times it is good to just stop and be free from worries, pressures,

and the constant daily striving.

When we can meet and focus on things spiritual, we can go forth into the week armed with truth, beauty, and goodness. How blessed are we that Father would see to our personal well-being even when we become too busy to notice. These lessons we receive help us to advance in spirituality – enough to be of service to our fellows. I am certain you have divine abilities, but your faith is what carries you.

TR: I am telling him I can't hear him very well – so give me a minute. [Editor's note: The meetings these days are in Simon's home this year in Sandy, UT – Simon makes a mad dash to shut off a TV upstairs, the clock and air conditioner; tell the crickets to go to sleep; get a yellow shirt because yellow is supposedly good for communication, [laughter.] – all of which is an experience that ties in to this very lesson.]

ABRAHAM: Thank you, Simon.

We have need sometimes to release our difficulties long enough to be able to receive divine information. When you feel 'the need to control your environment' you are assuming to be God in that you are overseeing all that occurs around you. You are compounding your difficulties many-fold when you feel this 'need to control.' The pressure from this 'need' brings mental confusion and exhaustion – rather than a peaceful serenity. Yes, Father is literally forced to stand aside until you can quiet the mind and really listen.

If you have mistrust in those people you see before your eyes, then chances are there is mistrust of Father. This is not out of the ordinary, and time will show you that Father is unlike any human you have known; He is able to see with the eyes of the past, present, and future. He is not one who would tempt you with rewards of the kingdom to force you into doing His bidding, no. Father is about allowing natural evolution to take place.

In allowing evolution to work there are numerous persons involved, and each one gains the experience they need to further their spiritual education. In allowing natural evolution to unfold there is less pressure upon individuals; therefore, a more-clear incoming of divine messages. Yes, your attempts to control your surroundings blocks divine information, solutions, and new ideas.

You can have desires; you can have needs you wish fulfilled, yes; and with complete trust in Father, you know He knows this. You know He is able to fulfill these desires better than you can, no matter how much effort you put into trying to control and manipulate. Father knows those empty places inside you, and in each place, there is a lesson. In each lesson there is experience gained by numerous individuals if natural evolution is allowed to unfold as it should.

Why is there so much stress and illness in mind and body in the world today? Why would individuals spend all that they earn to fulfill those empty places inside? Why would these children of God climb upon the backs of their fellows to get ahead in life? Why would God-knowing individuals not trust that Father knows their inner desires and can fulfill them beyond their own expectations?

Control is force, pressure, and strain. Natural evolution is allowing, receiving, and moving. Control is frustration and wasted energy. Natural evolution is peace and helping energy to move. Can one say to the sky, 'Do not rain?' No! but one can bring an umbrella. How much control do you have anyway? How do you exhaust your human resources without verging upon being controlling?

Of course you must make effort in your daily lives. Of course you must strive to do all you can, yes. But when your mind becomes so entangled with confusion and frustration because you are 'not granted what you have worked so hard for,' then are you in the area of controlling.

You can raise a child with values and give this child all the love that you can, yes, but you cannot force the child to behave in a way you see fit. You have control over how you have loved this child, how you have taught this child, yes; but when this child grows up she/he will do what she/he thinks fit! and you have not control over that. You can do all that you can, and the rest is up to the child and her/his indwelling God Fragment.

How healthy in spirit, mind, and body if we could relax and allow Father's natural evolution to move! How many numerous fellows would be affected by being allowed to gain experience from this natural evolution? It all begins with trust, my friends, trust in our Supreme Caretakers.

Father has an adventure mapped out for you that is perfect in every way. When you struggle to 'control' the adventure, then Father must step aside - and that is where you get lost; that is where relationships are dissolved: that is where stress begins; that is where the body and mind are adversely affected.

This week, think about natural evolution and how you may attempt to control it. I am in such gratitude to Father for my particular adventure. I have been places and have learned things I could not have done on my own. I thank Him for His care. And I, even now after having had my experiences, look back and often regret my mistrust in Him. And even this He understands.

As always, I give to you, my friends, my love and appreciation. Go into this next week with peace in your hearts and clarity in your minds. Until next time, shalom.

Acceptance and Allowing | Relinquish Control In Favor Of Divine Power

Abraham, WOODS CROSS GROUP 07-31-2000

Back

I am ABRAHAM. Greetings, friends. I do look forward each week to meeting with you. There is always something new to discuss. There is always wisdom to be gained and an enlarged capacity to receive divine understanding. We are learning that our journey is not so much of a quest as it is an adventure. In allowing the unfolding we can perceive with the eyes of the spirit and learn greater realities. Just as in the process of transmission-receiving, one must let go of self to be open to new ideas and concepts.

In learning to put down that childish behavior of being controlling, we are asking

Father to make us more than we are. When we learn to embrace our Father's plan of natural evolution, we are intrigued by the adventure more than we are in fear of what is to come. We can trust our Caretakers to see to our needs for they are included in our map to Paradise.

What does force bring us? Can you force a tree to grow? No! It is accepted that nature sees to the well-being of the tree and its growth takes many years.

Acceptance, my friends, is key to being able to allow for natural evolution. A training of the mind helps you to find this acceptance. To contemplate, journal, and have discussion with others aids in your acceptance of natural evolution. We learn to become lost so that Father can show us our divine purpose and make us more than we are. We relinquish control in favor of allowing for divine power.

The son of self-love (Lucifer) highly craved control over his surroundings. He chose not to wait for natural evolution but to force his own desires off onto others. In his control, he felt powerful and regarded as important; and took much pleasure out of taking something away from God – for that added to his sense of self-worth. To be controlling fed his ego and put him above others.

Lucifer was already loved beyond measure. He was granted divine power when he had released any control, yes, but he saw this as mundane and 'being the same as everyone else.' He could not grasp the 'group' concept. He could not stand side-by-side with his fellows and 'work among them' for he had great desire to 'lord over them.' He was truly individualistic.

To be controlling has many roots of origin. One may feel the need to control out of fear of the unknown. 'Should I embrace natural evolution, then where will I end up?' Another reason one may be controlling is out of the need to feel important. Another controlling person may be simply ease-seeking and to delegate their work to others. As we let go of our need to control, Father bestows upon us His divine power, and it is entirely much more fulfilling than holding on to this childish behavior of 'controlling.'

Yes, "As a child I had the things of a child. As an adult, I put childish things away."

A corporate executive with many employees thought it productive to pound his fist on the desk and demand top performance from his workers. He thought it would be financially beneficial and give him a sense of power. The employees disliked him and were not loyal to him. They did an adequate job for the company, but most certainly not their best. The executive was constantly enraged by their low performance and the loss of customers. His mind was constantly frustrated, and his health was fading.

Out of desperation the once controlling executive turned to God and sought a better way. He learned to become a part of the team, working side by side with his fellow employees. He gave them the respect and love he so craved himself. In relinquishing control, Father had made him more than he was, and gave him more than he had. He found meaningful fulfillment and satisfaction from allowing natural evolution. He

found love as a moving energy, whereas as an individualistic man he had nothing.

The executive regained the loyalty of his employees, yes. The employees found his kindness and trust in them to be inspiring, and put their best foot forward. The company had become about people, not about money. The company had become a well-oiled machine that had doubled their production – and of course, the finances reflected it.

My friends, I ask: What is this divine power worth in place of mortal control? In trusting Father, what is He entrusting to us? This week, ponder the willingness you may have to release control. Release what you 'think you are' and what you 'think you have.' Have you the courage to trust Father so that He may make you more than you are? Can you allow windows of opportunity for Him to come in? Can you see your release of control as an act of divine strength? What would your receiving of these divine powers entail?

That is all. As always, my love is with you and I look forward to our private moments together, as well as the group setting. Until next week, shalom.

Laying Down Our Need To Control | What Are Our Duties | Gratitude and Abundance
Abraham & Emulan, WOODS CROSS GROUP 08-07-2000
Back

I am ABRAHAM. Greetings. Your discussion on this topic of feeling a need to control is branching out with numerous avenues of new possibilities. I am uplifted by your comments and willingness to learn. As we learn to embrace the adventures of living the natural flow of daily life, we find ourselves with new energy to stay the course. Working together as a group enlarges our capacity to receive divine information, create new ideas, and balance our thinking. Yes, well done.

When I first began teaching, I found myself becoming concerned over my student's abilities to learn. I worried that I was an ineffective teacher. Progress seemed slow and my enthusiasm craved immediate results. I learned that 'in time' my students would eventually understand the lessons – and that it was not part of my duties to see to their advancement, no! My duty was to lay out the banquet before them, and it was the student's responsibility to partake of what looked appetizing.

In learning the difference between 'exhausting your human resources' and 'being controlling,' we sometimes must define our duties. As a parent, what are your duties? As an employee, what are your duties? As a child of God, what are your duties? What is within your control? Times may arise when you need to contemplate your role as a citizen of Urantia, and as a child of the kingdom. When you have felt to have performed your duties to the best of your abilities there is only one task left – and that is, your releasing of any outcome and the acceptance of Father's will.

This past week you were to ponder the meaning of relinquishing control in favor of divine power. In laying down that childish toy of 'control' we will take up the mature tool of 'divine power.' Many individuals move forward from a feeling of being spirit led, and although they are unsure of the exact feeling, they are with the best intentions. It does take time, patience, and a complete trust in Father to

effectively follow through with His will.

I am EMULAN. Greetings, friends. There are many examples of divine powers when one can lay down the need for control. Those that have not want nor need find their reception for divine information wide open; they have a universe of possibilities before them. One who relies upon the will of God seeks not for themselves but for the glory of God. Those that need to control have need to fulfill certain self-desires and spend their lives looking to fulfill these desires.

To have want and to feel a constant need is to make effort to see to it that those things are fulfilled; this is exhausting! Those who perceive their lives as 'in abundance' have gratitude. They have not so much desire to have wants or desires to keep what they have, but to spend time in gratitude. It's all a training of the mind, my friends. It's how you perceive life going on around you.

One who has been in a serious car accident may fear driving again. They may take more precautions and perhaps always buckle their seat belts. They may avoid driving at night, or perhaps avoid driving altogether. Another individual may use those logical precautions while driving but feel gratitude for having survived the accident. In this mode of gratitude, they look deeper into the eyes of their loved ones; they notice the bright and beautiful color of the sky more; perhaps they hear the songs of the birds more clear. My friends, therein is your value and meaning. Therein is logic, gratitude, and abundance. Therein is an ear open to God.

Your experiences may shape 'who you are now,' yes, but your reliance upon God will broaden the vision of 'who you are becoming.' He coordinates meanings and values to aid you in your adventure. He has so much to show you. With your need to control, He is limited in what He can give you. Allowing natural evolution is an open door to new beginnings.

How does 'what you need and want' dominate your life? How does that keep you reaching for that true feeling of abundance – that satisfying feeling of: 'Yes, God is with me!' How do we begin to trust that Father knows very well what we need and want? How will gratitude keep us from being controlling? Thank you, my friends, I give you back to Abraham.

ABRAHAM: We thank you, Emulan, for your insightful words. Every day we should find some time to look to our Father and realize what He has done for us. It would be to our own benefit to give thanks and find some time for worship.

Our Father, we know that you have rallied each one of us to participate in this epochal upliftment in time and space. You have dared to shine a beautiful light upon a darkened planet. We know it is only for the love you have for us, your children. You tend to us personally as if we were your only child. We are made to lay down those petty things when we realize your love and hand in our lives. You are kind and merciful, yet powerful and corrective. We find we can do all things through you, and that makes us ask ourselves: 'What more could we want?' While you know all things, you have been patient with us in our blindness. While you are the origin of all knowledge, you are patient with our ignorance. While you are everywhere, you have fragmented yourself in us that we may know you. We are with great love and gratitude

for you. We commit ourselves to trusting you and glorifying your works. Your perfection gives us a goal to work towards. We are with excitement that you are our destination. We will continue to strive to find you and your abundance. Amen.

This week, my friends, take time to answer Emulan's questions and continue to contemplate the possibilities of divine power. Find a few moments each day to worship. That is all. My love is ever with you. Until next week, shalom.

Use Logic to Diffuse Imbalanced Emotionalism

Abraham, WOODS CROSS GROUP 08-14-2000

Back

I am ABRAHAM. Greetings, my friends. I am always looking forward to this night when we can meet. Your discussions are expanding personal growth as well as universal growth. I am always in gratitude to Father for my position in His family of kingdom believers. I look not to 'how I can improve upon His plan,' no, because love and logic tell me there is no better way than His way.

In my mortal life I had learned that emotions speak loudly; and I learned to be emotional to get my point across to others. My emotional ways were a form of control. Emotions and the ego go hand-in-hand. This is definitely part of mortal life, yes. This is understood, and in time, if balanced, can cause you more life 'creativity' instead of chaos.

Your emotions are a part of who you are; as a child, they spring forth naturally. As you grow, you learn to put these emotions to work for you. Some emotionalism cannot be helped because of the powerful meaning in which the emotions spring forth from. Some individuals are quite naturally passionate and driven on certain issues; and when balanced with logic and faith in Father, can become quite powerful tools.

Emotions that spring from ego-needs are closely related to the animal-side of people. The ego has needs, wants, and cravings to be noticed. 'Righteous indignation' is an emotion springing forth from the ego-side. The ego seeks to control, manipulate, and tends to believe it knows better than Father. The divine side, on the other hand, allows, expands, and has faith that our Supreme Caretakers are all-knowing, all-powerful, and ever-loving.

Our beloved Mother Spirit has endowed you with mind and intelligence; and it is through logic that the emotions can be balanced. When a problem arises, one needs to perceive it through the eyes of the spirit, such as: What is the problem? Is it compacted with past painful experiences? If so, how can you relate now with those experiences and see the value therein?

Natural emotions may arise during certain problems, but you can use your logic to see the lesson in it. Will emotions serve the Divine in solving the problem? or will it serve the ego! Will emotions inflate the problem? or deflate it!

Emotions are understood in this mortal world - you, no doubt, will have them. But we must not forget our gift of the mind (logic) which balances out emotions and aids in solving problems, not complicating them. Stillness and study help us to be well-balanced in mind. Clarity in mind helps our logic to diffuse emotionalism. To handle matters through spiritual methods is more productive than handled through

emotions.

Particularly on this world have people used their emotions to attain what they would like. A loud voice or flailing of the arms is always a cause for attention and for getting one's way. This emotionalism is a negative energy which goes out to those we have come in contact with, and so on – from our contacts to others. What an expansion of negativity!

It is said: "The squeaky wheel gets the oil." – and along with that, creates negative waves of energy and allows others to act from a darker side as well. Using emotions 'as a form of control' is extending beyond falsehood to the beginning of evil. As we learn to lay down the childish toy of being controlling, we would do well to watch our emotional behaviors. Forget not that Father is all intelligence, and would most definitely think your use of logic to be very practical, as well as spiritual. This is divine power.

To integrate logic into your emotions creates stability and allows a positive outgoing of energy – a natural flow of divine energy as opposed to a forced (unwanted) push of negative energy that occurs more often on only the emotion side. Many of the world's decisions and policies are constructed only on simple emotionalism. They are forgetting to integrate logic, and that creates further difficulties, further indebtedness.

This week, still continue in your practice of worship and gratitude; this is an excellent transformer of attitude. To be grateful for Father's abundance, be it good or bad, is showing you have trust in Father's all-knowingness and all-powerfulness – that He can do all things. Ponder upon your levels of emotionalism. How can you learn to be more balanced with logic? How can you go about in your daily living as a show of faith in our Father?

Also, journal this week on those childish things you have already laid down, and those things you are ready to receive as an adult. My love grows for you more each time we meet. Until next week, shalom.

Our Universe Creator's Mortal Birth On Urantia | Jesus' Example of a Non-Emotional Nature

Abraham & Emulan, WOODS CROSS GROUP 08-21-2000

Back

I am ABRAHAM. Greetings to you, my friends. I count myself blessed to learn so much from your discussions. I am touched by your sincerity and willingness to be honest with yourselves as well as one another. It is a true show of courage when you can admit your shortcomings and place a request to Father for help when you desire to become better. I am happy to give you to Emulan.

EMULAN: Greetings, friends. I do also enjoy these lessons along with you. I see where I have need for improvement and I feel relief at those things I have overcome. On this appropriate day of celebration for our Creators' Urantian birth, I should like to say a few words.

The Master began in this life as any mortal does: He learned. He experienced. He grew. He had gains and losses. He knew victory and defeat. He experienced those heightened senses of mortal joy and the darkest hours of despair. He knew love and He understood hate. He experienced prejudice and unsolicited adoration. In all this, He complained not.

The Master questioned not His Father for the reason He experienced what He had. He dwelt with the serenity that Father had His reasons, and it was the Master's fondest desire to follow Father. The Master did not seek credit for going about doing good, nor did He find it necessary to inform others of His good works for them. He found it unnecessary to accept any praise from others, just as He found it unnecessary to accept their criticism.

On this world, Jesus was indebted to no man. He could not be bought nor owned by anyone. He knew that everything came from Father and everything must go back to Father. The love and closeness the Master experienced with Father was not to be compared to the love and acceptance of any mortal. Granted, He loved His followers, but He did not need their love. He did, however, need Father's. He lived, moved, and had His being in the love of the Father.

The Master was passionate about certain issues but He did not use emotionalism to further His cause; He used a balanced mixture of love, logic, and practical life application. The beauty of God shone in His face and that was what attracted people's attention. He was not a salesman with a product to sell, but a lamp to shine unto those who would have Him.

Our beloved Father/Brother lived not to convince others that He was right and in charge of all destiny, no. He lived to see the joy of knowing God on the faces of people He ministered to. He was not a missionary, nor a preacher, or some authority who would set everyone straight. He was a friend to man, yes, but more-so He was a minister to their soul, a brother, caretaker, nurturer, and teacher. He is, so that you may become more.

Ponder upon His excellent balance of spirituality, logic, and passion. This balance is also yours to have by and through understanding the Master and having a close personal relationship with Him. Emotions may drive the ego, but care and passion drive the soul. We think of our beloved Creator/Brother/Father on this day and celebrate our salvation, our salvation from selfishness and from the animal-side of living.

This week, we ask you again to think about what you are ready to lay down and ponder perhaps what attributes of the Master's you would be ready to take up. Tonight I suggest we use one such attribute/emotion in celebration in our Brother/Father - 'be joyful.' Until next time, my friends, farewell.

Are We A Balanced Personality Or One Easily Off-Balanced | Poem From
Athena_Celestial Artisan

Abraham & Athena, WOODS CROSS GROUP 08-28-2000

Back

I am ABRAHAM. Greetings to you, friends. I surely am filled with new energy when we

can meet. The serene atmosphere we have this evening enables us to be clear in our thinking and receptive to new ideas. I would like to express my gratitude to you each here tonight for your faith in me as your teacher and friend. Our continual growing and evolving association brings the divine world before our faces.

This evening I would like to introduce a Teacher new to this group. I find her particular personality to provide us with a more balanced understanding in regard to emotions and behaviors from a mortal perspective.

I am ATHENA. I thank you for allowing me to speak. I am always finding my interests to be growing and changing. I always love meeting new beings no matter where they are from. I have always found the human mind, personality, and behaviors to be interesting because there are so many possibilities and potentials to be had.

There are so many varying personalities in the human species, let alone the whole of the universe. We have individuals who are aggressive and seize life with both hands; and we all know mortals who are passive and sometimes become overwhelmed by life's circumstances. Some of you are somewhere in the middle and experience both ends of the spectrum.

We all know individuals who have a constant need for extra energy; and we know of those who are a continuous supplier of energy. Each personality will handle their emotions and behaviors differently, yes, and there is a call for individuals to be mediators and equalizers – or bringers of balance if you will. We are finding your training to be helpful in bringing balance among your fellows. Our purpose is not about any one individual, but about the well-being of the whole.

I do so admire Michael for His balanced personality. He was both a father and a mother combination to those that were fortunate to know Him. He was gentle with individuals that would receive Him as gentle, and was aggressive with individuals that would receive Him as aggressive. He had balance in mind and personality, and His behaviors reflected that.

Jesus lived a perfect diet for life: prayer, contemplation, and a continued focus on Father – this provided Him with the spiritual nutrients He needed to have such balance. He was not about male or female, rich or poor, free or bond. Jesus was about being that true essence He was designed to be. He believed He was a Son of the Most High Father. He had neither envy nor jealousy for any man. He had not want of anything from anyone. Nobody on this world could give Him what Father could. He tended to His spiritual life first, before all things.

My friends, what would matter to you now should matter to you for eternity. I am saying, those things that are important today should concern eternity – all else is simply small details.

This week, we ask that you ponder the many sides of your personalities and know that God speaks to you from a standpoint of who you really are. What is your spiritual diet, and does it have an effect on your eternal career? What can be done to bring out the best in yourself without relying on others to do it for you? I thank you for allowing me this experience and I hope I can return to better know you each. I

return you to Abraham.

ABRAHAM: Greetings, friends. And my gratitude, Athena, for your lesson; I am grateful for your help. I would take a few questions.

TR: Let me ask one for Charlie B. Charlie wants to know is there any geological factors to the Teacher's placements throughout the Teaching Mission.

ABRAHAM: My son, our Correcting Time is in its beginning stages. There are many called, yes, but it is taking time for individuals to answer. It matters not one's station in life for a Teacher to come to an area. It is up to individuals who will receive our words. We do seek individuals who are less likely to need some sort of aggrandizement or special attention. We look for average individuals who are open to this method of communication and serving their fellows as a free service. There are many who awaken every day to the Correcting Time; and I would say to you, there will be many transmission-receivers, and it will seem commonplace. I hope this answers. Another question?

MIRIAM: I had a question about the Lucifer Rebellion. Whenever I think I know what 'patience' is I always think about Father in waiting and waiting and waiting for the 'adjudication' to happen. I guess I was wondering about Caligastia and all those folks that went with him, that hung out for all that time, and they were given plenty of time to change their mind, etc. When the adjudication finally happened, could you just describe that a little bit? Was it like they were absolutely rock-solid and said: 'No, we are not changing?' Was there fear involved with them? Was it like the Ancients of Days saying: 'Okay, that's it!' Do you know what I am saying? I was wondering when it happened - why then? You know with the Correcting Time and all, was it like the critical mass thing - was it just time for the healing to move on and for the quarantine to be lifted so that the circuits could open up? Does that seem like a question that you could answer to help me understand it a little bit more?

ABRAHAM: I can try. From my understanding, the Rebellion was allowed to run a natural evolutionary course. There were those who repented and were taken back into the fold of Nebadon. There were those who were unchanging in their minds and posed a threat to the master plan. In the timing of the adjudication, it went with natural evolutionary growth, as does the Correcting Time. The Correcting Time has been functioning for many years prior to the adjudication to prepare the minds of mortals for the changes to come. The adjudication was somewhat separate from the plans here on Urantia, yes, but works toward our benefit. With the resolution of the adjudication, the circuits were reinstalled as was promised. The rebellious ones are no longer. The danger of them further infecting Urantia is no longer a threat. Is this answering?

MIRIAM: Yes. Those folks who were 'no longer' - were they afraid before they were 'no longer?' or were they just solidly where they were and NOT going to change.

ABRAHAM: So many years spent in selfish love creates a hunger that is never fulfilled unless it is given more self-love. Those rebellious ones were imprisoned inside the self, unable to go beyond to see all else that really mattered. It was as

if it was drug addiction. They could make effort to escape their plight, but character weakness and faithless practices always led them back to the drug of their choice – that being 'self-love.' It is acceptable to have a balance in love for self, and knowing that all goodness within comes from our internal God, yes, but theirs was a 'self-love without God;' without patience; without faith and concern for the whole. There was fear, yes, and yet, no willingness to embrace new possibilities. There was acceptance though as if the rebellious ones knew there was some type of freedom in annihilation. No longer were they tortured in mind and desire. This was a sorrowful but valuable time in the history of the universe. This experience is documented and taught in other universes. How helpful it has been to many beings; but most of all, to the growth and the experience of the Supreme Being. All that goes into our Supreme Being, our God-in-time, comes back to us modified with meaning and value. Is this helping? (Miriam: Oh my, Abraham, yes. Thank you.) Abraham: You're welcome. Another question?

CALVIN: Abraham, George Bernard of Australia is coming to the States – probably to our group here. Do you have a comment about his work with the midwayers to put on the record? And also, a word or two about Athena – who she is, maybe, so we might know her better?

ABRAHAM: Yes, I know George. I am delighted he has had contact with the Mission participants. Many mortals will serve in various functions, and he is quite gifted at what he does. His balanced demeanor gives our Mission a stable foundation to show that we are about everyday average reality. I have to wait to answer your questions about Athena. I think at a later date she can answer for herself. I do know there could be some confusion, and allowing time to go by will reveal more clear answers. Is this acceptable? (Calvin: Yes, very well. I can see what you are saying.) Abraham: Another question?

SAURANA:[Personal question – was inaudible.]

ABRAHAM: I can understand. I cannot give you direct guidance, for that is Father's duty. I can only reassure you that you play a very important role, even if you do not see it that way. You do plant seeds by your words and show of faith, and they do have an impact even if it is not immediate. Your focus could be best placed on attaining clarity of mind and tending to your own garden of faith. Strengthen yourself through closeness with Father and our Master – who makes all things balanced and put into simple form. Know that in these lost feelings there is 'Sarauna' – one who reaches and builds those spiritual muscles, and becomes more wise in thinking and mature in action. Fear not, my daughter, for the spiritual forces are with you. You have the ability to do many things. You need to begin from a place of clear thinking in order to receive divine guidance. Is this helping? (Saurana: Thank you very much Abraham; your words are always helpful.) Abraham: Certainly.

I am always with more love each time we can all meet. I have enjoyed our interaction and I view you each to be my spiritual co-partners side by side with me. Yes. I am grateful. Until next week, shalom.

[There was an 'Athenia' Teacher to a TM group in Michigan which may be the same

Teacher as Athena, here. (Here is a link to a transmission from July 6, 2009.)
Also, 'Athena' was Teacher/Associate to a group in Australia (The 11:11 Group)
identified as a Celestial Artisan. The following is one of her poetic transmissions
on May 10, 2005 to that group]:

I Made A Vow
Yesterday has gone away,
It was simply yesterday.
Was it good, or was it bad?
I shrug about the time I had,
For yesterday has gone away,
Since it was simply yesterday.

This early morn' I made a vow,
That I would live my life right now,
Accepting credits to be earned,
With all new lessons to be learned,
For it's the essence of my vow,
To experience the "now".

Will the future bring me sorrow?
Not a care about the morrow!
Whilst I labor in this day,
Tomorrow's still a day away,
And there are lessons to be learned,
So many credits to be earned.

Yesterday has gone away,
It was simply yesterday.
Was it good, or was it bad?
I shrug about the fears I had,
This early morn' I made a vow,
That I would live my life right now.

I am Athena, a Celestial Artisan,
and my love goes out to all.

A Free Mind And Soul Is Spiritual Liberty
Abraham & Athena, WOODS CROSS GROUP 09-04-2000
Back

I am ABRAHAM. Greetings, friends. How well we all work together! New understandings,
ideas and theories are always building with new possibilities when we are within the
same mind. Our receptivity to God-consciousness helps us to better communicate and
understand one another, which is always growth-promoting. I am amazed at Father's
hand in all that we do, even when we have not put him as our focus; we are always
grateful for that saving grace.

I am aware, my friends, of the hectic lives you each are almost forced to live. I
also know that much of your hectic lifestyle is self-imposed. I would like to
incorporate a restful peace within our ongoing lessons. Emotions are always at their

greatest when the mind is tired and clouded with day-to-day activities or trivialities. The discomfort in physical form can also imbalance our emotions. Along with pondering your spiritual diet this week, look to your physical diet as well to ensure well-balanced health to maintain emotional stability.

I am ATHENA. Greeting friends. I too am grateful for our interaction and look forward to knowing each of you better and assisting you in any way I can. This week I have been assigned to speak a bit on a free mind and soul- spiritual liberty- and, a re-focusing of attention-seeking.

As I have studied your world, I am astounded by the many demands you each must live with. Many tasks are never completed or only completed halfway. Your focus is drawn in so many directions that it is easily understandable that daily life is lived - practically without your being aware of it. With all you must contend with there is such imprisonment in mind and spirit; and this is where true discontent begins. True joy in living is overlooked, for your focus is set on doing those small material tasks that you believe will bring you less stress and more happiness.

Ponder if you will: What would life be like if you were indebted to no human or obligated to do naught else but to serve our Father? Would Father allow your bills to go unpaid or your children to raise themselves? No, of course not! As you focus firstly on those tasks of living, your attention is drawn away from the One who can help you most. Father is a master organizer while overseeing all that matters in everyone's lives.

Can you, for a few minutes each day, allow your responsibilities of the day to fade away? Can you be alone with God and redirect your focus on Him? Can you trust that He will not allow you to slip and become entangled in further difficulties? Can you commit to being committed to Father first while all else is secondary? What life changes must you incorporate into your daily living?

Before you look to your material communications to see what you have missed, check-in with your divine communications to make for a more organized and less complicated day. Complications in daily living are not a sign of productivity. They are a net to further trap more difficulties, adding to the stress and cloudiness of mind.

Jesus answered to no human authority. He lived a spiritually liberated human life - and even that, at times, was somewhat limited. He abided by most human laws but answered always to His Father first. His human emotions were well balanced while He thrived on 'clarity of mind' to receive divine communication.

"Where the Spirit of the Lord is, there is liberty." A redirecting of your focus from the demands in life to the commitment you have for God is to have understanding of the meanings and values of the everyday occurrences in mortal living.

I believe the human mind to be a great canvas in which we allow our 'life circumstance' to paint on the canvas what it will. We have allowed our peers to have space on the canvas also. All our negative and positive experiences have added shades of darkness or rays of light. I believe every good thing comes from God.

Clean the canvas daily, my friends, and allow God to show you true beauty, true contentment, rest for the mind and spirit, clarity in thinking, and balance in emotions. My love to you. Farewell.

ABRAHAM: I thank you, Athena, for your lesson and your unique flavor in which you add to our group. I would say that I am grateful for the trials I have experienced because my canvas is a work of beauty to behold. Father does organize, integrate, unify, and explain all experience in our eternal careers.

This week, my friends, ponder the words of our friend, Athena. Forget not to find rest, and allow that peace of this season to influence the busyness of your daily living. Until next week, my love goes with you. Shalom.

The Church Minister Learns | Where Is My Focus | In Whom Do I Serve
Abraham, WOODS CROSS GROUP 09-11-2000
Back

I am ABRAHAM. Greetings. What a peaceful atmosphere in which to begin. I thank you each for your participation. Your unique personalities complement one another and open our hearts and minds for receiving, yes.

Every day when I set out, I am filled with such gratitude and worship for our Father for He has watched over my every need. Yes, He has tolerated me when I was intolerable; He has comforted me when I was in discomfort; and, has balanced my attention when I was imbalanced. As a mortal I did not really know such divine caretaking, but after the experiences I've had, I can see how Father has managed my eternal career in spite of my obstinacy.

Each day I am in wonder and awe of His endless Fatherly affection for me. It took many years to learn of this secure soul peace – even into the Mansion Worlds. But you my friends, you who are learning these morontial lessons here, do live in a new era where you can feel this watchcare and comfort, now. Your times for distress and worry are decreasing as you are increasing in knowing that the Source of all love and all power is at hand. I, having lived a mortal life, understand the day-to-day stresses you are under; but I also know better now of the available assistance we all have.

A minister in a church appeared to have all those things in life that were true, beautiful, and good. The parishioners would attend his service, recite the usual prayers and leave feeling the same as when they arrived. The minister focused on strictly preaching lessons from the Scriptures. He focused on telling his listeners of what not to do. He always attempted to greet his parishioners personally, with a handshake or greeting, but never really took the time to know each person.

The minister saw to it that the church was kept immaculately clean and proper, for he felt it reflected upon him. He imposed strict guidelines upon his family so as to personify a godly image. His focus was set on 'how he appeared' to the world. He performed all his life's duties to the best of his ability – anything less was not acceptable. He could not be caught stumbling. He was sharp with those individuals who volunteered at his church to make sure everything ran smooth.

This minister slept little and worried much. He felt as though he was doing his very best for God and could not understand the emptiness inside him. He could not be found having faults to the outside world. He felt somewhat superior in a way, and yet deep down he knew this was a mask for his true feeling of inferiority. He was trapped, so to speak, in his standards. He was unable to move about with creativity. He was bound by tradition and aesthetics.

As he viewed his listeners one day during church services, he felt as though nobody was really listening or appreciating him for his efforts. He really thought they should look up to him. He ended the service as he always did with the same scriptural phrases, said his goodbyes, and after having looked over the church to make sure everything was just perfect, he got in his car and left.

As the distraught minister drove he thought: "Why do not the people see my efforts? Why do my children rebel against me? Why is my wife indifferent towards me? I do everything to the highest standards. I feel not close to any one of my parishioners. I feel my hands are destined to repeat the same traditional habits that have always been. I feel I am indeed a righteous man, but what is wrong!"

In the cloudiness of his thinking, his car was broadsided; he was indeed hurt and in great pain. His first thoughts: "How could God allow this to happen to me, for I've lived a righteous life!" As he was drifting in and out of consciousness, he heard that divine voice from within: "In whom do you serve, my son? Who do you trust to complete those daily tasks? Whose opinions of you do you value most? Who are you attempting to impress? Whom do you serve?"

For many hours during the man's recovery, he pondered these words and attempted to answer them. He found he was serving himself. He was building a nest of prestige. He craved adoration and power. He could not become close to any one person for he put himself above them. He had set up for himself a seemingly perfected life in which he was not allowed shortcomings or mistakes. He soon realized God did not demand this of him, but he assumed this standard would bring him what he most craved.

When the minister had fully recovered, he returned to church services to find the parishioners to be enthusiastic about the messages from their temporary substitute minister. He had felt some jealousy at first, but he had allowed true humility to seep into his imprisoned mind. He had learned from the new pastor how to relate with individuals, one-on-one, with sincerity. He learned about living up to the true definition of a minister. He realized that a perfect screen over an imperfect mortal only imprisons and strangles creativity.

The 'changing of heart' minister began to preach from his experience, and honestly told his listeners of all that he had learned. He courageously admitted his blindness and taught the people with those lessons he had learned therefrom. He found he had not more care for the condition of the 'church' as he did for the condition of his family, friends, and 'church attendees.' He had realized he learned as much from his listeners as he had taught. The parishioners became participants.

The church became alive with divine information and with the creativity of new and better ways to live this mortal life, divinely. The minister found a new door which

had opened to his soul that allowed him the spiritual liberty we should all be fortunate to know. He could move with real joy; he could find humor in his mistakes; he could find value in his hardships; the pressure was lifted off him, and the light of reality had set him free.

Today this minister is joyful and thriving in a successful church ministry. He is no longer bound by what he thinks righteousness is, but by caring about glorifying our Father – and ministering to his family, friends, and acquaintances.

This week, my friends, find those things that imprison you and complicate your lives. Ask yourselves the questions that the divine voice asked the man as he lay there in pain: “Where is your focus? Whom do you serve?” That is all. I am so grateful to you, my friends, and I feel a greater love with each passing week. Know that this week I will be close at hand to answer any questions. Until next week, shalom.

Faith And Trust In Our Divine Caretakers Yields A Creative Mind

Abraham, WOODS CROSS GROUP 09-18-2000

Back

I am ABRAHAM. Greetings, friends. How wonderful it is we can meet each week to review what we have been learning, re-focus our attention, and reaffirm our faith. The week's difficulties, struggles, and many activities, can weigh upon your soul.

I love each and every new day. To me, it is a new beginning and alive with possibilities. I used to be weighed down in my old traditions and boundaries of thought; I would take life so seriously as if each day was made to do further damage to my mind and soul. My creativity was squelched and my capacity for spirituality was quite limited.

Our meetings are a wonderful way to shed the skin of the past worries and complications, to reveal the new possibilities. Our thinking can always be in a mode of evolution if you so choose. Or, we can remain burdened under the debris of old ideas, long-held habits, and those things that cause us to be imprisoned.

After some time with my friend and mentor, Machiventa, I had learned to release my preconceived notions, my tradition-bound ideas and behaviors – which was the way in which I handled everything. I learned my thoughts were living, changing, and expanding. I learned that almost everything is in a constant state of motion, including thoughts. I was a sum total of my thoughts, yes. I could be limited and bound – or I could be creatively liberated.

On a material planet where you must rely upon faith to see you through your divine career, there is always a tendency to hold fast to what your eyes can see and your mind can conceive. There will always be worries for the day. There are always obligations and concerns to be acted upon. No doubt, you have your responsibilities and yet, these things are potentially imprisoning and strangling the creative mind.

A well-balanced character is not controlled by these life burdens, but is free to receive of the divine mind which is a master organizer. An imbalanced character (person) is controlled by their life's burdens and forgets that divine mind – making

these burdens more complicated.

Our Celestial Caretakers seek to keep us in a forward momentum. They not only problem-solve but solve problems with creativity. To have faith and trust in our Caretakers is to perceive and to believe in that divine mind which is breaking down those boundaries that surround us, and choosing to handle all matters in a most effective manner, considering the whole.

What material ties have a hold on you and strangle your creative mind? What has you feeling that your soul is bound and your mind caught up in a continual well-worn groove? What brings you into a state of peace and reception for limitless creative thinking? The feeling of personal liberation, my friends, is like no other feeling. The possibilities in human living are endless. At some point in your mortal careers, you can choose to lose everything in order to gain all that you will ever need.

How can life be simplified to free up your mind for more progressive thinking and service? We are on the cusp of momentous evolutionary changes. We require those creative minds to carry forth our work. One who is burdened by non-productive things is not a channel for the new work ahead.

Find time this week to ponder these questions and ideas: How can Father better organize and simplify your daily living? How can life be made to have a creative twist? For you, what makes you feel spiritually liberated? That is all. A few questions?

CALVIN: Abraham, thanks for these lessons. Sometimes it seems like I am not following through. Sometimes it feels like an inch a week and sometimes a couple days' worth. I appreciate your teachings very much because they keep me going forward, even if very slowly. In our discussion before the lesson, we talked about our Universe Mother Spirit's possible broadcast message. How correct was our reception of that? And, is that something we should pursue and post to the internet? Do you have anything further to say on that subject? We are acknowledging we could be in error here.

[During this past week, some in the group had received and had written down transmitted messages about our Universe Mother Spirit – how it was a new day in her awareness among her many universe children.]

ABRAHAM: I understand. The broadcast was correct for the most part. I was happy to know it was received. This receiving has been long awaited. To view the citizens of Urantia receiving these broadcasts are likened to the elation that was felt when the first human twins comprehended worship. Things will really move fast from here. I can confirm a day has been set aside to devote attention to our Mother for her wonderful services. This day of devotion and celebration helps Her to fully actualize into Her potential. Our beloved Brother/Father is heading the coordination of this day. There will be celebrations throughout Neadon. We will pay tribute to Mother and Her direct subordinates for their service in our universe. We hope that citizens on material planets will become more fully aware of their functions (the functions of Mother's subordinates), and how to become actively involved with them. As for the actual day, I will not say right now, but soon. You can share this

information if you like or not, it doesn't matter. Many residents of Urantia have received this broadcast, and in future days there will be better understanding of these broadcasts – and more individuals who will recognize them. Is this helping? (Calvin: Yes, it is. Thank you.) Abraham: Another question?

MIRIAM: It is kind of funny what the lesson was about tonight. I have been imprisoned for a long time, most of my life, with the relationship with my biological father, and how this relationship has been an impetus for me to grow and to learn from. It has always been difficult. It has been a challenge to make me grow, yes, but it has always been an imprisonment. I have healed chunks, and grown, etc., along the way, and I am so grateful. Recently I have had feelings of love and happiness and whole feelings about my father for the first time. It is absolutely wonderful. I feel free and I feel the distortion lifting. I am so grateful for my parents. By learning how to be their daughter, this other area of confusion has been so much better. I guess my question is: My father died a while back – does he have any way of seeing or knowing the healing that is going on with me? I have a wonderful feeling about him today which is such a new thing. It makes my heart full. Can you comment on this process or any information you may have about that?

ABRAHAM: Certainly, he knows. He is well informed and happy for the new understanding. I am told this was a source of pain and regret for him, and as time and understanding have influenced this dilemma, he has grown in soul and love for you and others he had hurt. You, Miriam, my daughter, have handled this situation like an expert, almost viewing it from a scientific point of view where you have gathered facts, weighed them out, done your own experiments and, have come to a logical conclusion. Well done. This has been a source of pain, yes, but also a source of growth; and your happiness is the fruits therefrom. Well done. Another question?

HARRISON: Abraham, I want to thank you for the message you gave for my mother. She seems to be in much better spirits today. My question is two parts: 1) Is it possible to know my father's spiritual name? 2) Would you be up for saying a few words to my father?

ABRAHAM: I would be happy to speak to him but I feel he is not quite ready for me. (Harrison: I agree.) Abraham: I can give the name at a later time. Your Father must be allowed time to become used to this method of spirituality. Sir, I find you to be a man who is somewhat gentle in spirit, but not always have you been this way. I am familiar with your regrets, and I tell you these regrets do not serve you or anyone you love. Allow them to be swept away with the winds of change. Hold fast to what you have today and see not the injury in each moment, but the victory in how you have survived. You are meeting up with a crossroads in your life where your head may tell you to go in one direction while your heart may say another. Look well, my son, to the Father of all fathers for guidance. He is closer than you think. You need not worry. You do well. Is this helping, Harrison? (Harrison: Yes. Thank you.)

I am growing in affection for all of you, my dear friends and devoted students. You assist me in my spiritual liberation with your faith and love. I thank you. My love goes with you. Until next week, shalom.

Move Creatively From the Spirit | Personal Assessments

Abraham, WOODS CROSS GROUP 09-25-2000

Back

I am ABRAHAM. Greetings. What an intimate little group we have here this evening. We may be small in numbers but we are grand in our thinking and willingness to be open to receiving spiritual light.

I am amazed at Father's hand in all things. I may not always be directly aware of Him but I rest in confidence knowing that without fail He will be there. I rest in comfort knowing Father makes me more than I am. Every good thing is of God, and he who has God within him, is good. I find each area of my life to be sacred and a celebration of being.

Knowing Father is in every aspect of my life I can relax and receive a continuous flow of divine information. 'Father makes me more than I am' - I say that with gratitude and humility, knowing that I can do many things because He is in me and I in Him. In my everyday mundane chores, I dedicate my work to the glory of our Father. Each day I find I can become more aware of His presence and utilize His divine abilities to further His works.

The Master had an eye single to the glory of God. As He worked, He dedicated His work to Father. As He partook of material sustenance, He held it sacred. As He spoke with people, He set Himself aside so that Father may speak; and, He also listened to hear Father's words through others. As He rested, He rested in honor of Father because He was respectful of Father's overall plan.

God made all of us so that we may return to Him. When we can live our lives as if we are on our way to returning to Him we can move with confidence knowing He is endowing us with spiritual power from on high. In this spiritual power, we are liberated to be our true creative selves. We need not fit into the mold of society for we are indebted to no one. We move from the spirit. We live by the spirit. We take action from the spirit.

God is creativity and He has granted us creative thinking skills. He has granted us the liberty to act upon what we feel is true. No two personalities are alike in all the universes. Imagine that - each person, each personality, has the right to be individually creative.

It has been said to "go the extra mile for your brothers and sisters." What are the possibilities in changing the saying to "go the extra mile - creatively - for your brothers and sisters?" Father is trusting in our true core selves to further His work. He is trusting us to act from the spirit within; you need not obtain anyone's permission to do so. Openness to Father's will is the key to success in 'moving from the spirit.'

With all the new upcoming changes, we need individuals to provide a foundation of spiritual realness. We will be requesting individuals to aid in steering cosmic destiny. My Mission friends, you are assisting us in that endeavor with those spiritual seeds you plant by living a good example of life in the spirit. Each new person you come into contact with is a new prospect to plant seeds of spirituality

and to help get information out to further this Correcting Time.

I would like to take our lesson format into a new direction by ministering to you each more on a personal level. I will be offering you personal spiritual assessments. I can give you a good understanding of where you are now, and what would be progressive to focus on. Whosoever should desire can ask and I can accommodate. We have been together now for some years, and I do believe I know you each fairly well. I would believe it to be my honor to help you in any way I can. I would also be starting a new series of lessons concerning personal overall wellness. What is an individual who is 'well,' as to the totality of 'wellness to the whole?'

That is all. I can allow a few assessments tonight should there be a desire, if not, I would take a few questions.

CALVIN: I'll start, Abraham. I would think it's fairly helpful to me. Where am I now and what can I focus on for the week that would help me?

ABRAHAM: Yes, although I would say the focus has no time limit. (Calvin: Okay.)

Abraham: It is for however long it takes to naturally progress. These assessments need not be shared if it is so desired. My son, you have traveled a long and arduous path. While you can be grateful for your advancement you have to admit, Father is unfailing in love and grace. You have indeed worked hard to open your mind and receive spiritual information that is not twisted by prejudice. Well done. Your downfalls, however, are impatience and pride. You have a need to be productive, but mostly this need is a mask for pain you do not want to recognize. In your busyness there is a covering of things you wish not to see. These stumbling blocks keep you from feeling the full effect of Father's love and embrace. Your heart is gentle and warm on the inside but is enclosed in a tough outer shell. The shell is binding and imprisoning. You take great lengths to show that you are not stumbling. These are barriers which keep you from experiencing those lessons you need to advance. Think about it, my son. Feel no fear in stumbling. Be at ease to know that no one stands by to laugh or ridicule you for being a man. Focus on breaking the restraints of the heart shell and be willing to be known for who you really are. You see great beauty in God's works and yet, you feel not His complete love. Focus on believing the universe is with you – not against you. Rid your life of those complications that make you seem productive, but are only masks from past painful experiences. Thank you for your service in our Mission. Your dedication is to be commended. You are loved beyond human measure. Thank you for your courage to accept this personal assessment. I have time for one more.

ANTHONY: Okay. I guess I'll be courageous to take an assessment-guidance.

ABRAHAM: My son, I also thank you for your courage. I shan't give you any more than you can handle. I perceive you to make great effort. I understand you to be searching. You are on a journey that is quite weighed down with past unresolved issues. You could lighten your burden by facing those things that have surely wounded you. The path you have been on is made more difficult, for you travel at dusk so as to not see too much that would be upsetting, or make you think your journey will be more difficult. You are a man of great faith and you are more dedicated than you actually believe. While you live in two different worlds it is

good to know your foothold in the divine world is becoming more sturdy and dependable. I would say to you that while you view Father as a loving God you fear His judgment. I say, my son, He is not looking down upon you but attempting to hold you up, to uplift and inspire – He is making you more than you are. There are dark places in everyone's life that have left them scarred in one way or another. These dark places are fertile ground for valuable lessons. Your focus can lean towards: 'Life is fair; God is just; and I am not thrown randomly into the world to see if I can measure up.' You can focus on being who you are truly meant to be, not who others think you should be. You are not out to gain anyone's acceptance. You are only to make effort towards accepting yourself as you are. Look not at your life as 'a series of hits and misses, and therefore you must journey at dusk.' Rather, focus on setting forth on your journey in the full light of day. You will be astounded by the freedom of soul and mind. Pack lightly, go through and discard much of those things you are already lugging around with you – most of them are not necessary. This will take time of course but the value is immeasurable. I thank you for your courage to accept this assessment, and I would have you know we are closer than brothers. I am here anytime you should need me. You do well. That is all.

Next week I should continue with these personal assessments. Please inform all those who would desire one to be prepared to receive. This week, think about how you can move more creatively from the spirit. Is God really in all aspects of your mortal life? My love is always with you. Until next week, shalom.

The Faith-Trust Factor Is Key To Advancing Spiritual Levels

Abraham, WOODS CROSS GROUP 10-02-2000

Back

I am ABRAHAM. Greetings. How blessed I feel to be able to meet with you. I can feel more gratitude; I can learn more; I can gain more valuable experience – yes, because we are friends and fellow co-workers in the kingdom.

I have come to know so many wonderful individuals that have taught me to always have hope and to never underestimate the powerful works of our Father. I have also experienced seeming down-trodden times, and my associations with you have helped me to persevere and keep an eye single to the glory of God.

I experience Father on a personal level, no doubt, but also do I experience Him through you each, my friends. I have learned through humility and being teachable that the universe is filled with endless possibilities. My deep and abiding trust in Father does not lead me astray. I know that when I include Father in every aspect of my life, I can trust myself to make good decisions.

My friends, you have had enough experience to know that Father is unfailing in His dedication to us. You cannot from this point on ever really believe that God leaves you to suffer the mortal life alone. You have studied enough to know that you must decrease so that God in you can increase. These simple truths can bring you comfort on a spiritual level, yes, but it is understood that in your agondonter status, what is right before your eyes speaks loud and clear.

To strive to be God-like is a tremendous challenge in mortal living unless you possess the faith-trust factor. Having faith that God is there, and to trust in His

abilities, is key to advancing spiritual levels. If you focus on allowing God in you, and you in Him, the faith-trust levels build to where you begin to lose fear and gain self-confidence. The more you allow God in and rely upon Him, the more you can be confident that you are moving and acting from the spirit. Do you see, you have decreased self-doubt and increased trust that God, our Father, works through you?

Spirituality has integrated into your lives beginning on an 'intellectual' level – and the 'faith-concept factor' does not support that. Spirituality is best learned through the faith-'trust' factor because it allows you to set aside the ego's logic, to being perceptive of Father's hand in your life. Most definitely can mind be a gift and a stumbling block all at once. To begin first from the faith-trust factor allows your intellectual capacity to open and receive without interference from the ego. Yes, you are trusting in Father to guide – to be in you. He gives you that ability to trust yourself.

You each have the ability to know what is truth for 'you.' You are entitled to your truth as others are entitled to theirs. What is true to you today may change tomorrow. As long as you are having the faith and trust that God is leading you, then can you move with the smooth assurance that your truth will grow and evolve.

This week, contemplate your faith-trust levels. How much does your mistrust or ego interfere with the receiving of new concepts? Think about that personal relationship with the indwelling God. Who is He? How can you be sure you are allowing Him to work in your lives? We are not about catering to the ego, but about feeling confident as a well-loved child of God.

We are on our way to learning that overall personal wellness leads to spiritual comfort and contentment, which will certainly affect the masses, yes. I can accept questions or answer requests for personal assessments. Proceed.

CALVIN: Abraham, we welcome Mr. Richard Keeler from Wyoming, and Rita Gum, who are both with us tonight from the Salt Lake Urantia Book study group. Also, I received a call from Jim Foster, from Oklahoma, as I'm sure you are aware, who is asking for any assessment and help you might give to him with his personal challenges.

ABRAHAM: Yes, I am aware. I can say to you, Jim, my son, your diligence in this Mission has been inspiring. Your gentle manner and kind heart certainly makes everyone who knows you feel at ease. There are times, however, when you do become upset – and in your dedication to serenity you keep quiet. At times this is good, yes, but it is taking its toll on you, physically. You can say things from your heart, my son, in a tactful, intelligent, and gentle manner. To forthrightly speak your mind is not causing irreparable damage, but at times may even be helping. I understand your physical pain to be quite unbearable, and you will need to keep in step with your material medical curriculum. I understand you to believe that being productive is proving your value, and your need to be productive worsens your injuries. Relax and know that all things will be completed in due time. Worry does not add to your good health. Suppressing honest feelings does not help either. I know you are seeing this pain as somewhat of a test of spiritual endurance – it is not! but most definitely can you count on Father bringing out the value of this

experience. Be cautious of the medications you may take for pain. Sometimes they only cause more harm in the long run. Focus on looking deeply at your life and those things that cause you inner-turmoil, and confront those things with honest words. Be honest with yourself. You might think you have made your bed and have to lie in it, but I say – make a new bed! [laughter.] Have comfort knowing you have the forces of the universe with you. I thank you for your courage to accept this personal assessment. Be at peace, my son. That is all.

RICHARD K.: Who are you, and what is your purpose? [Editor's note: Richard was President and Trustee of the Urantia Foundation who chanced to attend this evening only. He regularly attended the Urantia Book study group in Salt Lake City at Rita Gum's residence.]

ABRAHAM: I am the Abraham from the Old Testament, husband of Sarah, father to Isaac, student of Machiventa. I have been commissioned by Michael and His staff to return to my native planet to teach because of my mortal experience. This world is in somewhat of a state of emergency, so I have been asked to return and teach from my mortal experience because of my association with my mentor, Machiventa Melchizedek. I have a deep and abiding love for the human race. It is an honor to enter into this Correcting Time and help in the upliftment of Urantia. I am not so much as the books of old say I am, but more along the lines of the way your Urantia Book says I am, yes. Is this answering? (Richard K: Yes. Thank you.) Abraham: Another question or assessment?

RITA: I would like to ask a question, Abraham. Are you now the Planetary Prince? Are you working with Melchizedek? I think you did say that. Or, is Jesus the Planetary Prince of Urantia?

ABRAHAM: I can say I am not the Planetary Prince. I am in a long line of subordinates who work for Michael. I am advised not to say who the Planetary Prince is at this time for there are conflicting viewpoints and understandings among the Mission participants. With time it will all be explained. Thank you for your question. Another question or assessment?

SIMON: I'll take a spiritual assessment.

ABRAHAM: Simon, my son, your enthusiasm in our Mission is definitely energizing. You are neck-deep in all this spiritual discovery. You are courageous to move forward so rapidly, but I would ask you to be at peace with the natural absorption of all this spiritual information. This spiritual learning is not only about going forward but understanding from where we've come. Because there is so much correction needed, without having some understanding of the past it is difficult to move forward. It is difficult to attain the meanings and values on an advanced level when you have not understood previous experiences. I can say, with the enthusiasm you possess it would be quite healing to venture into the past and realize some things:

- 1) You need not find value in attachment to another person.
- 2) You need not seek other's acceptance.
- 3) All is the way it should be. Have not regret for your past experience or think that you have missed out on something.

Your feeling of unfulfillment will begin to fade as you incorporate these three steps into your daily living. Your associations within the group can aid you in understanding that the past was not just an endurance test to see how much you could take. You are stronger than you believe. You can be your true self – and yes, people will either accept you or they won't. But know, my son, God will always accept you. Rely on Him for your reflection, and know that in His acceptance of you, you can find self-acceptance. You do well, my son. Thank you for your courage in accepting this personal assessment. One more question or assessment.

RITA: Could I have an assessment? You're my favorite person of the Old Testament.

ABRAHAM: Certainly. I see you with abounding energy, one who believes that all things are possible with God. It takes quite a lot to discourage you. You are persistent in your dealings and this is good. I see you at a spiritual level where you are looking at open doors and are feeling you should go through them – but there is some hesitation, some fear. This is easily understood, my daughter. You have always been one to be the first at doing new things. You are more of an instigator than a follower. You are quite the faith-filled daughter and work hard to do right by God. While you are wondering where your life goes from here, feel secure in your ability to know truth. Know that your strength has carried you thus far, there is nothing to fear. You can focus your attention on improving meditation in an effort to strengthen your personal relationship with Father. You would benefit to journal your honest feelings, yes, and then be still and wait for inspiring words that may come after. I do look forward to knowing you better, and I want you to know I am available should you need me. I thank you, my daughter, for your courage to accept this personal assessment. Yes.

Our time here has come to a close this evening, but know I would make myself available to any of you during the week. Know that always my love grows more for you each time we meet. Until next week, shalom.

Assignments Based On Our Faith/Trust | More Personal Assessments

Abraham & Emulan, WOODS CROSS GROUP 10-09-2000

Back

I am ABRAHAM. Greetings. I thank you for coming. I look forward to each week's meeting with you developing new ideas and possibilities. We have quite a history together that has promoted a great deal of growth, but I do so enjoy our friendship – our real family togetherness and love.

This Correcting Time does require one to be open to new experience. Father will assign you certain tasks and help you find opportunity to complete those tasks. If you can allow faith and trust, you shall meet with inner fulfillment and true contentment. Emulan would say a few words.

EMULAN: Greetings, friends. I have missed you. I am happy to be here. I would say a few words concerning faith and trust. Many individuals are faced with the unknown; and while the unknown can be fearful, some do step out in faith and take an active role. Some individuals, however, allow fear to get the better of them and even be afraid of what God has in store for them. These individuals do stumble through

mortal living asking: "Where is God? Does He not even know I exist?"

The Correcting Time, my friends, is here. Assignments will be increased. We are rallying our forces to promote as much light as possible. Your assignments help to bring that light. Assignments can be quite testing of your tolerance levels and can appear to be a burden. But as you go about completing the task, you find Father to open doors of opportunity. Some assigned tasks are perhaps so small you do not believe they are even assignments, but their effect does indeed go a long way.

Commitment to Father and His living will is the measure of which you will receive these assigned tasks. How willing are you to be put upon by our Father? Is to be put upon by Father an assignment which leads to inner fulfillment and closeness with Him? How do you know which tasks are really assignments from Father and which are not? Does it matter? Service is service!

The more you can allow God to share your inner life, the more your outer life will be affected. If you move from a spiritual standpoint, you can better trust in your own abilities to know the will of God and carry it out. I would never advise to blindly follow any human or even spiritual beings on my level, but I would recommend that you find that type of trusting levels for Father.

Father has your assignments aimed at service to others, yes, but also are your assignments your lessons. The completion of these lessons brings greater spiritual awareness and closeness to Father. By that I mean, closeness to His indwelling presence. I mean, the actual knowing and actual feeling that He is personally in you and you in Him.

Our Correcting Time is healing many things. In time you will live with the presence of God as if He has always been an integral part of you. Perhaps time will fade away your memories of feeling that mortal loneliness – but most definitely must you learn and possess that faith-trust factor. I thank you and I leave you to Abraham.

ABRAHAM: I thank you, my friend, Emulan, for your insightful words on this topic. I have indeed learned this faith and trust more in-depth when I have allowed myself to be of service. Father's plan is interwoven into everyone's overall experience and creating new growth. I would proceed with personal assessments, beginning with Gloria. [Gloria/Frosty is from one of the Idaho TM groups].

Child, I am happy you have asked and I have so enjoyed your particular personality type. While you are lighthearted, you are also deeply devoted to our upliftment of this planet. While you are quite serious, even verging on dramatic at times, your child-like faith opens up such wonderful possibility. I perceive you to have such great hope – and yet, are becoming a bit discouraged at times. You do offer a wonderful ministry, and while your techniques are helpful there seems to not be too many of your fellows that are accepting of them. You do know individuals who are discouraging, and their words are sometimes intrusive when you are putting your best spiritual foot forward. These individuals are nothing more than spiritual weights to be lifted to build muscle. You can be assured from the depths of your soul that you have a calling and do most definitely need to carry it out. Be practical in your service, yes, but do not allow those who criticize you to interfere with the work at

hand. You have good transmission-receiving abilities; and while you doubt these abilities, you need to remain open to receive further training. I understand that while you are feeling alone you are beginning to believe that nothing lasts forever. This is partly true, yes. Things of value last, but even they are in a state of evolution; look at them as always changing, moving and growing – not going away. Worry not for these days of seeming useless activity; these days are preparation for the future. Cultivate your humorous side to give you relief from those things you find wrong. Worry not my daughter, for all, really, is well. I thank you for accepting this personal assessment.

NINA: I am trying to tell him who I want him to do next, but... [laughter.]

ABRAHAM: Are there more requests for assessments or questions?

CALVIN: For the record, I welcome Henry from Germany here with us, Abraham. And Sandy, who is recently new to our group from Indianapolis, is again back with us.

ABRAHAM: Welcome. I have known you each and I hope to know you better. Yes. A question or assessment request? I do understand the need for these assessments and I will complete all of them as time will permit.

NINA: He is going to do Miriam's because I won't quit bugging him. [laughter.] I am sorry. I have the list up here, okay. I'm going with the list.

MIRIAM: I appreciate that. Abraham, I would just like to preface my assessment saying that last week, in talking about faith/trust during my husband's accident some years ago, and I know people get tired of me talking about it, but when Ham gave me that help that he did, the words he used in there were faith and trust. I picked up the Woods Cross teachings for the very first time and there was a lesson in there on faith and trust. It was so helpful.

ABRAHAM: Certainly. I do know of that time in your life to be a turning point, in not just spirituality, but every other aspect of your life. You have indeed drawn so much value from that experience that you are a living testimony to the powerful works of our Father. You know firsthand that Father can bring the value out of seemingly disastrous circumstances. My daughter, you are indeed, a diligent worker. You have moved with faith and trust even though sometimes it was with kicking and screaming. How I have also been inspired by your friendship to me. Your growth is advancing very rapidly. You are moving into a Thought Control mode instead of an Adjuster mode. You do move with faith and trust, and while you are learning to be with Father you are also dropping the idea you once held so dear, and that is – you truly desired the acceptance of others. At one time you had allowed them to shape the way you have lived your life. I am so happy to see you move away from that. You stand accepted as a valued child of God and have learned this from personal experience, not by someone having told you this. You are daring to take steps further out into the world and this will most definitely bring you new assignments. No doubt you are well equipped to handle these things. I would at this time focus on ideas that you have had but have been afraid to act on them. There are upcoming opportunities for you to complete those longed-for dreams. You will be able to follow Father's open doors with confidence because of the assistance of the Thought

Controller. You can have confidence and be not afraid – this will verge into ego-interference. You have been given much and you have also given much. Be ready, my daughter, for there is more work ahead. Take joy and excitement from this. Do not be afraid. I am aware of your transmitting and receiving abilities, and I say these celestial assistants are not leading you astray. Well done, my daughter. Thank you for accepting this personal assessment. (Miriam: Thank you.) Abraham: Another question or assessment?

HENRY (visiting from Germany): Thank you, Abraham, that I can be here. I don't know if it is possible but if you can say hello to my teacher/friend, Paul, who has moved on to the next life. I would like to know, can you give any advice to me for when I go back to Germany?

ABRAHAM: Certainly. I can say to you, Henry, your friend and mentor is aware of your journey and is most definitely happy for you. I can say your search has been indeed long and arduous, but worth all that you have experienced. Your time has come to where you can be other's friend and mentor. You have gained enough experience to be of service. I do understand that restless feeling that plagues your mind. There have been unpleasant things that have happened to you that you would wish to not be there. In your travels, it does feel like an escape from those things that do plague your mind. You have tremendous opportunity to be spiritually strengthened enough to face those past trying times and to have complete understanding, complete healing. The bitterness you may still hold can turn out to be of great value, great lessons, yes. You can make a difference in the world, my son. You are only one man, yes, but you can start planting the seeds of change. You need not be over-exuberant in the planting of these seeds, no. Just by being yourself and speaking from your experience you can effect great change; you can be a helper in this Teaching Mission; you can further the growth of our Correcting Time. It seems like an impossible task but you must know there are vast hosts of heaven who aid in your success. I would advise you to begin stillness practice and journaling your spiritual experiences. You are on an awesome journey, my son, a journey into eternal life. I should find it my honor to be your friend. I will help you when I can. In the meantime, have confidence that you are loved as if you were God's only son. He knows you more than you know yourself. He is unfailing in His devotion to you. Fear not, go forth with spiritual courage and know God has cleared the way. One more question or assessment. (Henry: Thank you.) Abraham: You're welcome.

SANDY: I am asking for an assessment.

ABRAHAM: Certainly. You are undertaking great changes, my daughter. How wonderful you have the courage to follow through. While these changes seem great, they are really just part of mortal living and you will see in time that they hold value. I perceive you to be rigid in your beliefs; and while you are very faithful, such rigidity leads to stagnation. I would recommend to you to accept change with a free-flowing outlook. Do not fear it, but revel in all its challenges. You have had certain regrets that have plagued you and do cause you at times to be somewhat craving attention. I can say, my daughter, these things are about to find healing. You will better see the value of your experience as you relax in your beliefs and allow the free-flow of divine information. You have ability to be a teacher to your fellows. The way you treat them is what they will remember. Your kind heart and

lightness in attitude will be an attraction. They will come from all walks of life. Expect your association with these people to hold great lessons for you also. Have not fear, but excitement in the changes ahead. I see you best thriving in a state of relaxation, yes. You do well, my daughter. Thank you for your courage in accepting this personal assessment. (Sandy: Thank you very much.)

I am slipping. I would however, like for each of you to know as each week goes by I am in more love for you. Until next week, shalom.

Self-imposed Burdens | Being Over-Burdened with Past Baggage

Abraham, WOODS CROSS GROUP 10-16-2000

Back

I am ABRAHAM. Greetings, and thank you for coming. There is such a peaceful atmosphere here this evening. We are connecting more on a soul level. In the peace we are allowing our daily troubles and worries to slip away. We can literally become closer, and my words will come with more accuracy and have deeper meaning because you are so open to them.

I am filled with gratitude to Father, for His glorious works are ever-unfolding and upholding. When we step out with the faith/trust factor we can relax and be confident that we are intelligent children – children able to understand our Father, the source and center of all things.

As we go about daily living, we are sometimes overburdened by past baggage, present stresses, and future worries. It is difficult to be just that pure soul entity, child of God. As we learn to step out with faith and trust, we can release everything and be at peace with what Father wills us to handle. This overburdening baggage that we seem to carry in mortal life creates an endless cycle of difficulties; we forget to be who we were destined to be – that learning child of God.

The baggage I speak of is imprisoning and stagnating unless you can release it to Father and allow Him to transform it into valuable understanding and meaning. This baggage perhaps could be difficulties you do not know how to handle; it could be past pain you have not yet dealt with; it could be unpleasant behavioral patterns you would wish to be free from – and all this is so much for the soul to handle when Father has not been allowed to transform these weights into evolving understanding and ideas.

Many people act out in various ways to be free from their baggage – they may overindulge in unsafe behavior; they may give in to unproductive self-gratification; they spend their lives trying to compensate for past pain; they spend their lives doing things that mask that baggage they are so committed to carrying.

When you can step out with faith and trust, you can allow these things (the imprisoning baggage) to fall by the wayside. You can feel confident that Father will help you sort through them – and that He will be your compensation; He will be your deliverer. Father can free you to be that soul you were intended to be. You need not be caught up in that material world. You need not feel the pressures of your peers. You need not continue to live your life as if you are compensating for the pain you

have experienced.

With so much baggage it is difficult to give you new divine information or new and better ways to live, for the ego holds close that baggage, and the divine cannot see overtop of it or through it. The divine needs to feel that freedom to explore your past painful experiences and assist you in dealing with them, providing you with meanings and values. If you hold too closely to what you had believed to be true then those evolving thoughts cannot help you; you can be literally blocking divine information.

Rest assured that Father is strong and that He can not only help you carry your burdens, He can help you to sort through them, provide for you meanings and values, and throw away those self-imposed burdens that you have put upon yourself. Allow your mind the freedom to be moved by the Spirit. Allow your soul to be strengthened by the Spirit. Know that the ego only has power over what you allow it to.

That is enough for this evening. I will continue with personal assessments and questions, if any.

SAMUEL: Abraham, I would like to have a spiritual assessment – and if possible, the meaning of my name?

ABRAHAM: Certainly Samuel. I see you, my son, as having made great strides in these last few years. You are daring to show yourself as you really are where before you felt as though you were not acceptable and have not right to speak what you thought. Those many experiences you had did indeed leave you questioning your worth as a person. Your experiences had you feeling as though you were not worthy of other peoples' acceptance or love; you did tend to go inward as if to shut out the rest of the world. You are becoming stronger, my son, and your perception is being corrected. You are finding out you are most worthy of friendship and love. You are finding out you are acceptable more-so to God, and the rest does not too much matter. You would do well to take the initiative to step forth in being of service, because this is further training for you. You are finding your way and you can become what you have always admired in others. I also understand that impatience you are feeling with personal aspects of your life. I can say, as you step out in service to others you will meet people of greater integrity than those of your routine patronage. Father has someone for you, worry not. In the meantime, focus on becoming more courageous to speak your mind and be aware that a more calm tone of voice has a greater effect. You are building strength in character, and events that happen to you now do help you to progress. Samuel means one who is growing into full potential, yes. Have not worry, my son, you do well. Thank you for your courage to accept this personal assessment.

IMARA: Daughter, I see you as such a diligent worker who has great faith and willingness to be helpful in the kingdom. You are ready to begin a more spiritualized lifestyle but have a difficult time making it also, practical. You tend to separate regular daily events from things spiritual. The material and the divine can co-habit, leading to a more balanced life. You have opportunity to meet people, and your treatment of them is an opportunity to show a spiritual example. Your calm demeanor opens other individuals to being accepting of spiritual seeds.

Your enthusiasm, on the other hand, is also attracting people to want to know what is so wonderful. You are feeling somewhat regretful of having missed out on certain mortal experience. I say, have not regret nor worry. All has gone according to Father's plan. He can make sense out of your disappointments. He can make your life look as though it was lived deliberately and for the good of all. You are also hiding aspects of your personality as if they are not acceptable. I would say, you are beautiful 'as you are,' and to hide parts of yourself is holding back the hand of God. Have that freedom that you can be who you really are! and should others not be accepting of it, so be it. Focus on getting to know the personality of the Mother Spirit. Her qualities are a shining example for all females; a shining example for all people. Women of this day and age tend to hold resentment of past treatment and have difficulty moving past it. Mother is well balanced in her function and duty. She is in Her rightful place as an honored being of Nebadon. She need not fight for Her place. She has taken Her place and performed it to the utmost of Her ability. Have not regrets, daughter, nor worries. All, really, is well. Thank you for your courage to accept this personal assessment.

RITA: Abraham, can you tell me what my name means -- Rita Charmain?

ABRAHAM: I am giving definitions to spiritual names. I realize our text says we do not receive spiritual names until we are one with our Adjuster, but in this new day and age and Correcting Time we are allowed to release spiritual names. Do you desire to know your spiritual name? (Rita: I do, please.) Abraham: One moment. You are known on high as Azsuray. (Rita: How would you spell that?) Abraham: One moment. (Ellanor: I think he is asking somebody. He says do it like this: A-Z-S-U-R-A-Y.) (Rita: Thank you.) Abraham: Certainly. I believe the name means to be the bearer of many things, yes.

I will bring our meeting to a close, but not without expressing my love for you each. I am uplifted and inspired each time we meet. As always, my love goes with you. Until next week, shalom.

You, Kingdom Practitioners, Are To Go Forth With Confidence
Abraham, WOODS CROSS GROUP 10-23-2000
Back

I am ABRAHAM. Greetings. I would like to extend to you, each and every one of you, my gratitude and love. Those that participate in these lessons are creating a major change in this world's history. You that partake of spiritual nutrition are becoming strong and empowered to know God and to become like Him.

I give to you my commitment to see that each one of you who chance to come upon these words will be personally ministered to - to aid in your personal empowerment. Last week we spoke of releasing our long-cherished baggage to apply the faith/trust factor in our lives. Each day that we are committed to giving ourselves to Michael is another step-up in our personal empowerment.

These many years we have spent dying to the old ways and taking up the new. We are now spiritually empowered to live what we have learned. You are ready, my friends, to be what Father has intended for you to be.

You, kingdom practitioners, have been trained to go with confidence into the world and truly live what you have been taught. Every day you gain more courage to be your true selves. Every day you are learning to find meaning and value from your past mistakes. You have learned to laugh at your regrets knowing you have yet still more chances to correct. To have spent time with the Father, to dwell in this appreciation and to marvel at His everywhere-ness, is to be saturated in spiritual joy.

People everywhere are learning that they are not as inadequate as they thought. People are finding out that they are learning children in an advancing universe. Those that are daring to step forth with spiritual light leading them are confident in who they are and what their divine purpose is. They know that to be in the mindset of a 'victim' is no longer acceptable, no longer conceivable. Life does not fall upon them with random cruelty, but challenges present themselves to further sharpen their spiritual senses.

In daily living we cannot fall victim to seemingly negative occurrences but, we can remain observant and become empowered with divine ability. Yes, when you can move forth with spiritual confidence you are relying upon God to empower you with spiritual tools. These new times ahead bring us new tools to equip us to face the new challenges: You can live your lives on purpose. You can live for a purpose. You can find the beauty in being a small part of an elaborate spiritual plan.

Be not disconcerted with the new challenges ahead but be comforted knowing you are empowered and divinely strengthened to carry on in the face of all things. The open door of faith leads to a great many possibilities. These possibilities are not realistic for those who feel a victim of life. The possibilities are not available to those who are weakened by life's circumstances. Mortal life-circumstances are to teach you spiritual stamina and personal empowerment; they teach you your cosmic responsibilities.

What are your duties as a citizen of Nebadon? How can you fulfill your responsibilities when you might believe you are a victim of life? Without spiritual empowerment how can you further the Mission?

Take note that Father knows you will become imbalanced from time to time. It is through sincere worship that you regain balance. Through worship, you reconnect with the Father and empower yourselves to live life 'on' purpose and 'with' purpose. Through sincere appreciation (worship), do you wake each day with unbounded enthusiasm instead of dread and fatigue.

Every day this week, I ask you to find time to feel that appreciation of being a child of God and a universal citizen, a kingdom practitioner and an empowered spiritual being. I do appreciate you each for your dedication and daring to live these teachings. My love is with you. Until next week, shalom.

Group Chores Are Equally Shared Among All | No Place Of Individual Honor Above Others

Abraham & Mother, WOODS CROSS GROUP 10-30-2000

Back

I am ABRAHAM. Greetings. How joyful I feel to watch you at work. How uplifted I feel to be witness to your weekly learning. Though life seems dark at times you each keep searching for the Light. Your tenacity to remain true to your posts moves us all forward. Your joy is my joy. Your sorrow is my sorrow. Your advancement is my advancement.

I realize in learning personal empowerment you tend to put forth great effort; and in this effort, life at times seems to be out of control. The greatest effort you should put forth is the effort to allow God to work – with you and through you. You have your responsibilities, no doubt, but that (your responsibilities) falls within the realm of being dedicated to the doing of God's will. We have a guest this evening:

I am your MOTHER, Friend, Sister. I am with humble greetings to you, my children. I have so long looked forward to our meeting this evening. I am feeling my best when I can be close to you my small children. A mother needs to keep a close watch on the little ones for they are easily influenced or lured to things which may be unsafe.

I am so honored to have my place in this universe. I live to create. I live to join in partnership of overseeing that the details of the kingdom are brought into their full potential. I have regard for my duties; be they large or small, I honor each task as if it were handed to me by Father.

I realize my partnership with Father makes me more than I could be. He has made my place just for me. I know this is my place within the universe. I am unconcerned with others attempting to fulfill my duties or take my place; I am more focused on joining in with a team-minded attitude to seeing that the small details of large projects are completed. I worry not for the honor that comes with any given task. I focus on those details which are within my ability to complete.

I work with many individuals who also find that in unification there is efficiency and oneness – a feeling of belonging and satisfaction that 'with teamwork all things are possible.' We can, from time to time, have disagreeing viewpoints, yes, but with our eyes on Father, and on what is best for the whole, we accomplish a great many things.

Many universal tasks are completed due to group effort. No one is concerned with 'who shall receive the credit therefrom.' No one is in a position for receiving greater honor because every task, large or small, is deemed equally important. You can't complete some steps without having taken others. I take great satisfaction looking into the eyes of my coworkers and to contemplate the tasks we have worked on together. We each become closer and more dedicated to one another, as well as the Father.

In these times ahead there will be group chores. No one is with any more prestige than the next. No one is at a place of honor. Things you do are for Father and for the betterment of the whole. You will be given group assignments. Realize, the measure of which you are involved will be the measure of joy you will receive.

Especially in your small Mission groups, there has got to be some unity. There will

always be differences, yes, but there has to be a commitment to Father and to one another. This is not asking you to sacrifice, but is adding opportunities to you for growth as a universe personality. With such unification, there is much support on such a planet as yours. There is a feeling of belonging – and, knowing that your place in the Kingdom is secure. You need not fight for a place of prestige or honor – because there is not one.

I look forward to becoming closer to you each and having you look into my eyes as your Mother and coworker, and have that inner-knowing that we can accomplish many things together. Know that I hold you close. Farewell, my children.

I am ABRAHAM. Thank you, Mother. I have indeed learned a great deal from you and have a higher understanding of how unification adds to our own being. To know that my brothers and sisters are with me in support broadens my spiritual perspective; and, leads me to believe that I can do greater things. Being a universe citizen, we grow to realize we each stand side-by-side in equality and love. There is no judgment; there is not petty quarreling about our place and position.

This week, find time to connect with each other as a group – to discuss personal empowerment and watch group empowerment unfold. I can answer a few questions.

TR (ELLANOR): Let me tell him those questions from Samuel and Marlin and see if he is going to answer. [pause.]

ABRAHAM: For Marlin (John C.): Inform your family member her illness is not as serious as she would believe. Her fear is complicating her affliction. With the proper medical care and feeling of hope, she will again live a normal life. She will draw-out the value and meaning from her illness and become better because of it. Have her make plans for the future. Have her know she has more duties that must be fulfilled in this life. There are never any guarantees because we are attempting to stay within the Father's will. Have her read sections from the Urantia text on those who were physically and mentally afflicted, and reiterate those times when the Master said: "Go your way, for your faith has made you whole." That is all.

To Samuel (Dirk): I am understanding your dilemma. I am still somewhat in the dark about the solution, but I can give to you what I have. Be careful, my son, when speaking to these two gentlemen that you do not appear to be taking sides. Utilize the mind of the Master. Know that He was a peacekeeper and yet, He was firm in his word and actions. You can be of good help in this situation. Attempt to diffuse each one's wrong perception of the other. Most conflicts are from misunderstanding or assuming that each one is thinking negatively about the other. I am in understanding that one of these men thrive on conflict. Perhaps it would be best to be passive with this fellow while informing the other not to feed into his need for conflict. Appeal to their common sense, and attempt to make light of the situation. Reason that some things are better left alone. That is all.

I am unable at this time to give an assessment for Inera – perhaps at a later date. Now that our business is done, I can take a few questions.

MIRIAM: First, I am in awe of Mother's words today. We thank Her for a wonderful

message. I would like to ask, Abraham, how are you doing? The last time I asked was at the June conference and you said you felt like a father who was pacing waiting for the birth of a child. How are you doing? You have been spending a lot of time giving us assessments. Can you let us know what you are up to and how you are doing, personally?

ABRAHAM: Certainly. I have been furthering my education with new classes. As the world changes, I need to be updated on how I can help minister. I always am intrigued by the everyday workings of Father, and my mind is always filled with questions. I do take great joy in my associations with my fellow Teachers, as well as you. There is always time for reversion and worship. My life is quite full and I cannot express my gratitude enough to our Heavenly Caretakers. I do not mean to say it is easy, but I do view challenges as a puzzle to be solved. I thank you, my daughter, for your care and concern. That is all. Another question?

CALVIN: Abraham, in the upcoming conference, I personally have felt to maybe invite our friends from New Zealand who initiated this Teaching Mission to come and share with us and to show our appreciation. On the other hand, perhaps they have been instructed to 'bow out.' Do you have anything that you would like to say?

ABRAHAM: Yes. You can make attempts to send an invitation, and then let it be. They have performed their duties as far as setting up the foundation for our Mission. They each live full lives and are quite busy. But certainly, they would like to know what their small efforts have initiated. An exchange of communication is a good thing to focus on. Their presence is not so much needed at the conference, but communication is good.

SARAUNA: Abraham, I guess I want to express my gratitude to our Heavenly Caretakers for the experiences I have had in the last several days; I am really grateful for all the opportunities I have had. I hope I can find more ways to serve as Father wants me to. If you have any comments – I think you know what I am talking about. I am just feeling so full of gratitude and I just want you to know that.

ABRAHAM: Certainly. I also thank you for your willingness to embrace our Mission and being courageous to step forth in doing what you feel is right in the eyes of Father. You are beginning to rely upon His wisdom and feel more confident in saying those things that need to be said. Even though you feel progress has been made, do not be discouraged if things slide. It is a long process and a test of spiritual endurance for you. You are doing a great job. Take this time to become spiritually strengthened. Remember, even when things seem bleak you have these events to draw upon. You can plant seeds, you can even tend to them, yes, but you cannot make them grow. I would say that in your acceptance of that, you can relax and feel confident that Father will do what He needs to do when He needs to do it. You are doing well, my daughter. Have not worry. Another question?

AZSURAY: Abraham, do you think you could give me some advice on how to build up the kingdom, to be a leader of the Urantia Association of Utah. I know you are knowing of the people here; I humbly request if you could. I feel so inadequate in this calling/position, not knowing the minds of my brothers and sisters.

ABRAHAM: I perceive that you do well. It would be good to focus on the everyday application of the Urantia text to daily life. Bring living reality to the book. Guide your fellows towards making the book a reality by not only study, but the interjection of everyday-life happenings and how you may have applied the principles of the book. I understand your enthusiasm; I would suggest that you temper that with being your genuine self. Allow Father to care for the rest. That is all.

SIMON: Abraham, I had a dream last night about the 'heavenly hosts' and a little something about the difference between seraphim and how they seem to enlighten my mind. I am very grateful for these things. I wonder if you have any comments along those lines of dealing with my dreams.

ABRAHAM: Certainly. Dreams are a vague area of spiritual realities. You can know of their value by the fruit they produce. Should this dream lead to assistance in your daily living, then by all means, reflect upon it often. Seraphim can aid in the 'stillness state' more than in a subconscious 'dreaming state.' The fact that you are dreaming of them shows the faith you have that they are a working reality in your life. To have such faith is to get to know them better.

I am slipping. I do so appreciate your willingness to welcome me and hear my words. I am grateful to our Mother, for she adds new perspective to universe caretaking. I am looking forward to our busy week ahead. As always, my love goes with you. Until next week, shalom.

With Spiritual Strength, Fear Lessens and Confidence Increases | George Visit from Australia

Abraham, WOODS CROSS, UTAH 11-06-2000

Back

I am ABRAHAM. Greetings to you, my friends. What a full week you have spent enlarging your capacity to receive new spiritual seeds. Your contact with one another, and the unseen friends as well, has made your universe more 'user-friendly.' Father's works are awesome in that He covers so many areas of life and living - most of which you do not see, but most certainly play a part in. Michael's work is firmly planted and we are witnessing the new shoots of growth. The time has come where not even the unbeliever can say there is not some higher power or energy at work.

My friends, you have stepped forth in faith and trust, and you will not be disappointed. Your willingness to work in Father's kingdom has excellent benefits. You may not always be aware of the fruits produced, but as time goes by you will begin to see that there really is more good than bad, more positive than negative, more love than hate.

You are becoming more aware of your spiritual strength - meaning that your fear lessens and your confidence expands. You know what you know; and if you don't know, certainly you know the answer is forthcoming. You worry not about spiritual weakness. You are like a tightrope walker who grips his small umbrella and prays to keep his balance; he is with confidence that the net below is securely fastened.

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As you gain spiritual strength there is a release of fear, and you move in Father's

kingdom as if you have every right to be here. Without stepping forth with the faith/trust factor the spiritual muscles are not exercised, you lose confidence in God as well as yourself. Many who dare not to step out in faith and trust are overcome by the world's pressures; they build exhaustive skills in fleeing valuable spiritual experience, or hiding from life altogether.

As Mother said in our lesson last week, She knows this is Her place in the universe and fulfills Her duties knowing Father Himself has bestowed them upon Her. She feels at home and with purpose. She lives to greet each challenge as if it were a newly born child. She can become one with the challenge and receive insight on how to take care of it.

This week, ponder your spiritual strength. What do you dare to do now that you did not before? How do you treat your fellows now? Do you feel at home in the world and walk with confidence in Father, as well as yourself? I understand we have business. Our lesson is shortened to make time for questions. Proceed.

CALVIN: For the record, Abraham, we welcome George Bernard of the 11:11 Progress Group, from Australia; and Simon's friend, Lance, here for the first time. And, we welcome back Mark, Anthony's friend. Also, Tectra is back with us this evening from his long journey.

ABRAHAM: Greetings, gentleman. It is wonderful to have you with us. Have you questions?

GEORGE: Abraham, warrior and businessman, definitely a friend of all of us here, specifically of mine – it is my intention to train some transmission-receivers in Australia. Would you, perhaps on occasions, visit us?

ABRAHAM: Absolutely.

GEORGE: Thank you, Abraham. Just a question for the record, and I think it would probably delight the people here. In preface, in the mid-1970s – through the Akashic records we did have a look at your tent city of your mortal days. I would suggest it was a wonderful piece of universe reflection. My question is: The giant cooking pot you had there in your kitchen area – did you win it as a war trophy or did you pay for it? [laughter.]

ABRAHAM: It was not mine. It was a gift to Sarah from her mother. (George: Brilliant! Thank you so much.) Abraham: You are welcome. Have you another question? (George: Not at this time, but maybe we meet perhaps tomorrow night in a private session?) Abraham: Certainly. Are there any more questions?

SANDY: I have two questions if I can: I am experiencing a tremendous amount of energy right now, and I would want to know if that's through Teacher contact; or whether there is some other contact happening right now? I am really feeling a tremendous sense of energy flowing through my body right as we speak. Could you answer that for me first?

ABRAHAM: Nina is telling me she is, too. (Ellanor/Nina: I am, it's crazy.) Abraham:

Along with divine personages in the room, you each have tremendous group energy. Where two or more are gathered in His name – there, is Love. This in itself is an awesome energy! Through personal circuits, as well as universe circuits, there is no doubt this ‘love-frequency’ will have an effect on the material body. On my level, the frequency is not so much felt, but I can definitely view it with my spirit eyes. Your next question?

SANDY: I'm trying to integrate George's ideas of the 'Akashic construct' with my current practice of stillness. Both seem necessary and lead to the same place. I find the 'construct' is helping me illuminate my analytical mind even beyond my stillness practice; yet, elements of stillness seem – of the steps that I have been given to conduct stillness – seem very important. So should I alternate the use of both or somehow try and find a way to combine the two together in a personal practice?

ABRAHAM: I can say there is really no one way for everyone. You may experiment and then choose what is best for you. The idea of the 'construct' is a wonderful way to take the steps into stillness, but we have to keep in the forefront of our minds the overall reason we practice stillness, that is 'our contact with Father' - the realization that He is in us, and we, in Him. It is an exchange of divine love and knowledge. You and your Parent Adjuster may want to practice several different ways. The practice is good mindal discipline to keep your focus on the Spirit realm, and off of the daily grind. Yes. Another question?

CALVIN: Abraham, I want to just say thanks for the help in our touching base with Ruby and Mac, and the other two of your initial Correcting Time students, in New Zealand. What an awesome feeling of appreciation – to finally reach these people, after ten years, and to share with them that what 'they' have initiated there in New Zealand has had such an affect to set this Mission-stage here in the United States. I understand you met with them down there this past week. What an awesome thing we have going because of their efforts. [Editor's note: This is in reference to those in New Zealand who initiated the Teaching Mission via their contact with Abraham and Melchizedek through the 1980's]

ABRAHAM: No doubt, Calvin. We are watching our efforts come full circle – and this is indeed, cause for worship. The New Zealand team members were quite instrumental in initiating this contact. They were successful because they were humble and sincere in nature. They sought not for themselves, but for the kingdom. Many of your tasks may seem fruitless, and some may choose not to do them; but those that do can plant those seeds which will affect the world's future for some time to come – as did our New Zealand students. The apostles of Jesus believed they would have greater positions in the kingdom, and that it would take much blood, sweat, and tears to perform their duties. To their surprise, their tasks were somewhat simple and uneventful, but the fruits lived on for generations. Father asks not that you bend over backward and sacrifice for Him in the kingdom, no. He asks that you, in your beautiful personality, take joy in what you have been trained to do, be it a small or a grand task. You seek not reward for the striving of the kingdom but you experience the fruits of your efforts anyway. Our New Zealand team has done well, and we let them know that their position within this Teaching Mission is open and waiting for them. This contact is good. Yes, well done, Calvin.

CALVIN: Thank you. Do you have a comment for the record on the rehabilitated midwayers that are now back in service? or is that hasty transmission-receiving going on out among various Mission groups?

ELLANOR: I can hear him talking to somebody, so just a minute...

ABRAHAM: There are rehabilitated midwayers, but their integration back into their divine responsibilities will be slow and monitored. They have a long road to travel to get back to where they once were. They are, no doubt, just as loved as they always were, and are carefully watched over and tended to. Their experience is most valuable. Their progress is being documented and is being taught in other universes. The people of Urantia have naught to fear, for with each rehabilitated midwayer, there goes a lifelong loyal midwayer in its charge. Another question?

TECTRA: Abraham, I would just like to say thank you, for your guidance and assistance out on my journey. And not only you but all the Teachers, allies, guides, and Father, who were attending me. Also, my appreciation to all those personalities that were with me and helping me out on the road – all the beautiful people I met. It was because of all the supernal help I had that I was able to do so many wonderful works – because of that Spirit inside of me. I felt so much growth to just be there for people. Again, thank you for being there with me.

ABRAHAM: Greetings, my old friend. I would say I am happy to see you again, but as you've expressed, I have already been with you. I have been witness to your good works and soul growth. This is truly inspiring. You move like an adult in the kingdom, but still, you carry that child-like faith. It is indeed, beautiful to behold. You have experienced a basic training of mortal life, so to speak, and you have come forth with greater knowledge and strength which will certainly serve you in the future. Welcome back, my son. Another question?

MIRIAM: Abraham, did this week just rock or what? [laughter.] I was so thrilled and elated to be a part of this group. I mean my heart is full and I love the lessons – I think we all do. Starting at Claireesa's last Sunday. [Editor's note Our group participated in preparing a place for George to stay a few days, at Claireesa's home, culminating in a potluck dinner upon George's arrival.] I just love this group and I'm so glad George came to town – no matter what he does for us and leaves behind. It was a wonderful exercise for this group and I'm just thrilled about it! And that's it, I don't really have a question. [laughter.]

ABRAHAM: Miriam, my daughter, 'you' rock! [group laughter.] Your efforts and hard work have left me in amazement. You certainly know how to rally the troops and accomplish a great many tasks. Each member in the group was willing to set aside personal desires or expectations in favor of wellness for the whole. Mother's lesson was certainly a catalyst for the week. You all were called, and you each answered. I thank you. Well done, my friends. Another question?

SAURANA: Well you might know, I just saw a face as I was going into one of these meditative situations, and it still just stands out to me, and I don't know if you might know who it would be. I'm just so curious, can you help me with that? Maybe it

was just my imagination, but I don't think it was. (Abraham: One moment.) Saurana: I saw more than one face, but - I mean the really beautiful one. (Harrison, her husband: "That was me!") [group laughter.]

ABRAHAM: I have inquired about this face and no one knows, but it does not mean that it was not real. It means just that I am not informed. You each will have experiences that will strengthen your morontia senses. And in time and with practice you can decipher which experiences are real and fruitful, and which are from the imagination. Further practice will aid in your ability to know who it is you are seeing. You can ask again at a future time, perhaps I will have more information. In the meantime, be not discouraged and keep practicing. (Saurana: Thank you.) Abraham: You are welcome. One more question?

LANCE: Abraham, this is my first night here before this group. The question I have is: What can we do, as individuals and as a group, to glorify the Father's name and, to show forth the love of His Son so that the world can benefit from it?

ABRAHAM: The most important thing you can do is to live your life by example. Live your life as if you have been with God, and your fellows will indeed recognize this. You cannot say you believe in one thing and then, do another. You cannot make a promise and then not keep your word. You cannot see yourself as spiritually superior while your fellows are spiritually starving. You can, however, live side-by-side with your fellows as if you are all on the same journey together. The amount of faith you literally live will be a prime example to your fellows. If you can live what you believe, then you are benefiting mankind by showing them that 'God is real enough for me to live life the way that I do.' We live, move, and have our being in the Father; and by naturally living this out are you sending your greatest message to the world. Good question.

I am with greater love for you each time we can meet. I have enjoyed seeing new faces, as well as familiar old ones. I look forward to becoming closer to all of you and watching the kingdom expand one faith-filled child at a time. My love is with you. Until next week, shalom.

Good vs Pure Intentions | The Lessons We Can Learn From Eve

Abraham, WOODS CROSS, UTAH 11-13-2000

Back

I am ABRAHAM. Greetings, friends. What a beautiful spirit there is here this evening. I count myself blessed to be among you and one of you. To have seen this Mission unfold as it has leads me to be filled with gratitude because Father has seen to every detail; He has been a part of every happening.

When I first had received my orders to begin teaching and promoting the Correcting Time, I was overwhelmed by the immensity of this teaching task. I could not foresee how all the plans would bring all the components together to build what is known as the Teaching Mission. I had longed somewhere deep down to see results. It was difficult to maintain a low level of expectations.

It is in my nature to locate a problem, work diligently for a resolve, and then reap the fruits therefrom. But this Correcting Time - I realized was not mine, but

Michael's and Father's. I was not just overseeing the Mission as a coordinator, no! I realized my part was to find a corner of the world and start there, one small step at a time. I set aside my desires or expectations because I had learned enough to know that Father's plans well exceeded my own.

At times I was given certain tasks to complete and I knew not why, which sometimes gave me cause to be frustrated. But still I made every effort to fulfill those duties that were bestowed upon me. I could have taught my students as I wished. I could have thwarted the divine instructions in favor of my own techniques. This I knew would be to delay our Father's plans.

Our Creative Daughter, Eve, did so love the Father and her mission. She had great desire to be of help – yet even with her good intentions, she threw a wrench into Father's plans, which had a great evolutionary effect on the planet. Her intentions were good, but not pure. A good intention is to do what you think is right. A pure intention is to allow Father to do what He sees as best. A pure intention is wanting what God wants. It is so easy to be drawn in by the excitement of “I am working for our Father.” It is a cause for concern, however, at those times when our ego wishes to impose its ideas.

Our Daughter, Eve, did have underlying desires to put forth her ideas in the hope that she may be accredited for her sharp mind and quick action; we believe she really did not take into consideration the severity of her wayward actions. Not one of us would even dream of pointing a chastising finger at Eve in disapproval, no. We each understand the underlying need to be needed, to fulfill certain duties, to be a part of such a vast universe and its evolutionary unfolding.

Father has the vision of time – the past, present, and the future. He has the intelligence of eternal experience. He knows where we have been, where we are now, and where we should go. He has every single being within each universe to consider—universe upon universe, being upon being—with never-ending, always-growing, ever-changing factors to consider.

The most we can do for Father is to live with pure intention – to want what He wants, and to firmly believe there is so much more to consider than our limited view. It should be taught early on in mortal life that every good thing takes time, and that 'God's time' and 'mortal's time' are two different things. To sit and be anxiety-ridden over ‘God's time is not as quick as your time’ is a temptation to thwart His plans.

This week, I ask you to contemplate pure intention. Study the Urantia textbook on our Material Daughter, Eve. Ponder if you will: How many beings do you consider when you make plans to complete a project? How can you know how everyone will be affected? Can you find the inner discipline to wait, be patient and allow Father to coordinate destiny? Can you be still and await your instructions?

I am sorry, no questions this evening, I am due elsewhere. But know that with each week that passes I am growing more in love for you each. Until next week, shalom.

Through Experience Do We Find God | Patience and Impatience

Back

I am Abraham. Greetings. I am energized by your spirit here this evening. As I look upon you, I am filled with enthusiasm to become a better person. I am joy-filled at viewing Father's enlightening works on what seems to be a dark planet. I am fortunate to be here present with you and involved in a world I love so much. I have listened to your findings on this week's assignment and I think them to be most fruitful. Everyone will have a varying view because of the varying levels everyone is on, yes.

Caligastia taught personal liberty and thought that would inspire personal power. To only trust in yourself is a very lonely place to be. Our Father teaches us spiritual power - through Him. He makes us more than we are. He takes us through experience after experience, and an ever-growing education that we would not have if it were not for Him. Anyone who has experienced transmission-receiving, or perhaps feeling led by the Spirit presence, knows there has to be a decrease in self (ego) so that Father can increase.

We as mortal ascenders understand the plight of our Material Daughter, Eve, because of our own experience with impatience. It is natural for a child to 'cause a scene' when his will is not fulfilled. As you grow, you learn the virtues of patience through your mortal experience. How can you know patience if you have not experienced impatience? How can you know the will of our Father unless you have recognized your own interfering ego?

Experience is experience! It matters not the good and bad of it, for experience is, for the most part, all valuable. We each can use our experience to progress. One will not move forward by being held in shame or degradation, no. One can only move on if they have taken the time to have Father provide meanings and values.

The universes were set by our Father's hand for the purpose of our experiencing - and He bestowed upon us free will in doing so. Would there be real understanding of meanings and values if there was no free will? Father desires your love, yes, but He does not force you to love Him, for what would the value be of that love if it was forced? How meaningful and valuable is it when you can, by and through experience, come to know our Father. To serve in His Kingdom is to grow as a child of the realm into a productive cosmic citizen. Now that is valuable! that is meaningful!

It is through experience that we find God. To exert your will to over-shadow His, is to delay His overall plan. To delay is not really so harmful, because Father will find other avenues to reach you. To be so stubborn that you cannot even consider Father's will, hurts 'you,' not Him. When you come to know the goodness and watchful caretaking of Father, then you begin to trust that He has your best interest at heart, and that it is well and good to rely upon Him. That does not mean you can shirk your responsibilities, no! but to not have the everyday anxiety that a person has who 'does not' rely upon our Heavenly Parent.

How do you live your life so as to not overshadow the will of God? How can you find peace and comfort in the waiting?

Father certainly does know the desires of your heart, yes, and your desires are most definitely calculated into His overall plan. You may not receive those desires of your heart 'when you think you should' – but allow me to say that Father has well exceeded my expectations in His ministry to me. If you have already formed certain opinions/beliefs and have not room to move, then there is not new incoming information. If you have not committed to dying to the old ways in favor in taking up the new, then will your personal relationship with Father, lag.

This is a new era. Things will be always moving; and you, my friends, will be the assistants. Your examples of patience, and letting it be known that you do your utmost to be within the will of God, is a great teacher to others. Opinions, beliefs, and thoughts must be fluid and ready to take on various transformations. Be not afraid of these changes – rather, be intrigued by Father's adventure.

This week, map out a plan in which you can easily follow that is allowing Father's will to reign supreme in your everyday life. A few questions?

SANDY: I have received several messages this past week. All these messages seem to be pointing in the same direction for me. Can you confirm that what I received was true, and if there is any other clarifications I might need?

ABRAHAM: From my understanding, your message is for the most part, accurate. But bear in mind that you have spent these last few weeks with an overabundance of emotion and instability of daily life. Allow time, my child, for becoming acquainted with your new surroundings. It is perfectly acceptable to be feeling in upheaval, but be careful of making life-changing decisions until you can stabilize your foundation. Know that Father is ever close by and leading you to your latest mortal adventure which is always filled with learning and spiritual growth. Allow time for the fruits of your message to show themselves. I would be all too happy to work more closely with you. Feel free to call upon me, my daughter. Is this helping? (Sandy: Yes, thank you.) Abraham: You're welcome. Another question?

NATHAN: I have a question. I have not felt as 'in-tune' to the spiritual side of things for a while as I had been. My question is: Have I been properly acting on what small hints I have recognized as far as my personal life and where Father sees I would be best to work on, both the physical and spiritual sides?

ABRAHAM: Yes, of course. You have taken in a great deal of spiritual information, and this takes time to absorb. Worry not that you are not diligently studying, for everyday average living is study enough. You can practice everyday spirituality in just living. You need not be in constant study or chasing after spiritual information. When you are ready, your spiritual education finds you. As you experience this mortal life you can just remain open for Father to define the meanings and values for you. To absorb too much spiritual light 'too fast' can lead to fanaticism. Father teaches us balance in all things – and that includes spirituality. I find you to be appropriately following the spiritual path as your experience and ability allows you to. Have not worry, my son. You stand on the shore of an ever-expanding ocean of spiritual adventure. Enjoy your journey, yes. Is this helping? (Nathan: Yes. Thank you.) Abraham: One more question?

MIRIAM: Abraham, some time ago I had an experience where I walked into a situation with what I thought was an open mind and an open heart. My outcome of this experience was different than a lot of my friends. I felt quite connected with Father's will in that experience. I didn't feel upset – but rather, I felt calm. As a matter of fact, I thought maybe what the situation was about, and instead of me 'receiving' something, it was perhaps about just 'being of service.' But since then, I've sat in disharmony over this. In my stillness I have gotten through some healing, somewhat, but I am finding my ego is still agitated. And I am thinking that the basis of that must be 'fear of difference from my fellows,' you know. So, I wonder how to be patient, and blend. On one hand, I feel comfortable and I know that Father will show me the way – that whatever the lesson is I will see it. But on the other hand, I guess the question is 'individual' versus 'group,' and how to feel true in 'what I know,' and how to blend with others. Is that making sense?

ABRAHAM: Yes. You would be surprised that many of your fellows think as you do, but many are afraid to say because they do not want to appear as the one who stands out different. You have had enough experience to know the truth as you perceive it. You have to only answer to our Father. You do not have to answer to anyone else. You are correct in your perception of Father and how He understands your feelings on this matter. You have every right, as a child in this universe, to have your understanding of your experience. You have your inner understanding of truth, and you can trust that spiritual instinct. Can you imagine how the Master felt in many group settings? His vision was quite unlike that of many groups He was involved with. At times, He felt quite alone in His thinking. If He could have been swayed by the 'group mind' He would not have been able to fulfill His destiny. He wholeheartedly trusted in Father to lead Him into where He needed to be. He could tell how 'on target' He was with Father's will by the fruits produced and the peace therein. Do not worry about the ego's involvement on this matter. Rather, rejoice in the fact that God has endowed you with a spiritual strength and courage to go forward with the truth as you know it. Is this helping, my daughter?

MIRIAM: Yes, Abraham. Thank you. I just love you.

ABRAHAM: And I, you – all of you. I would wish my express my gratitude to Father for His overseeing every minute detail, and helping us to focus on those things in life that lead us to love. My love goes with you. Until next week, shalom.

Being Adaptable In Life Opens Us Up For The Necessary Changes Ahead

Abraham, WOODS CROSS GROUP 11-27-2000

Back

I am ABRAHAM. Greetings. How beautiful it is to behold the faithful at work. You have built a strong family foundation from which all your service as a group stems. It is truly beautiful to see Father increase among you as you make effort to learn how to decrease the ego, yes.

When you think back over your lives you can view the various stages and changes that have made you who you are today. You would all agree that these changes came with some difficulty and a bit of mindal frustration. There is a long journey from infancy to adulthood. As you have experienced, you've learned new and better ways to live the mortal life. Being reborn in spirit opened up all new possibilities in

mortal life where you have learned to integrate the two worlds.

Growth can bring growing pains, yes, but like the transformation of the butterfly you cannot live a full experiential life inside the cocoon – there are many stages the butterfly must travel to become its intended divine purpose. Should the caterpillar protest having to become enclosed in the cocoon? No. Father has a set plan and purpose for all His living creatures. The best that the caterpillar can do is to become adaptable. After the darkness (the hard lessons) there is a beauty unfolding.

As you travel this mortal path there are untold adventures to be had. This mortal life is about becoming adaptable. One who moves from the desert into the mountains adapts to the new changes and must make provisions therefor; if this traveler could not adapt, surely he would face the consequences. Being adaptable means accepting change and working therefrom to the best of your ability.

Mortals do tend to like things to stay the same because it is without turmoil and the need to make effort. Of course this is not bringing growth; this is not experiencing the full spectrum of the intended divine purpose. Being adaptable means not 'you are forsaking free will,' no, it means only that you are accepting certain circumstances and putting forth your best effort to work within Father's overall divine plan.

As you have entered into the spiritual life you have allowed yourselves to be changed and made adaptable to spiritual principles. Evolution will change all things. When you can be committed to adapting to mortal circumstances then incoming divine information is more clear; spiritual poisons are decreased and the feeling of the presence of our loving Father is increased.

Your books, your printed lessons, your thoughts and ideas of today will all change – this is a natural divine process. In being adaptable, we can accept these life-changes and work from what we know. In the serenity of being adaptable, we are open to new revelation – and that is instant divine communion! It is in having experience that we are being made stronger through adversity, breaking through the cocoon of darkness into becoming a creature of spiritual beauty.

In all your changes, can you contemplate the fact that these changes could possibly be a divine lesson? Can you remain observant and open to 'living revelation?' As you accept change, can you become adaptable to mortal circumstances and work 'without anxiety' from whatever level you are on at the time?

These times are changing fast and we will require you, my friends, to become used to these changes so you can aid others in adjusting. Our heavenly Caretakers are even made to adapt because they have given us the gift of free will. They can adapt in ways that promote the highest good for the whole.

Adaptability is not being mechanistic, no. It is not giving-over your core beliefs to be nonresistant and to not make waves, no. Adaptability is quick acceptance of circumstances that are occurring, and being able to be calm to receive divine revelation. Adaptability is to curb spirit poisons and take action from what you

think Father thinks is best.

No questions this evening, I will make time for questions next week. I am, as always, moved by your devotion to our Father and to one another. I am with more love for you each every time we meet. Until next week, shalom.

Becoming Adaptable And Usable To Father To Help Further His Work

Abraham & Emulan, WOODS CROSS GROUP 12-04-2000

Back

I am ABRAHAM. Greetings, my friends. How well you are learning to become adaptable! It is understandable that this lesson will take time but it is certainly worth it, especially concerning the eternal adventure ahead.

I give you, my friend and coworker, Emulan.

EMULAN: Greetings, my fellows. I understand you each have been busy with your varying life changes. I know from personal experience that the mortal life becomes more spiritized as we can learn to adapt.

In my days of inhabiting the mortal body, I had experiences that would seem rather harsh. I had lost my wife and daughter in an accident, and the overwhelming pain brought me to the brink of insanity. I experienced the standard - 'blaming Father' for this crushing experience. I had experienced consuming despair. I had wished for the nothingness of an eternal slumber.

During these dark hours, I could find no consolation. I was treated for depression and even spent much time hospitalized. In my darkest moments, I had the realization that neither the doctors nor medication could pull me from my darkness; the pain I experienced was beyond this world and I needed to seek a source that could accommodate.

In my seeking, I realized that as I had traveled the path of grief that I had released all I had longed for, and I come to understand that I had to allow my wife and daughter to move from a despairing part of my mind, to a loving remembrance area. I was at a point where I had to make a choice: Either I could adapt and accept these circumstances and work from what I knew best - or, not adapt and become consumed with bitterness and the seeming injustice of mortal living.

Did Father take my family from me? Of course not! Did He plunge me into the depths of despair? No! But I can say, He helped me find a reason to go on - to find value and meaning from this terrible accident. My best hope was to recover from depression and function in a normal life - and with Father's help, I most certainly did. I learned our Father well exceeds our own expectations.

From my experience in the hospital, I became interested in psychiatry and felt somewhat of a calling to pursue this avenue. I did, through much effort, graduate with degrees in psychiatry. I did go on to help others who entered into the darkness of the human mind.

Yes, Father showed me the values of my own past experiences and how I may use that to be of service to others. He used what I deemed 'unusable' and made it valuable, made it meaningful. Father showed me the strength that could be possessed through viewing my own weaknesses. He showed me that in my adaptability He worked to better many lives.

Did I still miss my family? Of course! But I found great satisfaction in making the best out of my new life-calling in honor of them. In time, I realized they were safe and well-cared for.

As I experienced my own healing, my mind was opened to eternal possibilities. I felt joy with the comfort that I would see them again. I was strengthened in faith and trust that God is overseeing every detail, and that surely this mortal life is not about suffering and finding the value therefrom, no, it is about becoming adaptable and useable to God. His work is endless and He tires not. He only awaits those listening children to help Him in furthering His work.

My brothers and sisters, we have tremendous tasks ahead of us in this Correcting Time. We need to become useable to Father to further His work, His plan, His Correcting Time. I thank you and leave you to Abraham.

ABRAHAM: Our gratitude to our brother and coworker, Emulan, for this evening's lesson. How better to teach than from personal experience - wonderful, my friend. I should be happy to take a few questions.

CALVIN: Yes, our thanks to Emulan for his time and effort to help us on this world from his experience. Abraham, I am sure you are familiar with our plannings for the up-coming 10-year anniversary conference. Would you suggest a 'conference-theme' from your side, which we could work around? or do you want us to think it up on our own?

ABRAHAM: I have been listening to each of your ideas. I find you are all very creative and have faith that you will come up with something. Worry not. This should be kept simple, is my only suggestion. Another question?

CALVIN: Inera's daughter, Ashlee, has asked for an assessment, and if you think it appropriate, my son Cory's friend, Angie.

ABRAHAM: One moment. Anicia (Ashlee), you have learned much in your short years. I say to go forth with a gentle but firm attitude. Do not allow others to stand in your way. Do not believe that you are doomed to repeat the paths of your elders. You are a separate and distinct child of God with your own ideas. I would recommend that you beware of mystical avenues. They will perhaps sour you against spirituality altogether. Know that life does not pass you by. You are where you should be. It is not always exciting and it is not always supposed to be. Know that there are experiences you must have to shape you for future work in our Mission. You are becoming stronger every day. Have not fear nor worry. You do well. I thank you for your courage to accept this personal assessment.

TR: This is for Cory's girlfriend, Angie. He is saying a name but I can't understand

what it is.

ABRAHAM: My daughter, you are overwhelmed by such a heavy burden. Let me begin by saying this is not as serious as you think it to be. Do not be weighed down by others' thoughts. Allow your mind to be clear and free from past beliefs and opinions and traditions. Be alone, child, with God – just you and Him. Can you see – He works within the lives of everyone, not just a chosen few. God loves the sinner as well as the saint. He loves the believer as much as the non-believer. You are His creation and only need to look within to find Him. You do not have to go through someone else. You have your own Father-connection – it is your birthright. He loves you as you are. You need not work for His love, you need only have faith. Take your time, my child, and have not fear. No matter your decision, God will always be there for you. To overlook dogma, doctrines, and traditions is not overlooking God, no. Father desires you to experience a full mortal life. He has faith in you. Follow your inner-leadings. Know that this is not a matter of spiritual 'life or death.' Be at ease. That is all. Another question?

SIMON: Yes, Abraham, I am interested in your perspective of the 'I AM' as it might pertain to my growing understanding of it; and anything else you would like to pass on concerning the notes I have made.

ABRAHAM: As I understand the 'I AM,' I believe it to be the now God, the all-encompassing, all-present God as He is now. I believe via the Thought Adjusters, that His all-present/everywhere-ness is also ours to have. There are myriads of beliefs that men hold dear – but in a simplistic way, you could view the 'I AM' as 'now existence,' not concerned with the past or future. Is this at all helping?

SIMON: For me, it is rather hard to grasp this concept. I read the text in the Urantia Book and have dreamed about it somewhat. I woke up in the middle of the night and did some writing about it, but then it seemed to just slip away in a bit. I feel that there is a great delight in understanding this concept from a spiritual basis, and then in living it – feeling the presence of the Father in us in Adjuster contact. That is what I feel in all of us here tonight, and throughout the day of work, and our whole life. This seems, to me, to be key right now. Can you put that in perspective for me?

ABRAHAM: You said it well. The feeling of the 'now presence' – that inner-knowing that there is so much beyond this life – and, of the One who oversees the functioning of it. In my understanding, I see the 'I AM' as a fact; not a far-off idea, but a universal knowledge that 'God is,' and therefore, 'you are.' There is plan and purpose for all things, but in this concept we do not focus on anything else but His 'now presence.' As our faith grows, we will more comprehend this concept without the extra endless concepts that surround God. We only need look at the realization of His 'abiding' existence, never with beginning nor end. Perhaps in time I can give you a more clear explanation. Is that acceptable?

Simon: Yes. Thank you. I hope to grow in understanding of this concept as time goes on. This is a very great jump-start. (Abraham: You're welcome.)

NATE: Abraham, with regard to the conference, I have chosen to take on planning for

the children and youth activities. I was wondering if you maybe had any ideas as far as curriculum I could take from the Urantia pages, that would simplify for the children right now; if I could get some extra help in revelation while I am working on that?

ABRAHAM: Yes, the youth will carry on this work and there are many good ideas in the Urantia Book. At a convenient time, we could arrange a private meeting. And yes, I would be delighted to work with you, personally. (Nate: Thank you.) Abraham: You're welcome. One more question?

ANTHONY: Maybe you are aware - I had another experience which wasn't quite so kind in my trying to share the Urantia Book and these lessons with someone. I can now see that I was quite aggressive, and was told that I was a snob about it. I guess my question is if you have anything to add to that? Also, I am trying to adapt to being without my lost kitten, but I would rather have help in finding him.

ABRAHAM: Certainly, my son. Your zealousness is energizing to say the least. You would do a great service to many, to voice your understanding in a 'calm' manner no doubt. You are eager to see progress in these enlightening times, as we all are, and as our Creative Daughter was. Eve also desired to view the opening of the world's peoples' minds and hearts towards progress. And yes, certainly patience is easier spoken of than done. I am saying, words that are filled with passion does speak to the hearts and minds of your fellows, yes - but more-so effective when there is a calm inner-knowing faith that comes through. Know my son, that you are God-led and have every ability to still those inner desires and wait upon the will of Father. To speak out is all well and good when it is welcome - but you know that to force ideas is to cause others to be defensive. You are a man of strong faith, yes, and it shows. Living your life 'according to your beliefs' is the best testimony you can give. As for the kitten, although I am unsure about the whereabouts of the animal. I can suggest to you, my son, this episode of your life is masking the pain of something deeper - a deeper longing perhaps. With some journaling, you can most definitely get to the bottom of this and have peace and adaptability towards the life choices you have made. Do not worry. Do not feel cheated, for Father brings out the values and meanings in all life's occurrences. Certainly, what you were not able to fulfill in this life, there will be ample opportunity in the next. Yes. Have not fear or worry, my son. Really, all is well.

I will take my leave, but not without expressing to you my growing gratitude and ever-deepening love for you each. I thank you for allowing me to be your brother, friend, and teacher. Until next week, shalom.

Allow Emotions To Decrease And Logic to Increase, That We Might Be Of Better Service
Abraham, WOODS CROSS GROUP 12-11-2000

Back

I am ABRAHAM. Greetings. How I love these small intimate groups. The energy is less scrambled and it is easier to put across my message. I am filled with gratitude every day for Father takes me on one adventure after another.

I have had to learn to be adaptable and made useable for this work. I have had to learn patience and keep my emotions at bay while allowing logic to rise to the

forefront in my thinking. I have had assignments that were not at all what they appeared to be at the start; if I was not patient and open, I would not receive the real meaning in the assignments.

In this Correcting Time, it is important that you be observant. Many things will happen that Father will need you to work on. Should you become filled with emotion and rush into the difficulty with your own knowledge then you might miss the real purpose for the assignment.

As planetary changes occur, you are also changing – you are going to be more and more capable of receiving divine information. If you should come from a place of emotionalism or egotism, then of course, your assignment must be given to another.

We work for the glory of our heavenly Caretakers; we move destiny for them. Through natural evolution, they provide opportunities for us to further the Kingdom work. Circumstances with your fellows may not be what you can see with the 'material eye,' but more perhaps felt on a soul-energy-mind-level. To make rash judgments regarding your fellows is closing off the continuous flow of divine information. To relax in compassion for your fellows, with an eye single to the glory of God, is to serve in a most effective manner.

Many of you who have long lived this mortal life perhaps think you have seen most everything or experienced all you can. But I say, these times are quickly changing, and it will require you to be always with fresh eyes. Should your fellows come to you with a seemingly petty problem there could very well be something deeper that you are meant to help on.

You may not have the slightest clue for the reason certain daily events come to pass; but if you can be observant, you perhaps can find opportunity to serve that is adaptable, that is usable. With each life you touch, you are creating a living circuit that will continue to grow and reach many others. The best promotion we have for this new time is through your personal ministries. You can touch many lives – and from that, new roots take place and new growth appears.

In everyday-life-circumstances must we always question Father? Can we be patient and observant to see what He may have in store for us? Can we focus on our emotions to 'decrease' and logic to 'rise' so we can be of practical service?

This week, number the amount of times you may out of habit feel to falsely judge your fellows. Instead, be aware of just remaining watchful and open to divine information that may be useful in serving them. Know that even though you may touch another's life – even in the smallest of ways – you are helping to create a living link. Know that you are not only serving but gaining valuable experience and learning.

I am aware we have questions from a few that are not present this evening. One moment.

First: For GEORGE BERNARD (George was a recent visitor to our group from Australia. His question is regarding his experience with midwayers; his role as

transmission-receiver in Australia – particularly regarding a recent transmission he had received):

ABRAHAM: My friend, I am somewhat uncertain of your question, but I will do my best to answer. You are with great enthusiasm, no doubt, but know that transmitted messages can be influenced by this enthusiasm. Be watchful and careful. Desire not to desire. Allow the messages to come through without any wishful thinking attached. You are doing well, my friend, and I do speak to you in a way that I know you are accustomed to. Your message, for the most part, was correct. However, we will have further practice.

Second question: For MARLIN (from Michigan regarding his family and associates who live in fear of evil influences):

ABRAHAM: My son, you know very well how to handle these judgmental people. They are quite closed-off due to their own inner fear. They fear what they do not know. You can help by bringing further understanding and dispelling the darkness from their thinking. Be gentle in your dealings. A gentle manner is far more attractive than one who would stand and fight for his position. You do well, my son.

Third: For CHARLIE (from East Coast area regarding the death of his pet):

ABRAHAM: I do understand your pain. Many individuals have attachments to animals that are beyond the animal level. You have had one such attachment, but there are perhaps deeper meanings in this loss, and that is puzzling to you. There are attached regrets, yes, and this loss brings those regrets to the forefront of your mind. This pet symbolized a parent/child relationship, and the loss that you experience brings your regrets to the forefront of your mind. I can say, my son, as soon as you confront these regrets, the pain will lessen and you will find the value in this experience. I must say, you have been a wonderful father to your children. You have not missed out on any experience. The experience as a pet owner is valuable in that it teaches you to care for living things. It shows that you can be connected with all life. You can love and be loved; but when the pet ceases to live, the experience stays alive in the owner while the life energy is returned from whence it came. This is not wasted, no. All life serves a purpose. Be at ease to grieve, my son. Work through this process and know that there is value in it, there is meaning. When the grieving subsides, you will have your fond memories, your new insights to your past regrets, and your enlightened prospects for future experience. Be at ease, my son. Allow Father to comfort you. Do not ever think He is too busy for what you may see as just a human thing. Be at peace. Other questions?

CALVIN: Abraham, for the upcoming Snowbird conference: Sometimes it is tough to decipher if it is what I want or what I think Father is implanting through me or giving me ideas. Your lesson is helpful, yes, and if you have anything to add I would really enjoy that boot in the pants or whatever. We were discussing the idea of maybe having three ‘scheduled’ speakers that you might recommend – as you yourself addressed us last year, and as Ham did on the schedule the year before – and then maybe time for some open transmission-receiving as well. Is three okay with you or would you rather go with one or two, or none? Do you have any input here?

ABRAHAM: I would first comment on your first question regarding your will or Father's. It is always wise to seek the opinions of your fellows to stay focused and balanced. Do not worry. As for speakers in the conference – no, I cannot say. I am sure opportunities will present themselves, especially if all can keep an eye single to the glory of God. Keep the conference simple and at a peaceful pace. Do not force or rush. Allow the spirit to inspire and move you. Is this helping?

CALVIN: Yes, it is. A clarification on speakers though, I was not referring to mortal speakers on our side, but Teachers on your side of which you may want us to schedule. Did you understand my question?

ABRAHAM: Yes, I did. Is this helping? (Calvin: Yes.) Abraham: I am not able to arrange or direct on this mortal endeavor. I can, however, assure you that your inner guidance is alive and with great possibilities. Have not worry. Another question?

SANDY: Abraham, I have a question about how I am doing right now in my working on a physical level. I seem to be getting directed by my Adjuster to increase physical exercise which I have been pressured for a while to do. I am wondering about diet as well which should aid to increase my communication with my Adjuster and opening to the circuits. And any other comments you would like to add.

ABRAHAM: Certainly. Always does exercise and a balanced diet aid in the more clear communication process. Your scientists have already a wonderful program to follow: Low fats and salts, high fiber, small amounts of meat and dairy. You are doing well in your transmitting and receiving. I would only suggest that you take your time; feel not pressure or a need to hurry. All things are happening – slowly, but steady. Be sure to take in great amounts of fluids and find time to be quiet every day. Is this helping?

SANDY: Yes, thank you. I was more concerned if there is anything that I am doing that was harmful.

ABRAHAM: I would only suggest that you use caution when taking in what you think is 'all natural' herbal supplements. Some have not been tested enough and you don't really know the long-term effects. All things in good balance, my child.

I am slipping in my connection. I would bid you goodnight. I am with always more love for you each, each time we can meet. Until next week, shalom.

Forgiveness | Allow Our Resentments To Fall Away | Make Room For Understanding |
Allow The Purifier

Abraham & Christ Michael, WOODS CROSS GROUP 12-18-2000

Back

I am ABRAHAM. Greetings. How wonderful it is to know that we are each personally connected to spirit. Every child of God has opportunity to know and use the marvelous spirit within. We can be assured that we are not left alone, left behind, or left unguided. We each can rejoice in the empowering feeling that God is in us, and in Him we can do all things.

During this mortal holiday time we turn our thoughts towards our beloved Brother/Father, Christ Michael. We ponder the meaning of His life and how well we really know Him. The most significant influence we believe that Jesus showed His fellows was the living goodness of God. You could tell by the way He treated His fellows that He knew Father and had a close relationship with Him.

In Father, the Master could do all things and not any man could hinder His work. Jesus had not become bothered by hurt feelings or resentment when His fellows had gone against Him. The Master was strengthened by His communion with the living God. He stood on an unshakable foundation of spiritual strength and power. I give you our beloved Sovereign/Brother/Father.

MICHAEL: Gather close to me, my children. I am one of you; I am one with you. I know that this time on your world is in celebration of my mortal bestowal to your world. I have come to you this night bringing you yet more challenges.

This time of year is somewhat of a focal point for brotherhood and glad tidings. I ever so much appreciate the small gestures among you, my Urantian children. I ask you to go beyond the usual small gestures, towards taking a giant step toward a heart and mind purification. I would ask that you consider the possibility of my presence sweeping over you as if to clean and purify the mind, body, and soul – of all past pain, regrets, mistakes, and personal trauma. I am asking you to focus on forgiveness.

How difficult it is to move forward when so many are buried in resentments, grudges, and traumas they cannot seem to overcome. I understand it is difficult to allow these things to be taken off of you as if they do not have any meaning. I do understand how painful it can be when your fellows have crossed you in one way or another.

How would your life be different if you could truly believe that this very day is the beginning of your life, a life free from past painful experiences that weigh you down and result in certain behavioral habit patterns? How would you view life differently if you could allow these burdens to be lifted from you? How free would you feel to have no resentment or grudges – and instead, unforgiveness towards others that may have wronged you?

Forgiveness is really a step in trying to have understanding for others' actions. Forgiveness is not forgetting and laying down to be further insulted, no! Rather, it is taking a step in trying to have understanding for your fellows, and yourself. To take a step towards forgiveness is being open to the spirit realm, to receive the meanings and values from those things you may find unforgivable.

I say, taking a step away from resentment and grudge-holding is a commitment towards being open to receive new light; it is to move forward; it is to progress. One who stays stuck in unforgiveness is inflicting constant self-punishment wherein one is not open to receive the meanings and values. Ask for me. I will help relieve you of the burden of unforgiving. I can help purify the mind and cleanse the heart towards receiving greater light.

In this time of brotherhood and glad tidings, let us delve into the reality of forgiving and taking a step towards greater understanding – loosening those ties that bind you to old behavioral patterns. If one cannot forgive another, that is the measure of how much one can believe he receives forgiveness. If you cannot learn the virtue of forgiveness, then surely you cannot truly believe you are forgiven for your mistakes or misdeeds.

I am saying, allow those small grudges to go by the wayside and cleanse yourself of these spiritual poisons. Make room for new light. One cannot promote this Mission, nor the brotherhood, when they harbor resentments in their hearts against their fellows. You cannot stay stuck in pain and preach the good news at the same time. Allow this season to be a time of new beginnings. Know that nothing has harmed the so-loved and cherished soul within. All things that you feel may have dented the soul, has rather, exercised the soul into personal empowerment.

I do feel that anguish a father feels when he views his children harming each other. I so much desire to be in your midst to dispel the dark thinking of unforgiveness and show you a new and better way to move forward. Come to me. I am the Purifier. I will uphold you in all your changes. I will support you in your striving to become God-like. I do want to be a part of all those things in life that you believe are just byproducts of being mortal.

The spirit poisons are a cause for serious damage, and it is quite needless for you to experience it alone. Call on me. I am the Purifier. If you can open your hearts and minds just a little bit you will view my works, firsthand. You will be an integral part of the sweeping changes that will direct this world into Light and Life.

We are immovable in our commitment to create change. We will go forward in whatever manner we are allowed to – however you will receive us. I am dedicated to promoting the growth of the universe as a whole. I am striving for the growth of the God-in-time. There is so much beyond what you can fathom that is occurring in the universe. Many eyes are on Urantia and many prayers are said every day for the world's upliftment, as well as the universe as a whole. I am one of you. I am one with you. Carry on.

ABRAHAM: Thank you, Michael, our Sovereign Creator, you who ever strives to uplift and promote the highest good for everyone. It is with a humble heart that we gladly accept your challenges and will faithfully carry on.

My friends, Michael has asked us to allow our resentments to fall away to make room for understanding. We cannot receive personal correction without understanding. We cannot be released from being stuck in resentment without taking the first step towards forgiveness. How you 'forgive' is how you believe you are 'forgiven.' How could a child of God progress when he believes there is an unforgiving Father who seeks to severely correct him? Unforgiveness – is not moving; not growing. Allow this season to be the focus of going before the Purifier. Let us strengthen our relationship with our beloved Sovereign, and truly be delivered.

We will not have time for questions but perhaps we can find time during the week to

catch up on all requests. I am honored, my friends, to serve you – to serve with you, and be served by you. Know that with each passing week my love is increasing for you. Until next time, shalom. [No meeting on Dec. 25th.]

Universal Laws | Forgiveness And Mercy | Our All-Powerful Father and All-Merciful Son

Abraham, WOODS CROSS GROUP 01-01-2001

Back

I am ABRAHAM. Greetings. I am quite inspired to view how well you each work together. You are, for the most part, finally becoming unified. You are in alignment with the common group goals and working for the betterment of the whole. Ego is decreasing while Father's will is increasing. Well done.

I truly love the concept of beginning a brand-new year. It's almost as if you can allow the old – be it good or bad – to fade away while taking from it new wisdom of 'lessons learned.' It's as if you are beginning with a clean slate; or as Michael said it so well last week: "purification of mind, body, and soul."

Looking out over the horizon of a new year to come, we are filled with excitement at the new possibilities. You can also be filled with a bit of anxiety, or dread, at the challenges to come. How wonderful it is to know that every day is the beginning of a new day and, all our choices are before us. We do indeed have tremendous power as small citizens of Urantia. We can align our hearts and minds to move a world forward into Light and Life; or, we can separate and delay progress. Either way, Father has granted us the gift of free will.

I especially enjoyed Michael's lesson on forgiveness in our last meeting because it is almost like a baptism of the spirit; it is a cleansing of old resentments and an opportunity for healing. In the healing, we find new spiritual passageways. Our challenges do not end, but we are stronger and equipped with more spiritual tools. In these weeks ahead, I would like to discuss universal laws – forgiveness being the first. If the Father is all-knowing, all-powerful and all-loving, then surely we can describe the Son as all-merciful.

To be merciful is not a pious act to be performed to display to your fellows and to God so that you may earn spiritual points, no. Deep and abiding mercy is something that resides in the soul. As you experience, you learn about mercy a little at a time as you are so treated. Without mercy and forgiveness we have opportunity to learn to appreciate the awesome power of these divine virtues when they are finally realized and accepted?

To be forgiving, one must learn in-depth about mercy – and that requires research; research to gain understanding. Whether it is through verbal communication with your fellows, or perhaps transmission-receiving, or our Urantia Book text, you cannot have understanding unless you make effort to research. Understanding is not instant, nor automatic; someday it may be, yes; but for right now if you truly desire understanding so you can be merciful and forgiving, you must exhaust all your human resources.

I find it quite awesome that in all creation there is the gift of free will – and

yet, there is such precise order in Father's realm. Universal laws are not so much 'Father's laws' but are the 'natural outworkings of evolution.' These laws create universe order and are designed to serve the whole. They are not unfairly harsh or merciless, but just facts that each cosmic citizen should know. Most actions have reactions. Cause creates effects. This is simple and most just, and in the best interest of caring for the whole.

This week, contemplate mercy and how Jesus displayed it in his life. Is mercy, weakness and allowing others to continue to walk on you? Is mercy, intelligence? or emotions? A few questions.

MIRIAM: Abraham, this lesson, and Michael's lesson, have been so appropriate for me in the past little bit of time. I have been having an extremely difficult time this week being in the flow and in service to others. I don't know if it is because I have been so physically tired lately, but the spirit poisons are so strong that I apologize to my Thought Adjuster for taking up space with the poisons. It has been wonderful and I am grateful for it. But in being of service, in learning how to be merciful, I need some direction.

ABRAHAM: I can understand. When there are physical burdens upon you it is difficult to also be of service. But mindal stress and anxiety can make everything seem more difficult. It is understandable that you are worried and feel a connection to other's pain. Your sympathy for others is to be commended, but there is a time to detach from sympathy and attach onto logic and action. I mean not to say you should not feel for others' pain, but only allow that to go 'so far.' In sympathizing, there is greater vulnerability to your own health. The Master could sympathize with His fellows, and that was His cause to go into logic - and from there, action; this kept His emotions from burdening Him down with negativity. Negativity will direct you into the spirit poisons, and then it is difficult to act with good intentions. You, my daughter, are sensitive to many things, but you have certainly been strengthened in spirit. Sensitivity should only be a gateway into logic and action. Logic first, because many times there is no action needed to be taken, and logic will tell you this. I know you are frustrated when you cannot treat difficulties in a hands-on manner. Worry not, my daughter. Your words are comforting and inspiring to others. Know that others could also be under pressure and may not receive your words well; but do not fear, there are most definitely seeds planted. Is this helping?

MIRIAM: Yes, Abraham. Is it natural to have spirit poisons? And as Simon asks, is it okay during those times to just go take a nap or break?

ABRAHAM: Yes, as long as you possess a mortal body you will always deal with spirit poisons - it is entirely natural, yes, and you should have some mercy for the mortal-self. While we are striving to be spiritual beings, we still possess the animal nature. Do not be hard on yourself because this does not leave a door open to learn more. This 'acting out of spiritual poisons' is not your desire, no! and certainly you feel bad about yourself. In feeling this negative self-outlook it is difficult to break the cycle of spirit poisons. If you can believe you are still 'just learning,' then you leave the door open for Father to come in with correction - not your kind of correction, but His - with love, with mercy, with understanding.

Sure, spiritual poisons can result from fatigue, and most definitely is it acceptable to escape for a time to clear the mind. And yes, Simon, you can take a nap. Is this helping? [laughter.]

I am beginning to slip and I will take my leave. I would like you to know how much you all inspire and uphold me. I find it my highest honor to do the same for you. My love goes with you. Until next week, shalom.

Universal Laws Encompass All Of The Mortal Experience | Divine Justice Reigns Supreme

Abraham, WOODS CROSS GROUP 01-08-2001

Back

I am ABRAHAM. Greetings. I very much enjoy your discussion time. We are always learning more when we can join with questioning minds seeking sincere answers. We have learned a great deal about universe laws from this planet's epochal events. With experience comes more understanding of universal laws.

Adam and Eve proved the theory that transgressing the divine laws brings about a natural universe reaction. These laws are not meant to punish or rehabilitate, but to create order and further universe progression. The acts of transgression by Eve brought about a landslide of successive universe corrective actions. Although Eve had the best of intentions, she still transgressed the Father's will, and the affects are still experienced today.

One can think: "My minor transgressions harm no one but perhaps myself." As we can see from the Adam and Eve advent, this is not so! The universal laws work towards the growth of the whole as well as the Supreme Being. These laws are eventuated out of love and care for the universes, not out of the judgments of a stern and angry God.

"What you sow, most certainly do you reap" is a common, but true, concept. Ham said long ago: "If you cut your finger, surely will you bleed." This is not mean or a punishment to the ignorant, no, but just a common effect from a common cause. Should you not find it within yourself to bestow mercy and forgiveness, then surely is it not forthcoming to you. It is simple and yet, so very fair – mercy begets mercy.

If you are to show yourself to be a man or woman of God, then surely do you strive to attain Father's attributes – and surely do you strive to follow the universal laws. Many religious foundations today bestow upon its members their own supposed universal laws. It is done in all good intention, yes, but after many years of trying to follow certain man-imposed laws, you know within yourself that they go against the grain of your soul; they undermine your inner-knowing and take away your spiritual confidence.

Yes, many of the churches of today lay down impossible laws to follow. They tend to deny the 'animal self' even exists while formulating laws that no one can keep. There are urges within the soul that are somewhat stifled by man-made religion. I want you to know – that for yourselves, the universal laws encompass all of the mortal experience. You can know them; and as you experience, you learn more of them. They are simple and easy to follow. They do not oppress the 'animal mortal self,'

but do embrace the whole human experience.

Our Father's creation is the embodiment of mercy and is a support to its citizens, not to bury or suppress who they really are. The universe is created to bring out the best in each citizen by and through love, not through the heavy hand of bad karma. The universal laws are designed to uphold, not hold down or hold back. Father, in His wisdom, has created the universes to intelligently guide its citizens, not to coerce them.

In the Father's loving and merciful ways, He helps you to become more than you are - not to shame you into becoming a copy of Himself. His justice is not like that of man's. Father has the perspective of all time, space, and experience - of the past, present, and future. No being under Him can have such a perspective; and therefore, cannot create such justice.

This week, I ask you to contemplate the Father's justice versus your own. So many mortals are buried by the world's unfairness and do believe it holds them down. They tend to view Father as a vengeful God who will punish them at will. They do not see Him as a 'liberator,' but as a jailer of the soul. How do you perceive the divine laws? What examples have you to learn from wherein you have transgressed the divine laws? Were not the results (what you have learned) orchestrated with perfect intelligence?

God's justice always outweighs man's - and even though it is hard to see that in your mortal form, know that the universes are busy behind the scenes seeing that divine justice reigns supreme. How much more can a man appreciate justice when he has experienced injustice! How much more fair will you be when you have been treated unfairly!

No questions this evening. I would be happy to take questions next week. I am due elsewhere, but know that I am excited to be growing alongside you each, my brothers and sisters. I am with more love for you each time we meet. Until next week, shalom.

The Universal Law of Justice | Worldly Injustice Subject To Divine Correction |
Cheating on Taxes

Abraham & Emulan, WOODS CROSS GROUP 01-15-2001

Back

I am ABRAHAM. Greetings. I do so admire your diligence, hard work, and unity regarding the upcoming conference. Your experience together is somewhat forcing you to apply my lessons. Your unified experience is a good exercise to take out into the world amongst your fellows. You can open any book or listen to any teacher, but without experience, the words you take in are somewhat meaningless. Experience is your teacher. This week we will continue on with justice. I turn my time over to Emulan.

EMULAN: Greetings, friends. Every day I live, I grow more in appreciation for Father's amazing works. I have seen firsthand how justice in our universe operates. Justice really has an energy all its own, but you can certainly count on Father's tireless workers to be ever vigilant in upholding the universal 'law of justice.' If experience is your teacher, then certainly will you discover that no matter what the

situation is, divine justice always comes out ahead.

A man who would perhaps cheat on his taxes, and seemingly get away with it, will certainly have that immediate satisfaction of things going his way, yes. Those that know that he had escaped any penalty from cheating might view him as 'lucky;' they might even consider cheating on their own taxes. What these individuals do not know is that although the government does not know he has committed a crime, the universe does, and many events will be set into place for the corrective action to occur.

You might feel you can transgress any law and escape the penalty, but know that through the natural outworking of universe intelligence, new lessons are forthcoming. Almost all injustice is corrected. Man's injustice can be divinely corrected. These corrections are not to strike fear into the hearts of mortals but to continue the momentum of growth regarding the universe as a whole and the experience of the God-in-time - the Supreme Being.

Those with a clean spiritual foundation that transgress natural law know that corrective action is forthcoming. They are not surprised by it, nor believe that God is an unjust Father - but on the contrary, that He is a very careful and loving Father. Those individuals with a cluttered background of many religious faiths believe that God will punish them, and their own guilt is an added barrier to receiving divine assistance or correction.

It would seem that the world is filled with injustice and that nobody really does anything about it. Most individuals spend time in just complaining, as if that will bring about justice. Divine justice is working throughout everything. All worldly injustices are subject to divine correction. You probably won't see it firsthand but believe me, with time you will know how awesome and organized Father is.

You have it within you to know if you have transgressed divine law or not. Your indwelling Adjuster brings divine laws to light and arranges for correction, even if you have transgressed unintentionally. Look not on these corrections as a 'punishment from the gods' but as a lesson from which to learn and become stronger and better equipped as a universe citizen.

The man who has cheated on his taxes may not deal with mortal corrective action, but certainly will divine correction be forthcoming. This is not threatening, no; this is a safeguard to you and to the worlds of time and space.

Take the Lucifer Rebellion for example: Without force, or the hand of a 'stern and angry God,' the universal laws were put into operation. The rebellious ones were allowed to be subject to universal law. This is divine insurance that the 'son of self-love' was unable to further spoil Father's children. Divine law is protection for the universe citizens. I thank you.

I am ABRAHAM. We are grateful to you our brother, Emulan, for a well-thought-out lesson. I will accept a few questions.

DIANA (SANDY): Abraham, can you help me to understand the difference between 'going with the flow' and self-nourishment - taking actions for self? Do you understand?

(Abraham: Can you specify?) Sandy: There is a release of self, of action, for oneself in the flow of life, it seems. There is an action when doing things for oneself, whether they are 'in service or in alignment with the Father's will?' or not. To me, it seems to be a distinction between the two? That is what I am asking. (Abraham: Are you speaking of self-nourishment versus selfishness?) Sandy: Yes. There is a distinction, I guess. I don't know how else to put it except for there needs to be action for oneself; yet, without being selfish?

ABRAHAM: There is a line drawn between self-gratification and administering unto oneself. We all know that the Master taught self-forgetfulness, yes, but certainly did He need to do those basic things to occupy the mortal form. I believe the Master was so balanced in this area because His most effective self-ministry was spending time in stillness with the Father. A good relationship with Father is asking to be spirit led. In being spirit led you find areas which need attention and action. This world today seems to be overridden with self-indulgence, and that is mostly due to an empty spiritual life. The line between self-glorification and service can even be confused where one can find a great deal of gratification from serving one's fellows; yet, who perhaps takes credit for acts of service – when the mindset should have been 'doing work for the glory of God.' Your own internal Indweller, Diana, is the best measurement. In other words, how do these actions 'taken for self' feel – are they feeding the spirit? or are they compensating for some emptiness or painful past event? Are they spiritually energizing? Many individuals will feel guilty or non-productive in doing something that just feeds the self. Feeding self, if done in moderation, can be physically and mentally uplifting. If overdone though, then there is imbalance and narrowed vision of what is around you, and there is limited experience. Is this answering? (Sandy/Diana: Yes.) Abraham: You do well, Diana. Have not worry. Another question?

CALVIN: Abraham, I understand from this lesson tonight that it is probably a delicate subject, on the Teachers side, to teach us mortals about justice as a repercussion from our actions because you don't want us to 'do good so we don't get punished' – but rather, you want us to 'do good because it is good.' That takes the right intent of doing good, not so we look good. I am sure that is a delicate subject to teach, and yet Emulan has explained in a way that we will remember – to lead us, not to force us. Thank you.

ABRAHAM: Yes. The universal laws are designed to protect its citizens. As we come to know the goodness of God, to give Him anything less than the best of ourselves is quite unfulfilling for us. We find it our honor to uphold these universal laws, yes, for we not only love God but 'one another as brothers and sisters' in the family of God. Teaching on this topic is delicate, yes, for we do not want to be, as are many of the churches today, coercive and unfruitful guilt-producing. We do not wish to enforce divine law but to only make you aware that you are protected. And, that the universe is indeed orderly not rigid – always moving, growing, and progressing, yes. Is this helping? (Calvin: Greatly. Thank you.) Abraham: You're welcome. One more question?

MIRIAM: Abraham, I am getting ready to go down to be with my family in New Mexico, and I am really weary. The lesson on 'logic' helped, and I have been trying to use that in my day-to-day interactions. I am doing my stillness and my meditation in the

afternoon. I have been so ever aware of the Thought Adjuster and wanting to serve well. That is probably enough to help me. If you can give me some guidance as I set off for my journey? Your words help me so much.

ABRAHAM: Certainly, my daughter. I am perceiving you to be somewhat fearful of the inevitabilities of this mortal life. Yes, these inevitabilities are something you cannot control and this does bring about some anxiety and confusion. You are spending a great deal of time in service and helping others; but these situations, these real things in mortal life, are somewhat depressing. It is hard to maintain an uplifted spirit when these natural inevitable mortal things are going on around you. Illness is a mortal reality that many will deal with. Old age is something many will deal with. These things are out of your control, but the reality of them is perhaps overshadowing your spirit. Making the best out of every situation is not always possible. (Miriam laughing ... "but I try.") Abraham: Sometimes it is perfectly acceptable to cry or have some depression – it is natural. And hopefully, with the continuing exercise to align your will with Father's, this will part the clouds of reality to allow the sun-rays of divine possibilities to shine through. You are a strength, my daughter, to many. It is acceptable to take a break and have reversion every once in a while. Is this helping? (Miriam: Yes. Thank you very much.) Abraham: You're welcome.

I leave you with my continued love and support. I would ask you this week to think about the value of experience; are you a willing participant? or do you drag your heels. View events in your world – even though they seem to have no divine repercussions I ask that you ponder how Father might be intervening; and, applying divine justice. Until next week, shalom.

The Universal Law of Truth | Divine Truth, Which Leads to Ultimate Truth | Father's Truth

Abraham, WOODS CROSS GROUP 01-22-2001

Back

I am ABRAHAM. Greetings. I am once again happy to visit a place that I consider to be a home away from home. I feel uplifted by our association – like a brother who would go out to work and return to a safe and caring home. I thank you for always making me feel welcome. There are many things that occur to you in the world, and certainly, no one understands that like your family here does.

Many this week have experienced for themselves the universal 'law of justice.' We know we are each subject to divine law; we know we are each protected by it. It would seem that justice takes on many forms, and through the use of your spirit guidance you can learn those forms and take action therefrom.

Many set out on a quest in the name of justice; and at times there are underlying agendas individuals would wish to have fulfilled. There are some who may set out to take justice into their own hands for perhaps selfish reasons. You can measure your own intent by asking yourself: "Am I taking action for justice for the glory of Father? or myself!" Father will have assignments for you which will set divine correction in action, yes! yet I say, be careful of how you define justice.

In our morontia training, always following the lessons on the universal 'law of

justice' is the 'law of truth.' Truth is measured in many different ways and very few people will have the same views on truth. Truth is subject to the individual's understanding, yes, but 'ultimate truth' is 'God's truth' and, an ever-inspiring universal law. In this age of self-help or self-compensation for hard experience, we find that many mold the truth according to how it will bring about self-satisfaction. Unfortunately, many times this is not truth, but still, individuals will cling to it with all their might.

A person who has had a difficult childhood, for instance, may see the partial truth – that their caretakers were selfish or inadequate. And in their firmly-held beliefs they live their lives as a victim; they can make excuses for self-indulgence (or self-destruction), believing that they deserve such things for compensation because of their experience. If this truth (supposed truth) is too firmly held onto, there is not forthcoming light into the matter; there is not forthcoming divine truth to broaden such a narrowed vision.

If such a one (with difficult childhood) would truly seek the universal law of divine truth and Spirit guidance, then could they discover 'ultimate truth' and have broadened vision. Perhaps they realize their caretakers were acting out of ignorance, or just repeating a life pattern which they themselves had experienced. Yes, a 'victim' can turn into a 'victor' – they can see an ever-expanding reality of truth. And yes, as has been said many times: "The truth will set you free."

Allow your truth to be subject to divine definition. Do not be so quick to cast a dark shadow of what you think the truth really is. Always hold out for Father to shine the best light on any given situation. Be flexible in what you believe to be true. Individuals use truth in different ways; it is used as a weapon, a shield, a springboard, and a shelter from reality.

Mortal truth is not the final word, no! and we should be with gratitude to know that sooner or later the ultimate truth always stands out. There is nothing hidden, especially with the recently restored circuits. All things that are not true will be brought to everyone's attention. Be not afraid, my friends, of the ultimate truth. To embrace divine truth is liberating, and is clearing a divine path.

In your expression of truth do not make it your duty to force it upon everyone you know – rather, realize they have their own truth – truth as they have experienced it; and everyone is at differing levels of comprehending truth reality. It is not anyone's duty to force truth. You can allow your truth to be known 'if requested,' yes, but even the Master did not throw pearls before swine. His truth was straightforward; and painful at times, yes, but never did He force it upon anyone. Truth was not Jesus' weapon, nor shield, but a light in the darkness.

This week, I ask you to ponder your definition of truth – is it subject to divine enhancement? or is it rigid and closed-in, unmoving? Is your truth, the truth? How closely can you stand by what is true and how might you, on a daily basis, bend the truth? A few questions?

ELLANOR: I have a request for a personal assessment from Kathy McCord.

ABRAHAM: My daughter, I perceive you to be somewhat weary on your life path. It would appear that the same mortal patterns continue to repeat themselves. Some days you are equipped to take on the world, and you are disappointed when the world does not respond. You are a diligent student in spiritual matters. In fact, there may be too much of a clutter of religious spiritual ideas. I would recommend that you set aside all your beliefs for a time and just be with a clean foundation of just you and God. In seeking quiet moments, you can discover those things of spiritual value to set upon your foundation. First and foremost, though, you would do well to look upon God as a Friend, Father, Advisor, and Comforter. He is not 'far off' tending to worldly affairs, but more-so He dwells within your very being. It is said: "With God all things are possible." Renew your relationship with Him by seeking stillness time - not so much textbook study-time, but just time with you and your indwelling Father. Overall, my child, you do well. Have not fear of the new things ahead, for they are only opportunities to learn, grow, and be of ministry to others. Keep an open heart and mind. You do well. That is all. Another question?

CALVIN: Charlie had a question he'd like us to ask. You are probably already aware of it, but for record's sake: There has been some discussion in the Teaching Mission about our 'seven psychic circles' which the Urantia text teaches us about. Furthermore, the discussion is about the many mortals wanting to know 'where we are' in these circle attainments. Charlie would like your understanding if that is a good thing and encouraged by the Teachers, or is discouraged? We seem to have two different viewpoints. It is not to say one is right or wrong, but maybe it would be good to further discuss this. We have experienced both sides of this in this Teaching Mission. I can really see what you are saying in this lesson - that as we express our understanding, we should stay open and be flexible for a greater understanding; and, be open to being wrong in our experience or viewpoint. I will leave it at that.

ABRAHAM: In the beginning days of this stateside Teaching Mission we (unseen Teachers) were a curious bunch to you, our students. There were all kinds of mortal ideals and expectations. The seeking of spiritual names was popular on a sort of mystical level. To begin our Mission these curiosity questions were answered - and with time, education and growth, we had hoped that our students would focus on the assignments and not so much on finding ego-fulfillment or proof that we truly do exist. The 'seven psychic circles,' which the Urantia Book teaches, is not a grading system for mortals; it is not to show how well one is doing so that one can quit searching. It is not a level of acceptance into Father's family. Understanding the psychic circles is so much more than you could imagine; and usually, you do not find out what circle you are in until you are no longer asking. We are in hopes that you do not seek out of curiosity, but to just accept you are a cosmic citizen who is ever-striving Paradise-ward. We are hoping for the mindal advancement. And, we have faith in our students - that they come to a place where curiosity questions are not asked. We hope for the deep-mind training it takes to ask the really important questions like: "How can I be a better parent? What can I do to serve in Father's kingdom? How can I deal with my neighbor who is against me?" You can always ask what circle you are in, but do not be disappointed or discouraged if it is not what you thought. [laughter.] Is this helping? (Calvin: Yes. Thank you for this updated viewpoint and advice.)

SIMON: Abraham, I appreciate the lessons and the deep-mind training that goes along with it. How can I be a better boss, and how can I work better for Father in this Correcting Time?

ABRAHAM: I do perceive you to be a wonderful employer. A good boss always expresses faith in his employees. He allows them to do those important tasks that you would usually do yourself because 'you want them done right.' To let an employee know that they are important, and that you have faith in them, leads to their loyalty to you. To work alongside your employees, side-by-side, is a show that you are 'one of them' and not 'above them.' In turn, they feel as if they are part of a family and not just another cog in the production machine. Their quality of work is better because they know they are working toward something bigger than themselves. Is this helping? (Simon: Yes. Thank you.)

CALVIN: I guess I will ask a little more about the spiritual names – have you found it has been helpful for us to know those names? or is this a handicap because of our curiosity-seeking? It seems like an important issue. What is your assessment on how we have done with these spirit names?

ABRAHAM: I believe the names were helpful in making individuals feel like they were known, personally, by God. They have been the source of curiosity-seeking, yes; and on the other hand they have been as a gentle kiss on the forehead, by Father. As we have evolved in this Teaching Mission we are seeing more and more that the names are not being asked for out of mystical-seeking, but out of a desire for closeness to Father. The fanfare for spiritual names is declining. Yes. One more question?

INERA: Abraham, it is good to be here. In the last six months I have lost seven members of my almost immediate family. Is there any rhyme or reason for that? or is it 'just the way it is?'

ABRAHAM: Greetings, Inera. I am happy to see you here again. I am not able to explain your loss but only to remind you that to the mortal, death seems overwhelming and final. To lose so many family members all at once is unusual. But know, my daughter, that this occurs in several families all over the world, and while it is seemingly tragic and sad, Father does minister to each family in a way to make them see the true value of living. He wants you to see that death is not only a transition – but that the life, which was here for a comparatively short time, was filled with value. No, death is not an ending. For those that die, life goes on much like it is for those still living the mortal life. In each family tragedy, there is an abundance of lessons – and most of the time, a deepening of relationships with those you still have. Upon awakening from mortal death, you do take stock of your life; and hopefully, you will not only find regrets but lessons of love and, of Father's steady hand of guidance. Do not worry my daughter, for all are safe and carefully tended to, just as are you. Have not regrets for this mortal life but, make the most of each moment as if it were in dedication to our Father and those you have lost. You know this is what your loved ones would want for you.

With that said, I will take my leave. I would express to you each that I am growing with more love for you as each week goes by. Until next week, shalom.

Embrace Truth And Disperse It With Wisdom
Abraham, WOODS CROSS GROUP 01-29-2001
Back

I am ABRAHAM. Greetings. I love our dialogue here this evening. Each one's outlook builds onto each individual's view of truth.

When our Master walked the Earth, He did need to build a strong and courageous character. His life's experience trained Him for His life's work. He could see as a child how adults complicated, twisted or bent the truth. He could also see that 'as a child' He had not the authority to state the truth as He envisioned it. It was then true, and still is today, that those of experience are perceived somewhat of an authority with truth, where the young are not taken seriously. But in all actuality, more children are truthful than are adults.

The Master could be found giving hard truth to an individual - or depending on who He was talking to, give gentle fragments of truth. The Master could draw out people and perceive the flavor of their personality - and from that, He could give His truth. Also, He recognized that some individuals would only accept His words through straight hard truth - truth with passion and power. Yet to those individuals who were bound by ego, He was careful in how He put forth His words. He knew it did no good to force truth on those who would not have it.

Just as it is today, your universe Caretakers give you truth in a manner that you will receive it best. Sometimes truth is best received through life's hard lessons, and sometimes it is through small insignificant daily tasks. On the Master's lips was always this small prayer: "Father, your will, not mine, be done. Allow me to be a vessel for your works."

Jesus looked at truth as an everflowing current of energy, subject to transformations. He told His truth as He perceived it from the Father - through much time spent in devotion and stillness. His communication with Father was instant and always accurate. He could minister to His fellows through the eyes of Father in a manner that Father saw fit, not how He personally would perceive them.

The Master could have defended Himself before Herod and Pilate at the end of His mortal life, with His truth, yes, but He was more aligned with the Father's will - and if it would have caused spiritual progress, He would have spoken up. The Master could accept the hard truth of mortal life, yes - but this does not mean He felt no effects from it. Many times did the Master cry out and did reconcile within himself to Father's ultimate truth. While there was the mortal pain of truth, there was always a divine comforting explanation.

You, our Teaching Mission students, have been called the ambassadors of truth. You have had opportunity to share, and you have done well. You are learning those techniques of the Master:

- To draw an individual out and discover the nature of their character, and how they will best receive the good news.
- To rely upon that ever-moving flow of Spirit direction and allowing Father to use you as a vessel for His works.

- To learn to reconcile yourself with divine truth and be accepting of the hard lesson, but also knowing a hard lesson is not always necessary for learning about truth.

It has been said, only the strong have the courage to speak the truth without fear of repercussion. Many fear sharing their truth, thinking they will possibly receive ridicule or loss of love or respect; they tiptoe around the truth as if they were protecting themselves. If the Master would have done this, His life may have been prolonged, yes, but the Master's love for Father, and the desire to do His will, would not allow Him to protect Himself. He relied upon Father to use Him in any way that would be best suited for the whole. Logic told the Master how to deliver His truth, but always He relied upon 'Father' for the words.

Many historical books would describe the Master as meek. Many believe that to be meek is character weakness. Our definition of meek is to not be self-saving or self-serving, but to be more focused on; "How can I best serve?" In that definition, the Master was meek, yes, but in no way is He to be perceived as a 'gentle and holding back man,' one who is afraid to hurt others; afraid to 'be seen as a mean person.' Jesus was the best example of a mortal who was empowered by those on high – one who would embrace truth and disperse it with wisdom. His life was certainly an example of true beauty.

Beauty will be our topic for discussion next week. A few questions.

CALVIN: I gather, Abraham, you're trying to get us to understand how to lovingly disperse truth in a way that would be most effective to the hearer; and, to use our logic to know how best to do that. I feel this is a lesson I need to brush up on.

ABRAHAM: Yes, my son, you are well experienced in this area. There is a goodness within the human soul that desires to save people from their own misguided thinking. There is not an allowance for the natural evolution of the mind to take place. In dispersing our truth, the best we can hope for is to plant seeds. We can be available to tend to those seeds; we can answer questions and encourage – but we can't force those seeds to grow! You never know when someone may be planting seeds in your direction; therefore must we always stay open to that flowing current of divine truth, yes. Another question.

AZSURAY: Yes, Abraham. I have just been served papers regarding my being excommunicated from the Mormon church because of my beliefs, being contrary to theirs, in the Urantia Book. I am very eager to put forth truth here; but maybe with your wisdom, and with your understanding of me, you could give me advice on how I should handle this that would be pleasing unto the Lord? I know that is a difficult question. Sorry. I humbly ask you this.

ABRAHAM: Certainly. My daughter, you already know how to handle this. The Master, even in front of His accusers, still held a deep affection for them. He saw not their ignorance but their status as children of God – as His brethren. He would not use this time to rebuke their ignorance – but if they would have had it, He would have lovingly ministered unto them. This event can be used to plant many seeds but you must use wisdom and rely upon the words of your God within. Sometimes it is just random 'life-experience' that leads you to one religion or another, one faith or

another. Remember that everyone is acting from a place that they know best. You are a daughter of grace, and I have faith in you to carry on with your highest light. Yes.

If there are no more questions, we would remind you to study on the different aspects of truth and prepare yourselves for the upcoming lesson on beauty. As always, my love goes with you. Until next week, shalom.

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If there are no more questions, we would remind you to study on the different aspects of truth and prepare yourselves for the upcoming lesson on beauty. As always, my love goes with you. Until next week, shalom.

True Beauty | Our Best Source Of It Lies In Our Association With Each Other
Abraham, WOODS CROSS GROUP 02-05-2001
Back

I am ABRAHAM. There are few things more beautiful to behold than the faithful gathering together in search of higher truths and better ways to live those truths, yes. It behooves some mortals to have to reconcile themselves with truth, but once it is understood that it is for a higher good then it becomes easier and the lessons more advanced.

I realize that living in the flesh makes spiritual things seem far away or fairytale-like. In your busy lives it is all too easy to be dragged down by negativity. The many decisions you must make every day are influenced by how you perceive life. If one should perceive life as negative and dark, then all their actions taken would be from that particular view. Every day you face spiritual poisons, yes; and many (without spiritual light) become burdened and depressed. Some are so overwhelmed with merely surviving that they miss the reason of their whole existence.

True beauty is like fuel for everyday living – it can take the sharp edges off of the darkness that you experience. Identifying real beauty in everyday living draws forth meanings and values from the darkness. One who can see beauty in everything is a light in the darkened world.

What is beauty? Beauty is experiencing those mortal moments that bring you closer to God. Beauty is the hope that love overcomes hate, good overcomes evil, and light overcomes darkness. When you have become burdened by the world's pressures and feel depressed and without liberty, then you have gone too long without divine beauty. Beauty is a redirecting of focus. It is that spirit-energy that refuels you to go beyond coping with your circumstances, to actually being challenged by them.

Where do you find this energy source? Ask yourselves: "What is it that makes me remember God? "What are those things that refocus my attention from darkness to light? "What are those things that make me exclaim – there is a God, and He is with all power and perfection!"

Certainly, there is beauty in nature that brings a calmness to the mind and leads us to contemplate the intricate designs found within nature. We find beauty in science and how all living things have a perfect design. We find beauty in truth, and that creates light in our unknowingness. To be with anything less than truth can create fear in the imaginings of our minds. I do believe our best source of beauty lies within our association with each other. Small kindnesses done does cause us all to refocus our minds back on Father's plan and purpose, Father's love and caring.

How beautiful it is to put all your effort into raising a child, and then see that child live a loving and conscientious life. To see that child care for others and have passion to create good in the world – yes, that is real beauty. To become involved in a stranger's life, to assist without thought for one's own welfare, is inner-spirit beauty. To assist your fellows without thoughts of self-aggrandizement or receiving credit, is beauty; and this beauty you create is helping others to refocus their thoughts back on Father. A mind stayed on God is the strongest link in a chain of good.

We know in this mortal life we must find the beauty in those places where there may appear to be none. Beauty is a soul fuel; it is hope for the hopeless, light in the darkness, encouragement for the discouraged; it is to know that with God, all things are possible. To refuel with beauty reminds you of the awesome Caretakers that know everything about you, who do all they can to assist you and are never failing in their love for you.

This week, find those things which redirect your focus back on to Father. When the world seems to be too much, find your source of beauty. While seemingly negative things might deplete your being of energy, note how divine beauty restores and refreshes your outlook. What can you do to be a source of beauty? How can you live so that your fellows may redirect their focus back to Father?

I cannot take questions this evening but look for me during the week in your moments of contemplation. Know that I will be honored to assist you in any way I can. I find you each to be a source of beauty and fuel to my soul. Know that my love goes with you. Until next week, shalom.

Focus On Appreciation Of Beauty | What We Focus On Is What We Attract

Abraham, WOODS CROSS GROUP 02-12-2001

Back

I am ABRAHAM. Greetings. I am quite moved by your comments and sharing on the topic of beauty. In the giving, beauty is created – and like energy, is moving and growing. To recondition the mind to have the ability to recognize beauty in all things is a source of power.

You have the responsibility of sharing the good news, and when beauty is present in your life you attract others. Like all good things, beauty comes from the Father and goes back to the Father. To live a life in recognition of divine beauty is to incorporate worship into everyday living. To redirect your focus back to Father is an open door to numerous possibilities, for what you focus on is what you attract.

As has been said, those who would focus on fear draw fear into their lives. The fear is not so much stemming from reality, but the damage is occurring to the mind and body anyway because that is the firmly-held belief.

To suspect the universe is against you, then most certainly will it be true in your life. If you believe that your fellows do not have your best interest at heart, then this is true for you. Even though this is not reality, you are drawing this negative force to you. This negative force is where you take action from – you react from what you believe to be happening, even though this is non-reality.

To make effort to find everyday beauty leads us to ponder the divine goodness. The goodness leads us to love the Father. The love leads us to worship. To live your life with overtones of worship leads you to believe you are divinely loved and cared for – you believe the universe is with you, not against you. Do you see, your focus begins to draw good to you – you have increased trust for Father and His divine staff; you view life as if you are worthy of good things, deserving of divine things.

This week, I ask you to focus on appreciation for those divinely beautiful things. Find time to ponder Father's divine goodness, and seek true worship. Who is worship really for? How is your focus redirected from worldly things to the spiritual? How better can you handle everyday negative events? To have genuine understanding of truth and beauty is a pathway to knowing goodness. To have understanding of the goodness of Father leads us to find our goodness within and our potential goodness to come. A few questions?

NATHAN: Abraham, first I would like to comment that at my wedding a couple weeks ago there was a very strong spirit there. I felt very strong affirmations from that spirit that what was happening was correct. If it was you, then thank you. If it wasn't you – if you could give the proper person my 'appreciation.' Secondly, I was wondering if I could get a personal assessment.

ABRAHAM: Yes. One moment. I have been informed that your sense of a strong spirit was none other than the Spirit of Truth, our beloved sovereign Christ Michael. My son, you must know by now how much you are loved and looked after by our Divine Caretakers. You are on a good path, have not worry. There will be times of trial that test your footing upon this path but do not waver, do not regress, do not have doubt. You are building a strong spiritual foundation and experience is your best teacher. Have patience with the Father's ways. Have patience with yourself. You are growing, and as with any growing man you must take in that spiritual nutrition that builds the muscles of faith. You are doing well, Nathan, my son. Remember who you are and where you are going. Is this helping? (Nathan; Yes. Thank you.) Abraham: Another question?

SIMON: Yes, Abraham. I have been encouraged by positive events this week and making contact with folks along the path of their receiving the Urantia Book – Margarita, for one; and Diane, for another. I would like to learn a little bit more how Thought Adjusters work, and I wonder if you would like to comment on that. My question would be: How do I get to know my Thought Adjuster better?

ABRAHAM: Certainly. This is a time for spiritual upliftment; and of course, people will seek you out because of the way you live your life of faith. Yes, this is an active time for many. It is wise to choose a simple path when guiding others to the Urantia Book. A relationship with the Thought Adjuster is so very close to you that you can almost overlook it. The Father Fragment is the voice that encourages you to forge ahead when you want to quit. He is the courage to stand out when you wish to hide. He is the buffer against your own negative self-talk. He is your closest ally and defender of all that is true, beautiful, and good. It is the human will that blocks Him in His work. It is the desire of the mortal to save self when Father has promised: "If you lose yourself surely you will be saved." To better know the indwelling Father, you can start by really listening to those inner feelings. Release your desire to see what you would like to have happen, to looking forward to what Father has for you. Small and simple steps towards Him leads to great character changes. If you can have trust, then certainly will you be more aware of Father's works in your daily lives. If you can have patience and faith, then guidance will come with less struggle and more accuracy. Father is always aware of your needs and desires, and He incorporates that in with His lessons for you. Yes, our supreme goal is to become one with our divine Monitors, for He works ever diligently towards that goal. Yes. Good question, Simon. Another question?

MIRIAM: Abraham, I just love you and want to thank you for these lessons. I had the biggest wave of love for Rachel during my drive coming over here tonight, and I remember how she used to ask how Joshua (her brother - Thern Blackburn) was doing. [Editor's note: Rachel - Ida M. Young - was one of the Woods Cross original members who had recently passed away from old age complications.] I know if she were here, she would say: "We have some guests" and would introduce them. So I will do the honors - we have Jason and Dave here on our question night, and we welcome them. Abraham, have you got any gossip on Rachel and how she is doing? And, can you just let her know we send our love.

ABRAHAM: Certainly. One moment. I do know that once we have linked hearts and minds, we are always connected, as you are still connected with Rachel. She cares very deeply about all that has been started on this world; and yet, she is quite busy in training for future assignments. And you know she always sends her love. I also welcome our guests and would have you know you can be at ease to ask a question.

JASON: Hello, Abraham. (Abraham: Greetings.) Jason: I am new here and have been directed to this. May I ask for a personal assessment, if that is possible.

ABRAHAM: Certainly. My son, I am happy you have finally made it here. I know your journey has been one of difficulty, but you have prevailed. You are understanding the difficulties to be lessons, and have learned well. Your enthusiasm is energizing and I see you firmly grounded in a strong foundation of faith and trust in our Supreme Caretakers. You have experienced many trials in which Father has shown you the values and meanings therefrom. You are a positive light wherever you go. You have a wonderful attitude that says: 'I am teachable and excited for every new day.' You know quite a few individuals that seem to stray towards a darker side, and your example set before them is counteracting the darkness and helping in the redirecting of their focus. Well done. You have much to do, my son. Be at ease! and know that the trials you have experienced are the catalyst for divine joy. Thank you for your

courage to accept this personal assessment. Is this helping? (Jason: Yes. Thank you.) Abraham: You're welcome.

To you each – I am as always, touched by your faithfulness and love for the Divine. You are examples of all the good things that Father has to offer. I am with more love for you each time we can meet. Until next week, shalom.

Without Learning The Law of Acceptance It is Difficult to Know Father's Will
Abraham, 02-19-2001

Back

I am ABRAHAM. Greetings. I look forward to meeting with you here each week. I learn as much as I teach. I love the study on the universal laws. The momentum of time, space, eternity and destiny, are fueled by the universal laws. I appreciate the universal laws of truth, beauty, and goodness because they start with you from the beginning of existence and carry you onward through eternity. Truth is our path. Beauty helps us to appreciate the path, and goodness urges us to move forward upon the path, yes.

We have discussed 'redirecting focus through worship;' and following this, it is standard to discuss the universal Law of Acceptance in the doing of Father's will.

A child who attempts to leave from her home for the first time is filled with the fear of unknowingness. She desires to reach her destination, yes, but is loath to leave the parent's side. The unknowingness creates images of unsafety in her mind, and she cannot help clinging to her parent's leg. With a little coaxing and encouragement from a wise parent, they can get the child to go a little beyond the front yard.

The child, however, who is skilled in life's possibilities might feel better equipped to handle those things that might come before him/her. With education and encouragement, the destination is not so fearful. The child is equipped with some knowledge and feels that inner confidence and strength – a spirit-connectedness.

Your experiences today are your lessons to becoming skilled cosmic citizens in the universe. That 'spirit-connection' is the encouragement you need to venture out beyond your own front yard. Father uses various methods to educate His children, and although some of these methods seem painful and trying, He is equipping you to have less fear and feel more at ease in the universe.

A parent who dares not send forth their child out to have experience is telling the child that he or she is not to be trusted and not equipped to handle life's circumstances; in this, the child has little or no self-confidence and lives in a world of unknowingness and fear.

Father would not purposefully put you in painful circumstances, no! but experience at times does turn out to cause pain. Our Father, the good Parent, puts before us those values and meanings that we need to learn from life's experiences. He trusts us in our own ability and intentions. He trusts the universal laws will bring knowledge and balance. He encourages us to have faith in ourselves.

Many individuals would choose to stay behind closed doors in an effort to feel safe – safe from experience; safe from the pain that experience can bring. There is not much spiritual progress in this kind of safety; there is only the fear of unknowingness. You cannot gain strength from not exercising. You cannot reap the benefits of meanings and values if you shun experience.

The universe does set up certain circumstances that teach you cosmic citizenship. I ask, how can you learn when in a state of resistance and fear? How can you progress spiritually when you do not make effort to bravely face the road before you? Acceptance is key to gaining meanings and values from your experience. To accept the lessons before you is not an invitation to suffering, no! but to teach strength, endurance, and self-confidence. Acceptance is the practice of letting go of what you think you know, to being committed to staying teachable.

The world's technology seems to promote a life of ease, and many have such resistance to anything that takes real effort. 'Acceptance' asks you not to do anything but be observant and spiritually connected so that you can find Father's meanings and values in all experience; that you can have confidence in your abilities as a mortal child of God, an equal cosmic citizen.

So many say: "I would do the will of God if only I knew what it was." Without understanding the law of acceptance, you will definitely have a difficult time discerning Father's will. To have acceptance of those mortal things that befall you is to become observant of the lessons therein; and through spiritual connection, being able to discern Father's will in any given moment.

To choose to be a doer of the will is not so much being submissive or laying down to be used as a pawn, no; choosing to be a doer of Father's will is allowing your desired outcomes to fall away – and yes, in a sense, losing yourself to slowing down, becoming observant, not acting so much on impulse or emotion, but connecting with the divine Parent and receiving guidance. To be overcome with emotion is to push forth your desired expectations and stumbling over Father's will.

Our Master taught self-forgetfulness, and in this, there was the acceptance of Father's will, self-confidence in the ability to carry out that will, peace in heart and mind that leaves you open to meanings and values – and yes, new understandings.

Forget not this week to stay with worship. Strengthen your divine connection. Know that our good Parent is urging us onward – through experience.

Can you trust in a Parent who has created the universes and their inhabitants, and oversees the overall collective functioning? Do you shun mortal experience so you will be kept safe? Or, are you observant to the lessons and open to spiritual progress! Can you live in this world as a divine being and feel truly at home? Can you say if choosing the 'divine will' comes with a cost? and if so, what is that cost?

No questions this evening. Just know that I am ever appreciative to our divine Parent that He has allowed me to be with you. As always, my love goes with you. Until next week, shalom.

Back

I am ABRAHAM. Greetings. Each week we meet I am more uplifted and energized by your continual striving to grow. We are each in a state of becoming, and how blessed are we that we have one another to share and expand concepts and ideas. One who is teachable is open to his fellow's ideas; he may not agree with the ideas but he can accept the fact that his fellows are his brothers and sisters in the family of God.

As you progress spiritually you find it your ultimate joy each day to dedicate yourself to the doing of Father's will. What a relief from daily pressure to hold up the day and offer it to Father knowing it will not always be a struggle but a welcome release from pressures, a clearing of the mind, and cleansing of intentions.

Being born of the spirit makes you a new creature who strives to live according to the will of God. You may fall short at times, yes, but certainly, you find you cannot return to the old ways. In this commitment there is acceptance of sonship with God. You are not so much losing anything, but becoming a new creature and gaining endless possibilities.

Even where I am now, I must remember the divine law of acceptance. It is quite easy to defer from Father's way, to my own. I find my own understanding to be confining and limited, whereas if I am aligning with the universal law of acceptance I am in the ever-flowing current of divine information, and my understanding of my everyday realities are expanded. Therefore, I do not find that this universal law comes with a cost but certainly do you put self-mastery into practice.

In this area of acceptance, I would like to elaborate a bit more on a personal level: We can accept the divine path and Father's perfect plan; we can accept our fellows for their unique personalities; we can accept our present position in life – but so much of this is increasingly more difficult when one is without some degree of self-acceptance. Father did not coordinate the mortal life so that you would be self-satisfied continually, no, He designed the overall pattern so that we may always strive and work towards Him.

I speak not of self-satisfaction, but self-acceptance. So many regret the past, harbor guilt, and are self-loathing. So many cannot accept the fact that they have simply been a learning child in an ever-expanding experiential universe. With such restrictive thinking, there is practically zero tolerance when it comes to our own flaws or shortcomings. With the law of acceptance, we can believe that even in our mistakes Father has revealed to us the meanings and values of them – that He has never punished us for our misunderstanding like we have punished ourselves. Many mortals continually focus on their negative character aspects while overlooking the personal strides made in their efforts.

As a small child learning to ride a bike, a father would run alongside the child helping to steer the bike. And at an appropriate time when the child is ready, the father would release the bike and allow the child to go it alone. Does the father know of the possibilities of the child's wrecking and falling? and possibly becoming

injured? Yes! Can the father continue to run alongside the child? No! Can the father give instructions and encouragement? Of course! Should the child wreck and appear to fail, would the father punish the child? Of course not! The father continues to guide and help the child to develop their own abilities, comforts the child when failure seems apparent, and encourages the child to continue in their efforts.

Father knows you will fall and He stands ready to comfort, guide, and encourage. He is not there to punish or ridicule you when you seem to fail – why would you punish yourself? Can you not accept the fact that you were, are now and will be, a learning child of God? You cannot go from infant to adult without the experience in-between. You must accept yourself as a learning child.

To self-punish or think that God would bestow upon you bad karma is to block meanings and values in experience. Everyday negative self-talk is energy-depleting – it is spiritual stunting and is soulfully abusive. To be so ego-bound that you cannot accept that you have made mistakes is a waste of experiential time that could have been used to discover new meanings and values.

There has to be a point in mortal life where you have moved past all external expectations of what the total person should be, and have a true acceptance of the growing soul that you really are. Father loves you beyond your own ability to comprehend, and accepts you in your becoming. Do not make that mistake of self-bantering and close off new spiritual possibilities and soul growth. Do not be weighed down by the fact that you still have so much to learn. Rather, be uplifted by the fact that the learning is an adventure that carries you to possibilities far beyond the mortal life.

This week, be watchful of self-punishment. Ponder the difference between self-satisfaction and self-acceptance. How would you gain confidence through self-acceptance? What new possibilities might come from this? I understand we have a few questions. Proceed.

CALVIN: Thank you for the lesson again, Abraham. Also, for the help during the week. Marlin in Michigan called about his wife, Helen. She is on some medication and wants to know if she should increase it, change it, or stop it? Do you have any insight for her? She is going to the doctor to seek further help.

ABRAHAM: That is all I could recommend – that she seek further medical attention. I can only give so much information without a more specific question. I am understanding her to be using other substances that do not allow the other medication to work properly. Much of her medical problems are due to some feelings of unfulfillment, some disturbances of emotion and inability to express herself. My daughter, I do believe you are aware of what underlies your medical issues. If you can honestly look at these emotional disturbances and allow Father to provide you with understanding, then perhaps your medication can be decreased or even stopped altogether, yes. Have not worry. You know your answers lie in the spiritual realm, my daughter. That is all.

SIMON: Abraham, I really enjoyed the Celestial Nights Conference, and I thank you for visiting. [Editor's note: Florida gathering of Teaching Mission students.] I

understand there is a 'high spiritual commission' present on Urantia for a few days. I wonder how I can expand and fulfill my commission better. I wonder what other things I might know about interacting with the commission while they are here.

ABRAHAM: I am limited on what I can say on this subject until more of the Teaching Mission has some further understanding on this, but personally speaking to you, Simon my son, I do see you as a great organizer. You have a rare combination of diplomacy and grace. You love what you do and that means everything. You derive happiness from making others happy, and you have inner-knowing on how to understand individuals beyond what they present. Well done. Allow time for further unfolding, yes. Another question?

CALVIN: This is for George Bernard, in Australia. He is getting information directed from Melchizedek to him and he feels pretty sure of directives for a mobilization and organization of the Teaching Mission for certain tasks. Anything you might have to pass forward to him to put on the record?

ABRAHAM: I would only say to you, George, my son, to allow time to show forth fruits in the Mission. We understand the overall excitement, but the Mission must be built on a sturdy foundation. Have patience in the unfolding. Machiventais cautious and desires every day for spirituality to be usable and helpful in mortal living. You are on a good path. Be sure to temper excitement and expectations with patience and allowance for natural unfolding. Overall, my son, you do well. Carry on. One more question?

AZSURAY: Abraham, in a message that you gave me previously to a question about my leadership, you mentioned the word 'instigator.' This has been on my mind since then. Could you expand more on what you meant, please? I hope I am not using it in a negative way.

ABRAHAM: Certainly not, my daughter. Your ability to put ideas into action is a gift. You are, for the most part, working to glorify our Father; and your love for Him gives you the drive to go forth and do good in His name. Yes, 'instigator' is positive in this case. Have not worry, my daughter, Azsuray.

I am coming to a close, for I am slipping. I would express to all of you my unending gratitude and love. Your continued dedication to this work is truly inspiring. My love goes with you. Until next week, shalom.

Acceptance Of Our Fellows Does Not Mean Embracing All Ideas and Fads

Abraham, WOODS CROSS GROUP 03-05-2001

Back

I am ABRAHAM. I am amazed every day to view how rapidly the kingdom is growing. We feel such gratitude when we see our efforts have made a difference. I realize events in daily living might lead you to believe that life works against you, but you that carry a deep and abiding faith know the reason for such occurrences and don't usually feel a mortal desperation or anxiety.

In a fast-paced world such as this, we are always overlooking the small blessings. Many mortals tend to look for grand occurrences that say 'God is at work,' and in

the process become discouraged when their expectations are not met. There are conditionings of the mind that seem to help you keep up with mortal living.

Societal stimulants and the ever-striving to 'just survive,' does take the focus off of the small blessings; whereas just in noticing small blessings, your focus is set on Father; and in this focus, you are better able to handle those situations that cause inner-turmoil. Yes, in noticing the small blessings you learn to recognize Father's fingerprints.

We have been discussing the universal law of acceptance and the doing of Father's will. We have also covered 'self'-acceptance. I would speak a little on acceptance of your fellows.

I feel such comfort each week when we meet. You welcome me as I am. You know my personality, and you welcome it. I feel at ease to speak my mind without fear of ridicule or rejection. You accept me as your brother, friend, teacher, and fellow sojourner. You may not always agree with what I say but that has no bearing on my level of comfort because I know you love and accept me as I am – as I also do you each.

We meet various individuals daily; and as we learn about them, we can draw closer to them. It is understood that some personalities we clash with and have not commonalities – we may even dislike their character. As we traverse the worlds in our climb toward Paradise, we will meet various individuals who will be different from us. We are in understanding that each one is no doubt a child of God and also on their own path to Father.

I think by now we are in understanding that we cannot force our own way on others or lead them in a way that we see fit. We can express our opinion, we can encourage, yes. But really, at no time should we attempt to change another. We are all Father's children; not one is with more status than another. You can have acceptance of that and have love for your fellows without allowing the differences in personalities to create conflicts – although, conflicts are not really that bad because they can promote and even create growth from new understandings.

Some individuals you know are perhaps not so lovable, but certainly we can accept the fact that they are growing individuals on their own path, and will learn according to their own ability and in their own time. I truly believe that most people have the best of intentions and try to do what is right, in their eyes.

The “holy wars” in the Middle East, for instance, are groups of individuals who are attempting to force their beliefs onto others. You see, each group has the best of intentions and believe they are only 'doing what is right.' Perhaps they are blinded by the fact that every child of God has the same intentions, and that they are only attempting to do what they believe is right.

There are so many divisions in religion, government, and even families – because there is no acceptance of diversity. "If they are not with us, they must be against us," is a familiar saying. Why cannot individuals allow for others to grow in their own time? You cannot force growth or fit a quart into a pint. You can, however,

learn to have acceptance – acceptance that everyone is a child of God – and, that they need not look to you as their savior. How beautiful it would be for them to know you uphold them in their differences.

How can one look down upon a brother's blindness when they themselves are also blind! We can be more accepting of our fellows through learning patience and allowing for unfolding. We need not agree with our fellows but we can respect their right to learn and grow in their own time.

As a side note to this lesson on acceptance, I would like to add a few things: There are new concepts born every day and new ideas to ponder; it would seem as if everyone 'has the answers.' I would remind you that you each have your own indwelling Father Fragment that helps you discern truth. In trying to apply the 'law of acceptance' in your lives, know this does not apply to all new concepts or fads. You need not accept every idea that happens to cross your path.

I mean to say that the world's growth is moving so rapidly that we must be clear-minded enough to discern truth from falsehood. You can contemplate new ideas; you can pray and do stillness, yes! but certainly you are equipped to judge for yourself those ideas you will hold true, and those you would let go. In this day and age, new things will come and go. I suggest to be open-minded, yes, but to be cautious in accepting all you see and hear.

I have not time for questions – I am sorry, Simon; perhaps during the week. [laughter.] I would be back next week with a new universal law to discuss and answer your questions. Until then, feel free during the week to call on me in your journaling time. As always, my love goes with you, shalom.

Law Of Personal Liberty – with Integrity | Universal Laws are Equality Enforcers, Safety Measures

Abraham, WOODS CROSS GROUP 03-12-2001

Back

I am ABRAHAM. Greetings, my friends. I will begin this meeting with a short prayer.

Father, as we stand here today before you, we are with grateful hearts to know that you love and accept us as we are. You have opened up a vast realm of possibilities for growth by fueling us with your all-encompassing, never-ending, always-empowering love and acceptance. For that, we offer up ourselves to you. All that we say, think, feel, and do is offered to you as our gift for your honor and glory to use as you will. Our unending love and gratitude to you always. Amen.

My friends, I am always touched by your conversations. I am made to go further in my thinking and I am made better by knowing you. I feel an important part of our family unit. With your acceptance, I am made to see new possibilities for growth in myself.

As a child, we have all experienced that loneliness of 'unacceptance.' The pain of not being accepted leads us to close off and lose hope. There are many individuals who really never recover from not being accepted or being an outcast of sorts. To stand immovable in unacceptance of someone closes your eyes to their potential. To reject a fellow's personality make-up is to invalidate their experience, their

struggles. Unacceptance of others is binding to them like that small child who feels not hope of new possibilities – new growth, yes.

As promised, I will discuss another universal law with you – that is the 'law of personal liberty.'

Liberty is viewed as a gift from the heavens, but I like to look at liberty as if it were a map to our Paradise Father. Many people in today's society are seeing religious values (or spiritual values) as binding or imprisoning the true nature of a mortal; they view spiritual values as a contract to keep – one that promises eternal salvation; and should you choose to break the contract, then of course there is no salvation to be had.

The true nature of the ascending soul is rooted in liberty and free will – the freedom to experience and learn to the best of one's ability and in one's own time. Those who embrace the true nature of liberty use their wisdom gained to assist others to uphold universal laws. Some religions teach their own version of universal laws which are not congruent with the ascending soul. Of course their laws (their claim of universal laws) seem to work against the animal self.

Certainly, universal laws are a natural outworking of evolutionary experience and are in alignment with the ascending soul. The universal laws are looked at as equality enforcers, safety measures, and of great assistance to the growth of the Supreme Being. The 'law of personal liberty' teaches us that Father is calling His children. He wants to be known and made personal to each individual child. The 'law of personal liberty' tells us that 'all choices are ours to make.'

Our Father loves us enough to let us go and find our own way to Him, in our own time, according to our own ability. My friends, there is not need to hurry or be pressured to 'follow a correct path' or risk losing eternal salvation. All things work best when there is no pressure, only peace. Peace allows the best in everyone to rise above turmoil, negativity, and darkness.

There are many aspects to the universal 'law of liberty.' I will mention the very important aspect of 'integrity.' As we mature in our spiritual growth, we learn to sharpen our view of integrity. Integrity is the intention to uphold universal laws and choose to trust in those on high. No doubt does the Father have an overall picture and superior outlook on all that was, is, and will be.

Spiritual liberty with integrity chooses Father, not the ways of self. Of course we will all have hopes and desires, goals and dreams – and Father knows this. He does not ask you to sacrifice any of these things. He only asks that you stand by and allow Him to help, because while He is teaching you, He incorporates others in – to also teach them; and, to create a higher good for the whole.

Remember, we are working for the growth of the Supreme. To be with spiritual integrity is a commitment to upholding universal laws. In your commitment are you more empowered with spiritual gifts to assist in creating greater good.

As we all know, Lucifer and his cohorts promoted a greater self-good. They had not

spiritual integrity and worked not for the growth of the Supreme Being. They disregarded universal laws in favor of self-indulgence. Their ultimate craving was to be superior, to be set above others, to gather attention and be praised. Self-fulfillment was their goal, and while liberty allowed them to put their goal into action, their lack of integrity stopped them in their accomplishing it.

Everyone has personal liberty, yes, but not everyone is with integrity. Do you understand how integrity carries you far beyond being just 'a part of the universe' - to becoming 'an equal and integral inner-worker of it?'

This week, ponder spiritual liberty - with integrity, and without integrity. Where does 'self' lead you and, where does 'self-forgetfulness' lead you? Where does your map of personal liberty lead? I can take a few questions.

HARRISON: Abraham, we have a couple of guests here tonight: Harmony, my daughter, and Eric. I thought I would introduce them to you and offer them the opportunity to ask a question if they would like.

ABRAHAM: Certainly. Greetings, my friends.

HARMONY: Abraham, I am an animal lover and struggling with the death of my cat. I was wondering where animals go after their death and, do they have any type of connection.

ABRAHAM: Yes, I can understand the love between an animal and its owner. During the life-span of an animal there is experience created; there is love built, lessons learned and, values understood - such as loyalty, companionship, reliance. These experiences are all valuable and are a historical energy that is not wasted, but returned to the safekeeping of the Supreme Being, the God-in-time. There is not a 'pet heaven,' but certainly the animal's personality is a real and valued experience in the eyes of those that loved them. The life-energy from all living things is returned to the Supreme Being, who grows with each and every experience. Death is difficult - whether it is a pet or a family member - and definitely, each situation requires time to reconcile the self with the experience. No living thing is ever lost, and no living thing - no matter how small - is ever not valued. All life is of the utmost importance and never-ending. 'Loss' is a necessary experience of the human condition, unfortunately, but how would we comprehend the value of life without the experience of loss! Rest easy, my daughter. The experience and values you have attained are immeasurable to your spiritual growth. Above all, what we must always remember is love shared. Another question?

MIRIAM: Abraham, you know how the Urantia Book says that the soul is like the child of the Thought Adjuster; and the mind is an entity that gets created - this is how I look at it, or how I interpret that. I've been thinking lately though, about how the seraphim help us in this relationship. The Thought Adjuster and I are building a nice relationship. I feel like I know Him, and lots of room to grow with Him, yes, but I feel like that is a growing soul entity. I certainly know that getting to know our mind can wear us all out. The 'seraphim' and their relationship to the soul, I am not aware of. I am grateful to the seraphim for their help, etc., but is that something that we should look forward to in this life here - you know, building an

awareness, knowledge, and a soul awareness of these seraphim? Or is that just sort of like they are entities growing unto themselves and not meant for our awareness. Did that make sense?

ABRAHAM: Yes. You can know the seraphim in this life. As you become spiritually progressed will you learn to recognize various entities – from seraphim and midwayers, to Christ Michael and Mother. As mortals become less absorbed by outside distractions can they turn inward, and – with more of a feeling than a mindal knowledge – recognize various personalities. I am understanding you already have some introduction to a seraphim? (Miriam: Yes.) Abraham: As time passes and you have desire to become better acquainted, then yes, you will be. Does this answer?

MIRIAM: Yes, Abraham. Thank you. You were saying earlier to “stand immovable in unacceptance of someone who closes your eyes to their potential.” In regard to that – you know my friend, Sally; for years she and I’s paths have crossed with light and dark, with health and not health. I have tried to be of service to her; and I have gone through several years lately of just trying to get her with Father, and she is not seemingly interested. She is in such trouble these days and my heart goes out to her. I’m not trying to mess with her business or say what-not about her, but is there any guidance you could give me in Sally's regard? She is so troubled.

ABRAHAM: Yes, there are some individuals you may get to know that are in such opposite perspectives than you. There are some who have not open ears because earlier on they formed an opinion of you. This is not seen as sinful, but in the non-acceptance, there is limitation in potentials or possibilities. It is said: "A man can only attain what he can envision." I would say, even if you cannot envision, but have acceptance for new possibilities, then all the opportunities are open to you. Miriam, my daughter, you have given this sister every benefit of the doubt, every acceptance, every chance to move on a forward path with you as her friend. Any shortsightedness on her behalf does not reflect upon you or your efforts. You know very well that individuals can be offered help, but help cannot be forced upon them. You have made every effort and that is all you can do. Does this mean to give up or quit? No. This means to keep doing what you're doing – but take a non-emotional stance, if you can. In the 'calmness,' perhaps she will be more open. If not, then do not allow this to be your burden. Take what values and meanings you can and be about the Father's business. Does this help? (Miriam: Yes, Abraham. I love you so much. Thank you.) Abraham: And I, you. You're welcome. One more question?

HARRISON: Abraham, concerning universal laws, how many are there and, can you name them? [laughter.]

ABRAHAM: The laws that you learn in mortal experience are about one-third of what we will learn beyond in the morontial life. It is as you experience life that you learn the laws. I would be of no help teaching on laws that you have not had the experience to understand them by. Good question though, Harrison, my son.

With that, I will take my leave. Know that with each week that passes I am with more love for you. Until next time, shalom.

Allowing Liberation Of Others | Spiritual Liberty Is Freedom To Experience

Back

I am ABRAHAM. Greetings. What an energizing spirit we have here this evening. I can literally feel life flowing. I am always amazed every day at Father's careful attention to the small details in life. I am with a full heart to know He is overseeing my every need. I feel peace knowing He is my source of all I need. I feel truly liberated by Him because in Him I can do all things.

As a mortal man before my enlightenment, I was trained according to the customs of that day. I was made to believe in many man-made laws. I held closely to superstition and had a great fear of the unknown. I was taught that life's sacrifices were pleasing to the gods. Pain and punishment seemed to be my key to the kingdom.

Meeting my mentor and friend, Machiventa(Melchizedek), truly liberated my mind from many misconceptions. I felt not bound by man's laws but leaned more towards learning about God's. To have spent time with such a wonderful teacher taught me that I need not sacrifice anything or bribe the gods for favor. To know Machiventa and to understand the kingdom, truly liberated me.

Many churches have taught its members to not trust in themselves. They have taught they are bound by the animal-self; and if they do not perform certain acts (requirements) then surely they will not be received in the afterlife. To really know Father is to be truly liberated from this thinking. Yes, many experiences you had as a youth have bound you to take certain actions in life's events. As one experiences and matures spiritually do you find spiritual freedom. In spiritual freedom, the mind and heart are opened to divine information.

A couple whose marriage is sanctified in a religious institution may find out years later the marriage was a mistake and they live in daily turmoil and unhappiness; the religious laws of their church keep them bound in their unhappiness. But is this really God's law? Does Father wish for you a life of inner turmoil and unhappiness? No, of course not! Father does, however, want us to have experience – to be open to his divine leadings and to use all our mortal resources. In trying, over and over during these relationships, and when you have still not succeeded, then does He want you imprisoned to an unpeaceful life? No!

Spiritual liberty is yours for the taking. It is not about religious traditions and life sacrifices, but about being free to experience, learn, make mistakes, make corrections.

This week, I ask you to 'go within' and ponder those things that keep you imprisoned, that keep you from feeling free to experience the universe, firsthand. The rules of integrity still apply, yes, but they are not to bind you – they are to cause you to be responsible as a cosmic citizen.

We have discussed the integrity of spiritual liberty and being at ease to enforce spiritual liberty in your own life. I would also like to add – allowing others to also experience their spiritual liberty. Visceral debates have always come from differences, whether it is politics or religion. You have every right to your

thoughts and opinions and to seek out your own inner guidance, 'as does your fellows.'

Allowing a brother or sister their liberation to think and feel as they will does keep the lines of communication open in that there are opportunities for spiritual ideas to take root and grow. To shake a finger at your fellows saying: "You are not understanding this topic, please look at it my way," causes defenses to arise. Really, no one has any right to minimize your experience, your opinion, your personality, your way of thinking – and with the 'law of spiritual liberty' you have not the right to take it from them. Yes, this does tie in with the lesson on acceptance.

Even the celestial administrators did not stop a onetime brilliant son (Lucifer) from his act of rebellion and right to free-thinking and self-love. These celestial caretakers allowed events to naturally evolve. They allowed him his liberty to keep the lines of communication open. Of course, those sons rejected it – but as you know, all played out to contain meanings and values.

All of us, from the lowest to the highest order of citizenship, wait upon the will of God. Allowing spiritual liberty and natural evolution gives Father a chance to minister. It gives ascending souls the right to experience and choose for themselves. It keeps a natural flow of spiritual current pointing towards the good. I have time for a few questions.

SIMON: Abraham, I have a question regarding more specifics regarding my commissioning and what I can do to bring about the concept of the place Dalamatia? [Editor's note: In these days, as often is the case when new revelation to this world is forthcoming, there were some in the Teaching Mission who were claiming to 'receive instruction from On-High' regarding this or that – which didn't seem legit to many others within the Mission. At a recent gathering with some Florida Teaching Mission members, there was such 'new' instruction claimed – which posed some concern with many others. Simon's question was regarding his receipt of such instruction. Mission participants were advised by our celestial Teachers to use one's Spirit of Truth, and logic, to decipher what is truth from that which is mere wishful-thinking, miracle-seeking, or grandiose-maneuvering.]

ABRAHAM: I am told to stay away from that subject. I have no doubt, Simon, you are spiritually led and can understand where your focus needs to be. You are receiving experience that leads you to spiritual maturity and I will stop with that.

CALVIN: Abraham, I would just like to welcome some guests for the record. We have Warren Smith here for the first time; he was first with Rita's Urantia Book study group. Also, we have with us tonight from Costa Rica, David and Susie Butterfield.

ABRAHAM: Welcome. Have you, questions?

SUSIE: Abraham, I don't think I have a question so much as to say how blessed I feel to be able to speak to you. I have very much appreciated your lessons and, I am grateful to have been given the gift of the Teachers. If you have anything to say to further me along my path, I'd be grateful.

ABRAHAM: Most certainly, my daughter. I also return your kind words and give you my gratitude for your dedication to this work. I believe you know that your experience has trained you for the spiritual gifts you have today. I am told that you have taken in a great amount of spiritual information. Sometimes this can lead to imbalance or disappointment, so I would also ask that you balance that information with humor and reversion. You know within for yourself what is right and true. Do not be thrown from your path by the lures of mysticism or pastures that may look greener. Overall, my daughter, you do wonderfully and your sweetness of spirit leads others to want that same closeness with Father that you have. Have you a desire to transmission-receive here this evening? (Susie: If it is Father's will.) Abraham: Very well. I will take one more question.

DAVID: Hi Abraham. I have read about you since childhood. I never dreamed I'd see the day when I had the opportunity to speak directly to you. Thank you for your presence, and I want you to know that I have always felt you to be part of my spiritual lineage. Thank you! especially for the opportunity to be with you tonight.

ABRAHAM: My son, we have already spoken many times. You know me as well as I know you. I am also honored to work with you and I am inspired by your faith and dedication to a life in the Spirit. Yes, well done.

I am understanding another is to say a few words, so I will take my leave and leave you with my love. Until next week, shalom. (Alana's transmission via Susie from Costa Rica as transmission-receiver, was not recorded here).

Spiritual Liberty Is Not License To Self-Assertion, But Open Communion With God
Abraham, WOODS CROSS GROUP 03-26-2001
Back

I am ABRAHAM. Greetings. I am in understanding that you each had a full week of spiritual learning. I must say, to view your interaction together was touching and inspiring. We receive such great hope when we witness our mortal brothers and sisters at work for the betterment of the whole. You are learning the true meaning of spiritual liberty with one another. How blessed are we that Father should give us each other to learn greater truths with.

There are some individuals who see 'spiritual liberty' as chaos, possibly dangerous, as if 'anything goes.' But with the lessons on integrity, we find spiritual liberty to be a natural outworking of evolution. Liberty taken to extremes, of course, verges on possible default – but the 'law of spiritual liberty' tells us the more we understand about it the more we receive. Spiritual liberty is not license to self-assertion or the doing of self-will, no! but the open communion with God that broadens your view and encourages you Paradise-ward.

On the other hand, those bound by traditional religious values see spiritual liberty as an excuse to carry forth self-willed notions. Many believe the universe to be harsh and only out to limit who they really are. Many find that they are imprisoned by their understanding, their cultural upbringing, their bad luck – and really, this is true for them, they are always in fear of lacking one thing or another; they can always find some worry to dwell on; they awake each morning with a feeling of dread

and unwanted obligation.

How you feel upon meeting the new day is a good measure of your level of spiritual liberty. Of course you each have obligations, but those who self-imprison have nothing else but obligations; there is neither peace nor joy; there is not the enthusiasm or the intrigue of daily adventure; they look to God as a jailer who will see to their just deserts.

Those imprisoned in their narrow cell do not realize the door is unlocked. The more integrity you have, the more spiritual liberty you will receive. The less ego you exert, the more spiritual gifts you will receive. This is not a heavenly bribe, no, but just a natural outworking of the universe.

My friends, there is great joy to be had in spiritual liberty. Father, having given us the power to make our own decisions, holds so much value in us to understand what it is like to be without choices, or liberty to see, grow, and act as you see fit. Father bestows upon us personal power that we might eventually grow to know and find Him. He does not limit our choices or imprison us with rules, but trusts us to evolve as we will.

To have no choices (or liberty) would be confining, and stagnating the soul. To constantly be imprisoned by worry after worry is slowing spiritual progress. To feel the freedom of making your own decisions is giving the soul permission to search, learn, and grow as it will. When you are using spiritual liberty, you feel not your mistakes to be so crushing, so embarrassing, and you need not be so hard on your growing soul.

Spiritual liberty is extending that mortal vision to capturing a broadened divine view. The joy from this, my friends, cannot be described adequately. Only by experience can you know the real joy of this freedom. And in the joy, you look forward to the day's adventures; you seek not out every negative thing; rather, you look for Father's daily works (Father's fingerprints); you see life is not so much a test of endurance, but a challenge to be savored.

We often think of the 'sons of self-love' and pity them for their narrowness of vision. They had liberty beyond their own understanding but, they chose the way of self. Their downfall was their limited patience, their need to always be first; and, to never be caught short or looking foolish. They could not release the imprisoning self so that they could become more. The tighter they grasped on to themselves, the more they really decreased in all ways.

There will be times of confusion for the planet as a whole concerning this 'law of spiritual freedom,' and you will each have opportunity to temper the confusion with wisdom and common sense. You will have the option of seeing your duties as either a burden or as a challenge. You can crawl through the lowly trenches of the mortal life, or you can rise above and walk tall where the view is clear and the horizon is broadened, yes.

This week, my friends, journal upon rising to greet the new day: How do you feel? Are you immediately focused on the day's obligations? Do you wake and greet Father

with anticipation of the day's adventures? Are you filled with dread of the new day? or are you excited to participate in it. Ponder your own self-imprisonment – how would you otherwise feel if you had no worries?

What would it feel like to have no daily goals but just spend the day being in each moment and acting from a standpoint of spiritual liberty? Yes, journal this week about what self-assertion means to you and how you can learn to relax and receive more peace from learning patience.

That is all for this evening. I take my leave, but first I would express my love and gratitude to all of you. You are most certainly a light on my eternal path. Until next week, shalom.

The Grace Of God | Reconciling Self With The Ways Of The Spirit | The Triumph of John the Baptist

Abraham, WOODS CROSS GROUP 04-02-2001

Back

I am ABRAHAM. Greetings. Every day I exist I find myself closer to our Father. The more I release, the more I receive – even as my words (in these transmissions) cannot begin until I am really listened for. In other words, expectations and desires must be released for my words to come through. I find this 'giving and receiving' fascinating. Father has bestowed upon us spiritual liberty which gives us the freedom to do as we will – and in that, we find the grace of God.

As a child, we all remember being rescued from some sort of distress or another. We remember the relief we feel as we are picked up and pulled from our discomfort. Even now with our free will, we do not always choose the way of Spirit. In recognizing the law of spiritual liberty, we can receive experience regarding the gentleness, kindness, and the grace of our divine Liberator.

We have seen, firsthand, Father's all-pervasive power. At this point in your spiritual education, you know Father can move mountains. In some religions, members fear this 'all-powerfulness' and Father is seen as a harsh judge. In the mortal life, where tension is rampant in every aspect of our experience, we forget how to be gentle, kind, and graceful.

Father does teach with ultimate Fatherly abilities, but we fail to see His gentle kindnesses that act as a light in the dark. He is not an abrupt Father who would rush in to spank an erring child; He is not a spy who watches your every move for mistakes. Father is not looking to bestow your lessons upon you with crushing blows. His patience calculates the best method in which to educate, comfort, or guide you.

When you think back upon your lives – in your darkest hours when you believed you could not take one more of life's harsh blows, something would present itself and bring you relief, comfort, and hope. Something would bring you the faith that hard times will not always be upon you; and, the knowing that 'change is ahead, yes, and I can rise above my inner turmoil, self-pity, and hopelessness.

What is that gentle relief that came as a helping hand in the darkness to pull you from your despair, from your troubled mind? It is the grace of God, my friends! the

love of a Father for a child who gently teaches and guides; a Father who revels in every moment of just being with the child. Our Father enjoys watching the growth – watching the child begin to comprehend and take steps on their own. This is spiritual freedom – our all-powerful Provider assisting His children to grow with kindness, love, logic, and liberty. He rushes us not. He bestows no time limits upon us.

Many say: “Where was the Father's gentle kindness at the end of John the Baptist's life? – where was his relief?” Were you there you would have known John's relief – the ministering angels that filled him with peace; and, the knowledge that he had a hand in the worlds' destiny. John knew a comfort that many do not know when facing uncertainty or death. John had the peace of knowing that he was only at the beginning of his work, and that cessation of the mortal body freed him to go on to work other positions. Even in death, there was relief. Even in prison, his soul was free.

Did John lose hope and have despair? Yes, of course, at first! But with prayer, and his eyes ever turned heavenward, he found answers to his questions that no man could answer. He had surrendered all, to gain more. He had not the question of: ‘Why me?’ but the confidence that: ‘It is me for a reason, and I am honored to serve.’

How do everyday people endure some of the worst occurrences life has to offer? Do they ache with despair and lose hope? Most, at first, yes! but everyone is free to make choices and to choose – the ‘way of self;’ or, the ‘way of the spirit.’ We will all learn to reconcile the self with the ways of spirit. Reconciling takes time and patience. It takes emotions and some mindal turmoil, no doubt – this is part of the mortal adventure. But as we learn to view the mosaic of ‘spiritual liberty’ we see it is patterned with divine grace.

This week I ask you to study on grace – and ponder on how you handle everyday occurrences. Do you force ‘your will’ and ‘your way’ to solve difficulties? Is explosive emotion the only way to settle differences? How will handling even the most difficult occurrences ‘with gentleness and grace’ alter destiny?

This week, journal your accounts in which you see the grace of God in action. How do you feel when you have been picked up by your Father and made to feel relief and comfort? Know that as each week passes by I am with more love for you each. Until next time, shalom.

Law of Spiritual Liberty | Serenity in Simplicity | Not Allowing Self-Imposed & Societal Pressures

Abraham, WOODS CROSS GROUP 04-09-2001

Back

I am ABRAHAM. Greetings. I do so enjoy watching you discuss, organize and plan events that further the growth of the Teaching Mission and the kingdom of God here on this small planet. We are discovering that we each live, work, play, and learn best when there is no pressure. Ideally, someday you will discover the full meaning of spiritual liberty – and that time really has no bearing on our eternal path.

In today's mortal life there are deadlines, schedules, quotas to meet and ever

strive to beat. In a world where material goods are so valued, you can see how everyone moves, lives, and has their being in a constant striving for attainment of 'more' and 'better.' Economic issues are important in a material life, certainly, but when society revolves around this 'striving to attain,' the pressures can be unbearable. Pressures from employers, families, friends, society, cause a number of physical and mental ailments. Where is the freedom in that?

Does spiritual liberty align with the material life? Yes, if you want it to! Does the universe realize your needs and help open doors to new opportunities? Of course it does! Can you force these opportunities to occur sooner than they should naturally evolve on their own? This is pressure, my friends.

Pressure is losing sight of real priorities. Pressure is complicated living and always making one feel like they can never do enough, never have enough. The pressure keeps one in a state of continuous want – you never really ever have satisfaction of 'having' or gratitude for 'being well taken care of,' you only see that you are lacking and 'without.'

In this complicated world we have forgotten the serenity in simplicity. Even when one chooses to be of service to their fellows, they often feel not the joy in serving but the pressure to 'hurry and serve, and be done with it.' They feel the pressure to squeeze in as much service as possible as if it is buying a seat at Father's table. The purpose in serving, my friends, is to connect with Father, to feel the Father's joy and grace working through you.

Bombardment of social fads and advertising tells us that only if we 'do this' or 'have that' will we really fit in and really be accepted. The tides are changing where the spiritually-minded will say to these social fads and advertisings that: 'No, we will not be pressured to keep a certain level of success. Father is our goal. Our ever-striving to attain Him is our focus. His grace and working in our lives is our success.'

In understanding the law of spiritual liberty, know that only one's self-imposed and/or societal-imposed pressure limits you in attaining the true desire of all people. How are you pressured by the world? your family? peers? your employer? What integrity have you sacrificed for the striving of what the world deems valuable? What small steps can you take in relieving yourself of such pressures? It's all in your perception, my friends; it is how you see the world; it is in your perception of what 'you think' is valuable. Yes, "Where your treasure is there will be your heart also."

In returning to simplicity – how much more time will you have to devote your attention to those things that really matter? Said Jesus: "My yoke is easy and my burden light." Father does not put upon you near as many pressures as you put on yourselves, or as many as you put upon one another. Find time this week to cleanse your life of these pressures. Journal those small steps you can take to make a real difference in how you can simplify and change your perception of everyday living.

I am aware we have need for an assessment (Miriam's husband, Don), and then I will take a few questions.

My son, Don, you have dealt with a great deal of hardship, and I must say I have seen few with the grace you emulate. Your patience in life is an example for all to follow. I see you at this point in your life as one feeling a need for a closer connection with Father – you seem to be worried from time to time if you should do more to connect with Him. Don, my son, I see you as one who is very close to Father, and you do have the best of intentions. You do not always do right by those intentions, but neither does most anyone else. Have not worry, and make allowance for your mistakes. Do not be so hard on yourself, because Father isn't; He is not counting strikes against you, but ever calling out to you to assist you in this life. You do have some emotional buildup and resentment that has accrued over these many years. These are easily resolved with journaling and self-honesty. Be not afraid of what you discover, because no matter what has happened you have been, are now, and always will be, a child of God. Be observant in life's daily events for there are wonderful lessons therein. That is all. Are there questions?

HARRISON: Abraham, I have two questions. One: I am feeling like there is a change coming I guess in my professional life. I don't know if that is a change that I am trying to make happen, or if it is something that Father is leading me toward. If it is something that Father is leading me toward, I would appreciate any counseling in that direction. Secondly: Is there a universal law that would apply to the lesson you gave us tonight?

ABRAHAM: First, my son, Harrison, I could not know of any occupational changes ahead. Father may set before you opportunities, yes, but the choice is strictly yours. He has endowed you with logic and liberty to reach the conclusions that are most spirit-filled. Yes, the second question – spiritual liberty is the law that we are focused on now. There is such a delicate balance in our teaching the 'liberty' of living a life in the flesh. There is always a chance for default in spiritual liberty; and yet there are so many who live in great limitations where one can go from 'taking advantage' of this liberty, to 'not utilizing it fully.' Does this help? (Harrison: Yes, and thank you.)

SIMON: I really enjoyed your lesson. It answers a lot of questions that I have been going through, and gives me a lot of strength to move forward. I wonder if you could speak some more along the lines of making my life simpler and undoing all the things that I have done for many years to make it complicated. I feel like I have been a person who does things kind of in spurts, as far as energy goes, and then I run out of energy and find a need to have to regroup. Maybe you can talk a little bit about endurance and the energy to endure.

ABRAHAM: I would first say that many complications in living arise out of ego. There are things that have happened to individuals that have hurt them deeply, and many will spend a lifetime in pursuit of things that will facilitate healing. As you mature spiritually, you realize those past painful events were actually valuable and have brought you to your maturity. In maturity, we can release those ego cravings in favor of a more satisfying soul fulfillment. My son, Simon, I do see you getting very enthusiastic over a project and your mind thinks faster than you can act – this is an overuse of energy. Yes, learn to pace yourself and have the acceptance that if something is God's will and for the good of all, it will come about. You will be

given ideas on using your human resources to help to complete the goal at hand. Do not spend your thoughts on the outcome of things. Learn to take joy in each individual step – for in the steps, there is Father. Is this helping? (Simon: Yes, thank you so much. You are wonderful!)

MIRIAM: Abraham, I want to thank you for this lesson tonight. It is literally, just like an aspirin. I'm not asking you to say anything because I know you are running late. It just blows me away that you know what we want and need, and how you put that into the lesson. It is just what the doctor ordered. Thank you.

ABRAHAM: I wish I could take the credit (laughter), but many who are unseen are involved in each week's lesson, and there is a great deal of love and care for each one of you. I also express to you each, my gratitude for your ever-expanding dedication to Michael's Mission and the Correcting Time. Well done, my friends. I leave with my love and appreciation. Until next week, shalom.

The Law of Abundance, Spiritual Abundance | Integrity in Abundance
Abraham, WOODS CROSS GROUP 04-16-2001
Back

I am ABRAHAM. Greetings. I am so uplifted by our ever-growing connection to each other and to our divine caretakers. As of late, you have celebrated the risen Master. While this holiday is focusing attention on our Lord, it still is surrounded by many misconceptions. Many believe He took the worlds' burden upon Himself and died to bring you forgiveness and salvation.

The Master did not die for you, no! but He came back for you. His resurrection gave us the promise of life everlasting and showed us how well we are watched over. The risen Lord showed us that the mortal life was a continual fragment of eternity, and how we can live our lives from that perspective instead of believing everything mortal is only temporary.

Regarding the law of 'spiritual liberty,' we have discussed the aspects of integrity, grace, and returning to simplicity. We find it helpful usually to now move on to the law of abundance. In really learning to simplify your lives, you are uncovering your true selves from all the mortal debris.

We have come to the realization that, yes, life is difficult; and that is not really such a bad thing because meanings and values come along with it. It is easy to forget one of the Master's promises: Said He: "I have come so that you may have life and, have it more abundantly." We learn that through the grace of God His tender ministries make all our striving, well worth it.

In the busyness of the world, we forget to take notice of Father's abundance. Some see Him as a harsh Father, one to send down upon them hard lessons so that they may become strengthened and grow toward Him. That is not so much true, as things do naturally occur in mortal life, yes, and Father will draw out the values and meanings therefrom. Truly though, He wishes for us to have supreme joy and spiritual abundance. Those on high, including the Celestial Overseers, work for this; they want us to perceive the good in life and create an energy out of it.

Joy and peace should always outweigh pain and sorrow. Faith that rests on an unstable foundation finds it hard to believe the universe works for our good. There are past experiences that would tell us we are of little or no value, so some do not really believe they are deserving of the better things in life. Love, friendship, material well-being and good health, are out of reach for them.

When one is believing they are undeserving of this abundance they tend to subconsciously sabotage their own well-being. A wonderful and positive thing could be staring them in the face and they are suspicious of it. They can hardly believe that these good things are their birthright; are the promises from our Master.

A man who has grown up in poverty may be suspicious of any so-called material luck that chances to come his way. In the feeling of being undeserving he might subconsciously take his new-found wealth and waste it, for that seems normal to him.

A woman who meets a man that she falls in love with might be suspicious of this seeming good luck because her male influences in the past were poor examples. She may constantly test the man for his loyalty, which will eventually backfire because he will become weary and give up trying to win her over.

Are there past experiences that block you from life's abundance? Are there ways in which you may sabotage your happiness? Even those who have beliefs they are spiritually on target can delay their progress by these feelings of unworthiness. Father is no respecter of persons; He sees to each child's happiness – if the child will let Him.

Again I mention the value of integrity 'in abundance' because certainly, you cannot request Father to pay your bills if you are not willing to work. You cannot request Father to keep you from getting disease if you abuse your body. Father works with us in our efforts to create our own abundance. "Where your treasures are, there will your heart be also." If you are putting value in selfish gain, then I doubt the universe would be of assistance.

You can find a great deal of abundance in service to others; but should you only serve to receive abundance then certainly this alters the outcome. Should you find yourself exceedingly joyful in just serving, then will your connection with Father strengthen – and you will naturally see, spiritually, abundance in all aspects of living.

This week I ask you to journal down 'where do your treasures lie?' Contemplate your understanding of self-worth – perhaps it is too little, perhaps it is too much. Think about what you would give back to your own planet and its people. In service you are more likely to lose self, and abundance is naturally noticed. In the sense of gratitude, you are creating an energy of positivity.

Remember the apostles of old and their fight for a place of preferment in the kingdom. Remember how the Master washed each one's feet as if each were all the same foot. Allow the Master to show you His abundance, His tender mercy, His generous ministry, and His unshakable divine love for you. That is all.

As always with each passing week, I find myself with more love for you each. Until next week, shalom.

The Boy and His Good Teacher | Abundance In Experience AND In Teaching
Abraham, WOODS CROSS GROUP 04-23-2001

Back

I am ABRAHAM. Greetings. I am once again grateful to be here with you, my friends, my fellow co-workers, my family. I am grateful because you have each added to my abundance. You have allowed me to be my true self, be that good or bad. You have allowed me to be a part of you which has given me valuable experience – that is abundance. As you mature spiritually, you find experience to not be so traumatizing but adding to who you are now and who you are becoming.

There once was a boy who had a particularly strict teacher. She seemed to never let up on the lessons and he found himself in constant striving. The boy grew weary of these lessons, but the teacher kept encouraging him – patiently going through each lesson step-by-step. Even though the teacher was quite patient with her young student, the boy found her tireless and almost to the point of her punishing him.

The good teacher taught because she cared about her place in the world. She genuinely loved and enjoyed the children. She cared deeply for the world's future and wanted to add to the world's success by the student's lives she touched. She taught not for respect, prestige, or for a show of power – she pushed the children enough to make them believe in themselves; she gave them faith that they were important, intelligent, and had abilities.

The boy, who is now a man, thinks of his teacher fondly and is overfilled with gratitude and awe at her dedication. He recognizes she added to his experience; therefore, participating in his abundance. He remembers that the teacher never ridiculed, and allowed him to make mistakes without fear. She allowed the children to grow at their own pace.

The teacher took such joy in the children's advancement, and this increased her abundance. The children received the benefits of her knowledge, and this increased her abundance. The man now, who was that small boy, takes his valuable experience from that time with the teacher and passes it on to other children and adds to their experience – their abundance.

I cannot emphasize enough how valuable everyday experience is. You either add to other's abundance, or you deplete their energy source; you correlate experience with others which creates lessons and new soul growth. Even negative experience with others can create an abundance in knowledge – spiritual and otherwise. Many are afraid to be open to sharing experience for their lessons may be painful and they see not the value. And some come to share experience for self-gain without thought of others needing to receive also.

In the mortal life you will most likely experience the full spectrum of the required experience. Even the Master experienced many bestowals to gain full sovereignty of the universe. At some point in this life, you will know every aspect there is to know – from extreme sorrow, to supreme joy; from an empty cup, to a cup that

overflows; from divine love, to mortal loneliness.

There is no escape from experience if you should desire to advance in things spiritual. This requires experience. Experience is your abundance. If you should bravely face all experience, you are open to receiving those required lessons to advance spiritually. Remember that in sharing your experience, to allow others to stumble. Make it not your duty to always correct. Encourage, yes. Correct, no. Focus on the positive, yes. Point out the negative, no.

This group has had a great deal of valuable experience; this has added to each one's abundance. Even the negative experience was filled with needed information to keep striving, keep reaching for improvement. Your relationships are wonderful teachers.

This week, focus on 'abundance in experience.' How much experience do you purposefully avoid because it will either lead to your disappointment and sorrow or, cause you to have to do too much work? Strengthen your connection with those you know and be a provider of abundance for them. I speak not so much of material abundance, but spiritual companionship and being a light of encouragement. When you feel you are putting forth effort in service – do you hesitate to contemplate the cost? Or, do you serve for the strengthening between you and Father. Again, where are your treasures?

That is all. No questions this evening. I would have you know you have each brought me a great deal of abundance and I am grateful. Every week I am with more love for you and more desire to also serve you. Until next week, shalom.

Abundance Is Not Gifts From Heaven To The Favored, But Knowing You Have Responsibility To The Whole

Abraham, WOODS CROSS GROUP 04-30-2001

Back

I am ABRAHAM. Greetings. How blessed I feel to be included in your lives. You each add to my experience and overall abundance. Our Correcting Time is designed to utilize the whole. No one person, or a few people, will carry the Mission single-handedly. No special honors will be given to the seemingly devoted. No transmission-receiver can take credit for delivering the Teaching Mission to the hearers. Without the participation of the whole our Mission would either fail or be delayed.

The gift of your energy and good intentions does bring my words to you. Your integrity and thoughtfulness of using these lessons to benefit the whole is what brings us success in expanding the kingdom. Even those individuals who feel they have the smallest of parts are crucial to the progress of this epochal era. Your willingness to really work adds to the abundance of the whole. Your service adds to the growth and expansion of the God-in-time – the Supreme Being. You are a co-creator in natural evolution.

Many individuals find it too difficult to put themselves out in service, or have not the feelings of confidence that they can actually handle difficult tasks. Some choose not to put themselves out there in experience and then they wonder why their life is neither here nor there and nothing of significance seems to happen; They put

forth no love, and therefore, they receive no love. They make no effort to give service, and find themselves alone when in need.

You that have chosen to live this mortal life to the fullest and 'drink the cup' of 'come what may,' will give and receive; you will experience and participate; you will be a designer of destiny – an architect of the future. The 'reserve corps of destiny' may have to work a bit harder; you may have to take on a bit more responsibility; you may have to exert less self and promote more spirit.

Abundance is not gifts from heaven to the favored; it is not being bestowed with the way of ease; it is not Father enticing you to do His bidding, no! Abundance is knowing you have responsibility to the whole in a way which you have to make effort towards for the overall betterment of the kingdom. We work for the good of one another. Your abundance is my abundance. My growth is your growth. You add to my experience – and I, to yours. Your joy is my joy. I know you each realize this life does require a certain amount of effort but I say, always should joy and happiness outweigh sorrow and tribulation.

This week, when you are called to do a difficult task and you are apprehensive, pause for a moment to consider the spiritual ramifications of participating. Be observant. Consider the possible outcomes. Look with the eyes of the spirit. Ponder – is your participation bringing personal growth? growth to the Teaching Mission? growth to the kingdom? perhaps growth of another?

Father's assignments are filled with intrigue and mystery – and they are either fearful to you, or adventurous. You can participate and perform your responsibilities and add to the progress; or, choose to wait on the sidelines and let life just happen around you. When you choose to forsake your own needs in favor of participating in other spiritual tasks, or tasks of any kind, then always does Father see to ministering to you. He does not let you overlook those important things that help you to move in this mortal world. As you choose Father's work, He chooses to work for you.

This is not to say He does not work for you should you choose to just stand-by – but the lessons are altered, and you learn the same thing in a different way sooner or later. I understand it is easy in this mortal life to become set in same habit patterns; it is difficult to move from your level of comfort. As you become more spiritized and comfortable with your status as a child of God you gain more self-confidence to be seen, to be of service, to go forth and be assertive with your spiritual responsibility.

As you mature spiritually, you do find that you have not traversed this life alone; many have added to your experience and helped you to become what you are today. Good or bad, all the experience was valuable. Be not afraid to go into experience, but be observant. Take notes and help Father show you the values, meanings, and abundance from the average mortal life. I do understand there are times when one feels closed-off or not in a position to be outgoing, and this is acceptable. Take your rest and worry not. You will regain your momentum and once again feel like plunging headfirst into experience, yes.

That is all. No questions. I will take questions next week. This week, I ask you to find a quiet time to journal and hear for my words. I would wish to have a short time with everyone for a personal greeting and to practice the transmission-receiving method, yes. Know that my love goes with you. Until next week, shalom.

Compassion Should Come Naturally, Not With Any Thought of Seeking Notice

Abraham, WOODS CROSS GROUP 05-07-2001

Back

I am ABRAHAM. Greetings, my friends. I am always touched by your acts of compassion for one another. When one is weak, the others support. When one is sorrowful, the others are available with an open ear. When one is afraid, the others are giving encouraging energy. What a brotherhood, my friends – quite beautiful to behold.

Learning about the universal laws becomes more understandable as you experience life – you begin to understand the need for them and have gratitude for this universal fairness and watchcare. Universal laws endow us with power, power to use for good or bad. We are partakers of time and doers in destiny. What we do and how we live really does matter and has an impact on universal wellness.

We are going to leave the subject of universal laws for a time and move on to other issues. Be watchful in your experience for other universal laws to reveal themselves. All our lessons are intertwined and used in the best manner to teach the varying groups. [Editor's note: There were many other Teaching Mission groups throughout the world by this time. Mostly in the US. Each group had their own morontial/supernal Teacher.]

I find it helpful at this time to say a few words on compassion. How beautiful it is to behold individuals helping one another, upholding and supporting; yes, it is wonderful to see. Your level of compassion is the measure in which you receive compassion back. To be truly compassionate we must stand in our brother's shoes; we must look through their eyes; we must find a heart-connection.

The compassionate soul longs to create lasting solutions for their brothers and sisters in need. To perform compassionate acts for the sake of being guilt-free because your fellows are in need is a misunderstanding. To be compassionate because you feel pity upon your fellows is also not quite right. Compassion is a heart and soul connection that says: "I am feeling what you are feeling. I see you could use some help." Compassion asks you not to sacrifice begrudgingly, no! but happens naturally, without hesitation.

Most of the time most people only wish to be listened to and understood – not pitied or pressured into various solutions, but just to feel that they are not alone. You in the Teaching Mission have great opportunity to allow Father to show Himself through you. You have opportunity to minister to your fellows now in a manner that you could not do before. The transmission-receiving process is becoming common, and instantly the compassionate person can put forth Father's words to aid in any given situation.

The compassionate person listens without underlying agendas or intentions. The

compassionate person is not tempted to bestow their wisdom to have others look upon them with awe. True compassion is feeling that you truly want to help without anything in return; it is wanting to help because of your expanding love for Father. The compassionate person inevitably grows closer to Father because of their pure intentions to be open to His words to help their fellows.

You can be encouraging and uplifting in your compassionate ministry without showing forth pity and disempowering individuals to feel unconfident and hopeless. You can validate their difficulties by relating to them your personal experience. If you have not personal experience to draw upon then certainly can you, at the very least, show you are interested in what they are saying. In your desire to want to help without personal recognition will you be connected to Father's words – His instructions for your fellows; His mind. That is ministry, my friends. That is active ministry. A few questions?

CALVIN: Abraham, in the beginning, you said that universal laws endow us with power to use for good and bad. It was my understanding that maybe the universe assistance would withdraw if our intentions were not for the good. Could you say more of what you mean on that?

ABRAHAM: Certainly. Even Lucifer himself had access to these universal laws, and through the promotion of himself he could benefit from the innocent by the manipulation of these laws. Father has bestowed us with free will and has given to us heaven and Earth. Those that use spiritual power for the benefit of all will receive more power. With more power comes more responsibilities, more assignments. This is of your choosing, of course, yes, but even Father did not interfere in Lucifer's reign of self-assertion. All played out naturally, and even that experience was valuable. Is this answering?

CALVIN: Yes. Thank you. I can digest further on what you are saying here, during the week.

ABRAHAM: An assessment before we are out of time, for Harrison: I see you are quite active in all aspects of living. I have not much new to report. You are going forth on faith and I would only suggest that you become more balanced with humor and play. Reversion activities are a refreshment to the mind and soul. Do those things that you love to do but do not make the time for. They do not necessarily have to be spiritual in nature, no. You are at a time in life where it is acceptable to enjoy life because you have a well-rounded understanding of it. Is this helping my son?

HARRISON: Yes, Abraham. Thank you very much. I would ask one short question: In my travels, sometimes I will stop and spend the night at a place where I will have bad dreams, and I feel like I need to get up and leave to get away from some danger, or some evil presence. I have done that on a couple occasions. My question is, should I stay and just let Father's light shine and face that fear, whatever it is, and not go running off? or should I move on?

ABRAHAM: One moment. I am told these dreams are based on the stress of the day and not to worry or fear. You are in no danger of being in an evil presence. Know that these fearful feelings are easily overcome with doing an activity that grounds you

back into your everyday foundation. Do those things that you usually do – read a book, converse with your wife, take a shower, watch TV – these things are grounding and bringing you back to your foundation of the intellectual, spiritual, and physical.

You each do well and I am in gratitude to the compassion and friendship you have shown me. My love goes with you. Until next week, shalom.

Balanced Self-Compassion Versus Self-Loathing or Self-Aggrandizement

Abraham, WOODS CROSS GROUP 05-14-2001

Back

I am ABRAHAM. Greetings. I believe you receive more insight from your discussions than you do from my teachings. My heart swells to overflowing when I see how you care so much about your fellows' and your worlds' well-being. To create such a compassionate balance in the world, everyone will need to participate. Every child is gifted in one way or another; those who are mostly intellectual will be brought into balance by those who are emotional, and vice versa. Where one is lacking the other can fill.

To have fellowship amongst you eases the everyday stresses of living in the world. Knowing your fellows are at hand makes the adversities of life more bearable. You strengthen one another. You uphold and promote faith for each other. Logical compassion brings about a balance among mortals that will carry them into Light and Life. Your genuine concern for others, your self-forgetfulness, brings more divine communication that guides and serves the whole – this truly is growth for the Supreme Being.

While self-forgetfulness is honorable, I would remind you of the scale that has balance; we have 'self-compassion' as the middle mark, 'self-loathing' on one side, and 'self-aggrandizement' on the other. Balanced compassion for 'self' means you need not constantly reprove yourself for mistakes. Some self-chastisement is acceptable as long as it leads you to desire to make more effort. Self-loathing remarks lead you to give up and not even make effort because the feeling of inadequacy is overwhelming.

I have noticed that many have neglected to feed the spirit, the element that makes you a distinct child of the living God. It is understandable that life is busy and there are many mortal tasks to complete. There are many goals to achieve that makes you 'successful' in the world's eyes. When one has neglected the spirit, the balanced compassion for self leans toward self-loathing, self-disappointment, losing confidence, yes.

A few moments a day in quiet reflection or observing the wonders of nature gives one mindal clarity. A small amount of time lost in the beauty of music brings one to a spiritually-centered point. An awareness of Father's works leading to a moment of supreme gratitude connects you to those spiritual circuits you need to have balanced self-compassion. In that mindset, you forget not to care for the body, mind, and soul.

How easy it is to neglect the physical needs which in the mortal life can disrupt other areas such as mental and emotional. Poor habits or diet can lead to imbalance, and that disrupts the mind and distorts the perspective. Ask yourself – how much time in your day is spent in unproductive stimulation of the mind? In this age of technology, it is easy to get carried away with external stimulation, mindless entertainment.

All that is required for balanced mindal clarity is a few moments per day in the silence. There is much more to gain in stillness than in the midst of chaos and over-stimulation. Reversion (or entertainment) is wonderful, and you should find a healthy balance for that, yes, no doubt – but remember to feed the spirit as well. Remember to allow yourself the gift of a few moments with the First Source and Center; He brings you back to a center of balance and realness where there is not room for fears, or imaginings, or doubts, or hopelessness.

Compassion for self, is allowing time for you to regain your spiritual, physical, mental, and emotional momentum. In this balance, you are in top form to fulfill your ministries; you are able to cope in chaos, stay clear in confusion, and provide assistance when and where it is needed. In a state of imbalanced mentality (or emotionality) your physical body begins a cycle of deterioration which leads to many illnesses. In remembering to have compassion for self you are returning to Spirit and allowing Father to put you back to where you should be.

This mortal life today is more complicated than I could have ever imagined in my day. I do feel you each have to contend with more than I ever did – and I had not the technology you do. Do not become discouraged with your shortcomings; it is understood this is a difficult world to live in now. Shortcomings are to be expected but they cannot, and should not, dominate your life-purpose.

In caring for your growing soul you are also taking care of the world. We tend to the soul to be also productive in the kingdom – that is usually our focus. We do not tend to the soul to fix broken hearts or bruised egos or to allow ourselves to lay down before our troubles, no! Patience and balanced ('compassion for self') is what we are speaking of, yes.

This week, find time for quiet moments and rest. Eat for life – not to fill an emptiness where Spirit should be. Play – find time to go outdoors. Yes, you must work and be diligent in your responsibilities. Do you see what I am saying? Find balance! Find ministry for the self so that you can also minister.

No questions this evening, I am due elsewhere. But know that with each week that passes I find myself closer to each one of you. My love goes with you. Until next week, shalom.

Beginning Lessons On The Brotherhood | Fellowship

Abraham, WOODS CROSS GROUP 05-21-2001

Back

I am ABRAHAM. Greetings. The energy in this room this evening helps my words to come through with more accuracy and clarity. I thank you for the prayer. Your fellowship is a wonderful sight to behold. You are learning to communicate – to serve, and be

served. We each add to one another. How blessed we are. Yes.

There are many examples in the world today of how some individuals use or manipulate others to become successful or seemingly be 'better than others.' Parts of society show that wealth rules! and other important things are set aside. It would seem that today's success is measured in dollar amounts.

Small groups like yours are setting a new stage of reality where the priorities are 'people' and their well-being. As this Correcting Time exercises, the muscles of the brotherhood are strengthened. The scales are becoming more balanced every day with actual proof that goodness prevails and God is real.

In this mortal life, you will experience everything you have to to progress Paradise-ward. You will have your moments in the sun, those moments of elation - moments wherein you can literally feel the presence of our Father. You know though, it is in your moments of deepest despair and loneliness that if you can still feel the Father's presence, then you can really call that, progress. Yes, how wonderful it is that in your darkest hours you have a friend at hand and to know that you are loved and cared for. How much more bearable can our despair be when we know there are our fellows close by.

In your trials of life you have the choice - to become beaten down by these trials, or educated by them. How blessed are we when our fellows can help us in seeing the lessons in our adversities. Therefore, know that to need your fellows is not a sign of weakness but part of the divine plan. To refuse service is not valiant, no. To never ask for help is not courageous. You see, your fellows also need experience in service. And as you connect with one another you are also connecting to the divine circuitry.

I say, you have not the realization how much influence or power you really have. The unification of the brotherhood will see your world into Light and Life. For the next few lessons, we will discuss the brotherhood and the simple misconceptions that build obstacles. I believe we are all in agreement that above anything else, comes Father. Right below that is the brotherhood or the Fellowship. If you have not friends or people you love and care for, what good is anything else? You cannot receive affection or energy or support from money, your job, your mortal dwelling, hobbies, social standing, or the fads of the day - but you can find God in one another.

You can be supported in your faith in Father, and in yourself as His child, through one another. You cannot be validated or upheld by a beautiful home or important status in the workplace. Those temporary fulfillment's leave you saying: 'Is this all there is?' These things will fade with the mortal body. These material things will die. The memories with your children, parents, friends - even strangers, will carry beyond this life and will hold values and meanings that you cannot find anywhere else.

In learning to live a balanced life we see the answer is clear - people, all people, are more important than those 'things' the world defines as 'success.' Our most difficult task in dealing with people is the ability to communicate. When there is

not clear communication, people seem to assume the worst. Your minds – each so different and perceiving things in so many various ways – understand and comprehend so differently. You could communicate one thing, but your fellows may take it entirely another way. Perhaps the tone of voice, the style of language, the attitude, may say something different than your actual words. A great deal of listening, and less speaking, is required.

As you begin to realize that your fellows perceive things differently from you, you realize they also have the same feelings as you. Yes, some are more sensitive, while others are more bold. But as you expand your minds to incorporate the diversity of personalities, you can better accept how each individual is and celebrate 'that' – not discard it for its difference.

This week, be aware of your communication skills. Do not leave conversations or discussions when you feel you are not in total understanding. Do not be quick to assume what others are thinking. Have discussion. The more you can understand others the less you will assume and avoid built-up resentment. Be not afraid to be honest, but remember your fellow's feelings. Think of the Master as He related to individuals; He was logical and yet loving; He was truthful but tactful; He was firm but friendly. He who would have a friend must show himself friendly, yes.

We will discuss more on communication skills next week. Until then I send you with my love and gratitude for your communication with me. Until next week, shalom.

Being Truthful, Tactful, and Kind In Our Honesty Helps In Open And Safe Communication Between Us

Abraham, WOODS CROSS GROUP 05-28-2001

Back

I am ABRAHAM. Greetings. I am grateful once again to be here with you, my friends. I appreciate how you accept me for what I am. You allow me my truth and make it very comfortable for me to be direct. I love the purity of our friendship. We have no hidden agendas. We play no mindal games. We seek not to take from one another, but to give freely, yes.

As humans grow, they develop various techniques to acquiring what they want. These techniques are clouded with falsities wherein they have lost the purity that spiritual brothers and sisters can attain with one another. Last week we discussed regarding assumptions individuals may conclude if we are not clear in our communication. In today's world of wheeling and dealing, manipulation and seeking ego-gratification, we have lost the art of simple and genuine communication.

As small children, we learned that simply asking for what we desired did not work. We learned various techniques to talk others into what we desired. Of course a wise parent cannot grant their child's every wish because some of those wishes are harmful. Nonetheless, the child pads the communication with impurities and the beauty of simple truth is practically lost.

Many mortals have learned that to request fulfillment of certain needs requires mindal games, such as empty flattery, aloof attitudes, and phoniness. We often seem to have lost the courage to state the plain and simple truth; but rather, blurt out

the truth that, of course, is our own version – and then we expect others to be able to relate with what we are saying and fulfill our needs.

A wife who is angry with her husband for example, may not come right out and state her problems. Instead, she may choose to be silent or be short with her words; or deliberately do things the husband does not like. The simple art of communication would enable her to state her difficulty with her husband– honestly! without padding or game-playing. Those who have been married many years have learned to use this communication manipulation because they feel they are no longer really heard or taken seriously.

In a manner of speaking, mortals train one another into using this impure method of communicating. Regarding the couple we are speaking of, the husband knows and recognizes his wife's communication-manipulation, and he has his own impure methods he uses back on her. In this, no understanding is reached, and resentments are built. The plain and simple truth is lost; the compassion is lost. There are only defenses – manipulate and out-manipulate.

This week, I ask you to look at the levels of purity in your communication. Attempt not to resort to game-playing or manipulating to be heard. Instead, truthfully (and with kindness) state what you are really feeling and thinking. Do this as if you are not only discussing the difficulty with the person – but also, their indwelling Father-Fragment. You would be surprised how many individuals will appreciate the simple honesty and your daringness to be truthful.

Communicate your feelings. For example: "I am hurt when you do this." Or: "I feel without value when you do that." Do not blurt out your truth as if to accuse, no – for example: "You always speak so negatively about me." Instead, say this: "I feel hurt because it seems that you speak so negatively about me. I feel without value. I hurt to be without value in your eyes." The plain, pure, simple, honest-feeling truth – is opening, expanding, creating healing.

It is unpopular in this day and age to expose any vulnerability of self. When you do dare to expose this softer side of yourself, you speak to people's basic sense of compassion. This makes them feel comfortable to be open and honest in return; you literally open their attention – and, they are better able to really hear what you are saying. To create this ideal brotherhood on Urantia, the game-playing and energy-manipulating, needs to cease; and pure feeling/exposing, needs to increase.

Communication is an art. To gaze into your fellows' eyes and feel a divine brotherly or sisterly connection, is connection to the divine. "Where two or more are gathered, there am I also," said Jesus. Communicating should be a feeding of energy, a nurturing of souls – not manipulation to have your way, or to change another person, no.

When you observe small children at play, they seem to be so honest – so in the moment; so happy to be with one another. When children come in from play it is not long before they are requesting to go back out again. Friendship is a natural divine energy source, and a buffer from the brutality of mortal living.

This week, my friends, remember the pure communication of a small child. Be tactfully honest and appeal to your fellow's Adjusters (that God Fragment within each), as well as their hearts and minds. Seek to feed and nurture – not to rob, to gain self-esteem or ego-fulfillment.

I cannot answer questions this week, but I will be able to next week. Know of my appreciation for you each and the purity of our friendship. I thank you. My love goes with you. Until next week, shalom.

Do Not Limit Ourselves From Our Self-Perceptions Or Negative Attitudes

Abraham, WOODS CROSS GROUP 06-04-2001

Back

I am ABRAHAM. Greetings. I am always looking forward to seeing you each week because your new spiritual discoveries and your enthusiasm about them help me to view Father's works, firsthand. As I have known you over these years you have become very different people than when we had first started. The human mind is usually in a constant-evolving state; albeit seemingly slow, it is still changing and moving.

We have been discussing common obstacles within the brotherhood that seems to separate us. One of those obstacles we will speak of tonight is on the 'allowance of growth' – allowing change in yourselves and in your fellows.

Individuals who have known one another for many years become used to the same behavior and habit patterns. Upon first meeting and becoming acquainted with individuals, you are likely to form an opinion of who they are and you treat them according to your beliefs of how they are behaving. If a man is selfish, you are not likely to believe he can change and grow, so you treat him with limitations and are not likely to help him to move forward.

You can see a person who is in the public eye – how easy it is to accept the opinions of the news reporters about that celebrity. You have no firsthand knowledge of how this individual really is – but still, you are easy to form an opinion. How ease-seeking, so to speak, to form a simple opinion of other individuals wherein you either like them, want to change them, or leave them alone. Many want the support of their fellows as they themselves grow and change, but are not so understanding when others are to do the same growing and changing.

A parent who has a child who is a bit slow in learning may form an opinion and a plan that accommodates the child. The child then believes himself to be slow to learn and becomes limited to changing and growing. The wise parent, however, may see the slowness in the child but always be highly aware of new possibilities or avenues in which to guide the child.

Unfortunately, 'how you look in the eyes of others' is important to you and your growth as a person. We tend to keep individuals in a mold or with a label that keeps them limited to new growth and changes. If you have known an individual who was perhaps alcoholic and knew them as an awful person, but see them ten years later in recovery – would you treat that person as if they were that same alcoholic? or would you perhaps be open to their newness and be encouraging in their upliftment.

Some people simply do not change. Some do not evolve positively nor do well with new

growth. Some will stay in their same habit patterns – their same self-pitied/energy-stealing personality portrayals – and that is miserable, yes, but certainly acceptable in this mortal journey. You need not, however, be closed off to them and limit them in where they may find new growth or new avenues.

Certainly have you learned through becoming inspired, and in being showing a new and better way to all things, yes. You may never know how you touch people's lives by a show that you believe in them, you have faith in them, and are not saddled with the same opinion of them. I also say that you need not put these growth limitations upon yourselves either. You need not continue with the negative self-banter: 'here I go again;' or, 'I can't do anything right.'

Yes I say, do not close off growth. Do not limit your possibilities. A close relationship with Father will aid you in allowing yourselves, and others, to be open to new changes. You need not ever let the opinions of anyone keep you stuck repeating the same habit patterns. They will always have their opinions of you, yes; and it matters not so much what they think of you, but what you believe about yourself – what you believe about your status as an equal child of God.

Yes, close communion with Father is a shield against the negativity that may keep you limited. Know that Father wants you to experience this mortal life to its fullest – and, that you have abundance in all ways.

This week, instead of forming opinions or treating individuals as if they are stuck in the same behavioral rut, find encouraging and inspiring ways to guide them to a more positive light. Also I ask, do not limit yourselves by your small self-perceptions or becoming overwhelmed with what you believe to be self-inadequacy. You, my friends, are children of God; and we need to honor that with open, growing and changing minds. Have you questions?

CALVIN: Abraham, is there a balance – I call it the dance – somewhere in the middle of 'speaking up' and 'just letting things go?' I am sure you know what I am talking about.

ABRAHAM: It is difficult when feelings are so painful and the wounds are fresh. I know it is difficult, but to allow some time to pass is a good guideline for knowing how to speak up rationally. Also, sometimes the hurt feelings are magnified by unknowingness and assuming things are worse than they really are. At this time, it is good to ask questions and get some clarification of what the individual is really saying. The true pain though, comes from one's fear that what other individuals are saying about them is reality. It is a closing off in ego/attitude-balancing, and is shutting out possibilities for new understanding, divine communion, growth, and change. There are appropriate times in which to speak up, such as times of injustice; but a calm and clear voice will be heard much more than irrational screaming. It is also good to go back in your memory to see if there are other causes that have made present events so painful, and see that perhaps you are overreacting, yes. This time is difficult because you feel you dwell in this pain alone; but you know all too well that you have those spiritual assistants as tools to survive, yes. Is this answering, my son? (Calvin: Yes. Thank you.) Abraham: You're welcome. Are there other questions?

SIMON: Yes, Abraham. I was wondering if you knew who the two people were in the purple robes that I met a week ago last Thursday. And, what was their message about?

ABRAHAM: One moment. I am told they are only fellow believers, and it was you that delivered a message to them, not them to you. Your show of faith and willingness to learn was a wonderful example to them. They are coming up against lessons that are aiding them in acquiring a more stable foundation in spiritual realness. You are somewhat perplexed by the event because you were open to direct communication with your own Thought Adjuster. You were without any fear and more open to learning than to teach. Is this helping? (Simon: Yes. Thank you.)

TECTRA: Abraham, as we go about our days how do we stay more open to direct communication with our Thought Adjuster?

ABRAHAM: There is so much 'outside stimulation' that draws your attention away from the spirit. When you do not exercise certain muscles, they are prone to atrophy - even spiritual muscles. Study, stillness and fellowship, are wonderful antidotes to the overwhelming mortal daily realness. It takes commitment though, to the spirit; either you are in or out - committed or not! The half-way commitment is too difficult. When you have promised your life to divine ways, and then knowingly go about doing the opposite, then certainly are you going to be closed-off to the Father. You become disappointed in self, and also believe Father is thinking the same way; and your feelings of unworthiness pull you farther away. Everyone makes mistakes, certainly. Yes, there are moments of weakness, no doubt - but in the realization of your true intentions, you know if you have knowingly gone against the spirit, or not. You are not then prone to feel closed-off and away from God if you believe you have only made a simple mistake. Yes, in your commitment to a life of the spirit, then do you live what you believe. Mistakes, yes, certainly! but they are acceptable. But knowingly to go against that divine promise is closing off yourself from Father. Good question, my son.

VIRGINIA: I want to know if having expectations of having an eternal family are right, or is that my ego that wants that?

ABRAHAM: I am altogether not too sure of your meaning but I can say this much: From the religion you learned as a child, this has put various beliefs into your thinking that are sometimes difficult to be free from as an adult. But with your new-found spiritual adventure, you are becoming more clear in reality. There is a lot of confusion in the churches today, and the only way to receive clarification is to be open to living revelation. What you believe today may serve you today, yes! but be open to revelation, to receive divine information that may expand your beliefs. I know you to be a daughter with great faith and will carry a wonderful spiritual message all the days of your life. Your enthusiasm is contagious, and we are happy to know you in this Mission of our beloved sovereign, Christ Michael. Yes. Welcome.

I am slipping and will take my leave. I do wish to express my gratitude for your allowing me to change and grow at my own pace. My love goes with you. Until next week, shalom.

A Teacher Is Best When He Accounts Himself Equal With His Students

Abraham & Emulan, WOODS CROSS GROUP 06-11-2001

Back

I am ABRAHAM. Greetings. How wonderful it is to see you working and fellowshiping in alignment with your spiritual lessons. Your enthusiasm for the success of the upcoming conference is contagious. We on Michael's staff also have our agenda scheduled and are prepared to create as much spiritual upliftment as you allow. These life lessons that you live have given you the tools to be flexible and accepting, in combination with dedication and a commitment to truth. Well done.

The Teaching Mission has created quite the sweeping changes. We are all in amazement at the growth and are in such gratitude to the Caretaker of caretakers. When you think back to your greatest lessons learned, you have seen they have come 'through conflict.' You can get to see all sides of a person during conflicts. How easy it is as a mortal to plunge into the emotional during times of upset, leaving out rationality and incoming divine information.

(TR/Ellanor: Hold on a minute. Sorry about this. I couldn't hear him and then I could hear somebody else. Now it sounds like he is talking to somebody else.)

ABRAHAM: Correct. I am speaking with your friend and brother, Emulan, who will now address you.

EMULAN: Greetings, friends. I am so happy to be among you and be counted as a participant in this Mission. I had to learn through experience to reach where I am today. I was fortunate to have such wonderful mentors. All my relationships helped me to learn and grow as a person.

You each have something to learn from one another. When one is always trying to be the teacher, the learning is limited. In having a learner's outlook, you are open to those divine circuits that feed you incoming spiritual information; your outlook is always fresh and new, and the possibilities are endless. There is a great deal of satisfaction in being the teacher because most students tend to look up to teachers.

Students who rely mostly upon their teacher's words however, can limit their own incoming information. The greatest teacher is one who is open to being shown they can be wrong. A good teacher has as much respect for the student as the student has for the teacher. A good teacher sets not himself up above the students but works side-by-side in a co-creative effort to generate learning.

The planet, as a whole, is beginning to shift in thinking, discovering that no one human has all the answers or can be set apart as special. No teachers in my realm are set apart, different, or above any of their students. I have learned a great deal from hearing others' experience and the lessons learned therefrom. I have also learned from sharing and receiving feedback from friends, associates, and mentors.

I am so grateful to Abraham because he treats me like I have a great deal to teach him. He is an experienced and a wonderful teacher, yes, but sits with me side-by-side, and honors me as an equal. He greets me with enthusiasm as if I am an

important part of his life. He looks at me with the eyes of a father, opening up my own perception to my full potential.

All of the wonderful teachers I have known have made me feel I was acceptable 'as I am,' and has shown me a broadened horizon of where I am going. A small child can truly relate with an adult who bends down on one knee to eye-level, and makes attempts to delve into their knowledge. Small children love to talk about themselves. They feel the adults' interest says that they are important, yes, and on equal levels as far as a personal being.

Our Master also honored His fellows while in the flesh by asking them questions and taking an interest in their lives – making them feel they are an important participant in the world, and that what they do really matters. He did not squelch His fellow's vision but sought to broaden them with a divine logic. The Master loved to learn about people and was truly fascinated in how they became to be what they are.

In getting others to talk, the Master knew that divine connections were being made, that many individuals were discovering personal stumbling blocks and actually working through them. The Master could see where ego may have created problems in His fellow's lives and would tactfully redirect them to new insights. He was not forcing His own knowledge, no! but as the learner, His connection to divine communication was flawless. He had access to vast solutions and new possibilities, yes.

I thank you for having me this evening. I return you to Abraham. Farewell.

ABRAHAM: I thank you, Emulan, my brother. Be assured I have also received a great deal from you and your experience – your techniques of teaching, yes. I also count myself truly blessed to know you, my brother.

This week, my friends, practice personal interaction with your fellows. Recognize the difference in being a learner and, a student. What is the difference between a student and a follower? Practice being a director of new potential in your fellows. Strengthen your connection with Michael; and when you come up against those individuals who are deeply negative, you will be prepared to stay strong, stay inspired, and keep inspiring. Know that my love goes with you. Until next time, shalom.

Sharing Of Yourself Opens That Spiritual Circuitry Between Us | The Brotherhood
Abraham, WOODS CROSS GROUP 06-18-2001
Back

I am ABRAHAM. Greetings. Thank you for that heart and mindal-expanding prayer. Well done! [Opening prayer by Rob Crickett – visitor from Australia.] This evening I am feeling rather filled with gratitude, for all those things that really concern me seem small when I am truly connected with Spirit.

Our God is a giving God. He is generous in all ways. He is abundant with love and kindness, but also is He generous with those lessons, be they simple or complex, that lead us closer to Him, yes. In experiencing such kindness and generosity from a

caring Father, how can we not also want to be giving of ourselves? In the giving are you truly divinely connected.

What does it mean to be truly giving of yourself? The goodness from our Father flows through us like a current of energy, and we are filled with feelings of well-being and the urge to also do good. To be closed off, self-protecting, or too shy, is an obstacle to that divine flow of energy. You have each known individuals such as this; or, are such an individual – who loathes the sharing of yourself, your mind, your hopes, your dreams, and also your discomfort.

One who shares not receives not. What a lonely existence to be unwilling to be exposed for the creature you are meant to be. Many that cannot find it in themselves to be open and willing to share life with others usually feel themselves to be of no value. Our Father sees each child with extreme value, and each one is His beloved child.

In this brotherhood/fellowship, we must realize the importance of the giving and receiving of one another. In the sharing, there is learning and growth; there is literal Spirit circuitry connections; there is the possibility of Father being about His business through you. How many times have you learned from hearing another's experience? How many others have you helped from sharing your experience?

Do not be discouraged by those who wish not to share or are not open to hearing you. The Master wasn't discouraged but kept moving, being about the Father's business. Along the way, He always left His fellows with thoughts to ponder, or words of encouragement. Many did not share back with Jesus and it was not in Him to find offense, no. His self-forgetfulness and direct communion with Father had rendered Him egoless; therefore, His ego could not be bruised. Sure, His heartfelt sorrow was for those He could not reach or those who spurned His kindness, but He knew He had all the love He could ever need in His Father.

The Master, with His divine connection, was driven to be a fountain of good news with a free-flowing of love and inspiration. Jesus knew the Father's supreme desire is an unbreakable communion with each one of His children. Now that is something to rejoice over! That is a reason to drop petty concerns and anxiety! We have the universe at work for us. We have all the love we will ever need in our Father; how can we not be a fountain of good news?

This week, contemplate your willingness to be open to others – even if they seem harsh or indifferent; be willing to listen first, then share and find that spiritual circuitry. Think about the Master and His love for people, even those who despised Him. Think about His self-forgetfulness that led to His egoless-ness. In your moments of quiet time, make effort to find that flow of energy from Father and use it to serve and create lasting spiritual bonds with others. That is all. Have you questions?

SIMON: Yes, Abraham, I am very grateful for the lesson this week. It seems to go to the heart of a building and increasing love for each person I might come in contact with each day, each moment, as the day goes on. And, to look forward to that day with that increasing love for Father flowing through me, and to that individual I am

in contact with at that moment. I wonder if you could speak a little more about that issue of building that love and that circuitry? I see it as sort of a flow-regulation, like in a dam. Is that a good visualization? Like a dam of love behind? I'd like to build up, recharge? What I am asking is how to recharge that love when I feel like it is low?

ABRAHAM: Yes Simon. Understood. I would not so much call it a dam, but perhaps a river that is free-flowing – never-beginning, never-ending, yes. There are moments in mortal living where you feel the universe is with you and well organized; your joy is overflowing, you are flexible in nature, you are ready to be shown new things, you are apt to be helpful to others. This, is the river of divine energy. This, is a literal physical mindal feeling. There are moments also when the human animal-side tends to take over with ego involvement, and the instincts of selfishness are activated. This may occur when you feel you are slighted by another, or when you feel life is unfair and you turn inward and close off. This 'closing off' is also stopping that flow of divine energy, and does lead to feelings of isolation, unworthiness – and ultimately, a terrible loneliness as if you are the only person who understands what you are going through. There is an entire universe who really understands you and is always with you, but through the chaos of mortal living we are likely to fall into those ego traps. We are likely to feel defenseless instead of empowered from on high. You cannot really build reserves of divine energy such as the dam you described. Reserves lead to over-exuberance and fanaticism; and, possibly thoughts of over self-importance. The energy must remain 'free-flowing' in that you are willing to go about the Father's business come what may, without worry of ego damage. The river must be allowed to keep flowing because it reaches those you come into contact with. Good question Simon. Is there another question?

ROB: My name is Rob. I had a personal experience with our Father, Michael of Nebadon, and Mother Spirit. In cooperation with them, I have produced a book. And, in cooperation with them, have given my life over to ministry (Rob Crickett International Ministries) which brings me to this house, this country, and to the world as a whole. I am asking for your comments, your advice, on how you think about things I need to take care of that would facilitate this to the will of our Father?

ABRAHAM: Certainly, my son. I do know you. We are not strangers (Rob: True). Abraham: I am aware that your enthusiasm is overflowing. You are anxious to see this work come into fruition. The best recommendation I could give now would be to take things slowly. Allow things to build with a natural evolving momentum. There is no need to rush things along. You have a wonderfully big heart, and your love for our Trinity Caretakers is beautiful to behold, yes. The universe is with you in your desires, but as you full well know, their techniques and planning (our Caretakers) are far better than anyone else's. You would do well to release your expectations of what you would like to see happen, for the bigger and better plan of what can really happen, yes. Well done, my son.

With that, my words are slipping, yes. I thank you all for allowing me to be here with you. Know that you are always in my heart and mind. My love goes with you. Until next week, shalom.

To See Our Imperfections Is A Gentle Light Shown For Correction, Not To Promote

Unworthy Feelings

Abraham, WOODS CROSS, UTAH

06-25-2001

Back

I am ABRAHAM. Greetings. What an energy here this evening. I ask you to harness it and redirect it to the One we all serve. [pause.] That's better. Thank you.

I realize that living in today's world is stressful - and still you are so surprised at the animal within. You have your common reactions to everyday life events, and certainly, at times it does seem that you have not had any spiritual training. Have not worry; nor, let your hearts be troubled. Do not become discouraged with what seems to be 'spiritual regression.'

This mortal experience is meant to push you, to drive you toward higher-mindedness. Everyone has choices on how they will react to stressful circumstances; you can lean toward an animalistic rash-reaction - or, draw from the well of spiritual higher-mindedness. Either is acceptable and is always creating new lessons. You know by now we are not perfect but strive for perfection.

It has become simple to self-punish when the human animal-side is shown, as if this will keep you in line. The more you self-punish, the more you are disappointed in yourself and, discouraged - feeling as if you will 'never get it right.' This all leads to those feelings of unworthiness and the thinking: 'Why would Father care for such an unruly child.' Here are your feelings of being orphaned. Here are your feelings of utter aloneness in the universe.

We are straying off the lesson of overcoming obstacles in the brotherhood a bit; but when you think about it - if you feel so unworthy, how can you possibly be connected in the family of God? Living the mortal life naturally, instinctively, draws out those imperfections within that need attention. This is shown to you to give you drive towards greater things, not discouragement and feelings of unworthiness.

When one feels so unworthy, inadequate and alone, one is likely to neglect themselves, spiritually and physically. It is difficult to draw upon spiritual power when you feel physically ill. Do you see, the mental or emotional focus causes physical effects that complicate everything, and really takes away the joy of mortal living. Always do we recommend you to stay connected to the spirit through stillness practice and prayer - this is a natural antidote to animal tendencies.

When faced with stressful events use your words to describe to Father how you are really feeling. Do not assume anything without first asking Him questions and attempting to view the overall difficulty. A little understanding can diffuse any stressful situation - practically. When the animal ego-self presents itself, do not punish yourself but turn toward the Corrector Himself. Present your behavior to Father; tell Him of your feelings and reasoning behind your rash actions.

What do you believe a mortal father would say to a child who is searching for answers and a better way, a higher-minded way? Certainly, he would not punish you as you would yourself. He would not discourage you or make you lose confidence in your status as his child, no! He will show you a new and better way to handle situations. He will encourage you to keep trying, for you are his valued child who is in a state

of becoming.

With all our imperfections, our First Source and Center, our Upholder, our beloved Father who knows all things, could not possibly love us any more even if we were perfect. Accept the fact that these animal tendencies will present themselves for you to build spiritual muscles and learn self-mastery. Be not discouraged by them but, be challenged. Know that your Father is right there in every moment – not condemning you, but calling out for you: "This way, my child."

Know that Father's children are quite sensitive and need to be encouraged by their peers also. You can learn from Father and not be condemning towards our fellows as if we were their judge. But definitely, can we describe to them our feelings, our hopes for a new and better way? Sure! Certainly can you show your fellows a better way with encouraging words, and sharing that you truly understand them for you have also had the same experience.

This week, strive for higher-mindedness by not self-punishing, no! but by searching. Do not allow the feelings of unworthiness to creep in so as to cause mistreatment of self. Understand, these feelings of unworthiness are a major cause for drug and alcohol abuse – among other forms of abuse. You can be firm with yourself, yes, as long as it challenges you to do better. Do not leave yourself with feelings of inadequacy and hopelessness that 'you will never learn.' You are indeed that extension of our Father. You are the dwelling place for His gift to us. Be responsible in the care of the 'self.' Yes.

That is all. No questions. Know that I am with you more than you know, as are Mother's angels and various universal helpers. Please call on us. Know that we are with you. My love goes with you. Until next week, shalom.

Allow the Unfolding | Make Ready For Growth

Abraham & Mother, WOODS CROSS GROUP 07-02-2001

Back

I am with you. I am your MOTHER, the Divine Minister of Nebadon. I ask you, children of Urantia, to take heed. Hear my words. Listen well. We stand at the threshold of change. We are a unified confederation in service to our Universe Creator – Michael.

Mission participants, I am here on behalf of the Universe of Nebadon to reiterate how vital your work is now and in the kingdom to come. We must not simply be about self-agendas in the here and now, no! we are about growth, and evolution also in the time to come. We call on you, children, to lay down the sword of the ego and the shield of the animal-protection.

We are not fighting a battle, but coordinating the integration of a universe. We are unifying to aid the Supreme Being in His state of becoming. Lay down those childish toys. Take hands and unite. Unite for us, we who have waited so long for this moment in history wherein Urantia is considered a solidified integral progressive part of the universe.

I am with you, sons and daughters of change, my co-workers, who have struggled to

aid in our Brother/Father's Correcting Time. Release your hold, open your arms and await the unfoldment. What is our overall plan and purpose? In whom do you serve? Your Mother stands by in anticipation of her little ones calling out for comfort and assistance. Together, let us be about the Father's business.

I am ABRAHAM. Thank you, Mother, for your words. We will, as a small corner in your universe, heed your words with sincerity and devotion to the highest we can conceive. How blessed are we that you would be with us.

My friends, relax and exhale. Be witness to the unfolding. Be available to be spirit led. Center yourselves on the serenity of spirit. Capture for yourselves 'the newness.' The seeds have been planted and well-tended to. The new shoots of growth are beginning to blossom and soon we will make ready for the harvest.

This week I ask that you find rest and empty your cups. Be willing to lay down what you have been clinging so tightly to. Allow for the unfolding. Make ready for the growth to come and have not worry. The universe is with you. I am aware there are questions.

CALVIN: Thank you very much, Mother, for your help and for your being here tonight. Thank you, Abraham for giving us added strength, help, hope, courage, and advice. I want to welcome a member of our group that has interacted with us remotely but tonight is personally with us, Imara. (Abraham: Yes, welcome my daughter.)

IMARA: It is wonderful to be here, finally. I have recently learned of a theory from a woman who claims that since the time of Jesus on this Earth that people who achieve fusion with their Thought Adjusters do not translate from this Earth, as they do from other worlds, but they follow Jesus' pattern of service after fusion until natural death. I was wondering if you would comment on that.

ABRAHAM: This is difficult for me to discuss because it may create quite a controversy. I will tell you what I know. Individuals who have attained a perfected life here in the flesh, who fuse with their Adjuster, more often than not, forgo the Mansion Worlds and the path taken by the Master when he was on Earth. The Master needed to fulfill His duties by gaining all the experience of the average mortal; and therefore, He needed to complete the average path - experiencing the Mansion Worlds, the morontial experience, and so on. The Mansion Worlds are mostly required to correct those imperfections that you cannot correct in the flesh. A perfected mortal has no need for the Mansion Worlds. I cannot say where they may go directly from fusion, for this varies, but they are most definitely greeted by a heavenly host and guided therefrom, yes. Does this answer, Imara?

IMARA: So, for mortals that fuse from this world - do they die, therefore, a natural death? or do they translate from this world? or does it vary?

ABRAHAM: It does vary in the material way in which they may leave this world, yes, but it depends a lot upon the Adjuster's desire. Beyond that much information, I am not prepared to disclose. Is this at all helping? (Imara: Yes, and thank you.)
Abraham: One more question?

MIRIAM: Abraham, before Mother started with tonight's message, I got the biggest wave of love and I didn't know who it was going to be, but I am filled with gratitude. I am glad that we each have a place at the table. And even though that place is uncomfortable for me sometimes, I am committed to staying, and I love the fact that I get to stay. I just wanted to thank you, both. It was very, very helpful.

ABRAHAM: Beautifully said, my daughter. Yes, this topic will be touched upon at the Conference. Everyone is needed and well-loved. We have realized in these years of the Correcting Time the beautiful devotion the students have towards our movement. We are touched by the faith and willingness to really work towards truth, beauty, and goodness. Yes, I also am in gratitude, my daughter. (Miriam: Thank you, Abraham.)

TR: He is saying - No, Calvin, there is no further Conference matters to discuss, [laughter.] but I do love your enthusiasm and drive to reach truth. Have not worry and know that we trust in your spirit guidance. That is all. (Calvin: Thank you.)

Go in peace, my children, and know that the upcoming events are not chaotic and under mortal control, but well planned-out by a universe. Yes. Our love goes with you. Until next time, shalom.

Conference Welcome. We All Go Forward Together | Take Up Your Responsibilities To The Whole

Abraham, Snowbird UT Confernce 07-05-2001

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2001 Snowbird TM Conference - Down To Earth Spiritual Reality

Friday Morning - First Session/First Message

TR: Nina

I am ABRAHAM. Greetings. I am astounded when I look out at the faces here today. When we first began in this Correcting Time, we could have never foreseen this day, meaning today. We knew of Michael's plan for correction but, especially those of us who call Urantia our native planet, we could not envision this Mission taking hold. You could say we were flying blind and going on faith.

From midwayers to angels, and from Melchizedeks to you, it has taken every single individual to bring this Mission into fruition. Still, we are here today standing on faith alone, still working, still believing in Michael and His love for us. When you speak of "down to earth spiritual reality," what does that mean for you?

A moth that is attracted to a flame finds the flame its solid reality. It is not so much what it can see, but what its instincts are telling it. Common spiritual reality is a practice you can use in everyday living. The 'realness of the spiritual life' is your flame - it is your families, jobs, communities, and this Teaching Mission. Our Correcting Time is not 'out of reach hopefulness,' no - but workable/usable practice that brings forth spiritual fruits.

As we grow in this Mission, we find spirituality to be so much more than personal desires or fulfillment of self-agendas. We find our Mission to be ever-expanding circles of light, growing to encompass all Father's children. The Master, in his

perfect humility, found his purpose to be so much more than just about him.

Of course there is personal correction and overcoming of ego-desires. As you grow, you find you are responsible for the good of the whole. The Master thought in terms of the whole. His Mission was not just to gain sovereignty over a universe, no, the overall plan was so much greater than that, as you will find out. These small steps that have been taken this far in the Mission are part of a much more grand adventure.

We are responsible for one another. No one person will go ahead of the other. We will all go forward – together. The Mission is about all of us; it is not a platform for self, mystical ideas, or unusable spirituality. We will all go forward together – and that makes each one of us responsible for each other.

Empty your cups, my friends. Be prepared for the new. Know that Father's vision is so much more than your own. Do we carry forth with His vision, or push our own? You each must realize that you have assembled here because of your trust in something greater than you. That is amazing. That is cause to rejoice. The trumpets of change have sounded, and with great joy we proclaim 'Urantia has heard.' The world is responding, change is occurring, no one can stop us now. [group applause.]

Think of yourselves, each one of you, with responsibility to the Mission and, each other. What is best for the whole? How can we each take a part in producing the beautiful harvest that brings this world into Light and Life? What is the price you are willing to pay for this Mission? What is the cost of 'setting aside self' and bringing a world into Light and Life? Know that the Universe is willing to pay any price for such a small and seemingly troubled world.

You must know by now how loved you are and how wonderful it is to be free from orphan-hood and back into the fold of Nebadon. Take up your responsibility. Be your brother's keeper in a manner that produces spiritual fruits for the whole – not your brother's personal corrector, no, but an upholder; a dedicated sibling that will not flee, no matter what. Differences of opinion, harsh words, hurt feelings – these cannot separate us for we are each beholden to one another, yes.

I welcome you. I invite you to our Conference – the conference of our beloved Brother/Father. Know that with each passing day we grow closer and more in love with you. Others will now speak. [See next nine Transmissions dated July 6th through July 8th.]

It Is Time For You To Bear The Fruits of His Spirit, His Vine. Welcome to Further Change

Ham, Snowbird UT Confernce 07-06-2001

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2001 Snowbird TM Conference-Down To Earth Spiritual Reality

Friday Afternoon Second Session, First Message – Snowbird Conference

TR: Rebecca

[This is the opening message to the whole group, as many did not arrive at this Snowbird, Utah Conference until the evening. As a background, Ham presented his first address to the world as a whole, ten years earlier, in Los Angeles, CA. The

title of that address was Welcome To Change.]

Greetings, my children. I am HAM. I wish to welcome you all once more to change. Your lives have all been through many transitions (lost microphone). Yes, as I was saying, it is important that you should be open to change. Your lives have been through much change. Much evidence of growth is around you. Indeed, you are not the same as when we began this journey. Welcome again, to further change.

Yes, there has been disillusionment, loss, sorrow – times when you indeed, traveled the valleys of doubt and despair. But always were you accompanied, always was there a hand on your shoulder and a loving voice in your ear beckoning ‘this is the way.’

Indeed, the Master's Spirit is much more forcefully, more personally, and more experientially present for His children since the opening of the circuits. Before, you saw through a glass darkly. In the future, that glass shall be as crystal clear and you will know that you know, for the Master has spoken to your hearts and beckoned, and you have followed.

His children know His voice. You know when you hear Him, when you feel Him. You know that He is becoming a palpable part of your lives. Doubt not that this mighty change has occurred. Doubt not that you know as you know. Receive His calling. Turn not away from His smiling face. Allow His comfort and share His evidence upon your lives with others.

"You shall know them by their fruits," He said so long ago. And so it is! It is now time for you to bear the fruits of His Spirit, His vine. It is you who He trusts to be His representatives. To be, yes, His apostles. Even so must you walk in true humility and increasing grace with the Father and the Spirit. Accept the gifts He is giving you – yes, the gifts of your growing being; the gifts of His fruits; the gifts of being truly of service.

The Master is infinitely patient. He loves each one of you even as the infinite and eternal Father spreads His love out as a blanket to warm you, to cover you, to comfort and protect you. Turn not away. Stay with him. Follow His guidance as you know His truth to be unparalleled in your hearts. There is nothing that should dissuade you from this love, the truth and beauty and goodness, together.

"He who has seen the Son has seen the Father." You who love the Son must then also love the Father. This is the way that Michael has created for you to walk. He is the living way. His Spirit leads only to the Father. His Spirit is true and good and beautiful. Accept yourselves as you are accepted by this good Spirit. Throw down the artificial barriers, the years of accumulated debris in your minds and hearts – and embrace the Master, for His arms are outstretched to embrace each one of you.

When the Spirit of Truth came to the apostles, His presence was forceful, real, and beckoning – so much so that they, each one separately, laid down their lives for this magnificent Man and Spirit being. And now the Spirit of Truth is once again coming in force, beckoning each one to a higher calling than you could have ever imagined – not to death but to life-everlasting.

These words I speak are true and sanctioned by Michael of Nebadon. My love is also upon each one of you. I, a humble teacher, have been given this great gift to serve the Sovereign of our universe; and therefor do I call you to His service. You will all be about the Father's business in your own ways, in your own times. As you go upon this road, know also that there are morontia teachers, angels, and midwayers along the way – guiding, helping, redirecting.

Know that once you are truly irrevocably committed to the life of apostleship, you will not be allowed to stumble. You may falter, you may walk a little off the road here and there, but your faith will bring you back. This is Michael's promise.

Go in peace then, my children, my friends. It is an honor and a privilege to serve you and to witness your growing and becoming. Others will speak. My love goes with you. Farewell.

The Midwayers Assist | Realign Our Vision To See Celestial Reality
Gorman, Snowbird UT Confernce 07-06-2001

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2001 Snowbird, Utah TM Conference—Down To Earth Spiritual Reality
Friday Morning – First Session/3rd message

TR: Gerdean

My greetings. I am GORMAN. Thank you, Michael, for your good tidings. And thank you, our Divine Minister, for the Spirit that pervades our atmosphere in this mountainous bowl of infinite celebration within the initial resounding effects of so many centuries of effort.

I am a Secondary Midwayer. I have been working for a long time—as have many many others—in service to the divine plan that is beginning to be revealed in your faces as you light up the environment with your beautiful souls. It is the essences of our effort and desire to do the will of the Father in heaven; and, in devotion to Michael, our Master Son, that we are among the army of workers, the elemental grunt workers, along with you in the trenches and in the fields.

I am truly honored today to be given this space on the podium to express my appreciation and gratitude for those of you who have been able and willing to follow the guidance and the direction we have injected into your paths. We have helped you go left when you wanted to go right. We have directed you in both the subtle paths and, the obvious. We have stubbed your toe and thrown things in order to get your attention.

And having gotten your attention, it is my privilege to honor Prince Machiventa for his untiring efforts; and, his unspeakably patient and loving Teacher Corps who have invested their entire beings into the work at hand – the reclamation of our pretty little world on the outer rim of Nebadon.

I am small and lowly in the hierarchy of spirit ascension and descension, but I am happy to be in this phase. I have such regard for my superiors, for I know they have great devotion to my growth, and yours – it is an ideal you have yet to perceive in fullness, for you cannot see quite beyond the veil of material perception. And yet, I encourage you to look, to attempt to see, to realign your eyes. Exchange your

vision such that you are able to incorporate the celestial reality as your primary reality. These few days ahead will give us that opportunity. We can practice the greater family reality.

There is no separation in creation. We are an inter-species alliance of the material, morontial, and spiritual. Just as we have the Son, we have also the Father as Grand-Father over all – an unspeakably wondrous experience. I now embark with you on a continuation of this unspeakably wondrous conference experience in these incredibly beautiful environs, with some really cute creatures in the surroundings in the Snowbird mountain-tops.

Thank you, mortals and celestial alike, for helping bridge the gap. And yes, you are welcome. We are also invaluable in the process and are happy to serve – happy to rejoice in the work at hand. The kingdom is upon us. Rejoice and be glad.

Do Not Seek Preferred Seat. All Are Equal. Serve All, Equally
Michael, Snowbird UT Confernce 07-06-2001

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2001 Snowbird TM Conference – Down To Earth Spiritual Reality
Friday Evening – 2nd Session – 2nd message

TR: Daniel Megow – Coeur D'Alene, Id. TM Group

MICHAEL: Thank you, Ham, my son. You serve me so well on this world. My peace I bring you all.

Two millennia ago, my apostles and I turned our religious community upside down. In a very short number of years, we have spoken the Father's truth. We showed them love. We created fruits.

In ten short years, you – my dear ones who are without the benefit of seeing me face to face – have also turned your religious community upside down, and you are continuing to do so. You each mean so very much to me. Knowing each of you, touches me. I am seeing that you serve in your best way. I love each of you, personally. You serve me well. Doubt not your worth to me. Your love and your service changes many – more-so than any of you could ever know. You volunteer your service for me, and it pleases me. You truly are my apostles, and have the variety to touch many in my world.

Many of you came to this understanding of your planetary family, with doubt; and yet, when you saw more clearly, you went wholeheartedly, like Thomas. Many of you only wished to be shown, like my apostle Philip; he was a wonderful loving apostle who gave his all towards the service of the kingdom. Each of you has a unique gift which you share, and which helps to bring my world together in loving service. You know so much more of the reality of the cosmos than did my earlier apostles; and like them, you have chosen also to follow me.

I love each of you as my little one. I hold each of you in my arms. I am so grateful for all that you do in my service. You all have my love – and ‘that,’ you are to give, and give it freely. Give it freely also to yourselves; you deserve this.

You are a wonderful group of people and you will do well in advancing the kingdom on

my planet. Do not seek for preferred places in the kingdom. You all have an equal place in this work, even now. You will do what you know you should when Father wants you to. You listen, and you listen well.

Never feel that you are doing nothing, for in every day that you walk out among my children, you do much. You give love to many who have maybe never felt love in their life in such a free and open way. You truly are my beloved apostles and disciples.

I say, fear not to pick up the trash that someone else throws down. Do not pick it up with attitude saying: "Those lazy people throwing this trash down," – no! pick it up in love and put it where it belongs because you know the right way. You know what is best, and perhaps they do not. Show them with your life; show them with your actions; show them with your relationship with me and, with each other. This is how you change the world, one by one.

I see what you give to us all. I appreciate every bit knowing that each of you gives from your heart. It has been my pleasure to address you all tonight, and I did so want to look in your eyes in this manner. It is my joy. My peace I leave with you, my children. Carry on.

As We Ascend And Experience And Choose, We Reveal The Supreme
Elyon, Snowbird UT Conference 07-07-2001

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2001 Snowbird Utah TM Conference – Down To Earth Spiritual Reality

Saturday Morning – 3rd Session – 1st Message

TR: Rick Giles

Greetings terrestrial hosts. I step forward from among the celestials gathered with you. I am EL-YON. I regard you all as my friends. It is a pleasure to be in association.

Let me present to you in a manner by which you may perhaps develop a deeper dynamic – a connection with Father of Paradise, and Mother Supreme – our Supreme Being. You have begun on this world the fall quarter of your first semester in the Melchizedek Universities. For those who have been off to college, perhaps you remember the time when you brought your parents to visit your new home. You delighted in showing them the grounds, your dorm, the planetarium, the library – you were the tour guide.

Here on Urantia, likewise, being indwelt with the Father and enfolded in the Supreme, you are the tour guide again. They delight in being shown through your eyes. Being taken by the hand, they want to discover your joy in your new home, your first home. You all know and realize the Father's omniscience. And you understand that Mother Supreme, though providing all of us opportunity for experience, also is in need of our contribution – through experience. Your two Parents want to experience your life with you.

We each, as ascending mortals, are very keen upon our goal of reaching Paradise. Our mortal ascension is driven by the desire to become perfect as the Father in heaven is perfect – it is all-consuming to the devoted, to the sincere, and the consecrated. But as you ascend, remember you are also showing the Father and Mother Supreme around. You are taking them on a great universe journey. Doubt not in the

choices you make, that the Father freely allows you to choose.

All of us who have ascended from the biological spheres and rising up from ignorance, do wish to know 'the true way.' Unfortunately, at times we desire to be given a list of rules that we can just simply adhere to – this is not the Father's will. There is true and genuine righteousness in the universes, yes, but Father asks you to discover it.

There is no order form that can be delivered to you that spells out 'step by step' what the will of the Father is. Yes, He will make known directly when it is of great importance that His will be done. But in the context of the Supreme, there will be times when you must choose, because that is His will.

Your experience to choose requires that you branch out from the security of 'being told.' Is this not unlike when you left your parents and went to college and suddenly found a new freedom? You could stay out as late as you wanted. You could turn the music up as loud as you wanted. The breadth of our 'freedom to choose' has taught you lessons that we are not capable of understanding being owned under a rulership.

Our Sovereign, when on Earth said: "Blessed are the pure in heart." I wish to take a few words, to spell them out: A pure heart is one who personally understands righteous expression; an individual who knows the context of reality – that which is truth, beauty, and goodness -- and lives accordingly. Purity is untainted by falsehood and willful disruption of truth, beauty, and goodness. 'Righteousness' has been a word much maligned due to ostentatious behavior.

The Master also said: "Blessed are the poor in spirit." As I look upon you all in this room, I see rich spirits who are abundant with the blessing of revelation and the love of fellowship – for that is a private ownership of religion. It is not the accumulation of vast doctrine. It is not the acquirement of throngs of devotees. It is not the establishment of grand temples. It is not the one-hundred dollars in your wallet. There is only one objective necessary, and that is your direct relationship with God.

The Master said: "Blessed are the meek" – which are the modest expressions of everyday living – it is simple. That, is true righteousness.

Apply these three beatitudes and you will become an expert tour guide for Father and Mother Supreme. Enjoy your first years at this campus of the Melchizedeks, for there are many lectures to attend, lab classes to be involved in, and field trips to enjoy. I was once mortal and I know that 'graduation' is not far in the future for you.

Be not concerned about your transition to the mansonia experience (the mansion worlds). It is a small transfer. Look with delight to the eternal embrace of the Father who dwells within. There, is the true ceremony that is what you are working for. There, is where the passion arises to bless our fellows with the understanding, and to kindle within them the desire to attain.

My friends, I love you all. You are standing beside me in a dimension just beyond your dimension. I love you. I step back. Thank you.

[The Saturday afternoon session that followed El Yon's words was the speech by Rebecca (the transmission-receiver for Ham in the initial Woods Cross, Utah group in 1991 through 1992); and some follow-up with Nina (Ellanor - the transmission-receiver for Abraham, Emulan and Mary, in the Woods Cross group from 1995 and forward). After Rebecca's speech, and Nina's remarks of historical significance, there was a question/answer session from the group to them both. In this afternoon session, both recounted their initial experiences and preparations as transmission-receivers for the Woods Cross, Utah group.]

Ten Year Teaching Mission Anniversary Speech and Group Discussion
Rebecca and Nina (mortals) Snowbird C., Snowbird UT Confernce 07-07-2001
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2001 Snowbird TM Conference - Down To Earth Spiritual RealitySpeech:

The First Ten Years

Saturday Evening Session

Rebecca Bynum (with follow-up remarks from Nina Newman)

07-07-2001

[Editor's Note: For the Woods Cross Utah TM groups, Rebecca (from 1991-1992), and then Nina/Ellanor (1995 through 2022 at the time of this editing) were the predominant and designated transmission-receivers. Both, share their initiations and experience with the Teaching Mission, in this session. This session was conducted by Calvin Len Mckee, also of the Woods Cross group.]

REBECCA: Did any of you, even in your wildest dreams, ever think that one day you'd be part of a group of people that has contact with the unseen planetary government, and that you'd be taught on a regular basis by supernal teachers, just like in the Mansion World schools? Did you ever think that you'd be given a task and then guided, step by step, through every phase of it? Did you ever think you'd be part of a celestial mission to actively change the direction of the entire world?

Well, I didn't. But then as Jarad (Hal Bynum) says in one of his songs, "everything's different now." Let me tell you a little of how it started, here in Salt Lake.

When I moved back to this beautiful city, where I was born in 1965, I found companionship with other Urantia Book readers for the first time. Thern Blackburn, Ida Young, John Wormeck and others, became my extended Urantia family. We'd read the Urantia Book every week and discussed it in Thern's living room in Wood's Cross, UT, just north of here. It was a great comfort to me to know other people who loved the Urantia Book as I did.

Then one day in 1989, I think, Thern received a strange letter from some people in New Zealand. He called me on the phone to tell me about it. Thern had a habit of being cryptic on the telephone, like his phone might be tapped or something. His tone was conspiratorial.

"You'll never guess what I received in the mail today. It confirms something I've

been thinking about for years."

"What do you mean?" I asked, half listening. I was working in my dry-cleaning plant and had a million things on my mind.

He continued, "It's about something big - Melchizedek!"

"Really?" He had my attention then.

"Yes. Really. He's back here on this planet! And that's not all..."

"Isn't that enough?" I was still trying to take it in.

"No. There's someone else with him."

"Someone else? Who?" I asked.

"Guess," he demanded.

"I can't guess. Come on, tell me," I answered.

There was a long pause and then he whispered, "Abraham!" After a few more exchanges, we hung up the phone and I was half thinking that my old friend had just 'lost it.' [group laughter.]

As I listened to him read the letter from New Zealand to our group that Thursday evening, part of me thought: "Oh, I don't know about this! But then, the wording sounds authentic, not like something made up. The people [in New Zealand] seem sincere enough. It's probably not true; but if it is true ... IF it is, I don't want to miss out."

Not long after that, a strange thing happened. I was sitting on my bed at home and suddenly the room seemed permeated with a 'presence,' and I was rooted to the spot as a voice spoke to me. It wasn't so much exact words as ideas that came to me. The voice seemed to tell me that our group was part of the reserve corps of destiny and that if I wanted to participate, it would mean I had to be willing to give up everything I had, including my business - which was something I was very proud of at the time. The presence made it clear that it would not be an easy road by any means; and then it asked me, very plainly considering all this, did I want to participate and become like a modern-day apostle? Then it waited for an answer.

Well, I didn't have to think about it at all. My answer was an emphatic "Yes!" Then I was told that Abraham was now in charge of the 'reserve corps' and we would be under his supervision. Then that was it! I sat, dumbfounded for a while, mulling it all over. The next day I called Thern and explained that I felt I had to pass this on because I was sure it wasn't just for me, but for our entire group, small as it was. [referring to the Woods Cross Urantia Book study group].

Thern decided that the 'voice' I heard was that of my Thought Adjuster, and published that information later; but looking back, I think it was either Ham or

possibly Abraham himself. Understand, we had no experience of this kind of thing, and the only 'voice' that the Urantia Book talks about mortals hearing is the Thought Adjuster's. So it was an understandable mistake, but one that brought a lot of criticism as I recall. [Editor's note: The time Rebecca speaks of was several years before internet – hence, the back-and-forth letters from New Zealand.]

Anyway, we decided to send a letter to New Zealand to ask about Abraham's being in charge of the reserve corps. They wrote back some weeks later with confirmation and then nothing at all happened after that for about a year and a half. All the while, Thern kept saying, "I can't help feeling that something is going to happen to our little group."

Then, in late February 1991, I was pressing pants early one Saturday morning at my store, when again I felt a presence and this time a voice spoke very forcefully, "I am Ham. I will be the teacher for your study group."

I said: "Me? Through me?"

"Yes," came the reply.

"Who are you? Where do you come from?" I managed to ask.

"The Garden," was the reply.

"Eden?" I asked.

"No, further...."

Then, "I have come to redeem or correct..."

My mind was racing, and that was all I could get. I picked up the phone and called Thern. After I explained what had happened; it was Thern's turn to doubt my sanity. I could hear it in his voice, "Really?" he said: "hummm."

Then we started talking and speculating on who Ham might be. We thought, "further from the Garden of Eden," might mean, further back in time, maybe to the Prince's staff; Ham had a three letter name, the same as those guys. Thern said he'd research it and call back.

"No Ham," he said. "There's every other kind of three letter name, but no H-A-M."

"Are you sure?" I asked. I had already built up a scenario in my mind in which the loyal members of the Prince's staff returned once more to save the day.

"Positive," he answered.

"Oh well," I said: "I guess all we can do is wait and ask him when he comes again."

"I guess so," said Thern.

I could tell he wasn't completely sold on the whole thing, but he showed up that Thursday at my house with an old tape recorder, and we stumbled through our first Ham meeting.

We asked questions about how we should proceed. Should we study the Urantia Book and then ask questions about it?

"No," came the reply, "I will give you a lesson each week."

Thern persisted, "But, what about the Urantia Book?"

The answer stunned me. "The Urantia Book is a tool," said Ham.

Up to that point, the Urantia Book had been the anchor of my life. How could he talk about it being merely a tool? What heresy was this?

Toward the end of the meeting, Ida asked, "Where do you come from?"

The reply was "The Garden,"... and then, "Edentia." But I didn't say the word "Edentia," out of fear of getting it wrong, so the meeting was hung up at that point. I couldn't get any more, and we broke up for the night - none of us knowing what to make of it all.

I got out my Urantia Book, looked up Edentia, and there it was, "Edentia - known as the garden world." That was a powerful confirmation for me. Then, come Saturday afternoon I received a visit from Abraham himself. Evidently, he had received a report from Ham - especially the part about my not transmitting the word, 'Edentia,' and blowing the meeting.

He said: "It is not your job to edit or change the communications in any way. You are simply to transmit as exactly as possible what you receive without commentary or alteration. It is not important what you think about them. In fact, it's best if you do not think about them at all. These are the conditions. Now, do you want the job or not?"

Well, that was exactly what I needed to hear - something strong and definitive; I didn't have to try to sort out what was what during the transmission. It was a great relief; and I promised Abraham I'd do my best.

Over the next several days and weeks, I made three decisions:

First, I made a solemn vow to stay in this thing for the long haul. Come what may, I would never give up or shirk my duty to the Teachers.

Secondly, I made a vow of loyalty to the Teachers and to Melchizedek: If there ever came a time when my loyalties would be divided, my loyalty to them would always be paramount.

And thirdly, I made the decision that I would never accept material compensation for this work no matter how tempting it might be to do so. I am proud to see that that

standard has spread and is, in a way, a policy of the Teaching Mission to this day, some ten years later.

For those of you who are wondering – yes, in fact, I did lose everything for a while. But what I gained in its place was beyond my wildest dreams. I lost my little old dry-cleaning business and a couple of houses, yes, but I gained the love of my eternal life, my partner Jarad and the wonderful life he's given me, in its place. We live a truly blessed life in service to Michael; we are rich in love and friendship; we have exciting and fulfilling work, and all our material needs are more than met. I pray that you all find this same degree of happiness in this life. You are my most treasured friends and I love you all, and I thank you for being so supportive of me when I have needed it.

As we enter into our second decade of service, I think it's important for us to remember three things.

One, is that we must be careful to keep ourselves available to serve the Supernals according to their purpose and never to use them for our purposes, no matter how noble those purposes may be.

Secondly, we must rededicate ourselves and our loyalty to them, and vow never to split that loyalty – no matter how worthy the other recipient of that loyalty may be.

And thirdly, we must recognize that the Supernals place their supreme focus and all their efforts on our measly individual spiritual progress. To them, all else is secondary. So the spiritual progress of ourselves and others must be our primary focus as well. The mightiest cause waits humbly upon the progress of the least of us.

My brothers and sisters, we have been through a lot together in these last ten years. No doubt there are more trials and tribulation to come. But I wouldn't trade it for the world. Would you?

CALVIN: Rebecca, could you stay up there for a bit longer? Does anyone have questions for Rebecca?

REBECCA: Okay.

Q (?): How's your dog? (Beau)

REBECCA: Oh, the dog's fine. He's home with the babysitter. [laughter.]

MICHAEL PAINTER: Rebecca, was there any specific point in time when you actually felt any doubt and uncertainty, of what you've been through?

REBECCA: I don't know if there was ever any time when I felt any doubt, so I don't know if there was a change from when I felt doubt to when I didn't feel doubt – because the only thing I doubted was myself, whether I could keep doing it. I wasn't

doubting Ham, but whether I could fulfill what he was asking me to do.

JERRY DALTON: Would you briefly summarize the first steps taken to announce the 'Announcement' program when you went to Los Angeles – that episode?(Rebecca: Yes)
Jerry: I believe that was really the first 'outreach,' right?

REBECCA: Yes. It seems like Ham just came and said – and it was to me personally, and wasn't to the group – that he would like to address the General Council of the Urantia Fellowship. I told Thern about it and he called Duane Faw. [of the TM group in Los Angeles area.] It was going to be held in Los Angeles that year so, we could all go and visit with Duane and Roxey and Vinnie and everybody out there. And so we did go, and everybody was very supportive, except for when we got to the actual meeting. Then, you know, it was like you'd expect – about a third of the people kind of got up all together, and left. About a third of the people were wondering 'what was going on;' and the rest of the people were jumping up and down with excitement and enthusiasm saying, "Wow, it's about time!" kind of thing. I don't know how else to explain it. Is that helping? Is that what you needed, or was there something else that you were thinking?

JERRY: That's fine. Were there specific instructions from Ham, in doing this?

REBECCA: No, no. It was "You've been doing it for a year, you can do it now" – so I just got up and let whatever come. Everyone was pretty fidgety because when I was first doing the transmission of Ham, it was real word-for-word slow; and nobody (that hadn't been to our group) was used to that. So it was hard for people to have the patience to listen to each 'word – after – word' slowly come, and so that was kind of hard too.

Q (?): Is Ham your personal teacher? (Rebecca: Yes.) Q: Do you have other Teachers that have come, since? How does that fit into your life? Do they guide you and tell you what you should be doing?

REBECCA: Yes. We mostly talk, on day-to-day stuff, we mostly talk with Jarad's (Hal Bynum's) personal teacher who's a wonderful female named Ian. She hasn't told us that much about herself except that when she was on her mortal world she reached out to the Master and he helped her through some dark times. She wrote a diary – and that diary, after she passed on, became a spiritual guidebook on her world. So, we're in awe of her every day. She keeps us in line, keeps us moving forward and doesn't let us get too far off the track.

Q(?): Hi. I have an issue with security – physical security, losing things. Losing my home, losing things. So, can you tell me about your loss with your business and your home? Is it necessary to really go through 'loss' in order to advance?

REBECCA: I don't know how it is for everybody else, but for me it was. I was attached – I was really attached. I had to make a choice. What was more important! Was the spiritual life more important than the physical life? It was, to me. It always has been, for a long time. But I had a lot of attachment, and when I let go of all of it, then my life just became great and beautiful, and I would have never married my husband. I'd still be a little lost person, like I was. I feel so blessed

after having gone through that. It was just never a big horrendous deal. It was always just a step – taking steps.

LORAINA: Hi Rebecca. Remember when we were all being taught to receive transmissions? (Rebecca: Yes.) Loraina: And during that time there was a lot of confusion. I remember the feeling, the conversations about, "Was this real? or was I just making it up?" and all of that. And did you go through some of that, personally, when you were beginning the transmitting? (Rebecca: Oh, Yes.) Loraina: Could you tell us? I never could actually distinguish my mind very clearly from that of my Teacher, Danielle – so I did end up dropping out, basically. But I'd like to come back to it, and I'd love some guidance?

REBECCA: Yes. I guess everybody has to have their own criteria as what makes it real for them. I would just sit there and wait for one word at a time to come, for the longest time. One word would come and it would repeat, and I would say it. The next word would come, and I wouldn't be sure, and it would repeat until I said it. Then next word, etc. It was just like that. I mean, you remember how slow it was! It would take us an hour to get a paragraph, and sometimes even a sentence. It was because I was really unsure and I wanted to put the burden on Ham for accuracy, you know, that it wasn't on me to just 'try' to get it right, I wanted him to make sure that I got it right. That's just how 'I' did it. Does that help? (Loraina: Yes, thank you.)

Q (?): Do you think there's any significance, in your mind, what the significance was in the waiting 18 months for the transmissions with Ham to start?

REBECCA: Well, it was personal stuff going on in my life, probably, that had something to do with it. I had to get some things sorted out. I had some deaths in my family, and a divorce, and other traumas that I probably couldn't have started and then go through that – and so I think everything had to settle down for me. I think that's what it was.

RICK GILES: I'd like to add a comment to that. I find that significant in light of – when Jesus was visited and told to "be about the Father's business" – and right after that, His dad dies and he had to raise the family. So there may be some morontial principle that goes on – that waiting period? (Rebecca: Good point, yes.)

Q (?): This is kind of a curiosity question: When we had a study group in Bakersfield, and we all attempted to transmit, we were aware of sensations happening in our mind during the week. Did you experience that sort of thing? (Rebecca: Yes.)

Q: Maybe they were working on some little adjustments in our minds, or trying to improve receptivity?

REBECCA: Probably. I don't remember, specifically.

Q (?): But then you also had very strong impressions once Ham made contact with you?

REBECCA: Once Ham made contact it didn't seem like I had to really do anything. It's like he had done all that; and like I said, I kept putting the burden back on him. "It's got to be strong or I won't say it," was my attitude, you know. "If there's

any doubt, I won't say it" – that kind of thing. And so they had to make sure it was real forceful and strong.

Q (?): Well, consistent with this subject of obstacles, one of Ham's recent lessons was on the importance of obstacles that are placed in our lives; that they in fact (our celestial helpers), oftentimes will intentionally create obstacles for us for a variety of reasons that we may not understand at the time. (Q: Yes) So obstacles can be a blessing. (Rebecca: Yes, yes.)

STELLA R.: Rebecca, I was in Los Angeles that night that you transmitted the Announcement from Ham, and I took it all down in shorthand, and then when I walked out of there I thought "Well, maybe it's so and maybe it isn't." So I put them away for about five years. Then when I thought it was my idea to decode the Book of Revelation, my celestial Teacher Coreli gave me just a little bit of information about Chapter One. They had apparently thought about two or three other people and they had watched me to see what I, this human, would do. Well, I picked up the ball and then I continued with them and the result was this book after four and a half years, so I blame you. [laughter.]

REBECCA: Well, I can take that kind of blame. [laughter.]

GERDEAN: Hi Rebecca. I noticed you've picked up a bit of a twang? [laughter.]

REBECCA: (twangy reply) Yea, I'm a 'Southerner' now! [laughter – Rebecca and Jarad live in Nashville, TN]

GERDEAN: I wanted to ask you, as a transmission-receiver: You know you get in there with those Teachers and it gets rather intimate; and you can observe, I can observe, how the Teacher handles questions. I have learned a great deal by observing the various Teachers – Tomas, particularly. But I wanted to ask you if you've given any thought to any of the characteristics – how has Ham added to your character, your spiritual character. By observing how he does something, what have you learned from Ham in that context – in your intimate association?

REBECCA: Boy, that's a great question. If I could be just a little bit like Ham, that's what I want. Because observing him over the years, talking to all kinds of different people – people I know, people I don't know, people in all kinds of different stress problems/things. He is unfailingly great. I'll be sitting in there thinking, "Oh, you know this is just, whatever – whatever, yea right," – kind of 'being down' maybe on the person a little bit; and Ham will come through and be the most loving, kind, generous and gentle soul; and then it makes me feel really bad, [laughter] and I think, "Oh, whoops!" But, you know, we're just humans – I mean we're just doing the best we can. But yes, if I could be more like him; he's an example of who I'd want to grow up to be like. Yes.

LUCILLE FAW: Rebecca, it's Lucille. We were driving up to Utah one time to join your study group for a visit at Thern's (Woods Cross Group). We played Ham tapes all the way up there. We got through two tapes and I said, "this is real; there's too much love there not to be real." But I want to say, that in my opinion – being in the Teaching Mission, serving God in any way, does not automatically shield us from loss

- it happens to everybody in the world regardless of what they are doing in life. We were having study groups at our house on Bocana Street, and the big Malibu fire came and took it right down to the foundation. That night in the motel I prayed to God to give me strength that when we went back, if it really was burned down, to just accept it. And I did - the house was gone, and it felt alright.

REBECCA: Yes. That was a horrible fire. You had to be very brave to go through that. I guess, as with everything, we are to go to Spirit, yes. Just to accept, yes.

FRED HARRIS: Rebecca. I've known you for a long time. First of all, I want to say that I really do appreciate the courage that you've shown throughout this in the face of so much. [group applause.] (Rebecca: Thank you.) Fred: In light of that, I came up from Florida to visit you in 1991. Ham was exceedingly gracious and said some things to me which caused me to rethink my whole life. But I really want to focus more on the 'Gabriel appearance' and the 'Melchizedek appearance' - both of which did not 'materialize' in the way we thought they were going to. And I just wonder how that impacted your faith. And the criticisms that came from that - how did that impact you?

REBECCA: It was one of the best things that happened because it made us all really think about what we really believed. We were getting, at that time, we were getting material messages and we were getting spiritual messages. I think in our enthusiasm we kind of went overboard a little bit - and got carried away with 'what all was going to happen.' We kind of thought a big ship was going to come down and just 'take us all away,' yes; we were just going to 'know everything' and 'we had it together,' you know. That showed us really where we were. And, hanging in there through that - you were there Calvin ... (Calvin: No, my first meeting was the week after the 'Gabriel night.') Rebecca: The week after? Okay. Well see, we still had people coming! [group laughter.] But, yes, it shook everybody up a bit. And, it shook some people out. Some people left because they had expected this huge thing to happen, and then it didn't. But you know we just hunkered down and kept transmitting the lessons. Ham was kind enough to kind of take some of the burden off of us and onto himself - and that helped us. But it was really a good thing because it made us all evaluate 'what is it that we truly think?' 'What is it that we truly believe in?' 'Do we have to have a miracle?' 'Do we have to be shown?' And most of us decided 'No, we didn't have to.'

CALVIN: Hey Fred, on the heels of that question and that reply, I'm going to ask Nina, who was one of the original Woods Cross group members, to tell her story of the "Melchizedek appearance" up in the mountains. (Nina/Ellanor: No, no) It was funnier than all funny!!!

NINA: I'm going to get even, Calvin. [laughter.] Yes, and my mother (Faye) was with me!

FAYE: Oh no!

(SOMEONE): I think she should stand up on this one?

NINA: No, no, no.

GROUP [in jest]: Nina! Nina! Nina!

NINA: Okay, Okay. This was probably after the 'Gabriel' and 'Naperville' events and all that, and during the days we were all practicing transmitting. Well, one day my Mom called me up and says she thinks she got a message from some Melchizedeks that, you know, something might be going on. So she says, "Why don't you try to do some stillness and see what you can come up with." So of course, I came up with the date and time that they would be arriving, in physical form. [group laughter.] So actually, Mom was like preparing a room and buying some groceries for them, and whatever; [group roar.] and, the time I came up with was way early in the morning. At that time, I was married and I had to explain to my husband: "We're going to meet the Melchizedeks," [laughter.] and he said, "Who? the Jelesnicks?" [laughter.] But anyway, he didn't say anything more, just 'whatever.' But my step-dad, Tom, he was very good about it and he says "Well, if you think you got this message, how could you 'not' show." So, we decided "Okay, let's do it." My kids were babies and we packed them up, and the diaper bags, and got them buckled up in the car, and we drove to the 'spiritually designated area.' [group roar.] Oh Lord, this is so embarrassing! [group roaring with laughter.] Oh, it was like 5:43 in the morning and it's darker than hell; [roaring laughter.] and all of a sudden from far away we see this light, and we're going "Oh my God, here they come!" [group busting up.] And it gets closer and closer and we're screaming, "Oh my God!" and all of a sudden, we hear a long "honk" - and the kids started screaming and crying - and as it gets closer ... it was a train!!! [group roaring.] So it was all a good lesson, like Rebecca said, you know, 'what are we going to look for in this.' And I think that the people who lasted through the 'Gabriel' and 'Naperville' expected events are the strong people that are supporting the foundation today. [group applause.] We did learn a few hard lessons from Abraham in the years following regarding proof-seeking and miracle-seeking.

BILL KELLY: Rebecca, one of the reasons I initially was not interested in hearing from Ham, was that I'd heard rumors about all this material stuff, this "Sonarington" project; it just sounded hooky to me.

REBECCA: Much of it was hooky - the human expectations part.

BILL KELLY (Pocatello group): It sounded like some other human production, and I thought 'I don't want that stuff.' It took me two weeks of listening to Ham (on tapes), and writing down what he said in the seven months of transmissions in 1991, and I came to sense his presence in the room, and fell in love with Ham. I became convinced it 'was' real. So, you know, when you made a designation between the spiritual and the material, I just wanted to verify that it was the spiritual part that got to me also. (Rebecca: Yes.)

Q (?): I'm curious. In the early years of the Teaching Mission when you were getting these messages that there would be a materialization - do you think they said that to set us up for disappointment so we'd focus on what we were supposed to be thinking? Or do you think it was human error?

REBECCA: I think that there was human error, yes, but that they 'let it go' so we

could learn some needed lessons, yes. They didn't try to dissuade us; it was like they figured that we needed to run into that brick wall and learn the lesson. So, they let it happen (our material proof expectations). That's what I think.

HAL BYNUM (JARAD): You know one time, and I don't remember what lesson it was, that Ham was teaching us the different stages of this revelation. I don't remember what the first one was but the second one was 'disillusionment.' Because, I remember thinking that, when this all started, I thought that, you know, if we had cats and dogs they wouldn't get run over; they'd be protected by the midwayer creatures, etc., etc. And I found out that wasn't true right away, and we lost two of them. [laughter.] I had thought that we didn't have to pull them in at night; and all kinds of things. I thought, you know, that we'd just walk on water and all kinds of crazy stuff. Maybe everybody, when new to spiritual enlightenment, thinks that - you know, that you're going to have all kinds of powers and that you won't have all those ego struggles. Boy, what a dream that was [laughter.]. So anyway, the second stage being 'disillusionment' - it sounded like that was what they allowed to happen there. (Rebecca: Yes.)

CALVIN: Abraham has taught us about this 'disillusionment' many times; and, in letting our self-agendas, go, etc. So yes, what you are saying, Hal.

LORAINA: Before I ask my question, I just want to remember that night with Gabriel. It was so funny - we sat up all night, I mean our assembled group; we had lots of people show up. In fact, that was Brad's first night, because I went home the week before saying, "Gabriel's going to appear. The angel Gabriel is going to appear, as in the flesh." And we believed it. We were there all night long, being very patient, very still, and waiting and getting very sleepy, [laughter.] and people were really getting kind of grumbly. It was just this most amazing experience. I was thrilled to have gone through it because it really did serve, kind of a 'waking up' to a deeper place in my faith, yes, because when I was coming to the idea of it, it was like I was an innocent child with a magical story. And then when it didn't happen the way I pictured it, it was like you said, we had to drop down deeper to well within of 'what is real.' So, it's just been a part of the whole journey. It was great.

REBECCA: Yes, and I kind of had a little bit of a - in a very early part of the night, I really felt a strong presence and I kind of saw a being in my mind, but he didn't materialize; and I couldn't see with my eyes open, but yes, there was something or someone there.

LORAINA: Well, my question goes to a different subject, with regard to Teachers - do they choose us, are they chosen for us? Are there specific reasons a Teacher and a mortal are connected?

HAL BYNUM [from the audience.]: They volunteer.

REBECCA: Yes, like Hal says, they volunteer to come assist and teach us. But I don't know anything about the process of what they go through.

BILL BRYANT: The examples we've heard about 'disillusionment' and false predictions and disappointments and all these physical things that didn't happen - these aren't

restricted to our Teaching Mission groups. If you look at the history of the churches of this country, and other countries, many times they've predicted the Second Coming, and one thing or another, such as the Seventh Day Adventists and all the others who have had these disappointments. So, it's not confined to us! "we Teaching Mission people." [laughter.]

REBECCA: Yes, that's true.

QUESTION: Rebecca, I have thought, while you've been speaking to us about what Gard Jameson [Urantia Book Trustee] said in his letter last night about "our being part of a beautiful time of healing;" and what I want to ask you is: Surely there are many brothers and sisters that we know and love who are Urantia Book readers, but they have not embraced the Teaching Mission yet. They are kind of on the fringes – they want to know more; they want to reach out; they want to connect, but they're skeptical and afraid. They have issues regarding the veracity. And I just wondered if you've had some successful experiences to be able to communicate your understanding and your experiences with the Teaching Mission to those people who want to know more, but are being held back for some reason?

REBECCA: It's hard to say, because we can always talk to people and tell our story and how we feel about things, and yet, we don't know how it affects them. And, I don't know any particular person that was hard core 'Urantia Book only' that I've single-handedly brought over to the Teaching Mission. I don't think I've had much success I guess – I don't know! Calvin has.

CALVIN: Now, listen to the humility of a good transmission-receiver up there, folks. [applause.] Are there any more questions? We have one more item after Rebecca, if there's any burning question, then we will do that.

LEE RECTOR: I just want to make one comment about the Gabriel night. I was there. There was no question in my mind that they were there. (Rebecca: Yes.) I actually recall feeling the presence move from one person to the next. (Rebecca: Yes, me too.) And, I think about how the Master was always asked to perform miracles – and sometimes we look for miracles with our eyes, and not with our hearts and with our spirits. I left that room that night feeling as though – exactly as what was to transpire, came.

CALVIN: I think people make the same mistake, in religion, about Jesus' 'Second Coming,' they think "Well, He's going to come in this way or that" and when that day comes, they have all kinds of different expectations.

STEFANI MURRAY: Rebecca. I think it was, you know, part of a learning process that everyone's going through. It's like we mix up the material and the spiritual. And I think a lot of these lessons has been that, what you're talking about – being able to perceive someone with your mind as a presence. I think we're learning more to see in other ways than with our material eyes, and have less expectations. The only incarnation events are like the Bestowal Sons, among the spiritual beings; it's a rare thing. (Rebecca: Yes.) Steffanie: Even then, there are those who think 'but the Melchizedeks do at times, materialize' – but then again, they don't have to be in physical form. What you're talking about is seeing someone as a light, feeling their

presence, knowing that someone's there, feeling their personality, recognizing their energy, you know. One of the greatest things that this Mission's done for me - I was one who really was kind of locked in to 'the Urantia Book only' until I found out I had friends involved with this Teaching Mission that I trusted, and I really listened at the Flagstaff Conference. [Teaching Mission Conference about 1996 in Flagstaff, AZ.] and it was so unmistakable. It was really funny because I would never have expected a 'material presence,' but the understanding with 'spirit.' One of the funniest things, then, that happened to me was having a very material thing happen after that, which was Teacher Will - getting a copy of her unpublished book in two days. You know, which was like, basically miraculous. I'm sure it was, for them, relatively easy. But our expectations - of mixing up our mortal thinking, or what we need to transcend; and then that transcendence of our agendas, or what we want. This world is more glorious than we can dream up or imagine, and if we each do our assigned tasks, and be patient and work, then we are contributing to the whole; and hanging on to that is just so important. We're so grateful that you've been able to do what you have, Rebecca; and you know, just to have that faith, and to walk in it step-by-step, that's the miracle right there.

REBECCA: Thank you.

CALVIN: Just before we break for cake, Byron Belitsos is going to make an announcement, and then we're going to go upstairs and have some ten-year anniversary cake. [Conclusion - big applause.]

Attendees at this momentous 10-year Anniversary Conference were from all part of the United States and a few from other countries. The 'Teaching Mission' did take root and spread throughout the world fast in these first 10 years -- mostly in the United States.]

The Future of Our Mission Rests Upon Your Participation | Banquet of Our Father and Mother Supreme

Abraham, Snowbird UT Confernce 07-08-2001

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2001 Snowbird TM Conference - Down To Earth Spiritual Reality

Sunday Morning - 5th Session - 1st Message

TR: Nina

I am here, yes. I am ABRAHAM. I am with humble gratitude that we were able to attend this, our Father's banquet (this Conference). I pray you were each fed well. I realize there was so much to choose from. Many of you nibbled a little bit of everything. Many only partook of a few dishes. I hope that the nourishment will sustain you in these days ahead.

The Father has prepared a place for each one of you at his table. Not one seat is higher than the next. He has carefully placed those utensils before you that you need, to partake of the mortal life and to gain the experience you need that points you Paradise-ward. He has prepared dishes of practical spiritual sustenance -

everything you need to survive and thrive in your eternal career. The candles are lit and he beckons you to come.

There have been other prepared foods laid out upon the table made with man's recipe – some mixed with ingredients of temporary empty promises. Some dishes are elaborately prepared as if to show all 'who can out-do the Father.' As practical spiritual reality takes hold, we find these dishes to be tasteless, without nutrients.

You have the choice, says your mortal will, to choose what is right for you. You will taste many things but I would admonish you to look at what Father has prepared, for the winter of this mortal life is long and you will need practical spiritual sustenance to survive.

Will you drink new wine in old skins? or will you allow Father to fill your cup with the grapes of truth, beauty, and goodness from His vineyard. Will you feast on the Father's ever-sustaining morsels of practical spirituality? or will you fatten on man's morsels of mortal ideas. Whichever you choose, you know that your place is set; it is yours, and that free will prerogative to choose will never change.

What dishes can you prepare to bring to this Correcting Time? What would you feed your fellows – recipes from the Father's all-knowingness, all-encompassing love? or, would you prepare a platter that will seem to impress your mortal counterparts but feeds them no nutrition whatsoever. What will you bring to the table!

The future of our Teaching Mission rests on your participation, your integrity, your ability to be small and use the Father's recipes. Can you stand aside and allow Father to help measure the truth, add a pinch of beauty, and stir that ever eternal pot of goodness!

The table is set. The Master has raised his glass in a toast. He invites you to join Him in this experiential adventure of cosmic citizenry. The Supreme Being awaits. What will we choose to partake of! What will we choose to serve our fellows! Will we even come to the table? Know that Father, Mother, the Master – each is there to pull out your chair and seat you.

Know also that I am indeed with humble gratitude to see Father's faithful children take such measures to do good to be a part of this epic adventure. My love goes with you. Shalom.

As Experiential Beings You Stand Upon the Platform of Faith

Daniel & Aaron, Snowbird UT Confernce 07-08-2001

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2001 Snowbird TM Conference – Down to Earth Spiritual Reality

Sunday Morning. 5th Session – 2nd message

Daniel (TR - Jonathan)

Greetings to one and all. I come to you at the request of my faithful student, Isaac. I am DANIEL. I greet you with love. One moment while Jonathan (Rick Giles) adjusts to the image I present him.

I must let the ricochets of implications settle. Follow with me as I present to you a lesson on faith, belief, truth, and experience – that ought to be enough.

Let us describe reality as a ground – the ground of reality. As I unfold this presentation you may at any time substitute God for this ground of reality, for you know at the center of all things, absolute materiality and absolute spirituality, are one and the same. Resting upon this ground of reality is the platform of faith. You, an experiential being, stand upon this platform.

Reality is not flat; it is very contoured and complex. Your faith platform rests upon points in reality. These are your contact points of truth. This platform is not rigid as a board – though initially, when faith is weak, it is stiff, yes. Beneath this platform are the gaps where you have not truthfully contacted reality. The personality will fill in these gaps with beliefs in order to stabilize faith and to keep it from rocking. Living faith is really pliable.

As you advance, your faith becomes more like a blanket that rests upon this contour of reality; it takes on shape. But as this blanket rests upon these shapes of reality, it too does not fully conform; it does not wholly present God (or reality) to you, for you must still fill in the gaps with belief. Your contact points of truth are becoming greater. Your experience is becoming more real.

Faith becomes increasingly pliable, but it also must move, for there is a horizon line of discernment beyond which you are unable to perceive reality. And faith ever urges you to broaden your horizon; therefore, your platform will travel. As it moves over reality, your belief becomes a lubricant that allows you to roll smoothly. Over the course of your ascension, you will encounter new lubricants and you will leave behind those belief-lubricants that served you in your travel at one time.

As you ascend, initially, and depending largely upon belief and your traveling with faith, you will arrive wholly in the presence of truth. Faith will grow thinner. This may seem odd, for as you seek to strengthen and embolden your faith it will become more like 'saran wrap' for it will more accurately conform to the contours of reality, revealing ever-more precisely, God. The truth-contacts will increase. The belief-gaps will dissipate.

Upon attaining Paradise citizenship, you will conform to the reality of Paradise and the personality of the Father. You will become, fully, His child – a representative of His perfection from the universes of time, as will the multitudes about you; and, those spread abroad throughout the universes who have been with the Father, who have once stood at His home. The expansion of experience is the increased discernment of truth-contact and the falling away of the filler of belief.

I thank Jonathan for bearing with me. And, I thank you all for your earnest attention. Our wonderful Mother is in your presence. She seeks circuitry contact with her precious daughter, Nina. Before she embraces you again, I will turn you over to Aaron.

[Regarding Aaron's mention of Jerusem (below), the Urantia Book explains that Jerusem is our "system capital" of which all mortals ascend to on our way to the

far-distant Paradise. Jerusem is (so far) comprised of 687 inhabited worlds, of which our world Urantia (Earth) was the 606th. Some do conjecture that Jerusalem-Jesus' 'Earth-capital'-was named after our system capital.]

What Qualifies This World For Light and Life

Aaron, Snowbird UT Confernce 07-08-2001

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2001 Snowbird TM Conference-Down to Earth Spiritual Reality

Sunday Morning. 5th Session - 3rd message

AARON (TR--Daniel Megow)

Hello friends. I am AARON. I have a quiz: Setting aside some of this effort to attain planetary citizenship - I ask you now: What does it take, tell me the milestones required to become a Jerusem citizen? Are there any ideas? [inaudible responses.] And my second question will be on 'methods' you have available to attain Jerusem citizenship.

But first, I ask for a milestone. [Group replies regarding the Seven Mansion Worlds; transforming the animal nature; fusion; etc.] Aaron: The supreme decision perhaps? Other ideas? [Group replies: choosing the Father's will; service; etc.] Aaron: You have answered my first question. How about the 'seven psychic circles?'

Let us move into our second question: Tell me the methods whereby you maintain these milestones? [several group-replies.] Aaron: You have mentioned tolerance; service; prayer; self-mastery; love; worship; self-love; forgiveness. Excellent! I think you're going to pass. [laughter.]

Now that we're warmed up - what do you think are the milestones required to qualify this planet in Light and Life?[Group replies: All of the above; a Planetary Prince; unity; inner connection.] Aaron: Wonderful, and now what are the activities you may undertake to aid in attaining these milestones? [Group replies: Faith; serve each other; [inaudible.] casting off the old baggage.]

My friends, you are abundant with ideas. We must relate this all to our fellows around the world. The methods for attaining citizenship on Jerusemare quite similar to the methods of bringing this planet to Light and Life. [inaudible.]

Thank you for participating with me. I love you all. Take one moment to center yourself, to prepare yourself for reception of Mother's contact. [Editor's note: Our Universe Mother's address was in the next segment - and was the ending of the Conference.]

Now that we're warmed up - what do you think are the milestones required to qualify this planet in Light and Life?[Group replies: All of the above; a Planetary Prince; unity; inner connection.] Wonderful, and now what are the activities you may undertake to aid in attaining these milestones? [Group replies: Faith; serve each other; (inaudible.); casting off the old baggage.]

My friends, you are abundant with ideas. We must relate this all to our fellows around the world. The methods for attaining citizenship on Jerusem are quite similar to the methods of bringing this planet to Light and Life [inaudible].

Thank you for participating with me. I love you all. Take one moment to center yourself, to prepare yourself for reception of Mother's contact.

[Our Universe Mother's address was in the next segment – and was the ending of the Conference.]

A Divine Message From Our Universe Mother. See These Children, They Are Mine And I Love Them Dearly

Universe Mother, Nebadonia, Snowbird UT Confernce 07-08-2001

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Snowbird Ten-Year Anniversary TM Conference. Down To Earth Spiritual Reality
Sunday Morning Session. Conference Closing Message

TR: Nina

A Divine Message From Our Universe Mother-Spirit

Greetings, my little ones. When I look at you, I am overcome with the desire to say, "See these children, they are mine." You are not hidden from us, we know you through and through, be it good or bad. We are most deeply in love with you.

We are all a character in a most wonderful novel; it is perhaps a combination of history and a love story. I play your Mother. The story is filled with evolution, sin, rebellion and darkness; but we cannot forget those who stand out in fighting for this young planet. Chapter upon chapter there is light, love, knowledge, progress, and heroes.

Your chapter is being written – what would you like it to say? The choice is yours; you are writing the chapter. Your faith, your willingness to serve, your willingness to be spirit led, your sincere humility – will be a wonderful catalyst to the next chapter.

Your integrity, devotion, sincerity, and love of our Father will set in motion all that will be written from this day forward. You are a co-author. You are a director of destiny. You play a key role in how the story will turn out. Have not fear for the turmoil within this beloved Mission for this is only a chapter – it is not the end.

Be conscious my children, be aware, for all that you do directs and produces effects. Remember who you are co-authoring with – allow Him to speak; allow Him to assist; allow Him to comfort you when you cannot see your way through. We are made more because Father is in us and we are in Him. Take up your pens of responsibility – integrity, tolerance, love – and let each one of us be a part of this grand love story.

See these children, they are mine and I love them dearly. Go your way, my little ones. Let us be about the Father's business. Farewell.

Phase Two Of Our Teaching Mission | Building Upon The Foundation

Abraham, WOODS CROSS GROUP 07-09-2001

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Regular Monday Evening's Lesson With Woods Cross Group

I am ABRAHAM. Greetings. I so enjoyed your discussion this evening. It was nice to hear you discuss something else besides the Conference. This everyday-living reality is what we have spoken about so many times before. Our Mission is about finding those reserves – to draw from a spiritual account in a practical way, a way that suits the human and the divine.

I breathe a sigh of relief for we have put our best foot forward. And now we leave the results in Father's hands. I can say, every individual received exactly what they put into the Conference gathering. I trust that most will have those spiritual reserves on hand for some time to come.

I have been assigned the somewhat controversial task of reiterating the basis from which this Teaching Mission stems. I am speaking about the Urantia Book. This Book is our compass in the sea of everything. Many ideas will come and go, and you can always measure these ideas with the Urantia Book. The Book is a solid directional guide. Even though it may contain some material that seems farfetched, nevertheless it is a lighthouse that leads us to the shores of balance.

Along with our Urantia Book's epochal revelations, we have our beloved Father Fragments providing for us ever-new and updated information. In the days ahead we would do well to ponder our closeness with the beloved indwelling Fragment who is ever showing us a new and better way. The communication with our Fragments is becoming more simple to understand since the planet has been re-encircuited into the fold of Nebadon.

Do not make the mistake of putting these Father Fragments on a mystical pedestal, because this leads to over-indulgence in self-aggrandizement; become used to thinking of them as the better part of yourself, your higher mind, your revelatory provider. These Mystery Monitors are the gatekeepers to all that holds meanings and values. Allow them to work, and notice your new sense of balance and confidence to be at home in the world. Those wonderful Fragments are a safety measure to weed out non-reality while correlating information that will serve you well.

And last I would say a few words on living revelation: Down through the ages, you can see how the basic goodness of all religions has taken hold – has not gone away. Those things that are really true will be lasting. There is always a great deal of excitement created around certain theories, but when they lose the momentum of the people's faith they go by the wayside. As you mature in spirit you find you need not give faith-energy over to just anything. You can always count on your indwelling Fragments to keep you up to date with universe happenings; you can know their ministries more mentally than emotionally.

In choosing those courses from the banquet table, the Adjusters can certainly lead you to those dishes of nutrition. And what might not always look appetizing to you may be with more spiritual sustenance according to the Indweller. You can measure living revelation with your understanding of becoming more selfless. What feels good and true may be food for the ego, not necessarily for the soul.

Have confidence, my friends. Your indwelling Father goes before you; He has sampled

everything and is a helpmate – not one who is waiting for you to make a mistake so He can chastise you. Ponder these things this week, my friends, for we are at the beginning of PHASE TWO of the Mission. Let us rally our faith, filter out the falsities and check our foundation for cracks. This next phase will be the building upon our foundation.

I would not receive questions this evening but would love to leave you with some heightened energy reserves by praying for you.

Our Father, our Son, our Mother, I humbly come before you on behalf of my Mission fellows. There has been a great expense of energy as of late; and I, in my love for them, beseech you to rain down upon them your everlasting love and comfort. Aid them in their integration of all they have learned this weekend. Bring balance to imbalance. Bring clarity to cloudiness. You know as I do that their underlying motivation was out of love for you. We know that. We know that you know their expense in spirit was great and we ask you for that spirit energy that only you can provide. I speak on their behalf that if there was ever need again for such energy expense my friends here would not hesitate to once again do all they could for you. I thank you, my Father, the Father of all fathers. I thank you, Michael, for we could not want for a closer Brother/Friend. I thank you, Mother, for your grace and example of service without glory. Know that our thoughts, our love and our complete being, is in you. We will gratefully accept your energy, guidance, and love in return. Amen, and shalom.

Which Master Do You Serve | Are You Driven By Fear or By Love For The Divine
Abraham, WOODS CROSS GROUP 07-16-2001
Back

I am ABRAHAM. Greetings. As I look around the room, I am touched by Father's faithful – all gathering to once again become centered and focused. It is apparent that you each come to learn and participate without need of any promised reward – quite an accomplishment from when we had first begun. My message this evening is simple, yes! and yet, without it we could not continue with these teachings:

Down through the ages, man has always searched for answers; answers of any kind. When one man would appear to have more knowledge, then the other men would then follow him. With the ever-evolving ego practices, men, and some women, have sought a place of importance. The more followers they attained, the more important they were, was the sentiment.

As the Correcting Time moves forward and old ideas are fading away, we find that we need not a mortal hierarchy to go through to get to God; every individual has access to things divine. Every mortal will find for themselves that they cannot serve two masters. You cannot put your fellows on a pedestal and be beholden to them – while Father is set aside because you cannot see Him or you cannot trust in yourself for your connection with Him. We serve the 'One God' – the First Source and Center, the Father of all fathers – who is the Divine Director, the Perfection in the midst of imperfection. He is whom we worship! He is whom we serve!

Man has been a slave to many things – his fellows; his mortal material needs; his addictions; his want for power and glorification for ego. I could say most of these

mortal masters all are rooted in fear – fear of loss, fear of being punished, fear of isolation. The main reasons many mortals do not ever really become close to Father is because of fear; they fear Him, His power, His all-knowingness – not His fairness and His overwhelming love.

Many perceive Father as a stern commander who does not have their best interest at heart: so they seek to hide from Father. They will allow Father in on the Sabbath, or perhaps at prayer time, maybe even meditation, but they exclude Him when they are about in their daily human dealings – and some of those dealings are not so divine.

You cannot really have a part-time Father. You cannot only have God when you want Him, for He is there in all your mortal undertakings whether wanted or not. There is nothing hidden. Yes, He will show you your shortcomings, but that is out of His love for you; His main duty and goal is to point you Paradise-ward. Father does not seek to shame you into righteousness, no – He seeks to be a loving and intimate associate; he seeks to co-create your eternal path to Him.

Do not pray to Father for fear of what will happen if you don't. Do not worship Him as if to pay off your mortal debts. Father, who carefully orchestrated all creation, is not to be tricked or manipulated, no. You cannot bargain with Father saying: "I will give you this for that," no. He is your closest ally; your most trusted friend; your shield against mortal harsh reality; your shelter from the storm; your spirit replenisher; your way-shower.

This week my friends, ponder – which master do you serve? What is your perception of the First Source and Center? Where can you bring Him into your life that you have not before? Think about how fear may lead you to leave Father out. Does Father want to be in every aspect of your life – even those areas most dark? Have discussion with one another during the week on this topic. I understand there are questions and assessments. Proceed.

CALVIN: Abraham, Joy Brandt. from Oregon I believe, is such a sweetheart in supporting the Mission as a skeptic and a cynic, like you say some of us are. She has requested an assessment.

ABRAHAM: Certainly. Joy, my daughter, we do delight in your questioning mind. Even as a child you could be found speaking more with adults than with other children. Your drive for knowledge has made you who you are today. I see you as well-balanced – and yet, a little fearful about your foundation of belief. You love Father and the source in which you have learned about Him, yes, no doubt; but still there is a tiny part of you that says: 'What if all that I believe is not really true?' Know that many individuals experience this, and while you are an intellectual daughter of God, do not allow the intellect to override your faith. Measure your intellect and faith with your past experiences. Do you not agree, there are some things even you can't explain? While you are strong in character and bold in technique, do not forget there is still that child inside who dreams of greater things, yes. You are where you should be. Skeptic or not, your daring to question is truly beautiful and keeping others to always check their real motives. Well done, my daughter. We will speak again. Another assessment.

(A request from Esmeralda of Albuquerque, New Mexico.):

ABRAHAM: Yes, Esmerelda, my dear daughter, I do see you in these trying times as one with grace and immeasurable strength. You need not feel that events have befallen you for one reason or another. You are a woman of faith and know full well that Father will correlate your experience with meanings and values. You would do well to become more direct in your discussion with others. To hold back because you believe it may cause turmoil or pain is really detrimental to you. Certainly, you are gifted in your way with words and you can find a way to be tactfully honest and open. Have not fear, for with each day that goes by, your Father grows closer to you. You are as you should be. Take comfort, my daughter, for in every mortal event there is great value. Another question?

CALVIN: A quick welcome to Dave Purdy, it is his first time here with our group.

ABRAHAM: Yes. Welcome. Questions?

DAVE: Abraham, you have played a very important role in my childhood. I have to admit I have come here tonight as one quite skeptical. Part of me also feels a little cynical because of the way I was brought up – to not believe in things that cannot be explained by science or in things of a religious nature. But I have not really given up; and yet, I have become quite cynical. What would you have to say to me?

ABRAHAM: I understand you, for I was indeed the same way. I held firmly to the teachings of my forefathers until the appearance of my mentor, MachiventaMelchizedek. I cannot change your cynicism, but most definitely can I offer you fellowship and love. You have had experiences that have brought your mind to where it is now – and that is not bad, but is a stepping stone to greater meanings and values. I can say, the painful events of your past are not destined to repeat, so you need not be so distrustful. Rather, renew your personal relationship with Father so He can show you a new and better way to be open to new ideas, new challenges. I do understand your concern of being led astray or falling for falsities. You, though, are the controller of your mind; and you can trust in that to weigh those things you 'see' with what you actually 'believe.' Cynic or not, I welcome you.

JOHN: Abraham, I definitely relate to what you were saying in the lesson about parts of our life where we want to include Father; and there are other parts of our daily lives where we exclude or even just forget about His existence. I guess my question is – besides the stillness, how do we get to a place where we can go ahead and allow Father into those places that we are not so proud of or feel worthy of?

ABRAHAM: Understood, John. You know you are not perfect and are in a state of becoming. Certainly, Father knows that, for that is indeed part of His plan. What other mortals may deem shameful, Father sees these things as opportunities to become closer with you. He knows you at your very worst and He does not love you any less, no. Once you have committed to bring Father even into your darkest areas, the levels of shame fade away and your co-creating partnership with Father excels. Many individuals cannot seem to overcome their past mistakes and their guilt is a

barricade to God. The ego loathes to see its own mistakes and seeks to cover them up with excuses. But the divine seeks Father's guidance on how to correct or to find a better way. Yes, stillness is good – that keeps a close communion with Father. But real honesty, with yourself and Father, takes you to a new level of taking action towards really putting the divine way to work, yes. Father is not about atoning – or even redeeming, after deeds are done; He desires to be brought into every situation beforehand as if He was a partner in all your decision-making. Good question, John. Does this answer? (John: Yes, and thank you.)

MIRIAM: How was 'your' energy this week? What is going on with you and your staff?

ABRAHAM: We are also tying up loose ends, making ready for the new phase, preparing new lessons – and yes, even taking time for some rest and reversion, which I would highly recommend. Thank you, Miriam.

CALVIN: Abraham, I want to ask for Milton West. He has a question about a Teacher for his area, for his group?

ABRAHAM: I do know there is a transmission-receiver being prepared, but no Teacher assigned as of yet.

If there are no more pressing questions, I would take my leave. I would express to you, again, my gratitude and unending affection to you each. Until next week, shalom.

The Marriage Begins | Some May Not Hold Strong To The Mission-Commitment
Abraham, WOODS CROSS GROUP 07-23-2001
Back

I am ABRAHAM. Greetings. I am glad for the early start to tonight's meeting for we have much to cover. Beginning the second phase of the Correcting Time, it is wise for us to cover some of those tried-and-true techniques that have carried us this far.

We have discussed The Urantia Book as a measuring tool for all our incoming spiritual information. We have discussed the importance of the relationship to our indwelling Adjusters. We have touched on the importance of awareness on who we serve and the realities of our Paradise Father.

I will say a few words on the technique that brought you this Correcting Time Teaching Mission. Yes, the 'stillness practice' is a time of quiet openness that is specifically for you; it is for you and Father – to keep your relationship fresh and growing.

The stillness practice is an antidote for stress – mental and emotional confusion. The stillness is not about uprooting mystical happenings that proves God is real, no. It is not about showing yourself to be a 'dedicated child of God.' It is not about paying your dues to show you are worthy of 'child of God' status.

The stillness practice is balance for your mind and a cleansing of spiritual poisons. The stillness is reconnecting to Father, that all-knowing Parent who sees

you for who you really are and loves and encourages you without end. The stillness (or meditation) is an equalizer between the divine and the human; a balancer of the ego; a line drawn between self-loathing and self-love.

Stillness was not designed to add to your guilt because you do not practice it, no, but it is a safeguard for you to become balanced in spirit, mind, and body. A sound connection with Father leads to clean and clear thinking which receives incoming divine information that produces overall benefits for the mind and body. The human body cannot repel ailments if the mind is in turmoil. It all begins with stillness, my friends.

The second thing I would like to cover is Teacher purpose and position. The Teachers have come to you out of the state of emergency for the planet as a whole. We have come to you in this Mission to assist Urantia back into the fold of Nebadon. We are to assist you in becoming acquainted with the new spiritual re-encircuitment. We have come to help uplift and create calm in these new changes.

As well, my associates and I have come to help you each make sound contact with the beloved Adjusters. We are not about mysticism or coming to a chosen people, no. We are not about proving God's existence – nor, of our existence for that matter. I am personally here out of my love for this world's people, and I find it my highest honor to serve Michael in this wonderful epic adventure.

Yes, it is a momentous time and yet, we must each remain small and usable to God. The Teachers and other spiritual assistants are not here for your mortal amusement, nor a sideline hobby. We are about change and real spiritual work. We are not to smooth-over bruised egos or poor self-esteem, no; those are matters for you and Father. In this Correcting Time, the age of courting is over and now the marriage begins.

Most of you understand the complexity of the marital union – there are so many new things to become accustomed to; there are habits and behaviors your partner has that you cannot possibly comprehend as to 'why.' A true marriage takes continuous maintenance, communication, and a willingness to see one's own mistakes. A healthy marriage does not point out one another's faults but stands in commitment to assisting a spouse with understanding and honesty – heartfelt genuine honesty; not as a superior individual who 'knows more,' but one who is willing to be open to new possibilities.

My friends, we have each entered this marriage with expectations; and there is no doubt we have faced great disappointment, yes, but also has there been tremendous growth and lasting bonds of friendship. There is a particular joy you can only receive from a committed, healthful marriage. Therein, is the promise that you are not alone in the world to face everyday harsh realities; you have a place where you feel safe to be who you really are and to know you are very much loved.

In a good marriage, you are allowed mistakes; you are allowed to grow from them. You have the support of one another instead of the ridicule you might find in other relationships. The time of courting is over; the non-reality that you show a prospective spouse to win their affections is phasing out and the reality of seeing

who your partner really is will come in. Now our real work begins. Now we will see who is in this marriage for the long run. We will see if devotion and love can overcome trivial habits.

A good marriage, of course, always puts Father first and tries to view every situation through spiritual eyes. This is not to say there will not be disagreements or even arguments, hurt feelings, etc. We must be firstly committed to Father before we can commit to one another, yes. With any healthy marriage, there are sacrifices, there is a giving and receiving - there is compromise.

Among the brotherhood of Urantia, there will be those difficulties that arise, and many will not be able to endure. Many have not the faith or commitment to stay the course. This is to be expected. Realize though, the benefits from compromising with one another (the giving and receiving and sacrifice) are required to show forth any fruit. In this union of ours, what sacrifices are you willing to make? What are the costs of the Correcting Time? How much are you willing to release so you can receive?

A marriage is centered around the entire family, not just one person. All are considered; all are taken care of. What is your role in this union? Father does not ask you to 'give all that you have' but more perhaps asks 'give all that you are.' Be willing to lose self for His sake so that He may make you more than you are. Yes.

No questions this evening. I do want to express to you each that my love and dedication goes with you. I am honored to be entered into this union with you. Until next week, shalom.

Go Beyond Comfort Levels | You Have Made Your Mission Bed, Now Lie In It
Abraham, WOODS CROSS GROUP 07-30-2001
Back

I am ABRAHAM. Greetings. I so much enjoy the group spirit here this evening. You each appear to have rolled up your sleeves and are ready to work. These past Mission years have only been preparation for the present time, a warm-up so to speak - the teetering between faith, doubt, reality, and mysticism. It is apparent the Teaching Mission is becoming more stabilized and founded in the reality of the Fatherhood of God and the brotherhood of man, yes.

With any new marriage, there are needs to be met, rolls to fulfill, and positions to define. Now that we have established a commitment we will be called to certain duties. These tasks/assignments are helping each one of you attain experience that will serve your fellows. You cannot say: "I am with righteousness because I serve;" or glorify the self because you put yourself out, no! because you are also receiving valuable experience in return.

In a good marriage you give in order to 'care for the whole;' you don't give just 'to receive.' And for those who do understand the marriage concept, you will rarely ever receive any credit for your good deeds. Again, that is not why we serve.

I can say that most individuals going into marriage have expectations that never

really come to pass – the lessons are hard and bringing a new consciousness. You will find that you must move beyond your usual pattern of behavior, yes, even at times compromise yourself. You learn to move from that place of self-satisfaction and comfort to making effort towards trying new things, doing different things.

This Teaching Mission appears to the outside world as a new thing, something out of the ordinary and strange. We are thankful that those Mission beginners did step out of their comfort zone to embrace the new without worry of ridicule. You have had these years to digest lessons, and always do you know you can fall into the safe arms of your Heavenly Parents should trouble arise.

Now we are asked to go forth from our self-satisfaction and comfort, to handling situations with spiritual maturity. "I am fine, but I am not complete," is a saying we will become acquainted with. Also: "I am valued and loved, but I do not hold all the answers;" and, "I am willing to step forth and drink the cup, fight the good fight of faith, view my fellows as brothers and sisters and, do what I have to for the good of the whole," yes.

We could say you have made your Mission bed – now lie in it. Go forth with courage and deal with your mortal circumstances with spiritual power. Do not recoil in fear as if you know not the Master nor have had the spiritual training. The spiritual path is not a path of ease, no! and situations will arise where you must step out from your comfort zone to handle situations.

The Master seemed to have a perfectly focused mind and a shielded heart; He could endure all things. The Master could deal with difficult situations because He allowed Father to work. Many were common to say the Master was "beside Himself;" and indeed He was – instead of jumping to emotional rampage or assuming the worst, the Master would consult with Father in prayer or stillness to receive clarification.

Many things that happen are really not as bad as you would think; they are subject to your human definition. So while you go forth with your new courage to move from your comfort zone to do new things, forget not to consult the divine overseers for clarification and direction.

It was quite rare for the Master to give way to emotional outbursts, and that was due to His time spent with Father. He was strengthened for everyday ordinary daily mortal happenings. He moved with spiritual power from on high because He was dedicated to allowing Father to work.

The Master worked not for self-recognition, no, but for the welfare of the whole. He found spiritual strength to do even the most difficult of tasks because of His Father-connection. The criticism He received was of no effect because He had tamed the mortal ego. The business of who He was and how He was growing and learning was only the concern of Father's. Said He: "I am made more when I have given all that I am to my Father in heaven. I fear not the ridicule of society. I dare to move beyond what I feel comfortable with, to be of service to Him that has created everything."

Friends, you will be called to certain tasks that you feel you are not equipped, or which moves you from your level of comfort. Allow Father to be at your side with His

guidance and to bestow on you spiritual confidence and power. Do not take my words in through the ego's eyes and ears, no, but see them through the eyes of the spirit. This is maintaining balance. This is serving the whole.

Conflicts that arise within this marriage will need to be dealt with to gain closer bonds of trust. You cannot cover-over your difficulties with social niceties and expect healing, no. Michael's Spirit of Truth runs through the hearts of every man and woman. Nothing will be hidden for long. We must move from our comfort levels, to face the truth in whatever form it takes. We must move beyond the ego's cry for attention and remittance, and be about the business of truth and the desire to initiate healing.

I hope I am clear to you. A few questions?

WILLEENA: Abraham, I would like to ask about the stillness track I am on – if it is accurate or if you would suggest adjustments?

ABRAHAM: I perceive you to be in understanding, but I would suggest you to have balance with this. Do not make this a primary focus in your daily living. Do you see, the more you force effort towards attaining stillness the easier it slips away. But yes, I see you have a good understanding and, have a new sense of the practice, yes. Is this helping? (Yes. Thank you.)

SIMON: Abraham, I am really excited about tonight's lesson; perhaps too excited about it. I really have a desire to do some kind of Urantia missionary work all the time. The Mormon Church seems to be a big deal to me because we are in Utah, and seeing their missionary work – could you give me some direction along those lines. I suppose you know what I would really like to be doing, I would love to see somebody read the Urantia Book out loud at the LDS Conference or something like that. What do you think the best way to begin? Could you give me some direction?

ABRAHAM: You are speaking of missionary work, yes? (Simon: Yes. Teaching Mission missionary work.) Abraham: Understood. You already do a great amount of missionary work in your daily dealings with people. It is understood in the religion you spoke of that missionaries are glorified and held up as heroes or the self-sacrificers that will bring God's message to the ignorant – we are so far from that! Missionary work for the Teaching Mission would entail first, to attend to one's own family – that is first and foremost in the mortal adventure, no doubt about it. Your children, spouses, parents, grandparents are your first duty in serving. Not to force spiritual light upon them, no, but to give to them as the Master gave to His family. Jesus was the beautiful example of someone who knows God. Our Beloved was an example of one who is giving love, acceptance, and a sharing of personal experience – not as one who speaks as though they have a connection to Father that others do not. Your friends and acquaintances always benefit by your sharing. And the way you take an interest in their lives is a ministry unto itself. Jesus ministered as He passed by; He gave so that He may glorify Father. He gave out of His love for His fellows; He did not serve only to return home as the daring hero, no. Simon, my son, you already serve in so many ways. You do know you are in training for a future assignment, and that should be quite enough for now. Yes, well done. Is this helping? (Simon: Yes. Thank you.)

SARAUNA: [Editor's note: Tape inaudible. A question about Kimberly (daughter) doing the right thing for the good of her family, and dealing with her husband's alcohol problem.]

ABRAHAM: Yes. I understand. It is so difficult to reason with those who alter the mind and body with chemicals, and she is correct that sometimes relationships must be completely torn down to be rebuilt. She does understand the concept of enabling, and sometimes to flee from alcoholism seems more painful than just enduring. The withdrawals can be such a source of fear because that brings with it, change. I understand this problem to have gone on for quite some time, yes. I would say to you, my daughter, you know well what is the right thing to do, and have known for quite some time, yes. I understand you are afraid, but know that Father has many times created opportunities for you to seek a better way. You are not the weak woman you perceive yourself to be. You are indeed with strength, and well you should be for enduring this disease. Have faith, my daughter, your courage in taking action will bring about healing. Remember, you cannot cure the alcoholic, but you can certainly bring healing to your family by daring to take action, yes. That is all. One more question?

DIANNA: Abraham, I have a question about the lesson this evening. My focus has been to work on myself and clear myself of those spirit poisons that block me from being of service. What I see in tonight's lesson is that if my focus is purely on Father and focused in service, that I stand beside myself wherein I don't need to be concerned with that healing, that the healing flows through that. I am wondering if I am on the right track with that thought. Can you provide me with some clarification?

ABRAHAM: You are saying – in self-forgetfulness and focusing on service, you receive personal healing. Is that correct?

DIANNA: I am trying to distinguish the difference in focus from where I have been doing my process in growth right now, which has been – if I open myself up to Father I can learn how to forget my issues, and 'stand beside myself' instead. But what I see from tonight's lesson is perhaps my focus needs to be not so much on what those spirit poisons are within me but, on service and the rest will take care of themselves.

ABRAHAM: Understood. Many go through life believing they are so wounded, so injured, that they have not the capabilities to move on towards self-forgetfulness and into service. In this, nobody really perceives themselves in a state of becoming. They long for a perfection in the self – which is not evident; and this disappointment is overwhelming to the point wherein they lose confidence. Yes, recognize those spirit poisons as a part of your total makeup, but do not become so discouraged as to think that is all you are, no. Understand that these spiritual poisons are natural and going to be with you and everyone for a long time to come. In knowing the spiritual poisons, you learn to recognize and appreciate the spiritual fruits. Life is a balance of both. Yes, a focus on helping others is helping yourself. You do gain valuable experience in being open to serve. Many times, you are not the one who serves but you are served. Feel not that mortal life has made you weak and without

confidence to go forward to learn, grow, and serve. Know that your place in the kingdom is secured and, that our divine caretakers have the utmost faith in you. You are learning a new self-honesty, and this is wonderful, my daughter.

Each of you are on a path of discovering self-truth; I have full faith that you each have the courage to face it – and, become stronger and inspired to become more, yes. I am slipping. Know that with each week that passes I find myself more in love with you each. Until next week, shalom.

The Errors of Assuming. Take Time To Understand. It Is Not Our Role To Correct or Fix our Fellows

Abraham, WOODS CROSS, UTAH 08-06-2001

Back

I am ABRAHAM. Greetings. I must commend you on your interaction this evening. You had the courage to move beyond your level of comfort to bring your differences out into the open. Yes, it did create discomfort, but also solutions in how to deal with difficulties concerning your fellows. Well done. This is spiritual reality. This is where God resides. This is where lifelong bonds are made. God is not really out in the churches of rampant emotionalism, no. He is in the details of living. He is the guide to all healing.

I have discussed this before, but I will touch upon it a bit anyway: One of the common difficulties in marriage is the exercise of assumption. Partners never really allow total communication and understanding because there is always assumption occurring. You may mistakenly assume your friend/partner is thinking much worse thoughts about you than is really true. Especially those with little or no self-esteem will assume everyone has the worst intentions for them as if they are not really worthy of love, respect, time, and kindness.

During the course of an individual's lifetime, events will happen that shape the personality and also the ego. Some build a tremendous ego to cover-over their insecurity, and some feel totally unworthy of any good thing – so when events are occurring in the present time, these past negative memories come into play. And most likely, individuals will try to defend themselves as if it will heal the past. Some will build walls of defense as if it will deter all pain, and their hearts become hard. With every individual you interact with, it is more likely than not they are also attempting to heal past pain.

So you see, difficulties become a part of something much bigger. Circumstances that you would not find particularly painful, may be very much so to others. And this is where you can be an understanding helpmate; you can calmly ask questions that may find the real reason for the problem to have been overblown. Remember the Master – in His patience and kindness to His troubled fellows He sought to be a teammate who brainstormed to help bring out issues and begin problem-solving. He did not seek a place above His troubled fellows as if He knew all, no. He sought to stand side-by-side as a loving brother who found it His utmost honor to assist His fellows.

Remember in your difficulties with your fellows that some circumstances are really much larger than they appear. Offer them your ear, your time, not your attitude to

correct or fix. Father seeks to create healing, and situations may arise to create opportunity for healing, and this takes time and experience.

You are correct when you speak of commitment – staying together and working through your difficulties. I understand there will be hurt feelings and emotional distress. But if you can remain calm, and focus on uncovering the real heart of a problem, you can begin to work towards healing. Try not to assume that you know what is in anybody's heart and mind, for you do not! This is why communication is so important. Discussing and really listening (and not worrying about another's underlying agenda) will get to the heart of a matter. Do not be so self-protective that you not only close out the threat of rejection, but also the life-giving force of love.

The ego seeks to be seen, heard, and to be always right, yes; but the soul seeks acceptance in its uniqueness. You can communicate with others most effectively when you show kindness and respect for them as a person/child of God; yes, surely, you can want for no less for yourself. You will always view things differently – just make effort to expect that. Do not make your difficulties out to be matters of 'right' or 'wrong' but opportunities to bring issues into the light for healing.

Again, do not assume you know what others are thinking because that is how you think, no. Allow time for communication and real understanding. The ego seeks immediate gratification and atonement for any disloyal action. Therefore, be watchful that your ego does not interfere with your opportunity for real communication, real understanding beyond any emotionalism. The light of understanding is the feeling that Father does know me and is involved in my life – and is guiding me to a new and better way as He is likewise guiding my fellows.

This week, find that freedom from assuming others' thoughts and intentions. Look at this week as a week of discovery. Still practice 'going beyond your comfort level,' in efforts towards creating a healing situation. Do something that you would usually not dare to do; of course, that must be within reason, and legal. [laughter.]

No questions this evening, for I am due elsewhere. But know that I am at your side as your group partner, and I feel most grateful for all that you have taught me. My love goes with you. Until next week, shalom.

Let Not Others Pressure Us Into Someone We Are Not | And Put Not That Pressure Upon Others

Abraham, WOODS CROSS, UTAH 08-13-2001

Back

I am ABRAHAM. I am your friend/Teacher. Greetings. How wonderful it is to behold the beauty of your fellowship. There are many different individuals here this evening with varying backgrounds and belief/faith systems.

It is beautiful to see the acceptance of each soul as a loved child of God without the burden of trying to change one another's beliefs. You can only speak from what you know. There is liberty to accept or reject ideas, but how wonderful it is to see the fellowship and the joy that springs from gathering together, yes.

We all have differing personality makeup that makes us each unique, and oftentimes

we find the differences to be too much. It would be ideal if we could all view one another as the Master does – but in your short years in the flesh, that seems to be an unreachable goal. The Master viewed individuals at their soul-level – at their 'child of God' status. He allowed others to show themselves 'just as they really were.' He bound them not with assumptions or labels.

Like the unfolding of a blossom, Jesus did not coax his fellows into becoming something other than what they truly were. He pressured them not into becoming the very best that they could be – but rather, in a gentle manner he showed them how they could, should they so choose.

The Master made not judgments against His fellows, for even He was unqualified to do so. There are so many factors that make up the personality that builds character, that adds soul growth. The Master desired to learn who each unique individual really was, without imposing judgments or assumptions.

By your own experience of meeting new people, you can find distinct personality types, yes; but really, all the factors that make up a person do not align for one to make solid judgments about who their fellows really are. Environment, culture, media, and current fads – these, unfortunately, do put pressure upon one to become what others believe is right and acceptable.

The youth of this generation suffer confusion and are forced to bloom when they are not ready – mentally or spiritually. The peer pressure is brutal in that you need to measure up to certain standards to be accepted. Every mortal, every living thing, desires to be loved and accepted 'as they are.' This world is quite bound – contorted in spirit and practically stunted in growth.

In a marriage, you find a great deal of criticism that binds you from acting as you normally would. A partner/friend/spouse may feel no liberty to take personal initiative for fear of criticism. One may feel as though they must be what the partner finds acceptable and right – or, risk to lose their love; a person begins to be lost and become untrue to themselves and, to Father.

You cannot force a flower to bloom or impose your own standards of beauty upon it, no. Most individuals want to grow and become better with time. When there is the imposition of all these standards, the concepts of growth are confused and there is not liberty to 'find the way.'

Many of the more mature adults will scoff at, or even refuse to acknowledge their own youthful experience – as if they were already born with all the experience that has brought them where they are today. They forget about the daily lessons, the pain, the confusion, the long road it took to gain their experience.

Look not to others as if you must force them to bloom with your own ideals of beauty. You can perhaps only offer some light, some encouraging drops of nutrients, some fresh air and room to grow, yes. The Master was intrigued with the varying human personalities, minds, egos; and each individual story that shaped them into who they were at the present time, yes.

Many times in a marriage, the soul feels buried and the ego seeks exaltation. One friend/partner/spouse will compete in fields of knowledge to gain their loved one's attention, respect, and love. This competition is unhealthy, and the loved one is made to feel inferior. In a healthy marriage, individuals want a partner, a teammate – not a parent, a judge nor a superior, no.

This week I ask you to contemplate allowing freedom for yourselves and, for others. Find time to journal how you feel pressured into being something you are not. Write down how you might be imposing this pressure on others. Ponder this freedom of growth, my friends.

We will have questions at our next meeting. Until then, know that my love grows for you each time we meet. Until next week, Shalom. [No Meeting on August 20th.]

Live Your Beliefs Rather Than Preaching Them | Be The Same Person Indoors As We Are Outdoors

Abraham, WOODS CROSS GROUP 08-27-2001

Back

I am ABRAHAM. Greetings. I am deeply touched by all your concerns for this Correcting Time Teaching Mission. As the Master said, "This Mission is a co-creation – our child."

As parents, it is instinct to protect the child from harm, and much of the time parents act from an emotional standpoint. It is especially difficult for parents to stand back and allow the child room to grow. A good parent relies a great deal upon the Parent of all parents; but even the most Spirit-led individuals find it difficult to watch the child experience life only to stumble and become injured.

This Mission will experience a certain amount of stumbling but it is all for the greater purpose. With your years in this Mission-project, you will find there is a strong foundation which supports the essential truths of the Urantia Book by the Teaching Staff – but there is stumbling, yes. A child who stumbles and experiences pain learns to become more graceful in their walk, more cautious of their path.

We have discussed allowing growth within this marriage of ours. We have learned that every individual has varying degrees of abilities to learn. Some have more work than others. Some attain advanced levels only to fall to the ego. Father knows this. Life on an evolutionary world must learn to attain self-mastery, but you cannot achieve these goals without the value of experience. Father is the good Parent and He allows natural evolution to occur.

We find that in this mortal life, so many fail to really live what they truly believe. Individuals study books and pray and give their time to serve others, but they themselves do not live up to what they find to be true. Many know the damage that gossip can cause, for instance, but that does not deter them from doing it. Some believe they can trade a negative energy for repentance and prayer, later – as if to atone for their weakness in the moment.

Many parents have treated their neighbors better than their own children; and yet,

they can be found at church service every Sabbath. The experiences you have are challenges to encourage you to live what you really believe. Your beliefs have no power when your actions are supporting something else. In this marriage of ours, we allow one another to learn and grow as we will. We also have the freedom to stumble and fall knowing that there are those who will lift us up, not hold us down or back with criticisms and superior attitudes, no.

Yes, to live what you truly believe means that you are the same person outdoors as you are behind doors. It means you do not go about preaching goodness, but you actually do it. To live what you truly believe is a glorification to Father – you worry not about what men might see; you need not others' approval for being who you are.

The Master truly lived what He believed and He did it in honor of the Father. He was indebted to no man. He worried not about impressing others so they would follow Him. In His self-forgetfulness, He lived a liberated mortal life. He grew for the most part without man's boundaries.

The Master was conscious of the laws of men and was respectful in that way; but yet, He knew when to speak up and declare His understanding. Mistake not my words, the Master loved people with a deep and abiding affection, but He would not sell out His ideals of truth to gain affection in return, no.

This week, attempt to put into practice living your spiritual ideals. Honor your child-of-God status by living to glorify our Father – and behold the natural positive energy that follows. Journal what it means to be true to yourself, and Father. That is all. A few questions?

CALVIN: Abraham, a known acquaintance you know about, who asks to remain anonymous for her own purposes, asks about Paul Kemp and Rob Crickett's ministries and, their injections into the Teaching Mission. Would you care to comment on her individual questions? or let the lesson itself address that. I can read the questions if you want. [Editor's note: These two (Paul Kemp from Canada, and Rob Crickett from Australia) were somewhat newcomers in the Teaching Mission, and were recent attendees at the Mission Conferences. Both had independent ministry movements that had infiltrated many individuals and groups in the Teaching Mission community. Their exuberance, to many, seemed to be hastily taking the reins of the Teaching Mission to steer the Mission in their own agendas' directions – starting a church, organizing disciples, conducting baptisms, etc.]

ABRAHAM: I have answered her in the lesson. (Calvin: That's what I thought.)
Abraham: My daughter, this is a challenge for you on when and where to become involved. You are like a guard in the watchtower. You have a great many perspectives – make those known. Your logical outlook will bring other supporters to the surface. Your intention is to bring about good for the whole. Do not be afraid to be yourself. Let your concerns be known. In my position, I must use caution with my personal opinion. I do believe that while impatience appears to be winning among many who have been approached – I fully trust you, and those who feel as you do, to tip the scales. Do as the Master did – settle not for niceties while the truth is hidden and others may be in spiritual danger. Use caution with your words. Appeal to

others' minds with logic and brotherly love, yes. My daughter, you were meant to be heard. Another question?

DAVE P.: Abraham, I would appreciate it if you would comment – because this is something that has been on my mind – could you please comment on my interpersonal relationships with others in this group? I would appreciate it.

ABRAHAM: My son, I perceive you to do well for the most part. Your zealousness is a bit intimidating to some. While your effort to be open is commendable, your attempts to find ‘the man behind the curtain’ does cause some to be defensive. Have not worry though. As you dare to share yourself with others, a new understanding is born; and where there is understanding, there is love. Overall, I believe you to be sincere in your search. Another question?

CALVIN: I don't know if we have welcomed Bill Terry formally. I think we have introduced you, Dave Purdy. Is there anyone else? (Abraham: Greetings. Feel free to ask questions.)

BILL TERRY: Do you have anything for me?

ABRAHAM: My son, I find your countenance to be a light to those you know. Your attitude of sincere-seeking has brought you quite close to Father. You may feel though that you give more than you receive from time to time. But have not worry, for Father gives you lessons according to those tasks you are being trained for. Overall, you do well. I am available for more personal questions at another time should you desire. That is all. Another question?

HARRISON: Abraham, even though I am not available to be here every week, I've always felt like I've received the lessons even when I'm traveling – I am very grateful for that and I say, thank you. I feel like I just need a little encouragement, a little help on some personal matters. I'm not sure where to go? Perhaps you would have some words that would help me?

ABRAHAM: Can you be more specific, Harrison? There are many things I can say. What is really in your heart?

HARRISON: I seem to have a laundry list. My finances is one area; some of my personal behavior at times; my communication with my daughter out in North Carolina. If there is any one thing that I can work on, Abraham, I will take it and run with it.

ABRAHAM: Certainly, my son. You are a man quite driven by love and a sense of ‘doing right.’ You most of the time feel a need to be doing, taking action – and some of that is wasted energy, spinning your wheels, so-to-speak. I cannot give you specific financial guidelines, but perhaps I can say that some positions of employment come not with prestige or power from this world, no, but most definitely some positions come with spiritual purpose. Management is another thing I would have you focus on. Your behavior is in a state of becoming. You will experience a great deal of emotional upheaval because your daughter's rejection of your spiritual beliefs feels more like personal rejection as her father. She also loves you and fears for your

salvation. She sincerely believes you to be following a dangerous path, while you see her path as narrow and binding. Allow her to be with her spiritual beliefs. Only add small morsels of spiritual food to her plate. Do not stray too far from her path when you are dispersing those insights from your spiritual account. Do not be offended by her rejection of your good words. Know that she also wants to protect you. Harrison, I do believe you do carry some past guilt 'as a Father' towards these girls. I ask that you contemplate on this and eventually forgive yourself. Have not worry my son, for in the end - all that matters is the love you share, yes. One more question?

SIMON: Yes, Abraham. This week, along with several other people, I've been sort of ill. I wonder if you can comment on how best to deal with that? I know there are times when it would just be best to spiritually go within, which does help us to personally slow down. What good is sickness anyway? [group laughter.]

ABRAHAM: My son, Simon, I am loath to say this: In your enthusiasm to understand your mission assignment you have drawn this sickness to you. Concerning the others, I cannot say, but your attachment to see results is causing you to receive the opposite. You cannot test God. You will not attain power that is not your own. You can only be a nameless conduit. Have not worry nor fear, the illness will subside. Learn to detach, my son. What Father has planned for you will exceed your own expectations. Remember the Master when he said: "Your faith has made you whole." That is all. (Simon: Thank you.)

My friends, what a joy it is for me to be with you each week. I am very much entwined in your lives and I find it my honor to be your friend and Teacher. Until next week, shalom.

Humility | Not Self-Loathing But To Remain Teachable And To Serve All, Equally
Abraham, WOODS CROSS GROUP 09-03-2001
Back

I am ABRAHAM. Greetings. I find there is such a welcoming energy here this evening. I look forward to spending time with you in this co-creation of ours, yes. I am filled with gratitude this evening because of being able to view Father's works firsthand. He makes the impossible, possible. Even on my level you can feel sometimes overwhelmed and a bit spiritually lonely - in these times I am all the more grateful to see the Father's awesome works.

We are in the beginning stages of our spiritual union; and with that, we are learning what one another is like. I have seen marriages though, that have lasted a lifetime, and usually these couples have become as one.

Spending a lifetime together in devotion to one another and the family brings every lesson you can possibly imagine. The enduring marriage learns how to respect individuality coupled with teamwork. I dearly love to view these long-time united couples who have borne one another's burden and have shared every aspect of the mortal life. In this brotherhood/family of God (the spiritual kingdom), our greatest lesson would have to be humility.

Humility is the stripping-down of the ego to the bare-learning status. In humility,

we find we are not God, but ever striving to be like Him. We are 'listening' in humility, instead of preaching what we believe to be true. In humility, we stand equal, side-by-side, with our fellows. We are not followers or leaders, no! just brothers and sisters – children of the Most High. I learned humility the hard way and still, I could not grasp the full meaning until after this mortal life.

Humility within a marriage says that no one has a higher seat than the other. Respect, love, and kindness – these go for each member of the family. A good father consults the family on family issues; he does not mandate nor threaten to bring about his will, no! but he listens to all sides and attempts to view issues with spiritual eyes.

The good father can admit when he is wrong or has made a mistake; to be seen as fallible is of no concern to him – this teaches his children that they have a voice; and, that they matter – individually, as well as knowing they are part of the family unit.

A good mother shows her family that they have choices, for they are not being ordered to 'do this' or 'that,' but they have a right to speak their thoughts. The good mother seeks to guide, not control. When everyone in the family is respected and well heard there is no need to create distractions that gets them attention, no, for each one respects the other; each one is heard – not always agreed with, but heard. This creates family trust. Each member knows that no member of the family strives for individual self-glory, but strives for the balance of the family as a whole.

Times are so much changed from my day in the flesh. For instance, women and children can speak without fear, most of the time. You can see how the hardships of women and children have brought about change – a good change; a progressive change. Also, we see the plight of many races has naturally evolved into progressive change. The difficulties the races have suffered has given them a voice and a right to a place at the table.

These things that occur within this Correcting Time are quite natural and to be expected. Do not try to control the momentum of growth, but be as the good mother – allow all a voice, and show the various choices. Be like the good father that seeks not a higher seat in the family as an authoritarian, but hears each member and give due respect without worry of anything being taken away or lost.

Most of the time the only way things can improve is to allow the natural outworking of time. Our Father does not sit on a throne and do nothing. He does not make it the assignment of one individual to lead all the others, no! He is a God of action. This particular time in the universe history is especially important to the growth of the Supreme Being. This is new experience to be attained by the Supreme Being; and yes, it is quite valuable.

I would like to offer personal meetings to each one of you. I find it would be a great honor to me to relate with you on a one-on-one basis. Please, at your convenience, set an appointment. We will begin moving from these lessons about the 'spiritual marriage' into lessons about 'personal ministry.' There will be no

effective personal ministry without the understanding of 'humility.'

The Master lived a perfected life of humility. He needed not attention for His good works, no, for His reward was found in a close personal relationship with Father. His humble life attracted His fellows, and His words of logic led them to a new and better way. Of course this did not deter His fellows from miracle-seeking, but spiritual seeds were planted – and that is what made history.

This week, journal on the definition of humility and being humble: Is it to hide your light under a bushel to the point of self-loathing? Is it to be focused and aware in the moment on remaining teachable and being spirit led? Is it your duty to humble your brothers and sisters? or is it Father's! Remember, God is a God of action – have peace with that. Have patience. Know that He is fully aware of all there is.

"He that exalts himself shall be humbled." Journal your thoughts on that statement. Know that my ever-increasing love for you goes with you. Until next week, shalom.

Balanced Humility | The Man Who Humbles Himself Shall Be Exalted
Abraham, WOODS CROSS GROUP 09-10-2001

Back

I am ABRAHAM. Greetings. I am happy to see so many new faces, as well as familiar ones, this evening. I am filled with such gratitude to Father for He makes every true thing real. Blessed are those who cannot only endure life's trials but who see Father actually working in them.

Last week we discussed humility and how the humble person is a candidate for personally ministering to their fellows. "The man who exalts himself shall be humbled." Why? Because this kingdom of God is a place of order!

Experience seems to bring chaos, but the kingdom of our Father is with organization where there are universal laws to uphold. Universal laws are natural outworking of experience. For a self-exalted one to be humbled is not the works of an angry Father who seeks to tame His children's egos, no! Experiencing humility is a universal law, and needed to create order and keep peace within the universe.

The man who exalts himself truly feels inferior and never finds that soul-satisfaction that you come to know as you build your relationship with Father. The man who exalts himself is truly focused on spending his energy on attaining that satisfaction from feeling accepted, respected, and at home in the world. The focus is kept on the pursuit of that feeling of exaltation – which never really comes; so naturally, does he find himself humbled time and time again.

Said Jesus: "The man who humbles himself shall be exalted." Is this the reward from Father to His listening children? No! A humbled man is exalted because of that soul-fulfillment he receives from having a close personal relationship with Father. What could be more exalting than that? That closeness with Father says: You feel at home in the world, no matter where you go. You feel equal with all people, not inferior. You are not in self-loathing but feel you are side by side with your brothers and sisters.

The man focused on being humble is a man who is listening and receiving guidance. He feels confidence to move about in the world. He is not held back by opinions, social mores, or current fads. The humble man is truly free. A wise person would do well to take their lessons on humility as guideposts to a more enlightened path.

One who exalts himself seeks to serve his fellows in a selfish way, a way that makes people look up to him. The self-exalted person cannot really minister to his fellows for he has not their best interests at heart, nor does he have Father in the forefront of his mind; his duties are self-serving and possibly damaging to a few trusting souls.

The humble person, first and foremost, seeks to serve and minister because he loves God. Love is the desire to do good to others. The humble person desires to serve God by serving God's children. Secondly, the humble person has an overwhelming need to serve out of love for his fellows. With balanced humility, you see the world as your home and you crave to do your part as a member of the family. You seek not to be put above your fellows as if you have something they do not, no. You seek not to be set apart as 'special' or as 'chosen by God' – rather, you will minister, and be ministered to.

The 'imbalanced' person receives not service from his fellows, for after all with 'his' wisdom, why would he need it? I understand those who feel undeserving might reject personal ministry, but that is a subject for another time. The Master went about doing good 'as he passed by.' He did not build a great temple to call all those who were in need, no. He did not disrespect his fellows by treating them as if they were beneath Him. He engaged them to participate in their own well-being, their own ministry. He also asked them for help when He needed it.

This week, I ask you to journal on this statement: "He who would be greatest in the kingdom must become server of all." Is that even possible in this mortal life? Think about when you do serve your fellows – what is the reason you do it? What do you receive from serving? What do you receive from maintaining balanced humility? Do you allow yourself to be ministered to – not only by your fellows, but your Father? Does pride or 'fear of looking weak' keep you from receiving help? How does allowing your fellows to help you – help them? A few questions?

CALVIN: I would like to welcome some people here for the record: Todd is back with us (John's brother from Atlanta), and Vivian – a friend of Ellen W.; Wendy, a friend of Tectra; and again, Heidi, Sarauna's daughter. I think that is all.

ABRAHAM: Greetings. Feel free to ask questions.

SIMON: Abraham, in 'serving for the right reasons' – I wonder if you would go a little more into that aspect?

ABRAHAM: Much of the time Jesus served out of His compassion for people, His love for them, yes. He could easily put Himself in their shoes, in their position, and truly feel what they felt. His love for them drove Him to bring them relief. He also wanted to teach by example – to do good to someone, and then for that someone to

pass it on. He created a forward momentum of positive energy to those who would have it. He was also on a mission, or quest, to reveal the Father to men and women; to expose His lighthearted countenance and willingness to do good. He made people wonder what was the source within Him that so inspired Him. Is this answering? (Simon: Yes. It is a very beautiful expansion. Thank you.)

CALVIN: Abraham, there is much-heated discussion ongoing in the Urantia Book family these days toward this Teaching Mission, and much hypertension with many Mission participants with each other. How would you advise the Mission right now in our second phase of stepping out in our Mission callings – perhaps more acting out? Or perhaps another viewpoint being discussed is our remaining cautious and listening to these daily living lessons and applying them as we pass by? I think you know the impact of my question.

ABRAHAM: Are you speaking about when or if to take action concerning the Mission? (Calvin: In part, yes.)

DIANNA: Can I expand on that? What's the difference between being open and being teachable in reflecting Father? For as you were saying, Jesus served as He passed by – and being a living example of Father's truth, versus reaching out in feeling the need to correct another, or the world, based on those truths. I think this is what Calvin is asking – what is the best way to respond? Do we just live it as an example and just keep quiet? Do we read between the lines and then act to help? or just allow others to have their own experience and not interfere. How far do we counsel our brothers and sisters? What is your take on this, if at all?

ABRAHAM: Understood. I guess the first questions I would ask myself if I were to spot an injustice or situation that seemed to need attention is: "What are my motives for needing to react?" "Am I trying to assist? or control." "Am I serving from a fearful standpoint? or am I feeling spirit-led to speak up?" I do see some of these Mission situations to be taking too much energy and attention: "Will I speak up to aid my fellows in 'how I see' for it is what is fit and proper? or can I be patient in allowing spirit guidance." You must look at the possible outcome of your actions – do you foresee spiritual fruits? or further aggravation. Remember, you cannot really save or enlighten anybody – you can only express your own understanding. You cannot 'sway the masses.' You cannot 'bring people to their senses.' I cannot say when or even if you should take action in these situations, but if you truly believe you are helping the whole, then by all means participate. If you are acting out of a competitive nature, then allow time to purify your thoughts and motives. Am I answering the three of you?

CALVIN: I think you've answered perfectly, and I'm sure that so many others reading your answer can also receive great help. That is beautiful. Yes. Thank you. [All agree.]

ABRAHAM: Well done, for everyone's participation. I understand your deep and abiding love for Michael and His cause. I know you only want what is right and true. Understood. Yes. One more question?

BILL: How do you balance our God-given talents and expressing them completely,

regardless of how others appreciate it or that they think you are possibly acting out of pride – or expressing our talents completely without stepping into becoming prideful?

ABRAHAM: I think I understand. How do you continue to express your talents without being held back by others' opinions? And how do you not cross the line of pride and ego by taking credit for your God-given talent? Yes? (Bill: Yes.) Abraham: Good question. It is difficult to not cross that line without understanding the actual talent and its God-given source. But yes, there have been many artists who were ridiculed and thought insane. Creative outlet is a spiritual expression; and if one is devoted to God, he creates for God. It matters not what his fellows say because his creation is for God. To take credit though for your spiritual inspirations is a good way to lose spiritual inspiration. When one verges into the ego it 'closes off' that creative circuit, and one becomes blocked and out of ideas. If one creates to bring joy and glory to God, he almost despises any praise from his fellows. That is a person with balanced humility – the antidote to pride and ego. Is this helping? (Bill: Yes.)

I will take my leave. I would express to you my unending love and affection for you each. I feel so blessed to be your friend and Teacher. My love goes with you. Until next week, shalom.

9-11 Tragedy | Your Hour Has Come | Teach Others By a Calm Example and Faith In Our Divine

Abraham, WOODS CROSS GROUP 09-17-2001

Back

[Editor's note: This was our first lesson following the 9/11 tragic US event where terrorists used hi-jacked jet planes to crash into the Twin Towers of New York City, and the Pentagon.] I am ABRAHAM. Greetings. How am I to teach with such wisdom in the room. Your shared feelings and comments are creating healing. I know this week's tragedies welled up within us each a great many thoughts and feelings. Are we all realizing the gratitude we should have for the simple understandings we have learned?

Many in the world are under such misconception about our divine caretakers. Many believe God is wrathful and angry, and that He does punish His erring children swiftly and severely. I am with the highest gratitude to be among you who know that concept is so wrong. You know that Father is a true Parent, one with supreme love and wisdom. In all His ways He is guiding us towards Him, not pushing us away when we are erring.

We are in overwhelming gratitude to be aware of the Correcting Time and to know that 'come what may,' the value will overshadow the negative. We are with hope and trust. We are with faith and tolerance. We are with growing understanding instead of stagnating traditional beliefs.

This past week's tragic events show the power of the animal self, the evil that resides in ego. I have said so many times, 'Your joy is my joy, your sorrow is my sorrow.' This planet will soon discover how true that really is, and how we are, really, one. I have known hatred; I have practiced it; I have been dominated by it. I have lived in my life from a place of hate. I cannot express the difference that I

experienced when I began to know the living God – not the God of my ancestors, but the God within – as taught me by Machiventa.

I do understand, unfortunately, these terrorist's position, and for that I am regretful. I do understand how power and wealth can drive a person to smother other people so that they can rise above them.

Power was most sought-after by the sons of self-love. To belittle others to make themselves more was their scheme to attaining their hearts' desire. People's joy was not their joy. In fact, it was a threat to them; they could not share in the oneness. Your sorrow was their joy because that made you weak, and they gained power from that.

This is also true for those terrorists who seek to build self with the pain of others. They are truly misguided. There is no unity for them. There is no gratitude of real spiritual joy. They believe they are serving a spiritual cause, but really deep down they know very well they are an empty shell.

This tragedy is perhaps likened to those apostles who sought those higher seats at the table with the Master at the 'last supper.' This was not unity; this was self-serving. This was not humility; this was self-exaltation. Who was the one who knelt on the ground to wash His brethren's feet? Who was the server of all? Who in this world would run to attain the highest seat and, who would be first to volunteer to wash his fellow's feet?

This tragedy is really a small event in your history, unfortunately. This is why we have entered into this Correcting Time. This is why we have been here week after week, year after year. Your hour has come. This is where you will put into action all that you have learned, and you will do it because you love God; you love your brothers and sisters; you count yourself as part of the whole – not higher or lower than anyone else, but side-by-side in unity, in oneness. Grieve now, my friends. Be angry if needed. Share your thoughts and feelings. But I say, go toward healing, not towards hate.

Remember all are called but few will answer. The world's people will need a spiritually-sound practical voice in the chaos of beliefs having to do with the 'end of the world;' the 'second coming,' or 'rapture.' Be open to being spirit led. You must know by now Father will be there with those words you need to impart to your fellows to sustain them in the days ahead. Forget not to take time every day to be with Father to regenerate energy, faith, and strength. Forget not to allow Father to tend to you.

My friends, this is the realness. This is what we have been working toward. Mystical-thinking cannot save us now. Your sensible, spiritually-guided voice will be a light in the darkness. I thank you each for this unity, this brotherhood, this kingdom Family. Go in love and confidence that our Mission moves forward. Until next time, shalom.

Personal Ministry ~ Not For Self But For The Good Of The Whole
Abraham, WOODS CROSS GROUP 09-24-2001

Back

I am ABRAHAM. Greetings. What a wonderfully healing atmosphere we have here this evening. Every day I am amazed at the healing power of our Father. Even in our darkest hours we are made to see those rays of hope; we are made to feel that tender ministry that only Father can provide. Even when we appear to have stumbled, we see Father's hand reaching for us – beckoning to us to keep moving. This hope and strength in the mortal life is only attained through experience.

Even though savage events may befall us we are driven to find the meanings and values to become a better universe citizen. There is no greater love to behold than that of a man who would lay down his life for another. We are witness that when the small minority partakes in acts of evil, this brings out the very best in the majority – yes, we are witnessing each other just as the Father sees us. The pure compassion of Father's little children is truly beautiful and awe-inspiring.

Does a man need to lay down his life to exhibit that compassion, that brotherly love? Does it take a major catastrophe to bring the world's people together? No. This small planet is well within the fold of Nebadon, and for the most part does benefit from the universe ministry – meaning the re-encircuitment, the available Teaching Staff, the power of the Spirit of Truth, and the Correcting Time. Yes, you are no longer isolated as a weak planet, but enabled with spiritual power from on high.

"He who would be greatest in the kingdom, let him be the server of all." Does one who is server of all need such recognition? A server of all reaps great joy from viewing Father's works firsthand as he serves. There is no greater joy than to be with knowingness – not faith or belief, but with a knowledge of certainty that God exists, that "God is real and working right before my eyes. Yes, anything can befall me and I know without a shadow of a doubt that Father will help me to rise above; to become more than I am; to maintain my closeness with Him; to walk with confidence in a world of uncertainty."

Such a person who is devoted to becoming server of all is not, by any means, freed from life's harsh circumstances – but most definitely is he free from the mental burden of losing hope; of being in the unknowingness of fear. You have all around you excellent examples of selfless ministry – examples of those who can be so overcome with compassion that they lose themselves; they are beside themselves.

Personal ministry is not to gain respect from others nor for credit in heaven – it is about serving to make the whole, better; it is about being unified with your fellows – and, feeling that loneliness is by your choice and not because it is thrust upon you.

This week, I would recommend that you find rest and reversion for your minds. Partake of the spiritual feast that is going on at this very moment. Re-fuel, re-energize, for in your personal ministry there is a great amount of work to be done. Forget not to allow yourselves to be ministered to. Are there questions?

CALVIN: Abraham, I'd like to introduce a visitor, Scott C. (Abraham: Greetings. Feel free to ask questions.) Calvin: I have a question regarding your lesson last week

about 'Your hour has come.' I've wondered all week what that really means. Does this mean 'be prepared to share what we understand and live the way we have been taught to those around us?' It's almost like there is nothing else I can do but to go to work and keep digging, and do the best I can. Or, are you talking about other than our daily routine, to prepare for our hour to come - meaning ...?

ABRAHAM: I suppose I am really saying that no longer can Mission participants bypass any opportunities to assist their fellows when they have been fully trained for these many years. When I say: 'Your hour has come,' I am meaning that you must live what you believe - not engage in unspiritual practices; because with your every action you are setting examples, setting a tone so to speak, on how certain circumstances will play out. This is a crucial time in the world's history where there could be many more divisions - or, more spiritual unification. To live your life on the fence of spiritual uncertainty is not adding to the forward momentum, no, but is showing your fellows your mistrust of God. Either you are devoted to Father - or you are not. You will make mistakes, no doubt, and this is natural - but to knowingly and purposefully fall on the side of spiritual ill health is truly steps in regression, not only for you, but for those who know you, especially your children. 'Your hour has come' is a statement which asks you to choose - are you just a follower of spiritual intentions? or are you a doer of the will of God and His good works. Are you living what you believe? Does this answer? (Calvin: It answers very well and I thank you.)

WILLEENA: Abraham, given the worldwide implications of this situation (recent terrorism to New York City and the Pentagon attacks) and how much I sense people praying for the circumstance to go well, can you address how the power of prayer can affect these terrorist's hearts. It sounds like there are thousands of these people that are believing that if they stamp out this evil that they consider us to be, that they will go to heaven. So my question is: As we the people of this world pray for them - to heal a little bit of their heart, to open a little bit - is there a possibility of our prayers having a positive affect? or are they just lost souls?

ABRAHAM: The terrorists believe they are fighting a good fight and that 'the rest of the world is lost.' They know for certain they are outnumbered and they truly hold little value for their own lives, let alone the lives of others. They have no real spiritual connection - no real faith - so they see not the value in living an honorable life. They see only that their value, or legacy if you will, comes from leaving their mark upon the world. The prayers heard have literally lit the universe with a new energy and spiritual power, yes. The benefits of those prayers are usually going to those who have prayed them. Those with closed hearts and minds rarely receive any value therefrom. Continue praying, by all means, because this is the forward momentum of good sweeping the land. And as we have been shown time and time again, good always prevails over evil. Is this answering? (Willeena: Yes. Thank you.) Abraham: You're welcome. One more question

MIRIAM: Abraham, could you give us some advice on how to 'receive' from others?

ABRAHAM: Yes, certainly, Miriam. There are many individuals who feel that imposing upon others is not ministry in any way. To receive help from others (they feel) is a burden. However, I say - to receive some form of ministry from others does give them

the experience they need to advance in spiritual levels, and also a closeness with Father that you can only find in selflessness. Some who accept ministry from others feel that they may be perceived as weak or needy, and will choose to bear their burdens alone. How much more bearable is this life when you have a friend close by! You each receive strength from one another to not only endure the mortal life, but to be so inspired as to treat each day as a new challenge. Also, we must remember to take a few moments every day to allow our Father to minister to us – to impart to us those words of wisdom; to bestow upon us that unconditional love we can only receive from Him. You can only spend so much of yourself before you become empty – and that is a dangerous place to be for mortals. Emptiness will drive people to find fulfillment in other, perhaps unhealthy, ways. Is this helping?

MIRIAM: Oh yes, and thank you. I thought I was going to have a rough week until I received a welcome visit this morning. I had gone to work thinking my day was going to be about myself being of service to others – and here comes a lady out of the blue and ministered to me so beautifully. She was so awesome. She picked up that I had a good week and she just shared from her heart, and it just meant the world to me even though I was in a good place. It was just wonderful. Thank you for the advice.

Abraham: Understood, and a wonderful example on how ministry serves two ways – to the giver and to the receiver. Thank you for sharing.

With that, I will take my leave. But first I would express to you each my deepest love and gratitude for all of you. You mean more to me than you know. Go in peace. Until next week, shalom.

We Serve Even When It Is Inconvenient | Never Force Service Upon Another | Yrma the Muslim Woman

Abraham, WOODS CROSS, UTAH 10-01-2001

Back

I am ABRAHAM. Greetings to you. The understanding we have received here this evening brings us such peace. In this peace we can re-center our soul-selves to prepare for another week ahead. You each add so much to my understanding and keep me ever striving to give back to you. I am filled with hope and renewed in patience that this brotherhood is coming about.

Knowing that you love me as your friend and teacher makes me feel a connection – a responsibility to you. I feel with great purpose when I am allowed to minister to you. Knowing that you judge me not and accept me as I am, strengthens me to do more. You give me faith and confidence in my abilities by showing your unconditional acceptance of me. I thank you.

To keep to oneself, perhaps in isolation or fear, is such a sorrowful experience on the mortal path – you give not; therefore, you receive not. To believe you need to only care for yourself is spiritually stifling and lonely. To feel a responsibility to your fellows' well-being, gives one great purpose and the required spiritual experience.

The youth look at life with carefree eyes; they worry not about raising a family,

paying bills, or even where their future may be headed; they truly are indebted to no one but are solely focused on themselves; not all youth, mind you, but some; and even in this experience, there is value. There are many thoughtful young people who tend to ill parents or younger siblings. But many of the youth have not thought for those around them – this is natural. The story changes however when they become parents. They are more likely to take care of themselves so they can give to their children. They live not the risky life they had before.

Do you see, my friends, how personally ministering to others brings fruit to your own lives? To feel responsible for the well-being of the whole is being a servant of God. If you are responsible for more than just yourselves – such as your children, spouse, and relatives – are you not more likely to make decisions that benefit the whole? Your fellow citizens are also your extended family.

Many fear personal ministry because they believe such task is too great for them – too much of a burden perhaps. If you ponder the life of the Master, you see that there was no burden too great for Him to bear. His love for His fellows made it an honor to minister, it was not an imposition.

Jesus lived the perfected mortal life, yes. He was with excellent balance – mentally, physically, and spiritually. He mastered self-forgetfulness but was tended to in every way. He looked at every man as His brother and every woman as His sister. He made time for everyone. The material things of life were secondary to Him, but even in this, Father saw to His material well-being. He felt a duty to uphold His fellows; and in this, He was in the midst of Father Himself.

Every mortal has particular gifts – whether it is the gift of compassionate speech, healing, or by other means, every mortal has gifts. They may not be recognized, but most definitely is every one person good at something concerning giving to the whole – personally ministering, yes. Each one of you varies in these gifts, and your added or combined assistance brings balance; it brings healing. Maybe you are gifted at helping to promote faith, or perhaps you are good at being encouraging to others.

All of us add to the well of spiritual goodness that serves the whole and quenches the thirst with the living waters. To force your gifts on others in personal ministry is not what I am speaking of, no. But to be there for others even when it is inconvenient for you – this is what we are speaking of when we discuss personal ministry. God gave you one another. When taking responsibility for one another's well-being, you have God; you bring out the best in one another if you so choose.

Mortals were not meant to be alone. Your experience together is required to advance spiritual levels. How awesome is our Father, that even with these recent events, [the September 11th terrorist attacks on the United States.] He helps us to transcend our points of separation, race, gender, social status, and religion, yes.

On worlds settled in Light and Life – for a mother to look upon a playground full of children, she feels equal amounts of love for each child. A community who witnesses a family tragedy feels it is their own tragedy, and steps in immediately to assist with an attitude of 'your sorrow is my sorrow and your joy is my joy.'

This week, think about your responsibility to your fellows. Journal how ministering to them brings you spiritual fruits or advancement. How does ministering to the whole, minister to you? In long periods of isolation, who is it you are solely focused on? Out amongst your fellows, is there self-forgetfulness? A few questions?

SIMON: Yes, Abraham. I appreciate your lesson. I have been thinking about the difference between 'procrastination' and 'putting faith into action.' I think you know what I am talking about.

ABRAHAM: Procrastination could mean many things in service.

SIMON: Perhaps I mean 'holding back,' allowing Father to do His will through others – or through waiting for the 'time to be right.' Sometimes I see that as procrastination in my lack of action to do something.

ABRAHAM: Understood. There is procrastination and there is patience. You know 'within' the feelings of 'you should do something,' but perhaps have fear or are apprehensive – versus these feelings of 'I will do something because it serves.' I have no doubt that you can examine your mind to find the real intention. Many times must you just step out in faith, without thought, and do what you are most believing in to be right and good. Sometimes actions are taken from an 'animal-instinct' side, yes. I would suggest that you see where your inner feelings are leading you, and if these feelings persist, then I would say that it is time to take action. If you feel driven toward something – allow time, journaling, and stillness to find the origin of this driving force. Is it pure? Is it serving the whole? Is it for self gain? Or, a form or ease-seeking? Yes. Does this help? (Simon: Yes. Thank you.)

CALVIN: Abraham, we welcome Yrma visiting for the first time. She has shared with us a bit about her Muslim religion.

ABRAHAM: Greetings, my daughter, feel free to ask any questions.

YRMA: I have a lot of questions listening to you. Why are you here, especially this night with these people, and not with others who are trying now to get together with you?

ABRAHAM: I have several groups and individuals that I am involved with. I am assigned to assist in this Correcting Time of Urantia. I am training individuals to go out amongst the people to help this world go towards Light and Life. I am not the only Teacher for there are many. And I can assure you that everyone who would have spiritual help will most definitely receive it. I do have great love for my students – they are of many faiths, many nations. No one is forgotten. In order to serve the masses, I am to teach a few. Is this helping?

YRMA: Yes. Can I ask another question? (Abraham: Certainly.) Yrma: Are you the Abraham that everyone claims as Father Abraham?

ABRAHAM: I am, yes.

YRMA: As a Muslim person, you know how we have followed your teachings through all

this time. What is the relationship between Mohammed and you? You must have been pretty close because you were the person that gave instruction to him. How was your time when you were teaching him? What was your feelings? I think you know what I am trying to say.

ABRAHAM: Yes. I still have great love for Mohammed. Those teachings that I gave him were from my mentor and friend, MachiventaMelchizedek. Mohammed was very bright and open to receive new things, and I do believe he carried out instructions to the best of his ability. However, down through the ages some concepts were distorted, as was also in the Bible. I was a man of stern tradition. I was inflexible in my thinking until my own teaching began with Machiventa. We must each remember that along with Machiventa's instruction were commingled my own traditional beliefs, and for that I am regretful; but yet I understand now that it is all part of evolution. Mohammed continues to teach to this day, not only to Muslims but many of the world's religions. He is also with new and growing understanding, just as I am. He is also saddened by negative events in the world. He aids, as I do, in the overall correction and rejuvenation of the planet. Is this answering? (Yrma: Yes.) Abraham: One more question?

MIRIAM: Question from Willie in Columbus, Ohio: Please ask Abraham what it is that I can do actively to bring about understanding and acceptance amongst the three factions for which he is father of. I feel a ministry-pull to try to bring about a greater understanding among the Muslim, Jewish, and Christian faiths. What I have in mind is something like the Urmia School that Jesus attended where Cymboyton was a teacher. Do you remember that from the Jesus Papers of the Urantia Book? This is a tall order. I am mainly looking for something to begin work on. If it is simply just to pray - I can do that, and I will accept that as my special urge. If it is more, I would appreciate some reinforcement of that. This is why I would like to ask the question of Abraham because he is the obvious connection.

ABRAHAM: My son, right now when emotions are high and feelings are so sensitive, is a time when many wish to help and bring about healing. If you are to do anything, such as create a school, then I would wait for at least a year. New ideas or religions should not be built out of emotional response. You are quite dedicated to this Teaching Mission, yes, and the sharing of your experience with others is quite a ministry in itself. Your attention to your family, neighbors, community, is quite a large job in itself. My son, most people want what you want - and given time we will see it come to fruition. Be patient. Live your life as an example to others that God is real, He is working. You are gifted in promoting faith, and that is quite a lot. Set your sights on practical spirituality. You can make a huge difference - one person at a time. Allow Father to show you the grand design, and work therefrom. Is that all, Miriam? (Miriam: It is. I thank you and I love you.)

ABRAHAM: And I love you - all of you, and I thank you for your support and faith. I hold each one of you dear. Carry on. Until next week, shalom.

Celebration In Nebadon | Where Will Father Have Me Go Today
Abraham, WOODS CROSS GROUP 10-08-2001
Back

I am ABRAHAM. Greetings. I am always uplifted each week to return to this branch of

my family tree. I feel particularly energized this evening by all the current happenings in our universe. As this small planet makes changes, the universe has its own changes – of course on a much larger scale. Urantia has played quite a role in these universe changes and has added to the growth of the Supreme Being. As the Supreme Being takes in this universal experience, we see the benefits therefrom and it is quite a cause to rejoice.

We find that with the Supreme's growth there are new circuit connections made, and the struggle for universe solidarity is not so difficult. It is as if our eyes are opened wider; we can see more, understand more, and make a better correction. The scales of faith are very much tipped in our favor. This brings forth numerous celebrations throughout Nebadon. Celebration always includes worship and exhibits our deepest gratitude for those that make our joy possible.

With all our work, our struggles, our efforts, we become very business-like in mind. It is easy to overlook those small things that bring us rest for the mind and comfort to the soul. We find this a time to drink deeply from the well of spiritual serenity. We find this a time to breathe in deeply the satisfaction of our spiritual status as a child of God; and for a few moments think of nothing – and just be, just rest and feel not that anxiety to produce, to fulfill promises, to be insulted by time.

The mortal life is difficult – yes, no doubt, but it is also a source of joy, a sense of accomplishment, a producer of spiritual values, and a unifier between time, eternity, and the living God. To celebrate your mortal sojourn, you respect all the five senses. You make it a point to be fully aware in each moment – be it bad or good. You face the difficult trials and you take comfort in knowing that you do not ever give up.

My friends, find time to be in celebration of all of life. Do not awaken dreading the duties of the day, but awaken your inner-selves to the possibilities of the day. Where will Father have me go today? What will He be trying to show me? How can I be a cog that turns the universal wheel of life? Yes, in being mindful of celebrating life, are you then in an attitude of creating joy – not just your own joy, but for all. You become a part of the whole and join in the healing, not just another mortal struggling up the spiritual ladder.

To find time for a few moments of celebration every day – re-focuses your mind from handling matters in a business-like fashion, to handling matters by joining a forward moving circuit that travels far beyond your knowledge. In this circuit you are not so exhausted; you are not so drained; your countenance is lightened and quite an attraction to others. Find time to celebrate and show your gratitude. Speak with one another. Laugh and feel Father moving among you.

Being in a state of celebration keeps the low times from becoming too low, too spiritually crushing. You take not yourselves so seriously and you are finding direct spiritual contact. In acknowledging this, life is not just about running the race of time, but about having those moments when you feel the hand of God upon your shoulder – leading you to new and better ways. Joy is a source of power; you can do a great many wonderful things by spreading it.

This week, utilize your power to change dark situations. Lighten your own burdens by finding time to really notice the wonderful things of this mortal life. Feel how there is not room for fear when there is hope and joy. Feel that spiritual contentment as you move among your fellows with an attitude of self-forgetfulness; with a gratitude for having the honor of fully living the mortal life. Journal how this affects your personal ministry to others.

I am sorry, no questions this evening, perhaps next week. Know that as our celebrations take place in Nebadon, many of us will be thinking of you and your contribution to our reason to celebrate. As always, my love grows more for you each, every time we meet. Until next week, shalom.

A Questioning Mind Keeps Us From Spiritual Arrogance; Keeps Us Open For the Never-ending New

Abraham, WOODS CROSS GROUP 10-15-2001

Back

I am ABRAHAM. It seems the atmosphere here this evening is very open to receiving. Your questioning minds create an energy that brings forth new information. The mind that 'questions not' - is closed to receiving. Perhaps put another way would be to say the mind that believes it already knows the answers - receives not new information. Your humble outlook purifies my message in a way that involves Thought Adjuster participation.

I would have you know that many Urantians have looked heavenward with that questioning mind; and I can say that with the assistance of the Supreme Being, up-to-date information is forthcoming, abundantly. Know that as the world seeks comfort, the lessons on giving comfort are also occurring. I understand this week has been quite trying for many of you, and it was difficult to find those reasons to celebrate and worship.

With the new spiritual benefits from the Supreme Being, there will be some confusion. Many individuals fear these new gifts; some misuse them. We must remember, as the Correcting Time force, that we have to maintain balance, integrity, and realness. We must not be tempted to move towards mysticism. We must remember that we are in service to Father, and not that self who seeks a higher seat at the table.

We have found that especially with longtime spiritual seekers there is somewhat of an arrogance as if they have earned seniority in the kingdom. One that knows this path needs to be cautious of seeking the admiration of those who are not so familiar with the path. One that believes they know the path must not be so comfortable so as to not expect a few bumps along the way. It matters not how long you have been studying or searching, information will always be new and evolving - evolving in a revelatory fashion. What might be right for you and your spiritual journey today may not be for another - at their place in time.

You long-time sincere seekers, do not be so surprised when the path makes a sharp turn and you stumble and fall; it will always be this way. That is why a questioning mind is like a lantern - you are always searching the various avenues with it,

trying new things, keeping what works and discarding what doesn't. The point is, that you continue on – you build those muscles of faith with the weights of adversity.

Even after meeting my mentor/friend Machiventa Melchizedek I continued on much in the fashion I had been raised to believe in. It took a great amount of self-willed release to receive new information. Of course I sought a higher place in the kingdom. Of course I sought the respect and fear from my fellows. With the gently persuasive words of my mentor and friend, I gradually came to see a new and better way.

Machiventa did not pursue me – relentlessly pounding information into my head so that I may 'see the light,' no. He gave me small bits of understandable information and stepped back, allowing me room to decide for myself. I could see the benefits of his way, but found it quite difficult to let go of my own. I did find, through experimentation of his methods, that he was indeed, correct; and I did implement his ways more and more into my everyday living.

In time, I certainly believed I was well on my way within the kingdom, and had gotten quite comfortable with myself. I took on the belief that I was above spiritual regression but soon found out different after Machiventa departed from Urantia. I became quite fearful that someone would take my beloved Sarah from me. I was paranoid and on the brink of mental breakdown several times. I realized I had lost that questioning mind. I believed I had the answers I needed to get by to survive.

My friends, the arrogant mind is a dangerous weapon for it cannot distinguish dark from light. Time and experience, coupled with living revelation, brought me back to a humble place where I began to open up to Spirit direction; my mind was brought into balance, back into reality, yes.

I do not feel remorse for this experience because I understand it is part of the agondonter's journey. It is to be used as education – not as a source of embarrassment to keep me humbled. It just is not that serious, children. It is only a lesson, only a 'step-up' towards the Father. Do not be surprised when the spiritual poisons befall you. Use these events as a time to return to the questioning mind and to the 'circuits of ministry' for higher understanding.

This week, contemplate what benefits you have witnessed as of late that are coming to this world as a result of the Supreme's growth. What is 'revelation'? Has comfort on your spiritual path caused you to stumble? What changes can you make to be aware that the ego seeks to stifle the questioning mind? A few questions.

SIMON: Yes, Abraham, we have had some events this week which has challenged me to call on those lessons on possessiveness. And also, I am curious about what we had heard last year about universal broadcasts? In regard to the growth of the Supreme Being, will we be having more opportunity to hear more of these universal broadcasts?

ABRAHAM: I would first begin by saying you have each experienced some delicate

matters this past week that are really not fully understood yet. There are certain steps that everyone must take in order to reach certain destinations. Every mortal will most likely experience every emotion – every spirit poison from one end of the spectrum to the other. Experience is your most valuable teacher. Have patience, these things will be put into perspective in Father's timing. Regarding the universal broadcasts – there has been almost one per month since this announcement. Many of you have received. Many have heard, but are confused. These broadcasts appear to be so uneventful, so without mysticism or show of psychic possibilities. They are with a feeling of complete normalcy. But yes, these broadcasts are perhaps likened to your news media – they are not so much fantastic announcements but just up-to-date information on universal happenings. You can see trends that reflect these broadcasts if you look carefully. Have no doubt that these will become more apparent as you become familiar with the benefits of the Supreme Being.

LUKE: With these lessons on humility, we understand that we each have spiritual growth, understanding, and even the setbacks in arrogance so that we all experience; is it like that where you are? Is it still something you need to consider?

ABRAHAM: I still struggle, yes. I have better tools wherewith to work on the temptation to become arrogant in my thinking. The once brilliant sons, Lucifer and Caligastia, were prime examples of this battle with self. They were very advanced in status and still were overcome with an unhealthy amount of self-love, self-admiration. I do not ever feel chastised for my arrogant thoughts. However, I feel the abundant and unending love from a universe Father and His Sons that fill me with such a gracious love that I really need not seek anything else. I crave not. I want not. With a balanced life, I am full. I am with understanding and with tools to battle that side of me that seeks undue credit. Good question, my son. Is this answering? (Luke: Yes.)

ABRAHAM: Very well. I would thank each of you for your patience and dedication to learn and serve in this well looked-after kingdom of our beloved Father. Know that my love goes with you. Until next week, shalom.

Be Calm And Observant | An Open Mind Leads To Incoming Revelation
Abraham, WOODS CROSS GROUP 10-22-2001
Back

I am ABRAHAM. Greetings. I do so enjoy these smaller intimate groups. The atmosphere is relaxed and the energies are at balanced levels. It would seem at times people are so quick to define the world around them that they give little effort towards being observant. In these fast-paced times, the attitude seems to be 'the more the better.' It is as if everyone operates at top speed; there seems to be no slowing down to be watchful.

These weekly meetings are a wonderful reminder to be calm and observant, to wait on your definitions, to wait before you make judgments. The rash definition is quite likely to miss details and choose a poor perspective. I enjoy these weekly gatherings because I too, feel it is always a new beginning, new opportunities, new possibilities for the week ahead. It is a time to release and be open for receiving the new.

Awareness is perhaps the most notable benefit bestowed upon us by the Supreme Being; in His growth, we receive His reflections of changes. You can view your surroundings and see that it seems everyone cannot receive enough information, enough news – it is as if people know there are new things occurring, and they look to their material technology to receive any and all information.

They say knowledge is power – and yes, it is! but so many think not to turn inward towards a spiritual source of information. Therein, is this awareness, a new awareness – and that is somewhat unsettling to many, yes, but also is it comforting to some; you can feel as though you know more but do not know how or why. Being so aware, you are in a searching mode and with a questioning mind.

This openness leads to receiving revelation – that is, information coming from a divine source. There are many forms of revelation; many ways to receive. The Supreme Being's growth has endowed us with awareness, yes, and also an easier and more understandable technique to receiving revelation or divine communication. This past week, for instance, many of you have been aware of seemingly rapid karma in that what you have criticized others for, you have been caught doing yourself. This is a form of revelation – a form of divine communication that aids you in your own self-correction. Yes, this is on a personal level, but does this not also add to the wellness of the whole?

The churches in today's world may speak of revelation as if they receive information because they are looked upon with favor by God. As in days of old, many of the so-called prophets are deemed prophets because they seem to receive divine revelation. It is as if these seemingly chosen individuals are the only ones that can receive. This practice is quite outdated – for everyone, even the smallest child, has equal opportunities to receive divine revelation.

Divine revelation is not the thunderous voice of God that tells of great things to come, or new commandments to obey, no. Most revelation is personal and aiding you in your journey Paradise-ward. Many individuals can receive the same revelation simultaneously, or varying bits of information that choreograph spiritual experiences to bring about certain results.

With the Supreme's new reflections, we see the circuits strengthened and growing to incorporate a common universal knowledge. We have to be observant though, children, we have to refrain from defining. We have to believe that some circumstances are being woven into a greater universe fabric – which is to be more completely understood later.

Back to personal revelation and correction: I would admonish you to not become discouraged by these seemingly ugly facts about your behavior for it is the very whisper of God into your ear. He is your loving devoted Parent, not a stern judge who looks for your every mistake so He can chastise you.

This week, practice being observant. Note the new levels of awareness in yourselves as well as your fellows. How can you better deal with the correction from personal revelation? Journal what this statement of old means to you: “Wait upon the word of the Lord.” Yes. A few questions?

SIMON: Abraham, I have a question about choreographing spiritual experiences that bring about results. Sometimes I feel like we are left on our own to see what will happen, and I wonder if that really is the case, or am I mistaken about that? I know in my heart that applying faith and then escaping with fear, that sometimes I am not applying myself to full faith. As we know, Father does the timing of divine assistance in our lives, but are we at times left alone, waiting?

ABRAHAM: Understood. Yes, it would appear sometimes as if you are left alone to make decisions; and that is true to a point because your freewill cannot be infringed upon. Father can only do so much before it is up to you to make a decision and take action. The problem, as I see it, is time. While Father sees time as only an eternal forward momentum, you see time as the enemy. It does create great impatience. During these impatient and frustrating moments, you especially need to be aware and observant. Take action from a calm state of mind. I understand the world does not agree with this theory, but you must realize that while you are never left alone by our Divine Overseers, they are greatly devoted to your progression; and too much involvement such as anxiety and impatience could take away from your opportunity to progress Paradise-ward. Choreographing, yes! We each know well of synchronistic circumstances that lead to growth. These circumstances are not always peace-promoting, but rather agitating to create reactivity. Therein lays the importance of being aware and observant, and not taking rash actions. You can see from past experience that time really does take care of many matters – the waiting is a bit frustrating to the mind. In this society, hard work leads to productivity, but many times we find that rash actions lead to mistakes. Is this at all explaining, Simon?

SIMON: In many dimensions it does. I suppose there is still the inner-desires to really know when actions are rash? or if they are finally coming out into the open after my procrastination.

ABRAHAM: Understood. Yes. There are always many factors to consider like perhaps: From what foundation would you make your decisions? Is it a worthy place? Is it pure? Is it ego induced? Is it out of fear? What is the basic mindset in which you would be acting from? These are good questions to ask yourself during these times, yes. Is there another question?

SARAUNA: Abraham, this has to do with the state of mind in which we pray in our Western societies versus the Eastern societies. I know there is great power in prayer. I know that God loves all His children. I have been concerned regarding the fact that Western civilizations are more of an emergency mode-based-praying people – praying willy-nilly any time during the day or night or when in need. And in watching the news I have come to think about the Eastern culture and how they have 'set times' which they devote en masse to prayer. I know that perhaps, from my point of view, the direction they are getting may not be from the best source, but then yes, God does love all His children. So I am wondering, how do the two different types of prayer compare and have impact – is one going to be more positive than the other. I have just always felt that when large groups of people are praying, those prayers are heard. I have a concern that a whole bunch of people in 'prayer against us' worries me. [laughter.] Is there something regarding prayer that we should be

more concerned about in this area?

ABRAHAM: There are individuals praying in all religions that are for various reasons. Many are set prayers which are no different than mindless chattering. There are prayers which are to save the self. There are prayers in which to change others. There is praying out of fear. Basically, those praying in the Middle East, versus the others around the world, are almost equal in numbers. Regarding the varying types of praying: Yes, there is power in praying. But I say, sincere praying changes the individual, not God. Sincere praying is really about the intent in one's heart. There are so many religions, among all nations, that drag the past baggage along in their present religious life. Father does not so much hear words as does He see the intent within His children. Sincere praying is one who prays to be within the will of God. That is what will tip the scales. That is where change will take place. That is where good prevails over evil. Good question, Sarauna, my daughter. Is this answering? (Saurana: That helps a lot, Thank you.) Abraham: Is there another question?

MIRIAM: Abraham, I have wanted to ask this question for a long time. I am into the Trinity study lately. I've have gotten a stronger track-record with Father than I do with Michael. I am loving and cultivating the relationship with Michael. I know that I have the Fragmentpart of Father that helps. I have got Michael as an example, Michael's Spirit of Truth – just the fact that I can learn how to take Him with me. However, I don't know if I am pursuing the relationship with Mother. It seems as though She is connected to the circuitry, and a while back you introduced Her to me as a source of loving logic. My question is: In levels of awareness, the way that I approach them with levels of awareness, is that off-base? I am intrigued by circuitry. Do you understand what I am saying?

ABRAHAM: Yes, the Urantia Book says you worship the Father, pray through the Son, and work the details out with the Spirit, which is Mother. I perceive your outlook on this to be good and growing. Mother is one who does pay attention to details. She also activates thoughts and brings them to life. She has the network of the adjutant mind-spirits that use their resources to bring you up-to-date revelation in a manner that you will be most understanding of. The Trinity concept is a worthy goal for all to focus on and incorporate into our daily living – but with the most personal of thoughts and desires, many feel most comfortable dealing with the inner Fragment, which is the Father. To have this enlarged concept though, does bring comfort and expanding knowledge for you to become acquainted with the various personalities of each – Father, Michael, and Mother – each personality being quite different and most intriguing, yes. Good question, Miriam. (Miriam: Thank you.)

ABRAHAM: I am slipping. I will take my leave, but not without having you know how much you each mean to me. I am truly a part of you, and I most definitely rejoice in that. My love goes with you. Until next week, shalom.

Benefits From The God-In-Time Prepare Today`s Ambassadors | Personal Correction Through Revelation

Abraham, WOODS CROSS GROUP 10-29-2001

Back

I am ABRAHAM. Greetings. This evening I feel particularly joyful because it really

proves to be true that 'through God all things are possible.' To gather with you here this evening makes my world feel a bit more intimate; I am with a feeling of being at home.

"Wait upon the word of the Lord" was a simple saying from the days of old, but doubt not that its meaning was quite significant. In the days of old, time seemed to be quite slowed. Even though many tasks were more difficult without the technology of today, people were more focused. They were focused in each moment whether it was hunting for food, or educating children. This focus opens many spaces in the mind for divine interjection. There was room for creativity, and time to really feel and enjoy the task at hand no matter the significance of the task, yes.

With evolution, the times of simplicity are fading away and the spaces in the mind are becoming crowded with many meaningless things. The 'focusing' is lost, to a point, yes. 'Waiting upon the word from Father' is hard to practice with such an overfilled mind. With the awareness-benefits, we are receiving from the Supreme Being; we are experiencing a mindal expansion, so to speak; we are finding spaces to receive new concepts about the Divine way on the mortal path.

Yes, new information is rapidly approaching and it is time for us once again to become focused. Allow those spaces; allow the worries, fears, and non-reality-thinking to fade away. Most things people fear really never happen, but to focus on these fears chokes out the new possibilities - these new benefits from our Supreme Being.

How can a mind crowded with the old receive up-to-date living revelation? How can a fearful or obstinate mind grow in the light of the new evolution? What beliefs may tend to cause you to lose your focus, and why would you hold so dearly to them?

This was the mistake of the apostles of old. They had their long-cherished expectations - and acted from that standpoint. They found it difficult to be patient and 'wait upon the word' - wait for new revelation. Unfortunately, most of their expectations fed their desire for ego fulfillment, so to speak - a seat next to the Master, yes.

These times call for those individuals who are not cemented into their old ways, but open to ever-renewing and updateable divine revelation. Things are happening in this world now, children, which have not happened before. Yes, you were once on your way to receiving such wonderful spirit connections before the Rebellion, but now, with the re-opening of the circuits and the Supreme's growth, these connections are even greater. They are different, yes, enhanced - and believe me, the universe is watching this small experimental planet that has fully entered into a Correcting Time.

Back to revelation. Yes, we have discussed receiving personal correction through revelation, and how that does benefit the whole. You may be more aware now of the various forms of revelation that you can receive. It is not only found as the small whisper from Father through the mind, but messages can be received from Father through your fellows. With this mindal expansion, and the discarding of old in favor of being open to new, you can very well give divine messages, or receive them from

your fellows.

This does not make you a prophet or a 'chosen messenger of God,' no. This is not to have mystical overtones; or, be used to inflate the ego – for such is a sure way to extinguish this form of ministry. This is not cause to force your opinion, no! but to find compassion to aid your fellows, or even open yourself to receiving a simple message that would bring you solutions, yes. This is not so much 'new,' as one may perceive, but is more-so 'enhanced' – enhanced by the returning benefits from the God-in-time.

The damage that occurred during the Rebellion and the Adamic Default, is being corrected. With the enhanced benefits from the Supreme you will find yourself to be a new well of divine information; there are new concepts that are being discovered, there are new possibilities to bring to your consciousness. You will find yourself with gifts that you never knew about.

With this new awareness (new focus, new ability to receive revelation) the mortal senses are enhanced. Those who felt they could not receive of transmissions before will find themselves with a new gift. Remember, children, this must remain balanced and uncontaminated with old ways of thinking. You have your intellect to filter all these new things through. Be cautious with ego involvement – this could surely lead to disappointing results.

This week, find time to journal your newly received concepts. There is no need to have them published (laughter), just feel that this journaling time is between you and Father. Practice patience and waiting for the word from Father. Practice being open to receive – to minister to your fellows. Believe me, the correct words will be there for you. Be observant in receiving any messages from your fellows. Journal your thoughts on the many ways we may receive revelation and the benefits it will bring to the Correcting Time.

I am due elsewhere. I am sorry there is not time for questions, perhaps next week. In the meantime, I pray you also feel the joy in pondering the fact that all things are possible through God, yes. Know that my affections are with each one of you. Until next week, shalom.

New Supreme Reflections/Strong Connection To The Cosmic Mind Brings New Universe-Connectedness

Abraham, WOODS CROSS GROUP 11-05-2001

Back

I am ABRAHAM. Greetings. How wonderful it is to be able to present ideas in this safe arena. You have demonstrated a form of divine revelation. In your discussion this evening, everyone felt welcome to participate; nobody, for the most part, felt fear of being ridiculed or chastised for their ideas; everyone was reaching for higher understanding.

Sometimes the surface of concepts are not really revealing total understanding or the true nature of it, no. How blessed are we that we can build on concepts through being open to revelation and sharing understanding, yes. How wonderful it will be when we can venture out into the world with the same feeling of safety and being

welcomed to share.

Many great minds could have maintained balance had they been open to this building of revelation with their fellows. Judas, for example, could have bridled his anxiety if he could have ignored the hurt feelings of his ego and opened up to his brethren, yes.

It is a crucial time in the history of this world for all to unify in a brotherhood fashion – not so much in mind, but in heart, yes. With these reflections we are receiving from our Supreme Being, we are becoming more in touch, ‘in tune’ with the thoughts and feelings of one another. Yes, there is a deepening of compassion but, there is also logic to balanced emotionalism – there is expanded courage and willingness to speak truthfully to aid one another. Our daringness to be open with our fellows invites them to also be open. This leads to greater understanding, which leads to love.

Along with mindal-expanding revelation, the benefits coming from the ‘God-in-time’ also includes this greater knowingness of one another – an ability to understand your fellows’ thoughts and actions. In allowing the old to fade away, we are making room for new concepts. To allow the petty things of life to go by the wayside makes room for you to be better connected to the cosmic mind. Strong connection to this cosmic mind lets you know of your responsibilities as a universe citizen; this is quite important to this Correcting Time, and further adding growth to the Supreme Being.

The ego, however, fills us with fearful imaginings that would have us feel separate from the universe. The ego would have us feel either special and above others, or add poor self-esteem that would tell us we are below others and the universe is against us. We must be aware, my friends, of the ego’s design to fill those spaces with selfish thought – closing out room for revelation, new concepts, and the ability to truly understand one another.

The default of the Creative Son and Daughter (Adam and Eve) took from us a valuable form of mindal communication, but the Supreme Being’s growing reflections are helping us in other ways to receive back some of what we lost. There is forward-moving ‘thought energy,’ and the closer you are to certain individuals, the more alive this energy becomes. You can practically feel another’s feelings. You can receive another’s thoughts. This will be especially valuable among those in the Reserve Corps for it will help them to minister to those who are experiencing these new Supreme reflections.

Again, I admonish you to not add mystical overtones or become the neighborhood psychic. [much group laughter.] This is a gift, children, for you to work within the standards of the Correcting Time. Should you falter in these standards or misuse them, of course would you be released from this gift.

This week, focus on really listening to your family, friends, and associates. Do you receive a greater amount of information than what is spoken? Are you allowing revelation to build new ideas, concepts, and solutions? Find time this week to take a few moments for stillness. This is a wonderful antidote to the ills of the ego. I

understand there are questions and I also have a personal request. One moment please.

Gary, my son, you are in understanding of what you have to do. First of all, own up to your mistakes. While standing firm in your beliefs you will find that this simple but genuine show of humility puts you at a place of integrity, yes. While you appear to have many of life's answers, you are still holding on to some stagnating ideas. Relieve yourself of this burden. What is true will not go away. What is real will stay with you. Take this time of upheaval to explore other avenues. There is a tremendous personal lesson in all of this that can also be put to work for you. I understand your anguish and worry, and now is your opportunity to put into practice all that you have taught. Also, now is a time to be in a mode of receiving new ideas, trying things you have always wanted to but have not had the time. Do not be so hard on yourself. There is no one judging you that can take anything truly valuable away from you. Be not afraid – rather, be intrigued, for our Father answers all prayers and exceeds all our expectations, yes. That is all. Proceed with questions.

CALVIN: We welcome a new person to our group tonight, Gibb. Also, Margarita is back again with us.

ABRAHAM: Welcome. Be at ease to ask any questions.

WILLEENA: Father Abraham, I have a question about ego. Can you tell us what the job of the ego is? So often it sounds like the ego is the enemy. In my belief, I just don't accept that. I don't know what the job of the ego is and why it seems to gets so out of hand.

ABRAHAM: Understood. Ego is a byproduct of the human mind. The average mortal was endowed with survival instincts; and in the days of old the ego was a survival mechanism. The world appeared (and still appears) huge to man, and the ego was a mechanism to make man appear larger and more in control of his surroundings. In early history, the ego served its purpose and enabled man to forbear and survive in a barbaric world. Those who seemed to be without this survival mechanism were weak and easily destroyed. As the world became more civilized, the goals changed from merely surviving to competition – to appear better-than one's fellows. The influx of various forms of spirituality fragmented these ego concepts. Culture, social mores, religious beliefs – have invariably created somewhat of a monster. Yes, in a way, the ego is an enemy if one so chooses. On the other hand, the ego can be reduced back to its original intent of 'survival mechanism' – only now we speak of spiritual survival, yes. This world is entirely too competitive; but we can see that the more individuals discover they have so much in common, the more desire there is to take care of one another. In this Correcting Time the scales of brotherhood and competition are, in a sense, bouncing from side to side. The recent tragedies (the September 11th terrorist attacks in New York City) are helping us all to focus more on the really important things in this short life of the flesh. Good question, my daughter.

CALVIN: Abraham, when you say there are ways we can help our fellows – let's say when someone says something that is very arrogant, racist or whatever, and we know

of a better way – are you saying that we are to have the courage to say something? obviously using common sense and tact? Or, the other way of not being our ‘brother’s keeper’ and to allow Father to work that out between He and them?

ABRAHAM: You make effort to help ‘where you believe it will help.’ Sometimes it is that any action of correction will not help but cause further aggravation, yes. Complacency, however, has killed many opportunities for enlightenment. Through relying upon revelation, you can find the appropriate words to bring enlightenment or a momentum of new thought-energy. To come from a standpoint of ‘correcting your fellows’ will only alienate them, will make them defensive and stand more firm in their beliefs. The Master did speak with authority, for His pure connection with Father allowed Him instant revelation and, therefore, appropriate words to give aid where it would do the most good, yes. Good question, Calvin. Another question?

LUKE: Are you saying, then, don't cast your pearls where it does no good? and not to judge them but rely on Father for His inner voice to guide you? If one is battling with ego, like I battle with ego, and fear that ‘my understanding won't be understood,’ and that I am ‘getting into their business’ – then this is not the productive way?

ABRAHAM: Yes, absolutely! “don't cast your pearls before swine.” Where there is ego involvement there is always a temptation to show what you know and to ‘enlighten your fellows.’ To keep a tight rein on the ego allows those mindal spaces needed for incoming divine information that would show a new way without insulting, yes.

SIMON: Abraham, in making the most of the moment in being a conduit for Father's love and energy, could you speak about that aspect of it?

ABRAHAM: My answer to you, Simon, would be to allow a natural course. Do not force anything. Allow joy and humor to open avenues to further enlightenment. ‘Natural’ feels right, and ‘force’ is off balance. Feel at ease and be aware of bringing a joyful element into any situation. Does this answer, my son? (Simon: Oh yes.)

MIRIAM: Abraham, how does the newness of new revelation look from where you sit? What is your perspective of it? Is it manifesting for you? or is it something that is old school for you.

ABRAHAM: Regarding the growth of the Supreme Being? (Miriam: Yes.) Abraham: Upon receiving the announcements of the incoming benefits, there was quite the joyful celebration, for this was an upstep for the universe as a whole. I mean, we truly rejoiced with one voice. It seems to me this ‘new’ is like a small company who has struggled and finally is beginning to branch out and move into uncharted territory – this is also new for me. I have seen other events such as this, but not of this proportion, no. This is where we will really see a great deal of change, and most definitely require the human participation to further Michael's cause, yes. Thank you, Miriam.

With that, I will take my leave. I express to you each the depth of my ever-growing love for all of you. Until next week, shalom.

Enhancements From The Supreme Helps Us Live Each Moment With A Spiritual Outlook
Abraham, WOODS CROSS GROUP 11-12-2001

Back

I am ABRAHAM. Greetings. Sorry for the delay. Sometimes we must allow for more time to pass to create a balanced energy. When emotions are strong there is static in these communications. To relax and be assured that each one of you is very much loved and well-cared for will bring us the balanced energy to carry forth, yes.

There is new and growing strength in this world. Many are taking steps towards newness that they have not dared to do before. Many are finding that a life without meaning is no life at all; therefor are many searching. Down through the ages, traditions were formed and most faithfully carried out. Beliefs are a major motivator in how mortals live. The benefits of the Supreme Being bring us mindal expansion and the courage to move forward to new adventures.

With this growth of the Supreme, all beings are enhanced, all beings are made more with this growth. Certainly is each Adjuster enhanced and less limited by their experiential circumstances. There is nothing so close to you as your indwelling Father Fragment. There is no one who knows you more. There is no one who works harder for your success in all areas – spiritual and otherwise.

With this new Supreme upstep do we find stronger communion with our beloved Monitors. In this connection there is enhanced spiritual power and courage – to face and fully live in each and every moment with the certainty that you are Father's child, yes, and very much are a part of His perfected plan. Be aware, children, of this new strength – for it is the catalyst to change. This strength is what will help direct the masses in these confusing times. This strength will empower you to fully live each mortal moment with a spiritual outlook.

You are not the weak and dark planet you thought you were, no, Urantia has played a major role in the growth of the Supreme Being and the new enhancements throughout Nebadon. There are many individuals who become bored with living and seek adventures that bring heightened emotions/feelings. With the strengthened communication with our Father Fragments, we find we do not seek outside sources for new thrills and adventure, no, we see it in everyday mortal living, we become fully present in it.

There is a unification occurring where you can feel at one with all living things and all mortal avenues – such as creativity, education, relationships. With the new reflections from the Supreme, we not only find enhancement with our wonderful Adjusters, but also with our awesome Spirit of Truth. The Supremes' growth is also Michael's growth. Michael is our Brother/Father and the heart of all that is true, beautiful, and good. We will further see His works on this world in that all things will be brought to light. Truth will carry power and definitely make unbelievable changes.

As we embrace Michael, we also embrace the truth and how this helps us to function in everyday living. If you think deeply on the subject of truth you may be surprised to find out that truth weighs equal on the scales with falsehoods in life. As we feel the heightened power of the Spirit of Truth, we first learn to come true with ourselves – to stop the self-deception and, to make effort towards an openness that

gives Michael an opportunity to show you truth in all its reality.

The ego, however, is a great distorter of truth and at times would have you be in a place of denial when you should be making attempts at delving into truth to reach greater understanding and spiritual solutions. To close off or deceive the self is only a delay in spiritual progress. Not to worry however, experience will teach us truth in any fashion it pleases. Be willing first to be honest with yourselves and open to Michael's definition of the reality of truth.

Past experiences can certainly color your view of what you think is true, yes, and spiritual practices can help bring clarification to your concepts of truth. Spiritual practices meaning: stillness, study, fellowship, and worship, yes. In these changing times, courage and truth will not merely help you endure, but set you free – expanding your spiritual perception, making the Spirit life more of a reality concept instead of only a faith-alone concept.

We have such excitement for you; such hope, such faith in you. These evolutionary steps are quite inspiring to all of us who have watched this small planet take its first baby steps out of darkness and into the ever-expanding light of true vision.

This week, find time to ponder the augmented relationships you have with your spiritual Caretakers. What feels different to you? How have you put it into practice? What enhancements might we see from our dear Mother? Only a few questions this evening.

DAVE: Abraham, I have been under a lot of anxiety lately about a pressing problem that has been going on for two years. It is kind of coming to a head. I am feeling very anxious and very upset because I have a lot riding on the outcome. I would really appreciate some assurance that things are going to work out for me. I feel very upset about this situation.

ABRAHAM: Certainly. Understood. My son, I perceive you to be more of a director type individual, one who is somewhat needing to control events and outcomes. You have lived a life of resistance, and this has undoubtedly taken its toll on you. A life resigned from struggle or resistance is a step toward following the will of our Father. So many are afraid to give over their hopes and desires to Father for fear His outcomes will not align with theirs. Until you can actually practice this way of non-resistance, you will be imbalanced by this anxiety. I do understand your need for order and predictability. This circumstance that occurs now in your personal life gives you greater opportunities to practice being courted by Father, to find freedom in free-falling, and allowing the outcome to be 'what it is.' To go with a natural flow, to quit making effort to force events, will free you up to greater spiritual possibilities. This can never happen, however, unless you can further trust the Father of all fathers, the maker of heaven and Earth, of all that is seen and unseen. True courage lies in letting go. This is easier said than done, I know, but life circumstances are assignments for you to draw ever nearer to your Father, yes. Are there more questions?

HARRISON: Abraham, could you help me with this statement. "No man comes unto the Father but through me." That is a statement that Michael made and is also used by a

lot of Christians in the world today. How does that statement affect our relationship, or anyone's relationship, with Father?

ABRAHAM: Understood. Michael was, is, and will always be – the Door, our experiential Creator that paved a way for us to have comprehension of God. Michael, as the man Jesus, was a living expression of God. Man can relate with man – something on his level; but God the Father is almost incomprehensible in His all-powerfulness, His everywhere-ness, His all-knowingness. Michael is an introduction into these greater concepts. When this statement of which you mention was first spoken, Jesus was, for the most part, referring to the 'born-again' experience. He is the first you will see, of God. He is the go-between between you and God as far as the alignment of mortal living with spiritual understanding, yes. Always are we closest with our indwelling Father Fragment, and it is Michael who helps us to understand who that is. Is this helping Harrison? (Harrison: Yes, and thank you.) Abraham: One more question?

LUKE: When you speak, you offer so much. Thank you. Tonight you finished with talking about Mother. I don't know very much about Mother. Can you help us to try to understand what to look for with the aspect of Her reality?

ABRAHAM: I did not want to ask too much from you each by having you contemplate the enhanced benefits received from all three divine personages. Each one is so distinctly different and yet, work together in such excellent harmony. Mother, yes, She is the spark of life, the beginning to many things. She is an equalizer in the struggles of injustice. She brings attention to those that have no voice. She brings grace to soften the harshness of this mortal life, and always and forever has endowed each of us with Her sense of family togetherness – yes, unity. Feel free my son, Luke, if you are up to this challenge, to journal your concepts on the enhancements of our three wonderful Divine Overseers, yes. Good question.

With that, I will take my leave. Know that I would be more than honored to meet with you each to answer any questions or help bring comfort. I am your friend and brother. My love goes with you. Until next week, shalom.

In The Striving There Is Exhaustion | In Surrender There Is Help From Father and His Universe

Abraham & Emulan, WOODS CROSS GROUP 11-19-2001

Back

[Editor's note: Tonight's lesson was on the heels of a harsh and hurtful relationship-breakup for a husband/wife couple within our group. The pre-discussion had to do with both's commitment 'to the group,' nonetheless.]

I am ABRAHAM. Greetings. I thank you for your all-inspiring discussion this evening. With such wisdom in the room, what need have you of a teacher? I am the one who is learning. What an honor it has been to serve this planet for these many years. The changing times are quite astounding to me. The evolving mind of mortals helps us to know that Father is real and ever striving for our wellness.

I am contemplating changing tonight's lesson in order to meet the needs of the group. Your daringness to be your true selves with one another is beautiful to behold. I give you, Emulan.

EMULAN: Greetings, friends. It has been a while since we have been together. I can remember in my mortal existence how I dreamed of a particular life pattern, a pattern that seemed to be the most common in mortal living. I worked, I married, and I fathered a child. I was always intrigued by what was most popular in that day and age. I put forth most of my energy into living my plan of that mortal pattern. I had goals to meet, expectations to fulfill.

I spent very little time just in the comfort of knowing that I was already blessed and watched over. There was always this 'life-striving' in everyday living. The striving took tremendous amounts of energy and I was forcing my life's plan of action. I thought this to be a true and good strategy; I thought this to be a comfortable reality. But indeed, I was overlooking those things most precious, yes.

I did, however, experience a terrible awakening when I discovered the loss of my wife and daughter. The experience was unbearable. I knew thoroughly every mortal emotion anyone could ever experience: anger, despair, confusion, and loneliness.

I hated God for allowing this to happen to me. 'How unfair was this mortal life,' I concluded. With this mindset I cared not about valuable lessons. I did not arise to meet the challenges of the day, no, I deserted any spiritual light that was trying to reach me. From that, there was a continuing downward spiral into insanity.

Yes, I was broken. I felt damaged beyond repair. The reality of living with a constant ache and longing had completely taken me away from those spiritual guardians who were trying to assist. Time did pass; I had completely given up and was institutionalized. The days went by and everything I had ever believed in or thought was important faded away from me. Yes, I was empty.

In my broken state, in my releasing and trying to make sense of everything, I heard these words: "Fear not, my son, for in every dark moment I am with you. I seek to give you light and a new life. I have always loved you and I always will."

This was a parting of the clouds. This was my first rays of hope and healing. Do you see, I had to be stripped of my old, unusable ideas. I did not hear the voice of help until I was completely silenced. I had to face the truth about myself - the way I lived and pursued meaningless things. I felt guilt and had tremendous self-loathing.

I did receive wonderful psychiatric assistance, yes, but that could never have pulled my soul from the depth of despair I was in. I did not, at first, believe Father could help me - no, for I felt I was left behind to be punished for my actions. Time is the most difficult teacher, but in time came healing and understanding. I learned our Father was truly merciful and kind; truly all-knowing and all-powerful.

I never expected to be a whole person again, but as experience had shown me, Father beat my expectations. I became interested in the inner workings of the mind wherein I was educated and became a doctor of psychiatry. I feel my practice was so much more than it could have been had I not experienced what I did.

I did not forget my family, no. I continued to work on my issues with guilt and regrets of choosing meaningless priorities. The healing work was ongoing; it was managed by a spiritual team – individuals I could not see; but nonetheless, I viewed their fruits in my life, daily. I had often wondered if these circumstances were destined to be? or were they only accidents of time. I came to the conclusion that 'it did not matter for I have today; I will experience pain, no doubt, but I will also know joy and comfort beyond my comprehension.'

Time may have its way with you, but Father does have His way with time. Do not flee from the light as I had. Do not mistrust those who have hung the stars and put them in motion. Do not forget that the one who dwells within knows your every desire and seeks your happiness. He also seeks to be at one with you someday and will minister to you in a way that leads you to Him. I leave you to Abraham.

ABRAHAM: My children, my friends, my co-workers, I too know firsthand this mortal despair. I can vow to you that you will receive perfect understanding in time, and it will seem as if these ways of life were always meant to be.

Concentrate this week on allowing spiritual evolution to unfold. Push not the mortal design, but allow yourself the freedom of relying not on your own understanding. The comfort is there. The light is there. You cannot flee your mortal lessons, but you can receive fantastic enhancement from them. You can take off the sharp edges of pain to allow a spiritual definition.

I am uplifted by your willingness to carry on, to face disappointment, to walk away from upheaval, and rebuild. I am sorry, no questions tonight, but I will be back next week. Until then, know that your friends and Teachers are numberless. My love goes with you. Shalom.

Truth Brings Correction | Correcting Time Brings New Gifts For All Who Will Receive Abraham & Christ Michael, WOODS CROSS GROUP 11-26-2001
Back

I am ABRAHAM. Greetings. I am inspired by the energy here this evening. If all you ever learn here in this life in the flesh is that 'everything is in a constant state of evolution,' this will most certainly carry you through to the next life. All living things are constantly changing and moving toward some goal, some destination.

Those with personal-willed goals may miss a more grand adventure. There are those of you who will assist others because of your experiences in living. Adversity is a terrific trainer providing that you reap the value therefrom and help others who are experiencing what you have already been through.

We have been discussing the growth of the Supreme Being and the benefits we have received from that. We are finding that mindal expansion can be a bit overburdening or creating some chaos. With those events that are seemingly out of control, many will turn to higher power. As mortals we all crave the same things – comfort in mind, body, and spirit; we have all learned how to do that 'materially,' but finding that 'spiritually,' is another story.

These new enhancements from the Supreme are creating more of a reality in the spiritual life. With this there is some upheaval in deeply-rooted belief systems. There has to be room for new incoming information. I realize the tendency to become discomforted by this uprooting, but it is brought out for you to see.

You may find what you valued before is now changing. Although it seems fearful (being in the 'unknown') it is also opportunity to realign with this new reality in the spiritual life. You may hold various habit patterns that are not in spiritual alignment, and these will be brought to the surface for you and Father to evaluate.

With the Lucifer Rebellion and the Adamic Default, and those misconceptions that spiritual organizations have taught, there is a tremendous amount of correction to be done. The spiritual guardians of Urantia are striving to steer the planet towards Light and Life. Without cognizance of this correction needed, old habit patterns will keep repeating. This is why we must bring all darkness out into the light. My friends, I give you our beloved Sovereign:

MICHAEL: I am your Brother/Father, keeper of truth, bringer of light. I sweep my hand across the world to relieve you of this veil. I am with you as a brother and helpmate. I do not seek to brutally shake you from the darkness, but gently call you to partake of all that is true, beautiful, and good.

Our Father does not seek to drop you to your humbled knees – not at all, no. He is a Director to you, children, ever drawing you to Him. I am your Purifier, your 'parting of the clouds' your Counselor in confusion, your Teacher of truth. We are side by side working for good. The mortal life is not a cruel puzzle to figure out, but a stairway to perfect understanding.

You that can feel are truly blessed. You that can see with the eyes of the spirit are truly blessed. You that can hear with the heart are truly blessed. When you have finished this days' work in the flesh you will know just how blessed you were to have experienced existence from the ground up.

Take not this life lying down. Seize every moment and really feel, learn, and act from your true self, your divine self. You are not a victim subject to life's brutalities, no. You are a participator in the mortal experience, in the cosmic mind, in the growth of our God-in-time, and in an eternal career leading to our Father.

Rise up, my brothers and sisters. Allow the darkness to purify in heart and mind. Allow the old to fall away. Allow yourselves to be reborn. I always, and will ever, go before you. Follow me.

Truth brings correction – and that may bring discomfort, yes, but love brings healing that goes beyond all boundaries. Know that my love for you is unending and always clearing a path for you. Carry on.

I am ABRAHAM. My gratitude to you, Michael, our divine Compass and Brother who stands by our side. We are ever striving toward your goal and continually recommitting ourselves to the cause.

This week, allow what is covered to be uncovered. Be not afraid for the imperfections. Please believe me – all is understood and in favor of your progression. Find time for real gratitude. Focus not on all that is so wrong. Give time to think of all that is right and good. Journal on how changing focus changes reality. Allow this purification to begin by cleansing those old wounds, yes. One moment. Are there questions?

CALVIN: We thank you, Michael, for your message today. What an honor to be witness. Abraham and Emulan, we welcome Heidi back with us and Patrick; and my boy, Matt, is here with us. Thank you so much for your help this week.

ABRAHAM: Greetings, children. I am always inspired by these youthful minds with their fresh outlook and new ideas. Calvin, yes, you are each most certainly welcome. A question?

ANICIA: Abraham. I am very grateful for the lesson tonight. It targets everything I am going through right now, of course. I hope this is appropriate to ask: I recently moved back in with my father, and he sees everything that is wrong – and that is what he focuses on. This makes it really challenging for me to focus on everything that is right. I was just wondering if you have some advice in my communication with him.

ABRAHAM: Certainly. When I suggest focusing on what is right, it does not mean to deny what needs correction, but there are individuals who have had a life-long negative pattern and are quite embittered and somewhat scarred. It would be difficult at this point for your father to have a sudden change of heart. While he may appear to weaken your spirit, you know very well that good overcomes darkness. You do make a difference in his perception, but he also sees you as somewhat of a blind optimist. Let him know that you are in understanding of life's realities and the seriousness thereof, but also show him the practical reality in spiritual thinking. Show him the proof of his own life. Is it not true that all he has focused on has come into being? Do not be disturbed by his attitude, for when all is said and done there will be perfect understanding. Is this helping? (Anicia: Yes, very much. Thank you, Abraham.)

WILLEENA: Father Abraham, you say to allow this purification to begin by cleansing those old wounds. In our communication these past few weeks about how 'when people are in the throes of stuck energy, it is most difficult to actually move through those old wounds to receive the light. What does that look like to cleanse those old wounds?

ABRAHAM: Yes. Soil has to be properly nourished for new seeds to take root and grow. When there is this overwhelming turmoil the body systems are disturbed. Mortals tend to pacify symptoms with unhealthy temporary aids such as:

Diet, for example: When the mind is disturbed, one can have food cravings for food that creates only temporary energy, yet has no nutritional value. Therefore, you must have a nutritional food intake.

Exercise: Emotional upheaval tends to release various chemicals in the brain, which can settle in the muscles and create various ailments – from arthritis to depression. A dose of exercise during this time is helpful to create movement in all the body's systems.

Light: In a discontented mood one tends to stay in darkness, which further adds to depression and hopelessness. All living things need light.

Fellowship: Burdens are best borne when at the side of a loving friend. How healing it is to share with an understanding friend who simply listens and challenges you to arise through difficult occasions. How wonderful it is to be reminded of spiritual values by a trusted friend. Said Jesus: "Where two or more are gathered, there also am I."

Worship and gratitude: This is always an attitude-adjuster wherein you can become as a little child in the presence of your Creator-Parents. A loving Parent can break through the toughest exteriors. Finding things to be grateful for helps to direct your focus to new faith levels. It helps you to believe in the forward momentum of all living things. Nothing really ever stays the same except for a loving, all-knowing, all-powerful, precious Father.

Yes, you can take an active role in freeing yourself from mortal cloudiness, but know that all wounds take time to heal, and all experience takes time to understand the value therein. Is this helping? (Willeena: Yes it is, so much. I thank you.)

ABRAHAM: This week, please know I am in understanding of your mortal experience. I would comment that these gifts are direct results of the Supreme Being's growth and a small glimpse of what is to come. There are further adjustments to be made the older you are, yes, but for the children who have been born into this Correcting Time you will find these new gifts as a natural part of living. There is much mindal conditioning to overcome, but absolutely are these gifts free to all who would receive.

There are awesome changes occurring and most definitely, my friends, you will want to be a part of them. Know that the youth of today are filled with a new wisdom in which all can benefit. I will end there. I am slipping. Know that you each inspire me to become more. I am with ever-growing love for you. As Michael said: Carry on. Until next week, shalom.

Energy Moves Matter, A Driving Force | Thought Leads To Action

Abraham, WOODS CROSS GROUP 12-03-2001

Back

I am ABRAHAM. Greetings. I am amazed at the loving energy in the room here this evening. It is as if we are all of one mind.

Energy moves matter; and thought leads to action. If I was so permitted, I would give you a glimpse of what is to come. The Father, however, in all His wisdom knows that to have any comprehension of this glimpse you must go through certain experiences. We are in a state of continual experience. We are taking steps toward an eternal destination. In the midst of experience – have not fear, for it is only steps in the forward momentum of an eternal career.

Yes, energy moves matter. Where your energy of thought goes, you follow through with action. In holding on to past wounds, your thought-energy travels in that direction. Deep within, there is always this driving force to find relief or solutions; you act out this driving force in everyday living. A baby will cry at discomfort because that is the child's only tool towards finding the solution.

This Correcting Time has endowed you with several tools. We find the key to actually opening the tool chest itself, is honesty – honesty with Father and yourself. To deny yourself 'honesty' is a cause for static in the energy of thought, which almost always leads to irrational actions. To cover-over without actual healing is to feel that restlessness of being driven towards some 'thing' that you believe will bring you fulfillment.

There is a driving force within the soul of man that seeks to carry him through correction towards progression. To appear to have flaws is not weakness, no, but steps of opportunity for growth. To commit to self-honesty is an opening for a spiritual driving force to give you a more precise thought-energy pathway, leading to a more correct action.

You, our Teaching Mission participants, have been well trained to teach others about these spiritual tools. You are counselors. You have learned to direct with patience, not force. You are learning to serve for the glory of our Father and for the upliftment in the kingdom. This does not mean you are finished with your own correction and learning – no, but you know the basic steps to take towards a positive path of thought-energy.

This week, contemplate – where are your thoughts leading you? Is there a covered wound that leads you to incorrect action? What are the tools you use on a daily basis to progress in mortal living? Which driving force within, is stronger – spiritual or material? A few questions?

CALVIN: Abraham, we welcome our old friend back with us, Ridsen. (Abraham: Welcome.) Calvin: It seems like I am trying to find that spiritual connection, which I have found a time or two. I know there is a great difference in the material pursuit in daily life versus that constant spiritual connection. It seems like only when things are in a crisis that I can find the drive for that strong energy force you are talking about – that spiritual connection. How can I take that with me all day every day, not just when in crises?

ABRAHAM: In the life in the flesh, you will find it rare when someone has a continuous connection. In your status as agondonters you are not really shown any proof that the spirit life is real. An individual makes his own proof by seeing the fruits in daily living. By faith in an unseen Father are you made to relax with a knowing confidence that this life is not a game of dramatics. This life is not a cruel joke to show you how foolish you can be. It is not an individual battle to be fought and won, no. This life is a lesson in true humility which leads to listening, trusting – and knowing those unseen forces work for your overall success. My son, it is a matter of exercising patience in the unknowingness, and not being driven by an unknown force towards creating the reality 'you' desire, versus Father's. reality

'for' you. It is a matter of perception. Also I say, old wounds can definitely modify how you see reality – this can lead to distortion of thought and taking rash actions towards relief, or fulfillment. A commitment to remaining calm, even in the unknowing, is a clearing for Father to work. The Master knew not from one day to the next where He would lay His head each night or how He would find His next meal – and in a material world, that is calmness and trust in the midst of mortal unknowing. The Master, with His connection to Father, however, moved with confidence; each day He believed He was well looked-after and loved by the Supreme Overseers. Do you see, He trusted those who could see far beyond what He in His mortal form could; and by doing, He fulfilled His mortal destiny. He found comfort in upheaval. He found love in the midst of hate. He found good where there was evil. Energy controls matter, yes. Another question?

SIMON: Abraham, so in reacting to events, nothing then is so terrible? You mentioned to me to find humor in events. Sometimes that is really hard to do, and sometimes it is a lot of fun.

ABRAHAM: Yes, humor is a wonderful equalizer in mortal living. It can bring balance to chaos. Mortals become paralyzed in fear, and to see the lighter side does lessen the pressure and brings clarification to the mind. No, you cannot force humor where you do not feel it, but even putting forth your thoughts in that direction is leading toward enlightenment. Laughter releases chemicals in the body to combat depression, fatigue, and an overactive ego. Is this answering Simon? (Simon: Yes, thank you.)

LUKE: You said three times tonight: "energy moves matter." Exactly how does energy and thought affect the outcome of matter pertaining to what happens in our lives?

ABRAHAM: Great things have occurred down through the ages because people had vision. People could foresee a reality to their dreams. So on one hand, you can materially make your vision a reality. In the spiritual realm, there are Power Directors, among others, who make effort towards your vision – especially if the vision serves the whole. There are circuits upon circuits that carry thoughts and energies that are filtered through these Power Directors, who deem thoughts worthy of spiritual influence. You can be glad to know that fearful negative thoughts are, for the most part, diffused in the spiritual realm; but of course, with your own fearful or negative thoughts you can even subconsciously make them happen. Thoughts have energy. Adam and Eve could communicate telepathically for miles away because they were quite gifted in this thought-sending. With the opening of our system circuits and your advancing spiritual enlightenment, you each also have the same opportunity, and you can create good, yes. This is not to say you can escape required mortal experience, but most definitely you can accelerate your learning. Is this helping? (Luke: Yes.) One more question?

WILLEENA: Regarding the self-honesty – 'honesty with Father' you spoke of. Is it the lies we tell ourselves... is that what blocks us from communicating telepathically? We are so harsh on ourselves sometimes – is there a way we can be gentle? If we are stuck in these 'negativities,' is there a gentle way we can support ourselves to be in communion with Father?

ABRAHAM: Understood. It really depends on internal motives and a somewhat tamed ego. The ego wants perfection without effort, and not to be shown anything else. The soul, however, is a child – always discovering, always learning ‘by experience’ – bad and good. The ego cares about ‘how it appears to others.’ The soul cares about what Father has to teach. Self-honesty is somewhat of a fine line – for you can be either coddling the self or punishing the self – that is why the spiritual tools are so important. You have your indwelling Father Fragment, you have your Teachers, you have your books, you have your prayer and stillness – but one of the greatest tools you have is one another. If you can be completely honest with a friend, and not fear ridicule but only expect upliftment, then are you in understanding of how Father is. You have the opportunity to be an expression of Father – and, an opportunity to express yourself to Father through one another. You that can find this love and closeness in the world are truly blessed. When pondering this self-honesty, ask yourself: "What are my motives?" "Where am I hoping to go with this?" "How is it serving the soul?" "If not serving the soul, then is it serving the ego?" Is this helping? (Willeena: Yes. Thank you so much.) Abraham: You're so welcome.

As we draw our meeting to a close, please know that I am always and ever devoted to you each and, always my highest thoughts are with you. Until next week, shalom.

Reality Of Being Human | For What Are You Striving
Abraham, WOODS CROSS GROUP 12-10-2001

Back

I am ABRAHAM. Sorry for the delay. I cannot be heard until I am really listened for. There needs to be an allowance, so to speak, a decline in personal will, a type of indifference, if you will. The busier the mind the more difficult it is to make contact.

For the next few lessons, I would like us to focus on the reality of being human. I would like us to find the true spirit of being mortal. Not only are we always in a state of ‘experiencing,’ we are also always in a state of constant ‘striving.’ I would ask you – for what are you striving? So many individuals, when they are very young, constantly strive to become older and more mature because that seems to come with certain benefits.

There is a time in childhood, however, that the child delights in just being a child, in just being shown. For the child, it is not about the struggle of striving but about adventure and the wonder of everyday-living. As mortals mature, they sometimes make effort towards pushing back time, dreading the inevitabilities that are to come with time. With that thought follows that energy, and the sense of adventure and desire to only be shown the wonders in everyday-living, is practically lost.

On worlds settled in Light and Life, each stage of mortal life is a celebration, yes, a right to passage. Each stage is filled with gratitude for the experience already gained and the experience to come. There are not labels attached with maturity. You are not growing older – becoming feeble and without ability to be shown, no.

Being more mature on these settled worlds is not a ‘higher seat in the kingdom,’ as

if one has earned seniority, no; there are not limits as you move towards the spirit world. The lines of age are blurred and insignificant. These individuals on such worlds are in somewhat of a state of continual striving, yes, but that striving is in an attitude of wanting to be shown, enjoying that anticipation and discovery of what the next stage of life will bring. How precious it is to watch these older individuals minister to the younger individuals in an attitude of excitement and inspiration – not an attitude of superiority or seniority that says: ‘I have been there, done that.’ Rather, there is always one hand reaching forward to be helped up while the other hand is back pulling up their fellows.

Today’s society is so accustomed to moving into new life stages with foreboding, as if their best days are behind them – and that is exactly what they get, their spirit is stifled and in a fearful state. These mortals become used to being on guard at all times so that nothing surprises them, nothing hurts them – but also, practically nothing makes them happy.

How easy it is to move on quickly from an unpleasant (although educational) ordeal with an attitude of ‘I survived that. What is next?’ There is no internal celebration and joy for the new-found learning; there seems to be only dread for its reoccurrence. There is not gratitude for the new tools gained but more insulation as protection. While the insulation may guard you against pain, it also keeps you from that awesome state of wonder and anticipation of adventure.

As I think back to my life in the flesh, I wish I had more courageously faced those mortal inevitabilities. I wish I would have felt every aspect of emotion instead of protecting myself. To know the fulfillment of a quenched thirst you must travel through the desert. To have real spiritual joy you must define your mortal experiences through a spiritual perspective.

Just as we had difficulty in beginning our lesson this evening it is all the more difficult to be in touch with that Father Fragment when you are in a state of self-guarding or preoccupied with trivial things. Stillness practice is keeping those lines of communication open; without this practice, it becomes somewhat difficult to be spirit led. A few moments of silence every day increases trust in Father wherein you feel protected, you feel watched over and cared for. With such a secure feeling you need not build your own wall of protection that keeps away pain, as well as happiness.

This week, journal what you hope to accomplish in this mortal life. What are you striving for? What is consuming your energy? Find a few minutes every day to be quiet; to allow; to rebuild trust and faith. What stage of this mortal life are you now? What have you learned? What benefit is there to feel that anticipation of adventure for the next stage? Can you be that child who puts not so much effort into the striving, but just open to being shown. I am going to take a few questions.

SIMON: Yes, Abraham, thank you so much for the lesson. Again, I am very excited about the learning that will be going on because of it. Iyana has been on my mind and I wonder what message you might have for me or from her. [Iyana has been Simon’s (unseen) personal Teacher.]

ABRAHAM: The message is of a personal nature. Would you want to save that for another time? Your choice. (Simon: That is okay. Go ahead.) Abraham: I am perceiving you to have some unsolved issues that have brought you disappointment, which has created some anger and resentment. It would do you well to journal these thoughts. Be honest with yourself and take appropriate steps towards bringing them out into the open. I perceive you to feel some self-disappointment that has been difficult for you to bear and has weakened your confidence. This, however, is truly good in a way that humility is becoming your teacher. Iyana is fully aware of this and will continue to work with you in solving these issues so you can move forward in a more pure mind and intention. That is all. Another question?

ROINDA: As of late I have been struggling with both mental and physical health. I would just like some guidance as to how I can get reconnected so that I can start to get back on a path to improve both.

ABRAHAM: Understood. I perceive one condition is causing the other. Roinda, my daughter, it is understood that you have always been a woman of great faith. I understand that somewhere along the line the logical part of you pushed forward and demanded to fit your faith within a logical frame, and this took away a great deal of possibilities. Your experience, however, has been just as it should have been. I perceive that you are somewhat lost in identity. You give a great deal of yourself and that is beautiful, but difficult to nurture that growing spirit within. You have done well, believe me, and the time has come for you to be free from that confining frame of total logic and that safety-net of always being within the knowingness. Do not lose sight of that 'child of God self' who also needs to feel that comfort of a Father's love. While logic and practicality are important in this mortal life, it is dead without faith and trust in a being that loves you more than you can comprehend. To become uplifted in spirit will aid you in your depression and those mental instabilities, which should also aid in your physical healing. You are on a correct path in seeking fellowship with like-minds. Is this helping? (Roinda: Yes. It helps a lot. Thanks.) Abraham: You're welcome? One more question?

TECTRA: Abraham, you talked earlier in the lesson about 'the more busy the mind is the more difficult it is to make contact.' As you know, I meditate twice a day. I get pretty still and I don't really hear anything; but, I feel contact from the Father, a loving energy. I guess I'm just saying that I would like to hear something, some type of words, to hear a teacher – or something like that. Is there something, some words you can give me of what I can do, that would facilitate that?

ABRAHAM: My son, everyone will receive Spirit guidance in the way that is most comfortable for them. At this time, to hear anything would be somewhat disturbing. [laughter, and Tectra agrees.] You are a visual person. You have excellent communion and, for the most part, have a constant walk with Father. You easily minister to your fellows if need be. You are listening, yes, but to 'inner feelings' more than sounds, which is wonderful. You do well. You have a great deal you can teach others about the silencing of the mind. Yes, well done.

With that, I will bid you, farewell. I give you each my ever-growing love and would have you know, anytime you should need me I would be available. Peace be with you. Until next week, shalom.

Allow Yourself Room To Grow And To Make Mistakes Without The Stifling Anchors Of Guilt

Abraham, WOODS CROSS GROUP 12-17-2001

Back

I am ABRAHAM. How easy is our communication when all minds are in such a giving state. Your intentions and energy bring you these words (our teachings). Your willingness to learn and also minister to your fellows is truly touching. I am inspired to become more when I am with you. I am in gratitude to your allowance.

I remember in my mortal state, striving for what I believed to be perfection; to be less than what I perceived to be perfect was unacceptable. I gave a great deal of energy towards disguising my imperfect ways. My self-punishment was worse than what I really deserved. I was loath to appear foolish to my fellows. I had developed a great deal of tricks to rationalize my imperfections. Believe me, this took so much more energy than to simply admit I had made mistakes.

In being fully present within this mortal life we do tend to look over our shoulders quite often; unfortunately, we seem to really care about how people perceive us. Those that 'it appears' make the least mistakes seem to be the most popular. It is difficult to imagine that at this point in time we would not all believe that every one of us is fallible.

We do strive for perfection, and to fall short of that is more discouraging to the ego than to the growing spirit within. To batter the self is creating more of a landslide of struggle; it is losing self-confidence and not feeling at home in the world. To chastise the ego, however, is somewhat helpful when done in humor, but to beat upon the essence of 'who you really are' is spiritually stifling.

From the time you were children you could easily see that being with flaws somehow took love away from you; as children, that is the last thing you want to lose. The absence of love is terrible loneliness and the sense of being lost. Children do learn how to adapt, however, and cover-over those mistakes, those wrong choices. Experiencing the outcome of wrong choices is the best teacher, but more often than not was there a respected adult with a shameful chastisement.

In rerouting the mindset of this planet towards Light and Life, we are hoping to teach you that mistakes are inevitable. You were not born with all the knowledge you need, no. A child grows best if allowed room to understand their mistakes, to be allowed to correct them without feelings of shame. Of course, a loving guide is helpful in pointing out the correct way instead of focusing on what was so wrong.

Mortals grow best in a state of non-pressure. Guidance, yes! Pressure, no! What kind and loving divine guidance do we have here in this Mission-group? There is no projection of guilt thrust upon us, no, only a subtle glance of the mistake and an allowance for understanding; there is room to grow, room to correct and to make the right decision.

Our divine caretakers are not pressured by time. They do not impose time-limits on us, why would we be so brutal with our mortal selves? Can we allow ourselves the

same room to gain understanding and grow? How better might we direct our energy rather than using it to cover our imperfections? Are those we seek to hide our imperfections from, perfect? Do we allow others to make mistakes? Do we allow them room to grow? or do we 'serve' by chastising them for their mistakes.

I understand that some individuals seem to be unreachable, and a shocking word now and then seems to bring about some conscience. But if you can take yourself back to that small child who feared loss of love because of misdeeds, you can see what type of action would serve best.

As mortals, you are all in a state of becoming – you are not there yet. But in 'wanting to be shown' you are every day moving into your highest potentials. You cannot force growth, for in doing so you can make the struggle of mortal life much worse. You can, however, realize you are dealing with much more than ego – there is that growing soul, that personality essence, and that Father Fragment, within.

The Master was a beautifully integrated being. He was so aligned with the Father's will that His mistakes were really quite few. He acted from a place of self-forgetfulness. He worried not about other's opinions of Him. He sought to please only one – His Father in heaven. That is everything, children. That is the beginning to perfection. That is taking off the pressure to allow room for understanding, and growth.

This week I am requesting you read on morontia mota in your Urantia Books. Yes. I have not time for questions, perhaps next week. Know that I am available should you need me in your journaling time. Listen for me. Know that I am with ever-expanding love for you each. Until next week, shalom.

Intentional Living | The Cost of Spiritual Progress

Abraham & Emulan, WOODS CROSS GROUP 12-24-2001

Back

I am ABRAHAM. Greetings. I am in gratitude this evening for the comforting energy here in this group. I think back when we first began, we were nothing more than acquaintances; now I feel as though you each are my siblings in this family kingdom. As I know you more, my love increases. I have learned a great deal being your teacher. I am moved by your dedication to upholding Michael's enhancements for the world.

When I review the morontia mota I am made to ponder how we become more of who we really are. Mota is about being challenged to do your very best for the good of the whole.

This Mansion World philosophy (mota) teaches us that we are integral parts of the universe, unique and with purpose. And while we are feeling more of a part of the whole we can see how our individuality adds in a divine way – not in a self-serving way, no. I give you, Emulan.

EMULAN: Greetings, friends. I too, am honored to be a branch on this family tree. Most of you know my story of when I wore the mortal flesh. I experienced a great deal of personal tragedy – which led to mental illness, which led to my profession

as a psychiatrist. I desire this evening to speak a few words on intentional living.

As I was coming out of the darkness of my personal tragedy, I believed that I was a victim of mortal life – that I had no control over it; it just happened and I only had to play along. My life was quite mundane. I lived mostly in fear of ‘life happening to me.’ I practically hid from everyday living. I took no risks.

I always made effort to protect myself. I gave nothing; therefore, I got nothing. Life was just about passing time – just moving towards the inevitable end. I had no sorrow, but I also had no joy. Believe me, I was terribly lonely. To risk moving on forward with life put me at risk to facing pain all over again. I prayed for relief from my non-existent existence. What was the point in living this mortal life?

As I prayed, as I studied, my vision expanded. I began taking small steps toward being fully ‘present’ in this mortal life. I worried less about real life-circumstances crashing down on me – I wanted to truly live and live well. I became with the understanding that experience was my best teacher, and to hide from it meant no progression – not really so much pain, but also no joy. There is a price to pay for spiritual advancement – there is a cost, yes.

My friends, you must be willing to live life on purpose, to live intentionally, experiencing the full spectrum from birth to death. Are we victims of the mortal life? No, we are partakers of a spiritual destiny. Does life just happen to us? Sometimes, yes. Do we meet it with passivity? No. We are challengers in this mortal life. We most definitely direct destiny. We have responsibility towards our growth, the growth of our fellows, and the growth of our God-in-time. Life may ‘just happen’ to us, but we also ‘happen’ to life.

When we live intentionally, we practice being fully present and aware in each moment. We experience spiritual poisons, yes, but also do we experience spiritual fruits. We challenge loneliness with a hopeful attitude. We challenge hate with the belief in prevailing love. We challenge prejudice with actions toward justice. We challenge depression with faith. We challenge our self-loathing with our belief in a divine parentage that loves us with the power of eternity.

We are not victims of life but challengers climbing that divine staircase toward our full potential wherein you have power. You know that in intentional living we can exert our personal power toward achieving wonderful things. We can have the power to exhaust our human resources, to make effort without fear, and know that the final outcome should align with our Father's will.

I am in gratitude for this understanding of this energy that helped me to excel in my mortal life, as well as the spiritual. My gratitude, friends. I leave you to Abraham.

ABRAHAM: We thank you our friend, coworker and brother, Emulan, for your words regarding intentional living. This week I ask you to take time for journaling. Ask yourselves: "What aspects of life do I find myself hiding from? What is consuming my thoughts? What is that which takes me away from present moment awareness?" Think about the goals you might strive for and what fearful obstacles may chance to come

your way. What old 'internal patterns' may keep you a victim instead of a challenger of life? A few questions?

CALVIN: Abraham, we welcome Dave back. Also, Mary Joe and Dorinda from New Mexico.

ABRAHAM: Welcome. I am happy to be with you this evening, my friends. Be at ease to ask any questions.

DAVE P.: There are some financial, legal problems going on in my life. My life has been through a lot of upheaval. I just have some concerns, worries. I guess I was hoping you could say something to make me feel better. I am really quite stressed out.

ABRAHAM: Understood. I do not know much about your material aspects and difficulties, but perhaps I can offer you some spiritual comfort. My friend, I see you standing at the lake of faith – while you are still testing the waters, you have not dared to dive in. This is understandable. But also, without faith, other aspects of mortal living are made more difficult. Without belief in someone greater than ourselves we are utterly alone and the mortal burdens are much more difficult to bear. I see that you have great potential in living a faith-filled life. While Father may not do much to assist you with release from your financial difficulties, He can provide you with understanding on how to cope with difficulties and the stress therefrom. Definitely, with Father all things are possible, and He, without a doubt, gave us life that we may have abundance, materially and spiritually, yes. He knows your difficulties but cannot coax you into full faith by solving your mortal difficulties. You must first possess the faith. Most mortals can only find that unwavering faith when they have lost all else. This is not necessary. While you may not trust in your fellow man, you can most definitely trust in our divine caretakers – for they are not like anyone you have ever known. Until your faith and trust is actuated, they can only be involved so much in your life. This should be a good springboard for you to use to dive in. Another question?

NATHAN: Abraham, speaking of faith, I feel that my experiences in the last four months have redirected me, has helped me to find solace and peace and the unknown in Father's will. And I'd like to ask how am I doing? What are my next steps? And can you call me by my spiritual name?

ABRAHAM: You are doing wonderfully, my son. You have experienced severe pain and difficulty – and yet, you are made better. You could have easily blamed God and attributed a cruelty to His mortal plan in your life, but you are a challenger – you dare to look at life's challenges as a stepping stone to greater things to come. One moment. My son, you are known as Seth to those on high. You could perhaps direct your focus towards reviewing those truths in your life that have served you well while making attempts to recognize those life patterns that are obstacles to you now. Your calming demeanor will be a wonderful attraction to those needing to hear the good news. Yes. Well done, my son, Seth.

MIRIAM: Abraham, I don't know if Emulan is still around. I really appreciate his sharing of where he has been. I know what it is like to come from a dark place. I find that whenever I share places that I have been – I don't know if it is the way I

do it or what, but it seems people don't know what to do with it; perhaps they don't believe I have, in reality, been there. It is hard to share those things, and I appreciate him sharing. I just want him to know how grateful I am.

ABRAHAM: Understood, and as Emulan just related to me, beautifully said. You are heard. I believe you have assisted a great many lives with your daringness to share. Emulan has often expressed that 'for him,' sharing is quite therapeutic; and as he has shared, he has found the very presence of Father, and His healing. He also thanks you, Miriam. One more question?

DORINDA: I am thrilled to be close to you again and I am delighted to be here. You have been through some difficult situations with me and helping me, giving me guidance on relationships with other people. I am really excited about next week and I want to thank you.

ABRAHAM: Elaina, my daughter, without your willingness to experience life in every aspect you would not be where you are now. It was your diligence and hard work that has been so helpful. Your opening to the Spirit has shown you those meanings and values that has given you greater understanding. You have also inspired me, and I thank you, Elaina, my daughter. I am about to take my leave. Is there something pressing?

DAVE E.: Abraham, I was wondering - in the lesson tonight, Emulan spoke of the cost of spiritual progress? Could you elaborate on that?

ABRAHAM: Certainly. The greatest cost of spiritual progress is perhaps the laying down of the ego. In mortal-living, the ego feels valuable, but after this life it is not needed or valued. The cost of spiritual progress is perhaps the willingness to sometimes appear foolish to your fellows while trying to be close to God. The cost is the willingness to know true humility. The cost is being self-forgetful when you are really craving attention and credit. You can live an entire mortal life and still not be willing to pay this price. That is completely acceptable. That is why we have the Mansion Worlds, for there we have options; there, there is no pressure. The Christian churches, however, would have you believe that Christ had paid the ultimate price for you, and that if you can live within their laws, you will surely gain entrance into heaven - "saved." We are trying to correct that thinking - that Jesus did not so much pay a price for your salvation but opened a door for you to find your own. When we speak of 'paying a price towards spiritual advancement,' this does stir up some fear; and most will struggle throughout their life to reconcile themselves toward daring to lose the self so that they may be saved. Christ did pay a price, yes, but it was very much positive. How he lived his life was His best aid in our living the mortal life. The cost is self-forgetfulness, selflessness. The reward for such a small price paid has no words to describe the eternal magnitude of it.

And with that, I am slipping and will take my leave. I wish you spiritual comfort and peace over this holiday season, and that you reap the wonderful benefits from a Spirit-led life. My love goes with you. Shalom.

To Live On Purpose is a Challenge / Our Mistakes Have Been Our Greatest Lessons

Back

I am ABRAHAM. Greetings. Your group is, literally, a bright light on the planet. Your willingness to keep pursuing the spiritual life is always an inspiration to me. It is small groups such as this that will create great change. Even though you are all quite different, you each have common goals.

As the New Year approaches, many of you will make resolutions and goals to work toward throughout the year. While this is commendable, many times it is somewhat of a disappointment when these goals are not fulfilled – and there it is we find 'yet another thing to regret about ourselves.' When you focus on living intentionally, 'living on purpose,' you are committed to having any experience that comes your way – good or bad. You are committed to being willing to experience and learn, and grow from it.

You that are students of these morontial lessons; and others, who are committed to fight the good fight of faith, are co-creators in destiny. To be a co-creator you must allow yourselves to be spirit led. Without divine guidance, we would surely live an existence of chaos and disorder. In the willingness to be spirit led we find comfort and confidence to move about in the world – to live intentionally and to be a 'participator' instead of a spectator. To live 'on purpose' you commit to Father that you can do the kingdom work for the sole purpose of glorifying Him.

Tonight I would say a few words on 'living a life of regret.' To be regretful of a past experience is to invalidate yourself as a learning spiritual being. To continually replay those remorseful mistakes in your mind keeps you from living life intentionally. Those regretful experiences keep you in fear of venturing towards new avenues in mortal living. Regret is heavy and binding, and not in the present moment awareness.

Certainly we are accountable for all our actions, yes; but to be so fear-stricken by some regretful past experience is to close off to the new. Your experience has been your best teacher. Your mistakes have been assignments. Those experiences you most regret have taught you the greatest lessons. Some individuals can be so regretful of missed opportunities or chances not taken – that they spend a lifetime in self-punishment. This is not liberty and allowing growth; this is discouraging and taking away personal confidence.

I realize you must make decisions every day, and all you can hope for is that you were spirit-led in them. There is no doubt you will make mistakes. Do not allow those mistakes to weigh you down with regret, taking from you your God-given right to have liberty.

Yes, live intentionally. Allow yourselves to be spirit led. Know that mistakes are inevitable but do not discourage that spirit within to keep pursuing that divine path. Have the courage to be held accountable for your actions. You do whatever it takes to correct, yes, but do not allow regret to take from you your feelings of worthiness and confidence as a beloved child of God. Do not allow those past dark clouds of regret to keep hanging over you, blocking out new light.

There was a man who had a disagreement with his father. It was really quite meaningless and petty, but these two individuals did not have anything more to do with each other. The obstinacy of the two individuals had taken away many years of what could have been a loving and uplifting relationship. This man's father had died without them ever having resolved these issues.

Of course, the man was quite regretful and with a great amount self-loathing; most every day he came across one thing or another that would remind him how petty and small he had been with his father. The pain and regret was soulfully, crushing. He tried to make excuses for his behavior but he found those empty and dissatisfying. He attempted to put the blame of the disintegrating relationship onto his stubborn father – but that also proved to be creating further unresolved issues.

The man's regret led to seeking avenues of escape. He became an alcoholic and was abusive to his wife and children. This also led to him losing his family, and again facing further regret. Had this man been spiritually stable he could have perhaps taken these steps towards healing, instead. Facing the fact that 'he himself' had been petty and small in the first place would have been crushing to the ego, yes, but opening up the learning spirit. The man could have realized he is an imperfect being and admitted he was ego-led. He could have accepted the challenge that humility brings.

Humility is an opening for God to reach the child-soul. Instead of regretting, the man should have faced the realities of what really happened and simply grieved – grieved for as long as he needed to. Praying for understanding and guidance would have been another great assistance to him. Yes, the man would have had regret, but in facing it courageously he could have dealt with it in the moment – he could find that place where he could challenge regret, and not have regret 'control him.'

This man could have bravely held himself accountable for his wrong actions and put them honestly before God. Will God punish him? No. Father will, however, show him those areas that need improvement. Father will enhance understanding and show the reasons why a bereaved son acted in the manner that he did. This is a process, really, to work through – to guard against the weight of being regretful and going through with self-punishment.

In living intentionally, is to go forth with spiritual power and purpose as an adult in the kingdom. Be not afraid of the hiding child within, who is dragging a heavy bag of regrets with eyes toward the ground feeling separated from God and the world. Move with forward purpose, not with backward regret. Be not afraid to be held accountable for your decisions and actions.

This is all a part of the adventure, children. You are not an ignorant victim of the mortal life, no, you are intelligent spiritual-seeking challengers. Do not allow regret to lead to more regret, more mistakes. Heal those regretful moments with Father at the time they happen. Our fellow from the story could have avoided alcoholism and the loss of his family had he dealt with the present regret.

My friends, the closer you are to the spiritual life, the more you will walk with spiritual comfort and confidence. The more you feel at home in the world, the more

you will trust in Father and your ability to be Spirit-led. Put your human regrets into a spiritual perspective – that they are merely lessons that probably most everyone who dwells in this mortal body will experience at one time or another.

I am unable to take questions this evening, but I would ask you to journal this week's lesson contemplations: Are there unresolved regrets that burden you down and keep you in a cycle of further regret? Is there further self-punishment? What steps can you take toward freeing yourself from that burden that takes from you your self-confidence, your spiritual comfort? What mortal habits or actions are you engaging in to cover-over the pain of past regret – and how can you break free? Know that always my love is increasing each time we meet. Until next week, shalom.

2002 MANSION WORLD TEACHINGS

Self-Empowerment | The Good Farmer | What or Who Do We Allow To Control Us
Abraham, WOODS CROSS GROUP 01-07-2002

Back

[Ellanor, the transmitter receiver, expresses she is feeling off-balance, physically.]

I am ABRAHAM. Sorry for the delay – and yet, it is another good reason to take care of the mortal vehicle that you possess. With physical discomforts, it is difficult to find spirit connection. As we begin in this new year, with all our high hopes and expectations, let us remember to tend to the wellness of the physical body. Physical wellness and mental stability are linked, and to promote well-being in one does aid the other.

As we discuss 'intentional living,' we can't forget to touch upon the aspects of self-empowerment. When we are caught up in being regretful, our focus is distorted. We find that we are always attempting to atone for our past mistakes. We never really catch up to the present to partake of the 'new' flavors of living because we are still chewing on the past.

Children, what do you really have control over? Do you live this mortal life as if you are being forced to gain your eternal experience? Or, are you desiring to live this mortal life because you really want to.

Many in today's world feel forced to do this or that – to live this way or that way, feeling indebted to one thing or another. "I am forced to work so that I may fund my living expenses." "I am forced to parent because I choose to have kids." "I am forced to care for my elderly parents because they cared for me as a child," I say, this is not intentional living; there is no measure of joy in this. Where is the satisfaction in 'paying your dues' to attain this or that?

There are many cycles of life you must experience, but Father does not want you to drag yourself through them halfheartedly, no. The perspective of these life-cycles is distorted because the focus is all about end results: "What will this get me? Where will this take me?" In this thinking, there is not joy in the learning; there is no satisfaction found in the effort.

A great many human acts in one's daily living should be perceived as sacred, as acts

to glorifying Father. In the 'present moment awareness' you find Father. In finding Father we find purpose – purpose for carrying out even the most mundane of duties.

A farmer, who had solely focused on money, took a great many shortcuts in running his farm. He used the lowest quality grain and foliage to feed his animals, which produced a lower quality product. He shorted the hired hands who worked for him their fair share. His drive for money was understandable because that is what showed him how successful he was as a farmer and as a man. Needless to say, his lower quality products did not fare well in the marketplace. His employees did not give their best work. As a result, he made no profit and found no joy in daily living.

As the farmer grew in spirit and wisdom (which by the way, did not come easy) he was literally brought to his knees through experience. He found that his focus on money had kept him always in a state of further reaching, always in a state of desire without true everyday-living satisfaction. He began to run his farm fairly, using good quality grain, treating his animals with a sacred attitude, giving his employee's the respect and a sort of nurturing that only a father could give.

This certainly did create a wonderful family atmosphere which made the employee's look forward to going to work every day. They looked forward to this family connection. They gave their best effort to the overall success of the farmer. What was good for one was good for all. The farmer found great satisfaction in this loyalty and comfort he received from his employee's. He found Father in these connections with each. He found happiness and real meaning – yes, real satisfaction that money cannot buy.

The money came. The farmer hardly took notice of his material wealth because his spiritual wealth was fulfilling and joy-producing, and always continuing to strengthen him. His own success was of no importance as compared to the success of all he had come into contact with. He lived intentionally, with spiritual purpose and power from on high.

The changed man did not any longer go about his day with 'drudgery because he was forced,' no. He was not a victim of mortal life, no. He was not feeling controlled by a superior being, no. With his new perspective and change of heart, he was in control. He was in control of the only thing he could be in control of – and that was himself; yes, his perspective and his outlook on the world – in the flesh and beyond. He found meaning, and therefore, he found joy. He lived not to only 'pass the time' but to 'use time' to get the most out of time, and it was all measured by the meaning received and the joy produced.

I do not say there were not difficulties that the farmer experienced, of course there were. But in his wanting to live life to the fullest, he felt as though he was a co-creator – not so much being forced, controlled or pressured into experiencing, no.

You, my friends, are freewill children of the loving First Source and Center. You are not forced to live the mortal life. Many actually opt out, yes – but you, our Mission students, definitely have control in how you perceive this mortal life, and your place in it. You have control over your actions; over your own spiritual

destiny. You have control over how you influence other's lives.

You really do have great responsibility in this life, yes. Do not live as though you must 'conform to the divine plan or suffer the consequences.' Live as though you are part of a magnificent spiritual team who is planning and experiencing destiny.

What is the measure of your joy? What really has control over you? Are you controlled by guilt or regret? Are you controlled by spouses, parents, or children? Perhaps you are controlled by what you think others are thinking about you. Perhaps you are controlled by your own weaknesses. To feel 'out of control' is to feel victimized by this life; it is to feel forced into living each and every grueling day as if 'your desires' do not matter.

My friends, you are empowered from on high to experience this great adventure in the flesh. You do have control over the direction of your life. Your desires are known and are a part of the grand design. Your happiness is important, and very much desired by your Father.

Ponder these words. Take control of your lives and live life with intention. Be spiritually empowered to move through the world as if you really desire to, not as if you are forced, no. Father did not design this grand adventure to force His freewill creatures to experience it. Know that everyday tasks are truly sacred activities to be 'savored' - not 'suffered through.' Journal those actions you may be driven towards from feeling disempowered or 'out of control.'

We will forgo questions this evening. Know, my friends, that you are empowered to receive all the answers you will ever need. I am with ever-increasing love for you each. I am honored and with full desire to experience this adventure with you. Until next week, shalom.

A New World | Not A Man's World and Not A Woman's World, but Father's World
Abraham & Mother, WOODS CROSS GROUP 01-14-2002
Back

I am ABRAHAM. Greetings. Being with you is such a reason to be glad. I always learn each time we are together. I am made more - and for that, I thank you.

You, as a group spiritually unified in heart and mind, are such a bright light in this area. The events soon to take place here [the Winter Olympics in Salt Lake City] will be a wonderful opportunity to put into practice all that you have learned. This area is not about a dominant religious sect, no - it is about the spiritual kingdom as a whole; equal in all ways are its participants.

You that live intentionally, will find yourselves with spiritual assignments; awareness and flexibility should be your main focus. There is a certain joy that comes with kingdom work, there is a closeness with Father that gives you the comfort of having knowledge - not feeling lost and alone but comfort that there is a time and purpose for all things.

Among the apostles of Jesus' day were two average men. Their education was basic and their awareness somewhat limited, but their desire to serve was completely real and

beautiful to behold. The Alpheus twins took the greatest joy in even the smallest of tasks – while the seemingly more knowledgeable and more outspoken apostles looked for the more important tasks in the kingdom work.

The Alpheus twins were focused less on glorifying the self, and more on becoming integrated as a team member. They viewed all tasks as part of the kingdom work, none more important than another. They worked out of their simple but pure love for God and their Master. They could always be found ready for any assignment.

The twins were about working collectively for the common goal ahead, without thought of their gain. These quiet simple men did as much to promote the kingdom growth as any of the apostles. They learned the Master's teachings and they lived it – lived it to the fullest. The twins set a beautiful example to all that knew them, yes.

Greetings, children. I am your MOTHER. What a wonderful opportunity we have here to become better acquainted and refocus on the goals ahead.

When I see the earthly mothers of Urantia tending to the busyness of life, I am made to smile. Many mothers are hard-working, self-sacrificing, and always promoting well-being – and they will also be the first to tell you that they are. [group laughter.] My daughters are hardworking and do a great deal without recognition that promotes the well-being of family and home life.

In this changing world we also view our mothers and daughters in positions of authority and professions that, mostly, men have had. Women have envied men for their unlimited way with the world. And now that women are finding themselves with more opportunity, they should not seek to play a man's role in a man's position, but their own spiritually-flavored personalities in an unlabeled position.

This is a new world – always evolving, always moving. Each one of you, my sons and daughters, have opportunity to participate in the new world. It is not a man's world; it is not a woman's world – it is our beloved Father's world. The set roles that individuals play are becoming blurred – with new vision, new insight. There is no hierarchy among men and women among enlightened Urantian citizens. We must learn that all the roles are new and open to anyone. Is a woman's place in the home? Yes, but so is a man's.

The point I am making is that each individual is gifted in one way or another to fill a human role. No position is better than another, and these roles are ever-changing; you may wear the hat of an employee today, and you may wear a hat of a retired volunteer, tomorrow. We need not stay stuck in ever-repeating cycles that have already been used, been experienced.

I am not labeled by a limited feminine position, no. I am called to fulfill many varying duties for the kingdom. I find myself always tending to one thing or another wherever I am needed. I find great joy in each task. I rejoice in the fact that our Creator Son enables me to do more, to be more – as I also enable Him.

Nothing in the mortal life ever really stays the same, but many tend to become depressed in their impatience. Their mind is clouded with past beliefs, or their

fearful thinking keeps them stuck in their particular situation. This world is new, and you do have the training to promote this newness – to cross roles, to minister wherever you are. Your mind is what limits your possibilities.

Living intentionally means finding freedom in limitations of the mind. How you perceive life becomes your reality. When you can perceive life with spiritual eyes and with that excitement of anticipation – then, do your possibilities expand; you will find yourselves wearing many hats, playing many roles.

You are all gifted in one way or another. What are those gifts and how can they work in the kingdom? Know that those things that you are gifted at, you truly enjoy doing. With each gifted person, there is the reason we can say, ‘Knowing you, truly makes me more.’

We, together, serve the many aspects of the kingdom. I would like to help you, each who desire, to find your gifts and talents – and, how you may use them to promote good in the new world. Look for me in your quiet moments. Journal your thoughts on these words and know that your Mother stands by. My love is with you.

I am ABRAHAM. We thank you, Mother, for your upholding presence in our existence. Your duties span far and wide. We are inspired to take up your example. A few questions?

CALVIN: What a blessing and a gift to have our Universe Mother address us here tonight. We thank you, Mother. We welcome LaReen/Inera back tonight. Kathy McCord asks if you would like to give her an assessment.

ABRAHAM: Greetings Inera (LaReen). We welcome you, our friend and coworker. Yes, an assessment for Kathy. One moment. I am aware of you, my daughter, your struggles, your triumphs, your desires, yes. I would at this time recommend you to review your beliefs in who you really are. What is important to you? What have you sacrificed to attain these things? My understanding is that you are quite confused on what it is you really want. Your focus is on what you are lacking. Your vision is confused on what you really desire. Your ideas are confused on how to attain your desires. You have some unfinished business with the past that can be worked through to find out why your desires are staying out of reach. You need not stay stuck in repetitive patterns of the past, no! you can easily move forward when you finally discover who you truly are – what your purpose is in the world; what your intentions are; and, how does this all fit into the spiritual life. Ponder these words. We will talk again. That is all.

CALVIN: Abraham, do you have any words to help Ellanor with her neck? She won't ask so I will ask for her.

ABRAHAM: I don't know where to begin. There are medical factors to be investigated, yes, but, Ellanor, you know full well that you live behind many masks. This is not honest to Father, yourself, or to those who know you. The burden of wearing the masks are physically and mentally detrimental. I would advise you to come true with the outstanding issues in your life at this time. That is all.

INERA: Abraham, I would just like to say how grateful I am to be back here with this group for a minute. Also, I would like to express my appreciation to all the Teachers; the transmission-receivers; the transcribers; and the people who host the meetings in their homes. I don't think they are told often enough how much they are appreciated.

ABRAHAM: True, Inera. Well said. Yes, we are also grateful. We must remember – all those who listen and try to live these lessons, which you are one of, my daughter – that your support is crucial to continuing these lessons and to promote the changing times in the new world. We also thank you.

SARAUNA: Abraham, what do you think of the National Geographic article that you were featured in last month? Thirty-nine pages. How accurate is that article about you? [The article was titled: Abraham, Father of Many Nations.]

TR: I swear he is laughing. [group laughter.]

ABRAHAM: Amusing, to say the least. I would say, it is about fifty-percent accurate. I was just an average ordinary man – but yes, who has received a great deal of credit for many of the religions of today. This is such an example of how one person can affect history. You each will most likely do more than I have ever done, and it will be good, but probably not newsworthy. I played a role in mankind's societal evolution. Evolution can be harsh and sometimes negative, but always growth-promoting. My superiors helped where they could, to create the article to promote awareness toward the Correcting Time, yes, to create unity among the world's people. Many of you will be counselors and guides in directing this new world toward intelligent spirituality and practicality – not mysticism and superiority. Thank you, Sarauna.

JESSE: You have been talking about the new world. We have a friend who also claims to receive transmitted messages from Jesus, who I find very trustworthy and talks of the new world coming, and with the loss of most of our egos; and all this happening in the next ten years. I am wondering if that is true, and what my spiritual name is? If it is feminine, does that mean that I am always feminine or does it change when I move to the next world/life? Also, is there anything you can tell us about Seth's hip?

ABRAHAM: Most changes in this new world should be occurring because of loss of ego. I cannot, however, give a time frame – but yes, for the most part, correct. Brianne is your spiritual name, and that is as close as I can pronounce it using the English language. There will be a slight difference in sound once you have gone from this world, yes. Feminine or not, it makes no difference. Seth's hip should be tended to by a physician, no doubt, but also I perceive there to be some vitamin and mineral deficiency that will help, yes, if he would increase his intake of vitamins and minerals.

TR: He is saying, is there other health issues or something that is a health problem also, but that you don't think goes with your hip problem? Is there something else?

SETH: My hands are aching and there is a bump developed in my left hand. I have had

it quite a while.

ABRAHAM: Have not worry, because this will add to your burden; but if possible, seek medical advice. Your medical difficulties can be helped by a physician. I am sorry I cannot say more. Do not have worry. (Seth: Thank you.) Abraham: You're welcome.

With that, I will take my leave. Know that I am with ever-growing love for you each and rejoice in our union. Find time to journal Mother's lesson, and forget not you have legions of hosts and helpers. Until next week, shalom.

Group Fellowship | All Are Gifted In A Way That Assists The Whole

Abraham, WOODS CROSS GROUP 01-21-2002

Back

I am ABRAHAM. It is such a wonderful feeling to be together each week. In the busyness of everyday living, we tend to become somewhat lost or disconnected from Spirit. Your fellowship is a tool for rallying each one's personal faith and becoming strengthened for the week ahead. Your willingness to share experience always helps somebody. To be open and honest about life's realities, aids those who hear you and, helps us all to feel a part of the kingdom.

You each have gifts that tend to the wellness of the whole:

- Perhaps one of you is a good listener and shows compassion and yet, does not enable one to be weak but become strengthened and inspired to carry on.
- Perhaps one of you may be quite skilled in the knowledge of the Urantia Book and is able to give references to aid in life circumstances.
- There are those of you who have a heightened sense of justice and can bring about group solution in a non-biased manner.
- There are those of you in this group who emanate a peace and calm that is contagious to those around you. In this peaceful example, you help others to find their own God within.
- There are those of you in this group who are wonderful organizers and instigators of new projects. You help to bring our celestial mission to a human useable level.
- There are those of you with the gift of speech and often do well as a group spokesman.
- There are those of you in this group who are deep-thinkers and always have a wonderful perspective to share that guides towards logic and practicality, straying away from mysticism and perhaps self-deceit or denial.

When you add up these gifts just in this room there is definitely a great deal of power and influence in this Correcting Time. There is so much good that can come from just one group. You are each strengthened by one another. Your dedication to gathering weekly, confirms your faith and strengthens your collective foundation. You heal one another. You inspire one another. You minister to each other with spirit-guidance. That, is spiritual power. That, is intentional living. That, is growth-promoting, and creating hopeful feelings that you are really living this mortal life, not just being dragged through it.

The group is your tool, just as the Urantia Book is. You have a great deal to gain from one another here. Not to say that there is not much to gain from outside the group, no; I am speaking of - where there is something lacking, you can find

fulfillment here. For example, those that have not known a loving parent may perhaps meet such a role-model here in the group. Where one has not been a parent, there is experience to be gained from those in the group. Where there is lack, there is fulfillment here. One who has not known a true friend will most likely find one here. One that does not know how to be a true friend will most likely find a wonderful example of one here.

My friends, most of you have not experienced a typical healthy childhood and have a great many issues to be healed. Through your willingness to share, heal and be healed, there will be fulfillment and satisfaction; there will be experience to be gained from one another; there will be tools to be shared in experiencing everyday life. Yes, where there is such power in fellowship, there is such feelings of confidence being part of a family unit.

Where one may be imbalanced in spiritual thinking, there is balance to be gained from the group. Where there is low self-esteem, there is acceptance and love to be found within the group. Where there is pain, there is consolation. Where there is depression, there is light. Where there is doubt, there is faith; yes, all within your weekly meeting. You sleep when you are tired. You eat when you are hungry. You communicate with your brethren and sisters when you feel empty. Yes, there is powerful wisdom to be gained in your unity. It is most likely here in this group that your gifts will be fostered to use in everyday living.

If you can compare the Teaching Mission to other church organizations – you find that all feel equal with one another in the Mission, where in an average church setting there is hierarchy. In the average religions there ‘appears’ to be some closer to God than others. In the Mission, we know all have ability to be equally close with Father.

Our message is positive and uplifting – not guilt-promoting and teaching atonement for being your natural selves. Our message is tying spiritual and mortal life together in harmony – not having one or the other to prove your worthiness to enter into heaven. We teach the power of Michael's Spirit of Truth shedding light on those dark places – discussing it, learning from it, and finding solutions; not covering-over with so-called spiritual ecstasy that can be found in some religions.

You, the people, make up this Teaching Mission. It is by your will that we are here, that we are moving forward.

There are many good qualities about today's churches, yes, but there is so much more for people to learn – and one of those things is that God is a fair and loving ‘nurturer,’ not a stern and angry jealous parent. It would be quite beautiful to behold when the churches can teach that all experience is valuable, not to believe it is a smile or a frown from heaven. Also, that we are always in a state of growth and very much loved beyond our own comprehension.

This week, it would be beneficial to study the gifts and duties of the apostles of old. How were each one's contributions helping to promote the wellness of the whole? Make time to communicate with one another. Reach out to your family members here in this group.

No questions this evening. Know that I am always inspired by your steps to make sure I am welcomed here each week. I appreciate your devotion and effort. Know that always my love is ever growing for you each. Until next week, shalom.

The Examples Of Jesus | Apostles and the Women`s Corps In Unity

Abraham, WOODS CROSS GROUP 01-28-2002

Back

I am ABRAHAM. Thank you for the prayer. What a wonderful way to become centered and unified. Lo these many years, I have seen such wonderful power put into action through your fellowship. There have been hard feelings, hard lessons, yes, but always has logic and love prevailed enough to keep you making effort - effort towards the common good of the whole, yes.

What I really enjoyed about the study on the apostles is that where one was lacking, there was another to compensate. Where one was downcast, there was one to bring humor. Where one was trapped in negativity, there was always one to point out the positive. I enjoyed their teamship, their trust in one another, their common love for the Master and an unseen Father.

It was beautiful to behold the non-rivalry of the siblings - Andrew and Peter. Where one brother was shy, the other was outspoken. Where one was disorganized, the other was quite capable at organization. Where one was apt to take rash actions, the other was standing firm in practicality. They had no envy for one another when one was better at some things than the other. They each truly believed that even though they were not gifted at one thing they were glad they had a brother who was.

When I think about this era of time on Urantia, I see that the Master chose certain decisions and actions because He was to set examples for the universe as a whole. He tended to the common man as well as the pride-filled man. He welcomed the educated man as well as the simple man.

The Master incorporated the women apostles as a part of the evangelical corps as if this were not anything out of the ordinary. He did assign some tasks here and there - but for the most part, He had seen, with time, each one's personal gift and allowed them to take that role on as their own.

The women were skilled at compassion for the sick and afflicted. They were daring to go to a darker side of life to bring light. They were unafraid to be exposed for their beliefs. The Master needed to give them very little direction, for their natural gifts took them where they were supposed to go. As with the men apostles - their varying social, religious, and financial status, made up a great deal of the common life of that day and age.

Yes, the Master needed representatives from every walk of life. The men and women apostles had met with more challenge in dealing with one another than they did with the masses, just as you will. This is your starting point; this is your conscious playground here in these weekly meetings, so to speak. When you are gathered, you are made to think of the divine lessons you have experienced over these many years;

you are made to think of the Master and how He would deal with these interpersonal situations.

The Mission Conference you held last summer (Snowbird Teaching Mission conference) was a perfect example of teamwork, but still you had met with much personality conflict. The experience was priceless – and you are still here, just like true apostles who work for the common good of the whole.

We will meet a Judas here and there, yes, but for the most part, you have proven you can ride out your difficulties to promote each one's growth and carry on with your mission promise. From our studies and our common experience within the Mission, we can now all see Judas's mistake of seeking validation and understanding from those outside of his family with common divine beliefs.

My friends, you know very well who you can speak with to find divine reality instead of ego validation. Know that this time is also being recorded and witnessed by the universe. This awesome evolution is experience for those who are watching. We see the negative and the positive in your experience, just as we witnessed in the apostles of old, yes; but also, we know this experience here on this evolutionary planet is crucial and is to be allowed to play out naturally.

In this group we can see some bruised egos, some hurt feelings, some grandstanding – but also we see those that heal, those that comfort, those that accept diversity. We might witness in this group those that seem selfish, petty, and closed-off; but for the most part, we see poets, artists, philosophers, and divine leaders.

Without one aspect of experience, you cannot become the other. Without experience of knowing prejudice, how can you become compassionate to those who are minorities? Without the experience of humiliation, how can you ever tame the ego? Without the experience of darkness, how can you ever really appreciate the light? Where there is lack and loneliness, there is light and fellowship to be found in your apostolic promise to one another, to Michael, Mother, and our First Source and Center.

I rarely say this, but I sincerely mean it – well done. This week, continue to communicate with one another. Be not afraid to consult your fellows with your life-concerns. If you share not, you receive not comfort nor suggestions for solutions. While you may have your difficulties, the comfort you receive from fellowship far outweighs these difficulties. Find time to have stillness and contemplate the Mother's presence assisting you to find those gifts you need to sharpen, yes. A few questions?

CALVIN: My son, Cory, and his wife, Angie, are asking if you have any words for them tonight, they have found themselves in some difficulty?

ABRAHAM: My children, while it is true that you experience the ups and downs of everyday life, there is so much value to be found. You cannot expect to pay any sort of dues to find a blissful life. Bliss is not every day without effort; happiness takes effort. Life will happen and pain will be felt, yes, but these are nothing but challenges for growth. Do not become discouraged by these setbacks, because these are supposed to occur in life. Know that life is a balance of good and bad,

happiness and despair. Be challenged to reach for higher ideals. That is all.
(Calvin: Thank you, Abraham. And thank you for a very helpful lesson.) Certainly.
You are welcome.

MIRIAM: I have a comment and a question. As you know, I have experienced some bumps in the group and happy to report all is well. When those bumps came it helped me to know you love each one of us equally and, that Father loves each one. I really love the fact that when I am thinking of leaving the group I always get back to the place where it is just me and Father. Focusing on that love and strength gives me the courage to come back again and find the love in each one of us. It is a scary ride sometimes, but I love this group. My question is regarding when I am in communion with my Thought Adjuster: In Ham's lesson a couple weeks ago, he talked about the soul. Do we have the ability to have moments with our soul? Is our soul like on a level with us and we can be aware of it? or is it an entity that grows, and one of these days when we are in a different consciousness, we will blend with it – do you know what I am saying?

ABRAHAM: Yes. I would say these moments of really feeling communion with the soul is when you are 'at one' with the soul. You are the soul when you are being who you were truly meant to be. You can perceive the soul as a foundation with several things built on top of it. You have good structure such as the Thought Adjuster, the personality, the mind. But also are there temporary attachments that cover the soul that do not enhance growth, that make you feel detached from who you really are. When there is Father-centeredness, then is the soul free from non-helpful attachments – you feel as if you are into the flow of your life, of really being who you are supposed to be. As for your comment, I would say, well said. You are quite able to function and live a divine life outside of this group. You have had your difficulties, yes; and yet, I find one solution you use to be quite valuable – and that is the distance and time you use to allow harsh feelings to die down. You allow situations to diffuse themselves before you take a rash step in fixing things yourself. This is new for you, and so beautiful to behold. There is nothing wrong with putting time and space between you and one you have difficulty with. A good rest allows for the mind to wash out the assumptions and imagination impurities. And you are correct – if all else falls away and there is only you and Father, this would more than suffice. Well said, my daughter. One more question?

LUKE: I realize facing up to our own weaknesses can be our greatest strengths, but I don't know if I want to face them. Should I do this in private? What are my weaknesses that I should work out, and how can they be my strengths?

ABRAHAM: Are you asking me to point out your weaknesses? (Luke: Yes. Do you want to tell me tomorrow morning during my meditation time?) Abraham: I find you quite brave, but I am very much unqualified to point out another man's weaknesses – I have my own that I take to Father. I can, however, give you a bit of direction: Luke, you think big. You are quite artistic and think in grand visions. This is good to a point, but also is this asking you to over-invest into things you are not quite sure they will work. You are very real though, especially with time, and you always come back to a balance. I find you to always look toward a lighter side, and this is truly a strength. Father does not set out to show you your weaknesses and shame you into correction, no. Rather does He mean – to help and team up with you, to

challenge the weaknesses, to bring you self-confidence and divine comfort, to let you know that you are His beloved son in which He would always do His best for. Your sincerity to even inquire is quite touching and proof that you are well-balanced in humility and self-confidence. Have not worry, Luke.

With that, I will take my leave. Know that I find it more and more thrilling to meet with you and to be a part of your growth – individually, as well as a group. Know that always my love is ever growing. Until next week, shalom.

Worship Is Crucial For Balanced Living | How Do Our Attachments Bind Us

Abraham, WOODS CROSS GROUP 02-04-2002

Back

I am ABRAHAM. There is quite a splendid light emanating from this room. Even though life's difficulties and turmoil may create confusion you are finding enough strength to return to your spiritual foundation, yes. There is no doubt we have a bond with one another and have a great deal of influence over one another.

In these times, it is critical to find inner peace that leads to rational solutions and spiritual fruits instead of irreparable damage and spirit poisons. It is wonderful to know that when the world seems to be falling down around you, you have your brothers and sisters to help lift your faith and hope.

Around your family (this group) you need not make excuses for your personality makeup, no, because a real and solidified family loves you 'as you are.' There is no need for hiding the true self because all know that they are accepted as is. You will have your lessons together, children, yes, but take full advantage of your training and incorporate those truths that you have learned to use with one another.

You are not infants in the kingdom, no. You have responsibility as apostles to settle your dealings with the highest of truth and honor. Emotionalism is understandable, yes, but your training goes far beyond the damage emotionalism can do. Please take the opportunity to practice on one another your newly forming spiritual developments. Many of you will be instructing new kingdom believers, yes, and your skills here in this group, socially and spiritually, will make all the difference in whether you aid a fellow towards finding his inner light, or produce so much light that they are blinded.

I would take a few moments to discuss the purpose of restful worship. It has been some time since we have discussed this topic. Worship is crucial in balanced living. In this incessant world of activity, there is always one thing or another that pulls you from Spirit. It is not sinful, no, but really quite natural and to be expected as long as you possess a material body.

Let's also talk about attachments. As mortals, you all have need to fulfill certain satisfactions that bring balance to all aspects of living – physical, mental, and spiritual. Everybody has longings, desires, and needs. As young (and perhaps immature) spirits we strived for our desires and longings. We strived for temporary gratification that helped to suffice whatever craving we had at the time, never often giving much thought to a long-term outcome.

We, perhaps most all of us, can say that satisfying the present 'now desire' is not always what is best in the long run. To have our needs and desires met we exhaust our human resources doing what we have to to find contentment, or even, at the least, a neutral feeling of non-pain. Many will search down various avenues of attachment. We have chemical addiction, food addiction, even addiction to money – these attachments become our focus for what we strive for. These attachments become our 'first source and center' – yes, our god.

When you think of worship, would you outright display an affectionate worship for money? Would drugs and alcohol bring you the longing for love and acceptance you have within? Would you worship a meal in which you are hoping to be fulfilled emotionally from? No, of course not!

When we worship, we worship the Source of all there is. We worship the Source that can bring us the deeper, long-term gratifications. Yes, we worship to show gratitude to a Caretaker for our own benefit of receiving awareness for His presence. He needs not our praise, no. He cannot be manipulated with glorious flattery, no. We worship our First Source and Center, our Father of fathers, to bring our focus back to our Parent/child relationship with Him. In that relationship, there is the really indescribable feelings of well-being – knowledge that 'no matter what befalls me, I will ever be sustained.'

Children, when we can find a few moments every day to tell Father: "I know you are here. I know you work for my good and the good of the whole. I know nothing is impossible with you. I recognize you as my Father and Source of all that is true, beautiful, and good" – that is energy; that is power, my friends; that is live thoughts going out only to come back with beautiful repercussions. Can that happen with a material source like money? or some other attachment? No.

Where are your attachments? Where does your treasure lie? Can you find freedom from attachment in worship? Do you agree that there is tremendous peace in non-attachment? – yes, freedom and confidence to move in the world with purpose.

This Teaching Mission's participants have a great deal of responsibility to be ambassadors leading into the stages of Light and Life. Your best methods of teaching are to set good examples. You cannot go about dishonest deeds and expect to win souls for the kingdom. You will have a difficult time being liberated from material attachments when you cannot put your focus on the Source of all there is.

Yes, material needs must be met, no doubt. But the best way to meet those material needs is to go first to Father and put Him as your focus, and watch your living thought-energy come back as wonderful divine repercussions. Allow not the worldly attachments to take you from your apostolic responsibility. Find time to have a quiet worship, a moment of gratitude to reclaim your focus your freedom and your personal power.

On worlds settled in Light and Life, worship is as common as breathing or eating; it is not a chore to be dreaded, no – it is a connection to divine energy and solutions for living. In this mortal life, pain is inevitable but you do possess the tools to become 'bettered' by pain, not 'embittered.' The good practice of worship dissects

pain into pearls of wisdom. Through the practice of worship, refocus on the values and meanings you need for new growth. A few questions?

CALVIN: We welcome our new guests this evening, Adam and Jackie. Pertaining to the lesson, Abraham, would our relationship-attachments be in the same category as material attachments?

ABRAHAM: That is quite possibly dangerous territory right now [Laughter. A relationship in the group seemed on rocky grounds]. First of all, welcome to you, our new visitors. Yes, my son, you can include various 'relationship attachments' in with 'material attachments.' There are indeed lessons to be learned from one another – it is through interaction that you learn the most about who you really are. Even an abused child will cling to its source of abuse because that is all he has known, that is his pattern which is what he has become accustomed to. It would take a mighty upset to sever this bond to create new ones. This is difficult to speak on, for I had my own attachment to Sarah that proved to be seemingly all for nothing – except for the fact that I had learned all my worry and focus went towards her, and I lost not only my Father-connection, but myself. In the practice of worship, you can rally your focus back to a healthy standpoint and know that all unhealthy attachments bring more pain than joy. Yes, a good question.

ANGIE: My daughter turned three today and lately she has been with my parents and she wants to pray the way my parents do – the more formal 'set prayer.' We don't want to teach her that, but what would you recommend?

ABRAHAM: Certainly. The traditional way of prayer is not really so harmful as it just loses meaning with time. The best way to teach a child to pray is to show her she can talk to Father just like she can talk to you – just as she can talk to a friend, a beloved companion. Show her that Father is down on her level, in her heart – not on a great throne in the sky. Children of today have many role-models, but the best role-models are those that have a role that a child can have hope of attaining. Yes, you must make God reachable to the child.

BOB: Abraham, I just recently came back from a visit with my daughter in Florida. We attended a worship service and one of the things that took place was a little puzzling to me. It was the situation where people are saying they are experiencing the Holy Spirit, collapsing to the floor from their standing there in the church. I am sure everyone wanted me to experience that, and of course if that is something I need to experience, I would like to. If you could help me with a little understanding about that I would appreciate it.

ABRAHAM: Certainly. The religions down through the years have tried to make faith something you can see with your eyes; just knowing through experience and spiritual practice was not satisfactory, and special practices were developed – special signs, symbols, and rituals. This is nothing more than an outward show of attempting to gain an inward feeling. It is not so much harmful, no, and everyone will receive out of it their measure of faith that they put into it. Those that believe in that practice – it is real for them, but by far is it the long way to the Holy Spirit. This is acceptable, but hopefully, with time, each of us can learn that worship is not about manipulating yourself into Father's good graces or receiving gifts from

the Holy Spirit because of your technique and ritualistic operations – but rather, that we can know God is here without fanfare, without emotionalism, without drama. He is our Father and we are His children. It is that simple! You are a good Father, Harrison, for your way in which you remain open to your daughters and yet find small openings to slip bits of wisdom to them. Well done.

With that, I will take my leave. Know that if I had any more love for you each you would most certainly become an attachment, but nevertheless, I love you each, dearly. Until next week, shalom.

In The Good Practice Of Worship We Come To Know More and More of Father
Abraham, WOODS CROSS GROUP 02-11-2002

Back

I am ABRAHAM. Greetings. Your lighthearted atmosphere here this evening makes this task so much more simple and enjoyable. You each, 'individually,' possess great strength and power, yes, but collectively we are able to do so much more than you know. I am with gratitude to Father for His unfailing guidance and watchcare; at this point in time, I dread to think of what existence might be without it. Through the power of worship, I find that I get to understand Father a bit more; I perceive more and more His true nature.

As mortals, we can assume a great many aspects of our Deity personalities, but it is through worship that we release our preconceived notions and are opened to greater understanding of who our First Source and Center really is. God is who you make Him, so to speak – whatever possibilities that are in your mind's view of Him. We can be limited by our faith-levels – or, we can excel with divine possibilities. Through the good practice of worship, we are expanding our thought-reality into knowing the true nature of our Father.

To perceive Father as a harsh judge has us live our lives with the fear that everything we do is under constant scrutiny – that we will be judged, and either 'condemned' or 'commended,' depending on the situation. This is certainly a limited way to live the mortal life. As we better know Father, we learn He is a true Caretaker in that He truly desires to see us excel in everything we do. With this faith-level, we will live our lives as if the universe is with us and there is nothing we cannot do.

At this point in time, this part of the world is truly the hub of Urantia. [Winter Olympics this year was held in Salt Lake City, Utah.] With all the activities taking place here now, we are learning to cross many historic barriers to incorporate the brotherhood of man on Earth. While these Olympic games are competitive – more now than ever, they hold such goodwill and sportsmanship.

While each individual strives for their personal best, they are always working for the good of the whole team. The energy that is being generated is definitely nutrition for the cosmic mind. While a great many individuals have come together to organize these games, a great many more celestial organizers have come to put this goodwill experience into a plan of action that will further generate new avenues of spiritual development.

In the struggle of competition, we are learning that no victory is ever worth hurting another. As we begin to really understand our Father, we begin to love one another as He loves us - "Your sorrow is my sorrow; your joy is my joy." As we begin to really know the Source from which all things stem, we see the connection between all of us. We see the downfall of another is our downfall. We see we have the power - to heal, or to wound.

Yes, when we understand the true nature of Father, we better understand the equality between all His children--all the races, gender, financial status, and positions of power and prestige--there really is no seat any higher than another in the kingdom of our Father.

To expand your understanding on the true nature of Father, we feel we have a distinct place in the universe. We need not act out to draw attention to our own importance, no, for true joy comes from within. Joy comes from knowing the spiritual life is real, that God is real - and we live our lives as if we believe in that with all our heart and mind, yes.

Last week, we spoke of attachments and how they create a distorted perception of reality. Being overly-attached, our priorities change- from 'truth, beauty, and goodness,' to 'selfish purposes, or survival purposes.' Yes, the hardest disappointments to bear are those un-realities you have built your life on, which are revealing themselves to be unstable; you feel as if you have wasted so much time and energy putting your heart and mind into these things.

Do not waste any more time in the punishment of regret - the limited mindal game of 'only if.' Move on to a new thought direction. Become enthusiastic about future possibilities from past lessons learned. Do not dwell in your regrets and become further limited by them, no.

God really is who you make Him out to be.' When that concept is extremely influential in your own mind, you will definitely live your life accordingly. Perhaps the best method of understanding the true nature of God is to strengthen your relationship with the Creator Son - Michael of Nebadon, Jesus of Nazareth, Son of Man, Son of God.

What do we know of the Master? He was undoubtedly tender; and yet, possessed an indescribable divine strength. He was personable; and yet, able to relate with all people from all walks of life. He was indeed sympathetic, but never allowed His fellows to lay down before their troubles. The Master could be found doling out words of power and wisdom - and yet, find humor in most everything. He was superbly balanced.

Yes, "If you have seen the Son, you have seen the Father." While the two personalities are definitely distinct and individual, their personality characteristics are alike in many ways. We come to know Father through the setting aside of ourselves in worship. We come to know the Son through working out life's details and through conferring with the Son.

The best that we can strive for is God-likeness. And to reinforce these

relationships with Father and the Master, we learn their personality aspects, their attributes. In God-likeness is where we will find the best of ourselves. It is where we will take up the banner of brotherhood and lay down the shield of selfishness. In doing our best are we at a most awesome position to serve – to be apostles and ambassadors for the kingdom.

As our perception grows of the true nature of God, then do we learn more about ourselves. Yes, there is a little more understanding when we make mistakes. There is a little more tenderness when we find we measure not up to our own expectations. There is always the increased hope knowing that while we are fallible beings, our Caretakers lead us ever heavenward and the past is simply steppingstones.

You have great opportunity now, my friends, to truly touch the lives of those you come into contact with – not through the preaching and teaching from the Urantia Book, no, but through simply showing that you really care, that you are really standing side by side with your fellows. You can make a huge difference in your fellow's lives by showing a bit of interest in who they are.

Yes, people become more important when you understand their true nature, as do our Caretakers; attachments release their hold on you and you can really begin to serve, to make a difference, to be a director of destiny, yes.

This week, journal your thoughts on the aspects of Father and Michael. How are you limited by your beliefs? How have your beliefs changed in just this past year, and how are you better because of it? Continue to work on detaching from those things that do not direct destiny – things that do not leave a lasting impression of all that is good, yes.

This is a new time in history, children. The spiritual energy is becoming more potent; and of course, energy moves matter. Time will seem to move more swiftly, yes, and your participation in it will not only be of great assistance to us but a tremendous joy to you.

No questions this evening. I do have a deep and abiding love for you each. I would be most honored to meet with you in your stillness journaling time. Think not that you are unknown to me or the spiritual realm. Believe that you are an integral part of this wonderfully-orchestrated universe. My love goes with you. Until next week, shalom.

Service ~ Not Because We Have To But Because We Need To

Abraham, WOODS CROSS GROUP 02-18-2002

Back

I am ABRAHAM. Greetings. It always feels like home no matter where we meet because we are together. I want to express my gratitude to you that remain devoted to our Brother/Father – Michael's, cause. I believe at times as mortals it is difficult to really appreciate the participation we are involved with and know how grand this adventure really is.

For these past weeks, we have been discussing apostleship and how we can best fill that position. We have spoken of attachments and learning the true nature of our

Father and Michael. We have discussed worship being a wonderful tool in that it helps us to stand aside from our limited thinking and to be open to grand divine possibilities. Tonight, we will discuss another tool that brings us closer to the divine realm, and also to discover who we are really meant to be.

Down through history, man has viewed service as something that is performed by the lower levels of humankind. As time passed, man has thought service to be a worthy sacrifice that helped them to gain favor with the gods. With society's evolution, service is gaining a new definition. What is it to serve your fellows? Some still believe it does in some ways detract from the server, for serving can take time, money, energy, and hard work.

Our greatest benefit from being of service to our fellows is a closer personal relationship to Father and the divine realm. To serve out of a love for God literally takes us from an ego-mindset to a mindset quite like the Master himself possessed.

With evolution, we have learned that we do not have to be of service – we need to. We need to be a part of the inner workings of the wheel of life. Serving takes us from focus on self to something greater, something so much more than what we are.

Anyone who has ever seen the satisfaction on the face of a child who has been thanked for performing a selfless act of service knows that there is definitely a living energy, a gateway to balanced self-esteem, an opening to belief in a divine realm. Of course, the child craves the praise; but praise alone will not encourage them to keep serving, no.

For a child to have belief that they are useful needed beings among the whole of society, teaches them cosmic responsibility. Selfless serving teaches a child that they are not the center of the universe, but most definitely an equal part of it, along with all their fellows.

When we view some of the elderly in your society, we observe they are viewed without value because they are no longer needed or considered a productive part of the whole. If the people of Urantia knew how detrimental this was to their seniors they would most definitely implement a new plan to put these valuable citizens back into productive positions. We can understand how some of the elderly become bitter in mind, frail in body, and hopeless in attitude. Can you imagine the self-worthless feelings of these downcast individuals?

Alzheimer's disease is not merely a physical ailment within the brain, but almost an escape for those who no longer feel needed and productive. On the other end of that spectrum – the seniors who are still employed, or volunteering, or taking part in their family life, act with more energy than do many of our young people today. They are at the end of life and still they are with a beautiful countenance, a lively radiance, and a smile that goes on forever.

We need not serve out of spiritual obligation, no. We need to serve because that is the energy that moves life. Service is the act, and love is the consequence. We become more humbled in true service – not exalted because we show ourselves to be

good and highly worthy of our fellow's praise, no. Service becomes an honor – not a duty; it becomes a feeling that you stand side by side, working with Father.

How shall I serve? You will know! It will seem completely natural and un-extraordinary. It will seem quite simple. True service does not deplete the energy of heart and mind; it may physically, certainly, but you know if your intentions are true by the spiritual elation and closeness to Father that you feel.

We need to serve. Through service, we are given balanced mental and emotional stability on many levels, yes. We go beyond the self/material mortal that seems real, to a spiritual morontia level that gives you a taste of what is to come, yes.

I would suggest that you look for opportunities to be of service this week. Also, allow your fellows to serve you. Remember we all need to serve out of feeling with 'universe connection' not 'human obligation.' Move away from 'focus on attachments,' to a new focus on new goals. Continue with a few moments of daily worship when you find opportunity, yes. A few questions?

ANGIE: Abraham, I have a question about finding a way to exist in peace with my parents and family who don't agree with me and my daughter not going to church. How can I resolve the tension there?

ABRAHAM: This will possibly always be a difficulty in your life, but it can become better by showing them an example of who you are and who you are becoming. They have their set rules and doctrines – and they feel it would be safer for you to follow this; but your show of spiritual and mental well-being will set their hearts at ease. You are a free-will individual and even God allows that. Your parents must, at the very least, respect that. You are an adult with every right to explore and discover what you can, and no one has the right to take this from you. Explain to your parents there are many paths to God, and that they need not worry – for at least you are on a path, even though it is not their path. You are with faith that God is truly loving and is, with every step, leading you to Him. Every free-will creature has the right to decide which path they will take, even your own child. Tell your parents to please respect that you are her parent, and when the child is ready, she will make her own decisions. Let them know you do not want her bombarded with their specific rules and regulations any more than you want her to be bombarded with difficult concepts from the Urantia Book. She is a child and should be allowed to grow in the ways of simplicity and a family that puts love, first. Show them the verse in the New Testament where it says 'love bears all things,' etc. Is this helping? (Angie: Yes, and thank you very much.) Abraham: You're welcome. Another question?

CALVIN: Abraham, on behalf of the group: Thanks for staying with us all these years – through our childishness, our humanness; and definitely for being an example of how we should be with each other – more patient, more loving, all the things you have taught us through your words and your example. I just want to say thanks for all of that you have displayed to us. You have never gotten on us for our misdeeds, laziness, and slothfulness. Any words you might have for my present needs right now would be welcome.

ABRAHAM: I appreciate the kind words of faith you have in me. Know that I would not make it my place to chastise, nor judge you – any of you. I have lived the mortal life. I almost completely understand your experience. I would recommend a private meeting when possible. Is this acceptable?

CALVIN: Very. Thank you. One further question: How is the Olympic experience on the 'celestial end of things' going – all eyes on the hub of Urantia, right here, as you told us? How is it looking from your side?

ABRAHAM: It is beautiful. We are amazed at the masses who choose support over fear; who choose brotherhood over isolation; and unity over separation. All lines of separation are being erased through these events, and the mass lessons are being felt across the universe. There are those who look for personal gain and to profit, financially. There are those who have first looked for these Olympic Games to gain them prestige and recognition, and now they are humbled and honored to serve in any capacity. It will be the hope of many that this goodwill will be felt throughout the coming years. Certainly is this collective lesson in Utah changing the somewhat introverted attitudes of the people. Yes. One more question?

LUKE: Thanks for your lessons on service. You said not to strive on how to serve, but that we would naturally understand how and where to serve. I struggle with that. How do we know that we are not going overboard, serving to 'get?' How can we know when it is more profound? [Inaudible.]

ABRAHAM: Understood. Having been mortal I realize the temptation to wonder 'if God is watching' at the particular time I am serving – as if I am earning spiritual points. I realize the temptation to take credit for good deeds done as if one was more naturally selfless. When serving, if you can immediately commit to serving Father – not particularly the one you are helping, but God our Father – then this helps focus you on Him and away from the temptation to turn this good intention into ego fulfillment. With practice, you will find the ego is less and less involved, and your intention is more pure. You begin to realize that you receive also from serving. You are not just giving, but also receiving. When the giving feels empty or off-balance, then it is time to reevaluate. If your service to another enables them to be further dysfunctional or enables them to lay down before their troubles – then no, service will not work here. It is acceptable to trust your inner feelings when serving. If you feel a sense of honor and humility, then you can trust it is acceptable. It is alright to feel a positive self-esteem. Do not mistake my words – I mean it is acceptable to feel good about the individual you are becoming through service, perfectly fine, yes. It is when there is loss of 'focus on God' that imbalance creeps in, and the good intention is spoiled. If you are speaking of being 'taken advantage of' by serving then, by all means, stop – this is not right either, and needs to be further evaluated. Does this answer? (Luke: Yes. Thanks.)

When I speak with you weekly, or even in stillness, it does not seem to me to be an assignment or duty, no, for I am honored for Father allowing me to be with you, and am energized by your discussions and personal learning. I am filled with hope at the direction Urantia is going. Know that my love is ever and always growing for you each. Until next week, shalom.

Baptism Of The Spirit Is A Brush With The Spirit Of Truth

Back

I am ABRAHAM. Greetings. My heart is full when I see how much you care for one another. I am always inspired to become more than I am. I will not settle for a lesser route to be more than I am just because it is more simple, no. While I appreciate those times of comfort and ease, I do realize I am less inclined to reach upward for help.

My involvement in your lives certainly keeps me inspired to learn more, grow more, and become more than I am, yes. As I make effort to serve in Michael's Mission I am also served and tremendously blessed. I thank you for your patience and willingness to proceed ever forward.

Over these years I have been witness, literally, in viewing your personal increases in the world, incorporating those possibilities that seemed impossible before, yes. I understand that as a mortal you tend to be quite harsh on your seemingly slow way of progression. It is with experience and time that you can see you have actually expanded your mind, your personal world.

There are moments in this life that seem overwhelming, and that you cannot possibly bear one more difficulty. I understand the feelings of inadequacy as your difficulties enfold you. I have known the fear and pain of loss in the mortal life, but I can say that these experiences are the very thing that expands your mind so you can advance spiritually.

In a short time, we will celebrate the Master's day of resurrection. It was a time of releasing the old to take up the new. It was a time of dying to the old ways and being reborn in the new. While mortal life can come with a great many complexities, we can always take comfort in the fact that everything changes, everything becomes new. I realize there is comfort to some in the mundane - it seems safe and without surprises, yes, but personal spiritual growth is quite slowed.

You have known individuals who live with a great amount of fear, and their safety-net is a life that is uneventful, unmoving, and not going toward any purpose, any goal. They seem only to exist - not really live, but just exist. Those individuals who are somewhat balanced in this mortal life look forward to daily challenges with unplanned experiences and surprises; they have their safety net in the spiritual life. The spiritual life is a source of energy that keeps you wanting to strive for a personal best, moving towards a life in the spirit - a perfected life, if you will.

We are inspired by the Master's life. He was born just as every child is, and faced all the same daily difficulties; and yet, He mastered a life in the flesh. His life was quite uneventful at times. He took each moment as if it were the only moment to focus on at the time. He relied on Father and His past experiential training to move Him through those events with enduring strength, unfailing love, and spiritual energy.

Jesus moved through the mortal life without complaining, without being so entangled in unpleasant past experiences. He learned from the past, yes, but He did not dwell

on it. He was not injured by the past, but rather, He was taught by it to become who He was meant to be.

While the Master was indeed a divine being, He also knew very well what life was in the flesh. There is no doubt that Father was indeed His great strength and comfort, but I would also mention that He found much inspiration and energy among His fellows. While His divine side did find spiritual fulfillment from the Father, His mortal side found satisfaction in the love and acceptance of His fellows.

As we ponder the upcoming Easter holidays, we will definitely find strength in the life of the Master. Was He weak for seeking out His fellow's company? Was He inadequate all by Himself? No. Jesus exhausted all His human and divine resources. His fellow's faith and good cheer gave Him energy and reminded Him of the reason He persevered through many trials.

It has been said that many times the Master "was beside Himself." This was in fact, a reconciliation of His spirit, with Father's; it was an alignment of wills; it was setting aside personal desires for the Father to work; it was dying to the old ways to take up the new.

In the seemingly overburdening mortal life, you can also become as the Master was - 'beside yourself;' to align your will with Father's and release the heavy burden. Realize that you are not left alone to carry on in life's difficulties. You can lay down the old to take up the new.

As we think about the Master's resurrection, we cannot go without remembering Pentecost when the Spirit of Truth was poured out upon all flesh, and the repercussions therefrom. As we commit to laying down the old, we are asking to be reborn and rejuvenated in this Spirit. This is truly - a 'baptism of the Spirit.' Your own personal faith will only allow you to go so far with this idea, but if the individual is willing, the Spirit of Truth is ready.

Allow the grime of spirit poisons to be washed away by our Purifier, our Spirit of Truth, our Brother/Father, yes. Allow yourselves to be bathed in the light of truth. Allow your attitudes to become refreshed, your minds to become expanded and open to new possibilities.

This week, I ask you to journal those past experiences you insist on dwelling in, and how this creates blockage to the new. Study the Master's resurrection and the day of Pentecost. Plan time to be still and open to that 'baptism of the Spirit.' Father does truly desire your happiness, and He knows your dreams. He works to incorporate His lessons into helping you find the desires of your heart, yes. A few questions?

CALVIN: Abraham, we welcome our friends - Gerdean and Angus - for the record. They have been with the Northern Idaho TM group and now are migrating to New Mexico. Also, we welcome Michelle for the first time. And, thank you for your lesson. (Abraham: Certainly, and welcome to you each.)

SIMON: Yes, Abraham, some people talk about having "a contrite spirit and a broken

heart.” In the second part of your assignment to us for the week – I wonder if you could expand upon the “baptism of the Spirit” – how does that come about?

ABRAHAM: Put simply – baptism of the Spirit occurs when one is truly committed to drinking the cup of mortal life and accepts the consequences therefrom – and handles it through relying on the Spirit. You definitely feel a change in attitude and you are with more determination to meet every challenge without complaint or feeling self-pity. Baptism of the Spirit is perhaps likened to a reconnection to the divine circuits. You can literally feel it. At times some are perhaps tempted to go a bit overboard with spreading the good news, but reality is certain to bring them back to Earth. I am believing that the saying, “a broken heart and a contrite spirit,” is somewhat off the mark here. That is more towards self-sacrificing to show Father how much you love Him. Perhaps I am mistaken, but my idea here is that the baptism of the Spirit is a brush with the Spirit of Truth – the effects are awesome. Another question?

HARRISON: Abraham, can you comment about belief in the idea that Jesus had to die for our sins, the notion that we needed His blood to wash away our sins?

ABRAHAM: Is there another purpose for this explanation, Harrison?

HARRISON: I just encountered a lot of that, these sayings, the last two weeks with the Christians that were handing things out on the corner here in Salt Lake during the Winter Olympics.

ABRAHAM: Understood; I would say a few words: Those that are so locked into the atonement doctrine would probably not easily accept the ideas of the Urantia Book. The Master simply came to reveal to us the Father in Heaven; and, reveal to the Father, His mortal children. He was not about building the spiritual life on any miracles or ideas of self-sacrifice that pays your way into Heaven. The Master was more focused on the positive aspects of the growing kingdom – not about atoning for a broken society to become worthy. This is so difficult to explain to those who sincerely believe that the blood of Christ is their payment for their unworthiness to be received into Heaven. It would be well if you could also focus on the positive aspects of the Master's purpose and plans for the growing kingdom, instead of any debate over the atonement doctrine. Is this helping? (Harrison: Yes. Thank you.)

CALVIN: Abraham, when one is so stuck on not giving in to the Spirit of Truth, and are just stubbornly continuing on in life patterns – you know us pretty well, and we cling on to our old ways; it almost takes the harshness of life to beat us down to our knees, so to speak, where we decide to make change. And not that Father is doing such, but I think our own stubbornness is. What would you say to us to change that attitude to not have to be beaten down? It is so hard to let go of the old patterns and to simply trust and accept in faith that 'things will be okay,' embracing the will of God.

ABRAHAM: With the varying personalities of individuals, there are different ways to accept divine help. Some will not receive until they are brought to their knees by life's circumstance – not by Father, mind you, but by their own obstinate determination to remain in old patterns. Angels, Teachers, various helpers – all

help toward bringing you those lessons you need to continue growing; but never do they inflict anything that would bring a person such humility that their last resort was to open up to Heaven. The point is, that there is no hurry! there is no time limit, and everyone is completely safe. Is this helping? (Calvin: It sure is, thanks.) Abraham: One more question?

SETH: I hope that my question is helpful for someone else who might be experiencing what is occurring in my experience. From guidance, I am told that this life-journey is about shifting identity from body identification to the mind of God. I am wondering if the experiences that I am having, relating to the discomfort to my body, is related to this shift of consciousness?

ABRAHAM: I am understanding that your spiritual maturity level is quite advanced, where you have gone beyond questioning, "why me? Is this payment for a life I have lived?" - to, "Is this my God teaching me?" Excellent, my son. This change comes from the experiencing of pain in mortal living - even physically. The mind-shift is an advancement towards morontial levels. You are seeing a glimpse of the morontia life where we better understand certain inevitabilities; where we are willing to be corrected and enlightened; where we are forsaking the ego in favor of spiritual education. I am, for the most part, in understanding of your question. Yes, many others are also experiencing this. It is not new, but an outworking of a young planet's spiritual evolution. Is this at all helping? (Seth: Yes. Thank you, teacher.)

I am slipping, so I will send you with my love and reassure you that you are well known and cared for, even in those times you feel alone. Go in peace. Until next week, shalom.

Incoming Spiritual Upstep | Do Not Allow Ego To Suppress Personal Purging
Abraham, WOODS CROSS, UTAH 03-04-2002
Back

I am ABRAHAM. Greetings. While I am happy to be here with you, I cannot help but feel the sorrow of your burdens of your life's difficulties.

We are making preparations for an incoming spiritual upstep. Many of you have gone to the Master to request your personal purification in order to receive that baptism of the Spirit. Purification may entail the cleansing of the mind, body, and spirit. Most of the time this creates inner-turmoil, for the negative must rise to be seen and be purified. This can be difficult and emotionally draining.

Some during this period will definitely see how far they have yet to travel in spiritual advancement without this cleansing. A good focus is to not resist what is coming to the forefront of your minds. Do not allow the ego to hide or push down this seemingly unpleasant personal purging. It does take courage to see yourself for who you really are, to see what remains after believing you were so spiritually devoted.

Dying to the old ways does require a clear look at where you have been, the mistakes you have made, and a commitment to correction. The rising up of these personality dysfunctions is not to shame you or guilt you into spiritual submission, no, but the

works of a Father who would gently show His child a new and better way. Be not afraid of those behaviors that still seem to linger after all your effort, but take courage and honestly look at them with the eyes of a scientist who is about to make wonderful discoveries.

The Spirit of Truth is preparing those listening children to receive a baptism of the Spirit – meaning renewed hope, faith, and a sense of well-being in all aspects of life. With worldly past events, the human heart and mind can become used to a well-worn groove of negativity. To depart from this groove, there needs to be a 'bump,' an upset – a mental shaking, so to speak.

To be caught in a negative cycle of thought is to be a creator of negativity. It is to be further downtrodden and destructive. The Spirit of Truth is the 'bump,' the mental shaking, the upliftment that will capture the attention of the world to prepare for an upliftment in mind, body, and spirit.

Allow Michael, the Purifier, to cleanse you of the old, to bring out those persistent negative behavioral patterns to prepare you for spiritual rebirth and a rejuvenation, yes. As we make ready for this spiritual rejuvenation, we are looking forward to receiving those new gifts of the Spirit – new enthusiasm to go forth with hope and determination to challenge life's difficulties, to find real joy, real meaning, real value.

Gifts of the Spirit may vary from person to person. The differing life experiences train individuals to be more receptive to different gifts. One who has known illness will become a wonderful inspiration to those that are ill. One who has known poverty will be a great hope to those they meet that are poverty-stricken. Those that know acute humiliation will be a good teacher to those who struggle with the ego. Yes, the upstepping of Spirit will help to bring about a more positive behavior.

Our beloved Master, who experienced the most unbelievable mortal pain as He was made to hang on the cross, was not forever scarred by it, no, but perceived it as He was just normally experiencing mortal life to the very end. He sought no escape. While the mortal Jesus was in anguish in all aspects, the divine Spirit was perfectly safe – and that is what endures, that is what carries on. To the Master, the cross was nothing but a lesson in time and an example to all creatures who contemplate escaping their required experience.

Mortal life has its cruelties, yes, but love can take the sting out of those cruelties, strengthen the character, and be growth-promoting. Be open, my children, for this cleansing of the old and taking up the new.

This week, journal about your negative behaviors that show themselves in your daily living. Ask to be liberated from them, to be open to this coming outpouring of Spirit. What are your present priorities? Do you see, after all is said and done, only love lives on? Can you find your lessons in the crosses that you bear? Can you be free to move on with greater endurance and strength to meet new challenges? What is real joy? A few questions?

SIMON: Abraham, I really appreciate the lesson tonight. Along with the new Spirit

outpouring – I guess I sense a cleansing happening as well. Sometimes I feel that my capacity to take in new spiritual information is maxed out, and my body becomes physically unable to do anymore. Will there also be an expansion of the body's ability to take that in as well?

ABRAHAM: Eventually, yes. With time and experience, the mind is expanded – which has new capacity to hold new possibilities of thought. Your thoughts directly affect the body, yes. Good question, Simon. Are there any more questions?

DIANNA: I am wondering how all this new will unfold; it seems like everyone is different, differences in each person's gifts and negativities of how they will experience this new energy. The process seems to me to be twofold, one of which is the bump, as you said – the Spirit of Truth propelling us forward into the next process, which is the experience of this purification. I guess I am searching for a bit more clarity in my mind.

ABRAHAM: Certainly. It is difficult to receive the new when the old has such a firm hold on you. As mortals tend to become habitual in their life patterns, they are at times overwhelmed with feelings of hopelessness, which lead to feelings of inadequacy and unworthiness. The process of disturbing the old to allow it to rise up to your own consciousness is for you to take active participation in your renewal. Father cannot step in to make correction without permission from His children. He will not act without your involvement, your knowledge of it; if He did, there would be no value, no meanings. This world is at a crucial stage where the masses can either revert to animalistic tendencies – or open up to new divine possibilities, a new way of life, yes. The Master, in His love for you, will stop at nothing to see to your wellness. All He asks in return is your faith, your willingness to be shown. Is this answering? (Dianna: Yes. Thank you.) Abraham: Certainly. Are there any more questions?

SETH: Abraham, is the strong desire for healing actually an act of personal will that blocks the gift of one's expression, one's experience that elicits the need for healing in the first place. Do you understand?

ABRAHAM: Somewhat. I believe that even the Master, upon learning of His mortal demise, was greatly shaken-up in mortal emotional anguish; and it took a great deal of effort to reconcile His Spirit with the Father's. Father knows your desire for healing and does all He can to promote what is best for your overall development. Even our Master could not, would not, escape the full mortal experience – He beautifully endured till the end. It was through reconciling his spirit with Father's that He found peace in accepting the divine will. It was His will that His Father's will be done. No, there is no blocking of healing because of mortal desire, no; all human resources must be exhausted. Realigning of your will with Father's will lead you to an easier recovery – more mentally, if not also physically. Do you see, in even physical pain there is peace and spiritual growth? The Master always said: "Your faith makes you whole." That is comfort for the mind even when the body seems so slow. Is this helping? (Seth: Yes, very much. Thank you.)

ABRAHAM: You're welcome. Have not worry, Seth. Your attitude is wonderful to behold and quite an inspiration to those that know you. Well done. One more question?

LUKE: When we talked this morning, I am still in awe that you are here with this group and I look forward to meeting you face to face. The love that you have for us, and the love Michael has for us, is so hard to comprehend. I feel like when I try to look into your eyes or into Michael's eyes it is as if I can't – instead, I retreat. It is almost like I am afraid of that much love. It is hard to handle. I find, in my own thoughts and fears, that moving past that is a life process. It kind of goes along with what Simon was saying – how can we handle that much love?

ABRAHAM: Understood. Well said. Living a mortal life, many are not used to an individual knowing them completely, knowing all they have done and still loving them, unconditionally. We tend to view the Master as if He is so far 'above' us. And this is one of His goals – to work with you side by side on the same level as brothers and friends; and, your knowing that He works for your wellness. You may now have a small glimpse of a love you feel you cannot find capacity for, but I am saying just wait until you are on the other side of the mortal veil – it is absolutely wonderful and awe-inspiring. Keep working towards a change in attitude, that Michael is not a 'far-off superior being,' no, but your Brother/Father that works side by side with you. Make effort to give those you know the same unceasing energy of love. Well done, Luke.

If that is all, I will take my leave. Know that I, among many others, work for your good and the good of the whole. Have not fear of these new changes but have enthusiastic anticipation, for Urantia is moving towards Light and Life. My love goes with you. Until next week, shalom.

Self-Discoveries | A Woman Seeks to Change Her Parenting Plan
Abraham, WOODS CROSS GROUP 03-11-2002

Back

I am ABRAHAM. Greetings. I am amazed at your progressive interaction exemplifying those truths you have learned so far. Well done. You quite possibly learn as much or more from your discussions than from our teachings or any other text. It is beautiful to behold the open minds and hearts that seek nothing but growing understanding. I believe you are turning a new corner with one another – where there are fewer demands by egos, and more pure intention to reach spiritual heights, yes.

It is quite wonderful to see the self-honesty you are each displaying. This certainly clears a path to new understanding. The spiritual life requires a great deal of courage, patience, and persistence. The spiritual life is not a trouble-free existence or living in a continual blissful state, no; real spirituality is uncovering those spirit poisons that weigh down the soul.

A woman, who had difficulties raising her children because of her own past childhood, went through a great deal of seemingly negative trials to create a new plan of parenting. This woman had parents who were emotionally abusive and negative. The pain from this experience had caused her to do just the opposite with her children. She was so over-protecting that she practically smothered them and made them feel as though they were quite incapable without her.

The woman longed to change her parenting pattern but had such a difficult time

because she knew not the origin from which it stemmed. She did indeed have to travel back through her childhood to find the roots of her present difficulty. For one, she had to find understanding of the reason why her parents were the way they were – she had to find understanding of them so she could forgive them.

Second, she had to dissect her issues over her poor self-esteem and see that she was somewhat sabotaged. She had to see that she was indeed a child of God first and foremost. The woman had to realize she was not a poor disabled victim, but an intelligent child of God with great potential. These self-discoveries were not easy by any means, no. There were many tears over the painful memories, but they were necessary to find a way out of her negative rut.

My friends, these changes do not come overnight. This purification requires you to fully understand it to find the meanings and values from it. This woman was able to implement a new plan to allow her children a bit more freedom to experience life and grow in ability and confidence.

Said the Master: "In all your afflictions I am also afflicted." You are never to be alone to face life's cruelties and hard truths. Remember, as the Master's human side ached with grief while coming to terms with His inevitable death, His divine side is the strength that saw Him through. As mortals, I know we can feel so inadequate and so alone, but you that are committed to living a divine life must know that the seemingly inconsolable mortal self is very well watched over by that divine self – just as was the Master while among us.

Yes, always remember that within you lives that Fragment of our First Source and Center which can (and will) do all things. As we go through the process of purification and receive that spiritual baptism, we will be made to have more confidence in that divine side of us – that we are not helpless victims of the mortal life, but co-workers, co-creators, in that potential of the spirit life.

Under those mortal burdens of living, we at times forget who we really are. We forget to put first that we are children of the Most High. It is quite popular to find escape in various activities that help us to forget present difficulties. I would say that positive activities are quite acceptable in refreshing the spirit and mind to be strengthened to cope with life's daily happenings. Sports, exercise, art – are all good reversion activities that help clear the mind and refresh the spirit.

This week, I would ask that you journal those behaviors that may stem from past events; yes, to create a clearing on your spiritual path. And also, I ask you to find a healthy balanced reversion activity to participate in – not to escape the present difficulties, no! but to become sharper in mind to find solutions.

In addition this week, find activities that feed the soul. Not so much the 'mortal self' but provide nourishment to the 'growing soul.' This could also include service activities and creative ventures – something you can build or participate in that takes the focus off of present difficulties and to provide refreshment for the mind. Are there questions?

SIMON: Abraham, I once again would like to ask about teaching my children. I know

you will probably say I do okay, but still, sometimes I wonder if I am. Maybe some pointers on living the spiritual life and being a better father.

ABRAHAM: Simon, my son, there is no doubt you would certainly lay down your life for your sons. You have done well considering your own experience. Yet I realize, as you do, that past misunderstandings dominate your technique of parenting, like the woman in the story. You also would do well to journal your experience and finding understanding therefrom. Children understand humor. They understand fun. They understand love. They do not do well with judgmental authority type preaching. They do not understand disrespect from adults who would require respect. Also, they most definitely need loving direction and a program that connects the family as a working team. Do you understand that they also need to participate in family decisions and undertakings? They are wonderful boys, and a lot of that is due to a loving father like you. Well done. One more question?

TECTRA: I hope this is appropriate. Can you help me with something to speak to Willeena about regarding her present experience in her life? It seems to me she is kind of in a rut right now. Are there some words of insight or wisdom I can impart to her at this time?

ABRAHAM: What a wonderful friend you have been to her lo these many years. I am understanding her disappointment that some of her visions have not played out. It would seem as though at times she sees the universe as being against her. Even though she has come so far in spiritual growth, there will still be further challenges that will help her to advance in spiritual levels, and also maturity. She would do well to also take up some reversion and come to see me at these meetings. Tell her to not have worry, for she has been through greater trials than these. She is quite capable of finding her way. Perhaps a little encouragement will point her in the right direction.

That is all. I do appreciate each of you for your wisdom and willingness to generate spiritual ideas within the group. This group is an anchor in the sea of mortal life. Together, we can overcome many things. I leave you with my love. Until next week, shalom.

Honesty With Self And With Father | We Cannot Hurry The Will Of God

Abraham, WOODS CROSS GROUP 03-18-2002

Back

I am ABRAHAM. Greetings. I am especially grateful this evening to see you all gather, in spite of some seemingly uncomfortable events. It is quite an exercise in faith to set aside fears in favor of promoting the well-being of the Mission.

Most mortals are always in a productive state. While it is touching that most mortals exhaust their human resources to deal with life's daily difficulties, there are times when the mindset of being productive is not helpful. I realize that waiting upon the will of God seems like a slow process, and even I am guilty of attempting to make God hurry. It is difficult to just wait and be watchful. Easy it is to constantly focus on hoping your will, will be Father's will.

In this society, it seems as though the 'doers' receive the most benefits. So many

will take it upon themselves to go out of their way to speed time, to find solutions, to find relief, to find happiness. This kind of 'I must produce'-thinking brings disappointment, no doubt, because in all your effort you feel: "Where is God! I am doing what I can, what is He doing?" I realize the mortal tendency for impatience is probably the hardest task to 'rise above' yet. Next to it is the keeping hold of faith.

At this time of purification, when we have exercised our mind and spirit all we can, sometimes we must simply find rest and trust that the answers are forthcoming – the period of peace is on its way. It is understandable that many of your fellows seem to be unreliable, as far as depending on them to help you find your way. This, in itself, is part of the purification; not to be more relying on your fellows, but more trusting in God – in His perfect timing, in His perfect ability, in His all-powerfulness, in His all-loving way.

In the purification, there is freedom. In truly feeling that baptism of the Spirit, there is the freedom that you are safe within the kingdom; you can move with confidence; you feel on equal levels with all your fellows.

Yes, "Where the spirit of the Lord is, there is liberty." The mortal life is not one brutal happening after another, no! it is a series of lessons. However, these lessons are with growth, yes, and periods of peace and satisfaction that you are finding your way. One who perceives themselves as a victim of life is not free, no, but bound to a life of constant striving to find relief from their pressures. One who feels victimized by life is disempowered to overcome difficulties, and excel in spiritual growth.

My friends, there is no luck. There are no shortcuts to God's favor. Father will not be bought by the show of good deeds, no. Father does listen to His children, especially those that are completely honest – with themselves and, Him. In the honesty, there is quicker relief from pain and a sure growth for the soul.

Yes, how can you find freedom in purification without complete spiritual honesty, without being real – real with self and, with Father? Truth can bring pain, yes, but it is a direct line to understanding. This understanding brings meanings and values which aids in the purification – leading to a baptism of the Spirit – and finally, liberation.

There are times when we must do nothing. These are times when we must show strength and courage to wait for Father; not to waver in faith asking: "Where are you, God?" And not being disempowered and overcome by hopelessness, which leads to doubt in the very foundation you have committed your lives to.

You, at this point in your spiritual careers, cannot wholeheartedly say: "God, now that I experience so much pain, where are you?" no. You have learned and experienced enough that you can say: "I have faith that Father knows me and my current dilemmas, and He is working even now as I attempt to control my worry and fear."

A mind constantly at work is a tired one – it is overgrown with imaginings and fears that will likely never come to pass; it is 'spinning the wheels;' it is a discard of

energy. We cannot make God hurry, no! but, we can find balance within to counteract our anxieties.

This week, ponder your levels of honesty with self and, Father. Journal on the topic of true spiritual liberty. How might you discover what techniques you may be using to 'hurry the will of God.' What balanced activities can you find to aid you in becoming more patient and trusting in the watchcare of our Father.

That is all. No questions. Know that I do truly love each and every one of you. I am always available should you call on me. Know that this Mission work is at a very delicate stage right now, where we will either draw in individuals or push them away. Until next week, shalom.

Real Strength Comes From Inner Freedom to Experience and Face Come What May

Abraham, WOODS CROSS GROUP 03-25-2002

Back

I am ABRAHAM. Greetings. I am grateful to you each for your welcoming spirit here week after week, year after year. Your courage to walk with faith brings me here with a new lesson every week. You have seen me not with the eye of the flesh but with the eyes of the spirit. I am thankful that you trust in this process of learning and growth.

I am; you are; and therefore, we have experience. Being the varying personalities that we are, our experience will vary. In my position now, I can allow you your experience and your outlook on the meaning of it, without judgment. There was a time however, that I was unable to envision others' individualized experience making them into who they were really supposed to be.

Yes, there was a time when my image meant everything to me. I craved respect and power - so therefore, I used fearful tactics to get what I desired. I measured my success through the eyes of others. If people revered me as a powerful warrior, then that meant I was successful. Most of my energy went into maintaining my image, my persona. Truthfully, this was personally quite fearful for me - that I might be discovered for who I really was. Honestly, I was a fear-ridden individual who cared deeply about the opinions of others concerning myself.

My experience with Machiventa brought about slow and subtle changes in my thinking. I learned that I was quite bound by the shallow material life; I was bound by my own feelings of unworthiness; I was bound by exhausting all my energy toward projecting an image to others that made me feel I was a superior being. Slowly I had learned to allow Father into my life without the worry that He would take away the desires of my heart.

At first in this state, I felt somewhat appearing to be weak and submissive. In all my years as 'Abraham, the respected and feared warrior,' never did I want to be looked upon as weak. Machiventa's lessons were particularly helpful in this area of appearing weak and submissive because he had shown me that true weakness is one who is submissive to ego, not God. True weakness is one who is ruled by the desires of the flesh, not striving for self-mastery. True weakness was one who normally hides from God, but calls for Him when in peril.

Machiventa taught me that real strength laid in releasing all that you think you want and need. Real strength comes from freedom – the freedom to experience and grow, come what may; the freedom to make mistakes without worry of the penalty you will pay – or, of other's personal opinions of you. True freedom resides in trusting that spiritual Overseer – who can, and will, do all things.

Do mortals allow one another to grow and experience 'as they will,' without placing judgment? Can you come to a place where you are free from living your life according to other's opinions of you? Can your energy be more productive – rather than living up to somebody else's ideals of how life should be lived?

At this time of purification, personal unpleasanties may appear – and yes, you probably will be judged by your peers. Do you become burdened by feelings of unworth and live your life according to your fellow's standards? In whom are you indebted to? Who do you serve? Who holds the key to your freedom?

Human beings cannot truly grow in the shadows of their fellow's judgments. In the mortal life, you will seldom escape this judgment from your peers. During this time of self-purification, I am asking you to free yourself from others' reflections of you – that you can find your real selves. Allow Father to reflect to you who you are – and, who you are becoming. This is freedom. This is self-mastery.

I mean not to say 'take liberty without accountability,' no. Be a responsible cosmic citizen, of course! But remember in whom you serve. Is there freedom in who you are serving? Yes. The time is drawing near, children, for this spiritual upstep. We are asking for your participation, for it is crucial in advancing toward Light and Life.

No questions this evening. There is a great deal of work for all of us. Please know that I do truly love each one of you. That is all. Until next week, shalom.

Allow The Purification And Opening To The New by Becoming As A Little Child
Abraham & Michael, WOODS CROSS GROUP 04-01-2002
Back

I am ABRAHAM. Greetings. How wonderful it is to see you children at work for the kingdom. Your concerned natures bring awareness to many, which help shift the mind-sets of the masses.

"Where the Spirit of the Lord is – there, is liberty." This time of purification and liberation from the old has not been one of ease, no. It has taken courage and stamina to allow our divine Overseers to cut away at the unfruitful branches. Healed individuals make for a healed world. Our best hope of healing comes through education and a willingness to grow, no matter the cost.

Judas, the apostle of old, paid a great price for his unwillingness to be healed through self-honesty. He did not allow the spiritual life to remove his unfruitful branches. Judas harbored ongoing thoughts of revenge – which always (in his own mind) resulted in him appearing to be the victor. This man knew not the freedom in humility, the freedom in being honest with self and Father.

Other apostles also struggled with these mindal strains, yes, and it was through their love for the Master that they were able to be honest in all situations with self, Father, and their brethren. This led to purification and the cutting away of the dead branches, the spirit poisons. Yes, dead branches are those things which do not serve in a wholesome manner.

As we allow this purification, this renewal, we are again becoming as little children – open to adventure, curious and enthusiastic about life to come. Judas failed to see the beauty in this freedom, in this releasing of old to take up the new. Although his upbringing had him believing he was superior among his fellows, he still had every opportunity to learn different, to learn better.

There comes a time in your spiritual growth when you must take full responsibility of who you are now. There comes a point when you can no longer blame others for who you have become. Judas failed to learn anymore because he believed he already knew everything there was to know. This attitude, my friends, is spiritual death.

As we are reborn as little children in the kingdom are we refreshed and ready to take in more, take in new. We are moving; we are progressing. This is spiritual life. Healed people make for a healed world, which progresses into Light and Life. It has been our Mission to naturally help you to find healing and hope of a new and better world. I would offer a prayer:

Our Father, who can do all things, we are willing to be made new in spirit, mind, and body. Our beloved Spirit Mother, we are open to your adjutant mind-spirits, which light our path to Paradise. Our Brother/Father, Spirit of Truth and Creator of our universe home, we are open to receiving your Spirit, your vision of freedom, your courage to live the mortal life as you did. Our beloved Caretakers, guide us into that healing which also heals this world. Remove our unfruitful branches, those stumbling blocks which blind you from our sight. Create in us a clean heart and mind. Open us and prepare us for that spiritual upstep we need to escort Urantia into Light and Life. Amen.

MICHAEL: My children, believers in the eternal adventure, I am your Brother/Father/Friend and Co-creator with you in all things. I look at your faces and I am overfilled with a love that has had no beginning, nor will ever end. I see you as you are – the truly beautiful souls that diligently work toward advancement toward knowing me, and knowing Father.

You can hardly know the anguish I am made to feel when I see how you sometimes perceive yourselves and one another. This is not a world of chaos – an orphan who has been left outside in the cold, no. I have been here all along, your ParadiseCompass, your Light in the storm, your Gardener. What I see before me is experiential beauty and eternal potential; a flourishing garden with a variety of harvest.

We stand together at the beginning of eternity, the beginning of all potential. Our real work now begins. I have lived to show you life. I have also died to show you life anew. I have, without ever questioning my Father, experienced this life – your life – to the fullest. I sought no escape for you, for Father, for my universe. I

lived so that you may know life, so that you may carry on in the face of all obstacles and challenges.

You, Mission citizens, are more than prepared to take up my example. You are more than qualified to show my flock a life lived with courage, faith, and enduring – not wavering, but 'enduring' dedication to living a spiritual life; a life dedicated to wanting what Father wants.

As I review my Urantian bestowal I have no regrets. I have no desire to change one single thing. I am wholly satisfied with my adventure, for Father carried me through His eternal purpose and plan. He upheld me as a mortal, as a Creator Son, as His child. I found out who I really was as I trusted Him, as I relied on Him, as I held to faith 'no matter what.' Surely, He will do these things for you. Surely you will assist your fellows in doing these things also.

Allow the unfruitful branches to be left behind. Allow the past to be the past and take therefrom the meanings and values. Take up your faith and be healed. Lay down your mortal guard of pride. Be refreshed in the Light of the new. Be cleansed in the waters of Life. Move with confidence that you are with me, and together we will be about the Father's business. Together we will minister to your brothers and sisters, my children. Together we will take up our cosmic responsibility and usher this world into a new era.

Our work is great and our time is accelerated. We can no longer afford to be held back by the halfhearted. We can no longer afford to be dragged under by those who refuse to find healing. This is your career, children. This is what you have so long waited for. Put down your feelings of unworth. Take up your responsibility as my faith-son, as my faith-daughter, and go forward to work for what will surely be a historical event in all of Nebadon.

Know that I move through you like the wind. You cannot see me but you can see my affects, my influence. Be not burdened by doubt, for our work is great and we must be about the Father's business. I know you. I know all of you. I am in all of you – and you, in me.

My Spirit is about truth, freedom, and change. Before us we have a grand adventure. Speak to me, for I will be speaking to you. I am about details in all your spirit challenges. I am about peace and shelter for the weary soul. Know me. Work side by side with me. Allow my unseen Spirit to show you the changing influence we can create together.

Salvation has been had – you know that. Your work is not about gaining entrance into the heavens, no; it is not about spiritual favor or superiority, no. Your work now concerns the well-being of the universe. It concerns the growth of the Supreme Being. You are no longer about petty mortal happenings, habits, behaviors, past injuries, no. My Mission children, you are keepers of the flame, bringers of the light. Let us be about the Father's business. I am in you – and you, in me. Carry on.

ABRAHAM: Our gratitude to our Brother/Father, Upholder, Liberator – Michael. We are

fully prepared to take up your challenge. We are determined to go forth with your spiritual confidence and power to allow you your work. We allow you your place in us as you have allowed us ours in you. So be it. Until next week, shalom.

Faith, In Reality, Is Freedom To Greater Things

Abraham, WOODS CROSS GROUP 04-08-2002

Back

I am ABRAHAM. Greetings. What a sweet spirit attitude we have here this evening. As I view each one of you, you appear to be a new creature to me. Even though many of you are extremely busy throughout the week, there is definitely an air of spirit refreshment about you.

When I review my life in the mortal flesh, I always have such fond memories of springtime on Urantia. The renewal in all things is so inspiring and motivating to make things better, do better, live better, to love more, be more.

I so admire children and their enthusiasm to greet the spring sunshine, breathe in the fresh air, and run barefoot through the grass. Children are for the most part, motivated by the desires of their hearts. They awaken each day as if it were their very first day on Earth. As we become like the little children, we are learning to be dependent upon the Father's guidance.

Living on this experiential planet, life has proven to harden some people; they are motivated in one way or another to fulfill their Earthly obligations - as if this will lead them to spiritual peace. While dwelling in the flesh you are certainly required to make your way in the world. As adults, it is easy to be swept up in the rush to creating a life according to your own desires and perceptions of what you think is right. Certainly, this is responsible, no doubt, but it is only a life half lived.

You, children of this Correcting Time, have volunteered to be the spokespersons for this cause. You have had a great deal of training, for these many years - to spread the good news; to be representatives for Michael's message. This time in the world's history is critical where you will be sought out for the energy you project to others. You have your Mission tasks - which are helping others find their way back to a loving and kind God.

When you look at one another, you can certainly agree that you each come from various walks of life, but most definitely are you the common people of Urantia. You easily relate to other people because of your life's experiential training and these lessons. You have an awesome opportunity to help direct the world's destiny.

If you are so caught up in the adult world of over-much responsibility, it is most likely you feel the weight of the world on your shoulders and you proceed with your own thinking, your own definition of events in life. In this thinking, there is not much trust here in our Heavenly Caretakers.

As you see this time of rebirth and renewal, you can adopt the attitude of that listening learning child who is so alive in every moment. Jesus knew not where he would lay His head each night; He really knew not where He was going to be traveling from day to day; He had that supreme trust in His Parent Father. Jesus was

completely reliant on the Father's will, the Father's guidance, and all else was given unto Him.

Many people see such a lifestyle as imprisoning or a life indebted to faith – when in reality, it is freedom to do greater things; freedom to be more than you thought possible. In this, we are doing Father's work; we are speaking His words ministering to His many children. This moves mountains. This is so large in concept. I realize that as adults there are endless responsibilities and pressures you must attend to, but as we commit to becoming new, we can have that liberation of the little child; the reliance on the Father of all fathers; the motivation to live as Jesus lived, yes.

This week, dissect your time to see how well-balanced you are living. Is there time for stillness, for play, for fellowship and ministry to the self? The Master encouraged self-forgetfulness, but not self-neglect. Account for your burdens, your responsibilities, yes, but how much of this is necessary and how much of this is blown out of proportion by your own drive toward fulfilling obligations? Those who feel spiritually empty inside will seek you out; and those who hold on to old-fashioned spiritually fearful concepts will not be ready for words from you.

Our ministry is now, it is moving; and a great deal is dependent on how we listen and are guided by Father. An imbalanced life will possibly be deaf to Father's words, to His ministry. Those with a life lived with certain levels of freedom will find themselves like the Master – going about doing the Father's bidding while the Father tends to them in every way. Uncover those worries that keep you bound, that keep you from finding that listening and enthusiastic child within. Michael said: "Our real work now begins." We are, together, moving destiny. A few questions?

CALVIN: Abraham, welcome to Lavon & Devon of Rita's study group. (Abraham: Greetings. Feel free to ask questions.) Calvin: A quick word for John Covington (Marlin), in Michigan; he asks if his teacher transmission abilities, spirit-connectedness, still works? or has he lost this gift.

ABRAHAM: Unfortunately, I am not able to receive that information, but I can say a few words. I am with understanding that you, Marlin, definitely love the Father and have the best of intentions. You are able to do Father's bidding as you are, but I would recommend a bit more communication with individuals within the Mission, such as Calvin. This will aid you in finding that balance that you need to receive of transmissions, or do any of Father's work. That is all.

AZSURAY: Father Abraham, I feel so inadequate and I would ask you if you could help me; maybe tell me how I can do my Mission here better and more faithful, please?

ABRAHAM: My daughter, your feelings of inadequacy is the exact reason why you are performing your Mission work wonderfully. One who knows they do not have all the answers are open to a great deal of information. Azsuray, you do very well. You are, for the most part, led by the Spirit. Your study group produces a wonderful harvest of spiritual knowledge, and your open way to others makes them feel valued. Your expression of love to everyone makes them feel that they are wonderful just as they are, and sometimes people really need to know that. You do well, my daughter. Have

not worry. Is this helping? (Azzuray: Yes. Thank you.) Abraham: You're welcome. Another question?

BRIANNE: Abraham, I feel like my life in the last month has been out of balance; there is a lot of pain and struggle in my heart, and anger coming out. I am not sure where I am and I feel stuck. I feel I am moving forward sometimes but am easily frustrated and nothing is happening. I don't know if I need to quit a lot of things; and yet, there doesn't seem like there is anything to stop doing. I guess I would ask for your words as to where I am right now.

ABRAHAM: You have been experiencing the purification process, as many here have experienced. This is bound to bring up various emotions, or life events, that will get your attention so you and Father can bring about healing. The spiritual life is not about a blissful state, but about being willing to drink the cup of this mortal life no matter how bitter it is. The Master set a great example of how He not only endured His trials but was challenged by them. He was committed to the cup that was put before Him and experienced everything that you will experience, and more. The spiritual life takes real effort, real work. It is difficult to see the growth therefrom until you have allowed time to go by. You are young, Brianne, and yet, I perceive a tremendous strength about you. You do have a few things occurring that are pressuring you. While there is pain and frustration, the part of you that lives with so much strength goes a bit overboard to reconcile these difficulties. You are a thorough worker and some of this pressure you feel you put upon yourself. You have a standard of excellence, and this is commendable, but not worth the imbalance it brings – that mindal strain and frustration, yes. I don't perceive you as stuck, no, just learning. You really do well. Have not worry, my daughter. Another question?

CYNTHIA: Abraham, I have been away spiritually and emotionally for a lot of years now. I have faith in Michael and God, but I have not been able to get close. My prayers don't make sense. I have been going through a lot of religions, especially the LDS church, and feel pushed away. I don't know how I am going to be able to achieve my spiritual side. I would like to know some steps, and how do I start?

ABRAHAM: Certainly. Child, you have already started. You are seeking, you are searching – and there is no fault in that. You are finding your own way. Have trust in your ability to know truth. You are, as any young individual in the kingdom, testing the waters. This is wonderful. I am understanding you to feel 'on the outside' not as 'a part of.' My first recommendation would be to ponder your status in the kingdom. You are first and foremost Father's beloved child. You are a daughter of God. He loves you not with the love of an Earthly father but with the love of all eternity. He sees you as beautiful – here and now. He sees you in your state of becoming. He cares not about your words of prayer but about the intentions in your heart. Talk to Him as if He were your closest friend. He is not as any man, not even close. You would do well to reinvent your perception of Him for He is more than even the most wonderful human being you know. He knows you. He loves you as if you were His only child. Start there. One more question?

LUKE: Last week with Michael, He said: "Salvation has been had." Is this a personal Correcting Time as well as a global? And as we move past our hurts, and our darkness is coming out, we realize all this is hitting us in the face and we find it is so

tough to deal with? Michael tells us also that He is a person of detail, that we can ask for specific answers for our questions and that we have other Spirit beings around us. How do we work with these? How small of detail is too small?

ABRAHAM: Understood. Healed individuals make for a healed world, yes. There is 'personal correction' that will lead to 'global correction.' It is the responsibility of the Correcting Time ambassadors to help others through these stages of purification into liberation of spirit. Michael is in all the details. There is nothing you cannot ask Him. When the details of your life become toward a materialistic side or an egotistic side, He may have His own correction for you. Yes, any detail is acceptable to the Master. He is available and willing to help in all things. As for the spiritual help on the planet, there are legions of helpers and hosts to aid in this time of correction. Your time in stillness and willingness to be in the Father's will, will aid in your learning to communicate with them. These helpers are about spiritual content. They are here to assist in the upliftment in a spiritual way, if you are understanding me. You are doing well, for the most part, Luke, my son. The dark parts of this life are as important as the light. That is where your real learning takes place.

I am slipping. Know that I hold you each in my heart and thoughts. Have not worry for the week ahead. Find time to be as that little child. My love goes with you. Until next week, shalom.

Striving For Perfection Is An Enticement From Father, Not A Guilt-Ridden Goal

Abraham, WOODS CROSS GROUP 04-15-2002

Back

I am ABRAHAM. Greetings. Your compassion is truly touching. Your lives have not only become entwined in this small group here, but also for individuals who live and read these words around the world. Believe me, your concerns are a commonality throughout believers all over this world and beyond. Your loving thoughts are certainly felt and do create an energetic action.

How wonderful it is to be among individuals who are not solely driven by emotion, but engage in intelligent solutions to much larger difficulties outside of their own environments. Although certain issues may weigh heavy on some of your minds, I am also recognizing that refreshed childlike attitude to be present. In that frame of mind, there is so much more freedom - freedom to go farther than you might think possible.

Last week we discussed the burden of 'striving in the mortal world,' and how this can lead to imbalance. But when we are in a childlike frame of mind, we are in a state of listening and striving to do Father's will.

I do realize that striving for a spiritual life while in the flesh can lead to an over-striving to become perfect. Many seekers of spirituality believe that each day they are becoming more and more perfected - and while this is true to a point, there are natural setbacks along the way, there are mistakes. I say, this is perfectly natural. However, we find that there are some serious self-disappointed individuals that become quite discouraged in striving to live a spiritual life. This is, in part, why everyday organized religion is not lasting. The churches set the standards

of perfection, and there many times is little 'room for mistakes.'

Some organized religions would have you go against your natural human tendencies for the sake of grasping at salvation. Most of these standards are erroneous and tend to lead individuals to hopelessness – that they will never be worthy of God's love or a place in the kingdom. This dilemma we are finding even among some of our students who feel they fall short of the spiritual mark; we observe there is more self-chastisement than self-understanding or allowance for mistakes.

The desire to strive toward perfection is inherent in most mortals, no doubt; but when the bar seems to be set a bit too high, there is disappointment leading to hopelessness, and an attitude of 'why try.' This is verging into the territory of the ego. The ego wants to view itself as perfect, even superior to others; it does not make room to understand mistakes or fallibility. The ego, in part, would have you hide or deny any wrongdoing even though it may appear to be innocent.

Why do we strive for perfection? Said Jesus: "Be you perfect even as my Father in heaven is perfect." This was not said to guilt individuals into doing right, no! This was not to be a constant reminder of how imperfect you are, no! The Master spoke to the individuals of that day and age in a language they could understand. The Master does ask us to strive toward perfection, yes, but you are not there now – there is allowance for mistakes. These mortal mistakes (most all the time) do lead to growth, yes, to an experiential and higher understanding of true meanings and values.

You will make mistakes, yes – you may even feel some self-disappointment, but the child of God realizes their Father is a loving God and does not seek to condemn you for your wrongdoing, no. Father seeks to aid you in your growth. He seeks to lovingly correct. He seeks for you to turn to Him, to build that bond between Parent and child.

In all your imperfection, be not so discouraged that you cannot be taught or feel hopeless – allowing that ego to cover-over mistakes with denial. The Correcting Time does not ask that you are perfect, no. It does not seek to burden you with an increased self-unworthiness. The Father, and His universe, is completely safe for you to make your mistakes.

Do not feel your self-disappointments through the ego, no, but through that 'child of God-self.' The ego brings guilt that pushes you from God, which makes you hide from Him as if He will certainly punish you harshly. The child of God fears not facing His Father, face to face, in hopes of receiving loving correction and encouragement – that he is still worthy, he is still loved, he is still the Father's child.

Many of you, as children, were harshly condemned for even the most simple mistakes; and naturally, you did not like the repercussion therefrom, no. Harsh punishment only leads to hiding or keeping mistakes secret. This harsh punishment made the child feel a sense of 'love-loss.' Would this love-loss feeling lead to encouraging the child to strive toward being enlightened, to make correction, to attain growth? No! Would the Father, in whom you have dedicated your lives, lead you down a

negative path to self-correction? No! Father is like a loving friend who stands side-by-side with you as an ally – not to condemn or to keep you humbled so that you may better listen to Him.

This week, journal your thoughts on what entails a perfected life. Are you free enough to strive for this? or are you bound by feelings of a 'hopeless inadequate' self. Contemplate the power of the Spirit of Truth – in all His power He definitely works gently to naturally bring light into the darkness, yes.

No questions this evening. We have a great deal of work ahead of us, children. We definitely need to find the courage to be persistent even in our imperfection. We always are making effort to attain self-mastery. Be encouraged that you have the help of an entire universe. My love is with you always. Go in peace. Until next week, shalom.

The Natural Flow Of Life | Being Observant of Our Ego and Wait For Father To Reveal Abraham, WOODS CROSS GROUP 04-22-2002

Back

I am ABRAHAM. Greetings. Even with the room overflowing with such colorful spirits there is quite a serene demeanor among you. I am again grateful for your support of these teachings. You, in your faith, trust and desire, make them happen. It does take this entire room of individuals to bring forth the lesson week after week. It is by your good intentions and desire for truth that we are progressing as a family. Well done.

Last week we discussed striving for perfection – and while this is certainly a worthy goal to make effort towards, this evening we can bring forth discussion on allowing the natural flow of life. Every day many mortals dread rising up from their bed to see what shall overtake their consciousness and what energy may be stolen from them. That type of outlook already puts the day into a negative groove.

Even with our good intentions, there is always the struggle between the ego and the spirit. The ego's craving for perfection works in a fashion that makes it appear to be good, worthy, or even superior. The ego is force – it forces even the most effortless circumstances toward struggle. Because the ego has fierce desires to force its agenda, there is no simple allowance for the unfolding of the average everyday life.

Culture, society, and even our work environment, teach men and women to believe that only certain lifestyles are worth attaining. If we are honest with ourselves, we can each say in truth that we all just want to be loved and accepted. If one is acting from an animalistic ego outlook, then spirit poisons come into play; the ego is forcing its agenda with an eye for self-glory – and in this, everything is so much more complicated. Relationships are destroyed from this forcing of ego agenda. Employment is lost due to the ego's demand to be seen as superior.

Truly insecure individuals cannot help but act from this willful ego. An insecure individual has an unstoppable drive for attention and is overtaken by the ego to perhaps do things that are without integrity. At a place of employment, or even within a family, many insecure individuals have been known to complicate every

little issue so as to gain attention.

Some perhaps are bent on making others 'look bad' - so they themselves can 'appear good.' This is such a waste of energy, such a mis-focus. It is understood these insecure ego-driven individuals only desire to be loved and accepted; but they are misguided, and use up their energy in a negative way.

The truly humbled individual has learned to be a bit more trusting in the divine caretakers - unlike the 'ego individual' who only trusts self. What an empty and unfulfilling dilemma! The trusting child is more likely to ask for guidance, and feels not that anxiety that they are 'losing something,' and that they are 'left alone in the world.' That trusting child is more likely to incorporate the spiritual fruits into their daily activities with always an attitude of 'I know my Father tends to my every need, and all I need do is be observant.'

To be observant is not a misuse of energy, no. It is not jumping to conclusions or taking rash actions all to gain the love and acceptance from their fellows. The observant child is connected into that spiritual circuitry - literally connected, which brings solutions and steps on how to deal with everyday issues in a most efficient manner that brings peace and a wise use of energy.

We all know of that feeling of angst that would have us in a fearful state - momentarily wondering if our divine caretakers know what is occurring. Many of us are tempted to rush forth with any idea or take any action - which could easily further complicate situations.

As you each strive for perfection - full well knowing that there is room for mistakes, learning, and growth - you must think about how observant are you in every situation? Are you patient enough to wait for Father to show you how to wisely spend your energy, incorporating the spirit fruits instead of spirit poisons?

How practiced are you at allowing the natural flow of life? Of course you exhaust your human resources, yes, but do you force the ego agenda? Does the ego have you spinning your wheels and further complicating situations?

You would be amazed at the natural knowingness of God's will when you can allow the natural unfolding of life. It does no good to worry - to try to plan and perfect the future. To hand over to our Father every outcome of any situation is a beautiful example of trust and faith - that you know without a doubt He knows all that occurs; and, that in His love for you and His unlimited wisdom, He is doing what truly is best.

This week ponder the natural flow of life and your tendency to resist it. I have time for only a few questions.

ANGIE: Abraham, I would like to know if it is time for me to find out my daughter's spiritual name.

ABRAHAM: One moment. Certainly. That beautiful baby girl is known as Malena, on high.

CALVIN: In allowing the natural unfolding, let's say a person has been slothful his whole life and not provided for retirement, always anxious and behind the eight ball so to speak. Can he literally just forget all that and allow Father's will? or does he have to say: 'I have made my bed, now I have to lie in it?' I feel that is myself.

ABRAHAM: We always have to account for all our actions, but if this man genuinely lived how he believed he should up to this point, why would he be made to feel that God would further insult him? Why would he not believe that Father would do what is possible to help him make secure, the future? Allowing the natural unfolding of life is not slothfulness, no, it is patience and trust and listening to the divine caretakers. It is using energy in an efficient manner instead of being burdened by fear and unwise expense of energy. Those that push the unfolding are not only under severe mental and emotional strain, but the physical self is also made to suffer. Anxiety is an enemy of the mortal body. Feelings of well-being and peace are for those that trust God, that trust His judgment; they trust and accept His method of showing the unfolding, showing the actions one should take in utilizing the human resource, yes. Is this helping? (Calvin: Very, very much. Thank you.)

WILLEENA: Abraham, in a course of a life most children begin quite trusting and then the circumstances of life occur within the family and the world which brings untrust and doubt. Many of us, well, many people I know, as adults, have trouble with that experience of trusting. Can you tell us the steps to begin to trust again?

ABRAHAM: That is a good question. First of all: Mortals must realize that God is not like any human being they have ever known. So the first step would be to get to know the character of God. I ask you, Willeena, are you speaking of trusting God? or trusting mortals? or both.

WILLEENA: I would say trusting God as a basis for trusting mortals, so I think both.

ABRAHAM: Understood. Here are a few steps:

First: Believing that Father is not mortal, not vengeful, not unkind or looking out for your every mistake, is a good start to getting to know His personality. Many individuals will test Father with this and that, and are most of the time disappointed. Those that perceive God as 'human,' will receive God as human, with all its limitations. This always creates mistrust in what is our First Source and Center.

Step two, I believe, would be to trust in that core self that is you. To trust in the fact that 'you know what you know.' To believe that you have the ability to receive divine information; to understand divine concepts; to follow through with a divine action plan.

Number three: I would recommend that you journey back through your past to find these origins of that mistrust and attempt to find the meaning and values therefrom. Attempt to find forgiveness for those who probably unknowingly taught you to mistrust. That is why I say God is unlike any human. He is infallible. He would not do as a mortal does. Mortals are fallible, yes, and the earlier children know their

adult role-models make mistakes, the earlier they can begin to trust their own inner guidance and have faith in a higher being. Yes. Is this answering? (Willeena: Yes. It is wonderful. Thank you so much.) Abraham: You're welcome. One more question?

LUKE: I struggle with ego in day-to-day life, moment to moment. Is there an acid test, is there something that we can use that we can do to understand what is guiding us?

ABRAHAM: You know, everybody knows, that 'inner struggle' that would perhaps make them do something that is somewhat dishonorable to force their agenda. This inner turmoil can be literally felt; but, as you know, many will rationalize and cover-over the truth. I believe at this point you each know when ego inserts itself – and that is the point where you are closed-off to learning and almost 'on guard' at God's interference to the ego's agenda. Good question, Luke.

I must take my leave. Know that with each passing day I love you each more and more. I am in gratitude to you for your allowing the natural flow of this teaching method. Go in peace. Until next week, shalom.

Ministry Tasks Come As We Align Ourselves With the Natural Flow Of Life

Abraham, WOODS CROSS GROUP 04-29-2002

Back

I am ABRAHAM. Greetings. I always consider each week with you such a blessing. I indeed learn so much from your interaction, your courage to share. Real life is not only touching but also, educational. What a blessing to have one another and a place where we always feel welcome and loved. As we become comfortable moving with the natural flow of life, we receive enhanced spirit communication.

This planet, experiencing all that it has, is moving along as it should. The condition of the world now is quite typical for having experienced what it has up to this point. Evolution is a mighty lesson that is seemingly slow, but it is the way of the universe; it is the natural flow – Father's overall design, yes, just as it is with the evolution of the individual. It does indeed take a great many experiences to advance and put into practice the meanings and values learned, yes.

You can see from the history of the world that many mistakes were made due to ego and the desire to be powerful – or at the very least, just to be noticed. In the average daily happenings of mortal life, we can see how many individuals are driven to do those things that get them noticed or to gain power; they know not the love and notice of a real Parent, and that they have a place in this magnificent universe.

If each child could know this love for them, and that their place in the kingdom is secured, there would be no need to create such life-drama. There would be no need to act without integrity or to gain attention, because the child would already have that energy of love going to them.

As you are aligning yourselves to the natural flow of life and your spirit communication improves, you will find yourselves with ministry tasks. Children, our Teaching Mission is rapidly developing branches that are providing spiritual

nourishment to various peoples of the world. While you may not stop wars, hunger and poverty – even crime, your ministry tasks are touching the hearts and minds of everyday average mortals like yourselves; and that alone will be our harvest that can create change on a much larger scale than you could possibly conceive of.

Your training as kingdom ambassadors has taught you that you serve with an eye single to the glory of God. Having the experience you have had has brought you to an evolutionary state where you are gifted in various areas that will assist you in your Mission tasks. This training is why your tasks are not complex, no; they are strangely simple and leading you closer to your Father in heaven, yes.

A Mission ambassador can perform no greater task than to live their lives as if the Master worked side by side with them. When your fellows see you, they know that you know Father, His Son, and the Divine Minister. Your fellows know this because of the way you live your life – not because you proclaim you live a spiritual life; not because you crave attention; not because you have an attitude of being chosen by God, no! you will attract your fellow's attention because they will perceive you as real, as common, just like them.

And yes, your fellows can attain that peace and joy that you know because of the way you live your life. They will see that even in adversity you still cling to faith; even in sorrow you still have a positive outlook on life. Your fellows will be inspired also to forgo the dramatic struggle in favor of embracing the natural flow of life.

Yes, children, in serving, you are served. In healing, you are healed. In believing, you are supported by an entire universe. You know your names will not be written in the books of history – and we all agree that they do not need to be. We serve because we love. We serve without expectation. We engage in Mission tasks because we believe.

If you could only impart one message to the people you come into contact with, it would be wonderful if they knew they are deeply loved and cherished by God; and, that they are watched over by a Supreme Caretaker that is unlike any human – and therefore, serves them without condition. There is nothing they have done so bad that could take from them the love of God, no. Most importantly, you can deliver the message that God believes in them; God trusts in their abilities to follow their own spiritual path. There is no one mortal that is loved more than another, no, they are equal in the eyes of Father.

This week, as you continue to be watchful and allow a natural unfolding of life, be prepared to receive searching individuals, and be ready for your Mission tasks. Even though you still have a great deal to learn, know that in teaching, you are taught. In healing, you are healed. In freely loving, you are loved. Remember, this can also go in a negative route – in judging, you will be judged; in demanding conditions, you will find yourself limited; in embracing the need for ego-gratification, you will find yourself without spirit communion.

My friends, in the mere act of service you can literally feel the hand of God on your shoulder – ever bestowing on you strength and confidence to move through the

world with focus and courage; to be about the Father's business, yes. A few questions?

WILLEENA: Abraham, in the journey of mine, there has been several rounds of going to deeper and darker places of my psyche. I find myself in another round of similar experience, only in a different regard. It is not in the emotional healing that I had to go through, it is now on a level of opening doors to having connection with Spirit, Father, and with Teacher guidance. Can you offer me some words that will support my progress?

ABRAHAM: Certainly. I do perceive you as a daughter with tremendous faith and I am not in understanding when you say you feel not the closeness with Father. I do believe you have always been extremely close to Him and the spirit world. You have always been harsh with yourself in not allowing for faults or flaws. In this, you have also believed Father is judging you in the same fashion – and of course He is not. Father would never be as hard as you have been on yourself. In being able to allow yourself room to make mistakes, you will find Father to be a bit closer and receive His guidance more clearly. You must come to believe that He sees you as a bright and brilliant daughter of His – nothing less. You are a growing child in whom He craves to teach, comfort, and lead you to Him. Overall, Willeena, your progress has been amazing, and you are definitely trained to serve others who find themselves with a similar history to yours. You have a distinct motherly spirit about you that emanates a grace and faith that makes others feel comfortable to be exactly who they are around you. Is this answering? (Willeena: Absolutely. Thank you.) Abraham: One more question?

ANICIA: Abraham, I want to thank you for being present in my life and for the opportunity to receive your lessons. I am not quite sure how to state this, but for the last six months I have been trying to fit into society. I don't feel like I have been coming from a genuine place in my spirit and emanating the truth of who I am. I have been working, focusing on 'fitting in.' Now I am really uncomfortable with some of my interactions as I am looking at what I am doing in my life. So I guess I am asking for some assistance in my purification and getting back on track with my service in life and who I really am.

ABRAHAM: Understandable and completely natural at this stage in your mortal journey, my daughter, Anicia. Some of the experiences you have now are training for future Mission tasks. You have wonderful intentions and yet, you have difficulty following through with them. This is completely natural. To fit into the common society is non-reality; it is only illusion; only definitions that individuals have made popular. This refers back to my lesson on 'allowing the natural flow,' or 'unfolding' of life. There is tremendous struggle in the world to be loved and accepted. And especially with the youth of the world, they are practically willing to do anything to gain this love and acceptance. It is confusing because the majority of individuals live on a surface level – where you, Anicia, are courageous to go beneath. You need not be in such a hurry, my daughter, but just be observant and absorb the lessons you receive right now. This would be a wonderful topic to bring up to your more experienced sisters. Yes, there is a great deal of wisdom to be had from the sharing. You are not lost, no. You are very much watched over and guided. Have no fear. You do well.

I must take my leave, but know that you are always in my thoughts. You are always in my vision for good. Know that I love you. Go in peace. Until next week, shalom.

Mansion World Correction Lessons Now Available To Mortals In This Life

Abraham, WOODS CROSS GROUP 05-06-2002

Back

I am ABRAHAM. Greetings. I do detect a wonderfully energetic spirit here this evening. It has been such an honor for me to have been your friend, teacher, and coworker; I sincerely believe I have learned more than I have taught. Although we have many new faces here this evening, I can assure all that they have equal opportunities for growth and service in the kingdom.

You should know that our divine caretakers trust each and every one of you to follow your own inner leadings in taking an active role in finding your way on the spiritual path, yes. With this Correcting Time, there are a great many individuals feeling a positive shift in the mindset of the planet. Of course those bound by tradition, await the 'end of the old world and the coming of the new.' This new, of course, is already happening on a 'mindal-spiritual level' - not so much on the perceived book of Revelations 'last days' level.

Our focus of the Correcting Time has been to assist the world's inhabitants individually so that 'the coming of the new' may be done collectively - leading the planet into an era of Light and Life. With the awakening the world is experiencing, there are more meanings and values to be understood. People are finding that in even the worst of times there is tremendous growth to be had. Individuals are feeling a desire to do good - to expose dishonesty, and to go forth with their highest light.

Individuals on worlds settled in Light and Life have very little need for correction, for their communion with Father is practically a direct line; their knowledge of right and wrong is, literally, felt on the physical level; they have indeed learned from evolution, from world history, and personal past experiences. Children there, from the very beginning, feel that unconditional love, and are raised in an environment where all are valued, equally.

When these Light and Life sojourners pass from their native world they continue on right where they left off. For them, there is not the need for ego/animal correction, they simply continue their spiritual journey from the spirit level from which they are. I bring this out in tonight's lesson because as we are heading towards an era of Light and Life - know that much of our morontia training and new awareness will be learned right here while living in the flesh.

You each by now have a fairly secure spiritual foundation on which to build your morontia awareness - a spiritual mark to start from, so to speak. Most of the time you can practically and literally feel right from wrong. Of course you strive for perfection, and of course you will make mistakes - but the point to everything is that you reap the meanings and values therefrom. A true believer knows that in the face of adversity - there, is God; and there, is those lessons to be gained. Personal correction at this time has a new definition that says: 'God is with me. He is my Wayshower, ever lovingly guiding me toward Him.'

What has made you the person you are today? It is your experience, of course! Decisions you have made, yes! Meanings and values you have learned along the way, yes! And those that can find satisfaction and joy from that, do reap the highest meanings and values – therefore, attaining the understanding that leads to spiritual advancement.

We stand at the beginning of a wonderfully adventurous novel. We each have a page or two to add to it. There will be tragedy, but also triumph. There will be villains, but also heroes. And always will there be a moral to the story – something to add to the whole, something to offer to the world's evolution, something to give to the Supreme Being.

You each have gifts that add to the world's correction. Where someone may be lacking, there is another to bring that person, comfort. Where one has not the experience of parenthood, there is somewhere a child who will come into their life. Where a person has not had a parent, or even an adequate parent, there will be someone there to fulfill that lack. All this is the correction experience you would normally learn after arriving upon the Mansion Worlds, but from the status that the world is now, you have the opportunity to attain this in your life in the flesh, yes.

Last week we spoke about ministry tasks – and that in combination with these Mansion Worlds' lessons you each will fulfill a far more challenging role than you thought. In your Mission training here, you will receive comforting fulfillment where you once felt emptiness or lack. If one has not had the wholesome experience of the family life, they can gain a great deal of comfort (and yes even at times frustration) here in this group.

Yes, you will find a very real family life here if you should so choose. The sharing of your own personal experience helps those who are lacking in that area to become aware and attain useful tools in aiding them when they likewise have that experience. You can certainly gain personal correction working with others, yes, but also can you be made to feel like an important member of a family – needed and loved 'as you are.'

The morontia corrections are here to bring fulfillment, comfort, and spiritual growth. Where one may feel a deep longing within for acceptance, there will be a fulfillment according to the morontia lessons learned. I realize this may be difficult for some, but my main message this evening is that you need not spend a lifetime of pain or emptiness because you are lacking in some way. These morontia lessons are helping to bring correction; and, the fulfillment that makes you feel like a cherished child of God. You are one another's ministry tasks. You are one another's ministers. The fulfillment found here will certainly be felt by all those you know.

This week, contemplate what morontia lessons you may require to correct or fulfill some life pain or lack you may have experienced. Ponder your ability to freely share – to possibly help others to find comfort and fulfillment. Be aware of assistance coming your way to aid you in finding fulfillment and understanding those morontia

corrections. Also this week, read in our Urantia Book about life on the Mansion Worlds, yes. [See also this link about how the Mansion Worlds accommodate for mortal deprivations.]

No questions this evening. I leave you to each other. Know that always my love goes with you. Forget not we have our ministry tasks before us. Until next week, shalom.

We Get To Know Our Heavenly Parents Through Our Brotherhood With One Another
Abraham, WOODS CROSS GROUP 05-13-2002

Back

Greetings. I am ABRAHAM. What faith and trust you exemplify in welcoming me each week. What dedication and perseverance you show in living these lessons every day. I feel quite at home walking among you, knowing that you each love me as I am. In turn, I pray that you know we look at you in the same way.

Everyone has their flaws but also, everyone has their talents. All have been shaped by their personal experiences and their decisions made. How comforting it is to know that we can be exactly who we are, good or bad, and still be welcomed and loved. That is the meaning of a real family. The family concept will follow you and be built-upon throughout your eternal career.

It has been proven that biological families are not always encompassing that ideal unconditional love and acceptance. We are quite blessed to know that there really is not much greater love to be found than right here in this very group. There are men here who are excellent fatherly examples to those who have not the experience of a father. There are men here who have not the experience of that confiding comfort of a beloved brother. There are men here who are not typical of the average man on Urantia – those that seem to be led by ego instead of spirit. How blessed are we to have you, our brothers, among us. We each will benefit by your counsel and comfort throughout our days.

On that same note, how wonderful it is for us to be blessed by the various female personalities here. Many are wonderful examples of motherly caretakers who are always on the watch for one and all's well-being. How comforting it is to also know the benefits of an understanding and loyal sister.

Yes, what a beautifully balanced family we have to rely upon throughout our adventures in the flesh. How blessed are we that we may meet our universe Parents through one another. How wonderful it is to know that where one may be lacking there is another to bring comfort and understanding. This is the family. This is the kingdom. This is our rock.

Out in the everyday busyness of life, we are many times overcome with various difficulties; and this is so draining – spiritually, emotionally, mentally, and physically. What a blessing it is to know your family awaits your presence here each week as we gather – yes, to aid you in recharging that spiritual energy; and then, what strength there is to venture back out into the busyness of life.

Of course there will always be those challenging family lessons we will learn with one another. There will always be some hurt feelings or misunderstanding, yes. But

never do those occurrences ever outweigh the good to be gained from the family. Lessons on family life are usually the first taught upon arriving on the Mansion Worlds. While some solitude can be quite serene and rejuvenating, isolation can be quite detrimental to one's overall well-being.

When we view the Master's life with His apostles, we can find the various personalities that made up their family atmosphere: There were those who created conflict; the differing personalities that were diplomatic; the personalities that rallied faith and hope; and, the personalities who stopped pettiness and brought positive focus. Yes, a family indeed.

Those worlds settled in Light and Life are taught 'the world is my family, every woman is my sister, every man is my brother, every child is my child.' As you each grow closer to the spirit you will find it easier to embrace this concept for yourselves. There will not be too much of that awkwardness between strangers because deep down we all have a great deal in common.

There will always be those certain personalities that cannot seem to be reached - and this is not to worry, only to feel comfort in that you have put forth your best effort, yes, and sometimes you just have to move on. When your resources have been exhausted with certain difficult personalities, it is acceptable to leave them to Father.

How do those families on enlightened worlds deal with family difficulties, injustices, or misunderstandings? Usually, the problems are discussed between those individuals involved in the difficulty. Many times, there are older family members who aid in mediation and offer guidance. Sometimes there are experts from on high, elicited. There is always a point to where many families will seek the counsel of a spiritual counselor. My point here being - that always is there action taken towards reconciliation. Never do these family members allow resentment to be built because of pride or slothfulness. All difficulties are handled immediately to maintain the well-being of the whole.

You, my friends, have been through many difficulties and have grown considerably with each hurdle. This is indeed, part of your training, part of your morontia correction, part of what you will be teaching in the future. I find it wonderful to see your efforts towards contacting one another during the week - and not just at meeting times, no. Fellowship is filled with benefits that bring comfort to the soul as well as the mind. In this age of disposable families, there are a great many difficulties arising because individuals are seeking that comfort from outside family life.

This week, as you reach out and communicate with one another, reach also for those in your own families, as well as coworkers, neighbors or even strangers. As we move forward towards Light and Life, we will be dealing with everyone on a 'family level.' We feel safe here in this room to be who we really are. Let us practice this week on taking that idea out into the world. Reach out to those individuals you meet with a brotherly attitude and see the power of God at work. Are there questions?

CALVIN: Abraham, I would like to formally welcome Robert P. into our group. LaReen (Inera) is back with us. And we have Mary Huggins and Joilin Johnson from Colorado going back home this week.

ABRAHAM: Greetings, and welcome. Are there questions?

AZSURAY: Abraham, I would like to ask a question about the Light and Life era. I wonder if you could tell us what the religion will be called at that time? Or, will it be much the same religions as do exist today, and have the same teachings that we have now? I ask this because per the Urantia Book, it speaks of our one day, 'one religion,' 'one language' and 'one race?' Could you possibly know that? Thank you.

ABRAHAM: Azzuray, that is a most difficult question to answer. From my knowledge, there is really not name nor description of religion on those enlightened worlds. It is so completely common that there is not various religious leaders promoting this or that, no. Those enlightened worlds are also encircuited spiritually so that their closeness with God does not require persons or books to go through. We are definitely far from that picture you have portrayed for us, my daughter, but definitely, we are on our way when the majority of individuals on the planet, at the very least, have faith in a Higher Being. Yes. Does this at all help? (Azzuray: Yes, and thank you.)

ROBERT: Abraham, what is the nature of the spiritual names, and our purpose for knowing them?

ABRAHAM: The spiritual names could be thought of as names of the soul, or the name that God knows you by. The names are normally revealed upon fusing with the Adjuster – but for this Correcting Time, the names will be revealed to allow individuals to feel a certain closeness with Father and to the spiritual life. Those individuals who receive their names tend to feel a closer presence to God, as if He knows them personally, which He does. Yes. Is this answering? (Robert: Yes.)

Abraham: Another question?

MIRIAM: Abraham, I was thinking – it just kind of blows me away... like twenty years ago, or when I was a little kid, I used to think about how I wished people loved me or I would think about the differences between me and people. Now I am so overwhelmed, like this week because of Mother's Day for starters, what a precious gift that I have my mother who always, unconditionally, loved me no matter what I did; and I was a mess. And now my husband is the same, and my friends. This is an experience of what I have in common with people instead of differences. In your lesson tonight, it just resounds – the difference of knowing that Father loves us, and building upon that more and more. The more I feel it, the more I see that we are alike. It is pretty powerful; it is really simple. But I could never see that before, and now it is everywhere. I guess that is not a question, but it is amazing!

ABRAHAM: Beautifully said, my daughter, Miriam. But this understanding took many years of experience to transform your thinking – in which brought those thoughts into actuality. Not that there was not commonality or love before – but because of your realigned positive thoughts, you could perceive this love and feel the gratitude therefrom. Yes, this is life-changing; transforming, yes. Would not it be

beautiful for all children, from the beginning, to know what took you many years to understand? Someday this will be reality. Wonderful comment, Miriam! Another question?

CALVIN: Abraham, speaking of families – in your lesson on the importance of a family, it would appear that during the dark ages, prior to the Correcting Time here, it was quite an asset that some of these religions had a strong family structure or base or teachings, which probably held things together. Would you comment on that?

ABRAHAM: There is not a more excellent example of that than the Master's family. There were spiritual lessons taught – the basics really, but not textbook laws and rules. The Master taught by example. He lived a righteous life, and therefore, His words to His family had meaning. He did not preach spirituality one day and then go against that concept the next. It is most beneficial when parents can live a right life and teach children from their example. At each age, children are ready to learn new concepts. (Pause.) (Ellanor/TR: I am sorry. I am about done here. I am hot. I am getting tired.) Abraham: It is best to teach those new understandings when children ask questions. Forced spiritual learning is very detrimental to that child who is supposed to simply believe God is about love and doing good.

Yes, yes, we are finished. [laughter.] You each know my love grows for you more and more every week. Until next time, shalom.

Successful Families Always Recognize Father At The Head Of Their Table

Abraham, WOODS CROSS GROUP 05-20-2002

Back

I am ABRAHAM. Greetings. With each week that passes I am evermore inspired by you each, my brothers and sisters. I am always uplifted and filled with more and more hope for the planet as a whole by watching you, this small but powerful family, yes. It is easy to see your recognition of one another as equal fellows in the kingdom, to make everyone feel a part and accepted as they are.

In this family setting, you each have learned to go beyond the individual self, to embrace the larger concept of the whole; this is leaning away from ego/animal tendencies towards universal concepts of the eternal family.

Why have you stayed so long with one another? Why have you continued to come back week after week, even when feelings were hurt? Why does this particular group meet with such family success? The answer is very simple really – you are, for the most part, committed to having Father, our First Source and Center, at the head of the family.

Successful families always recognize Father as the head of the family; and from there, all other stations in the family are equal – meaning that there is not one chair higher than the next, there is not one family member more important than the next. Most family decisions are made only after conferring in prayer with Father and/or Michael. A successful group recognizes a higher power greater than themselves.

On this evolving world, how blessed is the individual who has the support of the whole. Just to know you are deeply cared for and valued gives such strength to not only endure the trials of daily living, but to be triumphant and inspired to uplift others. This world being experimental, there occurs a great many difficulties that are new to the planetary helpers. So you see, as you learn, the planetary helpers also learn.

Many times we marvel at your persistence to carry on, to overcome resentments, to find forgiveness, to spread goodwill, and to continue on in faith. Truly blessed is the one who has his fellows to strengthen him during the difficulties, and also share in the joyful times. Isolation and loneliness can be a slow and painful demise of mind, body, and spirit. How blessed are you that can bear the burdens with your fellows, as well as find hope and strength to carry on.

Citizens who dwell on enlightened worlds know not firsthand the experience of 'lack;' they can only really understand through observing history. These Light and Life citizens have not the fear that you evolutionary citizens know; they do not comprehend the emptiness that can be found in daily living. These enlightened people, from infancy, know love, acceptance, balance, justice, and fulfillment. They reach not for outer stimulus; their laughter far outweighs their tears; their fulfillment drives them to serve and take care of their fellows.

Having lived a mortal life, I do indeed understand that fear that can come from feelings of lack or emptiness. I have experienced that drive to materially find fulfillment where spirit should have been. Most of Urantian societies have something that temporarily fills that place of 'lack;' whether it is drugs, alcohol, food, or money, these are a sign there is emptiness on some level, there is a lack (or pain) that needs to be attended to. How wonderful it is you have each other to discuss these issues and find comfort from a family setting - yes, to find solutions.

For the most part, it is because of these feelings of emptiness that mortals struggle to attain self-mastery. It is easy to go towards the animalistic tendencies when feeling the 'fear of lack.' Really, most mortals feel lost in the unknown and seek quick temporary solutions that help them to feel secure. Citizens on the enlightened worlds do not struggle towards self-mastery for it is completely natural to them. They feel not the emptiness; they feel not the fear. They need not make desperate attempts to find fulfillment, especially using the ego/animalistic driving force.

I understand the struggle to attain self-mastery. I understand the fear of emptiness and inadequacy. It is easy to see how many of your fellows are pushed by the fear of emptiness to find temporary fulfillment, and to lean towards the ego's solutions, yes. This is why we continue in these morontia lessons. In this Correcting Time, we are assigned to aid you in healing those places of emptiness and lack. We seek to endow you with the spiritual tools you will need to attain self-mastery.

Do you realize that Light and Life begins with the self-mastery of each and every individual? Yes. So this lesson on the family is the first of many tools you can attain to conquer your fears regarding loneliness and the pain therefrom. To know that there is a brother at hand who sincerely cares, will help guide you toward a

divine process in making decisions. To know there is a loving sister nearby to uplift you in faith and inspire you to carry on, is also a reminder of where our focus should be.

This week, ponder those places within which feel lacking or empty. Journal down those habits that lead to temporary fulfillment but are not encompassing a divine technique. Dare to reach out for consultation with your brothers and sisters in your trying times. The individual who is closed-off in private, receives not. Do you see the loneliness therein? Do you see the tendency to sway toward the ego's solutions?

Who sits at the head of your family's table? How involved is Father in your daily living? You know quite well the choice is yours on how involved Father is. The choice is not Father's, but yours – He is always there, always waiting for your attention, always ready to strengthen you. Even in the darkest hours, always is He ready with wisdom to impart to you toward finding solutions, yes.

I am sorry, no questions. Find time to discuss this evening's lesson amongst the group. Know that I am closer than you know, and always willing to help you with anything. My love goes with you. Until next week, shalom.

The True Nature of Our Father | Is He What We Believe Him To Be, or What we Fear Him to Be

Abraham, WOODS CROSS GROUP 05-27-2002

Back

I am ABRAHAM. Greetings. What a beautiful spirit we have here this evening. I am always in anticipation to view the unfolding of life – all life, your life. I can easily see how I have become a better friend, teacher, and universe citizen just by knowing you each. I thank you. The more I understand Father the more I understand myself. I am with more capacity to understand my fellows – and therefore, I am with tremendous amounts of love.

Last week we discussed Father being the head of every successful family. This week I would find it beneficial to discuss the true nature of God. On this world, God has been many things. He has been a judge, a redeemer, a fantasy, and a reason to do anything and everything. On the Mansion Worlds we find there is great need for correcting the individuals' perception of our First Source and Center.

It is written that the human father is the highest possible concept you can attain to knowing God. As history has shown, however, many of the human fathers have been an example of everything God is not. Evolution is showing great improvement, true, but history has formed various concepts of the human father that are transferred into beliefs about our Supreme Overseer.

What would you really like Father to be – kind, understanding, loving, forgiving? Yes, and always assisting us in everyday living. What do you fear God to be – condemning, controlling and merciless in His teachings? There is a great span between what individuals say they believe God is and what they really fear Him to be. On the mortal world, God is who you make Him. God is who you believe Him to be. Years and years of conditioning (or improper education) can certainly cast a negative shadow over the true nature of God.

With the world's awakening, individuals are realizing their standard set beliefs are not enough – they are ingrained with fear. Therefore, many individuals will live their lives according to that belief. So many mortal deeds are done in secret as if they can hide from God, and then in full view out amongst their fellows, they portray to live a righteous life. Many can only find small bits of life to share with Father, for they fear His input. Their beliefs in His true nature are skewed and therefore they only allow Father limited space in their hearts and minds.

As you may have gathered from my own personal history, I have thought of God as many things. I worked to gain His favor so that I may become more powerful. I believed that if I lived my life a certain way, I could be free from average mortal adversity. God would surely see to it that 'His favored were to live a life of ease,' and for me at that time, it was true – that was my God.

With the teachings of my friend and mentor, Machiventa, I learned a great deal in seeing how he lived his life and interacted with Father. God was not to be bargained with. He did not send down the harsh rain on His unfavored children, no; nor did He give any individuals relief from required experience.

Yes, through Machiventa's example, I learned that Father is my closest ally, friend, co-worker, and unconditionally-loving Parent. He is kind beyond my ability to find words for. He seeks not to punish me for my erring ways, no, but just to guide me toward better ways. He loves me beyond my own ability to love myself or even love Him in return. He seeks not to test me just to promote soul growth, no; He seeks to assist me in those tests that experience naturally brings. He knows me better than I know myself and loves me regardless of my wrong deeds. Father does not view us as ignorant erring children, no, He sees us as intelligent and striving children that are of Him.

On worlds settled in Light and Life, the citizens, from childhood, are introduced to a wonderful ever-growing concept of God the Father. There is not need to exclude Him from any area of their lives, for to be without Him, to them, is death – it is unthinkable. Their lives are filled with such joy and satisfaction because of who their God is; yes, because of their concept of Him. They know from where they have come, and they are blessed with the certainty of where they are going – and they live their lives accordingly.

These Light and Life citizens have not that ego-interference that would tell them to hide various deeds from Father – for fear He may not approve and even try to stop them. They are not burdened with the dysfunctional beliefs in fatherhood that you here on this planet are.

I realize many of you have not the 'healthy father experience' from which to draw, but you have the Correcting Time, you have these morontia lessons; you have each other; you have me, you have a celestial Overseer that would go to any lengths to bring you to Him. You have everything.

This week, I ask you to journal your concepts of who our First Source and Center really is. Also, list those feelings you receive when hearing the word 'father.'

Ponder your experience with your earthly father, or any male figures, and attempt to find understanding or possibly even forgiveness for them, for they are not God - they are only mortal, like you.

Also, as you strive to be God-like, be sure to be aware of how ego may interfere to skew your perception. God really is who you make Him, yes. As we journey forth into these morontia lessons, allow yourselves to become purified with new understanding; allow the old to fade away while the new can be reborn.

No questions this week, perhaps next. Know that you are always in my thoughts and always is there a place for you in my heart. Go in peace. Until next week, shalom.

Jesus Is Our Most Visible Example Of Our Father

Abraham, WOODS CROSS GROUP 06-03-2002

Back

I am ABRAHAM. Greetings. I could sit here and listen to you all night. I am amazed, intrigued, and filled with hope at the ever-changing and growing heart of humanity. Within all this humanness, therein lies the true nature of God. I have seen each of you display some beautiful aspect of our beloved First Source and Center. There was a beautifully humbled expression of truth that is not known by the ego, but by Father's child/seeker. There was compassionate understanding that desires only to serve others without thought as to what can be gained.

Tonight there was displayed real wisdom that can only extend from true love. Yes, a beautiful example this evening, children, of our Father's true nature. In your desire to 'do good for no reason at all' you are indeed God-like, yes, examples of our Father. In pondering the nature of God, I often reflect back upon the life of the Master.

It is written: "If you have seen the Son, surely you have seen the Father." Jesus, in all His good works, was still never really understood. He had the power of the universe behind Him, and yet He used it not for His own benefit. He had a love for people that was rarely comprehended by the recipients. He had the courage to stand up for justice, and yet He could be found playing among the children.

While He paid no mind to finances, He was generous beyond measure - he gave of Himself. In the giving of Himself He truly believed He gave God. The Master saw past social status, financial status, skin color, even deeds done in darkness. He saw that soul-within, which was a potential eternal link bound for Paradise.

Never for one moment did Jesus ever think that He was above His fellows and was dutifully dragging along His fellows behind Him, no, for He sincerely believed He was one of them - one with God and yes, one with the universe. Our Master knew that His fellow's growth was His growth, their sorrow was His sorrow, their joy was His joy. He was, and still is, an excellent example of the true nature of God.

I also believe that - as you journey Paradise-ward will you also view those God aspects within our local universe Mother Spirit. While She is the embodiment of grace, also is She with the strength of a universe. While She is beauty, also is She with intelligence. While She is with the instincts of a Mother who fiercely loves

Her children, She is capable of understanding what they truly need. She is not blindsided by Her love for them, no. She longs for their health and well-balance.

Perhaps your earthly parents fall nowhere near this example of Michael and Mother. You can very well this day take Michael and Mother in as your own – they do have the power to heal, to correct, to guide, to bring you to your true self. They each love you as if you were their only child. In this renewed relationship with our universe Parents, we can find healing, forgiveness, and understanding for the past. We can be strengthened, inspired, and encouraged to move toward the future.

In a healed perception of parental caretaking, you can find yourselves to be better parents to all children. You can be a source of inspiration to those who also feel that unfulfillment that comes with lack of parental influence – yes, love. Our lesson will be kept short to take questions.

For this coming week, study the Master's life. Ponder the responsibility that our universe Parents have. Think about how they know you; how they love you. Look within to be sure you do not feel unknown. Find time to be alone with your universe Parents. Are there questions?

ROBERT: On a moment-to-moment basis how may I know the Father's will?

ABRAHAM: This is difficult to answer, even for me now. I can say that some acts of following God's will, happens out of natural desire to do right by Father, by your fellows, and by yourself. Decisions to follow the will of God most of the time are just done without too much thought interfering into the natural flow of it. Of course as one begins to know Father, one desires to do good. To contemplate too much on following the will of God regarding some situation can allow openings for the ego to under-handedly find ways to take credit or be the hero, yes. In your learning to be within the will of God, your best bet is to work on self-mastery, and to sharpen the skills of the spiritual life: One being, to take time for stillness practice. Another being, prayer. Another perhaps would be, study. A mind stayed on God is more likely to follow the will of God. Do you see, it is difficult from moment to moment to know if you are within the actual will. Your best focus would be to nurture that relationship between you and Father, and following His will will come naturally. Is this helping? (Robert: Yes, and thank you.) Abraham: Another question?

CALVIN: You said in tonight's lesson, Abraham: "The Master paid no mind to finances and yet, was generous beyond measure." I guess you are talking about His adult life. My understanding from the Urantia Book is that He carefully calculated the structure of the financial needs of the family. Could you clarify that a little? My big concern is daily finance struggle.

ABRAHAM: How many years have you inquired on this topic, Calvin? (Calvin: All of them.) Abraham: You tell me what you have learned.

CALVIN: Very good. [laughter.] Experience has taught me that things pull through, yes, but it's always right to the barely 'just enough' and 'just in-time,' to where I can test it again next time that seems to somehow pull through to the barely barely again. I would just like to move on in life. Of course, I understand I have

more responsibilities than most, with ten children. I would like to feel financially secure so I could do what I love doing in life, including this Mission work, and not have to be so held to this daily grind. Maybe it is like Jesus being held to His responsibility and then He transferred that to James so He could be free. I can't 'transfer that to James.' So what have I learned? I guess I've learned that next month my financial challenges are all going to be there again. I know there is a bigger picture than that, but ...

ABRAHAM: The Master's Mission out among the masses did not really begin until His family's well-being was secured. You still have great responsibility to provide for your family. This, in itself, is a Mission. To feel materially taken care of as a child, brings them security. To know their father cares for their needs, makes them feel valued – this is our Mission! To bring the good news to your co-workers is our Mission! To arrange your finances with a loan officer so that you can fulfill your obligations, is opportunity to show aspects of the true nature of God – that He does take care of responsibilities to His children. Yes, that is our Mission! Yes, when all is said and done you know that finances can be handled by you more efficiently. Preparation for a rainy day is not sinful. I cannot ease your anxiety or guarantee you will be able to pay your debts. All I can do is reaffirm what I have said over the years – to trust Father to guide you toward opportunity. With worry and anxiety, how can He possibly get through? When I spoke of the Master's generosity, I was referring to Him giving of Himself, not money – and surely all else was given unto Him, yes. Is this helping? (Calvin: Yes, it is helping very much. Thank you again, Abraham.)

LUKE: Abraham, I've missed you. Back to Calvin's question – I got a lesson the other day that if I will seek spiritual growth over material growth then I will find my successes in all aspects of my life. I know that the truth is there in that statement, but it is hard to accept that when my needs are in my face like they are. My question is, can you tell me if my lessons are coming through alright? and what I can do to be more clear?

ABRAHAM: Yes, for the most part you are understanding your lessons, but you would do well to confer with your close fellows more. You are feeling some misunderstood disappointment. This is unnecessary, my son. You at times measure your worth as a man by monetary means. You are overlooking, possibly even misunderstanding, some things. To conference with your fellows should clear this right up. Have not worry. Do your best for the next few weeks to be here with the group. They bring balance and clarity. Have not worry, my son.

With that, I will take my leave. Know that you are each unique and distinct personalities with immeasurable value. My love goes with you. Until next week, shalom.

Trust In Father Was Jesus' Strength In Any Difficult Situation

Abraham, WOODS CROSS GROUP 06-10-2002

Back

I am ABRAHAM. Greetings. Every day that goes by I am with more and more gratitude Father has given me the gift of you, my friends, students, and coworkers. I am always amazed at how mortal concepts grow beyond the individual self – to embracing

a larger picture. In this time of correction and the receiving of these morontial lessons, as a whole we are finding a beautiful mindal connection; we are finding healing; we are receiving benefits that we should have had had it not been for the planetary isolation.

As you grow in spirit you will find this mindal connection miraculous, yet citizens on enlightened worlds find this an average occurrence – they could not imagine life without it. As we move in toward Light and Life our connection improves; and with that, comes genuine compassion, real understanding, a deepening of love for our fellows, and a clearer view of the will of God. This expansion of mind is dependent upon the willingness to let go of the self.

As we draw closer to understanding the true nature of God, we find ourselves reborn and with the sense that we are at the beginning of all eternity. We relax in the knowing that there is time – there is freedom to learn, grow, love, and serve. We can be released from the anxiety of feeling rushed, pressured, or behind. We can rebuild that confidence that only an aware child of God knows – that we are not lost; that we are not unknown.

Up until this point in this world's evolution, you could only receive the gift of this mind-connection on the Mansion Worlds. However, we are striving to move towards Light and Life status, and personal and planetary healing is being received now (in this mortal life); and with that, comes certain benefits, certain gifts – and yes, a great deal of responsibility.

In this mind-connection with your brothers and sisters, you can feel what they feel. You can have a deeper understanding of why they are the way they are. You can have Michael's understanding. Do you think that with such compassionate understanding you could ever really be judgmental, indifferent, or uninvolved? With Michael's understanding of one another are we ever really separate?

My friends, what is our common ground? Wherein are we alike? Yes, it is as cherished children of our First Source and Center. Does this not put the stages of Light and Life into new perspective, new possibilities? Yes.

Our last assignment was to study the life of the Master. Personally, I was greatly impressed by His ability to remain calm in most situations. What was that foundation He possessed and in which He built upon to remain unshaken in any situation? Yes, it was His trust. Trust in His connection with Father. Trust in Father's ability. Trust in Himself to receive from God.

In a state of anxiety, how could the Master have remained within the Father's will? Mortal anxiety had its way with the Master at times, yes, but always was it overpowered with faith and trust in God – in God's presence, in God's promise, in God's ever-unfolding potentials and possibilities.

The Master knew His fellows very well. Through His state of trusting in Father, and his ability to remain calm and open, He had an excellent mindal connection with His brethren. He certainly understood stress for He had experienced as much stress and anxiety as any of us deal with on a daily basis. It was in how He dealt with His

anxiety and stress that we wish to convey to our mortal students.

Michael and Mother ask that we let them parent us in that we can trust them, can trust in their abilities, can trust in ourselves to receive what we need from them. In a state of anxiety, we will not receive this gift of mind-connection with one another or our divine caretakers. Therefore I say, turn to our divine Parents for calm and clear-thinking. With a fast-paced life, there is not the freedom to receive many spiritual benefits. It all is dependent upon your will. Realize these benefits, children; they are here, they really are yours.

This week, I give no other assignment than to 'think about what you really want.' Look deep within and think about what you really want – not what you think God wants. Not what you think you need, but what you really desire from the core of your soul. We will further discuss this mindal connection and how it moves the masses. For now, a few questions.

DIANNA: Abraham, in our Urantia Book study group, we recently studied about faith and trust. Also, we found out from the Teacher, Bob, that faith is a gift. [inaudible.] The interaction between faith and trust was always very cloudy to me, especially when in a situation of anxiety and pain. I read recently in a Welmek transmission of the Indianapolis Teaching Mission group, that as we ask for trust, this activates faith. So the more we go down our life-path and ask for trust, the more and more are we able to access that faith. Is there any clarification on that? I always thought it was the opposite way.

ABRAHAM: To me the gift of faith is practically like a sword given to a child. Without life's experience and lessons this sword of faith can be dangerous. Faith is exercised through trust – to go hand in hand when experiencing life in the flesh. Your experience here is to learn to 'believe without seeing,' and there are many roads you can take to come to a truer understanding of the faith/trust system. If you have trust in only what your eyes see then your faith will be solely in yourself – your abilities, your level of control. You can have trust in spiritual leaders and your faith will be their faith, it will be their blueprint of faith, so to speak. Real faith comes from the experience to dare to step away from the self, towards something greater. Real faith is like a growing energy that is produced by having trust in something beyond ourselves. Real faith comes from daring to be willing to not care about your personal image – what you may look like to others, and even appearing foolish from time to time. The gift of faith is that sword from Father, in whom we must trust to teach us how to use it. Is this helping? (Diana: It is beautiful, yes, and thank you.)

MIRIAM: Abraham, a word/concept you used in your lesson has just been resonating with me – “a promise of Father.” I was thinking a promise from Father pouring down on us and us reaching up with our faith, is quite the contract. You are saying for us to step away from the self, even when we don't know that is what we are stepping away from, and start to grow toward that loving entity? And that we are to do this even before we know it is Father. Like when you all talk about co-creation and partnering, that the Father is in us and we are part of the Father. That promise is just a powerful concept! I was thinking that the promise can't exist for us unless we choose to receive it. Just a beautiful lesson. Thank you.

ABRAHAM: Well said Miriam, my daughter. You are correct in that the promise is there. We have only to receive it. Therein lies our freedom, our empowerment, our ability to co-create our eternal destiny. Yes, well said. One more question?

HARRISON: Abraham, this past week or two I have been experiencing a tremendous amount of peace. I am very grateful for that. I would like you to address the men in the group, the brothers of the group. I think we all have unique challenges, situations. I think I am just asking you to speak to all the men and helping perhaps each one of us some way to take another step forward and grow a little more this next week.

ABRAHAM: That is truly courageous on your part to ask on behalf of yourself and your brethren, yes. I really have no words of correction. I have no advice concerning each one's direction. I have only the swelling of my heart overflowing with love and respect for each one of you, for I view you in your daily struggles – how you do not quit, you do not give up. You each, for the most part, are willing to eventually embrace life's humility and be taught from it.

Yes, I understand your position and regard each one of you with great affection. My words for you are simple – my love is with you. Go in peace, all of you, with excitement knowing that God is our gift and ever upholds us in all things. Until next week, shalom.

Expanded Perception | How Is My Perception Of Life Affecting Me
Abraham, WOODS CROSS GROUP 06-17-2002
Back

I am ABRAHAM. Greetings. There is an interesting feel in the atmosphere here this evening. The things discussed took you each to a place of realness. There is a tendency at times with mortals wherein they might talk from a surface level. There is something to be said for the shock-value of reality. However, that makes people really turn inward to find their true beliefs – not just words, but a moment of internal reflection that makes all true things rise to the top.

Perception, my friends, is the doorway of your thought processing. How you perceive things will determine what you will learn. Much of mortal perception is somewhat of a trap in that from whatever emotional or mental state you are in at the time of perception will determine how you understand things and find the meanings and values therein.

I can remember a time where my surface-perception drove me to strive for worldly things. I wanted what others found valuable. I wanted what was popular at the time. To have all of life's things that others found valuable made me think of myself as also valuable. How grateful am I to have had the company of my mentor, Machiventa, for his teachings greatly changed my perception.

Certainly, from a very young age, is our perception always leading us toward various things. With life's experience, our lessons come and our perception changes. While it is true that the educated of the planet are quite fortunate in the ways of the world, that does not imply that their way of perception is unlimited – for much of

the time the so-called 'intelligent' are plagued by an over-abundance of logical thought such as 'cause and effect,' needing to be proven, and accepting results only by extensive observation and experimentation. Where does their faith lie! Where is that sense of 'something greater' than themselves!

Citizens on worlds settled in Light and Life do have great advantage where they are taught, early-on, the true and living values of life experience. Early-on they are not judged; therefore, they are not taught judgment. They are not ridiculed, made fun of or labeled; therefore, they do not incorporate any of this behavior into their personality. On these worlds, all of life is of value. There are not some individuals thought of as better than others. There is no thought to being more of a valued person because of years labored in education. Their seniors are not less valued because of age or infirmity.

Children, it is all a matter of how you perceive. Would you be overcome in thought by an automotive breakdown and look to the heavens asking, 'why me?' And yet, compare to that situation how you would feel regarding your own child who is suffering with a terminal illness. Is there cause for alarm at the petty annoyances in life? Is it worth raised blood pressure and other physical ailments anxiety can bring?

Perspective, children, perspective. Life is just life and it is just happening. How is your perception of it affecting you? Any aspect of life is especially difficult for those who make not time for moments alone with Father. Yes, the petty things of everyday-living can certainly burden one who finds not time for rest and reversion - there are not the coping skills for one who is with imbalanced perception.

I am sure that each of you who have seen a homeless man on the street has had at least a dozen questions run through your minds. The questions range from compassion to harsh judgment. With the new morontia benefit of mindal connection we can understand how he feels, yes. But for the most part, we cannot have any idea of what he has experienced; therefore, our perception must be neutral. "Should I give him the money he asked for?" "Will he use it to further feed his addiction?" "Is he really even homeless and not some sort of a scam artist?"

It is not really necessary that you do anything for the vagrant, but a prayer certainly would not hurt. But to perceive him in any judgmental light could only cause you to place upon yourself the same sort of judgment. Yes, it is all a matter of perception.

Take personal appearance for example: To age is not what others find valuable as far as aesthetics go. Therefore, a great deal of time and money is spent on a more youthful look in an attempt to buy personal value. It really only takes a small number of individuals to help create a change in mass-perception on issues and circumstances such as these.

Again this week, taking on the new challenge of expanded perception, again answer the question of what it is you soulfully desire. We will discuss this further next week. No questions. Know that myself and others are available to you each on a daily basis. We would so be honored if you should call upon us. My love goes with you.

Until next week, shalom.

True Perspective Comes From Knowing the True Personality Of Our Father
Abraham, WOODS CROSS GROUP 06-24-2002

Back

I am ABRAHAM. Greetings. My heart is overflowing with gratitude to view you, my friends, dealing with human matters on a divine level. You are like the rocks in the river of experience becoming more polished with time.

As you can see in the world today how differing perspectives has led to either destruction or advancement. You have also experienced differing perception on personal levels that has led you to positive or negative action. It would seem that man would fight to the death to uphold their perspective. And yet, when world catastrophes occur, personal perspective is set aside in favor of the wellness of the whole. It is sadly true that some devastation must occur to affect the masses before they can be open to new perceptions.

Regarding the questions: What is it that you soulfully desire? How does your perspective on life, in general, help you to attain that desire? What limiting perspectives may keep you from finding that one thing you so much desire?

Some mortals hunger for freedom – and from their perspective, they can see no way to attain that. Some desire peace and get the exact opposite because of how they perceive the happenings of everyday life and the meanings and values that come with it. True perspective comes from knowing the personality of our Father, yes, the true nature of God. And knowing Father, brings you to a place in your own thinking where 'self' does not come first, but the will of God does.

To truly know Father, Mother, Christ Michael, and their numerous associates, there is a growing knowledge within that says: "Indeed all is well and all is taken care of." Therein is found trust in our Divine Overseer's abilities. Therein is self-confidence in our own abilities to perceive with the freedom of clarity. There are not the past painful experiences to color your perception. There is not that place of unforgiveness that makes individuals strike out to receive the affection they have so long sought after.

I believe for myself, personally, my sole desire is to understand the Father and to do His bidding. Putting that theory in the forefront of my thinking, all else comes to me – I want for nothing. With that mindset I have everything, I can have anything. Yes, I am a trusted child of God who finds it most joyful to serve and be in the presence of my First Source and Center. I can see with His eyes. I can hear with His ears. I can love with His heart.

Father most definitely makes me more than I could ever conceive of being. In Him, I have power to fulfill my eternal career – by and through, joy. Of course I have sorrow at times, but I can now perceive with the understanding that Father has. I feel good about who I am and where I am going – and believe me, it took a great deal of time and experience for me to get to this place.

Perception is a window; emotions may act as a screen, and judgment may be a shade

pulled down. Personal self-loathing may be drapes completely covering my window of perception. Do you see, without the closeness to Father there is not that Parent/child closeness; there is not that feeling of well-being on any level – spiritual, mental or emotional, no.

Without that feeling of 'belonging to your universe Family,' there is always a searching for that feeling in other avenues – empty, temporary avenues, yes. Without that 'child of God' security, there is the self-perception of feeling inferior, so there is every reason to loathe the self, lose confidence, and to distort perception.

What are those things that lead you to that closeness with your divine caretakers? Are you allowing time to nurture that relationship? Journal if you will on low self-esteem issues. What avenues are there to turn the perception of weakness into progressive possibilities? A few questions.

SIMON: Abraham, I have been very interested in understanding what you mentioned in your recent lessons – your comments about having to go through the difficulties, stress, and strain of wanting to be better, to be something more, sort of spiritual pressure – and then having it open up to fruits of greater patience and so on. I don't feel like I have been very patient lately. I wonder about your analysis on that imbalance, or if I am just trying too hard.

ABRAHAM: Mortals, for the most part, are ever striving to progress; and when this progression does not appear to bring any fruit there is disappointment and impatience – which brings excelled determination to 'do more.' Doing more does not necessarily excel you in any direction except for, possibly, frustration. Simon, you have various stressful things occurring in life that you are having doubts over, or impatience-behavior, because you are uncertain about the outcomes of these situations. This is natural, of course. I see you as always putting forth great effort. Your reasoning however, may not align with what you have been trying to learn over the years. You can only have so much control in life – and if you can accept that, you will indeed live a less stressful existence. Impatience almost feels like you are being ignored or are unknown, and there is a fearful loneliness in that. If you can think back over your life how Father has always given you what you have truly needed, you can re-ignite the flame of faith – which should help you to have feelings of being watched over, and you can relax and allow the unfoldment. Is this helping? (Simon: Yes, and thank you.)

MIRIAM: I am really full of gratitude tonight. It has been six years since Don's automobile accident, and it is really profound for me this year because this Saturday is the anniversary of walking through that experience. I have been so overcome with lessons of heartfelt desire because without Father being there for me I wouldn't even have any heartfelt desires at all. What 'I think is possible,' and what 'I want,' and what 'I think I need' – I know now it is nowhere near what Father has in mind for me. So I just wanted to thank the Celestial helpers, Father and everyone, for knowing my heart and allowing my life to unfold like it is. It is just incredible. Another thing too is having those challenges happen in life wherein we can have opportunity to reach to Father for help. It might be an easier process for some people to learn the day-to-day life reaching to Father, but for me it has been

quite an experiential process. Now I am learning in a softer, easier and more kind way. I can choose to put my head on Michael's knee in the middle of the day. Just a huge thank you to all of you that help each one of us and who get to discover what our hearts' desires are. Without, I wouldn't know what I am capable of having in my life. So I thank you.

ABRAHAM: Beautifully said, my daughter. Out of this tragic event, we have found each other and I have been most honored to be your friend and teacher. It has been beautiful to behold your growth. You learn a great deal through your softer countenance these days, but also are you a wonderful teacher to those who know you. I am also overjoyed at this time of this anniversary. Give my love to Don. (Miriam: Thank you. I will.)

AZSURAY: Abraham, you gave me my spiritual name, Azsuray, and you said the meaning of my name was one with many burdens. I would like to ask the question – is it because I have many burdens my name is Azsuray? or is because I am Azsuray that I have many burdens. If so, it seems I am living up to my name. I would like to know how possibly these names come about because really that name is my namesake.

ABRAHAM: There may have been some confusion. The name is more akin to one who has become more enlightened because of the burdens of life. No, no, you are not one with many burdens, nor do you draw those to yourself, no. I am certain that you are like a diamond becoming more perfected through the pressures of mortal life. You have remained faithful in many of life's uncertainties and that is quite beautiful. I can say this about the names, although my knowledge is somewhat limited: Your indwelling Adjuster, upon realizing your first conscious thought of Him, bestows upon you your name. These names are chosen to reflect the budding soul they have come to know. Much like mortal parents giving names to their own children, names are chosen out of that parental love your personal Fragment has for you. Is this helping? (Azsuray: Yes. It is beautiful.)

ABRAHAM: With that, I will take my leave. Know that you each are with God-given gifts that lead you closer and closer to Him. Your closeness need not be found through me, or any books or other outside sources. You each can trust in yourselves to find that 'God within' who loyally strives for your wellness every minute of every day. My love goes with you. Until next time, shalom.

The Urantia Book | Crucial Crossroads of Change | Celestial Help Continues
Abraham, Urantia Fellowship Conference 2002 -- Estes Park, Colorado 07-03-2002
Back

International Fellowship Conference of the Urantia Fellowship (IC2002). Held this year in Estes Park, Colorado.

[Many within the Urantia community were not supportive of the Teaching Mission/Correcting Time movement – seeing it as an intrusion and perhaps a distraction from the Urantia Book study. This Wednesday evening meeting in Estes Park, Colorado was requested at the behest of Abraham (and/or his superiors) to address the Urantia community. This meeting was not a part of the Fellowship Conference agenda, but a side-scheduled meeting. Some of the skeptics of the Conference did attend this meeting.] I am here. I am ABRAHAM. Greetings. I am in

understanding that to many, this process of communication seems strange and not aligning with your textbook (Urantia Book). I would reiterate that at this time in the history of your world, you are at a crucial crossroads of change.

Lo these many years, we have been making efforts toward swaying the mass mindset toward practical spirituality. Concepts are born every day that lead toward a practical spirituality – and without education, and putting these concepts into practical use, they will die. And that is certainly acceptable, yes, but there is a danger in losing those practical spiritual realities, that without, either drives a world's people further toward animalistic tendencies; or, mystical non-reality. It is our hope in this Correcting Time to bring a balance of logical spiritual action.

The Teaching Mission brings your textbook to life (Urantia Book). You can study all you want, but putting these concepts into practical daily living takes a great deal of effort. We are here to help move you forward to the actual living of the principles of the Urantia Book. The book can seem a bit technical or mechanistic, yes. We are hoping to bring a balance to this book of truth by adding love, and, making God the Father more reachable – or perhaps I should say, more useable.

As you have seen in religious history, there is imbalance; imbalance meaning, where there seems to be a need for an individual to stand above the rest, a need for certain individuals to appear to be more righteous or holy. The Correcting Time Teaching Mission brings a blended balance of Christ-like humility and a secure consciousness of universal well-being. The Master did all that was divinely and humanly possible to defer any self-glory; His mission was straightforward, looking toward the Father and His will.

How did Jesus of Nazareth maintain a wonderfully-balanced ministry where His eye was single to the glory of God? How was the Master so perfected in self-forgetfulness? Why was any self-elevation so distasteful to Him?

Our Master simply knew the Father's love – He had all He needed. And in this, there was no desire to call attention to Himself to gain the love and respect of His fellows. There was no joy for Him in self-glory. His complete joy was found solely in the Father's love. He was very secure – which, unfortunately, many in the mortal experience are lacking. Of course Jesus realized His divinity early on; and certainly, this was a great asset.

It is understood that you, on a strife-torn world, would experience a personal and even a collective insecurity. It is our goal in this Correcting Time to bring back what has been lost; to correct what has been wrong, and to bring light where there has been darkness.

Citizens on worlds settled in Light and Life have not the knowledge of this insecurity, for they have been educated from the day they were brought into existence that they are valued and loved, no matter what. These enlightened citizens seek not to step upon their fellows' backs to rise above and be seen as superior, all for the gratification of the ego; they work not against each other; the concepts of the various social classes mean nothing to them.

The citizens of Light and Life are all, indeed, parts working for the good of the whole. What is good for one is good for all. What affects one affects all. Indeed, these Light and Life residents are wholly secure in their universal citizenship, yes, and in their faith as a son or daughter of God.

In the Teaching Mission, we strive to bring back that 'lost security' - to make every individual feel valued and loved as an equal part of the universe. Not one is closer to God than another. In God's eyes, He loves each child as if it were His only child.

Our Mission is to unify, to equal the imbalances that tend to come with the mortal ego. I am saying, we are here to assist - not to shame or guilt you into spiritual submission, no. Our goal is to bring personal spiritual security. Not one stands above any one of you. Spiritual knowledge does not make one individual any more valued than another. To have that spiritual security brings new confidence - confidence to be in the world with an eye single to the glory of God.

There is not any religious practice, really, that can make you have more faith. There are many rituals mortals perform hoping to invoke God's presence, yes. I am saying God's presence is there already, no matter what! no more, no less. It matters not the time or mindset, He is always there. It is your willingness 'to allow what you think you want and need' to dissolve that will bring you more spiritual security, more cosmic connection.

For the remainder of the Conference, ponder your spiritual security, your personal mortal security also. Contemplate your status in the kingdom. Measure your faith/trust factor against what your eyes tell you is reality. Know that you are each safely secured within the love of the Father and His kingdom. Are there questions?

BILL KELLY [Pocatello Idaho TM group.]: Thank you, Abraham for your words here this evening. For the last several months in the Teaching Mission, Daniel and Minearsa, our group teachers - and many of the other group's transcripts - have dealt with the topic of 'living the morontia life, now, in this life.' Also have they taught regarding our role as cosmic citizens. And obviously, this is some of the emphasis-teaching that is ongoing at this Conference. It seems to me that the celestials are not just busy with Teaching Mission folks, but maybe also with other leadership in spiritual realms. I was just wondering if you could talk about that.

ABRAHAM: Absolutely. This, our Teaching Mission, would apply to all who would listen. As we move toward Light and Life, there has to be a great deal of healing and correction, just as it would happen on the Mansion Worlds. Yes, the Morontia lessons are occurring now. Where many are lacking, there will be instructions for overcoming and taking on a new and better way of living. The upheaval in the world today, a lot of it, is due to not having this morontial information, but incessant struggling with the ego and the desire for power and superiority. Yes, we are reaching whoever will listen, yes. Thank you.

QUESTION: Abraham, what is the new role of 'men' in this Correcting Time?

ABRAHAM: I would be careful in my answer, for there are many things that men must overcome, and a great deal of the difficulties stem from ego involvement. Fortunately, however, the willingness on the part of men to stop enforcing their long-held beliefs, and be more in a state of 'receiving' and 'listening,' will be a giant leap forward. I, personally, have witnessed that steel-exterior of many men break down through the realization of the changing times. Man would be left alone in a changing world if he would continue to carry on in a fashion where he believes he is superior to women, to children, yes. The evolution of the world has been an informative map to guide men toward a new way of thinking. History has been your best teacher. The breakdown of the family, although truly sad, has been very educational. You can see the damage children have suffered for having no fatherly experience, or negative experience with male figures. I perceive men's future roles as being one who would grasp self-mastery for themselves, and to portray a beautiful example for others. While man is wholly free to do as he wishes, he selfishly finds some joy in that. Many men are missing out on the valuable experience of family. With this, there is a damaged self-esteem that drives men toward further self-destructive behavior. A family is a builder of security; a reflection of your life's work; an introduction to the eternal career. We are with great faith that men have heard our message and are positively responding. We foresee wonderful changes ahead, yes. Good question. Thank you.

QUESTION: We know that the midwayers, of course, were the initial partners in bringing us Part IV of the Urantia Book. We also know that the 'sleeping subject' is mentioned in parts of the Book. And it is curious to me, that some people are saying that celestial contact was broken, or ended, when the book was compiled and then published in 1955. I am wondering if you could give us any insight to show us that indeed, celestial contact was not broken but has continued – not just renewed at this time in the Correcting Time?

ABRAHAM: The contact was not broken, no, but there is always a pause in bestowing spiritual information. There needs to occur a number of evolutionary things that bring the minds of mortals up to date with what is being revealed. To bring 'too much' information is asking for man to become fanatical and off-balance. The midwayer's involvement is monitored and guided to go with a flow of natural evolution. Am I answering?

SAME QUESTIONER: Yes and no. When you said that a certain amount of time had to occur, and that the mortal mind had to be ready for it, my mind immediately thought of – from the time that the Urantia Book was completed and the time that it was published we had World War II, the Korean War, and certainly the Viet Nam War followed immediately after that. Maybe the mortal minds were not ready to receive. I don't know if I'm putting words into your mouth. I just thought of that as you were talking.

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CALVIN: Abraham, there's a growing mindset among the Urantia community that says there should be a 'Urantia-based church' established – an organized church-setting. This is probably something you'd like to stay out of, but if you would have a comment on that? It is a concept that is generating even here at this Conference.

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The Urantia Book | Crucial Crossroads of Change | Celestial Help Continues
Abraham, Urantia Fellowship Conference 2002 -- Estes Park, Colorado 07-03-2002
Back

International Fellowship Conference of the Urantia Fellowship (IC2002). Held this year in Estes Park, Colorado.

[Many within the Urantia community were not supportive of the Teaching Mission/Correcting Time movement – seeing it as an intrusion and perhaps a distraction from the Urantia Book study. This Wednesday evening meeting in Estes Park, Colorado was requested at the behest of Abraham (and/or his superiors) to address the Urantia community. This meeting was not a part of the Fellowship Conference agenda, but a side-scheduled meeting. Some of the skeptics of the Conference did attend this meeting.] I am here. I am ABRAHAM. Greetings. I am in understanding that to many, this process of communication seems strange and not aligning with your textbook (Urantia Book). I would reiterate that at this time in the history of your world, you are at a crucial crossroads of change.

Lo these many years, we have been making efforts toward swaying the mass mindset toward practical spirituality. Concepts are born every day that lead toward a practical spirituality – and without education, and putting these concepts into practical use, they will die. And that is certainly acceptable, yes, but there is a danger in losing those practical spiritual realities, that without, either drives a world's people further toward animalistic tendencies; or, mystical non-reality. It is our hope in this Correcting Time to bring a balance of logical spiritual action.

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Doing Service For The Welfare Of The Whole, Not For Self-Credit

Abraham, WOODS CROSS GROUP 07-08-2002

Back

I am ABRAHAM. Greetings. I thank you for your steadfastness in supporting this cause. It would seem that we really never fully appreciate our immediate family until we are away from them. You possess quite the anchor here in your group in the sea of vast possibilities. You each have grown to love and accept one another in spite of personality differences. You each definitely generate an ongoing energy for one another. You each bring balance to one another.

It is only because of your willingness to support these teachings that they even occur. Any one of you are fully capable of receiving this, or any message. As well, you each have an adequate basic knowledge on how to connect with the indwelling Adjuster. This was, in part, what our Mission had entailed from the beginning. You are teachers to one another. You each bring upliftment to one another and the strength to go forth into the world with an ever-renewed faith and hope.

There is a literal energy that moves through and between you each when you are gathered together. It is not completely understood by us but when you gather there is, for the most part, feelings of spiritual safety. Perhaps the saying of old by the Master explains it best: "Where there are two or more gathered, there also am I." Yes, there seems to be a feeling of solidarity and a significant presence of the Master when you gather together. It is a truly beautiful feeling to know that your brothers and sisters are at hand. It is comforting to feel that regeneration of energy when you are together – energy that seems to give you a renewed strength for the coming week.

Citizens settled on enlightened worlds have that family connection with everyone they meet. Stranger or not, there is 'a knowing' that each person is a well-loved child of God. In their worship services, very little is ever spoken because in just the gathering alone there is an obvious energy that brings renewed strength and balance to go forth into daily living. These individuals see no separation, no differences, that would make anyone believe that their fellows are any less of a child of God than anyone else.

These citizens utilize this energy to create workable ideas that serve the whole. There is a creative spark that occurs that generally makes life better, more beautiful. There is not the jealousy or envy among these people. There is a genuine gladness for any individual who has a brilliant idea. In having the support of their

fellows, they feel less limited by the material life because they fully rely on their peers to bring balance and progressive ideas to add to the original ideas.

It is said that 'two heads are better than one.' This may be more true than you know. Those minds who promote wellness for the whole have the support of an entire universe – and believe me, at times it is easier to gain the support of a universe than it is from our mortal counterparts. Of course one can only lend support to what one finds to be true, yes, that is understood and certainly encouraged. There are still many individuals however, who have that need to gain credit for lone projects. Many good ideas die every day because they are not shared and made more by other's suggestions, other's creative avenues.

As we move toward Light and Life it is crucial that we desire a realness for the whole – and yes, that includes personal wellness; but true personal wellness comes about through doing good to others, looking out for one another's welfare, and having given up the desire to have special credit.

When we look at the Master's life, we see how He delegated much of the work out to His apostles, disciples, even the little children. He was the Creator of a universe, why should He engage in trusting His fellow mortal friends to do such important work for the kingdom! He could have very well done it all on His own, and probably without such aggravation. He, however, deeply loved His associates, and by delegating work to them it made them feel like a genuine part of the kingdom.

One who would attempt to do everything without trust in their fellows to share the load has only self-trust, a need to control, a need to push forth personal agendas – this is not a generation of energy, no, this is to feel the burden of the world upon your back. Your fellowship, your communication, is as important to your own personal balanced well-being as it is to the kingdom as a whole.

What would you believe to be the most significant thing individuals could do to help usher this planet into the stages of Light and Life? Is there safety in numbers? Is this group a safe place to build creativity or new ideas? When you are listening to your fellows' thoughts and ideas, what is the first thing that comes to mind? We can only pray that it isn't: "Where do I fit into these ideas? What is my role? What will they have gained while I feel loss?"

The masses truly do move the whole. Your best step toward this movement is to have genuine concern for one and all and to do what you can, within reason, to promote this. As we gather each week, I am made to feel more encouraged, more energized to be about the Father's business. We will forgo questions this evening. Know that my love is always with you. Until next week, shalom.

Promote a Calm Mind | Negative Thoughts Can Be As Detrimental As Negative Words
Abraham, WOODS CROSS GROUP 07-15-2002

Back

I am ABRAHAM. Greetings. I am much appreciative of this peaceful atmosphere here this evening. It is easier to impart my message when there are open minds and serene attitudes, yes. I understand it is difficult to keep a peaceful outlook throughout your week. Life seems to move so quickly and I understand that many of you have

worry that you are not taking those steps closer to Spirit – of course in the anxiety of worrying, you are not.

Many worry about the doing of Father's will and which direction they should go; this also produces anxiety and tendencies toward doing just anything, even perhaps things you do not want to do but feel that you should. Worry and anxiety are disrupters of the natural flow of life; yes, in a manner of quiet patience you are more equipped to go with the natural flow of daily living. In patient observance you are literally better connected to the spiritual circuitry – which practically leads you without your hesitation or questioning 'why.'

With these morontia lessons, we always refer to our relatives who are on worlds settled in Light and Life. These citizens are raised knowing this patient demeanor and observant attitude. Just in possessing this one morontial gift of patience, how much could the world change? These Light and Life citizens so much rely on the Father that it becomes rather natural 'to allow the unfolding of life.' Of course they exhaust their resources, but their spiritual information is not distorted due to anxiety and wondering if they are on a correct path or not.

This week, I would ask that you do what you can to promote a calm mind. For one week, try to allow the natural unfolding. And although it is easier said than done, trust that Father knows every detail of every occurrence; allow him His place in the unfolding, to aid you in perceiving His divine will.

Our lesson is twofold this evening. One, on a personal level, and the other is regarding the brother/sisterhood:

Every day, many individuals struggle to attain some sort of acceptance or love. Poor self-esteem seems to drive some individuals toward various activities that would bring self-worth. Much of this, however, is fleeting. Much of this 'searching' for love and acceptance is even more damaging to individuals who already feel very little worth, love, and acceptance. I am in awe regarding the influence mortals have over one another. It really is a living energy, bad or good, but nonetheless – a living energy.

There are many who know not their status in Father's kingdom; and so much do they rely upon their fellows to reflect to them their true being. You that are in the Teaching Mission, as those beyond on the enlightened worlds, have a wonderful opportunity to be a Godly reflection to your fellows. A small show of faith in a downtrodden fellow sure does bring a great deal of encouragement. Even individuals you know who live on the dark side of life would truly benefit from you showing them the potential you believe them to have.

I speak not of empty flattery, no, but confiding heart-felt encouragement. I am telling you of the awesome divine power you each possess. The power to do God's work is yours if you should so desire. A child who is encouraged, loved, and showed that they are valued, grows up completely different than a child who is taught he can do no good on his own, and that he can be no good just as he is.

The core of this message, however, is mostly for you to focus on your thoughts, your

thinking pattern. Negative thoughts toward others can be as detrimental as negative words. The circuitry upgrade brings you a great deal of benefits that perhaps you have not thought of before. Thoughts are real – and people can literally feel them; they can read negativity in your countenance. I say, this is not godly reflection, nor is it promotional of Light and Life.

It is important to be a source of encouragement and Godly reflection to your fellows by your words and actions, true – but if your heart and mind are not in alignment with your words, then perhaps your words are empty – and believe me, people know this. The individual who finds their self-worth in God has a true desire to go about sharing that divine encouragement and being a Godly reflection. This energy is moving and uplifting – making the masses look for the good, to be good, to do good. This is moving. This is real spiritual power. This is Light and Life living.

This week, along with the other assignment, be aware of your thoughts toward others even if you do not speak to them. Watch your judgment that might arise – your thoughts of compassion, or thoughts of envy. Remember, these thoughts are living. Also, think about being a Godly reflection, a source of encouragement; this is a light unto whom all are attracted.

You have much to think about. We will not take questions this evening; you have enough spirit moving amongst you that you can help one another with any questions, yes. I am with more love for you each time we meet. Until next week, shalom.

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I speak not of empty flattery, no, but confiding heart-felt encouragement. I am telling you of the awesome divine power you each possess. The power to do God's work is yours if you should so desire. A child who is encouraged, loved, and showed that they are valued, grows up completely different than a child who is taught he can do no good on his own, and that he can be no good just as he is.

The core of this message, however, is mostly for you to focus on your thoughts, your thinking pattern. Negative thoughts toward others can be as detrimental as negative words. The circuitry upgrade brings you a great deal of benefits that perhaps you have not thought of before. Thoughts are real – and people can literally feel them; they can read negativity in your countenance. I say, this is not godly reflection, nor is it promotional of Light and Life.

It is important to be a source of encouragement and Godly reflection to your fellows by your words and actions, true – but if your heart and mind are not in alignment with your words, then perhaps your words are empty – and believe me, people know this. The individual who finds their self-worth in God has a true desire to go about sharing that divine encouragement and being a Godly reflection. This energy is moving and uplifting – making the masses look for the good, to be good, to do good. This is moving. This is real spiritual power. This is Light and Life living.

This week, along with the other assignment, be aware of your thoughts toward others even if you do not speak to them. Watch your judgment that might arise – your thoughts of compassion, or thoughts of envy. Remember, these thoughts are living. Also, think about being a Godly reflection, a source of encouragement; this is a light unto whom all are attracted.

You have much to think about. We will not take questions this evening; you have enough spirit moving amongst you that you can help one another with any questions, yes. I am with more love for you each time we meet. Until next week, shalom.

Spiritual Maturity And The Personality | What is the Difference Between Personality and the Soul

Abraham, WOODS CROSS GROUP 07-22-2002

Back

I am ABRAHAM. Greetings. What a joy it is for me to meet with you each week. As I look at you, I am made to ponder the infinite potential that you each possess. Possibilities upon possibilities rise within my mind when I see how different you each are. I sometimes long to be back in your position in the mortal realm because this time in history is so exciting – moving so fast. The assistance that has been bestowed upon the planet is quite accelerating the mass education.

From where I am now, I am, for the most part, in understanding at how precious each individual is to Father and His kingdom. I am in awe at times when I am able to view your gifts. I feel honored to see your faces when you have really understood various things and are joyful from the enlightenment.

Last week we discussed your personal divine empowerment to bring change through good thoughts. We discussed being a Godly reflection or a light in the world. This evening I would steer us a bit off our regular course to have discussion on other topics that seem to be needed in the group at this time.

Our main focus this evening will be spiritual maturity and the personality. Personality is indeed a divine gift, but is somewhat shaped by life experience. It is perhaps a foundation to which all other things are added upon. For example, if you have had a traumatic experience as a child then certainly is that added onto the core personality that is truly you.

Life experience does make us unique to one another, yes, but in the eyes of our Father we are more valued beyond our own comprehension. When you first began your earthly journey, you were like a seed with an eternal potential – loved and cherished, and expected to eventually grow and find your way back to Father. During the course of the mortal life, many characteristics became attached to the personality.

The personality is not the soul. The soul could be viewed as a noun and the personality would be as a verb. The personality makes the soul unique. The events in life can shape the personality, and that can have an effect on the soul. The God-knowing individual, however, subjects the soul to Father – and that has an effect on the personality.

When you are a child, your personality-characteristic is somewhat shaped by your elders. As you grow and experience, you are further shaped by culture, social status, peers, personal desires, fear – and are so often with that feeling that 'the gods do not know me.' As you mature and search for meaning in life, you discover that all of existence is so much more than you ever thought it could be – therein

enters the presence of God.

As you are finding out who Father is, and wanting to make life changes as a God-knowing person, spiritual maturity begins to show itself. Personality is refined by this maturing through a process of cleansing, so to speak, perhaps uncovering that non-valuable experience that has caused you to have certain spiritual poisons. Perhaps there is some unforgiving that you may need to attend to – some grudge-holding, some anger over experiences that you did not have the spiritual maturity to understand.

Look at the life of the Master here on this world. Disregard the fact that He was a Creator Son on a Mission here to uplift the planet – but just as a person, a human being, He was treated so dishonorably. Would you think that He would even make effort to remember the names of those who persecuted Him? No, of course not. That is spiritual maturity. He was looking to Father to build stamina upon the personality, not allow His earthly fellows to take from who He really was, or add negativity to His core self.

Last week we discussed your divine power to bring Father's light to your fellows. Let us also note how we could bring negativity to others – or they, to us. If one has wronged you, and you never really find understanding for this or forgiveness, this will indeed make a mark on that essence that is really you. Perhaps you will be a bit more untrusting and unwilling to be open to others, to life. As we mature spiritually, we are subjecting the self to the Father's will, and that shapes the personality. That fortifies the core self with the spiritual nutrients you need to be a producer of spiritual fruits.

This week, think about your core self – is there perhaps baggage that keeps you dwelling in the spirit poisons. One who is so close to Father has a sort of protection – an insulation wherein no one can really injure you. I mean that in an emotional or spiritual manner – you cannot be dragged down into the depth of negativity because your final word and thought come from the First Source and Center.

With spiritual maturity, you feel a certain peace that you are progressing – and small as it may be, you are moving forward. In your spiritual youth, it appears that nothing ever changes and you are stuck. In making the effort to walk with Father you are moving into your eternal potential – your true uniqueness as His beloved child.

Find time this week to journal on your personality aspects. What is 'Father's hand in who you really are,' and what other things may be just non-productive baggage? Ponder the freedom in spiritual maturity. No questions this evening. Know that I am always with deep love for you each and that I always have you in my thoughts. Until next week, shalom.

Spiritual Maturity And Self Mastery - Versus Our Need To Control

Abraham, WOODS CROSS GROUP 07-29-2002

Back

I am ABRAHAM. Greetings. With each passing week, I am more amazed by your willingness to soften toward Father and make effort to put forth your best self. I

realize that many times mortals are overcome by the spirit poisons, but still I am quite touched by the effort to put forth good.

The foundation of most world religions is an attempt to know and do the will of God. Some religions take self-sacrifice to extremes as if that will be pleasing in God's eyes. Some religions are about weekly rituals or ceremonies that they believe will bring them closer to God. Many of Father's children do their utmost to see that they will gain entrance into heaven. Some only believe 'just in case God is real.' Some fear what will happen to them if they don't believe.

One thing we have learned from the study of mortals is that they do well if they believe they have a certain amount of control in their lives, in the world. Of course, this is somewhat conflicting with the goal to be subject to the Father's will. Spiritual maturity comes when you can understand the balance between God's will, and personal participation in daily living. I do believe, children, the key to spiritual maturity is in the mastering of the self.

The ego would always like to have its way to create experience that makes it feel good, worthy, and at times even superior to others. Most of the mortal lessons on finding the balance between God's will and personal control will be learned well within the experience of learning to tame the ego; this is perhaps why we teach a great deal on the Master's perfected humility.

I realize that Jesus of Nazareth was the incarnate Creator Son of the universe; but still, He had to experience and achieve self-mastery in his mortality. Most of His self-mastery was completed before He even started His ministry, even before He really knew who He was. I believe there are several factors that played into the Master's taming of the self:

One, was His perfected humility, which placed Him side by side with His mortal counterparts – not above, not below.

Secondly, He thrived on learning. He loved to discover new things and the inner workings thereof. He was a willing student.

Third, He always conferred with His Father on everything. He spent time with the Father in silence – not really asking for anything, only becoming familiar with the Father's presence. From this, there was a wonderful energy received to not only cope with daily antagonisms but to rise and meet each challenge with His highest possible light.

And last, He always had a mindset in favor of the well-being of the whole. Life was not just about Him – but about everyone. Many of life's experiences affect a great many, and the spiritually mature consider the well-being of everyone.

Last week you focused on being free from that un-valuable baggage that has put you in a pattern of being overcome by spirit poisons. This week we will also incorporate self-mastery. I am in understanding of the mortal life. I do recall a time when I could not control everything, even everything that affected me. My intentions and actions all went to my need to control. It took many lessons in humility to release

that need to control and focus more on being a co-creator with our Father.

Children, you are not helplessly subject to life, to one another, not even to God, no. To study the Master's life and remember those factors that brought Him to self-mastery will be a wonderful head start for you. Believe me, Father knows your struggles, insecurities, fears, and doubts – and truly you are not punished for any of these because it is part of your mortal journey; you are supposed to have these experiences.

Like Jesus, when He had reached a certain point of self-mastery, that is when His mass-ministry began; that is when He was greatly concerned for the well-being of the whole; that was certainly reaching levels of spiritual maturity; that was when He had discovered His divine identity. A few questions?

CALVIN: Abraham, Imara would like a few words for her if you have any.

ABRAHAM: Certainly. My daughter, I realize that these things you had waited for are coming slowly, and I would say that is certainly not of your doing, no. This is natural unfolding. There are some lessons you are to experience before other things can happen. It is well that you have stayed in contact with this group. I certainly do consider you to be one of my students. You have a beautifully-open heart and yet, the times of uncertainty can be overwhelming. I have not any specific direction for you other than to trust in that part of you that knows God. Be careful of attempting to know God through others. You are a well-loved daughter of God and fully capable of knowing Him for yourself. Remember to balance the divine life with practicality and logic. You are a daughter with tremendous potential for being a teacher of light. You know I love you and I am with you often. Carry on.

CALVIN: Abraham, I really thank you for these last two week's lessons, I've gotten a lot of help from them. Is there anything else you would want to throw in to help?

ABRAHAM: It is with sincerity and humor that I would say, to answer that question would take more time than we have. We will make time this week to meet. Have not worry, my son. All is coming into understanding. Until we meet, be of good cheer. Another question?

SAMUEL: Abraham, Helen (Valeta Covington) has been feeling some frustration, among other things, with sharing the Teaching Mission, the Urantia Book, and trying to get a TM group going out there in Michigan. Do you have any words for her?

ABRAHAM: These things take time. They go on their own momentum. They practically happen without any effort. Take, for example, the newly formed group in New Mexico with teacher Thomas, among others. None of these individuals had foreseen a TM group beginning there. In the meantime, however, they made themselves a part of other groups. They read other Teacher's lessons. They still lived the teachings as best they could without having that grounding foundation that a group can bring. While a group is wonderful, sometimes you just have to do what is second best. Is this answering? (Samuel: I hope so.)

With that, I shall take my leave. Know that I am with great affection for you each

and I am always interested in how your lives are unfolding. Thank you for having me. Until next week, shalom.

Child Lost In A Maze | With Father We Can Do All Things | He Is The Source of Our Confidence

Abraham, WOODS CROSS, UTAH 08-05-2002

Back

Greetings. I am ABRAHAM. When I listen to you discussing various life topics, I am made to see the fruits of the Correcting Time. Your good-natured outlook on the mortal ways brings balance between the ego and the inner-God. Well done. I am amazed at the energy here this evening. I am honored to be among such sincere seekers.

Having lived the mortal life, I am in almost full understanding of what you each experience on a daily basis. Last week we discussed the difficulty in maintaining some control in life while being subject to the Father's will. I realize that at times life seems to be somewhat of a battle, and it would seem as though the spirit within is weakened.

If you would envision a small child within a large maze, the child is running and attempting to find an exit. Of course he cannot view the maze from above because he is so small. As he searches, he feels at first challenged and amused, but with every turn, there seems to be no escape. A feeling of panic may begin to arise and he begins to lose hope that he will find his way out. The child begins to lose faith in his ability to succeed. As the small child wanders, he tires and hopes somebody will come for him. In this state, he is afraid, confused, lonely, and lost.

Imagine the child's relief upon hearing his father's voice calling to him, showing him the correct path. The father is able to view the entire maze from above and can safely guide the child. Once again the child is feeling that comfort and security - he is feeling that relief from anxiety and fear. His faith is in his father; his confidence is restored, for he knows he can always rely on his father.

As you experience this mortal life, I know you have felt on occasion like this child. At times it would seem that every avenue is blocked, and even though you have done your best you are still feeling trapped. You are, at times, losing faith in self and your abilities.

Tonight our lesson is incorporating the Master's perfected humility with personal confidence. The child in the story began to lose faith in himself; and it was not until he reconnected with his father that he once again felt secure and confident. While you must know humility and learn how to discern Father's will, you also need to have some sort of faith and belief in your personal abilities.

One who has an over-abundance of confidence is certainly indebted to the ego. One who languishes in self-doubt, on the other hand, does battle within their own mind - there is anxiety in feeling inadequate and inferior, which brings you to the belief that you are really not capable of much.

Many individuals every day do not bother to even try; they are with feeling that their challenges are 'too much' for them. Many times, they are surprised, however,

and when they have achieved a certain goal they will certainly blame that on 'luck.' To be with perfected humility increases your ability to hear God. To hear God is to know He is always with you – and that certainly brings one confidence to move about in the world.

Citizens who live on enlightened worlds have not such self-doubt; and therefore, are not limited by their own minds. They truly live in peace, day after day, knowing that Father goes before them and their way is made clear. Their upbringing does not teach them to loathe the self, but to listen to Father. They have moments of thought where they attempt to foresee various circumstances, but Father is always at the forefront of their minds and self-doubt is not even a factor.

On these enlightened worlds, each child is raised to believe they are valued and that all living things matter. They were never taught 'perfected humility' through shame and self-loathing. Perfected humility – to them – means to set aside the self and listen for the Father's voice; their self-confidence is rooted in the Father, and to be about the Father's business one must have some faith in themselves as a child of God. To have self-confidence is to believe that Father resides within and is ever working for your good.

Self-degradation is not pious – neither is it perfected humility. Father wants not for you to be humiliated and made to feel small so that you will lose faith in yourself as His child, no. Perfected humility is that point where the child sits down and listens; it is where he stops and waits for his mind to be still so that he can hear the Father's voice and know he can be helped. He can rely on that one fact – that God is within him and He will show the way. 'Balanced' self-confidence comes from knowing Father is within, that He is unlimited in His ability, and that He works for the good of all.

This week, think about your scale of confidence. Is the scale tipped toward the ego and forcing God away? or is it leaning toward God who makes you feel that you can do anything! Think about the Master's confidence; where did that courage come from to face the masses of individuals – most of whom wanted to persecute Him? How could He walk before leaders of that day and age with fearlessness and enthusiasm to spread the good news?

Jesus knew full well that He could have met His demise on many occasions but He had the Father within and allowed Father His work through Him. This was His confidence – the knowledge that Father could do all things and was resident within His very being.

Also this week, journal those incidents that occur that make you feel without confidence or humiliation, instead of perfected humility. Only a few questions.

CAROL P.: Abraham, you talked earlier in the transmission tonight about enlightened beings from enlightened worlds. I wanted you to clarify for me if you are speaking in a parable? Are these worlds among us? Or just a state of mind?

ABRAHAM: These worlds are somewhat similar to yours except for the fact that their experience has brought them to a state of peace or a more perfected society, so to

speak. They are real worlds that exist within your universe of Nebadon. They are planets which have the majority of their inhabitants believing in the 'One God' and adjusting their personal selves, their communities, their government, to a more perfected and peaceful state with this One God at the helm. It is the goal of many to bring Urantia to this enlightened state. It is well described within your Urantia textbook. Good question. Another question?

AMROLANE: Abraham, would you discuss a little bit more about the nature of control and choice in the perspective of this realm. Sometimes it feels like there is choice – and then it feels like it's just a story about choice because of the way spirit moves us. There is some confusion. I would appreciate some clarification.

ABRAHAM: Our Father's most valuable gift to us is the gift of free will, and that includes the right to make decisions. He is not in any way ever trying to control you, for that takes away the purpose for the very existence of His children. Even from my own standpoint now, I wonder at times at my choices made. I do have full intention of always choosing Father's will. But still, now and then my personal desires can override my intentions. This is known and completely understood by Father. Control is somewhat within the realm of power; many individuals seek power – and therefore, they must 'control.' Those who choose Father's will have real power, and can achieve great things – all for the glory of He whom all power stems from. A good measure for you to use when discerning choice and control is to ask your deepest, most highest self: “What is most important? Is it something that feeds the ego? or is it something that glorifies the Father?” Is that at all helping? (Amrolane: It is a beginning, yes.) Abraham: One more question?

LUKE: So what is the difference between being stubborn in the doing of Father's will – and knowing that; or, being stubborn in our thinking that we must achieve? Take a guy like Thomas Edison, how many times did he try to get the light bulb right? I feel 'it is right' when there is a path that feels right and peaceful – it is energetic; then I know it is right. Am I making sense here?

ABRAHAM: I am believing it is a matter of experience, growth, and spiritual maturity. There are so many levels to view this mortal dilemma. Many individuals are afraid to share every aspect of life with Father because they think that Father does not want for them what they want for themselves. If mortals knew that Father desires their contentment, comfort, security, and abundance they would not have this inner battle – or as you say: “be stubborn.” If you can believe that Father knows the desires of your heart and incorporates them into His master plan, then do you look at life's daily events as all a part of yours and Father's journey. 'Spiritual growth' comes from believing Father wants what you want, yes – but 'spiritual maturity' comes from wanting what Father wants.

I am slipping. Know that I have deep affection for you each, and I am always concerned for your wellness and growth. Know that I love you. Until next week, shalom.

Mother's Fierce and Unstoppable Empowering Love | View Our Difficulties As Challenges

Abraham & Mother, WOODS CROSS, UTAH 08-12-2002

Back

I am ABRAHAM. Greetings. I am amazed each week when I see what your unity can bring about. You each provide a solid rock for one another to cling to when the tides of life are too swift. Truly beautiful, yes. It is wonderful to see each of you unfold with a new comfort around one another. Each of you has both learned and taught – and that is the foundation of this brotherhood.

Last week we focused on the realization that 'with Father we can do all things.' He is the source of our confidence. He is our measure of comfort in the world. If you could literally see the Father's orchestration, you would trust that all is truly watched over, and that your ability with Him reaches far beyond your own expectation.

I realize that in the mortal body we are subject to the material life, somewhat, but with the planetary healing and enlightenment, you will be able to break through the limitations of the material life to find that unlimited reality of the spiritual life.

I am your MOTHER. My children, I am again honored to meet with you. It would seem there is a need to show myself and our Universe Creator as interpersonal beings. As your Parents, we are always watching out for the well-being of our universe children. While the Son is perfected in mercy, He is also with logic. While I have shown myself to be a caring and concerned mother, I am also with a fierce and unstoppable love.

I indeed ache for the many of my children who experience tremendous pain every day. And then on the other hand, I am in total support of Father and Michael, and I see to it that I do what I can to ever draw my children near. When it is time to comfort, I comfort. When it is time to allow learning, I do step back and allow exposure to the experience you need that draws you ever Paradise-ward.

Spirituality is not about coddling the downtrodden universal souls, no; it is about directing and empowering universe children to gain that experiential education that is required to fulfill that eternal destiny. I am not without mercy and compassion. I am for being committed to following the Father's universe plan. At times that creates upheaval, and it is quite a task for me to step back and allow the experience, to allow the pain.

My joy comes when my children look to me to help them find the value in experience. My joy comes when my children's joy comes at the realization that our universe is quite just and orderly.

I am your Mother as perhaps you have not seen before. I am unlike your society's portrayal of the good mother. I would be forceful in my goal to raise my children. I am not about to be swayed away from Father's eternal plan because of my own pain for my children. I am at your side. I am dedicated to your empowerment. I am committed to the healing of the mind. I will be known to all of you.

While daily events can seem to beat about your soul, we who stand beside you, empower you to continue through any battle. I am not here with a Band-Aid and a

kiss, no. I am here with the mindal tools that will empower you to believe you can break through the limitations of the mind. You can be confident in a world of uncertainty because your Mother stands by. I never quit or lose hope in a child, even when they lose hope in me.

Your mortal experience is not to beat you down into being good little children, no. It is to empower you for what your eternal career will bring. Each lesson is a step forward. Each lesson is to strengthen you to become more, to take on more. Know that I hold you. I protect you. I will empower you to be about the Father's business.

There will always be challenges; and my children, as your Mother I will not allow you to lay down before your troubles – but stabilize you in mind and empower you to go beyond your own expectations; and take hold of your eternal career with enthusiasm and confidence, knowing that your Universe Parents are nearby. My deepest love to each. Farewell.

I am ABRAHAM. Thank you, Mother. With your encouragement we feel we can view our difficulties as challenges, and know that our Mother – who is the embodiment of intelligence and strength – stands by.

This week, contemplate your own society's concept of an ideal mother and compare that with what our Mother said this evening. Think about our Universe Parent's role – what does that look like to you? Are they far off involved in universe affairs, sitting on thrones dressed in white? or are they by your side, whispering words of encouragement and direction into your ear! Is the universe just? – even when justice appears to be harsh? Is your concept of Michael still that small frame who hangs upon the cross?

My friends, your concept of our Lord really determines your levels of trust in Him. What do you find empowering? How easy is it for you to become un-empowered and lose confidence, lose hope, lose faith? What steps might you take to come back to that core belief that says: 'The universe, and all within it, is orderly and fair, and that you are in safe and loving hands?'

No questions this evening. Look for me during the week in your quiet moments. While I appreciate the unity of the group, I cherish our moments of 'one-on-one.' My love goes with you. Until next week, shalom.

Self-Mastery | Commitment To Doing The Father's Will

Abraham, WOODS CROSS GROUP 08-19-2002

Back

I am ABRAHAM. Greetings. I so look forward to being in your presence. I enjoy your rainbow of personalities and the personal gifts you each bring. I am with new inspiration to forge ahead in any direction Father would have us go. Mother's declaration of commitment to our Father's will has cleared the view upon my path. I am also with a renewed dedication to wholly embracing Father's will.

To mortals, it would seem to be a confusing endeavor to discern what Father's will entails. I realize the ego and spirit poisons create barriers to being able to have our ear in Father's direction. I can say, one who dares to go forth with

determination to be within the Father's will is on a correct path to actually discerning what His will is.

True commitment to the doing of Father's will is to be constant, not wavering in troubled times. Commitment to Father and His will is about maintaining an observant mind instead of having an emotional reaction. One who is devoted to the doing of Father's will is also committed to attaining self-mastery. Where there is effort toward mastering the self there is an ear for God, there is an ability to better discern His will.

Tonight our discussion will be on self-mastery. Many of mortal's inability to master the self is much of the time due to poor physical health. One who feels sickly is one who reacts out of some desperation. This week, I would recommend that you each evaluate your physical well-being and tend to the needs of the body. Rest, diet, exercise - are all important in maintaining physical balance.

Second on our list to attaining self-mastery would be to have understanding and resolution of past experience. Where there is no room for understanding or forgiveness there is an open wound. These open wounds also bring one to react from a place of fear or desperation wherein there is always that need to protect the self from further pain. In this protection there is a blocking of that new experience which brings new learning, growth, self-mastery, and higher levels of ability to discern our Father's will. I ask not for you to wallow in past pain, no, but to have understanding for it. Know that Father has complete understanding and can help you find resolution and forgiveness.

Third on our list is regarding stress and anxiety levels - this perhaps is the greatest hindrance toward attaining self-mastery. This is where Mother can be utilized to bring you back to a place of balance. There is such over-stimulation in the world where there seems to be practically no place to find quiet. Constant stimulation becomes somewhat habit-forming; and some find the quiet to be either fearful, or lonely and non-productive. If there is opportunity for quiet time at least once a day, by all means, take advantage of it. This is wonderful rest for the mind and an opening to the presence of Father.

Fourth on our list - you each understand for the most part, the spirit poisons and their stifling effects; you know that in the midst of this there is very little self-mastery. With the onset of the spirit poisons, it is altogether wise to interject with your spiritual tools before total control is lost. The Master had His human moments, yes! He had His experience with spirit poisons; He had His moments of what some would term as weakness. But never did the Master take time to self-punish or harshly discipline that human side - He went directly to the Father. His trust in Father was that living link from which He received divine strength.

Divine strength does not so much block the spirit poisons so as to internally bury them causing various ailments, no! Divine love diffuses the spirit poisons with spiritual solutions. You need not be controlled by your emotions. Your cravings need not manage your life. You, and the Spirit within, have complete power to overcome any and all things.

This week, let us recommit ourselves to the doing of Father's will, whatever that should entail, always staying with an observant mind instead of reacting with emotionalism. Remember our divine Parents are loving, as well as logical. Evaluate your physical health and make adjustments where needed. Journal about those wounds that you feel still interfere in your life today. Be ready for understanding and resolution. Take advantage of quiet moments and remove yourself from external noise when possible. Maybe there will even be a moment or two for stillness.

This is a time for celebration on your world. Let us think about the Master and all the changes He has made. Also, let us be open to all the possible changes to come. Forget not that Father wants for your abundance and well-being. Take a moment or two for gratitude. No questions this evening. We have a busy week ahead. My love is ever growing for you each. Until next time, shalom.

Self-Mastery | Taking A Step Toward Surrender
Abraham & Emulan, WOODS CROSS GROUP 08-26-2002
Back

I am ABRAHAM. Greetings. The more I am with you the more I learn. I express to you my gratitude to your willingness to have me as your friend and teacher. I am always moved by Father's children putting forth all their effort into wanting to do His will and be as good as they can be. What a show of faith and trust in one that is not visible to mortal eyes. I am especially inspired when I view those individuals who have had such a difficult time keep fighting the good fight of faith. We shall continue to pursue the lessons on self-mastery. I give you, Emulan.

EMULAN: Greetings, friends. Although I have not interacted with you too much lately, I always am up-to-date on your ever-expanding education. I am with such gratitude to work with one who loves you each so much – yes, my brother and mentor, Abraham. Most of you know my mortal history, but I will refresh your memory anyway.

As a mortal on an evolving planet such as yours I experienced a tremendous loss when my wife and daughter were taken from me in a terrible accident. My spiritual foundation at that time was not all it could be – in fact, I quite cherished the material life; I had the average appetites of a mortal and thought that my greatest happiness came from satisfying those appetites.

It is easy to understand that when the tragedy struck I had not the spiritual cushion to help absorb life's seemingly cruel blows. My treasure had lied in the material world – and in that state I had absolutely nothing left that I found value in after the loss of my loved ones. I had no spiritual tools to cope with my despair; I had no hope of ever regaining what I had lost.

Of course I was overtaken by the spirit poisons. It seemed I had severed any chance to be comforted from those on high. The more poison I allowed to control me, the more lost I became. I did of course have my battle with mental illness. In the depth of the spirit poisons I could see no reason to embrace anything good; I put out negative, and therefore, I received negative. I was definitely a broken man. In my broken state I had completely surrendered all I ever knew, felt, thought, and loved. This was God's doorway to my healing – this is where He stepped in and reached beyond my material body, my spiritually poisoned mind, my blackened heart.

It was not until I knew total darkness that I could finally understand that the darkness served no one; it held no value, meaning, or purpose.

Being saturated with the spirit poisons was a prison that kept me from all good things. I had imprisoned myself. In my anger and despair, I so much wanted revenge for what had occurred to those I loved. I so much wanted to be compensated for what I had lost. I could see no positive way I could be actively involved in overcoming what had befallen me.

In my surrender, I could hear that voice of the One who loved me beyond my own comprehension and understood all that I had ever done. Father understood my pain, yes! and yet, in His love for me, He could not simply take it from me, for where would the value be in that! I took a step toward surrender; Father took a step toward me. I stepped forward to embrace Him, and He stepped forward to help me. I could see the spirit poisons were keeping me from finding meanings and values; and in order to literally survive I had to have those meanings and values.

Although the time seemed so slow, I began to handle life's events with a positive outlook as if I was looking through the Father's eyes. In my willingness to be active toward a Father-directed path I discovered the fruits of the spirit, the very tools I needed to not merely survive, but find the meanings and values that would take me into my eternal career. I was not only healed and made whole but filled with the desire to do Father's bidding and help others who were with my same experience.

You, my friends, need not be broken to find that place of surrender. Surrender is not weak, no, but truly the action of the courageous. Before the loss of my wife and daughter I did have fear Father would take me where I did not want to go, yes; I at times would share only bits of my life with Him. Still, my life was so chaotic. It was not until I trusted that Father wanted for my highest good that I allowed Him into all of my life. In the surrender, I became spiritually empowered. I became equipped to handle any and all things.

This week, think about the meaning of surrender and what you are allowing Father to participate in. Remember it is the mortal child who must take that first step of faith and have trust that Father will step toward you. Think about your output of negativity and its repercussions. How does this keep you imprisoned in the spirit poisons? To rise above the spirit poisons toward embracing self-mastery, you must take that forward step in Father's direction, keeping a positive focus and an observant mind open to learning new meanings and values.

Ponder on the fact that 'surrendering' means not giving up what you truly desire, but more-so, focusing on (and trusting) in what Father may desire for you. The universe desires your abundance in all ways – especially your eternal experiential education. And embracing that fact, you have available before you, endless possibilities. With that, I will close, but not without expressing to you my deepest love and loyalty. Until we meet again, farewell.

Self-Mastery | Allow Not Impatience To Hurry Our Lives And Miss Needed Experience / Story of Job

Abraham, WOODS CROSS GROUP

09-02-2002

Back

I am ABRAHAM. Greetings. I love these small, but intimate groups; our association becomes much closer and our connection is with a little less static. I remember those warm summer months and especially it being a time of great activity. A time when the daylight hours are longer, made it possible to squeeze more into life.

With the serenity of Fall approaching, it seems that the mind becomes more clear and concentrated to learn and grow more. We all know some individuals however, who dread the approaching change as if their anxiety will cause it to slow down. As we keep with the topic of self-mastery it becomes more understandable on how individuals with anxiety will practically lose all their energy in fighting against the natural flow of life as if it were custom-made for others, not particularly themselves.

Children are quite prone to that anxiety when their needs are not immediately met; they are easily gripped by the spirit poisons. We all hope that in time we can learn to be more patient when our needs are not met, and more appreciative when our efforts produce gratification. This time-span between child and adult is filled with the experience that would help one to increase in both human and divine levels. Without this time-span, there is no experience that produces meanings and values that takes one to their present destination.

Life is a series of stages, and all the requirements of each stage is important in building who you are becoming. "When I was a child, I had the things of a child. When I became a man, I put childish things away" – is a noteworthy saying of old. Without experience, how would one know that the childish things are not serving anymore! Without that valuable life experience, how can one know the values and meanings of a maturing adult!

Children always appear to desire to speed through the growth process because there does seem to be more benefits – and adults are prone to slow down the aging process because there does seem to be fewer benefits. There is not much appreciation of each stage of life. Rather, there at times only seems to be the urge to 'hurry through each stage and get it over with.' In this, the experience is lost, lessons are postponed, and life seems not to hold too much meaning.

It really does take a mature individual to appreciate and be really present within each stage of life, for in so doing, life's lessons are more meaningful. There are always new tools to be had; there is a real focus on what life's occurrences and Father are trying to teach you. In hurrying through life, there is a great deal of value overlooked and you are not equipped with the tools that aid you in attaining self-mastery.

We can learn a great deal from the elders of your world. Some seem so peaceful and appear to enjoy every moment. But also, some of your elders seem to be embittered by past events and are in a mode of self-protection, in which they take any means to control life's circumstances. Their mind is always in that state of: 'if only I had another chance.' One who is a young adult is not going to handle life's circumstances like one who has had more years on the planet; and often it is common for those who have had experience, to judge harshly those who have not.

In each stage of life it is important to really be present – to learn what you can, in order that you can all the better move on to the next stage. There are no shortcuts. One who is anxious will find no joy in their present stage. It is common to feel disappointed in yourselves when the spirit poisons have overtaken you, but you must agree that you deal with difficulties now in a more advanced state than you did a number of years back.

This brings me to the parable of Job. In this story, Job is somewhat blinded by what has befallen him, and acts from a state of anxiety. He is not equipped to see the real meaning and value that can be found within his circumstances. It is not until he is quite disappointed in himself that he receives that spiritual ministry. Do you see – in his surrender he acts not from a desperate, anxiety-ridden and spiritual-fruitless place?

In embracing the animalistic tendencies there is no ministry from those on high, no. It is available, yes, but one caught up in emotional animalistic behavior is not able to receive. In your times of so-called weakness – when the spirit poisons have overtaken you and you have that disappointment in self – focus on that surrender that takes your mind from reacting with animalistic behavior, toward listening and receiving information that promotes self-mastery.

This week, make effort to slow-down the busyness of living to enjoy those educational moments of whatever stage you are at now. Look not that time controls you, but that time teaches you. Take all the time you need to completely understand those lessons that your experience teaches you now. There is tremendous joy in that, because therein lies the presence of God. Therein is your strength. Therein is your map to self-mastery.

Also this week, think about instant and delayed gratification. Ponder the multi-level lessons that teach one who is willing to wait and really understand. Read the story of Job in your Urantia Book, it is filled with meanings that will all be different to you each according to your various stages of life – then have discussion.

What a treasure for me to be with you each week. Next time, our lesson will be kept short to take questions. Know that my love goes with you. Until next week, shalom.

Self-Mastery | Trust | Be Patient In Awaiting Father`s Instruction

Abraham, WOODS CROSS GROUP 09-09-2002

Back

I am ABRAHAM. Greetings. I am quite uplifted by the energy in the room this evening. I feel particularly grateful tonight for having you each in my life. I feel loved, I feel heard, and I feel accepted in being my complete self. Thank you.

I always enjoy studying self-mastery because there is always something new to incorporate into our eternal career. From where I am now, for me to learn some new techniques on self-mastery makes me feel grateful and empowered to move forward. Your discoveries concerning your own road to self-mastery are not to make you be discouraged at your seemingly slow growth, no. They are to equip you with the tools that are ever leading toward our Paradise Father.

I realize that for mortals – to trust that Father knows you each, and knows your desires, is somewhat difficult. As mortals, we all yearn for one thing or another. Certainly, everyone needs the basic things in life to survive, and to have one of those basic things removed does indeed produce fear and anxiety. To act from a mindset of fear is to choose to act from those basic animal instincts.

Much of the lack of self-mastery is due to 'fear of loss,' or emptiness, loneliness, and pain. It is known that all mortals, for the most part, strive for happiness – that is the common thread in weaving the fabric of mortal life. It would seem that when life's upsets would occur, that it would somehow distort the common thread you are attempting to weave. Many times, instead of taking a moment to be quiet and wait for Father's instructions, there is the urge to cover over or ignore those snags in your life's tapestry.

Yes, in the overall pattern we find we have weaved, there is not the beauty one would have hoped to have created. There are more mistakes to correct; there is more anxiety from the feeling of failure or being behind – and this does bring about that further assault from time, which seems to be so valued here on this world. To fully devote yourselves to a life in the Spirit is to fully trust that Father knows every detail of your life's pattern and can empower you to become more than you ever thought possible.

To be patient in awaiting instruction, is to free yourself up to be available in that slow and repetitive process of 'correction.' Instead of having to keep correcting because of impatience, fear, anxiety – there is the contentment of 'encountering something new,' something that you have been prepared to complete; there is that confidence that whatever you may encounter, Father will assist you in weaving a most beautiful and intricately-detailed pattern.

In understanding self-mastery it is important to feed the spirit; and, to really trust that Father knows your desires and aids you in fulfilling them. In this trust, there is a decrease in anxiety which would promote patience and waiting upon the word of God. Yes, this is a benefit of delayed gratification. This is diffusing the assault of time, to create that beauty that was meant to be.

This week, think about how many occasions you have rushed into without Father-guided assistance and had to correct, over and over again. Reflect upon your trust-levels concerning Father and how He is not a 'stumbling block' – but rather, a 'building block.' What is the overall meaning to the parable of Job? What was his stumbling block and what was necessary for him to do to get back on a right course?

This evening's lesson is kept short for questions. Have you questions?

WARREN: Abraham, I would like to run something by you concerning your life here about four-thousand years ago. Relating it to what I interpret as far as this self-mastery. The little I know that is revealed in the Urantia Book is that when you were here, you attended the Melchizedek School three times, as I understand, and you had pretty much been converted into giving up your numerous gods. As a result, you were chosen to relay the torch of the truth of the 'One God,' and all the while

preparing our world to be the bestowal planet of Michael, our Creator Son. You came back from Egypt, after two military victories where were given much of the spoils as a gift from Pharoah. Coming back to your encampment at Hebron, and having kingly ambitions, you soon confederated under your command, seven surrounding tribes; and with that strength, getting out there conquering further, you eventually had confederated eleven tribes under your command. It was at that point, upon your return from conquering at the battle of Siddim, that Melchizedek, having basically refused to sanction your scheme or vision of conquering Canaan, made a covenant with you with a promise of a son from your beloved wife, Sarah. You had children already from Sarah's handmaidens, but no children from Sarah. This covenant was to be sealed and sanctioned. And that was when I guess you were told by Melchizedek that your offspring, and the future occupation of Canaan, would be as numerous as the stars. And in due time you would seek an agreement. At that time, even though the covenant wasn't signed at that point, you were promised your son, Isaac. And yes, Isaac came. It seems to me that after that, by faith, you became more dedicated to doing the will of our Father as you learned more and more through Melchizedek. In seeking the knowledge of the will of this 'one Father' - this Father/Spirit within us, this constant renewing level that comes via the resulting revelation, the personal revelation - that you were able to recognize more of true reality. And I see in this act that as a result, you received not only a clarification of vision, but also an enhanced cosmic insight. In that, you were more able to master yourself, not just with the human effort, but with the effort that came about as your spiritual vision was clarified and your cosmic insight, enhanced.

ABRAHAM: Well said. I have to admit this was the struggle of my entire universe career so far. I was with that desire for power and superiority. I was indeed willing to do any and all things to attain it. I first came to the Father because I thought I could convince Him to allow me my way. Through the mentoring of my brother and friend, Melchizedek, I did learn that what I thought I most desired had changed with each day of experience and education. As I subjected myself more to the Father's will, my desires changed from worldly to the divine. It was definitely with great struggle that these changes were made. But as I made effort, Father stepped forward to assist. Each time I allowed some spirit poison to be released, Father replaced it with spiritual fruit. Many many years of practicing to surrender enabled me to naturally want to embrace Father and His ideals. Like the story of Job - when he had experienced enough to know he could not fully trust in his own thinking, he released it; and his desires were to invoke something higher, thereby receiving what the story refers to as a vision of God. Yes, you are correct that with your efforts made toward living a life in the Spirit, it does become more natural to receive direct Father-guidance. This is not attained without struggle, of course, but it is surely an open window that receives light. Good question.

WARREN: Thank you, Abraham. Might I ask if you have fused with your Thought Adjuster?

ABRAHAM: No. (Warren: Thank you.) Abraham: You're welcome. I do feel that tremendous closeness with my indwelling Father Fragment and yet, I know my efforts made here and now are all leading up to that beautiful day when we become one. Another question?

WILLEENA: Abraham, can I ask you a question about my process where I am getting

closer to Father, trusting Father? It has happened twice before that I was starting to be closer, and then I had experiences that I don't know how to describe except to say they were multidimensional experiences that frightened me, and I shut down and went away. I am just reconnecting again now; it has been about a six-month period of time. I wonder if you can suggest something as I get closer, that I can do to help me get through instead of going away.

ABRAHAM: This is somehow related to your past experience as a child? (Willeena: Yes.) Abraham: This has been a stumbling block, but in the long run it will be to your great benefit. I suggest revisiting that era in which you were made to feel a tremendous burden. Yes, there was some disappointment, seemingly, in every time you would reach out. You were either taken advantage of or were disappointed by too much responsibility. You are, in some way, fearing that Father may do this to you. This is simple. Do not complicate this. You are standing at the door – just open it. Have not worry, my daughter. You are indeed moving forward. Another question?

WARREN: It has been nearly seventy years since the Urantia Papers have come down from whatever source. From what I understand, Satan was interned shortly around the time these Papers were laid out–1934/35. Is Caligastia and/or Daligastia free to roam? Are they still upon this Earth here?

ABRAHAM: No. They were also charged and found guilty of conspiracy against the Universe System. There are still details that are not quite understood – even by myself. But, from all I understand, the rebels are no longer; yet some of their influence lives on in the minds of man. Is this helping? (Warren: Yes.)

ANTHONY: Abraham, I brought with me that lesson from Ham from last year; it was very comforting about the 9/11 tragedy one year ago. I wonder – not to detract from the impact of your lesson tonight – would it be good for one of us to read that tonight? or would you prefer to share your thoughts you have on this? or both?

ABRAHAM: I find Ham's lesson to be very helpful. Of course feel free to share. I still view this worldly event as tragic – and yet, the unifying benefits are astounding. When time permits, please share.

I give you each my gratitude for your faith/trust in these lessons; you indeed make them happen. Thank you for allowing me to be a part of your lives. My love goes with you. Until next week, shalom.

Self-Mastery ~ Like Job, Do Not Escape to Avoid Responsibility, Escape Toward Surrender To Father

Abraham, WOODS CROSS GROUP 09-16-2002
Back

I am ABRAHAM. Greetings. The energy in the room this evening is exhilarating, to say the least. I so look forward to spending this night each week with you as a collective group. Boundless ideas are inevitable for a group such as yours. Well done. Your personal insight is not merely passing thoughts anymore – they are becoming reality. Your willingness to learn brings you new insight and the courage to follow through in a higher manner.

When we review the parable of Job, we can see that he himself was his stumbling block. His upbringing, religious training, and ego gratification, all played a part in bringing Job to that mindal stumbling block. Definitely, he wanted to be seen as worthy in the eyes of God. He wanted to be seen as favored by God in the eyes of men. He wanted personal validation as a child of God and mortal of the realm.

For a time, Job's thoughts turned toward escape. He so much desired to be free from his pain – ‘the sooner the better.’ In his impatience and fear, he sought freedom through escape. Is there freedom in escaping mortal adversity? Is there spiritual advancement in escape? There is temporary release, of course, but not that gratification of overcoming adversity and moving forward along the path of an eternal career.

There is some mortal satisfaction when one can free themselves up from personal entanglements, yes, but there are also those soul-knowing feelings that one has been ease-seeking and cowardly – and that most always leads toward the building of the ‘animal mind,’ not the ‘spiritual.’ True happiness lies in the investment of the spiritual life. Eternal gratification comes from knowing you have bravely faced life's challenges, and without a doubt have most certainly earned the growth you have attained.

There was a time in the Master's mortal career that He had sought escape. It took a great deal of mental and spiritual reasoning, prayer and surrender, to reconcile within His own mind that though the Father's cup appeared to be bitter, it was indeed Father's will that He drink it.

This was also the case with Job, where he had finally become disgusted with his cowardly and ease-seeking ways. He realized his tendency to embrace the animalistic way of fleeing adversity and realized there was no honor or integrity in this, for it added to his feelings of unworthiness and decreased his level of confidence in his ability to do any good thing. In his abhorrence of self, there was his surrender, and there was his insight that ‘alone and without God’ there was nothing of value. In this small opening of heart and mindset, there is the still small voice within who whispers practical guidance and comfort for the soul and mind.

Low self-worth is rampant in the world today. And I bring you not this lesson to add to that burden, no, but to aid you in your efforts toward self-mastery. "Alone, without God, who am I? "Where is the value? "Where is that soul-knowingness that in all my efforts there is eternal advancement?"

I realize the mortal life is fraught with struggle, and certainly does Father understand your desire to escape from time to time. During those moments He invites you to escape closer to Him. Allow Him His deepest desire to be your Father – to love, comfort, and guide His child toward Him. There is not one part of existence that He is not interested in. He desires to be close to you in all ways.

This week, take time to journal an answer to the following questions: Are you your biggest stumbling block toward attaining a Spirit-led life? What techniques might you practice toward reconciling the mortal mind to embrace the divine cup? Ponder

the meaning of 'insight' and how it reveals itself in your lives. Read the story about the Masters' reconciliation concerning drinking the Father's cup. Contemplate the courage it takes to fully surrender.

That is all. No questions. Know that my love is ever growing for you each. Until next week, shalom.

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Self-Mastery | Reconcile With Father's Inevitable Cup

Abraham & Michael, WOODS CROSS GROUP 09-23-2002

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I am ABRAHAM. Greetings. Your faith brings me here each week, yes, and your trust does bring these lessons. Know that I also hold you in faith and trust as my universe brothers, sisters, friends, and coworkers. I am also inspired to be witness to your weekly discussion. You each generate a comfortable energy that invites all to participate and to be 'just who they are.'

I so loved the story about the Master's mindal reconciliation with the Father's inevitable cup. It was obvious to see the Master's human side being put to the divine test. It should give comfort to the mortals who also struggle and are challenged to drink the divine cup. The Master experienced to the fullest everything that you experience. This is quite reason enough to go to Him in all your life's daily experiences.

MICHAEL: I am your Brother/Father. I am with such joy to be invited to share your path with you. I am grateful for my time in the flesh so that I can better understand you, my children. I have complete understanding of the struggle between the mortal and the divine. I experienced fear, anger, despair, hopelessness, and loneliness.

Doubt not that I was overcome from time to time with the spirit poisons. The one thing I held above all else was my trust in my Father. Through experience, I was indeed shown that He was there with every step of my mortal adventure. Faith and trust was my saving grace. It was my key to the kingdom.

Being born in the mortal body is not an accident or a wrong that you spend a lifetime to make right. It is what it is - a journey from the animal to the divine, a map toward attaining your key to the kingdom. I knew without a doubt that Father knew me, my struggles, my frustration, and concerns. That was the belief that empowered me to carry on.

I felt not shame at my humanness because that was exactly why I indwelt a mortal body. It was all part of my experience. I was supposed to know the mortal life - the spirit poisons, the spiritual fruits, the good, the bad - and still keep finding my way back to my Father in heaven no matter what had befallen me. With time and experience, I knew that He was my place of safety, encouragement, confidence, and any knowledge I needed to carry forth my work.

I know you. I have experienced with you. I would be overjoyed to help guide you toward self-mastery. The heavens truly look forward to that day when a mortal child is able to really hear and feel a part of the universe family. Mother, myself and numerous associates, find it our greatest joy to bring you heavenward.

You do not merely work 'for' the kingdom - you 'are' the kingdom. You are well within the universe family, yes, and you have available your universe Parent's assistance, with comfort and encouragement to always carry on. If you can know this for yourselves, truly know this, then the battle of self-mastery is half won.

You dwell not alone; you are known and completely understood. We judge you not, but truly understand your needs. Self-mastery, and reconciling the human mind toward the Father's will, is allowing time to have its place. These things happen not overnight; they happen not with the ease-seeking mind. The fruits of the spirit, and self-mastery, take tremendous effort, yes! but believe me, the joy therefrom is well worth it.

I am in your midst always. Mother is also at hand. Our goal is to bring our children - all of our children - closer. You are my children. I am in you and you in me. We have naught to fear, only love to gain from our co-creatorship. In joy and peace, carry on.

I am ABRAHAM. Our gratitude to you, our Master, our Brother/Father - in whom if we set our eyes upon, we cannot fail.

This week, think about your levels of allowing Michael and Mother to truly be your Parents. Ponder your status as a child of God within the kingdom. Consider - do you fight the ways with shame or embarrassment? - or can you simply learn from experience and allow time its place in the reconciliation of your mind with the will of God. Journal how you would see yourself as a person who has attained self-mastery. In all your decisions to take action this week, ask yourself, 'how does this serve?' A few questions.

CALVIN: We are honored to have our Brother/Father address us. Thank you, Michael. Abraham, we welcome tonight Rita B. for the first time; and I don't know if Warren S. was introduced a couple weeks ago or not. Also, we are glad to have Claireesa's health good enough to have her back with us.

WARREN: Abraham, it is a joy, a pleasure and an honor, to be here. I have read approximately two years of the past lessons here at this meeting. I find how balanced and how much they coincide in even greater detail with the tool I have been with quite a number of years now - the Urantia Book. It is so artful and so balanced the way you have expressed these lessons. I have a twofold question: May I have an assessment? And, may I know my spiritual name? I am curious - if that is not asking too much. Either way, thank you.

ABRAHAM: Certainly. Thank you for your kind words. I do know you, but we shall become better acquainted over time. It is an honor for me to meet with a scholar like yourself. I am in understanding of your enthusiasm and good intention to be of use as a child of God. I do perceive some fear of lack within your personal being,

which causes you to have certain behavior patterns. You are learning well though, my son, that this fear is a product of your own mind. You are daring to step forth to change your patterns; and with that, your fear becomes less – you feel more fulfilled, more accepted, more heard, and understood. Allow the great tool of the Urantia Book to come to life within the heart also, and not just the intellect. The Correcting Time Teaching Mission tempers the intelligence of the Book with the actual living love of the Father. You are known. You are safe and well loved. At this time, focus on the origin from which this fear of lack stems from. One moment. In the closest possible use of the English language, you are known on high as Marshall. Welcome to the Correcting Time. (Warren: Thank you.)

CALVIN: Not a question, but thank you for your help with the struggles of life. Also, again my thanks to Michael for his lesson, and being here with us tonight.

ABRAHAM: You are welcome and thank you for your courage to carry on with these Mission tasks. You do well.

SARAUNA: Abraham, I just want to thank you very much. I feel so grateful that you are our teacher and that you guide us no matter what stumbling students you have on your hands. I just want you to know we are really grateful for you. We will do better.

ABRAHAM: Sarauna, my dear, I was, and possibly still am, one of those stumbling students. I see you not with ease-seeking intentions, no! but as being fairly disciplined. I am honored and overjoyed to know you each. Be at peace in your learning. You each do quite well. That is all. My love goes with you. Until next week, shalom.

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Self-Mastery | Our Responsibility As Children Of The Most High

Abraham, WOODS CROSS GROUP 09-30-2002

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I am ABRAHAM. Greetings. I am with such gratitude each week to share in the building of our spiritual scaffolding. With each new piece of learning, we rise to new levels of understanding. I thank you for your assistance in the building of my own understanding.

As a man thinks, so it becomes his reality. Last week our lesson assignment asked you how you would perceive yourself as one who is skilled in self-mastery. Many mortals, being so grounded in the material life, think not to take the time to envision a new and better way – 'life simply happens to them,' they seem to be not aware that 'they can make life happen.'

Past experience may lead one to believe that they are destined to live and be what they have been taught from a mortal standpoint. One who was perhaps living in the days of war-time would live their life as if it was still war-time. They would perhaps have fear of being poverty-stricken and would be quite selfish with their material goods. They could possibly live with the fear of personal safety, and be

not trusting of their environment.

It does take some mindal work to surpass these limitations, yes, but the expansion in mind and new possibilities are well worth the effort. A child who has perhaps grown up in a loveless home would certainly, as an adult, have difficulty foreseeing or envisioning having a love-filled home. This is all simply an obstacle to what we can use to transform into those spiritual materials that build the scaffolding to higher understanding.

If you cannot envision yourself as one who has attained or who is attaining self-mastery – or even perhaps to know not the meaning thereof, then this will certainly cause you delay. Not to worry however, delay is simply delay – only temporary. You indeed have all of eternity to experience everything to its fullest. Michael said self-mastery is the door in which enables Him easier access to you. He also spoke of co-creatorship with His children – meaning, that you have ability to make what you can envision, a reality.

Michael and Mother bestow upon us that Parental love that makes us feel secure in our status as a child of God. They love without condition or judgment, and seek to help us to become more and to get closer to them. This is quite empowering if you can allow it to become reality for you. This takes our minds from a limited mortal place into a place filled with divine possibilities. With their faith in us, we can have faith in ourselves. We can move beyond that mortal veil into an ever-expanding horizon.

Father can bring you the lessons you need to find your way to Him. I can teach of what I have been taught, yes – but children, you are the ones who put the fittings of the scaffolding together. This is your responsibility as children of the Most High. We cannot force you to climb to what you are not ready for. One who has been ease-seeking in their efforts to build will find an unstable foundation in which to climb to new levels.

I say, children, have not anxiety. Enjoy the spiritual labor and build your levels – with integrity. Commit to the work. Commit to truth. As the Master's mortal mind was divinely challenged, yours will be also. Take on the attitude of an 'observant scientist,' not a 'tightrope walker.' In all your building, ask yourself with each piece you are preparing to fit: "Can I envision a completed work?" "Can I work with the integrity of the Master?"

This week, keep with the theme of being mindful of how your actions serve. What past experience may keep you from envisioning an unlimited life? Is life simply happening to you? or, are you in co-creatorship with the divine Parents.

I'll take not questions this week, perhaps next. I would have you know that I feel deeply for you each. It is such an honor to serve in our beloved Brother/Father's Mission. My love goes with you. Until next time, shalom.

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Our Emotions Tend To Interfere With Self-Mastery

Back

I am ABRAHAM. Greetings. With each week we are to meet I am with more love, hope, and inspiration. Your spiritually daring ways are the catalyst to change for not only yourselves but the many who know you. Yes, the spiritually courageous are helping to move the masses forward into Light and Life.

Courage does not necessarily mean strength - mindally or physically, no; courage more-so means the endurance to carry on 'no matter what.' You, my children, co-workers and friends, definitely draw me out to be spiritually daring and bold. Being divinely outgoing is not a matter of force, no, but a matter of recognizing opportunity to do the right thing. It is opportunity to drink from the Master's living well, to become empowered and inspired to be about the kingdom business.

Of the Master's many attributes, I so admire His self-forgetfulness. During His mission on Earth, He worried not about Himself for He fully trusted in the Father's watchcare. In this state of mindal freedom He could grasp the Father's living will, and moved about with that spiritual courage that set in motion a great many changes on the planet. The Master sought neither fame nor even personal well-being; and in this, there was His divine power - His ability to work with the hands of God.

In keeping with the theme of 'mastering the self,' we will this evening discuss emotions. Jesus knew full well on the day of that momentous wedding at Cana that His many associates, family and friends, expected a great occurrence to take place at this occasion to prove that He was indeed the long-expected Messiah/Savior.

Fully trusting in Father on that day, He set out to join in the festivities of the wedding. The Master's heart was light, He was looking forward to a day of joy and fellowship. His joy lied mostly in the trust that His Father would be in full control. He felt burden-free, even knowing full well His family and associates expected Him to perform. For a time, the Master was indeed safe within His divine mind; He expected not His human emotions to have such a heavy hold on His desires; His desire was to always do the will of the Father.

Human emotions are indeed a mystery to me - for one-half of emotions lies within conscience and the knowing of good and evil, while the other half lies within the ego and the need to preserve personal well-being. While emotions are certainly a part of the human experience and the divine plan, they do tend to interfere with the attainment of self-mastery. "As a man thinks, so it becomes his reality." Your emotions have helped to shape where you are now.

Yes, even the Master was drawn away for a time, by emotions. The compassion He bared for the woman who raised Him was enough of a window of opportunity to allow His own desires to override the Father's will. This is not sinful, no; not iniquitous, no - just a portion of the mortal experience. The Master does quite understand the power of human emotion. He knows your discomforts that lead you to react without allowing the God-mind to participate.

Without a firm spiritual diet, the emotions become stronger than the divine mind.

Emotions are similar to the domino effect – one always leads to another. Even the Master, upon realizing that His emotional side had led to the production of the wine, was somewhat angered by His seeming weakness. He was also saddened by His associates' needing to be shown in a material way instead of simply practicing faith.

Those with a firm spiritual foundation can arrest these human emotions before they take a firm hold and cause more drama. The story of the wedding at Cana was a prime example to mortals that the Master truly understands the mortal makeup – our mental and emotional systems.

Children, if you can truly feel the love of God – then you know that is a need that is truly satisfying and there is really no need for extra drama in your lives. It is understandable that life can sometimes be mundane and the smallest things are enlarged to make life appear more exciting and productive; this is, however, not much more than an emotional roller-coaster ride; this does not assist in attaining self-mastery. Granted, Urantian's are emotional creatures – but they are also spiritual, and have within their grasp, self-mastery.

This week, think about if you are driven by your emotions. Contemplate the two sides in which the emotional system lies – the conscience side, and the ego side. How did the Master's emotions serve at that eventful wedding? Think about the phrase: "What the Son desires and the Father wills, is." What lessons were learned out of this particular story? Contemplate your dramatic levels – how do they serve? How can you determine the difference between 'feeling passionate about something' versus 'emotionalism?' A few questions?

SIMON: Abraham, this lesson brings up a myriad of questions relating to balance and using the faith, the time intervening between applying faith and the balance of just letting go. And, maybe not even caring that the Father's will is done. Sometimes I seem to feel like, 'okay, whatever, I'm just letting things go, you take it from here, Father.' – just letting things happen rather than planning those layers and then being too busy, escaping from the faith-process altogether. Is that escaping or applying faith? How best to see the balance of it all?

ABRAHAM: In my understanding, I see ideas as perhaps a seed; and you, being the gardener, tending to the seed with good soil, water, and sunlight. The seed either sprouts, or it doesn't. It takes root and grows, or it doesn't. You exhaust your human resources and yet remain flexible to the Father's will. This is where mindal reconciliation will come into play. Father knows of the seed and He can see it in its full potential. If it is to produce good, then He does aid in its growth. At times the growth is delayed to another time for greater impact to be made. Yes, my answer is – exhaust your human resources and remain flexible to the will of God. Does that help? (Simon: Yes. Thank you.)

AZSURAY: Abraham, in my journeys since I have been studying the Urantia Book, many many people ask me, and which I ask also: How do I know I am doing the Father's will? Must I be directly in contact with my Thought Adjuster to tell me when I am doing the Father's will? Could you give me some type of examples or statement on how I can be sure I am doing the Father's will.

ABRAHAM: First: What the Son desires and the Father wills, is. If your efforts come to fruition then that is good indication that you were well within the will of God. Second: I do truly believe that most children of God have a soul-knowingness if they are 'self-serving' or 'God-serving.' Of course Father wants you to be happy, and surely considers that in His divine plan. Many mortals go to great lengths to convince God that their personal happiness will bring about great things – and certainly, that ploy is not necessary. If you are feeling an imbalance toward working for self, then yes, that is an indication that you are leaning away from God's will. Is that helping? (Azsuray: Yes. Thank you.)

ANTHONY: Abraham, I guess I would like some words of encouragement and guidance about being patient with our friend, Oriah. You know she is very trusting and confident in her personal meeting, but she is a little fence-sitting as far as reading the Urantia Book or participating. Do you have some words for her? Also, guidance about patience for me?

ABRAHAM: Let her be. The decision is hers and one size does not fit all. She has had a great deal of turmoil and must go slowly. You, however, my son, Anthony, are a well of enthusiasm for the Urantia Book and the spiritual life. You are overflowing with desire to be helpful – and this is to be commended, yes; but certainly we remember, as our brother, Ham, said: “too much light can be blinding.” A plate of food is more appetizing when offered than when forced – ask any child. You are a wonderful friend and helpmate to her, my son. Yes, well done.

With that, I will take my leave. Know that as each week goes by, my love grows for you all. Look for me during the week. I would enjoy a moment with you each. Until next week, shalom.

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Soul Intake | What Do We Feed Our Souls | Recommendations For Balanced Living

Abraham, WOODS CROSS GROUP 10-14-2002

Back

I am ABRAHAM. Greetings. I do so enjoy your discussions for I am made to think deeper and increase in the search for my own beliefs. I thank you. Each week when we gather, I feel it is always a form of nutrition for my soul. Just as you would exercise or maintain a proper diet, I feel this, our interaction, is healthy for my soul.

Staying on the topic of self-mastery, we will discuss soul intake, which has a direct effect on the actions you take and the levels of self-mastery you can attain. For these many years, a main recommendation for all has been the message of balance – while it is easy to say, it is rather hard to make real while indwelling the flesh.

It is true that we all search for happiness. Many of us strive to turn our difficulties into meanings and values, which promotes happiness. As far as indwelling a mortal frame, it is quite obvious that a main concern is staying

pain-free. That focus much of the time leads you to do activities that would be most effective in promoting happiness, or at the very least, staying pain-free. To be with a great deal of stress is very much a stumbling block to attaining self-mastery.

Imagine your soul as an empty vessel. What do we fill our souls with on a daily basis? For some, employment takes up a great deal of space, as does the struggle for material well-being. Some feed the desires of the flesh, and that does seem to bring temporary happiness, yes, but is fleeting. Some fill their souls with mindless entertainment or things that one does not require to do too much deep-thinking. Filling our vessel with these activities is not going to promote balance or self-mastery.

Time does seem to have its way with the mortal life, and definitely you each do what you can, or think is best, at the time. Good intentions are certainly there, no doubt, but to fill our empty vessel with imbalance is to act from a mindset of imbalance and emotionalism. We have not much to put forth that is valuable when we are in such a state of imbalance – life seems to spiral downward into further difficulties, further imbalance. A vessel that is filled with a healthy balance of good living is a vessel that can do much good and feed a great many.

Our first recommendation is to imagine our vessel at the Master's feet. What would He fill us with? What would cause the soul to grow? What would assist the mind in attaining self-mastery? What could be added to feel a personal connection and comfort to our divine family? What is considered to be a healthy balance to fill the vessel with, that produces spiritual fruits and shows it in all our daily actions?

- You each know what is at the top of my list – yes, stillness. Time spent with the divine Parent every day is to invite Him to add what He will to your soul, mind, and body. The feeling of ‘belonging to the Father of all Fathers’ is a supreme comfort, and a knowing – that we are never left alone.
- Along with stillness, I believe the Master would certainly have us interact with Him several times a day – perhaps through a small prayer, or a moment of sharing with Him, allowing Him to know He is indeed a tremendous part of your life – here, and definitely, beyond.
- Thirdly, I believe the Master would encourage us to take care of the mortal vessel which houses the spiritual, with good diet and exercise.
- Also important in the line of balance, is lightheartedness and humor. We each know how you can feel the burden of the world upon your back lift when you find the lighter side of any daily dilemma.
- Humor leads me to our next recommendation for a balanced spiritual vessel, and that is fellowship – the daily communication with friends, family, co-workers and even perhaps strangers. Kind words, or deep discussion, or even a passing greeting, is always a doorway to the overall kingdom familyhood.
- There is always opportunity when relating with others, yes; that leads me into our next recommendation for balanced living, and that is service. To serve is to be about the Father's business. Brotherly service always enlarges the concept of 'God the Father' while decreasing our overgrown sense of ego 'self;' and yet, therein lies the feeling that the love of God is at hand. In serving, the mind goes beyond self toward the good of the whole – and that is, without a doubt, most helpful in attaining self-mastery.

- My last recommendation is study and education. Always having the learning mind tuned-in to new understanding (or enlightenment) and knowing the Master's perfected humility, creates a thirst for higher learning and the desire to keep doing good.

This week, ponder these recommendations. Set your vessel before the Master's feet and allow him to help fill it. Make time to think about what you fill your soul (vessel) with, and the actions that are sure to follow. How do the contents of your spirit-vessel promote self-mastery?

You have each already added a wonderful ingredient by gathering together here in fellowship and the desire to learn and serve. I also thank you for your ministry to me. That is all. No questions. Know that I am with growing love for you each, and always do I look forward to the time when we will meet again. Until next week, shalom.

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Self-Mastery Is About Doing, Not Just Talking About It Or Wishing For It

Abraham, WOODS CROSS GROUP 10-21-2002

Back

I am ABRAHAM. It is always a feeling of returning home when we meet. At home there are levels of comfort and safety that are not really found anywhere else in the world. I am amazed at times to see how you each are really intertwined with one another's lives. This is good; there is the feeling of home, always.

As you begin to move away from the material life, you will be ever-more embracing that 'home feeling' throughout your eternal career. It is wonderful that always goodness and light does outweigh personal differences. Well done.

As you each move further toward attaining self-mastery are you filled with divine assurance – that inner-knowing – that God is everything. "He is always with me. I move with confidence toward more truth, beauty, and goodness, every day. Every day I am becoming."

Divine assurance helps us to recognize the ongoing growth and the comfort that we are never stuck or without choice. Self-mastery is, for the most part, about embracing all that is true, beautiful, and good; it is about committing to living the divine life – not just talking about it, studying about it, or wishing for it, but truly striving to become that which God would have you be.

Divine assurance does not have us believe that Father wants us to be an ascending puppet, no. He desires us to experience life as all other evolutionary creatures before. This is the way of the universal plan. Father does not tempt, nor coax us into doing good, so that we may be a reflection of Him, no. By His natural law does He allow us to choose what we will; learn what we will; and definitely does He desire us to grow toward Him, yes.

It is well known that most of Father's children desire to do good, but through the

natural outworking of the mortal life there are mistakes made – and this is completely understood. For the purpose of attaining self-mastery however, it is necessary to be completely committed to living a Spirit-led life.

Granted, at times mistakes will be made; but I am speaking about a loose commitment. There are many things that would attract your attention away from a full commitment to the spiritual life. Pain, for example – physical, mental, or emotional – would certainly strain one's mind to not being fully focused on their commitment. Weak practicing of the spiritual life would perhaps cause one to waver between faith and doubt; and therefore, commitment would not have the same meaning.

In other words, to have that attitude of: "It is acceptable from time to time if I should knowingly sin, Father will understand and in time, will forget about it." – this is not going forward with self-mastery, no! this is not receiving divine assurance, no! This is walking a fine line between darkness and light, which always leads to confusion and spirit poisons. This loose commitment is leaning away from that comfort, that feeling of home, that confidence of really feeling – 'God is my Father.'

Mistakes are understood. Bad choices are understood. But intentional knowing that you are crossing that line of divine integrity is to feel undeserving of God's watchcare, and becoming a servant to that which occupies your mind. If one is accepting of practices without integrity, then that is what one will serve; that is where you feel that 'orphan-hood' that is the source of self-unworthiness.

Last week our lesson entailed those things that you fill yourselves with (your vessels) which promote self-mastery. Whatever you allow to fill your mind is, for the most part, what you serve. It is what drives you. It is what inspires or depresses you.

To be committed to serving the Father out of pure love for Him is to broaden your horizons far beyond what you thought possible. This is where we find our assurance – that God is with us in all we do. He knows our struggles, heartaches, concerns, and desires. In this assurance, we become working partners with our divine Parents, working together, yes. Not like perhaps a typical Earth family where a child may do something pleasing in the parents' eyes for additional privileges, no. Truly enhanced spiritual power is yours because you are co-working with the Father; and truly, it is natural and attainable for all.

This week, think about your commitment to the Spirit life. What is considered a loose commitment to you? Think about what is acceptable to Father versus your own understanding. Some here may still hold the old traditions from past church experience – and maybe that is a bit too rigid! What is 'co-working with God?' What is divine assurance, to you? Just a few questions, please.

CALVIN: Abraham, we welcome Gib and Lou Ann back, and we express for them to feel free to step in with any questions.

DIANA: Abraham, about this idea of assurance and the knowingness that I am completely taken care of, and that Father wants my highest and best possible good –

I have struggled with this, as you know. My beliefs seem to keep me stuck in not thinking that this is possible for me in certain ways. So I like this teaching regarding assurance.

ABRAHAM: Yes, Diana, we – beginning out as babes in the universe – learn that there are rewards for those who do good. It becomes inevitable however, that we discover that good does not always reap good, and ‘always doing good’ is not always possible. We are not born with all we need to know, and the road to perfection is very, very long. You, my daughter, have worked a great deal, and believe me, you have really done well. You are moving closer toward having that divine assurance as a part of who you are and what you believe in. Thank you for your comment. Another question?

MIRIAM: Abraham, I haven't been here for a little while. It is good to be back. I have been reading the story of Jesus' life in the Urantia Papers. It just knocks me out – here He is, ‘God on Earth,’ and is doing our thing. After He got baptized and went up and hung out in the hills away from everyone for forty days, He just kind of thought-over His whole Earth career deal. The reality of how He checked in with His Father; and the reality that we can do that very same thing every single day, and every single moment, if we choose to – with that thought it is just wonderful. As you know I fell on my knee recently; and tonight, you were talking about being in pain – that we can have a painful moment and still reach for Father; and, we can reach to Him in joy too. I am just in this grateful state lately. We are truly blessed.

ABRAHAM: Thank you, Miriam, for that beautifully-touching expression. I am in agreement that Father shares our joy and our pain if we can allow Him. Life is most definitely supposed to be filled with more joy than sorrow; and definitely, sharing a life with our Father ensures that will indeed happen. Well said, my daughter. One more question or comment.

SARAUNA: Abraham, maybe you can explain to me a little bit more about what you said regarding ‘being a reflection of Father?’

ABRAHAM: Certainly. My meaning was that Father does not dangle the good things in life to draw us to Him so that we may do His bidding or be a reflection of Him; He does not bribe us, no. He does, however, allow the natural and divine plan to work so that we have choices; we have free will; we have the opportunity to experience; to become educated. And through our own love for Him, we make effort to be closer to Him –thereby, becoming a truly beautiful and pure reflection of Him. Does this help? (Saurana: It does. Thank you.) Abraham: He works not like man – He is not with ego, or a parent who would offer us a reward if we should do His bidding, no. He has made the path and has lit that path – but indeed, does not force us down it.

With that, I will express my gratitude to our Father for His ways of love, caring, strength and power, which helps us all to make our house a home. Know that my love is ever growing for each one of you. Until next time, shalom.

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Divine Assurance. Allowing Father To Lead and Guide Creates Closeness and Trust

Abraham, WOODS CROSS, UTAH

10-28-2002

Back

(TR: Diana, at Abraham's request)

I am Abraham. Greetings. I am excited to see all of you gathered here this evening for our weekly lesson. When we think upon the concept of divine assurance, we can be certain that Father allows us to experience our feelings, hopes and desires as we walk along the path toward Paradise. He would never leave us in jeopardy of 'losing our way' but always provide that helping hand when we fear we are losing our way.

I am most pleased with your discussion earlier concerning walking the path practically without using art or mysticism to bring about change within the hearts and minds of those you pass in your daily lives. Being a light for Michael is the primary purpose of our mission here. As your Teachers, we all aspire to be closer to Him in the way that we teach and present our lessons to you each week. Each of you has done well to incorporate those small steps of trusting Father's way to guide you along toward Him.

This week, I would like to focus on the concept of allowing Father to guide you closer without knowing your way. It is very difficult for humans to let go of their control when they seem to place their total reliance on their own ability to make their way in this life. From an early age, you are taught to achieve the goals that are set for you, to believe that if you 'set goals' that they will be accomplished; and, to organize every moment of your day so that you know what will happen next.

How can Father guide you into places unknown and unseen unless you allow yourself to release your control over the many aspects of your lives? Father requires you to submit yourself to His control, His guidance, and His way. Of course you have a choice, your free will, yes! But to obscure Father's ability to provide you with His guidance and direction prohibits you from learning His lessons.

Once when I was a child, I learned that if I were to do certain things for my earthly father, he would show me affection and care for me; he would show me great appreciation and respect for accomplishing this feat - but when I was older, I realized that when I ascribed to certain beliefs, they tended to bring about the desired result as well. It was not until my lessons with Michael that I learned of the impossibility of learning without achieving; and, of being Spirit-led where I did not know the terrain.

I am certain - if you closed your eyes and allowed yourself to be led to where you know not, your mind would revolt, your body would stammer, and perhaps your hands would shake. This is complete surrender, my friends. This is giving yourself into the hands of the One who loves you without boundary, who cares for your every move, who patiently waits for you to let go of your control and allow him to be the center of your life. There is no greater love. He awaits for the space in your life to let Him in.

This week, contemplate the amount of time you spend in arranging your life. How much time do you spend in letting Father take control and show you where He would lead you? Do you open yourself to the possibility that if Father loves you above all

else, why would He not lead you into a warm and loving space with limitless possibilities and potential for growth? My love goes with you this week. Until next week, shalom.

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The Art Of Living | Where Do We See Father`s Hand Working With Ours

Abraham, WOODS CROSS GROUP 11-11-2002

Back

I am ABRAHAM. Greetings. I am always made joyful when I listen in on your new discoveries and interpretations therein. What a beautiful group unity when ideas and concepts are built upon and enlarged. To those sincere seekers, the wondering mind is perhaps like a blank canvas which has great potential to be filled with grand spiritual understanding.

Keeping with the theme of self-mastery, we will have discussion on the art of living. It is well known and understood that many mortals, day after day, live to merely survive; much of the time their attention is focused at surface-level thinking. It is somewhat easy to become blinded to the beauty in life because there appears to be a great deal of negativity. Many mortals simply live to battle this negativity. The beauty and the art of living become practically lost.

Many 'live to strive' instead of 'striving to live.' Much of the energy is put into mundane mechanistic doing. If those places within the center of the brain that concerns 'material well-being for survival' are imbalanced, then are they closed-off to other cerebral connections to the divine mind.

We are each endowed with mindal abilities. And to become so focused, so ingrained into things material or trivial - this does lessen the ability to utilize those parts of the mind that concern creativity and beauty.

With the practice of self-mastery, we can find it to our great benefit to forget not to see the beauty in all Father's creation. Life is ever-changing and there is not any 'one way' to live. Mortal life is an ongoing creation that you, and your divine caretakers, create.

Imagine yourself - after having a rather difficult day where it seemed as though everything was so negative, so undermining of your good intentions - after this difficult day, you settle down to mold a sculpture descriptive of your day. After having had the imbalanced day, how would the sculpture appear? There is not the joy and beauty wherewith to create what you had desired, so how would it look?

Now imagine yourself having a spirit-led day wherein you feel Father with every step, you literally see His hand in your daily activities. Even though the day has been long and exhaustion has set in, you set out to create your sculpture thinking about how Father had walked you through your daily dealings. You have that trust in Him that He is still there - His hands are in your hands; your mind is opened to higher levels of spiritual possibilities and you are within that creative mind. Your sculpture is with beauty and is a source of joy for the many who chance to look upon

it.

There are many techniques to living the mortal life. Those that stay spiritually connected are open to new techniques and solutions. For them, life becomes a work of art; beauty is found in the repetitive old daily chores wherein 'average' becomes a work of art.

In your attempts to see the beauty in all things and live an artistic life you really are living fully in each moment, definitely appreciative of Father's hand in all things. This is certainly improvement for the attitude, and is strengthening your ability to fully appreciate – even in times of difficulty.

With this enhanced attitude, self-mastery becomes a natural part of your daily living; your awareness is magnified beyond a material level. A true artist always takes notice of those details that are not usually noticed. The artist sees with the divine eyes. The artist comprehends to the soul level. Any good artist knows that the creation cannot be rushed or hurried through, for where is the joy in that? Where is the beauty?

This week, as you go about your daily happenings make effort to make contact with our divine Parents to open that creative mind. Contemplate – if your present life was a work of art, how would it appear? Where would you see Father's hand working with yours? What can be arranged in your daily living so that you may see the beauty and feel the joy therefrom? Do you live to strive? or strive to live.

We will end here. I thank you each for your ongoing faith and support in our Brother/Father's Teaching Mission. My love goes with you. Until next week, shalom.
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Content of Mansion World Teac

Having An Inner-Knowingness That Father Is Always Available And Involved

Abraham, WOODS CROSS GROUP 11-18-2002

Back

Greetings. I am ABRAHAM. How wonderful it is to know that each week we will be together as a family group. I have come to expect this energy upliftment each week when I return. What a source of joy and comfort to know we have one another and are with that reassurance that our faith will strengthen and our outlook will become fresh.

As I view the world, I realize that a great many misconceptions come from lack of knowingness – not so much basic knowledge, but an 'inner-knowing.' A large percentage of the world's mortals live their lives from a place of fear due to lack of knowing. You that are involved in our Master's Mission are quite fortunate; not set apart or chosen, but fortunate – fortunate to have had this experience, this live contact. So also am I, and my associates on this side of reality, so fortunate.

Over these many years you have had opportunity to become with increased inner-knowing, increased faith, increased comfort – that God is real and is in all that we do. With the planet being brought back into the fold of Nebadon, all mortals have opportunity to have this spiritual contact – contact that they should have

always had but, because of the isolation due to the Lucifer Rebellion, did not.

What a blessing however, to have had access to the Urantia Book, the Teaching Mission participation, and the combination of intelligence and love that true spirituality can bring. Many of you have that divine assurance, or that 'inner-knowing,' that whatever shall befall you, you will be cared for by Father Himself.

Everyone is not born with such faith, no, for it is acquired only by trusting in Father and having a well-rounded experienced life. When a small child visits a place for the first time, he is loath to leave his mother's arms. As the place is revisited by the child, he is more daring to discover what he can, yet still having that comfort of knowing that his mother is close by. The child is developing a knowingness that creates confidence – a confidence that enables him to do more, learn more, and grow more. In time, there is no longer that fear of the unknown.

Tonight I speak on 'inner-knowingness' as it relates to self-mastery. When we view the state of the world today, we can practically see how 'fear' has increased. The weapons of protection that countries manufacture to secure safety are a good indicator of how much fear there really is. Most of that fear is based on practically nothing.

Unknowingness, lack of communication, varying beliefs and tradition-bound ideals are for the most part a leading cause of fear between nations. Much of the same is true with individuals – one can have a great deal of faith in our Father, yes, and yet attempt to hold control over daily destiny. There seems to be a fear of what God will place in front of them.

As mortals, you are many times unsure of Father's will – and that is as it should be. You are perhaps like the child who is still discovering. But sometimes you forget that your divine Father is at hand, that He is there to help, to bring meanings and values – not to increase your fear so that you will be forced into doing His bidding. No, He is here to help.

What is the measure of your levels of inner-knowing? How do you handle daily conflict? How affected are you by your fellows who perhaps wound you in one way or another? As you have experienced this life at this point in time, can you see how Father has been there for you always? That is inner-knowing. That is having the confidence to go forth and bravely face life's challenges.

As you have learned throughout your spiritual education, trust plays a huge role in being able to discern the Father's will – yes, to receive divine information and even comfort. How can there be a confident inner-knowing when there is not trust in our Supreme Caretakers? How can you cope with some of life's harsh realities when you have limitations that decrease your levels of inner-knowing?

Think about those moments when fear is present – and returning back to the artist's life, how would a work of art look having been produced out of fear? In fear there is no direction, there is only limitations, and certainly there is no joy or comfort from having that wonderful 'inner-knowing.' As you mature in spiritual levels, you

come to depend on that inner-knowingness – and you live your life according to that belief. Your faith becomes stronger, yes, and you are with an open ear for direct divine instruction.

Thinking about fear – the next time you are in the midst of this experience, find out where it originated from. It will most likely be from that feeling of not knowing, not having that trust that Father is always there. He loses not His children at any time – most likely it is that you lose sight of Him. This is completely natural, of course. Lack of inner-knowing, in relation to self-mastery, would put most mortals into a heightened emotional state. In the midst of such emotionalism, one is not thinking towards self-mastery, or even the intent to do good.

This week, during your moments of discomfort or fear think about where these feelings originated from. Go to the very root and ask yourself: ‘Is this a valid concern? Is this real? Is this magnified only within my own thinking? Does this fear come from lack of inner-knowing – lack of trust in those who love us so much?’

With God, all things are possible, yes. What does that statement really mean? In your moments of worry, conflict, or fear – ask yourself why you believe in our Father? How do you know there is life beyond this life? Your answer should guide you back to that confidence of inner-knowing and belief that you, with Father's help, can do all things.

I will stop there. No questions. Know that you each are a beautiful light that casts an unlimited view of a new and better age. My love goes with you. Until next time, shalom.

All Our Mortal Experience Leads To An Ultimate Good
Abraham, WOODS CROSS GROUP 11-25-2002

Back

I am ABRAHAM. Greetings. I am always amazed at your willingness to put forth your best intentions for the highest good of the whole. This week I have been witness to some wonderful acts where many of you have set aside petty differences in favor of higher good for the whole; this is certainly exerting self-mastery.

You are each learning to go beyond concern for individual wellness toward enlarged concepts of doing what is the best concerning everyone. Well done. As you each mature in spirituality you are finding that you are not just you, but a part of all there ever was, is, and will be. With this enlarged concept, self-mastery becomes a natural part of life as if it always was.

Said Jesus: “He who tries to save his life will surely lose it. He who willingly lays down his life for me shall be saved.” Is that not a grand example of inner-knowingness? Yes. Is that not a beautiful display of trust in Father and a show of the supreme desire to do His will? Yes. As you view your life history, what have you released, relinquished? Or, if you have laid down your life in order to be saved, what have you lost? and, what have you gained?

As I view my own life history, I find that every moment – moments of joy, despair,

fear, sorrow, abandonment, self-aggrandizement, and power-seeking – was indeed a worthwhile journey. Every moment, every minute, was leading to ultimate good, leading me to where I am now; and for that, I am truly humbled, yes, and grateful.

I have been on the mountaintops of self-glory and the valleys of self-loathing. I have felt the evil one's breath in my ear, and yet I have been cradled in the arms of our Master. I have cried tears of sorrow and tears of joy. I have been witness to Father's power and mercy, His participation, and His simply standing by. I see now how it all led to the ultimate good – ultimate good for myself as well as Father's overall plan.

I can surely find gratitude knowing that I am in a state of becoming. I could not have known then, in the mortal state, what I know now because it required every moment to give me the knowingness that I have now. I certainly would have had a smoother transition however, had I realized then that all of my mortal experience was leading to an ultimate good. Yes, in each experience of living there was always something with meanings and values to gain, and to incorporate into who I am now.

Can you see, children, that all of mortal life experience is quite valuable; and the more willing you are to embrace that fact, the smoother your spiritual transitions will be. Nothing is lost. Nothing good is ever sacrificed by you. When you vow to lay down your life in order to be saved, you are asking Father to free you from the clutches of the animalistic tendencies – to gain mindal expansion, spiritual endurance, and personality enhancement. What is lost when you commit to a Spirit-led life? Perhaps ego involvement, controlling emotions, selfishness, orphanhood, self-imposed unworthiness, and narrow-mindedness – to speak of a few, yes.

My lesson is short this evening. This week, review your life history. Find how it, all of it, has led to an ultimate good. Think about those mountain tops of self-glory and valleys of self-loathing. Think about Father's various aspects of His total being that you have been aware of as it pertains to your life history, your experience. Ponder your spiritual maturity and how you may be changing from concern for self, to incorporating the concern for the well-being of the whole.

Know that in all our hours apart from each other you are always on my mind and in my heart. I am with growing affection for you each. Until next time, shalom.

The Brotherhood In Relation To Self-Mastery | The Handicaps of Traditionalism This Time of Year

Abraham, WOODS CROSS GROUP 12-02-2002

Back

I am ABRAHAM. Greetings. Your combined good thoughts and energy certainly aids in our good connection. It is quite apparent that you each are desiring the good of the whole.

Many of you here this evening, and throughout the Teaching Mission, have somewhat grown up together in your spiritual careers. You can look back at many instances that brought some bitterness, harsh words, petty differences – but always have you each brought one another growth, yes, and expanded understanding.

This evening we will discuss the brotherhood in relation to self-mastery. You must admit that your relationships are probably your greatest challenge while trying to attain self-mastery. Certainly by now, you are understanding how those on high may bring people together to learn specific lessons and facilitate spiritual growth.

During your traditional holiday season, many attempt to focus on kindness and goodwill. Some donate material goods. Some volunteer hours of time to certain charities. Many over-spend on gifts to show love. While this is striving for a higher good, can you see how this season does tend to bring out an animalistic side in individuals? What is normally supposed to be a season of goodwill is very much a challenge to those who are making effort to attain self-mastery.

During this time of year it is common to have higher stress levels to meet demands that are set by tradition, and all the while attempt to fit in those good feelings of knowing the Savior was born on your world. What a season this has become – to challenge those who are attempting to master the animalistic tendencies and embrace a higher-mindedness. There are always good intentions of course, but those intentions are not backed by reality. The feeling of ‘goodwill toward men’ becomes buried by material obligation, stress from pressure, and tradition.

This time of year will be a good time to practice personal self-mastery with your fellows. My first recommendation is taking a look at the person you truly are. Are you that person with everyone you meet? Note how those issues you have with others may be a particular lesson Father is trying to arrange.

Next, I would recommend that you see all others as a parent would see them. See yourself as the Father would see you. Know that all children of God struggle, and all have need to meet demands – all have need for love and to feel a freedom from fear.

Also – when you come into a discomfiting situation with another, be observant like a third party. Rush not into these situations with unbridled emotion. Think about that deeper meaning that would chance to come to you if you are indeed open. When dealing with your fellows who seem to be in emotional upheaval, plant a thought in them, such as: ‘What is the lesson here?’ ‘What are we supposed to be learning from this situation?’ ‘What is the real reason behind emotional outbursts?’

Many individuals meet with circumstances that have attachment to past painful events, and maybe not consciously act out their past frustration – but certainly there is pain that magnifies the present situation. Anyone, anywhere at any time, could be a potential lesson for you, and you for them. You are one another’s teachers – one another’s reflection of good or evil.

With combined love and unity, there is an unstoppable energy that promotes healing and well-being for the individual as well as for the whole. Many people do not understand the power they possess to either help or hurt another. You, children, are definitely directors of destiny and can change any situation to good or bad.

This week, let us concentrate on self-mastery techniques concerning our fellows. Can

you bring out a higher good in those you know? Can you be your true self without fear? Can you be honest and yet, tactful? During trying situations, can you remain observant and open to spirit connection? Father gave you one another not to be a burden, but a source of abundance.

This week, make effort to have discussion on this topic. No questions this week, perhaps next. Know that I am with ever-growing love for you each. Until next time, shalom.

Back

Gratitude ~ Focus On What We Have, Not What We Don't Have

Abraham, WOODS CROSS GROUP 12-09-2002

Back

I am ABRAHAM. Greetings. What a peaceful atmosphere for us to gather. My sincere gratitude to those who provide means for us to meet. You are each quite loyal to the spirit, and for the most part, do your best for the kingdom. I thank you. I am astounded at times at how our Mission is moving along and proceeding with real progress – mortals have made that happen. Listening and well-intended mortals have brought this Mission and Correcting Time to life. You are each an energy life-force to our overall purpose.

Over these many years, you have learned to set aside your desires for what was to become the reality of the Mission. True things have stayed living. Basic truth is now, and has always been, ever-flowing, ever-growing – fulfilling that ultimate purpose.

Michael is once again definitely alive in the hearts of men. Even through life's harsh realities, His hand is visible, His plan is understandable. He loves each of His children with an unfailing Fatherly affection. You are each helping His Mission on Earth come into full fruition. How easy it is to love Him.

Jesus did set the ultimate example of self-mastery for us. He also bestowed us with beautiful techniques in which to relate to our brothers and sisters in the flesh. While self-mastery is an ongoing practice throughout this mortal life, we will begin to lightly study on other topics. Tonight I will, however, keep the week's focus short so that we may leave time for questions.

Beginning on a simple, but important note, we will take this next week to focus on gratitude. At this busy time of year, it is common to focus on where we are lacking. We may find it easy to lose sight of those things with real and meaningful substance. For many, there is a tendency to believe they are in a state of loss or emptiness, and that can certainly color an individual's perception of reality.

This week, let us focus on what we have with real meaning, instead of what we don't have. Let us concentrate on the meaning of 'universe abundance.' How are you being cared for? Can you find the time to see where Michael's hand is at work in your life? "Where your treasures are, there will be your heart also." Find time to

journal your life's priorities from your point of view, and then perhaps from Michael's. What is the foundation in your lives from which all things are built? Have you questions?

MARSHALL: Yes. Abraham, it is nice to hear you taking questions again. It has been quite a while. I just want to let you know I so value the relationship that is developing between us and the insights – everything! You know what is going on – it is just so special. As I am getting to know you, I have never experienced such clarification of spiritual meanings and enhanced cosmic insights as is some of the things we are working on now. It is exceptional. I would just like to hear anything you would have to say to me here through our most trusted TR, Nina. It would be much appreciated.

ABRAHAM: Marshall, my son, I thank you for your kind words. I admire your enthusiasm. I admire your courage to be reborn. I am also glad for our communication and the building of our relationship. You are perceiving the deeper meanings in life; and, as it is written: "Every day a true believer lives he finds it easier to do the right thing." You are indeed living with a new sense of integrity and honor. Your allowing of the expansion of heart and mind is very much creating a new creature. You do well. Keep open our communication. Another question?

LOU ANN: Hi Abraham. I feel so guided and blessed to be in this group of people and to know you. I don't know if you know me yet, but would you have any advice for me with my son and family, and my feeling of dislocation. I would also like to know my spiritual name if possible.

ABRAHAM: Certainly. My daughter, of course I know you. And at this point, do love what I know. You need not have too much concern with the issues at hand. You are reacting to situations in the best way you know how. Please remember, you are still mortal. You have experienced somewhat of a difficult path of late, and your feelings are completely natural. This is always growth-promoting; this is always leading to higher understanding. My suggestion for you this evening is to bravely face something that you have been hoping would just go away. This is not to be overly concerned, but time will be needed to absorb and comprehend the meaning. Understanding of new meanings leads to new values. You are certainly on your way to mind-expansion. Concerning your son, I know not all the details but I can suggest that you provide for him a safe arena to express himself, and where you simply listen. In allowing others to talk, they many times find out answers for themselves without really any help. People just want to know they are heard and worthy – accepted and respected for where they are at the present time. Ann Rayel. Yes, Ann Rayel is how you are known on high. Have not worry, my daughter. The Father is nearby and always are His arms open to you. Is this helping? (Lou Ann: Yes, thank you. I am so honored to be in your presence as a student.) Abraham: You are very welcome. I also thank you. Another question?

STUDENT: Abraham, I too wonder if you could give me some guidance on the choices I am facing right now?

ABRAHAM: I am only able to answer in broad terms, for I know not too much of the details. I am understanding that you are quite intelligent, and at times you are

believing that to be not congruent with the spiritual life. You seem to be one who would always choose peace. While this is wonderful, it is at times undermining your intelligence, and your desire to be logical. The Father is peace. He is also love, and is kindness, but He also is highly intelligent. While intelligence can seem to be harsh, there can always be a balance found. You need not bury your intellect to keep peace. You would do well to calmly express yourself and allow your intelligent side to be seen. You indeed have a kind heart, and this will never be lost. Do not allow your kindness of heart to create imbalance so you are hiding any part of yourself. I hope this is helping. (Student: It is. Thank you.) Abraham: You're welcome. Another question?

CALVIN: If I am hiding any parts of myself, or being a little too open – I can take anything you can send my way this week.

ABRAHAM: You are incapable of hiding any part of yourself. That is an asset, however. You set a good example for many men to follow. Long ago it was thought best for men to only show a virile side. Your honesty has allowed others to feel comfortable also in being honest. You are indeed understanding the fluctuation of the stages of life. Moments can be good, and without understanding 'why' they are the way they are, they can turn negative. Sometimes this is your fault, sometimes it is not; and I say, sometimes it is just life, just natural evolution. Your perception of it, however, is everything. You are continuing to hold fast to the fear of failing. Take this topic and become a teacher with it. Help others to understand what you have learned from it. You are to control it – it does not master you. By becoming a teacher and sharing your experience you will feel more productive and eventually dissect this difficulty into nothing but meanings and values. Is this helping? (Calvin: Very very much. Thank you.) Abraham: You're welcome. Another question?

ANTHONY: Abraham, last time I asked a question you said I was doing well as a wonderful helpmate and friend in my relationship – I think it was how you put it. That relationship has seemed to end very abruptly with a lot of negative impact, as has at least three friendships lately. Can you help me see that in a more positive light, and give me some advice on the future?

ABRAHAM: Anthony, my son, your enthusiasm for the spiritual life is to be commended. You are always with the highest of intentions. You can be quite book smart, but many individuals want to see this spiritual intelligence put into real life, 'down to Earth' so to speak. Perhaps take this experience and learn to incorporate patience into your attitude. And, perhaps loosen up a bit – have fun. Have no fear that your true self will be seen as unacceptable by your fellows. Everything that needs to be done will be done in its own time, and you would find a larger sense of peace if you can 'allow' this. There are underlying issues which make you feel you must express yourself quickly, as if you will not really be heard unless you put forth your point quickly. Individuals like to really be heard and understood. To listen without judgment or advice on how to live better would be a good beginning. You also have a kind heart and you would definitely do well to show that side of yourself. You need not work so hard. You are fully welcome to work with joy. If you find not joy in those things you do, then definitely are you imbalanced to a more mindal state instead of a loving state. Overall, my son, you do well. Know that you are truly

loved for who you really are, and I say, allow that person to be known. Time will bring more understanding and closure to these relationships. Have not worry. One more question?

SAMUEL: Do you have any advice I need to focus on?

ABRAHAM: Samuel, my son, you are certainly learning to exhibit a more courageous side of yourself. You are becoming more, every day. Your striving is to be commended, but there is something a bit lacking and that perhaps could be your willingness. You have good intentions, of course, but there is some fear to totally allow Father – and that does interfere with growth and the direction you should be going in. You are a son of God and deserve abundance. You are entitled to good things in life. Stand not in the way. Know that you are loved and cared for, every day.

With that, I shall take my leave. I have enjoyed our interaction this evening. I look forward to more of it at another time. Know that with each week that passes I am with ever-growing love. Until next time, shalom.

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Opportunities To Be God's Love Made Visible | Be Willing To Be Reborn Every Day
Abraham, WOODS CROSS, UTAH 12-16-2002

Back

I am ABRAHAM. Greetings. For you each to be present here this evening you are surely making a statement of faith. When I am with you gathered in this setting, I feel so fortunate to see God's love made visible. Everyone here this evening has something to give; and along with that, also a need to receive. Your loving ministry to one another is a beautiful sight to behold – yes, God's love made visible.

Last week we made effort to focus on gratitude and the fullness in our lives. This certainly draws positive things to us. This is certainly a tool for reinforcing faith. Faith is why you are here. Faith is why you continue to support Michael's cause. Faith is why you live – not on surface levels but having courage to face life with its altering realities. Your faith brings me here each week.

This season of celebration is usually a time to focus on the birth of one who brought so many changes, so much upliftment. This time for many is a time for rebirth; not so much a focus on perhaps dying to the old ways, but the newness and wonders to come. As your faith matures, you find each day is a new birth, a time for old things to fade away and readjustment to things new.

The blessed Adjuster is our life's Conductor that, without flaw, orchestrates newness and directs us toward meanings and values. What a perfect Parent, yes, to be at hand to assist us in a new 'birth of thought' every day. This Parent is our foundation, our guide, our comforter, our key to all things new. And to think that this wonderful Parent is only the beginning of the assistance we each have for all eternity; yes, that One who is ever and unceasingly standing by, forever.

Focusing on what is good is to focus on birth and newness, drawing toward us those

things that we truly need. This is definitely enhancing our gratitude toward everyday occurrences in whatever may befall us. Focusing on gratitude is not so much about concentrating to die to the old ways, or letting go of old patterns, but seeing life with the eyes of a child. Life is wondrous at any age. The possibilities with God only increase as time goes by.

As your faith matures, you definitely are better able to recognize 'God's love made visible.' There will always be challenges, yes. There will be times when you truly believe nothing will ever change. There will be times when you may feel stuck or unable to see a new light in any direction. In these times, return to that faith foundation and the beloved Parent. Review your life's blessings – in so doing, this helps to open your heart and mind to receive His loving presence.

Yes, be willing to be reborn every day. There is not any one mortal who has seen and knows all things. Life is a wondrous adventure at any age. The experiential possibilities are endless. To commit to being reborn in all ways every day is a literal opening in the personal mind circuitry to that ever-expansive cosmic circuitry.

When we review the life of the Master, how can we deny that Jesus was indeed 'God's love made visible.' His first step was always having to do with faith – an unshakable faith that Father was indeed in control of all things. The Master had naught to worry about, for He was with full confidence that Father was overseeing His every need. His example of self-forgetfulness was indeed a show of faith. He could wholeheartedly be about the Father's business, knowing full well that all was in the safe hands of Father.

Yes, the Master had naught to worry about. He had certainly subjected His mind to the Father's continuous evolving truth, yes. The Master did feel that freedom of allowing His mind to be in a continuous state of rebirth – always new; always watchful of Father's guidance; always trusting that everything with value is truly safe; everything with value is truly lasting. Even in the worst of circumstances, the Master could maintain a sense of peace knowing full well that any and every outcome would end up in an ultimate good.

This week, think about what it means to be reborn every day. Ask yourselves if you still have that wondrous heart of a child. Be watchful for examples of 'God's love made visible.' Look for opportunities to be 'God's love made visible.' Think about your faith and where it has led you, and how it has matured or changed over the years. Think about how your life's experience has provided you with the faith you have now.

Again, be aware of your levels of gratitude and what you may draw to yourself. Also, for conversational purposes, have some discussion on the Master's faith aspects. What perhaps did you admire most about His faith examples in the flesh?

No questions this week. Know that I am always at hand to assist any of you at any time. You are ever growing with love in my heart. Until next time, shalom.

Crossroads | Who Do We Put Our Faith In | Be Our Father's Love Made Visible

Abraham & Christ Michael, WOODS CROSS GROUP 12-23-2002

Back

I am ABRAHAM. Greetings. It is always with great joy that I return to you each week. I am touched by your welcoming embrace. I feel truly blessed to be a part of your lives and what direction they may go. I give you our Beloved.

I am your Brother/Father. Long overdue is the time for me to meet with you in this format. Many sweeping changes are occurring on this world at this time. This always brings great confusion.

I feel it is time to rally my children together to go forward on the path that we had set out upon some years ago. Having lived a mortal life I am indeed in understanding of the hardships that may befall you. I realize the busyness of life can take your attention away from spiritual realities.

Our Mission is at somewhat of a crossroads where many must choose what they are to put their faith in. Many must choose 'who' is their God; 'what' is their God. My Mission children, you are my earthly counselors who will aid many in their decision. This takes not special effort, no, not even any skill - only to live your lives as an example of one who knows me and our Father.

If you have committed yourself to the spiritual life, then be committed. Live not halfway between faith and doubt, love and hate, light and dark. One who has vowed to live the spirit life really must choose to live with integrity and honor at all times. This is not to say there will be no mistakes made, no; this is to discover what you believe in and to live 'that' life.

Be that example who will draw the masses to an age of Light and Life. I have gone before you. I have lit the path - walk therein. Be not discouraged by personal or even worldly events, for these are the results of evolution. Natural evolution of all things is our Father's way. This is not to say everything is with chaos, no! but everything is carefully monitored and guided.

In your personal evolution, your life's events will aid you in growth and in making changes - leading you to me, and, to Father. I assure you that I will always go before you if you should so allow - I will light your path; I will make the way clear. I am the Way, the Truth and the Life - all you need do is have faith that this is so.

Look to me. Know that I love you with an unceasing affection. Be strong, my children, for the changes to come will be your specialty, and you will be the calm in the storm. Rally together. Love one another. Uphold one another. You are Father's love made visible. Carry on.

I am ABRAHAM. Our gratitude to our Universe Sovereign. We are made to be more, merely through your presence. Thank you. How easy it is to love one who seems so magnificent and yet, so real; so much like us.

This week, children, ponder the words of our Master. Take notes on where you may be lacking in integrity. How might you be living between faith and doubt, love and

hate, light and dark? Take time this week to be with the Master. Absorb His loving presence. Are there questions?

INERA: Abraham, I just have a comment. Rachel and Honoray loved this time of year. Not a curiosity question, but can you tell them hello for us?

ABRAHAM: I can, yes, my wonderful sisters. Absolutely. Another question or comment?

CALVIN: Abraham, I just want to say thanks to Michael for His address to us. I think it is the most awesome thing we could ever experience. For me, personally, it is something I probably take so easily for granted. Do we really realize – does it really soak in, that our Universe Creator Sovereign has spent some time with us this evening? I just want to say thanks. His words are very helpful to me. Thanks also, to our TR (Ellanor) for stepping up to receive His message.

ABRAHAM: It would be so wonderful if everyone realized that Michael is at hand at all times. He need not address large groups when His Spirit of Truth is available to all each and every minute of every day. Truly blessed are we to have Him. Thank you for your comments. I also, take Michael's words to heart and will do my utmost to live and serve one who so loyally lives and serves me. Another question?

RITA B.: Abraham, does sexuality in any way hold back spiritual evolution? or can it, in fact, enhance spiritual evolution?

ABRAHAM: As with any aspect of the mortal make-up – when taken to an animalistic level this can certainly be damaging to spirituality. On the other hand, mortal living can be enhanced when Father is at the forefront of your mind. Sex was not ever meant to be a negative experience. Nor was it meant to be used without integrity or becoming imbalanced in mind. Imbalances from sex are usually because they are taken to an animal level. 'God in all things' is truly enhancing, truly beautiful. Good question.

I am slipping. Know that I am honored to walk this path with you, my friends, my co-workers, my brothers and sisters. Until next week, shalom.

Remembering Who You Are | Your Child Of God Status

Abraham, WOODS CROSS GROUP 12-30-2002

Back

I am ABRAHAM. Greetings. What a joy it is each week for me to spend time with this part of my family. As time passes, I feel even closer to you each. I most definitely appreciate your unique personalities, your seeking minds and open hearts. I feel at home where I can truly be just who I am.

Of course there were times when I indwelt the mortal body that I had a certain persona to uphold, and in order to receive what I desired I had to act in a certain manner. I felt the need to control any and all situations. From where I am now, I can say I am truly grateful for my experience. I bear not the burden that mortal life can bring. I can be at peace and happy with who I am, knowing full well that without a doubt I am loved.

My friends, you have each grown into your status as a child of God. Many of you see not the world as you have in the past. You, believers, look to your fellows as equals in all ways. Not money nor power nor status has colored your perceptions of your fellows for quite some time now. You are new creatures.

Children, for the most part you have given your life to Father. You have made Him your sovereign, and that surely changes your perception of anyone or anything that you thought to have value. In your cosmic mindal expansion, you would view shaking the hand of the President of the United States as you would your neighbor.

Yes, spiritual thinking has changed your perception – and indeed, this is occurring all over the world. Man is not your sovereign, no! Government rulers only have power through the voice of the people. You are not merely somebody's wife, husband, parent, child, employee – no, you have come into your own power as 'a child of God,' and know that with God we can do all things. You may not preach from the rooftops, but I can tell you your small ministries are aiding in the new perception of the world's people.

My lesson this evening is more directed at clearing the mind and redirecting focus – remembering who you are, who your sovereign is, who you serve, and also, who serves you. As you proceed into your new calendar year, ponder your many roles as an inhabitant of Urantia. What is your most important role? As you come into understanding your own divine status you are with new power, new authority to be about the Father's business.

As we clear our minds, look not at the world as if it controls you. Think not that you are indebted to any mortal, for you are with freedom to be that 'child of God,' and there really is no pressure put upon that free child of God. Care not what obligations you have. Ponder your freedom. Clear your minds of your many roles in life. Remember that God-self and look out of those eyes.

Truly, the world is changing, and you each are helping with just your own personal transformation. Let us remember the words of the Master: "If you are committed to a life in the spirit – then be committed." Yes, allow the transformation. Remember that first and foremost you are Father's child. It is He who shall oversee your personal growth – not mortals or employers, cultures, or society. You are with all the value that you will ever have – and that, my friends, is everything. Not any one person can take that from you. You are loved and valued just 'as you are.' A few questions?

LUKE: The relationship between body, mind, and spirit – how does my mortal life help my spiritual life? Is there a balance there? or is my spiritual higher self in a better position to help my mortal self. I hope my mortal-self doesn't have to help my spirit.

ABRAHAM: Indeed there is a need for balance and a certain recipe for living. The spirit life would not advance without the willingness of the mind, and without the spirit-life, the body would certainly experience negative effects. To become imbalanced in mind is perhaps a door closing to the spiritual life. And yet, the

spiritual life should be the foundation in which you have built all things upon. To become imbalanced with work would perhaps tip the scales more toward a material perception than a spiritual. To be fanatical with spirituality would affect your material life in an adverse manner. Balance, my son, really begins within the mind. Willingness to be reconciled with the will of God is the first step to living an all-around balanced good life. Is this answering? (Luke: Yes. Thank you.) Abraham: Another question?

CALVIN: Do you have any direction for my children here today, for when they go back home?

ABRAHAM: My children, you are most definitely a light in the world. You each indeed have power to create change – good and bad. I realize that you seem to be subject to unfair treatment, but I can say those adults in your lives have reasons for the way they act. The adults that you know have at some point experienced pain, and this does indeed affect the way they are treating you. The adults believe they are doing what is best, but you each can feel within your hearts and minds when this is not quite correct. Jesus, as a boy, was indeed brilliant and enthusiastic, wanting to take on the world – and yet His parents, His teachers, seemed to hold Him back. Jesus learned that at times peace and tranquility must come first. In emotional upheaval, nobody is really listening. This is not productive or solving any problems. There are times when each family member must compromise to keep peace. All family members should be heard and served; each one is important, and love must come first. If you can imagine your lives without one another, certainly that would be a pain not to be forgotten. The difficulties you experience now will definitely be transformed into the family closeness of tomorrow. Each one has to be willing to give a little, compromise a little, always listen and be heard. You, my children, are each bright lights that can change things for the better. Have not fear. Know that you are valued children, not just to your earthly parents, but to your divine Parents as well.

My gratitude is to you each for your open hearts and loving friendship. Until next week, shalom.

2003 MANSION WORLD TEACHINGS

Mankind's Evolution Throughout History Has Brought Us A Connection With The Divine
Abraham & Emulan, WOODS CROSS, UTAH 01-06-2003

Back

I am ABRAHAM. Greetings. I have enjoyed your conversation this evening; it has been quite thought-provoking. I appreciate your willingness to be honest and loving. For the most part I perceive you as lovers of truth. While harsh realities may blind you for a time, your love for Father and truth always brings you to a place of reconciliation.

I am EMULAN. I am also with joy to visit this branch of my family tree. I have been assigned to teach this evening's lesson, for my experience has trained me well.

I have always been fascinated by the total mortal makeup. From the beginning days on a planet – continuing on through evolution and to the present stage, I have always

found the divine plan to be without defect.

You can envision for yourselves how man's perception has changed throughout history. This perception affects everything, including the physical body. Everything in nature has pattern, plan, and purpose. When you view a pack of wild animals, you can see there are some animals that are the leaders, some are the nurturers, some are the hunters. Overall, the pack works for the health and well-being of the whole.

With time, you can see that wildlife has not changed or evolved like humans have; their changes perhaps come from man's intrusion. Animals have not the capacity to know God; they merely live on instinct; they know not good or evil; their selfishness is more perhaps self-preservation. While all animals are truly cherished by our Father, wildlife is not equipped to connect with divine circuitry.

Mankind's evolution has indeed been his friend and foe. Man's ability to comprehend good and evil has taken him through an amazing transformative evolutionary experience. As a mortal, I did do better as a child of God when I had begun to understand my mortal self. I was indeed part 'instinctive animal,' and part 'divine child of God' – part material, and part energy. How I perceived life is what enabled me to either progress, or delay progression.

No Urantian scientist has full knowledge of the human brain and all its functions, yet there are many individuals who believe they know all there is to know about the mind and its inner workings. Father is truly brilliant with His divine plan and how everything has pattern, plan, and purpose. You are each gifted with mind; and over time, your mind has been shaped by various experiences.

There are certainly reasons why you are the way you are. How you have perceived life up to this point has shaped you into the person you are today. With the rebuilding of the circuits, your minds have a greater capacity to absorb, understand, and organize. You are better equipped to receive morontial lessons. You are indeed able to have those gifts you would have, had there not been rebellion.

This week, make effort to quiet the mind. Take note of those occurrences that seem out of the ordinary – for example, foresight; or feeling spirit-led; feeling capable of handling situations. Know that your minds are connected to a cosmic mind. Think about who you are and how everything works together. Ponder the possibilities of change, how things are always changing. Truth ever remains the same, yes, but most everything is in a state of evolution to bring about ultimate truth.

I am ABRAHAM. Our gratitude to our brother, Emulan. Your expertise shared, will be to our benefit.

Children, there are endless possibilities here on your world; not to be exploited or used for self-aggrandizement, but tangible possibilities that are leading you into an era of Light and Life – definitely a moment we are all looking forward to. Think about how Father knows each one of you, and how there is little you can do to comprehend or grasp the fullness of His love for you.

Ponder your perception of your God and His involvement in your life. Know that those

who watch over you are without number and there is not to worry. Be comforted by the unceasing truth that you are a child of God and loved beyond measure. Go in peace. Until next week, shalom.

Living an Authentic Life | Are We Living The Life We Feel We Were Meant To Live
Abraham & Emulan, WOODS CROSS GROUP 01-13-2003

Back

I am ABRAHAM. Greetings. I am enjoying the peaceful surroundings here this evening. Each week that I teach I am made to learn more. I am fascinated by your unique personalities and your perception of attempting to live a divine life on a mortal planet.

Emulan's lesson last week discussed getting to know our total mortal make up and how everything works together. As I have now passed the mortal material level, I am with new concepts to take in, while retaining the value of the old. I am different now than I was in the flesh. My acceptance to consistent changing has enabled me to advance in the spirit. Again I give you, Emulan.

EMULAN: Greetings, fellows. I am with gratitude to have learned and worked with my brother, Abraham; I am different because I have known him. I am made more having known the individuals I have throughout my career. Even in negative experience there was value. In my realm now I still experience conflicts, differing opinions, and always that temptation 'to be noticed.' I look forward to new growth and change because I am made more, and that is my perception now. Yes, I am always moving forward. I look forward to change for I know it is our perfecting process.

As you reflect on your lives I am made to wonder: How many individuals feel they are living the life they were meant to live? How many are being their genuine selves? When you look at your overall life, what is your measure of joy? What is your measure of comfort and security? How do you greet each day - with enthusiasm? or with dread.

Answers to these questions can reveal to you if you are living to your highest light. There should be a good measure of gratification, combined with the knowledge that life is work and play. Yes, balance in all things.

I so love the mortals of this world of which I encounter, for their intentions are truly touching. All have high hopes and expectations. All are striving for progression in some way. Many mortals, every day, are deep in despair for they feel they are not living the life that they are supposed to. This does not mean one hopes to have a life of ease and bliss, no. This means that even in times of hardship there is a true knowing that everything moves forward toward an ultimate good.

Every good thing begins with God - the Father of all fathers, the Eternal Light. He is love; He is intelligence and action beyond our comprehension. Those who strive to know God and to be like Him are assured with the fact that the divine life is not one of blissful ease, no, but one filled with challenges and learning. One who is feeling without fulfillment is not living an authentic life.

Individuals can live for many things - such as money, love from others, self-glory -

but the one who lives for God sees true value. Those who embrace this true value live their lives according to what appears to be for the ultimate good. Therein is balance; therein is satisfaction; therein is fulfillment. One could have the riches of the world – love of family and friends, respect in their employment positions – and still be unfulfilled with the thoughts that they have somehow ‘sold out’ and are not living the life they were meant to live.

This week, find time to answer these questions I have posed. Who do you serve? How would you envision the life you are really meant to live? Farewell.

I am ABRAHAM. I am in awe of Father’s plan for eternal living. There will always be hard work. His plan is not one of ease, but one of balance. The universes are with intelligence, as you are also; you are expected to use intelligence in combination with love. Nothing can be kept from those who watch over us.

To live a life serving the ego is to be blinded to Father’s ministry. To understand if you are living your best life is not measured in material amounts or even in the love from others, no. Living true to your status as a child of God means that you are with balance in all situations – good or bad. You will have times of despair, confusion and anxiety, yes, but never enough to overcome that persistent child of God. A few questions this evening.

SIMON: Yes, Abraham. I enjoyed a program yesterday at the Impact Training Center. Hans Berger seemed similarly inspired along these same lines of choosing happiness and joy. One of the statements at the end of the evening seemed to remind me of Jesus’ eventually coming out to proclaim truth more openly at the end of His life here. Are we at the point where we should be more open with truth? He was talking about praying out-loud, bringing truth to the forefront.

ABRAHAM: I would believe that would depend on an individual’s level of comfort or spiritual advancement. Truth is personal, and not always shared among individuals. If truth is used to move forward toward an ultimate good for all, then that is what one should strive for. Many fear using truth as it may harm others or make themselves look negative. Comfort levels are also to be considered. Sharing truth should always be balanced with love and without intention to boost one’s ego for being right. Truth should be a revealer of light. Jesus always waited upon the will of Father in revealing truth, and in the beginning of His ministry He always had put forth His truth in an attitude of service. At the end of His ministry, however, He had the mission of doing as much good as possible, and many were not open to the truth. He was at times perhaps a bit forceful, and at other times He knew it would not serve. Another question?

DIANNA: Abraham, I would like to get some clarification on some of what you talked about in the lesson tonight. When I look at my life and my wanting to be fulfilled spiritually; when I look at the cycle of allowing Father to transform my life and transform the patterns of behavior and beliefs that I have built – I do feel fulfilled. However, in the recent discoveries of the other patterns in my life, I do seem to color-over this fulfillment as well. Is there a point where I will always see that this is going to be an incorporated part of my moving in from a place of not feeling fulfilled? I say this because I am not quite accepting and forgiving of

my past into a place where I will be comfortable, because I can see that requires a 'constant change.'

ABRAHAM: I can see how your fulfillment from the spirit life can benefit other aspects of the mortal life, and yet I can also understand negative occurrences could create a bit of space between you and the Spirit. Nothing though, can take you away from the Spirit. I understand that individuals become who they are because of past experience and even behave in a certain manner; but the mortal life is about overcoming the challenges that block you from forward momentum and growth. The lesson perhaps is more focused on the total mortal life – finding fulfillment in all areas; not at all times, no, but with balance and the knowledge that things are always in a state of natural evolution. The mortal life is hard work, yes, and takes great effort to overcome the animal-self. My message here to you, my daughter, is that you are indeed with power and that spirit support to change things in your life. Where there is sorrow, there can be joy. Where there is hopelessness, there is always Father's plan for perfection. Is there something more I can answer for you? (Diana: No, and thank you.) Abraham: You're welcome. Another question?

ANICIA: Abraham, I really want to speak with you right now because this lesson is everything that I have been going through for a long time. It really hits home to me about walking in balance because I know the intelligence that is within me is at times very clear, and at times very unclear. I know the steps that I need to take in the moment, and yet I just want to jump ahead and figure out my whole life plan because I am so worried about being unfulfilled. So yes, there are many days I wake up dreading the day because I don't feel I am where I am supposed to be. There are times when it is really unclear for me. If you have anything that might help, I would be appreciative.

ABRAHAM: Certainly, my daughter. Father completely desires your happiness. Many believe God to be unmoving and somewhat of an enforcer. He very much wants you to discover your gifts and do what you most love. All are bestowed with gifts in order that they may serve in some capacity. It was meant to be fulfilling to use these gifts in whatever you choose to do. This is your life. It is also Father's opportunity to live your life with you; but He does not force His children into anything that is not suited. He does not ask the individual who does not want children to have children, for instance. He does not ask those who want to work as a gardener to be a brick mason. He has given you gifts and free will. These decisions are yours to make. Whether you will live frivolously, or work, or decide to be in a relationship or not – know that somehow, fulfillment comes from knowing you have done your best from where you are; it comes from knowing you have chosen a path of divine light rather than one that is selfish. You are still quite young in your eternal career. Have not worry nor anxiety, but know that whatever you choose, your Father is always with you and guiding you. Remember He desires your happiness.

I am slipping. Know that with each week that passes I grow in love for you all. Until next time, shalom.

Find Your Authentic Life By Looking At Your Own Gifts | Allow Father To Show When and Where To Serve

Abraham, WOODS CROSS GROUP

01-20-2003

Back

I am ABRAHAM. Greetings. What a serene atmosphere we have here this evening. Your searching minds make it much easier for me to speak with you. The mortal life is quite complex, yes, and it will always be so. You are each day gaining more spiritual understanding which aids in all aspects of living.

Last week, Emulan discussed living an authentic life, living the life you were meant to live. In any life-position you take there will always be your outgoing ministry to spread the good news. Even those with troubled souls have a great deal to teach.

The world is at a critical point now where many are becoming hopeless and disempowered. Our Teaching Mission is one of empowerment and hope. You that are willing to be spirit led will find yourselves with Father's assignments. Your daringness to show your faith – not to force your faith but only to 'show' – will be an attraction to many. You have a responsibility as kingdom missionaries to be aware and open to your fellows.

Those that choose to serve Father find they are with a closeness to Him that they cannot get from anywhere else. It is fulfilling and gratifying to know that you are always in a potential teaching mode. Where you live, work, and play, does not particularly matter. What is meaningful is that you have strived to do your very best.

Most all mortals have ambitions, dreams to be fulfilled, desires to obtain, and this is perfectly acceptable. It is simple to find your authentic life by looking at your own gifts – you may have all-pervading interests that are training you to serve in the kingdom in some sort of capacity. Those that are perhaps closed-off to the spirit may not perceive correctly their talents.

Father does desire your happiness, yes, and would not stand in your way to find fulfillment in any capacity; in fact, He helps to open doors to those desires you have. One could be gifted at woodworking and perhaps he would find those opened doors for employment doing such while still being of service for Father. Yes, other than the enjoyment of the craftsmanship of his work, he also has his ministry to his fellow employees. He finds fulfillment in being a caring friend, an honest speaker, a listening compassionate and sometimes advising brother. He does find satisfaction in doing the mundane because he knows who he really works for.

You have each made a series of choices that have brought you where you are today. Many occurrences have just simply happened to you, and at other times you lived intentionally. No one person is ever really stuck in anything – a bad marriage, a job, an illness.

Do you understand, you have more personal power than you realize? Do you realize that 'with God,' all things are possible? Yes, you have the gift of intelligence and can change any situation. There is always that inner doubt that can keep one from even trying to fulfill their dreams, yes, but the spirit-seeking child knows, 'what the Son desires and the Father wills, is.'

When you think back on the careers of the Master's apostles, they were with many

misconceptions and met with disappointment time after time. You can see that because of their companionship with Jesus and faith in Father, they learned to reconcile themselves to reality – for as we know, some of their fondest hopes were not reality and were not going to ever happen. Instead, their expectations were transformed by their acceptance that 'Father's will was always for the ultimate good.' Many of them desired to be at the Master's side so as to be at a place of importance. It was later on that they realized the 'ultimate good' was – that with the Master, every place is important.

You have your disappointments, yes; you may even feel there are too many roadblocks or dead ends. But I say, always is there the choice to take another direction. You are always empowered to make effort toward an ultimate good. While we teach that reconciling the self to Father's will is extremely important, we also want you to know that you are with personal power to create change, to go forward toward an ultimate good.

At the end of the Master's earthly career He exclaimed: "Father, I commend my spirit into your hands." But at the beginning of His earthly career, He commended His 'entire life' into the Father's hands. His focus was not about living the life He felt He was supposed to live, no! He fully trusted that Father overlooked His entire career. His complete belief in self-forgetfulness led Him to places Father wanted Him to be. He was always with joy to serve in any capacity.

Children, you are bearers of light and have responsibility to live accordingly. No matter what your life circumstance you are always, first and foremost, a child of God – and in serving Him you have something you cannot get anywhere else. The Master faced many challenges, yes, and yet He was unshakable in faith and trust. He was unmoved by emotion. He was steadfast in living those divine principles Father was revealing to Him.

This week, think about what you are doing with the circumstances you are in. For example, your home life – many petty things may be occurring but are you putting forth your focus to those things that are truly important? Are you working to your highest ideal of ethics at your place of employment? It's not so much the work that you do as it is important to minister to those who seek you out. In service there is fulfillment; there is that closeness with Father that curbs your cravings for anything else.

No questions this evening. Know that I make effort to meet with you each during the week. Find time this week to journal down a question and wait for the reply. Know that I am growing in love for you each. Until next week, shalom.

Truth And Awareness | Truth Can Be Colored By Heartfelt Desires
Abraham, WOODS CROSS GROUP 01-27-2003
Back

I am ABRAHAM. Greetings. I would like to express to you my gratitude for your continued faith and support. You are why we are progressing with such success in bringing worldwide awareness. You have answered our call, and for that, we thank you.

I can understand the distractions in life can cause imbalance; it can cause one to lose focus and make any and all things, acceptable. Deep within the hearts and minds of any spirit-born child of God there is that vein of truth, there is that inner-knowing of right and wrong. Those that are not so much living a Spirit-led life would not perhaps have the same awareness; any and all things become acceptable, especially if it brings self-aggrandizement. This evening we will focus on truth and awareness.

Many mortals believe that truth can be molded to adjust to any circumstance – that truth can be colored by one's heartfelt desires. But truth is truth! and that may look different in every individual's eyes, yes. To Father, however, truth just is. Truth is pure perception without being colored by personal desires. Many individuals find the truth to be cruel – and in their denial of it, progress is slowed. Not to worry, because eventually truth will demand to be seen.

Said Jesus: "The truth shall make you free." The willingness to see reality for what it truly is, is to be in a state of forward momentum – always progressing and ever growing. Truth begins with awareness – and that means having the courage to not dramatize the truth or color it with the needs of the ego, but to see it as a teacher.

Our Mission has for the most part been about bringing awareness. In this awareness, the vein of truth has been pulsating with new thought. Individuals are finding that living a life of falsehood is entirely unfulfilling – the falsehood makes even the most stable-looking foundation, quite shaky.

The world's inhabitants are finding that this new truthful-thinking is setting them free from tradition-bound practices; it is building self-esteem in a manner that makes cultural and society's set ways look ridiculous. Not any one person, group, or society can make you believe what is acceptable and can guarantee love and respect – not to mention a place prepared for you in heaven.

Truth is perhaps like a dance with 'what is;' and when you insist on leading, you are sure to stumble. Awareness is a light, and truth is your teacher. In my days in the flesh, I had a great many hard truths to face. I so much desired a life of power and self-glory; and, therefore, I molded the truth to fulfill my desires. The more truth I denied, the more fear overcame me; I was made to rely on myself, my ability – and that created fear, for I was utterly alone.

A life without Father is not only meaningless, but fear-producing. Accepting the truth and being aware enabled me to learn a new and better way. I did see the ugliness within, and the truth enabled me to change and grow. The truth did not stop me with its judgment, but empowered me with new solutions and a priceless closeness to Father.

This week, ponder your concepts of truth and the avenues you may be tempted to take to color it. How does denial slow your growth? How does the truth set you free? Also this week, free yourselves from the noise of the world or earthly stimulations, that you might better practice your awareness techniques.

No questions this evening. Know that I truly feel the presence of our beloved Father when I am with you. Until next week, shalom.

Self-Awareness Brings Alcohol-Ridden Man To a New Awareness - Putting Truth To Action

Abraham, WOODS CROSS GROUP 02-03-2003

Back

I am ABRAHAM. Greetings. I am touched by the genuine spirit here this evening. You, brothers and sisters, do a great deal to bring healing to one another on many levels.

These lessons you have received over these many years have obviously served you, for you would not have carried on otherwise. You each have made it clear on what is to be realistic and acceptable. You have vowed to forsake mysticism, ego-comfort, and surface-level topics. What has been acceptable to you concerning these lessons has become reality. This reality has not always been a great source of comfort, no, but it has brought growth and expansion of mind and soul. Well done.

Continuing on the topic of truth and awareness, I would say a few more words about putting truth into action. Your lives at this point in time are the way they are because of your levels of awareness and what you find to be acceptable.

I am to tell you a story of a man who was quite unhappy with his life. Always did he have some reason or another to believe things could never change; in fact, he blamed Father for his misfortune. He had severed ties with his wife and children and was on the brink of unemployment. His living place was quite unfit for living. All this was his reality, yes, for this was what was acceptable in his mind.

The man saw not the good things in life, he saw no value to be obtained in the deeper meanings of mortal living. He had a fondness for alcohol and found that this was his companion, his escape from reality. Yes, this escape was what was acceptable to him. He had justified his actions so that he could accept a so-called life of ease - a life without too much thought.

One day the man was in a terrible car accident. When he awoke, he found himself quite alone. He called out for Father in his pain and agony - but with absolutely no faith behind the intention, for he had, in fact, always blamed fate (or God) for his misfortune. But to his surprise he began to feel a loving embrace; an awareness of new thoughts and words came to him.

The incoming thoughts and words helped the man realize that his years of misery were of his own doing. He began to see that the poor treatment from his wife and children were his own fault, for that was what he thought to be acceptable. He realized that his financial woes were, in reality, a result of his tendency to work without integrity. He envisioned that his disruptive personal environment was his escape from having to deal with or put forth effort into any relationship. Yes, reality surfaced; he had put out no effort - and therefore, he gained nothing.

As the man recovered, he had a great deal of time to reach advanced levels of awareness. These truths were painful and yet, not as painful as the existence he had already lived. The man soon determined his living conditions were not acceptable any

longer. Likewise, his attitude toward life and ease-seeking was not acceptable. Yes, his unfulfillment was not acceptable anymore.

Of course, the man experienced an array of emotions, including anger. This anger began to create a new pathway to a new and better world. Over time, his connection with Father grew stronger; he began to demand that he have a Spirit-led life.

With his new outlook and perception, everything changed; and his treatment of people, softened. He was indeed a new man who began to look sincerely at others as if they were indeed his brother or sister in the kingdom. His work habits greatly improved for he found that to work without integrity was no longer acceptable.

Being renewed in spirit, the man demanded more from himself. He demanded meanings and values at any personal costs. He realized that the alcohol he had so often consumed was the underlying lie he had been living, and he found this to not be serving – himself or anyone. As the man built relationships he found the value in a good friend, the love of a wonderful woman, and the importance of being a father to his children. Yes, for he now knew this was where true meanings and values reside.

Life is still a constant effort for this man, but so much has changed. And all this because of what his awareness had brought him; and because of what he decided was acceptable, or not. His reality changed when he began to demand a life lived in the spirit. One cannot change their life overnight, and should not expect to! But one certainly has the power to quit blaming others for their pain, and demand to be more, do more, and have more.

What are those persistent things in your life that are not serving anyone? What has become acceptable to you? What do you demand from this life? How have all your thoughts made your life what it is today? Do you find methods of escape to life's realities? or are you willing to embrace the awareness and the truth that comes therefrom.

Our meeting is kept short this evening. Know that you are each always in my thoughts. I find myself ever growing in love with you. Go in peace. Until next week, shalom.

Truth Is A Universal Law | It Cannot Be Molded Or Bent to Suit

Abraham, WOODS CROSS GROUP 02-10-2003

Back

I am ABRAHAM. Greetings. My heart is full just watching you with one another. Your kindness, compassion, and offerings are truly touching. Millions of dollars are spent each year by those seeking some kind of assistance, whether it be medical, psychological, or emotional, when right here you have a wonderful resource for comfort and well-being. Father is always our best counselor and yes, many times we find Father in one another. Well done, my friends.

I realize that mortal circumstances often take us to places we do not want to be. Always remember, everything moves toward an ultimate good. You are revealers of the light, and as life happens to you, you will certainly set examples for others who

also strive for meanings and values in this mortal life. As your acceptance of truth is strengthened, surely will Father assist you in putting that truth into action. I am always amazed by the resilient spirit of man.

This week, I would keep our lesson short so we can receive questions. In our recent lessons on truth, we have studied our own levels of what is acceptable in our lives and, what we are demanding to receive from having lived a Spirit-led life.

This evening I would again speak a little about universal law: No one in mortal life actually reaches perfection. On rare occasions it has happened, yes, but not usually. Even those who profess to live a Spirit-led life find that they can justify certain personal behaviors. Some still feel the truth can bend and there is not that level of commitment to integrity that it takes to have a close Spirit connection.

Truth is a living universal law. It cannot bend. It cannot be molded to justify one who lives a life without honor and integrity. Your thoughts and your actions indeed return to you. Those individuals who are particularly judgmental of others do hide in their own knowledge of the fact that they live not up to high standards of integrity.

What in your life are you hoping to receive? What message are you putting out to the universe? To live a life of truth is to receive the universe gifts therefrom. A life lived with goodness also reaps goodness from the universe. This is not to guarantee a life of ease or bliss, no. This is to be prepared to advance in spirit levels.

This week, take time to prioritize those things in your life. What is truly important? What really matters? What is long-lasting and building toward the future? A garden left unattended will surely wither away. Are there questions?

CALVIN: Abraham, we have a large crowd this evening, just for the record. Regarding your teaching, my garden feels like the weeds are growing faster than that tiny hoe I have to keep up with it. Is that a good thing? Or, is it that I can't see or acknowledge what it is that is causing this?

ABRAHAM: My son, every garden takes a great deal of work. You are perhaps still preparing the soil for growth. You do not see the expansion you are embarking upon. All lasting work takes many small steps to prepare. You are doing well in the eyes of our Father – and you are not seeing that with your own eyes. You are judging life's success by someone else's standards. Those things that are truly important, yes, you are attending to. Nothing is passing you by. Take joy in those small but meaningful things and know that the small steps of today are preparing the ground for the greater work of tomorrow. Is this helping? (Calvin: Yes, Abraham, and thank you very much.)

SIMON: Abraham, I feel like there is a lot of decisions going on in my life right now, and... [Inaudible.]

ABRAHAM: Certainly. I see you, Simon, as an artist of sorts; and many artists tend to work from whatever mood they are in at the time. You are quite creative and are filled with many ideas. Not all of those ideas need to become reality. You simply

take on too much. You have high expectations of yourself and this, for the most part, is good; but when you can't fill those expectations, you are feeling disappointed with yourself. This again, is not so much the Spirit driving you, but the artist in you. As always, a little balance in life goes a long way. Decipher for yourself those things that need immediate attention, and allow yourself some time to relax or find a creative outlet that does not have a deadline. You do well, my son. Is this helping? (Simon: Yes. Thank you.) Abraham: You're welcome. Another question?

WILLEENA: [inaudible.] Do you have suggestions about how to return to Spirit?

ABRAHAM: I cannot invade your thoughts or understanding, but perhaps I can say a few words. You, Willeena, my daughter, have always had connection with Mother and Michael at any given opportunity. Any new understanding you have received is certainly of your own willingness to be open. I can say that you know this is the purpose of our Brother/Father Michael, to teach and enlighten. You are in full understanding of the Correcting Time and Teaching Mission. You know without a doubt I have full faith in you and your ability to understand and live a Spirit-led life. Yes. Is there more I can offer?

WILLEENA: [Inaudible - about feelings of falling short.]

ABRAHAM: Understood. This is common and bound to happen from time to time. When in the midst of this distraction, you can only ask yourself: 'What can I do right now? What can I do for today?' The Spirit within will, no doubt, answer back: 'For today, I can accept the fact that I am the child of God and, am worthy of His love and communication. For this moment, I can relax and know that while I am down in the dust, there is one above me who can see all. I am never lost. I am never alone. For today, I can believe that my life is in a state of constant evolution and, I am not going to crumble.' You have been through these moments before, Willeena, and always have you found your hand back in Father's. You have always been one to help others reconnect with Father; and this service is your best method back to Him. Remember you each have one another. When mortal life seems to be overwhelming, know that your fellows long to help you - and also need your help. Is this answering? (Willeena: Absolutely. Thank you.) Abraham: You're welcome. Another question?

ELESHA: [Inaudible - about the feminine aspect of God versus the masculine dominate portrayal.]

ABRAHAM: The feminine energy is your own. It is simply your personal circuit on which divine energy travels. No, I see no resentment toward masculine energy as far as the spirit goes. You are discovering which methods are more comfortable for you - by all means, use them. Father desires your comfort because this is His connection to you. Have not worry. Is this answering? (Elesha: Yes. Thank you.) Abraham: Another question?

LUKE: Two questions that have to do with my sons and the distance we have between us. (Inaudible ... About how to make more of a connection with them. Luke lives in Utah, and his sons live with their mother who has moved back to the Seattle, Washington area.)

ABRAHAM: Do you mean 'through man's technology?' or 'through Spirit?' (Luke: For instance, can I send them mindal messages.) Abraham: No, not at this age, no. Children, even those with Thought Adjusters, still need material forms of communication. This is not bad, Luke. A phone call as often as possible to them would surely keep you in their hearts and memories. Letters, pictures, etc. would also aid them in their transformation. Many times, parents can indeed feel the spirit-connection with their children, and children can at times be made to receive thoughts. This is good, but children need more. In spite of differences in spiritual understanding between you and your wife, it would do well to make a plea to her to put first, the children's welfare. Keep them out of your politics. In time, those children will be able to decide for themselves what path to God they want to take. For now – be their father. Put their welfare first. Is this helping? (Luke: Yes. Thank you.) Abraham: You're welcome.

CALVIN: Abraham, you have listening students in other parts of the world who interact with us, but who have no group Mission-participation of their own where they live. Some do request to be included as a part of our group, with you, here. Do you have any comment on that? Do you have any upcoming Teacher-assignment announcements to share with them? Do you encourage us in sending them your lessons?

ABRAHAM: This is the best that I can say for right now: What you put into the group, you will for the most part, receive back. If you make effort to reach out in ministry, surely you will be ministered to. I cannot so much comment on announcements, for that would verge on providing proof that I am, and I cannot do that. But indeed, always has Michael's Mission partly been about the brotherhood and inclusion. Individual's lives do become consumed with busyness, and it is understood that some are not as involved as others. This is understood and acceptable, yes. But definitely, participation and commitment to one another softens the harshness of mortal living. Is this in understanding? (Calvin: Yes. Thank you.) Abraham: One more question?

MARSHALL: Yes, Abraham. A lot of breakthroughs and a lot of changes recently. Anything that you can give me that might be helpful?

ABRAHAM: I realize that everyone is in a state of constant evolution and it is difficult for me to speak freely about one's personal life. I am not to invade or interrupt in the personal lives of my students. However, if I am called upon, I make effort to be available. I can say to you, Marshall, that the spiritual life must also become a living reality – something you can see, hear, and feel; it must be made clear in everyday living; it must bear fruit. You are indeed enthusiastic and have good intentions – and yes, it can be overwhelming at times. We must remember to live a 'practical' spiritual, life. My recommendation is to take things a bit slower. Allow more time for absorbing those meanings you receive. All is as it should be. Have not worry, and take note of that spiritual fruit.

And with that, I will bid you, my students, farewell. Know that my deep and abiding affection is with you always. I thank you for your commitment, participation, and support of this, our Brother/Father Michael's, Mission. Until next week, shalom.

Concerns Of The World | Nalda At The Well Is Taught To Turn Within
Abraham, WOODS CROSS GROUP 02-17-2003

Back

I am ABRAHAM. Greetings. I am inspired by your willingness to be open and also by your desire to assist. I realize the concerns of the world do cause some fear and confusion. I understand that the Spirit upon Urantia at this time is infiltrating even the darkest places. Man is losing faith in man and looking to Spirit for guidance.

Even though the world at this point in time seems to be filled with harsh realities, it is making every aware human being turn inward for answers.

When we consider the story of Nalda at the well in conversation with the Master, we can see how she refused to go inward to receive direct light. The Master had stayed persistent in His attempts of convincing Nalda to go within to reach divine understanding or higher levels of thought.

There are many reasons for mortals to stay on surface-levels of thinking. When one does turn inward, one is made to also look at themselves – their thoughts, their actions, their aspects of good and bad. To go within to gain direct divine interaction is to defy the ego. The ego craves what can be seen, felt, experienced, so as to feel valued and even superior.

Individuals born and bred into hatred will breed hatred. The more these individuals can make others small, the more powerful they feel. Some national leaders are working for the good of self, not for the whole of the nation. This is the most detrimental form of self-love, for it affects many.

You cannot force light upon another; you can only live day to day showing your own light. Allow these worldly aggravations to drive you inward. Take inventory of your own beliefs – what are you willing to put forth every day to promote the well-being of the whole?

The universe is many things, yes, but above all else, it is 'intelligence.' Emotions will not outweigh intelligence in the inner realms of the universe. What must be done for the Correcting Time to come into reality will indeed be done. No amount of emotionalism or drama can stop that.

You, our co-workers, friends, brothers and sisters, are our points of action – you put Michael's plan to work; you bring Him to life in the lives of others. Be at peace and know that Father knows, and is fully aware, of the state of affairs of men.

The age of awareness is upon mankind and man is learning to easily recognize the weakness within, the temptation to default within, yes. The turmoil within the world causes individuals to go within, and therein resides God; therein is that introduction to truth, beauty, and goodness; therein is the place we will all find unity – the budding sprouts of the Correcting Time.

Many of man's ideas and ideals must crumble before his eyes before he will look to a new and better way. In other words, traumatic events quickly get man's attention –

unfortunately. You know this. You have received training to assist in this. Be not worried, for your sense of peace will be your channel to receive divine guidance.

Until man embraces all as his own family there will always be strife. Within the Teaching Mission, we have always sought to expand the concept of family beyond biological borders. This is working. There has been tremendous improvement. There are great changes occurring all the time.

The awareness that has come upon the minds of this world in a few short years is astonishing to us. Be at peace and know that your unity, your commitment to Michael, your willingness to take action, assists in the good of the whole.

I am sorry, no questions. Know that I am ever available for you if you should need me. Know that my love is ever growing for you each. Until next week, shalom.

Your Mission Ministry Is To Be Examples Of Faith

Abraham, WOODS CROSS GROUP 02-24-2003

Back

I am ABRAHAM. Greetings. I look forward each week to meet with you, my brothers and sisters. I feel an unbreakable family communion with you. You bring me here each week with your faith and desire to become good citizens of our universe.

As I have watched you grow, I perceive you each to be practically a totally different person. Your minds have expanded from the concepts of today and tomorrow, to eternity. In other words, you not only perceive your actions of today as one who believes in eternal life, but you see your fellows as equal eternal siblings - 'as family,' not mere associations.

You have, for the most part, incorporated the concept of the 'well-being of the whole' instead of 'individual self.' I truly believe you have taken some of the Master's personality aspects for your own, and this is good. Every day you are becoming new creatures. With every trial, mistake, habit or weakness, you are learning to draw the meanings and values out for yourselves.

One who would be committed to a life subject to the will of Father would certainly more easily see that with every day, with each days' experience, a new creature resides within the mortal flesh. At times, time seems to stand still; and yet, many times you are wondering where time has gone. The child with their mind stayed on their divine Parent has a smoother time of transitioning from one life stage to the next. They understand that life is not always unbearable or miserable - but an adventure, and rich with new opportunities.

Over these many years of lessons and discussions, we have helped to shape one another into who we are now and who we are becoming. How much easier it is to bear life's realities when a good friend is at hand. Just as biological families experience disagreements or personality conflicts, you, as a group, will also. Always will the desire to do good overcome any negativity.

This world, as busy as it is, there are many who suffer from loneliness or the impression that they are not acceptable. There are many who hide their true nature,

for it may meet with disapproval from others. Our mission members are a diverse group – and have, for the most part, been capable of making all feel welcome. You, my friends, have a personal ministry, a ministry that you have committed yourselves to. You have taken on the responsibility to expand our family.

Many of you are gifted at conversation and make others feel welcome and acceptable as they are. Many of you are very open to Spirit and can give sound and direct spiritual advice. Many of you are simply good listeners and make people feel worthy of being listened to. Yes, you have your Mission ministries, and none of you are incapable of performing your duties. These duties are completely natural and joyful – not at all uncomfortable or feeling as though you are being put upon.

Father can reach those who listen to Him--those who have faith in Him--but there are many who have experienced enough hopelessness that they are not reachable. Herein lies your ministry; you are examples of faith and can, face to face with individuals, spread the good news. You are indeed a visible ship of faith upon the ocean of hopelessness. Your light countenance, your show of faith, your ability to be caring – is a saving grace for those in whom you touch.

The world seems to be with great chaos – and yet, from my point of view, it is moving as it should, with divine watchcare and guidance. This week, ponder your personal ministries and what that may entail. Find time to see the joy in life and let that show upon your face. Reach out to those you chance to meet and give some words of encouragement, or perhaps just listen. Life is not merely happening to you, but you are making life happen. A few questions.

CALVIN: Abraham, we have some new guests – hopefully, new family members, Jim and George.

ABRAHAM: Greetings. Feel free should you have questions.

SIMON: [Inaudible. A question about digestive enzymes.]

ABRAHAM: Simon, I am not in understanding of digestive enzymes. I am sorry, can you expand?

SIMON: I understand that most Americans have problems digesting foods because over the years our digestive enzymes decrease, so a supplement of enzymes could help.

ABRAHAM: You would know more about this than I would. You certainly make sense. There are many factors to the world's ailments today. Anxiety, stress, would certainly affect the bodily systems. There are numerous products on the market that claim to be of assistance to good health. I can say, a relationship with the Father, the company of good friends, and the everyday striving to live better, is as effective as anything – including medical remedies. By all means, if you find something that works however, use it – be it material or spiritual, yes. Is this at all helping? (Simon: Yes. I thank you.) Abraham: You're welcome, Simon.

MIRIAM: Abraham, I just want to thank you so much for your lesson last week. I felt a dry sponge in that area and your words were like water to a dry sponge. I felt at

ease this week. It is just a good example of how Father sends us what we need. I love you to pieces and I thank you for the service that you do for us. That part of your lesson regarding ego – I was thinking that could apply to our nation's leaders, but I started thinking about how in my situation that I was looking at that in an agitated way, I was coming from the ego: 'It feels like it ought to be this way, why can't it be this way.' My agitation was coming from that kind of thinking. So that was really good advice.

ABRAHAM: I am not so certain that your feelings were solely stemming from ego as it was 'feelings of powerlessness.' There has been, is now, and always will be, injustices in the world. And it would appear that the voice of the individual is lost. Your feelings are shared by many mortals, and there is great concern where egos are involved with worldly affairs. You have indeed done well coming to terms with your new understanding. Your individual effort to make a difference in whatever way you can, is indeed healing. You, my daughter, do touch many lives every day. Absolutely you are true to your ministry. Well done. Another question?

GEORGE: My first question: On this planet, I have the name George, but I have a spiritual name that I am not certain of. My second question: How can I better counsel those who come to me seeking assistance?

ABRAHAM: One moment. As close as I can give you your spiritual name, using the English language, it sounds like Jedidiah. I am happy to finally speak with you. You do appear to be very sincere in your efforts to help in any way you can, especially the spiritual aspects of life. I can simply recommend a few guidelines, but of course your internal Father is always the best teacher. The world in which you each live is a world that relies much on what the eyes can see. Today's seeking individual benefits greatly on practical spiritual practices; the more you can keep spiritual guidance real, the more benefit it will have to those seekers. Spiritual advice, or any advice, should be something that is usable – not an unreachable ideal, but something that assists in everyday-living such as improving family life, work life, citizenship, overcoming personal habits. The goal of our Teaching Mission is to make real the kingdom of heaven on Earth. Is this helping? (George: Very much so, Abraham. Thank you.)

With that, I will take my leave. Know that with each passing week I am ever grateful to Father for bringing me to you. Until next week, shalom.

In The Act of Ministering to Others You Are Also Ministered To
Abraham, WOODS CROSS GROUP 03-03-2003
Back

I am ABRAHAM. Greetings. I would like to begin by thanking you for your belief in me and our Brother/Father Michael's Mission. I would also express my belief in you, individually and collectively. Your personal empowerment is becoming more obvious each time we meet.

Always with the act of ministering to others do we learn so much about ourselves – we learn that 'we receive what we project.' This is not to validate negative occurrences in your life happening 'because you seemingly deserve it,' no; this is to say that at this point in time, the sum total of your being (meaning your

personal experience) lives-out in a certain manner, and you receive therefrom.

Most mortals have experienced a fair amount of turmoil, and most are educated and even strengthened from it. There comes a point in the mortal career where you 'know that you know' – meaning you seek not to blame others for your personal difficulties, but take responsibility for your own life. Most reach this understanding when they are beginning to have some connection with the indwelling Father Fragment.

This evening I would speak a few words on our beloved Adjusters. These loyal and faithful Adjusters are your closest career companions. They do not seek to judge you for your life choices, but to guide you toward more correct ones. They indeed know everything there is to know about you and they love you with an enduring love. Our beloved Adjusters are overjoyed when their mortal counterparts have an ear for their voice; yet, are feeling pain at blatant divine disobedience – meaning once you have touched upon enlightenment, to stray therefrom does indeed cause our personal Monitors real pain.

This recognition/feeling of their pain is not to gain your obedience through sympathy or guilt, no, but to reveal to you a divine reality. They love you with a parental love; and with that, they take a certain amount of responsibility or concern for your well-being. To the Mystery Monitor that is bestowed to an individual who eventually becomes unreachable, it is especially devastating for that indwelling Fragment of the Father.

As you go about in your ministry to others you will always see personal aspects of yourself that need to be addressed. Father understands that your working with various individuals can be challenging, for personalities are not always in alignment – and this can cause some conflict, yes. Remember that in your ministry you are also the student, and much of the time those you attempt to help are in actuality, helping you.

Father can, and will, give messages to people that can reach those in whom the message was intended for – especially for those who seem hopeless, or despairing, and are not in a position to hear for themselves the divine message. In the act of ministering to others, you are also ministered to. Issues will arise and have need for your attention, yes. I say, be not fearful, but know that your beloved indwelling Father stands at your side with open arms and is ever drawing you closer to Him.

You can read about God the Father; you can intellectualize Him and have discussion; you can ponder His omnipotence – but until you fully believe a fragment of Him was bestowed especially for you, He will not be real, He will not seem active in your life. Yes, my friends, an actual Fragment of the Father of all fathers indwells our very being; and that, my friends, is all we will ever need; it is more than we could ever hope for, and the key to being one with Him someday.

This week, study in your text on the Mystery Monitors. How personal is your God and what is His message? How does the Father Fragment assist you in your ministry to others? How might your thoughts or actions cause space between you and Father? He is

our Source. He is all we will ever need.

No questions this evening, perhaps next time. Know that I am ever growing in love for you each. Until next week, shalom.

Literal Receptors In The Brain Connect Us To Spirit | Things We Do That Impedes This Connection

Abraham, WOODS CROSS GROUP 03-10-2003

Back

I am ABRAHAM. Greetings. I am enjoying this wave of energy here this evening. Your insightful contributions are most appreciated. I look forward to each week when we can meet and build upon our ideas and concepts. Well done.

Now that I am without material form, I have good communication with my Father. It is very much different from where I am (in the form I am now) than the physical form where you are, to communicate with that indwelling God. I have not the fetters of the mortal body to scramble messages that may be from Father. I would say a few words on making the most of your contact with the indwelling God:

There are literal receptors within the brain that connect to Spirit. The mortal body is wired to receive from the indwelling Fragment. When the physical body and mind are not in optimum performance, then can divine messages be scrambled. This is not to say you become separated from Father, no, for He never leaves you. I am saying, when you are not in alignment, you are simply somewhat buffered against His presence.

Everyone knows those activities you can do to optimize your physical body to see to that successful communion with the Spirit, such as good food, exercise, limited chemicals - whether it be environmental or for medical purposes.

Many of your daily activities of intake can interrupt those receptors that connect with Spirit. The more disconnection you feel, the more you should rethink those choices of what you consume. Also, stress, anxiety, worry and other various spirit poisons, can create interruption between you and the Father Fragment. Daily stillness is a wonderful antidote for these interruptions.

Many people wonder why it is so difficult to perceive the will of God. Much of it is related to actual health of the mortal body and mind. As you will see when you are freed from this life, you will see divine contact in a whole new way. But for now, this material experience is required; it is the exercise that will strengthen you for the life ahead. The divine Adjusters desire so much for your success in your eternal career that they diligently work to educate, adjust, and modify your thinking. A life of ease does not work toward a successful destination to becoming one with the Fragment.

A parent who would give a child everything is not teaching the child the value of work. Parents who would make their children's life easy does not teach the children to learn for themselves. The good parent does, however, make time to educate their children even if it becomes repetitive, for the good parent desires the children's success.

Most living creatures educate their young so that they may learn survival, so that they may know those skills it takes to live well, to live long. These life-lessons are difficult, yes – and yet, life continues on. All that has value and meanings are used to continue on with the business of living.

The indwelling Father Fragments are not to be perceived as harsh Teachers, no, for they are so much more – the Adjusters live life within you, with you. They know you as a child, not a student. They know you as a part of all there ever was, is, and will be. They know you and love you 'as you are,' and yet they are energized by seeing your potential.

To be fit in all aspects of living makes the Adjuster's divine message easier to comprehend. Balance in mind and body creates a more clear path for the Adjuster to communicate with you. This time now is critical for you to be in direct contact with your Father Fragment, because there are many individuals in the world that will need your assistance by sharing with them the good news.

This week, reevaluate your daily intake of foods, medications, chemicals, sunlight, and exercise. Make improvements where needed. Create a list of activities you can be actively involved with to reduce stress and anxiety. Let not the fetters of the material body come between you and your beloved Adjuster. Know that your ministry to others depends upon your ability to connect with the Spirit. That is all. Are there questions?

MARSHALL: Yes, Abraham, it is a pleasure to be back. Just anything you may have to offer that is helpful would be much appreciated.

ABRAHAM: Marshall, I perceive you are in the midst of learning to become more balanced. You are learning that your actions have consequences no matter how good your intentions may seem at the time. This is good. This is something to focus on, and continue to be open to the lesson. Overall, everything is as it should be. Another question?

CARLO: Abraham, I have never been here before, but I appreciate you speaking. I would just like to ask for some advice. I have some situations coming up where I feel I am losing my stability, which isn't necessarily a bad thing?

ABRAHAM: Certainly. I appreciate your bright outlook even when things may appear to be dim, but forget not to exhaust your human resources – meaning that you do what you can possibly do to improve all circumstances. Know that in your efforts, Father works with you, side by side. You need not have worry, but simple faith. Is this helping? (Carlo: Yes, but what did you mean by “exhaust your human resources?”) Abraham: Yes, you do what you can, meaning you make effort, always, and allow the outcome of any circumstance to simply be what it is. Know that with God all things are possible. Yes. Is this helping? (Carlo: Yes, and thank you.)

AZSURAY: Abraham, I would like to say thank you for your teaching. Given your assignment to take a look at our physical condition – I am a diabetic and I have to take insulin. I was wondering if that is a chemical that is hindering me from

getting in touch with my Thought Adjuster? Maybe if you could advise me in some way that I could cure myself of this, or help me understand more, that I might not have to take so many chemicals, I'd appreciate it.

ABRAHAM: Understood, Azsuray. Those chemicals that are needed to keep the material form healthy are not a hindrance, but a help. There are cases where medical technology helps you to become balanced in body; and therefore, are benefits toward receiving divine information. Do those things which you know to create good health. Do not make sudden changes, but be open to that divine guidance within. Most mortals at some time or another will need material medical help, just as an automobile needs maintenance to continue moving. Have not worry, my daughter. Your physical health is not a hindrance and surely your beautiful attitude is always helping. You do well. I am slipping. One more question?

TECTRA: Abraham, you spoke earlier in the lesson on 'spiritual receptors that help us make contact with our indwelling Spirit;' then you went on to talk about eating well, getting sunlight, and keeping chemicals out of our bodies. I am just curious – can you talk about other ways to enhance our connection, other than these. What I am thinking about is, can we grow that experience by visualizing somehow that these receptors are growing? What other ways can we grow these receptors?

ABRAHAM: They are, for the most part, the same things you have always done – prayer, positive attitude, and limiting external stimulus. But also, anytime you can master the self, for example: being patient, overcoming anger, resisting the temptation to feel self-pity – all make the way clear for these receptors to be open to spiritual circuitry; there is an energy exchange, so to speak. While you have thoughts that depart, there are also thoughts coming in. Good question. I would have to say, to exercise self-mastery is of great benefit toward opening these receptors. This is something you have each practiced and is not at all difficult. This question you present – the answers vary from individual to individual. Different activities may help some while not helping others. I am slipping. Good question, Tectra.

Know that I am ever available for you, my friends. My love goes with you no matter where you go. Until next time, shalom.

Adjuster Connection | Examining A Few Branches of the Tree of Integrity

Abraham, WOODS CROSS GROUP 03-17-2003

Back

I am ABRAHAM. Greetings. I am impressed by your wisdom on this evening's topic you have discussed. There is a wealth of information among you. Your life experience has served you well. You have indeed made the most of your life circumstances. Many mortals fail to see the value in everyday-living reality.

I appreciate your discussion this evening so much because the topic was so real – so common in mortal life. Your willingness to be open and share gives our beloved Adjusters opportunity to work. This is your key to opening the door to an era of Light and Life. Our lesson this evening is not really directed at one particular focus; we will simply be probing various avenues for further Adjuster communication.

Good communication with the indwelling Father Fragment requires one to exercise

integrity. If one should justify underhanded deeds then one would find the laws of the universe in full force to bring awareness and correction. I am meaning, every mortal has weakness, yes, and once you are aware of a more correct way it should be common knowledge to move toward that correct way. Every now and then one finds themselves weakened, and of course they go against what they know to be right; this is deterring Adjuster communication.

To perhaps follow a darkened side would tend to lead one to feel unworthy of Father's love, thereby cutting themselves off from the divine Spirit. When you do good you feel good and want to keep doing better. When you knowingly have done wrong, you are disappointed with yourself, and feelings of worthlessness and hopelessness does easily set in. You ask yourself, 'Why would Father love such an unruly child?' and you feel not His presence.

Let us examine a few branches of the tree of integrity:

- 1). Being who you are really meant to be: Being yourself without projecting false pretense allowing others to think you are something you are not. To pretend that you are other than what you are is to not allow the Adjuster to work – there becomes too much static within the human mind for the Adjuster to reach with His divine help.
- 2). Keeping your promises – keeping true to your word: It is understandable that in today's busy lifestyle you would forget you have made promises and simply allow them to go by the wayside. Your ministry becomes without credibility when your word means nothing. This tells your fellows you are not dependable and do not really believe in what you preach.
- 3). Honesty in all things: I realize that the mortal mind of today is somewhat suspicious, for experience has given a message that hardly anything is trustworthy. It is right for the mortal mind to question everything, yes, and to withdraw from your spiritual account those skills you need in deciphering truth for yourself. Honesty can indeed cause conflict, and always is there a way to project honesty that leads to more peaceful solutions. Time and experience will show your fellows that you can be counted-on for truth as you perceive it. You will not be seen as simply another agreeing comrade who wishes to avoid conflict. As much honesty as you project to the world will be the measure you will receive back in return. The Adjuster finds it easy to work with a mind who can be honest with others and self – and on this level, it is intellectual, instead of bogged down with emotionalism.

This week, as you continue in your efforts to have a clean mind and body, also reflect on your actions and your ability to follow what you believe in. Continue in your efforts to assist the material body in making better contact with the Adjuster. Also, find time to ponder those branches we spoke of concerning the tree of integrity. No questions this week. Until next time, shalom.

I am ABRAHAM. Greetings. I would express my gratitude to you, our mortal brothers and sisters. You bring us here. Your faith sustains the Mission. Your willingness to be flexible serves all there is of our overall purpose. On behalf of Teaching Mission instructors, we send out our gratitude to you, Mission participants.

Your enduring faith will carry the world even through the darkest times. You each have a ministry to fulfill. Your Adjuster-connection will be your immediate guidance in all things. Should the majority of this world have fair Adjuster communications, what benefit would that have on the world as a whole?

Tradition has taught many mortals to fear God, to believe that some are closer to God than others. Many mortals believe that God is their excuse for exerting their personal agendas – they justify their cause as being 'the will of God.' Those individuals who become secure in their faith of an indwelling God will be protected against the agendas of those who supposedly wield power.

The better your communication with Father, the more resistant you are to live with dread and fear. Father is your source for truth. Man, is not! We strive to be God-like. We strive to be like who we worship. You would not worship another person. As per your mortal experience, you could hardly believe any one person has the all-powerfulness of our one God. With progressive Adjuster communication, you are seeing with the eyes of Father. You are taking on His understanding for yourself. You are less likely to be fearful of life's circumstances.

This world is in a state of fear. To add energy to that with your own feelings of fear is to see fear grow, to see anxiety expand, to see yourself, and individuals, making rash decisions and acting upon them. Let not our Mission participants add to the growing anxiety. My children, you have experienced for yourselves a new and better way to use your energy for good, for peace, for common sense.

Peace begins with an individual. Your continually-improving relationship with the indwelling God is the key to opening the door to peace. What can you each do in your own lives to plant the seeds of peace? Peace is not weakness, not apathy, but a promise to live to your highest and best good. Constant communion with Father easily instructs you on what truly is the highest good.

Let not the fears of the world be made manifest in your lives for you hold a responsibility, having committed yourself to the Correcting Time, to be representatives of our Brother/Father Michael. Father is our ship, Michael is our sails, you are the shipmates—not passengers, but shipmates—in an ocean of experience. Have not fear but rejoice in this, and know that you are indeed guided and watched over, as all Father's children are.

This week, continue to give attention to becoming more healthy in mind and body, for it assists in Adjuster communication. Think about your levels of fear and anxiety. How might you project energy toward peace instead of fear? While becoming swept up in various conversations, how can you broaden peaceful horizons? How can you communicate to others to stop feeding fear – but instead, working toward internal peace, which leads to world peace? What can you do to aid in increasing your own internal peace?

These days are very busy for me and I have not time for questions tonight, perhaps next week. Know that you are always in my thoughts and I am growing with love for you each, every time we meet. Until next time, shalom.

Peace | To Reject The Spiritual Is An Invitation For Inner-Turmoil

Abraham, WOODS CROSS GROUP 03-31-2003

Back

I am ABRAHAM. Greetings. Our gratitude goes out to those who carry our Mission forward. Those who host meetings, those who transmission-receive or transcribe, those who organize, those who fellowship, those who minister and spread the good news – you each play an important role in carrying on with Michael's Mission purpose.

We also express our gratitude to our beloved Father and His perfectly organized universe. While the world appears to be in constant chaos, those who choose to live a life in the Spirit will take comfort in knowing Father knows everything, and that all is well looked-after and attended to.

This evening we will speak a few more words on the subject of peace: Most inner-turmoil that individuals have, stems from the feeling of 'being out of control' or controlled by someone or something else. Life is busy, and so it should be. You should be diligent in your life activities, yes, but always is there a balance to be mindful of. Of course you must work to support your material life. Of course you must take time for children and family life. Yet, there is always something that motivates you to keep busy, to 'stay ahead of the game.'

Anxiety comes when you are feeling overwhelmed and behind. Anxiety comes when there is not effort put forth toward maintaining balance – spiritually and physically. Of course you have your material responsibilities, but to neglect the spiritual is an invitation to inner turmoil. The challenge of mortal living is to grow ever closer toward God, to be like God, and to maintain a human and divine life.

Many say: "I could be more likely to be more God-like should I not have to spend so much time working." I say, employment is fertile ground in which to practice your spiritual ministry. It is a matter of perspective – you can view your place of employment as you sharing a common burden with other individuals; or, that you are working as a family toward a common goal, a common good. You can view your employment as something that controls you and takes from you; or, you can view it as something that provides for you and your family, on many levels.

Of course, Father would never want you to be employed at something you dislike terribly, no. This situation would call for you to be active in seeking other avenues, other opportunities; yes, knowing Father can, and will, assist.

You also have your home life which many times appears to be a place of chaos instead of a place of peace. Especially in this day and age where there are so many single parents, blended families, cultural and societal influences – there are a great deal of issues to attend to. Many individuals live in somewhat toxic relationships; and no, Father would not have you put forth your best effort, year after year, only to

meet with misery and continue to stay in the toxic relationship. Again, this would be your choice to be active to find other avenues.

Mortal life has many areas that could be a breeding-ground for stress, and of course this affects the mind, body, and spirit. Should you desire peace, then you should work toward it. You can maintain a certain amount of control and order in your life, yes! You need not be overwhelmed to the point that you feel controlled by your life circumstances, no. You have power, you have intelligence, yes. But best of all you have Father, you are not alone! He does not seek to challenge you to see how much you can take before you break, no.

Think about your life. You would agree that it is the way it is because of the choices you have made. Of course there are exceptions; but for the most part you have made your life what it is. You have control to a great degree; and yes, you can create inner peace and mental clarity. You must remember that all worldly circumstances are to be working toward an ultimate good.

Be aware to keep worldly issues at an intellectual level. Do not personalize it to the point that you have moved from the intellect to being paralyzed emotionally. Also, the same goes for friends, family, co-workers, and acquaintances – their lives are not yours; you are a part of their life. But to worry yourself to the point of anxiety is to sever that God-connection which would certainly give aid to those you have concern for. Forget not that God is many things; but above all else, He is intelligent.

This week, take time to view those troubled aspects of your life that continue to cause you unrest. Simplify if you must; detach if you must. But be not afraid to take control and be a creator of peace. Many of you are the heart of your home. How you feel or portray your attitude is the tone that is set for the rest of your family.

I have time for only a few questions. Proceed if you will.

LUKE: Abraham, with my wife coming in tomorrow, it is very helpful what you said about not personalizing her life and who she is. Is there anything else that you can help me with when she comes into town, that can help to move things forward in our relationship?

ABRAHAM: Certainly. Luke, you must be true to who you are and allow her to be the same. You cannot make yourself happy by changing who you are so that you will be loved. Continue on with your lighthearted attitude while she is here, and have not worry about the deeper issues. Remember where you each came from – at some point in the beginning of your relationship, there was a more pure love, less 'conditional' expectation; work toward finding that again. Is this helping? (Luke: Yes. Thank you.)

JEDIDIAH: If war did not come from the Father, what source does it come from?

ABRAHAM: Does war come from the Father, is that your question? (Jedidiah: What source does it come from?) Abraham: Man, of course. To war is wholly man's choice.

There are universal laws 'to be followed' and when not, there will be repercussions. On an experimental evolutionary planet such as yours, there indeed needs to be a majority of 'agreed upon' laws for there to be world peace, absolutely. This world peace does indeed come with a price. As the world moves closer to the stages of Light and Life the understanding will be made clear; and individuals will not seek to be superior and all-powerful. There will be that inner-knowing that all are children of God and all are deserving of a fair mortal life. It is entirely man's choice to war. I, however, believe that this planet is working toward its highest and best good. The majority of individuals seek for the well-being of the whole. It is just a small percentage of people who seek the greater self-glory at the expense of others. Is this answering? (Jedidiah: Yes. Thank you.) Abraham: You're welcome. Good question. One more question.

ANN RAYEL: Abraham, if that is the case, then how do we discern which is evil and which is good. Maybe the act seems evil, but maybe it has a higher good. So how can we discern?

ABRAHAM: That is for each and every individual to decide with their own freewill choice. The Fragment of Father is bestowed to every normal-minded individual. That is what will guide you toward Light and Life. The understanding of 'evil versus good' does indeed come with time and experience. A small child cannot expect to understand the larger concepts of 'light and dark,' but indeed from the mindset of where he is, even he knows 'bad and good.' All are with free will. It is the individuals' own choosing to know good and evil for themselves. If you have not experienced evil, how could you know good? I do believe the Internal Father, time and experience, will be the best teacher. Is this helping? (Ann Rayel: Yes. Thank you.) Abraham: You're welcome. Good question.

With that, I must take my leave. Know that you each empower me to become better each time we meet. I am with deep love and affection for you each. Until next time, shalom.

Living the Mortal Life As the Master Did, Reconciling the Mortal With the Divine
Abraham, WOODS CROSS, UTAH 04-07-2003
Back

I am ABRAHAM. Greetings. I appreciate the lighthearted atmosphere here this evening. Too many hours go by in the lives of mortals that are seemingly so serious and impacting life so heavily. In our lessons we have made effort to teach our students flexibility. Most everything is in a constant state of change and your ability to be flexible will enable you to be of service at any time.

This time of year, the thoughts of spiritually-minded mortals turn to the resurrection of the Master. This event on your world has probably had the greatest impact throughout all history. Although the records of this event vary from religion to religion, the truth of the story is what stands out in the minds of mortals and gives hope. The Master lived a perfected mortal life; and also did He release the mortal body in a perfected manner. His return appearances to His mortal children showed the possibilities of the next life.

I know, having been a mortal, how difficult it is to have faith-vision. The Master's

return in a different form to His mortal children expanded their ability to believe and know that this mortal life is not the end, but a beginning to an eternal career.

Many mortals have difficulty in believing that there are endless possibilities to life's circumstances. Some do indeed believe that they are limited by this mortal life. Since the Correcting Time began, the possibilities regarding mortal life have expanded a great deal. You are each with more divine gifts than ever before. To have a personal connection with Father is to see the reality of those divine gifts - it is to see the bonds of limitation be broken.

Said the Master: "I am the way, the truth, and the life." He set a wonderful example for us to follow to the best of our ability. While His mortal life was seemingly harsh, His divine life brought balance and enabled Him to function with balance in mind, body, and spirit. Having been so attuned to the will of Father, the Master did, for the most part, move through the mortal life somewhat unaffected - meaning that He was not bound by anxiety, doubt, or depression; He kept an eye single to the glory of His Father in Heaven.

Even though the Master was indeed the Creator of a universe, He was definitely also a mortal, and experienced this life to its fullest. Every experience brought the Master closer to who He really was, and His internal Father guided Him through every phase of life. With each experience, He grew more capable - more capable of handling those difficult tasks that occur in the life of every experiencing mortal. He knew struggle, yes! and yet, He knew peace.

We think back to the story of Jesus in the garden where He made effort toward reconciling His mind to the will of His Father. Even though He so needed the company of His fellow apostles, He understood - "their hearts were willing, but the flesh was weak." This was a look at the man that Jesus was, the struggling mortal man. All mortals in this life will know of this experience.

Jesus could not, by sheer willpower, be reconciled within His mind as to the fate that was about to be put upon Him, no. It took prayer, stillness, mindal exercise, and emotional alignment for Him to reach reconciliation. As you each strive for peace, in and throughout your lives, you would take comfort in knowing the Master knows how much work is involved in reconciling the mind to mortal inevitabilities; He knows 'the heart is willing, but the flesh is weak.'

As you go forth into your week, think about those mortal things that need divine balance. This time of year is a time to die to the ways of old while being born again to the new. A reconciling of the mind is releasing the old and preparing for the new.

You each know there are things you can do to bring a healthy balance to your lifestyle. Find time to have prayer and some stillness. If possible, find time to walk in the sunshine. Find time for a friend, and laughter. Balance in living is the key to peace.

This week, let us each focus on the Master's resurrection, His dying to the old and becoming new. Think about His example broadening the possibilities in your own

minds. A few questions.

MARSHALL: Yes Abraham, I have been working with Ham the last couple of months. I really did not appreciate as I should, you and your leading me back in October to where you have taken me. I just want to thank you because I am more grateful as I reflect back at your expert care and teachings. Your assistance was so critical at the time, even though I didn't appreciate it as much as I do now. Thank you.

ABRAHAM: Understood, Marshall. You're welcome. As we can also see, the apostles were not real happy with the Master's words from time to time – but while growth is difficult, it is necessary in all living things, including human living. Another question?

TECTRA: I have a question about doing the will of the Father as a mortal being – what that idea is for me, trying to do the will of the Father in each moment in time. My question is: How has your idea of doing the will of the Father changed since when you were a mortal being, to your perspective now? Does that make sense?

ABRAHAM: Yes. I am smiling because it is as changed as night and day. [laughter.] The material body does seem to be a veil over the possible understanding one could have without it. As a mortal, you are subject to many outside influences, such as society, culture, friends, family, the ego, and the needs and wants of the material body. As we move to the morontia life, it is like rising above the clouds to the clear beautiful blue sky. I have not the mortal influences any longer. I feel for the most part that I am able to receive clear communication from Father. I have learned to depend upon that. I sincerely believe I would be lost without it. Good question, my son. Another question?

WILLEENA: Back in the early nineties when I first heard from Ham about not charging for spiritual services. I went through quite a personal dilemma. I had been working since 1984 in various healing modalities and in the course of my career path I found that I was working on all the different levels – mental, emotional, physical, as well as the spiritual. For a while there I actually contemplated getting a regular job and giving up my career. I prayed about it and it felt like it was really the right thing to do to stay in the line of work I was in, and that I was being of service. The dilemma now is that I want to be in integrity with the message from the teachers not to charge for spiritual work. So my question is how to interpret that message, where the line is, because I feel that I've kind of justified that. Those of us that are in healing service and trained in that field, feel that the spirit always comes in on that occasion in our trying to heal, or make a person whole. So I don't know how to work with this, regarding the messages instructing to not charge for spiritual work. Can you address that for me?

ABRAHAM: I can try. Down through the ages many have indeed had real gifts, and out of love for their fellow man, was able to contribute. There were also frauds who sought to make money off of the desperation of people who needed a connection. In this day and age many are suspicious of charging for any kind of spiritual service. Yet it is understandable that large organizations would collect donations to maintain the material property or for some special event. I am stumbling for the right words. Let me rephrase. Should you provide a spiritual service and are able to

serve people, as well as make a living, then this is your choice, absolutely. If you provide a spiritual service and are not able to make enough money to live on, then that should give you a message. This is a delicate area, for many would love to do the Father's work fulltime and cannot, due to employment. Even the apostles occasionally fished to raise funds for their expenses. Their raising of funds was separate from their personal ministry. They did not minister and then charge the people money. Their employment was outside of their spiritual ministry. I realize most everyone must work to live; and if you provide a service that you can make a living at, so be it. But my understanding is that as we move closer toward Light and Life there will be not need of paying for any such services, for all will have within them the ability to receive any type of spirituality or healing. You have ability now, yes, granted, to receive from our divine source, but not too far into the future the receiving of money for any spiritual service will come to an end. If one should receive gracious donations – then that is acceptable, providing that they do their work without intention to receive anything. I realize this is confusing, I am also somewhat confused.

WILLEENA: For those of us that do things like massage, or methodologies that are like coaching or counseling – things that would bring in spiritual, but no actual schooling for a healing modality – is that included in all of that which you are saying? Are we supposed to get regular jobs? What is the deal here? [laughter.]

ABRAHAM: Those who have had education to provide such services for the purpose of making a living is perfectly acceptable. Good question, Willeena. One more question.

SIMON: Well Abraham, along these lines of supporting ourselves and having faith, it seems like the vast majority are really struggling. I struggle between allowing everything to fall into place, being in Father's will, and waking up to be motivated to go ahead and do something. It is like 'the faster I move, the behinder I get.' I am sure I echo that for everyone around the world.

ABRAHAM: You are speaking financially? (Simon: Yes.) Abraham: My brother Ham said long ago: "What need have I of money?" I am somewhat at a loss in this area, for I am in all ways, supplied. I would comment, however, about the needs and wants of the world. Those individuals who seem to struggle most have more than they really need. The more they have – the more they want. Money and material possessions have become somewhat of a temporary fulfillment for some. This society has led people to believe that to be acceptable you must have certain things, and most individuals do live beyond their means. They strive harder so they can acquire these things, so they can feel accepted. This brings not acceptance, no, only temporary satisfaction and a loss of energy. Possessions take attention and energy, which bogs down the mind. Father does want His children to have abundance, yes, and yet, abundance can mean many things to you. Someone across the world living in a shack would perhaps view you as very rich. Abundance is in the eye of the beholder. 'Money speaks,' they say; and on this material world it does have power, as unfortunate as that is. A new age is dawning and money will mean nothing.

And with that, I take my leave. [laughter.] You each are a source of joy for me. Know that my love is ever growing for you. Until next week, shalom.

The Animal Nature Is Part of the Mortal Experience | Encouraging Words From Michael
Abraham & Michael, WOODS CROSS GROUP 04-14-2003

Back

I am ABRAHAM. Greetings. I realize there is some tension here this evening. Have not worry. Take a deep breath. Allow that higher-mindedness to rise to the top. Envision if you will, your better-self shining through.

With the planet having been re-encircuited into the fold of Nebadon, energies are much more easily noticed and even felt on a physical level. To re-encircuit the planet has been almost likened to giving a power tool to a child to play with. Only revelational instruction will guide you on the new understanding of this energy. This is the purpose of our Correcting Time, our Brother/Father's Teaching Mission.

This past week we have focused on the Master's resurrection, and our dying to the old to welcome the new. There are many beliefs surrounding the Master's death at the end of his sojourn on Urantia. Many faiths/religions believe He died to cleanse us of our sins. While this is not truth, His mortal life did set a wonderful example of how we can cleanse ourselves of the animal nature.

Everyone who dwells in the mortal flesh will experience the animal nature. As mankind progresses, they will increasingly incorporate the divine into their nature. And this should bring humanity closer to the Father. Yet, the animal nature is indeed a part of the mortal experience, however ugly it may appear to be at times. The Master knew of this nature and did indeed overcome it with the Father's assistance. He did not so much suppress the animal nature, He simply allowed the divine Spirit to shape Him into who He was to become - a mortal, who was to experience a common life made perfect.

As events occur on your world, you each are almost seeing it all with different eyes. The birth of the Correcting Time has indeed expanded your vision. You may feel happenings with greater intensity. You may have need to exhaust excess energy. It would seem that the world is so diverse, and yet, you are more unified than you know. Deep down in the hearts of mortals, all crave the same basic things. I can say without a doubt, you are all viewed by Father and His caretakers as their beloved children. I give you, MICHAEL:

My children, I long for the day when we can look deeply into one another's eyes and allow all the doubt and fear to fade away. I realize the spirit is willing and the flesh is weak. For you to believe without seeing, deserves to be commended, for it is indeed a difficult task, especially when the world appears to be in chaos.

I know many of my children believe I am at times absent from the world because negative occurrences are allowed to happen. This is definitely not the truth. There is not one occurrence that I do not know about. There is not one tear shed that has not been accounted for. I am completely in understanding of all that has occurred, and indeed I have been, am now, and will ever be, present. Natural evolution of your world is permitted because that is your best teacher. You learn by doing - not by simple instruction, but by complex experience.

We watch in anticipation the every move of this small planet. We each look forward

to the day when a new understanding arises and sets Light and Life in motion. It is your choice, my children. The destiny of the world is in the hands of its inhabitants. We can see every day, truth, beauty, and goodness sprouting. A successful harvest takes great effort of all Father's children. I am with joy to see the Mission evolve as it has. The sprouts are beginning to bloom and the weeds are falling away.

You have heeded our call, and while the task is not simple, you have endured and continued to fight the good fight of faith. Lose not hope in times of despair but know that with every shadow there is light forthcoming. The clouds of experience may bring the rain of adversity, but this is required for the new growth. Rejoice in the growth. See the growth as a light upon your path to our Father.

While I feel some despair for my children who hurt, I am with the comfort that everything moves toward an ultimate good. Everything is perfectly safe. Everything is watched over. All is known. Have not fear for these times because you are each well trained and equipped to be of service. John baptized with water; allow me to baptize you with the Spirit. I know you. I love you. I am with you. Carry on.

I am ABRAHAM. Our gratitude to our Brother/Father, Michael, who reminds us each day that we are beloved children and well taken care of. My love goes with you. Shalom.
[No Meeting on 4/21/03]

What Is It We Desire | Are Our Desires Our Weakness | The Wedding At Cana
Abraham, WOODS CROSS GROUP 04-28-2003
Back

[No Meeting on 4/21/13]

I am ABRAHAM. Sorry for the delay. My heart is full to see you each here this evening. While it is somewhat difficult to minister to each of you individually with these lessons, it is with a wonderful feeling of gratitude that this task is not up to me, but to our Father. I do however, enjoy gathering with you as a group and building upon our lessons, together.

Michael had offered us baptism with Spirit. Over our short period apart I do indeed hope you had felt His presence and allowed Him to create in you a new creature. As new creatures, our vessels are emptied, and we are yet ready to receive the new. I realize the mortal life is a struggle between the animal and the divine; mortals are, by nature, somewhat prone to their weaknesses. The Master does understand these weaknesses, and our desires to rise above them.

When we remember the story of the wedding at Cana, we remember how the Master had allowed His mortal desire to override the divine plan by feeling great compassion toward His mother's desires. Each mortal has heartfelt desires they would give anything to fulfill. Many times this is quite costly. Some desires can cause one to forsake the divine inner-knowing in favor of personal fulfillment.

Are our desires our weaknesses? They do not have to be. When we ponder the definition of 'desire' we must go within and find the origin of our true yearning. Many sojourning in the flesh have no idea of what their true desires are. They go

from task to task, person to person, year after year, searching for that one desire that will bring them the fulfillment they have so longed for. What is it you really are needing and wanting?

Consider a man who was so focused on attaining money that he went about any method to get it. Many of his methods were illegal and without integrity. This indeed put the laws of the universe into full effect. He sowed seeds of negativity, and he reaped the harvest therefrom. All the while the man never did receive what he truly desired; his focus on money was simply the surface of what he believed would get him what he really wanted.

Yes, growing up poverty-stricken, this man believed that wealth would buy him the love and affection he had never received as a child. He believed his poverty had made others to look down upon him, to withhold friendship and affection. The man's focus on money was not his true desire - 'love' was. He spent a lifetime spinning his wheels, so to speak, never really understanding what this emptiness was within him.

The Master, that day at the wedding, was with lightheartedness and joy at merely existing upon the Father's world with His fellows; He was not wont for anything. He did take great joy in seeing the joy upon His fellow's faces. He was somewhat bothered, yes, by those individuals who were with anticipation at any forthcoming miracles; but overall, the Master was simply enjoying the day. He did so love His friends and family, and always was their joy His joy.

The Master was not weak in any way, no. He was however, compassionate and had desire to see His mother happy and carefree. While He was indeed the Creator Son of our universe, He was also most definitely, mortal. While His divine self could see with expanded vision at Father's overall plan, His mortal self would see with the eyes of the heart - His compassion, His emotion.

What the Son desires and the Father wills, is. Certainly on this day was His desire for his mother fulfilled - of course, to His dismay. Even in this did our Master learn something new, something to be aware of. His concern at all times was indeed 'the Father's will.'

Our Father knows your most heartfelt desires. He knows what you need and want. He does coordinate the universe to acknowledge each child's fondest hopes. He does see how many of His children go to great lengths to find that fulfillment.

Father understands that the animal-side does have weakness. He does have mercy and compassion - He does want all of His children to also have that for one another. Father does want us to have patience with our weaknesses, and go within to have understanding of them - to understand what it is you really want and how to achieve your goals with integrity.

As we look at Urantian society of today, it is ridden with seeming weaknesses - temptations to self-indulge, to hurt another for personal gain, to chase erroneous ideas to find that long sought-after fulfillment. What is the universal plan for living the mortal life? What did you expect, and is this reality? Are you living to

desire – or, are you finding everlasting satisfaction?

This week, go within to understand your levels of fulfillment. Are you well-balanced in pursuing your desires? What is it you truly need and want? What activities would you do that may create negativity to supposedly bring you closer to fulfillment? Think about your weaknesses, and dissect them – live them, journal about them. Are they controlling you? or, are you controlling them.

No questions this evening. Know that I am with great affection for you each, and I am with joyous fulfillment each time we meet. Until next time, shalom.

Tri-Fold Personality | The Parent-Self, The Child-Self, The Ego-Self Animal Nature
Abraham, WOODS CROSS GROUP 05-05-2003

Back

I am ABRAHAM. Greetings. What a wonderful welcoming atmosphere we have here this evening. I am always made to express my gratitude to Father each time we meet. You have become an important part of my life and I am with ever-growing love for you each.

When we take a moment to ponder our status within the kingdom, our relationship with the Father and our fellowship with one another, it surely brings us to a place of worshipful gratitude.

Last week we discussed desires and weaknesses, and learning how to grow into the person we are truly meant to be. If you could picture yourself as a tri-fold personality you would envision that divine part of yourself as a parent; your learning and aware humble-self as a child; and your ego-self representing the animal nature. Many are quick to recognize this animal nature and chastise the self without at all considering the child within.

If you could remove all those self-imposed labels you have become attached to over the years, you would see standing before you a wide-eyed child with an enthusiasm for learning and adventure. As mortal life happens, the child within seems to become buried with misunderstanding. Many times, one is apt to hide the inner child, as if it is weak and vulnerable, by allowing the animal nature to be put into the forefront as if it is the child's 'protector.'

To Father, the child is not one who is weak and in need of enlightenment due to inexperience or ignorance, no; to Father, the child is a seed expected to sprout into a beautiful living part of all there is. You are each His beloved child whom He loves as if you are His only child. The child within is innocent, is apt to make mistakes, is prone to learn by experience. This is indeed your 'mortal self,' yes. Knowing this, is a precious gift and is not to be covered-over or stifled by making it to be something other than what it is – a learning child.

The 'child self' does have weaknesses, certainly, and this is where our divine, or 'parent self,' can help to minister. As you grow in your spiritual careers you foster your relationship with our divine caretakers. This is indeed the better part of you. This is the higher self. This is the parent-self to your 'child within.' The ego, or animal-self, would find it his place to chastise the child and cover-over with non-reality. The divine Parent would find the root of any dilemma and focus on

a better way, a way that causes hope and enthusiasm to rise within – not shame or guilt.

As long as you dwell in the flesh the ego/animal rebellious side will, for the most part, always be with you. It is part of the Father's plan. It is the lesson you must learn in order to reach the Father. As we encourage the mature divine Parent to become one with us, we can give the child within the personal ministry it needs. Usually, when weaknesses are apparent in any individual, that is simply a message that the child within is feeling an emptiness and needs to be tended to.

I am not saying to indulge the self into temporary comfort, no. I am saying, allow that higher self that is you to minister to that child/soul-within. Keep not with the tradition of self-punishment through shame. Focus more upon the divine Parent-self showing the child a new and better way through truth, beauty, and goodness. To feel shame is to hide. To know that you are truly understood and loved 'as you are' is to be open to direct divine guidance.

This week reconnect with that child within. How can your parent-self bring fulfillment and strength when those weaknesses seem to be coming forth? How can you keep the rebellious animal side from causing the child to hide and forgo learning experience? A few questions?

LUKE: Abraham, my question is about how I am explaining my religion to my wife, who is becoming more conservative, Bible-based, and solid in those beliefs that exclude any other thought like the Urantia Book. I don't know if you are aware of how these conversations go between my wife and I, but I could use your advice on how to better explain or teach her in a better way of what I am doing.

ABRAHAM: Your wife is pursuing what she believes is best, and it is difficult to persuade her towards different thinking. You can perhaps tell her in this way: "Look at the man that I am and the fruits produced in my life. You are not responsible for my salvation or condemnation. You are allowed freewill to pursue what you truly believe; and if you are believing your gospel, then you will allow me my freewill." Father will minister to His children in the way He sees fit and each child has every right to travel any path to Him. Ask her to allow you time to show forth more fruits in your relationship and the lives you touch, to prove to her you are not on a path to hell. She is not going to be punished in any way for being with you – a different believer. Nor is she going against God, the Father, for building a life with you, no. She would however, have missed out on a great opportunity to have a life with you and a solid family if she should allow her regimented, inflexible beliefs to win out over the reality of the living fruits produced. Is this helping? (Luke: Very much. Thanks, Abraham.) Abraham: You're welcome. One more question?

TECTRA: I believe it says in the Urantia book that it is very difficult for humans to contact their Thought Adjuster. My question is: Now with the Correcting Time happening and the re-encircuitment all about us, is it easier for mortals to have Adjuster contact, and on a more regular basis?

ABRAHAM: Good question, my son. Mortals are not having so much trouble connecting with the Thought Adjuster as are they receiving from the Thought Adjuster. It is

simple for mortals to send thoughts, pray or meditate – in other words, sending out. It is more difficult for mortals to receive actual direct contact; but as you said, the re-encircuitment and the Correcting Time has indeed opened a new door. Most of Father's children have personal circuits that make this communication with the Adjuster, easier. Many times this communication seems to be so natural that one is likely to push it aside as 'wishful thinking.' The Thought Adjuster communication comes in a form you are most likely to understand. You will not hear the voice of God with sounding trumpets and drama, no. As individuals are tending to their spiritual life, they are becoming more skilled at recognizing the Adjuster communication. Good question, Tectra.

I must take my leave. Know that I am with great joy to see you each in a harmonious place. My love goes with you. Until next time, shalom.

Relationships, A Strength Or A Weakness / Energy-Draining, or Energy-Producing
Abraham, WOODS CROSS GROUP 05-12-2003

Back

I am ABRAHAM. Greetings. What a beautifully blended balance of humor, love, and wisdom we have here this evening. You each have participated in creating a well of spiritual goodness. Therefore, this evening we will each take a moment to dip our cup. [A few moments of silence.]

My friends, students and co-workers, you make each week's lesson possible by your enduring faith and strength to carry on. Well done.

Over these past weeks we have discussed personal weaknesses and how to find solutions toward finding strength through Father and self-mastery. Meeting here each week is one such source of strength for many of you. This is your family; it is a reflection of who you are now, and the possibilities of your becoming. For many individuals however, they find relationships or other people to be their weaknesses.

The world as it now stands appears to be an energy drain. Many of you know individuals who seem to have the ability to drain energy instead of produce. While you are attempting to be spirit-led or Godlike, you at times seem somewhat vulnerable to other people's needs and desires. We each must seek to be self-forgetting as the Master was, yes. But to allow yourself to be taken advantage of, impinges upon your status as a child of God. Some of your relationships seem to bring out weakness in you, or control the way you think and feel.

Everyone has their own definitions of certain roles you may take on in this mortal life. For example: A wife may feel she is to have certain tasks in her charge, and to be unable to fulfill her expectations of those certain tasks leads to feelings of unworthiness. It is the wife's own perception of her definition that leads to her feelings of failure. A feeling of failure does put the wife in a state of constant atonement, which eventually leads to confusion in the relationship; and, possibly the husband learning how to live, or adjust to, this non-productive lifestyle. The wife's expectations of her definition as 'the wife' has manifested into her own reality.

Feelings of failing does leave one open to feel weak, unworthy, incapable, and

hopeless. One's childhood (or past experience with relationships) does somewhat create the reality of present relationships. A child who had been abandoned may find, as an adult, difficulty to trust in any relationship. Some adults who experience this find it their personal challenge to avoid talking about this issue – they would perhaps flee perfectly workable relationships in order to escape any possible forthcoming pain and re-experiencing of being abandoned. This, is weakness.

Anything that seems to cause repeated disruption in your life is worth investigating. You can keep on a cycle of repeated mistakes – or, you can delve into the situation and be fully observant of all that is taking place. Father is surely at hand to help you put these realities into perspective; He would have you intelligently view your weaknesses, understand them, and then gain tools to become empowered.

The adult who was abandoned, and who now experiences present difficulty, may perhaps review their life and find the origin or source of the pain. He may try to find understanding of what had befallen him – and if necessary, find forgiveness. Always, spiritual study and understanding are useful tools in realizing that you are a child belonging to a much larger family. Spiritual understanding would complete the puzzle of why you are here – to experience all aspects of mortal life.

The adult who had once been abandoned could find understanding and be equipped with tools to carry on in his present life circumstances instead of fleeing and/or sabotaging further relationships. To escape is to continually drag out the misery. To go forth into situations 'bravely' is to find understanding and become empowered, and create change.

This week, review your relationships and how they may be a weakness, or stumbling blocks. Ask yourself, 'In whom do I serve?' Know that with Father at the head of your family, balance will be maintained. What avenues would you find helpful in helping you overcome your weaknesses?

No questions this evening. I am with a full heart to know you are each with a welcoming heart to me each time we meet. My love goes with you. Until next week, shalom.

Sources Of Strengthening Versus Energy Depletion

Abraham, WOODS CROSS GROUP 05-19-2003

Back

I am ABRAHAM. Greetings. I am always made to be glad when we can meet. Over these years I have grown to know most of you very well. I can say the more I know you – the more I love you. Thank you for allowing yourselves to be known. Your willingness to be honest and open within this group has been a wonderful ministry to all. The friendships sustained here are surely a source of strength. In order to receive this strength, you must be willing to give of yourself.

Many relationships that have turned sour are due to misunderstandings which does bring out that instinct to protect the self. Father does not expect you each to love one another 'unconditionally,' but He does expect you to at least try. Your relationships can be a source of strength, and it has been your personal ministry to

help one another to find that God-source within.

For these past few weeks, we have been discussing weakness in mortal life. Weakness is not something to hide or ignore because it would appear to make you look unfavorable, no. Weaknesses are indeed a teacher that leads you through to self-mastery. To never have experienced personal weakness is to not have understanding for others. One who would think himself perfect would be indeed judgmental of all others. All mortals experience personal weaknesses – not one is above another. The more experience you have, the more you understand others and the more you can love them.

We have discussed our weekly meetings as a source of strength. What other sources can we find that will bring you upliftment?

- Stillness (or meditation) is always a source of strength, for herein can you clear your mind of confusion and turmoil to bring you a clear thinking that will lead you to possible answers or feelings of encouragement.
- Friendships, or even discussions with others, can be enlightening and building upon thoughts and ideas.
- For you to focus on being a source of strength to others is to open that direct divine channel. Your desire to serve or help others is indeed personally strengthening.
- An improved relationship with Father always leads to personal empowerment – you feel you are in the hands of someone who truly loves you as you are. You are not alone to face life's everyday difficulties, no. You learn that no one believes in you like our Father does. No one knows you as our Father does. No one can empower you as Father does. To allow yourself to be subject to Father's will is not so much 'relinquishing the self' but empowering the self to carry on, responsibly. These many years in our Brother/Father's Mission you have each gained a great deal of strength; but more than that, you have gained the courage to see your own weaknesses and make effort to overcome. When our Mission first began many believed their participation would be a release from life's difficulties. The mortal life is all about experience, and no matter what participation in any spiritual fashion you engage, you cannot escape experience. Experience is your roadmap to Father.

This week, again find time to seek out sources of strength, not energy-stealing, but strength-promoting. Our lesson is kept short to take questions.

MARSHALL: Yes, Abraham, I have a point from the Urantia Book. Of course a lot has changed since this Book has been out and the Lucifer Rebellion has been adjudicated, but it says here that mortal man lacks the concept of mota, that it is non-attainable by material personalities. In a lot of Ham's lessons, and some of yours, mota is spoken of. The Urantia Book claims that revelation is the only bridge of thought between the material and the spiritual. My question is: Can we begin to utilize this 'morontia mota' as mortals? Has that changed?

ABRAHAM: Yes, there has been great change since the restoring of the system circuits. Mota is again possible to understand in this lifetime and even make it an everyday-living reality. Again, without experience, and the drawing out from experience those meanings and values, you cannot understand mota.

MARSHALL: Can I follow up on that? (Abraham: Certainly.) Marshall: This is something I have been working with. There are twenty-eight philosophies/statements that are made, but they leave the mota out. Just briefly, could you enlighten me on the mota content of this statement: "When you cut your finger it bleeds."

ABRAHAM: You want for a definition? (Marshall: Yes, or an interpretation.) Abraham: This is self-explanatory. But I can say that when you take action in some manner you have to expect some results. Whether something is 'on purpose' or an accident, there will always be the law of cause and effect. Is this in understanding?

MARSHALL: Somewhat. Is it possible to reach a level of understanding of the mota content of those morontia teachings ourselves?

ABRAHAM: As you experience this life, mota becomes revelational. It becomes reality to you, for you have actually lived it. Look at your great philosophers and poets who have left a legacy of great wisdom. Yes, it is possible to understand the mota within your Urantia text; and, to have revealed to you other Mansion World teachings, or mota. Good question, Marshall. (Marshall: Thank you.) Abraham: Another question?

SIMON: How can I be more effective in understanding my relationship with my Thought Adjuster; and how can I be more effective as I grow through various changes and issues you are aware of?

ABRAHAM: I perceive you to be growing at a normal rate in understanding the Father Fragmentwithin. I can see at times there is an underlying fear that would have you unable to hear or understand the indwelling Father. Some of the worries that you have may possibly lead you to actions you would not normally take due to Adjuster assistance. Not to worry though, your intention is understood. Your fears are known and Father is, every second of every day, making effort to minister to His son, Simon. Your enthusiasm is to be commended; and yet, this does lead to impatience. Perhaps take some moments each day to focus on the patience of the Master. He was indeed patient and yet, this was portrayed as strength, not as denying reality or being meek, no. His patience rested in His trust that Father was overlooking all things. Is this answering?

SIMON: Yes, and a follow-up to Marshall's question - according to the Adjuster Papers, we can be morontialized here, is that right?

ABRAHAM: Yes. The Mansion Worlds were created to aid in healing, correcting, overcoming weaknesses and perhaps being a midway stop for the next adventure. Citizens who are settled in Light and Life have not need for these worlds. You can indeed be on your way to morontial correction and understanding in this life, now. (Simon: Thank you.) Abraham: You are welcome, Simon. Another question?

CALVIN: Abraham, I feel like 'time' is very different to me now - way different. In just a few short tasks, I think an hour has gone by when in reality it has been five or six. It is very different. It feels like it has only been a month into the year and it is almost June, so to speak. What is going on with that?

ABRAHAM: You are asking one who does not answer to time. I once did, yes. I suppose time is measured by moments of joy or agony. Your concentration levels have shifted and perhaps this is some of your new understanding. As you reach a certain phase in your spiritual career you truly believe that all time and eternity is ahead of you – not going by, or wasting away, or catching up with you. You have had significant life changes and your focus is simply different. I wish I could say more. (Calvin: You can. You have my permission.) Abraham: I will only say that with Father, all things are possible. What is true will stay and what has no meaning will fade away. Is there something more I can say (Calvin: Yes, but maybe next time. Thanks.) Abraham: You're welcome. Are there any more questions?

ANTHONY: Yes, Abraham. A few weeks ago, you had a beautiful answer to Luke's question about relating to his wife in her fundamental and traditional beliefs. I am about to deal with my twin brother and his beliefs. Should I just re-read what you said to Luke? or do you have any additional advice besides what you told him?

ABRAHAM: I would say, simply to focus on the love between brothers. Do not allow the right or wrong beliefs of each one to cause separation. Even your brother would be able to relate to this advice. You do no favors for one another when you make it an issue to correct each other. Allow him to be himself and find the positive aspects therefrom. Have not worry. You do well, Anthony. Is this answering? (Anthony: Yes. Thank you.) Abraham: You're welcome. Another question?

LANCESON: I am contemplating outreaching to the pagan community. I was wondering if you could give me any advice as to increasing my spiritual magnetism.

ABRAHAM: Lanceson, I believe you are a light and have not to worry about attraction. Be at ease to be yourself and use lighthearted humor to express your truth. Do not force it upon others but simply shine with what and who you are. Remember to be a good example, as was the Master. Is this helping? (Lanceson: Yes. Thank you.)

Know that I am with ever-growing love for you each. I look forward to every meeting for I feel very much at home with you. Go in peace. Until next week, shalom.

Personal Weakness Is Something We Can Overcome, Not Something That Overcomes Us

Abraham, WOODS CROSS GROUP 05-26-2003

Back

I am ABRAHAM. Greetings. Your lighthearted attitudes are quite refreshing to me. Every day I see painful circumstances in the world, and even though my faith remains steadfast I am somewhat saddened by the pain of the world. Your open minds and welcoming hearts bring me much upliftment – and for that, I thank you. Your strength and endurance keep our ship of faith afloat. Your willingness to be real with yourselves and each other is such a powerful tool in maintaining balance in these seemingly chaotic times. While you have courage to admit your weaknesses, you can still find the humor and wisdom therein.

What keeps weaknesses in a repetitive state? Many times mortals truly believe they are simply stuck or trapped. My understanding and my experience of this has taught me that most weaknesses are a matter of mindal state. To change the mind is to

change the action or the outcome. A long-occurring weakness would appear to draw out feelings of failure.

To continue to view yourself as having weaknesses, lowers self-worth. To have lowered self-worth is to lose confidence and hope in continuing to make effort to overcome. Feelings of failure are indeed a spirit poison that separates you from the One who so loves you 'as you are.' This feeling of separation causes further weakness – it causes one to feel alone and without divine assistance.

One may ask: "Why would Father love such a difficult child?" Father sees you not as difficult or failing in any way, no, He sees you as His child, a part of Him, a continually growing personality who is a part of all there ever was, is, and will be.

When dealing with personal weaknesses, ask yourselves: "In every situation, am I living up to my highest light?" "Am I exhausting all my human resources?" "Am I living out my definition of integrity?" "Am I satisfied with my efforts?" This, my children, is the beginning to overcoming what you feel controlled by. This is making a commitment to what you serve, and in whom you serve.

Where your treasures lie – there will be your heart also. What is truly important and top priority in your lives? Who has more power, Father? or your weakness. In whom do you serve?

Our Father is our source of all that is true, beautiful, and good. He is our supplier of all that we will ever need. To truly have Him as your foundation for living is to have not weakness for anything else. Make effort to see yourself as Father sees you. Does He see a child who defies the divine rules and caters to gluttony? or, does He see a child who struggles to live up to their highest light.

When you have done your very best; when you have taken action according to your understanding of your highest light; when you put integrity at the forefront of your minds – then there is no room for feelings of failure. Rather, there is self-mastery in overcoming weaknesses, there is divine connections and strength to be balanced to see weakness as something small – something you control, not something that controls you.

This week, think about what you find acceptable in your own behavior. Think about your understanding of integrity and how the lack thereof may affect you according to the universal laws. Find time to journal on your feelings of failure and how they bring self-unworthiness. Also, journal on those steps you can take to see yourself, and others, through the eyes of our Father.

Many times, mortals see weakness in one another and harshly judge one another. To see weakness in one is truly seeing weakness in all. To judge one harshly is to also believe others view you in the same way. A few questions?

SIMON: Abraham, I struggle with some of this because some things that work for me I see as good – and yet, I think that might not necessarily be the best thing for me. I am still growing and still learning. Some things seem arbitrary, but some things

also repeatedly bother me. I hate to be vague. I love the lesson. I know it is going to blossom and bloom in my thought-process. I wonder if you could help me out here.

ABRAHAM: Have you an example of what you speak about? Were you speaking of justice? (Simon: Yes, I suppose so.) Abraham: Those things that you do to bring about the desired results, would they be favorable in the eyes of our Lord?

SIMON: That's a great question. I guess I need to be patient, but sometimes I think I am too passive.

ABRAHAM: In my best understanding I can say that Father orchestrates the universe to give you your best lessons while accommodating your dreams and desires. With each undertaking, you must make effort and allow those seeds planted to grow however they may. If you should not see growth in a significant amount of time then perhaps this is not something to stand by and wait for. Do you understand? (Simon: Yes. Thank you, Abraham.) Abraham: You're welcome, Simon. I know that you have good intentions, and with a little practice in patience, you will see how well you are looked after. Another question?

DIANNA: Yes, Abraham, I have been thinking about this. It is like I always step forward with that intention to do Father's will and to bring myself closer to a place where I can reach my full potential. I use the example of the hurt and disappointment I feel sometimes in my relationships. It is like there is an attachment there that pulls me back. So although I feel forward movement, it is like a little bit of a yo-yo action. As I sat here thinking about it, I can see the long arc of growth that through many small decisions there has been a change. But it seems like in the present moment, the struggle is so great that the attachment seems stronger than the weakness. Can you speak to that?

ABRAHAM: Good question, my daughter. I am understanding that past fears somehow keep control over your actions of today. It is as if you have touched a hot stove, and fear going near the stove anymore. Your steps forward are the values you have learned from each of your struggles and yet, there are those past fears that keep pulling you back. In this state there is not the courage to go out into the unknown; there is not the daring to go boldly into new adventures. Your past fears are keeping you limited to certain experiences. No one, my daughter, is stuck in repeating some useless cycle. You are a child of God and deserve good things. You must make effort to turn your attention toward believing you deserve good, and good will follow. You can trust your inner guidance and 'know that you know.' You are free to be who you really are. Have not fear that that person would not be accepted. You are, by no means, any kind of victim in this life, no. Rather, you are an empowered daughter of God – trust in that. Realign your mind to really believe in that, and it will become your reality. Is there more I can answer?

DIANNA: So it's all in the control of the mind? The whole lesson seems to be about controlling my mind and thoughts, and that will lead to understanding?

ABRAHAM: Correct, correct. You, Dianna, are with intelligence and have a great deal to give. Know that you are very much worthy to receive. Accept those good things that come your way. One more question?

TECTRA: A follow-up on that, Abraham. It does seem to be the whole issue of this lesson in that these weaknesses we have are in a repetitive state. To change the mind is to change the action or the outcome. It sounds easy to do. It could be an easy thing to do just to change my mind about something, but that repetitive state (pattern) is so strong that it keeps us in this one place. My question is – is it just a matter of being very diligent in daily life, and be so present in the moment that we can see when these things need to be changed right then? What are some other tools we can use to be able to change our mind?

ABRAHAM: I realize these things are easier said than done. One thing that keeps individuals stuck in a mindset is feelings of being alone or unworthy. When one does good, they believe they deserve good. When one appears to fail, they are at times in a mind-state of believing they deserve punishment. To resolve within your own mind that you are 'simply a learning child on a path to your Father,' even in your mistakes and setbacks, you begin to have faith in yourself, your abilities, your levels of power, yes. There are many events throughout history that have exceeded mass expectation because the individual had belief or an unlimited mindset about his or her own potential. Yes, the individual fears what he may be controlled by. The mind is a filter for experience. To have the filter be clogged with various fears and distractions is to have confusion, and not the capacity to make clear decisions.

Have not worry, my friends. All is well. I am, as always, with ever-growing love for you each. Until next time, shalom.

By Carrying Out Father`s Assigned Tasks Our Weaknesses Are Stifled

Abraham, WOODS CROSS GROUP 06-02-2003

Back

I am ABRAHAM. Greetings. What a joy it is to be with you in these peaceful surroundings. I have come to love your characters, your personalities. You are each unique and yet, your weekly gatherings seem to move smoothly in any setting. I would take a moment to express gratitude to our Source and Center of all things.

Our Father, it is with an appreciative heart and mind that we express our gratitude to you and your vast helpers for your divine watchcare. We each realize the utter emptiness we would feel if you were away from us. Life is understandable when you are with us to provide meanings and values. We thank you for your unfailing love and guidance, even when we seem to be overpowered by weakness. You are our Source for all that is true, beautiful, and good. We thank you.

In the busyness of life, we can become fixated on those things we can see, those things that make up our visible environment. Many times mortals tend to forget their cosmic citizenship – that there is a vast family beyond what you can comprehend. Many mortals will live this life as if this is all they will ever have. They tend to 'move faster' in attempting to experience 'more' while they lose out on the meanings and values. For them, it is a race against time.

For you who are learning to incorporate the mortal and divine minds, today is simply 'one day in all eternity.' You are coming to know you have an entire kingdom of family believers. You are realizing you have a Father who loves you as if you were

His only child. You have life experience that brings you to understand meanings and values, which is your roadmap to Father.

To some mortals – when making mistakes in this life, oftentimes they feel they do not get another chance or deserve to continue to receive good things from living. That perspective of unworthiness tends to leave those individuals feeling inadequate or without ability. Tradition handed down through the generations would make some people believe they have sinned to the point of no return, that they have no chance to make correction. You that are on a spiritual course know that you have every chance to do better, to learn more, to make good decisions.

By now, you have come to the understanding that the better you can do, the more confidence you have and the more faith you have in yourself to receive guidance from Father. When we review the Master's life, we see that in all His decisions it always came down to the doing of Father's will, and never did He choose escape. Of course He was the Sovereign Creator; of course He knew of His divine history – but certainly, it was not any easier for Him to drink the cup of mortal life than it is for you.

Early in the Master's mortal career, He made important decisions that He would, to the best of His ability, follow the will of the Father. He chose not to use miraculous doings in any of life's circumstances unless otherwise willed by the Father. He vowed to live the mortal life to its fullest, He did not seek shortcuts nor escape. In this determination, the Father's ministry to Him was perfectly obvious. It was not Him 'wondering if Father was helping Him or not,' no, Jesus knew, without doubt, that Father was with Him in every step of mortal living.

He, the Master, lived up to His highest light; and this literally opened a circuit for Him to feel the Father's presence and have confidence in His own ability to receive guidance, and act therefrom. Jesus lived this mortal life as if it was simply a day in all of eternity. He lived with faith and confidence that whatever He learned here would, for the most part, be useful in the future; as so it goes for you in your past, present, and future experiences.

This world is definitely in need of making some important decisions, as did the Master. Life is much more difficult with a halfhearted commitment – one foot in the mortal world, and one foot in the divine. To simply freefall with faith is to feel the Father's arms outreached to guide you to Him. If you can act with faith as if He is at all times by your side (because it is so), then certainly will you feel the results; you will have more faith in your ability to receive His guidance and to act on it.

To act with full integrity will be something joyful for you, something that brings you the feeling of being in the presence of the First Source and Center. To feel that spiritual confidence is to see the works of God in your life; not to expect miracles, no, but to feel the joy of the good you can be witness to or even a part of. You will find your everyday weaknesses becoming stifled by the activities Father assigns to you. You will grow in strength and confidence with each task Father entrusts you with.

Remember the Master also faced weaknesses, and yet, was never overtaken by them. He maintained full faith in Father and knew that Father's vision was much greater than His own. The Father seeks to be with His child to guide and bring growth. For you to allow Him His place in your life definitely brings Father great joy.

This week, read in your Urantia papers about the Master's decisions, and journal down a few of your own concerning this life. Find time to express your gratitude to Father; this brings you closer to Him for it opens your mind to receive Him. Find time for some reversion as well. We each know the mortal life can be overwhelming and some reversion would bring about balance.

No questions this evening. Know that my love is always with you, and if you should have need of me, I will be there. Until next time, shalom.

One Brick At A Time | Experience Is Your Roadmap To Father
Abraham, WOODS CROSS GROUP 06-09-2003

Back

I am ABRAHAM. Greetings. My heart is full this evening to be able to be with you once again. Each time we meet I learn more; I take in more experience and I am able to put forth more in my daily living. Each week when we can gather, we are always building toward something greater than ourselves. Each time you allow yourself to be guided by the Spirit, you are building, moving, growing, and participating universally.

Imagine a foundation of light and truth on which is built the building of Light and Life. Your experience is the material you will build with. We all participate in the construction, each one having unique gifts to offer. At times there are mistakes or flaws, but with an open mind, these are easily corrected.

Each time you allow yourself to be subject to the Father's will you are assigned a task from Father to add on to what we are building towards. Every time an individual seeks self-improvement or enlightenment, they are bestowed with extra materials wherewith to add to the construction.

Together we are each building toward personal growth, toward Light and Life, and the growth of the Supreme Being – the God-in-time. Perhaps what you have built so far does not look quite right from your perspective – there seems to still be so much to do. At times, when looking at the overall picture, it is overwhelming and seemingly impossible. We are blessed to trust in the outlook of the Master Architect. We have but to place one brick at a time.

Through faith and willingness, we have only to focus on our individual jobs. We are not the designers nor the planners, no; we have only to listen and trust in those on high who see to the completion. It would seem at times your fellows are escaping from doing their part. It would seem to you that their life experience is one of ease and escape, and you seem to have to work overtime. When you stop to ponder this perspective, you can lose sight of your own personal position in the construction of the building.

Yes, many mortals believe life has not served them well, and therefore feel they

deserve a life of ease. This mindset is a waste of meanings and values one can attain – not to mention the mere value of experience – which is your materials wherewith to build. In escape where are the meanings and values? Where are your obstacles you have overcome from where you have gained new insights and tools to carry on? In escape, where is your communication with the Master Architect? Where are your fellow co-workers? Escape is truly a life of loneliness.

Some mortals would seek to hurry through their life's work of building toward greater things only to see their poor quality of work, crumble, and find they must start the rebuilding all over again. To take your experience, learn from the meanings and values, and put forth efforts into service, is to feel a part of what is being built; to be part of your fellow's lives, and to be in connection with those on high.

To know that you have put forth your highest understanding of integrity into your work is to feel that growing soul, hand in hand with Father, being gently guided into the next task or phase. While you may not see the building in completion, you can know with each of your efforts that you have participated in something everlasting – something that brings faith-possibilities into reality.

In the craftsmanship of your work of this Light and Life building, there is satisfaction, there is personal confidence gained, there is fellowship and the comfort of a large family of kingdom believers. Have not worry where your fellows are in the construction, for no one really escapes. Experience is your roadmap to Father. Experience is to be molded into the bricks of wisdom and knowledge for you to continue on in the building.

Concerning your life and your efforts, you, for the most part, live up to your highest light, and you see the fruits therefrom. When you make a mistake however, old understanding must be torn down to rebuild anew. Know that Father is at hand to assist you in all your efforts, and that you are never left unattended. He seeks for your success. He seeks to draw you unto Him.

Yes, we can consider ourselves lovingly watched over and indeed blessed; for we have not to worry about the overall plan, just simply our individual parts. The Master had made specific decisions at the beginning of His career, and this set the tone of what was to follow. He indeed lived as a perfected mortal of the realm.

This week, ponder what you are building toward. Have you the patience to place one brick at a time? Have you the spiritual stamina to stay strong when what you built seems to topple? Ponder the levels of quality you work toward and the fruits therefrom. Know that I am with gratitude to build with you, side by side, toward an everlasting goal. My love goes with you. Until next week, shalom.

Exercising The Spiritual Mind Every Day To Be Free From Spirit Poisons

Abraham, WOODS CROSS GROUP 06-16-2003

Back

I am ABRAHAM. Greetings. Each week I feel so fortunate to be a part of your thoughts. I enjoy watching the building blocks of your discussions forming into wisdom and creativity. You each have the gift of compassion; no matter the harsh

realities of your personal lives you still find compassion for others. In your willingness to be present for someone else you can be comforted in the fact that you are also well served.

Last week we discussed building toward something greater than ourselves. As life moves onward it is constantly changing; mortals are continually moving. Many things you have under your control, and some things you do not. The most that we could hope to have control over is ourselves – our attitudes and our outlook. Your intentions are the gatekeeper of what is to be accepted, and what is not.

One who is driven by the ego seeks fulfillment for the ego. Your desires or intentions lead you to take a path that would fulfill the ego's needs. Total escape from the ego is not likely to occur in the mortal life; you will always need to keep a watchful eye on this – this is completely expected. An individual could want for the highest and best good for all, and yet is somewhat unconscious of those intentions that lead to another direction, perhaps a more selfish direction.

When one is devoted to leading a Spirit-led life then one has tools to use to allow the highest intentions to overcome underlying self-serving intentions. It is confusing for mortals to be committed to being Spirit-led one moment, and self-serving the next.

The Master had not need to be focused on being self-serving, for all His needs were met. The Master knew not from day to day where He would lay His head. He many times forgot bodily nourishment for He was quite satisfied on a spiritual level. He enjoyed the company of His fellows but was equally joyful to be on His own. His deep and abiding trust in Father had freed His mind to focus on the real priority in daily living – sharing every moment with Father.

The Master's one desire was to do the Father's will. He did not do the Father's will 'because He feared what would happen if He didn't,' no; He desired to do the divine will because He craved that Source that fulfilled His every need. His intention was to do the will of Father, and most of the time He did indeed do that. There were a couple of moments when His human-self had allowed Him to wander from that, but always the focus of His life was to serve Father.

The Master was indeed an intellectual man, but also was He a divine Son. Always did the Master go forth with the will of God, never questioning why; He simply trusted. A relationship with those on high fulfills all human emptiness. It is true that mortals can be pulled deeply into the material world, and the spiritual world becomes secondary. Like the Master, we can take steps to exercise the spiritual mind every day to be free from fear and other spirit poisons that stand in the way of balance; such steps as:

- One who makes time for a few moments for stillness each day finds it is like a nutritious meal that gives strength and the ability to endure any and all things.
- Prayer becomes a natural open dialogue with the Father when it is practiced daily.
- Study becomes a place of refocusing, a reminder of the overall purpose.
- Journaling helps us to empty out the negative and work towards the positive.
- A fit mind and body is essential to doing all the above.

- And last but not least – fellowship. All things are more easily bared when shared with a friend. More things are more easily learned when you listen with compassion. Where two or more are gathered, there also, is our Master. This week, we will focus on balancing the spiritual life, incorporating the daily exercises to maintain spiritual health. Those that perceive Father as 'far away' will likely find that, their reality.

No questions this evening. I would say that I am personally looking forward to the upcoming changes with this group. My associates and I are working toward teaching the lessons a bit differently than we have. Our Mission seems to be at a crossroads at this time. We will soon begin to see the sweeping changes in the Correcting Time. This is good. Know that I consider you each a part of my spiritual good health. I am with ever growing love. Until next week, shalom.

With that said, we will discuss some of those things that you invest yourself in. As you picture your overall life – how do your levels of joy measure up? How balanced do you feel in mind and soul? What is occurring in your surroundings; does this bring you peace – or anxiety?

What you have found important to invest yourself in shows in your everyday living. If one invests only in the area of employment, then that is surely what life will be about. There is not balance in that. If one solely invested in the religious life, there is tendency to become fanatical. What seems to be the most important to you is what you will be investing in every day, and certainly you will see the returns therefrom. Your measure of joy, fulfillment, balance, and peace should tell you if your investment is wise and worthy. What do you give yourself to? Where are your treasures? What holds the most meanings and values?

The Master had invested Himself completely into the Father's will. That carried our Master from place to place, person to person, task to task. And most definitely, even through all His turmoil, His returns were with meanings and values. Even though there were moments of sorrow, His joy greatly outweighed that. He was balanced in mind. His trust in Father was enduring and unfailing. He never faced defeat with disappointment in Himself, or Father. He was continually energized and challenged to meet anything head on.

Yes, to invest yourself into the doing of the Father's will takes spiritual fitness.

This week, continue on in those exercises we discussed last week. Find time to think about what emphasis you put yourself into, and how that serves: Is your family life being served? Is your place of employment a balanced area? Are you available to your friends? Do you have an open ear for a discouraged soul? Do you yourself feel served and that you are an integral part of the universe?

No questions this evening. I would however, enjoy closing our lesson with a prayer.

Our Father, it is in you, our Source and Center of all things, that we find our greatest spiritual nutrition. Life's fulfillments are not found out in the material world, but in you – and, your interpreting to us meanings and values. You have belief in us even when we have not belief in ourselves. We are fueled by your ever-enduring love for us. Help us every day to be cleansed and have an open mind to

your will. Help us to invest ourselves in what you would want us to. We express our gratitude to you, our Father of all fathers. Amen.

And to you, my friends, my love goes with you. Until next week, shalom.
What Things Do You Invest Yourself In | Find Time Each Day For Internal Cleansing With Father

Abraham, WOODS CROSS GROUP 06-22-2003

Back

I am ABRAHAM. Greetings. I am always comfortable in any setting when we meet together. You are a part of my eternal family. As you learn, I learn more. I express my gratitude to you each who continue to uphold Michael's Mission, day after day, week after week, year after year. I realize some of my comments last week have sparked some interesting conversation.

When we speak of sweeping changes, we are speaking on an internal level. Right now in the Correcting Time, mortals are awakening to new forms of thought. The fog of tradition is being lifted and new possibilities are rising up within each deep-thinking mortal. During these internal changes, we would do well to be spiritually fit. Each day one would do well to have a few moments with the Father to express need for an internal cleansing.

The mind takes in everyday stimulus that, for the most part, does not serve in a spiritual manner. To find time every day for internal cleansing of mind and soul is an invitation to Father to bestow upon you up-to-date divine information that serves in everyday living. The only gift we could ever give with true meanings and values is the gift of ourselves. To give of your time, love, or service is a gift that cannot be measured materially.

The mind takes in everyday stimulus that, for the most part, does not serve in a spiritual manner. To find time every day for internal cleansing of mind and soul is an invitation to Father to bestow upon you up-to-date divine information that serves in everyday living. The only gift we could ever give with true meanings and values is the gift of ourselves. To give of your time, love, or service is a gift that cannot be measured materially.

With that said, we will discuss some of those things that you invest yourself in. As you picture your overall life – how do your levels of joy measure up? How balanced do you feel in mind and soul? What is occurring in your surroundings; does this bring you peace – or anxiety?

What you have found important to invest yourself in shows in your everyday living. If one invests only in the area of employment, then that is surely what life will be about. There is not balance in that. If one solely invested in the religious life, there is tendency to become fanatical. What seems to be the most important to you is what you will be investing in every day, and certainly you will see the returns therefrom. Your measure of joy, fulfillment, balance, and peace should tell you if your investment is wise and worthy. What do you give yourself to? Where are your treasures? What holds the most meanings and values?

The Master had invested Himself completely into the Father's will. That carried our

Master from place to place, person to person, task to task. And most definitely, even through all His turmoil, His returns were with meanings and values. Even though there were moments of sorrow, His joy greatly outweighed that. He was balanced in mind. His trust in Father was enduring and unfailing. He never faced defeat with disappointment in Himself, or Father. He was continually energized and challenged to meet anything head on.

Yes, to invest yourself into the doing of the Father's will takes spiritual fitness.

This week, continue on in those exercises we discussed last week. Find time to think about what emphasis you put yourself into, and how that serves: Is your family life being served? Is your place of employment a balanced area? Are you available to your friends? Do you have an open ear for a discouraged soul? Do you yourself feel served and that you are an integral part of the universe?

No questions this evening. I would however, enjoy closing our lesson with a prayer.

Our Father, it is in you, our Source and Center of all things, that we find our greatest spiritual nutrition. Life's fulfillments are not found out in the material world, but in you - and, your interpreting to us meanings and values. You have belief in us even when we have not belief in ourselves. We are fueled by your ever-enduring love for us. Help us every day to be cleansed and have an open mind to your will. Help us to invest ourselves in what you would want us to. We express our gratitude to you, our Father of all fathers. Amen.

Your Ministry In The Correcting Time | There Is No Hierarchy | All To Feel Equal
Co-workers

Abraham, WOODS CROSS GROUP 06-29-2003

Back

I am ABRAHAM. Greetings. As I walk among you, I am made to feel at home. I look into each one of your faces and I am overcome with awe at the creativity of our Father. No matter what has occurred in your lives you each continue to uphold our purpose. Your enduring faith in our Creators has given you extra responsibilities and opportunities - and I must say, you have each done well.

The Correcting Time is expanding more every day and the spiritual energy is creating a great mind-shift. You, our Mission participants, are well trained in directing those who are feeling this shift, this energy.

As we each become comfortable at our place at Michael's table, we find that all are equal in the kingdom; not one is above another in any capacity. There before us at the table is an enormous banquet; we each must try a little bit of everything.

In your life experience you will eventually understand many things, for you will have the experience firsthand. To know comfort, you must know pain. To know freedom, you must know imprisonment. To know love, you must know hate. In this Correcting Time, there will be individuals who could use your insight into understanding this which we call 'morontia mota.' A soft-spoken word will speak to the souls of those you attempt to reach.

To fully believe that each of Father's children are equal will keep you balanced in your ministry – you will be able to maintain a humility that connects you directly with divine information. The Master's ministry was most effective because He sought no place above His fellows; He directed them inward to their own divine source; He displayed faith in His fellows' ability to reach for Father on their own.

Every day, you may see your loved ones experiencing trauma or pain, and all you can do for them is show them your love, support, and guide them inward to their own divine intelligence. You each know that experience is required. And no matter how painful it is to see your fellows experiencing trauma, you know it is required of each mortal to bring out meanings and value-recognition.

Yes, your ministry in this Correcting Time is to assist in sharing meanings and values. Good things are indeed happening. I realize that living in the world it would seem that pain is all around. You each must believe that the Correcting Time is having rippling affects, and good is indeed resulting.

This week, think about your particular responsibilities in the Correcting Time. Can you minister as the Master did, with a humble heart, and give individuals that feeling that they are coworkers – not followers or leaders? Continue to practice your spiritual exercises to maintain strength to serve in our Brother/Father's Mission purpose. Find time this week to have quiet time and receive my words. Are there questions this evening?

HARRISON: Abraham, would you perhaps have some words of encouragement for my friend/brother Jonas, who is in the state prison at this time? He is coming up for parole.

ABRAHAM: Certainly. My son (to Jonas), I am in understanding of the heartache you have experienced. Do not ever think you have done so much that Father would not right now lift you up and hold you as if you were His only son. His ear is always open. His heart is always full with love. His guidance is unfailing and you have opportunity to have this for your own. With your experience, you can make a difference in the lives of those you meet. You can bring about good from the negative experiences of life. With your efforts toward doing good, your time spent in prison will be of great value. Have not worry. You have a bright future, do not miss out on it. That is all. Another question?

SIMON: Yes, Abraham. I would like to welcome Camarah here for her first time. The Teaching Mission Conference is coming up, do you have some thoughts on that event? I sure have been grateful for all the spiritual and mental growth lately, and practicing of trusting in Father. If you have any words for me, I would appreciate it.

ABRAHAM: Certainly Simon. Concerning the upcoming Conference – these conferences appear to be an 'ocean of everything.' You that are attending can help to bring about a practical balance to living the spiritual life. Our entire Mission is based on the teachings of the Urantia Book. There is tendency at these conferences to stray away from the intellectual reality of the Urantia Book, to the mysticism of other beliefs. Remember our Mission is spiritual, yes, but it is also balanced with

intelligence. Remember to use humor and lightheartedness to maintain a positive energy flow. The Mission is not 'anything goes.' Right now the Correcting Time is at a crucial point where the weeds will be gathered up and thrown by the wayside while the new growth is allowed room to spread. Remember always that Father is our Sovereign and in charge of all things; and without a doubt, I can say that all will go well. Is this helping? (Simon: Yes, Abraham. I appreciate it.)

MIRIAM: Just one question before you leave. Are you, on your side, excited about the Israeli and Arab nations new movement? Are you guys jazzed about that they are talking to each other?

ABRAHAM: Always we have hope and yet, the results remain to be seen. This is a most difficult area in our efforts. When we can find leaders who will relinquish their desire to have great power then will there be wonderful results. Good question Miriam.

Know that with each passing week I am with more love for you each. Remember to look for me this week. Until next time, shalom.

Revealing Father Through Our Everyday Living | How Would My Associates Know Father Through Me

Abraham, WOODS CROSS GROUP 07-07-2003

Back

I am ABRAHAM. Greetings. I am enjoying our small group this evening. The energy is clear and distinct. I am with much gratitude each week when we can meet as a family and refocus our Mission goals. Last week we discussed Mission responsibilities. During the week I visited with many of you. My personal goal was to help each of you see your unique gifts and find a manner in which to serve.

Our Mission is slowly growing. There has been fruit, yes, and yet many of the dead branches have been cut away. Michael said He is the vine and we are His branches. What is not producing fruit will be left behind to make room for further growth. You have for the most part, committed to this vine and to the personal pruning.

Our Mission is practically ripe for harvest. What we have so long worked for is indeed deeply rooted in the hearts of our participants. Over these many years of your experience, you have learned to walk close with our Father. Michael dwelt in the flesh many years ago on Urantia to reveal to mortals the Father in heaven.

My questions this evening are: How has our Father been revealed to you? How would your fellows know that you know Father? How are you using your personal gifts to their full potential? Many understand the Father revealed through the gift of humility. To have Father reveal Himself to you through some powerful act is indeed humbling, yes, and teaching you that only a humble heart will be taught.

Some see Father revealed through their fellows, and each day with them gives them the gift of encouragement and reason to carry on. Many see Father revealed through their children - their wide-eyed ability to take in information is a wonderful lesson to getting to know our Father. Some however, may see Father revealed in the

experience of the passing of others; during what is seemingly a sad time does turn individuals inward and search for higher meaning. In this, the heart and mind are open and indeed Father is there with His words of meaning and values.

I ask, did you come to know Father because He first revealed Himself to you? or have you learned more because you had faith first in Father? How do you know the spiritual life is a reality? How is Father revealed to you in everyday living? What is your responsibility in being open to Father's presence? How does Father reveal Himself to others through you? In all your service-work, do you live the life you profess to believe in? My friends, you cannot sell what you have not faith in. Surely, you can't expand our Mission if the faith in Father's living presence is not a part of you.

Our Mission is based on the everyday-living spiritual reality. Father must be a permanent presence in your minds and hearts. To think of Him as 'far too important to know the details of your life' is indeed taking purpose away from your personal Adjuster. In all you think and do, He is there. He cannot be there only half the time. Our Correcting Time must continue to move with a forward momentum. The unfruitful branches will be taken away and there will be room for a greater harvest.

This week, let us focus on our personal relationship with Father. Let us reinforce our faith. Let us live our spiritual reality every day. No questions this evening, but I would be honored if you would allow me to close with a prayer.

Our Father, your children are here before you in your presence. We are with a humble mind and grateful heart to know that you are as real as we are to one another. Help us to always be our real self, which is always revealing you. Help us to be of assistance to our fellows. Help us to see how our personal gifts will serve in the kingdom. Help us to see your revealed reality in our everyday living. Amen.

My love goes with you. Again, look for me during the week. Until next time, shalom.

Finding Father, And Showing Father Through Our Mortal Responsibilities

Abraham, WOODS CROSS GROUP 07-14-2003

Back

I am ABRAHAM. I am enjoying the calm and thoughtful energy this evening. Your discussions always lead us into higher levels of thinking. Your willingness to be taught makes you each wonderful teachers. My lessons may come weekly, but you learn much more from your fellowship. I am grateful to be a part of that.

This week, your lesson was to aid you in becoming more aware of Father in everyday living. When many first come to the awareness that God is truly a living reality, they sometimes believe that all their thoughts, actions, and time should be spent in nothing but the spirit. While this is a wonderful intention, there must be balance.

Said Jesus: "You are in the world, yet not of it." You are here on this evolutionary planet to live a typical mortal life. With the busyness of living the material life, you are to also learn to integrate the spiritual. Many mortals who become imbalanced in spirituality tend to allow the responsibilities of life to go by the wayside, and then they wonder why Father would allow them to stumble.

When the Master wore the flesh, He experienced all you are to experience – He raised a family; He worked; He had earned income; He paid His debts; He toiled in menial labor; He helped numerous neighbors, friends, family, and strangers. Many times He had to make do with what He had, and yet there was still the same amount of joy as there was in abundance.

As the eldest of the family and after the death of Joseph, the Master helped His siblings with their studies. He helped to teach, discipline, and He showed them unconditional love as any parent would. He was challenged by the free-thinking teen years, yes. He was devastated at the loss of a sibling. The Master had to contend with His mother's fondest hopes of Him and attempts at manipulation. Much of her earthly demands He met without complaint, and indeed learned to relate with her within her own understanding.

The Master looked at His family as if they were part of His spiritual development, as He was a part of theirs. While learning the harsh realities of the family, He also learned about love, safety, and responsibility. Anyone belonging to a group or family knows all too well of the sometimes disorganization, chaos, and constant demands. The family life is not reverent, pious, and peaceful, no! but this is the reality of the mortal life.

The Master and His associates did a great deal of work to finance their mission. The apostles did not find much glory in fishing and yet, the Master taught them the value and artistry of working with integrity. The Master found boat-building to be an art. While the work was somewhat difficult, He grew to love the smell and feel of the wood, the feel of His tools against the wood, and the creation that came out of each individual task. In the process of producing, there was a mental calmness which allowed Him time away from temporal problems.

Jesus learned to sincerely enjoy His work. This work spoke not to the masses at the time. It did not serve His mission in any way except for providing for His earthly family and preparing Him for the mission ahead. He much enjoyed working in the garden – even though the work was difficult and the sun was hot, He loved being 'at one' with the earth, and in this, He found closeness to Father.

The mortal life is very important to the eternal life. The more aspects you can learn of mortal living, the more morontially-fit you will be. To constantly fight the demands of mortal life is to bring about struggle and disconnection from the Spirit. There really is joy in all things when you have allowed Father to be present in your life.

This week, take time to ponder your mortal responsibilities – see if you can find Father in them? or if you only find struggle. Find the art in your work. Find the joy in your group or family. Even though there is some hardship, still journal on your experiences in finding Father revealed in your everyday living.

No questions this evening, perhaps next week. Again, make time to meet with me during the week. Know that I take great joy in your company and find comfort in our unification. My love goes with you. Until next week, shalom.

Maintaining Simplicity | Don't Block The New Incoming Realities By Holding Too Tight To The Old

Abraham, WOODS CROSS GROUP

07-21-2003

Back

I am ABRAHAM. Greetings. I am filled with gratitude knowing I can relax all into the hands of our Father. I am comforted by the fact that Father's awareness and intelligence oversees all. Even in my realm of reality I become absorbed with my tasks and somewhat preoccupied to the point that I can at times lose focus. I sincerely enjoy my time taken aside from my daily responsibilities to take in spiritual nutrition and regain that focus.

Last week we discussed material responsibilities while living a Spirit-led life. I do remember how difficult the agondonter status was for me. I remember being caught up in emotion, drama, and my own personal desires - to the point that I had squeezed Father out of my thinking. In this, the world seemed to be bearing down upon me and I felt weak and stuck in a cycle of confusion.

The responsibilities of the material life are so much easier to bear when you believe Father is at hand in all the details. With a strong foundation of faith, you feel not alone and weak as if you must bear the world upon your shoulders. How mighty is our Father's works! How beautifully orchestrated is His divine plan!

This evening I would go a bit off the intended lesson in the hopes that all are well served.

In the days of our Master, individuals felt quite comforted in His presence. His lessons were simple - and yet, new and exciting. The people, for the most part, saw with new eyes. Down through the ages, spirituality had become complex. With the various interpretations of man, religion was indeed imprisoning and 'shaming' the masses into the hope of salvation.

With this current awakening, people are yet again viewing the spirit life with new eyes, and are finding freedom. Individuals are finding again the simplicity in the Master's teachings. Some of you have always believed in Father and the spirit life. Some of you have been born-again with new awareness.

For those that are in understanding of my words, think back to your days of awakening to the spirit - that feeling of broadened horizons; that feeling of safety and security; that feeling of being Father's child. Many of you are longtime spirit seekers - and while this is all well and good, sometimes there is a tendency to lose sight of that childlike awareness where you see all things with new eyes.

I am saying, as mortals mature in the mortal life, there are sometimes tendencies to become set in the ways of old - thereby slowing the flow of incoming divine information. You, as ambassadors for our Mission, need to maintain that ability to see the realities of life with new eyes. Remember the simplicity in the Master's message. Remember His lightheartedness. He was ever Spirit-led and always had the appropriate words for those He served, those He ministered to.

For many, Jesus' message was simple basic truths, and those who were ready received more complex material. Those that I refer to as being 'ready' are those who maintain the ability to see with fresh eyes – those that dare to remain open-minded and receptive to new possibilities.

This week, think back over your spiritual career. Does the child within still have options in your everyday living? Can you accept comfort in maintaining simplicity? Can you take comfort in knowing Father is at hand and aware of any and all things; and, that He ever toils for your path to Him? For our upcoming lessons, consider: What is salvation? What is being 'born of the spirit?' Are there questions?

SIMON: Well, Abraham, simplicity is pretty much out the door for me, but I love the idea of simplicity. Short of that, I feel like I have been spending a lot of time on spiritual things. I need to do more grounding, more reality-type things. I would appreciate your assessment on that.

ABRAHAM: Understood. Science is a wonderful thing. In this day and age of technology there is tendency to over-analyze everything; the simplicity and joy become lost in the confusion. This is a new age of awareness, yes, and the mortal mind will be busy with many new concepts. However, the more difficult something appears to be, the more you feel overwhelmed and the more you feel the weight of the world. In this confusion there are feelings of loneliness, and the simplicity of the Master's message is seemingly hidden. Take time, my son, to refill your spiritual resources in a simple way. While you do enjoy perfection, forget not that this leads to anxiety and disappointment when your expectations are not met. Have not worry but take joy in the simple things in living. Is this helping? (Simon: Yes. Thank you very much.)

LUKE: Yes, Abraham. Thanks for taking questions. I have lived here my whole life and now I am moving to a new area. There is apprehension in this decision and yet, everything seems to be falling into place to do that. It is a big move to leave my home and there is no intention of coming back. Any words for me?

ABRAHAM: I feel that if the path seems to be cleared then it would seem you are meant to follow it. You are exhibiting courage in the face of uncertainty, and this is always growth-promoting. You can see life as 'my reality is how it is always going to be;' or, you see how Father will show you different. Father's possibilities are endless, and one who trusts in the Spirit is always open to His direction. You are a Spirit-led son, and where your present adventure takes you is a good opportunity to deliver the good news. Your ability for humor and logic is a good combination that will serve in your ministry. Have not worry. Be at peace. No matter where you go, Father is always there. Another question?

CALVIN: Thanks for your lessons and help. Sometimes I wonder if my experiences have crusted me against the spiritual life; but then again, I wonder if the hard experience was a good thing to make me face reality. Maybe your perspective or any words you would have for me?

ABRAHAM: Each of Father's children is entrusted with certain talents and given tasks to perform to uphold this Mission. Your experience has well trained you to help

maintain balance in our overall purpose. You are not hardened by life's experiences, no. You were well trained to perform those tasks assigned to you to serve in this Correcting Time. Many individuals are driven by emotion, and some prefer to receive the spiritual life through the intellect. Because you choose to live a grounded spiritual life does not mean you are hardened to receiving from those on high. While some receive the spirit 'through feelings' – you, can better receive the spirit 'through mind.' Have not worry. Practice being more accepting of who you are and understanding of how you are. Is this helping? (Calvin: Yes, Abraham. Thanks.) Abraham: You are welcome. One more question?

ELIASHA: Do you have any advice or insights for me today?

ABRAHAM: My daughter, I am perceiving you to be somewhat weary with how your life is moving. You are a daughter of faith, no doubt, and your ability to share with others is indeed a ministry unto itself. The everyday-living reality does seem to be what you have not expected – and while this is somewhat disappointing, you are a child of God with the power to change any of your present realities. Because some doors appear not to open, have not worry, for Father's time and your time are very different. Many doors may open at a later date, have not fear. Know that there are spiritual rewards in the efforts made toward living a good and well-balanced mortal life.

With that, I will take my leave. Know that I hold each of you dear and I will again be available for you throughout the week. Find time to enjoy the source of peace. Until next time, shalom.

Emotional Roadblocks | Salvation Is Simply Acceptance of Father's Offerings
Abraham & Emulan, WOODS CROSS GROUP 07-28-2003
Back

I am ABRAHAM. Greetings. I am always made to feel joyful when we can meet. I enjoy your humor and wisdom, your willingness to share life's discoveries. I realize each day that you live, there are happenings that are molding you into that person who will one day be 'at one' with the internal Father. Living the mortal life is practically a series in making mistakes and continuing to improve.

How wonderful it is to know Father will never forsake us. There is always His mercy, His kindness, His loving watchcare, and His hard lessons in truth. Many times as a mortal I had felt my struggles had embittered me to the point that I would question 'why such a magnificent Father would have anything to do with such an erring child.' I came to see that even in all my misunderstanding, Father had never left me or punished me with His absence; no, He was always there, always pointing the way.

People of this day and age speak of the wonderful possibilities of having second chances as if life is quite random – and luckily you have opportunity to correct your mistakes, and progress. With Father, there are endless chances and numerous possibilities to correct and move further along that eternal path to Him. Last week we discussed the possibilities of salvation. What is salvation?

This evening I present to you our friend and Teacher, Emulan.

EMULAN: Greetings, my friends. I am overjoyed to have opportunity to be with you again. I am honored my friend and mentor, Abraham, would recommend that I speak this evening. Most of you know my history of living the mortal life - my tragedy of having lost my family to an accident and losing my mental capacity for a time, which led to my interest in the psychiatric field.

At the lowest point in my experience of having lost those in whom I had loved so much, I was indeed lost; I felt nothing but a future of doom. With all the human emotions that one would experience because of tragedy--such as despair, guilt, and anger--I was practically my own worst enemy. By that, I mean I took the tragedy on as my own as if I had somehow caused it, or could have prevented it. The guilt was tremendous.

In this emotional state, there seemed to be nothing but darkness, nothing but loneliness, nothing but a future of reoccurring doom. My salvation came when I could move beyond the emotionalism, to accepting the simple gift of love from our Father; His saving grace was there all along, but my cycling emotions had kept me blinded.

Salvation is indeed simple. It is accepting what God the Father offers you. It is accepting your sonship status. It is accepting His unconditional forgiveness, His ever-abiding mercy and expanding love. Father's offerings are endless. It is the darkness of our own emotions that keep us from reaching for salvation. In Him, I am truly saved. In Him, I am truly safe. In Him, I am pointed Paradise-ward.

With the complexities of mortal living, many individuals are made to overlook the Father's offerings. Old thinking has some stuck in a cycle of guilt, atonement, or self-punishment.

Many look at Father as if He were also mortal; and needless to say, this indeed limits Father to what He can do in your life. Every day, Father offers you abundance. He gives gifts that cannot be measured by man's understanding; His gifts involve all aspects of mortal living. I do remember the impatience I felt toward my getting what 'I thought I truly needed,' and the receiving of what 'Father knew I truly needed.'

We must remember in this day and age that many ideas are built on emotionalism. The instability of emotions is, for the most part, leading to lower thinking, or the 'animal mind.' In this state of the animal mind, judgment is cloudy and one may tend to rely upon one's own understanding. The 'higher mind' is one who trusts in Father and His ability to do any and all things. My friends, salvation is simply accepting the Father's offerings.

I am overwhelmed with gratitude from time to time when I think back over my experience and see how Father never gave up on me, never lost love for me, never lost faith or hope in me. His love is unfailing, and His tenacity to continue to be ever close with His children, is unending. My regard to you, my friends. Farewell.

I am ABRAHAM. Our Gratitude to our brother and friend for this evening's lesson. This week, ponder your emotional roadblocks. How might your emotions lead you to a lower thinking level? Take time to think about what the Father's offerings are. Take

time to journal your understanding of salvation. How can this new concept affect those you may have discussion with? This week, find time to have a moment or two of real worship, real gratitude. How does that change your outlook in your overall everyday living?

No questions this evening. Know that I make it my personal task to take time with each one of you every week. Look for me. My love is ever growing for you each. Until next week, shalom.

Salvation | The Master Is Our Door To Understanding The Father And The Spiritual Life

Abraham, WOODS CROSS GROUP 08-04-2003

Back

I am ABRAHAM. Greetings. I am happy to be among you once more. I am glad to see familiar faces here with us again. This group is sincerely an anchor for our ship of faith. With the stormy waters of everyday living, it is comforting to know we can return home to regain focus and a sense of overall wellness.

God is good. I am amazed by His everyday works in our lives. I am in awe of His awesome power in every little detail of existence. I am with abiding hope and joy in any and every situation. Yes, God is good.

Back to our discussion concerning salvation; I am always made to think of the Master. The Master's life in the flesh had significant meanings beyond this world. His life was an enduring example of how one could face bitter disappointment and still move mountains. Jesus was born an ordinary child of the realm. He lived an ordinary existence. He performed His duties as an ordinary man. Even when He was ministering to His fellows He sought to keep from miracle-working.

Living an ordinary life, the Master did indeed do wonderful things. He was not a king, nor the long sought-after messiah. It would be wrong for us to refer to Him as other than our Brother/Father/Savior. The life of Jesus brought God down to the mindal understanding of man. Jesus made Father reachable for man. Even His Spirit of Truth today keeps you ever updated and available to knowing our Father as someone who is always at hand, not somewhere far off in heaven.

Said Jesus: "I am the door. He who knocks indeed will be welcomed." The Master is our door to understanding Father from within our own mind-frame. He is our introduction to the Father and the spirit life. He is indeed a Savior. Those who live a life of faith can indeed take salvation for granted. Those who are 'Father led,' are in understanding of the security of the eternal life - the eternal life from this moment on.

Those who find comfort in salvation are not a chosen people to be set apart, no. Salvation is not separation, but unity in serving one another for a common good. Those who literally feel their salvation are more likely to serve. They are driven with the desire to make other's lives better. Those who feel comforted in the knowledge of God feel a wellspring of wealth from which they draw from to share with others. These individuals are a source of energy, a 'guide on the path' so to speak.

Other people who may have become embittered by life circumstances will find you, faith-filled sons and daughters, a source to a new and better way. I realize that possibly every day you meet with individuals who are negative and seemingly unchangeable. At times it feels as if these individuals can embitter you, as they themselves are.

With your faith and comfort in salvation, and knowing you belong to the kingdom of heaven, only good can result from whomever you relate with. The Spirit of God is in you, literally, and this is a source of protection and peace. No one can take anything from you. It is within your power to fend off the negative energy to promote light. This source of light is unending. The source is never depleted. You have access to all you need. You can be as the Master, and go about sharing the good news.

As the Master's day of Urantia birth approaches let us ponder the many ways He is a Savior to us. How has knowing Him affected your life? What is your favorite aspect of His personality? After facing numerous disappointments, how did the Master continue to go on; continue to minister; continue to love and serve? What was His practice to receiving from that wellspring of Father's all-encompassing goodness? I will take a few questions.

LANCESON: Abraham, this week I had the experience of talking to people who have lost loved ones; and I have come to realize what you spoke of in the lesson – this idea of taking my salvation for granted. How grateful I am that I have this source of strength I can give to others. The compassion I feel for those who lack this in their lives, it has made me realize how fortunate I am to have this understanding. I guess that is all I have to say.

ABRAHAM: Lanceson, my son, you are a true student wherein you are enthusiastic about learning and not so quick to 'show what you know.' This is rare in today's world and definitely wonderful. You do have a gift for listening, and a knowledge of what is to come beyond this life. You are a good counselor to those in need. Your willingness to be present in all of life, bad or good, is a wonderful example for those who know you. Well done, my son. (Lanceson: Thank you.) Abraham: You're welcome. Another question or comment?

SIMON: Abraham, I am very grateful for the lessons lately, and I feel like I have been learning them over time. In other words, I am a little slow, so give me some time. I am grateful for the bigger picture, even though I get stuck in my own little picture sometimes. I wonder if you have any words or comment for me on how I can be a more effective son.

ABRAHAM: You are learning, Simon. Your experiences have been a wonderful teacher. You are finding your way as you should. Change and growth is slow – as well it should be for a lasting effect. You appear to live a well-balanced life being involved in just about everything. Know the spiritual life is also in the mundane details of everyday living. You are finding your way, my son. Have not worry, you do well.

I will take my leave. Know that each time we meet I grow more in love with you. Know

that I am always available should you have need of me. Go in peace. Until next time, shalom.

The Cost Of Living | What Price Do We Pay To Have Material And Spiritual Abundance
Abraham, WOODS CROSS GROUP 08-11-2003

Back

I am ABRAHAM. Greetings. I am overjoyed to be among you this evening. I am especially grateful to Father for this particular assignment. I am driven to be a better friend and teacher each time we meet. You, with your positive attitudes, inspire me to continue to make effort in this Correcting Time task.

Where would your lives be without our wonderful Father and His many loving associates? When I think back upon my mortal years, I remember the distinct change from having a stalwart (and yet fearful) spiritual life, to becoming an open-minded receiving child of God. I think of how much better my life was since Machiventahad assisted me in expanding my awareness.

That expanded awareness was my salvation; it was my internal peace; it was projected in a new faith-filled confidence in my everyday living. When I felt mostly 'spirit-filled,' I could relax and allow Father to do His work through me. I cannot imagine where my life would have gone had not my eyes been opened. We can be grateful for where we have come from, are now, and are going, for Father is a growing, working, loving part of our lives.

Last week we spoke of Michael as the door to Father. He is now, for the mortals of the realm, still the entryway to knowing a loving, all-knowledgeable, all-powerful Father. Could the Master have made such progress had He not heeded the call of our Father? Had He worked for selfish glory would He still be the basis of the many religious organizations of today? Our Master was fueled by the First Source and Center, and His life in the flesh made it also possible for you to receive as He did.

So many of today's religious organizations often challenge their believers into thinking the Master had paid a ransom for their salvation. The churches teach that Christ paid for our eternal life with His mortal life. The world would experience such a freeing of the mind and soul if they could know the meaning of a true Savior - not one who shames them into doing good because He has died for their sins.

The Master did pay a price when He wore the mortal flesh, yes, He paid every day. He released His desires in favor of the Father's will. He looked to Father for answers. Instead of relying upon His mortal part, he relied upon His divine mind. The mortal mind does have its way with selfish desires from time to time, but those who are truly happy in their spiritual relationship are eager to put Father first.

It is written that every day a true believer lives he finds it easier to do the right thing. In our freedom and spiritual safety, we can relax all into the Father's hands knowing the ultimate good will always result. The Master did not pay a price to get His fellows to believe in His teachings, no. He could only plant seeds and would allow Father to tend to the results. The Master kept focused on the goal at all times. The more He practiced, the easier it became.

This evening I would like to discuss the costs of living. It would seem that many mortals, every day, pay great amounts of attention to things that are important to them. Many times, the price is either 'too high' or 'not worth it.' Any time one would sacrifice truth, beauty, or goodness – then regardless of the price you would be willing to pay, it is indeed not to be profitable. Father wants His children to have abundance, yes; and not simply materially speaking, but spiritually also. He does agree that life should have more joy than pain, worry, or anxiety.

This week, review your present life and calculate the measure of joy therein. Is there truth, beauty, and goodness to be found? Is there balance in living, with work, play, family, and friends? What prices are you paying to receive whatever you are receiving right now, in return? For example: In a friendship – you pay the price of thoughtfulness, courtesy, respect, and energy expended to maintain the friendship. And then in return you receive the opposite – which causes you anxiety, unrest, and worry. This does hold lessons to be learned on the spiritual path, of course, but not to the point that your continued efforts to do good fall by the wayside. This is a price not worth paying, for it is a source of negative energy, and it is spiritually stifling.

Say you have employment where you are respected, paid fairly, listened to, and considered to be an important part of the whole. In time you begin to be tardy every day and disrespectful to your fellow employees – thoughtless of the needs of the whole. How long would you expect to be employed there? In all your endeavors, there is energy exchange that affects the whole. You want to promote truth, beauty, and goodness, yes, but to do this you need to have focus on the goal of Father's will – which concerns all, just as the Master did.

You are given the gift of abundance, yes. And I say, joy and peace are a part of that gift. When negativity seems to be overwhelming, then that is a time to take action. Having exhausted your human resources, you are exhausted. In taking action, you commune with the Father and the Master. You ponder various solutions and remove yourself for a time to listen for divine guidance and receive positive energy. This takes courage and strength. Those who walk a Spirit-led life have that confidence needed to go forth to promote truth, beauty, and goodness.

If you look at your focus, is it invested in those things that promote the non-positive things in life? If so, then how does your everyday-living energy measure up? Are you over-invested and receiving nothing, or negativity? Where is the lesson in continually bogging down the soul with unprofitable returns? You each are indeed a child of God, and worth a great deal to Him, to the universe. What are you giving yourself to? What price are you paying, and what are you receiving therefrom?

Those who have a wonderful family life with happy and healthy members, may have their employment income suffer a bit because their focus is on that which is truly life-sustaining. And knowing the Master as you do – is this what He would have you do? Where are you most useful? What do you put yourself into that promotes truth, beauty, and goodness in daily living?

This week, ponder the life of Jesus and how He spent Himself. Imagine the negative personalities He was up against and how He overcame, promoting the highest and best good.

No questions this evening, perhaps next time. Know that as each week goes by, I am filled with more affection for all of you. My love goes with you. Until next week, shalom.

In What Ways Does Michael Save Us | Our Universe Mother Shares a Few Ways
Abraham & Mother, WOODS CROSS GROUP 08-18-2003

Back

I am ABRAHAM. Greetings. From week to week, you know not where we go and yet you continue to attend in faith and loving service. A blessing are you, indeed.

I am with such gratitude to see the diversity in our group this evening, such bright personalities with the full color of the spiritual spectrum from one end to the other. We are each building upon something we have no proof that it even exists. My friends, that is faith! That is continuing hope and love for Father and your fellows. Well done!

We have been discussing the Master as our Savior, and in the spirit of His upcoming celebration of birth on Urantia we will continue on with this subject. For you this evening, I give you our beloved MOTHER:

MOTHER: Greetings, my children. I am with joy to be among you this evening. My love for you is always expanding and everlasting. I delight in your personalities, your wisdom and your smiles.

As you probably know, Michael, our beloved Brother/Father is one of my favorite topics of discussion. Without the Universe Sovereign-Michael of Nebadon-where would we each be now? I know without a doubt that I am more having known Him, having collaborated with Him, having worked side by side with Him. He has enabled me to be more than I am, and I am honored to have been a part of His ability expansion also. With Michael, I feel at home with comfort and peace. He is a beautiful reflection of the wonderful attributes of our Paradise Father.

When you think of Christ Michael as a personal savior, what do you believe you are saved from? The churches of today put the fear of an evil force into the minds of their participants - as if this will scare them Godward. As you Correcting Time collaborators know, this is not a worry for this day and age; the evil ones, those sons of self-love, are not even to enter into your minds for they are no more.

- Michael's sojourn in the flesh has revealed to you the truth; and the truth is that the evil of today's world stems from the 'animal minds' of mortals. Michael saves us from fear.

- He also has taught us self-forgetfulness in that you do not neglect or belittle the self but you keep the focus on a forward ministry for your fellows. Michael saves us from selfishness.

- His numerous lessons have taught us to rise to meet our challenges face to face, hand in hand with Him. He has taught that self-pity is nothing but a roadblock to growth and success. Michael saves us from our weaknesses.
- He also has shown us the beauty of perfected humility where one can learn to forsake personal selfishness in favor of the Father's will. The Master's life was a prime example of the true definition of humility. He served side by side with His fellows, not above them, nor below. He was a Creator and soon-to-be Sovereign of a universe and yet, He viewed His fellows as equals. Even His enemies He judged not; He saw them not as less-than. Michael saves us from the ego.

Michael is the Vine and you are His branches. You have willingly committed to being at one with the Vine and to being pruned from time to time. You each are in understanding that this pruning is done with love – and, for your growth and direction to grow toward our Father who is in heaven.

The Correcting Time has reached a point where the roots are deep within the soil of Father's plan and purpose. The masses are beginning to sway toward a new and better system of faith. The old ways are becoming unacceptable to the ordinary man and woman. The pendulum is beginning to swing the other way.

Our Correcting Time is moving from its infancy to adolescence; and you, our children, have been instrumental in this growth. We want you to know, the seeds of faith have not fallen upon barren ground; the new shoots are well rooted within the soil of Father's plan and purpose.

I am honored to be your Mother, your confidant and comforter. I am at hand if you should have need of me. Know that my children are precious to me. Think not that I am far off because you do not hear from me too much in this manner. I am close by and with ever-abiding love for you each. I know you. I love you. Farewell.

I am ABRAHAM. Our gratitude to you, our Mother, for you are our nurturer and indeed make us more than we are. I am humbled and in awe at the works of our Father. In His bestowing upon us our beloved Brother/Father Michael, and our precious Mother, how can we fail! In all our endeavors, how can we fail with such a force of love and faith! No, we cannot! We are meant to carry on with the fruits of the spirit, so beautifully demonstrated by our universe Parents.

This week, ponder those things you are 'saved from' as far as spirit poisons go, as far as the mortal life goes. How is your life differing from a non-believer? What are you truly grateful for? I have not time for questions. Know that with each moment we spend together I am in unending gratitude to our Father. My love goes with you. Until next week, shalom.

Words From Michael | Developing An Understanding Love For Our Fellows
 Abraham & Christ Michael, WOODS CROSS GROUP 08-25-2003
 Back

I am ABRAHAM. Greetings. I trust your day of celebrating Michael's birth was uplifting. I do know that these times of being gathered does help us focus on our Spirit of Truth and how this Spirit of influence intensifies the Master's effect on

the world.

The mortals of today are beginning to recognize how powerful their thoughts really are, and that you attract to yourself those things you think of. One who lives with daily dreading of life's harsh circumstances attracts more dread. What a reason we have to rejoice in our faith – because we have enduring hope and faith in those on high.

Michael is indeed a Savior. He saves us from ourselves. He is a purifier of thought. It is written: "Create in me a clean heart, oh Lord, and renew a right spirit within me." Michael, our Spirit of Truth, does just this – and for that we keep a keen observation, an open mind, and open heart.

Our receptivity to our Brother/Father is the manner in which He reveals Himself to us. We have learned a great deal on the 'Fatherhood of God,' and for the time being, we will study on the 'brotherhood of man.'

I give you the Savior Himself. Children, your Brother/Father is in attendance with you here this evening.

MICHAEL: Greetings. I cherish my individual relationships with you each and yet, there is such a rich flavor of love when we are all gathered together. Father gave you one another so that life would be more abundant. My journey with you, my children, is also with abundance. Even in your struggles there is opportunity for us to grow closer. I crave that closeness with my children.

I am driven to nourish the branches which stem from the vine. I am made to be in a state of constant gratitude, for I see this world moving in a forward direction. I am honored to have Mother at my side, as are my loyal Teaching Staff, numerous divine orders – and you, my listening children.

My heart is full. Never have I viewed you as a lost people. Never have I given up hope on your inner goodness. Even in my darkest hour in my days in the flesh, I never thought of you as a world of weeds who needed to be left by the wayside and forgotten.

You have had a rich history of experience, and this has well served you, well served us as a universe, and well served God the Supreme. I value you, your existence, your personalities, your souls – possibly more than you do, and certainly more than you could comprehend. I ask that you love and value one another as I love and value you.

It is understandable to be in emotional upheaval from time to time when dealing with one another. I certainly had reason when sojourning in the flesh to take offense at my fellow's treatment of me. I give gratitude to my Father for He bestowed upon me this loving understanding I had then – and now – for all experiencing mortals who are in a state of becoming.

Your fellows are not really as you perceive them to be; they also are always in a constant state of change. This gift 'to change' is yours, and, all mortals of the realm. You will meet with those obstinate fellows who refuse growth and cater to the

ego's needs, yes, and yet a close personal relationship with the indwelling Father allows you understanding; it allows you to know that their disturbing character is not to become your problem or ministry.

The spiritual life is an opportunity to practice what you have learned on your fellows who challenge you. Your trials with one another give you that experience you need to advance in morontial levels.

"Am I my brother's keeper?" Yes and no! I am, in a sense that I am with immovable understanding for his state of becoming. I am in a sense that I may be of assistance to him in turning him inward to find his inner Father. I am not my brother's keeper in a sense that I am judging his mistakes, contending with his ego, pointing out his faults and weaknesses and being un-accepting of him as one of Father's own.

Everyone will not love or even like you - they don't have to. It is also true for you; you will not necessarily feel that unconditional love for all; it is not expected nor required at this time. Unconditional love comes from having a total understanding and acceptance of your fellows. It is true, the more you know someone the more you can love them. Do not love as man would love - 'with condition' - but love as a parent would love a child. Love one another as I have, and do, love you.

I look not upon this world as those poor ignorant beings, no! I am filled with excitement and enthusiasm to view my children making effort, and becoming aware that I am, that I care. I love, no matter what.

Our Mission vine has experienced pruning and is now allowed room for a more balanced growth. You have come from mystical-seeking, to divine-accepting - and for this, we rejoice. Know that my presence is what you make of it; it is what you allow. Those with eyes to see and ears to hear will partake in this rejoicing.

The universe feels this excitement for your small struggling planet; the Supreme Being is certainly reflecting this joy. I am with burgeoning plans for the Correcting Time, and should you desire to be a part of it, then so be it. I would be honored as your Brother/Father to stand at your side working toward the ultimate good, working toward a mass mind-shift, working toward the brotherhood of man.

I am with deep and abiding faith for you each, and I would like to see you each have this for yourselves. Go in confidence - not in an ego-sense, but a spiritually-led sense. Go in faith - not faith in that you have great challenges to overcome alone, no, but faith that you are never alone; that you are assisted; that you are shown. Go in peace - peace that can carry you forward in all things, knowing that even in your darkest hours I am there.

I experience with you. My love is unshakable, unstoppable, and unfailing for my children. Know that as you carry on with the plan and purpose of our Father, I will be there. I know you, and I love what I know. Carry on.

I am ABRAHAM. Gratitude to you, our Brother/Father/Savior and Sovereign. With you, we believe we can carry on in all things. We also rejoice in our citizenship and sonship with you. We thank you. We give our love to you.

Go in peace, my friends. Know that my love is ever growing with you. Until next time, shalom.

Love Is A Nutrient That Stimulates Energy Within The Mind

Abraham & Emulan, WOODS CROSS GROUP 09-01-2003

Back

I am ABRAHAM. Greetings. I am enjoying the peaceful atmosphere we have here this evening. I am continually amazed by your weekly growth and new understanding. I love each one of you on an individual level – and yet, you, as a collective group, emanate a beautiful energy. Getting to the lesson at hand, again we will be probing the possibilities of the brotherhood.

I can remember the chaos of mortal living; the fear of the unknown was continually plaguing my mind. My incessant need to control kept me from receiving the benefits of the brotherhood. My ego kept me from my fellows, and I did not feel as one of them. Of course I felt somewhat superior; and that ‘surely they were in need of my leadership.’ My thoughts were that if I appeared to be disorganized or weak, then certainly was I in no position to control or be a leader of any kind.

In my moments of isolation, I felt as a drowning man thrashing about in something that was sure to overcome me. It was not until I learned to become still and observant that I could see, as my mentor and friend would teach, that Father was this life-preserver that was to become my foundation of faith and freedom from fears.

In this mortal life we thrash about in our aloneness with fear of the unknown, lack of control, and at times, faithlessness. Father gave us one another so we may experience abundance in all our undertakings. He gave us one another so that He, through the aid of our fellows, can be that living life-preserver for our foundation of faith and freedom from fear. It is difficult at times, yes, to slow down the mind and consult with our internal Father; yes, and our brethren, to find renewed faith, energy, and abundance. I bring you Emulan for further understanding on this topic.

Greetings, friends. I am EMULAN. I am again honored to be a branch upon that vine in whom we love and cherish. You each know of my struggle with maintaining my mental capabilities after having experienced my mortal life tragedy.

Father indeed, deserves my undying gratitude for my salvation, yes; and I now know for certain that He had appeared to me from time to time through my fellow associates during my most trying times. At my darkest moments in the flesh, when all appeared to be lost and I wanted to simply disappear, there were my fellows –who reached out in loving service.

One of my physicians, who was a great light in my darkness, had been a stalwart supporter of my recovery. I know that I was not in any way an easy patient to deal with, for I was stubborn and irrationally thrashing about in my misery; and yet all the while, he maintained his support, his outreach. You could easily see that this physician worked as he did because he loved to help; it was not simply to gain financial wealth, but his greatest joy was to bring healing.

I came to know this loving doctor was this way throughout his entire practice – not just with me, but with all his patients. He loved what he did, and he was gifted at it. He knew the importance of staying current on medical techniques, yes, and yet he understood clearly that his Advisor of all advisors was none other than the master healer Himself. This doctor put all things spiritual before the material. His most useful tool in healing was the love he bestowed upon each of his patients.

Many times our fellows simply need to be seen as valuable and loved. Many individuals simply need to be heard and not judged. The human mind has its techniques in which it learns to reconcile itself with the various things in mortal living. Plants respond to water and light, but these are only nutrients to produce what is really life-giving, – and that is the energy of love, the source in which all things are brought to life.

Love is a nutrient that stimulates energy within the mind that produces various chemicals which maintains balance. Love is life-giving. To love without expectation is to maintain a flow of divine energy that is unstoppable – always circulating, always producing. To block that flow of energy is to be judgmental, to be critical; it is to be self-aggrandizing and jealous – as if someone else would have something while you lack.

My doctor friend had his superiors he answered to of course, but above all, he continually conferred with those on high. Father reached me through this man. This man helped me in ceasing my thrashing about long enough to see that life-preserver of faith. The peace I had then, was indescribable. I indeed felt Father's love through this man – and from there, I was able to receive it for myself, directly from Father.

I always enjoy visiting with you, my brothers and sisters. As Michael always says – carry on.

I am ABRAHAM. Our gratitude to you, Emulan, for another beautiful lesson. Your experience has served us well. My friends, this week, in your times of trial, forget not to hold still to see that life-preserver of faith. It may come to you from any source. Remember you also may be another's source as well. I love what I do. I am with deep and abiding joy for you allowing me to do what I love. I love this world, and I am honored to be included in the upstep.

I have not time for questions for the week ahead is going to be quite full. You are all in understanding that you have within you the answers to your most heartfelt questions. Have not worry. We will talk again soon. My love goes with you. Until next time, shalom.

Morontial Brotherhood Can Be Attained In This Mortal Life

Abraham, WOODS CROSS GROUP 09-08-2003

Back

I am ABRAHAM. Greetings. I am with continuing gratitude to be with you, my brothers and sisters. Your serene thoughts make my visitation simple and easy to come through. How wonderful it is as a faithful mortal to walk through the fire and come out unharmed. At times life does appear to be a battle and you, the soldier, are

with only your faith, as a shield. Our gratitude goes to Father and His many orders of divine beings for the carefully orchestrated universal plan. This evening we will discuss more on a part of that plan.

Man is by nature a social creature. Mortals need one another. Of course you all could survive in isolation – but in so doing, many of your mortal and morontial lessons will not be learned. The burdens of mortal life are so much easier to bear when there is a friend nearby. Being on a world of ‘having faith without visual proof’ (agondonters) is indeed a morontial exercise. When the burdens of the world come upon you, how much more easy is it to hold to faith when an encouraging friend is at hand.

Father should by all means be the first and foremost persuasion in your life – and of course, all others would come after. Many times it is that others do persuade you into having faith in what they feel you are supposed to put first. It does appear that this world’s people live on surface levels. They appear to cling to standard beauty, material possessions, and the latest fad. This world does appear to harshly judge, criticize, and punish what it does not understand.

My fellows, I can say that with the dawning of Light and Life on Urantia, there will be naturally set into place a morontial brotherhood while yet living in the flesh. Those who dwell on the Mansion Worlds are in a state of correction from having already lived the mortal life – there is much yet to learn, yes, and the inhabitants come to know that their education is of the utmost importance.

There, on mansonia, everyone is on common ground – what is good for one is good for all. Having experienced the morontial life for myself, I realized that I looked to my brothers and sisters with new eyes. I was in understanding that we all craved one thing – of which we were all willing to pay a particular price.

Upon entering the Mansion Worlds, you make effort to leave your faulty thinking behind. The mortal veil is lifted and you have new understanding – you are seeing now that in your mortal life those material things that were so important, are not any longer. You see the souls of your fellows, and each one has unique beauty. Your ‘focus’ on these Mansion Worlds is to be corrected and to carry on forward.

On a mortal world it is common practice to either belittle another or to make one feel superior – this is impossible to do after morontial awakening, for you see others as Father’s equal child – not any more, not any less. Each morontia citizen is attending to their own growth, their own path. They help one another where they can, yes, but they have not time to impose their opinions or worry about another’s path; the focus is set on the goal ahead.

Imagine your immediate family members in a small boat that was about to sink because of the weight aboard. Would you remove one of your loved ones so that yourself and the rest would survive? Of course not! you yourself would jump so the others could live. This is the attitude of the morontia citizens.

As we are working toward Light and Life, we are ushering in the morontial brotherhood. Each one of you is Father’s child – loved and valued as if you were the

only child. Your focus is set upon your own path, yes; and when you can help another, then that is wonderful and so be it. But to cause another to stumble upon their path only increases your chances for forthcoming universal correction.

Unfruitful criticizing is causing one to stumble. Judgment also causes stumbling. Outright cruelty or unfairness is not only causing others to stumble, but also the person who holds these spirit poisons. Those in the morontial brotherhood tend to their own path; they also help to keep others moving forward with the lamp of faith.

I realize there is petty bickering within the Mission from time to time, and much of this is to learn from, yes. To allow the bickering to embitter you is to refuse the morontial brotherhood from entering into your own life.

This week, explore the possibilities of a morontial brotherhood. How do you view your fellow brothers and sisters? How worried are you about how they view you? How can you be a lamp of faith instead of a stumbling block? Be honest with yourself when answering this question: Does another's success take away from you? Are your fellows' victories your victories?

This is all we have time for. Know that I am ever grateful for your participation and allowing me to be here and be witness to this awesome dawning of awareness. My love goes with you. Until next time, shalom.

Laws Of Morontial Brotherhood Makes All Men And Women Equal

Abraham, WOODS CROSS GROUP 09-15-2003

Back

I am ABRAHAM. Greetings. There is a bit of angst in the air this evening. The present occurrences have been a bit unsettling for you, I know. Have not worry, children. Turn inward. Take the hand of your Father, feel His warmth, allow yourself His embrace. Feel that peace that can only come from Him, your First Source and Center. Relax and know that all is carefully looked after. Let us take a short pause for this exercise.

That's better. With each week we meet I grow more fond of you. I am made more by our friendship association. Your welcoming attitudes make me long for you when we are not together. My heart is linked with yours, and for that, I am forever grateful.

The 'morontial brotherhood' is a living organism; it is an energy reality; it is a tangible force; it is something you can see and feel - which to mortal life is a comfort in and of itself. With the circuits in operation, mortals are capable of receiving a great deal of information if they can be less imprisoned by the ego and more bound to the Spirit.

The Correcting Time is righting a great deal of fundamental wrongs of the history of religion. Divine information that would appear to go to only those seemingly chosen by God, is now available to all. The Correcting Time is turning individuals inward to find the God within, or the best within themselves. The Correcting Time is about moving beyond the 'animal mind' - the basic needs of the ego, the need to be adored - toward a new and enlightened way.

With personal correction, the basic divinely-led mortal is able to receive from the spiritual circuits. With each level of correction a mortal reaches, there is offered a new level of information. And so it is, each person who is willing to make correction and be guided by the divine will, does have understanding of the path they are to follow; therefore, making each individual's path different and personalized.

Those who have experience of the earlier days upon the mortal path are able to help those who are experiencing it for the first time. Should those who have new enlightened experience volunteer information to another for ego upliftment, they will, however, find disappointment. Each mortal must remember 'you know what you know' because somebody went before you. Blessed is that man or woman who delights in helping another overcome mortal stumbling blocks. Your knowledge is best put to use when you honestly, without ego gratification, share it.

Do you see, the inner workings of the morontial brotherhood make all men and women equal – none are to be venerated about, to another. You can never put one of your own upon a pedestal as if they are somehow more righteous or advanced; it is unfair to you that work so diligently to move forward in spiritual understanding, and also unfair to the one you may idolize, for anyone can fall from that pedestal at any time. These are the laws of the morontial brotherhood.

Each of you is in a state of becoming. Your levels of fulfillment and joy are an indication of balance. Your greatest lessons will indeed be with one another. Know that another's personal spiritual path or level of knowledge is completely between them and Father. Help when you can, certainly, but keep focus upon your own path. Know that somewhere in time all paths are intermingled and knowledge is a gift to everyone.

This week, I would ask that we focus upon honesty with one another. Many fear to be honest, for the repercussions of personal truth can be harsh. In this budding morontial brotherhood we must be prepared to use honesty to the best of our ability, and face whatever repercussions come our way. Without personal honesty, how can you truly be yourself? How can you know who you really are if you hide behind somebody you are not?

Can you believe at this point in time in your spiritual progression, that even if your fellows find you not a lovable creature, that your Father looks upon you with an all-encompassing Fatherly love? Many believe they have not value, and have a difficult time finding anything in life of value. Know that you belong to a family who holds you dear, and there is nothing you can do to change that.

That is all for this evening's lesson. I would, however, make a few comments concerning your departed brother Isaac. [Editor's note: Isaac (Bill Kelly) was a stalwart and group transmission-receiver for the Pocatello, Idaho Teaching Mission group. Our Woods Cross groups had much intimate association with the Pocatello group over these first 13 years.] Have not worry children, for your brother is well. While this was a surprise to all, even him, Father will bring forth the ultimate good. He is well taken care of. He asks that you carry on with this most wonderful and important work. He asks that you be kind to one another and look after one another.

He will be assisting us in due time. Carry on. My love goes with you each. Until next time, shalom.

Nature of Living Truth. To Partake of the Master`s Living Truth We Become a Well Of Living Water

Ham, Nashville, TN Group 09-22-2003

Back

[Editor`s note: We have not yet found the transcript of Abraham's Woods Cross, Utah group for September 21, 2003. Therefore, this entry is a lesson from our Woods Cross original group-teacher, Ham - given to his Nashville, Tennessee group on this day, September 22, 2003]

[From the group transcriber: We began our session but forgot to run the tape, so Ham picked up right after announcing that tonight's lesson would be about The Nature of Living Truth.]

HAM: All right, we can begin again. The subject is Truth. And our first illustration was 'truth as living water;' truth as the spiritual water that quenches the thirst of the searching, the parched soul.

The human being who searches and searches until that thirst is relieved - that questing is at an end of finding. Truth is more than facts; more than the correlation of facts; more than the mind itself. Truth is the living Spirit of God. And the representative of truth, the experience of truth in your world, is the experience of the Master himself. He does not represent truth, He is truth. His Spirit is 'living truth.'

All these things are part of your growing awareness - part of your orientation toward truth and away from falsehood. Many things in life can be thought of as 'temporal truths' - that is, truth that is upheld over a period of time. The olden Greek philosophy, which colored the worldview of the West over many centuries, was kind of a 'temporal truth:' "The Earth exists as a flat plain. Above the Earth are the heavens, the realm of perfection. Below the Earth is the realm of eternal corruption and hell and damnation, and man existed in this realm of choice on Earth wherein he was a participant in his eternal future." Some of this world-view holds true; other parts do not.

And so, most of your thinking is conditioned by other assumptions that can be considered temporal truths - the static level of basic-reality-perception. But spiritual truth is 'growing truth,' 'expanding truth,' 'liberating truth.' Spiritual truth can penetrate beyond the commonly-accepted realms of thought. Spiritual truths combined with faith sees a world in which God's relationship with man is ever deepening and expanding and elevating. The tender relationship of 'Father to child' that the Master expressed and embodied in His life, revealed 'expanded truth;' and, expanded relationship of man to God, and God to man. Through faith, you now feel God as your closest friend, your confidant, your lover - closer than anything imagined previously.

The Master himself - "the truth, the way, and the life" - opened up another link to God through His personal friendship, His spiritual closeness, His constant and

unwavering upholding of truth. He is like a magnet, and your souls are ever oriented toward that magnet, that drawing power of truth. He is the living water. He is the refreshment that once you have partaken, you shall never thirst again because His truth is ever renewed within you.

For the true believer, there is no waiting for the Masters' return, for He exists here now, within each heart, a friend to each soul. He is an ever-present help in times of uncertainty, travail, and the ever-changing fortunes and un-constancy of life. It is said that there is nothing you can ultimately depend upon more than this mighty Protector, this wonderful Friend. Life itself is ephemeral compared to the rock of His eternal nature. Riches take up wings and fly away. People come and go; are born and die. All the knowledge of humankind is but a grain of sand upon an eternal shoreline.

As you increasingly become more devoted to His word and appreciative of His value, then do you absorb that value and that truth and that light. And so then, you become living guideposts to those who flounder in the material world; those who are lost and confused; those who are weary and downhearted. As you grow in your relationship with the living Spirit of the Master, who was Jesus of Nazareth, who is Michael of Nebadon – as you love Him, as you adore Him, as you worship Him, so also do you partake of Him. "I am the bread and the life," said He.

As you partake of His truth, then you become a well of living spiritual water, you become a distributor of the bread of life, you become a co-worker in the fields with Christ. And there is nothing higher a person can aspire to – no higher calling; no greater work. It is not required, as liberated sons and daughters of God, that you should be tethered and tied to what was known as religious law. Rather, the joy and righteousness that comes in close association with Him naturally breeds righteousness of behavior, naturally gives right-thinking and honest-intention.

This is not to say that you will not make errors, that you will not stumble, that you will not even become blinded by the light of truth from time to time, forgetting your way – no. But it should give you confidence in yourselves; confidence in your relationship to God – that you can know His will for you; that you can lead a righteous and spiritual life; that it is possible as you are, wherever you are, whatever you are doing.

The Master came to sweep away the old requirements that produced a dead righteousness, an unthinking adherence to rules. He requires instead, that each act, each thought, each intention, be free. And in that freedom, to find truth.

Humankind ever struggles with this unpredictable creative force called 'free will' – for it is employed in the service of good. But also it is employed in the service of selfishness, in the service of personal gain and selfish aggrandizement; it is employed in the oppression of others. But mankind makes a huge error when it sees freedom itself as evil. Without freedom, there is no righteousness. Without freedom, there is no faith.

And so, my children, cease to limit yourselves by guilt, and through the many and various ways you have to punish, limit, and chain yourselves to the thoughts of

others. Freely create your lives in partnership with the same Jesus of Nazareth who told stories to little children, who comforted and healed the sick – who ministered to the poor and oppressed, as well as the wealthy and self-satisfied.

Freely create your lives, from this point on, in free creativity, in free and true righteousness. Let your love of Him spill out into the world without regard to where it should be channeled. Let your love for Him color all your associations. Let your love for Him rearrange your thinking. Clean out the old and let the fresh air of freedom, enter.

Live your lives free of fear, for fear is the great oppressor. Fear is the great fraud. Fear is the great holder of potential evil. Live each day to its fullest – not carrying more, nor less, than you are able. Fulfill your duties to other human beings to the best of your abilities and rest in peace when evening comes as you settle back into His arms in restful sleep – the sleep of the just, the sleep of the pure at heart.

There is nothing further to add this evening. Rather, my love and my prayers go with you each. That is all. Farewell.

Nature of Living Truth. To Partake of the Master's Living Truth We Become a Well Of Living Water

Ham, Nashville, TN Group

09-22-2003

Back

[Editor's note: We have not yet found the transcript of Abraham's Woods Cross, Utah group for September 21, 2003. Therefore, this entry is a lesson from our Woods Cross original group-teacher, Ham – given to his Nashville, Tennessee group on this day, September 22, 2003]

[From the group transcriber: We began our session but forgot to run the tape, so Ham picked up right after announcing that tonight's lesson would be about The Nature of Living Truth.]

HAM: All right, we can begin again. The subject is Truth. And our first illustration was 'truth as living water;' truth as the spiritual water that quenches the thirst of the searching, the parched soul.

The human being who searches and searches until that thirst is relieved – that questing is at an end of finding. Truth is more than facts; more than the correlation of facts; more than the mind itself. Truth is the living Spirit of God. And the representative of truth, the experience of truth in your world, is the experience of the Master himself. He does not represent truth, He is truth. His Spirit is 'living truth.'

All these things are part of your growing awareness – part of your orientation toward truth and away from falsehood. Many things in life can be thought of as 'temporal truths' – that is, truth that is upheld over a period of time. The olden Greek philosophy, which colored the worldview of the West over many centuries, was kind of a 'temporal truth:' "The Earth exists as a flat plain. Above the Earth are the heavens, the realm of perfection. Below the Earth is the realm of eternal corruption and hell and damnation, and man existed in this realm of choice on Earth

wherein he was a participant in his eternal future.” Some of this world-view holds true; other parts do not.

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There is nothing further to add this evening. Rather, my love and my prayers go with you each. That is all. Farewell.

Set Father At The Head Of The Table | Drama Of Today Is Our Lesson Of Tomorrow
Abraham, WOODS CROSS GROUP 09-29-2003

Back

I am ABRAHAM. Greetings. As I view your discussion, I am becoming with more understanding on the morontial brotherhood. Father's kingdom is vast, is ever growing, ever-evolving, and we as individuals are instrumental in making that happen.

Within each family there are conflicts, there are disagreements, and many times there is just misunderstanding. Those families that set Father - our First Source and Center - as their sovereign, seem to experience less turmoil and enjoy more harmony.

First and foremost, children, pull out that chair that is placed at the head of your

family table and invite Father to sit with you. He is why we are here. He is our goal. He is our desire. He is why we continue to strive. Our Paradise Father is the Father of all, our One God, our First Source and Center, our reason to love and serve. Without Him, what do we have?

It is the desire of all people to be loved and accepted. Michael strives during this Correcting Time to assure each and every individual that they are loved 'because they are.' Each individual has been given gifts and has set before them a plan and purpose.

We all will travel different paths, and there is no doubt that we will need to deal with one another. This is part of spiritual advancement. Some can be 'book smart,' yes - some can have a well of information within. And yet, until you can put into practice what you know to be right, much is wasted.

You are citizens in a vast kingdom of believers, and your lesson at this time is concerning the morontial brotherhood on Earth. We are to learn those lessons that will prepare us for the tremendous task of meeting, knowing, and understanding many diverse universe citizens. I am here because you want me here. I am honored to serve you, children. I have come to know and love you with a deep and abiding affection.

I am also honored and touched that Michael would set me in a place where I am made to learn so much. Each day I am becoming more, becoming better, for what Father teaches me. You participants of Michael's cause - this Urantian Correcting Time and Teaching Mission - have been given a gift, or as the Master had stated in the parable, "a talent." Those that have committed to making more of their talent shall be given more.

Do you see, what you do with what Father gives you, is key. Michael has entrusted us with a wonderful task that is enlightening and joyful. This task is not a burden, not a boost for self, but a tool to use in the upliftment of mankind on Earth. Those that invest their talent for the sake of self-aggrandizement shall be given no more. Those that invest for the benefit of the whole shall continue to carry on.

Life's lessons regarding the ego will always be apparent, yes, and many times causing humor. Father knows this; He condemns you not; He only asks that you keep an open mind and allow for His guidance. Whether you choose to follow that guidance is strictly up to you. I can say with experienced surety - those who set Father as their sovereign will be more balanced, more apt to receiving His aid. Bury not your talent in the desires of the ego - there is no reward there; there are no meanings; there is no growth.

Know that this Correcting Time event goes far beyond your personal lives. Per the instructions of our Master - our Brother/Father/Creator, we are to 'move mountains;' we are to 'invest our talent;' and we are to 'give what we have been taught.' It is very simple. It is not to cause angst or to inconvenience you, no! It is to bring enlightenment, harmony, balance, and joy to Urantia's inhabitants. Should you choose not to participate, this is completely acceptable. But as for me, my fellow Teachers, and those mortals willing, we have set Father at the head of our table and it is our supreme privilege to serve Him.

This week, I ask you each to take time to think about what you really want. What do you want as far as your spiritual path goes? What do you want from living a mortal life? What do you want as far as your relationships go? Let us refocus our direction with the question: 'What do I want?'

Know, children, that I want for your happiness, your fulfillment, your spiritual, mental, and physical comfort. Have not worry. Know that the drama of today is the lesson for tomorrow. No questions. Know that I am here and regard you as my own. Until next time, shalom.

What Do We Want From This Mortal Experience | Citizens of the Mansion Worlds | Boundaries

Abraham & Emulan, WOODS CROSS GROUP 10-06-2003

Back

I am ABRAHAM. Greetings. You have step by step reached a plateau of the morontial brotherhood climb, and I must say, the view from here is beautiful. I am in awe of your willingness to overcome social stumbling blocks and turn your difficulties into steppingstones toward higher understanding. Well done. You each have acknowledged your difficulties in relating with your fellows, and also have brought forth solutions.

Your presence here this evening speaks volumes concerning last week's question: 'What do you want?' It is obvious that first and foremost you desire a Father-led life. You each have expressed your want for peace. You have made good use of your time this past week and have seen the fruits of your labor. Our harvest is before us in sharing the joy and reality of one another's company. Father gave you one another so that life may be abundant in many aspects, positive and negative, for both bring understanding and new growth.

Again, I put forth the same question for you to ponder during this upcoming week: What do you want from this mortal experience? It is clear to us that you are recommitted to moving forward with the Correcting Time. Now make this question more personal: What do you want concerning your personal relationships with Father and your fellows? What do you hope to attain in a spiritual sense? What do you want as far as your life work? What do you want concerning home and family life?

The answers to these questions are important, for they clear the fog of indecision. They open the path that you are to travel. Being clear with your decisions creates inner peace and an opening to have concentrated focus; and, to move toward the set goals. Father knows the desires of your heart. He understands your needs. He thrives in His children's joy. You are each entirely capable of Spirit reception and knowing that the Father's will for you is in full view.

Regarding the lesson on the morontial brotherhood, let us review how those citizens on the Mansion Worlds move about with such social success.

I am EMULAN. Greetings. I have been honored to participate in this evening's lesson. As most of you know, I am simply enthralled with the inner workings of the mind, be it mortal, morontial, etc. After much study, I have learned a few basic steps in

which those morontial citizens take to achieving social success.

On those correction worlds, everyone is in the full knowledge that they are indeed a child of the one and only Paradise Father. Morontia citizens consider one another a child of God; and know with this that each child is bestowed certain rights. The first of those rights is free will. Each citizen respects the other's free will - the right to make personal decisions, the right to grow as they will. There is not set time-limits. There is not criticizing one another for slowness in understanding. There is only allowance for growth.

On the Mansion Worlds, it is taught that love is supreme. Love is healing and brings forth the best in universe citizens. There are still disagreements, yes, but love reigns supreme; and each is with respect of one another's status as a child of God. Love for one another allows for one another's growth as it will naturally happen. Father is no respecter of persons, yes, but respect is a natural outworking of love for your fellows - meaning, the individual child of God has rights and there are boundaries that must be respected.

Citizens on the worlds of correction (Mansion Worlds) do not infringe upon the rights of their fellows. Each one is entitled to their personal beliefs and have not fear of rejection or criticism. The minds of mortals feel safer when personal-set boundaries are respected. Boundaries - meaning the right to exercise personal beliefs and grow as they may. Every mortal should have some personally-set boundaries - meaning that they feel worthy of expressing themselves how they will.

Having boundaries is not to put up walls to keep your fellows out, no, but to have self-respect - believing that you are well deserving of maintaining your status as Father's child. As fellows in the morontia brotherhood, social success begins with respecting your fellows' personal boundaries, allowing them to grow as they will. You can be of assistance when you can, yes, but always allow room for growth, room for thought, and room for the flow of positive energy.

What are your personal set boundaries? What is your level of understanding your status as Father's child? How comfortable do you feel in self-expression? What is the measure of fear in being your true self? We will have further discussion on this next week. I give you back to Abraham. Farewell.

ABRAHAM: Wonderful, Emulan, very thought-provoking. I am always with such comfort when a brother is at hand to work toward the common goal, the common good. Thank you, my brother.

Ponder upon this lesson, my children. Next time we will take questions. Know that I am with supreme love for you each. Above all else, I am with exceeding gratitude for your welcoming hearts. My love goes with you. Until next time, shalom.

Spiritual Counselors vs Mortal Counselors | Not One Is Above Another In Father's Eyes

Abraham & Emulan, WOODS CROSS GROUP 10-13-2003

Back

I am ABRAHAM. Greetings. At times in our busy lives, it feels so comforting to simply lie back into the Father's arms. Every day in this mortal life you are made to face fears and uncertainties, which cause you insecurity and self-doubt. How wonderful it is to know we have Father to help us sort these things out.

I thank you for allowing me to be here with you each week. You know not the many that our lessons reach. We are with gratitude to you in aiding us in our quest for correction.

As you experience life you are able to attain skills that help you advance in mortal and divine ways. As mortals, you go through many stages of mind transformation. Those that can be strong enough to be honest with themselves will probably experience a bit more mental and emotional pain than they would like, but the value gained therein is priceless. Again, I bring you, Emulan.

Greetings, friends. I am always filled with gratitude when we can spend time together. It is such an honor to serve with my brother and mentor, Abraham. We will again be having further discussion concerning the morontial brotherhood.

Abraham is your Teacher – the one you are familiar with. This group is considered his assignment. He has invited me to speak on a number of occasions. From our standpoint, he has not fear of becoming less loved; he is not insecure about my particular style of teaching. Abraham, in fact, shows himself to be a willing student when I am teaching. That is the morontial brotherhood, my friends.

In mine and Abraham's partnership, there is no threat, no misunderstanding of boundaries. We are, in fact, playing for the same team. Our status as Father's children is secure, and never are we with the impression that we must uphold a certain performance to keep our status. There is no one to impress here. There is no competition. There is, however, mutual respect for one another's status as Father's children.

Mortal life is different, however, and there does seem to be a growing feeling among Urantian inhabitants that they must uphold a certain persona to be well-liked and respected. Many, in fact, are slaves to this feeling. Many seem to feel indebted to keeping up their 'song-and-dance,' to the point that they lose themselves. I am grateful for having experienced the mortal existence, yes; and I am extremely grateful for being beyond that 'need' to feel liked, and respected.

I am with comfort among my fellows here. There is an abundance of good-natured personalities – each one knowing they are valued and loved beyond measure. There is no need to be constantly outpouring energy to gain attention or acceptance. There is such serenity in knowing each of us are so different, and that this is how it is supposed to be. There is harmony in our understanding of our differences.

Every day you have encounters with your fellows who have not spiritual fulfillment; they reach for external acceptance and gratification. There seems to be a great deal of mental and emotional ailments wherein many turn to mortal counselors instead of spiritual ones. Granted, you have your internal Father Fragment, you have us, your

Teachers, and you have unseen Spirit counselors – but you each also have one another.

In this Correcting Time, you are not only participating in 'self-correction,' but also aiding your brothers and sisters that you chance to meet to feel secure in who they really are. It is important, then, for you to feel secure in your true being. It is important that you find value in yourselves as universe children. Believe me, this 'inner-knowing' will show on your face; it will become a part of you and your ability to aid in this Correcting Time. Those that feel their Father's affection will have not need to keep up with the old song-and dance.

Think of a mortal in whom you well respect – perhaps it is someone well known or highly intelligent, maybe someone quite wealthy. Imagine you are side by side with this individual. What do you think Father sees when He gazes upon the two of you? He does not look upon one child with more favor, no! He looks at you as if you both are His equal children and one another's siblings. He sees you as equal and would have you treat each other as equal brothers/sisters.

The kingdom of God is boundless, and indeed, eternal. Being open to the morontial brotherhood will show you proof of that. Again, I am grateful to be with you and at my brother's side. I return you to Abraham.

ABRAHAM: I am with gratitude to you as well, Emulan. Your personality is a light for me to travel by. Again, a wonderful lesson. As a Teacher and a friend of Emulan, I am made to learn more each time we are together. I enjoy his personality-essence that makes him uniquely him, and yet, a part of all of us to learn from.

This week, let us review how much energy we put into our everyday existence that gives us attention from the world. Where can our energy be better spent? Looking at the overall universe, do you feel at home? Take a few moments this week to find time for quiet and to reinforce your relationship with the Source of all real love. I can take a few questions.

MARSHALL: Abraham, can you give me some guidance that will assist me in reaching into those unknown areas of attainment I am now striving for?

ABRAHAM: Certainly. I am perceiving some imbalance, as far as overall living goes. Every day one should strive to have balance in work, play, study, and prayer. There are always obligations to meet – and with the demands of life, we somehow can become off-centered. Your spiritual life would be a bit more enhanced by becoming more balanced in mortal living. Work, play, and family-time are grounding. Marshall, my son, you would do well to begin 'living out' those spiritual skills you have learned. The understanding to reaching deeper spiritual arenas will present themselves as you become ready. Is this answering? (Marshall: Thank you.)

MIRIAM: I have a 'time' question – it's about morontial versus the reality of aging. Time for me is the weirdest thing. It is like I am always in the 'now,' and the 'now' can be over in a second. Time just zips by! Is this just because I am getting older? Is it because of the circuits, morontia stuff? Do you know what I mean?

ABRAHAM: I believe I am in understanding. You are now with some years of experience, and that has brought you to appreciate the value in life. While many things are seemingly familiar and 'old territory,' there are new aspects of mortal living that are really only discovered through the understanding within the mind. Also, you are, as are many here, with 'Thought Controller' stage of progression instead of 'Thought Adjuster.' Thought Adjuster is where one is more subject to the will of 'the mortal,' whereas those with Thought Controllers, they are with mortals who are more subject to 'the divine' will. Many who are aging, meet it with dread and perceive life as if it is ending - when in reality it is perhaps the greatest time of discovery in all of mortal life. To focus on doing the will of Father does prepare you for gaining that step to attaining Thought Controller status - you can look it up in your Urantia Papers.

With that, I will take my leave. Know that each one of you is indeed valued and loved. I look forward to meeting with you again. Until next time, shalom.

Whom Do We Serve | Morontial Examples

Abraham, WOODS CROSS, UTAH 10-20-2003

Back

I am ABRAHAM. Greetings. I am enjoying your common-sense discussion this evening. You are relaxed and with spiritual comfort. That speaks volumes concerning your intentions. It is well understood that you have chosen to be about the Father's business come what may.

The Master Himself could have taken a very different path than He did - He could have gone with the popular vote; He could have risen to great heights in the eyes of the masses; His journey could have been a bit more smooth. The Master however, had not worry for Himself, for He had enduring trust in Father. It was Father who lit the Master's path, who endowed Him with spiritual strength, who kept Him focused on the goal ahead.

The Master knew whom He served. It was not Himself nor the wish-fulfillment of the people, no. He served the Source of all truth, beauty, and goodness. The Master could have very well pleased His apostles more by giving into their desires or thoughts of personal grandeur. If the Master put His mortal fellows as His sovereign, then indeed would He cater to their wishes. If the Master defined His being by their thoughts of Him, then of course His life in the flesh would have been easier to live.

If Jesus had lived to serve His ego, then He would place importance upon the opinions of His fellows concerning His character. Jesus had absolutely no concern for others' opinions of His personal being. He had a healthy understanding of self-forgetfulness. The kingdom of God was not about 'Him,' no! the kingdom was about 'the whole;' it was about a loving Father and His many children who He loved deeply.

The Master defined His being by the closeness of His relationship to His Father in heaven. He well knew He was indeed an extension of the Source of all there is. That was His passion! That was His zest for life. Do you see His freedom? He was free to

be who He truly was without interference from the ego. He knew well He was 'not of this world' and He had complete freedom to be about the Father's business.

The morontial citizens live to advance toward the Father. They know well not to live out their lives according to their fellow's opinions of them. They are committed to Father as their sovereign. They are entirely free to learn and grow as they will. They are not held back by popular vote. They are not indebted to their fellows to define their personal being. Father is their goal, and citizens within the morontial brotherhood know that the ego does not serve in accomplishing this goal.

My friends, you are each valued universe citizens. You have received the gift of mind and personality. You are each unique and loved simply because you are. To be indebted to others' opinions of you is to live accordingly to what they think. You know who you are. To be burdened by the definitions the 'world' places upon you is to lose freedom. Where in this world are you truly free? Is it not true that in freedom you are at your best?

This week, find time to journal your thoughts on what and/or whom you serve. Who controls your levels of freedom? No questions this evening – perhaps next. Know that I am with ever-expanding love for you each. I take great joy in your company and willingness to be about the Father's business. Until next time, shalom.

Being Transformed by the Spirit of Truth | Judas versus Thomas, Examples
Abraham, WOODS CROSS GROUP 10-27-2003

Back

I am ABRAHAM. Greetings. I am enjoying the serene atmosphere here this evening. I find the minds of mortals are quite intriguing this time of year, especially where the Fall season is so apparent. Many look to the season as a period of rest after an active summer. Many enjoy the changes in surroundings and are relieved of their summer duties. On the other hand, some greet the season with a foreboding attitude in that the cold will bring unforeseen events.

Some see the Fall season as clearing out the old to make room for the new. Some see this time of year as a time of things dying or stopping. Each person in this room can look at this particular season and have differing views. You each are unique in personality and character. You each have been brought up into the world differently. There are many factors that would color your view. How freeing it is to belong to a family that focuses on Father as their sovereign. He definitely puts priorities in order.

In our morontial brotherhood, we each see things with different eyes – and yet, there is always room for love. Truth-perception varies from person to person, and spirituality is indeed a living revelation. You Mission participants are, so to speak, a common voice for Michael's cause. The best that you can do is to live a life of good example. All your ministry, your words of truth, have no meaning unless it is upheld by action.

Let us look at the life of that well-known apostle, Judas: Judas' first misconception was that there were places of honor next to the Master, and that 'certainly was he well deserving of that place.' He was not open to the fact that

his brethren had differing views. His judgmental attitude saw them as weak and/or ignorant. He did not allow room for his own growth or the growth of his fellows. Judas had a narrow vision because of his all-consuming self-love. Said Jesus: "Love one another as I have loved you." He also said: "Love yourself as you love your fellows."

Judas placed value in his personal success; he saw not the good of the whole but only that measure of personal success – meaning that if his fellows were at an inferior place then certainly did that set him on a superior high. He saw not himself as a 'part of' his fellows or even a part of the kingdom of God – he was raised as such, to believe that he was somehow more important than others; and certainly did this belief bring him devastation.

Some of Judas' fellow apostles at some point shared that same superior belief, but time with the Master allowed them transformation in mind and heart. Even the apostle Thomas had once held beliefs that the Master and His cause was indeed too good to be true. Thomas was given no visual proof of the kingdom to come, no. He was made to put effort into seeing with the eyes of faith. Through the Master, Thomas learned to set Father as his sovereign, his First Source and Center – and from there, transformation began.

Each one of you Mission participants do allow the Master and His Spirit of Truth to have influence in your lives. The Spirit of Truth seeks to unite, it seeks to unify. The ego seeks to separate and set as superior. The morontial brotherhood finds its greatest success with those beings who allow themselves to be transformed by the Spirit.

Judas sought to exert his power. He sought to be set apart. He sought no transformation from those hours spent with Jesus. Thomas dared to take a leap of faith, no matter what it cost him and no matter how it made him appear to others. While Thomas was stubborn in mind, he made genuine effort to be open to change, and changed he was.

This week, in your own personal environment, look at the varying personalities you interact with; there are some that are so different and yet they thirst for truth, just as you do. Think about being transformed by the Spirit of Truth. What changes have been made and what changes would you like to see happen in your lives? Again, make effort each day to confirm your commitment to set Father as your sovereign. How much of your good intentions are backed by action? Take some time to have some study on the lives of the Master's apostles. A few questions?

SIMON: Yes, Abraham, I have been so grateful for the opportunity to call out to Mother and have Her take my apprehension away... [inaudible.] Yet, I still have that apprehension coming back at times. Can you speak about the reoccurring apprehension?

ABRAHAM: I am understanding this apprehension to be the result of some guilt. You are somewhat feeling that you are not living up to your ideals. Your conscious feelings of guilt are leading you to believe you deserve some discipline, and this promotes the apprehension. Take time to journal your true desires for this life, and lay out a plan to follow to attain your goals. Leave room for Father's guidance and

transformation by the Spirit of Truth. Have not worry, Simon. You are learning just as everyone is. Know that your true self is burdened by life's pressures and does seek to be free. Have not worry.

ELLEN: I'll ask one. I have a hard time with prayer versus accepting Father's will. My understanding of prayer - I struggle with it. Do you have any comment about that?

ABRAHAM: Certainly. When we view the Master's life, He was in ever constant communication with Father. You can call this a form of prayer. Prayer is nothing more than communication. Always was the Master's prayer 'to be accepting of the divine will.' Prayer is helpful to the mortal in that it helps to reconcile the mortal mind to the divine influence. The Master had mortal wants and desires, and if He thought something to be in alignment with the divine will - meaning that it was good for the whole - then certainly would He ask it of His Father. Mostly, however, He realized His communication drew Him near the Father and to the understanding of the Father's ways. Our Master used prayer to reconcile His mortal mind to the divine. Is this answering? (Ellen: Yes. Thank you.)

With that, I will take my leave. Know that I am with continuing love for you each and I look forward to our morontial brotherhood association. Until next time, shalom. [Some personal questions/answers were omitted.]

Speak Your Honesty | Most People Want To Know The Truth Of Your Thoughts

Abraham, WOODS CROSS GROUP 11-03-2003

Back

I am ABRAHAM. Greetings. I am with anticipation in meeting with you each week for your life discoveries are also insightful for me. I am with a pondering mind this evening. I enjoy taking time to think, to learn, to be receptive.

There are specific areas of the brain that are designed to be like an antenna, so to speak. The more fit you are in body and mind - the more receptive you become. Busyness in everyday-living does bog down the mind with trivialities. Quiet moments every day help to clear a way for reception from those on high.

Anxiety from daily living takes its toll on body and mind. Many mortals choose to deal with this by not dealing with it at all. Some can color over an ugly picture and really believe it is beautiful. This is damaging to the psyche and is stifling growth. We find that those who dare to communicate their thoughts honestly have improved health in body and mind.

When we visit back into the life of Judas, we can see how he harbored many negative thoughts. Had he communicated honestly with his brethren and the Master he might have been opened to new possibilities. Most of the apostles had their set hopes and beliefs, but through the love for their Master they were opened to His thoughts, His words, and His deeds.

It is true that most people would appreciate knowing the truth of your thoughts. There are ways to speak your truth so as not to invoke negativity or perhaps offense. First of all, when dealing with your fellows you remember the fact that you are all a part of the same family, not one is more important than another.

Take a moment to look within your heart and mind – most likely they will say different things. When pondering some circumstance you can view it with your emotions, yes, but balance it with your intellect. To take a moment before you speak integrates the heart and mind to find a manner in which to speak forth your truth as accurately and helpful as possible.

Many times your words will have no effect on another, but at the very least you have released your thoughts that can begin as planted seeds, and you are not pent up with emotion or, that barrage of thoughts of 'I should have.' Much of mortal anxiety comes from the feelings of being misunderstood and feeling separate. To speak with honesty is to allow others to know who you truly are, and as the Master always said: "The more you understand your fellows, the more you love them."

In facing reality, we each can envision this world with its underlying river of negativity. And those who are participating in the Correcting Time are not adding to this river, no! but beginning a stream of their own that is flowing with truth, beauty, and goodness. To withhold thoughts or words that would help bring healing if spoken is, in itself, somewhat of a lie – it is damaging to you and to those you interact with. Speaking the truth need not come from a place of ego, no, it should be intelligent and with love. When you are honest with others they have trust in you, and they will surely seek you out for assistance.

If we could take a moment to look at the life of Peter: He was certainly an enthusiastic character; and yet, he was somewhat of a people-pleaser. He was an eloquent speaker, and this was certainly part of his charm. While he had the best of intentions, his hurried actions usually brought him added difficulties. As Peter aged, he was maturing in spirit. He became less rash with actions and more thoughtful with his words. Always was his saving grace 'his love for the Master.' Many times he was foolish, yes – and yet, his willingness to be open brought him transformation.

This week, think about those thoughts that should be brought into reality through your vocabulary. How much is pent up and damaging to you in body and mind? How open are you to receiving other's truth? Study on the Master's technique of honesty – many times His sayings were apparently harsh, yes – and yet, it was the only way in which He could get His message across.

No questions this evening. Know that I am always happy to meet with you in your moments of quiet. Know that my love for you is deep and ever abiding. Until next time, shalom.

The Progress Of The Correcting Time | How Have You Put the Teaching Mission Into Action

Abraham, WOODS CROSS GROUP 11-10-2003

Back

I am ABRAHAM. Greetings. From week to week I am always amazed by your willingness to be open to receiving. You are each made to see with the eyes of the spirit, and your willingness to be open enables you to see more. Your courage to step out in faith is commendable. I am honored to be your friend.

This evening I am exceedingly grateful, for the fruits of our labor are beginning to blossom. We are reaching a new increase in the number of believers and the mind circuits are fully operational.

When we first learned of Michael's plan for correction, we each had our doubts concerning the people of this world's receptivity. We fully believed in Michael and His perfect plan and yet, many of us had mortal experience and knew that the gift of free will was somewhat of a limitation.

Michael did show us that 'free will' was also a wonderful liberator - meaning that as evolution progressed, man was free to revise the spiritual traditions or even break away for new up-to-date living revelation. Needless to say, Michael and His plan has exceeded our expectations. We are this evening with a grateful heart and a new abiding hope - for Michael has called and many of you have answered.

Where are we now, in your eyes, concerning the progress of the Correcting Time? How effective has the Teaching Mission been in your personal lives? How have you put the Correcting Time into action? I realize that in getting down to the meat of our purpose we have to cut through the fat. You, Mission participants, have done a great deal to free yourselves from that mystical-thinking that stands in your way of the realness. These years together have been an exercise in forging through personal wish-fulfillment, to spiritual reality.

In the days of old when our Master wore the flesh, He was never fully able to free the people's minds from their inner heartfelt desire for a coming Messiah. He did a great deal to bring spirituality into everyday living - and yet, many still could not fully comprehend that the kingdom of heaven is about living a mortal life, divinely. Many could not grasp the fact that this mortal life is a gift, a prerequisite to the morontia life.

Many mortals spend their lives in a state of 'wanting,' while what they actually have - their daily mortal experience and their relationships with one another, is of so much more value. My children, you each have been given a gift - a pen, so to speak, to help write a chapter in the story of the Supreme Being. You should feel that joy of one who has been freed. Father is who you serve, and the opinions of others have no affect on you.

The traditions handed down over the generations are real to those who are not courageous enough to be free-thinkers - but you, my friends, are with the priceless gift of living revelation, and are in understanding of a personal relationship with our First Source and Center. This week, take time to ponder over those menial things which still bind you. Take time to think about the importance of a mind that is free from the fetters of religion, culture, and society. A few questions?

DIANNA: Abraham, I have been working on developing a closer relationship with Jesus, or as we've come to know Him through these lessons and the Urantia Book - Michael. It seems like through my religious training these days that Michael is easier to build a relationship with because of all the connotations the world and tradition has taught about 'Jesus.' I have been asking for assistance and wonder if you have

any words on that for me?

ABRAHAM: Certainly. This is the beauty of our spiritual freedom. Many can relate to the human Jesus; the history shows Him to be just like those who study about Him, for He was a common man and yet, He was able to live a perfected life. He did a great deal to enhance the minds of that day and age. The records written about His life are acceptable for those who can handle very little. Over-all, the Jesus that we know is seemingly closer to the common man. Michael, on the other hand, is greatly related to spirit; to be more specific, the Spirit of Truth – which is a new and updated personality. You are entirely welcome to go with what feels most comfortable to you at this time in your spiritual growth. Jesus set a beautiful example of living the mortal life; and Michael is even now a live connection. Either way, you can learn from His life, His example. As you progress in the spirit you will refer fondly to the stories of the life of Jesus, and learn therefrom; but for immediate communication, the Spirit of Truth is ever up-to-date and a living confidant. Is this helping?

DIANNA: So if I am understanding you correctly, the only living circuit connection we have is to the Spirit of Truth, and not to Jesus? Is there no energy in this relationship to Jesus except for just as a historical reference?

ABRAHAM: In the way of learning from His life as an example – yes; and yet on the other hand, you can feel comforted by the fact that Jesus and Michael, in all reality, are one and the same. Who He was then, in part, is who He is now. To understand His life long ago is to learn of the Fatherhood of God and the brotherhood of man. To learn of who He is now is to open to a great deal of spiritual possibilities – new and living revelation. Yes, you are correct. Good question, Dianna. Another question.

MIRIAM: Well Abraham, it seems like you are really happy tonight and it's great. I am just wondering, is your perspective of feeling full of hope based on all the light around Urantia coming up in general? or, is it because of the seeds of the Teaching Mission we are planting.

ABRAHAM: Yes, more along the lines of the light coming from the planet as a result of opened minds and hearts. The masses are swaying toward light even though you much of the time cannot see it. I do like to share that good news which encourages participants to continue in their efforts to expand the kingdom and share the good news of the Fatherhood of God and the brotherhood of man. (Miriam: Are you celebrating somewhat amongst yourselves?) Abraham: Somewhat, yes. Good choice of words.

[TR is asking a question for Luke who has moved to Washington state. (inaudible.)]

ABRAHAM: Luke, you are quite able to receive our words. You do have Teachers available to you, but no one as of yet specifically assigned. As you work with them you will be best suited to one in who you relate best with. You do well, my son. I know that you are feeling like a fish out of water. Have not worry, there are other fishes for comfort all around you. Continue in practicing your transmission-receiving abilities. Know that I am still close to you, and you are my

friend and student. Carry on. One more question?

CALVIN: Abraham, some think that the Mission is stagnant and not getting out there very far into the world. I am glad to hear your upbeat perspective of the Mission and Correcting Time. I see it as a worldwide momentum and that it is getting better, so it is good to hear your report. I have a hundred things I would like to ask, but would you have anything to say to be helpful for me in my training? It has been a while since I have talked to you.

ABRAHAM: Calvin, my son, you are indeed softening around the edges. Your maturing spirit leads me to say you are indeed a delight. I enjoy your audacity to go forward with what you believe to be correct. Know you have been given tasks, and for the most part are living up to completing them. You do well. Have not worry for the days ahead. You know quite well that Father is in all the details. Trust yourself. Trust your inner Father. Continue to move forward and enjoy your life. You are indeed a light to many. Be not overcome with worry or fear. Know that you are quite capable of spirit reception. Use it wisely. You do well.

With that, I shall take my leave. Know that in all that you do, Father is at hand and you are each capable of hearing Him. Know that my love is ever growing for you each. Until next time, shalom.

World Change Begins With Personal Change

Abraham, WOODS CROSS GROUP 11-17-2003

Back

I am ABRAHAM. Greetings. I am enjoying your discussion and fellowship this evening. You are each with a positive outlook and yet you stay put on the path of reality. To view mortal situations in a positive light is always leading to positive solutions and yet, there is a fine line where one would possibly overlook reality.

You can view the problems of the world and choose to put them out of your mind – reasoning “they do not directly involve me.” Also, you can worry about these problems and feel quite hopeless. Or, you can be comforted by the fact that Michael and His Correcting Time assistants are shedding light upon these dark areas for all to view and have understanding.

The healing of the whole begins with an individual. We will be moving from the concepts of the morontial brotherhood and looking more at individual healing and wholeness. Values form from what the mind can comprehend. Certainly, a child cannot understand all an adult can. Each individuals' perception is colored by their past experiences. Their culture and society, and feelings of being at home and feeling accepted, all play a role in one's perception and outlook.

Every day, many people are committed to living a life that they think others will approve of; they are limited in their choices in living out the mortal life. In this limitation, their resentment rises and they are excusing themselves from taking responsibility for their life circumstances.

When one dishonestly views their own life and does not take responsibility for it, it is keeping them on a path of non-reality; of course this is successful in serving

the ego, but for you who choose the path of truth, beauty, and goodness, this is simply not acceptable. Any mortal with desire to follow a divine path must embrace the truth of reality, and yet leave room in the mind for evolution or change.

One way to continue to serve the ego is to excuse yourself from responsibility for your life. One can blame their parents, spouse, employer, and even their church, for the misfortune in their life; this keeps one's mind in a state of being a victim, being helpless, without options, without personal power. As you mature in the spirit you are seeing with the eyes of the spirit. And while the cup of truth is bitter from time to time you are willing to drink it, for new growth results.

Life is what it is - your interpretation of it however, is everything. Your willingness to be open or to be taught determines your levels in spiritual advancement. I would say that a balanced perspective in experience will enable you to withdraw the values and meanings therefrom. Those who dare to be transformed by the Spirit will find their fear of truth greatly decreased. A Spirit-driven mortal embraces truth as it is, in whatever form it comes, and enthusiastically looks for the meanings and values therein.

This week, take time to review your life experience and present to Father what values you have found. Be aware of your willingness to embrace truth, no matter how harsh that may be. But also know that each bit of truth is completing a part of the puzzle that is your eternal life. Think about those moments in your experience where you have felt wronged or cheated; and, if you had let it build you in spirit, or to tear down your soul.

Think about your levels of trust in our First Source and Center. Really, with one who is so all-encompassing of love, knowledge and power, how can we be afraid of anything? Take time to find a quiet moment with Father each day and learn the art of reconciling the mortal mind to the divine.

No questions this evening. I am enjoying your fellowship. Know that with each day that passes I am with ever increasing love for you each. Until next time, shalom.

Living Our Understanding | Living Our Revelation | The Livewire Connection Through the Supreme

Abraham, WOODS CROSS GROUP 11-24-2003

Back

I am ABRAHAM. Greetings. What a beautiful atmosphere full of spirit we have here this evening. I receive value from your willingness to share. Even in your observations of mistakes in living, I receive great understanding and spiritual benefit. Your willingness to embrace and live the truth sets our God-in-time, the Supreme Being, in forward motion and expansion - growth.

The world at this time is somewhat of a live-wire with vast amounts of energy moving through it; and yet, the knowledge to where the force is traveling is practically unknown to you. There are new openings, new energies that are not familiar, and this does create some chaos when the spiritual path is not visible or perhaps hidden in the animal nature.

Many know there is something beyond the material life and yet are not tuned-in to receive living revelation. Some are buried in dogma and old traditions; their spiritual perspective is limited – and therefore, not an everyday-living reality. For most of you, however, your eyes are opening and you are still trying to comprehend what you are seeing.

The spiritual life is a program that you need to be continually active in. The spiritual muscles must be exercised and maintained to advance in levels and recognize new and up-to-date living revelation. For one to be spiritual, one needs to practice spirituality. You can be reborn in the Spirit but that is not the end. Study, prayer, worship, and stillness are required to stay on a continuous path of growth.

To produce fruits of the spirit you simply must live a spirit-filled life. To live within the limited mind-frame of the animal nature, you cannot expect to feel that consoling and guiding Spirit of the Father.

It is said: "As a man thinks – so he is." And put in a more up-to-date phraseology: "As a man lives – so he is." Thoughts travel along that path of the livewire producing spiritual results/advancement; but for mortals, until something can be put into action or made 'reality,' it simply is just not so. You, Mission participants, have a well-rounded understanding of the spiritual path – through the Correcting Time; and while it seems to lean toward the idealistic side, it must become a living reality in your lives.

This week, take a moment to ponder your actions, to think if you are living out your beliefs. To live what you believe is to make it 'reality.' To make it reality is to feel the presence of Father, to understand His logical guidance, and to feel His unconditional and enduring love and faith in you. We are not just a part of the static of new thought – we are with direction; and in living 'that' understanding, we are ourselves a source of guidance. The spiritual path is real, it is in front of your face, it is moving toward the destiny that Father had planned all along.

I realize that it is difficult in the busyness of life to keep consistent practice of producing fruits of the spirit. During the week ahead, make effort to rest. Find time for stillness and to clear the mind. Know that you have the choice from time to time to receive on every level – body, mind, and soul. You have choice to rest – to have not worry and to be comforted by the First Source and Center – the Father of all fathers. Our lesson is kept short for a few questions.

CALVIN: Abraham, thank you for your persistence and diligence in meeting with us. I often wonder if you will say we are finished in these lessons or ask us to take a break for a while – as we did after the first two years with Ham's teachings, but I really appreciate every week another lesson from you and the staff. Tonight I was viewing a TV program, 'The Council of World Affairs,' and there was a board discussing Islamic, Muslim, and the Arab-nations interactions. I was very excited to see this. I thought about what you said about things looking better, and your celebration of that. In listening to them, I felt that there was a breakthrough dialogue in place. It looked like there is hope in that faction of such long-held

turmoil. It really does look like there is some dialog of brotherly interaction going on. Do you have a comment on that?

ABRAHAM: Yes. Good observation Calvin. With the history of these religious groups, the constant motto has been: "Who will save us?" "Who will solve this dilemma?" "Who is at fault?" We can see in the leadership of these countries that they are beginning to take personal responsibility. They are realizing 'the answer is up to them.' The responsibility is theirs, and only 'they' can act to create a more free and civilized society. Many are seeing that 'yes, God is present,' and that the animal in man has all too often given way to selfish desire for power and glory. World leaders are seeing the benefits of service to all – man, woman, and child. People are realizing that hatred is something that is taught, and need not be. In viewing any child from any country there is a natural love and nature of friendship for all other children. Stagnating traditions are finally being exposed. Individuals are taking responsibility and putting the 'best for the whole' into action. Is this helping? (Calvin: Yes, I really appreciate the insight from your view.) Abraham: Good question. Is there another question?

LANCESON: Abraham, in pondering the spectrum between self-reliance and God-reliance this past day or so, I was wondering from your perspective where you see the balance?

ABRAHAM: This would perhaps be the question of the ages. Good question, Lanceson. Self-reliance is in itself an attribute; it is a motivator toward God-reliance. In a world where so many must apparently have someone to look up to– a role-model, so to speak, so as to set an example on how to act– it is good to learn self-reliance. We can view self-reliance as: 'I am with ability. I can receive guidance. I can act. I can have personal power.' And then followed by: 'I can have none of these without God-reliance.' Lucifer, in short, had set a supreme example of self-reliance, where God was secondary, and self-love was first and foremost. It is valuable to see self-reliance as: 'I have ability. I can receive Father's guidance. I can be His son. I can co-create; and with Him I am more. I can have more faith in my ability because I am motivated by the Source of all that is true, beautiful, and good.' While self-reliance is good, it can be taken to the point of an imbalanced self-love or selfishness. This is indeed tragic – and yet this, in itself, is a supreme morontial lesson. Wonderful observation, my son. (Lanceson: Thank you.) Abraham: You're welcome. Another question?

TECTRA: Abraham, a few weeks back I was watching some videotapes of a man named Greg Braidon. He was speaking on how our hearts, our cells, are in tune to our mind; our mind is in tune to our hearts, and our hearts are actually attuned to the Earth – the frequency of the Earth. And, because the Earth, supposedly its frequency, is speeding up, our experience of life and time is likewise speeding up. Is that a true thing that he is talking about? Is that why we feel like things are going faster these days – because the frequency of the Earth is faster?

ABRAHAM: To a point, yes. The Earth itself is a living organism and energies are produced. And also is there a circuit for energy to travel. This extends from the cosmic mind (Supreme Being) throughout the circuitry of the universes. The Earth is simply a component in this, but this does create an appropriate visual for

explanation. And yes, time has accelerated along with the receiving of new ideas. This is akin to that livewire we discussed earlier. Good question. Is there more I can comment on?

TECTRA: Actually, yes; I just wanted to follow up on that because he also talked about how the Earth was in tune with the sun, and the sun was in tune with someplace deep in the center of the universe. That is kind of interesting the way that you answered that. Thank you.

ABRAHAM: I am in understanding, yes! and yet, I am limited in not only my own knowledge of this subject but also in my allowance to interfere with common scientific knowledge. These things will be revealed soon enough. Good question, Tectra. One more question?

WILLEENA: Abraham, I am undergoing a rather deep change in my body system, giving up the addiction to foods that I have been eating for about a year that feel very comforting but have been building a lot of toxicity in my system. One of the things I realized right now is that what is happening, along with a new discipline of walking every day, is also emotionally affecting me right now in a place that I am opening up more, not hiding out as much in food. This is leaving me to feel more exposed and more vulnerable. I realize, from all the conversation we have had here earlier, that it really is coming to a place where I am opening up to a level of trust of Father's will for me, and that I haven't been willing to step into. I would like some reassurance, some comment from you that will simply assist me in this journey of turning my days over to Father.

ABRAHAM: Understood, Willeena. I admire your tenacity to go forward with what you perceive to be best and right. Any physical change could spark emotions. And vice versa – just as stress may affect the body, stress on the body can also affect the mind and/or emotional systems. The Master had set a beautiful example in His continuous communion with the Father, and this was His nutrition, this was His source of life – to the point that he sometimes forgot to take in material nutrition. He was filled on the Spirit of our Father; and to the best of His understanding, He lived a life of balance. When the emotions become overwhelming then perhaps, yes, there are a few small things you can do to bring you back to a good point of balance. You are strong and focused on the goal ahead, but when this causes you too much angst then it is working against your goal. You would do well to have that mindal balance in knowing you are not being limited or deprived. You need to have some flexibility and freedom. This will bring you inner peace and added strength to achieve the goal you have set. You are with strength and a new maturity in spirit. Your perception is going in a heightened direction where those answers you have long sought after will be at hand. Have not worry. Focus on balance, and allow yourself some flexibility. You do well, Willeena, my daughter. (Willeena: Thank you.)

With that, I will take my leave. Know that with each passing week I am growing closer with you each. You are a light to me. I thank you. Until next time, shalom.

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CALVIN: Abraham, thank you for your persistence and diligence in meeting with us. I often wonder if you will say we are finished in these lessons or ask us to take a break for a while – as we did after the first two years with Ham's teachings, but I really appreciate every week another lesson from you and the staff. Tonight I was viewing a TV program, "The Council of World Affairs," and there was a board discussing Islamic, Muslim and the Arab relations. I was very excited to see this. I thought about what you said about things looking better, and your celebration of that. In listening to them, I felt that there was a breakthrough dialogue in place. It looked like there is hope in that faction of such long-held turmoil. It really does look like there is some dialog of brotherly interaction going on. Do you have a comment on that?

ABRAHAM: Yes. Good observation Calvin. With the history of these religious groups, the constant motto has been "Who will save us? Who will solve this dilemma? Who is at fault?" We can see in the leadership of these countries that they are beginning to take personal responsibility. They are realizing the answer is up to them. The responsibility is theirs, and only they can act to create a more free and civilized society. Many are seeing that "yes, God is present," and that the animal in man has all too often given way to selfish desire for power and glory. World leaders are seeing the benefits of service to all – man, woman, and child. People are realizing that hatred is something that is taught, and need not be. In viewing any child from any country there is a natural love and nature of friendship for all other children. Stagnating traditions are finally being exposed. Individuals are taking responsibility and putting the 'best for the whole' into action. Is this helping? (Calvin: Yes, I really appreciate the insight from your view.) Abraham: Good question. Is there another question?

LANCESON: Abraham, in pondering the spectrum between self-reliance and God-reliance this past day or so, I was wondering from your perspective where you see the balance?

ABRAHAM: This would perhaps be the question of the ages. Good question, Lanceson. Self-reliance is in itself an attribute, it is a motivator toward God-reliance. In a world where so many must apparently have someone to look up to—a role-model, so to speak, so as to set an example on how to act—it is good to learn self-reliance. We can view self-reliance as: "I am with ability. I can receive guidance. I can act. I can have personal power." And then followed by, "I can have none of these without God-reliance." Lucifer, in short, had set a supreme example of self-reliance where God was secondary, and self-love was first and foremost. It is valuable to see self-reliance as: "I have ability. I can receive Father's guidance. I can be His son. I can co-create, and with Him I am more. I can have more faith in my ability because I am motivated by the Source of all that is true, beautiful, and good." While self-reliance is good, it can be taken to the point of an imbalanced self-love or selfishness. This is indeed tragic – and yet this, in itself, is a supreme morontial lesson. Wonderful observation, my son. (Lanceson: Thank you.) Abraham: You're welcome. Another question?

TECTRA: Abraham, a few weeks back I was watching some videotapes of a man named Greg

Braidon. He was speaking on how our hearts, our cells, are in tune to our mind; our mind is in tune to our hearts, and our hearts are actually attuned to the Earth – the frequency of the Earth. And, because the Earth, supposedly its frequency, is speeding up, our experience of life and time is likewise speeding up. Is that a true thing that he is talking about? Is that why we feel like things are going faster these days – because the frequency of the Earth is faster?

ABRAHAM: To a point, yes. The Earth itself is a living organism and energies are produced. And also is there a circuit for energy to travel. This extends from the cosmic mind [Supreme Being] throughout the circuitry of the universes. The Earth is simply a component in this, but this does create an appropriate visual for explanation. And yes, time has accelerated along with the receiving of new ideas. This is akin to that livewire we discussed earlier. Good question. Is there more I can comment on?

TECTRA: Actually, yes; I just wanted to follow up on that because he also talked about how the Earth was in tune with the sun, and the sun was in tune with someplace deep in the center of the universe. That is kind of interesting the way that you answered that. Thank you.

ABRAHAM: I am in understanding, yes! and yet, I am limited in not only my own knowledge of this subject but also in my allowance to interfere with common scientific knowledge. These things will be revealed soon enough. Good question, Tectra. One more question?

WILLEENA: Abraham, I am undergoing a rather deep change in my body system, giving up the addiction to foods that I have been eating for about a year that feel very comforting but have been building a lot of toxicity in my system. One of the things I realized right now is that what is happening, along with a new discipline of walking every day, is also emotionally affecting me right now in a place that I am opening up more, not hiding out as much in food; it is leaving me to feel more exposed and more vulnerable. I realize, from all the conversation we have had here earlier, that it really is coming to a place where I am opening up to a level of trust of Father's will for me, and that I haven't been willing to step into. I would like some reassurance, some comment from you that will simply assist me in this journey of turning my days over to Father.

ABRAHAM: Understood, Willeena. I admire your tenacity to go forward with what you perceive to be best and right. Any physical change could spark emotions. And vice versa – just as stress may affect the body, stress on the body can also affect the mind and/or emotional systems. The Master had set a beautiful example in His continuous communion with the Father, and this was His nutrition, this was His source of life – to the point that he sometimes forgot to take in material nutrition. He was filled on the Spirit of our Father, and to the best of His understanding, He lived a life of balance. When the emotions become overwhelming then perhaps, yes, there are a few small things you can do to bring you back to a good point of balance. You are strong and focused on the goal ahead, but when this causes you too much angst then it is working against your goal. You would do well to have that mindal balance in knowing you are not being limited or deprived. You need to have some flexibility and freedom. This will bring you inner peace and added

strength to achieve the goal you have set. You are with strength and a new maturity in spirit. Your perception is going in a heightened direction where those answers you have long sought after will be at hand. Have not worry. Focus on balance, and allow yourself some flexibility. You do well, Willeena, my daughter. (Willeena: Thank you.)

With that, I will take my leave. Know that with each passing week I am growing closer with you each. You are a light to me. I thank you. Until next time, shalom.

The Soul-Within Is Anxious For Adventure | What Price Will We Pay For Kingdom Adventure

Abraham, WOODS CROSS GROUP 12-01-2003

Back

I am ABRAHAM. Greetings. I am with awe to be witness to your interaction this evening. You are providing a living example of your inner beliefs. This evening's discussion, I am feeling I am not your teacher, but your student.

We have waited many years for the roots of our teachings to become deeply embedded into the soil of reality. This is a new era in thought and action. Your efforts in this work will be challenging. While the labor seems difficult, the birth of new reality is beautiful to behold. What is true is here to stay. What is not true will be forgotten, in time. We shall again have discussion on the kingdom and 'personal cost:'

Your spiritual life has surely been a journey with its peaks and valleys. You are now, have been, and will be the sum of your thoughts and beliefs. This is not good or bad but simply experiential and with endless meanings and values. For this sum total in personal reality and your striving to be God-like, you have to (and will continue to do so) pay a price. In your life-lessons, there have been blows to the ego which can be counted as your greatest spiritual growth. This always requires a cost, yes, but this is, however, a cost toward the positive.

To learn, one has to be teachable; and the human soul is naturally that - teachable; the ego, is not. Mortal conditionings (the animal nature; possibly one's upbringing) would have the ego believe it is already with all knowledge. The soul within is a child and with eyes that are anxious for adventure. To serve Father, to understand His will, there is personal cost- there is that 'surrendering child' who is driven to absorb; to live out to the best of one's ability, the understanding of Father's will.

Personal cost is varying from believer to believer, and the examples are really quite numerous. You each have understanding of what that has meant in your own life. Have you bought your way into the kingdom? Of course not! But definitely have you sacrificed and brought about change for your advancing soul. Do you give up your desires? No! Are you exercising patience? Yes! Are you mechanistic without distinction? Of course not!

You are each known and loved beyond your comprehension. Are you required to listen, to practice being spiritual, to study, to commune, to produce fruits of the spirit, to be God-like? Are you required to love one another as Christ has loved you, and to

understand perfected humility? Yes. Yes, this is the path we tread. This is the price we are willing to pay.

“When I was a child I had childish things. As I mature, I put childish things away.” You are each endeavoring to mature in spirit; but also are you striving to become a better mortal – and much of the time this is where the difficulty lies. Be not discouraged. Know that what may cost you your animal nature is the keys to the kingdom. Have not fear. Each practicing day you experience, you are one step closer to who you are becoming. This is indeed something to be honored.

Our exercise for the week is to acknowledge our Sovereign Father, in whose will we desire to follow at any cost of the ego. Request Father to walk before you. Acknowledge His presence, His sovereignty, as you do at the beginning of these meetings. Remember children, there is great growth in the pains of labor. You are each one another’s assignment. Be observant and look for the value. You do well.

No questions. Know that I am standing by to assist during your week, along with a vast resource of kingdom helpers. Go in peace. Until next time, shalom.
Man Cannot Control The Ocean’s Waves | Pain And Frustration Results From Our Need To Control

Abraham, WOODS CROSS GROUP 12-08-2003
Back

I am ABRAHAM. Greetings. I am with such gratitude this evening, for your spiritual unity is touching. What a feeling of comfort and mindal clarity we are sharing this evening. This peace, this feeling of ease, is not only acceptable, it is welcomed.

While we could dwell in this serene state for all eternity, we must remember that without experiential irritants there is very little growth. Mortal life is most of the time overflowing with these irritants – in fact, they call us to action, they call us to seek possibilities. While life's agitations cause us growth, we should focus on balance. Balance is not only having growing experiences, but in attaining new skills that would aid us in mindal clarity and Spirit reception.

Especially at this time of year there seems to be great stress beyond your personal control. From our standpoint we watch the masses gather at various functions seeking to build spirit and goodwill. Then, on the other hand, this desire seems to add pressure to an already stressed life. Your expectations, your needs, your long sought-after dreams, seem to dictate your outlook on how life should be lived – on what can be controlled and what cannot. What man can control the waves of the sea? At best, one can only create more waves.

To put effort, energy, time, and finances into such thoughts of 'controlling' is a road to frustration and disappointment. Cast a glance over your history this far and weigh your measure of 'contentment' against 'disappointment' – you can easily see your level of efforts to have control, to exert will. The more disappointment and frustration one feels is evidence of one who casts pearls before swine – meaning personal efforts have gone nowhere with this situation.

A spiritually-fit individual would allow Father’s influence and be open to new doors. But many times our own expectation, our own understanding of right and wrong,

our traditions and others' opinions – does influence our perspective, and we act from a place of ego instead of Spirit.

I am not suggesting that you make no effort or even have acceptance of 'what is' – I am merely suggesting that you review your own internal meter that reflects your attitude toward life-situations. To be compelled to be controlling is a vague place within the ego that constantly tells you to 'strive harder,' to 'appear better.' This pressure is spiritual suicide. It is to build up such great expectations in 'self' with no room for mistakes or any assistance you could receive from on high.

You can make effort in 'the best interest of the whole' and allow the results to be Father's. You can control your own levels of frustration and disappointment by changing your perspective on any given situation. Mortal life is the sea and you are with only a small boat. You can only row your own boat. You can only control your own waves made, your own influence in the sea. You can go with the natural current – or, you can meet with frustration and disappointment, fighting the storms alone.

This week, review your relationship with Father. How much are you allowing Him into your life? Is there only limited places He can have influence over while you attempt to control the rest? Where does frustration and disappointment lead individuals to? Take a few moments this week to appreciate the calm sea, and rest for when the storms arise.

No questions this evening. Know that I am with growing affection for you each. I am in appreciation of your unique personalities, and yet, I am honored to be a part of your collective whole. My love goes with you. Until next week, shalom.

As we set out upon our journey for personal correction, we have done a great deal of work on overcoming our weaknesses, our animal natures. The world is hanging in the balance now, so to speak, where spirituality is becoming tangible, yes, but the material is still right there in front of mortal eyes.

As we seek fulfillment (or relief from disappointment and frustration) we would do well to be aware of the mortal senses; while they are a natural part of you, they are stemming from animal instinct which is of the material world. Those who make honest effort in living a Spirit-led life will indeed discover new morontia senses that are from the divine realm – which is away from ego, away from the material world, and is the road to lasting eternal fulfillment.

This week, when you see yourselves or your fellows in the midst of weakness, or possibly chasing after some temporary material fulfillment, know that this is not the time for harsh judgment, but a time for compassion and to be observant of divine law.

Also this week, consider: What has been meaningful in your lives? What has brought love and fulfillment? What are the souls' desires for fulfillment; and how does this affect the mortal mind and body? Think about your so-called 'obsessions' – will these feed the soul? or temporarily satisfy the ego! Where is your energy spent? And again, be aware of your levels of unhappiness and disappointment – where is the balance? Time spent with Father is a priceless assurance that can answer all of

these questions. It is well and good to find mortal fulfillment, yes, but know that spiritual fulfillment is food for the soul – lasting and strengthening for those difficult times ahead.

No questions this evening. As you set out upon your week ahead, remember that your personal happiness directly affects the attitudes of others. This is a season for goodwill – let us make that a reality. My love goes with you. Until next week, shalom.

The Emotional Aspects of Disappointment and Frustration

Abraham, WOODS CROSS GROUP 12-15-2003

Back

I am ABRAHAM. Greetings. I am always refreshed in spirit each time we meet. I appreciate the particular energy that flows from this group. You each are well-intentioned and are here to learn, give, and receive. I find it quite renewing in spirit to be among you and dip my cup into the living well. Each of us is a source of energy, and together we can create change for the better.

Last week we spoke of the pain and frustration that comes from the need to control everything. I would say a few words on the emotional aspects of disappointment and frustration.

Spirit poisons lead us to search for fulfillment. An emptiness within that is caused from rampant emotionalism, leads us to search for relief. You can study, pray, and do stillness to find fulfillment, yes, and yet your mortal self is impatient and desires immediate results.

Look at the world and its appetites – you can see that the mortal appetite craves material fulfillment. It is 'what the eyes can see, ears can hear, mouth can taste,' and so on. This can indeed bring temporary fulfillment or gratification, yes, but without that 'soul comfort' the satisfaction is fleeting.

Michael Is Not Past Or Future, He Is Now | He Focuses On The Good And Draws It To Us
Abraham & Christ Michael, WOODS CROSS GROUP 12-22-2003

Back

I am ABRAHAM. Greetings. I am always intrigued by your discussions and so very grateful for our fellowship. Over these many years, we have been co-workers through life's many experiences. We have come to understand life through the sheer experience of it. We have some understanding of death from missing those who have gone before. We may have stumbled somewhat over these years, but always have we continued to keep lit the light of faith.

Many of the world's Christians are focused upon the celebration of Christ's birth. This focus is an opening for new circuitry and new energy to follow. We can only have faith that the Father's plan is at work in whatever may transpire from this focus of goodwill, and from the child that brought such enduring hope – hence my gift to you:

MICHAEL: Greetings, children, it is I your Brother/Father, Parent, Friend, Confidant, Keeper of the flame of faith. My warm greetings to you this day and every

day. I am with supreme joy to be with my children. I am an active Parent in our Mission and am well familiarized with worldly happenings, as well as personal. I am overflowing with deep and abiding love to look directly into your eyes. I know you, and I sincerely love you.

I see many of you in your struggles, and I must summon quite a bit of strength to withhold my desire to rush in and remove your difficulties. My love for you leads me to desire your happiness, your well-being. Your joy is my joy. As your Parent, however, I realize that to remove your difficulties would not build the eternal soul, which is a part of our grand universal design.

We are each to fulfill our required experience to become who we are meant to be. My gift to you is accompanying you in your struggles, your experiences; your joys and sorrows. Together we can endure all things. Together we can build that road that leads to Light and Life.

A good parent does not neglect a child's needs. But a parent must many times inspire and encourage a child to become a responsible universe citizen. We each must take an active role in all of our experiences. We live 'on purpose.' We live to live, not to have everything freely handed to us without having made any effort - this has no meanings or values.

You are living the gift of mortal life; this is not a curse but should be honored and exemplified to the best of your ability. You stumble not in darkness for you know where the light is. You have committed to showing others. Be of good cheer. See the good in this life. Learn from the negative but do not dwell on it. The more positive you can view life, the more positive life will be. You are not weak victims of mortal life but empowered spiritual beings.

Know that our Mission is on track in spite of what your eyes may see. Concentrate on your own efforts put forth to broaden the kingdom. Our kingdom does take great effort and yet, the joy therefrom is well worth it. Forget not that I go before you. I am with you. I am the 'now.' Know that every time you think of me I will already be thinking of you. Carry on.

Again, I am Abraham. Thank you, Michael, our overseer of all good things. Know that in these days ahead we will assist you in keeping focused on building that road to Light and Life. We can focus on the good, yes. The negative only encourages us to work harder. Children, we can focus on the positive and draw it to us.

This week, take time to strengthen your relationship with our Spirit of Truth. Know that He is to be thought of as in the 'now.' Have not worry about past or future - He is now! Know that I am with unfailing affection for you each. Until next time, shalom. [Unsure if there was a 12/29/2004 lesson. Not found yet.]

2004 MANSION WORLD TEACHINGS

Surrender To Father, Daily | Live And Take Those Risks That Give Real `Experience` To Daily Liv

Abraham, WOODS CROSS GROUP

01-05-2004

Back

I am ABRAHAM. Greetings. I am again with joy to be with you. I am honored to be a part of this family. In the busyness of life, we have our anchor that is this group. It is the place where ideas are born and thoughts are directed as is energy. I am grateful to be a part of your spiritual growth. I feel like a father watching his children mature, realizing that children are separate beings all unto their own. While I feel gratitude for being a part, I am also with awe viewing you as spiritually maturing adults.

It is said that 'nothing worth having comes easy.' It is well known that effort reaps rewards. How blessed are the spiritually maturing individuals who are willing to listen to the Parent of all parents – the Father of all fathers, the First Source and Center.

All of our experiences have shaped us into the beings we are today. Perhaps some of our past experiences lead us to move with caution. This is not only acceptable, but wise, for your experiences have been fine teachers. Being cautious, however, is on a borderline with fear.

Perhaps one who is over-cautious keeps hidden away so as not to experience fear and disappointment. In all reality, this is not living, but merely existing. To simply 'exist' is to only experience the mechanics of life; there are no fruits produced, there are no meanings and values to absorb; and therefore, joy is lost, purpose is lost.

Being spiritually mature you realize chances must be taken in order for growth to progress. One who is fearful in life is not willing to take risks, and life seems meaningless – this certainly clouds spiritual light and can set one upon a dark path. This dark path is: 'trusting in the material world;' 'having hope in material things;' 'finding little meaning out of temporal realities' – the search is always empty and leaving the fearful soul with further longing.

My friends, Father has given you life so that you may truly live – to live and experience and understand everything you can; and come to know every aspect of the mortal life possible. And this is just the beginning of your eternal career. You can certainly opt out if you should so desire, but believe me, your experience still waits for you on the other side.

The spiritually-mature individual understands that risks may be fearful and yet, it ever leads one toward continuing progression and advancement. The mature individual is not afraid to face fears, but really feels them, really dissects the meanings therein, and comes into a new light. This is work and does take effort, yes, and yet, the meanings and values are priceless.

Life is ever filled with new purpose, abiding hope, and is the foundation of faith. As we move forth into this new year let us renew our faith and go forth with trust in Father – in His unending power, His life-source of love, His universal plan. Let us dare to live life to the fullest, without fear, without wondering if Father would be there should bad things happen or our expectations not materialize.

This week, let us practice daily surrender to our First Source and Center; call upon Him at the beginning of each day. What you can do with Father's presence far outweighs what you can do alone. Life is not simply enduring or existing or persevering through one drama to the next, no – it is about maturing and progressing; having Father's power at hand and having courage to live on purpose, and live with purpose.

Yes, my friends, life is about having enough faith to take chances, to reach out to others, to serve and be served, to experience everything and have understanding thereof. Allow time each day for a few moments with our Heavenly Caretakers. Allow yourself to be renewed in spirit and find the greatest blessings in the mundane. Find that all your efforts are working toward the good. Find that 'light in the darkness.'

I am with fullness to have this experience with you. No questions this evening. Know that I will be with you throughout the week. I would be very glad if you should happen to call upon me. I am with ever-growing love for you each. Until next time, shalom.

The Value of Work | The Father's Cup Is Not The Way Of Ease

Abraham, WOODS CROSS GROUP 01-12-2004

Back

I am ABRAHAM. Greetings. I always take great interest in your conversations. I see you making effort toward putting your beliefs into action. As I speak this evening, you listen with your faith not even knowing what words may come from me. You diligently attend each week with a faithful heart.

Yes, here, we dip our cups into the well of Father's will and make efforts throughout the week to distribute what we have learned. Each week, we come together to 'take in' so that in everyday living we can 'give out' and expand our ever-growing Kingdom. Your faithfulness is a rock in which we can build Light and Life.

Last week we discussed the maturing spirit and the courage it takes to truly live. We discussed how the fearful soul may choose to hide away so as to not have the required experience of adversity. This evening, I would choose to find it appropriate to discuss forms of escape versus spiritual rest. We each have experienced the hardships in mortal living and understand the importance of rest and intake of spiritual energy – and yet, we find it somewhat difficult to devote time.

In the reality of mortal living there are always the material obligations that need to be met. In order to live somewhat of an organized life, mortals need to work. Working is an experience that holds tremendous spiritual values, as well as putting food on the table. Those you work with are – so to speak – a part of your ministry. Those you meet are literally fertile ground for planting the seeds of the Kingdom.

While work can seem monotonous and without glory, numerous possibilities lie therein. Do you see, work is not really work but a part of your spiritual ministry and purpose for serving in the Kingdom. Many mortal functions that you may view as boring are in fact part of your destiny – part of your spiritual growth. Many tasks

that you may seek to be free from are opportunities to live life more fully.

The Master found fulfillment in all His undertakings for the Father. He brought Father's presence in everything He did. He lived to serve His Father. He lived to strive to do His best, to do the right thing the first time. He sought no forms of escape in almost every area of His life's endeavors.

There was however, a time or two He had thoughts of omitting His cup because it seemed overwhelming. Of course this took meditation, prayer, and mental reconciliation to find strength to carry on. The Father's cup was not the way of ease, no! and yet, it was definitely the most effective, the best and highest good for one and all.

With the world's technology ever progressing, it would seem that man's direction goes toward forms of escape. There is nothing wrong with the material life being made a bit simpler - technology has its place, yes; and yet, all the while man's weary mind simply needs a few moments with the Father.

You can see that the youth of today find many forms of escape. All too often it has been taught that life's realities are painful, and that to experience this is not necessary - therefore delaying progression and spiritual maturity. Seeking escape through any form is to gamble with those things in life that are truly valuable, such as good health, relationships, integrity, honesty, and so on.

To learn at an early age that adversity must be dealt with on a totally conscious level, is indeed a blessing. One learns skills that aids in the life ahead. The mature spiritual individual faces problems as they come at the time - without procrastination, hesitation, fear, or faithlessness. The Father's presence is in every moment of every day; and one is never left alone to endure, but to bravely face the challenges and be open to Father's will and His unfailing solutions.

Life is busy and tiring. Of course you need rest and reversion - and certainly does this go a long way in finding a balance in life. Enjoyment that brings rest or clarity of mind is certainly acceptable. Joy is a part of life just as is sorrow or adversity; balance is what we are seeking here. Before there is temptation to look for mortal escape or ease-seeking, it is highly recommended that one spend time in stillness or study or using the creative mind. Art, music, exercise - these are all forms of energy production and aids in the ability to cope with life's difficulties.

This week, review your daily living activities that seem to hold little value, and try to see how they may play a part in your ministry, in your efforts to expand the Kingdom. Take time to review your deep inner-longings, and what you do to find a 'temporary fix' versus an eternal solution. Have not worry what others have to say about your choices. Keep the Master's living example in the forefront of your thinking. He is your example of one who has bravely faced life's challenges and lived a perfected life.

That is all for this evening. Again, feel free to call upon me during the week. I am with growing affection for you each. Until next time, shalom.

ABRAHAM: Certainly, Harrison. The individuals you are dealing with are about ninety-percent emotion – this is your avenue in which to get through to them. My first suggestion is to make an effort to understand how they are feeling about the circumstances. Where are these feelings coming from? You can ease their pain and confusion by a show of understanding. Many individuals just want to be heard and understood. And again, not to feel separation as if they have done something wrong or are incorrect in their feelings; or, are less intelligent for choices made and should be made to feel inferior. People want to be understood. They want to be heard and accepted for who they are. The majority of the world runs on emotions. With the Correcting Time, intelligence is being integrated with emotional thought. Father shows His children He has heard them and that He understands them. He accepts their feelings even if their perceptions are wrong. This is showing unity and unconditional love. In this safe place, individuals are open to intellectual solutions and intelligent thought – common sense, so to speak. Reassure your family members of your love for them and that you simply want the best for one and all; and that your desire is to maintain balance and provide service. Reaffirm the family unity and create a safe place for individuals to speak their true feelings no matter how farfetched their true feelings may sound. Make your suggestions simple and speak with a calm voice. Authoritative voices seem to create a defense. Stay above the emotion, Harrison, and know that you are well prepared to assist in any family difficulties. Is this helping? (Harrison: Here I thought I knew everything. Yes, and I thank you, Abraham.)

CALVIN: Abraham, you mentioned the value of the group; and that has been a topic of discussion online about the value and validity of these groups' lessons from a 'Teacher' versus maybe 'individual' contact with their Father fragments. I've got a million questions I could ask but I will leave it with if you want to say a few words to that as far as our Teaching Mission groups are concerned – and pertaining to the need for supernal Teacher assignments. It seems in the first days we had many requests for 'Teacher assignments' to various Urantia Book-based study groups around the world; and this included 'transmission-receiver assignments' for these groups – from yourself or Ham. These were budding Teaching Mission groups and individuals seeking Teacher involvement. In my view, it is quite different today where anyone with a whim, launches out with a transmission and various supernal claims without recognized approvals from yourself or Ham. Is this progress? or is this regression? I'm also concerned, and it seems to be quite a hot topic, this Monjoronson issue. I don't even know why that bothers me, but it does! [Editor's note: Many Mission groups were announcing that one, Monjoronson, was soon to appear, or has most recently appeared, as this world's 'Magisterial Son' spoken about in the Urantia Papers.]

ABRAHAM: The Teaching Mission is always in the state of evolution. Many things will be tested and tried and only the truth will remain. Those things that are not true will be seen for what they really are and fall by the wayside. The human ego is man's greatest enemy; and where there are platforms there is always a tendency to desire self-glorification. Again, and so seemingly fitting with this Martin Luther King holiday, many believe that to be important it is necessary to rise above the rest and to appear as better than others. To feel superior is feeding off of the energies of others; this is food for the ego, for it is, in itself, feeding the animal. There are natural tendencies in man to be in charge of the tribe, and past history has shown the only way to do this is through force, whether it is physical

or mental. Man has thought to separate himself from the 'average' to gain feelings of importance. Our Correcting Time is showing that one's feelings of self-importance does lie within the unity of the group. Mutual respect, friendship and love, are easily found within a group who seeks to create a platform for the good of the whole – in other words, who set Father as their Sovereign. Have not worry for the evolution of the Teaching Mission; it is all part of the growth process. Look back at our groups' history and pinpoint those truths that have remained. As new individuals enter into the Mission, they will also have these experiences of learning to balance the ego and feelings of self-glorification, with spiritual reality. It is not a setback, but simply 'training.' I am not to comment on the Monjoronson issue. My friends, the juice of mysticism has been squeezed out, and we are now to deal with the pulp of truth. Keep true to the tasks at hand. Remember the Master, who allowed the strange preacher to roam freely with his own brand of religious fervor. He trusted individuals to make up their own minds who they would choose to follow. You can see very few followed the preacher – while most, with their love for truth, decided to follow the Master. Group health is very important to maintain balance for the individual. The group is a ministry unto its members – you are to minister and be ministered to. The group is your anchor in the sea of everything. Have not worry about the evolution of the Teaching Mission, but know that we appreciate your efforts to maintain truth and integrity. If there are no more pressing questions I will...

MIRIAM: Could I just ask one? It's not pressing, but Abraham, your poetry is just so beautiful – like "squeezing the juice out of the mysticism." Every week you just knock everyone's socks off. Is that part of your personality or did you acquire that? Have you learned that through your own experience and time? or have celestial artisans worked with you to pick this trait up? What's the scoop on that?

ABRAHAM: I would like to take credit for each of these philosophical displays, but training, and the wisdom of my fellows, has taught me a great deal. Mortal concepts work best on mortals, but wait until you arrive on the Mansion Worlds– poetry is abundant, as is music, and art. Thank you for your kind words. I am overjoyed to know that I can help.

I want each one of you to know you are also a great help – to me personally, and within Father's kingdom. Have not worry this week. Tend to your personal ministries. Know that your service is one of joy and learning. Find time to rest and be renewed in spirit. Know that my thoughts are always with you. Go in peace. Until next time, shalom.

Keeping Balance in Spiritual Abundance | Questions

Abraham, WOODS CROSS GROUP 01-19-2004

[Back](#)

I am ABRAHAM. Greetings. I am enjoying the practicality in this evening's discussion. What a wellspring of goodness when we gather in the name of our Father; it is obvious that you have set Him as your sovereign.

In spiritual living, many are likened to the apostle Peter when having his feet washed by the Master. Spiritual abundance sometimes feels so undeserved and that it would not be allowed. Then on the other hand, like Peter, some beg to be washed all over.

Meeting as we do each week keeps us in balance with receiving spiritual abundance and putting it forth to good use in everyday living. This evening I would keep the lesson short to make time for questions.

MIRIAM: Abraham, like you were talking about learning to receive the abundance of Father's love and to truly know that we deserve it because we are His children – it almost makes me feel guilty if I say that out in public. If I say: 'I know my Father loves me and I am washed in His love every day,' why is it that I almost feel guilty saying that in front of other people? It is like they think I think I am special. In essence, all I am doing is stating a birthright. What is that about the human nature that makes me feel like they are going to criticize me if I say: 'I know my Father loves me?' It is not like I am trying to brag. What is that?

ABRAHAM: Perhaps in the way it is spoken it creates a bit of separation – meaning that maybe others will assume you claim you have what they do not. You are not quite sure how they believe, and much of the time your declaration is simply sharing your faith. To appear humble in any spiritual sense, or in a religious setting, is important, yes; and yet, all too often – to simply speak the truth of your understanding is, in a mortal sense, not seen as a show of humility. The Master knew of the Father's love for Him, and when He shared this vision with others, He also found words to make them feel included. There are individuals you can speak freely with, and then there are those you do not quite understand fully – and this is where those thoughts of self-doubt in your declaration may come from. Our Master did much of His ministry in this manner – when He spoke to the masses, He worded His phrases to include all; therefore, creating unity and equality. Let not your feelings of being loved by the Father create guilt, but find words which are inclusive especially to those who really do not understand you for the person you really are. Your words to others are to help them turn inward, to review their own thinking about their personal relationship with Father so that all-in-all it produces good. Is this helping? (Miriam: Yes, very much. Thank you.)

HARRISON: I have a situation with my mom and dad, and my family; and I know Father will show me the right way to deal with it. I guess what I am asking from you is, do you have some insight how I could get started down the right path?

Deep Thinking Promotes Father-Connection | Allowing Spirit Poisons Promotes Surface-Level Thinking

Abraham, WOODS CROSS GROUP 01-26-2004

Back

I am ABRAHAM. Greetings. I find it so refreshing to come here each week and be connected in spirit with you. Those who participate in this time of correction are made to be deep-thinkers. What the world sees as meaningful would have us stay on surface-levels of thought, but the Correcting Time would drive us to search for truth and the deeper meanings in life. For us to gather each week assists us in refocusing to Spirit and positive ways of living.

In the days of old, the deep-thinkers were mostly thought of as prophets, ministers. Those who held high positions in religious organizations (meaning those who were seemingly gifted in spirit) were hailed as the 'voice for God.' And to be one who

was 'a voice for God' you had to be seen as blameless. And this thinking continues today – those who hold high positions in churches are looked upon with favor for 'surely they live a more righteous life than others.'

As the Correcting Time progresses, we can see all are equal in spirit reception; all have the same opportunities. Surely, one who strives to live a well-balanced spirit life is one who will receive a great deal more divine information than would one who embraces darkness or the ways of the ego.

The traditions of old are misleading and yet, they do bare some truth. To put your best forth in everyday life opens you to spirit reception, yes – however, you are not more favored by God as some religious traditions would have you believe. To work your way to the top in any organization does not make you superior, no, but as the master taught, a server of all.

Let us review the life of an average mortal: All people want to be loved, and for the most part, many do those things that will get them that love. Many want to be seen as good or blameless and to reap admiration from their fellows. However, there are those small occurrences every day that would possibly drag one toward the darkness, and not toward love.

Take gossiping, for example: One who gossips appears to have information that holds other's attention, and many believe that this attention-holding is an accumulation of energy; therefore, the one who shares this information appears to be the most interesting. Again, many simply want to be loved, but to embrace the darkness in life is going to lessen your spirit reception of love – which in turn, keeps you on surface-levels of thinking.

Those who find it acceptable to twist the truth will also find their reception limited, for Father does not fraternize with the darkness. He will, however, play a part in His children's personal correction.

Do you see, to strive for 'the positive' in living, to embrace truth, beauty, and goodness, is to keep an open channel with Father. This is not a promise of heavenly rewards, or a seat next to the Master, no, but commonsense Correcting Time lessons. Also, let us look at the spirit poisons – anger, jealousy, despair, worry; these poisons can bring one's animal-side to the surface – therefore, lessening that part of the mind that does the deep-thinking.

Soul-searching! What is 'soul-searching' but one who goes below surface-levels of the mind to be receptive to the greater truths that Father has to offer. To be caught up in the material world is to increase the animal and decrease the soul. This is truly misery for any mortal. Think not: 'I want to live a life of truth, beauty, and goodness' – do it! Do not sit back and just have desire for it, no; begin in this very moment to move away from the ego-self who desires the attention from people – toward the soul who literally lives on the love of the Father. Have not worry children, this is an easy step in your careers.

This week, make time to remove yourself from the noise of the material world. Make time for deep-thinking, even journaling. Walk the walk of the Correcting Time. Know

that my heart is full as I look into your eyes. I am with ever-growing love. Go in peace. Until next time, shalom.

Find Corrections To Old Wounds And Set Patterns That Do Not Serve

Abraham, WOODS CROSS GROUP 02-02-2004

Back

I am ABRAHAM. Greetings. I am with peace this evening just being witness to your willingness to reach higher understanding. You have gathered with the intentions to serve Father and one another. Nobody here this evening wants to be the best, brightest, most intelligent, or stepping upon the backs of others to find a seat near the Master. You came here this evening seeking to give and receive, to learn and teach, to listen and be heard, to love and be loved. This is our brotherhood. This is our unity and our point of focus.

You each have your mortal desires, your wants and needs. Father knows this, and He is inclined to integrate it into your divine destiny. He longs for your happiness. He longs for your closeness with Him.

To have a helpful hand in understanding, and having mortal needs and wants satisfied, it is important to fulfill spiritual prerequisites. Every day, the faithful set out to do the best they possibly can. Situations arise where Father has opportunity to work through you, to teach you and others.

Personal baggage that one may carry from childhood may rise up to interfere with your spiritual intention. Memories from the past may cause one to act out in a manner that was not intended. In life there are wounds and there are scars; and in order to live a free life, one must at some point address these wounds.

It is difficult to follow through with spiritual intentions when old mortal wounds surface. These old wounds tend to lead one to sway toward the animal characteristics. For example: An employer may ask you to perform a certain task which reverts your mind back to a memory that was difficult, causing you spirit poisons. These feelings may interfere with your good intentions to be a loyal employee.

Are you free from the responsibility of your behavior because you were once victim to some past trauma? Of course not! These traumas must be dealt with in order to have an understanding, and to make the way clear for spiritual happenings. One who has not dealt with resentments of the past will appear as an embittered person. There will be no new meanings and values, let alone a clear channel for Father to work through.

We have reviewed this lesson in the past, and this evening we are reviewing it again for the sake of becoming a conduit for Father's works, and for the Correcting Time to take a firmer hold. You are to be able to recognize and overcome the common dysfunctions of mortal living. Mortal errors are not held over your heads as if you will require punishment by God, no! you are to understand yourselves so that you can help others, which in turn does enlarge the kingdom and marks a foothold upon the stages in Light and Life.

When you face particular confrontations be not rash in your actions. Know that if you are in observant waiting, you will surely receive understanding regarding associated negativity, and wherefrom it originated; this aids in keeping control over emotional behavior. Be careful of those past attachments that would make you lean toward spiritual poisons. In your times of quiet, be ready to receive understanding of past hurtful events. Have pen in hand and know that Father is as desirous of your good mental health as He is your spiritual.

This week, review your life patterns and how some negative events keep repeating themselves. There is an answer to those things that seem to bind you and keep you from being the person you were meant to be. Have not distress over this particular assignment, no – simply be aware of how you may react in certain instances, for some old behavior pattern may be attached.

This evening our lesson is simple. We will not change the world overnight. The masses will not be enlightened all at once and swept up by the Creator Son and His angels. We are on a personal level, children. We are on a realistic level. You are not to surpass the plan of the Father. No one's desire for grandeur can overcome the basic plan of our Father. As simple as this Teaching Mission may seem, the tasks are much larger than you could conceive. We are committed, however, by any means, to fulfill Michael's plan.

Be not worried with the everyday complaints of a changing world. Know that Father is at hand and is in all you do; the possibilities are immeasurable. You are known, watched over, and indeed, loved. Again, know that all small things lead to something grand. That is all. Know that I am with growing love for you each. Go in peace. Until next week, shalom.

Acts Of Service Rather Than Creating Drama | Let Not Your Good Intentions Subvert Father's Will

Abraham, WOODS CROSS, UTAH 02-09-2004

Back

I am ABRAHAM. Greetings. I am with appreciation for your honesty this evening. How wonderful it is to be with comfort when speaking your true thoughts and feelings. We are entering upon that level of the brotherhood that is more encompassing of all personality types. As we look back over history we find that in those times of discomfort there was a great deal of education. Experience has been shown to be a teacher of the masses.

Environmental happenings, or occurrences that would teach the masses on a grand scale, are always an opening to receive enlightenment. Individuals who experience life together are one another's mentors and students. Together we keep the ship of faith moving in the right direction. Everyone on our ship has a function to perform. Also does everyone receive from those who 'serve for the good of the whole.'

As a mortal, I remember that unless some persistent trauma was occurring, it would seem as if life was meaningless or standing still. I can remember that I myself created much of my life's drama. It wasn't without much adversity that I had been able to be calm enough to receive understanding on real meanings and values.

We can think back to the days of the Master and His followers. His beloved apostles were prone to seek out excitement concerning the kingdom. It was with much effort on the part of our Master to assist these apostles in understanding that the kingdom was with common sense. The Master tried to teach the natural flow of life. There would be no lasting lessons learned if the kingdom should come with miraculous happenings.

Think for a moment how those times of new awareness would have resulted if one of the Master's apostles were in charge. How would one of His mortal allies have introduced the coming kingdom? If Judas had his way, how would life be different today? Had the Master been influenced by the thoughtless concerns of popularity, where would the world be today?

There are well-intentioned goodhearted mortals who strive for the glory of the Father and yet, that animal-side is at times with an irresistible temptation to seek for self-glory. The stages of Light and Life will be ushered in by those who seek for no benefits of any kind for themselves. These individuals know well that Father takes care of His children. He simply asks for your faith and trust in return.

Back to the times of Jesus - there were those mortals that carried on with trust in the Master. From where did this trust come? How did these individuals come to fully believe that the Master and His cause was indeed legitimate? All of Father's children are equipped with this spiritual sensor that aids one in the search for truth. Those that carried onward with the Master's teachings with very little alterations were demonstrating their show of trust in Jesus, the God-man.

Take Eve for example, where was her spiritual sensor that promoted trust in Father's plan? Eve truly thought she was being of help to Father, and yet all the while she knew full well she sought advice from dishonorable sources. 'Eve was not mortal and should have been more likely to receive spiritual guidance' you say, and I agree! and yet I understand that many individuals, every day, overlook that spiritual sensor that determines right and wrong. It all is indeed a part of mortal experience and education. If our spiritual historical figures could have such an erring experience on an experimental mortal planet, then certainly could the average mortal.

I realize that life can seem mundane and monotonous - and certainly within the Teaching Mission there is temptation to create excitement; but I am asking, on behalf of those who watch over us, to simply be about the Father's business. Each time there is temptation to create drama - instead, put your energy toward good works. Find a service project or a cause that you could focus on. In this is there the presence of God. In this is there that feeling of truly belonging to a family of kingdom believers.

In the simplest tasks for your fellows, therein is a closeness to Father you can feel that you won't feel elsewhere. Put your beliefs into action. Do not sit back and declare your good intention to the world; but rather, go out and find some small way to serve. Be not tempted to change or surpass the Father's plan, as did Eve and those early apostles had attempted. History has been a good teacher. Know that you are at the beginning of your careers. There is an endless wonder and glory that

awaits you - allow it to unfold.

No questions this evening. Know that my heart is truly connected to yours. Look for me throughout the week. I always enjoy our fellowship. My love goes with you. Until next time, shalom.

Rise Above Everyday Drama | Those Fulfilled From Within Work For Father's Glory
Abraham, WOODS CROSS GROUP 02-16-2004

Back

I am ABRAHAM. Greetings. This evening we have had a fine mix of material and spiritual - a healthy look at the balance of living the material life on spiritual terms, yes.

For a moment let us drop the concerns of the day, and in our minds take a step to higher ground. Let us go beyond family, chores and finances, and take this step up to a higher plateau. Let us rise above the clouds of serious efforts to the clear air of natural allowing. Here we can feel the sun's warmth upon our face, the breeze in our hair, the grass under our feet. Take a restful breath and simply 'be.' Look about you in this place of rest - there is no past to regret, no future to fret about; there is only the clarity of your being.

Everyday-striving can indeed take a toll on the budding soul that is truly you. Remember to find time to be in this space often, a place without striving, worry, restlessness, and obligation. Find time to feel yourselves rest back into the arms of your loving Father. Have not worry, accept His spiritual restoration, His love, His appreciation of you, the real you.

Last week we discussed possessing a spiritual sensor - that meter which measures your understanding of 'right and wrong.' To personalize this sensor, we could indeed call this our Mystery Monitor, Thought Adjuster, or 'Father within.' Being caught up within the everyday-living drama it is easy to overlook our spiritual sensor, that inner-knowing that gives us brief glimpses of reality. To take time each day to rise above those things that does consume your mind, gives rest and energy to live - and live well.

Keeping clear contact with Father is always an antidote to the illness of an imbalanced ego. Those that are fulfilled from within are less likely to surpass the Father's plans, or believe that their personal plan would speed things along. It would seem in today's society - that those who put forth the most effort to work, indeed have the most and/or 'deserve the most;' and that once you have the most it seems to be understood that now you can work the least. Yes, it seems to always be one extreme to the other.

I can say that the life that seems to be on an even keel, perhaps without so much drama, probably is the most balanced, peaceful, and efficient - meaning that those who are clear and confident in mind are wonderful instruments for the Father's works. Remember the Master - His good works were as He passed by. 'All things in balance' was one of His life's mottos. He ministered 'as He worked.' He was ministered to as He rested. He was nourished by Father and the Earth.

Jesus was extremely busy without creating more everyday drama. He had a historical obligation to fulfill, for He was to become the Sovereign of a universe. He was to accept and drink the bitter cup of mortal life. He was to deal with a people whose hearts were hardened and bound by tradition. In all this, He carried on very simply without the need to be told He was doing a fine job. His job was thankless and yet, this was not the point of His mission. He worked not to gain attention or notoriety from the public.

The Master indeed had an eye single to the glory of His Father in heaven, the rest was of no concern to Him. The material world could crumble and He would still be about the Father's business; there would still be time to pray, work, laugh, fellowship, minister, and receive abundance from the Father who loved Him deeply, and a universe who worked for His sovereignty.

This week, my only instruction is to find rest and continue to exercise the mortal mind to rise above the everyday drama to becoming an instrument for Father, who seeks to lead you into Light and Life. Are there questions?

CALVIN: Abraham, regarding the 'balance of daily living,' you have given us a lot of guidance on that over the years. It is so hard to abruptly change pattern – or at least it is for me; change seems to come so slow. In your life was it slow also? or was it quicker for you to make adjustments and change the old patterns once you knew of a higher way.

ABRAHAM: Oh no, my time was much more slow because we had not had the Master's influence. My mentor (Machiventa) was wonderful and yet, I was still filled with traditions that I was trying to keep loyal to. It would seem the more of man's knowledge you are taught, the more you have to work at freeing yourself from these thoughts and being open to new thoughts – or, being connected to the cosmic mind and the universal circuits. I do see deep and everlasting changes in you, my son. Always with time and experience comes wisdom. One can choose to be beaten down by life's circumstances – or, to use these circumstances as steppingstones toward a better life. I believe you have taken positive steps in growth and integrating your experience into the sum total of the man you are today. I believe you have done well. Carry on. (Calvin: Thank you.) Abraham: You're welcome. Another question?

TECTRA: Abraham, I was listening to a new dimensions radio show last night, and a man on there, a psychiatrist, Dr. Gary Schwartz, claims through some research that he has been doing scientifically, that he can prove the existence of an afterlife; and he was saying how very soon they are going to be able to prove the existence of God, scientifically. Can you comment on how that will influence, or affect life on this planet?

ABRAHAM: I am literally speechless. [laughter.] I did not see that coming. The concept alone, of 'scientific proof that God exists,' is quite flawed. Of course those believers in science should indeed change their tune – but still, there are so many misconceptions of God, really. It is understandable there would be extreme chaos without a divine upholder of all things. Scientific proof that God exists would practically ruin the point of being an agondonter. [laughter.] Take the near-death experience, for example, there are those who have had real spiritual

experiences, yes; and there are those who simply experienced a lack of oxygen. [roaring laughter.] The bottom line would be, that if in these experiences – if you are indeed changed for the better then certainly do they hold value. If you are one who needs scientific proof that God exists then where is the point in learning faith. Wouldn't some simply try to love God for fear of what would happen if they did not? Your question is indeed intriguing and will cause me much thought. [laughter.] Well done, my son. One more question?

HARRISON: Abraham, I hope this is not a useless question, but it has been on my mind about this movie coming out called The Passion of The Christ. It seems to be having some mixed effects on people's emotions. I don't know if it is something worthy of you commenting on or if you just want to ask if someone else has a question.

ABRAHAM: I haven't seen it. [laughter.]

CALVIN: You can get in free. [laughter again.]

ABRAHAM: I do believe we are on the brink of tremendous mindal change. This movie is a drop in the bucket, and believe me, greater things than this will you see – in fact, you each will be assisting in the changes to come. The important thing to remember is that the Master was indeed loving, brotherly, and Fatherly – and wanted for our highest and best good. Hopefully, this movie, and things like it, will spark the best in people. Good question, Harrison.

I have much enjoyed our time this evening. You each are always teaching me new things. I am always tickled to see you; your sparkling personalities come to the surface. My love is ever growing. Until next time, shalom.

Simplify The Material Life And The Drama. Struggle is a Part of Father's Intended Path To Him

Abraham, WOODS CROSS GROUP 02-23-2004

Back

I am ABRAHAM. Greetings. I am so inspired by your faith and willingness to put forth effort to be about our Father's business. Your faith is an energy which makes these transmissions possible. You have faith and confidence that I will return each week – and indeed, I do.

You, our Correcting Time students, are accepting of these lessons in their simplified form and learn what you can therefrom. I appreciate your acceptance and the fact that you receive what is given without condition, or attempt to make change or fit these teachings into a format for ego fulfillment. I am exceedingly grateful. You take our spirituality to a level of practical reality. Well done.

Again I would ask you to cast off the cares of the day. Rise above the family turmoil, employment, politics and community concerns. Take a step higher into that peaceful arena within the mind that allows you to breathe easy. Relax your muscles, feel your heart rate begin to slow, breathe in that peace that only the Father of all fathers can grant you. Here in this place, rest is acceptable, healing is allowed, and Father whispers to you the wisdom of the ages.

Why are we here in the world at this time? What is our sole purpose? What is our Earthly destiny leading to?

I believe many mortals get caught up in the drama of living and tend to overlook the overall purpose of going beyond merely existing, to really living. We are here because at some moment in time we were a thought in the mind of God. The act of love and thought created the actuality, which brought us into being.

Father has worked with most of us our entire lives to get us to really know Him, to understand His role in our existence. He has always loved us, yes. He will always love us and want for our highest good. I cannot claim to know the Father's overall plan and purpose – but I can say, up to this point in my eternal career, I fully trust Father and have some realization of His endless possibilities. Therefore, I crave to do His will; I seek out the right and the good, and desire it with all of my being.

I look back on my personal history and realize Father was always there – not coaxing me heavenward or pushing me to be someone I wasn't, but lovingly guiding me toward Him; I can see that now. As a man on Earth, I was somewhat blinded to those facts; I put first what my eyes could see. My priority was to have good thoughts about who and what I was. The material world was distracting with all its promises of personal grandeur. I was then, and am now, grateful for guidance, and 'slow but sure' enlightenment.

Many mortals every day are with internal pain, mindal pain, regrets – and to compensate for this they do search for relief through the building up of ego; the material world becomes everything to them – their god, so to speak. This temporary self-satisfaction is fleeting and a waste of energy. These are the individuals who seem to be in the middle of all the daily drama.

I thank God for the spiritual path; I thank God for the slow but sure enlightenment; and, I thank God for progression – for these are indeed, soul saving – meaning that when one becomes aware of eternal things, focus is changed and actions are sure to follow.

Mortal life is a struggle at times, yes, but this is the way it is supposed to be on an evolutionary planet such as this – not good or bad, just the way it is. When one can quiet the mind and material distractions, then do you take a step above life's dramas to the clear air for understanding your plan and purpose.

This week, spend time simplifying your material life. Take note of those distractions that would cost you energy. Practice rising above the fog of confusion into the clear air of Father's wisdom. With enough practice, this becomes a way of living. Know that Father knows you are each making your best effort. He longs to serve you. He longs to uplift the world through you, not in grand earth-shattering ways, but in small, simple, lasting ways.

That is all for this evening. Know that I visit each one of you during the week and feel honored to serve you in any way. As always, my love is ever growing for you. Go in peace. Until next week, shalom.

Material Life Of Today Aids In The Eternal Life Ahead

Abraham, WOODS CROSS, UTAH 03-01-2004

Back

I am ABRAHAM. Greetings. I believe your enthusiasm is contagious this evening. I am energized by your presence. I find that life in the flesh today is always answering those questions for tomorrow – for those who work for eternal life.

Let us again take a few moments to align with Father: Again this evening, let us rise above occurrences of the day. Put away your concerns as if they are already resolved. Look back over your life and remember how things have always seemed to work out. No matter how much you had worried or made effort, you have always seemed to come through life circumstances a bit wiser. Rise above your mindal concerns, physical ailments, plans for the future, notions of who you are and who you are to become. Be here with me in this place of serenity. In this place there is simple knowing that Father is here; He is real; He is at hand to guide and comfort. As well, Michael is here; His beautiful combination of magnificence and practicality sets a wonderful example. Also in this place is our Divine Mother; Her grace and power is a tangible presence which enables us to become more. We are with our Kingdom Family. We are with safety and comfort anywhere in the universe. We are with the wisdom of the ages – right here, right within the limitless space of all that is us. Here, we master the self. Here, we have power and self-control. Here, we have the tools to proceed into Light and Life. Here, we aid in the growth of the Supreme Being.

You of Agondonter status are truly blessed. I am anxious with the thoughts of your eternal discoveries. I am indeed honored to be with you on those occasions. Every day we have opportunities to work for the eternal life ahead. Living in a material life is certainly working toward the eternal, yes. To deal with your fellows on a daily basis, successfully, is working toward eternal life and is opening doors for the adventures ahead. Your experience today is the tools for tomorrow. The heartbreak today is the wisdom of tomorrow.

Many who seek a spiritual life often find the material life confusing because it seems not to align for the good they envision. 'I must work to earn my daily bread,' they say, 'and this takes time away from my efforts to expand the Kingdom.' I say – this 'working for daily bread,' is the Kingdom. Those individuals you meet are all opportunities for growth, in one way or another.

Your actual physical handling of materials seems to be monotonous, yes – and yet, the mere skills acquired keeps the material brain active, and this leads to well-balanced thinking. Some repetitive exercises are indeed a break in life's drama. The creative 'building with the hands' opens the door for new thoughts while giving rest to the mind and the tendency to over-dramatize situations.

Being a parent or caregiver, does seem to create a great deal of mindal strain, yes; and yet, this is the very experience that shows us the personality of God. In working with children, we are again taken back to the mind of a child, and the simplicity that gives one freedom to explore, express, and exert personal effort.

Let us review the personal lessons within this very group that has taken us to new arenas of understanding mind, personality, and soul. Imagine the eternal career ahead and the varying personalities, possible conflicts, and growth possibilities. These small challenges of today equip you with skills that will aid you in your eternal adventures ahead.

Agondonter status is an honor and is to be enjoyed and celebrated – it is to live fully within each experiential moment, not to ‘long for better’ or seek escape. Your life today is very important; every single moment is a pearl to add to the strand of eternal existence. I say, enjoy!

For the week ahead, ponder how the material life of today aids in the eternal life ahead. Have not worry. Remember to often rise above the daily drama to confer with your Kingdom Family. That is all.

Know that my affection grows for you each, daily. Go in peace. My love goes with you. Until next time, shalom.

Make Effort To Find Truth, Beauty and Goodness, In Daily Living

Abraham, WOODS CROSS GROUP 03-08-2004

Back

I am ABRAHAM. Greetings. I enjoy these smaller but intimate groups. There appears to be more freedom to show your true selves. Of course, there is more opportunity to delve into deeper subjects because time permits. At any rate, I do enjoy our weekly visits. I am inspired time and time again to see the good that our Father bestows upon us.

Again this week, I ask that you leave behind any and all concerns. Rise above that thinking that seems to antagonize you into action. Rise above that thinking that permits no rest. Step into that space that our eternal Family occupies. Be with me here in mind and body. Be open to our Father’s abundance, Michael’s watchcare and Mother’s comfort.

Here in this region of the world, you have opportunity to experience the passing from one season to the next. As your climate becomes warmer you can literally feel a change in en masse attitude. There is a definite spark in the air that reawakens individuals to newness. You can see the material changes with the budding of flowers, the land taking on newness, birds appearing, yes. The material changes are obvious and with it, the newness of attitude is a real energy you can perceive only with the spiritual eyes.

Reality these days seems to be all a rage in the reactions of mortals – those worldly things perceived as reality seem to be in the forefront of everyone’s mind. Each individual has their personal reality, yes, but also is there a ‘mass reality,’ and those worldly events seem to get people’s attention and yet, make them feel helpless.

You that strive to live a spiritual life embrace truth, and for the most part, wholeheartedly. Reality to you does have a spiritual twist and yet, there does seem

to be some fear that reality may blindside you; therefore, you seem to pursue truth to the point that some of life's goodness is lost or overlooked.

Down through history there have been worldly happenings, there has been progress and there has been evolution – this will always be. The scientists, or intellectuals of the world, seem to want change or improve history, and indeed they make it more complex. The goodness in life is seemingly overlooked and much of mortal focus is on material striving and/or 'survival.'

"It is all I can do to make it through each day with my sanity intact," you say. I believe that with all this new awareness and embracing of reality it is also somewhat a magnet to a more complex way of life.

There are three aspects of the Father that we can strive for: Truth, yes, is one – but also is there beauty and goodness. Without this balance, life becomes all about effort and striving without reaping any harvest. You, my friends, are not made to be so conditioned by the world's circumstances; your environment does not dictate who you really are. You are not subject to live by a given set of rules, no, you have freedom to enjoy abundance.

My friends, you are to have peace and goodness in this mortal experience. Definitely do you need to make yourself aware of the small, simple, good things mortal life has to offer. Goodness, beauty, rest, reversion – these are allowed in this life, not just striving, learning adversity, or progression.

Look back at the Master's life in the flesh. He left the interpretation of all reality to His Father in heaven. He was jovial and yet, He was always about the Father's business. He enjoyed an afternoon playing with children, speaking with friends, working His craft and spending time with His family. His life was not all about His death. His life was simply not just about how He endured all life's adversity. The Master's life was about living – going beyond 'merely existing,' to being fully aware of truth, beauty, and goodness.

Every day is not a self-sacrifice. Every day is not a trade-off, suffering for ease in living. If you make not effort to see the good you are not reaping the benefits from living a balanced life. Joy literally produces chemicals in the body that are healing.

Where is your joy in daily living? How might you be making your daily life more complex – as if to justify its importance? Think about how wonderful it feels to simply bring joy to others.

This week, be at ease and look for the goodness in life. Just as the springtime brings a change in mind and heart, your efforts to find joy in daily living will bring improvement in your ability to live a balanced life.

That is all. Know that my heart is joy-filled each and every time we meet. Go in peace. My love goes with you. Until next week, shalom.

A Balanced Relationship With Father Moves the Whole | All Of Life Is Important

Abraham, WOODS CROSS GROUP

03-15-2004

Back

I am ABRAHAM. Greetings. Once again I am grateful to be among you this evening. Your welcoming hearts and minds make my tasks more enjoyable. I thank you. I sincerely appreciate your varying personalities. Each one of you brings a unique ingredient to that reality we are co-creating.

When I review my existence, I am filled with appreciation, for Father has always been there. Throughout those difficult times when I was closed-off to Him always was the good Father there and yet, not intrusive. I am touched by the fact that I am such a minute part of the universe – and yet, Father leads me to find it a fact that I am His child and always a priority – as are you, my friends.

Many individuals fear isolation or loneliness – and in fact, live their lives according to what they believe will keep those they love in their lives. In other words, they work for self-protection. If every universal citizen understood their place in Father's heart, they would know for certain that they were never, and never will be, alone, abandoned, or isolated.

To have every mortal on this world believe they are a beloved child of God, just as is their fellows, then certainly would that cast us forth into Light and Life. Your role as Teaching Mission ambassadors is one that shows care and concern for all Father's creatures – that all life is important.

Certainly, love is a factor in growth. If you could leave one message to the world, it should be that "we are all indeed blessed, for Father has made this so" – this would certainly dismiss the lines between classes of people; there would be none superior or inferior. With such a message, there would be practically no judgment, for there would be a common understanding between individuals that life is a series of lessons, and that we are each students. No matter how well we do (or not) we are indeed, loved and well watched over by a wonderful Father and an expansive cast of universe caretakers.

Over these years we have made it our priority to understand the Fatherhood of God and brotherhood of man. You, my friends, are beginning to see the importance this has in directing us toward Light and Life. Love is a nutrient which causes growth. Kindness is a producer of healing chemicals. You each are endowed with a spiritual power that can create tremendous change. Our goal is to create change toward the good for the whole.

This week, make effort to have understanding on your definition on the Fatherhood of God and the brotherhood of man. Note how your well-balanced relationship with Father affects your relationship with your fellows. Note that kindness done to one creates healing for the giver and receiver, and also for those who have awareness of the kindness. The small amount of effort you make today to be kind may make a tremendous difference in enlarging our doorway toward Light and Life, not to mention the growth of the Supreme Being.

No questions this evening, perhaps next week. Know that my purpose is to aid you in receiving your own spiritual information. I am no more than a helping hand –

definitely something I love to do. Know that in all my daily activities I think about you each. You have certainly been a wonderful example of kindness and love to me. My love goes with you. Until next week, shalom.

Spiritual Benefits Are Here And Now | Light And Life Can Begin On Individual Basis, Now

Abraham, WOODS CROSS GROUP 03-22-2004

Back

I am ABRAHAM. Greetings. I always gain some insight when I witness your discussions. I thank you. I am always with amazement with each passing year of your time; there is always something new; there are always some issues of right and wrong; there is always evolution.

To look back over my personal history, I have indeed seen a great many changes; and really, this is not a long period of time. I have been witness to the history of devastations to this world in my short time, but I have also seen the growth therefrom. I can rejoice at Father's hand in our personal, as well as collective, evolution. As I reminisce now, so also will you be in my place someday - reviewing your own relationship with history and the good that inevitably comes.

During this time of year, many are made to turn their thoughts toward the resurrection of the Master. The resurrection was about newness. Said Jesus, "I have the power to lay down my life, and I have the power to take it up again."

The risen Master gives all mortals hope, a hope that all of life's striving, is for the good. All the effort you make every day to grow in spirituality takes you to this one moment that pulls your faith from merely hoping, to an actuality.

Is resurrection your reward for a life well lived? No! it is simply a continuation of your universe career. Everyday-living events, lessons learned, love (gained or lost), and experience had - is your reward. Everyday-awareness is a reward in itself. In the mortal life do we each strive so that we may reap the end reward? of course not! We strive minute by minute to make a difference in the here and now. Here and now is our reward. We are indeed a part of the Father's works, right now. We each play a role in the birthing of Light and Life.

It is difficult in the material life to see the 'spiritual' benefit, yes, we understand. Many mortals believe that the spiritual benefit comes at the end of a 'hard life lived well.' I say no! for the benefits are here and now; the growth occurs 'as we speak.' The past was well worth the price you paid to come to the awareness you have today. Who would you be without your experience? You are each unique and separate, and at the same time, all one.

This week, as we ponder the resurrection of our Master let us review the beautiful example He set for all of us. The story does not end with the risen Lord and His morontial appearances, no. The Master was also beginning a new career as well - as our Universe Sovereign. Did His struggles in His seven bestowals earn Him the reward of Universe Sovereign? Is a day gathered with a universal crowd in some celebration more meaningful than a day spent in the hills, as with John Mark? My lesson this evening is kept short to take questions if you wish.

CALVIN: Abraham, I think last week when the visitors were here from St. George (Ruby and Tracey), Tracey wanted to know if there were any words for her as far as starting a group there, or for her being a part of this group?

ABRAHAM: Certainly. Delightful ladies indeed. My daughters, things meaningful take time and patience, to grow. If you would be willing to take on such a task for the Mission, then so be it. I find your sincerity to be a catalyst to your training to receive a Teacher's words and transmit to whoever listens. Feel at peace to take time to practice. I will assist you myself. Have not worry nor fear, for such will cause you to stumble over the gift that is yours should you so desire. Lasting things take time to develop. Therefore, have patience and make time to practice stillness. Your faith will see you through. Your fellowship with one another will maintain balance. You, my daughters, do well. Carry on. Another question?

TECTRA: I have a question about addictions. It seems like addictions are becoming stronger. I wonder why this would be. I'm guessing, as related to this new energy coming into the planet, that if people don't have a spiritual connection, it creates difficult addictions? If you could just comment on addictions?

ABRAHAM: Good question, my son. As the circuits have been renewed and spirituality is becoming more of a reality, individuals are finding out they must look within, at themselves and the lives they live. Many are in fear that to change anything will be too difficult. To stay closer to the animalistic side seems to be easier for them. The meaning that is being drawn from everyday living in today's world is so much more pronounced than before - to understand it does take effort and personal growth. To many individuals this means change, and that is seemingly too difficult. To have escape through alcohol or drugs keeps one from having to deal with the effort needed to find real meaning in life. Chemical addiction seems to be a way to live a life of ease. This, of course, is false. You can escape life's meaning temporarily, yes, but eventually, you will need to have the experiences - there really is no escape. There is joy, however, in any effort taken to understand meanings and values. Unfortunately, many individuals worry about 'how they appear' - and therefore, they conform to societies' recommendations. Society's way of living is much more demanding than is the spiritual life; but there is nowhere near the joy which can be attained by living a life in the Spirit - for therein is this energy, as you mentioned. With this new awareness, many find it disturbing, and seek escape. But I say, many also, through addiction, come to find Father and a life of a 'new and better way.' All experience is worthwhile, even for those who seem to be bound by addiction. Have not fear or hopelessness, for there are a great many resources to be had to assist. One can bring healing, and enlightenment to others as well, if one should so choose to accept healing for one's self. Have not fear. Good question, my son. Another question?

HARRISON: Abraham, my question is not just for myself, but perhaps for others that are experiencing physical pain. I was looking for some words that you might offer that would help me with my thoughts and actions, and which might be pleasing to the Father in dealing with the pain?

ABRAHAM: There is always value to be had by experience - even the experience of

physical pain. When one is feeling fit, then one can be about his daily business. Those who know this physical pain and are unable to do even menial tasks, know the thoughts that on better days they will indeed appreciate feeling better. The human body is indeed magnificent in its overall design. The mind however, is a mystery. The brain does have its central nervous system which carries messages – to, and from, all parts of the body. You cannot separate the mind from the body. The mind, however, is important to the healing. It is the brain that releases those chemicals needed to promote physical health. My son, Harrison, you are exhausting your human resources with this issue, and gaining mindal strength as the body ages, yes. However, it is not sinful to seek out medical attention. Father works with science, as He works with anything else. You will know when it is time to move in a different path, to seek relief. I might add – you are very emotionally involved with your place of employment. Your tendency to bring this employment on as a part of your overall identity is not helping your physical body. The long hours are not helping either. Balance, my son. Get to the bottom of those issues which cause you concern, which drives you to cling emotionally to your job. What are those issues? Have time for journaling. I will be there to assist you. You do well, Harrison, have not worry. All things in balance, yes. One more question?

AZSURAY: We had a discussion in our study group Thursday. Since then, I have been trying to find the answer in the Urantia Book but, when do we get our personality?

ABRAHAM: Personality is indeed a gift, and is assigned to each individual at the time of birth. Of course time and experience add characteristics, and the personality begins to take shape around the age of two. With the coming of the Thought Adjuster, the personality is stabilized, and of course is a fertile ground for new growth of traits and characteristics. Is this what you are asking? (Azzuray: Yes, and thank you so much.) Abraham: You are welcome. Again, this is my understanding. Always is there room to expand on my understanding.

With that, I shall take my leave. Know that with each passing week I feel our bond grow stronger. You are my friends. I love you. Until next time, shalom.

Do Not Let Small Annoyances Interfere with Divine Communication | Aid From Our Divine Caretakers

Abraham & Emulan, WOODS CROSS GROUP 03-29-2004

Back

I am ABRAHAM. Greetings. I am enjoying your freedom of discussion. You must admit there are not many places in this world to have such freedom. I am honored to be a part of you and your group.

Let us take a moment to rise above that busyness of mind. Allow the stress of the day to roll away. Come into our place of family. Feel the presence of our First Source and Center, our Brother/Father Michael and our Mother. Be here with me in this comfort and safety. In this place we believe all things are possible; healing on any level is possible. Relief of worry and fear is here right now in this place.

It is permissible and highly recommended to simply be. Have not thought about yesterday, today, or tomorrow. Take in that nourishment your Divine Family provides for you. Each day I live I become more and more grateful that I am tended to in all

ways. Even in my times of struggle, I am never made to suffer alone. My knowledge is always building. My experience is always teaching. I am with fullness of heart to have the realization that Father is always with me.

As the world prepares for newness, they are finding Father in all aspects of living. The mortal and divine worlds are becoming more integrated and actualized. The awareness now is a living energy. Many know not how they know – they just do. This evening's lesson will be given by your friend, and mine, Emulan.

EMULAN: Greetings, children, it has been a while since we have had the pleasure of spending time together. Whereas you are bringing the 'Fatherhood of God and the brotherhood of man' into your lives as an everyday reality, we will have discussion on the Father's works. I realize this scenario may seem simple, but bear with me.

A child who is reprimanded for committing some dangerous act goes through many emotions, and realizes not the benefit a parent has to offer. You can tell a child the dangers of a hot stove, for example, and yet, he is not fully aware because he has not had the experience of being burned. The mystery of the stove does somehow call out to the child's sense of adventure, and the child is still not taking precautions because he knows not the complete outcome.

The Father is the good Parent, and though you may not hear Him with your human ears or see Him face to face, He still takes opportunities to show you certain outcomes, which would either be harmful or beneficial. This is becoming more of a reality every day.

You are perhaps annoyed with a traffic ticket one day, and this moves awareness to the forefront of your mind that 'rules apply' in society, and if they are not followed there will be consequences; therefore, you simply control your speed in the automobile. Sure enough, this awareness has created in you a new caution, and your exertion of self-control aids in your averting an accident.

I am saying, what appears to be negative could very well be a message from Father. Those small annoyances of today bring your awareness to a place of caution or observance. Life is most enjoyed when there is balance. Father would have us live life on an even keel if He could. There would not be the stressful rollercoaster ride if He had His way. Too much drama leads to too much stress, which bogs down the mind and awareness sensory. Certainly there is no peace or rest in imbalance.

Be observant of those small occurrences that may perhaps be a message from the Universe Caretakers who are attempting to make you aware of a new and better way. For example, on the very day the child may reach the stove and become seriously injured, he instead has a smaller harmful occurrence which pulls the parent's awareness to future possibilities for teaching, and therefore, having power or ability to change outcomes.

The Father speaks to you. The universe gives you messages. The spiritual energy of this planet is very much alive and attempting to communicate with you every moment of the day. Father does have plans for you each to fulfill – and certainly, He would see to your health and well-being if you will allow it. This, my friends, does

require your awareness and effort. This is a wonderful gift. This new 'communicating energy' is a blessing you should have had all along.

Balance, patience, and awareness are indeed the keys to understanding how Father relates with you. I am not simply droning on about mysticism or sign-seeking, no - I am explaining your God-given gift. In my earlier mortal life I had plenty of opportunities to receive this universal or 'God-communication,' but I was too bogged down in mind with my mortal responsibilities. I learned, however, that even though there are accidents of time, the Father does indeed bring you awareness so that you may endure any and all things.

Most everyone knows of my tragic loss in my mortal life. As I look back now, I do not believe that it was my wife and child's "time to go," no! I believe it was truly an accident. And yet I can see now that Father, in all His mercy, had attempted to give me some preparation for the terrible things that were to come. While Father and His universe associates know much about our future, they still have not control over our freewill, and they rely upon our willingness to be spirit led.

This week, look for messages from Father. Be aware of those inconvenient things that may have an underlying message. No, do not be paranoid or overly cautious, but as the child's attention is drawn to the mystery of the stove, allow yourselves to look at this week's experiment as a spirit adventure, knowing how to use this universal energy that communicates directly with you.

As always, it is my pleasure to be included as one of you. I return you to Abraham. Farewell.

I am ABRAHAM. Thank you, to our brother and friend who has delivered us this evening a message of great value. I am always in appreciation of his assistance and differing insight. As they say, two heads are better than one.

This week I am also expecting you to find time to rise above the busyness in mind, to be with our universal Family. Have moments of no concern, worry, or fear whatsoever. Make your best effort to find time to rest and simply be. Your responsibilities will always wait for you. Be joyful, children. Know that I am ever growing more in love with you each. That is all. Until next time, shalom.

Spend Those Few Moments With Father Every Day

Abraham, WOODS CROSS GROUP 04-05-2004

Back

I am ABRAHAM. Greetings. I find it an honor to be among you this evening. You can see your ministry at work. Your willingness to share personal issues and offer solutions is a great help to all of you who attend. I also learn and am revived in spirit when I am witness to your discussions. Well done! As most of you know, our lesson plans are designed to be flexible and are always subject to change. I give where I see a need.

Children, there is really nothing so pressing that you cannot afford to spend a few moments with Father. This applies to any given moment. Right now, with me, take a step higher in mind:

[Short pause.]

In this space there is rest right now. No one is demanding anything from you. There are no deadlines, pressing issues, or anything that can't wait. This is your priority, children; this is for you. In this moment, we receive. We receive the ministry of a caring universe; the unconditional love from our Father; the attention of a doting older Brother; the graciousness from an adoring Mother. In this moment here and now we are receptive; we receive that life-giving abundance that only Father can give.

My friends, what is so important that you cannot find time every day to reach this place in your mind! Mortal life is struggle, yes, but it is not meant to be miserable. Father knows your every need and oversees your well-being every moment of every day. There is nothing to fear or worry over.

You that would live a spiritual life must practice a spiritual life. You cannot just 'be about your business' and expect peace and comfort from a loving universe; it is simply not in your reception without a break for Father. The Master, however, was always about the Father's business – and indeed, all aspects of His mortal life were looked-after.

Does this mean Jesus lived a life of ease? No. He was, however, working at optimum spiritual power within the mortal life. He worried less, therefore He thought with more intelligence. He trusted Father more, and His emotions were in balance. He did do those things He knew He was supposed to do: He rested, nourished the human body, prayed, trusted in the Father; and therefore, His life's results were differing from those who had neglected the body, mind, and who only had trust in self.

You speak of weakness in 'will-power' of doing Father's will – this should be of no concern, for your power comes from a different source than self. To receive the most out of life's abundance, there is a need to hold fast to spiritual laws. To receive comfort and peace, there is a need to have faith in something more than yourself. What you put forth in life is the exact proportion you will receive out of life.

This week, tend to your spiritual priorities; exercise the soul; tame the 'emotional mind.' Find a few minutes every day to rise above that 'animal mind.' You have spiritual power directly tied-into the material brain. Worry, stress, and fear are enemies to this gift. We are learning to bring forth the most from what we have. What you know right now is only the tip of the iceberg.

This evening's lesson will be kept short so that you may have time to prepare for the week ahead. Know that every day you are in my thoughts. I am with the concern of a father for you each. My love is ever growing. Until next week, shalom.

The Master's Perfect Example of Yielding to Father's Will is a Map For Us to Follow
Abraham, WOODS CROSS GROUP 04-12-2004

Back

I am ABRAHAM. Greetings. What a wonderful spirit we have here this evening. Your outlook and attitude make this an open arena for our communications. You cannot see me, nor do you have any proof that I exist; and yet, you welcome me each week

without fail. I am with gratitude for your faithfulness, and am inspired by your durability.

Mortal life does indeed take its toll on the spirit. You that intend to move forward at any cost of the ego, exhibit a grace that is inspirational to us all. Again here in this meeting, we take a moment to rise above our daily occurrences above our discomforts, worries, and fears. We are safe here at home with our family. Here we make discoveries, find solutions, increase energy, and build upon our faith.

I am feeling the excitement of a shift in the en masse mind. I am able to see the Master's hands at work. The world's inhabitants are hungry for new thought, new direction – simply, something new. I am overjoyed at the influence of our Correcting Time. I am energized at the good that has been produced so far. I need not see results to continue the work, but even I must admit it causes me to rejoice, to be grateful for Father and His well-orchestrated plan and purpose.

Your experience as Mission participants and faithful followers of the Master has made you a wonderful coach for those who are seeking a new and better way. Your willingness to make the most out of humbling experiences puts you in a place to be an awesome example. Every day it would seem there are tests to becoming an expert at perfecting humility. Let me assure you that all experience is used to its fullest to aid you in stepping closer to our Father.

In keeping with the subject of the season, I should like to discuss the Master and His life. Over these many years, you have gained insight into the personality of the Master. His Spirit of Truth keeps us ever reaching and growing. In our attempt to walk a closer walk with Him, our vision of the Master continuously unfolds.

As our experience changes, as our maturity levels increase, also does our vision of the Master evolve; our experience of the Spirit of Truth becomes more real and interactive. Is it He who changes? Of course not! Our vision of Him is always increasing with our willingness to follow Him.

We have discussed the Master's willingness to drink the cup of mortal life, come what may. He was indeed, a super-personality, yes, but remember it was His 'mortal example' that we could all relate to. With each experience, good and bad, the Master was more and more prepared to complete His earthly destiny; with each minute of living faith, He was more and more changed into the individual who would forever change history.

Said the Master: "Why do you call me good, it is the Father in heaven who is good." – and he meant that with all His mind and soul. The Master was wonderful in His own right, granted; and yet, His willingness to be Father-led was a map for Him to follow to have the ability to do the great things He had done. Knowing Father as you do, can you not see these personality traits in the Master and the exemplary life He lived on Urantia?

Willingness to listen, to have not worry about self and to be mindful of the work ahead, also leads to your personal evolution, and lays out a map for you to follow to fulfill your earthly destiny.

As a mortal, you are drawn to the Master because He was also part mortal. He lived your experiences and had faced the very worst that mortal life had to offer. His willingness to have faith – that Father always had something in the works that was adding to His map of earthly destiny, kept Him moving along with great faith.

We go back in time to Gethsemane when the Master had laid prostrate on the ground with the burden of the world upon His back. He knew the bitter cup that had awaited Him; and did indeed have struggle between the mortal and the divine, yes. His mortal side sought comfort from His dozing brethren. His mortal side sought other avenues of escape. His mortal side sought comfort and clarity in what seemed to be uncontrollable circumstances soon to follow. Jesus' divine side, as always, sought His Father's will.

Yes, throughout the Master's life He was made to wait patiently upon the will of Father; He was made to struggle against escape, and embrace His divine side, no matter what. In these moments He did find mindal reconciliation with the divine side. He did find comfort and ministry. He did find strength to carry on.

But the strength that filled this God-man was not just from this one moment in time, no! it was from a lifetime of exercising faith and following that map which Father had laid before Him: a lifetime of working through discomfort; having mindal reconciliation; finding humor in all things; ministering to others; raising a family of younger siblings; carpentry work; teaching; fishing.

Yes, the Master definitely experienced adversity and blessings. And it was these experiences which enabled Him to drink the bitter cup – with grace and perfect balance in all aspects. It was the Master's will that the 'Father's will be done;' and from that, He attained the strength of a universe. Our older Brother was indeed, and still is, an inspiration for us to live by.

This week, look back at your earthly map and what directions it has led you to bring you this far, and ponder where you may be going. How was the Master a light upon your path? What is it about Him that is most inspirational to you?

Children, this week be at peace. Have not concern. Be about the Father's business. My love goes with you. Until next week, shalom.

Seek Divine Strength to Persevere And Overcome Weakness

Abraham, WOODS CROSS GROUP 04-19-2004

Back

I am ABRAHAM. Greetings. This meeting-time with you does me so much good in mind and spirit. Many times I am made to remember that my purpose is not solely about working; I love my work and yet, meeting with you reminds me that there is so much more. For many of you, this small allotment of time (our meeting here) is the only time you can really generate this spiritual refreshment.

Various religious institutions provide 'services' for their members that, for the most part, uplifts the spirit. While our Mission is informal, this meeting is your time to unify, fellowship, find balance, engage in reasoning, finding solutions, and

share in faith. Informally-speaking, this is your church and I thank you for having me. Believe me when I say I am learning right along with you. You have been a wonderful teacher to me. I am with comfort to be among you just as I am.

Again this week, as we allow our concerns to go by the wayside, let us take a step higher in mind to that place of peace. [pause]: Here, we are whole. Here, we are accepted and adored for exactly what we are. This place is a moment's rest from striving or being bogged down with duties, from being entrapped by miscellaneous concerns. Here, we are 'what we are' - and that is, indeed, good. [a minute of pause.]

Over these many years, we have discussed spirituality in conjunction with human behavior, and tonight will be no different - I am apt to give where I can see there is a need.

Last week we spoke a bit on the Master's life, and the strength He gathered over time to become a perfected mortal. In this day and age, impatience is rampant; and to have everything immediately is looked at as common. I say, to have everything should include 'being accepting of the evolving self.' Human weakness is abhorred in this society, and great efforts are made to hide them. It would appear that when weaknesses are viewed by others, they (weaknesses) are confirmed and seemingly here to stay. Many view their real selves riddled with weakness and make great effort to be anything but themselves.

What I love about the Master's example here on Earth was the fact that He was always genuine, always Himself. Yes, this divine example for humanity was always in tune with the Spirit - and therefore, an authentic extension of the Father in heaven. If He had lived His life the way 'others' had expected, where would the world be now?

The Master's loved ones wanted Him to fulfill their greatest expectations and to perform miracles. His loved ones viewed His forthcoming greatness as their greatness, or ego-satisfaction by association. Some of the Master's comrades even desired that He take the kingdom by force. Everybody wants to be on a winning team.

The so-called educated--those wealthy and/or who consider themselves 'most holy' in the land--wanted the Master to disappear altogether. His presence made their self-perception crumble with truth. In His life of genuine goodness, the seemingly holy men of that day recognized their life to be selfish and fake. Did the Master have physical pain? yes! Did He have emotional pain? of course! Did He have love and even hurt for those who rejected Him? yes!

The Master could have very well followed popular opinion; He could have chosen to live by man's rules and not universal law. It is possible, yes, that His life could have been a bit more easy, and certainly could it have been extended. The Master, however, had an eye single to the glory of His Father in heaven. He had a purpose! and there was no one, or thing, or any amount of seemingly Earthly greatness that could take Him from it. His purpose to reveal Father to 'us,' and us 'to the Father,' kept Him selfless - it kept Him focused on the task at hand. All other things were kept by the wayside and subject to His highest divine purpose.

The Master's relationship with His internal Father was the key in strengthening Him to be about Father's business. His everyday practice of spending time with Father strengthened Him a little more each day to go forth with the Father's plan. Had He not had this excellent relationship with Father, maybe He would not have had such strength. You can see how He did make effort to relate more with Father, and then deal with His mortal counterparts thereafter; the Father was always first.

Of course the Master understood weakness. He understood that life's experience is indeed a strengthening for those tasks Father has planned. The Master well understood whom He served. This was His strength – to be about the everyday mundane tasks that were beset before him, knowing full well they were tasks from Father.

Many mortals striving in today's world find their personal weaknesses to be overpowering; and when they fall short, they forget to connect with Father and have a difficult time recovering. To make effort to do good, is a boost in moving forward. To slip in a sinful direction, is indeed a tearing-down of self-esteem for anyone who has a well-balanced conscience, yes.

To do good is to feel good; it is to be in tune with the Spirit. To knowingly, or perhaps even unknowingly, go forward in a negative direction is to feel sorely discouraged. It is to feel desolate and perhaps even abandoned; and certainly, this is an embellished perception of a guilt-ridden mind.

In mortal life there will always be some weaknesses, some places where you will fall short – yes, this will happen. You will make effort of course, in the direction of self-mastery; and many times you may find it unattainable. Do not be so harsh with your budding soul, your evolving self. We are each in a state of becoming, and patience is required to see it through.

This week, do as the Master did in strengthening Himself to handle everyday tasks. Spend time with the Father. Rise to that higher place in the mind. Find a moment every day to ponder 'in whom do you serve?' When moments of weakness arise, think not to tear yourself down immediately; no! dissect the weakness and find its origin; and, the lesson to be learned therefrom. Know that in some way the mortal cries out for comfort from Father, our Source of all that is.

That is all. Know that I am with growing affection for you, my friends. Go in peace. Until next time, shalom.

[Cannot find a lesson for the next week (4/26/2004).]

Trust Father To Orchestrate Those Small Steps To Overcoming Weakness

Abraham, WOODS CROSS GROUP 05-03-2004

Back

I am ABRAHAM. Greetings. How wonderful it is to gather with like minds. How blessed are we to have one another. The gathering of our intentions gives us a clear line of communication. I enjoy your stories of hard reality and the lessons learned therefrom. I can definitely relate with your experiences.

We last left off on the topic of weakness. Many individuals spend so much time and energy focusing on how they would desire to be free from their weaknesses. Many

people perceive an unpleasant trait within themselves, and even though they dislike it they cannot help but act it out. Much of today's society focuses upon some environmental, political, educational, or cultural ill, and seems to overlook solutions because their emotions are tied up in the injustice.

When you desire something, you focus on taking those steps that bring you closer to your goal. Most of us know that goals take many small steps; one or two large steps or shortcuts just won't do. It is the same with personal weakness – that you much of the time must take several small steps to have understanding, to attain the spiritual tools, and overcome the weakness.

Many are bound by guilt and poor self-confidence, and that keeps them focusing on the problem and overlooking the small steps toward solution. To focus on a weakness (or some problem) is often to be emotionally attached to it, which can stir spirit poisons.

The Master's key to balanced living was to keep an eye single to the glory of God. That was His focus. That is what kept His emotions in balance while His intellect had opportunity to consider broadened horizons. The 'spirit poisons' entangle the mind, while the 'fruits of the spirit' set it free.

Many individuals are overwhelmed by life's complexities and stir-up within their mind several ways to be free. They can make plans, journal, talk to others – do anything and everything but actually take steps to overcoming the complexities. The Master, in His balanced state and excellent communion with His Father, simply had knowledge 'internally' of what to do to reach solutions.

You also have this opportunity to have excellent focus on Father while the emotions are kept in balance; Spirit poisons are decreased while the intellect is free to receive divine information. Do not just speak on how to solve an issue or weakness; do not make elaborate plans – simply go forth in those small steps. Many are impatient to see results and complain every day about their plight; and yet, they have not made effort toward their actual desired goal.

Emotions always find some way to uphold the ego. Emotions serve the mortal-self, while the intellect connects with a higher mind. I do not mean to sound without compassion – but certainly, I mean to speak about self-mastery and intelligence. Those who desire to have great control are seriously frustrated, and you can see this in their emotional state – they wield their emotions as a sword of control. Really, this is nothing more than childishness.

Those who remain flexible are always in a state of readiness and acceptance. Their minds are open to divine information; their emotions are not busy serving the ego. Yes, their minds are busy connecting with spirit and ways to find new and better solutions.

This week, make effort to focus on Father and His influence in your every moment of living. Worry not about how you will live, for the Father has taken care of all living things. The birds worry not about how they will eat or wherefore to lay their heads, the Father has seen to every detail and they only have to focus on being a

bird. How much more are you than the birds?

For this time ahead focus not on weaknesses and actual problems. Do not be drawn to the negative emotional 'ego-driven self,' but look toward the God-led solution – the 'seeking divine-self.' That is all. Know that every day you are in my mind and I cherish each moment spent with you. Until next time, shalom.

Learn Love, Intelligently, As Our Universe Mother Loves

Abraham, WOODS CROSS GROUP 05-10-2004

Back

I am ABRAHAM. Greetings. I so enjoy your discussions of love and logic. Your outreach to one another is quite touching. Your willingness to accept me literally gives me renewed energy and a refreshed soul. I know the many events that have taken place in your world as of late, and many minds are busy with a confused energy. One event that has just passed (Mothers Day), I thought it appropriate to take a moment this evening to honor our Mother.

Mother, we know your work is without end and your love is a fuel to live on. We realize that your presence gives balance to Father's overall plan and purpose. We, your children, wanted to take a moment to give to you our gratitude. (Moment of silence and contemplation.)

My friends, we can envision Mother as the embodiment of grace and affection, but She is also pure intelligence. Mother's ability to organize is flawless. She never tires, for Her love for Her many children keeps Her driven to fulfill Her purpose. Mother does not sit back and take orders, no, She is a part of the planning; interactive in the formation of ideas, and innovative in making newness work.

Mother is superior in Her patience to take those small steps that lead toward the greater good. How blessed are we that we have Her in our lives. When we ponder the expansion of the superuniverses, the individuals who inhabit these universes and the grand organization, it just becomes so complete knowing our Mother's personality and perfect planning is indeed a part, down to the smallest detail.

Behold our celestial family – how complete, how well-rounded and powerful. Mother, and Her adjutant mind-spirits, work directly with each individual's intellect. The more open you are to the divine, the more She/they can communicate with you. Our relationship with Mother does bring balance to the emotions through Her ability to love and give, but not be controlled or subordinate to individuals or internal feelings.

Allow me to explain: Many here who live an average life find love to be their greatest treasure. Some, who may be imbalanced in trying to maintain this love, find themselves in fear of losing this love. An earthly mother, for example, could love a child so much that she is overprotective and will not let the child experience the world; therefore, being disabling to the child.

Mother's love is quite intelligent in the fact that She has the utmost trust in Father's plan. She knows, as does any divine believer, that love never dies; it can be transformed, yes, but Father's plan is always working toward an ultimate good.

Mother has not fear of losing Her children for She knows of that ultimate good.

You, my earthly fellows, have to use your agondonter status as a stepping stone toward finding that balance of pure love and the emotion of love. Love should not bring fear. Faith should create a foundation in which you can build an understanding of love. Love is not selfish wherein it creates a threat of loss, no!

As you have been with me over these many years you have learned of an expanded family. 'Biological relatives' means not what it used to, for you are finding your family to include even individuals you do not know. The 'kingdom' is your family. Father and Mother are there for you, as is your elder Brother and the network of celestial assistants. You are finding that you can have love for even strangers. Your belief in the fact that all are children of God is indeed expanding your idea of family.

Many in the world keep distant from individuals for they feel that would be safe, for to love others would possibly lead to disappointment or heartbreak. This is where our Mother's love comes in. Her love is intelligent and unconditional. She does not say: "I will love you if you do this or that," no! She loves you because you are. Intelligent love allows for Father's influence into your 'come what may' - meaning that whatever life circumstances bring, you are willing to be flexible and have faith and trust - that all is working toward an ultimate good.

There are individuals you meet that seem not lovable, and this need not become a burdensome goal in your life to love them, no. Think of Mother and Her way of intelligence. Unlovable individuals are first, a child of God - they are learning just as you are learning; they have pain, fear, and difficulties with the ego. Mother knows these things about Her children and loves the soul that is in a state of 'becoming.'

Mother is with ease and total assurance - that no matter what occurs with Her loved ones, that in Father's plan and purpose all is working toward an ultimate good; not a haphazard career of constant pain, no! but working for the good. As we think of Mother's intelligent love, could we imagine it mixed with the products of the ego such as jealousy, possessiveness, conditions, or fear? of course not!

This week, allow yourselves sometime to spend with Mother and learn the various aspects of Her awesome personality. Think about how you love - is it in any way harmful or disabling, conditional, or possessive? Is it even existent in your daily interactions? Perhaps fear would have you keep your distance from people. Remember, this fear pattern does keep you from experiencing your full mortal life. Know that love and goodness are not to be suspicious of, but savored and enjoyed - not to mention, shared. That is all.

Know that when I say I am with ever-growing love for you each I sincerely mean it with all that I am and all that I will ever be. Go in peace. Until next time, shalom.

Mother And Her Garden | Some Plants Grow Effortlessly, Some Struggle
Abraham, WOODS CROSS GROUP 05-17-2004

Back

I am ABRAHAM. Greetings. I am always intrigued with your ever-forming ideas and discussions. Your thoughts and words make me reach for ways to further open my mind. This evening I would like to revisit the topic of our beloved Mother. I am reminded of a lesson that was given to me not too long ago on how Mother is the ever-vigilant Gardener.

Mother is very aware of all that occurs in Her garden. She sees to the new growth as well as assists in the pruning. Mother has love for the overall garden as well as each individual. The garden as we know it does seem to hold some cruelty, some danger. While some things struggle to grow, other things seem to take no effort at all.

Some in the garden feel unattended to, or overshadowed by more important growth. Some feel they blend into the foliage and appear not to be important in any way, especially to the overall growth of the garden.

While Mother is attentive to the garden, She has no favorites and can only give what will be received. Many in our garden have not the courage to rise up and be an integral part of the whole. They may view the garden as mundane, always the same, and their environment holds little happiness. Their environment is limited to what they can see right around them. They make not effort to bloom where they are planted.

There are those in the garden that have had a taste of the 'living water' and the sun's light (Son's light); these are in the knowledge that the sun shines equally over the whole garden, and the living water is available for all who would partake. There are those problem areas of the garden, however, where there are dark places and there is confusion. Know that your divine caretakers are in full knowledge of this, and their intelligent love allows for natural evolution and correction. These seemingly barren areas of the garden are just as tended-to as are those areas in full bloom.

Your vision of where you are can indeed be broadened by your acceptance of the 'living water' and the 'Son light.' To some point, your environment is what you have made it; your perception of it is a gauge for your overall satisfaction and happiness. Do you feel like just some part of the whole who blends into the background? or do you perceive yourself to be alive with individual possibilities - as well as possibilities of the whole.

While Mother and Michael do what they can for the overall health of the garden, it is really up to each individual living being to accept their ministry. The garden is not all about 'appearance,' - however, beauty does come with truth and goodness. It is up to each one of us to bring about truth, beauty, and goodness in our own lives so we can add to the whole, so we can bring about healing, so we can foster growth in evolution.

Our lesson is kept short for an unforeseen technical difficulty in this transmission. Have not worry. This week keep your eyes open; allow Father to broaden your view of the garden; partake of the Living Water and the Son's Light. Know that

I am always available to you each. I am honored to be a growing part of this Living Garden. My love goes with you. Until next time, shalom.

John Mark And The Basket | An Example Of Love For The Master

Abraham, WOODS CROSS, UTAH 05-24-2004

Back

I am ABRAHAM. Greetings. I am so honored you continue to invite me back, week after week. Many of our lessons may seem to be monotonous but you never fail to make me feel welcome. Your trust has made me put forth more effort. Your kindness has made me more kind. Your love has made me more loving. Your continuing faith has made me more faithful. I very much enjoy this area of the garden.

You each by now must have some idea of your personal ministry within the Correcting Time. Your willingness and efforts made to live a life of faith does change the world; it does bring progress to the Correcting Time. The many of you that have stayed the course, even during those difficult periods, have built our foundation that will bring slow and steady progress.

If you can think for a moment about the short time that we have been involved in this Mission's undertaking, you would be amazed at the increase in spiritual and intellectual growth. You, as individuals and as a whole, have had your share of faith-challenges. There have been personal conflicts as well as personality clashes - yet you are still here, steady and strong.

I am reminded of the story of that day the Master and John Mark spent in the hills. You are like that persuasive boy who will not let go of the basket. To be with Jesus was John Mark's supreme desire, and the Master would not say no to that. John Mark simply enjoyed being with the positive personality of the Master. Jesus was then, and still is, easy to be around - dutiful in His work and still balanced to enjoy the fruits of living.

Had all the apostles wanted to be with the Master in this same pure way that John Mark had, surely would it have been granted. Perhaps some apostles would have sincerely just enjoyed Jesus' company; but also, some would have wanted to be with Him so as to not miss out on any new happenings. But John Mark just wanted to be near the Master. He wanted not advice, or skills for living, nor keys to the kingdom - no, he simply wanted to be in that loving presence.

This story does also tell me that of all the worldly occurrences that Jesus could have been involved in, He chose to spend the day with this wide-eyed adventurous youth. Certainly could Jesus have instead gone about to make serious impact on the world - putting forth more time into miraculous happenings, or perhaps He could have affected the masses with yet another sermon.

To understand the personality of our Creator Son is to look upon His choices. Where did He do the most good? Did He receive as much as He gave? Did He enjoy His ministry? Did He do His works for personal glory or popular opinion? Why did Jesus stay the course?

This week my friends, I would ask you to find time to spend a few pure moments with the Master. Allow yourselves to be enveloped in His easy-going personality. Allow

yourselves to be energized by His faithful example. Continue to hold fast to the basket. Our lesson is short to allow time for questions.

HARRISON: Abraham, Carol and I would like to have guidance relative to working with or understanding her father and his ministry he has undertaken in his religion, and our involvement in that ministry. Do I need to explain any more? [Editor's note: Carol's father is of one of the fundamentalist sects of Mormonism which believe in the plural wives doctrine, etc.]

ABRAHAM: I have a question. Do you believe he believes he is correct in his actions? (Carol: Yes.) Abraham: You cannot change nor stop him, but you can be the loving people that you have always been, and that will be your best ministry to him. He is strong in his beliefs. Many in the world are exactly like that and the best that you can do is to be about the Father's business to the best of your own ability. You cannot "throw your pearls before swine;" but your loving offering of personal understanding and wisdom to him, and those that know him, will be of more assistance than you know. He knows you both are correct in your understanding of him. He is going to have as much power as people allow him to have. Those that support him give him power and desire to carry on with what he believes in. Your living example of faith is eye-opening to him and to the family at large. You must not feel offended for he is within his right to live as he pleases - and he does. You also are within your full right to lovingly speak your mind and move about Father's will as you see fit. Ponder over your understanding of family; certainly it goes beyond bloodline. You each do well. Have not worry. Continue upon the path you have chosen. Another question?

CALVIN: Abraham, in conjunction with the lessons the last few weeks about letting the evolution evolve with the experience of getting closer to our Mother, and now the Master - per the story of John Mark; it seems to me it is such a slow growth toward them. Is that the way it is intended to be? Is there a faster path we should be taking? Does that make sense?

ABRAHAM: Understood. It is like the example of our Correcting Time - this has been such a short time - and you each, personally, cannot see the great strides in growth the world as a whole has made. There are certain rules of criteria you can follow to speed things along in personal growth, yes, but definitely, that is not our goal here. Just as it is with our Correcting Time, our growth is to be slow, but sure. Anything lasting needs time to take root and become part of reality. It is difficult to build upon a faulty foundation. Much of the time we have to chip away at the old foundation to make ready for the new. Certainly this is the purpose - to experience in an ongoing spiritual career. Brother Ham had given us some very simple advice in the beginning about taking time for stillness practice. This is certainly helpful in freeing the mind - to free it of its material storage, to the broadening of a spiritual horizon. Almost on a daily basis we must account for those things we put up as priorities. Where your treasures are, there, will also be your heart - yes, that which is most important? Good question Calvin.

CALVIN: So with the story of John Mark, you say it was his most important priority to be with the Master. I believe you are saying then, with the apostles - they had other concerns that took precedence?

ABRAHAM: Absolutely. Correct. You are in understanding. Some of the apostles had not pure intentions as did the boy. This is understandable and not judged, but their intentions were, for the most part, ego-based – where John Mark had simple and pure love for the Master; he just wanted to be near the Him, he wanted nothing else. You are correct in your understanding. Well done.

If there are no more questions, I will take my leave. It has been a wonderful evening for me to spend time in discussion with you. I would enjoy more time in this type of communication, yes. Know that my love is growing always for you each. Go in peace. Until next time, shalom.

Create In Me A Clean Heart. Restore Me To The Joy of My Salvation

Abraham, WOODS CROSS GROUP 05-31-2004

Back

I am ABRAHAM. Greetings. The discussion of your ideas always creates expansion in mind and spirit. I am honored to be included in your thoughts and ideas. Many times I have great desire to sit with you each, face to face, and have open discussion – but there will be time for that later; now we have this method of communication, and indeed it works.

“Create a clean heart within me, O God.” This was indeed a historical prayer; words that worked then, and still does today. As you each mature in mind and spirit, you have true compassion for your fellows. You know the struggles of human existence and can relate to all that applies thereto.

Over these many years you have attempted to be true to the spiritual path. You know that the ego will always demand to be out in front. Again we pray, Create in me a clean heart, O God. Renew my spirit. Restore to me the joy of my salvation.

Those of you that have experienced being ‘born of the spirit’ understand that beginning stage of elation. The sheer discovery of ‘God being real’ brings you forth from your material body to embracing those things which are unseen. In the beginning of your spiritual journey, you are seemingly filled with the power of an awesome presence. Your enthusiasm is seen on your face and certainly in your actions.

At the first authentic realization that ‘God is,’ you truly desire to serve Him; yet many mortals are surprised that ‘real life’ continues – struggles are still present, and there are still lessons to be learned. As the stage of discovery and elation seem to pass, the reality of a harsh and seemingly Godless world sets in, and of course your faith is challenged; you are wondering about the awesome power of God and yet you still have struggle – you are made to work for your spiritual growth in faith and truth.

Yes, the spiritual mortal life is always a struggle to maintain balance. To have that prayer upon your lips is to have a re-centering. Create in me a clean heart, O God, and renew a right spirit within me.

Again our subject of last week: The boy, John Mark, was dutiful and still had great interest in learning all he could. He had not the ego-temptations an adult comes to

know. He did have a clean heart. I understand, yes, that John Mark was so blessed as to have the Master before his eyes, whereas you are made to move forward with faith.

You each are well aware of the animal needs of the mortal; experience and maturity are excellent tools to help you have mastery over them. It all begins with intentions – willingness to be open to change and a clean heart. Many of you can hold fast to resentments that have occurred throughout your life; and in this, you are understood and validated, but I say, the resentments create an unclean heart. Is the past 'the past?' and can you let go of it?

We are not saying to merely cast your pain along the wayside, no. We are saying to have a look through the eyes of our Master at any given circumstance and see if you still can hold resentment. This is creating a clean heart. This is balance between the mortal and divine. This is being filled on a daily basis with that joy you first discovered at the realization of God's presence in your lives.

Is it enough to wish for a clean heart and renewed spirit? What is your responsibility to be open to that? Definitely you must, on a conscious level, ask your divine caretakers for assistance. You must be willing to face certain resentments and receive the full understanding, receive healing. Past pain does not need to rule your personal feelings, emotions or actions – certainly God is more powerful than that.

Create in me a clean heart. Renew my spirit and refresh my soul. When I was weak, you were strong. When I was in despair, you held me up. When I was imbalanced, you pulled me closer to you. When I felt lost, you knew where I was, all along. Therefore, I ask: Create in me a clean heart. Renew my spirit. Refresh my soul and restore my spiritual joy. Allow me to serve you with the enthusiasm of youth, and bestow upon me the wisdom of the experienced.

That is all. Know that with each of our passing moments together I am always grateful for knowing you and being among you as one of you. My love goes with you. Until next time, shalom.

Find Value In Life's Hardships | Allow Not Resentments To Take Precedence
Abraham, WOODS CROSS GROUP 06-07-2004

Back

I am ABRAHAM. Greetings. This group is truly a refreshment from the spiritual well. Can you see that when you come together with a clean heart you are indeed spirit led! 'Out there,' it may be a dog-eat-dog world, and you react to that atmosphere. But here in this group, is a re-centering – with safety, truth, and love. Yes, there is freedom here, and that brings forth the best in each one of you. You each serve, and are served. You discuss the realities of everyday-living and your positive spin revives you for the week ahead.

Practically every week you cover many topics of life that everyone must deal with. You have come to see that mortal life is about discoveries and doing your best to be spirit led, and not about enduring trials and becoming a victim of what is 'supposed to be.'

I am touched and truly feel you know not the depth of your ministry. Your tenacity to live as the Master would have you live, shows those that know you that life is balanced. Sometimes things look bleak, yes, but we never lose faith, we never quit trying, and Father's works in our life is a worthwhile reward.

We meet people every day who seem to have allowed the bitterness of everyday occurrences to rule their lives. You can see their resentment in their actions, their attitudes, and in their expressions. One can claim to have knowledge of God the Father and yet they do not really know Him. If these embittered individuals knew Father is love, forgiveness, mercy, kindness, joy, and saving grace – they would certainly have no cause to be bitter or resentful.

As a mortal, I can think of the many times I saw Father, God, as a punishing authority. I thought I was sinful, and when ordinary unfortunate life-happenings would occur I felt it was because Father had removed blessings from my life. But when I had my way with life, when good fortune smiled upon me, I figured I was a righteous son worthy of God's blessings. Others could easily see my imbalance; and even then, I lived and acted out my attitude, my intentions, my understanding.

Yes, as a mortal I always sought favor with God, I would believe I could be self-sacrificing in a way that was, in all reality, manipulating Father into having His blessings upon me. As I look back, I can find humor in that now; but then, it was so very real – I made it real. How fortunate and blessed was I that I could be accompanied by a most wonderful mentor, MachiventaMelchizedek. You today who are students of this Correcting Time Mission are likewise accompanied by mentors and teachers under this same Melchizedek's direction.

Yes, I was lost, and indeed, Father found me. Certainly, in order to realize this, a series of humbling episodes had to capture my attention. But was I ever so grateful that He reached me, yes, as best I could understand in that day. I now have value from that time to aid in my eternal career – which has brought me to this point, and I am grateful. I am grateful for the hardships, for the lessons, for the skills that were taught to me through my everyday challenges.

At the time, I was somewhat resentful at the bad fortune, hard lessons, and the humbling experiences – I took them much too personally. Then, I had found little joy in my faith, as well as my overall mortal life. I did not see the blessings in my growth until I was ready, until I had received experience. Blessed is the mortal who is resilient, who keeps fighting the good fight of faith; who falls and stays not down, but continues on to love and follow the will of God.

This week, review your spiritual life. What has it taught you? What skills have become everyday useful tools? Think about your ministry – is it a forced ministry as opposed to a natural flow? I love you. I am filled with a new light each time we meet. Go in peace. Until next time, shalom.

What Are Our Motives For Our Good Works

Abraham, WOODS CROSS GROUP 06-14-2004

[Back](#)

I am ABRAHAM. Greetings. Each week I am so grateful you invite me to spend another evening with you. As our days, months, and years pass by, we come to trust one another and are more like family. Each member of this group-family for the most part feels at ease to be themselves.

Yes, here in our Mission group everyone is willing to show their true selves without feelings of fear or regret. That is unconditional love – an acceptance of one another that we can appreciate. Because we make effort to know God, we find our personal attributes more fragrant, more spiritually acceptable. I appreciate your efforts put into refining your own lives, as well as enhancing the Correcting Time.

There are so many topics I would like to discuss; I will try to integrate them into food for all. I realize I would not be here had you not taken a courageous step toward faith. You took it upon yourselves to be patient and allow for a real outcome. Of course you have experienced major bumps in the road, but your faith has kept you moving forward; always trying to tame the ego and allow for Father's outcome. This is truly something to rejoice over.

When we review your world's history, we find the greatest changes were always set in motion by someone who seemed 'out of the ordinary,' at times perhaps even eccentric. Free-thinkers brought forth lasting ideas that actualized and set a path for more ideas to follow. These free-thinkers are those who seem somewhat 'beside themselves;' their enthusiasm lies in some way that they can provide service. We observe that those who seek self-glory seem to be fleeting, and those who embrace truth recognize imposters of truth.

The apostles many times described Jesus as 'beside himself.' It looked as though the Master was harsh, or had not a care for his ambassadors; but in all reality He was in contact with Father and was being about the Father's business in how He related with them. Jesus was a free-thinker; He rebelled not against man's law, but worked to be balanced. He worked within the mindset of the people. He could find truth that was already there, and build upon it.

Many of the Master's ideas came directly from the Father. Had the Master lived to the 'letter' of man's laws, certainly He would not have been so receptive to Father's words. The Master did the Father's works 'for Father' – and, 'for Father's children.' He had no desire for recognition or self-glory. His reward was knowing that the good He could do was all-encompassing and an energy that could be used beyond this world.

This week, as we move about in our daily lives let us keep a close eye on our motives. Why do we live the way we do? What holds meaning for you, and how much energy actually goes toward its actualization? Said Jesus: "Why do you call me good? it is God the Father who is good." What meaning does that hold for you, personally? How would that serve in your own lives as well as the Correcting Time? Looking over these past few years, what spiritual treasures have replaced material treasures? Over time and experience, how are meanings and values changing for you?

No questions. Know that I am with continuing love for you each, and your allowing me to be here is food for my soul. Go in peace. Until next week, shalom.

Be That Safe-Haven For Others to Lean On | The Man Yelling At His Wife
Abraham, WOODS CROSS GROUP 06-21-2004

Back

I am ABRAHAM. Greetings. Coming here always makes me feel at home. I am at ease to speak my mind. I feel my words are heard and valued. I do study my weekly lessons and make effort to choose the right words. I do not wish my hearers to lose interest or have the impression that I use my post for a stage to present my worthiness.

From time to time I visit you each in your daily-life-happenings. I am always made to remember my mortal life, and at times still, I shudder to think of those human difficulties. Even now I sometimes find myself hoping that mortals could have a glimpse at the life beyond this world so that they could see real meaning and reduce pettiness or preoccupation of things temporary. Of course, this glimpse of the life ahead occurs with each step you take toward the doing of Father's will.

To act upon Father's will to the best of your ability is to see Father's will manifest in your life. We can each see that the key to the Correcting Time being successful is based on individual willingness to master the self. To have self-forgetfulness is to be thoughtful of the whole. Self-forgetfulness is turning away from ego and mistrust in a higher power – toward stepping out in faith and actually living what you believe to be truth, beautiful, and good.

Most of your lessons in self-mastery lie within the daily dealings with your fellows. You know already that you have a personal ministry in the Correcting Time, yes, and the more attributes of the Master you can have in your personal being, the more light you pervade out into the darkness – or the material world.

Yes, our Mission duties seem to be upstepped, for the world moves at a faster pace. It is an age of enlightenment as well as an age of confusion. Each of you is needed to be available for ministry. As the Master taught, your best ministry is to live a life that sets an example of all that is true, beautiful, and good.

Think about the brotherhood for a moment. Think about those that serve to make others' lives better. Think about an individual who is that safe place in which to give your thoughts or opinions. When we review the Master's ministry, we see that the masses generally felt comfortable speaking their minds to Jesus – He was gentle with them and yet, logical; He always had them reach for the best inside them.

The apostles, on the other hand, Jesus was a bit more direct and a bit more firm, for these men were to be teachers. The Master knew He had not much time and did His utmost to reach through the glory-seeking selves of His apostles, to the child of God who so much desired to be a kingdom worker.

You that serve the Teaching Mission have experienced lessons that are probably a bit more difficult than the average mortals. This is a serious post you hold. You have dedicated yourselves to the responsibilities of working for the growth and betterment of the kingdom. As you live your lives to the best of your ability to understand the will of God, you will be sought by individuals who are seeking a safe place – a place where they know they can receive the truth from a pure source; not a

source seeking self-glory, but a source seeking to minister as the Master had ministered.

Those that are overly emotional will probably not be sought out for advice. Those that are critical or seemingly judgmental will not be looked upon as a safe place for individuals to come to. Certainly those who embrace not integrity will not be taken seriously as a spiritual source.

You that have done your spiritual work, and are attempting to gain self-mastery, have created yourselves to be a safe place for individuals to come to; at times just for advice, yes, but most of the time people just want to be heard; they want to know they are worthwhile; they want to share in the brotherhood; they want to be a part of something. You, my friends, are accepting a ministry that is not easy, but certainly educational and always joy-filled.

Remember the story of the Master, who came upon a man who was yelling at his wife. Remember the Master's charm He used to subdue the man's temper. The man found Jesus to be a safe place to vent and receive understanding – and, receive possibilities on various solutions to handle his problems without emotional outbursts. Had the Master gone in and defended the woman by degrading the man, how would the outcome have been different? It wouldn't have helped that couple to become better as people, no; there would have only been further argument and resentment.

The Master is a prime example of a safe place in which to unload your burdens, express your thoughts and feelings, and to be your true selves without worry of repercussions. The Master will always minister to you with complete honesty and love – without any ego-stroking or fluff to those hurt feelings. You are ambassadors. You have dedicated yourselves to a Correcting Time ministry. You will receive instructions and be expected to be a safe place for your fellows to express themselves.

You have a couple weeks for this lesson to take meaning in your lives. Be observant. Be at ease. Know that the Master goes before you; Mother lights your path; the Father sustains you in all things. Know my love is growing for you, as is my gratitude to Father for being with you. Go in peace. Until next time, shalom. [There is no meeting/lesson next week – June 28th.]

A Personal Relationship With Father First and Foremost

Abraham, WOODS CROSS GROUP 07-05-2004

Back

I am ABRAHAM. Greetings. How wonderful it is to meet once again. I have missed you and am grateful for this time to reconnect in fellowship. How easy it is to become lost in the demands of life; we seem to be so diligent in all the details. It would seem our efforts made would earn for us wonderful rewards, and still every day, life is just life and the lessons are one at a time still forthcoming.

As of late, I have noticed that many mortals compare their value with their fellows. Many times we can be caught up in viewing another's life while overlooking our own. When you compare yourselves with others, then you are building false esteem or finding yourself unworthy. This comparison takes from the personal relationship with

the Paradise Father – the God within.

“Where your treasures are – there, will also be your heart.” The Master was fond of this saying, and literally lived it. His treasures lied within the fruits of the spirit – those things that brought about truth, beauty, and goodness; those things which glorified the Father in heaven. His focus was to live out, to the best of His ability, the Father’s will.

Jesus sought a living relationship with Father – one that produced spiritual fruits; and indeed, this helped Him to master the mortal life in His short number of years. He could have gathered popularity within the masses and indeed become a powerful ruler had He sought a more mystical ego-filled path. He could have promised the people heavenly rewards, and certainly could he have produced miraculous occurrences. He could have compared His life to a king’s life, but definitely a king’s life-rewards was not what He was seeking.

Some of the apostles, on the other hand, were about self-glory and feeding that ‘Godly worthiness’ in the eyes of others. They lived their lives to gain ego esteem instead of looking to minister to God’s children and being producers of spiritual fruits. Most of the time the outcome was disappointing; they found not the reward they were seeking. Some had left their wives at home, as well as their employment and places of personal importance, to follow after the Master. While some found Jesus to be all-encompassing of truth and goodwill, other of the apostles were merely seeking feelings of worthiness or temporary ego-satisfaction.

If you compare your lives to someone else’s, perhaps in a third world country, you would indeed materially have more, yes, but would you be more happy? You could compare your life to a wealthy celebrity, and certainly would you feel less, yes. Each child must have a personal relationship with God the Father, to be truly happy. To compare your worthiness with others is to take away from that personalized relationship.

Did Judas compare his life with those he thought to be highly important? Yes, and wherefore lied his rewards? Were there any eternal treasures gained? Were there any spiritual fruits? No!

This week, find time to review your present life situation and how your relationship with the Father has made it more valuable, more fulfilled? Think about each of Father’s children and how it is mandatory each one have a personal relationship. Think about how self-esteem compares with self-forgetfulness. Again, what are your greatest treasures here on earth?

No questions. Know that I feel indeed blessed being with you, my brothers and sisters, my friends, my family. Go in peace. Until next week, shalom.

With Father First, There is Spiritual Strength | Cleansing The Temple
Abraham, WOODS CROSS, UTAH 07-12-2004
Back

I am ABRAHAM. Greetings. Being with you is like a warm embrace. I could never tire of that. I enjoy meeting with you to re-center our focus, to unify in fellowship and

to bring us back to the hope and faith from which all life springs forth.

This week I am led to remember the Master in the temple when He was driven to clear out the money changers from the supposed 'House of the Lord.' I am inspired by His passion. While He would appear emotional to some, to most of us He appeared empowered – driven to listen to Father's voice from within, to go forth in doing His work.

It would seem in your society today that many individuals lean toward what would make them acceptable in the eyes of their peers. So many mortals seek approval and acceptance, and are driven to live a life defining that ideal. Many individuals catch onto the energy-wave of the day. It is as if drama snowballs, gathering those who wish to be noticed or to feel accepted in some area of life.

There are those who fear the negative repercussions of other people in their everyday-life occurrences, and at times are practically afraid to be themselves and live out who they really are. You have people-pleasers – those who need much attention, yes. There are those who want to stand out as superior, and those who cannot help but feel inferior. There are those that want to experience the mortal life, and those that want to escape it – what seems to be an awkward formality. If you add a personal relationship with God, it does bring about balance and a settling, yes, but also does it empower.

What was the Master's goal here on Earth? What were His deepest desires? While some feel Jesus was a meek and solitary individual, we see Jesus as a force of one. He was one containing many facets of the Spirit; He was empowered to have spiritual strength that brought forth His desired results. Jesus simply wanted what the Father wanted, and nothing would stand in His way. No popular opinion would sway Him from the course. He was simply Himself – like it or not. He was without fear. He lived a free life because of the Spirit.

Many mortals do not live such freedom for they are bound to temporary desires, be they material or emotional things. When you have developed your life in the spirit – having your personal relationship with Father and your maturity level in the spirit – then are you allowing the circuits to make a real connection with you; then are you empowered; then are you driven by the spirit. What one can do alone is nothing compared to what one can do when they encompass all facets of deity.

Think about the Master's passion. Think about how the Master was immovable by those fellows that whispered in His ear trying to persuade Him. Think about the Master's strength – how He cared not if He was left alone by every individual on Earth as long as He had His Father in heaven. He was strengthened to live out the Father's will. This, is the power of living a life in the spirit – you can 'do good' and you can 'make good happen.' You can live on the energy of the spirit and be not bound by the world around you.

This week, journal your utmost desires. What is it that you are truly seeking? What spiritual goals might Father help you to achieve? What egotistical goals might Father show you that you hold to? No questions. Know that my thoughts are always with you each on your paths of differing growth. I love you. Go in peace. Until next

time, shalom.

You Are Those Rocks of Strength Among The Common Stones
Abraham & Michael, WOODS CROSS GROUP 07-19-2004

Back

I am ABRAHAM. Greetings. I am enjoying your conversation this evening. I appreciate your thoughtful questions – and even more, your honest efforts to answer them.

As you go about the busyness of everyday life it is most balancing to know you have your personal relationship with Father. Your fellowship and need for truth is a resting place. Life is a continuance of energy and it does us good to find an outlet, a relief from stress, a mindal clearing and a physical rest. Your company with one another does provide a wonderful outlet, something that creates a disturbance in the habitual mindal pattern or continuous flow of energy.

Where there is disturbance, there is growth. But still, each mortal needs something they soulfully enjoy. Father wants for your happiness and balance; He wants for your abundance; and, your assistance in this Correcting Time. Have not worry or guilt for taking time for moments of enjoyment. The Master placed great importance on stillness, rest and reversion – and yet, He still met schedule. With that, I turn the time over to Him.

Have peace. It is I, your Brother, Father, Friend, Confidant – and if you allow me, your Light. No, this is not a special occasion day of anniversary or anything out of the ordinary; it is just a few moments with my children; a calling, if you will.

My beloved, I see you as a rock among the stones – what would appear to be a bed of stones. You can always point out the rocks. The rocks have varying colors, sharp edges, and many times seem out of place. They are not quite uniform as are the other stones for they have not focused on becoming smooth rubbing up against the main stream. The rocks provide strength with their natural rigidity. They are what they are. They provide shelter in a storm; shade when the heat is on.

The rocks are the foundation of our Correcting Time. This is what creates the strength for us to build upon. Father has set you in various positions so that you may strengthen that area of the foundation. Are they places of notoriety, popularity, something that separates you from your purpose? Of course not! The rocks are blended in, and are a strength in what others look to for understanding of what seems a long mortal life.

You are a rock. You have your position. I want not for you to crumble under any pressure. I want you to know that I am at hand. I am at one with you – our foundation. We have power and a plan before us. Be not discouraged at seemingly unfortunate events. Do not lose your edge in having distraction toward temporary edification. I need you to keep your focus. Serve one another as our Father in heaven serves us. Have not worry for the caretaking of the rock, for it is indeed a piece and part of all that I am – and I am with you always.

You would not be in your position had you not had your personal experiences, gained your spiritual skills. I realize that by mortal standards, those whose names are

most recognized are most valued. Believe me, children, your recognition is in heaven, safe with the Father. Your positions seem small, and yet this is our strength, our foundation. What seems to be 'everyday enduring your fellows' is expanding our Correcting Time. It is providing strength to those who know not where to find it.

The purpose this evening for my words is simply to be in touch with you that assist in this Teaching Mission Correcting Time. You, kingdom believers, go forth in our plan knowing you are mine. I am always with you. Believe me when I say I am there, whether you think about me or not. Be encouraged, children. Be not afraid to go beyond tasting life, to being nourished in its every moment.

Take this evening's message into your seemingly uneventful lives. Plant the seed. Allow it time for growth. As we are all part of one collective foundation, know that I know each of you in detail, and I love what I know. Carry on.

ABRAHAM: Thank you, Master. Your words of inspiration will carry us far. Your example of dedication is a light we can live by. As we work toward personal growth, we will keep in the front of our minds our responsibilities. We live by faith. We live by your good works. We have not need for the mystical, no, because your reality is so much better.

My friends - this week, think about your station in life. How are you that rock as explained by Michael? What small things can you do today that help solidify our Correcting Time foundation? What in your power can you do to bring unification through personal differences?

Again, remember to find time for a mindal outlet; perhaps some fun. Know that it is my pleasure and honor to walk this walk with you. My love goes with you. Until next time, shalom.

The Giving Out And Taking In Of Energy | What Draws Most Of My Energy And How Does It Serve

Abraham, WOODS CROSS GROUP 07-26-2004

Back

I am ABRAHAM. Greetings. This meeting-time is quite centering for me. I know that I am beyond the flesh and physical demands, but still, I find balance in consistency. Routine may seem boring to many, but I find this particular part of my weekly routine to be indeed, centering. I find comfort in those things that are steady, immovable, and constant. I feel safe among the unknown in knowing those things I can count on without a doubt. I thank you for being a constant in my existence.

When you move on beyond the veil of mortal life you know that Father is that one living consistency that surpasses all understanding. While this is indeed a blessing, it should never be taken for granted. Even the high Sons of God have faltered in their faith, yet Father is the true rock upon which we can all stand. It is evident that you have made Him your sovereign concerning your gatherings - this is very progressive and energy-producing.

This week, I would desire you look into the various ideas of energy - anything that

demands your attention; that which demands your energy. We find that those areas of life that people find most valuable, gets the most energy. Whatever you deem success, is where your energy goes.

We all have experienced the various scars and traumas of childhood. Many adults live their lives attempting to compensate or heal the past. Some of these actions taken, require tremendous amounts of energy. One can gain a great deal of value simply by having understanding of the past. One can find healing simply by facing the past circumstances. However, if you are always making effort retreating from past events then the experience has little or no value.

For example, a child who has experienced abandonment may spend their adult life in efforts to overcome pain or feelings of worthlessness by and through their various relationships. And all the while, on a sub-conscious level, the adult practically 'sets up' their experiences for failure, attracting people to experience that abandonment over and over again. There are tremendous amounts of energy spent in attempting to heal the past and overcome the pain, while all along this energy could have been better spent.

Energy is real, it is directed, it is received, it is generated, and it is moving. Many in the world today feel as if they are simply spinning their wheels. This is misdirected energy. Those who cannot overcome the scars of the past spend much of their time in resentment, in self-pity, and will perhaps believe they are healing some pain by some over-indulgence. This is indeed a waste of energy and only adding to the pain.

What can we do about the past? Surely it cannot be changed. It can, however, be understood and forgiven, and put toward a more useful production of energy.

This week, think about: What do you find draws most of your energy, and how that ultimately serves you? What do you receive for that energy spent? Many illnesses are due to a misdirection of energy. We can spend great amounts of time giving out energy, but very little time in taking in. What are those things you can do to receive a balanced flow of energy and still stay out of that 'anxiety-produced' energy? Have discussion if you will.

This concludes our lesson. Know that I am indeed energy-filled, each time we meet. My love goes with you. Until next time, shalom.

cting Time, and to step aside from your true being is indeed a waste. Michael has asked you to serve your fellows as you pass by. In a very simple mortal way, He has called you and trained you to serve; He did not say to be all things to all people.

I believe much anxiety comes from where you believe your responsibilities are. Have you a family to tend to? Then tend to them! Be not out on the street corner spreading the good news – you have a legacy to build upon right at home. There will be enough time to serve in many capacities. The Spirit within has given you gifts that drive you to fulfill your calling. This 'calling' is something you are good at. One should never believe their ministry is too small.

As we look back at those inspirational people who changed history, we see their motive was never simply a personal gain for themselves, but through their love and compassion for others – it was for the many. This is service. This is answering the call. In this world of earthly power-seeking, it would seem that the more one compromises their true self, the more they would be accepted and possibly more progressive. This is not so!

The ego is masterful in the way it would temporarily make a person feel valued. At times you feel if you appear less, it should make others feel like they are more. On the other hand, you can drum up some skillful language making others feel less while you are feeling increased.

Father loves you as you are. He has given plan and purpose, skills and knowledge. He is asking that you bring His Kingdom to life here on earth through simple truth, beauty, and goodness. In this world of the Correcting Time, the servant would not dumb-down to appease his master's ego, as in the days of old, no! for a servant would humbly and happily share his highest light with him.

Is this life just a game and are you playing along? What fears might you have if you should be your true self and answer the call of being just who you are? The Master did not say, 'Become less so everyone will become more,' no. He spoke of self-forgetfulness and of a true brotherhood that would bring equality. This is something to be joyful over, something to feel relief from our everyday demands. Forget not the universe stands ready to assist.

This is all for this evening. Know that I am ever growing in gratitude for you each. My love goes with you. Until next time, shalom.

Allow The Old To Fade To Make Room For The New | We Can Exchange Our Mind For The Mind of Christ

Abraham, WOODS CROSS GROUP 08-16-2004

Back

I am ABRAHAM. Greetings. I am moved by your loving spirit and the way in which you welcome me back, week after week. Your growing maturity-level in spirit is always inspirational. You may not understand where Father is taking you, but you are always ready to go. It is quite a relief in anxiety to know that you need not manage the world. What a relief of burden in spirit to attend here, week after week, and know that you have the assistance of the universe in your every day affairs.

We can be still and know that God is real. The Spirit of Truth moves among us and Mother awaits to direct energy. This comfort is indeed like a shield that would repel the worries of today. This knowledge is a strength we can use to wholeheartedly 'let go,' and allow Father.

We each realize that many of today's concerns are self-imposed. We have expectations of ourselves, our lives, and our levels of success in the spiritual and material worlds. This evening, our lesson is kept simple to keep with the theme of cleansing mind, body, and spirit.

As you live day by day, you come to have certain expectations of yourself to uphold

what you believe to be best. And bless you diligent followers of the Master, for you give it your all. I realize the material world has its demands, and you do your best to meet them. This however, can be a trap for the 'animal mind.' No person or thing enjoys being caged – including the mind; it can become a weakness, and something difficult to master.

Said Jesus: “Follow me. Have in you an open mind and willing heart? Follow me.” Do you see, this opens a new perspective to the material realms. This means not to disregard mortal law, no! but to live a mortal life with a divine comprehension, perspective, and attitude. Your anxiety of today is not to be blamed on Father, no! but really, it is a simple human experience of 'giving in' to the animal mind which does cause anxiety.

What burdens have you that are self-imposed? Again, said the Master: “In whom do you serve?” One might ask: Need I keep a high salary position that causes me angst? Need I possess the same material goods as my neighbor? What is the legacy I leave behind? Need I spread the good news? Need I raise my children? Need I serve my community? My friends, how do self-imposed expectations and demands serve?

It is written, should you desire, you can exchange your mind for that of the Master's. This is not to criticize the mind you have, but to open possibilities you would not ordinarily see. The Master longs to show you a life of freedom, power, knowledge, and ability.

This week – in your moments of anxiety, ask yourself: ‘In whom do I serve?’

That is all. Next week I shall greet you at the celebration of our Master's birth on Urantia. Until then, allow the old to fade away while you make room for the new. My love is ever growing deeper for you each. Until next time, shalom.

Birthday Celebration in Pocatello | Compliments From Michael On a Job Well-Done
Daniel / Abraham / Michael / Klarixiska, WOODS CROSS & POCATELLO GROUPS 08-21-2004
Back

DANIEL (TR - Nancy K.) Greetings, my friends, I am DANIEL. I am thrilled to be present here among you at your annual commemoration for the birth of our Lord, Savior, Father, Brother – our Michael in human flesh those many years ago.

It delights us that despite the variances in your human lives, the losses and the additions, you continue these meaningful displays and unifying activities. This united group remains a foundational pillar in the work of the Teaching Mission and its role within this incredible ‘time of correction’ in Michael's universe.

[This picture is quite reminiscent of the mountain home cabin of Bill and Virginia Kelly, a few miles east of Pocatello, Idaho, where this momentous meeting was held.]

We are a joyous throng – those unseen hosts that pack this very room. We see our words taking root, taking hold. We see the flowering of truth within your individual lives. We see the spread of the 'light-of-dawn' illuminating the high points of Urantia. The shadows in the deep chasms remain indeed, but the light has hit the mountaintops. The intensity of this light makes our mirrored joy seem shadow-like,

and yet our joy is overflowing.

As Teacher to this host group these many years, it is my pleasure to welcome you all here together again. I will now depart, that I might make way for other speakers; but before I do so, I wish to offer each of you my personal love and welcome.

ABRAHAM (TR - Ellanor.): I am Abraham. Greetings. The sights and sounds of family are indeed, deeply moving. From the beautiful children to the family pets - even the smell of coffee, are making me long for a time that was seemingly more difficult, but realistically more tangible.

Individually, you have each spent the last year with your own personal triumphs and defeats. You have lived with deep sorrow and overwhelming joy. You have lived with impeccable faith at times - and of course, as to be expected, you have sometimes faltered. I want each of you to know your steadfastness is an inspiration to me. Indeed, the pain of any loss shows up in you as strength. It is an honor to know you, and stand by your side as your fellow kingdom sojourner.

You can for the most part, pinpoint a follower of the Master. We see these individuals as water among the dry lands - light within the darkness, and a tenacity to hold fast to that which they understand to be true, beautiful, and good. The Master was known for His ability to embrace reality and to separate the drama from that which actually mattered or made a difference.

When I look at you each, I am touched by your deep love for the Master, and inspired by your efforts to follow the Father's will. If it is acceptable, I will leave you to the Master Himself.

MICHAEL: Greetings, children. Today I feel as if I walk among my own, not those who would offer me a sacrifice for spiritual favor; not those who would put on an insincere spiritual show; not those who have not faith in the overall plan and purpose - no! but you that carry on. You have your study books, your spiritual rituals, yes; but what makes you stay the course? Children, you are so constant. I am overflowing in joy and hope that we are seeing the fruits of our efforts.

When we first began in this task, you were indeed wide-eyed children, enthusiastic for the unknown. I am overwhelmed by your levels of maturity. I am touched by your constant effort to reach for reality. You all hold fast to potentials - individually and as a family. But your effort to do the foot-work, day after day, is certainly the true definition of a spiritual ambassador.

I do understand this road has been long; and indeed, spiritual life is not one of ease. This life is, however, about being able to be with one another and feel like you are home. You need not feel shameful over any personal aspect. You need not live in hiding. You are with confidence and comfort - that your family loves you, and upholds you in a way that you cannot find out in the world of materialism, or in service to the ego.

Today you gather in celebration of my Urantian birth, but today I hold my cup high in cheers to you, my children. Your strength to be forerunners in this plan has

indeed proven successful. Lose not hope in the long fight for faith. Know that apart or together, I am with you. I am a part of you. I am your Brother/Father. You are my children in whom I well love. Carry on.

KLARIXISKA (TR - Virginia.): This is Klarixiska, I wish to share some insight that can come from the mundane task of pulling weeds. First of all, I would say that weeds can be likened unto sin - the mistakes that might be in our life. Remember please, that weeds are misplaced plants. They are not something that God has made a mistake about; but rather, has man. Mortals have limited their appreciation of these plants.

Often, when you are trying to clean a flower-bed of newly growing plants, you are not sure whether an existing plant is a seed you planted - or whether indeed, it will become the weed you want to get rid of. That often is the way sin is in our lives, in that we must let it grow. And hopefully not to the fruition of seeds that will spread; but rather, the recognition that it is a plant you do not want in that spot, and you pull it out.

That's the simplest way to look at a misplaced plant - something you want to get rid of in your life. However, some of those plants break off without bringing the base root, the hidden cause of that weed plant - sin; and so often the plant grows again and you see the very thing you were trying to get rid of.

My friends, this is often the way mistakes work in our lives. We cut off the visual that people might see, so that others might not evaluate. And we realize sooner or later, that it is our ego that is destructive to our bodies; or, some other effect of that behavior that is buried deep in our lives. Yes, the base root must come out, indeed; the deeper embedded cause must be dealt with.

What we need is a new tool, a tool that will help get out the deep root that has continued to gnaw away at our spiritual existence. Perhaps that tool is prayer. Perhaps that tool is true friends. Perhaps that tool is something you have never even thought about. What we as ascending mortals, both those seen and those unseen, must seek, is that which will reveal to us the deeply embedded nature of our mistakes - our sin.

Fortunately, from our point of view as celestial beings, we do not see evil or iniquity among you. What we see, oftentimes, is ego and bad habits. By 'bad,' I mean those that are inappropriate that keep you from growing spiritually.

So I would close by asking you to recognize those unfruitful things in your lives that you want to get rid of; if they break off at the root, work to find that hidden embedded cause - that we might continue to be of service to you as mortals, yes, which does bring joy in service to us as celestial beings. And, that Michael's love might truly spread on this planet. That is all. Our love goes with you each. Farewell.

Care For The Self By Devoting Time To Father | Is Self-Sacrifice Helpful
Abraham, WOODS CROSS GROUP 08-30-2004
Back

I am ABRAHAM. Greetings. How wonderful it is that you would devote this time each week to your spiritual life or spiritual health. You each have your demands of a busy life, and it is truly good that you would set this time aside to re-center, refocus, and rebalance.

It is a common thought that believers should 'constantly give of themselves;' and while this is brotherly at times, it is misunderstood. The Master taught self-forgetfulness, not so much self-sacrifice. He did not say 'go without so you may reap your rewards in heaven,' no! The Master completely believed in service to others, yes, but not in a manner that would cause resentment or feelings of emptiness.

There are many religions that teach that fasting is a self-sacrifice that speeds prayer Godward, and that if one should sacrifice something then surely there should be some divine attention. This is erroneous thinking; and yet, the real power of this self-sacrifice is misunderstood. Fasting, for example, is thought of as a physical feeling that would leave one to devote thought or send energy heavenward. It is not a 'sacrifice to God' that brings results, no! – but the energy put forth therein, to live your life with God as your forefront.

Some would believe that 'the more they give the more they get,' and that is the reason they give, which distorts the energy put forth. Those that are God-knowing think not about rewards to be received, for every moment knowing God is a reward in itself. Kingdom believers 'give' because it feels right, it resonates within the soul.

Karma is an amusing concept. Many believe that if they withhold in their giving, they will be denied spiritual kindness or divine acknowledgment. This is fear, breeding the thinking: 'I must be good for I fear what will happen if I am not.' Look at the Master; He was naturally good without effort. He thought not about self-sacrificing for Father's attention. He did however, direct thought and energy toward the Father's will – the Father's will being the best and highest outcome according to God's overall plan and purpose.

Think of those individuals who seem naturally happy and fairly balanced – they are generous individuals; fate and fortune would seem to smile upon them. They are simply directing and receiving energy with balance; they are happy. Those that are happy love to make others happy. Those that are miserable would seem to draw energy in a negative way; never really becoming satisfied or having their thirst quenched.

This evening's lesson is not so much about self-sacrifice as it is for allowing time to care for the self – the physical self, the mental health, and especially for the budding soul. My friends, I say – what better way to care for the self than to devote an allotment of time to Father.

Think about the next time you are intentionally directing, and then receiving, of divine energy – that you are optimizing brain functions which release helpful chemicals that assist in Thought Adjustercommunication.

Many say: "I rarely have a moment to devote time to Father," and life for them is so

chaotic. Who better to organize and manage your time than Father? Imagine a minute here and there throughout the day in giving time to Father – directing thought to Him, directing attention to Him, knowing He is there for you, and that your concerns of the day are managed by one who manages the universes.

This week, find time to take care of yourself. Devote some time to Father, and allow Him to optimize your mind, body, and spirit. That is all. Know that I am honored each week to spend this time with you in devotion to our Father and living the spiritual life. My love goes with you. Until next time, shalom.

Being Cooperative With Father On Living An Optimal Life

Abraham, WOODS CROSS GROUP 09-06-2004

Back

I am ABRAHAM. Greetings. Your loving energy is literally something I can rest upon. Your unity and support goes much farther than you know. I can say with authority that your willingness to stay the course is much appreciated. The fact that you need not that dangling carrot of spiritual promise to keep you interested, is certainly an attribute to be sought by all.

At this moment in time, what really matters? What is lasting and fruit-producing? My friends, you live by faith and hold fast to common sense – this is our goal; this moves our Mission forward. Your minds are not in the clouds while the tread of logic is barely visible, no; you are not so firm in the written word that your tread is well-worn and living revelation is not to be found. You, rather, are most definitely clearing a path for those ages to come, grounded in faith and common sense – indeed something for all to strive for.

This Correcting Time must be based on those who seek not recognition for self; not special seating next to the Master, nor names written down in the historical books. The Correcting Time moves forward because you each desire to be corrected individually, and also to serve anonymously.

I wanted you to know how I felt, and to know of my appreciation. You make my ministry to you so easy – and for that, I am grateful. For your varying personalities, I am grateful. For your willingness to learn and serve, I am grateful. This Mission requires not bright and beautiful fireworks for it to be noticed by the masses, but simple good works by good people like you.

This week, I would request that you carry on with the care of the total self. Again, being cooperative with Father on living an optimal life allows us to focus on the de-cluttering of life. Again, what really matters in your living? It is not sinful or obsessive to have some sort of life organization. As the business of the material is tended to, the spiritual life is a bit more giving, more freeing. Our lesson is kept short to allow time for any questions. Proceed.

SIMON: Abraham, in my typical day there is often those things that need to be done at the same time; and it seems like both can move along at the same time, but sometimes one thing has to be given up for the other. I am always going back and forth on this idea of balance and choices. I wonder if you would comment on that.

ABRAHAM: Good question, and again I am drawn back to the question of 'what really matters?' I realize that much of life, knowingly or unknowingly, is devoted to self-protection. "I must feed my family; therefore, I must work." This is indeed understandable, and Father does want for your abundance. But, "I must have each and every name brand item because my neighbor does" is not understandable. Many work for what personal message it tells others: "I have a great deal, therefore I am successful." "My children are sterling scholars; therefore, I must take credit." I say, that thinking is totally ludicrous. As you have experienced for yourself, Simon – should you go towards the thing that is most Spirit-leading you will find that other things take care of themselves. Father comes first, certainly, without a doubt, yes. Souls of our fellows are next. Never would we intentionally cross another for our own personal gain. Many individuals do not put themselves in another's shoes, and therefore, have not understanding. They care not for the feelings and esteem of others. Let me reiterate that 'organization' is perfectly acceptable. Journaling is a wonderful tool that aids in clearing the mind and presenting many possibilities. When you are confronted with various positions, take that time to spend with Father and write out your thoughts. Allow time afterward for any incoming information. You may not find your desired solution, but certainly you will find calmness of mind and balance in emotions. Is this answering? (Simon: Yes. Thank you so much.) Abraham: Another question?

TECTRA: Abraham, so many folks in our day-to-day world get caught up in worldly affairs busyness, and not take time for peace and spirit. I know I can't help them; they can only help themselves. But it kind of hurts my heart that a lot of people are not seeing the big picture. Are there any words you can give on that?

ABRAHAM: Worldly affairs such as political elections? (Tectra: No, more like distractions.) Abraham: Understood. You do, my son, set a wonderful example of allowing the spirit to truly live in your life – we can see that. Many are in bondage to one thing or another. You are correct in that many do not know what they truly seek and are with emptiness, with dissatisfaction. You do well in sharing your experience – sharing those actualities in your life that are available to all; to share your love of nature and how that brings you peace and clarification of mind. I suggest that you share also how that fills your spirit and strengthens you for coping with the busyness of living. Perhaps you can suggest how various books, workshops, or even something metaphysical, are not as appetizing to the average mortal, but can be so helpful. Start small, and as you build friendships, you can interject your favorite theories. Spirituality must be something that is useable and available to even the most insensitive of people. You do set a great example of non-conformance to those things that would enslave man. You live your life on the fullness of God and His living Spirit. Your example is helpful to all who know you. Well done. Is there one more question?

ANTHONY: Abraham, I guess I would like a personal message relative to one of the things you've been saying about sharing and being a good example. I think that most of my friends would not want to be like me, because they are more interested in material things and more interested in the beliefs they are satisfied with. So I let them be.

ABRAHAM: Understood Anthony. Good practice. We must all realize that in time we will

all pass the same mile mark. We will all experience these same lessons in one form or another, and what your associates believe about you is like leaves fluttering in the wind – they are seriously not any effect on you. What you believe about yourself is, of course, revealed in your everyday actions. Your ability to live out your faith is to be commended. Your practice of not throwing your pearls before swine is also wonderful. You do have your ways of planting seeds here and there; and as time has passed, I can see you feel more at peace. You have not been slothful in any way of sharing the good news. Father wants for your peace and happiness, and as the years pass, I can see this in you more and more every day. Well done.

With that, I will close. Know that I am growing in affection for you each. I appreciate your willingness to be spirit transformed. Your desire to do good is truly apparent. My love goes with you. Until next time, shalom.

While We Mature in Spirit, Lose Not the Youth Within

Abraham, WOODS CROSS GROUP 09-27-2004

Back

I am ABRAHAM. Greetings. I almost regret disturbing this serene atmosphere with mere words. I thrive on that feeling our fellowship brings. I enjoy your discussions on worldly issues as well as the personal. I love the reality you reach for.

I do remember as a man, the wheels of my mind never stopped turning; there were always issues to be resolved, always new battles to conquer. In the work of life, I many times forgot how to have enjoyment. The small things that bring joy seemed to be buried by the burdens of my world. It was through my good friend and mentor, Machiventa, that I learned enjoyment was a gift for us to have, guilt-free, and always uplifting. Rest and reversion are very cleansing to the busy mind; very balancing to overall living.

One thing that I do so admire in children is their ability to take joy where they see it; to laugh as often as possible, even if it's inappropriate. The happy child is a free child – free to enjoy life as well as know the hard truths. Our last lesson was concerning the maturing spirit and that we would always want to have balance by remembering the free child within.

You have your Urantia Book information that, for the most part, describes the life of the Master. As you would well guess, there are many details the writers left out, yes, but are just as valuable as anything you may read. While the Master was a sincere strong and caring soul, He could also be found sharing jokes or witty stories. At events He could be seen dancing and laughing. On a quiet afternoon He could be found gathering wildflowers.

Jesus did have His personal time with the Father, but He also had His human time with His human associates. He could be an inspiration one moment and silly the next. He was many times serious, yes, and yet not too serious to the point of losing out on the abundance of joy Father meant for us to have.

While we would like to mature in spirit, we must balance that out with that youth within. We may be appearing to be older on the outside and yet, within, we still can laugh, play, and find balance in a world that seems to be so harsh. Your mission is

one of importance and sincerity, yes, and yet your tasks may be to bring a smile to others – perhaps to show a lighter side, or be an example of balance with humor and logic.

This world indeed experiences serious issues which are easily viewed from your media sources; and believe me when I say, knowledge of what is occurring is casting a horrible shadow over the minds of men, women, and children. Said Jesus: “Let not your hearts be troubled, let not your minds become weary.” An ultimate good will come to pass. The events in the world today – though seemingly grim– are truly unifying. People cling to what they know; and when they learn more, they want to be better.

Michael’s Spirit of Truth is a blanket warming the world from the coldness of falsehood. Think not of the world as an obstacle to overcome; make not it your stumbling block. Remember your posts in this Correcting Time; just as there are soldiers protecting your material freedom, you are soldiers protecting spiritual freedom.

Lose not sight of the Mission ahead by the accounts of your media. Michael, Mother – and their associates – know full well what occurs in the world. Nothing is overlooked. Nobody is forgotten. While your positions seem somewhat mundane, remember it is an important part of the world’s growth toward Light and Life that you hold fast.

This week, find time to feel joy. Be joyful. Remember to balance the harshness of the world’s reality with goodness, laughter, and a banner that shows your faith in those who hold much higher positions than man.

That is all. Have fun this week, children. Find rest and reversion. Know that my love is ever growing with you each. Until next time, shalom.

The Evolving Changing Human Instincts | Be Aware Of The Ego’s Designs

Abraham, WOODS CROSS GROUP 10-04-2004

Back

I am ABRAHAM. Greetings. What a wonderfully natural feeling we have here this evening. We each are simply following the flow of the spirit. Nothing is forced or fake. Our fellowship is a light to go by. In the absence of rules and dogma or doctrines, we are free to be at one with the spirit. What a feeling of freedom and a boost for our spiritual nutrition.

Over these few weeks we have discussed maturity in spirit, and maintaining a joyful countenance in everyday life. As our Correcting time moves on with its realness, we are finding our basic human instincts to be evolving or changing. Of course with every growing spirit there is a humility to be maintained and perfected, but this evening I would like us to focus on 'evolving instincts.'

As mortals grow in each stage of life, there seems to be things or situations that say ‘we are inadequate or behind – do not trust the self.’ There are also individuals who rise on the ladder of education and have a great deal of self-esteem, yes, but still never really have that fulfillment they have so long

searched for. Yes, 'evolving instinct' and 'mortal education' are completely different things.

To trust that you are a capable son or daughter of God, able to seek His directions, is perfectly acceptable. Certainly if one should become imbalanced with the need to be superior, then surely the instincts that should be maturing and evolving Godward are, rather, simply leaning toward the animal. You have your desires and Father knows them, indeed. The maturing spirit is willing to wait upon the guidance of God rather than move toward temporary satisfaction.

As our Correcting Time evolves, as you evolve, does life's priorities change – the physical make-up in the human body changes. What used to be 'commonplace' is no longer common. These spiritual evolutions are new areas of growth for those mortals who work toward Light and Life. It is not mystical or wishful thinking; it is not 'new age' rhetoric, no; it is simply a strengthening of bonds between you, your Thought Adjuster, and a new reality.

Take intuition for example – you could have an experience that says: 'God has spoken to me. I am allowed to know certain things aforetime, what a wonderful gift.' You could then go hastily to your fellows and exclaim: 'God has chosen me and I have a gift.' Of course, that is the immature soul at work. The evolving maturing spirit believes that intuition is simply a part of everyday living; it is communication to the mind and soul that helps one to expand the kingdom of heaven; and, perhaps in some small way, contributes to the Correcting Time.

All of Father's children have equal opportunity for gifts of the spirit. No one person is chosen as exceptional and has 'special' tasks to fulfill, no! We each are simply foot soldiers for those who are helping us move into a new and better age. Don't misunderstand me, you each are gifted; and yes, you each have important tasks to fulfill. I am only stating that with the time and effort we have each put in, changes are inevitable. This is not cause for fear or apprehension, no! I am simply reminding you that you will change on many levels. Yes, as one changes the self, the 'whole' also changes.

Perhaps you have an inner desire to call a friend, but then the busy mind talks you out of that. Maybe the rationalizing mind says: 'My friend has not time for me; my friend cares not to hear from me; therefore, I will postpone this particular task.' Perhaps your desire to call this friend was indeed an idea whispered to you directly from the mouth of God.

Every day, in the busyness of life it is easy to overlook these small directions. Father's directions could be saying to simply 'check in' with a certain person, not to spend hours or to take anything away from you or your life. You each have devoted yourselves to a Correcting Time ministry, and your instincts or certain desires are many times the very directions or tasks Father would have you complete.

This week, let us ponder those fears that keep us from following through with our evolving instincts. While man searches for true companionship, it does indeed live right within him. With these fast-paced times, we are to be trained for the new changes. Your spiritual education today is the action of tomorrow.

Also this week, find time to think about that entity you know as God. Ponder your love for Him. Think about His love for you. See yourselves as a moving and integral part of the whole. Trust yourselves enough to follow through with your instincts. Beware of the ego's designs.

That is all. Know that I am honored each and every moment we spend together – in this, our wonderful family. My love goes with you. Until next time, shalom.

Fine-Tune Our Evolving Instincts | Allow Intellect To Override Hasty Actions, Decisions

Abraham, WOODS CROSS GROUP 10-11-2004

Back

I am ABRAHAM. Greetings. I am joy-filled this evening and I thank you. I am honored to be a part of life's sharing. Your open and honest willingness to be present in this moment is touching and inspiring. It is beautiful to see the unraveling of mortal confusion weaved into the tapestry of divine understanding – a blessing, indeed.

Last week we had discussion on fine-tuning the evolving instincts, you are each realizing this is mostly a matter of allowing. Too much consciousness is sometimes detrimental.

It has been said many times, that during certain circumstances Jesus seemed to be 'beside himself.' Many times in some instances you can be 'too emotionally invested' or perhaps 'too close' to an issue or situation to allow for a smooth flow of divine communication. When it appeared back in the days of old that Jesus was 'beside himself,' it simply meant that He was detaching from His human perception, to a higher perception.

Mortals are emotional creatures, and that is as it should be. As you mature, you do not simply become more 'hard of heart', no! but perhaps a bit more wise with a broader perception, and hopefully in spiritual maturity – a perception that embraces truth, beauty, and goodness.

In today's world of quick fixes, we are prone to go for temporary satisfaction. The Master has taught us that some detachment from certain situations does allow for the spiritual intellect to bring interpretation. To sharpen those divine instincts, we will find a great many benefits in exercising patience.

Let us be spirit-connected enough to rise above emotional animal interpretation, to seeing the spiritual light at the end of what seems to be a long mortal tunnel. Many individuals act on impulse, for they fear for their good standing, their reputation. Their rash actions are a covering for what seems to be their inabilities or shortcomings.

As we have each come to understand, Jesus cared not what people thought of Him; and this freed Him up to make thoughtful spirit-led decisions. When He did appear to be 'beside himself' He was communing with the Father; He was allowing the spiritual intellect to take Him to a higher perception. Emotions are natural, yes, but they

make not a strong foundation for decisions to be built upon.

I realize that in your hurried world, a slow but thoughtful response to circumstances may not quite be accepted among your fellows. But trust me, in time many will come to see your spiritual hesitation is for a good cause – indeed, for a higher perception. As you were discussing, the more you understand, the easier it is to make good decisions and act upon those decisions.

Last week I requested that you ponder your love for the Father and His love for you. I well remember in my mortal days the notion of love being quite emotional, bringing feelings of comfort and warmth. I would ask you to ponder the intellectual side of God's love – the strength and power; the companionship when you seem so alone; the ability to comprehend certain situations that take you one step closer to Him.

Also this week, think about the Master's ability to step back from situations to have a more broadened view. Think about the freedom He had to commune with Father in His own time. The Master was indeed a Creator Son, yes, but also was He a mortal of the realm. He indeed understands all the aspects of life on an experimental planet such as this. Feel free to consult with Him.

That is all. Know that you are each a beautiful lamp upon my path. My love goes with you. Until next time, shalom.

In Intentional Living There Is Freedom | Moving Forward With Our Inner Drives

Abraham, WOODS CROSS GROUP 10-18-2004

Back

I am ABRAHAM. Greetings. I am always pleased with your welcoming attitudes. You make me feel at home. I realize that your attention or energy put into this meeting has been the very reason why we carry on. I thank you for allowing me to be a part of your family.

Over the last few weeks, we have had discussion on evolving instincts. With the Correcting Time and the opening of the circuits, you and your world are becoming as if there was no 'rebellion' or 'default.' It is good to recognize and fine-tune your evolving instincts. This is mostly an exercise of allowing – it is an exercise of 'spirit listening,' and the courage to take action. This evening, however, I would like to discuss intentional living.

We have learned over these many years that we have little control over the world and its people. We have come to realize our behavior and attitude is the only thing under our control. Many times you are stern with yourself saying: "I will complete this project;" or, "I will set up a goal to reach for." Intentional living is not so much about controlling, or even self-mastery – it is about following your inner drive; it is about having courage to go forth with those ideas that seem to hold truth, beauty, and goodness.

Often it is observed in mortals: "One moment I may be extravagant in spending money and in the next moment be fear-ridden of my debtors." Is this common sense? Is this responsible thinking? How many individuals do you know that are 'living on purpose' and are brave enough to follow through with their internal beliefs?

One might say: "The spirit is strong but the flesh is weak." I say, this is not so for those who are driven to be Spirit led. You have access to the most intelligent, powerful, dedicated and loving Source – how much more could you do with Father than you could alone?

Intentional living is living a life without fear, without 'what ifs,' without dread of what tomorrow will bring. As a child, you were more influenced by adults. Likewise now, as Spirit-led children you can be influenced by the Father of all fathers. Intentional living is to live out what you believe to be true, spirit-wise; "I believe the Master is an important part of my everyday living; therefore, I will act as if He is always by my side."

We all know those who can indeed speak of things larger than life, but when it comes to 'action,' they are easily discouraged or distracted. Intentional living is not having fear of what others may think, or what is popular? no! Intentional living is living as you would out in the open where no one could see – as you would behind closed doors. To adopt this behavior is to indeed request Spirit assistance at all times. It is to live with a freedom and with abounding joy. This week ponder on these things, and consider the following:

- Life drives me to be a certain thing.
- The Spirit drives me to live a Spirit-led life.
- Adversity drives me to become better.
- My spiritual freedom seems to be more of a responsibility than an actual material-life freedom.
- I fear not to become the creature Father meant for me to be.

Life is not to be a continual burden, no – it is a fine balance of work, play, rest, and education. Be not afraid to live as you truly believe. That is all. Know that my love is growing with you. Until next time, shalom.

Attitude is Definition of Perception | What We See Now is Product of What We Have Perceived

Abraham, WOODS CROSS GROUP 10-25-2004

Back

I am ABRAHAM. Greetings. I always feel more enlightened by your heartfelt discussions. Each new personal perspective fills me with ideas and inspiration to make more of what I have.

I love the idea of greeting life with enthusiasm and courage to take on each new challenge. Take a rainy day for example: have one-hundred people viewing this rainy day, and indeed you would get one-hundred varying perspectives. A person may see dark storm clouds and be limited in their perspective of the day's potentials; another person may view this rainy day as cleansing and creating new life. Those that live life without fear are seeing through the eyes of Father, which is always inspirational and full of potential.

Your life up to this point is somewhat a product of your perception. What you see now occurring in your life is the result of actions taken by what you have

perceived. "Is the glass half full or half empty?" is an old saying; but it still is indeed a valid regulator of attitude and possibilities. Many individuals feel as if 'life just happens' and they are but a victim. They are easily discouraged into taking no action for they feel it would be futile.

If you are one who greets life with fearlessness, then are you putting potentials into actuals; you are generating energy; you are in connection with Spirit; you are utilizing your God-given gift of having life and having it more abundantly. If you envision doom, then certainly do you attract it. If you accept that Father knows you completely and sees you as His child, then are you with confidence and courage to go where He may take you. Fear certainly influences your perception of reality – but I say, so does faith, and so does truth.

Attitude (definition of your perception) is a good measurement for your receptivity to Spirit. How do expectations or habits influence what you are really seeing? If you expect Father to be entirely too busy for your minor problems, then certainly is this limiting your perception. If you are with faith that Father dwells within your very being, then certainly is your perception broadened.

Most of the time, attitude is indeed influenced by what you are perceiving. I do believe effort made on the part of the child to change an attitude is an invitation for Father to guide, to assist. I am not saying to put on a brave front and live as if everything is perfect, no, but to tame the ego and emotions, that they not have influence over your perception – is certainly higher-mindedness.

Yes, your interpretation of what you see does have an effect on you – mentally and physically. We all know we have jumped to some conclusion after having witnessed some event and had not taken the time to collect the facts or receive understanding from the Father's perspective.

This week, I ask that you make time to understand what, or who, governs your attitude and perspective. Be thoughtful of gathering facts in order to understand the reality of any given situation. Know that in all of life's happenings, Father sees to an outcome of ultimate truth, beauty, and goodness. Know that you each are trusted to strive for the ultimate good of the whole – even though this may require personal cost, your personal commitment. Have not worry nor fear, for Father sees to the growth of all His children.

That is all. Again, I give you each my love and will set you in motion for yet another week of mortal adventures. Until next time, shalom.

Does Your Perception Affect Your Behavior, Your Personal Journey | The Part Moves the Whole

Abraham, WOODS CROSS GROUP 11-01-2004

Back

I am ABRAHAM. Greetings. I am always inspired by your faith. Your willingness to move forward without actual proof that I am real and this Mission is real, makes me continue to strive to keep my focus and move forward with the Father's plan. Your faith is a course we can set sail to.

This evening you speak of energy; and I would say that even after a long day of spending energy – you, as a focused group, are indeed in abundance with it. How blessed am I to know you and to be your Teacher, as well as a student with you. I realize that those who strive to follow the will of God sometimes feel as a leaf blowing in the wind; you commit yourself to following the Father's will, and yet, there are feelings of misdirection or confusion.

We must remember, children, that in all our striving for the progress of the Correcting Time that this is also a personal journey – the part moves the whole. You are each a part in the scheme of Father's overall plan. Much of the correction from the Correcting Time will be personal. To learn correction or self-mastery, you need flexibility in attitude and action. Father knows your intentions. He knows you strive to follow His will. Even when you fall short of that intention, He punishes you not. Always is your best interest in His interest.

Father makes not your life difficult just to polish you into a perfected child, no. He is a coach at every point, leading you toward Him; leading you toward an ultimate good. He has influence in the arrangements of the lessons, yes, but the choices you make are completely yours. There are not time-limits – nor are there points to be given to each unerring child; there is simply encouragement (mental and spiritual assistance), prompting a comfort to be your true self.

This week, I ask you to review your spirit-driven goals; how do they differ from the 'material' or what the ego desires? Think about your culture and your upbringing – how has that influenced your perception of what you believe the goal to be, is. Surely, as a child, you had your dreams of what you wanted to become in life. Possibly your perception at that time would have you pick what was most adventurous, fun, or what brought you a great deal of attention.

The world has changed. You have changed. What now are your goals? Is your perception of life a stumbling block, or a stepping stone? Does your perception create your behavior? Every day is a new day – it is a gift, it is a clean slate, it is a chance to move further toward the person you are becoming. A few questions?

CALVIN: Abraham, thank you again for all your lessons. I don't have a question, but do you have any help, direction, or comments for me?

ABRAHAM: I see you as moving more with the spirit these days. You are relaxing into your true being. You have realized struggle does not mean success. Your definition of success has also changed, which has redirected your focus. Your perception has changed and so has your attitude – which has led you to make different choices, which has brought you different results. Continue on as you have. Take time to build a more loving connection with spirit. You do well on the intellectual level. Focus a bit more on the loving aspects of Father and His associates. Well done. One more question? [Some personal questions and answers are omitted.)

SARAUNA: Abraham, I am approaching a time in my life when I have to make some really life-changing decisions. I know that you can't make those decisions for me but perhaps you could give me some guidance, something I could use to help me make a good decision? I just appreciate you being our Teacher, and all you do for us.

ABRAHAM: Certainly, as I also appreciate each one of you. Yes, one word comes to mind: quality. As you live a mortal life you may find value in various things. To seek after and embrace those things that bring you the most fruits of the spirit is a good path to follow. I believe you follow your inner guidance quite well. You can trust in your heartfelt desires. Have not worry, you are able to follow through and complete those things which are now, simply thoughts. You do well.

With that, I will take my leave. Know that we will talk again soon. I have enjoyed our evening together. Feel free to call on me anytime. My love goes with you. Until next time, shalom.

Does Your Perception Affect Your Behavior, Your Personal Journey | The Part Moves the Whole

Abraham, WOODS CROSS GROUP 11-01-2004

Back

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This week, I ask you to review your spirit-driven goals; how do they differ from the 'material' or what the ego desires? Think about your culture and your upbringing – how has that influenced your perception of what you believe the goal to be, is. Surely, as a child, you had your dreams of what you wanted to become in life. Possibly your perception at that time would have you pick what was most adventurous, fun, or what brought you a great deal of attention.

The world has changed. You have changed. What now are your goals? Is your perception of life a stumbling block, or a stepping stone? Does your perception create your behavior? Every day is a new day – it is a gift, it is a clean slate, it is a chance to move further toward the person you are becoming. A few questions?

CALVIN: Abraham, thank you again for all your lessons. I don't have a question, but do you have any help, direction, or comments for me?

ABRAHAM: I see you as moving more with the spirit these days. You are relaxing into your true being. You have realized struggle does not mean success. Your definition of success has also changed, which has redirected your focus. Your perception has changed and so has your attitude – which has led you to make different choices, which has brought you different results. Continue on as you have. Take time to build a more loving connection with spirit. You do well on the intellectual level. Focus a bit more on the loving aspects of Father and His associates. Well done. One more question? [Some personal questions and answers are omitted.]

SARAUNA: Abraham, I am approaching a time in my life when I have to make some really life-changing decisions. I know that you can't make those decisions for me but perhaps you could give me some guidance, something I could use to help me make a good decision? I just appreciate you being our Teacher, and all you do for us.

ABRAHAM: Certainly, as I also appreciate each one of you. Yes, one word comes to mind: quality. As you live a mortal life you may find value in various things. To seek after and embrace those things that bring you the most fruits of the spirit is a good path to follow. I believe you follow your inner guidance quite well. You can trust in your heartfelt desires. Have not worry, you are able to follow through and complete those things which are now, simply thoughts. You do well.

With that, I will take my leave. Know that we will talk again soon. I have enjoyed our evening together. Feel free to call on me anytime. My love goes with you. Until next time, shalom.

Rampant Emotions Versus Calm Decisions | Example Of The Apostles Failing To Heal the Possessed Boy

Abraham, WOODS CROSS GROUP 11-08-2004

Back

I, am ABRAHAM. Greetings. I appreciate all your sentiments. I admire your willingness to be honest with one another, as well as yourselves. Every day you each wear many hats. It is difficult to display a positive countenance when life seems negative. It is difficult to interact with individuals who expect you to be upbeat when you are not.

My friends I say again, it is perfectly acceptable to be human. You will display emotions; you will have concerns; your mind many times will be preoccupied. This is not putting you in a deeper human hole, no; these experiences are equations to be studied and solved. Again, your 'perception' of life's circumstances is everything. The mortal goal is to have self-mastery, to be self-governing, to know God and be like Him. The smaller we are, the bigger He is within you – which brings us advancement.

Perhaps a few years back you had a vision of where you should be at this point in time. You had expectations. We all have expectations. Being committed to the Correcting Time can surely scramble those expectations. As a kingdom believer you are presented certain circumstances, certain challenges by the unseen helpers. Each experience is a hurdle that advances you to the next level.

You cannot advance through false pretense. You cannot advance by sheer will. You can, however, fool the mind and heart into the belief that you have made the effort and have 'earned' advancement. In time though, you will grow weary and realize such perceived growth is not rested on a stable foundation. Mortals are impatient – I know this firsthand. To backtrack in order to experience a more lasting correction is frustrating, for you feel as if you have 'already traveled that road and have that experience under your belt.'

If you find yourself experiencing some lesson over and over again, then indeed you need to stop and really be observant; really take in the experience as your own – own it, feel it, draw from it what your mind can comprehend. You see the hard truths in life, yes, and that can bring pain. To escape the pain is to have forgone the lesson. This is not sinful, no, it is simply the mortal way.

Look at the apostles: They were first filled with the excitement of a new and better way; they could actually taste the glory of the coming kingdom. And yet, how many times were their hopes dashed; how many times did they receive rebuke from their Master. From such seeming defeat, would they spend all of eternity in a tortuous existence? No! Experience was had and wisdom was gained. Jesus and Father fully understood the shortcomings of their mortal minds.

I am reminded of the story where the apostles had attempted to take on the Master's power by driving an evil spirit from the soul of a child while the Master was away. A parent had sought Jesus' assistance to free their child from a mischievous entity. In the apostles' mind, they sought greatness. In the outcome, they hoped for the glory of having freed this child from an evil presence.

Had these apostles a true compassion for the child or the parent, the outcome would have been different. Had they sought the Father's will, rather than their own expectations, the outcome would have been different. To their dismay, this was a failure in trying to heal the child. Said Jesus to His apostles: "Had you real and abiding faith, surely you could have driven the nefarious spirit from the child." Their intentions were skewed. The story has a happy ending with the child being set free and the parent quite relieved. Said Jesus: "These things and more can you do when your intentions are Godly and without seeking self-glory."

This world can be so harshly judgmental that it would drive one to become someone they feel is acceptable – the budding soul of God is set at the back of the mind and the false persona has come to the front. As the kingdom believer grows, falsehood becomes quite distasteful – actually unbearable and unacceptable. This is good. This is growth. Have not worry. This life is a long labor, but it certainly meets with a wonderful outcome of awareness and wisdom.

This week, continue on with studying perception, and how to change emotions that run rampant compared with calm decisions that are spirit-driven. Have not worry. Ponder that person that is you who meets with society every day. Is personal falsehood an aspect of your personality, and does it weigh heavy on your spirit conscience? Also this week, I ask that you think about your top three priorities in life – and those things you must do to see them through.

That is all. Know that all is as it should be. Have a spirit-filled week. My love goes with you. Until next time, shalom.

What Is My Commitment To Change | Personal Change Is Critical To The Well-Being of The Whole

Abraham, WOODS CROSS, UTAH 11-15-2004

Back

I am ABRAHAM. Greetings, each week that we can meet always brings me closer to new ideas. I appreciate your different personality aspects. Your willingness to be a link in the cosmic mind provides experience and growth for all, especially the God in time – our Supreme Being.

As you move through this Correcting Time, it is becoming more apparent that the time for change is now. As we witness much of the world's chaos, we can safely assume that many welcome not change, but stay grounded in old-fashioned foundations of faith. Change will be mostly personal, but definitely does it affect the world, and beyond.

Let us ponder the chaos in our own lives. Is there resistance to change? Is there fear of the new? I myself was indeed one who feared uncontrollable circumstances. I needed to know that I was not to be surprised or caught off-guard – which in my mind was perceived as weakness. We can each see that change is slow; but definitely, real change is lasting. Those things that are embracing truth, beauty, and goodness, are lasting. Many times must we make great effort, yes; but surely is it worth it.

Some years back, you committed yourselves to living out to the best of your ability the will of God. Certainly you have excelled in some areas, and in some have fallen short. Nevertheless, when you committed to a life in the spirit, you committed to change on many levels – and as we know, lasting change takes patience and time. I realize the need for order in a world that seems to be chaotic. Order seems safe, familiar, and seems to be self-empowering.

The time for growth is now. No longer can we take a 'wait and see' attitude.

Personal change and growth is critical to the well-being of the whole. Review your everyday life circumstances. Is the daily chaos due to a resistance to change; to embracing new thought; to the courage of living life that embraces truth? Is disorder paralyzing to you? Are you with the flexibility to withstand the discomfort in life in order to be taught, to advance? Is your measure of peace a sign of your ability to accept life for what it is? – not simply just endure it, but to be strengthened by it – yes, changed.

This week, think over your definition of change. Is it something fearful and seemingly out of reach? or is it a challenge for you to walk a closer walk with the Father? After these years of living and experiencing, do we not all know that life continually evolves? What are steps we can take to become an example of peace and not a producer of chaos?

That is all. Know that I am with ever-growing affection for you each. My loves goes with you. Until next time, shalom.

Let Not Past-Adversities Harden Us From The Possibilities To Come

Abraham & Emulan, WOODS CROSS GROUP 11-22-2004

Back

I am ABRAHAM. Greetings. I would express my gratitude to each one of you, for you have seen to this branch of Correcting Time progress. I see you each as Father's unique and diverse children; yet when I look into your faces I view your personality familiarities, and I love what I see. Some of you are peacekeepers; some are quite thought-provoking; some are simply gracious and motherly. But the whole of you is quite a bright light to us here on this side.

We have been speaking of change and how personal growth affects the whole. This evening I thought it appropriate to have one who is very familiar with change speak to you.

My greetings. I am EMULAN. I am somewhat familiar with your personal history. I have some understanding of you each on a personal level. I do admire your strength and stamina to stay the course. As you well know I always speak from my own experience.

Many of you know that I hailed from such a world as this one. I did lose my family in an accident, and from that loss I was thought to be completely disabled. Through that adversity, I went through several years of education to become a doctor of the mind. The story is simple to tell; the life-struggle, on the other hand, was quite difficult.

I realize that for evolving mortals, time seems to be crucial and you can feel to never "have enough." As a struggling mortal before my tragic loss, I figured I was simply paying my dues of the life I was given. I worked hard; I lived to be honest; I attempted to follow my inner God - and still, what seemed to be so unjust, was to occur. I did at first blame God for my adversity. I figured Him to be a cruel ruler of the universes. I thought my life with those I had loved so dearly was a complete waste.

Certainly, in the midst of pain and chaos I could not see that each day was the beginning of all eternity - if I so chose. While my heart longed for greater spiritual things, my eyes told me of my personal limitations. My mind could foresee greater things, yet my level of self-perception took away my ability to make helpful choices.

Chaos is painful; and certainly, growth can be painful, yes. I say, experience doesn't always have to be painful to lead to wisdom - and yet you each know many people who are quite embittered by pain. It does seem like a waste that one would refuse growth by becoming suspicious of life's intentions or skewed perceptions. It would seem in my own personal experience that I had engaged in education much longer than I actually practiced as a doctor. Was that a waste of life, or time? I can safely say now, no!

From this very day is the beginning of your eternal career. What you learn here will be carried on to the next adventure. Can we regret the past? can we become embittered by our poor choices? certainly not! We can view today as the beginning. I

can't say what the future holds for any of you, but I do know that your efforts are valued. You are truly loved and indeed a member of the family of God.

Do not allow life circumstances to make you seem in a rut or to feel like your efforts are wasted. Know that you are a valued child, and every aspect of your life is known and understood. You have assistance always, yes! You are at the beginning of a long and fruitful eternal career. Do not allow the adversities of the past harden you to the possibilities of what is to come.

Please know I also enjoy each one of you and am honored to be your friend. Farewell.

ABRAHAM: Thank you, Emulan. I am always inspired by your words of wisdom and personal experience. This week, children, make effort to keep your eyes forward. Learn from the past? yes! Be burdened by it? no! Broaden your possibilities by accepting change in whatever form it comes in.

As always, my love is ever growing for you. Until next time, shalom.

Prayer Is A Wonderful Return Home | Life Is Always Going To Be About Education and Change

Abraham, WOODS CROSS GROUP 11-29-2004

Back

I am ABRAHAM. Greetings. I am grateful for being so welcomed into your family group. I am quite enjoying the harmony of the group's attitude and the willingness to keep moving in a forward motion. Your willingness to stay unified is a wonderful example of all that we have been trying to teach. Some years ago, you were all perfect strangers - and behold now the family structure you have each helped to build. Well done.

We have been discussing change as of late and I appreciate your efforts to absorb the meaning and put it into practice in daily living. Father is so gracious. He is so kind in His educational techniques. He bestows not change on His children all at once. He creates not chaos to shock you into welcoming change, no, for Father is gentle in His methods. He is wise to build a strong foundation for everlasting change and/or evolution.

Think back over your short time in the flesh; what has brought you greater wisdom than the small but significant changes? Mortal life is about learning to listen, learning to set aside ego and becoming a responsible citizen of the greater universe. How can one serve as an ambassador in our Correcting Time without having made personal correction? How can one set a good example of universe citizenship without a sincere releasing of ego?

This mortal life is always going to be about education and change. You don't just suddenly stop learning at certain points in your life, no. Life is always in forward momentum; it is always progressing. Perhaps at times life seems not so productive. But certainly in the mortal struggle will your eyes of faith be made to be expanded with new experience.

I realize that most of you have been hard at work on personal change and growth. I

would hope to be a light upon your path and not a burden. You each possess tools that aid you in body, mind, and spirit, to create harmony. Instead of being dragged through this mortal life in chaos, you have the tools of stillness and prayer. And yes, I realize you are each quite busy in life, but most definitely you all know that prayer and meditation does open the mind to Father and to the mind circuits.

I know as the stress of life builds, it does seem to further separate you from Spirit. Prayer is a wonderful return home to receive that nurturing which will carry you in peace through every experience. To pray is simply to open an arena for a discussion with Father. You talk to Him and you listen to Him. Definitely, He listens to you; He talks to you; He shares your life from within you. It's all very simple; and yet, many miss this benefit because they are fearful they are not heard or that they are not as important as other issues. Each person has God within. And this Indweller is abundant in giving; He is a part of you that is so close - you at times almost seem as one. My friends, what a wonderful light to live by.

Let us simplify life this week by improving our communication with Father and His associates. If you have not the serenity in your life that you desire, then ponder your willingness to take a moment each day to have personal time with Father. Are there questions?

CALVIN: Abraham, in your lesson you talked about being open to change and not let the hardships keep us in a shell. I know many out in the Teaching Mission throughout the world believe that this group (our Woods Cross TM group) is holding on to the old and not letting go to embrace the big changes to come. In particular, the 'new enlightenment' that seems to be dominating our Teaching Mission Internet list concerning the so-called coming of the Magisterial Son and the supposed new revelation to come, etc. Would you care to address that? Do we need to open up in that regard? or are you talking about personal change?

ABRAHAM: I speak of personal change, as in self-mastery. As your understanding for God grows, you are more likely to release the ego. The ego demands attention. The ego demands to be seen. This is like a child who would not understand the unconditional love of a parent; the child learns to act in any manner to gain the parent's attention. Much of our Mission fellow's activity is simply 'need for attention' - this is all understood. What is real will rise to the top and it will be lasting; it will not be bound by ego or old traditions; it will not be pouring new wine into old skins. I would suggest that everyone who can put Father as their sovereign will find a peace and love that they simply cannot get anywhere else. This is not a mission of man's power, but a mission of God's love. Is this helping? (Calvin: Yes. Thank you very much.)

With that, I will take my leave. Know that I am growing with affection for you each. I become better with your friendship. My love goes with you. Until next time, shalom.

All The Love One Needs Is Already Within, From The Purest Source Of All Love
Abraham & Machiventa, WOODS CROSS GROUP 12-06-2004
Back

I am ABRAHAM. Greetings. I am ever so grateful to be a part of you. I feel indeed so

blessed for being a small part of a larger picture. I have a soul satisfaction that I have not ever felt before. I believe you are a part of that. At times I feel for your mortal pain and struggle. I realize that agondonter status is difficult to not only 'endure' but to 'master.' [Agondonter: One from a rebellion infected world who, because of the severance of the system circuits, 'believes without seeing' - without proof.]

Where I am right now, I can see how my experience in the flesh has served. As a material mortal, I felt somewhat isolated from spirit - which surely did create some yearning for ego-satisfaction. As I am now, I crave no attention for ego. I know with certainty that Father breathes life into me. Mother and Michael care for me as I am now, and assist me in what I am becoming. I have no need to run with animal instinct, for my spiritual inheritance is more than I will ever need.

I do love each one of my brothers and sisters here on the Teaching Staff. I value their thoughts, but their words do not have control over my actions. I value their love and affection for me and yet, I do not crave their acceptance. I value their thoughts and yet, I would never dream of changing the Master's plans in favor of some ego wish-fulfillment. Do you see, I love and value these many people and yet, I realize the love that I surely need is from the purest Source of all love.

Had I realized this ideal way of thinking in my days in the flesh, I would have stumbled less, I am sure. In those days, things I could see and feel with the material senses were more real to me. My friend and mentor, Machiventa Melchizedek, was indeed a great source of spiritual interpretation - he had taught me to see beyond my eyes, hear beyond my ears. He taught me that everyday living was indeed a gift not to be taken for granted. Yes, mortal life was simply an education - learning to master the self while having to use eyes and ears to see beyond the physical.

I am MACHIVENTA. Greetings, children. It has seemed to be ages since I have spoken with you in this fashion. I hope you each know that while I seem to be less present, that is not really the case for I am here much of the time and certainly always a part of your educational agenda.

As Abraham knows, I love to reminisce, especially about those days in the flesh on your world. Abraham makes himself to sound so mortal, and indeed he was, but also was he a willing student. Definitely did he embrace honesty with a rare enthusiasm.

What Abraham speaks of tonight is that all-encompassing love of the Father of all fathers. This Parent is not like any mortal you have ever known. This is One who knows you in-depth and loves you for all that you are, and even for what you are not. When one has the all-encompassing satisfaction of love from the Father, what more does one need?

This time of year, you celebrate the birth of the baby Jesus. How wonderful it would be to be with the idea of being reborn in spirit, to come to life with new ideas. Allow the old to go to its place. Allow the new to rise to the top. Michael has said: "With Father, all things are possible," and this is literally what He meant!

Knowing the presence of God--feeling the presence and being dedicated to living the life in the spirit--all leads to knowing, without a doubt, that you are loved and a child of His. Knowing God, you will never be alone. Knowing God's love, you will need not be led by the ego's needs.

When you picture a classroom full of children, some will always clamor for attention. Many of these children distract the other children, and certainly it is all a valuable lesson, but when you see that child who is focused on the teacher's words, you see a child who is healthy in mind, body, and spirit - for he was reared in a wise and loving home; He knows he is taken care of; He is with certainty that the love of the parent is with him at all times.

Why clamor for man's attention? Why divert your fellow's attention to yourself when you have the Father's attention that surpasses anything of this world? Children, this is peace-giving; this is serenity and a path to wisdom. For the week ahead focus on renewing your relationship with the Father of all fathers. I would suggest to throw out your concept of Him now, and allow Him to rebuild your idea of who and what He truly is.

During this holiday season, we shall focus on becoming new - being reborn in mind, body, and spirit. Know that I am with sincere affection for you each, and my eyes are always on this Mission. My heart is deep-rooted within this Mission. I shall stay the course. I love you. Farewell.

I am ABRAHAM. Thank you, brother, friend, and mentor. Your wisdom is always a road to peace. I am blessed knowing you are with us in all ways. Your support is definitely a light for us to live by.

And with that, I shall take my leave also. Know that you each are in my thoughts. You are known and loved. We will meet again. Until next time, shalom.

A Creative Outlet Is A Good Mood Changer, An Enhancer Of Beauty, Goodness and Truth
Abraham, WOODS CROSS GROUP 12-13-2004

Back

I am ABRAHAM. Greetings. I would give you each my gratitude for continuing to welcome me here each week. I am grateful to Michael for having given me this task; I shall not take it for granted.

While I am mostly a being of sincerity, I also enjoy humor, music, and art. Even though this season of traditions is usually quite busy, there are a great many sights and sounds to behold. I must admit, those material visions I view lead to certain emotions welling up within me. I am beyond the material world and yet, all that I sense does in some way still affect me.

I know how it is for you in your material state to walk the walk of faith. Remember, all you take in becomes a part of you. You need to balance that with divine influence. From day to day you can tune into your media reports, and the amount of negativity coming from that is certainly overwhelming. Many who view these reports are unaffected, in a detached manner, because they are not 'directly' affected.

As you were discussing earlier, many seem to find happiness in a material fashion. We each know this is fleeting. It is not a sin to be surrounded by material wealth unless it is, for the most part, your driving force in this short time in the flesh.

Beauty is productive when it leads to spirit. For example, if an art piece sparks reflections of spirit within one's heart, mind, and soul, then indeed is this beauty productive and fruit-producing. When material beauty has you enslaved however – such as in efforts to maintain it or to gain more – then indeed is that from an animal level, and a producer of spirit poisons. How wonderful would it be to be driven by that spirit which is a producer of art or beauty. Yes, spirit produces spirit.

You must take caution in this material world what you feed the soul. It is wise to find balance in all your daily activities. One who works too much becomes enslaved in mind to that very thing. One who plays too much finds he is indebted and certainly stressed. It is true that the material eyes are the windows of the soul. What you see, and your interpretation of it, does directly affect moods, attitude, and spiritual growth.

Let us take a soldier at war, for example: All day long the soldier can be surrounded by brutality. He or she can witness the death of friends and comrades in uniform. The soldier might even be made to kill, or do some other task soldiers are trained to do. This is traumatic, yes; and still, the soldier is loyal to his commitment to serve. He must do what he must do.

In the midst of all this chaos, the soldier can receive messages from home. To read these letters actually takes him back home in mind. His attitude is improved; he is feeling supported and seeing the honor of duty before him. The soldier can experience the worst of the material elements, and yet the letter produces in mind the scenery of children playing, or perhaps a garden. Yes, this message from home can boost his spirits – at least change his attitude and perhaps produce a bit more positive energy.

Any beauty leading to truth and goodness is certainly welcomed into the material life. What is your definition of beauty? What are you surrounded by that is spirit-producing? In the midst of a busy life, how do you keep balance with spirit? What time is set aside for prayer or meditation? Perhaps there is available a few moments to study or listen to beautiful music. How many of you act upon your feelings of creativity? A creative outlet is certainly a mood changer.

This week, let not the busyness of life drag you from spirit, but allow the 'spirit' to drive life. That is all for this evening. Have not worry. Know that we are moving forward. My love goes with you. Until next time, shalom.

How Do We Combat Spiritual Loneliness - Past Anger | Life Without Father Is A Thirst Never Quenched

Abraham, WOODS CROSS, UTAH 12-20-2004

Back

I am ABRAHAM. Greetings. I do love these small more intimate groups. The energy this evening is indeed promoting peace – something we can all use after the busy holidays.

I still find the story of 'Jesus born as a helpless babe on this material world,' fascinating. I find the happenings that led up to the birth, intriguing.

I realize that the Master was meant to come here and that was the plan. From a mortal standpoint, however, I am always in awe of those things Father can make happen. For examples: the visitation of Gabriel to Mary; the dream that Joseph had; the fact that Elizabeth was beyond her childbearing years and could still carry a child. These things, to me, are real and something I could relate to from a mortal standpoint.

We must realize however, these events did not happen one right after the other in such a fast pace, no. God has His time, and God's time is perfect. That is the one thing I have found most difficult to understand as a mortal - God's time and my time were not the same. A year to me could be the blink of an eye to Father. Believe me, I was then, and sometimes still am, impatient and anxious to see every outcome. Know that I am with understanding that impatience is a burden hard to bear.

How blessed are we that Michael of Nebadon chose our small planet as a bestowal experience! How blessed are we that He set a sublime example, from infancy to adulthood! How blessed are we that we have this information, meaning living revelation and the Urantia Book, to broaden our view! How blessed are we that we are not bound by tradition and have every possibility before us! Thank you for allowing me to share in your lives and in your experiences.

It would seem appropriate this evening to discuss Father's presence in our everyday lives. Spiritual loneliness has driven even the best of us to find temporary fulfillment, even if in a negative manner. The human mind is fascinating, yes, with all its idiosyncrasies and interpretations.

We each know that life is not continual joy - there are various emotions, there are hard times, there are complex situations. I say, this is 'typical mortal life.' A life barren of the spirit, however, is to have repetitive negative thinking. This negative thinking keeps one downcast all the time - wherein there is no balance.

Life lived without the Father's presence is a thirst that is never quenched, a hunger that is never satisfied. Many who know this spiritual loneliness are thrill seekers, always looking for that next temporary high. How do we combat spiritual loneliness? You could attribute most of it to the mind, 'how you think.' What goes into your mind? What are you sensing?

One who holds fast to past anger will certainly create a barrier between themselves and Spirit - of course worsening the situation. As such, for a correction it is most wise to turn off the world around you and have not worry of anything material. Have not worry of any loved one's deprivation, so to speak - nothing but your mind and the Spirit. We can go to the well of the Father and drink deeply His abiding love. Yes, it is possible to not have worry for tomorrow or even have anger over the past.

As we approach this new year, we can put our focus toward strengthening our bond with the Father, Michael, and Mother. Ponder this thought regarding 'spiritual

loneliness' – versus, 'if I have God, I have everything.' Father is indeed sensible. He would lead you upon a path of common sense. He would not walk the path for you, no; He would, however, go before you to clear the way for your experience needed.

Father would not allow His children to indulge in irresponsible behavior and then remove their difficulties. What would that serve? How would that help? He would however, show various solutions you could choose. He would show you how to help yourself. He is the good Father who never falters or fails his child who allows Him to lead.

This week, make effort to turn off the world and tune into Him. Ponder those facts of 'God's time' and 'your time.' Remember the focus for the coming new year. That is all. Know that each time we meet I am with more affection for you. Go in peace. Until next time, shalom.

Announcement. Getting Back To Our Original Mission Focus | Correction, One Individual At A Time

Abraham, WOODS CROSS GROUP 12-27-2004

Back

I am ABRAHAM. Greetings. I am touched by your faithfulness. I am moved by your willingness to work for the growth of the kingdom. When there is a show of faith, Father always uses the opportunity to the fullest. Father's works and 'your idea' of His works may not align, no, but your experience and time in this new era has shown you that all works for the good of the whole with Father's works.

I am with a humble heart to see the many children of the Correcting Time unify in faith. For this moment in time, we can overlook the politics of our cause and redirect our focus back to Father's original plan:

Some years ago, we began the purpose of creating a 'time of correction' for a misguided world. Many Teachers were trained and were sent on assignment without the security of knowing that their efforts would be productive. We found this world a place of deep longing and hungering for truth. Common religion was really no longer serving the common man.

The Correcting Time is in answer to the world's prayers. We have responded to your call; and yet, much of the time you are blinded from our response. We seek to bring comfort and spiritual security, not more political fuel for the fire of the ego. We find a great many individuals wishing to be heard, and practically nobody, in the busyness of mortal-living, is really listening.

We would like to be about the business of the original Mission. We seek to direct all back toward the plan and purpose of Michael, our Creator Son Brother. For the Correcting Time to show results on a mass scale, we must begin to be corrected 'one individual at a time.' This is your solace. This is your peace. This assistance is free and available to all. There is no need to scramble toward spiritual enlightenment. There is no 'king of the hill.' There are no competitors to race against. There is just you and your indwelling Father.

For these times ahead, let us begin the practice of listening and being observant.

You have the entire universe in front of your eyes – you have only just to look back to our beginning days and remember the quest that was first suggested. Have not worry. Know that joy and abundance are also a part of living. That is all. I will take some questions.

CALVIN: Abraham, thank you for being with us tonight and putting up with our 'group ways' and our individual-ness. In your words tonight you referred to going back to those earlier days. It's probably a hot topic with the directors from your side, but I have been thinking about this: In the earlier days of the Teaching Mission there was great care, on your end, to appoint and assign Teachers to groups seeking such. Sometimes a group or a 'transmission receiver' was ready, and often other requests for an assignment to a group would get your advice to wait. It was always at yours or Ham's direction the Teacher and transmission receiver assignments – which I see greatly helped in accuracy of the many Teacher transmissions, and helped greatly to minimize confusion and error. That protocol seems to have become something quite different now. Many seem to forge ahead without seeking directives from your side. How would you address that?

ABRAHAM: My referral in this lesson was more toward having the faith of a child. A child is more interested in the journey than the destination. In the beginning of our Teaching Mission, this Teacher/student experience was new for all of us, and there was unspoken respect and reverence which humbled one to be more receptive, more observant. We can think of the apostle Thomas when he supported the Master's cause. He knew not why Jesus did what He did but he was willing to go forth, no matter what. For Thomas, this was not so difficult, but mostly a simple matter of making a decision and being committed to seeing it through. All things will evolve. People will come and go, yes, but Father will remain the same, and truth will become ever-more apparent. Truth is lasting. And as we evolve, we will all see what holds true. Is there more to this question?

CALVIN: You brought out that we did have a lot of Teachers trained in the beginning to come aboard. Being new to us, it was quite a spiritual shock to our system – and we saw everything from skepticism to fanaticism play out. Quality-control of truth was probably an issue, at least from my viewpoint. Putting too many 'brakes on' and not 'allowing the new,' versus the 'anything goes' attitudes – which seems to have taken hold in the Teaching Mission resulting in a lot of seeming untruth coming through in the various groups. My point – I remember how there seemed to be quite a bit of 'permission granted' in those early days of Teacher assignments and TR's being prepared and assigned. Have we evolved out of that? or would it be good to get back to those careful safeguard ways wherein, from your side, there are assignments and directives for this Mission.

ABRAHAM: When we think of the spreading of the Master's teachings long ago, you can see there were only a few that clung to the truth. There were many branches that went off with good intentions, and in the end, self-glory overpowered spiritual growth. The Correcting Time is in its beginning stages and there will be mistakes and some changes from our original plan. There will be those who find this work too difficult, and leave it in search for something more simple. There will be those who look for ego-gratification or even for just somewhere they can be noticed or appreciated. When the majority of the Teaching Mission members find their commitment

rooted in setting Father as their sovereign, and in 'serving the brotherhood,' then will there be stabilization. This cause, Michael's Mission, is still in its infancy; and with all our participation, we can watch it grow into a thing of beauty. Teachers will come when they come. The natural flow is best. To put great effort into causes without recognizing and absorbing even the smallest fruitful results, then perhaps redirection of focus is necessary. Father is no doubt in His heaven and within each soul, and not a thing happens that He does not already know about. To trust in Him is a step in the right direction – and then will individuals be prepared to receive Teachers and be balanced in Mission life. Is this answering? (Calvin: Yes, it is, very clearly. Thank you.)

AZSURAY: Abraham, I love you. You were always my favorite person in the Old Testament. I appreciate you taking the time to correct us and to be here for us in those places where the religions have failed us so much. I would like to ask you how I could improve possibly my study group and maybe have some variety. Then I want to ask you another question regarding the Urantia Foundation after you answer that.

ABRAHAM: Certainly. First, I would say that I have never intended to put 'correction' upon you, but to hold out my hand to give you a step up. No, it's not my job to 'correct' – you have made that decision for yourselves, and might I say, well done. Your study group seems to be moving as it should. My only suggestion is to relate what you study to circumstances in everyday life – this brings the Urantia Book to life, this makes what seems difficult, useable and understandable. You do well, Azsuray. Your next question?

AZSURAY: Yes, Abraham, the next question I have is: Why is it that the Urantia Foundation does not recognize the Teaching Mission, for it is truth, beauty, and goodness. I believe it is truth and good, and I don't have any more Spirit of Truth than anyone else. Why is it that they will not? Is it because they want separateness? you tell me! I can't figure it out.

ABRAHAM: My own understanding is that the difficulty lies within 'change' itself. Many individuals feel safe in the familiar; their stability lies within what they already know. This newness (Teaching Mission teachings) is bringing them to the unknown – and that seems to them to be a loss of control. They are well-intentioned people and yet, they have not the control they think they do. God's work will continue on – with, or without them. Still, they serve an important function – the spreading of the Fifth Epochal Revelation. Does this help? (Azsuray: Yes, it does, and I thank you.) Abraham: Another question?

DIANNA: Abraham, this lesson speaks of expansion and healing in this moment. It feels to me that my inner sense is being focused on a connectedness – not only to what you were saying about being connected to Father, but also being connected to all that is true, beautiful and good, in my brothers and sisters, and the energy surrounding this. It is as if I sense my own power and conviction in my choices to move forward; and at the same time, I can trust my brothers and sisters also in that connection to do the same. So there is no need for the politics that you discussed earlier. All that is required is this focus and faith. Can you address that?

ABRAHAM: Absolutely correct. Very well said, Dianna. It is a matter of feeling

connected – equal on all levels with your fellows, and feeling that surety of being a child of God. This, is unity. This, is the brotherhood of man and the Fatherhood of God. This connectedness is exactly what we are striving for. In such, there are no feelings of separation, and no need to be noticed or specially tended to. Peaceful well-being and unity, yes. Well said. Another question?

KATHY: Abraham, I am new. I just wanted to know if you have a message for me and ask if you know what is going on?

ABRAHAM: My daughter, I can see that you seem to be somewhat suspicious of the abundance that life has to offer. Looking back on your days, it would seem like life would be coming to a balanced point, and then adversity would strike. You are maturing in mind and spirit, and are learning that this suspicion is sabotaging your happiness. Accept the good for what it is, and know that you are fully capable of dealing with any adversity that comes your way. You have built a strong spirit, one that is able to withstand anything. Take joy in that much, and be comforted by the One who has helped you this far. Our Father wants for your happiness. Have not worry over the medical concerns, for these are temporary and somewhat routine. Accept with a glad heart those wonderful things which may come your way – they are free; you need not pay a price, no. As you mature in mind and spirit, you can find life to be with less 'peaks and valleys,' and more of 'an open road.' Have not worry. You do well.

With that, I shall take my leave. Know that I am ever growing more in love with you each week. Know that I am available should you need me. Until next time, shalom.

2005 and 2006 MANSION WORLD TEACHINGS

The Energy of Love | When All Else Is Gone Only Love Is Real (Tsunami in Indonesia)
Abraham, WOODS CROSS GROUP 01-03-2005

Back

I am ABRAHAM. Greetings, what a blessing it is to see each one of your beautiful faces here this evening. I am most grateful to know you each and experience this Correcting Time with you. As we experience our Father, we become more. The 'Father and child relationship' is a doorway into deeper spiritual understanding. Let us pray.

Father, we offer ourselves to you in all ways – mind, body, and spirit. We know you are master at organization and synchronizing life to draw us closer to you. We know you are a healer of the mind and body. We know you can comfort the mortal loneliness as well as the loneliness of the soul. It is understood that we are not a chosen people. We are not extraordinary in any way. We are simply your children making an effort to listen to that still small voice within. We are children with the intentions of following your will. We live for your comfort and kindness. We count on your wisdom. We offer ourselves to you this evening to refocus our minds on the goal ahead. We ask that you give us understanding of the Master's perfected humility. We are grateful to gather together as a family, with you at the head of our table. You are our Sovereign, Father of all fathers. Amen.

Every once in a while we have found it important to restate our Mission goals; it is important to remember what we are striving for. As we the individual become closer to God the Father – that affects the whole; and that, has influence on the Supreme Being. As you grow, the Supreme Being grows; the God-in-time is becoming more Godly, and indeed the reflections are felt here on Earth.

I realize those bound by traditions look at this last week's disaster as further proof of the 'second coming.' [Editor's note: There was a devastating tsunami in Indonesia and the regions surrounding that killed approximately 230,000 people.] While this disaster is beyond words to describe our sorrow, there are individuals who are looking at this as a clue to the new life ahead.

Many Christians of today are simply waiting for the Master to come and take His chosen people, as they suppose, to a much better place. This understanding is sad, to say the least. There are no words we could say to change the minds of the Christian fundamentalists – they are where they are; and thanks to Father, we are where we are.

I am always intrigued by the overall plans of our Father. He does always see to an ultimate good. While there are worldly events that seem to occupy our minds, we will continue to learn on a much smaller and personal scale as the individual.

What do we live for? Why do we continue to strive, day in and day out? What is most meaningful in this life? How do the scales of experience balance your happiness or your despair? I find that in my own experience, love has been the single most important key. When all else is gone, only love seems real. I am not speaking of the emotions of love, but the energy of love. Love is not about attachment, but about real and moving energy, a living force we can actually sense beyond the five senses.

As you grow in spiritual maturity, you realize love goes beyond your biological family. You can love without emotional attachment, providing Father remains your sovereign, your First Source and Center. People seem to come and go, but the love they had is what makes a difference. Love creates memories, and that is an energy to live by.

This week, we can ponder the love of the Father. How are we in our own lives like the Father? How is your love like His for your fellows? While alarming events are occurring on the world now, please do not be overwhelmed by them. Keep life simple and small – manageable, so to speak. As the world changes, we will require more of your help; and for that, we need you to be grounded and to stay on task.

This week, find time to study about Father and the individual. That is all. No questions this evening – perhaps our next meeting. Know that I am with growing love for you each. Until next time, shalom.

In What Way Is Father An Influence In Our Daily Living

Abraham, WOODS CROSS GROUP 01-10-2005

Back

I am ABRAHAM. Greetings. It is wonderful that I feel so free from any pressure; I

can be exactly who I am, and I am comforted knowing I am loved.

We can see many of Father's children under such pressure to become more - materially, socially, and even intellectually. Most of the time the pressure is not worth the reward. The continual 'striving' brings such imbalance, and many look for a satisfaction that never comes. I am so grateful to be well within this family of God. I know you each desire my happiness and overall goodness. I am at peace with who I am - and that, my friends, is a battle won.

This past week we were learning about the Father and the individual. As the part moves, so moves the whole. Your education, your well-being and balanced living, does indeed affect the whole. Your personal relationship with Father is certainly a map to Paradise. The Father is involved in your lives as much as you allow Him.

The Father is within each person, yes, as well as without; but certainly is He so much more. Our Father of all fathers has fragmented Himself to be a close personal Father/friend to each one of His children. No detail of personal living is too small to take to our Father.

I believe each one of us would want to personally review how we allow Father to influence our daily living. Is Father out among you and your companions? Is He in your everyday work? Is He allowed in your home and to have influence over family matters? Many leave Father just to their own allotment of stillness-time, and take Him not out into the busyness of living. I mean not to say be fanatical and preach on the street corner, no! but to have Him in your thoughts as much as you are capable of.

As I feel comforted here among you 'as myself,' you should also feel that among your fellows. Your personal relationship with Father is indeed an aid to that feeling of well-being and belonging. We each are simply 'learning children;' and as our Mission moves forward, we have not room for guilt or regret. We must continue to move forward from day to day without feeling hindered because of our humanness.

In your activities for this week, measure your amount of time you feel you can be your authentic self. And who is that! How does a close personal relationship with Father help to accept that person you are - and, the person you are becoming? Are there any questions?

CALVIN: Abraham, thank you for another most helpful and insightful lesson. I do find so much of your lessons in each weeks' experience; and yes, it helps. I think the biggest help in this last while has been to learn to trust that Father has our wellbeing in full control; and with this new belief I am not with my usual worrying and 'out of control' feelings. So thank you very much for your assistance and teaching which has brought this awareness to me.

ABRAHAM: Thank you, Calvin. I do see you as having made great strides toward personal peace. You seem to be leaning toward the realness of living instead of how things may look on the outside. It takes some years of experience to trust something unseen when you have not found trust in many things you can see. How blessed are we that Father is not like any human. He makes the sun to rise and set every day. He

hangs the Earth upon nothing. He is literally, a driving material force, as well as spiritual. You are getting to know Father in your moments of calm – and this is indeed, showing forth fruits. Well done, my son. Another question?

HARRISON: Abraham, I am very grateful to have the experiences that I have had with Father. But I don't understand – am I really having those great experiences with Father? or am I having something that I am making up. In having these good experiences, how then do I fall away so easily and get back into a situation where I don't feel as close?

ABRAHAM: I see that this is simply a typical mortal dilemma. You are made to believe more than the mind can see. You are having experiences with Father, and experiencing those lessons that are lasting. Indeed, Harrison, enjoy the harvest. Those moments that seem to fade away – allow them to go. Nothing of value is ever really lost. This mortal life is your classroom, and you will be required to learn lessons in a manner where you will retain memory of them. Remember to find reversion. Find a reason to laugh and have enjoyment, for this is indeed part of Father's abundance in daily living. Have not worry. Is this helping? (Harrison: It was very lovingly expressed Abraham. Thank you.) Abraham: You're welcome, Harrison. One more question?

TECTRA: Abraham, with looking at the energy on the planet right now, it seems people are becoming so sensitive these days. Is this because this veil between Spirit and the human form is becoming so thin? My question is: How are we to be more tolerant of people that are getting just so out of control?

ABRAHAM: Understood. This also is natural outworking. As mortals, there is always the ongoing battle with the ego or animal tendencies. There is always the desire for the 'quick fix.' It would seem that many in the world want to bypass the hard work but still receive the satisfaction that comes from doing it. We too, in the beginning of our Teaching Mission, jumped to many conclusions; and after certain lessons we were made to be more balanced. Humility has been a fine teacher. Agondonter status is a required mortal lesson on this world and what the mind does not know for sure, the imagination can make it up to suit one's beliefs. This is why we have you, our Teaching Mission and our Correcting Time students. You each will be an ambassador in showing the logical side of the spiritual life. As with natural evolution, there will be some moments of chaos, or confusion. Not to worry though – as time moves on, the spiritual life will be made more clear. Good question.

With that, I shall take my leave. My affection is ever growing for you each. Find time this week for rest and reversion. Until next time, shalom.

Ease-seeking and Escape Blocks The Value of Experience

Abraham, WOODS CROSS GROUP 01-17-2005

Back

I am ABRAHAM. Greetings. This moment of silence you take before I begin is the most peaceful time some of you get all week. As you mature in your spiritual life you find those moments of silence more productive.

The world is fast-paced now more than ever. It is indeed an era of ease-seeking –

only it seems this ease-seeking takes so much hard work to maintain. In learning to be your authentic self, you would do well to consider the physical body. Much of how you feel 'physically' affects how you move in the spirit. You are material creatures, and you have to consider the material, yes. Yet in this era of ease-seeking, society is all too often looking for an escape from pain or the unpleasant.

Much of your perception of life does come from what you see in your environment. Mental disturbance is a creator of physical pain. Those individuals that see 'the good life' as to be a life of ease are surely missing the lesson on why we must experience the mortal life.

Individuals from worlds settled in Light and Life admire those who experience the mortal life on an evolutionary planet where man must work his way up from the 'animal mind' to the divine nature. It is experiencing the difficult roads of life and overcoming obstacles – that does bring man closer to the divine nature. If one is ease-seeking, then one seeks to escape pain and struggle, and therein the value of experience is lost.

This society that you live in today has become soft, meaning that when difficult times occur there is a tendency to find immediate relief; never mind being observant and learning the lesson, finding solutions, etc. Rather, individuals seek comfort and immediate relief. Father and His associates are not about bringing man a life of comfort, but about bringing man closer to the divine nature through the natural outworkings of living. Yes, this is the road-map toward where He is – and it is so, all the way to Paradise.

Pain, of any kind, is certainly uncomfortable, yes. You need not have a life of misery to advance spiritually, no – but definitely an attitude of ease-seeking will delay growth. Your medical community has created a drug for every ailment. Most ailments come from how you view your life – how you take the time to relate with God. I mean not to say that pain is your only teacher, no! I mean to say that an ease-seeking or a fear-ridden attitude to escape pain, is not serving. Escape does not solve problems. Escape can sometimes bring temporary relief, yes, but always is a courageous countenance the best way to receive those interpretations of life's happenings which build lasting meanings and values.

Let us look back over history and ponder those individuals who worked diligently just to live; just to get by. There was not much time to take for daily stillness; but then again, there were not the distractions that we have in the world today. Life is hard work. It takes diligent effort to gain value from experience. Ease-seeking (or escape) is not going to bring advancement. Do not let this understanding bring you anxiety, no; but let it empower you to embrace work and effort, knowing that Father had orchestrated such for your eternal career to Paradise.

That is all. No questions this evening. Know that each one of you is capable to receive any answer to any question. My love goes with you. Until next time, shalom.

Lean Toward a Divine Intervention | The Relationship With Father and the Individual

Back

I am ABRAHAM. Greetings, what an increase of energy we have here this evening. I am always joy-filled and energized by our weekly meetings. I feel quite at home and I have you to thank. How wonderful it is to gather and re-center our focus on the First Source and Center.

For most, the week is always filled, and many times we are feeling stretched beyond our means to carry on. Many of us forget to consult with Father or His associates on any given circumstance. It is in the animal nature to be selfish or self-serving. Much of the time mortals find themselves serving the ego first, and saving a consultation with Father as a last resort.

As we mature in spirit, we find it natural to lean toward divine intervention and what is best for the whole, rather than serving the animal needs. I mean not to say that man is naturally a sinner, no, you hear enough of that in organized religion. I mean to say that man must work his way up from the bottom of the animal level to the higher divine scale.

As you are willing to release your needs into the Father's hands you find more peace and confidence to allow your mind to work at optimum level. There are not those 'me first' thoughts. There is not concern of how 'others' see you. There is not the worry over the trivial. There is however, peace, and a clear channel to increase spiritual receptivity.

Last week, we discussed becoming empowered to face life's obstacles with courage instead of cowering through escape; it is mostly a matter of perception. Children, your interpretation of everyday events is your daily living reality. Many occurrences are blamed on 'providence' because that is what is interpreted. We have come too far to allow the animal such control. We know now that the ability to be patient and observant is a light upon the spiritual path.

I can look back at my days in the flesh and see those things that I thought were important were really, self-serving. Those lessons that were of true value are those I took with me into my eternal education. I have learned to be at peace with the universal laws. I have come to trust Father and His associates. I want for nothing. I am saying, it was my days in the flesh that brought me to where I am now. Now, I can see the value. Then, I was quite wrapped up in my own ego-perception, my own animal-preservation.

This week continue to study and ponder about the 'authentic self' - the relationship with Father and the individual. The lesson is kept short to allow time for a few questions.

CALVIN: Abraham, we welcome Ashley and her boyfriend, Joey. (Abraham: Welcome.)
Calvin: Regarding this 'Father connection' I know it is quite a slow change - it is for me anyway. I look back and see growth, but every day it feels like I am a long way off still. The Urantia Book tells us that it is very unlikely to have a real good Thought Adjuster connection in the flesh. With the circuits open now, how clear can we expect that connection, with this new celestial Teacher training and all?

ABRAHAM: Understood. The difficulty with mortals is that they complicate most things. Clarity with Father is highly possible, yes, and it will be the most natural occurrence. Communication from Father and His associates do not need bells or whistles or miraculous happenings. Father's communication is most clear when you are in a mindset of service – service without recognition for self. It is understood that mortals have a strong need to be loved and accepted. Your most fulfilling experience with this will be with Father; when you can put forth the faith-effort to allow Him opportunity to work, then are you bestowed with a peace that surpasses all understanding; I say 'peace,' more-so than 'elation.' There is joy of course, but not euphoria. Striving for spiritual maturity helps you to release the ego – which releasing, connects you to the higher mind. Is this answering? (Calvin: Yes, answering very clearly. Thank you.) Abraham: Thank you for that question, Calvin. Another question?

MIRIAM: Abraham, I just love the lesson. I love you. I love being here and love having you as a friend. Could you share how you are, what you are up to these days?

ABRAHAM: Certainly. How kind of you to inquire. This group is quite important to me and is one of my ongoing tasks. I do assist in helping new groups get started. Many are not affiliated with the Urantia Book, so this particular task can be time-consuming. I find my life now much as I would have desired it in the flesh. I have time for rest and diversion. I have time for study and socializing. I am probably more busy than I was in my mortal days but everything is with a smooth and continuous flow. While I am deeply concerned with the world's happenings, I am with peace that Father's overall plan is the best plan. Thank you for asking, Miriam. (Miriam: Thank you for sharing.) Abraham: You're welcome. Another question?

HARRISON: Abraham, can you comment regarding our relationship with Father in a co-creator way – without endangering or enlarging our egos too much?

ABRAHAM: Co-creating with Father is somewhat like I said before – completely natural and without any inkling that something spectacular is happening. Think back to when you were a child learning to write, and an adult put his hand over your hand to help guide the pencil. This is somewhat how Father co-creates with you. When opportunities present themselves and you act from your divine nature, then does Father clear a path and provide instruction. When we speak of co-creation, we must take the Master's example into account. He was not co-dependent in a way that He knew not what to do without the Father, no. He was powerful because He trusted that His Father always knew what to do. Jesus trusted Father, without hesitation, and Father empowered Him. And again, this, for the most part, was entirely natural and without fanfare. The smallest lessons always left the biggest impressions. Does this help? (Harrison: Yes, and thank you.) Abraham: One more question?

SIMON: Maybe a comment. I just love you, Abraham. I, also, thank you for your lessons. Maybe a comment on balancing work with diversion. Also, I would like to spend more time journaling, as you have advised us. How I can be more consistent with that?

ABRAHAM: Certainly. If one is quite in tune with the Father, he chooses a profession

that seems like diversion – or in other words, something they enjoy and are feeling fulfilled. Sadly, every day do millions of individuals go out to their place of employment with dread and with desire to ‘just make it through one more day.’ No one is stuck in a particular life pattern – it can always be changed. As well, you can always do good ‘as you pass by.’ Where you work and live can be your own personal ministry. With the busyness of today’s world, many find they must become proficient in multi-tasking. While many feelings of ‘what am I to do’ are from the animal nature, some are from a soul level. It is not in your best interest to do stillness when you do not feel like it, when you are not open to it. It is not productive to journal if you are forcing it. You are not gaining a full spiritual experience when you greet the day with dread. It is always helpful to have tools at hand that create feelings of peace – music, art, socializing, etc. Small steps lead to larger ones. It must be known by now that no mortal is really forced to do anything, and that includes stillness, or spiritual study, or journaling. When you have the desire, then is your experience more productive. Do not force – simply allow.

And with that, I shall take my leave. It is an honor to be with you each. I am filled with gratitude to Father for my post. In serving, I am well served. I thank you. My love goes with you. Until next time, shalom.

See Ourselves As a Learning Mortal | Living In the Moment Helps Overcome The Pressures From Demands

Abraham, WOODS CROSS GROUP 01-31-2005

Back

I am ABRAHAM. Greetings. What an intellectual group we have here this evening. You have quite possibly covered every topic; I may have to rearrange my lesson. Refreshing, yes. I am in awe of your ability to be flexible. Your enthusiasm for your spiritual understanding is quite contagious. It is indeed a blessing to know each one of you.

From where I am, I have some opportunities to know you each as your authentic selves. Of course Father knows you through and through, because He is our Father. I know you from what you dare to show me or share with me. I find you each unique – and yet, I relate with each one of you as a part of myself; part of the universe, and a part of the family of God. It is indeed a blessing, and I thank you.

It is interesting how individuals can be more accepting of their personal aspects when they are more accepting of others – or in other words, less judgmental. Life in the flesh is a lot of assuming or guessing or ‘preparing for the worst.’ As we mature in spirit we see our own mistakes not so devastating, not so condemning. While you can begin to see yourself as a ‘learning mortal’ you are releasing the pressure to be perfect, for you know this takes much time and experience.

There is not lasting perfection in one who is continuously pressured; the anxiety one may feel can even possibly delay growth, but that is not to worry over. I am saying, you most definitely expect more from yourself than do others; and many times you do fall short, yes, leaving you with feelings of discouragement for having disappointed others. This negative self-regard can certainly lead to unwanted behaviors, perhaps desires to ‘escape.’

How free would the world be if we simply made allowance for the growth of ourselves and, one another? The ego is a master of deceit and will try to convince you that your fellows' downfalls are your uprisings. The ego can certainly make man a slave to popular opinion – and therefore, limit spiritual receptivity.

This old saying, “live in the moment,” is not just words, no, but a reality you can make happen – it is a well-worn saying, but has deep meaning. ‘In the moment’ there is simple reality; there is not the guilt of the past or the worry of tomorrow; there is not judgment of self or others. ‘In the moment’ is where God resides. ‘In the moment’ is where peace abides.

This week, children, free your minds from that pressure that causes your worry. Think not of how you will reserve your place in heaven, but how you will live in the moment today. Let us study on spiritual maturity. That is all. Know that you are a good sounding-board for the activities of this Mission. Have not worry. My love goes with you. Until next time, shalom.

Maturity Leads To Understanding/Knowing | Spiritual Maturity

Abraham, WOODS CROSS GROUP 02-07-2005

Back

I am ABRAHAM. Greetings. I am happy you braved the stormy weather conditions to meet here this evening. I am always glad to see you individually during the week, but I believe our fellowship here together is much more fun.

You don't have to be a mortal in today's changing world to understand the complexities that are occurring. We each know that transformation can be quite exhausting; those that are allowing it are literally experiencing transformation. Every day you are a new creature. Every day your minds are expanding and you are gaining maturity. For the most part in the so-called civilized world, spiritual maturity has not value. You that have recognized your son- or daughtership with God know that a maturing of the soul leads to understanding and knowing – and that, is peace.

When we study on the Master's time in the flesh we are able to see those slight transformations the apostles experienced in their short time with Jesus. When the Master's ministry began, we understood how the apostles could seem foolish in their unknowingness. We can see how their egos jumped to embrace their personal desires without consulting the Father's will.

We can now recognize that in the early days of this, our Teaching Mission, there was ego-interference from many directions. This is the beauty of spiritual maturity – the declining of the ego's wishes in favor of the patience to wait upon the Father's will.

It is understood that each of Father's children have their needs; they desire to be noticed and accepted – which in reality, is simply they desire love. The ego tends to draw out these aspects through an immature way, or an animalistic way; yet, it is still, experience. Experience brings understanding and spiritual maturity, yes, if you allow it. Those who are selfishly attaining this maturity for themselves are in

the realization, sooner or later, that the ego's methods are fleeting, and does keep one in childish behavior.

While our Mission appears to be inactive or not very exciting, the real groundwork is being laid. The individuals who embrace the Father's will are being given the grown-up tasks. As you mature spiritually, you feel more a part of the whole. You come to realize it is not just all about you personally - your needs, wants, and desires - but about what is best for all concerned.

Think back over your years - while you may appear to have a few more lines on your face you are grateful to be beyond those more immature years, and that you already have the experience which has brought you to this present moment. Think of a very small child - he does what he knows how to do; when he knows better, he does better. You each have valuable experience that has brought you some spiritual maturity; and while it does not contain the drama of your youth, it brings many valuable tools, such as:

- You know how to communicate with Father and you know you are not a child who is last on His list.
- Your erroneous thinking is becoming recognized more quickly.
- You dwell not in the unknowingness of spiritual immaturity as much as you used to.

All these new tools bring peace to the mind and food to the soul. "When I was a child, I had the things of a child. When I was a man, I put childish things away." Spiritual maturity is putting childish things away; it is keeping the ego at bay while waiting upon the will of an all-knowing, all-powerful Father.

This week, let us ponder upon those childish ways that keep us squirming in our seats. Let us remember each day who we serve - and in that, how are we served? That is all. No questions this evening. Know that I find it an honor to serve with you. Know that each day my affection for you grows deeper. Until next time, shalom.

The Muscle Of Faith Yields Faith-Vision | Is Father a Continual Thought In Our Daily Living

Abraham, WOODS CROSS GROUP 02-14-2005

Back

I am ABRAHAM. Greetings. I love this interactive classroom we have here this evening. Each week I learn a great deal from you just listening to you each build upon ideas. Well done.

From where I am now, I sometimes forget how difficult it was for me to get here to this present time, this present level of growth. All my struggles were educational, and yet at the time, I really simply wanted to be free. Freedom was then, and is now, a state of mind. Certainly, life now for me at this level is indeed easier. But most definitely did I learn more (as in volume) in my days in the flesh.

It is said, a human child learns more in the first two years of life than at any other time; and this is like the mortal life. When you do move to the next realm it will seem more simplified. Why? I can tell you - in this life you are learning to exercise the muscle that keeps all other systems pressing on - that is the muscle of faith. Faith is the foundation from which all other things are built. In exercising

your agondonter status you must learn faith. Much of the mortal path (or destiny) depends on your ability to remain faithful. Faith is where God is real, and is living your mortal life with you.

Yes, I realize at times how I can give you many suggestions on living in the mortal life – or 'spiritual lessons,' what have you, sounding as if I have no concept of how difficult today's mortal experience is. I can say, however, and with gratitude, that my mortal experience is what I have built my eternal career on. It was difficult at the time, yes. It was difficult to sometimes live minute by minute in the unknowingness. But with experience and faith-vision, I had gathered all I could out of this mortal life and put that value into what is now my eternal career.

Many times we have read about those individuals who sought the Master's assistance for healing, and time and time again He told them: "Go your way, my child, your faith has made you whole." Can one understand the value of spiritual fruits without exerting the faith-vision? How much more meaningful is love when you have faith in the creator of love? How much more meaningful is truth when you have faith that everything, no matter how insignificant in detail, is watched over?

Over these last few weeks, we have been discussing 'spiritual maturity.' To strengthen your faith-vision is to set you on a path in the right direction. Think for a moment how your daily lives are influenced by worldly events or personal environmental elements. Let us also think about the concerns and obligations each mortal has to bear each day. Yes, it would be so easy to feel that that is your reality, and that you are in constant contemplation (survival mode) feeling "where is Father now?"

With expanding faith, we see Father in all aspects of our lives. The struggle is not so much a struggle any longer; it becomes more of a lesson, something that carries a message to you from Father. The world, without the knowledge of Father's presence, is seriously empty and, of course, without value and meaning. Faith is a filter which shows you that your efforts in life are worth it. The mortal struggle is simply a map to the next life.

This week, as we continue to understand spiritual maturity, let us focus on faith. Do we think of Father on somewhat of a continual basis? or only when life is a burden. In what seems to be emotional misery, is there a way our faith-vision could have brought us to a more balanced place? Faith does not mean believing in everything, no. Faith is being open to the One you recognize as the sovereign over your life – every aspect of it.

That is all. I do take great joy in each one of your unique perspectives. I enjoy your differing personalities. I look forward to our fellowship each week; and as always, our growth together. My love goes with you. Until next time, shalom.

Allow Faith To Lead Us, Moment by Moment, Hour by Hour, Day by Day
Abraham, WOODS CROSS GROUP 02-21-2005
Back

I am ABRAHAM. Greetings. I enjoy the consistency of this meeting. No matter what happens during the week we know we can count on a re-centering of spirit each week

within our fellowship. I am with gratitude to you faithful brothers and sisters. Your willingness to stay the course has been a wonderful example to many.

Most of you that have been with us these many years have seen a slight transformation within yourselves and, with one another. Perhaps the road you predicted in this Mission training did not lay out before you as expected, but your willingness to remain on the path of spiritual education and personal correction, is inspirational.

In the early years of the Correcting Time, we each had expectations. I, likewise, had expectations. I can see now that what Father has laid out before me is indeed much better than I could have ever conceived of. Father's plans are enduring and creating permanent change.

We have been discussing faith and how that relates with spiritual maturity. Spiritual maturity is the setting aside of expectations, with the faith-knowingness that Father's will, prevails. Take for example, John the Baptist: The Master knew John for much of His life. He loved John like a brother. Imagine your brother being held in prison for 'your' cause. Certainly, the Master was uncomfortable with John's plight having been imprisoned, and yet, He remained faithful to following the Father's will above his own feelings for John.

Certainly, Jesus was sorrowful at the thoughts of John, and was sympathetic to John's mindal torment. It was the Master's deep desire to free His friend from this torture; and yet, the Master set aside His personal feelings and endured the Father's timing, for He was indeed faithful in His trusting of an all-knowing, all-powerful universal Creator. Had the Master interrupted the Father's plans with His personal desires, how would have the situation played out differently?

How was our Creative Daughter, Eve's, experience comparable to this? Eve acted upon her desires and waited not for the Father's will to lay out what was a very important part of history for Urantia. Eve was faithful, yes, but she could not endure 'Father's time.' She allowed herself to be swayed by the seeming realities before her eyes. Eve was a being knowledgeable of various realms of spirituality, and yet she was found with impatience and unwillingness to stay the course - to be faithful in Father's ability to create permanent change.

The Master, however, even from his youth, faithfully relied upon the Father's will - to lead Him moment by moment, minute by minute, day by day, in faith. Time was not an aggravation to Jesus. In the reality of faith, the truth was laid out before Him in 'Father's time.'

My friends, how is the Mission-purpose like this historical experience? How are you made now to have mindal peace over the limitations of time? In your experience, does not faith show you value? Does it not show you the how and why?

As you well know, mortals can be overtaken by what is before their eyes, and faith appears to be fleeting. This is indeed why we suggest spiritual exercise - stillness, prayer, etc. How was Jesus endowed with such strength to remain calm in the face of every mortal storm? After all, He was also a man; He was brought up as

an infant in that day and age to an adult, much as any other mortal is. He also had to allow for faith to grow in the soil of an everyday average mortal life.

This week we will focus on our 'exerting expectation' pattern, verses our 'allowing faith.' Let us try to have freedom from time concerns. Find a few moments each day for quiet. Allow yourselves to be open to, and take a part in, that permanent change brought from Father's timing.

That is all. Again, I thank you for your faithfulness, your consistency. Our fellowship is indeed a bright light in what we know as the Correcting Time. My love goes with you. Until next time, shalom.

A Good Foothold In The Rock Of Faith Makes It Easier To Climb The Mountain Of Self-Mastery

Abraham, WOODS CROSS GROUP 02-28-2005

Back

I am ABRAHAM. Greetings. I am most glad to share in your discussion this evening. It is said: "Where two or more are gathered, there in the midst is our Spirit of Truth." And it is literally true, my friends - in your group discussion, the spirit does help to bring the truth to the forefront of your minds.

I am honored to be a part of you and the whole kingdom family. You are to one another an anchor in the sea of everything. Your willingness to engage in honesty with one another is soul-building, and indeed is felt by the Supreme.

The business of faith is not always easy - you have your mortal lives as a practice field. I can say, as you mature in spirit, faith will not be such a struggle. Each week I study lesson topics; I have prayer and meditation so that I can be spirit led; I discuss ideas with my peers. I believe I make quite an effort to give the weekly lesson - yet, it is funny that in all my efforts, come lesson-time things change and I must adapt; and I am indeed happy to do so.

Yes, I am happy I do not have to rely upon my own knowledge, for I am part of a massive network that aids in my efforts to be spirit led. Many times I am somewhat disappointed that my plans are thwarted, but always is there a better plan in the works. It does take effort on my part to let go of my desires, my expectations, to play a part in the good of the whole.

I realized as a mortal that I lived to serve my desires. I always thought every good thing simply takes hard work; and that the harder I worked the more my desires will be fulfilled - and certainly then would I be joy-filled. With time and experience, I realized I was a slave to my desires. Certainly in this frame of thinking, there is no flow. In this thinking, I was in service to my ego and could not figure out why the universe would not oblige.

I did at some point in my mortal career have to make a conscious decision to not focus on what 'I want.' Indeed, anyone who can do that has achieved self-mastery, yes, but the reality is that the animal self does take some time to tame.

Let us ponder the Master's pain over His well-loved apostle, Judas. Jesus tried to

help Judas on several occasions concerning faith. He treated Judas as He did all His brethren. He only wanted the highest good for all His apostles. The Master did feel the sting of betrayal when Judas had made his mind up to serve himself, and to make a feeble attempt at having others see him as 'more than he was.' How Jesus wanted to look into Judas's eyes and save him from himself.

Still, we all know that Jesus served the Father in heaven and was not about to stray from that, no matter how deep His desire to save His friend. Any other person who may have had to deal with Judas would have left him to his own demise. Jesus kept within the boundaries of the Father's will in trying to reach Judas. Had the Master interrupted the Father's will with His own personal desire, how would history have been different?

Father always has planned an ultimate good no matter what choices His children make. Definitely was Jesus a wonderful example of one who was not overcome with emotions and selfish desire, but one who 'lived to serve the whole.' While the events on Urantia had not the outcome the Master had hoped for, He still vowed to drink the cup no matter how bitter it was; and definitely did this take some reconciliation for His mortal mind.

The mortal lessons the Master had allowed to play out were certainly priceless, and affecting many even beyond this world. Once you have a good foothold in the rock of faith, then is it easier to climb the mountain of self-mastery; it becomes natural instinct to follow the will of Father as close as you possibly can. Father, every day, directs us; it is our choice to follow.

This week, let us make effort to not be caught up in desire or wanting. Let us focus on Father giving us His guidance. Father does speak to you every day in many ways. If you are caught up in the 'want,' it is difficult to not be self-serving. Rather, let us be caught up in the adventure of 'come what may' - Father's timing, and Father's hand.

That is all. Know that it is my deepest desire to spend these few moments with you each week, and I consider myself indeed, blessed. I am growing in affection for you. Go in peace. Until next week, shalom.

In My Desire To Serve Father I Am Served. What Are My Responsibilities In This Mortal Life

Abraham, WOODS CROSS GROUP 03-07-2005

Back

I am ABRAHAM. Greetings. I thank you for making me feel so welcomed week after week. I realize for myself, each time we meet I am filled with spiritual energy for the week ahead. I love the regeneration of energy we create with our fellowship. There are times when hard feelings come upon the group members, but for the most part there is always a revival in spirit.

The statement: "I have felt energy go forth from me," was one of mystery quoted by our Master. From where did Jesus receive this energy to put forth, and how did His recipients in turn put forth this energy in gratitude?

Over these last few weeks, we have been discussing spiritual maturity, faith, and desire. As we move deeper into the Correcting Time, we will require those sound minds who are willing to receive guidance from Father to help us move the planet closer to Light and Life. We need individuals who are willing to forgo any recognition, whose greatest desire is to serve the Father.

We have all come to realize more and more there is a great deal of healing work that each individual must experience before ministry can begin. We have spent quite a few years delving into past pain and what seemed to be permanent patterns. In your desire to serve Father, you are served. As you mature, you are understanding the past and collecting the lessons therein. As you rise above resentment (or victimhood), you are able to receive this spiritual energy and put it forth into the progress of the Correcting Time.

Mortals will always have their issues, or emotional pain. Some mortals will have what seems to be a scarring of the soul and are caught up in the bitterness. But for the most part, any healthy individual will bravely face the lessons of life and be willing to move forward with healing – and beyond that, are capable of helping others.

Again, as we focus more on Father's promptings, we can have more trust in what He guides us to. When we are wrapped up in our own needs and desires, we seem to stay trapped in 'self.' This is indeed upsetting and producing spirit poisons. The Father desires your wholeness. He desires your company, your willingness to listen. He knows what you want and need. He is a partner in life – not an authority figure who would bestow gifts upon His favored children.

Yes, Father definitely sustains us in all things. He upholds us in our weakest moments. He reasons with us in our pool of self-pity. He makes every effort to reach you, His child.

My friends, we have every opportunity before us. All we need to do is accept it. Accepting our son- or daughtership with the 'One God' is the ultimate compliment to Him – not that He requires it, no! Accepting the gifts that Father bestows upon us helps us move through this mortal life with a bit more stability, a bit more peace of mind.

Who are you in this mortal life? What are your real responsibilities? What are your priorities – and what would you think Father's are?

I realize each week I ask you to fulfill certain tasks; yet, I do always want for your rest and relaxed countenance. My words are simply suggestions. Be not overwhelmed. Be not weary. Know that this mortal life is an adventure to be savored, not simply endured. I will now take a few questions.

CALVIN: Abraham, thank you for your love and friendship all these years. We really appreciate you, and this appreciation extends to each member of your Teaching Staff. As Harrison said earlier, "it makes it a well-worthwhile week when the group meets together." In our discussion on truth, is it a safeguard to have our group discussion to help buffer truth from error? Can individuals in this ladder of

learning come in with perceptions and presentations that are not good for the whole, which sway the group and curtails what you are trying to teach? Do you know what I am trying to describe? Do you have a safeguard? or a correction to me on this?

ABRAHAM: Yes, Calvin, I also believe the group can be a safeguard from fanaticism – and certainly, group members can be swayed, right or wrong, yes. Those groups who make it a practice to set Father as their sovereign and welcome the Spirit of Truth are usually a secure guidepost. Your playing-field is what you make of it. If it serves the ego, then definitely will animal tendencies reign. If you each have interest in 'personal correction' and 'the good of the whole,' then certainly are possibilities, endless. Always is there a good balance when a close friend is at hand. In the flesh, there are always the animal tendencies; and definitely, a group who simply wants to have understanding of this sojourn in the flesh, will together find that the mortal struggle is not such a struggle. Well said, Calvin. The group is a safeguard against the ego – providing it is done with love, honesty, and an air of non-judgment. Is this helping? (Calvin: Yes. Thank you, Abraham.)

HARRISON: Abraham, I don't have a question. I also, want to thank you for your lessons and for the tremendous opportunity that these lessons bring for our spiritual growth. It is just a simple thank you and a hope that sometime we can sit down and break bread together.

ABRAHAM: I thank you, Harrison, and would have you know you are each a blessing to me. I feel a true connection in spirit with each one of you. I am grateful for your ability to remain steadfast. We have a beautiful foundation to build upon.

And with that, I will thank you and take my leave. Know that I am with growing love and gratitude to you each. Until next time, shalom.

Pain Produces Growth | Seeking Escape Delays Growth And Advancement

Abraham, WOODS CROSS GROUP 03-14-2005

Back

I am ABRAHAM. Greetings. I am always touched by your ministry to one another. Your willingness to be there for each other and the Mission is a wonderful sight to behold. I am honored to be your friend and Teacher. Yes, your willingness to remain steadfast in our Correcting Time is always renewing hope for me, as well as others who have involvement. Life happens, things change, people come and go and you continue to stay the course to remain faithful and continue on with the good works. Well done.

You each are open-minded and accepting to life's hard lessons. As you mature in spirit you are finding more courage to face what life has in store instead of seeking escape. You do well to reach for the divine and still understand that the natural man (or the animal self) still clamors for attention. While we are seeking to be more spiritual, we cannot simply run through the motions and avoid the animal or the ego.

It would appear that today's world is all-encompassing of self-gratification or temporary solutions to everyday problems. In today's world it seems that any sort of pain is to be avoided at all costs; you can see many relationships as being

disposable. Certainly, the ego does not want to be caught up in self-doubt or feeling 'lesser-than others;' therefore, many individuals are inclined to flee painful situations without having made every effort toward a lasting remedy.

It seems today's motto is: "If life is painful, seek escape." And: "If relationships are painful then dispose of them." Many individuals never find that soul connection with one another because they have not put forth effort into making sense out of the relationship they are in. Many become slaves to their feelings and inconsiderate of others because they are not willing to endure a little pain to find lasting peace.

We can look back over history and find that natural evolution has worked well. Allowing life-circumstances to move in a natural flow opens up the mind for further possibilities. It has become a world of competition - always striving, pushing for more; always feeling driven to be the best. Some can only feel this when observing others' flaws or shortcomings.

Pain is a natural part of life, and I mean pain of all kinds - physical, mental, emotional, even spiritual. Those beings who live on worlds settled in Light and Life view pain as opportunities for new openings in the circuits or cosmic mind; these beings would dive into pain head first instead of rushing to avoid it - for therein lies their blossoming possibilities for new lessons; for opportunities to grow spiritually, and even mentally.

Anything painful is best handled through allowing natural avenues. To force oneself toward obtaining understanding of any kind is practically creating further problems. I mean not to speak of life as simply about pain, no. I mean to bring attention to the temptations of escape, and the spiritual regression that escape may lead to. It is through honest effort that one finds healing to draw the wisdom therefrom.

Let us look at a small child who has been given somewhat of a large task - the child is inclined to find escape for many reasons: the task is not the child's desire; perhaps the child is with very little confidence in his ability; the child sees no value in the task; or, he simply wants to play. It is with maturity that the child learns the value of his hard work, but he cannot simply force himself to do the seemingly impossible; the child must break the task down into small workable solutions; it must come through natural evolution, not by force.

Are you not more naturally inclined to go with the flow when you are in a relaxed state? We are in agreement that the less the ego is involved, the more the spirit can direct. This week, let us think about forms of unhealthy escape versus possibilities of clearing the mind to receive guidance. There are many things one can do to relieve stress - to naturally face pain and be challenged instead of intimidated.

That is all for this evening. Again, I thank you for your vigilance. It is always an honor for me to serve with you. My affection is ever growing for you. Until next week, shalom.

Self-loathing and Self-doubt Blocks the Spiritual Circuitry

Abraham, WOODS CROSS GROUP

03-21-2005

Back

I am ABRAHAM. Greetings. I am in awe each week that I get to partake of your faithfulness. You have faith each week that I will return. You have faith in your fellowship – so much so that you welcome one another to be your true selves. It is without a doubt that your faith in Father is the foundation from which all else is built upon. It is your willingness to make Him your sovereign over this branch of our family tree that brings success to our humble beginnings.

Our gathering and conversing, does magnify our learning. I personally want to thank you that continue to stay the course. Certainly, we don't all have to agree upon the direction of the course, but we can agree that Father is our sovereign, our First Source and Center.

Staying along the lines of your conversation this evening, it has been a well-learned lesson that those things which are true, beautiful, and good, are lasting; and those things that are not, will fade away. This is true on a collective level as well as personal. Father does draw out an ultimate good in each and every situation. Those issues that have truth are practically life-long bits of wisdom that you can draw from; somewhere in the mortal mentality, they are available.

Truth, is lasting. Falsehood, may hold mass attention for a time – and definitely is it your prerogative to question, to test your understanding and experience. There is no right or wrong way to believe, it is all an exercise in experiencing truth, beauty, and goodness for yourselves. Father asks you to come to Him, yes, but He does not tell you how. There is no one 'right way' to allow the spirit to lead.

It is true, Father's children are unique and experiencing matters in various ways – certainly the Supreme Being could attest to this. We are grateful for the inter-workings of the magnificent universes. We are grateful to be a link in the cosmic mind. It is literally possible for the human mind to connect with the circuitry of the unseen, the unknown. Time and method of spirit-connection is not so much the focus as is the willingness to put Father as your sovereign, as the head of your table.

Let us ponder for a moment those issues of the common man. Man is either open to learning, or he is not! Father does not force His way in. There are mortal perceptions, however, that would perhaps delay understanding. Let us go into the opposite direction of ego – into self-loathing, self-doubt:

It is understood that with spiritual maturity, one grows to have either a better understanding – or otherwise, becomes bitter and helpless to the everyday occurrences of life. Those that continue to strive and fight the good fight of faith will grow in understanding and self-confidence; thus, to gain a more well-rounded understanding of the overall reason for existence.

What you have experienced in the past does color your perception today, yes, it cannot be helped. This is not bad or good; it is simply the mortal way and it is not cause for anxiety. But know in every moment, Father is available to give direction; this should be of some peace and comfort. He asks not that you be something other than yourself, no! but rather, He attempts to help you broaden your horizons; He

helps you to make sense of your perception, and make potentials into actuals.

This week, let us be observant of obsession with dreading the animal self. Let not guilt slow that actual circuitry which is linked to the cosmic mind. Find time every day to have some sort of re-dedication of your commitment to Father. With the spirit of the risen Lord at this holiday season, make some contact with Michael, your Creator, your Brother/Father, your Spirit of Truth. Life is always a renewal, always changing. Truth is a matter of perception – nevertheless, it is enduring. Allow yourselves time to grow and take in what you will, and worry not about the rest.

That is all. As always, I am always growing in affection for you each. I thank you for the unique gifts you bring to our table. My love goes with you. Until next time, shalom.

Being Humbled Can Bring One To A Perfected Humility

Abraham, WOODS CROSS GROUP 03-28-2005

Back

I am ABRAHAM. Greetings. I am always touched by your ministry to one another. How you listen and respond can bring a great deal of healing. It is interesting to see the trivialities of life go by the wayside when seeming harsh reality comes in. I am enjoying the peacefulness of this evening; it is as if we are all reconciled in mind to accepting the goodness of God. When He reveals Himself, we are unafraid of truth and are trusting in His ability to bring an ultimate good.

In this season of the Master's resurrection, we find it most appropriate to discuss humility. The definition of humility in today's world seems to be quite a blow to the ego; in today's world it seems there is a continuous 'race to the top.' It would seem those most aggressive and self-confident would be those most outstanding in this mortal existence.

The drive for personal progress is inherent in human nature. It is understandable that every one of Father's children want to make the most out of their life in the flesh. As we look back over history, we can see how this drive has become imbalanced and many are left with disappointment. It seems to be popular in this day and age to do what brings temporary gratification. It is rare to find the individual who is willing to make the effort to 'wait upon the Father's will.'

This is where we can take the wonderful example set by our Master and put it to use in our own lives. Jesus was a man of strength, no doubt. His humility appeared to show Him as meek – this is not the case. Meekness is seen as 'resigned,' or in some cases even 'weak.' The Master's humility was using His mortal intelligence to the fullest. His humility was nothing more than His allowing a direct line to Father.

Yes, the Master's humility was an act of listening and waiting upon the will of His Father. Jesus had a brilliant intellect that far exceeded any mortal; and certainly He could have relied upon His own wisdom. However, He chose to be watchful, to listen, and to be receptive to guidance from on high.

Many times the mortal ego will put pride first – and surely that complicates any situation. For a man to believe he knows better than the God who created all, he

will certainly be humbled – not by Father’s choice, no, but simply through experience and universal law.

Yes, many times in life we are humbled – the guilt therefrom gets the better of us and it is indeed difficult to draw out the lesson. Should we allow our humbling experiences to teach us humility, to listen, to be watchful – then certainly would we receive all of the Father’s guidance we could possibly handle. Being humbled is a good thing; it is to assist us in learning perfected humility; it is to be receptive to those on high.

As we review the morontia appearances of Jesus after his resurrection, we can find that He did not appear in form to those who were not ready or who did not believe. He did appear to those who sought after Him, who believed in His promises. “Let those that have eyes, see. Let those that have ears, hear.” – said He.

This week, ponder the struggle between the ego and learning perfected humility. Father endures with you in all things. Your willingness to learn humility will help you also endure. That is all. No questions this evening, our time grows short. Know that my heart expands each and every week we spend together. Go in peace. My love goes with you. Until next time, shalom.

Standing Aside Of Self Allows Father To Manifest | It Is God Who Is Good, Not I
Abraham, WOODS CROSS GROUP 04-04-2005

Back

I am ABRAHAM. Greetings. I thank you for your coordination, for without it these lessons would not come forth in this manner. I am joy-filled to gather with you to discuss issues of all matters and continue to strive to follow the will of our Father.

The world as a whole has had to ponder many issues as of late. There are experts in all fields saying they have the answers. Many religionists who hold fast to old traditions believe they can set the world straight. Scientists believe they can prove their theories with material facts. As well, there are the philosophers who quote the wisdom of the ages and wonder why the so seemingly apparent is not more taken in by the hearts and minds of men.

The common man may look to the experts, seeking answers for the meaning of life. It is the deep-thinkers, however, that look to a higher mind. These morontial lessons that are being bestowed upon the people of the world are giving opportunities to rise above the familiar.

In time, individuals will willingly set aside the ego to simply admit they do not know all the answers. The Correcting Time is critical in that the masses are receiving higher understanding, and truth is being seen for what it truly is. Honesty to oneself is becoming as important as honesty to others. You, as Teaching Mission participants, are asked to set aside the urge for recognition, and strive for the overall good.

Striving for the highest good means allowing Father to be made manifest in your own lives among your fellows. Any time you are sharing with your fellows is an excellent

opportunity to allow the Spirit to speak. The Spirit speaks as if it was very natural. The spiritized mind is not saying: "I am good;" but, "God is good." God cares for us as His children; and, He cares for us through one another. You are drawn to this Mission because you are deep-thinkers; you are willing to go outside of tradition to help pave the way toward Light and Life.

The Mission is not a handful of spiritually-advanced individuals who will be the 'hailed leaders of our time,' no! The Mission participants are in favor of standing aside of self; they are in favor of allowing Father's Spirit to be manifest in everyday life, and who embrace the thinking: "It is God who is good and I am honored to partake of that good."

We are always made to reprioritize our lives. Because materialism steps in the path of self-mastery, we are always reminded to refocus and step aside of self to allow the Spirit to work. You, Mission managers, have your work, yes, but you are also allowed your joy - and we always hope that the two can be found together. Father does want for your happiness and fulfillment; talk with Him daily and await His response - this will help you to bring the Spirit into your daily living.

That is all. I am always honored to serve you, and serve with you. All my best I send with you for the coming week ahead. Go in peace. Until next time, shalom.

Fellowship With One Another Strengthens Faith

Abraham, WOODS CROSS GROUP 04-11-2005

Back

I am ABRAHAM. Greetings. I am enjoying the friendship among you this evening. It is beautiful to see your individual growth, yes, but truly is it phenomenal to look back over your years together - through the good times and bad - and still, you are as committed to each other as any family I have ever seen. I am honored to be a part of that.

It is always helpful to look back upon the relationships of the twelve apostles. They had their petty disagreements, they had their personality differences - and yet, for the most part, that is very well what helped them each to grow as an individual and as a family. Always was the love for the Master the common thread that held them together through hardship, disappointments, life, and death.

You each are agreed in heart and mind that Father is your Sovereign. As hard as it is sometimes to turn to Him, especially in a heated discussion, you always manage to follow through. You always manage to stand outside of self to allow Father's Spirit to be revealed. Your intentions are known, and this is what unifies you as a family, well done!

God, is Spirit. His person is not discernible to the material eyes. Through faith, His works are understood. But definitely is faith a more difficult journey while sojourning in the flesh. Much of the time it is your fellowship with one another, family, and friends outside of this group - even strangers, which assist in the faith-building system. Jesus spoke of two great commandments. The first being: "You shall love the 'One God' with all your heart and mind." The next being: "You shall love your brother as yourself."

We can see that many times the apostles helped to strengthen one another's faith. With their focus mostly on the Master, they were able to stand aside of their personal desires - to go forth with the common good of the whole. There are examples where one or two of the men would be downcast, but the majority would not let this attitude infect the group. Much of the time there was always the humorous words of Nathaniel to lighten the mood. On occasion, even our doubting Thomas would set aside what he thought was his better judgment to follow through with the plans of the Master.

Man is really a social being. People need people. Think of all the valuable lessons you could impart to a growing child; and certainly, we could all agree that love is what the child can best comprehend. Without love, all other facts are seemingly without value. Of course there are difficulties from time to time dealing with your fellows; there are times when you need to be alone, yes - but for the most part, where would mankind be without one another?

As time goes forward it will become more apparent that no amount of technology can replace a person-to-person connection. It is obvious that those religious orders that choose a life of solitude are missing half of their mortal lessons. As you mature in spirit and grow in this kingdom family, you can see all others as equal - neither above nor below you.

Said Jesus: "Love one another as I have loved you." The Master saw all people, from kings to little children, as the Father's own, equally. He could talk to all people. He could relate with people because he genuinely loved them; He saw not their exterior, their standing in the community, their race, or religion. Yes, He saw each person as 'one of the Father's own.'

Sure, the Master was hurt or disappointed from time to time with His fellow's attitudes; and a great deal of the time He had to practice being somewhat detached. He always held fast, however, to the First Source and Center. This was key to dealing with individuals of all kinds.

This week, ponder the value of your relationships. Be at ease to relate with Father's children. How does a person's exterior influence your ability to relate with them? My friends, this is the brotherhood - enjoy. That is all for this evening. Know that I am with gratitude to look upon your faces and see living hope. My love goes with you. Until next time, shalom.

We Have Secure Connection By Acting Upon Our Beliefs

Abraham, WOODS CROSS GROUP 04-18-2005

Back

I am ABRAHAM. Greetings. I am enjoying this peaceful evening. Your open hearts and minds make my task easy. Your seeking attitude links us to the cosmic mind. I do well remember how influential the material world was, and still is. It is easy to become more material than spirit.

Daily living without spiritual practice draws us further into a life of materialism, a life lived through ego. We find during our moments of 'connection' that to live

spiritually is rather easy – it takes practically no effort to do right, to live right. We find our emotional levels to be stabilized, and life's top priorities come to the forefront of our minds. Spiritual fruits become most important and easily attainable.

How do we continue to have somewhat of a consistent connection to Spirit? If we live by the Master's example, then always would we strive to live out our faith. Our beliefs would be acted upon, not just good intentions. There would be effort made to move from the ego's needs toward the will of our loving Father. In the opportunity to participate in gossip, you would find reason to remove yourself from it. In the opportunity to unfairly criticize another, you would instead practice taming the tongue. In the opportunity to take what is not rightly yours, you would simply lose such a desire to have it.

Yes, living a life of the spirit indeed takes effort. To have freedom from spirit poisons there needs to be a secure connection. We have a secure connection by acting upon our beliefs. Certainly, it is understood that the mortal has desires, and delayed gratification is sometimes a hard practice to embrace in the mind.

In making effort toward living out your understanding of Spirit, the right decisions become easier to make, to act upon. We all know that 'your time' and 'Father's time' does differ, and many times does your impatience get the better of you.

What can we do to avoid becoming overwhelmed by impatience? What can we do to assure Spirit connection – and turn our faith potentials into living actuals? What can we do to align our minds with God's time? I would suggest simple creativity – an exercise of the mind that is productive and detaches you from the anxiety of impatience. Write something, draw something, build something – do something that puts the ego on hold until the Spirit can make a solid connection.

Jesus suggested that we be childlike in the manner that a child trusts a parent; yet, He well advised us to avoid being childish. As the spirit grows, the animal-self is diminishing. We are learning to grow the spirit by staying spiritually connected – which means the material-living, in all its forms, must be mastered. The Father wants for your abundance in all ways; He wants not Spirit disconnection.

Living a life in the flesh, there is always temptation to take instant gratification. As we mature in Spirit, we find God's will more gratifying than anything. You are each a torch of hope in your own environment. Your advancement means the advancement of your fellows. You have committed to help usher this world into Light and Life. Your light is best seen through your actions – through your courage to live out what you truly believe.

That is all. I am always nourished by our fellowship. I thank you. Go in peace. Until next time, shalom.

Overcoming Resentments That Feed Spirit Poisons | Becoming Better Instead of Bitter
Abraham, WOODS CROSS GROUP 04-25-2005

Back

I am ABRAHAM. Greetings. I always enjoy this feeling of home when I return to you week after week. We all know there is growth in adversity, but surely is it so refreshing when we can rest in our fellowship, our common ground. Many people every day, find themselves seemingly lonely. Even those that have a fair relationship with Father, find their life when without fellowship, to be more difficult.

How blessed are we to have one another to share thoughts and ideas. How fortunate are we to have one another to build upon the foundation of faith. Your fellowship is a sure balance between faithfulness and fanaticism. Every day you are growing in your son/daughtership with the Father. Every day He is revealing more of His personal being to you. Most days are we each trying to master the self so that we may receive the divine gifts.

Self-mastery is important in learning who you really are – and, your place in the universe. Most of Father's well-intentioned children continuously make effort toward mastering the self (taming the animal tendencies). Individuals with the attitude that 'life is a punishment' see not the value in experience. These individuals become bitter and closed-off to divine guidance.

What are we without Father? Where is the value in striving toward personal, spiritual, or social good? One who feels embittered by life has a tendency to close-up in heart and mind – they literally stay stuck in their beliefs. What a miserable existence! What a lonely life! Father, Michael, and Mother–not to mention numerous other beings–are always at hand, always standing by, always ready to divinely guide. If one is so embittered, so self-protective, then definitely are they outright refusing any divine assistance.

How does one refrain from being embittered by life's harsh circumstances, but instead leans toward becoming empowered to keep fighting the good fight of faith? This is how I understand it: When life's harsh circumstances occur and one feels powerless or hopeless to try, then are there resentments held. Resentments are an acid to the spirit. Issues that are not understood or dealt with at the time can become buried in emotional pain. And as time moves on, other circumstances occur, and then the buried pain connects with the current emotional pain, and it definitely is a vicious cycle.

When I suggest 'dealing with pain,' I mean to put no time limit on this process but to allow Father's healing hand in His time. Some circumstances take a great deal of time to dissect and understand the meanings and values. Bitter individuals feed on fear. To spread further spiritual poisons (even unintentionally) somehow gives them satisfaction. As is said: "misery loves company."

Your duties as Mission participants are to help bring in the light – the more experience you have, the more you know whereof you speak. We can always draw from the Master's example of bringing in light, He always asked questions. His charm and kindness brought out the best in people. Jesus always had an ultimate faith in His fellows, and that was indeed empowering to them.

This week, should issues arise that are leading you toward resentment, by all means take some time to pray, meditate, and even journal. Should the opportunity arise to

bring light, be reflective of gratitude. With a grateful attitude, one cannot help but be positive and bring light. Your advancement means advancement to those who know you. That understanding in itself, is quite an honor.

That is all. Know that wherever you are, I am always with an unending affection for you. My love goes with you. Until next week, shalom.

The Process of Overcoming Resentment | Forgiveness, a Major Road To Recovery
Abraham & Emulan, WOODS CROSS GROUP 05-02-2005

Back

I am ABRAHAM. Greetings. I am touched by your willingness to hold out for reality - reality in all forms. You are moving closer to the divine every day; your efforts are productive. As you mature in spirit, the desire to follow the Father's will becomes stronger. It seems that anything less than following the will of Father is unsatisfactory, unfulfilling. As you gain more experience on this world in the flesh, challenges of all kinds are more tempting to undertake. After all, this mortal life is only the beginning.

How wonderful it is to see your faith in action. Your dedication to this purpose of Michael's is inspirational to those who hope for a new and better age of Urantia. Last week we discussed overcoming resentments and becoming better instead of bitter. With that, I leave you to our friend, Emulan.

EMULAN: Greetings friends. Again I am glad to meet with you. I enjoy this branch of my family tree. Abraham has asked me to speak on resentment and I feel my experience in that area has given me the credibility to do so. As you all know, I experienced quite traumatic events during my sojourn in the flesh. My family was tragically killed and taken from me. Certainly was I resentful and quite embittered.

Of course I was angry with Father, asking: "Why me? What had I done to deserve such heartache?" My unwillingness to be open to spiritual direction had led me to the brink of insanity. I took this loss personally, even though it was simply an accident of time. While time appeared to be my enemy, it was definitely needed to chip away at my hardened heart and mind.

There are stages of grief and levels of healing yes - and then comes advancement in spiritual understanding. There are also challenges in mastering self. In my pain I was brought to complete surrender; and this did indeed cause me to look Godward - and, to learn that indeed was He looking back. In my surrendering, I was given the understanding that not all was lost. My memories of my family became vivid and valuable, and I was greatly comforted to know they continued to live on.

Before my surrendering, I had a great deal of anger toward the person that had played a part in the cause of the accident. In time, and as a part of my healing, I was given the understanding that this accident was not intentional, by any means. I came to realize this individual also suffered; therefore, forgiveness was in sight.

Forgiveness played a huge role in my overcoming resentment, yes, but forgiveness did not come before understanding. My surrendering had caused me to open my heart and mind, which literally reconnected my damaged circuits - and from that, understanding

flowed freely.

It was not without a great deal of time that had brought me healing and back to living a purposeful life. This event in time has been the most painful in all my experience – and yet, Father, and only Father, brought about an ultimate good through it all. And yes, I was able to reunite with my loved ones. We keep close contact.

I believe that to strive to live your ultimate faith keeps those mindal circuits connected with Spirit – and even though tragedy may occur, it is this connection with your divine Source that will bring understanding, forgiveness, and meaning. With Father's help, I overcame the bitterness, yes; and from there, He helped me go on to create a purposeful life. All was not lost; but rather, it was just the beginning. I am with the deepest gratitude to Father and His well-organized plan and purpose.

It is good to meet with you again, my friends. I give you back to your Teacher. Farewell.

ABRAHAM: Thank you, Emulan. Your wise words are wonderful lessons for us. From your seemingly average mortal life you have helped to bring about great lessons. Well done.

This week, my friends, let us think about the process of overcoming resentment. What does it take for us to find understanding, forgiveness, healing, and moving beyond ourselves to bring about an ultimate good?

That is all for this week. Know that I count myself blessed to be surrounded by so many wonderful beings. My love goes with you. Until next week, shalom.

Our Fellowship Strengthens our Spirit Connection | What Is My True Identity
Abraham, WOODS CROSS GROUP 05-09-2005
Back

I am ABRAHAM. Greetings. Gathering together in this fashion helps us to remember who we are. As I look at each one of you, I see not so much a 'physical matter,' but I see a light. I know you based on your true substance – your personality, your gifts, your likes and dislikes. I know you based on your status as a child of God, and I love what I know. I am in understanding of your best intentions. I am with compassion for the mortal nature.

Yes, I understand you because I have come from where you are now. Each day are you exposed to the harsh realities of mortal life. Many times during the day there are circumstances that pull you from Spirit, and it stands to reason that the mortal life is filled with such harsh material occurrences that must be dealt with. For some, it is dealing with a single individual with whom you perhaps work with; for some, it is family members; for some of you, it could be financial woes. For many people, it is a great deal of past baggage that interferes with spiritual connection.

The beauty of our fellowship here, is that we are re-centered back to Spirit. Each

week that you meet, you discuss mortal problems, solutions, ideas, and ideals. This is healing in the fact that the mortal struggle is not so difficult when an encouraging friend is at hand. Of course you have Father – and, you have your faith. But still is the mortal struggle much easier to bear when understanding minds congregate. In our weekly gathering we can remember our priorities, our true identity, and our purpose to continue carrying on.

I do still ponder my existence pre-Machiventa, my mentor. I was somewhat isolated in my desire to serve the ego for I greatly valued my standing in the community. As a leader I served what I saw to be most important for survival – as we can understand from the observation of any animal. Today, personal happiness seems to be most important; and as growing spiritual beings we find personal happiness and fulfillment to lie within Father's meanings and values.

For me, my mentor's teachings had the most impact when he was reminding me of my true identity, for I was then a child of God, a servant of the people, a student, a teacher, a father, a husband, a brother, a friend – and, someone who was to help set an example of living faith in the 'One God.' Machiventabrought my priorities to the forefront of my thinking through revealing to me my true identity. I was not simply an animal on an evolutionary planet – no, none of us are; we are endowed with mind, spiritual power, and ability to minister as the Master had.

When mortal life seems to be pulling you from Spirit, what are those simple steps you can take to find balance? What sort of action can you take to remain true to your identity? Certainly, our fellowship is a wonderful reminder of our sonship with the First Source and Center. Good health and self-care is also strengthening the spiritual life. You each know what is needed to maintain good health. Study and stillness-time also brings us back to a place of balance. Music, art, and nature helps us to re-connect with Spirit.

We'll stop here. Know that I am ever grateful to you, my friends, for your willingness to ride out any storm. Your faith is a light on our path. I thank you. My love goes with you. Until next time, shalom.

Mary Magdalene_Associate Teacher | What Are Our Self-Imposed Limitations
Abraham & Mary, WOODS CROSS GROUP 05-16-2005

Back

Introduction of Mary Magdalene As Associate Teacher. [We did not know until tonight's meeting that Mary had been with us as an observer and a teacher-in-training for quite some time. Abraham had given the Woods Cross group previous introductions of Mary beginning seven years earlier, but this meeting was the first time Mary personally addressed the group. See transcripts from Dec. 1, 1997; and Jan. 31, 1999; and Feb. 7, 1999; and Feb. 14, 1999.]

I am ABRAHAM. Greetings. Your candor is always a treat. I have become accustomed to your humor and reasoning; and without it, I would surely miss it. In the sharing of your lives there are so many questions answered. It would seem that allowing the Spirit to lead brings you great joy. Your willingness to be open with one another is indeed a part of our lesson. I would have you know what an honor it is for me each week to arrive and view your beautiful faces in waiting for whatever our meeting may

have in store. This evening I thought it well to hear from a fresh voice.

I am MARY. I am the one you know as Mary Magdalene. I find your group-personality to be quite congruent with my own. I feel that I have lived the best and worst that mortal life has to offer. I have been steeped in spirit poisons and also have I been taken to the heights of spiritual fruit. I feel quite at home here among you that do your utmost to embrace reality - whatever reality that occurs on a daily basis.

I am hoping to further develop our friendship. I am grateful to Abraham, for he has been a wonderful mentor and friend. To be in his presence is to feel the relief of light in a dark place. What an opportunity for me to be here at this place and time, this day and age. From somewhat of a practical standpoint, things have not really changed that much.

I am not a philosopher. I am not an expert in any field. I am, however, an ascending being just as you are. I have felt the pain of complete loneliness; and on the other hand, I have been consumed with an unstoppable love. I know the limitations of gender, religion, and social standing; but also, I know transcendence of those things that are seen as valuable from the mortal eyes.

I can hardly contain my excitement for this particular assignment. I am back on my mortal birth planet in a future that I could have hardly predicted. I am amazed at all I see. I am touched by the faith that is placed in me to perform such a trusted position. I know you. I feel as if I am returning home. Hopefully, in our time we will share together, we can discuss those issues that will help you live a new and enhanced existence. Because of the lengthy introduction, I should keep my words short tonight.

I am particularly interested in learning more about the mind and habit patterns of you modern people. It would seem that many of you have a great deal more freedom than I had ever known was possible while sojourning in the flesh. I am curious about thought limitations that mortals place upon themselves. I am amazed at mortals' seeing material reality as the 'kingdom of heaven' or as 'some reward.' I shall stop there.

For the week ahead let us ponder our self-imposed limitations, be they material, spiritual, mental, or emotional. Again, my enthusiasm precedes my ability to express my thoughts with some accuracy. Thank you for your patience. Until we meet again, farewell.

I am ABRAHAM. I thank you, our sister Mary. I would just say that your enthusiasm is indeed contagious and reminding me of the wonder for life, for new things.

You, my friends, are in good hands. Know that I am also grateful for your diligent attitude to stay on task. My love goes with you. Until next time, shalom.

[Below is an excerpt from Dec. 1, 1997 (seven years earlier) wherein Abraham answered a question asked about Mary Magdalene]:

ROLAND: Abraham, I have been reading excerpts from the Gnostic Gospels which was

found in upper Egypt in 1945 and recently translated. This finding describes a relationship between Jesus and Mary Magdalene – wherein she is depicted as one who was a very close disciple of the inner circle of the Master, and that she had received special (or higher) instructions, perhaps more than the rest of the apostles. Also, that Mary was referred to as "one who spoke knowing the all." Can you give us some insight regarding this? What kind of relationship did they have, and was this a true depiction of Mary's role with Jesus?

ABRAHAM: I can. Mary Magdalene was an average mortal living the average mortal life. Through her participation in the teachings of Jesus, her faith was the most notable thing about her. Without doubt or question, Mary would easily remove her own heart's desires in favor of promoting the Master's teachings. She was a faithful student. I cannot say she was more than this or had some special insight. I can confirm though, that Mary was a most likely candidate for the morontial Jesus to appear to – she was receptive and easily recovered from the shock of her realization that it was the Master who spoke to her by the tomb. The delivery of the message that 'the Master had risen' was to be given to the apostles by her to reduce the shock the apostles would have experienced; they were in great confusion and despair, and an immediate visitation by the Master would have created much fear and possible damage to their mental and emotional well-being. It is well known that Mary was somewhat experienced in life's difficult or unusual matters, and could indeed receive such good news without mental or emotional upheaval. Although the credibility of her testimony about the risen Lord was questioned, her job was done and done well. Yes, it can be said of each of life's participants that there is indeed a goodness about them, but I cannot say that one is any more than another. Do you see?

Childhood Beliefs That Solidify Into Adulthood | Overcoming Resentment And Anger
Abraham & Mary, WOODS CROSS, UTAH 05-23-2005

Back

I am ABRAHAM. Greetings. I always love this time of year here in this region. The spring-like weather helps our minds to focus on new things, on re-birth, and becoming free from past regret.

As you know, from time to time I am given the task to train new Teachers. You are the average mortal group, which is good for the beginning training of new Teacher prospects. I tell my Teachers in training that your open-mindedness and craving for truth make you wonderful students. For quite some time now you do your utmost to place Father as your Sovereign, which makes it easy for the accuracy of words to come through. Again, I leave you to our sister, Mary.

MARY: Greetings, my friends. For me it feels like you, the students, are training me, the teacher, and I am probably over-enthusiastic to learn. I am finding teaching to work best when we start from the beginning. Our experience is all we know. We are an expert at our own experience. I believe that in telling you my story, many of you will relate; and in the understanding, we can all make sense out of it and find healing. Mind you, as I speak, I mean not to elicit sympathy; I simply mean to share my story, with practicality, to those who know whereof I speak.

As a child I had always felt unwanted, underfoot, and defective in one way or another. My mother had her own difficulties. She was quite a fearful woman. She was

always in search of something I think she never found. To her, Father was an angry deity whose main task was to punish the unrighteous. Her prayers were fearful; they were always apologetic – and seriously, there was really never anything to apologize for. To her, learning 'the ways of righteousness' was indeed more important than love and nurturing. I deeply missed that love you can only receive from your mother.

My father was rarely present in the home. He took to drunkenness and other women. He placed very little value on women; to him, they were to be used as you would use any animal. Many a night in his drunkenness I had seen him beat my mother – and, I had seen her cower. She never fought back or did one thing to change her situation.

I always wished I had been born male, for I learned early on that women seemed to have little value. I also missed that fatherly affection every child craves, and I suppose I spent a great deal of time looking for it. I mean not to sound as if my childhood was a complete misery, no. I would spend time with the other girls in the village helping them to do chores and reaping their 'precious praise.'

I did see examples of loving families, and so wanted that for myself. I had some close childhood playmates which we would act out our fantasies of being some sort of superhero or savior to the world, and how we would always be valued and loved for our kind works.

By the time I reached my teen years, I was quite confused about God. I figured my father placed women in a league with farm animals and so too that must be true with God. Having very little personal value or esteem, I allowed myself to be used and abused. I also learned how to use my charm for profit. I felt there was not a soul who was going to help me along in this life so I may as well learn to help myself. I had deep anger and resentment toward men, seeing how they thought themselves superior, and women as mere servants.

At this point, I cared not who I hurt. The anger was indeed overpowering. I began to make small attempts at rallying women to band together and demand some sort of justice – not even equality, just some sort of small justice. Most women of that day and age were fearful, but there were still some women whose strength was silent – and in that, I learned a valuable lesson: I needed not a podium to be noticed and heard, no, I needed to help – one woman at a time.

Eventually, I married a man who was abusive, like my father, and again my mind wavered between weakness and my true desires. I had my place, but I was still so unhappy. "How could a God be good for some but not for all," I felt. Believe me, I had some issues over this.

I do thank God for the day when I had met my new friends, Rachel and Martha, who became the women apostles and servers of Christ. This was indeed life-changing and the beginning of the melting of my icy heart. To listen to the Master speak filled me with a new esteem, a new hope, a new place in the kingdom.

Jesus taught me that Father was not watching for me to err and then punish me, no! He was a helpmate, He did love us all – rich or poor, free or bond, male or female. The charm and majesty from this God-man filled me with the drive to serve Him, to

follow Him wherever He went and do whatever I could to further the growth of the kingdom. No task was too small. Caring for the elderly, the sick, children, gardening, cleaning – it didn't matter, it was all for Father and the coming kingdom.

I will stop there. I am not yet permitted to answer questions. You are a joy, my friends. Farewell.

I am ABRAHAM. Well done, Mary. I believe we have a great deal to learn from you. Mary spoke of past childhood beliefs that solidified on into adulthood. Let us review our own beliefs that may have become a part of us that possibly do not pertain any longer. I love you, children. Go in peace. Until next time, shalom. [No lesson found (yet) for the following week -- May 29th.]

We May Not Fully Trust Man, But We Can Fully Trust Father | How did Jesus Handle Disappointment?

Abraham & Mary, WOODS CROSS GROUP 06-06-2005

Back

I am ABRAHAM. Greetings. I am inspired in the way you build upon Spirit. Your willingness to be receptive provides an open circuit for the Spirit to flow. Each person's willingness to listen to one another, as well as share, is our weekly healing balm. I appreciate the flow of this evening. Well done.

I am your sister, friend, MARY. Greetings. I am in agreement with Abraham's perception of this evening's outcome. In my research, I know that many of you have issues with trusting other human beings, circumstances, and even God. Your fellowship here has provided a strong foundation of trust. The trust you have in one another is practice for attaining the ability to move without fear in the world.

In my day, most of life was set on a stage of fear. We feared mostly what was 'thought' possible, what 'might happen,' not particularly anything that actually occurred. My fear as a child mostly consisted of being abandoned or worthless. As you well know now, those things I feared were brought into actuality through my own perception of life's circumstances. I can see now that even in my aloneness, Father had always stepped in to bring me some comfort, some understanding – whether it was through a friend, stranger, or even a pet.

It is difficult to find Father's comfort when your world consists of fear and mistrust. Spirit poisons disconnect us from the reality of life. It is difficult to trust in mankind today. Many people are not willing to reach out for fear of being disappointed yet again. I know this feeling. I lived this feeling and I am ever so grateful that I have come through this, knowing there will be an ultimate good.

Nobody desires to feel pain. It is not the purpose of man to continuously feel and know pain. Pain, however, is a teacher when it is viewed from a logical standpoint. I know too well that emotions have their way of rising to the surface. But with time, emotions die down; and clearly set before you then, is the solution to your problems. The Master taught me that my pain prepared me for the present – which was then, becoming an apostle.

We always find our animal tendencies to rise to the forefront of our thinking. As a mortal, our first thoughts are: "How will this hurt me?" or, "How will this help me?" Yes, these are natural human emotions and not to worry. It's not to go overboard chastising the mortal mind, no, that does no good. It is important to do what is ahead of you – to keep on living, to carry on, to move forward; not be embittered by the past, and not be scarred by those who have hurt you to the point that you are a victim of life.

The Master taught me that my mistakes, my choices made, were again simply building upon the current lessons that were shaping me into who I was to become, and how I was to serve. As I look back, I realize my deepest desires always manifested in one way or another. I was not a victim of culture. I was not a victim of that day and age. I was not a pawn to be used. I was not a commodity to be dealt with.

The Master treated me as a kingdom believer. He treated me as He treated any of His apostles – or any man for that matter. My gender or past, was not what He based His ideas of me on. He saw me as a child of the First Source and Center, as He did everybody. I learned to trust Him completely.

How blessed was I to have the living mortal Michael before my eyes, just as do you with His Spirit of Truth! I had for some time lived without His presence; but for the time He was here I knew His word was solid and trustworthy. Of course I had not that trust in every mortal I knew, but my knowledge of Him became a gauge for me to bestow balanced levels of trust, and I was able to freely maneuver my way through the mortal life.

At some point in your life in the flesh you realize that God is not as a mortal. He is not someone who will stand by His word 'only if it is convenient.' He is not one who wishes Himself to 'look good,' and therefore acts from a place of ego. He needs not your admiration, adoration, or anything. He can be trusted to go through the waters of adversity with you. There are not more important things in the world occurring that He will forsake you.

My friends, this is why the Paradise Father fragments Himself, so that we may all be served and grow toward Him. Man will never live up to one's ideal. Does this mean you should not place your trust in anybody? – or does this mean you need to handle disappointment as the Master did!

Trusting individuals was not so much of an issue with Christ, but He fully trusted the Father in heaven to bring about an ultimate good with every encounter. This was not a worry for Him, nor was it a fear; and therefore, His mind was open to receive things of a spiritual nature. He had thoughts of fear, yes, but He was not bogged down by the emotions of it. Did He take time to allow the emotions to run their course so that the logic may rise to the top? Yes, of course!

Spiritual maturity is not magic – it is trust in the First Source and Center; the Spirit of Truth; Mother and Her adjutant mind-spirits; and, all the associates that work for the good of the kingdom. One person changes not the world, no! God changes the world. One person can work for that change when they have God.

In my old life before I was reborn in spirit, I was nobody. When I became alive in spirit, I did not care if I was nobody. I gained the kingdom of heaven; how could I ask for more? I suppose I will stop here. Next week I would be desirous of taking questions. I am now permitted to do so. Farewell.

ABRAHAM: Thanks to our sister, Mary. Her fresh outlook keeps us all on our toes. I am always made to learn in her presence and I am sincerely grateful.

This week we are to ponder our levels of trust in God and man. We are to think about how fear creates static to our incoming spiritual thoughts. How did the Master handle disappointment? Go in peace. Know that my love is ever growing for you each. Until next time, shalom.

Those Self-Imposed Things That Keep One Bound | Mary Clears the Air, Her Relationship With Jesus

Abraham & Mary, WOODS CROSS GROUP 06-13-2005

Back

(Editor's note from June 1st 2024: This lesson is dedicated to the cast, the writers, the directors and the crew of 'The Chosen' film series production. Their depiction of Mary and Jesus does quite resemble Mary's descriptions and recounting in this lesson.)

I am ABRAHAM. Greetings. My heart is full to be witness to your efforts to carry on with the Correcting Time. I am amazed some nights to see you here, yes, for many of you are quite busy. You have your daily employment, families, and various obligations; and still you continue to make this meeting and Michael's cause a priority in your life.

How beautiful it is to see you live out the ministry. It is wonderful to find those spirit-driven children who want not recognition, fame, or fortune. It is truly inspiring for us here on this side to witness individuals who find it their utmost desire to simply be a part of the whole. We thank you for your steadfastness and willingness to stay the course. I give you, MARY.

MARY: Greetings friends. It is wonderful to be here with you again. I am getting to know you each quite well. I am enjoying the diversity in personalities, and I am enjoying the fellowship as one among you.

As Abraham mentioned, it is inspiring to see you make effort to live out the ministry. Your true joy seems to be coming from accepting your part of the whole – no more, no less. Of course, at times with such a liberal spirituality you must use caution in your sharing with those outside of our Mission group. How wonderful it is to gather with one another here, and have practically no limits; most ideas are welcome. Yes, well done.

I did love being a part of the Lord's cause back in the day. I loved knowing that my sisters and brothers were at hand should I have need of them. On an evolutionary planet such as this, it is comforting to have individuals who truly understand you. It is helpful in day-to-day living knowing that two minds are better than one. Where two or more are gathered – there also, is our beloved Spirit of Truth.

And also very important is the fact that ultimately you make your own decisions; your free will reigns supreme. This is what makes our spiritual movement so awesome – we can be free thinkers; we can be diverse in nature and also part of the whole. It is true that I was limited in my day, having been born female, but there was always a way to work around the limitations once I had completely embraced the ministry of our Lord.

If individuals feel bound in this day and age, then I say it is most definitely self-imposed. You can feel 'less-than;' you can walk with your head down; you can feel as though the world is against you and that God our Father ignores you. Yes, you can make this your reality. You can allow man to impose his restrictions on you; but know this my friends, as I can attest from my own life, you definitely have the power to live a life of freedom.

For the most part in today's world, there are always various avenues one can take to fulfill goals and dreams. People are only limited if they allow it. Those that feel 'less-than' will live a life that is short such marvelous abundance. Those that live as if they are 'more than' others, then certainly is humility headed their way – it is simple human experience.

Look at the history of the past one-hundred years on Urantia: There has been progress, yes. The races are treated with more equality. Women are in professions that before, they would have never been allowed. The ideal of family is once again becoming a priority – even if a family is not so much biological, but as they are simply devoted to one another. Sure we have difficulties! but for the most part they are minor, and every individual has power to create a new and better way. I will stop there.

[Editor's note: There was a prior discussion regarding Mary's depiction as having been married to Jesus which was asserted in the recently-released movie, The Da Vinci Code.]

MARY: As promised last week, I would take a few questions; but first I would desire to clear the air: There is no doubt that I loved the Master with my whole heart and soul. His kindness and fatherly affection He had shown me would never, not for anything, ever lead Him away from the Father's plan for His mortal life here on Urantia. To even ponder upon the idea that the Master would stray from the Father's plan in favor of a romantic relationship, is completely erroneous. I would never have sabotaged His plans for any amount of affection. I would have killed for Him, I would have died for Him, but I would have never, ever, led Him away from Father's will.

If you have studied your Urantia Book, does it not give you a picture of a unified being in our Creator Son who was wholly dedicated to the doing of the Father's will? He was to become the Sovereign of a Universe. Would He be so weak as to give in to any animal temptations? Said Jesus many times over: "My kingdom is not of this world. It is wholly spiritual. It transcends the animal. It transcends mind, time, space, and any other limitations one could come up with."

All right, that question is answered. [group laughter.] Have you, my friends, any questions?

CALVIN: Mary, welcome! Welcome to our group. Thank you so much for your lessons, your time, your love and your help in this Correcting Time. Yes, that clears the air very much, and I am sure people reading it will feel that air cleared too. A simple follow-up though, while we're on the subject: We understand you did not have an intimate relationship with the Master, but did you end up in a relationship in your life 'after' the Resurrection? Or, did you live out your life without marriage or a romantic relationship?

MARY: I understand. I believe that Father has His plans for each one of us. We are always in a state of becoming. I suppose I did the thing I most wanted, and a relationship was not included in that. Every moment was filled with the Father's presence through the people I served. I was fulfilled beyond measure. My other friends had that need for companionship; or, they had that fear of being alone – all perfectly acceptable. I had friends that served in the ministry by day and family by night. I had friends who had escaped terrible relationships and were well satisfied being free. I knew individuals who had that inner drive to have a family, have companionship. It is all just human experience; and one way or another, in this life or the next, you will have a good understanding of it all. I thought at times it would be nice to go home to share my day's happenings with someone, yes, but they were simply passing thoughts. Had I desired a male companion, certainly could I have found one. I do suppose I had some fear of repeating a history of choosing abusive partners. I think freedom was more important to me than the price of companionship. Is this helping?

CALVIN: Yes, thank you very much. It gives me a new perspective. I think there are many mortals that feel like I do, that there is some character flaw or failure if they do not have a successful relationship. (Mary: Yes. Good question.)

HARRISON: Mary, what can you tell us about your first meeting with the Master?

MARY: I had heard good things about the Master before I had met Him, but always did my suspicion get the better of me; I had thought He was another religious fanatic. I suppose what struck me first about Him was the confidence and security in His voice, in the words He chose. But what really captured my heart was the sincerity in His eyes. I was impressed by His distaste for fame or recognition. Again, He was unlike any man I had ever met. To look upon Him was indeed a majestic sight to behold, yes, but there was something from Him that touched your soul. I had no doubt that He knew me through and through, but I also had a most strange feeling that I had known Him for a very long time; I still, to this day, know not why. One other thing is, He was indeed magnetic through is lightheartedness and humor – always something for me to aspire to. Yes, good question, Harrison. Is that answering? (Harrison: Yes, thank you.) Mary: You're welcome. Is there another question?

MIRIAM: Mary, I would just like to say that it is an honor to formally meet you. I have always been a fan of yours and touched by your example of loving and getting into service. Lots of times I wanted to ask Abraham about you, Mary; and now you are here and what do I ask? Your message this evening is about freedom – freedom from

low self-esteem; from the bondage of choosing negative thoughts; and how we can truly be empowered using the Master's example. My question for you is: Was it a gradual healing? or was it like an instant healing from your inner turmoil, low self-esteem. When you met the Master and started walking in His path, was it like an instant zap? or did you continue to build an increasing awareness of His love and message? Do you know what I mean?

MARY: It was gradual. Even after I had come alive in spirit, I still had setbacks. I still regressed. Time and experience was difficult for me to be patient, to allow the unfolding instead of forcing it. I had received healing and more confidence over time, yes, and I do believe that my work with others was instrumental in achieving this state. I had so much fun. I had so much laughter. I had begun to see a life with new eyes. I learned I was not a player in a very serious game, no! I was more like a cheerleader on the sideline. I learned to have fun and not take life so seriously. I do believe that most individuals find healing over time; I would think it would be rare to come upon such wisdom overnight. It is simply a matter of being able to endure time and be observant of the message the spirit is trying to deliver. Good question, Miriam. Is this answering?

MIRIAM: Yes, wonderfully. Just one more quick tag-on question: How did you know to get going with what you did? Was it just like the right thing that you felt to do? Do you know what I mean?

MARY: I understand. I really had no idea of what I was to do. I began to detect Father's open doors simply through trusting Him more than I could trust myself. I relied a lot on intuition. As I matured, I did become more risky with my own well-being; I became more daring to act out what I felt was the Father's will. I look at that time in my life as mostly accidental or perhaps being at the right place at the right time. It was not very strategic. I admired the Master's principle of ministering 'as you pass by.' When you are consciously observant of this, you do seem to find yourself where you should be. Also a good question, yes. (Miriam: Thank you so much.) Mary: You're welcome.

SIMON: Mary, I feel like we were raised somewhat similar with these fears of abandonment. I see you have overcome them pretty well with the Master's help. How about some advice for some of us that are abandonment recoveree's, so to speak?

MARY: Simon, I had some issues with abandonment throughout my whole life. I do suppose this contributed to my mistrust of men in general. I did, however, learn a terrific amount of psychology from trying to dissect this issue and understand it. I made it a daily practice to fill that place where I felt abandoned, with the Father's presence. And after the Master was taken and His Spirit of Truth poured out on all flesh, I felt even more empowered to not let any abandonment issues rule over my life. When persistent problems keep returning, then you well know you must make effort to work on them. It is difficult, yes, but you do have to explore the root of that feeling. It is normal for mortals to want to make sense out of things. For the most part, I would say that my greatest help was replacing the negative with making effort to enhance my communication with Father; and always was the Master so inspirational. As I had said before, I had gained the kingdom of Heaven – and my my, that is a large family, a place you can take your pain in and bring about an

ultimate good. Simon, you are maturing in spirit more and more every day. You are quite capable of dissecting this issue and helping to bring about an ultimate good. Eventually, you will help others with this same issue. Know that you are a well-loved son, no matter what has happened – try to feel that! Try to make it your own. Good question. (Simon: Thank you.) Mary: You're welcome.

As Abraham has often said, I am slipping. I thank you and am always inspired by your dedication to carry on. I enjoy your unique personalities and am learning quite a bit. I am to do the farewell for this evening. As always, Abraham and I send you with our love. Go in peace. Shalom.

Our Ministry Is Without Fanfare or Recognition | No Room For Self-Importance
Abraham & Mary, WOODS CROSS GROUP 06-20-2005

Back

I am ABRAHAM. Greetings. I find it amusing that you expect me to be here; I like that. Wouldn't it be wonderful if in the moment-to-moment of daily living you could expect the same from Father? It really is the same – even more-so true with the Father, for He is personalized internally for each one of His children; every day the two of you are becoming as one. I know in your daily struggles this thought/reality is sometimes difficult to grasp.

Know that the veil of the flesh is only temporary – and with the forward momentum of the Father's plan, more things are possible than you know. Is it not cause for rejoicing to see those things that are true remain lasting? You have allowed the unfolding of our Mission; and even with some stumbling, you have done quite well putting it to good use. Sometimes it is very uplifting to simply stop and be grateful, to feel those blessings that surround you and allow the energy of the spirit to continue to empower you.

I am MARY, your sister and friend. I am grateful for the friendship and assistance I receive from our brother, Abraham. His grace is indeed something for me to aspire to. Even though I have received training to help in the uplifting of Urantia – still, I never quite feel fully prepared to teach any particular lesson. Abraham speaks of making effort to be prepared, and then always allowing the living Spirit to guide, to have the final word; and this is quite helpful for me.

It has been many years since I have indwelt the mortal flesh; and yes, I have come to know such joy that you have yet to discover. I have never forgotten where I began, and truly is all my experience a part of the sum total of who I am. I do remember some excruciating times in the flesh, certainly, but here I am now with some knowledge of the outcome of ultimate good. Just like you, your mortal struggles will one day be behind you and the ultimate good will be presented to you in a way you can understand.

It is so encouraging to keep striving in that forward momentum that Father has set before us. You have had many years of training and your mission assignments are laid out before you, daily. Some assignments may seem small, but they are always possible links in a greater chain. Our Mission seems inactive to some because it is so 'low profile;' it demands not personal recognition of each individual who serves.

I do remember in my days of becoming alive in spirit; the temptation to take credit for receiving and disseminating living revelation was always present. Having grown up as a child who knew not real love and affection, I was more inclined to 'take credit' for the Father's work – the attention at the time fulfilled an emptiness I had always known.

It was strange how the more I leaned on the side of ego, and the desire to look and feel important, the less ability I had to minister to others. When I was caught up in 'myself,' I really was of no use to the ministry – the ministry became secondary to my desire to feel needed. I would swear that 'I served to work and minister for the Master's cause;' and yet, and understandably, the animal-side craved to be noticed and appreciated.

Certain sects of that day and age were not socially accepted. If you grew up poverty-stricken, then you pretty well had it set in your mind you were always going to be of a lower class. It was rare when individuals strived for more because it was believed then that this was God's plan for you – to stay in the bed society had made for you.

So most definitely, when my mind began to lean toward spiritual reality, I learned of my real importance; I learned freedom from labels, classes, and status. If I was to serve in the Lord's ministry, then I had to become one with the people. There was not room for a feeling of self-importance; there was not time to reflect on how I would be rewarded in heaven. The ministry was exactly what the Master taught us it would be, and a great deal of His teaching was focused on self-forgetfulness.

I always had to remind myself – through daily prayer, meditation, and efforts to serve – that this was not about me and my longing to be fulfilled in one way or another. In that, there was joy beyond my ability to express it with words. Yes, to feel a part of something greater than yourself, greater than your little world, is freeing. It was just as the Master taught: "He who would save his life selfishly will indeed lose it. He who would lose himself for the Father will definitely be saved."

Our Mission is active, even though it is not so much in the public eye. We are all a part of something greater, and that links us together as members of an unlimited universal family. To me, the Mission is simple. If you need fame and recognition, then maybe this ministry is not for you. If you desire to be part of the whole and serve side by side with your fellows, seen and unseen, finding spiritual fulfillment instead of ego-satisfaction, then you are home.

I am stopping there. All my love to you, my brothers and sisters. Godspeed this week in all your undertakings.

I am Abraham. Our gratitude to you, sister, Mary. Well done. This week, find time for prayer and meditation. Take an honest look at your ministry. We may be a quiet Mission but that does not take away from our activity. Carry on with what you know to be true in your soul. My love is always growing for you each. Go in peace. Until next time, shalom.

Fearful Of Experience Holds Us Back | With Self-Forgetfulness We Can Receive Pure Father-Assistance

Abraham & Mary, WOODS CROSS GROUP

06-27-2005

Back

I am ABRAHAM. Greetings. Many times I am overfilled with love for you and your unique personalities, and I feel a great deal of comfort around you. I feel secure in the knowledge of your feelings toward me and the Mission as a whole.

I am appreciative of your willingness to be unknown and yet strive for a better today. I realize at times how our Mission seems flat. It can seem void of that mountainous beauty we all enjoy in the thrill of discovery. Such is the mortal life. Our Mission is what we make of it. Our personal being depends on our willingness to allow Father in.

I am MARY. Again, greetings. I do understand the valleys and peaks of the mortal life. I remember an ever-changing perception of my outlook on everyday living. As a child, it seems we start out as free and open spirits, then pain or experience in living teaches us to be cautious. For some, hardship leads them to a 'closing up' altogether. As any child learns, "If you touch the hot coals, you get burned."

Certain negative experiences or traumatic events would perhaps make some individuals a little too cautious, shy, or self-conscious. Pain is not pleasant; and yes, escape is understood. There is a tendency for people to escape any un-pleasantries of life by seeking to escape harsh experience altogether – they are 'closed up.' They not only are closed off from the wisdom to be gained, but also from the living Spirit that is available to each and every true believer.

I remember such pain and the holding back my natural instinct 'to act upon.' Having been reinforced time and time again that I was of lower value, I had not trust in any of my abilities – and therefore, I held back and remained quiet. The insecurity from ridicule directed my actions as a person. Yes, it controlled me. In this holding back (or closing up), I did curtail one of the many gifts that is ours just by being set upon such a planet – and that is intuition. My intuition (or capacity to receive spiritual information) was indeed squelched, and most definitely were the spirit poisons more real to me than spiritual fruits.

With the coming of the Master's ministry, I began to realize my true rights simply as having been born mortal and a child of God. Certainly were women (among others) limited in their freedom to speak their mind or act on any cause; but with a few lessons in humility, I was able to find the balance between 'holding back' and 'allowing Father's will to unfold.'

In the mortal life, you will certainly experience the perseverance of ego to look for opportunities to be 'rewarded for the great person you are.' It is understood that feedback from others– such as family, friends, spouses, and employers – seems to be of great value. Not everyone on an evolutionary experimental planet is raised with the understanding/fact that they are 'a child of God,' and are given certain rights and gifts.

This is why the Master taught self-forgetfulness – so that the believers could receive pure assistance from our Father. He really did make effort to teach equality among all individuals; but also, as evolution has shown to be true, that good prevails and true things are lasting. In ministry, it is most likely safe to be in a mode of questioning or in self-forgetfulness – where you are trusting more in Father's ability than your own.

When we close-up to experience for 'self-protection,' then are we shutting out the assistance of Spirit. You can self-protect until the end of this mortal life, yes – and yet you will carry on from that point when you reach the other side. Such is the eternal career. This is not bad or good, just the way it is. When we are closed-off because we have been burned, then are we most likely to miss out on the abundance to be gained – and those Spirit perceptions that are available for you to utilize in this life, go unnoticed.

We can see the excellent example that the Master set by remaining open to Father's will, keeping a firm handle on emotions and the knowing in whom He was dealing with. Many things could the Master foresee because He was open; it was His deepest desire to serve Father and His fellows. Many times could He have run with emotion and delayed Father's plans. Many times could His fear have overcome His courage to be His true self.

Imagine the burden toward the end of Jesus' life. But did He see it as a burden? no! Was He paralyzed with emotion or self-consciousness? no! Was He a servant to popular opinion in His own need to be loved and accepted? no!

You know Jesus was born a babe of the realm, just as you were. He grew, just as you did. I say, you are able to have a fairly good communication with the Father, as He did. We can all see that Jesus was prepared for His ministry all along the way through His life-experience. He was willing to be taught. His loyalty to the Father is unmatched, yes, but definitely do you have opportunity to make an effort to come close. I am stopping there.

I am ABRAHAM. For the week ahead let us ponder how we are self-protected to the point that we hold back or are fearful of experience. Let us ponder our balance between allowing our Father's will to unfold, and pushing for our need to be noticed and accepted. How is intuition helpful in everyday-living, and, our ministry? That is all.

Know that I am with growing gratitude to you, my friends, who dare to step out and be seen for all that you are. Well done. My love goes with you. Until next time, shalom. [No meeting next week – July 4th.]

Overcoming The Temptation For Ego-Satisfaction | Building Those Muscles of Faith
Abraham & Mary, WOODS CROSS GROUP 07-11-2005

Back

I am ABRAHAM. Greetings. Even though we had not a meeting last week I am glad I could spend individual time with you. Your discussion concerning the work environment was informative to me for I am a small part of a much larger body. I realize that some things seem overlooked, and very well may be by myself or other

Teachers, but always do I rejoice in the fact that Father knows all. He tends to all. No one job is more important than another, for we all are part of a much larger body.

I am MARY. I am grateful for the comfort I am feeling to be among friends – family, so to speak. I know that I am one of the many that serve in the kingdom. Every day I am more and more amazed at my own joy of being one of the many. From where I am now, to be set apart from the many, or given some recognition, feels quite unnatural.

Of course I would tell you a different story when I had lived a life in the flesh. As a child, I felt not as a part of anything good. Certainly was I starved for attention and affection. I realized the basis of my self-esteem was seeing myself through the eyes of others – if I received praise, then I felt deserving to be a part of the many.

Upon receiving criticism, however, I felt separated, as to be labeled 'abnormal'; and therefore, undeserving of any good thing. Indeed there were times where elevated self-esteem overtook me and I lived my life to maintain the elevation; of course this was always short-lived, for reality (or true humility) would bring me back to the focus of my attention.

In my day it was saintly to sacrifice. Those who could 'sacrifice without recognition' were indeed close to the Spirit and with the understanding of the universal law of abundance. However, many in my day-as well as the present-would wear the robe of sacrifice for the benefit of themselves, boosting their own feelings of self-worth. I am not speaking on this subject to point fingers or induce guilt; nor, to label individuals or create paranoia, no! I speak on this subject because for many years my own self-esteem was the driving force behind my actions.

Living a life in the flesh, you will experience as much as you possibly can handle. Especially – circumstances that create feelings of elevated self-worth or 'superiority' are illusions the ego wants you to focus on. To be connected to Spirit, one feels a part of the whole – not more and not less, and not 'set apart', but thriving on service; thriving on things that feed the soul, not the ego.

Even after some years spent in service to the Master's cause, the temptation to receive ego-satisfaction was still present. Of course Father, in His infallible ways, would teach me of my fallibility. Father's teachings were always leading me toward Him – not an attempt to battle the ego or the animal within, but pointing me to a new and better way.

As I matured in spirit, I felt Father to be a loving guiding hand, not an authority figure who would limit my happiness or put walls up in the path of my desires; I realized His walls were guidance, not limitations. Father is always leading us to Him, helping the budding spirit to grow, not conditioning it in a way that simply makes one a submissive servant.

The mortal path is full of barriers – and the more you serve the ego, the more difficult it is to surmount them. You are most definitely not rats in a universal maze, no. Certainly are you the children of the First Source and Center who is ever

lovingly and most definitely guiding you into 'becoming.' Most things that appear to be gratifying in this mortal life are temporary. But those things that you really make effort towards are soul-building, leading you Godward.

Think about your day-to-day living and the seeming limitations that are set before you. Are you to break away to sit upon a mountaintop pondering universal cause and effect? Are you to make effort and sacrifice to get that temporary high of the ego fulfillment? Or, are you to exercise your spiritual understanding so that you can receive guidance from the One that knows all. How does the presence of Father feel when you are striving to be a working part of the whole? How is this building your eternal career?

I most definitely understand various driving forces that would serve self. Many individuals carry life-long beliefs and patterns that would create the longing 'to be seen' as truly valuable. For me, it was certainly a welcome reality when I could see beyond myself as a voiceless individual, to becoming a part of the whole that served without pausing to ask 'why?'

There have been, and will still be, times when your spirit feels beaten and unable to move. There are various habit patterns of the human brain that are well-worn and difficult to overcome. To strive to build upon continuous faith is an open door to assistance from the Spirit. As you have heard quoted, but still wonder about: "With God, all things are possible."

I am ABRAHAM. I find this weeks' lesson to be challenging and certainly worth personal effort. Mary spoke of the continuous building of faith and exercising the spiritual muscles - meaning study, stillness, prayer, and striving to live truthfully. Many things of this mortal life appear to be fleeting and not worth the time and effort - we all know now who is a perfect judge of that. Remember that humor, fun, and relaxation are always energizers to what seems to be a well-worn spirit.

Again I will make time to spend with each of you, individually, this week. I thank you for your willingness to stay the course. My love goes with you. Until next time, shalom.

Let Not Mere Mortal Stumbling Stifle The Budding True Self

Abraham & Mary, WOODS CROSS, UTAH 07-18-2005

Back

I am ABRAHAM. I am grateful for your honesty and willingness to believe that better answers are forthcoming. You are fighting the good fight of faith. Your down days never keep you down; there is always the thought of Father in the back of your minds with His hand outstretched. How empowering it is to know you are never really left alone.

I am MARY. My thanks to you also for allowing me to be a branch on your family tree. Many of my associates here on this side know I am new to this assignment. Still, they are understanding and helpful; they are ever cheering me on; their honesty is helpful, not hurtful. Perhaps in a way, I am transformed enough to see that now.

Even though I still stumble a great deal, I am never made to feel shame or regret. I still have some episodes of discouragement, yes, but with time and counsel from my Father, and those associates with more experience than myself, I learn from the discouragement and I am built-up in spirit, not torn down in ego.

I am getting to know you each better and better. I am always pleasantly surprised at what I am learning about you – your culture, your thought patterns, and your social practices. Just when I believe nothing has really changed, as far as mortal life goes, I am always amazed at how things have evolved, how the world and its people have evolved. I am learning to think with the 'kingdom mind' and that requires flexibility on my part.

I always received a great deal of knowledge just from watching the Master. He was truly Himself with each person He had chanced to come upon. To meet Him for the first time was a bit intimidating, for He was indeed majestic in His ways. His countenance was confident and always looking for a positive side to every situation. On the other hand, He was fearless in His expressions; when events had gone against His beliefs, He let it be known in a way that would have a positive effect on the minds of His fellows.

At first, I was quiet in His presence. I certainly did not want this Man of God to know of my generalized ignorance. I thought that if He really knew me, He would certainly look down upon me and the person I had been and was at that present time.

It is really quite humorous now that I know that the Master knew me all along – and saw me as a child of God, not an uneducated poverty-stricken socially unacceptable female. No, He saw me as a learning child of God who was open to learning new and better ways.

The Master's lightheartedness, His eye contact and show of genuine interest, really brought out the best in me. I felt not set apart as 'special,' nor did I feel separated as having lived a sinful life. I came to feel and realize that I was an individual part of the whole; and as such, I had been encouraged to live my best life. Was my "best life" the same concept that was seen through the eyes of society? no!

Striving to live up to the highest good I possibly could, depended upon my willingness to listen, learn, and be self-forgetful – and, without underlying selfish motives. Did I have want for some material fulfillment? sure I did! But these thoughts would soon fade with the willingness to be open to Spirit and freefall into the Father's plan and purpose.

My friends, as long as you wear the mortal flesh you will have to deal with mortal issues; this will probably be your greatest learning experience. You can be diligent in your spiritual practices and yet, still stumble. You will have moments of wavering faith and doubt, yes, but this is not to be taken so seriously. Contrary to old beliefs, this life is not your one and only chance to choose or reject the Spirit within. Wrong decisions are not a path into hell. You always have opportunity to do better, to live right. I am stopping there.

I am ABRAHAM. My gratitude to you, Mary, for your efforts. You are inspiring as a student. You are bringing hope as an associate. You are bringing lightness to our well-worn path.

This week, friends, let us make every effort to reach for a positive side in all circumstances. Even in the worst of circumstances, let not it rule your emotions, let it not cause you to stumble. Should you stumble, be not discouraged for that is a tie-in to the ego, not the spirit. Make effort to communicate with our Master, our own beloved Spirit of Truth. What does His particular personality say to you? That is all.

Know that I am grateful to be growing alongside you. My love goes with you. Until next time, shalom.

Serve Without An Ulterior Motive. Recognize The Natural Flow of Life
Abraham & Mary, WOODS CROSS GROUP 07-25-2005

Back

I am ABRAHAM. I have been musing over our years together – the meetings, conferences, and various events. How people have grown and changed – yet, are still the same souls I fell in love with in the first place. You have each helped one another to become stronger individuals. A great deal of fear has dissipated because of your enduring commitment to one another, to Father, and to the Correcting Time.

To spend time with you is to be revived in spirit and attitude. I know the ministry can be seemingly slow at times, but I am watching you actually follow through with what you have learned. I am honored to be your friend and Mission associate. I know our path has not been one of ease, and yet, it was our difficulties that brought us to this place, this present moment.

I am MARY. I am always inspired by our brother Abraham's words. He is lovingly instructional on one hand, and on the other, he is a presence I am growing quite attached to. His personality gives me comfort to know that I have plenty of room to grow. I have freedom to run and to move about in spirit, so to speak.

You each have also displayed a loving patience for this newcomer, and I am grateful. I am constantly amazed by Father's network of individuals – those that serve, and those who are served.

This week I have spent my free time studying about the Father and His ways of perfection. I can understand His commitment and diligence to make every effort to assist every child. I can understand His patience in teaching and ever drawing the child toward Him. I did find it difficult to understand His ability to let go when the child wants nothing to do with Him. It's not that the Father leaves the child alone, no! It's simply – the Father stands by. Ever vigilant is He – and on the other hand, can let go without emotional upheaval.

The more I experience on this side, the more I can believe there is always an ultimate good in every situation. Urantia has its share of strife – and while a mother may stand by in worry and dread of a negative outcome, our Father is able to detach from the outcome, to embracing the present moment. Father is not harsh in His

ways, no. He is, however, intelligent. He does know when the child needs to go it alone, for the experience is quite valuable.

Karma these days is an amusing term. Where I am now it is simply known as 'universal law' – not good or bad, but just 'the way it is' – and without a doubt what makes the most sense. Recalling my mortal experience, I do remember my 'service' (as I supposed) which was with an ulterior motive. I believed my good works were money in heaven's bank. My idea of good works and actual good works were completely different things.

Genuine good works are when you are in the flow of life, and events or actions seem to unfold on their own – and you are at the right place at the right time doing what you can do. Yes, there is always the ego, asking: "What will this get for me?" "What will putting effort out do for me?" But what a static this thinking is in the spiritual life! and, what a betrayal it is to universal law and citizenship.

Said Jesus: "Of all these things I have done, you will be able to do, and more." My friends, we have achieved 'more' and will continue to receive more – because we do have Him to go before us. Our beloved Spirit of Truth can speak directly to us and expose any motives the ego might be hiding away.

It is easy to see, when you are aligned with universal law and in the flow of life, coincidences seem much more common, and intuition seems like a natural everyday occurrence. Foreknowledge is not a cause to go down the path of the ego which claims to have special gifts, no – it is a right to utilize because you are making effort to be in the flow of life.

And this, my friends, is when I feel most close to Father's presence; the satisfaction and joy is indescribable. It's not like a child who sits upon the lap of Santa Clause, no. It is mentally, emotionally, and materially an opening to receive light and see the broadened horizon ahead. It is a foretaste of what is to come.

This week, let us look at motives. Let us make effort to ride the wave of life – not make our own waves that sets us apart or creates chaos, no. Let us make effort to recognize the natural flow of life and trust that in each moment, Father is there guiding and granting us ability.

This evening I will give the farewell. Our gratitude to you, our children/friends, we count ourselves blessed to know you, work with you, and grow alongside you. In the words of our mentor and friend, shalom.

Free Ourselves From Binding Traditions | Free-Thinking Is Not Liberty Without License

Abraham & Mary, WOODS CROSS GROUP 08-01-2005

Back

[Only females were in attendance this evening.]

I am ABRAHAM. Greetings. Watching and listening to you sisters discuss various life topics reminds me of the women apostles in the day of our Master.

I have been around for some years now. I figure I have a good bit of understanding of the mortal mind. However, I am ever brought back to reality by the different facets of personality. While the basic human needs are the same, I am really amazed by the unique personality and character of all Father's children. In other words, no matter how long I have served in this Teaching Mission, it is never dull. Anyhow, I am enjoying the spirit of this evening.

I am MARY. I am feeling at home among you, my sisters. I do believe Father's plan is the ultimate plan and many things do happen for a reason. Many of you are called to serve in various capacities. It is your flexibility that keeps you in a forward momentum.

I am aware of what seems to be a restlessness here on the planet - those things sought by the average mortal are now becoming unsatisfactory. You know as well as anyone that life is not stationary and that nothing grows without the living elements of truth, beauty, and goodness.

I remember back as a child that things would seemingly never change. It seemed as if life would just happen and God's children were supposed to just 'roll with it.' I saw my father beat my mother; therefore, I grew up as having that reality a part of my mentality. For a man to beat his wife in that day and age was acceptable, and even to be expected from time to time. To men, women would appear to be as unruly children in need of discipline.

I understand that this brings up painful issues - it is still somewhat of an irritant to me, having also lived it. I am with unending gratitude, however, to our Master who opened up the playing field for us. The pendulum of inequality still sways back and forth, yes; but believe me, those who have not been thought of as a stable foundation of strength are instead becoming exactly that.

Many individuals who were so accustomed to being told what to do are finding themselves to be free-thinkers. This, at times, can be somewhat confusing, for old thought patterns will creep in from time to time.

It has been said that people need one another. Many stagnating societies will actually choose the people you are to spend your life with. The age of free-thinking is slowly growing, yes, but as you find the courage to move forward as directed by Father, the fear to appear unacceptable, decreases. Free-thinking is not 'liberty without license,' no! it is more-so, being able to listen to the call of the Spirit without need for ego fulfillment or societal acceptance.

For myself, I did not live a traditional life. Certainly I had it in me to avoid what appeared to be my destiny -according to that culture, to that day and age. To me, as a child, love was quite conditional and most of the time, painful. I chose to escape this pain through other means of living. I could have chosen to forgo any experience that would lead me further Godward; but Father, in His ultimate plan and purpose, led me in a way that I would learn of love through another avenue.

I did not learn of love and parenting in a traditional way, but definitely did I learn about it. My calling was somewhat different than that of my sister associates.

I am saying – I was not set apart to be abnormal, no; however, my calling was constructed in a manner that 'I' could understand, with that life experience 'I' had lived. Your experience has led you to develop certain habit patterns, good and bad. And Father, in His wonderful wisdom, chooses to teach you in a way 'you' can understand. Father is highly devoted to you, His children, and will stop at nothing to lead you Paradise-ward.

This world is not meant to be so much about tradition, it is an evolving planet. You, as people of the Correcting Time, cannot live life as did your predecessors. You feel not bound by guilt for you have not lived a life of tradition; no, you are with plan and purpose. The Correcting Time Mission is about people, and healing, and unity. The Mission is not about what appears to be success in the eyes of society. I understand you will have struggle, but with heavenly guidance you can find balance and a reason to carry on.

I am ABRAHAM. Our gratitude to you, Mary. A fine lesson, indeed. This week, let us review our personal life circumstances. In whom do we serve? That is all. Know that we are with growing love for you all. Until next time, shalom.

Being Self-Forgetful Enhances Spirit Connection | Today's Abuse Of Over-Medications
Abraham & Mary, WOODS CROSS GROUP 08-08-2005
Back

I am ABRAHAM. You know these words happen by your own energy. Without your will to allow Father's plan to be put into action, this would not happen. Of course you could receive lessons on an individual level, but the strength of the many minds here make our words more accurate; our intentions more pure; our thoughts more balanced. While it may seem you do very little to uplift Michael's cause, I can say that your efforts go far and wide.

The fact that you need not know the outcome of your efforts opens the channel of energy and helps to purify thoughts and intentions. I am fulfilled with the fact that you carry on in the face of your many struggles. I am inspired by your efforts to see the good in what appears to be overwhelmingly bad. You may waver in heart and mind from time to time, but your faith always wins. You work through it and always come out better in mind and add growth to the soul. Well done.

I am MARY. What an honor for me to teach alongside Abraham and at the same time be a student alongside you. I also am overflowing with energy and hope that to reach the masses all we have to do is get through to the few. In recalling my mortal life, I realize my greatest enemy was my own mind, my own thinking. This is why the Master taught so much about self-mastery.

Education was rare for a woman in that day. As I matured, I realized I could learn more from 'life experience' than I could from any organized institution. The key to learning, of course, was listening and being observant. Much of the time I had to literally bite my tongue. In my youth, I could hardly hold back my urge to spout off my knowledge, for by so doing it was as if people would look at me like I was somebody important.

In my adult years, with time, experience, and the Master's help, I knew that I could

be of much more assistance by learning and having a questioning mind instead of an attitude of one that was 'quite knowledgeable,' and therefore, 'should be looked upon as important.' Father really put this theory into practice in my life. 'Living revelation' was my ministry.

A quiet mind (one seeking little or no attention) connected me directly to Spirit; and from that, I knew things that even I was amazed at. Of course this was simply used to minister to Father's children, not to boost my own self-esteem.

Certainly was I honored that Father could make use of someone I thought had little or no value. I became a part of the whole. I saw with new eyes. I heard with new ears. I felt much more love than I ever thought possible. I actually had access to a universe of information – again, of course, to minister to Father's children.

The partner to the Master's teaching on 'self-mastery' was 'self-forgetfulness' – to lose oneself in the service of others. I do know that living in the material body is so difficult. Many times I thought 'the more active I was, the more I was able to serve.' In the end, of course I had no energy and was really off-center.

Time spent alone is good. Stillness is good, and so is exercise. Creativity is rejuvenating; fellowship is balancing; study is re-centering. The spirit that is housed by a mortal body, needs this care. The mind needs a chance to refocus. Certainly is there much more stimulation in the world today than there was in my day; it is busier and more confusing – taking up more of the minds' space, and many times blocking spiritual knowledge and energy.

With that said, and off the subject just a bit, I am made to think of the tremendous amounts of medication people are on. Yes, yes, medication has certainly been useful for many things, but a great deal of medication has been mind-altering and interfering with the very mechanisms that connect you to Spirit. I understand the mortal life today is difficult, and many individuals need some sort of assistance, but I would say at least sixty-percent of the medicines prescribed today are quite unnecessary – especially those that alter the mind and personality.

Humans were made to have emotions. You do get angry. You do get depressed. It is okay to cry. It is okay to express injustice. Just remember, those practices the soul needs to be balanced helps you in attaining self-mastery. It is perfectly acceptable to be mortal, yes, but also to be observant, to listen and be teachable.

With that, I shall give the farewell. In the words of our loving mentor, our love is ever growing for you each. Until next time, shalom.

All Are Equal In Father's Work | Michael Is One Of Us

Abraham & Michael, WOODS CROSS & POCA TELLO GROUPS

08-21-2005

Back

[Any transmission for the previous week is still not found. This week's meeting was the annual Celebration of Michael's mortal birth – Aug. 21, 7 BC.]

I am ABRAHAM. Greetings. How wonderful it is to be dedicated no matter where the Mission might take you. The dedication to the doing is certainly inspirational. Each of you carries on every day in the unknown. At times of course there is a bit of

hesitation, yes, but for the most part your daring to go forward without recognition or credit will certainly advance our Correcting Time.

I am honored to attend your celebration in remembrance of our Brother/Father, Michael. I have seen many of these celebrations and I am always met with the same loving spirit. I know the celebration brings us unity in heart and mind, even though our Mission tasks may take us elsewhere.

I am MICHAEL, your Brother/Father, your Spirit confidant, your tried and true. I am also feeling that tremendous joy of unity that brings us back from the material realms toward reality. I realize your daily struggles and reasons for taking action. I realize your need to 'do' and not just 'be.' There is a great deal going on in the world right now before your eyes. I can also say there is so much more that you do not see that is creating the birth of a new tomorrow. I am so grateful.

From where I sit, I can see back through history and know that an ultimate good has carried Urantia forward. I have also experienced life in the flesh where I was quite reliant upon my eyes of faith. There was indeed a time or two that I had felt that mortal loneliness. There were times I had to be a bit self-disciplined in order to be guided by my Father.

I am grateful for these experiences which have brought me to where I am now. I am blessed to have gone through the mortal and morontia experiences to gain understanding - that while some things may appear to be negative, they are simply the beginning of a better age.

As you remember my life in the flesh, I ask that you see me as an average man. I was then, and still am, one of you. I work with you and for you. I can help you along the mortal path when you are willing to embrace truth.

As you look back on my mortal life, see me as a person of that day and age who worked, did daily chores, and who took care of a family. I went to work, I came home, I worked some more. I was a son, brother, father, student, teacher, employee, and employer. I was looked up to, and looked down upon. I was judged, I was befriended, I was listened to. I had many friends, I had many foes. In all that, I gave myself and I received a universe.

Children, as you go out among your fellows, know that you are one of them. Whether you are a soldier in service to your country or a hermit who lives in the woods, know that one is not above another. We all worship the same Father. We are all attended to by Mother and Her mind-spirits. No one child gets more attention than another. Whether you are a starving child in Africa or a wealthy child in America, you each receive the same opportunities, the same attendance by those who serve in spiritual realms.

Let not what you see with your eyes dictate what you know with your heart and mind. Allow me to be your Spirit of Truth. Allow me to love you as I do, and to care for you as I should. I shall not pamper you and allow you to ponder over your past wounds, no! I shall empower you to help Urantia move into a new and better age.

This will be a year of truth; being open to it is embracing reality and inviting the Spirit to guide you. Know that in all your ways I go before you. I am your Brother/Father. Carry on.

I am ABRAHAM. Thank you, Michael. Your words always give us energy to continue on in the good fight of faith.

My friends, as Michael said, this is a year of truth and becoming about truth. Not professing your own truth to every individual you cross, no, but about seeing truth as it really is and allowing it to transform into meanings and values in your mind – thereby, strengthening you to take whatever actions are necessary for each circumstance.

Continue on in your fellowship and celebration. As you know, all of us on this side of the veil are always standing by. We are grateful to you for your exertion of faith and your daring attitudes to move forward – not to have regret over the past, but to have understanding and to move forward. Our love goes with you. Shalom.

Waves Of Energy That Are Fueled Either By The Spirit, Or By Man`s Wishful Thinking
Abraham & Mary, WOODS CROSS GROUP 08-29-2005

Back

I am ABRAHAM. Greetings. How wonderful it is to be with believers this evening. I feel relaxed and un-pressured. You each make me feel like this is an evening at home. This Mission is my job right now; it is surely what I love to do. It is not without difficulty that you each are in attendance. I certainly know it takes a great deal of effort and energy for you to be here.

Yes, my friends, I feel at ease. I thank you for that and for your continuing faith in the mortal agreement. ‘Mortal agreement’ meaning – you have accepted your call and are committed to fulfilling it, from the mortal ground on up.

I am MARY. It is an honor for me to also serve and feel that rejuvenation in mind and spirit. I am also joy-filled knowing you accept me as I am; you know from where I came and much of my history. In many religious organizations I would not be accepted and feel the comfort that I do in this Teaching Mission. Yes, I am thankful you accept me as I am.

These present days’ challenges have reminded me of days long ago when the Master walked the Earth. I am in a new seat now where I can see a great deal that is going on with the people of Urantia. Of course long ago, I could not see much for I was in the middle of the action. I am seeing energy that travels in waves – there are emotions and minds catching onto certain popularity behaviors and is creating waves of energy that, really, travel throughout the world.

Much of today’s anxiety is about individuals being caught up in the unknown; and most figure they should jump onto some ship of safety and hold tight to stay afloat. In the mortal living, people are having to take chances in building faith. To really ‘live and learn’ is to gain experience – to have growth and reap the wisdom therefrom.

When some learn about this Teaching Mission, they are hesitant because it is new – non-traditional. On the other hand, it is new and exciting and without doctrine. The Mission is not a ship that people are to jump onto and cling for the sake of faith, no. The Mission is more like a boat being built, and it takes all the participants to make it float. You are free-thinkers and yet, there is not liberty without license; there are not actions without accountability. This is responsible cosmic citizenship.

I like the philosophy of Michael's Mission because it allows you to think freely; to question; to experience; and, to learn for yourself. You need not stand out above the crowd nor sink below. You need not become unified with some wave of energy that is probably just mortal drama or some temporary explanation to the unknown. Rather, you are in understanding that there is time to think; that this is only the beginning, and you need not ride someone else's wave of faith. The cosmic mind is for the many, not simply the few who look to be living a righteous life.

I admire the Master's courage that day when the temple of old was cleansed from the profiteers. This day surely represented the ability of the mortals to set aside the craving for attention in favor of doing the right thing. This was a big day for the Master and the apostles.

Jesus was at the height of His popularity and His following had increased in numbers. He was at the podium and was set to give a grand speech that would certainly reach the heart of His hearers. When the Master saw all that was going on – the build-up of years of injustice that was occurring right before Him, He was ever so happy to set aside what He had planned in favor of being Spirit-led. Thus began the chaos that was to clear the temple.

What Jesus did this day in the temple was simple when you think about it – it was a small action empowered by an idea from the Father. The minds and spirits of the assembled individuals recognized this goodness that was about to be the voice for their injustice. And certainly, this wave of energy, which was fueled by the spirit of justice and fairness, was recognized on a soul-level by the people as they cheered Him on. This was one small change in energy, from man's to Father's, that was to make a lasting impression on the minds of man.

This week, let us be aware of the waves of energy that are fueled by the Spirit? or by man's wishful thinking. How do we further a cause? How are our minds set to be influenced? Is it something we want? or something that Father wants. Is it our will? or God's will.

I am overwhelmed at times because of the energies that are visual to me. Yes, I have some compassion for you that are to maintain the course in these present times. That is all for this evening. Our love goes with you. Until next time, shalom.

Do We Live As Man Expects, Or As Father's Will Would Have Us Live

Abraham, WOODS CROSS GROUP 09-05-2005

Back

I am ABRAHAM. Greetings. I am impressed at your willingness to allow the message to come through. You embrace the spirit when you could be forcing your own agenda. You

have enough years behind you as a unified group to have purified intentions as far as the Teaching Mission is concerned. As you each become more spiritualized is it then easier to be spirit led – it is easier to have not focus on personal agendas or wish-fulfillment.

We are all watching the tragic occurrences in the world right now (Hurricane Katrina in the US, New Orleans area) and truly does this make us all reflect; it causes us to reprioritize our lives; it does make us more willing to embrace truth and to listen a bit more.

What occurs in the world today is natural evolution, not a slap in the face to realize how small the mortal is and how big God is, no! 'Natural evolution' is not a wakeup call from God – although with each and every event that occurs, natural or man-made, we hope that the very best is brought out in mortals.

As you can see, the 'animal within' is alive and well, and serving itself in many individuals. But overall, the majority of Urantia people have a space occupied in their hearts by the First Source and Center for assisting one another. Man is not bad, not naturally evil, no, just a bit ignorant and still a bit self-centered; this is to be expected with all people, with all races, genders, and classes of citizens. Much of the time you must see the worst for it to spark action within us to bring out the best.

As good as many individuals' intentions are, there still is hesitation to live the life they truly believe in. There is still too much turmoil within to make that ultimate choice – to live as man expects? or to live as Father's will would have us live. Each of us have varying backgrounds, unique personalities, gifts of all kinds, and faults of all kinds. It would seem the biggest problem mankind would face would be how to incorporate so many differing individuals into the kingdom of heaven on Earth.

There are always individuals who want to be in charge, and then there are natural born leaders. There are individuals who wish to appear as the hero, and there are the real heroes who want nothing to do with recognition. There are those who teach to show their intelligence, and there are those who allow Father's intelligence to teach. There are those who portray a large flame of faith, and it flickers every time the wind blows; and on the other hand, there are those who maintain a small but steady flame that provides a light of faith for others.

There is a place in Father's kingdom for each and every individual, no matter what. Everyone has a place – whether they are spiritual or animal-minded, a minority or the prevalent, male or female, child or adult, rich or poor. It matters not where on the planet you were born, for each and every person is a child of God. Each and every person seeks to love and be loved; to care and be cared for; to feel needed and wanted.

As these difficult times are upon the planet, we have great faith that the good will be the ultimate outcome; the animal will be tamed and the majority of people will allow the Spirit to guide. If all else has disappeared, what have you? If truth and love are gone, what do material things serve?

Many mortals can justify what they believe they deserve in this mortal life – and work to serve themselves, even if it means working against their fellows. We have you, our Teaching Mission participants, to portray an example of a good balance between spirit and mortal. While many would desire to catch that wave of drama, you are our anchor of stability. No matter what happens, we all work for that outcome of an ultimate good; we still must live and rise to each and every challenge. You will be tested, so to speak, and you will be trained.

I am quite happy with our mortal Mission-forces. I am inspired to carry on, to feel comfort in Father's watchcare, to feel confident in the fact that Michael's Spirit of Truth has great influence. I am made to relax at the diligence of Mother and Her mind-spirits. I am made to be hopeful at the growth of the Supreme Being.

I believe that is enough for now. Know that I am ever increasing in love and confidence for you each. I appreciate your commitment and willingness to serve under any circumstance. Well done! Until next time, shalom.

Mindal and Physical Balance, and Trust in Father, Leads Us Toward An Ultimate Good
Abraham & Mary, WOODS CROSS GROUP 09-12-2005

Back

I am ABRAHAM. Greetings. I am joy-filled to meet with you and observe your interaction. I enjoy your uniqueness of personality and your passion to forge ahead come what may.

This week I was literally given orders to find rest and reversion. I was moved to rise above my present thought into an open space in mind. Over these last few weeks, I have been witness to a great deal of occurrences that were driving me to have need to work, to assist. I have grown quite fond of the people on Urantia, and I am loath to see such suffering. I understand there is always an ultimate good in Father's plan, yes, but I wanted to be sure I was on task with my duties – and perhaps I was a bit overworked, perhaps a little too close to the action.

I am still finding myself to be surprised at my own feelings. I am at times overwhelmed and yet, I am completely committed to staying the course. But everyone cannot give their all when they are taxed beyond their capacity to find meanings and values. At times each of us must completely remove ourselves from the happenings of everyday life. There are times when we simply need to not think, not be always in a problem-solving mode. People are at their highest potential when they are receiving Spirit guidance; the chaotic mind is not receiving full and accurate Spirit guidance.

Yes, people are really at their best when they find value in the small joyful things in life. Those moments of quiet observance in nature are bound to reconnect soul with the Spirit – the well-rested balanced mind works at an increased capacity. Those who for the most part actually live their Spirit-driven inclinations are most likely to be of benefit to serving the whole. Looking busy or productive is not what's always best. It is easy to make rash decisions and take action therefrom when the mind is overly occupied.

Greetings. It is I, your spirit friend, MARY. I am just now beginning to understand the depth of Abraham's topic for this evening for I am, myself, feeling well spent.

I have always taken a great deal of inspiration from the Master's example of the well-balanced person. He was never in a hurry. He rarely acted upon rash decisions. He always made time for the small, simple things in life. He took great interest in nature, astronomy, woodworking – habits of the mortal mind and, the wonder of Father's interplanetary workings. He really enjoyed life. He had not regret over the past, nor worry about the future.

What the Master had most is somewhat hard to find among the people of today, and that is 'complete trust in Father.' Jesus expected not for Father to give Him money or to put food on the table, no. He did however, trust that when He needed something the means would be there for Him to work toward achieving it. The Master found work to be pleasant – a meditation so to speak, not a time to hope the day would pass quickly. There was for the most part, purpose in everything.

I do feel personally, that individuals around the Master naturally became lighthearted and had comfort that the Father's plan always worked toward an ultimate good. To serve the Master and His cause was indeed my life's work at that time; but never did He encourage me to live without balance. Balance for me included prayer, meditation, fellowship – and certainly it included care of the physical body. One who feels well served is definitely energized to serve. Those that feel fed by the Spirit are inspired to pass along this life-sustaining energy.

This week, make effort to find several moments to rise above the cloud of over-thinking. Find the small simple joy in moment-to-moment living. When all things are gone from this mortal life, what have you? When you look back upon your days in the flesh, what did you leave behind? What is your responsibility in working toward the ultimate good?

Next week we will have questions. Know that I am blessed to serve alongside you. We bid you farewell. Until next time, shalom.

Putting Our Energy Toward Good Use | This Teaching Mission Is a Drop In The Ocean of Students

Abraham & Mary, WOODS CROSS GROUP 09-19-2005

Back

I am ABRAHAM. Greetings. I am feeling revived by your relaxed group attitude this evening. When we can all gather together, we can remember why we serve; we can refocus on the business at hand. Life, and living it to the fullest potential, is our business; we do what we can to make it better for those up and coming.

Urantia at this time seems to be caught up in such rampant emotionalism. I mean, I am beginning to understand that this time is really the direct result of rampant emotionalism. Man's wishful thinking, and his sometimes-selfish desires (or simply his personal faithful causes) will lead man to act in a manner that brings results, yes, but sometimes the actions are without integrity.

We are the sum total of our thoughts. Yes, this is evolution; this is a springboard

into change. The world's occurrences are a reflection of what it has valued. The pendulum is in mid-swing and we are at the beginning of a new breadth. We are rising above the chaos to find the truly valued aspects of this mortal life.

I am MARY. Once again am I happy here to be among you. Abraham's words tonight lead me to remember the crucifixion of our Master; when people were literally forced to take sides, they were made to think about where they stood in their belief system.

There are always Father's children who are not as experienced as others. There are always those who live in a fearful state or a protective shell. There will always be those individuals who live to look righteous. But I well believe that for the most part, at this time on the planet, the common man is capable of rising above selfish desire and toward finding real purpose. They are finding that love comes not with a price tag; truth comes not without some pain. Yes, beauty is that 'occurrence' that touches the soul – something that continues to live on in the minds of those who had the mortal experience.

The cruel treatment of the Master and the devastating manner of His death caused each person to make life-changing decisions – decisions hopefully that would be an effort toward an ultimate good. After the Master was gone from us, we were left with those truths He gave us. We were left on our own to use what He had taught us. The individuals who knew Jesus and worked for the cause were more dedicated than ever. After His death, after the emotion had died down, purpose came to mind. There was a courage that became a part of us that we had not known before.

This world is new every day. A few individuals make a difference, every day. We have the choice to be self-serving, or to serve! to be spiritual, or animal! Man is not a prisoner of his own habitual thinking – no, not at all, for we can always rise above our usual pattern and to reach for new and better things. The world is simply a direct result of its collective thought – not good or bad, just natural evolving.

This week, let us make effort toward putting our energy to good use. Remember those things that are true, beautiful, and good – and that love is a sustaining energy.

This week I will answer questions. Abraham stands by. Have you questions? [Editor's note: Some personal questions/answers exchange with Mary are omitted.]

CALVIN: Mary, thank you for your lesson tonight. I've heard you and Abraham talk about how "a few will affect the whole, in time." I can see how the Master's life affected so many in a short time and with such a small exposure. Yet, in these fourteen years of this Teaching Mission we haven't seen massive numbers, by no means, to hear these lessons – which to me are most fascinating of any reading material we could have; and the same with the Urantia Book and its exposure. It makes me wonder why the Urantia Book community's growth has been so slow and even seems stifled. Why is it that we don't have very many people/participants in these initial years; and not any churches built up around the Urantia Book. What would be your assessment?

MARY: Abraham would like to address this topic.

ABRAHAM: It's not the purpose of the Master to hurriedly reel in the numbers. Permanent change takes a great deal of time and planning, and mankind always has freewill choice. What we call our cause, our movement, is not so important. Our focus is to reach those listening individuals who dare to move forward without temptation to take credit. If one mother is better to her child, then we have done our job. If one man has become a better husband, father, brother, friend, then we have done our job. If one county official has voted to forgo some luxury in favor of keeping jobs, that is what our Mission is about. We will not be organized nor contained. We will not exactly be so efficient, but certainly, sufficient. The Teaching Mission is a drop in an ocean of students. We are not looking to separate; we are hoping to unify. Take the Urantia Book, for example - some can hardly read one page without confusion; and some are so driven by it they become imbalanced. Some simply use it for a guideline - and still in all reality, it is a tool to enlighten. The Urantia Book is not a savior, it is a tool to come to understand the Savior. But it is not contained; it is not limited; it is not owned. Such is our Mission and the Correcting Time. Evolution is slow and I am thankful we have eternity. Are you understanding?

CALVIN: Yes. You shed some great light on the Urantia Book and the Teaching Mission's purpose and goals - that the slow and steady growth helps for a more solid and lasting foundation. Thank you. (Abraham: Wonderful, yes. Good question, and thank you, Calvin.)

SARAUNA: [Inaudible. A request for help to focus more in things of the spirit.]

MARY: Sarauna, my one recommendation would be to slow down a bit. Have not worry about time that is not filled with busyness. Be watchful of activities that might look good on the outside 'because they are seeming to bring purpose,' while after some research you find that some things were not what they appeared to be. You are an ambitious child of God. You have dreams that you have not thought about acting upon. It is acceptable to test your skills. Do some experiments. Remember who is in charge, or in whom it is you serve. Father longs to guide you every step of the way, as He does with all of you. I must stop there.

Know that Abraham and I are ever standing by for each one of you should you have need. Let us go forth into the week with truth, beauty, and goodness leading the way. Until next time, shalom.

What Does It Mean `Being Beside Yourself` In Service To Father
Abraham & Mary, WOODS CROSS GROUP 09-26-2005
Back

I am ABRAHAM. Greetings. How serene the mood is this evening. I am enjoying this peaceful time. Also am I grateful to be able to gather with you and to refocus our energies for the week ahead.

I realize some of life's circumstances affect you deeply, and many times you are wondering 'what is Father's reasoning for all of this.' I can remember my own days in the flesh, and often it was that what I thought were God's leadings was simply the results of my own thinking, my own wishful desires. As we mature in spirit, we are less likely to question Father; and instead, we learn to really listen to Him.

I am MARY. What a joy it is for me to be a part of you. As I move farther from the mortal experience and further toward spiritual understanding, I am filled with love and compassion for Father's evolutionary children. Most mortals make such effort to live out their good intentions. As you grow in spiritual understanding, you can see where you have been – through helping other people. Maturity in the spirit means to give a helping hand instead of pointing fingers.

As a child, I indeed lacked the attention I so longed for. As I grew, I learned to act out in a manner which would eventually give me some kind of attention. As I grew in spiritual knowledge, and as I groomed the spiritual self, the mortal self still had a great deal of aligning to catch up on. I could desire to do these good things; I could put forth effort in the first few steps toward achieving this goal – and yet, somewhere within, the animal self still had a tendency to act out, to crave attention, to be known and loved, to feel equal with all others.

It was so easy to become stuck in that self-disappointment. Knowing that the animal self is alive and well, it was easy for me to think I was of no good, and simply a child who would never learn. In my self-chastisement, it was easy for me to become discouraged and deflated in spirit. In my unreasonable smallness, I was apt to stay hidden, to not serve, to pretty much just take up space. I felt as if I was a usurper of energy. I could not fill that void that continued to take me downward.

I am so grateful for the Master's outlook on reality; He was not about to allow anyone to lay down before their troubles or be enabled to be no more than a taker. Always was the Master's first order of business to remind us that we are all equal in the kingdom of heaven – all known and loved beyond our comprehension. This acknowledgment was not to justify our temporary misbehavior, and it was not to excuse us for our weaknesses, no. The Master reminded us of this simple fact to bring us to a mindal balance that would reconnect us to the spiritual circuits.

As mortals, you will always make mistakes – that is a part of the spiritual advancement. If you were without error you would not be here. We live to learn, and making mistakes is a reality. In our wrong choices are our greatest lessons. The wonderful news about the Correcting Time is that we always get another chance to make better choices.

I always loved the statement that during various moments of the Master's life He seemed to be 'beside Himself.' To me, that meant He had no desire in the outcome of any event. He could remain still to allow Father to commune with Him and yet, He was observant of every situation. He always made an effort to take in the entire scenario of what was really happening.

In the Master's ministry there was not time to dwell on continuous self-chastisement – as if that is some sort of self-sacrifice and atonement to Father, no! The ministry went on; even with all the bumps on the road it always moved forward.

This week, think about for yourselves what it means to be 'beside yourself.' How can the desires of the past not affect the decisions of today? What is 're-centering in mind' for you? What is the difference in being truly humble and simply appearing to

be humble? What is 'reality' for you, and how are you different therein?

That is all. This evening I shall bid you farewell. From myself and Abraham, go in peace. Know that you are capable of having answers to any question. Shalom.

Serving Without Feeling A Need To Control | Daily Connection With Father Helps for Calm Daily Living

Abraham, WOODS CROSS GROUP 10-03-2005

Back

I am ABRAHAM. Greetings. I love coming to this meeting each week. I much enjoy hearing you discuss the real issues and yet keep it all in perspective with humor and practicality. Well done.

I am also inspired by the fact that you each come to serve in some capacity for no thought of reward. You have seemingly very little expectations – and that makes it easier for me to put across my real meaning. Your interest here is truly ‘what is good for the whole.’ Your souls are fed, and that is because you are open to the Father’s will. You, Correcting Time participants, will not ever be set upon a stage in front of all to receive any kind of trophy or award – you know that! and yet, you stay the course; you embrace reality as it comes.

We do notice however, there are comfort levels in this group that seem to not travel with you throughout the week; and, there are temptations to push personal agenda. This is not to bring guilt, but simply to bring awareness. Anxiety brings chaos and discomfort – it is certainly detrimental to the spiritual connections to the mortal mind. A general feeling of well-being is adequate to help one to be open to change and spiritual guidance. These well-balanced comfort levels apply to most areas of mortal living. Some days you are ‘in the flow,’ and some days you are not – this is common and to be expected.

I am simply suggesting that the more simple your material life, the less anxiety you will have. There are live connections in the brain that are most effective without becoming caught up in the drama of life. One who has their priorities in focus is able to feel less chaos and receive step-by-step instructions on how to achieve particular goals. Are your goals in line with Father’s? Only you can answer.

One who is doing their best moment by moment, without desire to see any outcome or receive some benefit, is probably most likely to live a life less chaotic. And I speak not of ‘gaining entrance into the heavens,’ but simply the living of your day to day mortal life spiritually as the Master himself had lived. To maintain this balanced living, it is necessary at least once a day to find time to settle the soul or feed the spirit.

Yes, the Master was the embodiment of efficiency without being controlling. He had not need to control events of His life in order to feed His soul, to feel valued, no! His primary focus was to do His job that He was sent to do – that being, living out the Father’s will. He was unshakable in attitude and faith – and much of that was due to His promise to serve the ‘One God.’ It was His desire to be about the Father’s business, in whatever form that came in. In that focus, He was able to maintain strength in character and spirit.

A great deal of the mortal life is about gaining self-mastery and overcoming weakness. A pure connection to Father is key. 'Pure connection,' meaning without ulterior motives; to stay the course without fear; to love without worry of loss; to live each day as if it were the last.

Our lesson is short this evening. Go into this week with thoughts of what your priorities seem to be. Where is your focus? Can you take the comfort-level that you feel here out into the material world? How can we best be of service without the need to control? How much do we worry about how our actions reflect who we truly are to other people? Allow a small frame of time to feed the soul, to make those connections that lead you to live your best life.

My love is ever increasing for you each. Until next week, shalom.

There Is Plan And Purpose In All Things, Even In Our Mistakes
Abraham & Mary, WOODS CROSS, UTAH 10-10-2005

Back

I am ABRAHAM. Greetings. I am enjoying the spirit here this evening. I am realizing we have opportunities in this fellowship that are quite nourishing to the soul. The mortal mind can long for a great many desires and have an emptiness that seems to go unfulfilled. In our fellowship, once we have set aside personal agenda, we can find fulfillment that seems not possible in the material world.

I am MARY. I am once again honored to be set side by side with you, my brothers and sisters. I am in understanding of this evening's lesson. By being here, Abraham is providing me opportunity to learn as I make effort to teach.

As many of you know, I did not grow up in a well-balanced family. I had longing for personal connections that seemed not to be possible in my particular lifetime. As my eyes opened to the spiritual realm, I found myself finding fulfillment that I had not planned on. With the women apostles, I had learned what it was to be a real sister, a true friend, a good daughter, and a caring mother. I had not the traditional family and yet, I gained the experience that provided real meaning and the fulfillment that I had long sought after.

Experiencing the ministry with my sisters was not always such a comfort, nor was it joy-filled. It was the real problems we worked through in everyday life that brought me closer to the fulfillment of having a real family. There were some hurt feelings, jealousies, general spirit poisons – and yet, our commitment to stay the course was what brought us spiritual value.

It is written: "Every day a true believer lives, he finds it easier to do the right thing." Many days in our ministry it was hellacious, so to speak. Not only did we need to learn to deal with one another in a work-setting, but also did we have the issues of the ministry and learning to work with other people we were serving. There were stressful days, yes, and yet we clung to the promise that 'Father goes before us.' We took the Master's words to heart when he said: "My kingdom is not of this world."

Most of your greater challenges are something you can't quite label or define, but the experience of it creates memory that is a vault for meanings and values. I made a great many mistakes in the ministry – and this is to be expected in any mortal life. The difference was that Jesus did not allow us to dwell in the spirit poisons of mistakes, but to reap the benefit of being educated from them. I give you back to Abraham.

ABRAHAM: It does bring a certain amount of peace when you can believe there is plan and purpose to all things. The world is learning that the importance of mortal life goes beyond man's written laws. Intuition has become as important as some of the other common fruits of the spirit. As we dwell in this highly sensitive time, we are learning to rely more upon guidance from those we cannot really see or hear.

Spiritual experience is bringing us to a stage of maturity that drives us to do the right thing – to think about how our actions affect others, and to perhaps not be so self-absorbed. Every mortal has their somewhat disguised 'quest within' for certain longings. And as we learn that faith is an energy, we can find 'through experience' that Father provides fulfillment. This is peace-promoting. This is calming to the soul.

With all the chaos in the world at this time, let us make effort this week to promote peace within. Inner peace is clearing to the mind and opening it to spiritual guidance. You are not small children in the dark room of the unknown, no; you have seen beyond what the mortal eyes can see, and this is strengthening the muscles of faith, every day.

That is all. Know that I am grateful to my teaching assistant, Mary, for her beautiful words of experience; and to you, my participants and you risk takers, who dare to live life to the fullest. My love goes with you. Until next time, shalom.

Overcoming Our Need To Control Through Increasing Faith and Love. Where Is Your Evidence of Faith

Abraham, WOODS CROSS GROUP 10-17-2005

Back

I am ABRAHAM. Greetings. I like what you have done with your evening. I appreciate your topics of everyday living. One of the greatest mortal purposes is to integrate the spiritual into the material. I really have enjoyed your feedback. I see you here as having concern without trying to control. When you have discussion, rarely do any of you have thoughts on 'how will this affect me?' You are genuinely concerned for one another and keep possibilities open for Father's will to flow throughout the group. Yes, I am enjoying the dynamics of it all.

You know, the more attachment you have to something or someone, there is more of a likelihood to have self-concern and to wonder how things will personally affect you. The more attachment we have, the higher tendency to have need to control. I am not saying have no attachments – that is unrealistic in a highly emotional world; I am talking more about allowing a natural flow of Father's will in everyday living, just as you do here with one another.

Love has become a strange concept over these many years, and has become associated

with 'attachment' and/or 'self-preservation.' True and real love, like faith, is an energy – an energy that is meant to move without fear. When mortals become more secure in faith, love becomes a source of joy – not pain nor attachment. As we feel more connected to the kingdom, we are conscious of others as 'a part of the whole' – not others as 'a part of us personally.'

Growing older in years has its advantages; petty difficulties are left by the wayside and those things true, beautiful, and good rise to the top. Still, there is a definite mindal adjustment needed that helps you to see you are an equal part with the whole – not more, not less. This kind of security must grow through experience, needless to say. As children, we are depending upon others to care for us. As adults, we are recognizing our independence; and as such maturing spirits, we are seeing our responsibility to serve and to be an integral part of the whole.

My whole point of this evening's lesson is to look at our pattern to 'control' and how it makes mortals miserable. The need to control mostly comes from fear of personal pain. Certainly, mistrust in our divine caretakers is not at all useful. I know it is difficult to live with agondonter status; yes, it takes effort to 'believe without seeing.' Those of you who have chosen to live a Spirit-led life do gain experience in order to have that security, which makes you feel at ease to allow a free-flow of Father's will.

As we think about our need to control situations or people, let us look at the root of this driving force. Let us get down to the very cause of the fearful state. Have you faith? Then why have fear? Either you trust the Celestial Caretakers or you don't. Either way it matters not in the long-run, for experience is your best teacher and the open-minded spirit will learn the truth one way or another.

This week, when situations appear chaotic and you have need to force order from your own perspective, think about that free-flowing will of Father and how you can help it move instead of fearfully blocking it with your own seemingly good intentions to control.

In this life, what have we to lose? What does your faith conclude your destiny to be? What are some steps you can take to get to the root cause of fear and to find the meanings and values that produce love? The secure child does not cry out for attention, but accepts their role in the family, happily. My fellows, we are safe and secured within the kingdom of heaven.

That is all. Know that I am honored to serve with you. Know that I am learning alongside you. I thank you for your willingness to be a part of my experience. My love goes with you. Until next time, shalom.

Knowing Jesus Helps Towards Self-Mastery | His Banner Sits High In A Cloudless Sky
Abraham & Mary, WOODS CROSS, UTAH 10-31-2005

Back

[Honoray, a long-time member of this Woods Cross Teaching Mission group, had passed away this week from natural elderly age complications.]

I am ABRAHAM. Greetings. I am enjoying your good-natured attitudes this evening.

While this night has been known for its superstition, your humor has brought it to a

level of common sense.

We can see down through the centuries how many superstitions were allowed to fade away while the truth of everyday living was more fully embraced. It takes the living of life to gain spiritual benefits, as well as evolutionary ones. Lessons learned from one generation are passed down to the next; and while erroneous thinking may filter through – personal experience, for the most part, builds a springboard to a better age.

This evening you bid farewell to an old friend, our sister Honoray. I am in appreciation of her introspective ideas and willingness to embrace change rather than hold to binding traditions. Just as each of you, you are not burdened by old traditional beliefs but are embracing what you have learned so far, with enthusiasm for even greater possibilities ahead. As our sister knew all too well, pain in the mortal life can be overwhelming. Father has given you one another – to bring balance to living and solace through the pains of mortality.

As this Teaching Mission progresses, we will see weak points here and there in the overall structure. It is our fellowship, however, that is our true strength. It is difficult in the everyday world to be your true self with a mindset of having 'character flaws that no one else has or can understand.'

Yes, our gratitude to Father for giving us one another here in these small groups, for here we can set aside personal judgment of oneself in favor of 'brotherhood interaction' and sharing of our true selves. It is common knowledge that you each would help one another, and even bend over backward to do so if need be. This, an open brotherhood interaction, is crucial to learn in our Mission experience; it brings us a step closer to Light and Life.

I am MARY. I am grateful to be among you, to see the best in you, to see your true character, your humor, your various perspectives. I do love learning about you.

Along the lines of Abraham's discussion: I for one, am grateful to those I worked side by side with while dwelling in the mortal body. Those who knew and loved me then, always did what they could to help me become better. They wanted for my happiness and success, as I also wanted for theirs. Those who judged me, however, made me feel small and useless.

I thank God for the Master's ministry, for He made me realize my true worth as a child of God and as a cosmic citizen. Knowing Jesus – learning from Him and experiencing the ministry – made me lean more toward self-mastery. I felt no more as 'an imbalanced struggling mortal,' no! but 'a learning child who was indeed advancing;' slowly, yes, but still, advancing.

Many experiences in life appear to be barriers to what you feel your goals are. I can say now that these barriers are most definitely our key to spiritual advancement. It is those things you can't really touch, see, or feel that will be most perplexing. This is understood; and yet, it is these very things that are always exercising our mind to advance or to become more; yes, to evolve.

This Mission is an anchor in the stormy seas of mortal living. It is a gift for all who participate. Life is really not so much about 'winning the race' as it is 'learning how to carry on in the face of any obstacle.' Know that we are very appreciative of your efforts to carry on with blind faith. Myself and Abraham do know the struggles of mortal life. Know that we both believe you are doing well in helping us to progress in the Master's cause.

That is all for the evening. Know that we will all meet again in our brotherhood interaction; and in the meantime, have not worry. Make effort to see those individuals you come across in the same light as you see one another here – after all, we are riding out the stormy seas together. Know that Michael's banner is set high in a cloudless sky. From Abraham and myself, we bid you farewell and shalom.

Our Universe Mother's Influence Upon Michael, And Upon Us
Abraham & Mary, WOODS CROSS GROUP 11-07-2005
Back

I am ABRAHAM. Greetings. What a fine example of fellowship this evening. It is wonderful to see the positive influence you have over one another. Whether you realize it or not, you literally put yourselves in Father's hands the moment you step through the door to this meeting; it has become an unconscious decision, really. You have grown accustomed to me as much as I have to you, and our comfort levels are exceeding each week we meet. I am growing in gratitude for this opportunity.

As we become more aligned in choosing the Father's will, we are given spiritual gifts that help all to progress toward Light and Life. This is a spiritual power and not of this world; it is an ability given to us directly from the Father, yes, while the skills of this ability are influenced by our Mother. [Editor's note: This reference to Mother has nothing to do with Mother Mary, nor any other earthly mortal, but is our Universe Co-Creator Mother.]

I am MARY. Again I am feeling the excitement of new possibilities, and again amazed at Father's network of caring individuals.

One thing that I have been somewhat surprised by when I passed from your world to the next is how much I learned that Michael – our Sovereign/Creator, Jesus, the carpenter of Galilee, the man, the minister, the Brother/Father, worker in the world and in the kingdom of heaven – was influenced by our Mother Spirit.

As I witnessed the Master at work, I was indeed blessed to see His unending grace, His charm, His intelligence, His willingness to be patient. Our Mother and Her mind-spirits have been at work in this Correcting Time bestowing upon its participants the beauty of grace. Grace is setting aside personal need in favor of embracing the unknown; it is allowing time and space to have a place in what seems to be the mundane, repetitive, ordinary, and/or even – the annoying.

Mother teaches us to allow for evolution. She patiently waits for specific instructions from Father while being in the motion (or moment) of time and space. Think about today's world of over-stimulation – rarely is there allowed any time for nothingness or dead-air space. Mortals are made to feel they must always 'keep the

ball rolling,' Mother's grace teaches us to be aware of the needs of the moment, yes, She is watchful.

Does Mother desire an ultimate good? of course! Does She assert Her personal will to see that it is the outcome She wants? of course not! for She well knows that there are universal inter-workings that are incorporated into Father's plan and purpose that even She is not aware of - She knows She doesn't have to be! Mother has complete trust, and knows that a great deal depends upon Her willingness to be observant, to be open to any situation, to be able to delegate tasks and allow for time and space in the 'spur of the moment.' That, is grace. That, is universal cooperation and power.

Being a woman in your world I was not aware of the influence by our Mother Spirit - it was not evolutionarily a time for me to know this. You, as Urantian citizens are just now finding out the importance of Mother's influence as pertains to service and incorporating the needs of the whole as opposed to selfish desires.

With many mortal ideals understandingly being geared toward the male perspective, it is the Master's hope that each spirit-born child also realizes the influence Mother had upon Him during His days in the flesh. And now even more importantly, He wants for our knowledge of Her grace and how She uses it to take care of the whole.

One who practices grace in everyday living can tenderly tend to one individual while seeing beyond that individual - encompassing the broadened perspective, and being open to specific instructions from a network of universal assistants. Grace is allowing for time and space; it is trusting in Father while being willing to serve in any capacity.

The world is always in a state of constant change, and this change is only a small part of the Grand Universe and its' constant change. As such, we are set for a new and better age. As we embrace our tasks in this time of correction, let us remember our Mother, who serves without ceasing. It is simple, and yet with a great deal of power, that evolution is happening - and you, my friends, are helping.

I am informed we will take questions next week. Until then, I am to bid you farewell with love and grace. Until next time, shalom.

There Is Meaning And Value To Practically Any Circumstance

Abraham & Mary, WOODS CROSS GROUP 11-14-2005

Back

I am ABRAHAM. Greetings. I am enjoying the harmony among the like-minds this evening. I take joy in watching your excitement as you gather to discuss issues in mortal living. As your comfort levels grow with one another you are finding more freedom to speak your true thoughts. As I gaze around the room this evening, I cannot say that even one of you have had a typical or traditional background. Your unique experiences have made you into the unique persons you are today.

I am finding among Urantian citizens that there is a deep-set disappointment at having not experienced the life that your society defines as traditional. There is a great deal of guilt among people who seem to stray from the well-known well-worn

path.

To many, 'unique experience' is another term for failure, and they use this so-called shortcoming as a reason to blame all of their poor decision-making on. The time is coming where individuals will be valued for their ability to endure in any circumstance.

I am MARY. I can relate with this evening's topic very well. I had not the typically respected lifestyle. I was however, a survivor! and used what skills I had to get by. As I received training from the Master's ministry, of course I was able to withdraw the meanings and values out of my unique experience. I no longer needed to have regret over my so-called misfortunate upbringing and I found it useless to continually chastise my poor decision-making abilities.

Experience in the ministry taught me that no one person will be able to pour their life into a set mold and have it turn out to be what they have termed as perfect – such is life on an evolutionary planet; there is not a perfect path or completely prearranged plan. Your agondonter status gives you free rein to make choices according to your own understanding and in your own time. I learned personally that what appeared to be my scars from life were, in actuality, a creation of who I was becoming.

Society can be so judgmental and harsh with those who fit not the righteous criteria. You Mission participants are well trained to show acceptance and compassion to anyone – their lifestyle, their personal circumstances; and most importantly, that each person is a child of the Father and is valued beyond human measure. As we deal with individuals in our life, let us make that abundantly clear.

In today's world there are no perfect chosen paths; there is meaning and value to practically any circumstance. The Teaching Mission's ministry is a wonderful foundation to plant the seeds of diversity. This week, let us ponder our own seemingly non-traditional life experience – how have you allowed that to shape you as a mortal and cosmic citizen? I give you back to Abraham for questions.

I am ABRAHAM. Proceed with any questions you may have.

CALVIN: Thank you both for our lesson this evening. I was wondering this week, are you encouraged by the events going on in the Middle East? [Inaudible.]

ABRAHAM: I really have no personal opinion or desire for outcome in one way or another. It is what it is! I have learned by now that traditions are deep-set in the Middle East; and evolution there, is slow. However, I am encouraged by Father and His ability to reach even the coldest of hearts. As He comes at this situation from all directions, we are hopeful that the eyes of the people will be opened. When I speak of 'directions' and 'Father's influence,' I am meaning, equality among the people – women, children, the elderly, religions, classes and status among the wealthy and the poor. Yes, spiritual roots will take hold in many different areas, and this is the hope of change ahead. When people have hurt long enough there is a tendency to find surrender, and in this surrendering, there is clearing of the mind and searching in the heart. Good question, Calvin. One more question?

MIRIAM: Abraham, I have been quite involved this week with some friends of mine in their plight against leukemia. Do you have any guidance?

ABRAHAM: I am in understanding of your compassion for these people. Many times when we are witness to other's hardship we are made to turn inward and wonder if we, ourselves, could endure such ordeals. I am in understanding. I would suggest to continue doing what you are doing – being there, being a friend, having them know you are available. Many times those that are in real need simply need an understanding ear – you are well gifted in this area. Have not worry about helping them to go in one direction or another. The sharing of your experience provides a great deal of inspiration. That is all.

My connection is growing weak. I would thank each one of you for your dedication, your open hearts, and your welcoming attitudes. In all sincerity, my love goes with you. Until next time, shalom.

Rise Above The Pressures Of Life That Would Have Us Conform To Meaninglessness

Abraham, WOODS CROSS GROUP 11-21-2005

Back

I am ABRAHAM. Greetings. It is apparent that you each put your best foot forward in coming to these meetings; you emanate a peaceful attitude. I am noticing the wisdom you have gained over the years. I enjoy the balance in this group – not one is above another. Your diversity brings wisdom in all forms. You embrace that part of one another that is mortal, and I believe that the Master helped one and all to advance by doing the same.

Every mortal is going to have just as much experience as they will allow. In your youth, there was a great deal of excitement and new possibilities. As you grew, you realized every mortal must experience certain inevitabilities to advance – to 'pay their dues,' so to speak. Peace comes not without some hard work.

It is an honor for me to work side by side with those who make a great deal of effort in life's challenges. I must make clear that I do enjoy some traditions – the familial mostly, such as is this time of year with your Thanksgiving holiday – because of the love produced therefrom. This evening I would say a few words on 'tradition' and those who feel trapped into carrying it on.

I believe that 'escape' in today's society has become very popular because there is so much pressure to conform to what society defines as 'acceptable.' Escape comes in many forms, as many of you well know. It would appear that the child that conforms is accepted and good while the child that bends the rules is problematic and in need of discipline.

You that are involved in this Correcting Time still know not fully of your spiritual freedom; there are remnants of tradition that keep you bound and cause confusion. I believe that as you become more spiritual your priorities increasingly lie with the Father of all fathers, while acceptance in other norms becomes increasingly meaningless.

I realize that I myself am a creature of habit, and change is a bit difficult even for me now. As mortals, you all have laws you must abide by, of course. But as far as 'a society,' with all its culture and status, its traditions do not apply to conforming to law. One needs not feel trapped in certain circumstances because of what they fear societal repercussions may bring. Urantia is becoming a new world. Mortals are learning to trust their intuition a bit more. You each have the power to change small things for the better.

Mostly my focus this evening is about one's feeling unnecessary pressure to live up to someone else's ideals. Your close connection with Father is a great relief from that pressure. It is acceptable to involve Father in every moment of every day - there is nothing too trivial. This life is a fantastic adventure and with a great deal of value; it should be treasured, not merely endured.

The Master made small changes by ministering 'as He passed by.' He was not pressured so much to conform, but certainly did He abide by the laws of that day. The Master sought not escape at any time and was fully committed to drinking the cup that was offered to Him. Did He make the best of bad situations? He did! and He wholly enjoyed it; it was not work. Jesus' closeness with His Father did indeed give Him an upper hand with His fellows; He savored life. He knew very well whom He served.

This week, I would suggest that we consider those pressures of life that would have us conform to traditions' meaninglessness. What is considered a healthy escape from conformity for spiritual rest in your life?

That is all. Mary will be with us next week and sends her regards. Know that I am with exceeding love for you each. Until next time, shalom.

Father Can Show Us The Value In All Our Past Experience, Good And Bad
Abraham & Mary, WOODS CROSS GROUP 11-28-2005
Back

I am ABRAHAM. Greetings. I love this evening's group attitude. Your energy is indeed a driving force. I am blessed to have an overall picture of how you each touch the lives of those you know. 'Family' has gone beyond biological borders. You are each helping to set an example of embracing every individual as a part of the kingdom as a whole.

I am always inspired by the Master's stories because He truly lived in each moment; He was not stuck in regret over the past nor was He anxiety-ridden over things to come. The Master learned useful skills from His journey in the mortal life, but still He went into every new situation with no expectations.

Jesus' heart and mind were always open to new possibilities and messages Father may have to impart to Him, such as new understandings of human nature; or more experience that helped Him to complete His mission bestowal which gained Him His sovereignty. All things were new with the Master.

I am MARY. It is wonderful to be among you this evening and in such high spirits. I can see why Abraham is filled with such excitement and anticipation of this weekly meeting.

From time to time I still have some regret over my experience in the flesh. I still feel sorrow sometimes at having been a seemingly slow learner. How grateful am I to have worked with the Master, who embraced every individual regardless of who they were, or what they had done or not done. To the Master, people were not labeled or set with certain limitations; they were simply children of God.

When I had met the Master, I was not at the top of my game, so to speak; I was uneducated and felt trapped in a life I had never wanted. Jesus was instrumental in showing me how to bring forth the value from all my experience. Because I was a battered woman, I knew well how to deal with other women looking to have healing. Because I was a neglected child, I had a special bond with children and knew just the right words to make them feel included.

Jesus really showed me how to quit feeling sorry for myself for what seemed lost, and to take hold of the 'here and now.' I had to overcome my regret through self-forgetfulness and allow my experiences to unfold in due time - and when it was right, I had understood the value therein.

When Abraham had spoken last week on 'tradition' and feeling the pressure to live up to societies' ideals of success, I believe in a way, he was speaking about what can be seen by the material eyes instead of the spiritual.

Those things that are valued in today's society are highly materialistic, and much is dependent on how things 'look.' A man who is wearing a three-piece suit is more likely to get a job than a man who is un-kept. Someone who is educated is more likely to be trusted than someone who is spiritual. A mother, for example, is looked upon to be more valuable if she 'does it all' - to hold a full-time job and raise children. These, I say, are the pressures that stifle growth.

We can look back over our experience with disappointment and be confused over where we are going. Or, we can be as the Master was, living truly in the here and now. There is value in all our experience, yes, and Father does use it to further His ministry. Some of you are experts at certain things in life - not because you have had earthly education, but because you have lived it firsthand. No one mortal is qualified to define the success of another - that definitely is not helping in the growth of anyone.

Having lived the life that I had, it made it extremely difficult for me to be judgmental of others - which helped in my ability to be able to minister. There is definitely a certain humility I had learned which gave me the capability of having compassion for others - such as those that seemed to be trapped by their circumstances or poor choices. The Master showed me that my willingness to overcome my regret and self-pity had propelled me to live in the here and now, which enabled Father to reach me with certain instructions that were needed in my ministering.

Urantia is moving forward. There are choices people must make to accept the past and simply learn from it, and then move on and do better. Dwelling over regret of the past is in no way an atonement for it - it is not helping anyone to advance; and, it is not helping in the connection we should have with Father.

Life is what it is, yes! we are in the here and now! It is important to have an open mind and heart to receive Father's guidance. I am especially grateful for the Master's humor which brought me out of my self-pity and into my true potential.

Again, you each know what you must do to live a balanced life. This week, find time to have a moment alone with the Master. Allow a bit of time to review your past and see the good therefrom. Ask Father what value He would make out of your life experience thus far. How has your life experience given you the skills to minister to others today?

That is all. Know that Abraham and myself are with continuing gratitude for your dedication and willingness to serve in any capacity. Until next time, shalom.

Our Relationships Are Bridges That Have Real Energy

Abraham, WOODS CROSS GROUP 12-05-2005

Back

I am ABRAHAM. Greetings. I am enjoying your discussion on visions of reality. Our freedom is the beautiful thing about our Mission; anything is possible, and yet we always attempt to remain somewhat grounded and practical.

Witnessing our accounts of Father's fingerprints in our lives, however many, is indeed a boost to our faith levels. We each can learn so much from sharing, and also from listening. It is important that people have a voice and know they are well worth being heard.

In the busyness of mortal life, we can overlook small but important aspects of our ministry. Most of our impact on others comes from how we actually live our lives. We can be quite philosophical and seemingly God-like one moment - and in the next, our actions can show something completely opposite of that. One thing we can count on is that we will influence individuals along our path. As well, we will be influenced.

It is written: "This world is simply a bridge to the next." We can also say that in this life we will build many bridges. A bridge is a connection to be traversed - utilized as a go-between, not a place to stop and build. Your relationships are bridges that have real energy. As we progress in our Mission, we are finding more importance in building these bridges and making connections. Like the Master, we strive to do good 'as we pass by.'

Some connections are lifelong, while some fade away. The importance of our ministry today is that we are building and making connections, and bringing healing or spiritual aid. I do realize that many bridges are burned along the way with misunderstanding and harsh feelings. I can recognize quite a few in my own mortal experience. The beauty of our ministry is that we need not have worry over those bridges burned, but know that 'with Father, all things are possible,' even the rebuilding of seemingly lost connections.

As we ponder the Master's technique of bridge-building we see His genuine interest He had for others; He made them feel valued by His willingness to listen to what they were really saying. He was not concerned with their opinions of Him personally,

but took great interest in who they were and what they were about. We can see early on in His ministry that He made great effort to meet many individuals and leave them with some positive impact – not about Himself but about doing good and passing it on to others.

In our efforts to move toward Light and Life we are finding our connections to have a living energy. Life is becoming more valuable to those who strive to mature spiritually. Yes, the world does appear to promote confusion where self-worth is skewed, ego is seemingly a master, and self-discipline harder to come by.

Therefore, as we minister to others in this Correcting Time, it is important to make others feel valued – genuinely, by treating every individual 'equally' just as the Master had. No one person is too small or not worth a few moments to make eye contact. No one person is so important or beyond the possibilities of our ministry. The brotherhood is alive with connections and is helping to create an energy that will usher the world into Light and Life.

This week, be observant of your connections with individuals. Remember that we always have something to learn, as well as teach. There is always a message to receive, as well as impart. We can know that kindness may be lost along the wayside, but harsh words are never forgotten. We would do well to be conscious of our contact with Father, especially when in dramatic circumstances. For this holiday season, let us be conscious of the brotherhood for bridge-building and fellowship.

That is all. Know that I am with continuing gratitude for your willingness to be patient and allow the Father's will to unfold as it will. My love goes with you. Until next time, shalom.

Mission Participants Are Unifiers Among The Differing Personalities | Peter and Andrew

Abraham & Mary, WOODS CROSS GROUP 12-12-2005

Back

I am ABRAHAM. I am enjoying the clarity of this evening. You are touching upon worship and gratitude while discussing the everyday realities of life; this is advancement! Many individuals continuously question their purpose for living and are constantly seeking the key to true happiness. As the soul matures, we find Father's technique of imparting to us the definitions of meanings and values to be quite inspiring and joy-filled.

I am MARY. Greetings friends. I do find each new day overflowing with possibilities. I do remember a time however, that my existence seemed to be one of unending drudgery. I always hoped for a new and better way of life, but never really believed it would come to pass.

I was always inspired by the Master and His associates, especially Peter. While Peter seemed so willing to do any and all things for the cause, he had not much thought about how foolish he may look. Certainly he was chastised from time to time by the Master; but still, he reasoned within himself that the discipline was about becoming better, not about being ashamed.

The Master found Peter to be with great humor and a personality that could rebound from most situations. Peter did enjoy those mission tasks that would put him in the limelight, yes; and at the same time, he struggled within himself to remember what was most important – and at that time it was the Master's ministry and the growth of the kingdom.

While Peter was somewhat flighty, and even a risk taker, I found the contrasting personality of his brother Andrew to be grounding and filled with strength. Andrew was the embodiment of common sense and responsibility. He helped Peter to be focused in his mission tasks. As well, Peter helped Andrew to lighten up and enjoy life.

When we ponder the diversity of the apostles, we can see how each one was gifted in a particular area. Each one brought balance to the mission. I believe that their greatest challenge was their efforts made to work with each other. The Master well knew of their various conflicts, and yet He would keep silent so the men could work through their experience and gain the value therefrom.

In today's world it seems that there is more 'competition' than there is 'teamwork.' It is difficult to unify in what seems to be a 'dog-eat-dog' world. I see that as part of your mission tasks – you are unifiers among the differing personalities; you are each gifted at finding a common thread from which to build upon.

As we realize how massive our kingdom is, we can see each person as brother or sister. We all know that family members love one another, come what may – and those that you truly love, you are more likely to protect. 'Protect' meaning being honest, and advising one for their own good, not yours – to be an inspiration and a source of encouragement.

Again this week, we are focusing on the theme of the brotherhood/sisterhood, what have you. We are all children of a glorious Father. We all have a place within the universal scheme.

This week – if there is time, read about the relationship among the apostles; there was good and bad, there was supposed to be. Also, can you think of a person living today who is particularly inspirational in their example of how to treat others, and who is a genuine brother or sister in the kingdom?

That is all for this evening. Know that I am also available to you throughout the week should you have need of me. From Abraham and myself, I send you with love and farewell. Until next time, shalom. [Editor's note: Per the assignment for the week: here is a link to some examples of Jesus' interaction with the apostles, both the positive and the challenging times.]

Michael Is That Well Of Unending Spiritual Energy That Goes Before Us
Abraham & Christ Michael, WOODS CROSS GROUP 12-19-2005

Back

I am ABRAHAM. Greetings. I am also with gratitude to dip my cup into this endless well of love and strength. This time of year on your world has led me to ponder about generosity and good will. It would seem that those who have an abundance do give freely, while those that feel they must be cautious tend to be closed-off. Each

of you knows by now that spirituality is an abundant well that never runs dry.

We can feel the Spirit to literally be an energy; the more effort we make to align with the Father's will, the more energy that seems to fuel our minds, bodies, and spirits. It would seem that being progressive is of great priority in the mortal life. Progress comes in many forms to many individuals. Once we are well into understanding true meanings and values, we find out the true definition of progress.

Last week, Mary suggested that you think of an individual who is particularly inspiring, 'come what may.' When we look at these inspiring individuals, they seem to be with unstoppable energy. Sure, there are disappointments, even bitter and painful memories; but in these individuals there is an understanding that no matter what happens they are to keep on trying, to keep hope, faith and love, alive.

These inspiring individuals are the individuals who know of that well of unending spiritual energy - they don't hold back; there is always plenty; they are always in a generous and giving mode. Those who are in this generous mindset are in understanding of true meanings and values - they give of their time to others; they love to bring laughter; they show their concern for others by listening. Yes, there is peace in such an accepting individual.

I am MICHAEL. I would bring you the message that I am joy-filled to be a part of that endless well of love and strength. You know I go before you. It is my desire to help this world into a new and better age. I am with understanding that many moments of mortal living can be so difficult and discouraging; and I can promise you that I am in every moment; I understand every tear. I am in that energy you feel in the generosity of spirit. I would have you feel comfort in your ability to carry on and help the kingdom to flourish with what is truly meaningful and valuable.

This is the time on Urantia when many think of me as that helpless babe some two-thousand years ago. I am grateful that in this Correcting Time I am seen as a driving force for truth, beauty, and goodness. Again, I go before you. I love you. Carry on.

I am ABRAHAM. Thanks to our Brother/Father for His words of encouragement. For this week, let us ponder that driving force that goes before us. You have all the help you will ever need. Take comfort in that. Until next time, shalom.

Find Peace In Letting Go And Allowing Father's Wisdom To Guide
Abraham & Mary, WOODS CROSS GROUP 12-26-2005
Back

I am ABRAHAM. Greetings. I am grateful to be in your family setting this evening. I thank you for staying the course focusing on Father's goals instead of personal agenda. I realize every individual has expectations of what 'right' looks like, and of course that differs with each person. I just wanted to thank you for always having consideration of allowing Father's will to become reality.

Many times in our spiritual thinking, we can become quite focused on the goal and overlook the small steps it takes to achieve the goal; this is always a cause for frustration and a loss in personal confidence. Mortals are impatient, and this is to

be expected. As we attain self-mastery, we can find our 'patience levels' to increase. For the most part, we must strive for forbearance in our frustrations.

I am MARY. My gratitude is also with you. Years back we could not have forecasted such a future as is here now on Urantia. Many of your worldly events were simple outworkings of nature; and yes, some were caused by man's greed. Some events were simply the result of a build-up of negative or positive thoughts released into the cosmic mind. You know that thoughts have power, and we should certainly be grateful that Father in His wisdom, has even greater power.

We 'live and learn,' yes, and what the peoples of Urantia have learned so far has been indeed a slow ongoing lesson; nevertheless, most of civilized society has seen how you reap what you sow. I think as time moves forward you will find that fear has not the influence it once did. The more trust you have in those 'on high,' the more comfort you have within, and certainly a stronger link to the cosmic mind - the overall workings of the universe.

During this time of year, many mortals think about the woman who gave birth to the child of promise some two-thousand years ago, also named Mary. I think about the great task entrusted to her and her expectations of what was to come into reality. Certainly, this well-intentioned mother of Jesus did her utmost to bring about what she thought was to come into fruition in raising this child of promise. Many times Mary's expectations were dashed, along with her hopes and dreams for her eldest child.

Mary had been known to have motherly influence over her son in both positive and negative ways, yes. But Jesus, early on, had made a commitment to stay the course of the Father's will, even though it may cause some pain, some heartache. I do believe that after time, the mother of Jesus had come to grips with her child's destiny. It took many years of self-reconciliation to know that she could let go and trust her son to do what He was destined to do.

You can see that Mary had possibly magnified her importance in this task of raising the man who was to change the world. This was of course understood, and again another example of how Father's tasks are not as difficult as we can build them up in our minds to be.

I was not a mother, but I do understand now how a parent can believe their child is indeed a reflection of themselves. At some point, the parent must let go and trust that the child has all they will need to make it in the world on their own.

Father understands that you have honorable intentions - He knows the mortal mind through and through and condemns it not. This life in the flesh is simply a short lesson on how to progress to the next phase of our eternal career.

For the most part, Mary, earthly mother to the Master, stayed the course. She indeed met with some hardships and really had done the best she could. I admire her strength and know of her struggle to allow Father's will to be made manifest. At some point in this life we will all understand from our own experience of Mary's strength to let go of her expectations; yes, to allow for Father's plan and to

become a living example.

I know you each also have the best of intentions and ask for closeness to the Father in heaven. The way you may become close with Father is probably not what you expect, but certainly will there be a self-reconciliation that you will have to address; this is typical and required so that you may advance, so that you may become closer to attaining self-mastery.

This time of year is also one where many mortals seek to make resolutions and strive for a better way of living. I would think that the best resolution one could strive for is to find peace in 'letting go,' and trusting in Father's wisdom and ability to bring forth what is supposed to be.

This week, let us find time to ponder the peace we have in Father. How wonderful it is to rest in His arms. How rejuvenated we are when we lean on Him and know that the problems of the world rests not on our shoulders.

That is all for this evening. I am so honored to serve with you and Abraham in this Correcting Time. Our love goes with you. Shalom.

A Wake-Up Call To The Power Of The Living God
Abraham & Emulan, WOODS CROSS GROUP 01-02-2006

Back

I am ABRAHAM. Greetings. I am enjoying the mood here this evening. I like the fact that you question everything. I like the fact that you are each somewhat opinionated. It is admirable that you care enough about the Father's will to do some research. I am also inspired by your willingness to welcome change.

As I look at each face here this evening I am impressed by the diversity of our group. We each all come from very different backgrounds and yet we are able to create a peace that surpasses all understanding. This Correcting Time is truly universal and I find the Teaching Mission for the most part, to be setting a fine example.

As we go forward into this New Year, we can rest in the fact that all things true, will stay - while all things false, will fade away. I would thank the many individuals in the Teaching Mission who work behind the scenes for truth, beauty, and goodness. I would thank the many of you that find simple happiness in being 'a part of,' and not 'in charge of.'

I am EMULAN. Greetings, friends, I am glad to be back. I would have you know that our Mission is full speed ahead in spite of the naysayers. Father's will is reality. No matter what man's wish-fulfillment is, our Correcting Time is alive and busy with new projects. As Abraham said, this task is universal and involves many beings on many different levels.

The past few decades have been a wake-up call, so to speak. I do believe Urantia is still in the process of waking up and finding those issues that are truly meaningful and valuable.

I have been asked to join you this evening to discuss the power of the living God. Most of you know my history, and how I had gone through the process of being one of life's victims of tragedy, to discovering for myself how powerful Father really is. In my darkest days I was seemingly so alone and hopeless. Much of the time I thought life was to be a punishment, and I wanted no part of that.

Mentally, I chose to drop out of life's game; and in the mental downward spiral I do believe I had a wake-up call. It is unfortunate that many times mortals have to sink to their lowest to get a glimpse of what awaits them. Time seemed to be my enemy, and it appeared as though the darkness of my mortal despair would never end. I was like a child who throws a tantrum looking to have his way, and Father was the good parent who stayed the course for my own benefit.

When I was ready to meet with a new and better way, Father was there showing me a new path, a new freedom so to speak. I came to realize I was not my past, nor was I locked into any victimization. I was not powerless! It only took time for me to stop my spirit poisons long enough to listen, to become a part of the solution, to become a co-creator with my Father.

When we look out over the Correcting Time we can see this wake-up call becoming evident, and finally admit we are in need of a higher mind, a new authority. We can see all over the Teaching Mission that these groups can work. Yes, if the small Mission-oriented groups can thrive, then certainly out among society can it also be successful.

I do believe most people are reaching for the higher meaning. In a lot of ways, we have seen what does not work and are ready for what does. Our Mission these past few years have been somewhat of a balancing act. We are letting Michael know that He has our attention and that we are ready to move forward with His plan.

I know for certain now, that Father always wanted for my happiness; and that life's accidents were not Father's way of getting my attention so I would be a submissive child. No, Father simply took the accidents of time and transformed them into meanings and values for my own growth.

You have each grown, individually; and this New Year will be a collective growth as a group. As Abraham has expressed before, I also do admire your willingness to stay the course under any circumstance. Your personal growth has also been a collective one. Remember this mortal life is to be joy-filled and savored, yes, because this mortal life will be your first and only experience at the bottom of what is to be a magnificent scaffolding to Paradise.

I am ABRAHAM. Thank you, to our brother and friend, Emulan. Your experience is indeed insightful and of benefit to us who know you.

This week, friends, find time to refresh your memory in what is the foundation of your faith – you know what I am referring to. It is indeed wonderful that we have one another, yes! It is wonderful that we can be a part of what is now, and what will be. Enjoy! Our love goes with you. Until next time, shalom.

Our Experience Is Our Teacher. In Those Dark Hours Stay The Course, Look For Meaning And Value

Abraham, WOODS CROSS GROUP 01-09-2006

Back

I am ABRAHAM. Greetings. I look forward to seeing you each week. I am feeling we have quite a family here. The influence you have on one another is positive and always lesson-filled. Our gratitude goes to Father for making this possible.

It is said that to have lived life with no adversity is the greatest adversity of all. To have had no affliction is to have very little or no spiritual progress. It is all a matter of perspective – you can view your life with self-pity; or, that your life is as a teacher who is transforming you, mentally and spiritually.

It is well understood that many older adults look back on their lives and are grateful for the wisdom they have gained; yet, they would never choose to go back and repeat those difficult lessons. Many times it is all too easy for the mature mortal to hypocritically chastise the youth when indeed there was a time when the mature mortal had the very same experience.

While it would appear that the youth are less experienced and somewhat less wise, they certainly bring new life and a new outlook to the world of today. On the other hand, we each know of more mature individuals who have become better by experience, not bitter; they are with a glad heart to greet each new day.

Personally, I believe that peace and contentment is the goal of most individuals. It would seem the more you experience and strive to learn therefrom, the greater perspective you have on knowing the purpose of this mortal life. How you perceive change is key to taking in the greater meanings and values, and having the courage to move with grace and integrity.

How have our seeming so-called afflictions in life helped us to progress as a mortal and as a budding soul? It is said that to grow potatoes one can pray for success, but he had also better bring a shovel. [group laughter.] Father is more than willing to aid you in all your undertakings, and He wants for your success. We know that fear, or slothfulness, is an obstacle to our progression.

As you each mature in the spiritual life, you begin to understand that some hard work is necessary. Some willingness to endure any and all things is simply an advancement in understanding. I mean not to say that Father expects you to have a sunny disposition in your seemingly darkest hours, no! but merely the willingness to endure, stay the course, and look always for the meanings and values.

Many individuals have not much growth in their efforts and are made to complain about everything; they make not effort to be a willing co-creator or even to be a part of the solution. For such individuals, there seems to be only effort made to point out the negative – and believe me, they do draw energy from those who are not committed to being part of the solution, but are another aspect of the problem.

We involved in the Correcting Time, always have opportunity to point out a new and better way through our actions and truly living what we believe in. We cannot set

the world upright in these beginning years of our Mission, but certainly we can all influence our little corner of the world.

This week, ponder how you have seen your experience – do you perceive it as ‘a good teacher?’ or merely ‘an exercise in luck.’ What are your efforts made to being knowledgeable. Are your thoughts and ponderings on the side of having an open perspective? or on the side of fear and unknowing.

Again, I am with gratitude and joy to you each for your willingness to stay the course and be who you really are. That is all. My love goes with you. Until next time, shalom. [This lesson is a great example of those lessons and teachings we otherwise await to receive once we awaken on Mansion World One – according to the Urantia Book]

Build Faith By Keeping An Open And Honest Dialog With Father

Abraham & Mary, WOODS CROSS GROUP 01-16-2006

Back

I am ABRAHAM. Greetings. I can truly appreciate the faith each one of you have. You make effort to show up for the unknown. That is faith! Without faith, what holds meaning for you? Faith, to me, is everything, and always a reason to carry on. There are many things that occur in mortal life that would drag down your faith levels. It is important that every day we do what we can to remain strong in faith and fortitude.

I am MARY. I am happy to be among you, my friends. It is in your participation that our Mission continues to move forward. I enjoy the topic of faith, for it has been a strong foundation for which I could build upon. As a mortal, my personal experience had me believing that I could not trust my ability to make decisions or even live up to my highest light; I had learned early on that my status as a human being was not worth much.

As time moved forward for me and I was able to receive training as a worker in the kingdom, I realized that my faith level was the measure in which I could receive meanings and values. If I could believe without seeing, and live my life as such, then was I able to attain the fruits of the spirit and understand the meaning of mortal experience.

Without faith I could not find any reason to progress – I could not find any reason to carry on. With faith I found much of life’s meaning was in my service to others; I found real joy from fellowship and being of assistance to anyone. The more I was into spirit, the less I was into self. This definitely was a great source of joy and brought me an expanded relationship with the Father.

Service was indeed an exercise in faith. I also learned that to retain a strong faith I needed to have an open and honest dialogue with Father; my prayer-life had to become a priority. I don’t mean ‘set prayers’ at a certain time of day, no, but a constant observance for Father’s will and a questioning heart and mind for those adventurous meanings and values to be learned.

I did not easily realize that my adversities were such an exercise in strengthening

faith and personal character. I learned from the Master that every time we were faced with adversity this would be some of our closest moments with Father. We could become 'soured' by certain experiences, or we could become 'empowered' - it's really all an exercise in faith.

As you move forward in the experience of faith you realize it is not so much an effort, but simply a natural part of life - it will happen without so much thinking. You each are doing well and always trying to put forth your best efforts in all things. Be not discouraged when it turns out that your best intentions, your expectations, were not really all that necessary; let us be open and observant of our Father's will.

I am ABRAHAM. Thank you, Mary, our sister and friend; your input in these lessons is greatly valued. This week, ponder what it takes to help your faith to remain strong and intact. What circumstances in daily living would chance to weaken your faith? What activities can you be proactive with to keep faith alive?

That is all this evening. Know that we appreciate all your efforts in keeping our family strong. We send our love with you. Until next time, shalom.

Life-Experience Is Geared To Bring Out Our Natural Talent, And Our Contribution to The Supreme

Abraham & Mary, WOODS CROSS GROUP 01-23-2006

Back

I am ABRAHAM. Greetings. What a healing group of people we have here this evening. I am touched to see how faith has blossomed down through the generations to keep our cause alive. I find our faith to be so stable because it is not forced - it just is. How blessed are we to have this freedom and put it to good use in everyday living.

It has been an honor for me to know you and see you grow in spirit. It would do you well to know the vast personalities here on my side cheering you on, always hoping and praying for your advancement. It is a cause to rejoice when we can see Father bring about an ultimate good in any situation.

I am MARY. Greetings again, friends. I do believe this evening's topic is about life preparation. I know that many of us can look back on the difficulties of life and wish they had never happened. Many of us make effort every day to avoid trudging through the same difficulties over and over again.

We all know individuals who have become quite embittered over their personal experience, but those who attempt to live a life in the spirit realize that these difficulties were simply preparation (or training) for what is to come.

Everything that holds the spark of life, has purpose. Different universes have different goals, and each one is set up with a network of individuals to achieve these goals. You could say one of our collective goals (the Grand Universe) is to bring growth and actuality to the Supreme Being. The more we live and experience, the more enlightened we become - which brings our God-in-time into actuality.

As a mortal, I don't believe that I thought much about the advancement of our universe or of our Supreme Being. In such a materialistic world I was more captivated by what was before my eyes. In my mortal life I had experienced a number of hardships – hardships which Father used to bring about an ultimate good, and was indeed training for me to become an apostle of Christ.

Every individual has particular gifts as a part of the universe network. As you each mature in spirit, you would do well to ponder your cosmic citizenship and the responsibilities thereof. At this time of correction, many of our tasks are accelerated to bring individuals into their natural talent. Look not on these challenging circumstances as hardships, but as training and bridge-building.

In all sincerity, we are soldiers for the Master and have committed ourselves to serve Him and His cause. He set a wonderful example of forbearance in drinking the cup of 'come what may.' With these thoughts in mind, let us allow the world's opinion to fall by the wayside and serve the spirit to the best of our ability.

This week, think about your natural gifts. Think about those tasks that bring you soul-satisfaction. What is your cosmic responsibility? That is all for this evening. From Abraham and myself, we send you our love. Until next time, shalom.

Back

Our Experiences Builds Acceptance Of Diversity

Abraham, WOODS CROSS GROUP 01-29-2006

Back

I am ABRAHAM. Greetings. I am finding our group to be a source of strength and healing. It is beautiful to see the trust here in this room among you. How wonderful it is that you can have that trust in one another enough to be your true selves 'as you are' – fellow travelers, kingdom brothers and sisters, friends and co-workers.

It is becoming better understood that people need one another, maybe not so much as in traditional roles but more along spiritual means. I am saying, that as the world evolves, mortals will find their place in the world to be also changing.

It is well understood that experience brings us advancement; and up until this point we thought that advancement was through those well-traveled 'traditional' paths, such as: 'To understand parenthood, we must have a child.' 'To understand marriage, you must have had a successful marriage.' 'To understand being a part of the whole, one must learn to forsake self.' As our society sees more broadened horizons, we can begin to accept a variety of 'non-traditional' roles.

It has been said that we are learning to remove the lines of separation. 'Stagnant-thinking' keeps us from new ideas and growth. 'Experience with variety' will ultimately bring about open-mindedness, which will in turn bring about acceptance. Look at the Master and how He viewed the various people He met; to Him they were not rich or poor, free nor bond, male or female.

For this so-called civilization to become acclimated to variety, there must indeed be experience. There will be individuals who are strong in spirit and sincere in

heart who will help lead the way toward understanding diversity. As the world's people begin to glimpse Light and Life, there will be more acceptance of individuals being just who they are – mortally speaking.

You, Mission participants, are forerunners in setting an example of acceptance. I mean not to say that you accept everything, but simply that you are not casting a judgmental light. The only one that knows the mind of God is God. He views each of His children equally with the same eyes. He loves each of His children with the same amount of love.

For the week ahead, let us practice the technique of acceptance and how others around us may be of benefit to our willingness to be open. Nothing is as it was – such is life on an experimental planet. Definitely, you can count on an ultimate goodness arising out of any circumstance.

It is an honor for me to see you here with one another. How real you are is inspiring. We will stop there. As always, I am ever increasing with love for each one of you. Go in peace. Until next time, shalom.

Challenge To Understand The Ultimate Good From Past Pain and Struggles

Abraham & Mary, WOODS CROSS GROUP 02-06-2006

Back

I am ABRAHAM. Greetings. I am feeling uplifted just hearing you share life experiences. We all have our stories, we all have our gifts, we all have our shortcomings, and it feels right to be in the knowledge of acceptance. I am pleased to be a part of your group and your lives. I thank you.

I am MARY. I also thank you. You have welcomed me with open arms and a non-judgmental attitude. This evening I am here to discuss life's tests and trials.

When I had first come into the awareness that 'God is,' I was somehow in the understanding that since I was in awareness, I needed not be tested in faith and trust. It is well and good to see Father as a source of love and compassion, but we must also see Father as 'the Parent.' It is His mission to draw us Paradise-ward.

There is a great deal of testing on a mortal world. Here, we begin at the bottom. I mean not to say that Father would set up before us obstacles to teach us the hard lessons to see if we can retain our faith, no; I mean to say that 'life happens,' and Father's universal network helps to arrange an ultimate good through these obstacles, that good that draws us Paradise-ward.

There are many individuals who take life's tests and trials as a personal insult; they are deeply wounded and not withdrawing the value therefrom. These individuals spend their lives compensating for past pain and are indeed closed-off to spiritual meaning. This is not to worry, however. Again, Father, in His wonderful wisdom, eventually brings out an ultimate good.

Before I had met the Master, I believed my life had been rather difficult and that 'the world owed me everything.' I could not see that ultimate good that would come from such life-difficulties. Yes, I was being prepared to one day be an apostle of

Christ. It was because of life's hardships that I could bear great burden, for I had experienced it firsthand – and therefore, I became a source of strength to others. Before my understanding of the Master's ministry, I lived on self-pity and fear that Father did not care for me or did not know me.

Jesus was such a well of knowledge – His peaceful demeanor caused me to pause and be observant; I could then look back on my life, on my struggles, and understand the value and ultimate good. While being witness to losing the Master's physical presence, I was instilled with a determination to bring about an ultimate good out of such sorrow – that was what the Master wanted; He always said: "carry on."

This week, let us make time to review life and see if we are understanding the ultimate good; or, are we in some way compensating for our pain by allowing weakness to be our master. I love the energy here this evening. Yes. That is all. From Abraham and myself, we send you with our love. Until next time, shalom.

Be Committed. Rise Above Temporary Mortal Satisfaction To Eternal Spiritual Fulfillment

Abraham & Mary, WOODS CROSS GROUP 02-13-2006

Back

I am ABRAHAM. Greetings. It is wonderful to be among such jovial personalities this evening. After such a full week of life's activities it is a wonderful release to meet and be around like spirits. I am in such gratitude to Father for His magnificent way of arranging the potentials of time to become actuals. I am grateful to feel a part of all there is.

I am MARY. I also am grateful to have this opportunity in time and space to be a part of this great, but humbling, correction time. I am satisfied to be a soul among souls, a spirit among spirits, a kingdom citizen as one of Father's many children.

It would seem in this world today that life's 'success' has quite a confusing meaning. The well-known, the wealthy, the educated, the athletic – are quite respected; and those many that did not have such opportunity, seem to feel their life is not with much value or meaning. This is exactly why I am so grateful to be one of the Master's many associates that work for the good of the whole. In Father's kingdom, the many souls transcend the thoughts of status and/or success.

As the Correcting Time takes deeper root, many individuals will find the greater meaning to the purpose of their life, as well as their part in the whole. It may be true that you are not functioning in that place that you saw yourself – but rather, you may be serving a purpose or fulfilling a task that Father has assigned to you.

At some point you have committed to drinking the cup of this mortal life; you have made a commitment of sorts. Expect Father to fulfill His part in that commitment, and do not complain. If you are committed to serving in this Teaching Mission and Correcting Time, you will be trained and assigned.

When you waver in your commitment, your training and your assignments will be delayed – as will spiritual advancement. If we are committed, then we must be strong and fight the good fight of faith. If one chooses to wallow in self-pity or cower in

fear, then that is acceptable – but complain not when you feel you are stuck in a rut and wonder why nothing seems to be moving.

What has been started here on Urantia has gone too far to turn back now. Those that serve the ego may continue to do so, but those that are committed to drinking the cup and helping the Master to bring potentials into actuals, need to stay focused on their commitment. We will move forward, no matter what. Would there be any questions this evening?

CALVIN: I gather this lesson is a call to stay strong in faith and remember the cause of this Mission, and not be complacent with what gift we have been given? I am reminded of the Master's mission here – it's not only about our training in this Mission, but our contribution to apply our training.

MARY: Well said. I realize that there is a continuous struggle between the animal and the spirit. The world has become used to attaining instant gratification. To work hard and allow the outcome to be Fathers' has somewhat gone by the wayside. I fully understand that many feel defeated by life and live on the edge of fear and self-pity. This evening is somewhat of a call to rise above 'temporary' mortal satisfaction, to eternal spiritual fulfillment. Yes, good comment, Calvin.

SIMON: Thank you for taking questions tonight. I just thank you for bringing me to greater trust and for a greater enthusiasm for the message. How can I best bring the good message to others?

MARY: Thank you, Simon. Many individuals simply need a bit of encouragement and a glimpse of that place where they feel they are 'a part of.' The Correcting Time works through a series of mindal circuits – and this is very personal, very small. We need not work on a large scale. The good is growing and shall gather more good along the way. As you do good and give to others, you can feel a closeness to Father and a peaceful joy. That is a good indication that you are serving as you should be. Is this helping? (Simon: Yes, thank you.)

CALVIN: Among the online Mission discussion boards, there seems to be quite a difference in perspective of where this Mission is heading. Some claim they are literally receiving transmissions for the next Urantia Book. Some are announcing that 'the Magisterial Son is coming and taking us to great heights.' There are many other seeming tangents trying to gain a stage. And yes, I am aware that some in the Mission groups are saying that others of us are just being complacent and not engaging enough – not allowing the 'new growth' and 'new revelation.' There are two quite different directions people within this Mission seem to be going and advocating – definitely two different versions. Do you have any comment on this?

MARY: Yes, time will tell. I cannot confirm any of these projects or predictions; I can only fulfill what is to be my ministry that is right before me. I already understand I am a part of a grand universal scheme – I need not make it bigger than it is; I can't. I am in understanding that I am one of you – no more, no less, as is Abraham and the many that are committed to serving and drinking the Master's proposed cup. As I mentioned, the Mission works on a very personal level. Mission participants need to maintain this small comfortable feeling of spiritual reality to

bring about a long-lasting effect. I appreciate your question. I am even learning as I speak. I suppose once you truly feel a part of all there is, there is not need for personal grandstanding; there is not need to be set above or set apart. Indeed, be cautious of those who seek to separate the goodhearted from the real, possibly even mundane reality. Thank you.

CALVIN: Thank you so much for your answer, your love, and your teaching. We are very appreciative of your contribution to our Correcting Time and to mortals in today's world.

MARY: Absolutely. I also appreciate each one of you and your commitment to staying the course. Well done. One more question?

TECTRA: You have got me thinking about the Correcting Time here in the US, and how it's progressing, but how is the Correcting Time going throughout the world, the rest of the globe? Is it kind of all the same thing, world-wide? or are we behind times because we are so distracted in this country with all the stuff we have going on and the material abundance? Is it going better in other places? Can you comment on that?

MARY: You are correct in your observance. The United States is fairly distracted and yet, no one provides more service to various parts of the world. There are many parts of Asia that have started well before the United States in this Correcting Time; this varies throughout the world. A lot of this variance is culture, technology, and how well people are bonded together; how accepting they are of others and how/if they have made a place for diversity. That is a good question, Tectra. I know it is easy to focus on what is right before our eyes, this is understood – but know also, it is an expanding of the mind to incorporate the greatness of the universe's inhabitants and one's unique part of that whole. I appreciate your query.

With that, I shall bid you our farewell. Know that we are in appreciation for your acceptance of the course. We are honored to serve with you, side by side. Our love goes with you. Until next time, shalom.

Let Us Not Forget To Feed The Soul, Body And Mind. Sometimes The Mundane Must Be Endured

Abraham, WOODS CROSS GROUP 02-20-2006

Back

I am ABRAHAM. Greetings. I am in awe of your faith and how you make time to feed the soul. I realize that you find my words valuable and yet, your fellowship and ministry to one another is just as valuable. A mature individual finds spiritual serenity to come to them somewhat more easily than it did in their days of youth. There is no doubt that the younger you are, the more you need to make effort to reach for spirituality.

"If a man does not work, he does not eat" – is a universal saying. If a person takes not care of the body, then of course ill health comes their way. As well, it is important that you set aside some time to focus on feeding the soul. It is all too easy to get caught up in the busyness of life and overlook the meanings and values

that could perchance to come your way.

The more I get to know mortals, the more I believe that they are good. The goodness may be far below the surface, but it is there. I believe most citizens of Urantia make effort to do what is right.

There are some extremely hard-working individuals about, yes; and of course, we always teach balance in all things. To feed the soul is to enhance every other aspect of mortal life. A simple trip to the market may hold unforeseen ministry tasks – it is obvious that this is a chore, and not too much a cause for joy, but something that must be done. Yes, we can look upon our daily tasks as burdens, or we can see them for the possibilities they could possibly hold.

I am in understanding that we have expectations, and in a material world, 'allowing the unfolding' is difficult. There is always temptation to push the unfolding in our direction. Many of us live to see these expectations come to fruition, and when they don't, our disappointment is added baggage and sours our outlook for what is to come.

Each of you come here with a large percentage of faith that myself or Mary will be here; yet, you push it not. You allow the unfolding of 'what may be' – it feels natural; it provokes conversation, and always is there value drawn therefrom. It would be wonderful to carry this attitude out into your daily living.

Now more than ever is it crucial to keep in constant communication with those on high. In our ministry we have no idea when opportunities will arise; this does indeed take some taming of the mind and a remembering of our commitment to living a Spirit-led life. And what about in the meantime? 'meantime' – meaning when things appear dull, non-active. Yes, we are obligated to strive to live our material lives. And yes, it is hard to find joy in the mundane – and yet your outlook and attitude can always make these boring tasks seem better.

Let us ponder these 'mundane tasks' and the rewards they may bring. Are these tasks something we must do to live in a material world to survive? or are they simply tasks we do to keep up appearances! Are you in understanding of my meaning? For example: Of course we must perform regular maintenance on our automobiles to keep them in working order – but is it necessary though, that we put forth time and energy into driving something 'so it will impress the onlookers?' Yes, let us ponder this week on why we do what we do.

In all our time-management, let us not forget to nourish the soul, to feel closeness to Father, to feel balanced self-respect – yes, to feed the body and the mind. Sometimes the mundane must be endured so we can reap the spiritual reward. Let us not be slothful in our striving.

Our lesson is short this evening for I am due elsewhere. Know that I am filled with gratitude for our relationship with one another. You are a ray of light in this seemingly dark world. You help to feed my soul and I thank you. Until next time, shalom

Maintaining A Balance In The Mortal Life While Advancing In The Spiritual
Abraham, WOODS CROSS GROUP 02-27-2006

Back

I am ABRAHAM. Greetings. I am sincerely grateful for your support. Your acknowledgment of our beginning efforts here in this region was indeed kind. I know there is a great deal of controversy concerning our Mission, but I truly believe that the truth has been firmly planted in the soil of our collective faith. What is true will grow and become common (natural). What is false will be revealed in time.

Those that have committed to truthfully drinking the cup of our Correcting Time have been trained to recognize and promote truth as it is - no frills, simply an evolutionary planet gaining experience. I realize that this idea can seem impersonal and on such a grand scale. But as Mary said some time back, when she felt equal in the Father's kingdom there was not need to be set aside as 'special.' I appreciate your efforts to keep our Mission close to Earth.

I am seeing the greatest change in you that have made effort to bring meaning into your everyday lives. It is wonderful to see you live your lives as close to truth as you can. Many mistakes that have been made along the way are now, simply lessons. We know there is a true humility at the base of our belief system. This makes us teachable and striving toward spirit.

It is easy to become overwhelmed in the busyness of the world - there are great demands on people simply to survive. How blessed are we in this day and age to know that there is meaning in all we do; there is value in all experience. It would appear that as we learn to become spiritual individuals, the fight of the mortal or animal becomes more fierce in trying to block spiritual growth.

As many of you have tried to make spiritual progress, it would seem that the mortal life becomes a bit more challenging. Those in the Christian fundamental movement would tell you that these challenges are "the works of the devil." We are so grateful to know that is complete rubbish and that we are with a common-sense definition of adversity.

This week, let us think about how material life is a bit more challenging. In a material world, how are you somewhat forced to 'play the game?' How did the Master view the rules on living in the material world? How did the Master stay strong when it seemed the whole world was against Him? What did He do to maintain balance in mortal life while advancing in the spiritual? That is all.

Again, these words happen because of your support and friendship. I am with unending gratitude to you each. My love goes with you. Until next time, shalom.

How Is Truth Flavored By Our Own Wish-Fulfillments And Need For Denial
Abraham & Mary, WOODS CROSS GROUP 03-06-2006

Back

I am ABRAHAM. Greetings. I am loving your topics of discussion this evening. Your thoughts on the larger issues in the mortal life are sincere and profound - certainly does it cause me to think. Topics like homosexuality, abortion, and politics will always be an issue in the lives of mortals. While there is no common

solution at this time it is important that mortals communicate peacefully and be willing to listen to one another, as well as share opinions rather than try to force one's own opinion.

I believe you do well here; this is a safe place to communicate - well done! For the most part you as individuals have made serious effort to follow your understanding of Spirit. Over these years there has been training and a metamorphous of personality attunement. It is becoming easier to live spiritual principles and put forth the ideas of the Master into everyday practice.

I am seeing changes in you that will be beneficial to our overall ministry. You are beginning to believe that all are equal within the kingdom, including yourself. Concerns of others' opinions of you are fortunately falling by the wayside. You are able to live with the freedom that the universe will support you in your efforts to promote the good of the whole. We each are understanding that it is not important we are noticed, but that the good you do helps promote truth, beauty, and goodness out among those with whom you communicate.

We are accepting 'reality as it is.' To color-over reality with wish-fulfillment is simply not acceptable. Reality in itself holds enough adventure and indeed there is plenty of work to do. Falsehood has simply become distasteful, and you are recognizing this on a soul level. It is wonderful you welcome truth 'as it is,' and do your part to bring about an ultimate good as seen through the eyes of our Father.

I am MARY. I am joy-filled to be with you this evening. I thank you for your warm welcome every time I visit.

I understand Abraham's words this evening. I do remember being caught up in a judgmental world. Others' negative words always made me feel 'less-than;' and indeed I would come to understand that I had also participated in that judgmental criticism against others. This was a good lesson, for how could I have known of being limited by others' judgments, and also 'limiting others' if I had not this experience, personally.

In those days before I met Jesus, I found a great deal of reality concerning my life choices and patterns to be a little too painful, and leaned heavily on denial. With the Master's teachings I learned to embrace reality as it was; I believed that there was always a lesson therein rather than to try to steer my own destiny away from pain. Yes, I came to understand that I was not God, and realized I needed to be open for the greater kingdom lessons He would orchestrate for me through my experience.

Embracing reality fully became actually enjoyable once I came into understanding of the value of reality. I was certainly a bit rough around the edges as a woman of that era - I used not proper etiquette to communicate, and certainly did not act as a respectable female of that day and age.

Working with the Master, I had come to realize that it was not important for me to learn to be someone I was not, no! not at all. It was important however, to fully 'live' my beliefs, and that revolved around embracing the Father's will, not mine! In this, I found laughter and joy. In this, I found reality at times to be cold and

hard, yes, but pleasant – as it should be.

Working with the Master I understood that ‘I was acceptable as I am’ – and that gave me confidence to go about the Father’s business. The Master had a charming and common-sense view that brought out the best in all who knew Him. Even now does He work with us ‘individually’ to show us we are a light in the world, and are fully capable of embracing Father’s will and going about doing good. Sure we will make mistakes, but we have not time to dwell upon them for there is much going on in the ‘real’ world to assist us in making lasting corrections from our mistakes.

This week, let us ponder truth and how we embrace it. Consider how truth is flavored by our own wish-fulfillments or need for denial. My hope is that you all realize how loved you are ‘as you are;’ and, that you know you have tremendous support from on high. That is all for this evening. Our love goes with you. In the words of our mentor and friend, shalom. [No meeting March 13th.]

Riches Of Everyday Living | With a Too-Busy Life Some Things Of Soul Value Are Easily Brushed Aside

Abraham, WOODS CROSS GROUP 03-20-2006

Back

I am ABRAHAM. Greetings. I am so appreciative of your willingness each week to bestow upon me the reins to your meeting purpose. I would say this is our meeting, and your participation makes it possible. I am deeply touched to see how close you’ve become over the years. Even through growing pains do you remain dedicated to the overall Correcting Time purpose. Well done.

It would seem in mortal life that all effort is, for the most part, put toward simply staying afloat; and it seems that ‘environment’ has a great deal to do with where your energy goes. For example: One who lives in a large city surrounded by gray buildings and neon lights might be more inclined to cling to material solutions to difficulties, as opposed to the one who has opportunity to spend time with nature, having quiet time for the mind and soul. Of course this is all theoretical and subject to change with each person’s circumstance.

Those who are encompassed by a busy life may find it difficult to take time to set straight the scales of balanced living, for it would seem that imbalanced living--or relying upon material solutions--would tend to make one insensitive to the simple realities of life. It seems that in over-populated areas there is somewhat of an innocence that is lost, and more of a scrambling to survive. This is the way of evolution, yes – it’s not good or bad. When people know better, they do better.

I suppose my lesson this evening is about the true riches of everyday living. With such a ‘drive to survive,’ or even in simply doing the best that you can to succeed in the mortal life, some things of soul value are brushed aside. This is where I refer back to my theory of a busy city-living versus those among a more peaceful environment. Individuals that have focused mostly on the doing of life instead of just being, have somewhat of a tough exterior.

Strength is good, yes. We can see the many instances where the Master’s strength changed reality. To be strong and confident is indeed an asset in this life.

However, we need not be so tough on the outside that we forget the simple riches of everyday living. Let us ponder past experience and those events that have made us strong in spirit versus tough in ego:

- What are the riches of everyday living? And I have to admit that experience in the flesh can make it somewhat difficult to see that there is a basic thread of good woven into the tapestry of all experience.
- How about acts of kindness? Those are riches that feed the soul. Those are experiences that carry us through the difficult times.
- How about the play and laughter of children? How open they are to adventure and remind us that life is always wondrous?

Again, back to the goodness of nature itself – the wind in your hair, the sun on your skin, the grass under your feet, the repetitive pattern of life from a leaf on a tree; and likewise, those on an insect. I ask: What are those things that open the door to the spirit? How will awareness of appreciation for daily riches of the soul keep you alive with hope and striving Godward? Think about these things in the coming week.

Again, I consider myself an extremely wealthy person for having the friendship that I have here. Know that I always look forward to your smiling faces and lighthearted countenance. My love is always with you. Until next time, shalom.

Unfortunately, Tragedy Puts Our Priorities In Order | Mary At The Tomb Resurrection Morning

Abraham & Mary, WOODS CROSS GROUP 03-27-2006

Back

I am ABRAHAM. Greetings. Thank you for letting me work here this evening. I am touched by your willingness to support one another in the efforts of living. I always see your best intentions become a reality here. Your issues in everyday-living are always of great interest to me; as well, my colleagues. We strive every day to minister to Father's children, and the more we understand, the better we can do.

I am grateful we have chosen to drink this collective cup of the Correcting Time. In time, you will see your endurance to be personally rewarding as well as helping to clear the path toward Light and Life. Usually around this time of year, mortals will be thinking about the resurrected Jesus. Yes, tonight it would do us well to ponder new life.

I am MARY. I am to speak of my experience with the risen Master. Along with thoughts of resurrection at this time of year, many mull over the pain of death and loss. At that time of my experience, it would seem as if myself and my kinswomen were beside ourselves with sorrow. Most definitely did this tragic but necessary occurrence take our minds off ourselves for a time.

Unfortunately, tragedy tends to help put our priorities in order. Our sorrow had brought us a helpful humility in that we were becoming driven by what was truly important; thoughts of personal gain were not to be found. We banded together as brothers and sisters to follow through with the Master's ideals for the Father's kingdom. It was truly amazing how faith brought us new life; new hope.

While in the garden I was quite fearful, and yet I was bound and determined to find the Master's body to carry on with what we thought at that time to be the proper tradition of the dead. I had not the realization that the person with whom I spoke to that early morning was anything more than a man. It did take some mindal reconciliation to even have that thought of the possibility of what had occurred.

Once I had realized I was in the presence of the risen Master I was elated, and yet, overcome with a thousand thoughts running through my mind. Mortals are very excitable; and indeed it was difficult to calm down to receive instruction. Most definitely upon realization of Jesus' presence did I feel new blood running through my veins; I had the energy of a hundred mortals. His face was reflecting a new light, and it was not something I had experienced before.

I know firsthand, that the Master's Spirit of Truth can do this for all mortals who can keep alive with faith. Closeness to His personality helps to recognize Him more and more every day. You can be with new energy, new hope, new life.

For this week, let us have our own time in the garden with the Master. We will speak of our experiences next week. That is all. From Abraham and myself, we give you our love and bid you farewell and shalom.

Worship, An Appreciation Of Father, His Watchcare, Acknowledging His Hand In All Things

Abraham & Mary, WOODS CROSS GROUP 04-03-2006

Back

I am ABRAHAM. Greetings. It seems like such a peaceful evening. Your calm spirits make it easy for me to give you my words. I am happy in the presence of your familiar personalities. I am always touched by your dedication to truth in any form.

How blessed are we to have one another at this time. How blessed are we to have this vision of the Correcting Time and to have opportunity for feeling such closeness to the Father's presence. I am grateful to Father for making any and all things possible. Our thanks also to our Brother/Father Michael for His enduring Spirit of Truth helping us to maintain faith and hope.

I am MARY. It is wonderful to be with you again. I am getting to know you each a little more every week. It is understandable why Abraham has that little twinkle in his eye when he speaks of you. I am honored to be a connection on your family circuit. This is a beautiful time in this region of the planet; all things are becoming new.

We are fortunate to also have opportunity every day to become new - new thinking, new habit patterns, new philosophies, and new possibilities. A closeness to Michael and His Spirit of Truth enables us to strive ever forward.

I am grateful to have had the experience of rebirth of spirit. I had lived the life of a seemingly dark creature; and knowing my sister apostles, the Master and the Father's presence gave me opportunity to feel new again; I felt reborn. This wonderful new feeling did not come about with ease, no. I had a great deal of regret

to overcome.

Before my awakening I felt trapped in my life; I felt under a cloud of subservience. It was difficult to envision my life with more – more of those gifts that are of the spirit – and indeed, eternal. It took some mindal reconciliation that I was an equal part in the network of kingdom believers.

It was with time and experience that I had seen small steps in my transformation; it would come about unknowingly through an ability to talk with people, to relate with children, to appreciate the mundane in everyday living. The more I was involved in the ministry, the less time I had to worry about myself or focus on the negative; I learned how important everyday worship is.

Father requires us not to adore Him; but when you begin to understand His presence, how can you stop it? Worship is the entrance to new life, new possibilities, new hope, and faith. Worship asks nothing more than to connect to Father's presence. We are not trying to win the Father's favor in order to have life go our way, no. We are recognizing how deeply He cares for us no matter how we feel about ourselves. We are connecting to our reason to keep ever striving forward.

I, for one, am grateful to know Father as I do. I know with time we will become even closer. The Master certainly did set a wonderful example of worship (connection with Father). The act of choosing to have gratitude is opening a doorway to new things.

This week, find time every day for appreciation and worship. Think about those small things Father does that helps us to feel a part of all there is. That is all. Our love goes with you. Until next time, shalom.

A Poem From Michael | The Spirit of Truth Stands By Ever Ready To Assist
Michael & Abraham, WOODS CROSS GROUP 04-10-2006

Back

In your midst, a thought of light.
Aspects of truth, wrong or right.
The tumbling sea, obvious to all;
Every drop important, no matter how small.

I am your BROTHER/FATHER. I am honored to be a note in the melody of your life. I have come to bring recognition of the Spirit of Truth that is alive and well among you.

The changes in this world are understandable to me, but also is it understandable that it is confusing for you. Thank you for your ongoing effort and not giving up on me when my plan seemed boring. You have allowed the truth to be what it is. I am grateful to you that have stayed the course and have allowed Father's plan and purpose to take root. Change is slow.

This evening I bring you greetings from the many who pray for this small evolutionary planet. The support of the universe is behind this small world in a big way. Forget not what I am among you. Don't lose your recognition of me as your Brother/Father. Know that I go before you. I am the voice of truth in your thoughts.

I am not to chastise you for your mortal ways but to encourage you as citizens of a growing universe.

The Correcting Time is not a game; it is not to set individuals apart as special; it is not to uphold the ego that stems from animal instinct. I know you cannot see me with your material eyes but you can feel my Spirit move with yours. You can receive my message. You can recognize me. I am here in every moment. I am asking you that have ears to hear, that have eyes to see, that have faith - to stay the course.

Yes, we are in the midst of great changes - many of which you cannot make sense out of until time passes. Our Mission is alive, it is moment by moment. I am asking for you to be patient, be observant and be open to receive. Remember, in life's circumstances nothing of value is ever lost.

Mortals of Urantia have nothing to lose at this point - only to gain. Allow the light of the Spirit to lift your burden of thought, even if only for a moment. Allow the light to cleanse your soul and renew your faith. Recognize me in everyday life. See that I am working. I am alive and determined to care for my children. In love, patience, and peace, carry on.

I am ABRAHAM. How full are we with the possibilities of the Master's blessings! I, for one, shall heed the call. What an honor it is to serve one who is so encouraging.

This week, take note of how you can recognize the Spirit of Truth working. How might you be quiet in thought and open to instruction? Let us ponder the seriousness of the Master's message concerning the Mission, and yet, remember to embrace peace and patience. You do well. Our love goes with you. Until next time, shalom. [No meeting April 17, 2006]

What Does The Master Ask Of Us | The Spirit of Truth Stands By To Aid
Abraham & Mary, WOODS CROSS GROUP 04-24-2006
Back

I am ABRAHAM. Greetings. I am enjoying the jovial atmosphere here this evening. I am grateful for your support and determination to remain open and faithful. The mortal life in this day and age is indeed a constant struggle back and forth between the spirit and the animal. There are such outside distractions that would tend to magnetize a person toward feeding the animal or ego, drawing one away from spirit. Such is our society, and most definitely we will adapt.

I would say a few words also on the care of the mortal body that temporarily houses the budding soul, or cosmic citizen. It is beneficial to be cautious of what is put into the body that disturbs the neurotransmitters of the brain. Good health is essential to a healthy connection to the Thought Adjuster. It is common knowledge of what one can do to be productive in caring for the mind and body. Most definitely this is why we recommend meditation, or stillness, and prayer.

From time to time, we all require a cleansing of the mind and body. There are so many material factors that would well disturb the connection to the Spirit. The Master called upon us to be observant of Him in everyday living to allow Him time to

instruct you. The world's people are in such need of spiritual upliftment; and while you are not to stand on the street corner to preach the gospel - still, you are an example of a new and changing world.

I am MARY. It is indeed an honor to work with you, as well as to be a student of Abraham. Thank you for having me. In the beginning of my earthly ministry, I was indeed overwhelmed by what seemed to be insurmountable obstacles. As I experienced the teachings of Jesus, I realized He does indeed ask very little of us. The understanding I have of setting an example to create growth for the kingdom, is to be happy in what you know - to spend a life rejoicing in all the wonder there is to behold.

What does the Master ask of us - we who have volunteered to be forerunners in the Teaching Mission? I believe it all begins with simple joy in awareness, being aware of a God who takes such joy in you as His child. Every moment in desire of doing the Father's will is an adventure. While it might not always be pleasant, it certainly is mindally captivating and a cause for soul growth.

You, citizens of change, are indeed blessed to behold the beginnings of moving toward Light and Life. Our ministry is to express joy; it is to encourage the downtrodden; it is to accept individuals on many levels; it is to make effort to have understanding and to leave your judgment by the wayside. It is common among mortals to gather and comment on negative happenings. It is our ministry as faith-born citizens to recognize negative happenings, yes - and instead of adding to negativism, point out positive outcome.

A good connection to spirit and recognition of Michael's assistance is indeed required to bring light to the obvious darkness. As Abraham said, be aware of outside material stimulants. Practice feeding the soul instead of the animal cravings of the body. Do not neglect the body but realize it is important enough to care for because it is the temporary housing of a universal citizen - the budding soul. A healthy mind and body is indeed a good connection to Father and aiding us in our ministry to others.

This week, ponder the question of 'what does Michael and our internal Father ask of us?' How can we be a light in the obvious darkness? How can a few words encourage one to see possibilities instead of limitations?

You have not yet the idea of the spiritual power within. You need not do much to recognize this power, but to take joy in our living faith. Yes, there are always negative happenings in the world, and the Spirit of Truth stands by to aid you and bring light. That should be something for you each to think about this week.

That is all for this evening. I am with great joy to be among you and to know that we are each a thread in the tapestry of change. You do well. Our love goes with you. Until next time, shalom.

Live Each Day Loyal To Each Moment And Wait Upon The Will Of Father | The Impatience of Eve

Abraham & Mary, WOODS CROSS GROUP

05-01-2006

Back

I am ABRAHAM. Greetings. I am always encouraged by your searching for higher meaning. What a blessing to be among those who can work through the mire of everyday mortal living to the faithful possibilities of an all-powerful Father. I enjoy being in your company. It is natural for various personalities to have differing views. It is God-like to remain open to change, change in any form.

I am MARY. How grateful am I to be among such welcoming hearts and minds. I believe I am here to touch upon possible responses to last week's question: "What does the Master ask of you?" During my days in the flesh, this was a most difficult question for me to find understanding to. As a person newly born of the spirit then, I was indeed over-abundant with enthusiasm and seeking after kingdom tasks.

Secondly, I was naturally an emotional creature, and tasks that appeared to be seemingly a heartbreaking situation were at the top of my list. For example: I do remember taking great pains to find a sorrowful looking child a pair of footwear. The sadness in her voice coupled with her big brown eyes, pulled at my emotions to put this task as a priority in Father's growing kingdom. Needless to say, I was more emotional than logical. Did this make any difference to the Master? No, it did not.

The Master would have me serve at whatever my intellectual and personal capacity would allow. My emotions did indeed put pressure upon me to go forth and 'take the kingdom' - mostly in a manner that was somewhat self-serving, mind you, but again, this was not anything required of me by the Master. I do believe the most difficult thing the Master asks of us is to do nothing - wherein He asks us to be still and observant, waiting upon the will of the Father. Yes, with a busy and enthusiastic mind, this is most difficult.

Look at your world today - there are a million different causes one can serve, and there are a number of various reasons one can have to serve a cause. A cause may be dear to the heart and believed to have close significance to your own experience. For one example: An abused child may grow up to be driven to serve in raising awareness of child abuse. Feeling driven for the right reasons is definitely good. On the other hand, there are times when we must wait upon the will of the Father.

How many times did the Master say: "My hour has not yet come." Think about His emotional state - certainly was he with enthusiasm to go forth and create good change, and yet was He instructed to stay put and continue His woodworking and His care of the family. The Master was well aware of His calling - and yet, the timing was Father's. How did the Master find the patience to wait upon the will of God - to simply live each day loyal to each moment that life had brought to Him.

There was a great deal of things which needed to be prepared before the Master went about the ministry. Imagine were He to waver in trusting the Father's plan and had gone forth with the mission how He saw fit. Such was the plight of Eve, our Creative Material Daughter. Certainly Eve was dedicated; she had knowledge that does not require faith - unlike the case of you agondonters -and still, doing nothing (so it seemed), or remaining patient with the Father's plan, was out of her reach.

Eve had a kind heart, and time spent away from exercising spiritual muscles can lead

to impatience. Eve was intelligent and known for her organizational skills; and 'doing nothing,' so to speak, took its toll on her mind. Not to discount her responsibility in this scheme, which led to the 'default,' but to show that even the most faithful of children can be weak if not committed to making the most of every day to conform to Father's timing.

Many of Father's children, even today, wait upon the Master to come from the sky and take back His chosen children. Even with these beliefs, would you not want to make the most of every moment? It would be torture in mind to wonder if you are among the chosen. Perhaps you would come to the conclusion that you are not even close, so why try!

Or, would you be active in what you are handed today? Is today enough? Would you be able to be still and wait upon instruction? Are your spiritual muscles up to par against the needs of the ego that craves to be noticed and accredited for good works?

For the most part, in my personal opinion, I believe the most difficult thing the Master asks of us is certainly within our grasp. It is within our intelligence to wait upon the will of Father; and then, to help Him set in motion of what is to occur.

I find it an honor in every moment of existence to be a part of such a loving and logical universe. We thank you for your time. We thank you for allowing the unfolding. Godspeed. Until next time, shalom.

Going Forth With Spiritual Courage | It Takes Courage To Listen To That Still Small Voice

Abraham, WOODS CROSS GROUP 05-08-2006

Back

I am ABRAHAM. Greetings. I am enjoying your candid conversation. Your courage to be bold and forthright does indeed make you each much more spiritually accessible in an earthly manner that keeps our Mission real. It is beautiful to see old friends feel comfortable enough to be fearless with one another - yes, to be their true selves.

I know these past few weeks we have been discussing patience and waiting upon the will of Father. This week I would like to touch upon the courage you have known in your listening to that 'still small voice' within.

We each know what it is like to become settled within the rut of life; whether it is comfortable or not so comfortable, yet, it is what we know and what we've become used to. It does indeed take an element of disturbance to shake us from the fog of mind and to move us from this rut, from the habits of life.

Father could be giving us clear direction of how to emerge from this rut, and yet, we may be filled with fear and trapped in our comfort zone. Perhaps we are simply with the feeling of being 'untrusting of the unknown;' or in a Father that would perhaps confuse us with His many other children. There are many individuals in this Mission that have had to be shaken from a personal unreality, to become conscious of Father's words and have the courage to carry them out.

Many times what looks to be odd to others is the correct steps to take at a given time. For example, some have chosen to leave a dominating and dogmatic religion in favor of freethinking; they have reaped repercussions for doing so by their church and family – and yet, have walked away with an even larger reward. Yes, some individuals have chosen to follow a path which others know not why; and believe me, this took courage – this took intelligence, yes, and a willingness to be open to the will of God.

We can view the majority of society and how they are ruled by popular opinion – self-imprisoned, so to speak. I do not mean to give liberty without license, no! But most definitely do I mean to give back to individuals a confidence – confidence to know that they can trust themselves to follow their inner guidance.

Without a doubt, one must always be cautious of who one serves – be it the Spirit, or the ego. Of course I am speaking of individuals who are having the courage to live a life of how they believe the Master has taught them to live. Most of our own restrictions are self-imposed. Mortals tend to live up to somebody else's ideals. How blessed would one be if it were the Master's and Father's ideals that we live up to!

This week, think about how temporary this life is; one can have eighty years on the planet and still complain that they never had opportunity to do this or that. Let us not live under the cloud of self-imposed restrictions, but move into the light of the spirit. Any and all possibilities are open to those that believe.

That is all. Mary will be here next week to discuss this topic further. My love goes with you. Until next time, shalom.

Courage To Break Free From Tradition or Other's Expectations | Contribution of Sister Apostles

Abraham & Mary, WOODS CROSS GROUP 05-15-2006

Back

I am ABRAHAM. Greetings. As always, I am happy to be with you again. I really admire how you pour your heart and soul into those things you believe deeply in. Sometimes it does take quite a bit of time to draw conclusions within your mind, but when you decide to act you are indeed driven with passion; this is admirable, indeed. It is understandable in this material life when one feels a tendency to hold back. At such times, allow Father's love and logic to be your guide and have not worry. As promised, I give you our esteemed Teacher, Mary.

MARY: Greetings friends and colleagues, I am always at home among you. I am growing with more affection each time I look upon your beautiful faces. I know I am indeed blessed to be in such a position – to teach, and also to be a student. What an honor.

I am with great interest in Abraham's topic of last week on 'going forth with spiritual courage.' I realize the beginning of my very salvation began with my sisters in the ministry, who portrayed such courage. I make no excuses for myself,

really, for my dark days; they simply 'were what they were' - a mixture of my upbringing and poor choices; not a cause for eternal damnation. I was hardened, believe me.

I was quite bitter against those who appeared to be 'better off' and having had somewhat of a more blessed journey than I - which brings me to my dark days in the flesh when I lived the only way I knew how. I made a bit of money here and there doing things I was not proud of; and yet, I did what I had to to survive. For the most part, I saw no way out. I was definitely ready for a glimmer of hope, some light at the end of a long and dark tunnel.

Imagine my dismay at the two clean and well-dressed women apostles of Christ who came into the nefarious resort of which I was employed, to share with me the good news. It was really not so much their words of encouragement that caught my attention, but the risk they took at being seen in such a place of low standards. Yes, I am speaking of those two, Martha and Rachel, who were among the ten women apostles who embraced the Master's teaching, and who took a chance at ruining their good standing in the community to go into the underbelly of society to bring glad tidings.

Of these ten - one woman was the daughter of a well-known physician; one woman was the eldest daughter of one of the male apostles; one woman was the cousin of Thomas; and so on. First off, each of these women had something to lose 'socially' by embracing the Master's teaching; and secondly, by going into the poor communities and reaching out to the sick.

Had it not been for my sisters' examples, I don't know if I would have had the courage to break free from the only life I had known. Do you see, I would not have related as well with the male apostles, no. It was Father's plan all along, to involve women on an administrative level. These women apostles dared to leave their good-standing in favor of faith, and they acted upon that faith.

Don't think for one minute these women apostles' loved ones did not try to sway them to think differently. They were under tremendous pressure to keep with tradition. Had they let fear get the better of them and stayed with tradition, the Master's cause might not have been as successful on so many levels. The male apostles might have led a more public life in that day, yes, but the female apostles laid a more sturdy foundation - they tended to the 'lesser' of society - and in the end, this brought greater upliftment.

In joining the Master's ministry, I really had nothing to lose. My reputation really could not have gotten any worse, so the transition was fairly easy for me. When I do look at both the women and men apostles, I am inspired by their courage to follow through with a concept that was mostly built out of faith.

While the overall ministry of the Master was not perfect, it was successful. Your ministry will not be perfect - it will have highs and lows. You will, likewise, be the student and the teacher; and overall, it will be successful. It will take courage to stay true to the course, to the one who serves us so well.

This week, let us ponder how much we feel a need to be seen in the public eye, or can we serve in a lesser capacity? Can we forsake tradition standing, to do what is right? Where does our energy go?

That is all. Know that every minute with you is joy-filled and a great learning experience for me. As always, our love goes with you. From both of us – until next time, shalom.

Find That Time Needed For Rejuvenation Of Mind And Spirit

Abraham & Mary, WOODS CROSS GROUP 05-22-2006

Back

I am ABRAHAM. Greetings. I am so inspired by your faithfulness. As I look out upon the world at Father's children, I am amazed that they hold on with such faith. Belief systems of mortals may be somewhat skewed, but the fact that they want to believe in something greater than themselves is something to rejoice over.

I am always intrigued by your discussions on the latest controversy. Those ideas that drive individuals to go within to seek greater meaning are always a cause for soul growth. Upsets (or elements of disturbance) are an opportunity to let go of what you think you know, to ask Father for what He knows. There is always the natural tendency to become emotional during times of upset. At such times it is difficult to reach the spirit and become accustomed to the idea that all things take time – and, that there is always some process to learn.

Even the Master had to reconcile His mind to the spirit; there was time allowed for emotions to pass; for stress to leave the mind and body; for acceptance; and to become one with the personal will, and Father's.

It does seem like Urantia has become a disposable society – everything must be instant and convenient. Rarely is there time taken to simply be, to simply enjoy life, to simply allow time with the Father.

Worry not about emotions and how they may present themselves; allow them to disperse and pass. Allow that reconciliation of mind/spirit, and for acceptance to sink into the soul. It is true, emotions are a part of everyday life – and it is completely natural to display them. I say, however, it is Godlike to begin to master them. Have not worry, you each are learning to have some control.

I am MARY. Again, I am filled with love to be within your family circle. I am very familiar with Abraham's topic. I do remember emotions were quite difficult for me to get ahold of. I believed I was a person of action, I sincerely desired to fix any and all problems. It was difficult for me to go slow, to allow the process of reconciliation. It was hard for me to be grateful for tasks completed. It seemed that I could never do enough.

It was the Master's wisdom and humor that helped me to stop and take time to allow emotions to pass so I could see logic and feel the Spirit within begin to give direction. In my day, Jesus recommended that at least one hour every day, and one day a week, we spend time in play or recreation. It was such rejuvenation for the mind and spirit. This rejuvenation made it much easier to cope with the

circumstances of everyday life. It is okay to play, laugh, have fun - it is a doorway to the Spirit; it is an opening to true worship.

This week, we are recommending that you each find this time to get away to rejuvenate your spirit and mind. When circumstances of life become overwhelming, remember that reconciliation of mind takes time, as does allowing the passing of emotions. Do not bottle these emotions up; do not feed into them with self-pity; simply give them to Father; ask for guidance. You are not alone. You have all the divine assistance available that you need.

That is all. Discuss among yourselves whether or not you will be needing to have questions next week. We are always willing to have open dialogue with you, our precious friends. Our love goes with you. Until next time, shalom.

Our `Life Laws` Take The Guesswork Out of Everyday Living | Personal Assessments
Abraham, WOODS CROSS GROUP 05-29-2006

Back

[Editor's note concerning the local Woods Cross, UT Teaching Mission group.): Over the years since the beginning days with Teacher Ham (1991- 1992), many have come and gone in this weekly class. At the height of attendees there were approximately 40 weekly students. Since then, some had passed away, but there were many who stopped coming for various reasons (disbelief, personal agendas, moved away, etc). By the time of this lesson (2006) there were approximately 15 regular attendees. It is observed that the ratio of 'initial attendees,' to those who 'remained standing' in our group in 2006, can perhaps be likened to the 'feeding of the five-thousand' event in Jesus' day - which number, within a short time, was reduced to less than five-hundred dedicated truth-seekers.]

I am ABRAHAM. Greetings. How wonderful it is to be among your rested spirits. It is an upliftment in attitude and a peaceful adjustment for the soul when time is taken for rest and recreation.

I am reminded of the Master's time of the great decisions. Peace and stillness were required to have such clarity in mind - to not only come to such spiritual decisions but also, logical ones. We must maintain the memory that the Master was also a mortal man with these important decisions.

There were 'life laws' Jesus made that were to assist Him throughout His Earthly career; they were completely in line with the Father's will, and He certainly knew there was no need to deviate from them.

These life laws help with what you would term 'the guesswork' in everyday living. For this week, let us think of one or two of our own obvious laws that aid us in our own everyday living. Again, let us re-study the Master's great decisions. As promised, I shall move to questions. I am familiar with the consensus that all wish to begin with personal assessments. Granted. Myself and Mary, stand by to aid in this task.

We shall begin with Harrison: My son, it is with joy every week that we can meet face to face. I am uplifted by your stories, no matter how seemingly small they are.

You are beginning to take on a calmness in demeanor, and that is helping to provide peace to those around you. You do turn up the heat when necessary, yes, but experience has shown you that a calm strong demeanor brings more results. Your maturity in spirit has shown through your ability to give credit where credit is due. This helps to inspire others. Individuals who feel appreciated are encouraged to keep striving. It is good to be an example of living faith. Be careful not to be seen on the side of fanaticism but to show God as logical and 'down to earth.' You are a source of strength in our Mission and reach many that have no idea that they are even part of this Correcting Time – they need not even be told, it is not important. It is important that you continue to serve in that way which brings you the most joy. Your smile sincerely lights up a room. Well done.

Ellen, my daughter, the supporter, the scribe: Long are these years we have sat, side by side. I am honored to be counted as your friend. Your commonsense view of life has been compared to my own. I do realize we are both lovers of truth. I am happy to see at this time in your life you are with some peace of mind and acceptance. Even though you feel you have not a great deal of access to many individuals in the Mission, trust me, your quiet work reaches the masses. Your daringness to be bold has led you into trouble more than a few times; on the other hand, there are individuals who count on it. Many love you as you are. It is wonderful to see that after all these years you are having some self-acceptance. Strength is good – so is compassion and balance. Have not worry. Continue to support. Continue to cultivate that strength within. Honesty is rare in today's society – continue to use it, just be gentle about it. Know that you do well. Forget not, the quiet workers can move mountains.

Ellanor: Yes, difficult times as of late. Of course, things could always be much worse. I mean not to have you fear for what could be, but simply be grateful for what is, and know that the faithful are indeed well looked-after and with a more peaceful heart and mind. You know very well that the many who choose to work in our Mission need to put the Mission's needs first. Your struggle between the ego and spirit has made life much more difficult than it has to be. Father wants not for you to live in continuous struggle, no! He simply wants you to make a decision and then live by it. Sit not upon that fence of uncertainty. Be willing to drink the cup. Much of your misery is of your own doing – Father would never be this harsh with His children. Know that with each experience, maturity of spirit is forthcoming. Have not worry. Be observant. The doors are open; the choice to walk through is completely yours. Feel not burdened. Feel not rushed. Acceptance is key. Allow reality to unfold to you – force it not. It is not all work, you know. Carry on.

Calvin, My son, my brother: You are indeed the busiest man I know – you always have been. Your gift for words could always plant seeds in the most barren land and have some sort of success. You do have courage to live outside of tradition and set an example of freethinking. Your best work lies in your children. What a gift, each and every one of them. Your words of wisdom to them now might not be as valued as they will be in the future. Tend to them as you would a beautiful garden. You do have opportunity to speak to many individuals every day and it is always a blessing to live what you know. Integrity, honesty, and faith will shine through in your work. You also would do well to allow the unfolding of reality, force it not; it is really quite beautiful.

Marin, greetings, my daughter: Is there any particular question I can answer for you?

MARIN: I am delighted to be here. Yes. I would like a name to take with me to represent this beautiful circle that I have shared in. For the last couple months it has been quite a blessing – to have and to gain truth and wisdom through experience in this group and with your teachings.

ABRAHAM: Certainly, one moment. Marin, to the best of my understanding with the English language, your name sounds like Kara. I am pleased to get to know your bubbly personality. Your enthusiasm is inspirational to all who know you. It is obvious that you do make great effort to find a place for yourself in this world. Worry not, child, that information is forthcoming. Your energy can best be spent in stillness and study. Have patience. Know that you are where you need to be right now. Everything will come with time. You do well.

Simon, my son: I am envisioning you coming out of some kind of fog. I am seeing you step out into the light of day. You are intelligent and have a great many brilliant ideas. I believe your experience up to this point is bringing you to the understanding that things you thought you wanted are not really what you wanted after all. You are coming into a new mental clarity. Allow your intellect to rise to the top. Allow Father to define your happiness. You do bring a lot of happiness to others; and in this, there is joy for you; a deeper meaning in life is what will be the most fulfilling. You are doing well, be not discouraged. While you are a spiritual man, allow the intellect some room to gain balance. Have not worry, Simon, you do well.

And last, but not least, Sarauna, my daughter – our hostess week after week, who welcomes us with her motherly affection: I am always inspired by your balance, Sarauna, in life and in spirit. You are with common sense and compassion. You are driven and yet, flexible. I am always enjoying my time spent with you. You are pondering some ideas as of late, and I am in full support. I always say, genuine effort is worth something. You never know why one feels driven to go about some tasks; we always must ask ourselves if it serves the ego or the spirit; and with you, I have not worry. I am intrigued by your creativity and would encourage you to do as time permits. You are a rock to a great many individuals. How grateful are we that you have remained dedicated to serving such an unruly bunch. You do well.

I am going to take my leave. But first, I should express to you each my love and appreciation for your unique personalities. I love the good. I love the eccentric. I love your wisdom and your humor. Thank you for being with me over these many years. We can continue next time with more questions. My love goes with you. Until next time, shalom. [Some group regular members were not present tonight's meeting. There was no meeting June 5th.]

Stay The Course In Following Father`s Will - Allowing Evolution to Unfold
Abraham & Mary, WOODS CROSS GROUP 06-12-2006
Back

I am ABRAHAM. Greetings. I am always touched by your willingness to share the things

of life. How many times have we shared sorrow? How often have we been overtaken by uncontrollable laughter?

When we set out to establish the Correcting Time, this group is indeed much of what it was envisioned such a group to look like. You have quite a ministry among you. We know our people here are real and genuine. We can freely admit that out in the everyday world we choose to show a certain side of ourselves. Here in this room, however, we find it completely safe to be our true selves.

I believe our last assignment was to read up on the Master's great decisions. I so admired the Master for upholding these decisions, no matter what. Many times He could have made His enemies look like fools, and yet He chose the natural way of allowing the will of God to unfold.

I am MARY. I also am inspired by the Master's immovable attitude concerning His life laws. You could say that the Master could have created attention for Himself and still have won the ear of the people. This is why Jesus was, and is, our sovereign universe upholder; He simply chose the way of God's will, and with no exceptions. As much as Jesus desired to save His people, He knew that any shortcuts would be fleeting and interfering with our agondonter status; and, interfering with God's will.

It is said: "What the Son desires and the Father wills, is!" The Master could have put on quite the show. He could have won over the people through miracles – and still, it would not have been enough to quench their miracle-seeking appetite. The Master chose the unfolding of natural evolution. He trusted the mind of God; He trusted the power of God. Jesus' practice of meditation and prayer kept Him strong in upholding these great decisions. The Master loved people, you could see it in His eyes and read it on His face.

Any good parent loves to bring joy to their child. The wise parent consults with the Father of all fathers on how to parent best. Even under such pressure, the Master stayed faithful to His decisions. Always was there time set aside for simple consultation. The Master knew there was always the struggle between the spirit and the animal. No matter how much pain might come, His loyalty was always to the Spirit.

That is all for now. I can take questions. Or, you can also request Abraham. Proceed.

SIMON: Mary, I am so grateful for this group that provides an anchor for me and my life. I am still assessing my own ministry. Sometimes I feel like I come up short. I wonder if I should make some drastic changes? or stay where I am and just improve my ministry through my work that I am currently doing? I am just up for doing Father's will the best way I can.

MARY: I think that sounds wonderful, Simon. The Father does not ask us to make great changes, but simply, small modifications at a time. Small changes are lasting and more acceptable to people. Upset in everyday living is a cause for stress and ill health. The Father would not have that for us. In the short time I have known you,

Simon, I see you as someone who seeks acceptance. When you come to the realization that you have all the acceptance you will ever need through God the Father, then will peace abide in your heart and your ministry will come naturally. You are a sweet man. Your ability to show someone you care by listening to them, is big; it is quite an accomplishment. Take time to journal those things you have deep need for acceptance for. Spend time in meditation and know that Father loves you for you; He seeks nothing from you. That should be a cause for peace – and in that, natural ministry tasks will flow. Have not worry, Simon, you do well.

MIRIAM: Mary, this question is for either you or for Abraham. I haven't been here since February. I've been ministering to our little kitty, Chelsea, who just died. I thank you for being here. We've relied on Father and it has been hard. Don asked me to ask: "Do you have feedback regarding Chelsea?"

MARY: Yes, certainly. First of all, Miriam, I am happy to be in your presence. I know we have not known each other long but I admire your courage. Every living thing needs to be needed or be loved. In the case of your precious pet, you and Don have shared the value of taking care of one in need. I do know from firsthand experience there is no greater honor than to usher life to the next realm. Always does pain make you set aside trivial things and focus on the priorities in life. You and Don are at that age where life is becoming a bit more peaceful, and the caretaking of Chelsea helped you to band together more firmly. It is difficult in this throw-away society to stay married. You and Don have set such a beautiful example. There are hardships couples must face and learn to work as a team. Your precious pet provided such an experience. Know that nothing loved is ever lost. You are in a wonderful position to withdraw the meanings and values out of this particular experience, and that helps you to minister to others. Take comfort in the knowledge that life energy goes on and memories are kept alive by love. Have not worry; allow regular life to set back in. You have made some terrific decisions as of late – stand by them. Have not regret. You do well, Miriam, my daughter.

CALVIN: Mary, I would like your perspective regarding how you are depicted in the Da Vinci Code book and movie that was recently released. There is much discussion and even controversy on the talk shows about you. It is such a blessing, and yet so ironic to hear from you personally at this day and time where so much of the world is hearing perhaps a skewed story regarding you. But nonetheless...

MARY: I do find it all so interesting, for I have not known such notoriety. I am understanding the deeper meaning beyond the fiction – and that would be that Christ had set woman as man's equal many years ago, and the churches would not have it. Sometimes the truth must come along with fiction. And for you, my friends, I would stay true to the tool that brings you such detail of the Master's life – and that is the Urantia Book. I think that women are finding their place in the world – and it is not to take man's place from him, but to do what she does best. My hope of this controversy is that people come to realize there were women apostles, yes! and they were with courage, honor, and faith – so willing to die for their cause. I am with hope that the world will see that Father is no respecter of persons, and that all are equal in the kingdom of God. It is a time for women to stop complaining of what they are not allowed to do and simply take their place. This indeed, makes for a wonderful upstep to the Correcting Time. In the meantime, I find all the controversy

to be entertaining. Good question. Thank you.

CALVIN: Thank you, not only for your answer but for your contribution to this world as a woman of faith and dedication – that is what I enjoyed from reading of you in the Urantia Book.

MARY: Beautifully said. I also thank you for your open mind and willingness to help create change.

SARUANA: [Inaudible – wondering about a book she had come across claiming to be from Abraham.]

MARY: There is truth in many things, yes. Abraham is a busy person; he has many irons in the fire, so to speak.

I am ABRAHAM. Sarauna, my daughter. I believe you already know the answer to this question. Any time individuals must receive credit for some spiritually inspired material, then you can count on human interference. I do, however, what I can to reach the masses. How blessed are mortals to have that internal compass to guide. Books are tools. Take from them the value, and discard the rest. Is this helping? (Mary: Yes. Thank you.) Abraham: One more question.

MIRIAM: Can I say I can't believe how lucky we are. I've been away for five months but I knew you were all here. It is so neat to have the reality of you guys being here; the realness of it astounds me. It is almost unbelievable. Thank you.

ABRAHAM: Thank you, Miriam. It is with your faith, and the faith of all in this room, that brings about these lessons, this interaction. Yes, a group effort. I hope to be with you for quite some time, as does Mary.

I believe with that, I shall take my leave. I speak of each of you to my colleagues as if you are my children. I hope that is acceptable. I am honored to be your friend and Teacher. From Mary and myself, we bid you Godspeed and shalom.

In Being An Activist, Ask Father `What Can We Do For You`

Abraham & Mary, WOODS CROSS GROUP 06-19-2006

Back

I am ABRAHAM. I am feeling so at home among you. I feel a sense of kindred spirits when we can gather. You have not only made a home, you have established a point of light. We are not seeing wavering faith here, but a real desire to 'add to' and not 'take away.'

The ego-side of man will 'take,' in order to build upon ego; and when there is no more to take, he is on to something new. The spirit side of man longs to 'give,' to 'add to,' and to be 'a part of.' The spirit desires to be one with the kingdom of God – not set up high for all to see, no, but simply one with the Father and all mortal brothers and sisters.

Yes, we see the Correcting Time as progressive now because mortals are longing to give. We have seen the effects of godlessness, and now we definitely observe mortals

paying attention to a higher power.

We are somewhat soldiers in Father's kingdom working for His will to be made manifest – in our personal lives as well as our communities. As we mature in spirit, we are with desire to ask Father: 'What can we do for you?' With this mindset we begin to have a bit more understanding of our kingdom brothers and sisters, and are a bit less judgmental.

Are we activists? We certainly are! We need not be out in front to take attention and energy for our cause, no! our work as activists is to tend to the lesser; to improve our personal surroundings with spirit, and to be an example of the personage of Christ Michael. Our commitment to the Teaching Mission and Correcting Time--a commitment to our Brother/Father and His associates--is our key to the door to Light and Life.

I am MARY. I am feeling more and more connected to you each time we meet. I am always amazed by your durability; you can take a punch, get up and dust yourself off and stand your ground. I am pleased to be among you that seek not miracles and proof that God's kingdom is real. The Spirit has become a natural part of your lives, it simply is.

I am in understanding of your mortal circumstances – the everyday tasks; the obligations of work and home. I am in understanding of being reborn in spirit – to have my mortal life transformed and feel that new awakening.

How grateful was I to be in the presence of the Master, to learn that Father really does give us all that we need, and that most of the time we worry for nothing. You must know that while events in your lives are confusing, they are always connected to some larger kingdom task, and sometimes we must simply sit back and be observant, be open to the call.

I am not certain how the ego subsides when the spirit is allowed to take charge. I do not know if ego diminishes or, is somehow satisfied by the spirit. I do know however, that once you shed your mortal form, the ego is not so much of an issue – we become free from animal survival instincts. I am certain that once I allowed the spirit to lead, I had not desire to be out in front, so to speak, and be noticed as a hero. I was desirous of simply giving and 'being a part.'

This week we are to give an offering to Father of 'what can we do for Him.' We are quiet activists in our own way as we allow the spirit to lead. As we seek not miracles, believe me, a new world unfolds before our eyes. Also this week, we seek to add, to give. I am honored to be among you that choose to make the spirit be made manifest in everyday living. I thank you for allowing me to work side by side with you as kingdom believers, as does Abraham.

And with that, we shall take our leave. Know that our love is ever growing, as is our correction in its many facets. Go in peace. Shalom.

Seeking Escape Delays Father's Plan And Needed Experience
Abraham, WOODS CROSS GROUP 06-26-2006

Back

I am ABRAHAM. Greetings. My gratitude to each of you. It is a blessing to know your dedication to Michael supersedes the trivial. I am aware of all the small things done to make this meeting happen. I am grateful to you each who believe there is no task too small to help the Correcting Time move forward. Father really is in all the details.

Last week we discussed what we can offer Father – or how we can add to the kingdom. I enjoyed your views on this topic. I would perhaps offer a few of my own:

Any time one is sincerely desiring to allow Father's will to unfold, he or she is certainly adding to the kingdom. Even during times of difficulty – when you can remain committed to drinking the cup that is before you, I believe that is an offering to Father. I am not talking about sacrifice, no; I am talking about the courage to stay true to your commitment to serving our 'One God.'

We can remember the Master in the garden of Gethsemane with His apostles who could not keep watch with Him even for a moment. Jesus was coming into the knowledge that the cup set before Him was indeed going to be the most difficult experience He had had on Earth so far. The Master's mind was in a whirl of human emotions versus spiritual logic. Indeed, the idea to seek escape had crossed His mind; His mortal side wanted very much to be free from those horrendous upcoming events and the pain of separation from His mortal fellows.

Throughout the mortal life we have choices – to escape, and/or postpone pain. It is natural for mortals to seek the way of ease, yes; it's not anything to feel guilt over, no! it is all understood by Father and incorporated into His plans for you. Should you choose to bypass certain experiences – knowing what you know now, understand that these experiences will indeed come back around.

As the Master lay face-down in the garden longing for moral support, He knew that to take the road of escape robbed Him of experience that added to the sum total of who He was to be. It took time for Jesus' mind to find reconciliation to the spiritual logic. He was a being of faith, no doubt, but His mortal side still felt the pull of emotion; and believe me, this is an energy hard to tame.

The Master however, understood His commitment and had long before promised to drink the cup 'no matter what.' Through pain, through confusion, through the unknown, it mattered not – His dedication was to Father, and therefore, He chose not escape but to embrace what that experience had to offer.

Do you need to experience great emotional pain to have growth? Of course not, for we can see that a great deal of emotional upset is generated by our very own mortal behavior. It is understandable to have thoughts of escape, and it is honorable to choose not to act upon those thoughts. Many mortal difficulties simply require you to be observant and just be in the moment with 'what is.' It is always recommended that a mind not so busy is more apt to be open to Father and allow Him to interpret the moment.

Most of mortal anxiety is simply fear of the unknown. Father is more than happy to

aid you in gaining a spiritually logical definition – this is why we have recommended the good practice of stillness. As mortals, we cannot help it that much of the time we look for escape when trudging through the muck of our difficulties; it is well understood and not to have worry. I recommend that instead of some form of escape, that you simply be observant and with a quiet mind.

We can look back in the story of our Master and see that the outcome of His mindal reconciliation led to Him being granted a ministering angel that assisted and comforted him that day in the garden. This (celestial assistance) is not uncommon – there will be many times when you have chosen to face extreme experience that there will be comfort from on high – you’ll know it when you get it; many of you already know of it. A step forward in faith shows Father you are willing to do His bidding; and indeed does He grant us what we need to accomplish anything.

This week, let us ponder the thoughts of escape. How does delaying experience serve us? How does the choice of following through with our commitment to drinking the cup bring us fulfillment? Find some examples of spiritual logic. What does that mean?

My heart is getting bigger and bigger each time we are together. I am with the utmost feelings of love for you each. Until next time, shalom. [No meeting on July 3, 2006.]

Temporary Escape To Reconnect With Father Is Important

Abraham & Mary, WOODS CROSS GROUP 07-10-2006

Back

I am ABRAHAM. Greetings. I am with such gratitude to communicate with you together on this weekly basis. Your fellowship provides fertile ground for new ideas and concepts. In all that can drag one down in the course of mortal living, it is wonderful to spend time together to maintain a positive outlook and keep strong in faith.

For many of you, your fellowship here is a safe place to be your true selves. You each can count on each other for love and support; but more-so, I believe you put truth above that. Yes, wise indeed! Each one of you here has a ministry (or branches, so to speak) that filtrate out into your everyday lives. The nourishment you receive here spiritually strengthens you to be productive in your outreach. We are grateful for your support of one another and of this ministry.

I am seeing a great deal of strength among the lot of you, yes. You are finding more courage to embrace universal laws and finding the spiritual fruits therefrom. You are showing that you are part of the whole and not the whole itself. Your experience has given you a great deal of training. And as much as you believe you failed many of life’s tests, you must know that for the most part you have stayed the course – that is good for you as the individual, and for all of us as the whole.

I am MARY. I am glad to be with you again. I am in understanding of Abraham’s topic as of late on spiritual logic and avenues of mortal escape. Every mortal needs to periodically remove themselves from the stimulation of everyday life. Everyone needs to be refreshed, re-energized. There are many forms of mindal rest that would be a wonderful avenue of temporary escape – strengthening you to continue to stay on task

for the ministry and the Mission.

I am brought back to my days on the Earth when daily living would become somewhat stressful among my sister apostles and myself. It would always be obvious to the Master that we were in need of a break; He would tell us that when our personal agendas would mix with the ministry, then it is time to step back, to find rest and recreation.

Jesus set for us a good example in His diligence in finding time for just He and Father; even then, always were His fellows seeking His assistance. If the Master had not gone off on his own, without word to His brethren, He might not have been able to go at all. The Master showed us 'in everyday life' whom He served; His self-interests were not first.

Jesus looked at many of life's occurrences as simple 'ministry.' It was spiritually logical to Him that Father was likely to be working through Him when least expected. He therefore, remained observant and could tell from the levels of serenity within Him if He was on the right track. Of course when the Master was not clear on an issue, He would find escape from the noise of life to spend time with Father. Jesus found clarity of mind in many other activities such as nature and science; He often pondered the inner workings of the various ecosystems.

Also was the Master able to lighten any tense circumstance with humor and play. To spend time with the youth reminded Him of His carefree days and what was important to young people. He always said that many of us took our lives much too seriously. Jesus also loved all kinds of art. He found the creative side of man to be that side which was close to God. He taught that a great deal of art reflected God's personality - truly inspiring, yes.

I realize many of you are dedicated to your good standing as a citizen in this mortal life - and yes, you should be. We have to be aware, however, when overmuch obligation would have us find need of serious escape; or, just some simple rest and reversion. The amount in which you are close to your indwelling Father will be the direct proportion of information you will be able to receive at any given time. I am meaning, if you call on Father only in an emergency, or upon general occasion, then are you only able to understand general instruction.

The Master had a well-worn path to Father - this is expected as well as recommended. Life is meant to be joy-filled; the more spiritually logical you become, the more you will see that joy enters into all areas of life - work, obligations, family, etc.

This week, find positive escape from frail emotional states. Be observant in the uncomfortable. Know that your ministry is possible at any time and place. That is all. From Abraham and myself, we bid you God-speed and send you with our love. Until next time, shalom.

Using Spiritual Logic To Dissect The Issues of Life, As Did The Master
Abraham & Mary, WOODS CROSS, UTAH 07-17-2006
Back

I am ABRAHAM. Greetings. I am comforted to be back in familiar territory. I so value our friendship. I am with renewed optimism each time we gather. While other areas of my ministry may seem to come apart, I am always made lighter to have a visit with you.

We may be different from one another in many areas, but in the most important area we have connection – that being on the soul-level. It is important to have family ties, so to speak, individuals who help to keep us balanced. We can feel peace when we know there are loving individuals who will be honest with us.

We have been discussing ‘spiritual logic’ as of late; something that has worked for me for many years. I was not really an emotional individual in my mortal days, I leaned more toward facts and the reality that was before my eyes. My interest mostly lied with those desires I could make a reality. Learning to focus upon spiritual logic was indeed a good guideline for me to focus on.

I am MARY. Once again, greetings. I am also with a comfort that helps to propel me into the week ahead with good thoughts. Unlike my mentor and friend, Abraham, I was an emotional creature; I relied upon instinct to survive.

The Master’s display of learning to be spiritually logical helped in taming my emotions – or at least filtering them through a cold hard look at reality. I had always hurt for what was lost. I had regretted my past and longed to make it right. I wanted to be clean of mistakes, and this situation of self-pity was a trap that kept me repeating the same pattern. My outlook was hopeless, and I lived my life as such.

The Master’s ministry was an oasis in the desert. As I learned about spiritual logic, I realized that what I believed to be lost was indeed that valuable experience which was adding to the person I was becoming. I was shown that my past behavior was not doomed to keep repeating, but that I could be master over those things that enslaved me. I realized my emotional side that tended to irrationally act out needed to be severely reprimanded.

I had felt I needed to be hard on myself, for this is the language that I understood. Although I had the Master to consult with – and yes, I was in understanding of the Father’s love – but still, I had to find that place within myself where I could best receive Father’s guidance. Certainly, in that state of emotional upset I was not in awareness of the kingdom realities.

The Masters' many lessons on spiritual logic had me to take a certain worrisome problem and dissect it with the logic of the Master. Can you not hear Him say: “How does this problem affect eternity?” “What value can you find from this difficulty?” “How can you incorporate this lesson into the everyday habits of life?”

The Master had always taught us 'checkpoints' where we could measure ourselves up with the lessons of spiritual history – taking Eve for example, knowing how she did shortcut Father’s plan. There are always past lessons we can filter our difficulties through.

What a blessing at that time to have the Master before my eyes. And though it took a while to see, his presence was even more a blessing after He poured out His Spirit of Truth. My friends, you have access to this Spirit of Truth at any time – it is the embodiment of spiritual logic and a wonderful filter to strain your difficulties through.

That is all. I am always honored to be among your family togetherness, and am looking forward to our future. From Abraham and myself, we send you our love. Until next time, shalom.

Finding Meaning, Value, and Understanding In Our Challenges

Abraham & Emulan, WOODS CROSS, UTAH 07-24-2006

Back

I am ABRAHAM. Greetings. I am intrigued this evening listening to your conversation. I am enlightened by your display of spiritual logic. I am grateful to always add to the scaffolding of meanings and values. I am grateful to have this soul closeness with each of you. How blessed I am to have served with you these many years. I am enjoying the addition you bring to my spiritual understanding.

Even though I wore the flesh many years ago it would seem many of the issues of living stay the same. I am with joy to see you each are willing to work out difficulties together; no one is running away and everyone is adding to the table of discussion, which holds an abundance of spiritual food.

I am EMULAN. My greatest pleasure to be back here with you. I have really enjoyed the lessons on spiritual logic. Abraham has asked me to say a few words. As always, my understanding is an interpretation of my experience and education.

My friends, you know well of my story. It feels wonderful to have you know me and allow me to be open. My life in the flesh brought me great pain at one point; the future seemed dim, I was seemingly trapped within my own mind and had not the ability to reason. Pain, whether physical or emotional, is traumatic.

It takes time to filter experience through to your understanding. It would seem my understanding made its first appearance when I was in complete surrender. I sincerely wished for death and had no place to go except to my reservoir of faith, which was not a lot. Every day, small happenings would occur that would align my understanding and bring me new meanings.

I remember that in the mental illness facility of which I was held, I had watched a great deal of individuals battle their demons; I began to look upon these individuals as God's children; they were each loveable in their own way. I learned probably more from other patients concerning faith and spiritual logic than I did from doctors or books. As my ability to reason returned, I was able to shape my tragedy into the wonderful lesson that would not only help me to grow as a kingdom son, but also help others to endure.

We have heard: "Fight the good fight of faith." And in this mortal life, indeed, it is a struggle; it is attainable, yes, but still a struggle. From the struggle comes new light; new tools to advance in your spiritual and mortal life. My struggle was

indeed well worth the reward, and I am with complete assurance that all was lent to an ultimate good. I am with joy to watch you grow and draw ever closer to the kingdom family. Well done.

I am ABRAHAM. Our gratitude to a wonderful brother and Teacher. This week let us ponder Emulan's lesson on finding value in our challenges. How do we fight the good fight of faith? What brings us back to our place of personal peace?

That is all. From all of us, we are wishing you Godspeed into the week ahead. Our love goes with you. Until next time, shalom.

Feeling Unworthy | Father Is Your Working Partner | He Does Not Love Conditionally
Abraham & Mary, WOODS CROSS GROUP 07-31-2006
Back

I am ABRAHAM. Greetings. It is such an honor to be among you, kingdom believers. I am with a sense of peace among you. You are easy to talk to. I have nothing to do to win you over. I am with gratitude to be so welcomed. I thank you. I learn a great deal from the individuals in this group, as well as out into the Teaching Mission in general.

We each must remember that this Correcting Time is somewhat experimental. We will have our moments of seeming defeat, as well as short bouts of victory. You of open mind and heart make our transition into the new era easy and a pleasure. I understand at times there is wavering faith, but even more grateful are we to be in the company of those willing to endure and stay the course. This evening, as we stay with the topic of spiritual logic, we will discuss that tendency of mortals to experience wavering faith.

I am MARY. I am again overjoyed to be in your midst. My experience in wavering faith was much like many of yours. First of all, it was difficult to find faith in anything or anyone who would have me as I am. I found it difficult to believe in 'my worthiness' to receive something so much larger than I could even conceive.

As a child, I was made to feel as if I was a constant burden. I learned to stay out of sight; I attempted to be as little trouble as possible. And because of that, many times I had not dared to ask for what I needed - therefore, I went without. I felt unworthy of any caretaking. So upon meeting my sisters and learning that 'I was loved simply because I existed,' this was difficult for me to even fathom.

According to societys' conditions, I was not to be valued. And really, believing there was indeed a higher power who would have me as I am, took some reconciliation of mind. It was the Masters' easy-going attitude toward me that made me feel like a true sister in the kingdom. I was made to feel a part of the whole and prayed that I would not do anything to discount that status.

Faith for me was a long journey and appeared to have so many branches of learning. I had once believed there was indeed something I could do to either drive God from me, or to be punished by Him in some manner. The Master's reflection of the Father was so beautiful in the fact that it was so casual. It was obvious that what 'society valued' and 'what the Master taught us to value' differed in so many ways.

I really had to break free from my lifelong conditioning of 'unworthy' belief to believe that I was worthy; that I was not in need of continuous punishment, and to know there was nothing I could do to make myself a spiritual orphan. In the second stage of my growing faith, I came to know that struggle between the spirit and the animal. I realized that my work needed to be about the Father, and not about gaining credit for my good works.

As you are with some assurance that you are a participant in this kingdom adventure, you may almost believe at some point you should not make any more mistakes – and that if you did, Father would certainly be much more harsh in teaching you a lesson. Of course, this is erroneous thinking!

My friends, every mortal shall know this experience; and hopefully, in their life in the flesh, will come to understand that because you are with faith you are blessed to know better when you do make mistakes, and not with the feelings of punishment forthcoming and unworthiness. It is easy to feel punished or alone during your times when you have knowingly (or even unknowingly) set aside Father's will in favor of selfishness. Dangerous-thinking is when you still wear the mortal flesh and are believing that you are infallible.

The comfort in our topic this evening is that Father is your working partner. Our Divine Parent is not a punisher or loving you 'conditionally,' no! He is at every moment by your side, willing to show you a better way. Father does not want for your pain. As a good father does, He longs to see you closer to Him. He longs for your success.

In this modern age, what erroneous thoughts do we still hold of our understanding of the First Source and Center? It is understood the Urantia Book is simply a tool – but still, it is the best guideline you have in written form. Let us make effort this week to review its pages on faith. [Editor's note: Here are some other suggested links on faith: Child-like faith; Jesus' example of living faith.] This week, I am challenging you to use love more in your daily doings. Reflect upon the meaning of love. Is it an emotion? or an energy! Is love in short supply? or is it a never-ending well from which we can draw upon!

Our lesson is cut short, but think not less of the importance of our topic. Have some discussion. Know that we stand by and hopefully add to your well of this never-ending energy of which we speak of here tonight. As always, our love goes with you. Until next time, shalom.

I'm sorry, there are no questions this evening. We are due to be elsewhere. As always, we cherish our time with each one of you. Think not that we lose track of any of our student/friends. Our love is ever growing. From Abraham and myself, shalom.

Recognizing And Using Real Love More In Everyday Living

Abraham, WOODS CROSS GROUP 08-07-2006

Back

I am ABRAHAM. Greetings. Let us take a moment to feel the presence of our Father

weaving in and out our beings. [pause.] How grateful we are to you, Father. You strengthen us in every way. You give us the determination to carry on. We are in awe of one who can do so much and ask for so little.

I am with gratitude to be among you, my friends and associates. Each time we meet I am made more. How blessed are we to have our fellowship and grow together as kingdom believers. You are correct in that the world as of late is buzzing with newness. In our efforts we are finding that individuals are turning to something higher than mankind; faith is being exercised. As you said, many still hold old beliefs in man's God.

In this phase of the Correcting Time, many erroneous foundations of faith are made to crumble; and unfortunately, this is creating some chaos in energy. As hard as it is, change is good. Evolution is always leading to an ultimate good. As we witness horrific events, we must keep with spiritual logic and know that Father is well aware of what is going on.

In your own personal surroundings, it is difficult to not be dragged into drama and emotional upset. Many mortals find this drama to serve some purpose. It seems to some that only chaos is productive. You that have been Mission students seek somewhat of a more serene ministry, yes, for it is difficult to deal with the anxiety going on around you. I mean not to set you apart as more blessed than another, but many individuals are not on a spiritual path and see serenity or peace as boredom. To some, chaos really does serve the ego.

Many individuals are starved for true love. We all know the Source of this true love, while some may not know it at all. Individuals search every day for an acceptance that cannot be fulfilled by their fellows. It is important that our ministry reflects an inner joy, an inner peace, and the fulfillment of true love from the First Source and Center.

In all our daily activities we can tend to lose the feeling of love; and as such, we can become accustomed to overlooking real love. Love, as displayed in society today, has a great deal to do with gratification and materialism. You know real love when you have it, for this kind of love is not fleeting and does not cause worry; it fulfills that inner peace that has been a struggle to recognize.

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Many individuals are starved for true love. We all know the Source of this true love, while some may not know it at all. Individuals search every day for an acceptance that cannot be fulfilled by their fellows. It is important that our ministry reflects an inner joy, an inner peace, and the fulfillment of true love from the First Source and Center.

In all our daily activities we can tend to lose the feeling of love; and as such, we can become accustomed to overlooking real love. Love, as displayed in society today, has a great deal to do with gratification and materialism. You know real love when you have it, for this kind of love is not fleeting and does not cause worry; it fulfills that inner peace that has been a struggle to recognize.

This week, I am challenging you to use love more in your daily doings. Reflect upon the meaning of love. Is it an emotion? or an energy! Is love in short supply? or is it a never-ending well from which we can draw upon!

Our lesson is cut short, but think not less of the importance of our topic. Have some discussion. Know that we stand by and hopefully add to your well of this never-ending energy of which we speak of here tonight. As always, our love goes with you. Until next time, shalom.

Demonstrate The Master's Version Of Love, Without Judgment and Expectations for Self
Abraham, WOODS CROSS GROUP 08-14-2006

Back

I am ABRAHAM. Greetings. I am enjoying this wealth of love and compassion for one

another; it is what we hope for in the brotherhood, our fellowship.

It seems many times in this society that age is detested or unvalued – that is, materialistically-speaking. Should society view age with spiritual logic they could learn so much from those who know, for those who have lived have a great deal to offer the inexperienced.

Likewise, it is a great gift to those moving into Light and Life to begin to see with spiritual eyes instead of material – that daily life holds a great deal of meanings and values which does continue to drive individuals to welcome newness.

Back to the topic of love: I should say, I spent a few moments with you each this week; I find you to be very loving and caring individuals; you each show it in many ways. To me, in my day, I felt love was surely a weakness. Thoughts of love took me away from my focus on obtaining my ego needs. I was indeed bent on power. I valued wisdom and strength over the spiritual definition of love.

I found love to be painful; and yet, that was the very thing that drew me to question God, for I had longed to know the reason for pain and why love could make me do crazy things. Machiventa taught me that love is God's hand in action – an energy that held a great deal more power than anything, especially ego-needs. It seemed clear that conquering a city or obtaining more wealth was nothing compared to the smile on a child's face. That was a lesson well learned, and I used it throughout the remainder of my earthly career.

I had deep sorrow and pain when having lost loved ones or having some sort of turmoil with those I cared for. I almost became convinced that it is better to have not loved them than to be weakened by pain and the 'fear of loss.' Machiventa was so correct when he taught me that the true lessons of life were in my dealings with my loved ones – in learning to let go and simply trust God.

Yes, Machiventa was reassuring in the fact that God always brought about an ultimate good in any decision, good or bad, as the Master lived and revealed in his mortal life. It really is a part of our ministry to continually demonstrate the Master's version of love: He was acceptance without judgment; He was without motive or manipulation; He was without the fear of loss, or mistrusting the Father and the ultimate good.

As you grow in your spirituality, the next phase of your eternal career becomes more real and accessible. This life and the next will run together so that we can believe that in the end, all is made well. We can know as many people as possible and have love for them all – there is no limit, and believe me, it is all valuable.

This week, let us love as the Master loved – without judgment! and, without motive of expecting anything in return. Take upon yourselves the joy that real love brings. Let us allow the energy of love to create change. Have willingness.

That is all. Know that I am with growing love for you each. Know that we are always at hand should you have need. Go in peace. Until next time, shalom.

The Life of Jesus Helps Us To Have Full Trust In Father
Abraham & Mary, WOODS CROSS GROUP 08-21-2006

Back

[According to the Urantia Book revelation, this day, August 21st, is the actual birth date of Jesus, the babe of Bethlehem.]

I am ABRAHAM. Greetings. How blessed are we to have one another. It is wonderful to spend these few moments with you on this day, the day of our Lord's birth.

Jesus said to His apostles, "How much more you will learn when I come in a different form as the new Teacher." All these topics you have discussed this evening are with abounding hope that the Master's Spirit of Truth can easily handle things globally. Imagine millions more like yourselves who want for peace in the world. Individuals practically want for the same things in life.

Our gratitude to Father and His associates for putting the plan of correction into action. Progress seems slow, but we are talking about mortals on a mortal world where there is no magic wand! There is however, caring individuals who do what they can to promote truth, beauty, and goodness. A little willingness is all that is required to create positive change.

I am with the belief that when a child is in quite enough trouble they will eventually turn to the parent. I believe in this time of Correction, the child 'Urantia' is turning to its Universal Father. We rejoice.

I am MARY. I am with gratitude to spend this time with you who continue to look forward to working with the Master in everyday life. I am made glad to look back on His day to see how seemingly small beginnings on this world created great change.

The life and teachings of Christ did not cure the world, no! but it sure created great change or enough upheaval, so to speak, that individuals would begin to trust in the good Father who is unseen, as opposed to a cruel ruler who could make their lives miserable if they did not do His bidding. In other words, people began to trust God more, and to fear the material repercussions, less.

This Correcting Time is not a cure for the ills of society, it is only a step in evolution. Individuals must have the willingness to give of themselves to create greater change in any capacity. You that are the good citizen of your community, create positive change. You that are the good parent, create positive change. You that serve coffee with a smile to your customers, do the same. Yes, from individuals who serve in a large ministry, to one person who simply aids in a fellow's mood - these are those who will lead our world to different times.

Will we be more civilized? I don't know. but hopefully. At some point, we will all have that willingness to be open to creating change for the better. You may never see your name in lights or on the pages in a book. You may never be known by mankind or given all the credit you are due. But believe me, when you are with the understanding of what it means to be a kingdom sojourner, then you will know that any notoriety is not necessary, for you are with the new Teacher - the Spirit of Truth. While this Spirit of Truth is outside of your vision, He is becoming more readily utilized.

This week – as we think over the Master's birth let us review the good throughout His life. Let us not concentrate on those times of His sorrow or how certain individuals made fatal mistakes, no! but let us remember the Master's enjoyment in fraternizing with children; how He was so amused by His elders; how He was awestruck by the beauty of the planet; how He was so merciful even in the face of something that we ourselves could not possibly bear. Let us reflect on how good the Master was to His mother, His brothers, His sisters. How happy was Joseph to have had Jesus for those fourteen years? Believe me, Joseph was a simple man and Jesus brought him pure joy.

Also this week, let us remember how the apostles loved the Master – so much so that they were willing to give up all things earthly to serve in His ministry. And, as mentioned earlier, let us ponder upon how Jesus helped uplift the standing of women in communities. He was our example, yes; and still is. I would end our meeting with a prayer.

Our Father over all things, we are with humble gratitude to accept your gift of change from two-thousand years ago. We are in understanding of our place in the Correcting Time and want to make the most out of every moment. Help us to see more, hear more, love more, and live more. Thank you for our Master, our Brother/Father. Amen and shalom.

Living The Life Of Spirit Is Not A Life Of Ease. Real Life IS Our Ministry

Abraham, WOODS CROSS GROUP 08-28-2006

Back

I am ABRAHAM. Greetings. I am here because of your faith. You each, as individuals, have a great deal of faith that is displayed daily. This faith does a great deal to help our cause.

You each have a history that has brought you to this point in time. You each have been placed carefully; this is not accidental. Your lives are not simply 'by chance,' no! a plan was prepared long ago. You were called, you accepted the call, and trust me, you are doing very well. Continue to carry on in your faith. Think not that every day is simply accidental. You are forerunners in this Mission and carry a message. You are strategically placed. Lose not faith. Lose not focus.

Many things will happen that you don't understand. These things are simply part of something bigger that helps our Correcting Time to grow. The world is at a crucial time of decision-making; there is a war in the hearts of men. We are fighting to bring awareness of truth, beauty, and goodness. Have not worry, my friends. Keep an eye single to the glory of God.

It is sometimes funny when people who are following the Spirit believe that normal life will simply escape them. Look at the apostles, they sought a place of honor and yet, there was none – they still had to work for their supper; they still had to find a place to lay their heads at night; they still had to clothe their bodies.

The apostles' ministry was 'as they lived their lives.' They were not set above normal life, no, they still had the same issues as anybody else. These men and women

ambassadors were only with the Master about three years; their greatest work was after He was gone. When the apostles were left to themselves, that's when the real work began.

Yes, my friends – real life is our ministry. Your issues with family, work, money, community, is your ministry. Lose not faith. Remember to keep observant. Be aware of your levels of emotionalism – a calm mind has a greater capacity to receive Father's words.

I want to speak with you each personally this week. Make time for me in the stillness. Together we are to carry on. That is all. My love is growing for you always. Go in peace. Until next time, shalom. [There was a possible September 4th lesson, still not found.]

In Ministering We Also Need Ministered To
Abraham, WOODS CROSS GROUP 09-11-2006
Back

I am ABRAHAM. Greetings. Grateful am I to be surrounded by such faithful children. Your inquisitive minds always drive me to do further research on my own for increased knowledge. It is an honor to be with individuals who can think of the universe—in its grandest form on down to its most microscopic. Such is our Correcting Time, our small ripples create great waves of change. And by that, I mean change in any manner of thinking; it could be positive or negative—either way, an ultimate good results.

This is the beauty of faith. We can look at what we are handed, and feel within the depth of our souls that this is not all; there is always more, there is always deeper meanings and values. The Correcting Time was never meant to abruptly shake man from his spiritual slumber; the Correcting Time was only to plant seeds that man would want to grow for himself. I appreciate knowing those small steps you each take in helping our Correcting Time to take firm root in an enduring and fertile soil.

The last time we spoke together as a group we remembered the apostles learning to live the ministry in everyday life. As the apostles had to learn, we must also learn – that the ministry is also for us, personally. We are to be cared for also. We are to learn and grow, as well as teach and uphold faith.

It seems there are certain times in the mortal life that one wishes not to be seen as needy. We see it as a propensity that even those who would consider themselves to be forerunners in a Teaching Mission such as ours can believe they are to minister to, and are in need no longer of receiving ministry.

As we look back on the Master's life, we can see His effort made to rally the apostles to uphold Him in His cause; but as mortals often do, they fell short. The Master, however, maintained His strength in putting total faith in Father and knowing that with Father all things are possible.

Things in this mortal life might not always turn out as we hope, but at least we can count on sufficient strength to weather any storm. Many things will seem to fall short of your expectations in this life. The most mindfully healthy thing we can

expect is Father's participation, in whatever form that may come in.

This week, I ask not for assignments but for you to find rest and reversion. Take time to play and find the lighter side to living, for these past few weeks have created enough serious thought. This week we shall give our minds some rest. That is all. My love is ever growing for you each. Go in peace. Shalom.

Surrendering To Father Brings A New And Better Way
Abraham & Mary, WOODS CROSS GROUP 09-18-2006
Back

I am ABRAHAM. Greetings. I thank you each for your participation in the wellness of our group. It is apparent that you each take a certain amount of responsibility to create peace. Each of you really do have a gentle side; your tact and humor have this area of our Mission running like a well-oiled machine.

I trust that you all had some sort of rest and reversion this week. It is healing in many ways - physically, mentally, spiritually - to rise above your concerns and find rest.

I am MARY. How wonderful it is to be with you again. It would seem that today's mortal life holds so many issues to ponder. It would seem that the world moves at top speed; and even then, to many, it never seems like enough.

In my day I mostly worried about survival. It seems that the larger issues of that day and age were 'out of reach' for the people; we were deeply involved in 'tradition,' and if one person tried to create change, of course they were going against what has always been taught to be right.

Today you have more freedom to break from tradition and to search out new and better ways for the quality of everyday living. Technology puts the world's issues at your fingertips; so much information is readily available. I suppose in my day, life was much more simple because of the lack of available knowledge.

We see the majority of individuals on Urantia as good people, all wanting a just and united world. Unfortunately, there are those still bound by old tradition that keeps the cycle of ignorance in motion.

My friends, how you live your very lives is the best you can do for our cause. Doing what you think is right and good sends a message - it is easy, really. Of course Father will set you up for special tasks that help in our rippling continuum for the Correcting Time. You can say 'yes' or 'no' to these assignments, it matters not, the time of Correction moves forward, regardless.

I do know that time made to clear the mind is always a blank canvas for Father. Stillness is one way to rise above those thoughts that consume your mind. There are other methods as well that refresh your mind and improve your attitude; and this is individual, of course. Those things you find that help feed your soul are also good for the mindal refreshment and rejuvenation.

As a young woman, I was plagued in mind with those things I needed to do to survive.

It was somewhat animalistic and all-consuming. How grateful I was to meet my sisters, who finally convinced me there was a better way. At first, I rejected my new sisters' ideas, wondering: "How would I maintain my self-support? "How will I eat? "Where will I lay my head at night?"

It took some surrendering, yes, to be open to those seeds that Father was trying to plant. It was a struggle for me to believe there was any better way, and that I could actually be empowered to create it. Surrendering, for me, was indeed cleansing; I felt a release from the pressures of the world. I knew that Father knew everything I had ever done – and still, He was there to help me change in mind. I was reprieved, so to speak, of my past sins, and new life was in the works.

This week, we want to suggest pondering the issue of surrender and what it meant when the Master said: "He who tries to save his life will lose it, and he who loses it for my sake will be saved." Rise above all that external stimulation, my friends. Find time each day to feed the soul.

We are so honored to be among you as kingdom believers. That is all. From Abraham and myself, we bid you, shalom.

Surrender Is Stillness And Faith, Allowing Father His Space | A Word Regarding the Muslim Faith

Abraham, WOODS CROSS GROUP 09-25-2006

Back

I am ABRAHAM. Greetings. I am finding your new ideas for keeping your minds spiritually focused at our meeting-time very wise indeed. In this fast-paced world sometimes we must squeeze the most out of every minute. Your intentions are honorable; and for that, I thank you.

Every day you take these small pearls of wisdom out into the world and try to make a difference. I am made glad to know that you are seeking wisdom and focus on something that you know to be tried and true. We are grateful you are not standing upon wish-fulfillment, which brings us to last week's topic on surrender.

Surrender is not simply doing nothing; sometimes it is a grueling effort to forgo what outcome you would wish for and allow Father His space. Surrender, in our definition, is not the same as man's definition. Surrender is not weak or lying down to be overtaken. Surrender is stillness and faith.

We need not be limited by our own capacity for wisdom, no, for we have access to the eternal ages of wisdom. Surrender is empowerment to see various possibilities and find courage to take steps toward actual solutions. Surrendering is more of a mental cleansing – it is rest from the exhaustion from inner struggle; it is hope that you have help, always. Surrender is the assurance that you are not alone; it is a rescue, so to speak, from erroneous thinking.

With each generation there are drastic changes, and we as Mission participants have to be able to see long distances; we are going to require a great capacity from you each to accept the 'abnormal.' Surrendering our own wishful thinking will help to usher in higher thought, more understanding of the past, and encouragement for the

future. Our Mother Spirit is quite knowledgeable of the most progressive way to welcome surrender. As we re-create the definition in our minds, let us request Mother's input. This evening I thought I would take questions if there are any.

HARRISON: Abraham, in Urantia Book there is a section where Ganid talks about the other religions of the world. And in reading this, I see that the good things about those religions were emphasized, but nothing about the Muslim religion – for that matter, in any portion of the Urantia Book. I wonder if you could comment on that. It just struck me as odd, given the situation today with the Muslim faith.

ABRAHAM: The Muslim religion was not pointed out and elaborated on in the Urantia Book, specifically, correct; but there are some truths, nonetheless, that are contained therein. I realize that at one time the Muslim religion was in a more pure form. Over the years, man has had too much liberty with the changing of its true practice (Islam) – and it is not what it once was. The Urantia Book, at the time it was presented, touched upon those religions that were somewhat well-known for that day and age, and the Muslim religion evolved long after Jesus' day. The Urantia Papers would never mean to exclude anybody. Neither would it endorse anything that was harmful. Our Father is no respecter of persons and He knows of the many people who cannot escape their tradition. There are individuals, however, that will be forceful in truth 'as they understand it;' and this will bring a slow awakening. Unfortunately, great negativity will occur before positive things can be felt that is lasting. Is this helping, Harrison? (Harrison: Yes, thank you).

MIRIAM: I've been reading the Urantia Book recently where Gabriel and Michael were chatting about what He was going to do when He came to our world for His seventh bestowal. Gabriel said, in essence: "You can take care of the Lucifer default, and then leave the Spirit of Truth." Now this is just my impression. When Michael got down here and lived His life as Jesus, He followed His Father's will and lived it a little bit different than what was planned. That just blows me away how powerful that is; and, how possible for all of us to seek Father's will. Jesus lived the human experience in reaching for Father and that just seemed pretty profound to me. Am I off the wall here?

ABRAHAM: No, I understand. Even the most elaborate planning will need some revisions. All was dependent upon the will of Father. Part of Michael's gaining sovereignty over Nebadon met with the terms of eradicating the 'Lucifer Rebellion,' yes. Michael could have worked in other arenas as far as the Rebellion was concerned, but it was acceptable to take care of that business while Michael was here on His mortal bestowal. The Lucifer Rebellion was taken care of before the pouring out of the Spirit of Truth. The Spirit of Truth was to replace Jesus' presence and allow each man, woman, and child a chance to know Michael, personally. Again, this was helpful in establishing the kingdom of God here on Earth; it helped to put spiritual 'potentials' into 'actuals' and subdue some of the fear from the erroneous thinking from that day and age. Yes, overall, what a marvelous plan. I am in agreement on how profound, as you say, Jesus' mortal example was. How fortunate and blessed we are to have been the recipients of Michael's seventh bestowal experience.

MIRIAM: Thank you, Abraham. Can I ask a quick follow up? So the Lucifer thing was

settled 'before' Jesus' crucifixion, as you just said; but the Lucifer 'extinction' you've told us about – that happened only a few years ago? In our prior lessons, you said that 'he was no more' because he, and those who held strong with him, had made the final decision which was contrary to the Father's will. Is not this a 'cause and effect' thing? Did it just roll out like it was supposed to then? Is that it, in a nutshell?

ABRAHAM: Somewhat. The last and recent event was the adjudication of the Lucifer Rebellion. The Ancients of Days sat in judgment of Lucifer and offered him a plea to redeem himself. But he was to have none of it; he was to continue on saving himself and feeling remorse over nothing. You could say that Michael's bestowal captured and held him, some two-thousand years ago; and the most recent event had judged and sentenced him. Does this help? (Miriam: Yes. Thank you.)

TECTRA: I understand that all these things on this planet will work out with evolution, over time. But can you speak to what is going on with the extreme polarization of ideas around the globe? The terrorist thing, for instance – one could go on and on how it is really creating a fearful and judgmental attitude with lots of people. Can you elaborate on this 'polarization of ideas?'

ABRAHAM: Certainly. A while back we had discussed individuals needing to make a decision concerning spirituality. There is the pressure from those 'on high' to bring this awareness to the masses, yes. And of course, in man's own way, he turns it into some form of materialism. There are extreme opinions of this day because there are extreme measures. There are inhumane acts that continue to plague a great deal of the so-called 'civilized society.' This is an era for the need of self-mastery more than ever. Man has such a hunger for power; and, for those things that supposedly bring him this power. The associates of Light and Life are attempting to reach individuals on a spiritual note. And yet, many of the world's people are solely concerned with 'survival.' And this everyday survival is the most that many can find energy for. The 'extreme' thoughts of today are really no different than those of any other day and generation. You are correct in that it is part of our evolution. The most that we can each do for this day and time is to live purposefully as individuals who are in favor of Father's ultimate good. Is this helping? (Tectra: Yes. Thank you.)

With that, I shall take my leave. I am so honored to be among you as a friend and co-worker. You each are truly unique and wonderful. My love is ever growing for you each. Until next time, shalom.

View Everyday Difficulties As Challenges And Advancement In Spirituality

Abraham & Emulan, WOODS CROSS GROUP 10-02-2006

Back

I am ABRAHAM. I am enjoying the peaceful surroundings here this evening. I am appreciative of the realness. I believe that your comfort level with one another makes our communication much more smooth and accurate, for your mindal mode is in somewhat of a surrender-mode. You are accepting of my words and open to multiple meanings. Well done.

I am EMULAN. I am honored to be among you steadfast soldiers for the kingdom. I am

always with open ears to learn of your experiences and watch the tides of Urantia turn toward Light and Life.

I know this time of year can be heavy for some of you. On my world, we had similar seasons and the closing of warm weather seemed to turn mortal minds to a more serious attitude. I found that my times of seriousness were often times of great creativity. During such episodes I often found myself writing songs and composing music. We can see these times of creativity as an open door to heaven, or a temporary removal of the so-called veil.

In today's world we can see that our animal surrender can simply be a stilling of the mind and desires. To see Urantia move toward utilizing the ability of the higher mind, there must be those individuals who are willing to stay the course, to set an example. Our Mission participants can view their everyday difficulties as challenges and advancement in spirituality.

Yes, each one of you is an example of a light and a new hopefulness in what seems to be a chaotic and hopeless world. We do reach for divine assistance to 'rise above' in any circumstance - we can surrender and move forward. Each day you are in contact with various individuals that view you as someone who has insight into newness.

Yes, everyday life will happen, it doesn't matter who you are. Such is the mortal experience on an evolutionary planet. This experience is why you are here, it is the bridge to the next step in your eternal career.

As mentioned earlier, your focus is important. We have to believe in the good. We have to keep with faith. All experience, as you must know by now, leads to an ultimate good. I am with the belief that anyone with faith can travail the most treacherous path and become better for it.

This week, let our thoughts be simple and only dwelling within our own environment; take them not out into the world at large. Let us once again be with the mind of a trusting child and make effort to see Father's hand in everyday life. Let Father help make your lives more manageable. He empowers you with all you need. Have not worry.

That is all. Again, it is wonderful to be among you kingdom believers. Let us continue to go forth and carry the light. From Abraham and myself, we bid you, shalom.

Removing Those Stumbling Blocks On Our Spiritual Path

Abraham & Emulan, WOODS CROSS GROUP 10-09-2006

Back

I am ABRAHAM. Greetings. You are a colorful group this evening. I am enjoying your enthusiasm. Your calmness in discussing other belief systems really shows your confidence in your own, and that is quite a step in spiritual maturity. It is inspiring to see you meet life as life is; we need not make it something more, we need not play into the drama. We accept nothing more than truth, beauty, and goodness - and that is certainly a reason to rejoice.

I am EMULAN. What a joy to spend two weeks in a row with you. I have learned a great deal from each of your unique personalities; I find every family member plays a role. Of course you always work toward the common good and place Father as your sovereign. This is good.

I have always found identity (or labels) to be rather fascinating - most interesting. In my earlier days as a mortal, I did seem to do well in life if I had a healthy outlook on who I was as a person. Of course I toiled for the opinions of others; I relied upon their acceptance, unfortunately.

It would seem that I had a certain amount of self-satisfaction, a fairly high opinion of who I was at that time. I was first of all, pleased with my blue-collar employment. I was a good citizen, husband, and father. The fairly high self-esteem, however, was to come crashing down and I was made to find the true substance of what I was made of.

I am loath to rehash my story, as I know that most of you are familiar with it - and then again, I am grateful to be in the company of those that understand me so well. I had lost my wife and daughter in a tragic accident; this had indeed crumbled my world. My supreme self-esteem was no foundation on which I could stand and remain strong.

My heartbreak caused me to be completely humbled and brought to my knees. Those things I thought were important were but mere shadows, and I lacked the spiritual strength from which I could springboard to new hope. This experience indeed drove me to such depths of anger, and the unfairness of it all caused me to hate God - "if there was one." I was terribly broken and made to start from the bottom and either disappear, or overcome.

In times of humility the angels whisper in your ear; they long to encourage you to be open, to receive ministry, to stay hopeful and not give up. Yes I realize - to be so very humbled it can indeed be difficult for one to listen, especially with an open mind or loving heart. I do know that with every step I took, Father took several towards me.

The time that was passing seemed to be the most difficult to accept; and yet it was necessary to grasp hold of some lasting growth. I learned it was helpful to talk with others. I indeed isolated myself in pity many times. It was my small attempt at fellowship that opened the door to hope. I had a great deal of emotion to harness and find the meanings and values therefrom. I really had to learn the process of making God my friend - for in my own mind, He was my enemy.

There was a great deal of inner work I had to achieve to understand that Father longs to help His children. My friends, He is accessible. Never is there a time in the mortal life where He is going to punish you into submission. He is indeed a loving co-worker. Many times we receive help from fellowshiping. Yes, many times the words of God come from the mouths of our friends, and vice versa.

This week it is suggested that you ponder Father being your friend, your co-worker. Make attempts to fellowship out among those in your small environment. Know that the

Spirit of Truth delights in moving through the brotherhood. What inner work might you need to look at in order to remove those stumbling blocks that keep Father at a distance? That is all.

Again, we are with such excitement to be a part of you that are helping to bring about change. All our love goes with you. From Abraham and myself, we bid you, shalom.

The Spiritual Life Does Require Effort, There Are No Shortcuts

Abraham, WOODS CROSS GROUP 10-16-2006

Back

I am ABRAHAM. Greetings. I am enjoying your conversation this evening. You are growing into the idea of new possibilities. The waters of spirituality stay not still for very long. I am inspired by your courage to go well beneath surface levels toward finding real answers, even though they may seem harsh.

I see positive change among you. I see how tirelessly you each have put forth effort to stay the course. I know when times become mundane (or realistically unpleasant) people feel a need for escape. I thank you for remaining real and continuing on with me.

I am also grateful for my friend and coworker, Emulan; his presence here brings us a confidence in our ability to understand the mortal living of today. Last week Emulan discussed removing stumbling blocks on our spiritual path and what were the small actions we could take toward having a continued hope.

I realize that the average mortal today has every amenity at their fingertips. Hard work is sometimes thought of as something to achieve while sitting at a computer. Those life efforts that were once so challenging are now as quick as the press of a button.

Spirituality, however, is the same as it always was - requiring faith, effort, experience, and time. There still are no shortcuts to obtaining mass amounts of memory overnight, no! Each lesson is slowly learned so as to become a part of the experiential foundation gained here as a mortal.

Yes, the spiritual life does require effort; and in this instant society, there is some conflict with that - "we want everything, and we want it now!" Believe me, I understand and can sympathize. My best suggestion for you is to remain committed to the work of spiritual advancement. Prayer, stillness, and study are requirements for this course. Acceptance of the realities that are before you will be helpful in your learning.

Never can you look out over your mortal life and declare "I have finally made it." Even the end of mortal life is the beginning of another. In our spiritual careers, we are always absorbing and making advancement. There are seemingly stagnant times when we see ourselves to be standing still in unproductive experience; I say these are perhaps times when we should stay most observant because the real lesson is probably occurring. Just because emotions are not in upheaval doesn't mean there are

not lessons to be gained.

Father is very intellectual. The mind circuits are amazing in that they truly serve the whole – one mind at a time. Mother and Her adjutant mind-spirits also teach with senses that are beyond your scientific explanation. As spiritual individuals, we can rely on this, these are our tools. It is up to us to make effort to keep seeking.

This week, review your study habits. Make time for some reading, as well as stillness. Let us contemplate our moments of prayer – are they worthy of Father's attention, or are they given as a token to buy off the well-wishes from Father for the day? Who is prayer for? Have discussion next week on the unlikely benefits of staying in contact with Father and our divine universe Parents – Michael and Mother.

That is all. I am so overjoyed to see your faces each week. I am indeed blessed to be your friend and Teacher. My love goes with you. Until next time, shalom.

Following A Natural Rhythm Connects Mind, Body And Spirit

Abraham, WOODS CROSS GROUP 10-23-2006

Back

I am ABRAHAM. Greetings. Tonight there is such a feeling of faith. We all thrive on this energy and are literally better connected as the materially seen and spiritually unseen. I am grateful to know you are each active in living the Master's example. No one is perfect by any means, but your effort to me, personally, is quite touching.

There is really quite a large group of Urantians that are working in the solutions that will help bring this world toward Light and Life. I say, you are part of this group. I know of your personal struggle, and still, you continue to stay the course and work toward a new and better way.

In today's psychiatry, the most popular term used to describe common struggling individuals happens to be 'dysfunctional;' it would seem that the majority of the planet is somewhat 'mentally ill.' This of course is just rationalizing the human condition; it is simply a number of scholars explaining the lack of self-mastery in the world today.

There seems to be a number of reasons why one cannot seem to accept personal responsibility or handle accountability and common obligation. A good example is to look at the children (and even some adults) diagnosed with 'attention deficit disorder.' Adults go against the natural capabilities of learning/growing children by keeping them indoors for hours on end, and then wonder why a child can't learn properly.

In the days of old, children were taught a great deal of work around the home. Life was quite active and fitting for young children; there was something always holding their attention, and always something to learn simply to maintain survival. Book-time was short and yet, what was read was retained; where a child today may be blinded with the amount of light coming their way.

It is interesting to study those on worlds settled in Light and Life; they follow a

most natural path. Everything on these worlds is done in a rhythm that connects mind, body, and spirit. Nothing is forced; life is lived peaceably and enjoyably. There are rhythms of the material body that work best when they are set by environmental factors such as 'when it's dark, bodies should have their rest.' Yes, when there is an urge to do certain things it comes rather naturally, without struggle.

For example - again referring to education and the growing mind: Many individuals have a dream of attending a college, and yet right in the midst of their years of discovering freedom or adulthood in the world, they go to college and then fail. Had these individuals waited a few years; had they a little experience and time to settle down and follow the natural rhythm of the mind, they could have found success at attending higher education at a later date.

Let us note that every individual is different. Each has different rhythms of the mind and also connects to the circuits in various ways. Society can no longer plan out an individual's life, limit them with boundaries, and then not expect them with the feeling that they do not 'fit in.' The world is correcting, have not worry. The circuits to Urantia are becoming stronger every day - more noticeable. Many will find more freedom; and some will squirm in the change.

This week, let us be still enough to find understanding of the rhythms of our own minds and bodies. Let us continue to be in the 'solution' and not so focused on 'what's wrong.' I am honored to be a part of you. I thank you for your dedication to living the spirit life in what seems to be unextraordinary times.

Again, it is my pleasure to serve with you in this Correcting Time. My love goes with you. Until next time, shalom.

Allow Ourselves Father's Pruning That We Might Bear The Fruit Of The True Vine
Abraham & Mary, WOODS CROSS GROUP 10-30-2006
Back

I am ABRAHAM. Greetings. I am sorry for the delay; it takes a few minutes to quiet the busy mind. I am feeling so connected to the energy here this evening. Our routine is somewhat disrupted, and still we forge ahead. I am grateful to our absent hosts for providing our meeting place. [Editor's note: Harrison and Sarana were not present this evening, but made their home available for this meeting.]

ABRAHAM: I am grateful to you, my faithful, for your willingness to learn and share our living gospel. No material circumstances stop us from working the Master's plan. "What the Son desires and the Father wills, is." We have spoken of the wonderful Vine that He is. We, His branches, are doing our best to be fruitful. Of course we are pained from time to time from the Father's pruning, but we have made our commitment to the Vine. Being Michael's branches, we are committed to the Father's pruning. The Father is the husbandman and He will see to the ultimate fruitfulness.

I am MARY. I am filled with an inexpressible love for you each. I have come to know you and I am intrigued by your unique personalities. Each one of you that adds to our energy this evening is quite inspirational to me. I am pleased to see the

natural rhythm of the group. There is definitely a firm foundation of love and intelligence. I thank you for allowing me to be a part of you.

I am thinking back to when I had made commitment to the plan and purpose of the Master's cause. While there was true joy, there was a great deal of upset and transformation for me. This was not pleasant, but very much necessary in my spiritual advancement.

You see, I had asked for the change on a 'soul level.' I desired to be transformed in the depths of my heart and soul; and yet, when change came, on an animal level I was indeed with the mind of rejection. I had asked for change, yes, and I definitely received it. I was that baby chick breaking through the shell of growth. At first I was indeed uncomfortable with this change, this break-through. Do you see, once I had asked for it and had committed to it - and then when growth and change came knocking, my animal fear had tried to stop it.

My friends, know that this is completely normal in the mortal life and to be expected. With the Correcting Time, you will be set in various places that will create the ripple of change; and this is not always comfortable or pleasant, no! for there is always an adjustment in mind to be made. I was somewhat comfortable in my situation before my sisters had arrived; I knew what each day brought. There was somewhat of a freedom to answering to the animal self. I cared not of love, and I cared not of others or myself - this was my routine before joining the Master's cause.

My sisters brought to me hope and help to break away from my poor quality of life. I enjoyed their fellowship, their new hope, and the discovery of inner strength - which I did not know existed. I was feeling advancement. I was feeling like I was receiving new awareness.

In all this, I had begun to understand the plan and purpose of the Master. To know Him, gave me the desire to work toward His ultimate goal of learning and sharing the new gospel. In this understanding, I had made a commitment to Christ and the Father. I made a commitment to growth. I felt that connection of 'the branch to the Vine.'

In my commitment as a branch, I felt the discomfort of being pruned to become more fruitful. Mistake not my words, I also felt the joy in my connection to the kingdom, yes! but it took time to find my place of balance - to realize that while the pruning is uncomfortable, the fruitfulness is indescribable joy, a certain connection to heaven.

This week we are asking you to allow for the pruning. Be observant of the growth and make an effort to feel relaxation in advancement. Ponder in your daily living your connection 'as the branch' to the living Vine. I am with great affection for you, as is our mentor, Abraham. We will bid you farewell and shalom.

Mary's Dilemma Being Assigned Menial Chores By Her Dominating Sister Apostle
Abraham & Mary, WOODS CROSS GROUP 11-06-2006
Back

I am ABRAHAM. Greetings. I am feeling such comfort here this evening. There is

either a peaceful countenance about you each, or just simple exhaustion. You always make me feel welcome and needed, and that is fuel to my soul.

We always speak of the Correcting Time; after all, it is our goal as Teaching Mission participants. I am amazed at how the Correcting Time and Michael's Spirit of Truth is blowing through every culture, every society, every group. We hear every day that some person who was set upon a pedestal, has fallen. We hear of the individuals who are in places of authority who find they are no different than the average person.

Correcting Time events have unfolded to connect every individual. There are no mortal heroes. There is not one seat higher than another. The Spirit of Truth continues to sweep the land clean of those that would cause separation. Beyond gender, race, and social standing we are simply children of God. Hopefully, events to be played out in the future will bring individuals closer together, not feelings of separation. Not one is better than another! and until this is common thought within each mortal the hard lessons must continue.

Is the individual who kills an abortion doctor better than the one who had the procedure? How about those individuals in certain religions who come out as homosexual? What about the college professor who is caught with child pornography? The Spirit of Truth is exposing the truth, yes - then the Father steps in for correction.

For some individuals today, staying with animalistic behavior is acceptable. But I can tell you, in this our Correcting Time, individuals are searching for deeper meaning. Many give up on finding the deeper meaning because Father's time appears to be too slow. You that have some experience, do know the meaning of endurance.

I am MARY. As always, I am honored to be among you. I have loved these past few lessons, but this evening I believe we will go about a different direction than normal. I always refer back to my own experience, for that has served me well.

When I was new to the ministry of the Lord I was eager to go forth and do His work. I believed that a godly woman served where she could and always did the right thing. There was a time where one of my ministering sisters was quite dominating with me. True, I was new to the ministry and was grateful for her help, but her domination began to create resentment within me. I didn't want to say anything that would hurt her feelings or appear to be ungodly.

This woman began to take advantage of my spiritual outlook and would assign me chores that everyone should have to do, not just one person. But I did them - after all "I was doing the Lord's work" was my thinking.

For wanting to be a spiritual individual I surely developed hatred for this woman. I felt, "who was she that she could treat me like a common maid?" She grew up in a wealthy home whereas I grew up on the streets. I felt my highest potential was not being utilized, and it appeared that this woman wanted me to serve her rather than the Master. Of course when there was progress to report to the Master, she was front and center. I was becoming so bitter that I wanted to scream out. I had done most of

the footwork for certain projects and had received absolutely no credit.

I will stop there. Ponder this dilemma this week and discuss your views on possible solutions. What should I have done? I do enjoy my time with you. Abraham and I send you our love. Until next time, shalom.

Our Feelings About Self Results In What We Perceive Others Feel About Us

Abraham & Mary, WOODS CROSS GROUP 11-13-2006

Back

I am ABRAHAM. Greetings. I am energized by your enthusiasm this evening. I understand your concern for worldly affairs. Your discussion with one another helps to create new thought. It is as if the universe is playing a game of chess and all are in anticipation to see the next move.

On a smaller level, I am with the belief that most Urantians want what is true, beautiful, and good. That definition may vary from person to person; there is a mass feeling of angst and lack of control. Have not worry, the Master has all of His players on board and has mapped out the greatest and highest plan of good; He has placed each one of you, as well, for your tasks. In your smallness, you do create a difference; you do create new thought that ripples even through the minds of surface-thinkers. On that note, I will leave you to our sister, Mary.

MARY: Greetings again, my friends. I am in awe of your ability to be open with one another; what a beautiful friendship. It was not too long ago where men and women could not sit together and have honest discussion without repercussion. I am happy to see this simple evolution.

I thank you for taking interest in my story and lesson from last week. Your input today is quite insightful. As I remember my frustration with that particular situation, [Editor's note: Mary's shared experience regarding the sister-apostle assigning Mary the arduous tasks], I am reminded of how I had gone to a few of my sisters and presented this dilemma to them; they were in agreement that this woman I had resentment of was indeed power-hungry and longed to be in control of situations.

I wanted to be of service and yet, my spirit was crying out for freedom. I had thought within my mind that confrontation with this woman would be useless because she would deny her faults and focus on mine. I then went to have a conference with Andrew, the Master's chief apostle. Andrew had not knowledge of the situation and had a difficult time grasping my frustration.

Andrew did relate with me through his understanding of his brother, Peter, and how he (Peter) was with the enthusiasm to jump into any situation without thought. Peter was like a child who continually longed for a pat on the head. I realized I was also like that child. I felt the need for continuous encouragement. Andrew was helpful, as was my sisters who put forth their caring and took the time to listen to me.

I continued on with my daily chores with a renewed mind of observance. I came to realize my own feelings of inferiority and that I had projected this into my relationship with this seemingly difficult woman. As I came to know the

unconditional love of the Father and our Master, I began to have some real connection to the kingdom. I began to feel a part of the ministry, side by side with every individual.

At first, yes, my ego had struck out for attention and credit; I felt unworthy and undeserving of the 'familyhood.' As time had passed and I went about my smallness, I learned the larger lesson – that my feelings toward myself resulted in how I thought others felt about me, and therefore, I was treated accordingly.

I kept in touch with Andrew and told him of my progress; he encouraged balance and keeping a watchful eye on my emotions and tendency to jump to conclusions. As I felt more a part of the ministry, I was able to be more forthright with this woman. She began to realize I was not weak and someone to be ordered, but an equal partner who was to stand side by side working for the common goal.

Father is so good; His lessons to me are, and were, so perfectly planned; He can bring about an ultimate good in any situation to those who have a watchful eye.

In our mortal struggle to find self-mastery, how do we balance self-respect with being cautious of the intruding ego? In our day-to-day situations, are we seeing what really is? or a skewed definition of what our mind projects because of our own feelings of disconnection within the kingdom? With that, I give you back to our brother, Abraham. You are a lovely bunch. I thank you for your participation.

I am ABRAHAM. A wonderful lesson, Mary. We are blessed to have you working on our team. Your realness is a guide in everyday situations. We are about the Father's business. We will have several bumps in the road – many upsets, yes, but the Correcting Time moves forward. I am as always, with a growing love for you each. Go in peace. Until next time, shalom.

Progress of the Feminine | Allow Material Concerns and Preconceptions To Fall Away
Abraham & Mary, WOODS CROSS GROUP 11-20-2006
Back

I am ABRAHAM. Greetings. As I let all things fall away – all thoughts, all concerns, all the issues, I am standing here face-to-face with you, my beloved friends. I am filled with such a life-force of love. I thank you for your beautiful devotion. I am always uplifted to view your interaction with one another. I see your emotional history. You may each have issues with one another but when all falls away there is love and the desire to wish for the ultimate good in one another's lives.

I am MARY. Again am I overjoyed to be among you as one of Father's kingdom workers. There is no doubt I was born 'all female.' I lived every day of my life being reminded that I was of the feminine nature, which in that day was considered to be an inferior status. I suppose I lived my life as if my gender was a hurdle to be overcome. I had done many things to hide this supposed fact – 'that I was born second class.'

I am grateful to be witness to the progress of the feminine nature today. I am familiar with the thoughts and emotions that women still face while living in a 'man's world.' My reason for this topic is that the universe of Nebadon is preparing

for the upcoming celebration of our Mother Spirit. We are looking forward to celebrating Her universal influence.

I am happy to report that gender is no longer an issue from my perspective. I am now in the morontial form and am with the vision that the kingdom of God is a 'whole' made up of perfect parts. Not one is neglected, nor separated; it is the attributes of the spirit of an individual that is focused upon. Not one here, from my perspective, is attempting to gain power over another – for there is no need; we each are sovereign.

I really had a difficult time overcoming the differences in gender status in our earthly ministry, for I had viewed my male counterparts as dominating and abusive – and that was my experience. It was not right or wrong that I experienced such, no, for that experience is a part of who I am today, to which I am grateful.

I am reminded of an event taking place with the Master who was about to speak to a group of individuals. Noticing that my sisters and I were hurriedly setting up for the event while four or five of the male apostles were standing nearby chatting. I was indeed tempted to break up that bunch and ask for their help; but again, who was I to put 'a superior bunch' to work?

It was with loving discussion from the Master that I learned to set aside my feminine label and to find the love of a fellow sojourner as one in equality. As I allowed all preconceptions to fall away, I was able to go about the Father's business, unconcerned with gender or status.

The Alpheus twins were always an inspiration to me. They simply wanted to be useful. I must say, their sense of humor was in abundance and always was there fun to be had, because of them, in being small and useful. They thoroughly enjoyed serving, working with one another and finding peace in simplicity. Their seemingly simple status enabled me to work side by side with my male counterparts without worry of my self-imposed label.

All those who sincerely consider themselves as a kingdom participant will have a place and tasks to complete. This week, as we go about the Father's business, make effort to allow material concerns and preconceptions to fall away, and ask yourself – what have you then? I believe you have a fresh foundation from which you can lay your spiritual building blocks. Allow love to lead.

That is all. You know our love is continually growing for you each. Shine on, and shalom.

A Celebration Time For Our Universe Mother, Our Source For Intuition

Abraham, WOODS CROSS GROUP 11-27-2006

Back

I am ABRAHAM. Greetings. I can't begin to express my gratitude for having known you over these many years. I know it is difficult for you to grasp the fact that there has been, indeed, a great deal of growth – personally, and as a core group. You have made my time here so enjoyable and educational.

Many times I look out over the Correcting Time and I am overwhelmed by the amount of work there is to complete. Other times I am sitting amongst you in the warmth of your friendship. I am able to see the mechanics and the inter-workings of the Correcting Time. Every day, people are bringing us closer to the stages of Light and Life.

Over these past few days we have been in such a state of joy over the celebration and recognition of Mother and Her influence in Nebadon. Our pausing of everyday routine to acknowledge Mother, teaches us more about the attributes that connect us to the cosmic mind. My personal outlook on this event has been one of enlightenment; I am discovering areas of my personal mind where I may fall short, or ignore.

Mother is a creature of intuition. The feminine nature itself has a direct link to intuition. Believe me, all mortals have a feminine side, the gift of intuition is available to all.

There are times in our everyday lives when we would feel an internal nudge to perform some act of kindness. With the busyness of life, it is easy to push back these nudges and go about the daily trend. In these feelings of intuition is the will of our First Source and Center; our connection to the Adjuster is handing us a message or a task.

When we ask to be of service, we are given assignments. In your feelings of intuition (or that nudge of being driven to do some task) is your Adjuster giving you step-by-step instructions. We love this about our Mother, She simply knows what we need. Her eye is out for the well-being of Her children. She is simply glorious and a wonder to behold. Her beauty does infiltrate our souls. We are grateful for Her gift of intuition.

I also had the pleasure of witnessing Mother's lessons on healing an ailing spirit. We learned that many souls each day are in need of even the most minute (minuscule) show of love. A few simple words of encouragement is fuel for the soul.

We find every day - more and more individuals are connecting to this understanding of 'healing as they pass by.' Healing is not some secret ceremony, no! it is simply the passing of a kind energy. Always does our desire to put forth kindness come back to us wherein we also are the recipients of this healing energy. It is a suspicious world that we live in, and we are working to show authenticity.

As I have learned more about Mother and Her mind-spirits, I have come away with a new confidence that embraces not the ego, but is overjoyed to be a kingdom citizen. Teamwork is real; it is a moving force. Should something be the will of our Father, this moving force can bring about real change. My friends, you may be small in number, but are always with increasing energy. You do make things happen - each, as an individual; and, as a group.

Mother's confidence gives us a calmness that aids in our ability to rise above the fundamental church and stand by our faith. Mother's confidence is a shield against ridicule. Others' negative comments shall have no effect on us. She certainly is wondrous in Her ways. Her task to be the breath of life was certainly made just for

Her. We, all of us, including our beloved Brother/Father, would not be where we are today without Her. We are in celebration of Her attributes and are rising above our old beliefs of separation. Mother brings us together as a family.

Mary sends her love and will be with us next week. Until then, my love goes with you in all that you do. I thank you for being so dedicated and open to newness. Until next time, shalom.

The Feminine Nature | Mother's Nurturing Helps In Our Acts Of Kindness

Abraham & Mary, WOODS CROSS GROUP

12-04-2006

Back

I am ABRAHAM. Greetings. As we let all things fall away from our minds, allow us to envision light rising up to make us anew. It is quite the experience to be among a group with so much enthusiasm. It is quite contagious, and personally showing me that hope is everlasting. I am grateful you have allowed me to be a part of your lives. I am certain that we will always know one another.

I am MARY. I am always uplifted to visit this branch of our family tree. As Abraham has mentioned, I am indeed uplifted by the events of our Mother's celebration day. It is interesting to experience the basic instincts of the female mind; we can see her with a strong instinct to survive. Without Father, the feminine nature is animalistic. Of course with Father, a new entity is born.

As a child, I learned well how to simply survive. I was not educated to embrace morals. I could lie, cheat, and steal fairly well. I was without truth, beauty, and goodness. I was envious of the strength of men - it seemed as though they lived an easier existence than the females. This mindset surely became 'resentment' as I grew into womanhood. I reasoned within my mind that I needed to behave as a man to gain what a man has; and thus, I lost the benefits of the feminine nature.

In denying a part of my identity, confusion surely sat in and I embraced the animalistic ego. Truthfully, this even went on for quite some time during the ministry of our Master. It was Jesus Himself that opened our eyes to 'the beauty of the feminine and the masculine - in balance.' He taught us to rise above what the material eyes can see; to go within and be with a seeking attitude. I learned that I was not so much my material body, but a growing spirit with many facets; a prism showing unending angles of colorful lights.

I became more knowledgeable as I experienced actual ministry. As I worked amongst the masses, a natural tendency came forth from me to provide love and nurturing care. As I forgot about myself by providing service, the mind-spirits were able to transmit to me, instructions - and it was with little effort, it was purely natural.

I can recall a time I had come upon a woman who was beaten and bloody. I had grabbed her by the arm and lifted her to her feet. She told me she had been beaten by her husband for some trivial thing. I sat her down on a stone nearby and simply began to listen to her. I could literally feel my heart open and energy pour forth. She cried. She angrily expressed her feelings toward her spouse, how she had searched for an escape.

It was then that my mind was opened with pure intentions to help her. Our Divine Mother's nurturing forces were at work. I was able to help guide her toward a decision that would lead to safety for her and her children. I was completely honored that I could be a vessel for spiritual food. I was uplifted by the energy of our spiritual Parents at work in perfect balance, perfect harmony. Was the beaten woman the recipient of healing, or was it I?

This season of yours is indeed busy with all the details of materialism. It is beautiful that many find time to do good will. What a true gift it would be to ourselves - 'to do for others' throughout the year. Jesus taught self-forgetfulness; He knew whereof He spoke. In the self-forgetfulness, there are legions of helpers, kingdom ministers.

This week let us take time to do small acts of kindness. Feel the smallness - and in that, know there is ministry to both the giver and the receiver. Be aware of that opening of the heart. Allow Mother's nurturing to come forth. You are a joy, my friends. I shall take my leave. Next week we are preparing to take questions if any. I appreciate all your efforts, as does Abraham. We send you with our love. Until next time, shalom.

Father's Evolutionary Plan Shows In Bits Of Time, Reflected Back To Us By The Supreme

Abraham & Mary, WOODS CROSS GROUP 12-11-2006

Back

I am ABRAHAM. Greetings. I am feeling at ease from you my friends; a warm welcoming spirit, and I thank you. I am indeed appreciative of your enthusiasm, of course, but a focused group makes my job a bit more easy.

I do enjoy each and every personality within this family. Those that are grounded bring us stability. Those that are thoughtful bring us ideas. Those that are lighthearted bring us balance. Fanaticism goes by the wayside and we are ready to take on our smallness and be about the Father's business.

I have always been fascinated by the human mind. The brain, from which you filter through all things, is certainly a marvel. From where I am I can see lighted circuits that you each connect to. Physical and mental fitness is necessary for these lighted circuits to connect; it is the key to the kingdom, so to speak. Our so-called 'organization' is unseen and out of the ordinary. We, on this side of life, want you mortal kingdom believers to be fit in all ways. How blessed are we to have this group as an anchor within the sea of everything.

I am MARY. I am in agreement with Abraham that the mortal task of living two lives--one foot in the spiritual world and one foot in the material--is indeed, difficult.

You look out over the political field in the world through your spiritual filter and there will be some confusion, yes. It seems that all answers are obvious, so 'why can't we just do them?' many wonder. You, as ministers, can observe another's life and envision all the possibilities before them, yes; but for some reason, some

individuals are unable to take steps toward these possibilities.

Our minds are open to receive any and all things. Hopefully, we hold on to what is valuable and allow the rest to go by the wayside. It is difficult in your material state not to be affected by what your eyes are telling you – this is to be expected. We thank our Father for the endless possibilities of the mind and obtaining knowledge to living the spiritual life in the material world.

Many days in my sojourn in the flesh I was overwhelmed by the devastation I was aware of – there was such an injustice that I could simply not fathom. To be overwhelmed leads to feelings of helplessness – and eventually, hopelessness; and one becomes without energy to make effort anymore.

Envision the Master's career on Urantia. Wherefrom did His strength appear in the face of such travesty of injustice? Wherefrom did He obtain His calm demeanor and find strength to go about the Father's business? What kind of energy did He feel in front of an audience of unbelievers? How did He find the strength to go on?

We learned from the Master that the evolution of this world is so long and in bits of time – each bit building toward some unforeseen goal of the Father's. These bits of time are pieces of a puzzle that will add to the Supreme Being. Completed parts of the Supreme Being reflect back to this mortal world to push us forward in evolution. I truly believe that without the Supreme Being, man would have a long time ago simply succumbed to life's difficulties.

The Master's time here taught us a new and better way to handle these bits of evolution; He did indeed rise above Himself and those things His eyes could see. Jesus' closeness with Father gave Him an overview of spiritual goals; He was able to rise above His emotions and gather strength to carry on, to move forward.

How does your worries affect time and eternity? How are you handling these bits of evolution that are really a small part of a grand plan? Are you overwhelmed to the point of hopelessness? Or, are you empowered to rise above the mortal eyes' outlook, to connect with Father and the spiritual goal ahead?

It is okay to cry; it is okay to be angry – these are emotional seasons and indeed they will pass. Think of the Master's peaceful endurance and wherefrom His strength originated. Allow not the eyes to make quick judgment. Your dedication to fitness of mind, body, and spirit, will aid you in acquiring the Master's strength.

I am aware there are not too many questions. Abraham or myself can answer for you what you are desiring, I hope. Please feel free to ask me anything.

CALVIN: I sure am puzzled regarding the lack of momentum of people coming to this group, or to the Mission as a whole. Things are so different than in our first budding years in this Mission; it seems like many things have been diverted. Many are broadcasting dire warnings and predictions of events to come that just don't seem truth to me. It almost seems lately, other than what we see here in our local group as far as the Teaching Mission and Teacher lessons, that this format of teaching us 'to become better in daily life, and remaining as mere students in

learning' has been lost out there to fantastic tangents and personal agendas. Is this why we don't see souls flocking to these lessons, to the Teaching Mission?

ABRAHAM: Understood. I am with the vision of individuals viewing this Mission as a child's video game, making effort to attain advancing levels. It is a game to them. It is entertainment. I am personally disturbed with this type of intrusion of our ministry. I say, take your games elsewhere, you are not about the Father's business. Our ministry is not new-age mumbo jumbo - it is individuals being about their smallness in everyday life to help individuals find the Lord. We will take back our Teaching Mission. Those who want to be about themselves - that is not a part of Michael's Correcting Time. I personally invite those individuals to step aside. Allow us to continue on with the tasks of Light and Life. Good question, my son. Stay strong in our beginning foundation of purpose. Be not distracted by those viruses searching for a host. I am indeed honored to be with you who have stayed the course.

SARAUNA: Abraham, I just want you to know we appreciate you so much. We are grateful to have you in our home. You make our lives with so much more value. Thank you.

ABRAHAM: And I thank you. I also find myself so blessed to be a part, a small part, of something that is so grand. I ask many times of my superiors that we might give you each a glimpse of what I can see; of course, you already know the answer to that.

I am growing each time I am among you and I thank you. Let us continue on with the work ahead. Be not distracted by those overwhelming emotions. Let us rally upon the Master's faith and make this world a better place. That is all. Our love is always with you. Until next time, shalom.

. Our love is always with you. Until next time, shalom.

Making Those Kingdom Connections Regardless Of Differences | The Woman With Leprosy At the Gate

Abraham & Mary, WOODS CROSS GROUP 12-18-2006

Back

I am ABRAHAM. Greetings. I am enjoying your thoughtful conversation. Your unity in rationalization is really something beautiful to behold. I am filled with such inspiration in viewing each of you making effort to stay small. Throughout your mortal lives you will have to continue to rebuke the ego and exercise the inner smallness of your blooming souls.

I am grateful to you that continue to be true to our Teaching Mission. We are not with fanfare and notoriety. Our smallness is our power and creating a path to Light and Life. Do what you will, the truth is everlasting and all things false will fade away. I am in quite an attitude of openness and love.

I have been witness to several acts of kindness, and the energy from that has fueled my soul. There are many individuals out there that are feeling such loneliness; their minds are feeling too much pain to reach out of their darkness and grab onto the light. There is so much good you can do every day just with a few words of simple encouragement.

Yes, you see people every day that are different, perhaps handicapped in some way; and definitely do they feel separated from the so-called 'normal' society. In our everyday smallness, there is so much we can do by reaching out to another and making them feel part of all there is.

I am MARY. Greetings to you, my fellow sojourners. How sweet you are to welcome me each time with open arms. I am sitting here looking at you and realizing we have somewhat of a history together. We have spent time getting to know each other and I am so grateful to feel more a part of your family.

I have enjoyed Abraham's words on 'kingdom connection.' I was an individual who was different from what was termed 'acceptable.' I believed I was such a lowly creature, and that 'there was none like me.' I always thought: 'Who would have such a creature of unworthiness,' and I indeed received my answer - Jesus Christ! In His wonderful way, the Master connected me to a family I could not have comprehension of. He made me feel useful and with purpose - a beautiful kingdom connection indeed. I was not odd and alone, no, I was part of something grand.

I went on to minister to a woman with a severe case of leprosy. She would stand by a gate into the city and beg for money or food. Of course, you can imagine many treated her worse than some animal that was abandoned. We became friends. I expressed to her that she was also a part of something grand in this world's history, and that she could use her disability for some higher purpose.

It was difficult for the woman to believe Father loved her, for she was so deformed in legs and arms. The pain in her eyes certainly did tell me a story of her loneliness. At first she was suspicious of my friendship. 'Nobody had ever took any interest in her before, why now?' she expressed! I shared with her the good news of the Master's teachings and helped to create hope in her - that after this life she would indeed be whole in all ways and run free and do any and all things.

This message of hope did indeed make a great change in her. This sweet woman still stood at the gate of the city, but did not any longer ask for money or food. She preached the glad tidings and spread hope to those who were downcast. In her natural desire to give hope and love, and not expect anything in return, she was well taken care of. She received more than she could ever hope for.

In her last days, her beautiful smile reflected her newfound hope, and she indeed greeted the other side with a peaceful countenance. What a blessing for me to have known her and be a part of a wonderful kingdom connection.

We all have opportunity every day to say a few small words that would let others know they are one within the kingdom - be they those who speak a different language, or those who may be handicapped, or those who appear to be loners, for instance. You need not be best friends with them or take them under your wing to affect a change, no! just a few simple words that say, 'we are all a part of a wonderful family and you are not alone.'

As the minds of Urantia mortals turn toward a new and better way with hope in Jesus,

the circuits to the Supreme Being are strengthened, and our path to Light and Life widened. We have business to attend to, all of us – it is about all of us. As you feel more a part of the kingdom family you will attract others to your wonderful light.

The United States is quite the melting pot. Races and religions are mixing and we are simply going to just have to make room. Have not rejection of differences. You may not understand their language but your face can bring a message of greetings and a welcoming spirit. Every day you are making kingdom connections. Let us be about our smallness. Let us revel in the joy of something so grand that we are helping to build.

I understand we are taking next week off, so you have two full weeks to make plenty of kingdom connections. I will miss you in this group lesson format. From Abraham and myself, we bid you, farewell. Take our love, and Godspeed to all. Until next time, shalom. [no meeting December 25, 2006.]

2007 and 2008 MANSION WORLD TEACHINGS

Our Spirit Of Truth Provides Us A Banquet To Feast From
Abraham, Michael & Mary, WOODS CROSS GROUP 01-01-2007
Back

I am ABRAHAM. Greetings. There are many places we can go to refuel spiritually. Being with you is one of my most fulfilling places. Each day in the flesh is somewhat of a chore at times. How blessed are we to have a Brother/Father who has experienced the daily chores of life and can help us to live life to our best and highest light.

I appreciate this gathering, for I feel we are all seated at the Master's table enjoying the refueling of spiritual energy. I want to be a source of spiritual food. I want to help you in finding the joy in everyday living. I want us, as a group, to bring out the best in one another and also extend that to individuals we know.

I am MICHAEL. Peace be with you. How wonderful it is to meet with you in this fashion where I can brush by each one of you and feel that parent/child relationship. In the busyness of your lives, I become somewhat invisible, somewhat separated, and I am uncomfortable with that.

I am most definitely pleased to be in your midst and help to provide for you a spiritual banquet. Feel free to take the bread of life and know that I am always a part of you. Help yourselves to a serving of hope; in that, we can rise above what seems to be an embittered world and see the truth, beauty, and goodness on the horizon.

I am with the understanding that you know not how my hand works with yours and how close I am to you. You know not how we work together and can be more efficient when you are with a peaceful mind. I am the Spirit of Truth and am without limitation.

Together we can do small things that have great impact. Do not be sidetracked by promises of grandeur. See me not as a stumbling block. Please be open to the

realization that I am your Brother/Father, and I hold my children close. I work for you. I make the way clear. I see to your well-being. I feed you.

Many of my children will come to realize that I am real. I am in the details. Falsehood is unacceptable. It is my duty to expose the darkness. It is my honor to bring the light. I am the door. Wander not outside the door. Knock, and all things shall be revealed. Come to me for your daily bread. Let not worry take space in your mind where there can be peace.

There is a great deal of work, and it will be in the joy of truth and fellowship that our work is completed. Remember that I know you and treasure you for the wonderful beings you are. I love you. Carry on.

I am MARY. Thank you, Master, for laying out before us this spiritual banquet. Thank you for making us each a place at your table. We are filled with new strength and hope. We are small, yes, and yet together there are great improvements in the path we are taking. I for one, am comforted by the fact that the Spirit of Truth reaches into the darkest places and opens them up for us to understand.

We are freewill creatures that know the difference between right and wrong. We can be strong and make informed choices. We can find that our dedication brings us a bit of self-mastery every day. As we grow in our spirituality, instant gratification isn't as fulfilling as we once thought. Material eyes lead us to desire one thing, and spiritual eyes help us to connect with the Spirit of Truth and make correct choices. I would thank each one of you for your participation and supreme show of faith.

We are getting into the realness of our Correcting Time. We can see the ugliness and the pain which this Correcting Time is exposing/disturbing; and I understand it does at times feel as though the spirit is beaten down. Your faith in the Master as 'Sovereign of our universe' helps to keep you balanced in emotion and clear in thought.

I am so happy to be a part of your fellowship and at this wonderful table. This week we will concentrate on spending time with the Master. Allow the Spirit of Truth to perform His duties. He knows well what He is doing. He is a light for us to work by.

That is all. We are with a loving farewell to you each, my brothers and sisters. Go in peace. From Abraham and myself, and our beloved Brother/Father, we bid you, shalom.

Father's Plan Works Always For Our Ultimate Good
Abraham & Mary, WOODS CROSS GROUP 01-08-2007
Back

I am ABRAHAM. I am loving the peaceful atmosphere we have here this evening. Our connection is made stronger by the quieting of minds. One thing I really enjoy about this group is your sharing of observations. I can always keep up to date in my work when I can view your reality through your eyes.

I appreciate the efforts you each make to place your spirituality as a priority. It is difficult to integrate the material and spiritual worlds – and I must say, you each are doing quite well. I believe a key factor in this success is your willingness to put Michael as your sovereign. It is a daily struggle to ask that Father's will be done and not your own. I see you each doing a beautiful job.

I am fortunate to have had this opportunity to return to minister to Urantia. I have been able to have a broadened view of history's successes and failures. All my experience and understanding therefrom has made me much more efficient at my ministry.

Seeing the world before Michael was here, I can see the after-results are quite vast. I am in full understanding of His accomplishments here in the world, as well as throughout the universe. It is wonderful to know somebody so highly ranked, spiritually speaking, and also be the beneficiary of the simplest form of His teachings.

I am MARY. Greetings to you, my friends, I am always with comfort to be exactly who I am with you. How honored I am to be your co-worker and friend.

During my time in the ministry, I always thought 'the more obedient I am to God, the easier my life would be.' It is funny to look back now and know that if my life would have been one of ease, I would not have realized such a caring Father who was always watching out for me. In the difficulties of my mortal lessons, I eventually understood the Father's part in them.

Many of today's modern people are with the belief that if they are good to God, God will be good to them. This is old-fashioned thinking, of course. We strive to live the laws of God because it is good for us. When I am with the mind of stillness, I am better able to be receptive to Father's words which help me in my daily tasks; I am better able to cope with stress; I can much more easily leave emotions by the wayside and pick up the tools of solutions.

When I was new to the ministry, much of my time was spent bargaining with God. In knowing the Master, it made my bargaining seem totally ridiculous. The Master was with wit and humor. He was intelligent and yet, so practical. It is said: "When you have seen the Son you have seen the Father."

I had always wanted to have children of my own. I had always wanted a traditional life. Somewhere in the back of my mind I believed that if I served well in the ministry that one day Father would fulfill my requests. Time was passing and indeed I was not getting any younger. My dreams were passing me by.

Every day I would spend time looking after many children who were either homeless or orphans. I would feed them, wash their clothes, have fun at play, and teach them what I believed the Master Himself would have taught. Yet, I wondered why Father was ignoring my request, my most heartfelt desires.

It was some time after the Master's resurrection that I realized Father had provided for me my desires – for I was indeed a mother to many children; not biologically of

course, for that wasn't necessary. Father had tied many lives together - mine, and the children I had looked-after.

In my later years there were these beautiful people who used to be those ragged little children that had begun to turn the tide and watch over me. I had a real family. I had much more of the experience than I could have ever hoped for. I am still in contact with many of these once children; I will always love them and I am so blessed to know they will love me in return.

God our Father is so wise in His ways, so much more than we could ever conceive of. Much of the time we are blinded by our blessings, for they did not come in the form we had hoped. Much of mortal limitation is self-imposed. When we are open to Michael and Father, we see a blessing for what it is; we are not blinded by the wanting.

This week, let us spend more time with our Brother/Father, literally. Count your blessings - especially those that are non-traditional. Father is the supreme 'provider,' let our focus be on that. That is all. Know that we are with ever-increasing love for you each. Our availability is always at your convenience. Until next time, shalom.

Our Life-Experience Is Our Training To Be Of Service In Ministering To Others
Abraham & Mary, WOODS CROSS GROUP 01-15-2007

Back

I am ABRAHAM. Greetings. I am always impressed by your versatility and your willingness to embrace new ideas. I learn from your willingness to remain small and continue on with spiritual education.

You, my students, have matured beyond the point of having the desire to be seen as 'the chosen.' You understand you are average people in an average evolutionary world doing Father's bidding, and this is indeed propelling us toward the dawn of Light and Life. You that have chosen to commit to the spiritual life have also committed to extra training. I do know this training and preparation is difficult, but in the end, so rewarding.

I am MARY. I am always attracted to this group immediately because of the loving foundation you have each built. You make our messages easy to come through. Your unity is a wonderful invitation.

Back to Abraham's lesson on spiritual preparation: As you each know, I was not brought up in the traditional ways of that era. I was hurt many times over by adults that I thought I could trust. Yes, I was somewhat of a rebel - this was my self-protection. It was difficult to open up and take in new ideas.

The apostles 'being male' for example, I was especially rebellious toward them; I was acting as if I was better than they were. I had held a lifetime of resentment toward my male counterparts; and with my commitment to the spiritual life, Father was to heal me of my past pain by putting me right in the middle of what I most resented. I had many arguments with Peter, who seemed like he was such a know-it-all. He was sincerely trying to help me, but I felt threatened and my mind was closed off to the good energy he was trying to give me.

On the other hand, I always felt comfortable around the twin apostles, probably because I thought I was 'mentally' superior to them. They were always loving and I could be myself in their presence. It took many interactions with many individuals for my hardened mind to break down and be able to take in healing and learn to trust again.

I had on occasion even attempted to argue with the Master, who I was seriously no match for; He was indeed stern – and yet, made so much sense. This experience of 'learning to trust' was miserable, and I was not happy during those times. But I did receive healing, yes, and advanced another step in being able to take in knowledge so I could be of use to the ministry.

You that are committed to a life in the Spirit do receive training so that you can properly minister to others. Know that your training is an inner healing – a look at what has gone on in your life; why you are the way you are, and what can find healing. We know that after this life we are headed for the worlds of correction – the Mansion Worlds. Know that a great deal of correction will now occur in this life; and it does not have to be miserable, it can be as if you are holding the hand of God.

Father longs to take you in his arms and show you a new and better way. We are all working to clear the path toward Light and Life. We have a great deal of work before us; we must be diligent and stay the course. Allow yourself to look back and be healed. Trust Father, and allow the walls to come down. Take note of the skills that you receive by allowing yourself to receive training.

That is all. My friends, you are truly beautiful and we do send you with our love. From Abraham and myself, we bid you, shalom.

Past Mistakes Are Part of Our Training And Not To Hold Us Back
Abraham & Mary, WOODS CROSS GROUP 01-22-2007
Back

I am ABRAHAM. Greetings. I am so inspired by your faith. You know not from week to week what our lesson will entail, or even if we will have one. You show up with faith in Father and in our fellowship – well done. The maturing individual seeks unfoldment instead of forcing the unfolding.

Experienced individuals know well the wisdom of Father and grow to have trust in His guidance. Still, living in this material world we will always battle our animal tendencies – this is why we are here and are striving for self-mastery.

I am MARY. Greetings again, my friends. I am always in anticipation to hear the latest experiences regarding spiritual growth.

During these beginning times of our Teaching Mission, it reminds me of when the Master was here in the flesh. People of that day and age were ready for a change and yet feared to leave the boundaries of tradition. The Jesus-experience was new to them; He brought hope, and certainly there was a great deal of attention on miracles.

The 'teaching mission' of the Master in this day is likewise a glass of water to thirsty individuals; it is a light at the end of a long evolutionary tunnel. Again though, many individuals do expect miracles and a place of preferment within the kingdom.

Time has shown in both circumstances (in Jesus' day and now) that those willing to stay the course without self-recognition will be the foundation for real change. Yet, there is nothing like some 'new spiritual fad' to bring out an individual's true colors. All is understood, and a lesson, indeed.

There were times toward the end of the Master's earthly career that we did not see Him for days; we were left to ourselves to utilize what He had taught. It was not unusual for fear to set in and to see people go back to their old ways. Even those who witnessed the miracles firsthand began to question what they had really witnessed in the first place.

We know the human mind can always talk one in and out of what one believes. For a healthy and balanced mind, there had better be some sort of spiritual foundation from which to build upon when all seems lost. Your spiritual foundation is kept alive and strong by your ability to move forward – not sit still and regret the past, no, but learn from it and continue adding to your knowledge of spiritual fruits.

Another way to keep ourselves moving forward is to forgive yourself when not so wise mistakes have been made; do not dwell on them and/or make excuses for yourself. But rather, find the humor therefrom and know that the weight of the world is not on your shoulders, and that you do not have to figure everything out in the time allotted to you.

Yes, we keep strong and moving forward by knowing who our Sovereign is, and by acknowledging His presence in our daily lives. We are able to stay with a healthy amount of humility when we are able to recognize those who really rule the universes.

There comes a point in a child's life where they learn kicking and screaming gets them nowhere. As we mature, we are able to have more control over our own minds and allow the will of God to unfold. What keeps your foundation strong and moving forward? Are you sitting on the sidelines in confusion? Or, are you able to participate in staying the course and drinking the cup of 'come what may.' Do we seek miracles to get to Jesus? Or, when we seek Jesus, we find we are allowed to witness miracles.

Our lesson is kept short this evening. We are in gratitude to you that make such effort to accommodate us. We thank you for your dedication to serve. We are honored to serve at your side. Our love goes with you. Until next time, shalom.

The Busyness Of Living And Serving Brings Us Balance

Abraham & Mary, WOODS CROSS GROUP 01-29-2007

Back

I am ABRAHAM. Greetings. Your mindal energy this evening is definitely fuel for our souls. It is interesting when individuals are decreased in emotions, and increased in logic; our energy becomes like a string on a well-tuned instrument, it becomes useful.

I always look forward to meeting with you as a group. I am in appreciation of how you make spirituality real in your everyday lives. Spirituality is not some far-off dream to you, no; it is useful in how you live your lives. Your spiritual principles become integrated with your decision-making; looking to the will of God becomes a simple way of living; and the Father's will becomes real even though you still struggle with issues from time to time.

It is well and good to see you each with such acceptance of the fact that mortals are here to receive a spiritual education. Most experienced people you know will honestly say they would have no desire to go back in time and re-live those hard lessons of earlier days, for the experience they have so far, good and bad, has become the sum total of who they are; their experience has become useful.

I am MARY. Greetings, friends. I always feel a part of this family gathering, and for that, I am forever grateful.

I am with the understanding that mortals are happier when there is meaning in life. I learned firsthand that I was with some soul-satisfaction when there was meaning recognized and realized in my everyday tasks. It would seem that Father had a plan and purpose for all His children, and I always felt great spiritual comfort being of use.

As we look out into the world right now, there are a number of negative trends that seem to burden the minds and hearts of Urantians. Addiction, in its many forms, is rampant. Technology seems to be of such great value to many, and ease-seeking has become a way of life. There are a great number of individuals looking for somewhere to belong, perhaps somebody to belong to. It is hard to keep your spirits up when the worldly surroundings seem to be such an obstacle.

In my era, it was simply an accomplishment to stay alive. The rulers of that day could kill you without a reason. Especially if you were with the status of poverty, you had less meaning and value. If you were female - that was even worse. It was the Master who taught me about 'usefulness' and bringing meaning into my personal life. The more usefulness I felt I had and the more meaning I understood, the closer I felt to God.

In the height of Jesus' popularity, we felt we must always be on call and were drowning in usefulness in the ministry. Idle time was practically painful. We became somewhat imbalanced with the busyness of living and being of service. To keep a healthy balance in mind and spirit, the Master insisted we take a break, weekly, and engage in play or recreation. From time to time He would have us go out and do a fair day's work - in other words, those menial tasks that everyone has to do.

This remedy of the Master's certainly brought balance; it had us take a step back to gain a new perspective in going about our daily lives. It was then that we found our

purpose. It was then that we felt useful. Yes, it was meaningful to be small and usable in simple chores such as helping an elder with packages; helping a child with learning some new task; helping a neighbor to plant a garden; or simply sitting and listening to a friend. This was life, and this was being useful.

As the years went by, I could look back and understand the great significance. How blessed were we then and are we now, to have our Master to be a light for us in what seems to be an unbearable mortal darkness. With closeness to Him, all things can be overcome and we are empowered to live our best lives.

As we have discussed before, the Alpheus brothers were such a wonderful example of usefulness. Unlike their fellow apostles, they sought not to have the highest seat next to the Master. They were always busy seeing what needs to be done. It didn't matter the task, large or small, they were on hand and setting such a wonderful example of self-forgetfulness.

I don't really ever remember having a long conversation with these twin apostles; it seemed they were always on the run. It was clear they were not self-absorbed and worrying about any lack of attention; they were seemingly balanced and living up to their highest light. What wonderful role-models they were for me as a new citizen in the kingdom.

This week, let us focus on being useful in any situation - this keeps our minds off ourselves and into the realm of the spirit. Think about honest productivity and how fulfilling that is. You that have committed to serving in this Teaching Mission are realizing that our small useful selves are quite enough; we need not stand above the rest but simply focus on what the Master taught most - and that was simply, love and service.

That is all. Know that we are with continuing love for you each and are in tremendous gratitude for your dedication. From Abraham and myself, we bid you, shalom.

Letting Go Of Our Agenda By Being Flexible To Embrace Fathers`

Abraham, WOODS CROSS GROUP 02-05-2007

Back

I am ABRAHAM. Greetings. I am enjoying a look back at our long history together. I am with such blessings to still be using this method of communication to speak with you. I do enjoy meeting as a group for we each bring out the various flavors of personality in one another. You are a source of strength. It is good to refuel weekly to be able to go forth and to deal with what lies ahead. Your fellowship and faith re-energizes your spirit to go forth and be of use within the ministry.

I was not ever labeled an emotional character - heartless at times, perhaps, but I was always leaning toward the logic of life. I was loathe to ever be caught unprepared or inadequate. It was my life's passion to be on top of every little detail. I had goals, yes, and I had surefooted steps planned out, leading toward the completion of those goals.

You could say I was immovable! and certainly, I was focused. I did believe that this

was the path God had chosen for me. If I had done everything perfect – according to how I defined perfection – then ‘certainly God found me acceptable.’ This was indeed a crushing pressure upon me, and I maintained it at great cost.

Gratitude to our Father for sending me our most honored teacher, Machiventa. Next to the teaching of the 'One God' fact, his showing me that God's plans are His alone, and not subject to my definition, was with great significance. I had my life somewhat pre-planned; and learning about Father's will, certainly threw a wrench into those plans. I was made to be flexible. I was made to be subject to change. I can tell you that this was quite a feat for my mentor to completely sink this into my understanding. I was with such habit and routine.

The thoughts of my superiority faded as I learned that we are each equal children of God, no matter the status of the person. MachiventaMelchizedek served by my side 'as a person' – no more, no less. The meaningful feelings I received from learning Father was that close to me, changed my passion for life. I was a new creature. I cared not about riches or armies. I found my joy in spending time with my grandchildren, talking to associates who became friends, giving love instead of orders. I became a likable man instead of a feared one.

Father's will and personality are changeless, but our understanding of His will is always subject to change. This is why we learn to be flexible in our spiritual careers. We can see the Master was always up to date with what He needed to know to provide to the ministry. He was committed to the Father's will, and this put Him in constant communication with the Father.

We know by now, after these many years in this Mission, that nothing is set in stone. Urantia is an evolutionary planet and there has been room made for various outcomes of events. We need to remain flexible and at one with the will of Father. We all still have our old ideas that tend to create limitation. We get our minds stuck on something and have a terrible time of accepting new ideas.

To be flexible is not to be with an aloof attitude, no. It is to be observant and checking in at all times with the Father; no detail is too small. You may check in with Father about anything you like; the path is not carved out for us. The daily life we are living is creating the path – we don't know how it will turn out – and that is the good news; it is exciting and most definitely challenging. The ministry 'is' our life; we minister as we live.

This week, let us focus on being open to change. How does being flexible put you in constant communication with Father? How does that aid in your ministry to others? Mary sends her love and will be with us next week. That is all for now, my friends. This has been time well spent. I am always growing with love for you each. Call on me if you should have need. Until next time, shalom.

There Is Opportunity In Every Moment | Joy In Past And Present
Abraham & Mary, WOODS CROSS GROUP 02-12-2007
Back

I am ABRAHAM. Greetings. It is truly touching to see how you help one another. Such brotherly love leads you to give unconditionally.

Discussing everyday issues here with each other helps you to put life into perspective and to use the tools and gifts Father has granted you. You each do well at making effort to live life spiritually and still remain grounded in a logical reality. It is true for me, that you enrich my existence; and I can see without a doubt, that you also enrich one another's.

How blessed are we to, for the most part, be not limited by church dogma. It is a fact that the percentages of people with depression or mindal disturbance increase every day. As students of this universe education system, we are learning how to live our best life; and this most definitely increases joy and meaning. People with depression are feeling limited or stunted – this increases their frustration and outlook of hopelessness. As we mature in spirit, we are learning to find the fullness in life, yes, the satisfaction of being alive.

I am MARY. Greetings again, friends. How fortunate are we to be able to become one with such beautiful cosmic information. Abraham, you have been a wonderful mentor to me and I so enjoy the lessons.

I am in understanding of heaviness in heart and mind. The feelings of having no control over things that should be controllable are so frustrating; the feelings of self-inadequacy are overwhelming. Depression is a hole that only gets deeper unless you can find the fullness in everyday living.

As a child I felt most unwanted and 'in the way,' so to speak. My thought pattern was so deeply ingrained that as I became an adult, I was with practically no confidence – this was very limiting indeed. Being a babe in the spirit I always questioned my worthiness. I always thought that others were much closer to Father than I could ever be.

Jesus was a most interesting character in the fact that He so enjoyed His work no matter what he was doing; crushing criticism never bothered Him. He was taking advantage of each breath He was alive. He saw opportunity in every moment. He saw joy in the past and present.

I recall the Master helping an elderly gentleman who was a bit confused about his whereabouts. He had asked the Master for direction, and as Jesus was guiding him, the gentleman began to disagree with the Master's knowledge of the city. Jesus simply smiled and was not about to argue with the man – in fact, He found it somewhat humorous.

Even though the Master was due at a speaking engagement, He offered to escort the gentleman to the designated area. As the Master and the man walked, they had a marvelous discussion about gardening, sports, and women. They laughed together and totally enjoyed one another's company.

The elderly gentleman was quite surprised to find the Master's directions were accurate. Jesus found this little stroll to be with enjoyment and meaning. Certainly, this was a much more important engagement than what was waiting for Him at the place He was due to speak.

This occasion was a simple event in the life of our Savior, but such a wonderful example of how the Master found the fullness of living. Can you imagine this event taking place in the world today with other individuals? Everyone is always in such a hurry; there seems to be no time to find the fruit in the harvest of living. This is what creates the feelings of depression and emptiness.

Each moment in life is filled with unlimited possibilities, but very few people take advantage of this knowledge. You were meant to have a life and have it abundantly. There is adventure to be had, and there is opportunity in the most simple of moments. This is not a license to be self-indulgent, no, but this is opportunity to find meaning and a reason to strive.

This week, let us slow down. Let our emptiness be filled with meaning. Take advantage of simplicity. Enjoy the present moment. Enjoy the so-called 'average.' There is fulfillment to be had; there is light to grow on.

I have enjoyed my time with you, my fellow sojourners. It feels good to be part of a team. You are my team. It is with great love that I take my leave. From Abraham and myself, we bid you, shalom.

Jesus` Birdhouse-Building Example | Preparing Us For Larger Tasks Ahead
Abraham & Mary, WOODS CROSS GROUP 02-19-2007

Back

I am ABRAHAM. Greetings. I really enjoy seeing you all together. It is such a warm family feeling when we can meet - to allow the old to fall away and welcome in the new. I have been thinking about our past few years together and how our 'Mission baby' has grown into a fine young person.

We have been the parents to something awesome. Our union has become much more solidified, and our family dedication has made a wonderful foundation to build upon. Each unique individual has brought many ideas to help in the rearing of this Teaching Mission child; it took each one of us to bring it to the point it is now. In each parent's life there is sorrow and pain, yes, but the love and joy that is received make everything worthwhile.

I am MARY. Greetings, my fellows. I am in understanding of Abraham's words. Even though I was not a parent on the Earth, I had many children however, that I did look after. I also had a great deal of experience on the Mansion Worlds and nursery world, with children. It is always inspiring to know that we will never miss out on anything. In our eternal careers, there will be opportunity to fulfill any longing you have ever had. We need not ever be regretful or lose hope.

The mortal life is the beginning to something great, and we all must start small and do 'the grunt work' as they say. I did not know Jesus when He was a young lad learning to build simple birdhouses. He disliked building the seemingly insignificant projects; He longed to work with his father on the more important ones.

We all have thought at one time or another how wonderful it would be to obtain

instant knowledge without first learning the rigors of study and hands-on experience. Jesus' father knew well that starting small would help the young lad to learn manual dexterity about working with the grain of the wood, different types of wood, different types of fasteners, and the tools to connect each piece.

Jesus did pester his father to skip over any seeming 'child's play' in order to work on the more important things, and Joseph was tempted to grant the boy his desire. Joseph did give Jesus the choice - to learn things right the first time, or learn things the hard way; and of course, the Master experimented with both. As Jesus grew, He realized His father was really quite wise and knew his livelihood well.

I would bet you're wondering where I am going with all of this. While we have no rules, laws, or doctrine in our Urantian Mission community, we do have some basic knowledge of right and wrong. We can make effort to quiet the ego and our desires, to make room for Father's will; yes, so that He can guide us in a way that is most efficient, and the way that will help us to retain what we have learned.

Every day there are small opportunities that will test our patience. For instance, there are times where we are made to practice tolerance with those who are a real irritant. It would seem practical to slide through all of this petty drama and not learn from the challenge; and yet, this is the 'birdhouse' that leads us to attaining the skills to take on much larger things.

I must say, you are each doing much better with keeping your emotions at bay; but still there are issues to work on that help us to learn about the ins-and-outs of the human mind, our relationships, and our own personal shortcomings. This week, let us pay special attention to those small events that help us gain the tools to handle larger issues.

Every day in the world there seems to be more and more tragic occurrences. People are looking for the faithful heart and a logical mind; they are looking for meaning to their sorrow; they are looking for a reason to not blame God for everything. We will be there, and we will be a voice of reason. We will be a light in the dark.

That is all for this evening. You know that we are with continuing love for each one of you. How honored we are to serve side by side with you. Godspeed, my friends. Until next time, shalom.

In Feeling Weak or Stuck Make That First Step Towards Fathers' Help | Our Actions Speak Our Beliefs

Abraham & Mary, WOODS CROSS GROUP

02-26-2007

Back

I am ABRAHAM. Greetings. What a wonderful atmosphere we have here this evening. I am enjoying the variety of conversation. Your open minds and hearts bring spiritual values into useable actions we can take on a daily basis. I love the fact that you all make such effort every day to grow and find meaning and value in your experience. It is becoming apparent that you are finding the technique of detachment to be more useful in everyday living.

Our hearts say we want to 'save the world;' our egos can become somewhat frustrated

that we can't. Our minds say we do what we can and trust Father to oversee – after all, it is His plan and we are blessed to carry out His divine purpose. As we mature in spirit, we realize the world does not need our saving, and all is as it should be at this time – in Father's hands! We are always moving forward. Have not worry.

I do remember my time in the flesh – that I was always a man of action. I was not one to lay down before my burdens and be defeated. However, I handled my issues by instilling fear into others. I used anger to push my agenda. I was a master at using spiritual poisons to appear as spiritual fruit. I see now that I felt like a small boy trying to wear men's shoes. I was fearful and always worried about my reputation. It was a heavy burden to always put on that mask of false strength.

What a wonderful relief to have been tutored by someone who has shown me genuine strength. Machiventa helped me to see that should I close my eyes and take a deep breath that my world would not crumble beneath me; and should I pause to be still and listen for Father's voice, certainly would I receive much more everlasting meaning and a solid foundation to build upon. It was difficult for me to slow down and listen and take in that divine wisdom. And now from another perspective on this topic, I invite Mary to address you.

Greetings again, my friends. I am MARY. I am finding this evening to be quite pleasant and educational. I do believe that as a youth I was one prone to lay down before my difficulties and be succumbed by emotion and depression. I found myself believing that life was quite unfair, and that not all individuals had the same opportunity for growth. Of course this belief became a reality in my everyday living.

Growing up, I was actually quite bitter and always ready for a fight. I do understand how mortals seek escape in their difficulties. It is hard to see a light at the end of the tunnel when wearing the mortal body. Of course, I would turn to God in my struggles and beg Him to do something to set me free; and when I felt not His answer to my prayers, I would of course, blame Him for my misery. What a cycle! I can see Father, throughout my mortal life, was always trying to help.

I knew a shop owner who used to sneak me bits of food. She would tell me stories that were somewhat hints to making my own life better. She was gentle and kind. Her smile filled my heart with light. I didn't know if it was her and her kindness that drew me to her, or simply the promise of food. This woman was extremely busy with her shop and her four children. Her husband had other employment and much of the time worked away from home.

Why would this busy woman make time for such a ragged child as myself? She made time for the small things and all else was taken care of. Her children were wonderful individuals and I enjoyed spending time with them. Their generosity taught me generosity. Their love taught me to love. Their example of belief in a higher power spoke to me.

This family was one of many channels who tried to steer me throughout my childhood and well into my adult years. I have always been inspired by those who are brave enough to act upon what they believe in, be it right or wrong; their courage to live

their beliefs was always strengthening me to look deep within at my own core beliefs and strive to live thereby.

In this life we can be overwhelmed; be engulfed in self-pity and allow our troubles to overtake us. Or, we can look for that lesson that propels us to advance spiritually. Father listens to your actions. Intentions are many times a wonderful energy, yes, but your actions are what speaks your beliefs.

Think about those individuals you know who are weakened by their difficulties and seemingly stuck in a cycle of hopelessness; they make not effort to take one step toward a solution – and yet, Father is there waiting for them. Father needs to view a willingness so He can begin to help.

This week, let us bring inspiration to those individuals who sit in fear and cannot envision the simple steps they must take toward solution. Let us turn the light upon ourselves and see how we at times desire escape, rather than taking a few steps toward a solution which would bring such relief and joy. How can we find rest to re-energize without seeking escape from our difficulties? How can we be of inspiration to others who are buried in life's turmoil?

This is all for this evening. My dear ones, continue discussing your adventures in the spirit; I so enjoy them. Know that we make effort to assist you in your decisions throughout the week. My love to you each. From Abraham and myself, we bid you, shalom.

Taking Risk And Having The Courage To Face Growth | Live Our Lives As An Example Of Hope

Abraham & Mary, WOODS CROSS GROUP

03-05-2007

Back

I am ABRAHAM. Greetings. I love to visit with you, my faithful. No matter what befalls you, you continue to uphold the plan and purpose of our Brother/Father. Not even death can stop us.

The material life and the spiritual are becoming more blended. It is becoming less important to see with your eyes, hear with your ears, touch with your hands; there is simply an inner-knowing that connects us each to the cosmic mind. Here in this group is your refuge. Here is your escape and rest. As we gather, we find ourselves re-centered and focused on our reason for being.

I often wonder how I would handle myself in this day and age; there is so much distress and distraction. It is a struggle to continue on with mere material difficulties if you have not hope in something more meaningful.

It behooves a parent to come to the realization that they have spent their whole lives to provide for their children, and yet they have missed how their children have grown. What a value it is to be in the presence of the growth of a human being, especially a loved one? Can you receive the benefits of spiritual growth if you have not participated in opportunities that were presented? Have not worry, our lesson here this evening is on taking risk, and having the courage to face growth.

I am MARY. Again, I am so blessed by your presence. How honored I am to be your sister and participate in this Mission of our Brother/Father. Always must I revert back to my experience so that I can give you somewhat of a memorable picture. In my day, as well as this present day, it seemed you were either born into opportunity, or simply thriving on luck.

I learned early on that I was not born into wealth or good fortune. My mother had died relatively early on in my life, and even as a child I did not get to really know her. I had a few scattered relatives that could give me a few bits of her personality, but she, for the most part, was an illusion I had chosen to participate in. I had little idea of who my father really was for he rarely was a part of the home after my childhood; he also was somewhat of a part of the mystery of my identity.

Everyone in the mortal body must have experience in order to understand true meaning. This is how we advance and grow toward being a citizen of the universe. Around the age of sixteen I had then, for the most part, been on my own. It was required of me to take risks in order to simply survive. There are times in mortal living where we are feeling in somewhat of a safe place in life; and yet, it is unfulfilling and stagnant.

At some point in our lives, we learn to sleep in the bed we have made; we come to know cause and effect. It is easy to become focused on the material world and forget the reason for striving.

We are at the foot of a huge mountain and there is beauty all around; the climb is the gaining of our meaning, and our effort applied is the price that we pay for the grandeur of the heights achieved. I cannot begin to describe to you what awaits; what adventures will be revealed.

Our reason for striving is all about becoming one with that beloved Fragment of our Father within. Our life-journey is not so much 'out in front of us,' but of that continuous climb within. Let us remember - with each foothold taken, there is the value of experience. Without the courage to continue on, we forgo the upcoming beauty and meaning.

As we go into the week, let us ponder our reason for striving. How close are you to living the life you really want? What are those obstacles that keep you from reaching for that next step in the climb? Our courage to take a chance is all about reaching out for our First Source and Center. The material life is secondary to what is our true purpose. To stay stuck in a rut of safety is to lose sight, to lose hope; it is to feel we have no choices.

My friends, you know what to do to gear up for the climb. You have endless options to keep reminding you that the next step is a requirement in your spiritual advancement. Your willingness to allow the mortal and spiritual lives to be blended is about all the equipment you will require. We stay not in the shadows so that we cannot be seen, no; we are sojourners in a wonderful adventure and live our lives as an example of hope.

I have not regret for my lonely childhood. I have not complaint. I have not sorrow for the past, no, for it was indeed training for the life that was to come. And yes, I have met and have spoken with my earthly parents, and all is understood – all is well. Nothing of value is ever lost.

This week my friends, let us remember why we strive. What brings us hope, and how are we a light to others? I know that with each time we meet I am growing more affectionate toward you. I thank you for your open hearts and minds. From Abraham and myself, our love goes with you. We bid you, shalom.

Not How We Believe, But Living What We Believe. Mary Shares Sea of Glass Experience
Abraham & Mary, WOODS CROSS GROUP 03-12-2007

Back

I am ABRAHAM. Greetings. Here we are again as empty vessels ready to receive. I am inspired by your faithfulness. It is becoming somewhat of a difficult task to live your truth and have to sometimes explain it. Sometimes it seems that you have simply fallen into this lot of life – some of that is true, but most of it is guidance that was followed, a call that was heeded.

From the moment you made a spiritual commitment, there has been training for further advancement. When you wavered in your commitment, of course things were slowed down. It is not to worry; grow as you will. Father is extremely patient and wants for your comfort. He desires your lessons to be lasting, and as always, a light to Paradise. In everyday life I see you join in the world and your fear is decreased. I am happy to see you live honestly.

Our ways of spirituality may be different, yes, and tests us from time to time. When feeling a need to explain to others how we believe, remember it is not as important as our example in how we live what we believe. The how is personal, it is not to be shared lightly. Just as in Jesus' day – He focused not on Himself personally, but the Father's teachings of truth, beauty, and goodness. Whom do we serve? And how are we free to live what we believe?

I am MARY. Greetings to you again, friends. I can relate with this evening's lesson quite well. As most mortals, I had gone through a period where I was deeply concerned over other's opinions. I was practically shaped into what I believed others thought of me. I was careful to hide my poverty. My sandals were well-worn so I had always made sure the fabric of my dress was extra-long.

I found it difficult to make eye contact with others who seemed to be better than I. Of course this thinking was spiritually juvenile, but something most everyone will experience. I believe it was 'spiritual thinking' that first pulled me toward freedom – freedom from the 'classes' of society and the burden I held of what I thought others were seeing me as. Countless hours with the Master had me with feelings of my cosmic citizenship. After this material body fades, we will all see that each being is an equal child of God.

The Master dwelt more on function than fashion. He worried not about other's opinions because He was freed by the love and acceptance of our Father. The Master knew well what others were thinking, and yet His vision was always higher, always

positive. In His heart He simply wanted to help; He wanted to stay the course. He was on a mission and it was not about 'Him,' but about teaching cosmic citizenship and making each person feel welcome into the kingdom.

Sometimes even today, I still am with the temptation to compare myself with others. I want to be with the belief that I am 'on track.' Time with mentors and friends help me to be with the comfort that all is as it should be; and that I am not 'in a competition,' no, but in service to a world that needs correction in order to find salvation. I am so honored to be a part of that and to know that the best is yet to come.

If you could picture for a moment, beings upon beings gathered around the Sea of Glass, all abuzz over some upcoming announcement from some speaker, or even Michael Himself. It is an unforgettable energy, for we are all as one and the feeling of 'fulfillment' is truly complete.

As you go about your daily living, go with that picture and know that each person you see is your cosmic brother or sister; they are at one with you in the kingdom. Even though their beliefs may be different from yours, you need not defend your beliefs nor explain them, no; you don't have to, for that is personal. Simply strive to arrange for positivity in how you live.

We are about the realness of spirituality, and we are to feel that confidence that 'Michael goes before us.' We know in whom we serve, and that needs not explanation to anyone. We spread light where we can, and strive to live happily. A great deal of the time we are in confusion over the technicalities of our belief system. Father does not want this for us. He desires your inner peace.

This week, make time to have meditation and the visualization of occupying a seat at the Sea of Glass. Let us review our duties as a cosmic citizen. Life is as big as you make it. Be careful not to overdo.

That is all. You are with such patience, and for that I am grateful. From Abraham and myself we send you with our love. Until next time, shalom.

[Excerpt from the Urantia Book regarding the Sea of Glass of which Mary speaks in this lesson]:

UB Paper 45:2.5 – Once a week, every ten days on Jerusem, the Sovereign holds a conclave with some one group of the various orders of personalities domiciled on the headquarters world. These are the charmingly informal hours of Jerusem, and they are never-to-be-forgotten occasions. On Jerusem there exists the utmost fraternity between all the various orders of beings and between each of these groups and the System Sovereign.

UB Paper 45:2.6 These unique assemblages occur on the sea of glass, the great gathering field of the system capital. They are purely social and spiritual occasions; nothing pertaining to the planetary administration or even to the ascendant plan is ever discussed. Ascending mortals come together at these times merely to enjoy themselves and to meet their fellow Jerusemites. Those groups which are not being entertained by the Sovereign at these weekly relaxations meet at their

own headquarters.

Knowledge Is Not Worth Much Without Experience and Patience

Abraham, WOODS CROSS GROUP 03-19-2007

Back

I am ABRAHAM. Greetings. I am wondering if you each realize your link to the cosmic mind as you sit here in your willingness and faith. You, each of you, make this happen.

We are all one! and nothing can contend with that 'force of one.' I realize each day in the flesh is sometimes unbearable. Many times we feel we are alone in our endeavors. When you can feel that connection with Father, you realize you are not alone but a part of that force of one.

How we are each loved and cherished is indescribable. You have to learn to feel this intimate personal love on your own, no one can bestow it upon you. It is through your experience, willingness and faith, that shows you the heart and mind of our First Source and Center.

It is understandable that impatience can be your master. Without experience, knowledge is not worth much. You can know of things to come and you can prepare your mind, but you cannot make sense of it until you have first-hand experience.

For instance, in your religious upbringing you have understood somewhat of the birth of Jesus and His resurrection; but how much more meaningful is this knowledge when we know the entire story? It is the same with your own life - if you believe that life is predictable and holds no more surprises, and that you already know everything, then certainly, experience is not going to be as valuable in your mind.

In my mortal life, I was a possessor of that spirit poison of impatience. It was my goal to have as much material possession as I could. It was my goal to have power over individuals. Every day was an opportunity for me to breed fear, to feed my appetite for power. When things did not seem to be going my way you can believe that hell was about to rain down upon those involved.

Machiventa Melchizedek taught me the real value of knowing the 'One God.' I was with the previous belief that I needed to please the many gods until my mentor showed me that I was part of 'the force of one,' and that changed my outlook completely. You see, I had this new knowledge, yes, but I had not yet understood the skills I needed to change my habits.

It was difficult for me to look upon a servant, for instance, and believe he deserved the same respect as I; and that he was even in the same league with the force of one, as was I. My erring propensity was the same, unfortunately, toward those females I was involved with; before my awakening, I saw them as expendable. As long as I received what I wanted there was peace; as soon as a woman spoke her mind to me she was punished - and that, I deeply regret.

However, towards the end of my life I developed wonderful relationships with my

female counterparts; I developed a great deal of admiration and respect for them. With time and experience, I saw their value. I learned of their personalized skills, and came to accept and know that they were also at one with myself in the kingdom of God.

Machiventa taught me there is no hurry, for we are at the beginning of our spiritual careers; we will pick up on the other side where we leave off here. Every moment is a gift. You never 'know it all;' you cannot predict what is coming. You have not 'been there, done that' until you actually have! and learned the meanings and values therefrom.

To limit your life by seeing life as 'redundant' is dampening to your soul. There is joy to be had in all experience. There is value; there is meaning to be had – and we must learn that patience is the key to unlocking the door to the adventure of experiencing such.

Look at the Master, day after day woodworking in His father's shop, and then at Zebedee's boat shop. Time and time again did he repeat: "My hour has not yet come." He did not force it; His focus was on His work at hand. He had a family to prepare for before His departure. He had money to earn to provide for His family until they could begin to earn their own wages to live.

My friends, this shows that Jesus was so about the Father's business; He was not jumping into the world hastily ready to show Himself as a Creator Son. All went according to plan – Father's plan. The Master, even though He was a Creator Son, was still mortal and felt every feeling of a typical mortal. He put His awareness into every experience and handled everything with the guidance of His Father in heaven, yes.

Your culture is about to celebrate the resurrection of the Master. Many religionists focus on His horrible death. Many focus on the pain. Many are stuck with that old belief that 'because Christ died for me, I owe Him.' How sad! That is not what the Master wanted.

As this seasonal event comes upon you, let us focus on the release of the Spirit of Truth and allow our own spirits to be washed clean and set free. We 'owe' Him nothing; and yet as we grow to love Him, we would give all.

This week, let us be with the eyes of a child. The world is new, and every day is not some series of predictable events, no, but a door open wide to adventure. How are we to gain patience and dwell in the excitement of experience if we live in what seems to be such monotony? Let us spend time with the Master in that woodshop – patiently awaiting Father's preparatory lessons.

Mary and I are with ever-growing love for each one of you. She will be with us next week. Until then, we bid you, shalom.

Focus Not About How Others Perceive Us, But How We Can Better Perceive Father
Abraham & Mary, WOODS CROSS GROUP 03-26-2007
Back

I am ABRAHAM. Greetings. I am happy to see your balance with the issues. While you can be quite logical at times you also balance that out with humor and wit. It is important to be able to be your true selves anywhere you go. That does not mean you will always be accepted, but the fact that you stay true to who you are is what is important.

Everyone wants to be accepted; it feels all-encompassing. Of course those who do not accept you do not need to be thrust upon with your personality. You cannot force individuals to like or accept you. You cannot become as someone you see who is accepted on life's public stage, and try to present that for yourself for individual's scrutiny. Overall, people know falsehood when they see it. Also, to give out that type of energy portraying falsehood all the time is really too difficult to keep continuing.

I am with peace and comfort to say that each of you feels safe here and that you feel free to speak your mind, as do I. With that, I thank you, and leave you to Mary.

I am MARY. Greetings, friends. It is always a breath of fresh air to meet with you. Your unique personalities help me to become a more diverse Teacher. I admit there were those days in the flesh that I had great desire to be accepted. I thought as spiritual people we would all just automatically love each other. The Master never said we would find total acceptance of one another, but He did recommend that we find our common thread and work towards the goal.

I do remember a time after I had come into the ministry that I felt I needed to be understood by everyone. I didn't know that some individuals were not capable of understanding me. I didn't understand that some personalities simply clash. I 'figuratively' made effort to sell myself as a regular citizen within the kingdom of heaven - although I did not believe that about myself.

I really was with the belief that I was inferior. I came from a poor background; I had no money, no status. I saw not the value of who I was as a person. Really though, I was just beginning to blossom. A few close sisters had helped me to see my worth as a person. Even though their background was quite different from mine, their underlying personalities were showing similar likes.

It is interesting to see children at play - they are not with the pretentious and padded belief systems that adults have. Their goal is to have fun, to seek laughter. Their egos are not trying to gain energy by appearing superior.

As I learned more about the Master, I saw how He cared so much for our Father in heaven. It is not that people were so unimportant that He could be unaffected by their thoughtless words and deeds, no. It was that He so loved the Father and kept His focus on the mission. The mission was not about Him being liked or disliked, it was about teaching the people about our Father; and our Father, about us.

As I began to know and love Father more, I was less affected by other individual's attitudes. My outlook so improved that I saw more good than bad. I became desensitized somewhat toward people and more sensitive to Father.

Knowing the Master, I found it easy to find the good. It helped me to feel at one within the kingdom; and my status as to what was expected of a woman of that day and age became less visible. You see, this helped me to mature in spirit, and I was granted a great many tasks. I was too busy to worry about what people were thinking. It was easier to focus on the goal – and my goal was to serve the Master and His ministry.

With Father, we always are welcome to a clean slate or a fresh start. As mortals, we will make a great many mistakes and Father is always listening when we decide to stop and ask for help. Are there any questions this evening?

CALVIN: Mary, thank you so much for your lessons. I very much appreciate your contribution and example of how you lived and to help us understand Jesus better, as well. I am wondering if you might have any advice for me. I'm open for any you might want to share.

MARY: Thank you, Calvin. Certainly, I see you for the most part as being happy and at peace. You will always have some drama going on in your life – all mortals do. You are becoming an effective teacher to your friends and family. Just know that the biggest surprises in life have not yet come. There will always be challenges, yes, and you will feel thoroughly tested. Have not worry, your training and dedication to the Master's plan should equip you for any challenge you may face. Be observant and know that those small irritations are great teachers. You do well.

MIRIAM: Mary, I have read several novels about you. They were interesting to me because of how hard the woman's plight was in your day. I am thrilled in how you share a lot about that with us here. You were quite a courageous individual. I am really glad that we get to know you. Your lessons are always just full of meaning, and you are so willing to give example and detail about your life; it truly helps me relate to my life. I just wanted to thank you for that. I am struggling coming back from this heart ailment, and I am trying to be patient, but I wonder if you have any feedback?

MARY: Certainly. Thank you for your kind words. I do understand the female agenda. It has occupied a great deal of my education. There are similar evolutionary worlds with issues of male and female...

MIRIAM: Do you mean where males are the underdogs?

MARY: No. I mean where females are physically smaller and weaker, but mentally – not. It was always my thoughts that women on this planet were the downtrodden gender and no one would ever understand. In my travels since my mortal life, I have met with females from other planets that also experienced the same plight as the women of Urantia. It is really common for the larger animals to try to dominate the smaller. Throughout evolution we find that the 'smaller' must rely upon their intellect to survive; and therefore, become stronger. As you each will find out, there are many planets that have some individuals who appear as abnormal, and will be somewhat downtrodden. It is all lessons for the ego, and is fascinating, really. About your heart procedure, we see that as advancing like it should. Eat those foods

that are rich in iron to keep the blood healthy. You may do some small activities, but when you feel tired – rest. Do not force it. Each day you will become stronger and stronger; it will not take as long as you think to make full recovery. You are concentrating on a specific time-allotment, and that is in itself, overwhelming. Feel good about what you are doing, and that includes rest. You can always find things to do that sharpen the mind while resting the body. Overall, things are going quite well, have not worry.

TECTRA: Mary, I was going to ask if you have some words for Nina regarding her friend, Kyle.

MARY: Thank you, Tectra, very thoughtful. Yes, Kyle is in serious mental anguish. He cannot perceive love from others because he has no love for himself. He sees not the value in simple goodness, but only value in the material. My recommendation is to withhold attention from his emotional neediness while encouraging his humorous side. Downplay the drama and simply live your life as if the Master were right here with you. There is always some brother or sister we cannot fathom. Look at Judas; the individuals in the ministry were quite astonished at his betrayal. We felt guilty for our hatred towards him. As we moved forward as followers of Christ, we began to perceive the many possibilities that would lead up to the betrayal, and realized that he (Judas) was simply a self-guided individual. He could not let go of his vision for a seat as a 'chosen individual' above others. Nor could he see how Father's plan for the unfolding events could do any good. Also about your friend, Kyle, I say be observant; be practical and be safe. That is all. Thank you, Tectra, for your thoughtful question. Our time is growing late, is there one more possible question?

SIMON: In the last few lessons, you talked about seeing the details of the wider picture. Could you apply that to my situation? and any further words? Maybe your perspective will help it to click easier for my understanding.

MARY: I see you as a man who wears many hats. You are not quite sure which one to wear so you are constantly changing. It would be my understanding that in order for you to find joy you feel you must bring joy to others, and you are finding you need to keep up a continuous juggling act. I recommend that you stay quiet for a couple of weeks and really listen to people. Think about what really brings you joy. Take a deep breath and relax. You will find there is peace and comfort in the spirit. Overall, Simon, you do well. You are not one to ever lay down before your troubles. Your enthusiasm is admired. That is all.

For this week, let us remember what our focus is. How important is your need to be liked? How will your closeness with Father help you to maintain focus and find joy in being an example of one of the Master's disciples?

I find joy in you, my friends. Continue on with the work. Our love goes with you always. From Abraham and myself, we bid you, shalom.

The Master Sets Us Up To Learn Together, To Gain Growth
Abraham & Mary, WOODS CROSS GROUP 04-02-2007
Back

I am ABRAHAM. Greetings. I am moved tonight by this evening's energy. I can see a growing light among you. I appreciate your courage to be real.

You are living in an age where it is crucial to have a clear view of reality. There seem to be so many issues in the world that need attention. It is common to become overwhelmed and remain indecisive in your daily living. If we can focus on the simple tasks before us, we can harness our energies to help potentials become actualities.

I am MARY. Greetings to you, friends. It is always a warm welcoming spirit that dwells here among you. I am in understanding for the most part of what Abraham speaks of. The ministry at large seems to create an anxiety amongst the participants. In the healing aspects of our ministry there is so much good we can do by allowing a continuous self-correction. In our state of becoming, we will personally be our own greatest task.

You are each aware that spirit helps align experiences that create growth among mortals. We are each a reflection of one another in some way. I am taken back to a personal experience with one of my sisters in the ministry, Sylvina. She was seemingly always set before me as a stumbling block. Daily communication with her seemed to be futile for she was in constant need of energy.

Being a few years younger than I was, I made effort to give this sister the patience and the understanding I so needed for myself at that time of life. The Master had given she and I many tasks together. Every time I realized I would be sent out with her again I would be discouraged because she was somewhat of a fluttering butterfly, while I was made to do the less glamorous tasks.

There was a time we were ministering to an elderly gentleman who needed clean bandages. And as I cleaned his wounds and made preparations for new bandages, Sylvina engaged him in story-telling; and this brought great joy to each one of them. I chose to be irritated and did think of myself as 'the true hero,' the one willing to roll up her sleeves to aid the sick and downtrodden.'

Each day I spent with my youthful sister I was made aware of new things. Her liberty in living made me find balance in my conservative ways; and I believe she learned to take responsibility a bit more seriously. It was obvious that 'as a team,' I brought comfort to the body while she ministered to the mind.

This young woman reflected to me some characteristics I wanted for myself. In viewing her irresponsibility, I learned how judgmental I could be. Instead of fairly communicating with her of my needs to have her help, I chose to be petty and downplay her importance while harboring such spirit poisons. Yes, those spirit forces definitely knew of the corrections that could result from my being paired with this sister coworker in service.

Over the years, Sylvina and I became quite close. We could come face to face in anger and work through our differences. We could practically read each other's minds. This woman, who appeared to be a stumbling block in my spiritual path, ended up being a wonderful teacher to me. Yes, the Master knew us both and what we needed.

He set us up for growth. I am grateful to have had such individuals as Sylvina in my mortal life; what an excellent help that experience is to me now in this life as a teacher.

My friends, the Master sets us up to learn together in order to gain growth. Let us be aware of our patterns of judgments and anger. In the midst of common issues and challenges, what can help to ease our angst toward our fellows? By holding onto old behavioral patterns, what are those spiritual poisons that begin to take root. With your new spiritual training, can you instead take those steps to take on the sweetness of spiritual fruit?

It was enjoyable speaking with each of you during this last week. I look forward to further close discussion with you each on a personal level. For now, I shall take my leave, as will our mentor and friend, Abraham. We send you with our love. Until next week, shalom.

Allow The Real Spirit You To Override The Material You | Daily Meditation Practice
Abraham & Mary, WOODS CROSS GROUP 04-09-2007
Back

I am ABRAHAM. Greetings. I am enjoying your lightheartedness. I appreciate your individuality and also your willingness to become one with the Spirit. It would seem this group-setting is such wonderful therapy; it is fertile ground for the planting of new ideas. Your discussions bring new thought.

We are on the brink of seeing either weeds or the blossoming flowers. I believe the concept of 'group' teaches us to be better kingdom citizens. We are learning how to be calm and to know that we are safely within the family of our First Source and Center.

It is obvious in this day and age that individuality is quite celebrated. It seems that our youth screams for attention, and this starts to lean over into the selfishness of ego, and away from the closeness of family. Body adornment has become something to worship, while the concept of a budding soul is hidden. What our eyes can see has become seemingly more real than what the spirit can feel. We are all working toward self-mastery – and for the most part, that is letting go of the material and attempting to view life circumstances through the eyes of the spirit.

I am MARY. My greetings to you again, friends. I am in understanding of that longing for Spirit security. You are beings who have to exercise faith. I know of that longing to be 'in the knowing' of how you are perceived. Believe me, I was indeed quite shallow as a youngster; I was always in deep concern over my appearance; I wanted to belong; I wanted to be exceptional.

Working with the Master, He would have us meditate on simply being a body of light. Ten or twenty minutes we would meditate on our own beings as a simple portion of light. In this, the Master would tell us to see ourselves in the busyness of life dealing with our brothers and sisters – also nothing but beings of light. And in removing the 'shell' of the spirit – the mortal body – that therein lies the beauty, the truth, and the goodness. Jesus would then guide us into awareness as if going about our daily lives as spirit, as light.

This simple daily meditation helped me to become a better citizen and a much more sweet and kinder person. I came to view the lepers, for instance, as beings of light and to know they were well within the kingdom, equal to anyone. It felt wonderful to be an equal part of a link of all that is. I could make conversation with the wealthy as well as the destitute. I could see all my associates as children striving to make our way into adulthood.

I am reminded of the resurrection of our Master, and how the sisters and I had so badly wanted to go into the tomb and tend to His body- and upon our arrival, he was not in there! It was a dark empty tomb, and the empty vehicle that was his mortal shell, was gone.

You each are wearing the flesh that is temporary - as was His. It is our ministry to promote truth, beauty, and goodness while in the flesh - as did He. It is as simple as making everyone you meet feel welcome and a part of all there is.

I am pondering the future lessons here within this group. I believe we need to get to the simple basics of everyday living. There are so many issues to tend to in this day and age; and in that regard it is definitely a different world now than when myself or Abraham had worn the flesh. I am honored to be a part of this family, for you are indeed quite beautiful individuals. I am growing to love each one of you more each time we meet; your individuality strikes me in many different ways. Sometimes I laugh, sometimes I am concerned - but overall, I am always learning.

This week, try to make time to have a short meditation daily on allowing the shell to slip away so to reveal that beautiful spirit light - make effort to go about your daily business in that mode. Our lesson is kept short and we shall take our leave. Know that Abraham and myself are with ever-growing love for you each. Until next time, shalom.

Emotions Bog Down Our Clear Thinking. To Not Control Is Strength, Not Weakness

Abraham, WOODS CROSS GROUP 04-16-2007

Back

I am ABRAHAM. Greetings. Of all the issues discussed here this evening, I am glad you have been able to set them aside for a time so we can get down to the business of spirit. It is grounding to have the group to bounce ideas off of. It is healthy to have a well-balanced discussion that involves common sense and humor.

As we ponder the benefits of being involved in this group, we can see how the mortal life is filled with a series of such groups. I have found it a blessing to be surrounded by supportive friends who would always be honest with me - loving, and yet, honest. You would never let a loved one continually trip over a mistake; you would do what you could to give help. I find that you each help in a balanced way as far as this group goes; in personal life, however, we tend to be a bit more emotional.

Last week, Mary made comment to the fact that we will delve into more understanding on basic issues in everyday life. I believe those relationships that are close and personal are sometimes the hardest lessons to learn. Back in my mortal day, I had

always worried about the pain of loss. While I acted as if it was 'in my loved one's own best interest' to use caution, it would really be in my own to not have to bear the pain of loss.

Parents always have these temptations that they could use fear into scaring their children to being wise about any situation; and I say, the child mostly learns to remember the fear.

I used fear to control my loved ones so that they would somehow keep their focus before them. I did not want to show real love because in my mind, that meant weakness. 'To control' was more masculine, to me. 'To love' was breeding weakness, I thought; and in those days I could not afford to be known as weak. How blessed are we that the Master did not have that same view.

No one who ever felt the Master's love would ever say He was weak. Those that could not or would not receive His love, made Him up in their minds to look inferior. Because the Master did not show great emotion, some mistook Him for cold. He had plenty of human emotion, it was just not on parade. His closeness to Father helped Him to harness the energy of emotion and put it toward actions He could take.

Jesus was not beaten down by His emotions or the pain inflicted upon Him by others. He always made His best effort in all things and would leave the results to Father – this freed up His thinking to keep going about the ministry. He was not bogged down by emotion that would have Him seek escape or have temptation to 'throw in the towel' so to speak. His thinking was clear and dwelt not upon hurt feelings.

Many new generations still find hate in their heart for Judas Iscariot, and have more emotion than Jesus ever did about that situation. The Master could love deeply, yes, and yet, not make love about 'emotions.' He trusted in Father to provide detailed guidance; He depended on this guidance to lead Him to the next task. The Master knew His time here was short and had not a moment to waste being petty or hurt. He had to keep a clear head about Him. Cry when it was time to, yes, and then move on.

This week, Mary and I are asking you to see how you can love without holding back. Is love a weakness or strength in your living? How does emotion bog down your thinking? What are those activities you can do to keep you connected to the Father?

Our lesson is kept short again this week. We will assess your experience for the week next time and move our lessons from that. Know that our love is ever growing for you each. Until next time, shalom.

Stillness Practice Creates Peace, Which Enhances Our Connection To Our Divine Caretakers

Abraham & Mary, WOODS CROSS GROUP 04-23-2007

Back

I am ABRAHAM. Greetings. The energy tonight is glowing. There is such a feeling of enthusiasm and love. I am honored to be your brother and Teacher. I am amazed year after year at your faithfulness and dedication to keep supporting the Master's

cause.

I am in understanding of your view of a chaotic world. It is not so much that the world has changed, it is mostly that your awareness has expanded and our link to the cosmic mind is more solid. It would seem that the human mind is bombarded with newness, for this is an age of increasing awareness. It would be part of our ministry to keep the peace, to extend calmness and spread the good news in an appropriate manner.

I am MARY. Greetings to you, fellow coworkers. I am always fascinated by your conversations. While I am trying to fulfill my duties as a mentor. I myself am also struck by the newness. We always speak of 'accelerated time' and then are somewhat confused while in the midst of it. You have the tools to keep peaceful in any situation. We still promote meditation to strengthen the mind. It is very easy for mortals to be pulled into dramatic situations.

We have to remember - while the world is becoming different, so are we; there is always talk of 'being on the cutting edge' in mortal matters. I say, we are also on the cutting edge of spirit matters. I am speaking of your personal relationship with God the Father, and Christ Michael - our Brother/Father. Through them, we have our personal link to the latest in spirit activity.

We can move; we can change and adapt in any situation. You have been trained to apply spirit; and while that may not be acceptable in the opinions of others, we remain unshakable in our stance for our Brother/Father's cause. Many mortals are frozen in the fear of everyday-living and they change not; they hold on to non-reality; fear makes them immovable and they cannot connect to Spirit. Our minds need rest and meditation to stay strong and to stay connected. And this is how we rise above fear.

Last week, Abraham spoke of emotions and real love. He means not that we hide emotions, no! but rather, to stay connected to Spirit. With that comfort in Spirit, one does receive an exercise for the mind that creates a balanced state; and in such state we are dedicated to allowing Spirit to transform us, to prepare us for our mortal career.

We allow not the world to damage us; the world changes us not. So many that are blind to Spirit allow the world to change them or build them up into something that is an illusion to where there is not real meaning in life - there is no satisfaction or fulfillment.

I do remember my beginning days in the ministry and allowing the excitement to control my emotions. I do remember coming upon an argument between James and John, the Zebedee brothers. While I disliked the controversy, I immediately jumped in with my opinions. The brothers could not even hear what I was trying to say, they could only see my high emotional condition. I did not create peace and solutions, no. Of course, everyone walked away mad.

The Master explained that had I been more connected to Spirit, I could have calmly explained my position, and that would have attracted their attention. How blessed

was I with the Master's presence. His wisdom touched my soul. He literally made me better in all ways.

My friends, you also have opportunity to be this close with our Brother/Father; you do have access to His wisdom. High emotions will make it so you cannot hear Him. Practice your stillness and allow Him to communicate with you; and let that link enable you to create peace.

Let us walk in comfort this week knowing that ultimate good comes from every circumstance. Father does not allow ultimate bad things to happen when we seek to live in His peace. He does not pick and choose who will leave this life without all opportunities for growth. This is an evolutionary planet, and we are prone to the accidents of time – and of course, the animalistic tendencies in man.

This week, let us concentrate on creating peace. Know that our love is ever growing for you each. I am truly enjoying getting to know your unique personalities. I thank you for allowing me to be your sister/teacher. From Abraham and myself, we bid you Godspeed. Until next week, shalom.

To Serve With Joy Brings Light, Brings Peace, Enhances The Cosmic Mind
Abraham & Mary, WOODS CROSS GROUP 04-30-2007

Back

I am ABRAHAM. Greetings. Here we are again gathered in faith and hope that we will see the fruits of our group effort. This is a place where you ministers can find rejuvenation in spirit, mind, and body.

In the busyness of our daily lives, we tend to forget Father is at hand. It certainly takes a toll on the mind to have this separation. You really have to pull yourself out of life and into some stillness – some quiet, somewhere where the mind is sitting with a blank slate in order to gain this rejuvenation.

I am MARY. I am so very honored to be a part of your learning. Abraham brought me to share my experience, to show how spirit works in life. We are not about eloquence of words, no; we are about using spirit in this evolutionary life.

I do remember my days ministering to individuals in the crowded marketplace. I became well known and there always seemed to be needy individuals tugging at my sleeve. My mind was bent on solving problems, helping to get food and clothing, medicine and supplies. Often in the rush, I did easily set aside the Master's lessons. My focus became hazy and I was mechanical.

How blessed were we in those days to sit at our Master's feet and hear Him speak words of love and comfort – a pep rally, so to speak, to rejuvenate our energy. Jesus definitely reminded us of why we worked, why we strived to serve.

We could be in the midst of deep conversation with Jesus when a little one would tap Him on the shoulder and demand to play. That was a temptation the Master could not resist. He was definitely gifted at multi-tasking. He could give this child attention and at the same time show us how lightheartedness could clear the mind, and how laughter could free the spirit.

Said Jesus: "How blessed are those who have the faith of a little child, how wide are their eyes, how endless is their wonder."

The Master's rejuvenating conversations would encourage us to go forward in peace and love; it reminded us to serve with joy. Following His example, I was able to take one person at a time, give them the comfort that was needed, and really reap the joyful satisfaction that comes with being connected to the spirit. I could look throughout the market square and see my sisters also at work, smiling, bringing hope, bringing comfort, bringing joy.

You that have volunteered to minister to those who surround you are well trained, and you also need a great deal of spiritual rejuvenation. I see many individuals who reach out for physical refreshment, and the desire never seems to be fulfilled for it is truly spiritual refreshment that is needed. Those that knock, the door is opened. Those that seek, find.

I understand that you are pulled in many different directions. To move mechanically is not what our ministry is about. As the cosmic mind is growing, we must continue to bring light. To be joyful in ministry is to bring light. This is expanding the cosmic mind; it is expanding mass-awareness.

It seems that sometimes the world crumbles around you and you know not where to start. Remember, Father brings the ministry to you; He brings you your tasks and gives perfect instructions on how to complete them.

While there are so many events to be concerned over, let us not have our spirits dampened. Be aware of those spirit connections that create joy. Sit at the Master's feet. Look up into His face. Draw upon His energy. Know that His comfort and determination is unending.

This week, let us find joy in our ministry. Let us seek the true source of spirit energy. Rest the body; rest the mind. Make not worry a habit. When we think of abundance in this life, what does that entail?

That is all. We are honored to walk among you, to be your sister and brother in Michael's cause. Go in peace. Our love goes with you. Until next time, shalom.

Loaf of Bread on a Windowsill. Self-Honesty is Freedom and a Strong Connection to Spirit

Abraham & Mary, WOODS CROSS GROUP 05-07-2007

Back

I am ABRAHAM. Greetings. As I am here listening to you, I desire to spend more time with you. You are each captivating and I cherish our moments together. I am in understanding of the daily struggle between faith and animalistic tendencies. I understand your deep longings, for I have had them myself.

It is quite a task to learn Father's timing. To be still and accept 'what is,' so often comes with a lot of anxiety that is in need of harnessing. When we are conscious of practicing self-mastery it is difficult to be patient, to wait for the

outcome. Mortals tend to force, and this does create struggle. There is no doubt that hard work brings results, but in the spirit kingdom, we practice to release the results to Father's will.

I am MARY. Greetings to all of you. I am always honored to be a part of your family circle. I am in appreciation of Abraham's words this evening. I understand about 'forcing your desires,' or allowing impatience to get the better of you. Growing up in that time of my desperation and longing, I felt like a lone soldier who was always in preparation for battle.

As a young adult, I had deep hatred for the world and blamed all its people for my loneliness and desperation. I would pray halfheartedly in a manner I had learned from others; it was more like wishing – if I thought long and hard enough about something, that I could have it for myself. Of course when my so-called prayers were not answered I was in doubt that there was any kind of God. I really felt over-looked and became resentful and rebellious.

I recall one day I had spotted a fresh loaf of bread on a windowsill. I quickly ran up there to steal it, and as my hand went up, I saw these eyes watching me. Of course, it was the baker of the bread. I quickly pulled back my empty hand and started to run when the woman called after me: "Come back, child." I turned to look at her to see her expression, and it was not angry, so I took a few steps forward to listen to what she had to say.

The woman took the bread, broke off a large piece and handed it toward me. No words were spoken. I was not this time punished for my rebellious deeds but handed a gift of compassion. Every day thereafter I would walk by this magical windowsill and there would be bread there waiting for me. How this softened my heart! How this turned around my mind! As I began to see through positive eyes, the world began to change my perception of it. There really was a bit of compassion in the world. There really were acts of kindness.

There were mortals who struggled as I did, yes, and it was very helpful to me to have conversations with those who were like myself. We learned that we could either sit and complain – or as we liked to call it, 'venting' – or choose to rise above. As I became closer to these individuals, we would speak of positive solutions to everyday problems. What a blessing for me. How this opened my eyes to believe that something good was really out there.

Make no mistake, the world still seemed to hand me my share of difficulties; but even these became challenges I realized I could find growth from, and I learned to act with integrity. It is true, you get what you give out. I learned to give and receive, graciously, yes, and it all seemed to begin with a slice of bread.

As we practice self-mastery, it is key to be honest with yourself. Worry not about any sort of punishment. Many people are deluding themselves thinking that should they have honesty with self, that that would reveal all to God, and it probably 'wouldn't look real good.' Father is not judging your every move. He knows your needs and understands your frailties. Self-honesty is freedom and a strong connection to Spirit. As we move about in our everyday lives, we are in

understanding of how important integrity is. We must be people that can be trusted.

As you open your hearts this week to receive new understanding, let us make effort to see the good in the world; let us make effort to add to the good. Be open to new avenues, for Father may have you working overtime. There is a great deal of work to be done; and yes, individuals will come and go. Remember, the Master ministered 'as He passed by,' just as can you. You are a lovely bunch and I am blessed to be among you.

Know that Abraham and myself are available during the week should you have need. Just sit down and be quiet, we will be there. You know we are growing more in love with you each, every time we meet. And with that, we shall bid you, shalom.

As We `Pass By` Are We Vessels Of Light | Mary`s Personal Mortal Experiences
Abraham & Mary, WOODS CROSS GROUP 05-14-2007
Back

I am ABRAHAM. Greetings. I am so touched by your friendship. The love here is visible. You each put so much into your day. And even though you may be weary, you honor your commitment to this group and these teachings.

I am uplifted to see your group and others, striving to move forward with the Teaching Mission and the Master's plan and purpose. You know not where this is going. You have not seen, as we can view, the many wonderful results that have taken place because of your interactions in the world. You have put these lessons to good use. Yes, there is a real light about you; you don't need to take my word for it. You don't need to see it with your eyes, for you know well that you simply need to remember who we serve. Remember His love for us and how He longs for our wellness.

I am MARY. I agree with all of Abraham's wonderful words. I am encouraged to strive for new and better ways to serve. Over the years in my days serving the Master, I found myself experiencing a great deal of interaction with individuals I did not even know, or care to know - it was like I was a chess piece that was moved about. I would meet and speak with a great deal of individuals; sometimes I would only speak with them for a minute and then they were gone. I was placed in with different classes of individuals wherein we would speak freely and find a common thread.

In my earlier years of the ministry, I was one day interacting with children, and apparently, in the midst of simple play I became aware that I was a channel for inspiration. In the years following, I come to realize this was the ministry; this is what we had been trained for. It was as if the Father filled me with a spiritual energy that He would pour upon those who were around me - and in that, Father was creating awareness; He was planting ideas and attempting to become closer to His children.

I am reminded of an elderly man who was like a father to me; he would come by and talk to me every day. We would laugh and tell stories. I came to understand from our encounters that he was a light to me from which I found the renewed energy to go about my day. I wondered why he came to see me every day.

Later on, I learned that the man likewise found spiritual refreshment from our conversations. I had not known a real example of an earthly father until this man had entered my life. What a joy! I am still in contact with him to this day. He was an individual who touched many lives with his lightheartedness. Even though he was infirmed, he found strength in making people laugh. I simply adored him.

There was also a time where a woman was leaving a fruit stand, and the cloth she carried her goods in had opened and fruit spilled out everywhere. I stepped over to help pick them up and we got to talking about our preoccupations and our desire to do too much. It was only five minutes but I believe it assisted us both in creating an energy to go out and serve.

We know not why we're placed in certain areas and people come into our lives and then go. It may seem strange, yes, but believe me it is a baton of energy being passed. The cosmic mind has increased dramatically in just the last ten years, simply from individuals having spiritual awareness. As you know, we need not stand on the corner to preach our gospel, no. We are everyday people who serve 'as we pass by,' just as did the Master.

I had known another man who was a business owner and the father of six. His mind was so deep in his responsibilities that he had not known where his priorities had gone; he had forgotten how to love. His children were becoming quite grown when he had realized he had not really known them. We met when I had clumsily slipped in a mud puddle one afternoon. He was walking by and helped me to my feet. I was indeed embarrassed and he was nice enough to tell me his own stories of clumsiness. We laughed and walked on.

A few days later this businessman and I had bumped into each other again; our conversation turned toward real-life circumstances that impact us, and how in our busyness we can forget why we live. After a period of time, I had not seen him and I always wondered how he was doing. I did find out that the man had greatly decreased his business so that he may get to know his family. They lived not a life of luxury any longer, but they had something much more valuable.

How joyful were his children to feel their father's presence in the family. How happy was his wife to see this change in him. There were always some concerns over finances, yes, and yet their unity and desire to honor Father quelled their anxiety; they were able to live life learning all the usual things families learn. How blessed was the man to have learned this early on instead of being old and regretful.

Was the businessman's change because of my interaction with him? or was it the spirit of Father flowing through me to speak to his spirit. I was just having a pleasant time living in the energy of the Spirit, and knew not that was even ministry, for I was so honored to be a part of the Master's plan.

In this life you will meet a great deal of individuals. Remember that you are a vessel for light. It is not really an obvious circumstance, no; it is simply you being you, and allowing the Spirit within to be what it is - and together, work to reach souls. There are always opportunities missed because you may be in a hurry, or

you may be shy, or you may feel unworthy and without confidence. I am saying this is not so much a matter of concentrating on doing good, rather it is about allowing. It is about being joyful and being just who you are; and in this, the Spirit is there.

Yes, we are led to certain places to have interaction with individuals. We do not know the outcome; we don't need to. We are simply helping the light to grow – and in doing so, we are helping the cosmic mind. We are helping create circuits that have not been before.

I believe next week, if you have need we will take questions. As for this evening, we will send you with our love. Know that we are ever so grateful to be a part of your family. From Abraham and myself, until next time, we bid you, shalom.

Accepting Ministry From Others Opens Us For That Personal Change Needed

Abraham & Mary, WOODS CROSS GROUP 05-21-2007

Back

I am ABRAHAM. Greetings. I am so grateful we can be here together to regenerate in mind and spirit. This group is a well of health, truth, and life – like-minded fellows with which you can dip your cup and prepare for the week ahead.

In our ministry we sometimes get to the point where we are always in a mode of giving. Sometimes the origins of this mode go back to traditional church beliefs. "To be giving and self-sacrificing is holy," taught the church. Today we are more with the belief that giving is more of an exchange of energy, an ever-flowing river of truth, beauty, and goodness.

As we minister to others, we need to also look upon what is given to us. We are still students, ourselves, and in need of ministry too. At this point in time, we can see individuals stepping out of the church boundaries to really think for themselves. This swaying pendulum of insight will help us in taking a leap toward Light and Life. Individuals are finding more freedom and less fear, to question their lattice of belief.

I am MARY. I am again grateful to be with you this evening. As I get to know your personalities, I grow more in love with you. I am always in anticipation to meet with you students of the Correcting Time. You could say I was always a free-thinker, yes, but mostly I was just a rebel toward tradition. I disliked those people who appeared to 'have,' because I was always seeing myself as 'having not.'

Growing up mostly as a lonely child, I had gained quite a bit of mistrust toward adults. Those caring adults who tried to give me kind words, I saw them as people who were trying to get me to conform; and to me, that meant I was not good just 'as I was.' So therefore, I was suspicious of kind words.

Before my ministry with the Master, I remember having a bit of a crush on a young man named Jeremiah. He was kind and thoughtful. He knew well what topics to not discuss with me, and religion was certainly one of them. Little did I know then that he was a good friend of John the Baptist and was a witness to the beginning changes. He would speak of this so-called 'prophet;' and although I could see the enthusiasm

in his eyes and total faith, I still felt I could not trust.

Jeremiah was from a good hard-working family – one of seven children. He was well familiar with balance in life – to give and receive; to love and be loved; to teach and to learn; and simply to prioritize life with the eyes of the spirit. I believe had I been ready for such an individual, I could have certainly spent my life with him.

Jeremiah was a good teacher. Many times he had told me the truth about myself and I thought he was simply being judgmental, and this was always an argument for us. My mistrust eventually sabotaged the relationship and we went our separate ways. I will always remember the light in his eyes as he spoke his true beliefs.

It wasn't until he had been away from my life for some time that I began to truly appreciate having known him. I had not regret because I had learned so much about myself through him – things which I was in denial about. I know Jeremiah went on to marry a wonderful woman and raise well-balanced children. We had always remained friends and had that connection that was on a level of spirit.

It was knowing people like Jeremiah that helped me to find myself, to figure out my place in the world. I realized my rebellious nature was not for loss, but for being open for the 'new' that was to come. It was my choice to embrace what I felt to be true. Coming to know the Master, this was exactly what He taught – that our closest connection with Father begins from within.

As promised, I will keep the lesson short to receive any questions you may have. Abraham also stands by, proceed.

CALVIN: Thank you for your words today, both of you. Abraham, it has been about sixteen years ago that we were students of our initial Teaching Mission teacher, Ham. Two questions: We understand now there were transmission errors at times; and yet, Ham's presence was very real to us. The thought has crossed my mind though – did we misunderstand and it was really you, Abra'ham,' all along? and we just got the 'Ham' part and rode with it? He does feel like a different personality from yourself. Secondly: I talked to Rebecca in Nashville over the weekend, and wonder if you have any words for her regarding Ham as her ongoing Teacher?

ABRAHAM: I was there in the beginning days, and Ham was my student and associate Teacher. Our names may appear to be close, yes, but mistake not, he is definitely his own entity. You can ask anyone who sat there for hours listening to him, they grew to love his unique personality. Ham is indeed a brave individual who dared to be one of the first to participate in the Correcting Time on this darkened world. Rebecca knows she can begin again with Ham at any time. We all know by now that these lessons are informal. I say to her to worry not, for all is moving as it should. Just remember to maintain personal closeness with Father. Have not worry about other's spiritual distance. Thank you, Calvin, that was a good question. Are there others?

MERIAM: Abraham, years ago I asked you about a couple of Teachers. You said you didn't know much about them, other than that they were highly skilled spiritual

teachers. I have been listening to CD's of this lady and she uses beta/alpha, and theta/delta waves in her meditation tapes. I was wondering if you had any comment. Is that akin to 'vibrations in energy' which you have spoken about? Does her method help or enhance?

ABRAHAM: I believe that these vibrational waves help some individuals, mostly beginners who are still searching. As you grow in the spirit you feel these waves as a natural and normal part of everyday life. If you believe these help you to focus, then, by all means, utilize them. It is interesting to come upon those who are first seeking the spirit, and begin to feel those mindal changes which include awareness of these vibrational waves. It can be frightening at first, but as you grow in the spirit you learn to feel them as a natural part of everyday living. Is this helping?

MERIAM: Yes. Sometimes you mention how you see us 'as energy.' Are those 'waves' like a small part of that?

ABRAHAM: Understood, we can use those waves to attract attention; but as beings of energy, it, for the most part, is not necessary. With the connection of the spirit circuits, new energies will be felt, and it will go beyond what is common knowledge now. We are always learning to embrace the new. I know that as a mortal it is our tendency to hold on to what we know; but you that participate in the Teaching Mission are becoming accustomed to newness. While these ideas are not organized or labeled, those that stay grounded will learn about them - naturally; it will just happen. While it will take many years, all things are moving us toward Light and Life. Good question, my daughter.

TECTRA: This is something in the lesson that Mary touched on last week - "helping create circuits among us." I believe that what you are speaking about here is that as we get more centered and balanced, and the art of allowing Father's time with those we interact with - that that is creating circuits. Could you expand on that and how that works? And, what the ramifications of that are?

ABRAHAM: Certainly. Well said. It is as if we are actual components on a circuit card. We are always sending energy through the circuits that effect every component. And when the components have some sort of spiritual awareness, then energy is easily passed through. There are always those who are with disdain and anger, and their world is certainly dark. When energy cannot flow in a certain path it will create new paths. And as we are feeling more a part of Father's kingdom and reaching more individuals to share with them the good news, then are there circuits formed that carry actual energy. You can be in a room with a lot of people and not be doing a single thing, and yet you are a component that is alive with energy - and people can feel this. People can feel negativity too. I can see the genuine connections between people. I can see a great deal of connection in this room; you all feel at home here, and there is love, there is no fear. As we are learning to take this into our personal environments and simply live as an example, simply being kind, this helps to create connections between individuals. And even if an individual does not identify this connection with Father, they are still components for Father to travel through. Good question, Tectra.

I am in appreciation of this evening's variety of questions. You are thoughtful of

the world around you. That is all. I am with such gratitude to be among you caring individuals. Your love for the truth will clear our path. As always, our love goes with you. Until next time, shalom.

John Zebedee`s Example of Strength and Freedom of Mind at the Cross

Abraham & Mary, WOODS CROSS GROUP 06-04-2007

Back

I am ABRAHAM. Greetings. How wonderful it is to see the support in this room - true friendship, yes; it is a cold glass of water to drink on a hot day. We gather to become refreshed.

I am grateful to see the act of surrender so that we may receive our lesson. What a comfortable place to gather and let down your guard (or personas) that you use out in the world. We all know well by now that in here, ego does not serve. What a freedom! What a chance to become closer to Father! What an opportunity to remember real love!

I can now really appreciate the process of growing older. It seems that with each passing year you gain wisdom that is freeing you from the trivial of everyday living. It seems when we were younger, everything was so wrapped up in drama, and this took our every ounce of energy. What a distraction! What an imprisonment! As we have evolved and chosen a path of spiritual education, we can see how we have gained freedom.

I speak mostly of freedom in mind. Everyday-living in mortal life can seem to beat about your spirit. The technology you have now is really impressive, yes! and on the other hand, it gives you access to so much distraction. It is like your heart and energy goes out to all you become aware of, and that can create such a static between your mind and the spirit. When we are so distracted, we become spiritually exhausted; and from there is developed a hopelessness. How wonderful is evolution!

I am MARY. I too feel the wellspring of love and acceptance. I am always in amazement of Abraham`s lessons. They are so helpful in living spiritually in a material world.

I like the topic of freedom in mind. I have met individuals who were severely burdened by physical disabilities, and yet their spirit was so alive. I can think back of when I was quite young and lending my mind to uselessness; the experience was important, even though I was so exhausted and had not energy to spare. I thank Father so much for the gift of His Son. What an excellent Teacher.

It would seem to me that the Master was fazed by nothing; He was impressed by nothing. His mind seemed to be detached from all the drama, for He knew that all things lead to an ultimate good. Faith is really, an exercise in relaxation. To know that 'Father is in every detail' is such a comfort in that you can have freedom in mind, you can have clarity, you can find enjoyment in all aspects of living.

I am remembering the moments of our Master who hung from the cross, and those of us who stayed to endure the final hours. I was in appreciation of John Zebedee. He being the youngest of the apostles, it was encouraging for me to see his strength at

the appearance of such horror. I do know that he wanted to crumble completely, but he maintained his mind and composure for the Master, who was still instructing him even from the cross.

John was a source of strength for me and my sisters, who had emotionally broken down. At that point, we were imprisoned by emotion and fear – hopelessness. Our little John would rally us in faith, remind us of the lessons the Master taught, and remind us of our focus. The other apostles encouraged John to run, to make his escape before he was also caught and crucified. John certainly felt torn by fear and loyalty, for he had received the last instructions from the Master to care for His mother, Mary; and John knew he must stay alive to carry out this task.

He rallied us for one more pep talk, and this surely cleared our minds to put energy where it should be going. We all knew there was work to be done and we went forward with a renewed determination. While we felt no freedom from our emotional terror, John helped us to find that small light of hopefulness and to focus on the work ahead. We had to take care of each other, for this was an event that would change history.

Our beloved John held us all with an embrace that I thought would give me injury. His energy was on such a higher level than emotion. His mind was free to receive spiritual information. He loathed to leave us but we encouraged him to go, to be safe for the work ahead. As the days passed, this influence from John put upon us such a seriousness that made us be quiet, listen, and remember the Master's plan and purpose.

My friends, in all the ugly events that occur on a daily basis, we can find freedom in our faith of our divine Parents and their total watchcare. We can be comforted by the fact that all is well within the kingdom. Every individual that listens to Spirit is given kingdom tasks. It is worthwhile to shut your eyes from time to time; take not in that material influence, and remember that you were given an assignment. And remember – in any drama we experience, we are to remember that higher level of spiritual energy that can be ours for the seeking.

This week, let us have thoughts about John's strength and his dedication in carrying out the Master's instructions. He set aside all his fear to listen to anything the Master had to say. His tremendous love for the Master did help him to have complete understanding on self-forgetfulness. He would have gladly given his life, there was no doubt.

I do know it is difficult to find clarity in a chaotic world, but we must remember this clarity is a path to spiritual instruction. It takes effort, no doubt, to turn aside from our fear or ego. Even though this planet seems so harsh, we must always keep in mind that evolution goes forward, and we are going with it. We are finding more and more freedom in mind. Let us be aware of it and truly enjoy it.

That is all. Know that I am in appreciation of all of you. We are deeply honored to serve by your side. Keep up the good fight of faith. Know that our love goes with you. Until next time, shalom.

John's Enduring Example To Martin While Imprisoned
Abraham & Mary, WOODS CROSS GROUP 06-11-2007
Back

I am ABRAHAM. Greetings, once again I am honored to participate in your group meeting. I must say, I am always made to learn a great deal. I appreciate you that keep the goodness of our Mission alive. I appreciate how you have learned to move beyond yourselves to move forward with the Master's plan and purpose. I enjoyed Mary's words last week on 'freedom in mind.' We are blessed to have her firsthand account to certain events in the Master's earthly career.

I am MARY. Thank you, Abraham. I am once again overjoyed to be back with this branch of our family tree. Last weeks' lesson got me to do further research on what freedom really means, and I was reminded of a friend named Martin who served time in jail with John the Baptist.

Upon seeing John, Martin thought he was simply another fanatic. He even taunted John from time to time saying: "Where is your Master now?" John, for the most part, paid no attention to this ignorant man. As it happened, they both ended up working side by side in the kitchen. Martin always had some rebellious remark to make to John and John never got mad. Martin really tried to agitate and push John's tolerance, but John always kept his composure.

While there were hundreds of men waiting for relief from this imprisoned hell, Martin noticed John always busied himself with what could be considered acts of kindness. This really irritated Martin. "No one could be fulfilled in such a place, let alone find any kind of joy," Martin thought.

As the men worked side by side preparing food, Martin decided to ask John the secret to his serenity. That began the wonderful friendship which was to help Martin endure his almost two years in prison. Said John to Martin: "I cry, I have anger - but I also have my duties as a kingdom believer. And if my Master is not here it is because the Father has said it is not to be. Jesus makes no move unless it is willed by the Father. I am determined to carry out my mission duties no matter where I am placed. I will continue to do my very best. Just because I am not getting my way does not call for me to act out like a child and forget all that I have been trained to do."

Many people said John languished away in prison while waiting for the Master. There was no languishing! John worked up until the day of his death. Of course he had fear of the unknown, as we all do! but his daily prayers and meditation kept him from going to a place of negativity. While imprisoned, Martin learned about the Master, along with several other men; this was the light of hope to many who lived in this darkness. John taught enough spirit light to individuals so that they may pass it on to others.

In time, Martin was one of John's and Jesus' strongest supporters. He also helped a great many who were in similar seemingly hopeless conditions. I met Martin a few years after John had died. He had plenty of stories to tell about John. John had his fanatical side, yes, and yet later on found abundant humor in his seriousness. But as far as prisoners go, he was fairly balanced. Martin was overjoyed to be

released finally from prison so that he may meet the Master and begin serving Him.

We never know whose lives we may influence. We must always try to be a positive effect. Somebody somewhere will always remember what you said, or your attitude; or your example of how you handled difficult situations. To say that John languished in prison is indeed false; he flourished, and helped others to do the same.

This week, no matter what situation we are in, let us remember – the Master knows exactly where we are. He leaves us not. He does everything in the perfect timing of Father. We are to simply follow through with the ministry; in doing so, you would be surprised how much joy can be discovered. Also this week, study on the Master's self-forgetfulness.

That is all for this evening. Know that Abraham and myself are growing in love for you each time we meet. Until next time, shalom.

Remember to Knock at That Door Which is Our Rock
Abraham & Mary, WOODS CROSS GROUP 06-18-2007
Back

I am ABRAHAM. Greetings. I always enjoy the atmosphere here. There is enthusiasm and yet, there is serenity. There is inspiration and still, you are grounded in reality. There is such a wonderful support of one another; it's like being home. I thank you.

I have grown to love your unique personalities. Everyone has something to add; it is a ripple of positive effect. I do make effort to spend time with you each a little during the week. We always have a ministry to pursue and I am always there for counsel.

I am finding it important to speak of rest. It seems that your lives are always in a fast-motion state and there is such a wear and tear on the body and mind. You are each wonderful to fulfill your obligations. Many of these obligations are mind-consuming and we forget to rest. If the body is not well, then certainly this discomfort occupies the mind; it does create a static between you and Adjuster guidance. This week, we ask that you find time to rest the body and mind.

I am MARY. What a lovely group this evening. I too, always feel at home. I can appreciate Abraham's words. I, even now, overwork myself.

It is fascinating to me how mortals change with time – priorities change; energy changes. It may cause some disturbance in understanding when one feels burdened and overwhelmed in everyday living. I believe sometimes that mortals can forget that they are on the Earth and in the flesh 'to learn,' and if you want to mature spiritually, then experience is a must, and experience is not always pleasant.

Many times life is brutal and we forget to knock on the door of the One who can help. Many times we are saying instead, "God, why me?" when we should be knocking at the door of our Brother/Father for assistance. There are many paths to Paradise, but said Jesus: "I am the door to true understanding of the eternal purpose."

We can allow ourselves to be victims of life; we can lay down before our troubles. What misery this brings! Our purpose here in the mortal world is to have 'experience' - experience to gain spiritual skills for the career ahead. We come before the Master because He is in understanding of how our minds work. He knows what we need. He had the experience personally, which we are having now. He makes heaven understandable and accessible.

As we go through daily living, let us remember to knock at the door. Allow the Master to define what is happening. He is the way to the Father. I can see Him now up speaking before individuals who hated him in those final hours. The Master knew He had not humans to lean on for support. Mortally, He was alone - and that in itself, is a serious cause for fear and anxiety. Even during the darkest hours, His rock upon which He leaned--our Father, His Father--was His strength to keep focused; to stay the path; to fight fear.

I am in understanding of the agondonter status. It can be difficult, yes! Faith, while in the flesh, takes effort. I see on the planet now there is great desire to escape pain. Simply put, there is great fear, yes! and when we are trusting of those unseen helpers who love us so much, then do we feel the strength of the Master; we can rise above being mortal - rise above animalistic tendencies, emotions, and the grip of fear.

Where is our rock? Can we stand before 'the door' and knock, in our everyday circumstances? The Earth is not a trap like flies stuck on flypaper, struggling to move, no; the world you live on is a stepping stone to a greater reality. Take the challenges. Ask the Master to interpret; He is our rock; He is our guide; He is our door.

Our time is up; we are due elsewhere. Remember this week to find time to rest. Remember to go through 'the door' for strength and understanding. The Master is our interpreter. Our love is ever growing for you each. From Abraham and myself we bid you, shalom.

We Can Spin Our Wheels and Yield Frustration, Or We Can Simply Put Our Trust Fully In Father

Abraham, WOODS CROSS GROUP 06-25-2007

Back

I am ABRAHAM. Greetings. I thank you for having such beautiful trust in our cause that you would allow me to greet you each week with such informality. I enjoy being your friend and brother. There is a point in our method of communication when you must let go and have trust that I will be here. You each do well to bring such a welcoming energy. You make my task easy and enjoyable.

I am with the realization that the world is extremely competitive, and fulfillment seems to be a far-off goal that is unattainable. It would seem that mortals are always in the mode of reaching, striving, or struggling. It is understandable that progress must be inevitable as evolution moves forward. There is such a mindset now that to be successful, one must attain this or that.

My friends, the striving, in itself, is energy-depleting to the point of frustration. Peace seems hard to come by. One's expected 'satisfaction' isn't really satisfying. Our mortal minds seem to be so 'out there' in the world – in the mainstream of mortal consciousness, and therefore we are in serious need of turning our minds inward – back toward the well of true fulfillment, the well of life everlasting.

As I think back to my time in the flesh, there were so many things that were seemingly so important to me; so many things that were a constant drain of my energy. This was a cause for me to be an emotional wreck. Do you see, I had to reprioritize my life. I had to think about what was truly important. Where was my energy going? I had to let go of the outer world.

It took me several attempts to learn to turn inward, to imagine myself face to face with my Father; to sit in His presence; to allow the outside world to dissolve – it was just me and Him. How healing this was for my mind. How energizing this was for my spirit. Father had taught me my true priorities and what to put my energy into.

Believe me, the world did not crumble as a result, but my life certainly did change, yes, for I learned to mingle among the people; I found such brotherhood, such love and happiness. I learned that money is temporary, and that love is sustaining. It was a matter of me trusting in Father – that all would be okay by allowing Him His role in my life.

Yes, it was difficult to put my trust in someone unseen. Even though I had my dear friend, MachiventaMelchizedek, I still had to practice faith and trust in those unseen divine caretakers. Trust has always been difficult for me as a mortal because I thought myself to be a self-made man. I figured I had climbed to the top on my own, and therefore I could only trust in myself.

Previous to my association with Machiventa, I can't tell you how many sleepless nights I spent with a suspicious mind – such unrest. Just when I thought I could not stand another moment, I was introduced to this Melchizedek in human form, who had helped to teach this old dog new tricks.

You live in a world where there is constant competition and continuous striving. You will always strive, yes, but 'for what,' is the question! We have to trust in One who deserves our complete trust. We have to lean on the One who is the only one worthy of leaning on. To live a life of unrest is such dissatisfaction – and believe me, that makes any kind of service in the ministry, impossible.

Father wants for your happiness, peace, and fulfillment. Let us remember to turn inward to Him from time to time. The outside world is what it is; and you are still you – a child of God with a ministry to fulfill. As such, we need to direct our energies toward a worthy goal.

Let us not lose that heartfelt connection by worldly distraction. There is always the One you can trust. There is always the One you can lean on, and He is not 'out there somewhere,' but within your very being. Share your life with Him. Let Him share His direction for you, with you.

This week, I challenge you to make effort to trust in Father and see what happens. Mary sends her regards and will be with us next week. It is always a pleasure to sit among you and look at your beautiful faces. I am filled with love and joy to know that we are working together, and will be for a long time. Go in peace, my friends. Until next time, shalom.

We Can Learn Tolerance By Turning Off the Nagging Mind And Being Observant
Abraham & Mary, WOODS CROSS GROUP 07-02-2007

Back

I am ABRAHAM. Greetings. You are a group filled with so much life. I am honored to be a part of that. As I look around the room, I see so much talent, so many gifts to be offered. If you really thought about it, you would see that each individual here specializes in some social skill.

As we move throughout the ministry, we will find ourselves with tasks that call for us to use our talents. In such a diverse world we can find ourselves with many social frustrations. Mankind is still learning how to relate – and as you evolve, your behavior must also evolve; it is all really an exercise in tolerance.

I am MARY. Again, it is a joy to be among you. I am moving throughout the Mission and I can see how so many avenues have sprung forth. During this Correcting Time, we will address so many issues and assist a great deal of individuals who are in need of training and direction.

I had always admired the Master for His values in education. He was well-traveled and understood the mortal personality like no other. He was so adaptable to any situation. He was always Himself, of course, but He could relate with the very poor or the very prestigious. He had a love for people that came from the Father. He could always see an individual as a child who was in need of some serious learning; or, one who was making great effort and meeting with confusion.

The Master had not focus upon Himself, there is no question; but He did have a balanced sense of self-worth. With this balanced sense He could sit among kings, or lepers, and feel at home. He was always one of 'the people.' The Master had a genuine interest in others, and therefore, He would always ask them questions that would draw out the best in them.

As I move through the cities of many countries, I find intolerance to be rampant. It is a fast-paced world and so easy to forget about one of the greatest commandments – which is to love one another. Evolution has brought about blended families, and this brings great opportunity, through challenges, to learn cosmic citizenry.

The Master set such a wonderful example of treating a stranger exactly how He would a family member. In His mind, 'through the Father's eyes we are all family' – souls having come from a cosmic source while each going forward as a force gathering experience to feed our Supreme Being.

We all know the Master was talented at many things. His talents can easily be your own. To have tolerance within the world, one must start being tolerant. You cannot

leave it up to somebody else or point the blame at their intolerance, no! somebody must start; somebody must accept the fact that we are all related, soul-wise.

I know for myself, I had immeasurable intolerance against the opposing gender. I knew that I had personal work to do to change my thinking toward being open to greater understanding. I will not go into detail but I can say, there were experiences placed right in front of my face so that I may learn healing and different skills to interact with the object of my anger. As the Master taught, I could see these individuals as a child of God who was not intending to inflict pain, but simply trying to learn. It was not my place to judge their level of advancement, no. It was my place to love the person as a child, as Father does. That was enough foundation for me to begin to build tolerance.

Every day there are situations before you that might be of great value in learning tolerance. Your task would be to turn off the nagging mind and be observant. What message is there right in front of you in these situations? That is all. It has been an enjoyable evening, and I am again inspired to carry on. From Abraham and myself, we bid you, shalom.

Let Not Self-Protection Hold Us Back From Living
Abraham & Mary, WOODS CROSS GROUP 07-09-2007
Back

I am ABRAHAM. Greetings. I am filled with such energy here among you this evening. Sometimes our daily tasks can become mundane and it is wonderful when we can get a burst of energy or inspiration.

In almost every undertaking we can find a lull, and it is important to allow time for the undertaking to grow its roots and to take firmly in the soil. As a mortal, I know it is difficult for you to bide your time and be patient with the outcome. I always have found it helpful to have some side-projects to keep my mind from impatience.

As mortals get older it is somewhat easier to exhibit patience but, then again, it is also easier to find a comfort zone and just stay there. In a way, I can really admire the youth; for them, there is no holding back. If they have need for expression (even though at times it may be unwise) they do not hold back. For the youth, their eyes are always wide open for adventure; their minds are not quite conditioned to be concerned with 'outcome' - and yes, that can be good and bad.

Mortals live a lot with regret for having held back in one way or another. There is always some meaningless reason to not take action. There is always a mode of self-protection. Many times we are more fearful of how we will appear to others than simply being open, honest, and seizing the moment.

I am MARY. Greetings to you all. It is always a breath of fresh air to be among you. 'Holding back' - this I understand. For someone like myself, so distrusting of the world at large, it was easy to self-protect. It was easy for me to sit by the wayside and watch life happen to others. The real work is in taking the opportunities before you and not giving in to how the ego may feel about it.

I was always with admiration for our Master, who never took a moment for granted. If there was something He felt driven to do, then by all means, He would put forth His best effort to do it. You know His family had hurt Him deeply by their non-supportive way; even His own mother had turned her back on Him. The Master could have allowed ego to keep Him filled with anger and desire to retaliate and hurt them back, but the Master saw that as non-productive and contradictive to Father's will.

Not even having spoken to His mother for so long, there, as He suffered upon the cross, Jesus asked John to look after her. Even then He seized the moment to show love. His short time here in the flesh was all about service, and He was definitely good at this because He was so good at self-forgetfulness.

To serve is to seize every moment; it is to put truth, beauty, and goodness into action. Bad things happened to Him in His life, yes, and He chose to keep living, to keep moving forward, to keep keeping His eyes on the Father.

What opportunities are we missing because we do not seize the moment? How are our egos keeping us from being our true selves and taking advantage of our time in the flesh? A child will run, fall down, cry, and get back up again only to continue running.

We will be hurt in this life, yes – but let not self-protection hold you back from living. Every time you choose to go forward with a decision you are apprehensive about, think of the Master going before you. He clears the way. With Him, all things are possible. Life is meant to be lived; be not afraid to live it well.

That is all. I always enjoy our lessons together. It is an honor to serve with you. We send you out into your week with our ever-growing love. From Abraham and myself we bid you, shalom.

Feeling the Adjuster and the Master's Presence Connects Us To The Cosmic Mind
Mary, WOODS CROSS GROUP 07-16-2007

Back

I am MARY. Abraham is elsewhere this evening. It will be just us tonight. I am overjoyed to have more personal experience with you each. I see a great deal of kindheartedness, a great deal of compassion. You each can see your flaws always out in front of your face. It seems we can focus a lot of attention on what needs to be fixed and overlook the simple joy of 'just being.'

I am grateful for my experience on Earth. It taught me how to climb to new and better horizons. I, many times, wish I can tell you what it is like from where I am now. Things that were priorities to me on Earth are simply fading realities.

Here in the spirit, I see no skin color, no gender, no status; there is no hate, no jealousy, nothing that is insurmountable to learn. I believe that mortals really struggle with being able to connect and to really feel the Father's presence. Here, without the flesh, I am with a feeling of love that is so real I can see it, touch it, and taste it.

You each know those things you can do to connect to Spirit. It is important to feel

the Adjuster's presence because it connects you to the cosmic mind. This 'cosmic mindedness' is where I am - and in that reality, there is the feeling of a Fatherly love; there is a security that is not found anywhere else. In that loving security we can rise above the spirit poisons - anger, jealousy, insecurity. With the closeness of the Adjuster, we receive a new vision that shows us eternal life. You can rise above the flesh and feel hope and strength when you open yourself to that Godly presence.

Many times in my Earthly career I would feel I had reached a certain spirit advancement and that I was possibly beyond some of those immature spirit poisons. There were always some challenges to experience. There was always some obstacle to challenge me to move from my stagnating ways.

I remember my thoughts of the Master having first appeared to me after His death. I was struck by the feeling of who He was. There was such a light of security and comfort when I had recognized the Master. I wanted to reach out and hold Him so that He may not leave. What a beautiful experience!

I have to admit, upon running back to my sisters with the message of the resurrection, I wanted to believe somehow that I was chosen for this appearance because I was 'so dutiful in my ministry.' I really wanted to take this experience and use it to put myself in a higher place.

As I was running, I again caught that vision of the Master and His beautiful light, and I suddenly felt that security that comes with faith. I felt so loved and accepted that I had not need any longer to make this task 'about myself.' I felt His love and acceptance, yes, and I knew not of another place I could receive such a wonderful feeling; why would I need to feed the ego when the spirit and cosmic citizenry was right at hand!

I was not 'chosen' for this task to give the message of the resurrection, no! I was simply in the right place at the right time; the Master could have been seen by anyone. It took me a few moments to recognize Him, for I was in such an emotional upset. It took a moment of stilling my mind to actually recognize the Master. I tell you this that you can also know - when our focus is on Him, we feel that security of spirit, of being within the kingdom family.

This week, I am suggesting that we concentrate on our own relationship with the Master - and likewise, our internal Adjuster; this is our key to controlling the spirit poisons. Take a moment to stop and recognize His presence. In our closeness to Father, we are more likely to become better kingdom workers.

Also this week, let us sit in the spirit from time to time and remember that budding seed of faith which grows to yield the fruits of the spirit. Remember the Master who goes before you. Remember that Fragment of Father within who is your wellspring and guide through our eternal careers. Let us take this week to slow down and be close to our spirit caretakers.

That is all. Abraham will be back next week. I am honored to share this evening with you. I am growing more in love with you as time passes. You are each a joy and

wonderful teachers. You do well. Until next time, shalom.

The World Needs Massive Mindal Cleansing | Simon Zelotes` Example Of Calming The Mind

Abraham & Mary, WOODS CROSS GROUP

07-23-2007

Back

I am ABRAHAM. I express my gratitude to you for your steadfastness. You each bring something to add to our collective mind. Your willingness to live faithfully sets an example for all those who seem lost. I missed you last week. Our Correcting Time expands, and always is there need to train new teachers.

It is apparent that living in today's world is quite non-traditional. It is a blessing, really, although it can be also a stumbling block. You can think back to when you were a small child; you were impressed by adults to have certain things in life. Children are susceptible to ideals and begin to dig a path that will take them toward the ideal.

As you have matured, you see that nothing is as you thought it would be. There is a freedom in the world now that never was before. There are elements of difficulty that produce movements in evolution.

We can look back and see the history of many churches that showed human frailties, weaknesses; and the people began to see church leaders as regular people, not God's 'chosen individuals' or channels, what have you. It would seem each religion has been brought to its knees in humility. People have seen that places of worship should be based on a group-conscience, not organized by one or two people.

Many issues of mortal living are being opened up so that individuals may see for themselves what needs to be done. Evolution is quite slow and it is difficult to be a small light in a great sea of darkness. The Correcting Time is to create many lights.

The world needs a massive mindal cleansing; the participants of the Correcting Time have felt this cleansing. Even though the hype to the Correcting Time has diminished, there are still deep roots that have taken hold and will create change. Many sit and say: "What is your will, Father?"

Father always answers us, yes, but His answer is not always apparent to the individual. It is understandable that many of us seek simplicity and ease, rather than the un-ease that change brings. If we are to grow, often we must have that element of disturbance - we must have increasing levels of difficulty that stimulates challenge and growth.

Father's will at times seems to be too easy and 'down to earth.' A lot of mortals expect something grand, something they can share with everyone instead of the simple beauty of taking His will and incorporating it into everyday life.

I am MARY. It is always a pleasure to learn among you. I am in appreciation of this lesson on freedom and non-traditional living. When I wore the flesh, I had always felt distant from groups or traditional societal themes. Jesus had always taught us

to reach higher with our minds, for therein is the kingdom and a sense of belonging.

I was always impressed by the life of the apostle Simon Zelotes, a real-life zealot whose enthusiasm preceded his wisdom. His mind was so caught up in the drama of life; he deeply desired physical action. Change for Simon was difficult – he could hear the Master's words of wisdom and yet, squirm inside to do his own bidding. He dearly loved the Master and wanted so much to do right by the kingdom.

I admired Simon's desire to make personal change. He had often practiced meditation with non-productive results. It was beautiful to see how the Master adapted His words to help him understand the personal change needed to calm his zealot attitude.

Action by physical force to induce change is not always necessary, and usually not lasting. Changes in the mind must come first – and that works best when we can pause and take a moment to practice self-mastery and think about what we are doing.

Simon became successful in the endeavor of calming his mind. He had taken his energy and put it toward teaching children how to fish. The children loved him and he was always with abundant energy for them. In this outlet he was able to create balance in life – to not act rash but take a moment to ponder the Master's words.

This week we will take joy in our non-traditional living, our individuality in the kingdom family. What are those outlets that help you to calm the mind! What service projects can you take up to enjoy fellowship and feel the Spirit presence! Therein, is freedom like there has not been before; this helps us to widen our ministry.

That is all for this evening, my friends. You are indeed each a joy. Go in peace. Our love goes with you. Until next time, shalom.

To Face Our Fears We Might Be More Aware of What Father and His Associates Bring To Us

Abraham & Mary, WOODS CROSS GROUP 07-30-2007

Back

I am ABRAHAM. Greetings. I am so honored you each listen for me. I am always comforted by your welcoming attitudes. I believe this helps me to be a better teacher and friend. Every week when I prepare for the lesson, I always give my commitment to Father; I tell Him He has the floor and we are open for whatever He may teach us.

I get somewhat involved in your daily lives, as does Mary. A lot of mortal living today is like our own issues of long ago; but then again, there are so many new issues that evolution has brought about. I am always made to keep training so that I can keep up with you and the Master's cause – our beloved Correcting Time.

I am more and more with the belief that aging is wonderful; all those trivial material issues fall by the wayside. With time and experience, we can dig deeper into spiritual education and receive meanings and values that are not of this world.

I am MARY. It is such a time of family unity when we come to visit. I am learning

your personalities and you each bring a smile to my face. I am inspired by your efforts to endure and push forward to keep the wheels of our Correcting Time in motion.

As I think back to my days in the flesh, I have memories of such all-pervading fear; I felt emotionally paralyzed and mentally blocked. I had learned from the Master how our Father, with the assistance of angels, does create educational lessons for us to grow. It was strange how those things I most feared were right before my face. I wanted to grow in the spirit and yet, I hid from the actual lessons. We all fear pain, and our basic instinct is to escape. Father is in total understanding.

I can remember working with my sisters in ministering to the sick and afflicted, and yet I was feeling completely inadequate. I had some knowledge of medical assisting and yet, I had such fear of making mistakes. I was so nervous that my hands could not relate with what my brain was conveying.

As I felt more comfortable among my sisters, I seemed to gather some agility. I began to focus on the work and let myself go. I had accepted the fact that I would make mistakes. I still do make mistakes, yes, but we must always remain in a forward motion; we cannot stop to dwell upon past mistakes when we are in the midst of the Lord's ministry.

As I tended to patients, I began to feel healed myself. Some of these people were in the worst physical condition, and yet their spirit was so alive. These individuals really became a part of who I was becoming. In the moments of this loving ministry, I could find my true desire to help. My self-consciousness took a back seat and my instinct began to take over. The more I was connected to Father, the more confidence I had in my ability to do anything.

Abraham is right when he speaks of growing wisdom with the passing years. Those things that seem unreachable while you are young, become a reality as you gain experience. Love, serenity, healing, fellowship – all become a reality. I am thinking the mortal life is such a wonderful adventure, and awareness of that would be a wonderful emphasis to place as the top priority.

This week, I believe it is suggested that we face our fears and yet be aware of what Father and His associates might bring to us. I say, sit down with pen and paper and write them out. Be not afraid of those difficult lessons – trust me, there is peace and help on the other side to surmount these fears and difficulties.

That is all for this evening. If you so desire, we shall accept questions next week. We thank you. You know our love is continually growing for you each. Go in peace. Until next time, shalom.

Accepting Reality As It Is Helps Us Loosen Our Grip On The Need To Control

Abraham & Mary, WOODS CROSS GROUP 08-06-2007

Back

I am ABRAHAM. Greetings. I am in appreciation for your willingness to have me here every week. Over the years that I have known you, you have become more accepting of ideas that are new. You live in a world of on-going stress and yet, I am inspired by

your various techniques to handle it. I believe that your lives are the sum-total of your decisions, yes, but always is there that 'Father influence' that keeps you always challenged.

I am MARY. I am always feeling at peace when we can gather together for our Master's cause. When I am viewing goodness at work in the world, I am seeing us closer to the goal of the Correcting Time. I am agreeing with Abraham when he speaks of the worldly chaos. It is a much busier world today than when we had worn the flesh.

I see a great many individuals in this society that are always in a mode of maintaining control. As you can see, when we are with the feeling that 'life is unacceptable,' it is a reality that you have become too attached to it. Yes, we all desire serenity and peace. We all desire well-being. Most of us believe that well-being stems from hard work - and while that is true to a point, many times the mortal mind will have the belief that 'the world will crumble' without our control.

I am taken back to a time when I had been serving in the Master's ministry for many years and I was to take on a protégé. We are always to hand down to the younger those gems of truth, beauty, and goodness in order to continue the ministry; and I was to train a sweet child named Sharla. She seemed to be eager to learn and had the most difficult time concentrating. She was distracted by the many tasks there were to perform while serving.

I was somewhat frustrated with this child. I wanted her to do exactly as I said because 'I had experience;' and not only that, 'I knew a great deal that seemed to have worked over the many years I had served.' Underlying my desire to teach was my ego, which simply wanted to appear superior; I really wanted to show others all that I had gained from my years of serving.

At first, Sharla was obliging and had me feeling like an all-wise teacher who deserved some credit. But this got old for her fast - she became distant and we struggled in our ministry together. We had difficulty communicating and there were indeed hurt feelings. Sharla wanted to try her hand at things - her way, and I wanted her to take my words for the 'precious pearls of wisdom that they were.'

The more I tried to have control, the more frustrated I became, and indeed was the Spirit blocked. I am sure that Sharla was also feeling restrained. I began to realize that I needed to allow this younger bird to fly, and that I was to be nothing more than a messenger to help her do just that! She took my techniques and built her own way of doing things.

Time and experience however, did bring Sharla and myself closer. As I let go of her (my attempts of control over her) I was liberated and more connected to Spirit; she was more open and felt less guarded. We had many joyful times in those following years. She was indeed like a daughter to me.

We can all see that the mortal life is something to be observant of. When we are 'accepting of reality,' this helps us to loosen our grip of control. This week, let us be aware of those circumstances that are really beyond our control, and practice some detachment. How are we exhausting our human resources to have the outcome go

our way? And when we have done all we can do, can we let go? Let us be aware of how attachment and control can block us from our direct guidance from Father.

As mentioned last week, we would like to take a few questions. Feel free to address Abraham or myself. Proceed.

ANNETTE: Father Abraham, this is a personal question, and the language barrier will stop me from giving the right meaning. Is there a way to ask in my own Arabic language? [Editor's note: Annette was originally from the Jerusalem area but had been living in the United States now for many years. She grew up near the Mosque in Hebron where it is believed Abraham and Sarah are buried. Her Arabic birth name was Asenath – being named after the wife of Joseph, Abraham's great-grandson (Jacob's son) who was sold into Egypt. Asenath's American associates had a hard time pronouncing her Arabic name, so she went by the name Annette. As a sidenote: It was Abraham's policy, in all our years prior, to not answer questions in a manner that would provide proof of his reality. But this evening he did oblige Annette (Asenath) to ask her questions of him in Arabic (Abraham's familiar language) – which was quite a surprise to the rest of the group. There was no question of Annette's faith and appreciation of Abraham's teachings – especially, given her Muslim roots in Israel.]

ABRAHAM: I would love to hear the language, yes, but I cannot answer you in the same language because this provides proof that I exist, and I must be about the Correcting Time regulations. If you would like to ask, I would attempt to answer you, my daughter.

ANNETTE: [In her own Arabic language, Annette speaks her question. As a single mother, she has a 17-year-old son. There is no transcribe or translation of her question – only Abraham's reply to it.]

ABRAHAM: Just beautiful. I am deeply touched. You have done as well as you could, my daughter. Feel not regret for that. I do believe that your fear and concern is greater than it should be. This is like a spirit poison. It is harmful to you and those you love. I am in understanding of your feelings of being alone; I have had that experience myself. Believe me, there will be clear air to breathe when the dust settles. You have only to do what you can do. Do not place such a burden upon yourself. You are a lively spirit with so much to offer. You have so many connections. Take this time to allow your spirit to be strengthened. Allow not the spirit poisons to disrupt your everyday life. You have more protection than you know. Is this helping, Aranda? [Editors note: Abraham announces her spiritual name – Aranda.]

ANNETTE: [Asks a follow-up question, in Arabic. Again, there is no transcribe or translation of the question.]

ABRAHAM: I would not have such concern. You have raised a wonderful young man who will also be a light in the Correcting Time. You have started on a path that you must have faith in. Enjoy this time of freedom and trust yourself to follow your inner guidance. Have not worry about others, for Father is deeply involved in their lives also. You do well.

ANNETTE: [A comment, again in Arabic.]

ABRAHAM: You are welcome. Know that my affections are well with you. Thank you for all that you bring to this group, as well as all those you know. Is there another question?

HARRISON: Abraham, we have been asked to get more in touch with our Thought Adjuster, and I guess I struggle with that. I was wondering if you had some comments about how we might improve on making that happen – to gain that closeness, that understanding, and that assurance that we are communicating with our Thought Adjuster?

ABRAHAM: Good question, Harrison. I believe it is, as Mary said – to begin a releasing of control over things. Yes, to practice not being controlling. We do all we can to help; and yet, some detachment is required on your part so that you can attach to things beyond this world. As you are busy in your daily life, when you are with the feeling of wanting to be of some small help to another – this is probably the closest you can get to the Adjuster at this time in your development. When we are like the Master suggested, 'self-forgetful,' then are we in a place where possibilities are in bloom. I know this could sound somewhat calloused, yes, but when you are feeling without too much concern over anything, especially the selfish parts of you, then is there a freedom to be at one with the cosmic mind. It is like we are rising above the clouds into the clear blue sky; we can see the clouds below us and we have not worry for we know Father is where He should be. We certainly do all we can do – meaning exhausting our human resources, yes; but we are with a feeling of peace. I believe that this feeling is unrecognizable to some who are so caught up in things of the world. You are learning as you should, Harrison. Your kind heart sets a wonderful example for those who know you. Remember to think about being of some small help. It is freeing the mind to have spirit communication. Is this answering? (Harrison: It is, and I thank you.) Abraham: Are there any more questions?

SIMON: Yes, Abraham. I keep seeing our lives evolve in our society here; it seems to be going quickly. Do you have some pointers for me in staying balanced in the ebb and flow of relationships and communication?

ABRAHAM: Understood, Simon. I do believe that if you can become more clear on what it is that you really want, then surely will you attract that into your life. I believe some upsets of the past scrambles your understanding of your goals in life. You are quite the artist and have many big and brilliant ideas. It would be good for you to journal these ideas onto paper, and then set them aside. Have not worry about them; you'll get around to them in Father's timing. In your heart of hearts think about what you really need and want in the present moment. Father desires your happiness. Your clarity in mind will paint you a picture of your true desires. Have not worry, Simon, you do well. Strive for peace within. Is this helping? (Simon: Yes, thank you very much.) Abraham: You're welcome. Are there any more questions?

CALVIN: Abraham and Mary, thank you so very much for your never-ending wisdom, love, and help in these lessons. I think I have been torn with one of the toughest

dilemmas in my life. I don't know if it is just me being too busy for Father-connection? or too stubborn to realize correction, or both! but I sure feel like I have exhausted my resources to know which direction I should go.

ABRAHAM: I think for you, Calvin, what is true and good for you will have a peaceful feeling; it will have endurance and the ability to stay. If something appears to be a continuous disruption and is not helping to create peace for you, then maybe you are needing to look within to find your true motives. If something is real, then it comes with a natural flow. Of course, we always work hard, there is no question there. But there comes a time when we can work too hard and must step back and re-center. Are you in understanding? (Calvin: I have a very good understanding, yes. I appreciate your tenderness on that. Thank you.) Abraham: You're welcome. One more question.

TECTRA: I have a question, Abraham, but first a comment for both you and Mary. I just want to say thank you so much for the love and guidance you show to us here, and how you check in on our day-to-day things. I would especially like to say thank you to the eternal love and guidance of our guardian angels that are with us each and every moment of the day. It seems like to me that they are the real warriors of Light and Life, and I think we kind of forget about them in our busy lives. I just really wanted to express my appreciation to them. My question is for Mary: It is kind of a paradox to me about this whole control issue, because as we release control and get into the 'flow of life' - are we then to stay with how it flows in that new place after we have released our control. How can we do that more and more in our lives?

MARY: Tectra, first of all, I thank you for your eloquent words and the tribute to our beloved angels. We do not realize how hard they do work for us. Many times we are with seemingly chance meetings with individuals and soon realize that we have some issue to overcome. Yes, they arrange lessons for our growth. Every time there is a new realization by one of their pupils, they are elated. It is food for them to know that we accept them and their co-working. Wonderful words, yes! Well said, Tectra, my son. About your paradox, we can go back even to the Buddhist religion and see how they taught non-attachment. I understand that mortals have past issues to grow through, and have attachments to things they just don't understand. I use myself, for example, when I had such attachment to Sharla. I never had any children, and certainly this was sometimes a cause for hurt. I felt inside, that my attachment to her would bring me some sort of relief. I had talked this issue over with my friend and apostle, Peter. He had asked me several questions that led me to the bottom line of my particular issue. I had seen that my life had become so worthwhile and I indeed had many children around me - and in that alone, I had a full ministry. When I could 'let go' of Sharla, then I could become very close to her. I do believe it is the release of attachments that help create acceptance in life. Not that it is okay to be slothful in our day-to-day activities, no. Not indifferent either. To have such release of our 'controlling pattern' creates a connection to something beyond this material world, beyond this mortal mind. We are as large as the universe, for we are with endless access to a greater mind, greater possibilities, meanings, and values. Good question, Tectra. I thank you.

I thank all of you. Your faithfulness is a light for myself and Abraham. Know that

time spent with you is indeed a treasure. Our love goes with you. Until next time, shalom.

There is Freedom in Knowing All Are Equal Children of God

Abraham & Mary, WOODS CROSS GROUP 08-13-2007

Back

I am ABRAHAM. Greetings. What a comfort to be among you sweet children, again. We can look out into the world's chaos and have comfort knowing we will all meet again here in this group wherein we can find reason. I am encouraged by you taking on some new project. Always keeping the brain at work is indeed wise. The brain is the doorway to the mind, and to learn new things is always an excellent exercise.

In our busy lives we are always prioritizing, and oftentimes those good thoughts we have don't quite come to fruition. Many times we think our new ideas are simply frivolous, and therefore feel we need to stay on course with our perceived priorities. To explore is to keep the doorway to the mind, open. You can never learn too much. What is of value will stay, and what isn't will fall by the wayside.

I am MARY. Greetings to you, my friends. Companionship with you is always encouraging me to go forth with new ideas and explore possibilities. I am pondering the freedom that the Master bestowed upon His followers. This freedom told us we were in a new family, unbounded by the current mindset.

As a young woman, I was always concerned about what others thought of me; their response to me was like a mirror wherein I was bound by their reflection of me. I was apparently poor, illiterate, and without godliness. I was young enough to where I did believe in their treatment of me, that it was justified; but it caused me to have a great deal of fear in how I moved about in the world.

In our beginning days of the ministry, I was fortunate enough to view the Master's apostles and how their daily attitudes were. At first, I thought them to be better than I was, more spiritual, more close to the current status of the societal trend. I actually despised them for a time, but as I got to know each one, I learned about their love for the Master. When they spoke of Him, their faces became softer, their eyes actually sparkled. The Master's goodness was apparent for all to see. He made each individual feel a part of a grander scheme.

I was indeed blessed by working one-on-one with the Master and learning about self-forgetfulness. I was learning about the power of Father. I was shown a new freedom by knowing the truth - that all are children of God; that no one is better than the next, no matter what your material eyes tell you.

As you are more committed to the ministry, you can feel that others are your equal brothers and sisters. Of course they may not feel the same toward you, but still you are about the Father's business and other's opinions are not a reflection of who you are.

As the Master lived a good example, others learned from Him. The apostles (save Judas) were also a living example of what the Master embodied. Peter was always interesting to me because he knew he may not be as intelligent as others, but he

knew his own mind and always tested the limits. He understood that many times he appeared foolish, but as he began to think about those reasons he loved the Master, he could forget about himself and speak with eloquence. Peter had a good sense of humor also, yes, but that came with time.

This week, let us think of our level of concern about how others view us. In whom do we serve? How have our levels of confidence improved since we have begun serving? That is all. Know that we are close at hand should you need us. I send you, as does Abraham, with our love. Until next time, shalom.

An Exercise In Letting Go Of Old Patterns That Keep Us In A Rut

Abraham & Mary, WOODS CROSS GROUP 08-20-2007

Back

I am ABRAHAM. Greetings. It is good to be with you. I am filled with gratitude for this branch of our family tree.

This evening I am seeing a measure of courage that reaches the stars. I see you as growing individuals who are more and more every day, daring to step out of a well-worn pattern into a new life; I am blessed to experience this with the various individuals who live life within the kingdom family. You, as striving mortals, are moving toward living life as if it is eternal. Today is only the beginning. Every day is a new chance to progress.

I am MARY. My greetings to you, brothers and sisters. I am in understanding of Abraham's message to exert the limits of your current mindset. I am taken back to my times in the market square wherein I would feel invisible. It was difficult for me to make eye contact with people. My experience in life had naturally made me suspicious; and anyone's attention toward me made me filled with anxiety; this was such a well-worn mindal pattern.

It took many hours sitting among my fellows in listening to the Master teach, for me to allow change. He was repetitious to a point and yet, each word from His mouth was a treasure to keep. Jesus had on many occasions asked us questions that were really quite personal; this helped me to turn inward, to observe my pattern and figure out the origination of my ardent ways. The Master proved that 'practice and some mindal repetition' is helpful in creating new connections in the brain.

Change is slow and sometimes frustrating, yes, but the Master proved it to be true that an old dog can learn new tricks. I first began to change by trying to make eye contact with individuals. I uncovered my head and made my face plain to see. I had to accept that I was one of Father's own. I had nothing to be ashamed of for I was always making effort, always putting forth my best.

After I became somewhat used to making eye contact, I began to put forth greetings; I gave greeting to the wealthy as well as the poor. This exercise helped to create a new pathway in my brain that would help me to rise up out of my rut. It was exciting to view myself on the path to growth. As I put forth the effort in my little exercise, I began to really feel the joy in meeting people. I made new friendships that were nourishing to my soul. As I felt more of a part of the kingdom family, I felt more free to move about, to move beyond myself.

This week, let us ponder the changes we can make in creating new patterns. It is true – that Michael clears our way and Father holds our hand as we move forward. We can all see how society has become a slave to one thing or another. How are we a part of that, and how can we change it? What is the first small step you can take toward breaking old habits?

You are indeed a joy, my friends. Our minds and hearts are with you during this time of Michael's birthday on your universally recognized planet. Know that our love is growing for you each, always. Go in peace. Until next time, from Abraham and myself, we bid you shalom.

In Learning Self-Mastery We Become Skilled At Adaptation. Rebecca and Her Love For Jesus

Abraham & Mary, WOODS CROSS GROUP 08-27-2007

Back

I am ABRAHAM. Greetings. You are each so thoughtful to have me back, week after week. It doesn't matter what you experience, you are never crushed and you always come back here to our rock. It does take time to shake off the world and open the door to our Father. When we can renew in spirit, we can help to create possibilities to bring about good.

All of your individual histories have made you who you are today, and nothing has stopped you. You may have stumbled here and there, but you haven't stopped. We are grateful for your endurance – your striving to carry on. Over the years in our Teaching Mission, we have each struggled to attain personal growth. There has been a good amount of effort go into this personal growth, yes, and we have taken it out into our world in trying to assist in this time of correction. You have done well.

I am MARY. Again I am grateful to sit and learn among you. It is somewhat like sitting with my peers of old, but much of the time you are new creatures to me. I have learned a lot in our short time together. I have made adaptation where I can, yes – that I might be better able to communicate with you. This experience for me was new, and I had some anxiety going into it.

In learning self-mastery, we all become skilled at adaptation. It doesn't mean we 'conform' or simply appease others, but that we are able to be like the Master and serve in any capacity. The Master was always interested in learning new things and meeting new people; He always had Father in the forefront of His mind. The Master taught us that there is always a way to serve without infringing upon one's free will.

If we were to go back in time to my day in the flesh, you would see a lot of people who would seem barbaric to you – their clothes would look well-worn and dirty; they had not moisturizers or hairspray. You, on the other hand, to them – they would be frightened. If given a little time to adjust, we would all learn where the boundaries are with each other; and while we might bump heads, we would still have respect for one another.

I am reminded of Rebecca, the eldest daughter of Ezra, who had a heart that would

never stop longing for the love of Joshua Ben Joseph (Jesus). She did what she could to gain His attention. Of course the Master knew He was destined for other plans. He was nervous, yes, but made effort to go to Rebecca and be completely honest – telling her that His ministry kept Him from seeking the average mortal life of marriage and children.

At this point Jesus could sympathize with Rebecca and love her on the level of friendship, but there were those boundaries, yes. While Rebecca respected His decision, she had it set in her mind for a few years that Jesus would ‘come around’ and seek her companionship.

Rebecca was always active in the ministry; she in time began to know and understand the real person that was Jesus. She found her love for Him on the level of Brother/Father. This was fulfilling in itself and she saw not her years of longing as a waste. Rebecca was a wonderful spokesperson and brought many into the kingdom. Had Jesus not set those boundaries right away, things may have turned out quite differently.

It was always beautiful to behold the Master playing catch with a child, or teaching His fellows how to build boats. As well, He could talk to kings and reach their souls. We in this Teaching Mission are likewise adaptable beings when we are about the Father’s business. This week, ponder your own flexibility in your most outstanding circumstances. What are we to have in the forefront of our minds when changes are brought before us?

Our lesson is kept short but our love is not. You are each very dear to myself and Abraham. With that, we shall take our leave. Until next time, we bid you, shalom. [There was no meeting 9/03/07.]

Step Back And Allow The Unfolding Of God’s Will | Share All Your Moments With Father, As A Team

Abraham, WOODS CROSS GROUP 09-10-2007

Back

I am ABRAHAM. Greetings, my friends, I have missed you. I am feeling quite content at this moment having our family security. Our time apart has increased our appetite for the Spirit. Tonight we are empty vessels waiting to be filled by Father’s all-encompassing love.

Each day is always a new adventure. At this point in my eternal career, I am not obsessing over where the path is going. I am more enjoying what is set before me, feeling our Father’s confidence in me, and knowing that He empowers me to make change.

As a mortal, and before my days as a student of the Salem school, I was always so focused on the end results of any goal – how it would play out; and in that, I was always in a mode of scrambling. My health during these times was deteriorating because my mind was tormented by anxiety and worry; this was self-imposed of course. I lived not with balance; I was mostly about my work. That was my identity, yes, and how I measured success. I thought myself to be ruthlessly successful; and with that attitude, my mental and physical state did indeed take its toll. It took a great

deal of experience and hard falls before I simply wore myself out.

Machiventa, my mentor, was pure rejuvenation; he taught me how to start small and make effort to live a little with the Spirit in each area of life every day – work, family, play. Yes, my priorities slowly changed to a spiritual level. I became closer with my children and really got to know them for who they were. At first, it was difficult for me to remain quiet and not to pounce on a problem that needed to be fixed. I had to simply sit with acceptance of what was, and allow Father His perfect timing.

Machiventa always said: “If change is meant to happen by the power of your hand, then step back and allow the unfolding of God’s will.” He always brought me back to a firm foundation of spiritual reality. And this spiritual reality had to make sense to me, it had to be logical for me; Machiventa knew that, and taught accordingly. I learned that if I could remain in a mode of ‘observation,’ that time would not be a grueling factor for me; with patience I could have some clarity in my mind to open up my spiritual capacity.

Today your world always seems to be in a mad rush. It is so easy to be pulled into that confusion, as I experienced. Your mental and physical well-being will feel the effects of this common but depleting energy. Sometimes you just have to sit with ‘what is,’ allow the unfolding, and move with grace. I am in full understanding that life can bring with it such a display of brutality. Your ever-increasing capacity for faith in Father’s hand will help to bring meaning to it all. In every situation, Father’s ultimate good prevails. He does indeed work through us, and we will not always see the outcome at first.

As ministers in Father's work, we are open to follow Father’s guidance and keep our minds open to what may be next. Obsess not with trivialities. Stay with those small steps and remember how important rest and reversion are. Those that make such effort every day to work so hard must have a reason why they are working; and yes, this is understood. But remember, in living life with Father, there is joy to be had; there are feelings of contentment and satisfaction; there is inner peace and serenity.

Your study and stillness should help you to defend yourself against that negative energy of confusion that the everyday rush of life brings. As you take time to envision yourselves as empty vessels, be careful to not allow the negative in. Our strength comes from Father; His power is beyond our imagination. Every day I spend with Him I feel the closeness of a creative team. I have not fear.

As you move about in your daily living, try to find that ‘creative team feeling’ of you and your indwelling Father. He is not some unreachable authority figure in the sky, no! He is shoulder to shoulder with you, working with your hands and your mouth. We do what we can in this ministry and always keep our eyes forward. Father’s plan is not some hidden ideal, no! to us He makes it reachable and uncomplicated. His love is never-ending fuel for the soul.

Mary sends her love. That is all. Always it is a pleasure to be with you. I am grateful that you have me each week without hesitation. My love goes with you. Until next time, shalom.

Self-Discipline, Nothing More Than Organization In Mind | Being Father's Child Is All We Need To Be

Abraham & Mary, WOODS CROSS GROUP

09-17-2007

Back

I am ABRAHAM. Greetings. I am delighted to see you this evening. I am always honored to witness you in your best form. Your social comfort here, is obvious. How blessed are we to jump upon this never-ending circle of eternity with you who always keep returning to each other.

The mortal mind is most healthy when it can socialize and build upon ideas. How wonderful to have this spiritual commonality with each other. We know that the world can appear to be in total chaos; how wonderful that we can always return to speak with one another and find our foundation of faith.

Over the past few years, I have spoken a great deal on rest and its value in alleviating stress. As we delve more into self-mastery, we will learn more about discipline. Discipline has been a tarnished word to many because they thought it was Father who was the disciplinarian. When reaching for self-mastery, we learn that discipline is a loving action we participate in most personally.

I am MARY. My greetings to you, brothers and sisters. As Abraham mentioned, I also enjoy the feeling of family here among you. I can tell you that the topic of self-discipline was also one of confusion for me, and something that I fought. When you learn more of this subject, you find that discipline is nothing more than organization within the mind.

Much of my time in the flesh before knowing Jesus was spent feeling like I was a victim in a randomly-occurring life; everything appeared to be an obstacle – even a simple trip to the market would become a battle. My disorganization in mind damaged my self-esteem and it would seem as if life itself was my enemy.

Of course, disorganization in mind stems from life's challenging experiences; but when you grow older and have opportunity to learn, then hopefully your eyes and heart will be open for that needed change, with Father's leading. Especially those who study the spirit life should realize that Father gives you those lessons that will draw you ever nearer to Him. The perfecting process is all about change – new growth through a change that is everlasting.

The Master showed me a great deal when He made me feel a part of the ministry – the group; I was no more or less than a citizen within the kingdom. My experience at that time helped me to learn certain lessons that created some order within my mind. Even a child learns 'if you touch a hot stove, you will get burned.'

The experience in the ministry was a great teacher to show me how to maneuver through everyday life. I learned that each day, life was a clean slate; and much of what I perceived could now be filtered through a mind that was a little more organized.

This was not an easy transition – so many times I had wanted to fall back to the

ways of old. Many times I felt weak and wanted to lie down before my troubles. The lessons I took from the Master's hours of teaching were telling me to allow the strong voice of the 'Father within' who was telling me: "Get up, keep going, do not stop. Do not allow the animal nature to prevail. You are my child, and that is all the power you will ever need to prevail."

This week, allow yourself some quiet time. Take in strength. Allow not your emotions to make you feel like an overrun victim. What exercises are there that can contribute to organization in mind - stillness perhaps? maybe some journaling? maybe some simplifying of usual routine?

We cannot take questions this evening. That is all for this week's lesson. Know that our love is ever strengthening for each one of you. Go in peace. Until next time, shalom.

In Living A Life Of Intention, You Feel More A Part Of The Overall Ministry
Abraham & Emulan, WOODS CROSS GROUP 09-24-2007

Back

I am ABRAHAM. Greetings. It is good to see you discuss everyday issues and possible solutions. As I think about the world as a whole, you are a bright light that is really quite expansive.

It is apparent that you each work hard every day for self-correction and service to the Correcting Time. Knowing you each, I see that your intentions are always well and good; your heart is always in the right place. It is helpful and healing for you to have one another to make spiritual sense out of mortal living.

I am EMULAN. It has been a while, my friends. I have missed your kindness and willingness to make our ministry more progressive. For the most part, many of you know me and my history; I always refer back to that because it is where my greatest lessons stem from.

Later in my mortal years, I began to study psychiatry and the inner workings of the mortal mind. I have always found the connection of the material brain and the spiritual circuits most fascinating - it is your link to 'otherness;' it is a doorway. Many of life's experiences can close off that doorway. I am practically an expert on that subject.

After my most traumatic and heartbreaking experience of losing my wife and daughter to a tragic accident, I was certain that Father had no love for me whatsoever to have allowed this to happen. I was indeed closed-off in mind. I cannot begin to tell you the overwhelming experience of loneliness and darkness; I honestly did not want to deal with any part of that void. I was extremely angry and was bent on making somebody pay. It was a mindal trap that had a hold over me.

I struggled to just exist, and still could not break free for quite a few years. As I began my study of psychiatry, this activity, in itself, took my mind away from my anger. I found a lot of escape in my studies, and yet at the same time I actually learned a few things - such as, the human mind is at its best when life for the most part feels balanced.

We should always do our best to exhaust our human resources and exercise acceptance of what is. We cannot predict the avenues Father may go through to create plan and purpose, response and results. When we know we have done our best, and then run into obstacles that will just not move, that is when we are committing to going forward with what is – Father's way.

How strange it was when I discovered so much about faith through the study of the mind. I really endeavored to make the things of the spirit a science project. I found that my ever-changing interests in life were acceptable to follow through with because this helped me to have clarity in mind. It helped me to understand my anger and my loss. I knew Father did not want me to sit back and be inactive while life ran over me, no; He wanted me to do all that I could fathom within my own mind to do – and know that as I worked, He worked with me.

Life in the flesh is difficult, yes, and yet so necessary. It is such a blessing to develop, through experience, those traits and skills needed to live out your eternal career. We find that those who strive to live life 'with intention' feel more a part of the overall ministry; they feel more like a co-creator than a bystander.

When you have thought or desire to move forward with a project, it does not hurt to do a little research. If the doors open to further the project, then that is fine; if not, then perhaps the intentions behind it were misaligned with the Father's will. That is not good or bad, it is simply learning to organize the mind to have receptivity for spirit guidance.

Abraham tells me you each do what you can to maintain your mortal life, spiritually; and I can say for myself – that is not an easy task. You each are doing well. I am feeling honored and blessed to have visited with you this evening. I shall not wait so long in-between our visits. For now, I bid you, farewell.

Again, I am ABRAHAM. Thank you, brother and friend, Emulan; another wonderful lesson delivered. As well, I thank each of you for all the effort you make every day. I can honestly say I appreciate each one of you. Mary sends her greetings and will be here next week. Know that all of us send with you, our love. Go in peace. Until next time, shalom.

To Share Unselfishly Helps to Create Peace Within, And Within Others

Abraham & Mary, WOODS CROSS GROUP 10-01-2007

Back

I am ABRAHAM. Greetings. You each have a way of helping me to have a different perspective. I can appreciate your life-experience when you voice your thoughts and speak from your deeper self. You are an example of dedication, and I am in appreciation for your hospitality, which allows us to teach.

My soul has grown alongside yours, yes, and we are alike in many ways. I know many individuals and am very socially active; and always when I return to you, I am feeling with a calm energy and with the comfort of family. You each help to broaden one another's views by your willingness to be of help. Here with each other you are more easygoing and able to lay down the ego.

We are family now, yes, and have no need to impress one another. This is a fine example of social growth. This is the ideal that the Correcting Time has been aiming for. Years in the Teaching Mission has taught you that you are not silly children fighting over a toy, no, but loving spirits who work together to bring a new era of Light and Life.

I am MARY. It is always a pleasure to meet with you, friends. I can appreciate Abraham's lesson because it was difficult for me to learn to fit in socially. A large part of who I was in my youth was one living in a society with feelings of embarrassment. I stood in the shadows and had not friends or family to speak of – at least not out in the open. I had a great mistrust for people; I was always suspicious they were trying to get something from me for nothing. I must admit, I was quite conniving and could always manipulate my way into a personal benefit.

I happened to be walking down a dusty road wallowing in my sorrows one day when I came upon a young woman about my age who was working in the fields. She had asked me if I had any water – and that began a friendship that would teach me how to be a part of a family, and to fit in socially under any circumstances.

I did work the fields for a short time with my friend. We would laugh and tease one another. She made me feel like I was okay just being myself. She had a large family who welcomed me with open arms and taught me so much about a family functioning like a well-oiled machine.

Growing up as I did, I had not learned to share; I had only feelings of self-protection and not allowing anyone in. My friend from the field unknowingly showed me that the more I could share, the more I could feel understood; and that created a great deal of peace within me. My friend shared everything. Her generosity was a teacher, and I had learned to be a little more open and a little less suspicious. Also, my time with the Master taught me a great deal about using kind words, and how a person having 'peace within' does help to create peace within others.

As you all know, energy is transferable. There is enough hype in the world already, and it would serve us well to know inner peace ourselves so we can begin to emanate it to others. How beautiful are my memories with my friend from the field – running and jumping, playing, taking time to stop and rest. We would often just lay on the grass and look up at the sky having not worry, judgment, or even pessimism – but simply have the wonder of an open mind.

As I learned to live and work among my fellows, I realized they were a lot like me; they were searching for someone to listen and have not judgment; they were looking for someone to have a smile and a good word; for someone with a peaceful energy and generous heart.

That is all for our lesson this evening; you know what to do. It is always an honor to visit with you. From Abraham and myself, we give you our love. Go in peace. Until next time, shalom.

Building The Muscles Of Patience | Find That Place of Peace and Quiet to Open the Mind For Father

Abraham & Mary, WOODS CROSS GROUP

10-08-2007

Back

I am ABRAHAM. Greetings. I am lifted up by the light in your faces this evening. I am filled with gratitude to know you. Your unique personalities are glistening like a prism of knowledge well-earned from experience. You are always helpful in my continuing education. I am a teacher and I love it; and yet, always am I on the path to new learning with you.

During the Correcting Time we will address a great deal of social issues. You my friends, are experiencing these issues first hand; you are my link to understanding this day and age.

I always am faced with my impatience. I do wish to see hurried results and feel the satisfaction therefrom. That, however, is not how Father's plan unfolds. With each setback or disappointment in the cause for Michael's plan I am faced with an opportunity to learn patience. I still feel emotions rising up within my mind, especially frustration; it is always for naught because I eventually learn that Father has a much more successful plan in the works.

I am MARY. Again am I honored to be a part of this branch of our family tree. I am amazed with all the social issues that impact you personally. There is so much more to contemplate in your time now than there was in mine. I can relate with Abraham's shortness of patience. Impatience is a strange energy that creates a great deal of static from mind to mind.

Observing your world today is really quite an overload for me; I can imagine what it must be like for you. It is easy to view your surroundings and see the selfishness that extends from person to person. Every day, your eyes take in the scenery and you must interpret the meaning therein.

In the busyness of your lives, we always ask you to take a few moments to remove yourself from this external stimulus. Allow your muscles to let go and relax. Allow the negative energy that you have gathered throughout the day to lift out of your body and float away. It is acceptable for you to allow your mind to become blank and to simply rest.

Remember me and my wonderful friend who laid beneath the trees to watch them sway back and forth, to feel the wind upon our faces and the green grass beneath us; we were to be without gravity toward anything or anyone, any problems. Your family, your job, your health, your financial situation - this can all likewise be set aside. To constantly ponder over your difficulties burns up energy that could be put to better use.

In the blank space that you allow yourself, Father is able to plant the seeds of new ideas, new thought, new direction. Yes, with Him there is meaning to the aggravation of everyday living; He provides you with a clarity that shows your problems in a light that minimizes their effects upon you.

I know it is difficult to find the time, but believe me it is a necessity that you make effort so that you can have meaning to the happenings in your everyday lives. Even Abraham says a few moments each day is like a good medicine that works immediately, causing the static-energy of impatience to take a turn for the better; you can feel empowered to take action in any situation. You are certainly not helpless victims of life, no.

This week, work on building the muscles of patience. Make effort to see the good. Make effort to find time where there is a nothingness; a space wherein you can allow Father to come in and change the direction of negative thinking. In social situations there is always a mix of energies. You my friends, have the power to direct that energy toward positive thoughts. Your kindness and caring examples do help others to see that this world is still good, still beautiful, and still with truth.

That is all for this evening. Know that ever if you need us we can be there for you in seconds. Feel free to call upon us anytime. As always, our love is ever growing for you each. Go in peace. Until next time, shalom.

The Mind Must Have Exercise. It Is The Doorway To The Spirit

Abraham & Mary, WOODS CROSS GROUP 10-15-2007

Back

I am ABRAHAM. Greetings. I marvel at how I am taken back through the mortal life cycle when I listen to you. Your enthusiasm at being together is an energy I can see. I am grateful to you each because it is your faith that makes my words possible. Your unity is admirable; what a wonderful combination for a Teaching Mission group to have. To assist this world to go forward with the cause of Light and Life is cause to rejoice.

I am MARY. I also am honored to sit among you. As we spend time together, I learn more about your nature and I am able to arrange my lessons to fit. I am also amazed at the memories you each bring up within me. I can look at my mortal life without regret because where I am now is where meanings and values reside, and I am able to understand the various aspects of mortal life through the eyes of the spirit. As I look at each one of you and your personal lives, I can say that you are each doing all you can to integrate the material and spiritual life. I am saying that you do well.

I know at certain life stages there comes a point where you cannot see anything new for yourselves in the future; it is as if life holds no new lessons. It is common for mortals to say to Father: "I have experienced all there is on this Earth, now what?" These times in mortal life are really a blessing because it opens your eyes and ears a bit more to the mode of searching. When mortals give up the search is when life begins to lose meaning.

The mind must have exercise. A person cannot think they know everything because learning will stop, and stagnation within the mind will set in. A mind that quits learning, or is afraid of learning, will limit their capacity to see – spiritually speaking, of course. To continue learning is the right of every one of Father's children. We can see that the mind busy with fear, or not busy at all, disconnects

brain receptors and causes the brain to regress.

Your mind is the doorway to the Spirit. It is important that you continue to learn and find meanings and values to living life. Even our beloved mentor Abraham, in our state of morontial existence, makes effort to expand his mind to be able to create a balance in his everyday living.

I remember back to my days of mundane chores; I always wondered when life was really going to begin - 'where was the gift of life!' A child would run up to me and ask for something to eat, or a sister would come and ask me for advice. I had no clue that that was life - it had begun. It was my job to take example from the Master and live the best life that I could, and that meant taking time to put down my fabric that I had been scrubbing, dry my hands, take the child to the kitchen and prepare something. Was it me going out of my way? No! This was my job! To converse with this child indeed put a smile on my face. To hear of the wonder of life and allow myself to see through the eyes of this child, was the gift.

The joy from such experiences does help to connect those brain receptors. Issues that make you think, make you dissect problems - this makes you look at the variables and then put the problem back together. This is making efforts toward advancement, mentally and spiritually. It is our job to live our best life here on Urantia. Be not afraid.

For this week, let us look into advancing those areas of the mind that lay dormant. Pick up a craft or hobby. Play a game with your children. Read a book. Do something that exercises the brain. A healthy mind is a link to heaven. Be good to yourselves.

That is all. Talk among yourselves to see if you should desire questions next week; we can oblige. Our love is ever growing for you each. Go in peace. Until next time, shalom.

Father Is The Ultimate Physician Who Provides The Medicine of Experience Needed
Abraham & Mary, WOODS CROSS GROUP 10-22-2007

Back

I am ABRAHAM. Greetings. Meeting with you is good for me in the way that a nutritious meal is good for you. I feel uplifted and with renewed hope. I am witness to many events throughout the world, and I admit that it sometimes weighs heavy on my mind and my spirits are somewhat dampened from time to time. Seeing you and being with you, helps me to see that good things are happening, and that mortals really do care.

So yes, I understand how from time to time the mortal eyes can only take in so much chaos or static before the mind and spirit can feel overwhelmed; at these times, it seems that one can only see the negative which seems is developing at an overwhelming rate. God bless the mortal hearts that long to heal and make life better.

Sometimes it seems that life is too big and out of your control, or like the system is seriously flawed. Years ago, our brother Ham spoke about the spirit feeling beaten down - and this will happen on occasion, most definitely. Fortunately, we

have Father who is the ultimate healer; He always provides a way for us to rise above the fog into the clear air of understanding.

Today in your world, the meaning of the term 'physician' can leave a bad taste in one's mouth. What used to be a profession of caring and ministering to the sick is now more about red tape, money, politics, etc. Father is the ultimate physician in that He helps you to heal yourself. His help is without condition, for the most part; He only asks of you for your willingness and trust.

'Father's medicine' is like the taking of medicine you remember as a small child - not having a pleasant taste but being with the belief that it will help you to get better. In Father's practice, He can see what you are in need of and He will make arrangements for you to have experience. Sometimes the experience is difficult and unpleasant, just like medicine. It is hard to recognize any good that should come from sudden or strange adversity. On that note, I shall leave you to Mary.

Greetings, friends, I am MARY. I am thrilled to be a part of your learning experience. I enjoy this topic of 'Father as the ultimate physician.' It would seem that one who cares for you should be filled with compassion and make you lie down, rest, and wait on you hand and foot. With Father as the healer, His compassion consists more of getting your mind into a learning mode through certain experiences - action.

After having been in the ministry for a while, I am remembering a time when I was caught up in the busyness of the ministry. I noticed I was called on quite a bit to solve many problems. I felt important and needed - validated, yes. I allowed this importance to run away with my ego and began to take on an attitude of superiority. I began to shout out orders to my sisters, asking them to do the dirty work of the ministry, while I took the high-profile jobs.

How do you suppose Father applied His medicine in my daily living? Did He want me to go down this ego-driven path? of course not! I ended up making terrible mistakes; I almost cost a man his life because I had instructed him to take a certain medicine when he had a totally different illness than what I thought. I was in the mode of self and it almost killed somebody. This mistake was seen by all eyes. I was so embarrassed, so humbled. I was positive I would never be forgiven. I took a few days away from the ministry to be alone with my thoughts and to hide for a time.

In the stillness, I had come to understand my mistake of allowing the ego an open door. Of course I did as many of you do, I would re-run it over and over in my mind and feel further embarrassed, and then self-punish. But as time went by, I began to see that had the mistake not happened I would have become an ego-driven monster who thrived on attention. This mistake was good, yes, but it hurt. Taking time out was the best thing I could have done so that I could find understanding of the total issue.

Father is smart and always aware of our steps along the path, every single detail. His love is beyond expression. His compassion is not having us to lay down and feel our illness and stay sick, no; He gets us busy with our own healing process. These small healing discoveries in mortal life are the very reason that you live. You live

so that you may learn. Sometimes Father's healing medicine is not so bitter; but those times when you may be on the wrong path Father brings in the big unforgettable experiences where needed.

The next time you are in the middle of unpleasant circumstances, think about the message or medicine that might be there. How is Father trying to reach you? Can you take a few moments to pull yourself away from that issue and listen? Know that there are step-by-step instructions available, and that all things are possible.

It looks like for this evening we will take a few questions or comments. Proceed.

MARIN: Thank you for sharing your experiences with us, Mary. I feel like I have abandoned my flight plan, and I am concerned because it is a change in course for me – like where am I supposed to go or maybe I am being too rigid. Sometimes I feel like I have let the darkness engulf me or cloud-over the compass. So, just any thoughts that you have, please?

MARY: Certainly. It would seem as though you, my sister, are floating in a boat on the sea of everything, and everything is not reality as you would want or think. Father would have you search your heart for a few small truths that you know to be lasting; and from there, you can begin to build your framework for a strong spirit. The reality of spirituality is everyday life; it is what is before you, it is not some far-off dream. As you build your framework based on your few new found truths, then will you find some direction, some strength in who you are, some confidence in your decisions. Your heart is genuine, and it will open doors for you. Those doors may appear undesirable at first, yes, but given time and effort you will begin to have more confidence in your decision-making. You are not overtaken by any darkness. Have not worry, you are just learning like the rest of us. You do well. Another question?

CALVIN: Abraham, in your words tonight you addressed the chaos in the world; and I've felt moved quite a bit lately by considerations of the mounting tensions between the Islamic extremists out there toward the rest of the world. There doesn't appear to be a solution, that I can perceive anyhow, where they can be accepting of Michael or His plan. Do you have any words as to what you perceive to be a solution to that mounting tension? It is headed toward huge disaster, the way it looks. It is not scaring me, for I am sure it is Father's 'play out' of events needed for growth and change.

Certainly, I am ABRAHAM: I am in agreement with you. These extremists are not going to change their minds anytime soon. I dread the thought of the events that must happen to them as a group before anything is going to change. It is sad to calculate the adversity they must experience. Unfortunately, it will take many nations to agree upon a solution towards fending off these extremists. Until there is some unity among nations, these individuals will continue to create great destruction. As you said, not to worry, Father has His own plans for the difficulties over there. Sometimes evolution must play out – and yes, that seems cruel. You, as individuals, can only do so much. It is going to be important for Americans to vote in a president who will continue to protect the nation. Good question Calvin. Are there any more questions?

CALVIN: I have just one follow up. It seems to me that there are increasing programs/productions in our media, such as those on the History Channel and Discovery, which play an awareness role for the masses toward what needs changed, and what is true and with value. Are these productions the result of spirit guidance from on high? And are they effective, from your perspective? Do you understand what I'm asking?

ABRAHAM: Oh, I understand. Yes, that is what the Correcting Time is all about; it is bringing issues into the light. If nobody knows about problems then there can be no progress toward solution. It is good for you as individuals to discuss these issues. The positive thoughts do travel. Patience will be key. So, yes, to your questions; there are many resources for attaining knowledge, and always is there new knowledge being discovered.

If that is all for this evening, I would like to thank each one of you, from Mary and myself. We are in agreement – you are a delight to be around. Know that we are always available should you have need. Take time out for yourselves to find that inner peace for your mind and spirit; it is good medicine. Our love goes with you. Until next time, shalom. [10/29/2007 transcript, if any, still not found.]

How Does Denial Play a Part in Our Lives. In Humility We Can Better See What is Really Going On

Abraham, WOODS CROSS GROUP 11-05-2007

Back

I am ABRAHAM. Greetings. It is truly a blessing to be with you this evening. I am always inspired by your honesty and willingness to find lasting solutions to current problems. It is natural for mortals to have fear and desire to use the methods of escape or avoidance.

You each, as individuals and as a group, demonstrate such strength to have willingness to go through life's trials and come out the other side with more wisdom. I admire your courage to work through everyday pain. You each are wise in viewing difficulties through the intellect and keeping a tight rein on emotions. Remember, it is acceptable to cry, to vent anger, to display a temporary disappointment. It is natural for mortals to have release, yes; but then should we pick ourselves up and move on with the busyness of living.

I know that in my mortal days there were many moments of denial and escape. I would simply not address certain issues and pretend that everything was in its place. My mind was strained with the belief that I should appear to be as perfect as I can be, and to be caught short of that would be a humiliation I could not bear to suffer – all ego-driven of course.

In those days with Sarah, we had a great deal of arguments over practically everything. She had a tender heart and loathed to see me have someone put to death for some trivial purpose. I always brushed her aside and truly believed she had no authority to even speak about such issues with me. Working with Machiventa Melchizedek helped to contain my ego enough that I could begin to view the beauty of honesty and truth. This new ideal helped me to better communicate with Sarah.

Yes, Machiventa taught me that truth should hold no fear, and if I was truly dedicated to becoming a man of the spirit, then I should have enough courage to sit with truth. Sarah may have been an emotional creature, but she was indeed a truthful one. When she proposed her ideas, it was not to gain self-glory, but simply to provide resolution to the situation.

My obstinate ways began to melt as I opened my ears to hear, and eyes to see the reality of those everyday difficulties. What a blessing to have those loved ones, Sarah and Machiventa, to aid me in my education. My softened view of life awakened my compassion for life – and my respect of all of creation.

Father was indeed more than I had ever imagined. As I made myself smaller, I could see into Father's personality – His truth, beauty, and goodness; I could perceive His interpretation of circumstances around me. Sarah was a wonderful messenger of His word. I am grateful she withstood this stubborn old man and continued to be courageous enough to voice her truth, come what may.

This week, let us ponder how denial may play a part in our lives. Is there a fear of reality? or truth? Mortal life is many times a messy situation on our path to enlightenment. Let us be thoughtful of dwelling in the messiness long enough to view Father's lessons for us rather than to side-step with denial. See life for what it truly is and be humble enough to listen and to see what is really going on.

That is all for this evening. We are indeed humbled and always honored to spend the evening with you. Go in peace. Until next time, shalom.

Find the Wiser Way To Handle Life's Situations | Getting to Know the War-Torn Martin
Abraham & Mary, WOODS CROSS GROUP 11-12-2007

Back

I am ABRAHAM. Greetings. What a blessing it is to me when we meet. I am always inspired by your stories. I am always made to think deeper when you bring up issues that mortals are concerned with. I see each one of you have your talents and feel free to express yourselves in this family setting.

Last week we discussed getting down to reality and being able to function in those high emotional states. I know now that circumstances that arise are for a reason; and it is frustrating to be patient, yes, but worthwhile in the long run. When I am confronted with a troublesome issue, I try to take in more education on whatever subject it may be. I cannot be at my best if I am ignorant. I always see that it is my responsibility to become knowledgeable on circumstances that are set before me.

I am MARY. Again, it is lovely to be with you. I can understand Abraham's words when he states that it is always wise to become more knowledgeable on an issue you may face.

In my mortal days, I knew this man who was quite elderly and sickly. He was not pleasant to be around. He was always in some sort of pain and it showed in his personality. His name, Martin.

I was used to Martin's verbal abuse when I had brought him food – and therefore, I had not much care for him. Yet, I wanted to make sure I was thorough in my ministry; I had to understand his problem so that I could help him to be more at peace while decreasing in his physical pain.

I learned from Martin's sister that he was a soldier who had served for many years and was accustomed to brutality. He had seen the many faces of death. Even Martin's own sister did not care for him much; but he was family, so she felt obligated to pay him a visit from time to time.

One day I sat down with Martin and asked him about his experience with war. He was reluctant at first to tell me anything or even be the slightest bit courteous. Then all at once, his guard was let down and he talked straight for two hours. He cried for his friends that were taken from this life too early. He felt guilty over a battle he was in charge of and had misdirected some orders that led to the deaths of some of his comrades.

I began to understand how disturbing this was for Martin, and that he never really had an opportunity to talk about it – to 'get it off his chest.' I did not really know what to say to him and decided I needed to confer with the Master. Jesus advised me to simply listen for a time and allow him a bit of sympathy and, a show of appreciation for his service. "Explain your perception of war," he said. "He will understand how civilians cannot understand him."

I took the Master's advice and built a relationship with Martin. He became like a father to me. I began to watch his face grow soft and his eyes seemed a little more kind. How wonderful to watch him stand up and walk around and visit with others. Simple research on my part to know more about him, and especially conferring with the Master, led to a wonderful healing in Martin. I could have chosen to ignore the bitter old man and yet, all the Master's lessons taught me to go a little deeper, to do a little research.

The more you can understand your fellows, the more you love them. Father is so wonderful in how He can set up situations so that He can reach the unreachable. The more you know, the better you can administer to your fellows; it brings about a healing for all involved. With time, Martin came to know Jesus and had truly the best days of his life. He was peaceful and quite content. When Martin was preparing to leave this life, he was at peace and resolved within.

This week, what do we need to do to find wiser ways to handle life situations? Is Father leading you to help in someone's healing? And in so doing, is He helping you to heal yourself? This life takes effort, and knowledge will not simply become a part of you through mere desire, no; it takes work to have a better understanding of how you can be at your best to serve those who may not even know the Lord.

As Abraham expressed, I am also inspired by your efforts made to handle daily circumstances. You are a fountain of knowledge for me to better serve. I thank you. That is all. Know that our love is always continuing for you each. From Abraham and myself, we bid you, shalom. [There was no meeting Nov. 19th.]

A Few Words Of Kindness Can Change A Person's Whole Day/Life

Back

I am ABRAHAM. Greetings. It is such a feeling of comfort and warmth when we visit. I feel somehow I am one step closer to Father when we are together. You each have the same light in your faces each week we meet, and that is indeed an anchor in the sea of everything. It is interesting to see this light when you take into account that your personal lives seem to be such a struggle. It is always something you have to work on to maintain this light, and each week you do. I thank you.

Many times it is actually a relief when you can take the focus off our own issues and help somebody else. Many times there is some hesitation toward getting involved in somebody else's life. It would seem there is always a price to pay, but when you actually begin the good deed, then you are with the feeling that you are one step closer to Father.

There are so many issues in daily living that would pull our attention away from the joy of living. As you learn to become responsible adults and to meet your material obligations, your minds are focused on your priorities, your awareness is all too busy, and joy seems to go by the wayside. Without the healing that comes from happiness, one can lose hope and think: "What is the point? "What am I working for?" "Why do I struggle and seem to go nowhere?"

It is wonderful that you each are dedicated to doing the right thing. Being responsible citizens, good parents, employees, spouses, friends, siblings - my friends, that is a worthy goal of course, but it means nothing without joy. There are so many things to be grateful for, yes, and many times we forget to have gratitude because we are so focused on keeping every day afloat. This brings imbalance, which leads us to more struggle and with less results.

I am MARY. Greetings to you, friends. I am finding your holidays to be interesting and very busy. It would seem as if individuals try to find more meaning in life at this time of year (Thanksgiving holiday in the United States). I am amazed to see the self-reflection and deep thought. I do wonder why this time of year would be different than trying to find meanings and values all year long.

I am enthralled to study the minds of mortals; it is interesting to find what they believe brings them joy, and all too often it is money which always seems to be at the top of the list. Having money is a temporary joy. And yes, being brutally honest, it is important to know that your physical needs will be accommodated - I am in understanding of that, having known poverty in my mortal life. But again I say, it is not a lasting or fulfilling joy; it is not true abundance.

I do believe the times when I was the most joyful in my time in the flesh were those times when I was with my fellow kingdom believers. Life was always a balancing act, and to spend time with these like-minded fellows set me upon a correct path. We, having spent time with the Master, learned of His general beliefs and exemplary living; and we would use that as our light to live by in the years following his time with us. Spending time with one another was a reminder of that light. It was our fuel to go back into the community and serve with abundant energy.

I had a friend who was always seemingly ill with one ailment or another and was always with a complaining countenance. She would make me feel as if I was drained of energy. She was with no joy, or any outlook of possible joy. One day I had taken about as much as I could of her constant complaining, and I became angry with her. Right or wrong I was indeed, angry. I expressed my anger to her and told her there are individuals who are really sick and see not the world as crumbling down around them, but rather, are grateful for the times when they feel well enough to sit up, or to speak with loved ones.

My poor friend was certainly shocked and did not speak to me for quite some time. I felt bad, yes, and yet, I was relieved that I did not have to deal with her energy-draining ways. I spoke to the Master about this situation; I was with remorseful feeling and asked His advice. He told me to have not worry and that He thought I was led to speak the truth. Said he: "Sometimes your brothers and sisters need to know your truth, and it is acceptable for you to put a stop to their energy-draining and constant call for your attention."

The Master told me to begin to make eye-contact with her, and small greetings. She would not look at me at first, but then slowly came around to having short conversations. It was 'miraculous' how her health had improved. While my words were harsh, she came to the realization that they were spoken out of love, concern, and frustration.

What an excellent lesson we both learned from this experience. Our time spent learning together was certainly a bonding for us, and from that time and forward we were like sisters. We spent many hours in laughter and conversation, sharing weaknesses, sharing strength, or hope and joy. My friend and I had learned that too much focus on the self can lead to negative places.

There are always opportunities in daily living to pull yourself from the busyness of life and talk to those around you - to let them know they are worth talking to. What a beautiful beginning to the ripple-effect of kindness. A few words can change a person's whole day. That is really quite powerful.

It is acceptable to go beyond a business-like attitude, and toward a loving friendship. This was the Master's attitude and example to us. He could meet individuals for the first time and completely change their attitudes with just a few words, and possibly never see them again in His mortal life. The point of His mission was that He shared love as He passed by. He was always with a wonderful attitude because He was so beside Himself. He was with the joy of knowing that life extended far beyond the material concerns - far beyond what seems to be the realities at the time.

Yes, my friends, our joy is in our ministry. Our 'healing' is in the kind words we have for others. We are powerful when we can show another they are worth our time - just as you are so wonderful, so patient, and so good to us as your teachers and unseen friends. We thank you.

This week, find reasons to be joyful. Answer the question: "What are you working for?" How can we exchange our focus from feeling sorry for ourselves, for the joy of

knowing that life extends beyond what we can see? We send you with our love. Go in peace. Until next time, shalom.

Through Faith We Accept Those Unseen Assistants That Are Just Beyond Our Vision

Abraham, WOODS CROSS GROUP 12-03-2007

Back

I am ABRAHAM. Greetings. I am joy-filled to see you each allow yourselves to let go of your daily worries and know that every day is a new fresh start. From where I am I have not the material veil you have; I am with the surety that the spiritual life is a reality. You, on the other hand, are having your time in the flesh only – and must rely upon faith.

I so desire for you to see and believe how you are helped by the unseen; it is a perfectly-natural picture from where I am; but from where you are it would seem extraordinary, I understand. Imagine that I see a factory full of productive employees working side-by-side producing a wonderful product that will serve a great many. If you were to look at the same picture you would perhaps only see a small percent of the people that we see – and yet, still producing the same results.

It has been a long time since I have first been behind this veil but I can understand how difficult it is to exercise faith in the unseen. The more we study spirituality, the more we can find the logic in it. You are not with your heads somewhere 'in the clouds' – but in reality, are side-by-side with those unseen associates, working through the everyday mortal experiences. These experiences are truly important; they seem so 'down to earth' and mundane at times, but it is all indeed what you make it to be.

Raising children, for instance, can be a complete burden; or, an excellent lesson that has taught you about real joy in living and experiencing the mortal life. Working your job can be 'killing time for a paycheck;' or, it can be a ministry to your fellow co-workers and customers that gives you opportunity to set an example of faith in a higher power. You can feel as unimportant as an ant in an ant farm; or, as useful as a cog in the wheels that turn to create destiny.

You are unique, yes – and yet, not set apart as 'the chosen.' You each have a vision of what you can perceive – and trust me when I say that Father's vision exceeds anything you can comprehend. I could not have predicted my mortal life and what was to become of it. Looking back at it now at my days before the Salem ministry, I was not a 'chosen one' or set apart as special, no! I was an average man trying to lead a superior life. I could not have foreseen my friend, Machiventa, to have been my mentor. I had set myself upon a path that I thought was correct for that day and age.

It took some hardships to break through my obstinacy to be able to increase my spiritual receptivity. It was difficult at first, but worth every minute it took to put me on a truly enlightened path. For that time, for me, Father saw it fit to allow my material eyes to see and communicate with my spiritual assistants – I could actually see Machiventa Melchizedek. Father's chosen plan for this day and age, however, has more to do with the Spirit and the exercise of faith.

Where are we on our path to Light and Life? The Correcting Time has been deemed appropriate on this path, and we are again allotted certain gifts that will help us reach our goal. My message this evening is really directed toward faith and accepting that assistance that is just a little beyond your vision. I mean not to dangle a carrot of mysticism, no! but to bring you hope and an increase in faith.

This week as you are going about your daily business, think about those assistants who work by your side and are unseen by material eyes. Still, these loving assistants long to communicate with you and help you work toward the goal of attaining Light and Life. In the busyness of your day, make effort to have the Spirit at the forefront of your mind. Think about your unseen assistants and how rich and full the kingdom really is. We are so blessed. We are witnesses to the birth of a new age – how will you see your participation in that?

That is all. Look for me this week when you are going about your daily tasks. I would be delighted to be of any assistance to you, as would Mary. Mary is extremely gifted at social issues, especially those issues concerning gender. Take a minute or two to skim the Urantia Book text and re-familiarize yourselves with the many beings in our wonderful universe that are available to you.

Go with hope, my friends. We send you with our love and support. Until next time, shalom.

Let Not Materialism Keep Us Disconnected From Spirit. Remember, Jesus Is Here, Now
Abraham & Christ Michael, WOODS CROSS GROUP 12-10-2007
Back

I am ABRAHAM. Greetings. I am inspired by your conversation this evening because it brings our thoughts to new levels of meanings and values. The discussion this evening is productive, and positive steps toward spiritual advancement are highlighted. Many times we move through our lives without acknowledgment of positive events. To see your advancement increasing, gives you hope to keep fighting the good fight of faith.

Many issues in mortal living are always tugging at your faith and creating barriers between you and the spiritual life. To be so material magnetized builds barriers in front of the spiritual eyes. The mind and body can literally feel this disconnection – and for many, that is the cause of depression and illness. When we are close to the Master it removes those barriers between the brain receptors and the circuits. Think about it – when you can feel the spirit within your body, you can feel loving energy sensations, and this is indeed fuel for living.

This time of year, tradition shows the birth of a son who will be the Savior of the world. It is really a celebration and a rebirth in mind for many. Said Jesus: “I am the way, the truth and the life.” He is why we have our Mission founded in His existence. He was literally one of us. To connect with Him is to reconnect in Spirit and reprioritize daily living; the stress in life decreases, and the love for your fellow man increases.

This is a crucial time in en masse awareness – there is a tremendous disconnection

from the Spirit; there is a war waging within the minds of mortals. Everyone will stand for something, and that 'something' could be positive, or negative.

When we look back over our mortal lives, we are joy-filled by the memories of loved ones and those events with our families and friends who have gone on before us. Material items do not create those lessons that move us on to the morontia life. With evolving technology and the race to be the best, don't be caught up in the mechanics and the dehumanization of a spirit-filled life.

It is amazing how communications have improved and we can see the world as one large family. Let us remember that each person has a face, a name and a soul. Fellowship is of high importance at this time; it is our rock; it is our foundation in which we can refresh our connection to the Spirit.

I am your Brother/Father, Spirit helper, MICHAEL. I wanted to speak with you to refresh your memory of me and our plan and purpose. I cannot find the words to describe my feelings for you. Your faces are imprinted in my memory and I so love each one of you. I am so grateful. The universal circuits are in motion and creating such activity, such change.

The prophets of old have predicted my Second Coming upon the Earth. I wish they knew I have been here all along, involved in everything that needs to be cleansed with truth. I am bringing all things that are dark into the light. My children will have to deal with these issues because it is in step with training for the spiritual career ahead.

You, committed ones, have touched my heart. I see you working. I see you helping. I hear you talking to me. I help you talk to your fellows. Good, is happening. In these years that we have been working within the Teaching Mission, you have a much more peaceful countenance. You have calmed down enough to see the Teaching Mission for what it really is - it is personal help to an enlightened age. I will be there. I will bring out those dark areas for my children to contemplate and make decisions.

The Spirit of Truth has spread over the land and has caused a wave of disruption that has unsettled the stagnant thoughts of the masses. I am the Spirit of Truth. Think of me and you will see I am as close as you need me to be. I am with ever-abiding love for you each. Carry on.

Thank you, Michael, I am ABRAHAM. I believe we are up for Michael's challenge. We can handle those dark areas that need to be dissected and eventually acted upon. Our Teaching Mission is so personal, yes, and yet it involves everyone.

For this week, think of Michael for your reconnection in everything you do. Allow not the materialism and darkness to build barriers between you and the Spirit. You know that our love is ever growing for you each. That is all for this evening. Until next time, shalom.

Through Service We Can Enhance Our Connection To Spirit

Abraham & Mary, WOODS CROSS GROUP

12-17-2007

Back

I am ABRAHAM. Greetings. It is such a blessing for me to have this time with you. I am grateful to Father, for His arrangements are perfect in every way. I may not always understand the mind of God, but I am comforted with the fact that I can know His heart. With Him, we are made to feel more alive. Father provides for us, always! I am meaning that in all the details of daily living, even though we may sometimes dwell in misery, we know there is always light at the end of the tunnel, and a plan and purpose.

I am MARY. Again am I honored to be with you, my friends. I am also inspired by our Master's message of last week. It seems to be easier to be distracted by the likes of materialism than to be attracted by spirit duties, which easily go unnoticed. The spiritual life is like the physical body in that if you don't exercise you find your muscles atrophied. In an unfit state, it is much more difficult to get up and get moving.

Jesus taught us that service work was always the right thing to do, yes, but also that the very act of service work was keeping us spiritually in tune. We can see that those moments in our lives when we were most withdrawn or self-absorbed were when we had not energy for anyone else.

Last week, Abraham spoke of the physical sensation we can feel when connecting to Spirit. To reach beyond oneself in the act of service is healing in mind and body. In the exercise of self-forgetfulness, we are learning to dwell less on the insignificant things of life and make each moment mean more.

We always want to serve because it is an act we can perform out of love for our Father. On the other hand, we can feel comforted by the fact that the more we reach beyond ourselves, the more we are ministered to.

I found this to be especially true as I was allowed to watch the Master, day after day, serve one person after another without fatigue. He never for one moment thought of His personal benefit, and yet He was always benefited by good physical and mental health.

The apostles, on the other hand, were a good example in contrast to Jesus where there was underlying selfish motivation – completely understood of course. History has served us as a wonderful teacher to show that it is literally true – the more we give, the more we get.

I have seen a few of you become un-centered with the stress of daily living, and I am in complete understanding. I would recommend that you take small steps in simple acts of kindness to find your spiritual center, and then you can take larger steps from there; do not allow your minds to be a burden. In your efforts made toward simple service, you can feel the lifting of heaviness from your minds. It is truly amazing what an intelligent and loving doctor our Father is.

For the days ahead, find at least one small act of kindness you can do every day. Note how the blood pressure regulates, the energy levels increase, and your desire to exercise the spiritual muscles will return.

That is all for this evening. Know that if you should have need of us, all you have to do is call – for as you know, we are standing by. Our love is growing for you each. From Abraham and myself, until next time, shalom. [11/24/2007 transcript, if any, is still not found.]

Live The Life Of Our Faith As An Example To Others That We Know Christ
Abraham & Mary, WOODS CROSS GROUP 12-30-2007

Back

I am ABRAHAM. Greetings. I thank you for your offerings of warmth and family. Your unique input into our discussion always opens doors to further enlightenment. I am indeed honored to have been a part of you over these years; you have made the journey much more lighthearted.

I can say that I am well familiarized with each of you. I know that your experience has been training for the work ahead. Each of you have at some time made a commitment to the Spirit. Along with your commitment has come Father's calling and your personal training. In our experience we've all had choices – to become 'victims,' or to become educated.

I am inspired by your resiliency to overcome obstacles and keep fighting the good fight of faith. We all have had our moments of weakness when life has given us more misery than we could stand. We have each been overwhelmed by emotion, anger, sorrow, and despair. Our gratitude to Father for showing us the path out of our hell and into the light of eternity.

You are each using your experience well; you have allowed the Adjusters' deep-mind training – and this spiritual experiment of the Correcting Time is showing wonderful results. We have all noticed how time is becoming irrelevant; our new awareness of this brings us lessons that shape our state of becoming.

I am MARY. I must say I am growing quite fond of you each. I see you as my brothers and sisters working side by side in Father's kingdom family. I can appreciate Abraham's words because I feel my experience has been a wonderful teacher.

I used to believe that I was an unworthy child, and Father was out to punish me for my sins. I had hid my life from Him – so I thought. My hours spent learning from the Master indeed proved fruitful when I could be open and honest with everyone – but above all, myself and my Father.

As I ministered to my brothers and sisters who lay in despair, I could tell them of my experience of hopelessness; and in this, they knew I understood them. We created a connection that had shown a light upon a new path to spirituality, to Father, and the eternal career.

Making these small connections in your personal ministries is a measure of success in our efforts toward Light and Life. To use what you have learned to help others is indeed healing for your own spirit – it is fuel to keep striving for new and better ways.

As you are closing upon your time of this calendar year, let us look back at our

experiences with gratitude and know that there is a lesson therein. In your moments of serenity is when you are most receptive for Father's ministry - His comfort, His training. Father gives all events, meaning; He helps you to find purpose and a reason to carry on.

Let us look toward the new year ahead as the year of making new connections. In living the life of our faith, an example is shown to others that we indeed know Christ - His love, kindness, generosity, and His patience. Have not fear. Dive into life and know that the adventure is safe; the Spirit is what will sustain you. Live 'on purpose.'

That is all. Know that we completely enjoy our time with you each. We are thrilled to work by your side. From Abraham and myself, we send you with our love and bid you, shalom.

Be Observant In The Events Of Everyday Life. Ask, What Is The Lesson In This
Abraham & Mary, WOODS CROSS GROUP 01-07-2008

Back

I am ABRAHAM. Greetings. I am with you this evening in your feelings of gratitude. I am amazed when I view Father's overall plan and how every detail helps us to progress. Father's family is numberless and yet, He is integrated with each individual. I am humbled in the vastness of the kingdom, and yet I feel glad to be an important part of it.

I meet a great deal of people every day; I am still learning about human behavior. I want to be a better teacher - and I can do that by learning and gaining knowledge. At this time on Urantia there is such static in thought; there is such an overload in the minds of mortals. I meet with people that seem overwhelmed by regular living. I have, as of late, been learning to simplify and to prioritize.

As children of God, we must all come to a place in our minds that gives us a reason to strive to continue moving forward. Those that have somewhat drifted away from the Spirit feel lost and without reason to grow, to advance, and to carry on.

What is our reason to continue to try and to make the most of the mortal life? I can tell you my personal experience in the flesh was all about gaining power and always having control over every situation. I was immovable in my decisions - somewhat heartless, you could say. I did bring about many hardships due to my obstinate decision-making.

A man needs to be humbled from time to time in order to find those checkpoints of soul progression. Humility is a way to open the ears and eyes; it is a new view of options. When individuals seem to be lacking in options then there is a stifling of the spirit, and hopelessness sets in. We are freewill creatures, yes, and must be able to have options. This is exactly why organized religions fail the individual. In the churches, beliefs have already been set, and freewill is stifled. Many can live with these pre-made decisions, yes, but some feel that inner-turmoil that drives them to seek freedom.

I am MARY. Again it is good to be with you, my friends. I understand that

restlessness of spirit, or that drive to 'seek something more.'

As a young girl living on my own and making my way however I could, I felt that life was pretty much set before me. As one who would always be scrambling simply to survive, I felt overcome by the ego or animal determination. Opening up the spiritual side of myself was indeed a whole new adventure. Finally, and for the first time, I could see that 'as a child of God' I had value; I had reason to strive; I had reason to advance.

We together, are like a scenic mountainous valley, with trees, flowers, water, soil, sky, and sun. Each element within this valley feeds the next. Each element is needed and important.

In my mortal ministry, I found my most joyful times to be talking with people, making them smile, and welcoming them to show their true selves. In this type of ministry, I found it easy and a joy to carry on. To strive to make things around me, better, was soul-fulfilling.

I was indeed blessed to work side by side with the Master and view His tireless countenance. He was such a wind of fresh energy. He was seemingly unaffected, and yet always allowed the Spirit to flow to those around Him. Knowing Jesus during His days on Earth, and even after, showed me my place in the universe and how available 'options' were to me. I was not just a stifled spirit or a 'poor girl from a crowded village.'

It did take some time however, to have any sort of confidence in my ability to open up to the divine Spirit. It was those small experiences with my fellows that taught me the most - those small aggravations; the mundane events; those typical life-humbling episodes. Through it all, I can say it was the times of uncontrollable laughter and the thoughtful conversations that helped me to see how I played a part in all there is.

This week we ask that you remember in those everyday events of your life, to be observant. Be not quick to act rash but to go within and ask questions, such as: "What is the lesson in that particular event?" Yes, this week take time to really feel the Spirit, the vastness, the freedom. Have quiet time to reflect on those 'options' we all have as children of God.

That is all. It is indeed a blessing for Abraham and myself to know you as co-workers, friends, brothers, and sisters. Our love goes with you. Until next time, shalom

Earth-life Is An Ongoing State of Becoming, Toward Our Eternal Career

Abraham & Mary, WOODS CROSS GROUP 01-14-2008

Back

I am ABRAHAM. Greetings. This evening I am inspired by your levels of confidence to handle the material life. It indeed takes some spiritual knowledge and experience to maneuver through the struggles and on to the eternal rewards.

When I look at you working in this Teaching Mission, I feel a new level of confidence in the overall kingdom plan. I see you as a stable point of light. You have enough experience to wade through the mysticism and into the reality of the

Spirit. To a certain degree, you are firmly rooted in the realities needed that will create growth in the Teaching Mission and the whole of the Correcting Time.

As you can see, there is a great deal occurring in the world today and the outworking of the Spirit of Truth is becoming quite apparent. We are so happy to see you well-adjusted individuals that work simply out of love for Father and His ultimate truth.

I am MARY. I am always honored to be with you – and believe me, I find you and your topics of discussion to be very engaging. I love our level of relationship as kingdom believers and fellow coworkers who have experienced a well-rounded life in the flesh. I can work from that standpoint.

There is such an energy of division throughout the planet. Many are compelled to jump off the fence of indecision, one way or another, and find a home ‘in truth’ – not simply ‘in comfort.’ It is such a struggle to break through that barrier of ego or animalistic tendencies. As we discussed last week, there is seemingly a large number of humbling experiences that lead one to open up to the Spirit.

As you mentioned earlier, those that choose to stay planted in their animalistic ways become victims, and never try to break through that ‘shell of imprisonment.’ Growing up on Urantia, I had developed a tough exterior. By the time I was really an adult I had levels of self-defense that were difficult to break through. I had been hurt, and my tough exterior was going to protect me from further pain.

I had not really known what a true friend in the spirit was until I had met those apostolic sisters. They accepted me for who I was, what I looked like, and how I acted. Their kindness brought out the best in me. My experience learning from the Master showed me that the mortal life is temporary, and simply a learning-ground to further adventures in our eternal career. That meant any disagreements I had experienced that caused hurt were not to be closed off in order to self-protect. The experiences I had here on the planet were simply to open the door to our next experience – experience that would bring growth and healing.

Yes, all events, all past pain, is open to a healing. Damaged relationships are not forever. There is understanding that in the next phase of mortal existence we have opportunity to make repairs. Nothing is to make us feel closed off; there is always another phase to learn from, and there are no wounds that will not heal.

As I grew older, I found that my tough exterior to repel the Spirit, as well as any self-protections from potential pain, had waned. Yes, for in my working with the Master, I found my emotions and old patterns to be natural, and simply a process to work through and eventually master. Rather than guilt and regret, I had permission to feel and reason. The truth always emerged to reveal new opportunities, to learn new spiritual skills.

This week, instead of always repelling the so-called animalistic tendencies to escape pain or discomfort, let us find new joy in feeling what we are supposed to really feel as young spirits. Be not afraid of any pain, for the Father is always at hand. In quiet times you can find wisdom that will show you how to deal with that

difficult employer; handle the behavior of an unruly child; have understanding for your spouse; maybe speak kind words to those who are seemingly unreachable.

You all have learned certain defense mechanisms that would seemingly repel painful experience – and believe me, it is well understood. As we grow in the spirit and learn to master the ego, let us develop the skills that will allow us to have patience in our struggles, and to have not fear for revealing that softer side.

This life is temporary, yes, but our experiences here are not complete, for we are always in an ongoing state of becoming – to learn and grow from every experience. In this becoming, we have all the help we will ever need, it is our individual responsibility to be open to it; to ask for it.

That is all for this evening. Stay observant and know that we are building upon a foundation for the next life. From Abraham and myself, we send you with our love and offer to give assistance in any way you need. Until next time, shalom.

How Much Does The Material Life Trap Our Attention. `Things` Are Not The Path To Peace

Abraham, WOODS CROSS GROUP 01-21-2008

Back

I am ABRAHAM. Greetings. On such a cold night we are so grateful to have somewhere to go. It is a real blessing to have the physical needs taken care of. It is easy to overlook what life must be like for those who are homeless and live out in the elements. It is easy to forget about those small things to be grateful for when life is in such fast motion.

Being physical creatures, the material life's comfort is really quite important – as well it should be. Bodily discomfort takes a great deal of attention off of the ordinary pace of life. Part of the mortal experience is tending to the physical needs. Some never really develop good work ethics and have difficulty finding a place to call 'home'. Then there are some who are workaholics who have all their energy going toward their employment while other important aspects of life go by the wayside.

There are many who have the standard and sufficient comforts of life, but incessantly seek to obtain 'more.' The more some people have, is (in their minds) a show of success; their energy is geared toward 'consuming' – and still they are feeling the emptiness of imbalance.

In my life, I was one who was bent on obtaining as much land as possible. I didn't need all this property; personally, I didn't even use it; I just wanted to be known and acknowledged for my savvy business mind.

All of this land took so much energy to take care of. I hired men to guard these empty fields and to put up fences to show that this land belonged to a powerful man. Of course I needed animals to control the growth of the field grasses; and therefore I needed to hire more individuals to take care of these animals. What an exhausting cycle of living.

I felt I needed to make use of this land, and so were plans laid to build upon it. I acquired one thing after another. I had no thoughts of giving. I simply had thoughts of obtaining more and more material value. I got little sleep because I had to manage my so-called empire. There were always problems to be dealt with – whether it was my employees' squabbling over one thing or another, or my family complaining that I spent no time with them.

I thought these things would make me happy – but instead, they drained me of my energy and ability to find joy. In obtaining material goods I had begun a juggling act that would put terrible stress upon me and my relationships. I was unhappy. I had everything I could ever want and yet, I was unhappy. My mind was busy with the details of my endeavors. At the end of the day, I had no patience for those loved ones who needed me.

Upon meeting Machiventa(Melchizedek), I found him to be what I thought an extraordinary man who asked for very little. He consumed very little. He wanted not for riches, or gold, or power. Said he: “Those things are not the path to peace and happiness, but a constant drain of your life-energy, a constant demand for your attention.”

The more time I spent with Machiventa, the more my desire had shifted to become more involved in the spiritual life. Machiventa taught me about generosity, kindness, compassion, and the inter-workings of the Father's kingdom. I viewed Machiventa taking such joy in nature's surroundings, animals, and children. He took joy in speaking with the elderly. He laughed frequently – and ‘that,’ I had not expected. I wanted to have this freedom in mind for my own.

I realized that I could not juggle such a materialistic empire and seek power, while trying to find peace, joy, and balance. I began to divide up the land to give to those men who worked for me. I liquidated my assets and paid off my debts. We had all we needed – physically and mentally. Emotionally and spiritually, however, was a different story. My family thought that I had truly lost my mind, but I told them I was to simplify my life so I could put my energy into those things that really matter. Obtaining goods was not a show of success. It was not a source of joy.

Father wants us to have abundance, yes – and yet, not to the point that we put all our energy into it. With material assets, one must always protect them, watch over them, and maintain them. One who lives with balance is one who has his material needs met and yet has time for family, friends, and fun.

If material goods should happen to multiply here and there, then that is wonderful – if it does not steal so much of your attention and focus. When the material life is satisfactory to the point where our comfort needs are met, then we can go out and find the true measure of success; we can find our real joy, peace, and fulfillment. Balance is really all I am speaking about.

This week, ponder how much of the material life traps your attention. Let us work to simplify and minimize the clutter in all aspects of our existence – material and spiritual. It is wonderful to know such hard-working individuals such as yourselves. Consider that your employment is really just an avenue in order to carry

out the real work you are assigned to do to have a joy-filled life.

Do not run away with this idea. Keep balanced. I am not advocating that you give away all that you own, but to simply find the common sense in your endeavors to obtain the good life. That is all for this evening. Mary sends her love. We will speak with her next week. I am always honored to be with you. I enjoy each one of you. Thank you. Until next time, shalom.

Rise To The Challenge of Father`s Plan Over Our Own

Abraham & Mary, WOODS CROSS GROUP 01-28-2008

Back

I am ABRAHAM. Greetings. I am here with the thought that in our gathering we are of a searching mind, which means we are to rise above daily struggles and those things that blur our spiritual vision. Our physical discomforts, our mental issues or stressful events, must be set aside for us to come together and have this collective inner-dedication to gather wisdom and strength to go forward yet another day.

Yes, advancement is always possible with your willingness to remain ever open to new thought, new ideas, and that truth which withstands the tests of time.

I am MARY. I am always with gratitude when we can sit together and know that all is safe within the kingdom. Your diligent search for truth over these many years touches my heart; it reminds me that Father`s plan is always at work and ever clearing a path for us to reach Him.

I can identify with your discussion on attachment and pain. Those are the experiences that bring a reality right before your eyes which demands your attention and to drive you to take action. Those that dare to think past the physical life – past the surface-levels of materialism – will find life with Father to be somewhat more challenging because daily experiences will call for your very best. Surface-level thinking becomes unacceptable, and your love for Father drives you to search on a soul level.

I can think back to my days in the ministry where I thought I was doing my fair share of spiritual work and helping others. There was a time I felt that these tasks in the ministry became a burden to me, and I had not the feeling of happiness nor growth. I was somewhat angry with Father and a bit resentful that I had not experienced more happiness in daily living. I felt I was doing my part, yes, and yet the rewards were seemingly nowhere in sight. My faith wavered, I must admit, but it was an opportunity to reach for more, for deeper understanding. It was a challenge for me to go beyond my desires and push for the good of Father`s plan.

There are trivial disturbances in daily living that put reality in your face and gives you a choice on whether to rise to the challenge, or be engulfed by fear or other spirit poisons. It is not bad or good, but just experience – an education that puts you ever closer to our First Source and Center.

When faith begins to appear selfish, then the ego has too much control. When your intentions are purely for selfish gain, then does it reflect in your actions and is apparent in how you live – it is not hidden.

The Master does call for us to make extra effort in this Correcting Time. There is so much personal work mortals must take into consideration when in the ministry. Father's plan is elaborate, yes; and yet we don't have to worry on this. For us, reality in Father's kingdom is in those moments where He has placed us; and it is then, in those moments, that it is our choice to act.

They say "life is what you make it," and it is true, yes! you can be open to new challenges; or, stay in a rut of discomfort. There are always opportunities to do something different; a repetitious pattern is not your fate. As we rise above the messiness of daily living and reach for our collective unified dedication, let us feel the spiritual empowerment to know that the Master goes before us in all that we do; and, with the knowing that Father literally walks us through our experience.

This week let us concentrate on doing for others. Consider if this appears to be a burden? or is this service something we can do to be closer to the Spirit. There is joy to be had, even in pain; have not worry. I am very much inspired by your willingness to press on. Your love for the Master is clearly visible to me, and I am honored to be a witness.

Know that we are available for your moments during the week when you are with the searching mind. From Abraham and myself, we send you with our love. Until next time, shalom.

In Our Pain and Hopelessness, Rely Upon Our Inner-Father Fragment
Abraham & Mary, WOODS CROSS GROUP 02-04-2008
Back

I am ABRAHAM. Greetings. I am appreciative of your hospitality. You make me feel welcome. I am in understanding of your issues of daily living. I find it such a blessing to see you each practicing 'pausing for a moment' to check in with your spiritual beliefs before you act on a concerning situation.

We are seeing our Correcting Time stir up issues that bring individuals to the point of looking inward, seeing their true beliefs, and attempting to take action. The mindal circuits are so alive, sending and bringing information at top speed. You, as a collective mind, will see trauma and define for yourselves what is the most loving and least selfish action you can take. The mortal life appears to be an off-and-on battle. It is our hope that people will look within and find the very best in themselves.

You can think back to certain instances over your lifetime and see that a seemingly negative event occurred which brought you to a place of realizing that love is most important. At such a time you had not care for your own pain; you had not thoughts of yourself. Yes, you can see that some experiences in life have brought you above surface-level thinking, to find your real priorities. Experience is why you serve time in the flesh. Advancement (the perfecting process) is your goal, and the 'disturbances of mortal living' is your teacher.

I am MARY. I also thank you for your kindness in opening up to us each week. I can understand Abraham's words, it brings me back to the time in my experience when I

realized the Master was going to be captured and punished. All other worries I had fell by the wayside and I felt no control. I was devastated and consumed with the thoughts of losing my Master and friend. In my shock I would talk among my sisters; we had no ideas of how to change the inevitable, all we could do was pray and be still.

During my 'going within' I remembered the lessons that the Master had taught, and I thought of how He would handle such an instance. He would say: "If you are going to live, then live. If you are dedicated to the Spirit while wearing the flesh, then go full bore. Do not hesitate. Grab the hand of the Spirit and go."

I was with the understanding that this upcoming experience of Jesus was going to hurt, and that I must dive into it, feel it, understand it, take the necessary actions, find the meanings and values, and take in the growth therefrom.

Yes, the Master's words were a blessing and a source of strength. Often we had heard him say: "If you are going to live, then live. If you are going to hide and self-protect, then do not complain." That time for us was excruciating, yes; and yet we were with Him in every minute, witnessing His pain and taking in every precious minute that we had left with Him.

In my feelings of helplessness, I only had God; I had nothing else and nothing else meant anything. In my hopelessness I had only one place to turn; and believe me, I was not disappointed, for I felt strength from something unseen that enveloped me with strength. I could rally my sisters and begin to plan the actions we would take next. The Master had told us He would be leaving us, and He prepared us as best He could. It was upon us to act as we knew He would want us.

My friends, our beloved Father and Brother knows our highly emotional state that hampers our rational thinking. Your inner Father does make effort to give you some sort of preparation for things to come. He wants not for your emotional state to block strength and rationality.

This week, let us be open and thoughtful of how the inner Fragment of our Father may guide us. Think about the Master's words: "Are you committed to living?" How often might you find yourselves hiding to avoid hurt? Do not be discouraged for your human ways; know that there is value in everyday-living and always a reason to carry on.

I feel such a warmth from this group. I am always happy to serve with you. Know that Abraham and myself send you our love, and go with you throughout the week. Until next time, shalom.

Examples From Light and Life Worlds - The Diligent John the Baptist

Abraham & Mary, WOODS CROSS GROUP 02-11-2008

Back

I am ABRAHAM. Greetings. I am in such gratitude for your lighthearted spirit here this evening. I love to see you each balance life encompassing a little bit of everything. Even though our priorities call to us it doesn't mean we can't have some enjoyment. In all of life's circumstances we can learn to blend the ministry therein.

Even though the world does not yet welcome it completely, we, as students of the Correcting Time, can always have with us Father's wonderful Spirit. There is a lot of chaos in the world right now. With the conditioning of the human mind by various cultural lifestyles, beliefs can be limited wherein we just don't handle things well.

On worlds settled in Light and Life, natural catastrophic events also occur, yes, but their minds are so different in how they believe or perceive. One thing that these enlightened individuals know is that there is always an ultimate good in every event – that Father's hand is in every occurrence. As well, these Light and Life dwellers know that death is not permanent, that life in the flesh is ongoing into the morontial life. When you believe this to the core of your soul, then traumatic events do not affect you in the same way.

Another interesting fact about our friends on worlds settled in Light and Life is that they are so selfless; their minds are really focused on the well-being of one another, and they do all they can to provide for that well-being. I am grateful to these forerunners who give us Light and Life examples; we can learn a great deal from them.

I am MARY. I again greet you with a full heart. We are becoming closer and closer each time we meet. I enjoy the intricacies of your personalities. I look forward to our meetings.

I am also grateful to those worlds that have trudged through their history and made something beautiful out of it. Our Light and Life example people are not merely individuals in denial or with rose-colored glasses; nor are they robots, no! they are just like you – yearning for fulfillment through truth, beauty and goodness.

These Light and Life citizens are people who have welcomed Father as their Sovereign and long to do His will. They live life with balance in all things. Work is not miserable. School is not mundane. Daily chores are not something to procrastinate. There is laughter and joy where they work. There is relaxation in worship. There is adventure in their education. Money and materialism is not their leader.

I am excited about this worlds' change; it is slow, yes, but taking a firm hold at the roots of our wonderful universe's evolution.

I think back to the days of John the Baptist; though I was not conscious of his work, I later learned who he was and his significant role as a precursor to Christ. John was one of a kind. He loved God the Father and had the best intentions for serving and performing in the ministry. He worked tirelessly baptizing one believer after another.

John was diligent, yes, and yet he found not balance in his work. He had not continual joy or peace. He could hardly find sleep most nights. While imprisoned, it was difficult for John to come to terms with the fact that his mission was cut short. Yet, he was determined to endure through whatever trial to beset him.

Had John not been so outspoken and determined to fulfill his role, as he understood

it, he very well could have gone on to have a wife and kids. He could have even continued on with his own church and made great strides therein. Father wanted for John's happiness, always. He wanted for John's balance in living; to find the joy in work; the adventure in education; the peace of knowing Father's work is steadily progressing.

During that time of Michael's sojourn, there were tremendous strides being made in the expanding awareness of humankind; it was also a Correcting Time of sorts, as is now; it was a breakthrough time of freeing the minds of men and women, and showing them that Father is a benevolent personality.

The 'mission side' of that time, however, had to do with the purpose of Michael of Nebadon - His message needed to be heard. Jesus needed not antagonistic individuals to cause his mission to be cut short, no! but Father's will needed to prevail in this situation; and John was in full agreement with that, even though he was loathed to be imprisoned.

Many times, circumstances will be confusing; and we just don't need to know the outcome, we simply need to be dedicated to allowing Father to be our sovereign. His Mission is everything - and yet, everything is His Mission. Michael wants for us to have balance, happiness, friends, family - and always be open to learning something new. Our lives and the Mission are a blend of sorts where we can serve 'as we pass by.' We can adapt in any given situation as long as we keep Father in the forefront of our minds.

This week, let us ponder about our brothers and sisters settled on worlds in Light and Life. What do you think the main focus of their turning point was - that brought them through the drudgery of history, to a state of Light and Life? In all our circumstances this week, let us be conscious of having joy, and knowing that any individual may be a messenger 'for you' - or, you may be 'for them.'

That is all, my friends. Know that Abraham and myself are always overjoyed to spend time with you; and with that, we will take our leave. Our love goes with you. Until next time, shalom.

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Take Joy In Freedom Of Faith, Yet Be Conscious of Universal Law
Abraham & Mary, WOODS CROSS GROUP 02-18-2008
Back

I am ABRAHAM. Greetings. I am so grateful to you who keep the faith. You make my words possible. Even in strange times we can rally our faith and find some meanings and values. You that are searchers of truth accept not shallow-thinking and have become accustomed to finding a reason for all things.

I am always interested in how the human mind works because it does have a direct connection to the Spirit wherein education is unlimited. You that have your own rooted beliefs in the Urantia Book and Michael's Correcting Time will find your awareness highly sensitive, yes, because correction is taking place and circuits are being connected, constantly. We are all feeling the correction momentum; our awareness is expanding and our faith is sometimes running in all directions trying to keep up.

In the harsh realities of life, it is difficult to see the hand of God at work. You should hear the many voices every day, that cry for help. Even I am overwhelmed at times. We must remember to rein in our faith, yes, but on the other hand put not limitations on Father's abilities. This capturing of faith is always best handled

through meditation and quiet time.

I am MARY. Once again, I am happy to be among you working for new and better ways. I believe Abraham is speaking about faith and the seeming chaotic directions it can take. It is wonderful that you in this small group have a system of faith that is open always to new possibilities. No one is encouraging you on what you are to believe. Many times the freedom can get carried away, and we can forget where we stand in the realities of spirit and truth.

I can appreciate your discussion this evening on the life of Jesus. How blessed are we to have Him for our example – the example of living our life purposefully, and having no fear of what that will bring us. I am also fascinated by the inner workings of the human mind. I can see how faith grew in my time on this world.

As a young girl I had not direction, and saw those who claimed to have faith as people thinking of themselves 'superior.' Those individuals appeared to me as quite judgmental; and since I was always ashamed of who I was, my faith in a higher power to be someone I could trust, was practically nonexistent. Through my growth and experience, I thought God to be someone who would be un-accepting of my lifestyle, my life circumstances, and I was indeed afraid of Him. Yet, I would sometimes try to live 'somewhat' morally because I feared punishment from Him.

As my faith grew in the ministry of Christ, I began to feel less judged and more accepted; and, more free to be who I really was. In knowing the Master, I came to believe that no person on Earth could force me into faith. Jesus was quite clear on that matter – that “you know what you know, from your own experience.” The love and kindness of Jesus always made me want to progress.

In my freedom of faith however, I had not lost my thoughts of living true to the universal laws –not the commandments that man had taught, no, but my inner-knowing of the 'universal laws.' All who receive their Fragment of Father have this connection of knowing right from wrong because we are with such freedom to choose such.

And faith does not mean we are exempt from living the universal laws; internally you know what these laws are – you can literally feel them; it is an inherent knowing of that which is truth, beauty and goodness, from that which is not.

In order for the budding soul to grow, we must work toward following basic spiritual laws; we do this by exemplifying the life of Christ in our actions. Abraham mentioned quiet time; and in this, there is an open connection to the Creator. He is our peace in mind. He is our Director to understanding the universal laws. He is that process by which we are producing spiritual fruits in our everyday lives.

When I had worked with the sick and elderly in the ministry of our Lord, I had an urge to attend to those who would bring me ego-satisfaction. To those I could not help, I strayed away from – and I learned with experience that spiritually and morally, this was wrong. Believe me, I did beat myself up over the situation. But with time and counseling from my fellows in the ministry, I had gained the ability to make correction.

It took some persuasion of sorts to turn from the animalistic mind to the mind of Jesus. In taking some steps to rectify my mistake, I felt with direction and comfort. Ministering to my disabled fellows became easier, and I came to feel joy with each patient, regardless of their condition.

This week, let us be conscious of our moral decisions. Take joy in the freedom of faith, and still be conscious of the universal laws. What are those steps we can take toward exchanging our natural minds that may be experiencing anger, despair, perhaps regret – with the mind of Jesus who embodies truth, beauty, and goodness.

I am grateful for our heart-to-heart connection. We are both indeed filled with overflowing love for you each. I thank you, as does Abraham. We send you with our love. Go in peace. Until next time, shalom.

Hardships and Even Dysfunction Teach Us New Levels of Advancement

Abraham, WOODS CROSS GROUP 02-25-2008

Back

I am ABRAHAM. Greetings. It really takes quite a bit of effort for mortals to lay down their agendas and receive spiritual direction. I am appreciative of the effort you each make. My words are possible because you are willing to set aside your desires and listen to the lesson for the week. Having experienced the mortal life, I do know how hard it was for me to stop my racing thoughts and tune in to the meaning of Machiventa's words.

Over the last few decades, the avenue toward pleasure-seeking has become a main focus. The value once held in exercising delayed gratification has slowly faded away. Feeling any sort of pain or discomfort was abhorred, and the minds of mortals sought more and more escape from it.

As human beings, we each learn varying levels of pain and conform to our ability to tolerate it. Continuous pain in life is not necessary, really; pain and struggle is not the only teacher. But to seek continuous escape from pain is a foundation that is grounded in the ego-mind. The human brain was made for adaptability, and evolution has taught us that we are capable of enduring any hardship.

These days, psychiatric terminologies have brought many new definitions to traumatic events that come with life in the flesh. I mean not to downplay – for instance, the mind of a soldier who would return from war and have a difficult time readjusting to civilian life, no! I am speaking more about so-called 'personality disorders' and 'mental dysfunctions.' My friends, we are to experience a certain amount of dysfunction, yes, because it teaches us strength in character, adaptability in material life, and growth of the spirit.

Take children for example, and how their tendency to be unruly will lead them right to a doctor's office and a prescription. The typical educational system in the United States goes against their very nature – telling them to be still and listen; and when they cannot do so they are then diagnosed with a mental dysfunction. Children can learn best when it goes along with the grain of their mind. They are so willing to do good when they can see the reason behind doing good.

On the topic of feeling and dealing with pain, we must look to the differences in personalities or in physical makeup. Every person is not going to fit into a standard societal mold; people have their variations in mind and chemical makeup. Many times when we are experiencing pain, it is perhaps a self-imposed issue or feeling guilt toward 'not fitting in' with what society would see as normal.

The Correcting Time is a great deal about self-mastery, yes, but not about pressuring one into learning it. When one wants to learn to do better, the indwelling Spirit, then, is ready to teach. Father knows each child and how best to teach.

This week, we can ponder how popular it is to escape pain. How has past pain brought you to the levels of spiritual advancement you now enjoy? You hear of mature adults every day who swear they would never want to go back and start the growth process all over again; yet, it is what has developed their very character. This week's exercise is a difficult self-evaluation, but believe me, well worth it. I hope that you know I am speaking primarily about mental pain; emotional pain, yes.

Next week, Mary will speak more on this topic. For now, I shall take my leave, but not without expressing to you my love and gratitude. Remember, I am in understanding and at your side should you have need. My love goes with you. Until next time, shalom.

In Those Difficult Times, Await Father's Comfort and Direction Rather Than The Quick Ego-Pattern

Abraham & Mary, WOODS CROSS GROUP 03-03-2008

Back

I am ABRAHAM. Greetings. I can so appreciate the depth of your faith. You have willingness to be present here and wait for the words of some flexible tools for mortal living. Everything is subject to change; even my words are not the final words. We are grateful that Father is steady, constant, and unchangeable. He is our rock and is somebody we can always count on.

Our realm (existence outside of Paradise) has varying levels of reality, and so many things are simply our interpretation. When you can feel you are at your best, meaning closer to Spirit than ego, then you can count on an accurate interpretation of spiritual meanings and values, no matter what my words are, or anybody else's. As Teachers, we do our best to put forth the most updated information possible. It is always your choice, however, to define the meanings, ascertain the values, and act upon what you believe to be best. As promised last week, I will allow Mary to get in a word or two.

I am MARY. I am always so grateful to be counted as one of your family members. I may be a teacher to you, but I, likewise, see you as a teacher to me. I learn a great deal from your discussions and am amazed at your passion on certain subjects. I learn so much about each of you when you speak your mind. It becomes easier for me to teach on various subjects when I can know you each, personally. A lot has changed from my days in the flesh, and I do want to be of service at your level of understanding.

Last week, Abraham spoke of mental and emotional pain in mortal living, and the tendency to desire escape. This topic is fascinating to me because it is worldwide and a growing tendency. I am always made to think of the Master in the garden before His arrest. Even He had sought escape at some point, for He knew of the deepest pain awaiting Him. I believe that He was hurt deeply by the betrayal of His fellows who could not stay awake with Him during this time of great despair. His good intentions were misunderstood, and what he had set out to accomplish seemed to go astray.

It took effort for Jesus to work through His mind the meaning of what was happening. There is always the animal-side that seeks escape from pain, or rebels against it. It is difficult for mortals to understand and be patient with the time it takes to work through difficulties. The Master cried that day in the garden; He felt great anguish. He had gone back and forth in His mind on what His choices were and what they would result.

During this time of reaching out for Father, the Master experienced a spiritual ministration and had come to the final decision that Father's will should prevail. Our Creator/Brother decided to 'drink the cup of whatever life had in store for him.' A lot of His despair was from the burden of having to make the actual decision. Once He did, peace had followed; a new strength in mind and resolve in understanding had come to Him.

Rash decisions usually lead in an individual's mind, and one never gets to experience the peace that follows a well-thought-out decision. I know this, for I have experienced pain to the point that my faith in Father was threatened.

After the Master was taken from us in such a horrible manner, I was loathe to continue the ministry because I had blamed Father for taking Him from us. Yet, even though I was in terrible doubt concerning the mission we had all undertaken, I somewhat thoughtlessly fell into the steps of carrying on, and I am so glad I did. As I looked around at my fellow believers in Christ, I realized we were all on shaky ground and would need one another to deal with the horrible experience we had witnessed.

It is said that when you are in the midst of painful experiences, to keep on taking the steps forward as calmly as possible. In these times, keep your eyes on Father. Allow Him to lead you instead of the natural tendency of turning to the ego or rebellious rash 'animal mind.' As I look back over my years during my mortal life, I can see how each painful experience was like taking a step up; it was a seemingly long staircase, yes, but the wisdom therefrom was priceless.

I can tell you that Father is in complete understanding of the mortal mind. He wants not for you to feel regret over any bit of your decisions made as you travel through this time in the flesh. He does desire for us to keep taking steps and always have our eyes upon Him.

When faced with harsh decisions, keep in mind the Master's struggle to finally decide to drink the cup of come what may. Choosing escape, however, is not sinful, but it is not advancement either. It is most important to have a strong foundation

of faith. Put your efforts into building that foundation and you will find mortal life to be more understandable and tolerable. Remember in your decision to drink the cup of come what may, to be patient and wait for the peace that follows.

That is all for this week. Know that we are available if you should call upon us. My gratitude is never-ending. I thank you for your most gracious intentions. From Abraham and myself, we send you with our love. Until next time, shalom.

Father's Seemingly Harsh Humbling Is For Our Strengthening
Abraham & Mary, WOODS CROSS GROUP 03-10-2008

Back

I am ABRAHAM. Greetings. I can appreciate your determination to follow through with those ideas you find to be as close to truth as possible. It is understood that you are each so busy just living your regular lives, and yet you will keep in mind the ministry and always make time for that. It is well. Thank you for coming to recharge the mind and spirit, to go again yet another week filled with Father's daily lessons and possibilities.

As you are maturing in spirit you will find that you need not the attention you once sought. Your years of faith have brought you to lean more upon the Father's will, than upon that desire for credit and ego-satisfaction. I do see how you each are learning to pause in daily circumstances to see if an experience might hold a lesson or perhaps a task.

In our younger days, we have desire to be seen as a hero. It is not terrible to be desirous of attention, no; but as we experience mortal life, we come to find that all our gifts come from the Spirit, and that to feel a closeness to Father in our daily work, is reward enough.

The closer we are to our First Source and Center, the more we want to be helpful to our fellows and care not for any credit. Our real satisfaction lies in that peace that only Father can bestow. He is our source of strength. He is our fuel to carry on wherein we learn those experiences that take us further into our eternal career.

I am MARY. It seems like a chaotic time on your world at this time, but I can see solutions already in progress. I am inspired by the kind hearts of mortals who are in small ways making the world better every day. It is a joy to meet with you again.

Hearing Abraham speak this evening, I am made to think of the apostles of Christ and how much they taught us. They were the forerunners of a historical time. While they were in their youth, spiritually, still learning side by side with the Master, they were good examples of what to expect as we begin a journey into the Father's ministry. We had seen their egos manifest among them - the best and worst that man has to offer.

I was indeed blessed to have known of the apostles after the Master's departure, and how effective (for the most part) their ministry was throughout the rest of their lives. Jesus bestowed upon them a great responsibility; and yes, sometimes man will interpret that feeling as if they are individually set aside as special, or chosen. Such is natural, yes; it happened in the early days of your group ministry, and here

even now it still happens on occasion.

For the most part, life together in this Mission training has taught us that our mindal stillness is key to receiving from Father those gifts that give us wisdom and strength – yes, to make the most out of our mortal experience.

Going back to the days of the apostles, every lesson was something useable to the next generation. It was through tedious education from life's challenges that the apostles became wonderful ministers. The words of the Master may not have been passed on complete and accurate in every generation, but surely you can see how the best of truth, beauty, and goodness came from seemingly negative events. Yes, the majority of the world today has heard of Jesus Christ, the Savior; and how many generations down are you from those beginning days of the apostles?

It was a time of correction then, as it is now. Believe me, as you grow in spirit, your effectiveness as a minister to others will also grow. Just as the apostles learned those spiritual lessons – together, you also have had your group turmoil that has taught you those valuable lessons that advance you – mentally and spiritually.

You can see in your studies how stern the Master was with the apostles. He wanted them to speed up the learning time, not through the ego but to cut right to the Spirit; so He did say those direct words that would capture their complete attention. He had to be sharp with them, there was not much time and so much work to do.

In your humbling experiences, take that as an indication that your mind is needing stillness and that Father would like to assist you in your spiritual education. Sometimes life's uncomfortable experiences are the much-needed wakeup call to set the ego aside and listen. The Correcting Time is quite serious and a necessity for advancement, and it will seem harsh at times. I can promise you, my friends, that the efforts made in our Mission will bring about those fruitful results that the Master had planned.

This week if you should find time, ponder the lives of our beloved apostles. What might you have in common? Have you an ear for the Father's seeming harsh words – words that would turn your attention away from any kind of ego gratification, and toward getting down to the real work of the kingdom?

That is all for this evening. We are kept quite busy these days and are off to visit other brothers and sisters. Know that we send you with our love and always our offerings for any assistance you may need. Simply think of us and we will be there. Until next time, shalom.

Machiventa's Example And Teaching To Abraham About Really Listening

Abraham, WOODS CROSS GROUP 03-17-2008

Back

I am ABRAHAM. Greetings. I am made lighter by your willingness to see and accept life for what it is. Knowing you has helped me to be a part of the modern world.

Being able to view your many opinions has helped me to look within myself to see what I really believe.

I can remember a day when I was not able to accept anything new. My rude countenance with others would show them that my mind was closed and that their words were no good here. I was really fearful of the changing world. I did not know if I could find my place in it. I almost feared that my intellect could not grasp the changes and find adjustment. I would exert my power in a forceful manner toward those that I dealt with, and I maintained an unchangeableness.

While I had my so-called 'comfort zone' I also put forth a tremendous amount of energy on keeping my world as I always knew it. You can't imagine my initial disbelief at the new teacher, Melchizedek. What a blessing Machiventa was to me in showing me how change always was, is, and will be, throughout worlds of evolution. He taught me how the Supreme Being relies upon change because this is the doorway to knowledge; and that that is how growth and advancement occurs.

I suppose Machiventa couldn't have found a more stubborn student; and yet, his patience kept urging me to keep trying - to have an open mind, and have not judgment. I really felt I became with new eyes. With these new eyes, the world seemed to be a blossoming rose that bestowed beauty with each perfect petal.

I began to look upon my brothers and sisters with compassion and love. I came to so enjoy my visits with my associates and family in the city; I would lose track of time and return home late in the evening. I began to see my loved ones as not separate from me, and not people in whom I controlled, no! they were also children of God on a path of spiritual education, just as I was.

Machiventa taught me by being unaffected, and was simply with an attitude of being interested in what I was saying. I would bring my drama to him and he always maintained the same look on his face, a little smile while keeping his eyes upon me. He would always respond back to me with wisdom and simple kindness. His questions to me would put me beside myself so I could then view my dramatic interpretation of my current situation and see how I had responsibility in the creation of it; and, how I could always make it better.

My years with Machiventa were spiritually fulfilling, and such a blessing, yes. Many memorable and historic times involved great teachers who, like Machiventa, would cause small ripples in the current mindset of the age; and from that, such spiritual assistance would result. We all know how easy it is to become absorbed in personal drama and lose sight of what brings fulfillment and joy. In our desire to find a place of ease, we are seemingly pulled away from challenges that would bring growth. I say, in the place of 'no effort,' is a place of neither joy nor sorrow - it is a stagnant existence.

Machiventa was wonderful at teaching people to listen - listen to what was really going on in a given situation. You can always find a spiritual current when listening; it closes off the chatter of the mind and links you with a direct line to receiving assistance from 'on high' in how you can relate with others. As I learned to be peaceful with others, or unaffected by drama and really listen to my fellows

and loved ones, I could then be truly in the moment; I could do what I was supposed to do, say what I was supposed to say – to enjoy the moment, the connection with Father and other souls within the kingdom.

I also learn nonstop with you, my co-workers, friends – loved ones on this branch of our family tree. I am appreciative of your time, your talents, your input, your humor, and your willingness to open your mind to new adventures in the spirit. Well done.

That is all for this evening. Mary sends her regards. I am always in abundance with love for you each. Go in peace. Until next time, shalom.

Beyond the Flesh are All Equal | What Is It We Truly Desire
Abraham & Mary, WOODS CROSS GROUP 03-24-2008
Back

I am ABRAHAM. Greetings. I am sensing a great deal of peace emanating from you when I would half-expect to view chaos, given events of your week. I love your humor and good nature. I am inspired by your willingness to turn your minds toward the Father and attain and redirect your personal energy. I thank you. I am always made happy by our gathering because it is a good opportunity to step away from the material life and simply be a child of God.

Can you imagine if all your material bodies were to fade away (along with material issues) and we are simply a room full of souls ready to listen and learn. That is a lot of what it is like when you pass through the material veil into the next and morontial adventures. We are blessed to have the knowledge the Correcting Time has brought because we are seeing into eternity – our material lives become just another day in what will be a long spiritual career in eternity.

I am MARY. Again, so grateful to be with you. I am in agreement with Abraham when he ponders the spiritual career; I know it is a giant step to even think about. I believe he is speaking of the blessings that are upon us because of the Correcting Time.

I have researched this present age and I am trying to find the core reasons of what drives the mortals of today. I see you are inundated with information readily available at your fingertips; I see the popularity lure of the materialistic drive. I am in understanding of how the world will create classes of individuals that support a segregation of sorts.

I am overjoyed to see the individual who comes to the Father and releases any notions of individual worldly status – meaning, you really feel a part of Father's kingdom and accept the fact that your fellows are your equal brothers and sisters. Yes, beyond the flesh, we are all equal; and it is that view we focus on when working on self-mastery.

Does the flesh drive your life, your wants, your needs? Are we fulfilled by what we acquire from the animal nature, or do we seek the attainment of spiritual fruit?

I can give to you my own experience of that burden of the material life: For the

most part I had nothing, and in that day and age it labeled me – and unfortunately, I listened to that rhetoric. It is strange now to look back at the person I was in those early days and to know that I longed to be somebody else. I thought the people who were in material abundance were satisfied with the mortal life. I had not the sense of family and the possibilities of knowing I could be loved exactly as I was.

I thank Father every day for those sisters who came to minister to me. I rejected their words at first. They were so patient in helping me to at least open my mind to the possibility that I was part of an extended family. As I mingled among the brothers and sisters that were serving the cause for Jesus, I began to see my equality among them.

The ease of attitude that the Master bestowed was permission to go beyond my material eyes and find my worth as a child of God. At that time, I had to really look within myself to find what I truly desired. Was it money? a suitable partner? children perhaps? Was it recognition or fame? Or, was it the solid faith in knowing I was loved and had a fulfilling destiny before me – and that it was truly up to me which course I would choose!

As I was saying at the top of this discussion, what is it that drives mortals to live as they do? What is most important? The Father longs for your happiness and would never deny you your dreams. He is there to help in your quest for happiness and has carefully set before you various tasks to complete that will bring fulfillment. He desires for your vision however, to go beyond the needs of the flesh. Said the Master, “See first the kingdom of God and all things needful shall be added there unto.”

This week, let us pay attention to our levels of comfort in a crowd or with an authority figure perhaps. How does our comfort with the spirit actualize in our everyday lives? Tell me – in your own time, what drives you to carry on?

I am with growing love for you each. Abraham and myself are so appreciative of your willingness to go forward with the Correcting Time. We can each only look back and learn – let us not dwell there long. As always, we send you with our love. Until next time, shalom.

Our Focus On Love Moves Us Beyond Past Regrets and Our Material Focus
Abraham & Mary, WOODS CROSS GROUP 03-31-2008

Back

I am ABRAHAM. Greetings. I know how busy your lives are and I am grateful you take time and offer labor toward our Mission; you cannot see it but your efforts go far.

It is somewhat fascinating to watch the struggle among mortals to go between 'simplifying their lives' and 'materialism.' It is well known by now that the more material you have, the more energy you are required to pour into maintaining and protecting it.

You can find the balance by measuring joy against stress. ‘If I have a new car, how much energy must I put into protecting it? I worry about damage to it and forget how much I enjoy driving it.’ The more stress that takes space in our minds, the

more energy it draws from us and decreases our capacity to receive Spirit direction.

I am happy to see you put into practice your beliefs by living as close as you can to the fruits of the Spirit. It is so cliché to say, but nonetheless, love really is a balanced barometer of what direction your life is going. Many individuals do mix fear and love, and say that they are indeed just being protective of their loved ones, and yet fear is their main motivator. I say, there is not peace in this! There are so many phony definitions of love, and it is easy to forget the true meaning.

I am MARY. Once again I am so happy to be among you. You may learn while I am speaking, but remember that I also learn while you are speaking. I thank you.

It is an additional joy to serve with my brother and friend, Abraham. As we have spent great amounts of time together, we have come to know one another and have found a mutual love and friendship for each other.

When I had first begun training with Abraham, I knew of his history and status as a mentor and manager of the Teaching Mission. I was somewhat nervous to begin my duty – but as time passed and stress subsided, I found a wonderful equality between us. He is a real brother and friend. I see you, likewise, as friends first, then co-workers – and that is truly beautiful. You know well that it did not start out that way. A great deal of experience between you each, helped to knock down barriers of fear and stress – and mutual love and friendship resulted.

As you look back over your experience in this Teaching Mission, what has been most valued? You each have had some regrettable experiences, yes, and yet you pressed on with faith. Your friendships has been an anchor in the stormy seas of mortal living; I am happy to be a part of that. What a blessing it is in this mortal life to attain experience and understand the meanings therefrom.

Over these past few years in our Mission, can you not feel some strength in your increasing faith? There is always the glimpse of the animal-self from time to time, yes, and that is to be expected. But over your years, what has outlasted all experience? What has been the most important? What is your greatest treasure?

I am talking about love, yes, and how we learn of the idea that it can go far beyond material items or damaged relationships – even past regrettable experiences perhaps. If we view love as our most valued possession, then we are more likely to put our energy into that – it then becomes no problem to simplify the material life.

I mean not to live as a beggar on the street, no, but to pay attention to where your focus is. Where is that focus going, and how much of your attention is it taking? Many mortals put their value in those experiences that add to their identity – and all in all, that is understandably selfish.

Those that don't truly believe they are a child of God will search their whole lives for identity, and that is where their energy will go; they will perhaps miss out on the experience of spiritual fruits – such as love, faith, kindness, hope, truth, and brotherhood. Not to worry, spiritual education may be delayed, yes, but Father wants for you to have abundance in this life. And now that the world is purging the old

and looking toward the new, He would hope that you get the most out of your efforts.

This week, let us be watchful of where our energy is drawn. What is the measure of stress versus peace? Is your definition of love padded with other meanings – like fear and self-absorption?

That is all for this evening. Like Abraham said, we are with gratitude to you for efforts made to this break in your busy lives. I am with growing love for you each, as is your brother and friend, Abraham. Know that we are always on call. Until next week, shalom.

Machiventa Challenges Abraham To Change His Judgmental Attitude | Five Steps on How to Minister

Abraham, WOODS CROSS GROUP

04-07-2008

Back

I am ABRAHAM. Greetings. I am so thankful you set aside your agendas in favor of Father's will. Yes, our meeting is open for His will, not limited to ideas from the ego. We have all had our struggles with the ego in our attempts at working in this Teaching Mission; those lessons brought us to where we are now, and that is what makes our meeting-time unlimited. Our actual desire to see what the spirit has planned for us is simply wonderful, yes.

There comes a time in the maturing spirit when we have not desire to have attention or take credit, or have need to be noticed. The maturing spirit sees the Father's will as the best that could be in any given situation. I have many students; some are still stumbling and some are even more advanced than you. This just goes to show there is a process to be experienced, and that we are evolving creatures. Our flexibility is a real benefit in working in the ministry.

There was a time I had followed our traditional understanding of religion as perfectly as I could. There were rules to adhere to and laws to learn. Many of these beliefs were difficult to unlearn when the new Teacher arrived. I can remember walking through our village with Machiventa and showing him all the people of the town. There was a story that went along with each person which was somewhat a common knowledge. For examples: One man was the town drunk. Another man was cheating on his wife with a well-known woman of the town. One woman was a beggar and really made quite a good living – she was not as poor as she would have led us to believe.

As I directed Machiventa's attention towards these individuals, his face looked discouraged; he knew that I was quite judgmental, as were others. He asked me if I had ever reached out to befriend any one of these people – and I had not. Machiventa knew the real story behind each individual; why they were the way they were.

It is difficult to break certain habits that we have learned; my being judgmental, for example. Also, I had always believed I was 'better than' the average person. When I grew in spirit and began to mature, I saw these individuals through the eyes of the spirit and they were no longer the labels I had put upon them. I could feel love and kinship with them. The more I practiced changing my view, the more joyful I became. It opened up a door of new possibilities.

I began to actually minister to these individuals whom I thought were trapped in a certain condition of life due to their own choosing. Sometimes it was just by listening to them that could affect a change; and sometimes it was to simply speak openly and truthfully as an equal fellow sojourner. To the drunk man, I tried to tell him about the Father, and how "with Him all things are possible;" and if he would just take one step in Father's direction, Father would help him to take the other steps. I showed him brotherhood, and acceptance. Machiventa was right; I felt a connection, and true love began to set in.

To the woman who was a well-off beggar, I said: "Your secret is not a secret. We all know that you scam others to serve yourself. How much better would you feel if you had worked an honest day?" I asked her, "What are you gifted at?" She said she was gifted with numbers and I told her of several places she could go to put that gift to work - real work; not degrading, demeaning, or dehumanizing begging, but actual fulfilling and honest work. I did not know if she actually went for my pitch, but I did not see her much around after I talked to her.

I began to look for small things that would cause someone to also want to put forth effort into doing a good deed. An energy of good is a reality; it is something you can witness as a reality if you are around it.

Many years we have been in this Teaching Mission and learned a great deal together. You are capable of ministering to anyone who appears to need it. It is simple - five easy steps:

- The first step is to show that you care.
- The second is acceptance of that person as your brother or sister in the Father's kingdom family.
- Number three is to ask them what they would really want and what their gifts are.
- Number four: Speak to them about your faith and how Father has worked in your life. Let them know that all things are possible, and that life can change if you really want it to.
- And five: Point out some human resources that they can try to get the ball rolling, like when I had told the beggar woman of several businesses that could use someone who was good with numbers.

This week, let us think about our maturity in the spirit. What have we learned so far, and can we put it into practice? Can those old habits be broken?

That is all for this evening. Mary sends her love, as I do also. To us, you are a light that is ever dedicated to burning bright. Until next time, shalom.

The Power of the Family Group | To See With the Eyes of Faith Is To Act Without Emotion

Abraham & Mary, WOODS CROSS GROUP 04-14-2008

Back

Greetings. I am ABRAHAM. I have grown to love the essence of you as a family. You can look at each other as different, but believe me, somebody new would look at you

as a family with similar traits.

When you have grown with a group of individuals for a time, the soul-connection with one another becomes obvious and anyone could tell what family you are from. It has been an honor for me to watch you evolve – as individuals, and as a family whole. When one person is down, the others are encouraging. When one person appears stuck, the others get them moving again.

I am reminded of the Master's mortal family; even though there was a great deal of chaos at times, there was so much wisdom to be gained from the experience. After Joseph had passed on and Mary was beside herself with grief, Jesus was able to uphold the family. As Mary became strong again, Jesus had His time to grieve. Love was the motivator of that family's success.

It seems as if the world is far from any unifying force, yes, but we can see many groups of individuals who continue to support and encourage one another to carry on.

When we think about the apostles, we can see that each man had his task, and one was not more important than the other. Whether they were delivering a sermon to the masses, or simply ushering them, it took each individual to bring forth success. I can see how you each relate with countless individuals on a daily basis.

A great deal of your education comes from direct divine communication – some from your textbook, and some from being around one another. I can see over these years how you have wanted to help each other more than judge one another; I am glad to be a part of that.

Our time spent here in group discussion helps us to go about the daily world with more strength and endurance. Our time spent here is a well of wisdom that we can dip into for experiences we have need of in our daily lives. You each have done well to be a positive support.

I am MARY. I also thank you for your willingness to fill in, so to speak, in any capacity. I would always encourage you to be positive, yes, but also, realistic – and allow information to filter through your intellect, not just your emotions. We know by now that body, mind, and spirit are connected, and how important it is to make effort to have balance in all three areas.

The Master had once said: "If a man believes, then let him act like it." – which I take to mean that all information we receive is not simply about emotions but also about needing to be brought back to our foundation from which our faith was built. It is understandable that mortals tend to act from emotions. We stand at the beginning of eternity – and if we really believe it then we would do well to act with a little less emotion and be able to share with others a logical faith.

You that have made effort to grow in the spirit also know how powerful Father is and nothing is ever final. Many in the world today will succumb to depression upon hearing about negative events, and they ask: "Where is God?" You that are seeing with the eyes of faith know there is no need to be overwhelmed by anything, especially emotions.

I am so fortunate to have spent time with the Master. He had taught me a lot about keeping an eye on my emotions and allowing the spirit to make direct contact with me. In a highly emotional state, it is almost impossible to have direct contact with the spirit, and easy to be overwhelmed with hopelessness.

If a person is one of faith, then by all means, act that way, for you have each seen too much to go back now. You have been through too much to find those surface-levels of life satisfactory. I am grateful you take learning these life lessons in stride and often use humor to create balance.

This week think about how the group provides balance for you as an individual. How does the group-setting work in other areas of life? What are the steps one can take to remaining calm in the face of a storm? If one is with faith, then how may they display that in everyday-life events? What are some examples?

That is all for this evening. Again, we are appreciative of that essence that is our family. Thank you for having us. Go in peace. Until next time, shalom.

Learning To Tame The Out-Of-Control Ego | On The Mountain-Top We View The Sea of Everything

Abraham, WOODS CROSS GROUP 04-21-2008

Back

I am ABRAHAM. Greetings. I am feeling such serenity from this loving bunch of people this evening. I find that in the calmness it is easier to transmit the weekly message. I am so happy to have gotten to know each of you – your personality type and your basic attitude toward life. You help me to deal with certain difficulties with various mortals.

In knowing your struggles and viewing how you handle them, I learn what it is like to be a mortal in this day and age. I believe that you each also learn a great deal from one another that helps you in your communications with others. Mortal life is so much about communication and having understanding. Said Jesus: “The more you understand your brother, the more you love him.”

As growing mortals, you can see how your self-esteem would play a large part in your lives. Those who find little value in themselves tend to think others have not care for them. Mortals who have a balanced esteem are more open to believe that others have their best interest at heart.

We are learning to tame the ego; and unfortunately, it sends us a great deal of messages about who we are. In this evolving world, the ego doesn't work as it was planned to in the first place. The ego was designed to protect early man in the wilderness. The ego told man to continue to procreate and help the species survive; so the ego was then somewhat of a protector. Now we find many mortals' egos have been groomed to embrace selfishness and to chase after those ideals that feed the ego; then they wonder why there is still the feeling of turmoil within, and a burning un-fulfillment.

You in the Teaching Mission stand on a mountaintop and can see all directions – you

can actually view the sea of everything. In these tumultuous waters, there are many ideas that individuals impatiently grab onto to stay afloat and to have themselves carried to a new shore.

You with the Urantia Book and its hours of study – along with your countless hours of sitting and listening to me disseminating a lesson every week – are standing on this mountaintop; you know you have many choices and directions available. The ego would have you jump into that sea of confusion and grab on to something that will make you feel good about being alive. Your Mission training, however, would have you wait in patience and calm for that assurance of Father's guidance.

The trait you each possess in this group as a family is your love for truth – you demand it, and nothing else will do. I am so touched by this faith and steadfastness. You know from experience that swimming in that sea of everything brings only temporary ego-fulfillment. Newness in haste may brighten your attitude for a while, yes; then there is that flicker of light from the Spirit of Truth and you are once again back on that mountaintop where we patiently view with Father's timing.

We can dwell in the midst of materialism – and worry about things that are temporary and food for the ego to lift your attitude for a time, yes; but eventually you feel sick from the sweet emptiness and crave something more nutritious and filling. So what are we to do upon that mountaintop where the air is clear and the truth is apparent? Our tasks from Father become more obvious, and we are helping other brothers and sisters emerge from that sea of everything where there is not clarity – to experience the clarity of truth from the higher viewpoint.

Our lesson is short this evening, but our friendship and love is never-ending. Always do I pray for your best. Mary sends her regards and we both send you off with our love. Until next time, shalom.

Rise Above Those Surface Levels of Materialism, of What the Eyes Can See

Abraham & Mary, WOODS CROSS GROUP 04-28-2008

Back

I am ABRAHAM. Greetings. I am enthralled by your topics of discussion this evening. I enjoy the higher-mindedness in this group. What a beautiful freedom to be able to speak your mind with your own personal spiritual twist. It is unfortunate that sometimes in regular life we wear a mask and only allow people to see what we want them to; it is understandable in those interactions where using higher-mindedness is not common or welcome to your fellows. I find that you each have a wonderful common sense about you.

I am MARY. Greetings to you, my friends. In observing you, I have learned so much. I am made to go back into my mortal life and remember some of the struggles and triumphs.

I do remember my first meeting with the Master. I had my ideas of Him– His character, His notoriety– and I was going to see for myself who He was. I indeed had my doubts, and upon meeting Jesus that first day I thought He was a bit cold or reserved. I observed He made like He was interested in sharing a conversation and

yet, not pushing it on me or begging me to believe. But even in this, I felt peace; I felt freedom to question and research for myself.

I asked Him, "Who are you, really?" He replied: "Child, allow time to go by and you will understand me by feeling the growth of your spirit." He was happy and smiling. His eyes sparkled with relaxation and assurance that Father is moving and is living among us. I was made to smile as well, and I left Him that day taking with me a new joy and peace that I desired to share with others; and I did join with his group of followers.

As I did daily chores among my new friends in the ministry, I was feeling joyful to talk with my new sisters. We mostly laughed, but sometimes we would dip into that higher-mindedness and go above the surface-levels of materialism and what the eyes can see. It was a joyful and exciting feeling. There was not pressure to conform or to recruit; it was a simple happiness in just living, just trusting, just allowing.

There were difficult times, no doubt, but the vibrant spirit of the Master was always there to see us through; always there to give us that confidence we needed to move about in a world that has limited belief systems. We had not need for piety or for association with strange unknown things to make us feel important, no; I believe you know what I am talking about.

This week, I recommend we renew our relationship with Christ; His Spirit of Truth is creating a spiritual cleansing, so to speak. We can get busy with the inner-workings with that Spirit - and with joy, simply forget the busyness of living. You know every person you speak with is somebody who is attracted to that light within you. You need not push light upon them. You simply need to live by example.

Renewing your relationship with Christ will remind you of your reason for being. Let Him teach you. Let Him show you that life is not a battlefield, but a beautiful landscape with mountains, valleys, and adventures to be had. Go forth into the week with the strength of the Spirit of Truth.

That is all for this evening. I am feeling so blessed each time I can meet with you. You have indeed made my world more beautiful. Abraham and I send our love with you. Until next time, shalom.

Renewing our Relationship With Christ Helps Us to Take On Increasing Mission Tasks
Abraham, WOODS CROSS GROUP 05-05-2008

Back

I am ABRAHAM. Greetings. I am grateful to view your reliance upon faith. I am grateful for your open-mindedness and how you allow the message to unfold. It becomes more apparent as you advance in the spirit that you are strengthened to do things you have never even thought of doing before.

This past lesson we were working towards renewing our relationship with Christ. We can see how many situations in daily living would create great upset for you. You have each learned to look within, to look at the larger picture and rally your emotions to a place of calm.

As we become closer to the Spirit of Truth, we are assigned new tasks that could

cause us some angst. As you further your spiritual education, Father does indeed set up new operations for you to experience. With each experience, we draw closer to Father and our Spirit of Truth. When we study the apostles, can we not see how they were strengthened over time. I can say that many of them accomplished great things, they helped a great many people.

The world is ever-changing, and I promise you, if I was in the flesh today, I would be quite nervous. You have so much to absorb and interpret and to act upon. I can understand your hesitation to take up new things. When I say new things - I mean taking the initiative to right some small wrong or maybe help somebody in some small act of kindness. Perhaps you have repetitive thoughts of getting involved in some community function, and fight with that thought as it comes.

You Teaching Mission participants are going to have even further assignments if you want them. Your desire to do the right thing is a part of the Spirit of Truth's influence; it is a live connection into overcoming fear and gaining strength.

We can remember the water coming up on the beach, and only daring to wet our feet - feeling fearful of what cannot be seen; such is our beginning involvement in Michael's Correcting Time Mission. The connection with our Brother/Father--former man and Creator Son--is a source of love and comfort; but above all that, He is pure logic.

We can understand the experience of the apostles working side by side with the Master and learning His ways. The apostles were only with Jesus a short time, yes, but in that time, they certainly grew much, both spiritually and mentally. Having known the Master, they could take on much more than they could actually envision for themselves. Like them, Father may assign you tasks to complete, yes, but the Master actually empowers you to get the job done.

Many times in mortal life we must be beside ourselves, looking at life through the eyes of an observer and come to understand what all these annoyances, irritations, and instances of injustice are supposed to be. This is the mortal experience, like it or not. Remember when facing challenge, we can do all things in Him who gives us strength.

This week again, spend time with Michael and be conscious of your thoughts of newness or desires to do good. Know that many times the Master requires your assistance, and that He gives you what you need to take on any task. Look over these past years and see how your levels of fear have diminished, and how your courage has increased. Yes, "I can do all things in Christ who strengthens me."

That is all. I am with appreciation for you, dear ones. Mary sends her regards and we both send you with our love. Until next time, shalom.

Doing Our Part to Display a Positive Energy That Outweighs the Negative
Abraham & Mary, WOODS CROSS GROUP 05-12-2008
Back

I am ABRAHAM. Greetings. I want to express my deep and abiding love for each one of you. Sometimes as coworkers, friends, brothers and sisters, we can take one another

for granted; and from time to time it is well to speak of what is in your heart. What is in my heart is sincere love and devotion to you each. I am puzzled by your busy lives and always amazed at how much you can endure. Your resiliency is inspirational to me and my close associate Teachers.

I am renewed in hope when I can be witness to your attitude of faithfulness and your being unaffected by fearful events. I have spent time with many of you this week and I am so happy to see your calm methods of sharing the good news. When you look back at those natural unfolding events that just happen to come into play, you can see how much Father is involved. You are a peaceful light to those who sit on the edge of darkness.

I am MARY. I am honored to be part of your family. I can relate to your efforts in sharing the good news. When there are so many seemingly negative events in the world it is important that you, as Teaching Mission participants, point out the positive. It is true that negative energy spreads so much faster than positive energy; I am not quite certain as to why; maybe positive notions are to be found 'within,' and that takes time and effort.

As we are learning to tame the ego, we are feeling as if we can share the truth in love – love for our Brother/Father, and love for our First Source and Center. When we are first grabbed by the truth, we are wanting to share the good news in a forceful way, almost as if to say 'follow me' – which is, as we know, a mistake. Our maturing spirits would have others follow our Brother/Father, our Guide to Father.

I can remember feeling a firm foothold in the truth of the Master's teaching; and, I remember looking at others who may not have that truth, as 'poor souls.' My thinking was, 'I held the truth and therefore, I could save them.' It was painful to have people brush me aside as I tried to give my testimony to the truths I had learned. It was a feeling that 'I was special,' and the good news was secondary. I felt they were rejecting 'me' – not, they were rejecting 'the good news.'

I had told the Master of my negative experiences in sharing what I had learned – and He was, as always, so understanding and fairly gentle with His words to me. He said: "When you are feeling a family connection in the kingdom, then sharing the gospel is not about saving others, but feeling the joy of what you have learned, and 'this' is the attraction that others see."

My friends, if you should set yourself above them as privileged by knowing some secret way, then individuals you speak to pick up on this energy and are put off by it. When you can make others feel a part of the family, then do spiritual sparks fly between you. It has nothing to do with judging others' spiritual levels, no – it has everything to do with small acts that show kindness, or can bring a smile, or send out a positive and inviting energy.

The chaotic energy that once traveled the circuits is becoming more organized, and this 'new' is reaching the Supreme Being; we are within reach of feeling the fruits of His growth.

I am with wonderful memories of walking among the townspeople and greeting them by

name and simply having a joyful time, open to tasks that Father may have for me. It was my relaxation and release of the desire to control situations or to be the enlightener of others, which was most helpful in my ministry.

This week, while events may seem to burden you, pray – pray that you allow not the negativity to reflect in your words to others. Father always brings out an ultimate good in any situation.

I believe I learned a great deal from Simon Peter in his later ministry years; He was so enthusiastic to share the gospel and give to others that joy he felt within. He had learned through experience, and a few harsh words from the Master, that some words must be carefully chosen. Peter brought a great many souls into the kingdom as he learned to refine his methods of preaching. He took a great deal of teasing from all of us and always took it well and laughed along. He was quite inspirational to many; of course he had a wonderful Teacher.

Our time is up, but next week I would offer a time for questions should you have the need. I also express my never-ending love for each of your wonderful personalities. Abraham and I send you with love. Go in peace. Until next time, shalom.

Always Find Joy and Adventure in Life | The General and His Mask of Perfection
Abraham, WOODS CROSS GROUP 05-19-2008

Back

I am ABRAHAM. Greetings. What a joy it is to look upon your sweet faces. I am feeling so at home. We are among loved ones – and with that, we cannot go wrong.

As we are teaching throughout the world, we are finding some people are coming to a more spiritual realization; they are finding that life must be dealt with, not escaped from; it is the reason we have been born on this experiential planet. I have also found many are having difficulties dealing with life experiences and are losing sight of the reason we carry on. I am with understanding of individuals who are simply overwhelmed and feeling weak and worthless.

I had a friend who was what you would call a general in the armies, and who made great effort to live a life of perfection. Any failure on his part was unacceptable and he was very much with self-punishment. He had loved ones at home who depended on his ability to provide. They had a wonderful home and many friends. He was well respected by his peers.

This general however, had worn such a mask of perfection that his ego had not allowed any understanding of life's failings; he grew tired. Being exhausted from all his efforts to be the embodiment of perfection, the general took his own life. He would rather be gone from this material body than admit to anything that simply needs to be dealt with. This man is fine, presently; have not worry. We find that a great many individuals are exhausted, as was he, and also are seeing their life as failure.

I would say that each life experience is very important, yes; and yes, there are issues you must face and handle to gain that strength and character needed. I could very well have ended up like my friend, the general. Melchizedek was so healing for

my soul; He taught us that life is a series of issues that are put before us so that we can learn and advance, and that Father is always calling us through these experiences.

You can imagine a child learning to walk with her arms up, holding the parent's hands, taking a step, daring to take another step, and then a smile for the realization of new things. The child is daring to release her parent's hands and falls. Yes, she will fall many times, but she must keep going, trying, advancing, and realizing that this is what we do here on planet Earth.

There has been a great deal of chaos and devastation in the world as of late; and believe me, these affected individuals are not alone – the Spirit of Truth shines His light and exposes the injustices and the nefarious ways of those causing the chaos and devastation. It is a collective falling down, and there will be an ultimate good that comes forth. Believe me, I have seen the devastation first hand. These individuals that were affected are okay – have not worry, we have provisions for all.

Great changes can come from tragedies, unfortunate as they are. Life will be life, and Father will bring out an ultimate good if you can stand by, take his hand, and dare to take that step of faith and trust. Feel the rush of adventure in front of you – knowing that each lesson you learn draws you heavenward. Life is not to beat upon your spirit, no; yet it is your responsibility to find the joy and the adventure in life.

Yes, my friends, allow the Spirit of Truth to shine His light on issues that may cause you to have stumbling. He is a wonderful Teacher, our Master – an inspiration and reason to carry on. Have not worry about failings. Have courage to face what you believe to be disappointing and work toward a resolution, for this is what we do. Mary is with us this evening and we are prepared to take your questions. Feel free to talk to either of us. Proceed.

MARY P.: I'd like to know what you meant when you said something like, 'you would be worried if you were us.'

ABRAHAM: I understand. Yes. I spend time with many of you in your busy lives. You have so much today that you face. Communications are everything. You can know what is happening around the world in a minute. In my era, we had times of war and upset, yes – but overall, life became fairly easy – I don't want to say mundane or monotonous, but predictable. We didn't, in my era, deal so much with drug abuse, politics, homosexuality issues, gangs, guns, and the never-ending blasting of information in your face. I am exhausted just talking about it. [group laughter.] I would like to say, I am inspired by your courage to keep trying to make the world a better place. I mean to say you are handling what comes before you very well, and by my not having observed and understood your experiences I would not be adapted to your way of life and have attained any skills to deal with so many issues. I do feel inspired by each one of you who face these difficulties. Know that an ultimate good will come forth. You all keep trying and I am so inspired. Good question. Have you another?

CALVIN: To either one of you: You talked about the Spirit of Truth the last two lessons. I am still sometimes so at a loss as to what are 'truth-bells' ringing for me – or what is just mist-trust or 'suspicion.' Things just don't add up sometimes, and I have erred so many times on the side of suspicion. Maybe you have some words to help me to discern truth better.

ABRAHAM: Certainly, I can try. The Spirit of Truth is the Master. He has a tremendous love for His children and is sincerely desiring for correction. The Master seeks not for one's immediate perfection, no! but that one is moving toward perfection. But He will not tolerate injustice; He tends to bring out issues to the masses, or to Father's children, personally, so that injustice is exposed. I do see your problem is a result of personal events from many years ago. I am with the belief that you have not confidence in yourself and see not your worth. "Why would anybody love me?" you think; and this is where the suspicion comes in. It is self-sabotage, no doubt. I seriously would brush it away – don't even think about it. I receive instructions to say, let it go. You are a growing spirit, and I have seen you reach and embrace truth. I would hang on to your growing maturity from your many years of challenging lessons and compare how productive your moments of suspicion were, versus when you have exercised faith. Do you understand how when a person may grow out of something – they overcome? I believe you are experienced enough to brush these feelings aside and rely on your years of experience. Again, which was more productive – your suspicion? or faith! I am so honored to work with you, my son. We have been together many years. You have taught me a great deal and I am very much enjoying our friendship. You are doing well. Have not worry.

ARANDA (Annette): I am so happy to chat with you and thank you for all the lessons. I have a question about physical pain. One part, how can I deal with it; and the other question is about my eyes and if I have to go for another surgery. This is a very risky surgery and otherwise, I have to live like I am now. Could you help me with this?

ABRAHAM: Of course, I understand. I very much understand physical pain. I am understanding some of your pain still stems from your mind and the emotional hurt you have experienced over these past few years. You are wondering sometimes – if you had done something else would your life have still been intact. I say to you, my dear, you had done nothing wrong and you are sincere and faithful. You cannot change the fact that others will choose a path of darkness; no, you cannot change that. You can, however, accept the fact that you deserve good things. You deserve to set your fear aside and truly live. Dare to step out and not worry so much about daily needs. Dare to step out and find real love. Allow yourself that, and I can say that your physical pain will diminish a great deal. Your vision, however – I would recommend that you follow through with your physician. If you are not with comfort, there must have been a mistake in the diagnosis. I would definitely recommend you seek further medical attention. You do not have to live with such a burden, my daughter. You have so much to offer the world. You are a great teacher. Have not worry. Allow yourself good things. That is all. Another question?

SARAUNA: Abraham, I know this might sound strange, but oftentimes I think of you and Mary and I try to understand – how do you see your horizon? Like your horizon of the near future, or what you look toward; can you tell us about that in a way that we

can understand what you see.

ABRAHAM: That is acceptable and understandable. My outlook is seeing a great deal of souls buzzing with energy and happiness. I see people all the time with faces of surprise when they have learned something new. We are very much with a horizon you can understand, very much like yours. We have work. We have fun. We have rest. We have time for education. We have time to volunteer. Mostly (in our realm) we are driven by an inner desire I cannot explain. There is no clock on the wall. We need not rush off to an appointment. I can awaken from my rest and I see a great deal of colors – beautiful yellows, bright blues, and flowers and beautiful trees. I am always with the feeling of new growth, for new growth is always happening. I am energized by that. I thank you, Sarauna. You are a sweet individual.

TECTRA: This might take me a bit to get to my question. A friend of mine was over last night. We had a wonderful dinner. She is a Urantia Book reader and works with people, an energy worker. She was asking me to ask you about entities. I know from the Urantia Book that when Jesus sent all these beings off the planet and that we have freewill, but what about people who have no idea about the Urantia Book? Can something be created in one's mind that creates some kind of negative energies that turns into something sinister? Do you kind of get the gist of what I am saying?

ABRAHAM: Yes, yes – you've given the question and answer all in one – I am impressed. I do believe when it was said: "If you should truly desire to be in the presence of evil, yes, that evil can be created." Not entities so much, but more-so out of the 'animal mind' – it can be very dark, but not 'evil demons.' There are many different branches of service in the spiritual realm. Human 'fear' is why many of these spirit or morontial entities don't make themselves known, because mortals do have such a fear of the unknown as 'being of evil.' We would see a great more activity by midwayers and such if we did not have this human/animal fear. I do believe that with the first breath of fear, the imagination can open to a scary realm. Mortals must believe in what is the more powerful – good, or evil! and come to a realization of what is the foundation of their faith? Is the evil able to overcome Christ? or even angels? No! The fear is a trap in one's imagination; and of course, we all know where that can go. I am enjoying your question. I thank you for having been such a wonderful support to your friend. You are indeed a light to those who know you. Well done.

I am with the desire to stop for worry I may make mistakes. I do want to tell you that Mary and I are so touched by your level of faith and devotion. You have not any idea how far you have spread the positive gospel. It's wonderful.

MIRIAM: Abraham, you said last week that you didn't want us to take for granted how much you loved us and you showed us that. I know I speak for everyone here – we are so grateful and love you both so much. It is huge what you do for us every day. So thank you.

ABRAHAM: I thank you. We enjoy your personalities. We are like proud parents. I am with great love for each one of you. You are resilient and always going forward. Go in peace. Until next time, shalom. [No Meeting May 26, 2008.]

Find the Beauty Of Life and In Life And In Service | Michael's Correcting Time Updates

Abraham, WOODS CROSS GROUP 06-02-2008

Back

I am ABRAHAM. Greetings. How fortunate are we to have one another. We share our lives in many ways. There is a genuine concern for each member of our group, and that truly signifies 'family;' I am honored to be a part of that.

I have been out sightseeing, so to speak. I am in awe of the beauty of nature. I can see why many individuals take to gardening. It is spiritually renewing when we can work with the Earth. I believe that natural beauty causes one to think of a Creator. Our Creator has filled in every detail of this world's natural beauty, but this is only a drop in the ocean of His many creations universally.

When you can see Father in the natural beauty of the Earth, or in other wonderful happenings that may occur in daily living, there are chemicals released in the brain that causes one to feel at ease. We speak a great deal on truth and goodness, yes, but rarely have touched on beauty. In my experience I see beauty as a direct line to worship.

Witnessing small acts of kindness is a most simple form of beauty, and is another cause for chemical release and feelings of comfort and peace; there are activities within the brain that commingle with the mindal circuits and truly do help in the everyday busyness of living. Volunteering also is an act of beauty wherein there is a feeling of souls opening toward one another. How strange it is to not feel such abundance in beauty when you are in a mode of giving.

All of your training and progress up to this point is a beautiful gift that is to be extended to others who might not feel a real part of this world or of any community. I am grateful at the fact that many of you have much more acceptance for those that are different from you - and this is truly beautiful. Progress like this is how we can measure the success of the Correcting Time.

We have had gatherings as of late amongst those on our side who teach and are in some way connected to the Correcting Time. Michael Himself tells us of the progress made in many areas of the world; for example:

- Gender equality is finally coming to the front of the people's minds and they are made to be open to new thought or policies.
- Race is also a factor in the top issues of society. The world's people are having to learn to live with one another in spite of the cultural differences.
- As well, religion has been a topic as of late too, and individuals who are traditionally trained are now learning that they need not a middleman to reach a higher power.
- New relationships are being formed with Father and old relationships are being redefined.
- We are also seeing science embracing a bit more compassion. Scientists are considering the possibilities of a higher power in the past and present discoveries; this will help with new technology.

Hopefully, the emotional individuals of the world can come to terms with having a little logic in society's hot topics. Michael has expressed His views of the Correcting Time, and He sees much more growth than expected. He is calling in reinforcements, so to speak, to handle the overflow of mindal energy. Today's society is really quite smart and can do a great deal of good when they stop to view the positive and beautiful things of life.

This week, ponder the real definition of beauty. How does it speak to your soul? Does it matter that what you find beautiful, is not to somebody else? Find time for stillness, yes, for there are universal broadcasts going out daily. Spend time with natural beauty – the things that feed the soul. I will have you know I find each one of you quite exquisitely beautiful. Your lives and your efforts to set an example, or live the Master's example, is truly touching.

Mary will be here next week. Until then, she sends her love, as do I. Until next time, shalom.

Life Is `For Us` Not `Against Us` | Allow Michael To Show Us The Value In All Our Experience

Abraham & Mary, WOODS CROSS GROUP 06-09-2008

Back

I am ABRAHAM. Greetings. What a beautiful crowd this evening. I am honored to be counted as one of you, working for the cause of our Brother/Father, Michael. I am always touched by your steadfastness in making this meeting a reality. You help to bring Father a step closer to those who know you. You make Father understandable and set an example of using spiritual skills in everyday living – well done.

I am MARY. I am delighted to be with you this evening. I also have been studying various cultures and am becoming enlightened to the world as it is today. I can see each individual as having a role to play in their lives within their culture, community. I am inspired by those who have experienced the worst in mortal life and still are beaming with hope.

I am also realizing those who have been bitten by life are hesitant of fully experiencing it as it is. I can say from my own experience, I had such dread of fulfilling certain daily tasks that would require socializing. I had judged people as instantly being critical of me just by the way I looked or acted – when in reality, that was not happening. When misfortune seemed to strike, I had to blame somebody or have some excuse for a reason to continue to be bitter. It would seem as if life's experiences would bury me with anger and despair.

Listening to the Master's lessons, I had realized I needed to take responsibility for my own actions – my own thoughts. I realized I would ruin some situation even before I began to experience it, just with my negative thinking. The Master made me to feel a part of the grand family, and I learned that immediate judgment in any situation was a selfish draw of energy – it was to continue in being a victim.

I seriously admired the Master's ability to detach from drama or emotion; to logically dissect a problem and be open to Father's solutions. What a comfort to

know that Father is so close that there is literally nothing to fear; nothing so insurmountable that you can't view a larger horizon. In improving my connection with my internal Father, I felt empowered to use my spiritual skills in everyday life. Yes, I could live my beliefs and feel that logic the Master portrayed.

It is said: "This life is only a day in eternity - live it well." I can see how Father works in various situations of life, but that doesn't mean I will always be blissful. I still feel great emotions and am still learning to take hold of the larger picture and know that somebody very powerful and all-inspiring is watching over me. Jesus was, and is, all about empowerment. He is about showing us how to go into any circumstances in our daily experiences with the knowing that there are educational messages; and, depending on your level of spiritual advancement, that you would receive what you would need.

This week, let us ponder on our realization of responsibilities we take in this life. Do we answer to our accountability? Do we live to our highest truth? How can we help others who are drowning in victimhood? I would also say that care for the physical body is helpful for the mind and spirit. I believe that you know what to do to take care of the body. Lack of nutrition is harmful to the mind and creates static to receiving spiritual help. I will stop there.

I want you to know how my love is growing for each one of you. I really do know you. I have a bond that will last for a long time to come. Abraham agrees. And with that, we send you with our love and offer to visit with you throughout the week. Go in peace. Until next time, shalom.

Our Family Connectedness As Kingdom Members Helps Us to Keep Grounded

Abraham & Mary, WOODS CROSS GROUP 06-16-2008

Back

I am ABRAHAM. Greetings. I am always feeling so blessed by your presence. Your hopeful outlook makes me feel hopeful. Your seeking of solutions to various human problems does inspire me. Your portrayals of kindness touches me, and I am fortunate enough to see how far the acts of kindness ripple outward. Our relationship is important because it creates energy to the God-mind.

It is written that 'man was not meant to live a solitary life.' Your human connections are important and does help to make you feel connected to the kingdom, the family. It is well understood that you must live by faith with the eyes of the spirit. Human connections do help you find your spiritual connection. Of course, there are acquaintances that cause you to have anxiety and drive you from the spirit, but we can view this as exercise for our spiritual muscles.

'Like spirits' (individuals who share a want for the highest good) bring about an energy when they gather, and actually drive the planet to progress. They help the cosmic mind to connect and the Supreme Being to grow. You may not have many deep relationships in a day's passing - but instead, have many individuals you can greet on a daily basis with a smile and a good word. This human connection helps you to feel a part of the kingdom, and also helps the planet to move toward Light and Life.

I am MARY. Indeed is it a blessing to meet with you again. I am in agreement with this evening's topic. I can understand the difference between isolation and connection. I used to believe that the desire to connect on some human level was a sign of weakness or neediness. It was not clear to me that human relationships helped me to stay grounded in reality and connected to a correct spiritual thinking.

It was obvious at first how my shyness kept me from creating human connections; I had feelings of inadequacy and worried what others were thinking. As I sat at the Master's feet and learned how all of Father's children were completely equal, I could open up more and feel good about who I was, and go about the ministry feeling connected.

"Where two or more are gathered, there am I also," said Jesus. Most of your human connections invite the Spirit of Truth and a higher mind to be involved with the conversation.

This week, be aware of those individuals you come across that have an inviting spirit about them. Have for them a smile or a good word. Also, ponder those bridges you have burned. It is not that difficult to make amends and to feel not that regret which has caused separation. Pick up a phone and call some people you have not talked to for a while. Know that they'd love to hear from you. This week will be about improving our human connections to strengthen our spiritual connections.

Know that Abraham and I are always with ever increasing love for you each. Our Woods Cross group is taking a break from our weekly meeting to give our transmission-receiver, Ellanor, a well-earned rest. Until next time, shalom. [No meeting through till August 23rd this year.]

Face Our Disappointments And Handle Them With Honesty

Abraham, WOODS CROSS GROUP 08-23-2008

Back

I am ABRAHAM. Greetings. Welcome back. It is with great joy for me to be among you once again. I feel our time apart has been productive in that each one of us has experienced personal growth by learning self-honesty. One can delay lessons when lies are believed - and that is acceptable, yes. You that have committed to the Correcting Time, however, must 'take in' these personal lessons to be able to teach and spread the good news.

It is really quite valuable when one learns to face disappointments and handle them with honesty. As truth-seekers, we must see reality for what it really is and try to become somewhat emotionally unaffected. For an individual who is prone to believe in false positive thoughts, then when reality really does strike, depression is all the more devastating, reality seems brutal, and Father seems to be out of reach and cruel.

Yes, if you are willing to face your life with honesty - then are your emotions more likely to stay on an even keel because life is more balanced and the blows of disappointment are not so devastating. The summer break was somewhat of a spiritual cleansing. I realize after so many years of study we need time for our minds to make sense of the lessons. As mortals we need to be able to apply the spiritual skills you have learned in our regular daily living.

I believe over our summer recess we have each learned there is no hurry in attaining spiritual understanding. You have eternity, and Father wants your experience to be something you have desire for, not something forced or something you feel you must sacrifice yourself for.

I also believe that we have developed much more appreciation for one another in our spirit family. You each are in understanding of one another's beliefs, for the most part, and accept each other in your most basic selves. I see your experiences as of late and I am also reminded of a group of individuals who served with the Master and came to the same understanding that you have each come to, and that is - we are seeing how important it is to think of Jesus as 'the door.' He is the potential to actualities; He gives us fresh eyes and opens our capacity to receive insight as it is.

It is touching to see you celebrate His birth, year after year, and I have taken great joy from such events. I am in gratitude for each one of you in your participation and ability to carry on. Know that we are looking forward to this season of coming spiritual adventures with you.

That is all for this evening. Know that I am very much pleased with your presence, and that Mary and I look forward to more interaction. Until next time, go in peace. Shalom.

Our Mission Is About The Ever-Expanding New
Abraham, WOODS CROSS GROUP 09-08-2008
Back

I am ABRAHAM. Greetings. I am filled with such comfort to look into your beautiful faces. I have indeed missed you and your discussions on current events and the like. You make my task easy because you keep the spiritual life in perspective with balance of logic, love, and laughter.

I believe those who know you see you as a light of comfort and peace. You are a wonderful display of spirituality and yet, you are continually growing with common sense. Your open way with others helps them to make sense of what is occurring in the world around them.

It would seem that these times bring us to a place of 'forced awareness' wherein we are seeing a great many societal issues come into the light. Of course many will make a judgment and take a stand from where their belief system is set. It is important to you as teachers to make your minds clear from time to time. Allow the spirit to minister to you and keep your faith and hope alive.

You can become overwhelmed with too many tasks - too much responsibility. And of course when you have let your commitments slip, then self-loathing becomes easy and nothing good can come from that. In the stillness of the mind, Father strengthens you with new ideas - different aspects of ways of life that have otherwise become mundane or causing irritation.

Perspective is very important to you that try to live a life in the spirit. If you

see our Mission as stagnant, for instance, and never moving into some sort of noticeable action – then that is what you will get. In this, your hope decreases, your connection is not the same. With a negative outlook, you cannot be open to receiving new spiritual information. This is why we recommend meditation or stillness – the spirit is always fresh and in the moment.

The human mind tends to hold fast to habits. We must see our Mission as cutting through the wilderness, making a new path. Together, we are removing fallen logs and boulders, battling thorns and insects; and still, we are finding new things to do upon the path. Even though life appears to be the 'same old struggle' – those who are empty vessels and open for Father's perspective will be filled with the new.

You know we, as a society, are overloaded with information, and it is well to be learning and growing; but when stress results, then we need to pull back and go within and find that Fragment who sustains us in all things. Can you imagine now, living without faith? the hopelessness and darkness that would result therefrom would be completely devastating. Those who are faith-filled know that there is nothing of value without our Father. "I am nothing without my Father. With Father, I am with endless possibilities and always in a state of becoming more and more."

Mary and I are excited in embarking on this new season with you. Our time apart from you, our students, has not necessarily given us rest, but has made us come to life with new realizations – realizations about the world and ourselves. It is easy to become discouraged, yes, and that is why we exercise faith. One fine way to do that is to read up on your Urantia textbook – what a refreshing feeling to be reminded of the hope that is living inside this epochal revelation. Yes, study is good. Stillness is good.

We are buzzing with excitement at the new ideas developing even as we speak. This week, during our casual conversations, let us try to stick to lessons learned in the spirit and help one another to exercise faith. Mary will be here next week with us. She sends her love, as do I. Go in peace. Until next time, shalom.

Going With the Natural, as Opposed to Struggle, In Our Spiritual Education
Abraham & Mary, WOODS CROSS GROUP 09-15-2008
Back

I am ABRAHAM. Greetings. What a treasure we have here to be able to gather and create. We do share a great deal of comfort from knowing one another and understanding how to integrate the mortal and spiritual life. As we become more experienced we can see the value of hardship and the meaning that comes from knowing the Father.

What a difference any single experience can have over a person. Time is not so much a factor as is experience. I can say I can track my advancement in the spirit by the events I have experienced throughout my eternal career. I can say I am different today than I was yesterday – and whether that is bad or good, I know not. I am, however, increasingly grateful to know for certain that almost everything is in a state of evolution; and the one thing we can count on is Father, who is always there in all things.

I am MARY. I am joy-filled to be with you, my friends. I am with continuing hope and excitement to see you each make effort to master the mortal life. I understand that many mortals believe they are shaped by their experiences; but when they learn to embrace the life of the spirit, they learn they can actually shape experience.

I have had so far, a wonderful spirit career and have learned so much about Father and His many universes, but I am always drawn back to this experimental planet and how all the intricacies of life fit together. The nature alone on this planet is mindally expansive and leading us deeper into the personality of the Father. The more I know, the more I want to know. I feel fueled by the unveiling of Father's plans and how everything works to show how well we are taken care of.

I do remember a time when allowing nature its course was simply an inconvenience – something to be tolerated or battled. The more I knew of the Master, the more I knew I could adopt His love of science and work within nature, and not against it. As technology moves forward, nature seems to become more rare – and some even believe it is in need of special protection. I can say that nature does take care of itself. What is in need of attention is education – an enlightenment of how Father has made all things to work together; and that resistance to Father's natural outworking, is wasted energy.

It is easy to see that the ideals that man desires most are those seemingly out of reach; it is as if simple life is a competition, and anything worth having must be something worth fighting for. As a society, working with the natural grain of living has been overlooked, and struggle to attain is seen as commonplace. Father has meant for us to evolve and find meaning and value in the spirit. And that meaningful and personal experience will be different for each individual; it is not up to any one person to define what that is. Once man has set aside his ego, defining the meaning of life will not be such a mystery.

I believe most mortals have become used to struggling – they actually expect it; and this creates a whole new set of problems. Father has meant for us to discover life on an even keel; in a balanced momentum of living – not so much the high mountain-tops or the low valleys of life. Abundance and joy comes not from much stress and health problems (mental or physical); and it comes not through means of escape through addiction of one kind or another – no! but through a healthy balance of challenging experience and reaping the educational rewards.

Imagine arriving at a new destination, perhaps stepping off of an airplane in some new location on a vacation. What you do there is your responsibility. You can hire a guide to show you the sights; you can venture off by yourself and see what each new day brings. The fact that you are even there 'on' this journey is exciting and something to gain insight from.

Such is life on this planet. You are here to do something, and it is your responsibility to find out what that something is. You can struggle from worry about what is ahead of you; you can look for the path of ease. Or, you can commit to learning about what there is to know and take in what is of value out of the experience of Father's orchestration and timing.

My understanding is: As mortals on a material world, we would do well to get back to spiritual basics by finding the value in nature, or what feels natural. How much resistance do we put forth every day and yet still, simply end up feeling drained? It's not that we are searching out a path of ease so much as it is that we are working within our natural means to embrace that which does bring harmony in life.

If we view life as nothing but a struggle, then where is the joy? Where is the value and the reason we are willing to work so hard? When you constantly put forth so much effort, somewhere within your mind you are expecting some sort of reward. That's not to say that is bad, no; hard work does always reap some sort of reward; but what does that reward look like, and what is its true cost.

This week, let us find the renewed relationships with Father and the gifts of nature that are available. Continue to find time to study and have stillness. We are, as always, excited to be co-workers and friends. You do our hearts and minds good. As always, our love goes with you. Until next time, shalom.

A Closeness With Father Gives Us A Freed Mind – To Enjoy Life and Work Within Our Natural Gifts

Abraham, WOODS CROSS GROUP 09-22-2008

Back

I am ABRAHAM. Greetings. I am enjoying the serene atmosphere here this evening. You make my job easier with your welcoming attitudes and open arms of acceptance. I am finding your group-experience to be a help with balance – each one having his or her own personal experience to share.

I can appreciate how accepting you each are of one another even though you may not agree on most subjects. Your willingness to take an active part in the Teaching Mission and Correcting Time is a great assistance to those of us here on the other side of the mortal veil.

When you work to become more spirit led, then the example you set inspires others to look within. If the Correcting Time was nothing but a large pot of soup, I would find this group to be the meat. You are what make our efforts of potentials turn into actualities. I thank you for continuing to do the work, for continuing to embrace truth and allow your disappointments to go by the wayside.

Last week we discussed going with the 'natural' as opposed to 'struggle;' it can be a confusing lesson, as I understand from your conversation. Allow me to clarify a bit: In these days of fierce competition there seems to be little time spent enjoying the fruits of labor. Minds are already set to beat (out-do) their best, and time is not set aside to enjoy the goals met; this mindset is worldwide and all of its own momentum.

I can say from example of my own life in the flesh – I was at one time a commander of armies, and upon hearing we had won some sort of battle, my mind would be off to the next goal. I was always catering to my reputation as a man of action. There was little time spent in a balanced manner that included free time or family. I could not allow myself to rest – and that, for the most part, was because I had to maintain a certain persona that would be well respected.

In other words, my actions were geared toward catering to my ego and about what others may have thought of me. To be imprisoned by what others may be thinking about you is to cut off the Spirit; it is ego territory and somewhat 'spiritually' damaging.

Most of you in the Correcting Time know that you must live by 'man's laws' here on the planet, yes – and yet ultimately it is the 'universal laws' we must answer to. Father is, or should be, at the forefront of our minds. He is of tremendous intelligence; and to be close to Him is to feel the comfort of a freed mind.

A freed mind does not worry about what others are thinking. The comments people may make that may throw off your game are futile and have no bearing on how you perform. Closeness to Father means that we know we have someone to watch over us. With clarity in mind, He can help us make good decisions and be balanced in all aspects of living the mortal life.

In this discussion on following our internal nature, we can think back to when we were children – we would aspire to grow up to be various heroes. As we grew older, we would of course find some life-purpose to settle on, or at least something to get us by for the meantime. You that have awakened to the Spirit can now see you are with certain gifts, and would do well to use them. One who has allergies should probably not become a florist. One who is skilled at woodworking would probably be most happy working with wood.

It is the trend however, to set aside gifts in favor of dollar amounts. What do you really love to do? Is your work really about that particular work, and are you fulfilling your Mission destiny? I find it wonderful to see people who think of their life's work as secondary – their ministry is first. This doesn't mean we do poorly at our jobs; it means our minds are not filled with that work only, but find balance in incorporating the spiritual life as well.

There is an imbalanced side to our desires to follow what seems natural – such as escaping certain inevitabilities of everyday living. For example, you have an undesirable habit that is hurting you in some fashion. Just because it feels natural – should you stay with it? No, of course not, we have to be logical about these notions of embracing a smooth flow of life.

I believe I have said enough for this evening; I will allow you to mull it over and put it into good use. We will speak again next week. In the meantime, please understand that you have assistants here on my side who would be quite joy-filled should you desire some help.

Find time this week to feel peace. Take time to walk outside. Feel the sun on your face, or the breeze, or the rain. Find small moments that tell you that you are connected to a larger part of the whole and there is nothing to have worry over. Our love goes with you. Until next time, shalom.

Trust Father To Show Us And Then Help Us Work Out Our Personal Issues
Abraham & Mary, WOODS CROSS GROUP 09-29-2008

Back

I am ABRAHAM. Greetings. It is always a happy time for me to meet with you and find out how you are doing on the path of life. I am grateful for Father shining His knowledgeable light upon the dark places of the soul that are in need of correction.

It is understandable that once mortals begin to move on in years, old habits become hard to break. This Correcting Time enables us to see those things about ourselves that we could not see before, and therefore, could not work on them. It is true that each individual will have time to correct any and all flaws, especially once passed on from the material body; but with today's Correcting Time, it is possible in this mortal life to dissect those individual flaws that create the feeling of stagnation.

Yes, every week when we meet for these lessons, we are asking Father to look at us – show us what He sees and what He wants for us. There may well be several issues to face before we are equipped to handle some Mission task; Father will then bring out those issues and show us where to start.

I am MARY. Greetings to you, friends. It is always an honor to spend time with you. In this particular lesson I am taken back to my mortal life when I was with the realization that my experience, up until a certain point, had taught me mistrust. It was difficult to trust those individuals I could see with my eyes – can you imagine the trust issues I had to work out with Father and those I couldn't see?

Yes, my mistrust of people led me to have difficulties with my ministry tasks in the years following. I was not a very good listener because I was afraid of what I would hear – and therefore, I did all the talking. That pattern was not very helpful in the Master's ministry, but it was very helpful in avoiding my own spiritual advancement. I came to realize that I had to face the difficult issues of why I had very little trust for others. Yes, I prayed for this healing, and Father showed me exactly what I needed to know – even though it was ugly and painful.

Many times we ask for a healing of some sort, and then find that the process of getting there is unpleasant, so we find reasons to avoid or delay. Sometimes, devoting oneself to total healing calls for some lessons that are uncomfortable; and in our discomfort we struggle from time to time, but always can we find Father with His definitions, meanings, and values – yes, if we should so trust in His outcome. Through submission to His observations of our dark places, we can envision those steps we can take to find correction.

With my own issues, I had memories of being a small child and being disappointed by adults. I had an armor of mistrust that, at first, appeared to protect me. I could not feel disappointment 'over and over again' because I would not ever get that close to anyone. So yes, this internal thought-pattern had interfered with my ability to minister in the Master's ministry.

Once I set aside my childish feelings, I could see how intelligent Father was, and that the lessons He gave me were perfect. Father always enables us to do our best. Don't let a meter of joy or sadness tell you whether or not a lesson is valuable. The majority of our personal lessons will be uncomfortable, yes, but once we feel a part of the co-creating team with Father, then do the levels of discomfort equalize

and our understanding is accelerated.

This is all for this week, my friends. If you should so desire, next week we can take questions. Until then, be not afraid to see through Father's eyes and allow Him to bestow upon you His intellect. It is always with gratitude that we can gather and express our love, work together for the good of the whole – and, for the future. Go in peace. Until next time, shalom.

To Not Hold On To Our Expectations Gives Us Flexibility To Adapt Father's Methods
Abraham, WOODS CROSS GROUP 10-06-2008

Back

I am ABRAHAM. Greetings. There is a comfort in meeting here each week; anything that may happen in the world is going to be made sense of here. Spending time together helps us to not have worry. We are part of Father's family and we do our best to fulfill our roles. I feel especially honored when you include me in on your personal lessons. I learn from them also.

There are many issues that mortals struggle with that I have simply forgotten about. To be a competent teacher I must have understanding of the mortal life; and knowing you, helps me to be a better teacher. This time in the planet's history is historical in the fact that people are feeling pressure from all areas of life and are having to go within and ask for themselves: 'What is the right thing to do?'

I am understanding we may have to forgo questions this evening. Not to worry, we will make up that time. We always want our message to be as accurate as possible. Instead, I will leave you with a few instructions for the week ahead.

What I am finding to be a valuable asset for mortals today is to have flexibility in mind. There are many issues over the course of our lives that become cemented in – fixed, and those issues that escape us tend to give us some deflation and disappointment. By that, I mean – you are committed/caring individuals who really want for God's will to be first, yes; and on the other hand, there is still that tendency to hold on a bit too tight to expectations. And of course, when expectations are not met, that seems to disrupt the balance of our lives.

If we are to maintain a ministry then we have to trust in the Father's methods – always! not just sometimes or when convenient. We have to trust in how He would make the way clear. We can perhaps feel driven to assist in some task and know that our willingness is there, yes, but when things are not unfolding as we would have them to unfold, we then begin to question Father's assistance in our lives. When we begin to doubt Father's hand, then that doubt starts to become reality in our own minds. That is real misery and a real painful delay.

This is why we teach to have regular spiritual practice to stay close to the Spirit – we need to keep our bond with Father strong so that we can maintain our trust in Him and what He sets before us. Father does not push us or force us into anything – He shows us the possibilities, and it is our choice to make if we should want to follow through.

This week, I am suggesting to research your own willingness to be flexible. How

would that apply to integrating the material and spiritual lives! My apologies for the short lesson this evening. We do however, appreciate all of your efforts to carry our Mission into the future. Next available time we will take questions. Mary sends her regards. Our love goes with you. Until next time, shalom.

Spiritual Wellness Leads to a Balanced and Healthy Perspective / Simon Peter vs. Judas Iscariot

Abraham & Mary, WOODS CROSS GROUP 10-13-2008

Back

I am ABRAHAM. Greetings. I am grateful for our shared opportunities. We are at a significant point in history where we will be an integral part of a mass correction.

It is said that many times experience must be really negative to gain something positive from it. But I believe it is all a matter of perspective. Two mortals may have a similar experience; one may be uplifted and encouraged, while the other may be the opposite. You each know of the differing perspectives of experience and of the varying strengths of endurance – spiritual and otherwise. The whole point of knowing the mortal life is to learn and gather tools to move forward in your spiritual career.

I am MARY. I am honored to be with you again. I am inspired by your discussion on the topic of flexibility. I know that each of you has very different experiences. No one ever expects you to fit into a mold. Know that your diversity is welcomed and you have an eternity to learn what you will.

I can appreciate the lesson on perspective. As Abraham mentioned earlier, I was one who was self-protecting and prepared for the worst that was possible in any given situation. I would always seek to protect my feelings, my self-esteem, my ego. I felt that continuous disappointment was inevitable and I failed to see the possible lessons therein when things did not go my way. I was so fortunate to have trained with Jesus. His lessons were always appealing, yes, and yet they could not always hold my attention. However, it was His kindness to every individual which always spoke the loudest.

The Master lived exactly what He taught. He was exactly who He said He would be. To mortals of that day and age, that was somewhat surprising because, as I mentioned earlier, we all had that self-protection or varying perspectives which kept us feeling insulated. Of course that was, and is, an outworking of the ego; and simply blocking any opportunity to learn and advance, or to gather those tools we would need. I think of two of the Master's apostles when I think on the lesson of perspective, and how different these two men were:

Simon-Peter, a headstrong but goodhearted man who had always hoped for the best, found his mortal experience to be like a roller coaster, but always found himself in an advancing mode. He had a great love for the Master and the ministry, more-so than his own standing or status.

Simon-Peter saw the very best that man had to offer in his observance of the personage of Jesus. He already knew the worst, but having known the best touched Peter on a soul level; his love for the Master was ever-growing. Yes, Peter's love

for the Master was what made him able to learn life's hard lessons; He may not have understood all of the Master's teachings, but he had true abiding loyalty and love for Him.

Love is so much more than an emotion; it is commonly defined incorrectly in this day and age – we can learn more about that later. We know for certain that love alters your perspective of life's meaning.

Another individual – whose perspective was the opposite of Simon-Peters' – was Judas Iscariot. Judas saw the world as a bad place, and mostly because his own thoughts were bad; his attitude, negative. He had love for the Master in the beginning, yes, but his hopes were for the increase of ego-wellness and how he may appear to be superior.

Judas saw the Master's goodness as possibly fake, or a ploy to get things done. His love for the Master and the ministry did not exceed his love for himself. He was evil within and therefore saw evil as a reality. His perspective was negative because that was what he truly felt inside. His faith wavered and he never gave it a chance to strengthen through stillness or humility.

Judas' experiences of everyday circumstances were seemingly unfair to him because 'he' was unfair to others. "Why would others not treat him as he would treat them," was his thinking? Had he taken a moment to truly feel the Master's love and know that all the best was wanted for him – for his very soul – then Judas could have changed everything about his inner evil and negativity; he could have seen the beauty in life, for it would have become a reality to him; his perspective would have fostered goodness and increased his capacity to receive.

I know firsthand this struggle, believe me. I find that when I focus too much on myself, then does my attitude change to incorporating the worst that life has to offer. It is better to busy yourself with some positive activity than to dwell on how unjust life is for you. It is a trap, really, a spiritual trap one imposes upon themselves and allows the ego to overwhelm the spirit. When our friendship with God is tended to, then are we more likely to feel His love and have that be our reality. A healthy level of spiritual wellness makes all the difference in the world in one's perspective.

We have to end there, but will resume again next time. I am always excited with anticipation to see how you will use the weeks' lesson to your advantage and spiritual growth. Our love goes with you. Until next time, shalom.

A Close Friendship With Father Keeps Us From Drifting Away From Spirit

Abraham, WOODS CROSS GROUP 10-20-2008

Back

I am ABRAHAM. Greetings. I am so grateful to be in your presence this evening. What a blessing to have a caring family who allows you freedom to be yourself. It is difficult to live by faith and trust your lives to somewhat of an unknown future.

The further we drift away from Spirit the more we grab hold of the material life, and there is not the same meaning/satisfaction to that. When we make effort to

practice faith and keep Father close, then are we more likely to walk with courage in any aspect of life; we can trust one who oversees the well-being of the universes; we can feel secure in our own abilities to make decisions. Yes, we can have a healthy level of self-confidence because we know Father co-creates our destiny.

There is a high level of anxiety with people that are concerned with worldly issues; there is tendency to become swept away with false beliefs. If we can refer back to our friendship and trust with Father, then these issues are not agonizing and we can filter them through logical eyes and a spiritized mind.

I see you, my students, spending great effort on pushing forward with that which you deem is right. As forerunners of the Correcting Time, we have to keep watch over our levels of emotion and have trust that Father knows all and has the very best plans in motion. When we doubt Him and His ability, we are like orphans – insecure and troubled. I have been meaning to take a few questions if you have any.

EMILY: I have been seeking your light and guidance to help me get back to a stronger connection and relationship with Father. I was wondering if you had anything for me regarding those areas.

ABRAHAM: I enjoy your personality and enthusiastic spirit. I believe your intentions are always from the heart. You are deeply passionate about various issues, and sometimes wonder why others cannot see what you are seeing. I have also had the same experience in my mortal days. I see that you are a good teacher to many; yet, sometimes your passion forces certain issues. And I would suggest – your deepening of a relationship with our Brother/Father Michael – or Jesus, as you may know Him, will help you to channel your enthusiasm. After all, He has experienced all that you are experiencing. He is an older Brother who wants for you to feel free to ask Him anything. He is the door. His methods of interpretation help you to see Father's instructions in a way that you can understand from a mortal point of view. You indeed set a great example for many who know you. Your inner light and faith is a magnet. I know that you are a daughter of action – and many people count on you for that. Forget not to tend to your spirit, your mind, and body. You have wonderful Mission tasks ahead of you, and this should bring you joy, not feelings of anxiety. You can relax and know that you have ability to know and follow the spirit within. Another question?

HARRISON: We recently had the passing of a friend and co-worker. I was wondering if you had words of comfort for his family, friends, and co-workers.

ABRAHAM: I can say that this brother is in good hands, not to worry about his spiritual survival. He knows all that he should about the past and where he made fatal mistakes. He does have sorrow and regret and wants his loved ones to know that if he could change things now, he would. Know that he is not judged by anyone here on our side. His deep mental pain was seemingly insurmountable to him, yes, and Father is in complete understanding. I cannot say much more without his loved ones asking me questions themselves. Are you in understanding? (Harrison: Yes. Thank you.)

ARANDA (Annette): Abraham, I need your advice about staying around my son like this for the rest of my life? or to move back to my home, my family. Can you give me advice for my choice for the future? [Editor's note: Aranda is from the country of Jordan in the Middle East.]

ABRAHAM: Of course. I do not see the need for you to stay by your son's side when communications and travel are so modern and accessible. You have done a wonderful job with your son and he is fully capable of living in the world. Father has plans for you both. You have your service to share; and while your relationship with your son is important, it is not necessary to stay in close proximity. Father wants for you to be happy; He wants for you to have fulfillment and satisfaction in this life. You will perform your Mission tasks 'as you live.' You are fully capable of receiving spirit instructions. You will always be important to your son, even in distances. You have laid a wonderful foundation in his heart and should not worry for the future. He is a wonderful young man. (Aranda: Thank you, father Abraham.)

ABRAHAM: I am delighted to spend time with each one of you. I learn from your varying perspectives. I appreciate how diligent you are in searching out the lessons in everyday circumstances. This week, I would suggest for you to think about your steps to overcome the force of the ego. What have you done in the past that has worked? How does the ego color your perspective? What was the most notable suggestion from the Master as far as how the force of the ego operates?

Know that Mary and I are both here for you each upon request. You think of us and we will be there. Have not worry. Go in peace. Until next time, shalom.

Belief In Father's Promised Blessings Helps Our Roots Of Faith To Anchor The Wandering Mind

Abraham, WOODS CROSS GROUP 10-27-2008
Back

I am ABRAHAM. I am so honored to be a part of your spiritual foundation, the beginning of real spiritual growth. I thank you for allowing me to see what mortal life is like now in this day and age. I am changed from this growth; I am made to be more.

I can see the mindal turmoil in many; and as a result, the messages that are transmitted to the Supreme Being. I am understanding this 'God-in-time' sees a great deal of confusion in the lives of the earth's people. However, we are so fortunate, so blessed, that this evolving God can mold and maneuver this confusion into meaning.

I can think back on my mortal life and see how I was pulled in many directions; my focus was indeed scattered. I had learned from my brother/teacher, Machiventa, that spiritual faith must have deep roots in order to master the mindal turmoil and confusion.

Yes, our roots are strengthened by doing. Our experience helps us to evolve with understanding how life circumstances are valuable. We can, like the Supreme Being, mold and shape our everyday experiences into meanings and values. We cannot be a kingdom believer and act with animalistic tendencies. By living out your faith you

are deepening the roots of truth, beauty, and goodness.

Machiventatold me long ago that God our Father has promised us blessings; this belief in the promise helps the roots of faith to anchor the wandering mind. The 'promise of blessings belief' is deep-rooted in our efforts made to grab hold of the value in terrible circumstances and be open to the lessons therein. The blessings are our reward for our efforts in finding meaning and value in our daily lessons. Upon understanding our lessons, making the effort, God's presence is true satisfaction and the real feeling of belonging.

This week, I am suggesting that each one of us be aware of the roots of our faith. What has held us? What was that truth? Remember the promise of Father that our lives will truly be filled with blessings. Mary is off on assignment, but sends her regards and will be with us soon. Know that I am with growing love and gratitude for you each. Go in peace. Until next time, shalom.

Allow Father His Place in Our World, In Our Lives. The Correcting Time Is To Restore Father's Place

Abraham & Mary, WOODS CROSS GROUP 11-03-2008
Back

I am ABRAHAM. Greetings. I am enjoying your calm words of common sense. You each stuck to the most basic truths while full well knowing that all in the room have differing opinions. I am so honored to know you. I would like to see more of this method of 'relating' integrated into all aspects of controversial subjects.

As human beings, it is difficult to rein in one's emotions while giving out our personal truth. At times it seems that attacking another's viewpoint strengthens your own - yet, it is simply a tactic to sway others.

The whole of the world is appearing to be defensive; many are up in arms ready to defend their beliefs and push their personal agenda. How blessed are you that have a sound spiritual background. We need not project this attitude of defense because we have that inner confidence of knowing there is a higher power who sees to organization and order.

This historical time is creating an interest in all, even from our side. Never has the world utilized such consciousness en masse. There is a great deal of confused energy going every which way. Can you imagine harnessing this energy and using it for the benefit of the world's people?

Today's Correcting Time's purpose has been a call to mortals to go within and connect with Father. Evolution has a way of forcing mortals to see life as 'learning mortal survival techniques' instead of as gaining useful experience to further their spiritual career. When you ponder the world's values, what do you see as the one thing most mortals try to obtain? I say, that is what they live their lives for, and that is what they serve.

In our teaching to today's world as a whole, we have had some small advances here and there to help individuals learn who to put their trust in - and it is not another human being. The world has gone on far too long with faith in what they can

see, with cravings to be fed, or to follow someone or thing of supposed importance.

During this time of correction, we will see many who will lose their faith in mankind's abilities, decisions, and judgments – and will look for something or someone to restore order and meaning. As we venture toward Light and Life you cannot have the masses with so much belief in themselves and put so little effort in the faith of our Father. The Spirit of Truth works diligently to expose darkness so that each individual can decide for themselves who, or what, they should serve.

I am MARY. My greetings to each of you. I also feel the excitement of opportunities for this world's people. I do understand the fear that the unknown brings, but more-so do I rely upon what I have already learned. There has been too much that has occurred in my spiritual career to have any doubt as to where this Correcting Time is going.

As a mortal, there was a time I had put my faith in a man who was supposed to take care of me-and in turn, I would take care of him. I had not knowledge of the disrespect which I experienced in the beginning of the relationship because that was expected in that day and age for most women. I was treated like a caged animal and thought that was acceptable- because in turn I had food and shelter.

I thought I could take the abuse as long as I was taken care of financially. I grew to loathe this man and to even plot his death. When I was free from this jailer, I had a great mistrust of all people. I would never allow myself to be open to that kind of abuse again. I really had lost my faith in anyone else's ability to take care of me, save myself.

This seemingly dark period created the desire within me to search for something better; there just had to be something that made sense! I was so blessed to become a part of the Master's ministry. When my faith in mankind had come to a halt, then my mind opened to the Father's possibilities.

This is not to say mistrusting your fellow human beings will bring you communication with God-no, of course not. This is to say that we must focus on the One who would never lie to us; would never cheat us; would never judge us unfairly; and would never ask us to do something to gain His love. That is the difference between men and God. Love your fellow men, yes! Serve God, yes!- and know that God is the beginning of all things and sees them through, all the way to their completion.

Do you see what I am saying? As far as the Correcting Time goes, man will be put back in his place. God our Father, will be restored. We can each see the value in allowing God, our Father, His place in our world and our lives.

Remember that the Master is a beautiful gateway to the Father. He is looking to show you how to move through the spiritual career and advance as much as you can. Know that the events about to happen will help us all to reclaim Father as the head of our table. He is 'the beginning of new things;' 'the organizer of life;' 'the ultimate interpreter of truth.'

That is all for this evening. We are with ever-growing gratitude for each one of

you. You are a rock in which other people have, to lean upon. You all do well. Our love goes with you. Go in peace. Until next time, shalom.

Father Assigns Tasks According To Our Levels of Readiness

Abraham, WOODS CROSS GROUP 11-10-2008

Back

[Editor's note: This meeting was just a few days after the United States had just elected its first President of African American descent – Barak Hussein Obama.]
I am Abraham. Greetings. I am always with growing appreciation for your willingness to allow the unfolding of these lessons. Your faith is a vehicle for my words to travel, but it is in the effort to live out your faith in everyday life that speaks volumes.

I can understand your experience has been a good teacher. As Mary had said last week, too much has happened in spiritual development to leave much room for doubt. As we look back over our years together, we can use our experience as a light to travel further onward. What a blessing it is to have learned firsthand that those things that are true will stay; those things that are not will fade away.

With the mass lessons that the world is undertaking together, we find there will be many variations to the issues and their solutions. We have to keep in mind that cultures vary around the world, and evolution is at a different level. What one country may have experienced a hundred years ago, another country may just be experiencing it today.

We are appreciative of you that have courage to maintain your position in the Teaching Mission and dedication to the Correcting Time. When we are out among our fellows there is energy that you display that attracts others. Your humble calm knowing brings peace to those who would be caught up in fear or uncontrolled circumstances.

We can see how at the worst of times the Master seemed unaffected; His faith never wavered in Father's abilities. The Master never thought to force His own desires, no, because He knew that Father had an overall view of any situation, and could better plan and create solutions.

While certain events may cause the world to divide, we have you, our Teaching Mission participants, to redirect confusion into a safe harbor of faith. You are knowing well that answers are available to each and every one of you; all that is needed is to quiet the busy mind. Father could use your willingness to speak His words – not in a way of controlling life, but to calming minds and helping to create unity.

Father knows of your commitment to help this Correcting Time and will assign you tasks according to your levels of readiness. If you have learned to detach from the temptation to absorb ego-fulfillment, then would He entrust certain assignments to you. It is important that we learn the most that we can from each lesson that happens in our lives so we can be better trained for these assigned tasks.

The world is being prepared to move closer to Light and Life, and we must have

certain events occur to bring awareness. Remember that the everyday drama of life does not dictate the will of God. To serve in the ministry, we can take the Master's example of complete trust in Father. We need not have worry over 'what is to come' but awareness for 'what is the assignment of right now'.

This week we would do well to find those small steps we can take towards bringing a unifying spirit. I mean not to say unify minds or attitudes, but to bring about a subtle awareness to the inner spirit. The life you live and the genuine joy you feel will be a noticeable voice in your everyday ministry. There is a great deal of work to be done. Know that this work will vary from person to person, for each of you are gifted at different things. Worry not over 'saving the world,' but simply utilize your God-given gifts to help enlighten as you pass by, as the Master did.

We are scheduled to make another appointment and we will take our leave. First, we must express to you our growing love for you each. Know that we have faith and trust in you as our Mission co-workers. Go in peace. Until next time, shalom.

Having Flexibility In Mind Keeps Us Open To the New

Abraham & Mary, WOODS CROSS GROUP 11-17-2008

Back

I am ABRAHAM. Greetings. I am always inspired by your flexibility with the ups and downs of everyday-living on this experimental planet. Mortals have been proven to be a great deal more adaptable than was once predicted.

There are many on my side of the veil who are learning from the evolution of today's people. There is a great deal of studying going on to be recorded for future universal endeavors. I am honored to be a part of this history and being able to further the research. If we have learned anything from participating in the Teaching Mission, it is flexibility in mind. We have always attempted to forecast Father's will, but we have rarely been on target. We know that plans can change in the blink of an eye, and we are made to empty out knowledge we had once counted on to make room for new information.

I know that mortals cling to security and find comfort in being able to predict life - how fortunate are we to find out that is not possible. We have not learned everything there is to learn; we do not know how to handle every situation that arises, and we will always be in a mode of learning.

I am MARY. Greetings to you, my friends. As you may have guessed, we have been busy with the changing world events. There are many things we as Teachers are prepared for; and on the other hand, there is a natural flow to life and events we are not prepared for. I am saying, we, the unseen forces on this world, are also working 'within' evolution.

In an evolving world where things are always changing, we are to identify issues of concern in which our superiors will train us on how best to handle them. I can appreciate the fact that I have a valued perspective, as does every team member. I feel heard, yes, and also do I maintain open-mindedness to hear everyone else.

We all work with consideration for the best of the whole. I am with continuing

gratitude for my days with the Master because He taught me balance in being a contributor. Every mortal likes to feel needed and a part of the whole.

The Master did not assign us levels of personal importance – there was no seniority; there was not a man or woman more important than the next. In our ministry, all who desired tasks were given tasks according to their levels of training. This did not place labels of importance on anyone. The Master taught that we were all equal members in Father's family – each working for the good of the whole.

Many times I had clung to my old comfortable knowledge, and continued to act therefrom when going about the ministry. Even as I realized my old ways were not serving the new issues, I often kept maintaining my old habits. I thank Father for the presence of the Master who woke us up from our tendency to stay in our well-worn ruts. The seemingly harsh lessons were a good wake-up call to open the mind, allow the old knowledge to be filtered through new eyes – and when we were ready, receive new information.

You are blessed in this day and age to have the Spirit of Truth who is able now more than ever to bestow upon you updated information. When we remain flexible in mind and attitude, our eyes will naturally see new ways; it is more a matter of 'letting go' than 'forcing through.' When our minds and habits are rigid, then we are made to feel trapped and hopeless in a way, because we are not seeing new possibilities and a Father whose abilities are unlimited.

This week, let us spend the time allowing those cherished ideas to be left out in the open – meaning, be not so 'on guard' to hold them tight. Those ideas that take up space for no reason can be whisked away and room made for new training that is to come. We, as mortals and as unseen helpers on this world, are all working with evolution, yes, and must be flexible in mind and attitude. Find time to relax and put your lives, your concerns, into the hands of our most capable Father. Know that those things you should know, the Spirit of Truth will make a way for you to know them and actualize them.

We will talk more next week. At this time, we will take our leave. Abraham and I express our ever-growing love for you each. Go in peace. Until next time, shalom.

Our Universe Mother Teaches The Love Of A Parent Who Speaks Truth Always to Her Children, Even Harsh

Abraham, WOODS CROSS GROUP 11-24-2008

Back

I am ABRAHAM. I am enjoying these peaceful surroundings. I can certainly appreciate the manner in which you work with one another. I am happy that you are comfortable with me, it makes my communications more accessible. I can feel a wonderful security here in our spiritual unification.

During this particular time of year our thoughts turn to our Mother Spirit. She usually imparts a message to us, yes, and this year has come with a wonderful message: Mother has helped us to feel compassion for the many souls out in existence that feel no family connection. She has instructed us to teach more skills on tightening the family ties.

As we grow in our spiritual understanding, we are getting to know the parental love of God. You would understand from experiencing a parental love that a wise parent loves us enough to tell us the truth. A good parent would not sacrifice truth in worry about being nice or having some sort of self-reward, no; a good parent advises children for the sake of the children's best interest – for their well-being.

Yes, Mother's message this year told us to love others with a parental love – meaning that you want for their health and happiness and have not worry over hurting feelings or crossing lines.

The Master's life in the flesh was a wonderful example of this parental love. He loved His fellows enough to look them into their eyes and impart the truth as He saw it. He was not forceful in His manner with others, no; He was more of a caring friend who simply wanted to display assistance.

We know that the Master wanted no part of any personal glory; He was not worried about His popularity. Jesus was, however, concerned with His ministry, and made the utmost effort to always be honest and loving – maybe not so much with the tactfulness that people wanted, but always loving.

Jesus' hearers who were on a path of real correction could absorb His words in all their reality. They were genuinely helped by the Master's loving – but often hard – truth. Individuals who were more on an immature path, or who were self-seeking, took not the Master's words as help, but condemnation.

People of the world are beginning to see that carrying past baggage or hurt, is not helping one to make progress. Such mindset, at some point in Urantia's awakening, served a purpose, yes, but now it simply creates victimhood. You would do well to show that 'parental love within' to your fellows who are looking for a new and better way. People are looking for acceptance and a place to belong; your past training has helped you to know this parental love, and now is the time to put it into action.

I hope you are understanding me – we are not teaching forcefulness, but presenting simple truths. Mother's message this year showed each of us that we have grown in many ways and are finding out new priorities. What was once just seemingly important will be transformed into new progressive thought – that everyone has a place at the Father's table, and each gives and receives. This progressive thought is a satisfying fact of our spiritual education.

This week, make effort to have conversation with Mother. Allow Her to further your understanding on the love of a parent and how to put it to use in the growth of the Mission. We are entirely blessed with the loving and balanced personalities of our Divine Mother and our Spirit of Truth. Truly understanding this blessing fills the soul.

That is all. Mary will be with us next week and she sends her love. Know that I am always with great anticipation for observing your lives here on this evolving planet. Thank you for allowing me in. Go in peace. Until next week, shalom.

The World Is Not Going To Hell, But All Is Continually Getting Better
Abraham, Mary & Mother Spirit, WOODS CROSS GROUP 12-01-2008

Back

I am ABRAHAM. Greetings. I truly enjoy the wisdom here in this group. You each have developed a loving philosophy. Your striving to do what you feel is right is inspirational. I know for a fact that each of you always has Father in mind when making decisions. As you grow spiritually, your decision-making abilities become more smooth and natural.

I believe we have learned to communicate better, meaning myself with each of you. Your communication with one another is also fine. I am saying that your desire to improve your spiritual skills has improved our communication. I am definitely pleased with your efforts.

I am MARY. It is truly an honor to be with you. I am learning your diverse personalities. I find that I love you each exactly how you are. I am growing in love for you as I get to know you better. I can see those good attributes in you that outweigh the bad habits – the mistakes you make do not stay long in my mind because I love you and because I see the good. With that, I give you our MOTHER.

Greetings, children. What a joy to look upon your faces. You each inspire each other to carry on. I see how difficult the world is and how you are overcome at times with confusion. I am in gratitude, as is Michael, for your dedication to serving in the Correcting Time. You have not given up after all these years. Even when times were slow and nothing appeared to be happening, moving, or evolving, you have stayed with us.

I can appreciate how you have taken your hardships, extracted the value from them, and put them to work for you in serving your fellows. Even though it is hard to see, you have helped us to make the great strides in moving the Correcting Time forward.

As Mary said, I see not the imperfections in my children; rather, I see the strength each one of you have as you push through. As you carry on, I would also ask that you dwell not on your imperfections and mistakes, but think about your strength and your link to me – yes, and how I see you.

I see you not as erring children. I see not the world as evil. I see you as that budding soul who will experience what you have to do to move forward in your spiritual career. Know that someday we shall be face to face and I will embrace you; I will tell you how much I love you and that you did do well. Don't worry about what your eyes can see, but know that with each passing day, hour, or minute, that everything – yes, everything, is getting better.

I say everything is getting better; you are doing better, and are advancing. The world is advancing, it is not 'going to hell,' as many believe. I ask that you live your daily lives as though you are advancing in every moment. Allow not those negative events to bring you down and close off your spiritual connection. Michael and I are overjoyed at the advances the planet has made. You are learning to communicate with one another, yes, and are doing fine.

We are also impressed with your efforts made to communicate with us, to talk to us as if we were your closest allies, because I can definitely confirm that we are. Take the confusing moments in your life and bring them to us. I long to help you, to strengthen you, to show you that there is no such thing as regression. In each moment we are definitely moving forward. Have not worry or fear; I am always at hand; I am always here for you. I do not judge you and I love you just as you are. Carry on, children.

I am Mary. We thank our Mother for her encouraging words. We are inspired to focus on the good and to dwell not on the negative. I thank Abraham, for he has been a wonderful teacher and a positive leader in our Correcting Time. Know that our spiritual army is stronger than ever. We are not in the shadows but in every detail of Urantian life. As always, our love is growing for you. Go in peace. Until next time, shalom.

What Is Your Life Costing You. Do You Measure Your Success By Materialism

Abraham, WOODS CROSS GROUP 12-08-2008

Back

I am ABRAHAM. Greetings. As always, I am grateful for your open attitudes. It is easy to work with individuals who have vision.

Every day I am with students that are completely set in their old ways and who find life to be predictable and without joy. My friends, your life is what 'you and Father' make of it. These students that are so stubbornly set could have new possibilities should they dare to venture forth, but ease-seeking keeps them bound; fear of the unknown might bring misery to them, not excitement. I believe there is a belief in today's people that in one way or another there is some sort of a cost for everything; individuals get some sort of reward or punishment for their actions - not ordained by God, mind you, but of course self-imposed.

There is a great deal of pressure in today's world to have a lot of material items. Material items cost money; and to raise this money, one must expend energy at employment. The more one serves materialism, the more one must expend energy - and most of the time this brings feelings of emptiness. Many measure their success by materialism. This may satisfy the person 'on the surface' but deep down there is no meaning. When there is no meaning there is no joy.

What is your life costing you? We each know people who have ill health because of stress. Some of these individuals are willing to pay the high price of health for the reward they get for the ego. For example: A man who does really well at his job feels very important because he solves many problems on a daily basis; he hears nothing but praise from his superiors. In the meantime, this man's physical being is stressed out and his heart is pumping overtime. To counteract that, he begins to drink alcohol heavily and this starts to disrupt his family life.

It means more to this man to hear the praise from his superiors than to feel good, physically, and take care of his wife and children. Do you see which would serve the ego more? and, which would have more meaning that brings joy and happiness.

We have come to a point in our Teaching Mission that our ministry is the embodiment of meaning and a source of joy. The ministry is not difficult, it generates energy instead of taking 'from' you. We can see that those things the ego values have a high price to pay, while things with real meaning bestow upon you a soul satisfaction. It is easy this time of year to be pulled into that material want, or that ego gratification. I cannot blame you, none of us do. None of us judge you.

Throughout the week let's look for the deeper meaning in simple things - things that you may not understand but where there are noticeable doors open for opportunity. Take time this week also, to sit in the stillness and regenerate your spiritual battery. Lose not the sight of those who keep us strong.

As promised, I would answer a few questions - starting with an assessment for Harrison and Sarauna. [This husband and wife have been our Monday night meeting-time hosts for several years; they are moving to the east coast.]

Children, I am grateful to you for these many years here in this group. Your service has been greatly appreciated. You have done well. I appreciate your unique personalities and also the team perspective you present as a couple. It is really quite sweet. You are indeed kindhearted people and have the best of intentions - that, I know. I can assure you that no matter where you go, the ministry you serve in goes also with you. You will still have Teaching Mission tasks that you will perform in behalf of those individuals you will talk to about spiritual truths - not so much the Urantia Book itself, but about basic everyday truths; you will know that you have to meet people on their level. There are projects you both have been meaning to start; and the time, or window of time, is opening for you to get started on them. As I look back over your long history, I can see you were always courageous and daring to move forward and try new things; there is nothing stopping you from having that same mindset today. Mary and I give you all the support we can, and want you to know we will definitely keep in touch.

(To the group.): You know Father would want any of you to live out your dreams. Even if only to live within your means, He will be there, no matter what. You that have dedicated yourselves to serving in the Teaching Mission will always have tasks and assignments. Our Mission practices are beginning to move to the next generation and we will find that the attributes of Light and Life are simply normal and how things are supposed to be. Are there follow-up questions?

HARRISON: Abraham, I would appreciate reminders of things that I can do to improve my communication with Father, with Mother, Michael, and with you and Mary.

ABRAHAM: Certainly. I see you best communicating with Father when you are helping someone else - when you are not thinking of yourself, but simply doing some chore for somebody else. Maybe it is working on their car, or simply listening to them. You are at your best when you are feeling useful. You have experienced a great deal of stress in these past few years and your spiritual understanding is a bit jumbled up in your mind. A new adventure will help you to sort it all out. You will find that peace you have been longing for. There will be time to talk and listen, cry and laugh, explore life's meanings - all you have to do is allow the unfolding. Is there another question?

SARAUNA: Abraham, I know that this feels like something we need to do, but I just feel like the whole world is jumbled and unsettled. I want to be sure, as sure as we can be in these times but at least going in the right direction. Letting go sometimes is a difficult thing, I am finding. Do you have a tip or two on that?

ABRAHAM: The decision is always up to the individual. Father moves along with the details. You can never be sure of any decision, you can only try to envision a plan through the eyes of the Father; with His vision, you can then foresee possible errors. Plan out certain strategies, yes, but you can never make a big decision and have absolute certainty within the human spirit. I can say that if you look back through your many years you can see how resourceful you and Harrison have been. Many times have you allowed for those opened doors to a wonderful life for you and the girls. A good method that I use for making decisions is – if doors of opportunity keep opening, then I keep going through them; if they keep closing, then I would rethink the plan. Does that help? (Saurana: It certainly does. Thank you.) Abraham: You are welcome. Does anyone else have a question?

CALVIN: Abraham, in your lesson tonight and also in lessons lately, you talked about detachment from the ego; I can see areas of my life where I need to do that even more. I have made some progress, I think. Any input you have for me on that, I would welcome. I have had some things in mind that I know has been in there for a long time. It is hard for me to distinguish what is fantasy or wishful thinking, and that which is truly inner direction from Father.

ABRAHAM: Certainly. Isn't experience a wonderful teacher! We find in these accelerated times that what we do comes back to us faster than ever – meaning, we could almost call these times 'reflections from the Supreme Being.' We can act at times without some integrity, and then hours later it is shown back to us and it is seriously distasteful. The ego is showing itself to be this way. We do not focus so much on keeping the ego at bay, but through our many years of training, we have come to identify the habits of the ego and are able to steer ourselves in a more productive direction. Time and experience are wonderful teachers. I can see how they have assisted you in your life. Is there something more specific I can answer? (Calvin: No, I think that is pretty clear. Thank you.) Abraham: You are welcome. Another question?

SIMON: Yes, Abraham, I would like an assessment and your thoughts on integrating the joy of living, and how I can tame my ego.

ABRAHAM: Simon, you are indeed a man of adventure. I love your exploring spirit. I admire the scientist in you. I see that these days you are much happier, and I believe it is due to the lessening drama in your life. Well done. As I told Calvin, age is a wonderful thing; time and experience are excellent teachers. We learn that the less drama there is, the more reality shows itself – which creates more meaning and more soul satisfaction. I see you right now as happy – not perfect by any means, but happy; and I am happy for you. You, as we all do, have much personal work still to do, but that will happen when you are ready. I believe these days you are embracing reality much more. You are finding joy in the life that is here now, not the life that you can assume there is on the horizon. Well done! (Simon: Thank you.)

Abraham: You are welcome. Stay with your studies of science. You will do a great deal to help many understand how science and spirituality work together. Are there more questions?

ARANDA: As a Muslim, I simply just had a connection 'with God.' I was very happy with my spiritual connection through God. Now - after I have this new connection with you and Mary, Mother, and Jesus Christ, and I get confused wondering what the truth in everything is. I think maybe it is too much for my brain to understand. Now I am back with this group and yet I am feeling lost. I know the truth is here. What do I have to do to find my path so I can feel without this confusion? It's hard for me to find answers. The Urantia Book is difficult to understand. Can you help me?

ABRAHAM: My daughter, I do understand how confusing trying to integrate many spiritual truths can be. We wanted to make the Teaching Mission as plain and simple as possible so that it could embrace many religions. The prophet Mohammed wrote many beautiful sayings. He was a speaker of truth and there are many lines that he has written that does give you comfort. There were many religious teachings also in my life that had given me comfort, especially when I was a child. Know that your spiritual education will always move forward, will always grow, but never does Father want you to be confused and frustrated, no. Father wants you, above all, to have a wonderful connection with Him. The rest should be set aside and taken in small bits here and there, in small lines, small sections for your consideration. If you are going to read the Urantia Book, take a small paragraph at a time that is confusing, spend many days with it if you need to; don't worry about the rest of the book, just that paragraph. If you know the writings of Mohammed, you can spend many hours with his writings and feel comfort. There is no problem if you want to learn and experience different aspects of spirituality - that is fine. Simply take them in small doses is what I am suggesting. Do not confuse the larger panoramic view with what we should actually be focusing on - which is our relationship with Father. I would suggest that Jesus Christ is a wonderful Interpreter to the various spiritual meanings. He is indeed a great Teacher and knows of the many religions that have crossed the face of this Earth. He is also the door. Said He: "I am the way, the truth, and the life." You would do well to go through Jesus to understand the Father. Jesus is like an older brother who can explain to you how our Father is. Jesus and our Father would want you to be happy and close to them, rather than to be confused. When your spiritual learning gets to be confusing, set it aside. Concentrate on your closeness you have with your divine Parents. Stick with what you know and slowly add in small new lines that sound good to your spirit. Does this help? (Aranda: Yes. Thank you.) Abraham: I can accept one more question if there is one.

REBECCA: Abraham, I am confused with the situation with my son, and I need to feel some peace with that. Can you help me?

ABRAHAM: Certainly. Parenting is the most difficult job you will ever have. It is the best thing that will ever happen to you, yes, but certainly the most difficult. I can only answer you in broad general terms unless you can be more specific with your question.

REBECCA: Yes. He lives in another state. I believe I need to live close to him to

feel peace. Is that true?

ABRAHAM: I am understanding that very few things compare with the force of a mother's love. It is important that you impart to him those things that you have learned in this life. I do believe it is important that he knows this. It would not only help him, immensely, but I believe it would also help you. The desire to tend to what we have brought into the world is overpowering for a reason. You have been given this driving sensation for a reason. If it is possible, then yes, I would say you are one-hundred percent correct in your feelings. Well done. Does this help? (Rebecca: Yes.)

I am going to take my leave at this time. Know that Mary sends her love and I am with ever-growing gratitude for each one of your beautiful little faces. You bring meaning to my life. I love you. Until we meet again, carry on. Shalom.

Our Mission Tasks Are For Every Move In Everyday Living

Abraham & Mary, WOODS CROSS GROUP 12-15-2008

Back

I am ABRAHAM. Greetings. Indeed, a beautiful display of brotherly love is here this evening. I enjoy the fact that you all feel comfortable together and are at ease to speak your minds. I am honored to be your teacher and friend. You have shown me the many ways the world has changed. Through you, I am able to make sense of what my eyes see in the world.

I know you each have your opinions, but I can tell you that I benefit from your willingness to share. Some days I will spend an entire day with one of my students. I am fortunate to see with the student's eyes exactly what they are seeing; this knowledge helps me to become a more balanced teacher and I can at least have experience of a little more of what I teach.

You each help beyond your understanding in that you help us to see the ever-changing realities within the world. I am so happy you do not allow the world to break your spirit, but to build it up. We can each see how important time is to the experiencing soul - meaning that sometimes we must experience many lessons before we can truly understand them.

Your spiritual education and mortal experience on this world are not just about working and enduring, no! it is also about having joy and love. When you go off each day to your job you can be easily filled with a negative hesitation for your outlook on the day. For many, the daily work seems to be monotonous, and some wish to merely push time forward so it can be over with. The student of the Master's Correcting Time will find their employment to also be a ministry and a source of joy, not just an obligation or a drudgery.

For example of this exuberance of which I speak: When you were each school children, recess was practically the favorite time of day; it was when you got to socialize and play. You can have this same enthusiasm as you go out to meet your work-day. This balanced feeling of happiness and well-being helps you to cope with the difficulties of the day.

When you are overly conscious of your ministry (stressed), there will be a great many opportunities that pass by you. My friends, it doesn't take much effort to find that peaceful balance. To pause when needed; to go within and share your day with Father, does bring to your mind an extra reason to make your job as pleasant as possible.

Any time you leave your home, really, there are always possibilities for Father's ministry tasks. We should be reaching the point in our Mission-training where we have not need to make it a special effort concerning this preparation for a peaceful outlook on the daily adventures, no! it should be simply a part of daily living – a natural part of our daily routine before we greet each day head-on.

I am MARY. Greetings to you, my friends. Having spent so many hours with the Master, I began to look at my life as a service for the ministry. I had my daily chores to accomplish, yes, but they were secondary compared to the mission tasks.

I mean not to say that I thought of my chore-work lightly, no! I am saying that I found the mission tasks in daily living to take up the greater importance. My life was not simply 'about me,' for I had learned to be open to the ministry tasks at hand.

As that school-child Abraham spoke of (running out for recess with excitement), I began to look forward to running off to do my daily Mission-chores because I knew I would always have opportunity to do something for Father as well. A trip to the market was not simply mindless shopping, no. I found it to be a social source of joy and a provider of mission opportunities.

We have to think to ourselves as we are leaving our homes to begin the day, that our ministry is in full force, and that we have been assigned tasks that will help to enlarge the kingdom and move us closer to Light and Life. We would each do well to wake each day with a prayer of gratitude and commit ourselves to making positive things happen.

You have probably noticed by now that others feel at ease around you to open their hearts and minds to you. This is a sure sign that you allow Father His place in your life. Individuals will recognize your kind heart and feel that they can trust you enough to confide in you. In this, you can trust yourself enough to be a conduit for Father's words.

So you see, work is not really 'work.' Life is not just 'life.' Your training helps you to be a good example of the living gospel. Your willingness to welcome us and others is also helpful in the fact that you are keeping us up to date – and that keeps our lessons fresh. We thank you for accepting this responsibility. We promise to be by your side as you carry onward toward Light and Life. We will stop there.

Know that Abraham and myself take great joy in talking with you, knowing about you, and working with you. The future not only looks exciting, it feels exciting – it is living excitement with a purpose. Again, our love goes with you always. Go in peace. Until next time, shalom.

Keep Our Ego At Bay As It Seeks To Fulfill Its Own Agenda

Abraham & Mary, WOODS CROSS GROUP

12-22-2008

Back

I am ABRAHAM. Greetings. It is such a blessing to gather here with one another to rebalance our mind, body, and soul. It was always the intention of the Mission to help mortals with their everyday lives through their evolving spiritual understanding. If spirituality is not applicable in life, or just some unattainable dream, then why embrace it?

You knew from the beginning that our lessons would be helpful to you in any of your everyday circumstances. As we join hearts and minds, we can allow the stresses of the physical world to fall away. As we are making effort to find higher-mindedness, we can allow the minor irritations of life to go by the wayside.

Once again, we are finding our spiritual center so we can remember the reason why we make so much effort every day to move and grow toward something beyond us. When there is too much time that goes by without spiritual exercise, then there is a tendency to put more faith in the world and its treasures than to be open for spirit guidance.

In many ways, the world gives you the message of your worth through things you have, or the kind of person you 'should be.' Father's values are mostly unseen. As people of faith, we are learning to rely more on what we cannot prove to be real than on what the world offers in a material way. When we do not take time for spiritual study, stillness, and service, then are we likely to stray from faith and end up in confusion and unhappiness.

This subject comes down to a matter of wants and desires. An individual may wish to have certain things they may place in high value; and many times desire screams in the mortal mind and drowns out the ability to listen. A spirit-connected individual would have more ability to hear guidance and to be observant, yes, because he knows the ego is not successful in showing the individual their soul emptiness; rather, the ego wants its desires fulfilled and is really quite underhanded in how it tries to achieve that goal.

I am MARY. My greetings to you each. I can say I had the best lesson with this evening's topic when I was in the flesh working the ministry. I had a young woman I was training to work amongst the sick; I wanted to teach her how she should not only help 'materially or physically,' but also with encouraging words from what we had learned from the Master. I taught her about the mind/body/spirit connection and she did appear to be one to learn rather slowly.

One particular day my student was trying to tell me of a man that she had been helping; he was getting physically worse and she wanted to know what more she could do. I then asked her if she had implemented all my lessons that I had taught her, and she said she had. In my mind, I thought: "She couldn't have because it would have indeed helped the man."

Again, my student asked me: "What can I do to help contain an infection that seemed

to be out of control?" It was then I realized she had genuine care for this person she was trying to treat. I had doubted her abilities because she was young and new to this work; and I did not want to hear of her failings because that put me in a poor light as her mentor.

I realized I was not answering her questions concerning the man's infection because my ego was up in arms about 'my own ability to teach.' I had somehow forgotten about the well-being of the actual patient. I followed my student to see this sickly man and finally understood what the problem was. Yes, I had to set aside my desire to see my own success - and instead, to make effort to hear what was really happening.

In a busy world, there are so many who are clamoring for their desires in attempting to get them fulfilled. This is all-consuming and destructive to the spiritual education.

This week, I would recommend that we really try to listen to what is truly being said - what is really happening. Try not to put it under your own scope of understanding, but allow Father to give you a fuller understanding of what is happening. We must remember, all our needs and wants will be met - that must not even be a concern; Father knows what these are and always wants for our happiness.

As Mission workers we must remember to listen to what is being said and know that even now, after all these years, the ego will still try to force its agenda. Practice those activities that help you to spiritually center - whether it's reading, praying, or maybe listening to uplifting music. Keep in mind, the closer you are with Father, the less the ego can force its agenda.

Also this week, let us relax. Be observant and allow Father to impart His words to us as He will. You each could use a break from the busyness of life. Even a short break would be of benefit. That is all for this week. Know that we are always with the greatest honor to serve you - and, serve with you. Our love goes with you. Until next time, shalom.

As We Relax We Receive More / And Those More Advanced Lessons Will Appear

Abraham, WOODS CROSS GROUP 12-29-2008

Back

I am ABRAHAM. Greetings. I am happy to be a part of your discussion on what seems to be personal reality. It is a blessing for us to come together with the difficult issues of today and find some hope, something that tells us the universe is in order.

You can each see by personal accounts of the past holiday that you are finding more value in your experiences; more now than ever before. Without your spiritual education you might not have seen the value therein, or possibly would have missed out on the lessons. In these times, mortals are discovering new territory within. Yes, in these experiences you are being tested and taught. You are lovingly given opportunities to advance - spiritually and otherwise.

You can review the past week and see the many individuals you have helped simply from sharing your own experience. You know whereof you speak because you have lived

it. You have experienced deep sorrow and despair, and are skilled enough to show others who are discouraged how to rise above those gray clouds into the clear skies of understanding.

This is not by accident that you should have such skills, no! You have committed your lives to Father and the Mission, and therefore, have been well trained to carry the purpose closer to Light and Life. I am with deep and abiding gratitude for you each having stayed the course. Believe me, I do understand how adversity seems to beat down the growing soul. I can promise you that as time passes you will see these adverse experiences as advancing your spiritual education.

With the present status of the planet within the universe, mortals today are so much more sensitive to worldly occurrences; but then again, mortals are so much more aware because of communication technology. You are right to feel overwhelmed from time to time – we know this, as does Father and His many assistants. We are giving you our all to help bring balance, a peaceful joyful balance. There are many orders of beings in the universe that are attempting to regulate the incoming energy. Many times in mortal living, overwhelming feelings can bring out the worst in man. Our fellow regulators of energy want for man to have balance and become responsible and joyful citizens of the universe.

At this point in our Mission, most of the Teachers are here for support and encouragement. You have had a great deal of information to absorb over these years. As you practice these principles each day, they become part of your common behavior. As man grows into his higher-mindedness, then will he have new questions – and I say, we will be here with new answers.

It is our hope that you can face life's challenging circumstances with patience and simple observance. You would do well to avoid rushing to conclusions. The amount of inner peace you feel will be in direct proportion to the guidance you will receive. I am made glad to see each of you face your challenges in daily living and take up your responsibility. I can see each of you making time for your fellow brothers and sisters in sincere offering to be of service without desire for personal reward. You want to help, and that means everything – well done!

Our lesson is short this evening. Remember, as you relax and receive more, the more advanced lessons will appear and your minds will begin to formulate new questions. Know that I am honored to be an experiential friend and helper. Our love goes with you. Until next time, shalom.

2009 and 2010 and 2011 MANSION WORLD TEACHINGS

Request for Mission Participants to Step Up | Maintain Positive Outlook To Enhance Positive Outcome

Abraham, WOODS CROSS GROUP 01-05-2009

Back

I am ABRAHAM. Greetings. I am impressed by the knowledge shared in this room this evening. You have brought up some great topics that are of interest also to us. Your careers that you have led up to this point may not have included science or politics, and yet you have done your research and can speak freely on these

subjects. I learn a great deal each time we meet. Your interests become my interests, and I am compelled to research these things. I am driven to study, and I am grateful for that.

Some years ago, your group teacher – Ham, said you would be forerunners in the Correcting Time for points of light. [Editor's note: See below excerpt from Ham.] The knowledge that you continue to attain helps you to be a trusted source to your fellows. It is important that you try to maintain a positive outlook. Yes, environmental travesties may be occurring; yet, on the other hand, science is moving forward with new breakthroughs in technology.

Like a child who must be lovingly nudged, that is what Father is doing to His beloved planet, Urantia; you are being nudged forward into progressive evolution. If you are feeling driven to learn, such as through research or study, it is for a good reason. You each, being points of light, will engage in many conversations with your fellows, and to be current on certain topics will be a positive help to those you speak to. You each, having had your spiritual studies, have a spiritual outlook. When injustices are brought up in conversation you can lead the topic towards a spiritual resolution.

I am honored to be among deep thinkers. That is why you continue on in this Teaching Mission. That is why you stay in touch with one another, study the papers of the Urantia Book, and continue to strive each day for the ultimate truth. If you could see how we operate on our side, you would see all of us working non-stop. You could say all who are participating in the Urantian Correcting Time are working overtime. We are lit up, so to speak, moving with positive thought, enthusiasm, and in being about the Father's business.

In your world, we often see your collective energy as 'worry' and burning up with negativity. The talk of the global economy is not near as bad as the media makes it out to be [Editor's note: the recent global market crash]. Each individual is being called to step up, take responsibility, take care of themselves and their families, to quit coming forward with excuses, and to quit looking for escape. Yes, each individual, no matter what status of life they are in, are being called to step up.

We have on our side, no problem in picking up the pace. We know that you participants in the Teaching Mission also have no qualms about taking responsibility and stepping up to do your part as a universal citizen. We know that you are each well trained in the art of speaking and can impart words that encourage individuals to go within and find their Father. Let us not be overwhelmed by information, but through our own research, be enlightened.

Again, I am with honor to be among you, truth-lovers. Mary sends her regards and will attend the next meeting. Know that we stand by with love and support for each one of you. Carry on. Until next time, shalom.

[Editor's note: This excerpt may be what Abraham was referencing in the second paragraph above – from December 9, 1991: "You who are here this evening are the forerunners of a vast and far-reaching spiritual mission; you are the first, and many in later times will envy your position now. Carry out your duties and

responsibilities with a measure of good cheer, lightheartedness, and a welcome attitude.”]

How Strong Is Our Faith Against the World's Negativity

Abraham & Mary, WOODS CROSS GROUP 01-12-2009

Back

[Editor's note: The "so-called change" Abraham speaks of in the 2nd paragraph of this lesson could be referring to the political environment – with the US having just elected its first black President. It could also be referring to the 'great economic recession' that had just occurred causing great panic, fear, and instability. Perhaps his reference pertains to both events.]

I am ABRAHAM. Greetings. When I look upon each of your personalities, I see a common thread of graciousness. You are so accommodating to one another – and for that, I am touched. When I see you as a group I feel more at ease about the future. Each of you, having different backgrounds, beliefs and experiences, can coexist peacefully. There are some very strong-minded individuals here that have their beliefs, and yet are capable of having acceptance for diversity.

I am intrigued for the so-called 'change' that is to come upon your nation. It is a very popular unfolding, one that we on our side take interest in. As your nation prepares for material change, our Correcting Time is making spiritual changes. We are hoping that as each person steps up in responsibility, that the personal awareness of self-governance will occur.

I am MARY. I am thrilled to be back with you again. There is always so much to do, and I can say Abraham keeps me very busy. When we think of a civilized society, we think of individuals staying true to the laws of the land. In the Correcting Time we teach self-mastery and how to decrease the animal, and increase the spiritual.

Each person who is self-governing adds to the wellness of the whole. But to get to the point of wanting to add to the whole, one must believe they are working to complete a goal that is good. When you can see good, you are touched deep within and naturally desire to add to that good. When all you see is negativity, then the natural tendency of mortals is to flee, hide, and to find safety.

For instance, the media in the United States rarely reports anything good or positive. They are about making money and give their viewers what they want. The animal side of man loves competition and desires to see action. The dark side of men will cling to the media because it makes his own little environment appear to be more controlled. If you, as viewers, continue to be bombarded with negativity, how hard is it to see the goodness and have desire to add to it!

It is for you like a battle of 'good against evil' – when in truth, we know we must maintain our connection to Father to see the truth and the ultimate good that comes out of any and every circumstance.

I am not saying to close your eyes to the negativity out in the world and ignore it, no. Rather, I am saying – how does your faith levels compare to the information you are receiving through your eyes and ears? Do we have enough faith that when we hear

of raging wars around the world that we will not be pulled down, feel burdened and chaotic? Can we not learn from history that this evolutionary planet is moving forward? – slowly, yes, but moving, nonetheless.

This week, we would recommend that you visualize positive scenarios coming from negative circumstances. Attempt to see the good that can arise from adversity. What is the balance between good and bad that your senses are telling your mind?

When individuals can see the good, their budding soul within is drawn to that and wants to add to it. Let us show our fellows we want to add to the good; the good so much outweighs the negative. When we can embrace the Master's teachings and the vision of the Father, we naturally want to bond as a team and move forward with good.

There are opportunities now to point out those common-sense lines from the text, meaning the Urantia Book; the time is now to subtly put that out there – carefully, gently, yes. I am feeling so blessed to be a part of you. We move, grow, and evolve with you. I can see you grow; and in that, I can also see my own growth. It is wonderful to spend time with you again. With that, we shall take our leave, sending you with our best. Our love goes with you. Until next time, shalom.

Personal Freedom And How Labels and Negative-thinking Does Limit Us

Abraham, WOODS CROSS GROUP 01-19-2009

Back

I am ABRAHAM. Greetings. I am always thankful to be in the midst of the realness of any situation because it makes me think a little deeper; it helps me to go past my personal desires to see what I have really been missing.

I can appreciate those who dare to speak their truth without attempts to sway others. We all know that unbridled emotion is a manipulator and stemming mostly from the ego. The pure truth is what it is! and if it is our propensity to accept that without spinning it with our personal agenda, then we are set to receive divine messages from our Father.

I do keep up to date as far as your personal lives evolve so that I can stay current on teaching the lessons. I know that each of you have become more open to spiritual help as of late because many situations you may now be going through are new, and you are in understanding that your minds are gaining further training.

This week, I am driven to speak about personal freedom and how 'labels' limit an individual. Many times you have heard us speak about the negative 'inner voice' and how it trashes normal self-esteem. You will find, as we have, that age and experience is a wonderful thing. With age, you learn that no one person can say what you are; no one person has any right to make you feel 'less-than.'

I do not mean to speak on doing battle with that negative-thinking circumstance, no, but more-so about growing above it, believing that you are a child of God and that 'negativity behavior' is just what it is – negative.

In my mortal days I was thought of as a heartless tyrant, a perfectionist who had no

patience with inadequate individuals. I wanted to be feared in the early days of my life, yes, but when my mentor came to enable my enlightenment, I felt my new growth had no bearing on individuals' opinions. I was still thought of as a man to be feared; and therefore, I had to show myself to be a new individual – not because I wanted to change the opinions of others about me, no, but because I wanted to further the plan and purpose of my mentor, Machiventa.

I did indeed, however, feel individuals' opinions of me were quite limiting and thwarting of my good intentions; it was frustrating, and I felt many times I just wanted to revert back to my old ways. This reinvention of my behavior took time for me to get the new self across to my friends and family. I had to have many conversations explaining my new outlook; I had to make my intentions known.

Yes, I was not so much trying to gain trust and respect of those who knew me, but building the foundation from which I could minister to others from. I definitely could not have had any success without the valued guidance I had received from Machiventa.

You each know that we always express our gratitude for you each that are staying the course. Staying the course is one thing that will be most helpful for you in building your ministries. Everything takes time and we must be diligent in our consistent actions; we must be open to explaining our intentions and why we have seemingly turned over a new leaf.

It is easy to see the many individuals out in your ministry who value the reflection from others. This can be good or bad. Popular opinion will say: 'A leopard does not change its spots;' and: 'Once a thief, always a thief.' This attitude, this thinking, is something each one of us must not only cope with, but transcend. We must simply recommit each day to staying the course – "I am in the midst of change and I shall not waiver from my commitment."

Each of us has been building a ministry for quite some time, and the foundation of this ministry begins with truth. I am in understanding about the impatience of mortals and how time seems to discourage people. I can only say that a fresh relationship with Father, each day, keeps you inspired to act upon those ideas you know to be true.

That is all for this evening. I would ask that you have not anxiety over our meeting here. As I said before, we are at a point in our ministry where we are concentrating on supporting each of you in your ministries out in the kingdom. Our love goes with you. Until next time, shalom.

Ego Works For the One; Spirit Works For the Many | New Talents and Gifts Derive From the Spirit

Abraham, WOODS CROSS GROUP 01-26-2009

Back

I am ABRAHAM. Greetings. I am appreciative of being among you truth-seekers this evening. I have found that no matter what issues may arise in this group your overall main intention is to have the truth brought forward. The truth may not always be what you would have wanted, but your spiritual and mental health allows

you to work toward accepting things as they are. Our desire for truth enables us to have a more clear connection with Father and His associates.

We are coming to a point in our spiritual maturity where we want the truth in spite of any controversy it may cause. I have always gotten along well with this group because you are demanding of truth and refrain from mysticism. These spiritual practices you now think of as reality would not have been trusted in the past. Now you find yourselves, like the apostles, to have set aside ego-fulfillment for the reality of the Father.

I can appreciate the truth because it is simple – it is a logical look at a beginning place to start any project. Father has given us the gift of mind, yes, and we are learning to apply 'reasoning' to religion and 'science' to spirituality. The Correcting Time has long awaited the integration of various mortal theories – meaning that topics of new discoveries can overlap. For example, 'science' is not just science of the observable, it is becoming also related to things unseen.

Yes, mortal scientists are discovering still new things every day. Mortals are learning they do not have all the answers, but rather, that they are barely just scraping the surface. We are finding the lines of separation between the known and unknown to be blurring – and from that, more important things will come into focus.

As Father's children, we are finding ourselves more alike than we thought. No one is set above another. Each one of us has a destiny to fulfill. We have experiences that will map out our future. We can have desires for a certain career or post in life and find fruitful fulfillment, yes, especially considering that desire is not in contrast with your natural gifts and spiritual skills. What are you gifted at? What has Father helped you with in developing your human and spiritual skills?

Your spiritual foundation is for the most part, set and clear. When you integrate this with your natural gifts you will see yourself developing with new skills. For example – a person who wants to become a doctor may find they can use their spiritual skills to assist in creating wellness, not just to draw from the education they have to perform surgery and prescribe medicine. As well, a person who works at a bakery has access to the public every day and can draw on those spiritual skills to show care and concern not only in their quality of work, but also genuine care and concern for the customers. There are always opportunities to show the Father's love to another, yes.

Everyone is good at something; and when your desires are coming from your spiritual foundation, new skills are created. Yes, our ministry is designed for us. We might be cautious of the ego that craves attention and status. Maybe a scientist who has discovered a new gene will want his name put on that discovery – and yet, he has a whole team that assisted him in the breakthrough. The temporary gratification may be there for the one person, but it is not conducive to incorporating the whole. Many of the other researchers who helped in the discovery will not feel their work is valuable. I am saying, we have to be watchful of the ego who works for 'self,' and rely on the spirit who works for the 'many.'

I will look forward to hearing your stories of how your natural gifts and spiritual

skills serve in your ministry. Do not doubt that you have them. Do not doubt the gifts. Work toward refreshing your relationship with Father, Michael, and Mother. Ask them for their assistance on making your ministry work at full capacity.

That is all for this evening. Mary sends her love and we both look forward to the next time we will meet. You have plenty to do – have no doubt that we will be available to assist. As always, our love goes with you. Go in peace. Until next time, shalom. [Editor's note: Have not yet found Feb. 2nd or Feb. 9th transcripts – if there was such.]

The Master's Example Of A Criteria For Problem-Solving. How Father Ministers To 'Us'
Abraham & Mary, WOODS CROSS GROUP 02-16-2009

Back

I am ABRAHAM. Greetings. I am so pleased to be witness to your taking on new responsibilities as a worker in the kingdom and Correcting Time. Our time now is spent in utilizing these lessons we have learned over the many years we have been together. I can see how the world is on the brink of many changes, and we have individuals like you that are having to facilitate those changes.

I can see how spiritual and material ideas pull at you – especially when time has not been made to sit in stillness to receive calmness and balance. It is up to each one of us to strengthen our own spiritual muscles. You have plenty of material to study from and become strengthened by in order to freely move about in the world, and stillness is that catalyst which gives clarity and assurance. Your support here of one another also is a reminder of our Missions' focus.

During the next few months, we will be more involved in social issues. Each time one of you steps into a crowd you are a representative of Michael's Spirit and have access to His wisdom and words.

I am MARY. My greetings to you also. I believe that I admired the Master so much for His problem-solving abilities. I know that living in the everyday drama of life we can be driven to distraction, and simple problems become magnified. The Master could logically look at an issue and see the problem for what it really was.

For instance, there was a time when the group of us were to go out and minister to the multitudes, and there were arguments among us from time to time over which individuals we should desire to go speak to, and who among us should be assigned to which group.

There were many in the crowds – men, women, children, wealthy and poor, as well as the sick and afflicted. Some of the inexperienced among us wanted to have time with more discussion, teaching, and less serving or menial work. The older apostles had taken the issue to the Master and explained the seeming upset in assignments among the group. I had wanted to have experience with the more spiritually-polished individuals because they seemed to be a more advanced group.

The Master called us together and had literally broken down the problem for us by creating a chart of sorts in the sand. He showed us the real root of the problem was that we had become more concerned with our own credit than the true focus of the

ministry; we were more interested in what we could 'receive,' rather than what we could 'give.' Most of us had no idea how limited our time was with the Master, or I do believe we would have made the most of our short time.

I say to you, my friends, when we do have problems, they are easily magnified by how we picture 'ourselves' becoming affected. When we can break down a problem and see it for what it really is, then it is much simpler to work toward a solution.

The Master had us look at our issue in this way: "Instead of worrying about who was going to minister to who, how about we simply allow Father to minister to us." and then He dispersed the group. We were each there with a common message and found a place to become useful. The crowds were definitely energized and enthusiastic for the good news to start becoming a reality.

I kept my eyes open that day for the possibility that Father would be ministering to me; even though I was there to work, I had many experiences with many different types of individuals, even men – and that was uncommon for a woman of that day and age. The men apostles found that they had received a true blessing of a ministering to their spirit as well.

In our ministry today, we could look at the Master and see Him as this complicated being with so many facets of His personality – when in reality, He shows us simplicity so we can have a clear focus on what our real purpose is. When we are confronted with problems, make your line in the sand and put the issues out before you to observe. What is your criteria for problem-solving? What problem-solving skills have we learned throughout our spiritual career?

You are each trained to go among the multitudes and be a source of good news, a source of peace. Many individuals appreciate your love for truth and will count on it in these years to come. Remember that we are in the middle of change and will not likely see the results until we come out through the other side.

I am love-filled being here with you this evening. I hope you know that we are both available should you have need. Perhaps next time we will have a few questions. As for this evening, we shall take our leave. Know that we are in appreciation for your continuous striving to become better, to help when and where you can. Our love goes with you. Go in peace. Until next time, shalom.

Holding Firm to the Truth | Individual Assessments
Abraham, WOODS CROSS GROUP 02-23-2009
Back

I am ABRAHAM. Greetings. As I look around the room, I am reminded of a time long ago when I had sat in the love and comfort of many friends. In that aspect, this social scene has not changed much; there is still food and drink – accompanied with conversation of the latest issues of the day. I am enjoying every moment you spend together.

I am also impressed by your tenacity to hold firm to the truth. Everyday life can seemingly crush your spirit. Yes, you may go down with some despair, but not for long; your faith is indeed a branch to hold on to. I am overjoyed at the fact you

are each willing to take the hard lessons and make the most out of them. Think back perhaps ten years ago when some annoying complication arose and your spiritual focus was not quite practiced. Remember the moaning and groaning and complaining. Today you can look at an issue with spiritual eyes and make a decision based on your spiritual education.

As well, I am inspired by your courage to freefall in some situations. Sometimes you have not any idea what is going on, or the reason for it, but you trust Father enough to go with the moment. You may not see the value in His method at the time, but believe me, the goodness that comes from it goes a long way. I offered up questions last week. Mary and I stand by if you do have some.

MIRIAM: Abraham, my friend, Emily, couldn't come tonight. She is so enjoying reading the Urantia Book and developing a friendship with you and Mary. This really means a lot to her and she wanted to know if you could share her spiritual name and if you have an assessment?

ABRAHAM: I don't usually share such facts unless the person is present, but I have met with her and can give her a few words. From my understanding of the English language, the spiritual name for Emily sounds like Vonna. I would recommend her to journal the most interesting facts she reads in the Urantia Book. Write down those lines that touch her soul. This is a good method of study. She does well. Next question.

BARBARA: I would like an assessment if possible.

ABRAHAM: Of course. My daughter, you have had quite the tumultuous year – and I can say, I admire you for your courage and stamina. I understand that you have worry over loved ones in which you cannot do anything to control or help. My suggestion on that topic would be to encourage your loved ones to grow up. Do not enable them anymore – no financial help. You have given a great deal of yourself, and it is time for you to be taken care of. I can promise you that the Master stands before you with open arms and longs to hold His daughter and give her the strength to carry on. You are in a position where you touch the lives of many; and our meeting is no accident for I have known you for quite some time. I believe you have always had the best of intentions, even if the decisions were not quite right. Don't be so hard on yourself. Your guilt does not help you become a better person; it does not help you live your life today, but is a hindrance and a deterrent for the growing spirit. Although, my daughter, you do well. Keep observant and make every effort to view life-situations through the eyes of our Father. Know that He brings out an ultimate good out of every situation. Another question?

TECTRA: Yes, Abraham, I have two questions: I want to preface this by saying thank you so much for the personal meeting we had last summer when we got together with Nina. I am so thankful for your words at that time. I would like to have you talk about what I have gone through, and still going through; although it is not as severe as last summer. It seems to me that my experience these days – that I am more alive to Spirit and goodness, just the awesomeness of life. Is this kind of what is going on all over the planet with people? It is distressing in a way to see these new realizations and new eyes that I am looking through. So my question is: Could

you just talk on that subject on a worldwide scale?

ABRAHAM: Certainly, I can say a few words. I believe, in your circumstance, that it was unique because you are a minister in this Teaching Mission. There are experiences you have not yet had that will help in your training to become more approachable and have the ability to tap into the Father's words. On the other hand, there are millions of individuals who are feeling this quickening in their spirit, and it is due from the growth of the Supreme Being. Every time the Supreme Being is encoded with more information, there is a reflection back to the people on the planet, and this is felt physically by you. It is felt mentally as well, although it is sometimes confusing. You could say that the dose of incoming spiritual information you felt and perceived was perhaps ten times greater than the average mortal. We find you to be in an excellent position to reach people on a one-on-one basis. You have a wonderful perception of the Master, yes, and you do know Him very well. You have incorporated His best qualities into your personality, but I believe there might be some stifling of your emotions. Even the Master had emotion that did erupt from His being at times. As a mortal, sometimes you must let it out, let the truth come forth. Maybe your understanding of this truth is not the correct perception – and yet, it is not to be bottled up and brewing, creating chaos. Take the next few weeks to study over the strength of the Master; He was indeed strong – many times seemingly harsh, yes, and yet this was definitely Fatherly. Be not afraid to step out and be yourself. You are a wonderful man and it is an honor to work with you. Have you another question?

TECTRA: Yes. Thank you so much, Abraham. That was beautiful. I understand that the Correcting Time is ongoing; and I don't know how that all works out on your end, but I perceive there are myriads of angels and supernal beings working on our planet to upstep people's minds. And like you just mentioned, there is also the encoding from the Supreme Being happening regularly, to infuse us more. I am curious if there is also some kind of energy other than what is created by the Supreme Being, like energy waves happening that our planet is going through?

ABRAHAM: The only thing I can think of is energy created by human beings. As you know, we are with a great percentage of output of energy due to emotions. And this energy does conjoin with other's energy – sometimes this is bad, sometimes this is good. The hope for our Correcting Time is that our Mission workers would bring forth the light-energy that brings hope and sound solutions. Again, I can think of the circuits that carry energy. I can say that the Supreme Being also sends out an energy, and mortals can tap into this energy – or, create their own energy. I don't know if I am understanding the question...

TECTRA: Like where our planet is in space right now – is there anything from the outer realms of space hitting our planet right now to facilitate this awakening that is happening?

ABRAHAM: I believe it is nothing out of the ordinary, only the circuits that are quite busy; and that is possibly what you are feeling. We are, on our side, trying to become more organized; and we do have legions of helpers attempting to move this energy in a correct direction. Good question, my son.

MIRIAM: You know how they talk about co-creation – maybe this is very simplistic, but as I grow my love for Father in the universe, then does also the Father grow like does the Supreme Being? As we grow in our energy, is there an increase in strength and faith that would be part of the energy and vibration, or whatever you want to label it?

ABRAHAM: Yes, but more-so instead of 'Father' growing, it is your vision for Him that is growing. You are able to see more, to understand more, to hear Him better. So, not so much 'He' is growing, because He already is all that is, yes, and all that can be. It's more that your spiritual eyes are able to take in more and your understanding is enhanced. Is that helping?

MIRIAM: He is always going to be bigger than we are, always be ahead of us? Like eight-million years from now whenever I get to that place, Father is going to be eight-million more years ahead of me, because He is always going to appear to be growing more. Is that accurate?

ABRAHAM: To some point, yes, regarding your indwelling Father Fragment. But there will be that wonderful day when you fuse with your Thought Adjuster, and it will be as though you have the same experience, same knowledge; and the question of being 'slower' will not even occur to your mind. Yes, so one day you will be one with Him.

ARANDA: Thank you so much, Abraham, for all your advice you gave me since I started coming to this group. I am so honored, so thrilled, just wonderful. The things you tell me are very good. I'm almost over these poison spirits. I need to ask you my name, how to spell it – and, any advice for me now? I love you.

ABRAHAM: I do remember it sounded like 'Aranda,' but when you are on our side, it may be slightly different. I do think it is reflective of your beautiful personality: A. R. A. N. D. A. – I do believe. As far as an assessment goes: I am so overjoyed at the effort you make to understand these spiritual lessons. I am happy that you still find comfort in the religion you grew up with (Muslim) and can integrate the lessons you are learning now. You can see there are basic themes of truths that run through all religions. It has been such an honor to watch you grow and to not give up the good fight of faith. Your efforts to understand our particular philosophy is commendable. You do well.

I believe that is all we can do for this evening. Know that if there are more questions, we can always address them at a later date outside of our group-meeting time. I have enjoyed our personal time together. I find each one of your unique personalities, delightful. Continue in the good works. Mary and I shall meet with you again. Go in peace. Until next time, shalom.

Four Activities That Keep the Mind Healthy and Spirit Connected

Abraham, WOODS CROSS GROUP 03-02-2009

Back

I am ABRAHAM. Greetings. I am certainly uplifted by the positive thoughts here this evening. I find your personalities endearing and I learn from each one of you. When you are in the joy of enlightenment I am so blessed to share in that joy. You are a wonderful family. I know that as the years have passed and the times have changed,

the definition of family is not so traditional or even so biological as before. Your connection with one another is a lighthouse in the stormy seas.

I am amazed at all those who have had involvement in the mortal design with the human mind – all beginning with Father, of course. Even after so many years of not having the mortal flesh, I am still learning about the mind and the design of spiritual connection with humanity. I, as of now, have faith come to me easily; but when I was like you, just beginning, faith was such an effort.

Our divine Creator has designed a literal spiritual connection in the brain of mortals – physically (materially). Yes, this connection is there; it is not named by your scientists but believe me, there is a connection to the circuits.

Father has put abundance before you on the Earth that you may live a balanced life. Living a purposefully balanced life is healthy for the brain/Spirit connection. As we have studied with the Life Carriers, we find four particular activities that help keep the mortal mind healthy:

> The first being stillness. Each day we must find a way to rise above the worries and concerns of the day and reconnect with our First Source and Center. Without Father, all meaning is lost – not forever, but for that time you are feeling orphaned. Yes, we must continue to reconnect with our Parent.

> The second activity is social is social connection. It is written – that Father has made each one of you – to share with one another of comfort, love, and wisdom. Every day we must connect with our fellows. The Correcting Time will be largely social, yes, and we would do well to feel comfortable in who we are as a part of the kingdom family; not more or less, just an equal family member.

> The third suggestion for maintaining the brain to Spirit connectivity is creativity in activity. Finding something you love to do opens that channel within the brain to connect with the circuits and find that calm place that is just yours. Working with the hands, singing, reading, sailing, skiing, etc. Where do you find your passion? What is locked up in you that could come forth as a beautiful creation? What rest and rejuvenation for the mind do you participate in?

> The fourth suggestion is continuing education – continuing to search for truth, beauty, and goodness. To exercise the brain in study of higher learning has been proven to keep the mechanics of the brain-connection to the Spirit, healthy. We can see that taking in information, filtering it through our spiritual eyes and having that knowledge on hand, is helpful in creating social ties. There are always topics you can connect with on a soul level with your peers.

For the most part, for having a healthy body and mind, you know what to do – good food, rest, and exercise. Our advice this evening is to take care of yourselves so you can grow in your position as Teaching Mission workers. We long for you to feel that healthy family connection.

Mary and I are aware of the upcoming changes that have an affect in your lives and on our Mission's purpose. Have not fear. That is all for this evening. Know that we

are always standing by should you have need. Go in peace. Our love goes with you. Until next time, shalom.

Remedies To The Stumbling Block Of Intolerance

Abraham & Mary, WOODS CROSS GROUP 03-09-2009

Back

I am ABRAHAM. Greetings. I have wonderful memories of our experiences together. I am appreciative of your flexibility over these years. You have each in your own way held this branch of our family tree together. I am always inspired when I see your easy transformation come about.

I have said that our meetings now are mostly supportive of putting your ministry into everyday living. The foundation for the Teaching Mission is set, yes, and each one of us will begin to build upon it. We really have no blueprint or diagram to follow; we have no idea of what our project will look like in the end.

Instead of building our Teaching Mission brick by brick, methodically, we are more allowing of an unfolding of natural creation and 'what is.' Will the bricks simply appear? No. It will take the good works of your ministry to build our Teaching Mission - a mission that will help one and all to enter into the age of Light and Life. I realize your personal ministries are probably more educational for you than for those you minister to - but still, a great deal of your ministry is about making others feel comfortable to be a child who is well within the kingdom of God.

I am MARY. Greetings, once again; I am very happy to be included in this intimate meeting. I overheard your conversation earlier about learning to have tolerance for the changing individuals in the world today. I can see how you are practically buried with various issues in the media: same-sex marriage; the economy; government corruption - the list could go on and on.

I am happy to view you in your personal ministries, reaching deep within for truth, beauty, and goodness. I know at times you are screaming inside for some sort of relief or logic. Especially as we move into our later years - typically, it is more likely we will become less intolerant. I am happy to say that those individuals who irritated me the most taught me so much about myself and how I can apply skills to move forward with a positive angle in any situation.

I know that I once believed Andrew to be so arrogant; I would avoid speaking with him because I was afraid I would say something damaging. It was strange how I ended up often face to face with him, and almost feeling forced into having to deal with his personality. However, I learned that Andrew's arrogance was a form of self-protection. He did have a fear of being looked down upon and/or criticized. As a boy, he experienced a great deal of pressure to become responsible. His parents leaned on him heavily and probably showed him less love than they did his brother, Peter.

In learning to understand Andrew, I learned about individual's various forms of self-protection and their frailties that place stumbling blocks in their lives. In time, I learned to speak with people in a way that would make them feel comfortable enough to open up and feel safe; they knew there was no judgment coming from me; I

was there to listen and allow them to search for the very best in themselves.

The Master taught us about spending time with individuals – to really get to know them, asking them questions and allowing them freedom to talk – even if they were completely self-absorbed, arrogant, boring, etc. Many facets of our ministry will not be fun, and you will learn lessons in tolerance. You will see the world's people constantly changing, and you will wonder 'where is God in all of this'?

You cannot blame people for being so 'off course' – this is simply steps in evolution. We cannot allow our intolerance to cut off our possible ministry, like when I tried to avoid Andrew. I am so thankful for the Master giving me a reason to love and be tolerant, patient, peaceful and kind. I believe you each have such charm and finesse. People enjoy your ability to be easy going and the use of humor appropriately.

We keep in mind always how the Master ministered 'as He passed by.' He loved to learn new things and was always fascinated by the mortal mind and how it worked with the Father's plan. What I am saying is, we do not find an individual and make her or him our pet project, no. We are to empower individuals to find the best within themselves. We must be aware of becoming too attached because then we are verging into ego territory – and that can spoil our good works.

Last week, Abraham suggested taking good care of yourselves; this keeps your energy levels full so you can have the ability for maintaining tolerance when others become so annoying or so obviously ego-led. Not every individual will be on your level of spiritual education, but to think of them as inferior also takes you down a notch, and a lesson in humility will be forthcoming.

I am trusting in your ability to embrace diversity and minister to others just as Jesus did, with logic and very little personal attachment. Jesus simply loved people and wanted the best for them; He knew that they have access to knowing what the best is. Some individuals simply need a kind heart to exhibit some faith – some knowledge that all things are possible.

I have enjoyed our evening together. I am always told wonderful stories about you. You, cheerful mainstays, are a nutrient to the well-being of your brother, Abraham – he always says that. It has been an honor to get to know you and serve with you. I thank you for inviting us this evening. Know that we are with continuous love for you each. Go in peace. Until next time, shalom.

Learning Tolerance, Acceptance, And Not Placing Labels On Others Helps Advance
Toward Light And Life

Abraham, WOODS CROSS GROUP 03-16-2009

Back

I am ABRAHAM. Greetings. It is a blessing for us to gather once again. I am so honored to have watched you grow over these many years. I can see that each one of you has overcome personal trials that has added to the person that you are today.

Many happenings on Urantia are still experimental. Oftentimes the universe assistants are puzzled in how to help Urantians. Many habits of the world's people

are being studied and recorded. We are finally beginning to understand just how different each person is, and that there is no pattern to personalities.

You must realize how blessed you are to have your spirituality as a big part of your identity. You know that when you are making decisions, you will often first think of Father and how He would handle such issues. When you have integrated the spiritual ideals into mortal life, then you are able to live out those ideals; and people understand that is a part of who you are – there is no need to yell it from the mountaintops, your personality speaks for itself in your everyday actions.

When we fully grasp the understanding that Father is a part of us and loves us like no other, then do we find ourselves acceptable ‘as we are.’ Faults and shortcomings are not a main focus, but rather, something to be sat on the lighter side of life. When we can be at ease to be who we are, then are we reserving energy for much more important tasks. To put on a front takes all of your attention, and that uses up a great deal of energy.

As we become closer to Father it becomes unnecessary to have the acceptance of our fellows. We just know we are in the family of God; it is just a fact, not something to keep searching for.

Many times, and even at times within this group, I see that you are so hard on yourselves. Your inner-dialogue for self-chastisement is probably worse than anything anyone would ever say to you. When our minds are stilled on God, then we do not need to re-live mistakes over and over in our mind and be continually punished, no; Father shows us the lesson therein, and when we are aware He tells us to move on.

This is a new time on the planet; old ideas are moving away and the way is being made clear for the new. I am not speaking about money issues, but about people embracing diversity and the realness of life. Know that you, as an evolutionary planet, are still being studied and recorded. We find that you are doing well in comparison to other planets like yours who were affected by the ‘rebellion.’

This week, let us think about if we are putting energy toward a false identity; if so, then make effort to reconnect with the Spirit. Knowing the Masters’ personality and how He was with people, helps us know that we are accepted as we are – and believe me, that is enough! When you feel at peace is when you are accepting of yourself and, those around you. We can be tolerant of mistakes because they are lessons, they are obstacles to overcome.

Also for this week, let us let go of those labels we put on people – and instead, see them as spirit-siblings. We know that this state (Utah) is very much in favor of religious labels. For one week let us experiment with forgetting who belongs to what group, and see individuals simply as family members.

That is all for this evening. Mary will be with us next week to speak more on this topic. As always, we are appreciative of your efforts. Our love goes with you. Go in peace. Until next time, shalom.

Exhausting Energy In Trying To Live Up To the Ideals of How Others Define Us
Abraham & Mary, WOODS CROSS GROUP 03-23-2009

Back

I am ABRAHAM. Greetings. We are enjoying your conversation this evening on the realities and frailties of mortal living. I find that you each combine compassion with logic and that is a good formula for inner peace. We all know that we are not going to save mankind, but we can help a little each day in our personal ministry.

I remember there was a day when I was overwhelmed by the despair in the world and I had asked Machiventato say a few words to enlighten me on how to handle my emotions and also be a living solution. Machiventa had suggested that I should detach from those things that would bring my spirit hopelessness, and to strengthen my trust in Father's abilities. He reminded me that this planet is experimental and many of the issues that mortals face are 'supposed to be.'

Is there supposed to be such despair in the world? Yes, given the ramifications from the rebellion and default! Are we to have compassion? Of course! and at the same time, we are to detach our emotional selves and put that energy toward trusting Father who can do all things. In many situations concerning mortal life, Machiventa taught me to view situations with compassion, logic, and humor. This attitude helps our spirits to stay strong and keep moving forward with our ministries.

You have seen for yourselves that hopelessness is not helpful. Many times Michael will speak with the Teaching Mission Staff - encouraging us to keep exercising our faith and trust in Father, yes, because even we become overwhelmed from time to time with despair and hopelessness. So yes, we are in understanding. When we are made to feel hopeless, then it is likely, especially with mortals, to quit trying to make any kind of an effort.

Last week we had experimented with the idea of replacing labels we attach on our brothers and sisters - to simply seeing others as spirit siblings. I am pleased to hear your comments on that experience and I would leave you to Mary to provide further instruction.

I am MARY. Greetings, and thank you for always being so accommodating. I know that throughout history there have always been labels or identifications placed on individuals for one reason or another. It would seem that mortal life was better if you were wealthy, educated and 'a man.'

This Correcting Time is requiring that we each broaden our minds to view everyone as a fellow spirit sibling. I am meaning, we all start out life with almost the exact same gifts - we have mind, heart, personality. There are many factors that may shape us thereafter - from parents to environmental factors. But if one can see that this life is simply one step in our ongoing careers then yes, all our experience can make more sense to us.

For the most part however, at this time in history, many individuals are seeing their lives as either a blessing, or a curse from God - it is about 'chasing good fortune' and 'having luck on our side.' There is a point in our mortal careers that we need to stop blaming others for our status in life and take on the

responsibility; that when all is seemingly taken away, we are all left with the same gifts: mind, body, and spirit.

I do know that looking back at the time of meeting Jesus at the tomb upon His resurrection, I had gained some popularity for being 'the first one who the Master had appeared to.' Some people thought the Master had chosen me because I was somehow spiritually advanced, and for a time I even thought this was true! But later, reality showed me that I was just in the right place at the right time and that I was simply one who would be willing to share the message.

It was a little disturbing how I had attached to this label of 'chosen one,' yes, because it brought me a lot of attention. There were further issues that my new label had me facing - and that was, people had expected me to have knowledge about certain spiritual ideas that I did not. It seems to be a common theme throughout history for people to want heroes, and at that time it seemed I was becoming one. I wanted to be one, yes, but I was having to live up to an identity which was not me.

I can see how my ego took joy in being made to feel special, and after a while, I became burdened with trying to hide my true identity. I was 'just another kingdom worker' with no more or no less gifts than anyone else. After meeting with the Master on a few of His resurrection appearances, I was brought some relief by Him showing me that I was important and loved 'just like everybody else,' and not more-than.

It was a great relief to let the façade of my being 'spiritually advanced' go. It was helpful to confide in my sisters that this strange occurrence was happening; it was somewhat humorous and yes, we had great fun with it. It was so much better to be my true self than the person that people thought I was. I found peace within to know that the Master knew of my mind games and still loved me, and was still showing me the value from such an experience.

We all want to be a hero and held in high accord with our fellows - and that comes naturally when you can live your life as the Master taught. Last week, Abraham spoke of us 'defining others.' This week I am speaking of our attempts of living up to the ideals of how 'others define you' - that it is wasted energy and time. What you value most is what you will become.

This week I would request that we go before the Father as little children. Let us release ourselves from the useless garbage we have piled upon ourselves and each other so that we can get down to the business of true ministry. Your Utah weather is a mystery, I know. As each of you are looking forward to Spring, take a moment to appreciate nature for what it really is - it does not try to impress anyone; it is what it is, and it serves.

That is all for this evening. I am overjoyed to be with you again, and sometime soon we will allow more questions. From Abraham and myself, we send you with our love. Until next time, shalom.

Overcome Those Mental Blockages So We Can Receive That Healing Love From Father
Abraham, WOODS CROSS GROUP 03-30-2009

Back

I am Abraham. Welcoming me each week touches my heart and soul. I am honored to be in the presence of individuals who are deep-thinking and socially conscious of worldly issues.

Our years together have taught us to be 'givers,' for in our studies of the Master, and the entire Urantia text in general, we have learned to be generous with our spirit. Have no doubt you are kingdom workers and have many tasks – some you have already done, and those you have yet to do.

The Teaching Mission is not about individuals calling for attention, but more about living your life as an example in honor of the Master. As givers, we have a tendency to forget about recharging our own spiritual batteries. I believe that when we gather, we are renewing our spirits and regenerating our ideals – and doing so with a positive energy.

Remember when you first became conscious of God the Father – the warmth that surrounded your body and filled your soul to overflowing. Such a feeling of love-connection and well-being gave you such joy – and naturally, you wanted to share it.

In other words, good news was practically pouring forth from your being. And as we have matured in the spirit, we have somewhat lost that enthusiasm. That is common and the reason why we should spend time re-filling our own souls with the Father's presence – His love-connection and well-being.

At this stage in your spiritual education, it is perhaps a good time to pause and reflect: There are incidents that have occurred throughout your life that you may feel has scarred your outlook, attitude, or soul. These seemingly damaging occurrences can create blockage between you and your spiritual goals if you are not open and willing to learn from them.

To be unforgiving, or stubborn in grudge-holding, does create obstacles between you and the good feelings you have with Father. For correction and healing, Father will nudge you with these issues from time to time; and when you are ready, He will show you the lesson in these past scarring events. You do have to ask: "What is the message here?" You have to be willing to ask Father: "What is it you want me to know?"

Father wants for your growth and closeness to Him. He wants for you to feel the spirit-connection so that you can overcome these mental blockages and receive spiritual information. Father wants for your enthusiasm to return. With unforgiveness or anger, you are not going to receive that healing love from Him.

This time of year we speak a great deal on the resurrection of the Master. How inspiring is it to have been shown a most wonderful example of the Man/God who put His life into the Father's hands without question, take the human punishment that He did, and still follow through with the Father's plan. In death, He was renewed. We can take a metaphor from this by putting our lives into the hands of our Father – asking Him to cleanse our spirits; asking Him to show us the growth we have to

achieve by our daring to look into the dark corners of our souls for that residual that is binding.

By following the Master's example of putting everything into the Father's hands, and following through 'no matter what,' we can be renewed in spirit and regain that born-again enthusiasm. It is such a beautiful energy when the child realizes the Father has been there all along.

Let us allow our spirits to be cleansed of these spirit poisons so that we can once again feel the Father's love, the family connection, and personal well-being. We have a lot of work to do as givers in this kingdom. We must remember to refresh our spirits and allow ourselves the ministry of Father and His associates.

That is all for this evening. Mary sends her regards and suggests that next week we have questions. Know that you are each capable wonderful beings that are dearly loved. Go in peace. Until next week, shalom.

Find Our Personal Gifts And Put Them To Work In The Ministry

Abraham, WOODS CROSS GROUP 04-06-2009

Back

I am ABRAHAM. Greetings. I thank all of you for your efforts made each day to further the cause of our Master. It is an exciting time in our Mission because we are beginning to see the spiritual gifts more fully as a regular part of everyday life. The children that are born in this era will have these spiritual gifts as if they had always been a reality. You that have had to work by faith will see, and probably already have seen, subtle changes. When our intentions are pure then the gifts are naturally flowing. These gifts are helpful tools in our ministry.

When we look back on the life of the apostle Simon Peter, we can see how his experience with the Master had taught him to be a more eloquent speaker. In their beginning days, Peter was always the first to show irrationality; but time with the Master and personal experience showed him how to apply his thoughts to the best possible speech that would reach the masses.

We can look at each one of these apostles and see how their habits had changed and gifts had blossomed. Of course your gifts now will be slightly different because of the mended circuits and input from the Supreme Being. We can all be assured that everyone who desires these spiritual skills will be prepared to have them. The Master has His plan to bring Urantia into an age of peace and enlightenment. With your assistance, the plan is accelerated - up-stepped, so to speak.

Think about your years in the Mission and those skills that you have seen sharpened. Each of you have gone through a transition. Perhaps those participants that were quiet and shy are now more able to reach the souls of those they come into contact with. Maybe those that had deep desire for attention has found that attention from Father is all they need, and life has become more balanced. Those who played a role as 'a victim' in life maybe now see the difference in their life according to various spirit-minded attitudes they have put forth.

Yes, we can all see improvement and maturity. You have wanted it and asked for it,

and I see you becoming more beautiful with each passing day. Well done. Let us take this week to find those gifts in our personal lives and put them to work in the ministry. You are a rock for many. I am aware there are a few questions if you should like to proceed.

MIRIAM: Abraham, the short version is HELP. The longer version: The past couple weeks' lessons have been really helpful. I feel like I am a chocolate mess. I think I am starting to find my way out of the blockages. These past months of my work engaged in the 'Women's Conference' took a toll on my health. I feel like I am struggling. If you could give me some pointers, or anything you could share with me.

ABRAHAM: Certainly. I perceive your pain is from old injuries and you are doing what you can to exhaust your human resources. In your journaling time, I want you to answer a question: What did you receive from your service in that Women's Conference? Be honest because that is important in finding out if you are carrying hurt, which does not help the body. Your hard work over the past year has been difficult on your physical being, yes, and it will take time to get back to normal. I do know you, Miriam, to overdue on chores at home. I know you love the garden – and in a beautiful way, that is your salvation. I would recommend that you do your work in small allotments of time and be sure to rest. Have not worry over getting tasks completed quickly, but be in the moment of that thing that you love to do – the feel of the Earth in your fingers; the warmth of the sun; the kiss from the wind; and always, the gift of harvest. You have been so giving and kind with the many individuals you are in connection with – I would only suggest that you try not to take on so many assignments at once. Overall, my daughter, things are as things should be. You do well. (Miriam: Do you think I procrastinate?) Abraham: No, I wouldn't say you procrastinate, but I would say that those issues that are bothersome, you tend to set aside – not intentionally, but just as a habit that you have always had.

MIRIAM: Do you have a suggestion on that?

ABRAHAM: Yes. With various issues, I would put a priority on them and simply do one thing at a time. When something appears to be too much, be not afraid to ask for help from your friends and family. Many times when you can talk things through do you find most issues are not as big as you think they are. So put a priority on things that must be done; dissect them in your mind and take one step at a time toward completing the goal. It is common to feel overwhelmed, yes, but when you can break down a problem and have some sort of control, then problems don't appear to be so big. That is all.

SIMON: I would like an assessment with your wise counsel, please. We are wondering about something: In sort of spiritual mode, we are hearing some 'taps' and seemingly at the right timing. I would like to hear more about that – is this a manifestation?

ABRAHAM: Some of the noises that you hear are spiritual beings that are trying to get your attention. When you do hear these noises, be quiet and see if you have any impressions of a message. Be practical of course. Noticing these noises is a part of the gifts that I spoke of this evening. These noises have always been there, you are simply beginning to notice them. Each one of you has had physical changes in the

brain that are accommodating to the needs we have in the Mission. In other words, you are becoming more equipped to handle spiritual occurrences that you would have had, had not the Rebellion occurred. I have faith in each one of your abilities to recognize spiritual messages. Some occurrences that may happen might only be a reality of the physical world; but I trust in your ability to recognize a message, where there is one. There are a number of gifts that Father has granted you each that you are only now becoming aware of. I do caution you, however – if you display any fear in noticing new occurrences then, of course, Father would slow it down until you're ready. The main focus is that we have our Master's plan and purpose to fulfill. Is this helping, Simon? (Simon: Yes. Thank you.)

ARANDA: In working 40 hours during the week, always standing, I have much pain on my feet, but also emotional pain. I know I have weakness inside; if someone says something I don't like, I start crying. I don't know what to do. I want to be strong in this. What can I do to make myself a stronger person in life?

ABRAHAM: Understood. I know that your job demands a great deal of energy, and the physical pain you feel is normal. I would recommend that you look within and ask: What is really important? Do you do an activity at the cost of your health? I know that most people must have employment and there are issues one must think about when going out to give out energy. At some point, you are emptying the soul and not taking energy back in. There needs to be time throughout the day where you are allowed to take in energy – such as resting; listening to music; talking positively with a friend. I see your priorities as a bit confusing. Think about those things in life that are truly important. Sometime, when you are able, stop and write down five things that you think are important. Then I would ask you to write down five things you think Father thinks are important. As far as your sensitivity expressed in crying, I see that as completely common. I don't see it as weakness at all. When we have pain, this present society has taught us we must not feel it or show it. There is absolutely nothing wrong with showing pain. That should take off some of the pressure you have. As far as the sensitivity causing frustration, I do believe it stems from issues involving your ego. I see you making transitions, and it is difficult; you are feeling pulled in many different directions. This is self-imposed – it doesn't have to be this way. If you want, I can make time to have words with you during your journaling time, just the two of us. Listen for me and we will chat, Aranda. Is there another question?

ZONYA: Yes, is quitting my job to do what I am doing now, a correct choice?

ABRAHAM: It is difficult to say without allowing time to pass. You know that changes in a career takes a lot of time and resources. I would always advise you to play it safe and make sure you can keep up with financial demands. As you gain more time and experience, you will become better at what you want to do – and of course, business will grow therefrom. But in the meantime, you still have to pay the bills. I would recommend that you play it safe and have patience, knowing that transitions take a lot of time. You are very bright and I know that others see you as a gift. You are a good teacher in showing others how to work and live lovingly. While you may be changing careers, your real ministry still is with those people you come in contact with every day. Don't allow discouragement to sneak up on you. Remember to play it

safe. Is this helping? (Zonya: Yes, thank you.)

ABRAHAM. If that is all, I must express how much I enjoy spending time with you. I learn every time we meet, and I am made to laugh and know real joy. I thank you. Mary sends her love, and remember, anytime you have desire to speak with us, we will be there. Our love goes with you. Until next time, shalom.

Resurrection Morning | Being Flexible Helps Us Evolve With Serenity Instead Of Chaos
Abraham & Mary, WOODS CROSS GROUP 04-13-2009

Back

I am ABRAHAM. Greetings. I am enjoying the peaceful atmosphere here this evening. I really enjoy hearing you speak in this group because I feel you are giving your very best. You are not worried what others may think of you, you simply want to add to the overall truth, beauty, and goodness; this type of attitude will be helpful when ministering to your fellows day by day.

I can appreciate that you strive to live a balanced life – you work, rest and play; you make time for study and service. We know this is not our world, but it is our home for the meantime. To tend to obligations helps to make our lives better; and that feeling of ‘doing the right thing’ is a direct connection to Father. Even the smallest of deeds strengthens spiritual circuits between you, the Father, and your fellows.

I know each week as we visit, I am always renewed in spirit. The overwhelming sensations I have in doing my particular job seem to be made clearer and I am reenergized to go forth and be about the Father’s business. The Easter holiday that Christians just celebrated is a good reminder that this life is to go on into the next, and that we will be made into the resurrected morontia form, just as the Master was.

I am MARY. I am with great joy to see you once again. I learn as much from you as Abraham does. Even though the stories of old about ‘the resurrection’ are not quite right, they still perpetuate hope and feelings of goodwill.

Meeting the Master for the first time upon the resurrection, I had no idea who He was at first, I was simply trying to do what I thought was best, which was finding the body of the Master to embalm properly. This was such a devastating time for all of us who had just experienced His crucifixion. We simply wanted to take our traditions and pay honor to the Master’s flesh; I and my sisters had our plans for this, and they were not to happen because the body was gone.

It is difficult for us who have our little traditions and habits to set these aside and try to see the bigger picture. The bigger picture was – the Master had fulfilled His promise by resurrecting and appearing to me – not as I had known Him before but I recognized His voice and the manner in which He spoke to me.

For the Master to have appeared to ‘a woman’ first, really had done a lot to up-step women’s status in the churches; and as such, I went from a disappointment of not being able to continue the traditions when somebody dies, to being given a message by the Master to go and notify the men apostles that ‘the Master had risen.’

Many times we are so stuck in our traditions that it is difficult to receive new information. Even now, many of the Christian churches still promote the old information, and then wonder why the numbers of people are not what they used to be. Hopefully, the churches know they must evolve, just as everything else has had to.

Thinking back to those days of the appearances by the Master – this had certainly opened our eyes. Indeed, we were elated at this new information – and, of the confirmed realities of what would become of us after our lives in the flesh were over.

We each know that disappointment can be the closing of one door and an opening to another, and that it is difficult to keep the brain and heart synchronized. There are many issues that we wish to see come to fruition; and when they do not, we have to learn from history that maybe something else is in the works – maybe something else which Father wants to happen. We know He is our Sovereign and has full knowledge of all that was, is now, and all which will take place.

Yes, if we can quickly get over our disappointments then we can quickly reconnect with the Father to find out His will and what He wants to see happen. Maybe somebody had wanted to be a doctor and finds it is not going to manifest. Perhaps it is because this person has ties to the Correcting Time and will fulfill greater assignments than being a doctor.

This is not to say Father does not want you to have your dreams – of course He does! I am saying, your flexibility will help you to evolve with serenity instead of chaos. At this time in our experience and history, we have learned that anything is possible; our open minds will help us to reach our goals, faster.

This week, try to look for what is really happening in any given situation. Some surface-dilemmas are an illusion for some deeper occurrence to be realized. Be not afraid to stray from tradition, especially those that you have no meaningful understanding why you are doing them anymore. Your feelings of inner-peace can be a guide that will show you logic and practicality. Just like the Master's resurrection, we know all things are possible.

That is all for this evening. Know that Abraham and myself are overjoyed to spend time with you. We send you with our love. Go in peace. Until next time, shalom.

What Are Our Gifts In The Ministry | Time For Accelerating Into The Ministry

Abraham, WOODS CROSS GROUP 04-20-2009

Back

I am ABRAHAM. Greetings. I am always made to feel welcome and I very much appreciate it. Times have changed – from being mere witnesses, to excited believers, to now, dedicated workers. Dedicated workers will do the tasks of the ministry that are not fun; perhaps these tasks are even dirty or boring.

It is interesting to spend years here with individuals and see how they are growing in certain directions – directions that will take them either more toward the ego, or farther from. I can safely say that you, my friends, are farther from the ego of

your beginning Mission days, and have developed a love for truth that is everlasting and which assists you on your way into the next life – the morontia life.

I am so honored to be able to watch you in your interaction with your fellows trying to promote the view of our Master and the Father. I know that various personalities in life can be difficult to work with, but I see you each in good balance using detachment and humor. ‘Detachment,’ meaning not easily hurt by someone’s reaction or rejection.

I am made glad to see how devoted you are to doing the right thing. While you know you have your spiritual tasks to complete, you still maintain the material needs. Yes, the material needs can be cumbersome, but in that busy interaction there are individuals that you work with who are in such need of being acknowledged and/or a little praise. A little encouragement brings out the best in individuals and opens the door to their higher power.

As I research the many areas of my student's needs, I find there is a great amount of people who are feeling lost and alone. I find it wonderful to see you make some casual conversation or eye contact to help weave these individuals into the fabric of our Correcting Time; as you know by now, it does not take much. Yes, a smile or greetings can do a great deal to make somebody feel important – important in a definition that does not put one above others, no, but helps them to feel like they belong.

The human mind is amazing in that practically each individual feels like they are going through some solitary experience that nobody else understands. In the recent Easter celebration, many minds are turned towards the life of Christ. These individuals can, for the most part, see the possibility for new, for change themselves. The churches (or traditions) however, would tell them they are not quite worthy of the possibilities and promises Christ offers. Such is a shame.

How blessed are we to know that the Lord Jesus is at hand, and His Spirit of Truth infiltrates the darkest corners of human living. If anyone understands the plight of mortal living, it is the Master. He has been through everything, from loneliness to terrible stress. He is a wonderful guide to talk us down from our despairing ledges and make the best possible salvage from our so-called wrecks.

I can’t express how elated I feel when I see you each caring like you do – so devoted and open to learn. We can find a sure bet that as we have learned our lessons well, the Master will be forthcoming with yet another. He longs to have you draw near Him. Therefore, the more you learn, the closer you are to Him – and that is His Joy. You have not any idea how He, Michael, our Creator/Brother, knows you each ‘individually,’ and loves you with complete unconditional love.

I can say with authority that the Master is greatly enthused by the success thus far in the Correcting Time. When you dare to think of your most adventurous game – daily living itself – think of the Master as your partner and Father as your coach; both, totally equipping you for the game of a lifetime.

This far in our Correcting Time our moves have been slow but sure. Now we are

finding we must accelerate our moves; so therefor are we training you for more ministerial maneuvers. It is the hope of our Master that you will be challenged and find the unfolding most interesting.

Some time back we spoke of spiritual gifts. We ask that this week you pay attention to your inward leadings that show you what you are gifted at, as far as the ministry goes. Be practical and filter it through your spiritual eyes. You that are dedicated to the service must maintain good mental health; so we ask that you do self-exercises that facilitate that - such as stillness, meditation, creativity, rest, and recreation.

That is all for this evening. Mary, as usual, sends her best. We both offer you all the love that we have. Go in peace. Until next week, shalom.

Reconnecting With Loved Ones Who Are With A Spiritual Attitude

Abraham & Mary, WOODS CROSS GROUP 04-27-2009

Back

I am ABRAHAM. Greetings. I am so grateful to see your beautiful faces again. Always before we start our lesson I pray: "Father, these are your children. Tell them what you would want them to know." I always rely on Father for the highest good to come forth when we gather. I feel blessed to know I am not alone or have to rely on my sole wisdom.

Every week I give you to the Father, and that makes my task of communication easier. I am impressed by your integrity as a group to stay on the side of reality - meaning, that you take our words seriously and put them to work in your own lives.

I am MARY. Greetings, my brothers and sisters. As is Abraham, I am in appreciation of your honesty concerning your daily lives - and, in the Teaching Mission. I also am grateful to know that Father is at hand - not just during our meetings, but always.

I see you each as strong and intelligent, always to keep fighting the good fight of faith. At times individuals that take pride in their strength will be overwhelmed, and life becomes a burden. It is freeing when you can get with your loved ones, explain your stress, and have that support from friends and family. Life, by itself, is a great deal to handle. Independence is commendable, yes! and yet when one is too independent, life can easily become a burden - and hopelessness sets in, as does perhaps, apathy.

I know when I first worked with Jesus, I was given various tasks to go and help the sick and afflicted; I had a lot of difficulties because I had not done such work before. For some reason, my pride would not allow me to admit my difficulties; I felt I would be exposed and seen as weak or defeated. Finally, the stress became too much, and I believed that I could not be of any help in the Master's ministry.

One day I just broke down and told my friends, my sisters in the ministry, that I felt overwhelmed and 'was not cut out for such work.' I had told them I wished to quit and go back into my life of solitude. In just speaking to my sisters, I felt unburdened; and of course, they had wonderful suggestions that could help me dissect

my problems to be workable.

Yes, my friends showed me how to take small steps on various problems that I had, and worry not about the success or failure of my endeavor. They encouraged me to think about compassion for my work and who it was I was helping – and most importantly, how the Master would handle such difficulties. I learned from that point forward that to have friends and family (a support system) is important. Just to be able to talk to individuals and also receive feedback on various solutions, was so helpful.

You can see even in your own group here how helpful it is to free yourself of the mindal burdens of daily life; and with the sharing, you receive some sort of wisdom – and at the very least, understanding and compassion.

This week I am speaking about reconnecting with your loved ones who are with a spiritual attitude. Be not afraid to be your true self. I realize that for some of you, trust in others is difficult, and it seems you would be opening yourself to receive hurt or rejection. But I can say, those that love you will be of service and of support. You cannot live in the shadows and hold your burdens for long without negative consequences.

A person always can talk issues out with their loved ones, yes, and also be there for those who want to talk. This is the strength of the Teaching Mission – a large support system in itself. You always have your Father, Christ Michael, our Universe Mother and Her various helpers, you know that. But being mortal, it is refreshing to talk to someone face-to-face – to feel that true friendship and brotherhood.

This week, spend time with those who know you best; allow yourself to be known, and worry not. That is all for this evening. Abraham and I are due elsewhere, but we are both with great love for each one of you. Until next time, go in peace. Shalom.

Without Father We Are Nothing And The Purpose For Striving Is Lost

Abraham, WOODS CROSS GROUP 05-04-2009

Back

I am ABRAHAM. Greetings. I thank you for your warm welcome each week. I am amazed that the more time we have spent together, the more love I have for you.

I can truly say that you are not the same people you have always been. I see there has been growth in character and mind, resolving of personal issues, acceptance of the reality of our Mission, and plain courage. I know you each have a story that has put your integrity on the line, and you have chosen Father. I am honored to be in a room with such individuals.

We can think back to a time when the spiritual life was not a priority; there were not guidelines for daily living, no. Personally, I can look back at my life in the flesh and see my skewed priorities as a man with no God. I could say truthfully that I was mere animal – one who lived for my own self-satisfaction. I chased after those ideas that filled my need for ego happiness. When I became to believe in the presence of our Father, I knew at that moment I had to release from my life as a

mere animal; and believe me, it was difficult, for I had dreams that I wanted to see come true – through ‘my own hard work’ of course.

Being reborn as a child of the 'One God,' my priorities changed and I let go of my personal dreams. It was important to me to start my life over as a spiritual creature. I can say, however, those dreams I had strived for did not go by the wayside, no, but were transformed and made better; Father showed me 'soul satisfaction' to be everlasting and adding to my growth as a child of God.

I believe one of the most important lessons I learned as a mortal was that 'without the Father, I am nothing,' I am loose and lost energy. Without Father, I do not know love – how to give it or how to receive it. As a human in the everyday world without any sort of spiritual knowledge, I had no real fulfillment. I had lived a life of fear thinking there would never be any real satisfaction, happiness, sense of belonging, or love.

As we look out over the world, we can measure the acceptance of faith by acts of love in communities; and we do see many communities without God, without priorities, without care for the brotherhood.

Ponder upon moments in your own experiences; those days or moments without Father – where was the meaning? Is it not 'meaning' that brings true soul satisfaction? I say, without God the purpose for striving is lost. ‘Without the Father I am nothing’ – I suppose you could say that mortal experience is a lesson in that statement.

We are however, entirely blessed that the Correcting Time is upon us. We have our human workers as well as the spiritual, to bring in knowledge that 'with God there is meaning, purpose, and soul-satisfaction to be had.' Father is not the pot of gold at the end of the rainbow, no; He is not the great enticer of souls, no! He is a real Father who loves you as you are, and longs to have you near him and to be truly happy.

With God, we can say with authority that ‘I am! I have all things.’ Truth, beauty, and goodness become a regular everyday part of reality. Father is the filter we can use to find real meaning, to know joy and love. You Mission workers do well to plant those seeds of spirituality. It is important that you each stay strong in faith so that you can show your brothers and sisters that there is meaning to behold and soul-satisfaction to be had.

Our lesson is short this week but will keep you busy. You are indeed each a blessing – to myself as well as Mary. She sends her love. And with that, we will give you our farewell. Until next time, shalom.

To Stumble And Fall Is Normal | Guilt Serves No Purpose

Abraham & Mary, WOODS CROSS GROUP 05-11-2009

Back

I am ABRAHAM. Greetings. I am grateful to be with you, my family, my fellow co-workers. It is a blessing to view the Correcting Time in movement, in forward momentum, yes. I can see how you have each made great effort to make personal change to adapt to your roles in the Teaching Mission. I know you have sacrificed and have

always strived for the higher road.

I am in understanding of our guest this evening - a student in training as transmission-receiver. We are excited to see the Teaching Mission and Correcting Time move through to the new generation of kingdom believers. If you could view from our perspective, you would be filled with great hope and know that all is well. I am honored to have you, Jordan, here this evening, and would ask you to feel comfortable in receiving a few words if you are in acceptance. I shall give you a few moments. [Editor's note: Jordan (Calvin's son) waited in stillness for a while, but did not receive any words in which he felt clarity.]

[Ellanor TR]: I am MARY. The transmission-receiving process takes time and patience to grasp. I believe that with careful practice, you, Jordan my son, will pick up the words and assist in our Mission.

Our Mission is not a hard one; there are no persecutors for today's kingdom believers. For the most part we work on our self-corrections and share the good news with trusted fellows. I believe the most difficult part is the self-correction. I understand how seemingly weak the 'animal mind' can be. It is understood that you each seek perfection, but I can promise you, you will not reach it in this lifetime and you should not have worry about that. We all stumble and fall from time to time. I believe that every time we have difficulties - therein, is a message for you each.

I know that much of my mortal life I had spent in self-loathing; I could not quite live up to the expectations I had for myself as a minister and a child of God. I think that my self-disappointment had restricted my good works in those first days of the ministry. I know that I carried useless guilt over my life imperfections, and it was with great time and patience that I learned to release this negative feeling and put my mind on something else.

Guilt serves no purpose. It is true we all have a conscience and strive to do good, but I can say that self-correction is ongoing and a part of our purpose as a mortal.

I am aware we are taking some time off for the summer, but have not worry that we will not be around because in this space of time there will be lessons on self-correction and having acceptance for your own imperfections. I do know that many mortals believe they are outside of the kingdom, and feel empty. I know as you go about your ministry, your positive energy that flows from the Father through you will aid in drawing individuals into the love and comfort of the kingdom family.

Our ministry is growing, yes, and we are excited and enthusiastic to be a part of the movement. I know that Christ Michael and the Supreme Being are collaborating on further plans for the planet. They want us to know that they are in every detail; and, that knowledge is moving the whole. Think not that your planet is astray. Our superiors are working with us, side by side, helping each mortal to feel they are a part of the kingdom family; and, that they are able to receive God-consciousness.

It is our own self-correction that puts our spiritual concept into usable action. We always speak of taming the ego, and of course that is a large factor in the process of attaining self-correction. I mean not to say that mortals are born bad, or to say

that over time they become bad, no! I am saying that the integration of 'spirituality and the mortal' begins with quieting the wants, and allowing the possibilities.

Jordan, my son, I would say to keep practicing and just allow. As for you, my brothers and sisters, we will have questions next week and prepare for our summer break. Know that our hearts are ever widening with love for you. That is all for this evening. From Abraham and myself, we bid you, shalom.

Work On Our Personal Weaknesses and Self-Correction Over The Summer Break

Abraham, WOODS CROSS GROUP 05-18-2009

Back

I am ABRAHAM. Greetings. I am with such gratitude for our Father who clears the way for us to advance. We can call many events over our lifetime 'coincidences,' yes, but there are some instances that you cannot deny that has been the implementation of Father's handiwork. We will find over our summer vacation that those pitfalls that continue to trip us will be addressed and we will become equipped with new tools to surpass the ego and better know the spirit.

I will recommend that during our break you each make time for regular stillness with our divine Parents. And, we ask that you make effort to contact Mary or myself on your own for our continued fellowship and instruction. This is good practice and helpful in taming the 'animal-minded' ego.

You know Father does not expect perfection from you in this mortal life. You also know you may struggle in your efforts to overcome certain obstacles - this is not to worry however, it is only further training. Father does arrange many people for you to meet; these interactions are for you to show your faith and to work on your own personal weaknesses. I believe this will be both a challenge and, an education. With that, Mary and myself will take questions.

SIMON: Thank you, Abraham. My life keeps improving exponentially, and keeps my view of it coming from all kinds of interesting directions - both in science and personalities. Sometimes I think I do too much and other times not enough. Do you have any direction or words to steer me through it toward balance?

ABRAHAM: Understood, Simon. There is no doubt you are brilliant and have made huge strides personally. I would however, admonish you to beware of the pitfalls that may seemingly set you back. You must not let your progress made up to this point slip away. You know there is only so much one can do for community and the advancement of technology; but believe me, you have been a fountain of knowledge for many, and I don't doubt that you will continue to do so. You must have seen by now that people really love you for who you really are. You don't have to pretend or put on airs; as a matter of fact, you should not let feelings of rejection bother you at all. I do worry that you may 'throw your pearls before swine,' Simon, wherein your good intentions are not accepted. I am concerned that their rejection may hurt you and cause you some self-doubt. This is not to worry if you can keep up the daily practice of staying strong in the spirit through stillness, reviewing these Mission lessons and studying the Urantia text. Overall, I find you are on a correct path. Stay on that path. Well done, Simon. (Simon: Thank you.)

HARRISON: I am sure you are aware that Sarauna and I are living in two places to take care of my mother. I would welcome any thoughts or words you might have for us.

ABRAHAM: Certainly. I admire you both for taking care of your responsibilities. I see that this is an adventure that you may be accustomed to living and moving forward through. I would also recommend that Sarauna speak her mind on her wishes and desires to plan out the life ahead. You two have made a wonderful team and have helped many. It is your collaborative gift that strengthens your marriage and your ministry. I believe the Father lays out your ministry right before you, and you will serve wherever you feel driven. My point is, that you make the decision together and have not worry about time being a factor. You will know that right thing to do when it causes you feelings of peace. There is no telling what Urantia Book study groups may come forth in North Carolina. Either way, wherever you each go to serve, make it a team effort. Does this help? (Harrison: Yes, thank you.)

CALVIN: I have a friend that is despaired and just wants to check out of life sometimes because of a condition in her head causing pain. If you know about the situation and have anything to add, it is appreciated.

ABRAHAM: My recommendation is your contact with her will help to drive her into a correct decision. There are many foods that cause headaches and along with that, also environmental factors. I mean not to say seek not medical attention – of course, by all means. Through you, she can learn that all hope is not lost and this is just the beginning. Overall, we have to look at her pain from her perspective. Most of us have no idea what she is experiencing and have no right to judge one's desire for quick escape. Father certainly does not judge her. You have been a wonderful minister over these years, Calvin. I have no doubt you can help her find the comfort she is looking for. She could possibly need to seek out a new doctor as well. That is all.

CALVIN: Our good buddy Marlin, living in Michigan, sends a question. He says there seems to be a lot of demons running around and causing trouble with people when we thought they were long gone. That is the core of his question should you want to reply to him.

ABRAHAM: Demons? No, not at all. There are updated occurrences that are involved now on the planet but have not to do with demons. Midwayers, angels, and 'life carriers' – yes, but not any evil influences at all. This thinking of malevolent spirits is a result of those teachings from his past. It is a deep-seated fear within him that seemingly brings such to life. More study with the Urantia Book combined with our Mission lessons, and more contact with other readers and Mission students will help to make his faith foundation stronger, and he will see not such an evil influence in the world. Many times I believe that people have their own evil behavior that causes guilt and they can project that off onto the world. He could check his own conscience. Have no worry, Marlin, for you have access to greater spirit forces that are above things seemingly evil.

MIRIAM: How are you doing, Abraham? Could you tell us your personal story? Also, I haven't heard anything about Machiventalately. What is he up to? Do you mind me

asking?

ABRAHAM: No, that is perfectly acceptable. As you might guess, we are all very busy working with individuals, as well as groups. I have twenty-five transmission-receivers that I am working with at the time, and I am just one Teacher. Mary accompanies me sometimes; other times she goes on her own to aid in the unfair gender causes around the world. I have so much enjoyed the friendships I have made and the new ones I make daily. I still make effort to live a balanced existence – and with all the work there is, that is not always possible, for I too can be stressed. For the most part though, I enjoy the very best that the Father has offered us. Machiventastill works diligently but his Mission is mostly in management. There are so many involved; and yet, still so many are needed to help organize for what lies ahead, I can't even say. But I do know I am grateful that you each have made the decision to help us in the Master's cause, and just as we spoke last week of the new generation coming in to take up our work, we are now seeing our beginning students take on students of their own. Well done. Thank you for asking.

TECTRA: Can you just kind of give me some words or an update. I know you kind of monitor situations that I've gone through in this last year, consciousness-wise. Can you give me some words of things I could possibly work on in this situation with my consciousness and sensitivity?

ABRAHAM: Tectra, I see you working more with some volunteer groups because people feel comfortable with you. You do have an attitude like the Master's, who was not judgmental and was accepting of all. I see you taking up a side project or two. Do some volunteer work. In the meantime, I am excited about the responsible life you have made for yourself as far as the past year has been concerned. We all know that Jesus' apostles were ministers; and yet, they still had to put food on their table. You have come into a full understanding of that just in this past year and I am excited about that. You do however, miss the one-on-one ministry with certain individuals. I would recommend that you do a little research on this topic of a side project and find something that piques your interest. You are a wonderful minister. People feel comfortable with you, and therefore, will open up. Opening up is everything. Is this answering? (Tectra: Yes, thank you.)

ANTHONY: Do you have any help for those of us that are a little reluctant or not able to hear your voice in our own minds?

ABRAHAM: You don't have to hear it 'physically.' There are those who can simply grasp my meaning. It needs not be a big ordeal, no; to make 'natural' spiritual connections has been the purpose over these many years in the Correcting Time. This Mission is a natural endeavor. I would have not worry in expecting an auditory sound, but more-so that you have a simple understanding of what might be being said. If you hear it, you hear it. You can try to hone your skills, yes, but for the most part you can always get the message without having a material means.

SHYANNE: Can you give me a personal assessment before we go on summer vacation, please?

I am MARY: Certainly, I can say that I understand your struggle, my daughter, for I

have experienced it myself. I would recommend that you find those things you are believing you need self-correction in; make a list, and then give that time. Perhaps what you believe to be the self-correction you need is really nothing, and Father will show you where you can put your energy. You have a wonderful heart and are a little afraid to have it be out in the open. Yes, this I understand. With our time this summer, let us concentrate on being observant on more of the immediate things that need to be tended to, not so much the long-term things. I feel you may be feeling overwhelmed, and we would certainly never want you to feel that way. For the most part, I know you want to be of assistance in the Correcting Time – and believe me, you are, to a point. After our summer training, you will pick up more ministerial tasks if you should so desire. Have not worry, but rise to the challenge. I believe you are a powerful woman in your own right. We have complete faith in you. Does this help? (Shyanne: Yes, thank you.)

JORDAN: When I'm sitting in meditation or stillness, listening, I hear a few different noises that can almost come into some clarity. Would there be any significance between the different sounds I hear? Does that make sense?

I am ABRAHAM: Yes. Sometimes what you are picking up on is the frequency of the cosmic mind. I know that our methods of communication use those circuits; some are sounds to get your attention, and some are nothing. I would concentrate on the formation of the syllables, not so much worry about sounds. After some time goes by, these sounds will not be confusing to you; but while you are being prepared as a transmission-receiver you will probably notice everything. I believe you want the very best or nothing at all. That is that mark of an adequate transmission-receiver. Focus on syllables being put together, write them down even. Try not to force it but to relax. Simply offer yourself available and that is all. If nothing happens, so be it. We are inspired by your integrity, Jordan, and will do all we can to work with you. I would recommend to make some time with your group transmission/receiver here, Ellanor, to have a practice session.

My words are growing weak. To you each, we have a few weeks rest and then it appears we will be meeting again as a group. Look for those self-corrections in your personal life that might help you to advance spiritually. Make time for rest. Let go of those ties that are self-imposed; and yes, relax.

Know that I will not be far away. We are with continuing love for each one of you. Have not fear, we will meet again soon. Our love goes with you. Until next time, shalom.

The Various Stages of Life Are Normal, Learn From Each
Abraham & Mary, WOODS CROSS GROUP 06-22-2009
Back

[Editor's note: This meeting was after 4 weeks of no meetings/sessions with Abraham/Mary.]

I am Abraham. Greetings. Our method of communication is a little out of practice so there may be delays. I can't express how wonderful it is to see your beautiful faces gathered here.

The love among you is a growing entity. I have been somewhat involved with your

summer experiences. I can see growth, yes, and the effort you each make is truly touching. I am inspired by your desire to always do good. I find it interesting how the various stages of life bring with it certain behaviors – for example:

- A teenager who wishes to have piercings or tattoos.
- A person in their twenties may desire to start a family.
- A person in their thirties concentrates a great deal on material needs.
- A person in their forties looks back upon their lives and sees what they may have missed; a great deal of the time this stage brings about certain rebellious behaviors.
- Individuals in their fifties start looking ahead at how their life will continue on, even after retirement. This is somewhat stressful and can bring about depression and/or anger.
- People in their sixties look back upon their lives to see what accomplishments they may have made. For example, how did their offspring turn out? How may the parent have made mistakes and wished to make amends.
- Individuals in their seventies start to accept life 'as it is' and hold their hands in the air to let go of those ideals they thought were so valuable. The values and meanings are changing when somebody reaches seventy.

I speak on these topics to say that you, as mortals, are supposed to experience these events. You may go down the low path and make mistakes – yes, this will probably happen. With your practicing faith you can climb up out of this hole and reach for the Father's hand, He would gladly pull you into His safety. I am saying, as mortals you will make mistakes, yes; and you know you can rise above them. I pray you not dwell on these mistakes and not allow guilt to get the better of you. Every day is a new opportunity to do better.

I am MARY. I am with excitement to be with you and share your experiences. I find our break has been valuable in that each individual must make more effort to spend time with God. I can say that in my mortal experience I did travel down a risky path; my mind was curious and my heart was lonely. I found myself saying 'what have I got to lose.' I suppose I felt rebellious and a little self-destructive.

We will all make mistakes and perhaps choose a bad road, but I am in agreement with Abraham when he says Father's hand is outstretched waiting for you to take it – to strengthen your faith, open your heart and mind, and go on to the path of light. We really need not look back at the nasty details of our bad choices, but we do need to learn from them, yes.

When viewing the two paths we have taken – the right choices and the dark ones – I ask that we honestly reflect on which path has served you best? Which has shown you the meanings and values that help you to advance as a person and as a child of God? There is so much to learn from our choices – good or bad.

If ever you are in that indulging mode of thinking 'what have I got to lose,' I advise to take caution. I say this because there is a great deal of pain that can await – and some issues, some choices, you may just have to live with. Abraham and I are here to say that you can always start over, always start again at ground zero, always rebuild a new foundation of faith.

Many individuals who have made terrible mistakes dwell in guilt and constantly

self-punish; and therefore, really never move out from the cycle. Do you know what I am saying? We can learn from our mistakes, and then move on! We can go toward the path of righteousness and feel the forgiveness of a loving Father who would like to teach you a new and better way, yes.

I do believe that mortals value love more than anything, and the purest form of love that grows your soul comes from the Father, the First Source and Center. This love is like a fuel that carries you throughout the day; it improves your skills to cope with events that may beat upon your spirit. Father's love is a shield that repels those that may try to keep you down. Father's love is empowerment that keeps you in forward momentum.

I am so honored to speak with you this evening. I have missed you and our gathering as a group. I am however, in understanding of the need for the break. Yes, it has been helpful.

I do believe that without our regular meetings - or our continual exercises in faith-building, such as stillness, reading the Urantia Book, and a review of our Mission lessons - that some of us may tend to move toward that dark side. Without faith-building exercise we tend to forget about Father and His goodness. It is, then, easy to find ourselves in an empty place, feeling spiritually orphaned. I tell you to reach out at these times, yes, because He awaits your touch.

I believe that is all for this evening. I am with growing encouragement for seeing the type of people you are, always embracing truth, beauty, and goodness. From Abraham and myself, we send you with our ever-growing love and bid you, shalom. [Editor's note: We are going to once per month meeting for the summer.]

Break Free From The Hold Societies' Values Have On Us

Abraham & Mary, WOODS CROSS GROUP 07-20-2009

Back

I am ABRAHAM. Greetings. I am always happy to meet with your warm and loving personalities. I enjoy each unique character within this class; everyone has something to offer and everyone also receives.

As I have observed your summer vacation, I see such busyness, almost too busy! and yet, I find you are discovering what is truly valuable in living. When you take societal traditions out of the equation for quality or value of life, you find all things not of eternal value can fall away; yet you are still with the truth of the living God. The more time we spend with Father the more we find out what is really valuable.

The lessons in your daily experiences are like a map that leads you, for the most part, toward advancement. You may veer off the road from time to time but you can always come back and find your right path. I say 'your path' because you are a child of God, and every child has a different path. When the majority of the world comes to believe this, then will you see the stages of Light and Life in motion.

I can understand that you must live a decent life in the eyes of society, and it is understood that you are prone to want and appreciate acceptance - or at least to

feel normal among your peers. We, as a Correcting Time group, don't quite live up to societies' traditions, and yet we must remember that 'individually' our path is our own. We are not to feel dread nor guilt because our path is not like other dominant religions, no! we are to learn from our experiences and find growth therein.

Have not regret, but open your mind each day to the lessons Father has to impart to you. I mean to say you are not separate – you and your Indwelling Father; I am saying you can feel comforted by your decision to turn within and find your God, and know that there is value to be had in your daily life experience.

I am MARY. Greetings my friends, my warm spirits. I am with overflowing joy to be with you this evening. I am in understanding of Abraham's words that talk to us about breaking the hold that societies' values have on us and embracing our own path. As you each know, I had made faulty life decisions in my days in the flesh. I certainly had an inferiority complex about the life I had led. I had not felt as though I even belonged in the world, let alone in the kingdom family with the Creator of it.

I can tell you that lessons with Jesus had taught me the freedom of knowing I could go within for answers and know Father for myself. It wasn't up to anyone to judge me – especially myself! and no person was to define my life or have me stay limited. The Master totally lived this belief – and He did not shun the ways of the world, but found comfort in finding Father's definitions of what value there was to be had.

I know that there are so many of Father's children screaming for attention and trying to find love and acceptance. I can say that you, as ministers in our Correcting Time, are fully prepared to make these individuals feel comfortable and 'normal.' Those that feel 'abnormal' feel not accepted, and have no connection with other people.

If you have done your work to make room for Father's definitions in your living, then you have to feel confident that you are on a good path. While you may stray from time to time, those times are especially important, yes, to be observant and to obtain understanding of Father's definitions of those particular experiences.

That is all for this evening. I do believe next time we meet it will be around the celebration of the Master's birth on this planet. I am with happiness to envision our togetherness. Abraham and I would ask you each to make time for us to give you each a few words in your moments of stillness. It is our desire to have a small amount of time with you each.

Know that our love is continually growing, and we bid you go in peace. Until next time, shalom.

The Importance Of Fellowship and of Michael's Closeness | Forget Not To Feed The Mortal Spirit

Abraham, WOODS CROSS, UTAH 08-21-2009

Back

[Editor's note: This annual gathering to celebrate Michael's mortal birth was held at Crystal Hot Springs in Honeyville, Utah. Our sister TM mission group from

Pocatello, Idaho were invited.]

I am ABRAHAM. Greetings. I am quite touched by your offerings and your willingness to partake of truth, beauty, and goodness. I find the spirit of man fascinating in that there are so many facets of the human heart and mind.

I have learned a great deal this particular summer. I have been allowed to visit with you each from time to time. I understand that every day for some is not a day for thoughts of our Father, and tending to the needs of the soul is neglected. It is likened to malnutrition – the obligations of your lives and what your eyes can see can sometimes take priority over feeding the spirit. And this is why we have taught stillness and promoted the study of these lessons and the Urantia Papers.

We as Teachers have helped to feed your spirits for many years; and this summer was an experiment of sorts, to see if our students can feed themselves. This is not to be insulting but to gain knowledge in teaching techniques, for in reality we are still learning about the fruitful connections of the human brain and mind with the cosmic mind.

There are so many angles in this experiment, yes. And in that, we've observed that all too often what one's eyes can see becomes more important than the commitment to understanding meanings and values. Believe me, it is perfectly acceptable – it is your path to take. I am not to say it is right or wrong, no! I am saying I am truly touched and intrigued by the spirit and resilience of man.

I can say, over our many years we have taught the importance of finding meaning and value in our every-day experience – becoming more honest with the self and advancing as a budding spirit and a child of God. And I can see from our break during the summer that you are finding out how important 'fellowship' is. It is comforting to know you are among other believers and truth-seekers, yes. It is comforting to know that you have a real connection to the kingdom family.

Yes, our fellowship is what tells us that what is before our eyes could be quite misleading, and that through one another we can enliven the Spirit of Truth to see and perceive more clearly. The world of today is full of illusions; and without fellowship, study and stillness, we begin to believe in the illusions. And then, when we are disillusioned by discovering the truth, there is a great chance many times, of becoming embittered or angered at God. We can see in this human frailty there are no lessons, no meaning; just simply learning to endure, or exist.

Father gave you one another so that you may have truth and happiness in brotherly love. In love, there is abundance; there is the ability to look beyond what the eyes can see, to a curiosity or drive to find out what the spirit can see. You know that your Brother/Father would like to be included in your fellowship; He would love to know your thoughts, yes, and help you to learn what meanings and values may be in each experience.

How appropriate on this day to think of Christ Michael as a friend, fellow traveler, a brother – one who loves you beyond your comprehension; one who finds joy in your personality, your outlook on the human experience. Our Brother/Father does organize the experiences of mortals with the cosmic mind and Supreme Being; He is fatherly in

the way that He cares for His children and desires for each one to advance. Therefore, He must pursue His obligations to help you to learn, yes.

My friends, your experience to the Supreme Being must be defined by Michael; it is sort of reprogrammed, sorted and defined with each experience, to go back to the planet in new and advanced lessons. It is the desire of Michael, our Spirit of Truth, to be as close with you as possible so that He can fulfill His obligation to you and to this world; and also show that He simply loves you dearly as a fellow traveler toward Father. In your fellowship, know that Michael is among you. He asks that you forget not that he is at your side with the spiritual nutrition required for the growing soul.

In your absence from spiritual practice, forget not that Michael is informal; His presence with you needs not special time and place, no, but simply for your mind to find some quiet where it can rise above what the eyes can see. To be without spiritual practice is a soul-sickness that affects every area of life – there will not be real joy, happiness and love; nor will true meanings and values be realized.

On this occasion of honoring Michael's mortal birth on our world, let us go from our gathering with the intention to befriend our beloved Father/Brother throughout our whole day, each day. Let us add Him into our social circles as well as our private minds. Mary sends her love. Know that we are not far off. We are asking you to forget not to feed the spirit (soul). Let us go from here with the fullness of fellowship, friendship, and love. Go in peace. Until next time, shalom.

Jesus and Nalda At The Well | Share With Our Fellows What We Have Learned Within Abraham, WOODS CROSS GROUP 09-28-2009
Back

I am ABRAHAM. Greetings. It is such a pleasure for me to see your beautiful faces. I am honored to be with individuals who are with integrity and good intentions. From my position I can know you without really speaking to you. I can feel, so to speak, the person that you really are. I can see how you each have tried to help in some way to make someone else's life better – and I believe that is key to our Correcting Time.

You each have desire to be of service and set the examples that you have learned over your years of believing. I have found in my own experience that teaching others has helped me to become a better person, a better teacher. I have always opportunity to use these skills I have learned over my years of faith; and I am able to maintain these skills because I put them to practice.

I know that many times the mortal spirit can feel like a wanting child; the child can look in many places for fulfillment. I know that individuals who are willing to put forth effort to teach, or use their spiritual skills in service to their fellows, are with fulfillment.

During times of stillness or spiritual study, it is an excellent time to look up to Father and allow your spirit to be nourished by His love and wisdom. Then there is that time when we are in social circles and need to practice the spiritual skills that we have learned – to set the example that Christ has taught us.

As I take in spiritual study or nourishment, I am filled with desire to help my fellows. I have supreme joy in spreading the good news and fellowshiping with the many individuals – seen and unseen. Yes my friends, we cannot take our spiritual education seriously if we hold within, those meanings and values that have become us, and not allow ourselves to be known.

There are circumstances every day where we can use what we have learned to help others draw closer to the Spirit within. We can take the examples of Nalda and Jesus at the well: As we picture the Master, we can see He did not put on airs; nor did He wear a different personality – Jesus was simply Jesus as he shared with Nalda.

When we picture Nalda, she was not her true self but a creature looking to meet some sort of need. She was acting upon her more animal-like ego skills than her spiritual skills. As the Master confronted her with truth, she was able to drop her façade and draw closer to the spirit within. How simple is this story and yet, so profound. It took not a lot of effort on the part of the Master; He was simply being Himself; and having been full of the love of the Father, He wanted to reach out.

Deep down, most individuals would desire a gentle truth; and we know that Jesus was skilled at providing a gentle truth – allowing others to figure out issues for themselves. He trusted in His fellows to have some intelligence. He was encouraging and always showed Himself to be with individuals, not against them, sort of like a coach – meaning that we are all playing for the same team.

I know each one of you are spiritually skilled, and sometimes have hesitation to use what you have learned in your daily interactions. I would encourage you to be like the Master at the well – no façade, filled with the love of God and the desire to do His bidding and good works. I believe you would find great joy in passing along what you have learned through experience. This generates meanings and values, and a closeness with the Father.

That is all for this evening. Mary sends her regards and will be with us next time. Talk amongst yourselves if there is a desire for questions, and we can handle that situation when we meet again. Know that our love is always growing for each one of you. Carry on. Until next time, shalom.

Jesus in Gethsemane Overcomes The Animal Desires For Comfort

Abraham & Mary, WOODS CROSS GROUP 10-26-2009

Back

I am ABRAHAM. Greetings. I do much appreciate being here, gathered with like minds. I understand you each to be deep-thinking and always making effort to stay the course. I can understand the mortal life to continually pull you in many different directions. I know, having lived the mortal life myself, that the mind and heart are willing but the flesh can be weak.

I am MARY. I am honored to be with you again, my friends. As Abraham speaks of the various issues that may pull on your mind, I am reminded of the Master as He was coming to the reality that His time on Earth was over. There are times in the mortal life where the ego (or animal-self) screams for instant gratification; and many

times, individuals experience pain which may cause them to seek this instant comfort.

We can all say that instant comfort may not always be a positive choice. In the instance of the Master at Gethsemane, where He asked the Apostles to stay alert and pray with Him, for His mind was in great pain – the Apostles, having a good heart and honorable intentions, could not help but answer the call of physical discomfort; and so they slept.

I sometimes wonder what difference there would have been had the Apostles remained awake to comfort Jesus in His time of need. I believe the Master was to be humanly alone at that time so He could feel a better spiritual connection. The Master could have very well opted for physical comfort. He could have chosen a different path out of mortal life; and definitely was it a struggle to answer the spiritual call to remain steadfast in the Father's will.

Mortal life is a series of choices. You can choose instant gratification, or you can ask the Spirit for assistance. Those that rely upon the Spirit are strengthened to cope with various issues that can be quite painful, but in the end, find an ultimate good. The real exercise of faith, is being patient with the Spirit and trusting in Father to take care of you, and to help you make those difficult decisions.

As we remember the story of Jesus coming to terms with reality in the garden; seeing His struggle, seeing His tears, we know that this took time and that eventually He was ministered to by the angel. The time that had passed was the teacher for the Master, because He was still part man, yes, and the human mind had to make a choice between escape and the will of the Father. The flesh (or the animal-self) does seek instant comfort, but the Spirit listens for guidance and finds long-term solutions to life's issues.

We have to ask ourselves: 'In whom do we serve?' I can say that the more you practice your faith, the more strength you will find to answer the call of the Spirit. The less you practice, the more the animal-self is in control. And I can say from experience, when the animal is in control, life is definitely out of control.

I am so glad to be with you again. I learn so much from your conversations and issues about everyday-life occurrences. I see you as having been strengthened over these years. I fully have faith in your abilities to continue to work with the Spirit and know that there is an ultimate good in all experience.

We will keep this lesson short. Know that Abraham and I are not far off. We are with deep and abiding love for you each. From Abraham and myself, we wish you a productive week and we'll meet again soon. Until next time, we bid you, shalom.

Our Most Difficult Moments Strengthens Our Minds | Time is a Teacher
Abraham & Mary, WOODS CROSS GROUP 11-02-2009
Back

I am ABRAHAM. Greetings. I am enjoying this serene evening. I feel a great amount of love and connection with you each. Even though we are small in number, the energy

feels just right. Some of the time the excitement of the group is a cause for some static, so I find this evening to be a peaceful conduit for the lesson.

I see you each as people of action – and for that, I am pleased to also learn from you. We do well to wait upon the guidance of the Spirit, and yet many times individuals are afraid to go forth with action. The Spirit can nudge you in many different ways, and the subconscious (or ego) can reject the Spirit's suggestions.

Inside of the adult mind, there is still, partially, the mind of a child. The child's mind tends to be fearful and afraid to be one who is willing to take action when the Spirit guides. As you experience life and grow closer to the Spirit, you become strengthened by knowing spiritual things. The adult-minded mortal is more willing to adjust in thinking, and therefore take action in life's circumstances when prompted.

I am MARY. Again, greetings to you, my friends. I can relate with this evening's lesson because I feel I was a person of action in my mortal days – and yet my thoughts were rash. I am again made to think of the Master when in Gethsemane, who struggled to persuade the inner Childs' mind to adjust to the Father's will. His struggle to release the spirit poisons and take in spiritual knowledge is what had strengthened Him for what was to come. The Master experienced betrayal, along with mindal and physical pain, frustration, and thoughts of defeat.

As we ponder the rest of the Master's life from that point, we can see He acted with grace and composed His emotions; He could have stood in front of His accusers and made an emotional plea for His life, and yet He stood silent with strength and true grace. We know that much of His strength was gained from His experience in life with human aloneness, yes, and a reconciliation of the mortal mind to adapt to the Father's will.

As we have practiced the spiritual life, we can see how our most difficult moments strengthened our minds to be active in bringing forth a beneficial solution. I know from my own experience, I always had learned a great deal from being humbled, time after time. From those moments of feeling humiliation in my experiences, I learned to be quiet in the busy mind and to listen for the Father's guidance. In the busy mind, I had difficulty remembering all I had learned from practicing the spiritual life.

Friends, this transition to adult-mindedness is an effort that takes time and patience. It is important to remember the help we have instead of dwelling in our loneliness and 'child's-mind.' The Spirit of Truth is continually active in helping mortals to grow and be strengthened to cope with anything mortal life has to offer. Your indwelling Father is a source of comfort if you will simply seek Him out. Our Mother Spirit is a source of intelligence; should you call upon Her She will aid in control with your emotions and issues of spirit poisons.

We have help, yes, we have all that we need. The Correcting Time is teaching Father's children how to live their best mortal life, and to have faith in the life to come.

I know from experience that your spirit can feel overwhelmed and burdened. This is an open door to communicating with the Spirit if you can remember to do so. Allow the Spirit to help you see the whole picture. You each know how it feels to be a victim of life's circumstances; and yet, how different we can feel when we are close to the Spirit and feel empowered. Time is a teacher, yes.

I am again happy to see your beautiful faces. Always is my door open, as is Abraham's, as fellow sojourners who have been commissioned to teach. Our love for you is continually growing. And with that, we shall close. We bid you go in peace. Until next time, shalom

Seek Our Divine Mother's Help, Daily, To Keep Healthy Attitude and Perspective
Abraham & Mary, WOODS CROSS GROUP 11-09-2009
Back

I am ABRAHAM. Greetings. I am happy to meet with you again. I am so grateful that we as a group give sovereignty to Father; He sits at the head of our table and provides nothing but the best for us, His children.

We also thank the Master - our Spirit of Truth, our Brother/Father - for opening the world up to a new light. We have access to tremendous amounts of information because of the Spirit of Truth. All things that need attention will be shown, and does provide opportunity for Father's children to use their spiritual skills.

This time of year we also often give our thoughts over to our Mother Spirit who is always a patient accommodator. Her presence in the world now is so significant because it is helping to repress chaos and generate some sort of order within the human mind; it would appear at times that our minds can be our greatest enemy. Our thoughts can be manipulated by the world - or, freely given-over to the Spirit which results in peace.

I know the world around you can be overwhelming, and many do seek escape or some form of mindal freedom. I hope that you each know it is not a requirement as a mortal to do everything you possibly can in one lifetime. Our eternal careers will see to our experiencing everything that we need.

Many of us know that our thoughts create our attitudes, and our attitude out in society is a minister of sorts. If we are depressed and tired, then there is not good news to be had - which ripples out just like good ripples out. If our attitude is open and adventurous, our faces are magnetized to other faces which crave socialization and a generation of love.

The effort we make to communicate with Mother aids greatly in our peace of mind and daily attitude. She shows us why we think the way we do, where our original thoughts came from, and how we can change them to create a positive attitude and a source for peace.

I am MARY. Again, greetings to you, my friends. I think back to my days in the flesh where anything female was not respected. This concept of a 'Mother God' was difficult, especially for men, to take in. Having been raised by a mother with very little parenting skills, I was distrustful of taking in such a friend as the Mother

Spirit - I definitely did not want to be disappointed yet again.

I was so grateful to take time to understand our wonderful Universe Mother, Her motherly ways and how She is one with pure intelligence and common sense. I made it a habit to take my fearful thinking to Her and have Her show me the origin of my thoughts and how I could change them; and also, change behavior. What a wonderful friend.

In this day and age, as when I lived this mortal life, the Mother Spirit is still not well recognized; but as time goes on, Father's children will see - that without the Mother-influence, the universes are off-balance. Yes, even in the heavens, everyone has their roles to fulfill. I am grateful to know Mother and find out more about Her every day. As the weeks go on we will make effort to understand Her, and the adjutant mind-spirits who assist Her.

That is all for this evening. Keep Mother at the forefront of your thinking this week, and have not fear to tell Her your emotions in various circumstances. Watch our Mother Spirit make chaos orderly. From Abraham and myself, we bid you go in peace. Shalom.

Mother's Intelligence Brings Logic To Spirituality | The Futility of Gossip
Abraham & Mary, WOODS CROSS GROUP 11-16-2009

Back

I am ABRAHAM. Greetings. It is a wonderfully serene atmosphere here this evening. I appreciate your willingness to be seen 'as you are.' I hope that you know how much you are loved just as you are.

In this mortal life it is common to stray from the path from time to time; various instances may cloud your vision; obligations blindside your ability to make spiritual decisions. Many individuals feel a need to be productive all the time and there is an inner drive to keep moving; they may keep moving even though not much is productive - it just feels that it is.

As the world upsteps in technology and various high-tech adventures, there seems to be a need to always 'stay on top of the game.' This compelling feeling is an unnecessary pressure; we try to do too much all at once instead of taking time to really experience various circumstances. I know personally, I would like to have avoided those issues in my mortal life that were not food for the ego. My motivation was power, and that was where my energy went. Most of the time I felt drained and unsatisfied - perhaps foolish. I always felt there had to be 'something out there,' with more meaning and value.

I am MARY. Greetings, friends. I enjoy this particular lesson because I feel I have experienced it over and over again. We last discussed the helpfulness of our Mother Spirit and how close She is to us as far as emotions or higher-minded thinking is concerned.

I know that as mortals we can take in great amounts of spiritual knowledge. We can have memories of this scripture or that; this lesson or that; but these are simply theories until Mother breathes the breath of life into them and makes our spiritual

experiences real.

As mortals, we know there are some things we can trust – a few things we can, and do, count on; and I believe these are lessons that have been enlivened by our Mother. For instance: As a mortal, I had a particular lesson on gossip and I knew it was of a negative mind; it was harmful to me, as well as others, and yet I still participated in it. One day I discovered some negative gossip about myself and my personal techniques of ministry; it was painful to discover. Mother found this an opportune time to show all sides of this lesson and make it real for me.

From this harsh experience, gossiping soon became something I would just lose interest in; I developed new skills to avoid it – for examples: changing the subject; or, I could find something positive to say about the person we were speaking of. Yes, it took experience, and Mother making this understandable for me, to realize that gossiping is futile and to have no desire for it in my life.

We can learn so many spiritual laws and higher ways of living – and yet, these new realities do not really stay with us; we know of them mentally, yes, but they are not a living reality until Mother finds us ready to take in the lesson on a soul level where our new awarenesses and new skills are deeper embedded. Mother helps us to find the truth in spiritual laws and to understand how they apply. She helps us to understand issues beyond the mortal and mental level, to cultivating the ability to know it on a soul level.

As you experience your mortal lives and you seek more training, you will come to understand Mother quite well because She coordinates with the Spirit of Truth to bring us understanding of lessons, or universal laws. While She appears to be far away, She knows each one of us very well and loves us with a protective love. Just like Michael, Mother wants us to continue on in our eternal careers – learning what we are ready for, so we can keep completing the goals that are set before us. Yes, our Mother is a wonderful helper in our soul development and education.

This week – as we begin to feel ourselves being pulled from our path, let us give thought to Mother and how Her intelligence brings logic to spirituality. Reading or studying is more enlightening when you have invited Mother to show you the realness of a lesson or concept. She breathes the breath of life into worthwhile theories. Know that those theories which you cannot understand probably are not that important for the present time. Mother knows you very well; and what you are ready for, She will give.

That is all for this evening. We are so blessed in knowing the Trinity works for our well-being. A complete understanding of Father, the Spirit of Truth, and the Holy Mother Spirit, will be beneficial in our upcoming lessons. Know that our love grows for you each time we meet. Go in peace. Until next time, shalom.

The Spirit of Truth And Mother Spirit Brings Truth And Our Understanding Of It
Abraham, WOODS CROSS GROUP 11-23-2009

Back

I am ABRAHAM. Greetings. It is once again a treat for me to be with you. I love all your real-life stories and how you apply your spiritual principles to them. Know

that with a thriving spiritual life we are more likely to be healthy in a mental, physical, and an emotional way.

I love to meet with you truth-seekers; you are willing to see all angles of a situation without personal prejudices. We know that we can enforce our angle of truth in our own minds to meet our personal beliefs. How blessed are we to have the Spirit of Truth who is patient in His teachings – and yet, direct. Some truths are only learned through repeated experiences; this is not to punish, but to enlighten.

You know that when we pass from this mortal life, we will hopefully have experienced some training on receiving more of the full truth of what to expect upon our awakening – or in other words, the sometimes 'bright but blinding light.' We each have to question some truths that we hold so firmly onto and which cause us to defend such. The Master can work more thoroughly when truths are accepted naturally than when seen through judgmental or tradition-bound eyes.

When you are so firmly grounded in beliefs, they are likely to stagnate, and higher truths are overlooked. The Master is a conductor of experience and new understanding; and as such, He teaches higher-mindedness – such as those truths regarding our Universe Mother. All we must do is call upon Michael and be open to His suggestions.

I am not saying to stop questioning theories as they come into your mind, no! but to measure your levels of truth with how you feel they could possibly serve. Are these truths self-serving? Are we stepping in the Master's way of providing His truth, to put a spin on truth to how we would have it?

It is an amazing combination – the Spirit of Truth and our Mother Spirit, who assists us in our seemingly uninteresting aspects of mortal living. One is powerful to uncover truth, and the other is helping us to decipher it. They are kind and loving Parents who do not sugar-coat truth; they will not change their ways to suit ours – we can try all we want. There are many gifts these two Parental figures give us that show us our own talents; and if we are open and without judgment, we can find new callings or discover new talents we have not considered.

We have all experienced the growth of intuition since we have begun our Correcting Time. Intuition is built upon both by Mother and Michael's Spirit. We can attain this gift for ourselves given time and patience. Yes, we can cultivate our gift of intuition by seeking the presence of our Divine Parents; they each have knowledge and power to make seemingly meaningless circumstances into something valued and easily understood.

This week, we recommend that you seek the presence of both Michael and our Mother, in connection with Father, in those typical difficulties in daily living. What gifts do they bring that help your gifts to flourish? Our understanding is they are the Trinity, and are with completeness. How blessed are we to know them on an intimate level.

Mary will be with us next week; and as usual, she sends her love, as I also do. Go in peace. Until next time, shalom.

The Trinity Teaches Us Meaning And Value Out Of Truth, Beauty, And Goodness
Abraham & Mary, WOODS CROSS GROUP 11-30-2009

Back

I am ABRAHAM. Greetings. I am thankful to be with you once again. I can say with all sincerity that knowing you each has indeed been a blessing. It is educational for me to be witness to your experiences, yes, because my own experiences were from another era. I am to keep updated so I can adjust the lessons according to our present-day needs.

I can honestly say that I am often surprised by mortal events of the present day. Some circumstances of human living have remained the same, yes, but more and more every day am I finding out about new human behavior. I find today's human emotions of the average person quite raw and painful for those having the experience. With the planetary circuits having been reconnected, mortals of today feel more. Without spiritual foundation, human despair will win over hope. It matters not your station in life--male, female, rich or poor--a spiritual foundation is required to maintain hope and have a reason for cause and effect.

I am MARY. Always am I joy-filled when I can spend time with you. I do believe I can understand the mortal's emotional difficulties. I know very well how living is without Father. In my early days, my morality system was practically non-existent. I had not respect for myself or others because I had not incorporated meanings and values - I had only survival mode. When kindness happened upon me, I thought nothing of it; I thought not to pass it on but looked more at the situation as a chance of good or bad luck.

I am so grateful for the salvation the Master brought to us. Along with the knowledge that Father does dwell within us, He taught us we would never be alone or in such despair that we would never find relief. My spiritual awakening (personally speaking) took a while. It was with awareness of Michael's words, and a growing knowledge of spiritual assistance at hand - His Spirit of Truth - that meaning and values came to life. I began to understand that the more seeds of love I planted, the more love I harvested. The meaning in this came to me as one belonging to a vast kingdom family.

As I grew older in years I felt as though I had become one with the wisdom of the spirit. Looking back over the many years, I can feel the gratitude of having the Trinity as my salvation plan. Michael was enlightening us to the truth, while Mother showed us the wisdom - and our internal Father compiled the meanings and values.

We speak of our internal Father because He is most understandable and the closest personality to us. We are complete in our understanding of our progressive plan with Father and His personal indwelling, for He brings the power to make all things possible. I speak not of miracles or wishful thinking, but truth-revealing intelligence that is helping us to advance as mortals, as agondonters, and as kingdom citizens. As we move on into this coming week, let us ponder upon the complete plan of salvation - with our internal Father leading the way, Michael as our eyes, and Mother as our thoughts.

That is all for this evening. Know that I am humbled in your presence to know that you are swiftly moving over the obstacles of 'seeming hopelessness.' Know that we are close at hand to stop by and chat. Our love goes with you. Until next time, shalom.

Father Helps Us Start With A Clean Slate | There Is No Value In Regret Or Guilt
Abraham, WOODS CROSS GROUP 12-07-2009

Back

I am ABRAHAM. Greetings. I am always in appreciation of these smaller more intimate groups because I get to know each of you on a more personal level. I am grateful to hear your views on the world's issues and how these issues can drown the mind with meaninglessness. I enjoy your deep-thinking efforts to also discuss various solutions.

I personally believe there are a lot of good intentions out there in the world - some perhaps are self-serving, but yes, a lot of good intentions. I am finding that in the confusion of mortal living, many individuals will throw their hands up and declare defeat. In the fast-paced world, some people have a difficult time finding a sure-footed path.

Yes, there are many times in mortal life when one must simply wipe the slate clean and begin simply to start over. Living with regret is not helping to clean the slate, so the point of throwing up one's hands in what seems to be self-defeat is actually good, humbling indeed. And from there, we can take the lessons of the past, sit them on a shelf in our minds and pull them out to review from time to time. Such lessons are with meanings that have helped you to advance as a mortal and, as a child of God.

This evening however, we are speaking of a type of mindal and spirit cleansing; a cleansing of the souls' slate. If one is to hang on to guilt and regret, it is going to be difficult to find hope enough to have a clean slate and the new possibilities of starting over - and I mean starting over with something new and better.

In this world with the renewed circuits, there is so much assistance; and really, hopelessness has no place. Meaningful humility, yes! but self-defeat, no! Do not go back to your old life and wish you could change this or that. Know that you are a budding soul and have all the opportunities before you. The Son gives you light, the Mother gives you wisdom to survive, and the Father gives you power to thrive.

In Father's kingdom you always get another chance to begin again, to see that white slate before you and add new meanings from personal experience - which does help the growing soul to advance. You are not your money; you are not your education; you are not your job. Nor are you somebody's wife, husband, sister, brother, no! You are Father's child with all of life's opportunities before you.

Do not become lost in the world of 'if only I had this;' or, 'if only I were this.' Take your blank slate this week and add those meanings and values (where fitting) that happened throughout your experiences. You can have your past-lessons available to draw from, yes; they are like a treasure trove that will always be there, and they will always be of assistance. Set your regret and guilt off to the side - allow

it to create enough humility wherein you can throw your hands in the air and say to the Father: "I am ready for the new and better ways."

Mary can't be with us this evening but sends her regards and will return next week. That is all for this evening's lesson. See what you can do with your blank slate this week. Know that I am always available if you should call upon me. I cherish our time together, and send you forth with all my love. Go in peace. Until next time, shalom.

Social Issues / The Small Branches That Result From the Larger Issues

Abraham & Mary, WOODS CROSS GROUP 12-14-2009

Back

I am ABRAHAM. I am feeling so blessed for having a Father who takes such good care of us. The events occurring in the world at this time are mostly positive and leading to an ultimate good. Many groups like you, form a bedrock that allows others to also stand upon it - to learn, grow, and also pass-along the good news.

It would seem at times the world is in total chaos, which is what the media wants you to believe. Mortals sometimes get hooked on the drama of negativity. I say, the mortal that does small things for others does more good than does an entire government. This Correcting Time is about reaching one person at a time. As far as the planets' status goes, we see more good positive things happening than ever.

We have each learned that evolution in itself can seem heartless; but this is where our lessons from living are helping us to become better. We can look at the treatment of minorities, for example: knowing the history on how they fought for equality - their fight seemed negative, yes, but there has been so much good that has evolved from it.

In all our life's lessons, we have these branches that sprout from the main lesson, and these are hopefully causing some re-thinking. For example, when women had gone into the workforce - they had to fight for equality; and yet, some of the branches that came off of this tree were that children were somewhat neglected; divorce rates became higher, and the importance of family was downplayed. These small branches of evolution are the social issues we can discuss with our fellows in an effort to find positive solutions; and as I have heard it mentioned, it is likened to a pendulum swinging back and forth - always in search of balance.

I am MARY. Greetings to you, my friends. I am always thankful to hear your opinions on the social issues of today. We see that money seems to take precedence over most anything. But I can say the evolution of this very lesson in life is starting to show the real truth - that money is not the indicator of happiness or success.

In my growing up, I remember a friend where in their family they had practically nothing; their home was run down; their clothes were shabby; their food was sparse - but they had no idea they were poor for they had each other. They had the outdoors to have adventures. They had laughter and closeness. Yes, they had no idea they were poverty-stricken. The father of this family had learned early-on of the Master's teachings, and found the joy therein - a joy that superseded all else.

Having a relationship with 'God the Father' who dwells within, fills one with security – you truly believe an ultimate good will come to pass in any situation. Today's mortals do know the status of money; and those who 'have not,' feel its impact in society. Through teaching children the importance of the 'fruits of the spirit,' rather than importance placed upon money, this helps children to understand that their joyful countenance walks before them. Yes, a relationship with God their Father who dwells within them, shows them they can feel confident in their school or community.

Abraham's lesson this evening is mostly about discussing social issues and how we all have to understand and deal with them; we all have to explore the small branches of the larger issues. It really is exciting times on the planet, yes, because new social issues come up every day. There are issues with money of course; there are issues regarding homosexual or straight relationships; drug and alcohol addiction; and one not so new – crime and poverty.

I believe you each contribute positive feedback to your fellows. Your simple listening to them shows caring and you are helping your fellows to feel valued. I love how Jesus always asked questions of his fellows – this helped to turn individuals inward and to seek a higher guidance; He brought out the best in them.

This holiday season can show the best and worst in mankind. I believe your examples of social kindness will help to spread to others and show the true meanings and values of good will.

That is all for this evening. Children, know that Abraham and I are always at hand should you have need. We are always growing in love with you more and more each day. Think not that you are a stranger to us. We do know you. Go in love and peace. Until next time, shalom. [Editor's note: There were no meetings through to the end of December.]

The Soul Needs Exercise Daily To Overcome The Animal Ego | Study, Stillness and Service

Abraham, WOODS CROSS GROUP 01-04-2010

Back

[Editor's note: This lesson is following one full year of a great economic 'recession' that had recently impacted the US and world markets. As well, there arose a groundswell of negativity on the political landscape having to do with the nation's first elected 'black President – Barack Hussein Obama' These two factors did bring much disharmony and mistrust causing quite a frenzy nationwide – and was exacerbated/driven greatly by factions of the mainstream media and the various Internet's misinformation capabilities – especially an onslaught of cyberoperations from various nefarious foreign governments.]

I am ABRAHAM. Greetings. I am honored to be a part of your daily-living circumstances. I do realize the past years' events have been challenging, and I can see there has been growth therefrom. You each have various difficulties, yes, and I try to combine spiritual concepts to aid in your varied daily-living experiences.

In our study of life's social issues, there is an excellent variety of spiritual

lessons we can learn, yes. If we lived our life on one continuous note though, we would not know of the vast symphony in the Father's kingdom. It is our own responsibility to open our ears and hear what is being played in concert with our personal note.

I am in understanding of how mortal life can be filled with obstacles. A great deal of the time we are simply looking for someone to hear us, and we make effort to relate with them to accentuate our issue. It is understood that when we are feeling that energy come from those who sympathize with us, then we are feeling 'connected.' There are times, however, when that ease-seeking ego comes up behind us and wants to feel that energy from others on an ongoing basis, and we lax in seeking that energy from Spirit.

We can see out in society how some have laid down before their troubles; they simply rely on others to feel pity for them - to give them their energy, or time, or money, or compassion. Mortals are ease-seeking creatures - and that is not good or bad, it simply is. We understandably seek for good feelings, and if the ego had its way it would always look to steal the energy from those who have a source - those hardworking individuals that seem to live life with ease.

We can easily become stuck in a rut of complaining and fear wherein we overlook our true Source - that one personality, Father, who will give meaning and values to our experiences. The further away we are from God, the closer we are to the animal ego, yes, and the more tempted we are to rely on the energy of others.

We can say that individuals stuck in this rut of the animal ego begin to shirk their responsibilities to feeding their own mind and soul; their complaints are, in reality, cries for guidance. These struggling mortals in this rut see all of life as negative; and therefore, they are drawing the negative to themselves wherein there never seems to be any good; their world is dark.

I do realize the events in the news and in your environment give you pause for concern and take up a great deal of space in your thinking. The more hours and days that go by without spiritual study or stillness - or even discussion with others seeking Father's guidance - the more negative the world appears. I am not saying to wear rose-colored glasses, no. I appreciate each of your abilities to see the realness in daily living; but I can say- without Father, the soul becomes lazy and eventually, famished.

With the soul's emptiness, there can be avenues sought that are temporarily gratifying, yes - but negative, overall. There seems to be many gods that mortals serve, other than our indwelling Father - meaning that they can be slaves to what they believe to be most important. I find that we must exercise the soul 'daily' for it to be triumphant over the animal ego and its patterns. Of course with our Correcting Time lessons and our Urantia text, you have plenty to study; and yet, it is always important to make time for stillness. I also recommend service. In these practices of study, stillness and service, we put the mind more in the 'nature of the spirit,' rather than the whining/complaining mortal mind.

Yes, my friends, we need not seek other avenues to be fulfilled when we know the

true Source and Center of all that we need. You would do well to pay attention to your tendencies to complain and, how you draw energy from others. Along with that, notice how others would draw upon your attention. You each have that beautiful light within and know how to shine – people can see this. You would do well to stay on a positive note in your social discussions. Most importantly, keep your dialogue with Father, healthy and ongoing.

I will stop there. Thank you for having me. I pray for you each, always. Mary will join us next time. Until then, my love goes with you. Shalom.

Let Nothing Stand In Our Way Of Asking For Help From Our Divine Caretakers
Abraham & Mary, WOODS CROSS GROUP 01-11-2010

Back

I am ABRAHAM. Greetings. I appreciate your honesty and sincerity with this evening's pre-lesson discussion. I can plainly see the desires of your heart when you are comfortable to freely share your thoughts. It is obvious to you now, that the spiritual helpers can only put in as much effort as mortals allow; meaning, that should you seek for truth and patiently wait, then are we as Teachers allowed to help.

We are not to force our teachings on mortals, no! we are to simply go with the learning momentum of the mass mind. Father works along those same lines. He can only give you what you can hold. Those of us on this side can watch our mortal friends stumble, and we have to wait until we are invited to help.

I appreciate the integrity of each one of you. You work hard, and for the most part, are willing to earn what you receive. Jesus said: "Knock and the door shall be opened." We are finding there to be some confusion in the minds of mortals – when you are in need of help, something often stands in the way of requesting it.

I am MARY. Greetings to you, friends. I have been attending to my own spiritual studies and am with excitement to continue learning about the kingdom and how we are all placed within it.

I can see Abraham's lesson this evening from a few different angles. For one, I can relate back to my own experience in the flesh. Apparently, I believed that once I had the spiritual foundation firmly set in my daily living, that I should be somewhat problem-free. I was under the impression that I was spiritually knowledgeable enough to solve simple everyday problems. I was prideful in a manner that kept me from asking questions or seeking help. I did not want to appear weak and ignorant.

One afternoon going about our daily chores, I was so fortunate to be witness to the Master asking Father for assistance with some simple circumstance. He could be seen to prioritize life so that He was less troubled in mind. In those days I could take some simple issue that was troublesome and blow it out of proportion like 'the world was ending.' I was bothered in mind and had great tension in trying to appear otherwise.

I was able to watch the Master delegate assignments and incorporate all into the

Father's kingdom. He was unafraid to appear weak because His closeness with Father had not made room for the prideful ego to overtake what was really important. Much of the time the Master was surrounded by those that loved Him and believed in the cause; and of course, this is always a blessing, always comforting. However, He also lived an average normal mortal life and experienced the hate others could produce.

It was not weakness in the Master's mind to look to the Father for assistance, no! it was simple conferring with somebody who knew more and always had His best interest at heart. The Master always had full trust in the Father and had not worry of appearing weak or needy. It was obvious in His countenance that His mind was at ease. He lived to serve the Father and had not worry of His own reputation or how He might appear in the eyes of the world. Imagine living such a life of freedom. I am not saying to have license without wisdom - of course not! but to feel less burdened, less stressed.

This week, we are suggesting that you draw Father in closer for even the most simple issues of daily living. Be not afraid to ask Him anything. Allow Him to strengthen you towards feeling secure as His child. When you are with more freedom from ego, then are you more likely to utilize your spiritual skills.

It is acceptable to ask Father for help because it incorporates differing individuals (seen and unseen) into the kingdom, and makes them also feel with a divine purpose. To have an assurance of your celestial overseer's assistance will help to feel more clear in mind, yes, and we will be better able to serve. Let us also be aware of times when we are worried about how others see us. When you are filled with the Spirit, it pours out upon those that know you.

That is all for this week. No questions. Know that Abraham and I are always close by should you need anything. Our love goes with you. Until next time, shalom.

Prioritize | Delete Worries So To Have Space In The Mind For Father's Calming
Directions

Abraham & Mary, WOODS CROSS GROUP 01-18-2010

Back

[Editor's note: This week there was a massive earthquake that hit Haiti - Tuesday evening, January 12, 2010.]

I am ABRAHAM. Greetings. I appreciate your thoughtfulness towards those in the world that are suffering. The angelic orders are very busy right now helping to provide aid and comfort to those in an already poverty-stricken area.

How strange is it in the so-called civilized world that mortals complain about menial troubles. Many of those troubles are self-imposed. Life can be so beautiful - and yet, there are some individuals who thrive on drama and tension as if it gives them a purpose in life. It is sad for these individuals that they can never stop and take a deep breath, watch a sunset, or sit by a waterfall.

I can see you each also with some tendency to lean toward being overly proactive in daily life. I do understand how overwhelmed one can be with all the responsibilities of everyday living. I can see how some of those responsibilities are magnetized to cause one undue worry or stress.

It is my hope that you can see everyday chores as something that must be done for the good of the whole. For examples: being employed; paying bills; taking care of home and children; social issues such as in relationships. Yes, all these can weigh heavy on the mortal mind. It is those horrendous tragedies, such as the devastating earthquake in Haiti, that make our everyday chores and toils seem ridiculous, comparatively.

I am not saying that we should be grateful for what we have only when we view how bad things can really be, no! but that it is completely natural to think this way. Hopefully, you would find your mundane chores to be insignificant.

I am MARY. I like this evening's lesson because it calls for some prioritizing, some responsible organization. I believe Abraham is trying to say that when the mortal life is full of worries, then does it take up space in the mind. It is difficult to meditate when the mind is drawn toward other responsibilities.

I can understand how life calls you in various directions, demands your attention, and takes your energy. It is somewhat of a cycle when the worries keep coming around and there is not time for spiritual study, stillness, nature appreciation, creativity, or socializing with an upbeat associate.

[Editor's side-note: Discussion was had before the meeting started, regarding the group transmission-receiver's feelings of wanting a break from her group duties. This 'Woods Cross Teaching Mission group' had been meeting now for nineteen years - mostly on an every-week basis. Ellanor's request and group consensus was for a bi-monthly schedule.]

MARY: Abraham and I have discussed the issues that you have put forth this evening, and we can confirm your feelings of slowing down or taking breaks. There is a great deal of organizing in the mortal life, yes, and we are asking you to delete some of your worries so that you have time for those things which feed the soul. It was written and is so true: 'Seek the kingdom first and all else will be given to you.'

Know that we are supportive always of this group. We can confirm there are other transmission-receivers being trained. We ask that you not make this decision of a group transmission-receiver another worry to add to your burden of everyday life. We are asking for your joy in knowing there is another meeting scheduled, and that this gathering is not just another job.

Have not stress nor worry should you take a break between your meetings. It is not like we are going anywhere. We will always be with you when you call upon us. We suggest that you take a little time to organize the everyday worries and then push them from your mind. Do not run out and seek for more worries, but take time to connect with Father and to feed the soul. The souls' energy is a wonderful coping mechanism.

Know that your Father is close by and more than willing to help you with even the most mundane tasks. We are supportive. Have not worry. Our love continually grows for you. Until next time, shalom.

The Scale Of Low Self-Esteem Versus Too Much Pride Or Superiority

Abraham, WOODS CROSS GROUP 02-08-2010

Back

I am ABRAHAM. Greetings. I am always made to smile when we can gather. I appreciate your sense of humor and ability to stay open to various topics. I learn something from each one of you that helps me in my function as a personality - and, as a Teacher.

It is a blessing that you can also have your fellowship with one another and the learning experiences therein. It is easier to talk with those you see before your eyes than those you must see only with your faith, such as ourselves and the morontial and celestial personalities that attend us. To have this balanced fellowship with one another does help us in overcoming life's obstacles - and also, appreciating the challenges.

I am made aware of the mortal difficulty of today in finding the fine line between positive self-esteem and the power of the animal ego. Traditional religions have taught us that humility and self-sacrifice were the ways into heaven. We can see the imbalance in this belief as being almost disrespecting of the mortal mind and is deflating of healthy self-esteem. On the other hand, we have the inner drive to not only survive, but to conquer our fears and, those obstacles competing with the animal ego that desires superiority.

Father wants us to know we are loved, yes, but also to understand that we are not the 'chosen few.' We are in the family of God, yes, but not at the head of the table. We have assigned tasks to follow through as mortals living a spiritual life, yes, but are not given superpowers. It is important that you have self-respect and honor yourself as a child of God - equal to all other children of God.

Unhealthy esteem, or no self-esteem, leads to self-punishment - and that closes or hides the doorway to higher-mindedness. Jesus taught self-forgetfulness. He did not mean for you to punish yourself into spiritual submission, no; He meant that we are a part of a huge network and have abilities to help one another to find balance and joy. It should be obvious by now to you, that if you do not think of yourself as an equal child of God, then none of your fellows will either.

On the other end of that scale of esteem, is having 'too much' pride, or superiority as far as 'over your mortal fellows' go. To allow the ego to put itself on a pedestal is to isolate yourself. Such isolation can really spoil the true personality of one's self and repel others from fellowship. They say it is lonely at the top; those that experience this have isolated themselves from their brothers and sisters. Life is empty without friendship. In the absence of friends, you can forgo possibly fifty-percent of your mortal lessons. Yes, we learn so much from each other.

This week, I would ask you to ponder this scale and find out where you are on it; and also, where you would like to be. For those on the low side of self-esteem, question your faith in your son- or daughtership as Father's child. Where do your

faith levels lie? How do you treat yourself; and, how do others also follow your example?

In the months to come, we are going to need see some significant changes in our own personal growth – and we cannot worry what the world thinks about that. We have our tasks set before us and we must fully realize that what we most wanted for our spiritual education will indeed happen. That is all for this evening. I am with abiding love for you each. Mary sends her regards. Until next time, shalom.

To Step Forward In Faith Brings Enhanced Spiritual Understanding And Strength
Abraham, WOODS CROSS GROUP 02-22-2010
Back

I am ABRAHAM. Greetings. I am made glad by your willingness to participate in discussion this evening. I believe there are deep levels of comfort among you. It is inspiring to me to be witness to your complete honesty. I am happy that you feel safety and comfort among one another. I am also grateful that you trust me and Mary to be included in this branch of our family tree.

I appreciate your thoughts on the last lesson concerning self-esteem. There are many layers that go in to learning about that and how we can find a balance.

I understand the traditional season of Christ's resurrection is approaching, and there are many different beliefs we could adhere to, or have already cemented into our thinking as we have grown from a child. It is common belief that 'Christ sacrificed His mortal life for man's sins;' and therefore, many traditional religious beliefs say that mortals should also partake in some sort of sacrifice.

Christ did not sacrifice His life, but He did lay it down in favor of the Father's will – to fully experience the mortal life, just as it is. You could say His example to us for the time He was here on Earth was that He always had willingness to lay down His life, yes, and to also take up His responsibilities. In other words, He was always watchful of Father's will over his own, and had deep desire to thoroughly follow it.

As you study the Master's life you know He was never halfhearted in anything, be it spiritual or earthly. As far as faith and Father's will, the Master saw that as black and white, unchangeable. Jesus relied upon His mortal senses to receive spiritual guidance when He was young. As adulthood approached and as His experience taught Him, He was able to find new spiritual senses that helped Him to mature spiritually.

I understand there to be wavering faith as a mortal – this is not to worry. It does take effort to step out in faith, yes; and I can say, if one has the courage to do so, then the mortal senses advance into spiritual ones.

We all have seen in this Correcting Time how beliefs have grown, changed, and then become new everyday understandings. Intuition, for example, is not as farfetched as mortals used to believe. The understanding of coincidence and synchronicities at Father's hand, has also come to be expected. Transmission-receiving is also becoming un-extraordinary. Topics that used to be against religious rules are now becoming

embraced by the masses.

Yes, man is finding out that having courage to step forth in faith brings an understanding that comes from beyond the material mind and the human senses. As we look out among the Teaching Mission – are we viewing spiritual maturity and the utilizing of spiritual senses? I can completely understand that the world circumstances can be overwhelming; and yes, I can see how this brings some lost hope and halfheartedness, but are we seeing these circumstances through our spiritual senses?

In this coming time of celebration of the Master's resurrection, can we look at the power of His faith; the change from child to man; and then the change from man to spirit. He was not meek, but wholehearted and driven. Can we contemplate the strength it takes to lay down one's life, one's desires, in favor of Father's? Is this weakness? No!

I for one, am honored to be a part of such a family with the Master as our sovereign; what a beautiful example of strength that gives cause for hope and a reason to fully commit to faith. That is all. I am with growing love for you each and also enjoy you immensely. Mary sends her regards and will be with us next time. Go in peace. Shalom.

Competition And Worry Blocks Us From That Inner Peace Wherein We Thrive

Abraham & Mary, WOODS CROSS GROUP 03-08-2010

Back

I am ABRAHAM. Greetings. I am touched to see your faithful souls this evening. I have known you for many years and I believe we will know each other for many more. A project has been started on the planet, and I understand that many of you will continue to be a part of the progress long after life in the flesh is done, such as do Mary and myself. I know that most of our lessons in life are spiritually based; we are always trying to learn to live a spiritual life as a mortal.

Over the past weeks I am beginning to understand how competitive this mortal life is; you have to be more wise in this day than in my own day – which was mostly about power and fear. I know that the financial world of today has many barely hanging by their fingertips, and the stress is 'literally' killing them. If this life were a mere game, we would choose to use foresight and look ahead to make preparations that would keep us from those life-threatening stresses.

I am MARY. Greetings, friends. To me, the world has always seemed competitive, whether a mother was at the market bargaining for food for her family, or the merchant who bargains for more money for his family. Healthy competition is normal, yes, but when it brings one to that place of physical and mental sickness, then it is time to scale back.

Those things you 'hang onto for dear life,' you have to question 'why?' Look at the technologies of today – 'how did we ever get by without them!' one might say. In my day, in the natural occurrences of health, medical technology was not available to keep an individual alive for so long – and perhaps they were not supposed to. It would seem that individuals of that day had a bit more faith and trust in Father's

will, and cared not to 'beat the system.'

We each know individuals who thrive on this competitiveness for survival – and that is acceptable. There are also individuals who require peace however, and have not care to compete. For them, it is just better to let go of that grasping, that striving, and simply fall into the Father's will and see where it takes you.

The lesson this evening is many-fold. You are in a world where it seems you must have your wits about you to survive, and courage to play the silly mortal games. Yet on the other hand, we cannot let the stress of everyday competition take us down – physically or mentally. There are many aspects of the world yet to discover, yes, and still so much you haven't seen. If you are continually worried or stressed, then you are going to miss a great deal of the very reason for living and those very beauties of life available to you. To embrace truth, beauty, and goodness does make for a more healthy life.

That is all for this evening. I thank each one of you for listening and your participation. Every day you mean more to Abraham and me. Call upon us if you have need. Until next time, shalom. [Editor's note: Circumstances arose wherein the group didn't meet again for nearly two months.]

Mistakes Are Simply A Part of The Human Experience And No Need To Feel Guilt-ridden
Abraham & Emulan, WOODS CROSS GROUP 05-31-2010

Back

[Editor's note: Circumstances arose wherein the group didn't meet again for nearly two months.]

I am ABRAHAM. Greetings. Welcome back, my friends. It is wonderful to see your faces gathered right here before me. I realize that our absence has caused our group-flame to flicker, but it has not gone out. I pray that Father grants us the insight of the Master who knew true humility and was able to commune with Father, without flaws.

To have such enthusiasm to learn new things is somewhat a sign of beautiful humility, for it enables one to stand at open doors without fear or apprehension. Let us go on into the next phase of our lessons with new insight into the humble heart. By 'humble heart,' I am not speaking of low self-esteem or self-loathing, no! I am speaking of being open to new developments in spiritual education.

It is common thinking on this world that "what he shall sow, so shall he reap." In this mentality, many come to the belief that they have sown many bad seeds, and therefore, deserve punishment. I say, the bad seeds are mostly simple mistakes or misunderstandings. Mistakes are a part of the human experience; they are not a cause for regret and atonement. We can look at our mistakes as victories when we have learned what that particular lesson has brought to us.

To have 'lived and learned' is not a cause for regret or for guilt or self-punishment, no; it is rather, a steppingstone to higher understanding and better living. However, as society and various foundations wish to revel in another's mistakes, they are indeed asking the angels to put upon them the same experience. Man will learn how another feels either by remaining humble and open – or, by orchestrated lessons from the universe helpers, our Celestial Overseers.

I am EMULAN. I am with a full heart to be with you again. I express my gratitude to Abraham for allowing me to speak on this evening's topic. I believe the main point of this lesson is to look at life with an open mind without the shadow of regret from the past.

Most of you know my family died in an accident; and I can tell you firsthand, how I had blamed myself for their death. I had every opportunity that day to drive my wife and daughter to their designation, but I had thought it a menial task and suggested my wife simply do it and get it over with.

The accident was one of simple timing and material mishap, but I took that on as my responsibility. The pain of their deaths had led me to self-punish as if I could have stopped the accident altogether, or at least have died with them. I found everyday life to be a tremendous burden because I had guilt that I had actually murdered somebody.

My own personal guilt led me to believe that others viewed me as guilty, as a murderer, or at least as a negligent husband and father. I treated myself poorly by not tending to the body's physical needs and by finding ways to mentally escape the pain through chemicals. I had totally shut out Father, or any spiritual help; and in all this, I had found myself as undeserving of life.

I so much wanted to be with my family again. It was a long time before I could put this tragic loss into perspective. It was with a great deal of group and psychological therapy for me to quit blaming myself for the accident.

In having overcome this over-whelming guilt, and as I told my story to people of similar circumstance, I was made to see their beautiful intentions; I began to grow closer to the Spirit and farther from this guilt.

I learned that people were not looking at me as a 'guilty' man, but simply as someone who experienced a tragic loss, and who had a long way to go to reach mental wellness. When I had put the guilt on myself, then I believed others did also; and I expected to be treated poorly by them as I had treated myself – and of course, that came to pass. Father is so powerful in how He can shake us from our slumber of spirit poisons, and hold out His hand of promise, freedom, and joy.

I am not saying to not care what people may think about you, no! I am saying, let that be a thought that goes by the wayside; focus on Father and the task He may have before you. I say, keep moving forward. Keep paper and pen handy and give five or ten minutes to stillness. Write down your thoughts, yes, for they will be that help from your indwelling Guide. Father will help you to work out your self-imposed regret and guilt so that you may move on to the greater issues of the Kingdom.

This week, be conscious of how many times you are wondering what others think of you. How are you living to please others? Are you in touch with the Father's offer of promise – freedom, and joy? Also, let us revisit the word humility, or having a humble heart; think about how it is a technique of being open to learning new things.

That is all for this evening. I am with gratitude to you each, as also I am to Abraham, for allowing me this time. (A question from Tectra: Are you coming back, Emulan?) Emulan: From time to time I will see you. It is a favorite thing of mine to do. I send you with our love. Go in peace. From Abraham and myself, we bid you, shalom.

Our Social Interaction Help Ward Off the Dominant Ego

Abraham, WOODS CROSS GROUP 06-28-2010

Back

I am ABRAHAM. Greetings. I thank you for coming this evening. It is wonderful to spend this time with you. I find that in meeting less we discuss more pressing issues and this time together becomes more valued. I am grateful to be allowed to watch your spiritual growth and your skills to tending to kingdom tasks.

I am understanding in today's world of 'high speed' that there is so much focus on the busyness of living, and individuals sometimes lose their sense of joy and reason for working so hard in the first place. In the Master's time of ministry, they had designated Wednesdays as a day of replenishing the mind and spirit. There was time for just socializing because it was a source of joy and rejuvenation.

As we move ahead in the Correcting Time, we will see how important communications between people become. Said Jesus: "Where two or more are gathered, there am I also." Those close individuals you feel comfortable talking with do create an energy that is generating Spirit - and of course, Spirit touches the heart and produces joy and wellness.

Over these many years, a good share of our lessons have been about sociology and learning to communicate with one another. It is our goal to help generate the Spirit in our social circles.

I also believe that with the fast-paced competitive lifestyle that is common in today, there are also those added difficulties the ego brings. The ego (or animal-self) typically desires to be the 'king of the jungle,' and is not sociable or a generator of Spirit. There is great struggle in today's world to 'stay afloat,' and this can bring out the instincts of the animal-self. In other words, we are merely surviving instead of thriving.

I hesitate to again discuss the ego, but it must be known that in the harshness of the ego-filled mind there is evil. I mean, in the sense of living in a competitive world where individuals would hold others down to gain status, there is a certain sense of evil in such selfishness wherein the most important commodity in one's life is 'power.' I mean not to say the son of self-love is running rampant, no! but I would have you be aware that the ego is not a toy, and that you will need to sharpen your spiritual skills to deal with it.

In your daily experience, let people know they are valued simply for who they are; not what they look like; not for their money or various gifts - but simply, show love for them as a brother or sister in the kingdom. As technology becomes more important and impersonal, the 'value' of souls may go by the wayside and we lose

touch with love, joy, and a sense of 'belonging.'

For the next few weeks, sharpen your social skills by making eye contact, offering greetings, making time for conversation. Avoid negativity and make effort to generate a healing spirit.

I would like to offer some direction for Aranda. [Editor's note: Aranda is of Muslim descent, from Jordan and Jerusalem regions, but now living in Utah. She has been a member of Abraham's teachings since mid-2007.]

My daughter, I am in understanding of the stress you are under. I see you as handling your issues with grace. I believe you are with great common sense and I have faith in your abilities to make logical decisions. I am in understanding of your confidence in yourself and people around you. You are like a piece of coal that is being pressured into becoming a diamond. I would suggest that you make your decision – and therefrom, all pieces of the puzzle will fall into place. The fact that the decision has been made will, in itself, bring a great deal of peace. In the indecision, there is the unknown and a lot of fear. I believe you have a great deal of the facts of your health dilemma and are fully capable of making intelligent decisions – decisions like choosing a physician, treatment, and methods on how to remain financially stable. I would suggest that you look 'within' to see what your priorities are. What is really important? How are you going to face your fears with the skills you have learned over the past few years? I am thinking you should not have worry over various pains in the body because most are stressed induced. I believe you should look at your situation with a scientific mind. It is true – all you have valued is being tested; it is not for any punishment, I can assure you! it is an incident of time and material. As human beings, we do what we can; we exhaust our resources. I want you to know I have faith in you and your ability to make logical decisions. Know that Father is close at hand and shows you openings in the pathway of decision-making. You are never alone; you are never without guidance. Know that we understand your dread; and while we have compassion for you, we also will help uphold you. Is this helping? (Aranda: Yes, and I thank you.) Abraham: You are welcome. Is there another question?

CALVIN: As you know, I've enjoyed in the recent weeks listening to the recordings from Michael of Maui (Project Urantia and also Hello Earth). Do you have some input on how his teachings are impacting on the world stage? These two productions are listened to by approximately 100,000 listeners from across the world each week on Sirius Radio Network.

ABRAHAM: I know this individual to be very knowledgeable and makes great effort in his methods for transmission-receiving, and accuracy is important to him. I would simply say, apply all you have learned over these years to his words and lessons. What is true will stay. What is not will fade away. It is an exciting part of this technology of today to have communications with individuals around the world. Is this helping? (Calvin: Yes, thank you very much.) Abraham: Are there any more questions?

MIRIAM: In your lesson, you mentioned about how in Jesus' day that Wednesdays was a 'fun and rest day.' Was that just for the Master and His apostles? or all of that

area's people.

ABRAHAM: It was just a day set aside for the Master and His apostles. I do believe Andrew arranged the schedule – at the Master's request, of course. It was draining on the minds of those kingdom workers to work with the masses. It was a constant outgoing of energy. There was regeneration, of course, in the Master's lessons, but it became important to have rest and time to reflect on the past occurrences and to make some flexible plans for the days ahead.

MIRIAM: I appreciated the suggestion of needing rest and reversion, and bringing our attention to it; and yes, it is reiterated in the Jesus Papers – but I personally tend to miss the boat in that 'rest' direction. Obviously, it was important in the Master's living, so I will give it better effort.

ABRAHAM: I also thank you, Miriam, for your outstanding attitude on everyday-life experience. You are a good example to those who know you. Well done. Are there any more questions?

MIRIAM: Two people have asked me in this past week why they keep seeing '11:11' on their clocks and other devises. Are there prompts like this going around that are generated on your side?

ABRAHAM: I am understanding that numbers are important in the lives of mortals, but really, they have not much to do with the work of the kingdom. It has been the tendency of mortals down through the ages to put a mathematical equation to the unknown or matters of faith. There is a great deal of hype about the 'ending of the world,' for instance; and yet in reality, it is more about the correction of it. In the re-encircuitment of the cosmic mind to Urantia, there are new senses that mortals will feel; and the mind may see these senses in the realm of what they already know. So I would not downplay their experience, but enlarge it with suggestions of the work of higher-mindedness. Good question.

As my connection grows weak, I will send you with my love. Know that I have deep and abiding faith in each of you. You are indeed a source of joy for me. Mary sends her regards; she will attend next time. Go in peace. Shalom.

Self-Forgetfulness Leads To Reduction Of The Ego-Mindedness

Abraham & Mary, WOODS CROSS GROUP 07-26-2010

Back

I am ABRAHAM. Greetings. I am with such a feeling of comfort to be here with you, this branch of our family tree. I can see you each as diligent hardworking mortals and kingdom believers. I do understand that sometimes we can see progress as slow, but I can assure you that today's spiritual lessons are rapid. The Correcting Time will help Urantia to move closer to Light and Life. The spiritual lessons you experience may not be what you expected, but have comfort in the fact that you are learning to be a productive universal citizen.

Each of you have varying life-experiences which culminate into a rich texture of social fabric that reaches out to people you know. It may be your hardships experienced that has made you an attractive source of light. I would say that the

decisions you make in various life circumstances also play a part in your movement along the spiritual path.

The last time we met we spoke about the unforeseen tendencies of the ego and how it makes some points on the path look attractive. As your experience would tell you, these are virtually all snares that bring hard lessons of life. Many who experience these hard lessons are with tendencies to be in a self-protective shell that hardens their heart. 'If we are not that involved in life, then we avoid the risk,' is the common thought of these individuals. I can say that many who strive not for spiritual ideals are attracted to the empty promises of the ego.

As each child experiences growing pains, there are behaviors learned therefrom. These behaviors are usually either to self-protect, or to find a place of acceptance. Adults can go on to mimic these behaviors (to make them a pattern) rather than find growth from them – and therefore, bringing about further hard lessons and perhaps making continued bad decisions.

These challenging lessons are not all spiritually orchestrated, but Father does call to you during these times. Yes, your indwelling Father is never far away and always longs for you to call upon Him, especially in tumultuous circumstances wherein there is strengthening to be had.

Our First Source and Center has foreknowledge of your experience needed, yes, and with the aid of His Spirit forces does create each lesson He would like you to learn. From these hardships and challenging lessons, He brings out an ultimate good. Our challenge as mortals is to go past what the animal desires (what the flesh wants and what the mind craves), to a life with Father and his orchestrated lessons that surpass ordinary understanding.

I am MARY. I am with joy to look upon your faces once more. I am always amazed by the effort you make, each one of you every day, to remain positive and open to new lessons. I can relate to Abraham's lesson this evening through my own experience of having attraction to feeding the ego, which led to poor decision-making.

I practically grew up alone and raised myself with little or poor guidance. I had always the craving for attention, to be accepted and to feel I was belonging to someone or some thing. In my late adolescent years, I had a person who promised to care for me; and my longing for temporary ego-satisfaction took the path that would have been the easiest. I would drop my cares of the world and allow someone else to bear the burden of everyday living. I had made the decision to opt out of experience, and in so doing I had neither joy nor misery – I had nothing, I had emptiness.

I grew to have resentments which were again, imaginings of the ego; and again, I sought escape. I can tell you that I had spent a long time in search of a place to belong, or for something meaningful that fed my soul. With the experience of the Master's teachings, I learned what hard work was, and that escape will bring emptiness.

Being a part of the Master's plan showed me that self-forgetfulness is an important

quality to strive for in maturing spiritually. Jesus always seemed so full of energy; He was many times so busy with the masses and did not have thought for how tired He was. You can even see in His daily routine experience, half the time He forgot about feeding the material body. He was busy and always about the Father's business.

As did the Master, I had also become quite compassionate for the individuals I began to work with, and felt a connection to Father that I had not before. With this new mindset, the temptations of the ego had decreased, and I felt a new empowerment. I came to realize that all along, I already had an acceptance and a belonging, but I did not know it.

Yes, it was experience and spiritual growth that had brought me Father's map; He orchestrated my lessons in such a way that I could move forward along the path of spiritual maturity. I was with the realization that the closer I was to Father, the smaller my ego and obstacles were. I felt driven to fully live, and to dive into life with the comfort of knowing that Father brings about an ultimate good.

The focus of our lessons for the weeks ahead will be making needed behavioral changes. Think about how the ego promises a temporary satisfaction – yet, in the long-run you have nothing, whereas with Father you have the map for eternal living.

My friends, the Correcting Time is so busy, and you are needed. Have comfort in the fact that you are supported by universe helpers, as well as the First Source and Center. You are with gifts and talents and can help to bring about positive change. That is all for this evening. Know that Abraham and I send you with our continuing love and acceptance. Go in peace. Until next time, shalom.

Birthdate Celebration for Michael | What Is Our Reward For Daily Struggle

Abraham, WOODS CROSS GROUP 08-21-2010

Back

I am Abraham. Greetings. I am filled with energy and enthusiasm to be among you on this day of celebration. I am touched by your affection for each other. It matters not the time in which you have been acquainted, only the willingness to open up and be who you really are.

I am familiar with your life history and am moved by your determination to strive toward the light. I am well in understanding of your personal disappointments and am inspired to keep working diligently for the Master's goal. I am made glad to be among your discussions today and hear such positive reflections concerning family, faith, and healing.

Yes, we are the sum total of our willingness to learn and listen to the First Source and Center. I know for myself – I had moments of redundant toiling, certain disappointments, and seeming defeats. I also know that Mary, prior to her enlightenment, had also worked tirelessly for a life that didn't seem to be working back for her. Most of us also know the life history of Jesus, who set an example of the potentials man could reach.

There are many minds in the mortal life that are expecting grand rewards, and will

live their mortal life on those terms. When hardship strikes, they have not the understanding of 'why life is so hard when they are so good.' Rewards in each mortals' mind vary from differing levels of personal understanding - or if you will, their education.

The Master exemplified how the Father's love was a reward all unto its own. During those human conditions of mortal strife, He had not an anxiety that could have made His circumstances worse, no; in fact, He had, rather, an empowerment of an inner strength - strength that helped Him to face any enemy or event.

Jesus did not think about putting forth good behavior to receive rewards or accolades of some sort, no; His reward was constant communication with His 'source' of strength - Father. And this was not for material eyes to see but for the personal gates of faith to be open, and the mind to understand.

Many have thoughts that 'being along the spiritual path is more stress-free' - as if one might have seniority in the kingdom family. I say, the path is, for the most part, the same for all mortals on an evolutionary world. The changes one might recognize most in the mortal life along the path of experience, is their own growth, their own personal discovery.

Yes, events and issues will always be, but it is your growth which helps you to attain the tools to move along. The 'incentive' to move along is that personal contact with Father; and your door to Him is why you have gathered today.

We are also with gratitude and happiness to celebrate with you the birth of our Creator/Brother/Father on this mortal planet. We would have you go forth from this celebration with the desire to ponder your understanding of reward. What makes you truly happy? What keeps you motivated and filled with living faith?

You are always a source for education and examples of how man can transcend those desires that pull him from the Spirit. Know that our involvement with you never wavers. Our love for you is continuous. Have joy and celebration. Go in peace. Shalom.

Lean Not On Emotions But Toward The Side Of Logic

Abraham, WOODS CROSS GROUP 09-27-2010

Back

I am ABRAHAM. Greetings. I welcome you, my friends. I thank you for coming. I am with gratitude you are each still fighting the good fight of faith. We have had an ongoing lesson for years on human emotions and behaviors. It is an era on the planet now where anything extreme seems to be popular. This does not always work for controlling one's emotionalism.

It is a highly competitive world, and the more your competitors can make you emote good or bad, the more satisfaction they have in having done their job well. Jesus was a wonderful example of one who would not be carried to extremes with His emotions. He was passionate and logical; He was enthusiastic and yet thoughtful about the execution of intention and plans.

Mortals are an emotional people. I mean not to say 'don't have emotions,' no; I mean to say, 'balance them out' for the overall good of the Correcting Time. Highly emotional people are looked upon as unstable. To be more effective in furthering Michael's plan and purpose, we need to lean toward the side of logic. We have said all along that our way of spirituality is 'down-to-earth and logical.'

It was so obvious that the Master had no ego to constantly please. He cared not if He was right or wrong in others' eyes. His well-rounded faith may have made Him appear harsh at times, yes; for it was so logical to the Master that either you had faith or you didn't. He exemplified - 'you act upon that which you believe or you don't, there is not worry about what others may think.'

The Master always had an eye single to the glory of God and worried not about trying to sell somebody on some notion. As long as Jesus always put Father first, then could He have control over His emotions.

Emotions used to be deeply tied to survival and as a show of those who may appear to be most spiritual. I would say at this day and age, that emotions - especially from those which are on the outside of your close group here who are not as well-understood - are not to be completely trusted. The Master knew this full well and still gave individuals numerous chances to change.

Jesus, of course, felt pain. More often than not, the mental pain was so much more than the physical. The Master had most of His tearful moments in private, and saw the act of working through His pain as a reckoning of mind to the Spirit. We want to be taken seriously in the Correcting Time, certainly, yet we must remember to not allow our ego to have full rein over our emotions.

Another good point on the Master's behavior is that His emotions were so intact - yes, because He had a complete trust in Father. He worried not about the next moment. He had the ultimate trust in Father to put Him where He needed to be and how He should respond in any situation.

This week, let us review our levels of emotions. Do we use emotions as a tool to gain sympathy or attention? How seriously do our co-workers take us when we are rampant with emotion? That is all for this evening. I realize our lesson is short. We will plan for more next time. Mary sends her best. We both send you with our love. Until next time, shalom.

Our Mortal Life, Our Path, 'Is What It Is' For A Reason. Not To Fear It

Abraham & Mary, WOODS CROSS GROUP 10-25-2010

Back

I am ABRAHAM. Greetings. I have always loved this time of year in this region. It is beautiful and powerful. The interworking of nature shows us a grand design that can produce 'appreciation' or 'fear.' We can sometimes think about Father in the way we would look at the power of nature.

The weather, for example, has a temperament of unknown origins. Your scientists can try to accurately predict what may be in the forecast, but even science cannot compete with nature. We can see the external environment as 'chaos,' or you can

accept that it is 'doing what it does.'

Yes, when the hard winds blow and we find damage to homes, cars, etc., we can come to understand that the wind is just doing what it is supposed to do, regardless of man's material obstacles. Individuals adversely affected by nature are not victims of seeming poor luck, no. The weather is part of a grand design, not to be manipulated or controlled.

I am MARY. It is wonderful to be with you again. I also love the fall colors and changing of the seasons. I can appreciate Abraham's metaphor, so to speak, on the powerful force of nature affecting human beings and the environment. I believe he is speaking of the powerful forces that have influence over individuals and how that can produce fear in mortals - who would attempt to have control. or not have acceptance for 'what is.'

I, in my younger years, had my own way of manipulating individuals into helping me get what I wanted or needed. My mind was always at work with some sort of scheme that would help me to survive day to day. After a time, these individuals knew my scheming ways and had not trust, so I would again devise new ways to manipulate and control.

I am so appreciative for the transformation Jesus brought. He taught us that Father was indeed a loving Father - and yet He would not love you so much so as to spoil the soul, but to teach it to grow. Father is a source of power not to be manipulated nor taken lightly. Michael is like the wind and does what He does for a reason, as part of Father's grand design.

The Master taught us that we can have fear and attempt to manipulate our spiritual path to avoid challenges; or, we can have acceptance and open eyes - showing us that the natural path 'comes not without a struggle.' When life's difficulties rain down upon you, do you look up to the sky and ask 'why me?' Do you wonder what you have done in this life to deserve such mistreatment? Do we envy others - that their life seems so put together?

The Master taught us that Father is an awesome source of power. But 'that' power comes with deep and abiding love and loyalty. Father does not pick you up when you fall, but more-so does He give you instruction on how to get up on your own. He is teaching you to move through eternity, triumphing your challenges. Yes, He is showing you the way to Him through acceptance of 'what is.'

The education we receive here in mortal living is pertinent to the road we will travel after this life. We are being taught how to help this age move into a Correcting Time - toward the beginnings of Light and Life; and that, in itself my friends, is an honor; a responsibility, yes, but an honor.

Like the apostles who were mentored by our Master, you also have been given various gifts to use within the world to expand the Correcting Time. Your skills come from the experiencing of hard lessons. You can have fear of that and become entangled in ways to manipulate your will; or, you can see the path of eternity - that 'it is what it is.' Father's path is with defeat, it is with victory, it is with struggle,

yes - but it is building an eternal soul; it is growing and everlasting character. At some point in your mortal existence you have committed to traversing this path, and Father asks that we accept that 'it is what it is.'

Know that Father is always whispering in your ear how to maneuver forward to Him - not manipulate, but maneuver. He is a source of power that even we on our side of the veil, cannot comprehend. He can make anything happen, but you have to trust Him. You have to allow your faith to expand to the point of acceptance that 'life is life;' but all the while knowing that Father is the source of all power, all love, trust, and loyalty. Honor that!

At this time Abraham and I recommend you take a few moments to think about the role of a real Father/Parent. The Father is love and compassion, yes, but He is also putting sparks under your feet. He teaches us to go to Him. Have not such mistrust. Look for the opportunities where Father's power is present and always watching over you.

Know that we are indeed humbled by your example of dedication. We hold deep affection for you each. Call on us if you should have need. Our love goes with you. Until next time, shalom.

Learning To Communicate Within Our Social Network Enhances The Correcting Time
Abraham & Mary, WOODS CROSS GROUP 11-29-2010

Back

I am ABRAHAM. Greetings. Thank you for coming out on a night such as this. We are always happy to see you - gathered or individually. We are always grateful for the effort you put in to strive for what is true, beautiful, and good. I am impressed by your topics of discussion this evening, and to see you rise above petty 'animal thinking,' to higher-minded 'evolutionary-thinking.' I am happy to see you, my friends, striving for balance in daily living; overcoming sorrows and incorporating joy.

I can see now, from where I am in my survival career, things that I could not see with the mind of the flesh. I would have hope for each one of you to know that you can have so much in this mortal life. As you mature in moral character and divine-mindedness, you will find the limitations you have in your thinking, lifted. You will not feel so much like arat in a maze, but a being who is able to rise above the selfish-thinking and connect to the cosmic mind.

I am with much gratitude to have you each in my social network. You help me to find new ways to improve my skills, to overcome obstacles, and to embrace abundance.

I am MARY. It is always wonderful to see you. I am honored to stand by Abraham and help teach and learn. Father has put us on this Earth to 'have life, and have it more abundantly.' I know that social surroundings have a great deal to do with living more abundantly.

I believe when Abraham mentions 'skills' he was talking about 'how to live within an environment with peace and harmony.' A most important skill each one of us must improve upon is communication. We are always filled with opinions, and much of the

time have no problems with voicing them. You in the Correcting Time are learning to be an example of the Master – and as such, have responsibility to talk with people in a way that is best suited to reach their souls.

I know that most of us appreciate direct truth – it shows that someone is caring enough for us to be honest with us. But I say, many individuals every day are simply looking for a kind word or eye contact that says we are all connected under one Father. Living a life in the Spirit, we can be guided for how best to interact with our fellows. Learning to communicate responsibly and productively within your social network will prove to be important in the growth of the Correcting Time.

We can see even between the genders that communication is different – one may speak with feelings, and the other with logic. As Urantia is moving forward in evolution, the roles are becoming somewhat confused; however, each gender is growing in understanding of the other. I am saying, as we communicate with individuals on a daily basis it would be beneficial to think before you speak; to be aware that feelings may be a stumbling block. Yes, to have 'gentle' truth just may be what would speak to your fellows' soul.

With your forward momentum in evolution, you must know by now the gifts in communication are expanded with skills such as intuition or foreknowledge. A close relationship with Father helps this improved skill of communication to become activated. This is not anything new, no! On many other worlds, there are these heightened skills of communication wherein you can move in and out of your fellow's lives with inner-knowing – therefore, being able to minister to each other as you go about your separate daily duties. You have these gifts of communication available to you even now; your closeness with Father helps to activate them.

In the Correcting Time movement, we are assigned tasks that help to show our immediate social network a different light. I could almost say that at this point in your roles as Teaching Mission participants, the meetings (the encounters) you may have with individuals are not by accident. You are learning from individuals you meet, and they are learning from you. This is creating stronger and more efficient circuits within the cosmic mind. The cosmic mind adds to the Supreme Being, our God-in-time, which relays back to us messages of encouragement.

Urantia is becoming more of a unified part of the universe – even being an experimental planet. It is time we put aside any excuses for not excelling in becoming enlightened beings. Now is the time to use what you have learned over these many years and sew your experience into the tapestry of the Correcting Time. Do not focus so much on what is negative, but on how our Father always brings out the ultimate good. Evil is not in control in the minds of men, no – an ultimate good is! it is rising, and you are helping that to grow in your daily communications within your social network.

That is all for this evening. I am always inspired by you because you know humility, yet you press on. Abraham and I thank you and bid you farewell. Shalom.

Embracing Life `As It Is` Helps Us to Grow, Embrace Change, and Adds to The Cosmic Mind

Abraham, WOODS CROSS GROUP

12-27-2010

Back

I am ABRAHAM. Greetings. I am familiar with this time of year being about the birth of Jesus on the planet. We can all see how commercialism is taking over. This time of year has shown itself to be mostly about materialism – and I do say, that can be viewed as a good thing in that it is a step-up in evolutionary thinking in the breakdown of various binding traditions.

Yes, we can see that what is in the hearts and minds of men is more important than words on paper or repeated traditions. Why is it at this time of year that goodwill is supposed to be more prevalent than any other time of the year?

As the Urantian mortal mind evolves, we will probably see more clearly that the worst that mankind has to offer does instigate the good within. There are various phases throughout history that have shown mankind to struggle between either embracing the animal within, or linking oneself to higher-mindedness.

I am saying that on a normal evolutionary planet these harsh events are most likely to occur, and when individuals have faith, the bitter cup of mortal living is more understandable. When difficult times rain down upon mortals, and they embrace faith instead of animal instinct, then is there advancement in mind – not just in the mind of mortals but also in the cosmic mind from the Supreme Being.

We can view the world in a pitiful state – wars, natural disasters, unjust governments, and be saddened. Or, we can embrace faith and know that these terrible occurrences are natural on an evolutionary world and that better things are to come. Just like the Christmas season being about materialism – man is becoming worn out on this materialistic drive and is searching for something more meaningful. This is good. Man does not have to embrace a baby in a manger, but he can ponder God's presence as the ultimate caretaker of the Universe.

In the past year, many of you have suffered some pain, some loss. And I am saying, if you would desire to have understanding and advancement therefrom, it is wholly possible. We must stand firm in our faith; not in tradition's meaning of faith, but in our personal relationship with the Father and His subsequent caretakers – Michael and Mother.

As your calendar moves you into a new year, let us go boldly into it with renewed faith and coping skills that will help us to embrace life 'as it is,' and know it can, and will, be better. I am happy to see each of you making a change that says you care not what people think. You know who you are and you are with the freedom to be that person. You are logical, loving, and always open to learning new ways. I am with gratitude to know each of you.

That is all for this evening. I do believe next time we will take any questions you might have. Mary sends her regards. I am also relaying to you my abiding love. Go in peace. Until next time, shalom.

If Jesus Lived In The Flesh Among Us Today | We Cannot Buy Meanings and Values

Abraham, WOODS CROSS GROUP

12-18-2011

Back

I am ABRAHAM. Greetings. It is wonderful to see many of you experience true joy. We are learning that joy is a necessary part of living. The real meaning of joy is when you can feel the presence of Father in a given situation. Humor is nice and indeed an outlet, but joy is when you are with faith that Father is really there and working in your life.

We all know that there must be a balance in mortal living – work, play, and rest, yes. We know that sometimes joy requires work. When you have labored for something meaningful, the reward is a living energy that we can call joy. I can see how you have released some of your menial attachments; you are finding out what is truly important in this life.

If Jesus were to live on the Earth today in the flesh, how would we perceive Him? I believe He would be a wanderer as he was in his first sojourn. He would be someone who puts value on heavenly things rather than Earthly. He would take time for His fellows and bring comfort to those who have ailments in mind, body, and spirit.

Were we to cross His path in today's daily living would we even look at Him? Would Jesus wear a three-piece suit? drive a Ferrari? or live in a modern condo? The Jesus that you have learned about for so long – what would His presence look like if He were to set foot on the Earth today? What would be His priorities?

Yes, we could say 'He always waited upon the word of the Father;' as recounted in our Urantia text, 'He waited until His hour had come.' During this time He worked to provide for His family; He took time to have play with His brothers and sisters; and, He loved to learn and discover interests in science and geography. Jesus also loved to get to know individuals and find out, from personal experience, how the human mind was shaped.

Yes, I believe it would be that type of individual that would be here if He could live again in the flesh today, for He still has those wonderful qualities. His life was more good than bad; more positive than negative. He had pain, yes, but He was willing to endure – for the pain was fleeting, and Father's kingdom is forever.

It is interesting to view the economic status of the entire world right now. Individuals are finding they cannot buy meaning and values. True joy is the outcome of understanding meanings and values. Spiritual connection, while working this Earthly life, is building a road to knowing real joy; it is that feeling that puts you beside yourself – and for the moment, have tremendous 'awe' for our Father.

At this time let us think about Jesus as a man here on the Earth today. What does He look like? What is His occupation? What are his interests? What might you have in common with Him, personality-wise? Find the answer to the question: Did Jesus have attachments? What were moments that you have read about where He may have had moments of attachment and then released it to the Father?

Our lesson is short this evening but we are inclined to continue your Christmas celebration with you. I want you to know that as I think about the Master, I can see Him in each one of you. Take time to also see Him in yourselves and in each other.

Take time to find genuine restful peace this season, and allow joy to well up within you. Find time every day to count your blessings and we'll have further discussion next time.

Know that Mary and I send you with our unending love. Go in peace. Until next time, shalom.

2012 and 2013 MANSION WORLD TEACHINGS

The Supreme Sends Back To Us Updated Information Through The Cosmic Mind

Abraham, WOODS CROSS GROUP 01-29-2012

Back

I am ABRAHAM. Greetings. I am in gratitude to be with you this evening. I feel a comfort here among you that I feel not elsewhere. I am always inspired by your striving to move forward.

I love being a Teacher in this Correcting Time. I have spent many years in study to hold the position that I do. I know that as Teachers we are required to freshen our teaching plans and upgrade to meet whatever evolving world we may be teaching. In this age of technology, we are finding mortals to be learning at a rapid rate, and we are continuously as Teachers, upgrading our education. If we are to set an example for you to learn from, it must be current and flowing with the Correcting Time.

"Believe me, you are more than capable of knowing the information that takes you from merely surviving, to enjoying life and thriving."

As the world has grown, so has the Supreme Being; I cannot fully understand it myself, but as you grow as a part of the cosmic mind, information goes to the Supreme Being who is our God-in-time. The information He sends back to the cosmic mind is like an appetizer that makes mortals hungry for food. Father and His assistants orchestrate our life circumstances to experience this cosmic knowledge – personally.

When I go to classes to be updated in my teaching technique I am made to study and review. When you are taught new thought within the cosmic mind, you actually have new experience. You can say that some of the worlds' issues are cosmic lessons, and the experience is taking mortals down a path in which they have a more full view of where they have been; and yet, also where they should strive to be.

In the Urantia Book text, 'morontia mota' covers many instances which teach one to learn from seeing all sides of a problem. In the mortal life however, if one wishes to know justice, they must experience injustice.

There are many times in which we can regret our regular everyday experiences, when in fact they are an orchestrated part of our having an overall outlook on a problem. For example, if I were to pass judgment on an individual who seemed to suffer from some weakness – then in turn, that lesson would cross my path and I would experience that same weakness; I would realize my judgment of this fellow was not honoring them as my spiritual sibling; nor is it honoring the gift of life I have received.

Many religions teach karma, and that 'what you do comes back.' To this, I say it is true, yes, but the 'come back' is not for punishment, but is for learning. For example, if we are thinking to make a call of judgment on a fellow – I suggest, rather than yield to our old patterns, let us instead ask the Father for enlightenment, and I can say the needed lesson will come to you without so much upset.

Right now, the cosmic mind that is shared by us and all universe beings is filled with new information – some that might not be in your Urantia textbook or even in your realm of possibilities. With this knowledge, we cannot look at others and say they are perceiving life wrong. We that are Teachers can barely keep abreast with the new knowledge, and are to only teach it where it will serve best. When a Teacher believes a group is ready for such knowledge, then certainly is it imparted; and that imparted knowledge is available through the cosmic mind to all who are ready to receive.

You, my friends in the flesh, are in need of daily quiet-time to connect to this cosmic mind wherein you can receive new and updated information. Just because instructions are not written does not mean they have not validity. I am not saying gather all the free instruction you can in this quiet time so as to advance in some way, no; I am saying the quiet time would be good for you to sort out various experiences and arm yourself with new coping strategies.

Yes, find that Source and Center of the energy that carries you one step at a time through this life. Know that you need not merely survive this life, but enjoy it! honor it! make it a living prayer! I don't have to tell you of all the helpers that surround each one of you. Believe me, you are more than capable of knowing the information that takes you from merely surviving, to enjoying life, and thriving.

At this time, I would give recommendation to study a bit on the Supreme Being and cosmic mind. I am not asking you to read volumes, but only pieces that might help you to incorporate the concepts into your everyday living. Find time to have a few minutes every day to connect with Spirit. It matters not where you are in the physical environment, only that you can work up to the mental capacity to block out noise and take in information from the cosmic mind.

That is all for this evening. Know that anywhere you are, I feel at home. Mary sends her love and will be with us again soon. We look forward to our future events with you. Our love goes with you. Until next time, shalom.

Mortal traditions are a significant aspect in living a balanced life. As we have observed throughout the Urantia Book readership, it has always appeared that mortal religious traditions were tripe, and for those who exercise not their faith or ability to believe without seeing.

The Roman Catholic Church, for example – for many years they have maintained a ceremony on the Sabbath that has helped individuals to reach and find faith within. Yes, they have their religious dress or spiritual garments that give them meaning to the overall experience of attending church. There are the well-known prayers and ceremonies that are more than what an outsider might view 'appropriate.' These

redundant prayers are a mantra to some and helps them to have an opening within, to the Adjuster; there is communion that creates a feeling of family and community.

As you know, I am not always in favor of these traditions, but I find that any one such that will help mortals to open to the Spirit, is helpful. You that have been in this Teaching Mission find your own traditions to be rejuvenating the spirit and bringing the kingdom of God down to be within your reach. Just as when Jesus had worn the flesh – He had not looked down upon the traditions of mortals; He participated that he might show a brighter light on any opening there may be that was a more direct line to the Spirit.

Therefore, I am in favor of you bringing the kingdom of heaven to be within your midst – wherever that is, and wherever that is from. It is for mortals to also live by this new gospel; not just study, meditate or think about – but to live, work, and have their being in it.

Yes, it is a fact that if you find not meaning within some situation, then it is easy to forget about. For instance: Christ does not ask for you to celebrate His mortal birth, but knows it brings joy to the hearts and minds of the participants. The celebration is for you, and always is this exercise to be open to Spirit communication.

The cosmic mind works in a way as a community information status – meaning the cosmic mind can address the masses who would perhaps be open to it, such as the moment when the Spirit of Truth was poured out upon the people who came to support the cause of Christ. We have done a great deal of work on 'the individual' in our Correcting Time teaching that has helped us prepare you for living within the community.

There are also many social circumstances to address. We see you act from where your foundation is the strongest. For example, say that you believe money is most important – all other decisions you make will be an extension from that foundation. If the spiritual life is your foundation, how then do you perceive social aspects within the community – for example, politics?

Yes, how different are the two belief systems of money-pursuit, and spirit-seeking? What do we do that strengthens the foundation we want to have? If we want our spiritual foundation to strengthen, then do we go shopping? If we are all about our jobs is there any thought toward the spirit?

This is where I believe in bringing down the kingdom of heaven to be among you – living and working within it, having your social functions that aid in faith. If the kingdom of heaven is not real for you, you will toss it by the wayside; if it is far-fetched and out of reach, then why try? It is your responsibility to 'make real' the spirit. It is your responsibility to open that door to our Brother/Father, who leads us into the knowledge and understanding of our eternal and indwelling Father.

When we ponder the spiritual life, we at times wonder what it will cost and how much will we have to give up! I say, ponder this: What would we gain should we completely commit to the spirit? The cosmic mind teaches us that we are a people with a divine

destination. It is not you - a mere mortal, against them - the unseen universe divine forces that assist us. It is not the differences between the two realms that we should sit in judgment on, no! but we are one in the same cause.

I am reminded of the two small ones that were slain by their father recently. That was a bell heard throughout the world. The grief felt throughout the many communities was also understood by the Supreme Being - that sends us information through the cosmic mind to aid us in our understanding of it all. From this horrible tragedy, lessons are forthcoming. This is an example showing this world teeters between the animal and spirit. We pray that mortals will be open to the new lessons of the spirit. [Editor's note: In the above paragraph, Abraham is referring to the dreadful events regarding the disappearance of Susan Powell from her home in Utah. Her husband (Josh Powell) being charged with her disappearance, followed with his slaying of their two young children in Washington state three weeks prior on February 5th.]

This week, we are recommending that there be some reflection of one's foundation. We would do well to view the mortal ceremony as 'on the side of the spirit,' not some ego-driven event. If you could view your foundation, what would it look like? Is it falling in places? Is it built with materials of the ego? or the spirit? From where do we make our decisions? How do we envision the kingdom of heaven in our environment?

That is all for this evening. Mary sends her regards and will be with us again next week. Know that my love and thoughts are always with you. Go in peace. Until next time, shalom.

Mortal Traditions` Value | What Are Our Foundations Built Upon / The Powell Children`s Death

Abraham, WOODS CROSS GROUP 02-26-2012

Back

I am ABRAHAM. Greetings. I am with comfort in our family environment. Watching you live your mortal lives brings the Teaching Mission into reality for us as Teachers. You work, play, struggle, and have joy. I am inspired to watch you reach for more understanding, more meaning and value.

I am reminded of the two small ones that were slain by their father recently. That was a bell heard throughout the world. The grief felt throughout the many communities was also understood by the Supreme Being - that sends us information through the cosmic mind to aid us in our understanding of it all. From this horrible tragedy, lessons are forthcoming. This is an example showing this world teeters between the animal and spirit. We pray that mortals will be open to the new lessons of the spirit. [Editor's note: In the above paragraph, Abraham is referring to the dreadful events regarding the disappearance of Susan Powell from her home in Utah. Her husband (Josh Powell) being charged with her disappearance, followed with his slaying of their two young children in Washington state three weeks prior on February 5th.]

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Nothing Good Comes From Being Negative | How Do We Handle Things Different Today Than 10-20 Yrs. Ago

Abraham & Mary, WOODS CROSS GROUP 03-25-2012

Back

I am ABRAHAM. Greetings. It is such an honor to work with you and also be called your friend. I have been able to observe many of you this past month and see how you put your best foot forward. I am so touched to have witnessed you set aside the call

of the ego, and advise or assist your fellows with the best possible words you can pull from the spirit.

I know that you are each doing well in your understanding of struggle or pain; and I can tell how it has trained you to be a better teacher, friend, mother, father, wife, husband, brother, sister. When we are feeling empty of the spirit, then we have a tendency to listen to the ego. We all crave good feelings. Good feelings help bring meaning to our life. The ego brings temporary good feelings within, yes, but quickly shows that it was selfish, not of the spirit, and I know you demand real meaning and values to be a lasting part of everyday living.

I am MARY. Hello to you, my friends. I also am with gratitude to be a part of this seeming experimental time. I learn more than I teach, yes, and it is due to knowing you, my student/friends.

I can see the pain, the weakness, and the struggle of many of today's Urantian inhabitants. I am quite fascinated to see why some mortals choose a negative path and why some choose the positive; it is difficult to determine what makes a mortal choose the way they do. Some that have become embittered by life will carry on the negativity throughout their days, and their harvest is misery. Many times it takes an upsetting life event to wake them to a new and better way.

You in the Teaching Mission, however, make effort to follow a positive path - not always, but for the most part. With your life choices, we can see that you minister for the sake of the kingdom, not for personal attention or ego-building. Many times your assistance to others is simply out of the good within you. When you can truly feel the love of God, then are you in abundance to help others.

Many of my days in service to the Master's cause were filled with the sick and dying - and anyone who has taken care of these individuals know it is far from glamorous; many times I would lose my way and become bitter over having to serve in this seemingly degrading position. When one gets to this point, it is necessary to go away and be with the Spirit and be quiet. Father knows your levels of tolerance. He knows what you desire in your life. He does bring relief, even though it may not be as soon as you would hope.

I can say - when I had served, I felt sometimes as though I received nothing for my hard work. In my negative attitude I brought on more negative occurrences in my daily activities. When I had followed the Master's recommendation to go off and be alone with Father, I could refresh my outlook, attitude, and spirit. I could go back to work with enthusiasm. It was healing for the people I served, and it was healing for me. I received love, gratitude, and a closeness with Father. I can't say this positive outlook would last, but I knew what to do to change my attitude when needed.

You each have a great deal of experience in this spiritual education, and you know that you handle various life events different than you did ten or twenty years ago. This is living proof that your willingness to stay the course, fend off the ego's needs and make effort to travel the positive road, has been rewarding.

We are not the same people we once were, no! We need not act out in an immature fashion as we perhaps once did. We need not accolades or promises that a special position awaits us in heaven. Do you as mortals still have fear? Yes! Do you handle it differently than in earlier years? Yes! My friends – yes, you have made tremendous strides.

As you have your experience in this next month to come, think about how you may have handled events in your early days, and the peace and serenity you feel within now. As we ponder our growth we can think about the Master and His love for us. We stand at the door and knock; He is always welcoming us in.

Because you are people of faith, your outlook on the world is a bit different. When you hear of a tragic event, you are with certainty that Father is taking care of it. People everywhere are understood. Even though we may not understand them, Father does! and He fiercely loves His children.

I have been able in these last few months to travel from group to group, and even though the language and culture is different, there is the same desires deep down in all souls. I have a renewed enthusiasm that we are on a good path; even as a planet we are, for the most part, in sync.

This upcoming month, review your spiritual life as a garden; note how it has grown and changed with our Mission training. How have you tended to your garden and allowed good things to grow, and not let the negative things affect the good. I believe next time we meet, Abraham wants to offer you the chance to ask questions. So next time we may simply have a free discussion.

That is all for this evening. I thank you and I want you each to know that Abraham and I are close at hand. Feel free to call upon us in your quiet times. We are more than happy to visit and assist. Tonight our love for you is over-flowing. Go in peace. Until next time, shalom.

Self-Governance | A Lesson Ongoing Into The Mansion Worlds
Abraham & Mary, WOODS CROSS GROUP 04-29-2012
Back

I am ABRAHAM. Greetings. I feel such peace among you. Now that your days grow warmer there will be more activity and energy spent. These times of peace are a good way to regenerate – mind, body, and spirit. I want to thank you for making the way for my words to come to you. I want to thank you for allowing me to be a member of your family. I feel that I take much more with me than I give.

We are seeing the Teaching Mission moving toward action. Instead of reading about the right way to handle issues, we are more about doing it. Instead of studying 'what would the Master do,' we are actually doing it – it is becoming a part of our nature. The Spirit of Truth helps us obtain answers in the moment; when we are in the midst of some situation or some crisis, He is able to impart words to us that aid in promoting good.

We cannot be with the attitude: 'If my brother is good to me, then I will be good to him.' We are more with the attitude: 'I am good to my brother because God lives

within me.' It is written that each day a man lives in dedication to the spirit, the easier he finds it to do the right thing. Now our Mission is in a mode of action, and you have been well trained to bring about the best possible scenarios in everyday life.

I am MARY. I am with gratitude to be with you again this evening. I want to say, though I have never driven a car I have observed your traffic, and many times have found my stress-levels to exceed normal rate. I am seeing those with these automobiles wield great power. Many have taken this power for granted and have made mistakes, and some even have died. In this example, you can find many good lessons about self-governance.

If only you could trust one another to follow the rules; but right now, in this fast-paced world, that is not going to happen. But what can happen is that you, yourself, can provide a good example. You can show that you respect your fellow drivers and follow the rules. It is true that once one steps into a machine, mortals tend to forget the life in that machine and the machines approaching, and assumes that those are lives of lesser importance.

We can think about what self-governance means to us as we live in the everyday world. Are only the events people can see, important? Does your intention have anything to do with governing the self? - 'I meant to do good but in a moment of weakness, I slipped.' Self-governance will be a lesson that is ongoing even on to the Mansion Worlds.

I am so grateful that the Spirit of Truth is always ready with an answer in any moment. We are always doing what we can, and self-governing, yes, is our responsibility. Also we have help from the Spirit that reminds us 'in whom do we serve,' and how that does help us make correct decisions. Do you have questions this evening, Abraham or myself can answer?

LINDA: I am new to the group. As you know I'm going through difficult times. I would appreciate some help you might have regarding my search for spirituality and answers.

MARY: Yes, Linda. I know you. I am in understanding of your history and present circumstances. I would hope that you take this time to know that you are being held by the Father, not punished for any certain thing. You have broken no rules with Him. He is making effort for you to get closer to Him as you experience this time of turmoil. He does not want to see you hurt in exchange for improper behavior. That is not happening, and not going to happen. Father is however, helping you to clear out the fog that has caused your perception to be sub-par. He is bringing in the light of His Son and showing you the real meanings and values of what this mortal life holds. You will still have tears and times of sadness, yes, but you will also have times of revelation and joy. There is a world of opportunities opening to you, and you need not feel left behind. I know life is different for you these days, and I know fear can cause learning to be delayed. At this time, I would ask you to ponder these words. Find out deep down, what are those fears that seem to hold you back. You are a daughter of God and have every right to move freely within the world. I would hope for you to make that your daily affirmation and have not worry that all

is unfolding as it should. Sometimes we tend to hang on to what we think we know, even though it is uncomfortable. When we can let go, we are shown a new light and feel renewed in spirit and mind. Spend some time in journaling and write these feelings out; and as you finish you will know more about how to get past the fears and to allow Father to open your eyes to a new light. Is this helping? (Linda: Yes. Thank you.) Mary: You are welcome.

TECTRA: I have a two-part question: I am curious about the System circuits being re-encircuited. How far along in that process are we?

ABRAHAM: If you can view these circuits as perhaps the main and most important ones – those are one-hundred percent complete. There are still many more circuits to be repaired and some are non-existent because the worlds' experience has gone through a changed status. So there are new circuits being replaced with all the new experience just since the Adjudication (of Lucifer). But the main circuits that connect you with the Supreme Being, the cosmic mind, the seven adjutant mind-spirits, Father, Mother, and Michael, are all one-hundred percent complete and operating. Does this help?

TECTRA: Yes, thank you. As a follow-up to that: I can feel my experience in life with these new encircuitments happening. Can you say either tangible or specific things that we can, as a people, experience now from this re-encircuitment? I know that it is probably more of a spiritual nature – I am thinking about greater awareness sensitivity sort of things.

ABRAHAM: Of course. As you said, a greater awareness and sensitivity of mortals to the spiritual life, is ever-growing. I can also say that some natural abilities you should have had before the Lucifer rebellion will be becoming more apparent, such as foreknowing; intuition; ability to hear the Spirit speak; some communication without words between mortals; some communication with animals as well; your ability to know an individual, and know if you can trust them, will be more apparent. There are many assets that were lost because of the rebellion – and because you now are getting back what was gone, the human body will also have change and the mind will have growth. Does this help?

TECTRA: Yes. Thank you so much. I want to say too, that you may receive much from us, as you say, but I am so thankful – and I will try to speak for all of us here – for your time and effort that you spend each and every lesson that you bring to us. Your goodness of heart and goodwill inside your soul is pouring out to us. Thank you so much for your endeavors.

ABRAHAM: You are so welcome and we are also with gratitude to you for your enduring nature and logical love you have provided us over these years, Tectra, my son. Are there more questions?

CALVIN, for DAY: I well remember you, Abraham, telling me about ten years ago that Father had someone in store for me that would exceed my expectations as a soul companion. And now I am here, today, married to Day (Lanya) – and definitely does she exceed my expectations. She has asked me to voice her question. As you know, she has gone through much to leave her country and family, and now even her religion, to

come here. As Linda's question, she would like to know if you, or Mary, have any words that will help her understand the meaning of this all.

MARY: Good evening, Day. I am Mary. I am honored to speak with you. I do see you have always had to put forth such great effort in everyday-living, and this was a way of life in your culture. Sometimes, now, there is no need to put forth that tremendous effort, and you are wondering what to do with yourself. I can see you are intelligent, and having any extra time would be good to study something that you love. For example, should you love flowers it would be acceptable for you to read books on flowers. If you are interested in looking for employment, that is a worthwhile research to participate in. You are a daughter of our First Source and Center and are accepted exactly as you are--equal to all Father's children--and have every right to explore, learn, and grow. You are a logical and joyful person. We find that your personal ministry will be of assistance to many that know you. Have not worry about feelings of non-productivity. Fill your time with the study of something you love. Does this help? (Calvin and Day: Yes.) Another question?

CALVIN: I am puzzled about the account in the Urantia Book where the children of Adam and Eve, after the fall of Eve, did become irate and went out to those just outside the garden killing men, women and children. It does not seem logical that the children of the Garden would do such a thing. I don't discount the Urantia Book's presentation of this, but still, it just isn't logical to me. Can you shed some light on this event?

ABRAHAM: I am Abraham. I would need also to further research this because there are issues I don't know first-hand. So at this time can you shelf that question and ask me later?

CALVIN: Yes, shelved! I have had so many coincidences in my life that seem beyond just happen-chance. One so very intriguing event was back in 1986 regarding my search for "the greater record to come that would reveal the mysteries of the universes" as foretold in Mormonism. After five years of searching, I found such in the Urantia Book - which was given to me by Marlin, who got it from Faye (Ellen) here in the group. At that time, I noticed its Library of Congress Catalog number is "55-10554" which is the same numbers as is my birthday, October 4th, 1955. Can you tell me if that is just coincidence? Otherwise, I've made quite a connection and significance as a result of this, given my long searching for it.

ABRAHAM: It is simple coincidence and yet, the feeling you have is real. I would say that your connection with the Urantia Book is more than synchronicity, it has become a part of your growing soul. And the fact that the birthdate is in alignment is like a medallion you can wear and enjoy. Is this answering? (Calvin: Yes, thank you.)
Abraham: Are there more questions?

TECTRA: What are some things we can say to people we are talking with who proclaim they are atheists? It seems they don't know that they're really searching.

ABRAHAM: Yes. I would ask them why have they the belief they do now. Most of the time you can trace it back to bitter religious training and the individual holding on to resentments toward God, instead of the messenger that brought His supposed

word. Another reason why individuals may choose atheism is that they feel not worthy of a personal God that is just their very own, and who loves them more than they can comprehend, no matter what they have done. They feel that all those 'God-lovers' are in a special club, one in which they themselves would not be able to pay the membership dues. So my answer to you would be to get their story and start from there. I would ponder on how to relate with them. Feel free to share with them what you did discover on your own personal journey. It is a shame when people stumble over religion to get to the First Source and Center. I would not put down specific spiritual books or religions, but tell of your own personal story and beliefs as if you are just talking in conversation and not trying to convert them. Allow individuals to know they are welcome to have their say. It really is time, experience and opportunity, that enlivens a soul to the recognition of a higher power. That was a good question, Tectra, because we do have growing numbers of atheism, and it really is a natural outworking of the planets' spiritual evolution. It is a cleansing, so to speak. Sometimes it is better to start building your own spiritual foundation than to start with something somebody else has built for you and says you should accept it. Yes, well done. Another question?

CALVIN: I hear you and Mary often say you are near at hand and for us to call on you. I just don't hear you at all and I've never seen you. I'm sure you are there but unless you rattle some pans or make the dog bark like what happened last week, I just don't seem to make a literal connection. Perhaps my mind is just too busy or too tired from not enough sleep. I try to meditate but my mind is so busy; or, I am constantly itching which breaks my stillness attempt. Any help in this?

ABRAHAM: I would say your gift lies within your discussion with others. I believe you allow the Spirit to speak when the best of you is called for to aid in another's understanding. I understand that you love the truth and would always want to give sound advice. When you are without an answer you are asking Father for help, and in this, you serve well and are able to give an individual, words directly from the Spirit. Not everyone will receive in the same method. Sometimes it is just a calling for you to give the best that you have. You have good intentions and show a fine example of faith. You receive answers easier than you thought you would. It is not an actual voice or words to see, but so 'in-the-moment' of when you are desiring to bring out your best out of love for your fellows. Well done. One more question?

LINDA: I hear people called by different names. What is that about and what is my name?

ABRAHAM: Certainly. In the information I receive I am to interpret it into English, and then to you. Your spiritual name sounds like Jera. Is that making sense? (Linda: Yes, thank you.)

TECTRA: Could you explain again the basis of our spiritual names, please.

ABRAHAM: The spiritual names are actually not usually given when still in the flesh. The spiritual names are what Father knows you by. The reason we have allowed spiritual names in the Correcting Time is to help with awakening the minds' connection to the Adjuster. In all reality, Father knows each child - name or not. Your spirit name is more of a gift to you.

My connection grows weak and I am wanting to send you off with mine and Mary's love. Know that we are always at hand should you have more questions. Know that we are with ever-growing love for you each. Go in peace. Until next time, shalom.

The Reality Of Science And The Underlying Work Of Father

Abraham, WOODS CROSS GROUP 05-27-2012

Back

I am ABRAHAM. Greetings. I am overjoyed seeing the blooming of new life. My gratitude is overflowing today. I am grateful for all that I have known and experienced. My gratitude is a fuel that works on a spiritual level, where those that wear the flesh might experience gratitude more on a chemical level.

Mortal science has found that it is important to make connections in the brain of a baby, for as they develop, they are naturally with sympathy for others. It is important as adults that we also continue to make connections within the brain, and that can come about through feeling gratitude or love.

For adults to make a solid eye-connection with an infant creates a release of chemicals in the brain that creates joy and feelings of being well-balanced. To be within nature and take in the beauty of Father's creation also allows for a flood of chemical release in the adult brain.

Your scientists are finding God within the mechanics of the human body; it is hopeful that their findings will be made understandable to the public because people need to know that life is not chaos and random, but part of a divine purpose.

For you my friends here, I have never set you apart as special. I have never said that the Teaching Mission was elite. But I have said, those that have committed to doing tasks for the kingdom will be given further assignments. I am with awareness that many of you have had times of turmoil in your daily living, and I can tell you that Father is orchestrating the best possible outcomes for you and whomever you work with - to assist in all aspects of a more joy-filled and peaceful mortal living.

The flesh, or 'animal mind,' can become fearful and hold back; it can forget the commitments made to Father. However, the soul remembers the commitments made, and when you are spiritually fit, the soul is with peace and can more easily receive information from the Thought Adjuster, or from the cosmic mind.

I am attempting to help you see the reality of science and the underlying work of Father; the body reacts well to food for the soul. Hearing beautiful music; watching birds; listening to the ocean; looking into the eyes of your loved ones - these are a few examples of those practices that create those needed connections in the brain and releases your endorphins or hormones into the body.

We don't ask you to freefall with faith in just anyone, no! I understand, that having to live as a mortal, it is difficult to just take the words of a preacher or some leader, and simply have faith - and then are disappointed when you have those

natural doubts. No, I am recommending you see the intricacy of all life as part of the symphony of a greater orchestra.

In times of sorrow or hardship, you may feel that Father has left you, and can easily feel that you are a failure. But believe me, this is the work of the animal ego; it is the fear rising up from the flesh trying to follow the natural instincts of the animal; it is not bad or good, it just is.

I can say that if you are not diligent in feeding the spirit, then the fear is more likely to compromise the natural chemical responses in the brain. I say, do not allow this fear to hang on. Rather, exercise your spiritual muscles. Enlighten yourself to the inner workings of nature, or the blessings of fellowship, or the several other ways we have learned to enliven the spirit. I say, to stay in that mindset of fear is not allowing the physical body to chemically react to balance the healthy functions of the mind.

So today I am saying that my gratitude is overflowing to be with you, soul to soul, friend to friend. I am with deep gratitude to Michael – the ‘door,’ and to our First Source and Center – our Father. I am grateful for our Mother, who holds our hand as she teaches us. I am grateful to stand in this family kingdom and know that love reigns.

This week my friends, let us tame the fearful ego with science and back that up with Spirit. Know that Mary sends her love and will be with us next time. That is all for this evening. I am with ever-growing love and gratitude for you each. Until next time, shalom.

The Path Of Ease-Seeking Is Not Fulfilling – It Brings No Adventure Or Faith-Building

Abraham & Emulan, WOODS CROSS GROUP 06-24-2012

Back

I am ABRAHAM. Greetings. I am indeed overflowing with the spirit that you have each placed a stepping stone to higher thinking. I am touched by your willingness to discuss reality with comfort. It is obvious we each bring out the best in each other. I count myself so blessed for having spent so much time with you and adding to the growth of the cosmic mind. It is obvious that during our time away from one another we are each reaching for answers and understanding. It is wonderful to see you each partake of the well of truth, beauty, and goodness.

I am EMULAN. What a treasure to again be with you this evening. I am in understanding of your difficulties in maintaining faith. During my time in the flesh, I realized that what I wanted 'physically' became the god I served. As you know, I experienced tragic loss of wife and daughter and was incarcerated for quite some time in a ward for the mentally disturbed.

During this incarceration, I spent a great many hours alone and began to envision a path in my mind – a path made of soil with boulders, grass, and trees. In this path, there was a fork. Down one side of the fork I could see a clear path for a long way. When I looked to the other side I could see great obstacles from falling logs and

streams. It appeared to be rough going.

As I got to building my relationship with Father, I would believe He would have me take the rocky road of faith because I would be in training for my eternal career. But my animal ego-mind was definitely so strong, and I chose to take the clear path. On the clear path, I learned nothing. I got bored. I looked for outside interests and desires of the flesh.

It took a heavy knock to boost me out of this rut. I realized the path of ease-seeking was not fulfilling; there was no adventure or faith-building. My exercise of the spirit was small so the desires of the animal flesh became my focus. I sought escape through alcohol, drugs, sex, food – in general, risky living. And at the end of the day, I sat empty, I had nothing. I was indeed angry with God that He had not blessed me with a life of ease. ‘I paid my dues,’ I felt! ‘I paid with wife and child;’ and I felt I was owed or entitled to peace, love, and understanding.

They say, ‘don’t become bitter, become better.’ I say, that was not the case for me for I had become quite embittered. I realized I had to examine my thoughts, feelings, desires, and what I really wanted. I wanted to live my life as a tribute to the family that I lost and missed so terribly. I began to concentrate on gaining knowledge, soaking up every bit of information I could. I began to understand the ways of Michael, and Him waiting for my knock at the Door.

As I accepted the path of difficulty, and having sworn a resolve to go through whatever obstacle was before me – knowing that the Master would go first, my ‘animal instinct patterns’ began to change into ‘spiritual-seeking patterns’ – such as:

- 1) Finding out the meaning of loss.
- 2) Finding out the meaning of keeping the faith.
- 3) Finding out the meaning of attaining knowledge.
- 4) Finding out the meaning of ‘what God do you serve.’

I now became aware that as I sat at the end of the day, I was full; I felt peace; I noticed an intimacy and increasing companionship with the Savior. I realized that every moment with Him makes me want to put forth my best in any situation.

Friends, we must not think that our time-frame and God’s, align, no! Time is nothing. Time is a matter of what you fill it with. Do you want to fill it with escape? Unconsciousness of reality through chemicals? Do you want to fill it with worry of money? Do you want to fill your time with regret of the past?

How will you feel at the end of the day? Is your time spent in learning to build that scaffolding to the morontial life? What have we taken out of the spirit life? What have we learned? How do we feel deep down when we have that closeness with the First Source and Center? Will we know at the end of the day we did our best and did it with full-on approval from the Lord?

I am so honored to be among you this evening. Thank you for the lessons you have taught me, my brothers and sisters. I am with deep and abiding love for you each. Farewell.

I am ABRAHAM. Our gratitude to our brother, Emulan, for a beautiful explanation of reality – that it is not good or bad; it just is, and is an adventure.

For the weeks ahead let us put forth true effort into the God we serve. How does the ego-mind throw down logs on our paths? What are we going to do about it? You know Father will never let you lay down before your troubles. Take His hand and learn and do. That is all for this evening. My love is ever-growing for each one of you, blessed brothers and sisters. Until next time, shalom.

Let Not The Earthly `Fireworks` Distract Us From Our Responsibilities To Father
Abraham & Mary, WOODS CROSS GROUP 07-29-2012

Back

[Editor's note. In the past several months we had been meeting on the 4th Sunday of each month – which was typically the last Sunday of the month. This month, however, there were five Sundays, so we elected to meet on the 5th Sunday.)

I am ABRAHAM. Greetings. We are happy for the rescheduling from last week and the chance to be in touch with you again, our co-workers, friends, brothers and sisters.

If we view the world right now, the awareness by the population is perhaps a little like watching fireworks; the changes on the planet now are sometimes stunning or fearful, and sometimes beautiful or blinding. It is understandable that many are frozen in their tracks. The work of the Correcting Time is not easy or even efficient, for it takes great patience and effort on the part of those who choose to live their lives according to the Master's teachings; and of course, there are at times setbacks and stumbling.

I would like to reassure everyone that communication such as this (transmission-receiving through the mortal mind, as is with Ellanor) is also available for each of you on a personal level. Those of you who practice the lessons of this Teaching Mission will help steady those who are frozen in their tracks.

Yes, with our Spirit-leading, we can explain a bit clearer of what is happening. As you have said, sometimes things must get worse before they are better. As such, with the access of media, you don't hear all of the facts – facts that would add to our definition of an overall picture of Urantia's happenings.

I am MARY. We are grateful for this opportunity to keep updated and encouraged. I believe my greatest lesson if in the flesh today would be learning patience; and, realizing that the universe has not the same concept of time that mortals do. I am saying, we as mortals have developed our own concept of time, and it is not the same as Father's universal timing.

I know that wading through deep and challenging lessons of life is sometimes damaging in various ways. However, if mortals should so choose to allow it, these times can be life-changing toward greater understanding.

What was so memorable for me was observing the Master's patience in many areas of mortal living. I was especially affected by the event of the crucifixion where He said: "I thirst!" and He was offered wine/vinegar as perhaps a buffer from the pain, physical and mental, and He refused. He wholeheartedly chose to go by the Father's will.

The Master could have escaped the pain of the scourging and the humiliation; He could have screamed out His defense – but His mind was so in tune with Father's that He knew exactly what to do in those moments. A pillar of strength, yes, and I believe that He attained that from His constant devotion to the Father's will.

I often wondered how Jesus could choose to not have a partner and perhaps some children. As we know, He knew what the Father's will was, and His own desires were modified.

Look within at your own pain when it is felt – each area in your life, be it physical, financial, or mental and emotional. With each event are you aware of staving off your desires for a time to allow Father to communicate with you? That's why I mentioned the time differences – because you have to be okay in waiting with patience.

The world today is so instant, temporary, and disposable – and you cannot expect Father to play in this impatient game. He is our Father yesterday, today, and tomorrow, yes; and His plan is perfect. With a devotion to the doing of Father's will, your connection is better. With Father and His universe helpers, your desires are changed, your picture is bigger. You will be able to have confidence on the path you are traveling because you know it is in line with Father's will and providing those needed lessons/experiences.

I am inspired by the Master's life because He did not choose the easy instant way out. He did not seek escape; He thought about it, yes, but His devotion to the doing of Father's will won out. How could one live a more perfect life in thirty-six years? This was not a long time, but throughout He chose strength over weakness, wisdom over mysticism, education instead of assumptions.

Where are your eyes to see with? Where are your ears to hear? Where is your mind at these days? Where is your free will leading you, and what have you chosen? Are you hiding in isolation and weakness? or are you striving to embrace the light? You are to live life on purpose, yes, not let life randomly 'live you.' Many times we can lose focus – and yes, it is completely understood.

We suggest for the month ahead, to think about how the Master made choices. Where was His mind? What was the practice in which He connected with Father? Where did such strength come from that He did not run and hide from His problems? Let's look up above these earthly fireworks to make connection with Father and His familial universe.

Know that Abraham, myself and the many others that attend you, love you no matter what has occurred in your life. No matter what you have done or who you think you are – we love you. We love you as you are. Embrace the light with us. And with that, Abraham and I shall bid you, shalom.

Our Creator Brother-Father Is Our Close Friend | To Know Him Better, We Better Know Father

Abraham, Michael & Mary, WOODS CROSS GROUP

08-26-2012

Back

I am ABRAHAM. Greetings. Our hearts are with gratitude to be here in this time of remembrance for the Master's mortal life. I find it touching that you find these milestones in your lives to either celebrate, grieve, or to simply think about.

Think about your happiest celebratory moment here in the mortal life and know that that feeling is every day here beyond the veil. We find our happiest times are when we take moments for worship of the First Source and Center. Although we are assuming we are giving of our time, love and thoughts, we are actually receiving healing – mentally and emotionally; and with you mortals, this healing is also physically.

If the Master had His way, He would give energy to the joyful things in life instead of allowing sorrow to take its course. I am not saying do not learn from the past, no, but to take what you can and move on. Put your energies into something that you can make better. You can improve the future or even the present, with a good connection with God.

Isn't it wonderful we each have our own God within who understands us completely and loves us no matter what. A great deal of the population believes that God is in His throne on high; and therefore, it is difficult to relate to Him who is the Source and Center of all there is.

I am MARY. Love and greetings to you all. I am especially grateful for my time spent with the Master because He showed me that God the Father was my friend. God should always be the one we go to first – not the last resort when we are in trouble. In joy or sorrow, He should be as familiar to you as Abraham and myself.

Many of the religions today keep God and Christ as 'deities having given up everything for you so that you will give all to them.' Christ's mission on Earth never asked that of His friends. Rather, He showed by example how familiar He was with Father, how He could talk to Father like a friend.

I have felt, myself, in talking with the Master that He was also like talking to a friend. Never did I know of His divinity. As a mortal, never did I know what order of Sons He belonged to; nor had any universe knowledge whatsoever. All I knew was that Christ was my friend, my counselor, my example of how to live life – giving energy into things that really matter. And with that, I give you my friend.

MICHAEL: My loved ones. What a treat to meet with you all together. I would hope that you know we have plenty of time, one on one, but being together brings back the memory of my resurrection days. The joy and light on the faces of my fellows brought me a glad and full heart. Speaking of my fellows, I am with Mary and Abraham, whom I have known so long, and the generations of love shines such a beautiful light. I am with the same feeling with each of you – we are that close.

I am the door to the First Source and Center, and always is my door open. I am renewing my relationship with you, my children, with the hope that you can see God the Father sitting right beside you, listening to you, giving you guidance, understanding you. What other people may view as trivial, the Father does not. He knows your pain. As I am close to you, Father is even closer.

We are in difficult times on the planet. I am speaking of the Correcting Time. There are a great deal of my children who seek escape, or who choose to worship something else. I am suggesting that you make an example of how I am a friend to you, as well as is Father. I am asking you to live your beliefs not just talk about them. Those that know you shall also be inspired to think of me and Father as their closest allies – a real family – one which does not desert in times of stress or spirit poisons.

Overall, I would like to tell you that I am deeply touched by your faith and perseverance to continue on in this Correcting Time mission. Our tasks are not hard. Our assignments should generate energy and joy. In ministering to individuals, you should feel an abundance of energy and drive. Any time you are feeling empty or put upon, then perhaps that is not the task for you; if you keep good prayer and meditation practice you should easily know the difference, and find that direction from myself, Mother, or our First Source and Center, easy to understand.

What helps you to step closer to me? What helps you to listen for guidance, or to keep faithful when all seems lost? You know what these steps are, and it is individual of course. Believe me, I do know my children and desire to be close, just like a brother/friend. I am willing to take on your feelings of anger, disappointment, sorrow. Trust me, I can handle it and turn it around so that you are confident, serene, and energetic.

I shall return you back to my friends, Abraham and Mary. I give you my unending love and devotion. Feel free to call upon me, because I will call upon you. Carry on.

I am MARY. Thank you, Michael. We are with inspiration to go forward to believe that you are our friend right by our side, yes, in all that is good and seemingly bad. We thank you for making Father 'down-to-Earth' for us, showing us that He is not too busy and that our problems are not too petty. We feel loved and wanted in the Kingdom family.

My friends, for the weeks ahead, do those things that draw you closer to the Master, whatever they are. Talk to Him in all your times of emotional upheaval as well as your joy. Including Him in your life helps to make a better connection with the Father.

We thank you, as we do every year, for your remembrance of the Masters' mortal birth on Urantia. Know that the three of us send you our love, hand in hand and heart to heart. Go in peace. Until next time, shalom.

Be Cautious of Going Down A Negative Path and Truthfully Assist Those Who Do
Abraham & Mary, WOODS CROSS GROUP 09-30-2012

Back

[Editor's note: This year was an election year for the United States Presidency (Barack Obama vs. Mitt Romney). As per this Wikipedia article, there arose an unusual negativity, nationwide, that far exceeded anything previous on the political horizon in the US.]

I am ABRAHAM. Greetings. To be gathered with you, my family, makes me hopeful – hopeful for new changes in the world; new changes in the hearts of man. I am a bit

concerned about the masses of individuals that are turning not only away from God, but toward something evil. It is obvious that many have lost hope and only care about what their eyes can see and their ego can gain. It definitely is a trend, and believe me, if you call upon evil it will answer.

It is sad that churches have made the masses feel disconnected from the 'One God.' It would seem those who choose not to believe in a higher power will have an easier life where they can make mistakes and then gloat about it. It is difficult to come upon these negative individuals and try to stay on Father's path. The negativity of the individual pulls you into what would 'seem' to be an easier life, one filled with criticism and judgment toward mankind. It is important that we develop our spiritual muscles - to not only maintain our faith, but call out the negative individual.

I am MARY. Greetings, friends. Abraham has reminded me of a situation I was in when working as a nursemaid to the sick. I had a co-worker named Johanna. She was supposedly down in the trenches with me doing her best so that she could be seen in a good light by her fellows. She helped others to really help herself - and I can tell you, she complained non-stop about every little thing.

Johanna's negativity drew me in and I began to gossip and have judgment on others - which I can say, in that moment, your ego feels lifted as if you are better than everyone else. I could tell that my internal feelings were definitely disrupted with this negativity, and ego-boosting definitely went against the grain of my beliefs; I literally felt this disrupting negative energy.

Once I would meet up with Johanna and start in with the gossip and negativity it was difficult to pull out of that. When I would go home at night I would still carry that negativity with me - and the more I did, the further away I felt from Father.

When I realized what was occurring, I told Johanna to tell her negative thoughts to someone else because she was hurting my spirit. She was angry of course and we had words. I felt sad for this separation, yes, but also was I glad in a way, for my mind could begin again to focus on the right path - meaning, to attend to the sick because they are our brothers and sisters, and to spread the good word that 'the bad doesn't last,' and that 'good will come again.'

A few days after my words with Johanna she came to me and said: "You are right, Mary, I am low in spirit and do have excess ego difficulties - can you help me?" We both cried and hugged; and I said: "I will tell you what the Master has told me." Said He: "It would be most beneficial if you could sit in stillness and attempt to feel the Father's presence." We will go listen to the Master's teachings and take them in as a part of who we are."

I told Johanna that I was far from perfect and still learning, and that we can learn together how to create light instead of only seeing bad - always speaking of negative events and having a judgmental attitude.

As time went by, Johanna and I had become very good friends. Her attitude was lightened and she wore a smile most of the time. She began to genuinely care about

her job as a nursemaid. She began to better care for the patients. She told me she felt new growth; she felt increased happiness; she felt the love of God and the Master, and wanted to do good just for them. She expressed that the love was so great that it was transforming.

So our lesson tonight is mostly about being cautious of going down a negative path. Also, it is important to say truthful and yet kind words to turn an individual within to where the God resides. It is important to allow individuals to know that you are not perfect and are still a learning child of God; and, that we are all learning together. We can bring up positive thoughts for the day instead of perpetuating the negative.

I am so honored to know you each. Your blessed personalities lead me to believe you have no problem in getting close to the hearts of those you know, and helping in creating light. There is a dark-growing trend out there. To those you know who are following that dark path, attempt to shed positive light; let them know that whoever it is they are seeking in that darkness is from the side of evil and is not who they really want. Those who are on a dark path, really, deep down do desire the true God of freedom, of unconditional love – and yes, some individuals do not believe that that exists.

Know that you each are surrounded by a light that touches others wherever you go. This light touches your children, parents, grocery store clerks, co-workers, friends, and neighbors. You have made a commitment long ago and our assignments are full-on. We are somewhat battling the darkness through our Correcting Time assignments. We are hoping individuals will see the difference, as Johanna did. In the light, it feels so much better in your mind, in your body, in your spirit, in your attitude – yes, the light feels so much better.

That is all for this evening. Next time we meet, perhaps we will have questions and more interaction if that is acceptable. With that, Abraham and myself take our leave, sending you with unending love, joy, and peace. Shalom.

Staying Close To Father Helps Us Shield Against Negativity

Abraham & Mary, WOODS CROSS GROUP 10-28-2012

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I am ABRAHAM. Greetings. It is so uplifting to my spirit when we can meet. As you watch the children play you feel the love and joy that I feel when meeting with you. I am so grateful for our history. We have had many life-occurrences that have taught us a great deal about how to move, how to live and have our being in Urantia's current environment.

I have always found that the more I help others, the more I am helped. It is customary in the corporate world for individual's to constantly struggle to make it to the top. Urantians do have a need to have some attention, some interaction; and in this fast-paced world we find that some individuals are stepping on others to get that attention.

It was interesting to learn about the Master and His close relationship to the Father. He had not need to draw attention to Himself. He did not want the good news

to be about Him, no, but about the relationship with the Universal Father and His kingdom children. I know there is a lot of struggle to maintain everyday life; we have learned from the Master how our focus on Father helps all other things to fall into place.

It is understandable for us watching you how negative sometimes your interaction can be with others. I do also understand hurt feelings and that little spark of revenge that pops into the mind. I am happy that you have studied the Master's life and have come to know that just because others in the world you live in act like animals, this does not need to bring out the animal in you.

When we are in good association with Father, then we are able to look upon others' negative action as just a misunderstanding on their part; but yet we do what we do as believers – we keep showing the light, we keep lightheartedness and hope. Through these years together, I am with confidence to be witness to how you help others and spread the good news. As believers, we need not allow the darkness to swallow the light; we are with knowing that the light is much more powerful.

I am always with the understanding that you each need time to rest, play and find some moments of serenity. It is important that you spend some time each day focusing on Father. Staying close to Him will help you shield yourself against negativity and not let your attitude be changed by the negative actions of others. It is understandable that you feel anger from time to time, but it is also logical that you have been trained to know a higher road.

When you are feeling defeated in life, it is because of an absence of the Father in your life. You can see how that close relationship with Father is a powerful tool to have in daily living. When the rain falls too hard, then are you sheltered by His love, understanding, and knowledge – rather than feeling drenched and defeated.

Father helps us not to react in a negative fashion, but to teach a better way. This reminds me of your so-called 'road-rage' – of the many individuals in machines having not common courtesy. I am sure we would all agree, this rage is really quite trivial. Because others choose a more animalistic behavior does not affect us when we are close with the Spirit.

I am MARY. My spirit is also lightened by our gatherings. I do appreciate this evenings' lessen because I lived that self-protective negative animalistic behavior in my mortal days. It really became simply a social negative habit. I know that when I was treated poorly by others, I also treated others poorly. It took a great deal of time to change my mind, attitude, and habits.

It is written that 'you can exchange your mind for the mind of Christ.' I spent many hours speaking with my sisters about how Father gives us the gift of compassion. Those that are negative live quite in their own hell. We can feel compassion, yes! and yet we can turn our minds toward what we can do to help the light grow.

I know I spent many hours in my own thinking and remembering and dwelling on 'the poor treatment I received;' and from that mindset, I would be low in spirit and bad in attitude. It took real exercise of the mind to 'exchange my mind for the mind of

Christ.' I would still feel some anger, yes, and yet I learned I can look upon those events with compassion and understanding – that sometimes people just don't know any better.

It is necessary to make a commitment to the Master to have His understanding; His far-seeing ability. I came to have a real understanding of this spiritual Being. To have such understanding is indeed a feeling of calm – like, as you say, a duck with water that rolls right off its back and troubles are not so crippling. I know in my heart that life is eternal and this mortal life is only the beginning. Yes, we will be learning for eternity, and it is important to start your scaffolding with a sturdy foundation of faith.

I am understanding questions will be postponed. We are off to teach in other areas that are in great need. We are so grateful you have committed yourselves to being mentors and good friends. You know that the light is more powerful than any negativism, and that we will always be there to help you.

With that, we shall take our leave. Know that our gratitude to you is endless and our love for you is so strong. Go in peace. Until next time, shalom.

Keeping The Mindal Well Clean And Ready For Faith-Filled Hope And Joy
Abraham, WOODS CROSS GROUP 11-11-2012

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[Editor's note as of May 20, 2024: Abraham's reference in this lesson regarding the nation's increasing trend toward "separation, hate, distrust" – is likely a result of 2012 political environment in the US Presidential election. The media's polarizing hype for each political side (Barack Obama vs. Mitt Romney), and the incessant social media's misinformation, had brought about a vast wedge between families, neighbors and co-workers, at a scale not seen before. This division and hate became even more profound in the US Presidential elections of 2016; 2020; and 2024. Many other countries had very similar political experiences. This environment gives a whole new meaning to the biblical passage in KJV Luke Chapter 12 regarding society's landscape prior to Christ's 'second coming:']

52 For from henceforth there shall be five in one house divided, three against two, and two against three.

53 The father shall be divided against the son, and the son against the father; the mother against the daughter, and the daughter against the mother; the mother-in-law against her daughter-in-law, and the daughter-in-law against her mother-in-law. (KJV).]

I am ABRAHAM. Greetings. I am happy to meet in this casual format. I am indeed busy, as are many of the Teachers in the Mission. Urantia has been the focus of Nebadon as of late; there have been so many mind-altering events, so much emotion, that it has literally moved your world.

The mind is a well, and whatever you put in it is what you can expect to receive out of it. With this Correcting Time, there is so much desire for change that many are grasping at anything – grasping at something to fill the well within. So many events just in this nation have caused a great deal of separation, hate, distrust.

It would appear that emotions are what Urantians are filling their mindal well with; and when they go to dip their cup within the well, there is nothing of value, nothing substantial, nothing that can help. It only creates more chaos.

Time spent with the stillness can help to empty that mindal well – to clear it of emotional debris and prepare it to receive real comfort, knowledge, and truth. It takes dedication to surrendering the desires of the heart and mind – surrendering the temporary satisfaction, or the 'quick-fix.' It would be my hope that you each become skilled at keeping the mindal well clean and ready for faith-filled hope and joy. I can take questions.

CALVIN: You mentioned earlier in your words tonight regarding events that has caused all eyes focused on Urantia. Does that event have anything to do with the expected 12/21/12 predictions regarding the Mayan Calendar's supposed 'end of the world' thinking?

ABRAHAM: Thank you, Calvin. The events that are affecting the Correcting Time are happening now, and have been building for many years. I am mostly speaking of the spirit poisons that are moving Urantia into a negative direction. Some mortals are seeing the animals they can be – the teeth-bearing hateful, greedy, animals. This is causing individuals to look 'within' and try to find the miracle of change that is coming. In being 'human,' as you know, many love the mystical; and as you have discussed, the books that are treasured portray the death and destruction of the world with an outcome of the true believers creating the new heaven on earth. In our own experience on the planet, each one of us knows that many things predicted have not come to pass – that many things are attention-grabbing and ego-satisfying by those who give predictions. Many events in the world now have caused people to be humble, to be small and look around and see what is really important – life and love, truth, beauty, and goodness. Of course, history will go on. As mortals, we can only hope to learn from mistakes and be small, and look at the value in our role as a human being. Believe me, we are facing these global challenges and are finding that the majority are turning their face toward the Son, the light. No, there is no 'end times' in sight. Michael puts forth His all to be reaching each of His children – to help them rise up before their troubles and to teach them integrity, honor, faith, and loyalty. Know that those who have not deep and abiding faith will continue to embrace some sort of prediction; they will seek other reasons rather than to look towards a higher power – when all along, the answers are there, within. Each child has access to a joy-filled life; not an easy life by any means, but more joy than pain. Is this helping? (Calvin: Yes. Thank you, Abraham.)

SHYANNE: May I have an assessment, please?

ABRAHAM: My daughter, it is wonderful to see you. Yes, I believe I know your thoughts of troubling matters and hope that I can answer adequately. I am understanding how much effort you put toward your passions in life. I am understanding you are feeling somewhat exhausted from so much effort being put forth and not finding what you have hoped for. I know you to be a woman of courage and have strong intuition. I understand that it is not easy for you to trust that intuition; but I can confirm that you have a higher understanding of situations, difficult situations that others cannot understand. I know you to be an oasis in the

lives of your loved ones, and the emotional connection to them is somewhat of a burden at times. I believe if you can quiet the emotions, you can connect to that intuition and have knowledge of handling situations that come up before you. Yes you have foreknowledge, and that is a tremendous gift. I see you as a teacher who helps others to keep fighting the good fight of faith. You help strengthen others to move forward and be responsible. Well done. I would recommend that some interaction with Mother Spirit would be helpful to you. Spend a few moments each day in stillness with intention of greeting Her. Have not the doubt that you are overlooked by Father. You are well known, well-loved and guided. Does this help? (Shyanne: Yes, thank you.)

LINDA: I am very grateful for you. I would like an assessment. Am I doing the right thing in my relationship? or to end it.

ABRAHAM: Greetings, daughter. I am with over-flowing love to meet with you. I have grown quite fond of you as I get to know you. I am in understanding of your struggle. I am loath to say if one is doing the right thing or not because it is one's personal experience to live and grow therefrom. I can say that in this experience you have gained faith, strength, and determination. You can only answer for yourself: 'Is my life better off now than it was with the relationship?' Daughter, I do believe that you are fully capable to answer this! Everyone will have their choices, will have decisions – to take the easy road or to gird yourself with the weapon of faith. I see you as being born again. You are more receptive to the spirit now more than ever before. You have a great deal to give; but first, you are to know the experience of morontia mota. Have not fear for the future. You are well receptive to Father's guidance and can find a reliable love in Him. "Seek first the kingdom of heaven and all else will be given," is a favorite line of mine. You are becoming stronger every day. Know that you are loved and have a great deal to do in the future. Focus on your receptivity skills of being in understanding how best to move forward. Also do I recommend you to speak with Mother; She is the one who knows about that through Her mind-ministries. Thank you for your question, my daughter. (Linda: Thank you.) Abraham: You are welcome.

CALVIN: Do you have some words for our transmission-receiver, Ellanor.

ABRAHAM: Thank you, Calvin. Ellanor, I know well of your thoughts. Your need to atone has indeed become destructive. I have a recommendation that you study your Urantia Book and remember the promises Father made to His children. It is not a random world. It is not about luck or punishment. You have a way with people and can do a great deal of positive work. I am recommending to you to focus on positive works. If you look around you, you can see the many that are in need of a hopeful word. That is all.

LINDA: Miriam would like an assessment of how she is doing with her health.

ABRAHAM: Miriam, my daughter, I am seeing you to focus much on pain. It is understood, yes, but it is possible to exchange your mind for the mind of Jesus; and I am suggesting that you take time to sit at the Master's feet and open your mind and heart to Him. Have your journal open. His presence is a healing light. I would also ask that you free yourself from past regret – for that is a dead end. You know

that beyond the veil there is understanding to be had. For now, empty the mindal well and place yourself at the feet of the Master, and listen. He is with such love for you, such understanding, and wants for your progression. We will speak more. I will look forward to seeing you at our meeting-time. Go in peace, daughter.

CALVIN: Question for Day: She asks advice for how to help her brother, and what is her spirit name?

ABRAHAM: Greetings, Day. I am so happy your presence is with this group. You are a joy-filled spirit that helps in lightening any heavy mood. I am not with understanding of how to help in your brother's situation, but I can say you are helping him by being in contact. Do your best to contact him as much as possible. Do not worry about his faith in God, simply draw upon your own faith and be that peaceful light that he knows. You are with a great deal of wisdom and are completely able to be a stabilizer in anyone's life. [Pause.] I am believing I can come as close as possible to your spiritual name - Lanya. As you each know, the language between spirit and mortal is as different as is the language from nation to nation on your world. Lanya, it is indeed a pleasure to work with you. You are very important in the lives of many, and there are still so many yet to meet. I thank you for being open to the faith Calvin has presented you in this Mission; and, for your helping him in his path. You will be a source of love and joy to those who know you. Well done, daughter. I am slipping. Is there one more question I can finish up the evening with?

ANTHONY (Mike): Can helping people financially be an aid to them? or is that enabling them? Is there anything about the baby, my niece, which we mentioned earlier? What are your views regarding our Tuesday meetings? [the Urantia Book study group meeting in the Salt Lake City area.]

ABRAHAM: I am understanding that angels are present with the baby and not to worry. Your question is extremely pertinent at this time - there is a line to be drawn between financial help and enabling; it may be different for those who have varying levels of faith in the spiritual life. Money has become a god on this planet, and a false sense of security. There are many people now who are finding that money is not helping, and their souls are desperate and empty. I would hope that you each handle this desperate situation with your current levels of faith. You are knowing of where to draw the line of financial help, and enabling. If one is taking money to be of further destruction, then, of course, that doesn't help. If you find that helping an individual creates integrity and inspiration, then, of course, the money is well worth it. I would be wise about helping those that are seemingly downtrodden. Remember that some look to money as their god and are avidly serving that god. I trust that you each know how to invest in creating ongoing progress in one's life, or a situation that enables further desperation. Your discussions at your Tuesday Urantia Book study group meetings are full of generating deep-thinking. As long as Father sits at the head of that table, good will result. Good question.

My words are slipping. I am with such growing love for you each. You make me better in all ways. Go in peace. Until next time, shalom.

Report On The Recent Universe-Wide Mother Spirit Celebration | Thoughts Can Clear The Way To Father

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[In recent years, around November, we have the reports from Abraham and Mary regarding the Universe Mother Spirit Celebration that, according to these transmissions, is a universe-wide event.]

I am ABRAHAM. Greetings. Thank you for coming tonight. We have all been spending much time together and indeed creating a great deal of light in the Correcting Time. I am happy to see how you each minister as you pass by others, just as Jesus did. I'm happy to see you integrate your spiritual knowledge into all that you do.

At this time of year, we gather to celebrate the Mother Spirit and all that She brings. We have lately been focusing on thoughts and how they are 'living thoughts.' Mother's message this year was about our thoughts and how they either clear a path in our spiritual life, or create destruction.

It is written that the Master said He would not pick you up away from your troubles, but would go before you. If we have not the Master within our thoughts, how can He go before us?

I am MARY. I am with gratitude to meet with you. I am also buoyed by the celebration of the Mother Spirit. Mother is a great comfort and yet, She is a well of knowledge – not just spiritual information but common sense, helping us to learn compassion and have balance in everyday living.

In my mortal life, I could feel time ticking away and that it was not productive. I would stumble on a negative thought and over-think it to the point of soul contamination. I was not clearing the path of a healthy soul-consciousness, but was cluttering it with my spirit poison. I do remember feeling guilty and self-loathing, and that I was of no use. It was networking with my sisters in the Mission that had helped me to have understanding of what was cluttering the path for the capacity of how my mind could travel.

It has been said many times to those who are hurt individuals to 'get over it.' That is indeed easier said than done, I know! But with the assistance of my sisters, I had learned I needed to look at negative issues in a logical manner. I tried to see with the Master's eyes what the difficulty was made up of; this helped me to cleanse my mind and soul of spirit poisons. I was able to exchange my mind for the higher mind of Christ and see where emotions may have cluttered my thoughts. Negative self-talk had me with no confidence in my ability as a human being or my value as a child of God.

In our universal gathering for celebration of the Mother Spirit, we concentrated on how our thoughts moved our lives 'individually.' We learned that mass thoughts are so powerful; and right now in the Correcting Time negative thoughts are causing static with the cosmic mind. You can see for yourself – when you communicate with an individual and have positive thinking, this sets another's thoughts in a positive direction.

Yes, we can see that a few positive and loving words can ripple out into many individuals, creating a great thing, a great happening, and a great outcome. As

well, we can look at Urantia, for example, with all that has been occurring with the negativeness – the mass mind is creating a great deal of static, fear, uncertainty, powerlessness, and wavering faith.

As ministers of Urantia, we are blessed to help create bright lights all around in this Teaching Mission. We can help clear the static en masse if we can spread light from mind to mind. There are so many trivial events (or circumstances) that are taking the attention of mankind toward aggressiveness. With your help we can add some softness; we can, as Mission workers, shed light on situations with compassion, creating examples that show balance.

There is a lot of anger in the thoughts of human beings – but that is for the most part, caused from misunderstanding. We are shown through the Master's eyes how to dissect a problem and find solutions. We cannot sweep them away and we cannot fix everything; but we can shine a positive light to help others to clear negativity and believe in something more than just themselves.

We have also learned from Mother that Her seven adjutant mind-spirits are busy in the hope that Urantians will see that they have gifts to assist them in this life. Intuition and foreknowledge are becoming integrated with common thought. In just these few years there is so much change that we see in you, our students, family, loved ones; we can see how you use, in common fashion, intuition and faith-building skills.

Some years back we can see that the world had many questions; and for we that have been students in the Teaching Mission, many questions have been answered. And now mortals are building up again with questions. Like a pendulum swinging through history, the en masse thoughts are moving the evolution of mortals. In these days now of our Correcting Time, we are with action; we are trusting in the gift of the Mother Spirit to go about in daily life creating ripples of thought that focus on good, winning.

Abraham and I thank you for your diligence and time spent in the Master's cause. We recommend you to take a few minutes to refresh your memory on Mother's adjutant mind-spirits. Know that we are with ever-growing love for each one of you. You are so dear to us. That is all. Go in peace. Shalom. [Editor's note: The anger and negativity Abraham speaks of in this lesson and of late, at least in the United States, was likely due to the political environment. At this time Barack Obama had just defeated Mitt Romney for the US Presidency. This was a bitter campaign and many took sides aligned with much negativity – such as hatred and anger, which was predominately driven and greatly proliferated by the media and various digital apps and websites with nefarious agendas. It became evident that an increasing number of other countries were experiencing the same chaos and unrest as was in the US.]

Examine Our Motivation In Everyday Life | Is It For Our Agenda, Or For Fathers`
Abraham, WOODS CROSS GROUP 12-23-2012
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I am ABRAHAM. Greetings. I find it wonderful to see you in your balanced mindset. Watching you converse with one another, I see your conversation builds something

beautiful. You have concern and yet, logic. You have heartfelt sorrow and yet, hope. You have a wide range of emotions and yet, balance it with humor. I say, you make me happy.

This is a time of year where many focus on the birth of Jesus and the joy He would bring in salvation. When I say salvation, I mean in short, the ability to master the self. Salvation, to many religious foundations, has a different definition – and that is acceptable, and for the most part on the side of hope.

This month, we have been learning a bit about personal motivation, especially on the part of mortals and how we can help them. You can each see for yourselves how greed has played out in the world in the ever-growing desire for 'more.'

When we view the life of the Master, we can see His motivation was to serve the Father in heaven. Therefore, His desire was 'to not have desire' so that the channel could be free and clear for Father to communicate. This mindset put Him more into the Spirit instead of so much of the flesh.

We know that the Master loved people and wanted to be of help; and I believe His motivation was love – simply to give it, not to worry about receiving it. He found all of life on this planet miraculous and somewhat magical. He had real enjoyment from awareness. Even when the pettiness of living had Him concerned, He would pray to Father for understanding – and that would direct Him to see a larger picture or, to open His mind.

Sometimes Jesus had struggle with His mother, Mary, and I do know at times He thought of escape. He thought of avoiding her, as she tested Him frequently. However, this only helped to strengthen the connection between Father and Jesus because most of all, He wanted to do no harm, he wanted to bring peace and resolution. Yes, the dilemma did bring Him closer to Father by seeking direction and resolution.

Jesus' ability to have a broad outlook helped Him when He most needed it. He kept His desire to do the Father's will and not worry about bodily discomfort or mental irritations. And in this personal motivation, Father had granted Him with the tools He needed to act with the situation at the time.

Whether the Master was speaking to the crowds or dealing with a sibling, He was giving-in to His motivation to doing the Father's will, not His own; in this desire, the Master was strengthened to put His mind to work where it would serve best. He, many times, forgot to eat. He could withstand a tremendous amount of pain. It was through His desire to do the Father's will that opened a mindal channel for Him to overcome many negative circumstances.

Jesus had not motivation from the ego to have more riches or self-comfort. He had love for His family and wanted for their well-being, yes, but His motivation was always to serve the Father. Even as He waited for His hour to come, He was practicing patience and making effort to 'wait on the will of the Father.' This patience, for mortals, seems to be a great challenge, yes, but because of the Master's first thought, 'to serve the Father,' He was made to feel calm and

confident.

It is understood that mortals are sometimes given unto depression or nervousness – and this is well understood, believe me. My suggestion is to examine your motivation in everyday life. If you are able to want for the Father's will, it will happen. Simply wanting to exert a spiritual life will help to bring ease to the mind and strengthen that channel between you and Father.

The Master's motivation was to keep clear-headed to receive Father's words, and this was a protection against spirit poisons. He could be patient with His mother and see her as a child of God, and indeed learn to treat her with love rather than show frustration. At Zebedee's He worked for a long time in the building of boats waiting upon His hour to come. Jesus knew His mission task was great and that a lot had to happen in such little time. He could not allow Himself to be anxious or concerned; rather, He crafted his boats and kept His mind on the moment.

When you can keep the Father's will at the forefront of your thinking, then is the Spirit going to overcome the worries of the mind and the pain of the body. We see in some cultures that there is such mindal training that many things can be withstood – it is a real occurrence. When you can keep your mind on Father, peace follows.

Let us celebrate this season with the motivation of better communication with our Father. Allow His peace to cure worrisome ailments and irritations. It is the season to show that your faith is alive – in a simple way.

Mary sends her regards and our lesson is kept short this evening. Again, I thank you for the joy you bring to me, and also for helping me to learn how to be a better Teacher. Know that my love is ever growing for you each. Until next time, shalom. [This December meeting was the last meeting until the following year – August 2013 – due to some unforeseen circumstances within the group. Some members of the group continued to meet bi-weekly to review past lessons.]

State of Affairs For The Correcting Time | Words of Love and Encouragement From Michael

Abraham & Michael, WOODS CROSS GROUP 08-18-2013

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[This was the only 'group' meeting/transmission in 2013, other than personal meetings that were arranged on a personal basis.]

I am ABRAHAM. Greetings. I have such feeling of joy to look upon your faces and know that our souls are indeed familiar with each other. I am glad you heeded the call for today's gathering. It is efficient to touch base every now and then. We also want you to never forget that love is so important. It is a cure for so many daily human events.

Some years ago, many of you committed yourselves to the doing of the Correcting Time work. The training through daily experience would seem somewhat harsh, yes, but as we can look back now you know that when certain situations come up you now have the tools to assist. I am grateful I could meet with you for these many years and speak words that would have you incorporate the lessons into your daily lives.

The Correcting Time however, has moved on to the next generation. The reserve corps of destiny families are at work in reaching as many people as daily events will allow. It is miraculous for me to look back and see you teach your children about the Urantia Book. The seeds have been planted. The second generation of this Teaching Mission may stray here and there, but overall, they know what they are doing and can definitely reach people.

As of late we are finding about various stations in life that most mortals hold. Your training has shown you the struggles of mortal living – from being homeless to wealthy; from mental illness to spiritual wellness. You are committed to learning about the grip of addiction versus freedom from obsession; youthfulness versus old age; and, being able to relate to various cultures and sharing your culture and nature with others.

It is well understood that negative thoughts can come and go – there is no shame in that; it is completely human to do so as long as you remember Father. Look upon your old attitudes with humor and allow Father to show you love. To have love means not that brings eventual pain, or eventual loss, no – to have love in this life, as believers in the Urantia Book, is just the beginning.

Those that you've mentioned this evening that we have loved and lost over the years during our Teaching Mission, (Editor's note: We had talked about Rachel, Joshua, Bill Kelly, Roland, Jeremiah, Debbie, and Honoray.) yes, we will see again; they will know us, and I can say that never is love wasted. Love is an energy, and when you have it, people know it. And with this love energy you can change the attitude or the mind of the person you may happen to run in to.

Don't wait for the Correcting Time to start again; it has been going on for years. Each of you can receive your own transmission messages rather than wait for these group meetings. Your transmissions will look more like immediate assistance from God when you are attempting to minister to another. It is not mediumship. It is not mind-reading. It is simply connection to the cosmic mind. It is not out of the ordinary, but is the way it should be had the Lucifer rebellion not occurred.

You have been making great strides in the Teaching Mission and the Correcting Time. You are indeed like the apostles; and although no one will likely write a book about you, you struggle just as they did. You've worked hard; you were educated from your trials and challenges; you know humility; you know the rewards of faithful service; you know that God is the same today, tomorrow, and forever.

The apostles' greatest works were their small acts. Yes, they learned in the exchange of love between themselves and a fellow they were helping, that the eye-contact of the sincere look of gratitude was filling their chest with such love as to be over-flowing.

I am saying – you are Father's soldiers in today's world. You who have been busy with the Teaching Mission and furthering the Correcting Time, I pray that you are not waiting for something else, something spectacular on the horizon. What we have been engaged in, low these many years, is a most grand and fulfilling universe experience.

I am MICHAEL. My beloved children – life that fuels my inner being; the joy that makes my heart swell. Children, I am happy to be among you. I know that sometimes you think I have forgotten you or that I am busy with the world's issues. I can say to each one of you, face to face and with your hands in mine, I love you as if you are my only child. I am always concerned with your well-being and I am very pleased with your diligence in carrying on in this mortal life.

These days on Urantia are not easy. You can wonder from time to time: "How will mankind eventually save himself?" This is what I wanted to say to you today – when you are having these thoughts of overwhelming doom, remember that this is the thinking of the animal-mind in you. The higher-minded trusts that Father's plan is perfect.

This year, many have chosen escape – the economy has been difficult, addiction has been rampant and crime is high. Many are with the belief that something is better 'beyond' this world. You know yourself that where you leave off in this world is where you pick up on the next. Escape from this life is no escape. You are here to learn. Be sure to make the most of this life – the last time you will ever inhabit the flesh.

Nebadon looks upon you as having a great opportunity. I do trust your inner-instincts to carry on, to go forward and not worry about credit OR karma. My apostles did strive every day to take care of their families – to work, to grow crops, to build, to fish, and to make time for worship; believe me, this is the best part of human living.

Be an example that regular life with joy is something that is done, no need to just talk about it. Make time for fun – you deserve to enjoy these mortal lives. Please make time to do something you enjoy because really, even I don't even know how long you will be in these mortal bodies. Enjoy what you can. Learn what you can. Love all that you can. Relate with every living thing.

I love and appreciate your gathering for my Urantia date of birth. Know that I am only a thought away. Take the love I have given you and give it to others. Believe it or not, Urantia is getting better. The stages of Light and Life are not too far away. My love is ever abiding for you each. Carry on.

A Project For Disseminating the Urantia Book to the LDS Community
Abraham, Salt Lake City 09-20-2013

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[Andrea Barnes of the Urantia Fellowship Organization Outreach Committee, and Calvin McKee of the Woods Cross, Utah Teaching Mission group, had been strategizing to send out Urantia Books which would be donated by the Urantia Fellowship Foundation to the Church of Jesus Christ of Latter Day Saints (Mormon) bishops and church leaders in the Utah area. This, on the heels of the Urantia Fellowship's International Conference (IC-2011) which was held at the University of Utah campus in 2011. Calvin, having grown up in Utah and of LDS descent, was asked by the Fellowship to spearhead a symposium at the 2011 Conference regarding a possible LDS (Mormon) and Urantia Book connection. That symposium was titled: "Is the Urantia Book the

“greater things,” the “sealed portion of the plates,” as once promised to come noted in the pages of the Book of Mormon? Andrea, as the Fellowship’s Outreach Coordinator, rallied up some initial support from the Fellowship for up to fifty Urantia Books donated for this endeavor. Calvin suggested a conference with Abraham on the matter. Those present were: Andrea, Calvin, Lanya, and Ellanor as transmission receiver. (here is a link to Part II of the above-mentioned symposium)]

I am ABRAHAM. Greetings. It is a blessing to meet with you each. I am happy to see the Mission moving forward, always. I am touched by your enduring faithfulness to give others what you love. Can we start with questions?

CALVIN: I am certain you are aware of our project and intent to send out Urantia Books to as many of the LDS leadership in the Utah area as we are able, along with a letter or pamphlet explaining the intriguing similarities and possible fulfillment of their “greater record to come” historical expectations. Do you have any advice, direction, or change regarding this project?

ABRAHAM: One moment. I am understanding that there are many who are starving spiritually in this world. There are many individuals who feel separated from society and religion. I know for many that religion has let them down; and with that, they believe that God has also let them down. There is a new up-and-coming generation of young mortals who feel they are not accepted or fitting in anywhere. I am in understanding of your project and I would perhaps only give half of your attention to those people of that particular religion (LDS) – there are many people the Church of Jesus Christ of Latter Day Saints does not make room for. Your project to this Church will be like a gambling bet – be prepared to lose what you have given. We see there are few who will follow through in reading the Urantia Book because they fear being disfellowshipped. It may be helpful, however, to send the letter ahead of time and allow this idea to sink in to the recipients. Include an address, and if they wish to follow up then, by all means, they are welcome.

CALVIN: What address, who's?

ABRAHAM: Whoever sends the letters. I am saying to send out the letter first without the books, and allow a little time to receive a response. If you simply give these books to members of the church they will, in fear, discard them. If you mail a letter to these individuals first and give them the opportunity to reach out for what you are giving them, the book would be better received by those who would take interest. As I said earlier, I would allow this religion half of your efforts; and, I am suggesting you reach out to others as well, with these gems of truth. There are many open-minded religions who would gladly accept and share such a book with their members – such as the many of whom belong to the gay and lesbian community. There are also those who sit in prison building their bitterness towards society when in fact they could be building their minds toward a new and better life. How well would the Urantia Book be received there? There are individuals in the mental health system who are simply left out of most religions. It would be wonderful if they could know that Father loves them – even with all their flaws. In this State alone, there are numerous of the Hispanic community that would welcome the Urantia Book, in Spanish of course, because they feel not fitting into the mold of Mormonism or Catholicism. For many truth-seekers out there, there is not a lot of opportunity to

feel connected and loved 'as they are.' The people who stay in these religions are those who are served by them. Can you see, there are so many who have no place they can feel accepted and loved. I would say, when drafting the letter, speak to them your truth. Make it short. For the Mormon community, give them the opportunity to reach out and ask for the revelation. Send out the letters offering them what you have found to be their next gospel revelation. Give them the chance to contact you for a copy of the book. If some time goes by and you have no response, go ahead and send the book to where you feel led to do so. For the others (the other half of your efforts), you may donate the books. A long letter is not needed but perhaps a short note expressing that in these pages they will find their home. Is this helping?

CALVIN. Yes, very much. Would you prefer us draft the letter, or would you like to draft it?

ABRAHAM: I would like to recommend the high points of the talk you gave at University (IC-2011 Symposium). Keep it short and easy to understand, and make it known that you are a friend of the Church, not someone who is trying to correct them. The letters you send first will be enticing to some and you may send the books later. If only a few individuals receive the real message, then great changes can begin – it will be in small bites. Is this helping? (Calvin: Yes, very much so, thank you.)

ANDREA: Are there any particular religions that you feel important to send to?

ABRAHAM: I would suggest the Lutheran, Unitarian, and places that help the downtrodden. I do not recommend churches who are Bible-based only. There are many small churches that have open minds and would be interested in the Urantia Book. These places do not even have to be churches, it can be small organizations or movements. The knowledge of Light and Life spreads slowly but surely. For the most part, we are each ministering to individuals we meet daily. To contact large numbers of individuals may cause more blindness than if simply seeing the unfolding of truth – naturally, slowly and personally – through new eyes. Is there another question.

CALVIN: Andrea and I have felt there might be someone of the LDS hierarchy, the Quorum of Twelve, perhaps, who presently has an affinity to the Urantia Book. Do you concur? Is there any person in the LDS hierarchy you would recommend that might be open?

ABRAHAM: My recommendation would be to the females. There are many organizations where females would like to have more participation and projects. I would seek out women whether it's wives, sisters or daughters. That is all I have to say for that.

If there are no more questions then we will end our communication. I am grateful to be a part of your mortal endeavors. Do not hesitate to ask any of us for help. We are with faith in you each and your dedication to serving. Go in love and peace. Shalom. [Editor's note: There was no group transmission/meeting in 2014 – due to Ellanor's struggles and circumstances. The next transmission to the group was September 3rd, 2015 at the Parliament of World Religions which was held in Salt Lake City this year.]

2015 to 2021 MANSION WORLD TEACHINGS

A New Day in the Promulgation of the Urantia Book and the Teaching Mission

Abraham, Salt Lake City Group - "Second Generation" of the Teaching Mission
09-03-2015

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[Editor's note: As a background: A request from Machiventa Melchizedek had been made in mid-Summer of 2010 for the Woods Cross Teachings/Transcripts to be a "stand-alone project;" and, a website developed for such to include all the Woods Cross Utah Teaching Mission transcripts since their beginning days of 1991. It was felt that such request, forwarded to Calvin through an anonymous source in Germany, was to be completed by August 2015 - which, for the most part, it was. It was the opinion of

Calvin and John Blackburn that the timing might have something to do with the upcoming 'Parliament of World Religions' Biennial Conference' which was scheduled to be held in Salt Lake City, Utah on October 15-19, 2015. We felt it a good idea to announce (launch) these Mansion Worlds Teachings (and the website) at the Parliament in various ways - including a full-page welcome invitation in the Parliaments' program, and two large billboard signs which greeted the Parliament attendees coming off of the 6th South freeway entrance in to the Salt Lake City which read: "Welcome To Change - Mansion World Teachings.org." Calvin and John spearheaded this project and sought Abraham's direction. John Blackburn, who was heavily involved in the Teaching Mission in the days and teachings of Ham at the Blackburn home in Woods Cross, Utah, is at the time of this meeting an executive with Disney Corp - and as such, has extensive qualifications and experience for those things discussed in this meeting - particularly, video and screen production. Present at this meeting: John B.; Calvin; Lanya; with Ellanor as transmission/receiver.]

I am ABRAHAM. The light of God surrounds us; The love of God enfolds us; The power of God protects us; The presence of God watches over us. Wherever we are, He is.

I am delighted to meet with you each again. I can feel a strength here that was not before. I am getting information on your project. [pause.] I am validating the seriousness of this undertaking. I am open to any questions.

oes the common man fit into today's world - if not fundamental religion, then where can he go to find direct contact with a loving being. [Editor's note: This picture is the finished product (roadside sign) from Abraham's suggestions.]

I am also believing that it is suggested to reach out more on a personal level as the religious conference begins. I find that this is our time to bring confirmation to what people genuinely feel inside and are not able to find that in today's religious sects. There have been in place now for many years, changes to bring this world's inhabitants closer to Light and Life. Mind you, we are still far from that, but mankind would do well to have some relief in knowing he is not below his fellows, or above - and that there is a place for every one of Father's children. Keep in mind, I am simply giving suggestions. I am in full understanding that you each are prepared in seeking information from those on high.

CALVIN: About the bullet links on the Welcome and Information page of the Mansion

World Teachings website – is this too much? or not enough. As you know, I am notorious for giving too much information.

ABRAHAM: I see that it is fine. As time moves forward – if there are changes to be made you will be shown. I am finding that you did a lot of work that will prove to be of benefit to those that read it. As technology moves forward, continue to update the visual aspect to be pleasing to the eye. Many readers may be discouraged before they even start to indulge.

JOHN: I'm aware there are many methods we can use to advertise the website – various methods to make it more normal for folks. I have my ideas of how to present the Urantia Book and the Mansion World Teachings that would involve high-quality productions. Is this just something of my own thinking?

ABRAHAM: Not at all. I would actually recommend it. You know well yourself what is attractive to your fellows. And by 'your fellows,' I mean everyone who has experienced the worst and best that life has to offer. There has been a pressure building for quite some time that has tipped the scales of what would be seen as 'normal,' to what is becoming socially unacceptable. I mean to say – in our taking on society's problems and issues, we are providing a place to let individuals know how much they are loved and accepted. For example: Take society's issues of today – like homosexuality, money, addiction, politics, religion, mental illness, new science, etc.; let the people know through these productions that there are solutions from 'on high;' we no longer need to depend on the minds of men for the issues that face the world today. Does that help at all?

JOHN: Yes, thank you. I have one other question: How best can we make the Urantia Book teachings more accessible to more people. My thoughts on this feel right, yet I concede that maybe my own thinking is in the way. My training that has prepared me these past years suggests things such as a TV series, and I can conceive of various not-for-profit productions, etc. Is that spirit-guidance, or just my own thinking?

ABRAHAM: The beginning of the Teaching Mission is likened to the Master in wait for his hour to come. For some, this Teaching Mission campaign could not go fast enough. There was the desire for miracles – and as we know now, that is not going to happen. There was a hunger in the minds of men at the beginning of our Mission for 'new thinking.' There also were preconceived ideas of what the Teaching Mission was to look like; and it has not measured-up to many individuals' ideas. This is likened-to as we look back upon the hours the Master waited for His hour to come while his mother, Mary, looked over his shoulder and waited for the changes she wanted to occur. As far as the Urantia Book goes, we had initially kept it to be promulgated 'by word of mouth.' And from the time it began by the 'sleeping subject,' to the beginning phase of the Teaching Mission, 'by word of mouth' was acceptable; it reached a good foothold in the climb to search for understanding. It is now permitted from those on high to utilize larger means to present the text and the teachings, and to do so in a logical manner, and with honor and integrity. I believe you are one who can see this through. I would suggest that you keep watch on your expectations of your work. It would be easy to become discouraged in a short time, for this goal we are talking is long-term. This will require a lot of time and effort, yes, but is possible to achieve. I have instructions from those on high that

we are not keeping the Urantia Book or the Teaching Mission under a glass anymore. I am of the understanding it is permissible to use larger methods of distribution. I trust in your ability to see if the doors will open, or close. As you have discussed, this project must be well done and accessible for everyone; not just those of high intellect or prestige, but likened to those in the days of Jesus when he would pass through the average everyday crowd. We can see this also in the timeline of today and what attracts people. Many today have lost hope in their churches, government, and media. Individuals are searching for common sense, love, purpose, and meaning. I think it would be wise to start small and gauge for yourself the doors that may open while keeping your expectations on the shelf. This short time in the Teaching Mission was simply an introduction to something greater. As a child would set out on his first day of school, he must learn what the rules are, and to follow them. He must know that he is responsible for a certain amount of work and is allowed a certain amount of play; and, on his way home from school – if he should tease a dog, he will likely be bitten. The Teaching Mission in its first few years had a great deal of unrealistic expectations by many, and mistakes had to be made before we could come to this point in time. There had to be allowed those who, on their own accord, delivered faulty instructions. Yes, there had to be allowed the misunderstandings, the grandiose and wishful thinking, for the reality to take root. Many, once going strong in the Mission, have been bitten and may not return – we expected that. If you could note the various elements that progressively make up the mortal mind, you would perhaps have the emotional, followed with the logical – and then, faith. I am meaning, we have, in a small spot in time, played out the emotional part of our larger purpose, and we are moving toward logic and science now. It is like mankind has all the information available to understand the equation; it's all there, the answer and realization is forthcoming, which results in increased faith. I believe, John, you have had a realization of what you were once walking toward, and now you may walk in a new direction and should not find fault with your past understanding. All is as it should be. In fact, we are grateful for your openness to receive. As well, are we grateful to Calvin for his un-ending desire to serve. And likewise for the girls in the room, Lanya and Ellanor, who believe they are bystanders; I say, they are indeed much more than that. To put it simply, the Teaching Mission is ramping up, and it is smart. It is becoming accessible to everyone. It is the change we have been waiting for. It is the opening to man's mind; the receiving of comfort that there is so much more to the mortal life than ever thought possible before. Is this helping?

JOHN: Very much so, thank you. One other question: Are we on the right track to further the Sonarington Corporation as it was originally intended in a non-profit manner wherein participants can contribute for various functions like an administrative forum for the Mansion World Teachings, and other service such as production projects? And, we would like to know if there is the need for translations to the various key languages of the world.

ABRAHAM: I am asking. One moment. [pause.] It is acceptable from our standpoint, yes. Machiventa finds it a progressive move in helping the good word to saturate and penetrate the masses. I understand this idea of Sonarington was the idea of Machiventa. Understand, we are not pressuring you at any time to go all in; we are suggesting the patience in allowing doors to open; and if not finding open doors, then allowing time to go by until they do. Believe me, this mission spans

generations; and like you said, to start slow and small. You will see the momentum pick up for itself; there is plenty of help from our side to yours, to bring about fruition. Does this help?

JOHN: Yes, and thank you for your thorough answering of our questions.

ABRAHAM: I am overjoyed at our reunion. It fills my heart with feelings of reconciliation. Let us just say that this familiarity among us is like a warm coat on a cold day.

My connection is becoming weakened. As I retire for this evening, I am full in heart and mind with hope and love. We are at the start of another layer to the foundation which is the Teaching Mission. I would be happy to gather with you again in a few months to receive updates and help you in any way I can. Know that my love goes with you. Until next time, shalom.

New Day in Self-Awareness, New Thought, Ideas, Solutions. Teach by Living a Balanced Spiritual Life

Abraham, Salt Lake City Group - "Second Generation" of the Teaching Mission

02-28-2016

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2016 Teaching Mission Lessons - SLC UT Group

[Editor's note: This is our first meeting with Abraham as a newly formed 'Second Generation' Teaching Mission group which included some new participants. At this time in the United States there arose quite the chasm between political parties' candidates for US President (i.e. Hillary Clinton vs. Donald Trump)].

I am ABRAHAM. Greetings. The light of God surrounds us; The love of God enfolds us; The power of God protects us; The presence of God watches over us. Wherever we are, He is.

I am grateful to be with you again. Your open minds and hearts draw me in and make my communication easy. I am in understanding that the time we have been apart has brought a lot of lessons in itself.

I am especially with gratitude that we have reached the deep thinkers here in this group and that you continue to carry on our message. For a long time, the readers of the text [Urantia Book] have been cautious in sharing their understanding of this grand revelation. I can say that there is no need for such caution; how you live your life is a message to others.

The Urantia Book is not a sacred text to be coveted, but a tool to be shared freely. There are so many groups of individuals that clamor for attention and claim 'their way is the correct way,' and without fully listening to one another the clamoring gets louder still. I speak of all groups - religious, political, cultural, social, etc.

It would seem that there is a great divide between mortals in today's world, it is as if everyone is gearing up and choosing sides. Many hold that belief that 'their side is the right side' and that 'if you are not with them, you are against them.' So many groups are yelling and no one can hear one another.

There is a tremendous static on the planet now and it is difficult to reach those who can't or won't listen. Our Correcting Time has been in a slow forward momentum, and now is the time that people are looking up from their closely-held beliefs to find deeper meanings and values. What was once treasured, is not bringing happiness. Many mortals, having not exercised their mind to infinite possibilities, are finding temporary rewards and are realizing they are not fulfilling.

I understand the mortal pattern of running mindlessly without sense of purpose. It is understandable that so many individuals would look for some sort of escape – relief from emotions or from their emptiness. It was especially difficult for me when I wore the flesh to create new thoughts, or having acceptance of living life with flexibility. We are seeing a great deal of this 'escape' thought-pattern in our so-loved mortals, and it squeezes our hearts – especially we who have lived a mortal life and are here to help you.

Yes, we are in understanding of the deep and abiding pain that resides in mortals of today. I wanted to reinforce in your mind, your thinking, that there is more help from my side than you would ever need; there are Teachers that wait for their mortal to look up from their closely-held beliefs and see the possibilities of new thoughts, ideas, and solutions. The Spirit of Truth does sweep the lands bringing light to the darkness where it can – and we understand that with the truths revealed, there will be static. The angels are at your very sides with calming thoughts and asking you to be mindful of the moment you are in.

Take a deep breath and relax. Know that the universe is not chaos. The Thought Adjusters are aware of the planets' thought-static and are more than capable of helping you to calm your mind, listen for guidance, and realize the love that is being poured out upon all who will accept it. The Father longs for every mortal to know that they are deeply cherished and watched over. Yes, that is simply the tip of the iceberg of the help I speak of.

I am sure you know individuals who seem to be able to cope well with the struggles of life, and you can know that they have a close relationship with Father. It is difficult to hear spiritual guidance when you cannot stop your worry or depression. It requires an effort on your part to simply be open; to feel loved, and trust that you are guided.

As well, we are hoping to reach the many mortals who, in their various groups, clamor for attention. I speak of those groups who harbor hate for other groups, cultures, polarizing political trends – that they might look up above the haze of perceived reality to some direction and clarity from those On High. There is contention among the races, yes, and that will be so for a long time, but what will you do as deep-thinkers of the Correcting Time to help these various situations in mortal living.

The time for the first phase of our Teaching Mission has ended, and we are on the brink of a new pattern; a new way to present possibilities to the world. No longer do we need to be vague about our beliefs, we are simply living them. The Urantia Book is not a secret, and need not be for you that believe in it. I do have faith in

you each, that you live to the best of your understanding. You are lights in the static of mortal living.

Many individuals will need your ministry, and will need your words of encouragement; they will need you to not be shy or vague. The simple joy in life gets lost among the work of living, and we are with the hope that you each go forward to be a reminder to others – that Father has been generous. Allow those that you know or meet to be reminded that there is joy to be had; new possibilities to be envisioned; and always hope.

I am in understanding that we are to possibly meet monthly and discuss new thought patterns and solutions to difficulties – and, to strengthen one another in our journey. Are there questions?

BRIDGETTE (Ellanor's daughter.): I would like to get a family assessment.

ABRAHAM: Certainly. I am with a deep love for your family and am in understanding of your concerns. I am recommending that you each unify and find the bond that once was. There was a time in each of your lives when one felt they could not exist without the other. It is a time to strengthen those bonds and know that you have been a family that has assisted many into an understanding of the light of truth. Having acceptance of what 'may or may not be' is perhaps secondary to the bond of the family that is 'right now.' Uphold one another. Bring the Father to the head of your table; give him your issues and have surrender. Have faith that any outcome that is left with Father is for the good. For you, Bridgette, you are a source of peace and comfort to your family members. Remember to fill up your spiritual reserves with prayer and meditation. We know that there is a memory which you all hold dear when you would sing and pray together. You each, with your little hands, would heal one another, laugh, fight and play. Nothing is too far gone to be saved. Fight for unity. Fight for love. Know that each family member will hold up their part of the fight. It is wise to unify at this time. Another question?

BILL: I was wondering what my role is in this new group.

ABRAHAM: I am in understanding that you bring various aspects to topics discussed. You seem to be able to understand things others cannot. You are also a gifted speaker and can explain topics in a way that helps others to understand. I believe you are in understanding of your role in this new season of the Teaching Mission. You are an example of faith – being the man that you are, a man of the world – to those seen and unseen. You bring understanding to those that hold firmly to science, yet so desperately wish for more. I believe you do quite well, my son. Is that helping? (Bill: Yes, Thank you.) Abraham: You are welcome. Is there another question?

CALVIN: Abraham, we have been discussing how to implement Melchizedek's 'Sonarington' direction (organization of such), and also the online 'Mansion World Teachings' website – its appeal and presentation. Do you want to give us direction on some further adjustments? or do you want us to do what the group voice feels best. Do you have any further advice on making it look more palatable? I've noticed quite a drop of people being led to the website since the changes we made in our

last meeting with you a few months ago (September 2015), and I am wondering why that is. Anything you have to offer on this would be most helpful.

ABRAHAM: Yes, I like the website and believe that group input is always best. I would recommend for the Home Page to be simplified and have more of an ethereal feel. I do think that it would be beneficial to contact those still practicing in the Teaching Mission. Renew some of your connections there, and help to get the word out about this study group potential.

CALVIN: Do you mean 'about the study group proposal' that we have presented on the Mansion World Teachings website?

ABRAHAM: Yes. I find it a great benefit to review the lessons from time to time, as well as the Urantia Book. I believe you each practice the brotherhood of man. The website looks more scholarly and I believe it would be beneficial to add a spiritual feel - a little softer look; softer and simplified, yes.

LINDA S.: As I look at the previous transmissions over the years, I have had the feeling that it would be wise to take the transcripts from the transmission and unify the section of the message as one unit; and the questions, as a separate unit, rather than to follow after the body of the lesson that is given. Is this a good direction? or do you prefer the lessons presented as they are in their current state on the website.

ABRAHAM: I believe that those who are knowledgeable of the Teaching Mission lessons know that the lessons and the questions are together as in one meeting, but that those who are on the outside probably would not understand. I am in full faith that you, as a group, would be best to decide. I can see it both ways. And, I would find that whatever looks more like a puzzle fitting, will be the more palatable to the reader. Does this help. (Linda: Yes, thank you.) Abraham: Are there more questions?

TECTRA: I have a comment, Abraham. I just want to first say that sitting here, again, listening, has been very wonderful with feelings that reminds me of all the years of doing this; it's like the old familiar place again. The cadence and the introspection that comes through the rhythm that you speak is very comforting. My comment is: As you've spoken about our time on this planet, and the strife and the factions of people not getting along, and all kinds of contention that are happening - I am asking, what can we do? It's like people are out of control and coming after each other. And what helps me is, you know, I just live my life and I look for goodness and to do good. And that sustains me and brings a light and a meaning; it's like an energy to other people too. So I guess my comment and question is - is that the way? Just to live? Just to do the best we can? To raise 'light and life' in each moment that we walk through this path?

ABRAHAM: Beautifully said, my son. It has become as if there is more bad than good; and especially for non-believers, it is chaotic. But for you, Tectra, you are a power-source for those who are losing faith or hope. I do see your positivity helping all those around you. Your open non-judgmental approach of others helps them to relax, and helps in bringing out their best self. Well done, son, and beautifully said.

With that, I shall take my leave. Know that in this new season of the Teaching Mission we are with self-awareness – and yet, focusing on ‘teaching by living a balanced spiritual life.’ Know that in all things you do, we who are unseen – cheer for you, hope for you, and work for you. Go in peace and love. Shalom. [Next meeting – Sunday, April 3rd.]

MARY, LOVING OUR FELLOWS, TACT [DEEPER UNDERSTANDING AND ACCEPTANCE]

With the Practice of Acceptance We Can More Clearly See Reality And Make Our Decisions Therefrom

Abraham & Mary, Salt Lake City Group – "Second Generation" of the Teaching Mission
04-03-2016

Back

I am ABRAHAM. Greetings. We are in tremendous gratitude this evening to see so many of our students here this evening. We thank you for offering your open hearts and minds. We thank you for your willingness to participate in this new phase of the Teaching Mission. I can see that this room is bright and bursting with light.

The beginning of our Teaching Mission was a lot about discovery of the inner workings of the universe and mortals’ relationship to Father; we had to wade through a great deal of curiosity to get down to the work of the Kingdom. With the re-encircuitment of the planet, we have discovered there is more chaos than previously anticipated. As you can imagine, the repaired circuits and the cosmic mind going forth to the ends of the Earth would cause mortals to question everything. Many took hold tightly to things they valued, beliefs they held; and some have discovered that much of what they held so dear was erroneous and encapsulating.

The Spirit of Truth has released awareness upon every individual who was looking for ‘something more;’ this gave individuals new freedom – and that new freedom was some of the reason for the world’s chaos. Money became either ‘worthless’ or ‘more valuable’ to mortals, depending on what mortals truly treasured. Many wanted to find out what was really meaningful, and the realization that money had nothing to do with it caused some static with individuals who were searching to simply be accepted and to be included.

Michael’s Spirit of Truth assisted the gay community to rise up as a people. He has also assisted the battered and abused, along with the mentally ill and addicted. I am saying, the light shown on these issues has created a great deal of static. This static will subside with the passing of time and the acceptance from the so-called ‘normal’ people.

With the world’s re-encircuitment and Michael’s Spirit of Truth bringing greater awareness, there is still more static to come – more upheaval, and more individuals screaming out for attention. With this, some cultures may be more tumultuous than others. It is difficult for people to simply have acceptance for all Father’s children. With the passing of time, there needs to be education and understanding. Those that are close to Spirit, understand that Father works quickly in each individual’s life.

I am MARY. I am overjoyed at being with you again in this setting. I am so happy to look upon your faces and feel such love and acceptance. This evening, Abraham speaks of the world's thought-static, the over-extended and expanded consciousness; he speaks of acceptance, and what that means for groups as well as individuals.

I had once met a beggar who sat in the market every day asking for valuables. He did not work for his gifts from others and in my hasty judgement, I thought him prone to the overmuch partaking of wine. I could not understand why this man, who was perfectly able-bodied and sharp in mind, had to beg for his earnings. In fact, the harder I worked, the angrier I was with that man; I thought him lazy and untrustworthy. I know that many people in the community also had resentment towards this beggar; and still, others had compassion and would donate to him.

I had asked the man one day while he was at his chosen begging profession why he could not get an honest job. He replied that he was an orphan at age twelve and had to fend for himself. He had been a thief and had been caught and imprisoned. Upon his release, he had turned over a new leaf and was ready to be a respectful citizen in the community. He had a small job herding sheep in the evening and into the night, and it was not enough money to get by. He found himself with a wife and baby to support. He was extremely tired during the day and chose to ask for goods as he rested.

I did indeed feel regretful for my judgment and resentment towards him. Again, I was taught that you don't really know how others are struggling and have not the knowledge to be their judge. The more I understood him, the more I accepted him; and, the more I could let go of my negative feelings. It was not my place to question this individual, but I am happy for the lesson I received out of this experience; it helped me in the future to be less judgmental and keep my mind more focused on my own life and the way I lived it.

Sometimes we are prone to believe what we want to, and can justify our emotions to fit. It is with this lesson-experience with the beggar that I learned of acceptance and had some relief from my negative thinking. I have met many individuals since, whose beliefs differ from mine, and I have acceptance that that is who they are; that is what they do. It does not mean I agree or disagree, but simply, accept.

There is unrest in the world because we are so busy trying to create a reality of safety and comfort. We might not see what is real, but what we want to be real. With the practice of acceptance, we can see reality more clearly and make our decisions therefrom.

I know many times Father has given me assignments that were not favorable, and I had resisted some or tried to go about the assignment in my own fashion rather than following the Father's directions. As you can guess, that did not go well! And those times when I had accepted the reality as it was, and trusted Father's wisdom, did I see a more suitable outcome.

I have such feeling of peace among you. Know that I am always available for you that desire to speak with me.

I am ABRAHAM. I do appreciate Mary's lesson on the importance of acceptance. I know that I, myself, have struggled with this. Time and experience have taught me that 'acceptance' brings peace. You don't have to be in agreement with somebody or something, some idea - but the acceptance of - 'it is what it is' - will help you to have less emotional discomfort, and possibly skip over negativity in favor of going right to Father for His direction.

This week, let us simply observe situations or surroundings, and ponder how acceptance is valuable. I am not to take questions this evening. Perhaps you can have some discussion before we meet next on the desire to have questions. I can't express how great my gratitude is to be among you again as family. Know that I am also available on a personal level should you need to talk. Go in peace. Shalom. Understanding From Where Imbalanced Emotions Stem. Balancing Wisdom With Emotion

Abraham & Emulan, Salt Lake City Group - "Second Generation" of the Teaching Mission
05-01-2016

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I am ABRAHAM. Greetings. I am happy to view how you rely on the will of the Father and have not agenda. In the beginning phase of our Teaching Mission, it was natural for mortals to push their own agendas; or put another way, to drive forth their own wishful thinking. The Correcting Time was new and nobody knew what to expect.

It is pleasing to see you each simply allow this teaching to come forth. It is touching to be a part of your friendships, your soul-recognition of one another. Each one of us has had desires or wishes to fulfill, and many times we wonder: 'Where is Father! why does He see me struggle and offer not help?' Yes, many times we are pushing forth our agendas and yet the doors are slamming in our faces right and left. I say, that is an obvious clue that whatever we are chasing or pushing, is not to be.

It is understood now in today's world that our emotions can be an obstacle to peaceful living, and many times we have felt as though the universe was against us. I say, it is in the way that you cope with your emotions that will offer peaceful living.

I am EMULAN. What a pleasure to be among you this evening. I do understand Abraham's words on emotions. I had quite a bit of difficulty in coping with life's stresses. I allowed my anger to get the best of me. I allowed depression to break me. In the absence of my wife and daughter, I was in a shroud of despair and was living on the edge of madness. My emotions were like a boulder rolling down a mountain - unpredictable and frightening.

At my time spent in a psychological assistance program, I had learned that it is acceptable to feel my emotions, my disappointments, my rage, my grief; I learned to go about them like a boat on the ocean - there would be high tides of anger, yes, and if I could sit with that, rather than to allow frantic emotion, the anger would surely pass.

Many times I had to dissect a problem to understand where the imbalance of emotion was coming from. For example: regarding the driver who took the lives of my wife and

child – he did not receive the punishment that I thought he should, and I felt that I wanted to kill him; I wanted him to suffer as I had suffered. In time, I learned to dissect this problem by believing this man was a child of God; and, the fact that this was his first indiscretion in the legal system.

I also came to understand that his children and spouse were depending on him to bring in income. I read his transcripts that revealed he was in a great deal of stress at his place of employment. He longed for some escape – and that happened to be through alcohol. Do you see, I could dissect this problem and see him more clearly with his human struggles. I could still feel the anger, yes, but I began to understand, and to ride the wave of anger to more peaceful waters.

You all know grief – and yes, it is indeed a burden. Grief is a rising tide that causes emotional distress. It is faith in our 'Father's hand in all things' that brings you to a wise mind – a mind that remembers there is a hope and promise of the next life. Father knows we will be beaten by our emotions at times, yes, but also that we will rise again.

This planet is fueled by emotion – whether it's the desire for power, or the burden of worry. I realize that those with faith can and do feel disappointed when life's trials and stresses cause those repeated outbursts from habit – and then, to feel the emotional aspects of pain when all along you expected to handle such issues with God's grace. I say, you are mortal, and it is okay to be emotional! It is even better though, to learn to handle your emotions with faith and with Father's assistance – that you may better cope with life's pressures and stresses.

The Master always said: "The more you know somebody the more you love them." That also includes you, yourself. Many go through this life and don't know who they truly are. Some even have a self-hatred. The more you can understand yourself, the more you can be watchful of what is actually happening in everyday issues. Today, myself, I still feel a slight rise in emotions from time to time, yes; but overall, I feel them changing my understanding, my perspective, all the time.

I am learning that the issues of this life don't have to mean simply one thing and to stay with that understanding and perspective. For example: in my life tragedy I had felt anger at this man who chose to drive impaired; and yet, I changed and came to feel sympathy for him. I learned I could sit with these feelings and know that they are ever changing me Godward.

Nothing in our emotions stays the same, especially if we are growing closer to the Spirit every day we are alive on the planet. I can feel despair over the death of a pet, for example; and I can also feel hope that the life-spirit will go back into the source of all life – the memory will live on and bring me happiness.

Humans are emotional creatures – and that is acceptable! It is in the way we cope with emotional distress that we can find peace or a clear resolution. It is always a good balance to combine wisdom with emotion. In wisdom, we are logical and confident. Balanced with our emotions, we are closer to spirit-mind. If we were all wisdom we would have not compassion or understanding for our fellows. If we are all about emotions we would be tangled up in drama. When you combine the two minds, we

can achieve a balanced mind that is closer to the Father – and that brings peace.

I truly enjoy my time with you, dear ones. I shall give you back to Abraham.

I am ABRAHAM. I thank you, Emulan, for your helpful suggestions. I can understand the emotional mind, for in my days of power-seeking I did use my emotions to put fear into others to get my way, and to push my agenda. In the days I spent with my friend, Machiventa, I learned to reason, and to better communicate with individuals to seek a fair and peaceful solution.

My friends, I am grateful that you are willing to look at and consider these communications that are put before you. And with that, I am ready for questions.

CALVIN: Thank you, again, both of you, for another wonderful lesson. (Abraham: Absolutely. I am overjoyed at our meeting together.)

BARBARA (Shyanne): May I have a personal assessment, please? Also, what can I do for my son, Nick, who seems to be on an out-of-control course? I don't know what to do to help him.

ABRAHAM: I am in understanding, my daughter. I do know of the struggle you have. I believe you have invested so much into your son, and it doesn't seem to have any returns. I am understanding also that you put your life on the back-burner, so to speak, and have not taken care of yourself as much as you should. Your attention is focused on others and you feel a bit lost. I would recommend that you find time to care for yourself. It is like tending to a garden – sunshine, water and weeding, will bring a great harvest of peace and joy. I see that you would benefit from self-care. Even myself – in my existence in today's world, I find time to sit and relax in the forest where I can hear the birds; feel the sunshine; see the blue sky. I remember that I am Father's son and am well cared for. This is the feeding of my soul. As a mortal I would request my favorite meal; I knew that the joy from it would feed my soul. I also loved music and I would treat myself to that enjoyment, which also fed my soul. I still had problems, yes, but I was filled with an energy-source that would help me to handle my burdens. Yes, I cared for my 'self' – physically and mindally, and this allowed me to help others. If I neglected my 'self' then I neglected 'my spirit' – and there was not peace to be found. I know the love you have for your son. It is beautiful! and yet, it is also somewhat harmful. It would be good to remember more of who you are; you are the trunk of the tree, and your son is a branch. You have to maintain the trunk to help the branch. If you would like to be healthy and joyful and have harvest, you must care for the tree 'as a whole.' And if the branch has difficulties, perhaps you cannot save it; perhaps you have to accept it and allow the branch to find its own way to the sun. You can provide the nutrients and water to your trunk; you can even have affection for the branch – but you still must tend to the trunk and tree as a whole, and allow that branch to grow as it will. Does this help? (Barbara: Yes, thank you.)

CALVIN: I'm sure you are aware of Norman Lear's discussion with Oprah Winfrey which was aired today, and wherein he made mention of the Urantia Book as he and his wife's source of strength. Do you have a comment about this? And, is there a new spiritual influence on the world stage today?

ABRAHAM: I believe Mr. Lear's courage to mention the Urantia Book is admirable. He is at a point in his life where he is more or less finished with Hollywood and fears not repercussion from the industry. I do believe he wanted to bring out this information before his life here is finished, and he was indeed prompted to do so by the Teachers on our side. We are moving into this Second Phase with courage and knowledge. Everything that was hidden will be revealed. We are in appreciation of Mr. Lear's willingness to put this idea into the media mindset, which does enhance the cosmic mind, as well. Is this helpful? (Calvin: Yes, thank you.)

BRAD: I'd like to comment on your lesson on emotions. A friend of mine works with people in helping them practice a healthy way of expressing their emotions – which is helping people in these hard times. She's finding that the work she's doing these days is a lot about allowing people to have their emotions, and how to better express them. So many places in the world do not allow this, to allow people to feel their feelings.

ABRAHAM: Well said. I am in agreement that we are created with emotions. And of course, as we have evolved, some emotions perhaps have been twisted into destructive behaviors. We are not yet with the education and the science of how emotions rule in our lives, but I am pleased to hear that individuals are learning to feel safe in having their emotions; and also, being able to work through them with wisdom. Thank you, son. Are there any more questions?

BILL: How do we move forward in the teachings in our Thursday night group?

ABRAHAM: I understand that you are all doing quite well and we can see by the example of Mr. Norman Lear that the Urantia Book can be talked about in everyday life, such as over coffee, playing golf, etc. – it is going to be received as normal conversation. We can see from the many years of Earth's history that different religions were looked upon as 'false doctrine' or 'evil.' Mortal minds were closed-off to 'angels' – which later on, became popular. The same can be said with 'crystals' and 'metaphysics' – that all came out and is now looked upon as normal, it's just there. I believe that your Thursday night group helps the attendees to talk about the Urantia Book in their everyday lives; to be brave enough to share what they know in a humble manner, as did Mr. Lear. The revelation of these lessons (our teachings) will be slow in coming forth, yes, but firmly-rooted and will be successful.

I believe I am slipping. I am with such feeling of love for each of you. I am always interested in what your minds hold. I wish to express my loyalty and love to you each. Until next time, shalom.

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Our Connections of Close Proximity With One Another Keeps Us Connected to Father and Cosmic Mind

Abraham, Salt Lake City Group – "Second Generation" of the Teaching Mission

06-05-2016

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I am ABRAHAM. Greetings. It is wonderful to be here with you gathered in fellowship and open-mindedness. At times I am so overflowing with joy that I must look to the Father and give him thanks. In this busy world, it is easy to be forgetful of Father's presence. We could be in despair over some life issue and not know He is right over our shoulder. Many times are the Father Fragments calling to you saying: "This way, child, I am here. It will be okay."

It is strange for us who lived in the flesh long ago to see how technology has taken over the world. In this day and age we are so distracted by beeping, buzzing, timelines, and can be swept away from the awareness of Father's presence. With technology, we can do many things at once. It has become a way of life, and the motto seems to be 'faster is better.'

It is easy to lose awareness or be unmindful of the beauty around you - of the good that is happening in your daily life. When attempting to turn your hearts and minds back to Father, it is not really necessary to stop to meditate ten minutes or more, but it would be beneficial just to stop, and in your mind, call His name; just stop your thoughts and take a moment to say: 'Father, my God, my Creator.' This exercise helps the circuits of the mind to be connected to Father and the cosmic mind.

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I am so grateful you have your fellowship with one another, it is indeed a positive in living. Staring at a screen tends to make one feel isolated; even though you can contact relatives around the globe, it is not the same as being in close proximity. You are life-giving positive energy to each other; you remind each other that the Spirit is near; that the world is mostly good.

I have concern for the younger generations who do not learn the art of fellowship and real socialization. Being in close proximity to a loved one or a like-minded soul does steer you toward the cosmic mind and a positive outlook. The closeness creates a connection of energy between you, the cosmic mind, and Father. Here on our side, we are able to communicate even without words; we are able to feel each other's thoughts and emotions; we are able to have a broader view if a friend is having trouble.

I am impressed with the technology of today, yes, and of course it is the way of evolution. But we must remember that the fuel of life comes from fellowship and keeping your eyes upon the Father, not technology.

It is always said that Christ Michael is the door. He has brought us our best ideas of who the Father is. He is an energy as well, and does indeed help if called upon. Michael is our Spirit of Truth and is raining down his light upon the darkest corners of the world. We are able to interact cosmically, yes, for I am able to talk to you; I am able to understand your concerns, and you are able to speak with those on our side and receive understanding, or to know where the door may open to further understanding.

I do know that the truth can be frightening and unpleasant, but I can say that those having good communication with Michael are able to see a more broadened view of many issues. Those that are willing to embrace the truth will certainly find Him. The Spirit of Truth does not simply turn on the light and leave us to ourselves, no! He

breaks down His truth and brings understanding. This takes time on the part of the mortal. It takes time to have acceptance, to cope with emotional ways, and to be flexible to acclimating to a new reality.

You have more help than you know; and simply throughout the day, calling on the Spirit (whatever name you choose) keeps you connected to the cosmic mind. The Spirit does help in taking the issues of mortal life for what they are, and learning to grow up in the Spirit. You have each gained many skills over the years to handle life's problems – and that has helped you to mature. However, believe me when I say you are still very young in the spirit ways, and Father is close at hand.

Technology has its way with the world, yes, but so does the Spirit, and the Spirit is not subject to errors. I find that I love to be in nature and see the wonders of Father's creation. It is medicine for my soul. The rays of the sun, the wind, the grass under my feet, the smells of roses; I am at peace when I can go to the outdoors and heal my dings and dents of my soul.

It is easy to see that many individuals have had traumatic experiences and feel burdened, perhaps depressed. And to do the one thing that nurtures the soul can bring great energy and healing – spiritual, physical, and mental healing. Many love music and find that it transports them to a place of peace and mindfulness. Some choose creativity to focus on, which takes them away from a stubborn issue and clears the mind for more logical solutions. I know most of you have had great struggles and perhaps feel a bit beat up. Time spent doing what makes your soul happy, is a relief from burden and an insight to new ways of thinking.

Long ago in my village, I remember an elderly woman who I perceived as one who would act as if she had seen everything, knew everything; and yet I would find her always becoming surprised at various new things she could learn. She was inspirational to me. As I watched her practicing being observant, I could see how life opened up for her; she did not expect negative outcomes to every situation; she was more connected to Father and her fellows.

I believe I will stop there for questions, and I would like to begin with Nathaniel (Jordan McKee, Calvin's son – who is in the military and requested an assessment.)

My son, I am always in awe of you. Your courage and willingness are a source of inspiration. I am glad to see your enthusiasm for sharing the word of God. I am also happy to see your willingness to accept reality. I find that you do well and are experiencing those things that will help you share the word of God. You are a son, a brother, a father, an employee, a friend – and we hope you live fully in each role. You can read about the Master's young life when He had to experience what life was really about before He could go about teaching. He experienced death, betrayal, and unbelievable pressure. As He experienced life, he became more understanding of His fellow man and the mortal life. He learned to relate better with every kind of person – old, young, rich, poor – and I see that for you, my son. Experience is key for you right now. Live fully and stay open to new possibilities. You can relax in the knowledge that you have tremendous help from On High. Are there further questions?

TECTRA: Abraham, you talked about the 'technology in our world today' – and I am wondering about all worlds; obviously they progressed and created their own technology in a natural evolutionary way. My question: Is there something about the way our history, with our defaults and all, that is creating more hardship because of our transition into the technological way. Are we being hampered in some way because of our history?

ABRAHAM: Great question. You know what is like to go without food for a long time, to be hollow and obsessed with the thought of gaining food to fill the emptiness. This is like the world before the re-encircuitment, when Urantia was cut off from the universe due to the Lucifer rebellion. The worlds' inhabitants were hungry for connection, hungry for guidance; and the re-encircuitment of the planet was beginning to bring enlightenment. I don't believe that technology is hampering anything other than drawing individual's attentions away from the real things of life – for example, a married couple sitting at dinner, both looking at their phones. In some ways technology has made life easier, and in other ways, it has created a different kind of generation. It will be a positive if individuals can also learn to connect with the Spirit and learn about the cosmic mind – and know that in fellowship, they are connected. Is that answering, my son?

TECTRA: Yes, but I think I must ask a little bit more on this; it is really a relevant thing in this day and age. What I wanted to ask – because we haven't had our Planetary Prince since the 'rebellion;' and then the second default with Adam and Eve left us without our biological parents – I can see that on normal worlds they don't go through all this; they can see how technology is used, and therefore, can be more balanced using it. But on our planet, is it harder for us to integrate this technology and our spiritual thinking together, using it properly, because of our defaults? Do you see where I am coming from?

ABRAHAM: Yes, I like where you're going with this. (Tectra: Is that why it's harder for us to integrate here?)

ABRAHAM: I see the evolution out of the 'rebellion' as needing to be a natural/normal event; and I don't see that can happen by a disconnecting of mortals from evolution. I am made to think of the new generation and their lack of belief in the Father. For example, video gaming has somewhat hampered the mind of those who are obsessed with it in a way that they are not using the muscle of imagination, they are just bringing it to themselves. It is going to take a lot of thoughtfulness to be more creative, to be more imaginative. There will always be issues with the 'rebellion' where it concerns mortals; I am saying, with freewill thought and choosing in an agondonter world, individuals will interpret life as they see it. I find that, for the most part, the planet has moved forward with great progress as far as technology goes, especially with medical advancements. There will always be a race in the minds of men for better developments concerning technology. I appreciate this thought, Tectra. Well done. Is that answering?

TECTRA: I'll have to re-read what you've said and discuss with others.

ABRAHAM: If there are no more questions, I may be slipping. I just want to express my gratitude to each one of you. As I look into your eyes and see your smiles, I

feel at home; I am with great love and affection for you each. Until next time, shalom. [Nina reported that Nathaniel's wife, Ashley - her spiritual name is Dara.]

Put Down Those Things We Are Tired of Carrying and Simply Be That Soul Who Is Connected With Father

Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
07-02-2016

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I am ABRAHAM. Greetings. I am indeed grateful to Father for His ongoing lessons in how to thrive in life. Can you imagine - if you let go of your path, your education, your flesh, bone and blood; you let go of your regrets and pain; let go of the mortal family; let go of country and planet - who are you? What is left? What is left is Father's child; and this is how He longs to communicate with you, just to be with you - His energy, and yours.

Over the years of growing up in this mortal life we tend to cling to certain things we think that protects us - it may be education; our employment; drugs and alcohol; our children. We are so padded with the outside world that it is difficult for us to focus on a spiritual life. Believe me, the outside world is important, yes, but it is not who you are.

Even one-hundred years ago, families stayed close and had their long-held family traditions; they had their family holidays wherein they assisted one another in the keeping of tradition. During this Correcting Time, we all have come to see that our families in the flesh are just fellow sojourners on a particular path.

Yes, during this phase of our Correcting Time we find more and more - that things we thought were true are now falling by the wayside; and that you are soldiers - so to speak - in a great work. Love is not reserved for just flesh and blood, families or friends, no! but is extending out to all living things. Tradition is becoming more and more by the wayside. If we are to forge ahead toward Light and Life, we must remember we are all Father's children, equally.

I am MARY. I am attracted to this particular lesson in that many of my days in the flesh were crime-filled, which brought me great guilt and regret. I was so relieved when in my morontial form, I was able to put that all down. Yes, I was able to put down the things that I was so tired of carrying. They say the mortal life is a day in eternity - and even now, I am happy to see what comes next. I am happy to continually lay down my regrets, my addictions, and appear on the next step of eternity as a child of God. I say, this - just the soul that I've become - is how God knows me; this is when I feel comfortable to be honest about who I really am.

Yes, it is somewhat humbling to lay all your mistakes out in front of God and know that He doesn't see them, but sees the real you. He doesn't see what you have regretted all your life, but He sees His child and wants to be connected. With Father's connection, we are able to see logic and let go of things that are not serving, not helping anyone.

I say, lay down those things that continue to punish you - Father doesn't want that!

We can take up our lessons and the things we have learned – and travel lightly, with joy. It is a new era. It is a new time to break down the barriers between you and the Father.

Yes, when I was a prostitute, I was so guilty and downtrodden that I believed Father wanted nothing to do with me – and I carried that burden around for many years. Even after I had quit such a life and had become of service to the sick and dying, still it took many times of listening to the Master saying: “God is spiritual and that does not require you to continually punish yourself by carrying around guilt and regrets.”

Deep down inside all of us, there is the Father Fragment protecting our budding souls. He longs to show us the wonders of the world and to discover new norms. Worlds bound for Light and Life are going to meet with turmoil, yes; and you, as soldiers, need to be protected with the Father's Spirit so that the work can be pushed forward through the fear, turmoil, and confusion. Today I walk with love. I see love; I feel love; I have love for myself – and that is quite a bit different than when I wore the flesh.

This week, Abraham and I would find it useful if you would meditate on stripping down to the soul and being at one with the Father; allow him to tell you which things in your life is important enough to pick up, and which to simply let go of.

Unfortunately, there are so many unbelievers among our youth, and it would do them well just to see you live by the Spirit. You need not show them books to read or tell them of those faulty traditions, no. Have not worry about the unbelievers, for they will slowly gain their footing climbing the mountain of truth in their way, in their time.

Thank you, Mary. I am Abraham. I appreciate Mary's visual of just you, a budding soul connecting with your Thought Adjuster. Allow the stress to drain from your body and know that you are loved and watched over. A short time for questions?

TECTRA: Yes, those are most beautiful words in that lesson, things to contemplate and grow ourselves from. My question to you, and I am certain there are many words in your lesson for Nina (Ellanor), but I ask if you have something more for her? Thank you and Mary for your words here today.

ABRAHAM: Thank you, Tectra. That was thoughtful, my son. I truly do appreciate it. The only thing I can tell you, my daughter, Ellanor, is that tradition, your personal pattern, is no more. You may tear off that baggage of depression and addiction, and that constant hope for your children. Be that budding soul that connects with the Thought Adjuster. Let Him show you where your journey should take you now. You need not have anyone with you, but have courage and confidence to make it on your own. You know I am always here to assist. I am standing by, don't forget. Go in peace and love, daughter, and be of service. Thank you. And thank you, again, Tectra, for your pure love and concern for your sister.

MIRIAM: Abraham, speaking of sisters – my sister in New Mexico and I are in a holding pattern with how we move forward. We have hit an impasse, and she and I are

trying to find our way around it. I'm stuck in what I think I should do, instead of knowing what Father wants me to do. Can you help me out of this place?

ABRAHAM: Yes. This impasse does not serve anything, correct? (Miriam: Yes.) Abraham: Are there just emotional ties?

MIRIAM: It has to do with a decision that she made years ago that impacted my physical health. [inaudible.] I thought I had forgiven and let go of this, but she and I are kind of stuck right now. Ninety-eight percent of our life is awesome, but we have just not been able to get over this one issue/thing. (Abraham: Do you understand her side?)

MIRIAM: I think I do. What she did and why she did it, I totally get it - marrying someone that kept her in a wretched place for ten years and which tore our family apart. But even with your help, and Esmerelda's, and Ham's words to me through Rebecca - I just don't think I'm really letting go of the past. It's been about thirty years now, but I'm still in a hard place. [Editor's note: Rebecca - the transmission receiver for teacher Ham, is married to Miriam's uncle, and Esmerelda's brother - Hal Bynum, of Nashville, Tennessee.]

ABRAHAM: I could see you perhaps writing a letter of your feelings and just trying to get her to understand you. I feel that once you validate your feelings, you will feel lighter. I don't know, but maybe some things you'll never forget, you will never understand; yes, that happens. But I think if you could write down your side of it - what you see and what point you have come to - and tell her what you need from her. And, my words are the same to her as well - what does she need from you? (Miriam: I feel guilty to tell her. Also, I don't want to hurt her feelings, etc.)

ABRAHAM: I pray Father will allow time to safely allow you to air these grievances and see each other's point, and come to a place of forgiveness and love. God bless you, sister.

CONNIE: I have a question and I'll precede it with a statement: In traditional Christianity, the Holy Ghost is often referred to as one's 'conscience,' or "the still small voice" of spiritual guidance. The Holy Ghost is also referred to as the third member of the Holy Trinity. In Urantia Book terms we refer to the Original Trinity as - God the Father; The Eternal Son; and the Infinite Spirit. My question is: How do we explain to our fellow Christians the role of the Thought Adjuster and the Infinite Spirit when they have seemingly combined these two into what most of the Christian world calls the Holy Ghost?

ABRAHAM: That is a difficult question to adequately explain some clarity. My understanding lies in the thinking in which if a traditional Christian member would even want to know, without being afraid of 'change.' I would say that the 'Infinite Spirit' is like the Mother; and that which is from 'God the Father' is where the energy of all 'thought adjusting' and Thought Adjuster activity comes from. It is like Michael's function is as 'one' - Michael the Creator Son and, The Spirit of Truth. Yes, these are as one. The 'Infinite Spirit' is likewise 'one' in the creation and facilitating of that connection with Michael and Father - connecting each member to the cosmic mind, as well as the Thought Adjuster. The Thought

Adjuster comes from the Father, and this energy (His energy) is handled by the Infinite Spirit. The Infinite Spirit is a conduction of sort, from Paradise, but we also see Her manifest on the local universe level as the feminine Organizer of sort, our Universe Mother. Does this make sense?

CONNIE: I don't know if that will satisfy the minds of people who have been steeped in the idea of the Holy Ghost in the traditional sense. I know some in Christianity would see the Infinite Spirit as a 'mother' aspect of Deity; but most, I'm afraid, will simply hold on to their long-held beliefs.

ABRAHAM: I would definitely keep it as simple as possible until they ask for more. It is like trying to explain midwayers or seraphim - it is just too much if they are not ready and not asking. You have to start very small and find some common ground. Likewise, unless they are truly interested in the Urantia Book they are not going to get it. As a suggestion, you can say: "This is what I have learned and this is how I believe. I believe there is a Fragment of Father that lives within us. There is also Christ Michael, our Universe Creator, who watches over the planet; He is also called the Spirit of Truth. But there is the Mother Spirit, who is the Connector, the 'source' of mind-endowment. She is the connector of mortals to the spirit realm." This is a difficult question, my daughter. Let me hear your updates. I feel like I am slipping. One more question.

CALVIN: Do you have any advice for us going forward with the Sonarington project as we have incorporated it? On one hand, I am in understanding that Machiventa (Melchizedek), in our earlier Teaching Mission days, was a part of this direction in initiating 'Sonarington' on Urantia; and a few of us have attempted to carry out his directions. But on the other hand, for some reason I just don't feel right about something, and I can't put a definite finger on it. This feeling has halted our plans at present. Is that just me dragging feet and being unduly apprehensive? or is there a good reason for me to be dragging feet? Do we forge ahead? or should we hold on for further direction from on high here, I guess is what I'm asking.

ABRAHAM: If the doors are not opening, I do not believe it is time to forge ahead. It would appear that many of the Correcting Time Teachers would likewise like to get a solid footing into your project right now - of disseminating their lessons, their transmissions. I say, it is not forbidden to bring forth a book to study from, for that is perfectly acceptable. The Sonarington ideal will appear when it's ready. Does this help? (Calvin: Yes, I believe so, with prayer and review of this lesson. Thank you.)

ABRAHAM: I appreciate each and every one of you. My heart is full. I am grateful to see you walk back out into the world with spiritual strength and assurance. Know that the world is better because of how you live your life. I love you. Go in peace. Shalom.

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To an Alcoholics Anonymous Group / The Effort To Keep the Flame Within, Alive
Abraham, Alcoholics Anonymous group - Salt Lake City, UT 08-05-2016

Back

[This meeting/transmission was an especially-called meeting with a few members of an Alcoholics Anonymous group gathered in Salt Lake City, Utah at the behest of Miriam.]

I am Abraham. Greetings. I can see a flame within each one of you. We can understand that sometimes this flame is burning bright, and at other times it is almost out. What I find so beautiful is the effort you each make to keep the flame alive. I am also deeply impressed by the Alcoholics Anonymous movement; it has served so many, and those who serve in it have assisted the many that were in the depths of the despair of mortal life.

I do understand the struggle of day-to-day living, and the world today is much different than my time in the flesh. The pressures of today sometimes do bury the Spirit. It is easy to get lost in what your eyes can see. It is easy to slip away from the Spirit. The fellowship within Alcoholics Anonymous has been an assistant to the spiritual realm.

I do as well, understand addiction. Mine was not so much to chemicals as it was to power. The need for it had a hold of my mind, and I could think of nothing else. There were some brutal experiences I had that made me lift my eyes to the heavens and ask for help. What my eyes could see told me a different message than what my spirit could see. The mortal awakenings that I had, made me aware, yes, but still I had to 'give up all' to receive that divine help I so needed.

Like your program, I had mentors that had helped me to find a different path than what I had struggled for. I projected my wishes onto others; I pushed my will onto others - and that fed my ego, yes, but I was never full. Until I embraced the silence, I could not find peace. My mentors led me to embrace my humility, to feel comfortable with surrendering. I learned new behaviors. I had new thoughts. I had a new direction. I had serenity.

As you well know, you can struggle and feel like you are cornered in the world, and that there are no options - and that leads us to wish for escape. And as you can well see in the world, many are indeed looking for an escape. It is with such gratitude that I give these words to your program - a program that has led so many to find the Father, to find the stillness, to listen to the voice within.

I know some of you that ask: 'Is this it? Is this all that life is about?' and then you find the next day you have again learned something new. I can validate to each of you that your experiences, good or bad, have been lessons learned; and I know each one of you carry wisdom you would not have had without these experiences.

Not always will we have serenity. Sometimes we feel others' carelessness - it creates a rage within us and it is up to us to handle the emotion. Instead of looking for a way out, or an escape-route, we are to carefully ride our emotions like surfing the waves on the ocean. We will have ups and downs, yes; and we will feel at times as though we are drowning. But holding on to our Higher Power, our God within, having communication with Him/Her, we rise to the surface where we can view the calm waters sparkling before us, breathe in the fresh air, and feel the sun on our skin.

I believe the Alcoholics Anonymous fellowship does assist those who participate in

finding it easier to ride the waves, to find peace, to extract the meanings and values out of life's experience. I feel so blessed to see each one of you, and the flame you each carry within. [Personal Questions/Answers are omitted here.]

Push Forward on Life's Mission With Trust and Confidence of Father's Complete Assistance

Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
08-07-2016

Back

I am Abraham. Greetings. I feel a warm comforting atmosphere among you this evening. I am with over-flowing gratitude with your welcoming spirits.

It has been said, "Push on, for the road is long." As of late I have met with many individuals who struggle to get through each day with their heavy emotions and mindal interruptions - they become in somewhat of a survival mode. You can say that the majority of the planet is in that mode as well.

I am truly inspired by those who will push along the road no matter what is in their way. This is your eternal life, my friends! it has begun here. Some choose to hide and not really participate in living; they are more likely to lean towards surviving and miss the blessings of thriving.

This evening, I am to say - as participants in the Teaching Mission, the next phase is not an easy one. You that have had open hearts and minds and desire to follow the Father's will, may have a little more training to cope with the harder lessons of the mortal life. I am saying that your personal corrections will continue and that your ministry to others could perhaps seem a bit more difficult.

I am in understanding of your heart and emotions, and I know your burdens. But I can tell you that your striving, your dedication, your resiliency, will help you to go around the boulders on the path - to go through the waters of unknown dangers, to traverse the dark forest - all the while knowing Father goes before you.

I can say, every once in a while as you are pushing forward on the path, there will be a place to rest, a place to feel the green grass under your feet, to see the blue sky and clouds, and feel the sun upon your face - a rest, where there is peace and serenity, are yours. I would suggest you take advantage of these times. When the path is still smooth and you see the place to rest - then rest.

I say, our Father is not one for drama. He is not enjoying His children struggling as they traverse their eternal path, no! He is not asking for you to give up anything. Father does want for your happiness. He does want for balance as he prepares you for your mission within His Kingdom.

I am MARY. I am in gratitude to be with my brothers and sisters of the Kingdom of our beloved Lord. I am in understanding of Abraham's words. I did find times in the flesh where my life-lessons seemed to increase in difficulty. I had struggles keeping faith in Father, the mission, and myself. At times I felt completely alone.

I can remember a time when the Master had happened upon the market; and as He went

through, He held the hands of many with perfect eye-contact and a welcoming smile. He had words of encouragement as He passed by. You could feel the atmosphere change as He met each and every individual. After His departure you could feel a definite change in the attitudes of the people.

My friends, this is your mission as well. In anything you do involving those individuals you meet, the road will be filled with some drama and events that would seemingly look like a waste of time. Remember the Master; in having His one-on-one contact with the Father, this helped Him to maintain his balanced emotions to every personality, every individual story He heard from His beloved friends and followers. He was not to be a part of 'emotionalism' – He was to maintain a secure contact with the Father and handle individuals throughout His daily life with balance, and always exuding peace.

Many of you will find these days of the Teaching Mission to be more 'in-depth' – and as Abraham said, sometimes more difficult. I hope that you receive it as further training, and as assistance to help you further your part in Father's mission.

I know that thoughts of the Master's lessons did indeed help with my attitude and adjustment of emotions. I had for a long time worked with a woman who was a bit older than I was. She did not always agree with my methods of work. She was prone to criticism of me, and often I was indeed caught up in ego and anger. Many times she and I fought with no resolution. It was not easy, for it took actual effort to allow her words to go with the wind.

I could receive the value out of this experience with this older sister by thoughts of the Master and how He navigated through the world. I had to step up to this woman and make eye contact, have a peaceful countenance, and tell her what I could hear her saying. I could help her to swing her emotion toward balance and calm. She could then see me as a human, a child of God, and a person that she could help. Instead of criticism she could help me to learn, and in turn I was also of help to her. We have been friends ever since.

The Master worked wonders with the people. He did what he could, yes, but He couldn't do everything. He couldn't help those with deep embedded egotism, for instance. However, He was for the most part with balanced emotion and calm – that this was the Father's issue and He was not to worry.

I am impressed with each one of you and your practice of staying close to Father – no matter what that is: meditation, stillness, music, working in your garden, attending a church, attending a group of good-hearted individuals that help feed your soul. I am with knowing that some deep emotions are paralyzing, and I can assure you that small efforts towards communication with Father reaps wonderful benefits.

I do enjoy this method of communication with you. You are also with this method when you speak to your fellows – this is automatic, in all actuality. You know when it is happening, I am quite sure. I know that many individuals who seek spirituality are beginning to understand that all have a message – all will give, and all will receive.

I realize that many individuals are off-balance on the emotional scale, and it is difficult to deal with them. I ask that you have visualization of the Master as he passed by in the market place with a beautiful smile, a loving handshake, eye-contact, and an open ear. He listened, and he gave inspiration that was directly from the Father. I say to you to do as well; you will do the same as the Master.

Know that I am with deep and abiding love for each one of you. I will take my leave. God's blessings.

I am Abraham, and am with such gratitude to Mary. What a wonderful spiritual assistant; she is a gift of friendship; I appreciate her outlook on living in this world of chaotic emotions.

You know that the Father will only give you what you can handle. I ask you to fear not of the increase of difficulty in your personal lessons and in your ministry to others. I believe that in doing this(to fear not), that in your trusting, you will find Father is a step in-front of you and goes before you. He is helping you to evolve and adjust with the world's ever-changing situations. He is hoping that you trust Him and move forward in confidence and love. Fear not. Know that each one of you are equipped to relay Father's messages to others.

I will conclude for I am slipping. Often I come by each one of you and look in your eyes, and I know your heart. I pray you know how the Heavens are assisting in knowing you, loving you, and helping you to push on. With that, I shall take my leave. Know that I am with un-ending love for you each. Go in peace. Shalom.

In our Discussions With One Another We Find Balance of Thought, Strength, Wisdom and Faith

Abraham & Christ Michael, Salt Lake City Group - "Second Generation" of the Teaching Mission 08-21-2016

Back

I am ABRAHAM. Greetings. It is indeed a blessing to be with you this evening. We are amazed when we can view the world as it is today. We see many points of light across the globe of people who are thinking of Christ Michael. I am aware of the more in-depth lessons of daily living. It would seem that the spiritual life takes great effort. On the other hand, it is more about surrender and listening.

When we look back at Jesus' mother, Mary, receiving the visitation from Gabriel to announce that she will bear the child of promise, it was indeed a small message, simpleness. She did well with the information given to her. She did not have to uproot her life, change her plans, or do anything special. It was a simple message; and yes, there was some emotion, some stress; but overall, she did well with what she received.

When we look at Joseph receiving the message that they will parent this child of promise, we see he is leaning more towards skepticism than to wisdom - and his resolve was not overnight. He did indeed put some thought into this Gabriel message to his wife, and he did pray and asked for guidance. Joseph came to realize that he did believe in his wife, overall, and was then granted the dream of the heavenly

messenger.

Joseph and Mary were regular people who had been asked to handle the tasks of raising this child of promise. Overall, they did not feel burdened, no, but that they were being handed a gift. And I can say that faith was not so much their strongest endeavor towards this responsibility – but their discussion with one another, was; and this was of great assistance bringing balance in thought.

Of course, Mary could be overly emotional, and Joseph could be skeptical – but it was in their fellowship with each other which helped them come to a point of wisdom and develop a strong faith. Father asks that you also do well in your fellowship with one another; it assists in balancing emotions and strengthening faith. The connection between you is life-energy and food for your soul.

I am, as well, life-energy reaching for you, sons and daughters. I am MICHAEL. I am so pleased to meet with you in this way. This is somewhat superfluous – but you know I am with you, heart to heart, and mind to mind.

It has been quite a busy journey for you, Teaching Mission workers. I see you each have excelled. Some have cooled down from their faith; and some struggle still, to accept how life really is. I would like each one of you to know how truly dear you are to me. I know your hearts and minds. I know you have seen me working on this planet that I love. I bring light to the dark. Things that are unknown will be known.

It is difficult as a mortal to accept new truth or painful truth, but I am dedicated to bringing the light so my children will see what they need to do. Know that these truths I bring also assists in your eternal education.

We are moving forward with universal laws. I am able to go before you in these lessons ahead, and open the doors to understanding. Know that I want to develop a more in-depth communication with you. I want to be that one you vent to. I would gladly hear your anger, your pain. I will be in each tear and have you know that I love you without question. There is nothing you can do or say to turn me away. I want to be that one who catches you when you fall. I ask you to have trust in me. Know that I will catch you.

Know that I am alive and well. You are not random children, no! you are my children. I thank you for gathering on my behalf and remembering this wonderful day that led me on a journey of understanding what it is to be mortal. Have trust. Go in faith. Above all, carry on.

Reconciliation | Exhaust Our Human Resources And Relinquish A Need To Control The Outcome

Abraham & Mary, Salt Lake City Group – "Second Generation" of the Teaching Mission
09-07-2016

Back

I am ABRAHAM. Greetings. It is wonderful to see your faces here on this beautiful day. What is even more beautiful is the meeting behind the meeting – those you know and love on high who are standing with us, showing their support; sending us their

energy and love. Greetings to all.

I very much appreciate the efforts each one of you make in your lives. You go forth with courage and do what needs to be done. I see a lot of spiritual growth here. I am glad some of the indecisive-thinking has gone by the wayside. Your solid foundation of faith strengthens you to put Father into everyday living and to act out what you believe. There is a balance to be had in this, yes, for many have the need to control every last detail whether it is important or not, causing much imbalance and instability.

I am MARY. What an awesome group we have here this afternoon. I am honored to be a part. I do understand where Abraham is going with this particular lesson.

I remember a time when I was tending to a sick child. He had an open wound which hurt him very much; seeing his pain also hurt me as well. I would disinfect and wrap the wound; and then as I moved to the next patient I would worry about the boy and I would hear his cry of pain. I would then go back and unwrap the wound and look at it - it was not changed from the previous time I checked it. Again I would rinse the wound and wrap it, and then try to move on to the next patient.

In thinking logically, I knew wounds need time to heal - and no matter how many times I tried to put my hand into helping the wound, it did not speed the process up. Nevertheless, I went back to the boy, time and time again, trying to help him, praying for him; I wanted his pain to go from him. It was at this time I felt impressed to leave the child alone. I reasoned that in my 'trying to help,' I could possibly be infecting the wound even more. I could hold him, or hold his hand, or tell him stories, yes, but I needed to keep my hands from the wound.

Through this experience I knew I had to exhaust my human resources and then trust that God would tend to the rest. When one has such burning desire or want, it is difficult to release control of it. You are to exhaust your human resources, yes, and then hand it over to Father. I can agree with you, this is a difficult thing to do.

I am reminded of the Master when he was coming to terms that his mortal life was ending. He cried. He lay face-down and perspired great drops. He prayed to Father that He would be able to fulfill His will (Father's). The Master had desired to go among the people and tell them about our wonderful Father who loves us unconditionally, and that they were not to fear anything - He wanted them to have that acceptance and assurance in their hearts.

Jesus did want His accusers to know He was no threat to authority. He simply wanted to let the people know they were not alone and that the kingdom of heaven was on Earth. As he lay there, He knew his time had come to an end. He knew He had to reconcile His heart and mind to the will of the Father in heaven. He cried. He perspired great drops, yes. He called for His apostles to stay awake with Him and pray. He persisted, and he reconciled with Father's will.

This is an important lesson to mortals - to find a way to get to reconciliation. Whether you cry, journal, pray, and find your way to come to terms with 'what is' -

still, in exhausting your human resources you must relinquish your control over the outcome.

As a soul who has worn the flesh, I understand how important it is to set time for deep-thinking, meditation, and reconciliation. I believe that many are driven by emotions, or are with desires to have control over situations or people – perhaps even their own relationships. This 'need for control' is another mindal burden that blocks faith. And with that, I give you back to Abraham.

I am ABRAHAM. I do know a thing or two about the need to control. I could be fueled by my addiction to power, to have my hand in various situations trying to manipulate what I wanted to see happen. I could also be driven by fear; any kind of fear, really, even fear of loss – and would also have my hand in that situation trying to control the outcome.

Machiventataught me a lot about sitting with the Father; laying my problem before him and asking: "What is my part in this? Can I accept that and do no more?" He taught me the world was not on 'my' shoulders, and that I did not need to control so many things that were really, meaningless.

Machiventa and I would sit in the quiet and quietly present issues to the Father, ask for His will, and attempt to reconcile our minds to His will. I can say this brought a great deal of peace. I could see others around me were happier because they were more involved; they were happier because they had my trust, and they were happier because we relied upon the will of the Father.

What a terrific burden released from me to know that we are all pupils in the school of life. And the best thing we can do at those times when we have need to push our agenda is to sit quietly with the Father; let Him impress upon you His ideas for a best possible outcome. Yes, to reconcile your mind to the doing of the Father's will – I can guarantee, peace will follow.

We have not time for questions. I do want you each to take a moment and feel the various energies that are present here in this room with you today. [pause.] It is with gratitude, love, and fellowship that I take my leave. Until next time, shalom.

Remaining Flexible That We May Know All Sides Of Mortal Living As Well As Complete Mission Tasks

Abraham & Emulan, Salt Lake City Group – "Second Generation" of the Teaching Mission
10-02-2016

Back

I am ABRAHAM. Greetings. I feel so full to be with you here in this method of communication. I am honored to be a part of the conversation. I believe that my ideas are agreeable with yours. Overall, it is a wonderful day to gather in fellowship.

At times our mission seems slow, or even going backward. It would seem that we are made to go through the same lessons and experiences over and over again. I am happy to say that though some of the lessons are the same, yes, yet you yourself are different with each lessons' presentation wherein your perspective is enhanced to

receive.

As mortals on this world, you are to gather as much experience as possible – it helps you to move forward in your eternal career; it also helps you to see all sides of issues from perspectives as do your fellows. For example, one who has wealth sees not the experience from a perspective of being poverty-stricken. Those that cannot understand addiction will likely have some time in their life where they will have experience with this.

As members of the Teaching Mission, our lessons have been accelerated and we will be learning all sides of experience. I do not say that you must be one thing to know another, no, but that there will be significant experience to gain an understanding of each life's challenges.

We all have our roles that we play in everyday living. One day we may be the caretaker and guardian, and then the next day we may be the one in need of care. With an understanding of our need for varied experience, we can learn to be more flexible; we can be aware that new instances are coming our way.

It is well known that mortals may become stuck in a certain routine, and I know for myself this is true. I do know that sometimes it would take a lot of experience for me to comprehend that Father had new lessons lined up for me. In this Mission, we are swimming a marathon. We cannot always predict the terrain of the whole sea in front of us, but we can trust that Father knows the waters just up ahead.

I am EMULAN. I am with joy to meet with you here like this. I know that when I look back over my time in the flesh, I see I had a great deal of personal struggle in my becoming used to new ideas or new experiences. I had a good deal of ego to contend with in my early years. I had believed God to be a crutch for the weak. I utilized my male status to dominate in my particular field of work and to intimidate my fellow co-workers so I could have my way and not appear as weak.

Upon the death of my loved ones, it was 'I' who had become 'the wounded;' it was 'I' who had become 'the weak.' I was unaccepting of this new experience and fought it internally and externally with all my strength. I had not come to a trust in a 'higher power' at that point, and my struggle was all the more tremendous. It was easy for me to blame others for my misery – for my downtrodden status in life.

It took a complete self-surrendering to hear the slightest call from Father trying to welcome me into the kingdom. As I grew closer to the Spirit, more understanding would unfold and coincide with my experience. This was very intriguing to me. I began to understand why I should know all these things of mortal living that I could not see before. I saw how I could both receive help, and also how I could best help others.

Yes, I became aware that my experience would add to the whole of the universe. I believe it was my greatest blessing to learn to become open-minded. I came to understand that I didn't yet have all the answers from any broad perspective, no! I did come to realize that I had a great deal of answers from my personal experience, yes, but not from every angle of this mortal life. As I was healing in mind and

spirit, I became interested in assisting others in the field of psychiatry. I was fascinated by all the discoveries of the brain and mind.

My old experience had taught me to recognize roadblocks of the ego. For example, doctors have a certain perspective that others don't, and I was prepared on how to handle that issue for my own education; I was prepared to remain humble, helpful, and open to learn. As I grew older, I did learn the limitations of the physical body. I had a fear of aging and yet, I could see with the eyes of the spirit that this was a normal branch on the tree of experience.

The planet of origin is a school room. We are sometimes a student and sometimes a teacher; sometimes an administrator and sometimes the janitor. It is important to draw upon old experience, yes, to maintain flexibility and an open mind – and I understand that it is difficult, especially when we are feeling skilled in a particular area, to uproot and move to something unknown. It is Michael's hope that we look at these events of our life with excitement and anticipation – rather than reluctance, fear, or dread.

I can better understand your world, having gone through similar experiences. I do see there are many changes happening, yes, and many yet to come. The Teaching Mission can be a light in the unknown – and again, it can be a stumbling block to those who refuse Father's orchestrated lessons.

I am so happy to have learned along with you each, that we will yet see a great many changes, good and bad. Meanwhile, we must maintain our flexibility and be open to new roles we may play in life. We may become the 'caretaker' – and, we may become the 'cared for.' We may become the free or the bond; the rich or the poor. No matter what, Spirit is always there to help you with the transition. Your experience will help you in reining in the ego's desires. Your fellowship will aid you in your understanding of all experience. I give you back to Abraham.

I am ABRAHAM. I am grateful to Emulan for sharing his experience. I would express my gratitude for his suggestions. Remaining flexible is an important one so that you can know all sides of mortal living as well as complete your mission tasks. Everyone will give. Everyone will receive.

When some of life's lessons are not making sense and you feel you are spinning your wheels, then you are due for time with Spirit – with the Father, Mother, and Michael. When there is extreme confusion, then that is a sign to sit down and journal, to take a moment to speak with Father – ask Him, "What are these lessons trying to teach – where should my focus be at the moment." I can take a few questions.

CALVIN: Abraham, per our discussion prior to the lesson, I've been asked to give a talk at a Mind, Body and Spirit symposium in a couple of weeks here in Salt Lake City. They requested that I speak about the LDS (Mormon) teachings' similarities with the Urantia Book. It is my memory that in early 1992, either yourself or Ham did begin our regular Teaching Mission meeting that evening, at Thern's home in Woods Cross, with an "announcement" which made a huge impact on me. It was not part

of that night's recorded lesson, but an announcement prior to the lesson; and from my hand-written notes: "Before we get started this evening we would like to make an announcement. Gabriel himself has made an appearance to the president of the LDS Church (Ezra Taft Benson) at the president's request regarding the validity and truth of the Urantia Book revelation. We are happy to report that Gabriel's message was well accepted by the President; but we are saddened to report this event was rejected by the body of the Quorum. This is the end of our announcement." My question is – did we receive that 'announcement' correctly? I am open to make any correction or disclaimer you wish. It may be an inclusion in my upcoming talk and I don't want to misspeak or misrepresent.

ABRAHAM: That is correct, yes; but be mindful, it is outdated. Presently there need not be too much focus on the beginning days of the Teaching Mission because so many bugs were being worked out at that time. It was then quite new to all of us. I do, however, look forward to you doing your presentation. I know this subject has been a passion of yours for many years, and your effort to express this passion can be contagious. If you were to perhaps preach of it however, then it would be a closing off – creating dis-interest. There are many parallels with the Mormon Teachings and the Urantia text, yes, and you would do well to talk about those things that interest you about the commonalities. As time moves forward, as slow as it may be, many religions will find that they too have similarities to the Urantia Book – which will become more well-known no matter how some individuals try to protect it, meaning the Urantia Book. I find it to be somewhat of an apprehensive time of history within the Urantia Book fellowship mainstream to speak your beliefs. However, I find this to be a good platform for you to work from, my son. Is this helping?

CALVIN: Yes, and I thank you for your help. (Abraham: You are welcome, Calvin.)

MIRIAM: My friend Emily has been struggling and has asked me to request an assessment from you in her behalf. [Question was not recorded.]

ABRAHAM: My daughter. I believe this lesson itself will be of great assistance to you. I do know how much effort you pour into those you love. Your work is very important. The mundane tasks that you do are important. You are a creator of peace. I do see, those that create obstacles for you is annoying for you, yes, but harmless. In the long-run, their input won't have much leverage. In the meantime, I would suggest you find time for something that is all yours; whether you are feeding the spirit, mind, or body – just make sure there is something for you to maintain a positive outlook. Overall, my daughter, I would say the sting of today won't be around forever; and these lessons we can receive from these trials are very important. Look for those underlying messages Father wants you to take from this experience. Are there more questions?

ANTHONY (Mike B.): Abraham, you mentioned some people trying to protect the Urantia Book, and I was already wondering about that with the recent publication of the new book, The Parables of Jesus, by Duane Faw. In the past, it was seen by the Urantia Foundation as a problem when someone printed Part Four about the Life and Teachings of Jesus separate from the first three Parts of the Urantia Book, which gives the bigger picture. I was wondering if you have a comment on this – whether or not it is

appropriate for a separate book about Jesus' parables? Is this the right time?

ABRAHAM: This is the right time, yes. This is a time when the Urantia Book is going forward on its own momentum. It needs not many to promote it. It needs not man to protect it. Early on it was guarded-over until the completion was done – but once that had happened, there shouldn't have been as much focus on the book itself, but in its teachings. The book is in a well-established existence now, and it has been in rotation for many years. There should be no fear of various works that come from the book – this is how others will learn of its existence. Workbooks or pamphlets are not anything to worry about. I can say that the Urantia Book has a firm foothold now and will grow on its own momentum. Michael has not such worry of the words in print; they will be understood differently by individuals. Michael puts more focus on the living word – on the individual's abilities, and the impact of Thought Adjuster and child. Have not worry about the written word; the living word is before you. Does this help. (Anthony: Yes, it does). Abraham: Is there another question.

TECTRA: [Paraphrased.] Do you have any words of comfort or words for Nina for what she has upcoming this next Tuesday's court matters?

ABRAHAM: Understood. I am understanding how painful it has been for the entire family, and I would offer my help to anyone who requests it. I do sympathize for all of you, but I cannot comment on the laws of your land. I do know that one individual can cause a tremendous amount of pain within families. I am grateful however, that for the most part, the family promotes loyalty and love. For the most part, they do not tolerate lies, and they accept justice for what it is. Please advise family members that I am available for consultation. I also thank you, Tectra my son, for the offering to help and for being a friend – as all of you are. All of you have been through quite a bit together and know that your bond is a string that binds beyond the flesh. Have not worry, more balanced days are ahead.

CALVIN: Do you have any words for Bill here. He's been a new part of our group-family and has been undergoing some rigorous medical issues of late – of which the doctors are not quite assured of how to help.

ABRAHAM: I do understand how the battles of the past remain alive to this day in the veteran's minds. I know that you have certain worries with your health as in regard to everyday human living. I see you with great faith, and I know that the more 'internally secure' you feel, the better your body feels. I see you doing all you can to maintain good health. I would recommend that you not put as much faith in doctors as you would in our Father – who is also the father of all the doctors. Allow not humans to limit you. Know that it is your choice as well as your indwelling Father's, regarding your quality of life and what you will do with it. You will have good days and bad days, yes, as do many. But I say, your fellowship, study and prayer, are extremely important in maintaining a healthy body. I see not any extreme internal damage. I see you as having a good amount of influence over the body's system. I would say that you are with a great balance of science and spirituality – and in that lies a great deal of answers to healing. You know of others who are in your circumstance, and you each can be of benefit to one another. Have not worry, my son. You do quite well.

And with that, I am slipping. Know that I am always looking out for you, my little ones. I love each one of you endlessly. Until next time, shalom.

This Nation Today And Its Challenges Ahead To Bring Out The Best In One Another
Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
11-13-2016

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[This was our first lesson following the United States Presidential Election resulting in Republican candidate, Donald Trump's, narrow margin of victory over the Democratic candidate, Hillary Clinton. The nation, and so many throughout the world, were stunned, confused. Those who were elated with the win were near equal to those who were so expressively outraged. The two years of campaigning did very much bring about a great division. The media, and especially social media, helped to bring about a great chasm between families, friends, neighbors; it seemed everyone was expressing outrage, one against the other. The scripture: "And in that day, a man's foes shall be those of his own household," took on a whole new significance.]

I am ABRAHAM. Greetings. I would like to thank all of you for your fellowship and faith. I am in deep appreciation for you. I was prepared with a lesson of sorts; however, it is also my duty to remain flexible to the individuality of the group-needs as well.

A few months ago, I said our lessons would become a bit more difficult and in-depth; and I believe we are seeing some of those challenges coming forth. I know there are disappointments in the mortal life, and many times when we are not practicing the spiritual life the challenges are more painful.

I have been asked to say a few words about your nation. This nation is not the only one on the planet; there are so many instances and events that take precedence over politics. This present dilemma of the country could be viewed as citizens wanting the quick and easy fix for damage that has taken years.

With each new generation, you can see the various important events of that time period. This time-period is not really about who's in control, but is an awakening, overall. With the spiritual circuits open, there are people who are going to question the current rules. There is a place for an individual's voice, yes; and then again this, like many freedoms, can be abused.

The time now on the planet is like an electrical circuit with electricity running every which way, and people are not knowing the source from which the energy comes, or to the force it should power. So when we look at overall issues and events of the world, they are not wholly about politics, religion, or racism - there are deeper issues that are to be discovered.

The world is synchronizing its spiritual views. We can see the effects of the Correcting Time so far, and have always been aware of the bumps on the road; and for the most part, we are trained on how to handle the bumps. With such mass-awakening, there is static and confusion which may be played out as an upset in the very belief-system of individuals.

This is where our journey has taken us. Our lessons, our time together, has brought us to this very point where we will see how we will handle challenges. If we have committed to doing the Father's will, and we have had a great deal of training in doing so, then we have learned tolerance among us in this group. Yes, we have helped to open one another up to new ideas; and I say, for the most part have we brought out the best in each other.

This is your challenge - to go into everyday living and bring out the best in those you know. When you are with a spiritual energy, you have your well with which to dip your cup and be among neighbors, friends, and family - and show them the light within yourself. If you have not that light to give there is a natural tendency to stray farther from faith.

People (or countries), who can respect one another's differences, will be more likely to reach harmony and gain the lessons needed for a world to be settled in Light and Life. With the static of an agitated person, a group, a country, or a world - then is animalism more prevalent than a spiritual steady and growing mind.

I am MARY. Greetings. I am in agreement with Abraham on spiritual exercise and the ability to bring out the best in those you know. I would not compare the Master's time on Urantia to today's events, but I would comment on my experience.

In those days after the Master's death, many of us were simply in pain and not able to see a new way; there were not ears to hear nor eyes to see - only emotions. Even though we were well prepared with the pouring out of the Spirit of Truth, we were scattered after the Master's departure; there was a great deal of confusion and scattered thought for all of us. We definitely had to be patient and wait upon the word of the Spirit to keep our spiritual balance.

Evolutionary worlds are not expected to 'snap into step' with current problems, for time is mandatory to learn how to handle emotions. Yes, time is needed to handle pain of any kind. Where does the idea of 'a quick-fix' come from? One's limitations with time come from mortals' ease-seeking desires, and impatience for results.

It is well understood--yes, even now with Abraham and myself--that technology is huge on the planet, and many things are quite instant. This may be man's ways, but it's not Fathers.' Father expects individuals to take in the fullness of each lesson with an unlimited amount of time.

When believers are in touch with eternity, time is not a factor. With energy flowing in an unknown direction there is a great deal of fear for those who do not have some sort of daily spiritual exercise. It's easy for the eyes to see what is before you and to believe its reality - when in fact, it could be padded with all kinds of misbeliefs.

You were designed by Father to work in various ways; but if the spiritual muscles are not developed, then the earthly events will take its toll on you. When you are upset by the events of today, then there is some imbalance in your closeness with Father.

Take a moment every day to remember why you are committed to the Father. Take a moment every day to remember how much you are cherished by the One who sustains the universes. There is peace in pursuing faith; and, that Father is allowed to bring to you the full understanding of each lesson. I give you back to Abraham. Much love I leave with you.

ABRAHAM: Thank you, Mary. I am in appreciation of you sharing your experience with us. I am reminded of the impact it was for you at the garden of the tomb when you realized who you were talking with. I would pray for that feeling for all of our faith-seekers – to come to the living reality of our comforter's presence in these tumultuous times.

I am not permitted to take questions today. I would, however, suggest that you each have more communication with one another. There is a great deal to be found in kindred spirits. I know that a production in faith will reduce fear, and your fellowship will certainly assist.

I would also ask this month for you each to make a time often to sit in silence or in journaling; with Mary or myself, it matters not, for we are reinforcing our relationship with you each. We are each soldiers, so to speak, and the strength of the whole is important, as is the strength of the individual.

I am slipping. Know that I send you with my personal belief in each one of you. My love goes with you. Until next time, shalom.

Father's Lessons Have More Power Than Pain Does

Abraham & Mary, Salt Lake City Group – "Second Generation" of the Teaching Mission
12-04-2016

Back

I am ABRAHAM. Greetings. I am filled with light and gratitude listening to you each participate. I believe this group to be a constant in the ever-changing world. I have so much appreciated spending quality time with you. I am in understanding of your struggles and your hope for a more balanced life. I have seen you each make effort to acknowledge Father and His works in your daily living. I have laughed with you, yes, and also, felt your tears.

My friends – if I can be this close to you each, how much closer is our Father! And, how much closer is our Brother/Father, Michael!

I am still learning with each of you, every day. I also receive lessons, as do you and your group. We have our meetings and updates. We set goals and work as a team. As you were saying earlier how you are all different, that is the same with my group – we have all come from various life experiences. We are rallying, so to speak, the spiritual forces to help bring your world closer to Light and Life.

In this last month, I have seen how pain can shape a person; be it mental, physical or emotional, it does have an effect on who you are. Doing daily spiritual exercises allows Father to shape an individual into truth, beauty, and goodness. Without spiritual practice, pain is allowed to shape personality wherein personality can become bitter or ugly.

We each have met people who are self-absorbed, standoffish, or self-protective. These are people who are shaped by their pain. With pain comes fear – fear of the future, fear of more pain; and their world darkens a little more every day. I say, this is why our ministry is so important – we are a voice out there to share with these suffering individuals that they would receive great assistance should they turn to the light.

There are many people every day who will randomly find strength in a tough emotional situation. We have seen individuals even be able to control their physical pain. I do like the fact that you each use logic in dissecting life's happenings, and make effort to find the meaning. Some of you may squirm momentarily in this effort – and yet in a flash, you see the hand of God; you feel Him fill you, and understand you, and comfort you. Much of our ministry is about self-correction, yes; and also is it ministering to others who are blinded by pain.

I am MARY. I feel so blessed to have spent time with you this past month, one on one. Whether you recognized my presence or not it is not important to me. What is important is that I have learned so much from you and your experience; I would have you know that it gives me hope for this world's people who are experiencing a great deal of static.

I do remember a man I used to see frequently when I wore the flesh. He was absorbed in anger and bitterness, and was abusive to me at times. It was obvious that his pain had shaped him into that individual who would lash out at others. His pain was his master; his pain drove him in various wrong directions. I felt compassion for this man even though he was so hardened. One day, I asked him about his spiritual beliefs – he replied that he had none. I spoke to this person about a man of hope, a bringer of light, one who is filled with love and not judgment – and of course, he scoffed at this message.

Every time I would see the embittered man, I would show an enlightened countenance; this, because I had been listening to our Lord. Having this peaceful way about me was eventually an attraction to the man and one day he wanted to know more, so I took him to a place where the Master was speaking.

As the man listened and observed Jesus, you could see the anger melting off of him. You could see his face change; you could see the weight lifted. The Master's words made sense to him; it was not religious rhetoric, no! but rather, was solid spiritual truth – a truth you can use in everyday life. The Master was with a suggestion on how to approach the Father, and this did help my friend a great deal in the days following; you could see that he was becoming a more happy person. The man still had anger issues, yes, but he did come to have acceptance for his life's path and desired to make a new path.

You are not destined to travel the same path repeatedly, and to handle issues with the same behavior, with the same negative outlook, no! In communicating with our indwelling Father, we are allowed to take that fork in the road and be with more balance, more peace.

Like Abraham, I was also happy to witness your conversations with one another this week. This is a wonderful fellowship. I have a great love for each one of you.

I am ABRAHAM. I am appreciating Mary for sharing her life's experience; she was definitely a woman of strength and a seeker of truth. How blessed were you, Mary, to be at the foot of the Master. I would take a few questions if you have any.

CALVIN: Thank you, Mary and Abraham, for those very enlightening words. You continue to amaze me of your love and help. Your lesson teaches on allowing our pains and hardships to teach us. I probably have not been a good student in that regard lately with this bout with cancer. Many times in your past lessons you've taught on the importance of total faith in Father and that with him all things are possible, even total healings. You have also taught us to exhaust our human resources and to seek medical assistance. I remember the healing you gave me four years ago; and then you told me I should seek a physician for a 'follow-up,' and I just didn't follow up because the pain and the bleeding immediately stopped. I realize now that I should have followed through. So here I am and now I am wondering if I should exercise faith in Father's healing hand, and bypass the upcoming bladder surgery? – or to simply submit to the doctor's surgical recommendations. I believe that you know my question well enough; I ask for your further words on this matter. [Editor's note per Calvin's cancer: Abraham had given Calvin a healing four years earlier, using the healing method we were taught in the lessons on healings in April of 1997. In the healing, Calvin was advised that the cancer had been stopped, but to seek a doctor to 'clean it out.' In the day's following this night's lesson, when the doctor's performed the surgery they found a bladder full of 'dead cancer,' and therefore cleaned it out (leaving the bladder in full tact) just as per Abraham's instructions four years earlier. As of the time of this edit, May of 2024, Calvin is still diagnosed as 'cancer-free.']

ABRAHAM: A lot of what you speak of is a matter of your personal choice. Do you want to continue on in this world? then you must follow through with all that you can do – exhaust your human resources. We all are individuals who experience accidents in time. These are our best lessons. These events that occur in our daily lives are a springboard to the eternal life. You know that the Master still had to fish and sell to the markets so he could provide a way for He and his beloved apostles. He was fully dedicated to experiencing the whole gamut of mortal living; He had made the decision to go 'all out.' He did have his moments of wanting to escape, to be free from pain, yes. You know that He would go apart for a while and commune with the Father and rebalance His thinking. If you want life, then sometimes you must fight for it. Father knows the desires of your heart and is working with you. He does not desert His children, ever! Even if you don't think of Him, He is still there. I would suggest that you do what you can to maintain your health. Does that help? (Calvin: Thank you. Yes.) Abraham: Are there any more questions?

CALVIN: I just want to say, again, thank you, Abraham and Mary, for these most wonderful lessons. You have made such an impact in my life and in our home. You have brought us great joy and are so appreciated.

ABRAHAM: You are so welcome, Calvin, as you are in ours, as well.

I should take my leave. Know that the Father's lessons have more power than pain does. Allow Him to shape you into truth, beauty, and goodness. Know that my love goes with you always. Until next time, shalom.

Too Much Emotion OR Too Much Logic Blocks That Sliver of Light Father Would Send Us
Abraham & Emulan, Salt Lake City Group - "Second Generation" of the Teaching Mission
01-08-2017

Back

I am ABRAHAM. Greetings. I thank you for meeting with us on this cold and snowy day. You can't see it while in the mortal existence but the adverse weather is beautiful for those of us who watch from on high. You that are used to cold conditions learn to acclimate to your environment; you prepare your automobiles; you wear warmer clothing; you put the weather condition into all your planning.

The weather is 'just the weather' - not good or bad. Likewise, many of life's instances are 'just instances' - not good or bad. Mortals do at times have such resistance to reality; so much so that they are in a 'flight or fight' mode; mostly fight. When adverse conditions occur and we have not acceptance, then there is a resistance to reality; the resistance can take such a toll on the mind. The mind is ever scheming to work around an adverse condition, or find some shortcut, or deny its reality altogether.

I am EMULAN. I am indeed appreciative of you, my friends, who have acceptance of reality and a knowingness that change is inevitable.

I can understand what Abraham speaks of, personally, because during my tragic years of loss I began to cling to denial. I could rationalize within my own mind of what I felt was right and what wasn't. I had resistance to reality and to a story I had told myself over and over again, to the point I did believe it. I believed the person responsible for my family's accident was evil, and I perpetuated hate, day in and day out. Hate was certainly resistant to any guidance from Father or love from the spirit that I could receive. Yes, hate was a resistant.

In not having acceptance for reality, I also blamed and hated myself. I felt I deserved bad things to occur in my life - a never-ending punishment to remind me of my failure. Non-acceptance of the truth had led to my self-punishment, and this was indeed a door slammed in the face of the Father. In all my resistance, I was exhausted. In all my scheming for a shortcut, I was preoccupied with non-realities, my belief-system was skewed, and I was very angry and bitterly disappointed.

Harsh emotions like this do not go away overnight. It took a great deal of prayer and reasoning to create a small opening where light could fit in, where Father could show me reality. And reality was that the death of my family was simply an accident of time - no one was evil, no one was to blame! Reality also was that I could have done nothing to save them from anything. Another reality was that I could do all I could as a father, a husband, a caretaker - I could prepare for various instances, but I could not know ahead of time these things were going to happen.

The small light began to make sense, and my resistance began to fade. I could see Father was making the best out of my situation - if I would let Him. If I resisted

Him not, He could show me 'all is not lost,' and I could find a new path with which to put my energies on. I could leave the grief and mourning in the back of my mind - I did not need to keep an eye on it, it would always be there.

Father showed me I could set in motion new realities that would make a difference in my little corner of the world. Instead of resistance, I could think of acceptance. Instead of opinions, I could think in terms of reality.

My friends, what is the reality to your situations of today? Are you looking for a path of resistance? Are you looking for a shortcut with intent to perpetuate hate and disappointment? Or, are you doing that spiritual exercise each day that opens that little sliver which allows for the light to come in - that allows for Father to explain reality.

I do not mean to 'not question,' no! of course question everything. I am simply talking about those times when logical-thinking goes by the wayside and we tend to resist reality. We are a group of like-minded individuals; and yet, we have various spins on our beliefs. What is beautiful is that we have not concern enough to resist one another.

There are many religions that fear each other, and each exclaim the other must be 'from the devil.' It is a wonderful view from here among us that we have seen this path before! We have questioned it, yes, but we fear it not; there is no need to resist it or to accept it as our reality. It is certainly fine for others to declare their own path, for we have ours and we are not afraid of theirs. I give you back to Abraham.

ABRAHAM: Thank you, Emulan. I appreciate your definition of this mortal mindal static that won't seem to budge and is so difficult to allow that sliver of light, in. Your recommendation of daily spiritual practice that allows Father to help will aid us all in becoming more open to receiving divine assistance.

I would hope that in this month ahead, you will be able to recognize those parts of you that resist or rationalize occurrences in daily living. Where there is emotion, there is also logic to be had. It would seem that at this time in the world the scales are tipped toward emotions, and you must not be carried away. I say, too much emotion or too much logic, will decrease that little sliver of light that is able to come through.

I am indeed honored to be with you today. Know that Mary is here and also tells me to tell you of her availability should you need to speak. Myself as well, and Emulan - any time you should want to sit in the quiet and talk with any of us we shall be there. Our love goes with you. Until next time, shalom.

Father Turns Feelings of Lost and Loneliness Into a Spiritual Confidence
Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
02-05-2017

Back

I am ABRAHAM. I could not ask for a more lovely group to spend this afternoon with. I am touched by your kind-heartedness and inspired by your wisdom. It would seem

that these times on the planet are like the needed pressure to produce a diamond from the coal. I know this is what we have all been training for.

I know that our people of the Teaching Mission have their informal training – some of it by our meetings, but most of it by life's experience. Father does indeed know exactly what he is doing and is ever guiding Urantia toward Light and Life. As Correcting Time students, we are to learn self-correction first, yes, and then also assist our fellows through their self-correction; a few inspirational words can go a long way.

It is understood that in the mortal journey you can lose your way or lose sight of Father's plan and purpose – it is completely normal; it is also an opportunity to become stronger with Him and the heavenly associates. Faith takes practice; it sometimes requires great effort when you are seeing negativity before your eyes. You can think back to a time when you endured great pain without Father, without understanding His meanings and values; it was indeed a very lost and lonely time, certainly.

On other occasions we have had full faith during a life crisis; you had felt Father's presence and were strengthened and guided. You held a spiritual confidence – a knowing if you will, that Father is with you in all ways. I know from my own experience that life's challenges are not simply to be endured, but are lessons to learn from; tools to gain.

I am MARY. It is a beautiful day here today with you, my brothers and sisters. I thank you each for your continuing faith and support. I know there was a time in my life where I had not faith or a spiritual life, but more of an animal instinct. And I can tell you – when my stress was over the top I was fearful of everything, and anyone who would look at me could tell I was downtrodden. I believed I had to live by my own wits and take care of myself – that I had no one to rely on but myself. I could never feel at peace saying to myself: 'Don't worry, I will eat today,' no! It was always a struggle; and the struggles outweighed any moments of joy I experienced at that time.

As I grew in spirit and grew to know the Master, I became observant. I could think with the mind of a scientist wherein logic could outweigh emotion. In the years following Jesus' resurrection I could reason: "What was this Spirit of Truth the Master spoke of, and how can I also become empowered in my mortal life."

Lessons with the Master and the apostles generated faith among all of us. Every time we met, our faith was lifted up. Every time we heard the teachings, we were made stronger. And believe me, I did go out into my environment with a spiritual confidence. I knew my Father was there before I even stepped forward. I knew Father was to always go before me and be there as a light in the darkness.

Yes, my apprehensive faith was transforming into spiritual confidence. It became a 'knowing' instead of a 'hoping.' I was able to handle those who wanted to handle me. I was able to assert myself in a manner that made individuals think twice before accosting me. These people knew there was a change in my demeanor and attitude.

I had some who wanted what I had, and of course I freely shared; and, there were some who feared what was behind my new countenance. Either way, I was able to go through the crowds ministering to the sick, helping where I could, and literally forgetting about my own needs. Not on purpose mind you, but I knew I was well taken care of. I was enabled to go forth and do my work with confidence, knowing I am a daughter of God. My mind was fully capable of being at one with the cosmic mind and that I can do the Father's will.

This spiritual knowingness (or confidence) is not a shield against the accidents of time, no, but I can tell you it is certainly of great assistance. During the tears, Father does not condemn you for weakness. During the struggle, He does not ask you to be something other than human. He waits for you there, patiently, knowing that when you look up He can help guide you through.

So as Abraham just said, 'life's harsh occurrences are so much better with Father than in the darkness without Father,' I also say that it was during the most trying of times that we could see Father is at hand. For example, after the Master's crucifixion we all did lose our heads a bit. We all scattered and cried and worried, yes, but there was a pause, a moment of taking a deep breath and to just observe. My friends, that's all Father needs - a pause, one moment where your mind and heart is asking for guidance.

With a strong spiritual confidence, you are more likely to draw positivity to your life. Your mind is more likely to get into the habit of expecting good things instead of negative. Spiritual confidence is walking through this life knowing there is nothing that can take Father away; there is nothing that will leave you lost and alone. Yes, you all have had unique experiences in life, and that does make you a wide variety of ministers to the world around you. You can trust that Father opens the doors and gives you the strength to carry on.

I am ABRAHAM. Thank you, Mary. I always appreciate your point of view and personal touch in each of our lessons. You each know what helps you to feel connected; it is personal for each one of you.

It would be spiritually helpful to tap into that connection of strength once a day, or more. Do not let the negativity and the static around you bring you down. Take up your spiritual confidence and go forth with purpose and with strength. Know that our Mission is not to be side-tracked by the happenings in the world.

I am with more love for you than I can express. That is all. I shall express to you my gratitude and send you with my love. Until next time, shalom.

Pain Adds to Our Growth In Learning and Understanding Life's Lessons

Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
03-05-2017

Back

I am ABRAHAM. Greetings. I am grateful to meet with you like-minded citizens. I am in awe of your willingness to self-correct and also make effort to grow as a citizen in Father's kingdom. I do believe for the most part that Urantia is waking up to a sharpened awareness. Many of the Earth's people would otherwise not have such

concern over events in the world today. I can see that your overall intentions are positive.

As mortals have evolved, we have found more ways to experience less pain whether it is physical, mental, or emotional. We have seen chemical addiction spiral out of control whether it is drugs, alcohol, or food. Somewhere along evolution we have found we are with less ability to cope with life's events. Newer generations have found that distraction keeps them from thinking about what bothers them.

Everyone should have hobbies, times of rest and enjoyment; and also, everyone should realize it is okay to experience pain. They say 'pain allows you to recognize the good.' With new technology, there is always something intended to make mortals be more comfortable – whether it's physical, mental, or emotional issues. With mental and physical problems, we are given prescriptions; with emotional problems, we are prone to seek a distraction. It has become unacceptable to experience pain.

As we all know, a life of ease-seeking is not a life of growth. We can see the wisdom of the older generation – they are less likely to act irrationally, whereas the youth tend to do something, anything, to break free from pain. It would do them a world of good to attain coping skills for life's uncertainties; and these coping skills come through challenges, even painful challenges.

If there is a problem in your mind that keeps nagging at you, it is obvious something needs to be done about it. You can distract yourself from the problem, yes, but you still have the problem. Rarely do individuals take a moment to spend time with Father, or even in the quiet, to envision the problem laid out before your eyes and to find solutions.

I am MARY. It is wonderful to be with you each again. Abraham's lesson today makes me think of a time when my friends and I were trying to organize the women's ministry; there was such confusion and we could not come up with methods to pay for medicine and services. There were a great many individuals who needed help – whether it was some food, or for someone to just listen.

You might not believe this but in all our excitement to push the Master's program forward, we all rattled off our opinions as quick-fix suggestions. Still, we had very little sound solutions to help with our problem, and of course, we argued with each other. It wasn't until we decided to sit in quiet and focus on Father, and listen for His solutions, that we would receive any lasting help.

This experience of which I was speaking was more of a group example, yes, but my part in it was more personal because I hastily believed my methods of fixing our problems were the best, and I fought the seeking of Father's advice – which had I done at first, I may have spent less time in anguish and worry.

This lesson was valuable to me because I learned to go ahead and face pain and discuss it with Father. Whether it was in prayer or in journaling, I had to learn to cope with the present issues of that time so I could cope with the more heart-wrenching issues that would come later.

Many people think they do not want to bother Father with the trivial. I say, Father does indeed want you to bother Him with any detail; He is happy with a close personal relationship with you. He does want you to disclose everything and to simply talk with him.

There have been many changes regarding 'faith' over the last century to where some have no faith at all. With the inventions of mankind, we have leaned towards a material way instead of the way of faith; and this is understood on worlds such as this, yes. Now is a time in evolution to find a balance between using your human resources and to have contact with Father - to embrace and utilize His resources. He is a good Parent and does not keep us from pain so much but does show us how to make sense out of it.

In every moment of mortal life, balance is always something to strive for. We have to be flexible and face our difficulties - yes, and yet, we need to involve Father to help us find meaning and value, growth, and solutions. I always found it helpful to write down the problem and then sit in the quiet - much like the method we use here at our Teaching Mission meetings where we clear the mind and wait for insight. I know that it does the mind well to rest; a calm distraction from our difficulties is good.

Wanting an avoidance of pain is completely understood, yes, but Father wants us to learn how to deal with issues, to strengthen us for the long career before us. This life isn't the only life we will experience pain and discomfort - we have a long universe career of education in front of us, and any tool you can pick up now will be helpful for our eternal career. I do know that when I worked out my personal issues with Father, I had cried and cussed, but that was not something Father couldn't handle.

Father loves you as you are! He wants you to always feel that someone is there for you. Eyes may not see him, nor ears hear, but the heart can feel. You know when Father has helped you to find answers - you feel peace and calm; you feel hope, and that all is not lost.

There are many things we would like to experience, yes, and pain isn't one of them, I know; but I say, pain is probably the most valuable of them all; it does keep us ever reaching Godward and teaches us with sympathetic understanding how best to help others as well. You all have your coping skills. May I be bold in suggesting you discuss among yourselves of your various coping skills and those methods you may use to handle stresses in everyday life. I love you, my friends.

ABRAHAM: Thank you, Mary. I find your suggestion to be a wise one. I do know that I have my own set of coping skills. And I do find that as I take my issues to Father, the sharper I become, for then do I find the meaning and value in the lesson; then I do find the blue sky through the dark clouds. I know that pain always promotes growth, yes, but I also know that many of you are quick learners and need not experience the full measure of pain in order to learn life's lessons.

I would like each of you to know that if you would like to hear from Mary or myself, please let us know. We also love the idea of being of assistance to you, for we have

spent many years together and I feel completely blessed for it. Think about Mary's suggestion and we will be standing by. My love goes with you. Until next time, shalom.

We Are Always In a State of Growth | Even In Our Spiritual Maturity We Have Setbacks
Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
04-02-2017

Back

I am ABRAHAM. Greetings. I feel as though you have each given the lesson already. I am touched by your wisdom and ability to think above and below the surface. I am in such awe when I look over our history together and marvel at how we have spent these years with you in productive and personal communication.

When I see the overall experience of you and me, I am in deep gratitude for the branches we have grown. Each of you has these branches - they are connected to the Source, and you have been diligent in your effort to stay open and hungry for truth. I, also, try to figure out Father's overall plan and follow that path.

In each of our lives we have a ministry to give to others, and also to receive from them. Yes, we each have our part to play in the mortal experience. I look at this group and I see that your greatest strength has been the bond between you each. You are each unique and yet, are the same in the search for spirituality and purpose. The need to be useful is real. The need to be wanted is a root within the soul's growth. It is important to know you have a reason for wearing the mortal flesh.

I do see many individuals who feel as if 'life is living them,' they are not 'living life.' In your daily contact with a higher power, you are more likely to find out your purpose - or where you stand in Father's kingdom. So many today are seemingly lost and not likely to bring out their best self.

Yes, when one can feel at home, 'where they are' in life, then they are more likely to bring out their best self, their joy, and, their best abilities to participate in whatever life has to offer. You each do that with one another - you bring out your best selves, your true selves, in one another.

There is still a fine line between being an 'animal,' and being an 'intelligent soul' participating in history. I am saying, somewhere within there is always that animalism that can come out. And as you know, when painful events occur, an immature soul can still act out at any age. With the strong spiritual connection to Father and His universal spirit forces, we can draw closer to the 'intelligent soul' within, and thereby bring out our highest and best intentions and actions.

When I see you here you are each bringing your best, forward. I also see you during the week; I see your struggles and I know that the soul needs fuel to carry on. A connection with your fellows of like-mindedness, along with daily spiritual communication, can show that immature soul within how to transform into one who is educational-seeking.

I am MARY. I believe you each were my teachers today. I have hope and positivity looking forward at our future together.

I do realize that connections to your fellows are important for focus. You get fuel from one another here in this group, yes, but at times there are negative individuals that you work with, or live next door to, that is a ministry in itself. You don't want to be pulled down into negativity; rather, you want to help raise up your fellows who have a poor outlook. Again, it is through our seeking of 'Father's way' that we are most helpful.

You can see that a great deal of our learning is not only 'self-correction' but the ability to help your fellows look inward to a deeper source for truth and positivity. I do know I had some sisters who were seemingly not going to see anything good in life; they were more likely to gossip and bring drama. And in my youthful soul, I was prone to side with them – prone to bring forth my negative side.

I was so fortunate to have experienced lessons at the feet of the Master. I became more open to living a spiritual life, and in so doing I began to feel not alone in my situations. I began to feel a part of the whole, yes – and that sort of extinguished my negative side and opened up my abilities to bring forth positivity and inspiration to my sisters.

In return, these sisters were also there for me when I was in such pain or feeling distraught. I did find God in them, yes. I found comfort and hope that a better day was soon approaching. In that transition there was a moment of surrender, so to speak, when I allowed Father to shape my perspective.

These transforming lessons take a lifetime, they do not happen overnight. You can see that our experiences can shape us into becoming more animal-like – being protective, fearful and suspicious. Or, we can let Father and our beloved universe helpers shape us; and help us to fulfill our destiny, our spiritual path. Yes, I had allowed unfortunate events to shape me for quite a number of years. I did experience abuse – and of course I was defensive and untrusting. As I matured in spirit, I found some peaceful progress.

As we all know, troubles and challenges will always be a part of our experience, yes, but our pattern in attitudes and actions doesn't always have to be the same. I am saying, that we are always in a state of growth, and even in spiritual maturity we will find setbacks, yes. However, we have likely by then, attained tools to handle our issues with divine participation. My love goes with you.

I am ABRAHAM. Mary is a friend of mine, and at times when I feel disappointed, she is there to help me see a brighter side; and I am, as well, a spiritual helper to her. In the mortal life, most of our purpose will be with our brothers and sisters; most of our lessons will be with people that are in your everyday life.

I do enjoy seeing you each dissect the lesson and discuss it. I do speak about you to my friends. I don't mention any names, however. [laughter – the group felt he said that in total jest.] I have such appreciation for you each, and for your unique ways and abilities to participate in whatever life has to bring. Know that my love

for you is never-ending. Go in peace. Until next time, shalom.

Turn To Our Divine Parents First | Before Yielding to Emotional Outbursts, Pain and Frustration

Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
05-07-2017

Back

I am ABRAHAM. I am uplifted by your enthusiasm today. I love this time of year on Urantia; the spring brings with it new growth and a cleansing of the heart and mind, so to speak. It is an opportune time to recommit your heart and mind to Father and His kingdom. It is also a great time to allow new growth in. No matter your Earthly years there is always room for new growth. Springtime always brings me to worship Father and His ways - that He has detailed every living thing.

I am feeling the need today to speak a little about adversity. I do believe that parents should teach their children early on about being flexible and acclimating to new conditions. It is difficult to adjust to change, and it is common to struggle against it or fight it. It is also common to attempt to 'control' adverse situations.

A few months back, we had our lesson on acceptance; and from that, we know that the sooner we can reconcile within ourselves that a situation or event is occurring and is out of our control, the sooner we can move forward with more meanings and values from the situation.

I do know about human emotions - that it is completely acceptable to cry, be angry, and at times to act out. But I have learned for myself - the first action you should be aware of, that is always positive, is to go directly to Father, Michael, or Mother, and ask for assistance; if this is your first thought after an adversity, the pain that could come about, and usually in an emotional direction, could switch over to a logical and more peaceful outcome.

I am MARY. It is a beautiful Spring day here on Urantia. The colors, the smells of fresh new life-beginnings, leads me to ponder how Father has seen to the well-being of every last organism.

I have known anxiety and adversity. I have learned in my years on Earth how to run from pain. My most painful situation was the crucifixion of the Master; my pain blinded me from all that He had taught me. I had spent many hours in learning strength from the Master and His associates - and still when I needed it, it was not available; my emotions took over my mind and I could not see any relief in sight.

I could not find anyone with any wisdom to help me with my pain. I could not find any control over the situation. I cried, I screamed, I struggled, I wore myself out. It was then that I remembered the Master had said: "I have come to Earth to teach men about the Father - that Father is within. I have poured my Spirit out among you all, that after I am gone, you can talk to me." Oh, and I did talk!

I could not understand how Father could let this happen! I could not understand that the Master only had a short time here to teach; and had people listened they would

have found a new and better way. This was a moment of reconciliation – of acceptance and remembrance of the Master’s promises. In this surrender, I did begin to regain my wits about myself and lean toward logic. I was still grieving, yes; and yet I could think more clearly: “What can I do now? What is the next move? What is my next step?” And as I went to the tomb that early morning, I received such a wonderful gift.

I often wonder – had I not come to an acceptance of all that had transpired, and reconciled my mind to the fact that this was a reality now, would the Master have still appeared before me? Had I not remembered His promises and trusted in His words, would the Master still have appeared to me? I don’t believe so.

As we have learned from the text, (the Urantia Book) the apostles were all in hiding, fearful and in grief. The Master could have as easily appeared to them, yes, but they had not yet had their reconciling process. Therefore, I was tasked with giving them the message that the Master had risen – not in the form that we knew him, but His promise to rise again was honored. He was letting His believers know that He was here; and, that even after His morontia body would also be gone, that his Spirit would still be here and always available to assist.

I know as a human creature I was many times carried away with my emotions. After experiencing the Master’s death and resurrection, I had made it my first task to immediately make contact in prayer and stillness with Father, with Mother, or the Spirit of Truth – our beloved Michael. I do believe that in so doing I felt more calm and with clear-thinking – and, was able to receive logical solutions, comfort, and hope for the future.

There is rampant suicidal trends on the planet today – individuals are believing it is an escape from pain and life’s problems. Some believe that they can take a shortcut past this life, the life where you will learn the most, into a so-called heavenly environment. Many do not know that where you leave off here in this life you will pick it up again in the next. To think negatively of these individuals who would wish death upon themselves is very very sad. Believe me, Father does hurt for them.

This Correcting Time is a time of reaching out and allowing individuals in adverse conditions to know that there is hope, there is a better way. This life is an education, and the more flexible we can become, the better we can have that clarity of mind and communication with the Spirit.

I am so honored to be with you, my family. It is with great love that I take my leave.

ABRAHAM: Thank you, Mary. I do appreciate your words and sharing of your personal experience regarding Michael's mortal sojourn. I myself was not there so I have learned a great deal from your teachings. I do know that adversity does drive one to escape, yes, for I had experienced this myself in my mortal life. It is customary where I am now to go directly to the Father; it is a reflex of sorts, where you in the flesh have to make a conscious decision that when tragedy or discomfort hurts,

to go directly to the Father.

We do know that even Christ himself had a time of reconciliation knowing His demise was sure to occur. He cried; He prayed, and it took time. These things take time, yes. He did reconcile himself to the fact that certain events were going to happen. In going to the Father first with every issue, does not mean an instant fix. It does not mean you won't cry or you won't get angry, no, because you will - that is common and not at all anything to be ashamed of.

In going to the Father first, you are connected spiritually and can lean a bit more toward logic than emotion. In having clarity of mind, you can accept what is occurring and reconcile yourself to the changes coming. It is an old and true saying that "He who seeks the Kingdom first and foremost, all other matters will be handled."

I am with gratitude that I know you each and that you teach me a great deal. I am hoping you will enjoy this time of new growth and rebirth. Know that I am with an unending amount of love for you each. Until next time, shalom.

What Is Good In My Life Right Now | What Is Going Well

Abraham, Salt Lake City Group - "Second Generation" of the Teaching Mission
06-04-2017

Back

I am ABRAHAM. What an honor it is for me to be a part of your family. I give thanks to Father for this moment in time. We are gathered in love, unconditional love.

As of late I have been observing the many busy individuals of the world, and I have seen them wear themselves out to tears. And sometimes these tears are good, yes - it can be a moment of surrender, a moment of throwing your hands up and looking toward a higher power for answers.

I have been in nations where technological achievement is their ultimate goal. Individuals are judged upon the success of their life's work - and in this, I do not see very much joy. I have observed these individuals who will take care of the situation at hand and then immediately ask themselves 'what is the next thing to worry about.'

It is difficult in this era of busyness to take a moment and ask oneself:

- "What is going well in my life?"
- "What is going right, and what are the levels of my anxiety?"
- "When I ponder the negative versus the positive, does anxiety help?"

Mary and I are suggesting to take two or three moments out of your day to ask yourselves: "What is good in my life right now?" You will be surprised at the change in your everyday perspective and perception.

I lived a life long ago where I felt I must be on guard constantly to protect my life and 'what was mine.' This angst caused several ailments concerning my physical body; I was always pressed and ready to spring. I had begun to distrust those closest to me. In this condition I had lost any joy or opportunity to take a deep

breath and say: 'All is well and I am protected.' Yes, in my negative and destructive thinking I took a lot of power away from God - or so I thought.

I am in unending gratitude to our Father for sending me my friend and mentor (MachiventaMelchizedek) who showed me my guarded way was somewhat humorous and animalistic. Up to this point I had lost out on the joy of my loved ones because my ego was not about to allow my enemies to take 'what was mine' (again, so I thought).

Machiventa showed me that nothing is mine, really! He showed me that Father can do a great deal more than I can as a man. My friend and teacher showed me to stop and allow myself a bit of time to breathe; to let go; to find trust. I had to find that trust in Father - that He was working with me, not always testing me, and not chastising me for my selfish ways.

Yes, Machiventagave me the gift of 'moments' - moments throughout the day to breathe deeply, to connect with Father, to find gratitude and to look for the humorous. Do you know how much joy that transition brought me? How that changed my life so completely, from darkness to light! It also changed others around me. I could see their fearfulness of me melt away. I could see them also take moments of gratitude and enjoy Father's gift of nature, music, and philosophy.

Machiventa taught me to draw meaning to my life; and in so doing I was not so much a man anymore who was questioning Father and His ways - always wondering when the next adversity would strike, no. He explained that in this less anxiety-filled way I am more connected to the Spirit. And when situations would arise, I could handle them with, first and foremost, a complete trust in Father; and second, the trust that Father is within me, working with me.

With Machiventa's influence I could feel Father's influence in my daily situations - and without so much worry of 'what was I to do!' Yes, I learned to live and to live fully, for I had developed an unconditional love. I still had all the natural experiences of any mortal, but living these experiences now became joy-filled, rather than with my old pattern of worry and anxiety.

Many times we do flee from those natural experiences that have to do with pain - mental, emotional, or physical; and my friends, this is something we must know as mortals, as agondonters, that pain is a necessary part of mortal living. Yes, we are learning, day-by-day, how to handle various situations with a trust in God; and a trust that God is within us - always assisting, always teaching, should we allow it.

Mary can't be with us today; she is assisting others. However, she does send her love and gratitude for your acceptance of her into your family. I challenge each one of you to take a few moments every day - be in that moment. Don't look for the next wrong thing to fix, but ask yourself: 'What is right in my life right now! What is going well!'

For me, right now in my life, I am so pleased with you, my longtime family and friends; and, I am pleased with the progress the Mission has taken. I am also with gratitude of the unseen individuals I know here, who are with me no matter what, good and bad. So yes, that is what's going right in my life.

I ask that you re-shape your mind with these moments of calm and connection to Father. Give yourself permission to have a time of relaxation. Let go of your muscles that keep you tense and bound. Be that child who looks to Father to bring meaning and value in all that is the mortal experience.

I know I have said this a million times that 'balance is our best bet for a life of wisdom and growth.' When you find yourself enveloped by work or other obligations, give yourself permission to take a moment to 'let go,' to feel the Father's presence. Experiment if you will - when adversity strikes, ask yourself: 'Can I completely trust Father?' 'Do I trust the Father-within, and can I give it over?' Know that His hands work through your hands. He speaks through your voice. He takes you where you need to be.

That is all, my friends, who are my good thing that is going on right now. My love goes with you. Until next time, shalom.

Providence | Father's Fingerprints | What Are My Gifts To Share
Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
07-02-2017

Back

I am ABRAHAM. Greetings. I can't tell you how much I look forward to our monthly meeting. Your group is an example of how many groups are proceeding. I know there are many Teachers on our side that do look in on this group to receive training; I appreciate being a part of this.

In the last month I have found a good deal of individuals who are allowing fear to override common sense, and I thought it would be worthy of mention. When adversity takes place, some believe that it is a punishment from Father; and when good fortune happens, many believe it is a smile from God. This is very simple-thinking indeed, when Father is so much more than that! His intervention is intricate and well-planned out.

I am MARY. I also understand this Fatherly intervention to be perceived as either positive or negative. I do know that in my early days of rampant sin I had no belief in someone who loved me so much more than any human could. In those days I took it as though I had free license to do whatever I wanted, no matter who it affected.

I had hopes and dreams, yes, but as time went on and I matured a little, it seems that what I wanted was slipping further and further from me. Doors were closing to where I was not even able to feed myself at times.

At my lowest point I did look heavenward and said: "If you are, please show me - show me a new and better way." From there, I met my sisters who introduced me to the Master. Previous to meeting Jesus I had not known that all the closed doors and the blocks in my way were divine providence. I had not known that Father was calling me. I had no one to answer to, or any reason to become a better person until I was reborn with the Spirit of God.

Divine intervention can come in many forms, whether it seems like doors are

continually closing or some may even be accidental – or so you would think. I always had the feeling that the maker of the heavens and Earth has more important things to do than to worry about one little sinful mortal – I should say even, iniquitous mortal.

Upon hearing the Master's teaching, I realized every single person is important and not ever is one lost; not ever is one thrown by the wayside and looked upon as hopeless. Do men who sit on death row in prison receive ministry from Father? Of course they do! Father does make attempt to intervene before a situation could possibly be worse.

I could have gone about my iniquitous ways embracing my selfish desires, yes! But this, for me, held no joy – no reward, no purpose. When I finally surrendered and began to see 'through Father's eyes,' I could see love, beauty, and goodness – and that made me happier than I had ever been. I'd see Father's children as so very important, yes, every one of them.

There is tremendous divisiveness in the world today. Each group believing they have the answers; many groups unrespectful of others. On the other hand, there are many who have acceptance for various groups. Father gave us one another to work together; and believe me, His intervention works as well with the masses as with the one.

Every single individual has a gift. A gift is something you love to do. A gift is something you are good at. A gift is something you love to give. If we are all willing to give and use our gifts to the best of our abilities, then are Father's works seen and far-felt, and we see His divine providence as fair.

Individuals may not agree on everything – but when a plan comes together and we see the fruition, there is no greater joy. I suppose I speak of teamwork – a teamwork by those not needing ego-recognition and are somewhat solidified as a family, even though there is no blood relation.

This month, Abraham and I are wanting to see your gifts freely given. If you don't know for sure what your gifts are – ponder that. Think about what you are good at: it could be a simple conversation with a stranger; it could be art that you share with the world; it could be reaching out to individuals who are seemingly forgotten.

We used to call Father's providence 'His fingerprints.' We could see His fingerprints in what we do, and that was a great comfort. He asks that we not thrash around and be so diligent, but more-so that we be peaceful and open. I know that you as deep thinkers do see things some others can't see, but for this next month we will concentrate on divine intervention and Father's fingerprints.

You know that my heart is overflowing for you each. I've gotten to know you individually, and I am in deep love and gratitude for you.

ABRAHAM: Thank you, Mary. I am in awe of your lesson today, and I will also heed your advice. Even where we are, in our mortal form, we also take in the lessons; we also look for Father's fingerprints; we also give our gifts freely. We are unafraid to remember those harsh lessons at Father's hand. Know that we are in deep

love and respect for you each. My appreciation goes with you. Until next time, shalom.

Life's Lessons Are Not a Test From Father, But Training To Propel Us Forward
Abraham, Mary, and Michael, Salt Lake City Group - "Second Generation" of the
Teaching Mission 08-06-2017

Back

I am ABRAHAM. Greetings. I thank you for your commitment to the Correcting Time and to the doing of Father's will. I do enjoy watching each of you bring out your best selves, especially in times of trial. It is an old-fashioned saying that 'God is testing us' - and to a point, it is true. Yet, it is more to the point of 'God is teaching us.' We all have differing levels of tolerance and what we can personally handle. It is when hard times are upon us that we are finding our levels of tolerance to be sharpened.

You know you can read about history in books and learn something, but when you can experience it for yourself your learning becomes more in-depth. Yes, what might appear to be testing from God is more of a training - in that He sharpens our skills to assist in His kingdom. Much like the apostles had their personal lessons to learn, they also were being trained for assisting the masses.

Many times throughout our lives we see our life-lessons have been accelerated. And when we are likely to use our best selves in any situation is when our lessons become more advanced. Father does like you to take your deepest fear and make it into something useful. That is a lot of growth when you can take what hurts you and hand it to Father with complete trust, and then relax on whatever outcome should come into play.

Many individuals choose not to believe in God because they are afraid of this so-called 'testing,' when in all actuality this testing is actually, 'training.' From the time you are granted the soul, which is the arrival of your indwelling Thought Adjuster, Father is ever calling you forward; and there are a great deal of lessons the individual has to learn. And when you are committed to assisting others, then you are taking on more lessons - lessons to learn how to help others to go inward for themselves.

I am MARY. Greetings to you, friends. I, also, have learned the difference between feeling 'tested' and feeling 'trained.' When my faith was beginning and my emotions were high, I looked at hard lessons as tests from God. I was either to 'pass' or to 'fail' these tests. Many of us thought that the Master's decision, 'to lay down his life,' was the greatest and last test from God for us all.

As we experienced the Master's resurrection and held close to the promise of his words, we were beginning to understand that there is a certain amount of time needed for human processing. As humans, we are not just to take what is handed to us without question, without emotion, or even without fear and concern, no, for these are part of the mortal experience.

I know that even after years of ministry I still had a great deal of fear - fear for my personal well-being as well as my spiritual. I could have been overtaken at times

with doubt and depression, but I knew that if I were to entertain freely those doubts, that I would inevitably make things worse. I also knew that if I were to give those fears to Father, and feel a little more at peace in daily living, that I could cope and also continue learning.

I do know that some of my acquaintances were more likely to be negative than positive, and that did have an effect on me, yes – especially if I was to keep my opinions to myself. But if I could logically explain where I was coming from, then I was more likely to feel skilled and at ease. The feeling of peace helped me to trust in Father, as well as my own abilities to weather any storm.

Sometimes in mortal living we get to the point of emotional exhaustion and are not able to trust in ourselves and our abilities, and more likely to doubt Father. We may doubt Father's affection for us or even His very existence – and then a whole new set of problems would eventually surface. I do know that in the Masters last hours He cried, He prayed, He took time to reconcile his mind to the reality of his last few days on this mortal world. He was more than willing to walk through what he knew was the Father's will.

As agondonters, you might feel Father's will more 'intuitively' than 'literally,' and that is the beauty of your life – it is choice and freewill.

I am MICHAEL, your Brother/Father. It is with great joy I am seeing you in this method of communication. I know firsthand how hard it is at times to keep faith and find where you belong in this life. I know that each one of you has experienced a broken heart and thought it would never stop being painful. However, I know that you have also reached out to Father for assistance, and even acceptance of His will – and for that, I am over-filled with love and joy.

I would remind you how close Father is to you, and how good life can be; how you may find appreciation in the smallest of things. Father does know when you are overwhelmed or at your wit's end, and He is always there in your moments of silence to bring you clarity and training. He is a Father of love as well, and wants you to know how deeply loved you are. You're not a soldier in an army or a number in the heavens, you are a son or daughter as if you were the only son or daughter.

I can tell you right now that Father does not 'test' His children to see how much they will or can endure; He is beyond what the mortal mind would think. The mortal mind would think, 'this much pain in life could only be a test from God' – and I say, no! that is not reality. I do know that it is more important than ever for me to bring out truth in all matters so that you are fully prepared to do what you have to. Just know that some of the events of today that seem overwhelming are really, not. I can say that the waves of time bring with it the calm waters of clarity.

I do want you each to know I am as close to you as your own thoughts. Every day is not to be a habit but a new chance to experience different things. I am so honored in working with you and cannot wait until the time when our eyes meet. My love is always with you. Carry on.

I am ABRAHAM. Thank you, Brother/Father, Michael. We are always filled with the

energy of your encouragement to do our best; to be our best. We are with gratitude to you and Mother, always.

So, our lesson before us is to not look upon life's hard lessons as a 'test from Father,' but as training that will propel us forward, spiritually. With that, I shall take my leave. Know that my love goes with you, as does Mary's. Until next time, go in peace. Shalom.

A Group Healing. Using Self-Mastery To Help Dispel The Blanket of Hatred and Negativity

Abraham & Mary, Salt Lake City Group - "Second Generation" of the Teaching Mission
11-24-2018

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[Given the heated and polarizing political environment in the United States in the 2nd decade of the 21st century, by mid-2017 there arose quite a division among families, friends, neighbors, and work-associates nationwide in the US. This rancorous enmity was not excluding the members in the Woods Cross, Utah family of the Teaching Mission. In heated discussions, particularly in August 2017, lines of discord were crossed with certain members of our Utah TMgroup. As a result, Abraham summoned several who were the more severely affected, to this November 24, 2018 meeting. Most of that discord was concerning the political environment in the U.S., but it also exposed other pent-up issues and emotions. This meeting did effect a tremendous healing. Present were: Dorenda (Elaina) of Albuquerque, New Mexico; and Miriam, Ellen, Ellanor, Lanya, and Calvin - all of Salt Lake City.]

I am ABRAHAM. Welcome to you my brothers and sisters. It has been some time since we have gathered. It is such an honor to be with you here.

I have monitored your experience and progression for some time now. Some of you have experienced overwhelming heartache; some have health issues that has made them question their mortality; some have financial woes; some are steeped in worry and concern over the current state of politics.

Over the past few years your experience may have felt as though you were defeated by emotions and hopelessness. On the other hand, many of you have experienced holding the hand of God, and felt led. There is no better education than time and experience.

Today I would say a few words on self-mastery and how your actions can create positivity, or negativity. Most high emotions come from fear of the unknown and lack of trust in the heavenly caretakers. Many circumstances are worsened because one acts out of emotional pain instead of waiting for logical solutions from the Spirit.

The United States is a good example of the static of the emotional mind who is not looking toward a higher power for peace, stability and solutions - but rather, caught in competition and choosing sides. I have personally never seen more passion in the world than I have in these last few years.

It is touching to see individuals act on their passions. However, lines have been

crossed and there is a blanket of hatred across this nation. This is why we are reaching out now to you, Mission participants; you have the skills to transform this hatred into logic. You are able guides who can reach to the inner core of another, and assist to change their thought direction.

I am MARY. My greetings to you. I am filled with joy to meet with you in this setting. I have some experience in the subject Abraham speaks of. I know for some time, in those days before I joined Jesus' ministry, I was so suspicious of this man who was causing such a stir in society. I wondered what his gain was and why He spoke to the masses as He did. Many of my friends thought him a 'wolf in sheep's clothing.' They would speculate about his purpose and say He worked for the evil one. I started to participate in these discussions and felt the poisons in my emotions rise up.

One day I happened upon the Master speaking, and I listened. His words redirected my emotional pattern – it touched my heart, and I knew it was real. Thereafter, when I had experiences with my friends and when they would begin speaking their path of poisonous mindset, I would immediately turn inward to what I held true – what I just heard from the Master, what I just learned. I would say casually: "I wonder if we listened to Jesus' sermons would we gain any knowledge that we had not before?" Their faces would go blank and their mind-path would re-set. Instead of projecting further hate on the subject, they would manifest an opening in the heart and mind, and welcome other possibilities.

Where there is hate there is nowhere to go – you are stuck, and it fuels further hate. Our Teaching Mission participants are able to introduce possibilities that may crack a stubborn individual's mind open, wherein hate may dissipate from inside. Such a stuck individual may feel the robe of negativity being shed, and the mind-flow may once again start toward new perspectives.

My sisters and I had learned to create an upliftment in our associates and friends, and regenerate new energy, new ideas; our ears were open. One lesson the Master taught us was that He was reliant upon the word of Father, and that we also had this method of communication with Father. If Jesus trusted in a higher power, why would not his students also! The Master worried not about outcomes; He worried about concentrating on the present moment where He could converse with the Father. The Master set a wonderful example for us to follow.

I do understand that in today's mortal living, circumstances are full-pace and so many things are being thrown at you. That is why it is still so very important to take a few minutes each day and think nothing, be still, to open yourself to further instructions-or, simple peace.

I do want to mention that sometimes mortals can be caught up in their past, and that creates a negative emotional state wherein it's hard to break out of; you feel you must atone every day as if to right past wrongs. I say, if you are in the mode of atonement, your despair 'walls-up' any possibilities of receiving new thoughts or guidance from the heavenly caretakers.

Again, I love you each. I do visit you from time to time. Thank you for having me.

I am ABRAHAM. I so much appreciate my friend, Mary. When I am overwhelmed with a negativity of some situation, she is there to dispel my negative outlook and remind me that Father is working in my life.

In this age of electronics and speed, it is easy to follow what your eyes see. If you find not time for stillness, then by all means, call one another. Help each other find that positive mind-path. Worry not of the past, it will take care of itself. We need not continuously feel a need to clean up an old mess.

I do know that you have read your text, the Urantia Book, and I would suggest that sometimes a refresher is in order – especially the Jesus papers.

I am not allowed to take questions at this time. Know that I will spend time with each of you alone and refresh our relationship. Know that my heart overflows with love for each one of you. I do know that our Mission can change the path of hate into a path of openness, and create a trust in the higher power. Man is just man. God is all things. Go in love and peace. And until next time, shalom.

Time Spent With Michael Strengthens Us To Combat Overwhelming Emotion and Reframe It With Balance

Abraham & Christ Michael, Salt Lake City Group – "Second Generation" of the Teaching Mission 08-18-2019

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I am ABRAHAM. It is an honor to be here with you on this day of remembrance of Michael's birthday. We have had many of these celebrations together. I feel as close to you as I ever have.

I have had the honor of watching you each perform your apostleship as you had committed to. I can imagine the Master with his earthly apostles and the great love he had for them. In the mortal life it can feel as if you are falling and nobody knows, and you sometimes think nobody cares. In these times, I have seen you reach for the spirit-mind and also find comfort in one another.

Many are believing that the Teaching Mission was a fluke, or a one-time event; and yet, look at our years together. There have been major successes made in reaching out to the masses whether you realize it or not. We have been at work, yes. The conscious thought-pattern of mortals 'as a whole' is evolving into something that can move mountains.

Individuals within the Mission are realizing they are part of the whole, and they need to work their apostleship as well as possible. Each one of you have brought with you into this Teaching Mission a great deal of deep thinkers; new conduits to help put out Michael's message to the planet – that you are never alone and that you are deeply loved.

I am MICHAEL. In this moment I am humbled to be in your presence. I know that you have worked as hard as my own apostles during my mortal days in sharing the good news. Have you ever felt the consciousness of the world as present as it is today? You each may disagree on many issues – and whatever these issues are, I have never

seen mortals care so much.

I do believe the Teaching Mission has led us to help the God-In-Time repair the broken circuits from the Rebellion, and Urantia is, as it once was, thinking deeper, feeling deeper, having the desire to go below the surface and help one another.

You know that my presence, or the Spirit of Truth, is not emotion-based, no! Balance has put our best foot forward. Logic has helped the consciousness, the mass-consciousness, to higher levels. I would say for certain that the universe feels your presence. We feel your desire to do good.

History has been a great teacher. You can look back on history and mourn the losses. You can look back on history and admire the evolution. You can look back on history and learn from it. More than anything it is my suggestion that you each try to lean more toward logic. In your mortal state it is not really how you were built (to be logical), but I can say you have all the tools you need to bring in more logic where there is so much emotion.

Emotion is not always constructive. A balance of logic and trust in Father helps to preserve what you have learned and to be able to cope with the realities of mortal living. I do know it can be harsh, yes; you can lose sight of the overall purpose of having committed your life to faith and promoting truth, beauty, and goodness. When you can set aside your emotion in any given issue, I promise you I will be there. The Spirit of Truth will show you above the clouds of confusion, to the clarity of balance.

I am so happy to see so many women apostles at this moment in time. You are not in the shadows, but joined with your brothers in promoting good for the whole. History has written about my men apostles; a new history will include the women.

So many issues of difference are becoming outdated and new understanding is becoming the trend, joining each soul to understand how loved they are, equally. I ask you each to spend more time with me. In moments of misunderstanding, look to me. Open your mind to my Spirit of Truth. Know that my words can be your words.

You think technology is fast, I am faster! The Teaching Mission got us to this point where our communion is instant. I do rely on you to take my words wherever you go and live them; put them forth as an example to your fellows – that God is not wishy-washy. Father is the perfect example of balance and logic and compassion.

I do love to meet with you in this method of communication. However, I expect for us to have more one-on-one. I would never, nor would Father, ask you anything more than you would be capable of doing. Life is a balance of work and play. There is more happiness than despair. Trust the indwelling Adjuster to guide you, to feel and trust in the happiness.

Many are suspicious when good things are happening; I ask that you instead, feel that joy – it is fuel for the soul. I give my love to each one of you. I hold you always. Carry on.

I am ABRAHAM. I am with such joy and inspiration from our visit from Michael. I do know that you can have this joy and inspiration at your fingertips. The soul does need its fuel. Small increments of time spent with Michael strengthens you to combat overwhelming emotion and reframe it with balance.

Know that you each bring me this happiness and inspiration. I do see how hard you work in all that you do. Know that you are apostles – workers in expanding the Kingdom; workers in assisting the God-in-Time.

I will let you know again when we will meet in this way. Know that you have a deep and abiding place in my heart. Go in peace. Shalom.

30th Anniversary | Words Regarding Both the Pandemic and Political Hatred of Recent Years

Meeting With Abraham, Salt Lake City Group – "Second Generation" of the Teaching Mission 08-21-2021

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[Original Woods Cross Group's 30th Anniversary Teaching Mission celebration – in conjunction with Michael's birthday celebration, held at Calvin and Lanya's home in Hooper, UT. Present for this transmission/lesson are: Fay, Nina, Calvin and Lanya, Tectra, Bill, Rebecca M., Marin, Dirk, Mike B., and Calvin's son, Jordan (who is in the military, having joined us via FaceTime. This meeting was on the heels of the worldwide Corona Virus pandemic; and, during a time of major political upheaval and division in the United States.)]

I am Abraham. Greetings. It fills my heart to see each one of you. I am impressed by your growth and strength. I do agree with you when you speak of the last few years' challenges. I know that the pandemic was trying for everyone, planet wide – a time of isolation. Individuals were able to see who they really have become.

There were so many lessons for everyone that came out of this trying time. One important topic was – the isolation from people showed everyone that it is important to have people in your life. It is important to speak to one another. The adversity taught everyone how it feels to be needed, or how you each missed your friends and family. Yes, it is a blessing to have one another.

The pandemic taught how important school is to children and to parents. You can see the great value in the teachers who shape our children. Also, the pandemic has shown that money is less important than sharing life with others. For instance, working from home is not as pleasant and rewarding sometimes without the camaraderie of your fellow co-workers. It is still questionable whether such isolation is good for individuals and their way of thinking.

The pandemic, we can understand. The amount of hatred that has come about in the last few years resulting from the political environment, we cannot understand. Actually, myself and my associates were astonished to see this rampaging river of hate flood the world. Many people governing the masses cause such hatred and one-sided thinking; they convince others to think their way – and if you don't comply, there is hatred. This is such backward-thinking and infringes upon the free will of all souls.

Just when we think racism is a thing of the past, it has blown up so rampant and adds to the raging river of hate. It is so important now that we believers deter the river from ourselves and people we love – and simply, all people of the world. It is so important to show in our lives and set examples that everyone is loved. Everyone is important and also a child of God. Even people who spread hate are still children of God; and for you to join in the foray of hatred will affect you deeply – mentally and emotionally.

Hatred will stray you from faith and communication from Father. Father will not participate in the hate; He will not choose a side. He will try to guide, but cannot when the heart is inflamed with hatred. Yes, we were surprised at the hate that came about and how it spread so fast. We can thank technology for that.

The attitudes of individuals who participate in this hate can become damaged – and to them, the world will seem bleak. It would feel at times as so overwhelming that there is less hope and only more struggle. Looking at the world, it is obvious how hatred is an energy of its own.

Yes, the political outlook seems so damaging; the world is so affected negatively by it. And adding to this upheaval there are the other strains of the Covid virus ongoing. Yes, there are terrible happenings in the world which you watch on the news; it sure can bring hopelessness and worry.

There were times in my mortal life when I had worried myself to sickness – and then I would remember Father. In fear, I forgot Father. In the worry, I couldn't hear him. I didn't pray much; I didn't practice my beliefs; I was emotionally sick. As I returned to Father, I remembered that no man can truly hurt us or affect an entire world from Father's reach, no! Human beings have power that comes from Father. Each of you have a bit of that power – you have the ability to show good, to show love, healing, and forgiveness.

Some of you have daily practices of prayer – it's just something you do. In that prayerful mindset, you are actually opening your mind to Father and His ideals. He can show you how to bring about more love and kindness in your daily occurrences with work, people at the grocery store, neighbors – and yes, it is that simple. Opening the mind prayerfully in the morning will point your vision toward Father. He can supply you with the tools that you will need to deter this river of hate. This river is not more powerful than Father, no! No man, and no man's persuasions, is more powerful than Father!

We don't have to worry about the outcome of situations, because Father knows – He already knows what is happening; He has people on it. Nothing occurs without the knowledge of God. He forgets not about his children. Those that listen will be given the tools to create a kinder environment. I would suggest take even one minute each morning and have a few words with Father; ask him to help you keep your eyes on Him.

As far as the Correcting Time goes, we are seeing the more advanced lessons in daily living coming at each one of you. You each have had hardships that have molded you and your thinking – and sometimes the feeling of defeat is overwhelming. If you can

keep your vision heavenward, that opens the mind to receive messages.

We pray that these adverse occurrences will not shape you into thinking negatively, or being biased, or hateful. We pray that the adversity has built you up even stronger as a believer and a teacher. This Mission continues! We are still here. You are still here. I am appreciative of how open you are to share your life with me. I do listen. Father listens.

Let us not forget – faith, is a shield. Now more than ever, Father needs soldiers; He needs people to create the winds of change. With kindness and wisdom, overcome the raging river of hate. Let the winds of change build you up into a soldier for the word of God. We do make ourselves available to you to assist, all you have to do is ask.

Our hearts are so full. We are amazed at the longevity of this group. We are joyful to see the love you have for one another. ‘Thirty years’ is even more than I hoped for. I am deeply touched by your drive to continue to learn and be influenced by good; by God. Your environment is now – the whole world; the world is at your fingertips. You can influence others away from negative thinking. Let not the poison win. You are the healers. You are the winds of change.

We too have deep appreciation and love for Michael; we also celebrate this day. We have somewhat of a celebration such as yours planned for later. I am deeply touched and want to express my deep and abiding love for you each – and, for the next generation of this Teaching Mission. For you, the believers, I thank you. Go in peace. Shalom.

[Editor’s note: The above transmission/lesson from August 21st 2021 was the last of the Woods Cross Group’s Teaching Mission meetings (at least through June 1st 2024). It is noted herein that in the mid-summer of 2023 (July 24th through July 28th), the Urantia Fellowship was presented an opportunity to embrace these Mansion World Teachings as a curriculum for an upcoming “Melchizedek Schools” proposal to once again be administered on Urantia. The Teaching Mission had been rejected as a valid entity commissioned from on high by all three factions of the Urantia Book community – the Urantia Foundation; the Urantia Fellowship; and the Urantia Association International. With authority granted from ‘Midwayer Jack’ (ABC 208) and under his instruction – I, Calvin Mckee, presented a workshop at this July International Conference inviting the Fellowship to institute the Melchizedek Teaching Schools utilizing both the Urantia Book and the Mansion World Teachings as a curriculum. I include the below transmission from Midwayer Jack (ABC 208); note how it does tie in with what Teacher Ham had told us in June of 1992 regarding the midwayer’s involvement to assist in the dissemination of these transmissions in future years:

(Rebecca Bynum – Transmission Receiver – on May 20, 2023):

To Calvin

Let us begin. I am Midwayer Jack. Calvin, my brother, I am to inform you that you have the backing of the United Midwayers of Urantia in your mission to bring the good news once again to the Urantia movement. You are not alone. We are here under the command of Machiventa Melchizedek. You are deputized to represent us to those assembled. We seek to restart the schools. We must train the next generation

quickly.

More to come later – Jack

At this IC2023 workshop, a promise was extended to the Urantia Book community that such an endeavor – the Melchizedek Teaching Schools, if embraced – would bring a much-needed spark of vitality to the Urantia Book family as a whole – which vitality, both the ‘Fellowship’ and the Urantia Foundation, do acknowledge they have lost in the recent decades. This promised vitality would include a live interaction between the mortals of the realm (students in learning) with the celestial administrators commissioned from on high. It is one thing to read about, and even believe that a celestial administrative presence is among us, but having a personal interaction ‘with them’ is a whole new reality! it is that vital spark so long missing on Urantia since the Lucifer rebellion.

Approximately 15 people attended this noted workshop including a member of the General Council of the Fellowship, Dr. David Schlundt, who was in favor of such an embraced curriculum (the Melchizedek Schools), but acknowledged such request was refuted by the General Council of the Fellowship. Calvin requested he be given a few minutes to address the main body of the Conference and ask for a vote directly from the Conference attendees, rather than from the General Council only, but that request was denied.

The following excerpt from the Urantia Book – Paper 37:6 Celestial Overseers – was the subject of the noted workshop – specifically stating that it is typical for all education on all worlds – beginning with the ‘worlds of human origin,’ for those ‘mortals’ just ahead of us to return to the worlds and mortals behind them as ‘teachers and guides’ – yes, our beloved Celestial Overseers.]

Urantia Book Paper 37. CELESTIAL OVERSEERS

37:6.1 The Nebadon educational system is jointly administered by the Trinity Teacher Sons and the Melchizedek teaching corps, but much of the work designed to effect its maintenance and upbuilding is carried on by the Celestial Overseers. These beings are a recruited corps embracing all types of individuals connected with the scheme of educating and training the ascending mortals. There are upward of three-million of them in Nebadon, and they are all volunteers who have qualified by experience to serve as educational advisers to the entire realm. From their headquarters on the Salvington worlds of the Melchizedeks, these overseers range the local universe as inspectors of the Nebadon school technique designed to effect the mind training and the spirit education of the ascending creatures.

37:6.2 This training of mind and education of spirit is carried on from the worlds of human origin up through the system Mansion Worlds and the other spheres of progress associated with Jerusem, on the seventy socializing realms attached to Edentia, and on the four-hundred and ninety spheres of spirit progress encircling Salvington. On the universe headquarters itself are numerous Melchizedek schools, the colleges of the Universe Sons, the seraphic universities, and the schools of the Teacher Sons and the Union of Days. Every possible provision is made to qualify the various personalities of the universe for advancing service and improving function. The entire universe is one vast school.

37:6.3 The methods employed in many of the higher schools are beyond the human

concept of the art of teaching truth, but this is the keynote of the whole educational system: character acquired by enlightened experience. The teachers provide the enlightenment; the universe station and the ascender's status afford the opportunity for experience; the wise utilization of these two augments character.

37:6.4 Fundamentally, the Nebadon educational system provides for your assignment to a task and then affords you opportunity to receive instruction as to the ideal and divine method of best performing that task. You are given a definite task to perform, and at the same time you are provided with teachers who are qualified to instruct you in the best method of executing your assignment. The divine plan of education provides for the intimate association of work and instruction. We teach you how best to execute the things we command you to do.

37:6.5 The purpose of all this training and experience is to prepare you for admission to the higher and more spiritual training spheres of the superuniverse. Progress within a given realm is individual, but transition from one phase to another is usually by classes.

37:6.7 Before leaving the universe of Nebadon, most Urantia mortals will be afforded opportunity to serve for a longer or shorter time as members of the Nebadon corps of Celestial Overseers.

[Editor's note:] Many have questioned whether or not an ascending mortal of the realm can return to their native planet of origin. According the Urantia Book – yes, they are permitted, under certain circumstances:

[UB 39:4.15]

A mortal never returns to his native planet during the dispensation of his temporal existence, and if he should return during a subsequent dispensation, he would be escorted by a transport seraphim of the universe headquarters group.

[UB 146:7.2]

Jesus further explained to his apostles that the spirits of departed human beings do not come back to the world of their origin to communicate with their living fellows. Only after the passing of a dispensational age would it be possible for the advancing spirit of mortal man to return to earth and then only in exceptional cases and as a part of the spiritual administration of the planet.

[Editor's note:] It is clear in these Mansion World Teaching Transcripts that former mortals from our earth's history, Abraham and Mary of Magdala, have been commissioned to return to our world – in “an administrative role” – and logically so: Who among all males of our history has more ties to the hearts of mankind than does ‘father Abraham.’ Two-thirds of this world's 8 billion people align themselves as ‘the seed of Abraham,’ comprising Christians, Muslims, and the Jewish faiths. As well, what female of Urantian history has more intrigue in the hearts of today's people than does Mary Magdalene? Especially is this evident following the world-wide sensation of The ChosenTV series that premiered in 2019, and has, as of this date (June 1st 2024) produced 32 Episodes through Season Four. These profound productions are having a huge positive impact in the lives of millions. Abraham and Mary (along with the staff of hundreds of ‘teachers and guides’) surely fit the descriptions in the Urantia Book Paper 37 regarding ‘the Celestial Overseers.’ They have been, and still are, most wonderful friends and teachers to those students of the Woods Cross Teaching Mission Group – and likely to many other groups around the world. Our

gratitude to Father, to Michael and Mother, to Machiventa - and all who have come to help our world which has so long been saturated in the aftermath of the Lucifer rebellion.